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Beautiful baby girl

Berwick couple Randy (left) and Amanda Nugent welcomed their new baby daughter, Taylor Arlene, into the world at 11:10 pm on Sat., Jan. 2. The little one soon became known as the first baby born in 2010 at the Winchester District Memorial Hospital. For the Nugents, Taylor is their second child, who has become the new little sister to two-year-old Logan. For more on the New Year's baby, see the back page. For the Winchester Press*' annual photo spread of babies born in 2009, check out pages 10 and 11.*

Press Photo — Uhrig

The government giveth, then taketh away

by Amanda Smith-Millar
Press staff

Mayor Alvin Runnalls is counting his blessings this year. But, he wonders, how long until federal and provincial governments start cutting back municipal funding to compensate for stimulus expenditures?

WINCHESTER — When the Township of North Dundas' mayor reflects on 2009, one theme stands out: stimulus.

In his traditional year-end interview with local newspapers, Alvin Runnalls said he's grateful for all the stimulus funding North Dundas was able to access last year.

First, there was the monster gift in February. The province and federal government pledged to cover two-thirds of a $6.7-million water infrastructure project to link Winchester and Chesterville's systems. North Dundas will have to pay for the remaining third. While this one-time gift wasn't technically stimulus funding, it was nonetheless an important contribution.

In June, the senior levels of government promised to cover two-thirds of three major infrastructure projects. They included the reconstruction of Boyne Road (which carries a $2.6-million price tag) and Belmeade Road ($2.5 million), plus the Winchester Water Transmission Main project ($835,000).

Finally, in September, Chesterville received $1.5 million in federal funding to pay for a $1.6-million boardwalk and beautification project along the South Nation River.

Runnalls said he's grateful for the funding, and especially happy Belmeade Road — which was in rough shape — was finally fixed.

Runnalls added that he understood why Belmeade Road residents were angry about the quality of their road.

"I don't blame them a bit," said Runnalls. "It was horrible."

However, Runnalls is cautious to celebrate. First, there's the issue of paying the one-third balance for most of the stimulus projects. (However, the township will split the $833,133 bill for Belmeade Road with the City of Ottawa because it borders the two municipalities.)

Also, there's an intense debate around the council table about where the funding for various water and sewer infrastructure projects should come from. The township needs to come up with $2.21 million. Some of the five North Dundas politicians around the council table feel system users should cover more of the bill over time.

Others say the township's general funds should contribute more, as good water infrastructure attracts business, which will stimulate the local economy.

Runnalls said he can see both sides of the issue.

Council, however, will ultimately have to make the tough decision of where the money comes from, and it will likely be a compromise between the two concepts. (However, the present council might not actually decide who pays for what — the nitty-gritty choices may fall to a future council.) Council's choice, said Runnalls, will likely upset somebody.

"If you had a referendum on everything, you'd never get anything done," said Runnalls.

Then, there's the financial health of the province and the federal government to consider. Ontario alone is projecting a deficit that could swell to $25 billion this year.

The government has already announced cuts. Transfer money from the Ontario Municipal Partnership Fund (OMPF) is projected to increase in the next decade.

• continued on next page

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Unclear if mayor's name will re-appear on ballot

• continued from previous page



Mayor Alvin Runnalls

However, North Dundas will see $75,600 in funding cut this year, much like other local municipalities.

The United Counties of Stormont, Dundas, and Glengarry was facing a $3.6-million reduction, but it ended up being only a $2-million decrease. The counties have started suggesting ways to cut costs, but Runnalls said that governments may increase taxes to compensate for the loss.

Still, Runnalls said that so far, stimulus has worked out in North Dundas' favour.

"It's put us in wonderful shape, I think," said Runnalls.

He added that Canadians will have to wait to see if the stimulus plan works out in the long run.

"But I tend to be a little cynical," he added with a grin.

Runnalls said council has a lot to be thankful for. Things are running smoothly, and township staff is able to offer increasing numbers of programs through the recreation department, like belly dancing, dance, and yoga.

"They're doing wonderful things," said Runnalls.

The present mayor would not confirm or deny if he plans to run for council again this year. The next election is scheduled to take place on Mon., Oct. 25.

"I'd love to have another go at it, but I'll have to think about it," said Runnalls.

So would Runnalls consider running for a councillor seat? Or maybe for deputy-mayor?

No way, he said. It doesn't make sense to run for a lower-level position.

"It never works," he said.

Guards supervising three libraries after sexual assault

by Matthew Uhrig
Press staff

METCALFE — The City of Ottawa has beefed up security at three of its rural Ottawa Public Library (OPL) branches following the sexual assault of a female staffer in Metcalfe.

The Ottawa Police Service (OPS) have laid sexual assault causing bodily harm charges against a 15-year-old male, following an incident at the Metcalfe branch of the OPL.

> Police officer who responded to call was killed the next morning in Ottawa

The female staff member was assaulted during the altercation, which, according to police, took place between 7 and 8 pm on Mon., Dec. 28.

The teen also faces a number of other charges, according to the OPS, who said the young offender was apprehended by OPP officers in Hawkesbury later that same evening.

According to the OPS, the female knew the teen, who cannot be named under the Youth Criminal Justice Act.

The OPS said the male used severed telephone wires to tie up the staff member and assault her.

Following the incident, the female staff member managed to free herself and walked across the street to the Larry Robinson Arena where she called 911 to report she was bleeding, according to the OPS.

The officer who responded to the scene was Const. Eric Czapnik. The incident would prove to be his last call. Several hours after the assault in Metcalfe, Czapnik was stabbed to death outside of the Ottawa Hospital - Civic Campus.

A spokesperson from the City of Ottawa said the woman was injured during the incident and was recovering; however, the extent of her injuries is not known. The OPS said the staff member's name is not being released; however, she was treated at the Civic Campus and is now recovering at home, according to the OPS.

Linda Standing, a senior library manager, described the incident as "a most upsetting situation for all of us."

"We are taking this incident very seriously and, as a result, are currently reviewing our position on staffing and security procedures," said Standing.

Standing continued by saying the Metcalfe branch, which is located next door to Osgoode Township High School, would be closed for the remainder of the week ending on Sat., Jan. 2, with an expectation that it would reopen on Mon., Jan. 4.

This is being done in order "to assess and repair the damage to the facility," she said.

On top of the sexual assault charge, the suspect — who cannot be named under the Youth Criminal Justice Act — also faces one count of forcible confinement, one count of uttering threats, one count of robbery, four counts of breaching a sentencing order, and two counts of breach of recognizance.

He appeared in an Ottawa court on Wed., Dec. 30.

During the incident, equipment inside the library branch was damaged. Due dates for items checked out were extended, and fines on overdue materials were waived.

The book drop off outside the library was still available for returns while the Metcalfe branch was closed.

Security guards are now present at the Greely, Vernon, and Metcalfe branches of the OPL.

POLICE BLOTTER

Threat charges

WINCHESTER -– Stormont, Dundas, and Glengarry (SD&G) OPP officers have charged a 45-year-old man with uttering threats after a family dispute on Main Street.

According to police, the man called the OPP communication centre around 10:30 pm on Sat., Jan. 2 to report a disturbance. When police arrived to speak with the complainant, he became upset and threatened the officers, officials said. The man was arrested and faces charges of uttering threats to cause death or bodily harm.

He was held in custody pending an appearance in Cornwall court.

Impaired driving

MORRISBURG — On Sun., Dec. 27, an SD&G OPP officer responded to a single motor vehicle collision.

According to police, the investigation revealed that the male driver, Jesse Foster from North Grenville, was operating a motor vehicle under the influence of alcohol.

He was consequently charged with impaired operation of a motor vehicle, and driving with a blood alcohol concentration exceeding 0.08.

The man was released and is to appear in Morrisburg court on Tues., Feb. 2.

Domestic dispute

IROQUOIS — On Mon., Dec. 28, SD&G OPP officers were dispatched to a domestic dispute on Beach Street in Iroquois.

According to police, a man grabbed the female complainant during an argument. Subsequently, the male party was arrested and charged with assault.

He was released and was scheduled to appear in Cornwall court on Tues., Jan. 5.

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Local business devastated by Dec. 31 fire

Three fire detachments respond to blaze

by Matthew Uhrig
Press staff

SOUTH MOUNTAIN — Members of the North Dundas Fire Department responded to an early-morning structure fire at Protech Concrete Pump and Truck Repair on Thurs., Dec. 31.

When firefighters from the South Mountain, Winchester, and Chesterville detachments arrived, the building — located at 11730 Guy Road — was fully engulfed in flames.

Large plumes of grey smoke poured out of the structure's roof, while firefighters sprayed water on flames from the parking lot.

A Township of North Dundas snowplow was also called to the scene in order to spread sand throughout the lot that was covered with a thick layer of ice.

According to Dan Kelly, the Winchester detachment's fire chief, the business was not open at the time of the blaze and no one was inside.

An officer from the Stormont, Dundas, and Glengarry (SD&G) OPP was also at the scene of the fire.

No further details were available at press time; however, the investigation is ongoing.





Unhappy New Year

At left:
The building where Protech Concrete Pump and Truck Repair is located at 11730 Guy Road went up in flames during an early-morning fire on Thurs., Dec. 31.

Above:
Members of the North Dundas Fire Department's detachments in South Mountain, Winchester, and Chesterville joined forces to battle the blaze.

Press Photos — Uhrig

Details emerge following alleged Christmas Eve assault

by Matthew Uhrig
Press staff

WINCHESTER — The two sons of a Winchester man are facing charges after their father was injured during an altercation on Christmas Eve.

Stormont, Dundas, and Glengarry (SD&G) OPP officers responded to what they are calling a "family dispute" at the father's Main Street home on Thurs., Dec. 24.

The investigation revealed that a physical altercation had taken place earlier between the father and his two sons, who were visiting his residence for the holidays.

The brothers, aged 31 and 33, have been charged with aggravated assault, adult overcoming resistance to commit an indictable offence, assault with a weapon, assault causing bodily harm, uttering threats to cause death or bodily harm, forcible confinement, possession of a weapon for a dangerous purpose, and theft of a motor vehicle.

The two men were held for bail and appeared before a judge in Cornwall court on Mon., Dec. 28.

The father was treated at Winchester District Memorial Hospital for non-life threatening injuries and was subsequently released.

While the OPP were investigating following the altercation, Main Street was blocked off for some time, and the Christmas church service at Winchester Wesleyan Church was cancelled.

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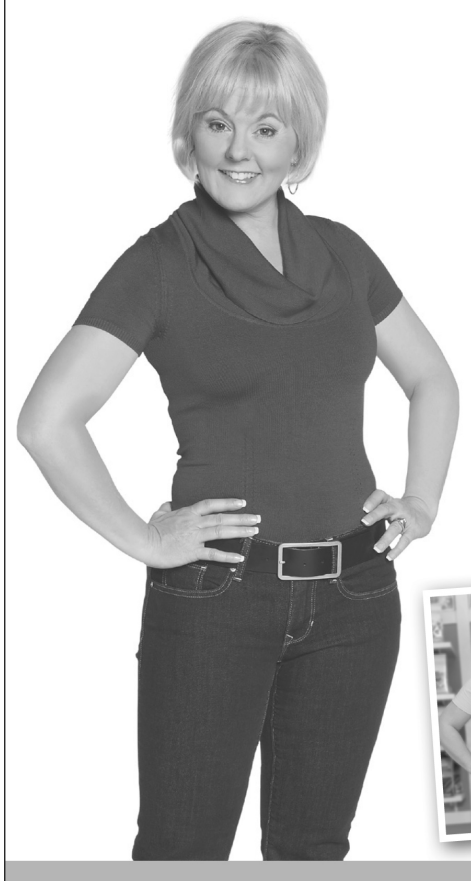

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Mayor reflects on 2009, prepares for 2010

by Matthew Uhrig
Press staff

WILLIAMSBURG — Robert Gillard was not the mayor of the Township of South Dundas when 2009 began.

However, following the death of former Mayor Charles Barkley, Gillard —who was deputy-mayor at the time — had to quickly adjust to a new position of power.

"It still bothers me to talk about it," said Gillard, in regards to Barkley's death during a year-end meeting with local media in December. "He was a real asset [to our township]."

Barkley was found dead inside his home on Wed., June 17, 2009, but 2009 had reached the halfway point before that day.

Gillard said that when news of Barkley's death reached the township and its members of council, the group as a collective "moved quite quickly" to fill the void and continue on as best they could.

"But, we all have a lot to learn," said Gillard. "We do have a good council as a whole, though."

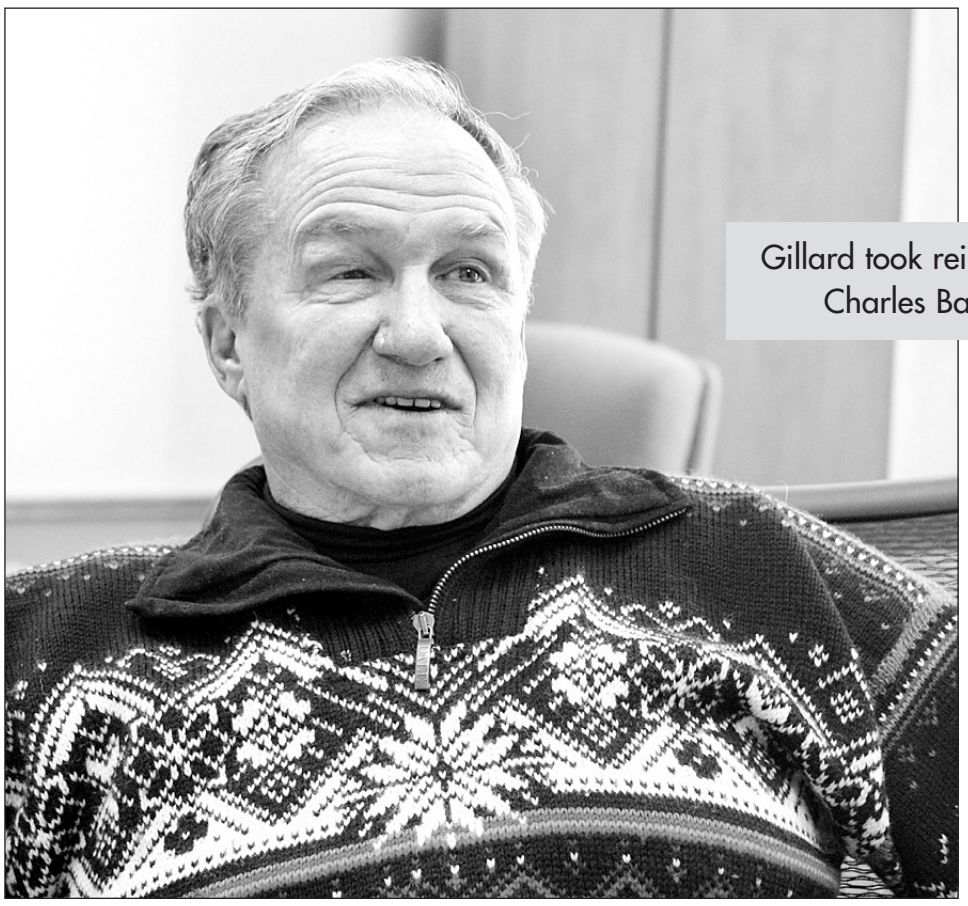
With Gillard stepping in as mayor, former Councillor Steven Byvelds became the township's new deputy-mayor, while township staff returned to the 2007 ballot roster to add Evonne Delegarde as the new councillor. (Delegarde received the fourth-highest number of votes during the 2006 municipal election.)

"We've made no mistakes with Evonne," said Gillard.

As Gillard spoke, he made it clear that 2009 was a banner year for South Dundas in regards to the completion of major infrastructure projects and receiving stimulus funding.

"I don't think we could have been given to any better [by both governments]," he said.

One of the major projects that started the year off was the completion of the Morrisburg Wastewater Treatment Plant.



Gillard took reins following Mayor Charles Barkley's passing

Township of South Dundas Mayor Robert Gillard met with the local media in December to talk about the township's progression throughout 2009.

Press Photo — Uhrig

"It's in operation," he said, adding that of the final total for the project, the township was able to progress under budget. "The remainder will help fill in the lagoons around the plant."

For the treatment plant project, the township received 90 per cent in joint funding from the provincial and federal governments.

"It was a lot of hard work," said Gillard, who credited public works manager Hugh Garlough and CAO Stephen McDonald for their work on the project.

After the successful completion of the plant in Morrisburg, Gillard said Barkley was working on securing funding for a planned wastewater treatment plant in Iroquois.

In total, South Dundas received 100 per cent funding from both the provincial and federal governments for the to-be-constructed Iroquois Wastewater Treatment Plant; funding that came just one week following Barkley's death.

"Charles knew," said Gillard, noting that before it was made public, Barkley and his members of council were informed that the funding was coming.

While progressing with the Iroquois project, the township held a series of public meetings to gather input from the public who will benefit from the facility.

"They [generally] went well, a little iffy at first," said Gillard. "It's been well thought out, and we're all ready to go."

Gillard added that construction for the plant in Iroquois is expected to begin later on this year, with a targeted completion date in 2012.

South Dundas, and specifically Iroquois, was also on the receiving end of more funding in 2009, said Gillard. In an effort to redevelop a portion of the Iroquois Plaza, the township received $1.1 million from the provincial government.

Gillard estimated that the changes to the plaza should be completed by the end of the month.

"I would hope people enjoy it," he said.

New economic development officer hired

During 2009, the township also hired Linda Wilson, South Dundas' new economic development officer. This was done to improve the relationship between businesses and the township, said Gillard.

One relationship that is somewhat strained, said Gillard, is between the township and the St. Lawrence Parks Commission (SLPC).

Specifically, said Gillard, council members and township staff have met with SLPC general manager Patricia Macdonald to sort out differences.

"We're working to build a stronger relationship," he said.

In total, Gillard said he was happy with what the township completed in 2009. Among other projects, said Gillard, the township is working toward a waterfront redevelopment plan in Morrisburg, and the anticipated opening of a dog park in Morrisburg. Meanwhile, the 60th anniversary of the Iroquois Lions Club and the 50th anniversary of the St. Lawrence Seaway were celebrated.

The township is also in the process of recruiting a new full-time fire chief to look after the newly-amalgamated South Dundas Fire Department, said Gillard.

For now, he's got some work on his plate, having been named deputy-warden of the United Counties of Stormont, Dundas, and Glengarry in December, while at the same time, preparing for the next municipal election in October.

Gillard said he has yet to file his nomination papers for re-election as mayor, but added that the process will take place in the near future.

"Should I do it? Or hold off?" he reflected with a grin on his face. "If I didn't enjoy it, then I wouldn't; but I enjoy working with the people."

Williamsburg euchre winners

WILLIAMSBURG — The white-card winners at the most recent Williamsburg Senior Citizens' euchre event, held at the J.W. MacIntosh Seniors' Support Centre on Wed., Dec. 30, were Doris Wylie, Everrett Froats, and Betty Barkley.

The yellow-card winners were Evelyn Schwerdtfeger, Ruth Casselman, and Gladys Kyle, while Ray Casselman and Irene Carr won the door prizes.

The draws were scooped up by Wylie, Froats, Ruth Casselman, and Muriel Miller.

The group's next euchre event is scheduled for Wed., Jan. 13.

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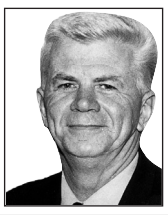
Are you feeding your Green Bin?

METCALFE — The Green Bin Program began on Mon., Jan. 4. During the winter months, collections are made every two weeks until the end of March. Weekly green bin collection will begin in April and run until the end of November.

Ottawa's Green Bin Program accepts a wide range of organic waste, including fruits and vegetables, meat and dairy, grains, baked goods, cooking oils, yard waste (such as grass clippings, twigs, and leaves) and houseplants, and soiled paper products, including pizza boxes, used tissues and paper plates.

If you require more information on the Green Bin Program, visit www.ottawa.ca where there is a link on the homepage. You may also call 311 or contact our office in Metcalfe at 613-580-2490.

I do wish to add some points of clarification. You will not be fined for not using the green bin. There are no garbage police; organics are not part of the future Plasco Gasification Operations; the garbage collection contracts will be reviewed for the new contract in 2012 and it is expected that significant savings will be realized from reduced collection requirements; green bins have been constructed to ensure they are animal-resistant; leaf and yard waste will be picked up every week with the green bin from spring until fall; and all organic compost material has been pre-sold for agricultural use.



In and around Osgoode Ward
by Councillor Doug Thompson

H1N1 and seasonal flu clinics

In the new year, Ottawa Public Health (OPH) will hold 28 H1N1 and seasonal flu vaccination clinics beginning on Wed., Jan. 6. Both the H1N1 and seasonal flu vaccines will be available at all clinics. The traditional flu season usually begins in February and, this year, both the seasonal and H1N1 flu viruses are circulating. Getting both vaccines will provide you with the best protection for this flu season.

Both vaccines are also available at many local doctors' offices, community health care centres, university campuses, and some workplaces. For more information, visit www.ottawa.ca/health or contact the OPH's information line at 613-580-6744.

Ice storm damage

As of Mon., Dec. 28, in excess of 450 calls have come in for service for trees damaged by the freezing rain. The number of work crews has been increased to assist with the volume of work, and these crews will continue to work until the cleanup is completed. It has been noticed that as the work is progressing, there is a large volume of limbs and brush being accumulated at the sides of the roads both from City of Ottawa trees and private trees. Forestry crews will be working, in co-operation with Solid Waste Services, and will be cleaning this material up. Brush and branches have to be less than four inches in diameter and shorter than four feet long to be picked up through the Green Bin Program, which began on Mon., Dec. 4. If you are not part of the Green Bin Program, call 311.

Draft budget passes

City of Ottawa council has approved a draft 2010 budget that sits at 3.9 per cent. Public delegations, regarding the budget, to city council are welcome from Mon., Jan. 25 to Fri., Jan. 29 at Ottawa City Hall. Contact Dawn Whelan by e-mail at dawn.whelan@ottawa.ca to reserve a time slot if you wish to make a budget presentation.

Winter carnivals

Dates for the Osgoode Winter Carnival have yet to be announced, but the Vernon Winter Carnival will be taking place Sat., Feb. 20 and Sun., Feb. 21.

Home Support Program needs help

The Home Support needs you, as it works toward serving Osgoode Ward. The program requires workers to go to the homes of seniors and assist with house keeping duties, including laundry. The wage is $15 per hour with a minimum of a two-hour shift. If you are interested or would like more information, call the Home Support Program office at 613-821-1101.

Local lads qualify for Winter Games

Congratulations to the Gloucester Rangers Major Peewee "AA" team for winning at the Ontario Winter Games Qualifying Tournament on Sun., Dec. 20. The victory entitles the Rangers to represent the Ottawa District Minor Hockey Association (ODMHA) at the winter games in Muskoka in March.

The Rangers' team includes five boys from the Metcalfe and Greely area. Geoffrey Lawson, Trent Pora, Juneau St-Germain, Samuel Tremblay, and Quinn Wichers, as well as coaches Pete Nooyen and Chris Hendrikx, both of Metcalfe, will be heading to the games.

Nooyen set a team goal in September to qualify for the winter games, which is the province's largest multi-sport competition. The games promote the highest level of competition in Ontario for 2,900 of the best youth athletes in 27 winter sports.

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WINCHESTER PRESS
EDITORIAL
WEDNESDAY, JANUARY 6, 2010 PAGE 6

Make a wise educational investment

An important deadline is looming for Grade 12 students on Wed., Jan. 13. It's the last day to apply to OUAC — the Ontario Universities Application Centre — if they plan to set foot on campus in September. While prospective students can still change details in their online account (which schools they want to apply to; what major field of study to take), they need to decide this week if the ivory tower is for them — at least, for the 2010-2011 academic year. College applicants have a similar deadline on Mon., Feb. 1.

Unfortunately, every year, too many students get flustered and apply for any program that remotely interests them. While writing that *Othello* essay or preparing their history presentation about the colonization of Africa, school applications become an afterthought. That's too bad, because having unclear education goals can become expensive and, sometimes, saddle students with crippling levels of debt. Too much academic experimentation will add up, and can prohibit young graduates from buying a house or car, travelling, taking volunteer internships, or pursuing that low-paying but crucial stepping-stone job in their field of choice. Worse, for those who find out the hard way that university or college isn't for them, and subsequently drop out, they have a whopping bill and no degree or diploma to show for it.

According to Statistics Canada, the bachelor graduates from the year 2000 with student debt owed about $20,000 to all sources. College graduates owed almost $13,000. But that's the average. For many students, it's much worse.

Is education a wise investment? Absolutely. However, young people should keep in mind that post-secondary education is exactly that — an investment. Like any product, the secret to making a wise purchase is to do your research. Campuses are crawling with students who, for several thousand dollars a year, switch back and forth between science or arts-stream classes, then change schools and start all over again.

Of course, some will argue that it's important to expand your horizons in school, to take that Mandarin class or discover what philosophy is all about. That's different. But too many students enroll in programs like nursing or architecture and find they not only dislike but despise their major. In this digital age, there's no excuse for not doing your research before heading off to school. Course outlines are usually available online, so students can find out exactly what they'll face in September. Colleges and universities run special days, or even weeks, for prospective students to check out the campus and meet professors.

What if students really aren't sure about what they want to do? Well, there's no shame in taking a year off. In fact, it could be a highly rewarding experience. Many young people work for a year to save up for school. Others volunteer in their field of interest. If you want to become a doctor, why not help out at Winchester District Memorial Hospital? Taking a "gap year" is also a great chance to travel. Structured programs like Canada World Youth allow young people to see the world and volunteer in a different community, all while making friendships and gaining valuable life skills.

Other students head back to high school to increase their academic average — and maybe score some scholarships along the way.

Many teenagers do, in fact, have great academic potential, but what they really want to do after high school is enjoy their youth — party all night, go shopping, watch movies, hang out with friends. The smart students who fit into this category know they need a year off to get the rowdiness out of their system before buckling down and starting school.

Education is increasingly important in today's economy, especially now that so many blue-collar jobs have been shipped overseas. There's a trade, craft, or program for everybody, somewhere out there. It's just a matter of discovering what's right for each person.

So, before students rush off to school and dig themselves (and their parents) a financial grave, they should be certain they're making a wise investment.



Wesley McLeod (left), 11, and his brother, Kevin, 9, spent some time building snow forts at the corner of Albert and Clarence Streets on New Year's Eve in 1990. The two were making use of the generous snowfall the region had received throughout December.

Remember when...

1930

After an action of the British Imperial Conference, which amended the title of George V to "King of Great Britain, Ireland, and the British Dominions beyond the Seas," it was noted by the *Winchester Press* how the permutations of the royal title have been an index of the history of England. In 1858, when the government of India was transferred to the Crown, the possibility was then discussed of making the Prince of Wales "Prince of Imperial India," and his younger brothers "Princes of Canada and Australia."

1940

"Scuttling" and "communique" were words that had become popular since the beginning of the Second World War. Hitler brought the word scuttling into prominence when he ordered all German ships that were in danger of capture to be "scuttled" by their crews — in other words, "ship-suicide."

1950

According to the *Press*, there was some comment this week on the biggest news story of the previous year. The Canadian Press said that Russia had the atomic bomb, while many statesmen and members of the United Nations Assembly doubted the report at the time, saying that Russia's announcement was the greatest myth of the previous year. The *Press'* editorial writer hoped that they were right, as Stalin didn't command much confidence at the time, and people "shuddered" to think what the Russians would do with their bombs if another war broke out.

1960

Board members of the Winchester Public Library were campaigning for more members this week in 1960. In 1959, the board carried 120 members, a figure they were hoping to surpass in the current year. A fee for membership was small, and with the increase, the board hoped to add more books.

1970

An article published in the North Dundas District High School fortnightly newspaper, *Dialogue*, was captioned with the headline "Drugs at N.D." The article said that 57 per cent of students at the school drank alcohol, 44 per cent smoked tobacco, and 8.5 per cent had tried marijuana. The statistics were based on a survey of 180 students and also revealed that 79 per cent of those questioned agreed that there was nothing wrong with getting drunk as long as no one else was hurt or affected.

1980

Hopes were high in Morrisburg that the new year would bring a multi-million dollar auto plant to the Seaway town. General Motors Company had confirmed that a 1,400-acre property just east of the village was one of seven sites being considered for an aluminum auto die-casting assembly plant. The giant auto firm estimated that the plant would employ 500 people.

1990

It was reported in the *Press* this week that a new postal outlet for the village was a possibility. Canada Post was negotiating with some businesses to determine where to operate the new post office. An advertisement was also placed in the *Press* seeking applications. A spokesman from Canada Post reiterated earlier claims that the company had no plans to shut down the village's post office, which had become a constant rumour amongst village residents.

2000

Karen and Erik Talgoy welcomed their new daughter, Kirsten, into the world on Tues., Jan. 4, 2000. The infant ended up being the first baby of the new millennium born at Winchester District Memorial Hospital, as well as becoming the second addition to their family, after first-born Nikyla, 3.

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NDDHS Notes

by James Casselman



Drama show at Old Town Hall

MAPLE RIDGE — The school year of 2009 ended with a bang, nothing short of expectations. The final week of school before Christmas break was Pie Awareness Week. The winner of the pie raffle was Trinity Wilson, a Grade 9 student. Her pie of choice was an apple pie. The pie throwing also proved to be successful, despite the mess afterwards.

The Christmas concert was also a success. It was well attended by students and parents alike. The transition times between acts were quick, with minimal down time. The show ran very smoothly, lasting for approximately an hour and 45 minutes.

Senior drama classes prepared an evening of one-act plays last month. The show scheduled for Wed., Dec. 9 had to be postponed due to snowy conditions. The new date for this evening of performances is Wed., Jan. 13 at the Old Town Hall. Admission is $2, and all proceeds are going to the food bank. Showtime is 7 pm.

Student council has a number of activities planned for the months ahead. It is advised that students pay attention to future announcements and posters in the school so that they know when future dances, spirit days, and Olympic Week will take place.



Singing for change

The OPP Coppertones — a singing group consisting of OPP officers — made the rounds before Christmas, attending two seniors' support centres in the area. The first stop was in Finch, while the second was in Ingleside. Aside from singing some songs, the officers also served dinner and collected money for the Dundas County Food Bank (DCFB). A total of $330 was handed over to DCFB administrator Donna Quesnel (second from left) by Sgt. Gord Lefebvre (left), OPP staff member Kristine Blokland, and Const. Mark Evans during a presentation in December.

LETTERS TO THE EDITOR

Is there no compassion in Winchester?

The Editor:
Winchester: Very nice town, beautiful hospital, and friendly people.

Except for Tues., Dec. 29 at 3 am. I am still shocked at what happened. My daughter and granddaughter were on their way to the Ottawa International Airport, where my granddaughter had to catch a plane at 6 am. Their car stopped dead in Winchester, so they walked in the bitter cold to a gas station that was open and asked to use their phone. However, their request was denied and, not only that, the attendant taunted my granddaughter that she was going to miss her plane.

Then they walked to Tim Hortons, where they were refused again the use of the phone by apparent "company policy."

Staff told them to use the phone in front of the grocery store. At that point, my poor dears burst into tears and again set off in the bitter cold.

Here is where the story gets better. My daughter phoned a friend in Ingleside for help. This angel got out of her warm bed, got dressed, and got into her cold car and drove to Winchester to pick them up and then drove them to the airport. My granddaughter didn't miss her plane but it was close. Thank you, thank you Valerie. You are a true friend.

Thinking about this episode makes me wonder, does Tim Hortons not have a compassionate clause in their policies?

That night could have ended in tragedy. Two young women wandering around in the dark at 3 am. I would like the people who were involved that night to think seriously about their actions. Would the outcome have been different if it was their family?

It makes me sad that this happened during the Christmas season, the season of goodwill toward men. I guess the Grinch is still alive and well.

Kay Vander Meer
Long Sault

Proroguing Parliament a poor choice

The Editor:
Prime Minister Stephen Harper's prorogation of Parliament for the second time in 12 months is another attack on Canadian democracy. There is no valid reason for Prime Minister Harper to suspend the work of Parliament until Wed., March 3.

Prorogation kills all government legislation pending before Parliament and shuts down all committees, including the committee probing the treatment of Afghan detainees. Thirty-seven pieces of legislation will now have to be re-introduced in a new session of Parliament.

The suspension of Parliament until March 3 also gives Prime Minister Harper the time to stack the Senate with Conservative appointees and to reconstitute the Senate committees with a Conservative majority.

This Parliament should still be sitting to work on the high jobless rate, Employment Insurance extensions, pension reform, Canada's follow-up to the Copenhagen climate change summit, and the Afghan detainee issue.

The Harper Conservatives, by shutting down Parliament for their own partisan convenience, are showing utter contempt for Parliament and indeed for good government.

We need and deserve an open and accountable federal government working to address the pressing concerns of all Canadians.

Brian Lynch
Cornwall

Editor's note: Brian Lynch is the president of the SD&SG NDP Provincial Riding Association.

Your Opinion Counts

The *Press* welcomes letters on subjects of interest to the community. Letters must be signed and include the writer's telephone number. Letters may be edited for length, grammar and libellous statements.

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– Donna Rushford, *Advertising Manager*

After-school pilot in the works

Fitness, homework help offered at clubs in Winchester, Chesterville

by Amanda Smith-Millar
Press staff

WINCHESTER — Providing there's enough interest, a new after-school club for youth soon will be available in Winchester and Chesterville.

Starting Mon., Jan. 18, the Township of North Dundas plans to offer recreational programs and homework help from 3:25 to 6 pm at Chesterville Public School and Winchester Public School. The programs are geared toward children aged seven to 13 and include a healthy snack, physical education, and supervised homework help for $50 a week.

"We're aiming to offer a well-rounded, healthy program," said Meaghan Elder, community development programmer with the Township of North Dundas.

The clubs are pilot projects. If the ones in Winchester and Chesterville are successful, the township may launch additional ones in other schools.

However, the program isn't a done deal. The project is supposed to be revenue neutral, said Elder, and at least 10 children need to be signed up at each location to cover staff wages.

The township recently received a $500 grant from the Healthy Eating for Better Learning program to help pay for snacks.

"We're really hoping that we have enough kids so that we can run it," said Elder.

The township is still hiring staff, and applicants should have a background in early childhood education, or qualifications in a related field.

Elder said the homework help would be a great investment in local youth.

"It's nice, too, to have the qualified individuals to help the kids with homework," said Elder. "Some kids get frustrated when they can't do things on their own. It's just a matter sometimes of helping them along and showing them a different way."

Elder added that she doesn't want parents to turn away from the program if they can't afford the $50-per-week fee.

"I really want them to call the township here and speak to me," she said, adding that they should be able to "find a way" to enrol the children.

For more information, contact Elder at 613-774-2105, extension 236.

Parmalat donates $5,000 more to SNC Clean Water Program

WINCHESTER — With its most recent donation of $5,000, Parmalat has increased its contribution total to $125,000 to support South Nation Conservation (SNC)'s Clean Water Program (CWP).

Throughout the past several years, the Winchester milk processor has made several contributions to the program, which aims to reduce the phosphorus load in the South Nation River and its tributaries.

SNC chairman Ken Hill said the environmental leadership demonstrated by Parmalat throughout the past decade has helped provide the CWP initiative to other corporations and farming operations, and reduce phosphorus reduction in the watershed.

Parmalat has also contributed a separate $150,000 to the CWP to help with the implementation of best management practices and to improve water quality

Let's get physical at Old Town Hall

WINCHESTER — If you've resolved to get fit in 2010, but shudder at the thought of getting on a treadmill, then you may be interested in a discussion called "Let's Get Physical" this Friday.

As part of the new local speakers series, Interactive Talks with Interesting People, experts in Tai Chi, yoga, pole walking, and belly dancing will be on hand at Winchester's Old Town Hall on Jan. 8, starting at 7:30 pm. Visitors will be able to learn about the benefits of these alternative forms of exercise. Light refreshments will be served.

There is a minimum donation of $5, and all proceeds will go toward the Stephen Lewis Foundation, which fights HIV-AIDS in Africa.

Upcoming topics include: living off the grid using alternative energy (February), a different approach to health (March), and loving for life (April). Check out future editions of the *Winchester Press* for more details.

Therien's kicks off 10th year with anniversary celebration

CHESTERVILLE — There's an anniversary party planned for this Saturday, and everyone's invited.

Therien Jiu-Jitsu and Kickboxing will be celebrating its 10th year on Jan. 9 at the Royal Canadian Legion Branch 434, Chesterville. The dance starts at 7:30 pm, and the band Ransom will be providing the entertainment.

Tickets are $5 each and will be available at the door.

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Keeping Health In Mind

"Keeping Health in Mind" is a monthly newspaper column made possible with the help of the Lannin Business Centre, The Winchester Press and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall Community Hospital/Hôpital Communautaire de Cornwall.

Self-care Coping Strategies

Self-care coping strategies can help you cope with overwhelming negative emotions/situations. Many of us have never learned how to tap into certain activities that calm and relax the body and mind. Strategies include mindfulness, self-soothing techniques, distractions and journaling.

Mindfulness has been around for ages and it is about being in touch with the present moment. This means you engage the brain in changing any behavior or emotion. Being in the moment means you are not regretting past events or worrying about the future. You focus completely on the task at hand. That is, be mindful of all your senses and what you are experiencing in the here and now.

Self-soothing techniques has to do with comforting, nurturing and being kind to yourself. One way to achieve this is to think of ways of soothing each of your five senses. Vision; walk in the woods and admire the colors of nature, watch a funny television show, look at some pictures of loved one or watch children play. Hearing; listen to music, sing to yourself, repeat positive statements to yourself or listen to the sound of nature. Smell; enjoy the smell of baked goods such as apple pie, scented candles, flowers or favorite perfume. Taste; have a favorite treat like maple walnut ice cream or carrot cake – eat it slowly, savoring each mouthful. Touch; soak in a tub, rub lotion on your body, hug someone or pet your dog or cat. Experience whatever you are touching and notice that touch can be soothing.

Distraction is a surprisingly effective technique for changing your mood. It works because it interrupts your thoughts and forces you to 'shift gears.' Distraction provides you with a mental vacation, a respite from your focus on negative moods/situations. Engaging in an activity, such as exercising, watching television or calling a friend is both absorbing and interesting, we notice a positive feeling which can provide us with more energy to possibly resolve the difficult situation or see it differently.

Journaling can provide a good outlet for times when you need to vent but don't have anyone to whom to vent. Journaling simply consists of writing about your experience and emotion. Whatever you might say to a confidant, you can simply write down in a journal. In effect, the journal itself becomes your confidant.

Come up with your own self-care coping strategies that you can access when you are upset or going through a difficult period. Try to come up with as many as you can. The more you can come up with, the better off you will be in improving your mood.

Lise Pilon, RN, CPMHN (C), Community Mental Health Nurse, Tri-County Mental Health Services

This message is brought to you in part by the following:

LANNIN BUSINESS CENTRE
457 Main Street East, Winchester

Vampires go to school, too

Embrun actor wraps up web series about the world's creepiest university

by Amanda Smith-Millar
Press staff

EMBRUN — At first, Tyler Hynes wasn't sure about the MTV vampire series *Valemont*.

Hynes — who grew up in Embrun — heard about the project through his agent. The premise: A girl named Sophie searches for her dead brother, whose burned remains were found with a cell phone containing mysterious messages about his last days alive. She tracks the story back to his university, Valemont, where she discovers the school's big secret: It's where vampires receive their post-secondary education — right alongside their fellow non-vampire classmates.

The concept sounded good to Hynes. But *Valemont* wasn't destined to be a conventional TV show. Instead, it was supposed to be a "web series" — an experimental program available online, each episode in two-and-a-half-minute clips.

Hynes decided to take a chance and sign on. The 23-year-old actor was cast as Gabriel, Sophie's romantic interest who shows her the ropes at Valemont.

Hynes plays a vampire hunter, not a vampire. But for most of the series, the audience can't be sure about his motives.

"You never really know where I stand," said Hynes.

After plenty of shoots at Canadian locations, the series made its online debut on MTV's U.S. website. While the episodes aren't available in Canada yet, you can still check it out online if your computer either has a U.S. IP address, or you know how to get around the blocks. There are also clips on YouTube. *Valemont* could be available in Canada in the near future, or made into a TV series.



Actor and former North Dundas District High School student Tyler Hynes, with Valemont *star Kristen Hager. Photo courtesy Jorb Photography*

Since the episodes are so short, they have been aired in the commercial pods around MTV's hit reality series *The Hills*, in the hopes of directing traffic to the MTV website.

Hynes said he feels the unconventional online format has been successful.

"It works. They actually did something that I thought was somewhat impossible," he said.

He added that the Internet is uncharted territory. Media companies are trying to make online content profitable.

In the case of *Valemont*, Verizon is the chief sponsor. As a result, there's product placement galore throughout the series. A phone shows up at every available opportunity — and there are many, starting with the first episode when Sophie steals her brother's cell from the morgue.

Hynes said it was interesting to be part of an experimental online TV series.

"Everybody's trying to figure this thing out," said Hynes.

So will *Valemont* return for another season? Hynes said he isn't sure.

"There are so many elements that need to come together," he said.

Hynes attended Mother Teresa Catholic School in Russell, followed by St. Francis Xavier High School and North Dundas District High School. He has a number of productions on his resume, including the science fiction series *Warehouse 13* and the police drama *Flashpoint*.

RAPA drama starts Jan. 20 in new venue

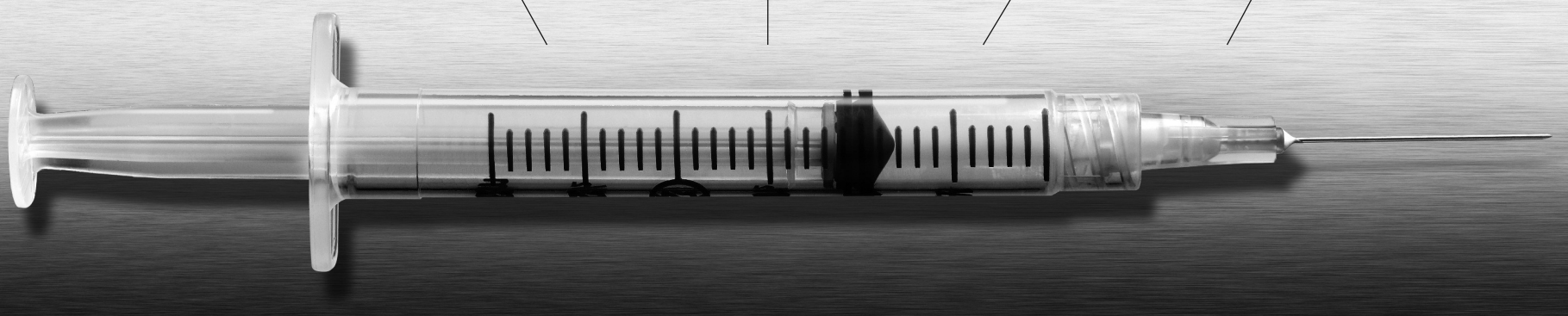
RUSSELL — Rehearsals and preparations are in full gear for the Russell Association for the Performing Arts (RAPA)'s first theatrical production in its new venue. *A Few Good Men* will appear on the new stage in the Russell High School's cafetorium from Wed., Jan. 20 to Sat., Jan. 23. All shows start at 7:30 pm.

The military courtroom drama opens on the Wednesday, which will be a special evening with complimentary snacks and drinks for senior citizens. An "invitation only" gala event for sponsors, patrons, and dignitaries is scheduled for Thurs., Jan. 21. The Friday and Saturday shows are open to everyone. Tickets can be purchased in Russell at Pronto, Foodland, and Angles Salon at the cost of $15 ($12 for students and seniors). Tickets are also available by calling 613-496-0058. Note — some language may offend (PG-14).

The movie version of *A Few Good Men*, which was released in 1992, starred Tom Cruise, Jack Nicholson, Demi Moore, Kevin Bacon, and Keifer Sutherland. It was nominated for four Academy Awards and five Golden Globe Awards. Though not everyone knows the film by name, they typically recognize the famous exchange between Lt. Kaffee and Lt. Colonel Jessep: "I want the truth!" "You can't handle the truth!"

RAPA has recently secured funding for sound and lighting equipment to further enhance the theatrical experience for the community. The equipment has been installed and will be used for the first time during this run. Actors have enjoyed rehearsing on a "real" stage, making movement and blocking much easier. Meanwhile, the technical crew is keen to be working with new equipment.

• At least 1 in 3 people could still get H1N1.
• 1 in 5 people hospitalized with H1N1 have ended up in intensive care and/or on ventilators.
• Half of those in hospital with H1N1 have been under 24 years old.
• More people have been sick this year from the flu compared to the past 5 flu seasons.
• Flu season continues until April.



You call the shot.

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Visit: **ontario.ca/flu**

Ontario



Oh Baby

Babies of 2009



Matthew Aiden & Joel Mason Onstein
October 27, 2009
Welcomed with joy and love by Jennifer and Peter Onstein.



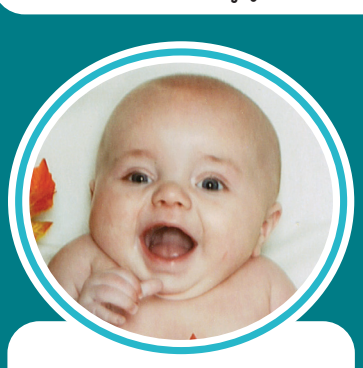
Ava Byvelds
June 5, 2009
Daughter of Jeff and Shari Byvelds.



Murray Lorne Holmes
September 16, 2009
Love from Mommy and Daddy, and the Holmes and Byers families.



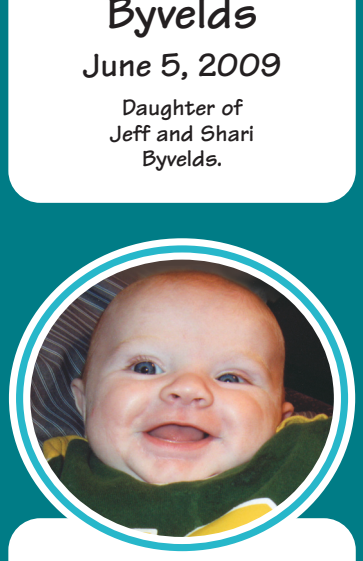
Makenna Dawn Raistrick
April 14, 2009
Welcomed with joy by Kreg and Tracy Raistrick, and big brother Kingsley.



Kobe Kyle Young
June 15, 2009
You light the room up little guy. Love you so much, Grandpa, Grandma, Uncle Dylan and Uncle Joshua.



Abigail Violet Torrance
November 1, 2009
Welcomed with joy by Graham and Amber Torrance and brother Logan.



Boyd Leonard Streng
September 17, 2009
Son of Bill and Kelly. Brother to Whitnie, Kyra, Damian and Cohen. xoxo



Destiny Anne Baker
November 23, 2009
Welcomed with love by Cassie, Doug and brother Damien.



Cohen Timothy Gilmer
January 30, 2009
Truly a gift from above. Love Nanna and Poppa.



Tessa Willow Carkner
November 6, 2009
Welcomed with love and joy by Shawn Carkner and Jen Zubatuk.



Bennett Anthony Byvelds
April 21, 2009
Much loved great-grandson of Mary and Eric Steele, and Anna Byvelds.



Payton Audrianna Taylor
November 11, 2009
God bless our little angel. Love Kerri, Jamie, and families.



Cayden John Andre Armstrong
August 27, 2009
Proud parents are Cory and Melanie Armstrong. Grandparents are Sandy and Andy Laneville, and Debbie and John Armstrong.



Briana Clare Don
July 1, 2009
Little sister for Emilia. Proud parents Lyne & Kris Don. Proud grandparents Clare & Bill Don, Micheline & Richard Cayer.



Aiden LeClair
January 26, 2009
Loads of love, Mummy and Daddy (Annie and Craig).



Addison Alyssa Hicks
March 27, 2009
Daughter for John Hicks and Kaitlin Barkley. Sister for Kalli-Rose.



Boyd Dustin Broadfoot
April 22, 2009
Love Mommy and Daddy (Ashley and Dustin).



Natalya Felicia Garlough Stewart
January 9, 2009
Daughter of David and Jennifer Stewart of Newington. Love Grandma and Grandpa Stewart.



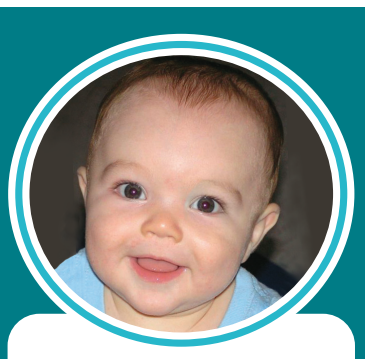
Samuel Patrick Harty
January 23, 2009
Son of Sherry (Holmes) and Joe Harty. Bennett's little brother.



Zoë Scarlet MacDonald
October 22, 2009
Daughter of Amy Berends and Kevin MacDonald. Little sister of Avery and Quinn. Proud Opa and Oma, Ben and Anja.



Ella Muriel Stevenson
November 30, 2009
Dad and Mom (Brady and Joanne), and "big" sister Oakley are very happy to meet you.



Nolan Alexander Stoqua

February 15, 2009

Proud parents
Sheena (McBean)
and Scott Stoqua.



Taylor Kalli Beckstead

July 1, 2009

Love Mommy and Daddy
(Shaelah and Archie)
and big sister
Jaedyn.



Emmett Aurele Oldford

September 29, 2009

Loved to pieces
by Clayton
and
Erin Oldford.



Skyla Hope Cinnamon

September 1, 2009

Daughter of
Nadine Freyenmuth
and Wallace Cinnamon.
Little sister for McKenna.



Jeremy Blanchard

March 14, 2009

Welcomed with love
by Sebastien
and
Emily Blanchard.



Oh Baby

What a year 2009 has been!

The Winchester Press congratulates all the proud parents who have welcomed new arrivals in 2009!



Hannah Cora Irene Sadler

May 23, 2009

Daughter for
Robyn Sadler
and
Courtney Barkley.



Isaac Elliot Duffield

April 16, 2009

Son of
Angie Castle and Nic Duffield.
Happy first Christmas,
love Grama.



Payton Jeannette Mackay

August 2, 2009

Daughter of
Rob and Kellie (Holmes) Mackay.
Sixth grandchild of
Lester and Jeannette Holmes.



Connor Thomas McLean

July 10, 2009

Son of
Tristyn Schofield
and
Will McLean.



Breeze Alyse Marjorie Lois Vanderveen

December 22, 2009

Daughter of Skye and Jeff.
Granddaughter of Marjorie &
Jack Vanderveen and Gigi & Bobo.



Hayden Bruce Belway-Lodge

September 16, 2009

Grandparents:
Eileen and Lyle
Belway.



Leah Elizabeth Suffel

October 27, 2009

Hugs and kisses,
love Daddy and Mommy.
John Suffel
and Mattie Fulcher.



John Nadobny

July 17, 2009

Son of Cynthia Moore
and John Nadobny.
Very proud grandparents are
Louise and Larry Moore,
and
Debbie and John Nadobny.



Abigail Rachel Marie Hosick

December 18, 2009

Daughter of
Drew and Marina Hosick.
Sister for Aiden.
Merry Christmas.



Donovan Brian Shaver

December 27, 2008

Son of
Brian and Tracey Shaver.
Little brother to
Brendan and Cam.



Callie Joan Cinnamon

March 20, 2009

Daughter of
Dave and Tanya
Cinnamon.



Brock Kenneth Tessier-Simser

January 30, 2009

Welcomed with joy by
Joshua and Jessica
Tessier-Simser,
and we couldn't be happier.



Grace Avery Mitchell

October 18, 2009

Welcomed with joy by parents
Shawn and Shari
and grandparents
Robert and Dianne Crummy.



Cash Bourgeault

July 31, 2009

Son of
Bruce and Erika Bourgeault.
Baby brother for Sean, Ryan,
Justin and Cameron.



Ava Grace McIntosh

July 23, 2009

"Sorry I couldn't wait."
Daughter of
Erica Rolfe and
Terry McIntosh.

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WEDNESDAY, JANUARY 6, 2010 PAGE 12

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String snapped

The Alexandria Glens scored the game-winning goal with 18.8 seconds left on the clock and handed the host North Dundas Pee Wee "B" Demons a 5-4 loss at the Winchester Arena on Monday night (Jan. 4). The Glens' victory snapped a four-game Upper Canada Minor Hockey League winning string the Demons had going. North Dundas trailed 4-1 late in the final frame, rallied to tie it 4-4, only to lose in the dying seconds. North Dundas forward Mitchell Melenhorst (No. 14) watched as teammate Jakob Downey put a shot on the Alexandria 'tender. *Press Photo — Van Bridger*

Hawks split two games

Beat Glens, lose to Lions

MORRISBURG — A third-period rally in Morrisburg fell short and the Winchester Jr. "B" Hawks had to settle for another split decision in their St. Lawrence Division weekend schedule.

Winchester opened the new year skating to an impressive 6-3 victory over the second-place Glens (16-9-4-0) in Alexandria on Saturday (Jan. 2). Unfortunately the third-place Hawks (14-13-2-0) weren't able to extend their winning ways and dropped a 7-6 decision to the fifth-place Lions (12-15-2-0) in Morrisburg the following afternoon (Sun., Jan. 3).

"The boys played almost a perfect game in Alexandria," remarked general manager/assistant coach Craig "JB" Smith. "We put pucks on net and forced the play — it was a big win for us."

Hawks president Kevin Bowie describe the club's weekend performance as another "Jekyll and Hyde" effort.

"Our goaltending was spectacular in Alexandria and not so much in Morrisburg," he said.

"We had a big second period let down in Morrisburg," said Bowie. "But we put the pressure on (14 shots) in the third period and almost tied it."

Bowie gave Morrisburg goalie Graham Peters credit, noting that he saved the game for his team, "He [Peters] made four or five key saves in the last couple of minutes."

Winchester is currently tied for third place with the Char-Lan Rebels (13-12-2-2) with 30 points. Morrisburg has 26 points and 11 games left to earn a berth in the playoffs, where the top four teams qualify.

This week

The Hawks will host the Brockville Tikis (15-13-2-1) in Casselman on Saturday (Jan. 9) in a game slated for 11:30 am. It is part of the Rideau St. Lawrence Showcase being hosted by the Casselman Vikings.

Sunday (Jan. 10) they will travel to Gananoque to take on the Islanders (10-17-2-1).

Hawks 6 - Glens 3

Winchester outshot the Glens 39-27 and posted period leads of 2-1 and 4-3 in Saturday's game.

Michael Hitesman posted the win and Dominc Quann took the loss.

Winchester's Ben Brayman (9) and J.F. Forte (2) netted the Hawks' first-period goals. Taylor Davis set up Brayman, while Brandon Kelley and newcomer Devin Desnoyers assisted Forte. J.F. Dubois replied for the Glens.

Shane Kitchen tied it 2-2 for the Glens scoring at 5:26 of period two. Parker Davies (8) scored shorthanded from Davis at 8:35 and Desnoyer (1) buried a PPG set up by Forte and Kelly at 11:25 to put Winchester ahead (4-3) for good.

The Hawks locked up win number 14 with a pair of third-period markers. Graham Loyst (18) made it 5-3 with help from Davies and Adam Schofield at 13:53 and Davies (9) iced the 6-3 decision scoring from Loyst at 19:07.

Alexandria holds a 3-2-0 edge in the six-game series and has outscored Winchester 22-13.

Lions 7 - Hawks 6

The Hawks trailed the Lions 2-1 after the first 20 minutes of Sunday's matinee.

They were down 3-1 39 seconds into period two but rallied with a pair of goals by Josh Bouwman (2) at 1:18

• continued on page 13

Atom House 'B' Demons qualify for Bell Capital Cup semi-final

OTTAWA — North Dundas Atom House "B" Demons goaltender Bayden Carr and his teammates distinguished themselves competing in the 2009-2010 Bell Capital Cup.

North Dundas won three round robin games, a qualifier and a quarter-final match before they were eliminated from what is billed as the largest minor hockey tournament in the world — 500 teams from six countries.

The competition featured a pair of former Winchester Jr. "B" Hawks who acted as honourary co-chairs — Winchester's Matt Carkner and Long Sault's Jesse Winchester.

A familiar Upper Canada Minor Hockey League adversary, the South Stormont Selects, received shutout goaltending from Michael Alguire and whitewashed the Demons 3-0 in Saturday's (Jan. 2) semi-final round. The loss left North Dundas ranked third in a field of 71 atom house "B" teams. The West End Vipers were evenutally crowned divisional champions.

The entire Demons team participated in the Algonquin College Skills Competition during the tournament, and Carr emerged as the top goalie in the skaters breakaway challenge.

Carr and teammate Brandon VanBruinessen also participated in the Scotiabank-Canadian Tire All Star Game. Their team, which included two players from the Iqaluit Blizzard, went on and won the all star tilt.

Round robin

Lindsay Cummins, assisted by Brandon VanBruinessen with 8:55 left in the game, counted her team's only goal as North Dundas opened the 11th annual Bell Capital Cup on Wed., Dec. 30, playing the Canterbury Stingrays to a 1-1 draw.

Carr tended the nets and posted a 6-0 shutout over the Cumberland Platypus on Thurs., Dec 31. Avery Holmes fired in three goals and Justin Shay potted a pair. Cummins snapped in the single shot. Assists went to Kyle Findlay, Adam Geertsma, Curtis Barkley, and Cummins.

North Dundas then took on the Carleton Place Lightning on Fri., Jan. 1 and posted a 3-1 victory. Cummins, Holmes, and Shay were the scorers. Shay and Findlay each earned an assist.

Qualifier

Brandon VanBruinessen popped in a pair of pucks and led the Demons to a 5-2 decision over the Osgoode Rideau No. 2 Senators in a qualifying-round game.

• continued on page 13

Giberson registers fifth shutout, Bantams win 15th game

BROCKVILLE — Colin Giberson and the North Dundas Bantam "B" Demons bombed the Brockville Braves 10-0 in their own barn. It was the fifth shutout for Giberson and the 15th win in 16 Upper Canada Minor Hockey League games for the Demons.

Coach Tom Kirkwood and his squad were in Brockville on Sunday (Jan. 3) and opened the new year with a solid offensive effort that included five power play goals and a seven-goal third period explosion. North Dundas has outscored the opposition 105-24 in their first 16 games.

A power play goal (PPG) set up by Brett Bartholomew and scored by Bryden van Kessel at 14:36 of the first period proved to be the winner.

Bartholomew then made it 2-0, finishing a play started by van Kessel and Mark McRae at 11:57 of the same session. Another PPG by Josh Hogdson (assisted by Mitchell Kirkwood and van Kessel) with 9:23 left in period two gave the Demons a 3-0 advantage and set the stage for their big third-period finish.

McRae, van Kessel, Bartholomew, and Kirkwood each potted a pair of goals. Hogdson and Aaron Burns sniped the singles. Kirkwood and van Kessel earned three helpers each. Bartholomew, McRae, Patrick Gibson, and Dayton Kelly all picked up a pair of assists. Hodgson and Dylan Comeau each collected one assist.

The Demons resume their schedule Saturday (Jan. 9) in Westport against the North Leeds Stars.



Five zeros

North Dundas Bantam "B" Demons goaltender Colin Giberson has registered five shutouts and suffered one loss in his first 16 games of the 2009-2010 Upper Canada Minor Hockey League season. The Demons (15-1-0) have outscored the opposition 105-24. Press Photo — Van Bridger

House ‘C1’ Demons capture tourney ‘B’ title



He scores!

Nathan Saari (left) and line mate Preston Shelaga celebrated Shelaga’s first-period goal in the opening game (Tues., Dec. 29) of the 2009 Guildcrest Homes Novice House Tournament. Saari, Shelaga, and Owen Richardson all scored in the North Dundas “C1” Demons 3-3 tie with the NGS Braves.

Press Photo — Van Bridger

CHESTERVILLE — Both North Dundas entries in the North Dundas Minor Hockey Association’s 2009 Guildcrest Homes Novice House Tournament finished the competition with winning records.

The North Dundas House “C1” Demons, coached by Todd King, recorded two ties in their round robin games and qualified for a berth in the “B” final of last week’s (Dec. 29) event. They then prevailed 2-1 in overtime against the NGS Braves and finished with one win and two ties.

Coach Ken Byrne and the North Dundas “C2” Demons posted wins over the Kemptville Sharks and Kanata Ice Lasers in their two qualifiers, moved into the “A” final only to drop a 4-2 decision to the South Grenville Rangers. The “C2” Demons final mark was two wins and a loss.

South Grenville ripped Kanata 7-1 and tied NGS 4-4 in their first two games.

Kanata recovered from their first two losses and took the “C” silverware by defeating Kemptville 3-1.

“C1” Demons

First-period goals by Preston Shelaga, Nathan Saari and Owen Richardson gave the “C1” Demons a 3-2 lead after a period of play in the tournament’s opening game against the NGS Braves.

The Braves battled back and tied it with 2:07 left in the game. Grayson Rutters scored on a rebound created by Cadence Logtens to make it a 3-3 final. It was Rutters’ second goal of the contest.

Shelaga, Saari and Richardson all finished the game with a goal and an assist. Kye Williams worked the North Dundas nets.

Jacob Zandbelt converted a play started by Ben Fingler with 5:13 left on the clock to give the Demons a 2-2 tie with the Kemptville Sharks. Fingler tied the score at 1-1 scoring, from Saari at 9:52 of period two.

Fingler also counted the overtime goal as his team nipped NGS 2-1 in the “B” finale. An unassisted marker by Saari with 27 seconds left in period two tied the count at 1-1.

“C2” Demons

Toby Byrne was the winning ’tender as the “C2” Demons whitewashed the Kemptville Sharks 3-0 in round one. Kameron Batten (unassisted) netted the winning goal at 6:55 of period one. Nicholas Brugmans scored from Emily Eikelboom and made it 2-0 at 8:59 of period two. Xavier Leclerc’s unassisted mark with 5:38 left in the same frame made it a 3-0 final.

Leclerc and Brugmans each potted a pair of goals in the Demons 6-1 win over Kanata. Curtis Bell and Chase Holmes each snapped in a single shot. Bell picked up a pair of assists. The Ice Lasers ruined Byrne’s shutout bid counting a second-period goal.

Ranger Ben Spencer scored three times and led South Grenville to a 4-2 win over North Dundas in the “A” game. The Rangers led 2-0 after a period and 4-1 after two.

Kaitlyn Minish scored from Brugmans with 2:21 left in the second session and Eikelboom counted the final North Dundas goal finishing a play started by Batten and Holmes with 5:08 left in the game.

NDMHA hosting ‘AA’ Kings game

WINCHESTER — The North Dundas Minor Hockey Association will be hosting an Ottawa District Minor Hockey Association “AA” Atom hockey game between the Rideau St. Lawrence Kings and the Ottawa Sting.

The showcase game, scheduled for Fri., Jan. 8 at 8 pm, will be played at the Winchester Arena.

The endeavour is a collaborative effort between the North Dundas and Rideau St. Lawrence Kings A/AA minor hockey associations. The series of showcase games will feature the Kings in various arenas, including Morrisburg, Spencerville, Prescott, Smiths Falls, and Westport. The goal of this series is to promote A/AA hockey across the Rideau St. Lawrence Kings territory, which includes North Dundas.

“We hope to expose hockey fans from across our region to a level of hockey they may not have seen before, and maybe attract some new hockey players, or excite some young ones to aspire to play for the Kings,” said Dave Van Stralen, RSL Kings president.

Friday evening’s program will feature a ceremonial puck drop, introduction of the players and the national anthem. There will also be a draw for a door prize and a 50/50 draw with the proceeds being donated to the NDMHA

Truckers blank Pinks, move into first place

WINCHESTER — Roxanne Backes registered her fifth shutout of the 2009-2010 Winchester District Ladies Hockey League season as the WS Trucking Company blanked the Cooper Physio Pinks 2-0.

Sunday morning’s (Jan. 3) 10 am contest opened 2010 on a positive note for the Truckers (6-2-4), who used the win to take a share of first place with Cooper (6-2-4).

Edith Dagenais scored after taking a pass from Lynda Kemp at 10:31 of the first half, and her goal proved to be the winner. Isabelle Dagenais insured the 2-0 win when she buried a feed from Jacqueline Beausoleil at 12:17 of the second half.

Laurie Casselman posted her first zero of the campaign when she and the Double Beauty Stylists (4-7-1) edged Andy’s Foodland Reds (3-6-3) 1-0 in the 8 am game. Susan MacDonald used a play set up by Janice Casselman and Christina Luykx to decide the game’s outcome 3:09 before the final buzzer.

Dominique Cavill suffered the one-goal setback.

Country Girls win

Sandra Cloutier netted her 11th and 12th goals of the season, picked up an assist and led the Country Girls (3-6-3) to a 5-2 decision over the Annable’s Jewellery Blues (5-4-3) in the 9 am encounter.

The Girls held a 3-2 lead at the half on goals by Toni Labossiere, Cloutier, and Tanya Klein-Swormink. Cloutier and Tammy Seguin finished the scoring, cracking in second-half shots. Julie Drouin (2), Annette Downey, Karen Labossiere, and Cloutier all earned assists. Karina Damato posted the win.

Jennifer Wilson netted both Blues goals, finishing plays started by Carrie Allinott-Dore and Kristine McNamara at 17:35 and another by Nancy Pothier 1:25 before the intermission.

Hawks

• continued from page 12

and 4:50 and another by Kelly (2) at 3:05 were holding a 4-3 lead when Morrisburg ripped in four consecutive shots (from 11:24 to 17:31) and carried a 7-4 lead into the final frame.

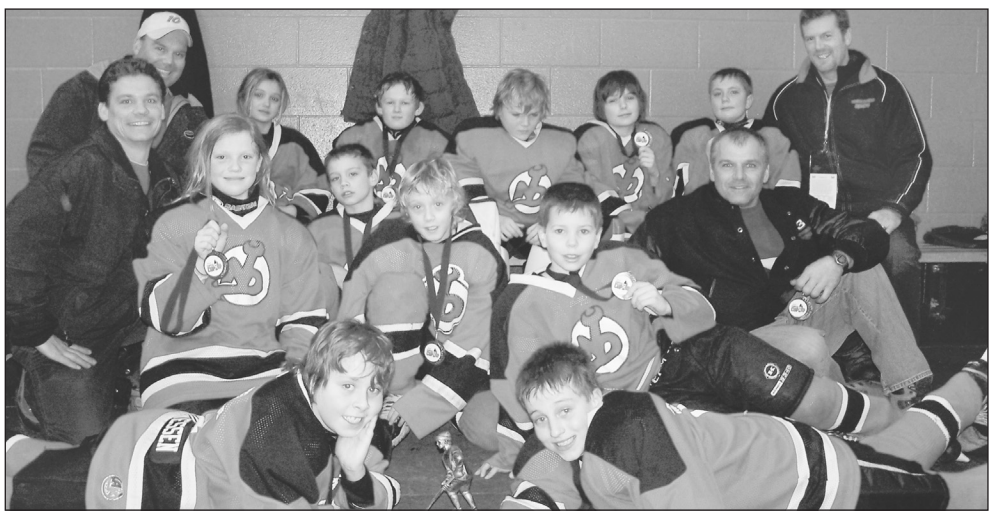
Brayman (10) and Davies (10) cracked in third-period shots but the Hawks couldn’t squeeze in the equalizer.

James Kirkwood (7) counted the Hawks first-period tally. Assists went to Forte (3), Schofield (2), Davies, Jon Koopman, Kelly, Kirkwood, and Alex Krumins.

Taylor Filion (2 - one PPG), Jordan Vergette, Michel Lefevre, Chris Rutley, Patrick Rock, and Karl Henike (GWG) were the Morrisburg marksmen.

Winchester outshot the Lions 39-33. Cory Athaide took the loss.

The six-game series between the Lions and Hawks stands at 2-2-1. Winchester has outscored Morrisburg 32-25.



North Dundas Atom House “B” Demons finished third in a field of 71 atom teams in the 2009-2010 Bell Capital Cup (Dec. 30 - Jan. 3). The Demons won five games before they were eliminated by the South Stormont Selects. The Demons are: front (left) - Mitchell VanBruinessen and Curtis Barkley; second row (left) - Jeff Holmes - ass’t coach, Jessi Zandbelt, Avery Holmes, Brandon VanBruinessen, Kyle Findlay, Gary Geertsma - trainer; back (left) - Scott Barkley - ass’t coach; Lindsay Cummins, Brayden Roberts, Brayden Carr - top goalie in breakaway contest, Adam Geertsma, Justin Shay and Todd Findlay - coach.

Bell Capital Cup

• continued from page 12

Holmes, Cummins and Barkley supplied the singles. Shay drew three assists and Geertsma picked up one.

Quarter final

North Dundas skated into a 3-0 first-period lead on Renfrew in their quarter final test on Sat., Jan. 2 and cruised into the semi-final round on the strength of a 5-2 victory.

Brandon VanBruinessen led the attack, cracking in three goals. Shay pumped in a pair and helped out on two of the VanBruinessen markers. Barkley earned four assists and Braydon Roberts picked up one helper point.

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Novice 'B' Demons win Guildcrest tourney 'B' title



Defensive play

South Dundas defender Dana Domanko covered the puck and prevented North Dundas attackers Colin Cotnam (left) and Spencer Horton (right) from creating a scoring opportunity during the "B" final of the 2009 Guildcrest Homes Novice House Tournament. North Dundas defeated the Lions 5-1 in the game played in Winchester on Tues., Dec. 29.

Press Photo — Van Bridger

WINCHESTER — Cameron Cotnam cracked in five goals and assisted on the sixth as the North Dundas House "B" Demons skated to a 6-1 victory over the South Dundas Lions and captured the "B" championship in the 2009 North Dundas Minor Hockey Association's Guildcrest Homes Novice House Tournament.

The competition played at the Winchester Arena on Tues., Dec. 29, attracted six teams. The same day, six Novice House "C" teams took part in their tournament in Chesterville.

Carter Tait netted four goals and led the NGS "B" Braves to a 6-3 win over the Cornwall Colts in the tourney's "A" final. North Dundas, coached by Andy Cotnam, took the "B" title with their 6-1 decision over South Dundas. Innes Thompson posted the shutout while Xandre Seguin and Harrison Fraser each slapped in three goals as the Char-Lan Rebels crushed the Nepean Raiders 7-0 in the showdown for "C" honours.

> Cameron Cotnam leads North Dundas to victory with five goals

"B" final

North Dundas broke a scoreless first-period tie in the "B" showdown wide open, blasting in five unanswered second-period markers. They made it a 6-1 final with 6:54 left in the final frame. The Lions got an unassisted goal from Colin Minish at the 8:44 mark of the period, but that was the only puck that entered Bradley Larmour's cage.

Four of Cotnam's goals were scored in the second stanza. Ethan Guy netted the other marker and set up the fifth Cotnam tally at 6:54 of the final frame. Cam Sherrer, Seth Christophersen, Nolan Brown, Kobey Young, Liam Antille, Bradley McLean, Cotnam, and Guy all earned assists.

Nolan Shane fired in three goals and led the Cornwall Colts to a 5-2 win over North Dundas in an opening round game. Guy and Cotnam each registered a goal and an assist for the Demons.

North Dundas bounced back in game two by beating Char-Lan 5-1. Larmour's shutout bid was dashed when the Rebels took a 1-0 lead in the first period.

Cotnam tied it up, scoring the first of three goals on an unassisted play at 1:16.

Guy and Brown set up Cotnam for a 2-1 lead late in period two. Guy provided another feed for Cotnam with 9:22 left in the game. Spencer Horton assisted Joey Hannaford and he made it 4-1 with 4:02 left on the clock. Guy finished the scoring when he buried a pass provided by Sam Sylvestre and Cotnam 3:11 before the final buzzer.

Novice House Demons defeat Cougars, Stars

KEMPTVILLE — Cameron Cotnam pumped three pucks into the Cougar's cage and led the North Dundas Novice House "B" Demons to a 4-3 victory over Kemptville.

The Cougars tied the score at 3-3 when Connor Maderson rang up his third consecutive goal with 6:11 left in the Upper Canada Minor Hockey League game played on Sun., Dec. 27.

Cotnam was able to answer that play with his third marker 52 seconds before the final buzzer. Cam Sherrer drew the assist on the game-winning goal.

Samuel Sylvestre engineered Cotnam's first scoring play at 9:03 of period one. Nolan Brown's unassisted tally with 43 seconds left in the same frame gave North Dundas a 2-0 edge. An unassisted effort by Cotnam opened up a 3-0 lead for the visitors.

Kemptville's Maderson wired in two shots with 3:22 and 0:38 left in period two to close the gap to 3-2.

Bradley Larmour worked the Demons net and posted the win.

The game was penalty free.

Demons 5 - Stars 4

North Dundas played host to Westport's North Leeds Stars on Mon., Dec. 21 and pulled off a slim 5-4 victory when Cotnam tucked a Sylvestre relay into the Stars net 1:22 before the end of the game.

North Dundas led 1-0 after a period. Ethan Guy put his team on the board after being set up by Cotnam.

The Demons slapped in three second-period tallies and carried a 4-3 lead into the final frame.

Brown (unassisted at 5:31), Cotnam (from Seth Christophersen at 2:48) and Joey Hammond (from Sylvestre at 1:04) fired in the Demons second period goals.

It was a penalty-free game.

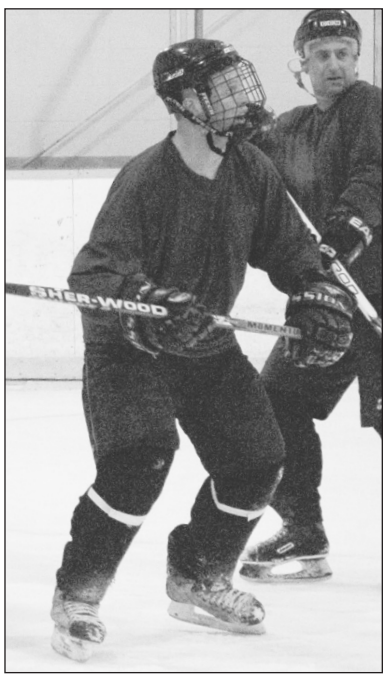


Scott, Armstrong power town league winners

WINCHESTER — A pair of former Winchester Jr. "B" Hawks, defenceman Mitch Scott, and forward Travis "Toast" Armstrong, made key contributions to their respective teams' Winchester Town Hockey League victories.

"Toast" Armstrong sniped four goals and led the number-two ranked McLean Flyers (7-6-1) to a 10-2 decision over the fourth-place Sherrer Rockets (3-9-2) in the opening game of the final Tuesday night (Dec. 29) twin bill of 2009.

Scott cracked in three markers from his blueline position in the night cap and helped the number-one rated Morozuk Maulers (12-2-0) outscore the third-place Heuff Howlers (4-9-1) 10-6.





Defenceman Mitch Scott (left) ripped in three goals and helped the first-place Maulers win 10-6 in one of two Winchester Town Hockey League games played on Dec. 29. His blueline partner, Troy McNaughton, earned an assist in the victory. Flyer forward Travis "Toast" Armstrong (right) counted four goals in his team's 10-2 Winchester Town Hockey League victory over the Rockets on Tues., Dec. 30. Armstrong (11-15-26) holds down seventh place in league scoring.
Press Photos — Van Bridger

Burnt toast

"Toast" Armstrong burned the Rockets' defence once in the first half and three times in the second half as the Flyers soared to their 10-2 win over the Rockets.

The Flyers led 5-1 at the half on a pair of markers by Josh "Champ" McLean and singles by Trevor Gilmer, Dean Moore, and Armstrong. Nik Paas opened the second half with his 17th and later pumped in his 18th, while Armstrong clicked off his ninth, 10th, and 11th tallies. Paas (3), Jon Nadobny (3), Moore (2), McLean (2), James Gilmer, Trevor Gilmer, and Jeff Pashak all collected assists. Chris Currie was the winning 'tender.

Jeff Wilson and Travis Froats replied for the Rockets. Jamie McIntosh, Rob Thurler, Justin Morozuk, and Darrel Moore set up the plays.

Maulers 10 - Howlers 6

Town league scoring leader Dean Byvelds and Scott each fashioned hat tricks in the Maulers 10-6 win over the Howlers who led 5-2 at the intermission.

Byvelds also picked up a pair of helper points and has now recorded 29 goals, 20 assists, and 49 points.

Chad Valcour finished the game with a goal and six assists and holds down fourth place in the race with 16 goals, 24 assists, and 40 points.

Scott (3), Byvelds (3), Valcour, Scott Baldwin, Derek Vingerhoeds, and Scott Reaney rang up the goals. Valcour (6), Baldwin (3), Byvelds (2), Troy McNaughton, Vingerhoeds, and Reaney all picked up helpers. Chad Kennedy posted the win.

Robyn Sadler (2), Terry Barkley (2), Jon Chambers, and Justin Heuff were the Howler marksmen. Assists went to Billy McRoberts (4), Travis Rowe (2), Ryan Thompson, Barkley, Sadler, and Heuff.

SPORTS SCOREBOARD

Eastern Ontario Junior "B" Hockey League

RIDEAU - ST. LAWRENCE CONFERENCE

Recent Results

Dec. 30: Brockville 7 - South Grenville 1
Athens 8 - Gananoque 4
Jan. 2: Winchester 6 - Alexandria 3
South Grenville 5 - Gananoque 2
Casselman 3 - Char-Lan 1
Jan. 3: Morrisburg 7 - Winchester 6
Char-Lan 9 - Akwesasne 6
Westport 4 - Gananoque 4 OT
Brockville 5 - Athens 2

STANDINGS

Rideau	W	L	T	GF	GA	PTS
Westport	20	5	5	159	113	45
Athens	19	8	4	175	125	43
Brockville	15	13	2	130	126	33
Gananoque	10	17	2	116	139	23
S. Grenville	7	21	4	116	169	18

St. Lawrence	W	L	T	GF	GA	PTS
Casselman	20	5	1	172	72	42
Alexandria	16	9	4	151	115	36
Winchester	14	13	2	112	129	30
Char-Lan	13	12	2	120	130	30
Morrisburg	12	15	2	142	184	26
Akwesasne	2	23	2	97	197	7

**Teams losing in OT receive one point*

TOP SCORERS	G	A	PTS
Rideau Division			
Daniel Lacroix, Athens	25	43	68
Kyle Couvieau, West.	31	30	61
Pat Cameron, Athens	14	46	60
Steve Parker, Athens	28	17	45
Manson Mangan, Gan.	15	25	40
Shane Melcher, Broc.	23	15	38
Dylan Rodgers, West.	14	23	37
Scott Johnstone, West.	17	19	36
Travis Leeson, SG	17	19	26
St. Lawrence Division			
Adam Wensink, Cass.	27	28	55
Marcel Groulx, Cass.	30	24	54
Hugo Pouilotte, Alex.	26	28	54
Curtis Chennette, Cass.	20	33	53
Joel Adam, Cass.	23	27	50
S. Brocu, Cass.	14	33	47
Nick Douvris, Morris.	15	30	45
Chris Rutley, Morris.	20	24	44
Derek Villeneuve, C-L	23	19	42
Julien Machabee, Alex.	13	28	41
J.F. Dubois, Alex.	17	22	39
Shane Kitchen, Alex.	15	24	39

Eastern Ontario Junior "B" Hockey League

METRO - VALLEY CONFERENCE

Recent Results

Dec. 27: Clarence Creek 7 - Metcalfe Jets 5
Dec. 30: Clarence 8 - Metcalfe Jets 1
Jan. 3: Gatineau 4 - Metcalfe Jets 3 OT

Next Metcalfe Jets home games

Fri., Jan. 8: vs Ottawa Canadians - 8:15 pm
Fri., Jan. 15: vs Ottawa West - 8:15 pm

STANDINGS

Metro	W	L	T	GF	GA	PTS
Gatineau	24	8	1	179	107	49
Ottawa West	22	6	3	157	86	47
Ottawa Jrs.	21	11	0	149	122	42
Clarence	16	11	2	159	133	36
Metcalfe Jets	9	17	2	101	142	22

Valley	W	L	T	GF	GA	PTS
Perth	14	11	5	126	108	36
Arnprior	14	13	3	119	128	33
Almonte	13	20	1	104	164	27
Renfrew	11	16	1	100	114	25
Stittsville	10	20	1	96	117	22
Shawville	10	19	1	103	172	21

**Teams losing in OT receive one point*

Winchester Town Hockey League

Recent Results

Dec. 29:
McLean Flyers 10 - Sherrer Rockets 2
Morozuk's Maulers 10 - Heuff's Howlers 6

STANDINGS	W	L	T	GF	GA	PTS
Maulers	12	2	0	95	71	24
Flyers	7	6	1	77	73	15
Howlers	4	9	1	65	80	9
Rockets	3	9	2	66	89	8

SCORERS	G	A	PTS
Dean Byvelds, Maulers	29	20	49
Robyn Sadler, Howlers	24	19	43
Nik Paas, Flyers	18	22	40
Chad Valcour, Maulers	16	24	40
Trevor Gilmer, Flyers	17	11	28
Rob Thurler, Rockets	12	15	27
Travis Armstrong, Flyers	11	15	26
Phil Duncan, Maulers	13	12	25
Justin Morozuk, Rockets	9	14	23
Dean Moore, Flyers	13	9	22
Scott Baldwin, Maulers	8	13	21
Travis Froats, Rockets	11	9	20
Josh McLean, Flyers	11	9	20

Winchester & District Ladies Hockey League

Recent Results

Jan. 3: Double Beauty 1 - Andy's Foodland 0
Country Girls 5 - Annable's Blues 2
WS Trucking 2 - Cooper Physio 0

STANDINGS	W	L	T	GF	GA	PTS
WS Trucking	6	2	4	28	19	16
Cooper Physio	6	2	4	17	10	16
Annable's Jewellery	5	4	3	23	18	13
Double Beauty	4	7	1	23	23	9
Country Girls	3	6	3	19	37	9
Andy's Reds	3	6	3	15	22	9

TOP SCORERS:	G	A	PTS
Edith Dagenais, WST	10	4	14
Sandra Cloutier, CG	12	2	14
Sonia Clement, AJ	8	5	13
A. Rylaarsdam, WST	8	4	12
Christina Luykx, DB	8	4	12
Isabelle Dagenais, WST	7	5	12
Kelly Zeran, DB	5	6	11
Jennifer Wilson, AJ	4	7	11
Amy Fraser, CP	5	5	10
Jada McNaughton, AF	3	5	8
Nancy Pothier, AJ	5	2	7
Joanna Gilmer, DB	4	3	7
Veronique Daviault, CP	3	4	7
Marg Berry, AF	2	5	7
Aline Smith, AJ	1	6	7

2009-10 EOJHL
St. Lawrence Division

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Next Home Game
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vs Athens Aeros
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Fri., Dec. 18
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Atom 'C2' Demons compete in Capital Cup

OTTAWA — The North Dundas Atom House "C2" Demons were undefeated in three Bell Capital Cup games when they came up against the Kemptville "C2" Panthers.

Doug Armstrong's Demons had outscored their opponents 25-2 in their three round robin games in the prestigious tournament played in Ottawa last week (Wed., Dec. 30 until Sun., Jan. 3).

Unfortunately the Demons were only able to manufacture just one goal in a 3-1 quarter-final loss to their Upper Canada Minor Hockey League (UCMHL) rivals from Kemptville. The game was played at the Bell Sensplex on Thurs., Dec. 31.

"The kids gave it all they had but just ran out of gas," said coach Armstrong. "It was their fourth game in two days, and the excitement took its toll."

Armstrong pointed out that two other UCMHL teams from Prescott, the South Grenville "C1" and "C2" Rangers, clashed in the division's championship match. The "C2" Rangers prevailed in that game.

"It is ironic that we beat both South Grenville teams in our league play in December," he said.

Two members of the Demons were named to their divisional all star game — forward Eric Armstrong and defenceman Sheldon Lafortune. Doug Armstrong was appointed head coach for Team Red in the Red - White game that was played at the Brian Kilrea Arena on Thurs., Dec. 31. Kyle Steele was named the team trainer. Eric Armstrong picked up a pair of assists in the contest that the Reds won by a 4-2 margin.

The Demons also took the skills competition. Defenceman Jordan Peterkin emgered as the winner of the target shooting contest.

This year's tournament was the 11th annual and pulled in 500 teams from six countries, including China. A total of 917 games were played over the New Year holiday.

Round robin

North Dundas opened the tournament on Wed., Dec. 30 with a game against the Blackburn Stingers at the Kilrea Arena. Samantha Benoit posted an 8-0 shutout in that game. Caleb Jaquemet was named the North Dundas MVP and Lafortune was named the hustler of the game.

The next day at the Orleans Complex, the Demons snuffed out the South End Flames 11-1. Eric Armstrong was named MVP and Joshua Armstrong the North Dundas hustler of the game.

Cordell Steele was named North Dundas MVP in a 6-1 win over the Stittsville Speed Demons in game three on Thurs., Dec. 31. Peter Romme was deemed to be the Demons' hustler of the game.

Benoit was named MVP in the Demons' quarter-final loss to Kemptville. Brigit Porteous earned hustler of the game honours.

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41-43

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42-43

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Card of Thanks

CARD OF THANKS – Many thanks to all who made my 90th Birthday so happy. To those who attended the party; those who phoned and who sent cards, and to all those at Winchester's Beachcroft. Special thanks to Dawna for organizing the party. I very much appreciated everything.
– Mary Hoy
43

Birth Notice

HOSICK – Drew and Marina (nee Porteous) welcome with love Abigail Rachel Marie, born Friday, December 18, 2009 at 10:08 am, weighing 8 lb, 4 oz. A baby sister for Aiden. Thrilled second time grandparents are Al and Colleen Porteous, Winchester, ON, and Anne-Marie Hosick, Smooth Rock Falls, ON. Second great-grandchild for Marion Porteous, Winchester and ninth great-grandchild for Ray and Marie Robinson, Bancroft, ON. Guardian Angels grandpa Jim Hosick and great-grandpa Neil Porteous are watching over Abigail from above. Thanks to all the doctors and nurses at the Ottawa General Hospital.
43

In Memoriam

DUPERRON – In memory of Patricia
March 25, 1928 - January 4, 2005
Nothing can ever take away
The love our hearts hold dear;
Fond memories linger every day,
We miss you more each year.
– Love you always, Ida and Brian, Bill and Ella, Kelly, Tom, Holly, Earl, Abigail, Isaac and Eliza
43

MELDRUM – In loving memory of a dear father, grandfather and great-grandfather, Robert, who passed away December 28, 2008.
He had a smile, a pleasant way,
A helping hand to all he knew;
He was so kind, so generous and true
On earth he nobly did his best
Grant him, Jesus, heavenly rest.
– Lovingly remembered and missed
– Barb, Gerald and family and The Meldrum Family
43

MELDRUM – In loving memory of a dear brother, father and grandfather, Lenny, who tragically passed away January 3, 2004.
Your last parting wish
We would like to have heard,
And breathed in your ear
Our last parting word.
Only those who have lost
Are able to tell
The pain in the heart
At not saying farewell.
– Lovingly remembered
– Barb, Gerald and family and The Meldrum Family
43

COUGHLER – In loving memory of a dear friend Steven (Cuddles) who passed away January 7, 1995.
Some day we hope to meet you,
Some day, we know not when,
We shall meet in a better land
And never part again.
– Always remembered, Ron, Susan, Jonathan and Mandy
43

Coming Events

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43c

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43c

ATTENTION BEEF FARMERS
Dundas County Cattleman's Association Annual General Meeting, Sat., Jan. 16, 2010, Country Kitchen Restaurant, Winchester, 9 am (Breakfast Meeting). RSVP 613-989-3049.
43c

LIVING LOCALLY FAIR
Sat., Jan. 16 at St. Thomas Aquinas Catholic High School, 1211 South Russell Road, Russell, from 9:30 am-3:30 pm. Free admission, donations to the food bank gratefully accepted. Come, see and try the wonderful products our local area has to offer. For more information please go to www.russellgardeners.ca
43-44c

KNITTING GROUP
Are you a knitter and would like to join our monthly get-together? Jan. 9, between 1-4 pm at the Llama Ranch, 12057 Toyes Hill Road, west of Winchester Springs, 613-774-1514. 43

Coming Events

INTERACTIVE TALKS WITH INTERESTING PEOPLE
7:30 pm on Fri., Jan. 8, at the Old Town Hall, 78 Main St., Winchester. Topic is "Let's Get Physical", featuring talks on Tai Chi, Yoga, Walking with Poles and Belly Dancing. Minimum donation $5 for the Stephen Lewis Foundation. Refreshments being served. Contact 613-448-3439 for information.
43c

THERIEN JIU-JITSU AND KICKBOXING 10th ANNIVERSARY
Friends, former and new club members are invited to celebrate, Sat., Jan. 9 starting at 7:30 pm, at Chesterville Legion. **Dance to Ransom,** $5 admission.
43

WILLIAMSBURG ODDFELLOWS
Coming Events for January
Sun., Jan. 10: Matt Hayes and Ole Friends, 2-6 pm. Supper to follow. Admission $13. **Sat., Jan. 23:** This Old Heart and the Country Comrades, 8 pm-12 midnight. Light lunch. Admission $7. 43



Lordy, lordy, look who's 40
on January 9th
Happy Birthday Kathy
With love from your family

Friends, former and new club members are invited to celebrate the
10th Anniversary
of
Therien Jiu-Jitsu & Kickboxing
Saturday, January 9
starting at 7:30 pm at the Chesterville Legion
Dance to 'Ransom'
$5.00 admission

60th Wedding Anniversary Celebration



in honour of
Sebe and Effie Vogel
Sat., Jan. 16
7 pm to 12 am
Winchester Lions Hall
Everyone Welcome
Best Wishes Only

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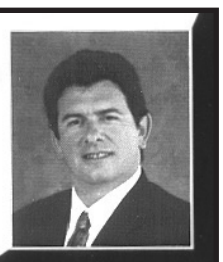

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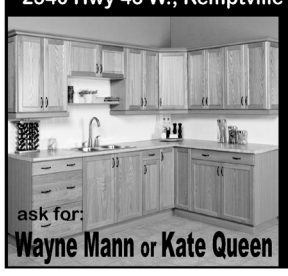

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TOWNSHIP OF North Dundas
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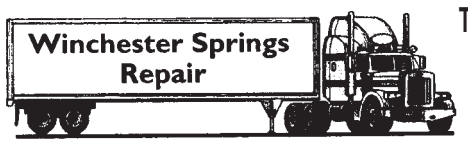
Winchester, Ontario, K0C 2K0
Tel. 613-774-2105 Fax 613-774-5699
www.northdundas.com info@northdundas.com

RESIDENT NOTICE
Christmas Tree Disposal
Please be advised Christmas trees will ***NOT*** be picked up at the curb.
Trees can be taken, at ***NO CHARGE***, to designated tree disposal sites within the Township of North Dundas commencing **December 27 to January 11**.
The sites are:
Winchester Arena
Chesterville Arena
Morewood R.A. Centre
South Mountain Fire Hall
Hallville Recreation Park
Christmas trees should be unbagged and free of decorations.
Further information may be obtained by contacting:
Doug Froats
Director of Waste Management
613-774-5157

DOG LICENCE REQUIREMENT
NOTICE
The Township of North Dundas has contracted the services of two individuals to sell dog licences (tags) door to door. They will be visiting your residence, with valid identification, to determine if you require a dog licence(s). In accordance with Bylaw 38-2000, ***all dogs within the Township of North Dundas must be licensed each year.***
Dog licences may be purchased for $20.00 each ($15.00 for neutered or spayed dogs).
Failure to have your dog(s) licensed could result in a fine.

TOWNSHIP OF North Dundas
P.O. Box 489, 636 St. Lawrence Street
Winchester, Ontario, K0C 2K0
Tel. 613-774-2105 Fax 613-774-5699
www.northdundas.com info@northdundas.com



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More than 300 vehicles and equipment from Federal Government and others

Primary list at: www.rideauauctions.com



Cars: 07 Rio, 55 kms; 07 Sonata, 55 kms; 06 Cobalt, 56 kms; 06 Accent, 101 kms; 06 Sonata, 119 kms; 05 Neon, 121 kms; 05 Accent, 69 kms; 05 Epica, 95 kms; 05 Altima, 172 kms; 05 Wave, 35 kms; 05 3, 106 kms; 04 Epica, 68 kms; 04 Altima, 120 kms; 04 Gr Am, 165 kms; 04 3, 104 kms; 04 Maxima, 139 kms; 04 Ion, 81 kms; 04 3, 119 kms; 04 Focus, 185 kms; (2)04 Cavalier, 92-110 kms; (3)04 Sonata, 108-156 kms; 04 Neon, 109 kms; 04 Civic, 149 kms; 04 Echo, 207 kms; 04 Intrepid, 147 kms; 03 Civic, 163 kms; 03 Jetta, 124 kms; 03 3000, 83 kms; 03 Impala, 138 kms; (2)03 Protege, 127 kms; 03 Focus, 50 kms; 03 Accord, 79 kms; 03 Taurus, 135 kms; 03 Sonata, 141 kms; 03 Cavalier, 247 kms; 03 Golf, 173 kms; 03 Sedona, 192 kms; 03 Sunfire, 114 kms; 03 Malibu, 150 kms; 02 Cavalier, 195 kms; (2)02 Civic, 120-246 kms; 02 Deville, 111 kms; 02 Gr Am, 158 kms; (5) 02 Focus, 125-222 kms; 02 Malibu, 104 kms; 02 Protégé, 168 kms; 02 Impala, 117 kms; 02 Century, 158 kms; 02 Sentra, 169 kms; (2)02 Golf, 218-238 kms; 01 Focus, 166 kms; 01 Tiburon, 128 kms; 01 Solara, 203 kms; 01 Cavalier, 162 kms; 01 BMW 540i, 109 kms; 01 Accent, 94 kms; (2)01 Civic, 155-188 kms; (2)01 Gr Prix, 150-176 kms; 01 Legacy, 185 kms; 01 Jetta, 148 kms; 01 Lesabre, 152 kms; (2) 00 Jetta, 158-211 kms; (3) 00 Sunfire, 182-247 kms; 00 Malibu, 166 kms; 00 Intrigue, 178 kms; 00 Intrepid, 263 kms; 00 Cirrus, 86 kms; 00 Northstar, 219 kms; 00 Bonneville, 233 kms; 00 S70, 155 kms; 00 Impala, 173 kms; 00 Accent, 175 kms; 99 Cirrus, 164 kms; 99 Mystique, 224 kms; 99 Lumina, 174 kms; (2) 99 Jetta, 189 kms; 99 300, 215 kms; 99 Lesabre, 220 kms; 99 Gr Prix, 219 kms; 99 Intrepid, 270 kms; 98 Lumina, 176 kms; 98 Beetle, 237 kms; 98 1.6, 244 kms; 98 Gr Am, 279 kms; 98 Malibu, 188 kms; 98 Sunfire, 133 kms; 98 Intrigue, 343 kms; 98 Northstar, 66 kms; 98 Cavalier, 146 kms; 97 Jetta, 224 kms; 97 626, 319 kms; 97 Acura, 223 kms; 97 Protégé, 159 kms; 97 Saturn, 164 kms; 97 Sable, 179 kms; 96 Taurus, 146 kms; 96 Mystique, 164 kms; 96 Sunfire, 157 kms; 96 Jetta, 289 kms; 96 Altima, 230 kms; 95 Taurus, 208 kms; 95 Sable, 142 kms; 95 Civic, 212 kms; 95 Maxima, 285 kms; 95 Concorde, 156 kms; 93 Regal, 133 kms; 93 Corolla, 260 kms; 93 Bonneville, 256 kms; **Vans:** 07 Entourage, 95 kms; 04 Quest, 98 kms; 04 Caravan, 203 kms; 03 Astro, 284 kms; 03 Caravan, 61 kms; 03 Montana, 237 kms; 02 Montana, 233 kms; (4) 02 Caravan, 133-181 kms; 02 Silhouette, 173 kms; 01 Astro, 262 kms; (2)01 Caravan, 92-121 kms; 01 Odyssey, 230 kms; 01 Express, 224 kms; 01 Windstar, 146 kms; 01 Astro, 61 kms; 00 Montana, 102 kms; 00 Silhouette, 152 kms; 00 Windstar, 146 kms; 00 MPV, 211 kms; 99 Caravan, 159 kms; 99 Windstar, 300 kms; 99 Astro, 164 kms; 98 Caravan, 225 kms; 98 Voyager, 223 kms; 97 Transport, 247 kms; 97 Aerostar, 163 kms; 95 Voyager, 167 kms; **SUVs:** 06 Tucson, 156 kms; 06 Escape, 140 kms; 05 Trailblazer, 156 kms; 05 Outback, 135 kms; 04 Sante Fe, 174 kms; 04 Gr Vitara, 116 kms; 03 Escape, 139 kms; 03 Blazer, 190 kms; 03 Murano, 192 kms; 02 Liberty, 151 kms; 02 Escape, 236 kms; 02 Xterra, 139 kms; 02 Gr Vitara, 176 kms; 01 Sportage, 171 kms; 99 Jimmy, 161 kms; 97 Pathfinder, 193 kms; 93 Wrangler, 136 kms; **Light Trucks:** 04 C1500, 113 kms; 03 Dakota, 112 kms; 02 Ram, 224 kms; 02 F150, 161 kms; 01 B4000, 272 kms; 01 Ram, 154 kms; 97 F150, 241 kms; 94 Ram, 265 kms; 96 C1500, 258 kms; 94 B3000, 234 kms; **Equipment:** snow blade; **Trailers:** (3)94 Fery; **Recreational:** 09 MXZ, 1 kms; (2)01 Kawasaki Bayou; 99 Kawasaki Bayou; 98 Tundra 300; (2) 02 Tundra 300; 04 Kawasaki Vulcan, 9 kms; 04 Sportsman 500, 2 kms

NO CHILDREN ALLOWED

Some of the above mentioned vehicles are public consignments. List is subject to change. Website will be updated as new consignments are registered.

Buyers Premium Applies - Terms: Cash; Visa; MasterCard; Interac for $500.00 deposit & Cash, Certified Cheque, Interac for balance due on vehicle.

Viewing: January 13, 14 & 15, 2010, 9:00 a.m. to 4:00 p.m.

Pictures and description of items available at www.icangroup.ca - Click on Ottawa

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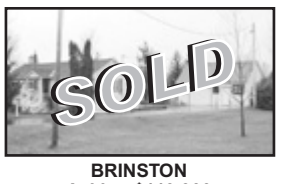

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DEATH NOTICE

June Blaine

June Blaine, formerly of Hallville and Mountain, passed away suddenly at her home on Sun., Jan. 3, 2010.

June was born on June 19, 1944 to her parents, the late Vivian and Joseph Albert Blaine. She was the loving mother of Dee (Jason Koch) and the beloved Grandma of Quinnlan. She was the dear sister of Dawn, Gloria, and Keith, and was predeceased by Joe. She was the aunt of many nieces and nephews.

A chapel service will be held at the Byers Funeral Home on Church St. in South Mountain (613-989-3836) on Thurs., Jan. 7 at 1 pm. Interment will be held at South Gower Cemetery in the spring.

Special thanks to the Ottawa police, fire and paramedics.

By family request, donations may be made to the Canadian Cancer Society.

DANIELS FUNERAL CHAPELS INC.

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The
Metcalfe Agricultural Society
will hold its
ANNUAL MEETING
on
Saturday, January 23, 2010
1:30 pm
at the Metcalfe & District Lions Den,
Metcalfe Fairgrounds.
All members are invited to attend.



Church Directory

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Rev. Jon Martin
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Dixons Corners
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Rev. Clarence Witten
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Sunday
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43c

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43c

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Office: 613-774-2512
Hours: Mon., Wed., Fri. 9 am-12 noon
www.winchesterunitedchurch.org
Rev. Christine Lowson
613-269-9368
Sunday
WINCHESTER SPRINGS
9:30 am - Worship Service
WINCHESTER
Sunday
11:00 am - Worship Service, Sunday School and Nursery.
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Williamsburg, Ont.
Church 613-535-2227
Office 613-535-1882
www.williamsburgcrc.org
Pastor: Rev. John Noordhof
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9:30 am - Worship Service
7:00 pm - Evening Service
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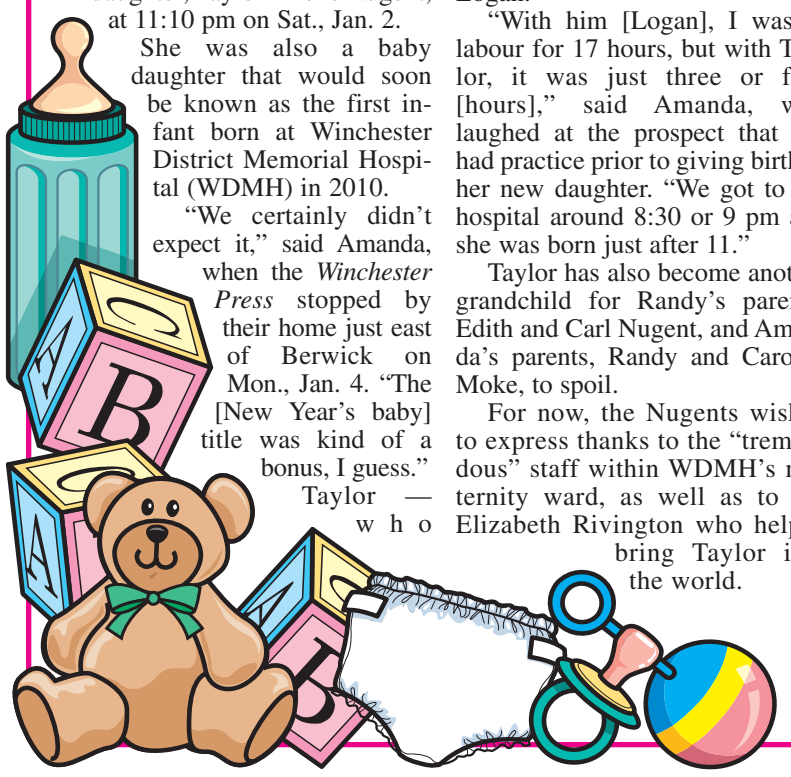
A 'star' is born to Berwick couple

by Matthew Uhrig
Press staff

BERWICK — All babies brought into this world are special, but a certain something extra is added when the calendar marks the first days of a new year.

This was the case for Amanda and Randy Nugent of Berwick when they welcomed their baby daughter, Taylor Arlene Nugent, at 11:10 pm on Sat., Jan. 2.



She was also a baby daughter that would soon be known as the first infant born at Winchester District Memorial Hospital (WDMH) in 2010.

"We certainly didn't expect it," said Amanda, when the *Winchester Press* stopped by their home just east of Berwick on Mon., Jan. 4. "The [New Year's baby] title was kind of a bonus, I guess."

Taylor — who weighed in at seven pounds, 10 ounces — was originally expected to be due on Thurs., Dec. 31, 2009, but it would appear she wanted her birth to be special, said Amanda.

"I guess she wanted to come in as the star of the show," she said with a laugh.

For Amanda, going into labour with Taylor was a "breeze," compared to the day she gave birth to Logan.

"With him [Logan], I was in labour for 17 hours, but with Taylor, it was just three or four [hours]," said Amanda, who laughed at the prospect that she had practice prior to giving birth to her new daughter. "We got to the hospital around 8:30 or 9 pm and she was born just after 11."

Taylor has also become another grandchild for Randy's parents, Edith and Carl Nugent, and Amanda's parents, Randy and Carolyn Moke, to spoil.

For now, the Nugents wished to express thanks to the "tremendous" staff within WDMH's maternity ward, as well as to Dr. Elizabeth Rivington who helped bring Taylor into the world.



Proud poppa

Randy Nugent was holding his new baby daughter, Taylor Arlene, when the Winchester Press *dropped by on Mon., Jan. 4. Taylor was born at the Winchester District Memorial Hospital on Sat., Jan. 2 at 11:10 pm, giving her the distinction of being the first New Year's baby of 2010 in the area.*

Press Photo — Uhrig

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