

Spartans in Terry Fox Walk
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Spartans post two wins
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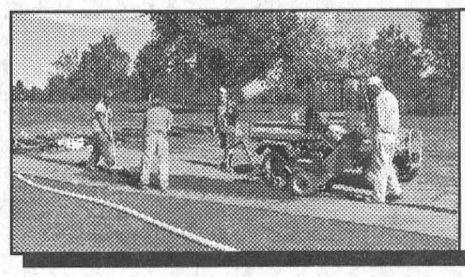

First aid at Upper Canada
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The Leader

A Family Newspaper Serving the Community for more than a Century

VOLUME 140 NO. 40 WEDNESDAY, OCTOBER 6, 2004 MORRISBURG, ONTARIO

Defibrillators In South Dundas

CORNWALL – In response to increasing evidence that early recognition, early cardiopulmonary resuscitation (CPR) and early defibrillation of sudden cardiac arrest (SCA) is playing a significant role in saving lives, Cornwall, Stormont Dundas and Glengarry Emergency Medical Services purchased 38 Automated External Defibrillators (AEDs).

The lifesaving devices will be placed in many public buildings like arenas, community centres, municipal buildings and some City of Cornwall police vehicles.

Two of these defibrillators will be located in South Dundas. They will be at the Municipal Office Building in Williamsburg, and the Morrisburg Arena.

The locations of the devices were selected by way of a formula derived from a study done last year.

It takes into account the type of activities that take place at the location, the number of people who attend the venue, and the demographics of the area.

Every day, nearly 100 Canadians suffer sudden car-

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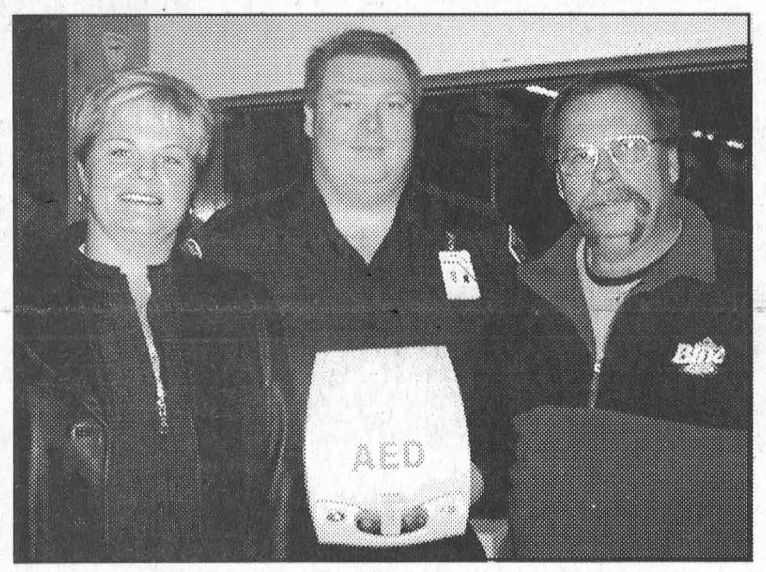

Life Saving Device Coming Soon

Automated External Defibrillators will be placed throughout the counties by the Cornwall, Stormont, Dundas and Glengarry Emergency Medical Services. South Dundas is scheduled to receive two of the AEDs. One will be located at the Morrisburg Arena, and the other at the Williamsburg Municipal Office. Pictured above l-r are Cindy Brandt, medical director for the AED program, Bradley Nuttley, coordinator of the Public Access Defibrillation Program, and South Dundas Manager of Recreation and Facilities Donnie Lewis. Nuttley says their goal is to have the defibrillators installed and the staff trained by November 1, 2004. ***Comfort Photo***

Community celebrates the life of Melanie Warner Cain

INGLESIDE – Surrounded by her loved ones, a plaque dedicated to the life of the late Melanie Warner Cain was unveiled in the Elm Street Park in Ingleside last Friday.

Her husband Scott Cain, her father Doug Warner, her family, her friends and her community gathered to honour the memory of a young woman, whose life ended tragically in October two years ago.

"Melanie carried her soul on her sleeve," said South Stormont Mayor Jim Bancroft whose council decided to honour Melanie with the memorial stone and plaque, placed in a park where she played as a youngster.

He said he and council hoped this memorial would be something that would help the Warner and Cain families through the healing process. "It is something you and your families have earned and certainly Melanie has."

The invocation was given by Reverend Bob Matheson of Trinity United Church and the Dedication Presentation was made by South Stormont councillor Heine Bruining who was representing M.P.P. Jim Brownell.

"This is a small positive step towards the tragedy that happened to Melanie," said Bruining. "It is a momento to our young people who have passed away in our community." What happened to Melanie "affected all of us so much. This is to recognize all she did in the community."

"One thing Melanie taught me is there is no greater gift than laughter and stretching out your arms to learn who the people in your community are," said childhood friend Joanne Melesky.

"You learn a lot by listening," said Reverend David Skinner of St. Matthew's Presbyterian Church. "We have heard this morning the reflections of those who cared deeply for Melanie."

Melanie died in October 2002 when she was struck by an SUV in the parking lot of Bumper's Pub in Cornwall. Manny Pierce, 20, driver of the vehicle, was sentenced to six years in prison after pleading guilty to manslaughter.



Ingleside Park Named in Memory of Melanie Warner Cain

The community of South Stormont honoured its lost youth, with the unveiling of a plaque and the renaming of the Elm Street Park in Ingleside in memory of Melanie Warner Cain last Friday. Childhood friend, Ms. Joanne Melesky, said, "The one thing Melanie taught me is there is no greater gift than laughter, and stretching out your arms to learn who the people in your community are." She said that hopefully this memorial will remind people to stop and "think how short life is." Above Melanie's husband Scott Cain (left) and her father Doug Warner, are assisted by South Stormont councillor Heine Bruining as they unveil the memorial plaque. Melanie is pictured in the inset photo.

Volley for Cancer raises $44,000

MORRISBURG – It's been another successful rally for volleyball players and supporters of Volley for Cancer who for 2004, the 10th anniversary of the annual event, have served up $44,000 to the SD&G Prescott-Russell Branch of the Canadian Cancer Society.

The $44,000 cheque presentation was made last Thursday night at the McIntosh Inn to SD&G, Unit president Diane Dupuis. It brings the total raised by Volley For Cancer, in its 10 years, to over $250,000.

Last year Carl and Ruby Van Allen, who founded the event in memory of Carl's mother Goldie who died of cancer in 1993, handed over the torch to Kevin Spencer and Gord Lane who co-chaired the 10th anniversary celebration.

They, together with their committee of Karen Thompson, Kelly Droppo, Marilyn Spencer, Cindy Brown, Rev. Bill Kurschinski and Carl and Ruby, took up the challenge and brought home another successful event.

"I feel very proud and confident that we have handed Volley for Cancer over to very capable hands," said Carl Thursday night, as he thanked the committee, the players, the sponsors and the visitors.

"It is a very big tribute to Ruby and I, and I thank you very much."

Committee co-chair Gord Lane also thanked everyone involved. "For myself, what an honour it is to be a part of this. It is a wonderful experience, and I am particularly proud of the young people who put themselves out for this."

"I feel very humble and thankful I can do something. I am awestruck by the support we get from the young people in our community."

Also speaking was South Dundas mayor Lyle Van Allen, who said, "When an event of this magnitude happens in your community, it is wonderful. Without volunteers a lot of the events wouldn't happen."

Mayor Van Allen, who provided scoring the day of Volley for Cancer, said he was most impressed by the youth of the community.

"They are the future of our community, and they deserve a lot of praise. They were fantastic."

South Dundas councillor, Sandra Bailey also added her congratulations to the committee, participants, sponsors and volunteers of Volley for Cancer.

"Congratulations to all of you. This was a job well done...a great effort for a great cause."

"This was a year of change for Volley," said co-chair Kevin Spencer, "and what a change it was. We saw Carl and Ruby step back, thankfully not too far, and we saw two people try to fill shoes far bigger than either of us could have imagined."

"The year before had been good, but good was not good enough for the 10th anniversary. It had to be bigger, better and brighter than ever before."

Spencer explained how he had asked his committee for something new, and Karen Thompson had come up with

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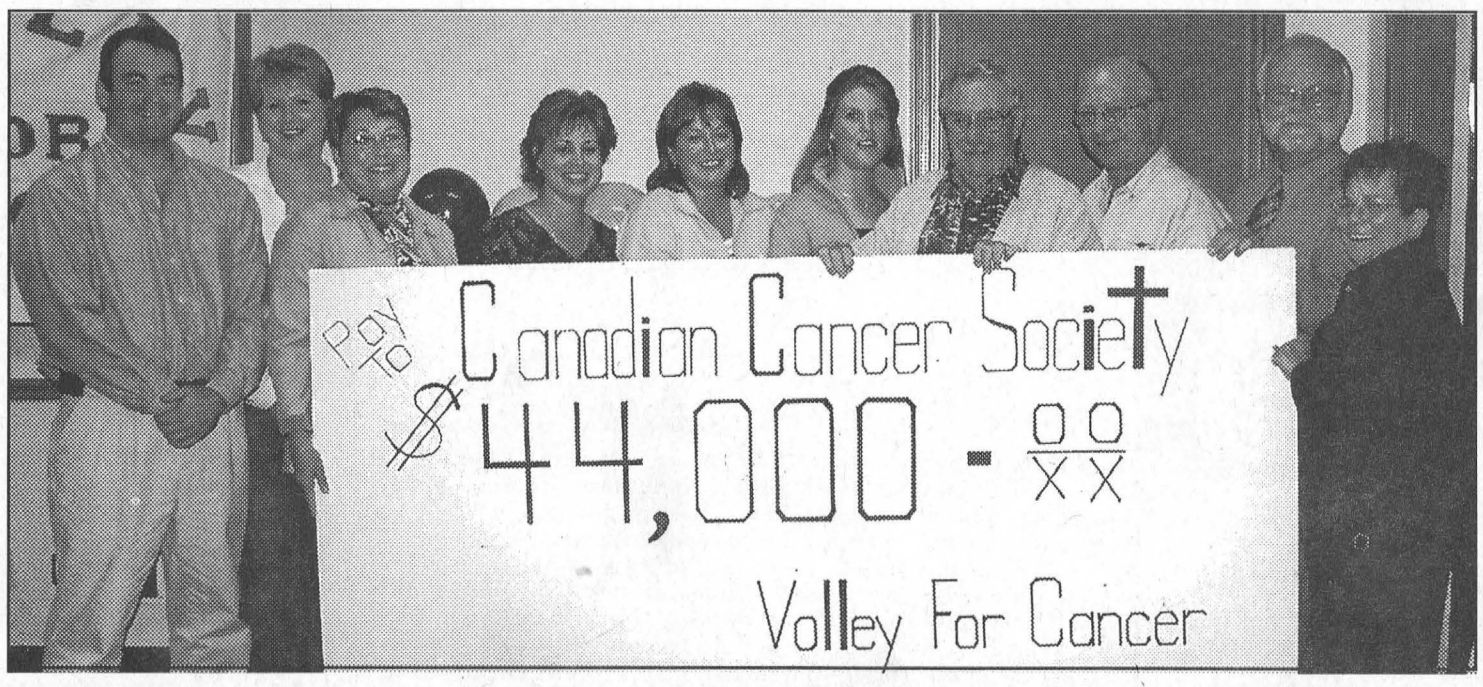

Volley For Cancer Serves a Big Donation

Volley for Cancer is a Community affair made successful by the 100s of volleyball players who compete, the 100s of businesses and organizations who donate, the 100s of spectators who support the day, the 100s of volunteers who see that is runs smoothly and a small group of dedicated people who organize and bring it all together. Last Thursday, members of the organizing committee and Volley For Cancer founders, Carl and Ruby Van Allen got together to unveil and present a cheque for $44,000 to the SD&G Prescott Russell Branch of the Canadian Cancer Society. Serving up the big cheque above, l-r, are Kevin Spencer, Cindy Brown, Diane Dupuis (Canadian Cancer Society), Marilyn Spencer, Karen Thompson, Kelly Droppo, Rev. Bill Kurschinski, Carl Van Allen, Gord Lane and Ruby Van Allen.

Defibrillators in South Dundas

– Continued from Page 1

diac arrest - a condition where the victim loses consciousness, stops breathing and loses heart function.

Chances for survival for Canadians decrease be 10 percent every minute after the onset of sudden cardiac arrest. Anyone can save a person's life, thanks to a program called Public Access Defibrillation, or PAD.

Automated External Defibrillators (AEDs) with minimal training and knowledge give any member of the public the ability to automatically analyze the heart's electrical function, thereby enabling non-medical first aiders to respond skillfully to cardiac emergencies.

On average there is one death occurring in a Cornwall, Stormont, Dundas & Glengarry municipal building every year from sudden cardiac arrest. AEDs strategically placed in these buildings would significantly increase the odds of survival for such individuals.

Anyone can be a lifesaver. Modern AEDs are simple and safe to use. AEDs are lightweight devices that can talk you through the rescue, provide visual prompting and sense whether the casualty needs CPR or an electrical shock to defibrillate the heart.

Rapid defibrillation and CPR can increase survival rates up to 70 percent. However, defibrillation must occur within the first few minutes. For every minute that passes without defibrillation, the chance of survival decreases by seven to 10 percent.

"We are working with the City of Cornwall and the United Counties of Stormont, Dundas and Glengarry to train staff, install the Zoll AED Plus units in selected buildings, increase public awareness and provide free CPR/AED training courses for the public by November 2004," said Bradley Nuttley, Coordinator of the Public Access Defibrillation Program.

In 2003, five people from Cornwall and the United Counties survived sudden cardiac arrest because of defibrillation technology, rapid use of CPR skills and rapid response by Emergency Medical Services.

By increasing the public access of AEDs, training the public in the use of AEDs and the importance of CPR, incorporating the Public Access Defibrillation Program with the Emergency Medical Services, the chances of surviving sudden cardiac arrest will increase.

"The AEDs are very useful but people need to know how to use them, and how to determine when to use CPR," said Nuttley.

As a result, the Public Access Defibrillation Program is offering free CPR/AED training courses to the public during the month of November.

"In cooperation with the United Counties of SD&G and the City of Cornwall, free CPR and AED courses will be held for anyone interested in learning this lifesaving skill," said Nuttley.

So far the four hour training courses will be offered locally at the Morrisburg Arena and Iroquois Civic Centre. Both courses will take place Thursday, November 25, in Morrisburg from 1-5 p.m., and in Iroquois from 6-10 p.m. More dates could be added if needed.

For more information about the program, the defibrillators, free CPR/AED courses, or to schedule a presentation or become part of a PAD program, contact Bradley Nuttley at 930-2787 x 2214.

Volley for Cancer raises $44,000

– Continued from Page 1

the idea of a balloon release.

"It was one of those moments you knew something big has just happened. From that one comment, this year's newest event came to life."

"For $1 we could commemorate both those who have fallen to this disease and those who have been successful in the fight."

Spencer thanked South Dundas Council and in particular Donnie Lewis and the recreation staff, without whose help, "many things would have been overlooked."

Not to be overlooked were Randy Chesboro and Joe Bouchard who lined up the performers, all the folks who lugged and slugged with set up and break down, those who stayed the night to guard the park, all "to make sure that we could put on an event that would live up to what the residents of South Dundas exemplify: Caring, commitment and compassion."

"Some of the other members of this community who show these attributes are the people who year after year put on our ancillary events. Jamie McIntosh who puts on the annual "Chico Mad Scramble" and this year donated $3,000, and Mike Vrab who allows a barbecue in front of his store during Tubie Weekend."

"The other thank you is to two people who for years have been providing a beautiful quilt to raffle. Margaret and Dwayne Rutley donated their quilt this year which brought in $721."

He thanked the Williamsburg IOOF, the Firemen and Pizza, Pizza for their food services and the South Dundas Snowmobile Club for their bar service.

Also acknowledged were Volley For Cancer's perennial top fundraisers Kelly Dedekker ($2,200), Heather Wells-Baker ($1,913) and Angie Merkley ($1,492).

"The auction, the car show, the balloon release were all things to make me very proud to be a part of such an event for such a worthy cause."

And the reason it all works is "the people of this area...the people who played, the people who watched, the people who participated in the quilt raffle, and the 50/50, the people who listened to the music and the people who danced."

Thank you all, and we will see you in August (2005) for the 11th Volley for Cancer.



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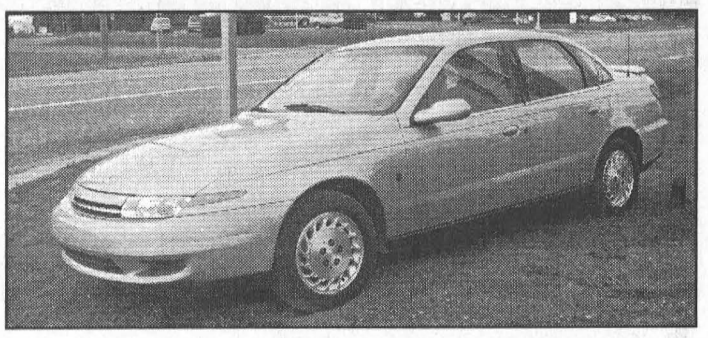
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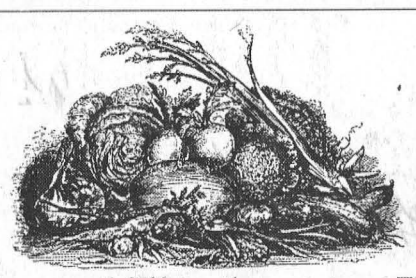
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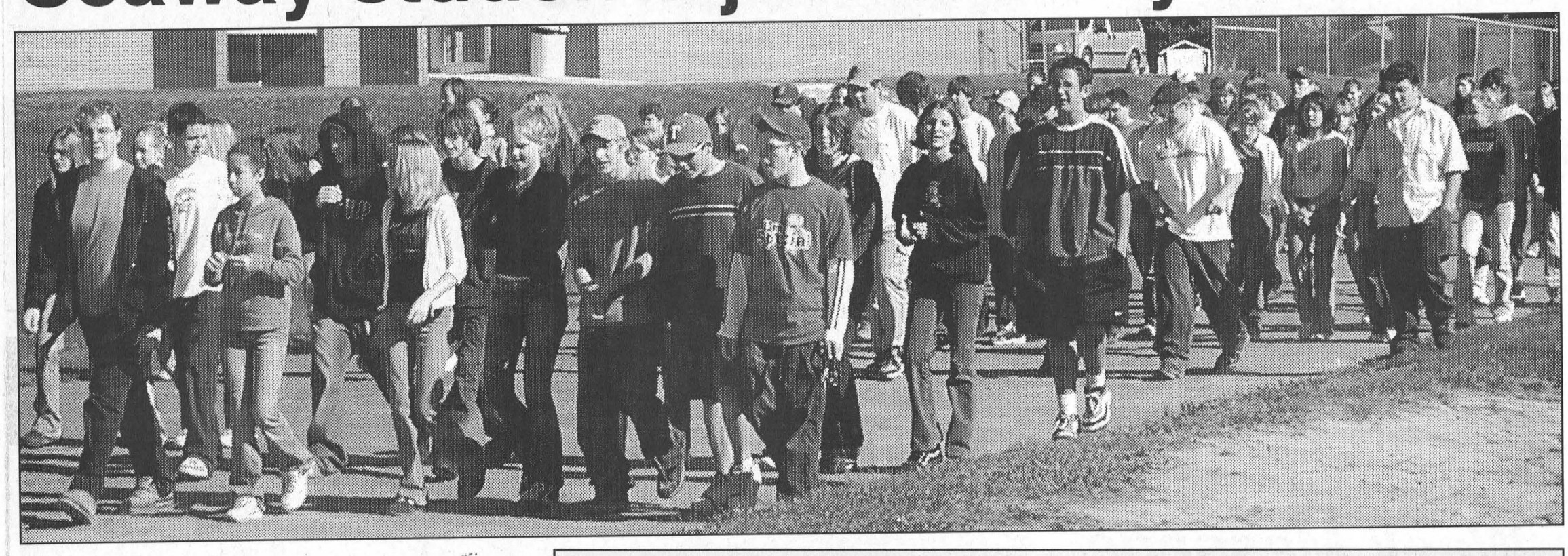
Seaway students join in Terry Fox Run



Students there to talk and walk

IROQUOIS–Last Wednesday, Seaway District High School became one of more than 2,000 schools to hold a Terry Fox Run and in so doing raised $700 to be used in the battle against cancer.

"We are here to do a talk, and we are here to walk," said event coordinator and teacher Jeffrey Crooke to the students and teachers assembled in the gymnasium. "It shows the real character of our school, and it shows the character of each of you."

Students paid $2 to participate in the walk which took place on the school track.

"Two weeks ago, Seaway lost a friend and a teacher, Mr. Hugh Porter," said Crooke. "My hope is that someday we can make cancer a thing of the past."

"Someday we won't have to lose a friend like Hugh."

Before heading outdoors, the students watched a video on Terry Fox and his 1980 Marathon of Hope. Commentary was provided by students council president Nick Whelan and vice-president Greg O'Neill.

Born July 28, 1958, Terry Fox was diagnosed with cancer in his right leg when he was a teenager. After his leg was removed, he began a 15 month training program in preparation for his Marathon of Hope which began on the east coast and was to end on the west coast.

On April 12, 1980 his run began with him averaging 26 miles per day. On September 1, in Thunder Bay after 143 days and 3,339 miles, he was forced to stop as cancer had returned to his lungs.

Terry Fox died on June 28, 1981, but his legacy lives on as each year Terry Fox runs are held worldwide.

Since the first run more than $180 million has been raised in his name.

Last Wednesday's Terry Fox Walk at Seaway was coordinated by teachers Heather Williams, Kevin Kennedy, Melissa Ringler and Tracey Henderson.

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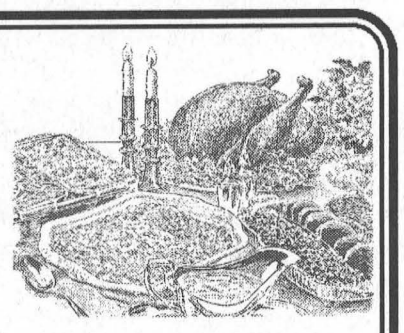

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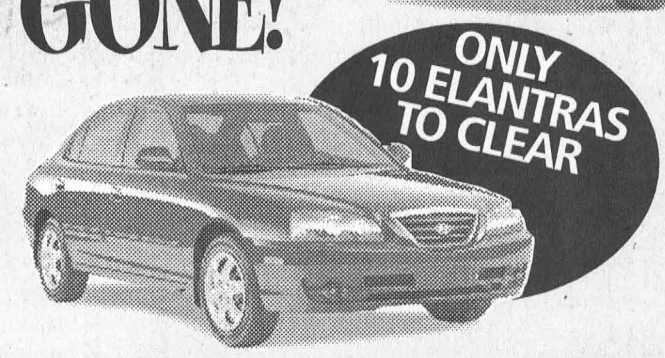

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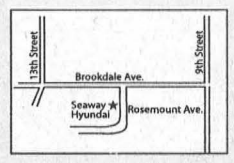

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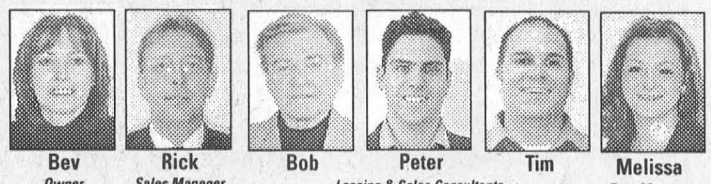

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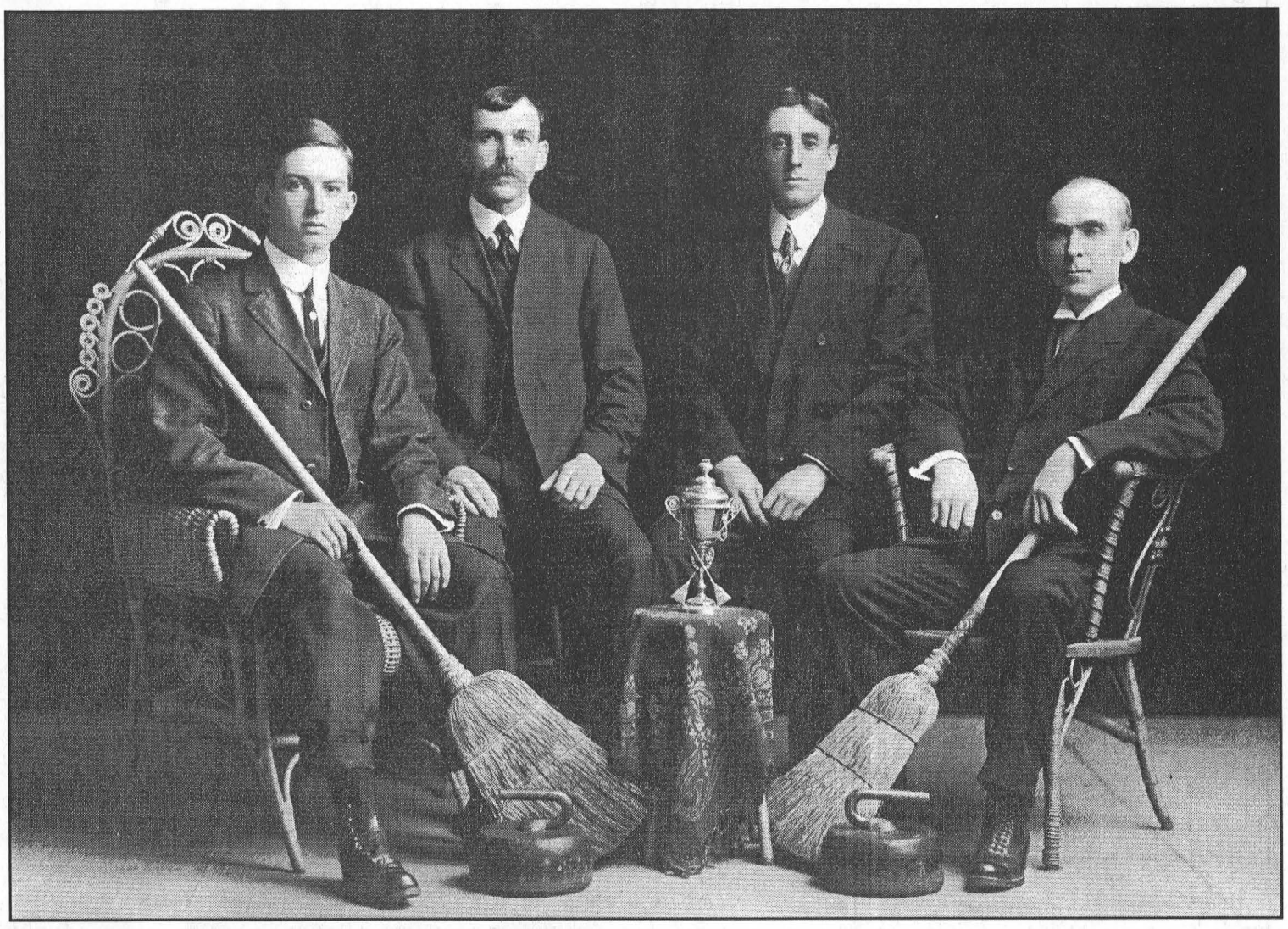


Morrisburg curlers l-r: George Dandis, Alf Clements, Harry Armstrong, Irwin Hilliard

Fire Prevention Week Message

This week is fire prevention week, and the message and the theme of this year's awareness campaign is simple and important - Test Your Smoke Alarms.

Last year, over 100 people died in fires in Ontario, many of whom were children. Many of these fires were preventable and early detection of fire could have provided the precious seconds needed to get out safely, says Ontario Fire Marshal, Bernard Moyle.

Too often, fire services personnel report fires where no smoke alarms are observed, or where alarms are present but the batteries are dead or the power source is disconnected.

Between 1995 and 2003 there was a smoke alarm warning in only 31 percent of preventable, fatal fires in Ontario homes.

In residential fires between 1995 and 2002, 21 percent of homes had no smoke alarm, while another 23 percent had an alarm that didn't operate, often because there was no power source or the power failed.

Smoke alarms save lives. They can double chances of survival by giving the time to escape before fire and smoke spread.

Smoke alarms should be installed on every level of the home, and in or near each sleeping area.

Alarms should be tested every month, and batteries should be replaced annually or whenever the unit 'chirps' to warn of low battery power.

To prevent fires from starting in the first place, never leave cooking unattended, keep matches and lighters stored away from children, and blow out candles when leaving a room. Be sure to develop and practice a home fire escape plan.

To participate in fire prevention week simply share this information with family, friends and neighbours. Make sure everyone you know has working smoke alarms in their homes and that everyone knows what to do when the alarm sounds.

Seen 'n Heard

Around the Town

If you are out and about don't be surprised if you bump into a new visitor to the village, one that drinks Tim Hortons coffee and plays a little golf. Well, maybe not. We've heard, but we didn't actually see, that there was a moose behind Tim Hortons one evening last week, and again in the early morning hours on the golf course.

•••

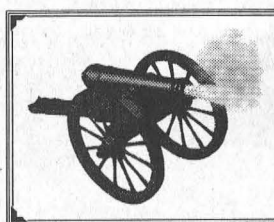
Fall has arrived. Although we've had a few light frosts, Monday night's was fairly heavy. Unfortunately, it is a sign of more things to come. In just a few short weeks, we will be turning the clocks back, and that means it will be dark at about 5:30 p.m. Nobody seems to know why we keep doing the clock thing.

On the brighter side, this weekend is "turkey time", and we can't imagine anyone who isn't looking forward to the Thanksgiving holiday weekend. Happy Thanksgiving to all...and go ahead stuff yourself.

•••

As you read this column you are right in the middle of Fire Prevention Week and of course tonight, Wednesday, October 6 at 7 p.m. is the North American Fire Drill. The Morrisburg Fire Department is requesting that you test your smoke detector tonight at 7 p.m., and use the testing to initiate a fire drill in your home. The Morrisburg Fire Department will be driving its emergency vehicles within the town limits ringing the sirens at 7 p.m. to observe the Great Escape Drill. The last time everyone on my street came out of the house at the same time, was the night the hubby and I drove the fence post through the underground hydro wire, and the power had to be cut to the entire street. But you all know that story already.

Also coming up this Saturday, is the annual Fire Prevention Week Open House at the Morrisburg Fire Station from 10 a.m. to 2 p.m. In Iroquois this coming Saturday at 10 a.m., the Iroquois Fire Department will formally turn over its new extrication vehicle to South Dundas Township. All South Dundas residents are invited to attend the two events, and everyone is urged to test their smoke alarms.



The Leader Blast from the Past

Compiled from The Leader's files

1994

The October 5 issue reported the results form the South Dundas Recreation Survey concerning an indoor pool showed 57 percent of the questionnaires returned did not support a pool citing cost considerations as their primary concern.

Construction workers building the extension at Beaver Dental uncovered the foundation of an old tack and nail factory underneath the parking lot. It was discovered that the railroad was once positioned where Highway 2 is located, and it was believed the plant operated around the turn of the century and into the 1930s when it was torn down. During the 1930s the area turned into a congregation spot for hobos and drunks who built fires alongside the railroad tracks. Beaver Dental purchased the property in 1957 with no idea of what lay beneath.

1964

Pictured on the front page of the October 2 issue was Morrisburg Legion life member Comrade Roy Geach as he struck a match to burn the mortgage on the Legion building. The mortgage was for 15 years but was discharged in three.

John D. Dain, one of Morrisburg's best known senior citizens celebrated his 89th birthday. Born in Morrisburg he was a foundry owner, farmer and merchant. He claimed he got his real start in life, when he forged the snubbing posts and chain for the fence enclosing Crysler Monument. Later, when the canal was built at Morrisburg he made the snubbing posts for that project. The old Dain Foundry was a frame building, and every time a large job was in the works and molten iron was being poured, the building caught fire and a bucket brigade stood guard. By 1915, the foundry business had fallen off and the building was torn down. After farming successfully at Mariatown for several years, in 1926, Mr. Dain established a feed business in Morrisburg.

Red Cook was again the club champion at the Morrisburg Golf Club, and Gladys Bolten won the ladies championship. They were presented their awards by club president George E. Beavers.

1984

Pictured on the front page of the October 3 issue was Queen Elizabeth as she stepped from the royal barge onto the red-carpeted dock at Crysler Park Marina. An estimated crowd of about 4,000 well-wishers were on hand to greet Her Majesty and Prince Philip. During her visit, plans for the newest tourist attraction at Crysler Park, a 50-acre formal garden site to include a stage for the performing arts, were presented. The Queen's Bicentennial Gardens, were to be developed by the St. Lawrence Parks Commission in front of the Crysler War Monument and would include thousands of wild and cultivated flowers. The Royal couple had travelled from Ottawa and were greeted by 100s of people lined along the route.

The Mr. Grocer outlet in Morrisburg was to open on schedule despite a landmark labor board ruling that Dominion Stores Ltd. improperly slashed employee wages and fired 100s of workers in an effort to convert, less profitable stores to franchised Mr. Grocer outlets.

Morrisburg Golf Club members wrapped up their season with a dinner and dance at Caravan Camp. Ladies club captain Nora Markell presented the championship trophy to Barb Sheridan, and men's club captain Brian McNairn made the championship presentation to Ray Baker.

1954

Written in the October 8 Jogging Around column was the following: A few weeks ago, when the proposed plans for a relocated Morrisburg, were released by Ontario Hydro many scoffed at the supposition that the population of the new town might reach 12,000. The building boom in the past few weeks, completely by private enterprise, would indicate the 12,000 estimate may not be far wrong.

To meet the growing banking needs of residents of Williamsburg and district, the Bank of Montreal's office there was increasing its banking service. It would now be open Monday to Friday from 10 a.m. to 3 p.m. and on Saturday mornings.

At the Dominion celery was two bunches for 19 cents and grapefruits were five for 33 cents.

1974

A final tribute to Beloved Pastor Rev. Ferdinand Louis Howald appeared in the October 4 issue. Rev. Howald was born in Zurich, Ontario in 1896. He was ordained in 1921, and in 1941, he joined the Canadian Army, becoming the first Lutheran Chaplain in the history of the Canadian Forces. During his overseas tour he was promoted to Major. He returned to Canada in 1945 and served as Chaplain at Camp Borden. Upon his discharge in 1946 he accepted a call to the St. Lawrence Parish here, which he served for 28 years. In Morrisburg he worked at organizing the Morrisburg Recreation Committee and became Recreation Director in 1947, a position he held for 25 years. He coached hockey and ball end enjoyed golf and curling.

The McIntosh apple tradition which began in Dundela in 1796 and spread worldwide, died a little with the auction at the McIntosh farm. Olive McIntosh wife of Samuel McIntosh, sold the farm September 1. About 20 of the farm's 150 acres were still orchards and a plaque commorated the location of the original.

1944

The October 6 issue reported that Lance Corporal Mike O'Malley of Ottawa, who spent many weekends in Morrisburg, caught the biggest lunge taken in the district this summer. The catch tipped the scales at 24 pounds, was 46.5 inches long and had a girth of 19 inches. Mike used a large live chub for bait.

Pictured on the front page was Clayton Duvall, son of Mr. and Mrs. Harry Duvall, who was celebrating his 21st birthday overseas with his Algonquin Regiment.

The Morrisburg Golf Club held a very enjoyable closing day on October 4 with a mixed two ball. Club champs for the year were Lois Mallen and D.J. Dillabough. They received their trophies from club president S.G. Finnie and ladies club president A.K. McGill.

An announcement was made of change in the Spirits Ration increasing the amount to individual permit holders to 26 ounces per month. The amount had been reduced to 13 ounces earlier in the summer to ensure adequate supplies of spirits until the end of the year.

LETTERS

South Dundas deserves better

Dear editor,

It has been a while since I read your paper, and this week (September 29, 2004) I decided to grab a copy to see what's new in South Dundas. I was intrigued but not surprised by the editorial, "If the shoe fits".

There is an apology in order but not to the mayor nor to the council, but to the ratepayers of South Dundas.

I share the opinion that a lot of things in South Dundas do happen behind closed doors. I know this from experience. (Before it is said, this isn't an axe to grind. While I miss the people and the work that I did, and will always be grateful for these opportunities, I have been given a wonderful new opportunity in a very rewarding work environment.)

But last year, after almost five years with the Township as a project coordinator, my contract was not renewed.

This in itself is an acceptable reality of the working world. What wasn't acceptable was the way in which it was done.

I was let go a week before Christmas, with no explanation, nor was I given the results of the tabled vote.

The fact that I was let go wasn't released to the media, and it was in fact myself who contacted this paper so that I could say goodbye to the people and community that I had grown to love.

I was told to clear out my office and that was it. No discussion, the decision had already been made.

Many times in the last year I have been approached by residents telling me that they wished they had known, that they would have done something.

About this time last year I attended several of the candidates debates and meetings. Over and over I heard several of the prospective candidates (now sitting on council) talk about transparency and openness for the ratepayer.

Where is that transparency and more important where is the decency? Has it already been replaced by arrogance?

If you would have asked me five days before Christmas last year, the answer would have been yes, and I see things haven't changed. South Dundas deserves better.

Sincerely,
Kirsten Gardner

No confrontation intended

To the editor,

I would like to take this opportunity to apologize to the reporter who wrote the editorial in the September 29 edition.

It was not my intent to "confront" her when she visited the Iroquois Golf Club on Saturday, September 25.

I was simply trying to let her know that I am available and willing to speak with her about Iroquois Golf Club matters, should she be interested.

Stephen Martineau,
Iroquois Golf Club Manager

"I call this harrassment"

To the editor,

To the OPP, who I have worked with on several occassions, and are generally good to help out, but lately have been spending all their time on seatbelts and speeding: To sit in the same spot for three days and two nights is a bit ridiculous. I call this harrassment.

They say, "If you build it, they will come." Well, we haven't built the Tim Hortons in Dixon's Corners, but you're here!

You would think you could solve a crime or work on something else, rather than sit in one spot all day long for three days straight!!! The job is 'to serve and protect' and people pay high taxes to help pay your salaries. We expect more than a stationary seatbelt check for days on end.

If your super keeps sending you to these same spots, suggest to him that you go somewhere else. We get the message, and we'll take our turn, but not five times in one week!

Seatbelts after the age of 18 should be a matter of choice. Rules are made but not all of them are right.

Sincerely,
Jim Adams

"Keeping Safe–Living Risk"

Perspectives



Rev. Jean Udall

A young lad had been studying the Bible and he had some questions for his mother. "Is it true that we all come from dust?" he asked. "Yes," said Mom, "we all come from dust."

"And is it true that when we die we all go back to dust?" "Why, yes, dear, we all go back to dust." "Well, Mom, I was looking under my bed, and I think there's somebody who's either coming or going!"

For sure, there are a lot of comings and goings in our lives, lots of little births and little deaths every day. Ask any first grader, any housewife, any businessperson. Ask your gardener, your doctor, your grandmother.

They'll all tell you that life is a gift, but it's also an endless succession of highs and lows, laughing and crying, triumphs and tragedies. Life can be confusing, and sometimes it can wear us down so far that it feels like we haven't got anything left in us.

So how do we keep going? Well, if you're very little, you cling to a security blanket. It's a tried-and-true comfort that seems constant in your life. No matter how ratty it looks, it still makes you feel safe, confident, capable. And life is manageable!

In our adult years, we're fascinated with world governments who have entire spy divisions, all trained and equipped to keep their people safe. The gadgetry available sounds like the stuff of fiction.

But on the Internet (www.museum.org) we can see artifacts from the spy trade that have actually been used in the past. There's the eavesdropping shoe, a Russian-made microphone, battery and transmitter squirreled away in the heel.

There's a German-made wristwatch camera with a round film disc good for six exposures. And a poison gas gun, small enough to fit in the palm of your hand.

There's even a lipstick pistol, nicknamed the Kiss of Death.

All gadgets designed to keep us safe. But Jesus tells us that He is our security!

In Jesus we have a steadfast friend. How do we make something valuable out of the odd stuff that we call life? How do we live through the losses and pains that seem beyond endurance?

We don't–if we're alone! What life asks us to do; to be, to give, and to endure is quite impossible–alone. But we are NOT alone! The Bible tells us that "faith is the assurance of things hoped for, the conviction of things not seen." (Hebrews 11:1)

Faith is no easy thing. It's not easy to believe in a Saviour who was brought into our world in a cradle of straw, only to be crucified on a cross 30 years later. Nor is it easy to accept that Jesus' seemingly impossible instructions for living are actually within our capabilities.

Our prayer seems constantly to be, "Lord increase our faith!" Yet, the secret of a valued life, lived to the fullest, comes in using what faith we have to persistently look for ways to serve Jesus.

Share what faith you have constantly with others, telling the goodness of our Lord. Do what you can to serve others by praying with them, talking with their families and sharing your own faith journey stories.

Respond to what God has done in your life by following the teachings and example of Jesus. Live your faith and allow it to fill you, propel your thoughts, words and actions.

When life is a roller coaster, we cry, "Lord increase my faith!" But, in truth, we have all the resources we need. We do not live alone - God is with us. In your faith, be comforted, uplifted, and strengthened, for we do not live alone!

AMEN
Rev. Jean Udall
Lakeshore Drive
United Church

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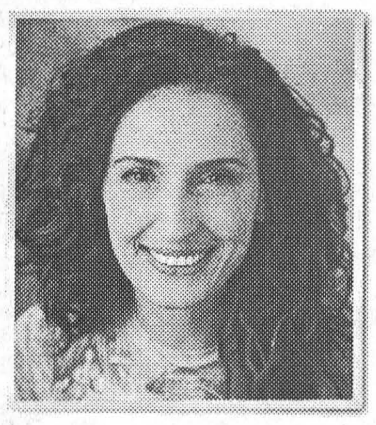
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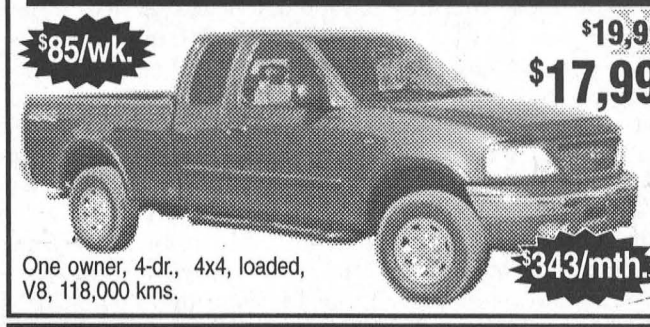
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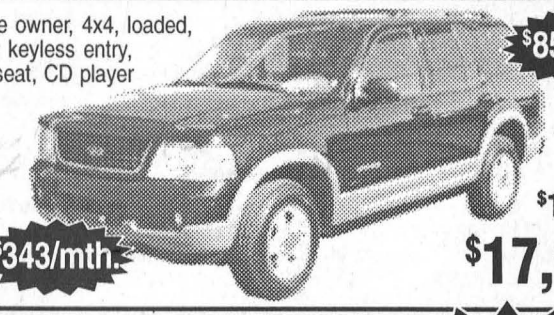
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Local Kidney Association of Canada fundraiser

Just one of many reasons to support Round Up for Research

MORRISBURG – Kidney disease is a disease rarely discussed, but its effects are far-reaching, says Barb Scott whose sister has battled the disease for 10 years.

"There are really two stories, my story and my sister's story." Scott agreed to a recent interview with local media to help raise awareness in the community about kidney disease, as the local Round of for Research Kidney Association Fundraiser is in the works.

In the annual event, well-known locals are arrested and held for bail, which they raise by calling friends, family and business associates for pledges. All proceeds go to the Kidney Foundation of Canada.

Round Up for Research will take place Tuesday, October 19, in Winchester at the Lions Hall, and Wednesday, October 20, at the Iroquois Legion.

"So far we have had good response in North and South Dundas, and we really appreciate it," says organizer of the local event, Geraldine Fitzsimmons.

"We are getting a lot of surprise arrests," she says and that really adds to the excitement of "a fun day for a good cause."

Fitzsimmons organized the opportunity to speak with Scott because, "It's important for our community to hear about people with family members on dialysis. There are a lot of people in our area with this disease and it has an affect on them and their families."

Scott's story is one of heartbreak, having watched for 10 years as her sister's health has deteriorated.

"She was always the strong one in the family," says Scott, who went on to tell her sister's story.

Ten years ago, at an annual medical examination it was discovered that Scott's sister had kidney disease. "She wasn't feeling sick. She just went for a medical."

The side effects of trying to arrest the disease took a huge toll on her sister, and nothing improved. Four years ago she started dialysis three days a week.

Scott spoke of the significant amount of time it takes for dialysis, and the changes it affects on everyday life. "Just going to visit parents in Ottawa became very difficult," said Scott.

Her sister was put on the transplant list when her second kidney started to fail. "On the transplant list you wait for someone else's pain and agony."

Since it is possible to live with only one kidney, doctors started searching the family for a blood match, while the sister remained on the waiting list.

"That's one thing I cannot do for her," says Scott. "I am not a blood match."

The live donor for Scott's sister came from somewhere outside of the family. A friend from church had undergone the first round of testing and announced to the sister, "I'm going to Ottawa with you. My kidney is your kidney."

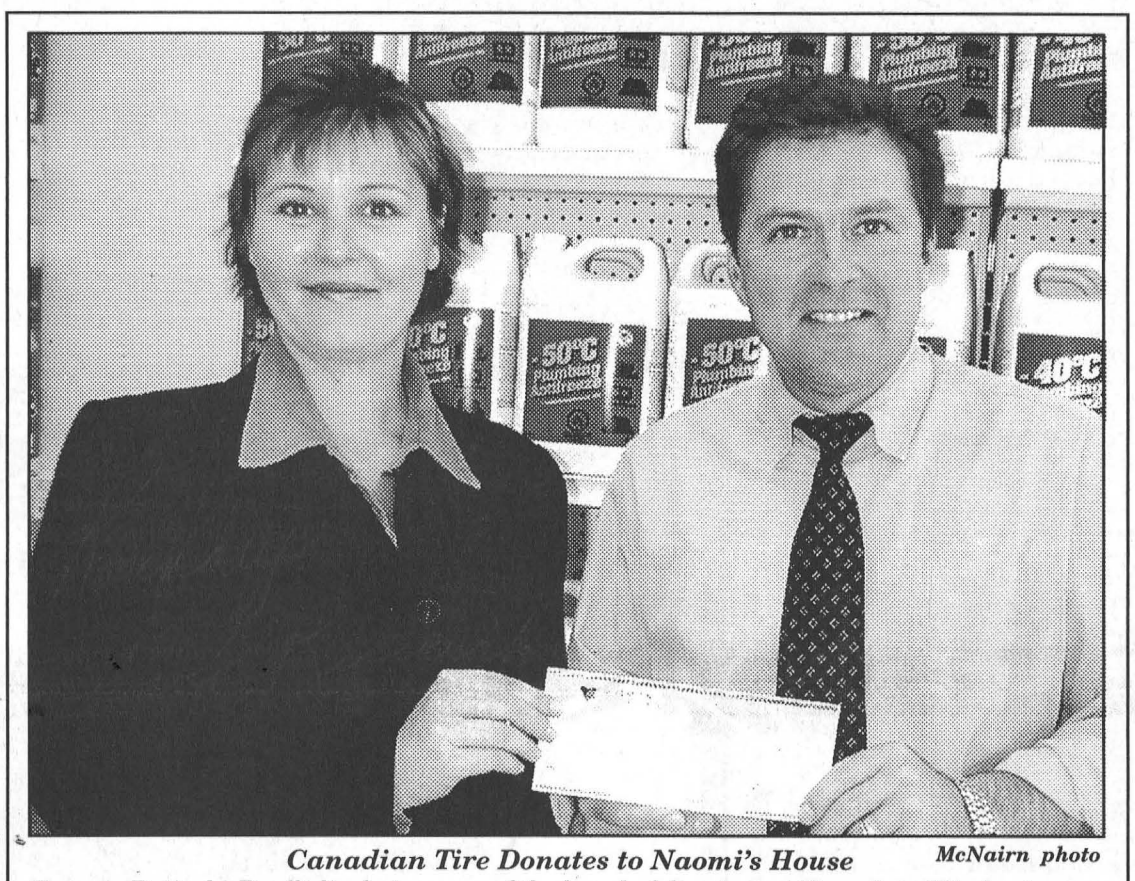
In the meantime the sister now must have daily dialysis, and, even though she has a live donor the transplant has not yet been completed.

Surgery was scheduled for August 26, of this year, but on August 24, she was diagnosed with a "super bug" which she had picked up at the hospital while undergoing preparations for her surgery.

Her sister spent 10 days in hospital, and was then sent home for six weeks, with another date yet to be set. "I'm sure everyone thinks they should be at the top of the list, but my sister will die without a transplant."

While Scott waits for a date for her sister's transplant, she is advocating the need to help the Kidney Foundation.

"Kidney disease is so silent. Nobody talks about it, but it needs all the help it can get to help people who have the disease. We need to be able to do something to stem this disease. We need to come up with something better. It's not a rare disease. It's something you have to think of."



Canadian Tire Donates to Naomi's House *McNairn photo*

Tammie Putinski-Zandbelt, chairperson of the board of directors at Naomi's in Winchester was at the Canadian Tire in Morrisburg Friday, to accept a cheque for $1,000 from Associate Dealer, Peter Oliver. The very welcome donation was raised through the Canadian Tire's Foundation for Families Spring Bike Helmet campaign, and the money will be used to help Naomi House continue to provide critical services to families in need in the community. The Foundation for Families Spring Bike Helmet campaign ran from April 17-June 4 and during that time, $5 from the sale of every bicycle helmet was donated to the Foundation for Families in support of local charities. "This is very generous," said Putinski-Zandbelt. "We have several areas we can direct the funds to. The women and children are the true benefactors of this generous gift." Oliver said about 100 helmets were sold locally during the successful campaign. The money raised, is sent to the Foundation for Families which then matches the amount and returns it to the charity selected by the local CT. Oliver explained suggestions for recipients of the various tampaigns are often made through his staff. "We try to spread it around the community," he added. "We picked the hospital (Winchester District), the Food Bank (Dundas County) and Naomis as targets for our larger donations." Naomi's, located in Winchester, is a shelter for women and children. It was opened in 1986.

Lower units stolen from Crysler Marina

SOUTH DUNDAS – October 2, police began an investigation into the theft of two OMC counter-rotating lower ends, stolen from a 1989 Doral Monticello cruiser, which had been stored at the Crysler Marina in South Dundas Township. The theft is believed to have occurred within the past week. Const. T. Kingston is investigating this incident.

Possession

SOUTH DUNDAS – A traffic stop on County Road 18 in South Dundas Township resulted in the seizure of a quantity of marijuana and a charge of possession of a substance against an 18-year-old Winchester male. Court will be held in the Village of Morrisburg on November 2.

Counterfeit $10 bill

MORRISBURG – The only incident of tendering of counterfeit money reported to police in Dundas County this week happened in Morrisburg. On October 1, a counterfeit $10 bill was reported.

United Counties of S.D.&G.

Restored court house opens

CORNWALL – On October 1, the United Counties of Stormont, Dundas and Glengarry celebrated the official opening of the renovated and restored Court Room.

Invited guests included federal, provincial and municipal spokespeople, current and former county and township representatives, and judicial delegates.

The gathering was assembled by a Town Crier, and the procession was led into the new court room by a bagpiper.

Restoration of the building focused on such features as interior staircases, and 19th century woodwork. Historical sources were consulted in the selection of paint colours, lighting fixtures and landscape features. A copper-roofed vestibule, removed many years earlier, has been restored to its gleaming splendour. Historical artifacts, detailing some of the United Counties' 170 year history were also on display.

Assembled guests enjoyed historically appropriate appetizers including fire roasted French baguettes with rosettes of cedar smoked salmon mousse, and Cognac peppercorn paté on whole wheat triangles.

Completed in 1834, the United Counties of Stormont Dundas and Glengarry Court House and Gaol (pronounced 'jail') was built as a jail for Eastern Ontario. It is the fifth oldest court house in the province, and was in use as a jail until November 2002.

The building replaced an earlier pine-log court house destroyed by fire in 1826. As in the earlier building, the ground floor encompassed six jail cells, and three cells for debtors. The most powerful administrative body, first the Quarter Sessions of the Peace, and later County Council, met on the upper floor.

The new wing, added in the 1950s, was built of concrete and steel with brick and stone veneer. It is joined at the ground and upper levels, but is essentially a separate structure.

The County Jail portion of the building is still closed to the public, as it is undergoing its own restoration to become the new Seaway Valley Tourism office later this fall.

What stands now is an evolved building which retains its original form and footprint and a great deal of its historical integrity, and has served the United Counties for 170 years.

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Feel the benefit of healing with Magnetic Bracelets by . . .
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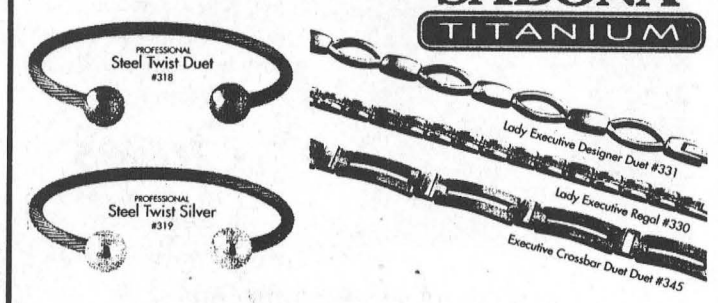

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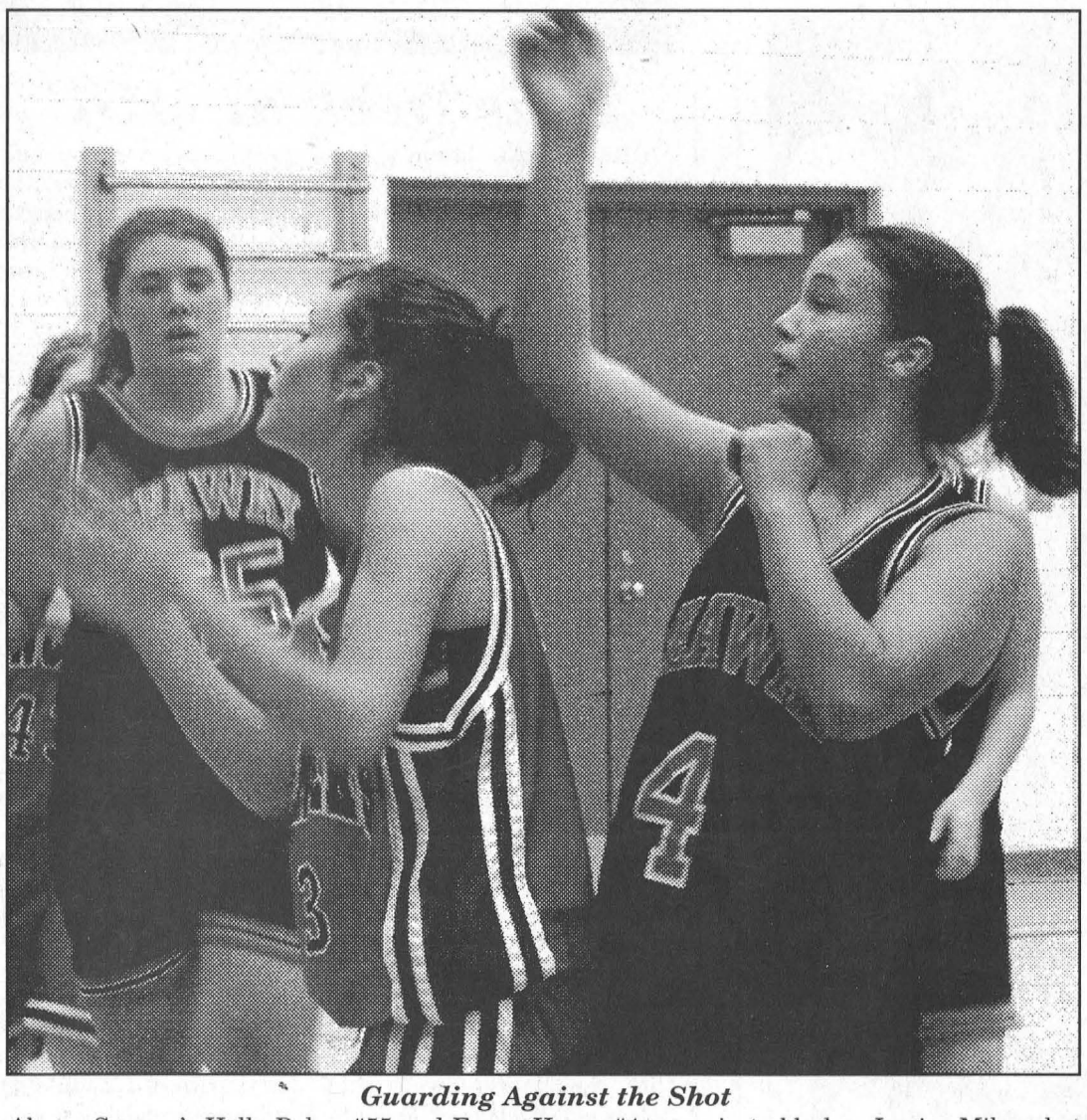
SD&G High School Basketball

Spartans knock off Lancers in season openers



Guarding Against the Shot

Above, Seaway's Holly Byker #55 and Erynn Henry #4 move in to block a Jessica Milne shot during last Wednesday's senior basketball game played in Ingleside against the Lancers. Both the Senior and Junior Spartans picked up wins in their opening games of the season.

INGLESIDE – The Seaway Spartans got off to a powerful start against the R–O Lancers in SD&G basketball action here last Wednesday, with both the Senior and Junior teams picking up wins in their first games of the season.

The senior game started slow with Seaway doubling the Lancers 8-4 by the end of the first quarter, and ahead 23-16 at the half. Led by a 19 point performance from point guard Melissa Groniger, they turned it up a notch in the second half to claim a 47-30 win.

"I think we played tremendous for the first game of the season," said coach Trevor Thompson. "We've only got two returning senior girls. The rest were all juniors, and it's a big step."

Thompson notes he has considerable height on this year's team. He says it is an added bonus that Erin Henry, Ashley Vandermeer and Melissa Groniger all benefitted from playing summer basketball out of Ingleside under (R-O coach) Bob Thompson.

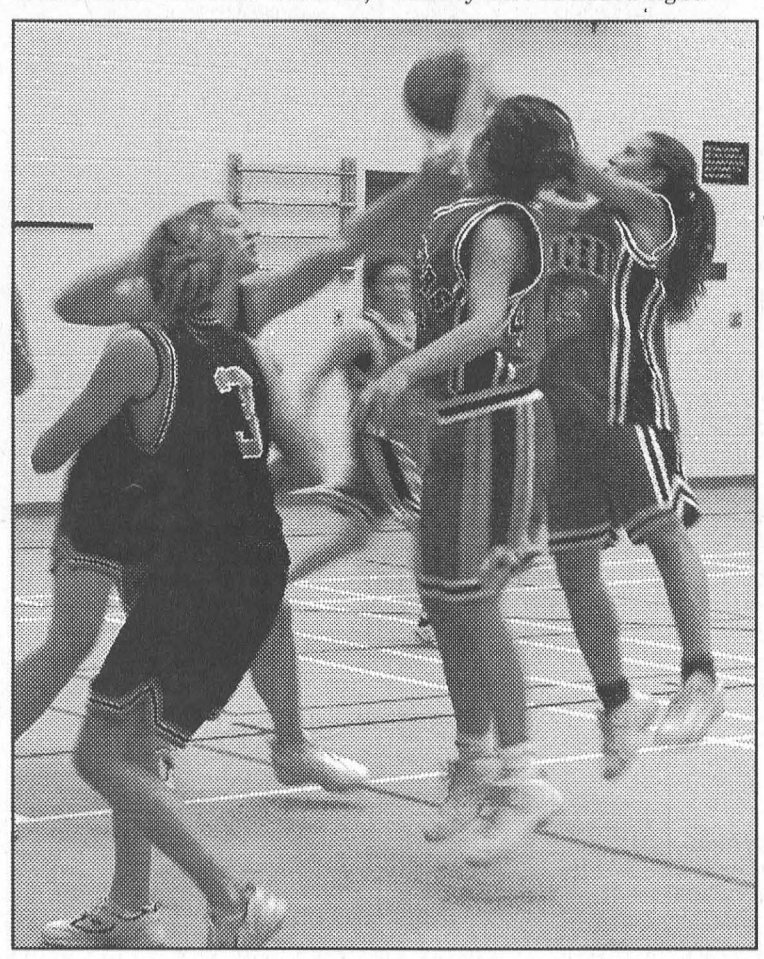
Vandermeer backed Groniger's performance Wednesday dropping 12 points, and Holly Byker chipped in seven. Amy Jansen, Sarah Myers and Erynn Henry added the remaining points.

Answering for R-O were Cassidy O'Neil with a 10 point game, Jessica Milne and Sarah Bertrand with five points each and Cheryl Menkhorst with 4.

In Junior action R-O hung tough in the first half, holding the Spartans to a 19-13 lead. The Spartans, led by a 17 point effort from Melissa McLeod, took over in the second half for a 41-23 win.

Chelsey Schell added eight points to the Spartan scoreboard and Courtney Thompson was good for four.

Jessica Winters scored nine points for the Lancers and Ashley Giroux added eight.

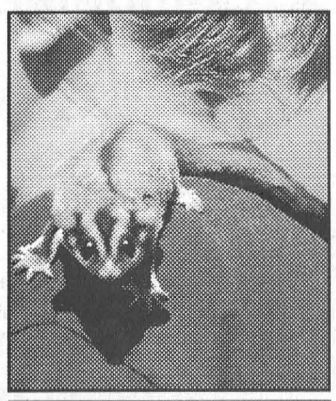


Leader Sports & Leisure





Friends of the Sanctuary present Waterfowl Day 2004







MORRISBURG – A lack of ducks didn't put a damper on Waterfowl Day 2004, presented by Friends of the Upper Canada Migratory Bird Sanctuary, Sunday.

The wild duck banding demonstration, which is a perennial favourite, this year had to be cancelled simply due to the fact that they had no ducks to band.

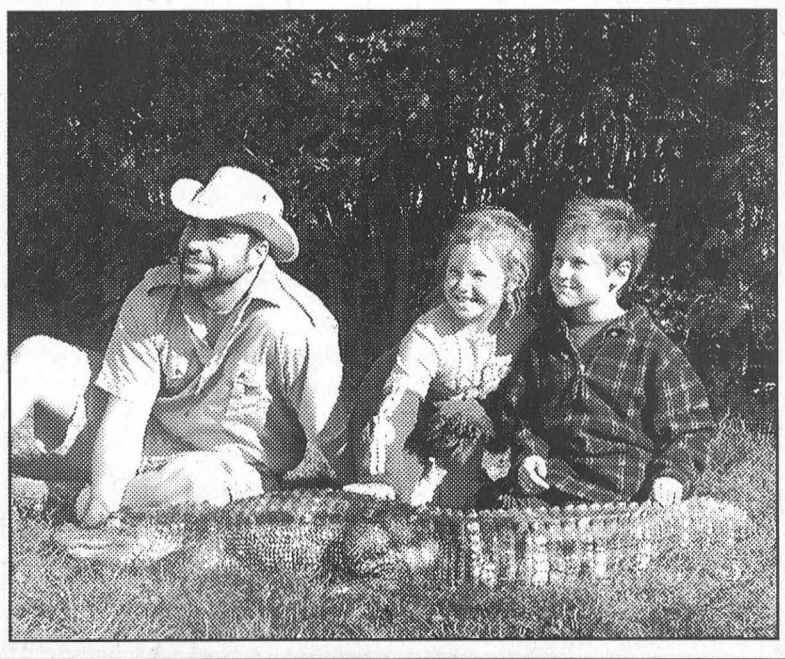
Instead, several other interesting and unusual animals got the full attention they deserved from all the children and their families in attendance.

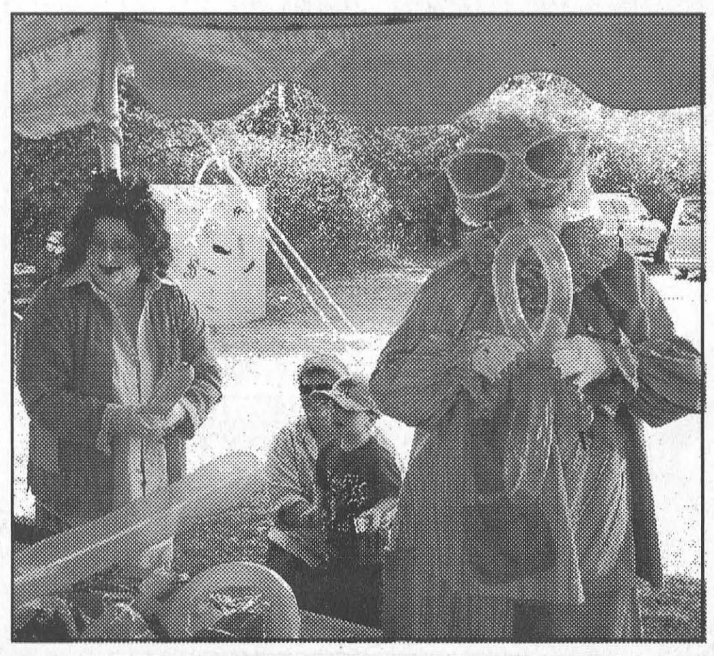
Comfort Photos





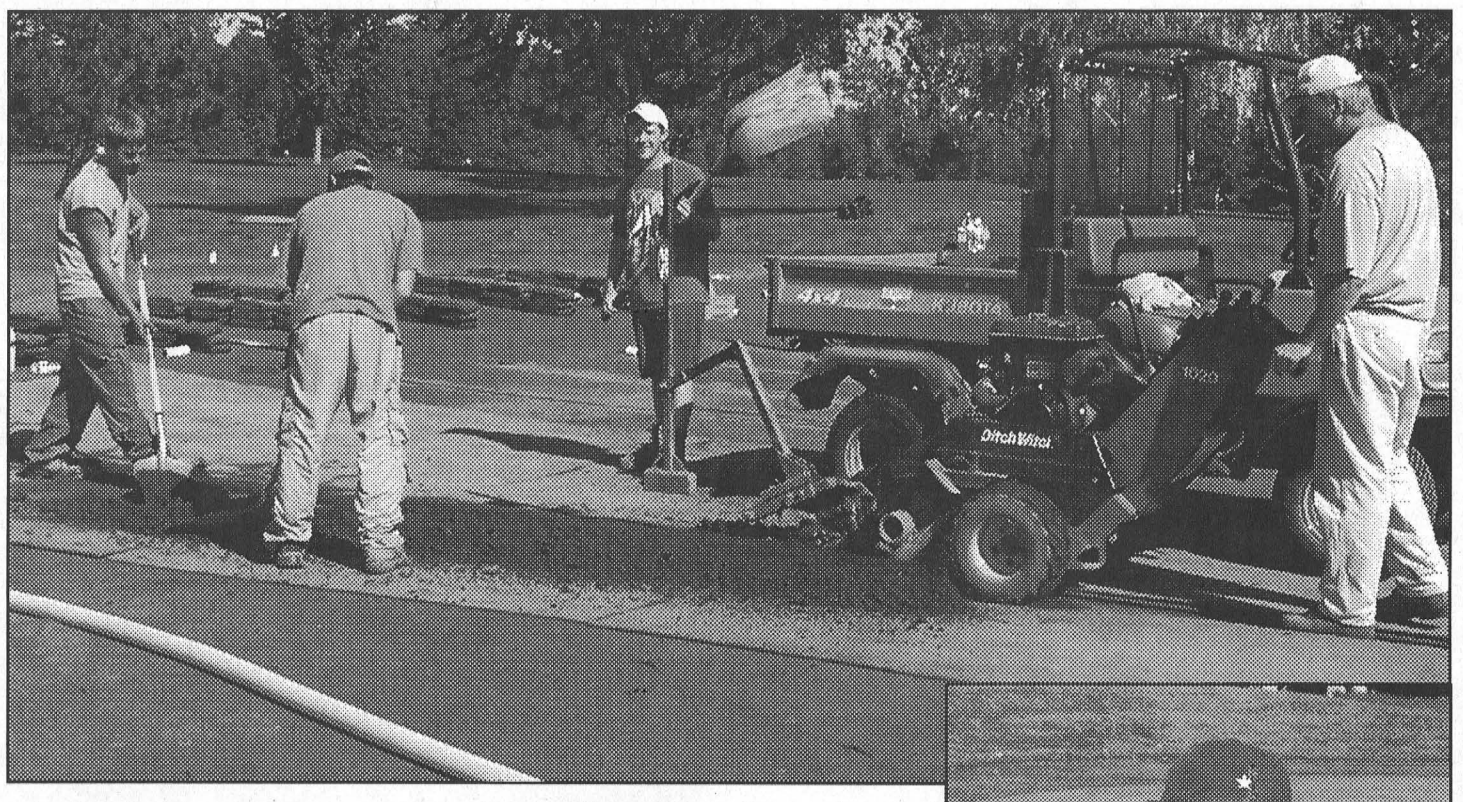


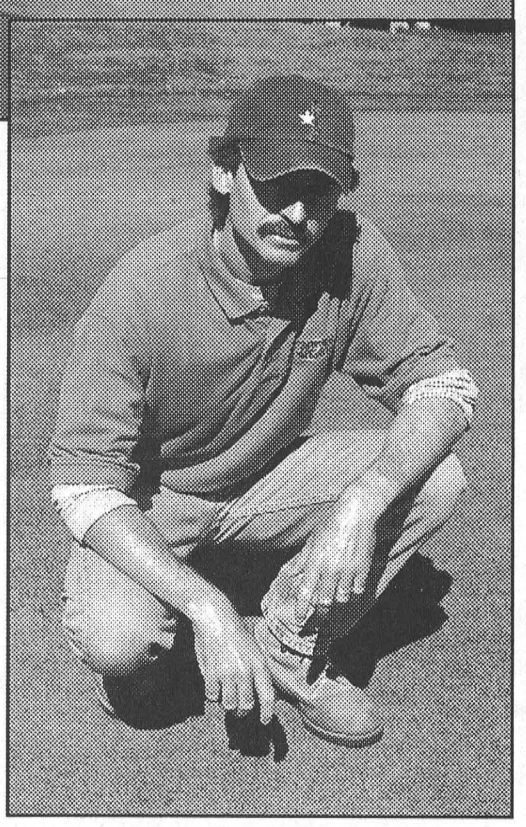




Upper Canada Golf Course

Greens get a little first aid





Ready to Putt
Upper Canada Golf Course Superintendent Randy Leclair inspects the sixth green, which, after just one week had fully recovered from the work. In the photo at the top, the slit drainage technique is being carried out on the ninth green. Drainage was done to greens six, eight, nine and 10 which have drainage problems every spring. Often these greens had to be kept out of play for several weeks after the course opened.

Better drainage needed in spring

MORRISBURG–Four greens at the Upper Canada Golf Course are getting some tender loving care this fall, that superintendent Randy Leclair says will make a world of difference come next spring.

"We are slit draining greens six, eight, nine and 10," explained Leclair last Wednesday as a crew worked on number nine.

Wet greens in early spring, specifically those that are getting the drainage treatment, have become an annual problem. "Anyone who is here in May, knows that half the time I have six, eight, nine and 10 out of play."

Over the last few years, Leclair has added drainage to the areas around the affected greens, but while it has helped take surrounding water away, "it hasn't done the greens any good."

Opened in 1964, Upper Canada Golf Course celebrated the 40th anniversary of it first nine greens in July of this year. The remaining nine were put into play two years later.

In its first year, 5,000 rounds were played, a figure that has since skyrocketed to close to 30,000 rounds per year.

"Thirty thousand people a year, that is a lot of traffic," says Leclair. "The greens get tired (compacted), and they don't drain as well as they once could."

Slit draining is a specialized greens drainage system, whereby the sod is removed in narrow strips and trenches are dug. The old soil is removed, the tile drainage laid, and new root zone soil (a proper greens mix) replaces the old.

"Every piece of equipment used travels on boards laid on the greens, so they are disturbed as little as possible."

The new soil added, in addition to adding new nutrients, also helps to allow the water to penetrate to the tile.

"Typically, a 10,000 square foot green (number six at Upper Canada is 13,000 sq. feet) takes two days of work and another 20 to 48 hours of mending before it can be put back in play."

In just one week, the sixth green was back in its usual pristine condition, and evidence of the work was barely noticeable.

Leclair says weather conditions this spring and summer were great for the course, although maybe not so great for the golfers. It was another late spring, cool and damp, which got the season off to a late start. Late summer and September have been great.



This Week at MGC

MORRISBURG –It had to happen sooner or later. The cooler weather arrived yesterday and of course that cooler weather means frost. All golfers who like to hit the course early in the morning are reminded that their could be frost delays. Cold and rain (we aren't talking snow yet) also means the clubhouse hours will be determined by the weather.

Speaking of weather, Saturday's Mixed Two-Ball did get played with a little rain, a little humidity, a little cold and a hold lotta wind. Despite the elements Brian and Bonnie McNairn turned in the low gross with a 77, while Sam Laurin and Monique Patenaude posted an 84 for second place. Scott and Maggie Corden were next with an 85. Low net winners for the day were Wayne Hutt and Vicki Boivin, followed by Steve and Patty Boucher and Andy Patenaude and Helen Youmelle. Having the most fun of the day were Peter and Chris Ozinga.

Twenty-five couples participated in the event which was topped off with prizes, a delicious meal and musical entertainment.

With the season now quickly slipping away all members with lockers are asked to please remove equipment and locks by Thanksgiving Monday. The clubhouse will of course be open over Thanksgiving weekend and breakfasts will be available.

A reminder too that the club's annual general Fall Meeting is scheduled for Sunday, October 17 at 2 p.m. at the clubhouse. It is at this meeting that the executive is elected and next year's membership fees are set. Up-to-date financial figures are also available at this time. All members are urged to attend, and anyone interested in a position on the 2004 executive can contact past-president Bob Barclay.

All curlers, all golfers and all curler-golfers are reminded of the Swing and Sweep (golf and curling) schedule for Saturday, October 16. For information or to register you can contact Mahlon Locke.

Members and area golfers are invited to check out the Morrisburg Golf Club's new web site at morrisburggolf.ca.

GRAND OPENING
Sober's Hall
at Knight's Inn, Hwy. 2 & 31, Morrisburg
Friday, October 8th, 2004
"O.C. CENTRAL" Band
9 p.m. - 1 a.m. – No Cover Charge
Come & see the new hall which is now available for Banquets, Weddings, Receptions, Etc.
Bookings Available – 543-0969

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MORRISBURG GOLF CLUB
Annual Fall Meeting
2 p.m. at the Clubhouse
Sunday, Oct. 17, 2004

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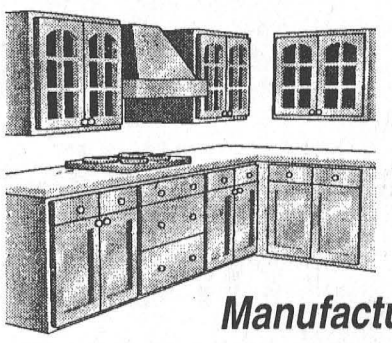

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FRI. & SAT. FROM 4 P.M.
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10 oz. New York Steak..... $15.95
8 oz. New York Steak..... $12.95
Grilled to your taste, served with fresh garden vegetables and choice of potato
Roast Turkey Dinner..... $12.95
Tender turkey covering dressing, topped with gravy. Served with fresh garden vegetables and your choice of potato
Chicken Parmesan..... $12.95
A lightly breaded chicken breast topped with meat sauce and mozzarella cheese baked in the oven. Served with spaghetti or your choice of potato and a slice of garlic bread
Salmon Fillet..... $11.95
A boneless fillet baked in the oven with garlic butter, served on a bed of rice with fresh garden vegetables and choice of potato
Ham Steak..... $11.95
This is topped with pineapple, served with your choice of potato and fresh garden vegetable
Specials Include Soup or Salad or Juice, Rice Pudding or Jello or Ice Cream Parfait or Pumpkin Pie and Coffee or Tea
NEW CENTENNIAL
Restaurant & Dining Lounge
MORRISBURG VILLAGE PLAZA
FOR RESERVATIONS CALL 543-3722

Eastern Ontario Health Unit
Bureau de santé de l'est de l'Ontario
PUBLIC APPOINTEE TO BOARD OF HEALTH

The Board of Health of the Eastern Ontario Health Unit invites applications from residents of the counties of Stormont, Dundas and Glengarry and the City of Cornwall for appointment as a Board member.

The candidate shall be a resident of one of the three counties or the City of Cornwall, have demonstrated interest in public service work and in learning and working with community health issues.

Experience in committee, group or voluntary work is required. Knowledge of governance issues, policy development and advocacy will be considered an asset.

The member shall not anticipate any conflict of interest and cannot be a member of another provincial government board, agency or commission concurrent with their appointment as a public member on the board of health.

Submit your letter of application along with a resume, including names of two references, to:

The Secretary
Board of Health
Eastern Ontario Health Unit
1000 Pitt Street
Cornwall, Ontario K6J 5T1

Application Deadline: 12 noon, October 22, 2004

Come on over
What you need to know about your
WELL AND SEPTIC SYSTEM

This fall, the Raisin Region Conservation Authority will again be hosting homeowner workshops on ***What you need to know about your well and septic system.*** Guest speakers will present valuable information on design, construction and maintenance of private residential wells and septic systems. Proper care of these systems help to protect the health of your family and the environment as well as save you money.

Plan to attend the workshop to obtain helpful advice on operation and maintenance of your well and septic system. **Presentations run from 7 p.m. to 9:30 p.m.**

Tueday, 12 October, 2004
Cooper Marsh Visitor Centre, County Road #2, Lancaster

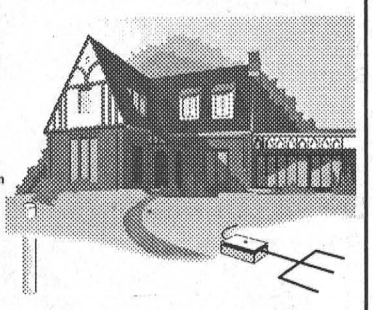
Wednesday, 13 October, 2004
Glengarry Sports Palace, 170 MacDonald Blvd., Alexandria

Thursday, 14 October, 2004
Alfred Community College, 31 St. Paul Street, Alfred (to be presented in French)

Tueday, 19 October, 2004
St. Andrews Parish Hall, Highway 138 & County Road #18, St. Andrews

Wednesday, 20 October, 2004
Winchester Springs Community Centre, 12240 County Road #5, Winchester Springs

You are also welcome to attend the presentation being held in the City of Ottawa:
Monday, 18 October, 2004
Client Service Centre, 1640 Old Wellington Street, Kars



Water sampling instructions and sample bottles will be available at the workshop. If you have an approved water sample bottle and collect a sample before the workshop you can bring it to be forwarded for analysis.

For more information: Brenda Lee Haskins, Raisin Region Conservation Authority, (613) 938-3611, ext.227

Funded in part by: Environment Canada, Ottawa; Raisin Region Conservation Authority; Eastern Ontario Water Resources Committee; South Nation Conservation; Ontario Ministry of the Environment

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Lions still in search of first win

MORRISBURG – Six games into the 2004/05 season, and the Morrisburg Junior B Lions are still looking for a win.

This past weekend, the Lions were in Winchester Friday night where the Hawks, vastly improved from last season, crushed them to the tune of 12-5.

Back on home ice Sunday they tangled with the Akwesasne Wolves who went up 3-0 quickly and then held on to eventually pick up a 4-2 win.

Friday night in Winchester, the Lions held on through the first period leading 3-2 with 7:53 left in the period. But in the last two minutes the Hawks struck twice to carry a 4-3 advantage into the second period.

The second period was the Lions undoing as they gave up four goals and any opportunity they may have had to cage the high-flying Hawks.

The third period saw the Lions strike twice while the Hawks collected another four counters for the 12-5 win.

Darren Trenholme, Nik Paas and Bruce Hamelin had two goals apiece for the Hawks and singles were scored by Tory Baldwin, Stefan Gravelle, Shawn Smail, Steve Cameron, Stephen Swan and Marc Andre Fournier.

The Hawks power play was successful four times, and Shawn Smail scored their final goal while they were shorthanded.

Answering for the Lions were Chad Galipeau with two goals and Justin Elliott, Jordan Sheffer and Cory Gove.

The Lions sat out seven minor penalties, four five minute fighting calls and two game misconducts, while the Hawks were assessed eight minors, one double minor, three five minute fighting majors, one 10 minute misconduct and three game misconducts.

Trevor Heffernan was in net for the Lions and Nick Bergamini saw action for the Hawks.

Sunday in Morrisburg, the Wolves hit three times before the Lions were able to get on board late in the second frame with a Jamie Gadway goal.

They cut the Wolves advantage to 3-2 less than a minute into the third with a Chad Galipeau goal, but that was it.

The Wolves struck once more with a power-play goal from Dylan Gravell for the 4-2 win.

Gravell scored twice for the Wolves and Josh Gilson and Mike King provided singles.

The Wolves were assessed nine minor penalties, a five minute fighting major and one game misconduct, while the Lions sat out six minors, one double minor, one five minute fighting major and one game misconduct.

The Lions have a three-game weekend coming up which includes a rare Saturday night home game.

On Friday night, October 8 the Lions travel to Alexandria for an 8:30 p.m. game and Saturday, October 9 they are at home to the Kemptville 73s. Game time is 7:30 p.m. They finish it off Sunday, October 10 in Athens for a 2:30 p.m. game.

JR. B SCOREBOARD

St. Lawrence Division

	GP	W	L	T	Pts
Winchester	6	5	1	0	10
Alexandria	6	5	1	0	10
Char-Lan	6	3	3	0	6
Akwesasne	5	2	2	1	5
Kemptville	5	1	3	1	3
Morrisburg	6	0	6	0	0

Rideau Division

	GP	W	L	T	Pts
Sth. Grenville	6	6	0	0	12
Gananoque	6	4	1	0	9
Brockville	6	4	2	0	8
Athens	6	1	5	0	2
Westport	6	0	5	0	1

Teams losing in overtime or shootout receive one point

Results

Friday, Oct. 1-
Sth. Gren. 6 at Westport 4
Morrisburg 5 at Winchester 12
Kemptville 3 at Alexandria 8
Saturday, Oct. 2–
Athens 0 at Sth. Grenville 4
Winchester 6 at Akwesasne 5
Alexandria 4 at Char-Lan 2
Sunday, Oct. 3 –
Brockville 10 at Athens 4
Westport 4 at Gananoque 8
Akwesasne 4 at Morrisburg 2
Char-Lan 2 Kemptville 1

Seniors euchre

WILLIAMSBURG – Winners at the Williamsburg Seniors euchre Wednesday, September 29 were as follows:
White Cards: Hubert La Pierre, Eileen Cinnamon, Jean Sutton.
Yellow Cards: Graham Pemberton, Betty Barkley, Ed Thompson.
Door Prize: Stella Casselman, Thelma Corey.
Draw: Everett Froats, Lyle Hess (2), Bob Dawson, Harold Gallinger, Jean Sutton.
The next euchre will be held Wednesday, October 13, and everyone is welcome.

CATERING SERVICE
Royal Canadian Legion Br. 48 Ladies Auxiliary is available for all catering needs – Weddings, Parties, Anniversaries, etc. Will also cater late night functions. Please call the Branch at 543-3091 for bookings.

Church Directory

Roman Catholic Churches
Rev. Father R.J. Chisholm
Phone: 543-2544
St. Mary's, Morrisburg
Saturdays - 7:30 p.m.
Sundays - 11:00 a.m.
St. Cecilia's, Iroquois
Sunday - 9:00 a.m.
Confessions before weekend masses

St. Lawrence Evangelical Lutheran Parish
Pastor: The Rev. Jo Barkley-Probst
Office: 543-3154 or Office: 543-2480
WORSHIP
Sunday, October 10, 2004
ST. PAUL'S, Morrisburg
9:30 a.m. Worship
ST. JOHN'S, Riverside Heights
11:15 a.m. Worship
PEACE BE WITH YOU.

The United Church of Canada
LAKESHORE DRIVE
UNITED CHURCH
Morrisburg, Ontario
Rev. Jean Udall, Minister
Office Telephone 543-3079
Organist & Choir Director
Lorna Casselman
Sunday, October 10, 2004
10:30 a.m. – Worship Service
Children's Chatter, Sunday School

Christian Reformed Church
Interim Pastor:
Rev. Riemer Praamsma
Williamsburg, Ontario
Tel: 535-2227 or 543-4311
Sunday, October 10, 2004
9:30 A.M.
Morning Worship Service
Sunday School for Children ages 3-9
7:30 P.M.
Evening Worship Service
Child care during morning service
Please be our guest this week

The Presbyterian Church in Canada
KNOX PRESBYTERIAN CHURCH
Morrisburg, Ontario
Minister: Rev. Darren May
Church 543-2005 Home 543-0142
Organist: Gary Postma
Sunday, October 10, 2004
11:00 am. - Morning Worship
11:00 am. - Sunday School
Everyone Welcome!
Nursery Available

Morrisburg Pentecostal Tabernacle
Pastor: Rev. Duncan Perry
Office 543-2681
Sunday, October 10, 2004
10:30 a.m. - Family Worship & Children's Bible Hour
6:00 p.m. - Evening Worship Service
Tuesday –
7:00 p.m. - Bible Study & Prayer
Friday –
7:00 p.m. - Youth Service
Come And See What Jesus Can Do For You!!

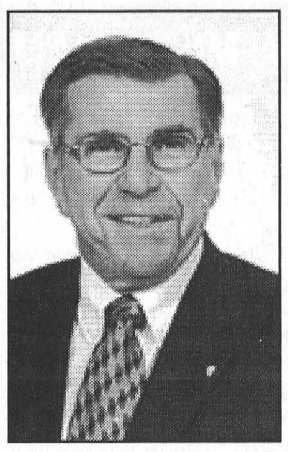
Williamsburg United Church
Guest Speaker
Jim Grant
Organists – Susan Barkley, Lynn Gilmour, Joanne Stevens
Sunday, October 10, 2004
10:30 a.m. – Welcome to Worship with Us!
Sunday School, Nursery Available

The Anglican Parish of Morrisburg-Iroquois-Riverside Heights
invites you to worship with us this Sunday
St. James, 20 High St., Morrisburg
St. John the Baptist, Lakeview Dr., Iroquois
Holy Trinity, Riverside Heights
543-3904
The Rev. Bill Byers, Rector
The Rev. Pat Martin, Assistant
Visitors welcome, Members expected
Sunday, October 10, 2004
8:00 a.m. – St. James'
9:15 a.m. – St. James'
11:00 a.m. – St. John's

Living Word Ministries
(a non-denominational Christian fellowship)
Worship Services
Sunday at 10:00 a.m.
at Morrisburg Meeting Centre
Cty. Rd. 2, Morrisburg
Pastor Larry Cromie
(613) 340-6252

Attend the Church of your choice this Sunday

News from Parliament Hill



OTTAWA – During the 2004 federal election campaign, I made the economy of Stormont - Dundas - South Glengarry a key part of my platform.

I have already written and spoken at length about preserving the agricultural backbone of the economy in our rural areas. In this article, I will focus on the economic development of our towns and the City of Cornwall.

The phrase "economic development" is included in almost every political platform, probably because it sounds good and can mean almost anything. But what is economic development, and how can we make it happen here?

It's a given that a well-developed economy is a prosperous economy. But economic development goes far beyond the amount of money in people's pockets. That wealth has to contribute to the well-being of the entire community, and it has to be mobilized in ways that generate sustainable growth. That can only happen when an economy is powered by a long term economic plan that utilizes the region's competitive advantages.

Our riding has many competitive advantages that could guarantee economic security for many years to come. This area is blessed with large amounts of reasonably priced land and relatively low construction costs. Our infrastructure could immediately accommodate new investment and low-cost development.

Our riding is strategically located on Canada's major highway (the 401), and borders the province of Quebec and the state of New York. Our greatest asset, the St. Lawrence River, flows along the entire southern edge of our riding. We are situated between two international airports, and 125 million people live within a six-hour drive of our riding. Our labour force also has a major advantage in that 33% of our population is bilingual.

Unfortunately, all these advantages have somehow failed to translate into the business development, job creation and economic wealth one might expect.

Access to U.S. markets and our lower dollar are definite assets, but lower taxes across the border place our riding at a competitive disadvantage in some areas. One of the ways the federal government could immediately help this area's economy, and that of Canada as a whole, is to cut taxes for businesses and individuals.

We also have local economic challenges to overcome. The revitalization of downtown Cornwall and nearby communities will only take on a life of its own if it is driven by a strong commercial and service sector. This requires a workforce with 'soft' skills and higher levels of post-secondary education.

Unfortunately, our young people must go elsewhere to acquire such skills and education. And often when young people go away to attend university, they stay away. If we could offer university programs in diverse academic, business and service-related disciplines right here in Stormont-Dundas-South Glengarry, more young people would choose to remain at home to receive, and later apply, their education. We would also attract students from outside the riding. The economic activity generated by thousands of educated, dynamic young people in this riding would be tremendous. As all successful business people know, quality human resources are an organization's greatest asset. We must take action to ensure our riding retains our most valuable resource - our young people.

The federal government is the largest employer in the country. We are just a stone's throw from Ottawa, and our inexpensive land, low construction costs and largely bilingual workforce make Cornwall a prime location for government offices. Many public servants already live in this riding and commute to Ottawa. Imagine the growth that would occur in our communities if these educated and well-paid people had jobs in our riding instead.

The revitalization of the waterfront in Cornwall and other Seaway communities throughout the riding is essential to any viable long-term plan to modernize and expand our economy. I intend to make this a major focus of my first year in office, and I hope to rally business and civic leaders to this cause.

Bringing a university and a government department to Stormont - Dundas - South Glengarry and revitalizing our waterfront probably seem like the pie-in-the-sky dreams of an idealistic rookie MP. But sometimes idealism is exactly what is called for. When I think of the potential of this riding, I just can't help thinking big.

The economic renewal of our riding will be a long-term process, requiring a 15- to 25-year plan. But a journey of a thousand miles begins with the first step. As your MP, I believe it is my responsibility to act as a catalyst to bring other elected officials, the business community, educators, tourism officials, community stakeholders and the general public together to develop a comprehensive long-term economic plan that ensures our entire riding lives up to it's full potential and prospers for many years to come.

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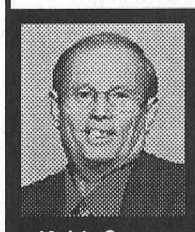
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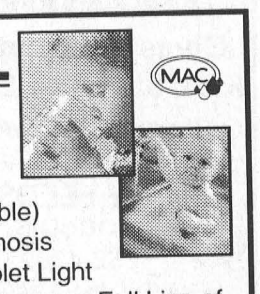
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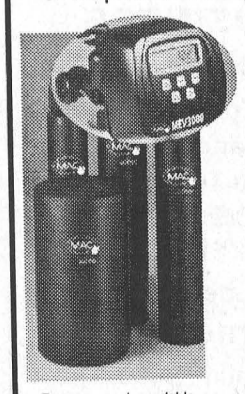
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Apples, potatoes, pumpkins, gourds and honey for sale. 4766 County Road 16, Iroquois. Open Monday to Saturday, 8:30 a.m.–5:30 p.m., closed Sunday. 652-2397. 38-40c

VEHICLES FOR SALE–Tired of being offered second rate vehicles, especially with a credit problem? Call Car-o-line Auto's, 613-448-2488, long distance toll free 1-877-820-5598. Over 50 models to choose from. Now online www-car-o-line.com etfc

FOR SALE–Bi-fold doors, 79" h x 29 1/2" wide, $15 and 79" h x 23 1/2" wide, $10, both used, but never been finished; ladies 170 cm downhill skis, bindings and size 7 boots, $15. 543-3427 after 5 p.m. or leave message. 36tfp

FOR SALE–Utility/box trailer. 6'x 8', heavy duty tongue, spare tire. $400. Phone 543-2987, Terry. 36tfp

FOR SALE–Hard firewood, delivered. Call Tim, 535-1539. 39-40p

FOR SALE–Front entrance, steel door and 2 sidelights, 67 1/4" wide (brick to brick) x 7 1/4" frame thickness x 83" high (bottom of sill to top of frame), $450; single steel entrance door with window, 34" door, frame size - 36" brick to brick x 82" high, $100. Can be viewed in house. Will be removed in October. 543-3427 after 5 p.m. or leave message. 39tfp

FOR SALE–1988 Chevrolet Celebrity, 250,000 km, 5,000 km since safety and emission test. New tires. over $1,500 invested in repairs. $750 o.b.o. 535-1717. 40-41p

FOR SALE–Dirt bike, 2004 Suzuki, DR-Z125/L. Low hours. Mint condition. Manual and papers. $3,000 or best offer. 543-2237. 40-42p

FOR SALE–1994 Olds Cutlass, 280,000 km, Lots of new parts installed. Emission tested Nov. 2003. Auto start, winter tires and CD changer included. $1,000 o.b.o. 535-1717. 40-41p

APPLES
McIntosh, Spartan, Empire, Honey Crisp, Tolman Sweets, Russett, Northern Spy, Royal Gala, Lobo, Golden Delicious, Ida Red, Cortland and crabapples. Many unique fruit spreads and chutneys, apple cider, apple pies and apple giftware. Gift baskets for all occasions ready made or made to order. Smyth's Apple Orchard, Dundela, 5 km. west of Hwy. 31 at Williamsburg on County Rd. 18 - follow the signs. Open 7 days a week, 9–5, 652-2477. 40tfc

FOR SALE–1995 Dodge Neon, 4-door, automatic, blue, excellent condition, 162K, 6 tires, new front brakes, exhaust, spoiler, stereo, remote starter, e-tested. $3,000. (613) 774-4998. 40p

FOR SALE–Hunter's rifles and shotguns: moose-7 m.m. mag. bolt action; deer-30-30 Winchester lever action; deer-12 ga. Mossberg pump rifled barrel with scope; birds-12 ga. pump; deer-50 cal. muzzle-loader. Call 535-2241. 39-40p

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COMING EVENTS

LAKESHORE DRIVE UNITED CHURCH "REACH FOR THE STARS" BAZAAR
Sat., Oct. 23, 11 a.m.-2 p.m. Many new events, raffles, door prizes, collector doll table, the pantry and craft and bake tables. Also quilt show and tea. 40-41p

WAREHOUSE SALE
Premium books and gifts, something for everyone. Christmas ideas. 12245 Lakeshore Dr., Morrisburg, Sat., Oct. 9 and Sat., Oct. 16. 9 a.m.–5 p.m. 39-40p

COMING EVENTS

ALCOHOLICS ANONYMOUS
If you want to drink that's your business. If you want to stop, that's ours. Call AA 543-3484. Meeting every Thursday, 8 p.m., Lakeshore United Church. 40tfc

TOM WILSON & BORDER BLUEGRASS
Will be entertaining at the Brinston Church, Sun., Oct. 17, 7:30–9 p.m., refreshments to follow. For tickets, at $5.00 per person, call Rita Copper 652-2411. 39-41c

A BERRY DELICIOUS FUNDRAISER
All berries are individually frozen and well known for their high quality. Cookbooks available for each berry type. 5 kg blueberries $31; 2.5 kg raspberries $24; 2 kg cranberries $15; cookbooks $12 each. Proceeds to Morrisburg and District Co-Operative Preschool. Call Carol Banfill 652-1880 or Jo-Anne Minish 543-4000. Last order date Oct. 8. 39-40c

BEREAVED FAMILIES OF ONTARIO CORNWALL & AREA SUPPORT & SHARE NIGHT MEETING
Thurs., Oct. 14, 144 Pitt St., 7–9 p.m. Doors open 6:30 p.m. Speaker: Johanna Snoeks. Topic: Journaling Through Grief. Info 936-1455. 40c

WDMH AUXILIARY ANNUAL BAZAAR & TEA
Sat., Oct. 16, North Dundas High School, 1–3 p.m.. Admission $1. Tea Room 1:30–3 p.m., $3. Baking, toonie table, books, crafts, fresh produce, dutch table, white elephant, cheese and honey table, silent auction. 40-41c

WILLIAMSBURG ODDFELLOWS OCTOBER COMING EVENTS
Sat., Oct. 9, dance 8–12, Kathy and Friends, light lunch, $6 admission; Sat., Oct. 23, dance 8–12, WRD, light lunch, $6 admission; Sat., Oct. 30, Halloween Party, 8–12, This Old Heart and The Country Comrades, light lunch, $6 admission. Prizes for best costume. 40c

GOSPEL CONCERT ST. PETER'S LUTHERN CHURCH, WILLIAMSBURG
Fri., Oct. 22, 7:30 p.m. Featuring Matilda Trio and Friends. Reception following. 40-41c

HARVEST TURKEY SUPPER KNOX PRESBYTERIAN CHURCH, MORRISBURG
Thurs., Oct. 28, 4:30–7 p.m. Adults $10, 10 years and under $5, pre-school free. Takeout available. To pre-order call Catherine Scott 543-2547. On Oct. 28 call 543-0142 after 3 p.m. Deliveries begin at 4 p.m. 40-42p

WEEKLY BINGO

BINGO
Monday night bingo every week at Riverside Heights. Doors open at 6:15. Bingo starts at 7:30. Everyone welcome, 18 and over.

BINGO
Sponsored by Morrisburg Legion Branch 48 Ladies Auxiliary every Thursday, 7:30 p.m. in the Legion Hall. 20 x $30 games; 3 x $50 specials; 3 x 50/50 games; Bonanza pays 60%; Winner Take All. Jackpot $30 Cross Game, continued until full card for $300 - consolation $100. If 60 present Jackpot goes for $300.; 70 people - $400.; 80 people - $500.

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FREE

FREE–Floral sofa, loveseat and chair. 543-2349. 40c

BIRTHS

LOWSON–Derek and Laura (nee Dawley), and big brother Kaeghan, are pleased to announce the birth of their second son, Aodhan William, born Monday, September 13, 2004, at Winchester District Memorial Hospital. He arrived at 1:52 a.m., weighing 9 lbs. 9 ozs. Laura would like to thank Dr. Jones and Domanko and the staff of the maternity ward.

CARD OF THANKS

THANK YOU–I'm late I know, but there is no expiry date on thank you. As surprise parties go, my 80th was a great success - totally and absolutely unexpected. Though I had stitches in my head and an ice pack for the pain, it made me feel good. Sorry, I couldn't stay longer. That was a neat trick to get me there too. To the girls who put it together and all who participated in any way, to the friends and guests who came, for all the lovely gifts, cards and good wishes, I sincerely thank you again.
–May 40p

PORTER/FRANCIS–Sincere thanks to friends and relatives for all the love, support and kindness given to Hugh Porter, and to his family and loved ones since his death. The flowers, cards and food were greatly appreciated, as were the many donations to the Cancer Society and the Hugh Porter Trust, which provides an annual scholarship at Seaway High School. Thank you to Rev. Bill Byers, Rev. Pat Martin and Bonnie Parker (Parker Funeral Home) for helping to organize a beautiful celebration of Hugh's life.
–Jill Francis and the Porter family 40p

EMMERSON–I would like to thank relatives, friends and neighbors for their sympathy to me in regards to the loss of my mother, Jennie M. Emmerson. I would like to give thanks to Karen-Lynn, Elaine, Diane and the Hartford staff for the years that they looked after my mother while she was there. Special thanks to Dr. Domanko, St. Lawrence Medical staff, the nurses on the first floor, Dr. Coolican, Dr. Marston, Dr. Thomas and the nurses in the Complete Care Unit in making my mother comfortable. Special thanks to Doug and Orma Barkley, Shirley Mattice, Bonnie Hutt and the ladies at the Park Lane Senior Centre for driving me to the hospital to see my mother. Thanks to Bonnie Parker at Parker Funeral Home. Special thanks to Rev. Bill Byers, Rev. Pat Martin, Robin Lane, and Martha Kitchens for their prayers and concerns. Special thanks to the ladies who prepared the beautiful lunch after the funeral service. Thanks to Audrey Lewis, Mona Millward, Phyllis Clark and Sylvia Duvall for their visits and phone calls. Thanks to the pallbearers for giving my mother a safe journey. If I have forgotten anybody please accept my apology. Your kindness is greatly appreciated and will never be forgotten.
–Yours sincerely, Beverley M. Emmerson 40p

WORK WANTED

WORK WANTED–Moulboard plowing and chisel plowing. Reasonable rates. 652-1897 or 652-4053. 39-42c

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FOR RENT

FOR RENT–Commercial space available in Morrisburg. Phone 613-925-4270. 42tfc

FOR RENT–2 bedroom house, Morrisburg. Magnificent view of St. Lawrence. $975 monthly plus utilities. Non-smokers. 543-2377, leave message. 29tfc

FOR RENT–Mini storage units (various sizes), commercial/industrial units and office space (long or short term lease). Contact Andy Bowers at Prospect Rentals, 613-543-3437, Morrisburg. 43tfc

FOR RENT–2 bedroom apartment, Park Dr., Williamsburg. Secure and quiet. 652-2319. 31tfc

FOR RENT–3 bedroom house, Iroquois. Gas heat. Close to all amenities. Available Sept. 1. 652-2319. 32tfc

FOR RENT–Morrisburg, large 1 bedroom apt., second floor, nicely decorated, Lakeshore Dr. location. $395 monthly, stove, fridge included, plus utilities, gas heat and hydro. First and last required. Available Nov. 1. 283-0746. 36tfc

FOR RENT–3 bedroom townhouse close to shopping mall in Morrisburg. $530 month plus utilities, gas heat. First and last. 932-6521. 38tfc

FOR RENT–2 bedroom apt., Morrisburg. $450 per month plus utilities. First and last. Available Oct. 1. 543-3563. 38tfc

FOR RENT–3 bedroom townhouse, Morrisburg. $575 plus utilities. Available immediately. No dogs. Phone 613-933-9276 or 613-932-1388. 38tfc

FOR RENT–2 bedroom apt., Morrisburg, 3 floors, parking, $475 month plus hydro and gas. No dogs. Available Dec. 1. 613-933-9276. 38tfc

FOR RENT–Rooms available for monthly rental in Morrisburg. For info call 543-0969. 39-42p

FOR RENT–3 bedroom duplex, Morrisburg, available Dec. 1. $675 month plus utilities. First, last and references. 543-2897. 39tfc

FOR RENT–Party tent, 20' x 30' for garden, family or anniversary parties. $175 day; $275 for weekend. Morrisburg and District Lions Club, Bruce, 535-2460. etfc

HELP WANTED

HELP WANTED–Construction laborer. Must be able to do heavy lifting and roof work. Phone 543-3563. 37tfc

HELP WANTED–AZ highway drivers for U.S. and Canada. Two years experience. Clean abstracts. New equipment. Call Bryan 613-299-6730. 39tfc

HELP WANTED–The Morrisburg Curling Club requires a cleaning service beginning the week of Oct. 18th until the end of the curling season (April). Vacuuming, dusting and other cleaning requirements needed twice a week. Any interested parties can contact Steve Thompson 543-3134 or Joe McCooeye 543-0327 for further information. 39-40c

HELP WANTED–Part-time for after school and weekends at Tim Hortons-KFC, 401 eastbound, Morrisburg. Paid training. Uniforms provided. Fax resume to 543-4223 or drop off in person. 39-40c

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HELP WANTED–Positions now available for pharmacy technician and cashier. Please send resume to Upper Canada Drug Store, Box 899, Morrisburg, ON K0C 1X0, Attention David. 40c

HELP WANTED–Snow plow-spreader operator. Highway maintenance firm requires operators to plow and salt Highway 401. Must have minimum DZ licence and clean abstract. Fax resume to 613-544-6719. 40c

HELP WANTED–Whitteker Bus Lines. Trade Code 310T-310S mechanic with "B" License (will train for "B" license). Clean abstract and criminal search. Competitive wage and benefit package. Apply in writing to Box 208, Iroquois, ON K0E 1K0 or call 652-2467. 39-40c

IN MEMORIAM

Justin Christopher Serviss
October 7th, 2003
Born too soon, yet fought so much,
You felt so calm with mummy's touch.
Your little eyes couldn't open wide,
And still you knew daddy was by your side.
Our hearts still ache to hold you tight,
To kiss your brow and say goodnight.
We never got many chances my love,
Because you were picked to shine above.
Holding your hand, little fingers so long,
Wanting to sing you our special song.
We miss your face, your hands and hair,
Wishing you were here and not up there.
They say some things are not meant to be,
But why take you away from me.
To talk about you hurts us still,
But we'll get through it, they say we will.
You're now a beautiful shining star,
In heaven above, not very far.
So when we're sad and feeling blue,
We look up at the night sky, and look for you.
–Love Mommy and Daddy 40p

HENOPHY–In loving memory of a dear son, brother, father and friend, Wayne, October 4, 2003.
He went away without farewell,
He said goodbye to none.
But Heaven's gate was open wide,
And a loving voice said "come".
Beside his grave we often stand,
Our hearts are tired and sore.
But through the gloom, there comes the words,
"Not dead, just gone before".
–Your family 40p

SYPES–In loving memory of a dear mother, Sharon, October 2, 1999.
Your presence we miss,
Your memory we treasure,
Loving you always,
Forgetting you never.
–From your loving children 40p

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DEATHS

SMITH, Charles Roy–At the Winchester Memorial Hospital on Saturday, October 2, 2004, at the age of 59. Charles Roy Smith of R.R.#1 Morrisburg. Beloved husband of the late Alma (Paugh) Smith. Dear father of Scott Campbell (Penny) of Temiscaming, Quebec, and Sherri Lanthier (Ken) of Morrisburg. Dear son of Gladys Smith of Newington and the late Ray Smith Sr. Dear companion of Violet Lewis of Morrisburg. Loving grandfather of Tyler Lanthier, Kaitlyn and Kara Campbell. Sadly missed by brothers Sterling Smith (Karen) of Beaver Lodge, Alberta, Ray Smith Jr. and Harry Smith both of Newington and sister Lillian Donnelly (Gerald) of Ingleside and Susan Smith of Cornwall. Predeceased by a daughter Terry Lee Campbell. A service of celebration of Charles Smith's life will be held at the Newington Wesleyan Church on Wednesday, October 6, 2004, at 2 p.m. The family will receive friends at the church from 1 p.m until the time of the service. Memorial donations to the Heart and Stroke Foundation of Ontario or the Diabetes Association would be gratefully acknowledged.

NOTICE

LIFE WITHOUT GOD IS DEATH
Paul's Gospel
Romans 16:25
By W. Edward Bedore, Th.D.
Executive Director, Berean Bible Institute

"Now to him that is of power to stablish you according to my gospel, and the preaching of Jesus Christ, according to the revelation of the mystery, which was kept secret since the world began" (Rom. 16:25).

The gospel (good news) that Paul refers to as **"my gospel"** is not a gospel about Paul, but a gospel given to Paul from heaven by the resurrected, ascended, glorified, and highly exalted Lord Jesus Christ Himself (see Galatians 1:11-12; Ephesians 3:1-7). To acknowledge that Paul received special revelation that had never been revealed to anyone before in no way contradicts the Bible or minimizes the person of the Lord Jesus Christ. In fact, just the opposite is true.

To accept the plainly stated fact that Paul was chosen by God for the special purpose of revealing the gospel of the grace of God in Jesus Christ to the whole of lost humanity is to agree with God. With Israel held in unbelief because of her rejection of Christ as God's Anointed King and Redeemer, Paul, the leader of the rebellion against Christ (see I Timothy 1:15-16), was saved by a special act of God's grace and sent to the Gentiles (nations).

Paul's God-given message of hope declared that God's never before revealed program, the Dispensation of Grace, was now in effect. The Kingdom program of Israel as foretold (prophesied) in the Old Testament was at the same time put on hold until God's purpose for the Body of Christ is fulfilled. The blueprint for this present Dispensation of Grace that we live in today is found only in that portion of God-inspired Scripture given to Paul, God's apostle to the Gentiles.

Emergency exercise to test South Dundas response plan

STAMPVILLE–The Township of South Dundas will hold its annual emergency exercise at the Stampville Centre on Tuesday, October 12 to test its emergency response plan and to provide training for people who may be called on to coordinate emergency services during a future emergency.

The Ice Storm of 1998 resulted in the Province of Ontario making major changes to its emergency legislation and Ontario's Emer-gency Management Act 2003, now makes emergency management programs compulsory for all Ontario municipalities.

The act includes a number of requirements that must be in place by the end of the next three years. These requirements include annual training and exercises.

The exercise is financially supported by the Government of Canada under its Public Safety and Emergency Preparedness, Canada's Joint Emergency Preparedness Program which is administered in Ontario by Emergency Management Ontario.

The exercise and training are steps taken by South Dundas and its supporting agencies and services to create a disaster-resilient community.

Astronaut Dave Williams heading underwater

WILLIAMSBURG – Anyone who has children, knows that sometimes it is hard to keep track of them. For Williamsburg area resident, Isobel Williams this is certainly true.

Williams' son, Astronaut Dave Williams, 50, became the sixth Canadian in space in March of 1998 when he flew on the shuttle Columbia.

Isobel dropped in at The Leader this week to let us know that this time Dave is heading down instead of up.

With a team of six others, Williams is headed for the 14-metre-long Atlantis permanent underwater station off Key Largo Florida.

The team will live on the Atlantis for 11 days where they will be testing surgical procedures that could be used on the space shuttle, a future base on the moon or even from the far north.

Isobel, visits her son in Houston two or three times a year, and says, of what he is doing, "it's always interesting."

"This robotic medicine and robodic surgery is a whole new pioneering thing."

Astronaut Williams is quoted in The Gazette, in a story by Anne Sutherland explaining, "Basically, it's 'how do you deliver medical aid in remote places?'"

According to The Gazette story, the underwater team, with the aid of high-speed telephone links and high-definition television images, will use "telementoring," to receive instruction from medical staff at St. Joseph's Healthcare in Hamilton, Ontario.

The Atlantis provides an environment similar to a space station.

THANK YOU!

The Royal Canadian Legion, Branch 370, Iroquois, would like to thank the following businesses & individuals for helping make the 11th Annual Mixed Golf Tournament a success.

Asselin Real Estate; Rebecca Ault; Bank of Montreal; Beaupre Jewellers; Benson Spring & Suspensions; Bill & Betty Farrell; Biba; Bridgeview Restaurant & Marina; Country Boy/Country Girl; C&L Feeds; Candy's Hair Salon; Cornwall Golf & Country Club; Cedar Glen Golf Course; Dave Cherry; Dundas Bus Service; Dave Jones Sports; Darlene Riddell; Eastern Ontario Millwrighting; Five Star Restaurant; GT Auto; Goodyear Tire; Grenville Park; Hartley's Sport Shop; Howard Campbell & Sons; Iroquois Pizza; Iroquois Golf Club; Joyce's Beauty Salon; Julie Waddell; Kriska Transport; Ken & Ida Palmer; Ladies Auxiliary; Labatt's Breweries; Mary McKay; McIntosh Inn; Mr. Mozzarella; Mustard's Variety; Nation View Golf Course; Ottawa Senators; Prescott Golf Club; Pricedex; Rideau Carleton Raceway & Slots; Joan Ault; Ann Farmer; Bob Esford; Benson Commercial Tire; Brockville Highland Golf Club; Brock Cartage; Bob Flaro Sports; Bill Vanderspank; Casco; Canadian Tire; Cruickshank Construction; Chinook Group; Carman Refinishers; Doug Byers Furniture; Dale Charbot; Dentz Orchards; East Side Marios; Eastern Ontario Pallets; Galop Canal Iroquois Marina; Gregor's Place; Gilmer Pharmacy; Hampton Hills Repairs; Hair Studio; Harland Veinotte Transport; Iroquois Gas Bar; Jiffy Auto; J Mar Construction; Joyce Murphy; KBD Transportation; Lyle Fickes; Lloyd McMillan Equipment; Molsons; M&M Meat Shops; Morrisburg Leader; MadMac Furniture; Maurice Kolff; Ottawa 67's Hockey Club; Prescott Jewellers, Plaza Restaurant; Ross Video; Railside Barber Shop; Royal Bank; Rise & Shine Restaurant; Sandy Row Golf Club; St. Lawrence Parks Commission, Strader Motor Sales; Swank Construction; SDS Kerr/Beaver Dental; This & That; Upper Canada Playhouse; Upper Canada Chiropractic Centre; Winchester Pharmacy; Ralph Martin & Associates; Sheila Holmes; Smyth's Apple Orchard; Sunnidell Golf Club; St. Lawrence Corporation; Sutton's Restaurant; The Nook; 730 Truck Stop; Upper Canada Motor Sales; Wendy Leslie; Zellers.

We apologize if we missed anyone.

Vandals target

MORRISBURG – One of the many acts of vandalism being investigated by police in SD&G happened at the Morrisburg Public School. October 3 a play structure at the Morrisburg Public School was set on fire.

Seaway District High School

invites the community to join us for

Graduation 2004

7 p.m. Fri. Oct. 8, 2004

Seaway Gymnasium

Refreshments served in the cafeteria following the ceremony

UPPER CANADA District School Board

Seaway District High School
Iroquois, Ontario
K0E 1K0

David Thomas, *Director*

Roy Lalonde, *Principal*

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Froatburn Lodge
2nd Annual
BIG BUCK CONTEST
Runs from October 15 - Dec. 31, 2004
Entry Fee $20.00 - Payable before Oct. 15
~ PRIZES ~
Biggest Rack Size - 1st Place - Full Head Mount
Heaviest Buck - 1st Place - Coleman Hunting Coat or $250 Cash
Hidden Weight for Biggest Doe - 1st Place - $100 Cash plus a Buck Hunting Knife
For more info or to enter contact
Lloyd Wells 535-2611 or **Andy Brown 543-3591**

HOUSEHOLD AUCTION SALE
Thursday; Oct. 7th
6:00 P.M.
McHAFFIE AUCTION HALL
Hwy. 31 North; Morrisburg
Antique 9 Pcs. Dining Set (Corner Cab., Hutch, Table & 6 Chairs); Kitchen Cabinet; Numerous Trunks; Chairs; Small Tables; Wicker Plant Stand; Tea Wagon; Stools; 140 Tea Ornaments; Electric Medical Chair; 2000 F.C., Apt. Size Washer; Dryer; Electric Stove; Refrigerator; Air Conditioner; Spin Washer; CTV; VCR; 3 Pcs. Bedroom Set; Double Bed; Dressers; Chests of Drawers; Desk; Portable Sewing Machine; Gas BBQ; Office Chair; Humidifier; Lazy Boy Chair; Hide-a-Bed (New); Vacuum; Microwave; Lamps; Lawn Chairs; Kitchen Table & Chairs; CNIB Magnifier; Decorator Plates; Kitchen Appliances; Bowls; Dishes; Glassware; Cups & Saucers; Lanterns; Lawn Roller; Tools; Many Unlisted Items.
Auctioneer: Sheila McHaffie
MasterCard; Visa and Interact accepted
Photo I.D. Required To Register
CANTEEN
Hall Open 5 P.M. Day of Sale


20 MAUD STREET, MORRISBURG Maintenance-free home overlooks the park, the river and the golf course. Two + two bedrooms, three full bathrooms and eat-in kitchen. Gas heat and Central Air. Paved drive, carport, storage building and underground sprinkler. Close to all amenities. - $154,950.00. Call:
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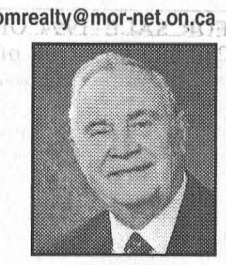
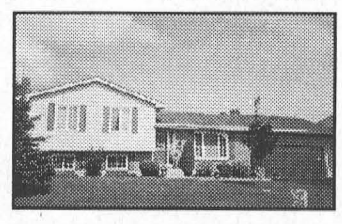
Karen W. Gorrell
Real Estate Broker
Res: 613-543-3195


Charles (Chuck) Barkley
Associate Broker
Res: 613-448-3660


John Miller
Sales representative
Res: 613-543-3195


IDEAL FOR LARGE FAMILY. Open concept-living room, dining room and den, with fireplace and patio door to rear deck, eat-in kitchen, three bedrooms, 2 baths and computer room on main floor. Upstairs granny flat, with living room, eat-in kitchen, 2 bedrooms and 2 baths. ASKING $135,000.


CHEERFUL, WELL KEPT HOME. Hardwood floor in sunken living room, patio door from dining area to large deck, kitchen with oak cupboards. Three bedrooms, 3 bathrooms. Family room, fourth bedroom and laundry room on lower level. ASKING $185,000.

PARK LANE SENIORS' SUPPORT CENTRE
SCHEDULER - 30 HR/WEEK CONTRACT
Possible permanent part-time
Park Lane Seniors' Support Centre, a non-profit charitable community support services agency invites applications for a short term 30 hour per week contract with the possibility of it becoming a permanent part-time position.
The successful candidate will be **primarily** responsible for:
- Entering, updating, maintaining database on a specific client based computer program
- Scheduling client visits, trips, services, etc.

Qualified candidates should possess:
- Diverse computer skills
- Experience in customer services, telephone skills
- Ability to prioritize and multitask
- Experience with seniors, volunteers, health care field an asset
- Secretarial/Office Skills certificate an asset

Resumes must be submitted, in confidence, by: **October 15, 2004** to:
Janet Levere, Director of Outreach
Park Lane Seniors' Support Centre
Box 227, Park Drive Villa
Williamsburg, Ontario K0C 2H0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Central location Iroquois Village – Three bedroom brick. Large lot. Eat-in kitchen, formal dining room, living room with field stone fireplace. **Asking $125,000.00.**

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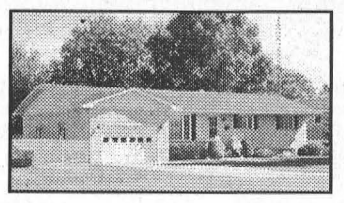
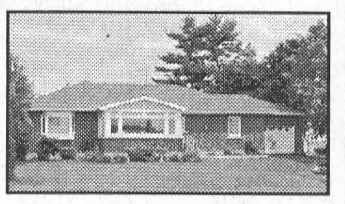
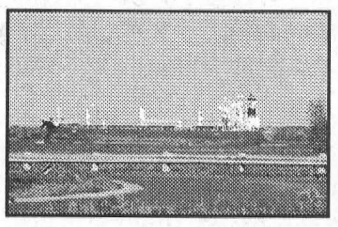
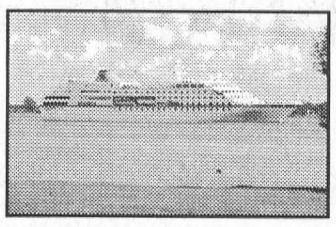

NEW LISTING! Merkley St., Morrisburg – Spacious three bedroom, custom designed, built 1986. Roof redone 2001. Interlock drive; fenced yard; all season solarium at rear; main floor laundry; basement office/den plus workshop, rec room, etc. Good residential area, west end of Village. More than meets the eye! $209,900.


PARK AVENUE, MORRISBURG – Above average 3 bedroom, overlooking the waterfront park and beautiful St. Lawrence. Gas heat, central air, central vac, hardwood and ceramic tile floors, tasteful decorating and attractive landscaping, plus an exceptional south facing solarium . . . a very appealing and inviting property. $289,900.


WATER VIEW LOT – on the north side of Lakeshore Drive, corner of Steward Drive, just west of the Morrisburg Village limits. Excellent view of passing ships. In an area of custom built newer homes. $119,900.


WATERFRONT LOT – Lakeshore Drive, west of Morrisburg. Large lot allows many building options. Good boating and swimming. Well and septic required. Natural gas available. 350 ft. water frontage. $179,000.

SEEKING RENTAL ACCOMMODATION? We have a few places available . . . references required! Call for details.

TOWNSHIP OF SOUTH DUNDAS
SNOW PLOWING QUOTATIONS
The Township of South Dundas is accepting quotations for snow plowing for the 2004-05 and 2005-06 winter seasons.
All quotations must be submitted on Township forms. Forms are available at the Township Office, 4296 County Road 31, Williamsburg, or you may request the forms by emailing mail@twpsd.net.
Quotations will be accepted by the undersigned in sealed envelopes marked "Snow Plowing 2004 to 2006" until 12:00 noon, Friday, October 15, 2004. Unsealed, faxed, or late quotations will not be accepted.
Hugh Garlough
Manager of Public Works
P.O. Box 160, 4296 County Rd. 31
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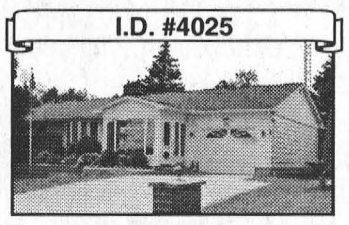
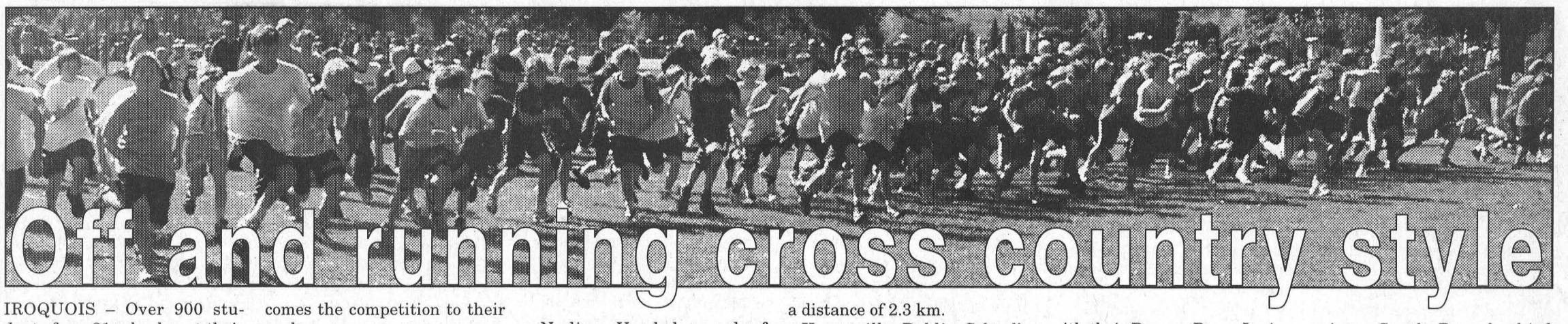

$199,900.
• Superb view of river, in a wonderful area
• Cozy fireplace, 2 comfortable sun rooms

SOLD - 5855 Marine Station Road
COMMERCIAL, INDUSTRIAL AND RESIDENTIAL LOTS
LOT - Hwy. 2 west of Iroquois - 4.83 ac - $197,500. **LOT** - Kirker Road - 4.3 ac - $22,500.
Broker/Owner - Jacques Asselin - 652-1784



Off and running cross country style

IROQUOIS – Over 900 students from 21 schools put their strength and endurance to the test at the sixth annual Iroquois Locks Invitational Cross Country meet, held last Friday.

Organizer Clayton Barkley, as always was well pleased with the day, and the help from the volunteers and participants that keeps the event popular year after year.

"We have great cooperation from everyone involved," says Barkley, mentioning the St. Lawrence Seaway who welcomes the competition to their park every year.

In a sport that is highly dependent on individual efforts and training, in this event, top individuals, top teams and top schools are recognized for their efforts.

Participants range in age from grade three to grade eight students.

The youngest competitors, those in grade three and four compete in the Novice and Peewee races respectively, and cover a distance of 1.6 kilometers.

Nadine Vandodewaard of Dixon's Corners Public School and Tom Kippax of Maynard Public School won at the Novice level.

At the Peewee level Missy Schutten was the only cross country runner from her school, Centennial '67, and she won the girls race. Matthew Courtney from Maynard finished first in the boys race.

The Junior and Senior races involved grades five and six, and grade seven and eight students respectively, and covered a distance of 2.3 km.

Kemptville Public School's Emma Norman and Maynard's Rhys Larry won the junior races.

Spencer Mulvaney of St. Michael's in Kemptville won the senior boys race.

Iroquois' Brittany Elliott won the senior girls race in dramatic fashion sprinting past a Kemptville Public School runner in the last 100 meters of the race, to win at the finish line.

Team trophies for each level of competition went home with the teams who compiled the most points in each race.

Inkerman Public School had the top Novice Girls team. Maynard Public School took home the trophies for their Novice Boys and Peewee Girls team efforts.

Kemptville Public School, was the most dominant team of the day winning top honours with their Peewee Boys, Junior Girls and Senior Girls teams.

Their cross-town cohort from St. Michael's Catholic School took home the Senior Boys trophy.

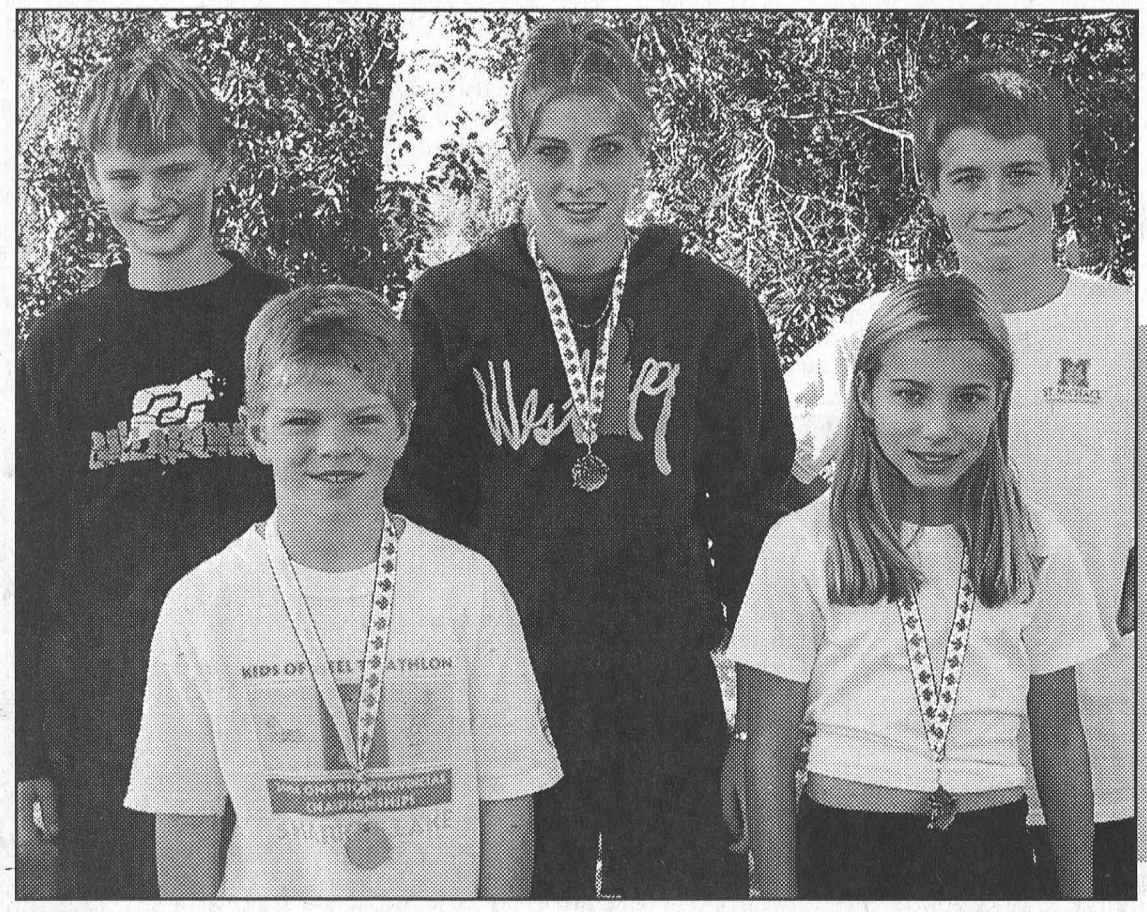
South Branch Public School had the top Junior Boys team.

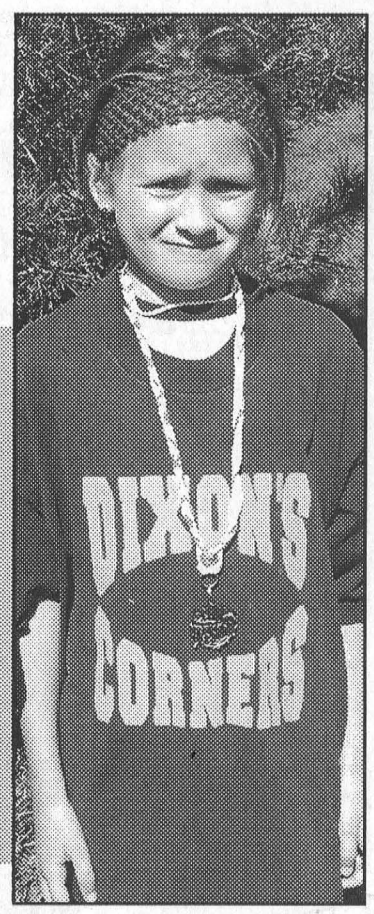
Also receiving mention at the awards ceremony were the overall school winners.

In the Canoe category, school's with competitors in two races, St. Michael's was first with 29 points, St. Lawrence Intermediate School second with 19 points, Maple Ridge Senior School in third with six points and General Vanier Intermediate School in fourth with three points.

In the Tug Boat category, school's with competitors in four to six races, Inkerman Public School was ranked first with 62 points. Benson Public School came in second with 37 points, South Branch third with 35 points, and Algonquin fourth with 30 points.

In the Ocean Liner category, schools with competitors in all age groups, Maynard Public School finished first with 95 points, and Kemptville was a close second with 94 points. Iroquois Public School compiled 78 points on the day which earned them a third place ranking, followed closely by Rothwell-Osnabruck School who finished fourth with 77 points.

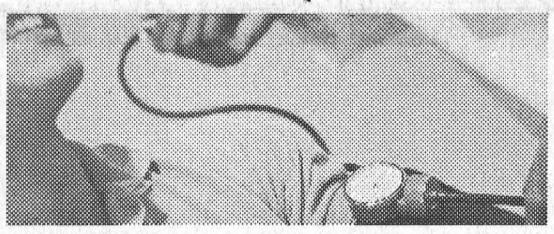
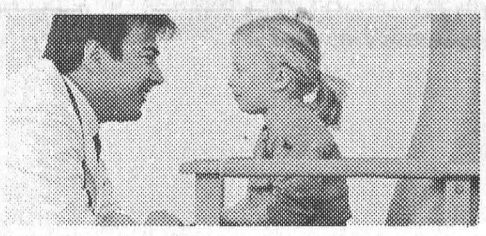
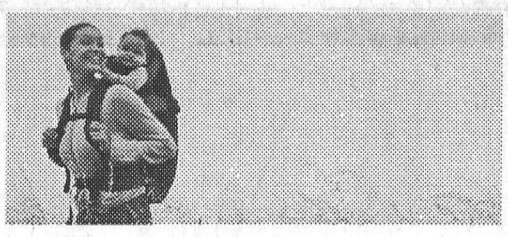
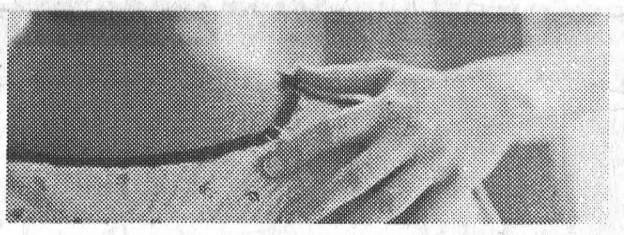




Individual efforts pay off

Students from over 21 schools were at the St. Lawrence Seaway Park at the Iroquois Locks last Friday for the annual Iroquois Locks Invitational Cross Country Meet. Students, depending on their age ran either 1.6 or 2.3 kilometer courses. Pictured are the winners in each age group. Right is Nadine Vandodewaard from Dixon's Corners Public School, who finished first in the Novice Girls race. Back l-r, Rhys Larry from Maynard Public School won the Junior Boys race, Brittany Elliott from Iroquois Public School was the Senior Girls race winner, and Spencer Mulvaney of St. Michael's in Kemptville finished first in the Senior Boys race. Pictured front left is the winner of the Peewee Boys race, Matthew Courtney of Maynard Public School and front right is Emma Norman of Kemptville Public School, who won the Junior Girls race. Absent from photos are the winners of the Peewee Girls race, Missy Schutten from Centennial '67 Public School, and Tom Kippax from Maynard who won the Novice Boys race.

Comfort Photos

Better Health Care for Canadians: A 10-year plan

Working together, the Prime Minister, Premiers and Territorial leaders have signed a 10-year plan, supported by $41 billion in new federal funding, that will lead to better health care for Canadians.

Better Health Care

☑ Reduce waiting times
- Improve access so that Canadians don't wait as long for key tests, treatments and surgeries

☑ More Doctors, Nurses and other Health Professionals
- Plans to train and hire more health professionals while also developing faster accreditation for foreign-trained health professionals

☑ Expand home care
- Provide better support for people being cared for or recovering at home

☑ Improve access to family and community care
- Increase 24/7 access to doctors, nurses and other health professionals

☑ Better Access to Needed Medicines
- A commitment to manage drug costs and ensure that no family is forced to choose between needed medicines and financial ruin

☑ Improved Aboriginal Health
- New investments and better planning to close the gap between Aboriginals and other Canadians in terms of health

Shorter Waiting Times

The federal, provincial and territorial governments have committed to report clearly on the progress we are making in health care and, for the first time will report on progress in reducing waiting times.

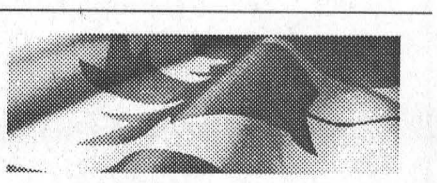
☑ Comparable indicators ... so we can measure
- Federal, provincial and territorial governments will use comparable information to report their progress in improving access to doctors, and to diagnostic and treatment procedures

☑ Benchmarks ... so we know what we are striving for
- Federal, provincial and territorial governments will set medically acceptable waiting times – based on advice from medical experts – starting with cancer, heart disease, diagnostic imaging, joint replacement, and sight restoration

☑ Targets ... to drive change
- Provincial and territorial governments will set their own targets and report annually to citizens on progress in reducing waiting times

Canadians will see for themselves where their health care money is going and how it is making a difference.

To obtain a copy of "The 2004 Health Care 10-Year Action Plan at a Glance", call **1 800 O-Canada** (1 800 622-6232) or, to see it on the web,click **www.canada.gc.ca/healthplan**.



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