SINGLE COPIES 70¢ G.S.T. INCL.

The Leader

A Family Newspaper Serving the Community for more than a Century

VOLUME 133 NO. 2 | WEDNESDAY, JANUARY 8, 1997 | MORRISBURG, ONTARIO

Cancer Society needs canvassers

The Canadian Cancer Society is in need of canvassers for this April's campaign. If you can spare six hours to canvass part of your neighborhood, call the Canadian Cancer Society unit office at 932-1283 or 1-800-669-4181.

Sport Fishing summary available mid January

The 1997 Sport Fishing Regulations Sumamry will be available from the Ministry of Natural Resources offices the third week of January and from outside licence issuers soon after.

The printing of the summary was delayed in order to incorporate several recent regulation changes. Anglers planning on fishing before the 1997 summary is available should contact the local MNR office regarding local fishing regulations.

Fun Day at Bird Sanctuary

On Sunday, January 12th, Friends of the Sanctuary will be hosting a Winter Fun Day at the Upper Canada Migratory Bird Sanctuary.

From 10 a.m. to 4 p.m., there will be activities such as sleigh rides, dog sled demonstrations, snowshoeing, skating and a great snow sculpture contest.

Admission to the event is $3 per person which includes a hot lunch on the trail or at the Visitor Interpretive Centre.

For members of the Friends of the Sanctuary, admission is $1.50. Children under four years of age are admitted free of charge.

For information call 1-800-437-2233.

Libraries in SD&G re-open

After a two-week Christmas break, the SD&G County Library Board welcomes its patrons back for the New Year.

Libraries in the following locations have re-opened: Alexandria, Avonmore, Brinston, Chesterville, Chrysler, Dalkeith, Finch, Glen Robertson, Ingleside, Lancaster, Lancaster Twp., Long Sault, Maxville, Moose Creek, Morewood, Morrisburg, St. Andrews, South Mountain, Williamsburg, Williamstown and Winchester.

Check out the facilities for new books, information and programming.

Mighty Blow

Firemen, police officers and ambulance service people will join others to focus in preparing for a potential disaster in Exercise Mighty Blow. The Morrisburg emergency personnel will take part in an emergency preparedness exercise Sunday, January 19th to test the Village's plans for safeguarding the inhabitants of Morrisburg and property in a major emergency. The four hour exercise is partly funded by the federal Joint Emergency Preparedness Program, administered by Emergency Measures Ontario.

22nd annual winter Matilda event kicks off January 11

Seven contestants vie for Carnival Queen

C. THOMPSON
Leader Staff

BRINSTON—The recreation committee is hoping for a good turn-out and lots of participation for the 22nd annual Matilda Winter Carnival set to kick off Saturday, January 11.

"We've had a really good response from everyone in the area. It takes a lot of cash, and a lot of organization to find the participants. We started in June to get it going," said organizer Dennis Cooper.

The event starts at 7.00 p.m. at Matilda Community Hall with opening ceremonies and the crowning of the Carnival Queen.

Entering the contest this year are Seaway High students and Matilda residents Megan Swerdfeger, Lisa Adlington, Angie Thompson, Marla Duvall, Rebecca Cooper, Sherri Shaver, and Erin McDonell. Only Matilda residents or daughters of Matilda landholders are eligible to enter. The girls must be age 15 and no older than age 18 before December 31.

This year, as in the past, the contestants will be interviewed by judges on their hobbies, personal profile, education and career choices prior to the contest. The interview is more important than the pageant itself for judging. During the pageant, each contestant will be judged on her poise, public presentation and her answer to a question drawn out of a hat.

Judges are Don Hill, personnel manager at Beavers Dental Products and public speaking judge Pat Harper, with a third choice yet to be confirmed. The Master of Ceremonies is Greg Adams, former announcer with CFJR (Brockville radio) and Pac 93 (Ogdensburg, New York), and former host of the show "You Don't' Have to be a Star" on Cable 10 Brockville .

The Matilda Citizen of the Year will be announced, and after the coronation, Marc Beach will sing to the 1997 Matilda Carnival Queen.

On Sunday, January 12th the annual Pancake Breakfast will get underway at 10.30 a.m. in the Matilda Hall. Pancakes are on the menu, and children's entertainer Paddy Stewart of Prescott will perform with singing and sign language.

At 10.45 a.m. a new group, the Matilda Majorettes led by Shirley Coy will take to the floor with a dance routine and baton demonstration.

Outdoor games, activities and free skating are planned at the Dundela rink from 1.30 p.m. to 3.30 p.m. on Sunday .

Country entertainment will be provided Monday evening by Gwen Bosma and the Line Dancers and the Riverview Cloggers from 7.00 to 10.00 p.m. Demonstrations and active participation will be featured.

Amateur Talent Night will be held Tuesday, January 14th at the Hall from 7.00 p.m to approximately 10..30 p.m. "We have two categories this year. This is to give more variety to the evening," said Cooper. Karaoke Express will be held with three nominal cash prizes by hat draw for participants and Talent Night is open for participants with actual talent, such as guitar, vocal, stand-up comedy, dance, or piano. Cash prizes for talent will be awarded by a hat draw. Anyone wishing to sign up may call Nancy Blokland at 652-2096, or register at the event.

An Afternoon Tea and Fashion Show at the Hall on Wednesday, January 15th, will feature local models showing adult clothing for Fashion Network by Marj Veltkamp, and children modelling Lee Morgan Fashions by Lisa Froom. The show lasts from 1.30 to 3.30 p.m.

A Bingo offering a $1,000 Jackpot will be held Thursday, January 16th at 6.00 p.m. also at the Hall.

Teens aged 15 to 18 are welcome Friday, January 17th at the Hall from 9-midnight at the Teen Dance. Entertainment will be provided by Theater of Soul Band. A pre-teen dance for ages eight to 13 will be held from 7.30 p.m. to 9.00 p.m. with Karaoke Express by Faye McMillan and Keith Johnson. Admission for each dance is a mere $3.00 per person.

The Doctor Tom Maxwell Annual Car and Snowmobile Rally will be held Saturday, January 18th, with registration at the Hall from 11.00 a.m. to 1.00 p.m. The car rally will be held rain, snow or shine, and the snowmobile rally will be held weather permitting. Vehicles will follow a pre-laid route, stopping at check points to play a poker hand, play games or answer a skill testing question.



Matilda Queen contestants

Pictured are the seven contestants for the Matilda Carnival Queen contest at back from left to right Rebecca Cooper, (Grade 11 Age 16), Lisa Adlington, (Grade 12 Age 17), Erin McDonell (Grade 10 Age 15), and Megan Swerdfeger (Grade 12 Age 17). At front are Angie Thompson (Grade 11 Age 16), Sherri Shaver (OAC Age 18), and Marla Duvall (OAC Age 18). The competition is held Saturday evening at the Matilda Community Hall. Contestants will be interviewed by judges prior to the pageant, and during the pageant will be judged on poise, public presentation, and answer to a draw question.

Participants may leave no sooner than 11.00 a.m. and no later than 1.00 p.m., and return no later than 5.00 p.m. with forms filled in. There will be a trophy and prizes for the two top placements in both rallies, and a prize will be awarded for Best Poker Hand in both rallies.

There is a matinee at the Hall from 3.00 to 6.00 p.m. with Jim Wicks and the Westburg Union. Supper with Baked Beans, Scalloped Potatoes, Ham and the trimmings is on from 4.00 to 6.00 p.m. and Jim Wicks and the Westburg Union return to play for the main dance from 8.00 to 1.00 p.m. Cost of the package including rally, supper and dance is $15.

A Family Sleigh Ride and Weiner Roast is set from 1.00 to 3.30 p.m. January 19th at Ron Smail's farm east of Brinston. For information, call Gary Shaver at 652-1819 or Brenda Geurkink at 652-2908.

Sunday evening will wrap up festivities with a Hymn Sing and Ecumenical Service at the Matilda Hall. For information, call Joan Zandbergen at 652-2331.

WRED hosts seminar to learn new business set-up

MORRISBURG—If you're a farm or rural woman with a good business idea, 1997 could be the year you become your own boss!

Women and Rural Economic Development (WRED) announces a new program called "SELF Start" designed to train would-be entrepreneurs in starting and operating a small business.

Funded by the Agricultural Adaptation Council, *SELF Start* is a 42-week development program focusing on business plan creation, marketing strategies, business financing, record keeping, networking skills, connecting with your community, selling techniques and more.

With an initial commitment of 30 hours per week, participants will actually start their business during the first few months of the program.

As classroom training needs decrease, one-on-one consultation continues with each new businessperson to help with all those questions that arise during the start-up phase.

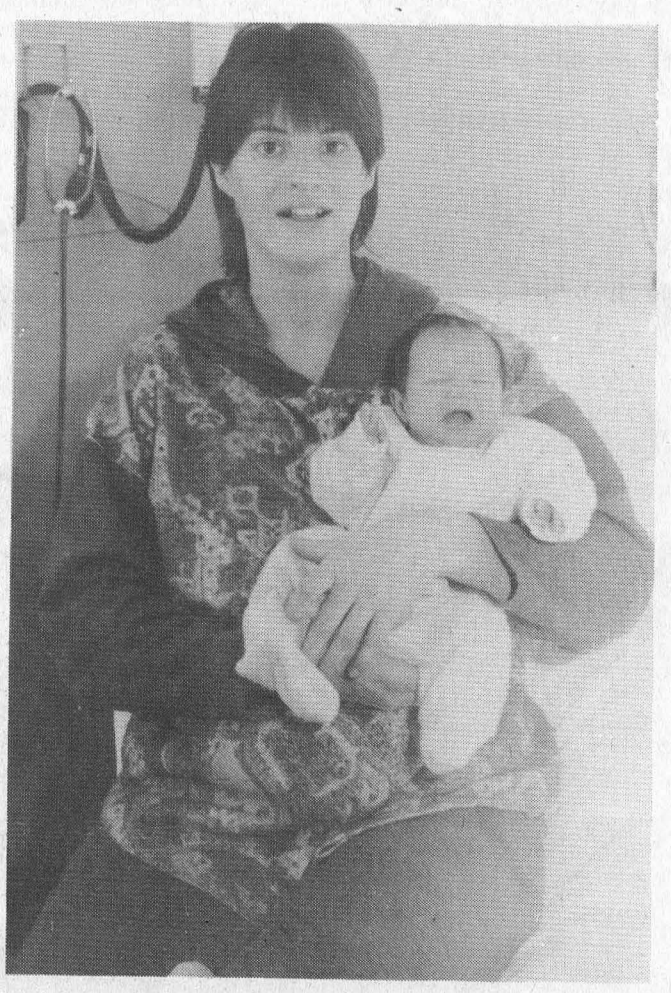
The program is self-directed and allows individuals to progress at their own rate according to need and experience.

SELF Start is based on previously successful WRED self-employment training program which has graduated numerous new businesswomen in Eastern Ontario.

Training is scheduled to begin in Morrisburg and Carp in the last week of January.

To be considered for the program, interested persons must attend a full-day information and feasibility session to be held on January 22, from 9:30 am to 3:30 pm in Morrisburg. The place has yet to be confirmed.

For more information, or to register, phone (613) 489-0396 or 1-800-465-7030.



First1997 baby

The first baby to be born at Winchester Hospital in 1997 was Tim Gareau, born at 12.03 a.m. January 1 to Colleen Chretien, pictured here, and father Denis Gareau, from RR 5 Alexandria. Colleen formerly lived in Ingleside.

Fire destroys Treasure Island

INGLESIDE—Fire of unknown origin gutted the Treasure Island restaurant in Ingleside Sunday night. The restaurant has been a landmark here since around 1960 and was one of the longest running eateries in the town.

Both Ingleside and Newington fire departments fought the blaze, which gutted the main floor of the restaurant, for about two hours before getting it under control. Smoke and water damaged the basement of the facility.

Firefighters had to ventilate the roof of the building by punching holes in it in order to get the fire under control.

Morrisburg firefighters assisted by filling approximately 50 oxygen tanks.

Fire chief Shawn Lalonde credited a resident at the Inn for alerting the fire department and other residents about the fire.

The fire marshal's office was called to investigate the cause of the fire, however, it was not deemed suspicious.

The inn is located in the west end of the town, on Hwy. 2. It was unknown if the restaurant would be reopened.

From 1947

Beavers Dental Products celebrates

C. THOMPSON
Leader Staff

MORRISBURG—Founded by George Beavers in 1947, Beavers Dental Products is celebrating its 50th anniversary this year.

The company plans to hold an open house in August, since the exact month of incorporation is unknown.

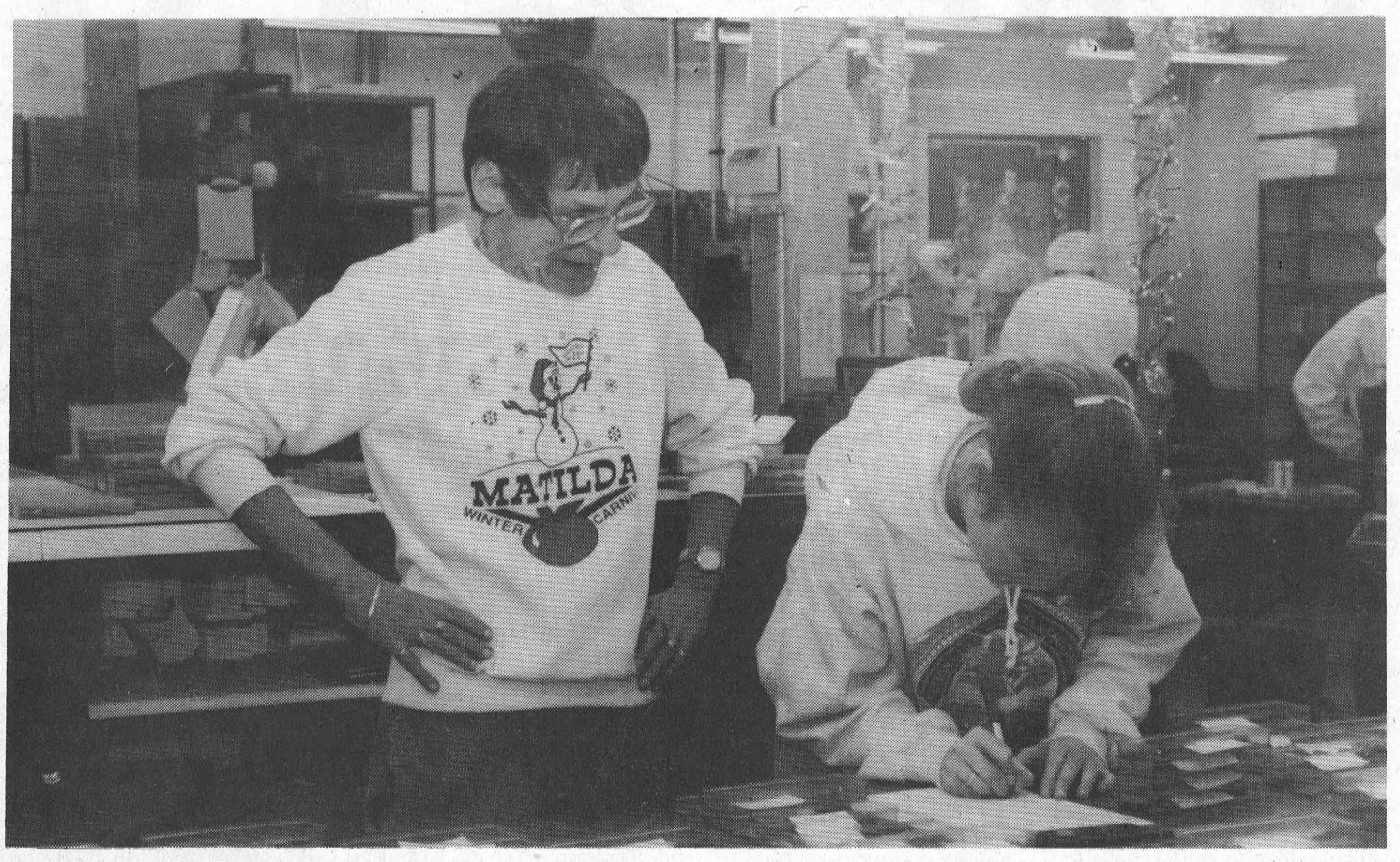
The success story of the rapidly growing dental bur manufacturing company is explained by the efforts of not just one or two persons, but by many individuals and much hard work.

"We had a lot of wonderful people who made Beavers Dental Products what it is today," said Hugh Jarvis, who started as a laborer with the toothbrush section in 1941. He moved to burs in 1943, and was promoted through the ranks of foreman, superintendant and was plant manager from 1978 to 1981, stepping aside from this position to assume responsibilities for production and planning, until he retired in 1987-1988, and Doug Duncan took over the managership of the factory.

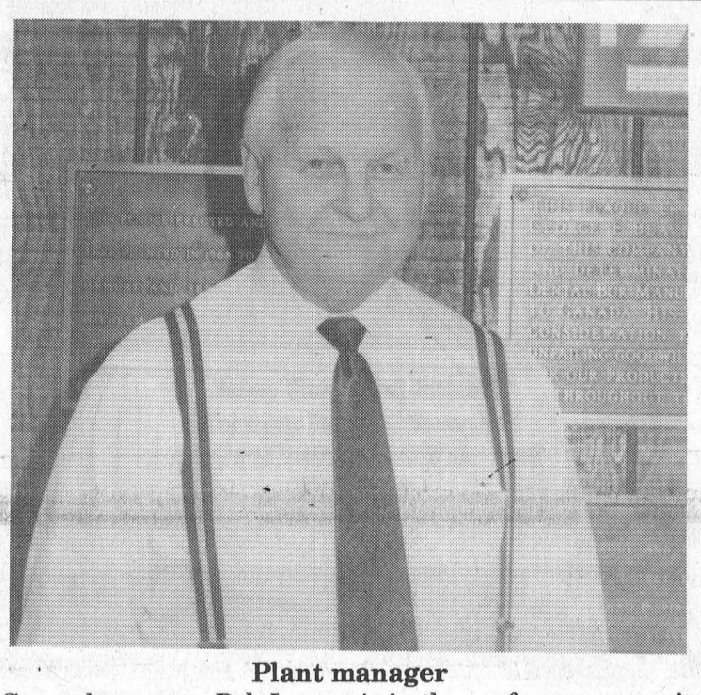
According to a history by Dalton Smith, George Beavers was a salesman for the Chicle Company who came to Morrisburg in the mid 1930's. Here he met George Challies, who had built a patent medicine business into a profitable undertaking. Beavers bought the business from Challies, leaving Challies to pursue a career in provincial politics.

During the 30's, Beavers was approached by the Canadian government to make toothbrushes as an alternative source to imported toothbrushes from Europe and the United States. Hardwood strips were cut into strips six inches long, half an inch wide, and a quarter inch thick, and holes were drilled in one end. Pig bristles imported from China were hand drawn through the holes and sewn into place with thin silver wire. According to the reports of local soldiers, "they made excellent brushes to clean their boots," Jarvis said.

George Beavers sold the toothbrush business to his son, Patrick Beavers who built the business under the name "Odonto". The toothbrush factory split from the bur facility in 1961, and Odonto is now owned by Johnson and Johnson.



Sorting burs
Superintendent Bea Norton, at left, is looking on as Lisa Smith sorts burs ready for packing. Hired by George Beavers 41 years ago, Bea Norton has worked at Beavers in almost every department, and is now in charge of packing. She has been superintendent here for a number of years.



Plant manager
General manager Bob Leroux is in the conference room, in front of plaques commemorating the German bur manufacturers who helped found the industry here. Starting as controller at the plant 20 years ago, Leroux was made general manager in January 1984, and has seen the company's biggest growth in production from 1986 to the present.

Demand for dental burs

During the Second World War, dental burs were among the many imported items in short supply. Dental burs are the bits in dental drills, which are used to remove carious material in preparation for a filling, while others are used for finishing after the filling has been placed.

Again, the Canadian government approached Beavers and asked if his company could make dental burs.

A bur-making machine was purchased from a dentist in New York State, and for the next four years the company worked at making steel burs with moderate success. By the end of the war in 1945-6, Beavers was commissioned as an officer by the Canadian military, and accompanied the first post war contingent of observers to enter Germany. Here he met Mr. Rudolph Funke, owner of Jota Dental Werke, a world manufacturer of dental burs and jewellery burs. Since the war had demolished the Jota factory, Beavers invited Funke to bring his expertise and key personnel and help establish a bur manufacturing company.

Funke and family, Ernst Jacob and family, and Wilhelm Handewerker moved to Morrisburg, and were among the first immigrants to Canada after the Second World War. "Basically after the war we were a landing field for many Germans and Swiss coming to Canada and seeking a place to work until they got grounded in language etc. At one time, I considered Beavers Dental Products was the United Nations of Morrisburg," Jarvis said.

Although the Morrisburg plant was for many skilled tradespeople only a stepping stone, they left their mark on production, and the training of local people who were hired.

While the Germans offered their mechanical expertise in building equipment, Beavers used his skills in sales and commerce. He listened to dentists requests, and with their input and the help of the Germans, developed the Beavers line of dental bur.

When the Germans first came, the company moved from production of jewellery burs to steel dental burs. While the production of steel burs was proceeding well from 1949 to 1950, a development in dental handpieces in the mid 60's caused a revolution in dentistry. The air driven rotor, high speed handpiece (up to 250,000 revolutions per minute replaced the belt-driven handpieces delivering a maximum of 10,000 to 20,000 r.p.m.

By 1952, machines were designed to weld carbide tips to a steel shank, and for grinding and fluting the carbide with diamond grinding wheels. Hardened chrome vanadium steel could not operate at the higher speeds of the newer handpieces, and they were replaced by diamond coated burs and burs with tungsten carbide blades.

"From there on it was a whole new course," Jarvis said. "While we were making steel burs and supplying the market, we were in the throes of building and changing for the carbide bur, which was the bur of the day."

Ernst Jacob had started work in design and was considering the possibility of carbide burs, before the passage of the St. Lawrence Seaway forced relocation of the factory from old Highway Two overlooking the St. Lawrence River to the present location on Laurier Drive. During this transitional period, production of steel and carbide burs continued until the manufacture of steel burs was discontinued in 1958, and efforts focussed on production of tungsten carbide burs.

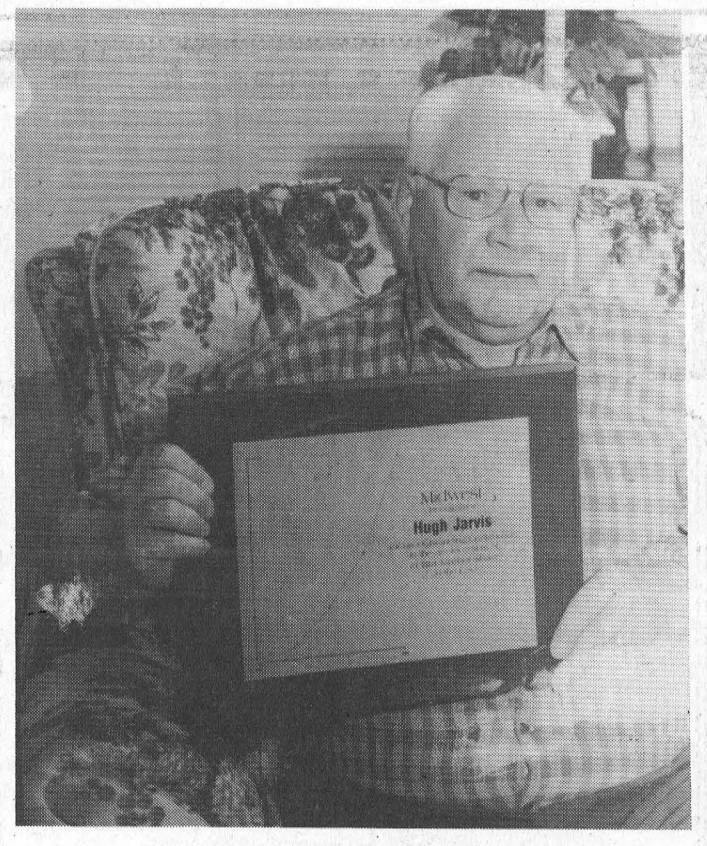
Although carbide is now used in many products, at that time the use was only in its infancy. Doug Duncan worked on the development of carbide with equipment purchased from a person who tried to develop carbide in the United States.

In-house manufacturing carbide began in 1965, due to the high cost and variations in quality from obtaining supplies from several sources.

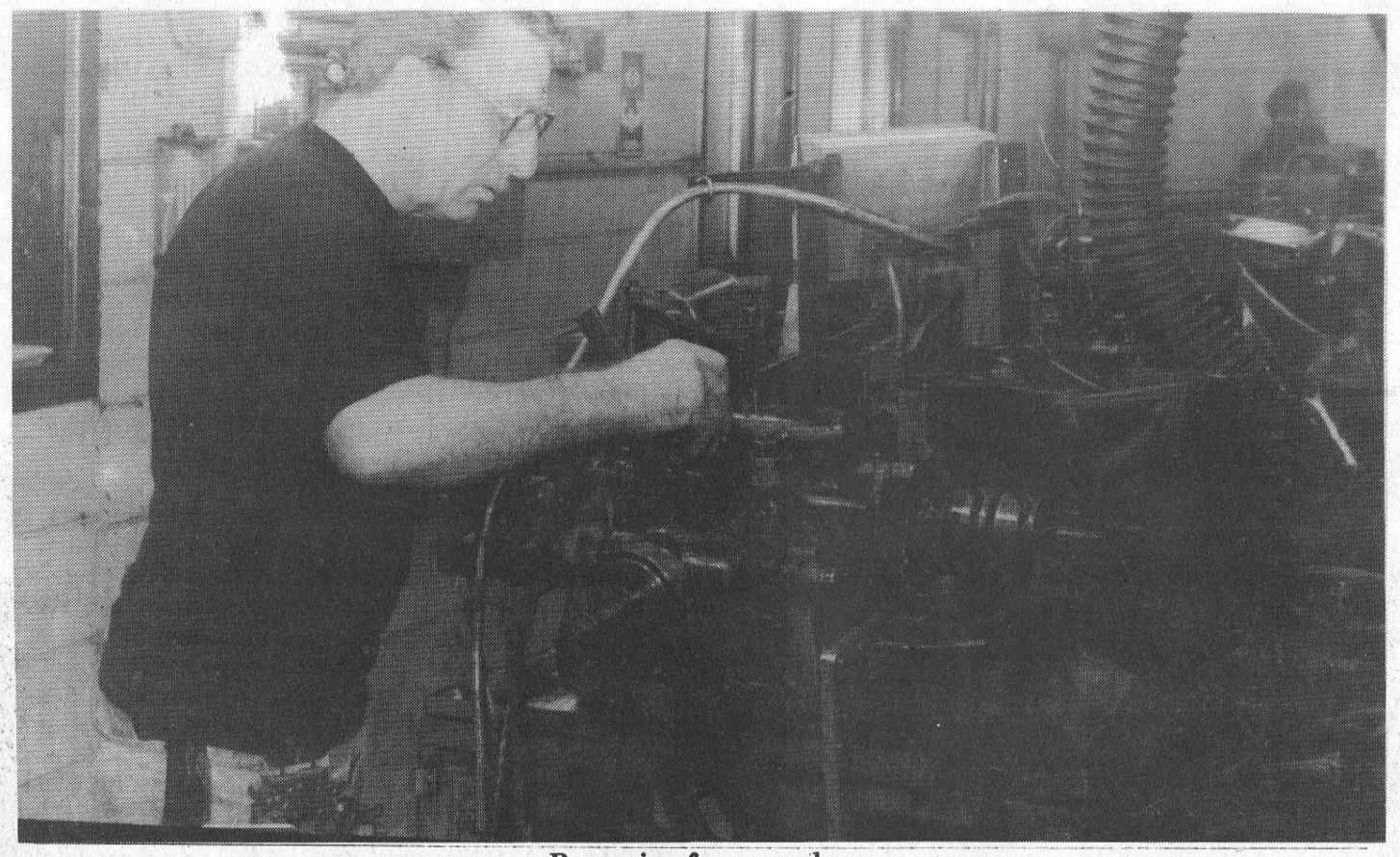
Harder than steel, the carbide bur tip ranges in diameter from 20,000 to 100,000th of a millimeter, and some burs have from 12 to 60 teeth. So minute are these instruments, operators have to use a jeweller's loupe to examine them.

Pat Beavers sold the Odonto plant to Johnson and Johnson and George Beavers sold his bur manufacturing plant in 1974 to American Hospital, a large medicinal corporation. Beavers continued to work as general manager for the new owners, and died two years after selling the plant.

The bur factory again changed hands: this time to Mid West, a manufacturing company which made handpieces. It was subsequently sold to Kerr Manufacturing, part of Sybron Corporation, whose head office is in Orange, California.



In appreciation
Former plant manager Hugh Jarvis is shown with a plaque of recognition from parent company Mid West for his outstanding contribution in the achievement of #1 bur market share in the U.S. in 1983. The plaque was presented at a internationally attended Mid West Show in Chicago in 1988.



Preparing for a new bur
Bur specialist Fred Veley is shown setting up a fluting machine to make flutes or blades on a new carbide bur. The finished product is inspected, cleaned and packaged.

Beavers Dental is only one company in Sybron's Dental Division, which includes Kerr Manufacturing (of composites and amalgams), and an orthodontics appliances manufacturer in California. Sybron's other divisions include Erie Scientific, the largest producer in the world of specialty glasses and microscope slides.

In 1986, the company went to 12 hour shifts, and has added between 15-20 people a year until its present level of 290 employees. In 1976, Beavers Dental had only 115 employees.

Since 1986, the plant has experienced its biggest peak of growth. In 1988, the same year Jarvis retired, Beavers doubled its production with a million bur shipment during one month. At the time, Jarvis felt the company had still not reached its potential.

The end of September 1992, the company reached a landmark in production, with 2,220,173 burs going out the door in that month, and a total of 20 million produced in that fiscal year.

"Some would say the growth was spectacular, because it went from nine million units in 1985 to over 35 million today," current general plant manager Bob Leroux said.

In May 1994, Beavers Dental announced head office approval of a $3 million expansion at the present Morrisburg site, and the expansion was carried out in 1995. This was Beavers' third expansion, with the first one in 1976, followed by another expansion in 1980 to 1981.

Last April, Beavers took over operations of its sister dental bur facility in New York. Twenty-two pieces of equipment

to 1997

fifty years of business in Morrisburg

from the Kerr Manufacturing facility in Massena were moved into Beavers, and the facility closed after three years of operation.

As part of the Sybron Corporation, Beavers ties in with the parent company goals, and one objective is for the dental division to increase sales by 15 per cent a year, Leroux added. Now estimated as a $250 million division, the entire division is expected to double to $500 million by 2000 A.D.

Beavers has lived up to exacting standards in foreign markets with an unconditional guarantee, replacing any defective products with no questions asked. By 1988, the company was selling in 30 countries around the world.

In 1983, Beavers was recognized by the American parent company Mid West as first in bur quality and sales in the United States, even though it was a Canadian plant.

A willingness to listen to customers explains the company's adaptability in production. "We just blossomed and produced the largest selection of dental burs in the world. You were able to save teeth that you couldn't before becuase of the fine work or type of instrument. They were able to give people the crown work. It exploded into the needs and wants of the dentists themselves," Jarvis said.

To mention a few who contributed to the company's success are Denzil Dillabough, one of the original group and once manager of the toothbrush plant. John Perkins a machinist who was among the original contingent to visit Germany, was involved in designing and building the early machinery. Miss Marguerite Clark was in the office at the toothbrush plant and managed the office when the plant had a dual function. Dalton Smith, a quality assurance manager took over from Beavers in customer relations and wrote a history of the plant. Former general manager, Wally Latchem, an expert in plastics, contributed greatly with his expertise in packaging materials.

Many changes

Not the least of contributors are the employees, and some have seen many changes over the years. Currently in charge of packing, Bea Norton was hired by George Beavers 41 years ago, and saw the plant change from a tiny factory overlooking the river to the present internationally known company. "You did everything, you never had a job. You moved from different departments, did burs in one department and moved to the next as needed," she said.

Bur specialist Fred Veley started at the new site in September 1957, when toothbrush and bur facilities were combined in one factory. There were only about 15 employees at the toothbrush facility then, and he later moved to burs. "We went from making a bur in five minutes or longer when we fed them all by hand to making one in less than a minute when we went to automatic," Veley recalled.

Plating supervisor Carolyn Lewis will have been at the plant 40 years next May, and remembers her boss, George Beavers. "He left you alone if you did your job and he knew everybody. He gave a large picnic, he paid for them and he was always there at the children's Christmas parties."

She said the company has been "a fairly good company over the years. When you have people who have been here over 40 years, you know it has

"It is with a great deal of pride when I think about the way it rose from six people to close to 300 people today. When they said we couldn't do it, that was a challenge to me. Just like waving a red flag. We made a point of doing it."

plant 40 years next May, and remembers the first boss, George Beavers. "He left you alone if you did your job and he knew everybody. He gave a large picnic every year, and paid for them, and he was always there at the childre's Christmas parties."

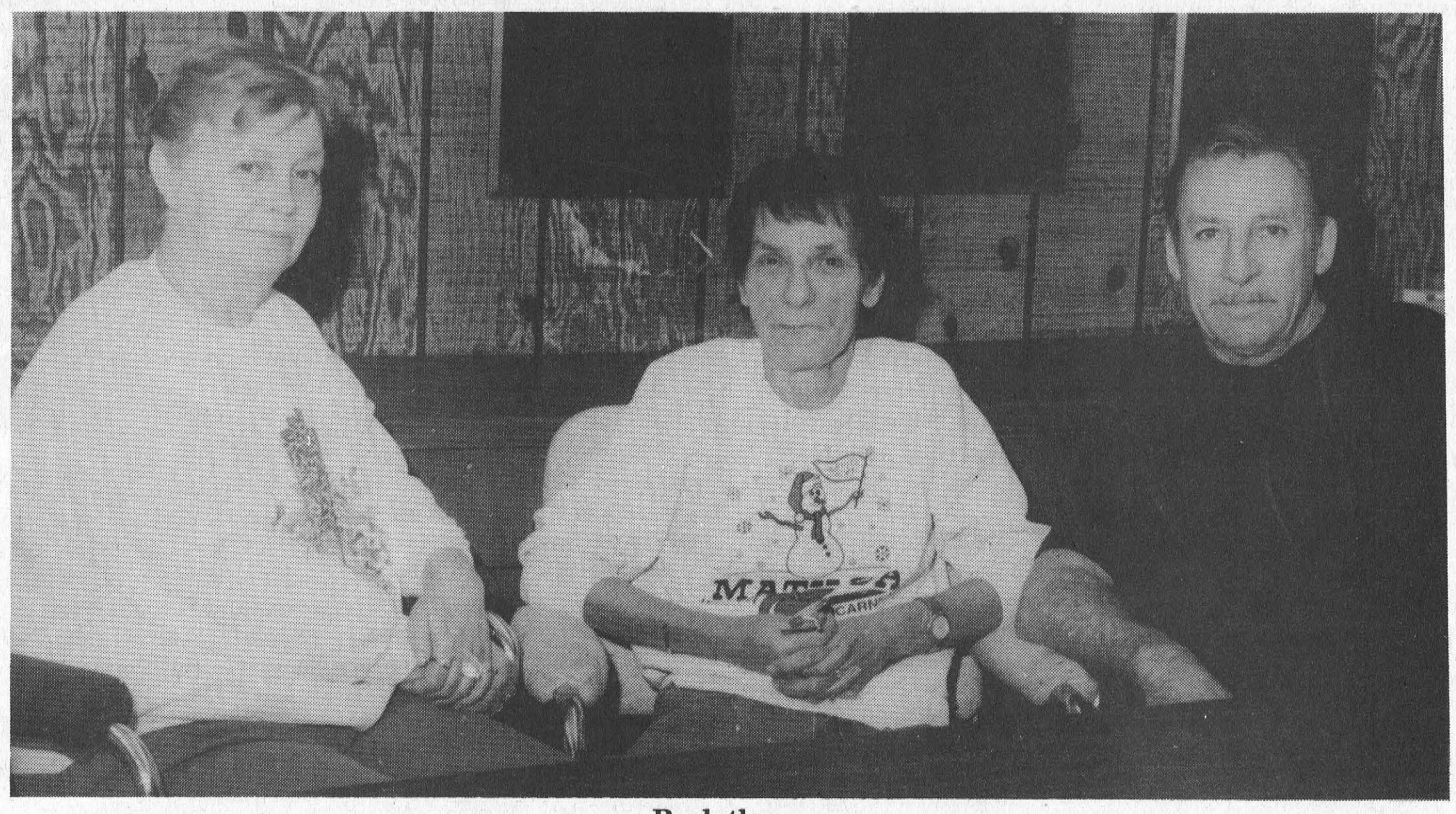
The company itself has been "a fairly good company over the years. When you have people who have been here over 40 years, you know it has to be a good place to work. We have benefits and the job is not hard work, although it's physical," Carolyn said.

Although the plant has never been unionized, benefit packages and pensions along with better wages and job descriptions were obtained for the employees, under the ownership of American Hospital and Mid West. And since then, wages and benefits have been competitive with area industries.

"It is with a great deal of pride when I think about the way it rose from six people to close to 300 people today," Jarvis said.

When Beavers Dental Products first started, detractors including the competition said the company would never succeed, since it faced so many obstacles such as lack of trained personnel and equipment.

"When they said we couldn't do it, that was a challenge to me. Just like waving a red flag. We made a point of doing it," Jarvis concluded.



Back then

From left to right, long-time employees Plating Supervisor Carolyn Lewis; Superintendent of Final Operations Bea Norton; and Bur Specialist Fred Veley are pictured in a conference room at Beavers Dental. They shared memories of the plant from its inception on old Highway Two until the present.

Naomi's Family Resource Centre
Annual General Meeting
Date: Thursday, January 9, 1997
Time: 1900 HRs
Place: Municipal Building Council Chambers, Winchester, Ontario
Program: Dating violence film presentation - "Reading The Signs" by Theatre Complete.
Everyone Welcome Refreshments will be served

BK BRUCE R. KERR INSURANCE AND INVESTMENTS
BRUCE R. KERR
Insurance & Investments
456 Main St. E., Winchester
Tel. 774-2456
RRSP LOANS AVAILABLE
• NO FEE INVESTING •
1 yr. 4.0% 3 yrs. 5.125% 5 yrs. 5.55%
*Some minimums apply. Rates subject to change.
LIFE • DISABILITY • GROUP INSURANCE • GICs • RRSPs
Serving the area for over 15 years
Hours: Mon.-Fri., 9 am-5 pm; evenings and Saturdays by appointment

Bruce R. Kerr
DEPOSIT BROKERS

NOTICE
CHESTERVILLE-DUNDAS VETERINARY SERVICES
would like to welcome
Dr. Glenn Smith
to their practice.
Dr. Smith's areas of interest are dairy and equine.
He can be reached at
448-1543 (Chesterville office)
or **989-1774** (residence)

SKI & STAY PACKAGE
$49
Per Person
Double Occupancy
CANADIAN FUNDS!
SKI & STAY PACKAGE INCLUDES
• LIFT TICKET • LODGING
• BREAKFAST • LUNCH
SKI BIG TUPPER
BETTER THAN EVER!
• Children 8 and under ski free 9 a.m. to 4 p.m.
• Snowmaking now full mountain coverage
2 FOR 1 ON MONDAYS!!
(Except Holidays)
CANADIAN FUNDS AT PAR
BIG TUPPER SKI AREA
Tupper Lake, NY
Call Toll Free 1-800-824-4754
On New York State Route 30

UPPER CANADA MOTOR SALES LTD.
HOLIDAY RATE BREAK
WITH
3.9%
Value Financing for up to 48 months. (Purchase only)
Get 3.9% Value Financing on ALL '96 and '97 GM vehicles in stock.

Chevy Astro Van

Chevrolet Cavalier Sedan
(Canada's #1 Selling Car)

Chevy Lumina Sedan
Compare the savings with Special GMAC Financing

Amount Financed	Cost of Borrowing at 7.9%**	Cost of Borrowing at 3.9%*	Terms	APPROX. SAVINGS
$20,000	$3,391.36	$1,632.64	48 mos.	$1,758.72
$25,000	$4,239.20	$2,040.80	48 mos.	$2,198.40
$30,000	$5,087.04	$2,449.44	48 mos.	$2,637.60

HURRY ENDS JAN. 11 1997
SALESMEN
Barry McMillan
Darryl McDonnell
Kirk McMillan
543-2925 543-3680
CORNWALL DIRECT
933-8892
UPPER CANADA MOTOR SALES LTD.
CHEVROLET Geo Oldsmobile
CORNER OF HWY. 2 & 31 • MORRISBURG • 543-2925

The Morrisburg Leader

A Family Newspaper Serving the Community for more than a Century

Published every Wednesday afternoon at Morrisburg, Ontario by The Morrisburg Leader Limited
P.O. Box 891, Morrisburg, Ontario K0C 1X0
Telephone (613) 543-2987 or 543-3611
Fax: (613) 543-3643

Sam Laurin, Editor Terry Laurin, Production Mgr.
Mike Laurin, Advertising Sales

Publications Mail Registration No. 0842

YEARLY SUBSCRIPTION RATES

$28.00 per year in Canada

$74.00 per year U.S.A. & Foreign

SUBSCRIPTION PRICES SUBJECT TO G.S.T.

ADVERTISING DEADLINES

Display – 4:30 p.m. Mondays • Classified – 12 Noon Tuesdays

Alzheimer drug trials

Hope is increasing for those with Alzheimer Disease due to numerous Alzheimer drugs currently being tested. "Likely, more than one drug will be approved in Canada within the next two years," says Dr. Karl Farcnik, a principal investigator of drug trials at The Toronto Hospital.

The drugs, many of which are in the final stages of clinical trials, hold great significance as currently there are no medications on the market in Canada to treat Alzheimer Disease symptoms.

The most promising drugs seem to stabilize or heighten levels of functioning in persons suffering mild or moderate Alzheimer symptoms. Dr. Farcnik feels that caregivers will also benefit with the introduction of the drugs."A person taking a medication may be able to function better and this would decrease the burden on the caregiver."

While the new drugs may alleviate Alzheimer symptoms, they are not a cure for the disease. But increased drug research paves the way for advances such as additional drug testing and multi-drug therapy research. Dr. Serge Gauthier, director of the McGill Centre for Studies in Aging, in Montreal, feels that the efforts to date are critical to the next step. "Although the emphasis so far has been on short-term benefits, we are about to engage in long-term studies that could well lead to prevention."

The Alzheimer Society of Canada is encouraged by the research activity. "The increased level of drug research provides hope for treatment and a cure as well as increases awareness of the disease, says Steve Rudin, Alzheimer Canada executive directory. In addition to supporting research, the Society produces drug information sheets and facilitates participation in drug testing across the country.

Alzheimer Canada is a national not-for-profit health organization dedicated to helping those affected by the disease. The Society funds biomedical research into the cause and cure of Alzheimer Disease.

It funds social and psychological research to find improved methods of delivering services to people affected by the disease. The Society consists of 10 provincial affiliates and more than 120 local organizations across Canada, which operate support and educational programs for families. In 1996, the Society responded to over 600,000 requests from the public for information on Alzheimer Disease. The Society promotes public education and awareness to ensure that people know where to turn for help.

For more information contact, the Alzheimer Society of Cornwall and District, 12 York St., 3rd Floor, PO Box 1852, Cornwall, Ontario, K6H 6N6, or call 1-613-932-4914 or fax 1-613-932-6154.

This Week In Morrisburg's History

Compiled from The Leader's fyles by Laurie Day

A look at early Morrisburg

This, the principal village of Dundas County in extent as well as in commercial importance, owes its birth to the construction of the ST. Lawrence Canals, and especially to the Morrisburg or Rapid du Plat Canal, at the foot of which waterway the village is located.

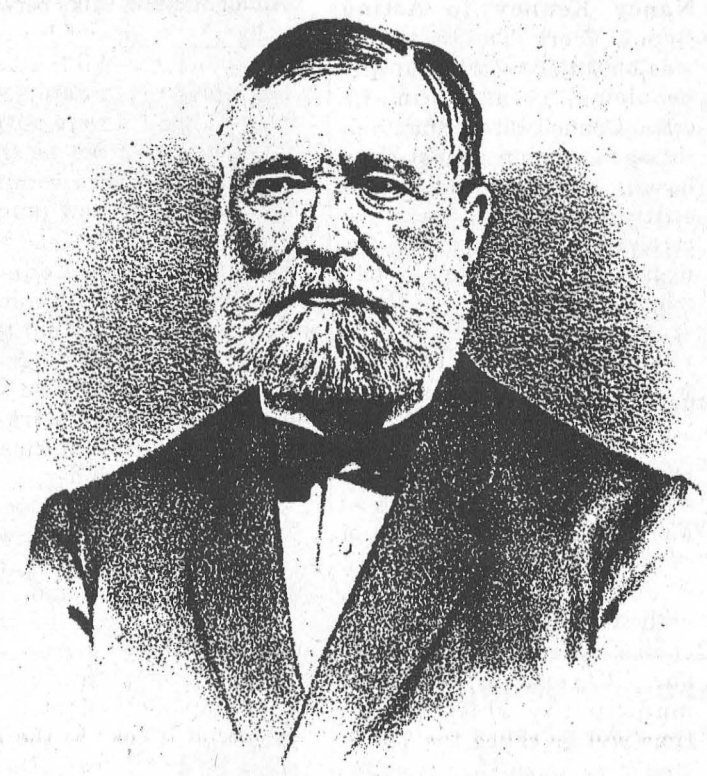
The geographical location of Morrisburg is on the north bank of the St. Lawrence River, about two miles east of Matilda and Williamsburg town line, at a point about 28 miles above Cornwall, the seat of Municipal Government, and 95 miles above Montreal. Its history up to the time of its incorporation as a separate municipality, is identical with that of the Township of Williamsburg, of which it originally formed a part.

It will be sufficient then, for the purpose of the present sketch, to refer to generally to the personnel of the pioneers of this locality and the incidents of its early settlement. In fact, this brevity of detail is reduced to a necessity by the non-existence of any authentic data bearing on the subject, the earlier residents having all passed away and with them, the recollections of such facts as we should desire to present as illustrating the daily life of the pioneers.

Being left without a record of the facts, we do not purpose resorting to theories to supply their places, but with the mention of the names of those who originally located near the site of the present village, we will proceed to discuss the more recent events of the community, without the attempt to resurrect from the past century, material which would inevitably be damaged, if not entirely spoiled, for the purpose intended, by the inaccuracies which would certainly creep into a record brought from such a source. Among those who first located here was the grandfather of the late Isaac N. Rose, whose Christian name we did not learn some of the numerous Merckleys, and the Casselmans.

The village was not thought of until the construction of the canals was mooted, as before stated, prior to which date considerable commercial importance had attached to Mariatown, a short distance up the river from Morrisburg, a description of which hamlet appears in our sketch of Williamsburg. Passing by in silence the period intervening between the first settlement of the United Empire Loyalists at this point and the time when the first signs of a future village were recognized as existing here, we would state that the absence of written memoranda appears to have left even the 'oldest inhabitant' in doubt as to the exact date when such signs were first observed; but certain it is that the nucleus of the present town had not been formed in 1838, when the American Army marched down the shore of the St. Lawrence to Crysler's Farm.

Accepting the date of the establishment of the pioneer store as the birthday of the village will still further defer that period to 1840, or as near thereabouts as the memories of the elder residents can fix it.



A. G. Macdonell Ex-Warden Stormont, Dundas and Glengarry.

There is a discrepancy in the statements as to who kept the first store here, it being claimed by some that James Holden and Alfred Hooker are entitled to that distinction. Others are equally positive that the credit is due to Capt. Wm. Kyle, who opened a store on the site of the Molson's Bank, and afterwards became one of the most wealthy and prominent citizens of the place. The trade, which was attracted by the building of the Rapid du Plat Canal created a demand for more mercantile establishments and here, as in all other places, there was no dearth of men willing to devote themselves to the handling of the rule and the sugar scoop in preference to the pick and shovel; consequently the growth of the place kept pace with the demands of trade, which gathered force and volume with each additional stride, until Morrisburg became the acknowledged centre of Dundas commerce, and as such assumed the appearance and attributes of a thriving village.

During the decade between 1850 and 1860, its growth was steady and rapid, the construction of the Grand Trunk Railway past its back door in 1855 gave an additional impetus to its advancement; and in 1860 it had attained dimensions which warranted its incorporation as a village.

The independent organization of Morrisburg having thus been effected, the pioneer council of the village was elected in 1861, and consisted of the following named gentlemen: James H. Casselman, Isaac N. Rose, James W. Millar, Fred Bradfield, and Alexander G. Macdonell. The latter named of these gentlemen was elected to the reeveship at the first meeting held on January 21st, 1861. The Clerk appointed at this meeting was Mr. A.C. Hartwell.

During the succeeding 15 years, or up to and during 1876, Mr. Macdonell was continued in the incumbency of the reeveship by annual re-election, giving way in 1877 to Dr. T.F. Chamberlain, who has since retained the office. For the current year the council is thus consituted: Reeve T.F. Chamberlain, M.D.; councillors John H. Meikle, Alonzo Dain, George Dillen and John Fetterly. The municipal officials are: Clerk W.H. Garvey, assessor Wm. A. Nash; treasurer Thomas McDonald; auditors Irwin Stewart and William Garvey.

The development of Morrisburg has been of that steady and substantial character which bespeaks a foundation laid upon genuine capital; its advancement, while never outstripping its needs, has yet never fallen in rear of its requirements; with each forward stride, it has attracted trade from a wider circle, which in turn, has contributed to its greater importance and as a result, we find Morrisburg a substantial go-ahead village of 2,500 inhabitants enjoying the full measure of prosperity which usually springs from such advantages as those enumerated.

There are no factories here which call for special mention; but the next most potent instrument of commercial progress as well as of social enlightenment, the Press, is represented by two very creditable journals. The oldest of these is The Courier, established in 1862 by Hugh C. Kennedy, its present proprietor, as an independent political paper. It retained its independent character until the approach of the general election of 1874, when it came out as a full-fledged Conservative organ. The Courier is an eight-page quarto, published each Friday, is fully up to the requirements of the times, and enjoys a large circulation and leading influence.

The more recently established paper is The Dundas County Herald and St. Lawrence Reporter, first issued in March 1874, by Arthur Brown, by whom it has been transferred to Miles Brown, the present editor and proprietor. The Herald is Liberal in its political leanings and is well patronized by the public, on who its influence is extensive and extending.

Prior to the publication of The Courier, there was a paper called The Banner, which hailed from this village, although it was printed in Prescott. The late James Holden was the publisher of The Banner, the publication of which was discontinued some time before the establishment of The Courier.

The schools of Morrisburg are referred to in another part of this work. Its churches are of a good order, including a Roman Catholic, Episcopalian, Presbyterian, Lutheran and Methodist. The beauty and elegance of the private residences of this village, however, form its chief attraction to the visitor, and the facts will fully warrant the statement, that in no other village of similar size in Canada may be found so large a number of houses in which the same degree of wealth and taste are displayed; and if, as other reasons would indicate, this feature may be taken as an index to the enterprise and wealth of the village, Morrisburg may justly claim a place among the most favored villages in this respect while its delightful location on the St. Lawrence, and the excellent quality of the surrounding country emphatically stamp it and one of the most desirable places of residence in Ontario.

Seen 'n Heard Around The Town

Morrisburg Recreation Committee will be having a public meeting next Wednesday, and members wanted us to pass this along to you. If you have any questions, or concerns, you are asked to come out to the old high school in Morrisburg on January 15th, at 7 p.m. The office of the MRC is located on the second floor. Enter via the south door, near the new outdoor rink.

•••

Anne Marie Dawley has a new accounting business starting up at her home in Morrisburg. She is presently finishing up a college course, but will be more than happy to accommodate new customers. If you are in need of some accounting advice—income tax time is approaching—now's the time to give her a call.

•••

The Morrisburg Legion will be busy this month. This Sunday there will be an open Cribbage tournament. Fun starts at 1:30 p.m. On the 18th, the Zone Euchre Tournament will be taking place, and volunteers are needed to help out. A dart steak shoot will take place on the 19th, and a steak barbecue and pub night will take place on the 25th at a cost of $10. Music will be supplied by Dayton and Eric, so get your tickets now.

•••

Attention seniors! The Morrisburg Golf Club is the place to be this Thursday at 6 p.m. for a potluck dinner. You're invited to bring along your friends, as well as a deck of cards or other types of games, for a fun-filled evening. You should also take note that future functions will be held on the first Thursday of each month.

•••

A severe blood shortage is threatening the supply at local hospitals. All types of blood are needed, according to Nancy Lusk, co-ordinator of clinics for Eastern Ontario, based at the Red Cross' Ottawa regional headquarters. A donor clinic, sponsored by the SD&G Highlanders, will be held at the Cornwall Armory from 1:30-3:30 p.m. and from 5-8 p.m. today, January 8th. The Red Cross is counting on a strong turnout today, so why not roll up your sleeve and do some good for the community.

•••

Another Christmas and New Year's holiday has come to a close, and schools and businesses are getting back into the swing of things. Just a reminder to those out there who use the roads every day. Watch out for the busses, and for the children who board them every day.

Church Directory

Mass Hours at St. Mary's Church
Father T.F. Shea
MORRISBURG
Saturday - 7:30 p.m.
Sunday - 11:00 a.m.
Confessions before mass
IROQUOIS - ST. CECILIA'S
Sunday - 9:00 a.m.
Confessions before mass

St. Lawrence Evangelical Lutheran Parish
Pastor: Rev. Jo Barkley- Probst
St. Paul's Office: 543-3154
St. John's Office: 543-3858
WORSHIP & SUNDAY SCHOOL
Sunday, January 12, 1997
9:30 a.m.
St. Paul's, Morrisburg
Nursery Care Provided
11:15 a.m.
St. John's Riverside Heights
Everyone Welcome

The United Church of Canada
Lakeshore Drive United Church
Morrisburg, Ontario
Telephone 543-2353
Minister
Rev. Donald Smith, B.A., M.Div.
Organist & Choir Director
Michael Goodwin
Sunday, January 12, 1997
10:30 a.m. - Worship Service
10:30 a.m. - Sunday School
Sermon Title
"Altered Perceptions"

The Presbyterian Church in Canada
KNOX PRESBYTERIAN CHURCH
Morrisburg, Ontario
Pastor: Rev. Gregory Blatch
Organist: Gary Postma
Sunday, January 12, 1997
11:00 am. - Morning Worship
11:00 a.m. - Sunday School
Everyone Welcome!
Nursery Available

Christian Reformed Church
Williamsburg, Ontario
Pastor Rev. George Rowaan
Tel: 448-2351
Sunday, January 12, 1997
at 9:30 a.m. and 7:30 p.m.
Nursery during all services
You are invited to worship with us
FAITH 20 can be viewed every morning at 5:30 a.m. on Channel 6

Morrisburg Pentecostal Tabernacle
Pastor: Rev. Duncan Perry
Office 543-2681
Sunday, January 12, 1997
9:45 a.m. - Family Bible Hour
10:45 a.m. - Morning Worship
7:00 p.m. - Evening Worship
Tuesday –
7:00 p.m. - Bible Study & Prayer
Come And See What Jesus Can Do For You!!
DIAL-A-PRAYER 543-3456

The Anglican Parish of Morrisburg & Iroquois
Rector: The Rev. Bill Byers
Sunday, January 12, 1997
8:00 a.m. – St. James
9:30 a.m. – St. James
11:00 a.m. – St. John's
Sunday School at
St. James & St. Johns
St. James, Morrisburg
St. John's, Iroquois
Holy Trinity, Riverside Heights
Office 543-3904
Rectory 543-2867

Williamsburg United Church
Minister
Rev. F.E.A. Macpherson
Organists
Joye Loucks & Susan Barkley
Sunday, January 12, 1997
10:30 a.m. - Welcome to Worship with Us!
Sunday School & Nursery Available

St. Peter's - St. Luke's Evangelical Lutheran Parish
Pastor: Rev. Diane Raddatz
Tel: 535-2569
Dunbar – St. Luke's
Sundays – 9:15 a.m.
Williamsburg – St. Peter's
Worship & Sunday School
Sunday 11:00 a.m.
Everyone Welcome

Attend the Church of Your Choice this Sunday

Report from Iroquois Reeve Peter Swank

IROQUOIS—Reeve Peter Swank has written a year-end report for 1996, coupled with best wishes to residents and ratepayers for a New Year, as follows.

"As the year is coming to a close I would like to reflect on some of the events that have taken place during 1996.

At the beginning of the year we welcomed Jane Ewing who replaced Councillor Bruce Mullin at Council.

At the administrative office we bid a fond farewell at the end of March to retiring Clerk-Treasurer Elizabeth Marlin and promoted Lorna Seibert, to Acting Clerk-Treasurer and Nancy Kenney to Acting Deputy-Clerk. The transition was smooth and without any problems. To assist in the office Council hired Ruth Bell as secretary on a part-time basis. With the help of consulting engineers we have received a draft report on the upgrading to our sewer system which will be done in three stages, taking three to five years commencing in 1997, with an estimated cost of $50,000 for the first stage.

Restructuring has become a household word in 1996 and in conjunction with the Village of Morrisburg, the Townships of Matilda and Williamsburg Councils, this Council has, with some regret but with no choice, opted to amalgamate our Village to form one new municipality which at this time will be called the Township of South Dundas. A public meeting will be scheduled the third week of February, after the Roma Convention.

The one regret that this Council feels is that Iroquois' 140th anniversary of incorporation will be its last come 1997. With the help of the Anniversary Committee, Summerfest, the business community and our service clubs and many other volunteers we will try to make 1997 a year to remember.

Council will make every effort to keep 1997 taxes down and sewer and water rate increases to a minimal amount. We have to look at our sewer rates before budget time. We received a letter that we will be cut $28,000 for 1997.

Iroquois Hydro will not have any rate increases in 1997, making this four years in a row that the hydro customers have been served without rate increases to their utility bills.

Amalgamation talks between the hydro systems of Iroqouis, Morrisburg and Williamsburg will commence in January of 1997 as Councils were advised that there could not be three independent hydro commissions within the new municipality.

1997 will be this Council's last year in office. We have since the beginning of our term tried to serve this Village the best we know how and will continue in 1997 to work for the people of our municipality to the best of our ability.

It's going to be a busy year.

On behalf of Council I wish to thank the following for their constant hard work and dedication: administrative staff and works crew; various committees, boards and volunteers; volunteer firefighters.

A special thanks to the Iroquois Public Library Board and their staff for the dedication and effort they have made to have given this municipality a library to be proud of.

In closing, on behalf of this Council, I take great pleasure in wishing all our residents and ratepayers a very happy, healthy and prosperous 1997."



Chamber of Commerce draw winners
Winners of the Chamber Art and the Robert Bateman book, Natural Worlds, were on hand Monday to recieve their prizes. Jacques and Elizabeth Asselin (left) of Iroquois won the framed print by Terry Redlin "Evening Rehearsals" valued at over $900, while Heather Jackson of Morrisburg (right) won the Bateman book. The print was purchased from and framed by Seaway Gallery, Morrisburg, and presented by Chamber Secretary Anne Marie Dawley (centre) of A.M. Dawley and Associates, Morrisburg. Special thanks are extended to the management and staff of the Bank of Montreal and the Bank of Nova Scotia, where the print was on display throughout this "Chamber Community Support Venture".

WDMH Auxiliary Report

WINCHESTER—Two hard-working volunteers were honored at the Christmas meeting of the Winchester Hospital auxiliary meeting and luncheon held at the Nor-Dun Senior Support Center.

In House coordinator Hilda Vandekemp made a presentation to Doreen Murdoch, who served 188 hours and to Violet Reaney who served 149 hours in 1996. Marion Carkner, Winchester Unit Director, presented a check for $2500 raised from summer bingos organized by Doris Cross, and euchres organized by Donna Smith and Kay Holmes.

Joan Farlinger, Lil Lancaster and Carol Allan reported on the Hospital Auxiliary Association Convention in Toronto. The highlight of the convention was the awarding of a "Provincial Life Membership" to Lil Lancaster, for her many members of dedicated service to the Winchester Hospital where she is still an active supporter as head of the Gift Shop.

Acting chief executive officer, Mr. Roy Glassford, drew tickets for the door prizes. Thanks and good wishes were extended to all, as a happy day and successful year together ended.

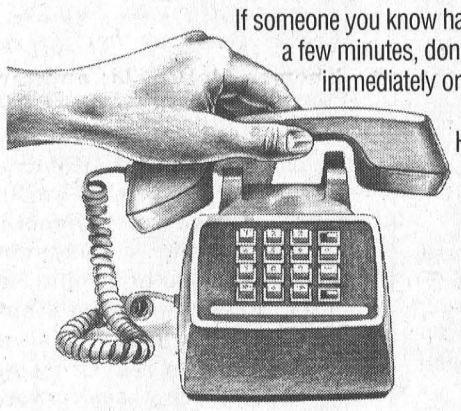
Fifty-seven were in attendance, including guests Roy Glassford, acting CEO of Winchester Hospital, Diane Lapier, administrative secretary, Hank Huizinga, daughter Nanda Wubbs and their accompanist Tina Vlaanderen.

Nanda, Hank and Tina enhanced the pleasure of the occasion with lovely Christmas music. The sweet blending of their voices was a thrill for all.

BRISTER Group
GIC Annual Rates
3.750% 1 YEAR
4.750% 3 YEARS
5.500% 5 YEARS
Call today for a FREE copy of our Personal Asset Management Brochure
543-3731
No Handling Charges
Rates Subject To Change

WINTERTIME DEALS
15 PIECE BUCKET
MOUNTAIN BOY CHICKEN
Large Taters, Large Salad and FREE 1 L Pop
$23.00 taxes incl.
SPINNING WHEEL RESTAURANT
MORRISBURG 543-3656

IF SOMEONE YOU KNOW IS EXPERIENCING CHEST PAINS, PRACTICE THIS SIMPLE LIFE-SAVING TECHNIQUE.
If someone you know has chest pains for more than a few minutes, don't risk being wrong. Call 911 immediately or call the emergency number in your area. Call your local Heart and Stroke Foundation for more information.
HEART AND STROKE FOUNDATION
Improving your odds against Canada's #1 killer.



Letters to the Editor

Editor, Morrisburg Leader
Morrisburg, Ontario

Dear Editor - The Morrisburg Legion was the scene of much activity December 18th, as over 60 merry volunteers showed up to help fill 202 boxes of food for families within our community of South Dundas.

Angel trees provided toys for each of the 270 children under the age of 13, while other trees at various churches collected books, mittens, and fancy homemade Christmas cookies.

The success of this project is possible only because of continued support from all service clubs, churches, schools, industries and individuals within South Dundas.

We are grateful for your generosity and interest.

Sincerely,

ROBIN LANE
CAROL RICHER
JOAN FINDLAY
MARK HART
REV. B. BYERS
EARL WOOD
GLEN CUNNINGHAM
JEAN MARSTON
MELINDA WERT

OXFORD FURNITURE
We specialize in Handcrafted Solid Oak Bedrooms, Dining Rooms, Living Rooms, Table & Chair Sets and Accessories



• FREE COLOUR MATCHING • FREE DELIVERY •
Monday to Saturday 10 a.m. to 5 p.m.
Sunday 1 p.m. to 5 p.m. Closed Holidays
2725 Oxford Station Rd. (County Road #20)
South of Kemptville 500 m East of Hwy. 16
(613) 258-4085
Ottawa
Hwy. 16
Hwy. 43
Kemptville
Oxford Station Rd.
Oxford Furniture
County Road #20
Hwy. 401
WINTER FLOOR STOCK SALE
Upholstery Top Brands
Concordian Sofa Reg. $1175 SALE $850
Brentwood Sofa Reg. $970 SALE $690
Decor-Rest Sofa Reg. $895 SALE $645
Same Savings Available On:
Sofa Beds, Loveseats, Chairs and Tag Orders
Our Solid Oak Quality Will Be Enjoyed For Generations

W. J. JOHNSTON SURVEYING LTD.
Ontario Land Surveyor
WILLIAM J. JOHNSTON, O.L.S.
Resident Surveyor
2250 Hwy. 31 (at Rideau Auctions) Telephone (613) 774-2414
P.O. Box 394 Fax (613) 774-2356
Winchester, Ont. K0C 2K0 1-800-268-6915
Subdivision Planning, Cadastral, Engineering and Control Surveys

D's
PROPRIETOR: DENNIS CARKNER
COLLISION CENTER
FREE PICK-UP & DELIVERY
Unibody Repair Equipment • European Paint Finish
Bus: (613) 774-2733
Res: (613) 448-2688
P.O. BOX 948, DAWLEY DRIVE
Just off Hwy. 31/43 By-Pass
WINCHESTER, ONT. K0C 2K0

DAVID BROWN CONSTRUCTION LTD.
Portable Toilet Rentals
(Daily, Weekly, Monthly)
• Construction Sites - Special Events
• Customer Pick-up Discount
• Modern Polyethylene Units
• Mobile Sanitation Trailers
• Wash Basins
Septic Tank Pumping
Residential • Commercial
Installation Repairs
AFTER HOURS EMERGENCY
930-9502
INGLESIDE • 537-2255 • CORNWALL • 938-2536



50-year jewels

Caryl Cooper presents Denzil Locke and Robert Stephenson (PG) with their 50-year jewels at Monday night's meeting of the Brinston Oddfellows (Cannaught Lodge 440). The men say that it is very sentimental for them to reach this milestone, and were very appreciative of the ceremony.

Brinston Odd Fellows honor 50-year members

LAURIE DAY
Leader Staff

BRINSTON—The Cannaught Lodge #440 will celebrate its 86th anniversary on January 30.

The Brinston Odd Fellows held their first meeting to institute the lodge on this date back in 1913.

However, Monday night was a special one for two of the club's members.

Denzil Locke and Robert Stephenson have been members for over half a century now, and Monday, they were awarded with their 50-year jewels commemorating this milestone.

"It's very sentimental to me," said Locke, who moved to Prescott but remains an active member in the Brinston Lodge.

"There is a lot of friendship here and camaraderie."

These feelings were echoed by Brinston's Robert Stephenson (Past Grand) who says that 'friendship, love and trust' are the three main ingredients making up the Lodge's motto.

The Odd Fellows Lodge is noted for its fund raising ability and fellowship.

However, Caryl Cooper says that they can't divulge too many secrets.

"Once you become a member, they we tell you our secrets," he laughed. "So that's about all I can say."

A little history

On the meeting of January 12, 1948, Brother Wilfred Cooper moved that the new Rebekah Lodge being formed be granted permission to use Lodge rooms.

In 1954, Gilson's Hall was purchased for the sum of $1,200. The first floor was an original black smith shop and the second storey was a hall.

"In the winter time, we used to park our cutters on the street, then bring the horses inside the building."

The Odd Fellows later rallied together to change the first floor over to a furniture store.

A lease was signed for $25 a month to Locke and Fairbairn.

The second floor was changed over for a meeting hall for the Rebekas and the Odd Fellows, and material for renovations was purchased at Brockville from the Armouries as they torn a number of buildings down and had the material for sale.

It is noted in the 75th anniversary booklet, that 'many brothers worked every day after doing morning chores under the leadership of Bro. Ralph Adams, to have the hall ready to move in to my May 1st, 1954."

Lodge was first held in the new hall on April 24th, 1954. A special meeting where Bro. Orville Smail P.G. introduced D.D. G. Master Brox. Gerald Munroe on his official visit.

The dedication service for the hall was held the following year on April 30.

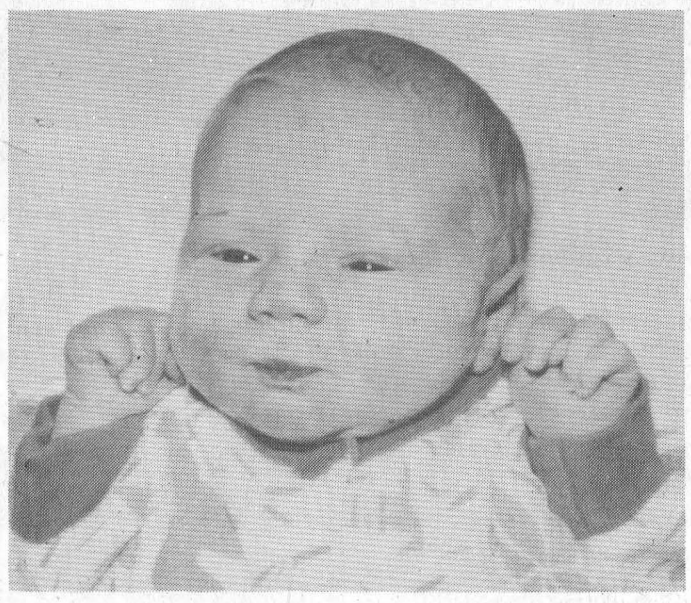
Tragedy struck on the evening of February 7th, 1958 when the building burned to the ground. Fortunately, desks, officers' chairs, records, pictures and Regalia were saved.

"Once again, we were faced with the task of building a new hall," said Cooper, who is one of four generations of Coopers to be members of the Lodge.

"We held our meetings in the egg grading station which is now Plante's Equipment."

This time, lumber and doors and windows were purchased from the Village of Morrisburg, as the Seaway Project was under way.

Money was raised by 'Brothers' and 'Sisters' donating money . Their names were engraved the plaques which presently hang on the Lodge wall.



MARCELLUS - Austin Matthew is pleased to announce the long awaited arrival of his new little sister, Rayanna Shaelynn, born at Winchester District Memorial Hospital at 10:43 a.m. on November 27, 1996 weighing 5 lbs., 13.5 ozs. Proud parents are Bert and Sandi (nee Roberts). Special thanks to Dr. Crabtree, all the nurses on maternity and all our family and friends for their support and kindness.

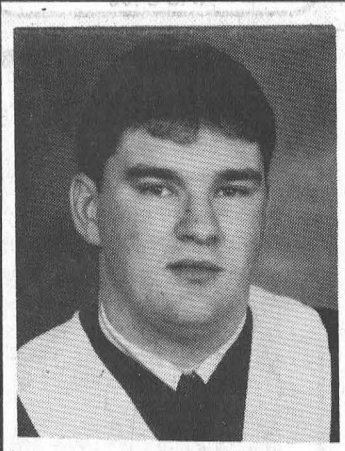
Peewee B Lions

MORRISBURG—The Morrisburg Peewee B Lions hosted Kingston on December 19th where they posted a 4-1 UCMHL upset.

Morrisburg scored one in the first, two more int he second and their final in the third, before Arthur Cachell spoiled Todd Beckstead's shutout in the making late in the third period.

Mike Shaver, Robert Scott, Stefan Barkley and Bruce Lewis did the scoring for the Lions, while assists came from Ian Tait, Bruce Lewis, James Morrell (2), D'Arcy McGann, and Mike Shaver.

The Lions are at home Thursday night at 8 p.m. if you want to catch some competitive hockey action.



Kent B. Smith, B.Comm., CA

Congratulations on your recent success at becoming a Chartered Accountant. Kent is presently employed with McCay, Duff & Company, Chartered Accountants and resides in Nepean with his wife Stephanie. He is the son of Eleanor Smith and the late Garnet Smith of Morrisburg.

Love and Best Wishes – Your Family

ROYAL CANADIAN LEGION BRANCH #48 MORRISBURG, ONTARIO

NEWSLETTER

The new year started off with a very successful New Year's Eve Dance as members and their guests danced the old year out and the new one in to excellent music provided by Dayton & Eric. The members who set up the hall and prepared the lunch are to be congratulated on a job well done.

After the holiday break things are getting back to normal. On Sunday the euchre tournament was won by Mabel Prieur, 2nd Edith Baker, tied for third were Elsie Guindon and Ron Perrin and finishing in fourth place were Mel Fowler and Ross Hummell. This Sunday will feature a cribbage tournament and on the 19th there will be a dart steak shoot.

The dart league started on their last run up to the championships on Tuesday night. Bingo will recommence on Thursday, so all players are reminded the Happiness is Playing Bingo, especially at the Morrisburg Legion Hall.

The Seniors Dining Club sponsored by the Park Lane Seniors Centre will meet for lunch on Tuesday, the 21st at 12 noon but come early and take part in the chair exercises taking place at 11:30 a.m. We would like to express our thanks to the Morrisburg Public School for the entertainment provided for our December meeting. Two classes of Grade 3 students under Mrs. Alguire and Mr. Gillard presented songs and dances to the delight of all the Seniors attending the dinner.

The Branch Service Officer will be available at the branch the 2nd Friday of every month beginning the 10th of January from 1:00 p.m. to 2:30 p.m. This service is available to all servicemen or their dependents whether they are Legionnaires or not.

Every Friday and Saturday from noon to 2 p.m. a bowl of homemade Clam Chowder or Schnitzel on a bun is available in the lounge. The price for this little repast is only $2.00.

All members are reminded of the regular meeting of the branch to be held on Wednesday, January 15th at 7:30 p.m. Plan to attend and bring a comrade with you.

Now the big news is the Zone Euchre tournament to be held here on January 18th. Lots of volunteers are needed if we are to carry this off well, so if you are available, please leave your name at the bar.

Friday, January 25th you can beat the winter blues at our Steak Barbecue and Pub Night beginning at 5 p.m. A delicious steak will be cooked for you with all the trimmings for only $10.00 and there will be entertainment following with Dayton & Eric.

The Branch raffled off two Christmas baskets from Smyth's Orchards over the holidays and the lucky winners were Donna Dowson and Larry Jardine.

Meat Draw Winners – Jan. 5th Bob Henophy won the 10 lb. prime rib roast. This week's $2.00 meat draw is for 8.8 lbs. of boneless chicken breasts and tickets are available at the bar.

Coming Events

- Sunday, Jan. 12th - Cribbage Tournament at 1:30 p.m.
- Sunday, Jan. 19th - Dart Steak Shoot at 1:00 p.m.
- Friday, Jan. 25th - Steak Bar-B-Q & Pub Night at 5 p.m.
- Sunday, Jan. 26th - Euchre Tournament at 1:30 p.m.

Morrisburg Village Plaza
Rediscover Shopping in Upper Canada

NOTICE
ANNUAL GENERAL MEETING
MORRISBURG B.I.A.
Tuesday, January 14, 1997
7:30 p.m.
former Morrisburg High School
please use South Door

Now Accepting New Patients
PODIATRIST - FOOT SPECIALIST
Professional foot care and custom Orthotics
These appliances often alleviate foot, leg and back problems
Gordon E. Bunsick
D.P.M.
Doctor of Podiatric Medicine
51 King Street East
Brockville, Ontario
345-2335
Serving Eastern Ontario for over 20 years

'FILL YOUR FREEZER'

Package #1
10 lb. Ground Beef *(85% lean)*.....$21.90
10 lb. Pork Loin Chops.....$27.90
10 lb. Boneless Top Sirloin Steak.....$29.90
11 lb. box Breakfast Sausage.....$19.95
TOTAL.....$99.65
Items can be changed to suit your needs.

Package #2
20 lb. Ground Beef *(85% lean)*.....$43.80
10 lb. Pork Loin Chops.....$27.90
10 lb. Boneless Top Sirloin Steak.....$29.90
8 lb. box Schneiders Boneless Skinless Chicken Breasts.....$39.95
1x3 lb. Sirloin or Rump Roast.....$11.37
11 lb. Breakfast Sausage.....$19.95
11 lb. No. 1 Bacon.....$24.95
TOTAL.....$197.82
Items can be changed to suit your needs.

Canada Grade A Red Brand Steer Beef
Side.....$1.99 lb. Chuck.....$1.79 lb.
Hind.....$2.29 lb. Hip.....$1.89 lb.
Front.....$1.79 lb. Loin.....$2.95 lb.
Rib.....$2.79 lb.
Canada Grade A guaranteed for tenderness and flavor

All prices include cutting, wrapping and freezing.

Sides of Pork
Half or Whole
$1.45 lb.

Local Steer Beef
Side.....$1.69 lb.
Hind.....$1.99 lb.
Front.....$1.49 lb.

Steak Package for the Steak Lover
Porterhouse and T-Bone steaks, 22-25 lb. package, cut and wrapped to your liking
$3.99 lb.

Pogos
Box of 20
$9.95

Burns **Wieners**
11 lb. box
$11.00

All types of freezer packages available, prepared to suit your needs

Whitteker Meat Market Ltd.
Williamsburg 535-2310
~Since 1937~

UNITED COUNTIES OF STORMONT, DUNDAS & GLENGARRY
WASTE MANAGEMENT MASTER PLAN STUDY
The Steering Committee will hold a General Business Meeting on Thursday, January 9, 1997, at 7:30 p.m. in the Non-Jury Courtroom at the County Building, 20 Pitt Street in Cornwall.
This is an open meeting and members of the public are welcomed to attend.

HEART AND STROKE FOUNDATION OF ONTARIO

QUICK! *Get* RICH.
Ontario's largest cash & cars lottery ever has three $1,000,000 grand prizes and a 1 in 28 chance to win. Better odds than your broker's offering.
For details:
1-888-551-1111
Heart & Stroke MULTI MILLION DOLLAR LOTTERY

Heart and Stroke Multi Million Dollar Lottery, PO Box 258, Toronto Dominion Centre, Toronto, Ontario M5K 1J5. Licence #1906979.
Entries will be hand drawn by Ernst & Young, Ernst & Young Tower, 222 Bay St., Toronto, Ontario M5K 1J7. 6,507 prizes will be awarded. Three Early Bird draws will take place on Feb. 21, 1997. Final draw will take place March 7th, 1997. Should all tickets be sold by midnight Feb. 14, 1997, then all draws will be made on Feb. 21, 1997.

Parks Commission plans to safeguard archives

MORRISBURG—At a recent meeting of the St. Lawrence Parks Commission it was approved that the archives, library and the collection of artifacts will be retained at Upper Canada Village.

It was also recommended and approved by the Board of Commissioners that the 1997-1998 budget request include sufficient funding for the care and maintenance of the collection, library and the archives.

In May, 1996, a Task Group was established by the Parks Commission to assess and recommend a stewardship plan for the library, archives and artifact collection at Upper Canada Village.

During the December 18th Commission meeting, the Task Group presented its final report on their findings and recommendations.

The Task Group is comprised of Commissioner Mary Devine, chairperson of the committee; Commissioner Jeannine Roy-Poirier; past Vice-Chair Mike McInnis; A/Senior Manager, Crysler Park and Business Development, Mike Paradis; and A/Manager, Upper Canada Village, Barry Hughes.

The purpose of the Task Group was to review the existing practices and to examine opportunities for support from interest groups and the community to ensure that the library, archives and collection would continue to be adequately safe-guarded and as accessible as possible in the years to come.

They invited briefs from the public and interest groups to focus and address public concerns. After reviewing the collections, their condition, accessibility, the scope of the current stewardship, the group addressed the need for future preservation.

The final report also refers to Commission policies on collections' management and standards set by those policies.

The following recommendations were made in the final report and approved by the Board of Commissioners as the basis for program development and budget submission in 1997/1998; and that the report and its recommendations be brought to the attention of the Ministry of Economic Development, Trade and Tourism, in the 1997/1998 budget submission.

They agreed that the original artifacts, records, books and documents are an integral part of the "Village Experience".

The Task Group met with the Ontario Archives, the Canadian Conservation Institute (CCI), and other organizations and individuals, for the purpose of reviewing and reporting on the present library, archives and storage facilities.

The Ontario Archives' recommendations suggested that the present storage and handling of archival materials would meet acceptable provincial standards. The CCI report on storage has not been received at this time.

Opportunities and feasibility for fund raising will be reviewed and implemented where appropriate; i.e. partnerships, volunteer opportunities and sponsorship programs.

The Task Group also reinforced the Commission's commitment to the inventory, monitoring and security of the collection. All artifacts have been documented by physical inventory and all data gathered is being entered into a data base.

For the first time since its inception, the Commission will have a full account of the Upper Canada Village collection.

The Task Group supports the Heritage Integrity Statement's interpretation, that construction of the Seaway and resultant dislocation of local people and their communities must be communicated to ensure that the story of why Upper Canada Village and Crysler Park were built is understood.

The Task Group and the St. Lawrence parks Commission are dedicated to the preservation and interpretation of our unique culture and heritage.

Police Reports

Tractor trailer driver arrested

A tractor trailer driver from Chomedy, Quebec, was not injured Thursday morning around 2:30 a.m., when his transport crashed through guard rails near Morrisburg.

However, Daniel Coulombe, 35, was arrested and his drivers' licence was suspended for 90 days for failing to provide a breath sample to OPP officers.

A check by police revealed that warrants for Coulombe's arrest were issued by the Laval and Montreal police for failing to appear in court.

The accident occurred in the westbound lane of Highway 401 near Morrisburg when the transport went out of control. The road was lightly snow covered on the straight and level stretch of the highway.

Coulombe was held in Cornwall jail awaiting a show cause hearing on Monday, January 6th.

Bilmer's Garage broken into

MacEwen's Gas Bar, owned by Les Bilmer of Morrisburg, was broken into on December 30th. Forced entry was made to the building sometime overnight, and a large quantity of cash was stolen.

Constable M. Boyce is investigating this incident.

Break, enters and thefts

•Upper Canada OPP investigated a report of a break and enter at a garage on a farm in Matilda Twp. on December 29th. Forced entry was made to the garage sometime overnight and a number of tools were taken.

•Also on December 29th, a break and enter happened at a storage shed in Iroquois sometime overnight. Forced entry was made and a number of tools were taken.

•A 1995 Polaris Storm snowmobile was stolen from a Winchester Twp. sometime during the evening of December 28th. The vehicle is described as pink and black in color and was removed from a trailer on the property.

•An Iroquois resident's storage shed was broken into sometime overnight on December 29th where a number of tools were stolen.

Weagant Farm Supplies hit

Police investigated a theft from Weagant Farm Supplies in Mountain Twp. which happened between December 22 and 24. A forced entry was made to the compound at the business and a Splitfire woodsplitter model FS255 with a Honda engine and two wheeled trailer were stolen.

None of these items have been recovered.

Recovered stolen vehicle

Police discovered the remains of a 1991 Pontiac Firefly along Jennings Road in Mountain Twp. on December 25th. The vehicle had been stolen from the Ottawa Carleton area during the previous day and had been burned.

This is the sixth stolen vehicle recovered in the northern portion of Mountain Twp. since September of this year.

Car left warming up taken for drive

No arrests were made when 1994 Pontiac Bonneville was taken from the area of the Lions Club in the Village of Winchester early January 1st and later recovered near the Winchester Public School. The car had been left unattended while running to warm the engine. Const. Peter Valiquette is investigating the incident.

Snowmobile stolen

On the afternoon of January 1st, a snowmobile was stolen from Winchester which had been parked at a private residence on York Street. The snowmobile is described as a 1989 Polaris Indy 500, black and blue in color.

Drinking and driving update

Upper Canada Detachment of the Ontario Provincial Police have reported that two criminal code drinking and driving charges were laid in Dundas County, and two 90-day suspensions were issued.

OPP officers responded to 63 calls for service.

Crime Stoppers

Seaway Valley Crime Stoppers needs your help in solving a break, enter and theft from a Carman Road, Iroquois business which took sometime between December 16th and 19th.

Unknown persons broke into the business and stole two Seadoos and the trailer they were on. Description of the stolen property is as follows: 1995 Seadoo GTX, serial #22NE662-8E595, purple, green and white in color; 1995 Seadoo, serial #22N26264A595, purple, green , orange and white in color; 1995 Northtrail trailer, serial #2MBB218A2SUO25943, white in color with Ontario licence plate D89483.

Crime Stoppers could also use your help solving the theft of a 1995 Polaris Storm snowmobile from a Highway 31, Winchester Township, residence. This incident took place sometime between 9 p.m. December 27th and 2:30 a.m. on December 28th. The snowmobile is black/pink in color, with Ontario plate 752005, vin #09507822435739. The total value of the theft is $12,000.

Sometime during the late evening of December 18th, unknown persons gained entry to a storage trailer at a construction site on Allison Drive, Morrisburg. Stolen property includes commercial power tools such as a concrete saw with diamond blade and a circular saw.

The second break-in occurred at MacEwen's Gas Station during the evening hours of December 29th. Unknown persons forced entry into the premises and once inside, broke open a safe and removed cash.

If you have any information on this or any other crime you may be eligible for a cash reward of up to $1,000. Remember, no call display, no recorded messages. You are always anonymous. Call Crime Stoppers at 1-800-265-8477.

Also, two incidences of break and enter were reported which Crime Stoppers needs your help in solving.



Lucky television winners

Gary and Gayla Postma of Morrisburg are pictured with a television like the one their son Mike won in a draw at Paul Stewart's Electronics, Radio Shack. The Postmas said the television will be a great addition for the entire family to enjoy. Also pictured are Paul Stewart, Wendy Osler, and Father Tim Shea who drew the winner.

EDGERTON-BAKER FUELS
INDUSTRIAL AND DOMESTIC FUELS
HEATING AND AIR CONDITIONING
Morrisburg / Iroquois
652-4565

KITCHEN DESIGN CENTRE
VISIT OUR SHOWROOM IN THE MORRISBURG VILLAGE PLAZA
•CUSTOM KITCHENS•
• COMPUTER DESIGN SERVICE •
• PROFESSIONAL INSTALLATION •
DEL & KAREN JONES
543-3499

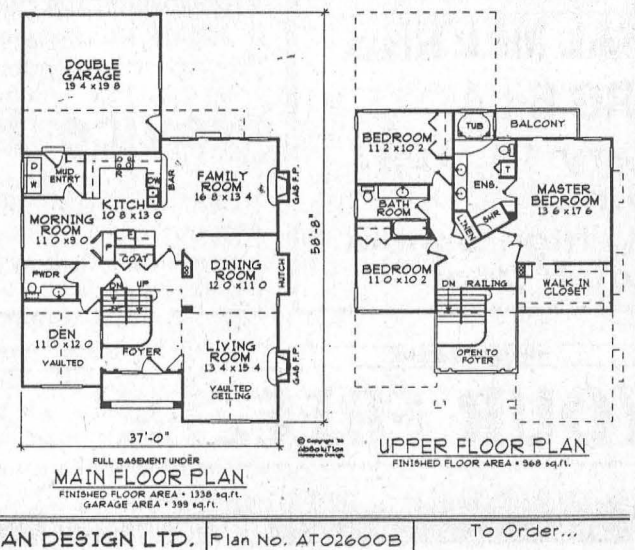
LANNIN LUMBER MART
Homecare
BUILDING CENTRES LIMITED
Highway 31, P.O. Box 300,
Winchester, Ontario K0C 2K0
BUS: (613) 774-2830
1-800-365-9114
FAX: (613) 774-2765

BRISTER Group
BRISTER INSURANCE BROKERS LTD.
BRISTER LIFE INSURANCE LTD.
Village Plaza, P.O. Box 896
Morrisburg, Ontario K0C 1X0
Tel: (613) 543-3731
Fax: (613) 543-4359

McGILLIS Home hardware
• Beauti-Tone Paints • Tools
• Plumbing & Electrical • Toys & Gifts
• Garden Supplies • Appliances
• Camping & Sporting Goods • Housewares
HWY. #2, MORRISBURG
Tel: 543-2021

The Home Of The Week ...
YOUR HOME IMPROVEMENT
"SPECIALISTS!"





TYNAN DESIGN LTD. 13659-108th Avenue Surrey, B.C. V3T 2K4 | Plan No. AT02600B 2306 SQ.FT. | To Order... Phone : (604) 581-5722 Fax : (604) 581-4822

PLAN NO. AT02600B

STATELY REAR ENTRY HOME

By M. Tynan Copyright 1996

A stucco exterior with feature windows and a dramatic raised entry creates a bold appearance on the streetscape.

Enter into a foyer open to the second storey and brightened by an overhead window. An open plan for the living and dining room provides a spacious atmosphere for formal entertaining enhanced by a vaulted ceiling in the living area. For less formal gatherings, a good sized family room offers a cozy gas fireplace and an open counter to the kitchen. The den, just inside the front entry, would make an ideal home office.

Upstairs, two secondary bedrooms each feature stylish corner windows. A deluxe master bedroom boasts a large walk-in closet, a five piece ensuite, and a private balcony.

An unfinished basement awaits your own creative touch.

Plans for AT02600B may be obtained for $440.00 for a package of five complete sets of working prints and $39.00 for each additional set of the same plan. Allow $15.00 extra to cover the cost of postage and handling (B.C. residents add applicable sales tax to plan total) (All Canadian residents add 7% GST to plan total plus postage and handling.

This is one of our new designs. Many innovative plans are now available in our home plan catalogue for $13.85 including postage and handling and 7% GST.

Please make all cheques, money orders, and Visa or MasterCard authorization payable to:

The Morrisburg Leader Plan of the Week
Tynan Weekly Features/Surrey
13659 - 108th Avenue, Surrey, B.C. V3T 2K4

Copyright 1996

MORRISBURG BUILDING CENTRE
HWY. #2
Morrisburg, Ont.
Tel: 543-2009
novico
your neighbourhood renovation centre

MORRISBURG PLUMBING CENTRE
GLEN ROBINSON
Plumbing • Tinsmithing
• Heating: Wood, Oil, Gas
• Natural Gas Appliance Centre
• Gas Fireplaces
MAIN ST. AT CAMPBELL ST.
MORRISBURG, ONTARIO
TEL: 543-3983

Arthur Thom Electric Ltd.
• GAS & OIL HEATING
• REFRIGERATION
• AIR CONDITIONING
• SHEET METAL
• PLANNED SERVICE
• 24 HOUR SERVICE
LENNOX
WILLIAMSBURG ONT. K0C 2H0
535-2720

LLOYD M°MILLAN EQUIPMENT LTD. (613) 652-4649
SEPTIC SYSTEMS
Installations • Estimates • Repairs
We Do Septic System Layouts
Backhoe • Track Loader • Dump Trucks • Sand • Stone • Fill • Gravel • Screened Topsoil • Unscreened Topsoil
M.O.E. Approved: Licenced to do Spill Cleanups of Solid Non-Hazardous Waste
R.R. #2 Iroquois, Ont. K0E 1K0
Fax: (613) 652-1838

ALLAN BLACK CONSTRUCTION
Renovations - Additions
Garages - Roofing - Decks
Doors & Windows, Etc.
P.O. Box 740
Morrisburg, Ont. K0C 1X0
Tel: (613) 543-4154

HARBERS MASONRY & FLAME CENTRE
Joy & Brian Harbers
CERTIFIED BRICK & BLOCK RESTORATIONS & REPAIRS
WOOD STOVES • FIREPLACES
PELLET STOVES
Sales • Installations
R.R. #3 Williamsburg, Ont.
Tel: 535-2301 Fax: 535-1170

FRED HILL INSURANCE LTD.
Your Insurance Broker Understands
MORRISBURG, ONTARIO
543-3069

Hartley Hodgson Construction Ltd.
RESIDENTIAL & COMMERCIAL
HARTLEY HODGSON
OWNER
P.O. BOX 229
MORRISBURG, ONT.
BUS: 543-4351
RES: 543-3964
FAX: 543-4351

Black Lumber Co. Ltd.
castle building centre
65 OTTAWA ST., BOX 777
MORRISBURG, ONT. K0C 1X0
TEL: (613) 543-3777
FAX: (613) 543-2487
LUMBER ELECTRICAL WINDOWS
PLYWOOD HARDWARE SIDING
PAINT FLOOR COVERING CEMENT
PLUMBING DOORS MOULDING
"Value & Service You Can Build On!"

FM Windows Doors
Gus de Koning
Jan. 98 Financing O.A.C.
with Bank of Nova Scotia
Serving Grenville, Dundas & Stormont
TEL: 537-8818
1-800-387-9962

BUILD YOUR DREAM WITH
Bank of Montreal
VILLAGE PLAZA
MORRISBURG, ONTARIO
TEL: 543-3756
BEV LAW
Personal Financial Manager

Leader Sports

MFSC prepares new skating programs

LAURIE DAY
Leader Staff

MORRISBURG—In an effort to increase membership, the Morrisburg Figure Skating Club is introducing two new skating programs slated to begin at the end of January.

Kidskate, a program for children between the ages of three and five years, is generated to help inspire self-confidence in young people. It also teaches kids to skate 'the right', as well as helping promote healthy lifestyles.

The other program is entitled *Icebreakers* and is geared toward the adult-to-senior category.

"We'd like to see if there is a need in the area for these programs," said Marion Thompson, president of the Morrisburg Figure Skating Club.

The 10-week (once session per week) programs will begin Wednesday, January 22.

You also have an option of registering for the Thursday sessions to begin the morning of January 23.

Registration will take place this Saturday from 10 a.m. to noon in the Morrisburg Arena lobby, and again on Wednesday, January 15, from 10 a.m. to noon. The cost is $60.

The programs will be taught by certified instructor, Young-Soon Benoit.

Thompson also became certified in September to look after the administrative duties.

The newly-designed *Kidskate* program offers basic movement on-ice for boys and girls from three to five years of age. The course design has a strong element of play built in to encourage and capture the attention of young students.

Coaches trained to Canadian Figure Skating Association standards provide quality instruction. The only equipment the child needs is a good pair of skates (hockey skates included) and a helmet.

Kidskate is designed to make learning to skate for the first time a pleasant and satisfying experience. Coaches take care to emphasize participation, focusing on fun and continuous movement.

The program's design includes activities and drills to inspire the youngster's enthusiasm.

Students will be encouraged to apply their attention and energy to learning proper posture, the correct methods of pushing, gliding, stopping, turning, jumping and spinning.

Specially-designed buttons, badges, certificates, ribbons and coloring sheets are awarded throughout the course as recognition for each skater's efforts.

Once the basics have been learned, the preschool skater will be ready to progress confidently to the CANSKATE program and to participate in family skating activities.

Upon graduation from the program, children will be able to do the following: a forward one-foot glide; a forward snowplow stop; a backward two-foot glide; forward skating; two-foot turn and the two-foot jump, from forward to backward; a 360 degree turn on the spot.

It's never too late to skate

Ice Breakers the adult skating program is perfect for those who may be a little timid when it comes to public skating.

For adults who dream about being proficient on a pair of skates, this program is a dream come true.

Whether you're out just for fun, or for ice dancing, figure skating or hockey, this program teaches skaters from 18 to senior years, basic skills or improves the ones you already have.

Learning the right way to skate can add fun to anyone's life while enhancing a healthy and active lifestyle. The perks in fitness and self-esteem are immeasurable.

Students need only hockey or figure skates to begin.

The program caters to all skaters, whatever the age, fitness level or skating skills.

CFSA coaches take care to create enjoyable and social classes to provide the best learning environment.

Ice Breakers coaches realize that adults have specific expectations, needs and fears about skating and they teach accordingly.

The course is designed in four stages, through which students may progress at their own speed. Skating fundamentals are taught in stages using methods specially formulated for this diverse age group.

Participants master nine of 11 required skills, for example, before moving to the next stage.

By the end of the *Ice Breakers* program, students will be capable of performing moves such as: forward and backward skating, inside and outside edges, gliding on one and two feet, stopping, turning (mohawks and three turns) jumps as well as one and two-foot spins.

If you would like more information on these programs, give Marion a call at 652-2415, or come out for registration on Saturday at the Morrisburg arena between 10 a.m. and noon.

Jr. Lions fall prey to power house 73's

JEFF BARCLAY
Leader Staff

MORRISBURG—The Morrisburg Jr. B Lions fell prey to the power house Kemptville 73's on Friday night losing 9-2.

The Lions were short staffed, with only two lines to play the game.

Kemptville came out quickly in the first period making it 3-0 before the Lions could respond. Sloppy defense and some shaky goaltending gave the 73's the early lead.

Morrisburg managed to get one in the first period when Rob Darling was all alone out front and bulged the twine, assisted by Les Haggett and Wayne Disotell. That made the game 3-1 heading into the second period. Though the goaltending improved the defense were not giving him much help.

The 73's came out just as strong in the second and scored two more quick goals making the game 5-1 at the mid-way mark of the game.

The Lions scored their last goal of the game with 7:28 to go in the second when Wayne Disotell put one by the 73's netminder, assisted by Les Haggett.

Kemptville went on to score one more in the second period and then three more in the third period ending the game 9-2 in favor of the visitors.

Terry Gilmer and Troy Sayeau both suffered the loss.

On Sunday, January 5, the Lions travelled to Alexandria to face the Glens and suffered their second loss of the weekend by a score of 9-4.

The Glens scored four unanswered goals in the first period, and then scored one more in the second before the Lions could get their first one.

At 15:50 of the second period Ryan Warner bulged the twine, with helpers going to James Cooper and Nick Dixon.

Alexandria put another one past Troy Sayeau giving them a 6-1 lead.

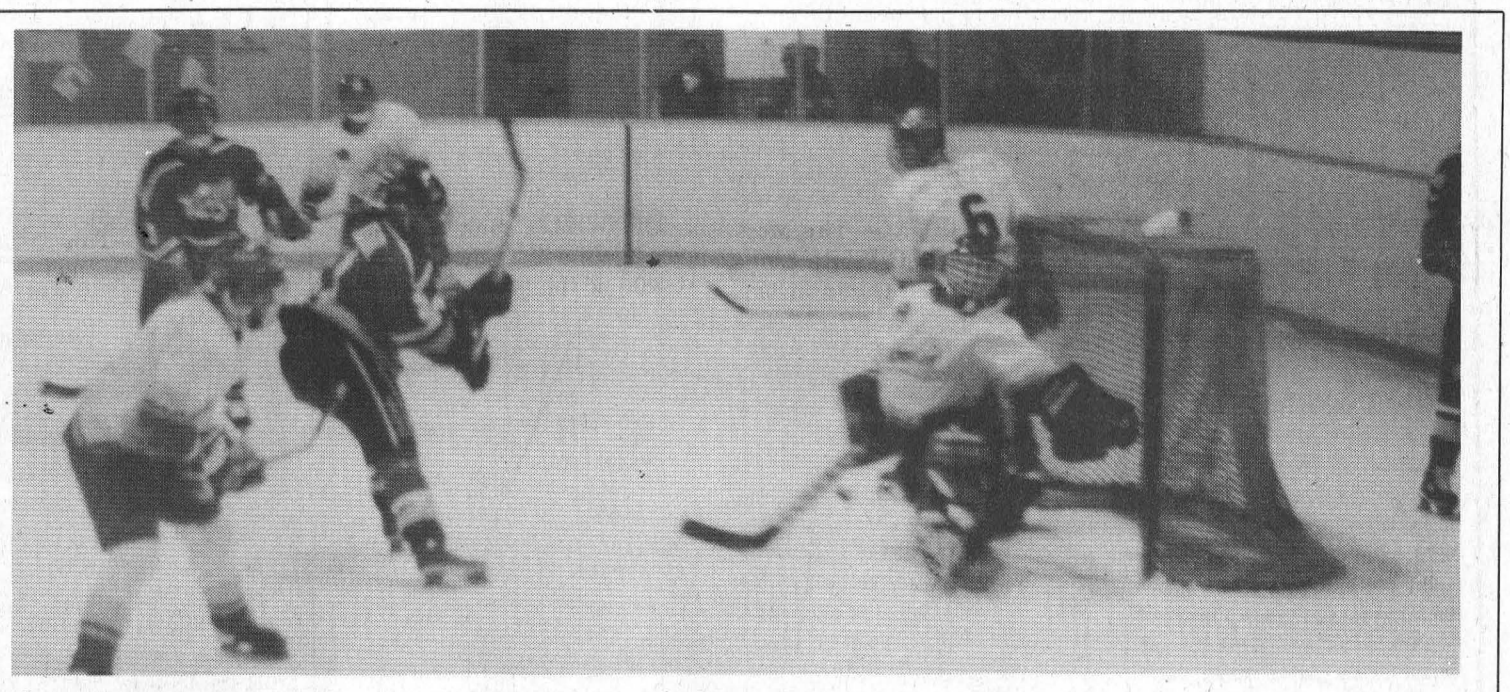
Nick Dixon took over for Morrisburg as he has done before and scored on the power play, with assists from Rob Darling and James Cooper.

Then with just over two minutes to go in the second period Dixon scored his second assisted by Cooper. Dixon's goal made it 6-3 heading into the third period.

Alexandria managed to score three more in the third before Dixon could finish off his hat trick at 3:46 of the third period, assisted by Wayne Disotell and Cory McAllister.

Dixon's final goal was the last goal of the game ending it in a 9-4 loss for the Lions.

The Lions next game is Friday, January 10, at home against Gananoque at 8:15 p.m. Come out and try your luck at the 50/50 draw or the shot for $50 or a free dinner.



Great save by Gilmer!
Morrisburg Lion's netminder Terry Gilmer is seen here making a great save in Friday nights loss to the Kemptville 73's. Morrisburg lost two over the weekend keeping them in the basement. The Lions' next game is on Friday night at home against Gananoque.

Rideau St. Lawrence Jr. B Stats

RIDEAU DIVISION

	GP	W	L	T	F	A	Pts.
Athens	30	19	8	3	158	111	43
Gananoque	29	17	10	2	160	102	39
Westport	30	8	21	1	121	179	18
South Grenville	30	6	23	1	100	171	15
Brockville	30	3	27	0	85	190	7

ST. LAWRENCE DIVISION

	GP	W	L	T	F	A	Pts.
Kemptville	30	27	0	3	218	82	58
Char-Lan	30	19	8	3	161	106	43
Alexandria	30	12	14	4	131	149	30
Winchester	30	11	16	3	149	164	27
Morrisburg	30	9	19	2	137	205	22

**Teams losing in overtime or shootout receive one point.*

RESULTS

Jan. 2: Athens 2 Picton 4

Jan. 3: Napanee 4 Westport 2; Picton 2 South Grenville 3; Alexandria 1 Winchester 4; Kemptville 9 Morrisburg 2

Jan. 4: Winchester 2 Char-Lan 6

Jan. 5: Wesport 3 Ernestown 7; North Frontenac 1 Athens 4; Char-Lan 5 Kemptville 6 (SO); Morrisburg 4 Alexandria 9; South Grenville 4 Gananoque 5 (SO)

SCORING LEADERS, ST. LAWRENCE DIVISION

	G	A	Pts
Andrew Williams, Kemptville	23	42	65
Andrew McVey, Kemptville	21	32	53
Jeff Ricci, Kemptville	13	38	51
Greg Kealey, Kemptville	21	28	49
Ryan Nichol, Winchester	31	16	47
Glen Brown, Kemptville	20	27	47
Eric Fontaine, Char-Lan	25	21	46
Corey McAllister, Morrisburg	27	16	43
Dan Dupuis, Char-Lan	13	26	39
Rob Darling, Morrisburg	20	16	36

Chung, McGill share shutout victory

MORRISBURG—Nicholas McGill and Andrew Chung had a shutout game on January 4 against the Atom C Blues in MDMHA action.

Brad Francis started the scoring with 56 seconds remaining in the first period, unassisted.

The game remained 1-0 until 52 seconds left in the third when Brandon McKendry netted one, assisted by Matt MacDonald making it 2-0 for the Whites.

Novice 'B' Lions on 15-game season winning streak

MORRISBURG—The Morrisburg Novice B Lions are still undefeated in league play, sporting a perfect 15-0-0 record after another couple of busy weeks the latter part of December in UCMHL action.

On December 22, the Lions hosted the South Grenville Rangers and handed them a 6-1 upset.

Kent Nugent had a huge game scoring a natural hat trick plus one and added one assist notching a six-point game.

David Patterson had a goal as did Travis Dillabough. Sheldon Beckstead claimed two helpers and Brandon Van Allen had three.

Scoring for South Grenville was Jacob McGuire at 9:38 of the final period to spoil Robert Bongers' shutout bid.

On December 21st, the Lions were in Finch to take on the NGS Braves, a Novice A squad, where they walked away with a 5-0 shutout.

Brandon Van Allen had a hat trick in this game and picked up a helper to lead the offensive tackle.

Kent Nugent had a goal and three assists, while Travis Dillabough scored one. Other assists came from David Patterson, Evan Tait and Nick Whelan.

The Rangers hosted Morrisburg on December 20th, but Morrisburg was the 5-0 winner of this match.

Travis Dillabough scored a natural hat trick in this game, and singles came from Greg O'Neill (plus one helper) and Nugent. Van Allen and Kyle Migliacci had one helper each.

Robert Bongers posted this win as well as the 2-1 upset over the Brockville Warriors on December 17th.

Brockville held a 1-0 lead after the second period.

It wasn't until 9:05 of the third that Morrisburg could tie the game as Patterson found the crease and poked one in.

Patterson also had the winner with assistance from Dillabough and Kyle Weegar as he scored again at 2:41 for the win.

O'Neill picked up the assist on the tying shot of the game.

Cherry leads way in town league action

MORRISBURG—Dave Cherry scored once and assisted on one other as Nick's got by Impact Sports in Town League action here Thursday night.

At the half, Nick's led 3-1 with goals from Cherry, Rob Farmer and Dwayne Backes.

Jamie Smith replied for Impact Sports.

Nick's sealed the win in the second with Mark Stevens' goal for the 4-1 final.

Frank Waytowich took the win, and David Black suffered the loss in a game that saw each side assessed with three minor offences.

In the other game of the night, KBD upset RJC by a 6-3 score.

Bob Deleavey had three goals to lead the attack, while Jason Smith scored two and helped out on the other.

Allan Black picked up a single tally, and Peter Brunt had two helpers. Both Donald Black and Barry McShane had one helper each.

Lenny Beckstead got the win between the pipes, and Paul Hill took the loss.

Spartans and Lancers host senior boys' basketball tournament this weekend

IROQUOIS/INGLESIDE—The Seaway Spartans and the Rothwell/Osnabruck Lancers senior boys' basketball teams will be hosting a tournament this weekend at their respective schools.

In the A pool and playing at Iroquois starting Friday night will be Glengarry, North Grenville, Rideau, L'Esclae and the hosting Spartans.

In the B pool, and playing at Rothwell/Osnabruck will be North Dundas, Vankleek Hill, Grenville Christian, Bishop Smith and the Lancers.

At Iroquois, the Spartans will play Glengarry Friday at 4:45 p.m. Saturday, the team will meet North Grenville at 8:30 a.m., and at 12:15 p.m., Seaway will play Rideau District High School.

The Consolation round is slated for 4 p.m. at R.O. Saturday, and at 5:15 p.m., the Championship game will be played there as well.

Just Another Day

Laurie Day

I hate January. I hate Mondays, and I hate the winter.

A January of Mondays would be the ideal winter wonderland. Wouldn't it?

I usually take off for a few days (weeks) in January, just to make the month go by faster.

I haven't yet decided what I'll do this year though.

Maybe max out the Sears credit card. It's the only one in my possession that hasn't hit the high note... yet. Maybe I'll book a vacation to the southern hemisphere. Did you know you can do this with your Sears card? I know you could last year at this time. I wonder if it's still possible. Better check into it.

So did you survive the holidays? That's another one of those little irky things that really bugs me. Having Christmas on a Wednesday. Kinda screws up the entire week, doesn't it? I'll be glad to finally get back to a 'normal' routine.

And did you get what you wanted for Christmas?

One last question.

Did you write your thank-you notes?

I just started practicing this thank-you note thingy ever since I read it somewhere...I know, it was Ann Landers. She said it's pure laziness and or ignorance if you don't write a thank-you note to those who send you any kind of a gift.

It doesn't mean a wedding or shower gift, or for a baby gift. There is no excuse on this earth (she says, and now I agree) for not sending a thank-you note for receiving any kind of a gift.

Birthday, Christmas, anniversary, whatever the occasion. If a person was good enough to send you a gift, then get out your purple crayon and some 'recycleable' wrapping paper, and write them a note.

It's better too, if you personalize it. For example:

Dear Grandma: Thank you so much for the glasses, socks, picture and the cash.

Larry broke three of the four glasses.

I'm allergic to the socks, so Larry scoffed them.

The picture looks great on the bathroom, and the cash went into my bank account.

Love Laurie.

P.S. See you soon. Hope your face feels better after that nasty car accident.

Well, you get the picture.

Hey, just thought of an idea, since they all get the paper.

Dear Mom, Dad, Steve and Kelly: Thanks heaps for the cookware, vacuum cleaner, shower curtain, screw drivers, gloves, shirt, camera bag, and all that other neat stuff.

I've dumped the old cookware in the trash (it's right beside the old vacuum cleaner). Larry's still trying to figure out how to use the screw drivers (I'll have to show him).

His hands and feet finally warmed up.

The camera bag fits all my cameras and even the camcorder. It's awesome.

And the dog hasn't eaten the shower curtain yet. I don't think she likes them if they're not plastic.

Larry got sick eating all the nuts. What a man.

Oh yeah. Can you pass on a thank-you to Madame Day and the girls for those little stick men. I still can't figure out what exactly they're supposed to do in the flower bed.

Scare the weeds perhaps?

Love to all.

See you on my birthday. (tee hee).

Your darling daughter.

(The good child)

Bantam 'B' Lions lose by three in consolation final

WINCHESTER—The Morrisburg Bantam B Lions were in Winchester on Saturday where they took part in a little tournament action.

The Lions played three games, losing 4-1 in the B final to Kanata.

Despite the fact that four key players were missing from the line-up, the Lions played very well.

Nick Hart and Bobby Hamelin shared the goaltending duties throughout the day long tournament.

In game one, the Lions lost to North Dundas 4-3.

Eric Irvine, Greg Millard and Scott Barkley had the goals for Morrisburg, while Thomas Casselman, Corey Fench and Brian Scott recorded assists.

In game two, the Lions blanked Metcalfe 7-0.

Greg Millard led the way setting up five goals. The actual goal scorers were Thomas Casselman with two, Brad Casselman, Joel Adams, Corey French, James Morrell and Eric Irvine. Brad Casselman also had two assists, while Nick Hall, Irvine, Josh Tambash and Morrell had single helpers.

In the B final, the Morrisburg team lost a 4-1 decision to Kanata.

Irvine scored the only goal for the Lions with Thomas Casselman picking up the assist.

Atom Kings finish first half on losing note

The Minor Atom Rideau St. Lawrence Kings finished their first half of the season with a tie against Outaouais and a loss against the Titans.

December 21, the kings tied Outaouais 4-4. Andrew Manuel posted the game in net for the Kings.

Outaouais was first to the score board by the half way mark of the first period.

Brandon Byrd scored tying the game, with assists from Tim Thomas and Clay McFadden. McFadden ended the period, putting the Kings ahead by one goal with an assist from Byrd.

Outaouais found the net half way through the second to tie things up once again. Less than one minute later, McFadden assisted on the go ahead goal scored by Thomas.

Byrd buried a shot in the net to end the second periodat 4-2 for the Kings. McFadden received the assist. The Kings had hoped Byrd's goal would be their insurance goal, however it was not meant to be.

Outaouais found the twine twice in the third, ending the game in a disappointing 4-4 tie.

December 22, the Kings travelled to Packenham to meet up against the first place mighty Ottawa Valley Titans. The Titans blanked the Kings 10-0. Michael Robillard played the first period in net for the Kings and Andrew Manuel played the second, the two netminders split the third.

On December 27, the Kings played their first game of the "AAA Mid Season Challenge Cup" against the L'Intrepide de L'Outaouais. Michael Robillard was the netminder for the Kings. The Kings came away with a hard fought tie in the first game. With solid efforts from Garrett Healey, Brandon Byrd, Clay McFadden and Michael Robillard.

The Kings second game of the Cup was later that same day when they faced the Nepean Raiders. After a physical game, the smoke cleared and it was tied 3-3. Getting the points for the Kings were McFadden, Brett Perkins, Tim Thomas, Brandon Byrd and Andrew Manuel.

On Saturday, December 28, the Kings played their third game against the South Ottawa Canadians and came out flying, as they blanked the Canadians 13-0. An excellent game was played by the whole team and outstanding goaltending by Michael Robillard. With this win the Kings advanced to the Semi-Finals against the District III Cobras.

The Semi-Final game was on Sunday and Andrew Manuel was between the pipes for the Kings. The Kings managed keep the game close until the second period and then could hold on no longer. The Cobras went on to win 7-2, knocking the Kings out of the tournament.

Tournament officials selected Clay McFadden as Centre and Michael Robillard as netminder, for the tournament honorary All-Star team.

Novice action

MORRISBURG—The Morrisburg Novice C White Lions picked up three points in Upper Canada Minor Hockey League play last week, claiming a win over North Dundas and a tie with the Morrisburg Blue team.

On Sunday, the Lions hosted North Dundas where Shayne Strader and the team chalked up a 5-0 shutout.

Mitchell Julien scored a hat trick to lead the offence, while singles came from Daniel Toonders, and Sheldon Beckstead. Supplying four assists was Michael Dowson, and Ryan Morrow notched one.

Against the Morrisburg Blues, the White Lions took an early lead with a goal scored in the first period by Connor O'Brien, assisted by Anthony Knapman and Scott Porter.

In the second, the Blues tried it up with Matt Schwerdtfeger's first of two goals.

The Whites took the lead once again with Dowson's goal at 2:08 of the second, assisted by Julien.

But it wasn't until the third period when the Blues' Schwerdtfeger tied the game at two apiece, and that's where it stayed.

Strader and Richard Johnson took the credit between the pipes.

In other Novice Blue action

On January 2nd, the Morrisburg Novice Blue Lions were in Chesterville where they dropped the North Dundas Is by an 8-0 score.

Matt Schwerdtfeger scored a hat trick in the game, and Kevin Phifer and Matt Pepers had two goals each, and the single came from Todd Irven. Natasha Corneau had a helper, as did Andrew Cassell and Irven. The winning net minder was Richard Johnson who recorded the shutout.

Men's Commercial Bowling League

INGLESIDE—Tim Bourque rolled a 333 high single and an 844 triple during men's Commercial Bowling League action at Ingleside Lanes recently.

Mike Brunet had the high average with an 240.

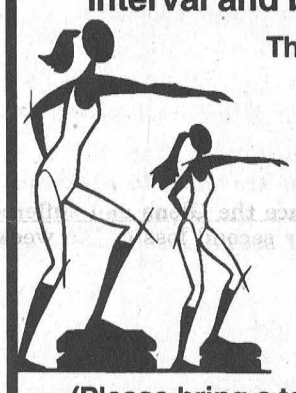
Second place high rollers were Gord Pechie with a 305 single, and Jr. Thompson with an 801 triple. Jim Beckstead had a 235 average.

The standings are as follows: Causeway Auto 270, Max Auto Parts 240, Gauthier's 236, Heagle Plumbing 235, Bruce Anderson Construction 231, Craig's Electric 221, Computer Sense 221, Ingleside Lanes 185.

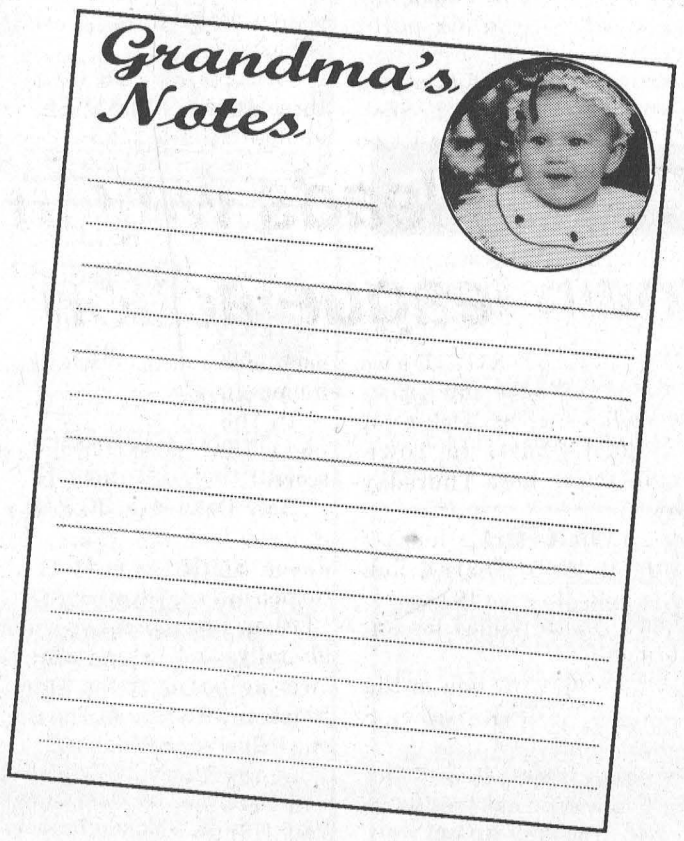
REGENT HOLIDAYS
GLORIOUS GREECE
CLASSICAL ODYSSEY
ESCORTED TOUR
AUGUST 10-25, 1997
FROM $2299.00 PER PERSON PLUS TAXES
Information Night Jan. 16, 7:30 p.m. at North Dundas District High School
7 DAYS ENCHANTING RHODES
4 DAYS GREEK ISLAND CRUISE
3 DAYS FABLED ATHENS
Excellent accommodation / charter air from Toronto
*Some restrictions apply
BONUS!! Attend Info Night $50.00 OFF pp offer. See Coming Events
THOM TRAVEL
MORRISBURG 543-2133
CHESTERVILLE 448-3714
1-800-461-3056
REGENT HOLIDAYS

GARY'S AUTOMOTIVE
JANUARY SPECIAL!
OIL CHANGE
$19.95

HWY. 2 EAST, MORRISBURG 543-2156

InShape Aerobics
Get "InShape" by joining our low impact, interval and body sculpting classes

The Second Session has begun!
Classes are held on
Mondays (7:30 - 8:30 p.m.)
Wednesdays (7:30 - 8:30 p.m.)
Saturdays (9:00 - 10:00 a.m.)
at HOWARD JOHNSONS
(Basement Level)
TRY THE FIRST WEEK FOR FREE
(Please bring a towel or mat) (men welcome)
For more information please call
HEATHER BLACK at 543-2958
or ISABELLA JORDAN at 543-3563

New Catering Business!
RoseHaven Catering Co.
has opened its doors to provide fine catering services for all occasions
To help you plan your special occasion call
Janet Spruit
774-1148
2070 CROWDER ROAD
R.R. 2 MOUNTAIN, ONTARIO

Mother's Day, Father's Day, Birthdays . . .
Any occasion, our personalized note pads make the perfect gift!
Example: "Mom's Notes", "Dad's Notes", "Grampa's Notes" with photo etc.
Pad Size 4 1/4" x 5 1/2"
100 sheets per pad
20 Pads @ $2.20
$44.00
plus GST & PST
40 Pads @ $1.50
$60.00
plus GST & PST
Call
The Leader
to make your order or come and view our samples in the office.
543-2987 or 543-3611


Morrisburg Figure Skating Club
Introduces
KIDSKATE (Ages 3-5)
ICE BREAKERS (Adult 18 to Seniors)
Registration
Morrisburg Arena Lobby
SATURDAY, JAN. 11, 1997
10 a.m. - 12 noon and
WEDNESDAY, JAN. 15, 1997
10 a.m. - 12 noon
10 WEEK PROGRAM - PRICE $60.00
Program Begins Wednesday Morning Jan. 22 and Thursday Morning Jan. 23
For More Information Contact
MARION THOMPSON 652-2415
MFSC reserved the right to cancel this program due to insufficient registration

CLASSIFIED ADS

CHEV-OLDS
UPPER CANADA MOTOR SALES
MORRISBURG

THIS WEEK'S SPECIALS

96 Aurora LT, teal, fully equipped, 28,000 kms
96 Ciera SL white fully equipped, 31,000 kms
96 Regency Elite lt. blue, fully equipped, power sunroof, leather interior, 8,500 kms
96 Delta LSS, lt. gold, fully equip., bucket seats, 18,600 kms
96 Monte Carlo (2 to choose) maroon & red, fully equipped, alum. wheels & bucket seats, 20,000 & 38,000 kms
96 Lumina (2 to choose) maroon & med. blue, fully equipped, 28,000 & 35,000 kms
96 Cutlass Supreme SL 2 dr. (3 to choose), white, red & dark green, fully equipped, buckets.
96 Achieva, (3 to choose), 4 dr., lt. gold, green & red, V6, auto., air, fully equipped, 36,000 kms
95 Delta Royale, (3 to choose) lt. blue, green & white, fully equipped, 33,000, 37,000 & 52,000 kms
95 Grand Am, 4 dr., white, V6, auto., air, fully equipped, 36,400 kms
95 Sunfire, 2 dr., white, 4 cyl., auto., air, cassette & wing, 37,000 kms
95 Lumina (2 to choose), white & lt. blue, fully equipped, 35,000 kms
95 Beretta, 2 dr., grey, V6, auto., air, tilt & cruise, power door locks, 50,000 kms
95 Grand Prix, 4 dr., dk. green, buckets, well equipped, 46,000 kms
95 Regal Custom, 4 dr., lt. blue, fully equipped, 29,000 kms
94 Achieva, 4 dr., maroon, tilt & cruise, air, cassette, p.d.l., 49,000 kms
94 Delta LS, (3 to choose), dk. green & white, fully equipped, power seats - driver & pass. side, tempmatic air condition, & more, 60,000, 65,000 & 89,000 kms
94 Regal Custom, 4 dr., med. blue, fully equipped, 3.8L V6, power seat, 49,800 kms
93 Lumina, maroon, V6, auto., air, p.w., p.d.l., tilt & cruise, cassette & more, 110,000 kms
92 Ciera S, silver, fully equipped, 118,000 kms SOLD
91 Ciera SL, dk. maroon, fully equipped, power seat, 76,000 kms
91 Ciera, 4 dr., silver, V6, auto., tilt & cruise, air, cassette, 92,000 kms
90 Grand Prix, 2 dr., black & silver, fully equipped, power seat, buckets, steering controls, alum. wheels & more, 106,000 kms

– TRUCKS –

96 Yukon GT, 2 dr., black, 4x4, 350 V8, fully equipped, power seat, 25,000 kms
96 Astro Ext., 8 pass., teal, fully equipped, rear heater, rear dutch door & more, 31,000 kms
96 S Jimmy SLT, 4 dr., 4x4, white & grey, fully equipped, leather interior, running boards, 14,500 kms
96 S Blazer, 4 dr., silver, 4x4, fully equipped, power seat, 16,000 kms SOLD
95 Astro LT Ext., 2-tone gray, fully equipped, power seat, front & rear, air conditioning, 25,000 kms
94 Pontiac Transport SE Van, white, 7 pass., V6, auto., air, fully equipped, 82,000 kms
94 S Blazer Tahoe LT 4x4, 4 dr., green & beige, fully equipped, power seat, remote start, 35,000 kms
94 Silverado Ext. Pickup 4x4 Short Box, maroon & silver, 350 V8, fully equipped, bucket seats, 60,000 kms
94 Ford 1 Ton Cube Van, white, 16 ft. box, V8, auto., air, 75,000 kms
94 GMC Cargo Van, white, V8, auto., ps., pb., radio, 49,000 kms
93 S Blazer Tahoe LT, 4 dr., black & silver, 2x2, fully equipped, power seat, 73,500 kms
92 GMC SLX Ext. Short Box, 2x2, 2-tone blue, V8, auto., air, fully equipped, running boards, fibreglass tonneau cover, rear air suspension, 109,000 kms

SPECIAL OF THE MONTH
1995 Cavalier 4 Dr.
(2 to choose) white & blue, 4 cyl., auto., air, stereo radio & more
$12,595.00
or lease $219.00* @ mo., 36 month lease (*see dealer for details)
P.S: 6.75% FINANCING (o.a.c.) on ALL 1991 & NEWER VEHICLES
(Limited Time Offer)
CALL US TODAY
Barry McMillan Darryl McDonell
Kirk McMillan
543-2925 543-3680
OR 933-8892

FOR SALE

FOR SALE–Computer System: 386 SX-25 Turbo, DOS 5.0, 14" color monitor, 102 enhanced keyboard, mouse, panasonic b/w printer. All manuals included. Everything in excellent condition. $525. 543-3101. 2p

ELECTROLUX SALES & SERVICE
Central vacs, vacuums, canister vacuums. For details see Mitch Cassell, phone/fax, 543-2140. Free delivery and estimates. Any repairs. Flea market display. 2tfc

THE TURN OF THE CENTURY
Crafts by local artists, craft supplies, DMC Floss, yarns, fabric, lace, etc. Various size rental spaces available for crafters. Morrisburg Plaza, 543-4399. 2-5c

FOR SALE–Government inspected sides of steer beef, cut, wrapped and frozen, $1.49 per lb. 652-4053. 2-5p

FOR SALE–Chesterfield and matching swivel chair, color - beige floral pattern, good condition, set $275 o.b.o. 543-4315. 2-3p

APPLES
Apple cider, apple products. Open 9 to 4, 7 days a week. Smyth's Apple Orchard, County Road 18 between Williamsburg and Dixon's Corners, 652-2477. 2tfc

HEINZ WESTPHAL AUTHORIZED DEALER FOR ELECTROLUX
Sales, repairs (any make), service - vacuum cleaners, rug shampooers, central vacuum systems. Parts and supplies. Free estimates and delivery. 543-2762. 19tfc

COMING EVENTS

GLORIOUS GREECE
Escorted tour and cruise information night January 16, 7:30 p.m., North Dundas District High School. Come join our group to Greece!! Tour representative on hand to answer questions/slide show. For more info call Thom Travel at 543-2133 or 448-3714. Sign up this night, receive $50 off per person! 2-3c

TEEN DANCE
Featuring Theatre of Soul, Fri., Jan. 10, 8–11:30 p.m. at the MTAS Hall in South Mountain. Cost: $5 per person. All proceeds to support Seaway's prom. 2c

WEEKLY BINGO

BINGO
Monday night bingo every week at Riverside Heights. Doors open at 6:15. Bingo starts at 7:30. Everyone welcome, 18 and over. 13tfc

BINGO
Sponsor: Morrisburg & District Lions Club. Every Wednesday, 7:30 p.m., Morrisburg Civic Centre. 10 games at $20. 5 games at $25. 3 special games, $50. each. Special 50/50 games. Bonanza pays 60%. Winner take all, $300. Consolation, $100. Jackpot: 50 numbers. Jackpot given away if 60 or more people participate; 70 people $400.00; 80 people $500.00. Everyone welcome.

BINGO
Sponsored by Morrisburg Legion Branch 48 Ladies Auxiliary every Thursday, 7:30 p.m. in the Legion Hall. Specials $50.00. Jackpot $300. If 60 present Jackpot goes.

BINGO
Iroquois-Matilda Lions Club Special Bingo, Thursday, Jan. 16th, 1997, Matilda Hall, Dixon's Corners. **Jackpot $1,000.** with over $3,000 estimated in prizes. Doors open 5:30 p.m. Games start at 7:00 p.m. Sorry, no admission under 18 years of age.

BINGO
Friday night at Morrisburg Civic Centre sponsored by Morrisburg Jr. B Lions. 7 games at $20. 8 games at $25. 3 special games, $50. each. Special 50/50 games. Bonanza pays 60 per cent. Winner take all jackpot, $300. Consolation, $100. Jackpot starts at 50 numbers. Jackpot will be given away if 60 or more people participate; 70 people $400.00; 80 people $500.00. Everyone welcome.

COMING EVENTS

SUNDAY BRUNCH
At the Country Kitchen Restaurant, 9:30 a.m. to 2 p.m., corner of Hwy. 31 and 43, Winchester. Adults $6.95, children $2.95. 774-2417. 8tfc

ALCOHOLICS ANONYMOUS
If you want to drink that's your business. If you want to stop, that's ours. Call AA, 543-3484, 652-1051 or 448-3326. For families of Alcoholics (ALANON) 543-3484 or 774-3337. Meeting every Thursday, 8:30 p.m., Lakeshore United Church. 1tfc

MORRISBURG GOLF CLUB
Seniors' potluck and games Thurs., Jan. 9, 6 p.m. Bring cards and games and friends. Please note future functions will be held on the **first** Thursday of each month. 2p

SKI NEW HAMPSHIRE ON MARCH BREAK
17 mountains to choose from. Interchangeable lift tickets. Free junior ticket with purchase of adult ticket. Go as a group to get the best rates. To get more information call Sam or Margi at 543-2835. 2-4c

IN MEMORIAM

WHITTEKER–In loving memory of a dear husband and son-in-law, Alec, who passed away January 8, 1996.
A year has passed since that sad day
When one we loved was called away
God took him home, it was his will
Within our hearts he liveth still.
–Wife Mary Ann, mother-in-law Vera 2p

WHITE–In loving memory of a dear wife, Mabel, January 7, 1996.
God knows how much I miss her
Never shall her memory fade,
Loving thoughts shall ever wander
To the spot where she is laid.
–Lovingly remembered, Jack 2p

DALRYMPLE–In memory of John A. Dalrymple who passed away January 5, 1989.
There is a link death cannot sever
Love and remembrance last forever.
–Enid, John, Jim and families 2p

NOTICE

RAFFLE WINNERS
For St. John's Lutheran Church, Dec. 15: June DeJong, 1st prize, handmade quilt; Judy Pallett, 2nd prize, $50 gift certificate. 2p

DUANE GORE FAMILY
Requires assistance as they lost everything by fire December 24th. Call 652-4103 or 652-2614. 2-3p

WORK WANTED

WORK WANTED–Mother of one willing to babysit in my home in Williamsburg. Shift work is fine. Reasonable. 535-1234. 2p

GENERAL HOUSE CLEANING
Weekly or bi-monthly. Spring cleaning. Reasonable rates. Call 543-3555 after 4 p.m. 2tfc

HELP WANTED

CAREER OPPORTUNITY
SHIFT SUPERVISOR
Mature, motivated individual with restaurant and supervisory experience. Must demonstrate high degree of personal organization and positive communication skills. Benefit package available. Apply in person to Scott's Restaurants, 401 eastbound, Morrisburg - Tim Hortons, between the hours of 7 a.m. and 3 p.m. 2c

WANTED

WANTED TO BUY–Books in good condition, both hard cover and soft cover. After 7 p.m., 448-3787. 44tfp

SCRAP CARS WANTED
Phone 1-613-534-2096 days 9-5, 1-613-534-2626 evenings. Will pick up. 45tfc

WANTED
EVERY WEDNESDAY
HEALTHY HOLSTEIN BULL CALVES
FROM 95-110 LBS.
Calf Station open 12 Noon – 4 p.m.
Location
DELFT BLUE VEAL FARM
LIGHTNING STREET, WILLIAMSBURG
between 12 Noon – 4 p.m.
For information call Walt at 543-2796 after 8 p.m.

FOR RENT

FOR RENT–In Morrisburg, 2 bedroom apt. available Jan. 1st, $455 plus utilities, fridge and stove, clean and quiet. 445-2982. 50tfc

FOR RENT–3 bedroom apt., Morrisburg, gas heat, $480 per month plus utilities, available Jan. 1. Phone 535-2263. 52tfc

FOR RENT–New, spacious, semi-detached 1600 sq. ft. plus basement in quiet surroundings. 543-2314. 2-3c

FOR RENT–2 bedroom apt., $325 per month, plus utilities, 543-2523. 2tfc

FOR RENT–2 bedroom apt., $450 per month plus utilities. First and last. Foot Real Estate, 543-3398. 43tfc

APTS. FOR RENT–Last month free, heat and hydro included: 2 bedroom, $625; 1 bedroom, $500; bachelor, $375; plug-in parking, fridge and stove and laundry room. 535-2208. 2-5c

FOR RENT–2 bedroom apt. available now in new, quiet building. 1 block to shopping, security entrance, air conditioned, gas heat, laundry, parking. No pets. Reasonable rent, references, first and last. Phone Elaine 535-2759 days, 543-3428 after 5. 36tfc

FOR RENT–2 bedroom duplex on Carraway. $495, fridge and stove included. First, last month's rent and references required. Call 652-4077 after 6 p.m. 50tfc

FOR RENT–3 bedroom semi-detached bungalow. Quiet deadend street, Morrisburg. Beautifully decorated, $574 monthly plus utilities. Available December 21st. 535-2263. 49tfc

FOR RENT–Spacious 2 bedroom new duplex, Morrisburg, with family room, gas heated, available now, references required. 543-2897. 45tfc

FOR RENT–Furnished room, $450 month includes utilities, first month only. 543-2932. 50tfc

FOR RENT–1 bedroom in Ingleside, $425 includes utilities and cable. Phone 543-3604. 1tfc

FOR RENT–1 bedroom apt., utilities extra, no pets, first and last month and references required. 543-2127. 2tfc

FOR RENT–2 bedroom bungalow in convenient location, Morrisburg, $495 month. Phone 543-3109. 2-3p

FOR RENT–3 bedroom semi-detached bungalow, Morrisburg, $575 monthly, utilities extra, 543-3145, ask for May. 2tfc

FOR RENT–3 bedroom trailer, Hill's Trailer Park, Morrisburg. Phone 543-2140. 2-3c

FOR RENT–600 sq. ft. commercial space beside Beckers, Morrisburg, $475 month includes utilities. Available immediately. For information phone 925-4270. 1tfc

FOR RENT–Party tent, 20' x 30', yellow and white. Rent for garden parties, family parties, anniversaries, etc. $150 per day or $250 for the weekend. Also 45 gal. barbecue drums for rent. Morrisburg and District Lions Club, call Doug at 543-3991. EWtfc

BRITISH AIRWAYS
OTTAWA - LONDON
$459 + Taxes
Restrictions Apply/More Destinations
Sale Ends 16 Jan.
THOM TRAVEL
543-2133
Reg. #1258982

R.C.L. MORRISBURG BRANCH 48

COMING EVENTS
OPEN CRIBBAGE
Sunday, January 12
Play starts at 1:30 P.M.
•
STEAK BAR-B-Q
Friday, January 25th
$10.00 Per Person
Beginning at 5:00 P.M.
Music by DAYTON & ERIC
Tickets Available At The Bar
Everyone Welcome!
•
Sunday's $2.00 Meat Draw
8 lbs. Bnls. Chicken Breasts

CARD OF THANKS

MARK–There are not enough words to express our sincere thanks for the loving support of relatives, friends and neighbors following the passing of a dear mother, grandmother and aunt, Dorothy Mark. We will never forget the cards, flowers and donations to the Heart and Stroke Foundation and the many splendid dishes of food. We extend special thanks to all the staff at Winchester Hospital, Dr. Graham Houze for the many house visits, Dave and Dianne at the Marsden and McLaughlin Funeral Home, Annette for her fine home care service, and Rev. Sandy Macpherson and Pastor John Hayes for the wonderful funeral service.
–The Mark and Casselman family 2p

ERIC CURRIER ELECTRICAL
COMMERCIAL & RESIDENTIAL
ELECTRIC HEATING
Phone 652-4868
Saver Road
IROQUOIS, ONTARIO

SERVICES

GUMMESON CONSTRUCTION
Ceramic tiling, general carpentry, plumbing, electrical, decks, painting, siding, windows and doors, drywall repairs. 543-3414. 48tfc

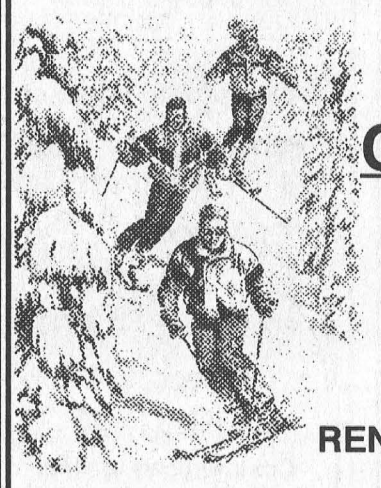
VEHICLE FOR SALE, new or used and NO established credit? On a pension, limited income, bankrupt or starting a new business? Yes, we can help. No banks or finance companies. Established over 12 years ago. We are the professionals. Car-o-line Auto's, 613-448-2488. 3tfc

CATERING SERVICE
Royal Canadian Legion Br. 48 Ladies Auxiliary is available for all catering needs – Weddings, Parties, Anniversaries, etc. Will also cater late night functions. Please call the Branch at 543-3091 for bookings.

STUMP REMOVAL
COMPLETE TREE SERVICES
VICTOR BROOKS & SON INC.
WILLIAMSBURG, ONT.
535-2322

IREBALL AUTOMATICS INC.
AUTOMATIC & STANDARD TRANSMISSION REPAIRS
Specializing in Computerized Transmissions with Over Drive and Front Wheel Drive
R.R. 3 WILLIAMSBURG, ONT., K0C 2H0 TEL: 535-2112

EDGERTON-BAKER FUELS
A Division of Universal Terminals Ltd.
"HERE WE GROW AGAIN"
IMMEDIATE OPENING
EDGERTON-BAKER FUELS
We are looking for an outgoing individual to fulfill an immediate opening with one of the most aggressive heating suppliers in the area.
The successful candidate must be an experienced and qualified bookkeeper/credit co-ordinator. They must also possess the willingness to work in a team environment on a full time basis.
Fair salary compensation along with a terrific benefit package is waiting for the right person.
Please mail or courier your resume to:
EDGERTON-BAKER FUELS
P.O. BOX 304
MORRISBURG, ONTARIO
K0C 1X0

Titus Mountain IS NOW OPEN!

We Take CANADIAN MONEY AT PAR
FOR ALL LIFT TICKETS, RENTALS & LESSONS
FOR MORE INFORMATION CALL
1-800-848-8766
Titus Mountain Inc.
JOHNSON ROAD, MALONE
NEW YORK 12953

OBITUARIES

Charles Alex Barkley

A resident of Iroquois for the past six years, Charles Alex Barkley died at the Winchester Hospital on Tuesday, December 17th, 1996. He was associated with the Brinston United Church.

Mr. Barkley spent his lifetime in the Cardinal and Iroquois areas. He was a retired laborer at Canada Starch where he had worked for over 37 years. He enjoyed meeting and talking to people during his daily walks around the Village of Iroquois. He was an avid fan of hockey, football and baseball. Mr. Barkley raised, owned and raced horses for 23 years and was a member of the Canadian Trotting Association.

Born November 17, 1931 at Inkerman, he was the son of the late John Barkley and the former Eliza Beckstead.

On June 11, 1954, at the Prescott United Church Manse, he was married to Verna Rintoul, who survives.

Mr. Barkley will be sadly missed by two sons: Ray (Carly) of R.R. 2 Iroquois and Roy (Sharon) of Hainsville; two daughters: Janet Levere of Iroquois and Lynda (Mrs. Richard Ferguson) of Athens; two brothers: Clark (Jean) of Brinston, and Harry (Audrey) of Brinston; two sisters: Ruby (Mrs. Ralph Snyder) of Morrisburg, and Theresa (Mrs. Dennis Brett) of Toronto. He will also be missed by 10 grandchildren and nieces and nephews.

Mr. Barkley was predeceased by sisters Ada Barkley and Edna Baker, brother John and daughter Lois Johnson.

Friends called at the Marsden and McLaughlin Funeral Home, Iroquois, on Thursday, December 19th, from 12:30 p.m. until the time of the funeral service at 1:30 p.m. with Rev. Georgia Copland officiating.

Interment followed at the Hainsville Cemetery.

Pallbearers were Jack Barclay, Mark Barclay, Allan Brown, Don Brown, Don Sauve, and Dean Summers.

Donations to the Canadian Cancer Society or the Winchester Hospital would be appreciated by the family.

Dorothy Mark

A resident of R.R. 1 Morrisburg for the past 30 years, Dorothy Mark died at the Winchester Hospital on Thursday, December 26th, 1996, after a brief illness. The former housewife was 82 years of age, and had previously resided at Aurora and at Williamsburg. She was associated with the Williamsburg United Church.

Mrs. Mark was a dearly devoted and loving mother, grandmother, great-grandmother, and great-great-grandmother. She enjoyed knitting and crocheting.

Born March 4, 1914, at Osnabruck Centre, she was the daughter of the late William Hayes and the former Bertha Copps.

On October 2, 1930, at Waterloo, Quebec, she was married to David Chu Mark who predeceased her.

Surviving are 10 sons: Edward (Mary) of R.R. 1 Morrisburg, Dover (Sue) of Cookstown, Douglas (Peggy) of R.R. 2 Williamsburg, William (Betty) of Winchester, James (Sue) of R.R. 1 Morrisburg, Ken (Pat) of R.R. 1 Morrisburg, Archie (Evelyn) of R.R. 2 Williamsburg, Steven (Sherry) of Newmarket, Robert of R.R. 1 Morrisburg and Allen of R.R. 1 Morrisburg; four daughters: Eileen (Mrs. Joe McDonald) of Toronto, Hilda (Mrs. Clare Casselman) of R.R. 1 Morrisburg, Joyce Mark of R.R. 2 Williamsburg and Ruth (Mrs. Wellington Casselman) of R.R. 2 Williamsburg.

Mrs. Mark will also be missed by 36 grandchildren, 32 great-grandchildren, one great-great-grandson, as well as by many nieces and nephews.

She was predeceased by a daughter Gloria Casselman, grandson Steven Casselman, great-granddaughter Randi, brother Charles, and sisters Lula May Johnston, Julia Munroe and Marion Takarabe.

Friends called at the Marsden and McLaughlin Funeral Home, Williamsburg, on Saturday from 2-4 and from 7-9 p.m. Funeral service took place from the home on Sunday, December 29, 1996, at 1 p.m. with Rev. F.E.A. Macpherson and Pastor John Hayes officiating.

Interment followed at the New Union Cemetery, Williamsburg.

Pallbearers included: Mahlon Casselman, David Mark, Tim Mark, Ken Casselman, Ross Mark and Ron Mark.

Donations to the Heart and Stroke Foundation would be appreciated by the family.

Lillis Jane Coons

A resident of the Senior Citizens' Apartments, Russell, for the past eight years, and formerly of South Mountain, Lillis Jane Coons died at the Riverside Hospital, Ottawa, on Thursday , December 26, 1996, after a brief illness. The former homemaker was also employed as a housekeeper and storekeeper at Fred and Anita Weagant's for 21 years. She was 84 years of age.

Mrs. Coons was associated with the Russell United Church. She was a member of the United Church Women, and the Russell Women's Institute. She was an excellent cook who gave away her baked goods to family, friends and the sick. She also loved flowers and gardening, and always found time to give of herself to others.

Born December 20, 1912, at Vernon, Ontario, she was the daughter of the late Samuel Craig and the former Matilda Cameron.

She was predeceased by her husband Elzeon Coons, as well as by sisters Myrtle Ogilvy, Sadie Hanes, Annie McIntyre, and by a brother William McIntyre.

Mrs. Coons is survived by two sons: Mervin (Doris) of South Mountain, Maynard of South Mountain, daughter Lorraine (Mrs. Wayne Patterson) of R.R. 2 Iroquois, brother Lawrence (Alice) Craig of R.R. 1 Winchester, and sister Katie Lake of Russell.

She will also be missed by grandchildren Tim Patterson of Iroquois, Cindy Patterson of Calgary, Cory Coons and Shelley Coons, both of South Mountain, as well as by nieces and nephews Ian Ogilvy of Vancouver, Bill Hanes of Vancouver, Jack Hanes of Cavuga, Ontario, Ida Blonski of London, Ontario, and Eileen Hamelin of Russell.

Friends called at the Marsden and McLaughlin Funeral Home, Iroquois, on Saturday from 11 a.m. to the time of the funeral service at 1 p.m. with Rev. Fred Milnes officiating.

Interment followed at the Maple Ridge Cemetery, Chesterville.

Pallbearers included: Hugh Hamilton, Laird Weagant, Bob Weagant, Tim Patterson, Cory Coons, and Richard Hamelin Jr.

Donations to the Winchester Hospital would be appreciated by the family.

Gerrit Luimes

A resident of Park Drive Villa, Williamsburg, for the past five years, Gerrit Luimes died there suddenly on Friday, December 27th, 1996. The former dairy farmer was 81 years of age, and had previously lived at Spencerville, Brinston, Toronto and Holland.

Mr. Luimes was a founding member of both the Williamsburg Christian Reformed Church and the Timothy Christian School. He enjoyed playing the trumpet, as well as singing and listening to music. His occupation of dairy farming was also thoroughly enjoyed.

Born March 21, 1915, at Doetinchem, The Netherlands, he was a son of the late Jan Luimes and the former Grada Weenink.

He was married to the former Hendrika Jansen, who predeceased him September 10, 1991.

On May 4, 1993, at the Park Drive Villa, Williamsburg, he was married to Kryna Uitvlugt -VanOudenaarden, who survives.

Also surviving are seven sons: Hank (Jane) of Winchester, John (Jeannie) of Toronto, Bill (Bonnie) of Ottawa, Jack (Joyce) of Ottawa, Tom (Greta) of Kanata, Albert (Carolyn) of Renfrew and Ed (Stephanie) of Spencerville; one daughter Wilma Mulder (Albert) of Ottawa; three brothers and three sisters in Holland and Canada.

He is survived by 19 grandchildren and three great-grandchildren, as well as by many nieces and nephews.

Mr. Luimes will be missed by Kryna's 10 children, grandchildren, and great-grandchildren.

He was predeceased by two sisters.

Friends called at the Marsden and McLaughlin Funeral Home, Williamsburg, on Sunday from 3-7 p.m., then at the Williamsburg Christian Reformed Church on Monday from 9:30-10:30 a.m.

The funeral service took place at the church on Monday, December 30, at 11 a.m. with Rev. George Rowaan officiating.

Interment followed at the New Union Cemetery, Williamsburg.

Pallbearers were all children of Mr. Luimes, and they included: Wilma Mulder, Hank Luimes, John Luimes, Bill Luimes, Jack Luimes, Tom Luimes, Albert Luimes and Ed Luimes.

Donations to the Timothy Christian School would be appreciated by the family.

Eileen Zeron

A lifetime Morrisburg area resident, Eileen Zeron died suddenly at her R.R. 1 Morrisburg home on Tuesday, December 31, 1996. The former housewife was 88 years of age, and was identified with the St. James Anglican Church, Morrisburg.

She enjoyed knitting and baking, and followed horse racing because her husband and children were very involved in the sport.

Born March 11, 1908, at Morrisburg, she was the daughter of the late Harry Myers and the former Grace Hunter.

On November 5, 1924, at Ottawa, she was married to Wilfred Zeron, who predeceased her.

She is survived by four sons: Calvin (Edna) of R.R. 1 Morrisburg, Jim (Gail) of Kemptville, Sanford (Doreen) of R.R. 1 Cardinal and Jack (Carolyn) of R.R. 1 Morrisburg; three daughters: Irene Marin of Cardinal, Betty Zeron of R.R. 1 Morrisburg and Carolyn (Mrs. Ernie Belmore) of Ingleside; and sister Vera Covington of Cardinal.

She will also be sadly missed by many grandchildren and great-grandchildren, as well as by nieces and nephews.

Mrs. Zeron was predeceased by sons Charles and Harry, daughters Evelyn Gilson and Marguerite Myers, brothers Donald, Harold and Pat, and by a sister Audrey Merkley.

Friends called at the Marsden and McLaughlin Funeral Home, Iroquois, on Thursday from 2-4 and from 7-9 p.m.

The funeral service was held at the home on Friday, January 3, 1997, at 1 p.m. with Rev. Bill Byers officiating.

Interment followed at St. John's Anglican Cemetery, Iroquois.

Pallbearers were Jim Zeron, Sanford Zeron, Mike Zeron, Charles Farlinger, Alfred Hanes and John Larmour.

Donations to the Heart and Stroke Foundation or to the Winchester Hospital would be appreciated by the family.

Help Wanted

Sales and Service Representatives

We are looking for persons who have the ability to call on our present customers and to establish new ones. Income in direct proportion to person's ability.

For more information . . .

CALL STEPHEN ALDRICH
8:30 a.m. - 9:30 a.m.
613-932-6023

ELECTROLUX

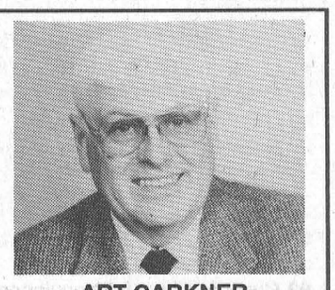
THE CORPORATION OF THE TOWNSHIP OF MATILDA

TOWNSHIP OF MATILDA
NOTICE TO RESIDENTS OF MATILDA TOWNSHIP
RECYCLING SCHEDULE 1997

WEEK OF			
January 6	March 31	June 23	September 15
January 20	April 14	July 7	September 29
February 3	April 28	July 21	October 13
February 17	May 12	August 4	October 27
March 3	May 26	August 18	November 10
March 17	June 9	September 1	November 24
			December 8
			December 22

PLEASE POST IN A CONSPICUOUS PLACE

Buying? Selling? Call ART!
GLORIA FOOT REAL ESTATE
MORRISBURG, ONTARIO



ART CARKNER
Bus: (613) 543-3398
Res: (613) 543-3300

JOHN A. ALLISON REAL ESTATE BROKER
Morrisburg Village Plaza
543-3717

THERE'S NO BETTER TIME TO BECOME A HOME OWNER! And this deal is hard to beat . . . Immaculate, renovated town house, with many upgrades, including carpeting, windows, hardwood floors and more. West end Morrisburg. Must be seen!! $68,000. (5684)

RIVERSIDE HEIGHTS – a great place to raise a family! Five bedroom brick raised bungalow, fully finished on both levels. Two full baths. Detached garage/workshop. Many unique and appealing features. Overlooks parkland, close to Upper Canada Village. $114,500. (5681)

SPACIOUS SOLID BRICK TWO STOREY HOME, with many recent renovations including windows, roof, wiring, plumbing, etc. Tastefully renovated, with main floor family room overlooking lovely rear yard. Lakeshore Drive, Morrisburg $131,900. (5676)

EXCELLENT OLDER HOME, totally renovated, spacious and well decorated throughout. Direct access to the St. Lawrence. Choice deep waterfront, with good boating and swimming. Central Morrisburg location. $289,000. (5672)

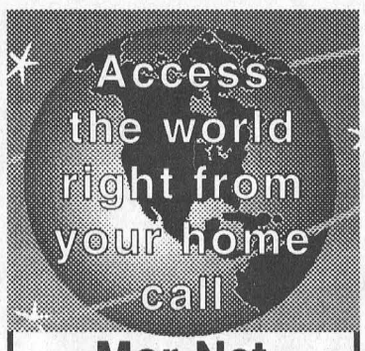
HILL'S MOBILE HOME PARK – Beautifully maintained two bedroom mobile. Central air, gas heat. 12 x 60 unit. $35,000. (5656)

LOOKING FOR RENTAL ACCOMMODATION? We have units available, some with immediate occupancy. Call for details.

Sales Representatives:
John A. Allison 652-1551
Dale Beckstead . 652-4396 Carol Richer 543-3556

ACRES
Winchester
12054 Main St. West
774-2834
1-888-643-1212
Wood, Pellet & Gas Products
• Stoves • Fireplace Inserts
Monthly Payment
$100.00

Need printing? Call The Leader 543-2987



Mor-Net
Communications Inc.
Internet Service Provider
(613) 543-3232
Morrisburg Village Plaza
email ken@mor-net.on.ca
or
Infosafe Networks
Doug Millard
652-2350
Get on line

THE SOUTH DUNDAS CHRISTMAS EXCHANGE

Thank You South Dundas

Because of your generosity 202 families in our community had a happier Christmas.

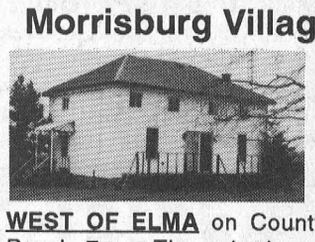
To all individual donors, volunteers and following collective donors we acknowledge your gifts:

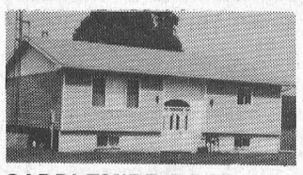
Wheeler's valu-mart; Royal Bank; Christian Community Reformed Church; The Iroquois Chieftain; Morrisburg & District Lions Club; Odonto Corporation; Morrisburg Br. 48 Legion; Williamsburg Legion; Lakeshore Drive United Church; Iroquois Legion; Iroquois United Church; Beavers Dental; Williamsburg United Church; St. Mary's School; The Beer Store; Matilda Pastoral Charge; Iroquois Public School; Catholic Parishes or Morrisburg-Iroquois; Morrisburg Public School; Ross Video; T.R. Leger Alternative School; Banks of Montreal, Morrisburg-Williamsburg-Iroquois; Pentecostal Church; Riverside Women's Institute; Iroquois-Matilda Lions Club; Food Town, Iroquois; Friendly Brothers Lodge - Iroquois; Williamsburg Women's Institute; Elma Public School; Tops Club; St. Peter's Evangelical Church; Seaway District High School; Morrisburg Presbyterian Church; Whitteker's Meat Market; St. Lawrence Evangelical Lutheran Church; Iroquois Presbyterian Church; St. James Anglican Church; St. John's Anglican Church; St. Cecilia's Catholic School; Craig Packaging; Order of Eastern Star - Iroquois; Robertson's Apple Farm; Heather Delage; Alice McEwen; In-Shape Aerobics.

Special thanks to Morrisburg Branch 48 Royal Canadian Legion for their co-operation.

South Dundas Christmas Exchange Committee

THOM REALTY LIMITED REALTOR
Morrisburg Village Plaza 543-3598





WEST OF ELMA on County Road 7 – Three bedroom home, eat-in kitchen, dining room, living room. Lot 400' x 176'. Large machine shed. ASKING $89,900.00 MLS

SADDLEMIRE ROAD east of Williamsburg – Four year old, two bedroom raised bungalow, with open concept living room, patio doors from kitchen and master bedroom. Detached garage. ASKING $89,900.00 MLS

RENTALS – Two commercial units available in the centre mall of the Morrisburg Shopping Centre. Two bedroom Duplex available February 1st.

Karen W. Gorrell – Broker/Owner – Res: 543-3195
John H. Miller – Sales Representative – Res: 543-3195
Charles (Chuck) Barkley – Sales Representative – Res: 448-3660

Registered nurse offers alternative therapy

C. THOMPSON
Leader Staff

MORRISBURG—Hands on Health is a new business venture initiated by Mary MacMillan, registered nurse.

Having worked in a hospital setting in a managerial position for over 30 years, with many years spent as nurse manager at the Cornwall Hotel Dieu Hospital, MacMillan has ventured forth in a new direction.

Recognizing that today people are faced with an overload of stress and are searching for a healthy way to cope with stress, MacMillan returned to school to become more familiar with Alternative approaches to wellness. Since last spring, she has been attending classes at International Academy of Health Sciences in Ottawa, and as a result offers to clientele years of experience in a nursing setting, as well as such modalities as Swedish Massage, Reiki, and Reflexology

Several years ago MacMillan learned Therapeutic Touch, a therapy which is acknowledged by the Ontario College of Nurses. A registered nurse, Delores Kreiger developed the therapy in the Department of Nursing at New York University, and it is now used many hospitals and by nurses in private therapy.

MacMillan says there are two components of alternative therapy. "Touch, the sense of touch is very vital to communication and comfort, it transmits that silent assurance of loving care, and today touch such as massage plays an important role in many natural therapies."

"The flow of energy as well is an important component of these therapies. Eastern cultures believe the flow of energy in the body is a measure of health. If the flow is unbalanced, the person may become ill and the practitioner's touch is meant to transfer positive energy into the client's body, and to balance the flow."

Swedish massage has two components, effleurage or a very light movement, and petrissage, a deeper massage. MacMillan said there are many benefits to massage, for example, improved sleep patterns, increased energy, a decrease in aches and pains, and an overall sense of well-being. "When muscles are chronically tense and overworked, waste products for example lactic acid can accumulate in the muscles causing soreness, stiffness and muscle spasms. By improving elimination, massage helps ease discomfort. Massage can help you relax and stretch tight muscles, improve circulation and alleviate pain."

For some years, Massage therapy has been tainted by two widely spread misconceptions, MacMillan said. "First, this is something shade, practiced in dimly lit parlours, and second, it is a self-indulgence for the rich and famous. But the myths are fading, and massage has gained recognition for its role in helping to improve health.

While Therapeutic Touch does not involve direct touching, "it's a combination of the old 'laying on of hands' and transfer of energy," MacMillan said. "You're not touching the client, you have your hands in close proximity and you're scanning the client. After a while when you've done this, you can sense some blockages and you can clear that away by the gesture, and then you try to balance the energy."

MacMillan said that nurses doing Therapeutic Touch say it helps their clients relax, and eases their anxiety.

Reiki is a similar method in that it works with energy fields and reduces stress. But unlike Therapeutic Touch, a non-touch therapy, Reiki involves "direct hands-on energy exchange, but in a very non-threatening and non-invasive manner," she said. "It's excellent to relieve stress."

Reflexology is based on the principle that each area of the body has a direct reference point in the foot: that by massaging these areas, you bring about improved circulation, elimination of waste and reduction of stress in the body, thus balancing bodliy systems. Thus, while it is primarily a foot treatment, it is not just foot massage.

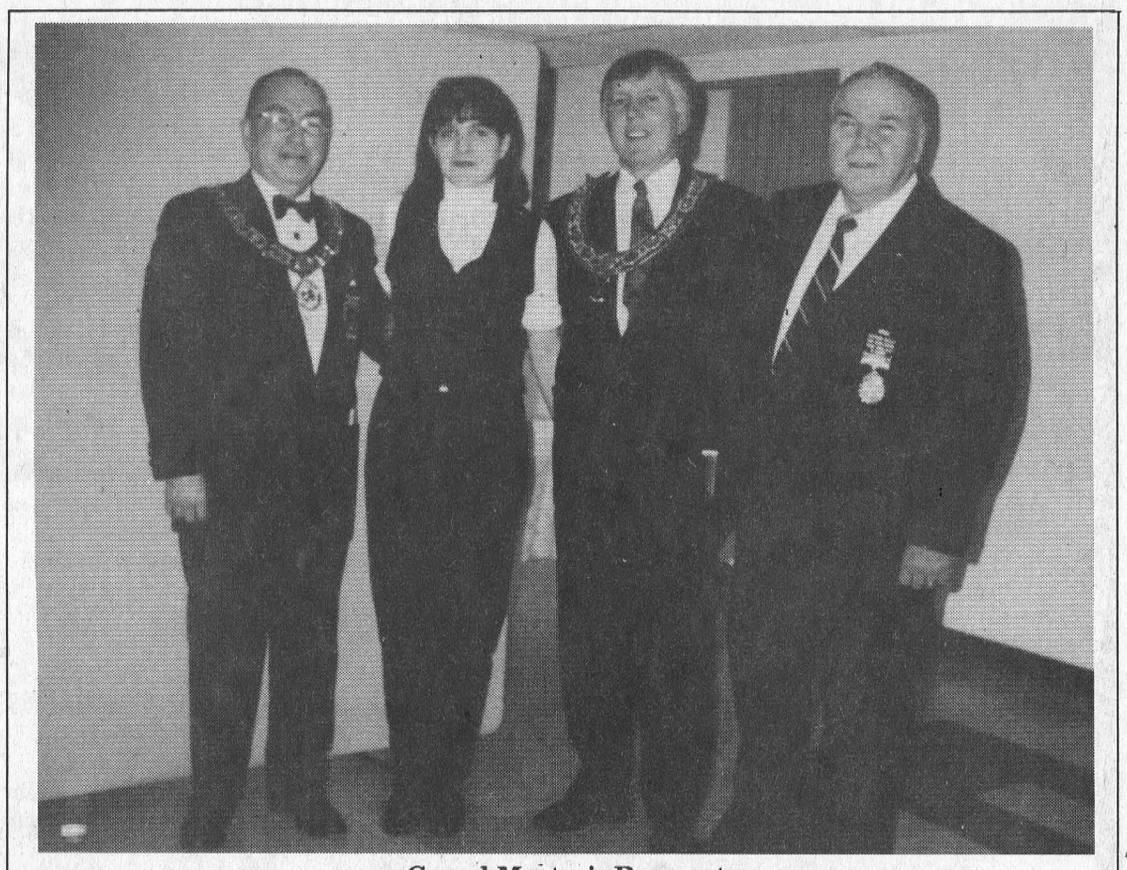
A peaceful atmosphere is part of the treatment and is enhanced by the use of aromatherapy, music, subtle lighting, a warm room and interior decoration. A lit candle aids concentration and has a calming effect.

MacMillan has spoken to various groups regarding these modalities. She has spoken to over 125 volunteers at Hotel Dieu Hospital in Cornwall, at the Annual Volunteer Appreciation dinner. She feels that part of her mandate is to provide inservice to the public regarding Alternative therapies. This will help to dispel any myths and better inform prospective clients of the benefits of these therapies.

MacMillan provides her service to her clients in her home, or in her clients homes, in whichever place they feel more comfortable. She has a portable massage table which she may take into people's homes, if they wish treatment there.

She stresses client confidentiality as part of her mandate as a professional nurse. She also offers gift certificates which makes her service more accessible.

She may be reached at 543-4336.



Grand Master's Banquet
Pictured at the Harmony District banquet in Williamsburg from l-r are Ron Wanamaker, Grand Master of the Grand Lodge of Ontario; Natasha Knight, U.N. student sponsored by I.O.O.F.; John Dalrymple, District Deputy Grand Master of Harmony District I.O.O.F. and Clifford Seeley, Past Grand Master.

no name PRICEFREEZE
PRICES GUARANTEED UNTIL JANUARY 25/97

GRAPEFRUIT JUICE
no name unsweetened 1.36 L btl.
PRICEFREEZE 1.69

GRANOLA CEREAL
HONEY ALMOND
or Fruit & Nut no name 750 g pkg.
PRICEFREEZE 2.39

SOUP MIX
CHICKEN NOODLE
no name pkg. of 4
PRICEFREEZE 1.19

RICE
PARBOILED
or long grain no name
2 kg pkg.
PRICEFREEZE 2.69

PEPPERONI PIZZA
or DELUXE
frozen 4's no name
425 g pkg.
PRICEFREEZE 2.49

MIXED VEGETABLES
CALIFORNIA-STYLE
individually quick frozen carrots, cauliflower and broccoli
no name 1 kg pkg.
PRICEFREEZE 2.49

EGG NOODLES
no name
selected varieties 375 g pkg.
PRICEFREEZE 1.19

PARMESAN CHEESE
GRATED
no name 250 g cont.
PRICEFREEZE 3.29

APPLESAUCE
FANCY
regular or unsweetened
no name 28 oz. jar
PRICEFREEZE 1.49

PUDDINGS
no name
selected flavours
4 x 142 g cont.
PRICEFREEZE 1.49

MARSHMALLOWS
no name
mini
454 g pkg.
PRICEFREEZE 1.39

PRETZEL TWISTS
or STICKS
no name 200 g pkg.
PRICEFREEZE .79

HABITANT SOUP
ready to serve pea, vegetable, ham, chicken noodle, chicken rice or minestrone varieties
28 oz. tin .88

SURF DETERGENT
powder for laundry
regular or lemon scent
3.88 12 L box

ITALPASTA PASTA
or PRIMO PASTA SAUCE
selected varieties
900 g pkg./ 24 oz. tin .88

THURSDAYS ARE DELIVERY DAYS AT
WHEELER'S valu-mart
FREE DELIVERY ON ALL ORDERS OVER $30.00
OPEN MONDAY TO FRIDAY 8:00 A.M. – 9:00 P.M.;
SATURDAY 8:00 A.M. – 6:00 P.M.; SUNDAY 9:00 A.M. – 5:00 P.M.