

THE IROQUOIS POST

VOLUME II - No. 29

Second Class Registration No. 1361

Iroquois Ontario, January 3, 1973



The Old Iroquois 52 Pictures To Be Presented

Believing that preservation of the past is of great importance and knowing that many residents of present-day Iroquois had never seen Old Iroquois, The Iroquois Post and R. W. Martin will join together this year in presenting a picture-story of the old community.

Each week on the editorial page of this newspaper will appear a picture of one of the buildings in the village that was, so that all readers of The Post will have an opportunity to collect their own scrapbook of pictures. These will bring back many fond memories for former residents as well as give an insight into what life was like in the old Iroquois for those who have come along in the interim to become residents here.

With 100 years' history behind it, the old community faded away with the coming of the Seaway and the new rose to fulfilment on the hillside behind the old community. While the distance was not far, the upheaval was great and many fine old buildings fell to the wreckers.

But you can bring a bit of that past back to life in the coming year as each week a picture will add just a bit more to the memories of century of living. Start your own scrapbook now and keep adding to it as the weeks pass.

If you wish, you can purchase a glossy print of any of these pictures and in various sizes from Mr. Martin at The Craft House, Shopping Plaza, Iro-

quois. For instance, a 5"x7" glossy would cost \$1.00. Smaller and larger sizes are available.

There is no doubt that this collection of pictures will be unique and a lasting tribute to the people who made the old Iroquois the kind of community it was. By seeing the buildings, you will be able to recall the kind of life lived over those 100 years and the people who lived in those homes, worshipped in those churches and were educated in those schools.

Don't delay in getting your copies starting this week.

Announce Purchase

Mr. Ronald H. Perowne, President of Dominion Textile Limited, announced today that the Company has purchased from National Distillers and Chemical Corporation of New York for \$1,594,000 cash the remaining fifty percent (50%) interest in The Esmond Mills Limited of Granby, Quebec. The original 50% participation in Esmond was acquired by Dominion Textile in 1960.

Esmond is Canada's largest producer of blend blankets, bedspreads, table fashions and upholstery fabrics with an annual sales volume of approximately \$10,000,000.

Mrs. K. Perry Hosts Knox W.M.S. Auxiliary

The December meeting of Knox Presbyterian W. M. S. Auxiliary was held at the home of Mrs. K. Perry with Vice-President Mrs. E. Hyslop presiding. Mrs. Hyslop opened the meeting with prayer followed by the Christmas program from Glad Tidings with Mrs. Perry, Miss Yee, Miss MacKenzie, and Mrs. Moke assisting in the reading of scriptures. Roll call, minutes and correspondence

were read by secretary Mrs. Perry, Miss N. McGowan treasurer received offering and presented treasurer report. The annual secretary and treasurer report for the year was given showing very fine reports for the year 1972. Letters of appreciation from Scotts Missions and armagh for bales were received. After the business portion of the meeting Rev. Hibbs showed the 'I'm of Christmas

in Norway which was very good. Rev. Hibbs closed the meeting with prayer. Mrs. Perry served lunch and was thanked by Mrs. Hyslop. The Ladies Aid Society and the W. M. S. Auxiliary of Knox church Iroquois wish in this way to thank the editor and staff of the Iroquois Post for their kindness in printing notices and reports of all their meetings during the year.

Celebrates Her 90th Birthday

Mrs. Alzon Seeley (nee Gertrude Stone) now of Brinston formerly of 3rd. concession Matilda (Irina) celebrated her 90th birthday at the home of her daughter Mrs. Lloyd Brinston.

Mrs. Seeley is able to be around the house helping with the dishes and meals each day. She enjoys car rides to her son's and daughters.

Many relatives, friends and neighbours called to wish her a happy birthday and many more.

She received lovely birthday cards, flowers and gifts.

A Telegram was received from Walter Baker M.P. for Grenville-Carleton with his congratulations also a letter from Mr. and Mrs. Donald Irvine M.P.P. with their Best Wishes and a plaque was presented by Mr. Donald Irvine M.P.P. Grenville-Dundas on behalf of the Honourable William Davis Prime Minister of the Government of Ontario.

Children of Church Hold Closing Meeting

The Knox Children of the Church Group held its closing meeting of the year in the church-hall, Wednesday afternoon, December 20th, with nine children present and parents and W. M. S. members as guests. Mrs. Ray Smollett, leader, conducted the meeting, with the Rev. Hibbs showing two films, "Peter and the Hermit" and "Christmas in the Family". Alistair Sutherland presented all the guests with a Christmas bookmark; Brenda Smollett gave a Scripture Reading of the Christmas story; and the Minister led in a round of carolsinging, following which a luncheon time was enjoyed by the children and guests.

The Knox W.M. S. Aux. met at the home of Mrs. Katherine Perry, Wednesday evening, December 20th, with all members present. The meeting was conducted by Mrs. Eleanor Hyslop, Vice-President, the

members using the Christmas program in the "Glad Tidings" booklet. Readings were given by Mrs. James Fenton, Miss D. MacKenzie, Mrs. W.J. Moke, and Miss A. Yee. The Rev. Hibbs showed the film, "Christmas in Norway", following which Miss D. MacKenzie was installed as W. M. S. Treasurer for the ensuing year, and Mrs. W.J. Moke, nominated for the Presbyterian position of "Life Membership Secretary". Mrs. K. Perry was appointed to the office of

CALDWELL BOWLING LEAGUE

Team	Dec. 22	Points
Cougars		66
Mustangs		56
Stingrays		52
Road Runners		36
High Singles		
Ladies - Sheila Holmes	255	
Men - John Payne	304	
High Triples		
Ladies - Hazel Anderson	652	
Men - John Payne	750	
Dec. 29		
Cougars		66
Mustangs		63
Stingrays		54
Road Runners		41
High Singles		
Henriette Markell	297	
Roger Coulter	307	
High Triples		
Hazel Anderson	722	
Roger Coulter	731	

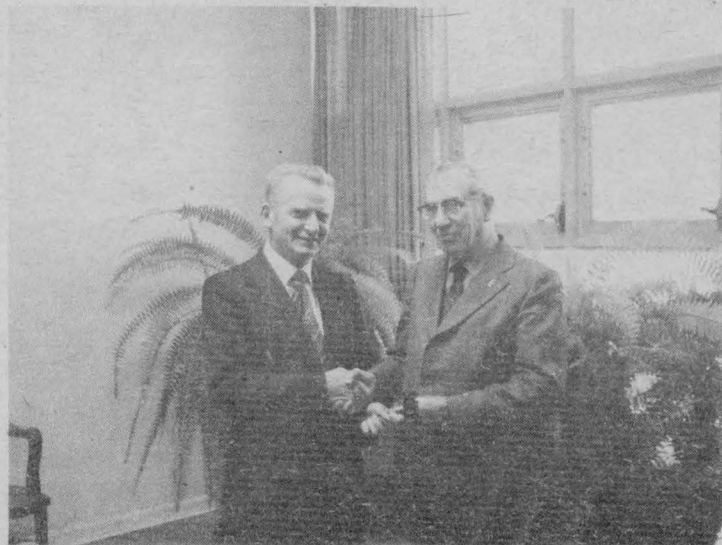
ENGAGEMENT

Mrs. Eleanor Murphy, Iroquois, is proud to announce the engagement of her daughter, Anne Pansy, to Mr. Douglas Eric Hartle, son of Mr. and Mrs. Welland Hartle, Iroquois. Wedding date to be announced later.

Secretary for another year. Following a short business meeting the meeting adjourned, with a Christmas snack being served by the hostess, being thanked by Miss N. McGowan.

Personal

Mrs. Herbert Van Allen has returned home after spending the past week in lovely Florida sunshine. She was a guest of her son Graham, Muriel and John, together with other members of the immediate family. There was no difficulty in obtaining comfortable motel accommodation in Daytona Beach area. Walt Disney World was at its best for some 70,000 persons in attendance on December 29th. Cypress Gardens also had much to offer in pleasure and entertainment.



RETURNS AS REEVE

Lloyd Davis is shown accepting the gavel of office from retiring reeve Ken Kirkby at the final meeting of the old council last Thursday afternoon. The new council was sworn in on January 3rd, including former councillors Jack Fetterly, Mrs. Helen Smith, Jim Styles and newcomer Frank Rooney.

OPINIONS...

THE EDITORIALS

...WORTHY AND OTHERWISE

The Iroquois Post

AND MATILDA ADVOCATE

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CANADA GOING AHEAD

This editorial is being written a day ahead of Mr. Trudeau's announcement on government policies in his upcoming months in power and only a gentle start is expected. Mr. Trudeau will have to feel his way along under a minority government and depending on how he pleases opposition parties will determine how long the Liberals stay in power.

None of the parties want, or can afford, another federal election and the people of Canada aren't likely to want to spend the millions of dollars that it takes for such a venture.

Too many things are at stake during this time of Canadian life to have a government in a position that it can't govern.

Unemployment - in all its aspects from those on welfare to those who have been and continue to abuse the fund; tax reforms that give a bit of a "break" to the little man; a brighter economic future with more stability; parity in a few fields of endeavour with the United States; a "softening" of the bilingual policies which seems to have already been started; and policies to strengthen our Canadian way of life in many fields.

Canada is still a young and growing nation, and will continue to have problems to try our patience. She cannot be expected to grow without growing pains, but these pains should not be expressed in present-day Canadians paying a dear price for Canadians yet unborn. Let's take a closer look at the problems of today, how to correct those problems for the people of today but not overlooking their consequences on the Canada of tomorrow.

Trudeau has taken on a completely different attitude towards his fellow Canadians in light of the election results. Let us all give him a chance to prove his change but in supporting a Liberal government in the coming months, let us not be swayed from one side or the other into believing that what is being done is in our best interest, unless it really is.

If we're satisfied as time goes on then let's say so - - - and if we're not, let's say so.

Even politicians listen to that under circumstances that now prevail on parliament hill in Ottawa.

If there ever was a balance of power, we feel that for once in quite a while, the people hold that balance of power and shouldn't be afraid to use it.

Here's for a greater Canada for us all!

NEW COUNCIL SWORN IN

On January 3rd the new Iroquois reeve and council, for a two-year term, were sworn into office. Lloyd Davis comes back as reeve after an absence of three years and one new member has been added to council.

Filling council seats are Jack Fetterly, Mrs. Helen Smith, Jim Styles and Frank Rooney.

Times and people change, but the community goes on forever.

As we approach the coming months we propose our best wishes to the new council as they represent our wishes both at home, at Counties level of government, and with various government agencies. The task keeps increasing with the years and to those who have sought and found an office in the community we wish every success in the coming term.



The Old Iroquois

As Iroquois enters its fifteenth year as a new community, residents will have the opportunity of recalling the old village by a review of the community as The Iroquois Post and R. W. Martin combine to present a picture-a-week of many of the buildings that helped form "Iroquois".

Now would be the time to

buy that scrapbook and get started on your collection of pictures of the past and if you would like a glossy print of each one of these pictures as it appears, please contact Mr. Martin at The Craft House, Shopping Plaza, Iroquois.

Few people have a collection of these pictures and as the years move along, they will

become a collector's item. Preserve your memory of the past while you have the opportunity, and preserve it also for the generations to come.

This first picture is of the stone home of the late Mr. and Mrs. James Brouse, King Street.

SUGAR AND SPICE

by Bill Smiley

Winter struck swift, sure and without mercy this year. Five days before Christmas we'd had about two feet of snow in these parts, along with the usual combination of blizzard-force winds and a generous sprinkling of freezing rain.

Today, with my driveway plugged again and my sidewalk drifted in a foot deep, and myself still nursing a deep cold contracted two months ago, I'd be just as happy if somebody marched me out, stood me with my back against the garage, and shot me, right under the flower-box.

It was a pretty uncheery holiday at our place. It wasn't planned; it just turned out that way. I'd bought the usual pair of trees, a spruce and a Scotch pine. Too sick to put them up and they sit by the back door, forlorn, covered with snow and ice.

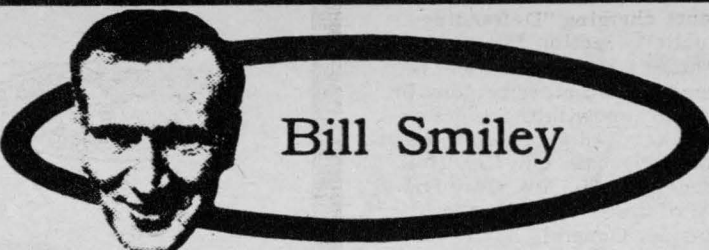
The Old Lady caught her second round of 'flu and just didn't feel like coping with family, decorations and the whole Christmas scramble. She was even too sick to lash me on to greater heights, which is mighty sick. We had hamburg for our festive dinner.

Missed three holiday parties and had to cancel our own. Didn't even get out to church.

Thought desperately of fleeing the whole thing, going to Montreal to spend Christmas with number one son, and eating out. Couldn't get a plane or train ticket and didn't feel up to driving.

Thought even more desperately of fleeing south, whatever the cost. Same thing. No seats.

Didn't get our cards started, let alone finished. Didn't get the wreath of holly on the door, or the



Bill Smiley

mistletoe up. In fact, you name it, and we didn't get it done.

This is a solemn warning to whoever is in charge of things. If they don't get better smartly in 1973, there's going to be trouble.

I've been through two rounds of anti-biotics and about 300 pounds of calcium tablets, in an effort to shift my cold. It worked. I shifted it from my head to my chest and back again and now it's penetrated as far as my big toe.

My, this IS a dreary little recital of woe, isn't it? Come on, Bill, surely something remotely pleasant happened.

Well, yes. We did enjoy getting cards from all the old friends. It's good to know that not everybody has one foot, both physically and mentally, on the edge of the grave.

And there is the cheering thought that everything has no place to go but up. Lucky that came out spelled right. Typed it with all my fingers crossed.

And there is one thing to hang on for. We're going to go south for a week in March and try to make the sun and the rum put some life back into the reluctant bones.

There will probably be a revolution on our Caribbean island the week we're there. But I don't care. By March I'll probably be quite happy to be planted under a palm tree, even if it's permanent. It's a better way to go than a snow-shovelling heart at-

tack, or getting lost in a blizzard between the house and garage and being frozen to death.

Even the calendar conspired this year. School teachers can usually count on a week's holiday to recharge the batteries before plunging back into the long winter term. Wouldn't you know it? This year, with Christmas and New Year falling on Monday, we got exactly three days of holiday, aside from the legal ones. I know what you're saying. "Eat your heart out, teach."

Oh, well, you can't win them all, and I've won some good ones. I do admit that I'm feeling a bit like Job except for the boils. But then, of course, my hemorrhoids are acting up, so we're even.

I guess, until we see what 1973 has in store, we'll just have to go around muttering things like: "Hang in there, kid" and "Keep the faith, baby" and "We shall overcome" and "Next year, Jerusalem."

There's no use complaining, is there? Especially when you've already been doing so for some six hundred words.

Whatever befalls me and mine, I want to end rotten old 1972, which seemed eight years long, by thanking all the readers who sent cards and letters during the year, and wishing all readers a great big, beautiful year to come, with unexpected pleasant surprises and lotsa luck with the tax collectors.

MATILDA BOWLING LEAGUE

Minks	39601
Bears	39320
Rats	39173
Skunks	39104
Lions	39016
Foxes	38752

High Scores
Ladies - Single, Cecile
Lalonde 223
Triple - Cecile Lalonde 578

Men's - Single, Bob Roberts
308
Triple - Bob Roberts 747

Teams	Totals
Minks	42617
Bears	42330
Rats	42404
Lions	41989
Skunks	41989
Foxes	41552

High Scores
Ladies High:
Single Ena Douglas 296
Triple Ena Douglas 635
Mens High:
Single Willis Douglas 297
Triple Willis Douglas 680

OPP Report

Charges have been laid following investigations by the O.P.P. Anti-Rackets Branch into the activities of Richware Sales Limited, 1997 Leslie Street, Toronto, a Pyramid Sales Company marketing pots and pans, burglar alarms and oil paintings.

On December 19, 1972, Dr. Charles Edward Bray, 1202 York Mills Road, Mr. Stanley J. Savoy, 29 Hillside Drive, Bramalea and Franklin G. Pomeranz of Baldwin, New York, were arrested on warrants charging "Defrauding Public", Section 338 c.c. Warrants have also been issued for two other persons in connection with the scheme. The accused appeared in courtroom 21 at the Old City Hall, December 20. Mr. Clay Powell of the Ministry of the Attorney-General, has been named as Special Prosecutor in the case.

This investigation follows the arrest of 24 persons connected with another Pyramid selling scheme, Dare to be Great.

MEAT

Beef Killed, Dressed	\$5.00
PORK, under 175 lbs.	\$5.00
PORK, over 225 lbs.	\$6.00

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Beef every Tues. and Wed.

Pork every Wednesday

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* Cure bacon in the premises, 10c a lb. * Have good stock of beef and pork on sale at all times, priced right * Buy hides, * Delicious pet foods, * We charge 6c a lb. for all processing, no matter how you want it cut including your own hamburger which is always ground twice as much as you like it for good uniformity. We use only K.V.P. Locker Paper, the best on the market. We appreciate it if you are present when we cut your meat by appointment at your convenience. Visit our new Government Inspected slaughter house anytime. If it's meat, we make it our business.

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Red Rose

COFFEE

1lb pkg

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PEANUT BUTTER

smooth and crunchy 16oz

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Meat

Vogue Liquid

DETERGENT

64oz

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IROQUOIS
PLAZA

PITTSTON NEWS

Mrs. George Hutchcroft, Prescott, Mr. and Mrs. Harold Liezert, Brockville, and Gary Hutchcroft, Prescott, spent Christmas Day with Mr. and Mrs. Herbert Liezert and family and Mrs. Roy Liezert.

Miss Bessie Hunter, Brockville, spent Christmas weekend with Mrs. P.J. Montgomery, Dale and Addison Montgomery.

Mr. and Mrs. David Sloan are residing at Pittston, the former Mr. George Lane property.

Mr. and Mrs. Larry Conlin and family had Christmas dinner with Mr. and Mrs. Wallace Anderson, Brouseville.

Mrs. Stanley Jordan and family, Cardinal spent Sunday with her sister and family, Mr. and Mrs. Ralph McCargar.

During the morning service, the Junior and Senior Sunday School, sang Christmas music at Pittston United Church.

Mr. and Mrs. Des. Clair, Ottawa, visited Mr. and Mrs. Robert Sloan Saturday afternoon.

Mr. and Mrs. Reginald Connors and family had Christmas dinner with Mr. and Mrs. Fern Connors, Spencerville.

Mr. and Mrs. Gravelin, and Denise, Prescott, spent Christmas with the latter's parents, Mr. and Mrs. John Richardson and family.

Mr. and Mrs. Clarence Marlatt had on Christmas Day Mr. Hilda Wilson, Iroquois, Earl Marlatt and Leslie Hutch-

croft.

Mr. and Mrs. Morris Hendrick and family had Mr. John Hendrick and boys, Shanly and Andrew Hendrick, and also Lambert Hendrick of Carleton University, Ottawa spending the Christmas holidays.

Mr. and Mrs. Robert Sloan entertained their families during Christmas, Mr. and Mrs. Don Sloan, Johnstown, Mr. and Mrs. William Sloan, Robert and Stacy, Prescott, and Mr. and Mrs. David Sloan.

Mr. and Mrs. Reginald Connors and family attended the Burnie family Christmas dinner with Mr. and Mrs. Fawcett, South Mountain on Boxing Day. Mr. and Mrs. Ralph Cooper had Christmas dinner with Mr. and Mrs. Edwin Cooper and James.

Mr. and Mrs. Willis Montgomery and family entertained Mr. Wallace Wilkin, Brockville, Miss Myrtle Wilkin, North Augusta, and John Wilkin, Brockville for Christmas dinner. Mr. and Mrs. George Montgomery were for Christmas supper.

Mr. and Mrs. Coville McVicar and Arlene, Toronto spent Christmas weekend with Mr. and Mrs. Herbert Liezert and family.

Mr. and Mrs. James Irvine, Shanly spent Christmas evening with Mrs. Roy Liezert and Mr. and Mrs. Herbert Liezert.

Mr. and Mrs. Larry Conkin and girls had supper with Mr. and Mrs. George Conkin and Steven at Christmas.

Hainsville

Rev. and Mrs. Speer of Nanawee spent Christmas with their son Mr. and Mrs. Vern Speer and family.

Visitors at the home of Mr. Clifford Fader Christmas Eve were Mr. and Mrs. G. Merkley and Laurie, Mr. and Mrs. Dale Merkley, Mr. and Mrs. Rene Valequette and family, Reta Coughler and Fern, Aaron Coughler, Mr. and Mrs. G. Smith, and Clifford's mother Mrs. A. Fader. Born at Hamilton on December 22nd. to Mr. and Mrs. Dwain Fawcett, A Son, a great grandson of Mrs. A. Fader, a brother for Kevin and Brian.

Mr. Johnson Fader spent the Christmas with his daughter Mr. and Mrs. Dwain Fawcett and boys.

Mr. and Mrs. J. P. Murray spent the Christmas holidays with their sons Paul and David Murray and her mother Mrs. M. Grue, and Earl and Lorna Grue.

Mr. Douglas Irvine has returned home after spending a few days with his sister Mr. and Mrs. R. Shantz and family of Preston.

If you know someone in the hospital, let us know so we can let others know. Call The Iroquois Post, 652-4806.

SHANLY

Mrs. Leslie Taylor of Orms-town spent the weekend with her daughter Mrs. Walter Froom Mr. Froom and family here. They were joined on Christmas Day by Mr. and Mrs. John Froom and Daughter and Mr. and Mrs. Allister Froom and children of Kingston.

On Sunday Mr. and Mrs. Walter Froom visited his father in Ottawa Civic Hospital.

Christmas guests with Mr. and Mrs. Ab Cross and family were her parents Mr. and Mrs. Lyle Pitt and family and Mrs. Ernest Pitt, Shanly.

Mr. and Mrs. Hans Krunys of Downsview, Ont. visited their parents Mr. and Mrs. T. Krunys and Mr. and Mrs. Cecil Bennett over the holidays.

Spending Christmas with their parents Mr. and Mrs. Wm. Hooper were Mr. and Mrs. Bill Hooper, Susan and Jimmie Ventnor and Mr. and Mrs. Graham Burchell, Jodi and Janet of Domville.

Mrs. Wm. Burnside is spending the winter months with Mr. and Mrs. Gerald Burnside, Prescott.

Mr. and Mrs. Charlie Gilmer held their family gathering on Sunday. Present were Mr. and Mrs. Ron Gilmer and family of Cardinal, Mr. and Mrs. Guy Miller and family of Peterborough, Mr. and Mrs. Dale Gilmer, and Miss Linda Gilmer, Ottawa, and Bonnie, Shanly.

Mr. and Mrs. Steve Miller with her father Mr. Mitchell Rennie of Tweed were Sunday guests of Mr. and Mrs. Earl Pitt. Mrs. John Rennie who has been visiting her daughter Mrs. Pitt returned with them to her home on Tweed.

Mr. and Mrs. Percy Ault joined Mr. and Mrs. Glenn Ault and family of Ottawa for Christmas with Mrs. Charlie Burrell, Cardinal.

Mr. and Mrs. Bill Thorpe, Brockville were Tuesday supper guests with Mr. and Mrs. Ab Cross and family.

Mr. and Mrs. Gordon Gilmer entertained Mr. and Mrs. Carl Gilmer and family of North Bay, Mr. and Mrs. Keith Gilmer and sons, Kemptville and Mr. and Mrs. Arnold Pitt and Wayne,

Shanly on Sunday.

Mr. and Mrs. Bruce Reilly Sr. spent Christmas Day with Mr. and Mrs. Bruce Reilly and Jimmie of Groveton.

Mrs. Floyd Riddell visited her son Mr. and Mrs. Lyle Riddell and daughters of Johnstown during the weekend.

Mr. and Mrs. L. Smzer and children, Brockville and Mr. and Mrs. Barry Cinnamon, Winchester were Christmas supper guests of their parents Mr. and Mrs. J. York.

The White Gift Sunday was observed Sunday morning in the local Sunday School. The printed programmes were used with Mr. Arnold Pitt presiding. The story was told by Mrs. Cecil Bennett, the scripture lessons read by Miss Anja Hey Koop with recitations by Cathy and Mark Cross. The gifts placed under the tree will be sent to Smith's Falls Regional Hospital.

Sorry to report Ernie Jordan sustained broken ribs and serious back injuries in a fall last Wednesday evening in Ottawa while on duty with the Chesterville Tank Lines. He is now a patient in Ottawa Civic Hospital. We hope for him a good recovery soon.

MONUMENTS

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Child's & Misses' Kaufman Snowbelles
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Workmen's Compensation Board Financing

On the job injuries to Ontario workers are expected to result in expenditures in excess of \$137 million in the current year. That's the amount it is anticipated Ontario's Workmen's Compensation Board will pay out to cover the cost of medi-

cal treatment for injured workers and to provide the various cash benefits to which they and their families are entitled. The amount estimated is the equivalent of approximately \$18 for every man, woman and child in the province; but

not one of them will be required to make direct contribution to the sum. Entire cost of Ontario's Workmen's Compensation system is borne by the province's industries and businesses - the companies whose workers are covered by the program. It has been that way since January 1, 1915, when Ontario's legislators decided all

aspects of protecting workers against an injury on the job should be a cost of doing business in the province. To distribute overall cost equitably, the majority of businesses and industries are assigned to one of 27 classes, based on the type of operation. These general classes are further sub-divided into what has become a total of 108 distinct categories established on the basis of the degree of hazard which normal experience has shown exists in the specific work being done. The amount an individual firm pays into the fund depends primarily on the category (rate number is the Board designation) to which it is assigned. Assessment rates for the various categories, which is expressed as a percentage of a firm's payroll covering employees for earnings up to \$9,000 a year, can be anything from 15 cents per \$100 payroll (the most present rate for employees of municipal school boards) to a high of \$13 per \$100 payroll (the amount assessed against firms engaged in tunnelling operations). The firms in each separate category or rate number are responsible among themselves for covering the cost of providing overall Workmen's Compensation benefits to their workers. The rate of assessment in any given rate number

will vary according to the accident costs in a particular industry. In 1971, eighty-nine point five per cent of each dollar the Workmen's Compensation Board collected from Ontario industry was spent on direct aid to the province's injured workmen. Four per cent was directed to the promotion of

safe practice (an expenditure which also has obvious direct benefits for workers). Economy in administration is given constant attention by the Board. Modern business techniques and computerization of routine procedures, held administrative costs during 1971, to 6.5 per cent of total expenditures.

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JEWELLERY half price and less	Shoes for Men Reg. \$9.95 sale price \$7.95	Special On CRYSTAL STEMWARE Goblets \$1.95 Sale \$1.50 Wine Goblets \$1.75 sale \$1.25 Liqueurs now 99c	BUXTON LEATHER WALLETS FOR MEN & WOMEN 15% off	Ladies' Blouses 15% off
WATCHES 10 to 20% off reg. price	Shoes for Ladies Value \$4 to \$10 LESS 20%	English China, Royal Doulton, Belleek, etc 15% discount	Thistle Stone Ware 15% discount	Ladies' Purses 15 to 50%
Hudson Bay Coats & Blankets 20% OFF	LINENS 20% off TEA TOWELS 55c & 69c each	Men's Socks 15% off MUGS 49c & 89c each	Christmas Cards & Paper 1/2 PRICE	Special on Records L.P. - 99c ea.

Morrisburg, Ont.

SALE ENDS JAN. 13th.
STORE CLOSED JAN. 15 to FEB. 3rd
OPEN FEB. 5th

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SHORT RIB ROAST **79**
LB.

CROSS RIB ROAST **89**
LB.

BONELESS BEEF **89**
BY THE PIECE LB.

COUNTRY CLUB ROAST **99**
LB.

FRESH GROUND HAMBURG
2 lbs \$1.39

New Zealand Loin
Lamb Chops
lb 79¢

Burns Burnshire
Sausage
lb 59¢

Maple Leaf
Bologna
By The Piece
lb 39¢

Burns 8½ oz Lunch Pail

SNACKS

Beef Stew Chicken Stew
Spaghetti & Meat Balls
Wiener & Beans

19¢
Each

Lido 2 lb PK. Ready Cut

MACARONI
OR
SPAGHETTI 2

Provigo 48 oz. Pure

APPLE JUICE
39¢

Green Giant Individual Servinas

JOLLY PUDDINGS 14

Frozen Food

Highliner 16 oz.
Perch Fillets

Bluewater 8 oz.
Fish Cakes

Holiday Farm 2 lbs.
Beef Patties

York 8 oz. Beef, Chicken, Turkey
Meat Pies

McCain French 10 oz.
Green Beans

Farm House 24 oz.
Apple Pie

Colgate 100
Mouthwash
Giant 17 oz Bottle
99¢

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Wax paper Refill
100 Ft. Roll
33¢

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Tomato Juice
19¢

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Plastic Bottle
59¢

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Facial Tissues
2/39¢

Habitant
Pea Soup
28 oz Tin
26¢

Provigo or Royal
Jelly Powders
Each
10¢

Nabob 1lb Bag
A.P. Grind
Coffee
85¢

Zip 15 oz Tin
Government Inspected
Dog Food
12¢

Ma Ling 10 oz
Whole Mushrooms
49¢

Campbell's
Tomato Soup
10 oz
14¢

Christmas Party Enjoyed By Patients

The volunteers, of the Winchester Hospital Auxillary who work on the One East (Chronic) Wing of the Hospital threw a Christmas party for the patients on Wednesday December 20th. The wing was gaily decorated with garlands and wreaths many of which were made by the

patients and volunteers who have been working hard for the past few weeks.

Violins, clarinets and an organ provided the accompaniment for the Christmas carols that were sung enthusiastically by the patients, staff, visitors and volunteers. Musical selections were played by the ladies from Chesherville who made up the orchestra.

The highlight of the afternoon was a visit from Santa Claus who had a little parcel and a tangerine for each patient.

A delicious luncheon of tea, fancy sandwiches and Christmas cookies was enjoyed by all present.

A special thanks to the nursing and orderly staff without whose help the party would not have been possible.

In Appreciation

The Congregation and Organizations of Knox Presbyterian Church expresses their appreciation to the Iroquois Post for the courteous service and generous coverage of church activities during 1972, wishing management and staff a New Year of much blessing.

Respectfully,
Mrs. M. Mearns,
Congregational Secretary.

ADELAIDE DANIELS



SAYS

AN EXERCISE FOR ALL OCCASIONS

"Nation's Business" reported last year that anyone who is 30 per cent overweight stands 45 per cent less chance of surviving the next 20 years than someone who is average or less-than-average weight.

Now, that's a shocking figure. And if your husband's figure is just as shocking, there's a way to help him get it back in shape. It's called secret exercising, and it's the brainchild of Warren R. Guild, the NASA space program consultant who was responsible for overseeing the astronaut's training.

Secret exercising doesn't replace a balanced diet — with the emphasis on 'balanced' — but it can be a valuable addition to nutrition.

First of all, of course, you have to convince your husband that since the most exercise he probably gets right now is walking out to his car every morning, he really should be doing something about lengthening his life. And if he doesn't want to take up sports, or jog around the neighbourhood in the mornings after performing deep-breathing exercises in front of an open window, there's an alternative the whole world doesn't have to know about.

This is how it works. When he's sitting in a business meeting or talking on the phone, or dictating or driving his car, he can be exercising by alternately contracting and relaxing the muscles of his abdomen.

The routine can be varied so it doesn't become boring by going through the same motions with the muscles of the thighs and calves, moving the shoulder blades up and down and swinging the whole head while driving instead of only the eyes to exercise his neck muscles. I wouldn't recommend the last exercise while walking down the street, for obvious reasons. Wiggling the feet and the toes too, is no muscle builder but it does stimulate circulation.

This type of exercise might be more appealing to your husband than the calisthenics variety (which should only be undertaken if he's healthy to start with), so by all means try to sell him on it. Better yet, try it yourself the next time you're on the phone or under the hair dryer or writing letters. Every little bit helps.

Your questions are invited.
Write Adelaide Daniels Says,
Founder and Director of Weight Watchers of Ontario Limited,
491 Lawrence Avenue West, Toronto, Ontario.

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PORK & BEANS
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Proviqo 19 oz Choice
TOMATOES **29¢**

Schwartz 3 lb Jar
PEANUT BUTTER **99¢**

Viva 2 Roll Pack
KITCHEN TOWELS **59¢**

DOLLARS & GOOD SENSE
by WILLIAM J. MARTIN
Special Consultant to
Avco Financial Services

While Americans spend only about 12% of their after-tax incomes on at-home food (down from more than 20% some 20 years ago), a flurry of complaints have been brought against increasing food prices recently.

Now the grocers are complaining that unless profits get better, service is going to suffer substantially.

James Cooke, president of the Supermarket Institute, said store earnings have dropped to their lowest levels since 1935. He said if the trend continues, grocers will be forced to cut their costs, namely their staffs, since wages account for about 40% of costs.

This will mean more unstocked shelves, less variety and longer check-out lines.

A&P, for years the largest food chain, reported losses of \$41 million for the first half of its current fiscal year, said Cooke. Other major chains have also suffered big losses. Cooke said that an industry that earns less than 1% can't absorb price increases of 3.7%.

The grocers argue that we can't have higher wages and higher farm prices and lower food prices at the same time.

As a consumer, its going to be more important than ever to shop wisely if you want to keep your food budget from ruining your entire spending plan. Plan your marketing carefully before you get to the grocers and use a list when shopping.

Readers' questions are welcome and should be sent to Box 5875 London, Ontario.

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Let's be glad children are children

Let's face it. To many of us the "real" environment is concrete sidewalks, electric lights, air-conditioned offices and cozy, centrally-heated homes. It's a fact of 20th century life.

Unfortunately, this way of living has made some of us like strangers in a foreign country when we venture into the real natural environment. Every snapping twig becomes a marauding bear, the trees away from the campsite are gloomy, uninviting. The plants and wildflowers our pioneer ancestors knew instinctively, are to us strange growths. We stay close to the main roads, the sound of our own voices.

It's almost as if we need interpreters to help us find our way back to a feeling of comfort in that "other world".

In Provincial Parks, the interpretation of natural and cultural resources has as its goal, the transmission of information about the environment with the hope that such information will help motivate users to the wise use of natural resources and give them a greater appreciation of our parks. The result of achieving this goal is an enhanced recreational experience for the park user.

In an attempt to give more people a feeling for their environment, the Interpretive Program has moved to include the younger set, children of the 6-12 age group. In Kemptonville District Provincial Parks, the Children's Interpretive Program began at Fitzroy in 1971 and in 1972 was expanded to Silver Lake. Even with the wet summer, over 576 children attended the program. The

sessions averaged 13 children - a number conducive to a quality experience. Quality, not quantity is the keynote.

In striving to provide a quality environment for Canadians, attitudes are often encountered which run counter to innovations needed to provide that quality environment in a quickly changing world. When attempting to change attitudes, children are often the best candidates. The attitudes of a child are not as entrenched by time and past experience as most adults. And, children can often change the attitudes and beliefs of their parents better than can other adults. Experience has shown the affect children can have on their parents. At Silver Lake, a surprised but pleased parent was reprimanded by his child for dropping a gum wrapper - a most embarrassing situation on a crowded beach. Children often teach their parents and, because of the lack of social pressure, children have no qualms about speaking their minds.

The Children's Interpretive Program is aimed at the family group using the park for extended periods of time. This summer, programs were operated during the week, thus avoiding the busy day-use oriented weekend.

The programs are centered around guided nature walks and nature oriented arts and crafts. The program runs from 11 a.m. to 2 p.m. The kids brought their own lunches which were eaten "on the trail". The structured classroom approach was avoided and the children

were encouraged to be creative and come up with their own ideas.

When the kids became restless, as most children do, active nature oriented games were used to drain off the excess energy. The program is by no means regarded as baby-sitting in the woods. The children are actively helped to become a part of their environment. They relive the experiences of the Voyageurs and Indians, play the part of an ambush bug on a golden rod, see the effects of nature on the landscape, and create works of art using materials supplied by nature.

The program has received many favourable comments

How To Care For Christmas Cactus

The Christmas cactus is a popular, long-lived plant available throughout the year. There are types that bloom during the winter and spring, says John Hughes, horticultural specialist, Ontario Ministry of Agriculture and Food.

For Christmas flowering, the plant is exposed to short days beginning September 1. Total darkness, of 12 to 14 hours each night at a temperature under 65° is required. Buds will not form at temperatures over 70° even with long nights. Kept at 55°, Christmas cactus will flower regardless of length of day.

When the flower buds begin to show color, the short day, long night treatment can be discontinued. Set the plant in a window with a high light intensity and cool temperature.

Christmas cactus requires extra water during the flowering period, but afterwards the plant should be kept on the dry side until new shoots form.

from both children and their parents. Parents are amazed at how much the child can learn "when he's not made to". "I really learn a lot from the child", they say. One child was punished by his mother for a misdemeanor by being

forbidden to attend one of the sessions. It probably had more affect than a spanking.

In an urban dominated environment, there is a real need for this type of children's program. The Children's Interpretive Program is working because children are children.

FATHER'S COOKBOOK

Cold Snacks Can Be Chilled Before Party

Some will urge that party snacks that feature ruffed up plastic explosions full of air bubbles should be outlawed from the adult shelving of our shops. Although, I suppose if that occurred, the teen-age and kiddie population would go on strike or develop a protest of some kind.

The French phrase hors d'oeuvre describes something that is both colourful and flavourful—actually as an idiomatic expression it means "something unusual" — and deserves a place at the party table every time. It is usually thought of as an appetiser.

There are few rules to follow. If you are simply having people come around at the happy hour, a mixed selection of fish, meat, and vegetable types will be fine. If you are following the happy hour by serving company a rich, heavy dinner, however, be sure to serve them something light like raw, crisp vegetables which can be dunked in a dip . . . carrot, celery, that sort of thing. If you're serving a fish dinner, don't serve fish appetizers. Try something of vegetables, meat, or cheese.

And, of course, hot hors d'oeuvre should be hot. Cold hors d'oeuvre should be chilled in the refrigerator until ready for presentation. The word canape describes the same rose, by another name. Canapes made with pork

are perfect because they are easy to make and delightful to eat.

The bases for the canapes are often various shaped crackers — round, triangular, octagonal, rectangular and even puffs. The possible toppings using pork are exciting too — liverwurst, bacon curls, thin slices of salami, bologna, pickle and pimiento loaf, summer sausage, cervelat, pressed smoked ham, head cheese, etc. Each of these may be combined with such things as hard cooked eggs, pickles, pimiento, stuffed olives, match stick carrots, mayonnaise, cheese, canned fruit such as pineapple, pears, apricots and mandarins, maraschino cherries, pickled mushrooms, pickled onions.—J.N.W.

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The Valley Sportsman

Winter Sportsmen Urged To Help Maintain Environment. Following established Ministry policy, the co-operation of ice fishermen and snowmobilers will be encouraged this winter in a publicity program covering all aspects of wintertime activities on the province's lakes and watercourses.

Regulations covering temporary shelters are now being developed by the Ontario Government. While licensing of these shelters under the new regulations will not be required until the winter of 1973/74, the Ministry of the Environment, in co-operation with the Ministry of Natural Resources will launch an intensive inspection program during the coming winter.

This program is intended to ensure that waste materials generated by activities on frozen lakes and rivers are adequately collected and deposited at appropriate land-based disposal sites, and, temporary shelters are removed from the ice in sufficient time before the spring break-up.

With a concentrated program of education and information, it's expected these efforts will result in a marked improvement in the disposal of these winter sports-generated wastes.

Last winter's garbage may have been washed ashore this past summer. It's an irresponsible act to leave trash and body wastes, etc. on the ice.

Think about it.



Question: Last year, I invested in an expensive swing set for our children. It got hard use the first summer. Unfortunately, what was an attractive and practical addition to the yard has become an "eye sore."

Between the first summer's hard use and the winter exposure, the finish has really gone—and in its place is a rough, ugly surface of old fashioned rust.

Now I'm faced with the job of repainting it, but getting rid of the rust so the new paint will have a chance of lasting . . . is a real problem.

Isn't there an easier way of restoring the surface and applying a finish that will last—at least for a few years?

Answer: You bet there is! And it will eliminate the need to scrape and scratch away all of that stubborn rust. Furthermore, it will stop present rust and protect against further rust for a good long time.

Your job can be made easier with Tremco Tremclad Rust Paint. Just wire-brush away the loose rust—a hard, rusted surface is what this product is made to protect.

It comes in ten attractive colours so you can end up with an attractive swing set. In addition to half-pints, pints, quarts and gallons, it even comes aerosol spray cans so you can get the job done in a hurry.

Tremco Tremclad Rust Paint will penetrate down through the hard rust and bond to the base metal. It is self-priming so one coat will do the job unless you want to paint it white or some light colour. Then it may take two coats. Give it a try, Dad! If you want more information, just write to Tom Tremfix, The Tremco Manufacturing Company (Canada) Ltd., 220 Wicksteed Avenue, Toronto 17, Ontario.

Top Taste On Narrow Budgeting

I guess it is the lot of every man who fancies himself an importance in the kitchen to discover that the finest preparations are really not those that serve a gourmet palate, but can be the most basic preparations of, put plain and simply, darned good food.

My discovery came about in an unusual way. I had been presented with my late mother's book of recipes during a visit by my sister. She knew I would treasure this book as much as any in my library, perhaps more than any.

And so, I eagerly sat down to the book, and discovered therein a recipe that I recall from tender young years, a taste sensation I remembered, but couldn't place where or when.

I set about in the kitchen one Saturday to concoct the recipe, called simply "Supper Dish" in my mother's book. It is a casserole of a layer of spinach, topped with a layer of mashed potato, and the surface lined with bacon strips. It is placed in the oven until the raw bacon strips are done, and that's it.

Two events befell the dwelling that day to make the occasion memorable. The first was the quest in my backyard garden for chard, which I intended using instead of spinach. I gathered the chard, but gathered it in abundance, so that my casserole plans became enlarged, and the project more ambitious.

Having cooked the great mound of chard to the point of turning two pots green, I prepared enough potato to match the quantity, and mashed it up. This having been done, I laced the surface with lots of bacon (I cut the bacon in squares), and it was ready for the oven.

The next event that made it an occasion then occurred: the arrival of unexpected adult company plus another group a short time later that my daughters had invited along.

I can only say that the plaudits of our guests made up for any deficiency in gourmet fare. It is a great dish to try, either on a cold winter's night, or with fresh produce from the market or foodstore during the growing season.

This dish will stand alone, or with pleasant company like a ham or loin roast to augment the bacon, and to satiate heartier appetites. —J.N.W.

If You Have Something For Sale, For Rent or Want Something someone else might have.

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SUNDAY SERVICES

In The Churches

IROQUOIS AND MATILDA

ANGELICAN CHURCH OF CANADA
The Parish of Iroquois

Diocese of Ottawa.

Rev. Allan Rogers, Rector

8:00 a.m. Holy Communion

11:00 a.m. Holy Communion

St. Peter's

9:30 a.m. Holy Communion

IROQUOIS

PASTORAL CHARGE

UNITED CHURCH OF CANADA
Rev. W. Brian Gee, B.A., B.D., ThM

9:30 a.m. Worship in White Church

11:00 a.m. Worship in Iroquois

CHRISTIAN
REFORMED CHURCH

WILLIAMSBURG

REV. JOHN DEPATER

Minister

9:30 a.m. Lord's Day 15

Theme: "Born to Bear Sorrow"

10:45 a.m. - Sunday School

2:30 p.m. Text: Matthew 1-12

Theme: Wisdom in Action

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EDUCATION & WORSHIP

Midweek Youth-Adult Program

Church School 9:45 a.m.

(Kindergarten to Senior)

Worship Service . . . 11 a.m.

(Supervised Nursery Class)

You Are Welcome To Share
In Our Ministry And
Outreach

ST. ANDREW'S CHURCH
SOUTH MOUNTAIN

Mrs. Arnold Shaver, Organist

9:30 a.m.

Service and Worship

Adult Study Group 10:30 a.m.

WELCOME

ST. MARY'S CHURCH
Morrisburg, Ontario

ST. CECILIA'S CHURCH
Iroquois, Ontario

Morrisburg: Sat. 7:30 p.m.

Sunday 11:00 a.m.

Iroquois: Sunday 9:30 a.m.

Rev. F.M. O'Connor, P.P.

UNITED CHURCHES

MATILDA CHARGE

REV. JAMES STEWART

Hanesville 9:30 a.m.

Hulbert 11:00 a.m.

Brinston 1:30 p.m.

Snow Trails

BOB BREWSTER
OUTDOOR EDITOR
Mercury Snowmobiles

WHEN LOADING A SNOWMOBILE ON A TILT-BED TRAILER, THE EXPERTS AT MERCURY SNOWMOBILES RECOMMEND EITHER USE A WINCH OR PUSH IT ON BY HAND. NEVER DRIVE THE SNOWMOBILE ON TO THE TRAILER.

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BEFORE HEADING HOME, MAKE SURE THE TRAILER HITCH IS SECURELY FASTENED AND SAFETY CHAINS ATTACHED. CHECK TRAILER LIGHT CONNECTION, AND TEST TO SEE THAT LIGHTS WORK PROPERLY.

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Bell Canada

Donald Irvine, M.P.P.

Report from Queen's Park

The Second Session of the 29th. Parliament ended on December 15th after an exhausting all night sitting. It is expected that the next session of the Legislature will open some time in February.

It occurred to me that you might be interested in a brief review of some of the important highlights of the past session.

URBAN TRANSPORTATION POLICY

In late November, Mr. Davis announced what might well become the most important single achievement of the present government. Hailed by municipal leaders and editorial writers alike as "breathtaking" and "imaginative", the policy can make Ontario a world leader in integrated transportation planning. The new transportation system will combine fast, silent pollution-free vehicles with other transportation modes to provide an attractive alternative to high-rise, high-density living and suburban sprawl. Through a combination of planning, development and subsidy it envisions a "people first" transportation system which will permit orderly development, improve the quality of urban life and conserve our land resources at reasonable cost to the taxpayers.

EDUCATION

The Ministry of Education will not approve new school construction until it has been shown that the need for new accommodation exists and is not available from another school board in the same geographic area. This policy adopts the recommendation of the Committee on the Costs of Education and is aimed at avoiding waste and

duplication in school facilities by ensuring that the public and separate school boards consult each other on a regular basis regarding enrolment matters and available accommodation.

The Ministry of Colleges and Universities announced a deceleration in the flow of capital support to post-secondary institutions. Essentially, building projects will be limited to those already under construction. This pause will provide the Government and the institutions with an opportunity to study current enrolment trends and to examine existing inventories of space.

HEALTH

The major thrust of the Ministry is directed to change away from a hospital-oriented society. This has produced a new emphasis on such things as extended care service, home care, nursing homes, chronic care and self-care units. This was given further impetus by the limitation of capital funds for active treatment hospitals and the elimination or amalgamation of duplicated obstetrical facilities. The determination to control costs in the interest of taxpayers is evident in the proposal to restrain increased operation budgets to 5% of 1972 costs.

Legislation was enacted to create a new profession of denture therapists for the taking of impressions for, fitting and making removable dentures.

ECONOMIC NATIONALISM

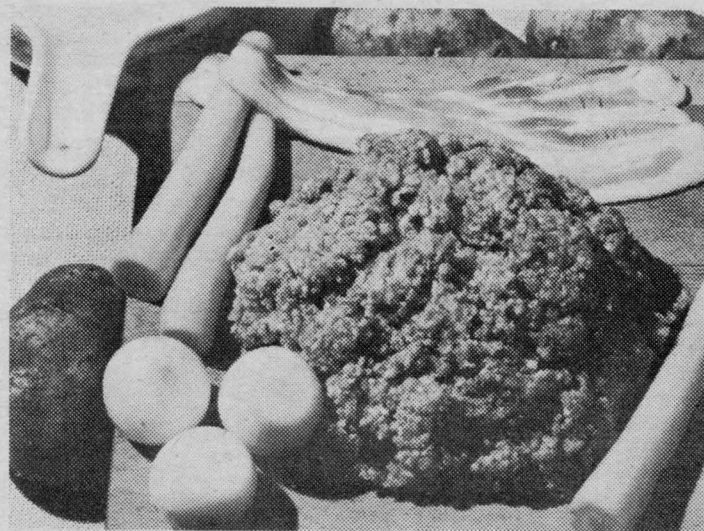
Amendments to The Business Corporations Act which were introduced in the spring received third reading in December. This Act requires that a majority of the directors of

Knox Church Groups Conclude Year

The Knox Church School Teachers held their regular monthly meeting, Tuesday evening, December 19th, and in the Church-hall, concluding their 1972 business, and reviewing the curriculum of studies for the next quarter. The Rev. John Hibbs conducted the meeting, with Mrs. M. Mearns giving the Secretary-Treasurers report, and arranging for required supplies in the New Year. Discussion of the studies and on the Scripture classwork and homework reaffirmed the methodology being used. Plans were made for the Pre-Christmas Assembly on December 24th, with all classes meeting together in

the lower church-hall, under the convenship of Mrs. Lorraine Norton and Mr. William Barnhardt, Superintendent. Following the distribution of curriculum materials for the

next quarter, the meeting was closed with prayer, everyone adjourning to a snack-table provided by members of the staff, with a social time being enjoyed.



MEAT LOAVES

A regular meat loaf can be transformed into a delicious party dish with very little effort.

January, February and March often seem extra long, the dull, snowy, wet days can play on nerves. Good food and a friendly atmosphere can do much to perk us up.

Give others a lift, share your meat loaf ideas at a weekend supper. Serve them with hot crusty buttered bread, a favourite vegetable and a crisp tossed salad; for dessert, cheese, fresh fruit and crackers.

Leftover meat loaf is excellent in sandwiches for week-day lunch boxes.

Try our basic recipe using both ground beef and veal.

COLD NIGHT MEAT LOAVES

Serves 6-8

We all know that beef is one of the best buys at the meat counter. Its nutritional value alone should put it on every home-maker's shopping list.

Ground beef can be made into any number of dishes; one popular way to serve ground beef is in a meat loaf.

Delicious Old Fashioned Basic Meat Loaf

2 pounds ground beef
1 pound ground veal
1/2 cup chopped onion
1/2 cup chopped parsley
3/4 teaspoon salt
1 teaspoon pepper
1/2 cup fresh bread crumbs soaked in bouillon
1/2 teaspoon rosemary
pinch nutmeg
2 eggs beaten
bacon strips

Method:

- Blend together all ingredients except bacon strips; shape into loaf;
- Place bacon on bottom of casserole, top with meat loaf;
- Bake, uncovered in oven-proof casserole or baking dish, in 325°F. oven 1 1/2-2 hours.
- Serve with rice, baked potato, hot asparagus with hollandaise sauce.

- Beef meat loaf is good hot or cold.

Variations:

Meat Loaf with Vegetables

- Top meat loaf with carrot strips and surround loaf with carrot and onion chunks.
- Bake 45 minutes, then add small potatoes and chunks of turnip.
- Baste with pan juices and cook until vegetables are tender and meat is the desired degree of doneness.

Italian Meat Loaf

- Replace rosemary with 2 cloves of finely chopped garlic and add 1 cup of whole pitted ripe olives, 1/2 cup tomato purée and 1/2 teaspoon basil.
- Cover loaf with thin layer of tomato purée and top with bacon.

Mexican Meat Loaf

- To meat mixture add 1 tablespoon chili powder, 1 pinch cumin powder, 2 chopped green peppers.
- Baste loaf with mixture of 1/2 cup tomato juice, 2 finely chopped garlic cloves and 1 tablespoon chili powder.

The Royal Canadian Legion Bond Draw #11 Dec. 16, 1972

PRIZE	NUMBER	NAME ADDRESS
	33550	Mr. Wayne Degan, RR1 St. Andrews, W., Ont.
\$75.00 Seller's Prize -- Ted McCarthy		
\$1,000.00	17112	Walter McGuire, 2400 Cheshire Rd., Ottawa
\$50.00 Seller's Prize -- J.E. Ferris, Ottawa		
\$500.00	12460	Mabel Galanzoski, 341 Henry St., W. Prescott
\$25.00 Seller's Prize -- Ross Jamieson		

Ontario incorporated companies must be resident Canadians and sets out January 1, 1975 as the date by which all companies must comply.

WINTER WORKS PROGRAMME

The Treasurer unveiled a \$50 million winter works programme designed to provide 29,000 temporary jobs during the peak unemployment months. Because of its proven success last year, the winter spending is concentrated on the Municipal Employment Incentive Programme which provides 100% grants to local governments for hiring temporary workers who would otherwise be receiving welfare or unemployment insurance payments.

BOOST IN SOCIAL ASSISTANCE PAYMENTS

Increases in allowances under the Family Benefits Programme, effective January 1, 1973, were announced which will result in an additional expenditure of \$16 million in the first full year. Approximately 82,000 Ontario residents benefit from the programme and the current adjustments are varied to ensure that those who are most affected by the rising costs of living will receive the greatest revision.

DISCLOSURE OF POLITICAL CONTRIBUTIONS

In a statement to the Legislature in December, the Premier announced that legislation would be presented in the near future to provide for disclosure of political donations. In addition to this commitment, many other aspects of this question will be referred to the Ontario Commission of the Legislature. Mr. Davis' purpose in creating such legislation is "to maintain a political system in which the various political parties can function and campaign for public support freely

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SHUR-GAIN ESSENTIAL MINERALS #1—FOR NON-LEGUME FEEDING... feed where roughage is grass, hay or corn silage.

SHUR-GAIN ESSENTIAL MINERALS #2—FOR LEGUME FEEDING... feed with high legume forage, to balance the high calcium, low phosphorus.

SHUR-GAIN ESSENTIAL MINERALS #3—SALT FREE... feed where salt is available in the water or other source.

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December 20/72, Mr. and Mrs. Wallace Guthrie, Cardinal, Ont. A Daughter
December 25/72, Mr. and Mrs. Lyall Holmes, R.R. 2 Mountain, Ont. A Son
December 25/72, Mr. and Mrs. Wilfred Bootsma, South Mountain, Ont. A Son

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The Coming Events

KAWARTHA CUP Snowmobile Races, January 7th. Anyone interested in going to this top snowmobile race via a chartered bus, please contact Garry Banford for further information. Phone Iroquois 652-2150 28-2-p

COMING EVENTS

ANNUAL MEETING
The annual meeting of South Mountain Union Cemetery will be held in the IOOF Hall, South Mountain, on Monday, January 8th at 8 p.m. 29-1c

NFU EUCBRE
To be held in Dundela Community Centre, Tuesday, Jan. 9th at 8 p.m. and every second Tuesday thereafter. Everyone welcome. 29-1c

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LOST

Golden Labrador female dog. Answers to name of Lady. Carl Montgomery, Brinston 652-4781. 29-1c

WANTED

Operators and labourers required for local industry. Apply in person to Iroquois Enterprises, Iroquois, Ontario. 29-1-c

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1967 Yamaha motorcycle, 250cc, \$175.00; 1969 Alouette snowmobile, 340cc, \$225.00. Phone 652-4806 9 to 5 and 652-4395 after 5.

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MEMORIAM

Carkner - In loving remembrance of a dear father, grandfather and brother, Mr. Reuben J. W. Carkner, who departed from this life one year ago January 5th, 1972.

From hospital bed to heavenly rest
God took you home to be his guest.
A father who gave us the best of his life;
Who cherished our sorrows,
Our secrets, our strifes,
Who taught us to love,
Who taught us to pray.
Dear father in heaven,
God bless you today.
Your life was unselfish
For others you lived;
Not for what you received,
But for what you gave.
Just a loving thought
Just a silent tear
Just a beautiful memory
Of you, loved so dear.

Sadly missed and always remembered by:
Muriel & Arlie English
David & Joanne Hodgson
Francis Carkner. 29-1c

Carkner - In loving memory of a dear husband, father and grandfather, Reuben Carkner, who passed away January 5th, 1972.

There are earthly buds transplanted
For our coming watch and wait,
In the upper garden growing,
Just within the pearly gate.
Though my heart breaks with sorrow,
With the grief so hard to bear,
We shall meet some bright morning
In the upper garden there.
Sadly missed by wife
and Family 29-1p

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CARDS OF THANKS

I would like to thank my family, relatives, and friends and neighbours for cards, flowers, gifts and phone calls for a Happy Birthday and all that spent a social afternoon and evening with me.

The U. C. W. of Brinston for their gift and cards which I received on my 90th. Birthday December 20th.
Mrs. Gertrude Seeley 29-1-p

The family of the late Clarence Veley wish to extend their sincere thanks to those who sent flowers, heart cards and donations. Special thanks to Roy Hall who filled in for pall bearer, to my neighbours on the 2nd Concession, and my fellow workers at Caldwell's Linen Mill. Your kindness will always be remembered. 29-1p
A sincere thanks to you all.
The Veley Family

A very sincere "Thank You" to those who visited me, for the flowers, gifts and cards I received during my few days in Brockville General Hospital. Mrs. Jack Fetterly 29-1-p

Cornwall \$5,000. Legion Winners:

\$5,000 - Wayne Degan, R.R. #1, St. Andrews West.
\$1,000 - Walter McGuire, 2400 Cheshire Rd., Ottawa
\$500.00 - Mabel Galanzoski, 341 Henry St., Prescott, sold by Ross Jamieson.
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