WINCHESTER PRESS

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Agricultural Societies Hold Annual Meetings Saturday

Jim Rowan Succeeds Alex Campbell At Metcalfe

Jim Rowan is the new president of Metcalfe Agricultural Society. Mr. Rowan was elected at the Annual Meeting last Saturday afternoon to succeed Alex Campbell who completed a very successful two-year term in office.

Approximately forty members were present at the Curling Club lounge and all were impressed by the favourable financial report which showed a healthy balance despite poor weather conditions at fair time last fall.

The statement showed cash donations amounting to $10,378.20, including a $7,000 donation from Metcalfe and District Lions Club which enabled the association to completely renovate the dining hall facilities.

Various committee reports were heard and it was noted that in some instances classes were affected by the fact that Carp Fair was being staged at the same time.

Ken Kingsbury, reporting for the Light Horse committee, suggested possibly the only department definitely affected by the other area fair was the light horse show. Mr. Kingsbury told fellow members the quarter-horse show staged on Sunday had proved a great asset to the fair and outlined a better program arrangement for the attraction next fall.

Beef committee chairman Harold Gilbert suggested some beef classes may have been down slightly because of Carp Fair but reported a very successful show.

Doug Stewart who ably directs the Friday show reported the sports aspect is being eclipsed by the increasing interest in Junior horse competitions and pet shows.

Last fall the gate committee tried a new admission system which proved very successful. Instead of long line-ups at the gates, roads both North and South of the grounds were closed and ticket selling booths erected at points several hundred yards from the grounds. Members were impressed by the novel idea and agreed efforts be made to use the same system next fall, each day including Sunday.

A letter was read by the secretary suggesting that special classes be incorporated into the prize list for Brownies, Guides, Cubs, Scouts and Venturers. Members appeared to favour the idea and requested that Education Committee chairman, Mel Tomkins study the proposal.

The Tractor-Pulling Contest which proved a major attraction last fall will be repeated at the 1973 Exhibition.

Weak Points

It was noted that a fall fair, like any other endeavour, is bound to have 'weak points' and space was allotted on the agenda for discussion of such points.

Mr. Kingsbury suggested it was a mistake last fall to remove all exhibits on Saturday rather than leave them on view for Sunday fair goers and proposed serious thought be given to remedying this situation.

Mr. Gilbert told members the only 'weakness' he discerned was the fact that the two Sunday shows conflicted with one another, and many were not aware the thrilling quarter-horse show was being staged in the arena. He proposed better programming for the coming fair.

Alex Campbell, in his closing remarks before vacating the chair for the election of officers, praised the work of all committees and made special mention of kind co-operation by the Winchester Press.

The newly-elected president, Mr. Rowan, was very optimistic regarding the future of the fair.

"We're rated", he said, "as the 'Last and the Best' in the area and I hope to work very closely with all board members to maintain this high standard."

Other members of the new slate include: 1st Vice-president. Ormond Craig; 2nd Vice-president, John Whyte; Secretary-Treasurer, J. Eldon Craig; Ladies Division President, Mrs. Ken Dow. Russell Anderson was elected as a new Director and two new Associate Directors were also elected - Fern Moss and Ralph Hedge.



Preparing For Fair '73

Members of Metcalfe Agricultural Society elected a new slate of officers at last Saturday's annual meeting and the new executive is shown above planning strategy for the 1973 exhibition. Seated left to right are J. Eldon Craig, secretary-treasurer; Jim Rowan, president; and Alex Campbell, past president. Standing are John Whyte, 2nd vice-president and Ormond Craig, 1st Vice-president.

Throughout the Ontario Association of Fairs the name Metcalfe is seldom used without some reference being made to Eldon Craig. This is very understandable since the genial bookkeeper has been recording events for 38 consecutive years. It is doubtful if any other fall fair can boast a more dedicated official.

Press Staff Photo

Dwight Gilmer Returned As Mountain President

Dwight Gilmer was re-elected president of Mountain Township Agricultural Society when members held their annual dinner meeting at the I.O.O.F. Hall, South Mountain last Saturday.

Following the delicious meal served by W.I. members various committee reports were submitted indicating that in most departments last year's exhibition was very successful.

Well over thirty attended the meeting including many new members and it was announced the 1973 fall fair will be staged August 24th, 25th and 26th.

Program Agenda

Following discussion of the financial statement last year's horse show was reviewed and all agreed it was one of the most successful to date. Much credit for this department was given to Mrs. Jane Fleming and her committee.

A good showing of cattle was reported and it was noted new exhibitors, Spruce Haven Farms, entered three classes and picked up three awards.

Grain, hay and flowers were reported about average but Domestic Science and Ladies Work was on the decrease.

Members discussed plans to revise prize lists with serious consideration being given to increasing prize money.

Hugh Blaine was in the chair for election of officers and the following slate assumed office:

President, Dwight Gilmer; 1st Vice president, Bob Weagant; 2nd Vice president, Jim Shaw; Secretary-Treasurer, Sandy Simonellis and Race Secretary, Garth Workman.

Minor Hockey Day Staged At Winchester

Last Saturday was 'Minor Hockey Day' at Winchester arena, and although the action was not always that fast there was no lack of determination on the part of players of all ages.

Many fathers may have thought because it was Saturday they could enjoy a few extra winks, but it was apparent their sons thought otherwise. As early as 8:00 a.m. the little fellows were out on the ice, attired in full hockey regalia, and ready to take on all opposition.

Organizers deserve a special round of applause for programming such a long list of matches with only very slight variation from the planned schedule.

Dundas County Agricultural Representative Tom Clapp, who works tirelessly with the boys, was keeping records but unfortunately was called to Toronto early Monday morning before comprehensive reports could be released.

The rink, however, was buzzing with activity throughout the entire day proving rather conclusively the necessity of having a modern arena in a thriving community.

Minimum Wages To Increase

Labour Minister Fern Guindon said today that a campaign would be carried out by the Ministry of Labour to keep the approximately 140,000 employers in Ontario informed on new legislation, programs and directives.

He said the campaign would be designed as a continuing program to improve communications between the Employment Standards branch and employers in Ontario. The branch is responsible for administering The Employment Standards Act including minimum wage, hours of work, vacation with pay, equal pay for equal work, wage protection, overtime, premium rates of pay and terminations.

The initial bulletin to be distributed to all employers in the province later this week, sets out changes in minimum wages that will become effective on Febru-

See "WAGES" Page 6

Winchester Starts Winter Carnival Countdown

Three weeks from to-day (Thursday, February 22nd), curtains will part and stage lights will focus on the opening events of the annual Winchester Winter Carnival.

Again this year the project is being ably and willingly supported by all community and church organizations assuring another successful venture.

Everyone is invited to plan now to have supper that evening at either the United Church or St. Paul's Presbyterian Church where dinners will be served (smorgasbord style) between the hours of 5:00 and 7:00 p.m. Tickets will be on sale by the Ministerial Association and all churches and women's groups are lending a hand.

The fun will be at the community centre till 9:00 when a Teen Dance, under the capable direction of the Fire Department will begin to 'swing' at North Dundas District High School.

FRIDAY: The Legion Hall will become a dining Hall on Friday evening when Legion members will dish out a delicious 'Bean Supper; and then it's back to the rink for another night of fun with activities directed by 100 Club members.

NOTE: Winchester Hawks were scheduled to play host to Embrun 72's on Friday night but graciously re-scheduled the game to Wednesday, February 21st.

SATURDAY: The Lions Club takes over on Saturday and because everyone will be planning to spend the entire day following the endless program of activities, C.G.I.T. members have agreed to serve breakfast at the United Church beginning at 6:30. All roads will lead to the park throughout the day when the carefully prepared program will include minor hockey, snowmobiling, skating, customes, figure skating and the feature event - - crowning of the Carnival Queen.

SUNDAY: The Sunday program is being designed as a 'slow-down' exercise when everyone will have an opportunity to attend the church of his choice and then, in the afternoon, take the entire family skating.

At 3:00 in the afternoon winners of the sculpturing contest will be announced and the curtain will come down on what it is hoped will prove to be Winchester's finest hour.

SPECIAL NOTES:

1. All proceeds will be directed toward improving community recreation facilities.
2. Last year's Queen and her Princesses will play an important role in all events.
3. Carnival 'Buttons' are now on sale at all stores . . courtesy of the Lions Club.
4. Community centre booth in operation throughout carnival.
5. Arena admission, Adults, 50¢ and children under twelve, 25¢.



Winchester Citizen Carrier Wins N.H.L. Game Trip

Ten-year-old Eric McKeen, the very reliable Ottawa Citizen carrier who delivers the daily to the Press office, will be on his way to Montreal to watch a professional hockey game on March 17th.

Eric is one of the winners of a weekend trip to the metropolis to see Buffalo Sabres play Montreal Canadians and is looking forward to a very wonderful trip.

Easy to understand why the youngster's eyes literally popped when he read what's in store for him - "stay at the terrific downtown Holiday Inn, swim in the giant indoor pool, eat what you like, and to sum it all up, have the time of your life".

Eric, who began delivering papers after Christmas, is proving a very efficient little businessman and his first thoughts when he called at the office on Monday was to thank his customers.

"In particular", he said, "the seven new customers whose business qualified me for the trip".

Mrs. Gerald Belanger of the Press staff is shown accepting the Citizen from the little fellow who make the daily rounds despite often severe winter weather. He is a Grade 5 student at Winchester Pulbic School.

Press Staff Photo

Chamber To Organize Queen, Snow Sculpturing Competitions

Members of Winchester Chamber of Commerce, at a Tuesday dinner meeting, pledged their support to the Winter Carnival and agreed to accept responsibility for the 'Queen' segment.

The meeting was at the Country Kitchen and the businessmen assumed responsibility for selection of judges, procuring prizes and also decided to direct the Snow Sculpturing contest.

Discussion centred on the Carnival and all business places were urged to promote the coming carnival in their weekly advertising.

President George Elliott chaired the meeting and fees for 1973 were set at $10.000.

Members will meet again for a dinner meeting at the Country Kitchen at noon on February 20th.

Speaker Says Keep Young People Active

Pat McAlpine, a teacher at Highland Park High School, Ottawa, told members of Metcalfe and District Lions Club the best training for young people is to "keep them busy".

"If they have a place to be and a time to be there", he said, "one of our big problems is solved".

Mr. McAlpine is not only a school teacher but a man keenly interested in young people and completely convinced that athletic activities pave the road that leads away from dilinquency.

The youthful instructor, who was introduced by a fellow teacher Bob Rowan, is also director of school-boy curling in Canada and during his interesting talk he stressed the great value of curling as a means of building confidence in young people.

"After all", he said, "few can hope to become professional hockey players or professional football players, but almost everyone can be a curler".

He urged local service clubs and area schools to take a greater interest in promoting curling activity at the student level.

Mr. McAlpine was thanked by Melvin Tomkins.

During the meeting various reports were submitted and more detailed plans for the coming spring carnival discussed.

Date for the "Queen of Queens" carnival was set for Friday, March 9th at the Community Centre.

Reeve Outlines Committee Duties

Reeve Shadbolt, at a Monday night meeting, outlined the responsibilities of various committees and Keith Henry was appointed chairman of the new Recreation and Community Centre Board. Clerk-Treasurer Raymond Annable will serve as the board's secretary-treasurer.

It was agreed members of each sub-committee (Arena, Parks, Pool and Activities) would hold separate meetings to prepare programs, inventory lists, policy plans and budgets for approval at an early date by the main board.

It is understood the next meeting will be on February 14th.

THE NEWS in Brief

Discusses Transportation Policy Area

Ontario's urban transportation policy - - "A New Way to Go" - - and its application to transportation in the Ottawa-Carleton region was explored at a special meeting in Ottawa on January 30th.

Ontario Premier William Davis met with municipal leaders and representatives of the National Capital Commission and of the Federal Government to explain more fully how the Province's proposals for urban transportation might be applied to Ottawa-Carleton.

The policy, as introduced by Mr. Davis in November, proposes a new form of transit system for Ottawa together with improved arrangements for provincial financing of both the new and the more traditional systems. These initiatives will be pursued in more detail at the meeting which was held at Algonquin College beginning at 2:00 p.m.

Youth Loses Hand

Garnet Woods, 18, of R.R. 2, Mountain, is recovering in Winchester District Memorial Hospital following amputation of his left hand.

The youth was injured when his hand was badly crushed in a machine he was operating at the H.E. Saunders plant, Inkerman.

Garnet is a son of Mrs. Catherine Woods.

Flu Bug Not Affecting Hospital

"We have a full house here", reported Winchester District Memorial Hospital administrator H. P. Stell, "but I am not suggesting the flu epidemic is responsible."

Mr. Stel said there were several cases of pneumonia and, when interviewed on Tuesday he reported several beds were being utilized in the corridors.

"Every bed in the maternity ward is also full", he concluded.

Heart Blitz Sunday, Feb. 11th

Dr. Graham Houze, Morrisburg, chairman and Mrs. Arnold Graham, South Mountain, Secretary of the Dundas Heart Chapter have announced that a 'Blitz' will be conducted in Winchester on Sunday, February 11th.

Canvassers will be working throughout the day doing a house to house canvass and residents are asked to be generous.



BIRTHS

On Wednesday, January 24, 1973 to Mr. and Mrs. Ralph Marcellus, R.R. 1, Morrisburg, Ontario, a daughter.

On Wednesday, January 24, 1973 to Mr. and Mrs. Clarence Haayema, R.R. 2, Williamsburg, Ontario, a daughter.

On Thursday, January 25, 1973 to Mr. and Mrs. Earl Windsor, Metcalfe, Ontario, a son.

On Thursday, January 25, 1973 to Mr. and Mrs. Charles Farlinger, R.R. 1, Williamsburg, Ontario, a son.

On Friday, January 26, 1973 to Mr. and Mrs. James Sullivan, Mountain, Ontario, a son.

On Sunday, January 28, 1973 to Mr. and Mrs. Leo Paul Marion, Moose Creek, Ontario, a daughter.

On Sunday, January 28, 1973 to Mr. and Mrs. Ralph Tibben, R.R. 2, Brinston, Ontario, a son.

On Monday, January 29, 1973 to Mr. and Mrs. Jean Marcel Adam, St. Albert, Ontario, a daughter.

On Monday, January 29, 1973 to Mr. and Mrs. Terrance Foley, South Mountain, Ontario, a son.

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Ingleside Couple Mark 40th Wedding Anniversary

Mr. and Mrs. Frank Stewart, R.R. 3, Ingleside were honored by their family with a dinner party and presentation on the occasion of their fortieth wedding anniversary. The dinner was held in the Torch Room, Cornwall.

The couple have a daughter Lois (Mrs. Donald Cherry) of Ottawa and four sons, Keith of Cornwall, Duane of Belleville, Neil and Dale of Long Sault, and fourteen grandchildren. All were present for the occasion. The family gathered later that evening at the home of Mr. and Mrs. Dale Stewart, Long Sault for an evening of fun and fellowship.

Mrs. Stewart is the former Helen Dawson of Harrison's Corners, and Mrs. Stewart is a native of Morewood. They were married December 24, 1932 by Rev. James Faulds, D.D. in Knox United Church manse, Cornwall. Attendants were the bride's brother, George Dawson, now deceased and Miss Margaret Bookhout, who later became Mrs. Dawson. Miss Lila Ferguson, Ottawa, a family friend and Mrs. Dawson were present for the dinner party.

The celebrants have spent their entire married life in the area, except for a short time in Toronto. They lived on the West Front, Cornwall until 1958, when they moved into their new home, west of Long Sault, where they now reside. They are members of St. Matthew's Presbyterian Church, Ingleside.

Mr. Stewart is a retired 30 year employee of Domtar, Ltd., Cornwall and keeps busy with his favorite hobbies of gardening in the summer, hunting wildlife in season and doing carpenter work. Mrs. Stewart is busily engaged in church and community activities, enjoys needlework and does parttime nursing. They were the recipients of several gifts and congratulatory messages.

PRESBYTERIAL W.M.S.

59th Annual At Brockville

Members of Brockville Presbyterial Women's Missionary society held their 59th Annual Meeting at First Presbyterian Church, Brockville, on January 17th when the Sacrament of Holy Communion was celebrated by Moderator Rev. L. Renault.

Various reports were heard at the morning session including that of treasurer Mrs. Chester Robinson which showed a notable increase in offerings.

Mrs. Gordon Blow, reporting for the children's society told of two new groups recently formed. Mrs. Blow said she was pleased with the increased membership and renewed interest in this very important department.

During the afternoon session an impressive Memorial Service was conducted by the ladies of Brockville Evening Auxiliary in tribute to departed members, including a very devoted officer, Mrs. E. Earle Eaton of Chesterville.

A panel discussion on "Council Information" was conducted by Miss Doris Blaise (Synodical Fresident); Miss Margaret Boyd (Education Resource authority) and Mrs. George Forrester.

Mrs. David MaWhinney entertained during the afternoon with a very pleasing solo, "The Lord is my Shepherd", accompanied by Mrs. Newton Reid.

The new slate of officers was installed by Mrs. T.R. Gates in a solemn and challenging service and members were advised the May Rally will be held at Spencerville on May 16th.

An invitation was extended by the ladies of Eliza Dowsley Auxiliary to hold the 1974 annual meeting at St. Andrew's, Prescott.

Brockville ladies served refreshments and a delicious dinner at noon.

BIRTH

MELDRUM - Glenn and Lauren (nee Blais), R. R. 1, Winchester, are proud to announce the arrival of their son on January 25, 1973 at the Ottawa Civic Hospital. A brother for Tammy, Wendy and Douglas.

40P

ENGAGEMENT

Mr. and Mrs. Bill Morrison, of Vernon Ontario, are pleased to announce the engagement of their daughter, Margaret, to Marcel Derkinderen, son of Mr. and Mrs. F.A. Derkinderen of Heemstede, Holland. Marriage to take place in May.

40P

Leonard W.I. Plans Valentine Tea And Dance

The executive of Leonard W.I. met last week to complete plans for a Valentine tea and dance.

The 'Tea', combined with a bake sale and surprise booth will be in the afternoon between the hours of 2:00 and 4:00 while the 'Teen Dance' will be at night.

Date for the interesting event is Saturday, February 17th.

Those in charge include: Tea, Mrs. G. Schnittika; Bake Sale, Mrs. M. Larmour, Mrs. H. Sneath and Mrs. F. Wood; Tickets, (tea), Mrs. J. Thorpe; Surprise Booth, Mrs. Wm. Birch; tickets (on cookware draw), Mrs. G. Dallaire; Dance, Mrs. J. Corry and Mrs. G. Dallaire.

Everyone is welcome.

Colquhoun

Mr. and Mrs. Graham Wells accompanied by Mrs. John Erratt, Williamsburg spent Tuesday with Mrs. Martha Smith, Watertown, N.Y.

Mr. and Mrs. Lloyd Gallinger were recent guests of Mr. and Mrs. James Hesson, Ingleside.

Mr. and Mrs. David Walker, Cornwall had dinner on Sunday with Mr. and Mrs. G. Wells and Carson.

Mrs. Myra McCarthy and Miss Connie Gow, Ottawa spent the weekend with Mr. and Mrs. M. O'Shaughnessy and Mrs. Muriel Gow.

Mr. and Mrs. Graham Wells called on Mrs. R. Loucks of Manotick on Friday.

Mrs. Calrence Countryman visited Mr. and Mrs. James Jordan, Morrisburg a few days.

Mrs. Ernest Hart is visiting Mrs. Fred Beckstead, Morrisburg.

Miss Heather Duncan spent part of Saturday with Mr. and Mrs. Ed. Duncan and family, Hulbert.

Mountain

Mr. and Mrs. George Imrie, Mr. and Mrs. Ray Imrie, Chesterville attended the Toronto-Montreal hockey game Saturday January 27th in Montreal.

A successful euchre party was held in Mountain school, Saturday January 27th by Mountain snowmobile club. The Trail Blazers. Mrs. Weldon Carlyle won the ladies first prize, Mr. Roy Wylie won the men's first prize, Mr. Gordon McNeil, low prize, door prize, Mrs. Cronin. The next party will be held, February 14th, 8 p.m.

Mrs. John Blom has been a patient in Winchester Hospital since January 15th. We wish her a speedy recovery.

Lifelong Williamsburg Resident Charles Stirton Phifer Dies

Charles Stirton Phifer, a lifelong Williamsburg area resident, died on January 29th in his 81st year.

A son of the late Charles Albert Phifer and his wife Sarah Hess he married the former Evelyn C. Robinson at Chesterville in 1930.

A retired farmer the late Mr. Phifer is survived by his wife, two sons and three daughters: Mrs. Edward Herriman (June), Williamsburg; Mrs. Claude Dillabough (Jane), Chesterville; John, Williamsburg; Carman and Mrs. Frank Melanson (Carol), both of Ottawa. One sister Mrs. Maefred Merkley and seven grandchildren also survive.

Funeral service at Williamsburg United Church was conducted by Rev. D. L. Gordon at 2:00 p.m. on Wednesday, January 31st.

Pall bearers were Wilfred Carruthers, Herbert Loucks, George Carruthers, Hugh Barkley, Frank Whittaker and Cecil Casselman.

Interment was at Williamsburg cemetery.

William Walter Buckingham Passes In 95th Year

William Walter Buckingham passed away January 11, 1973 at his residence in Winnipeg, Manitoba, at the age of 94. Mr. Bcukingham was born at Russell, Ontario on January 6, 1879.

Following graduation from Ontario Business 'College, Belleville, Ontario, he went west to Manitoba. On January 24, 1906 he married Jane M. Comrie of Kenmore, Ontario and took his bride west to Culross where they farmed until 1919 and then moved to Winnipeg.

Mr. Buckingham led a very active life, being an enthusiastic participant in curling and lawn bowling up until his death. He was a member of Augustine United Church, serving on the session for many years.

He is survived by his daughter, Jessie, a grandson Brett Buckingham and granddaughter, Mrs. Bonnié Jean Sand and three great grandchildren. Also surviving are two sisters, Mrs. Charles Graham (Mary) of Edwards and Mrs. Charles Boothe (Maud) of Russell. He was predeceased by his wife Jane in 1970, by a daughter Viola in 1934 and a son, Clarence in 1966.

Funeral service was held Saturday, January 13, 1973 from Thomas Funeral Chapels. Interment in the family plot in Elmwood cemetery.

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The 'Shot' That Saves



As part of an education and information program the World Health Organization is highlighting the theme "A Full Life Despite Diabetes."

The injection that this serious ten-year-old is about to administer to herself is, in a true sense, a life saving shot. For she is filling up the syringe with synthesized insulin.

Insulin, a hormone that the pancreas gland produces naturally, is needed to change surgary and starchy foods, the body's main sources of energy, into a form of sugar for the body to burn as fuel. Human energy, essentially, derives from these foods.

But when the body no longer does so, diabetes, a condition of too much sugar in the blood and in the urine, results. As with the child here, in approximately five per cent of all diabetes cases, the condition occurs before age 15.

Just 50 years ago, a diabetic lived, at most, not more than 10 years from the start of his affliction. Today, he lives practically as long as anyone else does — and as usefully too — provided he follows a regimen prescribed especially for his condition by a physician.

The regimen comprises insulin in combination with diet, to control the sugar and starch he consumes, and exercise. In theory, the more a person eats, the more insulin he needs to help put the food to work. But by playing and working, he lessens his dependency on insulin.

Better living standards, a part of which means richer foods on tables, coupled with longer life spans have resulted in an increase of diabetes world-wide, according to the World Health Organization.

Types of persons susceptible to diabetes have long been identified. Women, in general, are more likely than men to become afflicted. But also prone to diabetes are those past 40, those from families where there is a history of diabetes, and those overweight.

According to Dr. Abraham Horwitz, director of WHO's regional office for the Americas, 85 per cent of all diabetics are obese or tend towards obesity. Indeed, diabetes is most prevalent in the better-fed nations. U.S. morbidity and mortality from diabetes, for instance, is the world's highest. Thus, if obesity is reduced, there's every chance the incidence of diabetes will be too.

A newly-detected diabetic is likely to think of his career as ended. It is true that diabetes, as of now, cannot be cured. But diabetes can be managed — and when it is, a diabetic can go as far in his calling as his physical, mental, and educational potential takes him.

A well-known success story is that of William F. Talbert, the tennis star, who is winner of 25 U.S. titles and 25 world championships, and, as well, a former captain of his country's David Cup team. He has been a diabetic since age 10.

Today, the greatest single hazard of diabetes is not the condition itself, but ignorance of self-care. To make the point that diabetics are capable of living ordinary and useful lives, provided the condition is detected early, WHO has selected as its theme for 1971 "A Full Life Despite Diabetes."

It follows, naturally, that the sooner the condition is detected, the sooner the sufferer is able to receive the training that leads to his mastering of the techniques of self-care. Learning how to live with diabetes is vital to a diabetic living a full life.

Wilson Girls Garner More Dancing Trophies

Those dancing Wilson girls, daughters of Mr. and Mrs. Jack Wilson, Ottawa, continue to dominate dancing competitions.

Mr. Wilson is president of the Ottawa Highland Dancing Association this year and at last Saturday's competitions his daughters once again excelled.

Cathy, in the 14 and under class, won two firsts, two seconds, one third and the class trophy.

In the 10 and under division Jane picked up a second, a third and an honorable mention.

Kim, competing in the 12 and under class received honourable mention.

175 Women Teachers Meet At Conference In Toronto

175 women teachers from all over Ontario, Presidents of their local women teachers' Associations and Units, attended a conference at the Hyatt Regency Hotel in Toronto, January 19 and 20, sponsored by the Federation of Women Teachers' Associations of Ontario. The Federation represents 33,000 women teachers in the province's elementary public schools.

Attending from this area were Miss Arlene Nesbitt of Winchester Public School and Mrs. Marjorie Thompson of Chesterville Public School.

Problems under discussion included school board budget cuts, increases in class size, dismissal of "redundant" teachers, and other current concerns of teachers.

Florence Henderson, Acting Executive Secretary of the Federation, spoke on "Parent Relations: An Imperative". Helen Detwiler, trustee on the Hamilton Board of Education, spoke on "Political Reaction".

Organizers of the conference were Mrs. Jean Hewitt of Lambeth, Mrs. Marion Baird of St. Catharines, Mrs. Lynn Blakely of Toronto, Mrs. Doris Hutchinson of Bridgenorth and Mrs. Ruth Shepherdson of New Liskeard.

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District News..

Vernon

Our sympathy is extended to Mrs. Stewart Fisher in the death of a brother, Ross Munroe of Kemptville last week.

Twenty were present for the pot luck dinner held at the home of Mr. and Mrs. Donald McDonald on Tuesday night. Following dinner the annual St. George's Anglican vestry meeting was held when Rev. H.W. Lamble opened the meeting with prayer. The financial statements and budget were given and Mrs. Dick Sorensen was appointed vestry clerk and read the 1972 minutes. All reports were given and accepted as read. The election of officers resulted as follows: Rector's Warden, Mr. Norman Robinson; People's Warden, Mr. Freeman Acres; Treasurer, Mrs. Freeman Acres; Lay delegate to synod Mrs. Frank Acres; alternate, Mrs. Bruce Acres; Sidesman, Donald McDonald; Sunday School superintendent, Mrs. Donald McDonald.

New business was discussed and several items held over for a committee meeting. Dick Sorensen moved a vote of thanks to the McDonalds for the use of their home and Rev. Lamble closed the meeting with prayer. A social evening and lunch followed.

Little Steven Hill, son of Mr. and Mrs. Carson Hill was a patient in the hospital at Winchester for a week and returned home on Monday. Morgan Kinkaid is also a patient there as well as Mrs. Guy Legault, Mrs. Hartley Sheldrick, Mr. Carman Morrison and Mr. James Thomas. All will join in wishing these well and home soon.

Charles Acres was honoured at a birthday party held on Wednesday night at the home of Mr. and Mrs. Keith Holmes at Winchester. All members of his family together with their wives and husbands were present. A social evening was spent and refreshments served which included a birthday cake made by a grandson, Robert Acres.

Many from the area attended the induction service held at Metcalfe in the Anglican Church on Thursday evening when Rev. Horace W. Lamble was inducted into the parish of Metcalfe and Russell which also includes the church here and at Greely.

Bishop Robinson and several ministers were present and took a part in the service. Mrs. Bruce Acres was organist and the choir was from the Russell Church. Following the service a communion service was held. A social hour was then spent in the parish hall with refreshments served.

Our congratulations to Mr. and Mrs. J.A. Grummett of Dalmeny who celebrated their 60th anniversary last Sunday at their daughter's home in Ottawa.

Pleasant Valley

Mr. and Mrs. Robert A. Gilmer, Michael, and Ellie of Lynn were Sunday visitors of their parents, Mr. and Mrs. David Gilmer.

Messrs. Don Francis, Walter McShane were Monday evening callers at the home of Mr. and Mrs. Earl Gilmer. They were auditing the church books. The roads slippery so they came on their snowmobiles.

Mr. and Mrs. David Gilmer called on Mrs. John McGowan on Saturday afternoon. Mr. McGowan is still a patient in the Civic Hospital, Ottawa. Mrs. McGowan called on her husband on Friday. Glad he is feeling better after having the cold.

Sorry Mr. Alex Fatheringham fell on the ice this week and was taken to the Winchester Hospital. He did have to stay in the hospital. He is now confined to his home. All wish him a speedy recovery.

Mr. and Mrs. Lee Kennedy were callers in Morrisburg on Friday.

Mr. and Mrs. Preston Gilmer, Perry and Douglas of Millar's Corners spent Thursday evening with Mr. Hilliard Gilmer and Mrs. Mary Gilmer.

Mr. and Mrs. Earl Gilmer were callers at Morrisburg on Friday.

Sorry to learn that Mr. Ken Thorpe of Hulbert had the misfortune of losing his barn by fire on Thursday evening. Fortunately the cattle were all out but two or three.

Mr. and Mrs. Ken Hunter spent Wednesday evening with Mr. and Mrs. David Gilmer.

Messrs. Dwight Gilmer and Herbert Wallace attended the Presbytry Meeting held at Iroquois on Wednesday. The annual meeting of the church was held at the home of Mr. Hilliard Gilmer and his mother, Mrs. Mary Gilmer on Friday night. Rev. MacDonald opened the meeting with scripture, and prayer. A good crowd was present and Mrs. Earl Gilmer, secretary-treasurer gave a good report showing a very successful year. Messrs. Dwight Gilmer and Herbert Wallace gave a report on Presbytry. Ladies served a lunch and a social hour followed.

Federal Party Leaders To Put Country First

A plea to party leaders to "stop horsing around" was the essence of a resolution passed here last week by the executive of the Department of Church in Society.

The executive, composed of lay and clergy members from central Canada, expressed its concern over the current tendency in the federal parliament "to place party politics above the welfare of the country".

Unemployment, inflation, Canada's complicity in the war in Indo China, native people's rights and immigration were cited as "pressing issues" which demanded the undivided attention of members of parliament, in the opinion of the church body.

At the same time, confidence was expressed by the Department's executive that "with restraint and dedication the House of Commons as at present constituted, can give us good government".

"We call upon leaders in church and state, and any person who may be reached by this communication to strive to make the present system and its components work for the good of all Canadians" the resolution concluded.

Mrs. J. Morrice Hosts North Russell W.I.

Vice president, Mrs. Richard Morrow conducted the January meeting of the North Russell Women's Institute held at the home of Mrs. John Morrice. Twenty-five members answered the roll call.

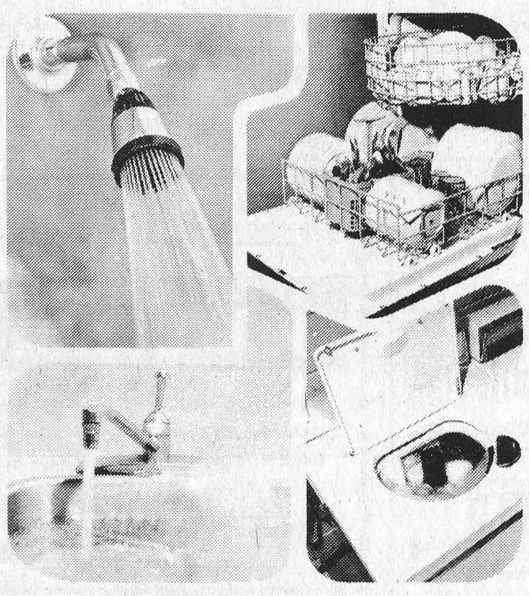
Following the business period Mrs. Gerlof Bakker, Citizenship Convener, gave the motto and read a poem.

Royal Canadian Mounted Police is celebrating its 100th birthday this year and Mrs. Richard Morrow gave a most interesting account of some of the accomplishments of the force.

Mrs. Bakker conducted a telephone contest and winners were Mrs. Keith Dugdale and Mrs. Orton Harrison.

Mrs. Hugh Graham won the door prize and Mrs. George Hitsman, the lucky cup contest.

A social hour followed with a dainty lunch served by the hostess assisted by Mrs. Keith Dugdale and Mrs. Ernest Hamilton.



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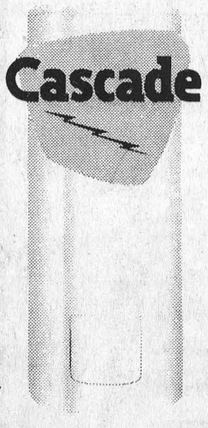

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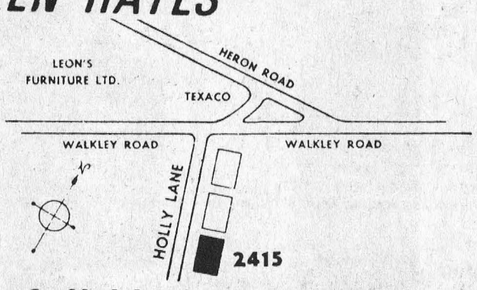

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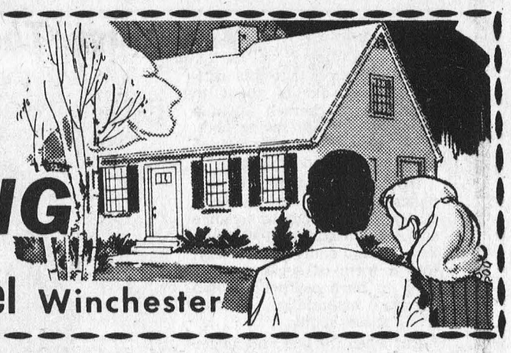


Press Tour

School Children See Newspaper Production



Winchester Press office was a lively place last Wednesday when over a hundred enthusiastic youngsters enjoyed guided tours and marvelled at the mechanics that go into the making of a newspaper.

It was 'Press Day' and consequently the girls and boys were able to watch the entire operation from the time 'news' is released by the News Editor till the finished product rolls off the huge press.

During the morning pupils from Winchester Public School made the tour and in the afternoon 37 students from St. Mary's Separate School, South Gloucester and 31 from St. Leonard's Separate School, Manotick watched the interesting process.

Winchester Cub Pack chose to come when machines were silent and visited on Monday night.

Mr. Workman was on hand to explain the initial operations and describe the initial steps while Mr. Raistrick held the students spellbound as he demontrated the large cameras, the plate burner, headliner and other intricate equipment in the make-up room.

It was only natural, however, that the huge Fairchild News King should prove the major attraction and the little ones watched in awe as the newspapers rolled off the assembly line.

In accompanying photo one group closes in for closer inspection of the big machine being operated by Phil Dorey.

Press Staff Photo

Bowling At Sutton's

January 24th
Happy Gang

Eleanor Marriner had the high single of 238 to win the high cross of 592.

Scores over 500 were Judy Fisher, 525 and Isabel Hitsman, 505.

Glamour Girls

Mary Levere had the high cross of 612, while Janet Holmes rolled a single of 250.

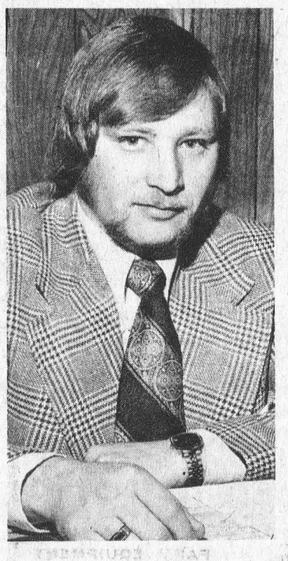
Over 500 were Elaine McLaren, 546; Irene Ouimet, 532; Anne Barkley, 510; and Ruby Dawley, 501.

Cards of Thanks...

CARD OF THANKS - I wish to thank my many friends, neighbours, and relatives, for the beautiful flowers, cards, letters of cheer, gifts, telephone calls, all who visited me, and remembered me in so many kind ways while I was a patient in Winchester District Memorial Hospital.

Special thanks to Dr. G.J. Slowey, Dr. C. Haythornthwaite, and Dr. D. Justus and to the nursing staff on 1st floor, for their kindness and care. Sincere thanks to Rev. John Boehmer, Rev. D.L. Gordon, and Rev. A.J. MacDonald for visits and prayers. These kindnesses will always be remembered.

Irene Whitteker
40P



Appointment

Biccum and MacIntosh Ltd. has announced the appointment of Larry Stevens as manager of the Chesterville branch.

Mr. Stevens, 25, is a native of the area, received his early education at Chesterville and has successfully completed his qualification course and obtained his agent's certificate.

The Chesterville office hours remain unchanged, 9:00 a.m. till noon, Monday through Saturday. For afternoon appointments, clients may call Winchester, 774-2832 or Chesterville, 448-2846.

CARD OF THANKS - We would like to take this opportunity to thank our many friends for their kindnesses, letters, cards, food and calls shown us while we were confined to our home with influenza and pneumonia for the past two weeks.

A special thank you to Mr. and Mrs. Arthur Moorehouse, Leila and Dalton Robinson and Dr. Barton. Also my mother's prayers, who is ill in the Hospital.

All are very much appreciated.

Vincent and Ruby Steele
40P

CARD OF THANKS - I wish to express my sincere thanks to all those who remembered me with cards, gifts and visits while a patient in Winchester District Hospital.

A special Thank You to Dr. D. Justus and Dr. Byers and the staff on First Floor.

Mrs. Helen Rice
40P

CARD OF THANKS - I would like to express my sincere thanks to all my friends, neighbours and relatives for their cards, gifts and visits while I was a patient in Winchester and Riverside Hospitals.

A special thanks to my own boys for all the chores they did so faithfully everyday; to those who provided transportation for my wife; the staff of the 1st and 2nd floor; Drs. Byers and Duane Justus and Father Cummings.

Thanks to all.

John Havekes
40C

CARD OF THANKS - The family of the late Mrs. Wm. Tripp, Winchester wish to express their appreciation to the neighbours and friends for their floral tributes, memorial gifts, cards and sympathy during our recent bereavement. Also thanks to Dr. Barton and nurses of Winchester District Memorial Hospital. These kindnesses will always be remembered.

40P

CARD OF THANKS - I wish to say a sincere thank you to all my friends who remembered me with cards, gifts, flowers and visits while I was a patient in Winchester District Memorial Hospital. Special thanks also to Dr. Duane Justus, Dr. Kinnaird and the nursing staff on 3rd floor.

Mrs. Dorothy Brown
40C

CARD OF THANKS - We would like to thank our friends, neighbours and relatives for their cards, gifts and good wishes we received on our 25th Wedding Anniversary.

Johnny and Audrey Whitteker
40C

CARD OF THANKS - To my wonderful neighbours a sincere Thank You. I'm leaving my old home on Highway 31 to reside in the Village and I take with me fond memories of many happy years. Your friendly farewell at the home of Mr. and Mrs. Earl Reaney will always be remembered.

Dave Ireland
40C

CARD OF THANKS - I wish to express sincere thanks to my friends and relatives for their many kindnesses while I was a patient in Winchester District Memorial Hospital. Your cards, visits, flowers, plants and treats were all sincerely appreciated. A special thank you to Dr. D.W. Justus, Dr. H. G. Barton, the nursing staff on first floor and to Rev. M.L. Atkinson for his visits and comforting prayers.

Mrs. Roy Baldwin
40C

CARD OF THANKS - I wish to express my sincere thanks to my friends who remembered me with visits, cards, flowers and treats while I was a patient in Winchester Hospital. Special thanks to Dr. D. Justus, Dr. W. Byers and staff on first floor.

Clark Curtis
40P

CARD OF THANKS - I wish to thank my relatives, friends, Henderson Lodge No. 383 A.F. and A.M. Winchester Chapter 310 Order of the Eastern Star, Winchester L.O.L. 862 for their kindness shown to me with flowers, cards and visits while a patient in the Winchester Hospital. Also thanks to Dr. Slowey and the staff on 1st floor.

Reg Strader
40P

CARD OF THANKS - I wish to sincerely thank everyone for the cards, treats, telephone calls and visits while I was a patient in the Kingston General Hospital and since returning home.

Floyd Whittaker
40P

CARD OF THANKS - To the South Mountain Fire Department, our neighbours and all others who assisted in anyway when we lost our barns by fire last Thursday night please accept our very sincere thanks. Special thanks to our neighbours, Mr. Buma and Mr. Hamilton. We are indeed very grateful to you all.

Mr. Kenneth Thorpe and son, Andrew
40P

O.P.P. Report

by R. W. O'Brien

"About School Buses"

There still seems to be some confusion with regards to the regulations of school buses as to when they activate their four way flashers and when they do not.

Section 120 (2) (a) and (b) of the Highway Traffic Act of Ontario states: "Where a school bus is stopped on a highway or part of a highway on which the maximum speed limit is greater than 35 miles per hour for the purpose of receiving or discharging school children, the driver of a vehicle,

(a) when overtaking a school bus on which the words "do not pass when signals flashing" are marked and two red signal lights are illuminated by intermittent flashes; and

(b) when meeting on such a highway, other than a highway with a median strip, a school bus on the front of which two red signal lights are illuminated with intermittent flashes,

shall stop the vehicle before reaching the school bus and shall not proceed until the school bus resumes motion or the signal lights are no longer operating."

As stated previously, the only time the four-way flashers are activated occurs when the speed limit is over 35 miles per hour. It is at this time that traffic in both directions must stop and wait until the flashers are deactivated or the school bus resumes motion, before moving again.

When the speed limit is 35 miles per hour or less, the common practice is for the bus driver to turn on his turn signal and pull over to the right hand side of the road before stopping. When this occurs it is legal for motorists travelling in both directions to pass the school bus.

A word of warning to motorists approaching a stopped school bus. If the bus is stopped and discharging students, be especially careful when the bus has pulled over to the side of the road where the speed limit is 35 miles per hour or lower. When a bus, with activated flashers, stops on the highway there is less danger of an accident involving children since the bus will not proceed until the children have crossed in front of the bus and are safely on the other side of the road.

In the other instance, the danger lies in the fact that the bus discharges the students and then departs leaving the students to cross the road after the bus has left. On a few occasions children, when leaving the bus, have been known to run behind the bus and attempt to cross the road before the bus leaves. This gives the child no chance to see if a vehicle is approaching the bus and it certainly gives no opportunity to the oncoming motorist to stop in time or take evasive action.

Remember, when meeting or following a school bus, drive defensively.

Penalties Mar Jet-Bruin Game At Spencerville

Referee Mel McCoy handed out 34 penalties, including seven misconducts, one game misconduct and five of the 5-minute variety in a St. Lawrence Junior 'B' Hockey League encounter at Spencerville last Saturday night.

The game ended in a 3-all tie but Metcalfe Jets picked up no less than 19 penalties including 4 misconducts and a game misconduct.

Each team scored once in the first period with Marty Kelly getting help from Lamadelaine and Pettigrew for Metcalfe and John Westrate notching the Spencerville marker.

Ken Kelly put the visitors one up at the one-minute mark of the second but two minutes later Jack Westrate evened the score. Norm Villeneuve put Jets one up before the period ended and Metcalfe held the lead till half way through the final frame when John Westrate, with his second of the night beat Rick Gauthier in the Metcalfe net and final score was 3 to 3.

Morrisburg Loyalists Trounce Gananoque In Exhibition Play

Morrisburg Loyalists though outshot 41-27 scored 5 goals to defeat Gananoque Merchants 5-3 Sunday night in Chesterville. This exhibtion game followed fireworks and a display by the Morrisburg Figure Skating Club to conclude the Chesterville Winter Carnival.

Little Doug Casselman and Jeff Brown gave the Loyalists a 2-0 lead before Rick Small and Barry Dickson tied the game. Allan Duncan broke the tie in the second, but Dewey Hall tied it up with 3 minutes remaining.

Two unanswered goals in the third by Bill Dillabough and Bob Joyal gave the Loyalists the win. Big Doug Casselman and Bob Carkner handed out 6 minors to the Merchants and 5 minors and a major to the Loyalists. Rick Droppo was the goalie for the Loyalists.

Chesterville's Carnival Queen dropped the puck to start the game. Glenna McIntosh of Chesterville was the winner of the 50/50 Draw of $34.50.

Potsdam Grads will meet the Loyalists in Chesterville, Friday February 9th.



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NOTICE

The Regular Meeting of the Council of the Township of Winchester for February will be held on Friday, February 2nd, at 8:00 p.m.

GLENN MacGREGOR, Clerk

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Robin Hood Assorted Pudding Mixes 27c
Boston Blue Fillets, lb. 59c
Glad Garbage Bags (green), 65c
Tomato Juice, 48-oz. 41c

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Side Pork, lb. 73c
Homemade Sausage, lb. 59c
Bologna, lb. 39c
Bulk Weiners, lb. 39c
Top Round Beef Roasts, lb. 1.19
Boneless Stew or Shoulder Roasts, lb. 99c
Wing Steaks, lb. 1.39

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IN MEMORIAMS

ATCHISON—In loving memory of a dear husband and father, John Forest Atchison, who passed away February 6th, 1967.
Silently the angels took father
Into the mansion above,
There shall he rest from earth's toil,
Safe in the arms of God's love.
—Wife Bertha and son Newman
40p

SHAW—In loving memory of a dear sister, Ethel Shaw, who passed away February 4th, 1971.
The years may wipe out many things,
But this they'll wipe out never,
The memory of those happy years
Which we have spent together.
40p —Elizabeth Christie

FAWCETT — In loving memory of a dear husband, father and grandfather, James A. Fawcett, who passed away February 3rd, 1970.
His life was earnest, his actions kind,
A generous hand and an active mind.
Anxious to please, loathe to offend,
A loving father and a faithful friend.
40c —Wife and family

McEWEN—In loving memory of a very dear friend, Mrs. Vida McEwen, who passed away February 4th, 1972.
"Gone, but never to be forgotten."
—Sadly missed by Jack and Leila, Bonnie and Dwayne, Heather and Barry. 40c

ATCHISON—In loving memory of a dear father, John Forest Atchison, who passed away February 6th, 1967.
I think of him in silence,
His name I oft recall,
There is nothing left to answer
But his picture on the wall.
—Daughter Gwen and family
40p

FEELEY—In loving memory of my parents, father, Thomas Feeley, who passed away September 8th, 1947, and mother, Rachel Feeley, who passed away February 6th, 1972.
Not just to-day, but every day,
In silence I remember.
40p —Daughter Mabel

IN MEMORIAMS

PARK — In loving memory of our parents, Mr. and Mrs. James Park, who passed away, Dad on February 4, 1949, and mother, January 7th, 1970.
Just a thought of sweet remembrance,
Just a memory sad and true,
Just the love and sweet devotion
Of we who think of you.
40p —The Family

COWAN — In fond and loving memory of our parents who passed away in 1971: mother, February 7th; Dad, March 7th, and a relative, Thomas Trainor, Februay 6th.
Always so good, unselfish and kind,
Few on this earth their equal to find.
Honorable and upright in all their ways,
Loyal and true to the end of their days.
—Harold and Evelyn, Joyce, Richard and family. 40p

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FOR SALE—The right soap for automatic dishwashers and washing machines, of which you only use half as much as other compounds, is waiting for you at Ormond General Store, R. R. 1, Winchester. Dial 774-2730. 39-40c

FOR SALE—Dining Room Suite 9-piece, buffet, china cabinet, table and 6 chairs. Very good condition. Tel. 989-5532. 39-40c

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Don't forget we carry Calf Pullers, Anti-Kick Devices, and if we haven't got it we will soon have the item for you.
And above all, we have the tastiest New and Old Cheese in the country.
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Lions Score In Overtime To Beat Rough Riders 6-5

A near-capacity crowd was on hand at Metcalfe's new arena last Sunday to see Ottawa football players on skates. Unfortunately illness and other committments made it impossible for several of the Rough Riders to be present but everyone appeared to thoroughly enjoy the interesting contest.

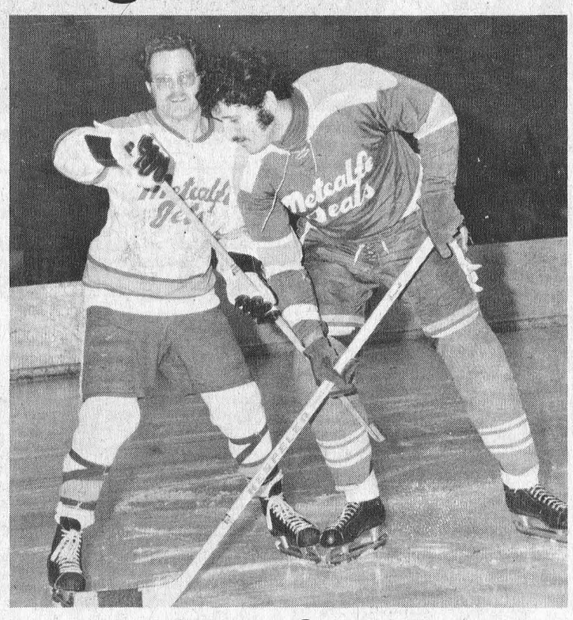
Elzeon Raistrick, president of Winchester Lions Club and an official referee, donated his time to help raise funds for the minor hockey program and experienced little difficulty controlling the game. Metcalfe referee Larry Gravelle assisted Mr. Raistrick.

Some of the football players were not as proficient on skates as on the turf but Billy Cooper looked like a real pro scoring twice and setting up Doug Collins for another. Moe Racine beat McCooeye in the Metcalfe net on a pass from Ron Woodward and also picked up an assist on the fifth marker which was scored by one of the Rider 'imports', Olin Dillabough. Billy Bishop, with a 'hat trick' led the Lions Club, with singles by Larry Corlyon, Gary Shaver and Harvey Pinkham. Pinkham scored the winner in overtime.

Reg Gamble handled announcements and the Lions squad was coached by Gerry Mullins.

Following the game both teams, along with their wives enjoyed refreshments in the 'Den'.

Organized by the Sports Committee (Gary Shaver, Peter McCooeye and Don McIntosh) all proceeds were directed to the minor hockey program and Mr. Shaver said he was very pleased so many had come out to watch, not only the feature attraction, but also the interesting exhibition by two Pee Wee teams under the direction of Jim Mulloy.



"Oops, Sorry"

Picture

Garry Shaver, Manager of Metcalfe Branch of the Royal Bank and member of Metcalfe and District Lions Club was instrumental in organizing last Sunday's hockey game between club members and Ottawa Rough Riders.

Unfortunately the football players do not own hockey sweaters and had to don a Metcalfe set, but this did not hamper their style.

In accompanying photo Shaver, left, decides discretion is the better part of valor and humbly apoligizes to Doug Collins for having 'touched' him.

Press Staff Photo

Patient Discharge Planning To Increase Efficiency

Patient discharge planning programs are one of the ways in which Ontario hospitals are making more efficient use of their facilities and cutting operating costs.

To assist hospitals who have not yet set up a program, or who would like assistance in improving their program, the Ontario Hospital Association has published a Patient Discharge Planning Program guidebook.

Announcing the guide OHA President Charles E. Boyd said that discharge planning would not only help hospitals cut costs, but would improve bed-usage efficiency.

The guide lists 50 of the most common diagnoses made in Ontario hospitals and lists the average lengths of stay as experienced on province wide and Canada wide bases and as experienced by two hospitals who have implemented a discharge planning program.

It then recommends that physicians in participating hospitals set their own discharge target dates based on the figures provided and the individual hospital's experience. The attending physician then notes the expected date of discharge on the patient's record.

On the day previous to the target date of discharge the date is reviewed and if possible the patient is released a day earlier than the target or on the target date.

If the patient cannot be discharged then the physician must note why the patient cannot be discharged and refer the case to the hospital discharge planning committee.

The guide suggests that the discharge planning committee, which is made up of physicians from the hospital, be responsible, in addition to reviewing medical records of patients still in hospitals after the target discharge date

. . . determine whether the patient still requires in-hospital treatment or make suggestions to the attending physician as to alternative accommodation.

. . . report on the effectiveness of the discharge planning and program and make recommendations on how discharge target dates may be improved.

. . . report on the adequacy of hopsital services to support the program.

. . . report on the adequacy of hospital services to aupport the program.

. . . recommend how the whole program may be improved including the co-ordination of patient care services both in hopsital and as provided in the community.

Mr. Boyd stressed that although the elimination of low cost patient time will reduce the "per case" cost it will increase the "per diem" cost as there will be more concentrated use of the hospital's facilities.

"Experience is showing, however, that the reduced length of stay is eating into waiting lists and is increasing the efficiency of the utilisation of the in-hospital facilities", he said.

"WAGES"

Continued from Page 1

ary 1st. The bulletin also contains a report on interpretations and decisions made on various sections of The Employment Standards Act.

The new minimum rates approved by Cabinet are: $1.80 for all employees in general industry except students and $2.05 for construction employees. A minimum rate of $1.45 has been set for students under the age of 18.

Mr. Guindon said an 18-year-old person today has all the rights, privileges and responsibilities of an adult and should not be expected to work for a rate less than the general minimum.

He said the policy of the Ontario Government has been to promote more equitable distribution of wages for work performed. For example, he noted that Ontario was the first province to actively promote equal pay for equal work.

He said the purpose of the minimum wage is to ensure the highest possible wage rate for low-paid workers while at the same time preventing unemployment among workers due to high labour costs.

Nepean Township Company To Receive $69,000 Loan

An Ontario Development Corporation performance loan will enable a Nepean Township firm to expand its facilities and almost double employment.

Industry and Tourism minister Claude Bennett has announced that Central Precast Products Limited will receive $69,000 toward the cost of a 10,000 sq. ft. expansion expected to cost $163,000. The company manufactures various types of precast concrete products and larger premises will allow it to add new products.

Dental Health Week Feb. 4-10

Painless Era Now At Hand For Dentistry

Ontario's dentists have an encouraging message for their patients during Dental Health Week, February 4-10:

Painless dentistry is almost here.

The old image of the dentist as the man who has to inflict pain on his patients while filling or extracting teeth should soon be a thing of the past, according to the Ontario Dental Association.

And as a result, the number of people who deprive themselves of proper dental care because of fear should drop to a small minority. At present, some extimates put the number of people who are frightened of dentists at about a third of the population. And the tragedy is that this fear was needlessly planted during childhood, dentists say.

Today's adults heard stories from their parents of dental agony in an earlier generation, and many do not realize the tremendous improvements which have taken place.

High-speed drills, improved techniques, and new furniture which eliminates the old "dental office" image have helped patients overcome their fear.

And while a visit to the dentist will probably never be a joyful experience, early and prompt treatment - before problems become severe - will keep discomfort to a minimum, dentists say. At the same time, the knowledge that you're taking good care of your teeth should be a sufficient incentive to "put up" with whatever discomfort remains.

On the horizon, according to dental researchers, are further new techniques which may eliminate the basic causes of dental disease, and hence of the need for most fillings and extractions.

Not all these techniques have yet been tested widely enough to ensure their success, but research now underway is expected to yield results in the next few years.

A British dentist, Geoffrey Smith, reports development of a vaccine which could reduce tooth decay by 90 per cent if further field tests prove up initial results. The vaccine is administered through four shots in the mouth followed by a booster shot and then annual innoculations.

Dental scientists are optimistic that some type of control will be developed to prevent decay. One study recently reported use of an enzyme called dextranese to control decay. The enzyme appears to attack and break up bacteria in the plaque which forms on teeth and leads to decay.

Tests in other parts of the world claim success in controlling pain in current dental treatment.

In the Soviet Union, an electrical anesthetic machine called Eloz-1 has been used to reduce by 80 per cent the pain associated with dental drilling. The device operates by reducing the pain signal from the tooth to the brain, using a light plastic clip attached to the patient's ear.

If that doesn't work, there's always acupuncture. Dental treatment has been reported to have been carried out painlessly in China using this ancient technique, and dental scientists are now investigating the possibility of bringing the prodedure to the Western world.

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The Valley Sportsman

by Bob Rosborough

Endangered Species

It is amazing at how many endangered species there are in Ontario. I have a book from the Department of Natural Resources, Ontario Fish and Wildlife Review, Spring-Summer '71, and in it, it tells of several animals, birds and fishes that are endangered. This book is a few years old but the situation hasn't gotten any better.

Birds listed as endangered in Ontario are the Greater Prairie Chicken, The Bald Eagle, the Peregrine Falcon and the Osprey. At present, with the exception of a small population of prairie chickens on Manitoulin Island, this species has become extinct in Canada. Strangely enough, hunting is not a major factor for this bird's disappearance, it likes to inter-breed with its cousin the prairie sharptailed grouse, and is breeding itself out of the picture. The other three species, the bald eagle, osprey and peregrine falcon, are all birds of prey and of course make their living by eating other animals. Because of this, these three are exposed to a large amount of residue from DDT (now banned but still with us) and other derivatives. Now, an adult may die from exposure to these but a recent survey has shown that the insecticides cause the egg shells to become very unstable and these species are dying off because the reproduction is not coming about.

One example of rare fish in Ontario is the Aurira trout. This fish was originally found in Timagami forest in White Lake and in two adjecent lakes Whirligig and Little White Pine. None have been taken from the latter two in the last ten years. Another example is the grass pickerel which occurs only in Southern Ontario, or a dwarf form of the lake whitefish found only in Lake Opeongo in Algonquin Park. The best example of near extinction is the blue pike (blue pickerel, blue walleye). It was once abundant in Lake Erie and Ontario and was a commercial product bringing in 12 million pounds annually during the mid 1950's. Destruction of the environment through pollution brought the catch down to an unbelievable 8 (eight) pounds by the mid 1960's. The commercial value of this fish is gone, and the fish itself may be extinct. Our most infamous loss is that of the Atlantic Salmon. Once abundant in Lake Ontario, industry, agriculture and the building of power dams spelled doom for this great fish. Several attempts have been made to reintroduce this fish but the only success has been in Trout Lake near North Bay where it is self sustaining. This now appears to be the only area in Ontario where this great commercial and game fish is found.

The only mammal listed as being close to extinction in Ontario is the Puma which appears infrequently from North Bay, White River and Kenora Districts. The last Ontario specimen was taken prior to 1908.

Reptiles make for a greater list. Snakes include the black rat snake, eastern fox snake, blue racer, queen snake, Lake Erie water snake, Butler's garter snake, Eastern hognose snake and the Eastern Massasauga rattlesnake. Only two turtles are listed, the spotted turtle and the Eastern spiny softshell turtle while amphibians include Blanchard's cricket frog, Fowler's toad and the small mouthed salamander.

All these species listed are near extinction in Ontario and none of them can be listed as endangered from overhunting or overfishing. At least not in the sense of sporting activities. Most have become endangered from environmental changes due to advance technology. This is why sportsmen are demanding that environmental studies be taken when large projects are brought forward to the public. Farmers for years have used DDT and when at last it was found out the dangers from DDT, they were asked to stop using it. This proved to be a fairy tale and the governments finally had to make DDT an outlaw among pesticides. This was the only way some farmers would stop using it. A case I know of personally and still makes me fighting mad, is the building of a new road between Smiths Falls and Perth. Outside Smiths Falls is a large swale that used to produce five and six pound bass in good numbers each year, as well as good size northerns, catfish, perch and other pan fish. There was a seven foot channel running under the bridge on the old road. However, when they built the new road they put in a large pipe culvert on the side of the hill allowing only about two feet of water to run through. This stupid, short-sighted act has caused this large swale to die except for muskrat and ducks. At the time, many sportsmen asked why the plans called for the culvert to be put there and the only answer outside of mind-your-own business was that it was less expensive and work to move the culvert to higher ground.

This is just one case and I dare say that each of us knows of another just as stupid and as bad. The next time you see something like this going to be done, please contact your MP and give him the details. If he just looks at you, then remind him of one very important fact. Hunting and fishing is big business and brings in over 20 million dollars annually through licences, gun and supplies sales and of course tourism. He'll listen then for sure. Also contact the nearest Natural Resources office and demand something be done. If you don't get satisfaction then go to the news media. If you approach a newspaper, radio or TV station with some facts and a conviction that something is wrong, you'll find them more than willing to listen.

Natural species are endangered only because man has come along and now is the time to start acting. There are many ways to help and if you pitch in maybe we can save a few of the endangered species before they pass like the passenger pigeon and the Great Auk.

Comments and letters are welcomed by the Valley Sportsman, Box 292, Smiths Falls, Ontario.

European Winter Mission For Ontario Tourism Leaders

Leaders of Ontario's tourist industry are among members of a two-week exploration mission now in Europe to examine at first-hand the Continent's famous ski resorts and hotel schools.

Second of a series organized by the Ontario Ministry of Industry and Tourism, the mission will familiarize with research and planning, financing, training and development of the European winter tourism plan.

Mission members from key resort areas in both southern and northern Ontario plan to include on their tour through Switzerland, Austria and France, the study of a complete area developed specifically for tourism and explore how such an operation might apply to Ontario.

The group will also visit renowned hotel schools in Lausanne and Salzburg and hopefully bring back home some of the lures which Europeans use to charm winter visitors from North America.

Leading the mission is Gene Nori, president of the Ontario Motel Association and owner of the Royal Hotel in Sault Ste. Marie.

Enthused by the success of the first like mission - - to Ireland last June - - Claude F. Bennett, newly appointed minister of Industry and Tourism, said the European mission was another vital step in developing Ontario as a four-season visitor playground.

Mushroom Farm Near Completion At Metcalfe

A new plant is fast taking shape at Metcalfe and when completed mushrooms will be grown in large quantities.

The Ministry of Agriculture and Food suggests fresh Ontario mushrooms add delicate flavor to many dishes. Although they are a luxury, their distinctive flavor in gravies, casseroles and stew is an enjoyable variation. Choose them with care and store them properly, say food specialists at the Ontario Food Council.

Top quality, fresh mushrooms have tightly closed heads, short stems and smooth, white, cream or brown, unblemished caps. Slightly opened caps, exposing the fluted underside or veil, indicates a certain loss of moisture, but not flavor or goodness. The veil should not be black at the time of purchase. When it is possible, select mushrooms by size, considering the use for which they are intended. All sizes equal flavor and there should be no waste.

Fresh mushrooms should be stored uncovered, in the refrigerator and used as soon as possible after purchase. When ready to use, wash quickly under cold, running water, then dry thoroughly. Cook mushrooms quickly, and add at the last to dishes requiring long cooking.

Do not soak mushrooms. They have a high water content and do not need more moisture.

MINOR HOCKEY WEEK FACES



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LEAGUE STATISTICS

by Lynne O'Brien
League Statistician

WEEKEND SCORES
January 26th
Winchester 5, Alexandria 1
Prescott 7, Spencerville 3
Morrisburg 6, Embrun 4

January 27th
Prescott 7, Cardinal 3
Metcalfe 3, Spencerville 3
January 28th
Alexandria 9, Spencerville 3
Winchester 6, Morrisburg 3
Embrun 8, Cardinal 3

UP-TO-DATE STANDINGS

SOUTH					
Morrisburg	27	18	6	3	39
Prescott	27	15	9	3	33
Cardinal	25	14	8	3	31
Spencerville	27	5	17	5	15

NORTH					
Alexandria	27	14	11	2	30
Winchester	26	11	14	1	23
Metcalfe	24	8	11	5	21
Embrun	27	7	16	4	18

TOP LEAGUE SCORERS AS OF JANUARY 25th

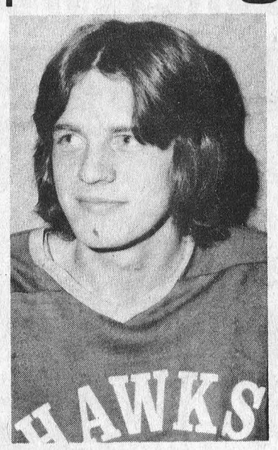
	G	A	PTS
M. Bourgeois, E.	30	23	53
B. McNairn, Mo.	18	33	51
G. Hess, Mo.	23	24	47
K. Kelly, Met.	15	31	46
R. Shepherd, A.	29	16	45
C. Irvine, Mo.	23	21	44
D. Byers, C.	23	19	42
P. Lapensee, P.	19	22	41
R. Boisvenue, A.	27	13	40
H. Gillard, Mo.	20	18	38
A. Hare, Mo.	19	19	38

FUTURE GAMES
February 2nd
Spencerville at Embrun
Alexandria at Winchester
Prescott at Morrisburg
Cardinal at Metcalfe

February 3rd
Spencerville at Cardinal

February 4th
Embrun at Metcalfe
Cardinal at Prescott
Morrisburg at Alexandria

Getting To Know Them



A HAWK

Lloyd Fawcett

Hawks put it all together over the weekend and upset the two league-leading teams in rapid succession. As is usually the case when a hockey team moves into the win column the success can be attributed to a concentrated team effort with every player pulling his share of the load.

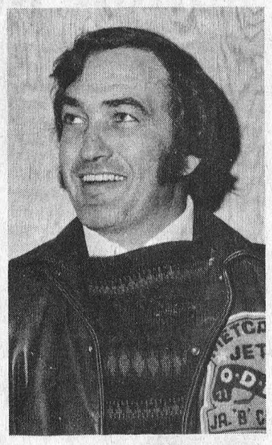
The local lads allowed only four goals in 120 minutes of rugged combat and this speaks well, not only for the netminder but also for the stalwarts who man the defensive posts and one Hawk playing an important role is Number 5, Lloyd Fawcett.

Although only 17 years of age Lloyd is six feet tall, weighs 170 pounds and has been a king pin on the Hawk defence throughout the season.

Last season, playing with Winchester Midgets he was voted the team's most valuable player by his teammates and awarded the Grant McLean Memorial Trophy.

A Grade 12 student at North Dundas District High School, Lloyd is a son of Mr. and Mrs. Keith Fawcett of Inkerman (home of the mighty Rockets).

If Hawks can continue to keep opponents off the score sheet much credit will have to go to this tall, rugged defence star.



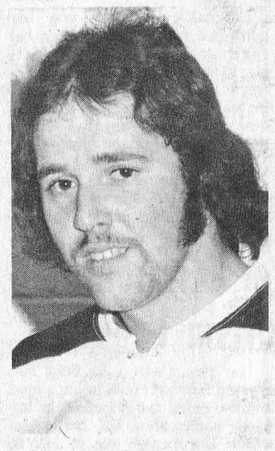
A JET

Don McIntosh

Hockey players, along with their often fiery coach, are well known to all fans. It is they who are always in sight and either gracefully accepting the plaudits of cheering supporters, or attempting to hide from a jeering mob.

It should be remembered, however, that teams could not operate without yet another guiding force. A force that functions smoothly and efficiently behind the scenes.

Metcalfe Jets have the good fortune to be under the capable management of the Metcalfe and District Lions Club. As might be expected the club administration delegated this project to the sports committee which, in turn, appointed two members as co-managers - - Don McIntosh and Peter McCooeye.



A '72

Don, shown above, is keenly interested in all athletic endeavours and has played an active role, not only in an organizational capacity but also as an active participant since he and his family moved to Metcalfe.

Mr. McIntosh is a son of Mr. and Mrs. Harrison McIntosh of Winchester and spent his boyhood days in the Ormond area. A salesman by trade his community interests are widely diversified. Because of his willingness to promote all community endeavours he is always in great demand, not only by the Lions Club but also by all community and church groups.

Don and Pete are striving to build a top-notch hockey club. A club in which all players work in close harmony with victory always the objective, but displaying true sportsmanship in times of defeat.

We think they'll do it.

Reynald Lafleche

Reynald Lafleche, better known to his teammates as 'Nall', is quick to name his two favourite players - Bobby Hull and Gordie Howe.

Because Reynald is only 5' 6" tall and tips the scale at 145 pounds he may find it difficult to pattern his play off the two brawny stars but he is considered by his coach, Jean-Paul Lafortune, to be one of the finest skaters in the league.

'Nall' is a lover of all sports activities and although hockey has to be rated top priority during winter months he also finds time for skiing and snowmobiling. During off months he keeps in shape with two other favourite sporting activities, swimming and football.

A son of Mr. and Mrs. Oscar Lafleche of St. Albert, 19 year old Reynald played Junior 'C' hockey with Crysler and later was with St. Albert in the Prescott-Russell League.

A Grade 13 student at Casselman High School he played three years with the school football team which possibly explains the fact he refuses to let his rather small stature hamper his hockey ability.

The speedy left winger admits he like the rough going and is confident his team will come on strong as the season progresses.

"I'm not going steady", he says, "and plan to attend University next year".

HAWKS HIT STRIDE

Seven Points Out Of First Place

Winchester Hawks, with two thrilling victories over the weekend, moved past Metcalfe Jets to within 7 points of first place Alexandria in the North Division of St. Lawrence Junior 'B' Hockey League.

Meeting the two division leaders in rapid succession proved a real challenge for the local boys but they proved more than equal to the task.

Encouraged by the ever-increasing fan support the determined Hawks got off on the right foot Friday night when they romped to a convincing 5 to 1 win over the high-flying Alexandria Glens. Determined to prove the big win was not just a quirk of fate they returned to the home rink on Sunday afternoon to overpower Morrisburg Lions 6 to 3.

FRIDAY

Although Alexandria notched the first marker of the game the relentless checking and the sharp play of Kevin Baldwin in the nets stifled repeated Alexandria attacks. Before the period ended Tom Kirkwood scooped up a McRobert's pass to tie the score and midway through the second period Bob Volks, on a pass from McClintock notched the first of three consecutive goals to put Hawks ahead to stay. For Volks it was to be a genuine 'Hat Trick'. Twice in a matter of minutes in the third period he banged home passes off the stick of Bob McClintock and as if to add insult to injury Glendon Moore tipped home number five, a sizzling shot from Clayton and Meerakker.

Referees handed out 14 penalties with only 6 to Winchester.

SUNDAY

Still riding on cloud nine after Friday night's victory Hawks served notice early that they intended to continue their winning ways. Led by the continuous fore checking of Joe Marriner and the defenisve play of Armstrong and Kirkwood, the Hawks put together an entire team effort.

Tom Kirkwood opened the scoring early when he broke in alone to beat Sindden. Before the period ended Rae Armstrong combined with McClintock and Moore to give the home team a 2 goal lead to take into the second frame.

Hess scored his first of two second-period goals to move the Lions back into contention but Clayton made it 3 to 1 on a pass from Volks as he outmanoeuvered two Morrisburg defenders, before Hess notched his second and the teams skated off with Hawks still enjoying the lead.

Marriner put Winchester two up early in the final period and although McNairn was able to add one for the Lions the handwriting was on the wall. Before the final bell sounded Hawks had added two more. One by Clayton with help from Armstrong and Kirkwood and the other by Armstrong unassisted.

Hawks outshot the Lions 48-32 on the afternoon's play. If the Hawks continue to serve up this brand of hockey the Winchester arena could be a very busy place come play-off time.

50/50 Draw winner on Friday night was John Anderson of Winchester taking home $73.50.

Ernie Mabo of Morrisburg took home $52.50 on Sunday.

South Mountain Bowling Report

Donna Burley was the top lady bowler at South Mountain last week with a total of 675.

In the men's division Denzil Allen compiled a total of 758 on strings of 212, 239 and 307 to lead the field.

Others high on the list included: Dale Boyd, 702; Don Durant, 693; Bill MacDonald, 648; Bill Gates, 626 and Jim Scott, 621.

"Westburg Union"
starts Feb. 9th
at the


Williamsburg

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Calendar Of Events

25th WEDDING ANNIVERSARY

A 25th Wedding Anniversary Party in honour of George and Shirley Cooper will be held on Friday, February 2nd, 1973 in Brinston Memorial Hall. "Open House" will be held from 2 to 4 p.m. and 7 to 9 p.m. Dancing from 9 to 1. Music provided by Mrs. Merkley. Everyone welcome. No gifts, please! 39-40p

HOCKEY MATCH

Hockey Match between Chesterville Old Timers (ladies) and Connaught Pre-Pensioners, on Monday night, February 5th at 9 p.m. in the Chesterville Arena. Admission Free. 40p

HOCKEY MATCH

A Hockey Match between Clements Feeds and Connaught Pre-Pensioners will be held Saturday night, February 3rd, at 10 p.m. in the Chesterville Arena. Plan to attend. Admission Free. 40c



EUCHRE PARTIES

Euchres will be held at the Orange Hall, Winchester, on January 17, 24, 31, February 7, 21, 28, March 7, 21, 28, and April 4, 18 and 25. Good prizes and door prizes and lunch. Admission 75c. 38-40c

STAMPVILLE SNOWMOBILE RALLY

Stampville Snowmobile Rally will be held on Saturday, February 10th. Starting time 12:30 from Brinston Hall. Entry fee $5.50. First prize, $25.00. Trophies and other prizes. Entry fee includes supper and dance featuring Country Cousins. Order tickets early. Tickets can be purchased at Johnny's Spot, Iroquois, or Call 652-2132. 38-40c

SKI-DOO RALLY AT RUSSELL

A Ski-Doo Rally or Race, sponsored by the Russell Bogie Benders, will be held February 17, 1973 starting at 12:00 noon. Supper and entertainment. Trophies. Entry fee $6.00. 38-43c

DUNDAS FEDERATION REGULAR MEETING

A regular meeting of the Dundas County Federation of Agriculture will be held the first Wednesday of every month at 8:00 p.m. in the Board Room of the Agriculture Office, Winchester, to discuss current business and topics of interest. Everyone welcome. 9tfc

WINCHESTER SNOWMOBILE RALLY FEBRUARY 24th

The Winchester Snowmobile Rally, sponsored by the Lions Club will be held on February 24th, 1973, in conjunction with the Winter Carnival. 38-40c

DUNDAS JUNIOR FARMERS ANNUAL MEETING

The Dundas Junior Farmers' Annual Meeting will be held on Saturday, February 10th ,1973, at Hallville United Church at 8:00 p.m. Guest speaker, Nelson Hawn. Refreshments to follow. 40-41c

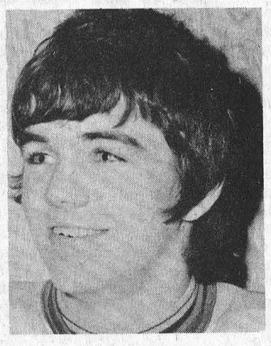
VALENTINE DANCE

A Valentine Dance, sponsored by the Williamsburg Legion, will be held in the Williamsburg Legion Hall on Saturday, February 10th. Music by Kenny Wise's Band. 40-41c

HOSPITAL AUXILIARY MEETING

The next regular meeting of the Winchester District Memorial Hospital Auxiliary will be held in the Hospital Board Room, Winchester, on Thursday, February 8th, at 2 p.m. Your attendance is urgently requested. 40p Kathleen Flucke, Sec'y.

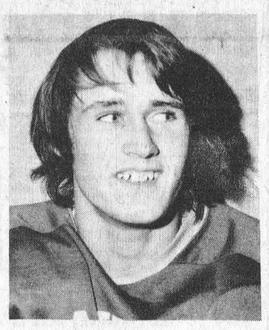
METCALFE JETS IN THE NEW ARENA


Marty Kelly

Friday, Feb. 2nd
CARDINAL at METCALFE
at 8:30 p.m.

Sunday, Feb. 4th
EMBRUN at METCALFE
at 2:30 p.m.

Junior B Hockey


Glendon Moore

ALEXANDRIA GLENS
VS
WINCHESTER HAWKS
at 8:30 p.m.

FRI., FEB. 2nd

Winchester Community Centre

FAMILY STYLE ENTERTAINMENT
Winchester
DOORS OPEN 7:00 P.M. CONTINUOUS FROM 7:30

Thurs., Fri., Sat. February 1-2-3
"THE BISCUIT EATER"
BY WALT DISNEY
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More Seats Available on Thursday Night

Sun., Mon., Tues., Wed. Feb. 4-5 6-7
"THE BIG DOLL HOUSE"
Starring Judy Brown and Roberta Collins
A Hard and Fast Prison Picture
ADMITTANCE RESTRICTED
"THE NAKED ANGELS"
Starring Richard Rust and Jennifer Gan
A "Hell's Angel" Thriller

GREELY 2nd ANNUAL WINTER CARNIVAL

February 9th, 10th and 11th

CARNIVAL QUEEN CONTEST

Friday, February 9th - 7:30 p.m.

SPECIAL GUESTS

Petra Burke, Olympic Figure Skating Champion 1965, World Figure Skating Champion 1966.
Lynn Lawson, Miss Ottawa Rough Rider; Caroline Massey, Owner of Justine Boutique; Max Roux, Batik Artist.

TEEN DANCE	BROOMBALL
LOG SAWING	SNOWMOBILE RALLY
HOCKEY	TUG-OF-WAR
ROLLING PIN CONTEST	SLEIGH RIDE
POT LUCK SUPPER	CARNIVAL DANCE

For more information call 821-2172 or 821-2066

IMPORTANT NOTICE

RE: ORGANIZATION OF

Village of Winchester Recreation and Community Centre Board

COUNCIL

Robert Carkner — Keith Marquette

Winchester Recreation and Community Centre Board

George Davidson — Ron Workman — Jim Helmer — Keith Henry

ARENA COMMITTEE
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Florence Helmer
Erwin Skuce
R. Carkner, (C.)
K. Marquette, (C)
Verna McRoberts
George Bloom
Ron Timmins, Mountain Twp.
R. Porteous, Winchester Tp.

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Ron Workman, Chairman
Bill Johnston
H. Manchester, (C)
Dave Sloan
Reg Fetterly

ACTIVITIES COMMITTEE
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Florence Helmer
L. Gray, (C)
H. Manchester, (C)
C. Gruich
E. Raistrick
D. Erwin, Mountain Twp.
R. Porteous, Winchester Tp.
Grant Edwards

POOL COMMITTEE
Keith Henry, Chairman
Norma Duncan
Bill Johnston
Ron Workman
L. Gray, (C)
N. Gruich
D. Rose
K. Guy

Raymond Annable, Clerk,
Village of Winchester

WINCHESTER Press

Second Section
Volume Eighty-Five
Thursday, February 1st, 1973

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EDITORIALS . . . *the way we see it!*

Fall Fairs Not Carnivals

One might wonder at the wisdom of mentioning fall fairs in mid-winter but very noticeable in this week's newspaper, and other weeklies across the province, are reports of annual fair board meetings.

True, another summer will have passed into history before prize exhibits are once more put on display, but it is at this time of year administrators study reports of activities at the last fair and begin planning for the next.

Most who enjoy the fun-filled days and nights of Fall Fairs little realize how many long hours have been spent in committee rooms and at the executive level by those whose task it is to make each succeeding exhibition just a little more exciting, a little more interesting and possibly a little more profitable. With each succeeding year that task becomes just a little more complex.

Vast changes on the agricultural scene have taken their toll and consequently many smaller fairs have been forced out of the picture. On the other hand some have grown in stature and it is here important programming decisions must be made early in the season.

There are those who believe the fair would benefit if less emphasis was placed on agricultural exhibits, and more activities centred around a carnival atmosphere. Fortunately, we think, such policies are still being voted down, thanks to the wisdom and understanding of experienced executives.

As cities grow and farmland diminishes the demand for genuine agricultural shows will increase, and Boards continuing to play their spotlights on the farmer and his produce can look to the future with optimism.

Survivors Not Always Lucky

Hospitals, that house so much suffering, also see a lot of cheerfulness. Doctors, nurses and other workers show pleasant good humour at all times; and the patient who does not make an effort to joke and smile when possible, is an exception.

Throughout the day wards and corridors hum soothingly with quiet activity and pleasant voices. But not everywhere. Some rooms are quiet, all the time. So quiet that sometimes a nurse will take in a portable radio to lighten the silence, while she attends to the needs of the patients.

They are the men and women with brain injuries, lying motionless in a coma. Many of them are victims of traffic accidents. A disproportionate number are motorcyclists, who found they couldn't stop quite as fast as the transport ahead, says the Ontario Safety League.

Some of them will recover completely. Others, if they lie in a coma for more than a couple of weeks, may get back their physical strength, but suffer loss of memory and other mental impairment. Others will stay in a living death for a year or more before they cease to breathe.

A traffic fatality will always get into the newspapers, and sometimes into the headlines. But highway injuries are so commonplace that, as a rule, they are of interest only to the relatives and friends of the victims.

The statistics of traffic fatalities are a totally inadequate index of the total human suffering caused by selfish and reckless driving. Ontario traffic deaths in 1971 totalled 1,769, but there were another 84,650 people non-fatally injured. This follows the usual pattern — several dozen injuries for every one who dies in traffic. Sometimes those who die at once are the lucky ones.



Life's Redemptive Forces

by Rev. Gordon C. Smyth

In "The Pilgrim's Progress" when "Christian" set out on his hourney to the City of God, he found himself weighed down by a great burden of sin. The going was hard until, through the grace of Christ, this burden was rolled away.

We, too, are on a Godward pilgrimage. We find ourselves bent beneath burdens. There is the burden of moral instability. There is the burden of monotony. There is the burden of life's seeming futility. There is the burden of our finiteness. The touch of God's spirit alone gives nerve and direction. When the human soul finds God, it has found redemption.

But how do we find God? I believe the search of man for God is surpassed by the search of God for man. Read the 139th Psalm. "The hound of heaven" is always on our tracks, following us, as Francis Thompson wrote, relentlessly and "with unperturbed pace", never in wrath but always in mercy. A divine spark disturbs our human clod.

Out of the confusion and mystery and grief of life there often come to us, unsought and unsolicited, radiant intimations of a richer and finer existence. In suggestions of the beautiful, in expressions of sympathy when we love and are loved, in the unfolding of truth, we may feel the touch of a redeeming God.

This is the most holy Trinity - - - the trinity of Beauty, Love, and Truth.

Beauty is one of the highways to God. To some people, indeed, it seems to be the only avenue, so imperious may the thirst for beauty become. At any rate, all os us do well to travel this road. The most arid soul imaginable must sometimes be watered by the beautiful. I cannot conceive of any human being so utterly insensitive to the charm of color or sound that he has never stopped in his tracks to watch the western sky aflame with the dying sun or to listen to the laughter of a brook as it hurries on its way to the lake. The saturation of the soul with the beautiful is one way in which God reveals his glory to man.

Next to Beauty, in an ascending scale, I place the ministry of Love. Who has not felt its redeeming power? The men and women who stood by us in times of disappointment, the human lives who rescued us from ourselves and inspired us to saving ideals - - - these bear witness to the triumph of Love. Take sacrificial love out of our experience and what a blank or dreary world it would be. When love enters life, it is the clothing of a loving God.

And yet Beauty and Love cannot bring us our needed redemption, unassisted. They require the reinforcement of Truth. No false position in politics or science or religion can long assure peace to the person who maintains it. What is the root of social unrest? Why is the movement towards organic union faltering on both Anglican and United Church sides? We have thus far failed to be sure that our economic arithmetic and spiritual algebra are correct. By truth we are saved.

And so, there are these three avenues to the heart of God - - Beauty, Love, and Truth. Some people radiate these qualities by their very presence among us. When we are near them, we yield to the lyric spell of their beauty; we respond ot the lovableness of their personality; and we know that, in their presence, no falsehood can go unrebuked. These people constitute the elect of every generation. They unfold God's heart to all who come in contact with them.

And such a man, preeminently, was the Man of Galilee whom we do well to call our divine Redeemer. He is the essence of beauty of character. He is the supreme manifestation of sacrificial love. He is the revelation of eternal truth. By him we come to God. In him God comes to us. Fortunate are those pilgrims on life's lonely road who have such a Savior fulfilling their redemption!

"I heard the voice of Jesus say,
'I am this dark world's light;
Look unto Me, thy morn shall rise,
And all thy day be bright:!
I looked to Jesus, and I found
In Him my Star, my Sun;
And in that light of life I'll walk
Till travelling days are done."



Bill Smiley

. . . A Sell Out By Any Other Name

Recent new stories about fuel shortages in New York city and a number of north-eastern states must have been a real shock, not only to many Americans, but to every thinking Canadian. I know it shook me, when I considered the implications.

It was the first strong warning of what's to come — a world-wide shortage of fuel and energy. And that's a frightening prospect.

Experts have been issuing warnings for years, but these usually consist of an article in the Saturday supplement, easily forgotten or ignored.

I'm no expert, but any school child knows that there is only so much oil and gas in the earth, that there is only so much water-power to be harnessed, and when that's gone, it's gone. For good.

Already parts of the U.S., especially the heavily industrialized and populated east, are on the verge of a crisis in the fields of energy and water.

What happens in the States will inevitably happen in Canada, though it may take a little longer, because of our much smaller population and much greater reserves.

But unless science can come up with some new, cheap means of producing energy and fresh water, things are going to be pretty shaky by the turn of the century.

Perhaps, as always, it's the only way man can learn anything — by having it shoved down his throat.

Perhaps we won't stop wasting energy resources until we're reduced to the point where we're cooking dinner over a fire of buffalo chips, as the pioneers did. Except that there won't be any buffalo to provide the chips.

Wouldn't you think that Canada, having witnessed at first hand the ravages the Americans have made on their own resources, would have learned a lesson?

Wouldn't you think that we'd be hoarding carefully, with an eye to five hundred years from now, our dwindling resources? Wouldn't you think that our so-called leaders could see more than twenty-five years ahead? Many of them seem to be thinking no farther ahead than the next election.

One of these fine years, unless we begin to conserve and preserve, there'll be an Old Mother Hubbard story that will wreak untold misery on millions of humans.

But that's an old tale, of course, in this country. Through a combination of human greed, short-sighted leadership and plain stupidity, Canadians have been content to continue their century-old role as hewers of wood and drawers of water, and to sell anything they could to foreign investors: British, American and European.

There's a great lot of red-hot nationalism in our country these days. But ninety-five per cent of it is words, words, words.

The people who make the real decisions are not the writers, painters, students, but the cold-eyed, grey-haired men who sit in the board-rooms, and would sell their grandmothers into slavery if the interest rates were right.

They're the babies who have looted our forests and mines and are currently pawning our energy resources. And they're the birds, with some notable exceptions, who take off for the Bahamas or Switzerland when the taxes get rough and they've made their pile.

To most of them, the unemployed are an unfortunate statistic, the poor a necessary nuisance. They know where every nickel of government handouts is. They know every tax dodge. They are the real and only second-class citizens of this country.

Holy smokes! I'm beginning to sound like a communist agitator. I'm not. I just get sick at heart when I see what's happening to the country I love.

Talk about being sold down the river! We're being sold down all our rivers and all our pipelines as well.

Canada might be compared to youth. Youth can, and does, burn up energy without a thought for the morrow. He can dance and drink all night, stand all day in the rain, hitch-hiking, sleep on the floor, ski all day on weekends and sleep all day in school.

But imperceptibly, and then suddenly, the youth is middle-aged. The luxuriant hair falls out, the belly thickens, the pace slows, and the joints begin to ache. The energy has been burned up, much of it uselessly, and the cupboard grows progressively bare.

Is that what we're doing today in our comparatively youthful country? Are we going to wake up with no hair, arthritis, and a pot belly with nothing to put it it?

And while this is taking place before our eyes, the politicians chatter like parrots, jockeying for position, their eyes fixed irremovably on the past.

I've no solution. The only thing I might suggest, in view of the energy crisis, is that all the politicians in North America be laid end to end. They'd make an admirable pipe-line, of just the right girth. And they'd produce enough natural gas in one session to stave off the crisis for years.

The Argyle Syndicate

FOR GRENVILLE-CARLETON

Walter Baker Reports

THRONE SPEECH DEBATE

The Throne Speech debate ended and the Trudeau Government was given the go ahead to legislate. Like all Canadians, I await with some considerable anxiety to see behind the lofty phases of the Speech from the Throne - all Canadians, whether farmers, public servants, working men and women, the unemployed, the pensioner and those in need of housing want to see the substance. I made my maiden speech in the House of Commons on January 12th, 1973 in that Debate.

FOOD PRICE COMMITTEE

The first matter of substance before us was a government proposal to set up a Joint Committee of the House of Commons and the Senate to study the trends in food prices. If the problem was not so serious, one might be amused. Any housewife can tell you about the trend - it is upward and at an alarming rate. The Official Opposition moved an amendment to remove the Senate and for good reason - the Senators certainly did not go door-to-door to meet those caught in the spiral of inflation but every Member of the House of Commons did and there is no mistake in minds of any of us as to the message - the public is demanding a break in the inflationary cycle and they will not tolerate any attempt to tuck the issue away where it cannot be seen.

On Thursday last week the House of Commons completed the Debate on the establishment of the Committee. As a result of a Progressive Conservative amendment, which the House approved, it is to be a Committee of the House of Commons only. Having regard to the emergency in food price increases, it must report back to the House within 60 days.

I took part in the debate in the House and stressed the necessity for the Trudeau Government to support the Committee, not just by lip-service, but by allowing the Committee to scrutinize the government's contingency plans for wage and price control which it says it has and by telling the country what criteria would be evaluated and applied to bring the government to impose wage and price control. If my mail and my telephone calls are any indication, the housewife is prepared to accept a system of temporary wage and price control. Because of feed-back from the constituency, I felt that I had to speak out in the Debate.

STUDENT VISITS TO PARLIAMENT HILL

I have had the pleasure of welcoming to Parliament Hill various student groups from Sir Robert Borden High School and Bell High School. Over the next few weeks, there will be others. If any school or other group would like to visit the Hill, tour the Building and see the House in session, please call me and I will be happy to assist in the arrangements.

VISITS TO SCHOOLS IN THE CONSTITUENCY

This month I was invited to be in the "Hot-Seat" at Manotick Public School and in February I will be going to Osgoode High School for the same purpose. I welcome this opportunity to discuss the issue of the day with students. Their questions are direct and the discussion is lively. I think this type of informal discussion is a good thing and not just for the students but also for the M.P.

LOOKING AHEAD

As this column is being written, the House is in the midst of the debate on amendment to the Unemployment Insurance Act, which was so significant during the campaign. Urban Affairs Minister Basford says that we will soon be dealing with amendments to the National Housing Act which are of vital importance to the life in the crowded urban areas of Nepean and to the prospects of neighbourhood re-development that has been stalled in Prescott and all centres over the last few years. The whole position of the federal government in matters of transportation, land-banking, the construction of service and the availability of land for adquate housing for Canadians will be reviewed in that debate. This will be of great significance for Grenville-Carleton. In addition to that, we will soon be discussing Capital Punishment - this is a moral issue and people have expressed themselves on the question by letter and telephone every day. This debate is bound up in the whole question of parole, bail, temporary absence and the delicate balance between the rehabilitation of the criminal on the one hand and the protection of the society on the other. It may prove to be one of the great debates of this Parliament and your thoughts and views on all of these matters are more than welcome and appreciated.

If you wish to speak to me call me at 992-4394 or 225-5633 during the day or at my home, though I am afraid I do not spend too much time there. I have made it a point to return all calls myself. If by chance I am in the House or at a meeting, leave your number and I will get back to you.

Please address all mail, postage free, to :

Walter Baker, M.P.
House of Commons
Ottawa, Ontario.

The Seventh Column

Here it is February 1st — the beginning of "HEART MONTH" — and again the Canadian Heart Fund solicits support. Heart disease kills about 77,000 Canadians each year and many of our friends who contributed generously only one short year ago must now be numbered among the victims. More than 2,500,000 Canadians suffer from some type of heart disease and every hour of every day nine Canadians die of the dreaded malady. Let's all welcome the volunteer canvasser with a generous donation so that more will live — yours, or ours, could be the life saved.

There are many things in our fair town of which we have good reason to be proud, but Main and St. Lawrence Streets are not two of them. It's an ill wind, somebody once said, that blows no one good. Those of us who travel the above mentioned thoroughfares will have to agree if such benevolent breezes do prevail, they most certainly blow in the direction of the nearest garage or body shop.

We beg to be forgiven if some reader feels the Christie Cups are mentioned too often. The opinion here is that possession of the beauiful silverware not only places a club in a very enviable position but also labels its members as undisputed district champs. Rumours emulating from the other three eligible clubs seem to substantiate a statement made last week by a prominent member of the Russell club. Standing in his clubroom gazing at the glistening mugs he remarked, "Since few skips have the courage to face Bill and Frank, we'll likely be dusting them off all season." Well, Howie, Bruce, Ray, Charlie, Bill, Mike, how do you like "them apples"?

Some claim June is the month when a young man's fancy turns to thoughts of love, and wedding bells peel out across the countryside. Way we see it, June is just the happy ending. The young man's "fancy" begins to turn during the months of February and March when spotlights reveal the exquisite beauty of so many Carnival Queens. You can prove this theory yourself. When at the next carnival try taking your eyes off the lovely lassies for just a few minutes and take a gander at the starry-eyed young men. You'll agree the "trap" has been set and they're already "nibbling" at the bait.

Al Levere, Prescott Journal sports writer, reported a recent game with a headline that went something like this - "Saints Teamwork Dazzles Defending ODHA Champions." Mr. Levere played on that championship team and we don't recommend an early visit to his old dressing room. He could find himself so "dazzled" he'd be seeing stars for a week.

If football organizers ever decide to play the game on ice then Ottawa Rough Rider Billy Cooper will command the highest salary in the land. Riders and Metcalfe Lions members donned hockey equipment last Sunday afternoon and many fans doubted the identity of the football star. They thought it was Bobby Orr with a moustache. Winchester Lions president Elzeon Raistrick handled the game with his usual efficiency but was forced to hand out penalties when big, burly Roy Porteous took unfair advantage of Doug Collins.

All members of Winchester sports fraternity are pleased to have Cpl. Graves back on the scene. The Corporal was confined to hospital for a couple of weeks and it's good to see him back at his old stand on Centre Street — even if it does mean laying in an extra supply of cigars.

Found a few idle moments to watch Embrun 72's at practice last week with Jean Paul Lafortune planning the strategy. A few nights later, here in Winchester, we dropped into the Hawks' dressing room and there, at the blackboard, was Ed Duncan. Now if the Jets can only get Erwin Duncan (the other third of that once-famous Rocket forward line) back on the blades, fans might look forward to a real threat. Fast, rugged games with hockey know-how predominating, rather than foolish penalties.

Most will agree clergymen have that unique gift of always saying the right thing at the right time. Novices, however, sometimes do become a bit confused. Once a young cleric visiting a parishioner and hoping to make the right impression, admired the baby remarking, "What a delightful baby, and how old is she?" "Just five weeks," replied the proud young mother. "Well, well!" said the young minister. "Your youngest, I suppose?"

And then, of course, there was the little girl who remarked to her mother, "It ain't the school I don't like, it's the principal of the thing."



Young Delegate

One of the youngest delegates to the recent Ontario Milk Marketing Board Annual Meeting is given a helping hand by Cathy McRae, 1972 Dairy Princess for Lanark County, left, and Valerie Bradford, 1972 Haldimnad County Dairy Princess. As a grass roots delegate, the calf had first hand knowledge of the current dairy farm situation, but declined to comment on the subject.

Snowmobiles May Damage Or Delay Spring Crops

Snowmobiles can be an enjoyable form of recreation during the winter months. However, snowmobilers should take care when running their machines on farms. Under certain conditions, winter-killing or delayed spring growth can occur to most wintering crop plants, says R.S. Fulkerson, Department of Land Resource Science, University of Guelph.

Alfalfa, clovers, winter wheat, and other crops are more likely to be injured than the forage grasses commonly found along roadsides, old pastures and waste areas. Running over such crops when they are covered with a wet, packing snow is more likely to cause damage than when snowmobiling on light, dry snow. Consequently, during prolonged mild weather or when the snow is melting in the spring, more crop injury is likely to occur.

The insulation provided by snow prevents winterkilling of crops by creating millions of air spaces around the plants protecting them from the freezing air. Snow compacted by snowmobiles is extremely dense with very few air spaces. Ice often forms under snowmobile trails, particularly toward spring. Compacted snow and ice kills the plants.

When snowmobiling, remember to stay off legume meadows and winter cereals. In areas with only a light, 2 to 3 inch snowcover or under packing conditions, choose carefully the trails you want to take.

Information Meeting Dates

T.W. Clapp, Dundas County Agricultural Representative, has announced dates for several information meetings during the month of February.

These meetings, says Mr. Clapp, are centred around questions farmers have been asking this winter and should prove very beneficial.

Questions concerning feeding of heifers, cheaper protein supplements, how to get municipal drains cleaned or reasons for high bacteria will all be answered.

Meeting dates are as follows:
Thursday, February 8th - Brinston Community Hall - 1:00 p.m., "Raising Dairy Heifers". Speaker - Gary Buck, Dairy Cattle Specialist.
Thursday, February 15th - Brinston Community hall - 1:00 p.m., "Silage Additives and Protein Supplements".
Tuesday, February 20th - Winchester Community Centre - 1:00 p.m., "Drainage Law Day".
Thursday, February 22nd - Brinston Community Hall - 1:00 p.m., "Milking Management".

Ontario Dairy Market Sharing & Subsidy Quotas

Producers of manufacturing milk and cream throughout Ontario who do not meet their quota requirements during the current dairy year will not have their quotas reduced for the 1973-74 year.

This announcement was made today by the Canadian Dairy Commission.

The action is being taken after consultations between the Commission, the Ontario Milk Marketing Board and the Ontario Cream Producers' Marketing Board. It applies both to the Commission's subsidy quotas and the market sharing quotas administered by the two provincial agencies.

It is an extension of action taken in August when waiving of revision of the quotas was applied to quota holders in a number of Ontario counties and townships severely hit by adverse weather.

The three agencies have been assessing the situation since their original announcements in August. While weather conditions have not been as severe in the rest of the province to which the waiver is being extended, they have been such as to create difficulties for dairy farmers in attempting to retain their production levels.

In normal practice, if a producer ships less than 75 per cent of his quota during a dairy year, his quota for the following year is reduced by the amount which his deliveries were below the 75 per cent.

Co-op Develops Hardy New Alfalfa Variety

A newly-licenced alfalfa variety, Weevlchek, has been put on the market by United Co-operatives of Ontario.

It's a first for the province's largest farm and urban supply business, which in the past ten years has also established its own corn varieties.

"Weevlchek is an extremely persistant alfalfa that won't thin out or disappear for at least four years under normal Ontario conditions," says UCO's seed manager, Frank Stone.

He explains that its persistance stems from a high resistance to normal alfalfa enemies such as bacterial wilt, leaf spot, and leaf hopper.

Weevlchek was developed by a U.S. co-operative organization of which UCO is a member, Farmers Forage Research Co-operative of Indiana. It's been recommended by the Ontario Forage Crops Committee, and the Ontario Ministry of Agriculture and Food.

Easy to establish, Weevlchek is similar to Vernal alfalfa - - fine stemmed and with a comparable maturity date - - but has proven more productive in some tests. It also has distinctive, dark green leaves.

The new variety is only available at the CO-OP.



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1973 Crop Tips

The weather last fall prevented many farmers from harvesting their corn crops on time, and in some cases made it impossible for fall plowing. However, corn stover left standing over the winter can be beneficial, particularly on sloping land, says Professor J.W. Ketcheson, Department of Land Resource Science, University of Guelph. Many soils, particularly the more coarsely textured ones, will produce equally well with spring plowing.

The snow retained by the corn stalks acts as an insulator, reducing the depth of frost penetration, and allowing water to percolate through the soil during melt periods. In this way surface run-off is avoided, lessening potential sources of pollution to streams and groundwater, and reducing gullies that interfere with machine operation. Increased water infiltration prevents the loss of soil and soil nutrients. The soil will warm up faster in the spring with reduced frost penetration and will be ready for planting earlier.

Corn stover can be cut or shredded in the spring before plowing if difficulties are anticipated in covering the materials. In most cases this is unnecessary. Heavy-duty cultivators can also be used in place of the conventional mold-board plows. When extensive acreages of sloping land are devoted to corn or other row crops, "no-tillage" type of preparation should be used to prevent erosion. No-tillage preparation requires planting equipment that can cut through residues and untilled soils. Corn is then planted directly in the undisturbed residues.

Corn stover plowed into the soil in the spring does not require any more nitrogen fertilizer than would be used for a similar crop without stover return. Fertilizer supplying 90 to 120 pounds of nitrogen per acre is usually the maximum per year. If manure is used, or legumes are plowed down prior to the crop, much less nitrogen is required.

If you have to spring plow, plan ahead now to make the best use of valuable time.

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Homegrown Protein Should Be Preserved Properly If You Are Going To Minimize Protein Purchases

WHY?

Excessive heating during the curing process of any type of hay causes a reaction to occur between proteins and sugars in the forage. Most dairymen call this caramelization. The resulting hay usually is very palatable to cattle, but results indicate that it has a lower feed value. The caramelization is due to a reaction between plant proteins, sugars and water, which results in an insoluble, indigestible product. The protein in this product is INDIGESTIBLE and NOT AVAILABLE to the animal. The soluble protein also is affected adversely, causing it to be less utilized.

Experiments have shown that any amount of heating can cause an increase in this reaction. Of 34 samples taken from various types of silos, 30 samples had excessive heat damage. A highly significant relationship was found in these tests, that the drier hay silages usually contain increased proportions of unavailable protein.

WHAT CAN YOU DO?

Good hay silages with minimum heat damage is made by excluding air from the ensiled forage. An OXYGEN CONTROLLED STRUCTURE is a prime requirement.

HELPFUL PRACTICES INCLUDE:

- Use sharp knives for fine chopping.
- Pack the forage in the structure if possible.
- Prevent coning when blowing in, by adequate distribution, thus preventing only drier material from lodging at outside edge of structure.
- Rapid, uninterrupted filling.
- Filling before forage becomes too dry. Dry material does not pack well, air is entrapped, leaves are lost and overheating may occur more easisy. A maximum dry matter of about 50% appears most desirable.

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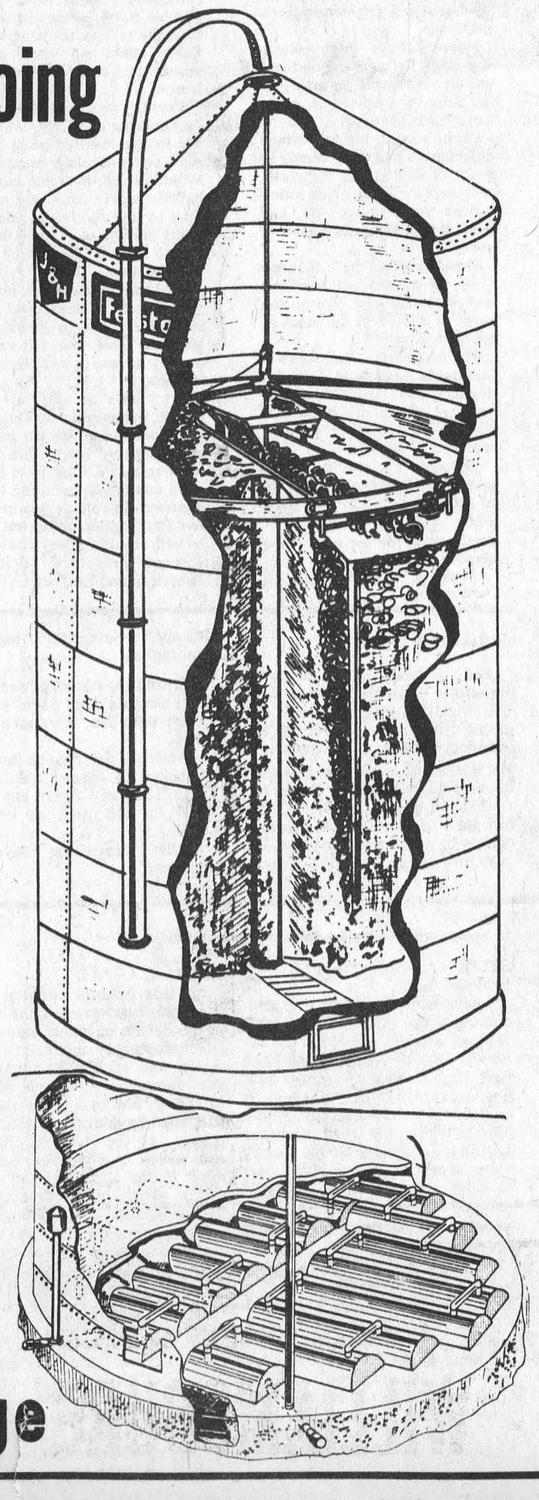

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Williamsburg District News...

Williamsburg

Mr. and Mrs. Leslie Colley of Osgoode spent Sunday with Minnie Pharaoh.

Mr. and Mrs. Gerald Erratt and Cheryl of Morrisburg accompanied by Mrs. John Erratt spent Sunday afternoon with Mr. and Mrs. Edwin Earl of Ogensburg N.Y.

Mr. and Mrs. Graham Wells of Colquhoun accompanied by Mrs. John Erratt of town motored to Watertown N.Y. last Tuesday and spent the day with the latter's sister Mrs. George M. Smith who had recently undergone a gall bladder operation.

Mrs. John Erratt spent last Saturday at the home of Mr. and Mrs. Morley Erratt at Winchester. Graham Wells also called.

Mr. and Mrs. Claude Casselman spent the weekend in Russell with Mrs. Melvin Stanley.

Mr. Floyd Whitteker has returned home from Kingston General Hospital.

Mr. and Mrs. Byron Woolorton and baby of Ottawa spent Sunday with Mrs. J.G. Woods.

Winchester Springs

Mr. and Mrs. Denzil Robinson and Louise were guests on Sunday of Mr. and Mrs. Clair Robinson in Ottawa.

Mrs. Ralph Kirkwood spent a few days in Brampton with her daughter, Miss Kathy Kirkwood.

Mr. and Mrs. Denzil Robinson entertained to dinner on Thursday, Mrs. Elizabeth Dillabough, Mr. and Mrs. Ron Dillabough of Morewood and Mrs. Mary Suffel of Winchester.

Mrs. Laurence Shane and Mr. Murray Shane spent the weekend with relatives at Smiths Falls.

Mrs. Muriel Davidson entertained a few ladies at a guilting last week.

Mrs. G.L. Barclay, Mrs. Arthur Johnston, Mrs. Ella Rae McIntosh and Mrs. T.J. Keyes spent Friday in Ottawa.

Seaway Valley Library Dates

The S D & G United Counties bookmobile will visit the following locations during the week of February 5th:

Tuesday, February 6th: Williamsburg C., 11:30 - 12:00, Inkerman, 1:30 - 3:00; Hallville, 3:15 - 3:30; Mountain, 3:45 - 4:00.

Wednesday, February 7th: Riverside Heights, 1:15 - 3:00; Winchester Springs, 3:30 - 4:00.

Friday, February 9th: Lunenberg, 9:30 - 9:45; Berwick, 10:15 - 11:40; Crysler, 11:50 - 1:00; Morewood C., 3:05 - 4:00.

91 ENTER RALLY

Snowmobilers Defy Weather At IOOF 3rd Annual Rally

Despite unfavourable weather conditions Williamsburg I.O.O.F. members staged their third Annual Snowmobile Rally last Saturday with 91 machines covering the 34-mile course.

Lorne Barkley, Williamsburg was awarded first prize and the lovely I.O.O.F. Trophy; the Cruickshank Construction trophy for second place went to Dale Wise, Toyes Hill and the third place trophy donated by Williamsburg Sport Shop was awarded to Gerry Belanger of Brinston.

The successful competition concluded with a dance at Morrisburg Civic Centre with approximately 400 in attendance.

Officials praised the work of ladies who prepared and served delicious food and also area business firms for generous donations that made possible presentation of some thirty prizes.

Such firms included: Carl-Don Equip., Chesterville-Mountain; Alex English "The Barn", Morrisburg; Bouck's Hill Feed, Bouck's Hill; Village Sport Shop, Chesterville; Byers Building Supplies, Chesterville; Angus Pontiac, Buick, Winchester; Ron Whitteker Sales and Service, Iroquois; R.S. Hope and Son, Morrisburg; Ted Van Moorsel, B.P. Fuels, Williamsburg; Wayne Barkley, Shell Fuels, Williamsburg; Bogart Motor Sales, Chesterville; Derk's Farm Equip., Chesterville; Burnice Short, Chesterville; Lorne Acres Equip., Winchester; Strader Motor Sales, Morrisburg; Steinberg Motor Sales, Williamsburg; Canadian Tire, Williamsburg; Pinkus Auto Parts, Williamsburg; R.S. Allison, Winchester Springs; Universal Terminals Ltd., Iroquois; D.L. Hess Fuels, Williamsburg; Nestles, Chesterville; Ault Milk Products, Winchester; Bill Douglas, Fina Agent, Winchester; W.J.L. Boyd and Sons Ltd., Winchester; McNeeleys Drug Store, Williamsburg; Whitteker's Meat Market.

County Annual At Kemptville

For years the Carleton County annual meeting of Eastern Breeders Incorporated has been held in the County and most often in the Ministry of Agriculture and Food boardroom at Bell's Corners.

This year a change has been made.

The meeting will be held at Kemptville in Eastern Breeders office building where farmers will not only be brought up-to-date on new sires and policies, but will be able to see the bulls and facilities.

The meeting will commence at 11:00 a.m. on Friday, February 9th. Lunch will be available at a nominal rate and farmers should find this change an ideal opportunity to learn more about artificial insemination of cattle and compare some of the bulls available.



Celebrate 40th Anniversary

Mr. and Mrs. Delbert Young of Winchester Springs quietly celebrated their 40th Wedding Anniversary on January 17th. Both Mr. and Mrs. Young are lifelong residents of the area.

OBITUARIES

MRS. M. BARKLEY

A well known former resident of Morrisburg, Eva Maude Barkley, passed away on Monday, January 22nd at Conva-lodge, Cornwall, following a long illness. She was in her 79th year. Prior to going to the lodge, she had been a resident of Morrisburg for 16 years.

Born at Williamsburg on April 3rd, 1894, she was a daughter of the late Philip D. Strader and his wife, the former Alice McIntosh. She attended the local schools and moved to Lang, Sask., in 1915. There in 1919, she married Joseph E. Muzik, who predeceased her in January, 1957. Following her husband's death she moved to Morrisburg, and in July of 1958, she married Carman C. Barkley of Boucks Hill, and they resided there until Mr. Barkley's retirement, when they moved to Morrisburg. Mr. Barkley predeceased her in 1965.

A devout member of the United Church of Canada, she was a life member of the U.C.W., and was also a member of The Order of The Eastern Star.

Surviving are one son, Philip F. Muzik of Chesterfield, Missouri; one daughter, Mary Muzik Hukee of Coleraine, Minnesota; one step-daughter, Mrs. Mac Smyth (Isla) of Dundela, Ontario and one sister, Mrs. D. Roy White (Dorothy) of Morrisburg. Also five grandchildren: Susan, Robert, William, Peter and Paul Muzik.

Funeral service was held at the Fairbairn Funeral Home, Morrisburg, on Wednesday, January 24th at 1 p.m., with her minister, Rev. Garfield Bruce, officiating. Interment followed at Captial Memorial Gardens, Ottawa.

Pall bearers were Sutherland Dickey, Aden McIntosh, Wilfred McIntosh, William Strader, Frederick Strader, Paul Beckstead.

ROSS MUNRO

Hugh Ross Munro, 44 Blossom Road, Kemptville died suddenly in hospital on Monday, January 22, 1973. He was 61. Born in North Lancaster, he was a son of the late Murdock Alexander Munro and his wife Flora MacLennan.

On July 16, 1938, at Williamstown, Mr. Munro married the former Hazel Bonhower.

Mr. Munro retired from farming in the Lancaster area and came to live in Kemptville in 1962. He was a member of the Planning Board of Kemptville, an Elder of St. John's United Church and a member of Mount Zion Lodge A.F. and A.M. No. 28. Mr. Munro was an Auto salesman with G.W. Van Allen and Son, Kemptville.

Surviving in addition to his wife are two sons: Glenn and Lorne of Ottawa; two brothers, David of Saskatoon and Gordon of Maxville; four sisters, Mrs. Roy Woolsey (Florence), Montreal; Mrs. Irvine dalgleish (Hazel), Winchester; Mrs. Stewart Fisher (Myrtle), Vernon; Mrs. Howard Hayes (Jean), L'Orignal and two grandchildren, Kerry and David.

The body rested at the Rolston Funeral Home Kemptville, where funeral service was conducted in the Chapel on Wednesday, January 24th at 2:00 p.m. Rev. Eric Read officiated. Spring interment will be in Springhill Cemetery, Vernon. A brother Lindsay of Ottawa predeceased Mr. Munro.

Pall bearers were Glyn Thomas, Arnold Morphet, Kenneth Cameron, Bill Brown, Percy Smith and Garland Van Allen.

JACK McVEY

Jack B. McVey, a former Marvelville farmer, died at Carleton Lodge on Saturday, January 27th. He was in his 90th year.

Born in the area he was a son of the late William McVey and his wife Grace Brunton and until his retirement he and his wife, the former Annie King, operated their Osgoode Township farm.

A member of Russell Lodge AF and AM 479 the late Mr. McVey was a member of the United

Surviving, besides his wife, are five daughters and three sons: Mrs. Grace Scarabelly, Montreal; Margaret Alexander, Kelowna, B.C.; William, Metcalfe; James, Carlsbad Springs; Jean Classen, Ottawa; Agnes McVey, Montreal; and Barry of Russell. Twenty-six grandchildren and one great grandchild also survive. Two sons, John and King predeceased their father.

Funeral service at the Warner Funeral Home, Russell, was conducted by Rev. L. Wooldrey at 2:30 p.m. on Tuesday, January 30th.

Pall bearers were Olin Stearns, Ross Waddell, Arnold Park, Ron Sharp, Earl Hill and Wilmott Stanley.

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A beauty bargain—SOLARAY'S feather-light, "floating-on-air" design dryer. No tight elastic to leave marks. Extra-large bonnet. Two heat settings.

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FIRST IN SERIES

KNOW YOUR HEART

IN FOUR PARTS

Heart Disease in Children:
It can start at birth ... or before

Think only adults have heart disease? It can start at birth .. even before you are born.

Each year, about seven out of every 1,000 children born in Canada have some form of congenital heart defect. Hypertension, or high blood pressure, which can cause a heart attack or stroke is detected in some children before they reach the age of four. Rheumatic fever, leading to rheumatic heart disease, afflicts thousands of children of school age.

If children could choose their parents, and especially their grandparents, their chances of avoiding heart and blood vessel diseases might be better. But of course they can't. The best thing for all of us is to look at our family trees. How many people in a family - parents, brothers or sisters; grandparents, uncles, aunts and cousins - died early in life heart attack, stroke or other cardiovascular diseases? Is there a family history of high blood pressure or diabetes? Do relatives have a tendency toward obesity?

Heredity plays an important role in life and it is important to know your family history if you want to improve your chances of living longer.

Canada, like most other countries, has its share of young people with some form of heart disease, or with an inherited tendency towards it.

The public should know that, even though scientists don't have complete knowledge of the causes of inborn heart defects, there is hope for these children. In the great majority of cases congenital heart disease can be controlled by proper drug treatment, or by corrective surgery after birth. Researchers believe factors during pregnancy - still undetermined - can damage a baby's heart while it is still developing in the mother's womb. Protection of the mother against German measles (rubella) during her first three months of pregnancy can prevent some heart defects and other congenital abnormalities.

The most common congenital heart defect is a hole in the wall between the heart's two upper chambers, or atria. This abnormality can sometimes be detected at birth because of an unusual heart murmur. In nearly a third of the cases the child outgrows this condition by age 15. For those who don't, surgery can often correct what nature does not.

For "blue babies" - children born with a mixup in the blood vessel connections to the heart - surgery is the only answer. Once nearly all blue babies were doomed to an early death. Today, thanks to modified heart-lung machines, and to progress in diagnosis and surgery, operations are possible within a few weeks of birth and most of them are successful.

Although congenital heart disease is a problem, it is not an insurmountable one. Something can be done to control and often correct inborn defects.

A common sore throat can trigger rheumatic fever, leading to rheumatic heart disease. This disease most often becomes apparent between 5 and 15. What make rheumatic fever so insidious is that it can be caused by "silent" strep, a condition with no outward signs. However, proper medication and medical supervision can keep it under control.

Infants who are apparently healthy can become heart attack and stroke prone in later life. But if parents are aware of this, steps can be taken to reduce the risk of heart attack and stroke as their children mature.

Periodic examinations by your physician are important. Only he can determine whether your child has high blood pressure, high blood cholesterol or diabetes. Only he can determine the need for proper treatment and only he can suggest a proper diet regimen.

The Canadian Heart Foundation has invested more than $26 million in heart research, much of it geared to improving diagnostic and corrective techniques for congenital heart disease.

Research is a never-ending process. Each answer poses new questions. This means there is a continued need for funds to carry forward the work of the Heart Foundation. Your help is needed. That's why we're engaged in our current Heart Fund campaign during February.

Next: Teenage Diet: One-way Ticket To Trouble?

Osgoode Township High School Notes

by Duff Crerar

On Tuesday, the 16th the students met for an assembly, to discuss articles of business that the Student Council has decided to present to the whole student body rather than deal with in their meetings.

The Yearbook Society was asking for an allotment of Student Council funds to produce their yearbook at a lower cost to the student, also planning to use the funds to cover the high cost of photographs and printing. After debating the issue for an hour, during which the students asked questions and made suggestions from the floor, the assembly adjourned to vote. One week late another referendum was held in whcih the students voted to give the Yearbook Society the money they needed.

Photographs of our athletic teams and other clubs in the school were taken by Mr. Jim Rowan, while the Literary Contest is now under way, the winners of which will have their works printed up in a special section of the yearbook. There will be a "new look" to this year's "Othsian" which is eagerly awaited by the students.

Last Saturday was the date set for the Eastern Ontario High School Debating Finals, held at Ashbury College, where a dozen schools competed, hoping to send their best pair of debators to the Ontario Finals. Donnalynne Wilson, Collin Reaney, Peter Kelly and Duff Crerar competed in the Parliamentary Style competition, each debating twice in that format, while in the afternoon each took part in the "Cross Examination" debate, which closely resembles our courtroom style of debate. Collin Reaney and Duff Crerar were selected with eight others from area schools to compete at Ottawa University in the Ontario Finals. The team was ably coached by Mr. Harold Corrin, our English Department Head.

"A Man For All Seasons", the screen version of the play by Robert Bolt was shown on Thursday to the Grade Twelve students. The film is concerned with the last years of Sir Thomas More, Chancellor of England, who resigned when Henry VIII broke from the rule of the Roman Catholic Church in the 1500's. This resignation of More's eventually caused his persecution and death, and this film deals with the themes which surround the story of a man who would give up his life for an idea which he feels is the essence of himself.

Remember that ice (and rainstorm) last week? Since a number of eager-beaver students (mostly boys) turned up that day, the teachers challenged the students to an impromtu floor hockey game. Mr. Greenfield led one team of teachers and students, while Mr. Mullen was captain of the opposing side. Final score: Greenfield's Guerillas - 17, Mullen's Marauders - 15.

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Cornwall Community Meeting Set For Feb. 5th

An in-depth examination of environment and resource problems in Southeastern Ontario will be undertaken by community interest groups to be set up at a meeting in the St. Lawrence Community College in Cornwall on Monday, February 5, at 8:00 p.m.

The meeting, under the auspices of the Man Resources Conference program, is expected to draw interested citizens from Winchester, Cornwall, Alexandria, Hawkesbury, Finch, Morrisburg and other communities in Dundas, Stormont, Glengarry and Prescott Counties.

Man and Resources, sponsored by the Canadian Council of Resource and Environment Ministers, is an opportunity for Canadians to identify resource and environment problems and recommend solutions for government consideration.

The community interest groups established at the Cornwall meeting will be expected to make written submissions by the end of March. Their briefs will be part of working papers on the agenda of the national conference in Toronto in November. Local delegates will be elected in April from across Canada.

At an earlier meeting held in Cornwall on September 13, 1972, three community priority issues were identified as water pollution, land use as it relates to the depletion of the rural environment, and incorrect and inadequate publicity concerning pollution problems.

Community interest groups will be assisted in their work by national, regional and local experts in all fields of environment and resources management.

R.J. Keir, communications coordinator for the Ontario Committee, Man and Resources Conference, will present an illustrated discussion of the conference program and will answer questions from the floor.

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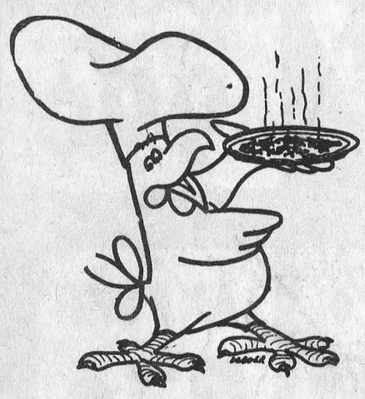

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MORRISBURG WINTER Carnival
FEB. 11-17



Annual Carnival Queen Contest
This year the Morrisburg and District Carnival Queen entries are to be sponsored by businesses of the area.
For further information contact
Mrs. Errol Welton - 543-3007
Mrs. Millie Jones - 543-3375

MORRISBURG FIREMEN FIRST ANNUAL
SLIDE-A-BED CONTEST
TEAM—A team shall consist of five persons dressed in night attire and shall have the team name and member's number in bold letters on the uniform. Normal footwear only — no cleats or any form of ice grips allowed. Each team member shall weigh at least one hundred pounds. Contest open to both sexes.
BED—The bed frame shall be of single bed size — not less than 36 inches wide and not less than 72 inches long. The bed must have a normal bedspring with mattress not less than two inches thick. The bed must be equipped with a loud warning device and the team name shall be printed in bold letters on a sign affixed to the bed.
The bed may be equipped with any form of castors or wheels of any size, skiis, skates or any other form of sliding runner. No form of steering device, ropes, wires or handles may be attached to the bed unit.
COURSE—Half mile course will be located at Morrisburg Ball Diamond. Race starts at 3 p.m., Saturday, February 17th.
PRIZES—First Prize Team shall receive a "Boss Bed Trophy" plus $25.00 Cash.
Second Prize — $15.00.
Third Prize — $10.00.
The "Boss Bed Trophy" shall be returned December 31st each year to the Chairman of the Slide-a-Bed Contest.
ENTRY FORMS AND RULES of the race may be obtained from Ivan McNairn, Morrisburg, Phone 543-2642; Les Bilmer Supertest, Morrisburg.
Final Entry Day is February 16 at 6 p.m. No Entry Fee required.

Old Timers' Hockey
The Old Timers' Hockey Game will feature such old-timers as John Rice in goal, Harry (Joe) Tindal on the blue line, Wiener Brown on the forward line. Playing with Cornwall will be Chief Garrand, Ron Quenneville, Jerry Brown, Bob Bingley.



The Peanuts will attempt to remind the Old Timers how the game should be played in a pre-game exhibition starting at 7:30. Don't miss them! They are terrific!

Curling Club
extends a cordial invitation to all ladies and gentlemen to vie for the Carnival Curling Trophy

Snowmachine Field Day
This Is A Spectator Sport
SPONSORED BY CRYSLER PARK SNOWMOBILE CLUB
Sunday, February 11, 1:30 pm
Potato Race - Rope Circle
Buddy Pickup - Broomball Race
Slalom for Men
Slalom for Women - Bean Race
Grand Finale - The "Le Mons Start"
Snowmobile Race
Trophies for First and Second in all events. Entry Fee $3.00 per machine. Contact Ronald Mondoux at 543-3219, Morrisburg.



THE PROGRAM
SUNDAY, FEBRUARY 11th
Bacon and Egg Breakfast - Allen Hall- sponsored by United Church, from 8 a.m. to 10 a.m.
Snowmobile Field Day - Riverfront Park, at 1:30 p.m.
Junior "B" Hockey - Metcalfe vs. Morrisburg, at 3:00 p.m.
Crowning of Carnival Queen at Hockey Game between first and second periods - by Chamber of Commerce
Outdoor Church Service at Ball Diamond - 7:00 p.m. Music by Seaway Singers.
Sleigh Rides at Ball Diamond.
Free Public Skating, 8 p.m. to 10 p.m. - by Orange Lodge.
MONDAY, FEBRUARY 12th
Ice Sculpturing Judging by Lions Club.
Open Air Skating — Ball Diamond
Sleigh and Toboggan Slides at Ball Diamond.
Girls' Hockey, 7 to 10 p.m. - Morrisburg vs. Chesterville; Spencerville vs Brockville, Moose Creek vs Mysterious Antagonist
TUESDAY, FEBRUARY 13th
Minor Hockey - 5 to 9 p.m., at Arena.
Open Curling Bonspiel and Social Evening. Special Invitation to New Curlers — 7:00 p.m.
Horticultural Society Social Evening - 8:00 p.m.
WEDNESDAY, FEBRUARY 14th
Open Curling Bonspiel and Social Evening. Special Invitation to New Curlers — 7:00 p.m.
7 to 7:30 p.m. - Figure Skating - Morrisburg Figure Skating Club
Broomball - 7:30 to 10 p.m. - Cornwall Girls vs. Town Council and Employees, Married Women vs. Clinic Doctors, Lions vs. Firemen.
THURSDAY, FEBRUARY 15th
Open Curling Bonspiel and Social Evening. Special Invitation to New Curlers — 7:00 p.m.
FRIDAY, FEBRUARY 16th
Bean Supper at Canadian Legion - 5 to 7 p.m.
Junior "B" Hockey - Spencerville vs. Morrisburg, 8:30 p.m.
Klondike Night Dance - Dress strictly casual. Sponsored by Legion, Firemen, Lions and Chamber of Commerce - 9 p.m. Fully licensed. Music by Del and Roger.
SATURDAY, FEBRUARY 17th
Pee Wee Tournament — 8 a.m. to 6 p.m.
Kids' Games - Ball Park - 1:00 p.m. Sleigh Rides.
Slide-a-Bed Contest - 3 p.m. - Ball Park area.
Old Timers' Hockey Game - 7:30 p.m., Morrisburg vs. Cornwall.
Pre-game Exhibition by the Peanuts.