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Five-year-old Hailey Bruneau wasn't sure if she could make it to our Winchester Press *photographer without help from her dad, Eric. However, the skater-in-training proceeded a good five metres without a tumble, and gained confidence during her Family Day (Mon., Feb. 21) practice at Hallville's outdoor rink.*

Press Photo – Smith-Millar



WDMH set to expand again

WINCHESTER — Winchester District Memorial Hospital (WDMH) and the Eastern Ontario Health Unit (EOHU) have announced that the EOHU will be the anchor tenant for a new health care building on the WDMH site.

The new stand-alone, single-storey building will be developed on the southwest side of the hospital property and will include a separate off-street entrance to Fred Street.

Health unit to occupy new building

The building will be approximately 15,000 square feet and conform to environmentally friendly LEED standards and certification. A separate parking lot for the exclusive use of tenants and their clients will be constructed. (A design sketch or map was not available as of press time.)

The hospital owns the property and will provide management services for the tenants, who in turn are signing long-term leases.

"The Eastern Ontario Health Unit is pleased to be moving from its current location on Main Street into this new and modern facility on the hospital campus, which will serve as a 'hub' and be convenient for our population," said Dr. Paul Roumeliotis, the EOHU's medical officer of health and CEO, in his prepared media remarks. "This new partnership with WDMH is a win-win situation for the health care system and the population we serve."

The building will also house other health and community-related service providers, who, in partnership with the hospital, serve the needs of multiple rural communities.

A separate not-for-profit corporation has been established to build and manage this building, which, while on hospital property, is not part of the hospital's operation. The new company will contract management services from the hospital. The new entity has a separate board of directors.

"Providing building space for these health and community-related organizations is an ideal use of hospital lands and fits the board's mandate of integrating WDMH's health-related and community-focused services," explained John Polak, chair of the WDMH board, in his remarks. "We are excited to take this next step in partnership development in providing a broad range of care close to home and spanning the continuum from prevention to residential care."

• see WDMH on next page

Senate honours George Beverly Shea

by Matthew Uhrig
Press staff

OTTAWA — Following a prestigious honour on Sat., Feb. 12, former Winchester resident George Beverly Shea's name came up in the Senate of Canada.

On Wed., Feb. 16, Senator Donald Neil Plett stood before other members of the Senate to pay tribute to the 102-year-old, world-renowned gospel singer.

"I rise today both to pay tribute to, and to congratulate, a man who was honoured with a Lifetime Achievement Award in conjunction with the 2011 Grammy Awards," said Plett. "Honourable senators, please join me in honouring a performer who lives his life with the highest example of integrity and grace, and who continues to this day to give back at every opportunity afforded to him."

Singer 'highest example of integrity and grace'

According to Donna Richardson, executive assistant to Senator Daniel Lang, the reason for honouring Shea was simple.

"He is Canadian, and he was born 30 kilometres from the nation's capital," she said. "It's important to recognize that."

Shea's roots trace back to Winchester, where he was born on Feb. 1, 1909. The son of the village's Methodist preacher at the time, Shea began singing at the age of five. During his youth, two American singers were set to perform at his father's church, but before that, they asked Shea's mother to accompany them on piano. While they practiced, the young boy stood by, listening to the tune; it was "The Old Rugged Cross." (Shea would go on to sing that song around the world.)

• see SHEA on next page



The Winchester Press proudly presents our 2011 Wedding Guide supplement, which is included as an insert within today's publication. Check out our locally produced guide for tips, news stories, and features, as well as information about area businesses, specialists, and more.

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New CEO for St. Lawrence Parks

After search, Darren Dalgleish selected to lead commission forward

MORRISBURG — Darren Dalgleish has been selected as the new general manager and CEO of the St. Lawrence Parks Commission. His appointment follows an open recruitment process and takes effect on Mon., April 4.

Dalgleish has experience in business renewal and development. His experience includes leadership roles in both the public and private sectors, including chief administrative officer of the Town of Gananoque, president of Ifastgroupe Corporation (a company that designs, manufactures, imports, and distributes engineered products for many industries), and general manager of Canadian operations with Textron Canada (a global supplier of specialized fasteners and fastening solutions).

As general manager and CEO of the St. Lawrence Parks Commission, Dalgleish will provide leadership and oversee the economic development and renewal of the commission's attractions and facilities.

Dalgleish takes over from Tim Casey, who served as acting general manager and CEO.

"Darren brings an impressive range and wealth of executive leadership experience to his new role at the St. Lawrence Parks Commission. I look forward to working with him in advancing the Commission's impact as a key catalyst for tourism growth and economic development in Eastern Ontario," said Steven Davidson, acting deputy-minister of Tourism and Culture, in a prepared media statement.

Ron Eamer, acting chair for the St. Lawrence Parks Commission, agreed.

"The board and staff of the St. Lawrence Parks Commission are pleased to have Darren Dalgleish lead our team. I am confident that under his guidance and leadership the Commission will continue its significant work to expand the profile of Eastern Ontario as a tourism destination of choice," he said.

The St. Lawrence Parks Commission is an Ontario government agency that operates in 16 municipalities stretching from Kingston to the Quebec border.

The commission operates Upper Canada Village, Fort Henry National Historic Site of Canada (part of a United Nations Educational, Scientific and Cultural Organization World Heritage Site), Crysler Park Marina, Upper Canada Golf Course, Upper Canada Migratory Bird Sanctuary, and 12 campgrounds and beach day-use areas, including the Long Sault and 1000 Islands Parkways.

Heelers gear up for March 4 music trivia

WINCHESTER — The Winchester Hospital Heelers are up and rolling, with two fundraising events completed and several more to go.

The group has begun collecting cash and pledges for the 60-kilometre walk, scheduled to take place in June. Seventy-five per cent of proceeds raised are scheduled to return to the Winchester District Memorial Hospital (WDMH), while the remainder stays with the primary beneficiary of the walk: the Ottawa Regional Cancer Foundation.

Music trivia night

On Fri., March 4, the Heelers will be holding their second annual Music Trivia Night and Silent Auction at Tudor Hall in South Ottawa.

With several members on the team residing in Osgoode Ward (Metcalfe, Greely, Osgoode, and Manotick), the Heelers decided last year to extend their fundraising into that area as well.

"Hosting one event outside of Stormont, Dundas, and Glengarry County helps to avoid over-extending the burden on local businesses for event sponsorship," said Christina Enright, Heelers co-captain. "Many local businesses and service clubs already do so much in the way of support for our team; it's important to us that we don't abuse their generosity."

To ensure that local supporters are not approached multiple times by different members of the team, the Heelers keep a shared "solicitations record" published on Google Docs — a free, secure online data storage service offered by Google. Before soliciting a business or service club for a donation or sponsorship, team members are encouraged to check the solicitations record to ensure that no one on the team has already submitted a similar request.

Tickets for the Music Trivia Night are selling fast. As of press time, only a few team tables remained available for purchase. For more information about this event, readers can email winchesterhospitalheelers@hotmail.ca.

'Best Little Irish Night in Town'

The Heelers were recently invited to work with a local community group to deliver the "Best Little Irish Night in Town."

The community group, whose members call themselves the Osgoode Ward Supporters of WDMH, include Myra Kelly, Gib Patterson, Kay Johnston, Marilyn Moffatt, Cheryl Cooper, and Vera Mitchell, among others.

The "Best Little Irish Night in Town" will be held at the Greely Community Centre on Fri., March 11, and promises to deliver a true Irish *craic* (good time): a traditional Irish meal, Irish dancing, music, entertainment, and the opportunity to win some Irish-themed prizes.

Tickets are $75 each, available from the above-mentioned individuals, the Winchester Hospital Heelers, and the WDMH Foundation.

The Osgoode Ward Supporters of WDMH are donating all proceeds to the Winchester Hospital Heelers.

Bake sale

On Fri., Feb. 11, the Heelers held their annual Valentine Bake Sale at WDMH. Hospital staff, patients, and visitors alike showed their support for the team, purchasing all of the baked goods — and helping the Heelers realize a net profit of roughly $1,000.

"Special thanks go to the hospital staff and members of our communities who also donated sweet treats," said Enright.

How to join

New members are always welcomed to the team.

Email winchesterhospitalheelers@hotmail.ca for more information.

Police Blotter

Suspicious person alert

LONG SAULT — On Wed., Feb. 16 around 10:45 am, Stormont, Dundas, and Glengarry (SD&G) OPP officers were dispatched to the report of a suspicious person on Bethune Street in the village of Long Sault. As a precaution, the children of two nearby schools were detained inside while officers conducted a thorough search of the area, utilizing extensive resources. Officers did not find anything or anyone suspicious and completed the investigation.

Domestic incident

WINCHESTER — On Thurs., Feb. 17 around 7 pm, SD&G OPP officers responded to a report of a domestic incident on St. Lawrence Street.

According to police, the investigation revealed that a 41-year-old male was involved in a verbal altercation with a female that resulted in the male causing damage to her residence. When officers arrived and arrested the male, officials report, he was not cooperative and resisted arrest. The male faces charges of: mischief under $5,000; obstructing/resisting a peace officer; uttering threats to damage property; and breach of probation order. He was held in custody pending an appearance in Cornwall court.

The details published are provided by the OPP. The Winchester Press *publishes information about alleged crimes occurring in Dundas County, as well as other information of interest to our readership. Suspects are considered innocent until proven guilty.*

WDMH, EOHU join forces for rural health hub

• continued from the front page

The new Chief Executive Officer of the Champlain Local Health Integration Network (LHIN) agreed.

"In rural communities, hospitals can become health hubs that bring together services from other providers and offer a broad range of health and social services at one convenient location. This is an exciting initiative that further speaks to the Winchester Hospital's innovative leadership in health care," noted Alex Munter.

Shea got start in Winchester at five years old



• continued from the front page

His name became synonymous with the world of gospel music in 1944 when he sang at his first Billy Graham meeting.

At the time, Graham was pastor at Village Baptist Church near Chicago, and Shea's hymns were broadcasted from the basement.

Soon after, Shea joined Graham on the road for his travelling evangelical crusades.

Together, the two toured the world, with Shea singing each night in his signature booming baritone voice before Graham took the stage to preach.

In summer, the singer made what may have been his last visit to the village for a ceremony in his honour at the Wesleyan Church.

At that time, he received support and recognition from a number of organizations, including the Salvation Army and the Royal Canadian Mounted Police.

"Thank you for the privilege of being with you tonight," Shea told the crowd at the time.

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New website launched for Township of South Dundas

by Matthew Uhrig
Press staff

WILLIAMSBURG — It was out with the old and in with the new recently for the Township of South Dundas' website.

Located at the uniform resource locator (URL) www.southdundas.com, the original site was frumpy, but entirely functional, since its initial launch more than a decade ago.

While the new website features much of the same information as its predecessor, it also trumps the original with the added drop-down menus on the home screen, which offer new features that could be beneficial to current and new residents.

The project has been a priority of Linda Wilson, the township's economic development officer,

Wilson hopeful site will boost economic development

for about two years. For her part, Wilson helped create the economic development and tourism portions of the site, something she said she hopes will help create a more robust marketplace in South Dundas.

The site's theme is "Get more out of life," and the four homepage tabs focus on business, visiting, living, and the municipality itself. Each of those contain municipal information, and links to other sites of interest.

With the launch, South Dundas' new website is also helping a few of the elected councillors to hold true to campaign promises. Mayor Steven Byvelds, in particular, championed the need for a more transparent council, with meeting information being made available to not only those constituents who attend council meetings, but all residents.



Summer festival organizers seek support from council

WILLIAMSBURG — Despite the snow that is covering the ground, two different presentations regarding summertime festivals were made at the most recent Township of South Dundas council meeting on Tues., Feb. 15.

Council notes from South Dundas

The first saw Dan McLaughlin and Mike Anderson pitch their idea for a bluegrass festival to be held at the Iroquois Locks in June.

Anderson, a local concert promoter, has held festivals in the area in the past, including last summer at the Upper Canada Campground. McLaughlin is chair of the Galop Canal Revitalization Committee, and said he would like to see the event go ahead in order to raise money for the project.

The sticking point for councillors and staff was when McLaughlin announced that the St. Lawrence Seaway Authority requires a $5-million insurance liability in order to allow operation on the grounds.

"In the last couple of years, staff, in conjunction with [our insurance] providers, has tried to transfer liability as much as possible to community groups," said CAO Stephen McDonald.

This practice allows South Dundas to be off the hook should any problems arise during the event.

Council voted to have staff consult the municipality's insurance providers before accepting the request.

The second presentation came from Chuck Irvine who announced that Old Home Week would return again this July.

"We really hope to continue this on and on," he said.

With him, Irvine brought a request for a $7,500 donation from the township. Councillors agreed to allot $5,000 from pre-budget expenditures, while tabling a motion for the potential transfer of another $2,500 during budget discussions.

Money for dogs

The Park Pals Committee will receive a maximum of $22,500 in funding from South Dundas for its waterfront dog park in Morrisburg.

The funding request came under the township's dollar-for-dollar funding program, which ensures the municipality will match 50 per cent of money raised by local organizations or committees.

Currently, Park Pals is moving ahead with purchasing fencing and awarding a landscaping contract for the park, which is slated to open sometime this summer.

Amendment needed

South Dundas will still require new tenants to pay $200 to have their water and sewer service hooked up, but now those paying will be granted extra time to do so.

At a council meeting earlier this month, councillors made the decision to increase the rate from $100 in order to ensure all bills are paid by tenants. In the past, some renters had skipped town in order to avoid paying for the service, leaving their landlords to cover the costs.

Now, the money must be deposited in a timely fashion, but thanks to an amendment made by Shannon Geraghty, township treasurer, those who cannot afford the cost upfront will be given some leniency.

"It is now an option to have it stretched over four or five payments," he said. "In the event they need that."

The deposit will be retained until the service is terminated by the tenant.

Township could borrow

Councillors accepted a report from Geraghty which would allow the township to cover municipal expenses until all 2011 taxes are collected.

"But, I don't see us needing to [borrow] this year due to our healthy reserves," he said.

The bylaw is required under the Ontario Municipal Act.

Purchase applications rejected

Golf course gets reprieve

by Matthew Uhrig
Press staff

WILLIAMSBURG — Despite setting a drop-dead date of Tues., Feb. 15 for closure of the Iroquois Golf Course, it appears the facility has received yet another chance at life.

The golf course's board of directors met for two separate in-camera sessions on Feb. 15 and again on Wed., Feb. 16. During those meetings, three different purchase applications were discussed, with neither being accepted.

"None met the criteria set," Stephen McDonald, Township of South Dundas CAO, said when speaking with the *Winchester Press.*

Now, despite an announcement in mid-January saying both the board and township would try one last time to sell the facility, it appears no one on either side is prepared to pull the trigger on closing it permanently.

"[The board] has tasked [township] staff with looking at other options before an outright closure," said McDonald.

The same situation occurred in December 2010 when, at the time, township staff went down to the wire with three separate proposals.

Two did not meet the requirements set by the municipality, while the third piqued interest of both council and the board. But before contract talks were scheduled to begin, the proponent withdrew its proposal.

South Dundas has been the site's sole owner since 2009, and in that time, township treasurer Shannon Geraghty estimated that more than $200,000 has been taken from the municipality's purse to cover operational costs.

The course was a hotly contested issue during the October 2010 municipal election debates, with each candidate — including the five people elected — stressing that township funds should no longer support the facility.

Their ideas for what the space should be used for varied, with some championing the golf course, and others looking for potential condominiums or other residential developments.

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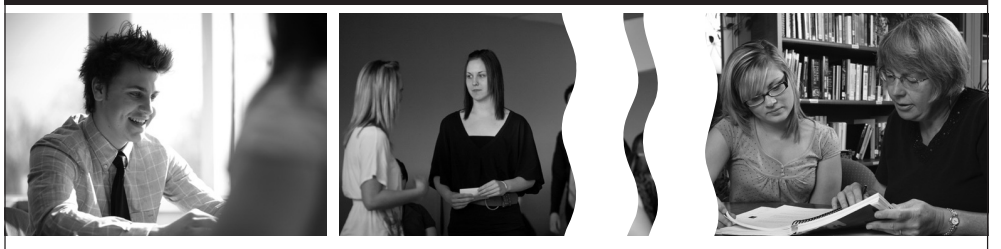

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Pauline Pratt

Poverty reduction strategy needed: director

by Matthew Uhrig
Press staff

WILLIAMSBURG — According to a number of community groups that have banded together to eradicate rural poverty, the fight needs more help from local levels of government.

Pauline Pratt, executive director of the House of Lazarus and chair of the Hand-in-Hand Committee, appeared before members of Township of South Dundas council on Tues., Feb. 15 to stress the need for a poverty reduction committee in Dundas County.

"It's important to take the lead in addressing poverty," said Pratt. "It affects us all, and many of us are already working to reduce poverty."

Initially, the group came together as a result of the Interfaith Social Assistance Reform Coalition (ISARC)'s social audit that was performed in April 2010 in Mountain. Among other findings, the audit determined that living in such a tight-knit community led to various levels of shame felt by those living at or below the poverty line. (Social audits were performed in various communities across the province, and the House of Lazarus was one stop on the tour.)

Currently, Hand-in-Hand is made up of roughly 17 different community-minded agencies and church ministries, all spearheading the fight to eradicate local poverty.

Pratt said the committee is not only calling upon municipal politicians, but also those at the provincial and federal levels. "Each will help build a resilient and sustainable committee," she said.

Mayor Steven Byvelds was supportive of the group's goal, and spoke to the noticeable number of low-income families within South Dundas. "Poverty is certainly an issue," he said. "It will take a committee to make this better."

A decision to accept Hand-in-Hand's request for municipal support was made after Pratt's delegation to council, and after the members had left the chambers. The politicians agreed to have staff contact the group to express the importance of creating a poverty reduction committee and strategy.

Fire service amalgamation made sense: new South Dundas chief



Chris McDonough

by Matthew Uhrig
Press staff

WILLIAMSBURG — The impact of the municipality's first-ever full-time fire chief is already reverberating through the Township of South Dundas.

Chris McDonough officially came on board during the second week of January, and from day one, went to work to make his impression felt.

Earlier this month, the township's fire department underwent a name change, now going by South Dundas Fire and Emergency Services. At the same time, McDonough, along with his assistant and deputy chiefs, implemented a new detailed fire prevention and education program throughout the municipality. (Both items were passed as bylaws at a Tues., Feb. 1 township council meeting.)

With the name change, McDonough told the *Winchester Press* he expects it will help to better reflect the rescue and medical help also provided by firefighters, aside from battling flames. The prevention and education plan, he said, is meant to enlighten not just school-aged children, but also adults and seniors.

> ***"The three fire halls running their own way were costing [taxpayers] more in the long run."***
>
> *— Chris McDonough*

At the most recent council meeting on Tues., Feb. 15, McDonough received approval from the politicians to go ahead with the purchase of a new rescue vehicle for the Morrisburg detachment. The upgrade will replace the current 1983 model, while also meeting the safety guidelines set by the National Fire Protection Association.

"My mandate from council is to unify the fire service in the community," he said.

McDonough said that standardizing fire equipment between the three halls (Morrisburg, Williamsburg, and Iroquois) is a major goal for him, but due to cost, it will be done when items are needed.

A big-picture item for McDonough, one that may require no substantial cost, will be generating more community involvement with the fire services.

"We want to get more involved with the prevention side of things as far as the inspection programs, because with the code enforcement you're going to reduce fire loss," he said. "At least that's the goal."

So far, so good

McDonough said he has felt embraced by the community and municipal staff since taking the reins.

"The first day I was here, I met with the [former] chiefs in the council chambers, and they were very receptive to the whole idea [of a full-time chief]," he said. "I need those guys there to run those other departments."

McDonough added that he has also heard from community residents, with many saying they are happy with the service's new command structure.

It is a change of pace for McDonough, since he told the *Press* he had heard that during the municipal election debates in October 2010, some candidates had questioned the need for a full-time chief.

"I guess if they see something that isn't wrong, in their eyes, then why fix it, right?" he said. "But, the three fire halls running their own way were costing [taxpayers] more in the long run... This [new system] is bringing fire services together and now saving them money."

Going forward

Right now, the firefighter with more than 25 years experience said he will continue preparing for modifications and improvements within South Dundas' fire services.

"The future looks very positive," said McDonough. "We're going to see changes, but I want to make sure we do things right and do things carefully."

Fire prevention: a hot topic

This concludes the Winchester Press' *feature series regarding fire prevention and safety in the area.*



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WEDNESDAY, MARCH 9: Footcare – Call to make your appointment
WEDNESDAY, MARCH 9: 12:30 pm – Presentation by Alzheimer Society on Power of Attorney
FRIDAY, MARCH 11: Hearing Aid Clinic, starting at 10:00 am. Call 1-800-267-9697 or 613-233-4374 for an appointment
WEDNESDAY, MARCH 16: Footcare – Call to make your appointment
WEDNESDAY, MARCH 16: Entertainment at 12:30 pm by "Good Tyme Country"
THURSDAY, MARCH 17: Caregiver Support Group at 9:30 am
THURSDAY, MARCH 24: Hot Dog Night at 4:00 pm
TUESDAY, MARCH 29: Shopping Trip leaving at 9:00 am
THURSDAY, MARCH 10 & 24: Health & Wellness Clinics at Millview Apt., 1:30-3:30 pm
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THURSDAY, MARCH 17: Beef Stew – ***Meal will be at Nor-Dun Centre in Winchester***
THURSDAY, MARCH 24: Lasagna – ***Meal will be at Nor-Dun Centre in Winchester -*** Entertainment by "John Foster"- Health & Wellness
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Osgoode Ward columnist shares his cruise adventure

Some things just come easy to some people. Some people can paint or draw or run or keep weight off, while the rest of us can only wish we had such luck in the genetics draw.

For Lindsay Hamilton, singing is effortless. Her voice is big and loud and pure. I had never heard of the London West-End star before catching her show on board the Celebrity Solstice cruise ship. She opened up with "Don't Cry For Me Argentina," as she had toured England playing the role of Eva Peron in the musical, *Evita*. Two songs later, her rendition of "Amazing Grace" was enough to make the Earth stop orbiting the Sun for a couple of minutes.

I looked over at the Diva, and, like me, she was lost in the moment of a beautiful song with an even more beautiful delivery.

Lindsay Hamilton could make angels cry with her voice.

But there was one song that Lindsay Hamilton had to dig deep and fight hard to deliver, no matter how easy singing came to her.

After a twist of fate or two, we ended up having dinner with Lindsay Hamilton the next night. Lindsay and the Diva hit it off and became BFFs. She opened up her heart, and told us how she was going to sing "Somewhere Over the Rainbow" the following night at the show on the last night of the cruise.

Lindsay's mother had passed away suddenly eight months ago, and the song was special for them, as Lindsay had watched the *Wizard of Oz* with her mother so many times.

"I hope I can get through it without breaking down and crying," she said.

Lindsay shared some stories with us about her mother's passing. They were stories of coincidence and strange occurrences that filled us with shivers and gave us goosebumps.

The following day, as I interviewed her, she shared her story of how she learned her craft at a very young age, starting off as a child actor in musicals, landing roles such as Eliza Doolittle in *My Fair Lady* and as Nancy in *Oliver*.

She talked about how singing came naturally to her but she was pushed and challenged at the Guilford School of Acting to become a better dancer.

She left Guildford as the school's Student of the Year and went straight to the West End, landing a role in *Hot Stuff* at the Cambridge Theatre, and then in *What a Performance* at the Queen's Theatre, where she worked with David Suchet.



From the Other Side
by Jeff Morris

"I learned more in three weeks from him than I did at three years of school, and I learned a lot at school," she said.

She talked about her roles in *Les Misérables* and *Evita* and *Song and Dance*, and even about performing for HRH The Prince of Wales by request at a private function.

She said that people often ask when she will be back performing on London's West End, but, right now, she loves performing on Celebrity ships and is in a great place in every way.

"For the audience, I am creating a memory for them," she said. "Every show is a memory."

Hamilton's shows are 45 minute sets, and she will sing the songs that she is known for on the West End with a few personal favourites thrown in. Her sense of humour is what transcends her as an entertainer — she says she was a huge fan of comedy while growing up and her show is heavily influenced by the British comedy teams of her youth. Musically, her influences include Shirley Bassey — "I wanted to be Shirley Bassey when I was a girl" — and the late Eva Cassidy.

"You have to get on YouTube and watch Eva Cassidy sing 'Somewhere Over the Rainbow,'" she nervously told me the morning of her show. "It's beautiful. It's similar to the arrangement I will perform tonight."

She said that singing and performing can be cathartic. This would be one of those moments. She spoke to the audience at a personal level, and spoke about her mother and how much she misses her. Although her message was shared with the capacity audience, her words were aimed at the Diva, who had tears rolling down her cheeks before the first bar of the song was over.

Lindsay Hamilton sang that song beautifully, and from her heart. Not only would it have made angels weep, but it would have curled their toes.

And as I listened to Lindsay Hamilton's beautiful voice singing a beautiful song, and reflected on the last 48 hours, I suddenly knew what I was going to write my column about.

For people like Lindsay Hamilton who have a God-given talent, it's not always as easy as it looks. And she was right. Every show is a memory. Even for her.

When we returned to reality, our sadness of missing life onboard the Celebrity Solstice was relieved a bit as an email from Lindsay Hamilton was awaiting us. She told us that people come into each others' lives for a reason, and she felt that her mum and the Diva's mum were watching over them, and added that my father was probably there, too.

I sat back in my chair, closed my eyes, smiled, and thought about the memory of Lindsay Hamilton singing.

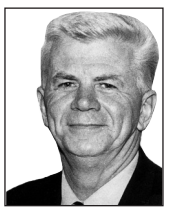
I hoped that all of our lost parents were able to look down from Heaven and see the show that night.

It would have made a special memory for them, too.

Multi-use pathway report released

METCALFE — After approximately one full year of consultation, debate, and much frustration, the question of what will be permitted on the new multi-use pathway is to be decided.

City of Ottawa staff have completed their report, which will be debated at the Agriculture and Rural Affairs Committee (ARAC) meeting on Thurs., March 3. Residents and organizations will have an opportunity to present their opinions to ARAC before councillors debate and make recommendations. Anyone wishing to speak at the meeting should contact Chris Zwierzchowski at christopher.zwierzchowski@ottawa.ca.



In and around Osgoode Ward
by Councillor Doug Thompson

Winter carnival

The 2011 Vernon Winter Carnival is scheduled to take place over the weekend of Sat., Feb. 26 and Sun., Feb. 27. For more information, contact Kim Sheldrick at 613-821-3033 or by email at kimsheldrick@yahoo.ca.

On the move

Beginning on Mon., March 14, library patrons in Greely will be looking for books at the brand-new location at the Greely Community Centre. A date for the official opening of the new Greely branch of the City of Ottawa Public Library has not been set at this time.

Advisory council meeting

The next meeting of the Osgoode Ward Advisory Council is scheduled for Wed., March 2 beginning at 7 pm at the Fred Barrett Arena hall on Leitrim Road.

The main focus of the meeting will be a presentation by City of Ottawa staff on the rural land use review, which includes an in-depth look at village boundaries.

Pancakes galore

Earl Stanley, owner of Stanley's Olde Maple Lane Farm, has invited me to officially open the pancake season at his business on Sat., Feb. 26 from 9 am to 3 pm.

The all-you-can-eat pancake weekends are scheduled to continue until Sun., April 24.

Scouting event

The annual Cub Car and Scout Truck rally is scheduled to take place at the Vernon Recreation Centre on Sat., Feb. 26. Cars are expected to race from 10:30 to 11:30 am, while the trucks are scheduled to race from 11:30 am to 12:30 pm.

For more information, contact Kim Sheldrick at 613-821-3033 or email at kimsheldrick@yahoo.ca.

Summer student employment

The recruitment campaign for the 2011 summer student employment program is now underway.

We are recruiting for more than 1,200 positions in 125 different jobs.

Summer student job postings can be found online at www.ottawa.ca under the careers tab.

Applications will be accepted until Fri., Feb. 25.

Metcalfe WI member honoured for excellence

METCALFE — For her ongoing commitment to the Metcalfe Women's Institute (WI), as well as many other organizations, Cheryl Bunda's work has been recognized.

Specifically for her work in organizing local fairs, as well as co-ordinating WI events, the Mitch Owens Road resident was honoured with a Woman of Excellence Award, presented jointly by the Carleton District Women's Institute and the Federated Women's Institute of Ontario.

"I smiled ear to ear for the rest of the day," Bunda said, recalling the moment of the day she was informed of the award. "I am so very, very proud."

Most recently, Bunda has been the Metcalfe Fair's family division president, setting up Kidsland, an area where kid-friendly entertainment and education programs could operate. She also helped co-ordinate this section in her capacity as the leader of the fair's youth committee.



Thanks for everything

Metcalfe-area resident Cheryl Bunda was recently honoured with a Woman of Excellence Award, presented jointly by the Carleton District Women's Institute and the Federated Women's Institute of Ontario. *Press Photo — Uhrig*

As well, Bunda is not the only member of her family dedicating a lot of time to local initiatives. In 2007, her sons were the recipients of the Osgoode Youth Appreciation Award.

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WINCHESTER PRESS
EDITORIAL
WEDNESDAY, FEBRUARY 23, 2011 PAGE 6

Milk's good for you (duh)



Cartoon – Bradford-Lea

Findings recently published in a medical journal called *Paediatrics & Child Health* should be of interest to a dairy-lovin', dairy-producin' community such as our own.

Researchers conducted a small study of 91 toddlers in Toronto, and found that having a higher body-mass index and drinking less cow's milk were two factors associated with lower vitamin D levels. (Vitamin D is essential for healthy bones and teeth.) While the study was small – and, it should be acknowledged, had financial support from Danone – it may nonetheless contribute to the pile of research that supports what we already know: Milk should be part of a healthy diet.

The nutritious white stuff has endured its share of abuse recently. As a result of the weight-loss industry's attack on fats (both good and bad), as well as concerns over processing standards and the treatment of farm animals, your average uninformed grocery consumer has become increasingly suspicious of milk. From a public health standpoint, dairy products are not the enemy — junky, highly processed products are. Despite the public's obsession with food safety, a shocking number of Canadian children are obese, and therefore, ill.

This is not an argument against people who take a stand against consuming animals and/or animal products. However, the frank reality is, being a real vegan or vegetarian is hard work. Their strict diets demand self-discipline, research, and a daily commitment to obtaining sufficient nutrients and vitamins, often from unconventional and inconvenient sources. Most self-proclaimed vegetarians and vegans are too lazy to maintain a balanced diet, sans dairy.

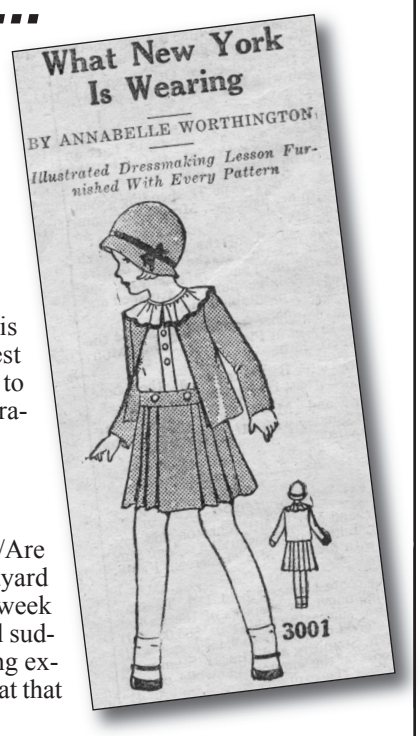
Frankly, most people lack the self-discipline to 'go vegan.'

Yes, it's a little weird that Canadians consider dairy to be a food group. (Think about it: We're the only species that actually drinks the breast milk meant for the young of another mammal. You can't blame the vegans in particular for being grossed out.) However, milk is a superstar food containing calcium, healthy fats, vitamins A, B6, B12, and D, magnesium, phosphorus, protein, and more.

Of course, dairy is not a miracle product. It should be a single component of a healthy, balanced diet including whole grains, lean meats (or substitutes if — again — you have the discipline to eat the right alternatives regularly), and fruits and vegetables. In addition, milk alone will not guarantee healthy bone growth. There are other contributing factors, including exercise, which is an overall predictor of health. The Canadian Society for Exercise Physiology's recently released sedentary behaviour guidelines suggest children and teens should spend no more than two hours of their free time sitting down each day. Young people are indoor cats, and apparently spend 62 per cent of their waking hours sitting still. The Internet, television, motorized transportation, school, and homework have conspired to transform the next generation into intelligent, tech-savvy couch potatoes. Such a lifestyle does not promote musculoskeletal fitness.

In Dundas County, Osgoode Ward, and the surrounding area, dairy is a big deal. The industry is tied, perhaps inextricably, to our economy and identity. As an agricultural community, we should step up our efforts to promote milk as a quality source of nutrients, a cornerstone of a balanced diet, and an active lifestyle. We owe it to ourselves — and to those growing toddlers in Toronto, who won't have total control over their diets until they're old enough to shop for their own groceries, and it's too late.

Remember when...


What New York Is Wearing

BY ANNABELLE WORTHINGTON

Illustrated Dressmaking Lesson Furnished With Every Pattern

3001

1921

The *Winchester Press* said the Prince of Wales had taken a liking to the Imperial Tobacco Company of Canada's products during his visit to the colony.

1931

The "What New York Is Wearing" column in this week's *Press* proclaimed that even the smallest member of the family must have her jacket suit to step out smartly this spring. (At right: This illustration accompanied the column.)

1941

"If you can keep your head when all about you/Are losing theirs and blaming it on you," opens Rudyard Kipling's poem, "If," which was being cited this week by the *Press*. The paper suggested that many local sudden deaths could be the result of citizens worrying excessively about Germany's perceived upper hand at that point in the Second World War.

1951

Returning from the front lines in Korea, Priv. Dick Justus was back in Winchester. He'd been stationed in Japan and Korea. It took him nearly a week to get home via Tokyo and Vancouver. While in Japan, Justus visited with seaman Ronald Alexander, also of Winchester. Justus was taking a stroll down one of the wharfs when he noticed a sailor sitting on a bench reading the *Press*.

1961

"It's alright, they're over at Mary's," was the relieved discovery of a panicked mother answering the phone in a Bell Telephone ad in this week's *Press*. The message suggested that, at any time, the telephone could become an essential tool.

1971

One of Osgoode Township's historic landmarks crumbled when the century-old drill hall in Vernon collapsed under the weight of snow. Visible from County Road 31, the hall had been built in the late 1800s when Carleton County was frantically training soldiers in preparation for expected Fenian raids.

1981

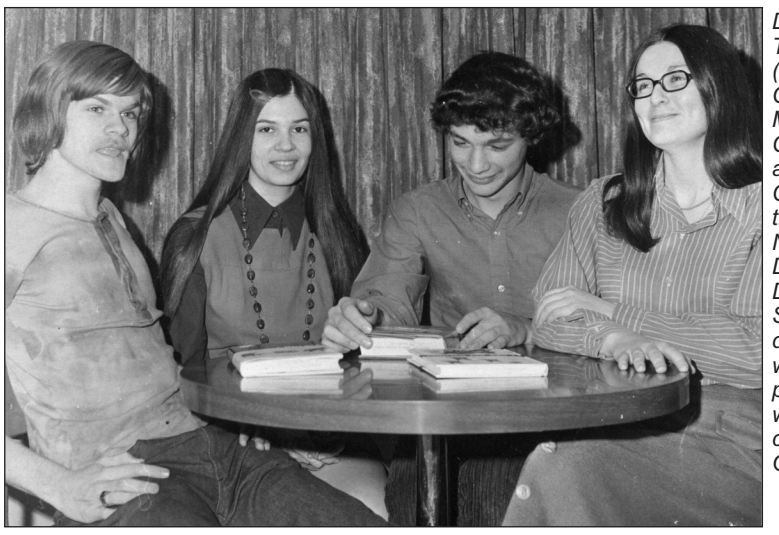
Grade 4 Inkerman Public School student Kenny Meldrum was probably risking his life when he saved a dog from drowning this week, the *Press* reported. Meldrum was playing with a friend near a frozen pond when he noticed a dog had walked out on the ice and was in trouble.

1991

The Ottawa-based Governor General's Foot Guards were preparing this week to conduct exercises in Winchester. The objective was to protect vital points in the area that could become enemy targets in case of an attack. Guards were to practice protecting the railway bridge on County Road 31, Ontario Hydro's headquarters, and various grain elevators.

2001

Renovations were underway this week at the Old Town Hall, or as it was known at the time, the North Dundas Cultural Centre. Committee chair Bill Smirle told the *Press* that the building had been completely gutted, and volunteers were eager to get inside and begin work on the heritage site.



Dave Thompson (left), Charlanne Milton, Bob Carscadden, and Leah Casselman of the 1971 North Dundas District High School debate team were preparing this week for a competition in Ottawa.

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Canada

Sometimes, a change is as good as a rest

Many people can feel pretty low at this time of the year, and for good reason.

Each December, winter sneaks in, but nobody seems to notice or care.

Christmas keeps everyone busy and preoccupied as winter's cold and darkness sets in. Heck, having shorter, colder days even improves the holiday spirit, and everybody dreams of having a white Christmas.

But Christmas is over, and winter's still here. Fortunately, people can distract themselves in January by being busy around the house, packing up Christmas for next year, and returning their lives to normal. Until February arrives and people ask themselves, "Now what? What can I look forward to in my normal life but with winter added?"

Exactly and therein lays the problem. February has nothing really to look forward to. Spring is too far away. Valentine's Day, the Super Bowl, and George Washington's birthday just don't cut it. Even Lent doesn't begin until March. The daily grind wears people down, especially when they have to clean more snow off the car every morning.

No wonder people feel listless, weary, and discontented at this time of the year. The French have a name for this condition: ennui, and it affects city dwellers as well as rural folks. What can people do to beat this ennui, these February blahs?



Confessions of a Country Convert
by Adele Eyman

I often succumb to ennui in February, and sometimes even to the more symptomatic, stubborn, and serious Seasonal Affective Disorder. This month is no exception. I know about the many remedies, both mainstream and non-traditional. These include regular exercise, improved diet and nutrition, light therapy, psychotherapy, bibliotherapy, shopping therapy, chocolate, and drugs. I use most of these.

But, this February, nothing was working for me, and I thought about what my Grammie Flynn would say: "Get out of town and blow the stink off you." So I did.

I went to Toronto to see my sister direct two choirs for their midwinter concert. Afterwards, I joined them at a cheerful little pub to celebrate their hard work during the past five months of rehearsals. As I sat at the long wooden table, surrounded by people I didn't know, in a pub I'd never been to before, sipping a draft beer I never drink, it suddenly occurred to me: This was exactly what I needed. I was even having fun.

That evening, I had many conversations with new people, about fairly novel topics — novel because these topics are not the stuff of which my everyday conversations are made. For example, my niece chatted with a woman at least six decades her senior about her high school's upcoming Battle of the Bands. Another woman described her search for new direction at midlife while renovating the family home. A third woman spoke of retiring from civil service to reinvent herself as a painter. One fellow, a law professor, described his passion for cycling and why he avoids cycling through Smiths Falls on the way to Ottawa. "Too many hills," he declared. I couldn't think of a reply, mostly because I was stuck at the idea of his cycling from Toronto to Ottawa. Who does that? And, why? But I digress.

The point is, sometimes the best way to beat the blahs is to shake things up. Change up your routine. Get out of town. Listen to someone new talk about something new instead of hearing the same old stories from the same old people. It's not that Aunt Mary's frozen shoulder isn't important; it's just that life doesn't always have to be about it. So get out there in pursuit of something bigger. Try stepping outside of what is normal and seeing how this changes the ennui. It may not bring an end to winter, but at least it will bring some respite from it. As my Grammie Flynn also used to say, "A change is as good as a rest."



Spinning is 'in'

The Nelson LaPrade Centre in Chesterville was filled with dozens of spinning wheels on the go during the morning hours of Wed., Feb. 16. Yolande LaPointe and her fellow spinning enthusiasts came from near and far to participate in the annual local Spin-In.

Press Photo — Smith-Millar

Winchester District Memorial Hospital

Care Close to Home
A Look Inside WDMH

Welcome to Care Close to Home, written by the people who are at the heart of Winchester District Memorial Hospital (WDMH). This "inside view" is designed to help our communities get to know the WDMH team – in their own words. This month, we feature Lisa Little, vice chair of the WDMH Board of Directors.

Giving back to my community



Lisa Little

I have the privilege and pleasure of serving on the WDMH Board of Directors. Growing up in Chesterville, I have always been closely connected to family and friends in the area. Seven years ago, I moved back to Winchester after living in the city for several years. Giving back to the community was important to me and health care was a natural fit.

I am a registered nurse who has enjoyed a varied career working at the bedside, in management, education, and private industry, as well as at a policy level. For the last nine years, I've worked at the Canadian Nurses Association. I am quite familiar with the many challenges of health care and its constantly changing environment.

This experience and knowledge is my contribution to the WDMH board. Each member brings his or her own unique contribution – whether that be a financial background, an agricultural one, or otherwise. It is this diversity that provides overall strength to the board in its role of stewardship and governance. Hospital boards are constantly challenged to balance fiscal accountability with the delivery of quality health care close to home to meet the needs of our communities.

Numerous national and international studies have shown that an individual's health is determined by more than just the health care they receive. Education, income, appropriate housing, clean air and water, and many others factors also contribute to the well-being of an individual and a community. I am a strong believer that the "h" in hospital should stand for health, including illness prevention and health promotion.

I am proud to be part of a board that is helping to create the Centre for Rural Health and Education, bringing together the services that our local communities need to ensure care close to home.

Your opinion counts

The *Winchester Press* welcomes letters on subjects of interest to the community. Letters must be signed and include the writer's telephone number. Letters may be edited for length, grammar and libellous statements. Op-ed content does not necessarily reflect the views of the *Press*.

Ongoing voter feedback essential for democracy

QUEEN'S PARK – A great editorial recently appeared in the *Winchester Press* about the necessity of informing elected officials of what you think they should accomplish as your representative. I wrote a thank-you email to Amanda Smith-Millar because I believe she was right in her observations. You, the constituents of Stormont, Dundas, and South Glengarry (SD&SG), dutifully go to the polls to elect your representative at all three levels of government at election time. I am proud of our voter turnout in SD&SG because it is slightly higher than the national average. You are conscientious citizens; to a point.

How many of you have contacted your elected representative since the last election? We work for you! Our job is to represent you, but too few of you tell us what you would like your governments to do. Occasionally I receive a phone call, an email or a letter about a particular issue. The majority of the time I have to reach out to obtain your opinions. There are more than 82,000 constituents in SD&SG. It is very difficult to visit each and every one of you individually.

My staff and I spend countless hours preparing various newsletters, emails, questionnaires and surveys to attain your opinions. I personally spend hours and hours driving thousands of kilometres to various functions to meet constituents that will share their thoughts with me. Often at these gatherings, someone will bring up a concern and or a complaint. When I ask why they didn't call or write to me about it, they often say, "I didn't want to bother you with it." That is the reason you elected me, to address your concerns or complaints! I welcome both negative and positive comments, especially negative ones. If I am not told I am not doing something properly, I assume I am and that you are satisfied with the service I am providing you.



From Parliament Hill
by MP Guy Lauzon

My Grade 5 teacher, a wonderful nun named Sister Gregory, taught us that democracy was "for the people, by the people and responsible to the people." So far, this is the best description I have ever heard of democracy. However, for democracy to function properly, constituents must tell their representatives how they feel. As your member of parliament, I can serve you much better if you provide me with direction and feedback.

My staff and I have worked hard throughout the past six years to get your opinion on various issues. We have sent thousands upon thousands of questionnaires to your homes. We are trying to do our part. We need you to help us. When you receive one of our questionnaires or surveys, please fill it out and return it.

Your opinion is important to me, for it helps me serve you better. Since being elected six years ago I have received feedback from 55,000 people (approximately 65 per cent of constituents) constituents on at least one issue. In the past 12 months, 16,312 (approximately 19.6 per cent of electors) have given me feedback on one or more topics. This has allowed me to represent you with credibility when I address my caucus colleagues on various issues we deal with. I feel we still have a long way to go. The next time you receive a flyer, please return it with your thoughts.

The next time you see something in the news that bothers you, give me a call. Please remember I work for you. I need your advice and direction.

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VERNON Winter Carnival 2011

Saturday & Sunday
February 26 & 27
at Vernon Recreation Centre

EVENTS

Saturday, February 26
10 am-4 pm: Croquinole tournament - register at 613-821-4062 - held at/hosted by Osgoode Township Historical Society and Museum

Sunday, February 27
At Vernon Recreation Centre
8 am-noon: Pancake Breakfast, hosted by the Metcalfe & District Lions Club, cost to be announced
9:30 am: Ecumenical Church Service hosted by Harmony Church
2-4 pm: Laser Shoot hosted by Osgoode Township Fish, Game and Conservation Club
2-4 pm: Euchre tournament, $4 per player, hosted by Vernon Friendship Club

Early afternoon
Outdoor activities, bonfire, hot chocolate and hot dogs, cost to be announced, hosted by 1st Osgoode Venturers/Osgoode Scouting
4:00-7:00 pm: Lasagna dinner, cost to be announced, hosted by Vernon Women's Institute

Bring your skates - the rink is open! (weather permitting)



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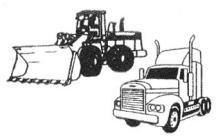
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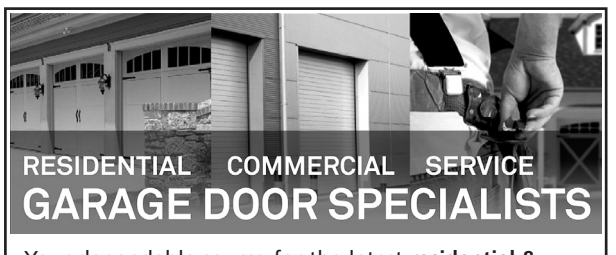
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Farmin' for feedback

Digital 'clickers' enable instant reaction at Kemptville Dairy Day

by Amanda Smith-Millar
Press staff

KEMPTVILLE — Last week, Kemptville Dairy Day organizers were one step closer to answering the same question they face every year: What do participants really think about their annual conference?

While paper forms still allowed farmers to provide feedback during the Thurs., Feb. 17 day-long event, a digital device called an i>clicker encouraged participants to become directly involved in the seminars.

Whether a presenter wanted to know which portions of his lecture were most useful — or gauge if the audience had sufficient background knowledge to understand a topic — digital clickers allowed participants to "vote" during the talks, providing statistics and feedback on an overhead screen.

Co-ordinator Blair Murray agreed that digitally enabled participation is becoming increasingly popular at conferences. However, it's the first time the i>clicker has been integrated into the Kemptville Dairy Day proceedings, he said.

"You get an instant 'read' on what the audience is thinking — or, what they know," said the Ontario Ministry of Agriculture, Food, and Rural Affairs (OMAFRA) dairy specialist.

Murray said he was pleased to see high attendance at Kemptville Dairy Day in 2011. The annual conference is held at the University of Guelph - Kemptville Campus and, again this year, served as part two of Eastern Ontario Dairy Days. (Thursday's schedule in Kemptville almost perfectly replicated the Wed., Feb. 16 conference in Maxville.)

Eastern Ontario Dairy Days aim to provide continuing education to local producers. However, farmers are busy people. That's why Murray and his fellow conference co-ordinators strive to create an interesting and informative schedule that will justify the participants' time investment.

Murray said planners usually aim to provide technical information, as well as at least one "hot marketing issue." For example, a popular discussion this year included a "mini summit" with Alain Bourbeau, general director of the Fédération des producteurs de lait du Québec, and Bill Emmott, chair of the Dairy Farmers of Ontario.

Never too cool for school

Many "ag students" could be spotted in the crowd last Thursday, listening attentively and eagerly taking notes.

Murray estimated that about 40 University of Guelph - Kemptville Campus students attended the lectures. The fact that an assistant professor at the university — Trevor DeVries — was a speaker had a lot to do with the high student involvement this year, Murray said.

"He [DeVries] was quite enthusiastic to get them to participate," Murray added.

Other Kemptville Dairy Day highlights included a succession planning seminar called "Your Farm, Your Family, Your Future" with Patrick Gilmour of Assante Financial Management. Gilmour kicked off Thursday's proceedings, followed by talks from Dr. Jodi Wallace of the Ormstown Veterinary Hospital and Walter Oeggerli of Lancaster's Heidi Farms about control strategies for somatic cells — a common problem for dairy producers.

When not attending the lectures, participants were free to visit the trade show booths set up at the W.B. George Centre. Among the exhibitors were banks, agricultural businesses, and even a politician (Jim McDonell, who is vying for the Stormont, Dundas, and South Glengarry provincial Tory nomination, had a booth set up to distribute pins and campaign literature, and chat with farmers).

The Eastern Ontario Dairy Days are organized by OMAFRA in partnership with local producer committees of the Dairy Farmers of Ontario.

Murray thanked everyone who worked to make Kemptville Dairy Day a success, from volunteers, to sponsors, to participants.

Organizers strive to set up a dynamic conference schedule, but Murray admitted that there's always a nagging doubt that the event won't go over well.

"You never know!" said Murray with a laugh.





Inset, above: *The i>clicker allowed conference participants to "vote" and show speakers what parts of their lectures were the most useful.*

At left: *A soybean-pellet demonstration was an attraction outside the W.B. George Centre. Pictured is Hans Spuehler of Energrow.*

Press Photos — Smith-Millar

Conference season begins for Eastern Ontario farmers

KEMPTVILLE – Eastern Ontario Dairy Days in Maxville and Kemptville kicked off a series of agricultural conferences in the area.

The next one is the Kemptville Winter Woodlot Conference, set for today (Wed., Feb. 23) at the W.B. George Centre, located within the University of Guelph - Kemptville Campus complex. Discussion subjects include the emerald ash borer, species at risk in woodlots, agroforestry, bird care demonstrations, and more.

Registration gets underway at 8 am, and the conference itself is set to run from 9 am to 3:30 pm.

The W.B. George Centre will host yet another event the following day — Thurs., Feb. 24 — from 8:30 am to 5 pm. Multiple simultaneous conferences begin at 9 am. The schedule will pause at 1 pm for an hour-long keynote address featuring Carl Hiebert, entitled "Gift of Wings: The sky is not the limit, it's just the beginning."

Winter Woodlot Conference starts today

Eco Farm Day 2011 will wrap up the conference spree on Fri., Feb. 25 and Sat., Feb. 26 at the Ramada Inn in Cornwall.

Check out www.cog.ca/ottawa/ecofarmday for more information, call 613-244-4000, or email ottawachapter@cog.ca.

You can read more about hot topics addressed at these conferences in the *Press*' Ottawa Valley Farm Show supplement, scheduled to come out next month.


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Local horse to star on *Heartland*

WILLIAMSBURG — A locally owned animal of the equine variety is scheduled to take a starring role in an upcoming episode of the CBC show *Heartland.*

L'Amistad 22, owned by Williamsburg-area resident Lori Garlough, is scheduled to appear along with its rider, Paralympic medalist Lauren Barwick, on a Sun., March 6 episode entitled "Never Surrender." Currently, the airtime is planned for 7 pm.

The horse has been an international-level champion on the Canadian dressage scene with its rider and trainer, Andrea Bresee, of Uxbridge, Ont. Bresee represented Canada and won a silver medal in dressage at the 2007 Pan Am games in Rio De Janero.

With Barwick, L'Amistad 22 travelled to the 2010 World Equestrian Games, as well as the 2008 Paralympics in Beijing.



L'Amistad 22, a horse owned by Williamsburg-area resident Lori Garlough, and Canadian Paralympian Lauren Barwick are scheduled to be appear on a Sun., March 6 episode of the CBC show *Heartland*.

Barwick's skills will be featured in the storyline, which includes ex-rodeo star Bryce (guest star Jesse Hutch), who was paralyzed during military service. Bryce returns home and hires Amy Fleming (Amber Marshall) to help sell his roping horse, but she sees an opportunity to retrain both the horse and rider. Amy needs both Ty (Graham Wardle) and Caleb (Kerry James)'s help to convince this proud and emotionally damaged cowboy that he can recapture his love for riding despite his injury.

"Every day, I am surprised and thankful for the doors of opportunity that open up to me," said Barwick. "I worked in the movie industry before I broke my back and I never really thought I would ever be involved again. Looking at how easy it would have been for *Heartland* to hire an actor to ride a horse around and pretend to be paralyzed made the experience of having me there even more special."

According to the show's staff, producers wanted to make the characters look as real as possible.

"*Heartland* prides itself in its depiction of real storylines," said Jordy Randall, executive producer. "It was a real thrill to do a story on para-dressage and it was extra special to be able to include a rider of Lauren's calibre on the show."

Visits to provincial parks on the rise

MORRISBURG — Ontario's provincial parks received almost 100,000 more visits in 2010, with a total of close to 10 million people stopping by, according to a government release.

Ontario provincial parks received 9,534,362 visits in 2010. More than 80 per cent of visitors to parks are from Ontario.

Provincial park visitor fees will remain unchanged for 2011.

With at least one of Ontario's 329 provincial parks within a two-hour distance for most Ontarians, they offer an accessible and affordable range of activities to families and seniors, as well as visitors from around the world.

Local residents have several parks and campsites within driving (or cycling) distance. For example, there are the St. Lawrence Parks Commission sites along the St. Lawrence River, as well as Rideau River locations.

Ontario's parks typically remain open during the winter season offering a variety of snow activities such as cross-country skiing, sledding, snowshoeing, or hiking.

"Ontario's provincial parks are renowned for their spectacular scenery, wilderness and pristine lakes and rivers," said Minister of Natural Resources Linda Jeffrey. "It's no wonder our parks received close to 10 million visits in 2010 from Ontarians and people around the world eager to experience Ontario's great outdoors. In the winter, skiing, skating, tobogganing, and birdwatching are perfect ways to have some family fun in parks while enjoying beautiful snowy landscapes."



Minister of Tourism and Culture Michael Chan agreed.

"Ontario's outdoors, with its natural beauty, continues to attract new and returning visitors," he said. "From ice fishing, snowmobiling, skiing, snowboarding, to camping and dog sledding, there are many wonderful winter activities to experience. I encourage Ontario families to discover the outdoors over the holidays and enjoy all that our winters have to offer."

Visit www.ontarioparks.com to find out what's going on in provincial parks year round. For information on camping, park opening and closing dates, family activities and seasonal events, see the online Ontario Parks Guide or get a printed copy by calling 1-800-ONTARIO (668-2746).

Capacity crowd at Drive Green Event

WINCHESTER — For everyone wondering what exactly was going on at Green Tech Ag & Turf's new location just outside Winchester last week, the answer has been revealed.

The invitation-only Drive Green Event took place at the Winchester agricultural business on Thurs., Feb. 17. Customers were invited to check out the products during a special appreciation day that included a meal from AJ's Catering.

Green Tech staff estimated that 200 people attended the event, resulting in a sea of customers' vehicles filling the busy parking lot and attracting attention from curious passers-by.

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Volunteers sought for Chesterville Fair's 80th

You don't need to sacrifice every spare night, weekend to help out, says board

by Amanda Smith-Millar
Press staff

CHESTERVILLE — The Chesterville Fair needs your help.

However, volunteering doesn't have to suck up every spare weekend and evening of your life, according to the Chesterville and District Agricultural Society.

In an effort to regenerate its volunteer base and run more events throughout the year, the organization is hunting for "mid-level" organizers and helpers to support the 80th edition of the Chesterville Fair, from Fri., July 22 to Sun., July 24.

Whether you're willing to oversee a particular event — like a dairy show — or volunteer at the fairground's front gates, the fair board would be happy to have the help.

"A lot of people think they're going to have to sit on the board of directors," said Carol Buma-Beauchamp, first vice-president of the society.

There are no vacancies on the executive, she noted.

"We've got the major spots filled, but we're just looking for volunteers," she said.

The Chesterville Agricultural Society hosted its annual general meeting on Sun., Feb. 20. The event included an open lunch and presentation about getting involved in the organization.

Buma-Beauchamp noted that the executive is interested in hosting more events in Chesterville outside of the regular fair. The first is already scheduled: a Fri., April 22 Yuk Yuk's comedy night at the Royal Canadian Legion Branch 434. A dance and refreshments will follow.

Other tentatively scheduled events include art in the park, as well as a community dinner called A Taste of North Dundas, featuring local food.



The 80th edition of the Chesterville Fair is set to run from Fri., July 22 to Sun., July 24. Visitor Meika Breitenstein is pictured in an archive shot from 2010. *Press Photo — Uhrig*

Fair board on board

Your 2011 Chesterville and District Agricultural Society includes:

- President: Dan Gasser
- First vice-president: Carol Buma-Beauchamp
- Second vice-president: Tammy Hedge
- Past president: Bill Smith
- Treasurer: Tracy Casselman
- Fair secretary: Carolyn Goddard
- Homecraft secretary: Ina Graafland
- Directors: Rose Stewart, Tina Asselin, Dale Myers, Des Desarmia, Lorne Neville
- Associate directors: Debbie DeCooman, Robin Morris, Cynthia Revels, Laurie Heuff, Phil Gasser
- Junior director: Cameron Hedge

Ladies' Night scheduled for April 29



The Russell Agricultural Society is scheduled to move into its new offices soon. Pictured in an archive picture taken at the Russell Fairgrounds is barrel racer Elizabeth Downey, who participated in a rodeo held last September. *Press Photo — Uhrig*

by Amanda Smith-Millar
Press staff

RUSSELL — Finally, the Russell Agricultural Society is scheduled to move into its own home.

According to Tony Baas, the society's president, the organization is scheduled to share office space with the Russell Curling Club on Concession Street in Russell.

"We're finally going to have our own office," an enthusiastic Baas told the *Winchester Press*. "We're planning on moving in within the next two months."

The next fair is scheduled to run from Thurs., Sept. 8 to Sun., Sept. 11.

Details are still preliminary at this point, Baas said. But party band Ambush is scheduled to play on Sunday.

"We hope it's going to be a little bit bigger," Baas said of the fair.

While the Russell Agricultural Society's primary responsibility is the fair, another event called Russell Ladies' Night has become an increasingly popular event and significant fundraiser for charities in the local region. The annual women's-only fundraiser usually adopts a theme (such as Las Vegas, or "LBD — Little Black Dress").

The next one is set for Fri., April 29.

Overseeing the show

The Russell Agricultural Society leadership positions for 2011 include:

- President: Tony Baas
- First vice-president: Bert Vedder
- Second vice-president: Gord Sheldrick
- Homecraft representative: Ina Henry
- Secretary: Allan Anderson
- Treasurer: François Bourgeois
- Past president: Theresa Wever

Albert M. Barr to be inducted into Ag Hall of Fame

KEMPTVILLE — The Ottawa Valley Seed Growers Association (OVSGA) directors have announced that an Ontario Agricultural Hall of Fame nomination which they co-sponsored has been approved.

KAS principal left legacy for Ontario agriculture

Albert M. Barr will be inducted into the Hall of Fame during a ceremony at Milton in June. OVSGA director John Joynt joined with Robert Aumell in nominating Barr, a past principal of Kemptville Agricultural School, now Kemptville Campus of the University of Guelph.

Born in 1904, Barr died in 1979.

"Albert Barr left a legacy for Ontario agriculture that included hundreds of well-educated rural youth, and research and extension work that led the way to great advances in agricultural productivity in Ontario," the Hall of Fame said of the successful nomination.

Read more in the *Winchester Press*' Ottawa Valley Farm Show supplement, scheduled to appear in the Wed., March 9 edition.

Patent underway for energy saver

WINCHESTER — Winchester Home Hardware and Green Energy Technologies are partnering to offer a new green magnetic technology to reduce both fuel costs and carbon monoxide emissions.

A patent-pending technology called GetGreen aims to reduce fuel costs for a furnace by up to 15 per cent, depending on the size and model, and give new life to older furnaces, according to statistics from GetGreen.

Winchester Home Hardware owner Ken Boje explained that before he spotted the technology at a dealer's market, he started using the product around his own store to make sure it was working.

"I'm as skeptical as anybody else," Boje told the *Winchester Press*. He noted that the GetGreen technology is working fine and is now available at his store.

He noted that with skyrocketing energy costs, the public is exploring ways to save.

"Everybody's looking at some different areas to reduce those costs," he said.

For more information on the GetGreen technology, check out the *Press*' Spring Home Improvement Supplement in April.

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Crysler Carnival capers

A February thaw was unsuccessful in threatening the Crysler Winter Carnival this year, as a cold spell eventually prevailed last week (Wed., Feb. 16 to Sun., Feb. 20). Pictured, clockwise from right, are: Olivier Lafrance, 11 months, who was there with dad Marcel of the Crysler Fire Department to perform a safety demonstration; fans Susan Patenaude (left) and Kim LeBrun at a rivalry hockey game between the north and south sides of the river dividing Crysler; Vincent Bouchard; Samuel Quesnel; and Halle Matthews, who was serving hot chocolate to help fulfil the community service requirement to graduate high school.

Press Photos — Smith-Millar













Tom Henbest (right) with subject matter.



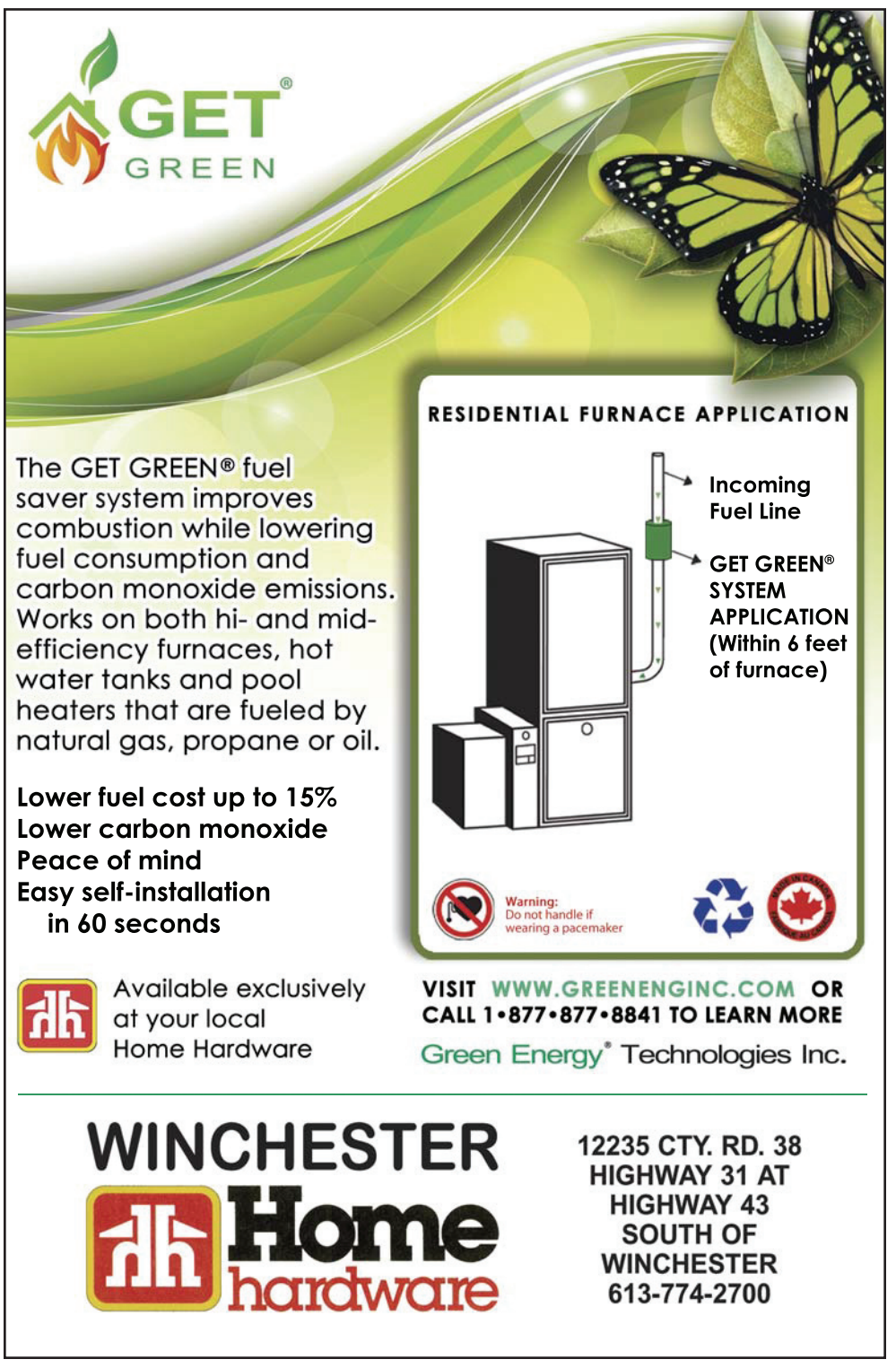
Henbest to return from Antarctic expedition next week

CHESTERVILLE — Chesterville-area resident and North Dundas District High School grad Tom Henbest is scheduled to return next week from his journey to the Earth's most southern region.

Henbest is part of an expedition and course with students from Canadian and international universities, as well as university faculty, scientists, experts, policy makers, and educators. The course includes discussions on ice dynamics, ice streams, snow pack processes, icebergs, sea ice, ice shelves and sub-glacial lakes, and will have a particular focus on direct field observations and measurements.

"With the generous backing of my community, I have managed to raise the full $12,000 to cover expedition fees, tuition, and air travel," he wrote in an email to this newspaper. "I am very grateful for the numerous donations from local service groups and businesses, the use of the wonderful facilities at North Dundas District High School and Trinity United Church, and the incredible amount of time and support my friends and family have put towards this endeavour."

Check out a future edition of the *Winchester Press* for follow-up on Henbest's unusual journey. In the meantime, interested members of the public can follow his progress online at www.uantarctic.org.



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Game four tonight

Hawks have Glens on the ropes, lead series 3-0



Winchester Jr. "B" Hawks captain Graham Loyst (No. 17), and forwards Ramsey Wheeler (on the ice) and Brodie Boulanger (No. 9) battled through some rough checking during this play in front of Alexandria goaltender Dominic Quann in Friday's (Feb. 18) home game. The Hawks posted a 4-1 win and gained a 2-0 series lead on Friday. A 4-3 (2 OT) decision in Alexandria on Saturday (Feb. 19) has opened up a 3-0 semi-final series lead for the Hawks.

Press Photo — Van Bridger

WINCHESTER — Can the Winchester Jr. "B" Hawks end the Alexandria Glens 2010-2011 Eastern Ontario Junior Hockey League season in four games?

The third-place Hawks hold a 3-0 lead in their best-of-seven St. Lawrence Division semi-final series and have home ice advantage for the fourth, and possibly final, game tonight (Wed., Feb. 23) at 7:30 pm.

Winchester head coach Tom Kirkwood said the plan is to wrap up the series in the minimum number of games.

"That is our goal, but as I said before, win the battles, one shift at a time, one period at a time!" he said.

The Glens (29-9-04) finished in second place during the regular season, two points ahead of third-place Winchester (29-11-1-1). The teams squared off six times and finished with three wins each (two in OT). They each scored 23 goals in those contests.

The Hawks opened the series in Alexandria with a 5-2 win on Wed., Feb. 16. A 4-1 decision in Winchester on Fri., Feb. 18 created a 2-0 lead for the Hawks. Saturday's (Feb. 19) 4-3 victory in double overtime in Alexandria has staked the Hawks to a 3-0 advantage.

If necessary, game five will be played in Alexandria on Fri., Feb. 25 (8 pm), game six in Winchester on Sat., Feb. 26 (7:30 pm) and game seven in Alexandria on Mon., Feb. 28 (8 pm). The winner of this series will meet with either the first-place Casselman Vikings (35-5-1-1) or the fourth-place Morrisburg Lions (14-25-0-3) in the St. Lawrence Division championship series. The Lions held a 2-1 lead going into last night's (Tues., Feb. 22) fourth game in Morrisburg.

Kirkwood explained that, in his estimation, the Hawks have been successful because of their depth and speed.

"We have rolled four lines and skated at a pretty good pace. Our PK (penalty kill) has been good and Laderoute [Adam] has been very focused and making key saves," he said.

Game one

The Glens took an early 2-0 lead on first-period power play goals by Adam Simpson and Ryan Herrington, but the Hawks responded with tallies from Paul Hennesey (from Michael Evelyn and Brock Burge at 15:35) and Dylan Chessel (from Josh Stubbings and Evan Walker at 18:40).

Stubbings (PPG from Walker and Aaron Dickenson at 2:15) and Chessell (from Stubbings and Dickenson at 15:22) found the back of Dominic Quann's net and opened up a 4-2 lead in period two.

Captain Graham Loyst (from Lucas Richardson and Ross Urbankiewcz at 16:30) found the mark in period three to make it a 5-2 final.

The Glens outshot the Hawks 47-32 and converted two of 10 power plays into goals. The Hawks went one for 13.

• continued on next page

1,001 AHL games played

Helmer skates into AHL record book, one more time

CALGARY, AB. — Bryan Helmer made history again when he played defence for the Oklahoma City Barons at the Scotiabank Saddledome in Calgary, AB.

Helmer, who played his first hockey with the Winchester Minor Hockey Association, became the seventh player in American Hockey League (AHL) 75-year history to skate in 1,000 games when he and the Barons defeated the Abbotsford Heat 3-1 in Calgary last week (Fri., Feb. 18). He then marked game 1,001 in a 3-2 OT win over the Heat in Abbotsford the following day (Sat., Feb. 19).

The 38-year-old blueliner is the AHL's leader in assists (402), points (526) and now in games played by a defenceman (1,001). He also has played in more Calder Cup playoff games (138) and been a member of a Calder Cup championship team three times.

Currently, Helmer has played 19 games, collecting 14 points (1-13-14) and earning a plus six rating.

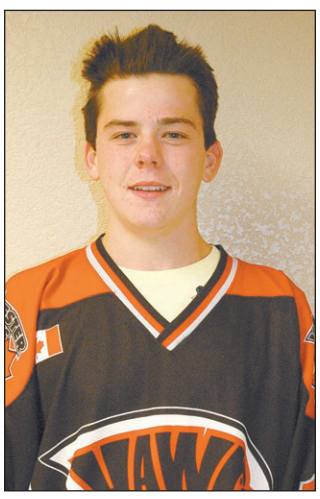
He also appeared in 146 NHL games with Phoenix, St. Louis, Vancouver and Washington.

Rookies Weegar, Dickenson named St. Lawrence Division award winners

WINCHESTER — A pair of Winchester Jr. "B" Hawks rookies — forward Mack Weegar and defenceman Aaron Dickenson — have been named 2010-2011 St. Lawrence Division award winners.

Weegar (10-23-33) was recently named the Rookie of the Year and Dickenson (6-26-32) received the Best Offensive Defenceman award. Dickenson, of Collingwood, also was named to the first all star team. Weegar, of Ottawa, was named to the rookie dream team along with Winchester's Josh Stubbings, who played in 41 games and produced 20 goals, 23 assists and 40 points.

Hawks defenceman Ross Urbankiewcz (1-13-14), a native of Pontypool, was also selected to the second team all-star unit.



Mack Weegar



Aaron Dickenson

Coaching staff

The entire Winchester Hawks coaching and management staff was named as second team all-stars — Tom Kirkwood - head coach, Lenard McLean - ass't coach, Robyn Sadler - ass't coach, Craig "JB" Smith - general manager and Al Armstrong - ass't general manager.

More awards

Adam Wensink of the pennant-winning Casselman Vikings was named the division's Most Valuable Player and a first-team all star.

Casselman's Rene Lamoureux is this year's Best Defensive Defenceman and first team all star.

Alexandria Glens captain Shane Kitchen received the Sportsmanship and Ability Award.

Curtis Chennette of Casselman was the Scoring Champion with 92 points (39-59-98) in 42 games.

Casselman's goaltending duo of Luc Servais and Phillippe Quesnel allowed 117 goals and received the Team with the Least Goals Against Trophy.

Shoot down Clarence Beavers

Metcalfe Jets roar into 2-1 semi-final series lead

METCALFE — A fourth-place finish in the Metro Division standings didn't deter the fourth-place Metcalfe Jets from soaring into a 2-0 semi-final series lead on the top-ranked Clarence Beavers.

The Beavers (30-8-3) finished the regular Metro-Valley Conference season with 64 points, 30 more than Metcalfe's (15-2-3) 34 but were felled 5-4 in OT in the opener (Wed., Feb. 16) and 4-3 in double OT in game two (Fri., Feb. 18). However, the division leaders regained their composure and shot down the Jets 6-2 in game three on Sunday (Feb. 20).

The Jets are hosting game four Friday (Feb. 25) at the Larry Robinson Arena when will try to widen their series lead to 3-1 with a victory.

Metcalfe claimed the fourth and final playoff berth with a 3-2 win over the Beavers on Fri., Feb. 11.

Roger Thibault, Metcalfe GM, reported that the club was well represented at the annual Metro-Valley All-Star event in Arnprior on Sat., Feb. 12 with 10 players in the prospects' game and three in the veterans' game. The Jets also had head coach Andrew Scott named the Coach of the Year at the banquet that day.

Game one

Russell Hinch used a pass provided by Kyle Downey at 1:17 of overtime to lift the Jets to a 5-4 win over the Beavers in Clarence Creek in game one.

Matt Caza, Eric Witzel and Brett Nooyen counted Metcalfe's goals as they took a 4-3 lead in the opening 20 minutes. Scott Flemming scored in period two that ended in a 4-4 tie. The final frame was scoreless.

Downey (3), Dustin Wichers (2), Scott Flemming, Peter Killen, Ryan Pike and Hinch collected assists. Ryan Mulder was the winning 'tender. Clarence outshot the Jets 40-33.

Game two

Devin Desnoyers was the Jets' hero in game two in Metcalfe, cracking a feed sent to him by Matt Caza and Brett Nooyen into the Beavers cage at 12:48 of the second period of OT.

Kale Gulliver, put the Jets on the board in the opening frame, scoring from Brad Argo. Clarence led 3-1 after 40 minutes but Metcalfe rallied with third-period markers by Caza (PPG from Nooyen and Pike at 10:24) and Witzel (PPG from Pike and Nooyen at 19:45).

The Beavers outshot the Jets 66-47 but only put three shots behind winning 'tender Mulder.

Game three

Third period goals by Phillippe Patry (2), Pascal Brisson and Sebastien Dion broke up a 2-2 tie and sent the home town Beavers to a 6-2 win in Sunday's third game.

Chad Millett and Desnoyers were the Metcalfe marksmen. Jamie Quinn, Dustin Wichers, Nooyen and Hinch picked up the assists. Mulder suffered his first setback. Metcalfe was outshot 41-36.

Hawks

• continued from page 13

Game two

Winchester skated into a 4-0 lead, backed by Laderoute's stellar goaltending, and won game two on home ice 4-1.

TJ Dorn (PPG from Walker and Burge at 1:32) gave the Hawks an early 1-0 lead. Brodie Boulanger (unassisted) made it 2-1 on a nifty steal and deke at 8:54.

Period two was scoreless.

Mack Weegar (from Dorn at 3:07) and Boulanger (PPG from Barbier and Jordan Moran at 15:29) expanded Winchester's lead to 4-0 in the final frame.

Alex McMillan (unassisted) then ruined Laderoute's shutout at the 16:08 mark.

The Hawks outshot Alexandria 44-39 and cashed in two PPGs in nine attempts. The Glens went zero for nine.

Game three

Game three was tied 1-1 after 20 minutes and 2-2 after two periods. Winchester took a 3-2 lead at 15:29 of the final frame only to have the Glens' J.F. Dubois tie it 3-3 at 2:08 before the final buzzer to send it to a 10 minute period of OT.

The game then went to a 20 minute period of OT which ended in the Hawks favour when Michael Evelyn cashed in a feed from Boulanger and Weegar with 2:27 left on the clock. Evelyn's tally gave the Hawks a 4-3 win and a 3-0 series lead.

Shane Kitchen opened up a 1-0 lead for the Glens at 18:39 and Chessell (from Moran) quickly tied it up at 19:26 of period one.

Boulanger (from Evelyn at 13:43) handed the Hawks a 2-1 edge netting his third goal in three games only to have Leo McLean knot the count 2-2 at 18:37.

Dickenson (from Loyst at 15:39) put the Hawks up 3-2 but once again the Glens responded with Dubois tying tally.

The Glens outshot the Hawks 50-48. Neither squad recorded a PPG in a total of 21 tries.



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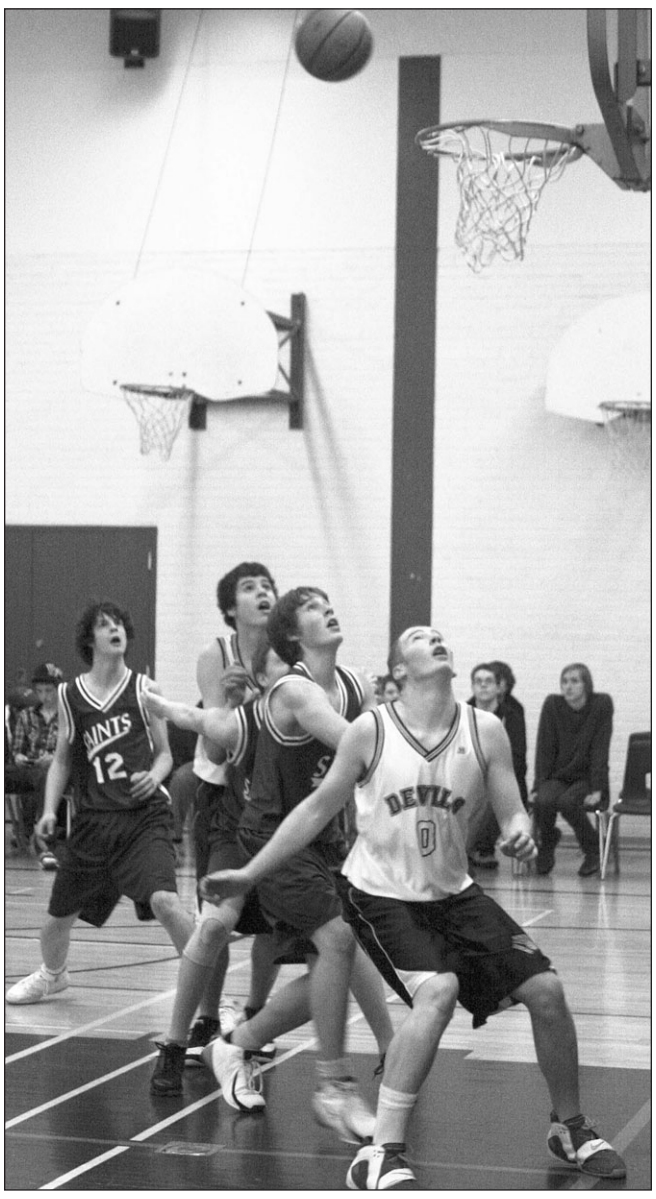
La Citadelle nips Junior Devils 49-45 in gold-medal match







The North Dundas District High School (NDDHS) Devils junior boys basketball team registered a convincing 63-21 victory over the St. Lawrence Saints during the SD&G "AA" basketball semi-final game on Wed., Feb. 16. The win advanced the team to the final match against La Citadelle in Cornwall on Fri., Feb. 18. Unfortunately for the local squad, the city school edged out a 49-45 victory. Schmidtke (photo at left) continually set up shop under the opposing team's basket. Head coach Deanna Corbett-White (centre photo) worked to rally her troops prior to the semi-final match against St. Lawrence. Following her speech, Wes Schmidtke (photo at right) went out and won the game opening jump ball. *Press Photos – Uhrig*

MAPLE RIDGE — Wes Schmidtke threw down a career high 29 points but his powerful effort wasn't enough to net the North Dundas District High School Junior Devils the 2010-2011 SD&G "AA" basketball championship.

North Dundas coach Deanna Corbett-White described Schmidtke as a monster on the boards and was dominate on both offence and defence.

"Wes was definitely the player of the game for either side — he finished with a game high and career best 29 points," said the coach following a 49-45 loss to the host La Citadelle Patriotes last week (Fri., Feb. 18).

The Devils were down 26-20 to La Citadelle at the half in the championship match dand got off to a rough start in the third quarter when the Pats went on a 5-0 run and opened up an 11-point lead.

The coach said she called a time out, made a few subs, settled the team down and finished the third down by five (38-33).

Bruce Bufton came off the bench and hit a three and a lay up to put the Devils back in the game.

"The fourth quarter was all ours — we kept feeding the post and Wes did a fantastic job pinning his man and getting open and the guards did a great job of getting him the ball," she said. "We were right in it, down by four with a minute to go and had our chances to tie it up but couldn't capitalize."

Bufton (7), Robbie Kerr (5), and Cory Vandemheen (5) supplied the other North Dundas points.

Christophe Assi was the top Pats shooter hitting for 17 points.

Semi-final

The Devils qualified for the title match by eliminating the St. Lawrence Saints 63-21 at North Dundas on Wed., Feb. 16.

North Dundas outscored the Saints 44-7 in the second half en route to their victory.

Kerr led the second half charge with 13 points and finished the day with 20.

Schmidtke blocked six shots and drained 22 points. Kerr (20), Evan Corbett-White (8 - two treys), Vandemheen (8), Jordan Markwell (4), Devin Boje (2) and Bufton (2) contributed to the win.

Lancers pierce Devils, claim 'AA' basketball championship title

MAPLE RIDGE — There wasn't any home court advantage for the North Dundas District High School Senior Devils when it came to playing the R/O Lancers.

The visitors from Ingleside defeated the host Devils 41-32 on their home hardwood last week (Fri., Feb. 18) to become the 2010-2011 SD&G "AA" basketball champions.

North Dundas coach Rory Blackadder pointed out that the two schools met six times during the season and the road team won every game.

"We won four times at R/O and they [Lancers] won two, including the final at North Dundas," said the coach.

Blackadder said he was disappointed with the outcome of the title match but was extremely proud of what the team accomplished.

"We finished first in the "AA" division, second overall in the league behind SJSS, went 6-2 in league play beat CCVS (AAA) by four points, won a tournament and went 6-3 in tournament play this year," he said.

The Devils coach congratulated R/O, who he said played a tough game and were the better team in the final.

The Devils trailed the Lancers by two at the half. R/O shot well from three-point territory in the third and took an eight-point lead.

"With three minutes left in the game we started to foul and took possession of the ball but just couldn't seem to put the ball in the hoop. We had a lot of quality scoring chances and open looks but failed to finish our shots," said the coach.

Alex dePaiva led the North Dundas offence with 11 points. "Air" Jordan Havekes drained seven.





NDDHS beats Seaway in rivalry match

MORRISBURG — The Morrisburg Arena was the scene for the final clash between the Blue Devils and Spartans.

Following a pair of losses in Chesterville on Thurs., Feb. 3, the Seaway Spartans boys and girls hockey teams were looking to exact some revenge on their foes, the North Dundas District High School (NDDHS) Devils in the final instalment of the Dundas Cup on Fri., Feb. 18.

NDDHS' female representatives left Morrisburg with heavy hearts after losing 3-1 to their Seaway rivals. However, the boys bested their Spartan counterparts by a score of 4-0.

The single win by the boys meant an overall victory for NDDHS. Respective 4-0 and 9-0 whitewashings by the NDDHS boys and girls squads on Feb. 3 gave the school a two games to none advantage going into the Feb. 18 games.

In the end, NDDHS prevailed by a three games to one count, en route to their first ever Dundas Cup victory.



South Dundas Mayor Steven Byvelds dropped the puck to officially launch the game. NDDHS player Bailey Milne (right) and opponent Kristina Swank faced off.



Seaway girls celebrating a 2-1 lead.



NDDHS coach Mike Deighton giving a pep talk.

Press Photos — Smith-Millar



Bantam 'C' Lions

The Dundas Bantam "C" Lions competitive girls hockey team competed in the Heartbreaker Cup tournament in Alexandria (Feb. 13 and 14) where they took on the Glengarry Highlanders and Cornwall Black teams. The Lions defeated the Highlanders 1-0 in a shootout in the semi-final and qualified for the championship game only to lose 2-0 to Cornwall. The 2010-2011 Dundas Lions are: front (left) - Ally Weegar, Anna Stubbings, Laura van Kessel, Marcy Smith, Molly Garlough; back (left) - Katherine Flury, Emma Pintal, Casey McNairn, Jenna Thompson, Melissa Stevens, Janis Hall. Missing: Brooke and Taylor Cummins and Chelsey Romans.

Demons eliminate Panthers in two games

KEMPTVILLE — Curtis Bell blasted in six goals and led the North Dundas Novice House "C2" Demons to an 8-1 victory over the host Kemptville "C2" Panthers.

Sunday's (Feb. 20) decision eliminated the Panthers and advanced the Demons to the next round of the Upper Canada Minor Hockey League playoffs.

Kemptville won its series between the number eight and nine seeds for the right to challenge the first-place Demons (22-1-1). North Dundas is now waiting for its next opponent.

Bell rang up his first two goals in the opening frame, scoring from Amanda Shay at 8:55 and shorthanded (unassisted) at 1:22. Kemptville counted its only marker at the 6:10 mark.

Bell (unassisted) and Jaymen Heuff (unassisted) connected in the second and opened up a 4-1 lead.

Bell continued to dent twine in the final frame, netting markers after taking passes from Shelby Liezert and Maxime Paquette at 7:07, from Shay at 6:11 and a third time at 4:47 when Owen Carkner-Pocock and Curtis Bowman provided the pass. Bowman (unassisted) made it 8-1, counting his goal 13 seconds before the final buzzer. Liam Antille missed the shutout by a goal.

Game one

The series opened in Chesterville on Thurs., Feb. 17 with the Demons posting a 5-1 victory.

The opening stanza was scoreless and North Dundas carried a 2-1 advantage into the third period.

Bell finished a play set up by Bowman and Shelby Liezert into the game-winning goal with 1:59 remaining in period two.

Bell (2-2-4), Bowman (1-2-3), Heuff (1-1-2), Mason Carr (1-0-1), and Liezert produced the offence. Antille worked the nets and posted the win.

Winchester Town League Hockey

McLean Flyers top Has Beens, secure second place in WTHL

WINCHESTER — The McLean Flyers scored early and often en route to an 8-3 victory over the Has Beens during the latest Winchester Town Hockey League action on Tues., Feb. 15.

Adam Guy put the first three Flyers goals on the board in the opening period. Travis Froats and Josh McLean followed Guy's trifecta, adding individual markers. Assists in the first session were registered by Travis Froats (2) and Travis Rowe.

Darrell Moore was the lone Has Beens marksmen in the first period, registering an unassisted marker.

The Flyers began the second period as they left off the first, scoring three more goals before the time on the clock expired. Josh McLean, Troy McNaughton, and Rowe were the goal scorers, while assists went to Scott Baldwin and Guy (2).

Brad Johnston and Kyle Dearing added two more goals for the Beens, but three goals would be all the scoring done by the squad.

With the win, the Flyers improved their record to 11-9-1, while the Beens fell to 10-11-0.

Green Berets 6 - Maulers 5

The Chesterville Maulers locked up first place in the league standings a few weeks ago, but have played sub-par hockey since that time.

Another slow start cost the Maulers a victory over the Green Berets in the second game of the Feb. 15 double dip.

Mike Thompson scored his first of three goals for the Berets at the 13:26 mark of the first period, and was quickly followed up by Will McLean. Assists went to Aron Sherrer and Robyn Sadler.

The lone first period goal for the Maulers was scored by Kelly Beckstead, assisted by Justin Morozuk.

In the second half, Tyler Jones added two of his game high four goals (with assists by Trevor Gilmer and Beckstead), while the Berets countered with two more goals from Thompson (assisted by Will McLean and Christophersen).

Jones registered two goals in the third period (assisted by Rob Thurler, Morozuk, and Beckstead), but two more Berets goals, scored by Trevor Morozuk, assisted by Christophersen and Sadler, and Sadler, assisted by Morozuk, ensured the team a victory over the Maulers.

The Maulers finish the season with a 12-6-3 record, good enough for first place, while the Berets sit in the league's basement at 6-13-2.

Post season action

The semi-final round of the WTHL playoffs began after press time on Tues., Feb. 22. The league leading Chesterville Maulers were scheduled to face the Green Berets at 8:30 pm, while the McLean Flyers were to do battle with the Has Beens at 9:30 pm.

The Melvin Cup final is set for Tues., March 8.

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Blues undefeated after two round robin games

WINCHESTER — Backed by player of the game award winner Carrie McCadden the Annable's Jewellery Blues doubled the Cooper Physio Pinks 2-1 and moved into first place in the Winchester District Ladies Hockey League round-robin standings.

Jada McNaughton used a feed from Amy Darling to give the undefeated Blues (2-0-0) a 1-0 lead at 15:45 of the first half. Sarah Grady expanded the difference to 2-0 when she scored from Kelly Francis and Amy Fraser 31 second before the half ended.

Kelly Zeran converted a pass from Tabitha Derue into the Pinks (1-1-0) only marker with 15 seconds left in the 9 am game.

The number-two ranked CountryGirls (1-0-1) got a pair of goals from player of the game Kaila Beckstead in their 3-0 decision over the WS Trucking Company (0-2-0) in the 8 am match. Sonia Clement recorded the game-winning marker finishing a play set up by Edithe Rivet and Vania Boulet at 9:22 of the first half. Beckstead made it 2-0 with help from Nancy Nicolaassen at 3:59 of the same frame and made it a 3-0 final scoring from Boulet and Clement with 12:35 left in the game.

Andy's Reds (1-1-0) bounced back into the win column whitewashing the Double Beauty Stylists 3-0 in the 10 am match. Kaitlyn Hay notched the game winner burying a relay from Trish Leduc and Joanna Gilmer at 14:55 of the first half. The Reds carried a 2-0 lead into the second session.

Leduc (1-2-3), Hay (1-1-2), Joanna Gilmer (1-1-2) and Amanda Rylaarsdam (1-1-2) did the scoring. Jenna James posted the shutout and Meghan Gilmer was named the player of the game.

First round action

During the first round of playoff action on Sun., Feb. 13, the Cooper Physio Pinks went head-to-head with Andy's Foodland Reds in the 8 am encounter and posted a 4-2 win. The Double Beauty Stylists battled the Country Girls to a 1-1 draw at 9 am. The Annable's Jewellery Blues blanked the WS Trucking Company 3-0 in the 10 am contest.

The Pinks hit the scoreboard first, en route to their 4-2 win. Christina Lukyx (player of the game) found the back of the Reds cage at the 16:13 mark in the first period.

Scoring didn't continue until the second period when Lukyx added two more markers to complete the hat trick, while Tabitha Derue also found her way onto the scoresheet. Kelly Zeran, Marilyn Wade, and Lukyx counted the assists. The Reds only managed two goals, with Lisa Brunet and Joanna Gilmer hitting the mark. Assists went to Kaitlyn Hay and Janice Casselman.

In the Stylists versus Country Girls affairs, the two teams battled to a 1-1 draw. Edith Dagenais (player of the game), with an assist by Isabelle Dagenais, was the Stylists goal scorer, while Vania Boulet, assisted by Lindsay Coleman, hit the board for the CountryGirls.

It was a 3-0 romp by the Blues in their contest with WS Trucking. Amy Fraser scored once, while Margaret Berry (player of the game) added two to help their team to a win. Assists went to Amy Darling (2), Emma Guy, Kathy Kerr, and Fraser.



Reds rule

Andy's Foodland Reds claimed the 2010-2011 Winchester District Ladies Hockey League regular-season championship, compiling a 7-3-6 record. They currently have one win and one loss in two post-season games. The pennant winners are: front (left) - Colette Moulton, Kaitlyn Hay, Jenna James, Janice Casselman, Trisha Leduc; back (left) - Barry Casselman - coach, Marjorie Acres, Joanna Gilmer, Meghan Gilmer, Amanda Rylaarsdam and Jill Kirkwood. Missing: Lana Begg, Lisa Brunet, Heather McDiarmid and Kristine McNamara. Press Photo — Van Bridger

SPORTS SCOREBOARD

EASTERN ONTARIO JUNIOR HOCKEY LEAGUE

Rideau - St. Lawrence Conference

First-round playoff results
Feb. 15: Athens 8 - Gananoque 1
Westport 7 - Brockville 3
Feb 16: Athens 8 - Gananoque 2
Westport 5 - Brockville 3
Winchester 5 - Alexandria 2
Feb 17: Casselman 11 - Morrisburg 1
Feb 18: Winchester 4 - Alexandria 1
Westport 5 - Brockville 2
Morrisburg 6 - Casselman 4
Feb 19: Winchester 4 - Alexandria 3 (2) OT
Winchester leads series 3-0
Brockville 7 - Westport 6 OT
Westport leads series 3-1
Feb 20: Athens 8 - Gananoque 6
Athens leads series 3-0

FINAL STANDINGS

Rideau	W	L	T	GF	GA	PTS
Athens	38	7	0	279	138	77
Westport	28	18	0	254	183	56
Brockville	15	28	0	158	244	33
Gananoque	15	30	0	167	254	31
S. Grenville	13	31	0	156	244	28
St. Lawrence	**W**	**L**	**T**	**GF**	**GA**	**PTS**
Casselman	35	5	1	256	117	72
Alexandria	29	9	0	195	142	62
Winchester	29	11	1	217	138	60
Morrisburg	14	25	0	168	230	31
Akwesasne	12	24	1	164	218	30
Char-Lan	8	32	0	132	269	18

**Teams losing in OT receive one point*

TOP SCORERS	G	A	PTS
Rideau Division			
Nathan Slack, Athens	39	80	119
Steve Parker, Athens	52	49	101
Ben Blasko, Gan.	34	52	86
Kyle Couvieau, West.	43	34	77
Shane Melcher, West.	34	33	67
Brett Costello, Athens	26	38	64
Dustin Sinclair, West.	25	34	59
Chris Rutley, West.	29	28	57
Max Ming, West.	20	36	56
Cameron McNutt, West.	26	30	56
St. Lawrence Division	**G**	**A**	**PTS**
Curtis Chennette, Cass.	39	59	98
Adam Wensink, Cass.	49	43	92
J.F. Dubois, Alex.	33	44	77
Marcel Groulx, Cass.	26	38	64
Michel Lefebvre, Morris.	36	22	58
Dillan Barr, Akwe.	25	30	55
Grant MacDougall, Cass.	27	27	54
Brett Ashton, Win.	25	27	52
Dominic Coyle, Akwe.	20	32	52
Shane Kitchen, Alex.	28	23	51
Graham Loyst, Win.	20	31	51

Winchester Jr. "B" Hawks Playoff Home Games

Wed., Feb. 23 - 7:30 pm (Game 4)
Fri., Feb. 25 @ *Alexandria* 8 pm (Game 5)
Sat., Feb. 26 - 7:30 pm (Game 6)
Mon., Feb. 28 @ *Alexandria* - 8 pm (Game 7)

Hawks 50/50 Winner
Fri., Feb. 18 - Kim Milne - $2,165

Metro - Valley Conference

First-round playoff results
Feb. 16: Metcalfe 5 - Clarence 4 OT
Feb. 17: Ottawa Jrs. 4 - Ottawa West 3
Ottawa Jrs. lead series 1-0
Almonte 3 - Arnprior 1
Feb. 18: Metcalfe 4 - Clarence 3 (2) OT
Perth 4 - Renfrew 2
Feb. 20: Clarence 6 - Metcalfe 2
Metcalfe leads series 2-1
Arnprior 5 - Almonte 2
Series tied 1-1
Perth 6 - Renfrew 2
Perth leads series 2-0

FINAL STANDINGS

Metro	W	L	T	GF	GA	PTS
Clarence	30	8	3	200	118	64
Ottawa West	27	14	0	198	153	55
Ottawa Jrs.	25	14	2	150	125	53
Metcalfe Jets	15	23	3	124	167	34
Gatineau	14	26	1	138	154	30
Valley	**W**	**L**	**T**	**GF**	**GA**	**PTS**
Perth	30	10	1	199	135	62
Arnprior	21	18	3	176	158	45
Almonte	21	18	2	165	163	45
Renfrew	20	18	4	170	157	44
Stittsville	12	27	1	133	190	27
Shawville	9	30	1	136	238	21

**Teams losing in OT receive one point*

Winchester & District Ladies Hockey League

Second-round playoff results
Feb. 13: Cooper Physio 4 - Andy's Reds 2
Double Beauty 1 - CountryGrils 1
Annable's Blues 3 - WS Trucking 0
Feb. 20: CountryGirls 3 - WS Trucking 0
Annable's Blues 2 - Cooper Physio 1
Andy's Reds 3 - Double Beauty 0

P/O STANDINGS	W	L	T	GF	GA	PTS
Annable's Jewellery	2	0	0	5	1	4
CountryGirls	1	0	1	4	1	3
Cooper Physio	1	1	0	5	4	2
Andy's Reds	1	1	0	5	4	2
Double Beauty	0	1	0	1	4	1
WS Trucking	0	2	0	0	6	0

TOP SCORERS	G	A	PTS
Trisha Leduc, Reds	9	8	17
Sandra Cloutier, WST	11	5	16
Sonia Clement, CG	9	6	15
Kaitlin Hay, DB	3	11	14
Edith Dagenais, DB	7	6	13
Kelly Zeran, Pinks	6	5	11
Joanna Gilmer, Reds	5	6	11
A. Rylaarsdam, Reds	6	4	10
Jada McNaughton, Blues	7	3	10
Stephanie Scott, WST	5	5	10

Winchester Town Hockey League

First-round playoff games
Feb. 22: Maulers vs. Green Berets @ 8:30 pm
Flyers vs. Has Beens @ 9:30 pm
Feb. 15: Green Berets 6 - Maulers 5
Flyers 8 - Has Beens 3

FINAL STANDINGS

	W	L	T	GF	GA	PTS
Maulers	12	6	3	146	108	27
Flyers	11	9	1	141	133	23
Has Beens	10	11	0	119	136	20
Green Berets	6	13	2	114	138	14

TOP SCORERS	G	A	PTS
Nik Paas, MF	45	41	96
Dean Byvelds, HB	33	37	60
Robyn Sadler, GB	27	31	58
Tyler Jones, CM	34	25	59
Trevor Gilmer, CM	31	23	54
Rob Thurler, CM	18	35	53
Chad Valcour, HB	25	21	46
Josh McLean, MF	13	29	42
Scott Baldwin, MF	17	22	39
Will McLean, GB	16	19	35

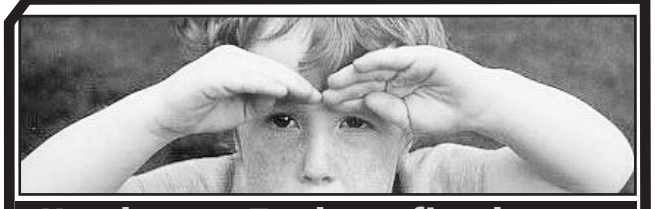


Big 4 winners

The Metcalfe Curling Club was the site of the 2011 "Big 4" curling competition. The event is held each year for curlers 13 years old or younger representing the clubs in Winchester, Morrisburg, Metcalfe and Russell. This Winchester rink skipped by Megan Don (left), and made up of lead Abigail Sloane, vice Rosie Backes and second Kelsey Angel defeated Morrisburg 3-0 in the "A" side final on Sun., Feb. 13. A second Winchester entry lost to Metcalfe in the "B" side final.

www.winchesterpress.on.ca

* FOUND IT! *



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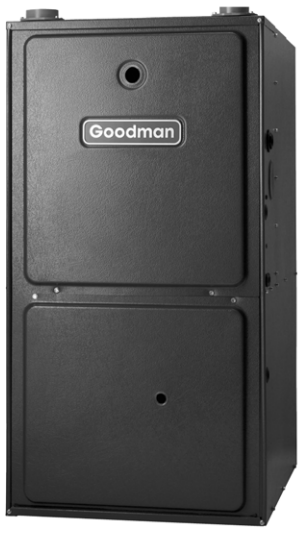

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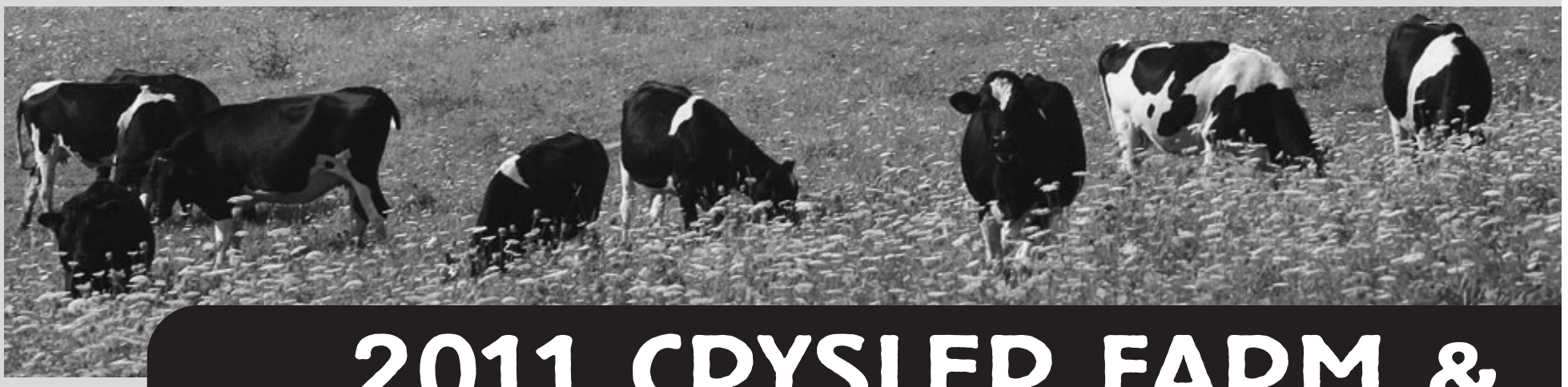

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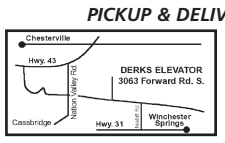

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HELP WANTED – Feed lot help required, every second weekend. Tractor experience necessary. Near Morewood. Call 613-761-2403.
50-52c

HELP WANTED – Automotive Apprentice, first or second year. Please drop off resume to D & J Motors, 12021 Dawley Drive, Winchester. For info call 613-774-2703.
50c

Work Wanted

G & K MOVING
Affordable and reliable, fully insured. Garry 613-821-3555.
43tfc

WORK WANTED – Karl's Moving. Commercial and house moving, local and long hauls in Ontario. Call 613-652-2526.
46tfc

WORK WANTED – STL Home Improvement. Renovations, repairs, additions, painting, flooring, ceramics, decks, plus more! 30 years experience. Free estimates. Quality workmanship. Steven T. Lavigne 613-864-1953
42tfc

For Rent

ROADABLE STORAGE TRAILERS
Dry and watertight. By the week or month. Delivery charge extra. Call Ed Duncan 613-989-2838.
19tfc

FOR RENT – Heated office and/or commercial space in Dixons Corners. Please call 613-535-2446 for details.
27tfc

FOR RENT – Heated storage space in Dixons Corners. Please call 613-535-2446 for details. 27tfc

Accommodation

FOR RENT – 2-bedroom apartment in South Mountain, $650 heat included. Fireplace plus laundry facilities. No pets. Call 613-989-2103 or 613-798-3257.
28tfc

FOR RENT – Charming Historic, 511 Church, Winchester. 1-bedroom with 2-car parking. $660 per month, not inclusive. Call John 613-448-1144.
47-50

FOR RENT – 2-bedroom main floor apartment south of Chesterville. $600 heated, large yard. No pets please. Available April 1. 613-774-3408, 613-220-1936.
47tfc

FOR RENT – Immaculate 5-bedroom house in Vernon. No smoking. 2 bathrooms, 3/4 acre landscaped lot, finished basement with propane fireplace. $1,495 per month plus utilities. Available Feb. 15. References and credit will be checked. Call Tom 613-821-3057 or zrtcat@yahoo.ca
49-51c

FOR RENT – 2-bedroom apartment in Winchester to Sublet. Bright and sunny southern exposure, [illegible] storage space, [illegible] laundry, parking included. Available immediately, $675 monthly. 613-774-2130.
RENTED
49-51

PARK PLACE
2-bedroom apartment, fridge and stove, washer and dryer. No smoking. No pets. Phone 613-774-3849.
49tfc

FOR RENT – Bachelor apartment in Metcalfe. Deck, backyard, brand new fridge and stove. Includes parking, all utilities and high speed internet. $700. First and last months rent required. Available April 1. Non-smokers and no pets please. Call 613-821-3345.
49tfc

WANTED TO RENT – Having sold our home in Morewood, we are looking for a 3 or 4 bedroom home to rent in Winchester or area by April 1. Bungalow preferred. References available from respected local people. Phone 613-448-1810.
49-52c

For Sale

Photographs appearing in the Winchester Press are available in colour. They must be prepaid when ordered and can be paid for by VISA or MasterCard. Order at the Winchester Press office, 545 St. Lawrence Street, Winchester, or phone 613-774-2524.
7stf

FOR SALE – Two storey commercial property at 505 Church St., Winchester. Please call 613-932-6300 to arrange viewing.
19tfc

FOR SALE – New potatoes: Kennebec white and Red Chieftain, 15 lbs for $5 at the Country Kitchen Restaurant, Winchester.
23tfc

WE WILL PAY THE TAX
2011 MONTH OF FEBRUARY
WINTER PROMOTION
White outdoor walk-behind snowblower 0% for 12 months OAC. Monthly payments starting at $89. Topline Trailers, 613-774-0992.
48-50c

For Sale

FOR SALE – TDX5 Invocare power wheel chair with charger, 2 new gel batteries, and a new 18" Roho cushion. Price new $10,572.43 asking $1,795 or best offer. Also a Carrette scooter with all new tires and battery $500. Phone 613-821-2374.
49-50

Automotive

VEHICLE FOR SALE – Credit problem! In-house finance is easy, just apply online and become pre-approved. For clean low mileage vehicles. www.car-o-line.com or call Car-o-line Autos at 1-877-820-5598 or 613-448-2488.
9tfc

FOR SALE – Exhaust pipe and muffler, fits 2002-2005 Dodge Ram. Used only 2 months, just like new. $200. Call 613-774-2879.
46stf

FOR SALE – Chrome bug deflector, fits 2002-2005 Dodge Ram truck. In excellent condition. $150. Phone 613-774-2879.
46stf

Farm

WANTED TO RENT – Hay or crop land. Call 613-448-3454.
50-52

WANTED – Pasture to rent. Call 613-448-3454.
50-52

What are you paying for corn seed?
Try DeDell. Great corn at a great price, $134 per bag then discounts. No B.T., No Bull. John Cinnamon 613-774-2486. Website: farmerjohnfromcloverdale.
50-2c

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.
15tfc

FOR SALE – Electrolux central vacs; accessory kits; Proline uprights; canister vacuums, new or reconditioned, complete repairs or parts available. Same day service. Free Estimates. Pick up available. Call Ray 613-802-4477 or 613-652-6279.
48-51

FOR SALE – Sofa: 3-seater, beige floral, wood down arms and around bottom, 3 years old, no smoking or pets. Must be seen. Asking $150. 613-774-5332.
SOLD
50-51

Card of Thanks

CARD OF THANKS – Thank you to family, friends and neighbours who brought food to us, sent cards and expressions of sympathy, for the late Fraser Cooper. Thanks to Dr. Merrett for the wonderful care, and to the ambulance attendants, fire and police that came to our house. Special thanks to Al Micus for the beautiful service, and to the organist Helen Parsons for the lovely music.
– Patsy Craig and Family 50

In Memoriam

BELANGER – In memory of our loving parents and grandparents, Rose who passed away February 24, 1995, and Eugene, April 23, 1987.
We miss you dear parents
And always will.
Deep in our hearts
You are both with us still.
You shared our hopes,
Our joys, our tears.
We thank you dear parents,
For those wonderful years
We had together as one large family.
– Forever loved and remembered by your children
– Edna, Rita, Sandra, Gerald, Leonard, Donald, and families
50

SIMSER – In memory of Donald, who passed away 13 years ago February 28, 1998.
We remember everything about you.
Your voice, your smile, your touch,
The way you walked, the way you talked.
We say your name,
But all we have is a picture in a frame.
– Love, Betty, Howard, Drew and April Merkley; Penny and Ken Racine
50

MEARS – In memory of Thomas A., February 27, 2009.
God called you home so softly
That only you could hear.
We did not hear the footsteps
Of Angels drawing near.
Guardian Angel,
Take a message please
To heaven up above,
Tell Tom how we miss him
And give him all our love.
"May God be gracious to our precious Tom".
Our prayers and love.....
Till the end of time.
– Bernie, Lynda, Colleen, Tommy, Ann, Margaret, Robin and family
50

Coming Events

WINCHESTER LIONS CLUB
515 Albert St., 613-774-2630
BINGO
Every Monday
HALL RENTAL
THRIFT STORE
Main St., Winchester
OPEN
Monday - Friday 9 am-3 pm;
Saturday 9 am- noon
18tfc

HAVING A PARTY?
Large rooms for rent, with seating for 45-50 and kitchen, for weddings, family gatherings, seminars, and other occasions. Gym with stage for larger groups. Also available a "Kids Party Room", with or without Party Planning. You can also rent a combination of rooms for a combined price at DC Community Centre, Dixons Corners. For details call 613-652-4702.
27tfc

MOVIE NIGHT
Catch the big screen! **Sat., Feb. 26**, 4 pm, 6pm and 8pm in Winchester's Old Town Hall. Listings: "North Dundas Theatre" Facebook page or call 613-774-2105, ext 400. Admission $5. "Loonie" Snack Bar. Sponsored by the North Dundas Movie Committee. Big screen, small prices.
49tfc

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APPLE PRODUCTS & GIFTWARE
Smyth's
APPLE ORCHARDS DUNDELA
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613-652-2477
OPEN 7 DAYS A WEEK TILL APRIL
www.smythsappleorchard.ca

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BASKETS AND MORE
Yes, we're open for business!
NOW OPEN LATE
Thursday & Friday till 6 pm
493B Main St., Winchester
613-774-2758/BSKT

Winchester Press Classified Advertising Rates

All Classified Advertising Payable In Advance

30 cents per word, $8.00 minimum

Classifieds will be accepted by telephone but must be paid by 5 pm Monday, for publication on Wednesday

MasterCard VISA
613-774-2524 Fax 774-3967
E-mail: advert@winchesterpress.on.ca

DEADLINE for **Classified Ads:** Monday at 4 pm
DEADLINE for **Display Advertising:** Friday at 4 pm

Coming Events

FUN RUN
Nation Valley
All-Terrain Vehicle Club Inc.
Sat., March 5. Registration from 8:30-9:30 am. Departure from Winchester Service Station, 1273 County Road 38 (St. Lawrence St), Winchester. www.nvatvc.org. Ride starts at 9:30 am, return to service station by 5 pm. Registration Fee: $15. Food and drink provided by Winchester Heelers. All proceeds for Breast Cancer. Questions: Theo Janssen 613-989-5580 or tjanssendcatv@yahoo.ca
49-51c

SNOWBALL FUN-RAISER TOURNAMENT
Snow Soccer Baseball
Sat., March 5, Winchester Ball Diamonds. First 12 teams accepted. Help us raise money for local resident Emily Wicks. She is one of few Ottawa U students chosen to study in Ecuador. Information contact: Chantale 613-219-9900, Sara 613-864-3146. Deadline February 25, 2011.
49-50c

HUNTER SAFETY & CANADIAN FIREARMS SAFETY COURSE
March 3, 4, and 5 at Metcalfe. To register call Dave Arbour, 613-257-7489 or www.valleysportsmanshow.com
49-50

DUNDAS HOLSTEIN CLUB OPEN BARN RALLY
Sat., Feb. 26, from 10 am-3 pm. Visit **Harmony View Farms**: Evan and Jackie Porteous, 12156 Ormond Road; **Big Horn:** Andy and Ruth Puenter, 13081 River Road; and **Brugline Farms Ltd.**: Garry Brugmans, 13254 Nation Valley Road.
49-50c

4th ANNUAL CROKINOLE TOURNAMENT
Sat., Feb., 26 at Osgoode Township Historical Society and Museum, 7814 Lawrence Street, Vernon from 10 am-4 pm. $10 per person. Trophies are prizes! For registration contact Kristie Bredfeldt, Assistant Museum Manager 613-821-4062; othsm2@hotmail.ca
(If you contact by e-mail, please include your name, team-mates's names, and phone number).
49-50c

SHROVE TUESDAY PANCAKE SUPPER
Williamsburg United Church
Tues., March 8, beginning at 5 pm. Pancakes, sausages, syrup, butter, dessert, coffee, tea or juice. Adults, $6; children, $3.
50-51

EUCHRE NIGHT
Winchester Springs Recreation Hall, Sat., Feb. 26, 7:30 pm. $5 per person. Prizes. Everyone welcome. Information 613-774-3408.
50c

ANNUAL GENERAL MEETING
Dundas County 4-H Association
Will be held on Thurs., March 10, 7:30 pm at the Winchester Presbyterian Church. All 4-H volunteers please attend. **Mark Your Calendar:** Our 4-H Club information and sign-up night will be March 28th with a fun night of curling. More details to follow in March.
50

ANNUAL MEETING
Dundas County Food Bank
Will be held on Mon., Feb. 28 at 7:30 pm, in Williamsburg at the Seniors' Support Centre on Villa Drive.
50c

TAGWI'S 9th ANNUAL SPAGHETTI DINNER AND SILENT AUCTION
Will be held on Thurs., March 3rd from 4-8 pm at Tagwi Secondary School. All proceeds to help with bursaries for the graduating class of 2011. Tickets are available at the Scotiabank in Avonmore, or at the door. Everyone welcome.
50

HOUSE OF LAZARUS
Feb. 22-26: Donna's Draw Your Own Discount Tableware Sale (in the household goods store). **Feb. 24-26:** 70% off white tag clothing (men's, women's and children's). 2245 Simms Road, Mountain, 613-989-3830.
50c

TIMOTHY CHRISTIAN SCHOOL BAZAAR
Sat., March 5, 10 am-2 pm, Matilda Hall, 4421 Brinston Road (County Road 16). Dessert and coffee served all day. Hot lunch, silent auction, baked goods, crafts, and much more. Games for all ages.
50-51c

Coming Events

BOOK YOUR PARTY NOW!
Winchester Curling Club. LLBO licenced for 130 people. Kitchen and 3 sheets of ice also available. Louis Gaal 613-774-6628.
50c

PANCAKE SUPPER
SHROVE TUESDAY
March 8, Lions Hall, Winchester, 5-7 pm. Homemade beans, pancakes, ham and dessert. $7 per person or family $25. Sponsored by the Anglican Church.
50-51c

Auction Sales

AUCTION SALE
ANTIQUES, COLLECTIBLES, ROYAL DOULTON FIGURINES, QUALITY GLASSWARE, HOUSEHOLD FURNITURE, QUILTS, TOOLS, AND MISCELLANEOUS ARTICLES
In the Vernon Recreational Centre, Vernon, Ontario. Turn east on Lawrence St., 1/2 mile, just off Bank Street (formerly Highway 31), approximately 20 miles south of Ottawa. Watch for Auction Signs.
SATURDAY, MARCH 5
commencing at 10 am
(viewing from 8:30 am)
Come and be part of it all, an excellent selection of antiques, collectibles, glassware, tools and contemporary furniture, as well as qualified and helpful staff, and homemade refreshments. The total auction experience!
Antiques: Hall stand with mirror; extension table; 5 pressback chairs; sideboard; fancy oak mission-style desk with 2 drawers, unique; curio cabinet; fireside bench; beautiful parlour, magazine and occasional tables; nice oak entry chair; oak church pew; cedar chest; washstands; highboy dresser; dressers with mirrors; 4 oak T-back chairs; rocking chair; sewing stand; small tables such as 1/2 moon, etc; library table; 2 piano stools; fancy chair; china cabinet; fancy telephone table and chair; vanity; buffet; other quality antique furniture; assorted contemporary living room and bedroom furniture.
Royal Doultons: "Chelsea-Kathryn" HN4040; "Centre Stage" HN3861; "Lorna" HN2311; "Stephanie" HN2807; "Owd Willum" HN2042; "Appaloosa Horse" RDA32.
Glassware: Point A Lemain-Royal Dux; several Hummels; Beswick beer stein; nice collection of cranberry glass and crystal; assorted carnival pieces; depression glass; Wedgewood pieces; Chintz; Beswick border collie; Occupied Japan cream and sugar; milk glass.
Collectibles: Hanging hall oil lamp; oil lamps; lanterns; railroad lantern; CNR shovel; early 1950s garden cart; ship's lantern; bridge lamp; Toledo store scales; crocks; copper boiler; oil cans; milk bottles, some with names; wooden shovel; snowshoes; advertising boxes; marbles; washboard; piece of stain glass; miniature trunk; 2 ERTL toy tractors, IH and AC; pictures and frames; 10 new quilts, adult and child sizes; Elgin pocket watch; signed broad axe; Aladdin lamp; bull's eye lamp; Grenville Plowman's trophy 1923; 2-handled saw; Crown Devin Daisy Bell picture; thimble collection; Toronto Maple Leafs memorabilia; clay pipe, never used, England, John Pollack and Co. character King George V.
Tools: Mastercraft 2-tier mechanic's tool chest, like new; band saw; table saw; Craftsman wet sharp machine; socket sets; open end wrenches; punches and chisels; drill bit sets; tap and die sets; torque wrench; ratchet sets; file sets; pliers and screw drivers of all kinds; hammers; 2 bench grinders; C-clamps; 5"x10" electric grind stone; DeVilbiss oil spray gun; other unlisted tools; lawn mower; many other assorted items.
Auctioneers not responsible for accidents.
Refreshments Available
TERMS
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50-51c

Auction Sales

LARGE ESTATE AUCTION SALE
EXCELLENT ASSORTMENT OF ANTIQUE FURNISHINGS, COLLECTIBLES, ART WORK, MODERN HOUSEHOLD EFFECTS
To be held at our facility, 15093 County Road 18 east of Osnabruck Centre. From Highway 401 take Ingleside exit #770 Dickinson Drive, travel north on Dickinson Drive approximately 1-1/2 km to Osnabruck Centre, turn east on to County Road 18 and travel 1/2 km.
SATURDAY, FEBRUARY 26
commencing at 9:30 am
Antique Furnishings: 2 flat-front china cabinets; burled walnut bonnet chest; early pine rope bed; 6-piece settee set; several early rocking chairs; round dining table with 4 music-back chairs; spool bed; sideboard; several nice parlour tables; whatnot; East Lake style desk; wicker pieces; record cabinet; various trunks and blanket boxes; small curio cabinet; and much more.
Collectibles: Antique clocks including oak mantel Arthur Pequegnat, Westinghouse Grandmother, and others; carved ducks; 2 violins; various oil lamps; crocks and jugs; costume jewellery; several pieces of early cast iron; 2 C.P.R. lamps; white metal C.P.R. plaque signed The Royal Hudson 1939; 3 sets of scales including 2 miniatures and a set of Fairbanks hardware scales; several tin toys; various pieces of early advertising; hardcover books; early wicker baby pram, excellent condition; 2 G.I. Joes in case, excellent condition; Stanley #45 wood plane with attachments; postcards; stereo scopes; stain glass; over 50 paintings, pictures, and prints including a large oil on canvas of buck deer by Ben Babelowsky, several pen and ink sketchings of various Brockville scenes signed Gilder (done in 1970s), Kiersteads, and many many more signed paintings and prints; folk art carvings, some by Quebec carver P.E. Caron including beautiful lamp, delft blue coffee grinder; large quantity of quality glass and china including 3 early rare rare rare Canadian sports scene plates signed J.M. & C, depression, carnival, Royal Dux, Beswick, cranberry, Hobnail, crystal, Wedgewood, and much more.
Modern Items: Kenmore Elite stainless steel fridge (all fridge, like new); small apartment size freezer; Sharp 62" flat screen TV, 6 months old; 2 nice oak glider rockers; 2 pine repro cupboards, nice; barstools; bookcases, and more. Many other articles too numerous to mention.
Note: Due to the quantity of collectibles and lack of table space, there are many box lots of great value. Plan to attend for this is definitely an auction for everyone.
Owner and Auctioneer not responsible for loss or accident.
TERMS
Cash of Cheque with Proper I.D.
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To Settle the Estates of the late B. McBain of Ottawa and the late M. Abraham of Brockville
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Marriage Enrichment Seminar
Saturday, March 5
Speakers:
Rev. Larry & Sharon Hart
Location: **Winchelsea Farm**
Time: **10 am-3 pm**
Cost: $50/couple, lunch included
Child care available upon request
Pre-registration only
To register contact
Harmony Church
613-774-5170 or e-mail:
harmonychurch@bellnet.ca

TOWNSHIP OF SOUTH DUNDAS
Township of South Dundas
PUBLIC NOTICE
The regular council meetings for the month of March will be:
Tues., March 8, 2011
and
Tues., March 22, 2011
at **7:00 pm**.
EVERYONE WELCOME
Brenda M. Brunt, A.M.C.T.
Clerk

NOW HIRING!
Mechanic and/or Mechanic's Helper
for highway truck and trailer repair
FULL TIME WORK
Please fax resume to:
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HELP WANTED
Hillcrest Manor
is looking for a mature, reliable, responsible and caring person for cooking, cleaning and assisting seniors
Call for an appointment:
613-774-3391

The St. Lawrence Parks Commission
Upper Canada Village (11 Km East Of Morrisburg)
Available Employment Opportunities
- Assistant Bakery Interpreter
- Children's Program Officer
- Collections and Library Technician
- Domestic Interpreters
- Interprepter, Woollen Mill
- Interpreters, Cook's Tavern and Livery
- Tavern Keeper
- Training and Research Officer

Parks of the St. Lawrence
THE ST. LAWRENCE PARKS COMMISSION
AN AGENCY OF THE GOVERNMENT OF ONTARIO
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Parks.on.ca

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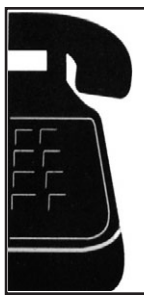

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- We carry telephones for the visual and hearing impaired; Vista 200, 350 and 390 telephones, etc.
- Phone wires, computer wires, jacks, miscellaneous business and residential telephone equipment installed and repaired

Phone 613-774-2860

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Belle Flower Gifts
TAX-FREE WEEKENDS IN FEBRUARY Save 13%*
* Excludes lamps and Kameleon jewellery
Our prices and selection are extraordinary!
Hours: Tues.-Sat. 10-5; Sun. 11-4; closed Monday
1453 County Rd. 31 (North of Winchester)
Winchester 613-774-0647

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RR 1, Berwick 613-984-0743

HELP WANTED

Looking for a qualified person with working experience to work with a ten-year-old boy with ASD and dysgraphia (LD), up to twelve hours per week. A comfort working with computers is required and a strong working knowledge of Kurzweil and Dragon is an asset.

If interested, please call
613-652-1482.

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★ **EXCAVATORS**
with 5 years experience

Please drop resume off at our office 5733 Carman Road, Iroquois, Ontario or fax to 613-652-1838
Please provide references

Township of South Dundas
Building Inspector/ By-law Enforcement Officer
(Permanent, full-time)

The Township of South Dundas requires a Building Inspector/By-law Enforcement Officer.

Responsibilities include:
- Processing applications for building permits, including the review of drawings to ensure compliance with the Ontario Building Code, Municipal By-laws and other applicable laws
- Meet with the public, contractors, designers, architects and engineers to discuss and review their projects, respond to telephone and counter inquiries
- Inspection of buildings during construction to ensure compliance with the approved plans, Ontario Building Code, Municipal by-laws and other applicable laws
- Enforcing all Township by-laws, performing field investigations and follow-up actions to achieve compliance
- Maintaining accurate and detailed records of inspections and investigations
- Research and respond to inquiries regarding the Ontario Building Code, Municipal by-laws for interpretation and enforcement.

Qualifications:
- Completion of a two-year post-secondary program in architecture, construction or engineering technology, with four to six years related experience; municipal experience is a definite asset
- Experience in Municipal Law Enforcement or graduate of Community Policing Program and knowledge of By-Law Enforcement processes with two to four years of progressive experience in Municipal law enforcement is a definite asset
- Extensive knowledge of the requirements of the Ontario Building Code, Building Code Act and other applicable laws
- Provincially qualified and registered to inspect in the following classes: Plumbing – all buildings; house; HVAC-House; Small Buildings; Building Services; Building Structural; Large Buildings; Complex Buildings
- Experience using computer software applications
- Strong communication, interpersonal and dispute resolution skills and detailed record-keeping skills
- Valid (class G) Ontario driver's licence

Salary range $47,952 to $56,952 (2010) per annum.

A comprehensive benefit package is available.

Candidates interested in the above position are asked to submit a confidential cover letter and resume to the address below, clearly marked "Building Inspector/By-Law Enforcement Officer Application."

Applications must be received before **4:30 pm, Friday, March 4, 2011**.

Township of South Dundas
4296 County Road 31, P.O. Box 160
Williamsburg, ON, K0C 2H0
Attn. Donald J.W. Lewis, Manager Planning and Enforcement
Fax: 613-535-2099
Email address: dlewis@southdundas.com

Applicant information is collected under the authority of the Municipal Freedom of Information and Privacy legislation and will be used strictly for the purpose of candidate selection.

We thank all candidates in advance; however, only those candidates selected for an interview will be contacted.

Inkerman United Church
SPAGHETTI SUPPER
Sun., March 6
4:30-6:30 pm
Takeouts available
Adults $7, under 12 $4, preschoolers Free

Forklift Operator Certification
8-hour course
$175/person

Held on site at
PRECISION DIESEL
Date to be determined
613-774-6619

UNITED COUNTIES OF STORMONT, DUNDAS AND GLENGARRY

NOTICE TO TRUCKERS AND SHIPPERS
2011 HALF-LOAD RESTRICTIONS

Half-load restrictions are expected to start on or about **Tuesday, March 1, 2011,** on all County roads in the United Counties of Stormont, Dundas and Glengarry. Enforcement of half-load restrictions will commence once half-load signs are erected. The following are year-round full-load roads:

(1) South of King's Highway No. 401 on County Road Nos. 1, 14, 33 and 35;

(2) County Road Nos. 31, 34 and 43 (former King's Highways); and

(3) County Road No. 2 (former King's Highway) from Leeds & Grenville boundary to the Quebec border.

Persons contravening this regulation will be prosecuted under Section 122 of The Highway Traffic Act.

Benjamin de Haan, P. Eng.
County Engineer
26 Pitt Street, Suite 223
Cornwall, Ontario, K6J 3P2
613-932-1515

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DEATH NOTICE

Rene Joseph Dumoulin

Rene Joseph Dumoulin passed away peacefully at the Winchester District Memorial Hospital on February 21, 2011. He was in his 88th year. He will be sadly missed by his loving wife of 54 years, Velma (Conroy). He was the much loved father of Debbie (Suffel), Rene (Linda), Joan (Doug Shirreffs), John (Rhonda), Patrick (Dana), and Allan (Dawn). He was the Grandpa of Christina (Scott), Tom, Shauna (Daryl), John (Mattie), Krista, Alison, Rob, Brad, Darren, Jessica, Randy, Josh, Jake, Ashley, Clay, Devon, Conner, and Mackenzie, and great-grandchildren Ashton, Kianna, Kayden, Carter, and Leah. He will be fondly remembered by sister Irene, brother Roger, sister Marion, the Conroy families, many nieces and nephews, and friends at the Beachcroft. He was predeceased by parents Antonias and Amanda Dumoulin, sisters Rita, Rena, brother Raoul, son-in-law Richard Suffel, and grandson Travis Dumoulin. Funeral arrangements are entrusted to Daley's Family Funeral Home, Metcalfe, 613-821-2120.

SVP hears missionaries' story

by Leita Foster

WILLIAMSBURG — The Seaway Valley Presbyterial hosted Karen and Bill Butt, United Church missionaries, as part of their Tues., Feb. 8 event at the Williamsburg United Church (UCW).

The Butts have been associated with the United Church as missionaries since 1999. In Mozambique, they assisted programs to help the young girls become able to care for themselves, as well as build self-esteem and leadership. A video made by the girls was shown.

The next meeting will be held at St. Andrew's United Church in Long Sault on Tues., April 12 with gardening as the special topic. (Lunch will be $8.) The UCW's Montreal and Ottawa Conference is scheduled to take place at the Shalom House in Alexandria this coming May.

WI members learn of Haiti's nightmare from local volunteers

Guest speaker enlightens group on worsening situation after earthquake

by Donna Wilson

WINCHESTER — The Winchester Women's Institute (WI) met on Tues., Feb. 15. The participants congregated at the Winchester Lions Hall. President Ileen Robinson read about the value of hugs. After the singing of the WI Ode, the Mary Stewart Collect was repeated. Members answered the roll call by citing their favourite vegetable.

Annie Jones was the speaker for the evening. With the help of her husband, Bob, Jones showed pictures of her trip to Haiti after the earthquake that took place there. She was part of a group from Canada bringing medical supplies and assistance to hospitals in Port-au-Prince and the surrounding areas. Some funds donated for reconstruction, food, improved health, and clean water supplies have been diverted. Tent cities, rubble, poor sanitation, and dying victims still dominate the landscape a year later. The people and volunteers are left to cope with a worsening situation, including the cholera outbreak and the danger of desperate people.

During the WI meeting, Jones conducted a contest about Haiti. Prizes were donated by Shirley Fawcett, Irene Broad, and Jones herself.

A meal was enjoyed, and Donna Wilson thanked all who contributed to the event.

The next meeting is scheduled to take place at the Winchester Lions Hall on Tues., March 15 at 7:30 pm. All are welcome to attend when Marjorie Shadbolt will auction off articles donated by members.

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