# The Chesterville Record

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## Newsbriefs

### Gun amnesty ends soon

WINCHESTER—Members of the public have turned in two shotguns, one rifle, one handgun, a small quantity of ammunition and a box of blasting caps to OPP in Winchester for disposal under the gun amnesty program, said Winchester OPP Sgt. Jim Irvine. Irvine said six handgun owners have made requests to have their weapons registered. Through gun amnesty, unwanted and unregistered weapons can be turned over to police for disposal or registration without fear of charges. The program runs until the end of this month.

### Wise trial will begin February 1

OTTAWA—Morewood resident James Wise will stand trial Feb. 1 in Ottawa in connection with the toppling of a $4-million communications tower near Williamsburg in 1987, says lawyer Bruce Carr-Harris. The Supreme Court of Canada ruled under appeal last April that evidence obtained by police through the use of electronic locating devices could be admitted in court.

### Public invited to ND career week

CHESTERVILLE—Students at North Dundas District High School are exploring job opportunities this week during career week. On Thursday, Nov. 26, Seaway District High School principal Doug Murray, a member of the public school board's Vision 2000 committee, will be the keynote speaker from 12:40 to 1:10. Following the speech, students will attend several of 33 presentations on various careers, from engineering to agriculture. The public is welcome to these events. For more information, call Norma Sharkey at 448-2328.

### Licences will be good for five years

TORONTO—Ontario has extended the renewal period for driver's licences from three years to five, the Ministry of Transportation announced last week. The change goes into effect for drivers whose licences expire on or after Jan. 20, 1993, and will take seven years to affect all drivers. People with licences to drive tractor-trailers, buses, trucks and ambulances will still be required to have medical examinations every three years. And the annual fee remains unchanged at $10.

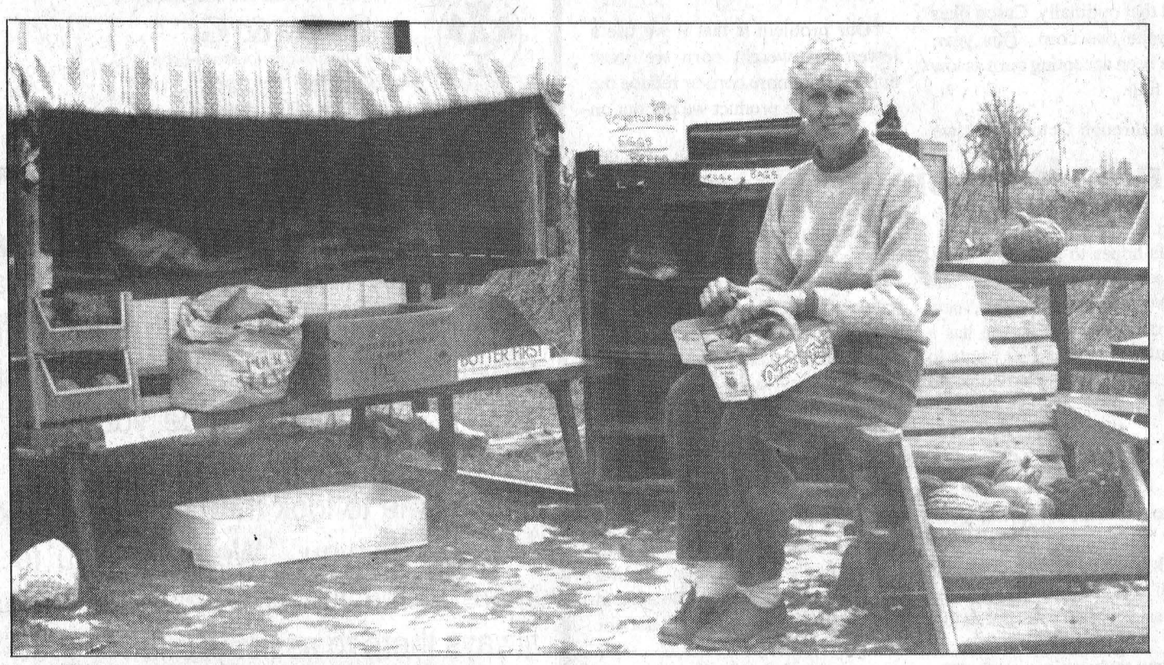
### Numbers to save for a snowy day

TORONTO—Ontario's Ministry of Transportation has set up information lines to provide travellers with up-to-date information on provincial and secondary highway conditions throughout the winter. The lines will operate 24 hours a day, seven days a week until Apr. 4, 1993. The number for the Cornwall area is 933-4012, and the toll- free number for the 613 area code region is 1-800- 267-0284 or 1-800-267-0285. For information on provincial roads and weather conditions in the Ottawa area, call 745-7040 (English) or 745-4166 (French).

### Merchants meeting

CHESTERVILLE— The Chesterville Merchants Association will meet Tuesday, Dec. 1, 7:30 p.m. at the Nelson LaPrade Centre. Everyone is welcome.

# Out from beneath the rubble



Lynn Edwards outside Dundela's House of Lazarus, where emergency food is always left outside for those who need it

## *New director breathes life back into Lazarus House*

**Elizabeth Moreau**
Record Staff

The day after the Matilda Resource Centre burned to the ground in a spectacular blaze, Lynn Edwards sat in her car, in the pouring rain, in front of the rubble.

She had barely been working at the Dundela centre, also known as the House of Lazarus, for a month when the former church burned Sept. 1. Everything was destroyed, including food and clothing that would have gone to the area's poor.

Edwards remembers watching the fire, hearing canned goods exploding inside and feeling helpless. And she recalls how local people, many of whom had spent time volunteering at the centre, stood and watched in horror.

"They were there that day and feeling badly because they had put a lot more hours and a lot more work and a lot more love into that building than I had," she said.

But Edwards returned the next day, determined not to let the centre's work be interrupted. Donations began coming from all over the United Counties and beyond. On the second day, Edwards needed a pick up truck to store all the items she was receiving. On the third day, she borrowed a camper.

"I thought, if I go then the House of Lazarus doesn't really exist," Edwards said in an interview last week. "And I didn't really want it to stop."

By the end of the week, the Matilda Township recreation assocation gave her the keys to the Dundela Community Centre, across the street from where the church used to stand.

Edwards, the co-ordinating director, and a core group of volunteers began resurrecting the House of Lazarus, founded in 1989 by Rev. Allen Tysick as a drop-in centre, referral agency and food and clothing bank for the area's poor.

The rebuilding quickly took on a life of its own, Edwards said. People who had never heard of the centre drove from as far away as Sherbrooke, Que., with donations.

"It's worked without asking, without asking for a thing," Edwards said. "It's been self-propelled. I haven't propelled it (but) you have to work and you have to care."

No one has been charged in connection with the fire, although police are investigating it as a case of arson.

Lazarus House will continue to operate out of the community centre through the winter.

By then, Edwards hopes to have some definite plans and funds to begin constructing a new centre on the same site. The centre recently obtained permission from the United Church, its sponsor, to raise funds for a new building. Edwards will be asking service clubs, church groups and individuals for help.

A new building, Edwards said, would mean Lazarus House could provide a host of new programs and services. The small community centre is currently crowded with racks and shelves of clothes, shoes, boots, books and toys all neatly sorted and organized, and even several 75-pound sacks of potatoes that were donated.

The centre operates a small-scale food bank, and clients are interviewed and must produce identification before receiving food. Clothes and other items are free to those who need them, as are various foods such as fruits, vegetables and milk which are left outside even when the centre is closed.

The centre is also used as a second-hand shop by people in search of a good bargain, and donation boxes are set up throughout the building.

Please see LAZARUS on page 2

# Corn farmers fear crop won't make the grade

**Greg Hewitt**
Record Staff

ST. ALBERT—In the midst of their worst crop in 20 years, corn farmers in eastern Ontario are banking on crop insurance to help them stay on their feet.

But the farmers and Ontario Crop Insurance (OCI) have different opinions as to what corn should be harvested and what should be written off.

OCI will not pay claims for grade five corn, which is the lowest quality considered harvestable. Farmers are worried because grain elevators, unable to find a market for grade five corn, are not accepting it.

"As far as crop insurance is concerned, we can't allow a crop that has value to be mowed down," OCI spokesman Greg Brown told corn farmers at a meeting in St. Albert last Thursday night.

"We're trying our best to deal with this crop as you are, and get our claims paid in the time we have."

The meeting drew about 150 farmers from across eastern Ontario.

Brown said OCI expects to pay $7 million in claims to eastern Ontario corn farmers this year, and between $50 and $100 million provincially.

He told farmers they can harvest part or all of their crop this fall, and claims for damaged crops would be paid in about five weeks. If a farmer is unable to harvest his crop, Brown said, partial payments will be made in January and February. Total crop failure will result in a quick settlement.

Because of a cool and wet summer, and the early arrival of snow in some areas, corn crops across the province are low in quality and only 5 to 10 per cent have been taken off, compared with 95 per cent at this time last year.

"I'm not a big producer but this will put me right under," one corn farmer said. "The crop adjuster is telling me to leave it until next spring. I can't. I won't be there, my farm will be gone."

Farmers also complained that harvesting corn in late fall or winter conditions can damage their combines and their fields.

Ontario Corn Producers Association executive vice-president Terry Daynard told the farmers they are not as bad off as farmers in other parts of the province.

Daynard told the farmers he will push OCI to side with farmers when it comes to assessing crop damage and settling claims.

"My advice to you would be, if you can, not to panic on this thing. Some say they are finding buyers for this stuff," he said.

One Embrun elevator operator told the panel he would gladly accept grade five corn if he could find a market for it.

"The ball is in your ball park right now. You tell us to do with number five corn and we'll take all kinds of it," he told Daynard.

Daynard replied that he would work toward finding a market for the corn.

Please see CORN on page 2

# Effort to fill Christmas baskets begins

**Elizabeth Moreau**
Record Staff

CHESTERVILLE—With just a month left before Christmas, Rotary Club members are preparing for their annual campaign to help needy families during the holidays. And after another year of the recession taking its toll on the local economy, organizers of the Christmas basket program aren't sure what to expect.

"I wouldn't even think about guessing," said Chesterville Rotary member Jim Bancroft, who is heading the drive to raise and distribute food.

In 1991 the club provided food and gifts for 30 families, up a half dozen over the previous year. Usually families must be receiving some kind of social assistance to qualify for a Christmas basket. But Bancroft said Rotary will try to accommodate anyone who asks for help.

"If the need is there we will do whatever we can," he said. "We realize the situation has changed since last year."

Donations of food will be collected through local church groups and retailers. And during the Chesterville Santa Claus parade on Dec. 12, Scouts, Cubs and Beavers will collect canned goods and non-perishable foods as their float travels along the parade route.

But this may be the last year that the Rotary Club distributes Christmas baskets. Area church and service groups will meet in the new year to determine whether to centralize the annual distribution of food through the North Dundas Food Bank in Winchester.

Food bank chairwoman Barbara Savary said some food bank clients are already asking about Christmas baskets, and agency voluneers are directing them to the appropriate service group.

"While it would be good to see a lot of the co-ordination come from here, (it was decided to leave it) to the people who've been doing this for many years and have a feel for what's got to be done," Savary said.

While the food bank will not be providing Christmas baskets, it will be open certain hours during the holidays to serve clients.

Next week the Chesterville Rotary Club will make available a telephone number which people can call to request a basket.

## This Week


Moose Creek couple launches newsletter designed to help parents save money... **Page 3**

Jumpin' Jack's owners expand their culinary horizons **Page 5**

Seaway High School students get hands-on experience in the business world..... **Page 6**

Rothwell-Osnabruck girls take SD&G basketball crown..... **Page 11**


# Newington Post Office comes full circle after 25 years

**Greg Hewitt**
Record Staff

NEWINGTON—After 25 years on its own, the Newington Post Office is moving back in with the Duffs.

The small building will close early next year and move post boxes and all into the friendly confines of Duff's Grocery store by Jan. 6.

The move is part of a Canada Post strategy to convert hundreds of rural post offices across the country to privately run outlets in local stores.

Canada Post retail network manager Rob McCullagh said no jobs were lost at the Newington Post Office, as postmistress Doreen Duff, mother of Roger, retired at the end of July. An interim post master has been operating the office since then.

Duff's store owner Roger Duff said he is looking forward to serving the public.

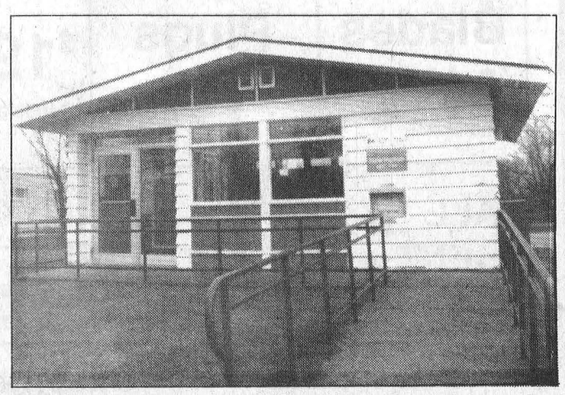
"There's really not much money in it," said Duff's Grocery Store owner Roger Duff. "It's a service for the town. Either I take it in or it's boxes on the street."

And he said having a postal outlet in his store would hopefully drum up more business.

Duff's parents Murray and Doreen operated the post office in their store for 17 years, until 1967 when the post office building was built.

Duff recently signed a 10-year lease with Canada Post, and will make a 16.5-per-cent profit on the sale of stamps and other retail products.

Please see POST OFFICE on page 2



Post office will return to Duff's store Jan. 6

# Post office will return to Duff's

Continued from page 1

He will offer the full range of postal services, including locked boxes, stamps and money orders. Rural route customers, however, will have their mail delivered out of Long Sault. General delivery service will no longer be available.

And if people were angry that their post office is closing, a visit to Duff's store seems to have eased some tensions.

"A lot of people were upset about the post office being closed, but the majority of people who came in and saw me at the store approved," Duff said.

The vacant post office building will be offered for sale to Osnabruck Township at market value. If the township declines the offer, it will be sold publicly through a real estate agency.

Newington residents were notified by mail Monday that starting Dec. 1, parcels are to be picked up at Duff's.

McCullagh said Canada Post has not yet received any complaints or other comments from Newington residents.

"If they have feedback I'm sure they will get in touch with us and we'll respond accordingly."

Doreen Duff said she is glad the post office is moving back to her son's store. When asked if she would be helping out at the store's postal outlet, she laughed and said, "I don't think so. I'm retired."

# Corn crop 'worst in 20 years'

Continued from page 1

The poor quality of corn has also hurt starch maker Casco, the largest corn consumer in the region.

Casco spokesman Clare Brown told the farmers that its three plants in Ontario, including its Cardinal operation, have experienced problems because of the low quality.

He said that optimally, Casco likes to use grade two corn. This year, they have been accepting corn as low as grade four.

"We got through October, but we really don't know how much quality corn will be available," he said.

"Our problem is that if we use a lower test weight corn we must either grind more corn or reduce the quality of the product we put out on the market."

# Lazarus House gets new lease on life after fire

Continued from page 1

Edwards, formerly a volunteer with the North Dundas Food Bank, monitors all incoming and outgoing food. If a group donates a large quantity of food, it receives a thank-you letter.

Edwards hopes to introduce cooking classes, literacy courses, and programs for seniors, youth, new mothers once Lazarus House has a permanent home. She also wants to plant a garden to teach people to grow their own food.

She said it's all part of her job description she received when she replaced Tysick, who moved to Victoria, B.C., last summer: "You can feed a man a fish a day or you can teach him how to fish."

# Williamsburg will inspect sewer hookups

**Chris Thatcher**
Record Staff

WILLIAMSBURG — Williamsburg Township council wants to make sure sewage is the only thing travelling through its sewer system.

At a recent meeting, council decided that roads superintendent Hugh Garlough will inspect homes and businesses in the village of Williamsburg to ensure that all drains are properly connected and that there are no illegal hook-ups to the station.

A bylaw passed in August prohibits residents from draining storm water, surface water, well water, ground water, roof run-off, subsurface drainage or cooling water into the sanitary sewer system.

Council has yet to decide what action will be taken against residents or businesses which have not complied.

"For now, we've given authority to do random checks," clerk Mike Waddell said. "(Garlough) is simply to investigate and report back." In an August letter mailed to village residents after the bylaw was passed, Waddell said "the sewage system has been receiving an excessive amount of storm, surface and ground water into the sanitary sewers which results in increased workloads on the pumping stations and lagoon."

Although the sewer system can handle a certain amount of excess water, the problem has been getting worse in recent years, Waddell said.

"We don't want water coming from any other source. The system was meant for sewage and not for rain water."

Reeve Johnny Whitteker suggested council wait until spring before starting inspections. He said testing after the spring thaw would indicate whether the problem still exists.

But several councillors disagreed, arguing that some residents have already made the necessary changes to their drains and sump pumps.

"It's unfair to those who have already complied with the bylaw," said Trevor Tolley. "It seems to me there should be inspections."



**Ladies in blue:** The 1st Chesterville Guides welcomed some new members last Wednesday at its annual enrolment meeting. Joining the group were (from left) Amanda Nickerson, Kristen Ducolon, Crystal Poapst, Erin Shay, Laurie Ann Gasser and Julia Lemieux.

# Thieves stole frozen food

Crime Stoppers is asking for the public's help in solving three break-ins at the Break-A-Way Restaurant in Morrisburg.

The offences occurred on the evenings of Oct. 5, Oct. 26 and Oct. 30, and stolen property consisted mainly of frozen food.

If you have information on this or any crime, call Crime Stoppers at 534-TIPS (534-8477) or 1- 800-265-TIPS.

If your tip leads to an arrest, you may qualify for a cash reward of up to $1,000. You do not have to reveal your identity to solve a crime.

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## *Corrections*

In last week's Record, Chesterville Councillor Roger Cole was quoted as saying Ontario Hydro employees had received an 8 per cent pay increase. Cole did not in fact make that statement, which is incorrect. The Record apologizes for the error.

Due to incorrect information supplied by police, Doris Booth was identified as a secretary. She is, in fact, a computer technician. Also, damage to Booth's vehicle is estimated at $1,200, not $600.


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- Personal Life Management
- Law & History and Geography

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# Pinching pennies in Moose Creek

## *Couple says new publication will help others save money*

**Elizabeth Moreau**
Record Staff

MOOSE CREEK—Freelance writers Gisele Grignon and Morley Seaver have learned how to do more with less — often less money, less time and less energy.

The Moose Creek couple say some years their combined incomes don't amount to what most people would consider reasonable earnings for one person. And making more money means working longer hours and have less time to spend with their three children.

So six months ago, swamped with assignments and seeing little of their kids, Grignon says she and Seaver decided it was time to do something.

"We decided we'll cut back," she says. "We've done it before and we'll do it again."

That's when the two realized that their ability to cut corners, combined with their professional skills, may have some value in the marketplace. And so the Pennywise Parent Newsletter was born.

Grignon says she was always taught to "write about what you know, and the two things we seemed to know the most about were parenting and, not necessarily how to save money, but how not to spend stupid money."

The couple did some informal market research with family, friends and colleagues and began planning the newsletter, which makes its debut this week.

Grignon says many parents, especially during tough economic times, want to learn how to "make the most of what they have." She says the newsletter is for any parent who feels constrained by time or money, and that it's possible to raise happy kids without having a lot of either.

The premiere issue of the newsletter contains articles on alternatives to expensive gifts for children and expensive winter getaways, a regular feature on items that can be easily eliminated from a shopping list, original cartoons, and a craft corner written by the couple's seven-year-old daughter, Stephanie.

Grignon, who plans to do the bulk of the writing for the bimonthly newsletter, says she's not worried about running out of material.

"Before it was launched, we outlined enough material to last at least a year," she says.

Seaver will handle the layout, design and distribution, and most of the work will be done from the couple's home. There is no advertising, and although the first issue is being distributed free this week in libraries, day-care centres and nursery schools, it will only be available through subscription at $18 a year.

Grignon says the newsletter has already sparked interest. Fifty copies were delivered to an Ottawa library last weekend, and were gone by Monday.

"It's been encouraging so far. Whether or not somebody will put out $18 for it is something different," she says. "We're keeping our fingers crossed."

For now, Grignon and Seaver are targeting the SD&G area and the Ottawa-Carleton region. But eventually, they hope to make the Pennywise Parent Newsletter a national publication.

"I think it will fly," Grignon says confidently.

# Program may help beautification plan

**Greg Hewitt**
Record Staff

CHESTERVILLE—Chesterville's beautification plan may get a little financial help from the SD&G Community Futures program.

The program, funded through the Canada Employment and Immigration Commission, provides money to community projects that will in turn create long term employment.

And because SD&G has been identified as one of only 220 communities across Canada that are economically depressed, Community Futures executive director Susan Carter and representative Janice Peters are letting municipalities and other community groups know the program is there.

Chesterville Reeve Jim Cook asked Peters after her presentation to council this month whether the beautification plan would be eligible for Community Futures funding.

"It's a good program to get funding for," she told council.

Clerk Howard Smith is planning to meet with Carter to discuss the possibility of applying for a grant.

This year, the Community Futures program provided $91,500 for the education centre at Cooper Marsh in Lancaster, and $200,000 for business owners in Cornwall's Le Village business district to spruce up their store fronts.

Carter said although she is not familiar with Chesterville's beautification plan, she said it "sounds interesting and I'm hoping to learn more about it.

The main criterium for receiving grants is that long term employment is created. The amount of a grant depends on the number of jobs created, Carter said, averaging about $4,000 or $5,000 per job.

Applications for grants are submitted to the program's board of directors, which decides which projects to fund, and for how much.

Carter and Peters advise groups submitting requests, and help them with their application.

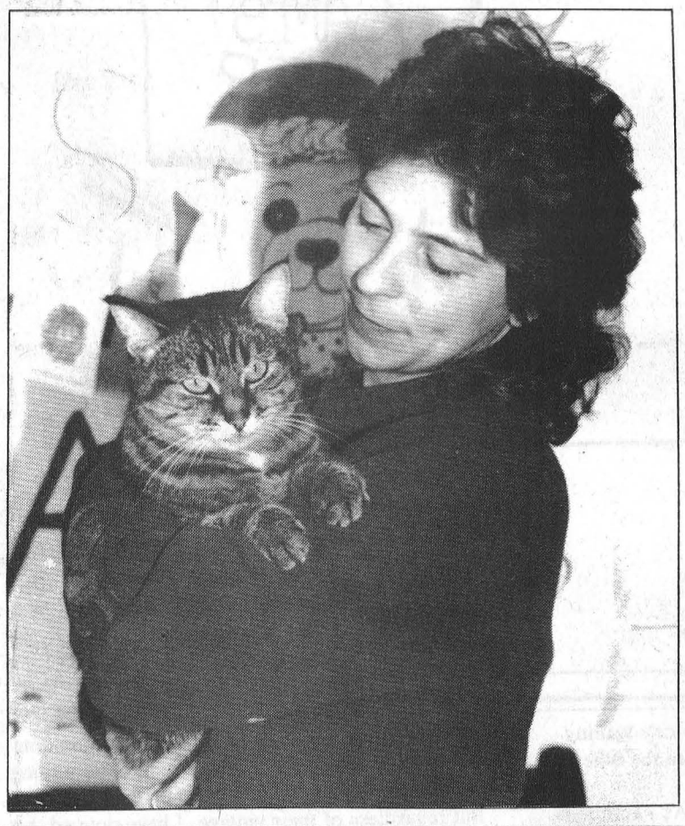
Carter said response to presentations made to councils and groups such as Rotary clubs so far has been "very positive."

In meeting with councils, Carter says they're just letting people know the money is there if they have a proposal.

"It's difficult for them to actually come up with a proposal off the top of their heads, but maybe six months later they'll approach us with an idea."

The program has placed more than 60 self-employment grants to people wanting to start their own business.

Community Futures was run as a volunteer organization until 1989, when staff were hired and the program was "revitalized."



## Between homes

*Mandy is an extremely affectionate, tabby-colored female cat who was brought to the Ontario Humane Society SD&G Branch animal shelter in Cornwall in September. Staff member Anne Quenneville says Mandy would make an excellent house pet for a family with older children. If you could provide a good home to Mandy or any of the other animals at the shelter, visit them at 550 Boundary Road or call 936-0072.*

## Letters to Santa...



Hey Kids! Did you know that Santa Claus reads the Chesterville Record? Well, he does, and that's why sending us your letter to Santa will make sure it gets his very special attention. Send your letters to: Santa, c/o Box 368, Chesterville, K0C 1H0 before December 16. Letters will be published December 23.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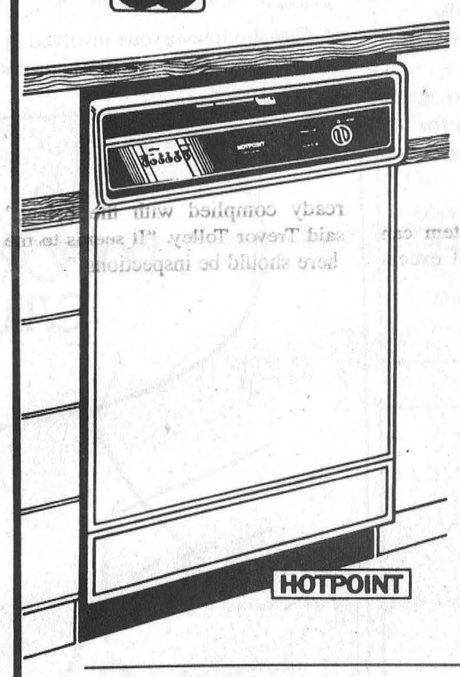


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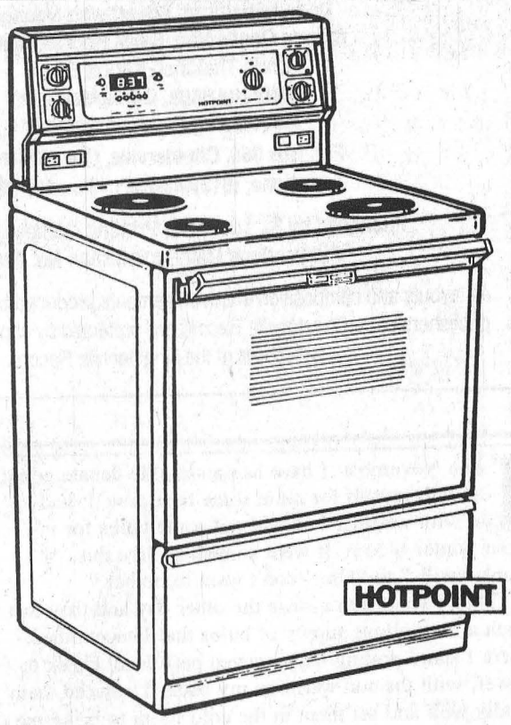
- 2 appliance outlets
- Colour: White
- Dimensions: Width 30" (76 cm), Depth 29" (74 cm), Height 48 1/2" (123 cm)



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HOTPOINT

# EDITORIAL & OPINION

## Editorial

### *Hats off to outstanding citizens*

Everyone knows them. They are the people who work tirelessly with volunteer organizations, service groups and social service agencies. They're the people who can't say no to a good cause, who'll do the job that no one else wants to do. They usually work quietly, for no pay, and rarely ask to be noticed for their contributions.

But this week they'll have to sit back and take some credit. Forty residents of Stormont-Dundas, nominated by their friends, neighbors, colleagues and admirers, are being honored. They are the recipients of commemorative medals marking the 125th anniversary of Canada, which honors Canadians who have made a significant contribution to their fellow citizens, their community, or their country.

Among the individuals who will receive medals (in no particular order) are:

Marilyn Johnson of RR 1 Chesterville, for her years of service with the Girl Guides movement, her annual work organizing the Christmas toy drive, and her work as secretary of the ladies' division of the Chesterville Fair.

Fred Barkley of Avonmore, founder of the Avonmore Library Association, for his donation of scholarships which allow deserving local and Third World students to attend university, his work as chairman of the board and benefactor of Camp Kagama, as Roxborough representative and benefactor for Maxville Manor, and for his work on the search and education committee of the Eastern Ontario Health Council.

Jennifer Gregoire of Chesterville's Power by Jennifer, for her participation over the last six years as aerobics instructor and fitness teacher in the annual Dance for Heart fund raiser, which has raised almost $50,000 for the Ontario Heart and Stroke fund, and her participation in an annual aerobathon to raise money for the Winchester District Memorial Hospital.

Elie Martin of Moose Creek, for his volunteer construction of various recreational facilities at the Moose Creek senior citizens' residence, and other projects he has done on behalf of area senior citizens.

Dawn Runnalls of RR 2 Winchester, for her commitment to the role of women in agriculture, including her current role as president of the Winchester group, Women for the Survival of Agriculture.

Dorothy Middleton of RR 2 Crysler, for her dedication to agriculture and as a founding member of Winchester's Women for the Survival of Agriculture.

Eileen Arthur of Finch, for her 40 years of dedication to students as an educator and librarian in Dundas County, and for her willingness to assist colleagues in the teaching profession during her career.

Harry Mussell of Winchester, for his many hours of service as a volunteer driver for the Canadian Cancer Society and in his current role as a volunteer driver for Naomi's Family Resource Centre in Winchester, a shelter for abused women.

To all of you — congratulations. And thank you.

The Chesterville Record
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## Off the Record

# Cowslips and Cowflops revisited

And now, gentle reader, due to the overwhelming response (well, one request actually, and that from someone who objects to the drivel that normally occupies this space) we return to Cowslips and Cowflops.

A Cowflop to magazines that come with scent strips. No matter which perfume is used to drench the little flap, it still smells like the little hanky your mother used to give to you spit washes with. Remember those? You'd be sitting in church and your mother would discover a smudge of peanut butter in the corner of your mouth. Out it would come: the lace-edged, lavender-soaked hanky. A little dab of spit and then she'd rub your face down to the subcutaneous level. But then again, maybe that's just me.

******

A Cowslip to chip wagons that stay open all winter. For some the coming of the cold weather is marked by wedges of Canada geese winging southward. For others, it's the blaze of fall foliage. For me, it's the chip wagon shuttering its window for the last time. Where do homecuts go in the winter? Do they head for sunnier climes, there to cavort with steamers and pogos until Mother Nature sends them back north in the spring? At least one faithful chip wagoneer stays open to serve us snowbirds and to that lonely Highway 31 vendor, I doff the cap of my vinegar bottle.

******

A Cowflop to do-it-yourself anything. Why do they persist in humiliating the do-it-yourself-challenged? With my luck I'd send away for a do-it-yourself duvet and have the UPS man arrive at my door with a bolt of cloth and a goose.

******

A Cowslip to everyone involved in the Spirit of Giving campaign. As Dickens noted so succinctly in *A Cristmas Carol*, "This is the season when want is most keenly felt." With the recession continuing to exact its toll of human dignity, there have few times when campaigns like the Spirit of Giving are more needed.

******

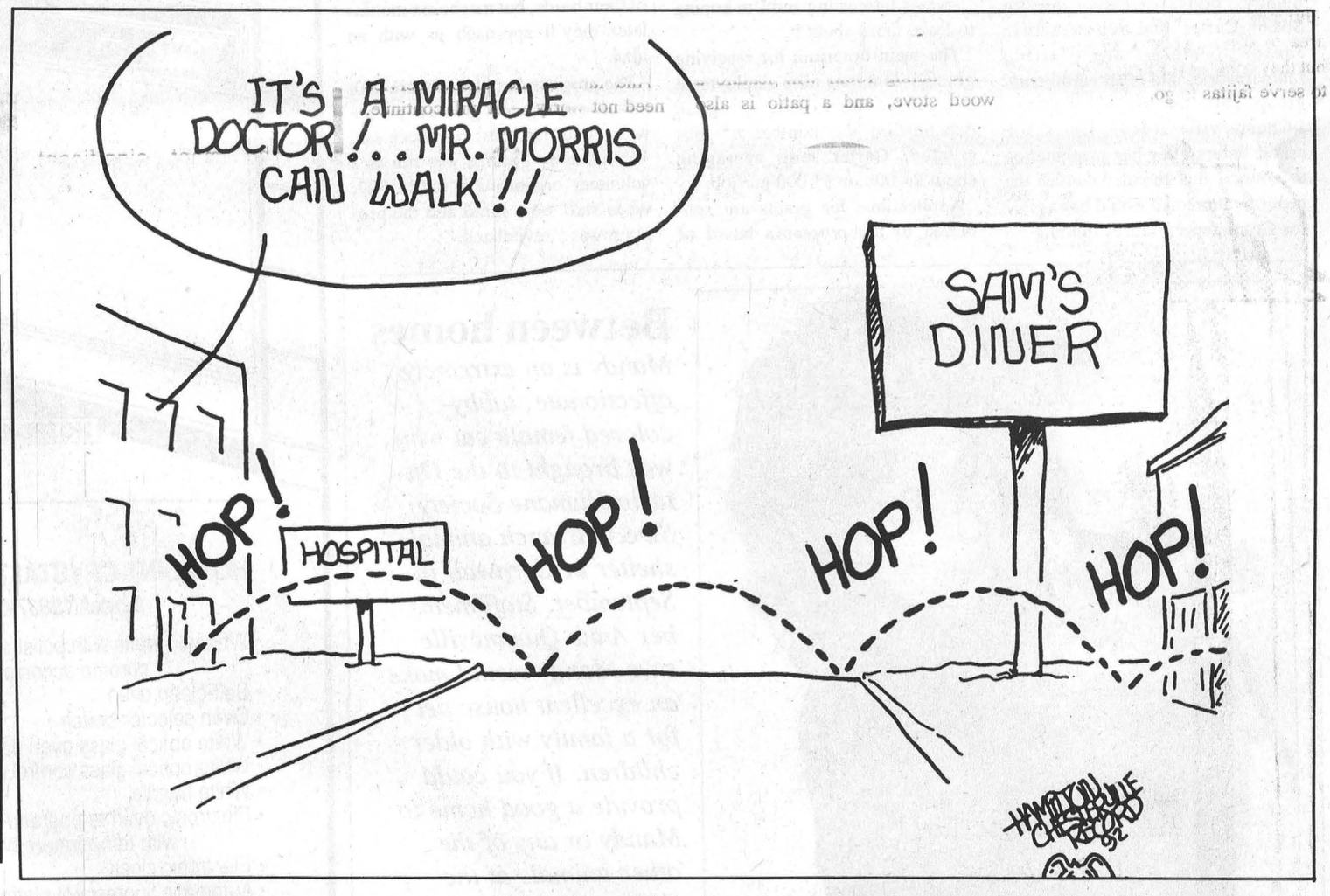
A Cowflop to the woman ahead of me Sunday night at Mr. Gas who treated the counter as a lottery buffet. Some 649s, a Quick Pick, Pick Three, a couple of scratch'n'sniffs, some Wintarios, check these to see if they're winners, scratch, scratch, rub, rub and leave little droppings like worm castings all over the counter so they can get mixed up with my change and my wife can accuse me of spending the milk money on scratch and win tickets. Thanks a lot, sweetheart. And a Cowflop with extra sauce to the woman at Mac's Milk who ran from her car to the store clutching her 649 ticket high in front of her, oblivious to the fact that she had to traverse the distance in a driving rainstorm. She arrives at the counter a split second ahead of me and then insists that the cashier put the ticket in the machine to see if it was a winner. She couldn't just check the numbers with one of the slips on the counter. Nosirreebob. Had to go in the machine and of course no self respecting lottery machine will read a ticket that has been reduced to the consistency of porridge. But we had to go through the exercise several times before she could be convinced that scanners and mush don't mix well.

******

A Cowslip to the Queen's Golden Gaels for winning the Vanier Cup Saturday over St. Mary's Huskies and proving that football can still be played in a hugely entertaining way by those who simply love the game. Likewise for the SG Giants, who came up short in a heartbreaker against CCVS. It is due entirely to the grit of the SG coaching staff and the players who stuck with the game even when they didn't have a league to play in that high school football is making a modest resurgence in Eastern Ontario. In fact, a Double Cowslip to Giant Pride.

******

And finally, a Cowflop for the grocery jiggery-pokery of charging more for larger "economy-sized" packages than for an equivalent amount in smaller containers. It happened to me a couple of weeks ago when I was picking up some tomato paste. All I needed was a couple of tablespoons so I picked up the smallest can I could get. But Mrs. Morris raised no fools. So I picked up a larger can, thinking that on a per millilitre or kilojoule or whatever the metric equivalent to an ounce is, I'd come out ahead with the bigger can. It had to be so, I thought. Economies of scale. Costs of packaging. Shelf-stocking costs. They all argued in favor of the larger size. Wrongo! The larger can contained twice the amount of tomato paste, but it was THREE TIMES the cost. An aberration, I thought, but a check of the canned beans, frozen orange juice and laundry detergent all unearthed the basic deceitfulness of grocery pricing when items are sold in a variety of sizes. In all instances, the per unit price was greater in the vaunted "family-sized econo packs". Do they sell meat that way? Or eggs? Or bananas? "Well bud, a pound of bananas is $1. But you can get two pounds for the low, low price of only $3. And we'll honor all our competitors' coupons." And who gets the economy? And who gets the saving? Yeah, you got it Pontiac.




# THE FARMER'S WIFE

By Wyn Thompson

I like November. I have had a sizeable debate going on with myself for quite some time now. It had to do with whether I should pot some bulbs for indoor winter bloom. It went something like this, "I think I will," to "Oh, I don't want to bother."

Then I went into a store the other day and they had such a marvellous supply of bulbs that I succumbed. Here I stand potting bulbs, seven potfuls all cheek to jowel, with the sun warm on my back. I watered them really well and set them in the cold room to bring me pleasure along about the end of February.

At least, I hope they will bring me pleasure. One never can be sure. My mother and I planted amaryllis bulbs on the same day and hers was almost ready to bloom before mine had even sprouted.

Over Amanda's way, blue smoke rises from a pile of burning cornstalks. "Season of mists and mellow fruitfulness," Keats called it, and also "Think not of spring, thou hast thy beauty too."

It is a quiet beauty, and the pace of November is a quiet one. It is time for nature and man to gather strength for the long cold. In our area people are putting harvest decorations away and bringing out the Christmas trimmings. Can Christmas be only a month away?

Cats seldom give up playing games at any age, I decide, as I tidy up the mess I have made while potting the bulbs, and watch from the corner of an eye, Ole cat, going on an imaginary mouse-hunt in a pile of leaves.

One of my favorite cats is the tea room cat in the nearby town. She isn't exactly pedigreed, unless all cats are pedigreed, as I often suspect.

She has a good practical orange coat and a dignified face. She chooses her friends carefully, has been known to bat at unlikely persons. My friend, for one, someone who could hardly be described as a cat lover.

And this makes everyone she does like feel smug. I am one of the most flattered, for she will come straight to me, purr and rub against me. How lovely to be liked by the tea room cat!

"She doesn't talk to everybody," says the proprietor.

After she has made me welcome, she makes herself comfortable in a low cardboard box. She fits herself in neatly, sits proudly erect, and keeps a sleepy eye on the customers.

My friend and I have finished our tea, I return home where I am halted in my steps, and soundly smelled by Lady. Shameless one, she begins, never again shall I meet you at the door after you've been off petting a strange cat.

Our cold summer turned into a cold autumn with November bringing us snow, rain, and ice rain, all normal for this month of course, for we do expect freeze-up in November.

The season to start knitting, I judged as I counted a goodly number of people all ages knitting away in the doctor's waiting room the other day.

As I admired the heavy cable-knit sweater the lady who sat next to me was working on, she laughed and said, "I knit all the time; I get into quite a fever doing nothing."

Upon relating this to Amanda, also an ardent knitter, she recalled that a wise country clergyman in Victorian times allowed the women to knit during his sermons. "Never had a preacher more attentive listeners; not one of them dropped off to sleep, as overworked women are apt to do when they for once sit down," she concluded.

I'm not much of a knitter, I must admit. But when the long, winter evenings of November come to us and a maple log stirs on the hearth, a scarf for a friend or a pair of mitts for a boy are all comfortable — and comforting — to hold and shape under the soothing click of the needles.

As I went out for my late afternoon walk, I noted that November is a very revealing month, for the fall of the leaves has unrobed the trees, and now the secrets of summer stand stark — the nest of the oriole I have searched for all summer, the great untidy nests of crows and squirrels against the sky.

This has been a week of doctor's appointments, today being the dentists. Since I forgot to bring P.D. James latest book *Children of Men* that I am reading with me, I am reduced to leafing through the waiting room magazines, some old, a few fairly new.

But regardless of their vintage, I have noticed that all of the famous people who are pictured in magazines are always relaxing. Dick and Jane by their swimming pool. Polly relaxing at a benefit with her escort, the famous football player. (How do they relax at a benefit?) Harry Harlequin the 4th relaxes with his new, or is it latest, wife by the barbecue (with twenty-four steaks on the grill).

It does occur to me that these people relaxing must some time or other do something. Otherwise would they be worth photographing at all? Occasionally, they must be active. Ah! here's Danielle Steel, author and mother of nine kids...I rest my case.

Now, towards the end of November, rain falls steadily and it is a chilling rain. The bare branches are black and the browns of the pasturelands are deepened.

The farm pond level rises, the small panes of the bow window are a wash of silver. The electric lights go on early in the day.

When I go out to bring in the wood, the air smells of wet fallen leaves. It is a curious musty smell, yet I find it pleasant.

It is a night for a hamburg supper. As I pop the pattie into the bun, add the onions, and the condiments, the Farmer says, "Next thing we know it will be snowing."

Thought for the Week: "The late bird shakes its wings; the early one wipes its bill."

— Estonian Proverb.

# Take-out business jumps to a higher level

Greg Hewitt
Record Staff

CHESTERVILLE—When they saw the building for sale at the corner of Hwy. 43 and County Road 7 in 1988, Jack and Chris Lemieux knew exactly what they wanted to do.

And after four years at the helm of Jumpin' Jack's take-out, they're doing it.

The couple are adding a 32-seat dining room to the southeast corner of their popular take-out service.

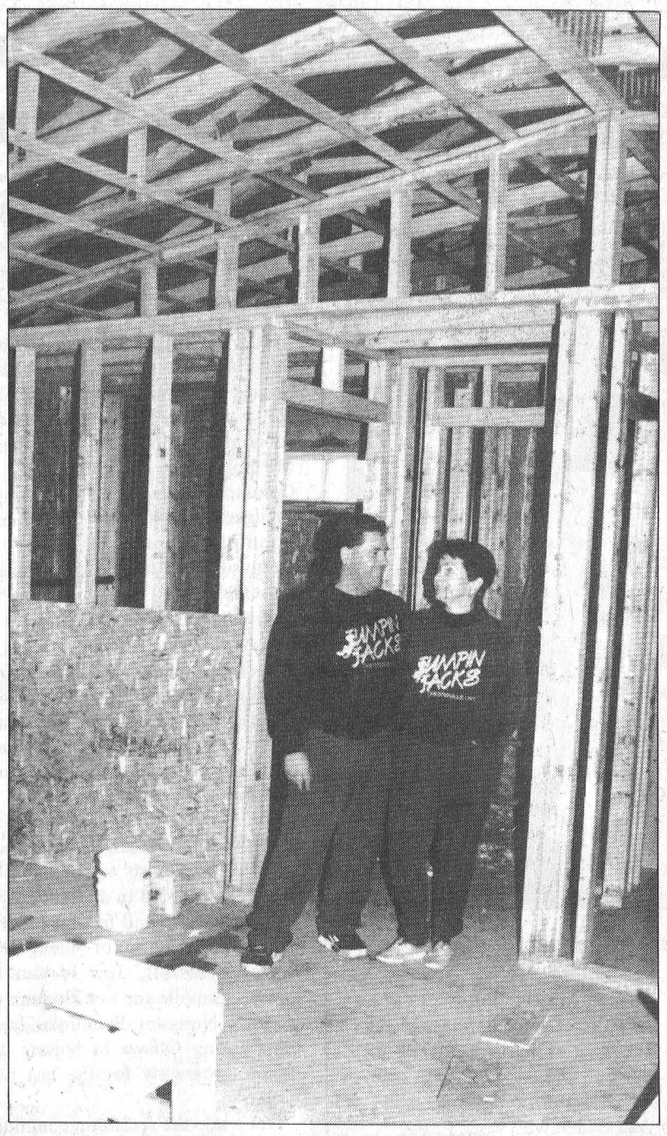
"We built up a really good take-out clientele, but people had often commented they wished we had a dining room," Chris says.

So the Lemieuxs started planning the dining room about a year ago. Chris Lemieux says there was a lot of paperwork involved, especially in getting approval for a new septic system.

But all requirements have been met and the dining room is expected to be open for business at the end of January or early February. Jack is building the addition himself, with the help of subcontractors.

"We don't have to meet a deadline. It's definitely going to happen but we'd like everything to be in place so as not to disrupt service," Jack says.

Jumpin' Jack's was the first in the area to offer Tex-Mex specialties, but they could never figure out a way to serve fajitas to go.



Jack and Chris Lemieux in what will be the new dining room

The new dining room will allow the couple to expand the range of their creative culinary skills, something they've always taken pride in.

They intend to add more selections of pasta, serve steak and seasonal specials like lobster.

"We want to have fun like we've always had with our food and introduce people to new things," Chris says.

Some items on the takeout menu will not be available in the dining room, and vice-versa, with some overlap.

The dining room will feature a wood stove, and a patio is also planned. The Lemieuxs have not yet decided whether to apply for a liquor licence.

"We want it to be casual and cozy. In keeping with the way our takeout has gone, we want it to be creative. We'll continue to do that in the dining room," Chris says.

The couple say they will probably have to add two or three new staff members. Staff also play an important role in the development of new dishes — they taste-test them.

"It's so much better to be an innovator than to be chasing the competition," Chris says.

And fans of the takeout service need not worry — it will continue.

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# From the classroom to the stockroom

## *Student-run store provides valuable real-life experience*

**Elizabeth Moreau**
Record Staff



Linda Van Beilen, a co-op student at Seaway District High School, among the stock at Beginnings

IROQUOIS—If Linda Van Beilen decides to pursue a career in retail management, the Grade 11 student will have valuable experience under her belt by the time she finishes high school.

Van Beilen, enrolled in the co-operative program at Seaway District High School, works part time six days at week at Beginnings, a store which sells towels, sheets, and locally-made crafts and is run almost entirely by Seaway students.

The store, which opened last month, is part of Seaway's effort to better prepare students for life after graduation. The students are using both classroom hours and their own time to learn what it takes to run a business.

Sixty-five students in the school's entrepreneurial program are involved in every aspect of the store's operation, from buying stock to pricing merchandise to paying the bills, and co-op students like Van Beilen manage the store.

"Since 62 per cent (of graduating students) decide not to go on to post-secondary education, we've got to give them skills the workplace is looking for," said principal Doug Murray.

Seaway staff designed the entrepreneurial course last year and wanted to make the classroom learning come alive for students. What better way than to have students run their own business?

They took the idea to the school committee and then to the local business community. Caldwell Bath Fashions of Iroquois, the store's main supplier, provided $5,000 worth of towels to get the business started. And Morrisburg lawyer and parent Doug Grenkie bought space in an Iroquois shopping plaza and leased to the students.

In May, with no budget, students and volunteers began renovating the store. All of the electrical work, drywall and painting was done by area tradesmen who donated their time, Murray said.

"It's evidence that the business community approves of the type of programs we're interested in," he said.

Students also helped by wallpapering, raising money to buy carpeting, and installing new windows.

"They really have seen the whole picture from the ground up," said teaching assistant Lee Moore, who is working with students in the store.

For now, Moore is doing the bookkeeping and bank deposits, as well as double-checking the day's sales receipts. But she says as students grow accustomed to the various responsibilities, they will become more independent.

"I can see where supervision will decrease," she said. "There's a lot of new things for them to handle right now."

In addition to the Caldwell products, the store is selling handmade crafts on consignment. Craftspeople like Elke Brown of Chesterville have items on display, and the store keeps a small percentage of whatever is sold.

Like any new business, Murray said, Beginnings is struggling to pay off its inventory. But so far sales have been well beyond what was expected. Average daily sales have been between $100 and $300, with more than $500 sold on the best day.

"The kids were really impressed with that," Murray said.

Van Beilen said there has been a steady flow of customers from day one.

"A lot of people are just wondering what we're doing here," she said.

Eventually, co-op students like Van Beilen who work Friday nights and Saturdays will be paid for their time. They also earn credits for the work. And each day, one student from the entrepreneurial class spends a full period in the store.

Murray said just as the South Dundas community has helped support the project, Beginnings will be making its own contributions to the community by paying rent and municipal taxes. And, he added, the project will make hundreds of graduating students better prepared and well-trained for the local workforce.

"Ultimately the kids are the winners" he said.

# Eastern Ontario needs boost from government Kilger tells Ottawa

**Elizabeth Moreau**
Record Staff

OTTAWA—The federal government should implement a badly-needed economic development plan to stimulate eastern Ontario's economy, Stormont-Dundas Liberal MP Bob Kilger said in the House of Commons last week.

Kilger said with over 20 per cent unemployment in the city of Cornwall, the federal government must step in and help.

He suggested a program similar to ones in other economically-depressed regions of the country, including FEDNOR in Northern Ontario. The plans offer incentives to attract new businesses like short-term, low interest loans, grants and tax concessions.

"We're not asking the government to reinvent the wheel, just to extend what already exists to regions like ours," Kilger said in an interview.

Kilger said he and federal Liberal MPs Don Boudria of Glengarry-Prescott-Russell, Jim Jordan of Leeds-Grenville and Len Hopkins of Renfrew-Nipissing-Pembroke have been asking Ottawa to bolster the region's economy for the last two years.

"Yet while the recession continues to take its toll and unemployment climbs, the government has done nothing to stimulate the local economy," he said.

Kilger's comments came on the heels of an announcement by Courtaulds Fibres that the Cornwall plant will shut down at the end of this month and throw 360 people out of work.

But at the same time as he said government must get involved, Kilger said the Cornwall-area community will have to help find answers to the region's economic problems.

Most areas of Stormont-Dundas outside Cornwall has remained economically stable, Kilger said, largely because they are agriculturally-based. But cities like Cornwall that have traditionally relied on heavy industry will have to adapt to a new reality, he said.

"We have to take a look at where we want to be a little further down the road," he said, adding that public consultation must be a part of the process.

"We've got to take a greater responsibility for ourselves and our future," Kilger said. "People right now are coming to the realization that government doesn't have any magical solutions."

## Obituary

### Violet Ringrow (nee Kirkham)

Violet Ringrow of Queeen Street in Chesterville died Nov. 22, 1992 at home. She was 72.

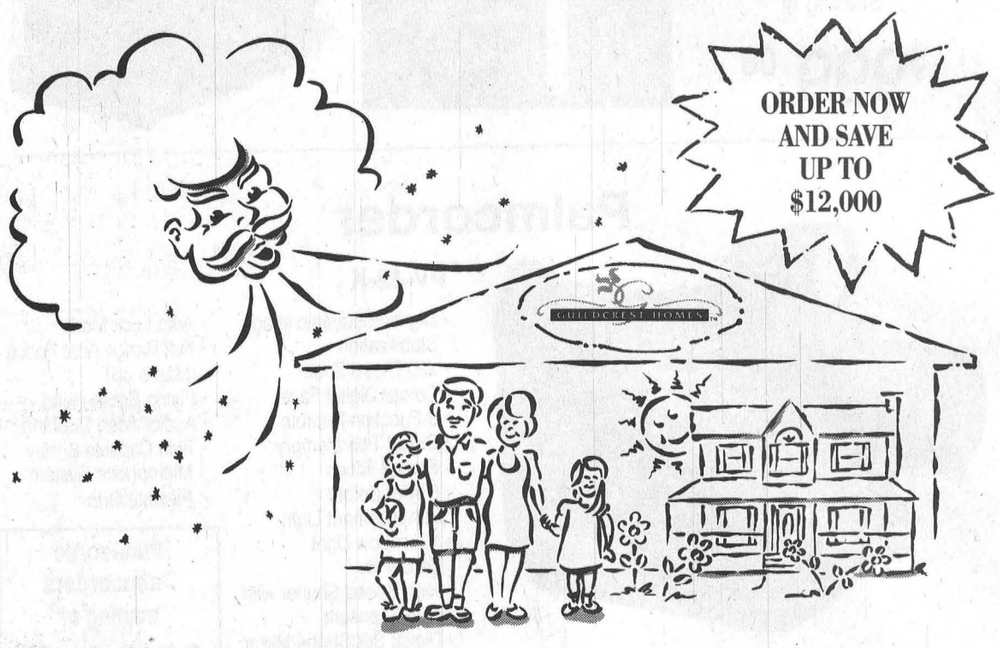
She was predeceased by her husband Arthur Ringrow, who died June 29, 1981. They were married Oct. 5, 1940 in Hitchin, Hertfordshire, England.

Mrs. Ringrow, the daughter of the late Bernard Kirkham and the late Loretta Ward, was born Apr. 30, 1920 in Derbyshire, England.

She was the sister of Mrs. Alice Morton, Mrs. Loretta Butt, Jebson Kirkham, Bernard Kirkham, and Mrs. Sheila Buckingham, all of England. She was predeceased by brothers Walter and Thomas Kirkham.

Mrs. Ringrow was a member of Holy Trinity Anglican Church in Chesterville, where a funeral was held Nov. 25. Rev. George Bruce officiated, and cremation followed.


# Freeze Out Inflation Before Winter Freezes You!

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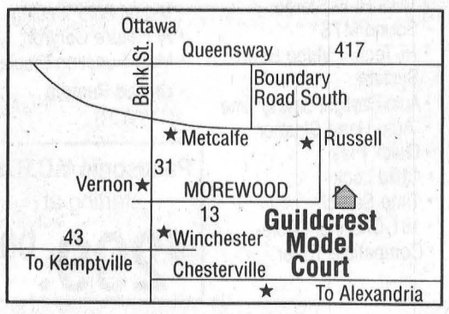


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FOR SALE - Woods deep freezers in stock, upright and chest type, various sizes ready for delivery. Get yours now before next price increase. John Witteveen T.V.-Appliances Sales and Service. 448-2766. RR2 Chesterville (Dunbar).
15-1

FOR SALE - Beautiful life-size outdoor Christmas displays - Santa, Sleigh and 8 Reindeer, The Snowman Family and The Carollers by Daryl Hanna of Alberta. Come to Empire Buildings, Hwy. 43 east of Winchester. Excellent reduced prices until Nov. 30. Call 448-1730.
17-4

FOR SALE - 1982 Toyota Corolla wagon, as is. Asking $400 or B.O. New exhaust, many good parts. Phone 448-1294.
15

FOR SALE - Bench and weight set, 250 lb. weights, like new. Asking $175. Phone 1-613- 765-5261.
16

BLACK FOREST CAKES - $20/$40; 2 layer banana, lemon or spice cake $7; Chelsea buns 12/$6; pizza or pie dough, double crust $2. Heather Parent 448-2598.
13tfc

## FOR SALE

FOR SALE - Ground feed, shell corn, oats and barley, mixed. $6.50/100 lbs. Phone Ken Gallinger at 537-2370.
15

FOR SALE - Ladies skates, Lange Freestyle, moulded, velcro closing, size 6, $15. 448-3582.
15stf

FOR SALE - German short-haired Pointer, C.K.C. registered, purebred, championship breeding, 20 months old, very easy temperament, loves people and kids, excellent pointer and retriever. Hunted all last year and some of this year. $500. Serious inquiries only. Call 989-3246 any time.
18stf

FOR SALE - Super W-4 International farm tractor, good condition. Asking $1150. Phone Paul at 448-1109.
15

FOR SALE - Round bales 4x4, mixed alphalfa and red clover, no rain. Phone 537-2517. If no answer leave message.
16

FOR SALE - Nintendo with games and control; Kirby vacuum. Phone 448-1710 after 5pm.
15

SMYTH'S
APPLES
Cider and Apple Products
Smyth's Apple Orchards
Dundela 652-2477
3 miles west of Williamsburg
Open 7 days a week 8-5

FOR SALE - Oat straw, good clean sq. bales, $1.50/bale. 774-2879 or 774-2169.
15

FOR SALE - Heavy duty Norge automatic washer, built by the Maytag people. Large 20 lb. capacity is handled easy by a 3/4hp motor. On sale now for only $599. Matching dryer only $399. John Witteveen T.V.-Appliances Sales and Service. 448-2766. RR2 Chesterville (Dunbar).
15-1

TAX FREE SHOPPING
This Thursday
Friday & Saturday
November 26, 27, 28
at
AL-MOR LADIES WEAR
and
THE BROOKSLYN
Chesterville

HOUSE FOR SALE - Crysler, luxurious 4 bedroom, 2-1/2 baths, lot 150'x150', double garage, family, living and dining rooms, finished basement, many extras. $159,900. Phone 987-2198, 764-5577 or 764-3635.
33tf

FOR SALE - Shelled corn, whole or rolled. Call 448-3316.
21tfc

FOR SALE - Surge pipeline milking systems, parlors, Choretime feeding systems, water treatment equipment, standby power supply, new & used vacuum pumps, bulk tanks, milker pails and buckets. Peter Babcock Ltd., Surge Dairy Farm Equipment, 984-2991.
2tfc

## NOTICE

STRANDS HAIR STYLING - 39 Howard St., Chesterville. Open Tues. thru Fri. 9am-6pm. Thurs. 9am-9pm. Sat. 8am until done. Call Nancy 448-1411.
43tf

GIFT BASKETS - Available at The Brookslyn, Chesterville and at any price to suit your budget. Some samples on display. Call 448- 2804.
1tf

GETTING MARRIED? - Have your personal wedding story captured by an experienced photographer. We also take family, anniversary and personal photographs. Book early by calling Wayne LaPrade, Chesterville. 448-2852.
20tf

## NOTICES

ELECTROLUX SALES & SERVICE
New vacuums for '92
Central vac systems
5 year warranty
We repair all makes
Display at McHaffie's Flea Market
Mitch Cassell
543-2140 Morrisburg
34tfc

MONUMENTS
Eastern Ontario Cemetery Memorials
RR2, Mountain, 258-2927
Monuments and markers in granite or bronze. Cemetery lettering and monument restoration.
Bruce Campbell
463 York St., Box 275
Winchester, 774-2493
14tfc

Excellent Hair Care Gifts for the Lady in your life.
From $11.00 to $50.00
Karen's Hair Studio
Prop. Karen Parker
50 Hummel St.
448-2152

BRENDA'S HAIR STUDIO - 9 Bergin St., Finch is open Tues. to Sat. Thursday evening by appointment only. Phone 984-2932.
15

FRANK'S JUKEBOX - For your next coming event 489-3405. Whether a wedding, anniversary, mixed stag, tournament or "let's get together and have a party" the Jukebox can supply your music.
15, 17, 19, 21, 23

NOTICE - Winners of the Winchester Volunteer Fire Dept. Gray Cup Cheer Draw were: Marg Patterson #763; Sheldon McLeod #568; Lenard McLean #983; Butch Oldford #864. Congratulations to the winners and thanks to all participants.
15-1

Lorilea's Clip Salon & Kennels
Since 1975
Boarding & Grooming of all Dogs & Cats
Chesterville
448-3507

HOUSEHOLD MOVERS - Licensed and insured. Call 543-2523 or 543-2226, Morrisburg.
12tfc

CHESTERVILLE LEGION BR. 434 "THE LEGION STILL CARES" - Veterans of the Army, Navy, Air Force or Merchant Marine who have suffered injury or illness or were wounded may be eligible for a pension, medical treatment or other benefits. Please call for an interview not later than Nov. 30, 1992. Earl Johnston, Secretary 448-2479; Lorne Johnson, Service Bureau Officer 448-2109.
15-3

CAMPBELL CUSTOM FURNITURE
CHESTERVILLE, ONT.
Built to your specifications
448-2253

## WANTED

WANTED - Daily ride to Ottawa, Experimental Farm. Phone 448-1422.
15

WORK WANTED - Snow removal service, 4 wheel drive, 4 wheeler with blade. Call Stewart at 448-1460 after 6pm.
15

WORK WANTED - Cow clipping is available. Please phone 933-6584.
15

LIKE TO CHANGE YOUR CAR EVERY YEAR? - Call Car-O-Line Autos, Chesterville. 448-2488. Your area leasing headquarters.
15-1

WORK WANTED - CHIMNEY SWEEP - Be safe! Get your chimney cleaned at least once a year at a reasonable price. Call Lyle 448-3255 after 5pm or daily 448-2574.
15

## WANTED

WANTED - Every Tuesday, healthy Holstein bull calves from 90-140 lbs. Calf station will be open from 10am-2pm. Location: Delft Blue Veal Farm, Lightning St., Williamsburg. For information call Walt at 543-2796 after 8pm.
45tfc

WORK WANTED - Do you need help cleaning your office or business? Weekly? Evenings? References available. Phone 448-1976 after 6pm.
15

HELP WANTED - Alaska jobs - Earn up to $30,000 in 3 months fishing salmon. Also construction, canneries, oil fields plus more! For immediate response call 1-504-646-4513, Extension K510, 24 hours.
15-3

## FOR RENT

FOR RENT - Office or store space, 1000 sq. ft., lots of parking. 38 King St., Chesterville (formerly LaBelle's Beauty Salon). Available Nov. 1. Phone 448-2611 or 1-931-1786.
8tfc

FOR RENT - 2 bedroom apartment to share with one other person. $240/month, includes utilities, 1 month's rent in advance. Phone 448-2108 after 5pm.
15

FOR RENT - 3 bedroom townhouse in Chesterville. $470/month plus utilities. Available Dec. 15, 1992. References. Call 448-2755 after 6pm.
15tfc

FOR RENT - 2 bedroom GROUND FLOOR apartment in NEW ADULT BUILDING. Wall-to-wall carpet, patio, washer & dryer. Facilities in apartment, security system entrance. Call 448-2643 or 448-3621.
15tfc

FOR RENT - 2 bedroom apartment in Chesterville. Available immediately. Phone 984- 2366.
16

FOR RENT - 2 bedroom apartment in Chesterville. Available Jan. 1, 1993. References required. Call 448-2838.

## FREE

FREE - To good homes - Lab/Husky mix puppies (mostly black), 10 weeks old. Phone 448- 3160.
15

FOR SALE - Wood stove, 2 yrs. old; antique brass finish fireplace glass doors. Both in excellent condition. Call 448-1369.
15

FREE - 2 black kittens and black, long-haired mother. Free to a good home. Great Christmas gift. Call 448-1278.

## CARD OF THANKS

CARD OF THANKS
My brothers and I would like to thank our relatives, friends and neighbors for floral arrangements, memorial donations, messages of sympathy and gifts of food following the death of our mother, Freida R. Fawcett. Special thanks to the doctors and the wonderful care-givers in 1- East at Winchester Hospital since last February; the staff of J.R. Vice Funeral Home; Rev. R. Harwood for his kind words; and to my family for serving lunch following the service; and their loving support during Grandma's illness. Everything was greatly appreciated.
Mrs. Robert (Helen) Holmes
15

CARD OF THANKS
In memory of Violet Ringrow. Thank you for being an important part of our family. For caring. For the time and love you gave our children. We will miss you.
Mary, Martin,
Sarah and Adam Schoones
15

CARD OF THANKS
A sincere thanks to neighbors, friends and relatives for calls and cards on the occasion of our 40th anniversary. A special thank you to our family for lovely gifts, flowers, supper and making it a special day.
Morley and Ruby Winters
15

CARD OF THANKS
I would like to thank everyone who came to my 80th birthday party on Sunday. It was a special event for me. Thanks for all the lovely cards and those responsible for the party.
Hazel Prentice
15

## COMING EVENTS

DFA MEETING - The regular monthly meeting of the Dundas Federation of Agriculture will be held on Wed., Dec. 2 at the OMAF Board Room, Winchester, 8pm.
15-1

1st ANNUAL TEA, BAKE & CRAFT SALE - Sat., Dec. 5, 1992. 10am-3pm at the Williamsburg Christian Reformed Church Fellowship Hall. Free admission.
16

16th ANNUAL SENIOR CITIZEN'S CHRISTMAS PARTY - Sun., Dec. 6, 1992 from 1:30-3:30pm in the Chesterville Legion Hall. All senior citizens and any grandparents of uniformed children are invited to attend. Sponsored by Sparks, Beavers, Brownies, Cubs, Guides, Scouts and Pathfinders of Chesterville.
16-2

CHESTERVILLE MERCHANTS MEETING - Tues., Dec. 1, 7:30pm at the Nelson LaPrade Centre. Everyone Welcome.
15

WINCHESTER LITTLE LEAGUE AUCTION SALE - Sun., Dec. 6 at 1pm. Old Hydro Building, St. Lawrence St. See Auction Sale listing in this week's paper.
16-2

BINGO - Sponsored by Dunbar Recreation held in the Dunbar Recreation Centre every Sunday night starting Sept. 13, 1992. Doors open at 5:30pm. Bingo starts at 7pm. Jackpot given every week. No one under 16 years of age permitted.
3tfc

BINGOS - Every second and fourth Saturday, October to March 1993 inclusive at the Winchester Twp. Community Centre. Beginning at 1pm sharp. Sponsored by the Morewood Volunteer Fire Fighters Association.
33tf

FINCH ST. LUKE'S-KNOX PRESBYTERIAN CHURCH ADVENT THANKOFFERING SERVICE - Sun., Nov. 29, 8pm. Guests: Cornwall Centennial Choir. Everyone Welcome.
15

BAZAAR & BAKE SALE - Sat., Nov. 28, 10am-12 noon. St. Andrew's Presbyterian Church Hall, Mill St., Chesterville.

New Years Eve
DANCE
Sponsored by the Finch & District Lions Club
Finch Community Centre
Thurs., Dec. 31/92
9:30 p.m. - 1:30 a.m.
*Disc Jockey*
*Buffet Lunch*
*Door Prizes*
Advance tickets - $12.50
$15.00 per person at the door

SANTA CLAUS BREAKFAST
Sat., Dec. 12/92
7:00 a.m. - 11:00 a.m.
Finch Community Centre
Sponsored by the Finch & District Lions Club

*New Year's Eve*
*Come join us for our final Celebration - 150 - Party*
Avonmore Community Centre
Excellent Music For All by "Jade" Band
*Buffet & Favours*
*Limited Seats*
*Tickets Available*
Barkley's Store
346-5765
Bank of Nova Scotia
346-2102
Barbara Anne's
346-5928
Hubert Delaney
346-2169

| BEFORE DEC. 1 | AFTER DEC. 1 |
|---|---|
| $12.50/person | $15.00/person |

*Great Christmas Gift*

## COMING EVENTS

Winchester Theatre
FRI. NOV. 27, SAT. NOV. 28
Starting at 7:30 P.M.
"MR. BASEBALL"
RATED: P.G.Starring Tom Selleck
Selleck plays a major leaguer traded to Japan. Excellent ball playing and fun.

50th WEDDING ANNIVERSARY - The family of Anatole and Yvette Lalonde warmly invites friends and neighbors to help celebrate their 50th wedding anniversary on Sat., Nov. 28, 1992, at the Chesterville Legion Hall. 9pm-1am. Best Wishes Only.
15

CRAFT SALE SHOW & TEA - Avonmore Community Centre, Dec. 5 from 1-5pm. Sponsored by Senior Citizens. Admission $2 including tea. Everyone Welcome.
16

N.D.D.H.S. CHRISTMAS CONCERT - Hosted by N.D.D.H.S. Concert Band at the School, Wed., Dec. 16, 1992 at 7:30pm. Tickets may be purchased at the door or from any band member. Admission $3.
17-2

CHALMER'S UNITED CHURCH LUNCHEON & BAZAAR (Finch) - Sat., Nov. 28, 1992. 11am-2pm in Finch Community Centre. Everyone Welcome.
15

UPPER CANADA PLAYHOUSE MURDER MYSTERY DINNER - Fri., Nov. 27, at 6:30pm. Best Western Parkway Inn, Cornwall. Tickets $30 plus GST (a $15 tax receipt will be issued). Call 932-0451 for information or reservations.
15-1

ST. MARY'S CATHOLIC WOMEN'S LEAGUE BAZAAR - Sat., Dec. 5 from 1-3pm in the Parish Hall. Free admission.
16

REMEMBER!
This Saturday is our annual
BAZAAR
and
BAKE SALE
10 A.M. - 12 Noon
St. Andrews Presbyterian Church Hall
Mill St. Chesterville

What's on at
THE
SIERRA GRANDE HOTEL
Chesterville.
Fri. - Sat. Nov. 27, 28
"SKUNK - BUTT"
DEC. 3, 4, 5
"JIM COCKRANE AND THE DEAL"
*NEW YEAR'S TICKETS Now Available*

*"The Wright Stuff"*
Aerobics
By
Cheryl Wright
At
Berwick Community Hall
In Berwick
New Session Starting Nov. 23rd
Mondays, Wednesdays & Fridays
4 - 5 p.m. & 7 - 8 p.m.
For more information or to Register
Call
Cheryl
At
984-2817

**Bruce R. Kerr**
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| 1 year | 3 years |
|---|---|
| 7% | 7 3% |
| 5 years | 5 years |
| 8% | 8 25% (Over $25,000) |

*Some minimums may apply. Rates subject to change.*

456 Main St. E., Winchester
Telephone 774-2456

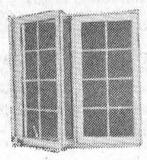
**RAIN-X WINDSHIELD WASHER FLUID**
Regular 1.99
SALE 1 55 EACH
Special ends Nov. 27, 1992
*Call Kevin or Mark for details*
GM PARTS
The expert choice.
**Drewery**
PONTIAC BUICK LTD. WINCHESTER 774-2360
Kevin Gowdy, Parts Manager

**BDO DUNWOODY WARD MALLETTE** Chartered Accountants
Ward Mallette's Winchester office offers a full range of services in areas of:
475 Main St.
WINCHESTER, Ont.
K0C 2K0
Tel: (613) 774-2854
Fax: (613) 774-2586
- Financial Statement Preparation
- Personal Tax Returns and Planning
- Computer Installation and Training
- Goods and Services Tax Consulting

**WINCHESTER STEEL**
**New Winter Hours**
Monday to Friday, 9am-4pm
Saturday, 9am-12 noon
from Dec. 1 to March 1
Highway 31, Winchester, Ont.
Telephone 613-774-2127

**CASS, GRENKIE**
Barristers, Solicitors, Notaries
J. DOUGLAS GRENKIE, Q.C.
PETER J. REMILLARD, B.C.L., LL.B.
(Also of the Quebec Bar)
RICK T. LEROY, L.L.B.
BRAD F. COMEAU, B.Sc.,B.Ed., L.L.B.
OFFICES AT:
13 Ralph Street , P.O. Box 700
CHESTERVILLE - 448-2735
P.O. Box 820
WINCHESTER - 774-2004
(All files and documents of the former legal firms known as Cass & Cass and Cass & Workman are now located with the Cass, Grenkie law firm.)

**TRI COUNTY WINDOWS**
Est. 1987



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Highway 43 East, RR4, WINCHESTER, ONT., K0C 2K0
Registered Ontario Hydro Enermark Contractor

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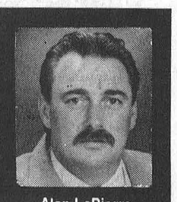
YOUR BULK FOOD STORE
*Specials For November*
- Regular Smooth Peanut Butter
- Brazilian Coffee Beans
- Quick Cooking Rolled Oats
- Pearl & Pot Barley

EVERY MONDAY SENIOR CITIZENS DAY 10% OFF
EAST END PROMENADE, MORRISBURG, ONT.
543-3857

**FEATURE PROPERTIES**
Century 21
McIntosh and Proulx REAL ESTATE LIMITED
MEMBER BROKER
504 Main St. Winchester 774-3990



Alan LaPierre
448-3306



$89,900
**CHESTERVILLE** – Super 2 storey on treed lot, hardwood floors, country kitchen, dining, 3 bedrooms, 2 baths, carport, double garage. Alan LaPierre 448-3306 R1828



$111,900
**MOREWOOD** – Peaceful country setting all brick 4 bedroom home on treed lot, features cozy fireplace plus wood furnace. Alan LaPierre 448-3306 R1808



$63,500
**WILLIAMSBURG** – Something special for the first time buyer, country kitchen, family room, 3 bedrooms, 2 baths, sun porch, much more. Alan LaPierre 448-3306 R1790



$84,900
**WILLIAMSBURG** – Relax and enjoy, original woodwork, hardwood floors, formal dining, 4 bedrooms, front and rear porch, double garage. Alan LaPierre 448-3306 R1831

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Winchester, Ontario
*Household, Estate, Farm, Industrial, Real Estate Auctions*
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QUALITY HOMES • ADDITIONS • GARAGES
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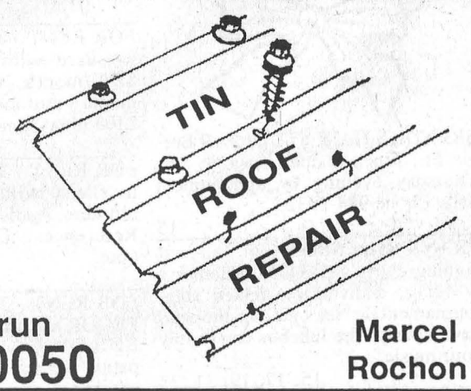


Embrun
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Marcel Rochon

*Merry Christmas*



*Thank you for your patronage.*
$3.00 off per bushel of McIntosh or Empire
$1.00 off 1/2 bushel
with coupon
*Offer expires Dec. 24, 1992*
**Gift Baskets ready made or made to order**
**Christmas Stocking Stuffers**
• Sparkling Apple Juice • Cider • Apple Products
• Apple Peelers and Corers
**Smyth's Apple Orchard**
3 miles west of Williamsburg 652-2477
WINTER HOURS: OPEN 8AM-5PM 7 DAYS A WEEK

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**WE NEED HELP NOW!**
Call us for a **CAREER** in Health Care in Dundas County and area.
We are presently looking for **HOMEMAKERS** to assist our clients with:
• light housekeeping • laundry
• shopping • meal preparation
• some personal care
Full orientation and competitive wages offered.
*If you are interested in people and have a willingness to help others*
**PLEASE CONTACT:**
**Ann Baker**
**503 Main Street West**
**Winchester, Ontario**
**774-5544**
**or 1-800-461-9916**

**EVERYDAY PHOTO SPECIAL**




- Photofinishing Everyday Low Prices -
12 Exposure - $6.59 24 Exposure - $12.29
15 Exposure - $7.99 36 Exposure - $15.49
**Seaway Valley Pharmacy**
Chesterville - 448-2492


VILLAGE OF CHESTERVILLE

## S.D.&G. COUNTIES WARDEN INAUGURATION

## DECEMBER 14, 1992

## BUS SERVICE

The Swearing-In Ceremonies of the Counties Warden will take place during the morning of December 14, 1992 at the Counties Building on Pitt Street in Cornwall, Ontario. Chesterville Reeve, W. James Cook will be nominated for this honour and would become the first Counties Warden from the Village of Chesterville since 1957.

An Open Invitation is extended to all residents of the Village to attend the Ceremonies. If sufficient interest is shown, a bus service will be provided to transport Village residents to the Counties Building and home again by early afternoon.

If you are interested in attending the Ceremonies and wish bus transportation to Cornwall, please call the Village Clerk's Office at 448-2342 no later than December 3, 1992.

This service will be provided ONLY if there is a sufficient number of interested persons.

**Howard F. Smith**
**Clerk-Treasurer**

## CHURCH DIRECTORY

**NATIONSIDE PENTECOSTAL CHURCH**
*"A friendly Church with an eternal message"*
13 Albert St.
CHESTERVILLE
Pastor: Interim
448-2084
**SUNDAY, Nov. 29, 1992**
10 A.M.- Sunday School
11A.M. - Morning Worship
7:30 P.M. - Evening Praises
9:30 A.M.- Tuesday - Ladies Prayer
*Affiliated with the Pentecostal Assemblies of Canada*
May 1993

**HARMONY COMMUNITY CHURCH**
*(Missionary Church of Canada)*
Hwy 31 & Ormond Road
Pastor: The Rev. Laurie A. Taylor
774-5170
**SUNDAY, Nov. 29, 1992**
10:30 A.M. - Morning Celebration
10:30 A.M. - Sunday School
7:30 P.M. - Gospel Song Service featuring The Goodberry Sisters
Wed. 7:30 P.M. - Spiritual Gifts Seminar
Dec. 1992

**PRESBYTERIAN CHURCH**
Morewood &
ST. ANDREW'S - Chesterville
Pastor: Rev. Bert de Bruijn
448-2516
**SUNDAY, Nov. 29, 1992**
**Morewood**
11:00 A.M. - Sunday Worship
Nursery & Sunday School
**CELEBRATION OF THE LORD'S SUPPER**
Tues. 3:30 P.M. - Bible Fun Club in M.P.S. Gr. 4 & 5
Fri. 7:00 P.M -. Morewood Christian Youth in Presbyterian Hall
**Chesterville**
9:25 A.M. - Sunday Worship
Nursery & Sunday School
Tues. 9:30 A.M. - Coffee Break
Nursery & Story Hour
6:30 P.M -. Junior Bible Clubs: Gr. K-Gr.4
7:30 P.M. - Life in the Spirit Praise & Bible Study
Thurs. 6:30 P.M. - Senior Bible Clubs: Gr. 5&6
Fri. 7:00 P.M.- Chesterville Christian Youth
*COME EXPECTING LEAVE REJOICING*
May 1993

**ST. MARY'S CATHOLIC CHURCH**
CHESTERVILLE
Father: Jim Esper
448-3262
**SUNDAY, Nov. 29, 1992**
HOLY MASS
7:30 P.M. - Sat. Night Mass
9:00 A.M. & 11:00 A.M. - Sunday Morning Mass
Jan. 1993

**DUNBAR PRESBYTERIAN CHURCH**
DUNBAR
Rev. Gregory W. Blatch
Organist: Mrs. Marjorie Thom
9:30 A.M. - Sunday Service
*A Warm Welcome Awaits All"*
May 1993

**CHRISTIAN REFORMED CHURCH**
WILLIAMSBURG
Pastor: Rev. John Tangelder
774-6539
**SUNDAY, Nov. 29, 1992**
9:30 A.M. - Morning Service
7:30 P.M. - Evening Service
Nursery provided during all services.
You are invited to worship with us.
*FAITH 20 can be viewed every morning at 5:30 am on Channel 6.*
May 1993

**UNITED CHURCHES**
CHESTERVILLE - MOREWOOD
Minister: Rev. Roy Harwood
448-3549
**SUNDAY, Nov. 29, 1992**
MOREWOOD - 9:30 A.M.
CHESTERVILLE - 11:00 A.M.
*EVERYONE WELCOME*
June 1993

**HOLY TRINITY ANGLICAN CHURCH**
CHESTERVILLE
Rev. George Bruce
**SUNDAY, Nov. 29, 1992**
9:30 A.M. - Sunday Worship
June 1993



# BIRTHS

**BIRTH ANNOUNCEMENT**

CASSELMAN - Todd and Debbie (Coleman) are pleased to announce the safe arrival of their first born, Dylan Samuel Lee, 6 lbs. 15 ozs., Nov. 9, 1992. First grandchild for both Ronald and Linda Casselman of Williamsburg and Robert and Freida Coleman of Chesterville. Special thanks to Dr. Crabtree, Lorraine Southin and the maternity staff at Winchester Memorial Hospital.

15

**BIRTH ANNOUNCEMENT**

BECKSTEAD - Matthew is thrilled to announce the safe arrival of his baby sister, Jennifer Marie, born Nov. 6, 1992, weighing 8 lbs. 4 ozs. at Scarborough Grace Hospital. My proud parents are Elizabeth and Michael of Ajax, Ont. My grandparents who welcome her with joy are Margaret and Ward Morrison, Scarborough, Ont., and Mary and R.D. Chisholm.

15

**BIRTH ANNOUNCEMENT**

IRWIN - John and Lise are delighted to announce the birth of Savannah Marie, born October 21, 1992 at 6:42pm, and weighing 8 lbs. 4 ozs. Fifth grandchild for Mary Luykx, sixth grandchild for Linda and Elmore. Special thanks to Dr. M. Crabtree and the entire staff at Winchester District Memorial Hospital.

# INMEMORIAM

**IN MEMORIAM**

YOUNG - In loving memory of a dear mother, grandmother and great grandmother, Lera, who left us on Nov. 25, 1990.

She left us quietly, her thoughts unknown,

But she left us memories we are proud to own.

So treasure her Lord in the Garden of Rest,

For while on earth she was one of the best.

**The Young Family**

# INMEMORIAMS

**IN MEMORIAM**

STEWART - In memory of a loving husband, father, grandfather and great grandfather, Milton, who passed away Dec. 1, 1991.

**Always loved and sadly missed by his wife Laura and family**

15

**IN MEMORIAM**

FRY - In memory of a dear friend and co-worker, Douglas, who passed away Nov. 16, 1991.

Often thought of and never forgotten.

**Carl and Muriel Smith and Family**

# AUCTION SALES

**AUCTION SALE**
**HERD OF**
**Leonard Vanderlaan**
**Winchester, Ont.**
**THURS., DEC. 3, 1992**
**11 AM**
**at**
**Leo's Livestock Exchange Ltd.**

Consisting of 65 Grade Holstein dairy cows, good for year-round milking. Approx. 25 springer or fresh.

**Information 613-821-2634**

15-1

**AUCTION SALE**
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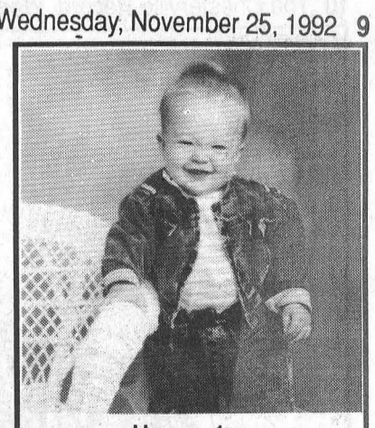

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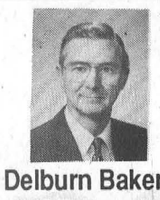

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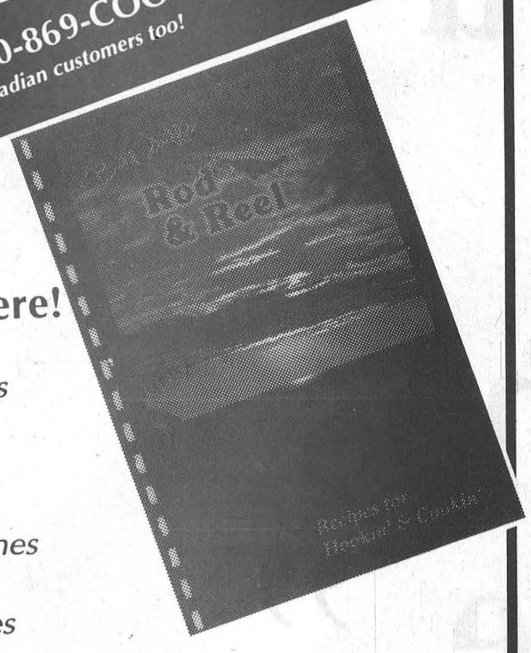


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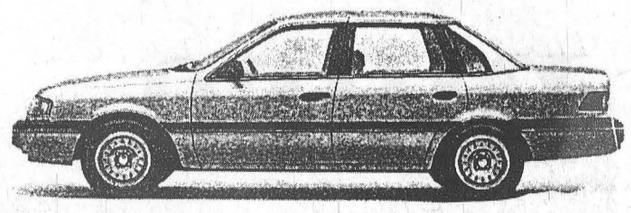

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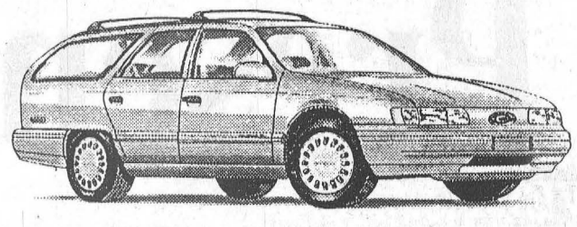

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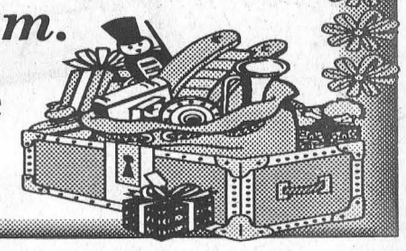

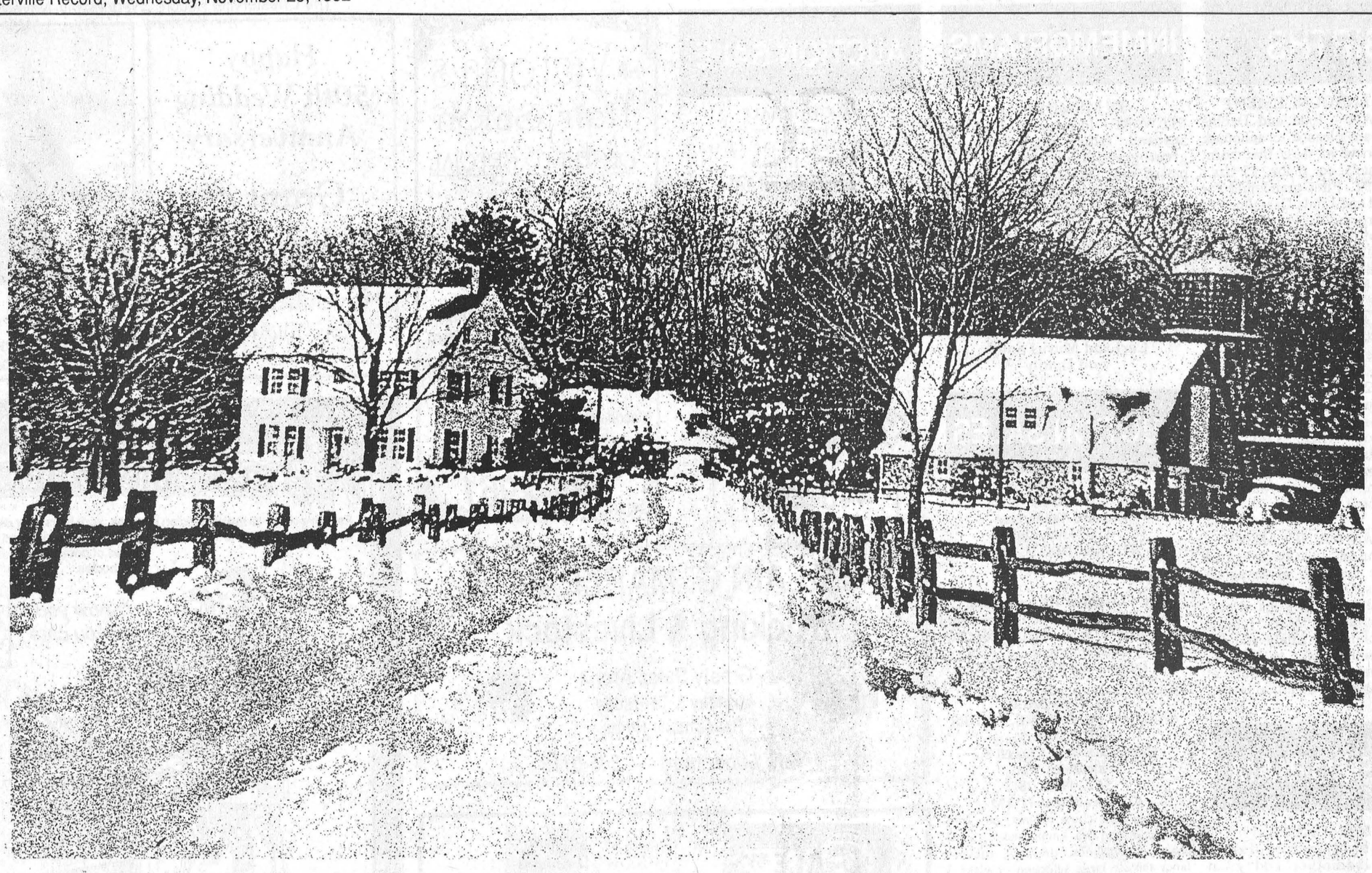

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*—Jane Acres*

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*—Jason Ibbetson*

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*—Jean Holmes*

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*—Donna Peacock*

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# The Record Sports

## Junior Lancers win SD&G title with late foul shots

By Chris Thatcher
Record Staff

Three late baskets, including a hook shot from Christine DeJong, helped the Rothwell-Osnabruck junior girls' basketball team claim the Stormont, Dundas and Glengarry "A" championship Wednesday.

The Lancers kept their undefeated record intact, downing the Seaway Spartans 33-24 before a home court crowd of 200.

R-O led the contest from start to finish, but came close to throwing it away with less than four minutes to play.

Sherry Werely gave the Spartans a lift at the end of the third quarter, hitting a three point shot at the buzzer to make it 24-19. They continued to press in the fourth, closing the gap to 24-22.

But the Lancers went to a "prevent offence," passing the ball around the key to kill the clock.

The move drew Seaway in foul trouble, sending R-O sharp-shooter Kelly Rombough to the foul line three times, and she hit five of six shots.

Rombough and guard Angie Thompson fouled out late in the quarter, but DeJong sealed the championship with an over-the-shoulder shot in the final minute.

"I can't believe I made that shot," DeJong said.

First-year coach Krista Simonett, who started the season without any knowledge of the calibre of SD&G junior basketball, attributed the win to the team's work ethic.

"These girls were really disciplined," she said. "I'd never seen them play before so I didn't know what would happen. We've had a fantastic season."

R-O opened a 10-4 lead after one frame and extended that to 16-9 by the half due to turnovers created by Thompson and Christine Salzer.

Rombough hit for 11 points while DeJong and Saltzer added eight. Suzanne Schraner (9), Diana Barton (7) and Werely (6) were Seaway's top shooters.

The Lancers qualified for the final with a 36-17 win over Tagwi in Monday's semi-final. Rombough, Salzer and DeJong all pumped in eight points while Sommer Miller replied with nine for Tagwi.

**SENIOR**

The Char-Lan Crusaders ousted the Rothwell- Osnabruck senior girls' team 35-27 in SD&G "A" semi- final play in Williamstown last Monday.

*"These girls were really disciplined. We've had a fantastic season."*
*coach Krista Simonett*

The Crusaders bowed out in the final Wednesday after a 28-25 loss to Seaway, 56-34 winners over Tagwi in the semis.

For the third time this season, R-O let Char-Lan pull away in the final quarter. In two earlier meetings, the Crusaders held slim leads until the last eight minutes.

Christine Bancroft hit for 14 points to lead the Lancers. Valerie Robinson chipped in six. Vicki Peacey and Cathy Pilon paced Char-Lan with 14 each.

**MIDGET**

Despite four-point efforts from Jessica Walker and Marjorie Gillard, the Rothwell-Osnabruck midget girls' team was unable to unseat Seaway Wednesday.

The Spartans posted a 12-8 victory to claim the SD&G "A" title on home court.

The Lancers had an 8-5 lead at the half but Danielle Whitteker struck for five of her six points in the final 16 minutes to give the Spartans the win.

Seaway qualified for the final with a 33-27 squeaker over Tagwi while R-O downed Char-Lan 15-12. Walker led the Lancers with eight. In the first game, Joanne Montcalm paced Tagwi with seven and Jennifer Morrow hit 11 for Seaway.



Lancers' Angie Thompson avoids Seaway defenders as Kelly Rombough (4) moves along the baseline for a pass in SD&G junior girls' basketball final Wednesday.



Lancers Kelly Rombough (4), Tanis Kinnear (42), Christine DeJong (21) and Sara Eamon (53) celebrate win.

## A little success goes a long way for ND Devils

### Out of left field
*Chris Thatcher*

"Success breeds success."

Maybe it's an overused truism in sports jargon, but for Mark Lewis the adage provided a logical explanation to his team's woeful start.

The North Dundas senior girls' basketball team had little to build on that they could call "success."

With the SD&G season a week old, North Dundas was stumbling out of the gate. In one league game and three exhibition contests, it was 0-4. The year before – to stick with the horse racing metaphor –the Devils didn't even bother to leave the paddock and finished with a 2-8 record.

Even Leggo has better building blocks.

But Lewis didn't want to call it a rebuilding year; there were too many veteran players and the tag, so readily used by coaches and sports writers, seemed like a cop-out.

"They need a little time to get some confidence," he said. Confidence and success go hand-in-hand.

But the Devils had another problem. The school moved from the "A" division –a division where everybody makes the playoffs –to the "AA" where only the top four are contenders for the league title.

Making the playoffs, let alone climbing out of the league basement, seemed a remote possibility.

Well, never doubt a team that can gain a little confidence. Ottawa Senators take note.

North Dundas rolled to a 5-3 record, with losses to the three teams that finished above it: St. Lawrence, La Citadelle and Cornwall.

The team bowed out of SD&G playoffs this week, but not before giving the St. Lawrence Saints, odds on favorites to win it all, a respectable challenge.

"I think the big accomplishment was getting the girls to believe in themselves," said Lewis after Thursday's semi-final. "They realized they could play against any team in the league –that's a sign of confidence."

There are no banners to decorate the gym wall, no trophies for the show case, but the Devils gained the respect of every team in the league, something they were hard pressed to earn last year.

And next year?

"They had some success," said Lewis. He'll leave it at that.

## McRae resigns as Express coach

Player shuffles have failed to do the trick for the winless North Stormont Express, so the EOJCHL team shuffled coaches last week.

Kirk Anderson, a former Junior "B" coach, took over the reigns of the 0-11 Express last Tuesday after second-year coach Steve McRae stepped down.

Anderson's debut, however, was an inauspicious one as North Stormont increased its drought, losing 8-4 to St. Isidore Thursday and 13-6 to Casselman Sunday.

The coaching change was instigated by McRae, according to Express general manager Barry Brownlee.

"Steve felt he'd been there long enough," Brownlee said. "He's the one who brought it to us and we agreed we needed a change. He just felt he didn't have the time and wasn't putting enough into it."

"Steve suggested the change and I think it shows a lot of class," Anderson said. "It was very unselfish of him."

*"I think it shows a lot of class. It was very unselfish of him."*
*coach Kirk Anderson*

Anderson said that roster changes, particularly on defence, are imminent. Finding the players to fill the holes could be another problem, however.

"Our defence really hurts," he said. "I think in both games we ceratinly played with St. Isidore and Casselman. I think our forwards can skate as well or better, we just can't put the puck in the net. But there's not a defencemen's job that's safe.

"When you coach Junior A or B, you have five or six players after each position. Here, we don't have anybody knocking at the door."

But he has contacted several players who were cut from Junior B recently and hopes to have them in Express uniforms at practice this week.

**ST. ISIDORE**

Mike Stewart scored two goals and Pete Decooman and Derek McElheran added single markers in the loss to the first-place St. Isidore Eagles.

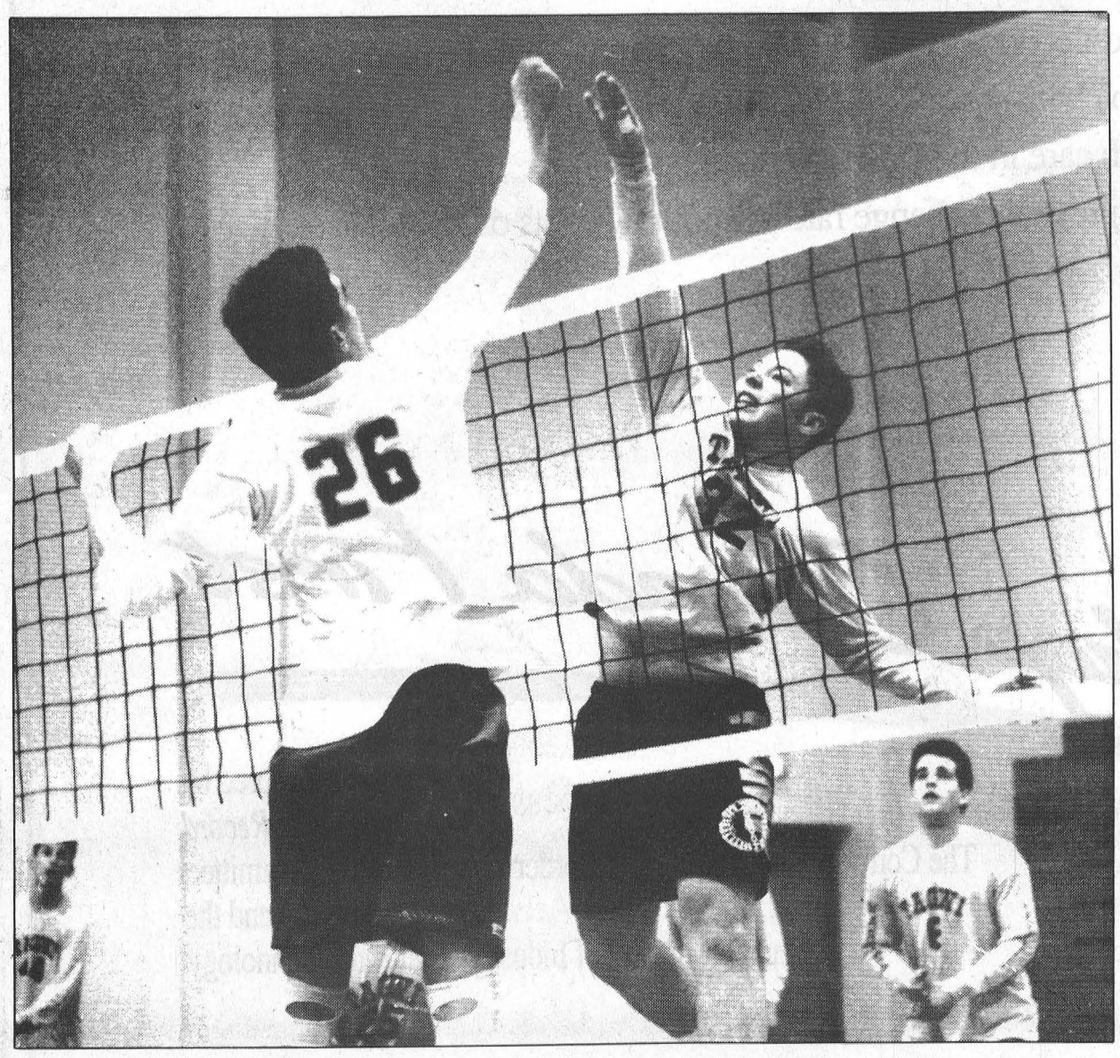
Kevin Villeneuve, Chris Leroux, Mark Vanasse and Ryan Winter drew assists. Eric Leroux scored twice for the Eagles.

**CASSELMAN**

Roch Benoit and Cory VanDelst netted a pair each while Leroux and McElheran chipped in singles against the Stars.

Charles Cusson scored five goals –four in a row in the third period – as Casselman blew open a 3-1 game after one period. Pascal Leroux and Steven Racine counted two apiece and Martin Hughes drew seven assists as the Stars struck for five in the second and five more in the third.

North Stormont hosts the fourth-place Embrun 72's Thursday, Nov. 26, at the Finch Arena. game time is 8 p.m.



Tagwi's Jamie Nixon (32) tips the ball over a St. Joseph's player in EOSSAA round-robin play.

## Gananoque blocks Tagwi's quest

Chris Thatcher
Record Staff

"Volleyball is a funny sport," Joe Stelmach said. "If you do the right things at the right time, you can win."

The flip side of that coin? A few mistakes at the wrong time can cost you an Eastern Ontario Secondary School Athletic Association volleyball championship.

Errors and miscues in the first game of the EOSSAA best-of-three final cost Stelmach's Tagwi junior boys' team a 2-0 loss to Gananoque in Avonmore Thursday.

The Warriors lost 15-3, 15-10 in the title match after eliminating three of the region's top teams, Renfrew's St. Joseph's, North Grenville in Kemptville and Embrun.

"They (Gananoque) had a style that offset our play a lot," Stelmach said. "We made a lot of stupid little mistakes that cost us points. It wasn't just one or two players –we could have corrected that –each player made mistakes at crucial times. I could see the frustration in their faces."

Tagwi regrouped in the second set, battling Gananoque to 10-10 before conceding the final five points.

"To get those last five points, they really had to work," Stelmach said. "Our serving was good the whole game but we couldn't do our thing. Again, little errors at the net hurt us. All in all, though, I'm quite proud of them."

As tournament co-ordinator, Stelmach had a chance to stack the deck in Tagwi's favor. The six-team event is comprised of five school board champions and one wild card. Gananoque lost the Leeds-Grenville championship to North Grenville last week and Stelmach had the option to take a runner-up from any one of the five boards.

Tagwi already had one loss courtesy of Gananoque when the two single "A" teams met in the final of the La Citadelle "AA" tournament earlier this season, so Stelmach was well aware of its prowess.

"I could have seeded Seaway and set it up for us," he admitted. "But it would have soured the whole tournament. There was no question Gananoque had a better record."

The Warriors were also hoping to avenge that loss, one of the few blemishes on a 31-9 record this season.

"Man-for man, we're as good or better skill-wise," said Stelmach. "Our guys were a little overanxious and disappointed themselves. (Gananoque) must put a lot of time into practice; our guys are in it more for the fun."

In round-robin action, Tagwi downed the St. Joseph's X-Men in straight sets 15-4, 15-9 but had its hands full with the North Grenville Knights.

The Knights jumped to early leads in both sets but could not put the Warriors away, losing 16-14 and 17-15. The lead changed hands six times in the second game.

In the semi-finals, Tagwi advanced with a comfortable win over the Embrun Panthers 15-4 and 15-7, while Gananoque downed North Grenville 7-15, 15-8 and 15-5.

This was Tagwi's second trip to EOSSAA in as many years, a feat unlikely to be repeated at the junior level next season. All but one player will tryout for the senior team in September. "The first year of senior is hard to predict," said Stelmach. "But I've got them for two years for sure."

**SENIOR**

The Tagwi senior boys team came

See SCHEDULE, page 13

# This Probably Isn't the Kind of Cross Border Shopping You Had in Mind.



Are you buying out-of-Canada health insurance before heading off on a shopping excursion to New York State?

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# Demons tie Bears in final seconds

WINCHESTER—Goalie Denis Desormeaux was on the bench in favor of an extra attacker when Randy McLeod poked in a Jason Desormeaux rebound and tied the game.

McLeod's goal came in the final minute of play and gave the North Dundas Demons a come-from-behind 4- 4 tie with the visting Smiths Falls Bears here last Thursday.

The tie enabled the Demons to keep their UCMHL Midget "A" unbeaten string alive.

Over the past weekend Mike Arnkvarn had his troops in Williamstown for a tournament and they came away with a win and a loss.

North Dundas defeated the Southend Capitals from Ottawa 6-1 and were defeated 4-2 in a shoot-out by the South Stormont Flyers and eliminated.

"We dominated both games and lost one," the coach explained.

Arnkvarn said his troops out-shot South Stormont by a 4-1 margin but just couldn't beat the Flyer goaltender. He also noted his shooters missed nine breakaway opportunities, three in overtime.

"We should have won the game in regulation but that's how hockey goes. We couldn't score in overtime."

Smiths Falls led the Demons 1-0 after a period of last Thursday's encounter.

The Bears were up 3-2 after two periods.

Jason Desormeaux tied it up scoring on a scramble involving Grant Williams and Clinton Holmes at 13:46 of the second. But the Bears cracked the tie scoring with 3:38 and 2:31 left in the second.

Jason Fawcett cut the North Dundas deficit to 3-2 finishing off a play started for him by Craig Halpenny 1:48 before the end of the period.

North Dundas knotted it up at 3-3 at 13:44 of the final frame when Clinton Holmes scored from Phillip Brisebois and Grant Williams but the Bears answered with 7:35 left with a goal and a 4-3 lead.

Randy McLeod and Jason Desormeaux then teamed up for the tying goal in the final minute of play.

**TOURNEY TALES**

Friday night in Williamstown the Demons opened the tournament with a resounding 6-1 win over the Southend Capitals.

Denis Desormeaux lost his shutout bid late in the second period. His offence didn't score in period one but led 2-1 after two.

Chris McFarlane, Brent Barkley, Trevor Simpson, Barry Bell, Steve Cross and Jason Desormeaux netted the goals.

Craig Halpenny (3), Bell, Jason Fawcett, Clint Holmes and Grant Williams all earned assists.

Jason Desormeaux and Barry Bell notched the Demon goals in the 4-2 loss to South Stormont. Craig Halpenny assisted on both markers. Randy McLeod also picked up a point.

Tyson Chadwell and Adam Bourbonnais scored the shoot-out goals for the Flyers.

# Bantams swamp Rideaus with ten

WESTPORT—A seven goal first period explosion charged the North Dundas attack here Sunday as the Demons romped to a 10-2 UCMHL Bantam "B" victory over the North Leeds Rideaus.

Kris Young scored two of those first seven and then helped out on two others as North Dundas improved their record to 3-2-0.

Stephen Henderson also clicked for two goals scoring the first and the last of the game.

Demons' captain Rob Raistrick found the net once and helped out on three other goals. Andrew Roach also pegged a goal and drew two assists.

Jamie Hyndman, Shawn Johnson, Jason Heuff and Ryan Filion also scored goals.

Henderson, Wes McLeod, Heuff and Ryan Holmes earned assists. Darryl Beck and Kevin McLeod tended nets.

Last Tuesday on home ice in Chesterville the Demons dropped a 5-2 decision to the prowling Morrisburg Lions.

Morrisburg led 1-0 after a period and 4-2 after two.

Jason McDonald scored the Demons first goal from Anthony Mann at 13:40 of the second period and Andrew Roach followed that with his goal at the 8:35 mark. Jason Heuff and Stephen Henderson engineered that powerplay.

**TOURNEY TALES**

Saturday the Demons split a pair of tournament games in Kanata defeating South Grenville 5-3 and losing 6-0 to Orleans who advanced to the "A" final only to be beaten by Kanata 3-1.

A goal by Stephen Henderson, assisted by Shawn Johnson and Kris Young, at 6:06 of the first period tied North Dundas and South Grenville after a period of play.

Rob Raistrick and Andrew Carkner scored second-period markers as the Demons took a 3-2 edge on the Rangers.

Raistrick scored again at 9:21 of the third period and Andrew Roach completed the scoring with a goal at the 7:04 mark.

Roach (2), Raistrick, Henderson picked up second and third period assists.

# Schedule ruins Warriors EOSSAA debut

Continued from page 11

up well short in its bid at the EOSSAA championships in Gananoque Wednesday, thanks in part to the schedule maker. Tagwi opened the six-team tournament at 9:15 a.m. after a two hour drive.

Add that to the fact that it had to play Gananoque, eventual champions, and its small wonder the Warriors went down in straight sets, said coach Sean Lee.

"That schedule didn't help," Lee said. "If we'd been at home, I think we would have made the semi-finals.

"The competition was really good. There were a lot of high quality teams there but nobody was going to beat Gananoque."

After the 2-0 loss to the host squad, Tagwi took Madawaska to three games, losing the final set 15-13.

The Warriors qualified for EOSSAA the previous week, downing Seaway District in the SD&G "A" final.

**NORTH DUNDAS**

North Dundas finished fourth in the SD&G junior boys' volleyball regular season, but managed to battle its way to a silver medal in last week's "AA" championship tournament in Cornwall.

The Devils topped the round-robin pool at St. Lawrence High School, knocking off La Citadelle and St. Joseph's.

The victories set up a best-of-three final with the host Saints, third overall in league play.

# Koopman strikes twice to spark Demons

MORRISBURG—Chris Koopman snapped in a pair of pucks here last Tuesday and led the North Dundas Atom "C" No. Two Demons to a 5-1 UCMHL victory over the home town Lions.

Dana Hunter missed the shutout by a goal when Eric Charlebois beat him on an unassisted play 6:13 before the end of the game.

Grant Booth put North Dundas on the board scoring from Koopman at 7:03 of the first period.

Andrew Douma made it 2-0 scoring from A. Pope and A. Molougney at 7:37 of period two. Koopman then found the net for a pair of goals scoring from J. DeJong at 2:47 and from Grant Booth at 0:12.

C. Wall's goal, assisted by Andrew Douma and A. Pope, made it 5-0 with 7:54 left in the game.

Earlier in the week the Demons dropped a 3-1 decision to Kemptville No. Threes in Kemptville.

Grant Booth netted North Dundas' lone goal on an unassisted play at 6:57 of period one.

# Leach scores seven for Dundas

CHESTERVILLE—Travis Leach scored seven times in total and two quick ones to get the North Dundas second year Novice Demons off to a sudden start in an exhibition contest here on Saturday.

Leach finished the game with eight points (seven goals, one assist) as North Dundas skated to a 19-1 win.

Devin Kelly added five goals and three assists to his team's total.

Tory Baldwin netted three and helped out on two other goals.

Dale Dellaire scored once and assisted on three others.

Adam Guy, Oliver Last and Zarley Hutt each scored their first game-situation goals.

Adam Guy and Oliver Last also shared the goal-tending duties.

Jared Johnson, Matthew Gilmer and Derek Kelly also figured in on the scoring.

## Bowling

**Busy Matrons** - High Single, Shelley Melenhorst 230; High Triple, Sharon Shaver 541. **Team Standings** - Betty 44; Jean 38; Sharon 35; Debbie 32; Elsie 31; Mary 30.

**Finch Mixed League** - Men's High Single, Jack Hoogeveen 340; Men's High Triple, Jack Hoogeveen 813. Ladies' High Single, Maida Rowe 273; Ladies' High Triple, Maida Rowe 662. **Team Standings** - Hot Shots 50; The Rippers 39; Rockin' Rollers 35; Sardoo 34; Night Owls 28; Fire Flys 24.

**Berwick Thursday Night** - Men's High Single, Nick Beehler 345; Men's High Triple, Nick Beehler 758. Ladies' High Single, Micheline Steals 219; Ladies' High Triple, Carol Lalonde 578. **Team Standings** - Marcel 48; Nick 47; Brad 37; Dean 36; Mike 32; Tony 31.

**Wednesday Afternoon Ladies** - High Single, Gloria Nelson 301; High Triple, Virley Edwards 617. **Team Standings** - Debbie Hess 49; Norma Cass 39; Liz Spiller 26; Elizabeth Brooks 26.

**Chesterville Community** - Men's High Single, Claude Lalonde 294; Men's High Triple, Claude Lalonde 680. Ladies' High Single, Pat Monast 255; Ladies' High Triple, Pat Monast 645. **Team Standings** - Joel 38; Roxanne 37; Andrew 36; Jack 35; Pat 34; Gordon 30.

**Les Copains** - Men's High Single, Daniel LeBlanc 283; Men's High Triple, Daniel LeBlanc 645. Ladies' High Single, Claire Brunet 209; Ladies' High Triple, Claire Brunet 589. **Team Standings** - Noella Drouin 50; Francois LeClerc 36; Alphonse Lafrance 33; Richard LeBlanc 32; Daniel Martel 32; Liliane Martel 24.

**Avonmore Mixed League** - Men's High Single, Ernie Jackson 234; Men's High Triple, Jack Brown 509. Ladies' High Single, Iva Bush 233; Ladies' High Triple, Beulah Rielly 594. **Team Standings** - Shelagh 138-1/2; Mary 136; Viola 131; Florence 123-1/2; Charlie 115-1/2; Gordie 109-1/2.

**Winchester Odd Couples** - Men's High Single, Marcel Soucy 250; Men's High Triple, Marcel Soucy 648. Ladies' High Single, Sandie Puddephatt 223; Ladies' High Triple, Sandie Puddephatt 559. **Team Standings** - Brenda 33; Sandie 22; Serge 16; David 13.

**Monday Night Men** - High Single, Ron Robinson 301; High Triple, Ron Robinson 787; High Average, Gary Scott 221. **Team Standings** - Blue Max 47; Alley Rats 35; Raiders 35; Stingers 35; A-Team 34; Seniors 24.

**Defenders League** - Men's High Single, Dean Hubbard 247; Men's High Triple, Dean Hubbard 567. Ladies' High Single, Kathy Barkley 255; Ladies' High Triple, Kathy Barkley 594. **Team Standings** - Mary Lynn 33; Oswald 32; Dean 31; Debbie 27; Hilda 25; Arnie 24.

**North Stormont Ladies** - High Single, Virley Edwards 265; High Triple, Virley Edwards 652. **Team Standings** - Grannies 34; Slow Pokes 34; Boo Hoo Bees 31; Blue Birds 27.

**Williamsburg Mixed (Friday Night)** - Men's High Single, Gary Scott 275; Men's High Triple, Gary Scott 736. Ladies' High Single, Susan Lewis 226; Ladies' High Triple, Janet McHugh (spare) 531. **Team Standings** - Alley Cats 55; The Gamblers 46; Alley Oops 46; Bowleroos 44; Pin Heads 37; Silver Bullets 36.

**Riverside Rollers** - Men's High Single, Ken Holland 261; Men's High Triple, Ken Holland 681. Ladies' High Single, Candace Burns 188; Ladies' High Triple, Candace Burns 509. **Team Standings** - Mervin Patterson 50; Gary Burns 42; Terry Poapst 39; Janet Douma 37; Jim Irvine 34; Bruce Ray 29.

**YBC Pee Wee** - Boy's High Single, Grant Middleton 118; Boy's High Double, Grant Middleton 217. Girls' High Single, Jennifer Jacques 111; Girls' High Double, Kim Fife 214. **Team Standings** - Adam 34-1/2; Mathew 23-1/2; Kim 23; Shannon 19.

**YBC Bantam** - Boy's High Single, Jamie Lalonde 186; Boy's High Double, Jamie Lalonde 297. Girls' High Single, Natasha Glaude 119; Girls' High Double, Natasha Glaude 225. **Team Standings** - Michael 44; Tasha 38; Daniel 35-1/2; Tyler 32-1/2; Lisa 32; Sherry 28.

**YBC Junior** - Boy's High Single, Eric Fisher 156; Boy's High Double, Eric Fisher 280. Girls' High Single, Heather McLeod 208; Girls' High Double, Heather McLeod 354. **Team Standings** - Richard 40; Shanna 32; Amanda 31; Andrea 26; Kristy 22.

**YBC Senior** - Boy's High Single, Marc Robinson 234; Boy's High Double, Marc Robinson 423. Girls' High Single, Cindy McLeod 211; Girls' High Double, Cindy McLeod 401. **Team Standings** - Colin 21; Tonya 20; Kevin 19.

**Crysler Club 60** - Men's High Single, Yvan Rouleau 203; Men's High Triple, Yvan Rouleau 523. Ladies' High Single, Yolande Leduc 262; Ladies' High Triple, Yolande Leduc 660.

**Matilda League** - Men's High Single, Edwin Duncan 310; Men's High Triple, Jack Joustra 716. Ladies' High Single, Shirley Cooper 250; Ladies' High Triple, Shirley Cooper 652. Hidden Score - Bernadette Carr 118. **Team Standings** - Marilyn Payne 23120; Bill LeClaire 22816; Glen Pashak 22695; Barry Cooper 22483; Barry Fawcett 22112; Bill Horner 22028.

## SPORTS CALENDAR

**Eastern Ontario Junior "C" Hockey League**
**Thurs., Nov. 26**
Embrun at North Stormont
8 PM
Finch Arena
**Fri., Nov. 27**
North Stormont vs St. Isidore
St. Isidore Arena
8 PM
**Men's Hockey Tournament**
**Dec. 5, 1992**
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# Saints remain basketball enigma

They are the unsolved riddle of Stormont, Dundas and Glengarry senior girls' basketball, the code nobody can break.

The St. Lawrence Saints went 8-0 in league play; they extended that in the first round of the playoffs Thursday, downing North Dundas 46-29 at home.

The Saints, who meet La Citadelle in the "AA" final this week, ran up a 25-7 lead by the half, following a 13-2 first quarter.

However, after a strategy session and a brief paragraph from the riot act at halftime, North Dundas rallied in the second and outscored the Saints

22-21.

Rebecca Kennedy led the Devils with 14 points while Shannon Burke paced the Saints with 13. Jean Studnicki added 11.

Despite the notable lack of offence in the first half, Devils' coach Mark Lewis was still impressed by his team's overall play.

"We didn't play very well in the first half, but I can't complain about our defence," he said. "Anytime you hold St. Lawrence to 25 points in a half you're doing well. But on offence we panicked with our shots and threw a lot of them away.

"We outscored them in the second. We're only one of a few teams to hold (St. Lawrence) under 50 points. It was a positive way to end it."

North Dundas will lose several key players to graduation, including high-scoring forward Brenda Koekkoek, point-guard Laura Zrymiak, Tamara Bond and Marilyn Wade, but with the success of the junior team, and the return of Kennedy, the Devils should be in good shape.

**JUNIOR**

After finishing the SD&G regular season in a scramble for the last playoff spot, the North Dundas junior girls' basketball team was disposed of in short order by the St. Joseph's Panthers Thursday.

The Panthers, first overall with a perfect 8-0 record, defeated the 4-4 Devils 53-18 on home court in the "AA" semi-final.

North Dundas trailed 8-7 after one quarter but could not contain the league's top offence in the second as St. Joe's went on a 23-6 scoring spree.

The Devils closed that gap considerably by the half but had little left for the final 16 minutes.

"The girls ran out of gas in the second," said Mark Lewis, who co-coached the team with Gerry Jean. "But St. Joe's has got some good players and they don't make many mistakes."



The Rothwell-Osnabruck girls soccer team. Back row, (left to right): Joan Delaney (coach), Brianne Crites, Karen Elliott, Meghan Gibson, Beth-Anne Loynachan, Amanda Beaudette, Alyscha Dingwall, Allison Wara, Melissa Smyth and Diana DeJong. Front row: Chantal Hamelin, April Hadley, Amy Snider, Shawna Locey, Alexia Camploi, Angela Wilson, Lisa Antoine and Angela Derouchie.

# Campoli backstops R-0 to crown

Alexia Campoli recorded four consecutive shutouts as Rothwell-Osnabruck Elementary School won the Stormont "A" Intermediate girls soccer championship recently.

Campoli stopped everything fired in her direction in the district final, helping Rothwell-Osnabruck to a 1-0 victory over Akwasasne. Chantal Hamelin scored the lone goal.

The Lancers dominated the one-day tournament, winning their round-robin division handily. R-O downed Long Sault, Viscount Alexander and Central Public by identical 1-0 scores.

# Smith sinks four, including winner, for Black

Mark Smith tipped in a late third period goal to lift Team Black over Team Green 7-6 in Chesterville Town League hockey action Wednesday.

The loss drops Green out of a tie for first place and into a two-way draw for third with Team Blue, 3-2 losers to Team Red.

Smith finished a Jamie Utman and Craig Smith passing play for his eighth goal of the season and his fourth on the night. He also had one assist.

Teammate Pat Kelly collected two goals and three assists to move into sole possession of first place in the scoring race with 16 points.

Utman added a goal and three helpers and Kent Trolly, John Mackler and Craig Smith drew assists for the 4-2 Black squad.

Team Green's Ken Byers nabbed a hat trick in a losing cause to run his goal-scoring streak to five games. Jeff Williamson, Greg Sullivan and Kevin Byers provided the other goals.

Ray Sherrer, who holds down second place in the league scoring with 15 points, drew three assists while Jeff Moore and Jeff Hyndman added a pair each.

**RED 3, BLUE 2**

John Guy improved his point total to 13 with a goal and an assist as Red snapped Team Blue's two game winning string.

Dave Appleby scored the winner with help from Guy and Jerrold Boulanger. Dolton Henry opened the scoring with an unassisted marker. George Michaels also collected an assist on Guy's goal.

Chris Berkers and Rodney Casselman answered for Team Blue, with Darrel Shelp and Dave Cross providing helpers.

# Bears blank Peewee Demons

WINCHESTER—The Ault Food Pee Wee "A" Demons dropped their second UCMHL contest in three days here Monday night, being blanked 3-0 by the powerful Smiths Falls Bears.

The opening period was scoreless but the Bears went up 1-0 in the second period on a goal by Jed Thomson who beat Darryl Burns at 4:30.

Thomson made it 2-0 at 7:40 of the third and Greg Pilon iced the win, scoring with 1:23 left on the clock.

Jeff Esposito started the game in the North Dundas cage and held the high scoring Bears at bay.

Demons' coach Barry Holmes, taking into account Smiths Falls winning record, their size and aggressiveness, he was pleased with his team's effort.

"We played well, considering everything. But once they (Bears) started to hit we were finished," he said.

Saturday in Kemptville the Royals won their first game of the season, edging the Demons 2-1.

Chris Mann's unassisted goal 8:54 before the end of the game prevented the Demons from being blanked. Mann's goal actually tied the game 1-1 but 40 seconds later Paul Coleman netted the winner for the Royals.

## Fitness Forum

# If you live alone



by Jennifer Gregoire
Reg. N., N.D., B. Sc. Nu.

More people live alone today than ever before. The majority are women; many are young, many more are elderly. Studies reveal that the proportion of women 65 or over living alone has doubled in the last quarter century.

People who live alone may have chosen to do so or may have been forced into the situation as a result of separation, divorce, or death of a spouse. According to studies done, the less agreeable this solitude is to an individual, the greater its negative effects. It appears that eating alone may even be more of a problem than living alone.

Many people living alone forget to do the grocery shopping, don't feel like cooking, or waste good food bought on impulse. It's not surprising, then, that they are often lacking important nutrients. Other people fill the void by eating...and eating. Still others lose their appetite or even their desire to go on living. They see meals as social events and without someone to share with, eating loses all its appeal.

A young person used to eating with the family may not feel like eating when they move out and find themselves alone at the table.

An older woman who has spent her whole life looking after others, keeping an eye on their health and diet, may not feel like eating when she no longer has children or a husband to feed.

A grandparent who lives alone in a small apartment may not have enough space to invite their children and grandchildren over for meals.

People who live alone often forget the benefits they enjoy.

They are free of the responsibility of feeding a hungry family as soon as they set foot inside the door —a freedom many working mothers would envy.

They can go anywhere they wish at mealtime without calling a meeting. They can replace a meal with a nutritious snack. They can participate in sports or take fitness classes whenever it suits them.

Rules for family dinners no longer apply to those living on their own. So finding a daily routine that pleases you is very important. It will stimulate your appetite and add to your eating pleasure.

Women, especially, who are programmed to please others, often forget to please themselves. So, whatever your situation, why not serve yourself as good a meal as you would serve your friends and family? Take time to sit down and enjoy your meal, even if it's only cheese, some bread, or a salad.

My Silent Achievers this week are all of you who have gloatingly told me you've finished your Christmas shopping...or even started!! WOW!

We are so very lucky to be able to do it for ourselves.


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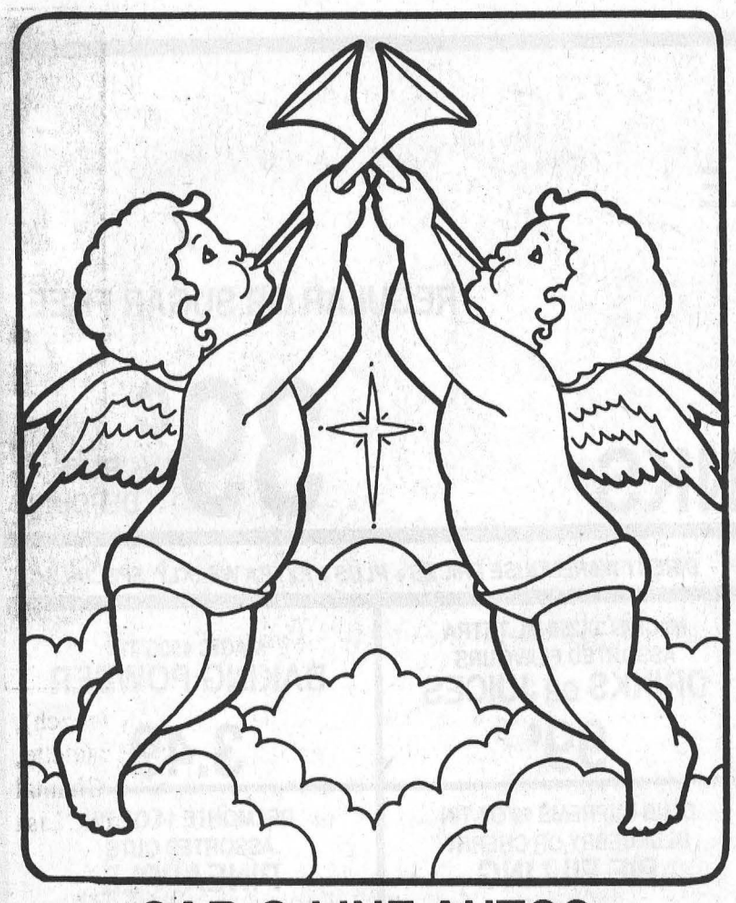

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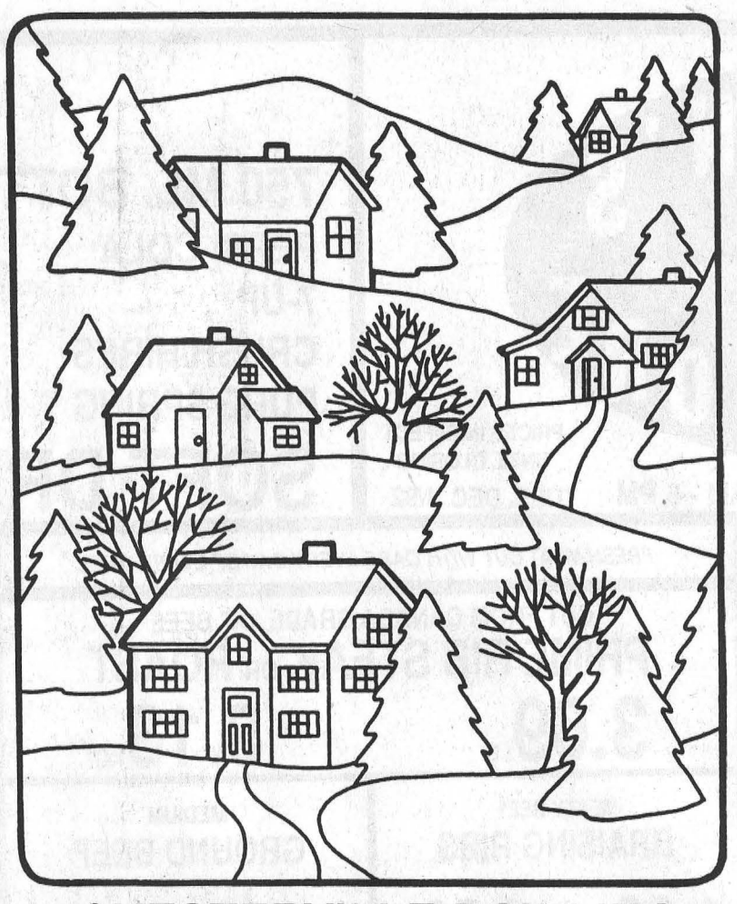

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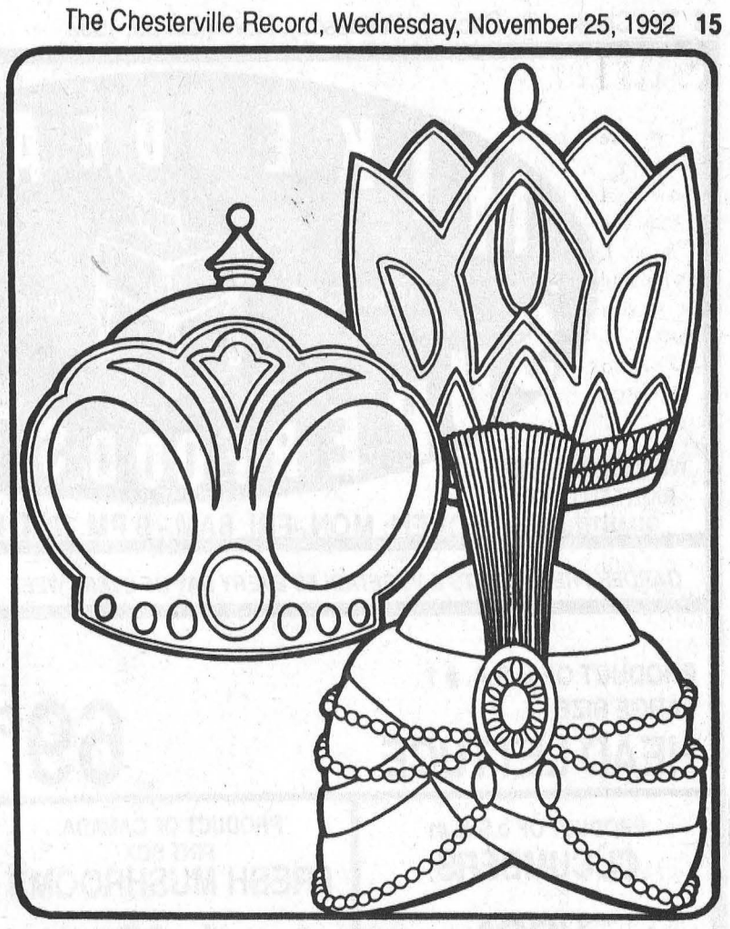

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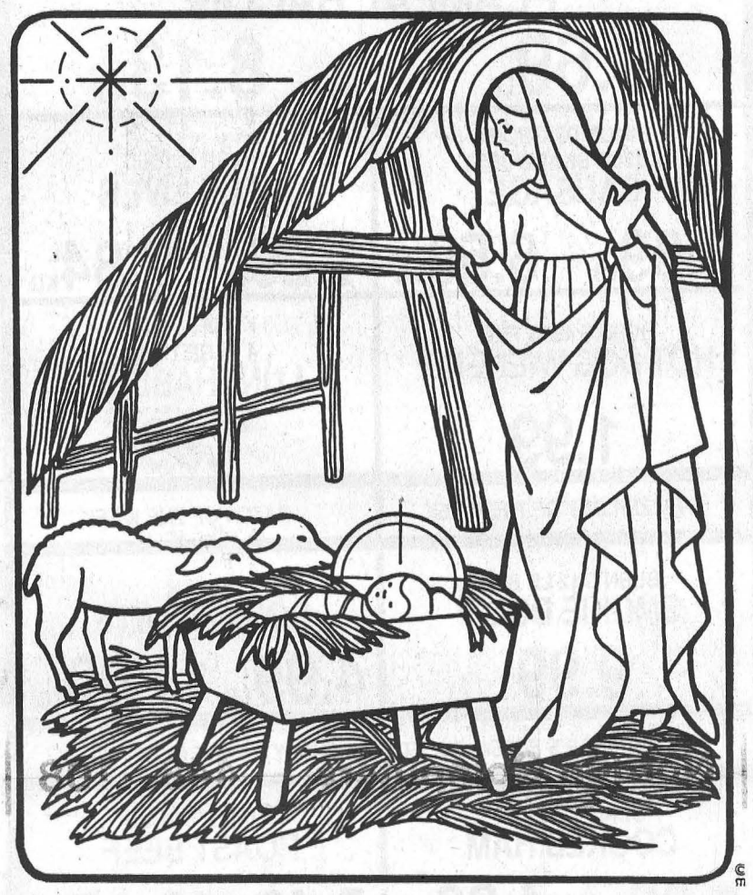

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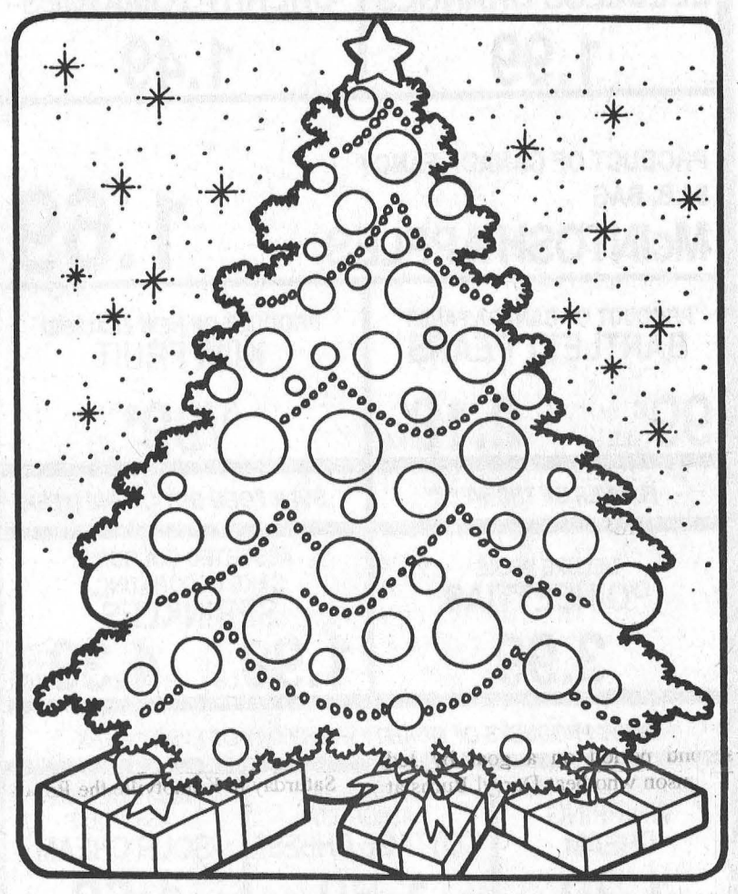

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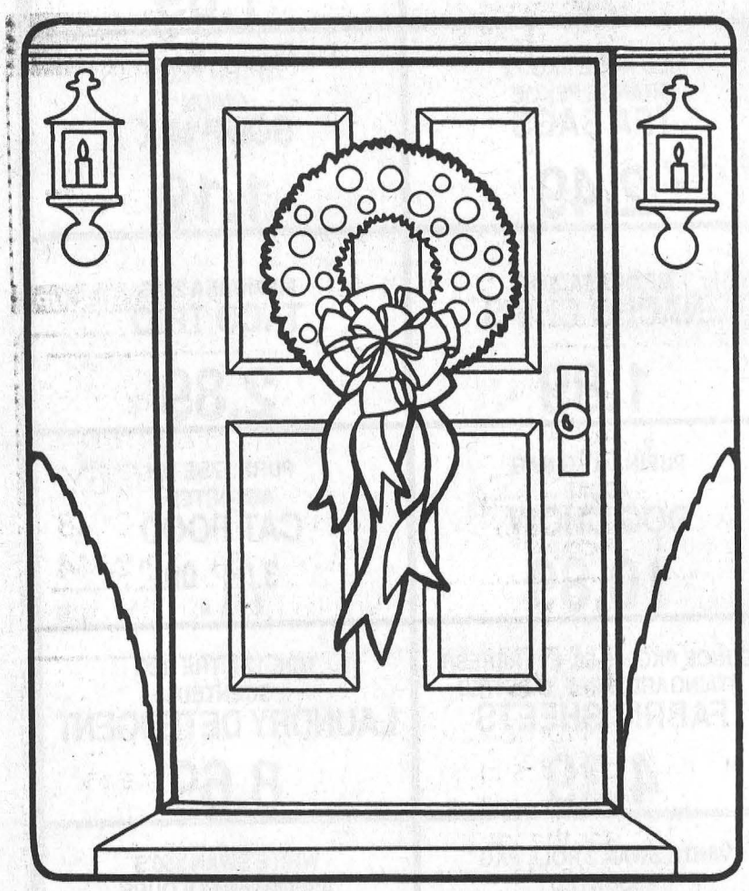

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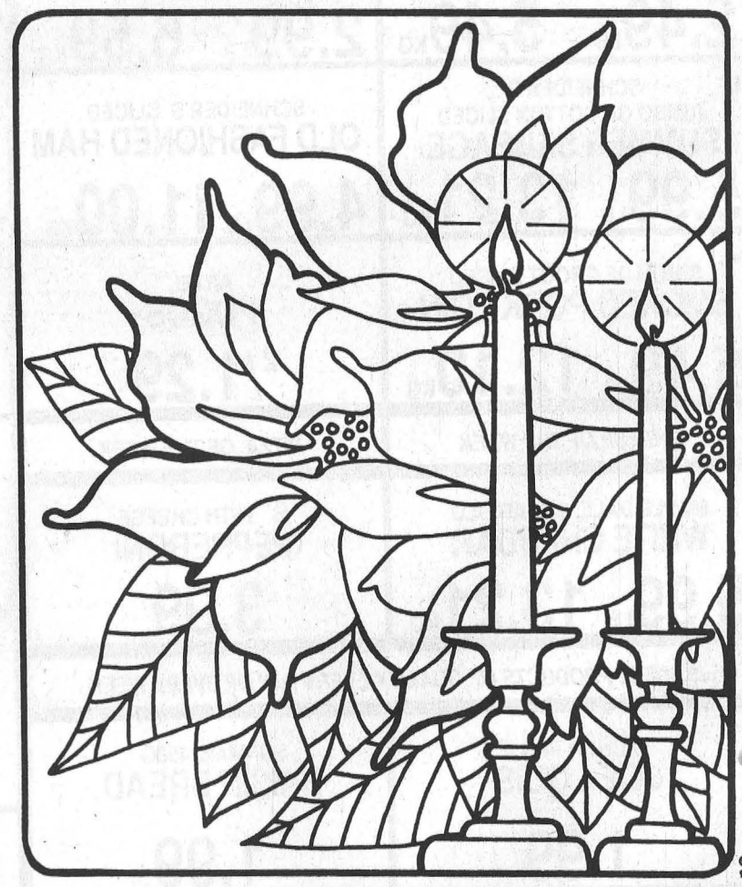

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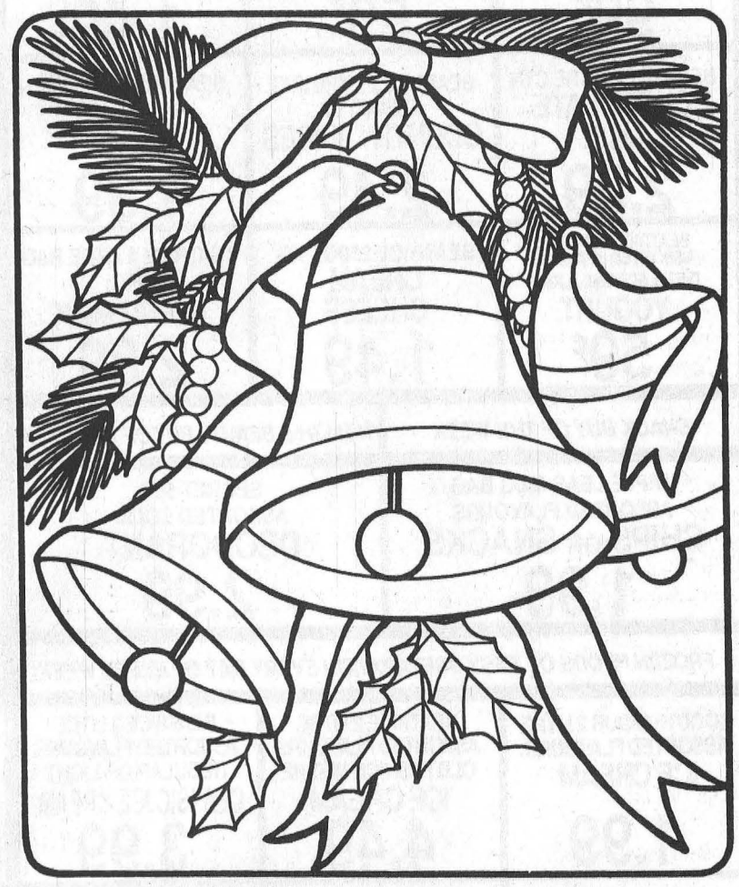

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## Rules

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3. All entries must be received no later than December 11/92
4. Drop off entries to: The Chesterville Record or participating sponsors

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**CHOCOLATE MILK** 2.89

BEATRICE 2 LITRE JUG
ASSORTED
**COUNTRY JUICES** 2.49

BEATRICE 2 LITRE CTN.
**ORANGE JUICE** 1.99

BEATRICE 125-175G
ASSORTED FLAVOUR
DIET, LACREME, LIGHT
**YOGURT** 59¢

BEATRICE 250G PKG
**CREAM CHEESE** 1.49

BEATRICE 4 LITRE BAG
2%
**FRESH MILK** 2.89

*SNACK BUY OF THE WEEK*

MAPLE LEAF 400G BAG
ASSORTED FLAVOURS
**CHIPS OR SNACKS** 1.99

*HEALTH & BEAUTY BUY OF THE WEEK*

SECRET 55G
ASSORTED SOLID
**DEODORANT** 2.99

*FROZEN FOODS OF EASY PREPARATION EVERY DAY OF EVERY WEEK*

GOOD HUMOUR 2 LITRE
ASSORTED FLAVOURS
**ICE CREAM** 1.99

BEATRICE 2 LITRE
ASSORTED FLAVOURS
OLD FASHION RECIPE
**ICE CREAM** 4.49

BEATRICE 2 LITRE
ASSORTED FLAVOURS
REGULAR OR LIGHT
**CLASSIC ICE CREAM** 3.99

GOOD HUMOUR PKG 12
FUDGESICLE
CREAMSICLE
FROSTICLE 2.99

GOOD HUMOUR PKG 6
GREAT CANADIAN
**CONES** 3.69

GOOD HUMOUR PKG 6
**ICE CREAM SANDWICHES** 2.99

McCAIN 1 KG BAG
13 VARIETIES
**VEGETABLES** 1.99

McCAIN 1 KG
ASSORTED CUTS
**FRENCH FRIES** 1.29

PICNIC 341 ML
REGULAR OR PULP FREE
**ORANGE JUICE** 89¢

McCAIN 18 OZ PKG
ASSORTED FLAVOURS
DEEP & DELICIOUS
**CAKES** 2.49

McCAIN 660-700G PKG
RASPBERRY OR STRAWBERRY
**SHORTCAKE** 3.39

McCAIN 12 OZ PKG
ASSORTED FLAVOURS
**CREAM PIES** 1.39

CAVENDISH 750G PKG
**HASH BROWNS** 69¢

PEPPERIDGE FARM 255G
CHIFFON OR LAYER
**CAKES** 89¢

MINUTE MAID 355 ML
ASSORTED FLAVOURS
**FRUIT PUNCHES** 49¢

*FRESH MEAT CUT WITH CARE EVERY DAY OF EVERY WEEK*

CUT FROM CANADA GRADE "A" BEEF
**PRIME RIB STEAK OR ROAST** 3.69 LB 8.13 KG

MEATY BEEF
**BRAISING RIBS** 1.99 LB 4.39 KG

MEDIUM
**GROUND BEEF** 1.89 LB 4.17 KG

SLICED CENTRE CUT
**PEAMEAL BACON** 3.69 LB 8.13 KG

SIMON DE GROOT
DUTCH BRADWURST
**SAUSAGE** 2.99 LB 6.59 KG

FRESH SLICED
**BEEF LIVER** 1.29 LB 2.84 KG

BURN'S 450G PKG
**HOT DOG WIENERS** 1.99

KRAFT 113G
4 VARIETIES
**LUNCHABLES** 1.99

*FREEZER BUY OF THE WEEK*

BURN'S 12 LB BOX
**SMOKIE DOGS** 9.99

*CATCH OF THE WEEK*

FRESH
**SOLE FILLETS** 4.99 LB 11.00 KG

*THE BUTCHER'S FRESH SLICED DELI EVERY DAY OF EVERY WEEK*

BURN'S SLICED
**COOKED HAM** 1.99 LB 4.39 KG

BURN'S SLICED
**ROAST BEEF** 5.49 LB 12.10 KG

BURN'S SLICED
**LUNCHEON LOAF** 2.49 LB 5.49 KG

BURN'S SLICED
**KOLBASSA LOAF** 2.99 LB 6.59 KG

SCHNEIDER'S
JUMBO OR COTTON SLICED
**SUMMER SAUSAGE** 5.99 LB 13.21 KG

SCHNEIDER'S SLICED
**OLD FASHIONED HAM** 4.99 LB 11.00 KG

SIMON DE GROOT SLICED
**SMOKED PORK LOIN** 5.49 LB 12.10 KG.

ARTEL
**POGOS** 2/1.29

*CHEESE OF THE WEEK*

MAPLE DALE, 5 YEAR OLD
**WHITE CHEDDAR** 5.99 LB 13.21 KG

*PIZZA OF THE WEEK*

9" WITH CHEESE
**PEPPERONI** 3.99

*BAKERY PRODUCTS OF QUALITY EVERY DAY OF EVERY WEEK*

VACHON PKG 6
**JOE LOUIS** 1.99

SUNMAID 450G
**RAISIN BREAD** 1.99

DEMPSTERS CANADIANA 675G
BETTY SPECIAL 675G
**WHITE BREAD** 69¢

BAMBY PKG 12
HOT DOG OR HAMBURG
**BUNS** 1.19

DEMPSTERS OR BETTY 675G
100% WHOLE OR CRACKED WHEAT
**BREAD** 89¢

DEMPSTERS PKG 8
**KAISER BUNS** 1.39

DEMPSTERS 284G
**GARLIC BREAD** 1.59

DEMPSTERS PKG 8
**CHEESE BUNS** 1.99

BETTY 675G, WHITE OR BROWN
**TEXAS BREAD** 99¢

BETTY PKG 6
**ENGLISH MUFFINS** 89¢

*DIRECT WAREHOUSE PRICES + PLUS + EXTRA WEEKLY SPECIALS*

McCAIN 3X250 ML TETRA
ASSORTED FLAVOURS
**DRINKS OR JUICES** 99¢

MAGIC 450G TIN
**BAKING POWDER** 3.49

CLUB SUPREME 19 OZ TIN
BLUEBERRY OR CHERRY
**PIE FILLING** 1.99

DELMONTE 14 OZ TIN
ASSORTED CUTS
**PINEAPPLE** 69¢

SHIRRIFF 425 PKG
**LEMON PIE FILLING** 2.19

JAFFA 750G PKG
SEEDLESS
**SULTANA RAISINS** 2.99

SIERRA 250 ML
MARASCHINO
**RED CHERRIES** 1.69

FIVE ROSES 10 KG BAG
WHITE ENRICHED
**FLOUR** 5.99

SIERRA 375 ML
STUFFED MANZANILLA
**OLIVES** 99¢

EAGLE BRAND 300 ML
SWEETENED CONDENSED
**MILK** 1.99

CARNATION PKG 10 ENV.
ASSORTED VARIETIES
**HOT CHOCOLATE** 1.99

QUAKER PKG 10
13 VARIETIES R.T.S.
**OATMEAL HOT CEREAL** 1.89

LIBBY'S 14 OZ TIN
6 VARIETIES
**BEANS** 79¢

LIBBY'S 14-15 OZ TIN
11 VARIETIES
**PASTAS** 79¢

MITCHELL'S 48 OZ TIN
PURE
**APPLE JUICE** 99¢

MOTTS 1 LITRE
REGULAR OR EXTRA SPICY
**CLAMATO JUICE** 1.69

RED ROSE PKG 72
ORANGE PEKOE
**TEA BAGS** 2.49

LIPTON PKG 2
ONION
**SOUP MIX** 1.19

MEXICASA 200G
**NACHO CHIPS** 1.89

MEXICASA 205G
**TACO TRIO** 2.89

PURINA 8 KG BAG
ADULT
**DOG CHOW** 10.89

PURR 175G TIN
ASSORTED
**CAT FOOD** 3/1.00

BOUNCE PKG. 45-50, EVERFRESH, STAINGARD, FREE, SCENTED
**FABRIC SHEETS** 4.39

TIDE 12 LITRE BOX
SCENTED
**LAUNDRY DETERGENT** 8.69

WHITE SWAN 2 ROLL PKG
ASSORTED
**PAPER TOWELS** 59¢

WHITE SWAN 150'S
ASSORTED COLOURS
**FACIAL TISSUES** 49¢

BETTY CROCKER 150-214G
13 VARIETIES
**HAMBURGER OR TUNA HELPER** 1.89

AYLMER 10 OZ TIN
**TOMATO SOUP** 4/1.00

GENERAL MILLS 325G
MULTI GRAIN
**CHEERIOS** 2.49

GENERAL MILLS 425G
**CHEERIOS CEREAL** 2.99

GENERAL MILLS 425G
APPLE CINNAMON
**CHEERIOS** 2.99

GENERAL MILLS 400G
PRO STARS
**CEREAL** 2.99