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Winchester Springs couple welcomes daughter



Meadow Elizabeth first baby of 2009

by Meghan Duncan
Press staff

WINCHESTER SPRINGS — Eowyn Gault and Paul Veerman weren't counting down the seconds to midnight on New Year's Eve — they were too busy counting the seconds between contractions.

Their first daughter, Meadow Elizabeth Veerman, was born in their Winchester Springs home at 2:29 am on Jan. 1.

"It's surprising," Gault said of her daughter's celebrity status as the first baby born in the United Counties of SD&G in 2009. "We knew it could be a possibility, but didn't think it would happen."

Meadow — who weighed six pounds, nine ounces at birth — was scheduled to arrive on Jan. 5.

The couple decided early on to have a home birth, with the help of Becca Raper of the St. Lawrence Valley Midwives. Gault credits her brother and sister-in-law, who had two home births, for inspiring her choice.

"The comfort of being at home was nice," Gault said. "The midwives were great — they were very supportive and very calm."

Last year, the New Year's baby featured in the *Press* was also born with the help of the same midwife.

"They're very professional," said Veerman, who chose the name for the baby.

Gault said she was thankful not to have to leave the house on the cold night.

"It's nice not to have to pack up and go to the hospital," she said.

She was in labour for about four hours, and though Meadow emerged sideways, Gault explained that all told, it was a quick and safe home delivery.

And now we're three

Meadow Elizabeth Veerman was sleeping soundly when the Press *stopped by to meet the first baby born in the United Counties of SD&G in 2009. Proud parents Paul Veerman and Eowyn Gault of Winchester Springs said that New Year's Eves in the future will be double the celebration.*

Press Photo — Duncan

South Dundas Mayor counts his blessings in 2008

by Amanda Smith-Millar
Press staff

WILLIAMSBURG — Money didn't exactly fall from the sky in 2008, but it almost seemed that way for South Dundas Township. The municipality received four unexpected government grants last year — three of which exceeded the million-dollar mark.

Those grants paid for important infrastructure, said Mayor Charles Barkley during a year-end meeting with local media on Mon., Jan. 5. Without federal and provincial help, said Barkley, South Dundas never could have completed several large-scale projects.

"We were really blessed," said Barkley.

The grants included $1.3 million for infrastructure (which went to repairing roads and the Lightning Street bridge), $1.03 million for the new water plant in Morrisburg, and $1.1 million to revitalize the shopping centre in Iroquois.

South Dundas also received $709,660 due to a provincial surplus. As of yet, council hasn't decided what to do with that money. Barkley said he'd like to spend it on the estimated $1.5 million South Dundas still owes for its waste water treatment plant, slated for completion in spring 2009.

Barkley thanked Stormont-Dundas-South Glengarry MP Guy Lauzon and MPP Jim Brownell for lobbying the government for funding.

"They did an excellent job," said Barkley. "I think they worked and got us our share."

South Dundas chief administrative officer Stephen McDonald remarked that it was a "very extraordinary" year for receiving government grants — probably the most spending on public works he's seen since he started working for municipalities in the 1980s.

But McDonald warned that money might not come as easily in the next 12 months. The Iroquois waste water treatment plant needs to be revitalized or completely replaced. He said it will cost an estimated $18 million to rebuild the plant.

McDonald predicted that 2009 "is going to be a tough year."

He also noted South Dundas would most likely face a surplus, an amount that will become final when township employees finish the 2008 financial records.

Barkley said he likes to see surplusses because it means staff members have run their departments efficiently.

• continued on page 2

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• continued from the front page

South Dundas

But he said he doesn't believe in banking those surplus funds — rather, he said, municipalities should spend the money on projects the following year.

Barkley added that he's particularly happy to see three new doctors come to the township. He credits Dr. Wayne Domanko and his team for actively trying to recruit doctors to the region.

"That was a big accomplishment for Wayne and his crew," said Barkley.

Like many other municipalities, South Dundas offered financial incentives to attract the medical professionals. Each of the three doctors will receive $10,000 a year for four years, and has signed a contact to remain in the township for at least four years.

Barkley predicted wind power will be a major issue in 2009, as Prowind Canada Inc. aims to construct three wind farms in South Dundas. He expects more public meetings on the issue will take place.

As well, Morrisburg's Ottawa Street is due to be shaved and paved, and new sidewalks are to be installed. Barkley said the United Counties of SD&G and South Dundas Township will share the costs, which he estimates will be around $400,000.

"It's not a Cadillac job," said Barkley. "But it's all that's needed."

Starting this month, South Dundas will be responsible for operating the ailing Iroquois Golf Course. Historically, the club has been municipally owned but run by a board of directors with volunteer assistance. The township plans to hire a manager for the course and has completed interviewing candidates.

Barkley said the township "should not be in the golf course business." But he said he hopes the facility will be revitalized in the coming years and maybe be put up for sale in the future.

"It's going to be a tough time this year to turn it around," said Barkley of the golf course.

Barkley noted that with the floundering economy, local residents — particularly seniors — will struggle. He acknowledged that taxes may be in arrears.

"It's going to happen," he said.

He said he likes local government and has no desire to run provincially or federally.

"You're the grass roots," said Barkley of municipal government. "I find [it's] the little things that mean so much to people."



Grateful for grants

South Dundas Township Mayor Charles Barkley said the municipality was lucky this year to get several federal and provincial grants.

Press Photo — Smith-Millar

Happy Face Nursery School to help showcase 'local treasures'

First Family Resource Show set for Feb. 28

WINCHESTER — Happy Face Nursery School's board of directors is combining its fundraising efforts with a community development project and will host North Dundas's first Family Resource Show to showcase the area's "hidden treasures" on Sat., Feb. 28.

"I moved to North Dundas about five years ago and until that time had never even heard of Winchester," said Sheila McDonald, a director with Happy Face Nursery School. "Since then, Winchester, and sister communities, continues to amaze me with all the 'jewels' hidden within... Our communities are full of programs and services that are not advertised through traditional avenues and therefore stay relatively unknown."

The Family Resource Show will take place at the Winchester Arena.

"It is a venture that will help the local economy and allow families to know what's available right at their front door," McDonald said.

There is no charge for admission to the show, which will include a toddler play area, free face painting, a craft area, and refreshments for sale. Children's entertainment and free public skating will follow the show.

"We are looking for any agency, organization, school, church, or private business that provides a service, program, subsidy, entertainment, products, grants, or information for children or families," McDonald said.

Vendors and service groups wanting to take part in the show have the option of providing information to be collected and collated as part of a brand new "The Family Connection" database.

"There will also be an opportunity to post an event you may be running on the township's online calendar," McDonald explained.

Those interested in setting up a table at the show should contact McDonald at 613-774-6318 or email SheilaMcDonald9@sympatico.ca.

"It is only $5 a spot and is an inexpensive way to advertise and promote your service or products and can also provide an opportunity to build registration numbers for any program," she said. "We want to uncover everything being offered to families. I am hoping this will add a great amount of promotion for a small amount of money to these businesses.

"I have wanted to see this happen for years," she continued. "I think it will be great for local businesses, great for families new and old to the area, and great networking for everyone."

South Mountain artist chosen to represent SD&G in Toronto

TORONTO — Potter Debbie Gilmer and sculptor David Switzer will represent the SD&G region at the Eastern Ontario Artists Marketplace at the 2009 Spring One of a Kind Show in Toronto.

Gilmer, who creates Celtic stoneware pottery in her South Mountain studio, and Switzer, who creates matchstick sculptures in his Cornwall studio, are just two of 24 artists and artisans in Eastern Ontario chosen for this opportunity.

The Eastern Ontario Artists Marketplace is part of an initiative to help artists and artisans access a larger market for their work and to bring attention to Eastern Ontario as vibrant area for the production of art and fine craft.

"Creating works in clay allows the rich unknown within me to emerge into visible form," said Gilmer. "My creative energy is fuelled by several things: by keen curiosity... what happens if I try this?; by the beauty revealed to me every day in the people and things that surround me; by the value I place on truly functional design; and, by a Celtic spirituality in my life and work."

Gilmer said the community works hard to support many local initiatives, including the On Common Ground Studio Tour, in which 27 artists and artisans featured new work at 11 different studios near South Mountain in 2008, the tour's 15th year.

"Fresh creativity and helpful support from fellow artists plus warm, welcoming neighbours combine to provide many opportunities for artistic expression," Gilmer said. "South Mountain is truly a hidden jewel in the Eastern Ontario landscape."

Barry Devolin, Haliburton-Kawartha-Brock MP, announced a federal government investment of $125,000 for the Eastern Ontario Marketplace.

"[This] reinforces our government's commitment to support the artists and artisans that contribute to the economic prosperity of Eastern Ontario," said Devolin.

"Not only is this funding an essential part of our government's vision for a stronger, more diverse economy, it is also an important investment that will help strengthen our regional economy," he continued.

The funding was provided through the Regional Fund of FedNor's Eastern Ontario Development Program (EODP), managed by the Eastern Ontario Community Futures Development Corporations (CFDCs) Network Inc.

The EODP promotes socio-economic development in Eastern Ontario by creating, building and developing the necessary conditions to increase business and employment opportunities in the region.

Funding and support for the EODP is delivered through the CFDCs located throughout Eastern Ontario and the Eastern Ontario CFDCs Network Inc. The Haliburton County Development Corporation, one of the 15 Eastern Ontario CFDCs, is coordinating this initiative.

"Our government will continue to make strategic investments that contribute to the long-term prosperity of the people living and working in Eastern Ontario," said Tony Clement, minister of industry, who is responsible for FedNor. "I look forward to the positive impact this investment will have on the long-term development of a sector that is important to the regional economy."

The One of a Kind show is Canada's largest and most prestigious retail show for fine craft in Canada.

The Eastern Ontario Artists Marketplace at the 2009 Spring One of a Kind Show (April 1 to 5) will highlight the work of 24 artists. These artists were chosen from 125 applicants from across Eastern Ontario — a region covering the area from Lake Simcoe to the Ottawa River and from Lake Ontario to Algonquin Park.

FedNor's Community Futures Program supports 61 Community Futures Development Corporations (CFDCs) located throughout rural Ontario.

CFDCs offer a wide variety of programs and services supporting community economic development and small business growth.





Colouring champs

South Mountain firefighters visited Nationview Public School and Inkerman Public School on Fri., Dec. 19 to present prizes and trophies to colouring contest winners. The colouring submissions will be featured in a calendar in 2010.
Pictured are: Nationview students Leah Maheux (front, left), Marissa Perkins, Kiara Vandemheen, and Keane Van Dodewaard, who picked up the hardware and prize on behalf of his sister, Moriah. At back are fire officials Jeff Hyndman (left) and Chuck Preston.

Inset: *Maddison Barkley picked up the trophy for Inkerman.*

Press Photos — Smith-Millar

Chamber of Commerce will still run tourist info booth

TOWNSHIP OF SOUTH DUNDAS

Council notes from
South Dundas

MORRISBURG — The South Dundas Chamber of Commerce is still interested in running the information booth located east of the Morrisburg Village Plaza. However, the chamber doesn't plan to run the booth forever, president Ed Kingsley told South Dundas Township council at a Dec. 16 meeting.

Kingsley said that each year, the chamber rounds up some funding from Human Resources and Skills Development Canada to pay a couple of summer students to staff the booth and hand out pamphlets.

"We do our best," Kingsley told council, but "it's not — for lack of a better word — professional."

Kingsley said the students don't have proper training. On top of that, he said, the chamber should unite with other key players affected by tourism — like the Morrisburg Business Improvement Area — to develop a comprehensive South Dundas tourism plan.

Kingley said he hopes a tourism committee can be struck in the new year.

"I think it should be part of the government process," said Kingsley of running the tourism booth, and South Dundas tourism in general. "We feel as the chamber that we're not the right people to do it."

Mayor Charles Barkley suggested the incoming economic development officer could be responsible for striking a tourism committee in 2009.

"Maybe it should be [the officer's] duty," he said.

In the meantime, Kingsley said, the information booth's washrooms need to be renovated and modernized. Barkley said he'd like to see the renovations included in the 2009 budget.

Snow removal strategy needed

The sidewalk along Augusta Street in Morrisburg will be plowed. Councillor Del Jones said he spoke with a resident who complained that the sidewalk, which leads to St. Mary and St. Cecilia Catholic School, was covered with snow.

According to public works manager Hugh Garlough, many sidewalks go unplowed during the winter, as it would be too expensive to do the entire municipality. He estimated it would cost about $6,000 just to plow the Augusta Street sidewalk until the end of this winter.

After some discussion, council approved the clearing of the sidewalk, but Jones said the township should develop a comprehensive policy about plowing sidewalks in the future, as he doesn't like taking a "piecemeal" approach.

Garlough said other municipalities have made it the property owner's responsibility to clear sidewalks. He noted that South Dundas could look at creating a bylaw stating homeowners and businesses are responsible shovelling the sidewalk adjacent to their buildings.

"There are just so many sidewalks, and there's so much cost. I expect that to be looked at in the near future," said Garlough.

Wubs transportation

Council supported, in principle, Wubs Transportation's plan to run a bus route through Dundas County to Ottawa. The route's stops would depend on who showed interest in taking the bus to the city. Wubs employees are currently collecting information about interest in such a route.

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Libraries launch programs for adults

by Amanda Smith-Millar
Press staff

WINCHESTER — The SD&G Library branches have their winter 2009 programs ready to go — not just for children this year, but adults, too.

From seminars on quitting smoking to financial pep talks, the libraries are set to launch all-new events aimed at grown-ups.

"We want to show adults there are things for them out there," said Pamela Pearson, service delivery technician for Winchester, Chesterville, Finch, and Morewood library branches. "I think the library is a good place to gather people."

The Winchester branch will host the first adult-focussed event — "Stop smoking! What have you got to lose?" — on Wed., Jan. 14 to kick off National Non-Smoking Week. While the program, which will be co-run with the Eastern Ontario Health Unit, is geared toward adults who are currently smoking, children are welcome to attend. The display will be open at 6:30 pm with a presentation to start at 7 pm.

A seminar called "Financial planning: Managing your investments" will take place on Wed., Feb. 4 at 6:30 pm at the Morrisburg library. Bob Roddick of Brister Insurance will be on hand to answer questions about investing and long-term financial goals.

The following month at the Winchester branch, Butch Oldford of Royal LePage Gale Real Estate will host an information session about selling your home. The event will take place on Wed., Feb. 25 from 6:30 to 7:30 pm. The Winchester branch will also run a closely related seminar soon afterward — on Wed, March 4, Marnie Fossitt will give a lecture about "staging" your home. Attendees will learn the art of making your house look clean and attractive for potential buyers.

For all the gardeners out there, the Chesterville library will host an event just for you. A Wed., March 25 information program, running from 10:30 to 11:30 am, will get your gardening skills in shape for spring.

For a complete list of library activities for both adults and children, drop by your local branch. The website www.sdglibrary.ca should also be updated soon with the winter 2009 schedule.



Food for fines

The SD&G Library branches in Winchester, Chesterville, Finch, and Morewood recently wrapped up their Food for Fines program. For the first two weeks of December, the libraries offered to collect canned goods for the Dundas County Food Bank in lieu of late book fines. One non-perishable food item would eliminate approximately $1 in fines. Above, service delivery technician Pamela Pearson (left) and SD&G Library Winchester branch clerk Gail Storring posed with one of five boxes of food on Tues., Dec. 30. The library is set to deliver its 2009 programming, which includes all-new information sessions for adults. *Press Photo — Smith-Millar*

Police Blotter

Assault charges

MORRISBURG — Following a verbal altercation, a woman was allegedly assaulted by her 38-year-old boyfriend on Jan. 9 at about 8:30 pm on County Road 2. He was arrested and faces a charge of assault and is scheduled to appear in Cornwall Court on Jan. 13. Const. D. Duclos is investigating.

Cavalier carried off

MORRISBURG — Sometime overnight between Jan. 2 and 3, unknown suspects attended a private residence on Meikle Street in Morrisburg and removed a red 2003 Chevy Cavalier. Const. M. Lalonde is investigating.

ATV taken

WINCHESTER SPRINGS — Sometime between Dec. 18 and Jan. 2, unknown suspects entered a garage at a private residence on MacMillan Road and removed a green 2007 Kawasaki all-terrain vehicle. Const. D. Budzinski is investigating.

Ski-doo stolen

WILLIAMSBURG — Sometime between Dec. 10 and Jan. 2 unknown suspects entered a repair shop and removed a black 2006 Mach 1 Ski-doo on Flagg Road in South Dundas Township. Const. D. Brisson is investigating.

Too much celebrating

SOUTH DUNDAS — SD&G OPP officers stopped a motor vehicle for erratic driving on Highway 401 in South Dundas Township on Jan. 1 at about 2:17 am.

Investigation revealed that a 30-year-old male driver was under the influence of alcohol and a suspended driver. He was arrested and faces a charge of: impaired operation of a motor vehicle; driving with a blood-alcohol level over the legal limit; and driving while suspended. He was scheduled to appear in Cornwall bail court on Jan. 2.

Const. K. Heaphy is investigating.

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Festive RIDE program wraps up, over 124,000 drivers pass muster

WINCHESTER — The 2008-09 Festive RIDE (Reduce Impaired Driving Everywhere) campaign finished on Jan. 2 following five weeks of checkstops throughout Eastern Ontario.

OPP officers checked a total of 124,633 vehicles, laid 45 impaired driving charges, suspended 137 drivers' licences for 12 hours, and laid 532 other charges.

During the five weeks, officers responded to a total of 1,689 motor vehicle collisions — 173 of which resulted in injuries to occupants and seven of which were fatalities. All others resulted in property damage only.

Last year's Festive RIDE Program resulted in 144,966 vehicles being checked, with 81 impaired driving charges, 217 12-hour licence suspensions, and 959 other charges.

During last year's program, officers responded to a total of 2,348 motor vehicle collisions with 232 injuries and four fatalities (all others resulted in property damage only).

"It's encouraging to see a decrease in overall RIDE-related numbers," said Insp. Chris Lungstrass, traffic and marine manager for East Region OPP.

Regional commander and acting chief superintendent Gary Couture also said the numbers were encouraging.

"We applaud the efforts of all of our officers and also all drivers who chose sobriety and safety as a practice this holiday season," he said.

Motorists can expect to encounter RIDE programs all year round as OPP utilizes this tool as an ongoing deterrence to driving impaired.

Provincial statistics are available for the public to view at www.opp.ca.

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Cadet program charts course for youth

by Amanda Smith-Millar
Press staff

MORRISBURG — About three years ago, Chesterville resident Skye Fougere was hunting around for a fun extracurricular activity. Her father had participated in sea cadets when he was young, and suggested his daughter also enroll in the military program.

The idea appealed to Fougere, now 15, who was already keen on boating.

"My dad had a friend who had a sailboat, and this friend let me sail," recalled Fougere. "I've loved it ever since. I was completely hooked."

Fougere said she joined the Royal Canadian Sea Cadets the following November, and hasn't looked back. She's now a petty officer, second class with the 338 Defiant corps in Morrisburg.

Cadets is a Canada-wide initiative run by the Department of National Defence. Besides sea cadets, the program has two other branches: army and air. There are no registration fees and the uniforms are free. The program aims to build young people's confidence, leadership skills, and physical fitness level.

Typically, cadets train once per week, with additional weekend activities depending on the participant's level of interest.

Fougere, a North Dundas District High School student, said the Morrisburg cadets train twice per week. On paper, said Fougere, the corps has about 16 members, and 10 or 12 show up regularly. Now that she's older, Fougere is responsible for supervising and leading many activities.



Skye Fougere (above and at right) is a petty officer, second class with the Royal Canadian Sea Cadets 338 Defiant corps. Photos—Barbour

"As you gain rank in the cadet system, they definitely put a whole lot more responsibility on your shoulders," said Fougere. "Last year, there were several higher ranks than me. This year, all of a sudden, I'm teaching classes, and I'm supervising everybody. It was a lot of responsibility."

Fougere said she particularly loves the summer training camps. According to the governmental cadets website, 24 Cadet Summer Training Centres (CSTC) are located across Canada. About 21,000 course cadets receive training, while 2,500 staff cadets are employed each summer in the 24 CSTCs and abroad on cultural and training exchanges.

Fougere said she has attended camps twice before. She said camp is a great way to make friends — in fact, Fougere still keeps in contact with fellow cadets from Nova Scotia and British Columbia.

"You can keep those contacts for a very long time," she said.

The National Cadet website says that cadets are under no obligation to join the Canadian Forces when they become adults. As for Fougere, she said she's not planning a career in the military. She'd rather go to law school, or, if that doesn't pan out, welding, or one of the other trades.

But the Grade 10 student says that unless school gets in the way, she's going to stay in cadets until she turns 19, which is when participants must leave the program.

However, Fougere says that from learning to tie knots, to sailing tall ships, to gaining leadership experience, the cadets program has taught her plenty of transferable skills.

"It does give you a great sense of pride and leadership," she said.

Alternatives
for uneasy investors

Market swings can leave you feeling uncomfortable, but they shouldn't stop you from investing for your future.

While investing for the long term, it may make sense to consider short-term alternative investments that feature:

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Save smarter, not harder, in 2009

Have you set a New Year's resolution yet? Do you plan to cut spending? If so, you're in good company. Consumers around the world cringed as the U.S. financial sector took a spectacular nosedive in 2008, and a tanking global economy followed suit. Employees are worried about job security and have vowed to pinch pennies in 2009.

But is spending less really the way we want to go? Until consumer confidence is restored, and citizens are ready to open their wallets again, businesses will continue to suffer.

Here's a suggestion: vow to spend smarter, rather than less, in 2009. In other words, only buy goods and services that (1) you need, and (2) make ethical and environmental sense. The first step is to be honest with yourself. Do you want to buy that four-by-four truck because you need it — to haul heavy loads of wood and machinery, say, or drive over challenging terrain? Or do you want that shiny new truck because, well, it's just cool? Buying products that meet our needs — not our wants — will leave the planet, and our bank accounts, in better shape.

Small purchases are arguably even more important. One of the beauties (or curses) of living within a capitalist system is that you get to vote, every day, with your dollar. Each time you buy groceries, clothing, gas, books, or magazines, you're essentially casting a ballot for that product or service — plus the company and industry that supports it. Unfortunately, most of us don't plan our purchases in advance. We buy in haste. We don't wait for sales. We fail to be vigilant consumers; we fail to research the product or industry and make sure, for example, that the shoe manufacturer doesn't have a history of using child labour. Bad or mediocre consumer choices support industries that shouldn't exist on this planet — or at least shouldn't enjoy such power and wealth.

Where you buy your goods counts, too. Shopping locally not only supports your hometown economy, it cuts down on gas usage.

Times may be tough. But too much penny pinching isn't fair for businesses and industries that already offer products or services that are good for the community and the environment, and necessary for life.

By thinking critically about what we buy, we can build a strong economy that makes sense for consumers and the planet.

A.S.M.



Press Photo — Duncan

Remember when...

1939

An opening ceremony for the Morrisburg Curling Club's new $4,000 club house was held on Jan. 4. People from Ottawa, Cornwall, Montreal, Hawkesbury, and Winchester attended the event. Meanwhile, Reeve T.O. Keyes returned to office in 1939, marking the start of his fifth term as reeve.

1949

The Inkerman Rockets were eliminated from a best-of-five series for the Van Horne Trophy after dropping the fifth game of the Kingston City League Hockey finals to the Kemptville Royals 7-6. The Royals won the game early in the first period when they scored two goals in succession. The Rockets then whittled the lead down to one goal but just couldn't get to the equalizer. After the first period, each team scored alternately.

1959

Cornell Construction of Brantford, Ont. was awarded a contract to overhaul Winchester's water distribution system. Their $196,400 bid was accepted and work was set to begin April 1.

The Winchester post office reported record business over the 1958 holiday season as people rushed to send Christmas cards off to friends and relatives before holiday deadlines.

1969

Plans for a temporary outdoor ice surface to replace the defunct community centre rink stalled this week in 1969 as cold weather and a record snowfall made preparing the rink difficult.



Winchester Junior "B" Hawks defenceman Jeff Egan (left) scored the winning goal this week in 1989. He ripped a slapshot in over Chris Chisamore's shoulder with a scant 10 seconds left in the game to give the Hawks a dramatic 10-9 victory over the visiting Westport Rideaus.

1979

Nationview Public School students returned to classes after a fire gutted half the structure. Due to reduced space at Nationview, junior grades were taught at Inkerman Public School.

1989

The North Dundas Demons skated away with the Novice B championship trophy. The Demons beat the LaPrade Photo team by a score of 2-1 in the final playoff game.

1999

South Dundas council began to look at ways to prevent the millennium bug from creating problems when the calendar flipped to Jan. 1, 2000. Councillor Cam Martel presented a list to council outlining the types of devices that might be affected by the bug: photocopiers, important computer systems, the township's water supply system, street lights, and generators.

The Y2K bug was expected to affect all appliances and computer systems that kept track of the date. The fear was that when the year 2000 would strike, those items would break down, causing problems around the world.

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Canada

LETTER TO THE EDITOR

Family says goodbye to family friend, heroine

The Editor:

About 13 years ago there was a newpaper article published about a dog and her seven puppies being abandoned in a laundromat in Ottawa.

I saw this in the *Ottawa Citizen* and made a phone call to inquire about adopting one of the puppies. We had to have criminal reference checks and our children's teachers were interviewed about the type of children they were.

We were approved to adopt a puppy, who came to our family in February, and we named her Abbey-Gayle — a name chosen by our son.

Shortly after, we found out our son has Autism, and thus the training began for our girl Abbey to become an active service dog for a child with ASD.

We trained this pup by hand signals, whistles, and snaps — she was terrific, she let us know when our son was being unsafe, or when he had gotten himself into mischief. This pup was a godsend.

About a year went by, and the pup was in the garden barking and refused to obey commands. I went out to call her in,and the dog alerted our family to exit the home and remain outdoors. I called the local gas company, and sure enough, a gas pipe had broken and the fumes were seeping into the home.

Abbey was a heroine and saved our lives!

We moved to South Dundas Township in 2001, and Abbey was in her glory in the country. We took her everywhere, including the Iroquois beach for a weekly swim. One day, when the life guards were not on duty, some teens were wrestling on the wharf, and a kid went into the water. Abbey was off the harness and under the water without command, bringing the teen to the surface with bystanders shouting.

While the young lad would have been fine without Abbey's intervention, to her, the rescue was real, as she thought the teen was in peril. No harm, no foul.

Abbey was always at the door with her huge, fluffy black tail wagging for all who came in. There was always a smile on her face, and she never complained — she was intuitive and curious.

About a year ago, we found out our second son, then six years old, also has ASD and moderate symptoms of Autism. We looked into the National Service Dog Registry, and our son qualified to receive a companion, but the waiting list is over three years and the costs to a family to bring home a beloved friend is in the range of $1,500. The costs are so high because the family is required to live in a hotel for the week and learn all the training for the special-needs dog.

The community should know about this because there are children living in our area who live with ASD, and these service dogs would be the blessing the children deserve. Please donate to the National Service Dog Registry to allow children access to these dogs.

Abbey-Gayle said her goodbyes on Dec. 21 while resting happily under the Christmas tree surrounded by her loved ones with the sun shining through the windows, wrapped in her warm housecoat that we always bundled her in for her afternoon naps. We will all miss her. She was born Dec. 20, 1996 and passed away at 12 years, 363 days old.

Abbey is taking the long road home. My son, who Abbey came home for in the first place, is now 17 and a Grade 12 student at North Dundas District High School. He wrote a poem for Abbey (which is printed at right).

Abbey made the newspaper as a newborn, then as a heroine, and now I would very much like to see her leave her world in the paper.

Abbey — otherwise known as Miss Furry Paws, Miss Tomato Seed Head (after being sprayed by skunk), Abnormality, and the Abinator — was a pet to none, friend to all, and will forever be in our hearts.

Mallory-Ann Kirkland
as well as Avery and James Kirkland
Williamsburg

Forever is too long

by James Kirkland

What is death, if not a beginning?
Those who die are truly winning.
For in the end, they're better off.
Free from this world
and those who'd scoff,
At what they do
and what they say,
Is this really the best way?
You're leaving us,
and way too soon,
Off on a new adventure.
Where I can't follow you this day,
But it won't always be this way.
For when the time comes
we'll meet again,
Down that road I cannot go,
Past the bridge, it is forbidden.
But one day I'll break those rules,
and once again, we'll be together.
This isn't the end.
This isn't the end.

Bournemouth: Closer each day...

North Dundas District High School student Sheehan Jordan is on an exchange and keeping *Press* readers up-to-date on his adventures in Europe.

BOURNEMOUTH, ENGLAND — Ever wondered how long it takes to sail from Denmark to southern England? Yeah, me neither, but I can tell you. It's about 18 hours. When you're on a boat surrounded by seemingly endless water, the trip seems more like 67 days.

After that, there was still a five-hour bus ride (with a break at a Burger King for about half-an-hour) to get to a town known for its beaches and "English colleges", a wonderfully multicultural tourist town known as Bournemouth. It's funny, but after spending two days with about 30 Danes, this town kind of feels like home.

We arrived in Bournemouth around 6 pm, found the families we would be staying with, and nervously headed to their cars to drive to our home for the following two weeks. Of course, there is no better way to start your stay in England than opening the front-right side door of the car and hearing, "you drivin'?". I felt totally embarrassed as I took that walk around the car to the left side. After that, it only got weirder, as all oncoming cars seemed to be on the "wrong" side of the street.

The next day hit me and my roommate even harder. First, the time difference caused us to have about three minutes to eat, shower and practically run to catch a bus. Once on the bus, not only did we not know our stop, but the man we asked suggested we get off about 10 stops ahead of our destination. This, of course, led to a lot of walking. Lucky for us, we walked in the wrong direction, so we wound up on the wrong side of the city wondering what to do next.

Eventually we made it and had our first English lessons (which were fairly easy) and then headed out into the town to see what we were in for. The minute I saw the beach, I immediately envisioned my first leap into the sand following a spiralling football, and it wouldn't be long until I got to experience exactly that. Most days went in this order: go to school, take English classes, go to town and soak in the English culture, go back to our houses, eat dinner, return to the town and hang out on the beach, throw the football around until about 10:30 pm, and wake up the next morning to do it all over again.

Obviously you can guess that by the third day you start to feel as if your classmates are becoming better and better friends. When you spend an hour with two guys in a Pizza Hut eating all-you-can-eat pizza and garlic bread for five pounds, and talking about how if you eat one more piece



Sheehan Jordan

of greasy pepperoni you might throw up, it's impossible not to feel like you've become somewhat closer. Top that off with a bus ride to a water park, where you're still talking about how you shouldn't have eaten that last piece, and you can pretty much guarantee your relationship will never be the same.

In the end, after two weeks travelling around England, seeing Stonehenge, London, and a small town, I couldn't help but think that I made some friends. If it hadn't been for my trip to England, I think I'd feel less at home in Denmark. Thank goodness for Bournemouth.

New year, new ideas

WINCHESTER — Would you like to publicly thank someone for an act of kindness? How about point a finger at someone in whom you're disappointed?

While we always enjoy receiving letters to the editor about issues important to the community, sometimes there are little things that don't merit a full letter but still deserve some kind of recognition.

Feel free to submit your praises, or grievances, to the Press office on St. Lawrence Street or e-mail news@winchesterpress.on.ca to be included in a "Thumbs up, thumbs down" column, which will be printed as often as space, and the number of submissions, permits. Submissions may be anonymous or include the name of the sender.

Here are some examples of what we're looking for:

•Thumbs up to the lady in the red hat who stopped to help me pick up my groceries when my bag broke.

•Thumbs down to the person who smashed the side mirror of my car, took time to write a note, but didn't leave contact information.

•Thumbs up to the cast and crew of the Dundas County Players' recent production of *Sing a Song of Sixpence*! What a hilarious success!

HopeLESS?

SHEPHERD TALK

by Pastor Tim Edwards



WINCHESTER — Have you fallen into the vortex of its downward spiral? Has your soul been bruised by the growing despair that is insidiously creeping into the fabric of our common experience?

It's hard not to be affected.

Have you heard any good news lately?

The economic bubble has burst, unemployment is rising, retirement plans are being stripped, house values are dropping, the stalwarts of our economy are on the verge of bankruptcy, our government is in crisis, diseases seem epidemic, families are failing, our environment is polluted, world peace seems a distant and diminishing light, and there is a growing malaise in our culture that things may never be the same.

It's as if the force of the storm has stripped our culture from its moorings and we are recklessly and aimlessly drifting in a sea laden with hazards. It is as though all of the things that used to anchor our lives are being undermined — economic stability, our future, our kids' futures, wealth, health, family, church, nature, government — all seem to be failing us.

We desperately need an anchor!

There is an anchor: hope.

"We have this hope as an anchor for the soul, firm and secure." (Hebrews 6:19)

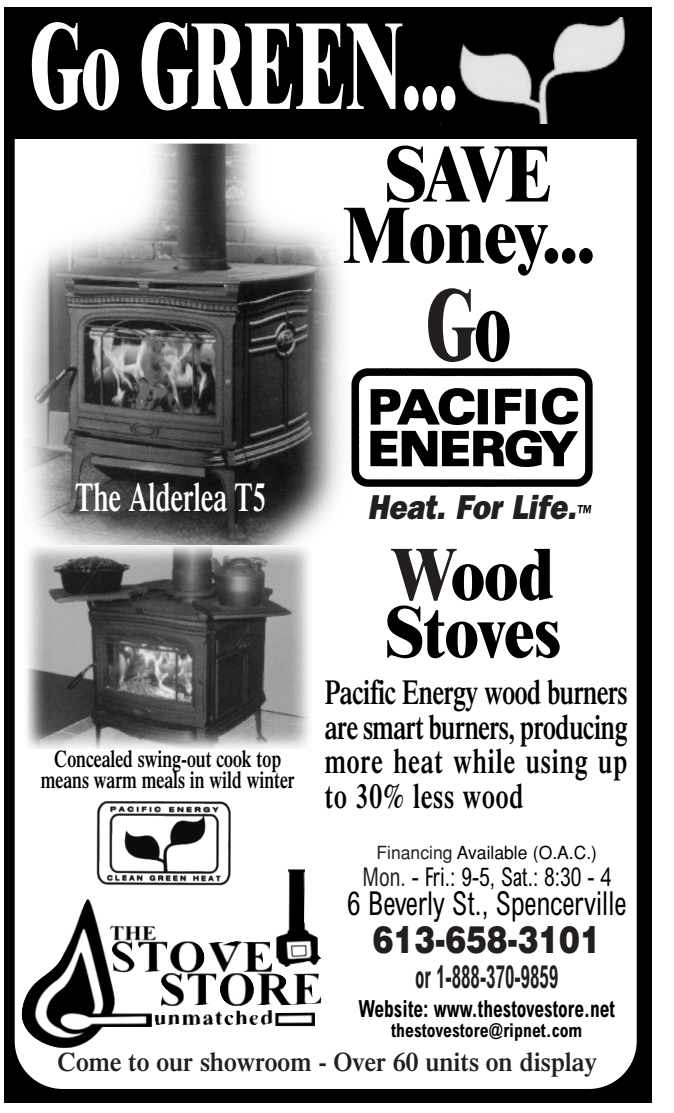
What "hope" is he referring to?

The writer is speaking of hope in the fact that Jesus Christ our High Priest and has made a way for us to be in right relationship with God.

How does this hope serve as an anchor, particularly now that life seems to be falling apart?

Scripture teaches that this hope is in Jesus Christ and it is Jesus Christ who, in turn, gives hope for today, no matter how dire the situation, as well as for the future, no matter how bleak it may appear today.

This column is provided courtesy of the Dundas Ministerial Association





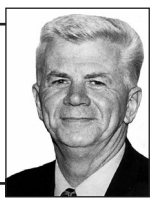


Organ donors

The board of directors at Beachcroft, a seniors' apartment complex in Winchester, decided to purchase an unusual Christmas present for the residents: an organ. According to administrator Bonnie Castle, several residents play the organ, and the new instrument will replace an old one. Organist and pianist Sharon Adams (photo, right) gave a holiday concert to Beachcroft residents on Wed., Dec. 17. Pictured above are: Castle (front, left), director Percy Armstrong, director Mary Fisher, director Shirley Coons, director Betty Cooke (back, left), director Fred Robar, and board chair Ed Gibson. *Press Photos — Smith-Millar*

Transpo strike continues

In and around
Osgoode Ward
by councillor Doug Thompson



METCALFE — Unfortunately, the strike by 2,200 OC Transpo employees is entering its fifth week. Negotiations between the City of Ottawa and the union resumed just before Christmas but lasted only two days. The city then requested that federal Labour Minister Rona Ambrose order the union members to vote on the latest offer from the city. Ambrose has now ordered the Canada Industrial Relations Board to conduct and supervise a vote by the striking OC Transpo workers by Fri., Jan. 9.

It is my opinion that this vote may not end the strike by the Amalgamated Transit Union. I fully understand the frustration and negative financial impact this strike is having on commuters and downtown business owners from Osgoode Ward, yet I fully support the city offer to OC Transpo workers and hope a resolution is reached as soon as possible.

Winter carnival season

The ice rain, snow, cold temperatures, and bone-chilling winds cannot keep Osgoode Ward residents from enjoying the upcoming winter carnivals.

The 2009 winter carnivals will take place Jan. 29 to Feb. 1 (Greely), Feb. 5 to 21 (Osgoode), and Feb. 6 to 8 (Kenmore). Full details of events for each carnival will appear in next week's column.

Seniors' Showcase

Osgoode Home Support will present a Seniors' Showcase in 2009. If you are a senior with musical or artistic talent, please contact the Osgoode Home Support office at 613-821-1101.

Kenmore drop-in centre

The Anchor youth drop-in centre is open in the Kenmore Baptist Church basement from 7:30 to 9:30 pm every Friday night. All youth between the ages of 12 and 18 are welcome. Come out and join the fun and meet the other teens in the area. For more information, contact Mark at 613-774-3703 or Christy at 613-821-4936.

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Keeping Health In Mind

"Keeping Health in Mind" is a monthly newspaper column made possible with the help of the Lannin Business Centre, The Winchester Press and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall Community Hospital/Hôpital Communautaire de Cornwall.

Is it a laughing matter?

Why did the turkey cross the road? It was the chicken's day off. If you were able to laugh at this joke, were you able to notice a shift on how you feel? The reason I'm asking is that laughter provides a physical and emotional release.

Stress has been shown to create unhealthy physiological and psychological changes. The connection between stress and high blood pressure, muscle tension, immunosuppression and mental health issues have been known for years. Studies have shown that mirthful laughter affects many, if not all, of the major systems of the human body which includes the reduction of stress hormones. A good belly laugh exercises the diaphragm, contracts the abs, and even works out the shoulders, leaving muscles more relaxed afterwards. The next time you have a good long laugh, notice the feeling of relaxation and reduced tension.

Laughter helps us replace distressing emotions with pleasurable feelings. When laughing, we can be lifted above our feelings of fear, anger, discouragement and despair. One of the things that sap our energy is the time, focus and effort we put into coping with life's problems. It is not the situations that generate stress and mental health issues; it is the meaning we place on the situation. Humor and laughter reveal that not all things are earth-shaking events they sometimes seem to be. Looking at a problem from a different perspective can adjust the meaning of an event so that it is not so overwhelming and, therefore, provide us with opportunities for greater objectivity and insight.

Laughter connects us with others. There are no language barriers when we are smiling and laughing. The smile on our face is a light to tell people our heart is at home. Humor and laughter changes our behavior because we then tend to talk more and make more eye contact with others. It avoids loneliness.

Some ways to keep ourselves laughing are by watching comedy on television, reading funny greeting cards, comic strips and cartoons, collect stories and seek funny people, to name a few. Some suggest keeping a "Joy Journal" listing the gifts that come into our life. Studies show the positive effects of smiling occur whether the smile is fake or real. Faked laughter also provides the benefits mentioned above. Futhermore, smiling more and faking laughter may lead to opportunities for real smiles and laughter.

Humor and laughter can be effective self-care tools to cope with stress. They can improve the function of the body, the mind and the spirit. Bringing our sense of humor and laughter to our daily conflicts and our relationships can go a long way toward improving the quality of our life.

Lise Pilon, RN, CPMHN, Community Mental Health Nurse

For more information or to receive the French version of this article, or to seek professional advice, please call 932-9940 or 1-800-465-8061. Free, confidential services are available in French and English to residents of Dundas, Stormont and Glengarry through their offices in Winchester, Cornwall and Alexandria.

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Icebreaker committee hunts for queen

Chesterville gears up for winter carnival weekend

by Amanda Smith-Millar
Press staff

CHESTERVILLE — With only a few days left until the Chesterville Icebreaker Carnival, organizers are in a bit of a pickle. As of press time, only three young ladies were registered for the Carnival Queen Contest.

Organizers plan on crowning a carnival queen, two carnival princesses, and Miss Congeniality during the carnival, which runs Jan. 9 to 11. They're looking for girls who would be good community representatives and role models. Contestants must be between 13 and 16 years old and live in the Chesterville area (specifically, their phone numbers must start with 448).

Shelley McLeod, who is helping co-ordinate the carnival efforts, said she's not too worried. Technically, enough girls have signed up in order to run the competition.

But McLeod said she'd like to see at least nine girls, not just three, compete for the title.

"Everybody tends to sign up for everything at the very last minute," said McLeod. "It would just be so nice if we knew in advance."

The deadline is quickly approaching. On the evening of Thurs., Jan. 8, contestants will participate in an interview session with judges. The following Saturday at 9 am, the young ladies will participate in a second question-and-answer session in front of judges and audience members at the Chesterville Royal Canadian Legion, before the winners are announced and prizes are handed out.

Initially, contestants needed to submit a 300 to 500-word essay detailing why they would make a good carnival queen. But McLeod said the essay requirement has been waived. Contestants only need to attend the Thursday and Saturday interview sessions. To register, call Liz at 613-448-2357 or Michelle at 613-448-1032.

McLeod noted all other carnival events are running on schedule. This year's highlights will include an opening ceremony hosted by "Regis and Kelly" (Dr. Gabriel Slowey and McLeod), a Guitar Hero competition, a community tournament, balloon twisting, children's activities, and much more.

"We're pretty sure we're going to be bigger than last year," said McLeod. "It's going to be an inexpensive family day [with activities for] all age groups."

Tickets for the Saturday night comedy show with Erica Wopat Scott, silent auction, and dance are now on sale for $7. (Tickets at the door will cost $10.) Visit TD Canada Trust, Scotiabank Chesterville, the Chesterville Royal Canadian Legion, or Chesterville's Seaway Valley Pharmacy to pick up tickets, or buy them directly from committee members.

Icebreaker buttons, which provide discounts on select events, are available at Louis' Restaurant, the Legion, and both banks. The button will also enter you in a draw for $100, $50, and $25.

For a complete list of events, locations, and times, check out the carnival schedule on page 15.



Teen queens

It's not too late to sign up for the 2009 Carnival Queen Contest, set to run this weekend during Chesterville's Icebreaker Carnival. Pictured are 2008 winners Mandi Ross (left), McKenzie Roberts, Kelsey Gauley, and Casey Saddlemire.

Photo — Barbour

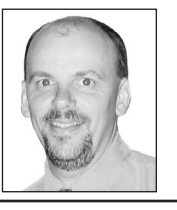


Just in time for Christmas

The Stock Transportation Social Club Iroquois division donated $300 to the Dundas County Food Bank. Club secretary Brenda Delle Palme (left) and treasurer Karen Labossiere (right) presented the donation to food bank administrator Donna Quesnel on Dec. 22.

Ice Breaker this weekend

WINCHESTER — This weekend the annual Chesterville Icebreaker Carnival takes place Friday night through to Sunday. Players are needed for the three-on-three hockey tournament. There will be five divisions — Novice through to Midget. A maximum of six players per team plus a goalie is allowed. The entry fee is $35. Contact Pete VanKessel at 613-448-3361. Teams must register by Thurs., Jan. 8.



Remarks

by Mark Guy, director of recreation

Movie night cue

The North Dundas Family Services Committee hosts monthly movie nights at the Old Town Hall. The committee is seeking volunteers to assist with the movies. Contact Meaghan at the township office (613-774-2105) for further details.

Bell Capital Cup

A pair of local Atom hockey teams competed in the Ottawa International Bell Capital Cup over the Christmas break and both came very close in claiming the championship.

The Atom "B" rep team made it all the way to the finals before losing a heartbreaker 1-0 to the Prince Edward County Kings while the Atom House "C" team also went to the finals only to lose 4-0 to Hawkesbury.

Congratulations to both teams on representing the North Dundas Minor Hockey Association in fine fashion.

Hope you had a great holiday season!



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Friendly gesture

After applying for a corporate grant, the Winchester branch of the Bank of Montreal was able to donate $4,000 to the Friends of the South Mountain Library on Tues., Dec. 16. The funds will go toward the new library and community resource centre. The Friends group has already raised $87,000 of its $100,000 goal. Pictured are: area manager Peter Asquini (left), BMO branch manager Connie Kirkwood, Friends chair Liz Earl, Friends fundraising chair Terry Triskle, and SD&G Library board member and Friends member Nick Zyrmiak.

Press Photo — Smith-Millar

Ladies Aid celebrates caring, sharing

by Kathy Spruit

WINCHESTER — St. Paul's Ladies Aid celebrated the coming of Christmas on Dec. 1. A large group of ladies joined in the lively and heartwarming celebration, starting with a potluck supper.

At each place setting sat a recipe book, created by Doris Baker, Amy Baker, and Phyllis MacMaster. The books included recipes donated by the church ladies, in keeping with the theme "caring and sharing." After enjoying the wide array of tasty dishes, the ladies were treated to humour, door prizes, and a Christmas singalong.

A Christmas worship service took place in the sanctuary. MacMaster shared many insightful and interesting thoughts about caring and sharing. The "10 Commandments on Human Relations" described ways to relate to our fellow human beings in a caring manner, such as calling people by their name; being considerate of others' feelings; and being generous with praise by recalling the acronym PEAS (Praise, Encourage, and Appreciate, Sincerely). The ladies were reminded that the best yuletide gift to give is the gift of oneself — the more we give, the richer our lives will be.

As Helen Steiner Rice wrote, "For only what we give away enriches us from day to day." A Christmas song sung by St. Paul's choir, including a beautiful solo by Heather Hutt, enhanced the worship service.

Proceeds from the offering were donated to the North Dundas Christmas Fund and the Dundas County Food Bank.

A note of thanks is extended to the young ladies who volunteered to help with the service and cleanup: Theresa and Katherine Palmer, Katey Churchill, Chloe Preston, and co-ordinator Sandy Palmer. Their hard work, efficiency, and cheerful attitude were greatly appreciated.

Library contest winners

SD&G — The SD&G County Library announced the winners of its recent draw for MP3 players, held in conjunction with the introduction of OverDrive, the library's new collection of downloadable music, audiobooks, e-books and DVDs. Local winners are Jade Markell of South Mountain, winner of a 2GB Creative MuVo T200; and Larry Toonders of Williamsburg, winner of a 4GB Creative Zen V Plus.

OverDrive allows patrons to "borrow" or download materials from this collection, to be stored on a home computer, a laptop computer, or an MP3 player. The items can then be watched or listened to, replayed and sometimes even transferred from one medium to another, or burned to a CD without ever having to worry about copyright infringement or overdue fines being incurred. At the end of the two-week borrowing period, the material is automatically "returned" or reverted back to the library's OverDrive collection.

The SD&G County Library has been selecting a wide variety of genres, styles, and subject matter for inclusion in this new collection. From a service-provision perspective, the library is now "virtually" open 24 hours a day, seven days a week, at www.sdglibrary.ca. The website will point you to the OverDrive portal and help you to use the technology.

There are also six download stations at branches of Morrisburg, Williamstown, Finch, and Winchester. All you need is an SD&G County Library card (in good standing).

WMS celebrates advent at local bed & breakfast

by Donna Wilson

WINCHESTER — St. Paul's Women's Missionary Society met at Terrace Green Bed and Breakfast for its advent meeting on Nov. 29. Host and hostess Jim and Annette Angus greeted the group warmly by providing a beautifully decorated Christmas tree.

Lois Beaton was a special guest as adult secretary for Brockville Presbyterial. She spoke about Gloria Wasacase, who spent many years teaching at Cecilia Jeffrey Residential School at Shoal Lake in Kenora, Ont. under the auspices of the Presbyterian Church.

All present participated in a worship called Christmas Gifts, based on Matthew 2:1-12. Kathy Spruit provided special music. The traditional birthday cake was served with tea and coffee, followed by a tour of the home.

Donna Wilson thanked the hosts and guests.

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WORD ON THE STREET

What is your New Year's Resolution?



Sue Lloyd

"To be healthy by eating better and being more active for my grandchildren."



Jamie Quinton

"To do a little bit better in school."



Ashley Williams

"To get along with other people."



Jake Quinton

"To not let stuff bug me so much."



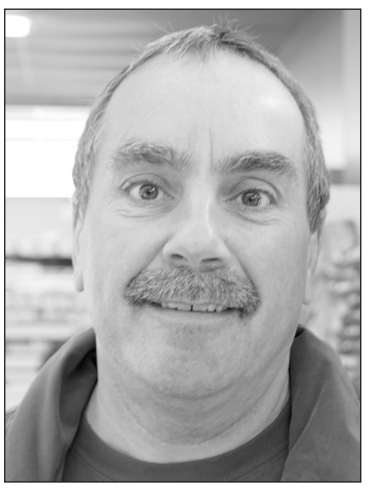
Jessica Harrison

"To be a good role model for the little kids."



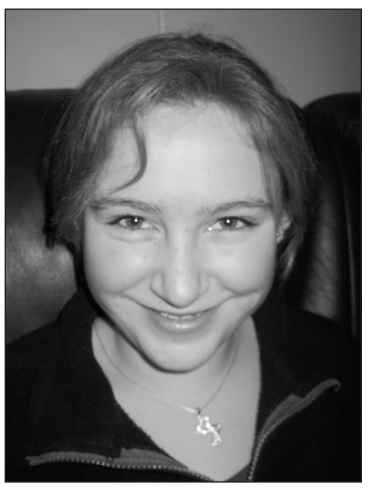
Wayne Burns

"To get back to my regular workout routine."



Andy Hamel

"To lose another 15 pounds... and be the best poker player in Winchester!"



Jordan Mark

"To keep my room tidy."



Melissa Jones

"To lose my baby weight after I have my baby in July."

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JANUARY 2009

Upcoming Council Meetings
January 20
February 3

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Tuesday 8:00am-1:00pm
Thursday 8:00am-1:00pm
Saturday 9:00am-12noon
Matilda Land Fill
(10815 Seibert Road)
Wednesday 8:00am-1:00pm
Friday 8:00am-1:00pm
Saturday 1:00pm-4:00 pm

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NEWS & EVENTS

KILOWATT COUNTDOWN CHALLENGE

CALLING ALL RESIDENTS, Council hereby challenges you to ***REDUCE*** your electricity consumption and carbon emissions during the months of February & March. The Township of South Stormont has challenged the Township of South Dundas residents to compete in the 2009 Kilowatt Countdown. Any household in South Dundas is welcome to participate: including renters, business and institutions. Hydro One and Rideau St. Lawrence Utilities will tally the results for the entire Township at the end of the project. You can reduce your consumption by using the 200 energy conservation tips. Households should be able to reduce their electricity consumption by 20%. That includes the kitchen, laundry room, home office, standby losses, small appliances, water heating, lighting and buying new appliances. Handouts are also available the Morrisburg, Iroquois, Williamsburg libraries, as well as the Township Office. Watch your mail box for more information about the Kilowatt Countdown Challenge within the next couple of weeks. Visit the township website, www.southdundas.com



Have an Idea?!
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Centre de toxicomanie et de santé mentale

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CAMH provides other treatment options for mental illness or addiction. For more information, visit www.camh.net or call CAMH at 416-535-8501. CAMH is a Pan American Health Organization / World Health Organization Collaborating Centre Affiliated with the University of Toronto. All queries are strictly confidential.



2008 Baby Faces



Rhubi Mae McMillan
May 5, 2008
Parents Penny and Steven. Sister of Rayah.



Lillian Constapel
April 23, 2008
Daughter of Renko and Mary Constapel.



Allison Constapel
April 18, 2008
Daughter of Martin and Emily Constapel.



Kayden Switch
March 11, 2008
Son of Daryl and Shauna Switch (nee Suffel).



Braxton William Donald Cooke
May 27, 2008
Son of Leah Cooke and Brandon Erratt. Happy holidays to the whole family!



Dana Eleanor Bryson
February 22, 2008
Proud parents Shane Bryson and Bonnie James. Proud big sister Jacklyn.



Jori Alexandra Poulin
October 9, 2008
Daughter of Stephanie Sproule and Aaron Poulin.



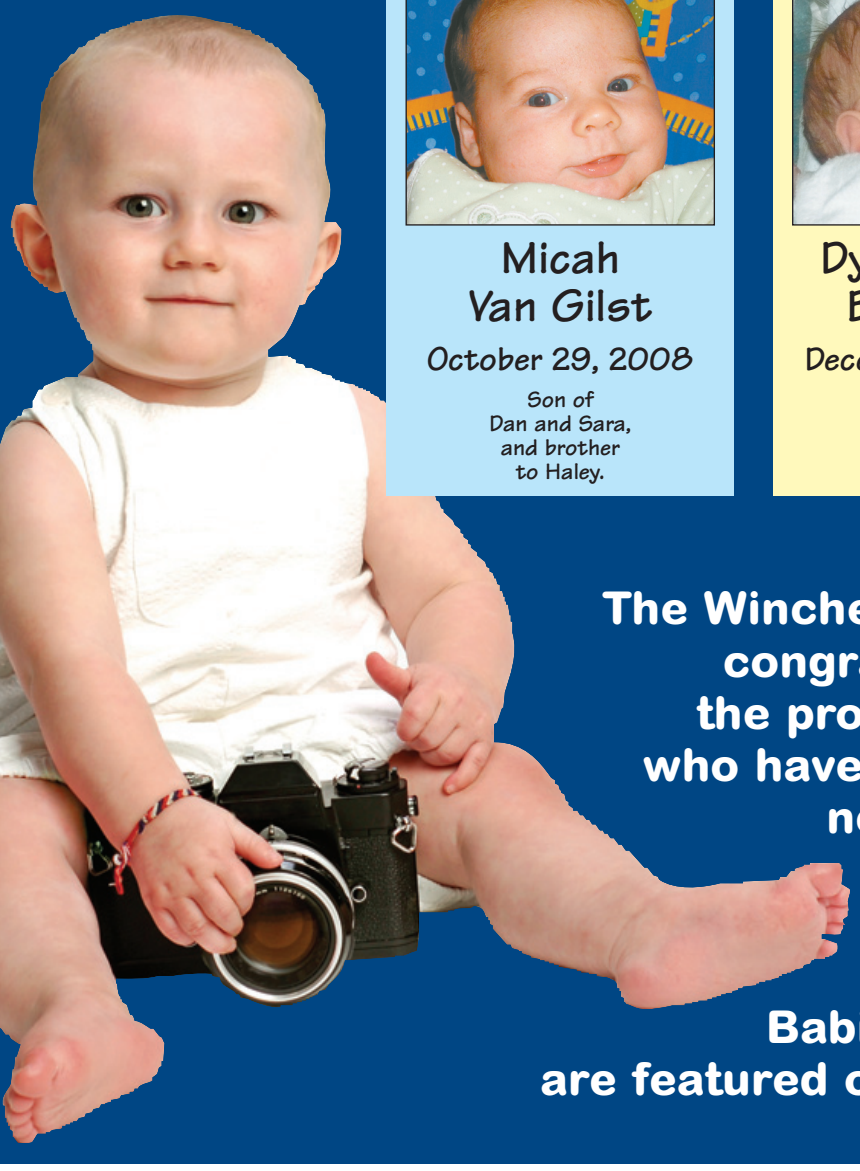
Cohen Addison Ennis
September 2, 2008
Proud parents Alicia and Mike Ennis, big brother, Addison.



Caden Robert Lawrence Leathem
May 19, 2008
First child for Rob and April Leathem. First grandchild for Bob and Kathy Leathem, and Larry and Hilda Lewis.



Gabrielle Belway-Lodge
January 24, 2008
Grandparents: Eileen and Lyle Belway.



Micah Van Gilst
October 29, 2008
Son of Dan and Sara, and brother to Haley.



Dylin Rodney Blanchard
December 16, 2008
Son of Rod Blanchard and Robyn Lennox.



Julianna Matea Rodriguez
November 5, 2008
Parents Carolyn Graham and Julio Rodriguez. Baby sister of Natalia. Granddaughter of Verla Graham.



Kennedi Lynn Fetterly
April 13, 2008
Daughter of Bob and Jodi Fetterly. Little sister to Owen and Hudson.

The Winchester Press congratulates all the proud parents who have welcomed new arrivals in 2008!

More Babies of 2008 are featured on page 24.



Dahlila Shea Herbert Sauvé
February 9, 2008
Proud parents Laura Herbert and Sylvain Sauvé. Proud grandparents John and Allanna Turner of South Mountain.



Kaden Kingsley Guy
November 25, 2008
New baby boy for Kerry, John and Mikyla.

The Winchester Press congratulates all the proud parents who have welcomed new arrivals in 2008!

More Babies of 2008 are featured on page 24.

Baby Faces 2008





Stuart John McEwen
January 5, 2008
Son of
Cheryl Cooper
and Hugh McEwen.
Sister of Kate.



Ava Holmes
April 25, 2008
Beautiful daughter of
Dereck
and
Antonella Holmes.



Cole James Jones
July 31, 2008
Son of
Jenn
and
Steve Jones.



Jack Bert Findlay
September 10, 2008
Son of
Colin
and
Carisa Findlay.



Braydon Van't Foort
February 5, 2008
Son of
Nicole
Van't Foort.



Arwyn Lillian Logtens
December 12, 2007
Daughter of Terri-Lynn
and Jeremy Logtens.
Little sister to Cadence
and Ethan.



Trevor John Backes
July 13, 2008
Son of Louise and Steven Backes.
Grandparents: Claire and Norm
Backes, Edna Eldridge and
the late John Eldridge.



Ewan Patrick Rutley
November 2, 2008
Love Mommy and Daddy,
Granny and Grandpa,
Auntie Tracy, and big brothers
Tyler and Garrett.



Zachary Reed Darby Parker
May 20, 2008
Son of
Jeremy and Lynn Parker.
Brother of Joshua, Kaleb
and Isaac.



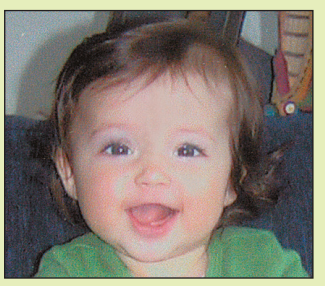
Kalli-Rose Leslie Hicks
May 3, 2008
Daughter of
Kaitlin Barkley
and
John Hicks.



Bryce Alexander Warren
February 11, 2008
Son of Elizabeth Warren.
Lotsa love to
my little angel,
my dream come true.



Justin Darren McDonald
May 24, 2008
Son of
Darren and Julie.
Little brother for
Kristian and Mikayla.



Sarah Carol Khan
March 9, 2008
Daughter of Mustack and
Alison (Armstrong).
Little sister to
Liam and Hayden.



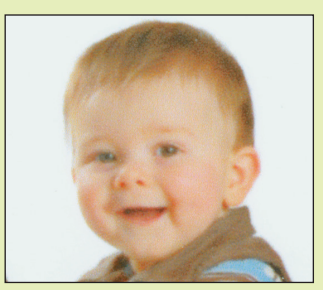
Chloé Elise Roy
December 26, 2007
Daughter of
Joseé and Paul Roy.
Little sister to
Mélodie.



Grayson Edward Foster
October 11, 2008
Son of
Sherry and Robert.
Brother of
Amber and April.



Cody Robert Thomas Lesage
November 5, 2008
Welcome Cody,
with love from your
Mom and Dad
and big sister Kylie.



Grayden Joseph Garlough
February 22, 2008
Son of Christina and Tim Garlough.
Proud grandparents are
Annie and Ray Vanier,
and Zonia and Hugh Garlough.



Isabelle Guy-Legendre
June 2, 2008
Our little princess.
Daughter of Maureen Guy
and Roland Legendre.
Little sister to Ethan.



Gavin Garth Christopher Helmer
March 11, 2008
Son of
Chris and Joanna (Kerr).



Logan Andrew Berg
November 29, 2008
Precious son of
Mike and Corinne (Skuce)
Berg.
Brother of Olivia.

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Boulanger nets overtime win against Rangers

CARDINAL — Brodie Boulanger's first goal of the season was a huge one. The sophomore forward converted a play created by rookie defenceman Andrew Baker and captain Ben Collins into the game-winning goal 1:15 into overtime as the Winchester Jr. "B" Hawks edged the host South Grenville Rangers 4-3 in Cardinal on Saturday (Jan. 3).

Winchester collects three of four points

The Hawks worked a lot of overtime on the weekend, losing 4-3 to the first-place Alexandria Glens in OT on home ice Friday night (Jan. 2) and then followed up with the extra-time victory over the Rideau Division Rangers.

In both cases, second-year defender Adam Schofield was Winchester's third-period hero. He jammed in a powerplay rebound 1:41 into the third period of the Alexandria game to give his team a chance for at least a tie. Collins and Al "Flash" Gordon set up the play. Saturday Schofield teamed up with Boulanger and Graham Loyst to knot the count 3-3 with the Rangers at the 13:10 mark of the final frame.

Winchester coach Marty Little was pleased with the team's effort collecting three of four points.

"The boys worked hard against the Glens to tie it up," he said. "I told them after the game that they shouldn't hang their heads. It was like a play-off game and they should use it as a building block for the rest of the season."

The coach noted that it appeared his charges took the Rangers a little too lightly and were forced to mount a comeback to win Saturday's encounter.

Little is confident the number-four ranked Hawks (16-9-1-1) will eventually settle into second or third place and feels Alexandria, with a 10-point lead, would be hard to catch. The coach hopes that the club will use the two games in-hand it has on first-place Alexandria (22-7-0-1) and second place Casselman (19-9-1-1) and the three it has on third-place Char-Lan (18-12-0-1) to provide the edge needed to move up in the St. Lawrence Division standings.



The Winchester Jr. "B" Hawks and defending Eastern Ontario Jr. "B" Hockey League champion Alexandria Glens hooked up in a St. Lawrence Division battle Friday night (Jan. 2) in Winchester. The Glens used an overtime goal by James Kirkwood to scratch out a 4-3 OT victory. Winchester captain Ben Collins (left), Alexandria 'tender Dominic Quann, Glens defender Erick Just (No. 17), Hawks forward Chris "Beach Boy" Giczewski and Alexandria's Lance Stewart (No. 12) were involved in some intense action during what was described by fans as a playoff-like game. *Press Photo — Van Bridger*

Big weekend

This weekend the Hawks have a full slate of three games against Rideau Division squads. Friday (Jan. 9) the top-ranked Athens Aeros (20-1-2-3) come to Winchester for an 8:15 pm start.

Saturday (Jan. 10) the Hawks take on the Brockville Tikis (10-15-0-2) in a 7 pm game that is part of the day-long, four-game EOJBHL Showcase being held in Brockville.

Sunday (Jan. 11) Winchester is in Gananoque to face the Islanders (7-17-3-1) at 7:30 pm.

New feature

The Hawks Hockey Club has added a new between-periods feature for the next six Friday night home games. The Hawks $500 shootout will feature players from the North Dundas District High School girls hockey team who will take part in the elimination penalty shot event.

Bill Smirle claimed the first Hawks Holiday Happiness Draw prize ($350 early bird) when his name was selected last Friday's (Jan. 2) game. The tickets are still on sale.

Glens 4 - Hawks 3 OT

Period one of the Glens - Hawks Friday night tilt was scoreless.

Collins put the Hawks up 1-0 cashing in a powerplay pass provided by Loyst and Storm Carisse at 8:37. It was the captain's 30th goal. Andrew Baker's fourth tally of the year came on a powerplay set up by Loyst and Carisse at 11:02.

Goals by Nathan Murray, Jamie Jean Louis and Alec McDougal gave the Glens a 3-2 lead by the end of period two.

Schofield's sixth goal came on the powerplay and tied the score 3-3 1:14 into period three. Gordon and Collins engineered the play.

James Kirkwood fired a long shot into the mesh to give Alexandria the 4-3 win 11 seconds into OT. Eric Morter drew an assist on the game-winning play.

Each team had 44 shots on net. Dominic Quann posted the win and Devon Armitage took the loss.

• continued on page 15

Rangers defeat Novice House "C" Demons for title



Under pressure

North Dundas goaltender Mason McLeod and his teammates were pressured by the Rockland Nats during the third period of the "B" final of the 2008 Guildcrest Novice House Tournament. Rockland was able to post a 5-0 win. Brockville took the "A" hardware and the Nepean Bulls the "C" trophy in the Dec. 30 event. *Press Photo — Van Bridger*

CHESTERVILLE — Prior to the "A" championship game in the 2008 Guildcrest Homes Novice House Tournament, the North Dundas Novice House "C" Demons had outscored their opposition 19-3.

Unfortunately for the Winchester-based squad, they ran out of gas in the title match on Dec. 30 and suffered a 7-1 loss at the hands of the South Grenville Rangers. South Grenville was also on a roll in the opening round, burying the Kemptville No. Four Panthers 11-0 and the Kemptville No. One Panthers 15-2.

The NGS Braves edged the South Dundas Lions 4-3 in the "B" final while the "C" title went to the Kemptville No. One Panthers, who romped to an 11-2 decision over Kemptville's No. Four squad.

North Dundas and the Rangers were tied 1-1 after a period. Paced by Hunter Shipclark's four-goal effort (he finished the game with five goals) South Grenville exploded into 6-1 lead in the second stanza.

Kody Anderson netted the lone North Dundas goal, finishing a play started by Bradley McLean, who was named the Demons player of the game.

"Our team has beaten South Grenville in league play," offered North Dundas coach Doug Armstrong. "Unfortunately the kids just ran out of gas in the final game."

Two wins

Eric Armstrong rang up seven goals and led the Demons to their 14-0 win against the Kemptville No. Four Panthers. Armstrong was named his team's player of the game for his offensive exploits. Alexander Butland contributed two goals and three assists. Joshua Armstrong collected a goal and four helpers. Bradley McLean had a goal and two assists. Ian O'Donohue and Dylan Martin each had a goal and an assist. Kurtis McLean snapped in a single marker. Bradley Larmour (3), Anderson (2), Bridget Porteous and Brayden Roe also picked up assists.

North Dundas led 6-0 after a period and 9-0 after two sessions. Kayla MacGregor and Hunter Idiens shared the shutout.

Eric Armstrong fashioned a hat trick and picked up an assist on Bradley McLean's second-period tally as North Dundas dispatched the NGS Braves 5-3 in their second contest.

Butland — North Dundas player of the game — registered his team's other second-period marker. The Demons led 1-0 after a period and 3-2 after two sessions. Larmour (2) and Kurtis McLean drew assists.

• continued on page 15



The North Dundas Demons defeated the Brockville Braves 4-2 in the title match and claimed the "A" championship in the 2009 Athens Aeros Pee Wee "B" Tournament on Jan. 2. The tourney champs are: Matthew Ledrew - front; second row (left) - Dayton Kelly, Dakota Boulanger, Mitchell Melenhorst, Patrick Gibson, Mason Durant; third row (left) - Mitchell Fournier, Chelsey Romans, Travis Marshall, Bradley Stitt, Dylan Marshall, Shawn Simms, Dawson Fawcett; back (left) - Chris Gibson, Lloyd Fawcett - trainer, Tom Kirkwood - coach, Lenard McLean - ass't coach. Missing: Taylor Cummings, Debbie Shaver - team rep.

Pee Wee "B" Demons tops in Athens tourney

ATHENS — Bradley Stitt's late second-period goal held up as the winner for the North Dundas Pee Wee "B" Demons as they posted a 4-2 victory over the Brockville Braves in the "A" final of the 2009 Athens Minor Hockey Association Tournament.

North Dundas edged Gananoque 3-2 in the opening round of Friday's (Jan. 2) event at Centre 76. The Demons faced the Kemptville Panthers in round two and dispatched them 3-2 to set the stage for the championship match.

Mitchell Fournier turned a pass fed to him by Dayton Kelly and Stitt into a 1-1 tie with 3:10 left in the first period of the title tilt. North Dundas pumped in their next three goals in the final 3:24 of the second stanza to erase a 2-1 deficit and take a 4-2 lead, which they carried to victory.

Travis Marshall scored from Fournier and Dawson Fawcett with 3:24 on the clock to tie it up 1-1. Stitt was next to strike string as he finished a play started by Travis Marshall and Mason Durant. Dakota Boulanger finished the scoring firing in a pass from Patrick Gibson and Fournier at the 2:20 mark.

Gibson was named the Demons' player of the game. It was the third consecutive penalty-free game for the champions.

Demons 3 - Panthers 2

Boulanger used an unassisted play to cash in the game-winning goal with 4:28 left in the second period of the Demons' 3-2 win over Kemptville.

Devon Byers (AP) scored from Dylan Marshall and Chelsey Romans at 3:51 of the first frame. An unassisted shot fired by Stitt at 4:52 of the second session opened up a 2-1 lead for North Dundas.

Dayton Kelly was named the Demons' top player.

Demons 3 - Gan 2

Mitchell Melenhorst took a feed from Kelly and cracked in the game-winning goal with 26 seconds left on the clock as North Dundas opened the tournament with a 3-2 decision over Gananoque.

Stitt scored from Gibson with 5:19 left in period two to tie the score at 1-1. Gibson then converted a feed from Travis Marshall — the Demons player of the game — into a 2-1 lead with 2:11 left in the same frame. That set the stage for Melenhorst's winning goal.

Matthew Ledrew tended nets for the Demons.

Meet the Hawks

Graham Loyst

No. 17, Centre



Graham Loyst, a native of North Bay, is in his rookie season with the Winchester Jr. "B" Hawks. The 18-year-old centre is attending university in Ottawa and counted nine goals, including three PPGs and a pair of GWGs in his first 24 junior games. The six foot, 200-pound forward is fourth in team scoring with 28 points and 21st in the St. Lawrence Division scoring race.

Hawks

• continued from page 14

Hawks 4 - Rangers 3 OT

Collins buried a Boulanger relay for his 31st goal to give the Hawks a 1-0 lead on South Grenville 4:46 into period one. Cory "Pocket Ski" Giczewski's seventh made it 2-0. Brandon Kelley and Loyst created the powerplay opportunity.

Shea Durand and Vince Francica put pucks behind Hawks 'tender Michael Hitesman and tied the game up 2-2 before the end of the same session.

A second period marker by Robert Ventura handed the Rangers a 3-2 lead at 14:38 of period two.

Schofield deadlocked the count at 3-3, ringing up his seventh goal after taking a pass from Boulanger and Loyst at 13:10.

Boulanger won it burying a biscuit provided by Baker and Collins at 1:15 of OT.

Winchester outshot their hosts 45-33 and 3-0 in OT.

Novice Demons

• continued from page 14

House "B" tourney

The same day in Winchester, the North Dundas Minor Hockey Association hosted the Guildcrest Homes Novice House "B" Tournament.

The Brockville Braves grabbed the "A" title blanking Clarence Creek 6-0. The host North Dundas Demons were whitewashed 5-0 by the Rockland Nats in the "B" final. It was an all Nepean "C" showdown which saw the Bulls nip the Fire Balls 2-1 in double overtime.

Brockville bombed the Fire Balls 12-0 and battled Rockland to a scoreless tie to reach the "A" final. Clarence Creek got into the title match by smothering the Fire Balls 7-0 and blasting the Bulls 11-0.

North Dundas shut out the Nepean Bulls 3-0 and lost 4-1 to Rockland to earn their berth in the "B" final.

Justin Shay (winning goal) and Shaina Vandemheen netted the Demons first-period markers against the Bulls. Jarrett Williams rang up the third tally with 5:15 left in the second stanza. Adam Geertsma, Nolan Brown, Anna Gruich, Caleb Jaquemet, Williams and Shay collected assists. Mason McLeod and Samantha Benoit shared the North Dundas goaltending chores.

Williams cranked in the only North Dundas goal in the 4-1 loss to Rockland. Shay engineered the play with 7:55 left in the game. Rockland banged in all four goals in the final frame.

Ticket draw

The NDMHA held a raffle for four tickets to the Ottawa Senators vs Carolina Hurricanes during the tournament. Chesterville's Nathan Brown, a member of the North Dundas Novice House "B" Demons was the winner. The tickets were donated by Adrian Splinter — SeaValley Business Solutions.

Gilmer, Armstrong lead Flyers to 5-2 win over top-ranked Associates

WINCHESTER — Trevor Gilmer cracked in a pair of goals, including the winner, and Travis "Toast" Armstrong collected three points as the third-place Winchester Flyers knocked off the front-running Allied Associates 5-2.

It was just the fourth loss for the Winchester Town Hockey League leading Associates (9-4-1) and the sixth win for the Flyers (6-7-1) who moved to within a point of the second-place Papa Gus Wings (7-7-0). The Wings were plucked 6-0 by the fourth-place Whitetail Construction crew (5-9-0) in the second half of the Tuesday night (Dec. 30) twin bill.

Darrel Moore put the Associates into a 1-0 lead when he used a feed from Rob Thurler and Phil Carkner to register his 24th goal of the season at 14:25 of the first half. Moore picked up an assist with 8:45 left in the half setting up a Trevor Morozuk marker.

The Flyers got on the board 3:58 before the intermission when Scott Reaney cashed in an Adam Guy rebound and cut his squad's deficit to 2-1.

Armstrong's first goal came on a pass from Kelly "Rubber" Beckstead at 25:40 of the second session and tied the count at 2-2. Gilmer was next to find the target and pumped in pucks at 19:15 and 6:33 to establish a 4-2 lead for the Flyers. Armstrong and Josh "Champ" McLean assisted on Gilmer's first tally and Armstrong provided the pass on the second. An unassisted shot fired by Justin Morozuk concluded the scoring 3:10 before the final buzzer.

Chris "CH" Currie was the winning 'tender and Colin Ion took the loss.

Whitetails 6 - Wings 0

Jesse White tended the Whitetail Construction company's net and registered a 6-0 shutout victory over the Papa Gus Wings.

The winners got goals from six different shooters as they took a 1-0 first-half lead on a Barrett Brundige goal and expanded it to 6-0.

Al Christophersen, Will McLean, Sheldon Myers, John Guy and Steve Mattice bagged the other markers. Assists were awarded to Christophersen (2), Jon Nadobny (2), Travis Rowe, Jamie McIntosh, Guy and Mattice.

CHESTERVILLE ICEBREAKER



WINTER CARNIVAL 2009

FRIDAY, JANUARY 9 TO SUNDAY, JANUARY 11

FRIDAY, JANUARY 9

5 pm	Ham & Scalloped Potato Supper - Entertainment tribute to Roma McMillan by band members of Roma McMillan & Friends at Legion during the meal
6-9 pm	Three on Three Hockey Tournament, Arena, all levels. Contact Tyler Jones at 613-448-2357 for details
7-8:30 pm	***Family*** Hypnotist Show by Buzz Collins. Hotdogs and snacks available at the concession stand.

SATURDAY, JANUARY 10

8-11 am	Carnival Breakfast at Chesterville Legion, sponsored by Rotary Club; Adults $6, Kids 7-11 $4, 6 & under free
9 am	Opening Ceremonies at Chesterville Legion - 'Regis & Kelly' Theme. O Canada sung by Dr. Slowey. Carnival Queen contestants introduced and crowned. Contact Michelle Fawcett 613-448-1032 or Liz Jones 613-448-2357 to register. Prince and Princess Snowflake, boys and girls under 2 years, register at Legion.
11 am-12 noon	Children's Balloon Twister Show. Featuring Brad and his wonderful Balloon Creations - singing, laughter and fun.
1 pm	Guitar Hero Competition - 2 age groups, $100 cash prize for each. Same day registration at Papa Gus Restaurant in Chesterville, $5 per person
12-2 pm & 3-7 pm	Three on Three Hockey Tournament continues, Skills competition throughout tournament. Open to everyone. Bring your helmet and stick.
10 am-4 pm	Masoni C.H.I.P. Ontario at Chesterville Firehall - sponsored by the Masonic Lodge. Also free tour of the firehall (Child Identification Program)
12 noon-4 pm	Euchre Tournament, Register 12 noon at Chesterville Legion

CHILDREN'S FUN-FILLED AFTERNOON AT CHESTERVILLE COMMUNITY HALL

1-4 pm

Show featuring Gerry Mitchell Musical Performance

Inflatables from Air Bounce

Crafts by Sandi Pym • Games and Concession Stand

2-3 pm

Public Skating

4:30-6:30 pm	Spaghetti Supper sponsored by St. Mary's Catholic School, at the Chesterville Legion; Adults $7, Kids 4-10 $5, 3 & under free
8-9 pm	Comedy Show & Dance (Age of Majority): $7 in advance or $10 at the door. Comedy Show featuring Chesterville native Ericka Wopat Scott
9 pm-1 am	Icebreaker Dance & Silent Auction (Age of Majority)

SUNDAY, JANUARY 11

9 am-12 noon	Carnival Breakfast sponsored by Chesterville Rotary at the Chesterville Legion; Adults $6, Kids 7-12 $4, 6 & under free. Free craft by Tina's Scrapbooking for kids offered during breakfast. Sponsored by Chesterville Icebreaker Carnival.

North Dundas teams play in Bell Capital Cup championship games

OTTAWA — Two teams representing the North Dundas Minor Hockey Association played in divisional championship games in the 2008-09 Bell Capital Cup.

The North Dundas Atom "B" Demons were nipped 1-0 in their final on Jan. 1 by the Prince Edward County Kings. The same day the North Dundas Atom House "C1" Demons were blanked 4-0 by the Hawkesbury Hawks in their title match.

This year's tournament, billed as the world's premier atom and pee wee hockey tournament, attracted 485 teams that played a total of 900 games in 40 Ottawa-area rinks.

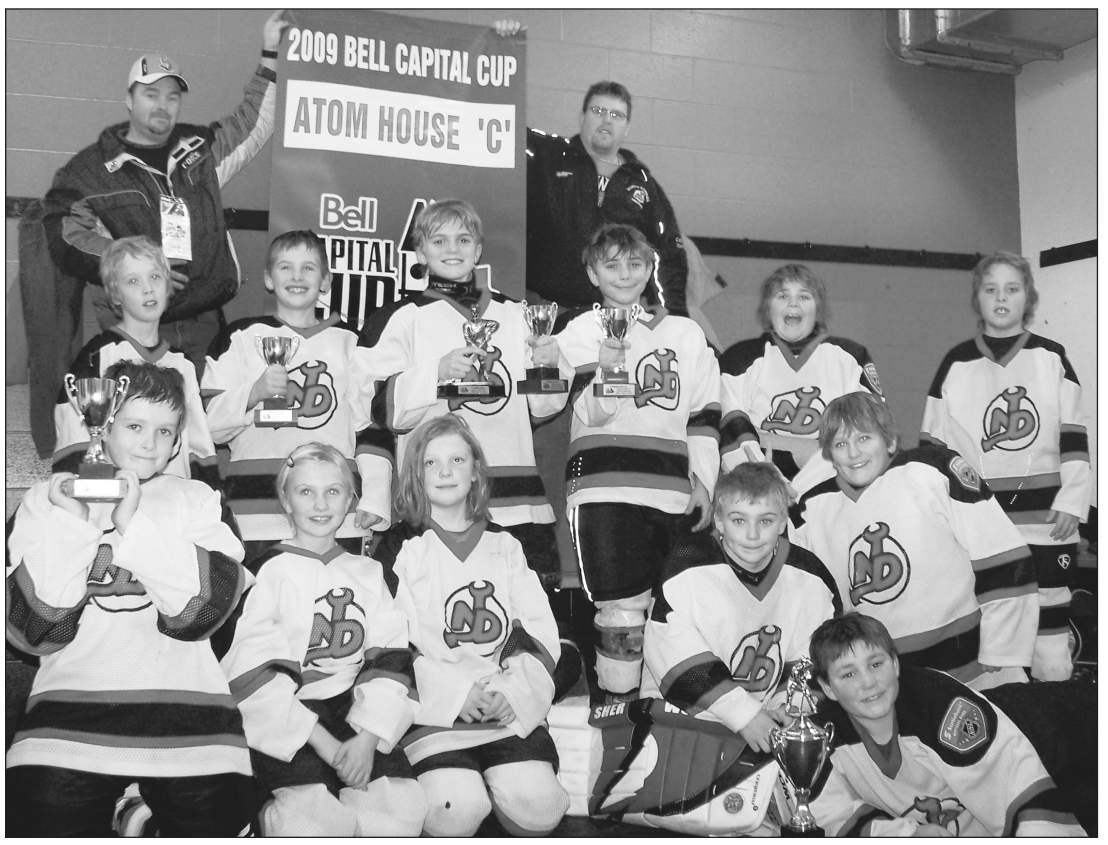
The North Dundas Atom "B" Demons played their way into the quarter-final round on Dec. 31 and doubled the Skaneateles Lakers 4-2. They then eliminated the West Carleton Warriors 3-2 in double overtime the same day. The Prince Edward County Kings earned their berth in the final game by ousting the Osgoode-Rideau Senators 3-2 in four overtime periods. The Kings then captured the gold medal edging the Demons 1-0 in Jan. 1.

Atom House "C1" Demons

The Atom House "C1" Demons overpowered their opponents in their run up to the championship game producing a goal differential of plus 40 (43-3).

They blanked the West End Flaming Pucks 8-0, ripped the Nepean Jr. Senators 14-1 and knocked off the Russell Warriors 5-1 in their three round-robin games. Nathan Whalley registered his second shutout in a 9-0 quarter-final win over the Kanata Bombers and surrendered just one marker in a 7-1 semi-final decision against the Kemptville "C3" Panthers.

Thomas Fingler led the Demons in tournament scoring with 13 goals, six assists and 19 points. Noah Jaquemet (7-5-12), Sebastien Hebert (6-5-11), Brandon VanBruinessen (5-6-11), Mitchell VanBruinessen (3-3-6), Hailee Coleman (1-5-6), Cordell Steele (4-1-5), Liam Drouin (3-2-5), Jessi Zandbelt (1-2-3) and Jordan Peterkin (0-3-3) also put their numbers on the score sheet.



The North Dundas Atom House "C1" Demons outscored the opposition 43-3 and owned a 5-0 record before they suffered a 4-0 loss to the Hawkesbury Hawks in their divisional championship match in the Bell Capital Cup on Jan. 1. Celebrating their achievements were: front (left) - Sebastien Hebert, Hailee Coleman, Jessi Zandbelt, Nathan Whalley, Jordan Peterkin, Noah Jaquemet; second row (left) - Brandon VanBruinessen, Cordell Steele, Thomas Fingler, Liam Drouin, Peter Romme, Mitchell VanBruinessen; back (left) - Sylvain Hebert - trainer and Dave VanBruinessen - ass't coach. Missing: Stephane Drouin - coach.

Demons double Blazers

WINCHESTER — Dayton Kelly completed a play started by Mitchell Fournier and Mason Durant and his marker proved to be the deciding goal in the North Dundas Pee Wee "B" Demons' 4-2 exhibition win over the Kanata Blazers.

Kelly cashes in winner

North Dundas led the Blazers 1-0 after the first period of the game played in Winchester on Dec. 29. They carried that margin into the third stanza and outscored the visitors 3-2 in the final frame to secure the win.

Travis Marshall used a pass provided by Patrick Gibson and Dakota Boulanger to net the Demons a 1-0 lead with 4:31 left in period one.

Bradley Stitt opened up a 2-1 lead when he scored after taking a feed from Chelsey Romans and Dawson Fawcett at 11:07 of the final frame. Kelly cashed in a relay sent to him by Durant and Fournier at 10:04 and made it 3-0.

Kanata rallied and cut their deficit to 3-2 on goals by Mateo Vogel at 7:14 and Cameron McMaster with 3:23 left on the clock but the Demons were able to pop in an insurance goal 1:11 before the final buzzer to secure a 4-2 win. Stitt's second goal completed the scoring and was engineered by Fawcett and Romans.



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Winchester Press Sports Scoreboard

Eastern Ontario Junior "B" Hockey League

RIDEAU - ST. LAWRENCE CONFERENCE

RECENT RESULTS:

Jan. 2: Westport 3 - Morrisburg 2
Alexandria 4 - Winchester 3 OT
Jan. 3: Winchester 4 - South Grenville 3 OT
Char-Lan 4 - Brockville 3
Jan. 4: Alexandria 9 - Westport 4
Char-Lan 3 - Morrisburg 2
Athens 4 - South Grenville 1
Casselman 5 - Gananoque 3

STANDINGS

Rideau	W	L	T	GF	GA	PTS
Athens	20	1	2	141	92	45
Westport	17	10	0	160	147	37
Brockville	10	15	0	106	104	22
S. Grenville	9	18	1	82	132	21
Gananoque	7	17	3	104	141	18
St. Lawrence	**W**	**L**	**T**	**GF**	**GA**	**PTS**
Alexandria	22	7	0	188	104	45
Casselman	19	9	1	161	132	40
Char-Lan	18	12	0	144	118	37
Winchester	16	9	1	126	119	35
Morrisburg	2	25	0	94	217	5

**Teams losing in OT receive one point*

TOP SCORERS	G	A	PTS
Rideau Division			
Brett Perkins, West.	27	39	66
Steve McGlade, Athens	19	38	57
Steve Parker, Athens	25	23	48
Shane Melcher, Broc.	30	17	47
Andrew Thorne, West.	9	36	45
Scott Johnstone, West.	22	23	45
Dan Mandel, Athens	16	27	43
Scott Baxter, Athens	17	25	42
St. Lawrence Division	**G**	**A**	**PTS**
Ben Collins, Win.	31	44	75
Eric Morter, Alex.	22	50	72
Hugo Pouliotte, Alex.	37	28	65
Rejean Leduc, Cass.	24	40	64
Alex Leclair, Cass.	22	33	55
Emilien Dupont, Alex.	14	37	51
JF Fournier, Cass.	23	25	48
Cory Gove, Cass.	26	22	48
Tyson Spink, C-L	15	33	48
Tyler Spink, C-L	17	30	47
Al Gordon, Win.	17	27	44
Max Ming, C-L	18	24	42
Jamie Jean Louis, Alex.	16	25	41

Winchester Town Hockey League

RECENT RESULTS:

Dec. 30: Winchester Flyers 5 - Allied Assoc. 2
Whitetails 6 - Papa Gus 0

STANDINGS	W	L	T	GF	GA	PTS
Allied Associates	9	4	1	79	55	19
Papa Gus	7	7	0	78	75	14
Winchester Flyers	6	7	1	56	65	13
Whitetail Construction	5	9	0	54	70	10

TOP SCORERS	G	A	PTS
Robyn Sadler, Papa	30	12	42
Darrel Moore, AA	24	14	38
Rob Thurler, AA	17	16	33
Derek Vingerhoeds, AA	12	12	24
Travis Armstrong, WF	13	9	22
Scott Reaney, WF	10	10	20
Billy McRoberts, AA	8	12	20
Trevor Gilmer, WF	8	12	20
Justin Morozuk, WF	9	9	18
Trevor Morozuk, AA	2	16	18
Aron Sherrrer, Papa	4	13	17
Jordan Barkley, Papa	5	10	15

Eastern Ontario Junior "B" Hockey League

METRO - VALLEY CONFERENCE

RECENT RESULTS:

Dec. 30: Clarence 4 - Ottawa Canadians 2
Jan. 2: Clarence 7 - Metcalfe Jets 5
Carleton Place 10 - Stittsville 1
Arnprior 6 - Perth 4
Ottawa Canadians 3 - Gatineau 3 OT
Renfrew 6 - Shawville 4
Jan. 4: Gatineau 4 - Metcalfe Jets 3
Stittsville 4 - Renfrew 1
Carleton Place 5 - Perth 3
Ottawa West 5 - Clarence 2
Arnprior 8 - Shawville 4

STANDINGS

Metro	W	L	T	GF	GA	PTS
Ottawa West	22	5	3	160	78	48
Ottawa Jrs.	19	7	3	151	97	42
Clarence	17	11	3	145	117	37
Gatineau	12	16	2	133	162	28
Metcalfe	5	25	0	104	202	10
Valley	**W**	**L**	**T**	**GF**	**GA**	**PTS**
Carleton P.	22	4	3	153	95	48
Stittsville	21	9	1	162	126	43
Arnprior	15	15	1	141	162	31
Shawville	9	15	2	135	160	24
Perth	8	16	2	98	121	23
Renfrew	7	19	3	103	170	18

**Teams losing in OT receive one point*

Winchester & District Ladies Hockey League

RECENT RESULTS:

Jan. 4: Double Beauty 2 - Annable's Blues 0
Andy's Foodland 2 - WS Trucking 2
CountryGirls 2- Cooper Physio 2

STANDINGS	W	L	T	GF	GA	PTS
WS Trucking	9	2	2	39	15	20
Andy's Foodland	6	2	5	28	23	18
Cooper Physio	6	4	3	25	26	15
CountryGirls	5	6	2	30	26	12
Annable's Jewellery	4	7	2	24	29	10
Double Beauty	1	10	2	13	36	4

TOP SCORERS:	G	A	PTS
Kelly Zeran, WST	8	9	17
Sandra Cloutier, CP	15	1	16
Amy Fraser, AF	12	4	16
Stephanie Scott, CG	8	7	15
Amy Darling, AB	8	5	13
Edith Dagenais, CP	8	4	12
Sonia Clement, WST	7	4	11
Diane Downey, CG	3	7	10
Christine Carruthers, WST	3	7	10
Eleanor Robinson, WST	4	5	9
Kelly Francis, WST	3	6	9

2008 - 2009 EOJBHL
St. Lawrence Division
Winchester Jr. "B" Hawks Home Games
Fri., Jan. 9, 8:15 pm vs Athens Aeros
Fri., Jan. 16, 8:15 pm vs Char-Lan Rebels
NEW!!!
Hawks $500 Shootout during Friday night home games featuring members of the NDDHS Devils girls hockey team
Hawks Holiday Happiness tickets are on sale!

North Dundas Bantam House "C" Demons win Kemptville tourney

KEMPTVILLE — Backed by Kayne Williams' solid goaltending, the North Dundas Bantam House "C" Demons were able to capture the "A" championship hardware in the 2008 Kemptville Minor Hockey Association Tournament.

Williams and the Demons opened the Dec. 28 competition posting a 7-0 victory over the South Grenville Rangers. Jesse Winters and Andrew Sobering paced the offence netting a pair of goals each. Ryan Carr, Jeremy Plummer and Austin Carruthers snapped in the singles.

The North Dundas goaltender made it two zeros in a row as he and his mates whitewashed the South Dundas Lions 4-0 in their semi-final game. The Demons received another solid effort from their defensive squad of Shawn Buma, Amanda Carkner, Kirk Henike and Josh Horner as they improved their record to 2-0.

Plummer opened the scoring burying a feed from Winters. Devon Simzer made it 2-0 converting a pass sent to him by Horner. Simzer then earned an assist as Plummer cashed in his second goal. Simzer then made it a 4-0 final scoring on an unassisted play.

Title match

North Dundas faced West Carleton in the championship game and cruised into a 3-0 lead and went on to post a 4-1 victory.

Mike Ladouceur gave the Demons a 1-0 lead finishing a play created by captain Ryan Carr. Carr then cashed in a pair of markers opening up a 3-0 lead for his team. Carr's first scoring play was unassisted and his second was set up by Sobering. Sobering cracked in the Demons' fourth goal netting a Buma rebound with 8:26 left in the second frame.

The opportunity for Williams to post a third shutout vanished when West Carleton rang up a goal late in the first period.



Double Beauty Stylists blank Annables Blues for first win

WINCHESTER — Lorie Casselman was perfect backing the Double Beauty Stylists in their 2-0 whitewashing of the Annable's Jewellery Blues.

It was the first shutout for Casselman and the first victory for the Stylists in 13 Winchester District Ladies Hockey League games.

Jill Kirkwood's unassisted goal came at the 15:18 mark of the first half of Sunday morning's (Jan. 4) 8 am encounter. It would prove to be the winning marker for the number-six ranked Stylists (1-10-2). Jada McNaughton insured the win finishing a play started by Susan Marsden and Emma Guy with 6:55 left on the clock. The Blues, with Bev Stevens guarding the string, allowed their fifth-place record to fall to 4-7-2 with the loss.



Goal scorer

Jill Kirkwood scored her fifth goal of the season as the Double Beauty Stylists blanked the Annable's Jewellery Blues 2-0 on Sunday (Jan. 4). It was the first win of the WDLHL season for the Stylists.

Press Photo — Van Bridger

Reds 2 - Truckers 2

Kathy Kerr converted a pass provided by Amy Fraser and Cathy Lee Brooks into the tying tally 1:34 before the final buzzer as the number-two rated Andy's Foodland Reds (6-2-5) battled first-place WS Trucking (9-2-2) to a 2-2 draw in the 9 am encounter.

Christina Carruthers put the Truckers up 1-0 when she cracked in a relay from Eleanor Robinson and Kelly Zeran at 10:42 of the first half. The count went to 2-0 at 13:17 of the second session when Sonia Clement scored after taking a feed from Kristin Wyman.

The Reds started their rally with 11:11 left in the game when Amy Fraser scored on a pass from Amanda Heusser. Kerr's marker knotted the final count with 1:34 left on the clock.

Dominique Cavill (WST) and Roxanne Backes (Reds) were the opposing goalies.

Girls 2 - Pinks 2

Annette Downey's second goal of the game was registered with 38 seconds left in the 10 am encounter and pulled the fourth-place CountryGirls (5-6-2) into a 2-2 tie with the third-place Cooper Physio Pinks (6-4-3).

Her first goal was engineered by Karen Benoit and Diane Downey at 15:42 of the second half and gave the Girls a 1-0 lead. The Cooper Pinks responded at 10:36 when Sandra Cloutier buried an unassisted shot to tie it up. Cloutier found the target again, for the 15th time this season, at the five minute mark when she completed a play started by Dawn Montgomery to put her team up 2-1.

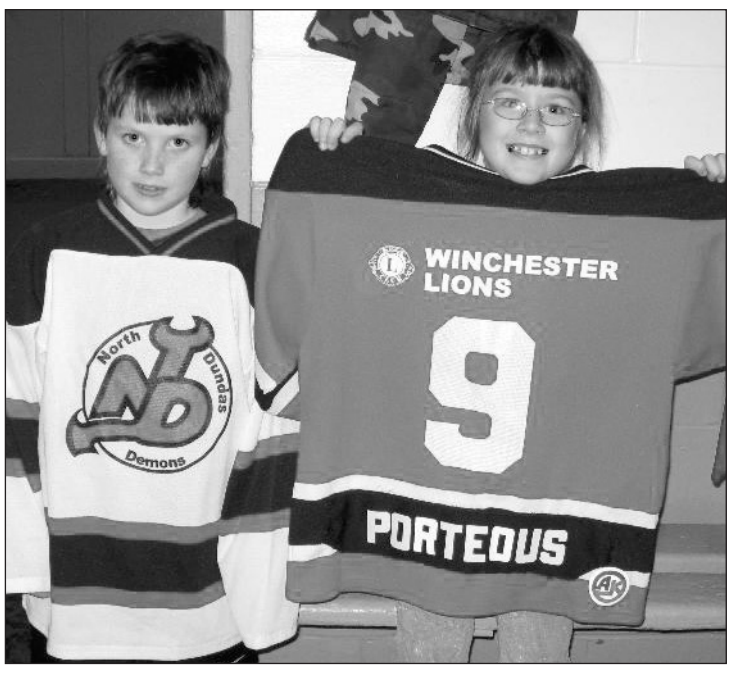
That set the stage for Annette Downey to give the Girls a tie, scoring on a play created by Edith Dagenais and Stephanie Scott 38 seconds before the final buzzer.

Roxanne Backes (Girls) and Karina Damato (Pinks) were the opposing goalies.



Hydro helps

Goalie Cashelle Baldwin (left) and her Pee Wee House "C" Demons teammates Anna Stubbings, Laura Van Kessel and Brittany Cooper recently modelled the sweaters the North Dundas Minor Hockey Association received through a donation by Hydro One's Employee Volunteer Program.



New jerseys

Bradley McLean (left) and Bridget Porteous showed off their new North Dundas Novice House "C" Demons team jerseys recently. The sweaters were purchased with a donation made to the North Dundas Minor Hockey Association by the Winchester Lions Club.



Star gazing

Members of the North Dundas Atom "B" Demons had the opportunity to take in the NHL's Ottawa Senators practice at the Bell Sensplex on Jan. 1. Joey Benoit (left), Brayden Cochrane, Cory Ross and Kyle Ross were captured by *Ottawa Citizen* photographer Jana Chytilova watching Senator defenceman Brendan Bell after the Demons' 1-0 loss to the Prince Edward County Kings in their divisional championship game of the Bell Capital Cup.

Fingler nets tournament winner for Pee Wee House "B" Demons

LANARK — Affiliate player Joe Fingler took a pass from Braden Findlay and buried it in the back of the Perth-Lanark net with 5:07 left in the second period of the championship game in the 2009 Perth-Lanark Pee Wee House "B" Tournament.

Fingler's marker gave North Dundas a 3-0 lead and proved to be the deciding shot as the host Wings stormed back and made it close before losing by a 3-2 count.

North Dundas opened Saturday's (Jan. 3) six-team competition blanking North Frontenac Flyers 3-0. Next on the slate was a second-round game against the Stittsville Warriors who the Demons waxed 7-1.

Ryan Gruich cashed in a feed from Devon Byers and Tori Corkery and gave North Dundas a 1-0 lead at 8:05 of the first period of the title match. Byers made it 2-0 when he scored from Gruich with 21 seconds left at the same frame. Fingler teamed up with Findlay and gave his team a 3-0 lead with 5:07 left in period two. Perth-Lanark cracked a pair of third period shots but goaltender Will Zandbelt and his mates held on for the 3-2 victory.

Demons 7 - Warriors 1

North Dundas goaltender Nikolas Carruthers missed the shutout by a goal as the Demons ripped the Stittsville Warriors 7-1.

The Demons led 2-0 after a period and 5-1 after two sessions.

Joey Benoit (AP), Byers and Gruich each potted a pair of goals. Patrick Lebrun snapped in the single. Byers (2), Corkery, Jarret Cutler, Findlay, and Fingler drew the assists.

Demons 3 - Flyers 0

Zandbelt got the start and posted the zero in his squad's 3-0 whitewashing of the North Frontenac Flyers.

All three goals were cashed in the final frame. Cutler used a pass provided by Lebrun and Benoit and registered the winning goal with 8:11 left in the game. Byers bagged a relay sent to him by Matthew Laflamme and Gruich and made it 2-0 at 7:01. Laflamme iced the 3-0 decision, finishing a play started by Fingler 1:48 before the final buzzer.

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Snowmobiling and children: A question of common sense

Every winter, around 700,000 Canadians participate in their favourite sport: snowmobiling. Young and old alike, snowmobilers love to experience the excitement of being out in the fresh air surrounded by the snow-covered vastness of our country. However, snowmobiling does have its risks. Young passengers, 15 years and younger, as well as young drivers aged between 15 and 24, are at serious risk of suffering head injuries. From January 11 to 17, during Snowmobile Safety Week, it would be a good idea to remember that in Canada, snowmobiling is the principal cause of serious injury while participating in a winter sport.

Snowmobiles designed for children have been available for several years now. But children should always be supervised when driving such a vehicle. No standardized provincial or territorial laws exist to regulate the driving of snowmobiles by children or teenagers. Even though all the provinces require the registration of snowmobiles (this regulation does not apply to the territories), some provinces do not have any age restrictions. So parents should take into consideration the warnings of the Canadian Paediatric Society which recommends that no child under the age of 16 should drive a snowmobile for recreational purposes.

Sledges, inner tubes, tires, saucers and all the other ways of sliding behind a snowmobile represent another huge danger. Children can be thrown off or can collide with trees or other obstacles. These accidents are all avoidable; parents, or adults accompanying children, just have to be prudent and use their common sense.

Defensive Snowmobiling:

Engine noise and your helmet may impair your hearing, so be extra alert for danger. Never assume what another snowmobiler will do. Your safety is in your hands, so watch out for:

- Obstacles hidden by the snow
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- Slow grooming equipment
- Oncoming sleds
- Other trail users (skiers, walkers)
- Wildlife
- Trail washouts and flooding
- Snowbanks and moguls
- Road and railway crossings
- Unexpected corners, intersections and stops
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- Logging operations



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Snow Blindness:
This occurs when direct and reflecting sun glare are too bright for the eyes. Riding without good quality, UV protected sunglasses can cause permanent damage.

Please follow the nationally approved snowmobile hand signals to ensure safety on the trails for everyone.

Wind Chill:
Wind chill is lower temperature caused by wind and/or the forward momentum of a fast-moving sled. Wind chill exposes you to severe cold which in turn can cause hypothermia. Wind-proof outer garments, extra layers and a balaclava will offer some protection, but keep your face shield down to prevent wind burn and to protect your skin and eyes.



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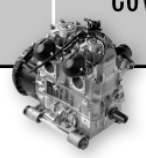

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42stf

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Iroquois, ON, will be closed for holidays, Jan. 22 - Feb. 16 inclusive.
43

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41-44

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36tfc

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39tfc

HELP WANTED – Regular part-time receptionist for local office. Typing and basic computer skills necessary. Apply in writing with references to Box 760, Winchester, ON, K0C 2K0.
42-43

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38tfc

TIMESHARE FOR RENT - At Daytona - Ormond Beach, Florida. Available March 7-14, 2008. One unit sleeps 6; 1 unit sleeps 4, both with kitchenettes. For information call 613-535-2987.
42-44

Accommodation

FOR RENT – 43 Moffat Street, Morewood, 2-bedroom apartment, newly renovated, $575 monthly, utilities extra, on-site laundry facility, ample parking, high speed internet access, includes appliances. Call 819-771-6433.
19tfc

FOR RENT – 2-bedroom apartment in Dunbar. Ground level, heated, large yard. No dogs please. Call 613-774-3408.
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29tfc

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SHARED ACCOMMODATION – In bungalow in Morrisburg. Female, senior preferred. Call 613-543-3318.
43-44

CARDINAL – New ground level 1 and 2 bedroom apartments. Two units wheelchair accessible, 4 appliances. Private yards and parking. $600 - $775 per month plus utilities. Call 613-258-7551.
43-44

The Metcalfe Agricultural Society will hold its
ANNUAL MEETING
on Sat., Jan. 24, 2009, 1:30 pm, at the Metcalfe & District Lion's Den, Metcalfe Fairgrounds.
All members are invited to attend.

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7stf

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43tfc

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32tfc

FOR SALE – In Kemptville, 3-bedroom row condo, 1-1/2 baths, finished basement with dry bar, end unit, gas heat and hot water with central air, jacuzzi tub, $140,000. More information and picture at propertyguys.com. Phone 613-296-3455.
38tfc

FOR SALE – Metcalfe, Beautiful 3+1 bedroom bungalow on large lot, asking $244,900. Call 613-821-1131 or see grapevine.on.ca #19864
41-44

FOR SALE – 32" JVC TV, good condition $100; oak corner wall unit (top portion) with side cupboards, $50; gas BBQ with tank and rotisserie $30. Phone 613-448-3894.
43

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43

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9tfc

Farm

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40-47

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43

FOR SALE – Hay and straw, small square bales; horse quality hay, no rain, $3.75; clean wheat straw, $2.50. Call Steve at Vernon, 613-774-6403.
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43-46c

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FOR SALE – Pet rabbit (not for eating). Light brown in colour, 8 months old. $3. Phone 613-774-6807.
43

Card of Thanks

CARD OF THANKS – I wish to express my sincere thanks for the flowers, cards, phone calls, visits and treats I received while I was in the Winchester Hospital. Special thanks to Dr. Steele and hospital staff for their excellent care. Many thanks to Elaine and Ron Patterson and, Susan and Wayne Vice. It was all very much appreciated.
– Bertha Christie
43

In Memoriam

COUGHLER – In loving memory of a dear friend, Steven "Cuddles", who passed away January 7, 1995.
If tears could build a stairway
And memories a lane
We would walk right up to Heaven
And bring you home again.
– Love Susan, Ron, Jonathan and Mandy
43

Duperron, Patricia
March 25, 1928 to January 4, 2005
Mom,
When someone you love becomes a memory the memory becomes a treasure.
We miss you.
– Ida and Brian
– Bill and Ella
– Kelly, Tom, Holly
– Earl, Abigail, Isaac and Eliza 43

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In Memoriam

Franklin Salter - January 17, 2000
Verna Salter - January 5, 2008
Don't think of us as gone away,
our journey has begun;
Life holds so many facets,
the earth was only one.
Just think of us as resting from
the sorrows and the tears,
In a place of comfort,
where there are no days and years.
Think how we must be wishing
that we could know today,
How nothing but our sadness
can really pass away.
And think of us as living in the hearts
of those we touched,
For nothing loved is ever lost,
and we were loved so much.
— We miss you and will always love you
— Donna, Karen, Dianne, Connie, Lorie, Carol and families

Coming Events

WINCHESTER LIONS CLUB
515 Albert St. 613-774-2630
BINGO
Every Monday
HALL RENTAL
THRIFT STORE
OPEN: 9 am-3 pm, Tuesday to Saturday
3tfc

REVIVAL SERVICES
With Evangelist Rev. Bob Winter, Sun., Jan. 11, 2009 for 2 services only, 10:30 am and 7 pm., Harmony Church. Contact church office for more information 613-774-5170 or harmonychurch@bellnet.ca 43c

Coming Events

BOOK YOUR PARTY NOW!
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43c

WINCHESTER BADMINTON CLUB
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43-44

YE OLDE BARGAIN SHOPPE
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43c

I.O.O.F. COMING EVENTS FOR JANUARY
Sun., Jan. 11, Matt Hayes and Old Friends, 2-6 pm, supper to follow. Admission $13. **Sat., Jan. 24**, Cowboy Way, 8 pm-12 midnight. Light lunch. Admission $7.
43

HOLISTIC MANAGEMENT COURSE
Six day course, Morrisburg, Feb. 6-8 and Feb. 27-March 1. Farm families learn how to harmonize environmental, social and financial goals and make better decisions. All farm types. Advanced registration required. For more information go to www.meetingplaceorganicfarm.ca or call 519-528-2493. 43-46

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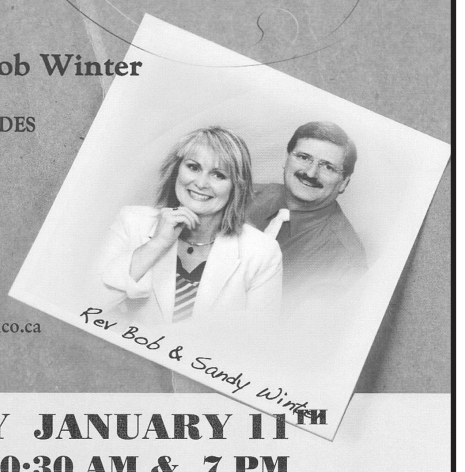

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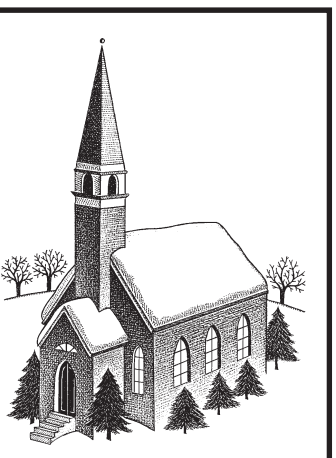
Church Directory



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31tfc

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33tfc

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39tfc

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613-774-5170
harmonychurch@bellnet.ca
Sunday
10:30 am - Morning Service
Nursery and Sunday School available
Web: www.harmony-church.org
27tfc

UNITED CHURCHES
Office: 613-774-2512
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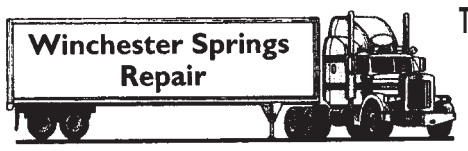
www.winchesterunitedchurch.org
Rev. Elaine Beattie
Supervising Minister for Emergencies
H: 613-535-9961
W: 613-535-2245
Workship Leader
Rev. Don Miller
Sunday, January 11
WINCHESTER SPRINGS
9:30 am - Worship Service
WINCHESTER
11:00 am - Worship Service, Sunday School and Nursery
43c

CHRISTIAN REFORMED CHURCH
Williamsburg, Ont.
Church 613-535-2227
Office 613-535-1882
www.williamsburgcrc.org
Pastor: Rev. John Noordhof
Sunday
9:30 am - Worship Service
7:30 pm - Worship Service
Please be our guest this week.
41tfc

COMMUNITY CHRISTIAN REFORMED CHURCH
Dixons Corners
Pastor:
Rev. Clarence Witten
613-652-2400 (Church)
Sunday
10:00 am - Morning Worship
6:30 pm - Evening Service
32tfc



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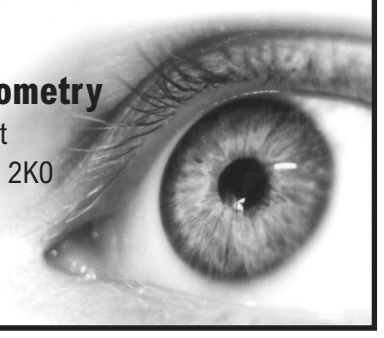

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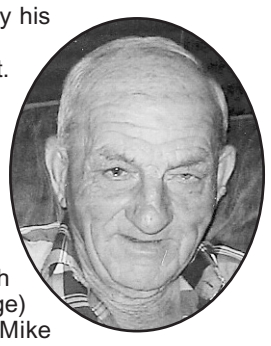
Viewing: Wednesday, January 14, 2009 9:00 a.m. to 4:00 p.m.
Thursday, January 15, 2009 9:00 a.m. to 4:00 p.m.
Friday, January 16, 2009 9:00 a.m. to 4:00 p.m.

Pictures and description of items available at www.icangroup.ca Click on Ottawa

Obituaries

Robert "Bob" Meldrum

Robert "Bob" Meldrum passed away peacefully on Sun., Dec. 28, 2008 at the Winchester District Memorial Hospital with his family by his side.



Bob was born in Ormond on Oct. 3, 1925 to George and Greta (nee Summers) Meldrum. He is predeceased by his wife Pauline (nee Billings), and his son Len. He is survived by his children Georgena Meldrum (Bruce Green), Barbara (Gerald) Wicks, Lorraine (James) Drain, Ronda (Randy) Lepine, Ralph (Linda) Meldrum, Joanne (George) Wicks, and Brenda Young (Mike Crispin). He will be missed by his 14 grandchildren and 10 great-grandchildren.

Bob had been ill for some time, but continued to live life to the fullest doing what he did best — touching the lives of others. He worked in construction, was a labourer, and a man of many trades. His purpose in life was being kind to others. He was well known in the community, and will be greatly missed by the many people who had the pleasure of knowing him. He was well known for the numerous tips he would give out. He always had to get rolls of coins when he went to the bank: this was a necessity and was extremely important to him. People in other areas would look at him and think this gesture of tip-giving was very strange, but he would still insist on tipping them for their services. Another enjoyment of Bob's was the casino. One of Dad's favourite pastimes was fishing; he had many great sleeps in the boat, and always talked about "the ones that got away".

People in the community would always comment on how his generosity was so extraordinary. One could always tell when he was at their home, leaving gifts for them on their doorstep; it could have been a chicken, turkey, fish, blueberries, or even a giant bag of potatoes. Another passion for Bob was scrapping metal. He enjoyed working in the junk on a daily basis. People would just stop by his house if they needed something from his yard, and nine times out of 10, he would have the perfect item that they were looking for. Family, friends, neighbours, and even people driving by would stop and find treasures, which he would gladly give away. He loved buying lottery tickets, and if he won $100 which was common for him, you can be sure the seller would receive a $10 tip. If anyone showed him an act of kindness he would always want to repay them in some way or another. He never wanted to accept these gestures from others. He could not understand that he gave to so many people and that is why they wanted to give back. An act of kindness goes a long way, and makes you a better person.

A particular day in June of this past year at the Ottawa Hospital, when he received his diagnosis, he was more concerned about the other patients that he had seen that day in the hospital. He was not concerned about himself. This is one of the many qualities that made our Dad extraordinary. His battle with cancer did not slow him down. He still went to the Winchester dump, and stopped every morning at Brenda and Mike's home with a handful of scratch tickets and the *Ottawa Sun* newspaper.

When he found out he did not have much time left, he worried about raising chickens, and trying to get blueberries one last time for those special people in his life. The family helped him with his to-do list, which seemed to make him more at ease.

We as a family would like to see the memory of our father live on. We ask that if the people of the community wish to honour our father's memory that they do so by making donations to the Winchester District Memorial Hospital Foundation, to purchase needed medical equipment bearing our father's name. In doing so, he would always be helping someone, and he would be giving back to the community who gave him so much.

Not once, but twice, Dad had tragic house fires. It was you, the community, who came forward and showed your generosity in many significant ways.

We would like to express our thanks to the ambulance drivers, Dr. Steele, Dr. O'Connor, Dr. Racine, Allison, emergency nurses, surgical nurses, dietary, housekeeping, and Rev. North for their care, kind words, and special hugs. Everyone at Winchester District Memorial Hospital showed our family so much compassion, which was greatly appreciated.

We apologize if we have hurt anyone's feelings by having a private family service, but this was Dad's wish. We all know how Dad was thought of so highly by those he had touched in so many ways. We appreciate everything everyone has done for our family over the years. We feel truly blessed to have had such a remarkable man in our lives for this many years.

When you look at how little gestures can change peoples' lives, you can see what being rich is all about. He was a legend; one of a kind.

Thank you from the bottom of our hearts.

The Meldrum Family
- Georgena, Barbara, Lorraine, Ronda, Ralph, Joanne, and Brenda.

The funeral arrangements were entrusted to the Winchester Funeral Home.

www.winchesterpress.on.ca

Barbara Ann Lough

Barbara Ann Lough, a well known business woman, passed away suddenly on Tues., Dec. 23, 2008. She was 72.



She will be greatly missed by her beloved husband Alex, her dear children Kevin (Sheila) Cooper, Wendy (Roger) Tessier, June (Grant) Hayes, Brenda (Jeff) Clements, and Shelley (Blaine) Wright. She will be fondly remembered by her grandchildren Troy and Tyler Thompson, Mike Tessier, Stefan Premate, Jennifer and Jeffery Clements, and Jill and Sarah Wright, as well as her nine great-grandchildren.

She was born to Roland Robitaille and Margaret Kelley in Rock Island, Que. on Nov. 30, 1936. Barbara and Alex were married on Christmas day in 1954 and together raised five children. Her hard work and dedication was evident as together Barb and Alex ran several businesses. A&B Egg and Poultry Farm saw the couple delivering eggs door-to-door daily to customers in Ottawa. Lough Crest Foods delivered eggs, butter, and cheese to customers throughout the United Counties and beyond. Lough Crest Gardens raised and sold plants and flowers to nurseries and other wholesale retailers. Many will remember Al's Lemonade and Elephant Tears Stand, which appeared at all of the local fairs. She also obtained her Floral Design Diploma from Algonquin College. She opened Lough Crest Flowers in Cardinal, which she sold and is now called Cardinal Flowers that has expanded to Morrisburg.

In recent years, she became computer savvy and began Musical Memories. She could transfer favourite music from eight track or record to CD so that old favourites could be enjoyed. She was also able to transfer old VHS tapes to DVD. During the last 30 years, Barb and Alex have also sold homemade jams, jellies, and pickles at local craft shows. Barb did not sit still. She was inquisitive, and wanted to know how everything worked. There was nothing she could not do. She was made an Honourary Life Member of the Mountain and District Lions Club. Because of this accomplishment, memorial donations may be made to the Mountain and District Lions Club.

In accordance with Barb's request, cremation has taken place and a graveside service will take place in the spring.

Funeral arrangements have been entrusted to the Winchester Funeral Home.

Donald Carr

Donald "Don" Carr passed away suddenly at home on Thurs., Jan. 1, 2009. He was 76.



He was the dear husband of Colleen (nee Hutt), and father of Marilyn (Eric) Schwerdtfeger, Ronald, Wayne (Pam), and Glenn (Corrine). He will be greatly missed by his eight grandchildren, three great-grandsons, and his brother Earl. He was predeceased by his infant children Raymond and Margaret Ann, and his sister Doris.

Visitation was held on Sat., Jan. 3 followed by the funeral service at the Chesterville Funeral Home with Rev. Wendy Wright-MacKenzie of Trinity United Church officiating. Fay Hutt delivered a very moving eulogy. "Crystal Chandeliers" was a favourite dancing song of Don and Colleen's, and was played as part of the service, as was "Silver Threads and Golden Needles". Cremation has taken place.

Memorial donations made to the Heart and Stroke Foundation or Winchester District Memorial Hospital would be appreciated.

OBITUARIES
which appeared in the *Press* from 2002-2009 are archived on our web site: www.winchesterpress.on.ca

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Registration ongoing for theatre workshops

WINCHESTER — Winchester resident Lorne Pardy, former artistic director of Ottawa's Great Canadian Theatre Company, is still accepting registrations for youth and adult theatre programs to be run at the Old Town Hall.

"Ensemble Acting for Youth" aged 13 to 18 will take place on Wednesday nights from Jan. 14 to March 4.

The course will focus on what young actors can create together and how to use creative energies to make unique characters, scenes, and exciting drama through improvisation, movement, voice, interpretation, and dramatic play.

Pardy said the drama workshop will definitely provide acting skills, but will also just be a social venue for the youth to talk, exchange ideas, and have some fun.

Pardy will also be teaching "Moment for Moment: creating the original moment onstage and owning it," a weekend workshop for adults that runs Fri., Jan. 23 (meet and greet), Sat., Jan. 24 and Sun., Jan. 25 for a total of 12 hours.

Pardy explained that the adult workshops will focus on ordinary, day-to-day activities and making them dramatic. Participants will be encouraged to express themselves through group discussion, storytelling, role-playing, theatrical games, and exploration of dramatic scenarios.

Each participant will be encouraged to peel away the layers of "expectation" and find something thoroughly new and thoroughly their own.

Currently, Pardy teaches part-time in the St. Lawrence College Music Theatre Program at the Brockville campus, at the University of Ottawa, the Ottawa School of Speech and Drama, and Algonquin College.

Pardy said he wants to bring these workshop opportunities to North Dundas so people don't have to drive to bigger centres to take part. The Town Hall workshops, he hopes, will appeal to people who want to explore their talent.

"I'll assess the needs of each person and make sure everyone has the opportunity to flourish at the level they're at," Pardy explained. "No one will be bored."

Pardy said that depending on the success of the first round of workshops, they can be ongoing at different levels.

For more information about registering for the workshops visit www.northdundas.com or call Pardy at 613-774-0354.



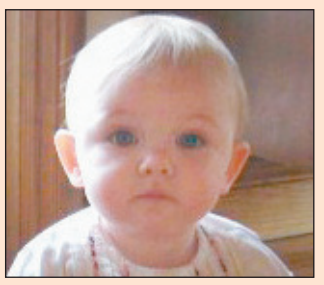
A giant pie!

The Dundas County Players just completed a successful two-weekend run of the pantomime *Sing a Song of Sixpence* at the Old Town Hall. The fairytale farce included cast members: James Casselman (back, left), Frank Casselman, Charles Laurin, Jim Perkins, Maggie Badior (middle, left), Maureen Beres, Ann Hartry, Meghan Duncan, Elaine Hébert, Suzanne Millaire, Jennifer Rose, Rick Ventrella, Elliot Delage, Alvin Runnalls, Emily Sloane, Joey Robinson (seated, left), Valarie Hartry, Emily Rose, Franziska Glen, Danielle Wright, Randy Lacey, Sabrina Ventrella, and Bill Steele (front), and was directed by Caroline Roberts. The show told the story of the famous nursery rhyme of the same name, and featured dancing gypsies, dames in drag, a pair of obstreperous court jesters, and many other endearing characters. Auditions for the Players' next production will take place at the end of January. The show, *Ten Lost Years* by Cedric Smith and Jack Winter, features snapshots of Canadian life during the Great Depression. Director Terry Green is looking for actors, singers, and musicians to take part in the production, which will hit the stage in April. For more information, e-mail jtgreen@storm.ca.

Photo — Len Trembley

Baby Faces 2008





Rebecca Alida Don

February 26, 2008

Precious fifth daughter of Derrick and Emily Don.



Grady Bryan Keith Holmes

October 11, 2008

Parents: Andrew and Chrystal Holmes.



Anthony James Briscoe

January 2, 2008

Son of Will Briscoe and Nancy Robinson. Grandson of Jim and Jackie Robinson, and Alex and Betty Briscoe.



Brooklyn Olivia Veley

May 11, 2008

Born May 11, 7 pounds, 9 ounces. Proud parents are Theresa and Tyler Veley. We love you Boogie!



Gracin Ann Link-Horvath

March 18, 2008

Daughter of Martha and Steven Horvath. Little sister to Kate.



Denver Lee Holmes

July 8, 2008

Daughter of Tony Holmes and Erin Vaux. Little sister for Dakota and Dante. New cousin for Avery, Jacob, Sydney, Gracie and Chase. Love and kisses Grandma.



Noah Brian Horspool

August 5, 2008

Son of Matt and Tanya (Wyatt). First grandson of Caroline Rooney.



Ethan James Boyd

May 15, 2008

Bouncing baby cousin of Tyler, Travis and Katrina Leach.



McKenna Jessie Wall

August 7, 2008

The littlest cousin of Tyler, Travis and Katrina Leach.

The Winchester Press congratulates all the proud parents who have welcomed new arrivals in 2008!

More Babies of 2008 are featured on pages 12-13.