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Demo delay

The former W.J.L. Boyd and Sons body shop on Church Street was demolished last week to make room for more downtown parking through an arrangement with the Township of North Dundas. However, the Ontario Ministry of Labour temporarily halted the work to conduct asbestos tests, an intervention that came as a surprise, according to township officials. Test results were expected to arrive after press time this week. If all goes according to plan, the house beside the former body shop will be torn down soon.



Press Photos — Smith-Millar

Happy 25th, Beachcroft!

Consider building more units, urges former town councillor

by Amanda Smith-Millar
Press staff

WINCHESTER — Twenty-five years later, the 45 retirement residence units at Beachcroft allow local seniors to continue living close to home.

However, original designs for the Beach Street facility projected up to 60 apartments, according to a former politician who shared the story last Saturday of how the complex in Winchester came to fruition.

Larry Cotton was one of several speakers at Beachcroft's 25th anniversary party and outdoor luncheon on the sunny and breezy afternoon of May 21. Beachcroft residents, staff, dignitaries, special guests, board directors, family members, and other community representatives listened to Cotton relive the story of how dedicated volunteers, hired help, and community representatives navigated a gerbil's maze of bureaucratic twists and turns to build the units back in the 1980s.

Cotton — who served on the former Winchester village council at the time — explained that getting the project off the ground wasn't easy.

The process involved surveys, signed-in-advance applications, anonymous financial donors, a site plan, and a host of other chores to complete. They also had to secure land for the to-be-constructed Beachcroft (which involved amalgamating four different parcels of land owned by three different people, Cotton said). The many volunteers and council members aimed to secure funding through a municipal non-profit housing program co-ordinated by Ontario's housing ministry of the day.

• see BEACHCROFT on page 9



Check it out!

It's spring, and what better way to provide some TLC for your vehicle than to check out the *Winchester Press Spring Car Guide*? Our special supplement contains stories and photos about the local car care industry, maintenance tips, information on services and businesses, and more.

NDDHS archers bring home medal haul

by Matthew Uhrig
Press staff

WINCHESTER — Eight North Dundas District High School (NDDHS) archery athletes travelled to Richmond Hill last week, and each came home with hardware.

The archers took part in the 2011 Ontario High School Archery Invitational Tournament — a competition sanctioned by the Ontario Federation of School Athletic Associations (OFSAA) — on Wed., May 18 and Thurs., May 19.

"South Nation Archery Club works hard to bring young people through the sport so that they are proficient before high school," said Kathleen Millar, co-owner of the local archery shop and NDDHS volunteer coach. "The NDDHS archery program finds other archers as well, and we combine all that talent."

Winner's circle

Williamsburg's Logan Coulter followed up on last year's success at the provincial tournament, where he won silver; this time winning a gold medal for NDDHS in the boys' compound unlimited class. Coulter finished with 589 out of a potential 600 points, eight points better than the 581 he shot in 2010.

Following closely in the same bracket was Nathan Perry, who registered a 568, one point better than the fourth-place finisher, and good enough for a bronze medal.

In the girls' compound limited class, Chelsea Krapiec shot a 334, ending up in sixth place.

On May 19, the Olympic boys team's top archer was William Larmour (in 16th place), followed by Mark Adams (17th), Justin Buchanan (22nd), Nathan McRae (64th), and Matthew Adams (69th). While the boys didn't make the podium individually, their total of 1,928 captured a silver team medal.

• see ARCHERS on page 32

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Fender bender closes street



Caleb Street, between St. Lawrence and Church streets, was closed for a period of time on Fri., May 20 while the cleanup of a messy fender bender involving a mini-van and a much smaller sedan was completed.

Photos courtesy Bert Hill

WINCHESTER — As residents prepared for the Victoria Day long weekend on Fri., May 20, one Winchester street was closed to traffic during the afternoon.

Caleb Street, between St. Lawrence and Church streets, was blocked by a Stormont, Dundas, and Glengarry OPP vehicle facilitating the cleanup of a messy fender bender involving a mini-van and a much smaller sedan.

As a result of the crash, the car was pinned against the Mary's Restaurant building.

As of press time, no charges or injuries had been reported by the local OPP.



Running for a special cause

Students at Winchester Public School took part in the Ontario Provincial Police (OPP) Torch Run in support of the Special Olympics on Thurs., May 19. As well as taking part in the event, students each brought a toonie to contribute to the Toonies for Torches campaign fund, which also helps support the Special Olympics. Const. John Macpherson, along with Special Olympics athlete, and Chesterville resident, Christina Judd-Campbell led students through the streets of Winchester. Approximately $350 was raised for the Special Olympics.

Press Photo — Uhrig

POLICE BLOTTER

Domestic incident

WINCHESTER — On Sun., May 22 around 2 am, Stormont, Dundas, and Glengarry (SD&G) OPP officers responded to a report of a domestic incident on County Road 31, North Dundas Township. The investigation revealed that a female and her 41-year-old boyfriend were involved in a verbal altercation that resulted in the male assaulting the female.

The male allegedly damaged property that belonged to the female and threatened police. He was arrested and faces charges of: assault; mischief under $5,000; uttering threats to cause death or bodily harm; possession of a weapon for a dangerous purpose; and breaching probation. He was held in custody pending an appearance in Cornwall court.

Driver arrested

WINCHESTER — On Sun., May 22 around 9:30 pm, SD&G OPP officers conducted a traffic stop on Main Street in Winchester.

Police arrested the 40-year-old male driver (Donald Ford of Vernon) and issued a charge related to failure to provide a breath sample. He is scheduled to appear Tues., June 7 in Morrisburg court.

Details published in the police blotter are provided by the OPP. All suspects are considered innocent in the eyes of the law unless proven otherwise in court.


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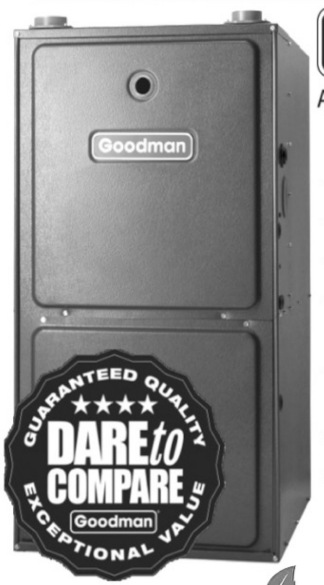
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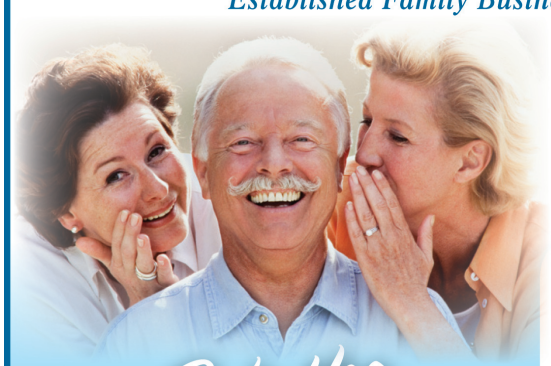
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Surprise surplus for council

by Matthew Uhrig
Press staff

WILLIAMSBURG — A larger-than-anticipated budget surplus may allow South Dundas to complete one or two projects scrapped during this year's budgeting process.

At the township's most recent council meeting on Tues., May 17, Jamie Pollock, an associate with Craig, Keen, Despatie, Markell Chartered Accountants, appeared before the politicians to go over any audit findings regarding the municipality's 2011 operating budget.

"I give to you a clean audit opinion," he said. "Overall, you've had a good year."

South Dundas considers debt repayment

The draft surplus offered by Pollock was $429,910. The surplus was welcomed, but the significant statement adjustment, changing how the remaining Iroquois Golf Course debt appears on the budget's bottom line, caused disagreement among politicians.

Presently, there is $460,000 owing from the municipality's unprofitable venture in the golf course business. When combined, the two totals amount to more than $800,000.

If councillors vote in favour of Pollock's suggestions, South Dundas will simply write off the remaining debt, a prospect not welcomed by Mayor Steven Byvelds.

"These are challenging statements," he said, expressing frustration with the debt removal.

However, if council votes in favour of paying off what remains, proceeds from any future sale of the course will go directly to the budget surplus at that time. (In March, councillors voted in favour of handing over the Iroquois Golf Course to a private owner, meaning the municipality will no longer keep funding operations.)

Councillor Jim Graham was adamant that the debt should be paid off now, instead of waiting.

"Any money will be 100 per cent surplus," he said.

Byvelds, not backing down, was steadfast in his discontent with the auditing process.

"Some day this may come to roost... It is a numbers game," he said, noting the budget possibilities are lessened if the debt is removed. "We all know the money is gone."

At the same meeting, Shannon Geraghty, township treasurer, presented a list of projects that may be completed using the surplus funds.

However, council deferred the motion until next month, at which time staff is expected to come back with a list of spending suggestions.

Council notes from South Dundas

Dog park gets more money

WILLIAMSBURG — Work has yet to formally begin on the planned dog park at the Morrisburg waterfront, yet the Township of South Dundas streamlined more funding at a recent Tues., May 17 meeting.

The Park Pals committee, whose chair, Tracey Veinotte, has been before council a number of times, will receive an additional $2,500 from South Dundas, bringing the total township investment to $25,000.

The dog park funding is part of the municipality's 50-50 program, which sees South Dundas match half of the necessary costs for an applicable project.

Previously, councillors approved a $22,500 grant, but with Park Pals soliciting more community funds than anticipated, the group amended the initial application.

"I consider them to have been a victim of their own success," said CAO Stephen McDonald.

"This added funding will allow them to provide enhanced materials to the park," he continued.

Four of the five members of council approved the allocation, with only Councillor Archie Mellan questioning the need for added funds.

"There's not even been a shovel in the ground yet, but they want more money," he said.

He suggested the group continue their fundraising efforts.

"Their funding has been phenomenal, so I don't see why they won't be able to raise [the additional] funds themselves."

Tax due dates changed

Treasurer Shannon Geraghty's wish was granted: Councillors agreed to pass a bylaw changing the date when certain classes of property taxes are due.

In the past, final taxes for residential, farmland, pipeline, and managed forest properties were due in June and September, while commercial, industrial, and multi-residential portions came due in August and October.

According to Geraghty, the change will allow for a simplified tax billing system, which should be more efficient for all South Dundas taxpayers.

Taxes for all classes are now due by the end of both June and September.

Smoke stack to take last breath

WINCHESTER — On Mon., May 30, removal of the old chimney stack at the Winchester District Memorial Hospital (WDMH) will begin.

This is the last phase of WDMH's redevelopment project.

This project includes the demolition and safe removal of all associated materials. Inflector Environmental Services is leading the work and all necessary precautions for health and safety will be in place, the hospital says.

WDMH's environmental consultants will be testing the materials throughout the process to ensure proper disposal. Additionally, they will be doing indoor air quality monitoring to ensure that the dust control measures taken by the contractor are effective.

The project is expected to take approximately eight weeks.

During certain periods, restricted parking access near the boiler room may be in effect.

Thank you for your understanding during this renovation period.

Any questions should be directed to Pat Lewis at 613-774-2422, extension 5209.

Winchester Shuffleboard Club starts season

WINCHESTER — It's that time of year again.

The Winchester Shuffleboard Club's 2011 season got underway early last week, and is slated to continue until September at the Winchester Curling Club.

Daytime shuffling takes place on Mondays and Wednesdays from 1:30 to 4 pm, while evening shufflers can take part Tuesdays and Fridays from 7 to 9 pm.

This year, the club is looking for new members, and anyone interested is asked to contact Percy Armstrong at 613-774-2082 to find out how he or she can get involved.

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SATURDAY, MAY 28, 2011

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EMC MAIN STAGE

1 pm David Scully
2 pm North Grenville Public Library Grand Opening
3 pm Lisa Poushinsky
4 pm Birdie Whyte
5 pm Fire & Neon
6 pm Roxzilla
7:30 pm Roosterman
9 pm Eddie and the Stingrays

CIBC KIDS' ZONE

11 am Juice Jam
12 noon Rag and Bone Puppet Theatre
1 pm Cheeky Monkey Playhouse Sock Puppet Workshop
3 pm Jared McMillan 'Puttin' on Janamas'
4 pm Reptile Rain Forest

KBC STAGE

11 am Shawn Kerr Brother & Friends
12 noon South Branch Drummers SoBad
1 pm Baladi Dancers
3 pm The Maplewood Ceilidh Band

SUNDAY, MAY 29, 2011

Kemptville Kinsmen Farmers' Market officially opens the season

EMC MAIN STAGE

12:30 pm North Grenville Outdoor Church Service
1 pm Papa Grace Gospel
2 pm Bytown Bluegrass
3 pm Hard Ryde

CIBC KIDS' ZONE

10 am Story Time with Library Sue
11 am Jared McMillan - "Puttin' on Janamas"
12 noon The Celtic Rathskallions
1 pm Cheeky Monkey Playhouse Sock Puppet Workshop
2 pm Salvo Kids - Music by the Salvation Army
3 pm Reptile Rain Forest

KBC STAGE

12 noon Grenville Gremlins Square Dancing
1 pm Kemptville Concert Band
2 pm Roosterman Unplugged
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Daughter 'paid ultimate price' for bad decision

NDDHS students, visitors moved by mother's tribute

MAPLE RIDGE — Cheryl Dupuis knows firsthand about a mother's heartache due to the loss of a child.

She can tell you what it's like to pray at the bedside of her dying daughter, begging God to take her instead.

And she can tell you how one bad decision can exact a terrible toll.

The Saskatoon woman visited North Dundas District High School (NDDHS) Wednesday to tell 550 students the tragic tale of her daughter Danae, who at the tender age of 16 died following an impaired driving accident. The gymnasium fell silent as students from North Dundas, Maple Ridge Senior Public School, and St. Joseph Catholic High School learned about the life of the energetic teenager, and felt her mother's lingering sorrow following her death.

"She made one bad decision and she paid the ultimate price," Dupuis said of Danae.

Dupuis was invited to the high school by the NDDHS chapter of Ontario Students Against Impaired Driving. The presentation was part of annual efforts to discourage drunk driving by students on prom night. Unlike other presentations, "Danae's Song" was as much a celebration of her life as a lesson from her death.

Videos showed an elementary school-aged Danae singing at weddings and other special events, and a beautiful young teenager bungee jumping at West Edmonton Mall.

Still photos flashed on the screen behind Dupuis of Danae snowboarding and lovingly hugging her cockapoo.

A competitive singer from a young age, Danae won several awards and sang with the prestigious Fireside Singers. She was a competitive badminton player, rode horses, and played piano and the drums. An A student, she had ambitions of becoming a plastic surgeon.

A smile came to Dupuis' face as she spoke proudly of the independent streak in her third daughter. She talked of how Danae, as a teen, invested money earned at summer jobs in mutual funds – later using it to help buy her first car.

She recalled the confidence in her daughter's voice as she proudly predicted she would eventually be rich.

"She said, 'Mom, by the time I'm 40 I'll be a millionaire and I'll be able to take care of you, you will be a grey-haired little old lady by then,'" recalled Dupuis with a grin.

She talked of how Danae would sometimes come to her bedroom late at night for some mother-daughter time. They would lie on the bed watching TV and convince Danae's father to go to a nearby 7-11 at 2 a.m. just to get them Slurpees and nachos.

She also spoke of a frank conversation she had with Danae asking her whether she was going to parties where there was underage drinking. The teenager admitted that she was, saying everyone was doing it and she was tired of being left out.

She warned her daughter of the dangers of riding in a car with a drunk driver and said she could call her parents for a drive home any time, night or day.

"She said, 'Mom, don't worry, it will never happen to me,'" Dupuis recalled.

Then her daughter turned to her and joked that she could never die young because life would be too dreary for those left behind.

"Two weeks later, I buried her."

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Drinking and driving kills

A speech Cheryl Dupuis delivered on Wed., May 25 hit home with students at North Dundas District High School — especially when she showed the clothes and bag retrieved from the accident scene where her teenaged daughter, Danae, was fatally injured. Press Photo — Smith-Millar

Students were shown pictures from the accident scene — the mangled red Honda Civic, caved in on the passenger side where Danae had been seated.

She spoke of that fateful night in October 2000, when Danae got into her boyfriend's car — despite warnings from three friends that he wasn't fit to drive. A short while later, the car was T-boned by a truck after her boyfriend failed to stop at an intersection.

A friend had begged her to call when she arrived safely home. Firefighters later told Dupuis that Danae's phone kept ringing at the scene as they were cutting her daughter out of the wreckage.

Paramedics had to intubate Danae. She was taken to a Saskatoon hospital where she lay in a coma. Physicians later declared her brain dead, and the family had to make the difficult decisions to donate her organs and later disconnect her from life support.

She warned the students to avoid impaired driving and asked them to remember that they are loved, suggesting they too would leave a hole in the lives of those left behind.

"I'm not a special mom … but I want you to know that your parents all love you just as much as I loved Danae," she said, dabbing tears from her eyes.

"You know, people say it gets better with time. I think that you can see by my reaction that it doesn't."

Students at the assembly said they were touched by Dupuis' presentation and the human element that she brought to her message against impaired driving.

"It was a really good presentation because she didn't just talk about the accident; she spoke about her daughter's life and you got attached to Danae through her story," said Kim Ward, a Grade 12 student at NDDHS. "The message gets across much better if you personalize it."

North Dundas students will head to their prom this Friday (May 27) at Orchardview Wedding and Conference Centre.

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COMING EVENTS FOR JUNE 2011
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TUESDAY, JUNE 7: Parkinson Support Group at 1:30 pm
WEDNESDAY, JUNE 8: Footcare – Call to make your appointment
WEDNESDAY, JUNE 8: Presentation on Power of Attorney
FRIDAY, JUNE 10: 12:30 pm - Hearing Aid Clinic, starting at 10 am. Call 1-800-267-9697 or 613-233-4374 for an appointment.
TUESDAY, JUNE 14: Caregiver Support Group at 9:45 am
WEDNESDAY, JUNE 15: Bake Sale Fundraiser for the "Scented Garden"- 10:30 am-2 pm
WEDNESDAY, JUNE 15: Playhouse Bus Trip – Call to reserve your ticket.
WEDNESDAY, JUNE 15: Footcare – Call to make your appointment.
WEDNESDAY, JUNE 15: Entertainment at 12:30 pm by "Rivermen"
WEDNESDAY, JUNE 22: Bus Trip to Science & Technology Museum – Call to reserve your seat.
THURSDAY, JUNE 23: Caregiver Support Group at 9:30 am
THURSDAY, JUNE 23: Hot Dog Night at 4 pm
TUESDAY, JUNE 28: Strawberry Social at Nor-Dun Centre - 1:30-3:30pm
WEDNESDAY, JUNE 29: Shopping Trip leaving at 9 am
WEDNESDAY, JUNE 29: 12:30 - Presentation by Canadian Hearing Society
THURSDAY, JUNE 9 & WEDNESDAY, JUNE 22: Health & Wellness Clinics at Millview Apt. - 1:30-3:30 pm
THURSDAY, JUNE 9 & 23: Health & Wellness Clinics at Beachcroft Apt. - 8:30-11:30 am
BID EUCHRE on Thursday at 1 pm except for the 3rd Friday of the month. EXERCISE CLASS every Wednesday at 9:30 am. EVERYONE is welcome to come and join in the lively conversation at the COFFEE GROUP every morning at 9:30.

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TUESDAY, JUNE 7: Cabbage Rolls - Presentation by "Canadian Hearing Society"
TUESDAY, JUNE 21: Roast Beef - Entertainment by "Good Tyme Country"
Please call 613-774-6109 to reserve your meal each week.
THURSDAY, JUNE 9 & 23: Health & Wellness Clinics at Nationview Apartments – 12:30-3:30 pm
WEDNESDAY, JUNE 29: Footcare by appointment at Nelson LaPrade Centre.
WEDNESDAY, JUNE 29: Shopping Trip leaving at 9 am. Call to reserve your seat.
Every Thursday - Euchre at 1 pm and Tai Chi classes 2:30-4:00 pm at the Nelson LaPrade Centre in Chesterville. Seniors' Walk – Walking Group every morning, Tuesday to Saturday at the Chesterville Legion. Call 613-448-1997 before walking due to availability of the Legion.

AGRICULTURAL HALL - SOUTH MOUNTAIN, ON
THURSDAY, JUNE 2: Shepherd's Pie - Presentation by Ontario Medical Supplies
THURSDAY, JUNE 9: Cabbage Rolls - Presentation by Winchester Hospital Diabetes Team
THURSDAY, JUNE 16: Pork Chops – Euchre
THURSDAY, JUNE 23: Roast Chicken – Entertainment by Good Tyme Country
THURSDAY, JUNE 30: Salmon Patties
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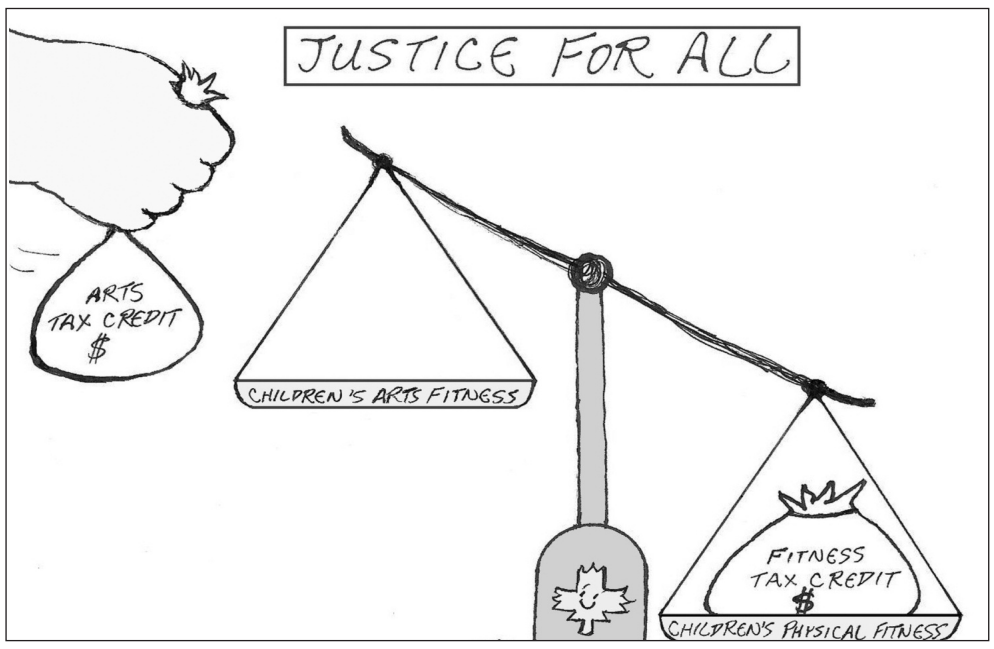

Cartoon – Bradford-Lea

Arts credit a common-sense solution

"I regard the theatre as the greatest of all art forms, the most immediate way in which a human being can share with another the sense of what it is to be a human being." — Oscar Wilde

Well, the federal Conservatives have earned their majority and are getting down to business. There are plenty of big-ticket budget items on the horizon that we could talk (or rant) about this week. But we'd like to focus instead on one of the smaller Tory promises that could have a significant impact on our rural community — especially for young families with non-jocks in the household.

Prior to the Mon., May 2 election, the then-minority Conservatives budgeted the new Children's Arts Tax Credit program. The 15-per cent, non-refundable credit would allow parents to claim up to $500 of expenses on qualifying kids' programs. Modelled closely on the Children's Fitness Tax Credit, the Blues pledged that the program would cover a smorgasbord of activities — not just traditional arts-specific programs like ballet and painting. The credit would be available for a wide range of activities that contribute to a child's development but aren't eligible for the Children's Fitness Tax Credit. Here's the list of examples provided by the government: arts and crafts, drama, Girl Guides, Scouts, dance and music lessons, language schools, photography, and tutoring. However, there is a catch (or two or three) as the program must be ongoing (either a minimum of once a week for at least eight weeks' duration, or five consecutive days). The other stipulations are certainly reasonable — the activities must be supervised and suitable for children.

A tax credit will make it somewhat easier for families to access programming for their kids.

An estimated $105 million a year in foregone federal tax revenue is the projected price tag of such a program.

A good deal of eye-rolling followed the Conservatives' introduction of the credit, as many folks dismissed it as a weak pander to both Quebec residents and lefties. The criticism that the arts credit was introduced opportunistically is entirely fair. However, it doesn't change the fact that a tax credit will make it somewhat easier for families to access programming for their kids. Most if not all of the examples listed above are available in our local area. Of course, like any tax-credit program, it's only beneficial to those who 1) know about the program and save their receipts for tax time; 2) actually see an impact on their bottom line after all their claims and deductions are factored in; and 3) aren't in such a bind that the tax credit is insufficient because the front-end costs of ballet or painting are too steep for low-income Canadians.

The most practical way to ensure kids have standardized, equal-opportunity access to the arts is through our school system. (But that's another editorial entirely.) The arts credit subsidy is a great start in the process of democratizing arts and related activities, so more expensive programs like dance and theatre are accessible to all, from a financial perspective at least.

We can only hope the credit program will be a promise fulfilled by a majority government that, in the short term, no longer has to make daily compromises with opposition parties and is relatively free to pursue its own agenda.

Remember when...

1921

Now that electric energy had become a useful domestic aid in thousands of Canadian households, the public was more used to the idea, and the circumstances under which the current could become dangerous were well known, the *Winchester Press* said this week.

1931

The taking of the census this summer recalled the fact that it was in 1665 that the first modern census was taken in what would become Canada, the *Press* said this week.

1941

The most critical question this week in the United States was whether the country should enter the Second World War, the *Press* reported. Colonel Charles Lindbergh said it was important the Americans enter the battle because "I believe it will be a tragedy to the world, a tragedy even to Germany, if the British Empire collapses."

1951

Bedtime for Bonzo was the weekend's laugh hit at the Winchester Theatre this week, the *Press* reported. Starring Ronald Reagan and Diana Lynn, the story shows Reagan buying a monkey to develop his theory that early environment has influences on later on.

1961

Staff at Winchester District Memorial Hospital were preparing for the opening of the hospital's $700,000 expansion this week, the *Press* reported. The addition was expected to place the medical facility, then serving roughly 25,000 people, among the best-equipped hospitals in the province.

1971

County engineers this week met with members of the Russell Community Centre board, and recommended demolition of the 21-year-old building, the *Press* reported. Heavy snowfall had put pressure on the facility's roof, forcing the rink to be closed.

1981

It was appropriately sunny this week for the grand opening of Greely's new solar-powered post office, the *Press* said. It was the first building of its kind in the country, with 12 sun collectors positioned on the roof to supply the office with hot water and supplement the heating capacity.

1991

Dundas County's first Hazardous Waste Collection Day was scheduled for this week, the *Press* said. It was believed most residents were unaware of the potential harm of many of the chemicals they sent to landfills, or poured down their sinks. Winchester councillors hoped every household would participate.



Former Winchester resident George Challies was honoured this week in 1971 with the official opening of a public fishing area in his name. During the unveiling, Challies, a long-time MPP for Grenville-Dundas, and founder of the St. Lawrence Parks Commission, was on hand at the site east of Williamsburg.

2001

Inkerman farmer David Guy was named as the president of the Stormont, Dundas, and Charlottenburgh Provincial Progressive Conservatives at an annual meeting this week, the *Press* reported. Guy replaced Joe Gunn on the riding executive. (Incidentally, Guy was defeated this year by Jim McDonell in the candidate race for Stormont, Dundas, and South Glengarry's provincial nod, while Gunn, a longtime Cornwall-area politician, died suddenly at his home on Wed., May 11.)

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LETTERS TO THE EDITOR

Don't procrastinate and don't be a statistic!

The Editor:
I am writing this letter today as an example of how early detection can save your life.

One night last August, I began having tightness in my chest, shortness of breath, and unexplained perspiration, figuring it was only the ice cream I had eaten too quickly that evening. The symptoms continued to come and go the next few weeks, and I ignored repeated requests from my family to see a doctor.

After weeks of procrastination and denial, I eventually caved, and consulted with my family doctor, who referred me to an internal medicine doctor. Upon my first visit, he prescribed basic heart medications, and put me through an exhausting stress test. Testing came back clear; however, he felt something just wasn't right, and asked that I undergo further tests. After a CT scan, he explained that I had "heart disease." I continued to believe there was no significant/life-threatening issues present. Suggestions at this time were made to either continue medications for prevention/maintenance or to investigate the type of heart disease I suffered from.

On Tues., May 10, 2011, I had a scheduled appointment at the University of Ottawa Heart Institute to undergo an angioplasty. When I woke, I was stunned to find out the procedure showed my left coronary artery was 90 per cent blocked in two places and a 70 per cent blockage branching from my artery. I required five stints to be installed into my artery measuring 2.5 inches in length.

I had dealt with a sore neck and shoulders for years, thinking it was arthritis, receiving years of massage therapy and chiropractic treatments, only to find out that the blocked artery is the main feed of blood to my neck and shoulders. I instantly felt better after the procedure. Simply put, I was a walking time bomb waiting to have a heart attack.

I owe a great thanks to my family, Dr. Schurr, and Dr. Darbyshire. Also, special thanks Dr. Glover and the Ottawa Heart Institute team for their professional work. I was the eighth person that day to have this treatment done. It was amazing how much better I felt just a couple hours after the surgery. My experience is a great proof that we have a great health-care system in this country.

So to anyone who thinks "this couldn't happen to me," please make yourself aware of symptoms, be smart, and visit your doctor to check up if needed. Don't hesitate — you could literally be saving your life.

Ed Duncan
South Mountain

Help those hungry in Dundas County

The Editor:
It's hard to believe that in a country as bountiful as Canada, close to 900,000 individuals step through the door of a food bank in an average month. In fact, over the last two years, food bank use in Canada has risen by 28 per cent, following four consecutive years of decline.

Here in Dundas County, the rise in need is represented by an increase of 24 per cent in those turning to us for support, with more than 5,000 individuals in our community coming to the Dundas County Food Bank (DCFB) for assistance last year.

Hunger in Canada is a significant issue, which is why it's so critical to dedicate a day to talk about it and work together to make a change. Hunger Awareness Day (Tues., May 31) is a day for communities and individuals across Canada to take action in reducing hunger.

This year, Canadians are being asked to make any number of simple changes that can have an impact on the issue of hunger in our country.

For more information, visit www.hungerawarenessday.com or contact the DCFB (613-774-0188).

Donna Quesnel
DCFB administrator
Winchester

House of Lazarus celebrates 'big 2-5'

The Editor:
Our 8th Annual Walk/Barbecue for Food is taking place on Sat., June 11, celebrating 25 years of outreach ministry in the municipalities of North and South Dundas, Leeds, Edwardsburgh-Cardinal, North Grenville and the surrounding communities.

Entertaining us this year is Dominic D'Arcy, affectionately known as the "singing policeman." Dominic has put out a challenge to the young talent of the area to come out and join him on the stage. You could be the next "rising star."

If you would like to participate in this challenge, call Elaine at 613-989-3830 to book yourself or your band. Pledge forms are available on our website at www.houseoflazarus.org or at the House of Lazarus located at 2245 Simms St. in Mountain. Check out our location on Google maps and 'like' us on Facebook. Join us for the walk, barbecue and entertainment fun, and of course, great exercise.

Pauline Pratt
Executive director, House of Lazarus
Mountain

Walker to remember son in Race Weekend

The Editor:
My name is Augusta Waddell, and on Sat., May 28, I will run in the 10-kilometre Ottawa Race Weekend to raise money for mental health awareness in memory of my son, Davi Freire. I will run with some of Davi's friends, and others will run in the marathon, half-marathon, and a five-kilometre walk or run.

My goal for the day is to laugh and smile with those I love while raising money to fund treatment and research for mental illness. Davi had an amazing spirit, smile, and laugh that were contagious, and a heart that gave and gave. Unfortunately, Davi, like so many others, lost his battle with Bipolar Disorder on Oct. 30, 2010. He fought as hard as his body and mind could, but the disorder was too debilitating, and he left us way too soon.

Davi spent countless hours volunteering with street kids, many of whom also suffered with mental illnesses, trying to help them find their way home and/or to The Royal Ottawa. Davi also loved to run. Running helped him keep a balance in his life, and he competed in the half-marathon during the Ottawa Race Weekend with great results, beating his own record every year. His friends decided this would be a fantastic event in which to remember Davi and raise money for mental health.

The disorder of the mind takes, and takes, and takes... We need to help kids by recognizing the signs, such as depression, and getting them help. We also need to educate all children about mental disorders so they know how to help their friends who may be suffering. We have to help our kids. They are our future.

I would encourage anyone who would like to join us in helping to eliminate the stigma associated with mental health. I want to give, and hope you do, too! If you wish to help our new generation, go to youknowwhoiam.com, and you can sponsor any member of the team or donate to Team Run for Davi.

Together, let's help The Royal Ottawa Foundation for Mental Health transform the lives of those suffering from mental illness with innovative and effective treatments, and to identify new methodologies for prevention and early detection. Thank you very much for your support.

Augusta Waddell
Iroquois

Community Living bracing for change

The Editor:
We would like to share with your readers a very important meeting being held on Mon., May 30 for parents of teenagers and adults with a developmental disability. The Ministry of Community and Social Services (MCSS) is changing the way families access services and supports for their loved one. No longer will families contact Community Living Dundas County directly.

Everyone in Eastern Ontario will have to go through the same office and process to access day programs, residential services, home share, respite, flex beds, case management, etcetera, just to name a few examples.

This new process will have an impact on the existing waiting lists and future expanded waiting lists. There will be longer waiting times to complete the entire application process and to receive supports or services.

The new access centre is called Developmental Services Ontario Eastern Region. The future of the Passport Funding Program will also be affected in time.

• continued on next page



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The family of Aart and Maria Jansen invite you to join us for an **Open House, Saturday, May 28, 2011, 2-4 pm,** Williamsburg Christian Reformed Church, 12436 County Road 18, Williamsburg, Ontario.
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Pecan preferred at pie auction



Crazy for pie
Abigail (left) and Sara Sloane at last week's auction. *Press Photo — Smith-Millar*

WINCHESTER — The Winchester detachment of the North Dundas Fire Department enjoyed sweet success in their fundraiser last Wednesday.

The firefighters' annual pie auction raised $2,330 on May 18 after the hall on Clarence Street filled with bidders. More than 60 donated cookies, crumbles, brownies, tarts, cakes, and, of course, pies were successfully auctioned off to the sweet tooths of Winchester (and the surrounding region). From a revenue perspective, a pair of pecan pies topped all other items when they sold for $75 each.

Last Wednesday's event was organized by Winchester firefighters, who volunteered on site all decked out in their official uniforms. Proceeds will help subsidize rescue equipment for the department.

It has been a busy week of community work for Winchester detachment members, with an electronic waste collection day taking place the previous weekend and a golf tournament held on Fri., May 20.



Fore!
The Winchester detachment of the North Dundas Fire Department held its seventh annual golf tournament at Williamsburg's Cedar Glen Golf Course on Fri., May 20. This year's event featured a total of 10 teams, and Councillor Al Armstrong was on one of them. A fundraising total was not available by press time.
Press Photo — Uhrig

Letters

• continued from previous page

As there is no new funding from the government, MCSS for individuals who have a developmental disability and their families, attending this meeting is crucial.

Great planning will be needed for families with teenagers leaving the school setting. Families wanting to change supports or services for their adult child will have to reapply through this new process as of Fri., July 1.

The meeting is being held at Community Living Dundas County, 55 Allison Avenue, Morrisburg on Mon., May 30 from 7 to 9:30 pm. Please RSVP to Marlene Lewis at 613-543-3737 or mlewis@cldc.ca.

As a rural parent representative on the regional MCSS planning forum and your local support agency, we cannot stress the importance of this meeting.

Terry Boyd
Vice-president, board of directors, Community Living Dundas County
South Mountain

The *Press* welcomes letters on subjects of interest to the community. Letters must be signed and include the writer's telephone number. Letters may be edited for length, grammar and libellous statements.

Op-ed content does not necessarily reflect the views of the *Press*.

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Destruction precedes construction

Machinery operator Carl Munro and his fellow Township of North Dundas construction crew members were helping the Winchester Downtown Revitalization Committee volunteers replace old street planters last week. This photo, taken outside the Winchester Early Years Centre on St. Lawrence Street, was taken on Thurs., May 19. *Press Photo — Smith-Millar*

RibFest, rain or shine

by Amanda Smith-Millar
Press staff

WINCHESTER — The first-ever RibFest will go ahead as planned — regardless of whether or not the sun graces Winchester residents with its presence this Saturday.

The May 28 block party has a foul-weather plan, according to Township of North Dundas Mayor Eric Duncan. He noted that takeout is an option for guests, so the pork barbecue meal and accompanying side-dishes can be taken home. In the event of rain, guests who want to stay can hang out in the back-up venue: the building adjacent to Sweet Corner Park (which serves as the host site of the park's mural).

The opening ceremony for Sweet Corner is set to run as planned from noon to 2 pm.

"It's rain or shine — don't worry about the weather," said Duncan.

In fact, regardless of Mother Nature's behaviour on May 28, the building next to Sweet Corner — owned by Vince Zandbelt — will be open to the public. Zandbelt, who is a volunteer with the Winchester Downtown Revitalization Committee, is hosting an open house after working away throughout the past year to restore the St. Lawrence Street structure to its former architectural glory, back in the days when it served as the village's Royal Bank branch.

Winchester Sidewalk/Garage Sale also May 28

Advance, day-of tickets available

To pick up RibFest tickets in advance, visit Winchester Travel, Winchester Video, Linda's Sewing Shop, and Annable's Jewellery and Gifts. Tickets will be available the day of the event, too. The $12-per-plate meal includes a half rack of ribs, coleslaw, baked beans, a dinner roll, a drink, and dessert. Hotdogs will be available for children.

Live entertainment will be part of the deal, as local country music entertainer Don Tuttle will provide the tunes.

Canned goods accepted

Tues., May 31 is Hunger Awareness Day. The RibFest event will be collecting non-perishable edibles for the Dundas County Food Bank on Saturday in an effort to gear up for Tuesday's national event.

Beachcroft: Vision and foresight 30 years ago

• continued from the front page

"We were very excited that something was going to happen," said Cotton.

The ministry eventually agreed to support what would become Beachcroft, he recounted. But the province's commitment fell far short of the 90-plus units that research suggested the Winchester area needed.

"One morning, I got a call at my office, and was informed that they were going to allocate us 35 units," Cotton told the audience. "Without having a board meeting or anything, I just sort of reacted. I think because we had done all this work... We had got a lot of people's hopes and expectations up. And now, we were only getting 35 units. So I said: 'Thanks, but no thanks.'"

An emergency board meeting followed the phone call. The consensus was to "get political," as Cotton described it. The push to secure more units involved some behind-the-scenes pulling of strings.

Cotton elicited several chuckles from the crowd when he told the story of convincing the housing minister's mother — who was from Winchester — to sign an application for Beachcroft, then invite Winchester representatives to a Saturday morning 10 am tea with her son. The surprised minister promised to re-examine the application and provide an answer Monday morning, Cotton said. And the response arrived: a "take-it-or-leave-it" offer of 10 more units for Beachcroft, bringing the total to 45.

"I thought, 'Okay, we've pushed these folks as far as we're gonna get,'" Cotton recounted.

He said that while demand reached the 90-unit mark, original designs were able to incorporate 60 units at Beachcroft. At last Saturday's event, he gestured to the garden beds and plot of land where the other 15 units were supposed to go.

Cotton lightheartedly qualified his statements by saying he's not "against landscaping" but wanted everyone (including the board) to know that the garden was, in fact, supposed to be the site of additional housing. He encouraged the board to explore the possibility of expansion.





At left:
Township of North Dundas Mayor Eric Duncan (left), with Ed Gibson, chair of the Beachcroft Board of Directors, at the 25th anniversary party for the Beachcroft on Sat., May 21.

At right:
Beachcroft administrator Bonnie Castle with Stormont, Dundas, and South Glengarry MP Guy Lauzon.

Press Photos — Smith-Millar

"You've got lots of space; it's a beautiful site," he said.

Cotton spent a good deal of his presentation listing the many people who made Beachcroft a reality — from volunteers to council members and beyond.

"What I'm doing is just representing the tip of the iceberg," said Cotton. Real workers were "behind the scenes," he said.

Thanks for the foresight: MP

A series of dignitaries offered warm wishes and congratulations on Saturday. One of them was MP Guy Lauzon, who was recently re-elected to continue representing the riding of Stormont, Dundas, and South Glengarry on Parliament Hill.

Lauzon noted that Beachcroft's planning phase took at least five years. "I want to commend you folks that had the foresight and did all that hard work 30 years ago," the MP said.

Township of North Dundas Mayor Eric Duncan noted that Beachcroft filled a significant need in the community.

Meanwhile, Ed Gibson, chair of the Beachcroft Board of Directors, served as master of ceremonies.

Special recognitions

There were several special honourary award recognitions presented on Saturday. Lauzon issued a certificate of recognition from the federal government to both the Beachcroft Board of Directors and to administrator Bonnie Castle, who was involved with the Beachcroft project from the beginning. Castle also received a gold watch engraved with 25 years of service from her board members.

The Township of North Dundas issued a scroll of recognition to both Castle and Beachcroft. On behalf of Debora Daigle, manager of Social and Housing Services with the City of Cornwall and the United Counties of Stormont, Dundas, and Glengarry, staff member Donna Ferguson presented Beachcroft's board with a certificate from the Housing Provider Advisory Committee.

Castle spoke last, thanking the "many boards of directors from 1986 on," as well as everyone involved with the project, and her own kin — both of the biological and metaphorical variety. "We are a family here, and I am very proud to be part of this family," said Castle.



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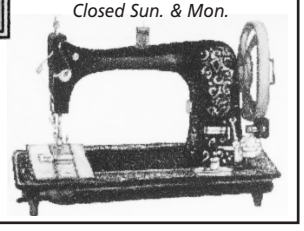

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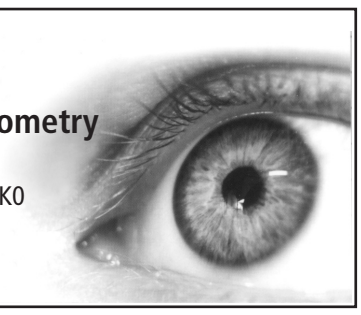

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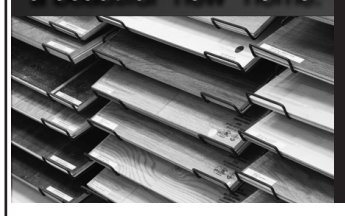

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UCP favourites return for season opener

MORRISBURG — Summer's been a long time coming, but Upper Canada Playhouse (UCP) audiences will sure know it's here when they fasten their seatbelts for the season opener *The Sensuous Senator* by Michael Parker running Thurs., June 9 through to Sun., July 3.

Not only will this farce chase the winter blues away, it will feature a cast of some of UCP's favourite actors, including: Doug Tangney, Garfield Andrews, AnnaMarie Lea, Victor Cornfoot, and a host of familiar and new comic talents.

The comedy will also bring back some familiar characters the audience loved from last season, since *The Sensuous Senator* is actually a brand-new sequel of last season's hit *The Amorous Ambassador.*

It's another outrageous episode involving the fun-loving politician Harry Douglas. This time, he's running for president of the United States — on a morality platform. Audiences will be treated to more of his never-ending attempts at shenanigans when his trusting wife is out of town.

No sooner does his wife Lois, played by Cornwall actress Brenda Quesnel, leave to attend a conference, then Harry, played by Garfield Andrews, invites his secretary over for a romantic evening. Finding her unavailable, he calls an escort agency and asks them to send over the voluptuous Fiona, played by AnnaMarie Lea.

Just when his plans for a fun evening seem to be shaping up nicely, an elderly friend and congressman (Doug Tangney) arrives, asking to spend the night because he has locked himself out of his house. Add to that the arrival of Harry's nephew whom the escort mistakes for her client, a security policeman and a nosey journalist looking for some dirt on Harry, and you have a roller-coaster comedy ride that's sure to keep you in stitches.

Also joining the cast for Harry's adventure are Debra Hale as Harry's secretary and mistress; Ottawa actress Lili Conor as the snooping journalist; and Perry Mucci as the unsuspecting nephew who gets mistaken as the escort's client.

> *The Sensuous Senator* is a brand-new sequel of last season's hit *The Amorous Ambassador*

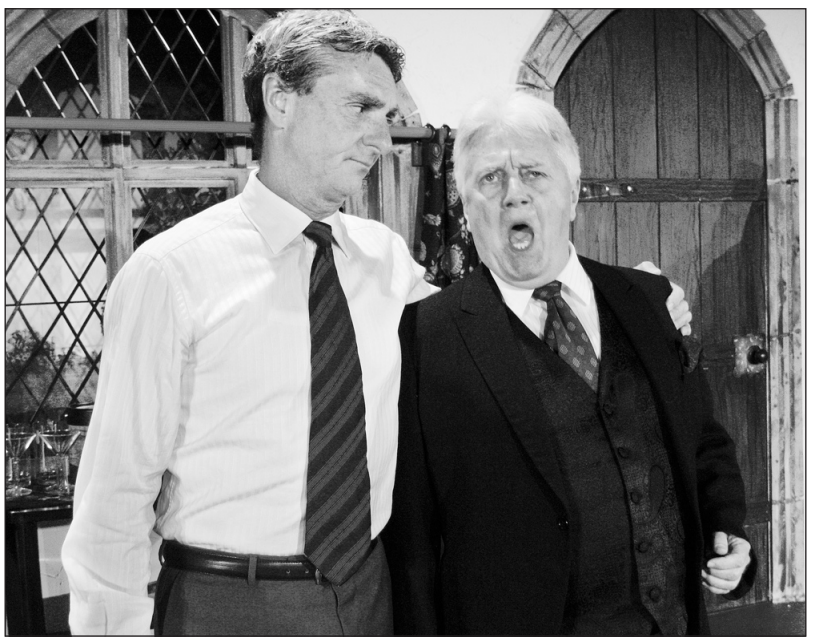
John Thompson is the set designer for the show, and Sean Free designs the lights with Alex Amini creating the costumes.

Artistic director Donnie Bowes and crew are busy with rehearsals and admits to much excitement for the season opener.

"When the cast and crew enjoy rehearsal and find themselves laughing a lot all day, it's a good sign that the audience will be in for a good time," he said. "It's good for us to get the laughs out of our system before the show opens. Otherwise there could be trouble."

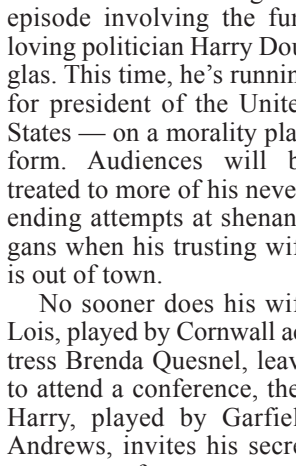
The Sensuous Senator runs Tuesday through Sunday at 8 pm, with 2 pm matinee shows on Wednesdays, Saturdays, and Sundays.

For tickets or more information, call 613-543-3713 or visit www.uppercanadaplayhouse.com.



Sensual season opener

Garfield Andrews (left) and Doug Tangney performed together in last year's Upper Canada Playhouse hit The Amorous Ambassador, *and will be back again in* The Sensuous Senator *when the 2011 season gets underway Thurs., June 9.*



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Over the top

North Dundas District High School pole vaulters Anja Manuel (above) and Stephanie Stewart (right) have qualified to compete at the East Regional track and field championships this week (Thurs., May 26 and Fri., May 27) in Ottawa. Stewart finished second at EOSSAA (Thurs., May 19 and Fri., May 20 in Brockville) in the senior women's event with a personal best 2.35m while Manuel placed third (2.05m). *Photos by Austin de Luis*

Ashby golden at EOSSAA, wins triple jump

BROCKVILLE — Tim Ashby was the lone member of the North Dundas District High School Devils to reach the top step on the podium.

Ashby captured the gold medal, winning the junior men's triple jump while competing at EOSSAA track and field championships in Brockville last week (Thurs., May 19 and Fri., May 20).

Ashby's teammates, Stephanie Stewart and Anja Manuel, also claimed medals and will join him at the East Regionals this week (Thurs., May 26 and Fri., May 27) in Ottawa.

Ashby's win was a narrow one. He recorded a measurement of 11.72m and nipped Rideau District High's Dane Sauve (11.71m) by .01 of a metre.

Stewart claimed the silver medal in the senior women's pole vault clearing 2.35m (personal best) while Manuel grabbed the bronze in the same event with a vault of 2.05m. Sarah Ferry of the host TISS Pirates and last year's junior silver medallist at OFSAA took the gold with a vault of 2.60m.

Devils coach Rory Blackadder reported Stewart just missed at a height of 2.45m and Manuel was close at going over the bar at 2.20m.

"Juniors Jenna Warren and Julia Wouters have been battling injuries but persevered and finished ninth (1.65m) and 12th (1.50m) in the pole vault," he said. "Both athletes have promising futures in pole vault."

Near misses

Blackadder also pointed out that the Devils had some close calls but just missed qualifying for the East Regionals with a fifth-place finish.

Wes Schmidtke competed in both the junior pole vault and shot put at the same time. Blackadder said Schmidtke had to throw, change his foot wear and pole vault and just missed a fifth-place ranking in the shot put.

Schmidtke placed fifth (12.89m) but was bumped to sixth because his third previous throw was 1 cm less than a fellow competitor. He also had a personal best of 2.85m in the pole vault and was sitting in fifth until the final vaulter hit 3.00m and knocked him into sixth place.

Senior Alex de Paiva also had to settle into sixth place in two events — the long jump (5.77m) and pole vault (3.15m) — and miss a trip to the East Regionals.

Devils records

There are still several EOSSAA records being held by former North Dundas Devils including: Kirsten Milne - 11.07m - junior triple jump - 2008; Tyler Fawcett - 14.04 - senior 100m hurdlers - 2007 and 400m hurdles - 53.069 - 2007; Bailey Lewis - 59.96 - senior 400m - 2004.

Patriotes defeat Devils for 'AA' championship

CORNWALL — There are two "AA" senior soccer teams who annually compete for the SD&G soccer championship — the Ecole Secondaire La Citadelle Patriotes and the North Dundas District High School Devils.

But, in the last three years there has been just one champion — the Patriotes.

As they had in the previous two seasons, the Cornwall school defeated the rural squad from Maple Ridge in both the 2011 senior girls and senior boys championship matches. But the Patriotes' day wasn't finished, after claiming those two gold medals they completed the four championship sweep capturing both junior titles.

The Patriotes secured a third consecutive boys title by knocking off the North Dundas Devils 4-1 at Optimist Park last week (Tues., May 17). The same afternoon at the same park the Pats took the girls gold, blanking the Devils 2-nil.

Kevin Bell reported his girls squad held the Pats to a scoreless draw in the first half.

"It was a good game," said Bell. "We were able to keep La Citadelle to perimeter shots, and when needed, our keeper Michelle Neil, came up big."

La Citadelle netted the winning goal midway through the second half and iced the 2-nil decision on a late penalty shot called on a hand ball inside the 18-yard box.

North Dundas dropped a 3-1 decision to the Pats during the regular season and finished with a 2-7-1 record. La Citadelle was 8-1-1 in their 10 games.

Senior Boys

Brae McNamara was the only member of the Devils to crack a goal into the back of the Patriotes' net during the senior boys final.

La Citadelle blasted in their first marker five minutes into the game, expanded their lead to 3-0 by half time and claimed the title with a 4-1 decision.

Coach Ian Wilson said his squad was being outplayed by a wide margin noting the opposition side was made up of competitive soccer players while his team was made up of hockey players, many new to the sport.

At the half Wilson said he urged his players not to throw in the towel and play hard in the second half.

"The boys responded and got an early goal from Brea and outplayed La Citadelle most of the half," he said. "They were fun to coach and it was a good season. We were a young team going against a senior team."

Earlier in the season, the Devils dropped a close 1-nil decision to the Pats in a game Wilson said could have easily been a 0-0 draw. The Devils finished the regular season at 2-5-2, while the Pats put together a record of 8-1-0.

Junior Devils

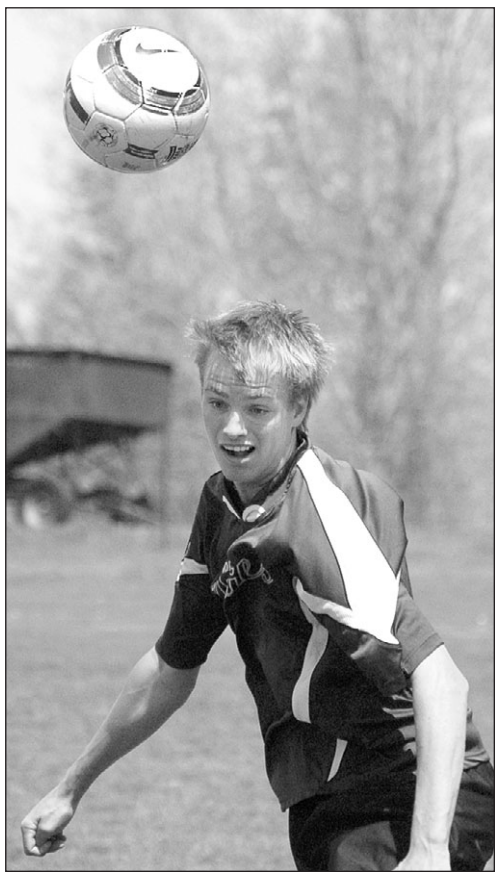
Patrick Gibson booted in four goals as the North Dundas Junior Devils split their two post season matches the same day in Cornwall.

Gibson had the hat trick, including two penalty kick markers, leading the Devils to a 5-2 semi-final victory over the St. Lawrence Saints and counted the lone tally in a 2-1 loss to La Citadelle in the gold-medal game.

North Dundas trailed the Saints 2-1 after what coach Mike Deighton described as a terrible first half. Marc Thurler put a goal in off the cross bar and Dayton Kelly cracked the other tally.

North Dundas were down 1-nil at the half in the championship match. Gibson booted a free kick into the Pats cage tying the game.

• continued on page 14



Josh Stubbings played his final SD&G high school soccer game against the champion La Citadelle Patriotes in last week's (Tues., May 17) gold medal match. The Patriotes defeated the North Dundas Devils 4-1. *Press Photo — Van Bridger*

Play ball!

Fastball returns to the 'burg

WILLIAMSBURG — Area fastball fans will get their annual fix this weekend as Williamsburg plays host to the 8th annual Casey at Bat Memorial Fastball Tournament.

Organizer Lyle Schell reports eight teams, including the hometown Williamsburg Cigars, will begin play Friday (May 27) evening at 7:30 pm. Round-robin games continue through Saturday leading to Sunday's playoff rounds.

Joining the Cigars will be Cree Nation along with teams from Napanee, Donacona (Que.), Ottawa, Orleans, Kanata and Manotick.

A refreshment garden and live entertainment will also be featured at the fundraising event.

Morrisburg's Marc Beckstead drafted second overall by Grads

OTTAWA — Morrisburg's Marc Beckstead, a left winger with the Upper Canada "AAA" Midget Cyclones, was selected second overall in the 2011 Central Canada Hockey League's (formerly Central Junior Hockey League) entry level draft.

The Gloucester Jr. "A" Rangers hosted the annual event at the Earl Armstrong Arena last week (Wed., May 18).

The 16-year-old Beckstead was selected by the Cumberland Grads after the Hawkesbury Hawks had taken Green Valley's Remi Elie first overall. A total of 144 players were chosen in the 12-round draft of bantam and midget-aged players.

Russell's Nathan Avery, a defenceman with the Ottawa "AAA" 67's, was taken 18th overall (second round) by the Smiths Falls Bears.

Chesterville forward Bryden van Kessel went to the Brockville Braves in the third round (34th overall). The 15-year-old skated with the Rideau St. Lawrence "AA" Kings last season.

Jamie Quinn, an 18-year-old defenceman who played with the Metcalfe Jr. "B" Jets last season, went in the fourth round (41st) to the Smiths Falls Bears.

Mountain's Shawn Simms, a 15-year-old centre with the Rideau St. Lawrence "AA" Kings last year, was selected in the sixth round (65th) by the Smiths Falls Bears.

The Cornwall Colts picked Winchester forward Josh Stubbings in round nine (107). The 18-year-old Stubbings was a rookie on the 2010-2011 Rideau-St. Lawrence Conference champion Winchester Jr. "B" Hawks.

Morrisburg defenceman Ty Hodgson of the Rideau St. Lawrence Kings also went in the ninth round to the Brockville Braves. The Braves also picked up Brinston forward Jordan Smail of the Upper Canada Cyclones in the same round.

Kurtis Barkley wins Men's Night 'A' class

WILLIAMSBURG — Kurtis Barkley's low gross 37 topped the Men's Night leader board at Cedar Glen Golf Course.

Jordan MacGregor finished five shots off the pace in "A" class at last week's (Thurs., May 19) gathering. Vince Cousineau booked a low net 34 and Mike Fawcett finished four back at 38.

Brian Williams (No. 12) and Rick Barkley (No. 15) claimed the closest to the pin prizes. Robbie Waddell knocked out the longest drive.

Scott Helmer and Don McMillan carded low gross 44s in the "B" bracket. Kurtis Corry (36) and Terry Barkley (38) turned in the top net scores.

Francis Barkley (46) and Chris Sachs (48) shot the best two gross scores in "C" class. Tom Sloane (35) and Jim Casselman (38) picked up the low net score prizes.

More winners

Steve Plummer (50/50 draw), Kurtis Corry (two on 12), Vince Cousineau (four on 14 and two on 15 and three on 16), Shaun Lapier (three on 17), Kurtis Barkley (four on 18), Chris Sachs (four on 10 and four on 18), Francis Barkley (three on 15) and Mitch Hutt (four on 17).

Ladies Night

Shari Boyd picked up a pair of prizes on Ladies Night (Wed., May 18) posting a low gross 49 in "A" class and putting her shot closest to the pin on No. 12.

The evening's other winners were: Janet Levere (low gross 52 in "B" Class); Barb Phifer (low gross 56 in "C" class); Mary Whitteker (closest to the pin on No. 15) and Donna Casselman (50/50 draw winner).



Sam Shelp, a fullback with the North Dundas Senior Devils, and fellow defender Laura Hutt suffered a 2-nil loss to the La Citadelle Patriotes in last week's SD&G championship match. *Press Photo — Van Bridger*

High school soccer

• continued from page 13

Unfortunately, the opposition was able to grab the gold, sneaking a slow, rolling shot into the Devils net with four minutes left in the game.

"The boys played a solid game against a very talented (La Citadelle) team," said Deighton.

North Dundas posted a 3-5-1 record during the regular season.

La Citadelle completed the four-championship sweep taking the SD&G junior girls title with a 2-nil decision over the St. Lawrence Saints. The Saints blanked the North Dundas Devils 6-nil in one semi-final while the Patriotes ousted the General Vanier Vikings 5-nil in their semi-final.

Blues blank Chicks for first win

WINCHESTER — Jessica Shirreffs fired in the game-winning goal and set up Dana Sullivan's insurance marker as the Blues whitewashed the Yellow Chicks 2-0 for their first win of the 2011 Chesterville Girls Ball Hockey League season.

Sherriffs used a pass provided by Sam Benoit to score the deciding shot with 7:42 left in the first period of Monday's (May 23) contest. Sullivan then made it a 2-0 final finishing a play started by Sherriffs with seven seconds left in the second session.

Emma Pintal registered the shutout for the third-place Blues (1-3-1). The Chicks record dropped to 1-4-0 with the loss.

Fireballs 3 - Green 3

The number-two ranked Fireballs (2-1-2) rolled into a 3-1 first-period lead on the first-place Green team (4-0-1), but wound up settling for a 3-3 tie in the 8 pm contest.

Amanda Switzer handed the Fireballs a 1-0 lead scoring from Amy Bekkers at 10:07 of period one. Green tied it up at 9:30 when Riley Cronin connected after taking a pass from Autumn Merkley.

Tyannah Lee finished another play engineered by Amy Bekkers putting the Fireballs up 2-1. Amy Bekkers' solo shot improved her team's lead to 3-1 with five minutes left in the session.

The Greens closed the gap to 3-2 when Hailee Coleman (unassisted) found the mark at 14:00. Coleman then assisted Anna Stubbings on the tying tally with 36 seconds left in the period.

The final frame was scoreless. Shaina Vandemheen (Green) and Ashley Rockburn (Fireballs) were the opposing goalies.

Sandy Row hosts first Men's Night

SOUTH MOUNTAIN — The opening Men's Night of the 2011 season at Sandy Row Golf Course is in the books.

Blake Fawcett and Reg "Hammer" Gilmer picked up the closest to the pin prizes for their placements on No. Three (par two) in last week's (Wed., May 18) proceedings.

Lorne Butchart recorded the most accurate drive, closest to the marker.

Greg Erwin claimed the skin of the evening.

The draw winners were Gord Kelso, Ron Derraugh, Earle Adams, Gord Windsor, Jeff Leclair and Danny Hogaboam.

All golfers are welcome to take part in the special activities at Sandy Row, which will include a bus trip to an area course on Fri., Aug. 12.







Senators post first win of season, beat Leafs 10-6

WINCHESTER — Dylan Sosnowsky and Andrew Grant each cracked in three goals and paced the Senators to a 10-6 victory over the Leafs.

Both teams were looking for their first two points when they faced off in last week's (Tues., May 17) North Dundas Senior Co-ed Minor Ball Hockey League triple bill at the Winchester Arena.

The Leafs jumped into a 5-3 lead when Quinn Chambers finished a play involving Brandon Ouderkirk and Devin Nurse at the 27:14 mark but the Senators were holding an 8-5 lead when Ouderkirk (unassisted) counted the Leafs' final goal with 4:37 left on the clock in the 7 pm contest.

Grant netted three goals and picked up three assists for the winners while Justin Tanner collected six points on two goals and four helpers. Brady Tanner picked up five points (1-4-5) and Sosnowsky pumped in three goals, including the winner. Ryan Embury (1-1-2), Tyler Nelson (0-3-3), Mason Steele (0-1-1), Marshall Steele (0-1-1), and Megan Chamberlain (0-1-1) also contributed to the win. Dylan Comeau was the winning 'tender.

The Leafs got their points from Ouderkirk (2-2-4), Shawn Simms (2-0-2), Matthew Laflamme (1-1-2), Devin Nurse (0-2-2), Quinn Chambers (1-0-1) and Ty Mannis (0-1-1).

Canucks by one

Jason Beehler converted a feed from Brayden van Kessel into the game-winning goal 5:45 before the final buzzer as the Canucks (3-0-0) nipped the Canadiens (2-1-0) 6-5 in the battle of the undefeated teams in the evening's second game.

Beehler's tally gave the Canucks a 6-4 lead and one second later Nevin Guy took a pass from Evan Poirier and Vincent Baron and got the Canadiens to within one (6-5). That was as close as they could come to tying it.

Kevin Vandekemp and van Kessel each pegged a pair of markers for the winners. Beehler and Nathan Whalley sniped the singles. Jason Buma (4), Whalley (3), and van Kessel (2) provided the passes. Shawn Buma posted the 'W'.

Nevin Guy and Marc Thurler each popped in a pair of goals for the Canadiens. Dayton Kelly scored once and drew two assists. Baron, Poirier and Nevin Guy each picked up an assist. Zac Barkley played his first game as a goaltender and suffered the one-goal setback.

Flames smoke Oilers

Ryan Byers ignited the Flames' (2-1-0) offence with a five-goal, two-assist effort as they burnt the Oil (1-2-0) 8-3 in the late game.

Kyle Ross (2) and Travis Marshall supplied the other tallies. Assists went to Cory Ross (2), Riley Black, Joshua Jaquemet and Nik Read. Niko Deschamps tended the nets.

Mason Durant bagged all three Oiler goals. Evan Durant (2), Jacob Baird and Brandon Cousineau set up the hat trick.



Chase down

Canucks' forward Brayden van Kessel (right) was being chased down by Canadiens' defender Chase DeDekker on this play during last week's (Tues., May 17) North Dundas Senior Co-ed Ball Hockey League game. The Canucks went on to post a 6-5 victory, thanks in part at van Kessel's four point (2-2-4) effort.

Press Photo — Van Bridger



First game

Canadiens' Zac Barkley played his first game as a goaltender in last week's (Tues., May 17) North Dundas Senior Co-ed Ball Hockey League game against the Canucks. Barkley and teammate Dayton Kelly (No. 3) stopped the Canucks on this play.

Press Photo — Van Bridger

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In training

There is a group of four to seven-year-olds currently training to enter the North Dundas Junior Co-ed Ball Hockey League. They meet each Monday night in the Nationview Public School gym in South Mountain where they are taught the basics of ball hockey by organizers Warren Holmes, Jason Ouellette and Clinton Holmes. Each of the six Nationview Summer Ball Hockey sessions includes warm-up exercises, working on basic stick handling and shooting skills, and a scrimmage. The 30 (plus) players make up a three-team league — Reds, Greens and Blues. Above, Coach Clinton Holmes keeps an eye on two of the four-year-olds as they face off.

Press Photo — Van Bridger

Darrel Moore's fifth goal keeps Orange Crush in win column

MORRISBURG — Darrel Moore's fifth goal of the game broke up an 11-11 tie and maintained the Orange Crush's first-place status in the Dundas Men's Roller Hockey League standings.

Moore not only scored five times in last week's (Thurs., May 19) twin bill, he also drew four assists in the Crush's (2-0-0) 12-11 decision over the White Lightning (1-1-0).

The Blue Balls (1-1-0) registered their first victory, beating back the Black Attack (1-1-0) 11-7 in the opening game.

Moore pegged his first two goals in period one, but his team was behind 6-4 at the intermission. He scored again in period two as the Crush eased into an 8-7 lead. His final two markers came with 7:42 and 56 seconds left on the clock. The game winner was an unassisted shot.

Dave Summers also tallied nine points (3-6-9) for the winners. Aron Sherrer (2-2-4), Tommy Keyes (2-0-2), Cody Carruthers (0-1-1) and Drew Morrow (0-1-1) completed the scoring. Tyler Brown tended the nets.

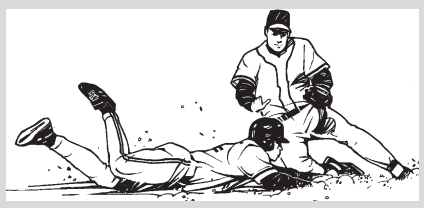
Doug Ferguson was the Lightning's big shooter with five goals and one assist. Tyler Jones also had six points (2-4-6) and Rob Thurler five (2-3-5). Jamie McIntosh (1-2-3), Justin Heuff (1-1-2), Randy Markell (0-1-1) and Brad Johnson (0-1-1) also picked up points.

Balls 11 - Attack 7

Phil Duncan fired in four goals leading the Blue Balls to an 11-7 win over the Black Attack. He also earned an assist for a five-point night. Brandon Buma also collected five points (2-3-5), while Steve Mattice (2-1-3), Jake Byers (1-2-3), Ryan Thompson (1-1-2), Chris Embury (0-3-3), Rick Hall (0-2-2) and Trevor Morozuk (1-0-1) all contributed to the team's first victory. Barret Brundige was the winning 'tender.

The Balls rolled to period leads of 3-1 and 7-4 on their way to the win.

Mike Thompson scored six of the seven Attack goals and now has 13 in two games. Chris Phifer (1-1-2) sniped the single. Assists went to Devon Cinnamon (2), Nick McGill (2) and Craig Belanger.



Winchester Press

Sports Scoreboard

North Dundas Minor Co-Ed Ball Hockey League

SENIOR DIVISION RESULTS

May 17: Senators 10 - Leafs 6
Canucks 6 - Canadiens 5
Flames 8 - Oilers 3

STANDINGS	W	L	T	GF	GA	PTS
Canucks	3	0	0	26	14	6
Flames	2	1	0	25	21	4
Canadiens	2	1	0	20	13	4
Oilers	1	2	0	24	21	2
Senators	1	2	0	18	22	2
Leafs	0	3	0	18	35	0

JUNIOR DIVISION RESULTS

May 18: All games cancelled due to wet floor conditions

STANDINGS	W	L	T	GF	GA	PTS
Oilers	2	0	0	11	4	4
Canucks	2	0	0	10	4	4
Flames	1	1	0	6	6	2
Canadiens	1	1	0	5	8	2
Senators	0	2	0	4	7	0
Leafs	0	2	0	2	9	0

TOP SENIOR SCORERS:	G	A	PTS
Ryan Byers, Flames	12	9	21
Jason Buma, Canucks	2	14	16
Brandon Cousineau, Oilers	6	9	15
Braydon van Kessel, Canucks	9	5	14
Evan Durant, Oilers	5	9	14
Travis Marshall, Flames	7	5	12
Kevin Vandekemp, Canucks	7	4	11
Mason Durant, Oilers	8	3	11
Brandon Ouderkirk, Leafs	5	4	9
Liam Morrow, Canadiens	6	2	8
Nathan Whalley, Canucks	2	6	8

TOP JUNIOR SCORERS:	G	A	PTS
Jack van Kessel, Oilers	5	1	6
Sheldon Lafortune, Canucks	3	1	4
Evan Durant, Oilers	3	1	4
Christian Francis, Flames	3	1	4
Eric Armstrong, Senators	3	0	3
Cristian Vogrig, Oilers	1	2	3
Drew Cotnam, Canadiens	1	2	3
Cameron Cotnam, Canadiens	1	2	3
Brandon Barnes, Oilers	0	3	3
Cordell Steele, Flames	2	0	2

Dundas Men's Roller Hockey League

RECENT RESULTS

May 19: Blue Balls 11 - Black Attack 7
Orange Crush 12 - W. Lighting 11

STANDINGS	W	L	T	GF	GA	PTS
Orange Crush	2	0	0	22	17	4
Black Attack	1	1	0	18	18	2
Blue Balls	1	1	0	17	17	2
W. Lightning	1	1	0	17	17	2

TOP SCORERS	G	A	PTS
Mike Thompson, BA	13	1	14
Dave Summers, OC	6	8	14
Darrel Moore, OC	8	5	13
Doug Ferguson, WL	5	4	9
Rob Thurler, WL	3	6	9
Brandon Buma, BB	5	3	8
Phil Duncan, BB	5	2	7
Jamie McIntosh, WL	4	3	7
Justin Heuff, WL	3	4	7

National Capital Baseball League

TIER 2 RESULTS

May 18: Winchester Sox - Athletics (rained out)
May 19: Winchester vs Sweatsox (PPD)
May 27: Winchester vs Outlaws
@ Sportsplex

STANDINGS:	GBL	W	L	T	RF	RA	PTS
Metcalfe	--	1	0	0	6	2	2
Athletics	--	1	0	0	7	4	2
Gryphons	--	1	0	0	9	3	2
Outlaws	--	1	0	0	10	2	2
Braves	0.5	1	1	0	12	11	2
Winchester	0.5	0	0	0	0	0	0
Sweatsox	1.5	0	2	0	7	16	0
Expos	1.5	0	2	0	3	16	0

Chesterville Women's Ball Hockey League

RECENT RESULTS

May 19:
Games cancelled due to wet floor conditions

STANDINGS	W	L	T	GF	GA	PTS
Reds	3	0	0	12	1	6
Yellow	2	1	0	11	4	4
Blues	1	2	0	4	6	2
Green	0	3	0	2	18	0

TOP SCORERS	G	A	PTS
Jackie Morris, Reds	5	3	8
Janice Casselman, Reds	1	6	7
Kaitlin Beckstead, Yellow	4	2	6
Jill Vanderveen, Yellow	3	3	6
Brittany Beckstead, Yellow	1	5	6
Stephanie Byvelds, Reds	2	2	4
Jessica Winter, Reds	1	2	3
Kara-Lee Casselman, Reds	2	0	2
Theresa Schoones, Blues	1	1	2
Kaila Beckstead, Blues	1	1	2

Chesterville Girls Ball Hockey League

RECENT RESULTS

May 23: Blues 2 - Yellow Chicks 0
Fireballs 3 - Green 3

STANDINGS:	W	L	T	GF	GA	PTS
Green	4	0	1	18	7	9
Fireballs	2	1	2	20	18	6
Blues	1	3	1	7	13	3
Yellow	1	4	0	9	16	2

TOP SCORER	G	A	PTS
Amy Bekkers, Red	3	6	9
Autumn Merkley, Green	2	5	7
Lyndsay Cummins, Green	2	4	6
Sam Benoit, Blues	1	5	6
Jessica Sherriffs, Blues	4	1	5
Anna Stubbings, Green	3	2	5
Katherine Fleury, Fireballs	3	2	5
Rachel Bekkers, Fireballs	2	3	5
Mackenzie Johnston, Green	4	0	4
Lindsay Chambers, Fireballs	3	1	4
Hailee Colem,an, Green	3	1	4
Tyannah Lee, Red	3	1	4

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Ford fever

When Harry Brownell purchased his 1948 Ford Super Deluxe V8 Ford coupe in 1992, both he and his wife described it as a piece of junk. "The fenders were held on with two bolts. It was in rough shape," Brownell told the Winchester Press.

Since the Ford was towed home from Hull, Que., Brownell has dismantled it, refurbished and re-assembled it piece-by-piece. He also replaced the original chrome trim with homemade stainless steel parts, restored the interior and painted it a true Ford colour — deep ruby red. The project, all done in his own garage, took approximately five years, but the 80-year-old, former chief engineer at Parmalat is still maintaining his pet project, making sure the eight-cylinder, flat head engine is operating at peak performance — 18 miles per gallon. Brownell drives his Ford from his home in Forest Wood Heights to Winchester several times a week. The 63-year-old classic has 58,000 original miles on it.

Press Photos — Van Bridger







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Nitrogen increasingly popular tire-filling option

At $5 per tire, new inflation program to save fuel, reduce carbon footprint

WINCHESTER

With research suggesting that filling one's tires with nitrogen is the way to go, Winchester Automotive Services has decided to offer the service through a company called PuriFlate.

PuriFlate is a high-purity nitrogen gas that, according to the company, can last up to 30 per cent longer in tires than when they're inflated with regular air. Vehicles riding on nitrogen-inflated tires can experience fuel economy increases of up to 10 per cent, all while reducing the driver's carbon footprint.

Bob Van Noppen of Winchester Automotive Services agreed that it's a step forward for consumers.

"I've got it [nitrogen] for my own truck," he said.

Nitrogen is an inert gas, which means it is an element that is without properties or the ability to react. According to PuriFlate, air is comprised of about 79 per cent nitrogen and 20 per cent oxygen, with the remainder falling under the category of "other gases." The oxygen causes inflation-related trouble for vehicle owners, the company says — and without oxygen, no oxidation, rust, corrosion, or water-related trouble should occur. The greatest advantage of nitrogen is that it permeates at one-quarter of the rate of oxygen.

The investment is minimal, as Winchester Automotive Services is providing the PuriFlate service at $5 per tire (before tax). An additional deal of $39.95 plus tax will provide four tires' worth of inflation, plus a year's membership to PuriFlate's Customer Care Club. The membership includes: 24-hour emergency towing service; lost key and lockout service; tire repair and replacement coverage; travel benefits; 24-hour emergency roadside assistance in the U.S. and Canada; trip-routing service; 24-hour emergency battery service; theft and hit-and-run protection (a $500 reward for information leading to the arrest and conviction of anyone responsible for the hit-and-run damages or stealing your vehicle); trip interruption coverage (up to $300 in reimbursements for meals, lodging, and transportation charges when you are involved in a collision away from home); and access to a 24-hour emergency delivery service of supplies (gas, water, oil, or whatever else the customer wishes to purchase) with free transportation involved.



Nick Dans of Winchester Automotive Services, pictured here monitoring the PuriFlate gauge as a car has its tires filled with nitrogen. *Press Photo — Smith-Millar*

Give proper care to tires all year round

Soon, drivers across Canada will be singing the praises of the return of the warmer weather, and will gladly change their winter tires back over to all-seasons. However, it's important to remember that your tire care doesn't stop when the winter tires come off. In fact, proper care for your tires is a year-long initiative to ensure that in any season, your vehicle's performance, gas mileage and, most importantly, overall safety is in check.

Take a look at this tire checklist from Goodyear:

• **Tires balanced** – keeping your tires rotated, aligned and balanced is key to optimizing tire wear.

• **Tires inflated** – proper inflation helps with your car's performance, gas mileage, and tire wear.

• **Tires clean** – this can extend the life of the tires and help you notice any damage that could lead to more serious threats.

• **Tires feel good** – even more important than appearance is how they feel on your car. If anything is vibrating or simply doesn't feel right, have the tires inspected by an expert.

• **Tires match the climate** – this is crucial for Canadians with extreme weather conditions, as using winter tires in the summer or all-seasons in winter can reduce the performance potential of the vehicle.

More tips on tire care are available online at www.goodyear.ca.

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Going the extra mile

Spring has sprung throughout the local region, and with the warm weather comes a great need: spring vehicle maintenance. Whether it's changing from winter to summer tires, checking your vehicle's coolant levels, or a regularly scheduled oil change, businesses in the local industry are keeping busy around this time of year.
Pictured are: D's Collision employee Patrick Wood (top, left), Bob Walsh (right) at W.J.L. Boyd and Sons/ OK Tire; and Matt Richardson (below, left) at D&J Motors.

Press Photos — Uhrig



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Food on wheels: Nutritious snacks to go

by Janice Atkey Videto

Fast food menus can be an obstacle course of high-salt, high-fat, greasy options that sit poorly on the stomach. Heavy carbohydrates make you sleepy and are difficult to digest.



The Lighthearted Vegetarian

by Janice Atkey Videto

Whether you are on a road trip or just taking the kids to Grandma's, wholesome nourishment on the road can be a challenge. Here are some basic tips to make your travels safe and healthy!

Most importantly, stop to eat rather than driving while eating. Besides being a dangerous distraction, eating behind the wheel is not a good environment for digestion.

Find a rest stop or a parking lot. Pull over and turn the car off. If a washroom is available, take advantage of the opportunity to use the facilities, give your hands a thorough wash and refresh yourself with a face splash. To eat, sit at a picnic table, use the space in the hatchback of your car, the bumper, a blanket on the grass, or any position which is different from the one you use while driving.

Ziplock bags of chopped nuts offer high levels of protein to keep you alert. Containers of pre-chopped fruits are always refreshing and boost your blood sugars naturally. Check out our *Recipe du Jour* for cookies that are a powerhouse of nutrition, and make the perfect travelling companion!

Pack plenty of water and drink it often to stay well-hydrated. Good hydration keeps your brain active and alert. It helps the body regulate its temperature and aids digestion. If you have a caffeinated beverage such as coffee, tea, or pop, remember you will need an additional cup of water to compensate for the dehydrating effect of the caffeine.

After eating, walk about and stretch your legs. Digestion, movement, and good circulation go hand in hand. Take long strides, swing your arms, stand on tippy-toes to flex your calf muscles. Tighten your stomach muscles and flex your buttocks. (Don't worry, no one will notice what you are doing, and if they do, they will be too afraid to ask you about it!) Make a point of taking deep refreshing breaths. Sitting at a steering wheel compresses the diaphragm and restricts your ability to inhale. Deep breaths soothe tension, eliminate toxins, and activate the mind.

Until next time...

June is Dairy Month, and our next feature will be exploring lactose intolerance issues, some kid-friendly snacks for those hungry youngsters home for the summer, and some healing tips for your pets! Until then, safe (and nutritious) travels!

Janice Atkey Videto is a Winchester-area resident, volunteer columnist for the Winchester Press *supplements, and long-time vegan ready to pass on her experiences with the "veg life" to two-legged omnivores, herbivores, and carnivores alike.*

Now try it on your plate

Vegilicious recipe du jour

Protein-packed cocoa snacks

1/2 cup margarine
1/2 cup oil
1 cup honey
4 beaten eggs *
1 tbs vanilla
1/2 cup soy flour
2 cups whole-wheat flour
1/2 powdered milk, soy or regular
1/2 cup cocoa
1 tbs baking powder
1/3 cup bran
1/3 cup wheat germ
1 cup finely chopped walnuts
1 cup sesame seeds
1-1/2 cup raisins or currants

Beat the first five ingredients until mixed. Stir in the rest and mix well to make a sticky batter. With dampened hands, shape into small patties and bake at 350 degrees for 20 to 25 minutes. Cool and enjoy. You can substitute different flours, substitute oats for the wheat germ, or use different nuts and fruits to vary the flavour!

**Tip: Vegetarians can use cornstarch and water mixed to the amount equivalent to four eggs.*

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No charge to recycle tires in Ontario

Used Tires Stewardship Program front-ends recycling costs

WINCHESTER

Did you know that there's no longer a disposal fee to get rid of old tires in Ontario?

It used to cost several dollars (with the price depending on tire size) to get rid of ratty old tires throughout the province. As a result, many people, and even companies, used to abandon them in fields, along the roadsides, or in dumpsters.

But since Sept. 1, 2009, the Ontario Used Tires Stewardship Program has rearranged how tires are recycled. Consumers pay an advanced recycling fee of $5.84 when they buy their tires. That covers the cost of dropping old tires off at the dump or a local "steward" — a business or other registered collection site affiliated with the provincial program.

Get rid of your old tires for free

According to Rod Blanchard of Winchester Service Centre, many members of the public still aren't familiar with the Ontario Used Tires Stewardship Program. With the St. Lawrence Street business registered as an accredited stewardship site, Blanchard accepts incoming tires from members of the public and works with the government to co-ordinate the shipping.

"Not everyone knows that you can get rid of your tires for free now," Blanchard said.

As a steward, Winchester Service Centre collects 84 cents per submitted tire. The remaining $5 subsidizes the recycling process. After the used products are collected at stewardship sites, they're shipped off to be transformed into a variety of products, from mats in skating arenas to cow beds to mouse pads.

According to the Ontario Tire Stewardship, there's still plenty of work to be done on the program.

"Ontario is fortunate to have a number of scrap tire recyclers who currently handle approximately 50 per cent of the scrap tires produced in Ontario each year," reads a statement on the organization's website. "The balance of the scrap tires produced in Ontario today are shipped out of the province to a variety of end-uses including disposal in a landfill or by burning. The Used Tires Program goal is to change this situation so all of Ontario's scrap tires are recycled right here in the province."



Reduce, reuse, recycle

Rodrigue Blanchard of Winchester Service Centre is pictured here stacking materials destined to be processed through the Ontario Used Tires Stewardship Program.

Press Photo — Smith-Millar

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When the rubber meets the road



Rural Reflections

by Carrie Fawcett

I own a car. Well, I own a car share. I own a third of a car. Family members own the other two thirds. It's a car share in my mind when the three shareholders and the car being shared all live at the same place.

Currently, we are all living on the family farm. Whoever chooses to insure it can drive it. We could go into more depth with a formal car share agreement, considering wear and tear, and finding other variables to factor in, but we choose not to.

Last week, I chose to insure the car again. Outside of a few short runs, it has been on holiday, parked in the back yard for about nine months. I insured it because I've decided it is carrying me along with some cargo to Thunder Bay. I could have taken a bus, or a plane, or found another means, but there is a car available for my use, and as the driver, I can choose when, for how long, and where I stop along the way.

I want to take some larger items with me on this trip. One of these larger items is a bicycle. But a bike will take up significant car space. Is it worth it? I think so.

A bike, like a car, is a vehicle. If I travel a shorter distance or at a slower pace, I am offering myself a choice — four wheels or two.

I can drive or I can ride. But why not buy a bike or borrow one when I reach my destination, instead of committing to using available car space?

Because I choose to make packing my car a kind of practice. I recognize that there are limits as to what will fit in my car. I have thought about roof racks and other attachments, but choose not to add those because I want to work with what I already have — again, as a practice.

So what will I provide space for in my car besides a bike? Shoes. Real shoes. Real shoes for me are the kind that offer the best support possible to the rest of my body, the physical vehicle that most simply moves me from place to place.

So when the rubber meets the road, I have made a choice.

Raised on a small dairy farm outside Winchester, Carrie Fawcett is an educator and volunteer columnist for the Winchester Press' *special supplements with a keen interest in energy issues. She has taught locally, within Canada and abroad, but regularly returns to the farm to reconnect with the community where she grew up.*

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First-ever Carkinator Car and Moto Rally

Matt Carkner helps launch new initiative



Get your motor running

Ottawa Senators defenceman and Winchester District Memorial Hospital Foundation Close to Home Campaign co-chair Matt Carkner is set to host the first-ever Carkinator Car and Moto Rally on Sat., June 25. The day-long event includes a trip through the region's countryside.

Press Photo — Uhrig

WINCHESTER

With the Ottawa Senators falling several points short of a playoff spot, defenceman Matt Carkner has had some time on his hands.

With that in mind, the Winchester District Memorial Hospital (WDMH) Foundation's Close to Home campaign co-chair has joined forces with a handful of local and corporate sponsors for the first-ever Carkinator Car and Moto Rally.

Currently scheduled for Sat., June 25, the automobile rally includes a designated route through the region's countryside, with a number of pit stops and challenges along the way.

"I grew up in Winchester, and I know that health care close to home should never be taken for granted," said Carkner. "I am honoured to be part of the foundation team, and I invite you to put a team together for the rally."

Teams will head out at 11 am the day of the rally, charting the pre-planned course. Event co-ordinators estimate that the excursion should take about three-and-a-half hours to complete.

The final lap of the journey includes a barbecue at the Winchester Arena, with the food being served by members of the Winchester Hospital Heelers walking group.

> ***"I grew up in Winchester, and I know that health care close to home should never be taken for granted."***
>
> *— Matt Carkner*

As well, a number of prizes will be available throughout the day, including a $1,000 golf pass for Emerald, Anderson, or Cloverdale Links golf courses, or $200 in gas cards from MacEwen Gas. Other prizes include a Sens home game suite and limo ride, valued at $4,500, or a set of Taylor Made golf clubs.

For more information or to register, visit www.wdmh.on.ca/foundation.

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21stf

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If you want to drink that's your business. If you want to stop, that's ours. Call AA, 613-774-5415 or 613-535-2284. For families of alcoholics (ALANON), 613-774-5969 or 613-535-2284.
17tfc

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45tfc

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Central vacuums, accessory kits, new and used uprights and canisters, repairs and parts (all brands). Phone 613-652-6279.
10-12

Help Wanted

HELP WANTED – Part-time person, cashier experience a must. Apply with resume to Don's Pioneer Gas, Winchester.
FILLED
9tfc

HELP WANTED – Full-time auto body technician or painter's helper. Metcalfe area, must have a minimum 3 years experience. Please call 613-821-3345.
9tfc

HELP WANTED – Summer help needed on dairy farm close to South Mountain. Phone 613-989-4034.
10-11

HELP WANTED – Looking for summer companion for a 12 year old boy with Down Syndrome. Early Childhood Education or related field an asset. Must have own transportation. Please call Reg or Patty 613-543-3451.
10-11

Tilecroft Recruiting – Are you looking for work in agriculture? (P/T, F/T, dairy, equipment, etc). Send resume: info@tilecroftfarms.com or fax 613-774-6300.
11c

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43tfc

WORK WANTED – Karl's Moving. Commercial and house moving, local and long hauls in Ontario. Call 613-652-2526.
46tfc

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42tfc

DAYCARE – NEW
Winchester Village. Available starting June 1, 2011. Quiet street, large back yard, close to playgrounds and walkways. Phone 613-774-4184.
8-11

Work Wanted

WORK WANTED – Summer Daycare with an educational component up to 10 years provided by two OCT teachers. Call 613-448-1284.
10-15

For Rent

ROADABLE STORAGE TRAILERS
Dry and watertight. By the week or month. Delivery charge extra. Call Ed Duncan 613-989-2838.
19tfc

FOR RENT – Heated office and/or commercial space in Dixons Corners. Please call 613-535-2446 for details.
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FOR RENT – Heated storage space in Dixons Corners. Please call 613-535-2446 for details.
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FOR RENT – Office or commercial space available in Winchester. Heat and utilities included, $700 (+ hst) per month. Contact Doug 613-774-1386 for details.
7tfc

Accommodation

FOR RENT – 2-bedroom apartment in South Mountain, $650 heat included. Fireplace plus laundry facilities. No pets. Call 613-989-2103 or 613-798-3257.
28tfc

FOR RENT – Active Retirement Living, Spencerville, 1 and 2 bedroom apartments. www.bonlenplace.com or 613-341-1195.
8-11c

FOR RENT – Apartment in Winchester. Available July 1. Phone 613-774-2205.
10tfc

BOARDER WANTED – Hobby farm 5 miles east of Kemptville. Non-smoker with pleasant personality. All household privileges. $425 per month. Call 613-989-1449.
10-11

Winchester, Adult-Senior Oriented Building. Large main floor, no stairs, 2-bedroom apartment. Living room, dining room, 5 appliances, parking, $825 per month plus utilities. Hospital 5 minutes, everything walking distance. July or August. No last month deposit. 613-794-4645.
11-12

For Sale

Photographs appearing in the Winchester Press are available in colour. They must be prepaid when ordered and can be paid for by VISA or MasterCard. Order at the Winchester Press office, 545 St. Lawrence Street, Winchester, or phone 613-774-2524.
7stf

FOR SALE – Two storey commercial property at 505 Church St., Winchester. Please call 613-932-6300 to arrange viewing.
19tfc

FRUIT TREES – Apple $17, local and heirloom varieties; Pear, plum, cherry, peach and flowering crab trees $18; Strawberry, raspberry and asparagus plants. Maple syrup at Barkley's. Email barkhm5@magma.ca or call 613-543-0491.
4-11c

For Sale

TREES FOR SALE
Locally grown trees: 6' Serbian spruce, $75; 5' tamarack, $40; 3' Norway spruce, $25; 2' balsam fir, $20; 6' paper birch, $30. Delivery available. Call John at 613-448-1294. Located at 13685 Grantley Road, Chesterville.
10-11c

FOR SALE – Utility trailer, 4'x8', 18" plywood sides, 12" wheels and spare. $250 firm. Call 613-774-0817.
11

FOR SALE – Asparagus, fresh daily, available at Dentz Orchards and Berry Farm, 4766 County Road 16 (Brinston Road), Iroquois. Open Mon. to Sat., 8:30 am-5:30 pm. 613-652-2397.
11-14c

FOR SALE – New Allis Chalmers lawn tractors, 24 hp, 46" cut, $1,999 and 23 hp, 42" cut, $1,849. Phone 613-774-5612.
11c

Automotive

VEHICLE FOR SALE – Credit problem! In-house finance is easy, just apply online and become pre-approved. For clean low mileage vehicles. www.car-o-line.com or call Car-o-line Autos at 1-877-820-5598 or 613-448-2488.
9tfc

Farm

FOR SALE – Land and farms are selling at an all time high. If you are thinking of selling, please give me a call for a free confidential evaluation of your property. I have buyers for all types of farms and land waiting. Steve Summers, Coburn Realty 613-774-3408.
2tfc

FOR SALE – Premium, kiln dried, pine wood shavings, $4.95 for 3.25 cu. ft. Compressed. Please contact for volume pricing. Delivery available. Call Alex 613-806-5569.
10tfc

FOR SALE – 1 set of 20.8-38 T-rail Snap On duals with extra set of tires for on duals, $1,500. Call 613-984-0743.
6stf

FOR RENT – Land, 60 acres, 13713 Don's Road, Chesterville. Call 613-821-1805.
11

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.
15tfc

Livestock/Pets

FREE – Husky-Collie mix looking for good home, approximately 9 years old, in very good health. Recent medical records available. Phone 613-774-6438. 9-11

Livestock/Pets

FOR SALE – Charolais bull, 1 year old, polled. Call 613-543-3220 or 613-577-5411.
11-12

In Memoriam

FAWCETT – In loving memory of Keith, a dear husband, father and grandfather, who passed away May 23, 2005.
No need for words except to say,
Loved, still missed in every way.
– Marguerite and family
11

HUTT, Herman
1923 - 2003
Grieve not,
Nor speak of me with tears,
But laugh and talk of me
As if I were beside you there.
– Kathleen and family
11

ROBINSON – In loving memory of a dear son and brother, Gary Lynn (Orb) who passed away four years ago on May 28, 2007.
The depths of sorrow we cannot tell,
The loss of one we loved so well.
And while he sleeps a peaceful sleep;
His memory we shall always keep.
– Lovingly remembered by Orton, Brenda and Peter
11

ACE – In memory of a dear husband, father, grandfather and great-grandfather, Clifford who passed away May 25, 1992.
Always loved and never forgotten.
– Wife Lola and family
11

Coming Events

WINCHESTER LIONS CLUB
515 Albert St., 613-774-2630
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18tfc

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27tfc

JOURNEY THROUGH THE HOLY LAND
Please join us as we share the spiritual impact of our journey through the Holy Land and our life's journey. Presented by Dr. Gerry Heymans and other Friends of Israel at Mother Theresa Catholic School, 1035 Concession St., Russell, Sat., May 28, 1300-1500 hours(1-3 pm). Doors open at 1230 hours(12:30 pm). Light refreshments. Everyone Welcome! 10-11c

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Coming Events

MOVIE NIGHT
Catch the big screen! **Sat., May 28**, in Winchester's Old Town Hall. Listings: "North Dundas Theatre" Facebook page or call 613-774-2105, ext 400. Admission $5. "Loonie" Snack Bar. Sponsored by the North Dundas Movie Committee. Big screen, small prices.
10tfc

YE OLDE BARGAIN SHOPPE
A great place to shop for good used items and clothing. Unbelievable prices. Open Wed. from 1-3 pm and Thur. from 1-3 pm and 6-8 pm. St. Andrew's Presbyterian Church basement, 34 Mill Street, Chesterville. Donations greatly appreciated.

BAG SALE
Wed., May 25, 1-3 pm; Thurs., May 26 1-3 pm and 6-8 pm; Sat., May 28, 9am-3 pm.
10tfc

G.Y.S. EUCHRES
Held in the Lions Hall, Winchester, **every Thursday** night at 7:30 pm, starting April 28 until June 9. Information 613-774-2134. All Welcome.
7-12

55th ANNUAL CHICKEN BBQ
South Mountain United Church
Sat., June 4 on Church grounds. Servings available from 12 noon to 6 pm. Tickets: $12 in advance, $13 at door. Get your tickets from canvassers or at local Township business outlets.
10-12c

SPRING SOCIAL
With local entertainment, Sun., May 29, 2-4 pm, at the Ag Hall, South Mountain. Sponsored by the Anglican Parish of North Dundas. Advance tickets only. To reserve, call Sandra Weagant at 613-989-2823.
10-11c

LIFESAVING SOCIETY SWIM LESSONS
LMR Countryfitness is once again offering swimming lessons during the months of July and August. Lifesaving Society program consists of **8 classes** per swimming lesson. Swim dates and times are flexible. Registration date is **Sat., May 28, 2011 at 10677 Loughlin Ridge Road, Mountain.** Any questions please call Hillary or Morgan at 613-989-1169 or visit the website: www.lmrcountryfitness.com
10-11c

AQUATIC AND RUNNING PROGRAMS
LMR Countryfitness is running a 9-week Aquatic program in a private, solar heated, salt water pool beginning at the end of June. **From the Comfy Couch to the 5KM Country Run! LMR's Beginner Running Program** will help you get off the couch and onto the roads. Registration date is **Sat., May 28, 2011 at 10677 Loughlin Ridge Road, Mountain.** Any questions please call Leanne at 613-989-1169 or visit the website at www.lmrcountryfitness.com
10-11c

DRYLAND TRAINING AND BOOT CAMPS
LMR is excited to be adding DRYLAND TRAINING to their programming this summer for sports enthusiasts ages 10 to 16. Sports require multiple fitness skills, and whatever your sport may be; hockey, softball, swim or soccer, often fundamental athletic skills are missing from the overall training program such as balance, core strength, quickness, agility and power. **Country Boot-Camps....Clean-Dirty-Fun for all ages!** We like to call these workouts "clean dirty fun" because each and every workout appeals to our sense of play and adventure. Rain or shine, you will love how your fitness level increases and you'll also love the deep sense of accomplishment. Registration date is **Sat., May 28, 2011 at 10677 Loughlin Ridge Road, Mountain.** Any questions please call Leanne at 613-989-1169 or visit the website at www.lmrcountryfitness.com
10-11c

DINNER AND SILENT AUCTION
Matilda Hall, Dixon Corners, Sat., May 28, 4:30 pm until served. Takeouts available. Adults $12; Children 12 an under $6; preschoolers free. Limited tickets available. Tickets: 613-652-4652, 613-989-5403.
10-11

ATTENTION COMPANIES WANTED
Looking for companies to supply materials or handouts for our "Goody Bags" for Girl's Night In. If interested the Event Date: Tues., June 14. Please contact llmlmm@hotmail.com or 613-898-5904 by June 1.
11c

Coming Events

MIXED PARTY
In honour of Margaret Pope and Doug MacGregor, on Sat., May 28, 9 pm-1 am at Morewood Community Centre. $5 per person. Light lunch provided.
10-11

MEMORIAL SERVICE
Metcalfe United Union Cemetery Service, Sun., June 5, 2:30 pm in Metcalfe St. Andrew's United Church, 2677 8th Line Road, Metcalfe. Rev. Anne Montgomery officiating. Music: The Gallagher Family. Visit the cemetery.
11-12

BBQ FOR CANCER
North Dundas Leo Club
Sat., May 28, 9:30 am-1:30 pm, Andy's Foodland.
11

COMMUNITY CAR RALLY
Lots of fun and many prizes. Sat., May 28, Agricultural Hall, South Mountain. Registration 8:15-9:30 am. $25 per car. Coffee, muffins, chili lunch and loot bags included. Contact Ed Dizazzo 613-989-2804.
11

WINCHESTER LEGION ANNUAL GENERAL MEETING AND ELECTION OF EXECUTIVES
Mon., May 30 starting at 7:30 pm at the Legion Hall. All Legion members are requested to attend with proper Legion attire.
11c

DUNDAS COUNTY HOSPICE ANNUAL GENERAL MEETING
Tues., June 7, 6:30 pm at J.W. MacIntosh Senior Support Centre, Williamsburg.
11c

SPRINGHILL CEMETERY ANNUAL MEMORIAL SERVICE
Sun., June 19 at 2:30 pm. Guest speaker: Rev. Carolyn Langford.
11-12c

EUCHRE NIGHT
Winchester Springs Recreation Hall, Sat., May 28, 7:30 pm. $5 per person. Prizes. Everyone welcome. Information 613-774-3408.
11c

8th ANNUAL WALK/BBQ
Sat., June 11 join us for the walk, BBQ and entertainment fun. Dominic D'Arcy, "the singing policeman", challenges anyone to join him on stage. To participate call Elaine 613-989-3830 to book your band. Pledge forms on website: www.houseoflazarus.org or 2245 Simms St., Mountain. Celebrating 25 years of outreach ministry.
11

ANNUAL GENERAL MEETING HOUSE OF LAZARUS
Sat., June 25,at 8:30 am-10:30 am. Join us for breakfast at Winchester United Church. Our guest speaker is Rev. Lynda Harrison who will speak on her experiences from taking part in the "Do the Math-Eat the Math Campaign" where local volunteers live on a food bank hamper for one week, to raise awareness about poverty.
11c

136th ANNIVERSARY
Winchester Springs United Church
Sun., June 5. Intergenerational speakers: Life changing missionary trip to Nicaragua. Special music. Lunch served.
11-12

LOCATION CHANGE
Community Living Dundas County Golf Tournament
Will be held at **MORRISBURG GOLF CLUB,** Fri., June 3. Fee $75 per person. Contact Marlene Lewis 613-543-3737.
11c

Yard Sales

YARD AND BAKE SALE
Osgoode Presbyterian Church
8653 Bank Street, Vernon, Fri., May 27, 1-6 pm and Sat., May 28, 9 am-1 pm. Rain or shine. Baked goods, household goods, collectibles, toys and books and Archie comic books!
10-11

MOVING / YARD SALE
8 am - 4 pm on Sat., May 28 and Sun., May 29 at 4266 Porteous Road, just off County Road 31, just south of Vernon. Doors, windows, building materials, household, tools, and numerous other items.
10-11

YARD SALE
Sat., May 28, 8 am-2 pm at 483 Caleb Street, Winchester.
11

Yard Sales

YARD SALE
Sat., May 28, 8 am-12 noon, 485 Victoria Street, Winchester. Folding dog cage, dog bed, window air conditioners, gates, etc.
11

3-FAMILY YARD SALE
Sat., May 28, 7 am, 456 Main St., Winchester. Collectibles, toys, video games, household and much more.
11

YARD SALE
Sat., May 28, 462 May St., Winchester from 8 am-2 pm.
11

BOOK SALE BONANZA
Sat., May 28, # 2 Christie Lane, Winchester. 1000s in excellent condition. Fiction, hardcover, kids, teens, etc. All money for Heelers. All $2 or less.
11

YARD AND PLANT SALE
Dundas County Food Bank
Sat., May 28, 8 am-1 pm at Dundas County Food Bank, 497 May Street Winchester. Donations accepted, phone 613-774-0188.
11c

MULTI-FAMILY YARD SALE
Sat., May 28, 433 Victoria St., Winchester, 8-11am. 3 child's strollers, single, double Schwinn bike stroller, children's toys, appliances and more. 1992 Coleman hardtop trailer.
11

MULTI-FAMILY GARAGE SALE
Sat., May 28, 9 am-2 pm, 46 and 47 South Street West, Chesterville. Something for everybody.
11

Auction Sales

TWILIGHT AUCTION SALE
TRACTOR, MACHINERY, TOOLS, MATERIAL, AND MORE
Civic #18850 Concession 8, North Glengarry. From the village of Maxville travel north on Highland Road (County Road 20) approximately 2 km to Concession 8, turn east and travel approximately 5 km –OR – from Highway 417 take Highland Road (County Road 20) south approximately 5-1/2 km to Concession 8, turn east and travel approximately 5 km. Watch for signs!
THURSDAY, MAY 26
commencing at 5:30 pm
Note: In case of bad weather auction will be held under cover of well lit machine shed.
Owner and Auctioneer not responsible for loss or accident.
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Chesterville Farmers' Market
Sat., May 28
8 am-1 pm
Chesterville Fairgrounds
Hunger Awareness with the Dundas County Food Bank
Rhubarb Day - Lots of rhubarb treats!
WE SERVE BREAKFAST

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ON BOTH O'NEILL and PATTERSON CORNER ROADS
Oxford Mills, Ontario
Lots of families participating, some downsizing, some moving: furniture, appliances, housewares, speakers, oil lamps and lanterns, rocking chair, horse magazines, children's toys, gargoyles, television, new handmade quilts and much more.
Info (613) 258-0008
SATURDAY -SUNDAY, MAY 28-29
Rain dates June 4-5

Auction Sales

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WOODWORKING AND SHOP EQUIPMENT,
HOUSEHOLD EFFECTS,
ANTIQUES, HORSE EQUIPMENT AND SOME MACHINERY
10750 VanCamp Road, Mountain. From Winchester travel County Road 43 west 6 kms to Development Road, turn left and travel 2.5 kms south to VanCamp Road, turn right and travel west for 2 kms – OR – From South Mountain travel north on the Mountain Road (County Road 1) 4 kms and turn right and travel east on VanCamp Road. Watch for Auction Signs.
SATURDAY, JUNE 4
commencing at 10 am
To settle the Estate of the late Walter Lawrence the following will be sold:
Household Effects: Oval parlour table; 2 wooden chairs; antique chest of drawers; dresser; 3 school desks; washstand; dough box; upholstered chairs; assorted dishes and knick-knacks; silver pieces; sewing machine; books; old records; TV; 10 oil lamps; lanterns; 3 railway lanterns; sad irons; butter moulds; copper boiler; sets of sleigh bells; 2 platform scales; hunters boots and clothing, size large.
Woodworking Equipment: 14" wood cutting band saw; CO-T 212 large drill press, older; Delta 10" bench saw; Busy Bee 6" jointer; Craftsman 10" compound miter saw; Mastercraft 8" drill press; shop vac; wood tool box; axes; screw drivers; hammers; pipe wrenches; electric drills; skill saw; Makita sander; routers; soldering gun; hack saws; levels; jig saw; quantity of clamps; Work-Mate lumber roller; Blacksmiths forge; 4-1/2" grinder; 2 new Job Mate worktables; trailer dolly, 600 lb capacity; Craftsman power finishing nailer with compressor; Craftsman reciprocating saw; two 23' aluminum extension ladders; 2 wooden barrels.
Horse Equipment and Machinery: Horse cutter; old horse wagon; neck yokes; whiffletrees; harness pieces; shafts; hoof trimmers; bunk for sloop sleighs; wooden hames; metal implement seats; horse cultivator; sulky plow; water pails; forks; shovels; five 50-gallon plastic barrels; 10 sheets of used tin; cedar posts and rails; 2 rolls of new page wire; 4 sections of steel scaffolding; 3 hay wagons; 2 wooden stone boats; 4-section flat harrows; 3 utility trailers, 4'x8', 8'x8', 6'x12; McCormick IH W4 tractor with loader, not running; many unlisted items.
Owners and Auctioneers not responsible for accidents.
Refreshments Available
TERMS
Cash or Cheque with Proper ID
PROPRIETORS
Josie and Lori Lawrence
AUCTIONEERS
James and Hill Auction Service Ltd.
Carson Hill
613-821-2946
Stewart James
613-445-3269
11-12c

AUCTION SALES continued on next page

IN MEMORIAM
In memory of a very special man,
George Leslie Davidson,
May 26, 2010.
In life I loved you dearly
In death I love you still
In my heart you hold a place
No one else could ever fill.
It broke my heart to lose you
But you didn't go alone
For part of me went with you
The day God took you home.
You were my king of hearts.
Love always and forever,
Barb, Susan, Mark, Ingrid and Family
Todd, Sonya and family

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Auction Sales

AUCTION SALE
TRACTORS, FARM MACHINERY AND MORE

Civic #19578 MacGregor Road, Williamstown. From Williamstown travel north on County Road 19 (Johnson Road) approximately 3 km to MacGregor Road, turn west and travel to the end – OR – from Martintown travel east on County Road 18 approximately 10 km to County Road 19 (Johnson Road), turn south, travel approximately 3 km to MacGregor Road, turn west and travel to the end. Watch for signs!

SATURDAY, JUNE 4
commencing at 10:30 am

Reason For Sale: The Quesnels have sold their farm and are relocating to town.

T**ractors:** 2008 Branson 4720 4-wheel drive diesel with BL20 front end loader and mechanical forward reverse shuttle shift, 47 hp, like new, only 332 hours; Ford 7700 2-wheel drive with cab, approximately 5000 hours.

Generator, Machinery and Other Items: Drummond PTO driven 39000 W trailer-style generator, like new; NH 680 tandem manure spreader with top beater; NH #489 haybine,snub guards (nice); Ford side delivery hay rake; MF #12 square baler; IH #425 square baler; Fiskars 4-furrow semi-mounted plow; MF #520 12' hydraulic disc (notched side discs on front); 3pt. hitch 9' grummer; IH 3-furrow trailer plow; round bale spear; Ford #905 12" 3-pt. post hole auger; MF 3-pt. hitch sickle bar mower; IH 3-pt. hitch sickle bar mower; 3-furrow MF 3-pt hitch plow; 3 -pt. hitch single auger snowblower; Ford #951 rotary cutter (nice); 2 flat-top hay wagons; older gravity box and wagon; MF #33 seed drill with grass seed; spike harrows; 3 small electric grain augers; quantity of cement blocks; fuel tank; rabbit cages; 8' I-beam; Lincoln 225 electric welder; large cast iron pot; 9 milk cans; approximately 10 cords of dry stove wood; barb wire; chainfalls; dehorners; tap and dies; quantity of new nuts, bolts and other hardware; 2 mineral feeders; 4 stock tanks; 40' aluminum extension ladder; expect 2 wagon loads of small farm related items.

Note: Plan to attend on time for this is no more that a 3 hour auction.

Owners and Auctioneers not responsible for loss or accidents.

TERMS
Cash or Cheque with Proper ID
PROPRIETORS
Rosaire & Rita Quesnel
AUCTIONEER
Peter Ross Auction Services
Ingleside, Ontario
613-537-8862
www.theauctionfever.com

11c

Auction Sales

FRIDAY AUCTION SALE
FARM MACHINERY, ANTIQUES, AND MISCELLANEOUS ARTICLES
2393 8th Line Road, Metcalfe. 2 kms straight north of the village of Metcalfe at the residence of the late Edward and Peggy Scharf. Watch for Auction signs.

FRIDAY, JUNE 3
commencing at 11 am

Hesston 6546 Special, 1354 hours with canopy, immaculate condition; White 700 2 WD with front end loader; Triple OK 3-furrow plow, auto-reset; Cockshutt hydraulic disc, 10'; row crop cultivator, 4-row; IH seed drill, 16-run, double disc openers with grass seed; 2 IH pull type grubbers; New Holland 489 haybine, 9' cut, good condition; Kuhn rotary rake, like new; NH 310 baler and thrower, top condition; Hesston 5510 round baler, top condition; 2 bale thrower wagons with steel corrugated floors; flat wagon; 3 pipe hay elevators; Trenton hydraulic dump trailer, 10' x 6'6"; New Idea 3622 manure spreader, like new; New Idea side slinger manure spreader, semi-solid; Dion 1-row forage harvester; Farmhand forage box and wagon; New Idea forage blower; FarmKing grain auger, 6"; grain auger, 4".

Antiques: Buggy; antique wagon box; wooden wagon with rubber tires; antique cement mixer on steel wheels, driven by belt pulley; sloop sleighs; box sleigh; walking plows; horse hand cultivators; buggy seats; poles, neck yokes and whiffle trees; 2 grind stones; IH grain binder; Papec corn blower with apron; binder canvas; drive belt; hay car; Pembroke antique scales, wheel type; fanning mill; good litter carrier; old ditcher; land roller; hay loader; 2 circular saws; 2 crosscut saws; small trailer; sap pans; factory cans; dairy cans; driving harness; new lines; hames straps; horse harness; assorted other harness; good pile of lumber; chicken feeders and waterers.

Dairy Equipment: DeLaval bulk tank, 30 can; Surge milker; DeLaval milker; good quantity of older farm machinery and scrap iron; many other assorted items, expect surprises.

Note: Plan to attend this Friday Auction Sale at this old homestead with well-maintained farm machinery and many interesting antique items.

Owner and Auctioneers not responsible for accidents.

Refreshments Available
TERMS
Cash or Cheque with Proper ID
PROPRIETRESS
Darlene Scharf
AUCTIONEERS
James and Hill Auction Service Ltd.
Stewart James
613-445-3269
Carson Hill
613-821-2946

10-11c

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Stormont Dundas Landowners
You are invited to the following meetings:

Carleton Landowners Association
AGM and Crown Land Patents
Thurs., May 26 at 6:30 pm
Carp Agricultural Hall,
Carp Fairgrounds
$5.00 cover

Glengarry Landowners Association
Crown Land Patents
Fri., May 27 at 7 pm
United Church Hall,
Church Street,
Williamstown,
South Glengarry

Call 613-448-2743 for more information.



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GRADS! From Fairview College / NAIT'S Northwestern Campus / GPRC Fairview Campus. It's our 60th Anniversary this fall. We want to contact you. Call 1-888-999-7882 or www.gprc.ab.ca/fairview for Alumni Update.

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IMPORTANT MESSAGE

About the

Future Developmental Services Ontario

Eastern Region (DSOER)

(Previously known as the Application Entity)

As of July 2011, there will be only one way to access Ministry of Community and Social Services (MCSS) funded adult developmental services.

To find out how, please attend the information session at:
Community Living Dundas County
55 Allison Ave., Morrisburg

Monday, May 30, 2011
7:00 pm-9:30 pm
RSVP: 613-543-3737, ext. 221

MESSAGE IMPORTANT

Au sujet des futurs

Services de l'Ontario pour les personnes ayant une déficience intellectuelle

de la région de l'Est (SOPDIRE)

(SOPDIRE auparavant connu sous le nom d'Entité d'examen des demandes)

À compter de juillet 2011, il y aura qu'une façon d'avoir accès aux services subventionnés par le ministère des services sociaux et communautaires (MSSC) pour les adultes ayant une déficience intellectuelle.

Pour en savoir davantage, prenez part à la séance d'information suivante:

Le lundi 30 mai, de 19 h 00 à 21 h 30
Community Living Dundas County
55 Allison Ave., Morrisburg
RSVP : 613-543-3737, poste 221

SCS SERVICE COORDINATION DES SERVICES

TOWNSHIP OF North Dundas
TOWNSHIP OF SOUTH DUNDAS

BUILDING PERMIT INFORMATION AND OPEN HOUSE NIGHTS

The Townships of South and North Dundas Building Departments will be hosting two Building Permit Information and Open House Nights. All contractors, designers or DIY'ers welcome.

Do you have a summer building project in mind but don't know where to start? Maybe you are planning to build a home or start a renovation, but not sure of where or how to get started?

Perhaps you heard of changes to the Ontario Building Code and the process for obtaining a Building Permit and would like to consult a professional.

Two Building Officials will be on hand to answer your questions and get you started on the correct path.

Feel free to drop in between 7:00 and 9:00 pm to share your ideas with our knowledgeable staff, ask questions, or simply listen to an informative presentation.

Light refreshments provided.

Thursday, May 19, 2011
at North Dundas Council Chambers

Thursday, June 2, 2011
at South Dundas Council Chambers

TOWNSHIP OF North Dundas
Township of North Dundas

TOWNSHIP OF SOUTH DUNDAS
Township of South Dundas

NOTICE TO RESIDENTS & PROPERTY OWNERS REGARDING NOXIOUS WEEDS

Under the Weed Control Act, R.S.O. 1990, Chapter W.5 Sections 3, 13, 16 and 23, you are requested to destroy all noxious weeds on your property.

The main purpose of the Weed Control Act is to reduce the impact of noxious weeds on the industries of agriculture and horticulture. Primarily this act applies to agriculture and horticultural lands that generate income or other benefits to agriculture; this excludes lawns, gardens and private areas for personal enjoyment and leisure.

In Urban Areas - Sections 3, 13, 16 and 18 do not apply to noxious weed seeds that are far enough away from any land used for agricultural or horticultural purposes, as they do not interfere with that use.

All properties within the Townships of North and South Dundas are hereby requested to be in compliance with the Weed Control Act by the 15th day of June, 2011 and throughout the season.

Jo-Anne McCaslin
Clerk
613-774-2105

Brenda M. Brunt, AMCT
Clerk
613-535-2673

Peter Leyenaar, *Weed Inspector*
613-774-3885

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Rev. Christine Lowson
613-269-9368
Sunday
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9:30 am - Worship Service
WINCHESTER
11:00 am - Worship Service, Sunday School and Nursery
43tfc

ST. PAUL'S PRESBYTERIAN CHURCH
Winchester
Office: 613-774-3333
A warm welcome awaits everyone
Interim Minister
Rev. Bob Martin
Sunday
10:00 am - Divine Worship
7tfc

WINCHESTER WESLEYAN CHURCH
Home of the HUB!
(Friday Night Teen Drop-in)
Sunday Services
10:30 am - Worship Service and Sunday School
613-774-3137
537 Main St., Winchester
www.winchesterwesleyan.com
43tfc

CHRISTIAN REFORMED CHURCH
Williamsburg, Ont.
Church 613-535-2227
Office 613-535-1882
www.williamsburgcrc.org
Pastor: Rev. John Noordhof
Sunday
9:30 am - Worship Service
7:00 pm - Evening Service
Please be our guest this week
43tfc

Thanks!

The Winchester Fire Department would like to thank auctioneer **Harold Ball** and everyone involved for their generous donations in either baking or purchasing pies at our **Pie Auction**.

Thank You

Thank you for all the help in our highway cleanup this year. This is a yearly event and we appreciate the extra help for our community service.

Chris Gibson • Kirk Gibson
Jessica Sherriffs • Rebecca del Palme
Hannah Morgan • Kayla Graham
Kelsey Potts • Ashley Durant
Chris McRoberts

Winchester Lions Club

Winchester Legion

Branch 108

'Proud to be part of the Community'

We want to welcome you to the Winchester Legion for friendly conversation, a game of cards and to stay for a refreshment.

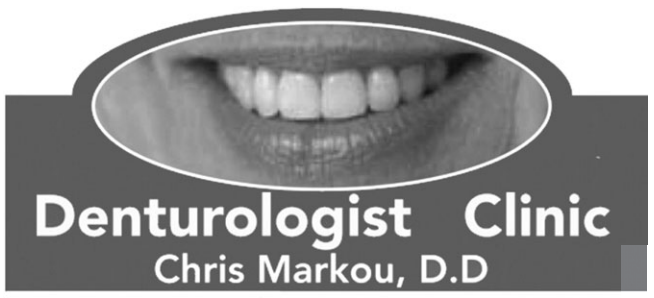
Legion hall rentals are a stress-free way to hold your own private party. Both the front room (which includes the use of the large screen) and the hall downstairs (with the kitchen) are available for bookings (no membership required).

Remember, you don't have to be a member to attend events at the Legion.

Please call the Legion for more information at
613-774-3694

We're as close as a click of the mouse.

Read the top local stories even when you're away from home.
See the *Press* online edition at www.winchesterpress.on.ca.



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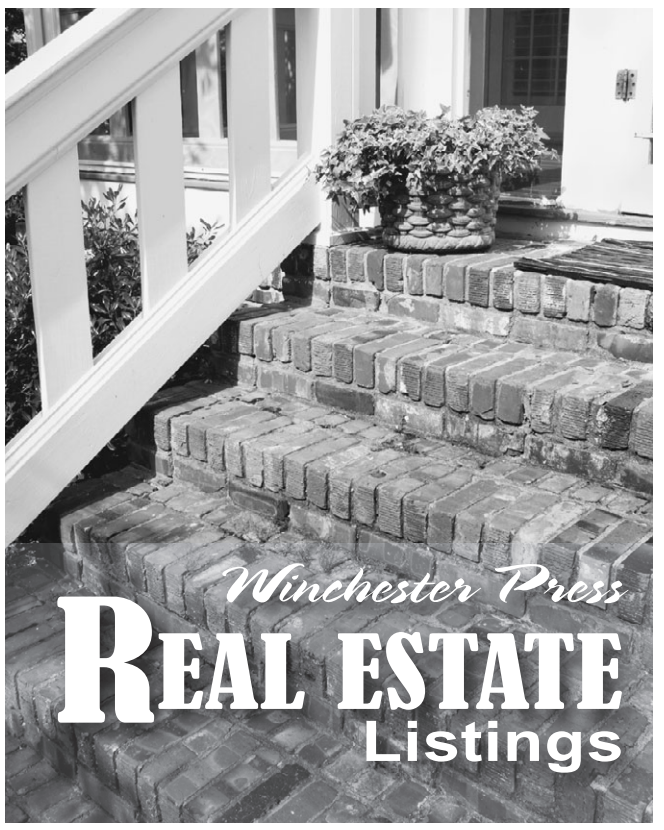
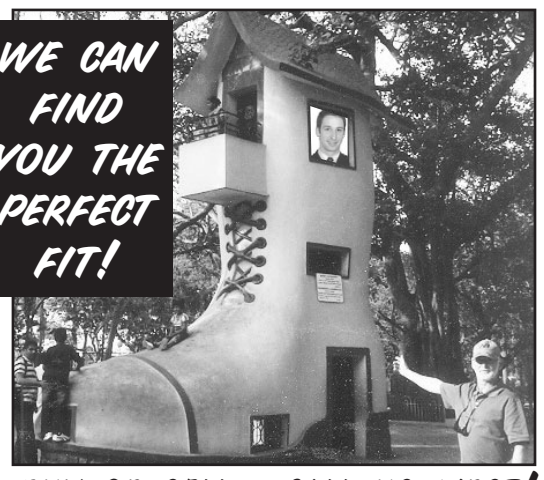


TIME TO TRY A NEW SHOE!



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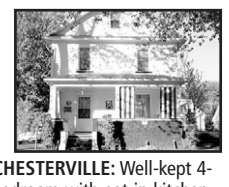
THIS WEEK'S FEATURED PROPERTIES



CHESTERVILLE: This 1,300+ sq. ft., 2-bedroom home with second floor sitting area and main-floor living and family room/den is ready for your personal touches and TLC. Oversized 23x30 garage! MLS 793673 **$87,900**



MOREWOOD: 1,390 sq. ft. home is perfect for first timers or young family with its 3 bedrooms, 2 baths (including en suite) pine cabinetry and newer roof. Lots of main-floor space. MLS 786021 **$129,900**



CHESTERVILLE: Well-kept 4-bedroom with eat-in kitchen, metal roof and garage. A few upgrades will give you a huge house with a great attic space that can be finished for even more space. MLS 788397 **$169,900**



CHESTERVILLE: Affordable and tidy 1-bedroom with a basement with potential. Great starter, retirement home or investment for rental. Many updated windows. Great screened porch and gardens. MLS 793743 **$94,000**



WINCHESTER: Three-bedroom home on 1/3 acre in town. Fully fenced yard, 2008 main house windows, metal roof in spring 2010, updated electrical, garage, screened balcony off the master! MLS 768372 **$147,500**



CHESTERVILLE: Well-maintained home on lovely 0.23-acre lot. Great starter or retirement home with the 2 bedrooms, large kitchen and an oversized garage/work-shop. Large deck and big yard! MLS 793458 **$124,900**

LAND

SEE WWW.OLDFORD.CA FOR MORE INFO

RURAL BERWICK: 0.81-acre building lot with mature trees and natural gas available. MLS 792195 **$28,000**
RURAL HALLVILLE: 1.03-acre country building lot just south of Ottawa limits. MLS 792418 **$69,900**

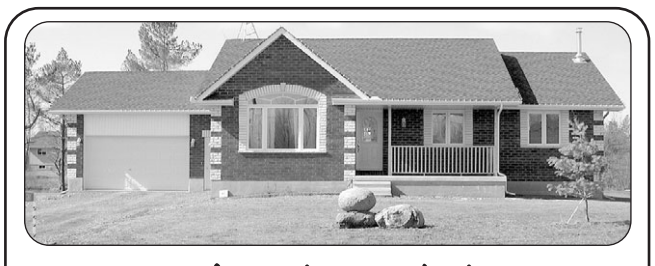
WELCOME TO CLOVERDALE ESTATES

All 3 models under construction and available for viewing, May/June occupancy starting at $299,000 including HST



The High Ranch Cathedral

Currently under construction at 1280 Lori Elizabeth Street, 1,500 sq. ft., 3 bedrooms, 2 full baths, cathedral ceilings in living room, dining and kitchen, raised panel oak cupboards in kitchen, hardwood in living, dining and hallway, finished family room with laminate flooring (500 sq. ft.), double garage 22 x 22 ft., located on a 2-acre lot.



The Cloverdale

WILL BUILD TO SUIT. 1,450 sq. ft., 3 bedrooms, en suite bath off master bedroom, one other full bathroom, main-floor laundry, cathedral ceiling in living room, hardwood in living room and hallway, raised panel oak cupboards in kitchen, double garage 22 x 22 ft., located on a 1-acre lot.



The Riviera Classic

WILL BUILD TO SUIT. 1,400 sq. ft., 3 bedrooms, 2 full baths, cathedral ceilings in living, dining and kitchen, hardwood in living, dining and hallway, finished family room (500 sq. ft.) finished with laminate flooring, raised panel oak cupboards in kitchen, double garage 22 x 22 ft., located on a treed 1-acre lot.

Speak directly with the owners, Lori and Maurice
613-850-0558 • 613-258-5881 • 613-850-0698

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You're only as old as you think you are



From the Other Side
by Jeff Morris

This weekend, I will be doing something that I never thought I would ever again. I will be putting on football equipment and playing semi-pro football for the Ottawa Invaders. I played semi-pro ball for more than a decade after my university career, but I haven't played since the late 1990s. When the opportunity presented itself to attempt a comeback, I decided to make it a fundraiser for Roger's House — visit www.sensfoundation.com and follow the link to the Kickin' It Old School campaign for more details. The Diva and her crew have started calling me "Big Daddy." But the guys on the team have opted for "Old School" which contributed to the name for the new campaign.

I will be a 47-year-old playing with a bunch of guys in their early and mid-20s. I thought of all of the ways I was different from my new teammates.

I am the only guy on the team who has ever had a prostate exam.

I am the only guy on the team who had a Frankie Say Relax t-shirt.

I am the only guy on the team who has ever been to a Conway Twitty concert.

I am the only guy on the team who remembers when his family replaced their black and white TV with their first colour TV.

I am the only guy who had Pong as a kid instead of an X-Box or PlayStation.

I am the only guy on the team who remembers when man supposedly walked on the moon. When we play in Sudbury this year, I will be sure to point out to the guys on the bus where the moon landing was faked. I am sure they will give me that Dog Hears Master's Voice look.

I am the only guy on the team who will know what the Dog Hears Master's Voice is a reference to.

I am the only guy on the team who remembers when you didn't have to wear a seatbelt.

I am the only guy on the team who voted for Brian Mulroney's Conservatives.

I am the only guy on the team who knows that Ben Mulroney has a famous dad who was prime minister.

Until last month, I am one of the only guys on the team who has ever voted.

I am the only guy on the team who had a complete collection of Thompson Twins dance remix 12" discs.

I am the only guy on the team who knows who the Thompson Twins are.

I am the only guy on the team who knows what a 12" disc is.

I am the only guy who had a Rubix Cube.

I am the only guy on the team who saw Star Wars when it first came out.

I am the only guy on the team who remembers where they were when Elvis died.

I am the only guy on the team who remembers when Batman was Adam West, not Christian Bale.

I am the only guy on the team who remembers when Catwoman was Julie Newmar, not Halle Berry.

I am the only guy on the team who ever played Meat Loaf's *Bat Out of Hell* record so many times one summer that I had to get a second copy.

I am the only guy on the team who ever had a record player.

I am the only guy on the team who needs bi-focals. Okay, I don't really need them yet. I can get away with the reading glasses from the pharmacy for now, but you know what I mean.

I am the only guy on the team who has ever seen *Breakin' 2: Electric Boogaloo.*

I am the only guy on the team who remembers when Tim Horton was a hockey player, not the place to stop on the way to practice.

I am the only guy on the team who remembers the Club Zinc in Hull.

I am the only guy on the team who remembers when it was called Hull instead of Gatineau.

I am the only guy on the team who learned to type on an Underwood typewriter.

I am the only guy on the team who knows what a typewriter is.

I am the only guy on the team who saw Paul Henderson score the most famous goal in hockey history when Canada beat the Soviets in 1972.

I am the only guy on the team who remembers when the Russians were called the Soviets.

I am the only guy on the team who saw the Jackson's Victory Tour live.

I am the only guy on the team who remembers when Michael Jackson wasn't creepy.

I am the only guy on the team who remembers when Michael Jackson wasn't white.

I am the only guy on the team who was alive when the Toronto Maple Leafs last won the Stanley Cup.

You know, up until that last one, I thought the column was kind of funny. But to realize I was alive when the Leafs won the Stanley Cup? Man, I am old.

See you at the game Saturday night. I will be the old guy popping LaKota Pills who smells like Icy Hot.

FUNERAL NOTICE

Ellen Bush

Ellen Bush of Williamsburg passed away at St. Patrick's Home in Ottawa on Tues., Jan. 11, 2011. She was 97.



She was the beloved wife of the late Hubert Bush. She was predeceased by her parents, Edward and Mary De Lisle (nee Beaudry), her brothers, Wilfred, Edward, and Louis, and her sisters, Cecile De Lisle, Margaret De Lisle, Josephine De Lisle, Eva Cox, Mary Fraser, Cecile St. Jean, and Theresa Coghlan. She is survived by nieces, nephews, great-nieces, and great-nephews.

A service in memory of Ellen will be held at St. Mary's Roman Catholic Church in Morrisburg on Thurs., June 2 at 11 am followed by interment of cremated remains at St. Mary's Cemetery in Morrisburg.

Donations to the Winchester District Memorial Hospital would be gratefully acknowledged by the family.

The arrangements were entrusted to the Marsden and McLaughlin Funeral Home in Williamsburg.

~ IN MEMORIAM ~
Leonard Vanderlaan
1928-2006
Five Year Anniversary
It's hard to believe that five years have passed since you left us so suddenly on May 29, 2006. Time will help to heal our loss but our many memories will live on forever.
'Always in our hearts'
Mary and family

Obituaries
which appeared in the *WINCHESTER PRESS* from 2002-2011 are archived on our web site.

Check out the *Winchester Press* online edition at: www.winchesterpress.on.ca

Winchester District Memorial Hospital FOUNDATION

WELCOME TO Fabulous LAS VEGAS NEVADA

Thanks for helping us hit the jackpot!







The WDMH Foundation wishes to extend a thank you to our guests, volunteers, donors, sponsors, the 4th Degree Knights of Columbus from the Thomas J. Larkin Assembly and the Winchester Lions for helping to make this year's Las Vegas-style Gala a success. The May 14th event grossed nearly $90,000!

A special thank you to all of the Gala Committee members: Eric Duncan, Chair; Kim Butler; Vicky Byers; Kristen Casselman; Jan Clapp; Diane Crummy; Bea Duncan; Treena Guy; Gina Jaquemet; Will Johnson; Lois Keys; and Wendy Weagant.

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A bite of success: Logan Coulter (left) and Nathan Perry (right) "tested" their respective first and third-place finishes, beside sixth-place finisher Chelsea Krapiec (centre), who was awarded one of the honourary medals issued to archers who land in fourth, fifth, or sixth place.

Archers take aim at medals

• continued from the front page

Winning at that level is an accomplishment for the local athletes, considering NDDHS' student base is small compared to many of the city schools competing in Richmond Hill.

"Yes, the school is small, but many larger schools do not have the same success, and that is due in part to Ms. [Ann] McNab's assistance running the club, and the students' interest in receiving coaching," said Millar.

Other athletes

Gold-medal winner Jordan Sequillion of Kingston, formerly from Winchester, shot a total of 547 in the individual girls' Olympic class. In the same division, her sibling, Sydney Sequillion, finished 25th.

South Mountain's Alex VandeSande, who was shooting for Kemptville's St. Michael Catholic High School, finished 47th in the individual boys' Olympic class.



Medal winners

Archers from North Dundas District High School took part in the 2011 Ontario High School Archery Invitational Tournament in Richmond Hill on Wed., May 18 and Thurs., May 19. Front row: Justin Buchanan (left); Perry; and Krapiec. Back row: Nathan McRae (left); Matt Adams; Coulter; archery club teacher-adviser Ann McNab; volunteer coach Kathleen Millar; Mark Adams; and Will Larmour.



Remembering 'The Ridge'

Present and former students, staff, educational professionals, and members of the public gathered at Maple Ridge Senior Public School on Thurs., May 19 for a barbecue and fun farewell evening. The event was held in honour of the school's impending closure, as the Grade-7-and-8 intermediate institution will close due to declining enrolment in June. Students will transfer to North Dundas District High School in September.





Top photo:
Courtney Ferguson (left) with Alex Proulx.

Above left:
Bruce McLean at the 'cue.

Above:
Quinn Angel (at right).

At left:
Maple Ridge's head custodian, Paul Stewart of Chesterville, offered up his 1946 Ford Rat Rod as a decoration for the event.

Press Photos — Smith-Millar



NDDHS Notes
by Michelle Neil

Prom season arrives this week

MAPLE RIDGE — One of the most anticipated moments in a girl's life is finally here — prom! It will be held this Friday (May 27) at Orchardview Wedding and Conference Centre. A lot of thought and preparation went into this night from the chairs to the name tags. Having been let in on the details and photos, I can promise it is going to be beautiful.

Hockey for Heart is set to take place today (Wed., May 25) in the gym. Teams will be playing each other, and the money raised by the individual teams will be going to the Heart and Stroke Foundation.

This Thursday (May 26) will be track and field regionals, as well as the field trip to Kingston for art students.

Have fun, everyone!

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Seminar Locations:
Wednesday May 25th, 7:00 PM
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Municipal Office,
Council Chambers
18 Centre St. (side door)
Thursday May 26th, 7:00 PM
WINCHESTER
Cultural Centre
(Old Town Hall)
478 Main St.









