Well-known clairvoyant Barb Quesnel visits the area. 5

Some area students not affected by teachers' strike. 11

Eastern Breeders celebrates an anniversary in style. 13

Bob Dumelie returns to coach Metcalfe Jets. B-1

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Remember

This Sunday (Nov. 9) Winchester Branch 108 will take time to remember the area's war veterans. A parade led by the Ottawa Police Band will leave the branch at 12:15 pm and march to the Winchester Public School for an indoor service. Wreaths will be laid at the cenotaph following the service. Cub Jeffery Eastman, 8, of Winchester and Beaver Nicholas Batten, 5, of Morewood were selling poppies on Fred St. in Winchester last Saturday morning. A complete list of area services can be found on page B-5 in this issue.
Press Photo — Van Bridger

Electors to choose inaugural councils

by Lori Culliton
Press staff

WINCHESTER — Ontario voters will head to the polling stations on Mon., Nov. 10 to cast their votes for their municipal leaders. This election will decide the leaders of newly amalgamated municipalities for councils that will take over Jan. 1, 1998.

All polls will be open from 10 am until 8 pm with the exception of the poll at the Winchester and District Memorial Hospital, which will be open from 4 pm until 8 pm.

In the newly amalgamated Township of North Dundas voters will elect one mayor who will also serve as chairperson of the Hydro-Electric Commission; and two councillors from each ward — Ward 1, formerly Township of Winchester; Ward 2, formerly Township of Mountain; Ward 3, formerly Village of Winchester; and Ward 4, formerly Village of Chesterville.

Councillors from Wards 3 and 4 will also serve as members of the Hydro Electric Commission.

School board trustees will also be elected. One Separate French trustee will be shared with the Township of North Stormont and Village of Russell; one Separate English trustee will be shared with the Townships of North Stormont, South Stormont and South Dundas; one Public English trustee will be shared with the Township of South Dundas; and one Public French trustee will be shared with the Townships of South Glengarry, South Stormont, South Dundas, County of Grenville and City of Cornwall.

VOTING LOCATIONS

In Ward 1, the Township of Winchester polling stations will be situated at:

• continued on next page

Daycare offered until Friday

WINCHESTER — Free daycare offered by Winchester churches for the past week and a half during the province-wide teachers strike will be no more after Friday.

United Church minister Carol Poley-Delisle said she had finished her part in the community daycare service on Tuesday. Presbyterian Church minister Heather Jones will continue to run the service until Friday.

"We gave parents our help for two weeks," Poley-Delisle said. "Hopefully we've helped parents. I think it's been a great service. The community has taken responsibility — not many communities made such a service available for free. I'm glad we were able to do so."

When Ontario teachers left their classrooms in a province-wide strike against the government, parents were left to find child care for their school-aged children. The minister of education offered $40 per family per day to be returned for childcare.

When Poley-Delisle heard about the imminent strike two weeks ago, she decided to do something about it. She got the support of the other Winchester churches behind her, and called Reeve Dr. Larry Gray. He offered the upstairs of the community hall, and Poley-Delisle took it.

With the help of youth groups, ministers and other community members Delisle put together a daycare service in very short time. The community centre was offered for free, along with free ice skating for two hours in the mornings and two hours in the afternoons.

• continued on next page

Halloween all treats, no tricks

WINCHESTER — Many residents in the village of Winchester were expecting record numbers of trick or treaters to come visiting this Halloween. Warm weather and the fact the night of spooks fell on a Friday prompted those expectations. But numbers were down in most cases leaving villagers holding the bag... extra bags of candy, that is.

Things were also quiet on the streets, reported Community Watch patroller Butch Oldford who said the tricksters were outnumbered by the patrollers by a wide margin.

"We had them surrounded. Everywhere they went, we went, " Oldford said.

A village businessman who was part of the volunteer patrol noted that for every two prowlers there were at least 20 citizens keeping an eye on them.

• continued on next page

Rivals clash at all-candidates debate

by Derek Puddicombe

OSGOODE — The gloves came off at an all-candidates meeting in Osgoode village Oct. 30.

Mayoralty candidate Jim Waddell wasted no time going on the offensive in his opening comments by criticizing his two opponents. Waddell said he wanted to clear up some misleading statements made by other candidates.

"Mr. Thompson, as he has demonstrated on council, changes his mind with the wind," said Waddell. "In the past four weeks he has picked himself up at least three times after falling off his fence."

He added that Thompson has finally taken a stand on governance in Ottawa-Carleton after hearing what the other candidates have had to say about the issue.

On last year's bonus issue, Waddell pointed out to the about 300 voters attending the meeting that Thompson said he didn't vote for it but finance committee records indicate he voted in favor of spending the $44,500.

"But at council he was suddenly against giving it to everyone," said Waddell. "He preferred to spread it amongst a few."

On the tag-a-bag issue Waddell said in the summer Thompson voted in favor of the tag-a-bag program.

"Last week he said he would re-examine it, this week he says he'll scrap it, apparently without any consideration for the financial consequences," Waddell said.

Waddell said Cranston is wrong when he implies that anyone with another job cannot be mayor.

• continued on next page

Progress made in restructuring

CHESTERVILLE — At a regular meeting for the restructuring of the Township of North Dundas several issues were decided upon for the new year, when a new council will take over the new municipality.

Garbage collection in the new year will remain with Humes Sanitation, the company which currently services all four municipalities that will make up North Dundas — Winchester, Winchester Township, Mountain Township and Chesterville. The amalgamation committee agreed to recommend to the four councils that the same company be maintained after Jan.1.

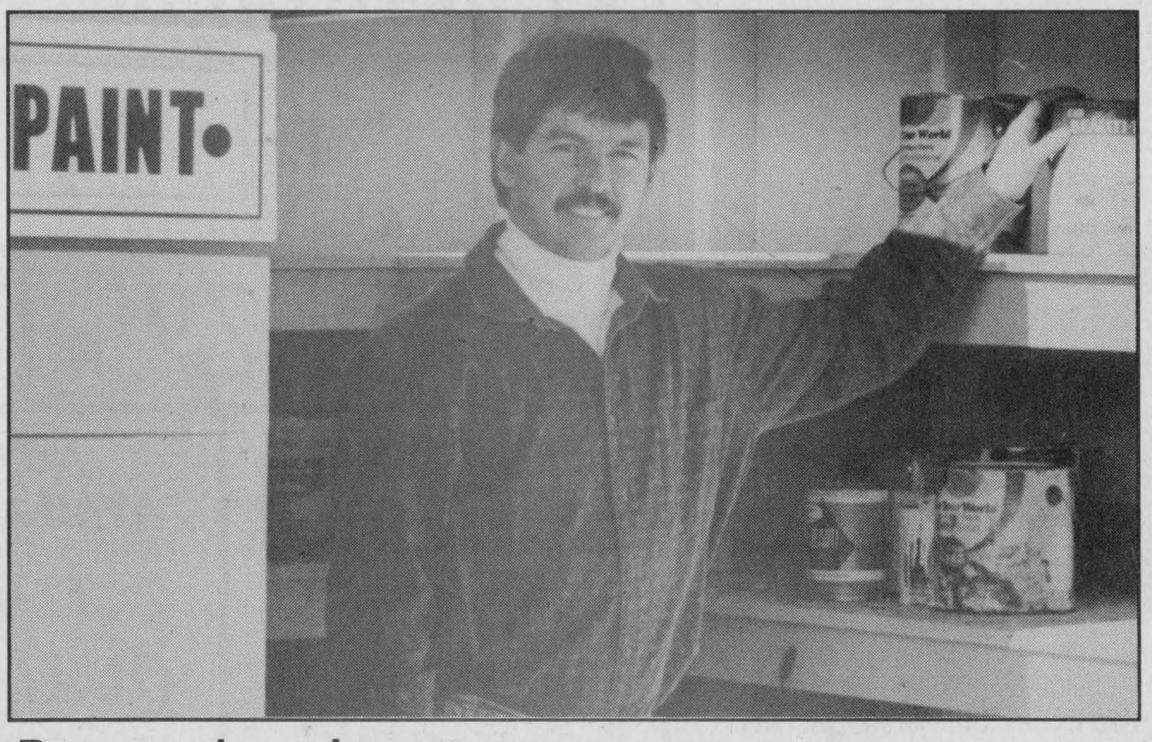
The employee voluntary exit program deadline will be extended until Nov. 30 (previously Oct. 31). The reason for the extension, secretary Howard Smith said, is so that employees have a chance to see job postings for positions that will be available with the new municipality before they accept exit packages. That way, he said, they could still decide to apply for the jobs instead of taking the voluntary exit offer.

A logo contest will be held to find a new logo for the Township of North Dundas. Councillors Wyman Barton and Annette Turner will be heading up that committee. There will be more information in coming weeks.

Four sub-committees gave their reports from meetings. Council then went in camera to discuss personnel.

The next amalgamation meeting will be held Nov. 13.

County residents meet hazardous waste challenge



Bare cupboard

It didn't take long for the paint to disappear from the shelves at the Boyne Road Land Fill Facility. Acting manager Doug Froats reported 60 gallons were left during a recent household hazardous waste day and by the end of the week there were only five or 10 left. In seven sessions 550 gallons of paint were received and 480 re-used.
Press Photo — Van Bridger

By Allen Van Bridger
Press Staff

WINCHESTER — Doug Froats reported a tremendous response to the recent Household Hazardous Waste Challenge Day, noting 74 vehicles dropped off everything from paints to pesticides.

The acting manager of the Boyne Road Landfill, Recycling and Hazardous Waste Facility said the Oct. 25 event was the biggest yet.

"We were wondering if anyone would come out. There was no one here at 9 am but by 9:20 the cars were lined up and waiting to dispose of their household hazardous waste. By noon 74 vehicles had come through the gates."

Some of the previous disposal days were slated for holiday weekends so the response wasn't that good, Froats said. He noted the previous high had been 40 (vehicles) and the low 13.

Over seven sessions a total of 265 vehicles visited Dundas County's only disposal site.

"Monday morning we had 60 gallons of paint on the shelves and a couple of days later there were only five or 10 left. People come in and look over the stock and take what they want... at no cost. Most of the paint is reused right away," Froats said.

In seven sessions 550 gallons of latex and oil based paints were received (400 latex and 150 oil base) at the Boyne Road facility. Of the 550 gallons there were only 70 gallons (as of last week) left and Froats says they will be used for various painting jobs at the facility.

• continued on next page

Continued from the front page...

Voting

Poll #1 - Pat Moran's residence; Polls#2 & 3 - Twp. Municipal Garage, Hwy. 43; Poll #4 - David Daphinee residence; Polls 5 & 6 - Morewood Community Centre; Poll #7, Byers Farm Equipment.

In Ward 2 (Mountain Township) polling stations will be at: Poll #1 - Nationview Public School; Poll #2 - Inkerman Public School; Poll #3 - residence of Ron Lewis; Poll #4 - Hallville Fire Station; Poll #5 - Mountain Community Hall.

In Ward 3 (Village of Winchester) polling stations will be set up at: Poll #1 - Winchester Community Centre; Poll #2 - Nor-Dun Senior Support Centre; Poll #3 -Dundas Manor; Poll #4 - Beachcroft; Poll #5 - Municipal Building, Council Chambers.

In Ward 4 (Village of Chesterville) all polling stations will be held at the Community Hall.

In North Dundas mayoral candidates are current reeves Jim Cook (Chesterville Village), Claude Cousineau (Winchester Township) and Larry Gray (Winchester Village).

In Ward 1 (Winchester Township), candidates for councillor are John Douma, Alvin Runnalls and Martin Schoones. Douma and Schoones are currently councillors for Winchester Township.

Candidates for Ward 2 (Mountain Township) are Keith Fawcett, Estella Rose and Annette Turner. Rose is currently the reeve of Mountain Township while Turner is a councillor. Fawcett is a previous member of the council as well as reeve.

In Ward 3 (Winchester Village) the candidates are Bob Riddell, David Sloane and Bill Wood. Riddell is presently a member of council and Sloane has held a seat on council in the past.

Running for a councillor's post in Ward 4 (Chesterville Village) are Sharon Casselman, Roger Cole, Thomas Meredith, Gail Parker and Peter Vankessel. Casselman, Parker and Vankessel are current council members.

Daycare

"We don't know how long the strike will last," Poley-Delisle said Tuesday. "The children had a wonderful time. It's too bad that we have other jobs, because otherwise we could have gone on with the service."

She added, "Maybe another community group will want to take over if the strike lasts into next week."

The service has been open from 8 am until 6 pm, and the churches have been providing soup lunches for the children. Activities were organized for the children, including crafts, games, videos, and a Halloween outing on Friday to visit residents of Dundas Manor.

"It (the service) was only supposed to be for one week," Poley Delisle said. "Some parents said it was a life-saver for them. At least we've saved a lot of parents money in childcare for two weeks. The government says it will reimburse parents, but you have to spend the money before you get it back."

At Monday night's council meeting for the Village of Winchester, recreation director Matt Krisjanis reported that the SD&G School Board had called and indicated that there may be some money available to reimburse the churches and the community centre. If that happens, the money will be divided equally between the churches and the community centre, he said.

"This was a community pulling together. It wasn't done for the money — it was done because we needed to find a spot for the kids," Poley-Delisle said. "We're very thankful for the response we've received and the help. This doesn't happen everywhere. It's not often you get something for free."

"There is so much dispute out there with the teachers and the government, but there's been no dissension over this service," the minister added. "There's been no talk about the strike at the community centre."



Scary little spooks

Dundas Manor resident Edythe Allen wasn't one bit scared when she received a visit from several little monsters on Halloween. The monsters and goblins were from the temporary daycare that has been set up by area churches at the community centre for the duration of the province-wide teachers strike.

Press Photo — Culliton

Halloween

"It was very quiet this year. And I think it is because of the work the police, Community Watch and firemen have done in the past couple of years. The teenagers know that there will be people walking around the village keeping an eye on everything and they just don't bother causing any trouble or damage," he added.

Oldford thanked the police and firemen and the volunteers for their efforts on Friday night noting that two OPP officers were on a foot patrol from 6 pm until 10 pm and that there were at least four cruisers in Winchester for most of the evening.

"The police did a great job. Their presence was very evident. Three of us (Community Watch) stayed around until 3 am Saturday morning but the biggest group we saw was a gang of about five and all they did was toss some garbage pails around."

A member of the Winchester Fire Department reported things were so quiet that they called off their surveillance around 10 pm.

Al Lummiss of the Upper Canada Detachment of the OPP reported the entire county enjoyed an uneventful Halloween.

"Just nine calls for the whole of Dundas County made it to our computers. And just two from the village (Winchester). There were several instances where officers investigated minor occurrences but felt they were not severe enough to report."

Lummiss also noted that while he was accompanying his children on their rounds in Winchester numbers of young trick or treaters seemed to be smaller, which he thought was strange for a weekend.

Waste

"We mixed all of the cans of orange paint, all kinds of shades and it turned out almost a fluorescent orange. Somebody came in and took it to paint their hunting camp. Another person just took away several containers of red and green to paint snowmobile trail markers.

"Disposing of hazardous waste such as paint is easily done because it is convenient for people who are using the landfill or recycling depot to stop and check to see if there is any material they can use, like paint or tar, for example," Froats explained.

In its first year of operation the depot has received 550 gallons of paint, 520 gallons of used oil, 50 gallons of stains, 120 gallons of varsol, 45 gallons of antifreeze, 45 gallons of diesel fuel and gas, 72 propane tanks, three 45-gallon drums of aerosols, two 45-gallon drums of pesticides, 85 automotive batteries, one half-gallon drum of household batteries and eight barrels of flammables (adhesives, auto paints, varnishes, starting fluids, turpentine, thinners and cleaners).

"Two thirds of materials dropped off at the site has been reused," said Froats. "I would say the program has been very successful."

The next hazardous waste day at the Boyne Road Landfill and Recycle Facility is slated for the spring of 1998.

Debate

"Being mayor of Osgoode is not a full-time job, but it is a full-time responsibility," said Waddell.

Neither Cranston nor Thompson had a chance to respond to Waddell during the meeting, however after the meeting Thompson said he has received about 30 phone calls telling him the attacks were not fair. Cranston said the responsibility and the job go hand-in-hand.

"I can't see anybody doing it as a part-time job," said Cranston. "There are a lot of things that have to be done. There's no end to that."

As in two previous debates in Greely and in Metcalfe the tag-a-bag issue, taxes and amalgamation were the items most voters had questions about with a majority of queries directed to the mayoralty candidates.

Judge takes teachers' side

by Lori Culliton
Press staff

CORNWALL — Striking teachers in Ontario are happy and relieved after a judge's decision to overturn a court injunction requested by the provincial government.

"We believe that large sections of (proposed legislation) Bill 160 are unconstitutional," OSSTF Greg McGillis told the Press. "We're trying to get parent groups to launch a protest about the Charter of Rights."

This week, McGillis said, fewer teachers crossed picket lines and entered schools in SD&G. "We now have in excess of 98 per cent participation by all unions," he said. "The court decision can't but help our case. There's not just one section but whole parts of Bill 160 that are against the constitution and the Bill of Rights."

Striking teachers are doing a rotation of schools this week. A rally will be held today (Wednesday) in Cornwall. Over 1,600 teachers are expected to attend, which would make the rally the largest of its kind in history, McGillis said.

Is the end in sight? "There's something on the horizon but we don't know what," McGillis said. "There's a long education process going on right now with the government and the public, to show them how the education system works and how much Bill 160 will hurt education if it is passed."

Meanwhile, teachers remain on strike province-wide. "Spirits are high out there, and the teachers really appreciate help from the community," McGillis said. "We've had parents and students joining us on the picket lines, bringing donuts. The teachers are feeling good."

Dundas Resource offers new hours

CHESTERVILLE — The Dundas Human Resource Centre has announced its new hours and services.

The resource centre, located at 17A Industrial Drive, is now open five days per week from Monday to Friday, 8:30 am to 12 pm and 12:30 pm to 4 pm.

New services offered include job order service for local employers, Internet access for job search, resume writing and cover letter preparation. Continued services are the computerized job bank, access to employment counselling and targeted wage subsidy program information.

Continued service at this office is a direct result of a joint venture between Human Resources Development Canada and the United Counties of SD&G. The federal government has provided funding for the office while the counties provide location and overall administration of the project.

There are now two client services reps to ensure a continuation of services five days per week, year round. Judith Lacy, who has been in this position for the past two to three years, contributes experience while Elaine Forward, who is new on board, provides a fresh new outlook.

Together they hope to offer the public an excellent service.

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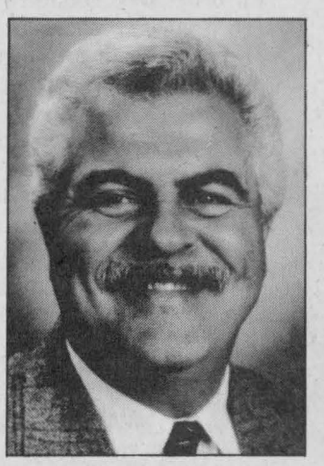
Claude Cousineau for Mayor
On November 10, 1997 elect a man who is both sensitive and versatile, yet remains focussed on the many issues that concern our new municipality. Issues such as senior citizens, our farming and business communities, as well as our youth.
• Seniors: It was both an honour and a privilege for me to serve on the Outreach Committee with the help of both Ministries of Health and Housing which brought about alternatives to institutional care across our united counties. We witnessed Outreach Facilities come to fruition in Winchester, Chesterville, Finch, Alexandria, Williamsburg, Ingleside and Lancaster. Thanks to all the communities who participated.

• Farming: Instituted numerous drainage projects in the early Eighties, as well as ongoing maintenance on same, which helped our farmers tile-drain their lands so as to ensure better crop production. The rural focus of our new township must never be lost, for when our farmers do well, we all do well.
• Business: Created the friendly and professional environment through staff, so as to attract new commercial and industrial assessment. I'm looking forward to continuing this practice, as their are numerous upcoming opportunities in the Agro business field. Our counties Economic Development Dept. is currently involved with many of these.
• Our Youth: By creating this friendly business environment some of our young people at least, are able to secure jobs locally as opposed to moving far away.
• My motto for the new Township of North Dundas will be, (we're open for business) let us not put up barriers or road blocks, but instead, let us extend a helping hand. Together we can make it happen.
On November 10, 1997 Vote
Claude Cousineau for Mayor in the Township of North Dundas

Luce's herbal business grows

by Lori Culliton
Press staff

METCALFE — In a growing trend toward natural health, more and more people are finding that herbs can help in many different ways to maintain a healthy lifestyle, through cooking and medicinal purposes.

Medicinal doesn't mean self-medicating, but preventional measures, says Debbie Luce of Herbs for All Seasons near Metcalfe. "Herbs are used largely for skin care, as people with allergies or sensitive skin have found that they are unable to use anything else," she says.

Luce's three-year-old business is growing fast. She has a herbal display, gardens and a greenhouse, and grows all of the herbs that are sold in her store.

Her herbs are sold by retail in her shop, and are sent wholesale to several Ottawa health food stores, and are also sold by mail-order across the country, which is new this year for Herbs for All Seasons.

In her store, Luce sells the herbs, plants, bottles, books and oils that are needed for customers to make their own remedies. As well, all products that are sold at the store are made with her own supplies, so Luce is able to offer low prices.

The business has also taken on an educational role through workshops that Luce offers in her home. Through the workshops students are encouraged to grow their own plants and to use them in skin and body care.

"The products are completely natural," says Luce. "We use natural oils for the skin, and pure essential oils, from plant extract, and no chemicals."

Luce's interest in herbal remedies started when she began making them for herself because of skin sensitivities about 10 years ago, but her experience in herbs dates back to growing up in an English family with gardens and herbs. Luce also has a background in horticulture, and has watched other cultures use native plants, as she lived in Africa for seven years.

Luce can see her business turning into primarily an educational and supply focus. She tells her students to take courses, visit gardens, and get supplies with which they can make their own remedies.

"I love working with plants, they help us on a lot of different levels," she says. "They smell and feel nice, and they're very beneficial. I love people, which is why I do the courses and share the knowledge."

MAKE YOUR OWN LIP BALM

This recipe makes 20 15-millilitre jars, and can be cut in half. Sage helps with cold sores; peppermint is cooling and refreshing.

Ingredients:
1 cup almond or olive oil;
1/5 cup beeswax;
1/2 cup dried peppermint leaf;
dried sage leaf
peppermint essential oil

Directions: Warm the oil with dried peppermint on low heat for three hours. Be careful not to burn the oil, preferably use a double boiler. Strain the oil, return to low heat. Melt beeswax separately and add it to the oil. Add five drops of peppermint essential oil. Test for consistency by taking out a teaspoon of the oil/wax mixture and placing it in the freezer for a few minutes. If it is too hard add a little more oil and if it is too soft add a little more beeswax. Turn off the heat and add a few drops of peppermint oil, if desired. Immediately pour the warm mixture into the jars, and let it cool and harden. Place the lids on after it's completely cool.



Herbal heaven
Debbie Luce, owner of Herbs for All Seasons near Metcalfe gives instructions on how to prepare a herbal syrup during a workshop in her home. Press Photo – Culliton

Osgoode Twp. hires CAO

by Derek Puddicombe

OSGOODE TWP. — Osgoode Township officially has a new full-time employee after it agreed to take on Moira Winch as one of its own when her six-month contract expires at the end of November.

Osgoode Township council went behind closed doors Oct. 28 to discuss the performance of its chief administration officer/implementation manager and whether or not they would extend Winch's six-month contract.

When they came out it was official, although not unanimous. The only hold-out, as he has since discussions began last year about hiring a CAO, was Councillor Dwayne Acres.

Acres has said from the start that it's the wrong time to be bringing on more bureaucracy in a time of budget constraints. He wanted council to let staff take a team management approach at restructuring itself, based on the recommendations of last year's $20,000 workforce audit completed by Paragon Consulting from Nepean.

Acres said council is also implementing the suggestions from Paragon backwards.

"The report says that we should be restructuring our departments first, then suggests considering hiring a CAO," said Acres. "We're doing it backwards."

He said it will also cost taxpayers about $100,000 for the addition to its staff.

"That's a lot of money considering there hasn't been any change in the level of service residents are receiving," said Acres.

However the rest of council disagreed with Acres and agreed that Osgoode would benefit from Winch's experience as a former municipal employee of Goulbourn Township, who was at the forefront of the downtown Stittsville revitalization project.

"Council recognizes that we do need a CAO," said Councillor Dale Harley, adding that the next three years will be some of the most critical in the township's history with the question of provincial downloading and governance still looming.

"We can accomplish great things and the staff are phenomenal to work with," said Winch the day after council gave her the nod.

She added that she will continue to work at streamlining the process that will aid council with speedy decisions rather than getting bogged down with a lot of bureaucracy.

One of Winch's first recommendations, which was adopted by council, was to scale back the number of township departments from 10 to five. No jobs were lost due to the restructuring.

Her current long-term goal is to sit down with the new council after the November 10 municipal election and discuss a strategy planning session.

"I would like to discuss a 10-year plan and what our focus will be," said Winch.

For now her personal goal is to get the township operating smoothly. "There's been a lot of upheaval in the organization in the last year but we are well on our way," she said.

The salary range for the CAO is $65,000 to $70,000 plus an office budget. Council identified $13,950 for an office budget during the six-month probationary period under other expenses in the 1997 budget.

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Candidates ready for polls

Election day is Mon., Nov. 10. The following are profiles of the choice of candidates in the newly amalgamated Township of South Dundas.

Mayoral candidates are Johnny Whitteker, Lyle VanAllen and Charles Barkley.

In Ward 1 (Williamsburg) your candidates are Robert "Rowdy" Gillard and Tom Henderson.

In Ward 2 (Matilda) the candidates are Bev Sabourin, Norm Tinkler and Mike Ault.

Dirk Testerink and Cam Martel are the choices in Ward 3 (Morrisburg).

In Ward 4 (Iroquois) the candidates are Art Roberts, Audrey Rooney and Bill Ewing.

Some candidate profiles were not included as candidates were not reachable by press time.

Policing big issue for Roberts

IROQUOIS — Art Roberts, a councillor in Iroquois, has been involved in the amalgamation of South Dundas since day one, and his desire is to be a part of seeing it to completion as a part of the new council.

"After I got on council (in 1994) Harris took over," Roberts said. "We were told then that we would have to amalgamate."

Roberts served 36 years with the OPP and has a vested interest in the policing issue that will be facing the new council as policing falls to the municipalities.

"It's hard to make promises on things when there will be so many changes in the new year," he said. "The biggest challenge to the council will be the downloading of services from Queen's Park, including policing."

After retiring to Morrisburg, Roberts and his wife, Lois, moved to Iroquois.

"We moved there for the lawn bowling," he said. "My wife won the bronze in lawn bowling at the Canadian games, and there is really good lawn bowling in Iroquois."

No tax increases, Testerink hopes

MORRISBURG — Dirk Testerink, candidate for Ward 3 (Morrisburg) in South Dundas in next week's municipal election, has been a part of the process of amalgamation and would like to see it through, he says.

"I'd like to help to make sure there are no tax increases because of amalgamation, and to make sure it goes smoothly," the current deputy reeve says.

If elected to South Dundas council to represent Morrisburg, Testerink hopes to help avoid a tax increase and to help develop a plan to attract new industry and create community growth.

He'd also like to maintain skills and equipment for firemen and the fire hall. And he wants to develop more bike paths in the area.

A building contractor with Testerink Construction, Testerink has a wife, Shirley, and a son, James. They've lived in Morrisburg for the past 15 years.

Testerink is the president of the Morrisburg Chamber of Commerce. He is on the steering committee for waste management, and the chairman of finance for the fire commissioner.

Amalgamation like a marriage - Bev

MATILDA — After two terms on Matilda council and sitting on the transition committee as the amalgamation of South Dundas was formed, Bev Sabourin would like to see amalgamation happen and to be a part of it.

She compared the amalgamation of municipalities to a marriage. "You don't know what to expect at first, but after you get to know each other, it's good," she said.

She added, "I wasn't for amalgamation at first. But we were told to do it or the government would do it for us. I think that with good cooperation and management we can run a good team."

If elected to South Dundas council, Sabourin would like to see a property standards bylaw in place. "That bylaw would enable council to tell property owners when their property is overrun. There are some places that need cleaning up," she said.

Sabourin has also taken a stand on the hazardous waste issue. "We need more awareness of the hazardous waste landfill site, and we need more recycling," she said.

Ultimately Sabourin wants to see a smooth transition to South Dundas in the new year. "The challenge will be keeping taxes in line, and it will be hard. The government is downloading policing, ambulance services, social service, welfare... Until we know who does what we won't know what the effect on taxes will be."

Sabourin moved to the Matilda area from Ottawa in 1975 and bought a farm. They have five children. Retired 15 years ago, the Sabourins run a cow/calf operation.

Too much duplication, Ault says

MATILDA — Amalgamation is a great idea and should have been done years ago, according to Mike Ault, candidate for Ward Two (Matilda Township) in South Dundas.

"We have the same number of clerk's offices and garages as when we had horses and no phones," he said. "Now we have cars and technology.... It just doesn't make sense to have so much duplication."

Ault has been the head of South Dundas Recreation for the past seven years. He spent 12 years on council in Matilda Township up until six years ago.

"The biggest challenge that the new council will face will depend on what the province does first," he said. "It depends on who does what, and who pays for what."

The construction supervisor for Frank Ault Excavation, Ault has been in the consulting engineering business for 30 years. Ault and his wife Beverly also run a purebred beef farm with their two daughters.

Get people involved, says Rowdy

WILLIAMSBURG — Robert "Rowdy" Gillard has an idea. "With amalgamation and all of the extra problems that are going to come with it, if I get elected to council I hope to form a committee outside of council to look at the problems," he said. "Then council could go to the committee for suggestions."

Gillard figures it wouldn't be difficult to find people to serve on such a committee.

"I've talked to people who don't have time to be on council but they want to be involved," he said.

In terms of amalgamation, Gillard said he thinks that taxes will get through untouched.

"Amalgamation won't raise taxes," he said. "We're not losing anything except administration. But it will be a big change, getting people used to not having an office in every municipality."

He added, "I can't foresee any problems (with amalgamation). If taxes go up people will blame amalgamation, but it will probably be the fault of the government due to downloading."

Also on Gillard's political agenda is to complete the subdivision on Schell Street in Williamsburg. However, he's not just out to look after his hometown.

"What the new mayor and councillors have to remember as they form the new council is that they are there to represent all of the area of South Dundas, not just their ward."

Gillard has served on Williamsburg Township council for 17 years. He's currently on the non-profit housing committee, the South Dundas Recreation Committee and Counties Council.

'I want to be the one' - Henderson

WILLIAMSBURG — For the last 16 years, Tom Henderson has accomplished a lot — he and his wife started their own business, and they have three sons, and now 12 employees.

"I've run my own business well, and I can justify working to make South Dundas a good place to live," says the candidate for counsellor of Ward One in South Dundas. Ward One is Williamsburg.

Henderson is running for his second term as counsellor. "I want to make sure that the taxpayers of Ward One get a fair share," he says. "It's all new, and there will be times when Williamsburg needs someone in their corner. I want to be the one."

In terms of amalgamation, Henderson wasn't sure about the need for it at first, he says. But, he adds, with all the downloading from the government, one township can't stand on its own.

The challenges facing the new council, aside from amalgamation, include policing, roads, bridges and sewers.

"Different things can happen, and we don't know yet what will happen. There's probably no money coming from the government, and the government is unloading services to the counties, and the counties will download onto the municipalities," he says.

"If taxes have to go up, then we'll have to put them up," he adds. "The government says it's not going to raise taxes, but if it continues to download all that stuff and give us no money, municipalities may have to raise taxes."

Henderson remains confident in his ability to serve Ward One.

"I have the ability to make money in my own business," he says. "I believe I'll be a great asset to South Dundas."



Enrolled

The 1st Winchester Pathfinders recently held their fall enrollment. Bottom, left: Samantha Byers, Marie Frei. Back left: Carly Thomas, Theresa Davidson, Samantha Trory, Paula Shaver (guider). Absent: Margaret Shaver.

Four-way stop for Osgoode

OSGOODE — The wishes of 250 Osgoode villagers who signed a petition will be realized sooner than later after regional roads officials decided to establish a four-way stop at the Main and Nixon intersection as soon as this week.

The decision came just a day after staff met to examine the intersection with regional chair Peter Clark, regional councillor Robert van den Ham, Osgoode councillor Dale Harley and residents' representative Lise Waller on Tues., Oct. 28.

It also came despite a staff report which suggested all of the conditions needed before a four-way stop is justified haven't been met.

"The two-way stop control currently in place at this location appears to be operating safely and the need to upgrade that control to a four-way stop condition is not justified on the basis of vehicle pedestrian volumes, visibility conditions or accident experience," the staff report stated. "Therefore we cannot recommend such an installation to our council."

The report also said that conditions had not changed "appreciably" at the intersection since the last review in June of 1993. Then, five accidents had occurred in the previous three-year period and vehicle/pedestrian volumes met 93 per cent of the "multi-way stop control warrants."

But the presentation of a 250-name petition and favorable weather conditions apparently persuaded regional officials to reverse that decision.

After discussions with his supervisor Doug Brousseau, director of mobility and corporate fleet services, said that the sign would be erected this week, or when the weather permits.

Brousseau said the decision to establish the four-way stop was not influenced by the timing of the election or on the instructions of any candidate.

The intersection is close enough to the standards required by the region to justify the decision, he said.

Favorable weather conditions would allow for pavement painting and sign erection now, he said, as opposed to delaying the intersection change to next spring.

Home break-ins, thefts reported in Manotick

MANOTICK -- Several break-ins were reported in the Manotick area in the past week.

Between 11:40 and 12:40 on Oct. 27 a Lockhead Rd. home was broken into. Computer and entertainment components were among the items stolen. A black panel van with yellow/orange trim was seen in the victim's laneway around the time of the break-in.

Please report suspicious activity to the police immediately by calling 1-888-310-1122.

A window was broken at a Snake Island Rd. home on Oct. 26 when someone tried to get into the garage. The homeowner reported that this incident occurred at approximately 11 pm.

On Oct. 28 a McCordick Rd. home was illegally entered. Numerous items including entertainment equipment and cordless phones were taken. This case is under investigation.

Three men in their early 20s broke into a Sunset Blvd. home on Oct. 28. At about 2 pm a concerned citizen noticed a blue van parked in his neighbor's driveway. As he copied the licence plate on the vehicle a fourth male in the van alerted the others. They got back into the vehicle and fled westbound on Sunset Blvd. The vehicle used in this break-in was recovered in Gloucester later in the afternoon. It had been stolen earlier in the day from Ottawa. The thieves were not apprehended.

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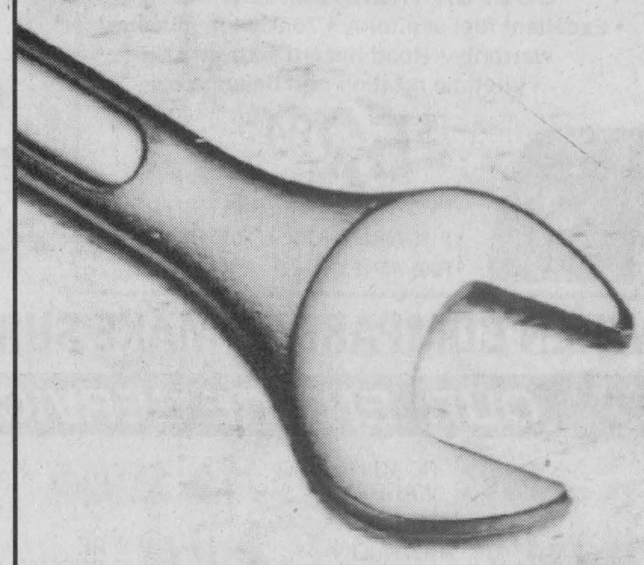

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Heating Protection Plan

Clairvoyant Quesnel sees teachers return

by Lori Culliton
Press staff

EDWARDS — If you're wondering what the future holds for you in life, health and love, now may be your chance to find out. Clairvoyant Barb Quesnel is visiting Edwards for two weeks and is available for psychic readings.

Born in Parry Sound, Quesnel was raised on an Indian reserve. She has been doing psychic reading professionally for 25 years but, she says, "I always saw things."



Barb Quesnel

A reading with Quesnel will answer your questions about health, personal, career and business and finances. "If you have problems you are trying to clear up, I can tell you how to go about fixing the problems," Quesnel says. "Or I can suggest a therapist or a good lawyer if that's what is needed. I can tell you what you need to do to fix the problem."

Quesnel can see the potentials and opportunities in a person, and she can offer guidelines for how you could have a better life and improve.

She has worked with the police, helping them to find missing people, solve murders and frauds. "My success rate is 95 to 100 per cent," Quesnel says. "I'm a perfectionist. All of my information comes from the universe. When I give a reading I see pictures around the person, like a movie. Sometimes there are symbols to be put together, and sometimes it's very obvious."

She adds, "I never worry about my predictions. My timing can be off at times, though. I have no control over the time of events that I foresee, but my predictions are always there."

Why do people visit psychics? "Many come because they have major problems and they're looking for ways to get out of trouble. And people want different answers to similar questions. For example, someone worried about their spouse cheating may come to me and ask if they'll be able to work things out with their spouse. Another person with an identical problem might want to know how messy a divorce would be."

When attending a psychic reading, the number one thing to remember is relax. "I will calm you down and chat for a few minutes to put you at ease," Quesnel describes. "I do my best to be kind, gentle, and throw out the warmth and love that people are lacking."

A client should be open to a reading, Quesnel states. "If they're not open I can do the reading anyway, but the energy is blocked and I have to throw in extra energy."

Also, be ready with questions at your reading. "Write questions down before you come," Quesnel suggests. "I always make sure I leave 10 or 15 minutes at the end of a reading for questions that I didn't already answer."

A reading with Quesnel lasts from 30 to 45 minutes, and the cost is $65.

While some religious organizations might dismiss clairvoyancy as working for the devil, Quesnel says, "I'm here for God. He's my only source. I put my life in His hands."

Out of curiosity and timing, the Press asked Quesnel for her reading on the current teacher strike.

"I think the teachers will be ordered back to work," she said. "I feel bad for the teachers, but it's the kids who suffer. The teachers will resent going back and the outcome won't be the greatest.

"I don't think they'll be out too much longer, probably another eight days. I think they'll be back in school next week."

To get in touch with Quesnel in Edwards call 613-821-1391.

Students experience new culture

by Lori Culliton
Press staff

MAPLE RIDGE — In an international pairing, two 16-year-old students have been brought together to learn each other's cultures and languages and to live in each other's world for three months each.

Petra Zollinger, a student at North Dundas District High School, is one-half of a student exchange experience. The other half is Javier (pronounce the 'J' as 'H') Sebastian of Spain.

Both Zollinger and Sebastian applied for the three-month exchange last year and their match was made based on the information on their applications. Sebastian's stay in Canada with Zollinger's family lasts three months (he returns home in mid-November), and Zollinger will join him in his family's home in Spain at the end of February for three months.

Applicants are able to request several countries, in case their first choice isn't available. Zollinger's first choice was to go to Spain; Sebastian's only choice was Canada.

Zollinger chose to go to Spain because she wants to learn to speak Spanish. Born in Switzerland, she moved to Canada with her family six years ago. She wants to eventually become a translator, and her knowledge of Swiss, English, French, German, and some Spanish should help push her in that direction.

Sebastian already knew how to speak English, having attended an Academy of English in his home country.

He has noticed some small differences between the two countries. "It's different here because everyone lives in a house," he said. "In Spain, everyone lives in flats (apartments)."

Sebastian said that high school is different, also, as students change classes after every period, and they have a different teacher for each subject. In Spain students stay in one classroom, and subject teachers move around from class to class.

"The relationship between the students and the teachers is different," Sebastian added. "Here they're like your friend, but not in Spain."

The teen was impressed by how nice people have been to him since he's been here. "They've been really nice, they came up to me and would speak to me, and were very helpful," he said.

As for the food, Sebastian hasn't eaten much Canadian food, since Zollinger's parents mainly cook Swiss cuisine.

The differences between Spain and Canada continue. Sebastian pointed out that in Canada, one can get a driver's licence at age 16, while in Spain, you wait until age 18. On the other hand, in Spain one can purchase alcohol and cigarettes at age 16, but must wait until age 19 in Canada.

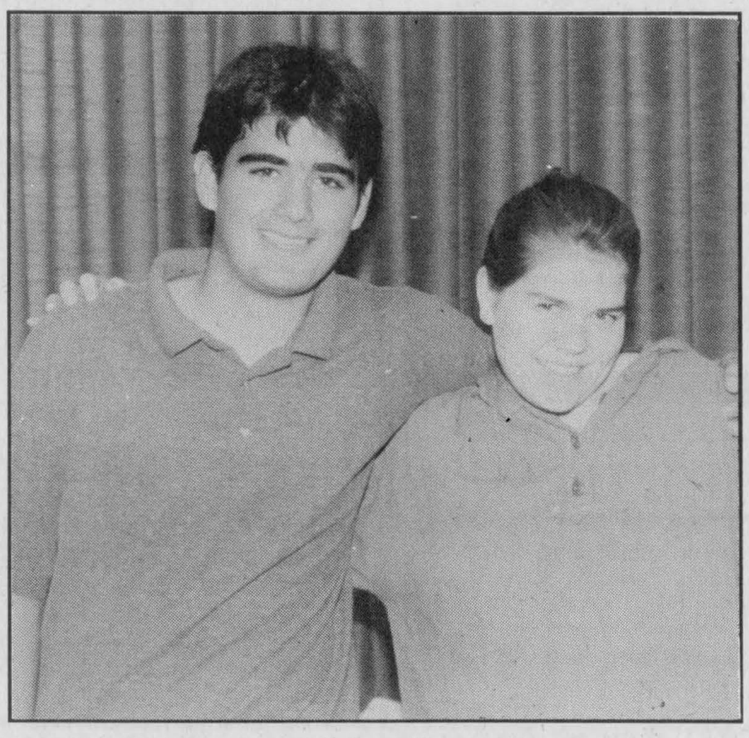
"You can see more things as a teenager in Canada because you can drive," Sebastian said. "In Spain, you have to take the bus."

Aside from attending school, Sebastian has also visited the 1,000 Islands, the caves in the Gatineau Hills, and Niagara Falls.

Zollinger anticipates making new friends and learning the language during her part of the exchange. She also looks forward to "the beaches and warm weather. I'm coming back tanned!"

While homesickness could be a factor during a student exchange, it's not for these two experienced travellers. Sebastian has travelled away from home many times, and Zollinger spends every summer in Switzerland.

The exchange program can provide a rewarding learning experience for participants. As Zollinger puts it, "It's coming together with new cultures, and learning from each other."



International buddies

Javier Sebastian of Spain and Petra Zollinger, a student at NDDHS, are partners in an international exchange program. Sebastian has nearly finished his three-month part of the exchange in Canada, and Zollinger will join him and his family in Spain in February. Press Photo – Culliton

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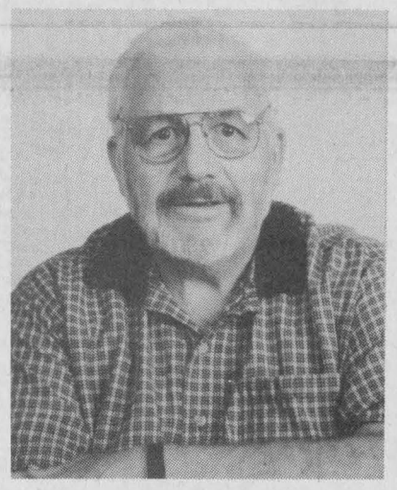

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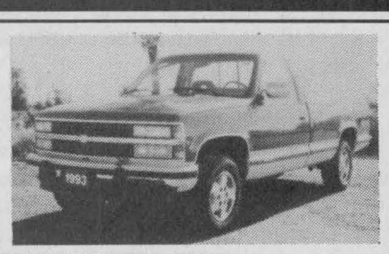

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EDITORIAL

Who is right?

In one corner we have the Government of Ontario, attempting to reform provincial programs and cut out waste. Their current target is public education.

In the other corner we have the Ontario teachers, or rather the teachers' unions, trying to protect the education system from being cut too thin.

And in the middle we have the students, the real victims in this drama.

Who is right in this battle of strengths and wills?

Public support, as of Monday, was 46 per cent in support of the Tory government; 38 per cent for the teachers.

The vote is close but how does one choose sides in this war?

The government calls the teachers' action an illegal strike; the teachers' unions call it a political protest.

The government says reform is needed in education; the fat must be trimmed. But how far can they go without damaging quality of education and hurting students?

The teachers insist that quality of education can't be touched; the system has already suffered enough. But how long can they hold out without damaging that quality of education and hurting students?

Both sides are right and wrong at the same time. And the students — the group that both sides insist is their first priority — are the ones who suffer.

By watching the teachers striking illegally (or protesting politically) what are the students learning? On one hand they learn to stand up for their rights; on the other hand they learn that the law means nothing if you believe strongly enough in your issue.

And on yet another hand the students learn the meaning of the word exploitation, as both sides argue on behalf of those in question, while denying same their inherent right to a good education.

Compromise and cooperation were two basic things that we were taught way back at the beginning of our education.

It's time for both sides to back down, go back to negotiations and come to an agreement that benefits — not the teachers; not the government — the students.

By the way, that poll included 13 per cent who believe that both sides are wrong.

L.C.

This week in...

1957

Nominations for the office of reeve, councillors and school trustees in the Village of Winchester took place. In the event that more than a sufficient number of candidates were nominated to the various offices, an election would be held in December. Clerk C.R. Robinson and Walter Moffat were appointed returning officers. The up-to-date voters' list included 795 names, an all-time high for Winchester.

Extensive damage to the second storey of Doughty Motors Ltd. was caused by Winchester's worst fire in more than ten years. The fire was believed to have been started in a second-storey paint shop and caused an estimated $50,000 damage.

1967

A plane crashed within three miles of Winchester and as a result two men were taken to Winchester Memorial Hospital. The two-seater Fleet Canuck plane was making a landing on the Clare Summers farm on the north side of the Nation River when it caught the telephone line and "nosed in". Wilfred Summers, 34, an air traffic controller at Malton Airport, Toronto, was at the controls and his passenger was his uncle, Ollie Summers, 54, of Iroquois. Both men suffered from shock and multiple injuries. The plane was severely damaged.

It was "Al Beardsall night" at the annual banquet meeting of Winchester Chamber of Commerce at the Country Kitchen Restaurant. A long-time member of the Chamber and an active citizen in the town, Beardsall retired from Ontario Hydro where he had been employed from lineman to area manager for more than 40 years.

Fire of unknown origin destroyed a barn at Marionville. The barn, owned by Gustave St. Pierre, was burned to the ground, and included the winter's supply of feed. No livestock were burned and the combined efforts of the Russell and Metcalfe Volunteer Fire Brigades prevented the fire from spreading to the house and other buildings. Damages were estimated at $20,000.

1977

Halloween pranksters failed to inflict any major damage in the area, with both Winchester and Morrisburg OPP detachments reporting relatively minor disturbances. Winchester Constable Norm Serault said wilful damage in the village was kept to a minimum with only eight complaint calls received by the detachment office. He said that was the usual number of calls for any evening patrol and considerably fewer than might be expected for Halloween night.

An Ontario Hydro spokesman said that an hour-long power failure on Halloween night could have caused serious injury to the prankster who perpetrated the trick. The hydro spokesman said a switch was opened on a 44,000 volt line feeding in from a distributing station. The blackout affected parts of Mountain, Winchester, Matilda and South Gower townships. A broken lock on the switch, located south of the village off Highway 31, indicated the blackout was part of Halloween vandalism.

A parents' committee at Osgoode Township High School said authorities should be reprimanded for accepting 120 Russell-area students to the already overcrowded Metcalfe school. Members questioned the Carleton Board of Education's reasons for agreeing to take the English-speaking students. The committee was formed to protest conditions of overcrowding, obsolete textbooks, lack of library books and a limited choice of options. Eight portables were being used at OTHS at the time to accommodate the school's 766 pupils.

The $230,000 renovation program at Winchester District Memorial Hospital was expected to be finished in the next week. Administrator Bert Stel said the construction aspect of the renovation project had been finished for some time, and the second phase, involving installation of X-ray equipment was nearly completed. The installation of a special camera unit would complete work at the hospital. The new X-ray equipment cost about $170,000.

Winchester Hawks opened their largest ODHL Junior "B" campaign with a 9-2 victory over the visiting Long Sault Pats and the on-ice presentations of their 1976-77 team awards. Top scorer was Greg Martin, who also received the team's Most Valuable Player award and the Jack Dawson Memorial Trophy for his outstanding contributions to the team. The Best Defenceman Award was given to Karl McRoberts. Coaches' trophy for team involvement on and off the ice was shared by Len McLean and captain Jeff O'Neill. Most Improved Player Award went to defenceman Phil Meek. Rookie-of-the-Year honors went to Tim Beach. As the player best combining sportsmanship and ability, Keith McRoberts received the Pete Brackenberry Memorial Trophy. The first-ever President's trophy went to captain Mike Armstrong.

1987

Halloween night came and went locally without serious incidents of vandalism, the OPP said. A large plate glass window at the Winchester M&M grocery store was reported broken but police investigations discovered it had been broken accidentally.



Stormont, Dundas, Glengarry and East Grenville MPP Noble Villeneuve was appointed agriculture and food and francophone affairs critic in interim Tory leader Andy Brandt's shadow cabinet. Free trade was first on the agenda in the agricultural portfolio, Villeneuve said.

Hawks' head coach Bill Murphy said that despite a 12-10 and an 8-3 loss over the weekend, he wasn't worried yet. The Hawks blew 3-0 and 5-3 leads and went down with their guns blazing in a wild 12-10 shootout with the Rideau Division's Westport Rideaus. In the other game in Gananoque the Hawks gave up five second-period goals and were outscored 8-3 by the Platers.



Tapping into the niche market of the nineties

All day I face
The barren waste
And crave the taste of water.
Coooooooooooool Water.

Old song lyric

Some day, thousands of years from now, anthropologists from a distant galaxy will come to Earth to study the fossilized traces of the human population that once thrived here.

And they're going to be mystified.

Not by the hulking relics of our skyscrapers. Not by what's left of our libraries or our computers or our cracked and crumbling superhighway systems.

No...it's the water bottle empties that will drive them nuts. They're made of plastic, for starters. That means they'll probably still be around thousands of years from now. Our garbage dumps and landfill sites ('middens' the archeologists will call them) — will be raddled and infested with empty water containers — Evian, Perrier, Canada Glacier, Pelligrino and several dozen other brand names. And the alien archeologists won't be able to figure out why.

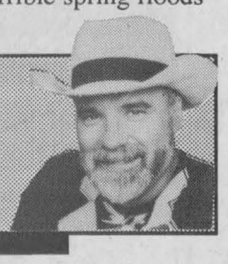
Religious artifact? Fetish symbol? Primitive form of currency? Advanced chemical analysis will reveal that all the bottles ever contained was water.

Why would a civilization (even one as barbarous as the human one) carry around containers full of the cheapest, most plentiful substance on the planet? A substance that was readily available from lakes, rivers, wells, fire hydrants — even hot and cold running faucets in each and every domestic household?

It's not hard to figure out why folks in Beirut or Acapulco or even Paris buy bottled water. The stuff that comes out of their taps is undrinkable. I even understand why people in Toronto drink bottled water. (The stuff that comes out of Toronto taps is safe to drink — but it tastes like it was piped in from the shallow end of the swimming pool).

Similarly I can understand why folks in Winnipeg were snapping up cases of bottled water during and after the horrible spring floods they lived through last spring.

Basic Black
by Arthur Black



What I don't fully understand is how companies like Evian, Perrier and Canada Glacier can make a living selling water to the other 95 percent of Canadians, the vast majority of whom have perfectly good drinking water in their kitchens, their bathrooms — hell, even in their washing machines.

Is spring water better than tap water? There's no guarantee. Springs can be as easily contaminated as any other ground water. Besides, who says the stuff you paid a couple of bucks a pop for ever saw a spring? It wasn't until last year that United States authorities got around to regulating the term "spring water". Until then, any entrepreneur could drain dump truck radiators into bottles and sell it legally over the counter as Honest Fred's Pure Spring Water. Since 1996, anything labelled "spring water" must actually come from a spring.

One giant step for mankind.

No, the truth is designer water is selling like hotcakes because a handful of Hollywood types like Pamela Lee Anderson, Tom Cruise and Melanie Griffiths have appeared in public clutching their designer water bottles the way Linus clutches his security blanket. This has made it chic and trendy to be seen in public sucking on a bottle of water. Indeed some Yupoid types won't leave home without it.

I hate to be the one to tell them they've been had....so I'll let the New York Times do it. A couple of months ago, The Times ran an expose that showed more than a third of all bottled water sold in the United States is merely filtered tap water. In other words some Yankee hustlers are selling water for a dollar a quart that costs them 1/10th of a cent to draw from their tap.

Even P.T. Barnum never figured out a scam that brazen. The Times further reports that several American cities, including Houston, Texas, are finalizing plans to put their municipal water in plastic bottles and sell it up on the shelves right alongside the expensive, exotic brands.

They figure if people are dumb enough to pay for a substance they can get for free, then the municipal coffers might as well see some of the action too.

After all, it doesn't take a genius to figure out what Evian spells backwards.

LETTERS TO THE EDITOR

Help needed in Snow Suit Fund

The Editor:
Cold winter weather is fast approaching. There are children in North Dundas without proper clothing and parents who cannot afford to provide it for them. The North Dundas Snow Suit Fund has been in existence for many years attempting to fill this need. One-hundred-and-fifteen new snow suits were distributed last winter.

These suits are available to residents of the Township of North Dundas. If a member of your family or others who you know are in need of a snow suit please mail your request to Box 835, Winchester, Ontario, K0C 2K0 before Nov. 22.

It only costs $35 to supply a child up to the age of 13 with adequate clothing. We can all do our part in helping those less fortunate. The snow suit fund group of volunteers is seeking financial support from the business community and private individuals all across the region.

A tax receipt will be issued for all donations on request. Please give this project your financial support through your business or personally. The need is real and urgent.

Please respond as soon as possible with your pledge which can be mailed to Box 835, Winchester, Ontario, K0C 2K0. For further information call Bob Weagant, chair of the North Dundas Snow Suit Fund at 989-2823 after 6 pm.

Bob Weagant

Osgoode Twp. needs noise bylaw

The Editor:
This letter comes in response to the Derek Puddicombe article of Oct. 29 in the *Press* regarding the noise bylaw in Osgoode Township ("Fine imposed for violation of noise bylaw").

Contrary to Councillor Harley's suggestion that the recent discussion of Osgoode Township's noise bylaw and exemption procedures is but the whim of one individual and thus a small issue, we see it as global and affecting potentially each and every resident of Osgoode Township. What does, however, seem small is Mr. Harley's apparent intent to reduce our sense of justice and general concern for the well-being and rights of all residents to an individual case of Dixon vs. Stanley.

What is at stake is the right of all residents in Osgoode Township to reasonable and acceptable noise levels by day and quiet by night, especially after 11 pm. Yes indeed, Osgoode does have a noise bylaw (you can call enforcement officer Scott Campbell at the township office for a copy) which you probably never had to investigate because neighbors, out of common courtesy to one another, as a general rule do not abuse it.

Because there may always be that one person who steps over the line and takes more than what the bylaw deems fair and acceptable, our municipal government must have established steps to follow to ensure the rights of all are protected. As well there may arise a situation which requires a temporary exemption from the bylaw (well drilling, family reunions) and again a set of guidelines is necessary.

What has recently come to light is that Osgoode Township does not have these guidelines. The Bylaw Protection Services Committee of the township recently presented to council a number of steps to be followed when a resident applies for an exemption. Council adopted the recommendations with dissent from councillors Harley and Thompson.

Case not closed, as at the next council meeting Councillor Harley requested that the decision be readdressed in order that the commercial sector of Osgoode Township have input.

Residents of Osgoode Township I encourage you to become aware on this issue, educate yourselves to the direction that the commercial sector may want to go with this. Become informed if you value quality of life in the country which includes the magnificence of a quiet evening.

Is this the same Dale Harley that fought so hard to keep the Central Canada Exhibition off Limebank Road and his neighborhood?

Nancy and Roger Dixon

Mayoral candidates' views on health

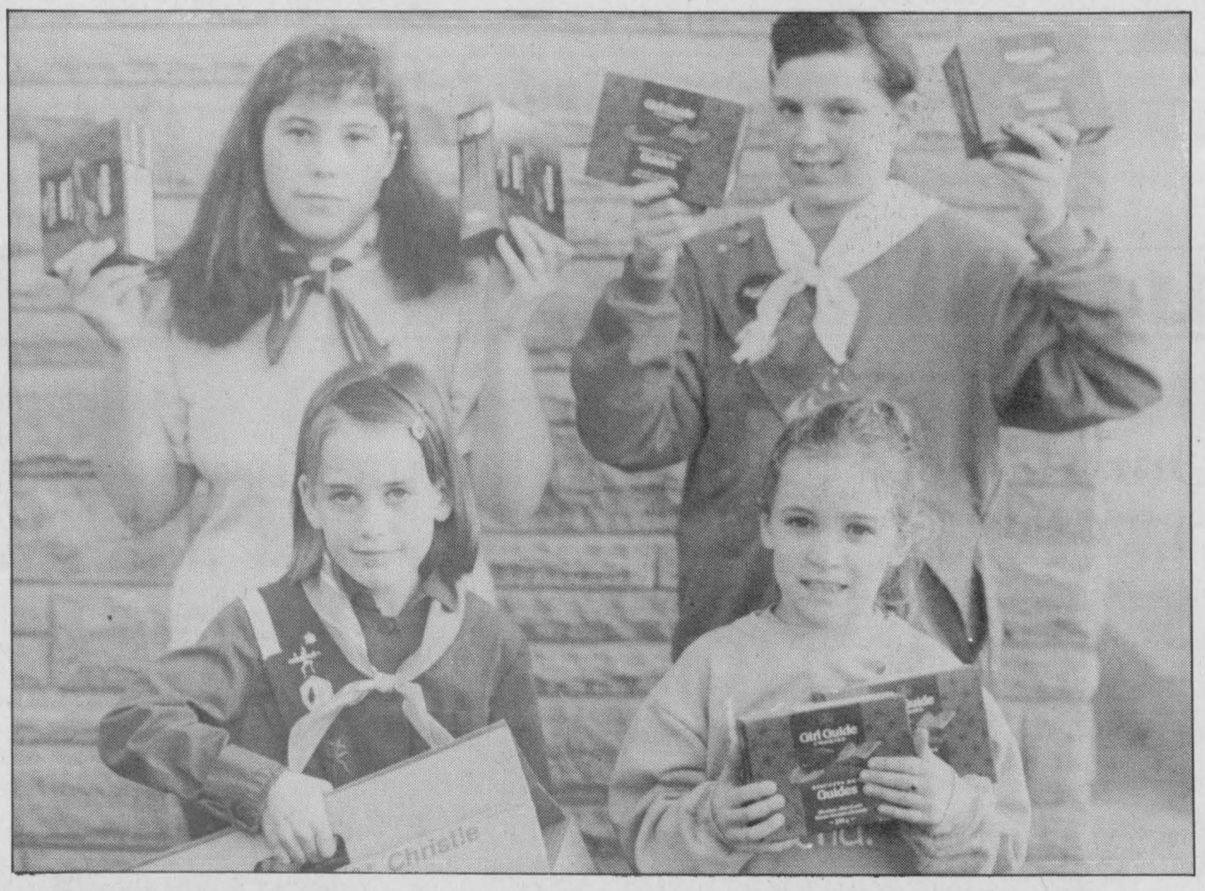
Dear Editor:
Likely more so now than in any other municipal election in history, public health is a critical concern.

That's why the Eastern Ontario Health Unit felt compelled to address the issue directly to those who could be making health decision affecting their own community.

We would like to thank all the candidates who took the time to respond to the public health questionnaire. (See page 9.)

We would also like to thank all the community newspapers who appreciated the impact of these questions and answers, and opted to share them with their readers. This valuable public service is yet another example of the local media's dedication to community health.

Sincerely,
Robert Bourdeau, M.D., FRCs(C)
Medical Officer of Health



Cookies for sale

The Girl Guide cookie drive was kicked off last Wednesday in Winchester. Sparks, Brownies, Guides and Pathfinders will be knocking on doors to sell their mint-chocolate cookies. Above, getting ready to pound the pavement are Pathfinder Samantha Byers (top left), Guide Angela Sullivan (top right), Brownie Alix Baker (front left) and Spark Jessica Vanderlaan. Press Photo — Culliton

Wedding films, camera equipment stolen from van

SOUTH MOUNTAIN — This week Crime Stoppers is asking for the public's help in solving a theft that occurred on Sept. 28.

The victim had attended a wedding reception at the South Mountain Agricultural Hall and sometime during the evening the van was broken into.

Stolen property included two Pentax cameras, five Pentax and Micron lenses, two battery packs, one umbrella flash, one tripod, one portable flash, four rolls of new film and 10 exposed rolls.

Remember — we do not have call display, we do not record conversations and you are always anonymous.

If you have any information on this or any other crime, call crime stoppers and if your information leads to an arrest you are entitled to a cash reward. Reward payments are set up to protect anonymity.

Call Crime Stoppers at 937-8477 or 1-800-265-8477.

Blood donor clinic Nov. 12

WINCHESTER — As we enter into the season of giving, the Canadian Red Cross is hoping that Winchester residents will be true to the season and give blood at a clinic being held next week.

A blood donor clinic will be held Wed., Nov. 12 at the Winchester Public School. The clinic will be open to students from 12:30 pm until 2 pm, and will be open to the public from 2 pm until 4:30 pm and from 6 pm until 8 pm.

New donors must have identification.

Several awards were presented to significant donors last week by the Red Cross. Kathy Hillis of Crysler and Verna Larocque of Brinston received certificates for having given 35 donations. Allan Brunt of Williamsburg, Corrie Byvelds of Williamsburg and Thomas Douglas of Winchester received 50th donation certificates.

Be A Part...
... of the Heart
Support Your
Community Centre

Your OPP

WINCHESTER — The Ontario Provincial Police force was officially established on Oct. 13,1909 as a permanent force of police constables who had been hired to maintain law and order during the mining boom of that time.

Over the years the role of the provincial police has been evolving and now encompasses many specialized units that have been developed to assist patrol officers in the execution of their duties.

On a provincial level, the OPP has units dedicated to the investigation of pornography, auto thefts and frauds, major crimes, organized crime, and provide surveillance and intelligence services throughout the province.

Regionally, the OPP utilizes specialists such as marine operators for patrol and enforcement along Ontario waterways, canine teams, emergency response teams for incidents requiring tactical and rescue expertise, identification experts, breathalyzer technicians and traffic management officers.

10 best reasons why people deal with EMBRUN FORD

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4) Large unlimited inventory
5) Guaranteed top trade-in value
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7) Free car wash with every service check
8) Kiddie play area
9) Easy, fast financing
10) Salaried sales staff (no pressure)

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1-800-443-9779
Service Department
Monday-Thursday
8 am-8 pm
Friday 8 am-5 pm
Collision Centre
443-2500

To the ratepayers of North Dundas
Vote Cousineau
for Mayor
on
November 10th

VOTE RUNNALLS
for
COUNCIL
Ward 1
(Winchester Township)
North Dundas

Color Your World
Home Decorating
Save up to 33%* On Selected Paint

SAVE 33%*
Painter's Choice® Semi-gloss Latex (8200)
•Tough scrubbable semi-gloss finish •High hiding •No roller spatter •Available in 100's of pastel colors
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*Reg. low price 29.96

SAVE 25%*
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•Scrubbable low lustre finish
•Available in 100's of pastel decorator colors
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*Reg. low price 31.96

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Alkyd Melamine Finish (5440)
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•Ideal for arborite and formica surfaces
•Available in a wide range of decorator colors
27.72 3.78L Our Best
*Reg. low price 36.96

SAVE 25%*
Painter's Choice® Latex Primer (9635)
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*Reg. low price 21.96

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The latest fashion colors and designs.
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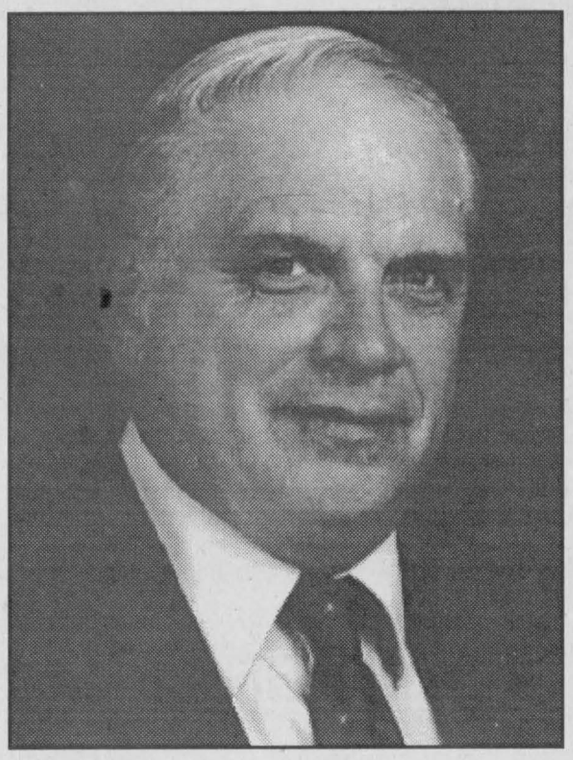
774-3776
Prices guaranteed until Dec. 28, 1997. Not all items may be available at all stores. Dealers may sell for less. FRANCHISE OPPORTUNITIES AVAILABLE: CALL 1-800-387-7311
01026

Keep Osgoode Township Debt-Free



For Your Full-time
MAYOR
ON NOV. 10
VOTE
X
LLOYD CRANSTON

Our education system isn't working!

Our children are falling behind! It must be changed now.
The Ontario Government has a plan to reform education:



The Ontario Government's Plan for Education Reform would put our children back at the head of the class, where they belong!

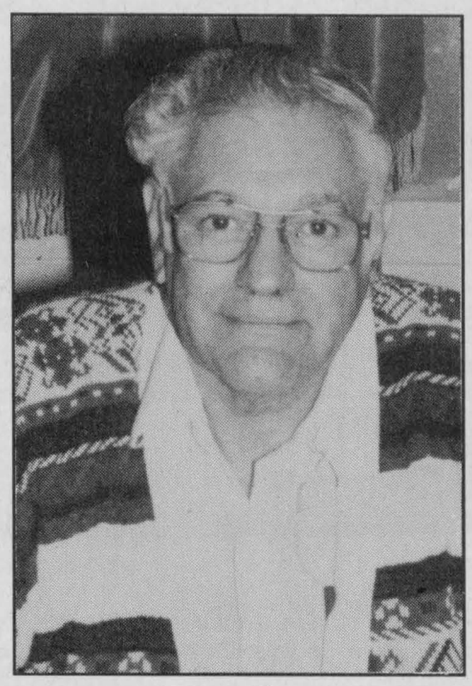
For your copy of the plan, call 1-800-837-1077

Ontario

Mayoral candidates respond to health-related issues

The Eastern Ontario Health Unit has asked candidates in the upcoming municipal election to address the following important public health issues, for use in a media release. Following is a complete list of the questions and the candidates' responses for publication in your newspaper. We appreciate your continued support in promoting public health in your community. If you have any questions about these releases, please call Gisele Grignon at 613-538-2864.

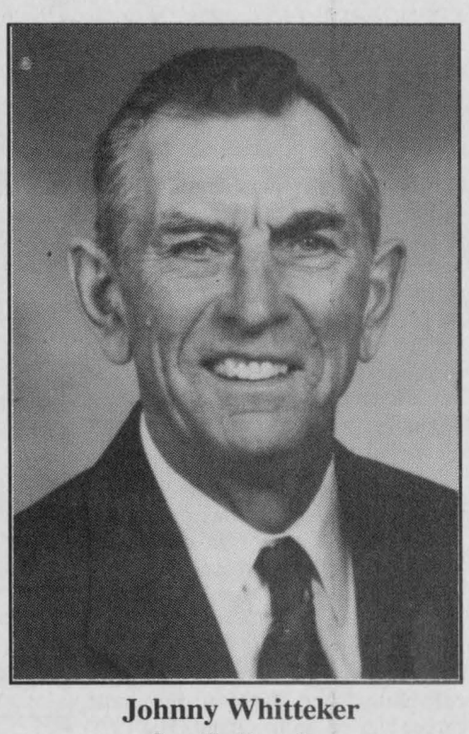
Following is the result of a questionnaire prepared and sent by the Eastern Ontario Health Unit to local municipal election candidates (Mayor position only). Citing time constraints, responses were not available from the following: Charles Barkley, Jim Cook, and Claude Cousineau.



Larry Gray
North Dundas



Lyle Van Allen
South Dundas



Johnny Whitteker
South Dundas

1. Teenage pregnancies often mark the beginning of a life of misery, and social dependency. As of Jan. 1/98, funding for public health becomes the sole responsibility of municipalities. Will you support continuous funding for public health services regarding sexual health education, pre and post-natal services and parenting classes?

JOHNNY WHITTEKER

As far as I'm concerned Public Health is one service that should not have been downloaded — having said that, the Provincial Government should have criteria to convince municipalities to fund sexual health education, pre and post-natal services and parenting classes.

LYLE VAN ALLEN

If we are going to allow young people to keep their young after birth, then we are going to have to fund the difficult services to protect not only the parent but the child as well.

LARRY GRAY

Yes, definitely. However one should be looking for improved or better techniques or programmes to obtain better results.

•

2. As of Jan. 1/98, public health becomes the sole responsibility of municipalities. How do you see yourself and your Council getting involved in public health issues? Which public health issues do you consider priority?

JOHNNY WHITTEKER

I feel that smoking cessation and healthy lifestyles are two of the most important programs of the Board of Health and if elected would do my best to see that funding is made available.

LYLE VAN ALLEN

Presently at the County level, we have two people from SD&G County Council who sit on the Board of Health Committee along with representatives for Prescott-Russell, City of Cornwall and the province. I can not see that changing. We could also get involved in advertising health risks. I believe smoking is the highest priority because many innocent people are harmed by second hand smoke.

LARRY GRAY

Public Health should remain a County (SD&G) responsibility. More advertising to inform public regarding Preventative (i.e. Vaccination/inoculation) programmes. Also more involvement in mental health area.

•

3. The availability and accessibility of recreational facilities is one way of keeping our young people off the streets and busy with healthy activities. If elected, how will you support increasing the availability of municipal recreational facilities to families and community groups and make them more accessible by revising the fees charged?

JOHNNY WHITTEKER

In the Town of Williamsburg we have an open-air rink and tennis courts that are available to everyone, no charge. We also subsidize the rink in Morrisburg to keep the cost down for all families. I have also made part of my platform to have a bicycle path across the front of South Dundas in this term.

LYLE VAN ALLEN

Municipal recreational facilities usually operate at a deficit. They are a tax burden on the tax payers. If someone needs financial help they can usually get it from different service clubs; however if that funding is not available then there should be a fund set up by the municipality to help some families.

LARRY GRAY

My policy has always been accessability to everyone at affordable cost. Activities and programmes should take precedence over profit. A break-even financial picture is best.

•

4. Smoking is responsible for a number of diseases and in Eastern Ontario, it contributes to almost half of all deaths annually. If elected, will you promote bylaws restricting the use of tobacco in public places such as restaurants and bowling alleys?

JOHNNY WHITTEKER

Yes, if elected I will promote bylaws to restrict the use of tobacco in public places. We already have that bylaw in Williamsburg.

LYLE VAN ALLEN

Yes, however it should be over a large area, eg: SD&G and the City of Cornwall (if not all of Canada). It is unfair to make a "No Smoking" sign bylaw in a restaurant when just down the street people can smoke.

LARRY GRAY

As a non-smoker - I become relatively ill or uncomfortable in a smoke-filled environment. I would promote restrictive bylaws.

•

5. Every year, we learn about road accidents and traffic deaths where alcohol was a factor. If elected, will you present and support municipal alcohol policies?

JOHNNY WHITTEKER

In the Township of Williamsburg we have an alcohol policy and I will promote the same in South Dundas, if elected.

LYLE VAN ALLEN

Yes, we already have a Municipal Alcohol Policy in the Township of Williamsburg; hopefully it will be adopted for all of South Dundas.

LARRY GRAY

I recognize some benefits of alcohol use. However, I support moderation and would also support preventative policies to restrict excessive use.

•

6. The number of children with dental caries is higher in Eastern Ontario than the provincial average; so is the number of adults who have lost all their teeth. It's proven that fluoridation of municipal water contributes greatly to the prevention of dental decay and the preservation of teeth. If selected, will you push for fluoridation of water where water is a municipal service?

JOHNNY WHITTEKER

If elected, I will consider fluoridation of water where water is a municipal service and is requested by the majority of ratepayers.

LYLE VAN ALLEN

Yes.

LARRY GRAY

Fluoridation of municipal water supplies, in my view, remains a cost-benefit problem. Where the benefits warrant the cost, I would then push for fluoridation.

OBITUARIES

Irene Harper

Irene Marguerite Harper, of Chesterville, died on October 26. She was 88.

A homemaker, Mrs. Harper was born on September 12, 1909 to the late Antonio Sirois and Ann Gauthier.

She was also predeceased by her husband Albert Harper, brothers Leo, Hector, Albert, Maurice as well as her sisters Rhea Rochon and Fleurette Belanger.

Mrs. Harper will be fondly remembered by her children Bernard and Linda Harper of Chesterville, her grandchildren Kevin (Tina) of Kingston; Michael (Sherry) of Ottawa; and David (Silke) of Vancouver.

She will also be missed by her brother Ernest Sirois and sister Therese Hewitt, both of Ottawa.

Funeral services were held at St. Mary's Catholic Church on October 30. Father Tim Shay officiated.

Interment was at Maple Ridge Cemetery.

The pallbearers were Kevin Harper, Gary Sirois, Dr. Charles Adamson, David Harper, Steven Johnson and Reg Hutt.

Hendrika Verspeek

Hendrika Verspeek, of RR2, Winchester, died on October 23. She was 62.

A dairy farmer, Mrs. Verspeek was born in Holland on February 18, 1935 to the late Petrus Jacobs and Petronella Paulina Janssen.

Mrs. Verspeek will be sadly missed by her children Angela (George) Gaudet of RR1, Finch; Peter of RR2, Winchester; Pauline (Richard) Champagne of Gatineau; Freda (Daniel) Lamoureux of RR3, Crysler; Jackie (Jim) Lefebvre of RR2, Lunenburg; Henriette of Winchester; and Geraldine of RR2, Winchester.

She will also be fondly remembered by her seven grandsons, one brother and three sisters all of Holland.

She was predeceased by two infant sons and her husband Gerard Verspeek.

Funeral services were held at St. Mary's Catholic Church in Chesterville on October 27. Father Tim Shay officiated.

Interment was at Maple Ridge Cemetery.

The pallbearers were Peter Verspeek, Brian Enright, Daniel Lamoureux, Lester Robinson, Leo Mesman and Martin Mesman.

Rainfall report

For the week of Oct. 26-31, 1997

	Rainfall	Accum. to date
CHESTERVILLE	10.8	507.2
MORRISBURG	25.6	445.6
WINCHESTER	29.5	443.3

Final report for 1997

BRIDE TO BE?



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For general information, call
1-800-731-4000
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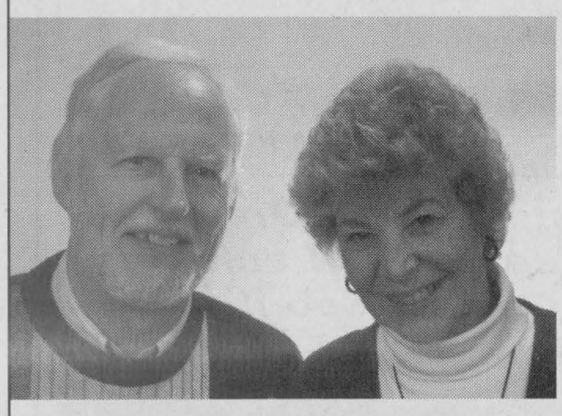
Canadian Firearms Centre
Centre canadien des armes à feu

Department of Justice Canada
Ministère de la Justice Canada
Canada

Don't Be Left With A Blank Screen

"It is DIRECTV's policy to switch off grey market dishes, if we have proof they are in Canada."
✪ Bob Marssocci, DIRECTV, Los Angeles, California (June 17, 1997)

"We had our previous satellite television service abruptly cut off this past summer! Thanks to Star Choice, the uncertainty has been replaced with dependable, quality service, and responsive professionals!"
✪ John and Mary Hincks, Minden, ON



John and Mary Hincks
Minden, Ontario

Any Canadian currently subscribing to DIRECTV, PrimeStar, or The Dish Network, who returns their equipment to a participating Star Choice dealer and subsequently purchases a Star Choice digital satellite television system will receive:
- ✪ **$250.00 trade-in allowance**
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This offer is also extended to Canadians currently subscribing to Cancom or AlphaStar.

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www.starchoice.com

* Offer applies to Star Choice's Total Choice Gold Programming Package. Packages and programming are subject to change without notice. This offer is available to single family dwellings located throughout Canada.



STAR CHOICE
We make it worth watching

Seminar for screenwriters

SPENCERVILLE — On Nov. 9 movie buffs and aspiring screenwriters will have the rare opportunity to learn about the art and business of writing for film and television from one of the best in the area.

The Valley Writers' Guild will be proud to present on that day a very special guest speaker, the successful screenwriter Keith Davidson. A scriptwriting instructor and associate of the Canadian Screen Training Centre and of the Summer Institute of Film and Television, Davidson has a long list of credits in the field, beginning with a degree in film from Queen's University.

Davidson then spent the next 10 years working in various capacities on a number of short film, documentaries and television specials, all while running the Mayfair Theatre in Ottawa.

Davidson then decided to become a screenwriter, but in atypical Hollywood fashion his new career started with a bang. His first feature script, a detective-comedy titled *The Gentleman Detective* garnered a great deal of attention and won a number of awards including the Carl Sautter Memorial Screenwriting Competition and the Walt Disney Studios Screenwriting Fellowship.

Some of Davidson's successes include *Murder in the Vatican*, a complex thriller dealing with deadly conspiracy within the Vatican; *Impact*, a sci-fi thriller about the coverup of a mysterious crash at a top secret military installation; *Cool and Free*, a coming of age story about a troubled young biker.

The lecture on Nov. 9 will be a boon to writers or students who would like to go for the Hollywood brass ring and attempt to work in the currently lucrative fields of film or television.

The meeting takes place at 2 pm at St. John's United Church on Prescott St. in Kemptville. Non-members are welcome and pay $4 at the door. For more information about the meeting or about the Valley Writers' Club contact chairperson Joy Hewitt Mann at 613-658-5245.



First Hallville Sparks

The First Hallville Sparks recently held its enrollment. First-year Sparks are, back row, left: Mandy Brophy, Jessie Douglas, Alyson Erwin, Kirsten Milne, Claire Cameron. Front left: Crystal Lillico, Justine Gervais, Darby Ace, Emma Greenough.
Press Photo -- Erwin



First Hallville Brownies

First-year Brownies in Hallville enrolled recently and are, back left: Jennifer Ceelen, Samantha Faith, Cristina Lillico, Christine Grabner. Front left: Kristena Hicks, Alison Brophy, Alison Brophy, Alison Dumoulin and Laura Gibson.
Press Photo -- Erwin

Vehicles stolen

MANOTICK -- A number of vehicles were reported stolen in the past week in the Manotick area.

A 1985 Buick Skylark was stolen from a Burritts Rapids home on Oct. 30. The victim advised that the car had been parked in the driveway at 6 pm and he noticed it had been stolen at 9 pm. Area residents are reminded to lock their car doors and keep the vehicle keys with them.

A homemade trailer and two all terrain vehicles were removed from a Church St. property in North Gower. The owner reported that at 2 am on Nov. 31 he heard his dog barking. When he woke up in the morning, the vehicles were gone. A 1990 Honda 4-wheeler and a 1984 Honda 3-wheeler are missing.

On Nov. 10, between 7 pm and 10:10 pm, the owner of a red GMC pick-up truck reported that his vehicle had been stolen from the parking lot of a local drinking establishment. Two days later, the truck was located in Goulbourn Twp. It had been stripped and set on fire. Anyone with information concerning this crime is asked to contact Det. Const. Hickey at 692-2525.

Phonebusters helps seniors

NORTH BAY — Telemarketing fraud will cost Ontario seniors more than $3.5 million this year.

Co-ordinated by the OPP, SeniorBusters is part of the Project PhoneBusters which is a national task force to combat telemarketing fraud that was developed co-operatively by federal and provincial police services and crime prevention experts in 1993.

Seniors are easy targets because they are more vulnerable for many different reasons, including loneliness, lack of family support, frailty and dementia such as Alzheimer Disease.

Criminals know seniors are particularly susceptible to telephone fraud because the elderly are usually too polite to hang up on the caller. Fraudulent telemarketers build relationships and gain the trust of the senior before they victimize the individual.

Ruined family lives and significant financial losses have resulted from this crime against seniors.

Some 56 per cent of the total number of the telemarketing prize pitch victims are over the age of 60 with the average dollar loss of more than $12,000 per victim. Of all victims, seniors represent 85 per cent of those who have lost more than $5,000.

SeniorBusters consists of more than 40 volunteers over the age of 50. These members help reduce the level of fraudulent telemarketing against seniors by contacting the victim's family members, local police agencies, elder abuse committees and other local agencies in an effort to provide seniors with the necessary tools to effectively protect themselves and fight this crime.

Anyone who has been a victim or is being harassed by a telemarketer should call PhoneBusters at 1-888-495-8501.

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Keeping Health In Mind

"Keeping Health In Mind" is a monthly newspaper column made possible with the help of the Lannin Business Centre, the Winchester Press and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall General Hospital.

Assertiveness

Ask yourself these questions:

How do you feel about yourself? Do you know how to say no? Can you accept/give a compliment? Are you confident in your abilities?

Assertive behavior is the ability to express one's feelings, opinions, needs, preferences in a manner that is respectful of others. It also means that you are able to admit your good and bad traits and handle criticism. It is a skill that one learns, and generally people are not assertive all the time. Sometimes it depends on your mood, the person who you are interacting with and/or the situation. For example, you may feel comfortable asserting yourself with a friend or co-worker but not with your parent or boss or doctor. Individuals who have difficulty with self-expression in a number of situations report feeling sad and misunderstood, lack self-confidence, and experience anxiety in interpersonal situations. They may also experience headaches and/or stomach problems. The advantage to being able to express yourself is that you will not feel taken advantage of and/or you may get what you want and the negative feelings have been eliminated.

Assertive skills and a positive self esteem are essential to our mental health. It is possible to develop these skills, with patience and understanding. Take a look at your willingness to change, to take risks, to value yourself and others, to set realistic goals and to want to be liked.

Realize you have rights. You have the right to ask for help, to refuse a request, to have different values, to be listened to, etc. Review your body language. It is recognized that an assertive, self-confident person makes eye contact, speaks in a firm, warm voice, stands/sits erect and feels relaxed not agitated.

Some basic ways to develop these skills would be to:

- decide to change,
- analyze the assertive behavior of others,
- analyze your own behaviors - ask feedback from others,
- record your behaviors, to practice use a mirror or tape recorder,
- rehearse assertive behaviors, do role plays
- do it.

The more you practice, the more comfortable and self-confident you will become which will lead to better mental health.

Susan Mikula, S.W.T.
Social Worker Technician

For more information or to receive the French version of this article, or to seek professional advice, please call 932-9940 or 1-800-465-8061. Free, confidential services are available in French and English to residents of Dundas, Stormont and Glengarry through their offices in Winchester, Cornwall or Alexandria.

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At private institutions the learning continues

by Lori Culliton
Press staff

METCALFE — As Ontario public school teachers continue with their second week of a province-wide walk-out, there are some students who remain in their classes, oblivious to the strife going on in the education system.

These students have their teachers by their side, too.

The Community Christian School in Metcalfe is a privately-run school, operated without interference from the provincial government. Principal Beth Ripmeester describes the school as a community of people interested in education based on Christian principles.

"The school came about from parental response," Ripmeester said. "They wanted a Christian school where their children would have education and learn about religion together."

A board of mostly parents was elected, and various committees for issues such as staffing, curriculum and fundraising report to that board. And they are all volunteers.

"We've been doing things here that the government and (public school) teachers say they want," the principal said. "For example, parental involvement in a child's education."

She added, "We have standards of behavior that we uphold at this school, and we have goals that we strive for. I'm not saying that our children are angels but mostly our standards are met."

Ripmeester described the Christian school system as old-fashioned in some ways. "We chase down corrections from the students," she said.

"The (education) minister said that there are no second-class citizens in Ontario," Ripmeester said. "Here, they are second class citizens in that there is no government funding — parents pay a tuition for their children to attend."

Not only do parents pay tuition but they also pay public school taxes. "It's a private school, but it's not snobbish," Anna Berghout, a parent, said. "I prefer to call it 'parentally-run'. The families who send their children here are not rich. We all sacrifice greatly to send our kids here."

The school is inter-denominational and there are currently children of 12 different religions attending the school. The Community Christian School belongs to the Ontario Alliance of Christian Schools, a division of Christian Schools International.

"Education with religion has become an important option for parents," Ripmeester said. "We teach a Bible program, and lead prayers and devotions at intervals throughout the day. We believe that in every subject there are things that relate back to the fundamental beliefs.

"All human knowledge is God-given."

All of the teachers at the school posses an Ontario Teaching Certificate and are members of the Ontario Teachers College.

"As parents we are thankful for the dedication of our teachers," Berghout stated. "Even though they have a small budget they work with what they have."

"Teachers' salaries are lower than the public system," Ripmeester said, "because the system is based on parents who are double-taxed. But we have a staff who are willing to go along with it."

For students at the Christian Community School, religion is weaved in and out of every subject. "God is the creator of all things and he gives us our strengths and weaknesses," Ripmeester said. "We teach the philosophy of living, and we hire people who are trained in open dialogue. The staff is accountable to the parents."

There are 54 students enrolled in Grades one through eight at the school in Metcalfe and 11,746 students enrolled in similar schools across Ontario, employing over 700 teachers. There is no kindergarten due to lack of funding, and students can continue on to Redeemer Christian High School.

Presently, the Community Christian School contains double and triple grades. That is, teachers educating two and three grade levels at once, in one classroom.

"My personal goal is to see four double class rooms at the school," Ripmeester said.

In terms of the province-wide strike, "We stand for the dedication of parents and teachers to the kids," the principal stated. "People make a lot of sacrifice to be involved with this school. There are many parents who want this kind of education for their children. They want quality education from a Christian perspective."

Ripmeester added, "The government should be listening to parents. Parents should always have a say in education. Our parents put in many hours here, and we use the gifts and talents of parents in the classroom. Here, parents are able to take ownership."



Students at Community Christian School in Metcalfe sing a song before dismissal time.



Craft show

There was baking, Christmas crafts, artwork, jewellery, woodwork and much more at the annual Morewood Craft Sale at the Community Centre on the weekend. Ten per cent of the proceeds from the craft show will go towards the Morewood Care Group. The bake sale raised money for the Morewood school on Saturday and for the Morewood Sparks on Sunday. Above, co-ordinator Alana Jaquemet shows an onlooker the variety of artwork on display from "On Common Ground" artists.

Manotick OPP identifies remains

MANOTICK -- During the noted period, members of the Manotick Detachment investigated 118 general occurrences, four personal injury and nine property damage motor vehicle collisions.

A 31-year-old Montague Twp. woman has been identified as the lone occupant in a Mazda pick-up truck that burned on Boundary Rd. Rideau Twp. on Oct. 27. Police relied on dental records to confirm the victim's identity. This incident is still under investigation.

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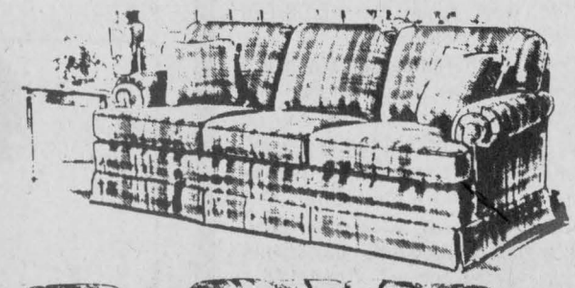



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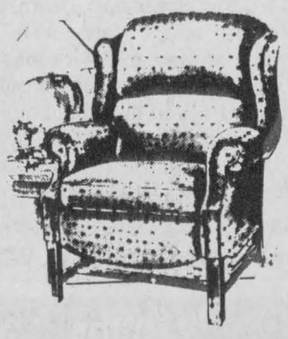

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Cole relying on experience

CHESTERVILLE — Roger Cole wants to work towards the betterment of North Dundas.

Cole, a former councillor and deputy reeve for the Village of Chesterville (1984-93), says creating a united North Dundas is going to be one of the biggest challenges facing North Dundas.

"The biggest challenge is going to be ensuring everyone at the table works towards the betterment of North Dundas. Although we'll be elected to represent our own areas we're there for North Dundas first," he said.

Cole also believes his prior experience on council will benefit North Dundas.

"I have first-hand experience in downsizing and amalgamation (from my previous jobs). I know the pitfalls. I know it won't be easy but it can be overcome."

Cole said people have to remain optimistic about the changes which come along with amalgamation.

"We can be optimistic or pessimistic about things and I choose to be optimistic.

Meredith hopes to keep services

CHESTERVILLE — Thomas Meredith wants to maintain services as well as Chesterville's identity.

Meredith, who is running for council for the first time, believes the new councillors of North Dundas need to maintain each municipality's identity as well as work as a whole for North Dundas.

"We have to maintain our own place but remain together," he added. "We have to maintain quality at every level."

Meredith also noted the new councillors' task will be difficult because they will be making decisions which affect more people.

"It's a different working environment than working with council at a village level. Before you have five or six people directly involved in making decisions. Now you will have two people making the decisions for more people."

Smallest ward unique: Parker

CHESTERVILLE — Gail Parker wants to make a difference.

Parker, who is completing her first term as councillor for the Village of Chesterville, said she is looking forward to the challenges of being on a newly amalgamated council.

"I think this next term will be exciting, rewarding, and challenging and with proper organization and implementation everything will be in place and the newly amalgamated system functioning smoothly," added Parker. "We also have to be prepared for the numerous changes yet to occur to our municipal scene."

Parker also noted that Chesterville will need special representation because it is the smallest ward in North Dundas.

"We, Ward 4, are the smallest in number in comparison to our upcoming amalgamated Township of North Dundas. However, we can have a strong voice and we can be heard. I am committed to the preservation of current services, and community planning for the future."

Throughout her three-year term, Parker has completed numerous courses — Municipal Councillors Course, as well as courses in planning, financing and law.

"In the future I would be able to continue to apply this knowledge to the betterment of our community because I feel knowledge is only powerful when shared."

"This village fosters strong community involvement. It is healthy, family oriented, socially, economically and environmentally responsible. So as members of this community we understand our needs, wants and desires, we have learned from our past, and we are aware of our present so we can determine the priorities which must absorb our limited resources to best meet our dream of tomorrow."

The Press was not able to reach Peter Van Kessel, also running for council in Ward 4.

To the ratepayers of North Dundas
Vote Cousineau
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North Dundas Ward 4

Casselman believes amalgamation is 'the way of the future'



Sharon Casselman

CHESTERVILLE — Sharon Casselman believes she is a strong voice for the people.

Casselman, who is completing her first term as councillor for the Village of Chesterville, has thrown her hat into the political ring and is running for councillor of Ward 4.

"I just feel I would be a good voice for the people. I want to protect the services we already have and the identity of the village, but also work with the others (municipalities) in amalgamation," she said.

Casselman is a past president of the Chesterville Legion Ladies' Auxiliary as well as the Fire Ladies Auxiliary. She has also been a member of the Winter Carnival Committee for the past 25 years, as well as serving on the recreation committee and new ball diamond committee.

Although the Village of Chesterville initially opposed amalgamation, Casselman said they want what is best for North Dundas.

"I don't think anybody wholeheartedly wants it (amalgamation) but it's the way of the future," said Casselman.

Casselman also noted that she does not want any of the municipalities in North Dundas to see a reduction in services or an increase in taxes because of amalgamation.

"I don't think any of our municipalities should deal with any less services," she added. "We should not allow anyone to work with less services but try to keep the tax dollar down, which will be hard considering we don't know all of the downloading that's coming."

One of the biggest tasks Casselman anticipates the new council will face is educating the residents of North Dundas about the ramifications, good and bad, associated with amalgamation.

"Up until the last few weeks a lot of the public didn't know what was going on," added Casselman. "A lot of it is going to be educating the public, cool heads and working together."

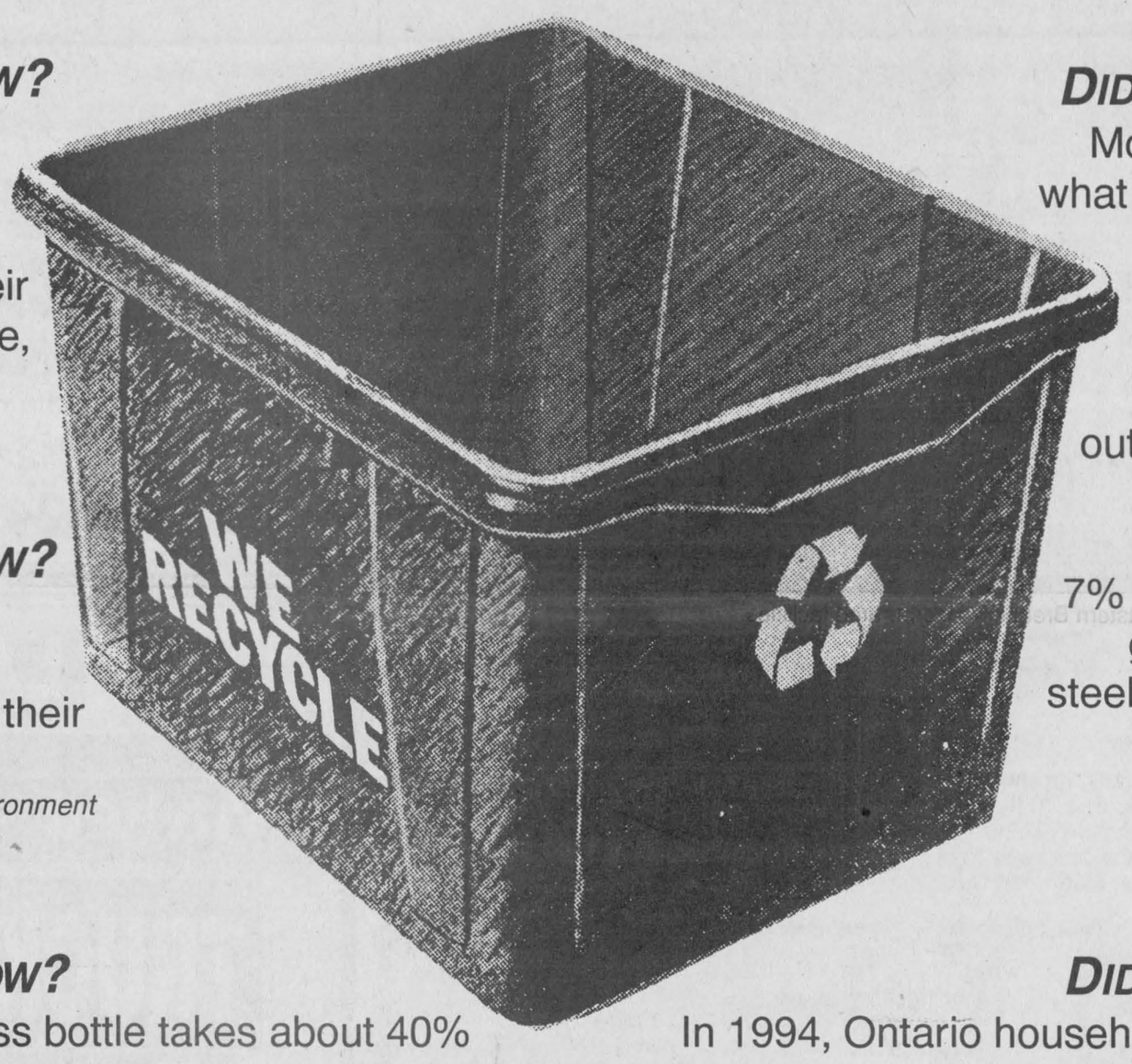
Casselman said the first term of council will also be spent learning the needs of all four municipalities.

"It'll be understanding what a village needs and what a township needs and once we get that all settled, things will fall into place," added Casselman. "I think it's going to be a very difficult task when we start but with a lot of long hours and a lot of head-banging it can be done."

Mountain Township has declared
November 3 to 9, 1997
Waste Reduction Week
"Thinking outside the box"
Reduce, Reuse - then Recycle

DID YOU KNOW?
In one year the average adult in Ontario throws out five times their weight in garbage, a total of 330 kg.
(Recycling Council of Ontario)

DID YOU KNOW?
In 1994, Ontario households recycled 13% of their waste.
(Ontario Ministry of Environment and Energy)



DID YOU KNOW?
More than 80% of what we throw in the garbage could be recycled or composted. Of what we throw out, approximately 38% is organic, 27% is paper, 7% is plastic, 6% is glass and 5% is steel and aluminum.
(Environment Canada)

DID YOU KNOW?
Recycling a glass bottle takes about 40% less energy than making a new one.
(Scientific American Magazine)

DID YOU KNOW?
In 1994, Ontario households composted 8.5% of their waste.
(Ontario Ministry of Environment and Energy)

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Eastern Breeders improves with age: Proof is in the sires

Dianne Fetterly
Agricultural editor

KEMPTVILLE — Eastern Breeders Inc. is celebrating its golden anniversary in style with a special, multi-breed showcase of cattle from well-known EBI bulls of the past and present.

The open house aims to demonstrate contributions made by Eastern Ontario breeders to agriculture and cattle breeding. It will be held Nov. 9 - 11 at La Ferme Gillette near Embrun in conjunction with Gillette Visions `97.

"Genetic Reflections `97 is our big event for the anniversary. It will reflect back on what's happened (at EBI) in the past 50 years," said EBI spokesman Barry Mooney.

According to Mooney, close to 50 head of cattle representing EBI sires from the past and present will be displayed.

Top Holstein sires from the past, such as Seiling Rockman, Clinton Camp Majesty, Butterview Mattador and Nelacres Johanna Senator will be represented, as well as popular Ayrshire bulls, Blackadder Milk Machine and Woodlands View Triumph, and well-known Jersey sires, Curtesy Duncan Jude, Juno and Imperial.

"These are bulls that have made EBI a lot of money in the past," said Mooney.

Genetic Reflections `97 will also feature six daughters from popular, current bulls, Jewit Midas and Rothrock Lucius and some daughters from popular beef sires. Cattle featured in the display are from Eastern Ontario herds.

The Genetics Reflections `97 and Gillette Visions `97 event is expected to attract 400 - 600 foreign visitors.



Seiling Rockman was a popular EBI sire of the '60s and '70s.

50 YEARS OF CHANGE

Eastern Breeders Inc. got its start in Kemptville in 1947 with the formation of the Eastern Ontario Cattle Breeding Association. The association's organizational meeting was attended by delegates from seven counties including, Glengarry, Stormont, Dundas, Grenville, Leeds, Lanark and Carleton. Board members arranged for the purchase of bulls and housing. It also secured technicians.

Later that same year, the Quinte District Cattle Association had formed, and by 1948, four Artificial Insemination (AI) centres were operating in Ontario.

In the beginning the two eastern Ontario units only provided Holstein semen, however demand from Ayrshire breeders soon meant the addition of Ayrshire sire service at Eastern. Shortly after, Shorthorn, Hereford, Guernsey and Jersey were added.

By the 1950s, the two farmer-run cattle breeding co-operatives were well established and providing AI services from Durham County east to the Quebec border and north to Pembroke.

With the establishment of the Dairy Herd Improvement Association in 1949 and the beginning of BCA (Breed Class Average) in 1951, cattle breeders were now able to evaluate how the daughters of AI sires compared to those of other sires.

Throughout the 1950s the demand for AI services increased. Technological advances also moved quickly with the introduction of frozen semen. Some of the advances during the late `50s and early `60s included: liquid nitrogen as a refrigerant for frozen semen, a young sires program, sire proofs, business machines and new equipment.

However, along with the changes also came rising operating costs. In 1962 Quinte District Cattle Breeders and Eastern Ontario Cattle Breeders amalgamated to form Eastern Breeders Incorporated (EBI) with its head office located in Kemptville.

In the 1960s the EBI began hosting annual open houses which featured tours of the offices, lab and bull facilities.

In 1964 EBI opened its new office building and in 1968, the beef bull section was pooled with United Breeders at Guelph. The colored breeds were also pooled, with EBI housing the Ayrshires, United Breeders housing the Jerseys, and Western Ontario Housing the Guernseys.

With a Brucellosis outbreak in 1974, precautions were taken to prevent the spread of the disease. The annual open house was cancelled, visitors were screened and anyone entering the barn was required to wear disposable, plastic boots. After that, groups of visitors were welcomed but were not able to walk through the barns where the bulls were housed.

Seiling Rockman, one of EBI's most popular Holstein bulls of the 1960s died in 1973, however a bank of semen was stored, with some still available into the early 1980s. Seiling Rockman, dubbed the "Genetic Giant" bred 188,000 cows in the EBI area alone, and thousands more in other parts of Canada and around the world. Daughters of Rockman attracted a lot of attention to eastern Ontario breeders.

An increase in the number of bulls housed at the Kemptville facility, resulted in a expansion of the barns in 1974 and 1975. About 90 sires were housed there at the time.

By the late `70s, EBI housed over 100 Holstein bulls. Popular sires at the time included names such as: Clinton Camp Majesty, Wholesome Perseus Leader, and Nelacres Johanna Senator.

In the early `80s, EBI housed 18 Ayrshire sires with superior proven sires such as, Donholm Commander Jack's Choice and Selwood Greta's Boy 2.

A fire in December of 1986 destroyed the barn housing some of the bulls and in 1989, EBI joined forces with breeders in New Brunswick.

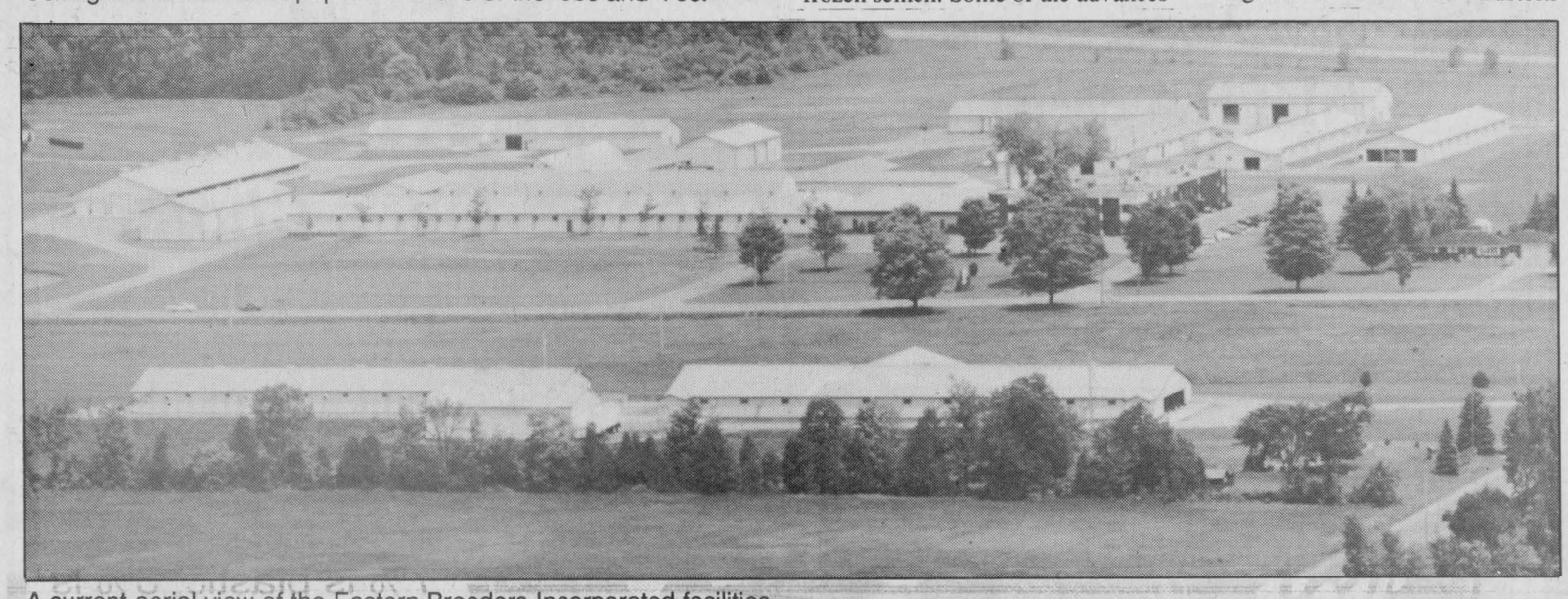
Over the past 10 years the company has also entered into the embryo business.

Eastern Breeders is a supporter of the 4-H program and youth training and hosts about 100 kids each year for the EBI Showcase.

According to Mooney, the Semex alliance, which EBI is a part of, is now the largest AI (stud service) and the only source of Canadian genetics in the world.



Some of EBI's current field include, left to right: George Bell, manager field services; Ernst Vander Meer, Liam Daly, field reps; Vince Bosquet, General Manager; Dale MacPhee, Dominique Pelletier, field reps; Cheryl Stanley, dairy sales co-ordinator. Courtesy Photos



A current aerial view of the Eastern Breeders Incorporated facilities.

Farm update

Calculate weight of corn silage

By Gilles Quesnel
Soil and crop advisor

WINCHESTER — Talking to producers it's obvious that a lot of corn silage will trade hands this fall. The high trade volume is the result of a tight hay supply and uneven maturity in some corn fields.

To help producers calculate silage tonnage in a wagon load, researchers at the University of Wisconsin Marshfield Agricultural Experiment Station weighed, measured and moisture tested 151 wagon loads of corn silage to determine the average dry matter density of silage in forage wagons. In the test, the average density of corn silage in the forage wagons was 5.05 pounds of dry matter per cubic feet at 34.4 per cent dry matter (65.6 per cent moisture).

With this information we can estimate the amount of corn silage on a wagon by multiplying the volume of the silage in the wagon by the density of the corn. A wagon measuring 16 feet long by 6.83 feet wide filled to a depth of 5.6 feet has a volume of 612 cubic feet (16x6.83x5.6). To determine the dry matter content of the wagon, multiply the cubic feet by 5.05 pounds of dry matter per cubic foot. This comes to 3091 pounds or 1.402 tonnes of dry matter (612x5.05).

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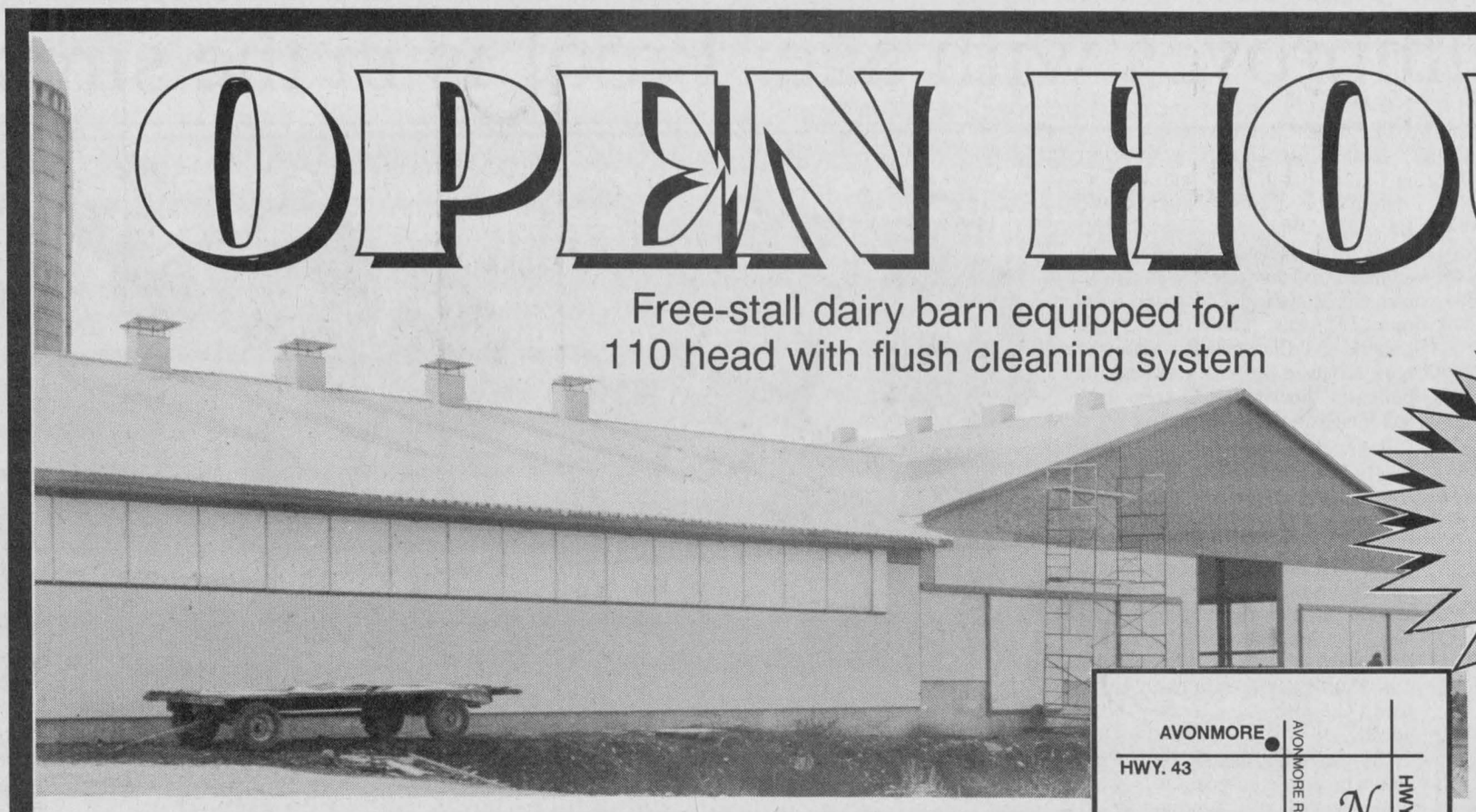

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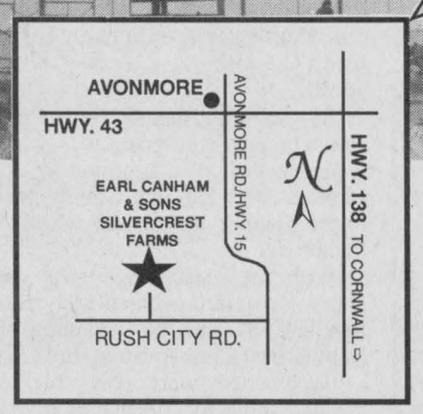

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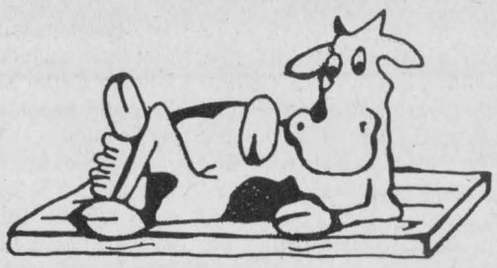

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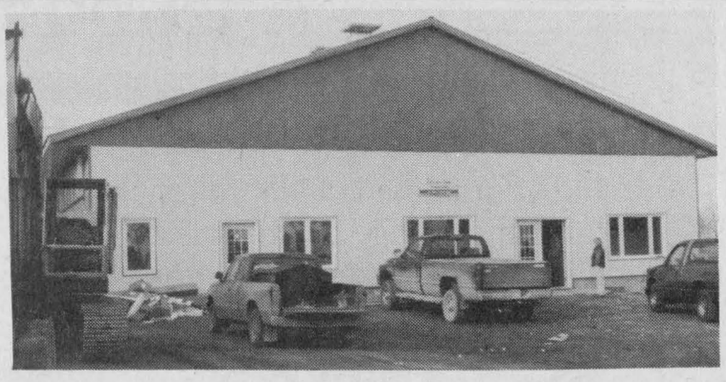

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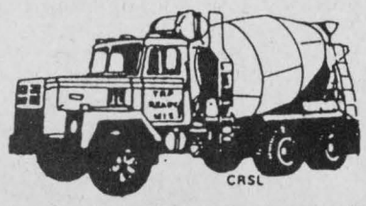

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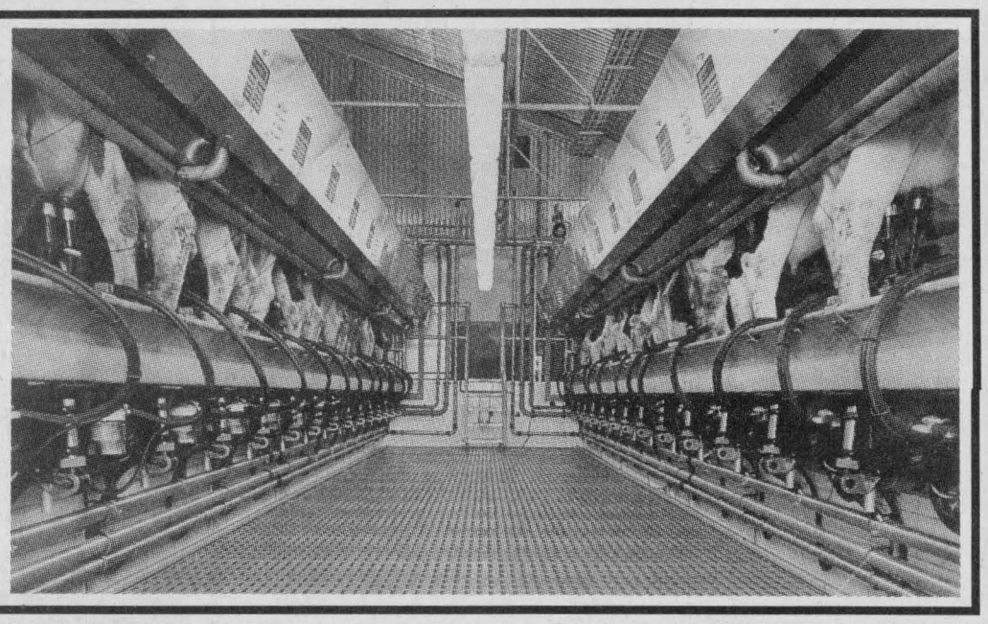


Rose among Royal elite, fair celebrates 75th year

MOUNTAIN - Ken Rose will be judging the Ayrshire Show at the 75th annual Royal Agricultural Winter Fair slated for Wed. Nov. 12 in Toronto.

Rose, who along with his wife Shirley operates a dairy farm just west of Winchester, says he feels privileged to be chosen to judge the show.

"It's an honor ... Not too many people get a chance (to judge at the Royal)," said Rose.

While he's been a judge for the past 10 years, Rose has also experienced success as an exhibitor. Besides showing Ayrshires at local shows he has also captured awards from such prestigious shows as the World Dairy Expo in Madison, Wisconsin as well as the Royal Agricultural Winter Fair.



ROYAL CATTLE SHOWS

This year's Royal Agricultural Winter Fair kicks off Thurs., Nov. 6 and runs until Sat., Nov. 15, in the newly expanded National Trade Centre at Exhibition Place in Toronto. About 350,000 visitors will have the opportunity to experience the sights and sounds of the country in the city.

For the first time in over a decade both beef and dairy cattle will be featured in the buildings at the same time.

Semex Canada will be sponsoring this year's dairy cattle shows, which are expected to attract thousands of international visitors and buyers. Dairy shows featured will include: Ayrshire (Wed., Nov. 12), Brown Swiss (Thurs., Nov. 13), Guernsey (Fri., Nov. 14), Holstein (Thurs., Nov. 13), Jersey (Wed., Nov. 12) and Milking Shorthorn (Fri., Nov. 14).

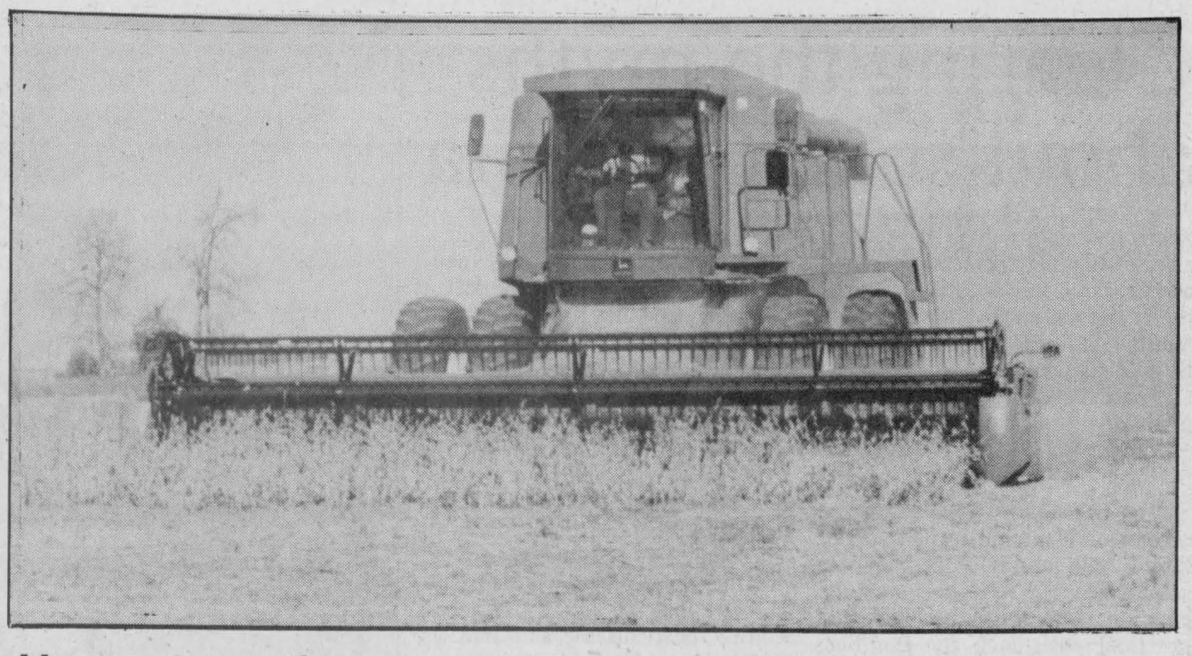
The Cargill Beef Cattle Show is expanding to include three new breeds of cattle: Belgian Blue, Salers and Galloway. This year's beef show will also feature three national shows: Aberdeen Angus, Shorthorn and Limousin shows.

YOUTH EVENTS

This year, from Nov. 7 - 10 the Royal will feature youth events such as: Young Simmentalers Show, Knob Hill Farms National Jr. Beef Show, Knob Hill Farms Queen's Guineas, Young Speakers for Agriculture, 4-H Go-for-the-Gold, Scotiabank Hays Classic, Intercollegiate Judging and the Junior Sheep Show.

The Royal Horse Show and the Winter Garden Show are also highlights of the 10-day fair.

The Royal aims to promote excellence in agriculture, horticulture and equestrian events through world class competitions, exhibitions and educational displays.



Harvest continues

During a stint of dry weather, farmers were able to finish up most of the soybean harvest and are now tackling the corn. According to soil and crops advisor Gilles Quesnel, the nice weather for most of October allowed grain corn to dry down a bit more than was earlier anticipated. He is advising producers to harvest their corn as soon as possible, provided the crop isn't too wet.

Agricultural research sites available on world wide web

OTTAWA — With more and more Canadians looking for information by searching the world wide web, Agriculture and Agri-Food Canada (AAFC) wants to acquaint the public with important web-based resources for agricultural research and biotechnology.

For a quick and easy access to agricultural research, the AAFC Research Branch offers 'Connect with Research'. This site provides a pathway into the numerous products and services that AAFC's national network of 18 research centres has to offer. It also offers many links to each centre's home page, where there is more detailed information. Connect with Research is at: www.agr.ca/research/conn/intro.html.

The Canadian Food Inspection Agency (CFIA) invites visitors to their new biotechnology web site at: www.cfia-acia.agr.ca. Click on Biotechnology under Science and Technology to find the Info AgBiotech page.

To find out how biotechnology will affect our food, check out the Food Biotechnology Communications Network (FBCN) web site, set up to help consumers make informed, science-based choices about their food. Network members represent university researchers, consumer organizations, nutritionists, federal and provincial governments, and the ag-biotech industry. The network's web site links to a range of services offered — including product information and a regional network of experts who can answer specific questions. The site is at: http://www.foodbiotech.org/index.cfm.

Canadian businesses seeking export information now have a major new on-line service. 'Export Source' provides information on market research, export financing, export regulations/logistics, trade statistics, export contact, as well as trade shows and missions. Export Source's web site is: http://exportsource.gc.ca.

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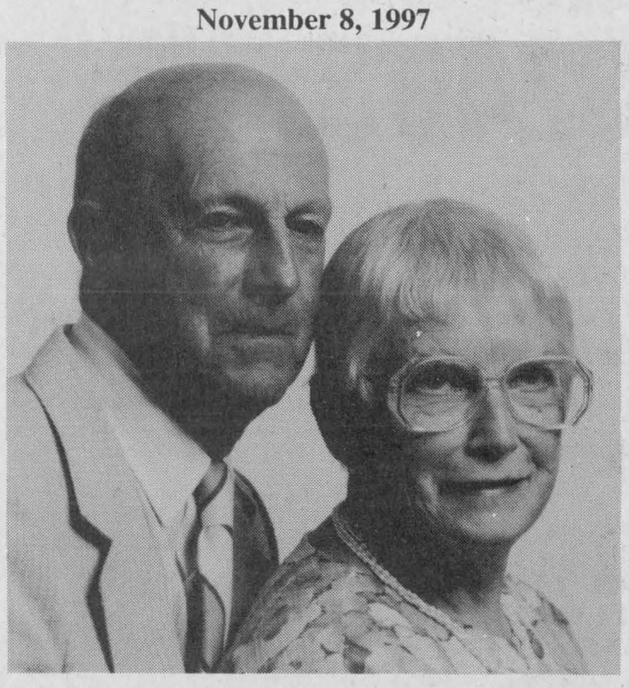
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Clearing the myths about schizophrenia

Schizophrenia is a brain disease that affects thinking, perception, mood and behavior. It is not split personality, is not caused by unwholesome family interaction and is not an emotional disorder.

These are all myths. And they are myths that the Schizophrenia Society of Ontario (SSO) is trying to dispel this month.

The SSO is an advocacy based organization primarily made up of family and friends of people with schizophrenia. Its goals include emotional support, information and practical assistance for families; political and individual advocacy; support for research; promoting public awareness; and education about the symptoms, causes and treatment of schizophrenia.

Schizophrenia usually begins in late adolescence or young adulthood and may last a lifetime. The most serious psychotic symptoms of schizophrenia include hallucinations, delusions, paranoia, illogical thinking, and sensations of being controlled by an outside force. Additional deficit symptoms include low tolerance for stress, anxiety, lack of energy and motivation, inability to feel pleasure, and loss of abstract reasoning. The psychotic symptoms may come and go. Hospitalization is often required during acute psychotic episodes.

Schizophrenia is presently incurable. The psychotic symptoms are treatable with neuroleptic medications. However, traditional neuroleptics do not take away the deficit symptoms, and may have unpleasant side effects.

Although the exact cause of schizophrenia is still unknown, scientific studies have shown that schizophrenia is likely genetic in many cases and that there are distinct chemical and structural differences in the brains of people with schizophrenia. Although people with the disease occupy more hospital beds than people with cancer, arthritis, heart disease and diabetes combined, research into the causes and cure for schizophrenia is drastically underfunded.

The laws of Ontario allow people with schizophrenia to refuse treatment unless they are likely to do serious bodily harm to themselves or others.

Ten years after a first episode 25 per cent of people with schizophrenia will have made a full recovery, 25 per cent will be much improved and able to live independently in the community, 25 per cent will have improved but will still be in need of comprehensive community support, 15 per cent will be institutionalized, and 10 per cent will have killed themselves.

For more information about schizophrenia please contact your local chapter at 613-933-5845 or 613-932-4977 or 613-932-4078.



Happy Halloween

Staff at Seaway Valley Pharmacy in Winchester dressed for the occasion on Halloween. From left: Christa Gern the vampire, Fran Stobo the blues brother, Judy Hudson the pirate and Donna Cooper the vampire.

Press Photo — Culliton



Spooky

Photo at right: Francine Miller (left) and Amy White got into the spirit of Halloween on Friday while working at "Crazy Loonies" in downtown Winchester.

Press Photo — Culliton

Time for flu shots

Influenza, commonly called the flu, is caused by a virus. For most people, having influenza means feeling sick for a week or more and is accompanied by chills, fever and general malaise.

Headaches, muscle aches and pains, and a feeling of extreme fatigue or tiredness are common. A stuffy nose, dry hacking cough, and sore throat are also usual. But for people in high risk groups, influenza can cause severe, life-threatening illness.

If you are in a high risk group, vaccination is your best protection. If you or a family member are in one of the following groups, you should receive the influenza vaccine. The Ministry of Health is providing the influenza vaccine free of charge to: people with chronic heart, lung or kidney disease; people with asthma, diabetes, severe chronic anemia, cancer, immune disorders (including HIV infection); children and adolescents (6 months to 18 years of age) treated for long periods with ASA products such as Aspirin and other brands; people 65 years of age and older; and residents and patient-care staff of long-term care facilities.

If you are in a high risk group, see your doctor by the end of November to receive the influenza vaccine. It may save your life. If you provide care to anyone in these groups, see your doctor to discuss receiving the influenza vaccine at a reasonable cost.

During the fall and winter, there are things that all of us can do to try to stay as healthy as possible. Eat a variety of foods, including fruits and vegetables, drink plenty of fluids, and get enough rest. Wash your hands often. Be smoke free. Stay home when you are ill, so you don't spread germs.

This year the following people are encouraged to receive the Pneumococcal pneumonia vaccine from their family doctor free of charge: all residents of long-term care facilities; people older than two years of age with a chronic medical condition.

For more information, you can call the Ottawa-Carleton Health Department Flu Information Line at 724-4228 until Nov. 21.

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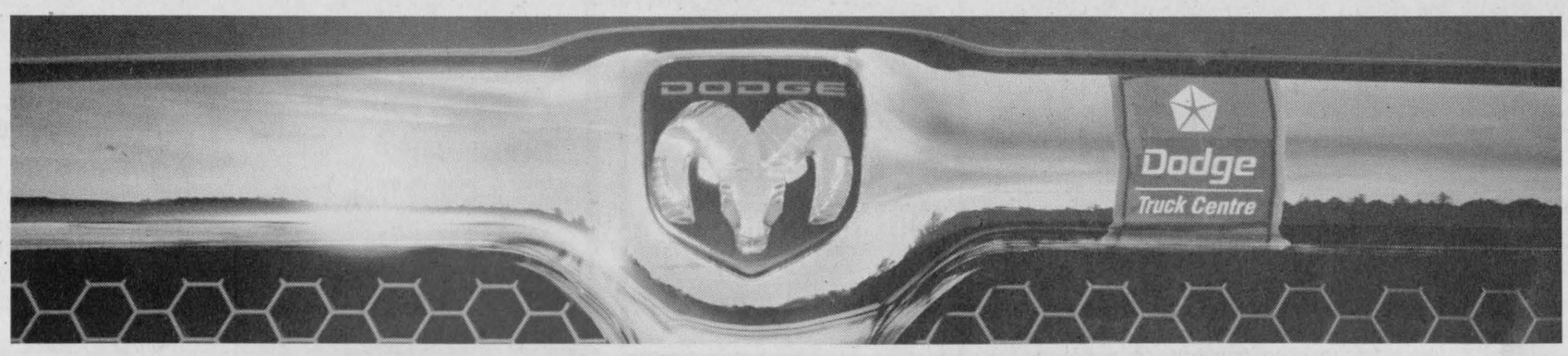

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