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Schools offer massive tsunami relief support

CORNWALL — The Cornwall branch of the Red Cross has a running total of $150,000 already collected from residents in SD&G. Donations have been non-stop since the disaster in southeast Asia on Dec. 26. At the beginning of this week the Red Cross had five extra volunteers in the office helping to cope with the unprecedented level of activity.

"It's been so busy, but it's a feel-good kind of busy," said branch manager Susan Carter. Staff was working full-tilt on Monday as groups that raised money handed in their donations to meet the deadline for federal matching dollars.

A great deal of the money donated to date has come from area schools. Teachers and students in the Upper Canada District School Board have been extemely busy with fundraising events in support of Asian disaster relief.

Winchester Public School donated $1,027 to the Red Cross on Tues., Jan. 11, the deadline for government matching. The school will continue to fundraise throughout the next week.

Students at Nationview Public School put on what they called the Silver Lining Drive and raised over $400 on the first day they collected.

"It's important to help those in need," said student organizer Katie Leclair. "We've got enough, we should share."

Leclair organized the drive with fellow student council member Brandon Mooney. Both students are in Grade 8. "They're a lot worse off than we are," said Mooney.

The drive encouraged students to bring in handfuls of loose change, proving that even small amounts of money can make a difference. There have also been substantial donations of up to $60 made by families. The school's final total of $1,524 will be matched by the federal government.

Toonies for Tsunami at Metcalfe Public School raised $950. Elma Public School will be giving $1,030 to UNICEF.

A Red Cross representative made a stop at Maple Ridge Elementary School on Mon., Jan. 10 to accept a cheque for $1,190.

At Dixon's Corners Public School, a more laid-back approach to the fundraiser did the trick. "We want to do as much as we can," said vice-principal Penny Levesque. There's no fancy name for the drive, and no outrageous activities, just encouragement for students to bring in whatever money they can spare.

The school raised about $350, which will be donated to the Red Cross office in Brockville, and matched by the federal government.

Schools in the Catholic District School Board of Eastern Ontario have also been fundraising, with their efforts being given to the Canadian Catholic Organization for Development and Peace. As of press time, the school board did not yet have a total calculated.



Rainbow

Winchester Public School principal Dave Corney volunteered to color his hair if students could raise $500 to assist tsunami survivors in Asia. His students promptly raised over $1,000. From left: KerryAnne Muir, Nicholas Howarth, Sherri Gennis, Dave Corney, Marie Shelp, Cameron Muir, Tate Smith, Taviah Smith and Nathan Muir.

Press Photo — Zabel

Council to replace Nesbitt Road bridge

WINCHESTER — The Nesbitt Road bridge south of Winchester will be replaced, assuming North Dundas is successful in its application for a COMRIF grant. The Canada-Ontario Municipal Rural Infrastructure Fund will provide two-thirds of the cost of projects to improve public safety. North Dundas council decided at a Jan. 4 meeting that the bridge replacement was a priority.

The total cost of replacing the bridge is $410,000. The federal and provincial governments would provide thirds and the township would pay the remaining $137,000.

The case for replacing the bridge was made by Phil Whelan of McIntosh Perry Consulting. Crossing Whitteker Creek east of County Road 31, the bridge currently has a 15-tonne load limit. A township road review two years ago identified the structure as one that would need to be replaced or abandoned within five years.

"When we analyzed the bridge we found the best option is to replace it," said Whelan. The proposed replacement is a pre-cast concrete bridge. It will have a lifespan of 50 to 75 years.

A half-dozen residents living near the bridge attended the special meeting. Their main concern was increased traffic along Nesbitt Road. One resident said that trucks currently use the Winchester Springs Road as an east-west corridor. More trucks will likely use Nesbitt Road if the bridge no longer has a low load limit.

• see NESBITT on next page

Full-steam ahead for WDMH expansion

WINCHESTER — The Winchester District Memorial Hospital capital redevelopment planning and design process is moving full-steam ahead. Fundraising through the Renewing the Vision Campaign has nearly reached its goal of $15 million.

Preliminary feedback from the hospital's December meeting with the Ministry of Health and Long-Term Care capital branch was very encouraging. Everything's falling into place for construction of the WDMH expansion to begin in spring 2006.

Less than $250,000 to go

"In fact, the province's architect went as far as saying that our master plan was one of the best he had seen," said planning and support vice-president Phil Marleau. The Ministry of Health's response to the Stage 2 Functional Program/Master Plan submission is anticipated around Jan. 23.

The Ministry of Health defines a series of stages hospitals must work through before expansion work can be done. Stage 1 was completed four years ago determining what is necessary to bring WDMH up to modern hospital operating standards.

Since meeting the Stage 2 Capital Project submission deadline last October, the hospital's design team has been hard at work. Representatives from 25 hospital departments and services have been meeting with architects to help develop block schematic drawings.

"Before, we were looking at sketches for layout. It was conceptual," explained hospital spokesperson Lynne Wilson. "Now we know what things are going to take place in these areas."

The block schematic drawings begin to identify the actual shape, size and flow of the internal space that the expanded facility will take. Various hospital departments have approved block schematic drawings that will now be costed and presented to the Ministry of Health as part of the hospital's Stage 3 Block Schematic-Design Brief capital project submission on Feb. 7. Meetings with the hospital's architect are ongoing.

"With block schematics, hospital staff were finally able to see where things are actually going to be located, like patient and treatment room walls, doors and some equipment in the proposed new or renovated space," said Marleau. The hospital's planning team has also been busy with design improvements that will result in better "value for money" and a greater understanding of "life-cycle costing" of the proposed building systems.

"After years of talking about and raising the funds for this project, it is exciting to see this project taking on a very real form," Marleau concluded. Once Stage 3 requirements are met, the expansion plan will be further refined, integrating changes into the hospital's physical infrastructure. Wiring systems in hospitals, for example, are highly complex.

The Renewing the Vision fundraising campaign has less than $250,000 to go on the way to $15 million. A gala in the spring is planned to celebrate this success.

The cost of the hospital expansion has been estimated at $30 million, with half the cost being supplied by the Ministry of Health. It's now expected that the final cost will exceed the estimate. Wilson said the WDMH Foundation will continue to look at ways to assist in raising required funds.

Donations pour in for Bob Meldrum

WINCHESTER — At the same time as North Dundas residents are showing great generosity toward disaster victims in southeast Asia, locals in need aren't being forgotten. Money is being collected in Winchester to assist Robert Meldrum who lost his home to fire on Jan. 3.

Canisters to collect donations started appearing around the village a week ago, in some cases located right beside tsunami relief tins distributed by the Red Cross. More than $1,500 has been raised so far in less than a week.

"I was hoping we could make $1,000," said Shirley Fawcett, who had the idea to collect money. She was surprised at the immediate, generous response the request for donations received.

Robert's son Len Meldrum, 52, died in the fire that destroyed their home on Liscumb Road, north of Winchester. The cause of the fire is still unknown.

A lifelong resident of the Winchester area, Meldrum is extremely well-known and well-liked in the community. "If you know him, he's probably done you a favor," said Fawcett.

Donation canisters are located in Winchester at the Country Kitchen, Andy's Foodland, Shadbolt's Stedmans Department Store, Mary's Restaurant, Sutton's Restaurant, and the Royal Bank. Fawcett said she plans to leave the canisters out until the end of the week. For more information call 774-6422.

A concert to raise additional money for Meldrum is planned for the spring. Family friend Jim Wicks said he plans to bring his group Jim Wicks and Westburg Union out of retirement for a fundraiser, possibly at the Winchester Arena.



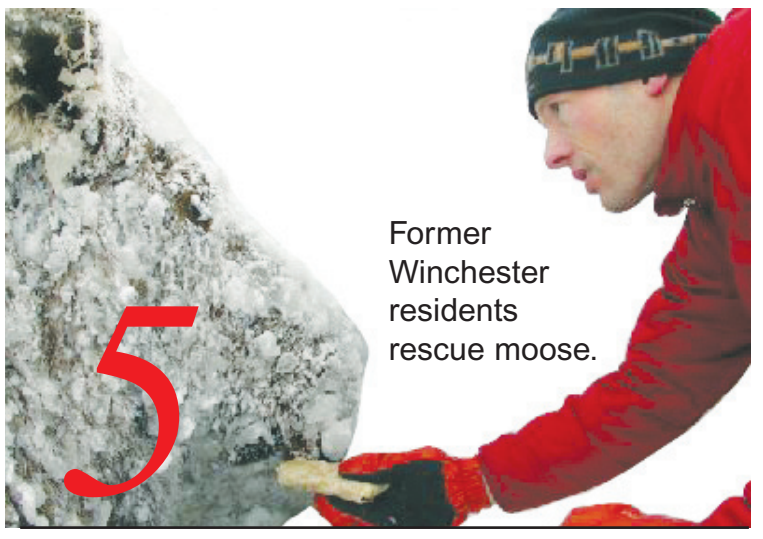
Close to home

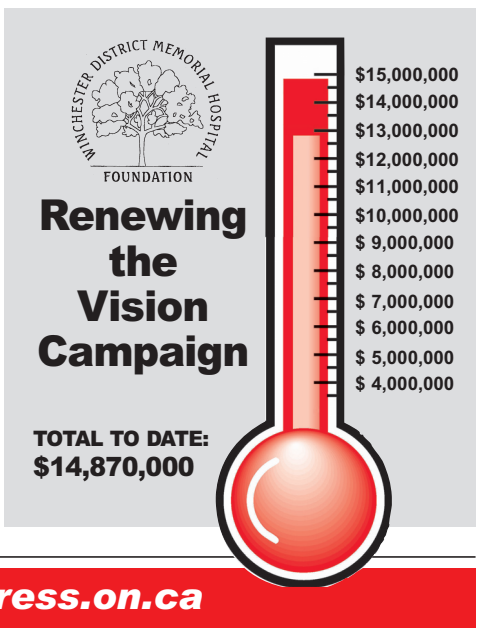
Andy's Foodland in Winchester is one of six businesses collecting money for fire victim Robert Meldrum. Sara Volks said Meldrum gave her a $2 tip every time he was in the store.

Press Photo — Duncan

This week in the *Press*


New auction house to expand business in Osnabruck. 9


5 Former Winchester residents rescue moose.



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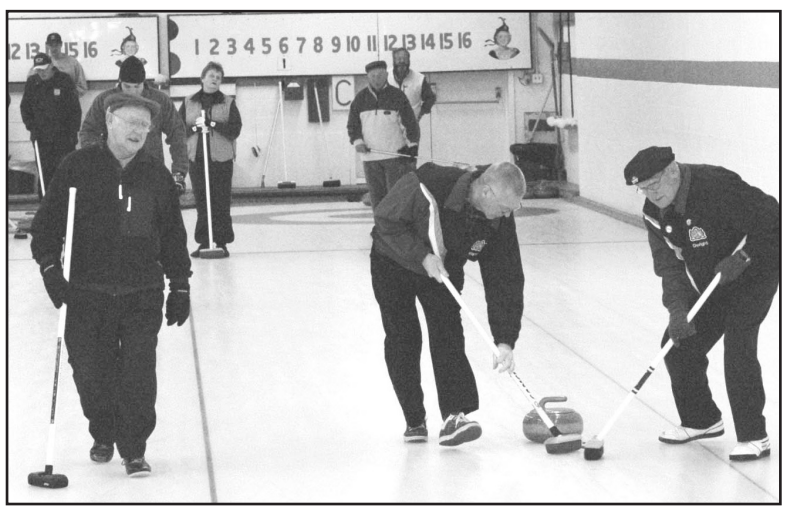



Top photo: Kathy Norg of Morrisburg releases a rock at a bonspiel on Saturday (Jan. 8) at the Morrisburg Curling Club. The event was held to raise funds for the local chapter of the Heart and Stroke Foundation. Middle: Wayne Pulfer and Dwight Gilmer did some hard sweeping to bring this rock home. Above: Ron Toonders and Nancy LeMaire sweep a rock into place. Their team was winner of the first draw and overall winner of the day.



Dorothy Culkin and Joanne Baker coaxes a rock into the house. The bonspiel raised $1,680 for the local chapter of the Heart and Stroke Foundation.

Photos — Barbour

Dundas curlers have lots of heart

by Matt Barbour

MORRISBURG — Some 40 curlers raised $1,680 at an annual bonspiel on Saturday (Jan. 8) at the Morrisburg Curling Club. The funds will be turned over to the local chapter of the Heart and Stroke Foundation. Many of the curlers were survivors of heart disease.

Winner of the first draw and overall winner of the day was a team comprised of Tony Toonders, Ron Toonders, John Toonders and Nancy LeMaire. Taking the second draw were Pete Zeran, Karl Duncan, Al Porter and Earl Jeacle.

Every player walked away with a prize of one kind or another. "We have some pretty good curlers here, but most of us showed up just to have fun," said Steve Thompson, organizer of this year's event.

Funds were raised through entry fees and sponsorships. A 50/50 draw was also held and the winner Len Bellamy returned his prize as a donation.

In addition, the Iroquois-Matilda Lions Club made a $200 contribution. The curlers were served a hot lunch, courtesy of the Heart and Stroke Foundation, Dundas County Branch.

The Ice Breaker commeth

WINCHESTER — I trust everyone has fallen back into their regular routine after the holiday season. You can look forward to some upcoming community winter carnival events. This coming weekend (Jan. 14-16) the Chesterville Ice Breaker Winter Carnival takes place.

A full weekend of activities is slated at the Chesterville arena, fire hall and community hall for people of all ages. Some of the highlights are the carnival queen contest, Icebreaker Idol and a teen glow-skate Friday evening.

Remarks

by Mark Guy, Director of Recreation & Culture



Saturday's events include a magic show. And there will be lots of hockey. The NDMHA Initiation hockey groups will play Metcalfe. Oldtimers hockey will feature the vintage Jr. "C" Flyers against the Vintage Winchester Hawks. And the Vintage Jets will play the Chesterville Old Timers.

The night finishes with the big carnival dance at the Legion featuring the band Ransom. Sunday's events include the popular baseball-on-ice tournament, kids' fear factor, and loads more. The organizing committee has worked hard to put together a great weekend of fun for everyone.

Morewood's Winter Carnival kicks off Fri., Jan. 21 with a preteen dance and the big event starts the following weekend. More details will follow next week.

This Sunday (Jan. 16), I have an hour of ice time available from 5:30 to 6:30 pm at the Chesterville Arena.

The Hawks have a home game this Friday (Jan. 14) against the high-flying South Grenville Rangers. A special visit from Spartacat will highlight the game.



T-boned

A two-vehicle collision in front of the Pioneer Winchester gas bar on County Road 31 resulted in injuries at 3:30 pm on Jan. 10. Sarah Reynolds, 21, of Chesterville has been charged with a turn not in safety. William Giles, 62, of Winchester was driving the vehicle that collided with the passenger side of Reynolds' car.

Press Photos — Zabel

Workshop will teach the keys to hearing God's voice

DIXON'S CORNERS — A workshop on inner spiritual communication is being offered at the Community Christian Reformed Church in Dixon's Corners. The workshop will aim to help people learn how to seek God in prayer and hear His voice within their hearts.

Dr. Mark Virkler of Communion With God Ministries will lead the two-day seminar on Jan. 28 and 29. Virkler is an American who was raised a conservative as a Baptist, educated Free Methodist, and was influenced and trained by Catholic, Episcopalian and charismatic teachers. His theology and ministry reflect a unique blending of these traditions.

He has a doctorate in theology and more than 30 years of pastoral experience. He has also written more than 50 books about the Bible, spiritual communion and Christian growth. In addition to the main seminar, Virkler will give a free public seminar on Prayers That Heal the Heart. This bonus session will be held Saturday evening from 7 to 9 pm.

The seminar begins Friday at 7 pm and will run three hours. Virkler will speak on the four keys to hearing God's voice: spiritual encounter, the other half of life, left-brain thinking, and right-brain thinking.

On Saturday morning he will explain what God's voice sounds like and describe the "art of becoming still." After lunch, he will explain how to receive dreams and visions from God, give the principles of Christian dream interpretation, and describe how to use journaling to write down what God is saying.

Is it possible to actually hear God's voice and communicate with Him? God, in the Bible, says people can.

The seminar is open to adults and families. The cost is $15 for individuals and $25 for couples. Saturday lunch as well as break refreshments are included in the cost. To register, call Walter or Henny Heuvel at 613-652-2540. The church is located a short distance south of Dixon's Corner's on County Road 16.

Continued from the front page...

Bridge

Residents also asked what access would be available along Nesbitt Road during construction of a new bridge. Whelan said the road would probably be closed for several weeks. Special allowances for traffic could be made if the bridge closure would seriously impede services such as school bus routes.

Roads manager Arden Carruthers confirmed to council at its Jan. 10 meeting that the COMRIF application was successfully submitted by the deadline that day. Council will have another chance to apply to COMRIF in the spring.

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Drop 20 pounds, win $20,000

EMBRUN — Do you think you can lose 20 pounds in 20 weeks? If that doesn't sound too tough, here's the hard part — you have to keep the weight off for an additional 20 weeks. This is the challenge being offered by Norm's Gym in Embrun. Anyone who's successful has a shot at winning $20,000.

"We wanted to make the prize a big enough carrot to attract people who have tried to lose weight before," said Norm Lapalme, owner of the gym. He wants to work with clients who know what it's like to drop pounds, only to see them return. He's guessing that a chance at $20,000 will be enough to re-inspire those who have been frustrated in the past by diets and exercise.

Lapalme explained that he's ready to make a big commitment to his clients with this contest, well beyond the prize money. "What we don't want is people in the contest to lose weight fast," he said. The focus is going to be on developing a healthy lifestyle in a maintainable way, and changing unhealthy habits one at a time.

Paid members of the gym can enter the contest for $20 anytime before March 30. Then for the first three months, the gym will provide free personal training. "For the first month, clients will never be alone in the gym while they are weight training," said Lapalme. For the first month clients receive three free training session per week.

Norm's Gym is trying to create a full-service facility. Clients will also have the advantage of a new software program called In Touch. Arriving at the gym, clients will log onto the system and be able to keep detailed records of their workouts and progress. They can even send and receive messages from their personal trainer.

At the heart of Lapalme's plans for his gym is the lifestyle coaching advice of Susan Cantwell. He met her at a fitness convention in Toronto where she was the guest speaker. Impressed by her message, Lapalme trained in motivational speaking with her over the summer. Now he's looking to put his training to work. Everyone entering the contest will receive a copy of Cantwell's book *No More Excuses!*

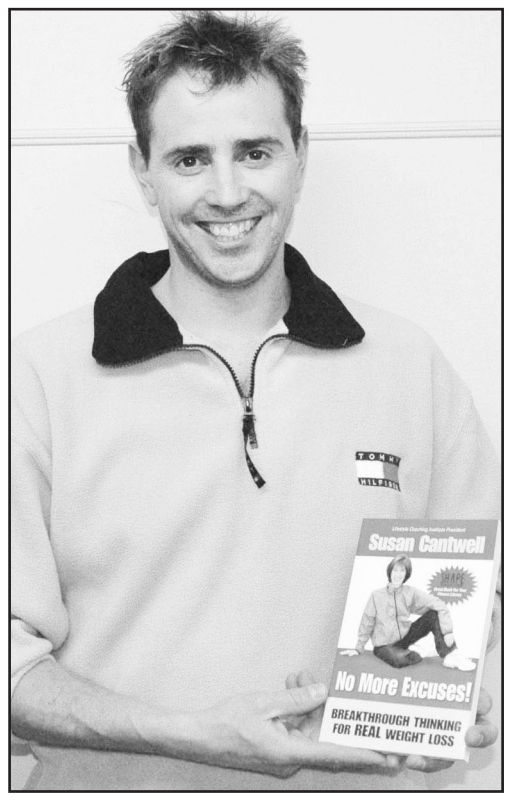
To be eligible for the contest, entrants must be members of Norm's Gym for the full 40-week period of their weight-loss challenge. Membership costs $59.95 per month. Lapalme stressed, however, that he's not requiring clients to sign a lengthy contract. New clients pay first and last month's fees, and they can quit whenever they want. There's no risk if someone decides to drop out of the 20 pounds in 20 weeks challenge.

For people who aren't that heavy to begin with, a 20 per cent drop in weight is acceptable. Contestants must be at least 18 years of age. A two-week freeze can be incorporated into contest participation to account for illness or other valid reasons. Doctor's consent is necessary to enter.

The $20,000 winner will be named next year in February. The winner will be drawn from among those who successfully complete the challenge. Lapalme is planning a Lifestyle Academy Awards Gala at the Chateau Laurier in Ottawa to celebrate the conclusion of the contest. Cantwell will be the guest speaker at the gala.

The $20 contest entry fee will be collected for the Children's Hospital of Eastern Ontario. Norm's Gym has set a goal of raising an additional $20,000 for CHEO over the course of the year. Fundraising events for CHEO, geared around healthy-living activities, will be organized regularly.

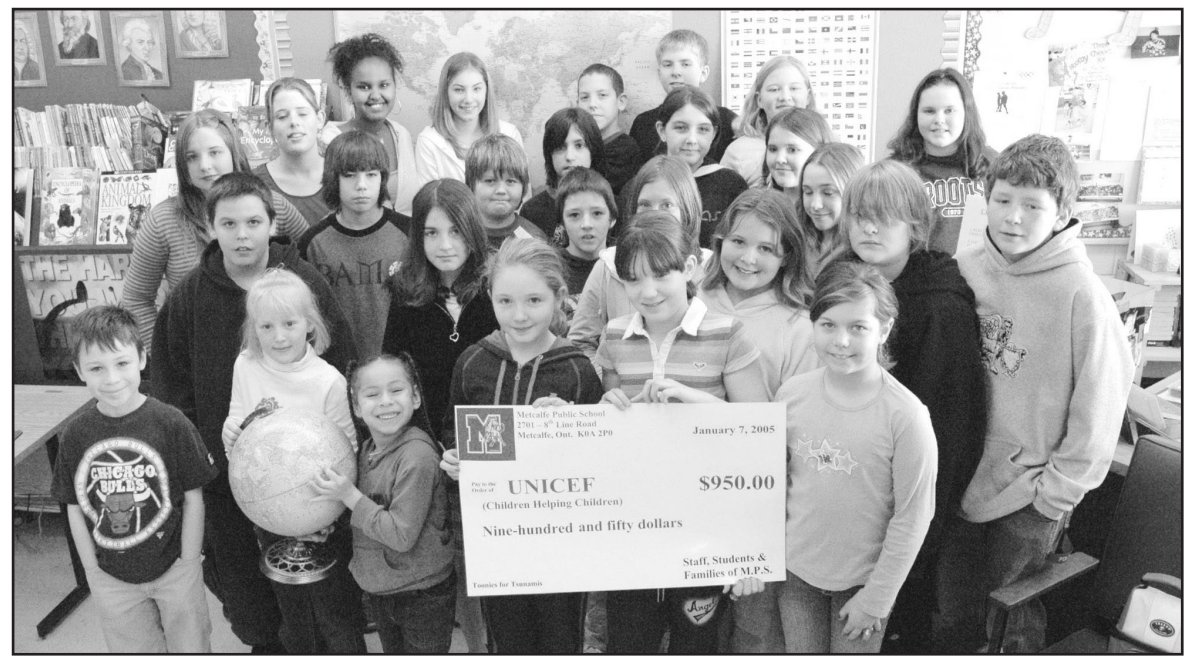
For more information, call 613-613-443-3030 or go to www.normsgym.ca.



20-20-20

Lose 20 pounds in 20 weeks, keep it off for another 20 weeks, and you could win $20,000. Norm Lapalme, owner of Norm's Gym in Embrun, has designed a contest to challenge his clients.

Press Photo — Zabel



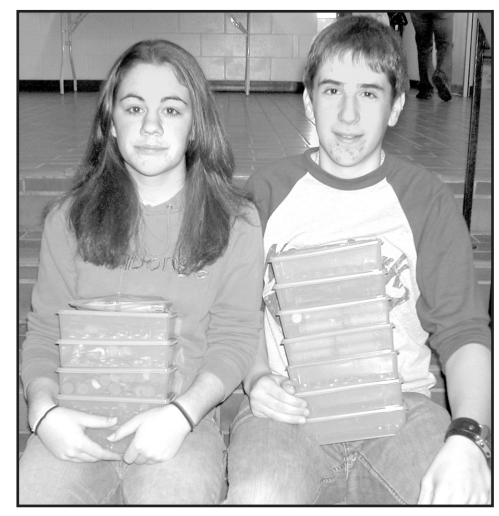
Unprecedented

When the student council at Metcalfe Public School returned to classes last week, members were unanimous in wanting to do something to aid tsunami victims in souteastern Asia. With the campaign Toonies for Tsunami, the school raised close to $1,000 in only five days. Shown is student council and a representative student from each class at the school. The money will be donated to UNICEF. *Press Photo — Zabel*



Good things in small packages

Money raised in efforts at Dixon's Corners Public School will be given to the Brockville Red Cross. Some students who donated are Grade 4 student Nicole Devries (left), Grade 6 student Sarena Van Dodewaard, Grade 2 student Matthew Henry, and Grade 6 student Jay-Lynne Thompson. *Press Photo — Duncan*



Silver lining

Grade 8 students Katie Leclair (left) and Brandon Mooney, both student council members at Nationview Public School, helped organize the school's Silver Lining Drive in support of tsunami victims. The drive raised over $400 in the first day, with a grand total of $1,524.

Press Photo — Duncan



NDDHS Notes

by Ashley MacNaughton

NDDHS pitches in

MAPLE RIDGE — As you all know, last week was the first week back from the holidays. While North Dundas students were generally a bit anguished over giving up late mornings and late nights, we came back to school with the awareness of one of the most tragic natural disasters of all time.

For our generation, it is inarguably the most devastating loss of life and saddest post-Christmas memory ever recorded. While people and nations are coming together, North Dundas is no exception in supporting the countless victims in countries such as Indonesia, Sri Lanka and Thailand.

The Global Education Team has been canvassing for spare change during second period since last Thursday. At press time, the total amount of money raised was unknown — but thank you to everyone who helped out. Every small or large donation counted. Somewhere, someone will treasure your philanthropy endlessly.

The tsunami relief effort can be seen absolutely everywhere around North Dundas — in restaurants, grocery stores, and convenience stores. If you wish to donate, you can do so almost anywhere.

In a time of such need and loss, it is heartening to see everyone come together to support such a worthy cause. We wish southeast Asia all the best in recovery, and our thoughts and prayers are with them in this difficult time.

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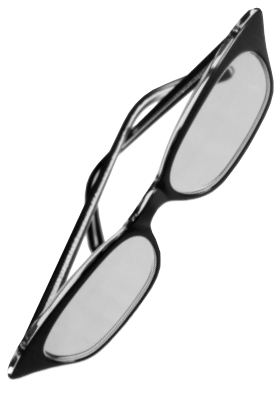

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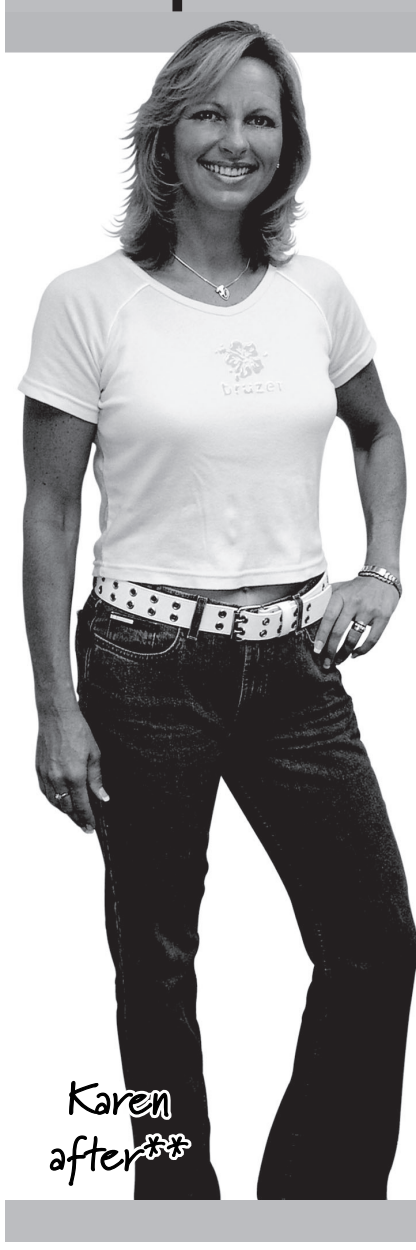



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Variety of drugs

NORTH DUNDAS — A routine traffic stop in North Dundas Township shortly before 12 midnight on Jan. 7 resulted in a seizure of hashish, marijuana and magic mushrooms. Charges were laid against four Dundas youths. Facing two counts of possession of a substance are a 19-year-old South Dundas male, and a 16-year-old girl from the former Winchester Township area.

A 17-year-old Chesterville male is facing charges of possession of a substance, and failing to comply with a sentence or disposition. A 17-year-old Brinston male is charged with possession of a substance, possession for the purposes of trafficking, and failing to comply with a sentence.

In these cases, when a routine vehicle stop leads to drug charges, officers are typically unaware narcotics could be involved until they talk to the people involved. Senior constable Al Lummiss explained that something like the smell of marijuana is often the giveaway. "It's obvious to the officer when they make the stop that drugs are either present or have been used in the vehicle," he said. With evidence of drug use, an officer can conduct a search.

Court for all involved persons will be held in Morrisburg on March 1.

Pot seizure

CHESTERVILLE — A traffic stop in the Village of Chesterville on the morning of Jan. 8 resulted in a seizure of marijuana and a charge of possession of a substance against a 22-year-old Morewood man. He was pulled over because he wasn't wearing a seat belt. Court is set for March 1 in Morrisburg.

Begging for trouble

WINCHESTER — A 17-year-old North Dundas female was arrested on Jan. 8 in connection with an incident of vandalism that occurred while the youth was at the OPP detachment in Winchester. She was at the detachment in connection with another investigation. Damage consisted of obscenities being scratched into a ledge at the front desk of the OPP office. Court will be held in Morrisburg on March 1.

Truck stolen

MOUNTAIN — Police began an investigation on Jan. 5 into the theft of a motor vehicle from a residence in North Dundas Township. Overnight, a 1986 GMC C15 pickup truck, black in color, was taken from a private residence on Clark Road. This vehicle has not yet been located. Constable J. Dorsey is investigating.

License suspensions

WINCHESTER — License suspensions for driving under the influence of alcohol are immediate. It doesn't even matter if the driver is eventually cleared of all charges. The 90-day suspension is in force from the time of the offence, not from the time court proceedings are completed.

"Because we're in an area that's geared to commuting, this could be a serious inconvenience to someone," said senior constable Al Lummiss. "If your court date is three months down the road, you're definitely going to be off the road that long."

Drivers who are charged with the offense of having a blood alcohol level over the legal limit (.08 mg), or refuse to provide a breath sample, will have their driver's license suspended immediately. This suspension is independent of any subsequent suspension that may arise as a result of a conviction in connection with an alcohol-related drinking and driving offence.

This law will affect drivers of snowmobiles as well as drivers of motor vehicles. Suspended drivers will face additional punishments under the Highway Traffic Act if found driving during the 90-day period.

Twelve-hour license suspensions, on the other hand, carry no charges or penalties beyond the temporary inconvenience. These suspensions are issued when a road-side screening device finds a driver has over .05 mg of blood alcohol, but less than .08 mg. Lummiss explained that the suspension is simply to remove a high-risk driver from the road.

Since November of 1996, offenses involving drinking and driving have been subject to the Administrative Driver's License Suspension legislation.

Geggies Hardware sold, under new management



After 44 years, Robert Geggie Jr. (left) hands over the Home Hardware to Ken Boje in the official takeover, Mon. Jan. 10. Geggie will continue to operate the appliances and mattresses store, which will soon be completely separate from the hardware store. *Press Photo—Duncan*

WINCHESTER — Robert Geggie Sr. started his hardware business on the main street of Winchester in 1961. His son, Robert Jr., became involved in the family business in 1975. Now, 44 years later, the Home Hardware store located on Highway 31 south of the village is changing hands.

"It was time for a change," said Geggie, who will still be operating Geggies Appliances and Mattresses, which will now be completely separate from Home Hardware. "Time to take things at a slower pace."

Talks began in late August. Out of three prospective buyers, Ken Boje rose to the top.

Boje recently bought a house in Chesterville with his family, and has 22 years of experience with Canadian Tire. "It's been a very smooth changeover so far," said Boje.

The floor plan of the store may change slightly, to make room for new lines, but no drastic alterations will be made. The Radio Shack and giftware divisions will remain a part of the Home Hardware store.

"That's the key," said Geggie. "The change shouldn't be all too noticeable."

The pair has been working together to make sure the switch goes smoothly. "I think philosophically we're on the same level," said Boje. "We have a lot of the same ideas about customer service and how the store should be run."

But there are still a few apprehensions.

"I have some big shoes to fill," Boje said, but Geggie reassured him.

The new owner is excited to be part of Winchester.

"I'm really looking forward to the community involvement side of things," he said.

Hortons countdown begins: Construction to start April 4

WINCHESTER — Those addicted to Tim Hortons coffee and desserts now have a date to circle on their calendars. Construction of the restaurant in Winchester is scheduled to begin on April 4 with a tentative completion date of June 27. These dates were provided by the Oakville headquarters of TDL Group, the company that owns the Tim Hortons franchise.

The restaurant will be located on the northeast corner of the intersection of Main Street and County Road 31, west of the village. The 2,800-square-foot Tim Hortons will have a 55-seat dining area and a drive-through. Early in December, a new site plan for the restaurant was submitted to North Dundas Township. Following approval of this document, it's only a matter of waiting for the spring thaw before construction can start.

"The last issue was that the building will be very close to a water main," explained township planner Calvin Pol. Engineers had to determine the exact location of the main before the site plan could be approved. This was a critical detail, Pol said, because if the water main broke directly under the restaurant, part of the structure could be washed away.

North Dundas council approved a rezoning for the Tim Hortons at a public meeting in July. At the time, TDL Group was hoping construction could be completed in 2004. The first difficulty was acquiring all of the land where the restaurant will be built. Half the property was owned by the United Counties of SD&G.

Once the property was purchased, extensive engineering studies were required. Water, natural gas, and Bell fibre-optic lines all run under the property, and all of these lines had to be located. If problems arose, the Tim Hortons would have had to be located further east. This would have positioned it further from the traffic corner, and closer to Mike Dean's Super Food Store.

The franchisee for the Winchester outlet has been selected. Robert and Denise St. Denis, operators of the Morrisburg Tim Hortons, will also operate the outlet in Winchester.

Robert St. Denis said they will have minimal involvement with the Winchester location until the restaurant opens. He said staff training for the new location will go on throughout the spring. New employees will be trained at the Tim Hortons in Morrisburg.



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Nutty seminar topic

WINCHESTER SPRINGS — The eastern chapter of the Society of Ontario Nut Growers will host a free information afternoon on Saturday (Jan. 15) from 1 to 4 pm. The event is being organized in partnership with the Ottawa Stewardship Council and Cobjon Nutculture Services.

The information afternoon will be held at the Ottawa Citizen Conference Centre on Baxter Road. Parking is free. The facility is wheelchair accessible.

Nut Growing for Fun and Profit will be the main topic of the day. Participants will learn about butternuts, ginkgoes, hazels, pine nuts, black walnuts and more. The day will also cover how to make oak leaf wine.

There will be a free program for kids. Special nutty goodies will be available at the coffee shop. A selection of nut-culture books will be for sale. Pre-registration is advised by calling 241-4224.



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Morris the Moose, Ice Dancer lives to see another year

by Hazel Booth

Hazel Booth, who is previously of the Winchester area, has been working as a nurse practitioner in Yukon Territory for the last five years. She planned to make this year a true Yukon Christmas, but had no idea of the adventure that awaited her...

HAINES JUNCTION, YUKON — Christmas was going to be different this year. For the first time ever, I was not working on Christmas day, nor was I going back to Ottawa to be with my family. This was also to be my first Christmas with my boyfriend Matt. My brother Grant, intrigued by my stories of Yukon, recently moved here to check it out for himself. I was looking forward to experiencing a true Yukon Christmas.

We had made arrangements to stay at a cabin in the Haines Pass, a gorgeous area on the edge of Kluane National Park, for a few nights.

After a little too much eggnog, we were a bit late getting out of bed on Christmas Day. The four of us crammed into Matt's friend Sean MacKinnon's little truck. Gear was jammed in every little nook and a snowboard and skies were strapped on top.

We left Whitehorse just before dark. We had planned to get gas in Haines Junction, but being Christmas Day, every gas station in town was closed. It would be stupid to chance running out of gas on the Haines Road in minus 30 degree weather, so we decided to go as far as Kathleen Lake, where there is an unlocked day-use cabin with a wood stove.

With the wood stove roaring, we made Christmas dinner. No turkey, but rather a fondue of caribou, sheep, and buffalo meat. Of course there was a chocolate fondue for dessert, and our favorite winter camping beverage: Fireball Whiskey.





Boxing Day encounter

Matt Schenk (above left) and Hazel Booth give Morris a big hug in the snow shelter they built to protect the shivering moose from the bitter wind. The group found the animal after it had fallen through the ice on Kathleen Lake, and struggled to pull her out.

Matt Schenk (right) tries to feed Morris, still snow-covered, a bagel, but the moose would not eat. The following day, the group found the moose in a nearby bush, munching on some willows.

Over-stuffed, we went for a walk in the cold night. The lake seemed to have indigestion. It gurgled and groaned, sounding exactly like a stomach.

Boxing Day, Matt and Sean were interested in trying to find an ice climbing site, so we decided to spend the day at Kathleen Lake. I was anxious to try homemade snowshoes and mukluks that local community members made for me. Grant had some modern snowshoes. Matt and Sean decided to ski and pull the ice climbing gear in toboggans. Off we went across the frozen lake.

"Hey, Hazel, are moose supposed to be in the water this time of year?" Grant called out to me. I wasn't sure what the answer was. He pointed to what he thought was a moose — it looked like a rock to me. But then, the rock moved. We realized the moose had fallen through the lake. An avalanche had weakened the ice.

We approached cautiously, not knowing how the moose would react. We soon realized we were in no danger at all. The moose was stuck in the ice and was shivering uncontrollably. We decided we needed to try something to help this moose.

We tried yelling, to scare her out. That didn't work. We chipped away at some of the ice around her with ski poles. That didn't work, either.

I ran back to the sled and grabbed my curried tuna wrap. She wouldn't eat it. Perhaps she wasn't big on curried tuna? She wouldn't eat a bagel or trail mix either.

Next, we grabbed the rope that Matt and Sean had brought for ice climbing and tied it loosely around her neck. We pulled, but she lost her leverage and sunk deeper into the water. She was going under. We kept constant tension on the rope to keep her head afloat. Next was the idea to set up a crevasse pulley system that would give us a four-to-one mechanical advantage. The closest ice that would hold the screws was about 50 metres away. Sean hurried to set up the pulley system, while Matt and I kept constant tension on the rope around the moose's head to keep her from sinking under the ice. We managed to get the rope under her shoulders.

Next, Grant put her in a headlock. He was cheek to cheek and eye to eye with whom we now called Morris the moose. Morris pushed against Grant and they both used the side of the mountain as leverage while Matt, Sean, and I pulled on the rope.



Grant Booth (left), Sean MacKinnon and Matt Schenk pose for the camera after freeing the moose from the ice. The random encounter made for an unforgettable Boxing Day.

Slowly we pulled her up out of the water and about a metre from where she fell in the ice. We had done it.

Now what?

We put a tarp over her and built a shelter out of snow to keep her from the wind. We gathered firewood to warm her. We pried open her mouth and dumped warm water down her throat. We massaged the muscles in her hind legs. We pulled ice off her fur. We worked for hours trying to warm Morris the moose.

Careful as we were, Matt fell through the ice in Morris' hole, up to his waist. He quickly used his arms to pull himself out. I was next to fall — my right foot went through the ice up to my knee. Sean was next to have his foot slip through the ice. We teased Grant that he would be next, after all, four out of five (including Morris) of us had already gone through the ice.

About 6 or 7 pm, Morris was starting to perk up. She paid more attention to her surroundings, and even started to drool. She tried to stand up, but fell again, close to the fire.

Cold and hungry ourselves, we didn't know what else we could do for Morris. We headed back to camp and decided to stay where we were another night. We would check on Morris in the morning.

The next day, we headed out to find Morris. We reached the shelter and peered over the wall — Morris was gone! One wall of the shelter was broken. The remnants of the fire and two untouched bagels were left behind.

Grant, eyes of Legolas, found her a couple hundred metres away in the first bush she could find shelter in. She had been eating willows and was looking stronger. It still did not bother her that we approached. We left her be and headed off to the ice climb site, which we never did find.

On our way back in the late afternoon, we stopped to check on Morris again. This time she was standing, and more cautious. She would not let Sean, Matt or I get closer than a few metres away. Grant, who had been cheek to cheek and eye to eye with her, however, put his hand out. Morris slowly brought her nose down and briefly touched Grant's hand, as if to say, "Hey, man, thanks."

We headed back to the truck.

The lake was quiet that night, no gurgles; its indigestion seemed to have cleared.

With only one night left of our holidays, we wanted to find the cabin we originally set out for. The road was closed. It was a whiteout. We couldn't find the cabin, and ended up staying at this tiny old green hut at the side of the road. When we awoke in the morning, there was two feet of snow that had come through the crack of the door. We headed back to Whitehorse among huge snowdrifts and blowing wind.

What a great Christmas adventure. I don't think it could get anymore Yukon-y than that. Bring on 2005. I'm ready for it.

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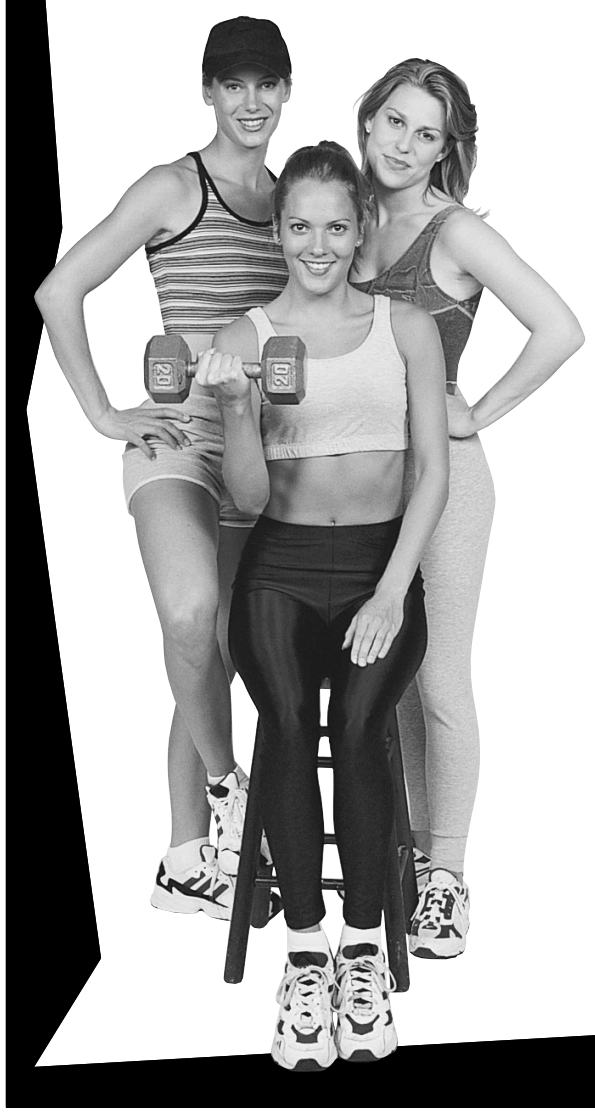

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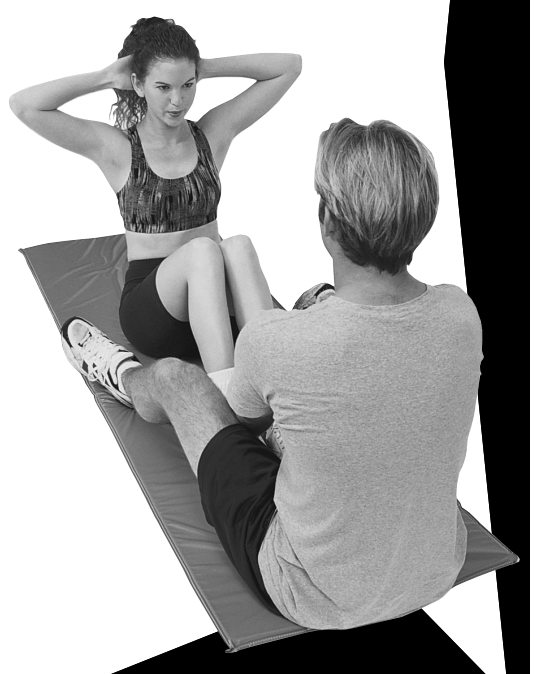

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EDITORIAL

Youth find bond with tsunami survivors

The student council at Maple Ridge Senior Elementary successfully initiated a monster aid campaign for southeastern Asia. The kids netted $1,190 by fundraising during the morning announcements over the course of a week. International current events have never generated this kind of response before.

Class president Taylor Johnston, and vice-president Mackenzie McMillan handed over a cheque for the total to the Canadian Red Cross Monday afternoon. Their swift efforts met the deadline for federal doubling of the donation. For their efforts they received Red Cross pins, which they wore with pride.

In addition to their sharp-looking buttons, Johnston and McMillan had the chance to meet Bill Shearing, a volunteer with the SD&G branch of the Red Cross. They explained they'd seen television coverage following the earthquake and tsunami disaster on Dec. 26 in southeastern Asia. When they returned to school, they started talking about it in geography and other classes. Shearing offered some examples of how the money will be spent.

He said the big push is to ensure that survivors in the 11 affected countries have reliable water sources. Plastic sheets are needed for shelters. Eventually the Red Cross effort will start working on family reunifications.

The Red Cross office scored a big success by sending out a volunteer to accept the money in person. The office in Cornwall has apparently been swamped for the past two weeks, but a representative still had time to meet the local fundraisers. The Red Cross office has reportedly been so busy it has had to double its staff with volunteers and extend its hours.

Maple Ridge is a great example of what has happened at dozens of grade schools all over eastern Ontario. Many schools have spontaneously generated $1,000 and more in the course of a week to give to international charities responding to the tsunami disaster. The staff at the schools involved have consistently said the response is absolutely unprecedented.

From an adult's point of view, it's almost strange that we're still talking about a Third World natural disaster three weeks after it happened. The mainstream media has already started to move on, but this is a remarkable community effort for North Dundas and the surrounding area. Indications are that it's the young people who have been most disturbed by the tragedy.

It's been the grade schools that have been putting forward these remarkable efforts. Something about the tsunami coverage over the holidays clearly registered with a majority of local pre-teens. A large portion of those drowned by the tsunami were children. That could explain part of the connection. Thousands of kids were suddenly washed out to sea. Indonesians report this week that when they look at the beach it's black with death. It's a grim situation, no matter the millions in aid money offered.

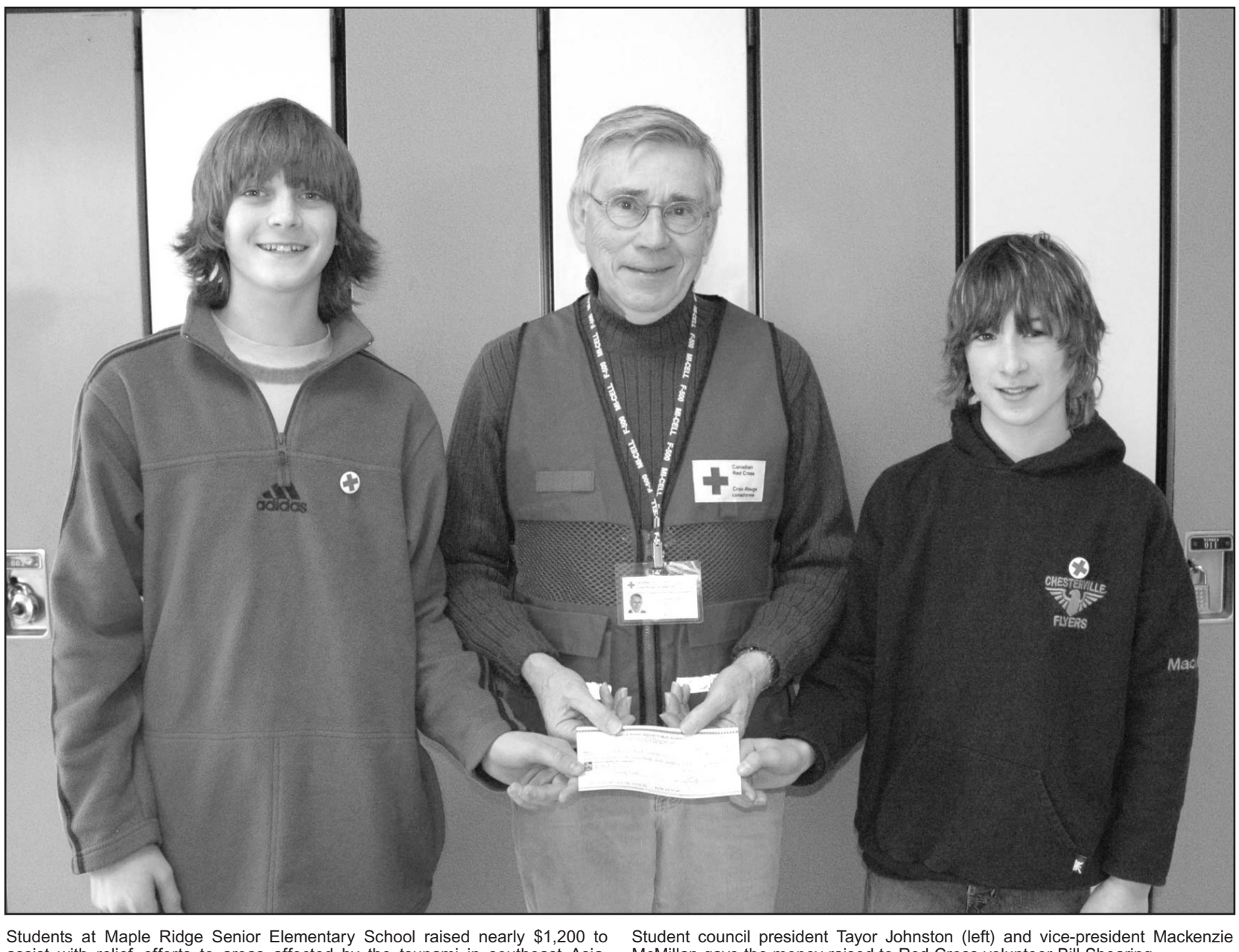
Winchester Public School provides another example of tsunami fever. When students wanted to collect toonies, principal Dave Corny made a bet that if the school raised $500 he'd die his hair. He really didn't expect that much would be raised. Never in his wildest dreams did he guess that over $1,000 would be collected in short order. Not only did students bring change, they brought paper money in large denominations and cheques. At an assembly last Friday, the students went through the roof when their principal entered the gym sporting multi-colors.

All of the schools that held fundraising campaigns have commented that they didn't have much time to organize. Efforts aren't going to stop, however, now that the deadline for the federal matching grant has passed. The *Press* phoned all of the schools in the township last week to ask whether they were raising money. Those that didn't hold a tsunami relief fundraising campaign last week said they were planning one for this week.

The Red Cross is receiving the largest share of support in Stormont, Dundas and Glengarry because it's the only international charity with a local branch office. The staff at the office is aware that many groups planning fundraisers are pressed for time but are still hoping to double up their donation with federal matching.

The best bet is to contact the Red Cross office in Cornwall as soon as possible: 613-932-0231.

C.Z.



Students at Maple Ridge Senior Elementary School raised nearly $1,200 to assist with relief efforts to areas affected by the tsunami in southeast Asia. Student council president Tayor Johnston (left) and vice-president Mackenzie McMillan gave the money raised to Red Cross volunteer Bill Shearing.

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2003 BLUE RIBBON

Teacher or bully?



In about a month, my family will have finally moved back to Ontario with me. For my two sons, I am afraid. As they enter the elementary school system in this province, they will be subjected to bullying. In fact, the bullying problem in Ontario elementary schools is worse than even I imagined it ever could be.

No, I'm not talking about tough kids picking on other kids. I'm talking about the Ontario teachers unions using my kids and your kids as hostages as they bully the province and the public in their efforts to get more.

Elementary school teachers in Ontario will be holding their strike vote on Monday. The vote for high school teachers is expected to be announced later this month. The end result will likely be that yet another work-to-rule situation will kick into effect by March or April, followed by what their union leader calls "more significant action" in the fall. The union, talking tough, said members will do what it takes to get their way in this conflict.

Ontario teachers have given us labor disruptions under every provincial government going back to the 1970s. The teachers and their union loved to moan about everything education-related under Mike Harris, but the governments of Bill Davis, Bob Rae and David Peterson all had problems with teacher demands. Think of that for a minute — even the Bob Rae NDP government, which was Ontario's most union-friendly government ever, couldn't make the teachers happy.

The contract offered to the teachers by the province was more than fair. Teachers were offered a two per cent increase this year and next year, and two-and-a-half per cent and three per cent increases in the third and fourth years.

But, the elementary school teachers union says money is not the issue. The issue is preparation time. Teachers currently get 150 minutes of preparation time per week. They want 200 minutes and will do what it takes to get it. Their union says teachers are burning out, and 30 per cent of new teachers are leaving the profession. So, our children's right to an education is being jeopardized for 50 extra minutes -– or 10 minutes per school day — by the teachers union.

Many teachers give a lot of their personal time to coach or to volunteer for programs at the schools and in the community, but the demands of their union overshadows these individual commitments and sacrifices. Most people in the real world have to prepare on their own time. In fact, most of us even have to stay at work past 3:30 pm. And we don't even get summers off, a two-week Christmas vacation or a March break.

As for the 30 per cent of new teachers leaving, maybe those teachers just don't have what it takes. If a young teacher can't cut it, I highly doubt that an extra 10 minutes of prep time per day will matter. A turnover like this is not uncommon at the entry level of the professional world.

The teachers union will always demand more for one simple reason. They can. They will continue to do so until education is declared an essential service in Ontario and it becomes illegal for teachers to strike.

If there is some brilliant irony in this whole situation, it is that the Ontario Teachers Pension Plan, one of the best pension plans in Canada with billions in investments, has a 58 per cent stake in Maple Leaf Sports and Entertainment, which owns the Toronto Maple Leafs and the Air Canada Centre. While the Ontario teachers are once again putting it to the province, their pension has $450 million tied up in the most influential cornerstone franchise in the NHL, a league that has locked out its players.

How the management teams of the teachers union and pension must think that hockey players are overpaid and underworked, and that the demands of their union are ridiculous. It almost makes the hockey lockout worthwhile.

1925

It was reported in the *Press* that the first known newspaper advertisement concerned not pills, soap, tobacco or clothing, but rather a lost horse. It appeared in *The Moderate* in 1649 and read: "Reader, though art entreated to enquire after a blackish and kind of pie-bald nag, very poor, his face, feet and flank white, and a little white tip on his tail. He was stolen from grass from John Rotherham's, of Barnet in Hertfordshire. Whosoever will inquire, find him out, and bring or send tidings of him shall have what content they will for their pains."



1935

Arrangements were being made in Chesterville to stage a protest charging irregularities after results of the municipal election were announced. W.H. Casselman was returning reeve after a five-vote majority over George Barclay. In the election for councillors, Perley Boyd was elected with 197 votes while competitor Fred Merkley obtained 196 votes and was defeated by one vote. One of the defeated candidates was likely to affix his signature to the protest.

1945

Sgt. J. R. Fader of the Canadian Forestry Corps. was awarded the British Empire Medal, a decoration given for personal bravery, devotion to duty and leadership. Fader was a resident of Chesterville at the time of enlistment, but originally came from Russell. He was the first Chesterville resident to receive the decoration. After being placed on the King's New Year's Honor List, Fader was promoted to Sgt.-Maj. of the Forestry Corps.

1955

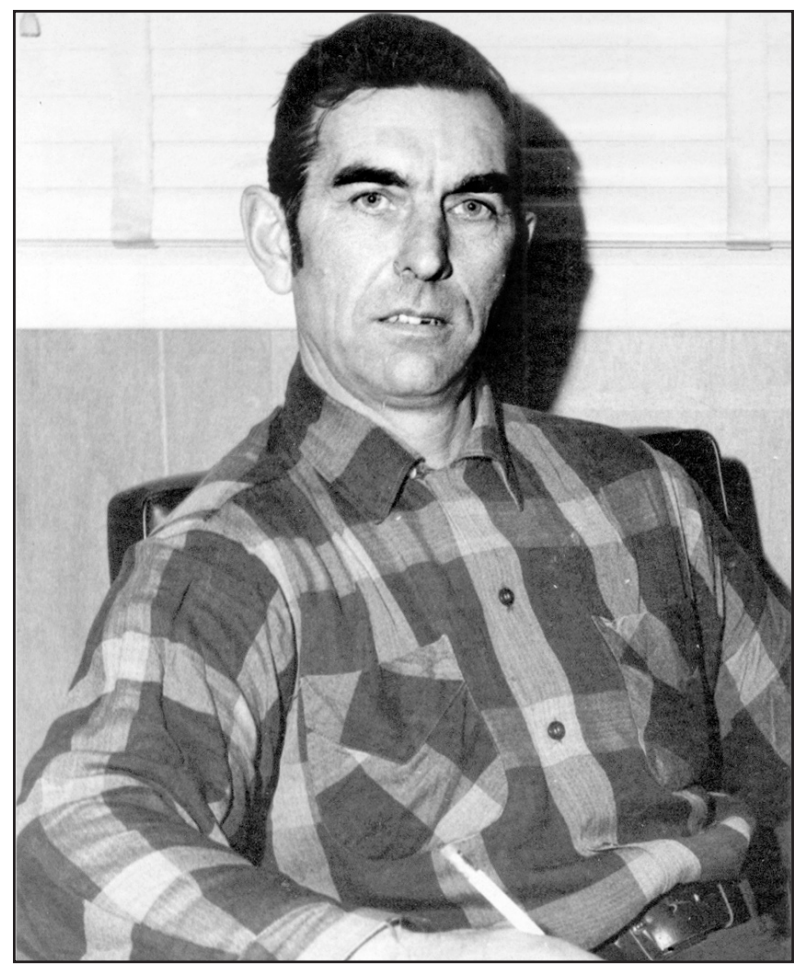
It was the official opening of the new $10,000 artificial ice unit at the Winchester Curling Club. It was dedicated in a social evening with dances and door prizes. T. D'Arcy Finn, eastern Ontario's best known curler, and Frank Ryan of CFRA were in attendance. Admission was $1 to help offset expenses of the evening and generate needed revenue to help pay for the building.

1975

Billowing black smoke filled the air at the east end of Winchester. The fire was under careful supervision, and was simply a means of disposing useless debris around the old Lannin complex, which was being demolished making room for possible housing developments. The Lannin firm had already opened its new huge modern facility on Highway 31 south of Highway 43.

1995

A major power outage in the area was blamed on a faulty piece of equipment at Ontario Hydro's Marionville distribution station. The main 115,000-volt transmission line that runs from Cornwall to Ottawa blew at around 11:30 am. It affected 13 distribution stations and almost 10,000 Ontario Hydro customers from Newington to Gloucester. It was around 2 pm when someone called to report a large ball of fire at the Marionville station. Once a crew removed the defective equipment, they were able to fix the line. Power was restored by 4:30 pm.



Williamsburg Ward councillor Johnny Whitteker has just completed his 50th year on municipal council. He is the longest sitting member of municipal council in all of Ontario. He's shown here in 1975.

MPP to spend this month in S-D-C riding

From Queen's Park
by Jim Brownell
S-D-C MPP



QUEEN'S PARK — Having fulfilled my House duties on this date, I prepare this report from my laptop on the train, travelling back to SD&G. I have found this to be a convenient mode of travel, for it gives me time to prepare for weekly activities in the Legislature, and to prepare reports and messages for my constituency and Queen's Park offices.

The last session of the Legislature was a very busy one, with excellent opportunities to make statements, ask questions during question period, and take part in debates. As well, I have kept busy with my work on the Justice Policy Committee, and with the Ministry of Health and Long-Term Care.

Since being appointed as the Parliamentary assistant to Minister of Health George Smitherman last May, I've had opportunities to represent the ministry in Toronto and throughout the province.

Constituency work gives me the greatest satisfaction, and I wish to report that I will be spending most of January and early February in the riding. As your elected representative for Stormont-Dundas-Charlottenburgh, I must be in Toronto four days each week while the House is sitting. When the House rises, MPPs have the opportunity to head back to their respective ridings to dialogue with constituents and work out of their constituency office.

I made weekly trips back to the riding on Thursday afternoons or evenings since last October spent time with constituents on Fridays and Saturdays. I will return to Legislature on Feb. 16 for the winter session. Should you wish to meet with me during this constituency session, feel free to call my office at 613-933-6513.

Since being elected to Queen's Park and becoming assistant to the minister of health and long-term care, I have been approached by many individuals concerning the long wait times they have experienced for cataract and cancer surgeries, and hip and knee replacements.

I was asked by Premier McGuinty's office to represent the government at an important announcement at Ottawa Hospital on Dec. 14. After a quick flight from the province's capital to the nation's capital, I was delighted to announce that by March 31 this year, an additional 1,700 cancer surgeries, 2,000 cataract surgeries, and 1,680 hip and knee replacements will be carried out across the province. This translates to an immediate investment of $26 million provincially and I was delighted with the additional funding for surgeries in eastern Ontario.

At Cornwall Community Hospital, an additional 82 cataract surgeries will be carried out with a financial commitment from the province of $61,500. In Ottawa, I was pleased to report that the largest allocation of funds to any hospital in the province for hip and knee replacements and cancer surgeries was made to Ottawa Hospital. The government's Wait Times Strategy delivered more than $2.6 million for 212 cancer surgeries and 132 hip and knee replacements to the hospital.

As said at the announcement, many patients have suffered great pain from long wait times for surgeries. With these additional operations being performed before the end of March, many patients will laud this investment by the government. As well, tracking these surgeries will give the government a better understanding of wait times and the funds needed to continue helping Ontarians as they bear the burdens of needless pain and suffering waiting for surgeries.

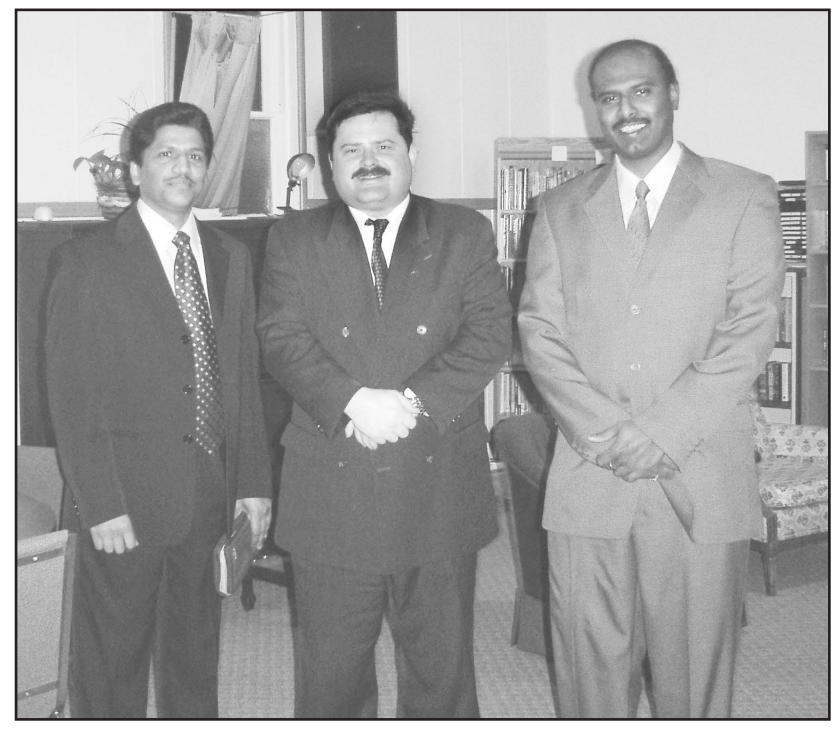
On the agricultural front, I am happy to report that the first annual Premier's Summit on Agri-Food was held at Queen's Park on Dec. 9. The summit followed the commitment made by the premier during the election campaign when he agreed to host representatives of the producers, processors and others in the agri-food industry.

As a retired educator in the riding, I was delighted to have a former student participate at the summit. At the opening session, I was thrilled to see Geri Kamenz at the table representing producers in his capacity as vice-president of the Ontario Federation of Agriculture. Kamenz now farms at Spencerville. While he was a student in my classroom at Viscount Alexander School in the early 1970s, I remember his eagerness on Fridays as he anticipated his trip out to the farm with his parents and sisters, Astrid and Birgid.

With the great concerns expressed to me by corn and soybean producers, concerning the low market values for their produce, I was pleased to hear Minister of Agriculture Steve Peters say that the government will assist Ontario's grain and oilseed producers through the Market Revenue Insurance Program. The government is providing $94 million for 2003 and 2004 crop years. Agricorp will deliver final payment for the 2003 crop year to participating grain and oilseed producers early this year.

This program will work in the short-term, and the ministry is working toward a new generation of programs that will take a long-term approach to income stability for producers. The MRI program is one of the province-specific initiatives, known as companion programs, to be phased out under the federal-provincial-territorial Agricultural Policy Framework. Two new national programs, the Canadian Agricultural Income Stabilization program and Production Insurance, are now available to provide farmers with effective tools to manage the business risks associated with farming.

During the final week before the Christmas break, I was pleased to participate in the Professional Learning Program Cancellation Act debate. As a retired teacher, and hearing from many teachers on this issue, I enthusiastically accepted the opportunity to participate in this debate. I look forward to working with teachers from my riding as the government considers opportunities for professional development in the teaching profession.



Tamil Christians welcomed

Approximately $2,000 has been raised through Harmony Community Church toward tsunami relief efforts in Sri Lanka and southern India. A special fundraising service was held on Jan. 9. Tamil speakers from Church of Hope in Ottawa shared stories of the hardships their congregation is experiencing following the disaster. From left: Pastor Benjo Ponniah from Church of Hope in Ottawa, Rev. Bruce North of Harmony Community Church and Deacon Abraham Sudakar from Church of Hope.

St. Paul's Ladies Aid raises $200 to purchase snowsuits

WINCHESTER — Members of the St. Paul's Ladies Aid were welcomed to the first meeting of the new year by Doris Baker. The group included new minister Floyd McPhee's wife, Claire. The meeting was opened with a poem.

Devotions were led by Jan Clapp, following some singing with Arlene Nesbitt at the piano. The devotional theme was joy.

Thanks were expressed to all for the numerous expressions of outreach that individuals have made in the community. Notes of thanks were shared by those who attended the Christmas supper and worship service where $200 was collected and donated to the North Dundas Snowsuit Fund.

A monthly theme will be resumed for food bank donations, with the February theme being items that are red. Some suggestions are spaghetti sauce, tomato soup, red Jell-O or kidney beans. Rev. McPhee joined the meeting to close with lunch and prayer.

Engagement Announcement



Desnoyers–Fawcett

Kaylee and Amber are thrilled to announce the engagement of their parents, Theresa Desnoyers and Todd Fawcett. The celebration of love is to take place on July 16, 2005, at Stanley's Olde Maple Lane Farm in Edwards, Ontario.

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Chesterville Ice Breaker 2005

Friday, Saturday & Sunday

January 14, 15 & 16

Schedule of Events

Friday, January 14

5:30 PM	Roast Beef Dinner by M. Derue & V. Patenaude - Chesterville Legion, $10.00 ea., Under 6 free - Entertainment by *Roma McMillan & Friends* at Legion during meal
6:30 PM	Opening ceremonies - Arena Kid's Costume Parade on ice to kick off event Carnival Queen contestants introduced - contact Christine Cross to register at 448-1689
7 PM	Icebreaker Idol Contest - Contact Chris Thompson at 448-2963 to register Prince & Princess Snowflake (boys & girls under 2 yrs.) - Register at Arena
7:30-8 PM	Carnival Queen & Princesses will be crowned
8-11 PM	Dart Tournament - Chesterville Legion - Call Bonnie/Peter at 448-3586
8-10 PM	Teen Glow Skate to Rick's DJ - Arena, Ages: 12 - 17

Saturday, January 15

8-11 AM	Carnival Pancake Breakfast - sponsored by Rotary Club - Chesterville Legion, Adults $5.00, kids 6 - 12, $3.00, 5 & under free
11 AM -12 NOON	Balloon Man/Magic Show by Dr. Kaboom, Legion
12 NOON	Euchre Tournament - Legion - sponsored by Chesterville Recreation - Call Fred at 448-2115 to register
12 NOON	Traveling Balloon/Magic Show - Dr. Kaboom, Arena Lobby
1-2 PM	Public Skating
2-4 PM	Subway Mascot at Arena
2-3 PM	Minor Hockey Initiation - Group A
2-4 PM	Free Snow Man Craft Firehall by Sandy Pym - Sponsored by Chesterville Carnival Committee
2 4 PM	Kids can tour fire station and fire trucks and hydro truck display - Firehall
3-4 PM	Kids Games on Ice, Arena
4-5 PM	Minor Hockey Initiation Group B
5-6 PM	Minor Hockey Initiation Group C
4 PM	Snowmobile Rally - Register at Legion (Weather permitting)
4-7 PM	Ham & Scalloped Potato Supper, Chesterville United Church, $9.00 adult, $5.00 6 - 12, $4.00 for under 5
6 PM	Winner of Chesterville Idol announced and singing of National Anthem
6-7:15 PM	Vintage Flyers versus Vintage Hawks
7:15 PM	Mr. Hot Legs contest (judged by applause) Old Time Jets vs. Chesterville Old Timers Game - Arena - Admission: $2.00 (includes both games)
9 PM-1 AM	ICEBREAKER Dance - Featuring *RANSOM* - Legion Hall - $7.00 advance, $10.00 at door - Tickets available at Legion or any Carnival Committee member Silent Auction during Dance

Sunday, January 16

9 AM-1 PM	Carnival Breakfast - sponsored by Rotary Club - Chesterville Legion, Adults: $5.00, kids 6 - 12 $3.00, 5 & under free
12 NOON	Baseball on Ice Tournament - Call Kent Young, 448-2870 to register team (subject to outdoor rink availability)
1:30-2:30 PM	Exhibition Hockey Game - Arena - The Mighty Docs vs. Chesterville Fire Dept.
1:30 PM	Juggling demonstration - Community Hall
12:30-5 PM	Glow Bowling - Chesterville Bowling Lanes - Carnival Specials $2.60 per game, $1.00 shoe rental - free draws for prizes
2-4 PM	Kids' Fear Factor - Ages 7 and over, Community Hall - Call Shelley 448-1580, Registration fee $2.00, Winner gets new X-Box Subway Mascot at Children's events at Community Hall
2-6 PM	Musical Entertainment by Country Singer *Nelson Colt* - Legion Hall - Admission free
5 PM	Legion Hall - Wind-up of Scavenger Hunt - Clues will be given out at events over the course of the weekend. Check Carnival website - icebreaker.cbweb.ca - for previous clues. Cash prize of $500 for one winner.
3-6 PM	Legion, Carnival Supper by Redhead Catering, split pea soup or chili with rolls, baked beans, baked macaroni/cheese, dessert, $5.00

ICEBREAKER 2005 FIRST-EVER SCAVENGER HUNT

All ages may enter, go alone or as a group. Object: Find and bring all 15 items to Sunday's carnival supper. All items will be judged and APPROVED entrants will enter the $500 draw. Scavenger Hunt items will be posted each week in the Chesterville Record and also in the post office. All participants must enter by phone: Shelley McLeod 448-1580 or Tanya Vanoers, 774-7049.

***ITEMS SO FAR ARE AS FOLLOWS:* #1 - 5 business cards from local companies. #2 - 1 2005 carnival button. #3 - Receipt from Mike Dean's with ONLY the following - Campbell's Tomato Soup (Can), large jar of baby food and 1 box of Kraft Dinner. All items will be brought to the judging and then be donated to the Food Bank. #4 - 10 different snowmen of any kind. Item #5 - Schedule of events cut out from the Chesterville Record. #6 - 1 pair of ladies' size 7 ice skates with pink laces.**

Be sure to take part in our
Snow Spirit
by building as many snow men as possible in your yards, or by displaying decorative snowmen throughout the community.
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Auction hall ready for anything and everything



There was standing room only for a capacity crowd at the grand opening of the new hall at Peter Ross Auctions in Osnabruck Centre on Saturday (Jan. 8). The first sale took place immediately after the opening ceremony.



Peter Ross explained that his new hall will not be a substitute for the usual on-site auctions, but would be used to complement his regular services. He said on-site auctions are not always easy to arrange, and at times may be impractical.

by Matthew Barbour

OSNABRUCK CENTRE — Weather conditions can play a major role in the success of an outdoor auction, and that is just one of the reasons Peter Ross had to build his own auction hall. Ross officially opened the new facility on Saturday (Jan. 8). The 4,000-square-foot building, which houses 3,200 square feet of auction space, is located on County Road 18, about one minute east of Osnabruck Centre.

"We built this hall to complement our services, not as a substitute for on-site auctions," said Ross. He pointed out that it is not intended to be a retail outlet, but was designed to accommodate sales that, for any number of reasons, cannot be held outdoors.

Short closing dates on real estate agreements can sometimes make an on-site auction impossible. From time to time, as a condition of sale, a subject piece of real estate must be emptied and vacated in a brief period of time. In such cases, the planning and notification process for an auction cannot always be completed before the closing date. Now, the contents of an entire house can be transferred to Ross's new facility and the auction can take place there.

The auctioneer conducts about 300 sales per year and is busiest between April and November. Most auctions are held outdoors and on-site, but he previously rented indoor space when the need arose. Ross also explained that he would now be able to combine several smaller sales, which separately might not attract a large number of prospective buyers. "We can handle anything from a single item to a house full," he said proudly.

On hand for Saturday's official opening of the hall were South Stormont Mayor Jim Bancroft and MPP Jim Brownell. Bancroft said he was happy to see this latest addition to the local business base. "It's in a key area, so it will bring people into the community. They will get to know who we are and what we have to offer," he said. "Ultimately, when visitors come to the community, they leave dollars behind and that benefits everyone."

Ross is carrying on a tradition started in 1960 by his father Gordon, who passed away 10 years ago. Peter Ross started practicing his auction chants when he was seven years old and started selling at the age of 13. He is a graduate of the Southwestern College of Auctioneers in Woodstock. Over the past 26 years, he has auctioned off a wide variety of items, from real estate to teacups and bulldozers to cows. The items have been as small as personal jewellery and as large as an excavator.

With his wife Helen and their three children on stage with him during the opening ceremony, Ross told the gathered buyers that a great deal of work had gone into building his new facility. Placing his hand on the shoulder of his wife, he said, "This is how I did it." Then gesturing to his three children, he said, "This is why I did it." Minutes later he was calling his first auction in the new building.





Peter Ross officially opened his new auction hall on Saturday (Jan. 8). The 3,200-square-foot facility is located on County Road 18, just east of Osnabruck Centre. Below: On hand for the ribbon cutting ceremony of Peter Ross's new auction hall on Saturday (Jan. 8) were South Stormont Mayor Jim Bancroft and MPP Jim Brownell. Ross's wife Helen and their three children, Emily, Hugh and Hannah, were also on stage for the official opening of the new facility. Photos — Barbour

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Fifth generation

The recent birth of Xavier Lunn to the McRoberts clan has added a fifth living generation to the family. Xavier and parents Janine and Brad Lunn travelled from Belmont to eastern Ontario for the young lad's first Christmas. From left: Barbara (Milne) Fraser of Richmond, Ada McRoberts of Winchester, Xavier Ardon Lunn, Jean (McRoberts) Milne of Mountain, and Janine (Fraser) Lunn.

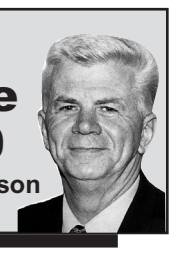
Osgoode Ward residents consulted on 2005 budget

OTTAWA — The Osgoode Ward public budget consultation meeting will be held on Thurs., Jan. 20 at 7 pm at the Greely Community Centre. The format for the evening will be basically an open forum for residents' comments and suggestions.

OSGOOD WARD ADVISORY COUNCIL

The Osgoode Ward Advisory Council will hold its January meeting in the Fred Alexander Room at the Osgoode Community Centre on Mon., Jan. 17 at 7 pm. All residents are invited.

In & around Osgoode Ward 20
by Doug Thompson



BUDGET DELIBERATION

The 2005 budget deliberations will be somewhat different this year. City council will sit as a committee of the whole to hear public comments from individuals or groups on every draft budget Item. This process will take place between Jan. 24 and 28. If you wish to speak to the committee of the whole call Anu Kumar at 580-2424 extension 16510. City council will debate the final budget draft for 2005 from Feb. 1 to 4.

A REMARKABLE RESIDENT

We are truly saddened at the passing of a beloved wife, mother, and tremendous community volunteer. Shirley Cosman generated a great deal of love and caring for her family and Osgoode Village. She spent countless hours at the Township of Osgoode Care Centre sharing her joy of life with others in need. Shirley was a recipient of the Order of Osgoode, an award she cherished dearly. Our thoughts and prayers are with husband Don, daughter Anne and son Carl.

WAVE OF SUPPORT

Meredith Brophy has put together an evening of fellowship and entertainment in support of the victims of the South Asian Tsunami called Wave of Support. The event will take place at Holy Trinity Anglican Church in Metcalfe on Sun., Jan. 30 at 7 pm.

An evening of family entertainment will feature music by Cheryl Cooper and a play by Scene Around Players. Freewill offering proceeds will aid relief efforts for Asian tsunami survivors.

Refreshment will be served. For more information call Meredith Brophy at 826-2149. What a tremendous sense of caring. Please join in to make this another example of the goodwill and generosity of Osgoode Ward residents.

OSGOODE WINTER CARNIVAL

Jim Devenny and the Osgoode Lions Club have put together a remarkable sequence of events for us to enjoy the winter weather. The fun starts with a euchre tournament at the Osgoode Legion on Sat., Jan. 15.

A car rally is planned for Sun., Jan. 16. There will be a kids fun night on Thurs., Jan. 20. And on Friday there will be a spaghetti dinner at St. Paul's Anglican Church, a giant carnival bingo at the Osgoode Legion, and a preteen dance in the Fred Alexander Room at the Osgoode Community Centre.

The second Saturday of the carnival will be packed with events. There will be a pancake breakfast at the Osgoode Community Centre, a cribbage tournament at the Osgoode Legion, a costume skate at the community centre, and in the evening there will be a carnival supper and Silent Auction. Rounding out events on Sunday will be the magic lantern show at the community centre.

QUOTABLE

"Experience is what you get when you don't get what you want."

Council notes from South Dundas

Johnny hits landmark

WILLIAMSBURG — Williamsburg Ward councillor Johnny Whitteker has reached a milestone is his municipal government career — he has just completed his 50th year. "I don't think that should go unnoticed," said Mayor Lyle Van Allen. "Johnny, I'd just like to say congratulations."

Van Allen said that as mayor he went to over 240 meetings and events in 2004. "Multiply that by 50, and that's 12,000 meetings and functions," he said.

Whitteker is the longest sitting municipal politician in Ontario. He was mayor of South Dundas for many of his years on council. "I've seen a lot of changes," said Whitteker. He joked that it used to be people were simply concerned with keeping taxes low, and they didn't care about services, but now people want low taxes and more services.

"Today, there's a lot of money spent that you can't see," he said. He is most proud of the work he has done on the roads in the area, which he believes helped him in the past election. "People could see what [I] did."

Tax schedule as usual

It was decided that the interim tax bylaw would remain the same as other years, taxes being due March 31. "It's a good business proposition, but it's not good business," said councillor Charles Barkley, of the decision made at the Dec. 21 meeting to have South Dundas residents pay taxes a month early.

Having an early collection date would allow the township to pay down debt that is due before taxes come in. "I say we keep it the way it is [taxes due the end of March], and borrow needed money," said councillor Whitteker. Without township treasurer Lorna Seibert present, the decision was made to keep the tax pay schedule the same as 2004.

Four years is too long

A recommendation to extend term of municipal council to four years was made by the council of the municipality of Clarington and forwarded to South Dundas. "I just think it's too long," said councillor Charles Barkley. "A lot can happen and change in four years." Council decided to defer discussion until councillor Ron Delegarde, who was absent from the meeting, was present. It was in 1982 that municipal council terms became three years, where they remain.

Water: not all tested

The old municipal office in Brinston, which is now used periodically for meetings, and the recreation hall in Dunbar are only being tested periodically for water quality. Only highly-used buildings are being tested. Under provincial government legislation it is stated that facilities do not have to be tested, as long as it is posted that the water quality is unknown.

Matilda to submit rink proposal

DIXON'S CORNERS — With the annual Matilda Carnival fast approaching, there is still no ice at the Matilda outdoor skating rink. Though the rink would be a draw for people to attend that carnival, the Matilda Recreation Committee has no money to get the rink going.

The money made at this year's carnival will most likely be put toward the rink, but that will already be at the end of January.

"Last year the carnival was not a money-making venture," said councillor Charles Barkley at South Dundas council's Jan. 4 meeting.

Barkley said that Matilda is trying hard to raise funds.

"Matilda always raised their own money, and they were penalized," he said. Council has never given Matilda recreation any money because members fundraised themselves.

Barkley said that outdoor rinks are very popular, and they only cost about $250 a week. That money would pay one person who would keep the surface maintained.

"It's a big asset for children," said Barkley, who also commented on the area's baseball field. "Who's gonna look after the baseball diamond this summer?"

There are outdoor skating facilities in Morrisburg, Iroquois, Williamsburg and Dundela as well, all of which are not running due to weather conditions.

Members of the Matilda Recreation Committee have written a proposal to South Dundas council to have the township take over maintenance and funding of the Matilda outdoor rink, which will be submitted for discussion at the next council meeting. Preparations to have the rink ready by the carnival are underway, weather permitting.

"Everything is planned and ready," said recreation committee member Cindy Peters, about carnival preparations.



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SPORTS
WEDNESDAY, JANUARY 12, 2005 PAGE 11

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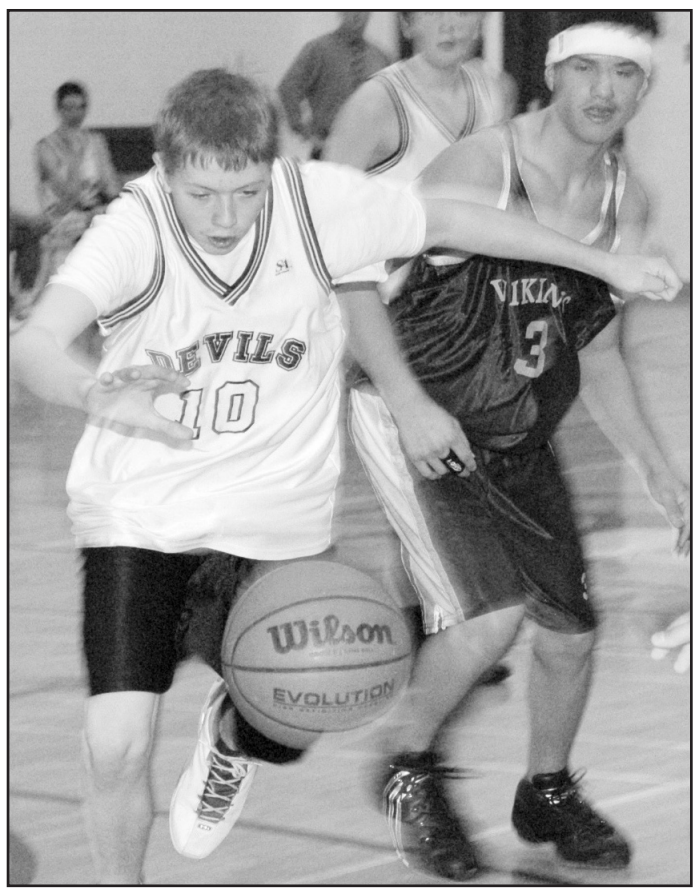
Devils open 2005 absorbing first losses



Tracking it down
The new year didn't open the way the North Dundas Junior Devils had hoped. After winning their first two SD&G boys high school games the Devils were defeated 60-49 by the visiting General Vanier Vikings. James Cutler (#10) of the Devils knocked the ball away from Viking Peter Jacobs on this play. *Press Photo — Van Bridger*

MAPLE RIDGE — A pair of powerhouse squads from Cornwall snapped the undefeated string the North Dundas District High School's two SD&G boys basketball teams had had been on.

North Dundas played host to the GVSS Junior Vikings and the CCVS Senior Golden Raiders as they opened 2005 after the Christmas layoff on Jan. 4. The visitors swept the twin bill. Peter Onstein's Junior Devils dropped an 11-point 60-49 decision to the Vikes and Brad Holland's senior squad was smoked 64-21 by the Raiders.

Vikings, Raiders prevail

In both cases the North Dundas coaches felt Christmas rust probably figured in the outcome of their games.

Onstein noted his team was supposed to have practiced on Monday (Jan. 3) but the bad weather caused the cancelation of bus service and the practice. He did managed to squeeze a couple of small workouts in on game day but figured they weren't enough to change the result of the game.

"Actually the game was closer than I thought it would be. It sounds funny because we gave up 60 points but I was very happy with our defence. When we played one-on-one we were pretty solid. However our offence was pretty messy, the old shotgun approach," explained the coach.

Onstein said his team's sloppy inbounding resulted in costly turnovers. "That is something we have to work on and change. It is such a critical part of the game."

On the positive side the coach was pleased with the offensive contribution of Nik Lewis, noting the first-year shooter knocked down a game-high 19 points. He also felt Jesse Kekanovich (10 points) well played after he entered the game late in the second quarter.

The Vikings led 18-10 after eight minutes and 33-21 at the half. North Dundas closed the gap to seven points in the third period but came out of the quarter down 45-30. Powered by a trio of treys from Lewis, the Devils outscored the Vikes 19-15 in the final quarter but came up short 60-49 on the final tally.

Lewis (19), Kekonovich (10), Phil Juthman (9), Ben Clarke (7), Nolan Winter 2 and Trevor Ashby (2) counted points for the Devils. Lewis hit three and Kekanovich one bucket from three-point territory. Peter Jacobs was top scoring Viking with 17.

SENIOR DEVILS

Senior Devils coach Brad Holland summed up his team's first game of '05 with one line, "Too much holiday turkey for the Devils."

All 12 CCVS Raiders got into the game and every one of them recorded at least two points cruising through quarter leads of 17-7, 34-9, 47-12 and 64-21.

Mitch Hermansen (6), Josh Pepin (5), Ryan Patterson (5), Blain Moran (2), Brentley Summers (2) and Colin Campbell (1) got on the score sheet. Patterson nailed his team's lone three-pointer. Greg Mallette, with 12, was the Raiders top point getter.

Thursday (Jan. 13) the Devils travel to Ingleside to take on the Rothwell-Osnabruck Lancers junior/senior twin bill.



Setting up
Nolan Winter (#33) put on the brakes and set up for a jump shot against General Vanier's Brad Freeman during their SD&G contest at NDDHS on Jan. 5. Winter bagged the shot but he and his mates suffered a 60-49 loss. Nic Lewis was the high-scoring Devil draining a game-high 19 points. *Press Photo — Van Bridger*

Gallant goal guns down Glens

ALEXANDRIA — A crisp three-way passing play finished off by Stefan Gravelle, who pulled the trigger for the game-winning goal, put the end to a four-game drought.

Gravelle's 10th goal of the season came to rest in behind Glens goaltender Charles Lavigne 32 seconds into the third period of Sunday (Jan. 9) afternoon's EOJBHL game in Alexandria and held up as the Hawks, on their fifth try, finally defeated the Alexandria Glens.

Winchester's 3-2 victory, their first over the St. Lawrence Division-leading Alexandria Glens, (22-10-0-2) was a very timely win for the third-place Hawks (18-12-2-2) who had fallen 5-2 to the Char-Lan Rebels Friday (Jan. 7) on home ice.

"It was a great team effort. It was great to beat them, finally, and right on their own ice. I would say we won because we made very few mistakes in the last two periods," explained Hawks head coach Dale Murdoch. "It was very satisfying, especially after Friday's discouraging (5-2) loss to Char-Lan."

Murdoch reported his squad was slow getting off the mark against Char-Lan. "We played well in the second and outplayed them in the third but we couldn't recover. We were lethargic and disinterested and got behind 3-0. That was the difference."

Murdoch noted had the Hawks defeated Char-Lan they would have still been in second place, four points back of the Glens, instead of five. They also would have been one ahead of Kemptville (20-8-1-0) instead of being one point back in third. Char-Lan (15-14-1-1) is now in fourth (final play-off berth), eight points behind the Hawks and two ahead of Akwesasne (14-16-1-1).

SPARTACAT, RANGERS HERE

It will be an exciting night at the Winchester Arena on Friday (Jan. 14) as the NHL's Ottawa Senators' mascot Spartacat pays a visit. He will meet the fans prior to the 8:15 pm game against the hottest team in the EOJBHL, the Rideau Division-leading South Grenville Rangers.

"South Grenville is now the only team we haven't beaten so it will be a big test for us. We will need all 20 guys playing 60 minutes to get the win," offered Murdoch.

The second draw in the Winchester Hawks — Winchester Lions Club Holiday Happiness Draw will also be made. Doug Scott of Mountain held the winning "Early Bird" ticket in the first draw on Jan. 7.

Sunday (Jan. 16) the Morrisburg Lions will visit Winchester for a 2:15 pm matinee.

WEEKEND SPLIT

Hawk captain Nik Paas counted both goals in the second period of Friday's 5-2 loss to the Char-Lan Rebels. He first finished off a powerplay engineered by Shawn Smail and Stephen Swan at 16:52 and then netted a feed from Smail and Steve Cameron at 7:54.

Derek Crawford led the Rebels scoring their first three goals and assisting on their last two by Addison Pelkey and Steve Jarvo.

Nick Adam scored at 17:51 of Sunday's match to put the Glens up 1-0 but the Hawks nailed the next two markers to go ahead by one. Darren Trenholm tied it scoring from Alain Michaud at 13:36 and Steve Cameron finished a powerplay engineered by Trenholm and Denis Gauthier at 8:48 to make it 2-1. A powerplay marker by Jeremy Ryan knotted the score at 2-2 39 seconds before the buzzer.

The only other scoring play was the one Winchester used to register the 3-2 win — Stefan Gravelle from Trenholm and Michaud at 19:28 of the third period.

The Hawks played without Stephen Swan (Sunday) as well as Bruce Hamelin and Stephen Owens who missed both games.

"Tyler (Bond) played very well and made some key saves in a very close game," added the coach. "But all 15 skaters had a part in the win. It was a big team effort."

Latimer, WCC foursome third at juniors

PETERBOROUGH — Veteran skip Mark Bice made the most of his final year of junior curling eligibility. The 21-year-old skipped his Sarnia Golf and Curling Club team to an eight-end 8-3 victory over Mike Callan and his Oakville Curling Club rink to capture the 2005 Teranet Ontario Junior Men's Curling championship.

Bice finished the seven-game round robin with a 6-1 record after losing his final match 8-1 to Callan on Saturday (Jan. 8). Callan and Scott MacDonald of the Highland Curling Club finished the event with identical 5-2 records and needed a semi-final playoff to decide who would face Bice in the championship draw Sunday (Jan. 9) at the Peterborough Curling Club. Callan defeated MacDonald 6-3 and moved on to the final.

Bice will now represent Ontario in the Canadian championships in Fredericton, New Brunswick next month (Feb. 5 - 12).

Winchester Curling Club, represented by Shane Latimer, third Jared Collie, second Andrew Dings, and lead Adam Ozvald, tasted their first junior competition as 17-year-old rookies and finished in a three-way tie for third place at 3-4 with Carleton Heights' Chris Gardner and Tim March of the Annandale Country Club.

One of Latimer's four losses, all closes results, was a 7-4 verdict to Bice on Jan. 6. He also dropped a 7-5 decision to March, lost 7-5 to Callan, and was doubled 4-2 by McDonald. The Winchester foursome started out 0-2, improved to 2-3 before finishing with three wins and four losses. Latimer defeated Jeff Grant of Port Carling 6-3, Gardner 8-7 and Derek Whitehill of the Blue Water CC 8-2.

Ottawa's Erin Morrissey skipped her Rideau Curling Club rink to a 7-6 win over Prescott's Laura Payne on Sunday to capture the 2005 Teranet Ontario Junior Women's championship.

McRoberts leads Juveniles to eighth win

MAXVILLE — Billy McRoberts potted a pair of goals and Devon Kelly snapped in the winner as the North Dundas Juvenile Demons bounced the NGS Braves 5-3 in 417 Juvenile Hockey League action.

North Dundas extended its undefeated string to eight games with Sunday's (Jan. 9) victory over the Braves in Maxville. Saturday (Jan. 8) the Demons were in Ottawa and smoked the previously undefeated Sandy Hill squad 8-5 for win number seven.

With nine games in the books North Dundas sports an 8-1-0 record and a goal differential of 70-22.

Scott Baldwin and McRoberts connected for first period goals to put the Demons up 2-0 on the Braves, McRoberts scored again in the second to tie it up 3-3 after Jesse Barkley, Robert Boileau and Matt Hope put pucks in the back of Craig Moran's cage. But an unassisted goal from Devon Kelly with 3:16 left on the clock snapped the tie and opened up a 4-3 lead for North Dundas. Brett Bird completed the scoring when he fired a shot in past Jesse Whyte to make it a 5-3 final with 1:41 left on the clock.

8-3 IN OTTAWA

A big third-period explosion helped the Demons deal Sandy Hill its first loss in eight starts. The home team led 2-1 after a period and 4-3 after two but collapsed in the third as Demon Aaron Kelly blasted in four consecutive goals, including the winner with 1:56 left on the clock, to put the game out of reach. Bill McRoberts finished off finishing a play started by Devon Kelly and Brett Bird with six seconds before the final buzzer.

Aaron Kelly (4), Scott Baldwin (2), Tory Baldwin and McRoberts counted the North Dundas goals. Morgan Jackson (3), McRoberts (2), Devon Kelly (2), John Drew, Scott Baldwin (2), Tory Baldwin (2), Bird and Kyle Dearing drew the assists.

McLean, Dagenais gather gold in Bell Capital Cup

MAPLE RIDGE — Matt McLean of Winchester and Morewood's Mike Dagenais have experienced the thrill of victory while competing in the largest minor hockey tournament in Canada.

McLean and Dagenais, both disabled students in their graduating year at North Dundas District High School, were members of the Ottawa Valley Bandits. Along with three other clubs they competed in the junior sledge hockey division of this year's Bell Capital Cup tournament (Dec. 30 - Jan. 1) which attracted 407 hockey teams and over 7,000 players.

The Bandits won their three round robin games by 3-1, 3-2, 3-1 margins before blanking Sudbury Northern Sliders 1-0 in the gold-medal game played in the home of the NHL's Ottawa Senators, the Corel Centre.

Both players are diehard Toronto Maple Leaf fans who really enjoyed winning on Senators ice. McLean, 17, plays alternating forward positions while Dagenais, 18, is a right winger.

"It was just like an NHL game, because they had the anthem before the gold medal game and played music during the game. The television cameras were also there," he said.

McLean was named player of the game in his third match and he and his teammates also appeared on The New RO's Saturday evening news.

McLean reported team members each received a mini trophy and a hockey equipment bag with "Champions" emblazoned on each end and the Bell Capital Cup on the sides. As champions, the Bandits were presented a trophy which stands four-feet tall, just like the Stanley Cup with the exception of being a little skinner and gold not silver like the real NHL hardware.

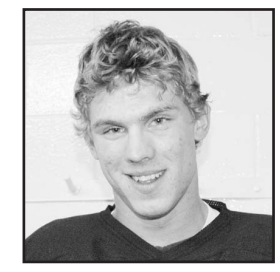
Winning the Bell Cup gold felt better to McLean than winning the Stanley Cup because, "It was nice to have that many friends and family there to see me win the gold, especially at the Corel Center, that made it more fun."

McLean and Dagenais have played together for the past five seasons, but on some occasions during the 25-game Ottawa Carleton Sledge Hockey regular season they play on opposing sides. That was the case on Fri., Jan. 7 when they faced each other at the Durell Centre in Ottawa. The schoolmates exchanged "better keep you head up" advice before leaving for the game.

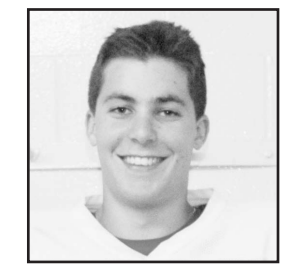
• see SLEDGE HOCKEY on next page



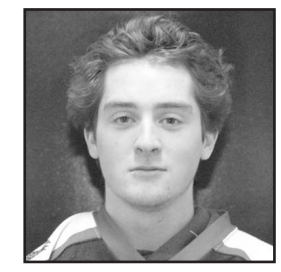
North Dundas District High School students Mike Dagenais (left) and Matt McLean display their individual trophies and equipment bag won as members of the Ottawa Valley Bandits sledge hockey team. The Bandits won the junior sledge hockey title at this year's Bell Capital Cup tournament, blanking the Sudbury Northern Sliders 1-0 in the gold-medal game.
Press Photo — Van Bridger



Nik Paas



Darren Trenholm



Stephen Swan

Paas, Trenholm, Swan named Veteran All-Stars

WINCHESTER — It came as little surprise when the top three scorers in the St. Lawrence Division were named to play in the 2005 Eastern Ontario Junior "B" Hockey League All-Star Game.

It was announced Monday (Jan. 10) that Hawk captain Nik Paas (31-39-70), winger Darren Trenholm (36-31-67) and centre Stephen Swan (19-46-65) will represent Winchester in Saturday's (Jan. 15) Metro Division Vets vs. St. Lawrence Division Vets all star game. Another veteran Hawk forward, Shawn Smail (17-21-38), was selected as an alternate. The game is slated for a 7 pm start at the Kemptville Arena.

Winchester defenceman Andrew Beuman, 16, and forward Alain Michaud, 17, were also named to take part in the St. Lawrence vs. Metro Division Prospect's Game which is scheduled for a 4 pm start. The Hawks' coaching staff of head coach Dale Murdoch, ass't Tylor Copeland, GM Craig "JB" Smith and trainer Doug Armstrong will be in charge of the St. Lawrence rookies' bench.

The 2005 EOJBHL All-Star day is being hosted by the Kemptville 73s with the first game between the Valley Division Vets and Rideau Division Vets kicking the action off at 11 am. The Valley Rookies will go against the Rideau Prospects at 1:30 pm. The games involving the Winchester Hawks are then slated for 4 pm (rookies) and 7 pm (veterans).

Pee Wee "B" Demons bounce Brockville in Gananoque

GANANOQUE — Kyle Greer and Sheehan Jordan split goaltending chores and shared the shutout backing the North Dundas Pee Wee "B" Demons in a 4-0 shutout of the Brockville Warriors.

Unassisted first-period goals by Brent Simms and Dustin Tinkler put the Demons into a 2-0 first-period lead in the Dec. 28 contest. Period two was scoreless but the final frame saw North Dundas fire in two more markers and ice the 4-0 decision. Goals by Dylan Giberson (from Cam Shaw at 9:47) and captain Jeff Picco (from Eric Labreque at 4:07) clinched the victory and the championship in the Gananoque Pee Wee "B" Hockey Tournament.

Sheehan Jordan was named the Demons' player of the game in the final.

North Dundas played a pair of opening-round matches, defeating the Loyalist Jets 8-3 and losing 6-0 to the Kingston Township Titans.

Dylan Giberson was a powerful force cracking in four goals when the Demons blanked Loyalists 8-3 in their first game. North Dundas led the Loyalists 2-0 after a period and 4-3 after two sessions. In addition to Giberson's four, the winners received singles from Dylan Fawcett, Dustin Tinkler, James Shaw and Cam Shaw. Tinkler (2), Cam Shaw, Derek Simms, Brent Simms, Jeff Picco, Branden Pfanner and Karl Henike all collected assists. Greer and Jordan shared the net and the win. Dylan Giberson was named player of the game.

The Kingston Township Titans ambushed the Demons for five unanswered goals in the first period of game two and cruised to a 6-0 win. Dustin Tinkler earned player of the game status in that contest.



North Dundas blanked Brockville 4-0 and snagged the tournament silverware in the Gananoque Pee Wee "B" Hockey Tournament on Dec. 28. The hardware toting Demons are (not in order): Goalies - Sheehan Jordan and Kyle Greer; Skaters - Dustin Tinkler, Dylan Giberson, Derek Simms, Alex Hendsbee, Cam Shaw, James Shaw, Brent Simms, Dylan Fawcett, Eric Labreque, Branden Phanner, Jeff Picco, Jeremy Rose, Karl Henike; Coaches - Kevin Greer, Ken Rose (ass't), Rob Picco (manager), Larry Simms (trainer).

Press Photo — Van Bridger

Flyers ride hat trick to fifth straight win

WINCHESTER — Wes Cory scored three times, twice into an empty net, and led the Winchester Flyers to a 4-1 victory over the Boyd Chrysler Rams.

Chris Van Bridger cracked in the single marker as the Flyers registered their fifth consecutive Winchester Town Hockey League victory in game two of the Tuesday (Jan. 4) night twin bill. The decision improved the Flyers record to 9-4-1 and moved them into sole possession of first place in the standings.

Cory and Van Bridger netted goals in the first half while Matt McBean answered for the Rams. The 2-1 difference held up until Cory dumped in his two empty-netters in the final minute of the game. Flyers goaltender Gregg Griffith held off a strong rally by the Rams to post the win. Jay Bullied worked the Rams cage. The number-four ranked Rams fell to 3-11-0 with the loss.

No official scoring stats were available for the doubleheader.

In the evening's opening contest, the third-place C.K. Cyclones upped their record to 6-7-1 by draining the Pioneer Gas Bar Rangers 6-1. The Rangers (9-5-0) fell into second spot with the loss.

Sledge hockey

• continued from previous page

Playing sledge hockey means two and some times three trips to Ottawa each week for one practice and at least one and sometimes two games. That's when family becomes part of the picture for both players.

"Mom and dad and my brothers Josh and Will really help out," offered McLean.

McLean took up the sport when he was four while Dagenais has been playing for 10 years.

"I was so young I can't remember why I started playing. But I'm pretty much a hockey fanatic so I really just like to play," offered McLean. "I played goalie for three years and packed that in. No way I am I playing in there again."

The self-confessed sports nut is also a staunch Winchester Sox baseball fan who attends all of their NCBL home games at Morgan Field. Because McLean plays on Friday night's in Ottawa the Winchester Junior "B" Hawks number-one fan has had to miss most of the Hawks home games this season but keeps tabs on the club by going to the Winchester Arena on the practice nights and for Sunday afternoon games.

Dagenais also proclaims to be a hockey nut who just loves to play the game. He found out about the sport when he was eight and decided to play to fill in his spare time. "It was either sledge hockey or race a horse and buggy — I'm not kidding."

The next highlight on the schedule for McLean and Dagenais is a trip to London for a tournament at the end of January.

SLEDGE HOCKEY

Sledge hockey is a team sport that disabled and non-disabled participants can play on an equal basis. Sledge hockey conforms to the rules and form of traditional hockey. The skills required to control and propel the sledge add a new element of excitement and challenge to a game already well know for its pace and need for team work. In sledge hockey, the athlete sits close to the surface of the ice on a tubular frame. Metal runners serving as skates are attached to the underside of the sled. Picks are used to propel the players across the ice and are also used to pass the puck. Athletes wear the same hockey equipment as authorized by the Canadian Amateur Hockey Association. Positions are also the same as traditional hockey — a goalie, two defencemen, two wingers and a centre.

Sports Scoreboard

Eastern Ontario Junior "B" Hockey League

Rideau - St. Lawrence Division

RECENT RESULTS:

Jan. 7: Char-Lan 5 - Winchester 2
Morrisburg 5 - Alexandria 4
Westport 10 - Amherstview 1
Kemptville 9 - Athens 5

Jan. 8: Kemptville 4 - Akwesasne 3
S. Grenville 3 - Picton 0
Alexandria 4 - Char-Lan 2
Gananoque 8 - Morrisburg 5

Jan. 9: Winchester 3 - Alexandria 2
Char-Lan 7 - Westport 6 OT
Kemptville 9 - Morrisburg 4
Athens 7 - North Frontenac 2
Brockville 9 - Amherstview 2

STANDINGS:

Rideau:	W	L	T	GF	GA	PTS
S. Grenville	26	3	3	180	82	55
Brockville	24	9	1	163	109	50
Gananoque	18	15	0	171	157	37
Westport	12	19	0	162	174	26
Athens	4	27	0	90	193	9
St. Lawrence:	**W**	**L**	**T**	**GF**	**GA**	**PTS**
Alexandria	22	10	0	137	116	46
Kemptville	20	8	1	154	106	41
Winchester	18	12	2	169	148	40
Char-Lan	15	14	1	139	127	32
Akwesasne	14	16	1	133	132	30
Morrisburg	8	25	1	132	205	19

*Teams losing in OT receive one point

TOP SCORERS:	G	A	PTS
Rideau Division:			
Tom Dickson, Gan.	34	35	69
Matt Steele, West.	26	30	56
Steve Biscaro, West.	26	27	53
Lenny Horst, Gan.	25	22	47
Derek Rupert, SG	20	27	47
Chris Easton, Gan.	19	24	43
Kyle Whiteford, Bro.	20	22	42
St. Lawrence Division:	**G**	**A**	**PTS**
Nik Paas, Win.	31	39	70
Darren Trenholm, Win.	36	31	67
Stephen Swan, Win.	19	46	65
Ross Piaskoski, Kemp.	24	31	55
Dylan Graveley, Akw.	14	40	54
Derek Crawford, Char.	28	24	52
Tyler Rasa, Kemp.	18	34	52
Patrice Brunet, Alex.	19	31	50

Metcalfe Town Hockey League

RECENT RESULTS:

Jan. 9:

Blues 5 - Canadians 2
Senators 4 - Leafs 4
Penguins 4 - Stars 1

STANDINGS:	W	L	T	GF	GA	PTS
Canadians	8	3	4	48	36	20
Penguins	5	3	7	39	33	17
Blues	6	6	3	44	47	15
Leafs	5	6	4	45	53	14
Stars	4	6	5	43	43	13
Senators	4	8	3	38	45	11

TOP SCORERS:	G	A	PTS
Ron Flanagan, Canadians	14	7	21
Stef Rawlings, Blues	7	11	18
Jeff Gill, Canadians	4	14	18
Peter Holmes, Leafs	8	9	17
Brian Downey, Sens	8	9	17
Ray Vidal, Stars	8	8	16
Bruce Buckland, Blues	9	6	15
Dave Boyd, Canadians	9	6	15
Shane Patterson, Sens	8	7	15
Rob Stanley, Leafs	6	9	15

Eastern Ontario Junior "B" Hockey League

Metro Division

RECENT RESULTS:

Jan. 7: South Ottawa 4 - Gatineau 1
Clarence Creek 9 - Metcalfe 7

Jan. 9: Ottawa West 4 - Clarence Creek 4
Gatineau 8 - Metcalfe 5

STANDINGS:	W	L	T	GF	GA	PTS
Ottawa West	24	4	2	156	88	51
South Ottawa	18	6	0	152	115	40
Metcalfe	18	12	0	151	120	36
Gatineau	14	17	1	131	187	31
Clarence Creek	11	12	3	149	147	28

*Teams losing in OT receive one point

METRO TOP SCORERS:	G	A	PTS
Maxime Quesnel, Gat.	26	34	60
Mike Berry, OW	26	33	59
Jason Vajda, Metcalfe	28	27	55
Mike Wallace, OW	19	35	54
Sam Majic, OW	25	28	53
Mike Cerilli, Metcalfe	19	34	53
Pierre Chenier, Gat.	22	28	50
Martin Paquette, CC	18	27	45
Cory Thibaudeau, SO	15	28	43
Scott Pitt, SO	18	23	41

Winchester Town Hockey League

RECENT RESULTS:

Jan. 4:

Winchester Flyers 4 - Boyd Rams 1
C.K. Cyclones 6 - Ben's Rangers 1

STANDINGS:	W	L	T	GF	GA	PTS
Winchester Flyers	9	4	1	51	42	19
Ben's Rangers	9	5	0	46	54	18
C.K. Cyclones	6	7	1	68	56	15
Boyd Rams	3	11	0	48	60	6

TOP SCORERS:	G	A	PTS
***Note: Stats for three games N/A**			
Craig Holmes, Cyclones	12	11	23
Scott Baldwin, Rangers	10	9	19
Chad Valcour, Rangers	10	8	18
Dave Summers, Cyclones	7	10	17
Al Christophersen, Rams	8	8	16
Wes Cory, Flyers	7	8	15
Dereck Holmes, Flyers	12	2	14
Jeff Scott, Rangers	6	8	14
Adam Spirk, Rams	5	9	14

Winchester & District Ladies Hockey League

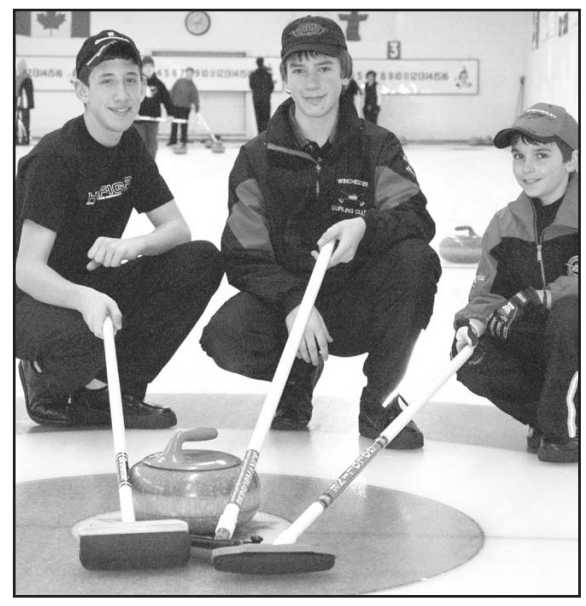
RECENT RESULTS:

Jan. 9:

Annable's Blues 2 - Classics 0
Andy's Maroons 4 - Ryan's Reds 1
CountryGirl 1 - Double Beauty 0

STANDINGS:	W	L	T	GF	GA	PTS
Gold Diggers	8	1	3	28	8	19
Ryan's Reds	7	4	1	26	21	15
D.B. Stylists	6	4	2	13	9	14
Andy's Maroons	4	4	4	18	17	12
Annable's Blues	2	7	3	13	30	7
Stewart Classics	0	7	5	12	25	5

TOP SCORERS:	G	A	PTS
Cheryl Hamilton, RR	13	8	21
Sandy Roy, GD	11	7	18
Gail Smith-Rutley, GD	4	7	11
Laura McDonell, GD	5	5	10
Stacey Van Boxtel, RR	1	9	10
Janice Casselman, AF	1	9	10
Karla Marshall, AF	5	4	9
Amy Fraser, DB	7	1	8
Maggie Stewart, SC	4	4	8
Julie Cyr, RR	4	4	8
Judy Littau, DB	0	7	7



Spiel champs

Winchester Curling Club skip Phil Klein-Swormink guided his rink to a pair of wins in the Prescott Curling Club bantam boys championship in December. Winchester defeated Brownsburg 14-1 and Brockville 6-1 to earn top points in the event. The Klein-Swormink team is competing in the OVCA's Bantam Boys Zone 1 championships at the WCC this weekend (Jan. 14 - 16). The Winchester reps are: Phil Klein-Swormink (left), second Geoff Spruit and lead Kurtis Byrd; missing - third Dave Lillico.



Runners-up

Skip Crystal Lillico (left), third Kristie Sloane, second Rebecca Wichers-Schreur and lead Darby Ace are representing the Winchester Curling Club in the 2005 OVCA Zone 1 bantam girls championship this weekend (Jan. 14 - 16) at the WCC. The Lillico team split their games against the host Prescott rink and Brockville in a bantam points bonspiel in December.

Press Photos — Van Bridger



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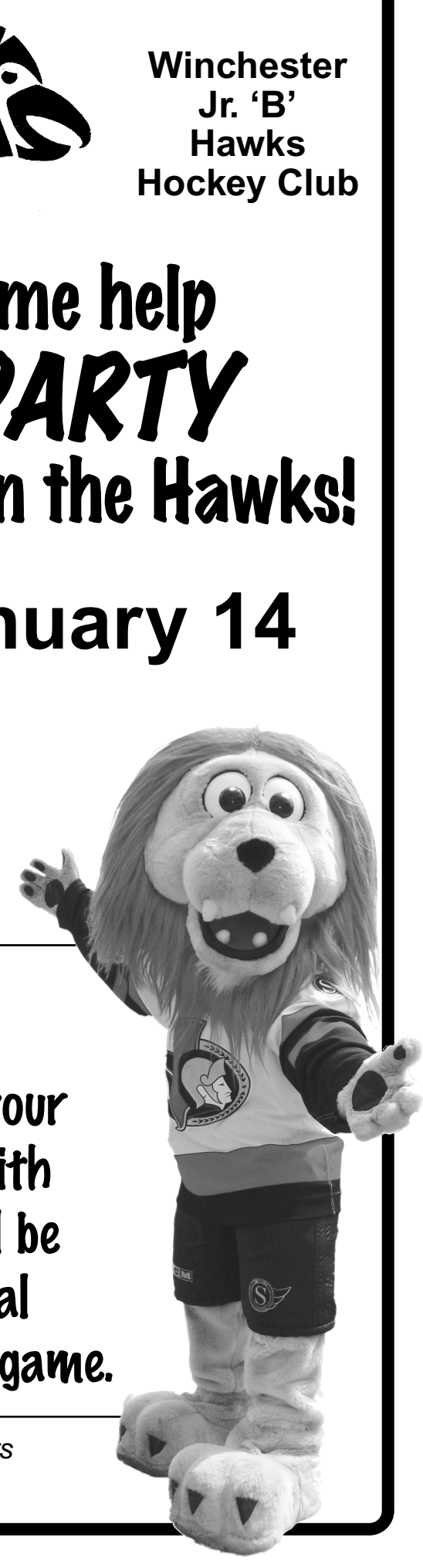

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Novice "C" Demons make history in inaugural Bell Sensplex tourney

OTTAWA — Count them — seven. The North Dundas Novice "C" Demons compiled an impressive list of accomplishments competing in the first annual Bell Sensplex Novice Holiday Classic hockey tournament.

First team to win Classic Cup

Coached by Winchester's Tom Mellean the Demons became the first team to win a championship in the first ever Bell Sensplex Holiday Classic (Dec. 17 - 19). They were then the first team to have their names engraved on the Classic Cup and the first team to have their photo taken with the new trophy. The Demons were also the first team to ever win a championship in the new Bell Sensplex.

The event was also the first competitive tournament for the North Dundas team. That first tournament saw them score their first powerplay goal of 2004-05, take their first penalty of the year (the only one in six tournament games) and suffered their first loss (league and tournament play).

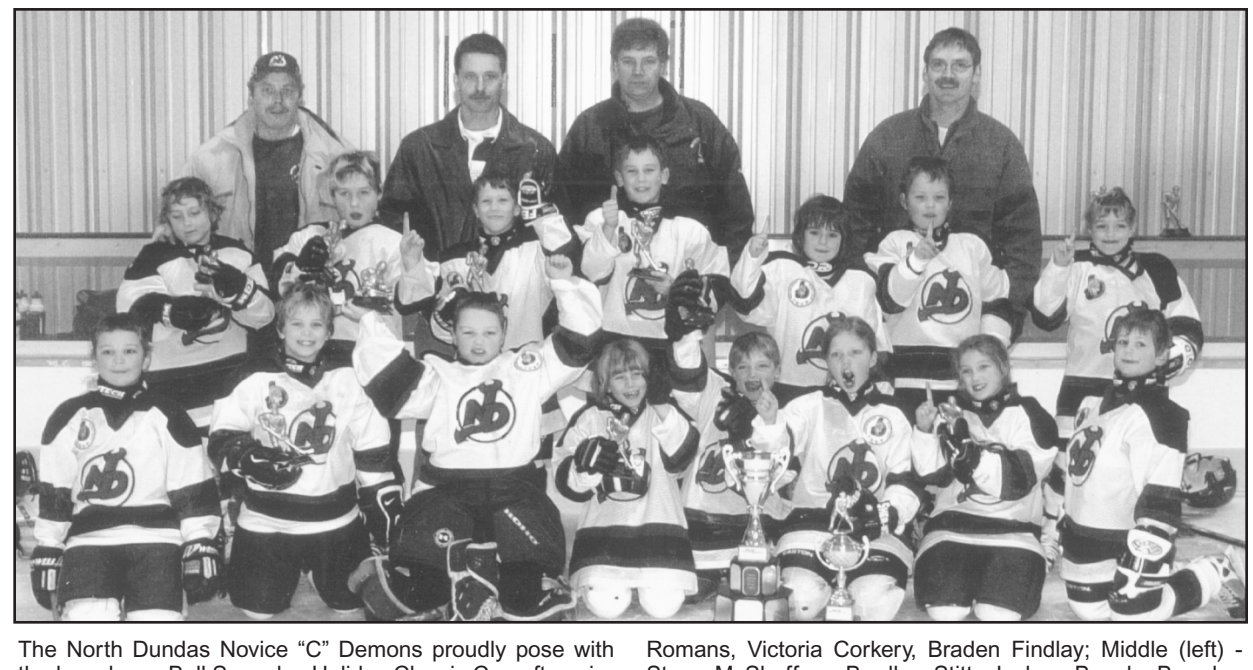
North Dundas went through their five-game schedule composing a 5-1-0 record. They outscored their opposition 20-2 posting four shutouts along the way. Goaltender Matt Ledrew registered three of the four zeros and shared one perfect result with Steven McSheffery.

Brandon Dudley potted a pair of goals helping the Demons to a 5-0 win over the Cumberland Conquerors. Bradley Stitt, Chelsey Romans and Patrick Lebrun netted the other markers. Beau Baldwin picked up an assist on his team's first-ever powerplay goal scored by LeBrun at 7:33 of period two. Matt Laflamme was named the Demon's MVP.

Day two's action produced a 4-0 win over the Osgoode-Rideau Senators and a 2-1 loss to the Rockland Nats. Stitt scored three of his team's four goals in the 4-0 victory and earned MVP status for his efforts. Victoria Corkery netted the other marker. Lebrun counted the lone goal in the 2-1 loss scoring from Baldwin and Braden Findlay with 1:30 left on the clock. Findlay was named MVP.

LeDrew posted another shutout in a 4-0 semi-final win against the Stittsville Scorpions. Dudley, Stitt, LeBrun and Corkery fired in the goals and Stitt was named MVP.

Game MVP Romans led the attack in the championship game scoring three times in the Demons's 8-0 whitewashing of the Nepean Crazy Cougars. LeBrun (2), Baldwin, McSheffery and Findlay snapped home single goals while Baldwin (2), Findlay and Ryan Gruich earned assists. LeDrew posted his fourth shutout.



The North Dundas Novice "C" Demons proudly pose with the brand new Bell Sensplex Holiday Classic Cup after winning their division championship on Dec. 19. The first-ever champs are: Front (left) - Ryan Gruich, Devon Byers, Matthew Ledrew, Anna Stubbings, Beau Baldwin, Chelsey Romans, Victoria Corkery, Braden Findlay; Middle (left) - Steve McSheffery, Bradley Stitt, Joshua Beach, Brandon Dudley, Patrick Lebrun, Mitch Fournier, Matthew Laflamme; Back (left) - trainer Rob Fournier, ass't coach Ken Byers, coach - Tom Mellean, trainer Mike Lebrun.

Byers and Cousineau pace attack

CHESTERVILLE — Two-goal efforts by Ryan Byers and Brandon Cousineau powered the North Dundas Atom "B" Demons to a 6-1 victory over the visiting Kemptville Panthers.

North Dundas led the Jan. 3 Upper Canada Minor Hockey League contest 3-0 after a period and 5-0 after two periods. Kemptville finally cracked the Demons defence for their only goal, 2:54 before the final buzzer.

Ryan Byers netted the opening goal scoring at 7:04 on a pass from Josh Freake. Brandon Cousineau fired home a relay from Byers and Freake at the 2:23 mark, and that marker would prove to be the winning goal. Scott Jones then made it 3-0 scoring from Byers and Williams Burgess with 1:24 left in the session.

Byers (from Austin Carruthers at 9:23) and Dylan Comeau (from Paul Gibson at 8:42) clicked for the second-period tallies. Cousineau completed the scoring ringing up his second of the game after taking a pass from Freake and Jones with 5:22 left on the clock.

BELL MEMORIES

The Demons were one of 27 Atom "B" rep teams that participated in the Ottawa Bell Capital Cup tournament during the Christmas break. North Dundas finished the round-robin portion of the competition with a 1-2-0 record, defeating the Embrun Panthers 6-1 and losing 1-0 to Les Festivales de Hull and 4-0 to the Goulborn Rams. Hull emerged as the tourney's Atom "B" champions.

Members of the Demons were also involved in the All-Star Game as well as the skills competitions.

Ryan Byers and Mark McRae skated in the All-Star Game while goalie Cam Hunt earned the top prize in his event.

Both goaltenders, Ryan Romans and Hunt, were in a field of 24 in the event. Romans allowed just one goal in all of the shots he faced but was eliminated. Meanwhile Hunt, in his first year playing at the "B" rep level, advanced to a showdown after stopping all of the shots he faced in the preliminary round. In the showdown he and two other netminders faced the top-scoring forwards from the passing and shooting drills and Hunt held on to take the trophy.

Players from four pools (16 teams) particpated in the other events including the five-man relay race (each skater doing one lap). Paul Gibson, Garret Milne, Daniel McSheffery, Dylan Comeau and William Burgess made up the Demons squad.

Brandon Cousineau took part in target shooting (12 pucks in 25 seconds) and qualified for the showdown round scoring four times in the qualifying shoot. He eventually came up one goal short in the shootout.

Josh Freake and Nevin Guy combined for the two-on-0, pass and shoot drill and were good for a three of five result, but lost out to a combination which went four-for-five. Austin Carruthers and patrick Speagle also took part.

Scott Jones and Jordan Cooper each had three chances (in 60 seconds) to beat a goalie one-on-one. Cooper scored on his three shots but North Dundas would be ousted in round two.

Mark McRae and Ryan Switzer took part in the timed agility race (pylon obstacle race with a puck).

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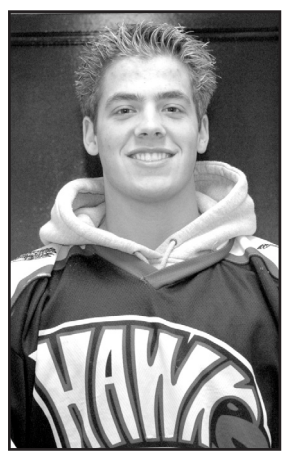

No. 16 Denis Gauthier

Rookie defenceman Denis Gauthier has been a fixture on the Winchester Junior "B" Hawks blueline since joining the team after a brief appearance in the Alexandria Glens camp. Gauthier hails from St. Bernardin and attends high school in nearby Vankleek Hill. Born in 1986, the 6'1" defender weighs in at 200 lbs. Gauthier has scored three goals, added 11 assists and wears jersey No. 16.
Press Photo — Van Bridger

Ladies hockey

Blues blank Classics 2-0 for second victory

WINCHESTER — Backed by Joanne Saunders' solid goaltending the Annable's Jewellery Blues blanked the Stewart Classics 2-0 and registered their second victory of the Winchester District Ladies Hockey League season in the process.

Jennifer Manley used a pass provided by captain Heather Erwin and Shirley Velthuis to put her team into a 1-0 lead at 14:33 of the first half. Her goal would prove to be the winning shot. With 12:35 left in the game the same trio hooked up for a 2-0 lead. On the second occasion Velthuis finished what Manley and Erwin had started. Saunders took care of business in the Blues end of the rink and registered her second shutout of the season.

The fifth-place Blues improved to 2-7-3 with their Jan. 9 win while and the sixth-place Classics dropped to 0-7-5.

Brianna Palubeski popped in a pair of goals and powered the fourth-place Andy's Foodland (4-4-4) to a 4-1 win over the number two-ranked Ryan's Reds (7-4-1) in the 9 am contest. The decision stretched the Maroons undefeated streak to seven games (4-0-3) and featured a 2-1 first-half lead for the Maroons on goals by Palubeski (from Karen Benoit and Karla Marshall at 12:31) and Tara Verney (from Janice Casselman and Alexis Green at 6:20). Karen Cooper put the Reds into the game finishing off a play started by Kim Perry and Cheryl Hamilton at the 7:07 mark.

Green (from Casselman and Benoit at 11:50) and Palubeski (from Marshall at 10:20) cracked in the second-half shots to make it a 4-1 final. Sandra Brunner posted the win and Barb Wigney took the loss.

Roxanne Backes posted her sixth shutout of the campaign backing the first-place CountryGirl Gold Diggers (8-1-3) in a 1-0 decision over the third-place Double Beauty Stylists (6-4-2). Captain Sandy Roy's 11th goal of the season was the difference in the game. Dianne Lapier and Laura McDonell picked up assists on the play. Carrie Nolan suffered the one-goal setback.

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APPLES – McIntosh, Spartan, Empire, Red Delicious, Russett, Northern Spy, Ida Red, and Cortland. Many unique fruit spreads and chutneys, Apple Cider, Apple Pies and Apple Giftware. Gift Baskets for all occasions, ready made or made to order. Smyth's Apple Orchard, Dundela, 5 km west of Highway 31 at Williamsburg, on County Road 18, follow the signs. Open 7 days a week 9 am-5 pm, 652-2477.
42tfc

FOR SALE – Late 50s, Gulbransen upright piano, good condition, $450. Call 774-0078.
36stf

For Sale

FOR SALE – Snowblower for Noma lawn tractor, 38", all belts and wheel weights. Like new, $695. Call 774-6666.
43

FOR SALE – Tool chest full of mechanic's tools, including air tools, almost new. Ideal for the aspiring mechanic. For more information call 613-774-0207.
43-44

Automotive

FOR SALE – 1990 Pontiac Bonneville, 3.8 engine, sold as is. New parts including battery, starter and converter. $500 or best offer. Call 774-2870.
32stf

FOR SALE – Tires, 4 Good Year Alegra P215-65R15 on Pontiac rims, low kms. Asking $400. Call 774-2870.
33stf

FOR SALE – Four 14" winter tires, balanced and mounted on rims, fits Honda Civic, $160. Call 774-6134.
42-43

VEHICLE FOR SALE – Tired of being offered second rate vehicles, especially with a credit problem. Call Car-O-Line Auto's local 1-613-448-2488 or long distance toll free 1-877-820-5598. Over 50, late model VEHICLES TO CHOOSE FROM. Now online www.car-o-line.com.
43c

Farm

FOR SALE – 16' Butler silo unloader; page wire fencing; steel fence posts; Little Giant 40" elevator; MF 224 square baler. Call John 774-2531.
40tfc

FOR RENT – 300 acres tile drained land, Brinston area. Phone 613-652-4465.
42-43

FOR SALE – Hay and straw, small square bales, horse quality grass hay, no rain; wheat straw. Steven at Vernon 774-6403.
43

Household

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15tfc

FOR SALE – Loveseat, green fabric, very cozy, nearly new, $350; coffee table set, $200. Call 448-9163 after 6:30 pm.
43

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32tfc

HORSES FOR SALE – Registered Belgians, 1 mare and foal, 1 gelding, both trained, 1 filly, 1 colt. Call 613-764-3743.
42-43

FOR SALE – Golden Retrievers, athletic and versatile, CKC registered, tattooed, home raised, first shots. 2 year health guarantee. $625, ready Feb. 11. Call 774-2971.
43

Recreational

FOR SALE - 1999 Polaris XCR 440, 3,500 miles, 144 studs, $2,700 or best offer. Call 821-3916.
42-43

FOR SALE – 1986 440 Indy Trail, 2-up, new track, $1,100 or best offer. Call 535-2930.
43-44

Birth Notice

VAN BREUGEL – Big sisters Whitnie and Adrianna are happy to announce the safe arrival of their little brother, Hunter Michael John, born Wednesday, December 29, 2004 at 8:30 am, weighing 7 lb., 12 oz. Proud parents are Jamie and Tina, and grandparents John and Donna Proulx, Barb Van Breugel and watching over him is Adriaan Van Breugel. Special thanks to Dr. Darbyshire, Dr. Jones and the excellent care and attention from the O.R. girls.
43

RYLAARSDAM – Harry and Marnie (nee Slater) are pleased to announce the birth of their third child, Mary Katherine. She was born on Tuesday, December 21, 2004 and weighed 7 lb., 15 oz. She is welcomed by big sisters Emma and Elizabeth. Thank you to Dr. Beth Rivington and the maternity staff at WDMH.
43

Card of Thanks

CARD OF THANKS – I would like to thank each one of my friends and relatives, who were so kind to remember me at Christmastime. How can one forget gifts so lovely. I shall never forget your kindness. Thanks to all and come in any time for a short visit.
– Best to everyone.
– Ethel Riddell
43

CARD OF THANKS – The Simzer family would like to thank relatives, friends and neighbors for donations, flowers and food brought to our home when Lyle passed away; police officers, ambulance and air ambulance for doing all they could possibly do; to Rev. Blair Paterson for the service, Hallville ladies for lunch, Byers Funeral Home, and Ruthy when I really needed her; James, Walter, Stacey and anybody else that helped in any way.
– Bless you all!
– Verna, Garry, Linda and Teresa
43

CARD OF THANKS – We'd like to thank everyone for their support this season. First of all our parents who support us and allow us to compete; our curling fan club: Bill and Brenda, Louise, Aubrey and Sharon, Dave and Janet, Greg and LeeAnn, Danny, and to Dave looking out for us from above. Also thanks to our home club and our sponsors. Special thanks to coaches Brian Clement and Anne Chapman.
– Provincial Participants
– Shane Latimer, Jared Collie, Andrew Dings and Adam Ozvald
43

In Memoriam

CRAIG – In loving memory of Elwood, who passed away January 15, 1992.
May the winds of love blow softly
And whisper so you'll hear;
We will always love and miss you
And wish that you were here.
– Ida, Barb, Justin and Chris
43

IMRIE – In loving memory of a dear wife, mother, grandmother and great-grandmother, Gladys, who passed away January 15, 1999.
Her memory is as dear today,
As in the hour she passed away.
Gone, But never forgotten.
– Lovingly remembered George (Judd) and family
43

Coming Events

WINCHESTER LIONS CLUB
515 Mill St. 774-2630
BINGO
Every Monday
HALL RENTAL
THRIFT STORE
OPEN: 9 am-3 pm, Tuesday to Saturday
9tfc

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40tfc

LADIES WEEKEND IN SAN FRANCISCO
April 21-25, escorted by Connie Gruich. $899 plus tax. Includes: air from Ottawa, 4 nights hotel, transfers, city tour. Single ladies welcome. Call Thom Travel 613-543-2133 or 448-3714. Email: sales@thomtravel.com
42-43c

PILATES, T'AICHI, BELLY DANCING
8 week winter sessions beginning week of January 10. Day and evening classes. Limited spaces! Call the Academy of Expressive Dance, 320 Latimer Road, 613-989-3418.
42-43

SEAWAY VALLEY SINGERS
Start-up is Wed., Jan. 5, 7:30 pm, Christian Reformed Church, Williamsburg. New members welcome. For information phone 613-543-3412.
42-43c

LEARN TO DRAW
Four sessions, Wednesday mornings, $80. New course starts Jan. 12. Call Joyce at 989-2553.
43-45

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Coming Events

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Sat., Jan. 15: Mary Perry and Country Classic, 8 pm-12 midnight, admission $6, light lunch. **Sat., Jan.29:** Kathy and Friends, 8 pm-12 midnight, admission $6, light lunch.

43

HALL FOR RENT

Parties, special events. Winchester Curling Club. LLBO licensed for 130 people. Kitchen, ice surface available. Call Dave 774-5491.

43c

COMMUNITY DIABETES INFORMATION SESSION

Activity and diabetes. What a difference it can make! Wed., Jan. 19, 7-8:30 pm, Conference Room, Lower Level, WDMH. Speaker: Pam Coons, Certified Personal Training Specialist. All welcome.

43c

MOUNTAIN TRAIL BLAZERS SNOWMOBILE CLUB

Sweetheart Rally, Dinner and Dance, Mountain Agricultural Hall, South Mountain, Sat., Feb. 12. Rally registration 10 am. Trail Passes a must. Day passes available. Dance tickets at Rick's Gas Bar, 989-2351 or Loughlin's Country Store, 989-1323. **No Snow, No Rally or Dinner. DANCE GOES ON.**

43-45c

CREATE YOUR LOOK FOR MARDI GRAS

Costume accessories: beads, masks, hats, feather boas now available from Lola's Emporium, Main St., Winchester. Tickets $10 available from Lola's and Shadbolt's, Winchester; Seaway Valley Pharmacy, Chesterville and from Sandy Row Golf Club, South Mountain.

43c

CHESTERVILLE LEGION DINNER

Next Supper, Friday, Jan., 14 at 5:30 pm. Roast beef dinner.

43c

RENCONTRE D'EVANGILISME EN FRANCAIS

Aura lieu le samedi 15 Janvier 2005 a 19 h (7 h pm) a l'eglise Harmony Church. L'evangiliste Donald Gingras de Montreal partagera son message de Salut selon les Ecritures Saintes. Il sera disponible pour repondre aux questions spirituelles et pour prier pour les malades et les personnes decouragees. L'evangiliste Gingras prechera egalement en anglais le dimanche martin a 10 h 30 am. L'eglise Harmony Church est situee sur le chemin Ormond, debouchant sur la route 31.

43c

BETA COURSE

Harmony Church is offering the Beta Course by Neil T. Anderson beginning Sun., Jan. 16 at 7:30 pm. This is a video course in Christian Discipleship. No charge. For more information please contact the church by phone at 774-5170 or by email at harmonychurch@bellnet.ca Everyone welcome. 43c

Auction Sales

ESTATE AUCTION SALE
QUALITY FURNITURE, ANTIQUES, COLLECTIBLES AND MISCELLANEOUS ARTICLES

In the Vernon Recreational Centre, Vernon, Ontario. Turn east on Lawrence St., 1/2 mile, just off Bank Street (formerly Highway 31), approximately 20 miles south of Ottawa.

SATURDAY, JANUARY 22
commencing at 10 am
viewing from 8:30 am

Welcome to our first sale of the 2005 auction season at the Vernon Recreational Centre where we are featuring an excellent selection of both refinished and original pieces. Something for everyone!

Carved oak dining room set with extension table, china cabinet, buffet and 6 chairs, all original; round oak table with 2 leaves; refinished church pew, approximately 45"; oak drop front desk; 4-section oak barrister's bookcase; pressback rocking chair; 4-drawer Queen Anne style bow front chest of drawers; parlor tables; 2 washstands; cedar chest; dresser with mirror; blanket box; chest of drawers; piano stool; child's pressback rocker; antique wicker baby carriage; antique wicker loveseat; round wicker planter; mission style rocking chair; magazine tables; half moon tables; small plant stands; Duncan Phyfe style drum table; tea wagon; hall tree; solid mahogany stereo; needlepoint chair with fancy back; antique chesterfield and chair with wooden trim, excellent condition; wingback chair; 2 hoop-back chairs; pie crust 2-tier stand; mahogany bedroom set with 2 twin beds, highboy and dresser with mirror, bow fronts; double poster bed; Queen Anne make-up table with folding mirror and bench; old cabinet radio; quality living room lamps; Aladdin lamp with original shade; oil lamps; old floor lamp; antique metal wind-up toy "Boy on Tricycle", very old; crocks; lanterns; old radios; dairy can; Beatty tub stand; stovepipe rings; bells; sad irons; copper boiler; gas iron; 2 old plaster dolls; 2 commode pots; washboard; bridge lamp; partial set of Limoges dishes; several pieces of pink depression including berry bowls, candy dishes, salt and pepper set and wine glasses; old Butterfly dish; silverware set; tea set; cast iron frying pan and pot; set of crystal glasses; china cups and saucers; berry bowls; small kitchen appliances; 2 paintings; mirrors; assorted hand tools; many other assorted items.

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43-44c

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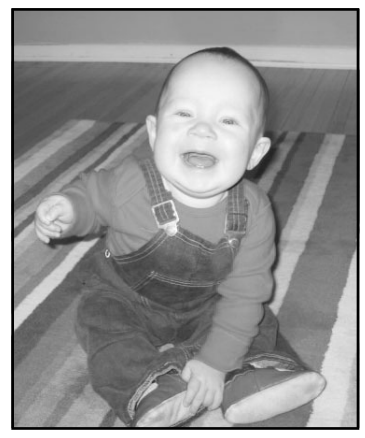

MARVAN

Arie and Betty Hoogenboom of Dryden, Ontario, are delighted with the arrival of their first grandchild, Silas Sebastian Marvan, born on Thursday, April 22, 2004 at 8:59 am, weighing 6 lb., 14 oz. Silas is the first child of thrilled parents Laura and Mik Marvan of Edmonton, and also the first great-grandchild for Mr. and Mrs. W.P. Hoogenboom of Mountain.

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CEDAR GLEN GOLF COURSE
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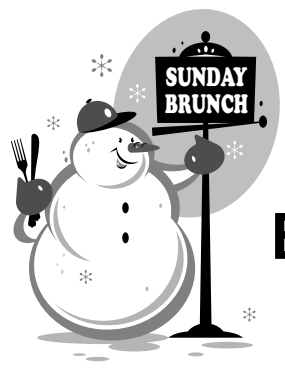
WING NIGHT
Thursday, January 13
In support of South Dundas Snowmobile Club



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Applications must be received no later than 4:00 p.m., Wednesday, January 19, 2005.

United Counties of Stormont, Dundas and Glengarry
Attention: Human Resources
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K6J 3P2
Telephone: (613) 932-1515 Ext: 200
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We thank all applicants for applying, however, only those being selected for an interview will be contacted.

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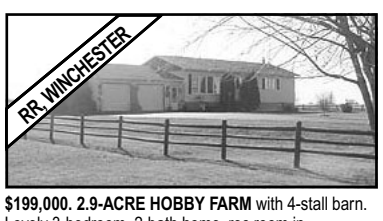

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OBITUARIES

Philip William Dea

Philip William Dea (Joe) of RR 1, South Mountain passed away on Jan. 7, 2005 at the Winchester District Memorial Hospital. He was 63.

He is survived by wife Shirley whom he married on Aug. 27, 1966 in Ottawa. He was born on March 18, 1941 in Ottawa to the late David Ralph Dea and Marguerite Begley. He is survived by children Shannon (Mark Stephenson), Laura Carlsson (Neil) and Justin; and by grandchildren Breckyn, Monika, Kendall and Molly.

He was a crew leader for the regional government and City of Ottawa waterworks. He was a member of the United Church and a member of the Morrisburg Legion.

The funeral service was held in the chapel of Byers Funeral Home on Jan. 11 with Rev. Blair Paterson officiating, followed by cremation.

Patricia Duperron

Patricia Duperron (nee Murphy) of Winchester, passed away at Winchester District Memorial Hospital on Jan. 4, 2005. She was 76.

She was the dear mother of Ida Wilson (Brian Cinnamon) of RR 3 Chesterville and Bill (Ella) Bouck of Winchester. She was the dear sister of Margaret (Gary) Richards of Kemptville, Shirley Mattice of Morrisburg, Cathy (Gary) Kavanaugh of Port Elgin, and Allan (Joey) Murphy of Cornwall. She will be fondly remembered by grandchildren Tom Wilson of Halifax, Kelly (Jason) Porteous of Halifax, Holly Bouck of Winchester, and great-grandchildren Earl, Abigail, Isaac, and Eliza. She was predeceased by sister Jean Casselman and brothers Don, Jim, and Mike Murphy. She is also survived by nieces and nephews.

A memorial service was held at the Marsden and McLaughlin Funeral Home on Jan. 8. Interment of cremated remains followed at Union Cemetery in Williamsburg.

Donations to Winchester District Memorial Hospital would be gratefully acknowledged by the family.

Bill Langabeer

Bill Langabeer of Winchester passed away suddenly on Dec. 28, 2004 at Winchester District Memorial Hospital. He was 64.



He is survived by wife Ann (nee Crawford) whom he married on June 20, 1964 at St. Andrew's Presbyterian Church in Chesterville. He is survived by brothers and sisters Carman (Ruth) of Finch, Angus (Carolyn) of Belleville, Edward, and Barbara Smith of Winchester. He was predeceased by a brother Jim. He is also survived by nieces and nephews.

He was born on June 14, 1940 in Belleville to the late Walter and Ruth (nee Reddick) Langabeer. He was a lifetime resident of the area and lived in Winchester for the last 14 years. He worked as an orderly at Winchester District Memorial Hospital for 33 years. He was a dedicated member of St. Andrew's Presbyterian Church where he served as an elder and was a member of the choir for many years.

He enjoyed sewing, upholstering and gardening. He was a very talented tailor and he made many nice pieces of clothing during his lifetime. He was a man of precision and his attention to detail was evident in all of his daily activities. He was a regular participant in Sunshine Circle at the Winchester District Memorial Hospital.

Friends called at the Marsden and McLaughlin Funeral Home in Williamsburg on Dec. 30. The funeral was held at St. Andrew's Presbyterian Church in Chesterville on Dec. 31 with Rev. Bert deBruijn officiating. Interment followed at Maple Ridge Cemetery in Chesterville. Pallbearers were Sam Hummel, Rob Erath, Bassam Alsabeh, Charles Hummel, John Langabeer and Joe Baker.

Donations to St. Andrew's Presbyterian Church would be appreciated by the family.

Len Robert Meldrum

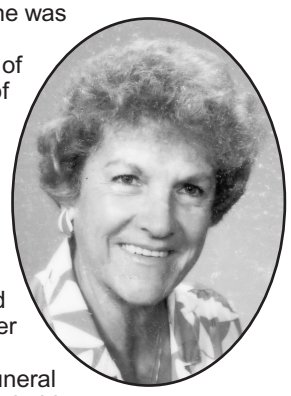
Len Robert Meldrum tragically lost his life in a house fire on Jan. 3, 2005. He was 52.

He was the loving son of Robert Meldrum and was predeceased by mother Pauline Meldrum (nee Billings). He will be sadly missed by daughter Natasha and his cherished granddaughter Shyanne. He was dear brother of Georgena Meldrum (Bruce) of Ottawa, Barbara Wicks (Gerald) of Winchester, Lorraine Drain (James) of Ottawa, Rhonda Lepine (Randy) of Sudbury, Ralph Meldrum (Linda) of Cornwall, Jo-Anne Wicks (George) of RR 1 Mountain, and Brenda Young (Mike) of Winchester. He is also survived by many uncles, aunts, nieces and nephews.

The memorial service was held in the chapel of the Winchester Funeral Home on Jan. 7. Burial will take place at Ormond Cemetery in the spring. In lieu of flowers, donations to Winchester District Memorial Hospital would be gratefully acknowledged by the family.

Rita Moran

Rita Moran (nee Despault) passed away suddenly at the Woodland's Villa in Long Sault on Jan. 5, 2005. She was 76.



She was the beloved wife of Len Moran of Chesterville. She was the cherished mother of Denis (Chris) Page of Oakville, Lise (Cliff Steinburg) of Morrisburg, and stepdaughter Lorna Kilby and family of Chesterville. She will be sadly missed by grandchildren Sheryl (Alain Cayer), Shawn Steinburg, Jason (Laura) Page, Matt Page and Laura Pagé; and great-grandchildren Marie-France Cayer, Gabrielle Cayer, Natassja Cayer, and Karine Cayer. She will be sadly missed by her sisters and brothers, as well as many other relatives and friends.

The visitation was held at the Chesterville Funeral Home on Jan. 7. A Mass of Christian burial was held on Jan. 8 at St. Mary's Roman Catholic Church in Chesterville, followed by cremation.

In lieu of flowers, donations to either Winchester District Memorial Hospital, the Heart and Stroke Foundation of Ontario, or the Canadian Diabetes Association would be gratefully acknowledged by the family.

Ian G. Reid

Ian G. Reid passed away peacefully at the Kemptville District Hospital, on Jan. 6, 2005. He was 80.

He was devoted husband of Ellen (nee Derby) for 54 years. He was the cherished stepfather of Burnett (Ethyle) Derby and Barbara (Gordon) Hutchinson. He was the loving "Nampie" to grandchildren Sharon (Kevin) Smail, Sandra (Lyle) Thornton, Andrew (Vicky) Hutchinson, David (Judith) Hutchinson, Ronald (Annette) Derby, Robert (Helen) Derby and Brian (Lisa) Derby. He is also survived by 14 great-grandchildren. He was predeceased by parents John and May Reid and will be remembered by brother James (Glenys) Reid, sister Patricia (Mel) White and brother Graham (Karen) Reid.

The visitation was held at the Winchester Funeral Home on Jan. 10. The funeral service was held in the chapel of the Winchester Funeral Home on Jan. 11. Burial will follow at Maple Ridge Cemetery in Chesterville.

For those wishing, donations to the Heart and Stroke Foundation would be gratefully acknowledged by the family.

Irene Violet Robinson

Irene Violet Robinson (nee Weir) passed away peacefully at St. Joseph's Health Centre in Toronto on Jan. 5, 2005. She was 94.

She was the dearly beloved wife of the late Ross C. Robinson. She is survived by her son Paul and his wife Julianne; daughter Gail and her husband Dr. Charles Shamess; grandchildren Jeffrey and Daniel Robinson, and Kristen and David Shamess; and several nieces and nephews. She was predeceased by sister Phoebe and her husband Dr. Paul Rutherford of Chicago, Illinois and sister-in-law Marion Judson of Athens, Ontario.

The funeral service was held at Christ Church Anglican in Brampton on Jan. 11 followed by interment in Athens Cemetery. In lieu of flowers, donations to the Canadian Cancer Society or the Ontario Heart and Stroke Foundation would be greatly appreciated by the family.

Lyle John Simzer

Lyle John Simzer of RR 2 Mountain passed away at home on Jan. 5, 2005. He was 71.

He is survived by wife Verna Mary Margaret Arcand whom he married in Smiths Falls on July 18, 1955. He was born on Jan. 14, 1933 in Mountain Township to the late Ivan Simzer and Myrtle Tousant. He is survived by children Teresa Workman (Rick), Linda Weatherall (David), and Garry Simzer. He was predeceased by son Ron Simzer. He is also survived by grandchildren Michael and Kevin Workman; and Chris and Shawn Weatherall. He was predeceased by his siblings Nelda Bruce and Gerald Simzer.

He was a farmer and formerly worked as a laborer at Eastern Breeders Inc. He was a member of the United Church.

The funeral was held in the chapel of Byers Funeral Home on Jan. 8 with Rev. Blair Paterson officiating, followed by cremation.

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Keeping Health In Mind

"Keeping Health in Mind" is a monthly newspaper column made possible with the help of the Lannin Business Centre, The Winchester Press and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall Community Hospital/Hôpital Communautaire de Cornwall.

Catastrophizing

Have you ever felt like everything is happening all at once and everything that is happening has to be dealt with right now? –that it is very important and urgent? If so, maybe you have a way of thinking that is known as catastrophizing.

In catastrophizing, events that would commonly be considered as everyday events take on the character and emotion of disastrous events. People feel overwhelmed. Anxiety and/or anger enters into their emotional field and then they behave and function as if the event really was a catastrophe. In this state, a person's ability to reason and problem-solve is compromised resulting in the perceived problem becoming larger, worse and more catastrophic. This thinking leads to greater anxiety and/or anger. The more people focus and think of the event, the bigger and more awful it becomes by adding events that did not or are not likely to occur – they " what if" until the event becomes a huge, insurmountable obstacle in their eyes. It becomes a vicious circle of thoughts.

In actual fact, 99% of the events in our lives are not emergencies or catastrophes.

To understand this concept better, people need to know that a real catastrophe is an event resulting in great loss and misfortune such as a death or something that is life threatening. Everything else is less than that and therefore does not meet the definition of a true catastrophe.

It is possible to develop a balanced perspective on things that happen to us is life by using a scaling technique. On an index card, construct a catastrophe scale to help you compare the current situation, which is seeming to be large and overwhelming, to a number of events that represent differing levels of seriousness. This index card becomes a ruler by which you can measure the actual seriousness of the current event and allow you to develop objectivity and a sense of balance and perspective. In doing so, you are then more able to think of options and solutions rather than to think about how awful the situation is.

To construct this scale, draw a straight line across the index card. Place points along the line to indicate events and how serious they are. For example, receiving a cold cup of coffee, although possibly annoying, is 0% in seriousness. Having an argument with a co-worker may be 20% in seriousness, 30% seriousness may be an argument with a family member. Continue to construct events for 50%, 75% and 100%, reserving 100% for death and dismemberment. Once you have an outline, you can add events and make more subtle distinctions between these points forcing you to give thought to the true seriousness of events and situations you encounter in your life.

When you find yourself reacting at 100% to an event, take a few deep breaths, remove your scale from your wallet or purse and place the event on its actual place on the scale. Give the true placing some thought based on evidence and reasoning, being aware of any potential outcomes you created by "what if". A good rule of thumb to gain perspective is to ask yourself if this event will really matter when you think of it a year down the road. It is pretty much guaranteed that someone cutting you off in traffic will not have much importance in one year's time.

With practice, you will be able to do this technique in your head and not need to pull out the scale. At this point, you will find that most of life's situations and events are not truly urgent and do not need immediate attention, as you once believed.

Mary Lalonde, O.T.(C), Occupational Therapist, Tri-County Mental Health Services

For more information or to receive the French version of this article, or to seek professional advice, please call 932-9940 or 1-800-465-8061. Free, confidential services are available in French and English to residents of Dundas, Stormont and Glengarry through their offices in Winchester, Cornwall and Alexandria.

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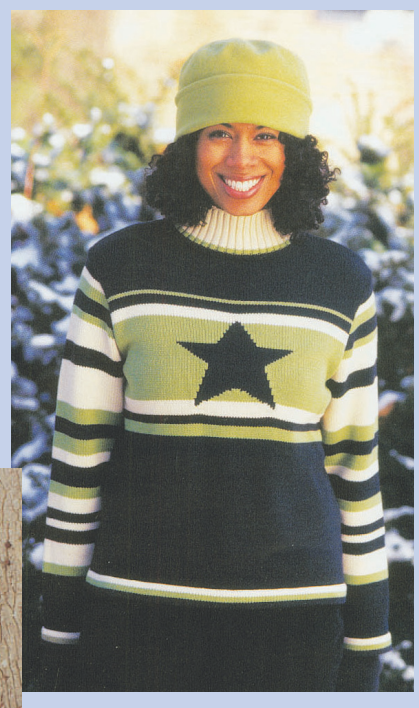



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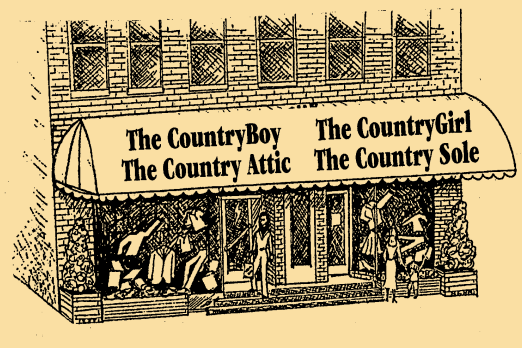

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