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Ethanol fuels benefits to area

by Melissa Batchilder
Special to the Press

MAITLAND— Eastern Ontario took a step closer to opening its own ethanol plant last Thursday with the announcement by Seaway Valley Farmers Energy Co-operative that Maitland will be the site for its proposed factory.

The plant will develop new agricultural markets for Ontario farmers and new economic activity in a number of Eastern Ontario communities.

Based on a 1992 market survey and Ontario's desire for new green industries, the Eastern Ontario community has joined together to launch "Project Ethanol 1995" with the goal of building a 50- million litre per year facility.

The energy co-operative has already begun collecting its initial funding. The ongoing campaign to raise development funding for the energy project will take place over the next few months.

Close to 1,000 farmers are also expected to join the project as investors.

"The decision to locate at Nitrochem in Maitland is the result of a lot of research and an evaluation of the site, transportation lines, close proximity to grain handling facilities and, of course, central to the corn growing area of Eastern Ontario," said Seaway Valley president Robert Smith.

"Communities in Eastern Ontario have been very supportive in our venture and we look forward to finalizing our financing and getting a shovel in the ground."

The ethanol production project will have two-fold benefits for investors.

Local corn producers will receive first consideration in supplying corn to the production facility and will share with others in the community in the profits from the plant.

"A marketing survey by Energy, Mines and Resources Canada shows an extended potential for production of 300-400 million litres of ethanol for Ontario's growing oxygenates market as consumers seek cleaner burning fuels," added Smith.

"Demand for ethanol has already outstripped supply in just one year with more than 45 retail outlets for ethanol-blended fuels, and on-farm use, growing daily, including oil giants Petro-Canada and Esso."

A feasibility study and business plan have been produced by Seaway Valley to determine cost of production, debt-equity ratios and long-term viability and the project has been given the green light.

Seaway Valley has joined forces with Parteq of Queen's University, which owns the world-wide rights to the industry-leading ethanol extraction technology.

"The reality of today's agricultural markets requires producers to take the future into their own hands and add value to their raw product in order to improve their standard of living," said Smith.

"Ethanol offers that window of opportunity by getting in on the ground floor of a new green industry in Canada, which is well established in the United States."

The plant would consume 130,000 tonnes of corn, about one-third of the corn produced in Eastern Ontario, valued at $16.25-million, annually.

In addition to the production of 50-million litres of fuel grade ethanol, the plant would produce 40,000 metric tonnes of dried distillers grain and 37,000 metric tonnes of carbon dioxide, which would be sold to compressed gas distributors.

The project will produce 40 jobs in the area.



Shameless Shamus

Fingers were snapping and toes tapping to the fiddling magic of Shamus Sweeney (portrayed by Gerry O'Neill) at Upper Canada Village's fall fair last weekend.
Press Photo — Valiquet

Bylaw to butt out smoking in arena

by Michelle Valiquet
Press News Editor

WINCHESTER— Smokers will have to butt out before they enter the Winchester arena this winter.

At its next regular meeting Oct. 4, the village council is proposing to implement a no-smoking bylaw which will restrict smoking to a few designated areas in municipal buildings.

The legislation includes limiting smoking to the arena's upper hall when in public use, and to the ice surface, when the ice is out during the summer months. Smoking will be prohibited in all other areas.

Currently the arena has signs that say "thank you for not smoking" in the lobby area, however, no actual restrictions apply.

The village's adoption of a smoking policy shouldn't come as a surprise to smokers, according to Councillor Mary Jane Elliott.

"This non-smoking policy has been threatening for years. Most public places you go to won't allow smoking, especially when you're dealing with a confined space such as an arena," stated Elliott.

Councillor John Klein-Swormink agreed, saying many arenas he had visited in surrounding communities, such as Brockville, had become non-smoking facilities a long time ago.

Klein-Swormink said, "We're not breaking new ground (with the bylaw), non-smoking is almost the norm, not the exception."

Both Osgoode Township and Kemptville adopted no- smoking bylaws for their municipal buildings last spring, revealed Deputy Reeve Sandra Laneville. Laneville said the move to non-smoking has been discussed repeatedly by the Winchester recreation committee, which recommended the village council draft a policy.

She added, "We're not reinventing the wheel with this policy, we're just following in everybody else's footsteps."



Bang up

An ambulance attendant assists an injured passenger after a two-car accident in Winchester last Thursday. A Crysler woman was charged after she collided with a van on St. Lawrence Street. Press Photo — Edwards

Tri-counties lose O'Reilly, economic director resigns

Greg Hewitt
Special to the Press

WINCHESTER — Three major industries in the area have been saved from the jaws of the recession, major tourism initiatives are planned, and jobs have been saved.

With these successes tucked under his belt, Stormont, Dundas and Glengarry's director of economic development is moving on.

Terry O'Reilly, SD&G's first director of economic development, tendered his resignation to United Counties council Monday and will leave his Winchester office Sept. 27.

O'Reilly said he received an "attractive" offer from a company in SD&G, but declined to release more details about his new challenge.

He also said that aspects of his current contract with the United Counties that were "unsatisfactory" played a part in his decision. But he says the "different understandings" about the contract did not involve money, and says he is departing on good relations with the counties.



Terry O'Reilly

He says his new job will offer an "excellent balance between formidable challenges and exciting potential for success."

The economic development department was created in January, 1990. And O'Reilly says he looks back on the work the department has done since then in a positive light.

"There are always things that you try to do that don't succeed, but that's part of taking on a big challenge," he says.

"But there are things we accomplished. We saved a few big companies, there's no doubt about that. There are three big companies that, without this department,

• continued on page 2

Winchester hosts Seaway Story

WINCHESTER— The Village of Winchester is hoping the lure of the St. Lawrence Seaway will bring its residents out to Upper Canada Playhouse Saturday night.

The municipality is hosting the Sept. 25, 8pm production of *A Seaway Story* at the Morrisburg theatre, offering a wine and cheese reception after the play and special discount tickets for village residents.

A Seaway Story, a play with music, chronicles the discovery of the St. Lawrence by Jacques Cartier and continues through to the official opening of the Seaway by Queen Elizabeth. It features Donnie Bowes, Carroll Godsman, Timm Hughes, James Fagan Tait and Kiley Turner in a variety of roles.

Taped interviews conducted in 1974 with residents of the area west of Cornwall flooded during the construction of the St. Lawrence Seaway form the basis for the play.

Village residents can purchase tickets at a reduced rate —$10 ($5 saving), and there are still quantities left at the municipal office.

It's the second year in a row Winchester council has sponsored a production at UCP.

Upper Canada Playhouse is located on Hwy. 2 in Morrisburg. For more information call the box office at 543-3713.

Master runner Ian Sim finds solace on the open road. 7

Metcalfe Jets soar to first annual Rowan Cup championship. 11

The Press election focus shifts to the riding of Carleton-Gloucester. B-1

This week's farm update features results from Russell Fair's livestock shows. B-3

OTHS reunites Class of '72-'75

Garnet Quail
News Correspondent

METCALFE— Ah-h-h...those good old high school days. Such will be the reminiscences as Osgoode Township High School graduating classes from 1972 through 1975 gather at the Metcalfe Community Centre on the evening of Fri., Oct. 1 for a reunion.

An organizing committee comprised of Judy Hicks, Cathy Quinn, Janet Donaldson and Moe and Wendy Robinson have put many long hours into coordinating the event. All indications are that it will certainly be as well, or better, attended than they expected.

According to Hicks, the group took yearbooks and made up lists of people to contact. Some were reached through friends and family still in the area, some by telephone, some by mail and some through newspaper notices across the country.

Hicks says, there is always, of course, a certain percentage who can't be contacted by any means and that is regrettable.

On the bright side, however, Judy says, "So far we have more than 200 confirmed and we can only accept 260. They are coming from out west and from down east.

"We have had confirmations from Toronto, London, St. Catherines. People like to come home for the fair and we were counting on that. It is strictly a 'first come -first served' basis. Some people have sent their $10 ticket money and will get tickets at the door but I'm afraid that some who leave it to the last minute will be disappointed."

If you haven't obtained your tickets yet and you wish to attend, contact Judy Hicks for reservations at 821-3543.

When students of Osgoode Township High School's Class of 72-75 were in school, they always looked forward to the Friday of Metcalfe Fair.

It meant they got a day off. It was a sort of celebration and now it can be again. Rekindle the memories!



Draw winner

Carolyn Pemberton of RR1, Williamsburg was the winner of Albert Gale Real Estate's trade show draw for two tickets to a Senators' game. Pictured are the staff with Pemberton. In the front row are Daryl Robinson, Keith Droppo, Anne Allen, Pemberton and Butch Oldford. In the back row are Bob Volks, Bill Giles, Edna Giles, Pat O'Brien and Larry Stevens.



Flag pole fitting

Two Winchester employees, Andre Johnston (left) and John Larmour (right) install the new municipal flag atop the village hall recently. The flag sports the village's crest which was designed last year. Winchester flags, in various sizes, are available at Clara's Dressmaking and Tayloring in Winchester.

Press Photo — Valiquet

Continued from the front page...

O'Reilly

would have been lost to the counties. And they weren't.''

O'Reilly says that although the area did not escape the recession with impunity, it did not suffer as much as other areas.

He noted the location of the Operating Engineers Training Centre to Williamsburg Township this summer as one of the success stories.

And O'Reilly noted that great strides were made toward promoting SD&G as a tourist destination, citing the proposed five-counties recreational trail project, which he describes as the largest achievement of the decade for SD&G, as the biggest example.

''It's a new attraction that we need badly, but it's the kind of thing that suits us,'' he says. ''I ardently hope there will remain a good solid commitment to that.''

O'Reilly says when he approached the United Counties about becoming economic development director, they asked him what it would cost. He says he told them it ''wouldn't cost them a nickel,'' in fact they would make money. ''And I believe I have done that.''

''I'm going to miss it, but I'm also looking forward to new challenges and other successes in the region, perhaps with a little different focus,'' he added.

O'Reilly, who lives in Iroquois, says he has come to love the people of SD&G and loved working with them.

SD&G Warden Jim Cook said O'Reilly did a ''tremendous'' job as the counties' first economic development director.

''He started the department and was in the department when he didn't even have a desk. He's one way or another brought in or saved a lot of jobs in the counties and the saving (of jobs) is an important thing.

''We knew when we hired him that with his qualifications there was a risk of him being hired away, and it appears that it's happened.''

The position of director of economic development for SD&G will be advertised by the United Counties until a replacement is found.

Sanctuary programs offered

MORRISBURG — Bring the classroom outdoors and witness the miracles of fall firsthand at the Upper Canada Migratory Bird Sanctuary. From now until Oct. 29, the sanctuary offers a variety of nature and environmental oriented programs.

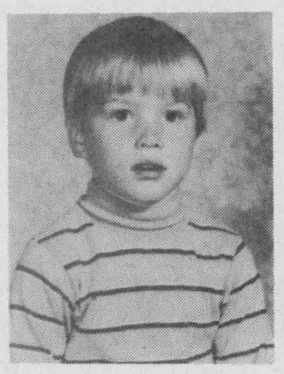
Programs are designed to make learning about nature fun. Grades 3 to 6 can participate in a program called 'Life in the Slow Lane', which is a study of plants and animals living in a pond.

Other programs are available for students from senior kindergarten to Grade 10 and they can be custom designed for organized youth groups such as Brownies, Guides, Beavers, Cubs, Scouts, Pathfinders, Venturers, Rovers and 4-H clubs among others.

The one and one-half hour guided hike and programs are a great way to meet special badge requirements too. Morning and afternoon bookings are available. Program times are flexible and group size for each program is limited to a maximum of 30 individuals.

The Upper Canada Migratory Bird Sanctuary is located 14 km east of Morrisburg, off Hwy. 2 (exit 758 or 770 off Hwy. 401). The cost to participate in the Environmental Studies Programs is $2.25 per student (teachers and supervisors are free).

To make a reservation for the study programs or for a copy of our booklet, please call the Parks of the St. Lawrence at 613-543-3704.



Look who is turning 13
on Sept. 22, 1993
Robert Velthuis
Love Mom, Dad, Brenda & Heather

Mountain musings

by Shirley Mills

The Inkerman Recreation Association is once again sponsoring a bike-a-thon. This will be held on Sat., Sept. 25 (rain or shine) with registration at the Inkerman School at 9am. The tour begins at 10am and the children cover a circuit in the area. The first 60 to register receive free T-shirts and all who participate get hot dogs and drinks. For more information or forms, contact Jim or Nancy Collins at 989-3005.

Bazaar season is approaching and one we've already heard about is sponsored by St. Peter's Anglican Church. This Autumnfest is being held in the IOOF Hall in South Mountain on Sat., Oct. 2 from 11am-1pm. In addition to the usual crafts, etc. they will be selling those fabulous meat pies and there will be a raffle — drawn at 1pm — for a beautiful, queen-size quilt. Lunch will also be available.

The Inkerman United Church auction was a great success and thanks go to all those who helped organize it, made donations and attended. Special thanks to Hugh Fawcett, the auctioneer, and his side-kick Ralph Fawcett. Their humor and wit added much to the evening.

Recent wedding

Robinson — Presley

Grace Ellen Presley announces her marriage to Lester Herbert Robinson on Sept. 18, 1993.

She is the daughter of Edna and the late Howard Presley of Vernon, Ont. and Lester is the son of Leila and the late Dalton Robinson of Winchester, Ont.

Lester and Grace will reside at RR 2, Winchester.

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News in brief

Book sale

METCALFE— The Metcalfe branch of the Osgoode Township Library is holding a book sale Sat., Sept. 25, 9am to 2pm.

Plenty of book bargains will be found and proceeds from the sales will go towards expanding the library's collection. The Metcalfe Library is located across from the Metcalfe Community Centre and Fairgrounds.

CNIB blitz

WINCHESTER— The Winchester Lions Club will be visiting homes in the village and surrounding areas on behalf of the Canadian National Institute for the Blind (CNIB) on Sept. 28-29.

The Lions have started the ball rolling towards their $6,000 goal with a personal donation of $550. It's the 14th year the Lions have conducted their CNIB blitz with donations going towards the Dundas branch.

Tourism conference

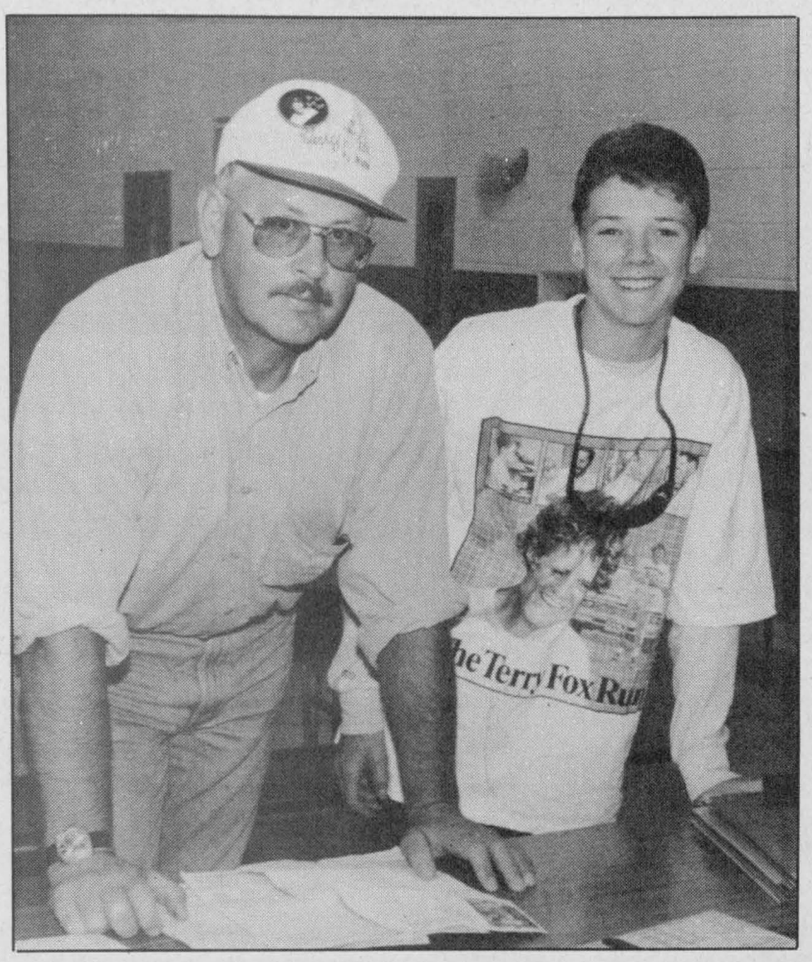
CORNWALL— Tourism operators and businesses in Cornwall and the Seaway Valley are invited to a one-day planning conference on Wed., Oct. 13.

The conference will provide participants with an opportunity to network, share information, and develop a focus for marketing and advertising activities. For more information contact Janet Parisien at 938-4748.

Injured workers meet

CORNWALL — The SD&G Resource Centre of Injured Workers is holding a membership meeting on Tues., Sept. 28 at the MacDonell's Inn in Cornwall starting at 7pm.

Workers who have been injured on the job are invited to come to the meeting. For more information call the centre office at 938-9111.



Terry Fox success

With participants like Michael Flowers (right), 13, and volunteers like John Roosendaal (left) of the Chesterville Rotary Club, the Dundas County Terry Fox Run for cancer research was an overwhelming success. Roosendaal is registering Flowers for the 10-km run which started from North Dundas District High School Sunday morning.

Press Photo — Valiquet

Fox run a success

Greg Hewitt
Special to the Press

MAPLE RIDGE — About 60 people took advantage of a pleasant fall day Sunday to get a little exercise and raise money for a good cause.

Organizers are calling Chesterville and Winchester's 12th annual Terry Fox Run for Cancer Research a grand success.

The 60 participants, who walked, jogged or biked the 10-kilometre course, beginning and ending at North Dundas District High School, raised a total of about $5,800 for cancer research.

The total marks an increase of about $1,000 over last year's event.

"We did well considering the way the economy is," organizer John Roosendaal said. "People are holding on to their money, but it went off quite well."

Roosendaal said participants ranged in age from about seven to 87, and the Dixon family was once again out in full force. In fact, he said, about half the participants were members of the family.

The Dixons, from the Winchester area, participate in the event every year in memory of a family member who died of cancer.

Thousands of Canadians in thousands of locations take part in the Terry Fox run every year. The run is held in memory of Fox, whose Marathon of Hope run across Canada in 1980 was stopped when the cancer that had claimed his leg spread to his lungs and eventually claimed his life.

Internationally, Terry Fox runs have raised more than $100 million for cancer research. It is the single largest cancer fund raising event in the world.

Roosendaal said the number of participants in the Winchester - Chesterville event, 60, has been pretty much consistent since the first local run in 1982.

"You see a few new faces, but basically 80 per cent are old hands at the Terry Fox run."

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Peer helpers add sparkle

Last Friday, the peer helpers held their annual Grade 9 pep rally. The idea behind the pep rally was to help the Grade 9s get acquainted.

The students were grouped into their house colors — red, green, black, and gold — and played many activities and games to develop more school spirit on the lawns of North Dundas.

NDDHS NOTES
by Wendy Crummy



School jackets were on sale Monday and were very popular due to the efforts of Lauren Clobrige and Amy Simpson.

There was a small fashion show on Thursday to show everyone a sample of the school jackets being sold.

The student's council representatives from every class were voted in on Wednesday. On Thursday, the first full student's council meeting was held.

Congratulations to all students elected to represent their classes.

This Wednesday, the Run/Walk/Crawl -a-Thon will be held. Prizes will be given for the most money raised and the most laps run by a girl and a boy.

Best of luck to Mr. Jean and the rest of the fundraising committee in their endeavor.

The first two weeks have been very busy but enjoyable.

Bike back for CHEO benefit

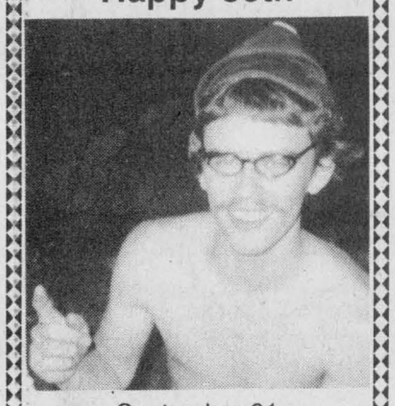
WINCHESTER — A 30-seat bicycle that helps raise money for the Children's Hospital of Eastern Ontario is set to roll through the village Saturday, and spaces are still available for interested riders.

The bike will make two five-kilometre trips around Chesterville, starting at 1pm at the arena. There is still space for 15 riders, who must collect pledges for CHEO to take part.

The bike, which will tour Winchester at 11am is on loan to several communities in the Ottawa area from the Heart and Stroke Foundation.

For more information or pledge forms call Heather Bourque at 448-1846.

Happy 35th



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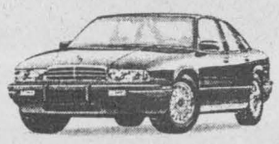
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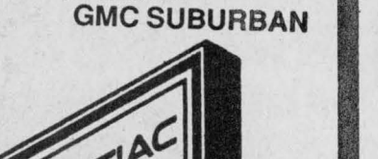
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SD&G warden bids goodbye at banquet

Elizabeth Moreau
Special to the Press

CHESTERVILLE — Jim Cook still has nearly three months to serve as warden of Stormont, Dundas and Glengarry, but he has already begun to say thanks. Cook hosted 340 guests at the annual warden's banquet at the Chesterville Arena Saturday, and many of them received personal thank-yous from the village reeve.

"For some, it's the only time you get to see them," Cook said.

The guest list for the banquet, held in the warden's home municipality each year, reads like a who's who of SD&G: members of county council, past wardens, members of the warden's local council, county department heads, staff, consultants, friends, and many others.

In addition to dinner and guest speaker Peter Clark, Ottawa-Carleton regional chair, guests were treated to what Cook calls a "state of the nation" speech. And the state of the Stormont, Dundas and Glengarry nation is not bad at all.

"We're in good shape," Cook said in an interview Monday. "Things are progressing, maybe not as rapidly as we'd like, but that's the way of the world at the moment. Money is tight."

Indeed. Since he became warden last December, Cook had to lead county council through the Ontario government's expenditure control plan and social contract. The roads budget alone lost nearly $1.5 million, he said.

"There were times I thought, I'm glad I'm an accountant so I can figure some of these things out," said Cook with a laugh. "But it's a job like any other."

He is proud that council was able to balance its 1993 budget with an average tax increase to SD&G municipalities of less than one per cent.

"The expenditure control plan and the social contract, I knew we could struggle with it and I knew we could cope with it. Yes, it bothered me. But it was there and there wasn't much we could do to change it."

Cook said he worries that further fiscal restraint on the part of the provincial government could hit municipal government even harder in 1994.

"My concern is that they may do something next year and that will hurt, because I don't think anybody's budget can take whacks two years in a row."

But there was much more to serving as warden than finances. Without a doubt, Cook says, the best part of the job has been meeting people throughout the counties. And from county fair to new business openings, personal appearances make up a large part of the warden's schedule.

"We have some teriffic people in SD&G. When you go to fairs and you go to events, you discover that they are all volunteer-run and well-run," Cook said. "...That was sort of the highlight of the year and it happened almost from day one."

Cook's term ends Dec. 20, when Lancaster Reeve Charles Sangster takes office. Until then, there is much more on Cook's agenda.



Singers celebrate

The Good News Singers are celebrating their 12th anniversary this year. The non-denominational group, consisting of local and Ottawa area members, performs gospel for a variety of ocassions and is now taking bookings. The members include Rick Ross, Jan Czarnecki, Carol Turley, Nanda Wubs, Valerie Ross, Anne Lyon and Bill Lyon. Photo — Edwards

Auditions start

CORNWALL — Auditions for Glen Productions Easter Presentation, 'Jesus Christ Superstar', will be held on Sept. 21-23 from 7pm to 10pm.

These are being called audition-workshops. Individuals are invited to come and listen, sing to the music and read parts. They will be held at Cornwall Collegiate, on Sydney Street, between Fourth and Fifth Streets.

'Jesus Christ Superstar' is being directed by Gary Palen. It will be presented just before Easter at St. Lawrence College.

For further information, call Gary at 1-613-932- 4815 or 1-613-937-GLEN.

Artists' studios open to public during fall tour

WESTPORT — The splendor of vibrant autumn with all its flaming beauty creates a perfect atmosphere for touring the Westport Area Artists Studios. Within an 8 km radius of scenic Westport on beautiful Upper Rideau Lake, you will find talented and creative individuals.

Eleven artists and their guests will demonstrate their works during the Thanksgiving weekend, Oct. 9, 10 and 11.

The public is invited to observe the artists in their studios, expressing their originality through various medias of painting, weaving, hand knitting, clothing design, jewellery making, candle carving, cooperage, photography, broom making, sand pictures, wood carving, furniture making and pottery.

Studio doors open daily (free admission) from 10am to 5pm. Tour brochures/maps and posted road signs will guide you along picturesque country roads and beside the waterside for a fascinating day of discovery. Enjoy a leisurely lunch at one of the excellent restaurants listed in the tour brochure.

For further information call Carol Spooner at 272- 2359.

Police blotter

Collision

WINCHESTER — A Crysler woman was charged with failure to stop after she collided with a van in Winchester Thurs., Sept. 16 around 5pm.

Barbara Roffey, 36, of Crysler was westbound in a 1989 Pontiac on Fred St. when she collided with a 1993 Aerostar van driven by Jane Grimes, 38, of Winchester who was southbound on St. Lawrence Street.

Both vehicles were severely damaged. The two women, as well as Roffey's passenger, Dorothy Thompson, 63, of Chesterville went to the Winchester District Memorial Hospital.

Driver charged

MOUNTAIN — A driver was charged after two cars collided in Mountain Township Sun., Sept. 19 at 10:20am.

Sylvia Riddick, 45, of RR3, Mountain was charged with failure to stop at the intersection of Cty. Rd. 1 and Cty. Rd.3. Riddick was westbound on Cty Rd. 3 in a 1984 Dodge when her vehicle collide with a 1989 Eagle driven by John Anderson, 47, of Ottawa.

There were no injuries but both vehicles were severely damaged.

Stalled car struck

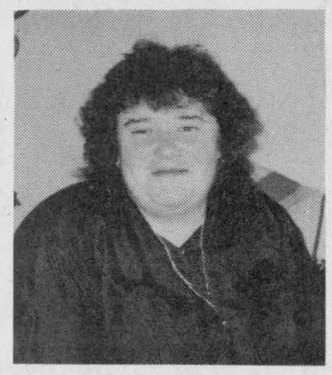
WINCHESTER SPRINGS — No charges were laid after a Montreal man struck a stalled car on Hwy. 31 in Winchester Springs.

A 1984 Buick driven by Helen Summers, 73, was hit after the car stalled while she was pulling out of a driveway onto the highway. William Dafter, 55, of Montreal was southbound in a 1980 Pontiac when he hit the vehicle.

Both were transported to the Winchester District Memorial Hospital. Summers' car was moderately damaged while Dafter's vehicle was lightly damaged.

Cigarette theft

CHESTERVILLE — Someone smashed the front of the Becker's Milk Store on King Street in Chesterville taking an undisclosed number of cigarette packages Monday morning.



Did you really think I wouldn't...

Happy 30th Diane



Happy 25th Mom & Dad

Love Deby, Sherri and Jamie

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The Geese have flown North

Grand Opening
Open House

Sunday, September 26

10:00am-4:00pm

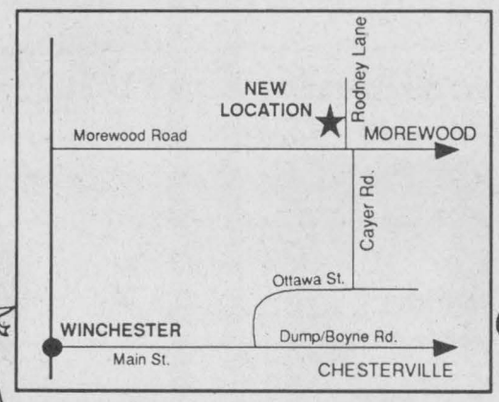
There will be samples for classes being offered here on display at the open house.
Free coffee and cookies

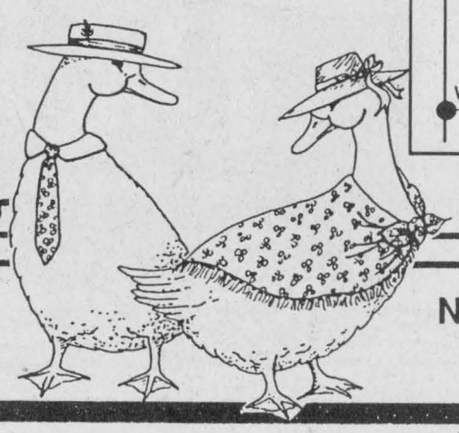
If you register for classes at the open house, you will receive a

10% Discount

on course fees. *(Must include deposit)*

THE TOWN GEESE





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Tuesday-Saturday at 8 p.m. • Sunday at 2 p.m.



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PARKING LOT SALE

at Geggie's, Saturday, Sept. 25

Sale on Wicker
50% off

- **Workwear, Workboots 50% off**
- **$1, $2 Grab Tables**

(Rain date for parking lot sale is Oct. 2)

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Mattress Sale

Saturday, Sept. 25

Bring your pickup truck, buy your mattress, and get a

Free Boxspring

or enter our Bed-Head Contest and save up to

30% off

a set (*with photo)

Example of the savings

39" set $99 and up

(mismatched)

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GEGGIE'S

Home furniture
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Hwy. 31 at Hwy. 43, south of Winchester

Editorial/Opinion

E D I T O R I A L

Fueling development

The announcement of a prospective plant site by the Seaway Valley Farmers Energy Co-operative last Thursday should wring cheers from every corner of Eastern Ontario.

The 50-million litre ethanol fuel facility will be a boon to the area's beleaguered economy and the pocketbooks of many individuals.

In a region that has been hard hit by plant closures, and where a large portion of the population is tied to agriculture, either directly or indirectly, the launching of this new industry means a much needed infusion of money and jobs.

The project is expected to produce 40 jobs within the plant, but more importantly the plant will consume 130,000 tonnes of corn — about one- third of Eastern Ontario's corn production valued at $16.25-million, annually.

In addition to the fuel, the plant will create valuable by-products — 40,000 tonnes of dried distillers grain (an excellent protein supplement for cattle) and 37,000 metric tonnes of carbon dioxide — which can be sold to distributors.

But the wave of development which an ethanol-driven industry could produce is not assured without further commitment from the community that will directly benefit from the environmentally friendly fuel.

Unfortunately gone are the days of large government handouts and multi-million dollar grants for projects such as this. The province is on record for saying that partnerships — between private industry, municipalities and government ministries, are the wave of the future.

Organizers are looking to involve more than 1,000 investors in financing the production plant. But in return, local corn producers will receive first consideration in supplying corn to the facility and share with others in the community in profits from the plant.

Risk-taking is not high on the agenda of most Canadians, but maybe the Seaway Valley Farmers Energy Co-operative is offering a calculated risk that will prove to be so attractive, organizers will have no trouble filling their investor ranks.

WINCHESTER PRESS

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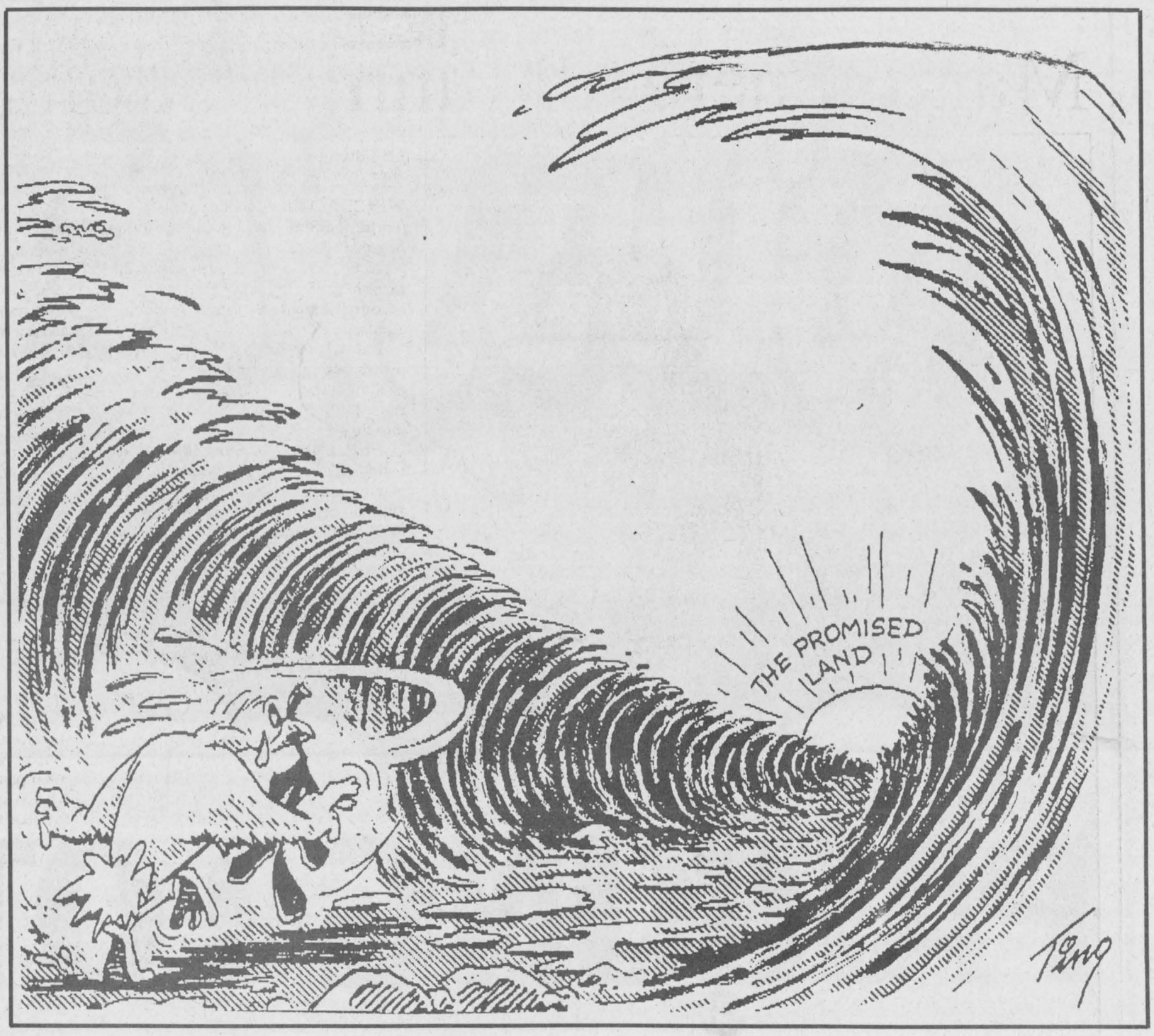


Savoring a well-deserved whiff of fresh air

I heard of a couple from Europe, who visited Ottawa for a few weeks last winter and when asked of their views on the nation's capital, replied they liked it well enough except for all the prostitutes.

Prostitutes?

The mix-up was soon explained away.

It seems the visitors had mistaken the abundance of well dressed, government workers in high heels, coatless in the cold and smoking cigarettes for ladies of the evening.


Michelle Valiquet

How were the visitors to know the shivering masses were only guilty of trying to find somewhere to satisfy their nicotine habit?

It's truly a sign of how beleaguered the once mighty smoker has become.

The height of cool use to be smoking a cigarette.

Legends of the silver screen wouldn't be caught dead without their smoking gun and their cigarette clenched between their teeth.

Humphrey Bogart, Bette Davis, Greta Garbo and Yul Brenner were all enveloped in a haze of smoke looking the epitome of sexy, cynical, or smart.

Gone are those days of Bogie and his butt.

They have disappeared just as surely as smokers have disappeared from the public eye.

They have been banished from offices, or forced to hole up in cramped closet-like spaces. There, elbow-to-elbow, they grab a quick few puffs before returning to join the rest of humanity.

Non-existent are the planes on which a smoker can have a drag while flying from Toronto to Ottawa.

These days, with smoking banned on flights of less than five hours duration, he or she would have to book by way of San Francisco to steal a cigarette between Hog Town and Parliament Hill.

If they aren't being taxed out of existence, smokers are being legislated out of every possible spot in which they can indulge their habit in.

It's an ever shrinking circle of space, and one day I can predict they'll be consigned to a postage-sized plot of land, with the last few smokers gathering on it for their daily puff like so many shipwrecked survivors on a desert island.

I know they seem a pitiful sight - those huddled smokers, cast to the elements, much like naughty children forced to stand outside for mischievous behavior or because they acted out of turn.

But I'd much rather they polluted the great outdoors with their smoke, than my air space.

The fall from grace of the smoker and the emerging supremacy of the non-smoker is a situation I applaud.

Why shouldn't we (and here I admit my bias) non- smokers have our day.

For years I have been paying the dry cleaning bills for a habit I am not guilty of possessing.

Anyone who has spent the night in a smoke-filled room, knows the necessity of getting their clothes cleaned afterwards or risk being taken for smelling like a four-pack-a-day chain-smoker.

For years I have suffered from watery eyes, irritated throat and runny nose inflicted upon me by the second-hand smoke of both strangers and friends.

The Marquis de Sade could have learned a few things from the smokers who subjected me to their noxious fumes while I suffered from a chest cold.

Haven't I had to clean up the mess from smokers who I've entertained, worked with, and traveled with in my car during my life?

There have been dead butts, ashes, stains on table tops, burns on carpets and yellowing curtains.

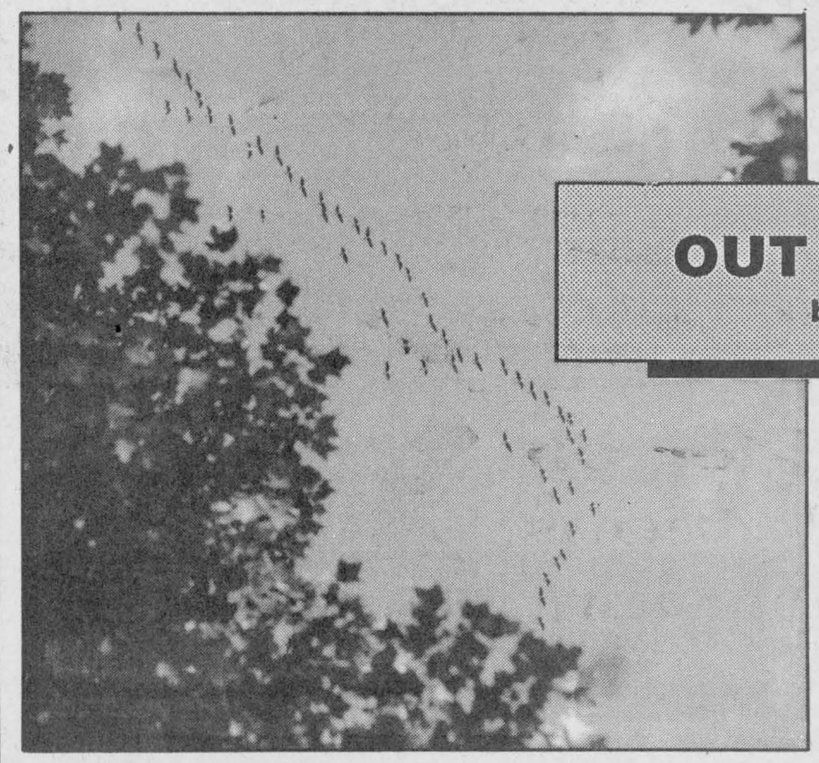
And what about the pain?

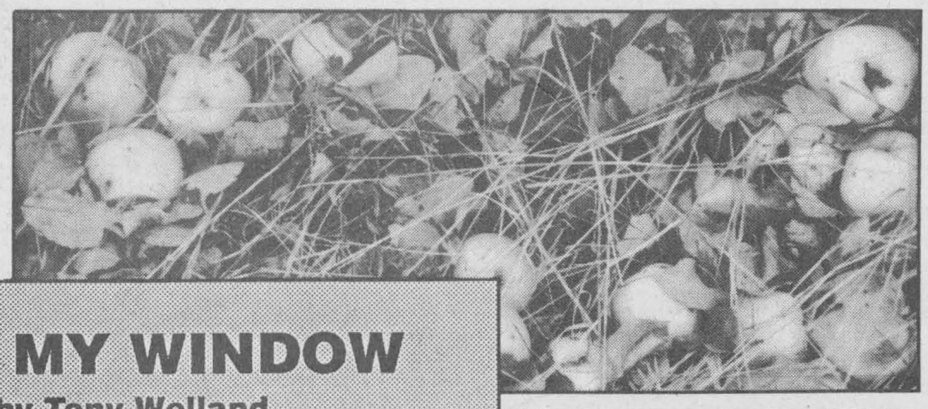
What about the pain of listening to that hacking smoker's cough, and knowing what it is doing to the insides of the smokers I care for and love?

That's the worst of all.

So although I'm not a fanatic, about to shoo away people at first whiff of their tobacco, I am enough of a true believer in non-smoking to praise the demise of the demon weed, and sing Hallelujah to the newly freshened air it's leaving behind.

Autumn in the country







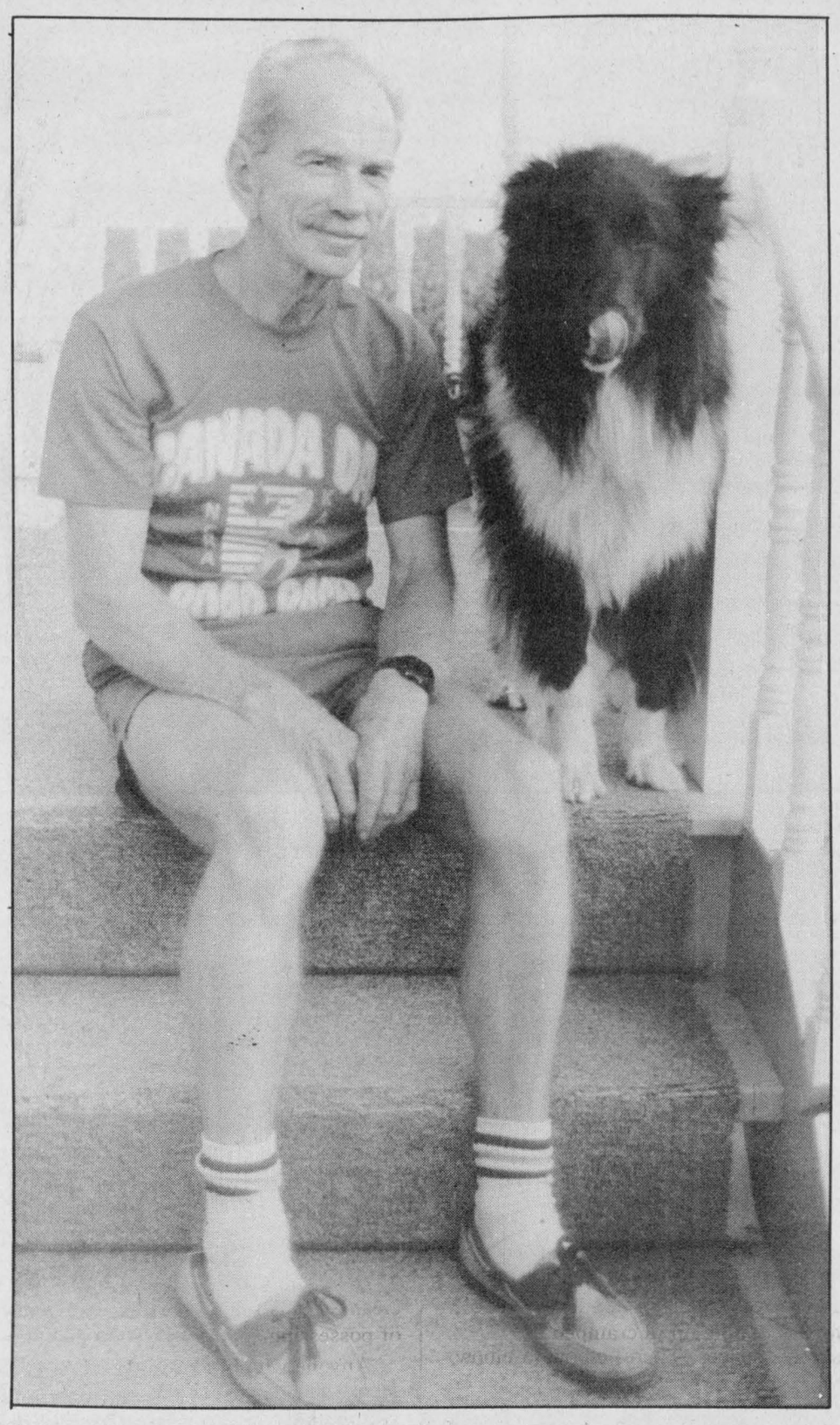
OUT MY WINDOW
by Tony Welland



ExPRESSion

PERSPECTIVES

Marathoner still running strong at 60



Above, runner Ian Sim is sitting on the step of his Winchester home with his dog Maggie. Above right, Sim finishing the 1985 Montreal Marathon.

Liz Edwards
Press Staff Reporter

WINCHESTER — In the running world, Ian Sim would be an inspiration or exasperation.

At 60, Sim is going strong with 22 marathons behind him — an accomplishment any runner could admire.

But it's probably a little disheartening for some when he zips past them in a race. He could easily run a lot of them, who are half his age, into the ground.

And he has. When Sim races he's a serious competitor, often winning or placing in his age category. In May 1992 he ran his best marathon time ever. Sim completed the 26.2 miles in three hours and 28 minutes at the National Capital Marathon in Ottawa — a time that wouldn't have disgraced a younger runner.

He took the top spot for the 60 and over age group in the Gloucester half-marathon Sept. 12, finishing in just more than one hour, 29 minutes.

"I go out to win. When I started running, I went for fun. Now I wouldn't go if I didn't compete."

Ten years ago he'd never run a mile much less a race. He hit the road concerned about his health.

"We had a farm years ago and sold that. I guess I was getting fat and lazy, I was really out of shape," says Sim.

"The doctor said you've got to lose weight so I thought I'd do something, so I went on a diet. But I think the running did more for weight loss than any diets."

It worked so well he dropped 50 pounds from his former 180-pound frame in a year.

SLOW AND EASY START

At first he'd run 25 paces then walk 100, increasing the running portion every few days. After three months he was running a few miles without stopping.

A slow start perhaps, but Sim didn't waste much time once he got going. In 1985, less than a year after he started, he decided to try the National Capital Marathon.

It didn't turn out as he had hoped. About 22 miles into the race Sim stopped when he became too lightheaded to finish.

"That's the only one I've never completed. A lot of people said you're crazy to try the first one. I was only running 30 miles a week," he says.

But disappointment fueled determination and three months later Sim was one of 10,000 runners in the annual Montreal marathon. He finished it in three hours and fifty-six minutes. He did it last Sunday in just over three hours and thirty-seven minutes.

In total running mileage, he's run the equivalent distance of a marathon 1,000 times over in the past nine or so years since he first began pounding the pavement. About a year after he began running, Sim started to record every run and race in log books.

He's run in Germany, Quebec, and various other places including of course the famous Boston Marathon. As well, he has completed 10 half-marathons, eight five-mile races, three 15-km races, four winter triathlons (skating, skiing and running) and four 20-km races. Out of the 42 10-km races he's run, Sim has won his age group category 20 times.

The physically hardest race he ever attempted was the 12-km Mont Royal Classic in Montreal. Four kilometres of the race follows an almost vertical climb up the mountain to Beaver Lake.

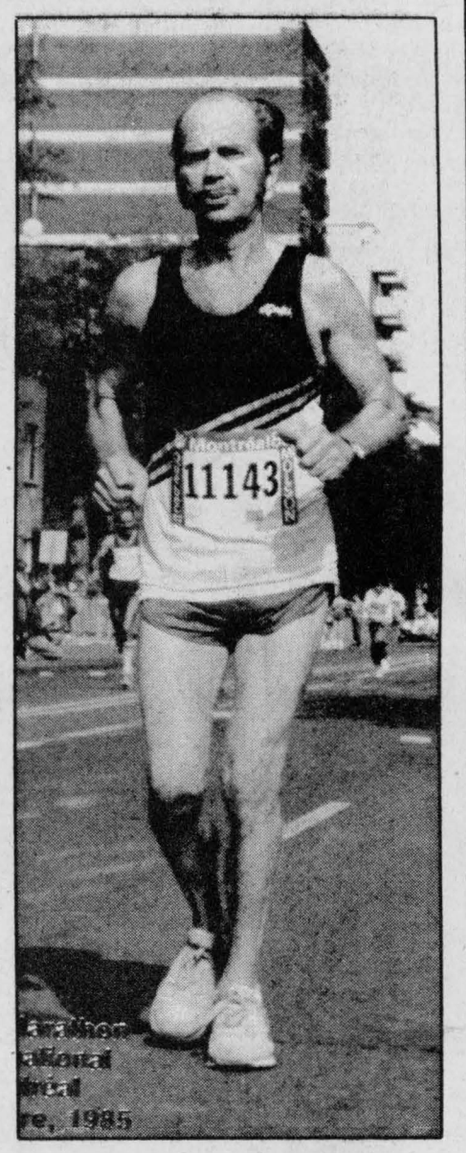
Though he lives on Rae Road just outside of Winchester, Sim prefers to run in Ottawa alongside the Rideau Canal. The canal is convenient since he works at the Department of National Defense as a communications consultant and he gets in his training during his lunch hour. On weekends he will run around home or head back into the city to run with a training clinic if he's preparing for a marathon.

INCENTIVE

"With a group, there's a little more incentive. It's hard to go and run 22 miles alone on a Sunday morning, especially when it's 20 below. If you go in a group, everybody's doing that," he explains.

He may compete for himself but there's definetely a strong element of camaraderie in the sport and this is one of its appeals, he says.

"You can speak to anyone as long as you're running. If you weren't running they'd probably call the police. But as long as you are... everybody's fairly friendly."



For all his racing, Sim tries to keep his running mileage at a reasonable level. He runs about 40 miles per week, five to seven miles each day. If he's planning to run a marathon he'll run as much as 65 miles a week.

"I find if I get into the high miles, like 70 miles, you can get overtired," he explains.

"I've run probably a dozen marathons without really training for the marathon. The last one I went to at the last minute, it didn't really affect my time zone, maybe five minutes."

The 26.2 miles of the marathon course are a gut- wrenching test for any runner but Sim prefers long races.

"The way I train, I find in a 5-km run, I just start rolling at five and it's finished," he says.

LETTERS TO THE EDITOR

Help appreciated

The editor:
Just a note to tell you how great country living is! I had an accidental reminder last Thursday on the definition of 'good neighbor'. On my way to a Dundas County Hospice meeting, I was involved in a car accident. I cannot begin to tell you how lucky all involved were!

To have an accident five minutes from home is very fortunate — when you live in Winchester. From Jannie Vannoppen's help in opening my car door and just being there for me, to Shirley Fawcett calling my husband Peter, to Brian Williams who went to meet Peter, to Cliff Parson's help in bringing me back to reality.

I barely had time to get out of the car. I was greeted by our fire department, ambulance and police — thanks guys! We may be grateful to live in a great country, but I know we are the luckiest on earth to reside in this kind of community. The whole world called to voice their concern for me on Friday - or at least my whole portion of the world.

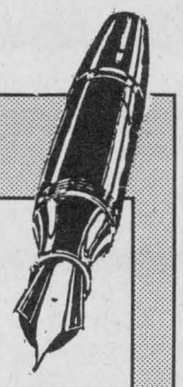
Thank you God and thank you fellow Winchesterites!

Only in Winchester are you told when being given directions, to turn at the King Cone (the sign has never read that since I have moved here). Only in Winchester are you lucky enough to be encompassed by such fabulous neighbors when you have an accident.

Janie Grimes

P.S. I think Kelly's should have sold tickets to view our van - proceeds to go to Dundas County Hospice.

OPINIONS



The Press welcomes letters on subjects of interest to the community. Letters must be signed and include the writer's telephone number. Letters may be edited for length, grammar and libellous statements.

UPPER CANADA VILLAGE

Join us for our annual

QUILTING WEEKEND

September 25 & 26
9:30 a.m. - 5:00 p.m.

The Village comes alive with colour as Quilting Guilds from Eastern Ontario display their hand-crafted contemporary quilts along with antique & reproduction quilts from the Village Collection.

Local retailers will also display their supplies and materials.

Join experts Marilyn Walker and Pat Harris as they explore the history of Canadian quilt making.

Enjoy our Walking Tours daily from October 12th until October 31st.

Don't miss Harvest Days October 4th - 11th.

For more information, call (613) 543-3704

Parks of the St. Lawrence

7th annual

Autumn Colors Craft & Bake Sale

Presented by Russell Recreation Association

Saturday & Sunday, October 2 & 3

10am-5pm

Russell Arena, Upstairs Hall

Admission $1 adults; children under 12 free

DOOR PRIZES • EVERYONE WELCOME!

Autumn in the Country Art & Craft Exhibition

Saturday, Oct. 2, 10am-5pm

Sunday, Oct. 3, 10am-5pm

Location: Russell Public School

14 Mill Street, Russell

Admission free

If you're a student who will be 18 or older on Election Day, October 25, pick up an Elections Canada leaflet from your Student Association. It's all about exercising your right to vote.

ELECTIONS CANADA

The non-partisan agency responsible for the conduct of federal elections

23-7540E

Moss becomes art form at UCV fall fair

by Michelle Valiquet
Press News Editor

MORRISBURG — Normally Rita Gillard takes a needle and thread to fabric, but for the annual fall exhibition at Upper Canada Village her stitches find a different dwelling place.

For the past 10 years Gillard has taken part in designing and stitching the moss crest that adorns the exhibit tent at the 1860s theme park Sept. 17-19.

"Every year we pick a different theme for the crest, it usually takes about three weeks to complete the project," says Gillard. "Almost always you're stitching up to the last minute."

Gillard works on the crest with two or three other historical interpreters at the village in Robertson House. After the carpentry shop makes the frame and backing, the women cover it with wool before beginning their sewing.

"The Robertson's were a well-to-do family and their women would have had the time to spend on such a project," says Gillard. "It was the type of thing that was done in the late fall because you wanted mature flowers which had attained their brightest colors."

The dried flowers and moss are sewn to the wool and then the example of fine stitchery is hung in the exhibition hall along with the community's other agricultural, horticultural and domestic arts displays.

Besides providing a forum for high quality domestic arts, the fall exhibition played an important role in promoting agriculture during a period in which country fairs highlighted every social calendar in Upper Canada, says Gerry Thompson, a historical interpreter at the village.

"It wasn't a sale, it was an exhibition to promote agriculture. It was hosted by the local agricultural society which was concerned with the improvement of its members' livestock and crops and the introduction of new breeds," says Thompson.

In the 1860s not only farmers belonged to the agricultural society, but also the merchants and mill owners. "Everyone's livelihood depended directly or indirectly on the farmer and his crops," he explains. "The more money a farmer made, the more he would have to spend at the store, to build new buildings or buy new machinery."

Although the main purpose of the fall exhibition was promoting agriculture, it wasn't a case of all work and no play for Canada's forefathers and mothers. The social aspect of the event was also important.

Children's games such as quoits and ring toss were played, a visiting magician or patent medicine salesman might also find their spot on the exhibition ground as well as refreshments booths selling cider, apples, bread and cheese.

"There wouldn't be much chance to socialize during the summer, by fall everyone would be ready for a good visit," concludes Thompson.



Visitors to Upper Canada Village were charged only pennies for their fall fare last weekend. Many munched on apples, cider, bread, cheese and fudge. Press Photos — Valiquet



Petal power
Rita Gillard stands before the moss crest she helped fashion for the fall exhibition at Upper Canada Village.

Waste site criteria sought

AVONMORE— Residents of Stormont, Dundas and Glengarry are invited to participate in a waste management workshop on Sat., Oct. 2, from 9:30am- 4pm at Tagwi Secondary School, east of Avonmore.

The theme of the workshop, screening criteria for landfills, will allow participants to discuss the important considerations in locating a site. Pre-registration by Mon., Sept. 27 is required and a light lunch will be served.

To register call or write: Anne MacGillivray, United Counties WMMP, P.O. Box 240, St. Andrews West, K0C 2A0, 1-800-267-2538.

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Place d'Embrun Place Inc.
Friday, September 24
at 7:30pm
at Place d'Embrun
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TRAFFIC • VAGABOND • RUFFLES
SEB'S SWEAT WEAR
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Coffee will be served during intermission
Your Neighborhood Shopping Centre
Place d'Embrun
Mall Hours: Mon.-Fri., 9:30am-9pm; Sat., 9:30am-5pm

What's new at Valley Blues?
"LOTS"
It's our Fall Preview of '93
Clip these coupons and save!
VALLEY blues
29 Main St., Chesterville 448-3678
Lots of new ladies' and men's fashions Beginning Wed., Sept. 22 to Sat., Oct. 2, here are some of our fall preview specials to help you get your fall wardrobe started.
WITH THIS COUPON $10 off (reg. price) Selected New Fall Sweaters Valid at VALLEY BLUES (Sept. 22-Oct. 2)
WITH THIS COUPON $15 off (reg. price $69) Black Suede Skirts Valid at VALLEY BLUES (Sept. 22-Oct. 2)
WITH THIS COUPON $20 off Selected 2-Piece Ladies' Suits Valid at VALLEY BLUES (Sept. 22-Oct. 2)
WITH THIS COUPON $50 off $75 off $100 off Selected Ladies' Winter Coats Ask about our layaway payment plan Valid at VALLEY BLUES (Sept. 22-Oct. 2)
WITH THIS COUPON Buy 1, Get 1 Free Ocean Pacific T-Shirts Valid at VALLEY BLUES (Sept. 22-Oct. 2)
WITH THIS COUPON $5 off (Eaton's price $35, our price $30) Ladies' Bodysuits "HOT STUFF" Valid at VALLEY BLUES (Sept. 22-Oct. 2)
WITH THIS COUPON $15 off (reg. price) ALL Denim Skirts Valid at VALLEY BLUES (Sept. 22-Oct. 2)
WITH THIS COUPON Free T-Shirt With any Danskin Aerobicwear purchase Valid at VALLEY BLUES (Sept. 22-Oct. 2)
Coupon must be presented to receive discount.
With any minimum $100.00 purchase, **enter our draw** for a luxurious full-length **PEARL FAUX FUR** *valued at $399.00*
With any purchase enter our **DAILY DRAW for a $59.50 sport watch**



Orange garage sale

The Metcalfe branch of the Loyal Orange Lodge held a fall garage sale Saturday. Bargain hunters found plenty of items to keep them happy. Press Photo — Quail

Album may go into second release

OSGOODE — It may not be on the best seller list at your local music store, but the Osgoode Township Male Choir's recently released album is selling so well members are having trouble finding copies for themselves.

The local group had 1,400 copies of the recording session which marked its 15th season but pre-release orders and other sales have been so brisk members aren't able to buy their own copies yet, and the choir's recording company is talking about a second issue of the music, says OTMC member Gord Reoch.

OTMC is preparing for a March 1994 return trip to the Netherlands and the album *Osgoode Township Male Choir-Netherlands '94* was conceived as a celebration of the upcoming voyage. It also celebrated the choir's 15th anniversary and served as a means of raising much needed funds to offset expenses of the European voyage.

The recording has been released in both compact disc(900 copies) and cassette (500) formats.

The quality is quite remarkable, due in no small part to the choir's recording studio for this production — the sanctuary of St. Giles Presbyterian Church on Bank Street. The church's acoustics are excellent.

The 15 selections which appear on this album include some of the group's favorites, as well as some of its most requested numbers.

The group is hoping music lovers will want to make the album an addition to their collections or give it as a Christmas gift.

Cassettes are $10 and the compact disc sells for $15. They are available from any Osgoode Township Male Choir member and phone orders will be taken by Gord Reoch at 821-2327.

Euchre party

MOREWOOD — Vivian Steinberg, Elizabeth Brooks and Bertha Christie finished in that order on Sat., Sept. 18 to win ladies prizes at the Morewood Seniors Euchre.

Miles Casselman, George Barkley and Harlan Helmer were the top three winners in the men's group.

Helene Crump won the door prize.

Edith Baker, Carol McElheran, Orval Christie, Meb McLeod and Harlan Helmer were the draw winners.

A.M.J.

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St. Lawrence Black Chapter recalls seige

EASTONS CORNERS — The annual Derry Day (anniversary of the Relief of the 105-day siege of Londonderry circa Aug. 12, 1689) county church service and picnic was held on Sun., Aug. 8, in Eastons Corners, Ontario.

Sir Knights of the host county St. Lawrence County Black Chapter and fellow Sir Knights from Ottawa Valley county Black Chapter along with members of the area Loyal Orange Lodge, Crystal Chapter, and Ladies Orange Benevolent Association lined up at the Wolford Centennial Park in Eastons Corners.

Two pipers led the parade to St. Anne's Anglican Church, where the Sir Knights, members and visitors were welcomed by Reverend Caradus.

After the service the Sir Knights and members paraded back to the park. A very enjoyable pot luck lunch was served in the Wolford Centennial Park hall and the event concluded with the pipers playing a few selections.

GLORIOUS TWELTH CELEBRATED

The 303rd anniversary of the Battle of the Boyne and the 164th anniversary of Orangeism in Canada was celebrated in Lombardy, Ontario on Sat., July 10.

Members and supporters converged on the Lombardy fairgrounds to enjoy the fellowship, food, encouraging speeches and the sights of colorful banners, flags, parade floats and the sounds of music from the many marching bands.

The traditional King William III on his white horse led the parade of members of the Loyal Orange Association. Members and spectators came from all over eastern Ontario and western Quebec.

The day's events started at 2pm with a welcome message from Brother Don Corris followed by an open church service conducted by the Reverend Clarke of Lombardy Anglican Church. After the service there were speeches and greetings from various government representatives and leaders of the Loyal Orange Association.

Over 400 enjoyed this part of the festivities. A parade started at 7pm and a dance concluded the day's program.

The annual 'Glorious Twelth' of July marks the anniversary of the Battle of the Boyne, the final of a number of battles Orangemen fought for their religious freedom.

The motto of the Loyal Orange Association is 'Equal Rights to All, Special Privileges to None'.

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METCALFE FAIR

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SCHEDULE OF EVENTS

THURSDAY, SEPTEMBER 30

11am	Judging - Grains, vegetables, hay & silage, fruits, cheese, honey, culinary arts, canned goods, homecrafts, flowers and plants, Junior division
7-9pm	Pre-Teen Disco Dance in Community Centre
7pm	Holstein, Ayrshire and Jersey Shows
9:30pm -12 midnight	Teen Disco Dance in Community Centre

FRIDAY, OCTOBER 1

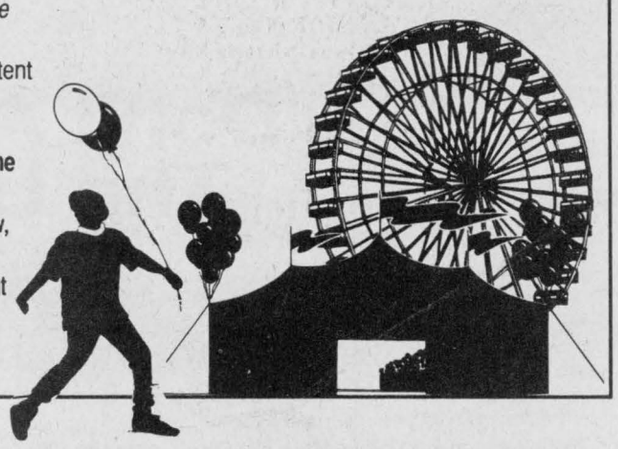
10am	Educational displays, Ladies' Exhibit Hall, Agricultural Hall, Antique Heritage Show & Craft Fair in O.T. High School
11am	Heavy Horse Purebred Line Classes
12 noon	4-H Dairy, Beef Achievement Day
12:30pm	Friday Afternoon Horse Show; Cat, Mutt, Pets, Bicycle and Pedal Pull Shows
1pm	Seniors entertaiment - Community Centre Hall
1:30-5pm	**Heart of the Country** - Entertainment tent
1-3pm	4-H Horse Club Achievement Day
3:30pm	Carleton 4-H Championship Sheep Show (Barn 1)
5pm & 7:30pm	**Gastoni Attractions Ltd.** - *Pig Racing, Magic Act, Wonder Dogs and Mustang the Comedy Talking Horse* - Arena
9pm	**Fred Brown and Blackwater** - Entertainment tent; 1972-1975 O.T.H.S. Reunion, Community Centre

SATURDAY, OCTOBER 2

10am	Educational displays, 4-H Dairy, Ladies' Exhibit Hall, Agricultural Hall, Antique Heritage Show & Craft Fair in O.T. High School
11am	Baby Show; Sheep Show
12 noon	Light Horse Show; 4-H Championship Horse Show; Heavy Horse Show
1pm	4-H Dairy; Beef Championship Show
	Gastoni Attractions Ltd. - *Wonder Dogs and Mustang the Comedy Talking Horse*
1:30-5pm	**Seconds Out** - Entertainment tent
3-6pm	Youth Talent Competition, Community Centre
6pm-1am	**Lower Ottawa Valley Old Tyme Music**, Community Centre
7pm	Horse Show; Open Steer Show, Agri-View Bldg.
9pm-midnight	**Roll 'N Thunder** - Entertaiment tent

SUNDAY, OCTOBER 3

8:30am	Open Western Horse Show, Arena
9am	Farrier Competitions, gazebo area; Demo Antique Tractor Pull
10am	Ladies' Exhibit Hall, Agricultural Hall, Antique Heritage Show & Craft Fair in O.T. High School; Education displays in Agri-View Bldg.
11am	Step Dancing Competition, Children's World
12 noon	Judging - Beef Breeding Classes, Herefords, Simmentals, Aberdeen Angus, Limousin; Horse Pull
	Gastoni Attractions Ltd. - *John Farmer and the World's Greatest, Newest, Funniest Comedy Car*
1pm	Fall Fashion Show
1:30-5pm	**South Mountain**, Entertainment tent



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OBITUARIES

Willard Everton Acres

Willard Everton Acres of Osgoode Township died at the Township of Osgoode Care Centre on Thurs., Sept. 16, 1993. He was 97.

A retired farmer, he was born on July 7, 1896 in Osgoode Township, the son of the late Thomas Benning and Christina (nee Bradley) Acres.

He is survived by his children Keith, Ingleside; Orma (Raymond Earl), Winchester; Inez (Orville Davidson), Ottawa; grandchildren Maureen Acres, Malaysia; Vernon Acres, Winchester; Lianne (Kevin Hanna), Finch; Charlene Acres, Nepean; Shelley Sullivan, Crysler; Larry Earl, Vancouver; Wendy (Peter Kemp), Ethiopia; Dwaine Davidson, Russell; Daryl Davidson, Osgoode; Darlene (Gerry Lavimodiere), Greely; Debbie (Al Mok), Calgary; and cherished friend Marjorie Munro, Carp. He is also survived by 10 great-grandchildren.

He was predeceased by his wife Letta Melinda (nee Comrie), infant daughter Lois, brother Ira Acres and sister Lorena Porteous.

He was a member of St. Matthias Anglican Church. Funeral service was held on Sat., Sept. 18, at J.R. Vice Funeral Home, Winchester with Rev. George Bruce officiating.

Interment was at Springhill Cemetery.

Pallbearers were Dwaine Davidson, Daryl Davidson, Vernon Acres and Freeman Acres.

Sarah Alice Elva Merkley

Sarah Alice Elva Merkley died at the Township of Osgoode Care Centre on Wed., Sept. 8, 1993. She was 86.

She was born in Cambridge Township on March 24, 1907, the daughter of the late Alfred Burd and Nettie Baker.

On June 5, 1925, Elva was married to Nelson Merkley who predeceased her on Sept. 14, 1981. Her family and gardening were her special interests.

She was a member of the Parkway Road Pentecostal Church in Greely, although ill health kept her from attending in recent years.

She will be lovingly missed by her children Cleon (Lorna), Prescott; Donald (Elva), Oxford Mills; Edna (Hubert) Casselman, Oxford Station; Virginia (Tony) Leonard, Prescott; Dianne (Ed) Stanley, Metcalfe; 19 grandchildren, 16 great-grandchildren, brothers Clayton (Evelyn) and Sanford (Cora) and sisters Gertie Christie, Grace Perry and Verl (Clarence) Levere, sisters-in-law Mary Byrd and Jean Thompson.

She was predeceased by her brothers Lloyd and John.

Funeral service was held at Duncan Funeral Home, Metcalfe on Fri., Sept. 10, with Rev. Les Burton officiating.

Interment was at Maple Ridge Cemetery. Pallbearers and honorary pallbearers were her 11 grandsons.

George Alfred Raistrick

George Alfred Raistrick of Winchester died at Winchester Hospital on Tues., Sept. 14, 1993. He was 74.

A retired custodian at North Dundas District High School, he was born on Dec. 22, 1918 in Bradford Yorkshire, England, the son of the late Gilbert Raistrick and Emillia (nee Groves) Raistrick.

He is survived by his wife Patricia (nee McNaughton), children Elzeon (Judy), Winchester; Judi (Garth Helmer), Chesterville; Darlene (Larry Alexander), Vernon; Susan (Denis Peplinskie), Nepean; grandchildren Barry, Chris, Denny, Rob, Tish, Stacey, Krystal, Julie and Josh, brothers Gib, Winchester; Stan, Richmond; and many nieces and nephews.

Funeral service was held at J.R. Vice Funeral Home, Winchester on Thurs., Sept. 16, with Fr. Jim Esper officiating.

Interment was at Maple Ridge Cemetery.

Pallbearers were his four grandsons Denny and Rob Raistrick and Barry and Chris Helmer.

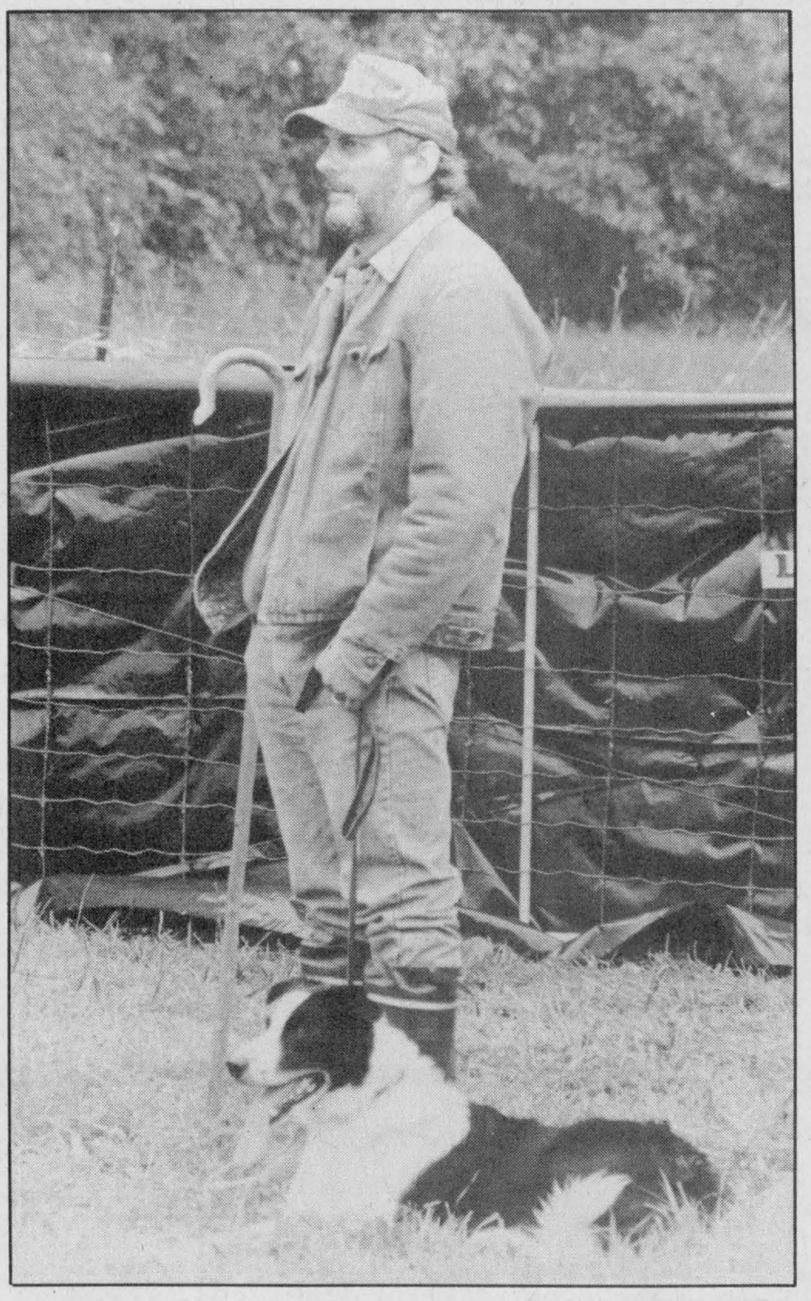
Children waiting

CORNWALL — The Big Brothers and Big Sisters of Cornwall and District will be holding an information night on Thrus., Sept. 23 at 7pm at the local Big Brothers/Big Sisters office.

Everyone interested in finding out more about becoming a Big Brother or a Big Sister is invited to attend.

The purpose of the Big Brother/Big Sister program is to match boys and girls six to 16 years of age from single parent families with adult volunteers who provide friendship and guidance to the child through this one-to-one relationship.

At the present time, the Big Brothers and Big Sisters of Cornwall and District has 122 matches with 106 children in Cornwall and SD&G on the waiting list.



Man's best friend

Cap, a five-year-old, black and white border collie, and his master, David Dorrance of Beloeil, Quebec, take a well-deserved break after competing in the Nation Valley Sheepdog Trials Saturday. The event which took place just south of Winchester drew more than 30 teams, who herded sheep using a variety of hand and vocal signals. Competitors came from Ontario, Quebec and the northern United States.

Press Photo — Valiquet

Winchester hospital auxiliary prepares for fall fundraiser

WINCHESTER — Winchester District Memorial Hospital Auxiliary bazaar committee met prior to the main meeting recently.

Plans are well under way for the annual fundraising event, on Oct. 23 at North Dundas District High School

As usual there will be a 50/50 draw. A quilt donated by the Upper Canada Quilters Guild will be raffled off, as will a painted handwoven basket and a beautifully decorated cheesecake by Betty's Fancy Food for Friends.

The main auxiliary meeting began with roll call. Dan Smith, hospital administrator hosted a luncheon for those auxiliary members present at the bazaar committee meeting. He gave them a dry run for their jobs as tour guides at the hospital open house. He also reported that the new auxiliary room was ready.

Betty Barton reported on the gift shop hours (656.5) for June, July and August! Lee Wenz reported on the many hours for in memoriam, and Edna Levere, volunteer co-ordinator reported on her volunteers' 524 hours for June, July and August.

Violet Simser reported her Sunshine Circle auxiliary members amassed 36.5 hours for the summer and cited Lisa and Leonard Streng for all their help in re-stocking and cleaning the fish tank in One East.

The purchasing committee report was given by Ethlwyn Carkner, who mentioned some furnishings have been donated to the auxiliary room, allowing the project to come in under budget. A motion was made to put the surplus funds towards furnishing a quiet room for the use of the clergy and families waiting to hear news of their loved ones.

Lil Lancaster reported the Winchester unit, through nine hot Monday evenings with good workers, managed to collect $6,000 at its bingos. She also reported that Muriel's Flowers would be donating all the pennies collected at its Trade Fair booth to the hospital.

The next auxiliary meeting will be held on Oct. 14 with a bazaar committee meeting preceding at 12:45pm.

NOTICE

CLOSURE OF UPPER CANADA ROAD FOR BRIDGE REPAIRS

The St. Lawrence Parks Commission, with assistance from the Ontario Ministry of Transportation, is reconstructing the CNR overpass on Upper Canada Road.

The work will require the road to be closed at the bridge from approximately **October 1, 1993 to April 1, 1994.** The Highway No. 401 Exit 758 will remain open for traffic north from or to the 401. Alternative routes from Highway No. 401 to Highway No. 2 are available at Morrisburg (Exit 750) and Ingleside (Exit 770). Upper Canada Road will remain open to local traffic only between Highway No. 2 and the bridge.

For more information, please contact: Mr. M.S. Paradis, Manager, Maintenance, Land-Use and Engineering, The St. Lawrence Parks Commission, RR No. 1, MORRISBURG, Ontario, K0C 1X0, 613-543-3704.

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Don't Agree To Anything Until You've Seen The Used Vehicle Information Package.

Are you planning to buy or sell a used vehicle privately?

Starting on October 4, 1993, the requirements for private sales of used vehicles will change.**

Getting the answers to some important questions hasn't always been easy. How many previous owners were there? Are there any loans still outstanding against the vehicle?

These questions will now be answered in a Used Vehicle Information Package.

As of October 4, 1993, private sellers will be required to buy a Used Vehicle Information Package before offering a vehicle for sale. When potential buyers come to view the vehicle, the seller must hand them the information package to read. When the vehicle is sold, the seller must give the Used Vehicle Information Package to the buyer along with the vehicle documents.

When the new owner registers the vehicle at a Driver and Vehicle Licence Issuing Office, the Used Vehicle Information Package must be submitted with the other vehicle documents to complete the transaction. Otherwise, the transfer of registration will be refused.

If a private seller doesn't offer the Used Vehicle Information Package, buyers should ask to see the package before making any decision to buy the vehicle.

The Used Vehicle Information Package can be purchased for $20.00 from any Driver and Vehicle Licence Issuing Office or from the Ministry of Consumer and Commercial Relations 24 hours a day by using a credit card and calling 1-800-267-8847 outside Toronto, or 325-8847 in Toronto. Telecommunication Device for the Deaf is available at 1-800-461-8866 or 326-8866 in Toronto.

A brochure with tips on buying or selling a used vehicle is also available at any Driver and Vehicle Licence Issuing Office or through the telephone numbers listed.

**These changes do not apply to either trade-ins or purchases from Ontario Registered Motor Vehicle Dealers.

Ontario

Sports '93



Rowan Cup

Metcalfe Jets veteran Darrell Warren,left, and club president John Service, right, accepted the Joe Rowan Memorial Cup from Marty Rowan and Lillian Rowan following Saturday's 8-4 win. Warren and his mates, photo-right, then celebrated with the trophy. Press Photos—Van Bridger



Metcalfe Jets claim rights to first Rowan Cup

METCALFE—The Metro Division's Metcalfe Jets outscored the St. Lawrence Division's Winchester Hawks 18-8 in a pair of exhibition hockey games over the past weekend.

The 10-goal cushion gave the Jets the first-ever Joe Rowan Memorial Cup.

The two-game set also gave Junior "B" hockey fans from both towns the opportunity to see what talent will be skating for their respective teams in the fast-approaching EOJBHL season.

Both Hawks' head coach Dennis Casselman and his counterpart Lou Nistico used the opportunity to look at some young talent.

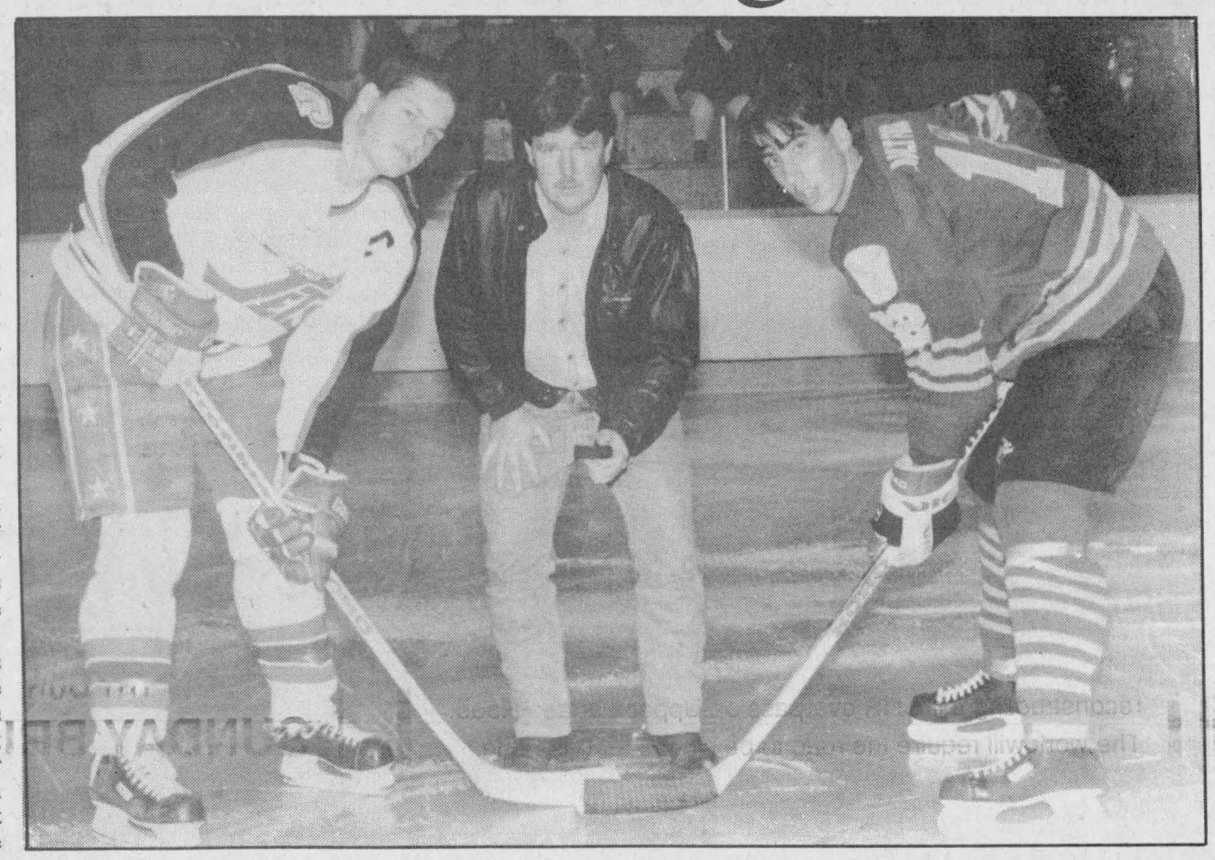
While the season doesn't begin until the first weekend in October for Nistico and the Jets, the Hawks' campaign begins in Winchester this Friday night, Sept. 24 when the Kemptville 73s pay a visit.

With just two practices left this week to fine tune their roster the Hawks will cut their lineup down this week. Three players will be missing for the season opener. Jesse Pulfer and John Hamel got three games each for drawing match penalties against the Jets. Dan Adams will sit for one game for a high stick major penalty in Saturday's 8-4 loss.

Metcalfe will play some more exhibition encounters and then hit the road to open the regular season due to the annual Metcalfe Fair taking over the arena.

The Jets opened the first Rowan Cup series in impressive fashion Friday night getting goals from 10 different shooters in a 10-4 victory.

They wrapped up the shiny-new Rowan Cup cruising to an 8-4 win in game two Saturday. Their scoring versatility shone through again as eight men dented twine.



Opening faceoff

Jets' Jamie Fauteux, left, and Hawks' Robbie Raistrick, right, took the opening faceoff prior to Saturday's contest. Max Rowan performed the official duties. Press Photo—Van Bridger

YEAR ONE

Jets' hockey club past president Terry Holmes says he and the executive were pleased with the reception the Rowan Cup series received as over 400 turned out for the two-game set.

"We had thought of it (series) last year and thought of including Morrisburg (Lions) and Kemptville (73s) in a mini tournament. But with expenses the way they are we didn't want to lose money either so we went with just the two teams this year," Holmes explained.

Jets' president John Service expressed satisfaction with the response saying, "it gives us something to build on. I have heard many positive comments and there was some reminiscing about former meetings of the two teams."

"It was privilege to hold this event in Joe's honor. He was a great supporter of the Jets but he never failed to give deserving praise to the Hawks," Service added.

The Metcalfe Junior "B" club presented the exhibition competition between the two old rivals in memory of the late Joe Rowan who being a staunch Jets' supported treasured the days when the Jets and Hawks met on a regular basis.

"Joe (Rowan) loved it when the Hawks and Jets played in the same division," Holmes added.

Rowan's son Max performed the official faceoffs for both games while his widow, Lillian and son Marty presented the trophy to Jets' captain Darrell Warren and team president John Servic following Saturday's 8-4 victory.

Lillian Rowan explained she had wanted to present a team trophy to the Jets in her husband's honor but the hockey club suggested an award for this pre-season tournament.

"I'm happy to see a good crowd out for the games. I think this is a wonderful idea. Joe would have liked to see them (Hawks and Jets) play each other again," Mrs. Rowan said.

GAME ONE

Jets were in a game situation for the second time this preseason and displayed some zip moving the puck out of their zone and into scoring position.

Metcalfe led 4-1 after a period and 8-2 after 40 minutes en route to a 10-4 win.

The wild and woolly affair saw the Hawks whistled for 28 (two five minute majors, a match and four game misconducts) penalties. The Jets were tagged for 26 infractions including two game misconducts and a five-minute major.

Winchester used Dale Wilson, Jessica Audet and Denis Desormeaux in net while the Jets tested Chris Land and returnee Pat Viau.

Jeff Hay, Corey Baldwin, Darrell Wilson, Darrell Warren, John Wojick, Denis Viau, Kevin Breton, Jamie Fauteux, Scott Roberts and Kevin Regalbuto all had a goal and one assist for the Jets. Wes Glover scored once while Kevin Collins, Geoff Ross and Josh McCready drew assists.

John Hamel, Kirk Tallman, Jason Desormeaux and Anthony Mann scored for the Hawks. Jesse Pulfer (2), Derek Holmes, Clint Holmes and Derek Brannan collected assists.

GAME TWO

Metcalfe's varied scoring attack produced eight goals from eight different players in an 8-4 win.

Kevin Breton, Dennis Dalgleish, Denis Viau, Mike Stants, Kevin Regalbuto, Darrell Warren, Dan Osbourne and Stephane Collette each banged in a goal.

Breton (2), Warren (2), Jeff Hay (2), Sean Atwill, John Wojick, Wes Glover, Geoff Ross, Osborne, Regalbuto, Stants and Denis Viau picked up the assists.

Dave Darling and Pat Viau shared the goaltending duties.

On the Winchester side of the score sheet it was former Morrisburg Lion defenceman Derek Holmes leading the way with a pair. Jesse Pulfer and 15- year-old Robbie Raistrick scored the others.

Kirk Tallman (2), Derek Brannan (2), Sean Murphy, Dan Adams, Phillip Brisebois and Pat Collins set up the goals.

Dale Wilson, Ozzie Osman and Rob Leathem each played a period in the Hawks' cage.

Hawks took 17 and the Jets 18 penalties. Winchester took a match, a five-minute major and three game misconduct penalties. Metcalfe had four game and one five-minute major penalty included in their total.

Winchester defenceman signs, coach likes Holmes' attitude

NAVAN—One might wonder at a general manager drafting a hockey player recently recovered from a broken leg.

Some may say that the goods were damaged and the draft selection wasted.

Not so says Cumberland Grad GM/coach Doug Ogglesby.

"We couldn't be happier with Andrew Holmes," he told the Press last Friday after signing the 17- year-old defenceman earlier in the week.

"He has done very well. We weren't concerned, not at all. We spoke to him prior to the draft (Central Junior "A" Hockey League) and were aware of his injury."

"He (Holmes) told us about his recovery and the fact he would need another operation to remove the pins early in the summer. He also told us he would be ready to play."

Ogglesby, entering his third year (second full season) as the Cumberland head coach and general manager, reports the Grade 12 student from North Dundas District High School certainly has not looked out of place during exhibition play and at this point will play a regular shift on the blueline.

Holmes, playing with the Winchester Hawks last season, suffered a severe break to his leg during a regular season game against Char-Lan in December and missed the rest of the EOJBHL season.

But his recovery has been right on schedule.

"My leg has been 100% so far," Holmes said.

He says he is feeling no ill effects from his injury and is excited about signing with the Grads.

"I think I'm doing pretty good. It's good hockey...a lot faster than Junior "B" but the hitting is about the same," he added.



Andrew Holmes

"Andrew is not a big defenceman by any means but what he does so well is read the play. He has very good hockey sense so he doesn't have to get involved in the heavy going," the coach explained.

"He is an offensive defenceman, lacks a little in experience of course but he has such a great attitude. I really like his attitude...he wants to learn."

Holmes' offensive game could earn him a spot on the Grads' powerplay.

Cumberland's number one wheelman on the powerplay has a separated shoulder and Ogglesby says he and his staff have considered putting the rookie on the point in extra-man situations.

"Andrew is number two on our offensive defenceman chart so we may use him there."

The coach says a regular shift is definitely in the plans and possibly work on the powerplay but penalty killing is out for Holmes.

"We will use our older, bigger guys when playing a man short."

With the support of his new coach behind him Andrew Holmes is about to embark on his Jr. "A" career.

His father Bryan says he couldn't be happier for his son and says playing in Navan makes it easier for the entire famliy.

"Home games and practices in Navan mean only a 40 minute drive. Andrew can stay at home and go to school at North Dundas. That (situation) is as good as any."

Holmes is finishing his Grade 12 studies and working on a couple of OAC credits at North Dundas this year but says in spite of playing or practicing hockey almost every night of the week he can cope with the work load.

He also says he is happy with his choice to play in the CJHL, "I think there are more opportunities for scholarships."

One more thing the rookie defenceman likes is the fact he is wearing his favourite sweater number, 7, the one he wore as a Junior "B" player last winter.

Hogaboam leads Deuces to title

OSGOODE—Veteran catcher Bill Hogaboam let his bat do the talking as he led the Osgoode Deuces to their second consecutive Osgoode Fastball League championship.

The Winchester native hit three for four here last Tuesday as the Deuces dealt the Kars Aces a losing 10-5 hand in the fourth and final game of the best-of-five final.

Over the four games Hogaboam pounded out two home runs, a triple and drove in five runs. He scored eight runs and hit an eight for 12 clip.

"We just had too much hitting for them (Kars)," Hogaboam offered.

The stats back him up. In four games the veteran Deuces lineup combined for 41 hits (over 10 per game) and scored 28 runs.

Dan Hogaboam, Osgoode's starting pitcher in game four, left in the sixth inning with an 8-1 lead. Greg McLaren came on and finished up.

"We should have won easier. Up 8-1 we made some mental mistakes and let them (Kars) back in the game. But it is still great to win," the left- handed hurler said.

Osgoode captured the regular season pennant with a 15-3-2 record. They drew a first-round bye and then eliminated Pride in three games.

The Deuces opened the final round posting a 5-0 victory. Kars took game two 7-6 but the Deuces took control with a 7-1 win in game three. Tuesday's 10-5 decision locked up the championship.

FINAL GAME

Lead-off man Jeff Johnston put the Deuces on the board in the first inning of game four beating out an infield error. Bill Hogaboam delivered the run with an RBI single.

Osgoode went up 3-0 in the third. Jeff Johnston reached on a single but was erased (1-6) on Reg Hyndman's fielder's choice grounder. Dave Guy singled in Hyndman and scored on an error for run number three.

Inning number five was a big one for the soon-to- be crowned champs. Jeff Johnston started it once more with a single (he had seven hits in the three games he played). Dave Guy cashed in the run with an RBI single. Bill Hogaboam hit a follow-up single. Pete Holmes hit into a fielder's choice as did Dean Holmes but an error allowed Guy and Hogaboam to make it 6-0. Steve Quinn's fielder's choice scored Pete Holmes for a 7-0 cushion.

Steve (Pee Wee) Quinn walked in the sixth and scored on Bill Hogaboam's second RBI single to make it 8-0.

Three seventh-inning singles and two more runs ran the Deuces' final total to 10. Dean Holmes and Steve Quinn singled and Greg McLaren singled and scored Holmes. Reg Hyndman's RBI single cashed in McLaren.

Kars scored three times in the bottom of the sixth and twice in the seventh but came away with half enough runs, losing 10-5.

Chris Williams and Derek Byrd each crossed the plate twice for the Aces. Park Anderson added the other run.

Brian Stevenson and Anderson each had two hits for Kars. Mike Malloy, Derek Byrd and Steven Robinson had the others.

Derek Byrd and Kevin Daly formed the Aces' battery. They were tagged for 10 runs on 12 hits, two walks and four errors. Byrd struck out five Deuces.

Dan Hogaboam and Bill Hogaboam worked the first six and two-third innings for the Deuces giving up three runs on four hits, two walks and four strikeouts. Greg McLaren worked and inning an a third serving up two runs on three hits, one error and two strikeouts.

Jeff Johnston scored twice for the Deuces and hit three for four. Dave Guy scored twice and hit two for four and drove in two runs. Bill Hogaboam crossed the plate once, had two hits and two RBI. Reg Hyndman scored a run and drove in another.

Dean Holmes, Steve Quinn, Wayne Hughes, Steve "Pee Wee" Quinn and Greg McLaren (RBI) stroked the other hits.

CHAMPION ROSTER

Members of the 1993 OFL champion Osgoode Deuces are Jeff Johnston, Reg Hyndman, Dave Guy, Bill Hogaboam, Peter Holmes, Dean Holmes, Steve Quinn, Wayne Hughes, Steve "Pee Wee" Quinn, Richard Corlyon, Dan Hogaboam and Greg McLaren.

Jr. B hockey preview

Char-Lan Rebels ink scoring punch

WILLIAMSTOWN—They have the ingredients to build a potent scoring machine and the Char-Lan Rebels proved last season they are in the hunt for the St. Lawrence Division pennant.

"I really like the way things are falling into place reported second-year general manager Lynd McDonald.

"The way we had three forwards (Pete St. Jean, Denis St. Jean and Marc Bellemare) come back, three defencemen and then goalie Brett Thompson coming back is great. But if the attitude isn't right and the players don't gel then it doesn't matter who we have signed."

Char-Lan finished second to the Morrisburg Lions last time out and posted a 26-16-0 record. They pumped in 313 goals and surrendered 228 and two- thirds of their most deadly forward combination is back.

Denis St. Jean returns as an over age player and the 5'11", 190-pound forward scored 118 points (47 goals, 71 assists) last year.

Marc Bellemare returns with St. Jean and he only managed to score 114 points in 29 games in '92-93.

Only Cory Maxam (48 goals, 88 assists, 136 points) who set team scoring records isn't back in the fold. He is still with the Cornwall Jr. "A" Colts.

But Maxam's spot will be filled by Pete St. Jean who returns home after a year of Tier II hockey in northern Ontario.

Another local product, Martintown's Robbie Curran is back in the fold after two years in the Central Jr. "A" League with Massena and Nepean.

Char-Lan also has fifth-year man Bobby Bowles back on the blueline. He collected 27 points in 40 games last year and was named a second-team all- star.

Chris Petry and Daniel Methot also return on the point. Rookie Dan Carriere, Dave McDonald and Paul Rozon are expected to be the other defenders.

Terry O'Farrell, Dan Desjardins, Ray Jock, Adam Morris, Cory Payment and Chad Duguay should also stick.

Between the pipes Brett Thompson sparkled last year and after a tryout in Cornwall.

Trevor McMillan has hooked up with a Junior "B" team in Elmira so theother goaltending spot could go to Andrew Fourney who was with the Brockville Braves.

"It's the second year for myself as GM. Last year was a learning experience," McDonald stated.

"It also the second year for both coaches... Phil Brown and Jeff Carter... so things are going a little bit easier this time around."

McDonald says his aim is to cut the goals against down, noting that aspect of the game hurt his club last year.

"We hope to be competitive and keep as many local players as possible. That's good for the fans."

The Char-Lan Rebels open their 1993-94 EOJBHL campaign this Friday night (Sept. 24) in Alexandria against the Glens. Their first home game is set for Saturday night (Sept. 25) when the defending champion Morrisburg Lions pay a 7:45pm visit.



The Hallville Trojans pulled off a one-run victory to become the Winchester Lob Ball League's 1993 "B" Pool champions. Front, left, Bill Lillico, Darren Coleman, Laurie Windover, Gary Milne. Back, left, Mike Patrick, Phil Douglas, Eric Winter, Reg Wylie, Terry Richardson, John Patterson, Ed Puddephatt.

Press Photo—Van Bridger

Douglas, Richardson race to title

WINCHESTER—A dramatic two-run explosion in the bottom of the seventh inning made champions of the Hallville Trojans.

Phil Douglas and Terry Richardson raced home on a slow roller down the first-base line to bring the Trojans back from a 7-6 deficit as they nipped the Shoneroy Splinters 8-7 in the third and final game of the 1993 Winchester Lob Ball League "B" Pool championship series.

Shoneroy forced a third game by pounding out a 29- 13 victory in game two. Pete Schoones belted a pair while Chuck Verhoeven and Rick Grisel belted solo homers for the Splinters.

Eric Winters launched two shots and Darren Coleman belted one dinger in a losing cause.

The third and final game was a closely contested affair with the scoring opening in the second inning. Neal Bartholomew and Mark Levere put the Splinters on the borad but Eric Winter, Mike Patrick, John Patterson and Laurie Windover made it 4-2 for the Trojans in the bottom of the frame.

Glenn Petersen closed the gap to 4-3 in the third. Runs by Neil Kittle, Wally Vandekemp and Brian Koekkoek pushed Shoneroy into a 6-4 lead in the fourth.

Bill Lillico and Phil Douglas scored on a Darren Coleman smash in the fifth and it was tied up 6-6.

Wally Vandekemp snapped the tie scoring in the top of the sixth as Shoneroy took a 7-6 lead they held until Douglas and Richardson scored in Hallvile's final at bat.

Skipper predicts Glens to be contender

ALEXANDRIA—They managed just 10 victories and 20 points in 42 games last year but the Alexandria Glens as a team are looking forward to the 1993-94 EOJBHL season.

Coach Robert Boisvenue, who appeared on the Glens' bench as a co-coach with Luc Sabourin 10 games into last season, is in charge this time around and he is enthusiatic about his team's chances.

"We have had a very good camp. There were 60 kids out. We have six or seven vets, some good looking rookies and both goalies (Paul Seguin and J.F. Boyer) back. Plus two good looking rookie goalies out so I think we are going to be Okay in nets."

Boisvenue says his team gave up too many goals and far too many shots last year.

The Glens scored 194 and surrendered 329 goals, last in both categories among the five St. Lawrence Division squads.

"We should have three good scoring lines, including Pascal Joanette, Martin Boisvenue and Randy Gebbie," the coach explained.

The team's leading scorer last year, Serge Bellefeuille, is gone through graduation.

"I have also signed Carl Bougie who played two years with the Hawkesbury (Jr. "A") Hawks. Rick Latreille and Pat Cadieux are also with us," he added.



Boisvenue also says he has been impressed with defenceman David Muree who played with the North Stormont Jr. "C" Express last year after being cut from the Char-Lan Rebels camp.

The coach reported he was also expecting former Morrisburg Lions' forward Craig Villeneuve to suit up.

The Lions had four over-age players and Villeneuve was one of them.

"If Craig comes with us he will be our only over-age player (at this time)," Boisvenue said.

Following last year's disastrous campaign the Glens' executive was restructured and some familiar faces returned to guide the Alexandria franchise.

Archie Stewart took over as general manager and former secetary-treasurer. Leo Poirier moved into the president's chair.

Claude Gallant is Boisvenue's lone assistant on the bench.

"We are looking forward to the year. I ran the camp as scrimmages and then exhibition games. We wanted to see what we had (in talent) and we were pleased and are optimistic.

"We can't go any lower than we did last year. We are going to improve and, I think have a very competitive team," Boisvenue stated.

The Alexandria Glens begin their 1993-94 EOJBHL season with a home game against the Char-Lan Rebels (8:30pm) this Friday, Sept. 24.

Kemptville rebuilding with young recruits

KEMPTVILLE—General manager Kevin Graham says he can't call the 1993-94 EOJBHL season anything else but a rebuilding year.

"What else can we call it? We have eight guys back out of 19. We have just enough to start the season...14," he explained.

The fourth-year GM says the season hasn't begun on a high note.

Lack of ice time led to no exhibition games for the 73s, who finished fourth in the St. Lawrence Division (21-21-0) last year and lost out to the Morrisburg Lions in the opening round of the play- offs.

"We couldn't promise anyone ice for an exhibition game. And when we got the icetime no one would play us. We had to book training camp time in Osgoode," he explained.

But lack of practice time was just the beginning of the Kemptville team's troubles.

A car accident involving Sean Audet, Brent Rodgers, Trevor Mikus and Shawn Forbes left the playing status of those four skaters in doubt.

Graham says all have recovered now but Sean Audet, one of the teams candidates for the two overage spots is still waiting for medical permission to play.

The 73s also have brought in a new coach, Bill Holmes, who replaces Lyndsay Selleck.

Holmes is living in Kemptville now, works in Ottawa and a native of Napanee who played junior hockey in Kingston.

The club's two graduating players are Dan Vajcovec (leading scorer 39 goals and 83 points) and Chris Williams.

The 73s have a choice to make this season with former Winchester Hawks' forward Dennis Dodd, captain Trevor Mikus and defensive stalward Sean Audet.

"If Sean (Audet) is healthy and we need a defenceman he will be one of the over age players.

Kemptville's list of returnees include goalie Dominic Cuglietia, Jeff Hyndman, Hal Thompson, Dan Bottiglia, Shawn Forbes, Trevor Mikus, Brent Rodger, Audet and Dennis Dodd.

Coach and GM agree that the team will be very young and speedy with the insertion of several 16 and 17 year-olds.

On opening weekend Kemptville will be in Winchester on Friday (Sept. 24) and Sunday will host the Alexandria Glens on Sunday (Sept. 26). Game time is 2:30pm.

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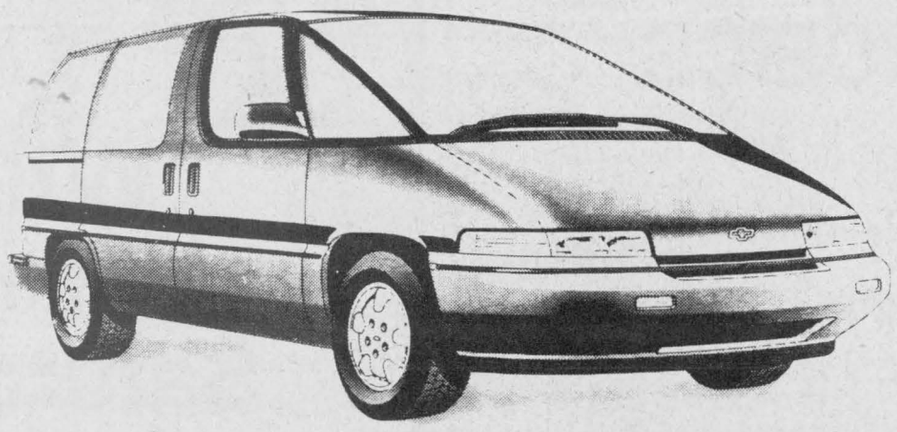



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Leroux hot in Express pre-season

MAXVILLE—It may have been the second practice of the young hockey season, but you wouldn't have known it watching Chris Leroux.

The North Stormont Express captain last season, on skates for only the second time in almost five months, was in peak form at the Maxville Sports Complex Sunday night.

Leroux, who scored three goals and set up two more in an intra-squad game between the red and white jerseys, set the tempo for the 35 players trying to crack the Eastern Ontario Junior "C" Hockey League team's roster.

"He looks good out there," said head coach Peter DeRooy, sitting in the stands taking notes as the players buzzed around below him at a frenzied pace. "He doesn't look like this is only his second time on skates."

DeRooy opened camp in Williamstown Thursday night with almost 50 players and trimmed the roster by 10 after the first night. But between then and Sunday, he contacted 10 more players interested in jobs and they are expected to be on the ice when the team holds its third practice Wednesday in Finch.

"I'm quite happy, we've got a good turnout," DeRooy said. "There's some good young kids out there. It's a 100 per cent improvement over last year."

Though most of the players are still re- conditioning their game legs, and the passing at times was very tentative, there was no shortage of solid open-ice hits as players tried to leave their mark.

Only nine veterans have returned from last season and three are overagers. Bob MacLeod, Jeff MacLean and goaltender Martin St. Denis are battling with newcomer John Grady for one of three positions. The EOJCHL allows each team to carry four overagers but DeRooy, who has tried to get that number reduced to two, is likely to only keep three.

St. Denis, who earned the number one job last year, is in a tough fight with at least four young goalies, including Matt Fenton, Andrew Roy, North Glen Stor's Todd Brownlee and Eric Simmoneau. And all ready Simmoneau, who recently moved from Quebec to Cornwall, has caught the eye of the coaches.

MacLean, a former Alexandria Glen who joined the Express midway through 1992-93, is an explosive offensive player who has had his share of penalty troubles. He served a three-game suspension late in the season for a stick-swinging incident.

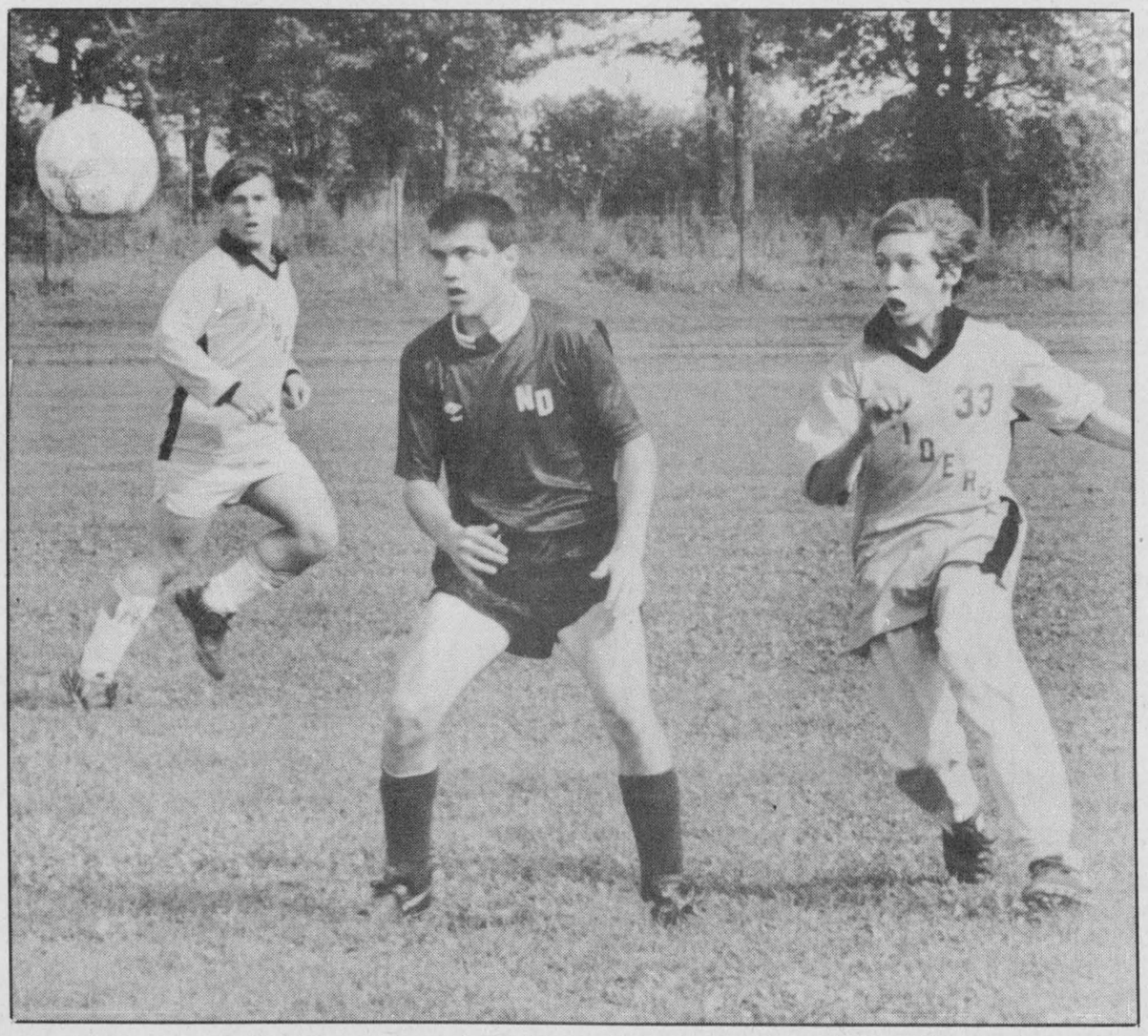
Grady, a Berwick resident, is high on DeRooy's list. On a line with Leroux and rookie Roch Gariau of Alexandria, Grady scored once and set up a pair.

Leroux, who spent much of last season on the blueline, will move back to centre where he is always a threat. Due to the shortage of defencemen last year, coach Kirk Anderson had little choice but to shuffle him.

"We shouldn't have to do that this year," DeRooy said. "I think we can afford to let someone else play defence. But it's nice to know we can use him on the point in powerplay situations." DeRooy was also impressed with Long Sault rookie Adam Bourbonnais and former NGS midget player Julien Benoit.

However, North Stormont lost veteran Dave Muree to the Alexandria Glens. The junior "B" team signed him last week.

The Express have made a few changes to the exhibition schedule. They will meet the Russell Lions in a two-game series this weekend, Saturday at the Finch Arena (7 p.m.) and Sunday in Maxville (8 p.m.).



Eye ball

North Dundas forward Murray Link concentrated on scoring and came up with four goals in Monday's SD&G Junior Boys Soccer League victory over the CCVS Raiders. The Devils posted a 4-1 win.

Press Photo—Van Bridger

Link leads Devils to 4-1 win

MAPLE RIDGE—Track star Murray Link ran away from the CCVS back line here Monday and scored four times as the North Dundas Devils launched their 1993 SD&G Junior boys soccer season with a 4-1 victory.

"It looks like the boys are ready to play. They ran hard today," offered NDDHS coach Phil Plumb following a satisfying opening day.

North Dundas' senior Devils weren't able to begin their campaign because the CCVS Senior Raiders aren't able to field a team this year.

Both Junior and Senior Devils are in action tomorrow, Thurs., Sept. 23, at Char-Lan District High in Williamstown.

Link, preparing for the upcoming SD&G cross country season, used his speed to break free and open the game mid way in the first half. Center -half Kevin McConell looped a perfect breaking pass from the Devils' side of center and Link picked up the ball and raced in to score.

Link missed two earlier scoring opportunities which could have given North Dundas a much larger lead. First he was robbed on a point blank drive by the Raider keeper and then blasted a rising kick off of the crossbar.

Link made it 2-nil just before the half converting a CCVS turn over in the top of the 18 yard box in a goal.

North Dundas led 2-nil at the half.

CCVS applied pressure throughout the second half only to be thwarted by the Devils' lanky keeper Dave Dauphinee.

Link made the most on one of the few Devils' chances when he tapped in a nifty cross from Craig Smith and opened up a 3-0 lead.

Goal number four came about when Link out-ran the CCVS full backs to the ball and drilled home a low shot to make it 4-0.

Steve Wyman gave the Devils a 5-nil cushion when he scored on Kevin McConnell's penalty kick only to have the goal called back on an obstruction call.

The Raiders finally broke Dauphinee's goose egg scoring from a scramble in the final three minutes of play.

Belanger tops field

WILLIAMSBURG—Brinston golfer Shirley Belanger fired the low gross score (46) here on Sept. 8 and led the "A" flight to the club house during Ladies' Night.

Williamsburg's Brenda Waddell was the low "A" class net golfer with a 34.5.

Lisa McNairn paced the "B" field with a gross score of 50. Lori Cook of Chesterville finished one stroke back at 51. Shirley Munro carded the low net number, 33.

Carolyn Clement fired a 53 for the "C" class prize. Gabs Van Embden was second with 58. Jackie Boulanger's 34.5 was best net score.

Best scores in "D" class were turned in by Elka Brown (56) and Jackie Graafland.

Marie Beckstead took the low putt prize with 14 and Donna Williams knocked out the longest drive.

MEN'S NIGHT

Lindsay Weegar toured the layout in 37 strokes and grabbed top spot on the (Sept. 9) Men's Night leader board.

Ed Ryan came in one back at 38 while Don McMillan (31) and Francis Barkley. (34) had the best net scores.

Gary Munro of Winchester was the "B" class low gross winner with his 37. Neville Vincent was three off the pace at 40 (back holes). Bruce Whitteker (31) and Gord McMillan (32) had the top low net numbers.

Harry Lalonde (42) and Hugh Blaine (44) posted the winning gross scores in "C" class. Graham Little fired a 31 and Moe Villeneuve a 31.5 for the best net scores.

Bud Craik was the low gross winner in "D" class recording a 50. Jack Faulkner was number two with a 57. Andy Hamel had a net of 33 and Jamie Whitteker a 39.

George Bloom dropped a shot which was closest to the pin and Jeff Byvelds blasted out the longest drive.

MIXED TWO BALL

The combination of Carolyn Clement and Lindsay Weegar was a winning one in the Sept. 12 Cedar Glen mixed two ball event.

Clement/Weegar combined for a 45 and the top prize.

Dean and Elaine McIntosh had a second low gross of 48 while Rick and Tracey Morrow finished third with a 49 (on back holes).

Gabs Van Embden and Hans Hutten posted a 52 and collected the hidden score prize.

Hidden hole awards went to Eric Beaulieu and Tracey Burns (high) as well as Bert and Norma McIntosh (low).

Glen and Rosemary Nevin were deemed the most honest team. Draw winners were Ted and B. Girrard, Mitch and Lori Hutt as well as Oscar and Muriel Milne.

The next mixed two-ball event is set for Sun., Sept. 26.

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11am - Best Decorated & Largest Pumpkin (at Whitteker's Meat Market); **Best Bike & Trike** (at the United Church)
11:30am - The Biggest Zucchini & Potato (at the Victorian Gift Shop) **& Tallest Corn** (at the Williamsburg Garage)

CONTESTS AT THE PARK

9:30am - Children's Pet Contest, *sponsored by JO-DA's Cattery*
10am - Best Decorated Garden Basket, *sponsored by Back Porch Antiques*
11am - Best Decorated Wheel Barrow, *sponsored by the Williamsburg Community Association*

11am-2pm - BBQ Special at St. Peter's Lutheran Church; Oktoberfest Sausages & Sauerkraut, hot dogs and drinks
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11am-4:30pm - The Recreation Booth at the park offers... hot dogs, snacks, cold drinks and coffee
The Village Antiques & Tea Room will also be open

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11am-4pm - Displays Under "The Big Top" (tent)
1:30pm - "Lumberman's Competition" - *presented by Eastern Engines*
2:30pm - Demonstration of Square Dance & Line Dance
3pm - Fire Department Demonstrations
2-4pm - GAMES

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8pm - Dance - Music by "Rockabilly Boys". Prize for old-fashioned and hillbilly costume at dance.
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Mountaineers lose 2-0 in broomball opener

WINCHESTER—The Mountaineers made their debut in the Winchester District broomball League a competitive one but wound up on the short end of a 2-0 score.

The Toyes Hill Roadrunners, 1992-93 "B" Pool champs, handed the Mountaineers a 2-0 setback, thanks to a pair of first-half markers and some stellar netminding by Ted Hudson.

Brian Melenhorst netted the winning goal on a feed from Ted Bongers at 17:47 of the first half. Darren Nurse added the insurance goal scoring from Bongers and Felix Von Gunten at 10:49 of the same half.

The second half was scoreless as the short-handed Mountainteers (six runners) ran out of gas.

TICK 2 - ROAD 1

In game two on opening night the Manotick Merchants edged the Prescott Road Knights 2-1.

Bert Ruiter deflected in a drive from Rick Curseton and Tim Groniger to put the 'Tick up 1-0 at 17:10 of the first half.

Dan Quinn made it 2-0 with help from Mark Smiley at 15:04 of the second half. Prescott Road finally ruined Chris McEvoy's perfect game when Jim Fling scored from Glenn Petersen and Dave Petersen with just 0:11 left in the game.

Bruce Morris tended the Knights' net.

VIKINGS 8 - TON 0

The Newington Knights had a full bench and some fine young talent on hand for their match with the Morewood Vikings but it still wasn't enough.

Morewood posted an impressive 8-0 victory.

Don Dashney posted the zero while Brian Como sparked the offence with three goals and one assist.

Chris Bilmer had two goals and one assist. Dave Bilmer dented the twine twice. Gerald Eby had a goal and one helper. Adrian Henry (2), John Stewart (2), Steve Cooper and Bart Heagle picked up the assists.

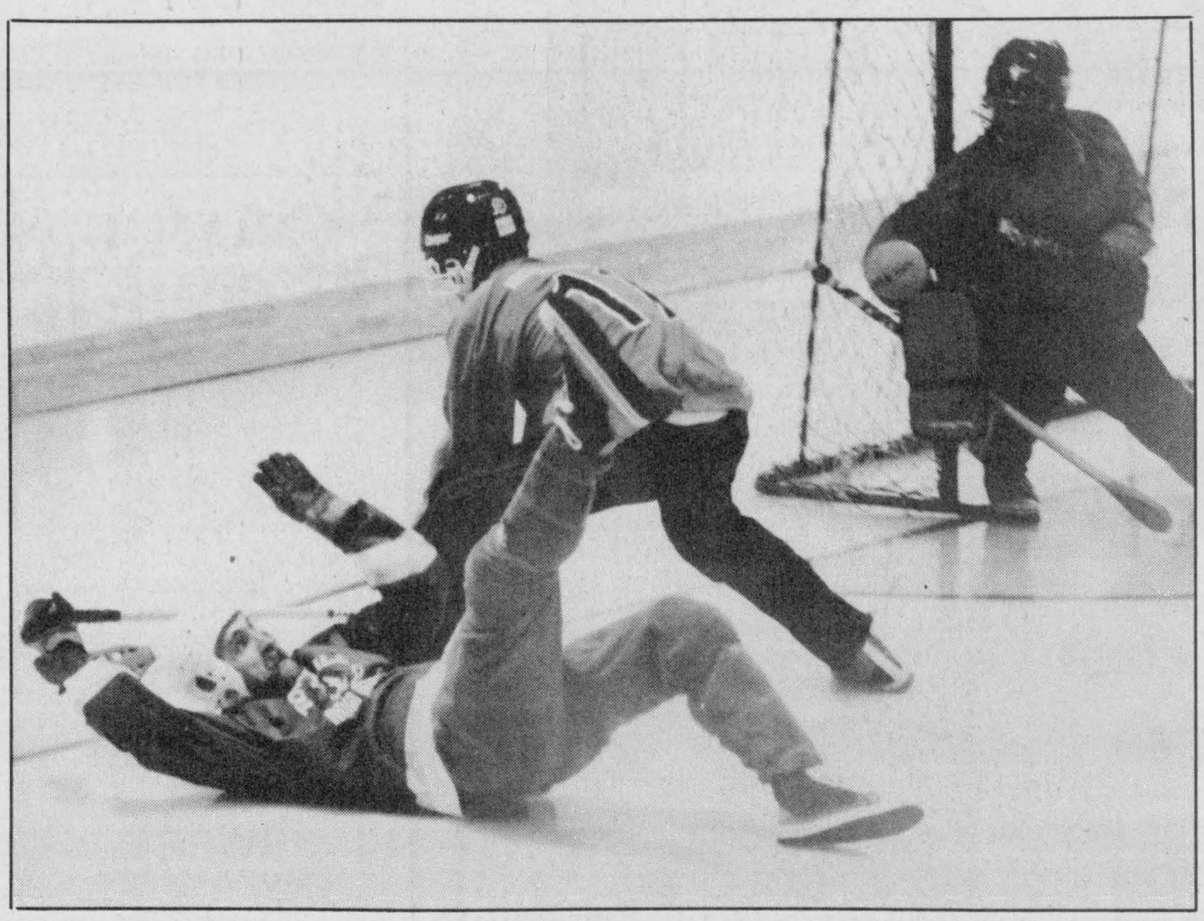
ORMOND 5 - RAIDERS 0

Ben Melenhorst posted the shutout as the Ormond Cloverdales blanked the Winchester Raiders 5-0.

Ormond did all of their scoring in the second half as Doug Sloan, Paul Downey, Jamie Nolan (with two) and Paul Downey (with his second) scored in that order.

Sloan, Nolan and Downey also drew an assist each.

Sloan scored the winner at 23:00 of the second stanza.



Taking a spin

Felix Von Gunten got a good look at the ceiling of the Winchester and District Arena during Sunday's match with the Mountaineers. Toyes Hill blanked the WDBL's newest team 2-0.

Perfect night at plate, Beckstead leads Selects

WINCHESTER—Garry Beckstead went five for five (including a pair of solo homers) and scored five times here Monday evening. His perfect night at the plate sparked the Chesterville Selects to an impressive 18-6 win over the Hansma Old Boys.

The win gives the defending Winchester Lob Ball League "A" Pool champs a 1-0 lead in the 1993 best of three final set.

Game two of the final is set for tonight, Wed., Sept. 22 at 8:00pm.

Chesterville, 1993 pennant winners, need an extra game to qualify for this year's championship round after the round robin series only eliminated the Morewood Vikings.

Hansma, Chesterville and the Legion 108 Royals all finished at 1-1-1. Morewood didn't win a game and was eliminated. Going to a tie breaking formula Hansma was ranked at plus four. Chesterville was minus one and Legion plus one thus Hansma drew a bye to the final and Chesterville and Legion were forced to play a one-game tie breaker.

Chesterville moved to the title round by blanking the Legion 8-0 last Wednesday.

Greg Beckstead and Pat Imrie each scored twice in that win. Neil Beckstead, Shawn Beckstead, Shawn Chambers and Dale Beckstead added the other runs. Neil "Smiley" Beckstead pitched the shutout.

OPENING GAME

It was all Chesterville here in Monday's opener as they allowed one run by Garth Hansma in the third and five more (by Wayne Hunter, Tony Wouters, Greg Erwin and Steve Thompson) in the fourth enroute to an 18-6 victory and a one game to nothing lead in the best of three final.

Garry Beckstead (2), Shawn Beckstead, Greg Beckstead and Neil Beckstead all smacked dingers off of Hansma hurler Wayne Hunter.

Hunter has been forced on to the mound following a serious hand injury to the Old Boys regular pitcher Ken "the Finger" Wrightson.

Garry Beckstead (5), Neil Beckstead (4), Greg Beckstead (2), Pat Imrie (2), Shawn Beckstead (2), Shawn Chambers, Donnie Imrie and Mike Hoogeveen scored the Chesterville runs.

Berwick takes first title

BERWICK—Call it the mini-Fall Classic.

With the temperature hovering somewhere just above the freezing mark, the air cold enough to see your breath, the Berwick Hotel Blues staged a nine-run rally to win their first fastball championship Thursday night.

Steve McRae's two-run double in the bottom of the fifth inning lifted the Berwick Hotel Blues to a 9-4 win over Heagle Plumbing in Game 4 of the best-of-five final.

The Blues won the North Stormont Intermediate Fastball League championship series 3-1.

With Berwick trailing 3-0, and runners at second and third, McRae lined the first pitch he saw into centre field, scoring Roch Benoit and Edwin Rutley to push the Blues ahead 4-3.

Berwick added five more in the sixth and then held Heagle to one run in the seventh to capture its first NSIFL title.

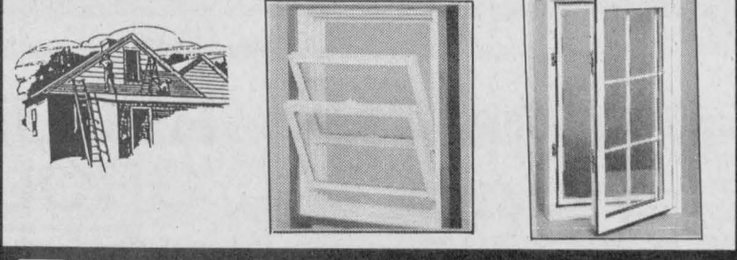
CTHL sign up

CHESTERVILLE—The Chesterville Town Hockey League is holding its registration Tuesday, Sept. 28, at the Chesterville Arena between 7:15 and 8 p.m.

The league will accept the first 56 players to be divided between four teams. The cost is $140 per player.

Check out our Fall Special on our Vinyl Windows and Vinyl Siding...

Siding | Double Hung Window | Casement Window



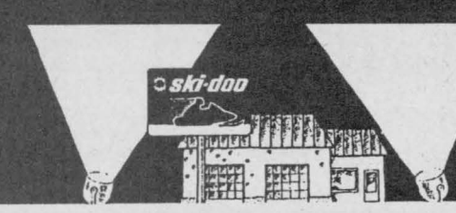
B & H Home Renovators

Brockville 342-9791 • Ottawa 593-8874

Announcing

The 1994 Ski-Doo Open House

SAT. SEPT. 25TH 8:30 a.m.til 5:00 p.m.



See Our Hottest Sled Lineup Ever!

Come to our Open House! See the exciting lineup of '94 Ski-Doo snowmobiles. Awesome musclesleds, plus sport-performance, cross-country, deep-powder, touring and sport-utility sleds. Every category is different. Every model is different. And one is engineered for the way you ride.

ski-doo. Engineered For The Way You Ride.

Hurry in for a free Ski-Doo video! Quantities are limited.

Free Coffee & Cake!

GRENVILLE SNOWMOBILE
RR#2, PRESCOTT,ONT.
AT MAYNARD
925-4477



FLAT WHITE LATEX (0001) After sale price $37.92 $18.96 3.78L

SEMI-GLOSS LATEX (7100) After sale price $41.92 $20.96 3.78L

SAVE 56%

PAINTER'S CHOICE CEILING WHITE LATEX After sale price $28.92 $12.72 3.78L

CANADA'S BEST PAINT & WALLPAPER VALUE "We Guarantee It!"

IF YOU: are not satisfied with our product quality we'll replace the product or give you a refund; find a lower price within 30 days we'll refund the difference; are dissatisfied with our service we'll send you a voucher equal to 10% of your purchase. See in-store for complete details.

Sale effective Sept. 8 to Oct. 19, 1993. Not all items available at all stores.

WINCHESTER HARDWARE and Radio Shack
AUTHORIZED DEALER
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WARNING

Don't let strangers into your home!

Let the experts at Arthur Thom Electric install efficient safe natural gas appliances

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Hwy. 31, Williamsburg
535-2720

Skate with us!

CHESTERVILLE & DISTRICT SKATING CLUB
1993 - 1994 Season

REGISTRATION
Monday, September 27/93
Chesterville Arena
7:00 p.m. - 8:30 p.m.

FEE: $90.00 Per Child
* Late Registration Fee - $15.00

Season Begins: October 18/93 - March 28/94

Please have Health Card Number available Registration Night

SKATE EXCHANGE: Same night. Be sure to price skates ahead of time.

COACHES
Michelle Casselman ▪ Nathalie Brazeau

For more information, please call:
Cathy Hunt at 448-2073 (Evenings)

Canadian Figure Skating Association

Bruce R. Kerr
Insurance & Investments



GICs

1 year	4 years
4.8%	6.25%
5 years	LIFE AND DISABILITY INSURANCE
6.625%	

NO LOAD MUTUAL FUNDS
Some minimums may apply. Rates subject to change.
456 Main St. E., Winchester
Telephone 774-2456

Prices effective until Tuesday, Sept. 28, 1993. We reserve the right to limit quantities.

ANDY'S GROCERIES
TOP QUALITY MEAT AND PRODUCE

Main St., Winchester 774-2125
Store Hours: Monday to Friday 8:00am-9:00pm; Saturday 8:00am to 6:00pm; Sunday 11:00am to 5:00pm
Andy and Louise Hamel, Prop.
PLEASE CALL FOR DELIVERY

FROM OUR FRESH MEAT DEPARTMENT:

CHICKEN LEGS
Fresh, back attached, 1.29 kg
lb. .79

REGULAR GROUND BEEF
3.51 kg
lb. 1.59

OKTOBERFEST SAUSAGES
Schneiders, 500 g 3.49

PORK SHOULDER CHOPS
3.28 kg lb. 1.49

FRESH TURKEYS
3.23 kg lb. 1.69

PEAMEAL SLICED BACK BACON
8.80 kg lb. 3.99

SMOKED PICNIC
3.28 kg lb. 1.49

RIB EYE STEAK
Cut from Canada Grade A Beef, 15.49 kg lb. 6.99

PEPPERONI, SALAMI OR SUMMER SAUSAGE
Chub, 500 g 2.99

ALL-BEEF WIENERS
Swift Premium, or reg., 450 g 1.59

SHADOW BACON
500 g, each 1.69

WHOLE PORK LOINS
Cut to your specifications lb. 2.69

DELI & CHEESE:

COOKED HAM
Mary Miles, 1.99 lb.
100 g .44

MOCK CHICKEN
Tour Eiffel, 1.99 lb.
100 g .44

SCHNEIDER'S BOLOGNA
2.99 lb.
100 g .66

SCHNEIDER'S LOAVES
Popular meat loaves, 4.49 lb.
100 g .99

SUMMER SAUSAGE
Schneider's jumbo, 6.99 lb.
100 g 1.54

PEPPER HAM
3.99 lb.
100 g .88

FRESH FRUITS & VEGETABLES:

CAULI-FLOWER
Fresh, Ontario no. 1
ea. .89

LOBO APPLES
10 lb. bag
ea. 3.99

CARROTS
Canada no. 1, 10 lb. bag ea. 1.99

COOKING ONIONS
Product of Ontario, 10 lb. bag ea. 2.99

SWEET POTATOES
Product of U.S.A., no. 1, 1.52 kg lb. .69

BANANAS
86¢ kg lb. .39

RADISHES
Product of U.S.A., 16 oz. poly bag ea. .99

BARTLETT OR BOSC PEARS
Product of Ontario, 4 litre basket ea. 3.99

P.C. APPLE CIDER
3 litres ea. 3.99

BLUE GRAPES
Product of Ontario, 2 litre basket ea. 2.99

BULK PEANUTS IN SHELL
3.28 kg lb. 1.29

P.C. FIRELOGS
By the case ea. 9.99

SAVE MORE WITH OUR WIDE SELECTION OF CLUB PACKS - PRESIDENT'S CHOICE™ AND NO NAME™

CORN FLAKES CEREAL
Kellogg's, 695 g 2.99

AYLMER TOMATOES
Choice, 796 ml can .99

LEMON LAUNDRY DETERGENT
NoName™, 12 litre box 5.99

BATHROOM TISSUE
President's Choice™, GREEN, 24 rolls 5.99

BRAN FLAKES
Kellogg's, 1 kg box 4.99

TOMATO KETCHUP
President's Choice™, Club Pack, 2.84 litre 4.99

SNACKS & LUNCHES:

NEW **MOTT'S MEXICAN CLAMATO**
Extra-spicy, Mexican or reg. 1.36 litres 2.49

COUNTRY HARVEST CRACKERS
McCormick's, 250g 1.99

MAGIC MOMENTS PUDDINGS
4's 2.69

FRUIT ROLL-UPS
Assorted, 110 g 2.49

CORDON BLEU ASSORTED STEWS
680 g 1.99

ROWNTREE TREAT-SIZE BARS
12's 2.99

FALL BAKING NEEDS:

PINEAPPLES DEL MONTE
398 ml, additional quantities 89¢ with coupon .69

COUNTRY FAIR FLOUR
Enriched, white, 10 kg bag 4.99

DUNCAN HINES CAKE MIXES
500 g 1.79

HONEY GRAHAM CRUMBS
Mr. Christie, bonus pack, 600 g 2.49

ALLEN'S APPLE JUICE
1.36 litres .99

KRAFT DINNER
Macaroni and cheese, 225 g, additional quantities 3/1.74
3/.99 with coupon

DAIRY SPECIALS:

CHEESE SLICES
Kraft, 500 g, additional quantities, 3.49 2.99 with coupon

ORANGE OR GRAPEFRUIT JUICE
Old South, 1.89 litres 2.69

SOUR CREAM OR COTTAGE CHEESE
Sealtest, 500 g 1.99

FREEZER DEPT.:

ORANGE JUICE
Minute Maid, frozen, 355 ml .99

SARA LEE LAYER CAKE
Assorted, 369 g 1.29

PIZZA BUNDLES
Pillsbury, 170 g 1.69

HOSTESS POTATO CHIPS
220 g .99

BREAKFAST TIME:

FROSTED FLAKES
Kellogg's cereal, 525 g, additional quantities 3.24 2.49 with coupon

GROUND COFFEE
Nabob, 300 g 1.99

HOT CHOCOLATE
NoName™, 500 g 2.69

INSTANT COFFEE
NoName™, 200 g 2.99

PEANUT BUTTER SMOOTH ONLY
NoName™, 2 kg 4.99

SALADA TEA BAGS
Orange Pekoe, 80's 2.99

HOUSEHOLD NEEDS:

FACIAL TISSUES
Royale, 150's or 100 ultra .99

FLEECY FABRIC SOFTENER
Regular or spring-time, 3.6 litres 2.99

SPIC & SPAN ENVIRO REFILL
800 ml 3.49

PALMOLIVE LIQUID DETERGENT
950 ml 2.99

Save at Andy's — Save 20¢
selected varieties, in own juice
DEL MONTE PINEAPPLE
with coupon .69 — 14 oz. tin — Additional quantities 89¢
Limit one coupon per family purchase. Coupon valid until Sunday, Sept. 26, 1993 at Andy's only. MFR #7283

Save at Andy's — Save 75¢
MACARONI & CHEESE
KRAFT DINNER
with coupon 3/.99 — 225 g pkg. — Additional quantities 3/1.74
Limit one coupon per family purchase. Coupon valid until Sunday, Sept. 26, 1993 at Andy's only. MFR #7281

Save at Andy's — Save 50¢
selected varieties, process cheese, food thins or lights, 16's or 24's
KRAFT SINGLES
with coupon 2.99 — 500 g pkg. — Additional quantities 3.49
Limit one coupon per family purchase. Coupon valid until Sunday, Sept. 26, 1993 at Andy's only. MFR #7280

Save at Andy's — Save 75¢
cereal
KELLOGG'S FROSTED FLAKES
with coupon 2.49 — 525 g box — Additional quantities 3.24
Limit one coupon per family purchase. Coupon valid until Sunday, Sept. 26, 1993 at Andy's only. MFR #7282