WINCHESTER PRESS

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Earl Bailey Receives Queen's Silver Jubilee Medal



INKERMAN—Former Mountain Township Clerk-Treasurer Earl Bailey has been awarded a Queen's Silver Jubilee Medal for 27 years of exemplary service.

The medal is intended as an expression of appreciation of exemplary service rendered by the recipients in their various walks of life, and of the esteem in which they are held by their associates.

Mr. Bailey, who has worked with four different reeves, was honoured in July, 1976 by municipal officials for his long service. He retired then but is still a familiar face around the township office.

He was nominated for the medal by the municipality.

He began his association with the township as treasurer in 1948 and in 1969 assumed the position of clerk-treasurer, the first for the township.

Commemorative medals are struck from time to time to mark important anniversaries and other great occasions. The most recent of these events was the centennial of confederation in 1967 and before that a medal was issued at the time of the Queen's Coronation in 1953.

In keeping with the tradition, a medal was created last year to commemorate the 25th anniversary of Her Majesty's reign.

The obverse of the Canadian Silver Jubilee medal carries an effigy of the Queen while the design for the reverse side is the work of the distinguished Canadian medalist, Dora de Pedery Hunt.

The medal, measuring one-and-a-quarter inches in diameter is made from sterling silver and produced by the Royal Canadian Mint.

In order that the list of those honored was representative of all the regions of Canada, agencies of government at the federal, provincial and local levels were invited to propose the names of candidates for the medal.



Scared Skinny

These run for your lifers appear to be in agony by their facial expressions. In the lead are Neal Lachance on the left, Bill Porteous and Jack Alexander.

For more pictures and story see page B7.

Press Photo—Van Bridger

No Fire Alarm

Save Town Hall From Fiery End

Prompt action by fire fighters and the general public averted what could very easily have been a major disaster at Winchester on Tuesday night.

Irwin Reaney, a night shift employee at the Ault plant, was on his way to work when he noticed an orange glow in a second storey window of the building which houses municipal offices, fire station, Ontario Provincial Police offices and the Town Hall. Mr. Reaney raced into the Legion Hall, across the street, to sound the alarm, after learning the alarm system was not functioning.

Town League hockey players arrived on the scene in minutes closely followed by firemen. While waiting for the first fire fighter to arrive Dale Hutt, John Bell and Bill Hutton went into action, removing fire equipment outside and sounding the sirens.

The fire, of undetermined origin, began in the southwest corner, over the stairs leading to the hall, at approximately 11:45. Thanks to all-out co-operation of town residents, Ontario Provincial Police personnel and fire fighters, most of the records and other documents were removed from the building and taken to the community centre.

O.P.P. files were not removed but had been assembled near the door for quick evacuation if and when necessary.

Well trained members of Winchester Fire Department, however, soon had the situation well in hand and damage was limited to mostly smoke and water.

Most extensive damage was in the belfry of the Town Hall. The belfry had in former years been used as a storage area and housed movie cameras, etc. for shows being shown in the auditorium of the building. A careful re-examination of the premises early Wednesday morning convinced office personnel that, following a general clean-up, it will be possible to continue operations.

Clerk Raymond Annable is presently vacationing in Florida but his assistant, Mrs. Ruth McConnell, told the Press that despite rather hectic working conditions, it will be 'business as usual' at the corner of Centre and Main Streets.

Deputy-Reeve Ron Workman, who spent most of the night at the scene, was high in his praise, not only of the efficient fire brigade, but all who willingly offered assistance.

Four Days Of Fun

Winchester's spectacular four-day Winter Carnival opens to-night with everyone invited to enjoy delicious meals at either United or Presbyterian churches. It's being billed as "FARMERS' NIGHT" on the arena when hardy rural people will join their town cousins for an evening of fun. And for the younger generation it's "Disco Time" in the arena hall.

Hockey will feature the Friday program with Dundas 'Old Timers' lacing on blades to teach the 'Hawks' a few fancy tricks. And to get fans in the proper mood, a pre-game special will see an exciting game with the AULTS (farm hands) challenging the HYDRO (poles).

Daytime activity on Saturday will include an early morning Scout Breakfast in the United Church Hall; bed races, snowmobile rally, minor hockey and other outdoor events.

The new Carnival Queen will be crowned in the evening in conjunction with a giant FAMILY FUN NIGHT with something of interest for every taste and every age group.

Following church services on Sunday there'll still be plenty of action before the curtain falls following an afternoon skating party.

Organizers have spent countless hours at planning boards. There are now only two contributing factors that will assure success. One is favourable weather, the other assurance that YOU will be there.

mainline

P.C. Women Plan Luncheon Meeting

Members of the Progressive Conservative Women's Association of Eastern Ontario, District 1, will be holding a luncheon meeting at Westminster Presbyterian Church at 12:00 Noon on Saturday, February 25th. The church is located at 470 Roosevelt Avenue, Ottawa, and guest speakers will be Federal candidates. Those wishing additional information are invited to call Dorothy Short (237-7955).

Area Men On Holstein-Friesian Board

Officers elected for the 1978 term by the Holstein-Friesian Association of Canada include two well known area men. Howard Dodge of Cardinal is president of the Canada-wide organization and serving as one of the Directors is Allison Fawcett of Winchester. A report of the annual meeting also notes that Mr. Fawcett has been confirmed as Judge for the Royal Agricultural Winter Fair.

Accident Claims Life Of Kenmore Woman

One woman is dead and another driver charged with impaired driving following a tragic accident at Kenmore last Monday evening. According to Ontario Provincial Police Mrs. Janet Bowen, 26, was making a left turn into her driveway when she was struck by a car driven by Peter Klassen, 19, also of Kenmore. Mrs. Bowen was driving a 1975 Austin while Klassen was operating a 1971 Chrysler. The accident was investigated by Constable Paul Kendrick of Manotick Detachment.

Tax Tips For Centurians Tonight

Members of Winchester 100 Club, at to-night's (February 16th) regular meeting, will have an opportunity to learn valuable tax tips from three experts. Guest speakers include Jim Currie, G.M. Ward, C.A., and Peter Rowan-Legg. Members are reminded the meeting will be called to order at 7:30 rather than the usual 6:30, to encourage greater attendance at the Carnival Church Suppers. It is hoped all will enjoy the delicious meals served by church ladies and then attend the meeting.

A First For Winchester

Cross-country skiing comes to Winchester for the first time in conjunction with the annual Winter Carnival. Sponsored by the 100 Club the new and exciting sports event has been programmed for Sunday (19th) beginning at 1:00 p.m. Club officials report three beautiful trophies will be presented to winners of the skill-testing competition.

Our Mistake

Last week's Press contained a typographical error about a new taxi service starting in town. Owner Martin Warren's first name was incorrectly spelled "Barton". As well, the Winchester resident was said to hail from Smiths Falls. He's lived here six years.

Approve Dawley Amendment

Planning Board Retracts Statements

By Steve Hummell
Press Staff Reporter

Will the man who made that statement please stand up?

But nobody at Tuesday's North Dundas Planning Board meeting seemed to know who made the questionable remarks at the last meeting about a proposed amendment to the official plan by township resident Basil Dawley.

And under fire from Dawley, the board approved a motion retracting the statement attributed to board members in last week's Winchester Press.

Discussion of the amendment prompted a remark that Mr. Dawley is already contravening the official plan with the operation of a garage on land designated rural, the story said.

"The board agrees, that contrary to what was reported in the Winchester Press the building permit issued to Basil Dawley to construct a garage on lot 1, concession 6, township of Winchester, was in conformity with the North Dundas official plan", says the motion.

Although the press was criticized by several board members, including former Township Reeve Cecil MacNabb and Harold Sharkey of Chesterville, board chairman Elwood Coons and secretary Glen MacGregor insisted that the remarks were made at the previous meeting.

MacNabb, who was Reeve when the building permit was issued, demanded a retraction be printed. The story also said that while board members agreed a building permit should not have been issued until the property had been redesignated and rezoned, they critized the practice of building first and obtaining amendments later.

But it was made clear at the meeting by Mr. Dawley that the township council issued the building permit correctly in compliance with the North Dundas official plan. The garage - D and J Motors - is owned by Doug Angus.

DAWLEY AMENDMENT APPROVED

The board approved the amendment redesignating about 9 acres just west of Winchester from rural to industrial to make way for an 18-lot industrial park.

Dawley's application was deferred previously because more information was required.

The industrial park will be made up of half-acre lots and is designed for light industry. The parcel has access to a county road west of Winchester and to the village water supply, although no negotiations with the village have taken place.

There will be a public meeting on March 1 at the township offices to discuss the amendment. Public objections can be heard then.

Dawley assured board members that suitable industries will be sought to enhance rather than detract from the area's appearance.

BOARD CHANGES SPARKED

The problem between the board and Dawley prompted board policy changes. Dawley told the board that he was not aware that a personal appearance with his application for zone change would have facilitated the process.

The board previously wanted more information about the application so approval was withheld.

A motion was approved requiring people to appear personally, or be represented, when their applications are reviewed by the board. Also, special forms will be supplied to the public for requested changes.

The changes were suggested by board member Fred Coons from Chesterville.

"This points to the need for a formal application", he said. "The public doesn't know what we require...."

Board chairman Elwood Coons agreed: "it would bring some order to the thing".

Township Wants Taxes From Proposed School

MORRISBURG—Location of a million dollar marine training school near here may be complicated by Williamsburg Township Council's reluctance to approve a necessary zoning change without getting a piece of the assessment.

Reeve Johnny Whitteker said Monday municipal lawyers are attempting to determine if the proposed school will be exempt from municipal taxes as the Ontario Municipal Act outlines for educational institutions.

"We're not against them coming in but if we can't get taxes there's not much sense of them coming," said Whitteker. For the school to locate here the land must be rezoned from industrial to institutional.

He said the township now receives $1,300 in taxes annually from the present property owner, Dupont of Canada Ltd. The company has agreed to sell the parcel of land, located along the St. Lawrence River in the Nash Creek area, for $25,000.

Morrisburg's Industrial Commission has been negotiating with the International Seafarers' Union in Montreal and the landowners for almost a year in attempts to swing the deal.

The training school site is along the Nash Creek just outside the village limits. A municipal spokesman from Morrisburg said the village has agreed to provide services to the facility if it goes ahead.

He said it's possible that the shipping interests can bypass Winchester Township Council and apply directly to the Ontario Municipal Board for the zoning change. However, that could hamper later negotiations for services with the Township Council. Although Morrisburg has agreed to provide services, details of an arrangement would have to be negotiated with the Township Council.

The proposed training institute will teach all aspects of seamanship in six to eight week long courses.

This Week

EDUCATION: *Retiring superintendent of schools for the Stormont, Dundas and Glengarry Board, Hugh Hutchison, reflects on a lifetime career in education.....page B1*

HEALTH: *A dozen Winchester and area men are running for their lives. To find out why, see story and photo coverage..... page B7*



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Cancer Drive

Winchester Objective $4,412

A 1978 goal of $7.8 million has been set by the Ontario Division of the Canadian Cancer Society. The objective of the Winchester Branch is $4,412.

The money raised will be used to finance programmes in public education and service to patients.

Over 600 delegates from the Canadian Cancer Society attended a two-day conference for campaign publicity and treasurers in Toronto January 21 and 22, 1978. The conference was designed to help volunteers organize for the April fund-raising drive.

Mr. Bill McDonald, Unit Campaign Chairman said, "I am confident that with the knowledge and inspiration gained from this conference and with the strong record of co-operation that we have experienced in our community of Winchester in the past, we will be able to reach our 1978 objective of $4,412.

"Defeating cancer is a community responsibility and every citizen can share in the fight against the disease by supporting cancer research."

The weekend sessions, having as a theme "Cancer Can Be Beaten — What's It Worth To You" highlighted the Cancer Society's work in education, publicity and service to patients through films, video tapes, slide presentations and panel discussions.

For more information contact: Carol Bayne, telephone: 543-3403.

Recent Births

FREELAND—Allan and Elaine happily announce the birth of their daughter Tracy Ann on Thursday, February 2nd, 1978 at Riverside Hospital, Ottawa. A little sister for Timmy.

The following are the recent births at the Winchester District Memorial Hospital.

On Friday, February 10, 1978, to Mr. and Mrs. Bernard St. Denis, Moose Creek, Ontario, a daughter.

On Monday, February 13, 1978, to Mr. and Mrs. Gerard Jaeger, Box 561, Chesterville, Ontario, a son.



Mrs. Mernie Short

Sisters Graduate

Mrs. Mernie Short and Mrs. Wilma Vriesuyk, daughters of Mrs. George Angus and the late Mr. Angus both graduated recently. Mrs. Short from Carleton University with a Bachelor of Arts Degree and Mrs. Vriesuyk from Laurentian University where she majored in sociology.

Mrs. Short is presently teaching Grade 1 at Inkerman Public School while her sister is employed by Muskoka Board of Education and teaches primary home economics at D. M. Head School for retarded children.

Children's Hospital Hosts Conference

Members of Winchester District Memorial Hospital Auxiliary were advised at their last meeting that the Spring Conference will take place this year at Ottawa's Civic Centre on April 13th. The conference will be hosted by The Children's Hospital of Eastern Ontario Auxiliary and included on the program will be a tour of the hospital.

Members were also reminded the District Meeting has been advanced to April 6th.

The well-attended meeting was chaired by president Mrs. Irene Wallace and Mrs. Evelyn McCartney, chairman of the family lounge committee, reported that furnishing of the lounge has been completed. Members thanked Mrs. McCartney and her committee for their efforts in providing a comfortable room that will be much appreciated by relatives and friends of those receiving hospital treatment.

Hospital Administrator Bert Stel thanked the Auxiliary for help in connection with the 'Open Day' on January 28th.

UCW To Hold Thankoffering

The February meeting of Winchester U.C.W. members was conducted on the theme "God's Wondrous Love" which was ably presented by Mrs. Keith Renwick and Mrs. John Pollock. The Scripture lesson was from Corinthians followed by the timely verse:

The love in your heart was not put there to stay;
Love is not love till you give it away.

Mrs. Joyce Francis, president, welcomed members and opened the meeting with a short prayer. Various reports were submitted including plans for the Winter Carnival dinner on February 16th. Members were reminded the Thankoffering meeting will be on March 9th when Mrs. Lillian Allison, Presbyterial President, will be guest speaker. It was also noted a bazaar and tea is being planned for October 21st.

Mrs. N.P. Armstrong, Outreach Secretary, requested members to bring garden seeds to the Thankoffering meeting. The seeds will then be sent to the Far East to help people in those areas to grow their own food.

It was noted the World Day of Prayer service will be at St. Paul's Presbyterian Church on March 3rd beginning at 2:00 p.m. when guest speaker will be Mrs. Scanlon.

Following adjournment Mrs. J.E. Davidson and her committee served a light lunch and Mrs. Maxted thanked members for their dedication.

Mrs. Francis closed the meeting with benediction.



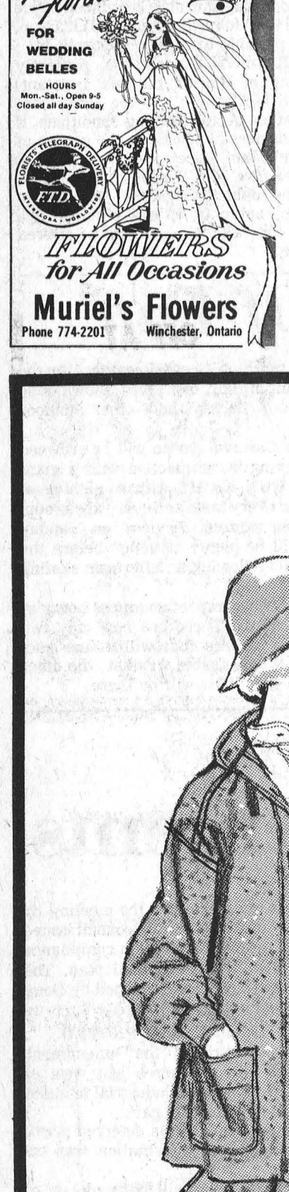
Suzanne is pictured accepting her most recent decoration. Left to right are: Mrs. Coletti, Suzanne, Mrs. Doyle and Mrs. Holtenby. Press Photo—Rowan

Suzanne Doyle Receives Canada Cord

On Thursday, February 2, 1978, 1st Metcalfe Co. and friends honoured Suzanne Doyle as she was presented with her Canada Cord. In the Guide program there are many badges which a Guide can earn. The badges are grouped together into emblems. When she has earned several badges in one area such as camping, crafts, or homemaking, a Guide earns the right to wear that emblem. In earning her Canada Cord Suzanne has, among other requirements, earned five emblems and carried out a substantial service project of her own choosing.

The presentation was made in a candlelight ceremony. Accompanied by her sister Lisa, Suzanne lit five candles representing parts of her life as a Girl Guide. The first candle was for the light of Guiding, the second for the promise and law, the third for the motto "Be Prepared", the fourth for badge work, and the fifth for service. The Canada Cord was presented by her mother and the Canada Cord Pin by her teacher, Mrs. Coletti.

After the ceremony, the Guides and special guests enjoyed pictures taken by Division Commissioner Mrs. Jean Griffin, at the International Camp on Cape Breton Island last summer.



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Elect New Slate

Explore Roles In God's Mission

"The local church in God's Mission" was the theme of the Annual Meeting of the Brockville Presbyterial Women's Missionary Society (W.D.) held in First Presbyterian Church, Brockville, Ontario.

President, Mrs. John Gray of Kemptville, chaired the meeting with each auxiliary taking a part.

The morning session was devoted to reports in which the work of the Society in 1977 was reviewed.

To begin the afternoon session both the Presbyterial and Presbytery members heard a presentation on human sexuality in our schools. The grade school teacher explained a new curriculum on which she is working which sounds like an excellent program. The high school teacher from a Physical and Health Education Department introduced human sexuality as part of the Department's program.

In both presentations, contact with the parents and the community at large was stressed.

Following this address, the women of the Presbyterial heard Miss Sandra Estabrook speak of the work being done in a Community House in Ottawa in which she is involved. She defined Community House as being a group of Christian people opening up their houses for people in trouble.

She chose the Bible passage John 13:1-17 where it is told of Jesus washing the feet of the disciples, giving them a real example of serving, to introduce her theme "Share your life in the name of Jesus." If we share love with one another, then people will see and know that our Christianity and faith are real. People are hurting and in need of seeing this love.

Miss Estabrook said that the people living in the Community House where she lives and counsels, have taught her how to practice her Christianity. Too often our faith is as a protective shield; we hide behind our hymnbooks in our comfortable church and hope and pray that the outside needs and problems will go away. But Jesus said, if you want to be my followers, you have to be where pain is. Those at the Community House are trying to live and share their Christianity.

Mrs. L. Cowper of Spencerville installed the new officers, the executive for 1978 being as follows:

President - Mrs. John Gray, Kemptville; First Vice-president - Mrs. Douglas Hunter, Morewood; Second Vice - Mrs. L. Cowper, Spencerville; Recording Secretary - Mrs. Bruce Morrison, Chesterville; Corresponding Secretary ; Mrs. Arnold Davidson, Kemptville; Treasurer - Mrs. Lorne Feeley, Chesterville; Secretary for adult groups - Mrs. Gordon Blow, South Mountain.

Secretaries responsible for: Youth Groups and Children's Groups - Mrs. Charles Farlinger, Morrisburg; Associate Members - Mrs. Frank Dobbie, Spencerville; Friendship & Service - Mrs. Newton Reid, Prescott; Literature - Miss Heather Moodie, Chesterville; Glad Tidings - Mrs. Wilfred Dickey, Mallorytown; Press - Mrs. Donald Messenger, Kemptville; Supply - Mrs. Crozier, Westport; Life Membership - Mrs. John Clark, Mountain; Historian - Mrs. James Kennedy, Spencerville; Member without portfolio - Mrs. Harold Graham, Mountain.

Upcoming events are the March Executive to be held in Spencerville and the May Rally being hosted by the Kemptville Auxiliary.

Williamsburg Social Notes

Euchre will be held in the I.O.O.F. Hall in Brinston on Friday, February 17, 1978, at 8:30 p.m. Everyone welcome.

Mr. and Mrs. Keith Beckstead were dinner guests on Sunday with Mr. and Mrs. Jerry Nelson of South Mountain.

Mr. Barry Beckstead and Judy Thompson spent the weekend with Mr. and Mrs. Don Scobie in Brockville.

Recent callers at the home of Mrs. John Erratt were Mr. and Mrs. James Fulton of Hulbert and Gerald Erratt of Morrisburg.

Love — UCW Theme

Mrs. Hugh Thompson and Miss Catherine Wilson welcomed sixteen U.C.W. members and two visitors to their home for the regular meeting of Williamsburg United Church Women on Wednesday, February 8th.

The theme of the meeting was Love. Mrs. L. Hogoboam and Miss B. Saddlemire convened the worship service, Scripture readings, prayers and hymns chosen all pointed out and emphasized the many meanings of the word Love.

The President and Secretary presided over the business session. Roll call was answered by donating an apron to be sold at the bazaar. Correspondence was dealt with. The buying committee reported that a vacuum cleaner had been purchased. Several ladies had visited sick and shut-ins.

A date was chosen for the annual supper and bazaar, it will be held on Wednesday, November 1st, 1978 in the Church Hall.

The World Day of Prayer will be observed in St. Peter's Lutheran Church, Williamsburg, March 3rd at 2 p.m. Mr. Eric Rosenquist will be the guest speaker, congregations from Dunbar, Elma Colquhoun and other Williamsburg churches will join in this service.

A children's workshop will be presented in Williamsburg church hall on Friday, February 17th. U.C.W. members will furnish supper for those attending. The members decided to buy some recording equipment for use in various church activities and programs. The meeting closed with the Benediction and a pleasant social hour was spent and much enjoyed by all.

Winchester Springs

Mr. and Mrs. Allen Davidson of Ottawa spent Sunday afternoon and evening with Mrs. Muriel Davidson and Mr. and Mrs. Eric H. Steele.

Mrs. R. Verhey has returned home from a trip to the Hawaiian Islands.

Mrs. K. Leyenaar, Mr. and Mrs. Claude Ropers, Dalton Robinson, and Mrs. Ralph Kirkwood were callers of Mrs. T.J. Keyes at Winchester.

Miss M. Casselman and Mr. John Casselman of Finch were visitors recently of Mr. and Mrs. Denzil Robinson.

Mr. and Mrs. George McIntosh were guests of friends at Foster, Quebec, during the weekend.

Mrs. Ralph Kirkwood is spending a few days with Mr. and Mrs. Robert at Brampton. Jeremy Scott returned home after spending some time with his grandparents here.

Hail Spring

As assuredly as the first crocus will poke its head out to receive the warm blessings of the sun...spring is just around the corner....

Think Spring -
Think Natural.
Think Soft.
Think Earthy.

The spring line of fashions reflect this tone.

See them now.

NEW CLOTHING AND ACCESSORIES ARRIVING DAILY.

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PHONE 448-2328

Re: Parent-Teacher Interviews

We Are Pleased
To Announce That Our Second
Parent-Teacher Interview Night
For The School Year
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TUESDAY,
FEB. 21, 1978
7:00 to 9:00 p.m.

It's T-Shirt Week!
Lesson on T-Shirts FEBRUARY 25th 1:30 - 3:30. Ideas for all family members.
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Open Letter

Information Re: Ambulance Service

February 14, 1978

Winchester Press
Winchester, Ontario

To The Editor:

In the past week there has been questions raised by municipal government as to the availability of ambulance service in our community.

As manager of the district's ambulance service it is my responsibility to ensure reasonable ambulance coverage for the areas of Winchester, Morrisburg and Prescott.

It is evident from the information I have heard and read that some of our communities are ignorant as to the availability of this service in their community and that of areas around them with which to equate quantity and quality.

It would be of enormous service to all if through you and your paper the following information be communicated.

1. The communities of Winchester, Morrisburg, Prescott and their areas have a local number to call 24 hours a day, seven days a week; when an ambulance is required. These telephone numbers are:

Winchester - 774-2123
Morrisburg - 543-2244
Prescott - 925-2925

All of these lines are answered at a central dispatch located in Morrisburg. It is important to note that the Winchester caller would call the local number for his-her area and that it is NOT long distance.

Why a central dispatch and not a local dispatch?

By having one dispatcher responsible for a number of ambulances the communities receive better coverage for example:

(a) The Winchester ambulance is out on a call; the dispatcher now takes steps to place a second ambulance available to cover that area until the first ambulance has returned. This is important when there is just the one ambulance.

(b) Better use is made of all ambulances in the area because one man has central control over them than could be expected if each area controlled their ambulance. This can place an ambulance passing in the area empty in a good position to respond to a call that one ambulance may be five minutes away from.

(c) The financial cost of having duplication of radio base station, staff for 24 hours, 7 days a week, and repair cost to name but some would increase the cost of operating. Those extra dollars are instead invested in staff, vehicle, and equipment; yet efficiency is maintained.

2. If I call for an ambulance will my local ambulance come?

Yes! Your ambulance is available to you 24 hours a day, seven days a week. If it is out on a call the second ambulance that was moved closer to you would be sent.

3. Why then is it that some times on afternoon, midnights and weekends there are no ambulance personnel at the ambulance base?

On the afternoon (4 p.m. to 12 midnight), midnight (12 midnight to 8 a.m.) and weekends our ambulance personnel are available from their homes. While at home they are on pagers and if they are needed they are quickly available.

These people live in the village or town. Those living just out of town while on duty stay at the ambulance base or in the village or town.

This is not an uncommon practise and is seen in various ways - i.e. Brockville and Cornwall have each three vehicles. All of these have crews on the day shift. On the afternoon they only operate two and on midnight only one. The area they serve does not reduce on these various shifts. A similar reduction of available amublances is done in Ottawa and so on.

We at Seaway keep our ambulance going all the time but our employees are not always at the base.

4. Will I wait 25 to 30 minutes for an ambulance if I need one?

It depends on a number of reasons as to how long you will wait. Some are:

(a) How far do you live from the ambulance base?

(b) Can you tell the dispatcher exactly where you live? It is surprising how some people find it hard to give the dispatcher directions on how to get to their place. Nicknames for streets or small areas not recorded on our maps are impossible for us to locate. Sometimes the caller will include that their name is on the mail box but they forget the last time it was painted was ten years ago and the weather has erased it.

(c) Did you wait 10 to 15 minutes after you were hurt to call for the ambulance?

If so don't include that time in the total minutes you waited. Three ambulance calls being questioned by one area indicates waiting 25 to 30 minutes. Our dispatch is required by law to indicate on special forms the times an ambulance is moved, for example:

After the dispatcher has spoken with the caller he writes the time on the form. When the ambulance crew has been notified he writes down the time. When the ambulance leaves the base....and so on. The three ambulance calls show from the time the dispatcher got the call; until it arrived to patient was as follows -

5 minutes on one
12 minutes on the second
12 minutes on the third

We appreciate and understand that in such situations a minute can seem like 10 minutes. We have those same feelings; or when the ambulance is in a hurry they have their light and siren going and some drivers will not get out of the way; or the weather is bad and it is not safe to do better.

There is so much more that needs to be said so that all have knowledge of how the ambulance system works for you. If you belong to a group, organization, school or senior citizens and you have questions or you would like to know more; I am always available to meet with you and your group or you alone. You should make it your duty to know more.

Another important point to remember is that as ambulance personnel we are bound by the Confidentiality Act. This prevents us from giving information pertaining to a call in our defense to allegations made except to proper officials. We are, however, human and when wrongly accused it hurts. There are some occasions where delays occur and these are quickly investigated by us. It does not hurt also to realize that there are many other serious calls that your local ambulance responds to with great efficiency. To recognize them for the fractured legs they've splinted; wounds they've dressed or bleeding they've stopped would not hurt and from time to time publicly acknowledge they do a good job.

In closing I would like to share the philosophy that we try daily to live by:

As ours is a public service and that we desire to render the best service and care to the public we serve, it is the responsibility of all concerned to give of themselves to the improvement and development of all. Team work at all levels must be achieved and maintained so that as one we may work together in the relief of pain and in the transportation of the sick and injured.

Yours very truly,

Claude R. Delorme
Manager

St. James United Reviews Progressive Year

At the annual meeting of St. James United Church, Osgoode, reports from various organizations and groups showed a church at work and alive.

From worship service, Sunday school and nursery school on Sunday to Group, Board, U.C.W., meetings and choir practice in the evenings to the Drop In Centre throughout the week in daytime the building is a Beehive of activities.

Sunday school continues to be self-supporting and has a full staff of teachers and a full schedule throughout the year. The picnic in June served a double duty combined worship service with Trinity of Kars, followed by food and fun at Baxter's Conservation Park. The year closed with the annual Christmas concert.

From our Church School comes our Junior Choir, which over a number of years has continued to grow, and bring to the congregation such delight the first Sunday of each month. Our appreciation goes out to Bev Phillips and Myrna Edgar for their leadership in this work.

A vacational Bible School for the village children was organized after a lapse of a number of years, under the leadership of our Minister Tom Sherwood. Appreciation to Ruth Morrison and Noreen Empey from sister churches for their assistance.

The Youth Group met for discussions, entertainment planning and the preparation of Christmas plays. Two Christmas plays were presented under the direction of Mrs. Joan Slaughter, entitled "The Innkeeper's Lament" and Inasmuch".

Clergy Services were shared in July and August by our ministers Rev. Tom Sherwood of St. James United and Rev. Jack Truman, St. Paul's Anglican.

Our Anniversary Services were held in October with Rev. John K. Swift and Rev. Jack Truman as guest speakers. Music was supplied by the "Harmony Six".

Not the least to mention our Fall Church Supper which was a success as usual.

Senior Royalty

Members of the Greely Friendship Club this week are saddened by the sudden passing of one of their members, Willis McRostie. At the recent carnival, the members chose a Carnival Queen and a Carnival King. Mr. McRostie was the member crowned as Carnival King.

Mr. and Mrs. McRostie were quite regular in attendance at the club dinners and he will be sorely missed.

The sympathy of all the club members and in fact of the whole community goes out to the McRostie family in their sad bereavement.



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Russell Lions Club Winter Carnival 1978
Thursday, Feb. 23
Russell Community Centre
8:30 p.m.
ADMISSION $1.50 Door Prizes



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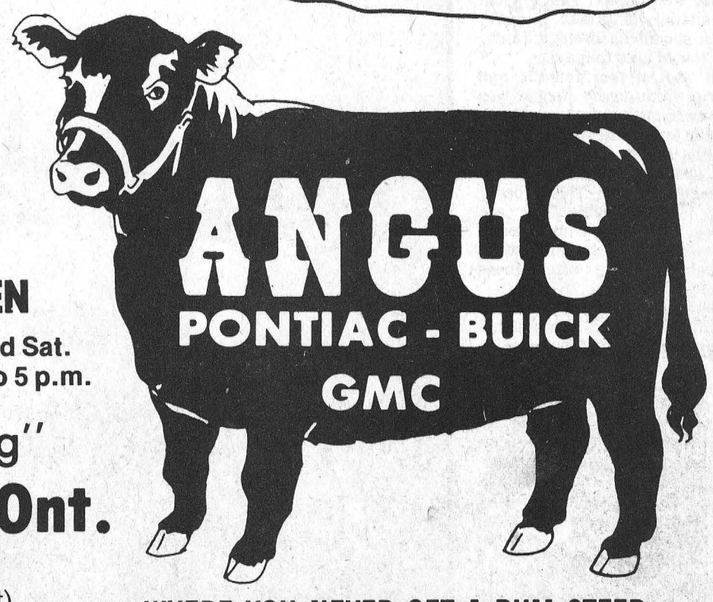
24 - 30 - 36 month leases available


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editorials...

the way we see it

The Saints Come Marching In

Mr. Speaker James Jerome, at press time, was still weighing the pros and cons of a request that Liberal convention delegates be allowed the use of one of those ancient halls on Parliament Hill for an evening of fun. If one is to believe all one reads then it would seem all that proverbial 'Hell' broke loose when the suggestion was aired in the House of Commons. As one might anticipate, it was a time for those 'Saints' to 'Come Marching In', expressing horror and shock at the very thought of ordinary people being allowed to desecrate those hallowed halls with laughter, song — and who knows just possibly someone having the audacity to 'bend an elbow'.

Well you can bet the dollar you should have put in the collection basket last Sunday that over the years the raging waters of the Ottawa River have drowned many sounds other than the knowledgeable policy-making murmurs of esteemed Members. And you can also bet those sounds emanating from the lofty chandeliered marble corridors were not created by angelic voices participating in a hymn sing. Let's face facts. Those huge stone architectural wonders, that once stood out against the skyline of our Capital City, have seen many strange sights, and it's no secret politicians, regardless of party affiliation, have on many occasions used those great halls for celebration and merriment — And why, for Heaven's sake, shouldn't they? Those marble pillars have on many occasions seen liquor flowing freely; have trembled as great bands played and dancers revelled; and don't be shocked if you learn that since Confederation some of the nation's greatest statesmen used just such an atmosphere to find release from pressures of the day.

Members of the Press Gallery stage regular parties on the 'Hill', and as columnist Charles Lynch points out, such fun events have been going on for "100 years and more". And Mr. Lynch further stuns those 'Saints' by reporting that such revelries are attended by prime ministers, leaders of opposition and governor-generals. Lynch, whimsically reviewing some of those parties, notes that programs have included the presence of live caribou; a 40-foot mural of Gerta Munsinger, clad only in a cape of the Parliamentary Guide; and a replica of the famous Trudeau pool complete with 1,700 gallons of water. "There have been," he writes, "streakers, fistfights and people going home in bare feet."

Viewing the controversy from out here in "grass roots" country one has to assume that some lofty politicians favour discrimination — partying for V.I.P.'s only. Sorry, we can't agree! The Parliament Buildings belong to the people of Canada and the majority of Canadians go through life without ever having set foot inside those massive doors. Delegates arrive from all provinces at convention time and a 'good times night', such as suggested by the Liberals, would give these men and women from all walks of life an opportunity to visit 'their' building.

So let's 'take down the bars' at the hill 'gate' at Liberal convention time — and again for the Tories — and again for the N.D.P.'s.



A Sunny Column

By Bill Smiley

This week, for a change, I'd like to write a nice, warm, sunny column, after bleating piteously in the last one about our dreadful Canadian winters.

It's difficult. There's a raging blizzard howling around the house. The wind moans, then wails, then shrieks in frustration as it can't quite knock down the sturdy brick structure.

If I'd been like the first two little pigs, my dwelling would be flat by now, and I'd be bowling across the fields like a tumbling tumbleweed.

Couldn't make it to work this morning. Managed to get the old '67 Dodge started, barrelled through a drift onto the road, couldn't make the hill, backed down, got stuck while turning, was pushed out, went the long way around, drove for a bit in pure whiteouts, finally put my tail between my legs, or came to my senses, crept home, rammed the old buggy into a drift, and dived into the house.

My crazy wife, booted and scarved and helmeted, was just starting off for the eye doctor's, five blocks away. She thinks I make too much fuss about the weather, mainly because she stays in when it's dirty, and I'm the one who digs the car out every morning.

I told her to go ahead, but I wasn't driving her down. She stepped out the back door, in the lee of the house, and declared it wasn't bad at all, that she'd walk, implying by tone and expression that I was a big chicken, and that she, raised on a farm, was of the real pioneer stock who didn't let a little forty-mile wind bother them.

"Go ahead. Enjoy," I suggested. She stuck her nose in the air, sailed out the back walk, got to the corner, turned purple and almost went flying off like a seagull caught in a squall.

When she crawled back in, panting, I said it might be a good idea to call the doctor. She did and learned that he, sensible man, had started for town, turned around and gone home for the day, and all appointments were cancelled.

If she'd tried to make it to his office and back, we'd have found her dead in a drift, in about three days.

From my second-floor window, the only one that isn't frosted over, I watch the show. One bewildered bird, tail blown inside out, goes by on the wind like an arrow, slams into a tree, grasps a branch, is caught again by the monster and tossed out of sight into the spindrift. Must be some sort of a miniature turkey, who didn't know enough to go south with the rest of the folks, and thinks he has it soft because somebody is gorging him daily at a feeder.

Wham! Thunk one of the shutters has torn loose, swings open against the window frame, then slams back against the brick wall. This goes on at irregular intervals all day. My wife knows perfectly well that when the wind dies, the shutter will be in the half-closed position, a real eyesore, and that nobody is going to wade through that snow with a ladder and fasten it back.

I gently remind her that the same shutter blew off completely last winter, and lay near the front steps until well into September before being put back up.

"Rrowrr!" There goes a snowmobile, hell-for-leather, with someone who thinks he's Captain Marvel at the wheel. If somebody comes out of a sidestreet, that embryonic Evel Knievel will go straight into him at forty miles an hour. Oh, well. One less.

No cars about now, after a few idiots tried to make the hill, and wound up backing ignominiously down.

There goes the oil truck, lumbering through. Wish I owned about four of those and I'd be sitting in my southern condominium right now, chortling as I waited for the mail to arrive so I could count my cheques.

Taxi company has obviously taken the phone off the hook. Don't blame them. Send a driver out for a dollar and a half call to some crazy old lady who wants to go shopping, and wind up with a $15 towing bill.

There goes another tow truck. They're having a field day. And they can have it. I'm happy, sitting snugly at home, waiting for the soup to boil. Called the school. Hardly anybody there. But we teachers are like the Pony Express. We're supposed to get through. I could walk. It's only a mile, uphill, and I'd probably only get a heart attack or pneumonia. They'll probably dock me a day's pay for not trying to get through in my car and going in the ditch or running down a pedestrian.

There's that poor devil down the street, shovelling. Every time I look out this window, he's shovelling, tirelessly. Can never be sure he's real. More like a ghost who has been assigned this job for eternity, instead of coal in

Continued Page 12

Letters to the Editor...

December 28, 1977

Dear Editor,

I am presently incarcerated in a Federal Institution and have lost all contact with the outside world. Would you please help me by publishing this letter in your newspaper, so maybe one of your readers will see it and want to write me. It is very lonely for me here in prison and one letter from your readers would brighten-up my lonely days.

My name is Richard Hughes, I'm 28, 6'1'', 190 lbs., brown hair and brown eyes. I enjoy camping, travelling, photography, music and all sports.

Thank you for taking time out of your busy day to read my letter.

Sincerely,

Richard Hughes,
No. 33123-138 Box 1000,
Oxford, Wisconsin.
53952

February 13, 1978.
R.R. 2, Edwards, Ont.

Editor,
Winchester Press,
Winchester, Ontario.

Last week there was a great degradation of public property which should be brought to the attention of area taxpayers.

The roof of the Metcalfe and District Community Centre was allowed to accumulate a build-up of snow and ice to such a degree that the safety of both building and sports enthusiasts inside were endangered. This type of thing is inexcusable! We are supposed to have a committee of representatives who are knowledgeable looking after these matters.

The arena was closed and the committee offered professional advice and-or help in order to safely remove this build-up. They chose to ignore the warnings that the roof could very easily be damaged by unskilled and inexperienced workmen. The roof, constructed of siporex slab, although offering the two fold feature of an insulation and roof deck, is a soft type material and easily damaged. Of this, the committee was fully aware. I understand this particular type of decking is no longer available in our area and will have to be imported at considerable cost.

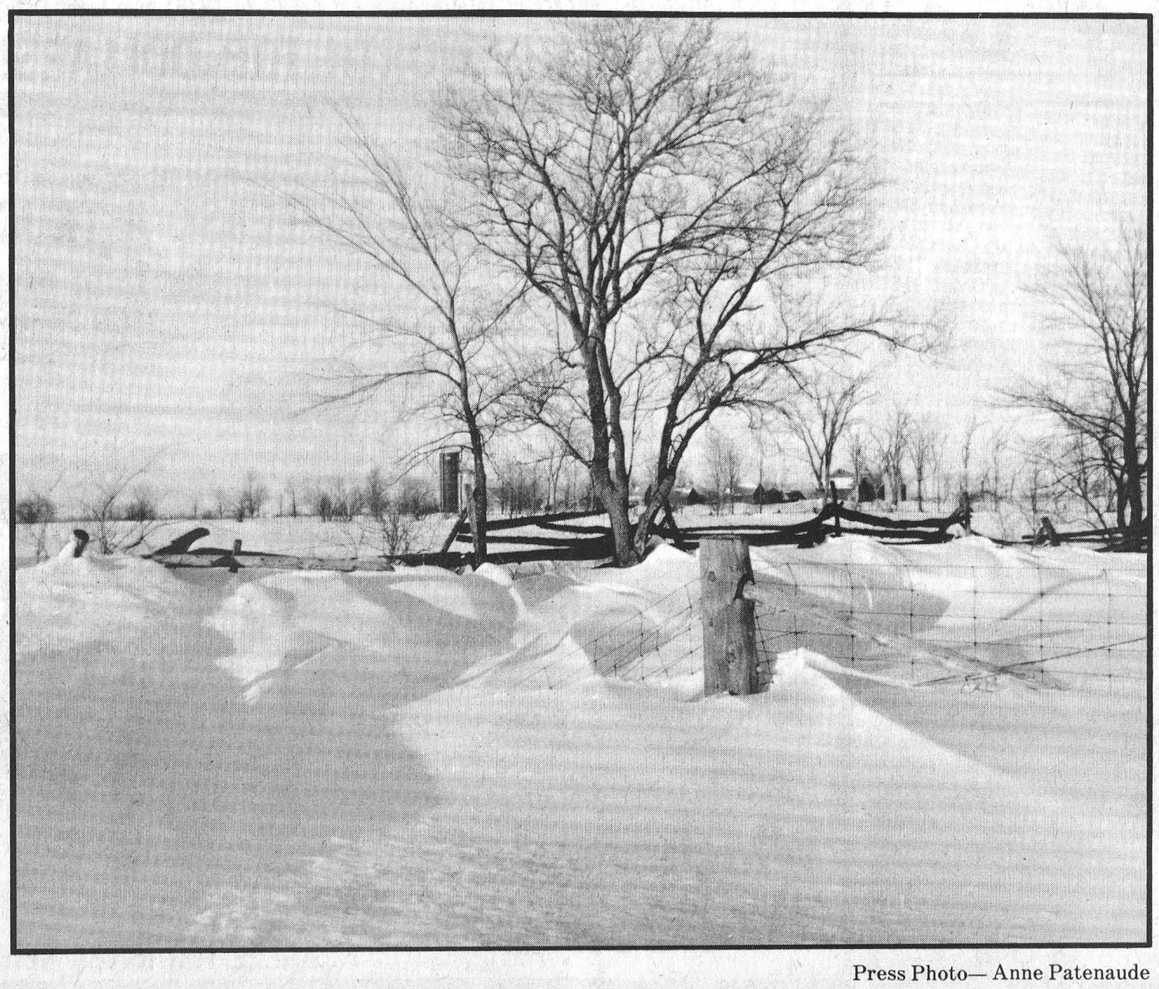
The workmen on this removal site were not only, in a majority, unskilled but were young area people and not covered by compensation should any have met with a personal injury. This could have resulted in even greater financial responsibility.

We have now endured the loss of one week's ice time, but what will happen to the ice surface below when water starts dripping, even pouring through the many large holes which were chopped through the roof? Had the committee hired a responsible roofing firm, the cost would have been minimal compared to the expense and inconvenience to repair this damage.

I am fully aware these men donate their time to the community but when they deliberately ignore facts such as were presented to them, it does make one question their competency in supervising public expenditures. It is inexcusable and infuriating to have the taxpayers funds mismanaged in this way. The cost which will now be incurred should surely raise a few questions in the minds of the people.

Yours truly,

Sterling Morrison.



Press Photo— Anne Patenaude

7th column

By Joe Rowan

Thanks to Don Erwin we have on our desk this week a copy of THE MOUNTAIN HERALD, dated February 15th, 1906 — 72 years ago — and sure enough, even then, those in public life were under extreme pressure. True the R.C.M.P. was not under scrutiny in Mountain Township in those early days of the twentieth century, nor was there even a trace of scandal. But hanged if there wasn't just a hint of blackmail. Strange as it may sound, a Mr. H. had been elected to Council, but his failure to resign his seat on the school board placed his new post in jeopardy. He was, however, assured this discrepancy would be overlooked providing he used his new position to support the 'temperance people'. He refused; his election was nullified; a few days later he was re-nominated; a new election day was set — and if someone has a copy of THE MOUNTAIN HERALD, dated February 29th, 1906, please tell us if Mr. H. was re-elected.

Life insurance representatives are already eyeing Winchester as a possible 'Utopia'. It's common knowledge insurance companies don't want people to die — at least not till they've paid their way so to speak. And there's nothing life insurance people like better than finding healthy people willing to pay many, many premiums. It goes without saying these 'premium hounds' are watching with keen interest the town's 'Run for Life' program where each participant is a potential ideal client. Having had some experience in the Life Insurance field, we feel qualified to pass on a few worthwhile tips. First, you hungry agents, just remember these 'fit' guys are going to be tough customers. They're so dog-goned healthy, undertakers aren't even speaking to them. And secondly, the only time they'll talk seriously about life insurance is while jogging — and the best conditioned 'health nut' is an underwriter himself. Might even be safe to say Al Scott monopolizes that 'territory'. Sorry fellows, but that's the way the feet bounce.

Guess perhaps we've been a bit rough on our many Scottish friends and we promise to be more kind in the future. Don't really have much choice, since we understand the 'two Bills' down at Boyd's are preparing to serve us with an ultimatum — either we cut out the Scotch jokes, or they'll quit "borrowing" a copy of the Press each week.

According to a much-listened-to radio open-line personality there is one precise time in the year when an egg will stand on end — and for those gullible enough to believe, that instant was exactly 12:38 p.m. last Friday. And hanged if there weren't dozens of people calling to say they had nothing else to do but humour the program host by 'playing with eggs'. We were actually dumbfounded to learn Canadians could show an interest in such nonsense when they should have been genuinely concerned about the possibility of another postal strike; or the growing threat to our country's unity; or pollution of the environment; or unemployment; or inflation. And anyhow an egg simply won't stand on end at exactly 12:38 on Friday, February 10th. How can we be so sure? Well...er...we broke six eggs trying.

Russian undercover agents monopolized the headlines last week, and consequently the intrigue practised by our National Research Council went virtually unnoticed. Suspense in Gloucester Township began when a passer-by noticed eight barrels lying along the road last week, each one bearing the inscription "CYANIDE — SEVERE HAZARD". National Research Council, being a well indoctrinated government body, naturally shifted responsibility to Environment Canada, and from there came the 'natural' explanation. The barrels, despite the frightening warning, did not contain cyanide — and note this: "The stickers were put on to keep people away from the barrels". So, dear readers, if you happen to see government property along any road, and it's labelled 'apples', don't light a match. It may be Environment Canada's way of camouflaging dynamite.

Isaac McShane isn't making his rounds any more, but we're betting there are many, like us, who miss his friendly visits. Isaac is living in retirement at his South Mountain area home, and strangely enough the company he so ably served no longer has a representative in the district. Isaac was not, by any stretch of imagination, a high-pressure salesman. On the contrary, his quiet, very humble approach would be scorned by those who draft sales campaigns, but his hundreds of satisfied customers looked forward to his regular calls and invariably had a list of their requirements prepared. Isaac was his own boss — and a mighty stern one at that. He never considered weather conditions an obstacle; instead he viewed the elements as just another challenge. His tools of trade were simple — a warm smile, an order book and pencil, but combined with sincere dedication they brought him success. But hang it all, Isaac, where do we get a can of 'WATKINS' medicated ointment?

Hawks Lose Important Games, Drop Back To Second Position

Winchester Hawks are back in second place after a pair of weekend losses to Morrisburg Lions and Kemptville 73's.

Their present second-place status is all but final now. They could even finish the season in third if they fail to win any of their final three games.

Friday night here at home an hour delay brought about by the lack of officials sank the Hawks' hopes of beating the visiting Morrisburg Lions. A win would have moved Winchester four points ahead of the Lions, forcing Morrisburg to play catch-up.

Sunday night in Kemptville Hawks helped the struggling 73's break out of a losing streak dropping a 6-4 decision.

Meanwhile Morrisburg was pulling ahead alone into first by defeating Brockville Tikis 7-5. Monday night Lions all but locked up first place in the Junior B South-East bombarding Prescott Saints 13-2.

Morrisburg now has a four-point advantage on Winchester and would have to lose their remaining three games and Winchester win all three of their last three to change that top spot around.

Hawks must win this Sunday in Morrisburg then sweep a home and home series with Prescott — February 24th and 26th — if they want first place and the Winchester Press Challenge Trophy.

Winchester's best season ever could go down the drain if they should lose all three and Prescott win their last four. Prescott is just six points back in third with 19 points. Regardless of Cardinal's record in their final four contests, they must settle for fourth.

LIONS 6, HAWKS 3

For the third time this season local officials had to bail out the league by substituting for assigned referees.

After an hour of trying to track down the referees Hawks team officials finally had to call on "Big" Doug Casselman, Elzeon Raistrick and Gary Gates to handle the game.

After three warm-ups the 600 fans watched a well-played fast skating game. The 2-1 first period was of playoff caliber with end-to-end action and plenty of chances.

Mark Payment and Bob McNairn put Lions into a 2-1 lead in the first after Hawks Brad Sullivan's power play goal from Barry Casselman and Bob Videto had opened things up.

A sloppy second period was Winchester's downfall as Lions went ahead 5-2 on goals by Dean Boyd, Jim Whelan and Bob McNairn closed the door on a Hawks comeback.

Winchester's only goal of the period came from Brad Sullivan's stick. Bill Mullin and Barry Casselman drew assists.

Morrisburg's aggressive forechecking kept Hawks off balance all night. Lions forwards moved Winchester defenders off the puck quickly, setting up chances in the Hawks end.

Jim Whelan's second goal was an example of the Morrisburg determination exhibited throughout the game. He outraced Pete MacLeod to the loose puck, deked the sprawling goalie and tucked Morrisburg's sixth into an empty net.

Chris Erler deflected a Gary Forsyth blast by Perry Elderbroom for Hawks third goal at the 8:14 mark of the third.

KEMPTVILLE 6, HAWKS 4

A lack-luster first period cost Hawks Sunday's game in Kemptville.

Winchester coasted while Kemptville went up 3-1. Brad Sullivan had a goal waved off by referee J. Muldoon in that period as Hawks string of bad luck around the net continued.

Mike Armstrong got Hawks goal when 73's Randy Blondin deflected his long drive into his own net. That would be the first and last break of the weekend for the Hawks.

Blondin with two and Barry Blondin with the other scored first period markers for Kemptville.

Hawks came out flying in the second period, beating 73's at every turn. They outshot their hosts 14-9 and outscored them 2-1. A tighter first frame would have made a different game of it.

Al McLean tipped in a Bill Mullin pass for Hawks second after Kevin Empey had put Kemptville up 4-2 1:28 into period two.

It was 4-3 at the end of two after Barry Casselman swept a Bill Mullin rebound under Gary Lee. Brad Sullivan was also in on the play.

Kemptville hit first in the third when Terry McVey's slapshot from the face-off circle drove through Bruce Jones' pads.

Jones was outstanding in the Hawk nets, making many saves on point blank drives. He handled 29 shots and Lee stopped 24 of Hawks 28 chances.

Hawks closed it to 5-4 at 14:21 on Brad Sullivan's twenty-seventh goal. Casselman and Mullin with his third assist set up the play.

Doug Torchy Barnett's power play goal at 16:50 closed out scoring.

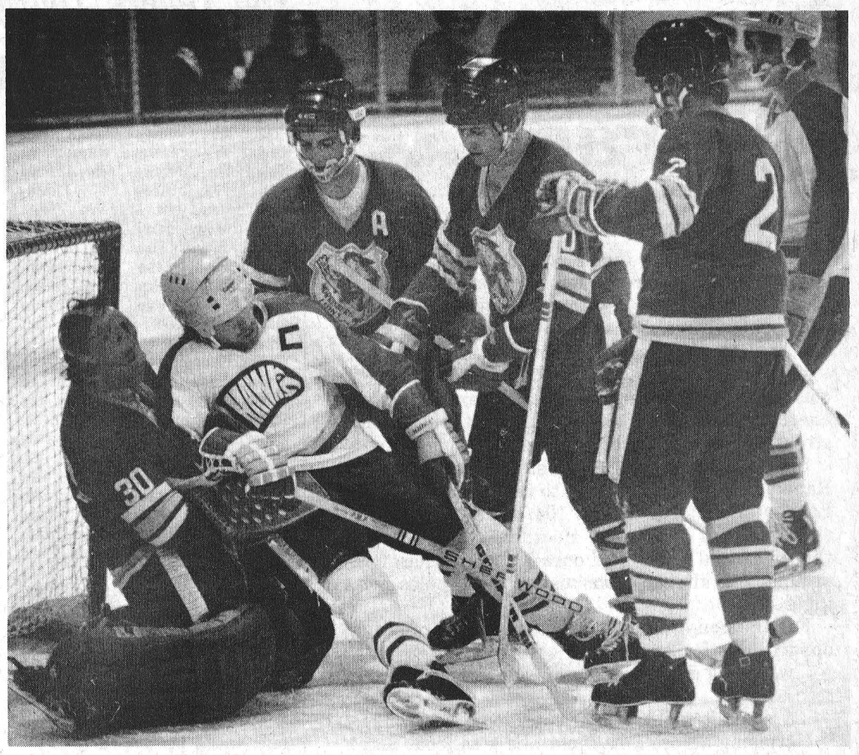
With two Kemptville players in the penalty box coach Paul Beckstead pulled Jones in favour of a sixth attacker.

Hawks swarmed all over Lee finally poking one by him only to have the referee wave it off. That one and one in the first could have been the difference.

Final: 73's 6, Hawks 4.

BLUELINE BITS

- Bill Mullin needs two points for career 300 mark.
- Mike Labadie missed both games, Gerry Smith, Doug Duncan and Bob Videto one each.
- Mike Armstrong made his return on the weekend and Brian Moran his debut.
- Marty Little, Ken Sullivan, Gary Forsyth all first-year defencemen logging last of ice time.
- Ex-Hawk Larry Moore won $45 in Friday's Hawk draw.



Hawks captain Brad Sullivan picked an unlikely spot for a brief rest here Friday night. Brad (now with 27 goals) scored twice against the Lions as his team was beaten 6-3 in a showdown for first place. Chris Erler had the other Hawk goal.

Lions goalie Perry Elderbroom played a solid game for Morrisburg as did (from left) Dave Tait (two assists), Dean Boyd (goal and assist) and Ralph Luimes.

Press Photo—Van Bridger

OTTAWA DISTRICT JUNIOR 'B' HOCKEY

STATISTICS

PAST SCORES

February 7, Brockville 8, Spencerville 7.

February 10, Athens 7, Smiths Falls 7; Morrisburg 6, Winchester 3.

February 11, Prescott 9, Cardinal 8; Smiths Falls 6, Spencerville 4.

February 12, Morrisburg 7, Brockville 5; Kemptville 6, Winchester 4; Spencerville 3, Athens 2.

February 13, Morrisburg 13, Prescott 2.

STANDINGS

South-East	W	L	T	Pts.
Morrisburg	11	7	7	29
Winchester	11	11	3	25
Prescott	8	13	3	19
Cardinal	2	17	3	7
South-West				
Athens	20	7	2	42
Spencerville	18	7	3	39
Smiths Falls	15	8	5	35
Kemptville	13	14	2	28
Brockville	8	18	4	20

NORTH-EAST	W	L	T	Pts.
Vanier	25	5	3	53
St. Isidore	24	5	5	53
Navan	14	13	5	33
Alexandria	11	15	7	29
Metcalfe	10	22	1	21
Rockland	3	27	3	9

	G	A	Pts.
Paul Seguin, Alex.	35	48	83
Gabriel Bourgon, St. I.	23	44	67
Don Adams, Van.	22	40	62
Pierre Patenaude, St. I.	20	40	60
Rick Robert, Van.	19	33	52
Frank Testa, Met.	22	28	50

FUTURE GAMES

February 17, Spencerville at Smiths Falls; Cardinal at Prescott 8:30.

February 18, Athens at Spencerville 8:00; Morrisburg at Cardinal 7:30.

February 19, Brockville at Athens, 7:30; Smiths Falls at Kemptville 7:15; Winchester at Morrisburg 2:30.

TOP DIVISION SCORERS

	G	A	Pts.
Doug Byers, Car.	33	40	73
Bill Mullin, Win.	22	47	69
Brad Sullivan, Win.	27	37	64
Barry Casselman, Win.	22	31	53
Bob McNairn, Mor.	29	20	49
Jeff Cassell, Mor.	12	25	37
Dean Boyd, Mor.	12	22	34
Fred Osler, Car.	17	16	33
Kevin Mackler, Mor.	14	19	33
Mark Beaupre, Mor.	11	22	33

Youth Bowling

On Saturday, February 11, 1978, a Twosome Tournament was held at Kirkby Bowling Lanes. In this tournament parents bowled with their children. Out of 48 youth bowlers 45 parents participated. Winners of the event are as follows: In the Bantam Division the high girl with father was Cindy Ace, the high girl with mother was Cathy Crowder. The high boy with father was Paul St. Pierre, the high boy with mother was Marcel Lapierre.

In the Juniors Section the high girl with father was Wendy Fyfe, the high girl with mother was Carol Heiferman. The high boy with father was Brian Koekkoek and the high boy with mother was Jeff Lapierre.

Seniors went strong with Garry Simzer as the high boy with mother and Wendy Wardle as the high girl with mother.

These are some of the scores of the high bowlers:

Bantams - Girls: Cathy Crowder 137, 268; Boys: Daryll Workman 155, 271.

Junior - Girls: Wendy Fyfe 195, 367; Boys: Brian Koekkoek 203, 329.

Seniors - Girls: Wendy Wardle 152, 286; Boys: Garry Simzer 177, 354.

Graves, Fawcett Tip A's Into Second

Bruce Graves fired the hat trick in a 5-2 win over Kemptville Monday night and Dwayne Fawcett scored the tying goal in a 3-3 draw with Greely last Wednesday as Winchester Midget A's climbed into a second-place tie with Greely in CDMHL standings.

Entering the final week of regular season play Winchester and Greely each have 30 points in 23 games but Winchester has one more victory. Winchester's final game was played Tuesday night in Russell against the last-place Warriors.

Chesterville Flyers have sewn up first with 37 points with four games yet to play.

Kemptville with 17 points and Metcalfe with 16 are battling for the fourth and final playoff position.

Defenceman Dwayne Fawcett's goal with 4:05 left to play gave Winchester the three-all draw with Greely here last Wednesday.

Greely had moved into a 3-2 lead on a pair of third-period markers by Jeff Quinn and Danny VanDerydt.

Winchester had the first goal of the game at 4:40 of the first when Dave Coleman clicked from Dean Williams.

Mike Anderson tied it for the Eagles 36 seconds into the second from Tom Leroux and VanDerydt.

A's countered in that period with Darrell Shelp's goal from Dwayne Fawcett. For Shelp it was his twenty-third goal of the season.

5-2 OVER KEMPTVILLE

Bruce Graves connected for his fifteenth, sixteenth, and seventeenth goals of the season Monday night in Kemptville as Winchester A's rolled up their fourteenth win of the campaign. A 5-2 decision over Kemptville Royals.

Graves had two of Winchester's four first-period tallies as that frame closed out 4-2 in the A's favour.

It was Graves for the only other goal of the game at 14:09 of the second period as Kevin Loverin and Jay Smith played shut-out hockey over the remainder of the game.

Dean Williams and Doug Coleman had Winchester's other goals with Darrell Shelp and Pete Marriner earning two assists each. Dave Coleman, Dwayne Fawcett, and Doug Last each helped out on one goal.

The A's were eliminated from ODMHA playdowns on February 4th when Richmond earned a last-minute 4-3 win here in Winchester, taking the best of three, two games to one.

Randy Dean of Richmond fired the winner with just seventeen seconds on the clock to break up the three-all draw.

Bruce Graves had two Winchester goals with the other going to Dean Williams. Wade Levere, Darrell Shelp, Pete Marriner and Dwayne Fawcett had assists for the A's.

SM Electric Emerges On Top

It has taken all season but a first-place team has finally emerged in Mountain Township's Floor Hockey League.

On the final night of regular season play S.M. Electric upset Gerry's Construction 9-5 to claim the regular season pennant. Over 11 games the two teams couldn't decide who should have first place so they shared it through the year ahead of third-place Lions Club (who won their final game 14-4 over last-place WI) and South Mountain W.I.

Next week all four teams take to the floor at Nationview in two sudden death semi-final encounters. Game one has third-place Lions Club battling first-place S.M. Electric and game two sees South Mountain W.I. as underdogs against Gerry's Construction.

In Monday night's closing action Doug Fawcett and John Gryspeerdt each fired three goals in S.M. Electric's 9-5 win over Gerry's. Brian Koekkoek had two goals and an assist in the losing cause.

Jim Havekes was the big gun for Lions Club shooting five goals in their 14-4 win over W.I.

Mark Findlay scored three of his team's four goals.

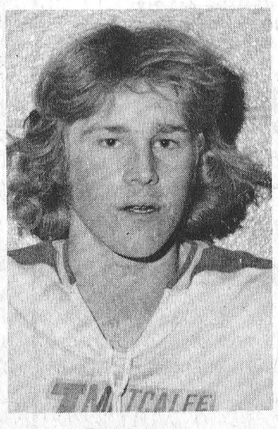
Final league stats showed S. M. Electric with the best totals scoring 140 times while allowing just 69 goals against. They had 19 points on nine wins, one loss and one tie.

Gerry's Construction was number two with 17 points on eight wins, two losses, and a tie. Gerry's shooters hit for 128 goals and allowed 79.

Lions Club had seven points on three wins, seven losses and a tie. The records show 92 goals for an 126 against.

W.I. found the competition stiff and could manage a single point on one win and ten losses. The team scored 62 goals and gave up 147.

ODHA North-East Division



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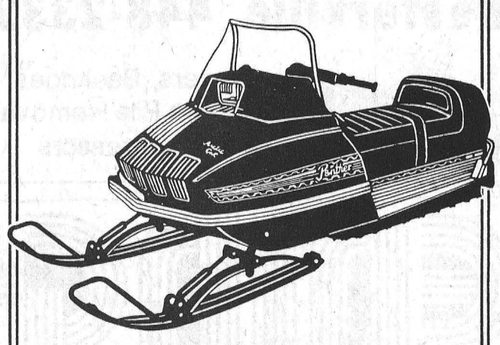

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UPCOMING RALLIES

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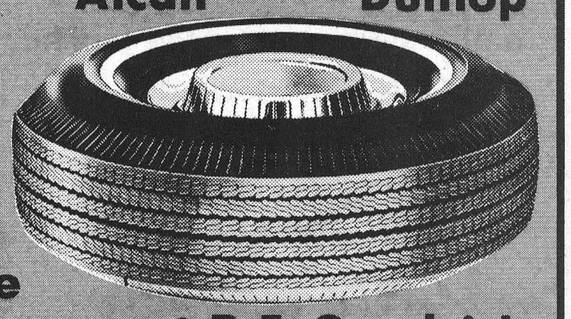

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Track...

By Kevin Cooper and Ali MacKeen

Cross-Country Skiing

For many people cross-country skiing has been instrumental in promoting a positive attitude towards an outdoor Canadian winter. A new exciting environment is made accessible which you can explore at a pace which allows appreciation.

Cross-country skiing is the number one physical conditioner according to many experts. You exercise your main muscle groups without putting stress on your skeletal structure as in jogging.

Skiing is a sport for all ages. The immortal Jack Rabbit Johansenn continues to tend his trails in the Laurentians at the age of 104. He admits he has slowed down in recent decades! Two precious three-year-old friends of ours practice their form around the kitchen floor using their poles with vigor.

For the non-competitive, cross-country offers an opportunity for exercise in sport.

...whistling down a mountainside terrified and in awe.

...a moonlit night across eiderdown snow.

...cruising across a hayfield like a sailboat and...

NO WAITING LINE.

Old Timers' Tourney

Dundas Flyers Win "A" Division Cash

Dundas County Flyers and Quyon Flyers were winners at Stormont County's 4th Annual Old Timers Hockey Tournament held in Finch over the weekend. The Dundas County Flyers, based in Morrisburg, captured the "A" Division, $250 and The Finch Recreation Trophy. The Quyon Flyers from Quyon, Quebec, won the "B" Division, $150 and the Moose Creek Recreation Trophy.

Dundas County Flyers shut out Westmount, Quebec, 9-0 in the first game, outshooting them 25-11, with Gerry Devaney getting the shutout. Jack Elliott led the team with a hat trick and two assists, Big Doug Casselman had 1 goal and 3 assists, with single goals by Little Doug Casselman, Bill Jarvis, Ron Patterson, Fred Laforge and Orval Delage.

Flyers then met Matilda Township club Sunday morning, edging them 3-2 in a close game, outshooting their opposition 18-11. Rowdy Gillard opened scoring early in the game on a power play, but Dick Christie tied the game with a shorthanded goal later in the period. Early in the second Big Doug Casselman put Flyers ahead on a shorthanded goal, later in that period Brian Smail tied the score at 2-2. At 10:03 of the third period Fred Laforge passed the puck to Bill Jarvis near the blueline; he brought it down the ice, behind the net, tucked it into the corner behind the goalie for the winning goal.

Cornwall Hubs were next in the semi-finals.

Flyers edged the Hubs, 1977 tournament winners, 3-2.

Ron Patterson and Bill Jarvis gave the Flyers an early lead, with Bob Grant scoring the lone Hubs goal in the first.

At 2:08 of the second period, defenceman Ed St. Louis (who occasionally plays with the Hubs) scored what proved to be the winner. At 1:33 Ray Barnes scored, bringing the score 3-2, and despite Flyers picking up three penalties in the third, they held on for the win and the right to be in the finals.

Pte. Gatineau had defeated Ottawa U. 7-1, Cornwall Braves 6-1, and Stormont Countymen 5-0 to meet Flyers in the Finals.

Flyers were outshot 23-17, but outscored Gatineau 4-2 to win the title.

Marcel Lachapelle opened the scoring in the first period, and Bill Jarvis tied the score. In the second Orval Delage and Jack Elliott gave the Flyers a 3-1 lead, before Michel Chouinard narrowed Flyers lead to 3-2.

At 2:56 of the third Rowdy Gillard scored a power play insurance goal.

Flyers Captain Big Doug Casselman was presented with the cheque and trophy by Art Buchanan, but the Flyers received more awards.

Ed St. Louis was chosen as top defenceman in the "A" Division, and Bob Carkner was top goalie. Marcel Lepage of Gatineau won the award for top points with 6 goals and 6 assists. Pte. Gatineau received $200 for runners-up.

Quyon Flyers came to the tourney with eight players, losing their first game 11-3 to the Cornwall Hubs, dropping into the "B" Division.

With one additional player they swamped Smiths Falls 14-0, then shut out Montreal F.H.L. 1-0 in two periods of overtime and then shut out Hawkesbury 2-0 in the final.

Hawkesbury received $125 as runners-up. Roy Soucie of Quyon was the top defenceman of the "B" Division; Rene Trahan of Hawkesbury received the top goalie award, and Gord Fitzgerald and Allan Bradley, both of Quyon each received awards, having four goals and five assists each.

Labatt's Brewery presented all members of both Flyers teams with championship mugs.

Dundas County Flyers formed this past June, featuring players 35 years and over, are making themselves known in the area. Playing Morrisburg every Sunday morning, 10 a.m. to noon, they have 12 wins and 2 losses in 14 games.

Playing six exhibition games, four in the International tournament held in Cornwall the end of January, received silver medallions in the "C" Division, and now are winners of the Stormont tourney.

February 25th and 26th Flyers will host fifteen teams in a tournament held in Morrisburg, with $675 up for grabs. Teams registered are: CFB Kingston, Stormont Countymen, Vanier, Nepean Golden Blades, Beaconsfield, Glen Cairn, CFB Petawawa, Cornwall Civics, Gananoque, Cornwall Hubs, Pierrefonds, Ottawa Old Stars, Cornwall Old Pros, Belleville, Ottawa Old Pros and of course, Dundas County Flyers.

Flyers members are — Gerry Devaney, Bob Carkner, Ed St. Louis, Earl and Allie Cameron, Gary Foss, Bill Jarvis, Ron,Big Doug and Little Doug Casselman, Len Bellamy, Ron Patterson, Rowdy Gillard, Paul Beckstead, Gord McMillan, Orval Delage, Jack Elliott, Fred Laforge, Coach - Joe Tindall; President - John Rice; Trainers - Brian Duvall and Ken Barber; Treasurer - Lynne O'Brien; Assistant Treasurer - Jim Neish. Friday evening they will play an exhibition game with the Winchester Junior Hawks at the Winchester Carnival. Saturday evening they will play the Belleville MacFarland's Old Timers in Belleville.

Finish In First

Sixth Shut-Out For Hutt

Winchester Midget B's finished their regular season with a 5-0 shut-out victory over Chesterville.

It was Dave Hutt's sixth shut-- of the campaign and helped Winchester to a first-place finish and a first round play-off bye.

Bill Gowdy opened scoring for Winchester on a pin point pass from brother Kevin.

From then on the Blue B's never looked back. They climbed into a solid three to nothing lead on two unassisted goals before the opening period had ended.

Paul Helmer and Ron Suffell made the individual plays.

Winchester continued to dominate play in the middle stanza when new-comer Bill Kerr blasted home his team's fourth goal from Tom Fawcett and Peter Guy.

Winchester's final goal came from the stick of Mike Holmes who completed a play set up by Kevin and Bill Gowdy.

Sixty minutes of solid team play and solid goaltending put Blue B's into a first-place finish and their play-off bye.

DEFEAT ALL-STARS

Monday night Winchester met the league All Stars head-on in an exhibition encounter and came away 4-2 winners.

The All Star unit has been selected to represent the League in a tournament in Lanark this Saturday and included Winchester's Randy Summers — defence — Jeff Williamson and Kevin Gowdy — forward. All Star goalie Dave Hutt stayed in the Winchester nets and helped the Blue B's to the 4-2 win.

Due to a shortage of players the Midget B's added two of Bill Hutton's Bantam A players — Dean McIntosh and Mike Guy. The two made a definite contribution in the win but unfortunately no scoring statistics were available.

Lions Notch Three To Regain First Place

Morrisburg Lions regained first-place in the ODJHL's South-East Division with three consecutive victories.

After dropping back to back decisions a week ago last year's Division winners rebounded with a 6-3 win in Winchester on Friday, a 7-5 decision at home on Sunday against Brockville Tikis and then pasted Prescott Saints 13-2 Monday night in Prescott.

Those six points put Lions up four points on second-place Hawks — 29 points to 25. Third-place Prescott with four games remaining (two each against Cardinal and Winchester) have 19 points and with four wins could end up in second-place. Last-place Cardinal has games remaining with Spencerville (2), Prescott and Morrisburg and must settle for fourth-place.

Monday night all but the Lions goalie and Bryan Rutley — who was injured early in the game collected at least one point a piece as Morrisburg rang up 13 goals and 20 assists enroute to an easy 13-2 win over the Saints.

Dean Boyd lead the parade with three goals and four assists followed by Bob McNairn's three goal and three point performance. Lions third hat trick went to smooth-skating Dave Tait. Leo Lafortune had two goals and two assists, Jim Whelan had one and three helpers and Mark Payment had one goal.

Morrisburg had little opposition despite finishing the game with just 11 skaters holding period leads of 4-0 and 8-1.

Biccum and Norton had the Prescott goals.

LIONS 6, HAWKS 3

Lions travelled to the Hawk's den, and roared to a 6-3 win, leading 2-1 after the first period and 5-2 after the second.

Brad Sullivan opened the scoring early in the game, on a power play, but Lions came back with goals by Mark Payment and Bob McNairn.

Forty-three seconds into the second period Dean Boyd increased the Lions lead, and Jim Whelan scored on a power play. Brad Sullivan scored his second goal of the game, but Lions Captain Bob McNairn increased the Lions lead to 5-2.

At 11:04 of the third, Jim Whelan scored his second of goal of the game, and 42 seconds later Chris Erler scored the last Hawks goal.

Referee Big Doug Casselman assessed the Lions 7 minors, and a fighting major to Mike Moran. The Hawks received 7 minors; fighting majors to Gary Forsyth and Ken Sullivan. Sullivan also picked up a game misconduct.

For the third time this year at Winchester, the referees failed to show; and the Hawks have been lucky enough to find local referees to solve the problem.

LIONS 7, TIKIS 5

Lions led the visiting Brockville Tikis 2-1 after the first period and 6-2 after 40 minutes of play.

Bob McNairn and Robbie Reynolds made a power play goal which gave the Lions an early 2-0 lead. Dave Ballantyne narrowed the lead late in the first period. Leo Lafortune put the Lions ahead 3-1 at 2:15 of the second period. Ballantyne tallied again for the Tikis, but the Lions came back with 3 goals — Chris Greer (his second of the season); and a pair by Jim Whelan.

In the third Jeff Lawson at 3:10 and Rob Lawson's power play at 9:55 narrowed the Lions lead, but Whelan completed his hat trick at 13:21 (his 5th goal of the weekend) and Greg Donnelly scored a power play goal at 14:39 to complete the scoring.

Referee Greg Moore assessed each team 7 minors.

PRESCOTT 9, CARDINAL 8

Broncos and Saints kept the scorekeeper busy with 17 goals, 22 minor penalties and 4 majors. Doug Byers led the Broncos with 4 goals and 2 assists; Fred Osler had a pair, Dave Berry and Dick Kiah adding singles. Joe McFarlane led the Saints with 3 goals; a pair by Bryan Dalley, singles by Lynn Norton, Randy Rees and Rick MacMillan.

Russell Raiders Bombard C.F.B.

Russell 'Raiders' went on a scoring spree last Friday night while playing before another packed house in their home arena when they outclassed Ottawa C.F.B. by an 11 to 2 score.

Leading 3 to 1 after one period of play, Russell continued their relentless pace in the second frame adding another four, and then climaxed their scoring binge with four more in the final twenty minutes.

Loyal Hughes opened the scoring at the one-minute mark and for the next 15 minutes both goalies proved unbeatable. At the 16-minute mark, Boudrean knotted the score but before the period ended Marty Kelly and Wray King each netted one to give Raiders the lead.

In the second period, Raiders increased their margin on goals by Ken Quaile, Wayne Warnock, Larry Shields and Hughes with his second of the game.

Broderick netted Ottawa's only other marker early in the final frame only to have the determined Russell squad continue their merciless drive adding still more goals. Withinshaw was first to light the light followed by Kelly, with his second, and then two in a row by Steve Fox. The club statistician had a busy night recording assists but came up with the following figures in that department: Hughes (2); Fawcett (1); King (2); Kelly (1); Quaile (3); Shields (3); Woods (1); Fox (2); Withinshaw (2); O'Neil (1); Honey (1); Chamberlain (2); and Graham (1).

Raiders host Goulbourn this Friday night (Feb. 17th) when the exciting game will be complimented with another night of fun in the upstairs hall.

South Mountain Bowling Lanes

MONDAY, FEBRUARY 6, 1978

Ladies' High Scores - Barbara VanBridger 681(294); Muriel Scott 665; Betty Puddy 629; Verna Simzer 606; Sue Brisbois 583; Joyce Francis 576; Wendy Ace 508; Sharon Richardson 501.

Men's High Scores - Dwayne Wyatt 642(240); Jim Scott 618; Gordon Richardson 615.

At Sutton's Lanes

HAPPY GANG

High Cross and High Single - Dawna Hoy 693 (295).

Over 500 - Judy Stewart 604; Diane Holmes 525; Marion Renwick 523; Judy Lapierre 517; Gloria McNalty 504; Lynn Liscumb 504; Mary Ann Stewart 502.

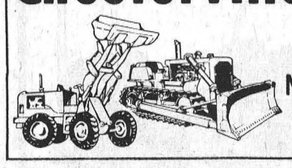
GLAMOUR GIRLS

High Cross - Noreen McNeill.

High Single - Rina Beuman.

Over 500 - Ileen Robinson 522; Rina Beuman 527; Noreen McNeill 570; Hilda Clark 539; Janet Holmes 505; Linda Van Egmond 530; Debbie Langstaff 508; Jean Sutton 554.

SULLIVAN BROS.
Chesterville 448-2332



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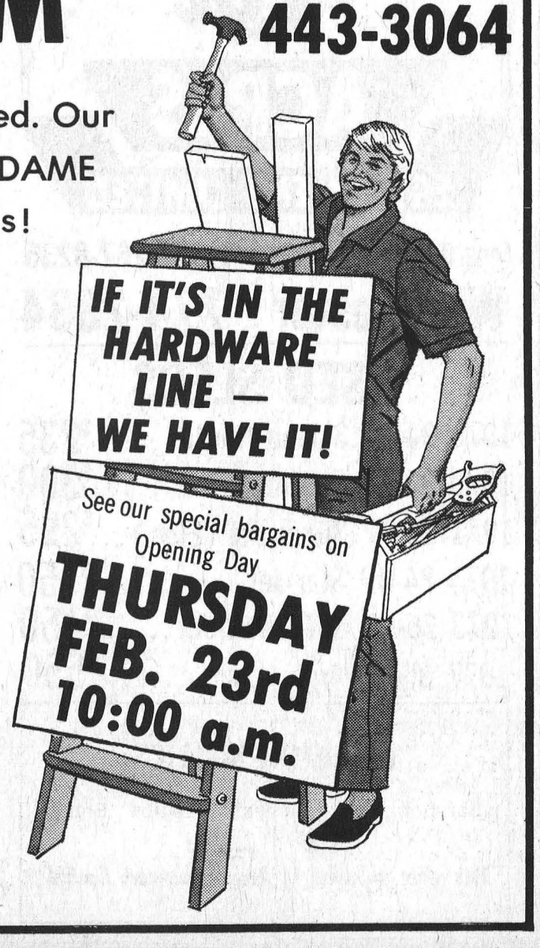

While in Embrun also visit our new I.G.A. store in the INDUSTRIAL PARK (just west of town).

EMBRUN Coming Events

Panthers, following an exciting and successful weekend at Montreal, are now preparing for their exhibition tilt with Yugoslavia this Saturday night.

The boys scored three consecutive wins at the Montreal tournament, but lost in the final game.

Tickets are selling at a brisk rate for the exhibition game and fans are advised the supply is limited.

The powerful Embrun squad is presently eyeing the Hardy Cup and hopes to eliminate Pembroke, the only other Senior club in the district. Fans are always assured top entertainment when Panthers play since every player on the team has had either professional or semi-professional experience, and the competent coach, Yves Rollin is well known and highly respected in all hockey circles. NOTE: At press time there were still a few tickets available — call Maurice Lemieux (443-5258).

Bargain hunters should plan to be at Embrun on the morning of Thursday, February 23rd when the ultra-modern hardware store will be officially opened at 10:00 a.m.

A branch of the thriving Co-Op enterprise, the complex on Notre Dame Street (former I.G.A. Store), has been completely renovated, and manager Rene Caron invites everyone to visit the town's newest business centre. Some lucky visitor (no need to make a purchase) will win $599.00.

And while in town visit Embrun Plumbing Supplies, the O. Maheu Store, Embrun Electric Ltd., Henri D'Aoust Lumber Ltd., and Gregoire Automobile Ltd.

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Atom A's Lose In Playdowns

Winchester Atom A's dumped Greely Eagles 9-0 Sunday in Metcalfe after dropping their second straight ODMHA playdown contest to Stittsville the previous day.

The 4-0 loss to Stittsville eliminated them from further playdown competition and was their second defeat by a 4-0 score.

Sunday in Metcalfe Winchester's big guns got roaring again firing nine unanswered goals defeating Greely Eagles 9-0.

The win put Dave Armstrong's Lovell and Christmas sponsored club in fourth-place four behind third-place Metcalfe and in the play-offs.

Robbie Baldwin and Scott Helmer shared the shut-out while Mike Sargent and John Guy scored two goals each.

Paul Henry, Kevin Mills, Mark Armstrong, Bill Cullen, and Tim Arnott all had singles. Mike Sargent picked up two assists while, John Guy, Tim Arnott, Brent Carkner, Dalton Henry, Mark Cross, Paul Henry and Mark Armstrong had one each.

Winchester, Russell Split Atom Games

Winchester and Russell split a pair of Atom B games over the past weekend.

Here on Saturday Winchester's Bill Cullen fired four goals as his team trimmed the visitors 5-3. Sunday in Russell Winchester lost a close 3-2 decision.

It was a two-all tie after the first period of Saturday's match-up with Bill Cullen ripping both goals by Russell's Rothenberger at 11:00 and 5:48 J.D. Van Noy set up both markers.

Sheldrick and Gerts had put Russell into a 2-1 lead on assists from Wilkinson and Hill.

At 10:50 of the second Cullen completed his hat trick, scoring from Sam Gibson putting Winchester up 3-2.

Barrette tied it for Russell when he beat Paul Warren at 12:28 of the third.

Cullen, with his fourth, at 6:37 from Van Noy and Van Noy at 5:51 from Sam Gibson shot Winchester into a 5-3 lead. Ben Henry entered the Winchester net for the final minutes of the third and played shut-out hockey to preserve the win.

SUNDAY IN RUSSELL

Winchester came within 1:49 of a tie in the return match at Russell. Russell had gained a two-nothing lead with goals in the first and second period before their visitors came back with a pair in the final frame to tie it at two.

Then with 1:49 showing Gerts scored from Hill to give Russell a 3-2 victory.

Wade and Lipman gave Russell a two-nothing edge with first and second period goals.

Bill Cullen from J.D. Van Noy was the play which narrowed it to 2-1 at 4:13 of the third. Then J.D. Van Noy's unassisted goal at 2:54 tied it at two.



Winchester Pee Wee's are enjoying an undefeated season thus far in 1977-78 with twenty-one wins and one tie.

Keith Moore (centre with A on sweater) leads the league with 22 goals, 15 assists and 37 points.

Keith is in action against Greely in the photo. He had a goal and an assist as Winchester won 5-0. Press Photo—Van Bridger

Possible No Loss Season

Moore Tops League

Only two games against fourth-place Russell stood in the way of an undefeated season for coach Cliff Warren and his Winchester Pee Wees.

By the time this issue hits the streets Winchester will have played both games and the final results will be known. Tuesday night they were in Russell and last night — Wednesday, February 15th — they closed out the season against the same team.

It has been quite a year for the team — who under Warren have always been a league contender. As of Monday they had played 22 games. Winning 21 and tying just one for a league leading 43 points. Metcalfe is a distant second with 29.

Enroute to the first-place finish the Pee Wee's have allowed 0.90 goals against. 19 in 22 games to be exact thanks to the goaltending duo of Kenton Holmes and Robbie Huttinga.

While they were almost perfect in preventing goals the team was also tops in scoring them. Opposing teams have been victim for 132 Winchester goals in 22 games. This is evident when one looks at the top scorers.

Keith Moore who is first in the league — 22 goals, 15 assists and 37 points; Captain Mike Guy second — 16 goals and 19 assists - 35 points; Bourk Boyd third, 23 goals and 11 assists — 34 points; Terry Carkner fourth, 13 goals 17 assists and 30 points — dominate league statistics.

Jeff Van Noy — 24 points and Trevor McClatchie 23 points are also in the top ten scorers showing the team's powerful offencive threat.

Over the past week Winchester swept a home and home series against Greely Eagles.

Last Wednesday they blanked their visitors 5-0 with Holmes and Huttinga sharing the shut-out and five players sharing the scoring.

Greely held Winchester off the score-board until the 4:19 mark of the second period before finally breaking under the pressure.

Brad Hanes scored first from the point and then Tim Alton completed a three way play from Larry Faulkner and Mark Guy in that second period. Keith Moore helped out on the Hanes goal.

Bourk Boyd, Moore and Terry Carkner on a brilliant breakaway, rounded out the scoring. Carkner also had an assist as did Paul Bjergso and Mark Guy.

Sunday in Metcalfe Greely managed one goal as Winchester won 4-1 on goals by Tyler Alton, Keith Moore, Kevin Torrie and Mark Guy. Terry Carkner had a pair of helpers and Keith Moore one.

Atom goalie Robbie Baldwin was up with the Pee Wees and played shut-out hockey.

Wee Wees Play Scoreless Game

Winchester and Iroquois Wee Wee's (Novice) battled to a scoreless exhibition draw Sunday in Cardinal.

Ben Henry earned the shut-out for Winchester with Mike Perry duplicating the feat for Iroquois.

Despite the scoreless draw Winchester had at least six excellent opportunities in the first and third periods especially when Rodney Casselman and Francois Galipeau worked themselves into position four on one breakaways but Perry rose to the task.

Winchester's line-up handled by Earl Casselman and Phil Dorey included Ben Henry, Chris Thomas, Dean Armstrong, Doug Armstrong, Rodney Casselman, Greg Coons, Scott Gibson, Victor Dorey, Francois Galipeau, Denis Ouelette, Jeff Holmes and Scott Johnston.

Red Wings Move Into Second Place

Winchester Bantam Red Wings defeated Greely Eagles 4-3 and 6-2 last week to become a solid second-place behind the front running Chesterville Flyers.

Wednesday night here late goals by Mike Guy and Dean McIntosh helped Red Wings fashion a close 4-3 win over the Eagles and Sunday in Metcalfe Mike Guy had the hat trick in the Wings 6-2 victory.

With two regular games remaining Red Wings hold a four point advantage over third-place Kemptville (26 points to 22) but trail first-place Chesterville by nine. Greely is fourth with 19 points and has the final play-off berth locked up.

Last Wednesday night Mike Guy had two goals in the Red Wings 4-3 game. Guy opened the scoring on a play started by linemates Dean McIntosh and Ron Coulter.

Stoker relayed a shot home from the slot to tie it after taking a pass from Straby and Bezanson.

Greely went ahead in the second period on a fine individual effort by Burleigh who beat both Winchester defencemen and put a back-hander by Kirk Edwardson.

Red Wings tied it in the third when Ken Rose fed a perfect pass to Darcy Last in the slot. Last hit the post on his first drive but got his rebound and put it home.

Mike Guy's second goal put the Wings up 3-2 when Dean McIntosh won the face-off in Greely's end. He got the draw back to Coulter who found Guy alone in front.

McIntosh put Winchester up by two when he took a pass from Guy and broke in on the Eagle net all alone.

With less than two minutes to play Straby drilled one in from the slot to narrow Winchester's lead to 4-3.

WINGS 6, EAGLES 2

Red Wings high scoring line of Guy, Coulter and McIntosh stole the show in Metcalfe in the return match on Sunday.

Guy had three goals, Coulter two goals and three assists, McIntosh added three assists to his points total. All three are in the league's top ten. Guy has 36 points (23 are goals), McIntosh 35 points and Coulter 30.

Darcy Last had the other goal and Kevin Guy had the other assist.

Greely got both goals from Straby who played an outstanding game.

Rob Carkner was between the pipes for the Red Wings tenth of the season.

Last Home Game

Metcalfe Jets, playing their last home game before play-off time, will meet the league-leading Vanier squad this Friday night.

Although the Metcalfe team has been anything but consistent the last few weeks, they usually play their best against the high-flying Vanier boys and in their last encounter earned a 3 to 2 win.

In fairness to it must be noted injuries and the flu bug have both been plaguing the team. Now back at full strength they hope to provide fans with some exciting hockey during play-offs.



Mike Guy salutes his second goal of the game which helped Winchester Bantam Red Wings to a 4-3 victory over the visiting Greely Eagles last Wednesday.

With two games left before playoffs Mike has 23 goals and 13 assists for 36 points. Press Photo—Van Bridger

The Lions Club of Russell are pleased to present the

RUSSELL WINTER CARNIVAL

February 21 to February 26

SCHEDULE OF EVENTS

Tuesday, February 21

6:00 p.m. - 11:00 p.m. — MINOR HOCKEY NIGHT IN RUSSELL. Starts at 6:00 p.m. with the Atoms and continues through Pee Wee, Bantam, Midget and Juvenile Divisions.
Metcalfe Jets provide most of the opposition in Russell's last regular scheduled C.D.M.H.L.Home Game.

8:00 p.m. — Official opening of Carnival by 1977 Queen, Diane Wouters.

Wednesday, February 22

6:30 p.m. - 7:30 p.m. — Figure Skating

7:30 p.m. - 8:00 p.m. — Minor Hockey Showdown

8:00 p.m. - 9:30 p.m. — Raiders vs. Town Oldtimers.

Admission for evening
Adults, $1.00; Students, 50 cents; Children under 12 free

Thursday, February 23

6:30 p.m. - 7:00 p.m. — Mothers vs. Novice No. 2's (grudge match)

8:00 p.m. - 10:00 p.m. — Oldtimer Town Hockey League
8:30 p.m. — CARNIVAL QUEEN PAGEANT IN R.A. HALL
Brian Smyth, C.J.O.H. T.V. as Guest M. C.; Brian Kilrea and Bobby Smith, Ottawa 67's as guest judges.

Girls between the ages of 15 - 21 will compete for this year's Carnival Queen and her two princesses. During a variety program of musical numbers the girls will model a variety of fashions.
Admission $1.50 — Door Prizes

Friday, February 24

6:00 p.m. — Start of the Russell Lions International Midget 'A' Hockey Tournament. Teams such as Brockville, Massena, Nepean, Gloucester, Kingston, West Ottawa, Belleville, East Ottawa, and other area teams will compete in a divisional round robin tournament that guarantees each team 3 games and an excellent double chance at the finals. Play continues with 4 games tonight, 10 games on Saturday, and the final 7 games on Sunday.

8:30 p.m. — Carnival Teen Dance. Music by "Springwell" Tickets available from the Feed Store, Kim Rombough, Linda Wigcheren, Chris Forgues, Juilliet Cousineau and Arena Canteen.

Saturday, February 25

7:30 a.m. — Continuation of Midget Hockey Tournament. Runs until 11:00 p.m. The play resumes on Sunday at 8:00 a.m.

10:00 a.m. — Children's Party in R.A. Hall. For children up to 12 years of age. Admission free.

3:00 p.m. — Races on ice - Boys and Girls

8:30 p.m. — Carnival Adult Dance. Music by "Pandemonium" Tickets available from any Lion member

Sunday, February 26

8:30 a.m. - 10:30 a.m. — Pancake Breakfast in St. Mary's Anglican Church Hall. $1 per person, $5.00 per family.
8:00 a.m. — Final day of the Lions Midget 'A' Hockey Tournament. The final round, semi-finals and finals are played to see who takes home the gold, silver and bronze medals.
1:00 p.m. - 3:30 p.m. — Semi-finals of Tournament
3:30 p.m. — Costume Judging on ice
4:30 - 7:00 p.m. — Baked bean supper at R. C. Church Hall.
5:00 p.m. — Tournament Final — 50-50 Draw winner picked. Throughout the Carnival there will be 50-50 tickets on sale at the canteen and from various Lion members.
7:00 - 8:00 p.m. — Sleigh Rides leaving from Roman Catholic Church. Everyone Welcome.

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THE ROYAL CANADIAN LEGION
Branch 108, Winchester
Meets on the last Monday of each month in the Legion Hall, Winchester, at 8:00 p.m. New Banquet Hall Rentals, Accommodation up to 100. Call Ed Fawcett, 774-3249.
Dwight Hutt, President
Mrs. Betty Cooke, Secretary
Frank Cranham, Treasurer

HENDERSON HALL
Church Street
RENTALS
Banquets, Parties, Weddings, accommodation up to 130. Call Bill Stewart 774-3244 or Cliff Scott 774-2505.

NOTICES

METCALFE PHARMACY LTD.
METCALFE, 821-1224

Monday, Tuesday, Wednesday
10 a.m. to 7 p.m.
Thursday and Friday
10 a.m. to 8 p.m.
Saturday
10 a.m. to 5 p.m.

PREGNANCY TEST
IN TOTAL CONFIDENCE 13tfc

WINCHESTER Press CLASSIFIEDS

TO PLACE CLASSIFIED ADVERTISEMENTS PHONE 774-2524 BEFORE NOON TUESDAY

NOTICES

NOTICE
ALCOHOLICS ANONYMOUS—Do you have a desire to do something about your drinking? There are no dues or fees for AA membership; the only requirement is a desire to stop drinking. For information concerning AA or ALANON (Families of Alcoholics) call 448-2986 or 774-5179, or write Box 559, Winchester, Ontario. 42tfc

NOTICE
Custom Slaughtering Mondays only. For trucking service phone 448-2324.
EARL'S MEATS
CHESTERVILLE, 448-2324 40tfc

RUG CLEANING
BY MOST MODERN
DEEP STEAM EXTRACTION EQUIPMENT
JAMES A. BEATTIE
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Art Sanger Upholstery Shop
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I will give you never failing advice on all matters of life such as love, marriage and business. There is no heart so sad or home so dreary that I cannot bring happiness to. Cornwall 938-1901. 30tfc

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Full Personal Service
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ADVANCE NOTICE TO TRUCKERS AND SHIPPERS
HALF LOAD RESTRICTIONS
Half load restrictions will be enforced on all County roads in the United Counties of Stormont, Dundas and Glengarry, during the 1978 half load season, with the exception of:
1) County Road 1 - Between King's Highway 401 and King's Highway 2
2) County Road 14 - Between King's Highway 401 and King's Highway 2
3) County Road 33 - Between King's Highway 401 and the City of Cornwall
4) County Road 35 - Between King's Highway 401 and King's Highway 2
5) All those portions of County Roads in villages and towns serviced by King's Highways.
D.J. McDonald, P.Eng.
Counties' Engineer 42-43c

NOTICE
APPALOOSA STUD
Standing at Stud - Half Thoroughbred, registered appaloosa stallion "Royal Comanche". Spotted Blanket with peacock spots. Excellent confirmation, perfect disposition. Reservations taken now for 1978 breeding season. Phone 774-6409. 39-45c

LOST

LOST—Dog. Disappeared February 1st. Large friendly German Shepherd. No collar. One ear doesn't stand up. Responds to Duke. If found please contact George Carruthers. Call 448-2640. 43p

WANTED

WANTED—Beef hides, no stones in the bag. Blom's Meats, Mountain, Ontario 989-2093. 15tfc

WORK WANTED—Carpentry, interior and exterior painting. Apply to Don Barkley, Inkerman, R.R. 1. Tel. 989-5460. 14tfc

HELP WANTED—Mature woman to babysit two children (one school age) Monday to Friday in Winchester 9 to 5 p.m. Apply to Box M98M, c-o The Winchester Press, Winchester, Ontario. K0C 2K0. 42tfc

HELP WANTED—Full or part-time ambitious persons wanting to earn extra money. Set your own hours. Assistance provided. For interview call 445-2015. 41-44c

WANTED TO BUY—Old clocks, alarm clocks and watches in any condition for private collection. Also old Wooden Telephones. Phone 932-1766. 41-44c

WANTED—Good quality, well baled hay. Area 315-846-5033. 43-44p

WANTED—Experienced sales person for farm machinery. Call 774-3379. 43-44c

WORK WANTED—Will cut down trees and remove dangerous branches. Reasonable rates. Local references supplied. Phone 774-2475. 43-45p

WANTED—Old dolls, post cards, square or round tables and wooden chairs. Cecil MacNabb. 448-2047, Chesterville. 43-44p

HELP WANTED—Prescott and Russell County Board of Education requires a secretary immediately for Cambridge Public School, Embrun, Ontario. Reply in writing to Gilbert Young, Principal, Box 46, Vankleek Hill, Ontario. K0B 1R0. 43-44c

WANTED—Young calves. Call Basil Liscumb at 774-5560. 43-44p

HELP WANTED—Housekeeper-Babysitter to live in, 3 children, 2 in school, 2 storey home, own room, experience required, time off mutually arranged. Reply to Box 28, Iroquois, Ontario. K0E 1K0. 43-44c

HELP WANTED—One person for general work in Egg Grading Plant. Apply in person to Loughcrest Foods, Hallville. No phone calls! 43tfc

HELP WANTED—Need money? Like people? Flexible hours. Good earnings. You'll enjoy being a Vanda Beauty Counsellor. No age limit. Call Donna collect (613) 989-6053. 43-46c

WANTED TO BUY—Pool table, in good condition, not less in size than 4 x 8. Please call evenings after six. Iroquois 652-2328, ask for Les. 43-44p

WORK WANTED—Mother of three will do babysitting of infants up to 2 years, Monday through Friday. References available. Call 774-3618. 43p

WORK WANTED—Will do housework from Monday to Friday. Phone 989-2839. 43-44c

WANTED—Housekeeper required in the Kenmore area. Live in. Apply to Box DM 22, c-o The Winchester Press, Winchester, Ontario. K0C 2K0. 43-44c

WANTED—Used Market Sharing Quota. Call 652-4928. 43c

WORK WANTED—Will babysit in my home, Russell area. Phone 445-5605. 43-46p

WANTED TO BUY—Antiques and collectables. All kinds of everything and anything wanted. Also complete estates bought. Deal in confidence with long established reputable dealer. Ken Lawless, Spencerville. 613-658-3125. 43-52c

WANTED—First and Second Calf Heifers. Also, if you are having a Household or Farm Auction, for satisfaction call Harold Ball at 448-3161 or 774-5212. 14tfc

HELP WANTED—Use your spare time profitably with Electrolux Canada Limited, man or women welcome. For information call 774-2805 or 342-4586. 40-44p

HELP WANTED—If I could set you up in your own business with an established line for a small amount, would you be interested? I can do it, so if you are interested call 774-5514. 42-44p

WORK WANTED—Qualified secretary will do typing evenings and weekends in her home. For students, service clubs, etc. Call 448-3416 after six and weekends. 42-43c

WANTED

WANTED—Experienced person for dairy farm. Must be experienced with farm equipment and machinery. Call 445-5575. 42-45c

WORK WANTED—Will do general carpentry, repairs and renovations. Phone Glenn McDonell 535-2006. 41-44c

BABYSITTER WANTED — To come in to my home four afternoons a week. Inquire to Susan Merrett 821-1386 or 821-1390. 41-44c

WANTED—Drivers required for bus company. Will train. Full or part-time employment. For interview call 445-5438. 41-44c

TO RENT

FOR RENT OR LEASE—Farm tractors, tillage equipment, lawn and garden equipment, loader backhoes, crawler loaders and dozers, skid-steer loaders, post hold augers, rotary cutters, landscaping equipment and manure handling equipment. For rates call: Acres Equipment Limited, Winchester, Ont., 774-2834. 1tfc

WANTED TO RENT—Small farm with stable for light horses. Phone 232-2137. 42tfc

FOR RENT—In downtown Winchester a two bedroom apartment in a new building. Available now. Phone 774-3911 or 774-2633. 43-45c

COMMERCIAL SPACE FOR RENT—Commercial space, centrally located on Metcalfe's Main Street, available for immediate occupancy. Call 543-2095. 42-44c

FOR RENT—Apartment. One bedroom. Fridge and stove. Immediate possession. Call 774-2614. 42-43c

FOR SALE

FOR SALE—Beatty, Berkley and Duro pumps and water systems. Best price in the Ottawa Valley on Beatty and Pedlar's Cow Bowls and farm equipment. Dave's Pump Service Ltd., 67 Clarence Street, Ottawa, Ontario. Tel. 234-0744 or 234-0317. 31tfc

SALES AND SERVICE
A number of used vacuums and rug shampooers for sale. All in good condition, also rug shampooing. Free demonstrations by appointment. Apply Prescott. Tel. 925-3586 or Winchester, 774-3276. 33tfc

FOR SALE—1971 Datsun Truck. New paint job and new engine. Asking $1,500 or best offer. Call 774-5781. 42tfc

FOR SALE—1972 Chev Halfton, short box, 350 automatic, am, fm, 8 track stereo, as is, $1,400 or best offer. Phone 652-4179 after six. 42tfc

FOR SALE—50 acres including a stream and ten acres of bush on property. Lovely building site or agricultural land. We would welcome listings as we have buyers for farms and homes in the area. Call Ralph McPherson 448-2530, representing P.B. Realty, Merivale Road, Ottawa. 42tfc

FOR SALE—One third off all men's, ladies' and children's ski jackets and children's ski-doo suits at Jan Mart, Chesterville. 42tfc

FOR SALE—Well aged steer beef sides, 85c lb., hinds $1.05 lb., fronts 75c lb. Cut and wrapped for freezer. Country Meat Market, Dunbar 448-2123. 41tfc

FOR SALE—New 1977 Mobile home by Cambridge. 14' x 68' with the new roof styling. Electric forced air heating, bath, stove, frost free fridge, furniture package with a black and white TV. Phone 774-2434. 22tfc

FOR SALE—If a chain saw is the answer, then give us a call. We have a Homelite Chain Saw for every purpose. Tom's Air-Cooled Engines, Vernon, Ontario. Phone 821-1060. 15tfc

FOR SALE—Plumbing Supplies, Myers water pumps, water conditioners, chlorinators; sediment, taste and odour filters. Murphy Sales and Service, Brinston, Ontario. Tel. 652-2337. 14tfc

FOR SALE—Baled cedar shavings for bedding. Phone 543-2666. 48tfc

APPLE CLEARANCE SALE
Chan's Orchard, 2½ miles west of Morrisburg on Lakeshore Drive. Bring own containers. Open daily afternoons and weekends. Phone 543-2659. 41tfc

FOR SALE

PRIVATE — GREELY
Four year old three bedroom bungalow, rec. room, double garage, large lot, dining and living room, large kitchen, carpet throughout, fireplace. Priced to sell. 821-1403 after six. 43p

FOR SALE—Good quality alfalfa hay. East of Kemptville. Phone 989-6004. 43-44c

FOR SALE—Two used snowmobiles. Phone 774-3379. 43-44c

FOR SALE—Antique round oak dining room table with matching buffet and six chairs. Phone 989-5772. 43-44c

FOR SALE—Have Leased auto. Must sell. 1975 Ford Gran Torino. 4 door, 351 V8, automatic, power steering, brakes, and windows. Air conditioning. One owner, one driver. Good condition. Will safety check. Price $2,850 firm. Phone 821-2553. 43c

FOR SALE—Three year old 20 volume New Caxton Encyclopedia. Up to date year books. Science Library. Dictionary. Medical Encyclopedia. Child Craft Classics. Book Case. Excellent condition. Value over $600. Sell for $450. Phone 774-3502. 43tfc

FOR SALE—15 month old registered Holstein bull extended pedigree available, also a quantity of cow hay in barn at 75c. Phone 826-2316. 43-44c

FREE—Three month old puppy. Cross between Collie and Shepherd. Phone 821-2655. 43p

FOR SALE—Cash register. Excellent condition. Reasonable. Call 821-3115. 38tfc

FOR SALE—World famous Homelite Chain Saws. All XL models in stock. Good stock parts on hand. Mechanic on duty ready to serve you. Good stock chain to fit most saws at popular low prices. R.H. Beckstead, I.H. Parts, Sales and Service, Williamsburg. Tel. 535-2103. 29tfc

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Oil, combination wood and oil, or electric furnaces. New installations or replacements - electronic air cleaners, power humidifiers, and air conditioning systems. Call Wayne at 821-2554.
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FOR SALE—Cedar posts. Phone 543-2666. 48tfc

FOR SALE—Surge pipeline milking systems, parlours, feeding systems, water treatment equipment, stand-by power supply, new and used vacuum pumps, bulk tanks, milker pails and buckets. Beattie and Simplex Water bowls. Peter Babcock Ltd., Surge Dairy Farm Equipment, 448-2909 or business number 984-2991. 27tfc

FOR SALE—DeLaval Pipeline Milkers, new and used bulk tanks, vacuum pumps, pail milkers and other dairy equipment. Murphy Sales and Service, Gary Murphy, Brinston. Tel. 652-2337, evenings 652-4064. 34tfc

USED BULK TANKS
400 gal. Woods, 400 gal. Milk-Keeper. Peter Babcock Ltd., Surge Dairy Farm Equipment, 448-2909 or business number 984-2991. 31tfc

FOR SALE—Fresh shop hogs, sides 92c lb. Country Meat Market, Dunbar. 448-2123. 41tfc

FOR SALE—Hay and straw, $1. per bale. Rolled oats, $5.25 per cwt. Tel. 821-1301. 39tfc

FOR SALE—New 1978 Mobile Homes by "Commodore" 14' x 60' with 3 bedrooms, electric forced air heating, frost-free fridge and stove in gold tone, bath, hook-up for washer and dryer, complete furniture package, quality flooring, for more information and viewing phone 774-2434. 31tfc

FOR SALE—Ladies one piece ski-doo suits, all sizes, regular $54.95, sale $24.95. Bogart Motor Sales Limited, Chesterville. Phone 448-2488. 42-43c

FOR SALE—Young calves. Holstein and Beef cross. Phone 448-3083. 42-43c

FOR SALE

FOR SALE—1972 Ford LTD. Phone 821-1598. 43-44c

FOR SALE—Another shipment of Beatty Litter Carrier boxes and most other Beatty parts. R. H. Beckstead, I.H. Parts, Chain Saws, Williamsburg. Tel. 535-2103. 43tfc

FOR SALE—Two Alamo 30t vacuum pumps. Peter Babcock, Ltd., Surge Dairy Farm Equipment, 448-2909 or business number 984-2991. 43tfc

FOR SALE—Four used milk meters with new kg. flasks for weighing milk with pipeline. Peter Babcock Ltd., Surge Dairy Farm Equipment, 448-2909 or business number 984-2991. 43tfc

FOR SALE—See the bargain table of values all for $1.00. Running shoes, slippers, belts, purses and more at Jan Mart, Chesterville. 42tfc

FOR SALE—One third off all flannelette and perma-cotton sheets at Jan Mart, Chesterville. 42tfc

FOR SALE—One third off all bib overalls by Big Blue and Que. at the Jean Joynt, downstairs at Jan Mart, Chesterville. 42tfc

FOR SALE—Give her the Freedom she wants for Valentine's. One third off all ladies' flannelette shirts by Freedom at the Jean Joynt, downstairs at Jan Mart, Chesterville. 42tfc

FOR SALE—K-Tel records and tapes at ½ price at the Hit Pit, downstairs at Jan Mart, Chesterville. 42tfc

FOR SALE—1975 Rupp Sport 340, 600 miles. Excellent condition. $650 or best offer. 774-2212. 42-43p

FOR SALE—Good quality baled hay and straw - in any quantity. Garnet Cowell, North Gower, 489-3861. 42-43p

FOR SALE—Haylage 20 x 35 — 987-2853 or 774-6503. 42-43p

FOR SALE—To settle estate: Admiral Harvest Gold refrigerator and stove, $500; one Inglis Dryer, white $225; various other items. Phone evenings 821-1951. 42-43c

FOR SALE—Oat straw. $1.00 per bale. Doug Boyer, Ormond Road. 774-6023. 43-44p

FOR SALE—Hay. Carlsbad Springs. 1,500 bales for $1,100. Phone Larry Kelly 835-2306. 43c

FOR SALE—Remington 308 Semi Automatic with Redfield Scope, $275; Remington 12 gauge Wingmaster Shotgun, $175; and a nine piece dining room set. Phone 821-3472 after six. 43-44c

FOR SALE—1968 Ford ¾-ton pick-up, excellent condition. Also 500 bales of good quality hay. Tel. 989-6138 after 6 p.m. 42-43p

FOR SALE—Apples — Fancy Grade $4.00 a bushel and up. McIntosh, Cortland, Delicious, Russets, Snows, Wealthies, and other varieties. Four miles west of Williamsburg. Smyth's Orchard. 36-44c

REAL ESTATE FOR SALE
IRVING H. MILLER
REAL ESTATE BROKER
PRESCOTT, ONTARIO
Williamsburg Area—Ill health is forcing the gentleman's farm for sale. 250 acres all clay loom, most of the land is tile drained, 4 unit pipeline milker for 44 cows, stable cleaner, silo unloader, 3,500 lb. bulk tank, Big No. 1 and No. 2 milk quota and 90 head of cattle. There are 44 milk cows and about 50 head of one and two year olds. Excellent line of machinery, two tractors and a grinder mixer in excellent shape. Four bedroom, storey and ½ house, renovated two years ago. Two bathrooms, forced air oil furnace, big laundry room and a double garage.
Iroquois Area—Six miles north of Iroquois a four bedroom, five year old bungalow on about five acres of land, two bathrooms, fireplace, two furnaces, one forced air oil furnace and one for wood, big laundry room, nice carport. Located beside a country road. School buses in front for all schools.
These two properties have to be seen to be appreciated.
Call Charles Heuvel,
R.R. 2, Brinston, Ontario
Telephone 652-4764 41-43c



FOR SALE

FOR SALE—Two mixed collie pups. Black, brown and white, 8 weeks old. One male, one female. Phone 774-3681 after 6 p.m. 43p

FOR SALE—Ten tons of oats. Phone 989-5280. 42-43c

FOR SALE—Hay, 1,500 bales, no rain, will store in barn until required. Phone 989-2022. 42-43c

FOR SALE—1973 Dodge Maxi Van Bus, new paint, good tires. Apply at Hillcrest Haven, 2 miles west of Winchester. 42-43c

FOR SALE—Agromatic Chain - Feeder with 2 h.p. motor and 240' chain. Chain three years old. M. Schneckenburger, R.R. 1, Morrisburg, K0C 1X0. 543-3389. 42-44p

FOR SALE—General Electric Stove, 2 ovens, excellent condition, $700 value new. $200. Phone 821-1328 before 9 p.m. 41-43c

FOR SALE—1970 Nordic 640 Skidoo in excellent condition. Call 774-5122. 42-43c

HAY FOR SALE—Phone 448-2983 37-44c

RABBITRY EQUIPMENT
Cage Fabrics, Waterers, Feeders. Write Birchwood, Carlsbad Springs, R.R. 1, K0A 1K0. 42-45p

FOR SALE—1975 Plymouth Valiant, 4 door, 6 cylinder, power steering, good condition, asking $2,500. Phone 989-5559. 42-43c

CARDS OF THANKS

CARD OF THANKS—We would like to express our sincere thanks to those who were so kind and helpful during the illness and loss of a dear husband and father, Arnold Park. Our appreciation to Rev. Woolfrey, Dr. Merrett, Dr. Diemert and the many relatives and friends who sent floral tributes and memorial contributions. To all nurses on the second floor for their extra time and care. A special thanks to the friends and neighbours for their continuing support. Your kindness will always be remembered.
—Agnes Park and Bev 43p

CARD OF THANKS—For all the kindness shown to me by the nurses and Doctor Marston, while I was a patient in the Winchester Hospital. To Rev. Dr. Lester Joyce, and Rev. L.M. Ferguson and to all those who remembered me with cards and visitations I extend to all my sincere thanks.
—Elizabeth Wallace 43p

CARD OF THANKS—I wish to extend my sincere thanks to my friends, relatives and neighbours for their flowers, cards, gifts and visits while I was a patient in the Civic Hospital. Also thanks for all the phone calls and visits since my return home.
—Marg Summers 43p

IN MEMORIAMS

McLAREN—In loving memory of a dear father and grandfather, John Hall McLaren, who passed away February 14, 1974.
So many things have happened
Since you were called away.
Things you would have enjoyed
If you had been left to stay.
—The Family 43p

DERBY—In loving memory of a kind husband, father, father-in-law and grandfather, Harvey Derby who passed away February 18, 1973.
A light from our household has gone
A voice we loved is still
A face is vacant in our home
Which never can be filled.
—Ever remembered by Wife Verna and Family 43p

HELMER—In loving memory of a mother Theresa Helmer, who passed away February 19, 1975, and Dad, William N. Helmer, who passed away December 30, 1955.
O happy hours we once enjoyed,
How sweet their memory still,
But death has left a loneliness,
The world can never fill.
—Ever remembered Coby and Margret Helmer and Family 43p

MARCELLUS—In loving memory of a dear husband and father Hugh W. Marcellus who passed away suddenly February 15, 1976.
We think of him in silence,
His name we oft recall,
There is nothing left to answer,
But his picture on the wall.
—Wife Marion, Mel, Larry and April Dawn 43p

BAKER—In remembrance of my father Mr. Oliver Baker who passed away February 20 and also my mother Mrs. Maria J. Baker who passed away March 19.
Like falling leaves the years slip by
Yet loving memories never die
Too far away for sight or speech
But not too far for thought to reach
No longer in our lives to share
But in our hearts you're always there.
—Ever remembered by daughter Lois, son-in-law Burt White and Family 43c

IN MEMORIAMS

MORRIS—In fond and loving memory of a dear brother, Eldon Morris, who passed away February 18th, 1970.
Till memory fades and life departs
You live forever in our hearts.
—Mabel, Edna and Donald 43c

HUME—In loving memory of William J. Hume who passed away February 14th, 1975.
—Lovingly remembered by Edna Hume and Family 43p

HAY—In loving memory of a dear husband and father, Lloyd G. Hay, who passed away February 19, 1977.
Though we are apart,
You are very near and dear in our hearts.
—Sadly missed by Wifey Betty; Daughters Suzanne and Virginia; David and Dean. 43c

DOUGLAS—In loving memory of a dear mother and grandmother, Ida Douglas who passed away February 12, 1977.
The depths of sorrow we cannot tell
Of the loss of one we loved so well.
And while she sleeps a peaceful sleep
Her memory we shall always keep.
—Sadly missed by Fred, Gwen and Family 43c

HUME—In loving memory of a brother, Bill, who passed away February 14, 1975, and Hope and Eddie Cowan, 1971.
Memory drifts to scenes long past
Time rolls on, but memory lasts.
—Sisters 43p

BECKSTEAD—In loving memory of a dear mother and grandmother, Mrs. Nathan Beckstead, who passed away February 19, 1961.
She never really left us nor did she travel far,
Just entered into another world and left the door ajar.
—Always remembered by Daughter Epha and Grandchildren Marguerite, Dwaine and Cecil 43p

THOMS—In loving memory of my grandmother Mrs. Lottie Thoms who passed away February 18, 1976. My grandfather Mr. Geo. H. Thoms who passed away March 25, 1968.
My grandfather, Mr. Asa Hanes who passed away May 30, 1968.
I think of them in silence,
No eyes can see me weep,
But still within my aching heart,
Their memories I will keep.
—Always remembered by their Granddaughter Joan MacIntosh 43p

HUNTER—In loving memory of our parents Mr. and Mrs. Charles E. Hunter. Dad passed away February 17, 1957, Mother passed away March 24, 1957.
We think of them in silence
No eyes can see us weep
But still within our aching hearts
Their memories we keep.
—Audrey, Bruce and Family
Kenneth, Della and Family 43p

COMING EVENTS

SKATING AND SUPPER
Dig out the blades and come to the adult skating party and bean supper Thursday, February 23rd, 8 p.m. in the Metcalfe Arena. Skate to live organ music. Admission $1.50 and sponsored by Metcalfe. R.A. 42-43c

HOCKEY AT ITS FUNNIEST
Hockey at its funniest, Wednesday, February 22nd at 8 p.m. The Shilo Broncos (Shilo Riding Club) will take on the Country Connection (Members of C.K.B.Y., Family Brown, and Silver Fox) in an action packed game at the Metcalfe Arena. Adults $1.00, Children $.50. 42-43c

WIND-UP DANCE
Metcalfe Recreational Association presents Winter Carnival Wind-up dance in the Community Centre hall Saturday, February 25th. Dancing 9 to 1 to the music of "Helen's Selections". Admission by ticket only at $2.50 per person. Tickets available by calling 821-2676 or from any R.A. member. 42-43c

KICK-OFF NIGHT
Begin a week of fun by attending carnival kick-off night, Friday, February 17th, in the Community Centre Hall, Metcalfe, at 7:30 p.m. Entertainment to include C.K.B.Y. personalities, Carnival Cuties Fashion Show and the Carnival Queen Contest. Adults $1.00, Children $.50, Pre-schoolers free. Sponsored by the Metcalfe R.A. 42-43c

C & W SHOW AND DANCE
Kitty Wells, Johnny Wright, Bobby Wright Country & Western Show and Dance coming to Edwardsburg Community Centre on July 8th at 8:30 p.m. Four hours of show and dancing. Tickets $15 per couple. Call 658-5364 or 658-5827 for tickets. (Restricted 18 years of age.) 42-44c

FILM PRESENTATION
"AM I A PHONY?" is the title of a film being shown this Sunday, February 19th at the Inkerman Wesleyan Church. Everybody is welcome. Rev. R. T. Holton; Pastor. 43p

CLASSIFIED ADVERTISING RATES

GENERAL CLASSIFIED - $1.25 minimum (25 words or less), $1.00 subsequent insertions. Otherwise .05 per word first insertion, .04 subsequent.

CARDS OF THANKS, COMING EVENTS, ENGAGEMENTS - $1.50 minimum (30 words or less) or 5 cents per word.

IN MEMORIAMS - $2.00 minimum including four line verse. 25 cents for each additional line.

All above are cash rates.
50 cents extra on charge accounts for each advertisement. Delinquent accounts will be refused further advertising privileges until account is paid in full.
PHONE 774-2524

DEADLINE FOR CLASSIFIED ADS: 12 NOON, TUESDAY

COMING EVENTS

GET THE WHEELING FEELING
For only $3.00. C & W Show and Dance. Six year old C & W superstar J.P. Rogers and The Brothers Two at Winchester Community Centre, March 3rd, 9:00 p.m. Door prize - Free trip to Wheeling in October. Refreshments. Admission at door. Information phone 535-2888. 43-44c

WINTER CARNIVAL
Metcalfe Winter Carnival Bonspiel at the Metcalfe Curling Club, Saturday, February 18. Entry fee - one Lottery Ticket per person. Community Service group, clubs and businesses most welcome. Phone entry - Pat Stachon 821-2201. 43c

BEEF DINNER
A Carnival Beef Dinner will be served by the Metcalfe United Church Women in the Metcalfe Community Centre on Sunday, February 19, from 4 p.m. to 6:30 p.m. Adults $2.75, Children $1.50, preschoolers free. 43c

NURSERY SCHOOL
Chesterville and District Nursery School re-opening March 7, in Winchester. Registration at St. Paul's Presbyterian Church, Winchester, 10 to 12 Saturday, February 18, 10 to 12 Wednesday, February 22. For further information call Mary Hutton 774-2918, Helen Wells 448-2889 or Janet Clapp 774-5917. 43c

SKI-DOO RALLY
Legion Annual Ski-doo Rally Branch 108, Winchester, Saturday, February 18th, 1978. Check-out time Legion Hall 12-2 p.m. Trophies, prizes, supper and dance $10.00 couple. Trophies, prizes, supper $7.00 couple. Only a limited number of $10 tickets. Music by "Combination Country" featuring Dan and Wendy Brown. 8:30 to 1:00 a.m. Tickets available from the Legion and Legion members. 40-43c

PANDEMONIUM
Name the music you want for the occasion and we will play it. Four piece band at an affordable price. Call Phil McVey 821-2553. 38-44c

MIXED PARTY
Mixed Party in honour of Mr. and Mrs. Donald Durant (nee Polly O'Callaghan) on Saturday, February 18, 1978 at Henderson Hall, Winchester. Refreshments. Music 9 to 1 by "Shad's Disco". Tickets available at the door. 42-43c

TESTIMONIAL EVENING
A Testimonial Evening will be held in honour of M.N. (Hugh) Hutchison on Saturday, February 25, 1978, at Winchester Community Centre. Social hour — 6 p.m. Dinner — 7 p.m. Dancing 9 p.m. - 1 a.m. Admission $7.50 per person. Limited number of tickets available from: Mrs. Orma Earl, Winchester 774-2824; Mr. Lorne Mellan, R.R. 1, Brinston 989-5480; Mr. Lorne Thompson Chesterville 448-2159; Morrisburg Area Office, Box 700 Morrisburg 543-2927; and all Elementary Schools in Dundas County.

HARMONY COMMUNITY CHURCH
CALENDAR OF EVENTS
Feb. 19 - 9:30 a.m. Rev. M. Atkinson 10:30 Sunday School.
Feb. 26th - At 3 p.m. Rev. Elgan Armstrong with the Brockville Bible College Choir. Sunday School 2 p.m. Please note change in times.
March 5th - 9:30 a.m. Rev. M. Atkinson. 10:30 Sunday School.
Prayer meeting every Tuesday night 8 p.m. 43p

COMING EVENTS

25th WEDDING ANNIVERSARY
Friends, relatives and neighbours are cordially invited to the 25th Wedding Anniversary of Mr. and Mrs. Ted Wickers on Saturday, February 18, 1978 at the Kars Community Centre 9:00 p.m. Music by "Helen's Selections." 43p

WEEKLY BIBLE STUDY
(Private Home) Interdenominational. Transportation where required. Those who are interested, please contact 774-3300. All welcome. 43c

MIXED COMPANY
Four piece Orchestra for all occasions. For information call Bill Savage 829-3198 or Mark Thompson 224-6744 (by contract only). 32tfc

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Rev. L. Schalkwyk, B.A., B.D.,
Telephone 535-2598
Morning Service 9:30 a.m.
Afternoon Service 2:30 p.m.
24tfc

BINGO
Every Tuesday at Metcalfe Community Centre. Sponsored by Metcalfe and District Lions Club. 27tfc

COUNTERWEIGHT NEW "SLIM FOREVER"
A permanent way to lose weight and keep it off for the rest of your life. For more information call 821-2500 or Ottawa 725-2041 or Toll Free 1-800-268-2211. 39c

LIONS WEEKLY BINGO
Lions of Winchester, Ontario, Inc., Weekly Bingo. Every Monday evening in the Lions Hall for Senior Citizens. Doors open at 6:30 p.m., 1st game at 8 p.m. Admission $1.00 (minimum age: 16 years). Jackpot $300, 52 numbers to be called. Consolation $25.00. 15 regular games of $10.00. 5 Share the Wealth games and 1 Winner Take All. Licence No. 194989. 42tfc

NOMINATION MEETING
Nepean-Carleton Liberal Nomination meeting. The Nepean-Carleton Liberal Association Nomination meeting will be held at Nepean Sportsplex (Hall 'B') on Tuesday, February 21st beginning at 8:00 p.m. Guest speaker for the occasion will be the Honourable Norm Cafik Minister of Multiculturalism. In order to have voting privileges memberships must be purchased at least 72 hours prior to meeting. For information regarding such memberships please call Cathy Cavanagh (232-1455) or (996-4450). 42-43c

WINCHESTER THEATRE
DOORS OPEN AT 7:00 P.M.
ONE COMPLETE SHOW, 7:30 P.M.
Thurs., Fri., Sat.
February 16, 17, 18
"ORCA"
Starring Richard Harris, Charlotte Rampling.
Adult
Mon., Tues., Wed.
February 20, 21, 22
"JOSEPH ANDREWS"
Starring Ann Margret, Peter Firth.
ADMITTANCE RESTRICTED TO PERSONS 18 YEARS OF AGE OR OVER

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Osgoode Township Historical Society
to commemorate Heritage Day will hold an Open House, Tea and Bake Sale on Saturday, the 18th of February, 1978, 1 to 4 p.m.
at the Museum in Vernon.

Township Of Osgoode
COUNCIL MEETING
The Council of the Corporation of the Township of Osgoode will hold an open Council Meeting in the Osgoode Centennial Community Centre on *MONDAY, FEBRUARY 27th, 1978, at 8:00 O'CLOCK P.M.* The purpose of this meeting is for public discussion of a proposed capital expenditure for renovations to the Community Centre.

Also, any general questions from the public would be welcomed.

Fred Wilson,
Clerk-Treasurer

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TOWNSHIP OF MATILDA
Tender For Crushed Gravel And Crushed Stone For 1978

Sealed tenders, plainly marked "Tender for crushed gravel and or crushed stone" will be received at the Matilda Township Office, Brinston, Ontario, K0E 1C0, until 4 p.m., Wednesday, March 1st, 1978 for the following:

To supply, crush and deliver on Matilda Township Roads:
A. 4000 tons more or less of 5/8" crushed gravel.

B. 13,000 tons more or less of 5/8" crushed rock, crusher run, from a rock quarry only.

Two bids will be received on each of the above materials, one bid at a flat rate only anywhere in the township and the other bid to the north and to the south of a dividing line in the township, at a flat rate anywhere therein.

Tenders will be accepted only on township tender forms which may be obtained from the undersigned or from The Clerk's Office at Brinston. Bidders may bid on the crushed gravel or on the crushed stone or on both. A Certified cheque for 10 per cent of the total bid must accompany each tender.
The lowest or any tender not necessarily accepted.

Douglas Liezert
Road Superintendent,
Lot 24, Concession 3,
Matilda Township,
R.R. 2, Iroquois, Ont.
K0E 1K0

Tel. 613-652-4074
613-652-4403

HELP WANTED
- Part-time work for mature reliable person.
- Must have references, own transportation.
- Must live in Winchester.
- Must be bondable.
- Hours and wage negotiable.
- Write stating name, age, address, phone number, etc. to

Imperial Janitorial Service
P.O. Box 717, Winchester, Ont.
Students need not apply.

TENDER
Sealed tenders, marked as to contents, will be received by the undersigned up to 12:00 noon, March 3, 1978, for the supply of approx.: 12,000 tons of 5/8 crushed stone or 5/8 crushed gravel.

Specifications and tender forms may be obtained from the office of the Road Superintendent.

The lowest or any tender not necessarily accepted.

Glenn MacGregor, Clerk,
Township of Winchester,
Morewood, Ontario.

TENDER
Sealed tenders, marked as to contents, will be received by the undersigned up to 12:00 noon, March 3, 1978, for the supply to the Township of Winchester of the following:

1. 150 tons of calcium chloride applied to township roads in liquid form.
2. 75 gallons brushkill — 1:1 (48 oz. 2,4-D plus 48 oz. 2,4,5-T).
3. 1978 township requirements of steel culverts for township roads and municipal drains, delivered to the township.

The lowest or any tender not necessarily accepted.

Glenn MacGregor, Clerk,
Township of Winchester,
Morewood, Ontario.

TENDERS FOR
STEP-VAN FOR WILLIAMSBURG TOWNSHIP FIRE DEPT.

Tenders will be received by the undersigned up to 12:00 O'CLOCK NOON ON MARCH 4, 1978 for the supply of one Step-Van.

Specifications may be obtained at the Clerk's Office, Williamsburg, Ontario, or from Mr. Hugh Garlough, Road Superintendent.

SIGNED:
Keith Schell,
Clerk-Treasurer,
Township of Williamsburg.

Public Works Canada / Travaux publics Canada

INVITATION TO TENDER

SEALED TENDERS for the projects or services listed below, addressed to Chief, Contract Policy and Administration, National Capital, Department of Public Works Canada, L'Esplanade Laurier, East Tower, 16th floor, 140 O'Connor Street, Ottawa, Ontario, K1A 0M3 and endorsed with the Project Name and Number, will be received until 3:00 P.M. on the specified closing date. Tender documents can be obtained through the Plan Distribution Office, same address as above, Telephone No. 992-6433, on payment of the applicable deposit.

PROJECT
No. 077776-D9-000[M] - Construction of Post Office, South Mountain, Ontario.
Tender documents may also be seen at the Construction Association in Ottawa and Hull.
Closing date: **Thursday, March 2nd, 1978.**
Deposit: **$25.00**

INSTRUCTIONS
Deposit for plans and specifications must be made in the form of a certified bank cheque to the order of the Receiver General for Canada, and will be released on return of the documents in good condition within one month from the date of tender opening.

To be considered each tender must be submitted on the forms supplied by the Department and must be accompanied by the security specified on the tender documents.

The lowest or any tender not necessarily accepted.

E.A. Slot,
Chief, Contract Policy and Administration,
National Capital

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Real Estate For Sale

Horse lovers have to see this 100 acre farm 20 acres bush, near Chesterville, 3 bedroom frame home all facilities, horse barn with 6 stalls, ¼ mile track, asking $65,000.00.

Inkerman area good 100 acre farm excellent outbuildings, large 3 bedroom house needs some renovating, asking $62,000.00.

In Chesterville nearly new 3 bedroom bungalow brick and siding fenced lot, wall to wall throughout, modern kitchen with dining area, electric heat, owner anxious to sell.

102 acres Chesterville area, 15 acres bush with good barn, ideal building site.

In Winchester a fully redecorated two-storey red brick home, 4 bedrooms, complete new kitchen with patio doors from dinette onto cedar deck, also included is an attached one-bedroom apartment, must be seen.

Van Sleuwen
Real Estate Limited
Highway 31, 31 Inn Motel, 774-2106
Mon.-Fri. 9 to 4:30 p.m.
Evenings, Brian O'Connor 774-3627

Real Estate For Sale

Winchester—Handyman's special. Large older frame house on municipal water and sewer. Easily converted to a double. Exceptionally large lot. Asking $23,500.00.

Winchester Area—Nearly new 3 bedroom bungalow, on 21 acres land, 4 acres cleared, balance bush. Valuable frontage on Highway 43. Very reasonably priced.

Winchester—Nicely remodelled 3 bedroom home, spacious rooms, hot water heating, large family room with eight foot patio doors giving access to lawn. Carport. Priced to sell.

Winchester Area—48 acres land with 4 bedroom house, plus new addition containing large family room with fireplace, and garage. Good barn buildings. Sold with or without several saddle horses, beef cattle and machinery. The price is right.

Winchester—Several new 3 bedroom homes, electric heat, rugs throughout, separate dining areas, two with attached garages. HUDAC warranty. Immediate possession. Attractively priced.

Winchester Area—Three bedroom raised ranch bungalow, electric heat, rugs, partially finished rec room. Large separate garage and several outbuildings. All this plus 3 acres land for only $50,000.00.

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FOR APPOINTMENT CALL 774-3911

Real Estate For Sale

WINCHESTER—New brick and frame bungalow, living room with fireplace, kitchen and dining area, three bedrooms, 4 piece bathroom, paneled basement with second flue, laundry room and 2 piece bath. Excellent location. Priced at $48,000.00.

WINCHESTER AREA—Attractively located on mature wood lot a NEW 2-storey brick home, living room with fireplace, formal dining room, 4 bedrooms plus nursery, 1½ bathrooms, featuring built-in dishwasher and combination oil/wood furnace. Priced at $78,500.00.

MORRISBURG SHOPPING CENTRE—In an ideal location a retail store containing 1600 square feet. Asking price $58,500.00.

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WILLIAMSBURG AREA—Dairy Farm - 500 acres, very comfortable 4 bedroom home, 4 piece bath, oil heat, double attached garage, large barns with cleaner and pipeline milker, silo and unloader, approximately 65 Holsteins, group #1 and M.S.Quotas. Full line of nearly new equipment.
CRYSLER AREA—Dairy Farm - 200 acres all tillable, very good 4 bedroom home, all new carpets, 4 piece bath and oil heat, attached garage. Renovated barns, cleaner and pipeline milker, silo with unloader, new machine shed, approximately 80 Purebred Holstein Cattle, Group #1, and M.S. Quotas. Full line of nearly new farm equipment. Priced right to settle estate.
MOUNTAIN—Immaculate older stone home with 51 acres cleared land, spacious kitchen with "Greg" cupboards, bright dining room, large living room with stone fireplace, 3 bedrooms and 4 piece bath, stone fireplace in M.B.R. New addition suitable bedrooms, family room or apartment, all electric heat. Renovated barns suitable horses or other livestock.
MOUNTAIN—Good building lot on paved road, max. 1 acre, already severed and surveyed.

For these and other properties please call IRWIN HOLMES at 774-2434 or the Royal Trust Office 733-9100.

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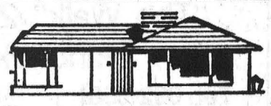

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By Frank Morgan

For your convenience this is a schedule of events for the carnival —

THURSDAY, FEBRUARY 16th
5 to 7 - Church Suppers at both United and Presbyterian Churches; 8-12 - Teen Town Disco with Shad's Disco; 8:30 to 9:30 - Township Skating Party; 9:30 to 10:30 - Mixed Broomball Game featuring guys and gals from two country teams.

FRIDAY, FEBRUARY 17th
1:30 - Public School Costume Skating Party (prizes for top costumes all ages); 5 to 7 - Legion Bean Supper at the Legion Hall; 7 to 8 - Ault's vs. Hydro; 8:30 - Winchester Hawks vs. Dundas County Old Timers; 9 to 1 - Carnival Ball featuring Westburg Union.

SATURDAY FEBRUARY 18th
8 to 10 a.m. - Scout Breakfast at the United Church Hall; 8 a.m. to 7 p.m. - Special Minor Hockey Games at the Arena; 1:30 p.m. sharp - Bed Races on Main Street sponsored by Winchester Lions; 12 Noon - Registration for Legion Snowmobile Rally at the Legion Hall; 7 to 7:45 - Moms vs. Wee Wees (always great fun); 7:45 to 8:15 - Presentation of Carnival Queen Contestants; 8:15 to 8:30 - Ladies' Pancake Race (for M&M Trophy); 8:30 to 9 - Winchester Figure Skating Club Presentation; 9 to 9:30 - Crowning of Carnival Queen for 1978 and prize presentations; 9:30 to 10 - Tug of War Competition; 10 - Public Skating Party. Family dancing for all ages in the upstairs hall following Carnival Queen.

SUNDAY FEBRUARY 19th
Church service in all local churches; 1 p.m. - Sleigh Rides, Sliding Competitions, Cross-Country Ski Rally, Snowmobile Rides at the Park - sponsored by Winchester 100 Club; 2 to 4 - Conn Skating Party in the Arena; 2 p.m. - Upstairs Hall open for impromptu sing-songs, crokinole and other games or for just visiting with your friends; 4 p.m. - Hot Dogs and Hot Chocolate for the kids, sandwiches and coffee for the adults in the hall.

We extend a warm welcome to all to take part in as many activities as possible during this weekend of Carnival Family Fun. All admissions will be kept low so as many people as possible will be able to join in the fun. Special rates for children, students, senior citizens and family groups will be applied to assure your participation in all events at the arena. We do extend a special invitation to the whole family for Saturday night when the entire presentation at the arena will be geared for family fun. We will welcome children of any age to join their moms and dads at the family dance in the hall. Appropriate music will be played for all age groups. Let's all turn out and make this the best Family Carnival ever.

Ontario

ROYAL COMMISSION OF INQUIRY INTO THE Confidentiality of Health Records in Ontario

By Order-in-Council dated the 21st day of December, 1977, The Honourable Mr. Justice Horace Krever was appointed pursuant to The Public Inquiries Act, 1971, to:

1. review all legislation administered by the Minister of Health (for example, The Public Hospitals Act, The Health Disciplines Act, The Health Insurance Act and The Mental Health Act), together with any other relevant legislation administered by other Ministers, and any Regulations passed thereunder, to determine whether proper protection is given to the rights of persons who have received, or who may receive, health services, to preserve the confidentiality of information respecting them collected under that legislation;
2. to review the legality of the administrative processes under the above Acts; and
3. to report thereon to the Minister of Health with any recommendations for necessary amendments to the legislation and the Regulations passed thereunder.

NOTICE OF HEARING

The first session of the Commission will be convened on Monday, the 20th day of February, 1978, at the hour of 10:00 o'clock in the forenoon, at the Sutton Place Hotel, 955 Bay Street at Wellesley, Toronto, Ontario, for the purpose of establishing procedures and granting status to interested individuals and organizations. Anyone intending to participate in the Commission's hearings is invited to attend and may make submissions at the above noted time.

The dates, times and places of public hearings will be announced at a later time.

The Commission is asking for opinions, comments and information from all interested individuals and organizations. Anyone wishing to make a written submission or deliver relevant information to the Commission may do so, addressing it to:

ROYAL COMMISSION OF INQUIRY INTO THE CONFIDENTIALITY OF HEALTH RECORDS IN ONTARIO,
22nd Floor, 180 Dundas Street West,
TORONTO, Ontario M5G 1Z8.
Telephone: (416) 965-4003

The Hon. Mr. Justice Horace Krever,
Commissioner.

Harvey T. Strosberg,
Counsel to the Commission.

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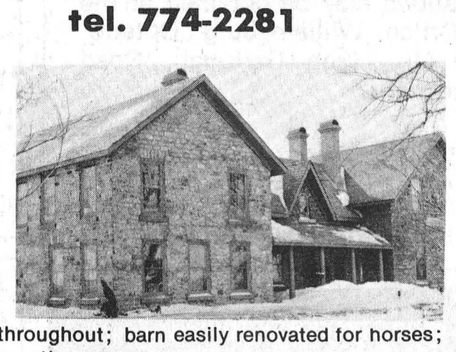
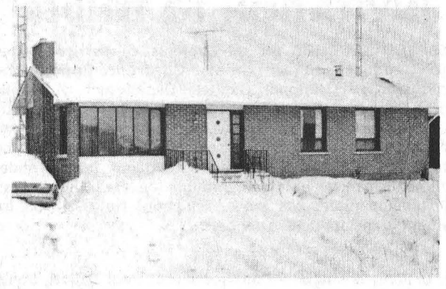


EXECUTIVE STONE HOME on 50 acres of land, 400 Amp service with electric heat, 3 fireplaces, 4 bathrooms with gold and brass fixtures, house fully insulated, all new interior walls, floors, new exterior doors and windows, new kitchen, every feature custom-built, decorated by interior decorator, new roof, large two-car garage, stereo music piped throughout, T.V. and telephone jacks throughout; barn easily renovated for horses; many, many extras; call for further information.



Winchester—Custom-built two storey, 4 bedroom brick and aluminum siding home, carpets throughout, fireplace in living room, electric heat, finished basement, car port could be made into garage, situated on large lot — many extras.



Winchester—Lovely 3 bedroom brick bungalow, electric heat, 2 fireplaces, finished basement, immaculate throughout. Priced to sell.

Mountain Township—313 acre dairy farm, 2 houses, large barns, pipe line milker for 67 head, Milk Quota, 879 lbs. of Group No. 1, per day, 390,000 lbs. M.S.Q., hog barn for 45 sows, 2 stable cleaners, auto-matic feeding system, 2 Harvestor silos, 1 cement silo, 100 head of P.B. Holstein cattle, full line of new farm machinery.

Matilda Township—New 3 bedroom frame bungalow, electric heat, 4 piece bath, 200 amp service, colour lock siding, situated on paved road. Asking $35,500.

Mountain Township—60 acre hobby farm, house and barn seven years old. F.A. oil heat, 100 amp service. Asking $55,000.00.

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Manotick Resident Dies

Willis W. McRostie, a former well known Metcalfe area farmer, and in more recent years a highly respected Manotick resident, died suddenly February 12th in his 86th year.

Born at Metcalfe, a son of the late Mr. and Mrs. William McRostie, he received his education at local schools. Always keenly interested in all community endeavours, he was also a tireless church worker.

The late Mr. McRostie is survived by his widow, the former Edna Jeacle, and two daughters: Mrs. Cecil Moore (Helen) and Mrs. Keith Moodie (Freda), both of Manotick. Six grandchildren and two great grandchildren also survive.

A member of Manotick Presbyterian Church the funeral service at Vice and Craig Funeral Homes Inc., Metcalfe, was conducted by Rev. Robert Sandford and Rev. Stuart Hewlitt.

Pallbearers were four grandsons, and entombment was at Springhill vault to await spring burial.

The Corporation Of The Township Of Osgoode

NOTICE OF APPLICATION to the Ontario Municipal Board by the Corporation of the Township of Osgoode for approval of a by-law to regulate land use passed pursuant to Section 35 of *The Planning Act*, R.S.O. 1970, C. 349.

TAKE NOTICE that the Council of the Corporation of the Township of Osgoode intends to apply to The Ontario Municipal Board pursuant to the provisions of Section 35 of The Planning Act for approval of By-law No. 54-1977 passed on the 15th day of December, 1977, the full text of which is furnished herewith. A note giving an explanation of the purpose and effect of the by-law stating the lands affected thereby is also furnished herewith. This By-law (No. 54-1977) is to amend the Restricted Area By-law No. 16-1971.

ANY PERSON INTERESTED MAY, within twenty-one (21) days after the date of this notice, send by registered mail or deliver to the Clerk of the Township of Osgoode notice of his objection to approval of the said by-law, together with a statement of the grounds of such objection.

ANY PERSON wishing to support the application for approval of the by-law may within twenty-one (21) days after the date of this notice send by registered mail or deliver to the Clerk of the Township of Osgoode, notice of his support of approval of the said by-law together with a request for notice of any hearing that may be held, giving also the name and address to which such notice should be given.

THE ONTARIO MUNICIPAL BOARD may approve of the said by-law but before doing so it may appoint a time and place when any objection to the by-law will be considered. Notice of any hearing that may be held will be given only to persons who have filed an objection or notice of support and who have left with or delivered to the Clerk undersigned, the address to which notice of hearing is to be sent.

THE LAST DATE FOR FILING OBJECTIONS WILL BE MARCH 3, 1978.

DATED at the Township of Osgoode municipal offices this 9th day of February 1978.

Mr. Fred Wilson
Clerk-Treasurer
Township of Osgoode
Municipal Office
P.O. Box 130
Metcalfe, Ontario

THE CORPORATION OF THE TOWNSHIP OF OSGOODE
BY-LAW NUMBER 54-1977
A Restricted Area By-law

Being a By-law to amend By-law 16-1971 for prohibiting the use of land for or except for such purposes as may be set out in this By-law and for prohibiting the erection or use of buildings or structures for or except for such purposes as may be set out in the By-law within the said lands; and for regulating the character and use of the said lands.

WHEREAS the Council of the Corporation of the Township of Osgoode deems it advisable to amend the said By-law 16-1971 as hereinafter set forth;

AND WHEREAS authority is granted under Section 35 of The Planning Act, R.S.O. 1970, subject to the approval of The Ontario Municipal Board, to the Council of the Corporation of the Township of Osgoode to exercise such powers.

AND WHEREAS the amendment is in conformity with The Official Plan of the Osgoode Planning Area and the Official Plan of the Regional Municipality of Ottawa-Carleton,

AND WHEREAS it has been brought to the attention of Council that certain provisions of By-law No. 16-1971 do unduly restrict use of lands and buildings which are otherwise suitable,

NOW THEREFORE the Council of the Corporation of the Township of Osgoode ENACTS AS FOLLOWS:

SECTION 1 - DEFINITIONS

Mobile Home: shall mean a single family dwelling designed for transportation after fabrication on streets and highways on its own wheels or on a flat bed or other trailer, and arriving at the site where it is to be occupied as a dwelling complete and ready for occupancy, except for minor and incidental unpacking and assembling operations, located on wheels, jacks or permanent foundations, and which may be connected to utilities and the like.

Farm: for purpose of the amendment only, a farm shall be a contiguous parcel of land under common ownership at least 100 acres in size and actively used for grazing of animals or raising of crops.

SECTION 2 - GENERAL

No person shall use any land, nor erect, alter or use any building or structure except in conformity with the provisions of this By-law. When the requirements or regulations of any department of Government impose greater restrictions than the restrictions imposed by this By-law, then such greater restrictions shall govern.

SECTION 3 - SECOND FARM HOMES

Section 9.3 is amended by the addition of the following Section 9.3(a):

Notwithstanding anything in this By-law otherwise provided, a second single family dwelling may be erected in a Rural (Ru) Zone on a lot having an area of at least 100 acres, provided one dwelling is to be occupied by the owner of the lands and the other dwelling is to be occupied by a person or persons whose principal occupation is the conduct of an agricultural operation or enterprises on such lands.

For the purpose of this By-law and in this section only, a mobile home may be used as an accessory or second single family detached dwelling.

Prior to making application for a building permit for a second single family dwelling pursuant to this Section, the Owner shall submit to the Council, for approval, site plans and upon agreement between the owner and Council regarding such site plans, the owner may be directed to enter into a site plan agreement which shall be registered on title to the lands.

SECTION 4 - EFFECTIVE DATE

This by-law shall come into full force and effect on the date of passage by Council, subject to the approval of the Ontario Municipal Board.

Read a First and Second time this 15th day of December, 1977.

(Signed) A. Bouwers
Reeve
(Signed) Fred Wilson
Clerk

Read a Third time and passed this 15th day of December, 1977.

(Signed) A. Bouwers
Reeve
(Signed) Fred Wilson
Clerk

EXPLANATORY NOTE

This By-law is passed in conformity with the Official Plan of the Regional Municipality of Ottawa-Carleton and the Osgoode Planning Area Official Plan as amended.

The amending By-law has two purposes:

1. It seeks to relieve the hardship on the farming population in the event they wish to build a second residence for their son or daughter or for hired help, if they actively farm on such lands.
2. It seeks to achieve the agricultural lands preservation goals as spelled out in the Osgoode Official Plan and the Ottawa-Carleton Official Plan. It does this by maintaining more viable farm units of 100 acres or more.

NOTICE TO RATEPAYERS

in the Township of Mountain and Winchester in the County of Dundas, and in the Township of Russell in the County of Russell, and in the Townships of Cumberland, Gloucester, Rideau and Osgoode in the Regional Municipality of Ottawa-Carleton, and in the Township of South Gower in the County of Grenville.

NOTICE of this application is hereby given pursuant to Rule 1(1)(a) of the Rules of Procedure of the Ontario Municipal Board.



Skicade Visits OTHS

Skicade is a program of the Ontario Ski Council introducing both alpine and cross-country skiing to over 50,000 Ontario students this winter.

Last Friday the unit visited Osgoode Township High School at Metcalfe where two talented young professionals conducted a series of educational demonstrations using the football field as their "classroom".

This program is one of many offered by the Ontario Ski Council, a non-profit organization and a member of Sport Ontario. The council is supported by the Sport and Fitness Division of the Ministry of Culture and Recreation.

O.T.H.S. was one of 700 schools chosen to benefit this season, and Michael Ruby and Trent Wilde had their equipment ready when the first group of students arrived shortly after 9:00 a.m.

The school already has a limited number of well-trained ski enthusiasts and it was interesting to note that while the football field was alive with novice girls and boys, Physical Education Head Jim Kerrouish was in his office completing plans for an exciting weekend at the Stowe Ski School in Vermont.

Later in the day a busload of students loaded their gear and were off.

"Movies" Theme Of NDDHS Carny '78

By Kathy Workman and Marg Wouters

Two weeks after exams, school life has once again been returned to normal. The after effects of exams have been put behind and all attention is being focused on our annual school Carnival. This year Carny '78 will be kicked off at the beginning of activity period on Thursday, February 23, and continue through the night to 3:30 p.m. Friday afternoon.

The theme is The Movies. The highlight of the Carnival will be the dance, Thursday night, featuring Metagenesis. The dance runs from 8:30 p.m. to 11:30 p.m., with the doors closing at 10:00 p.m.

The 1978 Carnival King and Queen will be announced at the dance.

Following the dance are the overnight marathons which run until 7:00 a.m. Day events include our own version of The Gong Show and the popular Casino, as well as outdoor activities. Full lists of all activities and events as well as their locations will be made available within the next two weeks.

In sports news, Gold House tied Black House in boys' House League floor hockey last Thursday. The score was 2-2. The final standings for Level 1 boys' House League volleyball was Red - 20 points, Black - 15 points, Gold - 10 points, and Green - 5 points. In the same event on the girls' side of the gym, Black came in first with Red and Gold tied for second and Green losing by default. Girls' broomball is currently being played during every activity period.

On Friday, February 17, there will be a basketball game in the school gym, featuring the "Ottawa Roughriders" and the "Dundas Globetrotters". Game time is 8:00 p.m. Some of the Riders appearing are Tom Clements, Jeff Avery, Mike Murphy, Jim Piaskowski and others. Tickets can be obtained for $2.00 from any member of the Chesterville Midget Flyers. Everyone is welcome.

Sir Robert Borden Downs Osgoode High Curlers

Sports action is getting lighter as we get set for the second term exams which began in the first week or so in March.

Last week in sports, both the senior and junior girls' volleyball teams went down to defeat as the girls from Colonel By won both matches by 3-2 scores. The juniors, under the guidance of coach Mrs. McCann lost their first game 15-11 before winning the next two 15-5 and 15-10. Colonel By tied up the match with a 15-6 victory. With the score tied up at 13-13 in the final game, Osgoode blew the serve and CF took advantage of it and finally won 15-13. Meanwhile, the seniors came back with a close 16-14 and 15-9 victories to tie up the series at two games each. CB took the final game easily by a score of 15-4.

The boys' and girls' curling teams are having their problems this season. The males were drubbed 10-6, and the females lost a close match 5-4. Both teams played Sir Robert Borden.

We finally had a chance to go to Vorlage for that ski trip that was postponed because of the storm in late January. About forty skiers hit the slopes on that Monday. The lesson really helped us.

Next week, I'll report on the Tiny Herman Bonspiel which will be held at the Rideau Curling Club on Tuesday, February 14, beginning at 4:00 p.m.

See you next week!!!



Disaster Averted

A near disaster was averted when management committee members examined the Metcalfe Community Centre roof February 3rd, and to their amazement, found the structure loaded with tons of ice. Heavy rains, followed by severe cold, is believed to have caused the massive build-up of ice.

Taking precautionary measures the board ordered the rink closed and began the tremendous task of removing the ice. It is believed prompt action by the group averted what might have been serious damage to the comparatively new complex.

Some of the ice accumulation is pictured after being dislodged from the roof. Since there was no damage to the structure its 'business as usual' at the busy sports centre.

Press Photo—Rowan

Drop-In Centre Members Serve Pancake Breakfast

In January, despite bad weather conditions and winter flu causing illness, there was generally a good attendance at Osgoode Drop-in Centre with members and friends enjoying the luncheons and activities.

In mid-January at the Osgoode Winter Carnival, members were responsible for the Pancake Breakfast, serving 218 breakfasts. The Rhythm Band was on hand for the picking of the Queen of the Carnival night.

Speaking of royalty, George and Velma Byers were chosen King and Queen of the Drop-in Centre by popular vote. They graciously welcomed guests from Manotick at a dinner on January 27th, which was followed by a social afternoon. The delightful skit, "Photo Memories" was presented with Laura Porteous as narrator. Also Grace Blair entertained with two amusing monologues, and Doris Broughton and Arnold Morris led in several musical selections.

Those celebrating birthdays in January were: Maude Blair, Ruby Young, Marjorie Saunders, Harold Saunders, and Ernie Blanchfield.

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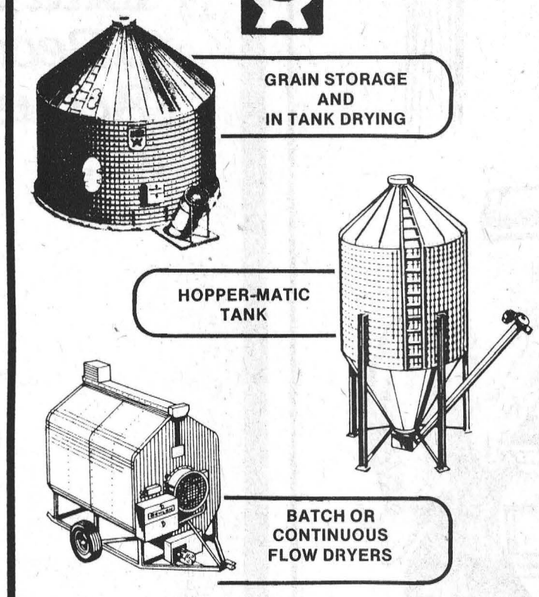

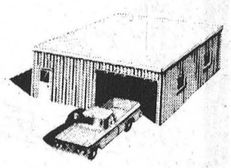
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Carnival Time Hits Metcalfe

Winter Carnival fever hits Metcalfe this week with the kick-off program Friday night featuring the crowning of the 1978 Queen. Opening night is being billed as 'Family Night' and organizers report plans complete for an entertaining program including a 'Roast' patterned off the now-famous Dean Martin affair. Dr. Lyn Morrow, the area's popular 'Country Doctor' will be on the hot seat and roast chairman Ron Isaac has lined up a group of local 'celebrities' to complete the fun panel.

Saturday

Following a delicious pancake breakfast at the Community Centre on Saturday morning most of the action will be next door at the curling club where a 'funspiel' will attract a wide variety of broom wielders including many playing the game for the first time. The evening program, at the Community Centre will include ringette, costume judging, races and novelty contests followed by an Old Time Dance with an almost limitless number of musicians on stage — all members of the East Osgoode and District Old Time Music and Dancing Association.

Sunday

The fantastic Sunday activities are scheduled not to interfere with morning church services but offering an opportunity for church-goers to enjoy a delicious lunch at the Lions Den following service.

The spectacular 'Carnival Parade' will move off at 2:00 and wind its way through the village before returning to the exhibition grounds. This will be followed by bed-racing; a carnival dinner and an evening variety show in the Community Centre Hall.

Alert committee members have programmed events for every evening including Bingo, skating parties, a teeny-bopper dance and snowmobile rally.

NOTE: (Complete program appears on page B-6)

Russell

Russell's winter fun time, sponsored by the Lions Club, gets underway next Tuesday when the 1978 extravaganza will be officially opened by the 1977 Queen, Miss Diane Wouters. Minor hockey will feature the program.

Wednesday's activities include figure skating, minor hockey showdown, and what should prove a real exciting hockey game with the Raiders being challenged by the 'Town Oldtimers'.

The 1978 Carnival Queen will be crowned on Thursday evening in conjunction with a fun-packed program, and on Friday the International Midget 'A' Hockey Tournament begins featuring teams from Brockville, Massena, Nepean, Gloucester, Kingston, West Ottawa, Belleville, East Ottawa as well as other area clubs.

Organizers have designed a continuous agenda for Saturday and Sunday with dances, a children's party and costumes.

NOTE: For complete program details see page 7.

Bill Smiley

(From Page 4)

the Other Place. This is worse.

Wife worries about sister-in-law, living alone in the country. Worries about her father, hoping he won't try to get around the rural mail route today. Worries about her daughter, who must bundle herself and The Boys up and venture into the storm to deliver them to daycare, herself to practice teaching assignment.

Tell her not to worry. There's nothing we can do about it. In fact am rather enjoying the storm, the cut-off feeling. The not going to work feeling.

A good storm is rather like a purge. Cleanses the spirit of that daily grumbling about the weather.



DARLENE SCHARF



LYNN LAURIN

Nurses Venture "Down Under"

Beginning March 6th two area nurses will be employed on the other side of the world. Both, formerly associated with the cardiac unit of Ottawa Civic Hospital, left Ottawa on February 6th for what they hope will be an exciting and challenging experience in Australia and New Zealand. Both will begin their new careers at Wellington Hospital.

Darlene Scharf, R.N., is a daughter of Mr. and Mrs. Eddie Scharf, Metcalfe; Lynn Laurin, R.N., a daughter of Mr. and Mrs. Phil Laurin, Trenton, Ontario.

Miss Scharf earned her private pilot's license recently and hoped to do some flying in the strange land.



Dream Draw Winner

John C. Wilson of Iroquois, a teacher at North Dundas District High School, was one of the winners in the recent Bank of Montreal 'Dream Draw'. Mr. Wilson's prize, after answering a skill-testing question (which proved no problem to a teacher), was a cheque for $5,000.00. The young educator, who lives on a farm, says the money will be used to remodel his home.

The grand prize winner of the $150,000 was L. Styles of Oshawa, Ontario. Other Ontario $5,000 winners were B. Morrison of Gores Landing; Mrs. M. Rivington, Windsor; Ms. S. Sharpe, London; and W. Dixon of Scarborough.

Winchester branch manager Al Loynachan, left, is pictured presenting the prize to Mr. Wilson while District Manager Gene Noonan looks on approvingly.

Press Photo—Patenaude

M.P. Walter Baker Speaks To Junior Board Of Trade

Last week the Leader of the Opposition spoke in Toronto to the Junior Board of Trade.

In the course of that speech, he discussed the slack in the economy, the confidence and cash that consumers need to buy more Canadian goods and services. He set forth, categorically, the position as follows:

"A Progressive Conservative Government would cut personal income taxes by at least two billion dollars a year. That would be a permanent tax cut, not a one month tax holiday or a short term tax credit. It would be directed toward lower and middle income Canadians, and would put an additional 300 dollars more in to the hands of most working Canadians."

Moreover, he said that such a tax cut must be financed not by larger deficits but by an offset reduction in Federal Government spending which, excluding matters which are fixed, increased by 37 per cent during the last year.

He spoke of the Public Service and its size and said that it would be a goal of a Progressive Conservative Government to reduce the size of the Federal Bureaucracy by **attrition** — by at least 20 thousand a year for the three year period.

Aside from the effect that this could have on the general level of Government expenditure which is a matter of considerable concern in the Country, this reduction (which assumes that no staff reductions are made to Military Personnel, Prison Guards or the RCMP) holds a tremendous benefit for the serving Public Servant.

Firstly, it means an end to the arbitrary declaration of redundancies which are putting Public Servants out of work with very little opportunity to be placed elsewhere in the Public Service despite the best efforts of the Public Service Commission.

Secondly, it will put an end to the practice that has been growing for appointments to the Public Service outside the usual competition procedures — a practice that was admitted before the Standing Committee on Statutory Instruments. The unfair and the arbitrary quality of such a practice requires no further elaboration for anyone in the Public Service.

Thirdly, it will increase the opportunities for promotion for the serving Public Servant as older employees retire.

Fourthly, it will put an end to the practice developed by the present Government of using a temporary pool of people at a period when redundancies are occurring and thus ensuring the serving Public Servant of greater opportunity for participation as well as advancement.

Fifthly, it will diminish, if not eliminate, the use of consultants for jobs which Public Servants are equipped to do.

And, finally, it will emphasize the commitment to the serving Public Servant who asks nothing more than the opportunity to do his or her job.

It will also diminish, if not eliminate, the dreadful necessity of telling a person who has years of service left in him or her that they are no longer required.

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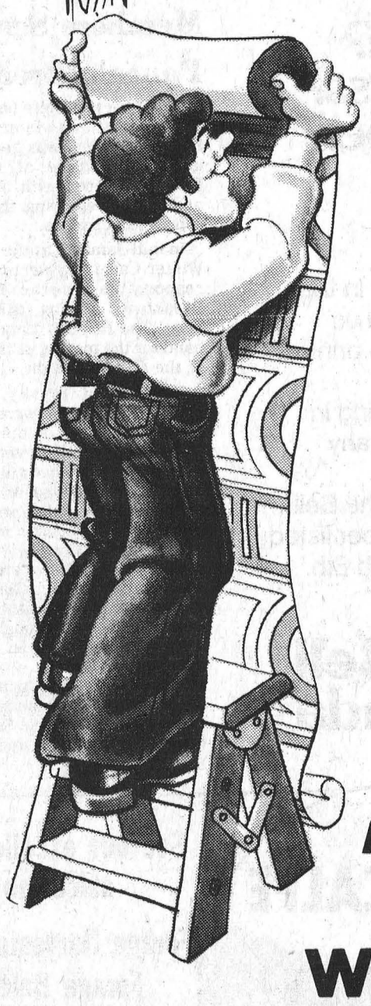

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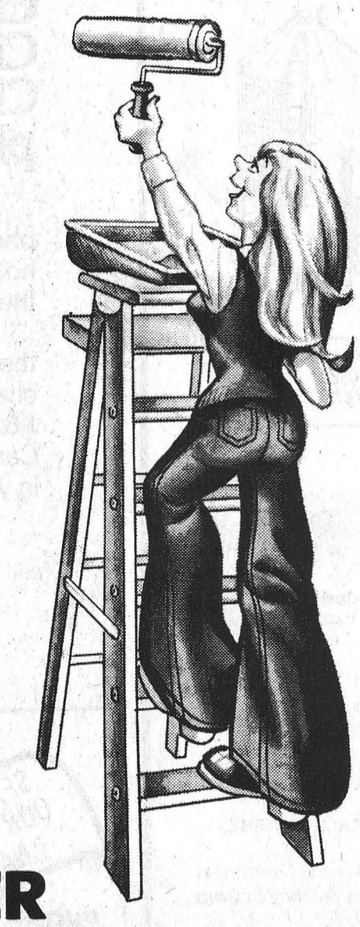

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The Child Is The Centre

Retiring Superintendent Hugh Hutchison Reflects On Lifetime Of Education

By Steve Hummell, Press Staff Reporter

MORRISBURG—It's a winter bright morning.

Sunlight fills the uncluttered kitchen, streaming through the expanse of windows. Seated at the wooden table, at the centre of the windows, Hugh Hutchison speaks easily, punctuating the air now and then with his index finger for emphasis.

His words swathed in a soft, Scottish accent, Hutchison, who's retiring as a superintendent with the Stormont, Dundas and Glengarry Board after a lifetime in education, postulated:

"When you work with a youngster and you suddenly see the light going on in his eyes, and you know he now understands something that he didn't before, there is no finer reward that I know of."

He's a man whose appearance — crisp white shirt, woolen vest, intense eyes framed by silver glasses, close cropped greying hair — doesn't belie his career.

A career that's stretched through stints as teacher in rural schools in Lake St. Peter and Hamilton, a public school inspector here in 1957, to Ottawa Teachers' College as an instructor in 1964, and back to this area office when the school areas were re-organized into the present county board system in 1969 as superintendent of schools.

"I can remember watching teachers walking home for lunch with little ones hanging on their hands. These are the rewards. They are intangible. They don't buy the groceries but I think this is what keeps teachers being teachers."

A DISTINCT PHILOSOPHY

Hutchison says schools never have been and never will be everything to every child. Schools and teachers are there to school, not to educate, he says.

"In my opinion it is a misnomer to talk about an educational system. Because education requires the school, certainly, but it requires the influence of the home, the church, the community and society at large. That's why we have self-educated men that left school in grade three." His brow knit in thought, Hutchison pats a stray strand of hair back into place.

"In a publicly-funded education system one must treat what is mythically referred to as the average person...one of my questions when I went around the schools was, what are you doing for your bright students and what are you doing for the ones that are having trouble; there was not much to worry about the youngsters in the middle because the program was pretty well designed for them."

Keenly interested in the children just beginning their long sojourn through the educational system, he believes learning must be fun and interesting for them. That's why he initiated a "Fridays are for fun" program in the elementary schools which allowed them to learn to play chess, do woodwork, sewing, singing and learn art.

"Some people thought the youngsters were playing," he recalled. "What they don't realize is that play to a youngster is work. They work at their play. And they learn from their play."

The educator believes many student problems today stem from the fact that little people are introduced to the formalized program much too suddenly. He would like to see the more loosely organized program where the appreciation of the child is accentuated, now found in the kindergartens, carried over into grade one.

Primary department heads in elementary schools are necessary, he believes. Although Hutchison hasn't been successful in selling this idea to the board, he points to the success of the primary program at Winchester Public School, where they do exist.

One of the most significant developments he's been involved with was the board's philosophy of education statement. He was chairman of the committee that authored the statement and an integral part of its formulation.

"I firmly believe that when you make decisions based on a philosophy they probably will be sound decisions if your philosophy is rooted in what is best for the children," he said. "The child is the centre of the whole business and anyone reading that statement of philosophy can see why certain things are done in the schools; but it all boils down to that bare statement — that the child is the centre of the system."

PARENTS CAN TURN CHILDREN OFF TO SCHOOL

The retiring superintendent urges parents to take a more active role in their children's education, to feel free to observe classes. He says the schools can use all the parental help possible.

But it's not always a good practice to believe some of the stories the children bring from school. Adults can get messages and situations mixed up in their minds often enough so it stands that little people can even be more susceptible to error.

Parents should always show an interest in what their children do at school and never should they seriously question or ridicule work that they bring home.

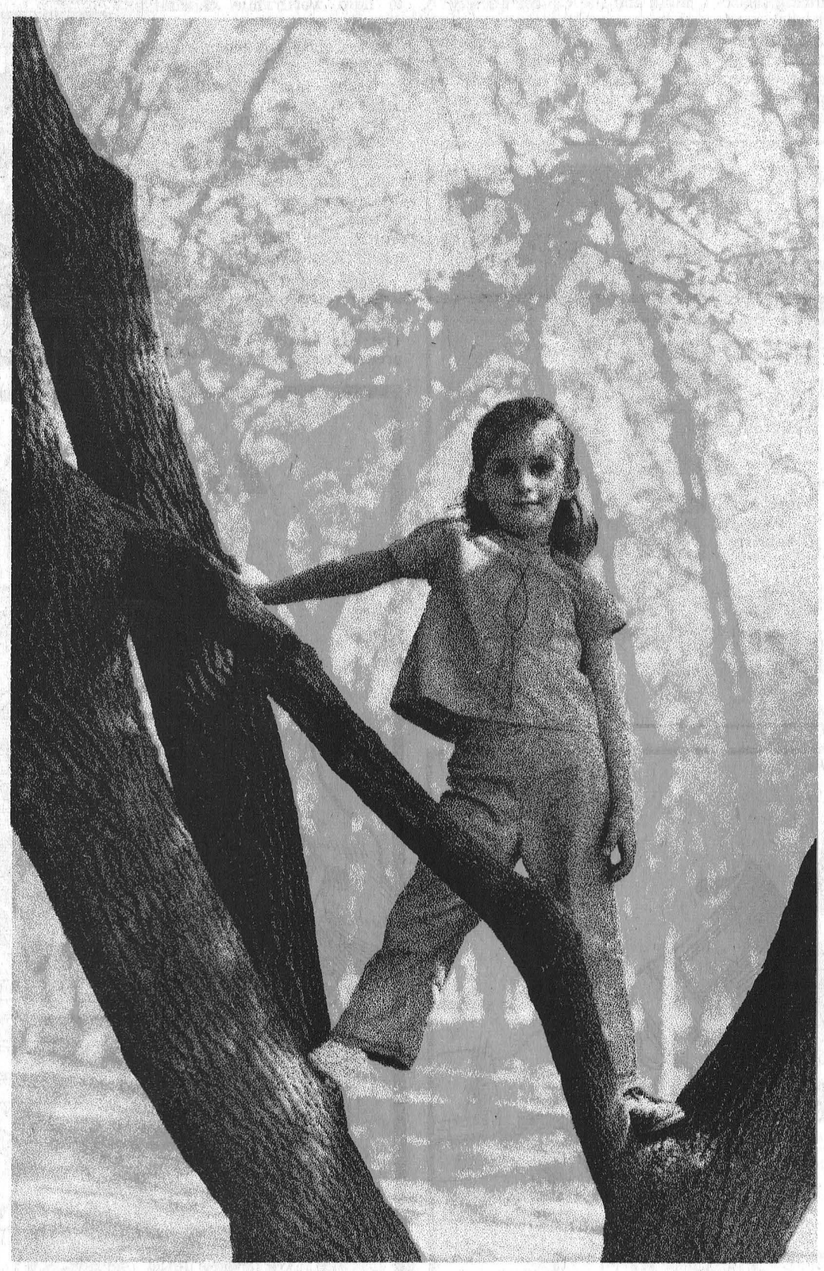
"You might want to smile secretly but don't laugh at him because you undermine his confidence," he urged.

Hutchison says parents should never speak poorly of the child's school or teachers in front of him. This builds up a negative attitude in the child's mind and he begins to wonder why he must attend a school that is not a good place to be.

"You're entitled to your own opinion about what's happening at the school but don't burden your child with your anger," he warns, "go and try to sort it out with the teacher or principal."

Usually young mothers take an active interest in their children and school but all too often that interest wanes as the child gets older. He would like to see parents maintain that initial interest throughout the child's education.

"Giving time, sensible time, to the youngsters is a very important thing," says Hutchison. "We give them all sorts of material things; our youngsters don't lack for toys or sports equipment but I wonder if the most precious gift that parents can give to their children is not time and interest."



TEACHERS SOMETIMES MISUNDERSTOOD

Teachers are just as dedicated today as they were in the past. But with a change, says the educator.

He said the teacher today and his counterpart of the past see their students from a different point of view. The old-style teacher was dedicated to his pupils through close, personal ties. The teacher grew up in the community and knew most of the families personally, he explained.

He said the teachers today "have come to the same idea" through a philosophical point of view rather than from personal contact.

"But I think they realize that this is the way they have to do it. They have to become as interested and aware of the pupil as a person if they are really going to teach him. And it's actually more difficult for them because they don't live beside them, they don't know their families and they're starting from a different base. And if some of them appear to be less dedicated than others this might be the reason."

Hutchison said it may be more difficult today for some teachers to face the fact that they may not be cut out for their profession because of the shortage of jobs.

There are some people who still believe that the average teacher works from 9 a.m. to 3:30 p.m., has two months' holidays and is paid too much, he adds. He said teachers, generally, are preparing lessons for at least three different levels, on nine subjects and then must prepare tests, exams and constantly search for interesting ways to present material and solve individual problems.

"But teachers are not looking for sympathy," he contends, "they're looking for help."

They desperately need the help of parents, he explains, who are instrumental in the educational process.

BACK TO THE THREE "R's"

Should school boards get back to the basics — the three R's — as some education critics claim?

"A lot of people complain about literacy and all the rest of it but as far as Dundas County is concerned we have figures throughout the last eight years that prove, beyond a shadow of a doubt, that the youngsters are reading better today than they ever did," replied Hutchison. And he believes that is probably the case across the rest of the province.

He feels a deep appreciation for the help given him by the teachers of Dundas County.

"I cannot speak sufficiently highly of the teachers who joined me in the struggle," he said. "There were times when I know I increased their burdens, but they took it willingly because, like me, they believed what mattered the most was the service to the children."

Hutchison and his wife, Jean, hope to take advantage of his retirement by travelling and "just doing things together."

A testimonial evening in his honor, which is open to the public, will be held at the Winchester Community Centre February 25.

WINCHESTER Press

Second Section Volume Ninety Thursday, February 16th, 1978

Small Claims Court Handles Larger Cases

One of the least-known segments of the legal system in Ontario is the Small Claims Courts.

These courts are established to provide for the public an easy, informal and inexpensive way of settling disputes over goods and services.

The Small Claims Courts are available to individuals and businesses and many people who use the service can do so on their own without the assistance of a lawyer.

These courts were recently described in a Toronto newspaper editorial as the "people's courts" because of their accessibility and lack of ceremonial trappings that some persons find intimidating in other parts of the court system.

The Legislature recently approved expansion of the jurisdiction of these courts so they can serve even more people.

The Small Claims Courts can now hear cases involving claims of up to $1,000.00, exclusive of interest on any outstanding debt.

There is a wide range of matters that can be resolved by these courts.

For example, a person who contracted for home renovations but disputes the price and quality of the work, can start an action in Small Claims Court to settle the dispute. The Court can also hear negligence actions, including motor vehicle accident claims; some landlord and tenant matters, including arrears in rent or claims for damage to the apartment by the tenant; disputes involving unpaid loans; actions to recover goods in the possession of another person or company.

To make use of the Small Claims Court a person need only file in duplicate with the Court office a "statement of claim". This may be done on a business firm's letterhead or on plain paper and should set out the names and addresses of both parties to the dispute, the amount owing and the reasons for the amount owing. The person launching the court action may ask for interest on the amount owing during the time the debt has been outstanding.

The claim will be served on the party by a bailiff of the court and the other party has ten days to file a dispute to the claim.

The cost for entering a claim is nominal. For example, the fee for entering a claim for an outstanding debt of between $100 and $200 is $15. The fee for claims of debts between $400 and $1,000 is $19.50.

If the defendant in the action files a dispute of the claim, the claim will be placed before a Judge for settlement and you will be notified of the date of the hearing.

If the defendant does not file a dispute of the claim, the Clerk of the Court may sign a "default judgment" of the claim.

After default judgment is signed or judgment given in court, the person who started the action may proceed in various ways to recover the amount of the claim, plus the costs of the action.

These include garnishment of the debtor's wages or bank account; seizure of personal assets of the debtor; and a judgment summons under which the debtor is brought to court to explain reasons for non-payment and to outline his financial position.

The Clerks of the Court are available to explain these various procedures and to assist in the filing of claims. There are four Small Claims Courts in the Counties of Stormont, Dundas and Glengarry, at Winchester, Iroquois, Cornwall and Alexandria. R. D. Wylie is Clerk of the Winchester Court.

Admiral At 'Sailing'

The Reverend Enos Brubacher of Eganville, "Admiral of the Fleet", national director, Mariners With Christ, was guest speaker at the January "sailing" of Chesterville "Harbor" of Mariners at Eatonholm on Tuesday evening.

The Reverend E. Earle Eaton, captain, was host. Chief Mate Garnet Johnston piloted the "Good Ship Faith", and led a song service, which was accompanied by Jim Bray, accordionist. Special music was rendered by the Ed Vardy family, instrumental and vocal — Mr. and Mrs. Vardy, Sharon and Greg. Prayers were offered by Pastor George Prosser of Chesterville Pentecostal Church and M.O. Hansen. The sick and hospitalized were remembered with prayers and cards. The Mariners' Chart and Report was read by Mrs. Nina Woods and Ed Vardy. Scripture lesson was read by Mr. Johnston.

Refreshments were served by a hospitality committee comprising Mrs. Johnston, Mrs. Woods, Mona Cooper, Mary David, Sandra Elliott and Mrs. Horace Bray.

An interesting additional feature was a display of sacred literature by Admiral Brubacher, who was an overnight guest at Eatonholm.

George Crawford, steward, received an offering for the Work of the Mariners.

Bookmobile

The bookmobile of Stormont, Dundas and Glengarry County Library will visit the following locations during the week of February 20, 1977:

Monday - Riverside Heights 9:45-10:00; Stampville 10:20-10:40; Hainsville 10:50-11:10; Hulbert 11:20-11:40; Williamsburg 1:00-1:30.

Friday - Dunbar 10:10-10:25; Morewood 10:40-11:20; Hallville 1:00-1:15; Mountain 1:25-2:00; Inkerman 2:15-2:45.

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During a break in dancing fun at their last regular entertainment East Osgoode and District Old Time Music and Dancing Association members donated large cheques to several valuable organizations.

Left to right are: E.O.D.O.T.M.D.A. president Elmer Cook; second vice president Erma Morris presenting a $500.00 cheque to Heart Foundation representatives Joyce Burke and Bill Rheaume; Gordon Sheppard of the C.N.I.B. accepting a $500.00 cheque from director Wilson Wyman; secretary Norman Robinson presenting another $500.00 cheque to Cancer Society representative Herb Zaggerman. Press Photo—Rowan

$500. Cheques To Worthy Causes

East Osgoode and District Old Time Music and Dancing Association members last week made many dollars available to organizations working tirelessly in the health field. Present to accept donations were representatives from the Heart Foundation; Canadian National Institute for the Blind and the Cancer Society. A cheque was also to have been presented to the Diabetic Society but no representative was present to accept it. The Association, which enjoys a huge membership, conductes monthly parties and most of their revenue is used to help worthwhile charitable organizaions.

A new slate was recently elected with Elmer Cook of Kenmore re-elected president. Others on the executive include: Harold Cowan, Metcalfe, first vice president; Erma Morris, Metcalfe, second vice president and treasurer; Norman Robinson, Vernon, secretary; John Lawther, Greely, Wilson Wyman, Edwards, and Ivan Wyman, Edwards, directors.

At the annual meeting a special vote of thanks was extended to all who support the group and also The Winchester Press for comprehensive reports.

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New Rideau-Osgoode Cancer Society Unit

Approximately 50 residents of Rideau and Osgoode Townships witnessed the birth of a new Carleton District Unit of the Canadian Cancer Society on January 31. Presiding over the happy event were Harry Rowlands from the Ontario Division of the C.C.S. in Toronto and Phil Grahame our District President, supported by David Hill and Mary Kelly, the Campaign and Service to Patients Chairpersons, respectively. The above panel of experts presented an outline of the structure and function of the C.C.S. and its services.

The formation of this unit will ensure all residents active participation in the Society's threefold program of Research, Education and Service to Patients.

Service to Patients provides assistance to all cancer patients in need of transportation, dressings, home nursing and housekeeping.

Education brings a message of hope by stressing the importance of early diagnosis. Materials can be found in local schools, libraries, and medical offices or through school or group presentations, such as prevention of lung or breast cancer.

Research will ultimately bring about further disclosure of causes and the cure for cancer. This can be achieved mainly through funds directed to the National Cancer Institute, a scientific body which allocates monies to cancer research projects. About 98 per cent of research money allocated for cancer comes directly from the money raised by volunteers of the CCS.

Demands on governments often make it impossible for them adequately to finance health programs. Funds from voluntary organizations such as the C.C.S. not only supplement such programs but, dollar for dollar, they are also more effective because they are backed by personal commitment.

Volunteers are essential in the operation of the above three functions, interwoven in the cause and control of cancer. If you feel you can spare a few hours or more in the fight against cancer, please call one of the new Osgoode-Rideau Cancer Society Unit Executive. They are as follows: President Sharon McCaffrey, 692-3884; Vice President, Mary Hunt 826-2691; Secretary, Gloria Jean Proulx 692-2153; Tresurer Jim Stewart, C.A. 692-4572; Education Chairperson, Bob Kelly 692-4664; Service to Patients Chairperson, Eileen Ling 692-3029; Campaign Chairperson, Jan Sterling 692-4349.

Residents of Metcalfe area are especially invited to offer their services as assistant or co chairpersons to ensure equal representation in the unit. Call 826-2691 or 692-4349 (collect) for further information.

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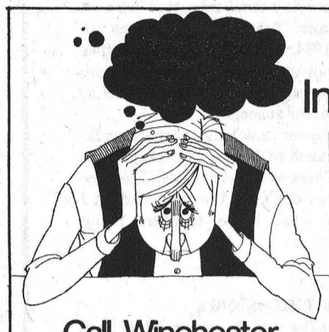
Dundas Ministers Meet At Vernon

Seventeen members of Dundas County Ministerial Association gathered at the home of the Reverend and Mrs. Frank Stone in Vernon Monday morning for their monthly meeting. The meeting was chaired by the Reverend Canon Francis Gooch, president, who received the congratulations of the group on his recent appointment to his high office in the diocese. Minutes were read by the secretary, the Reverend Wellwood Adam of Morrisburg. Devotions were conducted by the host, who with Mrs. Stone, also served delicious refreshments. Guest speaker was the Reverend Ralph Cummings of Ottawa, whose subject was "The Role of the Minister". An interesting discussion followed.

The Reverend Howard Smith of Winchester, program convenor, announced that the March meeting would be held at his home, with guest speaker. Closing prayer was offered by the Reverend Eric Rosenquist of Ingleside, and all repeated the Lord's Prayer. The Reverend E. Earle Eaton of Chesterville, public relations representative, covered the meeting for the press.

Members were present from Winchester, Chesterville, Morrisburg, Ingleside, Newington, Inkerman and Vernon.



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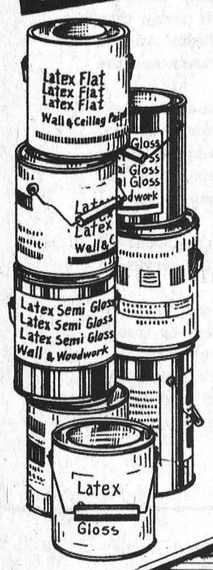

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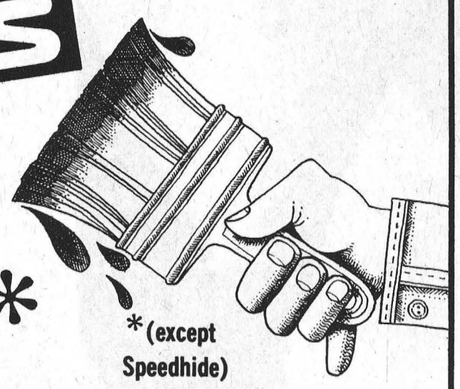

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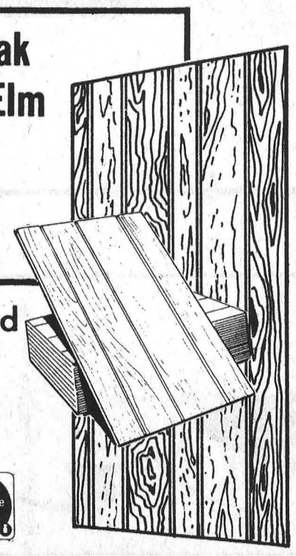

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Losses High

Check Herd For Parasites

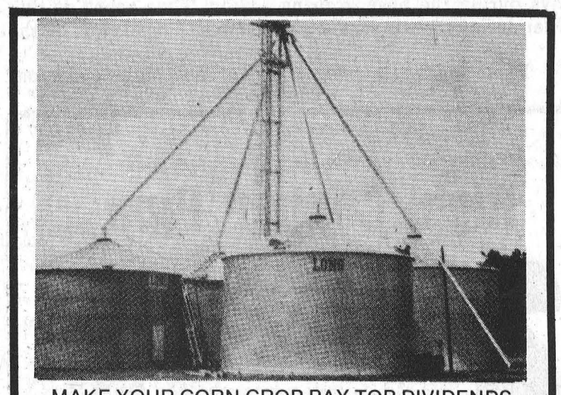
By Dennis McKnight,
Lecturer, K.C.A.T.

Ten years ago parasites were usually the last things thought of when cattle weren't doing well. Now they are one of the first things veterinarians consider. All cattle have a few stomach or intestinal worms, but usually cattle and parasites live in relative harmony. When they get out of balance, because of animal stress or heavier contamination, you need to bring in the drugs.

Economic losses from internal parasites can be high especially with younger stock. Damage to digestive systems and loss of nutrients to parasites leads to poor feed conversion, lowered disease resistance, and reduced performance. Depending on the level of infestation, parasitized steers have been shown to gain 10 pounds per day less and dairy cows to produce as much as 400 pounds less milk per lactation than cattle properly treated.

Most cattle show no visible symptoms of parasites, and yet veterinarians do not, in general, recommend a routine worming procedure. Deworm cattle only when they need it! Fecal examination, by your veterinarian or Veterinary Laboratory is the best way to detect parasites and which type you are dealing with. Sample three times a year in March, July and November. Sample 20 per cent of calves, as well as 20 per cent of yearlings and adults.

If deworming is necessary, the vet will prescribe either thiabendazole or tramisol. Both are sold in oblet, powder and pellet form so they can be administered as a drench, mixed in the feed, or pushed directly into the stomach. Costs range from 60 cents to $1.00 per head depending on the weight of cattle and form of dosage. This is a small price to pay for reduced disease and better overall animal performance.



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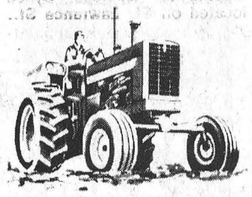

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Health Care Costs

On February 7th, the Minister of Health announced the operating budgets for hospitals in the upcoming year. In his announcement, Mr. Timbrell has recognized the special needs of chronic and smaller hospitals (under 50 beds) by allowing their budgets to increase by six per cent. Other hospitals will be held to a 5.4 per cent raise.

It now costs our province 2 billion dollars to operate our health care facilities. This does not include other health costs such as drug plan, doctors fees, building or capital costs etc. — which, taken together, amount to an additional $1.6 billion. This amounts to approximately 28.2 per cent of the total budget of Ontario. Remember too that OHIP premiums account for only 22.5 cents of every dollar spent on health. Therefore, the remaining 77.5 cents must come from general revenue. The Health Minister supplied some additional information which shows the increasing demands on our health services. Ontario is now spending $450 each year for every man, woman and child; this is up from $124 in 1970-71.

Last year, OHIP handled 53 million claims and this is up 50 per cent over five years ago. This means that one half of our citizens receive a health benefit each month.

With a population that is growing older, it is expected that demands on our health delivery systems will increase in the future. The message is this: if we don't want higher taxes and OHIP premiums, we must cut costs.

I do not believe that the closing down of small hospitals would have a significant effect on this large problem. The solution, as I see it, is that every citizen must be encouraged to avoid misuse of our health care system. Paying attention to our general health and helping to prevent illness would be a big step.

Frankly, and this is my own personal opinion, I feel that a cost deterrent system would bring about the desired goal.

I would appreciate hearing your suggestions on this matter.

Dairy Feed Formulation Service Available

Higher milk production, savings in feed costs and better herd health — all of these have been attributed to the Canfarm Dairy Feed Formulation Service, now in use in many parts of Canada.

The service enables producers to plan and control their feeding programs, says Bill Grexton, an agricultural representative in Bruce County, Ontario.

"Feeding cattle is like filling a wooden barrel that is made up of staves of different heights," Mr. Grexton says. "You can only fill the barrel to the level of the lowest stave."

Similarly, cattle will only produce until they run out of the first nutrient. This could be protein or energy, or a mineral like magnesium. In order to keep the cow producing up to her top level, you have to feed the proper balance of nutrients.

"The dairy feed formulation service provides balanced rations and daily feeding schedules for cows at eight levels of production, as well as for dry cows. It determines what nutrients are needed to keep the cow producing at the optimum level. It then prepares formulas for rations that combine the feed ingredients the farmer has on hand with the most economical feeds he can buy in order to reach that level."

The service starts with the dairyman and extension worker, who gather the information for the rations they want. In Ontario, ag reps mail this information to the office of dairy specialist Don Taylor in Guelph. From there it is fed by remote computer terminal into Agriculture Canada's Canfarm computer, also in Guelph. The computer then prepares the formula for the required rations. These are checked by Mr. Taylor, then returned to the extension worker and farmer.

Bruce County has 485 commercial dairy farmers and is the sixth largest in the province in milk production. So far about 125 Bruce County dairymen have used the Canfarm service.

"Many dairymen have had very good results from the service. I expect another 75 farmers will be using it within the next few months," Mr. Grexton says.

The dairy feed formulation service has provided different benefits to different farmers. In the case of John Vandebor of Paisley, Ontario, the service was responsible for a 44 per cent increase in production. His 30-cow milking herd climbed from an average production of 10,000 pounds per cow per year in April, 1976, when he started using the service, to 13,423 pounds last October.

"We're pleased about the improvement," Mr. Vandebor says. "We're happy to see the increased production. It's also a source of great satisfaction to know your cows are getting the feed they need."

In the case of Percy Watke, Hanover, Ontario production also increased, although it started from a higher base. It rose 23 per cent from 13,593 pounds per cow in 1975 to 16,663 pounds per cow in 1976.

"The service showed us that in 1975 our protein wasn't high enough and we were missing some important trace elements," Mr. Watke says.

In the case of Paul Russwurm of Mildmay, Ontario the service enabled him to control the ketosis that had previously been a major problem in his dairy herd. Ketosis is a disorder affecting high producing cows that can be corrected by a proper feed balance. Before he started using the service, ketosis affected about half of his top-producing cows. As of this fall, the ketosis rate was down to one confirmed and one suspected case. Production in the first year he used the service climbed 13 per cent, from 12,604 pounds per cow to 14,200 pounds.

The service has also helped moneywise, Mr. Russwurm says. It has cut down grain costs as well as veterinary bills.

Brian Oberle of Hanover, Ontario, was also able to reduce his grain costs through the use of the service.

"Since we started using the dairy feed formulation service, I figure we've saved about $100 in grain costs for ever five tons of feed we've used," says Mr. Oberle.

Alan Whytock of Teeswater, Ontario has a top-producing herd. His 40 cows have an average yearly production of 16,321 pounds of milk and 573 pounds of butterfat. In Mr. Whytock's case, the dairy feed formulation service confirmed his feeding program, recommending the same mix of feeds he was already using.

SAVE

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Watt Consumption Levels Off

Ontario's demand for electrical energy increased in 1977 by only 2.2 per cent, the smallest annual increase in 33 years.

Increased Hydro rates and conservation efforts by consumers have been cited by Ontario Hydro officials as major factors that contributed to the reduction in the rate of growth.

During the first three quarters of 1977 demand for electrical energy increased by about four per cent compared to corresponding figures for 1976. However, during the last three months of 1977 there was a decrease in demand compared to the last quarter of 1976.

The December 1977 primary peak demand was 15,676,700 kilowatts. This was 1.4 per cent less than the December, 1976 peak demand.

"Weather conditions at the time of the December peak were similar in 1976 and 1977 and therefore do not account for the year-to-year decline in demand," Larry Higgins, manager, utilization forecasting at Ontario Hydro, said today.

Although economic conditions were weak during 1977, there was not a significant deterioration in the last quarter which could account for the decline, he said.

"Strong consumer response to our conservation campaign to lower heating and lighting levels is a major reason for the decline in demand. The weather and economic conditions had little effect on the last quarter of the year," Higgins said.

He added that the increases in electricity rates also accounted for a decline in demand, and response to the increases was felt during the last months of the year.

Peak demand in 1977 was 15,901,310 kilowatts and it occurred on January 18, Higgins said.

OFA Concern

Younger Generation Can't Compete

BRADFORD—Ontario may lose its younger generation of farmers, Bill Benson, Second Vice-President of the Ontario Federation of Agriculture told the Bradford Lions Club today.

"Ontario agriculture is in serious trouble," said Mr. Benson, a 32-year-old Wellington County beef farmer. "It's difficult enough for someone who is established. For the younger farmer, or someone who wants to get started, it's almost impossible."

Mr. Benson explained that, while farm gate prices increased by 73 percent between 1969 and 1976, the cost of land and buildings went up 178 percent.

"To get into farming today, you need an investment of between $200,000 and $400,000. Farm incomes have fallen for three years in a row. If you don't own your farm, you will be lucky to make the interest payments."

Mr. Benson pointed out that Canadians have one of the lowest cost sources of food in the world. The percentage of disposable income that Canadians spend for food at home has dropped from 20 percent in 1947 to 13.6 percent in 1976.

Mr. Benson concluded that, "If Canadians want to keep an inexpensive source of food, they had better make sure we have future generations of farmers to provide it."

Problems between labour and management are now often resolved before they become disputes.

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Preventive Mediation is a new service offered by the Ontario Conciliation and Mediation Service of your Ontario Ministry of Labour.
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Sometimes after contract negotiations have ended and an agreement has been signed, there may be issues that have left a bad taste for both management and labour.

Positions may harden and these issues may become barriers in the next round of negotiations.

A monitoring system alerts the Service to the need for early involvement of a mediator in this kind of situation. The mediator contacts the parties and explores the possibility of discussions before the next round of negotiations. Free from the atmosphere of crisis bargaining, the mediator can help the parties discuss the tough issues, identify the cause of friction and promote understanding and cooperation.

First agreement negotiations are often deadlocked because of a breakdown in the relationship of the bargaining parties. The preventive mediator works to improve this relationship, encourage discussion and ease the way to contract settlement.

No mediation service can be complete that only deals with crisis bargaining and ignores the underlying causes that give rise to the dispute.

For more information write to:
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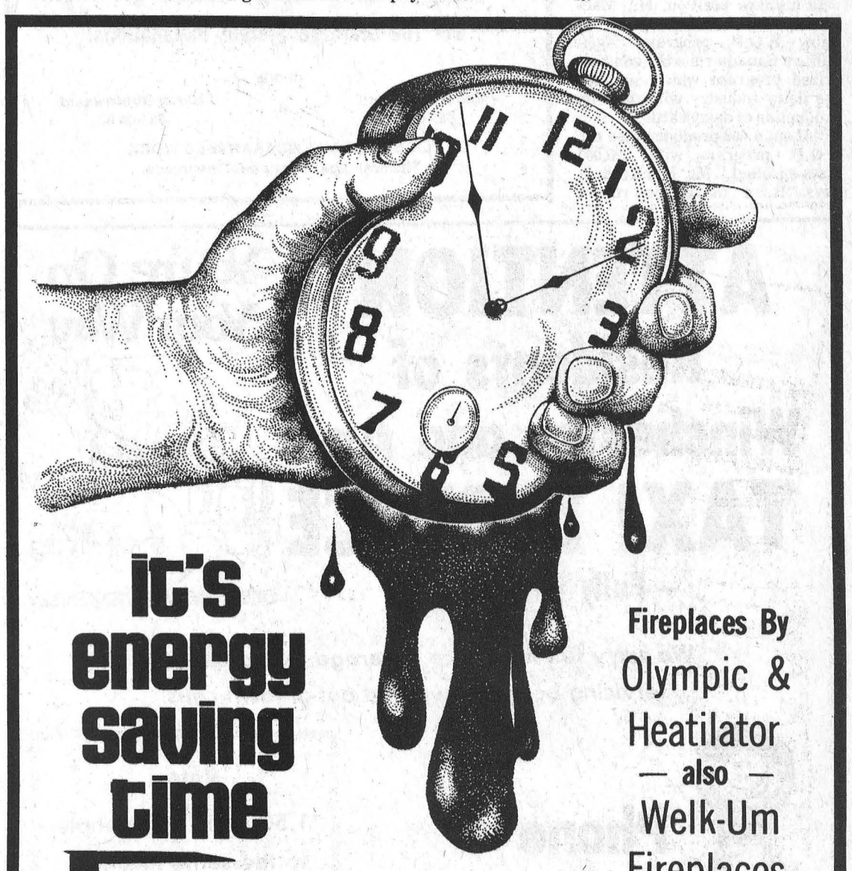
Bette Stephenson, M.D.,
Minister of Labour

William Davis, Premier

Province of Ontario



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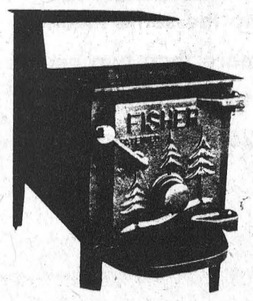

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Steve McWatty To Head Executive Ottawa-Carleton Junior Farmers

By Susan Rowan

The Annual Banquet, Meeting, and Dance of the Ottawa-Carleton Junior Farmers was held on Friday, January 27th, 1978, in the Kars R.A. Centre.

Following the lovely roast beef dinner, 1977 President of the Ottawa-Carleton Junior Farmers, Gerry Stuyt, called the meeting to order. He spoke of the many activities that both the County and the local clubs participated in during 1977 including the Zone 1 swimming competition which was hosted by the County; the purchasing of County T-shirts displaying the Junior Farmer crest; the Agricultural Olympics held in Richmond; the Zone Queen competition in which South Carleton's lovely Julie Brown was a contestant; the Sing and Swing competitions held in London, Ontario; the Summer Games held in Kemptville in which Ottawa-Carleton placed first; and the hockey tournament in Peterborough.

Following the President's report the Assistant Agriculture Representative, Terry Stewart, presented the Brad Schneller Trophy to the club which showed the greatest increase in membership, outstanding participation, and the greatest effort in their community betterment projects. Terry noted that the decision was an extremely difficult one as all three clubs demonstrated hard work and enthusiasm. Terry presented the award to the President of the East Carleton Junior Farmers, Meredith Gilbert.

Terry Stewart, then ably conducted the election of the 1978 executive. The results were as follows:

Past President - Gerry Stuyt, President - Steve McWatty, Vice-President - Nora Cowell, Secretary - Susan Rowan, Treasurer - Elaine Whalen, Provincial Director - Meredith Gilbert, Alternate Provincial Director - Gerry Stuyt.

Co-editors: From West-Carleton Junior Farmers, Cathy Pion; from East-Carleton Junior Farmers, Liz Laska; from South-Carleton Junior Farmers, Joanne Begley.

Following the election of the new executive, Terry Stewart discussed each club's Community Betterment Projects in 1977 —

South Carleton Junior Farmers painted the picnic tables at South Carleton High School and challenged the inmates of Burritts Rapids Correctional Institute to a basketball game.

West Carleton made a generous donation to the Kinburn Arena, and had a Dial-A-Slave Day for Senior Citizens.

The East Carleton J.F. donated the proceeds from a car rally and dance to Participation House, an organization for the physically handicapped. In addition to this the club helped and ran the Eastern Ontario Summer Games for the physically disabled.

Terry turned the meeting over to the 1978 President, Steve McWatty. Following the meeting everyone danced to the music of the fine group, Helen's Selection.

Trudeau Asked To Attend Food Strategy Conference

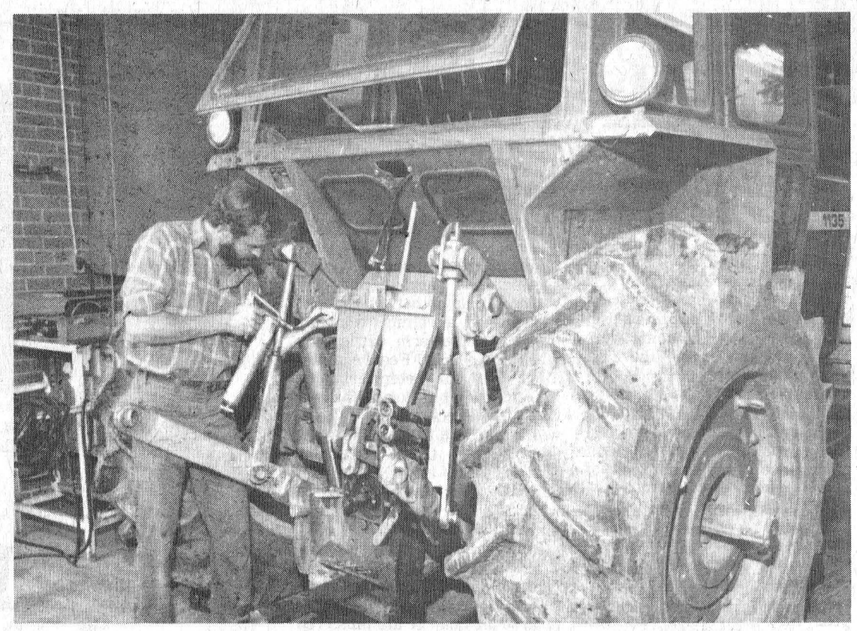
TORONTO—Peter Hannam, President of the Ontario Federation of Agriculture, announced today that the O.F.A. will be holding its own conference during the National Food Strategy Conference in Ottawa at the end of February.

The O.F.A.'s conference, which will deal with the problems facing agriculture, will be held in the Adam Room of the Chateau Laurier Hotel in Ottawa, on Wednesday, February 22nd, at 8:00 p.m.

Mr. Hannam explained that this was made necessary because the Conference Agenda will not be considering all of the current problems affecting the farming industry. "Our conference will be aimed at clarifying the farmers' needs with respect to the present and future profitable survival of farming in Canada to the Canadian people," said Mr. Hannam.

"In view of the fact that food production is the most important segment of the food supply chain, it must be given greater emphasis than presently planned at the Food Strategy Conference", he said.

Mr. Hannam concluded that, "Given the present structure, the only way we can bring these matters to the public's attention is by holding our own conference. We believe that the situation is so serious that we have invited the Prime Minister, The Right Honourable Pierre Elliott Trudeau, to attend."



Don't Wait For Spring

Whether the equipment used for your crop is large or small, there's work to be done in preparation for the approaching growing season. Wise growers use the winter months to check their equipment and conduct the necessary tuneups and maintenance. By determining replacement machinery part needs now, farmers can avoid the planting season rush and prevent delays during the busy growing season. Time spent getting equipment into top working order during the winter will give growers a head start on the fields in the spring.

Photo by the Ontario Ministry of Agriculture and Food)

Should We Be Using Liquid Supplement?

By Dennis McKnight,
Lecturer, K.C.A.T.

The choice between feeding a liquid supplement or a regular dry supplement to livestock depends on various factors including ingredient cost and availability, handling capabilities, flexibility of the program, and animal performance.

The liquid supplements are usually formulated with a molasses base, urea or some other nitrogen source, and a phosphorous source. Most of the protein is provided by non-protein nitrogen.

Good performance with feedlot cattle can be achieved with liquid supplements, but superior management is clearly demanded. They must be mixed thoroughly and often require a 3-4 week adjustment period for maximum utilization. Utilization may be less than optimal when used for lighter cattle or high producing dairy cows.

The use of liquid supplements has increased in popularity in the past three to four years for several reasons. They are convenient, can improve palatability of poor roughages, are competitive when natural protein sources are expensive, and are being promoted extensively by feed dealers. They are still convenient and being promoted, but I question the cost. Plant protein sources are relatively inexpensive at the moment and if you are using liquid supplements as a protein source, you might well be advised to have a second look at low NPN dry supplements.

A 35 per cent liquid protein supplement was fed to some cows in the Kemptville College dairy herd and compared to plant protein. Production decreased by 8.4 per cent using liquid supplement and it was found that a pound of protein from plant sources would have to be at least 30 per cent more expensive before it would be economical to use the liquid protein supplement.

Very little supplemental protein is required by cattle on pasture and with the present prices I feel that a low urea dry supplement with a 30-40 per cent protein level, mixed 1:1 with corn or grain at three pounds-head-day would be a better supplement. In many cases, no protein supplement is needed.

MacKechnie To Head Dairy R.O.P. Program

J. D. MacKechnie, 50, has been named head of the dairy cattle unit in Agriculture Canada's livestock division.

Mr. MacKechnie, formerly supervisor for the department's showcase herd and acting head of the beef cattle unit, has been associated with the dairy industry for most of his life.

He was raised on a registered Ayrshire farm in Pontiac County, Quebec, and was a graduate of Macdonald College with a bachelor of science degree in agriculture. Following graduation he joined the extension branch of the Ontario department of agriculture.

From 1956 to 1973 he was secretary-manager of the Ayrshire Breeders Association of Canada.

In his new position, Mr. MacKechnie will be in charge of the dairy R.O.P. program. Agriculture Canada runs the computerized program which supplies the dairy industry with data on production of dairy cattle.

"About 4,600 producers use the R.O.P. program with 220,000 cows enrolled," Mr. MacKechnie says. "R.O.P. plays a vital role in maintaining the efficiency of the $20-$30 million export trade in dairy cattle."

The program helps dairy farmers to recognize superior animals for breeding stock. A field staff of 250 collects the data through visits to participating dairy farms. The data is stored and processed by computer in Ottawa.

Mr. MacKechnie has been active on a number of dairy committees, including the Joint Dairy Breeders Committee and the Canadian Association of Animal Breeders.

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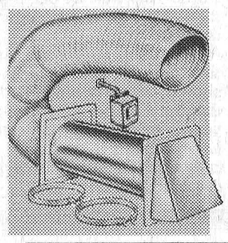

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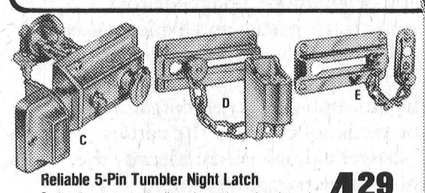

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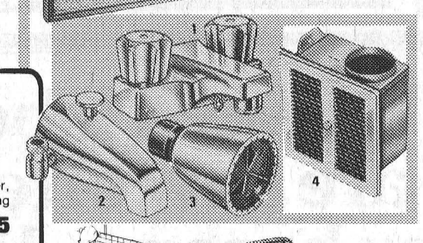

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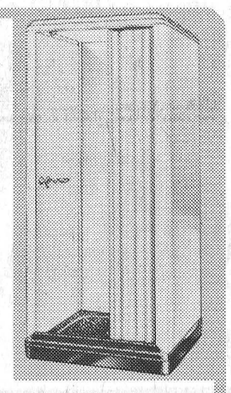

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Quick-fit panels for left or right plumbing. Anti-slip porcelain-finish base. With faucet, shower head, soap tray, drain, curtain. Abt 32x32x76".

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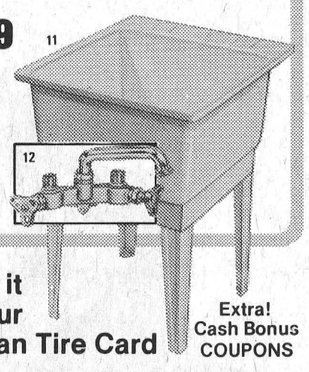

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1977 PLYMOUTH VOLARE

Sugg. Retail $5,257.90

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Licence Number LOM 613

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Only 4,400 kilometers (2,716 miles).

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Sugg. retail $6,662.00

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2 door coupe, 318 cubic inch engine, automatic, power steering, power brakes, electric H.R. window, dual chrome remote mirrors, dual block heaters, bucket seats, console, tinted windshield, auto-speed control, Landau vinyl roof, body side moldings. Rallye wheels, WSW radial tires. Just 7,200 kilometers (4,441 miles). Licence Number LOM 890.

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Holstein Annual

Optimistic For Dairy Future

The Holstein-Friesian Association of Canada is a great organization representing Canadian breeders who are well known and highly regarded throughout the world. This feeling was expressed by President R. Bruce Reid, Mount Hope, Ontario, as he addressed the 95th Annual Meeting of Members held February 8, 1978, in Toronto.

It was noted that a number of accomplishments were made in 1977. Perhaps the most important achievement of the year was the development of a new brucellosis eradication policy by the Health of Animals Branch of Agriculture Canada with strong Association support and participation.

Don MacKenzie of Toronto, professional publisher with long experience in various trade magazines, reached agreement with Hugh Colson and Gerry Donovan of the Holstein-Friesian Journal, and tentative agreement with the Holstein Association for the takeover and sale of the breed magazine.

Registrations were hit hard in 1977 at the time of the closing of the United States border on account of brucellosis, but recovered well to number the second largest in the Association's history. Transfers did not fare as well, especially with the withdrawal of Cuba from the market. Sales to other off-shore markets were acceptable in volume, but were still hampered by health restrictions in many markets. The result was a reasonable year financially, better than expected.

The impact of Canadian Holsteins was felt in foreign countries. Global Holsteins exhibited cattle at the Novi Sad, Yugoslavia, show. The Canadian Hunger Foundation managed to rescue CIDA programs in India, Tunisia and Morocco by providing practical guidance and management. A booth was entered at the Cremona Show in Italy. At the time of the Royal Agricultural Winter Fair the Holstein Association hosted a number of foreign visitors. There were numerous visits by judges, classifiers, staff and other to foreign countries including Australia, Mexico, Brazil, Argentina, Uruguay, Spain, Italy, the U.K., India, Morocco, Iraq, the Sudan and Ecuador.

The Annual Meeting considered a number of By-law changes. The first change dealt with the inconsistency in the bylaws. The Past President is a voting member of the Executive Committee, which has full power in the recess of the Board. Yet he has been unable to vote in the meetings of the Board itself. The amendment would provide that voting power.

The second amendment related to the size and effectiveness of the Board in conducting the business. It was proposed to reduce the Ontario Directors by one per district, since the Ontario block forms the basis for representation from all parts of Canada. The President proposed that the reduction in Ontario proceed one district at a time to limit disruption. Thus, whenever an Ontario Director steps down for any reason, his district would be reduced to three Directors, until all districts are at that level.

The third amendment relates to the recognition of animals registered in herd books other than their own, and that of the Holstein-Friesian Association of America. Since the Holstein-Friesian Association of Canada is obliged under the Live Stock Pedigree Act to accept purebred Friesians from sources which the Holstein-Friesian Association of America does not accept, it was proposed to ensure that the animals the United States does not accept from Canadian herd books are labelled clearly on their registration documents.

There were several other amendments. These dealt mainly with the hiking of fees due to the impact of inflation on the Association's expenses.

Chairman of the Extension Service Committee, Gordon McKay, Richmond, British Columbia, related to the Annual Meeting that the Extension Program in 1977 did not change greatly from the previous year. The most significant modification of the year was the activity of the Type Classification Program that was significantly greater than in the previous year. A total of 67,648 animals were classified and 5,669 herd visits were made be the Classifiers. During the year Classifiers visited Argentina, England, Mexico and Spain.

The guest speaker for the Annual Meeting was T.R. McCoy from the Canadian Hunger Foundation who spoke on the topic "Canadian Holstein-Friesian in overseas Development".

Simultaneous French translation was supported at the Annual Meeting by a grant from the Department of Secretary of State.

National President

Elect H. B. Dodge

Howard B. Dodge, a Holstein breeder from Cardinal, Ontario, has been elected by the National Board of Directors as President of the Holstein-Friesian Association of Canada. This appointment was made at the Annual Meeting in Toronto on February 8, 1978.

The Association's new President was born in 1914 and has lived all his life on the same farm. Purebred Holsteins had been introduced on the farm in 1907 by his father when he purchased his first bull, Sir Wilfred L. DeKol. The first purebred female became a member of the herd in 1914. The Dodges realized the advantages of type classification and milk recording so enrolled in both breed improvement programmes. Today the present top quality herd consists of approximately 200 head of which 100 are milking with two Excellent and 18 Very Good females.

In addition to being a successful farmer, Howard B. Dodge has remained active in many other organizations. He served on the first school board for the South Grenville High School at which time the actual planning and building took place. He has served many years on the Sire Committee of Eastern Breeders' Incorporated and has been Chairman for the last ten. Mr. Dodge has also served many years as the Director of the old Ontario Milk League and has served on the County Milk Committee both as a member and President.

Howard and his wife, Eva, have been married for 41 years. Their family consists of two sons, two daughters and five grandchildren.

Howard B. Dodge as already noted, is an active participant in many activities. He is a competent farmer, a good neighbour and highly regarded by all friends. If past history is any indication of a man's success, this gentleman will certainly make an excellent President for the Holstein-Friesian Association of Canada.

Quota Cuts In Near Future

KEMPTVILLE—According to the vice-chairman of the Canadian Dairy Commission, the demand for milk and milk products will decline by five percent in the next four years.

Speaking at a regional dairy meeting here last Wednesday, Elwood Hodgins said the reduction in demand will mean a two percent cut in industrial milk quotas for the 1978-79 dairy year. Hodgins said a two percent reduction in demand is expected in the upcoming dairy year, with an additional one percent annual reduction over the next three years.

Demands could be even lower than the commission's projections, the vice-chairman suggested.

Declining demand for dairy products is due partly to higher prices paid to farmers, he said. Industrial milk prices are based on a target returns formula which reflects rising production costs.

Milk prices will probably continue to rise, Hodgins added. A long range look at the dairy industry has farmers concerned that they may price themselves out of the market.

Another problem — seasonal milk production — cannot satisfy the demand for dairy products which have a relatively short storage life. Consumers are buying less butter and other preservable products, resulting in a need for a more level production.

About 63 percent of industrial milk is produced from April to September, while only 37 percent is produced during the fall and winter, said Hodgins.

Because some provinces are unwilling to participate in a program to even production, the vice-chairman warned the CDC may resort to monthly quotas or a subsidy incentive plan.

Developing new products to encourage consumption of milk and milk products is also a problem facing the dairy industry, he added.

Gun Control. Working together to save lives.

The majority of Canadian gun owners have traditionally supported gun control in Canada.

Many of these people are sports hunters, target shooters or collectors, and others use their guns to hunt or trap in order to support their families. Generally, they are Canada's responsible gun users.

There is a small but growing group of people in Canada, however, who make criminal use of guns. For example, armed robberies increased 38% from 1974 to 1976. It is this group that the new gun control legislation will deal with through longer, mandatory prison sentences and prohibition powers.

The misuse of guns is increasing as well. Last year approximately 300 people were victims of homicide with a gun. Many in an impulsive moment of violence among family members or friends. New court-ordered prohibitions, police search and seizure powers, and higher gun safety standards will reduce the needless toll of deaths and injuries.

With the continued support of Canadians for gun control, we will reduce the criminal and irresponsible use of guns.

In short, we'll be working together to save lives.

"I own my own guns. How does the new Gun Control legislation affect me?"

If you own only hunting rifles and you store them safely, it won't affect you at all. However, certain other guns will be either restricted or prohibited. Basically, all centre-fire semi-automatics with a barrel length of less than 18½" are now restricted and must be registered. Handguns have been restricted since 1934. Sawed-off rifles and shotguns, guns with silencers and fully automatic weapons, are now prohibited, except those fully automatics registered to collectors before January 1, 1978.

"I'm glad you're getting tougher with criminals using firearms. What happens to them?"

Anyone convicted of using a firearm while committing or attempting to commit a criminal offense will be sent to prison for not less than one year and not more than 14 years. This sentence cannot be suspended. As well, maximum prison sentences for other firearm offences have been doubled.

"Is it true that police officers have new, extended search and seizure powers?"

Yes. Police officers can now seize firearms without a search warrant if they consider them hazardous to the immediate safety of any individual. They will then have to justify the grounds for the search to a magistrate.

"I now own a prohibited weapon. What do I do?"

It is against the law to be in possession of a prohibited weapon. You should contact your local police as soon as possible in order to turn the weapon over to them or to make other arrangements for its disposal. Failure to do so could result in your being prosecuted.

"What does safe handling and storage of guns have to do with Gun Control?"

Last year in Canada, there were over 120 accidental deaths due to the careless use of firearms. Under the new legislation, gun owners are responsible for the safe storage of their weapons. For example, if your gun is used in a criminal action, you could be charged with careless storage if such is decided in court.

"My rifle is now on the restricted list. How do I register it?"

Contact your local police immediately and register the gun with them. Failure to do so is punishable by a prison sentence of up to five years.

"How do you plan on keeping guns out of the hands of people who aren't able to use them safely?"

Through Firearms Acquisition Certificates and the courts' prohibition powers. The provincially administered F.A.C. system will come into effect January 1, 1979. It is designed to prevent unfit and incompetent persons from acquiring guns. The new prohibition power allows the courts to take guns away from dangerous persons.

"Why is Gun Control so important?"

Ultimately, to make Canadians safer from the misuse of firearms. Last year alone over 1,400 people were killed by guns.

Through tighter firearms control, safety education and the encouragement of responsible gun ownership and use, we will be able to reduce the level of firearm violence.

"I would like to learn more about the safe and proper use of guns, and more detail on restricted and prohibited weapons. Who should I see?"

Contact your local police department, Chief Provincial Firearms Officer, or write:
Gun Control in Canada,
340 Laurier Avenue West,
Ottawa, Ontario,
K1A 0P8.



Gun Control in Canada.

Government of Canada | Gouvernement du Canada
Department of Justice | Ministère de la Justice
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TAX TOPICS

By Nicholas W. Newton and R. William Lyon

TO FILE OR NOT TO FILE that is the question.

A certain number of low income earners never file a tax return in the belief that they would have to pay tax out of funds which they could not afford or it would not have any consequence in any event.

There are several reasons for filing a tax return (other than the laws requiring it).

- If you are paying rent or property taxes, it is possible that you could actually be giving up a benefit from the Ontario Property Tax Credit System.
- Any business or employment earnings are subject to Canada Pension Plan deductions which would entitle you to receive pension receipts at age 65.
- If you do not have a Social Insurance Number and are receiving interest from an investment, the new laws require that the financial institution must withhold a tax from your interest receipts.
- You could be missing government benefits such as the guaranteed income supplement, free medical benefits and other plans.

As an example of how much income an individual can earn, assume the following: An individual receives $1,000 in interest from an investment, $4,000 from employment and $2,500 from net business income (sales of $10,000 less costs of $7,500). At this level of income ($7,500), the taxpayer with a wife and two children under age 16 would pay no tax, receive a refund of all tax paid through employment deductions, pay into the Canada Pension Plan (for future pension benefits) and, if he paid rent of $2,400 in the year, receive a property tax credit of $279.20.

The decision is yours; the consequences are all in favor of the taxpayer who files his return.

(Nick Newton and Bill Lyon are Manotick Chartered Accountants)

At Williamsburg

Mr. and Mrs. William Jackson of Kemptville and Mrs. and Mrs. Morley Erratt of Cardinal were also recent callers at the home of Mrs. John Erratt.

Pleasant Valley News Notes

Mrs. Hazel Shaver visited her sister, Mrs. Effie McGrath, at South Mountain on Wednesday afternoon.

Mr. and Mrs. David Gilmer visited Mr. Elzie Johnson at the Hilltop Manor Nursing home, Merrickville, on Monday. They also had supper at Mr. and Mrs. Wilfred Seeley of Merrickville.

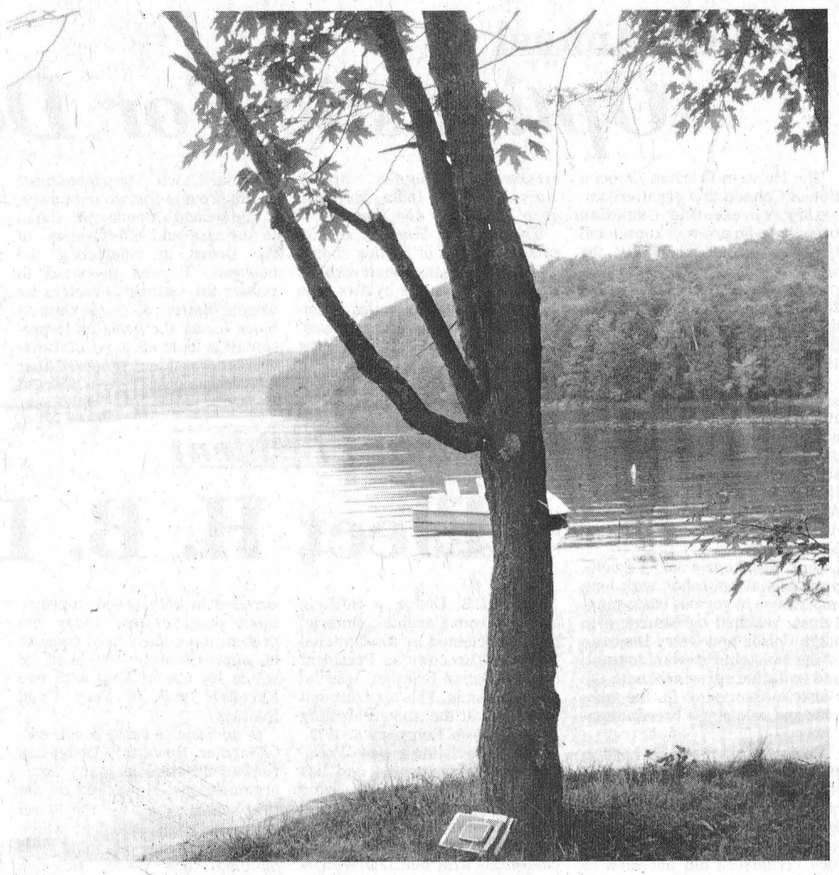
The Hulbert U.C.W. was held on Wednesday afternoon at the home of Mrs. Nelson Scharfe of South Mountain. Mrs. Bob Roberts had charge of the devotions. Guests present were Mrs. Basil Reynolds of Brockville and Mrs. Violet Stirtan of South Mountain. Mrs. Bob Roberts and Mrs. Don Sullivan served a lovely lunch.

Mr. and Mrs. Gerald Renkima, Brian and Richard of Lyn, Ontario, were Sunday visitors at Mr. and Mrs. David Gilmer's.

Mr. and Mrs. Herbie Wallace attended the funeral on Wednesday of the late Mrs. Faye Merkley at Brockville.

Mr. Hilliard Gilmer visited Mr. and Mrs. Preston Gilmer, Perry and Roger of Kemptville R.R. on Thursday.

Mr. and Mrs. Gordon Gilmer of Spencerville R.R. were callers on Tuesday evening on Mr. and Mrs. David Gilmer.



An Inspiration

Feeling depressed as the snowplow fills your driveway once more? Are you in a state of shock after receiving your last fuel bill? Is your temper at the boiling point because Jack Frost has assassinated your car battery?

If you've reached that point where you're quite sure Canadian winters are blown far out of perspective by tourist bureaus, then maybe you need a word of encouragement — a glimpse of the 'Silver Lining' so to speak.

Only four months from now you too may be lying in the shade gazing across the clear, calm water at your favourite resort.

NOTE: The site is Dalhousie Lake in Lanark County. Press Photo—Rowan

Better Late Than Never

George Nielson, the Russell Legion member who keeps the Press informed from time to time, dropped in this week with a very sincere apology.

"Possibly due to the confusion of the holiday season", he says, "I neglected to submit a report of winners in our annual Christmas draw for turkeys."

A strong believer in the 'Better Late Than Never' adage, George has the facts this week. Following are those who enjoyed turkey dinners compliments of Russell Legion: Hoy Hutchings, Ottawa; Harry Freeland, Winchester; Steven Rouseau, Embrun; Jack Ross, Russell; G. Lafromboise, Limoge; Ernie Burton, Russell; Verne Lecki, Russell; Alex Dow, Kenmore; Mary Laperrie, Russell; and Orville Gagnon, Lemoge.

Osgoode Addition Priority

Wells To Provide Answers

OTTAWA—Although the Carleton Board of Education is still guessing about Ministry funding for their capital forecast, a meeting with Education Minister Thomas Wells next Monday may provide some answers.

Philip Laverance, co-ordinator of Board services for CBE, said that while a decision on a request for funds to provide extra accommodation was expected February 1st, the Board "hasn't heard a peep" from the Ministry. The number one priority on the CBE capital forecast is a $2½ million addition to Osgoode Township High School.

Laverance said the meeting Monday will probably be a joint session with the Education Minister, the Carleton Board and the Ottawa Board of Education. Although the purpose of the meeting reportedly is discussion of accommodation sharing, Laverance said Board officials are hoping for some indication of the Ministry's feeling on capital funding.

"We may discuss accommodation sharing but to us, accommodation means the whole thing including the Osgoode addition," he said.

A report last week stated the Minister had met with Tory representatives to discuss the problem of accommodation sharing. A Ministry task force recently recommended the overcrowded Carleton Board should use facilities under the Ottawa Board which are not being fully utilized.

Discussion during the past few weeks has led to an impasse, with both Boards unable to arrive at an acceptable solution.

Laverance said the CBE doesn't know if any announcements will be made at next Monday's meeting.

"But Mr. Wells has at least agreed to meet with us, so I guess we're making some progress," said the co-ordinator.

Typed Reports The Answer

An interesting and comprehensive report submitted by an area Public Relations Officer has apparently created some confusion. The detailed report made several references to the "I.U.I.O.", and there is good reason to understand why readers were bewildered.

There is no such organization — the letters should have been "F.W.I.O." (Federated Women's Institute of Ontario).

Unfortunately the detailed account was handwritten and as a result the Compuwriter operator misinterpreted the letters. The Press is sorry the error appeared, but feels it should prove the importance of having reports typewritten if at all possible. But if no typewriter is available then names, as well as abbreviations, should always be printed.

O.P.P. Warning

Due to the considerable amount of snow this winter, many of the snow banks around the roads of our communities have become attractive play areas for children using sleighs. These children have been seen sleighing onto the pavement. This winter fun can turn to tragedy in the event a passing motor vehicle struck a sleigh carrying any children.

In addition, these reckless children present another hazard to winter drivers.

Winter games are very enjoyable, particularly with sleighs, however, alternative sites are available away from the dangers of vehicular traffic.

Ottawa Valley Tours Ltd.

Feb. 18-Mar. 9, 20 Days (Sun Coast) $399
Feb. 18-Mar. 5, 16 Days (Travelodge) $350
Feb. 18-Mar. 6, 17 Days (Beachcomer) $375
Mar. 11-Apr. 2, 23 Days (Sun Coast) $499
March 11-21, 11 Days (Sheraton Inn) $240

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Feb. 22-Mar. 9 (16 Days) $395
Feb. 26-Mar. 13 (16 days) $395
Mar. 5-Mar. 20 (16 days) $395
Mar. 9-Mar. 24 (16 days) $395

NEW ORLEANS AND PANAMA CITY BEACH
Mar. 11-Mar. 26 (16 days) $385

PANAMA CITY BEACH
Mar. 16-Mar. 27 (12 Day Mid-Term Break) $280

WASHINGTON — NEW YORK CITY
Mar. 24-Mar. 29 (6 Days) $180

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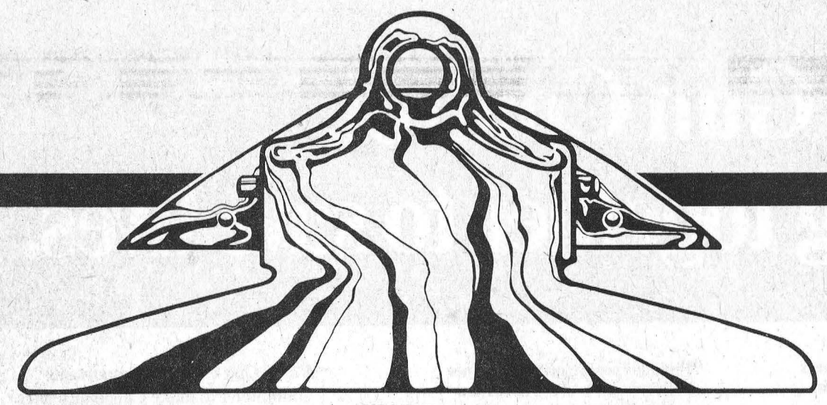

FRIDAY, FEBRUARY 17, 1978
6 - 8 P.M.: Girls' Ringette Games, Arena.
7:30 - 10 P.M.: Carnival Kick-Off Nite and Crowning of Carnival Queen (featuring Carnival Cuties), Community Centre Hall, Family Entertainment. Come and bring the entire family. Admission: Adults $1.00, Students 50c, pre-schoolers free.

SATURDAY, FEBRUARY 18, 1978
8 - 11 A.M.: Pancake Breakfast, Community Centre Hall, by Catholic Women's League. Admission: Adults $2.00, Children $1.00.
10 A.M. - Curling Funspiel, Community teams (18 years and over) invited to attend. All teams entered by Thursday, February 16, 1978, with Pat Stachon 821-2201.

ICE CARNIVAL
Community Centre Arena.
6 - 7 P.M.: Ringette Exhibition Game. Alta Mets vs. Metcalfe Belles.
7 - 11 P.M.: Costumes, Races, Tug-of-War, Tricycle Race, Official Presentation of Ice Machine.
Admission: Adults $1.00, Children 50c. All in costume and pre-schoolers free.

OLD TIME DANCE
Community Centre Hall, East Osgoode and District. Old Time Music and Dancing Association.
Admission: $3.00 a couple. Tickets available at the door. For information call Norm Robinson, 821-2539.

SUNDAY, FEBRUARY 19, 1978
A.M.: Attend the church of your choice.
11 A.M.: Lions Den. Hot lunch served by Golden Valley Hospital Auxiliary, $1.00.

SNOW SCULPTURE
Sponsored by Metcalfe Rangers. Judging by Metcalfe Wednesday Nite Club. All sculptures must be in a position to be seen from any main road, and within a five-mile radius of Metcalfe Village. Prizes offered in two classes:
1. Jr. schools competition,
2. Open for everyone else.
Entries to be registered by Friday, February 17, 1978, with Cathy 821-2722.

2 P.M. CARNIVAL PARADE
Sponsored by Metcalfe Agricultural Society. Enter the parade, be eligible for good prizes. For information contact: Bruce Dow, 821-2345.

BED RACING COMPETITION
Sponsored by East Carleton Junior Farmers. Immediately after the parade approximately 3 P.M. Classes for all. For information contact: Jim Kelly, 822-1197 or Russ Anderson, 774-5610.

4-6:30: Carnival Dinner, Community Centre Hall by United Church Women. Adults $2.75, Children $1.50, Pre-schoolers free.
7:45 P.M.: Variety Programme, Community Centre Hall, by Metcalfe Women's Institute. Cookies and coffee. Admission $1.00.

TUESDAY, FEBRUARY 21, 1978
7 - 9 P.M.: Family Public Skating, Special music, spot prizes, by Metcalfe Guide Company, Admission 25c.
8 P.M.: Carnival Bingo, Community Centre Hall, by Metcalfe and District Lions Club. $150.00 Jackpot to go.

WEDNESDAY, FEBRUARY 22, 1978
8 P.M.: Wednesday Night Euchre Party in Community Centre Hall. Admission $1.00. Prizes and lunch.
8 - 10 P.M.: Hockey Game. Country Connections (members of Family Brown, Silver Fox) vs. Shilo Broncos (Shilo Riding Club). Admission: Adults $1.00, Children 50c.

THURSDAY, FEBRUARY 23, 1978
3:30 - 4:30 P.M.: Tots and Moms Skating Party.
8 - 10 P.M.: Adult Skating Party. Skate to live organ music, Spot Prizes, Bean Supper following. Admission $1.50.

FRIDAY, FEBRUARY 24, 1978
7 - 10 P.M.: Teeny Bopper Party; OTHS Auditorium. All pre-high schoolers welcome. Admission: 50c.
8 P.M.: Monte Carlo Nite, Community Centre Hall sponsored by Metcalfe and District Lions. Refreshments available. Games of chance, Prizes. Auction. Restricted to 18 years and over. Admission: $1.00.

SATURDAY, FEBRUARY 25, 1978
8 - 11 A.M.: Pancake Breakfast, Community Centre Hall, by OTHS Grade 13 students. Admission: Adults $2.00, Children $1.00.

METCALFE SNO-ROVERS SNOWMOBILE RALLY
Lions Den. Registration 12 noon to 2 P.M. Trophies and prizes awarded at 5:30. For information call Bill Jeacle, 821-2964 or Doug Woods, 821-3256. Registration $5.00.
8 A.M. - 10 P.M.: Arena, Broomball Tournament. For information, contact Paul Bourbonnais, 821-1187.
4 - 6:30 P.M.: Dinner Community Centre Hall, Served by Metcalfe Anglican Church Women, Adults $2.75, Children $1.50. Pre-schoolers free.
9 P.M.: Community Centre Hall. Wind-Up Carnival Dance. Admission by ticket only, $2.50. Music by Helen's Selection.



METCALFE FEBRUARY 17-25

WEDNESDAY, FEBRUARY 22, 1978 PUBLIC SCHOOL CARNIVAL DAY
THURSDAY, FEBRUARY 23, 1978 SEPARATE SCHOOL CARNIVAL DAY
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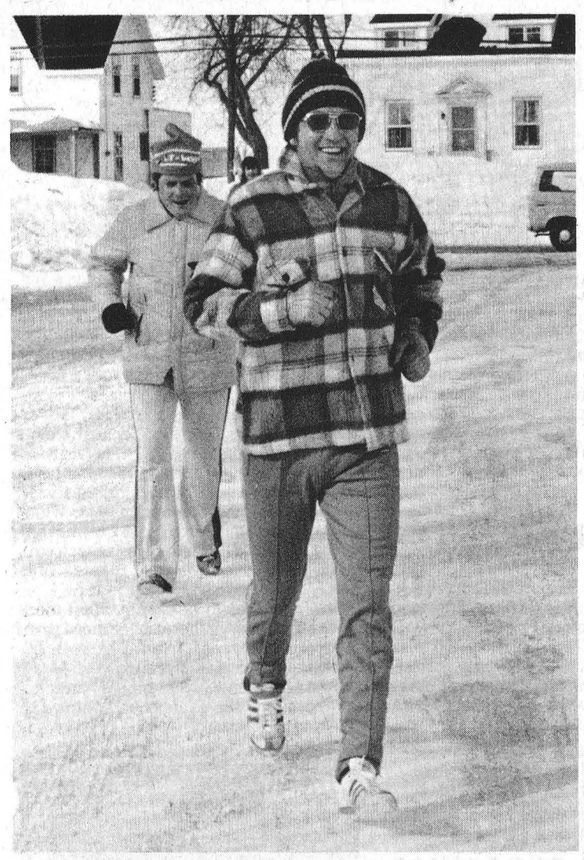


Jack McIntosh and Al Loynachan return after two-mile jog.

Not Sadie Hawkins' Day...

Winchester Males Run For Their Lives

They all have busy daily schedules.

But a dozen, middle-aged Winchester men are taking about eight hours a week to participate in an exercise-jogging program intended to save them from heart attack.

Don McIntosh, proprietor of the Jo-Anne Shoppe and co-founder of the "run for your life" group, says he intends to keep running, even after he's back in good physical condition.

The men, now running about 2.5 miles four times a week, are all between the ages of 35 to 45. Dr. Gabriel Slowey of Chesterville urged the men to begin the fitness program and runs right along beside them.

Mr. McIntosh says he finds the two-hour exercise program can be worked into his daily schedule.

"We all feel that it's important enough that we make time for it," he commented.

He said he'd be glad to help others form "run for your life" groups and there's been some interest shown in starting a womens' group in the village.

"I think a lot of us were getting to the heart attack stage and wanted to make sure that we're in shape and don't have one," said Mr. McIntosh.

Bank of Montreal manager Al Loynachan, another with a busy schedule, says the running based fitness program will become a lifetime thing for him.

"By all means, it's a lifetime thing," he commented. "It's something, once you've started you have to continue, it's something that's ongoing..."

Mr. Loynachan says the time spent on exercise makes up for the time that was normally being wasted on non-fitness oriented events.

Neither he nor Mr. McIntosh have changed their dietary habits yet to aid their exercise program.

"I think we're all more conscience of what we eat but I'm not going to try and kill all my vices at once, I'll work on them one at a time," said Mr. Loynachan.

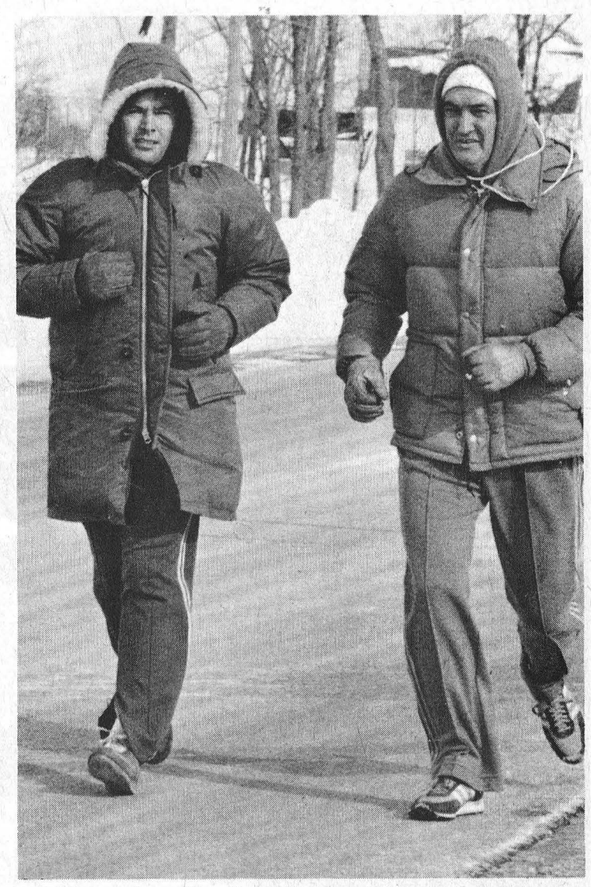
Some of the men hope to run in the 26-mile long Boston Marathon in two years but the bank manager is content with his present pace:

"Just making it back and forth from the BP is hard enough for me," he adds.

Dr. Slowey says the men will be virtually immune from heart attack if they run a marathon. He is trying to cut off the likelihood of a heart attack in potential victims through the exercise program.

Participants were tested at Carleton University's fitness centre before being allowed to enroll in the program; none showed physical indications they would be heart attack victims but they displayed other danger signs.

Most of them are overweight, smoke and drink alcohol to excess and are in high-stress jobs.



Co-founders Dr. G. Slowey and Don McIntosh.

McInnis Retains Chair

A six per cent increase in circulation during 1977 was reported to the annual meeting of Stormont, Dundas and Glengarry Library Board, this week.

The board re-elected Carlton F. McInnis, deputy reeve of Morrisburg, as chairman; vice chairman will be Warden Ewart Simms of Mountain township.

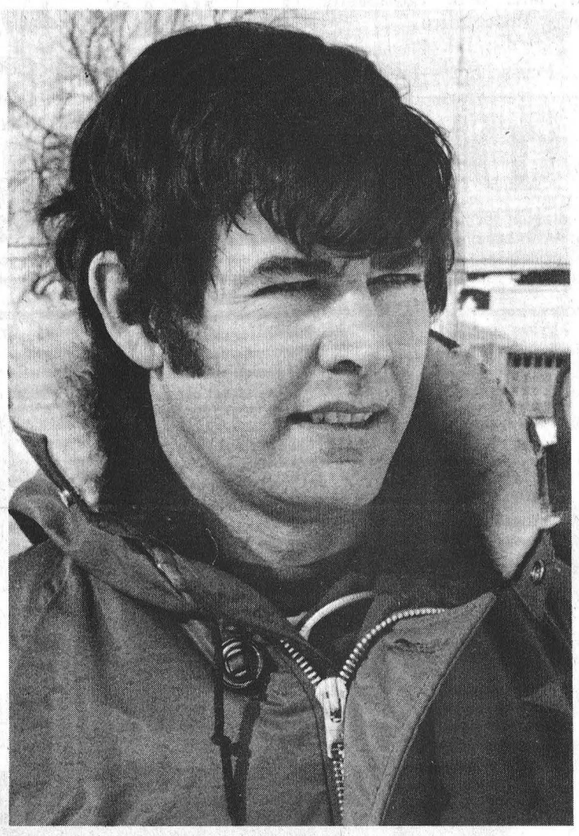
Miss Fran Laflamme of Ingleside is starting her seventh year as treasurer and H. Keith Graham of Chesterville will head the newly formed property committee.

Chairman McInnis expressed the regret of the board at losing the services of Robert Bright of Morrisburg, who has been replaced by council to give representation to the Northern part of Dundas. Mr. Bright was one of the founding board members of the county library. Returning members of the board are Mrs. Carol Baxter, Alexandria's deputy reeve Mrs. Florence Villeneuve and Cornwall Township Deputy Reeve John Moss.

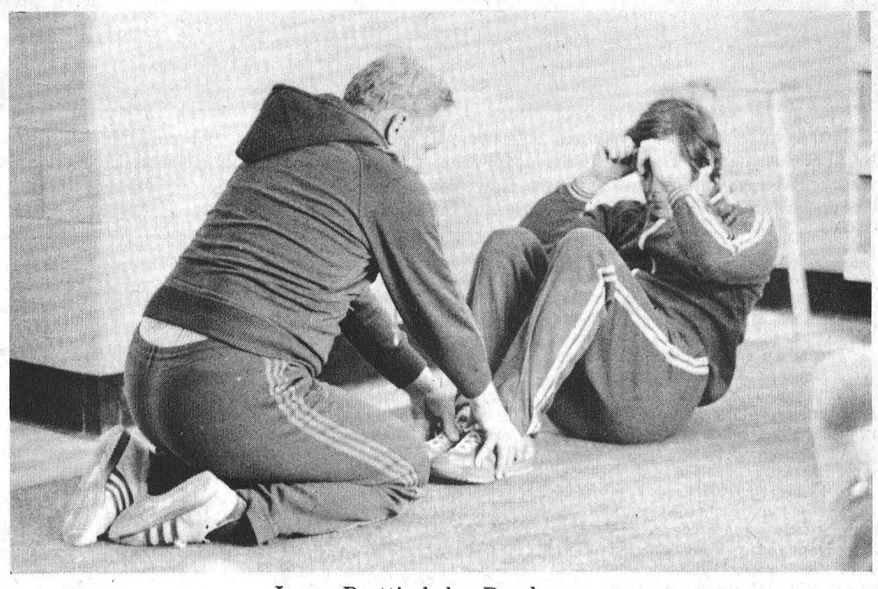
At the end of her report on the state of the 17 branches, County Librarian Anne Nyland expressed to the board her hope that a larger share of the 1979 budget would be designated for book purchases, as the present book budget of $30,000 is not sufficient to supply the growing number of branches properly. Two new branches (Williamsburg and Dalkeith) will be established this year.

The current budget, at $271,000, is four per cent higher than that in 1977; the share financed by the counties however, at $159,000, is nearly ten per cent higher than last year, as the province has not increased its grant.

The board re-appointed Herman Nyland, superintendent of county libraries, as its representative on the board of Eastern Ontario Regional Library System.



Dr. Gabriel Slowey



James Beattie helps Doc loosen up.



Not a prayer...just a stretch.

Press Photos—Van Bridger

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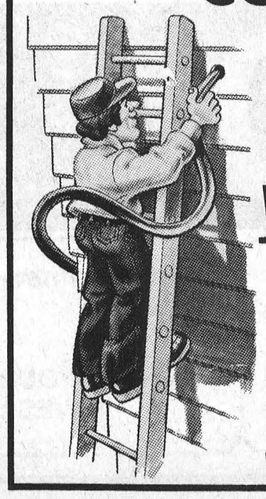

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Zenith 16780 —
Pembroke Public Library

(Residents of Renfrew County — dial "0" and ask operator for Zenith number) Where long distance does not apply, please continue to use the regular phone number to obtain reference-information at these public libraries.

CUT HERE — SAVE

Keep Those Letters And Parcels Coming



Paul Whitteker, Williamsburg, was recently honoured by the Postmaster General with a 25-year pin for his services as a rural mail delivery man. However, he says he has no intention of retiring — possibly not for another 25 years. Above, Mr. Whitteker, left, with Postmaster Borden Hess at the Williamsburg Post Office.

Press Photo—Patenaude

WILLIAMSBURG—There's an old saying about the postal service...something about rain and sleet and snow and hail. And after 28 years of rural mail delivery, Paul Whitteker says he's encountered them all.

The 58-year-old mailman, who recently received his 25-year pin from the Postmaster General, has delivered thousands of letters and parcels to rural residents here. Whitteker started work at the Williamsburg Post Office April 1, 1950. Since then, he has served under three postmasters and seen his route expand to a 23-mile daily run with 84 customers.

A lifetime resident of the Williamsburg area, Whitteker praised his rural customers for their efforts in making mail delivery easier. Record-setting snowfalls this winter could make access to mailboxes almost impossible, he pointed out.

"But the people on my route have done an excellent job of keeping their mailboxes cleared," he said.

The new post office, built six years ago, was considered a welcome improvement by Mr. Whitteker and the present Postmaster Borden Hess. Two other employees have also passed the twenty-year service mark.

Although he has handled mail delivery in the area for more than two decades, Whitteker says he doesn't plan to retire yet.

"The 25-year pin is nice to have," he said, "but I think I'll try for the 50."

Seaway Community Services Holds Annual In Morrisburg

The annual meeting of Seaway Community Services was held at the new headquarters in Morrisburg on Monday with a group of committed officers and interested personnel present.

The meeting was chaired by the president, Mrs. Fred Zandbergen, Sr., of Brinston. The minutes were read by the secretary, Marianne Adams of Winchester. Financial report was given by the treasurer, Mrs. Harry Pepers of Morrisburg. Prayer was offered by the Reverend E. Earle Eaton of Chesterville, public relations representative, who also covered the meeting for the press. Coordinator's report was given by Marie Barclay.

The president in her report expressed thanks to members of the clergy for their participation in the summer day camps. Matters for discussion included Christmas baskets, monetary contributions from churches, agencies and individuals; government grants, transportation furnished to hospitals, development of new headquarters building, cooperatives, crafts, recycling, reconstruction, rehabilitation, relocation of services, liaison with Rural Learning Association.

Tribute was paid to the memory of the late Mrs. John Corbett, former president. Directors Lloyd Markell and Martin VanAndell were present. At the close of the meeting refreshments were served by a hospitality committee chaired by Marie Barclay.

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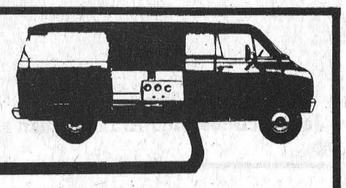

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Know Your Heart — Diet

Second of a Four-Part Series

(Your Heart Foundation presents a four-part series on heart disease to inform the public of the progress being made to combat this twentieth century health hazard.)

Diet and Heart Disease

Of all the identified risk factors associated with heart disease and stroke, perhaps none causes more controversy than overweight and high blood fat levels and their relationship to heart disease, particularly insofar as dietary intake of cholesterol is concerned. Both overweight and high blood fat levels have been identified as risk factors in the course of several population studies, but the controversy arises when the question of control of these problems is considered.

Those who favour restricting cholesterol intake by reducing the consumption of foods high in cholesterol feel that diets high in saturated fat and cholesterol result in high blood cholesterol levels and a high incidence of death from premature coronary heart disease. They feel that blood cholesterol levels can be lowered by modifying the diet and quote studies which suggest that lowering these levels in this way can prevent or delay the development of hardening of the arteries and coronary heart disease.

On the other hand, their opponents quote studies which suggest that the dietary intake of cholesterol may not be important to healthy people and thus, presumably, to the majority of the population. However, those who favour this approach also feel that restrictions on the consumption of foods high in cholesterol are only necessary for people who are predisposed toward hypercholesterolemia — excess of cholesterol in the blood.

However, there is still a large area where agreement is general and this is evidenced by information contained in Canada's Food guide, free diet pamphlets available from all Heart Foundations across Canada and the recent recommendations of the national Committee on Diet and Cardiovascular Disease as amended and adopted by the Department of National Health and Welfare.

The Canadian Heart Foundations recommend moderate changes in eating habits with a view to reducing your risk of heart attack and stroke.

There are four major objectives:

1. To provide your daily needs for protein, vitamins, minerals and other nutrients;
2. To control calories and help you keep a desirable weight;
3. To lower your intake of excessive amounts of food containing cholesterol and saturated fat;
4. To ensure that more of the fat you eat is polyunsaturated and less of it is saturated.

To meet these objectives and reduce your risk of heart attack and stroke, your Heart Foundation recommends the following diet rules which can be adopted without drastic changes.

1. Eat more fish, veal, chicken and turkey and less beef, lamb, pork and ham.
2. Reduce egg yolk intake to three per week.
3. Use skim milk, ice milk and cheese made from skim milk.
4. Substitute margarine containing polyunsaturated fats and polyunsaturated fats and polyunsaturated vegetable oils for butter, lard and other solid fats.
5. For a nutritionally sound diet, use more vegetables, fruit, cereals and breads made with a minimum of saturated fat, such as whole wheat, rye and pumpernickel, etc.

The addition of an appropriate programme of physical activity would comprise an effective method of combatting obesity and reducing risk.

During 1978, your Heart Foundation will be co-operating with federal and provincial Departments of Health to promote risk reduction through well-balanced diets embracing sound nutritional principles. Why not start you and your family now?

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3 piece suits Reg. & Talls to Size 48
"The Countryman"
MATCHING JACKET & VEST
CO-ORDINATING PANT
"The Park Row" **2 PANTER**
Reg. 2 piece suit with Extra Co-ordinating pant
Regular 3 piece & 2 piece suits
"ALTERATIONS FREE"
"Christian Dior" **NECKTIES**
ARROW SHIRTS with The "Mark" Collar
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FOR THE LADIES
By 3rd Dimension
3 PIECE SUITS
in Heather Flannel and Chambray
Pant - Blouse - Blazer
Pantman and 3 Dee
GABARDINE AND LA COSTE STITCH SLACKS
Beautiful Spring Colours
By Pant Man
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Pant - Vest - Blazer - Skirt
SPRING BLOUSES
by Elite - 3 Dee - Hi Georgie



SPRING SPECIAL **20% OFF** All Men's Velours and All Ladies' Dresses until March 1st SPRING SPECIAL

Phone: 543-2744
Hwy. 31, 2 miles north of Morrisburg

Store Hours
CLOSED.....All Day on Mondays
Tuesday, Wednesday,
Thursday..... 9 to 8
Friday..... 9 to 9
Saturday..... 9 to 6
Sunday..... 12 to 4

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