# THE WINCHESTER PRESS

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## Coal & Wood

American Anthracite in Stove and Nut Sizes. Scotch Anthracite and Steam Coal.

Hard Maple and Soft Wood, all sound quality and dry.

A good time NOW to put in your winter supply.

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## Such A Sale!

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Oilcloth DOOR MATS Fancy Patterns, Reg. 15c, Sale Price 7c

## P. & G. Soap

The Popular White Naptha Soap, on sale for

## 2½c Bar.

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*"The Store of Miracle Values."*

Telephone 14, - Winchester.



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The money you spend, like the money you invest, should bring you good returns. Spend it at Melvin's Garage for your gas, oil and repairs, where you get quality and service with satisfaction.

Melvin's Garage

Phone 113 - - Winchester


## Our Column

It is now time to order your Christmas Greeting Cards.

Just 90 more days till Christmas. Do your shopping early.

Cheese reached 14½ cents at the Cornwall market on Monday.

Anyway, let us be thankful that the mosquitoes can't bother us any more this season.

Premier Ferguson has sold his weekly newspaper the Kemptville Advance to a Cobourg man.

If you had swatted the fly earlier in the season perhaps you would not have to swat so many now.

This is a good time to renew your subscription to the Press. Look at the label on your paper.

Miniature Golf has not yet developed that "kick" that so many old chaps seem to get out of the game.

Winchester is well known as a dry town but the number of dry wells in town at the present time is becoming a matter of concern.

On Sunday next, Daylight Saving Time changes to Standard Time in the cities, which is a great convenience to most of us.

Don't fo get that the train schedule changes on Sunday, Sept. 28th. The morning local, east bound, and the evening train west bound, will be later.

In a case of international dispute of a serious kind between Canada and Japan, we wonder just what attitude the "Canada First" advocates would take?

If every other country in the world follows the example of the United States and Canada and erects a high tariff wall along its borders, it will soon be a case of each nation playing in their own back yard.

It is stated that a Canadian Judge has ruled that the husband is the head of the house. That's all right for the Judge on the bench, but its different when the husband gets into the house. He will have to do a lot of convincing to make the wife believe that that Judge knows what he is talking about.

It is reassuring to business men, says The Financial Post, that Premier Bennett is adopting on many important public matters policies that are sane and reasonable; more so in some cases than those he advocated before the responsibilities of administering the nation's business tempered his theorizing.

The good people of Morrisburg asked the Bennett Government to build a new post office at that village. The Government told the good people of Morrisburg that there was a possibility of that village being swamped in the St. Lawrence waterway scheme and that they had better wait developments. The Press would suggest that both Morrisburg and Iroquois combine their forces and build a new village between the two places, and on safe, high land.

Is the army of government inspectors increasing? The answer, should, it appears, be in the affirmative. Scarcely more than a couple of days passes without a visit from one or more of these officials If it is not income, it is sales tax, if not insurance it is workman's compensation, if not sanitation, it is electrical, if not schools it is highways, if not automobile it is game, and so on and on. There would appear to be no end to them. That the maintenance of these so termed necessary officials is obviously a very large burden upon the business of the time is beyond dispute. It is an economic waste that might well, as a matter of fact, should be curtailed.—Collingwood Bulletin.

### *Greeting Cards*

The Press has samples of the finest Christmas and New Year Greeting Cards ever shown in Winchester, and at attractive prices. We have also samples of 1931 calendars. If you want any of either or both, kindly call, or let us know and we will submit samples. Don't put off ordering until too late.

### *School Nurse Busy*

The Morrisburg Public School is being visited this week by Miss Squires, R. N. of Toronto, in the position of public health nurse. If any contagious disease is found, the local public health officer is notified immediately, but if an ordinary disorder is found, the pupil is told to go to his or her physician and report. In cases where necessary or possible, Miss Squires suggests treatment or care of the patient. When the Morrisburg school is examined thoroughly, Miss Squires will go over Dundas county to the out standing public schools and examine the pupils, delivering public health service to the entire county in that way.

### *Stole "Don's" Car*

Mr. Don Morrow is in bad luck at Ottawa, as the following note from an Ottawa paper shows 'Police were notified between seven and eight o'clock that a coupe belonging to Donald Morrow, of Westboro, was stolen from Richmond Road Westboro. It carried license number OC 75. The authorities were inclined to think that possibly the hold-up men, fearing that the big taxicab was too conspicuous, abandoned it and stole the lighter car in order to make an easier getaway" The hold up men referred to are being hunted by the police of Eastern Ontario, and are a desperate pair. It is to be hoped Don will recover his car, and that it will not be a wreck. Don, as our reader may guess is a son of Mr. and Mrs. Robt. Morrow, of Winchester Springs, and was the boy who twirrled the ball so successfully for the local base ball team this season.

Since the above item was put in type we learn that Don's car was recovered on one of the streets in Hull last night, where it was abandoned by the thiefs.

## LOCAL AND GENERAL

They have had snow in Saskatchewan already this fall.

M. M. Brown, Crown Attorney and prominent lawyer, of Brockville, died on Tuesday, aged 72 years.

Congratulation to Donald "Don" Morrow, who was successful in all his subjects at the Summer course at Queens University this summer.

A Women's Institute has been organized in the Township of Matilda with Mrs. Peter Locke as President and Mrs. Dr. Clark as Secretary.

A well known resident of Iroquois, Mrs. Richard McCashin, was found dead in bed on Thursday morning last She is thought to have succumbed five hours previously.

The one hundredth anniversary of the founding of Methodism in Prescott will be observed in St Paul's United Church on Sunday next, Sept. 28, when Rev. R. Laird, D. D. of Toronto, will be the pecial speaker.—Prescott Journal.

**Don't forget the Moving Picture Show in Lannin's Hall on Saturday night. It is one of the best movie dramas procurable. Usual admission.**

At a recent meeting of the Presbyterian congregation at Mountain Station, a contract was awarded for the erection of a church edifice. This congregation has been meeting for public worship in a rented hall for the past fiive years. The contract was let to H. Boyd, of Osgoode Station. Work will commence immediately.

Service will be held in St. Matthias Church next Sunday evening at 7.30. Harvest Thanksgiving services will be held on Wednesday next, with a celebration of Holy Communion at 7.30 a. m. and Choral Even Song at 8.00 p. m. At the latter service the preacher is expected to be The Rev. C. G. Hepburn, Rector of All Saints Church, Ottawa, while members of the Cathedral Choir will assist in the singing.

Knox Presbyterian Church of Morrisburg on Sunday held special anniversary services in celebration of the fifty-fifth anniversary of the founding of the congregation and at the same time, the fiftieth anniversary of the dedication of the church. The present minister, Rev. Jenkins Burkholder, was assisted by two of the former pastors of the church, Rev. Hugh Cameron, D. D., of Ottawa, who spent thirty-two years as minister here and the Rev. J D. Mackenzie, of Fairmount-Taylor church, Montreal.

A very pleasant surprise was given Mr. and Mrs. T. H. Dunn, 181 Gilmour St., on the occasion of their silver wedding anniversary Saturday, Sept. 13, when Winchester friends gathered at their home to express their felicitations and good wishes. During the evening, an address was read by Dr. B. C. Patterson and the presentation of an electric percolator was made by Miss Agnes Durant. Refreshments were served to about 40 guests. Out-of-town guests were Mr. and Mrs. C. H Fullerton and Miss Isabel Fullerton of Toronto, Mr. and Mrs. C. E. Bothwell and Mr. Edward Bothwell of Swift Current, Sask.; Mrs. A. Cameron of Montreal; Mr. and Mrs. W. N. Fulton, Chesterville; Mrs. M. Ritchie, Mr. J. D. Stewart, Mr. and Mrs F. Smith, Mr. and Mrs. J. A. McDougall and Mr. and Mrs. A. Sweet, of Winchester; and Mr. and Mrs. J. G. Challies of Morrisburg.—Ottawa Journal.

A very interesting meeting under the auspices of the W. C. T. U was held in the basement of St. Andrews Church, Hallville, on Sept. 18th, Mrs Cheney, presided over the meeting. Mrs. Scott led the devotions also the clip sheet program, the title being "Why Prohibition for Canada, Mrs. Peterson of Brinston, gave an excellent address showing the great responsibility resting upon Mothers in training of the young. Scientific temperance should be taught to our children. No nation is greater than its home life, and no home is greater than its mother. The need of the hour is leadership and a higher plan of living.

Mrs. W. H. Shaw sang very effectively "Somebody voted to ruin my Boy"

Rev. H. B. Campbell and Rev. A. O. Lloyd were present and gave some helpful thoughts and suggestions. The meeting closed with prayer by Rev. Campbell after which lunch was served.

### *Off To College*

Those from Winchester who left this week for Queen's University, Kingston, are the Misses Evelyn Armstrong and Mabel Waddell, and the Messrs. Ken. Annable, Mac Singleton, Rupert Helmer and W. H. Agnew.

### *Sudden Death of Mrs. Lorne Hogaboam*

There passed away at the Ottawa Civic Hospital on Wednesday morning, Sept. 24th, one of Winchester's popular young citizens, in the person of Mrs. Lorn Hogaboam. Death came with a sudden shock to all who knew her, as previous to her death she had been in fairly good health. Diseased, whose maiden name was Emma Sharpe, youngest daughter of Mr. and Mrs. Charles Sharpe, of town, was in her 30th year and was married to Lorne, son of Mr. and Mrs. John Hogaboam, Cass Bridge, six years ago. She had resided with her husband at the old Hogaboam homestead during her married life. Previous to her marriage she was a school teacher and taught at the Cass Bridge School for a number of years.

The late Mrs. Hogaboam was seized with an attack of acute sugar diabetes, on Monday evening shortly after retiring. The doctor was summoned and upon his instructions she was rushed to the Ottawa Civic Hospital on Tuesday morning, but in spite of all that medical skill could do, she passed to the Great Beyond, on Wednesday at 7 a. m. She was of a very pleasing drsposition and beloved by all who had made her acquaintance.

Besides her husband, she is survived by her parents and two sisters, Zella and Annie. The sympathy of the entire community goes out to the bereaved husband.

The funeral service will be held at the residence, Cass Bridge, to-morrow (Friday) afternoon at two o'clock. The remains will be interred at Maple Ridge Cemetery.

## LOCAL AND GENERAL

John Thomas Serviss aged 65 years, a native of Iroquois, but resident of Brockville, for some years died suddenly on Tuesday of this week.

Mr. Geo. Campbell of Vernon, was taken to Civic Hospital, Ottawa, on Monday, suffering from jaw trouble. His many friends hope for his speedy recovery.

Hon. Dr. R. J. Manion, Minister of Railways and Canals, has purchased the beautiful home of Duncan A MacGillivray, former Ottawa broker, at 15 Allan Place, in the Glebe, for $22,000.

The Hort. Sec., Mrs. Geo. Armstrong has some Bulbs, for Fall planting, both indoor and outdoor, such as Darwin Tulips, Hyacinths, Daffodils, Crocus, etc., also a few plants and ferns, for sale, at reasonable prices.

Winchester Springs United Church W. M. S. will entertain a meeting of this section of the Dundas-Grenville Presbyterial on Tuesday next, Sept. 30th. The sessions at 9.30 a. m. and 2 p. m. will be full of inspiration for Auxiliaries, Circles and Bands.

Special anniversary services were conducted last Sunday in St. Andrew's Presbyterian Church, South Mountain, which celeb ated its 50th anniversary. The services, morning and evening, were preached by Rev. W D. Turner of Winchester. Special music under the direction of Mrs. William MacLean marked the occasion

The many friends of Miss Alice Shanette, superintendent of the General Hospital, Brockville, regret to learn of her illness which necessitated a serious but successful operation at the General Hospital, Kingston, last week. Her sister, Miss Lucy Shannette, has been with her at the hospital through her illness. It is to be hoped that Miss Shanette will regain her former good health.

The W. M. S. of St. Peter's Lutheran Church, Williamsburg held their regular monthly meeting at the close of the Sunday evening service, September 14. The topic was "Inner Missions" in which several of the members took part. At the close of this meeting, Mrs. Agnes Merkley was honored when the pastor, Rev. C. Crownmiller, on behalf of the society, presented her with a life membership certificate.

Duncan McDermid, prominent resident of Russell township for upwards of 40 years, and a member of the township council for 33 years, died on Saturday at his home, Russell, at the advanced age of 83 years. He had been ailing for the past year, but his death comes as a great shock to his many friends and acquaintances in the Ottawa district, where he had spent the greater part of his life.

On Sunday, Sept. 21st, the Ormond Church School was well attended, fifty-five being present, The superintendant, Mr N. Porteous, was in charge, the morning service following and was conducted by the pastor. A large number gathered for the evening service to hear Rev. A. E. Kochaly speak on prohibition. Next Sunday, Sept. 28th being Rally Day in the Church School a special service will be given by the young people.

**The W. H. S. Field Day will be held on the Fair Grounds, Winchester, on Friday, Sept. 26th. Program starts at 1.30. Citizens are requested to turn out and give the boys some encouragement in their preparatory workout to try and bring home the Meikle Cup. Admission 25 cents.**

Mr. Thomas McLaughlin, an aged resident of Rowena, and a brother of Dr. P. McLaughlin, of Winchester, died in the General Hospital, Brockville, on Tuesday, September 16th, following an operation for appendicitis, in the eighty second year of his age.

He is survived by one son, Harvey, at Rowena, and two daughters, Nellie, at home, and Jennie, R. N., of Brockville. The funeral took place from his late residence, Rowena, on Thursday afternoon to the United Church, Williamsburg. The pastor, Rev. A. M. Russell, officiated. During the service, "Going Down The Valley One By One," was rendered by a quartette, Mrs. Reuben Loucks, Miss Florence McIntosh, Messrs. Orlin Becker and Edgar McIntosh. Interment was made in the Williamsburg cemetery.

### *Late Strawberries*

It is not often that strawberries ripen, and are served at table at this season and in this part of Ontario, but Mr. L. Deeks, of Williamsburg has demonstrated that such can be done, and as an evidence he laid on the Editors table on Monday a box of fully ripened and delicious strawberrier, picked from the plants in his garden. They are known as the "everbearing" variety, and bear fruit all the season through. The berries were unusually large and delicious flavour. The Press is grateful to Mr. Deeks for his thoughtfulness in remembering the Winchester Press. Our wish is that he may have acres and acres of strawberries next fall.

### *Faith—Ward*

The following taken from the Montreal Gazette of Friday, 19th Sept, will be of interest. The marriage took place quietly at half past six Friday evening at the home of the bride's mother, Sherbrooke street west, of Janet Mabel, daughter of Mr. and Mrs. William Henry Ward, of Olton Warwickshire England, and Montreal, to Mr. Williard V. Faith, son of Mr. and Mrs. James Herbert Faith of Winchester, Ontario. The Rev. E. K. Wilson, rector of St. Augustin's Church. Danville, Quebec, performed the ceremony. The bride who was given in marriage by her father, wore a gown of ecru chantilly lace, and carried an arm bouquet of roses and lillies-of-the-valley. Miss Agnes G. Cairnie, her cousin's only attendant wore a pale pink satin, and carried pink and mauve asters. Mr. F M. Anderson of Montreal, acted as best man. A reception was held following the ceremony, after which Mr. and Mrs. Faith left on their wedding trip. On their return they will reside in Montreal.

## SOCIAL AND PERSONAL

Mr. Byron Shaver of Almonte was visiting friends in town this week.

Mrs. Angus Orr, of Ottawa, was a visitor to Winchester on Monday last.

Archdeacon Carson, Morrisburg, has returned home from his trip to Europe.

Mr. Francis La Salle, merchant of Chesterville, died recently at Cornwall Hospital.

Mr. and Mrs. J. Lawlor of Ottawa were week-end guests of Mr. and Mrs. P. A. McGregor.

Senator G. Robertson and Mrs. Robertson of Ottawa were Sunday guests of Mr. and Mrs. J. H. Ross.

Mr. and Mrs. T. H. Thom and family, of Ottawa, spent the week-end with Mr. and Mrs. Henry Stoodley.

Mr. and Mrs. J. H. Faith, attended the marriage of their son, Willard Faith, in Montreal on Friday of last week.

Mrs. Harold Droppo of Cottage Hill Farm, near Chesterville, spent a few days this week at her parental home here.

Mr. and Mrs. J. A. Beattie and Miss M. Bailey of Montreal were callers at the home of Mr. and Mrs. Geo. Earle on Saturday.

Mrs. R W. Justus is spending sometime at Athens, with her mother, Mrs. H. McConkey, who is seriously ill at her home there.

Mr, and Mrs. George Boyd of London, and their eldest son, were in Winchester on Monday last, renewing old friendships and acquaintances.

Mr. Salam Coons, accompanied by Mrs. Coons and Mrs. Elliott of Hamilton, Ont., are visiting friends in this locality and enjoying a very pleasant motor trip.

Mr. and Mrs. Bennet Robinson, Mrs. Herb Robinson, daughter Marjorie and son, Don, of Toronto, are the guests of the former's parents, Mr. and Mrs. Wm. J. Robinson.

Mr. Wm. I. Droppo wishes to announce the engagement of his youngest daughter Gladys Marguerite, to Job Henry, son of Mr. and Mrs. Wm. Thorpe, of Brinston, marriage to take place Oct. 1st.

Mr. and Mrs. George T. Dixon wish to announce the engagement of their elder daughter, Miss Thelma Violet to Mr. John Reid Dodge son of Mr. and Mrs. E. V. Dodge of Cardinal, Ont., marriage to take place in October.

Mrs. A. H. S. Adams, wife of our high school principal, with her three younger sons, Donald, Gordon and Bruce, returned last week from Scotland on the Duchess of York, the ship making a record passage. Mrs. Adams reports that the summer was cool with very much rain and so crops were backward. She is accompanied by her mother, Mrs. D. MaCaulay from Rothesay, Scotland.

### *Emery—Agnew*

The marriage of Helen Geddes Agnew, younger daughter of Mrs. James H. Ross, and the late Dr. W. E. Agnew, Albany, N. Y., to Dr. John Royden Emery, youngest son of Mrs. G. F. Emery, Kingston, and the late Dr. Emery of Ottawa, took place in the United Church at 7.30 o'clock, Friday, September 19th. Rev. John A. Waddell performed the ceremony and Miss Helen Smith presided at the organ.

The church was decorated with quantities of ferns and autumn flowers, the guest pews being marked with clusters of pink and white asters tied with white satin bows.

The bride was given in marriage by her step-father, Mr. James H. Ross, and wore her mother's wedding dress of heavy ivory satin, the snugly fitted bodice being trimmed with hand fagotting, the ankle length skirt extending in a long circular train, the veil of antique ivory tulle was bound closely to her head with Princess lace and caught on each side, with a cluster of orange blossoms wore by the bride's mother on her wedding day. The bride wore ivory crepe slippers and carried a shower bouquet of deep yellow roses and lily-of-the-valley.

The bride was attended by her sister, Mrs. Donald R. Roughton, Kingston, as matron of honor, who wore a sleeveless gown of pastel blue slipper satin, with closely fitted bodice and full circular skirt falling in graceful lines to the floor. With this she wore a large "off the face" hat of blue transparent velvet of deeper tone and matching crepe shoes.

The bridesmaids, Miss Marion Smith, Toronto, and Miss Marion Rankin, Kingston, wore gowns of pastel pink slipper satin, the same design as that worn by the matron of honour, large "off the face" hats of ruby-toned transparent velvet and matching crepe shoes.

All three attendants carried large arm bouquets of pink snapdragons and blue delphiniums tied with pink and blue tulle.

Dr. J. Kingsley McDonald, White Plains, N. Y., acted as best man and the ushers were Mr. Donald R. Roughton, Kingston, and Mr. William H. Agnew, brother of the bride.

Mrs. James H. Ross, mother of the bride, wore an imported gown of lighter than navy crepe Elizabeth, with matching hat and shoes, fox fur and shoulder knot of Ophelia roses and lily-of-the-valley.

Mrs. G. F. Emery, mother of the bridegroom, wore black chiffon over coral, a model black velvet hat and corsage of Talisman roses and lily-of-the-valley.

Following the marriage ceremony a reception was held at the home of the bride's parents, where the decorations were carried out in autumn flowers.

Travelling, the bride wore a French imported suit of black and white tweed, the knee length coat having a large collar of platinium fox. With this was worn a close fitting black velvet hat, black alligator shoes and purse.

On their return from the Pacific coast, Dr. and Mrs. Emery will reside in White Plains, N. Y.

Among the out-of-town guests were:—Mrs. G. F. Emery, Mrs. Stanley Graham, Misses Barbara and Mary Graham, Master Eric Graham, Miss Ada Birch, Dr. and Mrs. Bruce Rose, Miss Marguerite Cavin, Mr. David Rankin, of Kingston; Mrs. Harry McLeod, Englewood, N. J.; Mr. and Mrs. Clarence Putman and Miss Sally Putman Utica, N. Y.; Dr. and Mrs. Kingsley McDonald, White Plains, N. Y.; Misses Mary Dwyer, Nell Merry, Elizabeth Billings, Iva Everson, Erie Grout, Jean McLaurin, Belleville; Mr. Rolt Emery, Hon. Senator Robertson and Mrs. Robertson, Dr. and Mrs. G. H. McKeown, Mrs. W. B. Campbell and Miss Mary Campbell, Mrs. W. G. Beddoe, Miss Mary Beddoe and Edwin Beddoe, Miss Helen Ellis and Miss Emma Beach of Ottawa.

During the reception a number of congratulatory telegrams were read.


## Canned Goods Safety

IS IN PAYING THE PRICE

There is no use trying to combine cheapness and quality in Canned Goods, nor in any other line for that matter. High grades cost a trifle more, but for that extra in in Canned Goods you get

Assurance of Purity,
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We confine our purchases to well known and tried brands. So we offer every customer Canned Goods Safety in every article. Try and prove.

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New Fall Hats arriving every week—charming little velvet hats, also felt hats.

STAMPED GOODS

We have our new Stamped Goods in—very pretty Chesterfield Cushions, Pillow Cases, Aprons, Apron Frocks, etc. Hand-painted cards for every occasion.

CANDY

Fresh Home-Made Candy.

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### STRAW FOR SALE

A quantity of baled straw, 1930 crop. Apply to W. J. Stewart, 22p. Morewood.

### FARM FOR SALE

First class dairy farm on the north half of Lot 14, Concession 9, Township of Winchester, County of Dundas, situated about 2½ miles south west of Morewood. This farm contains approximately 130 acres. Reasonable terms will be offered to immediate buyer.

20tfc Thos. E. Coulthart, Morewood.

### FOR SALE

Good farm, containing 100 acres, east half of lot 5, in the 11th Concession. Will sell with or without stock. Apply to 21-3c Orton Rodney, Ormond.

### For Sale or Rent

A comfortable dwelling on Main Street about one block west of Presbyterian Church. Has water system and good bath room. For information and other particulars apply to Mary Ross 21c

### NOTICE OF MEETING

The Executive of the Winchester Horticultural Society is asked to meet at the office of Mr. W. J. Cass, at 8 o'clock on Tuesday evening, Sept. 23rd.

Mrs. Geo. Armstrong, Sec'y.

### DRESS MAKING

Miss M. Algate,
Clarence St., Winchester.
Just opposite Public School.

### For Sale

One Quebec style Cook Stove, 4 holes, only used a short time, at a bargain. Apply to Mrs. Dennis 22c Church St.

### WANTED

Feeder Hogs, from 40 to 100 lbs. Albert Casselman, 22-24p. Phone 619r13.

### FARM TO RENT

Will rent entire farm or by fields. Apply to Arlie McIntosh, 22-24p. Inkerman.

### FOR SALE

A number of large white Pekin Ducks for sale for breeding purposes. The ducks came from a good laying strain, the mother laying 85 eggs in one season. Price $1 50 each or $3.00 a pair. Apply to W. J. Stewart. 22p. Morewood.

### IMPORTANT MEETING AT CHESTERVILLE

A meeting of the Chesterville Live Stock Association will be held in Hamilton's Hall, Chesterville, on Monday Evening, Sept. 29th, at 8 o'clock, to hear the report of the delegation to Ottawa in regard to the T. B. Test, and to act on the suggestions of the Minister of Agriculture in regard to the question. All cattle owners are cordially invited to be present.

GEO. W. BROOKS, Sec'y.
JOHN BOGART, President.

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Ladies' hair-bobbing, shingling, waving, massaging and shampooing a specialty, done during open hours or by appointment.
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**Henderson Lodge, No. 383, A. F. & A. M., Winchester**
Meets on Second Friday of each month in Sweet's Block, at 8 o'clock.
Visiting brethren always welcome.
H. Flora Lee, W.M. H. Annable, Sec.

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Hours 2 to 4 and by appointment.

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Mrs Mar, Deeks, nurse, of Piety Hill is open for engagements for maternity cases and all other general nursing, and will go any distance in the country.
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All kinds of Watch, Clock, Jewellery and Spectacle Repairs. Work Guaranteed. Prompt Service.
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**STILES, CHEVRIER and HESSELL**
**Barristers, Solicitors, Notaries Public, etc.**
wish to announce that they will continue the law practice of Mr. Irwin Hilliard, K. C., in Morrisburg, with
**MR. HOWARD O. HASSELL**
in charge of the Morrisburg Office.

**NOTICE!**
I buy all kinds of Poultry, Hides and Wool at the Market Price. Phone 165
HARRY SWEET

**The Great West Life Assurance Company**
**ROBERT REVIE, Agent.**
**Tel. 153, Winchester, Ont.**

**Winchesser Lodge, No. 336 I. O. O. F.**
Meets in the Lodge Room, over the Bank of Nova Scotia, Main Street, on the 2nd and 4th Monday evenings at 8 o'clock. Visiting brethern cordially invited.
W. Moffatt, Sec'y. C. B. Timmins, N. G.

**LORNE WINFIELD MULLOY, B. A.**
Barrister, Solicitor, etc.
IROQUOIS, - - ONTARIO
Telephone 67

**DR. A. W. SHERWOOD**
**Dentist**
Successor to Dr. McKeown in his office, St. Lawrence St., Winchester, Ont.
**Telephone No. 28, Winchester**

**Loyal Orange Association**
L. O. L. No. 862, meets First Wednesday of each month.
Prince Edward R. B. P. meets Last Wednesday of each month.
Victoria Lodge L. O. B. A. meets on Second Wednesday of each month.
IN ORANGE HALL WINCHESTER


## Too Much Assistance

Lenora Bailey

"Jean, you're doing that all wrong. Come, let Mother do it for you."

Jean had been strenuously endeavoring to lace her little shoes. She stopped and frowned at her mother's words, but reluctantly did as she was told.

"Come in, Mrs. Conner. I had to stop my work to finish dressing Jean. Now, dear, run along and play."

While the two neighbors visited pleasantly as friendly neighbors will, Jean got her scissors and an old catalogue and began to cut out pictures in her crude, little-girl way.

"Why look, Jean, you are cutting off the woman's head! Let me do that for you!" exclaimed her mother.

"I declare, Mrs. Conner, it just worries me almost to death. Here Jean is five years old and it seems to me she can't do anything for herself—she can't cut out her dolls, she can't dress herself and she can't color the simplest little pictures. I wonder if she is awkward or dull or what is the matter?"

"Oh, she is all right, Mrs. Mills. Just don't try to hurry her progress too much; don't expect her to be perfect and she'll do nicely."

"Yes, but your little Betty does so much better, it seems to me. Her paper dolls look so neat. Then, too, she always dresses heself—now doesn't she?"

"Yes, in all her play dresses she does. I sometimes help if things are complicated. I tie her ribbons for her."

"Well, I have to do almost everything for Jean," sighed Mrs. Mills. "I get discouraged about it all."

"May I be quite frank and tell you what I think is wrong?"

"Surely you may. I'll be so glad to know. You won't hurt my feelings at all, and perhaps if I get your viewpoint it will help me to solve the problem."

"Well, frankly, I think you have fallen into the habit of doing too much for Jean."

"What do you mean?"

"Well, instead of telling or showingher what is wrong and letting her correct the error, you undo all her work and do it over again your way. So the next time she meets the same difficulty she is no more capable of conquering it than she was before."

"I wonder if I do help too much? I suspect you are right. I guess I've been too impatient, and it is much easier to do things for her than to show her how to do them."

"That is a difficulty that most mothers have to meet. Of course it is much easier and less nerve-wracking to do the thing oneself than to explain to the child how it should be done and then to watch the little fingers slowly accomplish what could be done for them in such a few seconds. I noticed you and Jean a few minutes ago when she was cutting out her dolls so awkwardly. She didn't look as if she really wanted you to do it for her and I wouldn't be surprised if you thought her unappreciative of your efforts to help her."

"Yes, I did."

"It is all because the child's natural tendencies urge her to do things for herself. We mothers sometimes unconsciously try to 'go agin nater' as old Aunt Susie would say. The only wise way is to let the child 'learn by doing,' confident that Mother is always ready to give just the right amount of help when it is needed.—Issued by the National Kindergarten Association, 8 West 40th Street, New York City. These articles are appearing weekly in our columns.

### Home Wanted

(To "Miserere Nobis.")

I'm just a little homeless dog,
I gues I started wrong!
My legs are much too short, they say,
And then my tail's too long.
I haven't any place to go,
And people on the street
Say, "Howdy, Pup," and pat my head,
But that ain't good to eat!
The other day I bit a boy—
I didn't bite him bad—
Because he hit me with a rock,
And people called me "mad."
And such a chase you never saw,
Until I dodged and hid—
For everyone had blamed me
For that little thing I did.

I wish I was adopted,
For the weather's getting cold—
Don't anybody want a dog
That's just as good as gold?
—O.P.N., in the Montreal Daily Star.

Told on a Brighton bus by a farmer to his farmer friend: "Early in 1916 a very patriotic old lady happened to be on a visit to her brother's farm. "One afternoon as she walked round the buildings she strolled into a cowshed where one of the farm hands was milking one of the cows. "She watched him in silence for a few minutes. At last she could control her feelings no longer. "'Young man,' she burst out, 'hadn't you ought to be at the front?' "'No, mum,' he replied, 'Oi allers milks 'em this end.'" —Witness and Canadian Homestead.




TIME TABLE

Westbound—To Smiths Falls and West.
No. 23—12.36 a.m. daily except Sunday, flag for passengers to and beyond Sharbot Lake—Stop for passengers from Montreal.
No. 35—9.50 a.m. daily except Sunday.
No. 29—6.20 p.m. daily except Sunday.
Eastbound—To Montreal
No. 24—5.44 a.m. daily except Sunday, flag for passengers to Montreal, Stop for passengers from Sharbot Lake and points beyond.
No. 30—8.00 a.m. daily except Sunday.
No. 36—5.25 p.m. daily except Sunday
For particulars and Tickets apply to
T. W. BOYES, Agent.


**SALADA GREEN tea will give you most enjoyment**
**"SALADA" GREEN TEA** 871
**'Fresh from the gardens'**


## Measures Iodine Content of Rocks

### British Medical Research Council Publishes Review of Its Place in Nutrition

The Medical Research Council has published an important review of the existing information on iodine in nutrition by Drs. John B. Orr and Isabella Leitch from the Rowett Institute, Aberdeen, says the London correspondent of The Journal of the American Medical Association. "Iodine is widely distributed but is present in inorganic and organic substances in small quantities," he continues. "Hence the unit used for reckoning is one-millionth gram, for which the symbol G is used. Excepting gneiss granite with 810 G per kilogram, the amount in igneous rocks varies between 200 and 450 G. Among sedimentary rocks, quartzites vary from 1,100 to 8,850, while gypsum, limestones and dolomites vary from 250 to 440.

"The districts in which goiter is endemic are usually mountainous, but mountains of volcanic origin appear to be free. In New Zealand, goiter is most frequently associated with river beds, where the soil is porous and leaching of iodine takes place, and the same association is seen in America in the regions of the St. Lawrence and the Great Lakes. The incidence is higher in women than in men and is at its maximum at the time of puberty.

"The percentage iodine content of goitrous glands is low, and Marine and Lenhart have found a critical concentration below which the thyroids of young animals enlarge. The main factor determining the iodine content of the thyroid is the iodine intake. A daily difference of 18 G in Switzerland and of 15 G in New Zealand in the iodine content of the foodstuffs has been found between goiter and non-goiter areas. Also the blood iodine tends to be low in goiter.

"The recent use of iodine for the prevention and treatment of goiter is now well known. After puberty the efficacy of the treatment is reduced and after 20 is practically confined to soft parenchymatous goiters, hard and nodular goiters giving little or no response. The results warrant the hope that sufficiently early treatment will entirely prevent simple goiter.

"Dr. Dunstan Brewer, health officer, Swindon, has found that in older girls, when the iodine fails, the alternate administration of iodine and thyroid effects improvement or cure."

### To-day

Lay down your pen, and set aside your book—
Time will come soon enough for those
Now music sways the brook,
Youth tints the rose.

Now winds pipe merrily on ready reeds,
And silvered crystal cups the skies;
Pale lilies lell their beads
To dragonflies.

The sun is sweet and heady with content,
And idles through a shadowed way—
Leave books to time unspent—
Give me to-day!
—Susan Maitland, in the New York Evening Post.

### WITH APOLOGIES

Two amusing distortions of Longfellow's well-known verse in "O Psalm of Life":—

Lives of great men all remind us,
If we care to read of such,
That in this world we leave behind us
Most of us have talked too much.

Lives of great men oft remind us
We should leave no stone unturned,
Nor, departing, leave behind us
Letters which we should have burned.


**FLAVOR**
Full of long lasting delicious flavor and made of pure chicle and other ingredients of the highest quality
**WRIGLEY'S**
comes to you in perfect condition.
All of its goodness is sealed tight in the clean wax wrapped packages.
The days work goes much easier with WRIGLEY'S to sustain and refresh.
3 HANDY for PACKS 5¢


A LOT FOR A NICKEL
CK-46
AFTER EVERY MEAL




## Wins First Prize For Layer Cake



Mrs. W. McKenzie, 9 Fernwood Ave., Ave., Toronto, was awarded the first prize for layer cake at the Canadian National Exhibition, Toronto. As there were a large number of entries of cakes of various kinds we believe our women readers will be interested in securing Mrs. McKenzie's recipe, which follows:

**Golden Layer Cake**

½ cup butter, 1 cup sugar, yolks of 6 eggs, ½ cup milk, 1¾ cups flour, 4 teaspoonful Magic baking powder, 1 teaspoonful of orange extract. Cream butter and sugar, add well beaten yolks and beat again with butter and sugar until very light. Sift flour and Magic baking powder together and add to first mixture alternatively with milk. Beat lightly for about one minute, put into greased layer pans and bake. Temperature 400 deg. F. Time about 20 minutes. Put together with lemon filling and ice with boiled frosting.

**Lemon Filling**

1 lemon and rind, 1 cup cold water, 1 cup sugar, 1 egg, 1 tablespoonful flour. Beat lemon rind and egg together. Stir in lemon juice and sugar. Dissolve flour in water. Cook in double boiler till it jellies and spread.

**(Boiled) Frosting**

Dissolve a cup of granulated sugar in ¼ cup of hot water. Wash down the sugar from the sides of the pan, cover and let boil three or four minutes, uncover and let boil to a rather firm soft ball stage. Pour in a fine stream on the whites of 2 eggs, beaten dry, beating constantly meanwhile.

A few maraschino cherries chopped and added to the frosting gives a delicious and pleasing flavor.

### She Was Only . . .

She was only a baker's daughter, but she did need the dough.
She was only an orchestra leader's daughter, but she beat the band.
She was only a confectioner's daughter, but she took the cake.
She was only an artist's daughter, but she put the paint on thick.
She was only a parson's daughter, but she had a fine collection.
She was only the colonel's daughter, but oh, how she attracted the knutts!
She was only a fisherman's daughter, but she had a permanent wave.
She was only a distiller's daughter, but she was full of good spirits.
She was only a farmer's daughter, but she made hay while the sun shone.
She was only an author's daughter, but she always did right.
She was only a photographer's daughter, but she was so positive.
She was only a tinker's daughter, but oh, she was so potty!
She was only a golfer's daughter, but she was so green.
She was only a banker's daughter, but she would dress in checks.
She was only the policeman's daughter, but she was hard to beat.
She was only a dustman's daughter, but she was not so dusty.
She was only a glazer's daughter, and oh, so transparent!
She was only a greengrocer's daughter, and the apple of his eye.
She was only a milkman's daughter, but the cream of all the crowd.
She was only a printer's daughter, but very true to type.
She was only an airman's daughter, but she was very fly.
That's all!
—Peter Cavan, in "Answers."

### When in Public Places

Use a knife and fork to break up the toast and other ingredients of a club sandwich, then eat it with the fork.

Crackers are served with soup but they must not be put into the soup. Eat them separately.

The lettuce served as a bed for the salad may be be eaten if you so desire.

**Quite Safe**

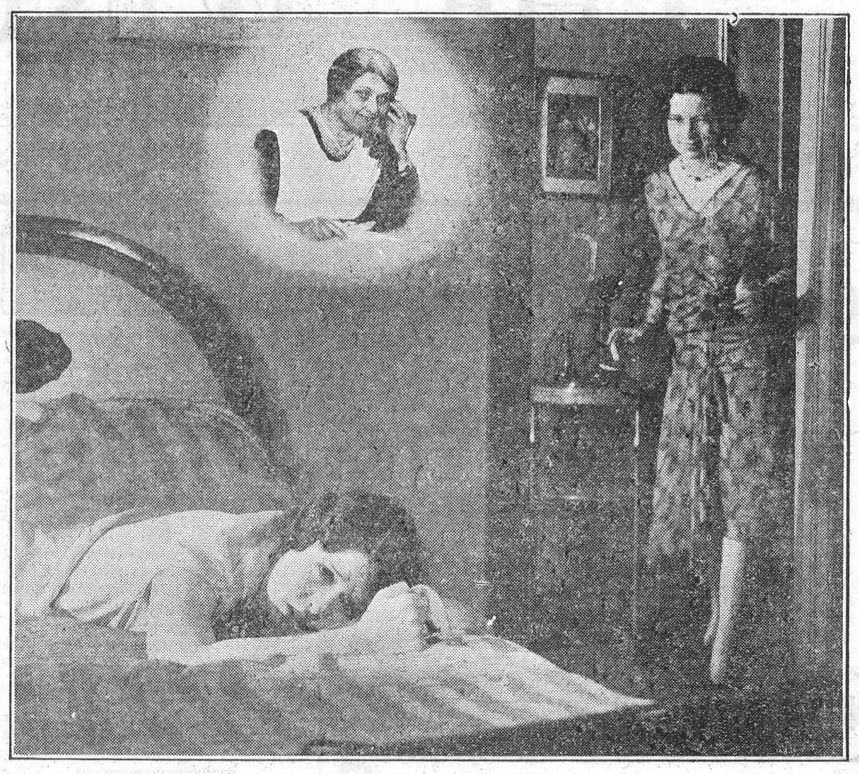
He proposed to her on the beach. To his immense surprise she accepted him.

"Hurrah!" he shouted. "There's your father coming out of the water. I'll tackle him about it right now."

"John," she said, "do you think this is the right moment?"

"Absolutely," he returned. "He doesn't wear boots when he's bathing, does he!"

### Homesickness—And a Cure!



It's your mother, Mary!" exclaimed Hazel Wright, Mary's room mate in the college dormitory.

"Mother!" cried Mary Strong who had thrown herself on the bed in a fit of homesickness.

As she poured out her heart to her mother and from the very sound of her parent's voice gathered strength to overcome that homesickness which only those who have experienced it can appreciate, Hazel Wright wondered how anyone could do without a telephone even as she herself expressed it "if it took the last cent."

Distance makes no difference and the cost nowadays for out-of-town calls is surprisingly low.

## Doctor Says Sugar Is Perfect Food



By Marie Ann Best

ARTICLE 8

"How about chocolates?" exclaims the lover of sweet meats. "I simply can't do without them altogether." Let me tell you something about them, and not all bad news either. Chocolates are filled with good food but that's the trouble if one would reduce. There are altogether too many calories in a chocolate. For instance one tantalizing, delicious chocolate cream which looks so innocent in its soft smooth finish and which disappears so meltingly and quickly, counts a total of 100 calories.

Chocolates would not look so good to the type of person whose surplus food intake turns to fat if she knew that just two chocolates a day for a year, over and above the amount of food it takes to keep your body normal, would make one 18 pounds overweight at the end of the year. It is appalling isn't it? So if you have formed the habit of "The magazine and a box of chocolates," just figure it out. Each chocolate adds another little lump of fat where it is not wanted. When one thinks of it as a lump of fat, it isn't so tempting.

But they are good and one just cannot give them up without a few qualms of remorse. So to those who are reducing and are rigidly keeping to 1200 calories each day a good way might be to eat 1 or 2 for dessert, then mount it in your book. Which would you consider the better menu for lunch, both menus consisting of the same number of calories?

| | |
|---|---|
| 3 large chocolate creams, 300 calories, | |
| Or | |
| ½ slice toast or whole slice melba toast | 50 |
| 1 tsp. butter | 25 |
| 1 cup cooked spinach | 35 |
| 1 poached egg | 80 |
| ½ large muskmelon | 50 |
| 1 dessertspoon ice cream | 60 |
| Calories | 300 |

So often we receive this advice while reducing. "Do not eat any sugar or starches." But if one is supposed to have a balanced diet how is it possible to leave out sugar. It is sugar that burns up the fats. If fat is to be burned in the body which is necessary for proper assimilation, there must be a sufficient quantity of sugar-fuel to burn it; so it is comforting to know that we must have some of all the important foods, only it is necessary to count our calories and use our judgment about the division for proper balance.

One of our eminent food doctors paid this tribute to sugar: "Common sugar is almost an ideal food, cheap, clean, white, portable, imperishable, unadulterated, pleasant tasting, germ free, highly nutritious, completely soluble, altogether digestible, easily assimilated, requires no cooking and leaves no residue." Then he adds, with physiological wisdom, "it's only fault is its perfection. It is so pure that man cannot live on it."

The continuous use of sugar in America is steadily growing. It is interesting to note that a century ago people of this country consumed enough sugar to give each person about 8 pounds in one year. Now the amount of sugar consumed in one week averages 3 pounds for each person. Just think of that. Since sugar is so very high in calories what is the logical thing that will happen? We become too fat. One hundred years ago Canadians per person used around 44 calories of sugar a day in various forms. Now they use 547 calories per day. It comes in our candy, soft drinks, ice cream, the bake shop, condensed milk and so finds its way into our stomachs.

Sugar is so refined that it contains no vitamins. This applies to many of our foods. Rice has most of its health-giving vitamins polished off, corn starch has the maize kernel removed, our whole wheat flour will not keep long enough with the whole grain included, so the part that spoils easily is remove dand that is the best part.

Women should form clubs to undertake to secure this real whole wheat flour and divide it up among the members. It must be ground at the mill and used immediately. We should adopt some of the methods of earlier years and get close to nature, accepting foods as she prepared them for her children.

We are liable to eat foods with too many calories and because we do not need so many calories but more vitamins and minerals we store up layer upon layer of fat. This makes it quite plain what we must do.

We wish to make it clear, however, that the advice here given applies to people who are overweight but are otherwise healthy and desire to reduce.

The following are some popular cooking quantities in calories:

| | |
|---|---|
| 1 cup sugar | 840 |
| 1 cup whole milk | 160 |
| 1 cup skim milk | 80 |
| (food value is as good as whole milk, except fat is removed.) | |
| 1 cup unsifted flour | 460 |
| 1 cup sifted flour | 400 |
| 1 cup Graham flour | 460 |
| 1 cup macaroni, cooked | 100 |
| 1 cup butter, ½ lb. | 1750 |
| 1 cup grated cheese | 400 |

Some commonly used home-made dishes in

**100 calorie portions**

(These are of course approximate, since no two people cook alike. If reducing hold down on the high calories ingredients.)

Baking powder biscuit 1 large, Muffins 1 small, 1 griddle cake, celery tomato or spinach soup 2-3 cup, potato pea or corn soup ½ cup, macaroni and cheese 1-4 cup.

Baked beans ½ cup, cheese souffle ½ cup, salmon loaf 1-3 cup, ginger bread one small piece, Lady fingers, 4, bread pudding or Brown Betty 1-4 cup. Ice cream 1-4 cup, lemon jelly 3-4 cup, fudge 1 inch cube, pie apple, 1½ piece, lemon pie 2 inch piece.

Next week—The Overweight Child.

**Beauty**

As a countenance is made beautiful by the soul's shining through it, so the world is beautiful by the shining through it of a God.—Fredrich Heinrich Jacobi.

"People like to listen with their eyes even more than they do with their ears."—Albert Coates.

### For the Housewife's Notebook

Cakes will keep fresh for a considerable time if a piece of plain bread is placed in the tin with them.

When making a fruit cake, care should be taken not to make the mixture too moist, or the fruit will sink to the bottom.

Fish can be scaled more easily if it is immersed in boiling water for a minute or so.

There will be no danger of eggs sticking to the pan while frying if a little flour is added to the fat.

To clean knives that have become rather dirty, apply with a piece of felt a mixture of methylated spirit and powdered bath-brick. Polish in the usual way.

Freshly cut grass is more effective than damp tea leaves for laying dust and cleaning a carpet. Sprinkle a little over the carpet, then brush in the usual way.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**HEADACHES**

Needless pains like headaches are quickly relieved by Aspirin tablets as millions of people know. And no matter how suddenly a headache may come upon you, you can always be prepared. Carry the pocket tin of Aspirin tablets with you. Keep the larger size at home. Read the proven directions for pain, headaches, neuralgia, etc.

BAYER

**WHO would let their hair go this way?**



Your pride prompts you to keep your hair well groomed . . . then for the same reason smarten your dull, unpolished shoes regularly with a glossy "Nugget" shine —waterproofs the shoes as it polishes.

**"NUGGET" SHOE POLISH**




*The* NUGGET TIN *opens with a twist!*

# Radio Stations in Far North Aid Forecasts, Says Col. Forde

## As Weather of the North American Continent is Made in Arctic Regions—Radio Proves Invaluable

Montreal.—Enthusiastic about the services rendered by the Canadian government's radio stations on the prairies and in the Northwest territories, Colonel E. Forde, D.S.O., assistant director of signals, has returned to Ottawa after a 9,000-mile inspection trip, in the course of which he visited proposed district headquarters and signal units in military districts Nos. 10, 11, 12 and 13, and a number of projected air mail stations.

Colonel Forde's farthest north visits were at Aklavid and Herschel Island, at which are situated the most northerly of all the government radio stations. These stations, in the far Northwest, he explained, are invaluable in providing weather reports. In this area the weather for the greater part of North America is made, and reports from the district enable the meteorological stations to make accurate forecasts.

Development of civil aviation in the district has given the stations an additional value in supplying reports to pilots, as discovery of minerals on the shores of the Great Bear Lake has led to a large increase in the number of planes operating in the district.

To complete the chain of stations which stretches north along the waterway system of Lake Athabasca, Great Slave Lake and the Mackenzie River, Colonel Forde thinks a new station at Fort McMurray is needed. It is a natural jumping-off place for air traffic, and to get weather reports from the north at present it is necessary to communicate with Edmonton by wire.

Besides the northern stations which were erected primarily for meteorological and commercial purposes, Colonel Forde visited the many stations in the northern sections of Saskatchewan and Manitoba which have been erected in recent years to serve the growing air traffic in those areas.

# Girl Guide News

### The Marguerite

The Marguerite grows in the fields and flowers chiefly in the late Summer. It has an irregular shaped leaf, and a long graceful flower-stalk, at the end of which the flower bud opens into a large, flat head.

We cannot call it a flower, as it really consists of a flat head of little yellow flowers, surrounded by a ring of long white florets, each of which is also a true flower, although they look like petals.

They are very hardy flowers and live a long time in water.

I once read in a book that the Marguerite is the wisest of all flowers.

F. H. Martin of the 5th Leyton Company has sent us the following story of the Marguerite.

D. Rudyerd-Helpman.

### Legend of the Marguerite

Once upon a time there was an Eastern princess who had always seen only the dark-haired, brown-faced babies of her own country. One day Miftani, her wisest councillor, came to her with the story of a marvellous vision he had had, in which he had seen a little girl-child quite different from any children he had ever seen before. She had short, curly golden hair, and her face was the color of the most delicate rose. She wore a most exquisite gown of silver, and her beauty far excelled that of the Princess herself. The Princess, although kind and good, was a little annoyed because the wise man had announced the child as being more beautiful than she, who was named by all "Marquita," which means "The most beautiful of Lotus buds." Never could she imagine a baby with fair hair, or with a rose-pink complexion.

Three years later Miftani came once again to the Princess to tell her of a vision. This time he had seen a beautiful lady weeping, for the child had died. Now Marquita, like all the people of her land, believed that when a mortal died he left his soul in the keeping of a flower, and she at once commanded her slaves to seek for the flower in which was the soul of the beautiful little girl.

Again three years passed by and Muftani had a third vision. This time he saw an island in a blue, blue sea; a beautiful island, named England. In its grassy fields fair-haired children played among the flowers, but Miftani noticed only one blossom, in which he knew must be the soul of the little girl, for its centre was the same color as the curly hair, and the silver petals reminded him of the wondrous crown. As soon as she was told, Marquita and all her attendants came to the island. As she was walking slowly through a meadow, the Princess heard a tiny whisper which sounded very much like her own name. Bending down, she found the flower she sought at her feet.

"Did you call me, little Golden Head," she asked gently.

"No, no," answered the dream-child. "I whispered my own name which is Marguerite."

## White Signal New Curb On Lightning Damage

Schenectady, N.Y.—The latest man-made curb for lightning destruction is a small white signal.

It jumps into view on high tension line towers whenever lightning strikes or when for other reasons the electrical power get out of hand and flashes outside insulators.

The white target is a signal for a lineman to climb the tower and look for lightning damage. It is operated by instruments capable of measuring in split millionths of a second the extra surge of power that comes over alone when lightning strikes.

### Mistaken Friends

How many good but mistaken friends love to tell us what martyrs they are! They are the cause, not the effect, of martyrdom.

# Economy Corner

### Ham Baked in Milk

Slice of ham 1 inch thick, 1 tablespoon flour, 1 teaspoon brown sugar, 1 cup milk, ¾ cup water. Bake in an oven until ham its tender.

### Hot Vinegar

Will quickly reduce the pain or swelling caused by a sprain or bump.

### Cold in Chest

A flannel dipped in boiling water and sprinkled with turpentine laid on the chest as quickly as possible will relieve the most severe cold or hoarseness.

### Oatmeal Water

Put 1 cup of oatmeal in a stone jar; add 1 cup of sugar and the juice and rind of 3 lemons cut thin. Cover with 2 quarts boiling water and let stand until sugar is dissolved and the water is cold. Strain and chill.

### Good Cure For Colds

An excellent cure for cold is to cut up a Spanish onion in thin slices and between each layer place brown sugar. The syrup resulting from this is of great value to heavy colds.

A mixture of turpentine and vaseline. It is invaluable to rub on the chest in treatment of colds.

### Chopping Walnuts

When using walnuts put them on a piece of wax paper and roll them with rolling pin instead of cutting them up. It is much easier and the wax paper saves the oil in the nuts.

## Crows Reverse Migration Under Stimulus of Light

Washington.—Why birds fly north in spring and south in autumn may be answered as a result of tricking crows into a reverse migration.

Dr. William Rowan, of the University of Alberta, in reporting to the National Academy of Sciences his experiments with crows, says the supposedly invariable migratory instinct appears due to some hormone. This is an extremely important chemical substance released in the blood stream by one of the glands of internal secretion which is believed activated by the length of day.

Through use of artificial lights he changed the "seasons" for a group of crows so far as day and night were concerned. Released from their specially equipped aviary, the birds, for the most part, took an opposite route from that followed by another group of crows held captive under natural conditions and set free a few hours earlier.

# Dogs Have Brains As Well As Hearts?

Whether animals think and reason has long been a moot question. Most naturalists now are of the opinion that the so-called lower animals have a limited capacity to think and reason and that their minds differ from those of human beings merely in degree and not in kind. It is the high development of man's brain that separates it from that of the ape, the horse and the dog. Many animals show considerable intelligence in certain matters, especially in obtaining food and escaping from enemies. Instinct experienced through many generations, plays a much larger part in animals than it does in human beings, and reasoning capacity varies in different individuals and different species of anmals just as it does in different individuals and different species of mankind. That the dog possesses an imagination and can picture mentally absent objects is indicated by his grief over the loss of his master and his capacity to dream. A considerable degree of intelligence is exercised when the baboon throws a missile at an intruder and when the elephant breaks off a twig and uses it for a fly brush. Recent experiments indicate that crows in the wild state have the ability to count up to three or four.

# Britain Builds Fastest Boat

## Coastal Defense and Protection for Trade Routes Chief Purposes of Craft

London—Flying boats which are said to be faster than any others in the world of equal size and pay-load carrying ability, and which have been designed and constructed in the customary secrecy with which the British Air Ministry surrounds all of its developments, are being successfully flown by British operators.

Possible future military necessity is seen as the purpose for which the craft have been produced. Coastal defense and long-range protection for trade routes are said to be the main objects behind the use of these new flying boats, while as civil aircraft they give increased comfort and greater carrying capacity.

One of the new service types of this design built by Short Brothers, of Rochester, has four Rolls-Royce water-cooled engines developed as a result of the experience gained in last year's Schneider Trophy race. They are machines of exceptional size, having many gunners' positions, and yet are easier to handle and faster than some of the single-seater fighters now used by the Royal Air Force.

The engines are mounted in tandem, the front motor driving tractor air screws, while the rear one drives pusher propellers. The civil machines of this type also have four engines and a commodious cabin and are much larger than the cabin flying boats which heretofore have been in general use on the water airlines of Imperial Airways.

Britain already has established a definite lead in Europe for large-size flying boats and these new ships are likely to increase the lead. Meanwhile, an invention which, it is said, is capable of increasing the speed of planes which are fitted with radial type engines is now being mounted on the standard planes of the Royal Air Force.

The invention is an adaptation of the Townsend ring, used during the war. It was first tried in model form in comprehensive wind tunnel tests and is said to have added twenty-five miles an hour to the top speed of planes. These results were borne out when the ring was adapted to full scale planes.

The device consists of a wider ring air-foil of cambered sections which completely encircles the radial engine. The purpose of this is to keep the flow of air past the projecting cylinder heads smooth and close to the body of the plane. Without the ring the air flow becomes broken and forms numerous eddies.

These eddies increase the drag or resistance, thus reducing the speed. In the full-scale tests it was found that 27 per cent. less power was needed to drive a plane at 145 miles an hour with the new ring than without it.

# London Air Traffic Has One-Way Route

## Air Ministry Takes Steps to Prevent Plane Collisions

London—The air over London has become so crowded that the Air Ministry has issued one-way traffic regulations. They affect virtually the entire London flying area, and include Hanwodth, Staglane, Northolt and Harmondsworth Aerodromes. The normal flight between Heslon and Hanworth takes but a few minutes, and the distance is only three and one-half miles, but the new one-way route necessitates a trip of thirty-five miles.

Captain V. H. Baker, Chief Pilot at the Heslon Airport, said the ruling certainly will be a safeguard in bad weather. Air Ministry officials stated that it was essential to avoid the possibility of frequent collisions.

## Vitamin B Found Short In Fruits and Vegetables

Berkeley, Calif.—Changing food habits of American families cause the lack of Vitamin B which stunts children's growth, believes Dr. Agnes Fay Morgan, of the University of California. Dr. Morgan passed a year in study of diet of undernourished children between the ages of eleven and thirteen years.

"This change in food habits," Dr. Morgan says, "of the American people has in general been looked on as physiologically not injurious, because the supposed increase in the use of milk, fruits and vegetables was thought to overbalance any nutritive loss involved in the substitution of sugar for cereals, and particularly for wheat products.

"But the protein content of the average succulent vegetables and fruits is practically negligible as compared with that of cereals, and our work has shown that vitamin B of wheat products cannot be replaced by the minute amount of vitamin B in vegetables and fruits."

## Complexion Decided By Gland Secretion

Cincinnati,—Discovery of a gland secretion that appears to control pigmentations—the basis of complexion—was reported to the American Chemical Society recently.

The secretion comes from the pituitary gland, which lies between the roof of the mouth and base of the brain, and which has been identified previously as producing other secretions affecting growth of the body bones and development of sex.

The discovery was credited to Dr. C. G. McArthur, of the University of Buffalo, during the explanation of a new theory of bodily circulation by Dr. Oliver Kamm, of Parke Davis & Co.

### A Plant

Friendship is said to be a plant of tedious growth, its roots composed of tender fibres, nice in their taste, cautious in spreading.—Vanbrugh.

## The King in Scotland



After holidaying at Cowes, the King and Queen made their first visit to Scotland in two years. Above—The King stops to chat with Major R. D. Hunter, commander of guard of honor at Ballater station.

### Praise

He made his little world a place,
Where mignonette in safety grew.
He edged the narrow yard with grace,
Built shelters for a bird or two.

His neighbors knew him as a friend,
The children thought him "lots of fun."
What more than this at life's long end
Do we repeat of anyone?

The needs of life he understood,
He faced the world with smiling eyes.
Must one be brilliant to be good?
Must one be famous to be wise?

Perhaps man's greatest praise can be,
When all the toil of life is done,
He loved all things of land and sea
And children thought him "lots of fun."

—Edgar A. Guest.

## Electrical Change Felt Instantly Around World

Washington.—A recently observed electrical phenomenon that sweeps the entire world at the same instant between 6 and 8 p.m., Washington time, is described to the American Geophysical Union by Dr. O. H. Gish, of the Carnegie Institution.

It is a change connected with the earth's electrical charge. This charge, says, Dr. Gish, tends to acquire a high value during the hours named. The cause is not definitely known, but is ascribed to some still "elusive, unknown" factor that maintains the earth charge.

Existence of this charge is shown by study of atmospheric electricity. The same studies show that the charge fluctuates and have given some indication of the universal time schedule of these changes.

### Character

Character is formed by a variety of minute circumstances, more or less under the regulation and control of the individual.—Smiles.

# Whooping Cough Tests Hastened

## New Method of Diagnosis Urged to Avert Dangers of Delayed Quarantine

Delays in quarantining whooping-cough suspects until the characteristic whoop appears are at least partly responsible for the increase in the disease which has brought its death toll up to twice that of scarlet fever, according to a report to the American Medical Association by Dr. L. W. Sauer and Leonora Hambrecht, of Evanston, Ill.

It is no longer necessary for the physician to wait for the familiar whooping to diagnose the infection in a suspect case, as the bacillus can be detected by cough plates held near the patient's mouth during a coughing spell. The pertussis bacillus which causes the disease may be passed on to others long before the cough becomes evident. Under the present system of diagnosis, therefore, the quarantine is established a considerable time after the period of greatest contagion has passed, these authorities charge.

Cough plates for this purpose may be made with a coating consisting of a mixture of boiled potato, agar, glycerin and blood serum, which gives a most favorable condition for the fast growth of the bacillus. This mixture, coated on a small plate or disk of wood or glass, should be held, in obtaining a possible culture, about two or three inches the patient's mouth during a deep coughing period.

### Success

Successful men are as a unit say that whenever one of them attempted to judge a hard task, that the dodging was more trouble than getting at the hard requirement and getting it well out of the way, leaving no ravelings hanging, but doing a work-man-like job, when it needed to be done.

## English "Bobbies" at Play



Policemen, with tiny balloons on their hats, fight with canes, one of features of recent mounted police tournament and horse show in England.

# Two of the North's Five Poles Still Attract the Explorer

## Pole of Cold May Be in Siberia—While Greenland May Prove to Be Centre of Winds

A Canadian flying expedition has just succeeded in charting with aerial cameras the North Magnetic Pole area, which was discovered by Captain James Clark Ross in 1831 and relocated by Captain Roald Amundsen, who made extensive observations from 1903 to 1905, just before finding the Northwest Passage.

There are five poles in the Arctic regions to stimulate the imagination of explorers. One is the North Pole, visited by Peary, by Byrd and by the Amundsen - Ellsworth - Nobile expedition. Another is the Magnetic Pole. The third is the Ice Pole, known as the Pole of Inaccessibility until Amundsen, Ellsworth and Nobile flew over it in the dirigible Norge in 1926. There are also a Wind Pole and the Pole of Cold.

The Wind Pole may possibly be in Greenland, where British and German expeditions are now conducting meteorological observations. The Pole of Cold is still to be located definitely.

Some of these poles are shifting in character, though they can be placed fairly well upon maps. Of this type are the North Pole and the Magnetic North Pole. The former, at the tip of the axis on which our earth rotates, moves about in a circle with a radius of thirty to forty feet.

### The Magnetic Pole

The Magnetic North Pole, which attracts the needle of the compass because it is at the axis of the great electric dynamo constituting the earth, moves over a considerable area, slowly but measurably over a period of years. The position generally given is near Lat. 70 degrees N., Long. 97 degrees W., on the Canadian mainland at a place called Boothia Felix or Boothia Peninsula. In Summer this is a green and grassy lowland; in Winter it is no longer green but has the appearance of a cold prairie. Many ships have visited the region, some coming to grief on jagged rocks just below the surface of the Gulf of Boothia.

The Ice Poles, so named by Amundsen because the term "Pole of Inaccessibility" no longer applied when he crossed it by dirigible, lies between the North Pole and the Alaskan shore, forming a rough triangle with that pole and the Magnetic Pole. It is at the centre of the great field of floating ice, covering 1,000,000 square miles, on which the North Pole lies.

### Location of Ice Pole

Because the warmth of the Gulf Stream clears the ocean of ice to within 600 or 700 miles of the North Pole on the Norwegian side, the centre of the ice mass—and hence the location of the Ice Pole, is 400 miles away from the North Pole on the Alaskan side. When Amundsen passed over the Ice Pole he saw nothing below him but solid ice, so thickly packed that not even a rift of water appeared.

No man has ever set foot at the Ice Pole. The hardships of reaching it by dog sledge have been considered too great, and the Amundsen party reported that the condition of the ice was such as to prevent a landing by either dirigible or plane.

Yet, cold as this territory must be in the dead of Winter, explorers do not believe that the temperature there, or at the North Pole itself, ever falls to the level of 68 degrees below zero, once reached a the village of Gladstone, near Havre, Mont. To find the pole of cold, therefore, scientists must look elsewhere. In fact, they must have to look for two or more cold poles instead of one.

One pole of cold—that having the lowest Winter temperature of which there is record, has been fixed tentatively on the mainland of Asia, near the Siberian village of Verkhoyansk, some 1,400 miles from the North Pole. The coldest Winter temperature that can ever occur there is something between 90 and 95 degrees beyow zero, while the coldest possible at either the North Pole or the Ice Pole is believed to be about 30 degrees warmer.

### High and Low Temperatures

But in Summer the temperature at Verkhoyansk sometimes rises to the 90s, once reaching 93, with plenty of humidity, and various cereals and vegetables can be cultivated in the region. So if the pole of cold is considered as that place having the lowest Summer temperature or the lowest average temperature, it must be somewhere else upon the map.

In this connection it is suggested that certain northward-facing precipices in the Himalaya Mountains might be the coldest all-year-round spots. They are far from the warm ocean and high above it, though not so very far from the Equator. If there are such places anywhere near the five-mile altitude on which the the sun never strikes, they are likely to demand strong consideration as the Pole of Cold and may have a better claim than either of the Poles lying at sea level in the Arctic.

Or perhaps the Pole of Cold is in Greenland, which may be every bit as cold in Winter as Verkhovansk. For the greatest Winter cold is produced by three conditions working together—distance from the Equator, distance from the ocean, and altitude. The plateau of Central Greenland answers all of these conditions, whereas the North Pole and the Ice Pole meet only the first—distance from the Equator. Perhaps the German and British meteorologists now in Greenland may be able to learn definitely whether that ice-bound island contains both the Pole of Cold and the somewhat legendary Pole of Winds.

The British expedition is engaged in surveying the ice cap of Greenland, with a view to determining whether it would be possible to use the island as a way station for airships used on the proposed route between Britain and Canada, and the German expedition is also acquiring meteorological data relative to flying as well as to storm conditions in the transatlantic ship lanes.

By Pole of Winds is meant that centre— if there is only one—where the chill winds of the Northern Hemisphere originate. Scientists refuse to credit the polar regions with as many icy blasts as the poets suggest. There is in Greenland, however, a peculiar situation which makes it possible for scientists to discuss whether there is a sort of wind pole there. The island is cold, particularly in the interior, and has a hump on its back near the centre. The air undoubtedly becomes very cold and thin, some experts say. It would, therefore, have a tendency to settle down upon the dome of interior Greenland and flow down-hill in every direction, as water does when poured on an inverted bowl. The result might be that there would usually be little wind near the centre of Greenland's dome and frequent winds blowing from the interior to the coasts. Such winds, of course, would contribute to the interacting system of winds throughout the Northern Hemisphere and hence would be highly important to meteorology.

# Television Proves Popular In London

## Interest in Image Sending Gains as Theatres Seek Installations for Patrons

New York—Television is gaining considerable interest in England, and it is likely that several London theatres will install equipment this winter for the entertainment of patrons, according to information received by the U.S. Department of Commerce recently.

Negotiations are under way with a prominent British television company for the installation of a stage receiving set which will permit the theatre audience to witness entertainment broadcast from a point several miles from the stage.

Great effort is being made to exploit television in England. Programs are now being transmitted on regular schedule for reception by amateurs, and it is reported there are several thousand listeners in the vicinity of London equipped with the apparatus.

The theatre aspect is regarded as new although the British television company interested in the project has been attempting to promote the idea for several years. Applications for apparatus in theatres are said to be approximately twenty. It is reported these are not motion-picture theatres, but legitimate stage theatres.

Apparatus developed by the television company for stage reproduction is said to give reproduction of images approximately four feet square. Special transmitting equipment has been devised which permits the broadcasting of full-length images of entertainers appearing before the television camera. It is expected that dramas will be broadcast for the theatre receptions.



Kitty: "Is this really a five-horse-power boat, Tom?"

Tom: "Yes."

Kitty: "Well, then, I guess it ought to hold two people."

"If we let a criminal select his own way to die most of them would choose to die of old age."—Lewis E. Lawes.

"A man only becomes educated when he knows why things happened when they did."—Archbishop of York.

# Largest Radio Show in Canada Will Be Held September 22

Montreal.—The largest radio show in Canada, the seventh annual radio exhibition, will be held here from September 22 - 27, according to a recent announcement made by E. M. Wilcox, manager.

Three large halls in the Windsor Hotel will be used to display the latest models of sets, and it is anticipated that, following the experience of previous years, many thousands of people from Montreal and eastern Canada will visit the exhibition.

As this marks the opening of the radio season in Canada there will be a large attendance of dealers from Ontario, Quebec and the Maritime Provinces. In view of this several manufacturers have arranged to hold conventions during the exhibition, and one firm has announced that 200 dealers will attend the conference they are planning.

All the new models of sets, with the improvements effected during the last year, will be on view, and thus the public will be brought up-to-date on the developments in the radio business, now one of the largest on the continent, since the last radio exhibition.

Arrangements have been made for several special features by the manager, who stated that broadcasting of entertainments will be a daily feature.

# Latest News Printed in Paper While It Is Being Delivered

London.—Something new to Londoners in the way of fast delivery of late news to readers has been accomplished by the London evening newspaper, The Star, which is regularly operating a "Stop Press" printing establishment in its largest delivery van.

The equipment comprises a complete composing frame and type cases, and a suction-fed printing machine capable of printing anything up to three 30-line news items at a speed up to 10,000 copies an hour.

News items are received by radio from the offices of The Star and are set-up and run off in the so-called blank "fudge column" as fast as they are received. The printing can be done as the van is rushing deliveries to the more distant suburbs, but it is more customary to install the van outside big horse-race, football, or other sports meetings, enabling the spectators as the meeting breaks up to buy London papers with the very last-second news in them.

The van is also equipped with special amplifier and two public address loud-speakers through which broadcast microphone announcements can be made.

# THE WINCHESTER PRESS

The Press has a guaranteed circulation of over 1000 in the district shown on the map to the right. It was established in 1887 and is today the Largest and Leading Newspaper in the County of Dundas.

Dundas, for its size, is the richest and most progressive County in Ontario. Winchester is the centre of the County and has about 1250 of a population.

The Press is published every Thursday. Subscription $1.50 in advance, foreign $2.00 Member of the Canadian Weekly Newspopers Association.

We invite inquiry and answer questions cheerfully Write or Phone 21




**Advertising Rates**

All local display advts. 16c per inch each insertion, by yearly contract.

Small advts. such as For Sale, Wanted Found, Lost, etc., not over one inch, 50c for first insertion and 25c for each subsequent insertion. IF NOT PAID FOR IN ADVANCE THE PRICE IS 60c and 30c

In Memoriam Notices 50c and 25c for each verse. Card of Thanks 50c.

Transient Display Advts. 40c per inch single col. If for issues without changes 25c per inch. Any advt. inserted for less than six months at above rates.

Legal, Municipal and Government advertising 12c per line first insertion and 6c line for each following. 12 lines to inch.

THURSDAY, SEPTEMBER 25th, 1930.


### Short But Effective

The Session of Parliament, concluded on Monday after fifteen days, is probably the shortest session in the history of the Dominion. In import it is as far reaching and important as most, because it has not only dealt with a very serious existing condition of unemployment, but has, to a very large extent, restored the policy of protection as first introduced by Sir John A. McDonald away back in the seventies.

The question of dealing with the unemployed is one that will probably be largely relegated to the several provinces. The new tarriff will effect all classes. It's effect is already seen in the activities in certain lines of manufacture. Unfortunately the farmer comes in for the least benefit. The prices of milk, cheese and butter may increase by a fraction, but only by a fraction, while the prices of farm machinery, clothing, boots and shoes, as well as furniture, iron goods of all kinds, etc., is bound to increase. Of course this will stimulate industry, give more employment and help the larger centres. In other words, the Bennett Government is largely imitating the policy of protection as adopted by the United States. At the present time it seems to be favourably received by the people. Let us hope that their fondest expectation will be more than realized.

### Opposite Views on the Liquor Question.

Two men, prominent in the public life of the United States, one and ardent and pronounced prohibitionist, the other the direct opposite as far as the sale and use of liquor is concerned, were sent over to Ontario, by the Collier Weekly magazine, to investigate, inquire and look into the working of the Liquor Control Act in this province. The results of their investigation, so far made public, are as conflicting as their views. Clarence Darrow, a well known criminal lawyer, was the investigator for the liquor side. Dr. C. Wilson, equally prominent, but in the cause of prohibition, was the other investigator. Darrow returns more convinced than ever that prohibition is impossible and that the Liquor Control Act of Ontario is a fine thing. Wilson on the other hand is equally convinced that Ontario is becoming the worst liquor drinking country in the world, and that the L. C. A. is not to be compared with a prohibitive law.

All of which goes to show that the so called investigation is of no practical value, and that when a man, or woman, makes up his mind along a certain line, and that line is favourable to his viewpoint, nothing will convince him to the contrary. No doubt that is why we have in our churches men prominent in good works but who cannot view this liquor question as do others.

If we could have a prohibitory law, even as they have it in the United States, for the whole of Canada, it would be better than these Provincial Acts. But, and notwithstanding its many set backs, the cause of prohibition is stronger everywhere than it was twenty years ago. That liquor is an national curse there can be no doubt. It is like a dreaded disease, and some day a way will be discovered to combat and destroy it.

### Buying Cenadian Products

The Canadian Weekly Newspapers Association, at its recent annual gathering at Halifax, endorsed and adopted a resolution that reads as follows:

That: "In view of the importance of the industrial and agricultural situation throughout the Dominion of Canada, and the urgency of public thought tending toward greater economic cooperation, the C. W. N. A. at its Eleventh Annual Convention in Halifax assembled, suggests that its membership assists in every effort to create a demand for the consumption of goods of Canadian production."

No Canadian can object to that resolution, and every Canadian should enter heartily into the movement to buy, use, consume and in every way show themselves in favor of Canadian products. In foods, the Canadians can produce as good and as wholesome food as any people in the world. Our manufactured goods are as good, and in many cases better than the imported. Buy at home and buy Canadian goods and you will be showing, not only a loyal Canadian spirit but displaying good common sense.

### Fall Fairs

Judging from reports the several Fall Fairs in Eastern Ontario seem to have been a success. But they are gradually becoming fewer, and in a few years the Country Fall Fair will be almost unknown. And a pity it is too that such is the case. At least so it appears to those who remember with delight the gathering of friends from all the countryside at the fall fairs. How they delighted in inspecting the needlework, the mat work, the cooking and baking, the vegetables grown, and compare them with their own. What interest there was in the carriage horses, and the fine turnouts in team and tandum. It was a social gathering of the whole country side.

To-day, however, with the automobile that will take you to the city in an hour, a city that twenty years ago your parents would feel fortunate in visiting once a year, you now visit almost weekly, Your neighbors are those you can reach with your car, and so far as visiting is concerned time and space are eliminated. Consequently the fall fair has lost all attraction for young people, and the older ones are fast losing all interest in them.

It is not likely the Winchester Fair will ever be revived. If there could be organized a county fair it might be a succees, but the smaller township fairs are bound to soon disappear. Morrisburg fair is almost a forgotten event, and soon Winchester Fair will be in the same list.

What, then, is to become of the present fair grounds? About $2000 would clear the Winchester Fair of all debt. The grounds and buildings are well worth that amount. They should not be allowed to pass out of the community. The race track is one of the best. Some of the buildings could easily be put in first class condition. It would make a splendid park and sports grounds. It is up to the younger generation to make a move if they want those grounds preserved to this community.

### *Encouraging Bootlegging*

(Brockville Recorder-Times

The Cornwall Freeholder joins in the chorus of Ontario newspapers demanding that the Provincial Government or the Liquor Control Commission apply some limit to the quantity of liquor that can be procured by the same individual upon the same permit. There have been some heavy seizures recently in Cornwall of liquor obtained quite legally from the government stores yet far in excess of the capacity of the individual holding that permit, and people who have been purchasing such quantities have been fined for possessing too much liquor, although they have been given it quite freely upon application to the stores.

The Freeholder mentions in particular one case that recently received the attention of the authorities in Cornwall. The individual in question was prosecuted for being in possession of several bottles of Quebec beer. But his Ontario liquor permit showed that he had legally purchased almost 1,000 bottles of beer, 28 gallons of wine and 40 bottles of spirits since last November. The man earns $3 per day, but managed to spend more than half his earnings on beer and liquor. His permit was cancelled by the Court.

This leads the Freeholder to ask if police action and a hearing in court are necessary to prevent a man spending half his salary at the liquor stores. What, it asks, does the word "control" mean if it does not indicate that liquor may be sold only in reasonable quantities. "No hnman being could consume the quantity of liquor which this man purchased in the period covered. No man could afford to spend the money which this man handed over the counters at Government liquor stores, on a salary of $3 per day. If this sort of thing is what the Ontario Government means by control, that government is violating the confidence oi the people of Ontario who voted in favor of the adoption of the Liquor Control Act.

### *Desperados Busy*

While this section seems to be free, many places in the Ottawa Valley report burglary, thefts and hold-up, by desperate characters, many of whom carry guns. Chiefly in the vicinity of Ottawa, where the get away is comparatively easy, do these desperados operate. At Cornwall there have been several cases of people being robbed. Anyway the safe plan is to not take any chances and to take all necessary precautions.

### *Judge Of Poultry*

Mr. A. A. Casselman of Winchester was the Judge of Poultry at the Mountain Fair last week. He has been judge for some four or five years, and a better judge could not be selected as Mr. Casselman knows poultry from the tips of their toes to the end of their beak. He says the Poultry Class 24, this year, was of a fine standard of perfection.



By the new, up-to-date police signal system which Toronto officially took over the other day, with considerable ceremony, the Police Department is enabled to transmit a description of a stolen car, hold-up man or bandit to every man on his beat; this new system is also available for service every moment of the night or day for the conduct of ordinary routine business and communication of orders. The system is spread over the entire 32.8 square miles of city area, and is divided into twelve police divisions.

The pictures: upper left shows former Police Chief Col. Grassett receiving the golden key from W. R. Ostrom, District Manager of the Northern Electric Company who handed the system over to the Police Department; right, typical installation at street corner showing officer turning in a call. Lower left, the main switchboard and recording instruments; right, Col. Grassett putting in the first call, Mayor Wemp and Col. Draper, Chief of Police are seen at his left.


# "THE BIG STORE"

## WINCHESTER'S GREATEST BARGAIN CENTRE.

"RELIABLE GOODS" at a "RIGHT PRICE"

Men's Special
**WORK BOOTS**
Made from Ammonia Proof Retan Leather that will stand barn yard wear. Sizes 6 to 10. Per pair
**$2.95**

Boys'
**BOX KIP BLUCHERS**
Sizes 1 to 5½. A Real Snap at, per pair
**$2.50**

Youths'
**BOX KIP BLUCHERS**
Sizes 11 to 13½
**Only $2.25 Pr.**

Women's Patent Leather
**1 Strap Slippers**
with Open Work Sides
Full Fitters
**$2.49 pr.**

**Women's Vici Kid Shoes**
with closed front, open work sides and arch support. A real Dressy Shoe
**$4.50 pr.**

Extra Quality White Flannelette, 36 in. wide 18c yd.

**LOOK!**
**50 Piece CHINA DINNER SET**
**For $16.00**
26 Pieces of Silverware
consisting of Knives, Forks and Spoons
GIVEN FREE with each Dinner Set.

**MEN'S SILK LINED TWEED CAPS**
Made up to our order. New and Dressy
$1.25 to $1.50 each

Mens Medium Weight
**Blue Chambray Shirts**
Sizes 14 to 17
**$1.00 each**

Men's Heavy Weight
**Blue Chambray Shirts**
Sizes 16 to 18
**$1.25 each**

Men's Fancy
**RAYON SOCKS**
Perfect Goods
Sizes 10, 10½ & 11
**50c pr.**

Men's Fancy
**Sea Island Socks**
Sizes 10 to 11
**3 pr. 50c**

JUST ARRIVED
**3362 Rolls of NEW 1931 WALL PAPER**
New designs printed on Tough Fibre Stock and sold at the New Low Prices. Come and see the samples whether you want to buy or not. We will be glad to show them.

Fancy Decorated
**TEA SETS**
23 Pieces
**$2.25 per set**

FINE THIN FLINT
**Table Tumblers**
**5c each**

You should see the line of
**MEN'S OVERCOATS**
we are offering for
**$25.00**
Beaver, Melton, Frieze and Whitney Cloth, well lined and stylish cut.




Latest Patterns In
**LINOLEUMS**
**95c sq. yd.**
**Floor Oilcloth**
**55c sq. yd.**

"MILFORD"
All Hard Tungston Steel
**HACK SAW BLADES**
**10c**

ADJUSTABLE
**HACK SAW FRAMES**
with Blade
**49c each**

THE NEW
**Probak Safety Razor**
Complete with 8 blades
**$1.00 each**

CELLULOID
**Leg Bands for Poultry**
Assorted Colors
**50 for 30c**

Solid Oak
**Plow Handles**
6 foot $1.65 pair.
7 foot $1.75 pair.

**OAK WHIFFLETREES**
**85c each**

**MALLABLE CLEVICES**
2 x 4½ inches 20c
2½ x 6 inches 25c
2½ x 8 inches 30c
TRACE CHAINS
7 foot $1.50 pr,

Brighten Your Home With The
**New Instant Light Aladdin Lamp**
Burns 68 Hours on one gallon of Coal Oil.
We are authorized Dealers for Aladdin Lamps and Supplies. Just Received Complete Stock.

**Whalebone STABLE BROOMS**
COMPLETE WITH HANDLES
14 in. **$1.60** each




16 in. **$2.00** each

Finish Your Stove Pipes With
**JAP-A-LAC**
HOUSEHOLD FINISHES
THE ORIGINAL **STOVE PIPE ENAMEL**
½ pt. cans 25c Pt. cans 45c

Complete Stock of
**Hot Shot Batteries**
Eveready and Burgess

**Jefferson Spark Coils**
Make and Break Coils $5.00 to $6.50
No. 51 Jump Spark Coils $5.50 each.

10 lb. Pail
**CORN SYRUP**
**For 65c**

Ottawa Valley
**Creamery Butter**
**Today 37c**

REDPATH'S
**GRANULATED SUGAR**
**Today $5.25 Bag**

**Mello-Creme**
Nature's Breakfast Food
2 lb. pkg. 25c
6 lb. pkg. 50c

**Quaker Corn Flakes**
**3 for 25c**

**EGGO Baking Powder**
16 oz. 30c can

**7 Rolls Toilet Paper For 25c**

**Comfort Lye 2 for 25c**

OLD DUTCH CLEANSER
**2 for 25c**

**Handy Ammonia 3 for 23c**

**"SLICK" Hand Cleaner**
**2 cans for 25c**




21c per pkg.

# A. SWEET & CO.

General Merchants
Hardware Phone 135, Office Phone 1
Winchester, - - Ontario




**3 Cakes 23c**

# FROM OUR DISTRICT CORRESPONDENTS

### *Melvin News*

Mr. and Mrs. Ruben Prunner spent the week-end with friends in Hammond, N. Y.

Mr. and Mrs. Wm. Ross of Chesterville spent Sunday at the home of Mr. and Mrs. Sherman Christie.

Mr. and Mrs. Jack Barrett of Massena, N. Y., spent the week-end at the home of Mr. and Mrs. M. R. Black.

Mr. Bazil Erratt spent last week with with his grandparents, Mr. and Mrs. John Hogoboam of Cass Bridge.

Mr. and Mrs. Sherwood Wilson of Ottawa spent Sunday at the home of Mr. and Mrs. J. E. Lanoue.

Mr. and Mrs. Henry Stata of Mountain and the Misses Sadie and Laura Prunner spent Sunday in Berwick.

Callers at the home of Mr. and Mrs. John Erratt on Sunday afternoon last were, Mr. and Mrs. Wm. Dickson of Winchester, Mrs. Sam Jackson of Lachute, Que., Mr. and Mrs. J. M Jackson of Kemptville, and Ernest Errast of Winchester.

Mrs. Patterson and baby, of Douglas, Ont, is spending a few days with her sister, Mrs. John B. Gibson.

### *Nation Valley*

Mrs. Jas. Rae visited her daughter, Mrs. Ernest Gray of Ottawa.

Mr. and Mrs. Jno. Millar of Inkerman visited relatives in this district.

Mrs. Allan Ball of Maple Ridge visited her cousin, Mrs. Wm. Rae on Friday.

Mr. and Mrs. L. H. Doering of Chesterville were visiting at the Jamieson home.

Rev. Mr. Turner and Mrs. Turner of Winchester were calling in this vicinity.

Mrs. Wallace of Chesterville, was visiting relatives in this locality.

Mr. and Mrs. Garnet Summers of Round Hill, Alta., are guests of the former's parents, Mr. and Mrs. A. Summers.

Mrs. McCollum of New York, Mrs. Bell of Inkerman, Mr. and Mrs. Harry McKercher of Toronto, and Mrs. Wilfred McKercher, Ottawa, visited their aunt, Mrs. James Rae.

Mr. and Mrs. Wilson of Merrickville were calling on friends here.

Mrs. Walter Rae spent last week with her sisters Mrs. Hanson and Mrs. Carruthers of Waddington, N. Y.

Mr. and Mrs. Wm. Gutsch and Miss Dorothy of Detroit, spent last week guests of Mr. and Mrs. Edgar Summers.

Miss Helen Jamieson has returned from Montreal where she was the guest of her niece, Winnifred Shaver.

Miss Bessie Merkley has returned home from her tour of the British Isles and Europe. While in Belgium and France she visited twenty-four war cemeteries. So many boys lying in unknown graves. She had the privilege of standing at the grave side of her brother, Harold, at Vimy Ridge. Miss Merkley says the most beautifully kept cemeteries are Canadians and British. Many others of them are neglected. She was surprised to find the American cemeteries not so well cared for as some others. France and Belgium are slowly but surely coming back although they can never be as they were before the war.

### *Toyes Hill*

Visitors at the home of Mr. and Mrs. Joe Steele on Sunday were, Mr. and Mrs. Arnold Hutt and family of Inkerman, Mr. and Mrs. Wm. Swerdfeger of Ogdensburg, Mr. Basil Swerdfeger of New York, and Mr. Wm. Fyes of Cornwall.

Mr Floyd Coons of Winchester, spent Sunday with his sister, Mrs. Chas. Kirkwood.

Mr. and Mrs. Andrew Riddell of Brinston, spent Saturday with their daughter, Mrs. H. Wylie.

Mrs. Wm. Mode of Toronto, spent a few days with her sister, Mrs. Thos. Haggerty.

Mr. and Mrs. Cephas Casselman and family of Ogdensburg spent Sunday with Mr. and Mrs. Jas. Casselman.

Miss Vera Haggerty of Domville spent the week-end at her home here.

Mr. Joe Moore, Mrs. W. Steinberg and daughter Melba, and little Stewart Moore of Morewood, spent Sunday evening at the home of Mr. Jos. Hunter.

Mr. and Mrs. Jos. Steele attended the Anniversary Service at Inkerman Sunday evening.

### *Mountain*

Mrs. R. L. Kerr and son, Carson, spent Saturday in Ottawa.

Mr. and Mrs. James MacMillen, Mr. Fred MacMillen and mother, of Brockville, were guests over the week end at the home of Mr. and Mrs. M. Foster.

Mr. J. W. Barrigar spent the week-end at his home in Smiths Falls,

Mrs. J. McGillis, Mrs. M. Olmstead spent last week visiting friends in Jasper.

Miss Pear Crampton of Jasper spent the week-end at the home of Mrs. McGillis.

Mr. Kenneth Cameron spent the week-end with his aunt, Mrs. T. Stewart.

Mr. and Mrs. H. VanAllen and Mr. and Mrs. A. Bouck and Miss Violet VanAllen spent Friday with Smiths Falls friends.

Mr. and Mrs. R. D. Cheney spent a day in Ottawa this week.

Mr. and Mrs. John Christie of Watertown, N. Y., were visitors at the home of Mrs. M. Christie over the week-end.

Mrs. Dr. A. Hoy is at present visiting Mr. and Mrs. Fred MacMillen, of Maxville.

### *Morewood*

Miss Nona Loucks of Metcalfe, visited her mother on Monday.

Miss Irene Jervis is staying for a few days with Mrs. A. Glasgow of Cannamore

Master Jake Steen returned home Saturday after being a patient for the last two weeks in the Civic Hospital, Ottawa.

Mr. and Mrs. J. Hayes of Ottawa, visited Mr. and Mrs. Ward Bilow on Sunday.

Miss Lillian McLaren visited her aunt, Mrs. Orren Dillabough for a few days.

Mrs. A. Dillabough and daughter Sybil, were week-end visitors at the home of her daughter, Mrs. R. Allison of Winchester Springs.

Miss Evelyn Steinberg spent the week-end with her grandparents, Mr. and Mrs. Thompson of Winchester Springs.

Mr. George Forester of Watertown, visited the home of his sister, Mrs. Sherwin Ryan for a few days.

Mr. and Mrs. Lyle Loughridge and family, visited the home of the latter's sister, Mrs. O'Neil of Winchester on Sunday.

Mrs. Orrin Dillabough visited the home of her sister, Mrs. A. B. McConnel on Monday.

### BRITAIN'S INVESTMENTS.

**Realise $120,000,000 Annually From U. S. Securities.**

Investors in the United Kingdom have an income of more than $120,000,000 annually from their American securities, amounting to more than $1,500,000,000, according to publishers of Encyclopedia Americana.

A high percentage of the long term credit which the residents of the United Kingdom have in the United States is said to be in stocks and bonds, fortunately selected, with a present yield of more than 7 per cent. Income from their long term investments is estimated at $105,000,000 and the short term $15,000,000.

The American adds that U. S. long term investments in England and Scotland is estimated at $750,000,000, or only half of British investment in the United States. United States annual income on short term investments from British capital amounts to only $4,000,000 as compared with their $15,000,000.

Investment of English capital in the United States greatly aids Britain in paying off her unfavorable balance of trade with the United States, the Americana says, for the United Kingdom reported an unfavorable balance of $498,900,000 last year, or an increase of 3.4 per cent. over the unfavorable balance of $482,000,000 in 1927.

The United Kingdom, not including Ireland, pays off this deficit with approximately $50,000,000 in revenues collected from Americans. In 1928 U. S. gold imports exceeded exports by $5,000,00. Americans spent $77,000,000 for ocean freights and $73,000,000 for cabin passage in British vessels; $41000,000 in tourist expenditures abroad; and $8,000,000 for visa, customs, and other immigrant remittances, all of which were greatly in excess of the payments received from Britons for similar services.

### GLOWWORM SINS WEB.

**Millions Inhabit Thermal Caves of New Zealand.**

North Island, New Zealand, contains a few mountainpeaks, but the most interesting feaures are the caves and the therma regions, says the International Comunication Review. The Waitomo Gowworm Cave is especially remarkab and should not be missed by any visitor to New Zealand.

It consists primarily of several caverns or grottoes, though which runs an underground river. On the ceilings of these underground chambers are literally millions of glowworms, not the type of glowworm which is familiar to the northern hemisphere, but quite a different species which, it is said, is found only in New Zealand.

The glowworm itself is about the size of a grasshopper. It strings a thread 12 to 18 inches long from two points in the ceiling, and from this thread suspends a fringe which resembles nothing more than rings of very tiny seed pearls. Having erected this structure, the glowworm takes up a position on the ceiling near the end of the thread and proceeds to glow. The idea is that the light attracts mosquitoes which, in making for the light, get entangled in the threads.

The confusion in the threa telegraphs a message up to the glowworm, which then proceeds along the top of the fringe, cuts off the thread on which the mosquito is entailed, pulls it up, enjoys its meal and puts the thread down back again.

### Blacks Knight White Woman

A white woman who for fifty years has been married to the black chief of an African tribe, has been knighted by the Liberian Government for supreme bravery.

She is "Ma" Brown, 55-year-old widow of a Canadian missionary. She went native upon the death of her husband and has four children by her black husband. Around her hearth now toddle her grandchildren, many of them blond-haired and almost white in color.

"Ma" was knighted for saving the Liberian army from almost certain extinction in an ambush in the depths of the Liberian forest. When "Ma" learned of the ambush she hurried out to the front and argued the enemy out of their attack. She takes the knighthood philosophically and says she does not intend to become "Lady" Brown but will remain just plain "Ma" Brown.

"Ma" has been a faithful "medicine man" to the tribe, curing ills by her knowledge of the curative powers of plants and drugs rather than by evil mutterings. The story of her experiences among the tribes reads like thrilling fiction and would make a sensational "movie" plot.

### Leather Lasts Long.

The durability of leather is proved by the discovery, in the course of excavating for the foundations of the new Bank of England, of soles of Roman shoes, one of which bears clearly the impress of the official Roman eagle. The soles evidently were those of the sandals worn by women and children. Bronze rivets were used to hold together two or three thicknesses of leather and no doubt accounted in part for the life obtained from the footwear, which must have been much greater in weight than present-day shoes. The old leather was in about the same state of preservation as might be expected of a modern shoe that had been on a rubbish heap for a couple of months. Although nowadays leather is produced with more speed and less mechanical crudity, the processes of preserving, toughening, and softening it are not materially different from those practiced by the Romans in England about 2,000 years ago.

### Quebec Putting Up Signs.

The Province of Quebec is systematically placing markers along its highways to indicate names of rivers, lakes, mountains, and to describe historic points.

### TAKE NOTICE

Offers for the purchase of the book debts and notes outstanding in connection with the former Bakery Business of James E. Jackson will be received by the undersigned up to October 7th. 1930. A list of the same can be seen at my office.

N. W. BEACH

Trustee under the Bulk Sales Act for said James E. Jackson.

### *W. C. T. U.*

The September meeting was held in the Public Library on Friday last with the President, Mrs. K. Helmer, presiding. Devotions were led by Mrs. Annable and Mrs. Beach. After the receiving of reports Mrs Helmer and Mrs. McKendry were appointed delegates to the Provincial Convention at Belleville on Oct. 6th. A very fine report of the Counties Convention was given by Mrs. Annable. Mrs. McKendry with the assistance of several ladies, conducted the clip sheet. A committee was appointed to arrange for the annual parlor meeting.

### *Cloverdale*

Miss Tena Wilson spent the week-end with her sister, Mrs. Roy Docksteader.

Mrs. Eli Lamoureux and daughter Ada, spent Tuesday with Mr. and Mrs. Willie Larmour of Vancamp.

Mrs. Thos. Docksteader spent Monday at the home of Mr. and Mrs. Ira Docksteader.

Mr. and Mrs. Walter Larocque spent Sunday with Mr. and Mrs. Louie Larocqe

Mr. and Mrs. Albert Baker and baby Orval, spent last Thursday at the home of her parents, Mr. and Mrs. T. Stobo.

Mr. Fred Rollo made a hasty trip through our dale Sunday.

Miss Eva Docksteader of Ottawa, spent the week-end at her home here.


NOTICE

First-Class Transfer Service. All kinds of general hauling including live stock, local and long distance moving. For appointments, phone 86

12-24p Ross Hutchinson, Winchester.

Zutoo

will stop a headache in twenty minutes, break up a cold overnight, and relieve the monthly pains of women. Used by thousands.

Electrical Work!

When you want the best in Electric Wiring or General Repairing, call, or Phone 183 for quick service and reasonable prices. Residence west of Wesleyan Church. Town or Country Service.

RADIO REPAIRS!

Trouble Shooting is a special job for a radio specialist! When your receiver begins to "act-up," when it fails to run along on "all-six," then you need the skilful, conscientious service that I am giving to all my customers.

Call me in to look it over. Often a few dollars well spent will give you all the advantages of a new set. Work fully guaranteed.

HARRY HARPER, Electrician.

Phone 183 - - Winchester, Ont.

HENRY'S SHORTHAND SCHOOL

Ottawa, Ontario

No school in Canada offers a better training, or ensures a more successful future. Henry's leads all others, and ranks among employers as "THE SCHOOL OF HIGHER EFFICIENCY"—a fact borne out by more than 600 pupils who have, since January, 1913, left other Ottawa Schools to come to it.

Therefore, it is not surprising that business men, in advertising for stenographers will specially say, "Graduates of Henry's school preferred."

For particulars about our course, write

D. E. HENRY, Director

62 Bank Street.

Get Ready For Life.

GOWLING BUSINESS COLLEGE

Ottawa, Ont.

Will you are you for a good position that will ensure advancement. Attend this Great School that leads all other Canadian schools in open competition on the Civil Service Examinations and make sure of obtaining a good position in 1928. Enter any time. Write for free catalogue

W. BRAITHWAITE, Prin.

J. E. GOWLING, President



JOHN SAMUELS

Fine Piano Tuning

Kindly leave Orders at Smith's Drug Store Phone 36

Sedan Tops

RE-COVERED.

Glass for Doors and Windshields. Woodwork Fixed.

Jas. W. Judson

36 George Street

Phone 663W, Brockville

"The Leading House."

TWINE

Brantford Binder Twine

Gilt Edge 650 ft.

Gold Leaf 600 ft.

Silver Leaf 550 ft.

Maple Leaf 500 ft.

in large and small balls

Flour and Feed on hand at all times.

John Johnston

Phone 84 Winchester.

FOR SALE

A German police pup, male nine months old. This pup is a natural heeler and should make a good watch dog.

20 21p Richard Justus.

FOR SALE

At a sacrifice or for lease by Sept. a real modern home, corner lot; good well. Apply to E. P. Erratt.

The Crown Bakery.

OUR

KNUT KRUST BREAD

the quality loaf that goes all to health and energy.

Pastry of all kinds.

Doughnuts Fresh Daily.

Rolls and Buns, "none better." We have a limited quantity of small barrels suitable for pickles or pork at $1.00 each.

Phone 37 or 129

C. R. ROBINSON,

PHONE 37, - - WINCHESTER

Bakery Phone 129

The Station Store!

Grocery Specials

Fancy Cakes 2 lbs. 25c

Olives 8 oz. reg. 30c for only 19c

Pears, sweet and juicy 35c per doz.

2 lbs. Fresh Crisp Sodas for 25c

Javelle Water 15c or 2 for 25c

Pearline, reg. 10c now 4 for 25c.

7 large Scribblers 25c

2 Triscuits for 25c

Gin Pills 3 for 98c

B. B. B. Pills $1.00

Tanglefoot 4 large sheet for 5c

Tanglefoot Hangers 2 for 5c

Chocolate Drops, reg. 40c lb. 25c in 1 lb. lots.

DRY GOOD SPECIALS

Men's Fancy Socks, reg. 65c for 35c per pair.

Men's Silk Ties 35c to $1.00 each.

23 patterns of Broadcloth and Rayon, reg. 50c and 60c to clear at 29c and 39c yd.

New Cretonne, extra value at 25c yd.

Other Special Offerings

Galvanized Pails, reg. 35c for only 27c each

Medium size Galvanized Wash Tubs, reg. $2.00 for only $1.39 each.

Brooms, regular 50c, 4 strings, special 35c

Clear White Varnish (Flo-glaze) gloss and quick drying $1.50 qt.

Floor and Porch Paint, Auto, Carriage and Wagon Paints.

C. A. COONS,

Telephone 152, - - Winchester

School Supplies!

High School Text Books and Supplies.

Public School Text Books.

Note Books 5c to 25c Drawing Books 8c & 10c

Special Sale on Work Books

Regular 5c Work Books with different pictures in ruled or plain, now 2 for 5c

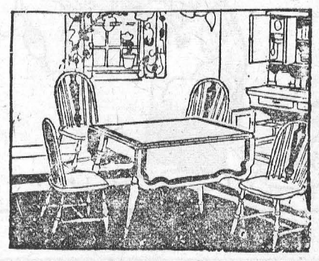
Reg. 10c Work Book, ruled or plain, now 5c

Special Attention given to Every Order.

A. H. DUNCAN, Winchester

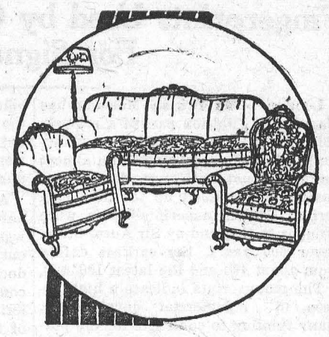
For the Breakfast Room

Lovely 6 Piece Breakfast Sets



Made of Superior Construction and Finish, the sets comprise a Buffet, Drop Leaf Table and Four Chairs.

The tables have the new patented device for holding up the leaves. An attractive and serviceable set for any Breakfast Room or Nook. There is a choice of Blended Yellow or Green Enamels. These sets are reasonable in price.



Special Prices on Chesterfields—reversible spring cushions and beautiful floral coverings. Large roomy chairs to match.

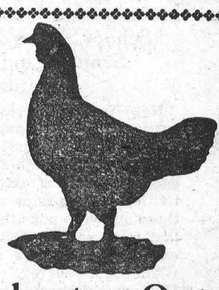
THE M. F. BEACH CO., LIMITED, - PHONE 3 - WINCHESTER, ONT.

HEALTHY POULTRY!

If you wish to have a flock of heavy laying pullets this fall and winter it is important that you give the chicks a proper start in life.

With this end in view, let us supply you with LAKKO and MONARCH Baby Chick Starters.

We also have plenty of Feeding Rolled Oats and Pinhead Oat Meal.



H. McMaster, Winchester, Ont.



A Budget for Success

Should include provision for the regular saving of a percentage of your income. . . . Whether the amount is large or small, however, regular depositing is most important.

*This Bank Invites Your Savings Account. Interest Compounded Half Yearly.*

THE BANK OF NOVA SCOTIA

ESTABLISHED 1832

Capital $10,000,000 Reserve $20,000,000

Total Assets over $275,000,000

J. A. McLEOD, General Manager, Toronto.

FOR SALE

One Grey Horse, 7 years old

Weight 1400 Pounds

sound and kind to work.

Two Colts rising three years old, real good ones.

One Oat Flaker or grinder, nearly New made by J. Fleury & Sons.



M. BAILEY

DURANT DEALER

Winchester - - Ontario

# Fingerprints Used by Chinese For Signatures in 400 A.D.

London.—The British Museum has placed on exhibition part of a remarkable collection of Chinese manuscripts which were found in an almost forgotten spot in Kansu China after having been walled up for nine centuries. The manuscripts which were brought to England by Sir Aurel Stein, cover 600 years, the earliest dating from about 400 and the latest 100 A.D.

The manuscripts indicate a high degree of commercial development, many relating to contracts for the purchase or exchange of goods and for the lending of money on interest. There is a phonetic dictionary of the Chinese language in the form of a roll 34 feet long, dating from the ninth century.

Mutual benefit societies were prominent among the Chinese in the ninth century, as they are to-day. One manuscript is a circular issued by the officers of such a society calling on the members to bring in their contributions of wheat and millet. Fines were levied for failure to pay and for unpunctuality.

Among the uneducated classes signatures of principals and witnesses was by fingerprints, and in some cases entire families signed as witnesses of documents. From the eleventh century comes a "Polite Letter Writer," one letter being a delicately phrased model of the first epistle to be written by a newly married wife to her husband's parents.

Another manuscript details a debate between tea and wine concerning their respective merits. After each has praised its own alleged virtues, water brings the argument to an end by showing that it is a great deal more important than either.—Taken from "The Christian Science Monitor."

# Non-Athletes Are The Best Scholars?

## Investigation at American School Shows 54 of 102 Seniors Find Study a Burden

New York—The results of two investigations, made public recently by members of the public educational staff, show that high school pupils engaged in athletic extra-curricular activities attain poorer scholarship than those active in non-athletic affairs and that many seniors dislike school on account of home-work assignments.

The first survey, undertaken by Herman Schulman in the Evander Childs High School, New York, led to the conclusion that extra-curricular activities in general caused little deterioration of scholastic work but that the "scholarship of the non-athletic extra-curricular group appears to be slightly higher than that of the athletic group."

The latter conclusion was based on a table showing that the athletic group had an average per capita failure of about half of one subject and that the other group had a corresponding failure average of only 25 per cent. of a subject per pupil.

The intelligence quotients of the two groups were found also to point to higher attainments on the part of the non-athletic group. The latter, having a mean intelligence quotient of 112, were superior to the athletically minded by three points.

### Non-Athletes Better Scholars

"The scholarship of the two groups seems to be dependent upon the I. Q.," Mr. Schulman said. "For example, the I. Q. of the non-athletic extra-curricular group is three points higher than that of the athletes. The average scholarship of the former is higher than that of the latter and the subject failure per pupil is lower for the non-athletic extra-curricular group. Thus the success of the non-athletic extra-curricular group is superior throughout and correlates synchronously with their three points of superiority in the I. Q."

It was pointed out, however, that the athletes, as well as the studens engaged in academic activities beyond regular school hours were superior to the average student. For example, the athletes rated three points higher in the I. Q. test than the general student body. The failures in both extra-curricular groups were lower than the average for the whole school.

The average marks prior to and during term of activity of the two groups were compared as follows:

Athletic group, average mark, prior to term of activity 72.00%, average mark, term of activity 69.00%; Non-athletic extra-curricular students average mark, prior to term of activity, 74.46%, average mark, term of activity, 73.15%.

From these and other compilations the investigator concluded that extra-curricular affairs "exert practically no detrimental effect upon the scholarship of the students involved," but that neither did "the activity seem to exert a beneficial effect upon either group," and that, finally, scholarship seemed to be independent of extra-curricular activity, being more closely correlated with the intelligence quotients.

### Girl's School Surveyed

The other investigation was made at the Girls' Commercial High School in Brooklyn, New York, by Ralph B. Guinness, who reported to the Bulletin of High Points, published by the Board of Education every month. The bulletin also printed Mrr Schulman's study.

Of the students interviewed, in three senior classes fifty-four said they did not like school and forty-eight that they did. Of the former, twenty-five gave homework as the reason, twelve reported school "not interesting," one saw "no future use" for schooling, and eight gave no reason for their attitude. Those who enjoyed school gave the following reasons:

Friendship—5 students; advantages—4; better than business—5; Interesting—4; No reason—28.

From the replies of those who gave no ground for their answer, it is apparently much more difficult to explain a favorable than an unfavorable attitude toward the educational institution.

Fault was found with homework assignments mainly because they were too long. A curious medley of replies was obtained to a question on the best-liked subject. The answers were scattered, "indicating perhaps that most didn't like any subject or were doubtful," but the largest number, 12 students, reported accounting as the best subject, 6 liked English, 3 economics, 8 stenography, 2 music appreciation, 2 Spanish and 2 science. History was not even mentioned.

Only 16 of the girls enjoyed "outside" reading, 52 "found it a burden, 6 had no time for it, 2 couldn't easily find readings, and 16 found the reading assignments too long."

### Three Dawns Ago

Three dawns ago I heard a lark,
But cannot find the place again
From which he rose. I did not mark
Him save by pleasure and by pain.
He made the world be reverent
By his rich rapture of ascent,
He filled and thrilled the bright, the dim,
To his serener self a thrall,
Glad, not that all looked up to him,
But glad that he looked out on all.
I cannot find the place again,
I did not mark it with my eye
But by my pleasure and my pain—
Pleasure, because the song was glad;
Pain, for it breathed of English sky
And English earth, and left me sad.
I felt that sky, that earth belong
To me, and lost them with the song.
—Sirorn Nicholas, in the Sydney Bulletin.

### Wanted—"Flown Covers"

The latest collecting craze is for "flown covers"—in other words, envelopes which have been carried by air mail.

Special air-mail stamps are issued by a number of countries, and many youngsters collect them; but "flown covers" are mainly a speciality of the adult collectors.

Those in greatest demand are the covers carried by a famous pilot on a flight that has made air history. In some cases such covers were signed by the pilot, a fact which increases the value. Naturally, too, the fewer the number of letters carried on a flight of this kind, the greater the value of each of the "flown covers."

Among the covers that can be bought are those of the first air mail from London to Windsor in 1911; and those carried by Sir Alan Cobham, Colonel Lindbergh, Mr. Bert Hinkler, and others on famous flights.

### Lettuce Called Chief Aid To Beauty of Women

Paris.—Canadian and American women owe their beauty to lettuce, in the opinion of Mlle. Paulette Bernege, a dietician who has just completed a three months' tour of the North American continent.

"Vitamins are their chief concern," Mlle. Bernege said. "They drink a good deal of orange and tomato juice, which are great contributions to health and beauty.

But Mlle. Bernege thinks American women are under-nourished. It is her contention that a happy medium somewhere between the typical French and the typical American diet would be very nearly ideal.

"Starvation may prove temporarily helpful," she said. "But in the long run it will shorten life, rather than lengthen it."

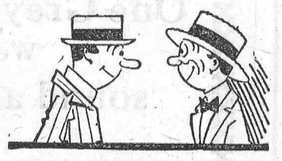
### A LONG WAY TO GO

Weary Willie's financial position was very shaky, and when he met a kind old lady in the park he decided to tell her his story.

"Yes, ma'am,' he said, "I've asked for money, and begged for money, and even cried for money."

"Have you ever thought of working for it, my man?" she asked.

"No, not then, ma'am," said Willie. "You see, it's like this, I'm going through the alphabet, and I ain't got to 'W' yet."



"How do you fix your straw hat time limit? By the calendar?"
"No."
"Thermometer?"
"No."
"By what?"
"Pocketbook."

"ADAMSON'S ADVENTURES"—



The Early Bird Gets a Banquet.

# What New York is Wearing

BY ANNABELLE WORTHINGTON

*Illustrated Dressmaking Lesson Furnished With Every Pattern*



2683

The rolled collar accented by frill and flared cuffs so beloved by youth, distinguishes this day dress.

It's exceptionally attractive because of its simplicity and wearability. And it is such an easy affair to fashion.

It's particularly modish in patterned wool crepe for the office, classroom or street.

Silk and wool crepe mixtures are also lovely for its development.

Patterned jersey, flat crepe silk and canton crepe lend themselves nicely to this model.

Style No 2683 may be had in sizes 14, 16, 18, 20 years, 36, 38 and 40 inches bust.

Size 16 requires 3¼ yards 39-inch material with ⅝ yard 39-inch contrasting.

HOW TO ORDER PATTERNS

Write your name and address plainly ,giving number and size of such patterns as you want. Enclose 20c in stamps or coin (coin preferred; wrap it carefully) for each number, and address your order to Wilson Pattern Service, 73 West Adelaide St., Toronto.

Gold: "I want a mirror." Silver: "A hand-mirror?" "No; one for my face."

### Can Rattlers Sting Through Leather Shoes?

Such snakes as the bushmaster, rattlesnake and Gaboon viper have long, powerful fangs and are able, under favorable circumstances, to bite through ordinary soft leather and rubber the thickness generally used in making shoes, boots and leggings. No species of snake, however, is able to bite through thick leather, such as is used in heavy leggings or puttees, and ordinary boots and leggings are a great protection against most snakes. The thin tops of some knee-high leather shoes is not absolutely safe against poisonous snakes when the leather has become soft from repeated use. Hunters in the Southern States find that leather leggings afford sufficient protection against the bites of poisonous snakes in that region; and a specially constructed rubber boot, with a shank including several layers of canvas, used by quail hunters in Florida, is a perfect protection for the parts it covers.

### IT IS SAID--

Peach is one of the most popular colors in home furnishings, and it sombines beautifully with orchid, reseda green or yellow, and peach and blue is regarded as especially smart.

Percale is fast becoming a favorite fabric for summer draperies and is shown in both large and small designs.

Brass articles and faucets will look like new if rubbed with vaseline and polished with a soft cloth.



"When lovers exchange glances it's an even exchange."

### A Man's Ideal

Every man has at times in his mind the ideal of what he should be, but is not. This ideal may be high and complete, or it may be quite low and insufficient; yet, in all men that really seek to improve, it is better than the actual character. Perhaps no one is so satisfied with himself that he never wishes to be wiser, better, and more holy.—T. Parker.

There's practically nothing left for Admiral Byrd to hunt for now, unless he drops a collar button.

### Your City and Mine

Night lights, white lights,
Lights neatly spaced in a row,
Red lights, green lights,
Lights spelling words as they go.

Wall lights, tall lights,
Lights fairly chuckling with glee;
Great lights, wee lights,
Lights playing "peep" through a tree.

There are lights overhead;
There are lights underfoot;
There are lights in the midst of the street.
These lights seem to fly;
Those slowly creep by;
This gilds a wide path to my feet.

Circled gay lights towered mass lights
With lights in long serpentine rows;
Swing-car lights shooting star lights
Shower sparks in a cascade that glows.

Street lights, house lights,
Lights that are friendly and true.
Frosted lights, latticed lights,
Lights in the window for you.

Head lights, tail lights
In sequence bob merrily by.
Flash lights, search lights
With eager eyes scanning the sky.

Far lights that gleam,
Near lights that stream,
Yon amber lights distant and cold
Send long rays aquiver
Across the calm river,
Like organ pipes wrought in pure gold.

Royal road lights, loyal load lights,
Brave lights through the darkness that shine!
Needful night lights, blessed bright lights;
The lights of your city and mine.
—Anne Week

### Pleasant Friendships

Nothing will so much delight the mind as a faithful and pleasing friendship. How great a good is it to the hearts are prepared, where a man may safely bury all his secrets, whose conscience thou fearest less than thy own, whose words may terrify thy discontents, whose counsel can resolve thy doubts, whose mirth may dissipate thy sorrow, and whose countenance may comfort thee.—Seneca.

### CHERRY PITS YIELD UP ROUGE AND SALOILS

The U.S. Department of Agriculture recommending obtaining from cherry pits for making cosmetics and other pharmaceutical preparations. The statement says that oil from cherry pits is similar to that of almond, apricot and peach kernels and that it should prove useful in a salad oil, as well as in the manufacture of commercial products.

Limited quantities have been used and have given good results, C. S. Jamieson and S. I. Hertz of the U.S. Bureau of Chemistry and Soils, report.

Privately owned aeroplanes in Great Britain now number 5, divided among 263 owners, of whom 24 have two planes each.

# Death Valley Heat Above 130 Degrees

## Result of Terrestrial "Sinking Spell" is Said to be Lowest Bit of Dry Land in United States

Death Valley has a sombre fame because of its name, its heat and the fact that it is the lowest bit of dry land in the United States. The bottom of the valley, which lies in Eastern California, is 276 feet below sea level, and in Summer the temeprature rises to 130 degrees Fahrenheit in the shade. A recent bulletin from the Washington (D.C.) headquarters of the National Geographic Society describes this sub-cellar of the Western world.

"Death Valley resulted from a terrestrial 'sinking spell' tens of thousands of years ago," says the bulletin, "just as dozens of other valleys in the Great Basin area did, and just as did the world's most famous below-sea-level area, the Dead Sea region of Palestine. At the time the valley was formed a long, narrow block of earth, not more than a dozen miles wide in this particular locality, broke from its rocky moorings and settled downward, leaving sheer cliffs on each side.

"Since that distant day of Death Valley's genesis two important developments have been under way: rains and winds have been cutting the bounding cliffs into rugged, sloping mountain sides and have been transporting the material to the valley floor. Slowly Death Valley is committing suicide; gradually the floor is being hilt up; and in time—after the passge of some thousands of years—no part of it will remain below sea level.

### Lizards Ilgrate in Summer ..

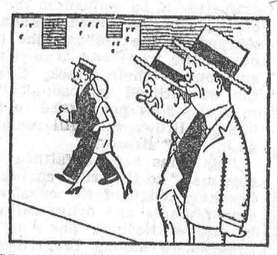
"The valleyusuall, presents a desolate appearace. The lowest areas are salt flat. Most of the relatively higher portions of the floor have an abundane of salt grains, too, mixed with the sand. Here and there old saltine rusts are broken into hard, jagged pieces. In places the sand and salt drift into dunes. The area is not wholly devoid of life. An occasional stunted mesquite bush manages to exist in the shifting sand. In the Autmn and Winter and early Spring fe horned 'toads' and other lizards semper about, but these animals arewise enough to migrate to more hoitable regions before Summer setsn.

"From the steep sides of Death Valley few small, scattered springs of good water trickle. These have been carefully marked. Other springs are impregnated with minerals that their waters are unfit for use. One table spring gushes into the valley. With the aid of its waters small tracts of alfalfa and a number of trees are growing. Near this touch of civilization are important borax mines that have been worked for years.

"Death Valley gained its doleful title in 1849 ,when a party of overland travelers bound for California perished in its waste. Board-marked graves and an occasional human skeleton show that the valley has taken its further toll of life; but with the railway near the southeastern end, motor and automobile tracks throughout the depression, marked springs, and irrigated 'ranch' and mines, Death Valley has necessarily lost some of its sombre reputation. Lately a hotel has been built in the foothills, and now even tourists visit the once dread Death Valley."

### Detraction.

Those who propagate evil reports frequently invent them; and it is no breach of charity to suppose this to be always the case; because no man who spreads detraction would have scrupled to produce it; as he who should diffuse poison in a brook would scarce be acquitted of a malicious design, though he should allege that he received it of another who is doing the same elsewhere.—Dilke.



"Mrs. DeBald tells me her husband's eyes are failing him."

"Well, well, that accounts for the fact that I saw him in the front row at the burlesque show on the roof garden last night."

### Goodness

Goodness is a plant, the root of which is Heaven, and the flowers and fruits of which embellish the earth.—Lamennais.

# Why Modern Life Is Worth Living

## Noted Novelist Declares Work Is Chief Zest in Life

Life is more interesting to-day than ever before within living memory.

There are more kinds of pleasure.

The things that give zest to life, however, are somewhat different from those which made it worth living in our grandparents' time.

The comforts of religion are depended upon less, the joys of work more.

So Florence Finch Kelly, novelist and critic, has discovered through an informal questionnaire with which she has been plying her friends and acquaintances for several years. In presenting the fruits of this symposium in the August North American Review Mrs. Kelly recalls that half a century ago the English philosopher, W. H. Mallock, wrote a book entitled "Is Life Worth Living?" and answered the question in the negative. She continues:

"All the English-reading world was a bit shaken and aghast, its spokesmen inclined to deprecate such an inquiry. Even on remote college campuses in this country young people read and discussed the book, and felt satisfyingly audacious. And newspapers chronicled an increased number of suicides.

"Then Punch sardonically remarked, 'It depends on the liver'! and all the English-reading world laughed and quickly forgot about its momentary doubt."

The key-note of any civilization, we are told, is in its attitude toward life. How does our own age feel about it? Mrs. Kelly has sought the answer in modern fashion by collecting and classifying many views based on actual experience, and drawing conclusions from them. Since her inquiries were confined to her own circle, mostly professional people, "the investigation does not afford a cross-section of life," she admits, "but its results do show certain definite and significant trends."

Taking first the answer given by the largest number of people, Mrs. Kelly says:

"If what these many persons said to me is a fair indication of modern human feeling, then more people get their chief satisfaction in life out of work than from other sources. Here are a few typical answers:

"'Life would be decidedly dull for me,' said one middle-aged man, "if I did not have the constant stimulus of the thousand and one demands that my work makes upon me every day, and so I suppose that, considering everything, it is my work that gives me the deepest, steadiest, and most dependable satisfaction.'

"'A good job that you are interested in, that calls out the best you have in you, and gives you an adequate material return,' was another answer to my query."

Again:

"'It's love that makes life worth while for me,' exclaimed a woman who has lived long enough to test many of its values. As long as there is anybody I can love and anybody to love me — husband, children, relatives, friends—I shall enjoy and cherish life, and want to keep right on living. But I shall want to die at once if the time ever comes when there isn't any one to love and be loved by'."

A group engineer finds life worth living because of the beauty of the world, while a successful artist has settled down to the conviction that what gives life the most zest for him is the use of his muscles in outdoor sports.

"If all these many persons with whom I talked spoke truly about their reactions to life—and there is no reason to doubt the sincerity of any one of them—then, since they are all normal and representative individuals the people of this present time are getting out of life more pleasures and a greater variety of them; and so are finding life more interesting and worth while, than did those of any other time within living memory."

### ENOUGH

It's not enough that I should love my play,
It's not enough that I should love my labour,
My enemy, my friend, my kin, my neighbor;
It's not enough that I should love my wife,
Honour my home and keep it free from strife;
It's not enough to love my God, unless
I make each daily task this love express.

If I can bathe a wound; can smooth the rough
Of life; can warm this fire in other men
By my example—then, and only then
Is it enough.
—Roger L. Waring, in the Detroit News.

A friend is a person who keeps on laughing at our stale jokes.

MUTT AND JEFF— By BUD FISHER

Golf in the Here After.



## "THRILLING" . . . 25 YEARS AGO!

When the unsophisticated "buggy-ride" was providing transportation thrills a quarter of a century ago, men were getting their first real smoke thrill from Wilson's Bachelor—100% Havana filler—cigar. Buggy-rides are now a thing of the past but, today, foil wrapped to preserve freshness, Wilson's Bachelor is smoked more extensively and better liked than any other ten cent cigar.




individually foil wrapped 10¢ and in pocket packs of five

WILSON'S BACHELOR Cigar

*Still* most for the money


## Louisiana Honors Evangeline



Kirtles and Normandy caps, the traditional dress of the Evangeline period, were the official costume of this group of pretty girls, who formed an important and attractive section of Louisiana's delegation of Acadians to Grand Pre, N.S., on August 20, for the celebration of the 175th anniversary of the expulsion of the Acadians, held under the auspices of the Dominion Atlantic Railway. The group posed for the camera beside the memorial church in Grand Pre Park, centre of the festivities, which were attended by Acadians from all parts of the United States and Canada. Official Dominion and provincial, French and American representatives were in attendance.


## Who said "Blue Monday"?

WASHDAY—hardest in the week for many women. Especially if there are children.

But it needn't be "blue". When you begin to feel tired, make yourself a cup of tea. It will rest you!

RED ROSE TEA "is good tea" 116

TWO QUALITIES — RED LABEL & ORANGE PEKOE


## Bush Mailman Has A Lonely Round

Only Three Houses Sighted in Week's Trip of 240 Miles

In the Australian outback, where homesteads may be 50 miles apart, and 200 miles or so from the railway, the lot of the postman, or "mailman," as he is called, is not an easy one, writes a contributor to the Sheffield Telegraph.

He collects his mails at the nearest township, and then sets out on a long, lonely round, which may last any time from a week to a month.

If the nature of the country permits he will use a light motor lorry, but just as frequently some form of horse coach or buggy is necessary. In the far North, during "the wet," pack horses are necessary to swim the bridgeless rivers.

Where horses are used, it may take a week to deliver letters at five or six homesteads, so great are the distances between them. The writer, who has frequently accompanied outback mailmen on their rounds, on one occasion sighted only three houses on a week's journey of 240 miles. Two or three other homesteads lay some miles off the track, but were not visited. The only sign of their existence was their letter boxes, which consisted of a deal box nailed to a tree. One homestead was no less than 28 miles from its own letter box.

If the mailman's arrival at a homestead coincides with nightfall, the family puts him up for the night. Otherwise he sleeps under the stars. It is customary, and not in the nature of charity, to give the bush postman whatever food he may need to help him on part of his journey.

### Turned Loose

A mail team will range from four to seven horses, and frequent changes are necessary. A team is often left unattended by some isolated water hole, where the mailman will find them again on his return journey. The animals are not likely to stray far in a country where water is scarce.

The mailman works under contract with the Government. He may add to his income by carrying passengers, although in one lonely district the writer was the only passenger in a year. He can also act as carrier. And one bush postman at least, after delivering H.M. mails, proceeds to sell sweets.

Many an Englishman does not even know what his postman looks like, but not so the bush dweller. When the mailman stays the night, he is usually treated as an old and welcome friend. Seated with the family at the evening meal, he will retail the gossip of the track, and enter fully into the family's life. The writer once witnessed a very creditable conjuring and ventriloquial entertainment given by a versatile mailman to celebrate a twenty-first birthday in a homestead 87 miles from anywhere.

Long journeys; dry and featureless country; scorching suns. It sounds a tedious and trying life. But there is usually something of interest lurking round the corner, and the interest is sometimes tragic. The mailman just mentioned once found a dead man on the track, and had to dig a grave and bury him on the spot. (A mailman is often made a Justice of the Peace to authorize him to deal with such a situation).

Swollen rivers without bridges have claimed their postal victims. And there is no outback postman who has not had his breakdown. One crashed his lorry into a boulder the rains had washed down on the track. The injured man dragged himself twenty miles on foot to the nearest habitation, where he collapsed. The writer was involved in a smash in which two horses of the team were killed. Though uninjured, the mailman and his passenger were stranded miles from anywhere. Accidents of this kind are not infrequent.

But the mailman takes the rough with the smooth with characteristic British calm. And though he may not realize it, no branch of H.M.'s service does more credit to the service than the postman of the Never-Never.

### HEREDITARY KEY SOUGHT FOR FINGERPRINT PATTERN

Iowa City, Iowa.—It won't be long until science will be able to remark that Junior has his daddy's eyes, his grandmother's nose and his mother's fingerprints, Dr. John A. Larson, University of Iowa psychiatrist and criminologist, believes.

And when that time comes, Dr. Larson says, danger of babies being mixed up will be almost wiped out.

Dr. Larson is the inventor of a new "single point" system of classifying fingerprints, and he is also credited with having perfected the first working model of the "lie detector" now used for examination of suspected criminals.

Though science has not yet discovered accurately just what features of a fingerprint pattern constitute its "dominant" and recessive" hereditary factors, Dr. Larson is convinced that there are such inherited characteristics, just as facial or bodily configuration among relatives betray family kinship.


Minard's Liniment for Foot Ailments.


"All my life I have been a sojourner on this planet rather than a native of it."—George Bernard Shaw.

### 12-MILLION-YEAR-OLD LOG FOUND BURIED IN BASALT

A log of a seven-foot tree, found 150 feet below the bed of the Yakima River, in the State of Washington, and estimated to be 12,000,000 years old, was reported last week by the Department of Agriculture at Washington. The log was found when a tunnel was being bored under the river by the United States Reclamation Service.

Arthur Koehler, expert on wood identification, designated the tree as a species of sequoia. It lay in solid basalt, believed to have been poured out of one of the Columbia plateau volcanoes.


## Give Confidence To Young Mothers

A simple and safe remedy for the common ills of babyhood and childhood should be kept in every home where there is either a baby or a young child. Often it is necessary to give the little ones something to break up a cold, allay fever, correct sour stomach, and banish the irritability that accompanies the cutting of teeth.

Experienced mothers always keep Baby's Own Tablets in the home as a safeguard against the troubles that seize their little ones so suddenly and the young mother can feel reasonably safe with a box of these Tablets at hand and ready for emergencies.

Baby's Own Tablets are a mild but thorough laxative that act without gripping and they are absolutely guaranteed free from opiates or other harmful drugs. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.


### I CANNOT TELL

I cannot tell how all the stars
Retain their rhythmic way,
Or how the sunset's golden bars
Shut out the light of day—
But I can tell when loving eyes
The secrets of my heart surprise.

I cannot tell how migrants wing
Their course o'er land and sea,
Or how returning summers bring
Their bounteous gifts to me—
But I can tell how love for love
O'er all earth's treasures ranks above.

I cannot tell how this round earth
Revolves about the sun,
Or how the autumn's priceless worth
From clod and clay is won—
But I can tell how kindness may
Fill life with sunshine every day.

—A. B. Cooper in "Tit-Bits."

### PLAYING WITH TOTO

The old lady wa sitting on a bench near the eighth green of the golf course.

Presently an unseen golfer hit a ball onto the green, and Toto, the old lady's dog, ran out and promptly seized it.

The next moment the golfer came over the crest of a hill and began waving his arms and shouting indignantly.

"Put the ball down, Toto," cried the old lady. "Here comes the kind gentleman to knock it for you again."

Among what is known as the "carpurchasing" class in Great Britain, ten motor-cars are bought for every baby born.


Minard's Liniment aids tired feet.


Lawyer: "Have you ever been in jail?" Witness: "Yes, sir, once." "Ah! For how long?" "Long enough to whitewash a cell which was to be occupied by a lawyer who had robbed dozens of his clients."

## Owl Laffs

Farming is man's most delightful occupation—If he can sit in the shade and get somebody else to do it.

Carl—"May I hold your hand?"
Helen—"Are you frightened?"

A lot of week-end wrecks are caused by week-end drivers.

### Vitamines and Calories

Methuselah ate what he found on his plate,
And never, as people do now,
Did he note the amount of the calorie count,
He ate it because it was chow.
He wasn't disturbed, as at dinner he sat,
Destroying a roast or a pie,
To think it was lacking in granular fat
Or a couple of vitamines shy.
He cheerfully chewed every species of food,
Untroubled by worries or fears,
Lest his health might be hurt by some fancy dessert,
And he lived over nine hundred years.

The folks who find fault with the modern dances are either old or fat, or both. Yeah, you bet.

"Darling," he cried, falling on his knees and covering her little white hands with kisses, "can't you see that I love you?"

She drew herself up to her full height. "Well," she said, "I should hate to think this was just your way of behaving in company."

We can hardly claim to be civilized until we abolish the present day funeral expenses.

### The Seven Mistakes

There are seven mistakes of life that many of us make, said a famous writer, and then he gave the following list:

1. The delusion that individual advancement is made by crushing others down.
2. The tendency to worry about things that cannot be changed or corrected.
3. Insisting that a thing is impossible because we ourselves cannot accomplish it.
4. Refusing to set aside trivial preferences in order that important things may be accomplished.
5. Neglecting development and refinement of the mind and not acquiring the habit of reading and study.
6. Attempting to compel other persons to believe and live as we do.
7. The failure to establish the habit of saving money.

Aunt Martha (shopping for a parrot)—"Now can you assure me it isn't given to the use of shocking language? Where did you get it?

Proprietor—"From a sailor, ma'am. But——"

Aunt Martha—"Oh that's all right. Just so you didn't get it from one of those flappers."

An ice cream vendor's pushcart in Richmond, Ind., bears this sign: Give Your Tongue a Sleigh ride. Ice Cream Cones, 5 Cents.

The modern girl never worried about her complexion going flat. She always carries a spare.

### Analogy

Louise is beautiful, but too slow;
She shakes her head when I entreat;
She's like a Florida bungalow—
Modern, but no heat.

A woman says it is impossible to go through life without telling a fib. She says she just has to say something nice about her husband once in a while.

Credit Customer—"I'm not the worst liar in town."

Mercant—"On the contrary, you are the best."

An ounce of silence is worth a ton of explanations.

He who laughs last sometimes gets the horse laugh for being so dumb he couldn't see the joke at first.

### Practice Needed

Wilson was suffering badly at the hands of the barber. After the third cut he decided to make a protest.

"I say, my man," he said, "I notice you have a sign outside your shop, 'We Aim to Please'."

"That's right," returned the barber merrily, "that's our motto."

"Then don't you think you'd better take a day or two off for target practice?' came the customer's retort.


Inhale Minard's Liniment for Asthma.



ISSUE No. 38—'30


## Do You Value Your Health?

If your health is poor; if you are pale, nervous and easily tired; if you suffer from headaches and backaches; if your digestion is bad you may depend upon it that these symptoms come from an impoverished state of the blood. That unless this condition is remedied a complete breakdown may follow. Dr. Williams' Pink Pills are a perfect medicine for any one in this condition. They enrich and purify the blood and thus promote health and strength.

Mrs. G. M. Andrews, Halifax, N.S., writes:—"I always keep Dr. Williams' Pink Pills in the house. When I was a young, anaemic girl, they completely restored by health. After marriage my health broke down and once more these pills brought me back to health. My friends all tell me how well I look and for this Dr. Williams' Pink Pills deserve all credit."

You can get these pills at all medicine dealers or by mail at 50 cents a box from The Dr. Williams' Medicine Co. Brockville, Ont.

### THRIFT WITH COLD VEGETABLES

Too many vegetables are sometimes cooked in the best regulated houses. Far too often, also, these are thrown away as uneatable when, with a very little trouble, they could be made very palatable.

Cold greens, for instance, should be placed in a saucepan of boiling water and covered for two minutes. The water should then be strained from them, and when the vegetables are served they will be found to be as good as when first cooked.

It is quite useful to keep carrots ready dressed for use in an emergency. They should be cut in round pieces about an inch thick, and warmed in butter sauce or thick gravy. Cold carrots may also be cut into any shape to serve with ragouts or hashes, or they may be cut into narrow strips and used in soups. To give parsnips a second life they should be mashed with butter, milk, and salt, and heated in the oven in a small buttered basin.

Onions, of course, do not look well when they are re-warmed, as they are likely to turn black. They will do nicely for flavoring soups or curry, however, provided that they are placed in when the soup or curry is boiling.

Potatoes can be served for a second time in a variety of ways. Mashed and mixed with a little milk and water they can be formed into buttered shapes, floured and browned in the oven, or before the fire. When they are whole they can also be dipped in bacon fat or dripping, sprinkled with salt and floured, and baked in the oven in a tin. Another way to deal with potatoes when cold is to fry them in batter. To do this they should be cut into rather thick slices and dipped into a mixture made by beating an egg with a tablespoonful of flour and a tablespoonful of cold water, and then fried in plenty of fat.


Minard's Liniment a household friend.


"If the workers put as much interest into their politics as they do into their football matches we could alter the face of England in the next 10 years."—Ellen Wilkinson, M.P.


PATENTS

List of "Wanted Inventions" and Full Information Sent Free on Request.

THE RAMSAY CO., Dept. W, 273 Bank St., Ottawa, Ont.

*The Perfumed Touch that Makes Your Toilet Complete*

Cuticura Talcum Powder

*Delicately Medicated and Antiseptic*

## DO YOU SUFFER FROM CONSTIPATION?

Countless remedies are advertised for constipation. Many relieve for the moment but they are habit forming and must be continued. Others contain calomel and dangerous mineral drugs, which remain in the system, settle in the joints and cause aches and pains. Some are harsh purgatives which cramp and gripe and leave a depressed after effect.

Avoid lubricating oils which only grease the intestines and encourage nature's machinery to become lazy.

A purely vegetable laxative such as Carter's Little Liver Pills, gently touches the liver, bile starts to flow, the bowels move gently, the intestines are thoroughly cleansed and constipation poisons pass away. The stomach, liver and bowels are now active and the system enjoys a real tonic effect. All druggists 25c and 75c red pkgs.


## Bobbed Hair Does Not Need Brushing?

It may be imagination, but with the coming and staying of short hair, the brush and comb seem to have fallen into neglect. A regrettable thing, for if these fall into neglect the hair falls into neglect, too, and is swift to show signs of it, just as it is swift to respond to care and attention.

Long hair always seems to receive more brushing than short hair, but short hair has the advantage that it is easier to brush it upwards as well as downwards. It is very good for the hair to brush it from the nape of the neck upwards—the wrong way of the hair, as it were.

The stiff bristled brush is always best for the hair unless the hair is exceptionally fine and comes out a good deal. Hair is apt to come out in the spring and autumn when new hair is growing and the dead hair automatically gives place to it, but this is nothing to worry about. When hair comes out habitually it is wise to abandon anything in the way of vigorous brushing for the time being; it is also wise to try to find some remedy, of course.

Brushes should be washed as often as the hair is washed, or, more often if the hair is not washed every fortnight or so. Clean brushes help to keep the hair clean. Always rinse the brushes in cold water, standing the bristles downward in the water. This helps to keep the bristles stiff. When silver brushes are being washed care should be taken to keep their frames out of the water.

### Best Out of Sight

Combs must be cleaned even more frequently, for with short hair they seem to be in almost perpetual use, and once they get clogged with dust you can never be quite sure that the dust does not go back into the hair again. Keep a special comb for your handbag, and a bigger and more important one to keep your brush company. Never on any account leave hair combings in your comb. It is an unhealthy, dust-collecting habit, besides being an extraordinarily unsightly one. Keep a hair tidy of some description handy or, if you use a waste paper-basket in your bedroom, deposit your hair combings there.

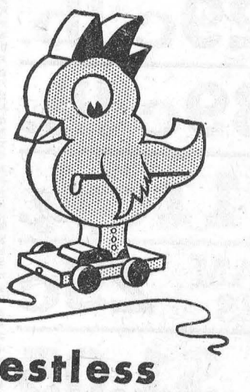
Last but not least, have a brush and comb bag. A square of checked gingham left over from one of your summer frocks will make an admirable one if you have not one already. Keep your brush and comb in this, and so keep them free from dust. The habit of leaving a brush and comb out on the dressing table or chest of drawers is another unhealthy and dust-gathering one. Brushes and combs, like most other toilet accessories, are best kept out of sight, and safe from harm's way in your dressing table drawer.

"Will you marry me?" said Archie. "I don't know," replied Muriel; "I've always said the man I marry must be both brave and intelligent." "Well, didn't I save you from drowning?" said Archie. "Yes," agreed the girl; "I admit that was brave, but it didn't prove you to be intelligent." "Oh, but it did," said Archie. "I upset the boat on purpose."


## Hay Fever

and catarrh are offensive ailments. Heat and inhale Minards's a few times daily, as for colds. It stimulates and relieves the membrane.

MINARD'S "KING OF PAIN" LINIMENT



## Restless CHILDREN

CHILDREN will fret, often for no apparent reason. But there's always Castoria! Harmless as the recipe on the wrapper; mild and bland as it tastes. But its gentle action soothes a youngster more surely than a more powerful medicine.

That's the beauty of this special children's remedy! It may be given the tiniest infant—as often as there is need. In cases of colic, diarrhea or similar disturbance, it is invaluable. A coated tongue calls for just a few drops to ward off constipation; so does any suggestion of bad breath. Whenever children don't eat well, don't rest well, or have any little upset—this pure vegetable preparation is usually all that's needed.

Fletcher's CASTORIA

## Classified Advertising

FOR SALE

A SEA SLED FOR SALE, MODEL 16, with new 22 H.P. Evinrude motor, all in perfect condition, very fast, absolutely safe, splendid fishing boat, has special sedan top; owner getting larger model. Now lying on Georgian Bay. Wilson Publishing Co., 73 Adelaide W., Toronto, Box 27

DON'T DO THIS! Deafness HEAD NOISES Leonard EAR OIL

RUB IN BACK OF EARS—INSERT IN NOSTRILS....

$1.25 All Druggists. Descriptive folder on request

A. O. LEONARD, Inc. 70 Fifth Ave., New York City

## DIZZINESS

### Caused by Blood pressure

### Doctor ordered Kruschen

"Five years ago this month I had a serious attack of blood pressure, and my medical man ordered me to take Kruschen Salts daily. Evidently I am a stubborn subject, because I use every morning a small teaspoonful and a half in a glass of hot water, and this acts splendidly and keeps my head right. If I don't have the action mentioned, I feel cold, stupid and liable to fall from dizziness. Therefore I can't do without my Kruschen on any account. Some time ago I tried some other salts which were cheaper, but they pained me so much that I had to stop them. There is no pain with Kruschen. I have told hundreds of my little wonder-working bottle."—(E. C. Fergusson.)

Dizziness is a symptom of a deeper-seated disorder. It is one of Nature's danger signals—her urgent warning of an impure blood-stream which, if not attended to in time, may wreck the entire health with some dangerous, indeed lifelong, disease. The six salts in Kruschen keep the blood-stream pure and vigorous by ensuring the complete elimination of poisonous waste matter from the system every day.



Picture of Health Now

"In May and June I was badly rundown and had faint spells until it was a drag to do my work. In July and August I didn't seem to pick up so I decided to try Lydia E. Pinkham's Vegetable Compound because I saw it advertised. I took two bottles and now I am the picture of health. I feel fine, do all my work and milk two cows. If any woman writes, I will certainly answer her letter."—Mrs. George R. Gillespie, Punnichy, Saskatchewan.

Lydia E. Pinkham's Vegetable Compound

Lydia E. Pinkham Med. Co., Lynn, Mass. U. S. A. and Cobourg, Ontario, Canada

## Too Much ACID




Many people, two hours after eating, suffer indigestion as they call it. It is usually excess acid. Correct it with an alkali. The best way, the quick, harmless and efficient way, is Phillips' Milk of Magnesia. It has remained for 50 years the standard with physicians. One spoonful in water neutralizes many times its volume in stomach acids, and at once. The symptoms disappear in five minutes.

You will never use crude methods when you know this better method. And you will never suffer from excess acid when you prove out this easy relief. Please do that—for your own sake—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

# BIG SALE NOW ON!

## Clearance

## A FEW SPECIALS!

**Ladies' Winter Underwear** 39c
Finest Quality, per garment

**Men's Caps** 98c
Newest Styles, real value at

**Bath Towels** 41c
Best quality made. Price each

**Ladies' Hose** 68c
Silk & Wool. Popular Shades

**BOYS' UNDERWEAR** 57c
Fleece, good quality, each

**Boys' Shoes** $1.98
A Real Bargain at only

**Fine Shirts** $1.69
For Men. A Snap at

All the above goods are First Quality and are priced at a real low figure. Look over our Dry Goods before buying elsewhere. We are clearing out this line and are giving many bargains

## "OUR MEAT MARKET."

We handle nothing but Western Beef at Very Reasonable Prices.
Special attention to Corn Cutting Orders.
Orders delivered within 3 miles of town.
Phone 85 for Service.

**COFFEE** Fresh Ground 29c lb.

**BLACK TEA** FULL STRENGTH 39c lb.

**Shredded Wheat** 11c pkg.

**2 lbs.** JAM JAM CAKES 25c

**Purity Flour** 24 lbs $1.05

**Red Onions, 4 lbs.** 25c

**GRAPES per basket** 45c

**5 lbs.** Clover Honey 57c

**2 Tins PEAS For** 29c

## T. O. KEYES,

Telephone 16 WINCHESTER Meat Phone 85


### *School Athletes at Cornwall*

More than 200 athletes from secondary schools throughout Eastern Ontario, including 15 from Chesterville, nine from Finch, and an unknown number from Winchester High School, will take part in the games to be staged at the Athletic Field, Cornwall, on Saturday afternoon under the auspices of the Eastern Ontario S condary Schools Association. There will be many feature attractions for this track and field meet. Headliner Athletes such as the Glebe Collegiate relay team, who won the Dominion Schoolboy Championship at the British Empire Games Donald Caldwell, Wilbur Nixon and George Laughren will be present. Field manoeuvres will be presented by the finest bugle band in Canada. The 38th Regimental Band of Ottawa, who will also lead the parade of athletes at the beginning of the sports.

### *Inkerman United Church*

The Anniversary Services in connection with the Inkerman United Church held on Sunday and Monday, will go down in the history of the church as the most successful. The special preacher on Sunday was Rev. Mr. Servage, of Heckston, an outstanding minister of the United Church whose discourses on Sunday were an inspiration to all who heard him. There was special music at both services, and the church was crowded. On the following Monday evening the annual supper was served by the ladies and was one of the best. The special speakers for the evening were Rev. Mr. Fokes, Brinston, Rev. Mr. Campbell of Hallville, and Rev. Mr. Servage of Heckston. The new pastor, who is quickly finding his way into the hearts of the congregation, Mr. Townsend, was in the happiest spirit, and in every way delighted with the splendid success of this first anniversary under his pastorage.

### *Late Mrs. W. A. McConnell*

The death occurred Monday morning at her home in Dalmeny, Ont., of Margaret Anne, widow of W. A. McConnell. She had been ill for two months.

Mrs. McConnell was a daughter of the late John Stewart and was in her 68th year.

She is survived by two sons, James A. and Stuart McConnell, both of Dalmeny, and five daughters, Mrs. Frank Stanley, Metcalfe, Ont.; Mrs. R. A. Campbell, Vernon, Ont.; Mrs. Edwin W. Baird, Kinburn Ont.; Mrs. J. D. McNee, of Ottawa, and Miss Annie McConnell, at home.

Mrs. McConnell was a prominent church worker and connected for many years with the Baptist Church.

The funeral was held at her late residence in Dalmeny, Ont., Wednesday afternoon at 1 30 o'clock standard time Interment was in Springhill.

### *The United Church*

(Contributed)

Mr. Lewis of Toronto gave an interesting message on Sunday morning from God's command to Moses:—"Speak to the children of Israel that they go forward," with particular reference to the last word. He urged his hearers to forget the past, only as some lessons to be learned wherein mistakes have been made, and to look to the future and make a contribution to eliminate the evils of the present. We have to put up a stronger fight and with different weapons from ever before. Total prohibition is what we need although it may take a long time. It depends on us, how long. We were urged to emphasize the evils of intemperance to the present generation

Rev. H. Beach brought a practical message at the evening service when he spoke on different subject including experience, science, religion, faith and preparation for the important things of life. The right kind of preparation is sure to bring results.

The choir, with Mrs. Dennis at the organ, contributed two pleasing selections.

Next Sunday morning Rev. W. Townsend of Inkerman will preach and the evening service will be conducted by The Young People's Society of Ottawa, when there will be two addresses given besides special music.

### *Kippen—Reveler*

A charming wedding ceremony was solemnized at the home of the bride's parents, Cannamore, Saturday. Sept. 20th, when Miss Eva E. Reveler, daughter of Mr. and Mrs. A. W. Reveler, was united in marriage to Mr. Stanley J. Kippen, only son of Mr. and Mrs. P. H. Kippen of Maxville. Given in marriage by her father, the bride was unattended, Rev. R. E. Newman officiating and Mrs. Geo A. MacGregor, sister of the bride, played the wedding march. Miss Winonah Reveler, of Winchester, also assisted with the music. During the signing of the register a Highland Piper entertained the guests on the lawn. The bride was lovely in her wedding gown of Ivory Satin, modelled on long lines with bridal veil held in place by tiarra of orange blossoms. She carried a bouquet of sweetheart roses, ferns and gypsophela. The rooms were attractively decorated with ferns, potted plants and cut flowers. Following the ceremony a dainty luncheon and reception was held, the bride's table being adorned with pink and white flowers and lighted pink tapers.

A large number of guests were present from Toronto, Ottawa, Maxville, Lancaster and Dalhousie. The bride was the recipient of many beautiful and useful gifts including a number of cheques. The young couple left on a motor trip to Detroit and other points, the bride wearing a travelling tweed of black and eggshell with coat trimmed with fur and black velvet hat. On their return they will reside at Maxville.

### *Women's Institute*

A good attendance greeted the Pres., Mrs. Robt. Suffel at the opening Fall meeting. Quotations from Aunt Het given in answer to roll call, provoked much merriment. The Treas. reported that $67 had been collected by the Institute for the Citizen's Band, for which a note of appreciation was read. Also when the Circus was in Winchester $20 had been collected by tags for the Public Library. A number of the birthdav bags were handed in, but not all. A contest for membership, attendance and answer to roll call will be held for the month of Oct., Nov. and Dec.

Plans were made for the holding of a concert consisting of a debate and other interesting items. This concert will be held in November.

Mrs. Lee spoke on Canada and the great possibilities of development that lies within her. In reference to love for the homeland she gave many instances such as Livingstone, Lincoln, etc. This love must be cultivated earnestly and faithfully. Mrs. Lee took her audience on a trip across Canada starting at the Eastern shore, describing the natural resources, industries and climate of each province as we passed through, showing that Canada is a country of which we may well be proud. The possibilities of Canada are unlimited and we sould foster patriotism to our Couutry, believing that this is a land of great promise, and always expressing our love for and our pride in our home land.

Mrs. Howard Fetterly entertained those present with a well executed piano solo Refreshments were served by a few members of the executive, after which the singing of God Save the King closed the meeting.

### *Bringing in the Bulbs*

Members of the Horticultural Society and flower lovers everywhere will be interested in a recent New York despatch which states that freight steamships are coming into the harbor there daily from Holland laden with bulbs of the tulip, hyacinth, crocus and lily-of-the-valley. It is stated that from mid August to October 80,000 cases of bulbs valued at $5,000,000 will have been received by importers in New York City. It is also interesting to observe that the importation of bulbs has grown steadily during recent years and that this year the high water mark is reached. If you want some fine bulbs for fall planting see Mrs. Geo Armstrong, Sec'y of the Horticultural Society.

### CARD OF THANKS

To friends of the United Church—I wish through the courtesy of the Winchester Press to thank you for the most kind expression of love and esteem, conveyed by Mrs. Waddell, Mrs. Helmer and Mrs. Beach; also for the beautiful gifts. Your every good wish for me is cherished and I do assure you a like desire for each and every friend is returned to you in abundant measure.

Sincerely,
R. Jennie Perry.

## Canadian Pacific Railway

**Alterations in Passenger Train Service Effective Sunday, September 28th, 1930**

**For particulars, apply to ticket agents.**

## Mortgage Sale Of Farm

Under and by virtue of the powers contianed in a certain mortgage, which will be produced at the time of sale, there will be offered for sale by Public Auction, subject to a reserve bid, at the Office of W. J. CASS, on Main Street in the Village of Winchester, in the County of Dundas, on WEDNESDAY, OCTOBER FIFTEENTH, 1930, at Two o'clock in the afternoon, the following property, namely: All and singular that certain parcel or tract of land and premises situate lying and being in the Township of Mountain, in the County of Dundas, and being composed of the East Half of Lot number Twenty-Three in the Second Concession containing One Hundred acres of land be the same more or less.

Upon the said lands are erected a frame house and barn. The land is all clear and is under cultivation and the soil is clay loam. The farm is about four miles from the Railroad station.

TERMS: 20% of the purchase price to be paid down at the time of sale, balance to be paid within thirty days.

For further particulars and conditions of sale, apply to

W. J. CASS, Winchester, Ont.
Solicitor for Mortgagees.

Dated at Winchester, Ont., the 20th day of September, 1930. 22-24c.

## CANADIAN PACIFIC




### TIME TABLE

Westbound—To Smiths Falls and West.
No. 23—12.36 a.m. daily except Sunday, flag for passengers to and beyond Sharbot Lake—Stop for passengers from Montreal.
No. 35—9.50 a.m. daily except Sunday.
No. 29—6.20 p.m. daily except Sunday.

Eastbound—To Montreal
No. 24—5.44 a.m. daily except Sunday flag for passengers to Montreal, stop for passengers from Sharbot Lake and points beyond
No. 30—8.00 a.m. daily except Sunday.
No. 36—5.25 p.m. daily except Sunday.

For particulars and Tickets apply to
T. W. BOYES, Agent

## Auction Sale!

### Farm Stock & Implements

I am instructed by the Louden Allan Estate to sell, by Public Auction, on Lot 23, Con. 2, Tp. of Osgoode, 2½ miles South East of Osgoode Village, on

## Tuesday Sept. 30

1930, Commening at 12 o'clock, noon, sharp, the following:

LIVE STOCK

Horses—1 Bay Team of Fillies, 6 and 7 years old, weight 3000 lbs; 1 Brown Gelding, 6 yrs. old, weight 1500 lbs; 1 Brown Gelding, 9 yrs. old, weight 1300 lbs.

Cattle—10 Milch Cows, 8 two year olds, 6 year olds, 1 reg. Holstein Bull 1 year old, 4 calves; all T. B. Tested.

Hogs & Fowl—1 Brood Sow, 10 young Brood Sows, 2 Fat Hogs, 65 Hens, about 170 Chickens, 12 Turkeys.

MACHINERY, Etc.

1 Fleury Walking Plow, 1 Sulky Plow, 1 Gang Plow, set of 12 foot Iron Harrows, 1 stiff tooth I. H. C. Cultivator, 1 Corn Cultivator, 1 Walking Cultivator, 1 Deering 13 Disc Drill, 1 I. H. C. Roller, 1 Deering 5½ ft. Mower new; 1 Massey-Harris Side Rake and Tedder combined, 1 Deering Rake, 1 I. H. C Hay Loader, 1 Deering Grain Binder, 1 McCormick Corn Binder, 1 Champion Manure Spreader, 1 Lumber Waggon, 2 Single Buggies, 1 Milk Waggon, 1 set Sloop Sleighs, new; 1 set sleighs, 1 Frame Sleigh, 1 Cutter, 1 Stone Boat, 1 Hay Rack, 1 Stock Rack, 1 Chatham Fanning Mill, 1 set 1000 lbs. Scales, 1 Viking Cream Separator, 700 lbs. cap., Milk Cans and Pails, 2 sets Double Harness, 1 set Milk Harness, 1 set Single Harness and numerous other articles.

THE FARM, consisting of 200 acres, more or less, will be offered for sale subject to a reserved bid. Terms on farm made known on day of sale.

TERMS

All sums of $10 and under, Cash, over that amount 11 mos. credit by furnishing approved joint notes or 5 per cent. off for cash.

ROSS MORROW, Auctioneer.


## Fresh No. 1 FRUITS for Preserving

Crawford Peaches
Bartletts Pears
Choice Grapes

3 pkgs. Quaker Corn Flakes 25c
2 Shredded Wheat for 25c
2 lb. Jam Jam Cake for 25c
2 lbs. Seedless Raisins 25c
2 lbs. Dates for 25c
2 pkgs. Macaroni 25
Christies' Sodas 20c pkg.
McCormick's Sodas 20c pkg.
Vi-tone 35c tin.
Cheese 22c lb.
Ice Cream-Soft Drinks

## J. E. UTMAN,

Phone 7, -- Winchester



## THE FAMILY DOCTOR



By JOHN JOSEPH GAINES, M.D.

"HEART MEDICINE"

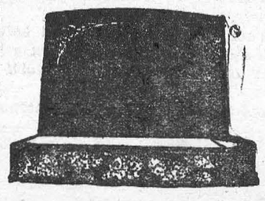
Are you going to believe me, when I tell you that you have the best and most dependable heart remedy known, always within your reach and absolutely free from cost to you? Well, you most certainly have. In these days of sudden death from "heart disease," it seems worth while to me to do a lot of sober thinking.

The horizontal position—the recumbent posture—lying in bed—call it whatever you please—is first and foremost in caring for a tired heart. I saw an aged man, not long ago, with a rapidly failing heart; one month in bed completely restored him, so far as I could discern; he shows no sign of heart failure today, and is apparently healthy as a man of his years can be. He took perhaps sixty cents worth of medicine! The recumbent position cured him; he was not permitted to even sit up to take his meals; orders were orders here; disobedience might have cost him his life.

Of course your heart isn't like that. But do you know that the eight hours you should spend in bed each night does the very thing for you that was done to the old man? And don't you know that the heart does three times as much work when you are up and doing as it does when the body is in the horizontal position? Then, if the heart becomes weakened, failing in its strength and function from overwork and abuse—the very first thing to do is, give it REST. In many cases that's all it needs.

The heart may be abused—overworked, in a thousand different ways; what are you doing to your heart? Are you giving it the rest that it absolutely must have? You, who are up all day, and extend the festivities till past midnight? Then, do you whip up the tiring vital organ with cigarettes, heavy food, or with alcoholics? Or with "medicine"? Let me tell you: You are tampering—flirting with danger to your life!





## MONUMENTS!

STUBBS & GIBSON
Manufacturers and Importers of Marble and Granite Monuments, Cemetery Fences, Copings, etc. Scotch Granites a Specialty.
Shops at Winchester
Morrisburg & Farran's Point.



# That Fellow Feeling

## Try Our Job Dept.

We Print

Booklets, all kinds
Pamphlets
Financial Reports
Church Reports
Lodge Stationery
Blank Forms
Dodgers
Post Cards
Circulars
Shipping Tags
Memorial Cards
Tickets, Blotters
Office Stationery
Envelopes, etc.
Auction Bills

You are all wrapped up in the merchandise that fills your store. You enthuse over the quality of this article and that line. You probably display the goods attractively, too.

All you need now is to transmit your enthusiasm to the buying public of your commodity—and your goods will move out and the profits roll in.

ADVERTISE. For advertising will make the customer feel as you do about the goods you have to sell. Every time you talk to prospective buyers through an advertisement in the WINCHESTER PRESS, you are increasing the fellow feeling that brings business to your store. "AN ADVT. IS AN INVITATION."

WINCHESTER PRESS

Telephone 21 - - Winchester, Ont.



## Cleaning! Pressing!

Our Customers reallze the importance of being WELL-GROOMED and appreciate the Prompt, Careful Service that WE always give.

All Clothing Collected and Delivered.
"Just Phone 76"
WE DO THE REST.

A. E. GOODFELLOW, Winchester, Ont.



## "PRESS" Advts. Bring Results.



## Erratt's Meat Market.



If you want the choicest of meats at reasonable prices try us. Just phone 12 and your order will be delivered as soon as possible. Our roasts and steaks are tender and juicy. Our stock of cooked meats, canned goods, etc. always fresh

A. E. ERRATT

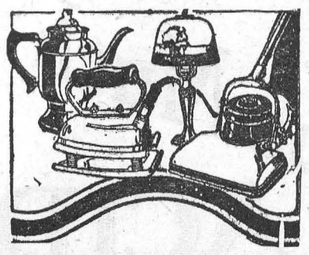
Phone 12 - - - - - Winchester

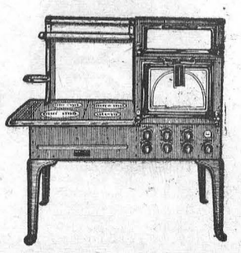


## NEW HYDRO OFFICE & SHOP

The Hydro Shop and Office is now located on the corner of Main and Centre Streets, opposite the Town Hall.

Everything in Electrical Goods can be had there. If not in stock, will be ordered at once.





Some new and improved Electric Ranges, Heaters and Grills. See them and you will want them. Electric Lamps, the best made. Electric Irons. Hair Crimpers for the ladies. Electric Warming Bags. Toasters, Fans, Light Bulbs, etc., etc. Call and see the new shop and look over these new goods.

Electric Vacuum Cleaner to Rent.

Call and see our New Electric Washers.

## Winchester Hydro Electric System