THE WINCHESTER PRESS

VOL. XXXVI — WINCHESTER, THURSDAY, FEBRUARY 8, 1923 — NO 40

Flour & Feed!

From a careful study of the feed situation we are convinced that the high level price is not reache.

Our stock comprises Bran, Shorts, Gluten, Flour, Rolled Oats, Feed Oats, Corn, Wheat and Feeding Molasses.

Reasonable Prices and Prompt Service.

J. A. Campbell,

Phone 128 - - - Winchester.

Laying the Foundation

The large majority of business successes have had their inception in a savings account.

Not only does a savings account aid in accumulating capital for a start, but it gives a young man confidence in himself because he knows that no matter what may happen, he has something in reserve.

The Bank of Nova Scotia, one of the oldest institutions in Canada, invites you to open your savings account at any of its branches.

49

THE Bank of Nova Scotia

ESTABLISHED 1832

Paid-up Capital $ 9,700,000
Reserve - - 19,000,000
Resources - 220,000,000

J. D. Stewart, Manager,
Winihester.



Cash and Credit

A person without money or property usually has little credit, even if his integrity is well known.

Credit is based on capital, and capital is the result of saving. Credit is not a gift; it is a growth. It comes through earnest effort long continued. Some day you will need it.

Saving is the first step to good credit.

936

"Double your Savings; It CAN be Done."

UNION BANK OF CANADA

Winchester Branch and Safety Deposit Boxes - H. L. Lee, Manager
Metcalfe Branch - - - - - W. S. Seiber, Manager
Crysler Branch - - - - P. W. St. Louis, Manager

Cold Weather is Coming.

How about a Furnace. We handle the Famous Findley Bros. Furnaces (pipe or pipeless) also Cook Stoves (Universal and others) 4 and 6 hole Tortoise Cooks and Heaters.

Remember! When you buy Findley Goods you are buying a proven article. Our wide experience in the business (over 20 years) is an additional guarantee that your furnace will give satisfaction.

Plumbing System for Country Homes.

We have made a specialty of this class of work and we guarantee our plumbing to pass even the most rigid inspection. Our many satisfied customers prove that we are experts in this line. A complete plumbing system with automatice electric pumping outfit and pressure tank costs little more than half the price of the cheapest car on the market. Estimates cheerfully given.

D. H. JACKSON

Phone 48 Chesterville P. O. Box 675

SOCIAL AND PERSONAL JOTTINGS

Miss Luella Stephenson was a guest at the Rectory over the week-end.

Mr. Wm. Fisher, who was visiting in Montreal, has returned home.

Mrs. S. O Utman is spending a week with her parents at Perth, Ont.

Miss Ettie Rennick left last week for Toronto to attend the millinery openings.

Rev. Mr. Shea, of Ottawa, was in town for a few days this week, visiting some of his old friends.

Mrs. Hough and Miss Ella Shaver, of Avonmore were the guests of Mrs. J. Dixon for a few days last week.

Miss Annie Sharpe, of Oxford returned to her school on Monday, after spending the week-end at her home here.

Mrs. Guy of Ashtabula, Ohio; and her son Chas and wife were the guests of Mr. and Mrs. Robt. Rennick.

Dr. J. S. Dickey, of Newington, is in the General Hospital, Cornwall, suffering from blood poisoning. His many friends here hope for a speedy recovery.

The Press extends congratulations to Reeve J. F. Ault, who was last week elected president of the Agricultural Fairs' Association at the annual meeting held at Toronto.

Mr. J. C. Irving, of Brandon, Man., arrived in Winchester, on Tuesday, and will spend a few weeks with his friends in this locality. Mr. Irving is looking well. He thinks the cold of Ontario is just as penetrating as the cold of Manitoba.

Mrs. Andrew Guy, of Ashtabula, Ohio and son Charles Guy and his wife, who were visiting Mr. Albert Guy, of Inkerman, returned home last week. It was Mrs. Guy's first visit here after an absence of many years.

Rev. Mr. Curtis, of Winchester met with the Adult Bible Class of Maple Ridge Sunday School at the home of Mr. Mrs. H. S. Carkner, on Thursday evening last, for the purpose of organizing the class of which Mr. Carkner is teacher. A very pleasant evening was spent.

Miss Eleanor Edgerton, daughter of Mr. and Mrs. Albert Edgerton was taken to Cornwall hospital on Saturday afternoon last and operated on the same evening for appendecitis. The latest report is that she is progressing favourably towards recovery.

Mr. Rowat Elliott, on Sunday evening last, when he and Mrs. Elliott were enjoying the evening meal at the home of Mrs. Frank Smith, Cass Bridge, was taken with a weak spell, and was for a time unconscious. Medical aid was summoned and he was able to return home later, and has since almost completely recovered.

A very pleasant evening was spent at the home of Mr. and Mrs. W. J. Fisher, on Monday evening, when a number of their friends gathered to join in the celebration of Mr. Fisher's birthday. At the close of a very pleasant social hour, Rev. Mr. Glassford, on behalf of those present extended congratulations and best wishes to both Mr. and Mrs. Fisher.

Mr. Adrian I. Macdonell, barrister, of Cornwall, has received notice of his appointment to the offices of Local Registrar of the Supreme Court of Ontario, Clerk of the County Court and Registrar of the Surrogate Court, in succession to the late John A. McDonald, who passed away on the 9th instant, after holding the above offices for a period of nearly thirty-two years.

Miss Pirt, of Uxbridge, expects to arrive in Winchester on Saturday and will begin her classes in Home Nursing and First Aid work on Monday, Feb. 12th, at 2.30 p.m. in the Town Hall, and continue for ten days. Any ladies or girls of fourteen and over, wishing to take this useful and practical course may obtain fuller information from Miss Grace Irving, Secretary of the Women's Institute.

Rev. Mr. Carkner, of Rocklands, Ont. and formerly pastor of the Baptist Church here, most agreeably surprised his many friends by a visit here this week. Mr. Carkner is looking well and reports Mrs. Carkner in good health. He likes his new charge, has a very comfortable and roomy parsonage, and his church is in a healthy and prosperous conditions.

For Corn, Oats and Wheat of Extra Quality, see our stock on track at Winchester Station Prices Right. J. A. Campbell.

Young Lad Passes Away.

The tenderest sympathy of the community is extended Mr. and Mrs. Joseph Gemeroy and family in the loss of their bright little boy, Gordon, aged about 12 years, who died last night after a brief illness of plural pneumonia, after an illness of only a few days. The funeral will probably be held on Saturday afternoon.

The Chamberlain Tire and Rubber Company, Ltd.

How innocently one may get in trouble? The edition of the Press, it would seem is no exception. Last week we published an innocent looking item to the effect that the Village of Morrisburg was negotiating with "The Chamberlain Tire and Rubber Co'y Ltd," to have that concern locate there, and we headed the item, "Is it another Tin Plate?" As we said before, how innocently we can get into trouble. Not for a moment did we associate the item with the Tire Co'y, which a few weeks previous we announced was about to establish their works at Rockland, Ont., and for which our good friend, J. R. Weir, was selling stock in this section, and if the said item has caused the Company or Mr. Weir any annoyance we are very sorry. We are assured that the Chamberlain Tire and Rubber Co'y Limited, is financially sound, and have no intention of changing the location of their proposed works.

BAZAAR.

The Annual Bazaar of the Mizpah Mission Circle, will be held on Feb. 16, in the S. S. Rooms of the Meth'st Church In addition to the regular booths of Candy, Handkerchiefs and Aprons, there will be one of Factory Cotton, Fancy Goods and a Baby Booth Lunch will be served cafeteria style. All those sending in Donations kindly have them in by Tuesday.

LOCAL AND GENERAL NOTES

Day by day, in every way the coal and wood piles fades away.

Byron H. Wallace, of Cardinal, aged 38 years died on Jany. 24th after a lingering illness. He was born at Iroquois.

Raymond, the 12 year old son of Mr. and Mrs. Ward Summers, was operated on for appendicitis on Monday afternoon by Dr. McLaughlin and Dr. Alguire, of Cornwall. The little lad, though passing through much suffering is progressing favourably toward recovery.

Get your seat secured while you can for Jack Miner, who is to be here on the 28th. The seats are going fast, and if you delay you may not have the opportunity of hearing the most entertaining speaker in Ontario, and seeing his very wonderful moving pictures. Seats may be reserved at store of John McCormick & Son, at 35 cents.

Dr. Sidney P. Cooke, one of Ottawa's foremost medical men, died last week at his home, Ottawa in his 75th year. He was a cousin of Mrs, W. J. Johnston, Church St. Winchester. The Ottawa papers speaks of him in highest terms as one who took an active interest in any movement for the community's welfare.

Fire At Kemptville

A disastrous fire occurred at Kemptville on Saturday last during the heavy gale, and one of the oldest business blocks in the village was wiped out. It was known as the Guy Block, on Prescott Street.

The fire sufferers were: W. C. Guy, tailor, owner of the block, whose store was also destroyed; T. Moore, butcher; S. Kerr, flour & feed merchant; W. Davidson harness Shop; Kemptville Hydro Electric Commissiod; R. Burchill, barber store with residence above; the "R.B.P.' club rooms of Orange Young Britons, No. 63. The cause of the fire is unknown but it is thought that it originated from sparks from the chimney falling on a portion of the roof that was bare of snow. The loss is estimated at $20,000.

A Busy Place

Mr. L. A. Ellis is certainly doing a rushing business at his cheese factory here, and the number of those now bringing milk here exceeds anything ever known, and the staff at work is kept on the jump night and day. Farmers are bringing their milk here from all the country round about, some coming over 12 and 15 miles. Mr. Ellis is certainly proving himself a friend of the farmers.

The average number of pounds of milk received per day during the past week was 30,000, from 348 patrons. He manufactures an average of 56 cheese per day, and 100 lbs. of Whey Butter per day. Mr. Ellis is enlarging his capacity for making cheese, and is preparing to receive milk from 500 patrons. He is besides buying calves and shipping them to Montreal, and is also buying all the pork brought in.

The Ladies' Aid of St. Paul's Church have arranged for the presentation of a series of three moving pictures of a high class. The first is "The Stream of Life" by James K. Shields," and will be put on in the Church by the Pathoscope Company, of Toronto, on Thursday, March 15th. Remember the Date. The prices will be on a popular scale. Watch for posters.

Open Installation I. O. O. F.

One of the most enjoyable events of this season took place in the town hall, Wednesday night, Jan. 31st; when a large number of the local I. O. O. F. members with their wives and several visitors assebled for their Installation ceremony and a social evening. The Installation was conducted by the District Deputy Grand Master Mr. C. B. Timmins, and his suite. viz:—

D. D. Grand Marshal—Earl Helmer.
do do Secretary—H. B. Fetterly.
do do Warden—Roy Annable.
do do Chaplain—Karl Helmer.
do do Treas.—Allan Summers.
do do Guardian—Floyd Armstrong

The ceremony was splendidly carried out, showing careful preparations of the work by those taking part.

The following were installed into office for 1923:—

Junior Past Grand—Herbert Helmer.
Noble Grand—Roy Annable.
Vice do —Earle Helmer.
Rec. Sec.—James Gibb.
Fin. Sec.—Carl Rice.
Treas.—Karl Helmer.
R. S. N. G.—F. A. Coons.
L. S. N. G.—Walter Moffatt.
R. S. V. G.—S. O. Utman.
L. S. V. G.—Wm. Lloyd.
Warden—Martin Fader.
Conductor—Floyd Armstrong.
R. S. S.—John Fader.
L. S. S.—Gordon Meldrum.
Inside Guardian—Jay Quart.
Outside do —De Long Preston.
Chaplain—Rev. R. J. M. Glassford.

At the close of the Installation sumptuous refreshments were served by Mr. James Utman, and his assistants, after which Mr. J. McCormick, as toast master took the chair and Mrs. Kenny presided at the piano for the musical numbers which consisted of community songs, interspersed between the toasts. Mrs. Kenny also played the marches for the Installation ceremony: "God save our King" was sung as a toast to our King. 'Our Conntry" was proposed by W. J. Fisher and responded to by Rev. R. J. M. Glassford. "Grand Lodge and District," was proposed by H. B. Fetterly and responded to by C. B. Timmins. "Visiting Brethren" was proposed by J. S. Robinson, and responded to by R. M. Wallace. "Holly Rebekah" was proposed by Mrs. Wm. Lannin, and responded to by Mrs. Wm. Shaver, Mrs A. B. Hough, and Miss Ella Shaver of Avonmore. "The Ladies" was proposed by Allen Summers and responded to by Messrs J. D. Stewart and Earle Helmer. "Our Lodge" was proposed by Floyd Armstrong, and responded to by Karl Helmer. "The Press" was proposed by Roy Annable and responded to by J. A. Campbell.

The singing of the National Anthem brought to a close a very pleasing evening's social intercourse and entertainment.

LOCAL AND GENERAL NOTES

On Sunday evening, Feb.11th, Rev. Mr. Weary will preach on "Character."

The only open thing about this winter is the open furnace door as you shovel in the coal.

The sacrament of the Lord's Supper will be administered in St. Paul's Presbyterian Church next Sunday morning.

Jack Miner is coming. He will be in Winchester on Feb. 28th. Secure your seat early. Tickets at Store of J. McCormick & Son.

Because of a shortage of coal at Morrisburg and Iroquois, supplies are being forwarded to those villages from Cardinal, where there appears to be a surplus.

Isn't it pecular that if the home team loses they are sized up by the fans as a bunch of hicks who never could play hockey, but if they win they are "some nifty little old team."

Locally Saturday was the coldest night this winter, when the thermometer reached 23 degrees below zero. There was also a north west wind that made the cold penetrate into the very innermost of the dwellings.

Already one third of the seats for "Jack Miner" have been reserved. Better get yours before all the good ones are taken. Tickets at the store of John McCormick and Son. "Uncle Jack Miner" will be here on the 28th and you sure don't want to miss hearing him.

In a judgment given in Montreal on Monday afternoon by Justice Maclennan, Mrs. Colin O. Cameron was successful in her action against W. G. Finlayson, trustee, of the late brokerage firm of Thornton, Davidson Coy, for the sum of $20,000, a claim which had been refused her by the trustee in the matter of the bankruptcy of Colin O. Cameron.

An unusual amount of wood is being brought to town this winter, and is finding ready sale at from $3.50 to $4.50 a single cord of 12 or 14 inch wood, mixed elm, soft maple and birch, with an occassional piece of cedar thrown in. There is much green wood being brought in and stored for next winter. The fuel situation is not promising, and if this community had depended on coal this winter there would have been very much suffering, as some families have not been able to get even one ton of coal.

Special for Saturday, Feb. 10th at Flora's
Campbell's Soup. All Varieties 15c
Clover Leaf Salmon 50 and 25c.
McLaren's Jelly Powder. All Flavors 10c

A Musical Treat in store for the Public of Winchester on Friday evening, Feb. 23, in the Town Hall. A "Musical Satire" entitled "The Ladies' Aid" consisting of nine Musical Numbers, Solos and Choruses, is the feature of the evening. Added numbers under the direction of the Kenny Concert Co., will be given. Their Motto—"Something good, Something funny, Something really worth the money." You will not be disappointed. Proceeds for the benefit of Winchester Methodist Choir. Sale of Tickets and Plan of Hall at Mrs. Flora's Store. Tickets 35c.

The Ministers of Winchester met on Monday fornoon last and approed of a draft constitution for a Ministerial Association for Winchester and vicinity. Another meeting will be held the first Monday of March in the Baptist Church at half past two in the afternoon. Ministers from Chesterville, Elma, Williamsburg and Inkerman will be invited to attend and discuss the draft constitution, and if possible an association of Ministers of these respective communities, including Winchester will be formed. Rev. Mr. Glassford agreed to prepare a paper for the next meeting on "Scientific Confirmations of the Bible."

Dog Bit Child.

A young lad, son of Mr. Moses Rushford, near Kenmore, was playing with their Collie dog one day last week, and the dog turned on the child and grabbing its lip in his teeth tore it so badly that the boy had to have several stitches put in, but has not otherwise suffered any from the bite.

In New Store

Mr. T. O. Keyes has moved into his new store, in what is known as the Johnston Block, occuping the whole of the ground floor. The partitions which formerly made the three stores have been removed and the whole interior is now one store, with his meat shop in the rear, or where the late Mr. Johnston had his jewellery store. Mr. Keyes may be congratulated on having one of the finest retail stores in Eastern Ontario.

Away Down South

The Press has received a picture post card from Mr A. W. Beach, who, with Mrs. Beach and daughter Erma is enjoying the summer breezes of Miami, Florida. He writes, "we are enjoying good summer weather, 75 to 80 in the shade (Mi-a-mi) but we always get an ocean breeze. Fruit of all kinds, oranges, lemons, grape fruit, bananas etc, at our free access. We are certainly enjoying it. Remember us to our friends." The picture shows a very pleasing water resort, and Mr. Beach writes, "this is a sample of what we are seeing every day (Mi-a-mi).

The Bowling Club

The annual meeting of the Winchester Bowling Club was held in the town hall last Friday evening. The following officers were elected, President, Rev. Mr. Glassford, Vice President, J. H. Ross, Secty- Treas, Johnston Morrow. Committee's were appointed to look after the grounds, to solicit for members, and for other work in connection with the club. An effort will be made to secure a sufficent supply of water and a force pump to help keep the grass green, and the lighting system will be improved. The prospects for a successful summer for the club is very bright, and the membership promises to be better than it was last year.

LOCAL AND GENERAL NOTES

Thrown from a cutter when a horse he was driving ran away, James McMillan, liveryman and cabman of Smiths Falls, on Friday, sustained a fractured skull. He is now in the public hospital and doctors say his chances of recovery are good. He did not lose consciousness, and chatted cheerfully with doctors and nurses as his wounds were dressed.

Mr. Frank Parker has just completed a seven day test with his pure bred Holstein cow, Laura Pietje, No. 30486. She gave 575.1 pounds of milk in 7 days and according to test made 29.457 pounds of butter. This record has been made under quite ordinary circumstances and by an amateur in cow record work. This reflects to the credit of the judgment of Mr. Frank Parker in his selection of a good dair cow and his success should be an encouragement to others to have similar tests made. The supervisor in this case was Mr. J. W Bolton of Winchester who is qualified and endorsed by the Department of Agriculture.

Lines in Memory of Stanley Henderson

Asked to Remain Another Year

At the regular and fully representative meeting of the official board of the Methodist church, Winchester, held on the 5th inst., the following resolution was unanimously passed:—Moved by A. Sweet, seconded by Humphrey Erratt, that this Board realizing the widespread desire on the part of the congregation to retain the services of our pastor, Rev. J. K. Curtis, hereby tenders to him a hearty invitation to remain with us for another year.

We know of the splendid work he has done during his four years pastorate and in this connection we do not overlook the credit that is due to Mrs. Curtis for her assistance and co-operation in all the activities of the church.

We feel that the work of the church will be better sustained if no change in the pastorate is made this year and we trust that this invitation will receive the favorable consideration of the Stationing Committee.

Don't fail to come to the Factory Cotton Booth, at the Bazaar, Feb. 16th, for ideas—Children's Dresses, Luncheon Sets, Fancy Bags, Night-Dresses, etc.

For Sale

Ford Coupe 1921 Model in good condition, extra equipped with Shock Absorbers, Speedometer, Special Steering Gear. Price $500.00

J. A. Campbell, Phone 128 Winchester, Ont.

Money to Loan.

Farmers requiring money will do well to call and see me. We loan on farm security. Terms to suit the borrower.

39-4p J. A. RIDDFLL, Morrisburg.

W. H. S.

LITERARY SOCIETY

Will hold a Public Literary Concert, in the TOWN HALL, On the evening of

Thurs., Feb. 15th

Admission 35c

St. Mathias Church

Rector, Rev. W. S. Weary.
Phone 138 Winchester, Ont,
Services Sunday, Feb. 11th, 1923
Sunday School 2.30 p.m.
Evening Prayer 7.30 p. m.
Subject of Sermon, "A Man's Character."
Preacher—The Rector."

Fish! Fish!

Fresh Herring.
Dressed Pike.
Chicken Halibut.
Salmon.
Fillet.
Codfish, etc.

SELECT OYSTERS—are famous for their rare delicacy and sweetness of flavor. You get no ice-water in buying selects—nothing but Solid Meats.

Find out what real Oysters taste like! Don't pass us by—give us a try.

L. FLORA, Winchester.

Telephone 33 Prompt Delivery.

Wanted

Girl Wanted for general house work. Good Wages. Mrs. F. M. Eagleson.

FOR SALE

Beef by the quarter, also some Fresh Milkers. Apply to Colin Hutchinson.

Dress Making.

Suits, Coats and Dresses at reasonable prices. Miss Mary Algate, Cass Bridge.

For Sale

A number of Brood Sows, some due to farrow shortly and some late. For particulars apply to James R. Johston,
39-1 Phone 609 r 21 Inkerman, R R 1

For Sale

Four fresh milch cows for sale, also one set of bob sleighs nearly new. Apply to E. E. Baldwin, Inkerman.
Phone 26r4 S. Mountain.

For Sale

About 35 ton of good quality hay and about 10 tons straw delivered at Winchester. Apply to W. N. Lannin.

Dog Lost

Lost on Monday Feb. 6th. A black white hound, will finder please notify, Elgin Montgomery,
Phone 607r14. South Mountain.
39-40.

For Sale

A splendid business stand in the village of Winchester. Brick store with roomy store house, good basement. Living rooms over the store. Seperate house, carriage shed, wood shed garage, stable, ice house, garden, good well, etc. All in first class condition. Terms half cash balance 6 p. c. If you want a business stand in Winchester, it will pay you to look after this at once, immediate possession.

Apply T. O. Keyes.

Jerseys For Sale.

Two pure bred registered Jersey Cows, one four years old freshened Jan'y 21st, and one nine years old, due to freshen April 1st. Both these cows are high testers. Also 1 pure bred registered Jersey bull two years old, a fine individual weighing 1050 lbs, and 2 bull calves eligible for registration. A. S. Brown & Son.
39-40

Take Notice.

Will the person or person who stole a robe from my cutter in the Methodist Church shed, please return same and save trouble. C. J. Strader.

Man Wanted

Man wanted to work on the farm by the year. Good house and garden will be furnished, also best wages to right man.

Richard Justus,
Phone 619r31 R. R. 3 Winchester.

MRS. MAY KENNY,

Teacher of Piano, Violin and Singing.

Pupils prepared for Toronto Conservatory Exams if desired.

Studio, Church Street.
Phone No. 112

Rawleigh Products.

Always on hand a full line of Cough and Cold Medicines, Liniments, Ointments, Tablets, Flavourings, Spices, Toilet Goods, Louse Powder, Disinfectants, Poultry Foods and Stock Tonics.

Rawleigh's well-known STOCK FOOD is now retailing at $12.00 per 100 lbs., and smaller quantities accordingly.

GEO. E. EARLE,

Rawleigh Retailer, Queen St., Winchester, Phone 122

"Entertainment at Cloverdale."

Under the auspices of Cloverdale Farmer's Club, will be held at CLOVERDALE SCHOOL HOUSE, on

Wednesday, Feb. 14th, 1922

At 8 o'clock, p. m.

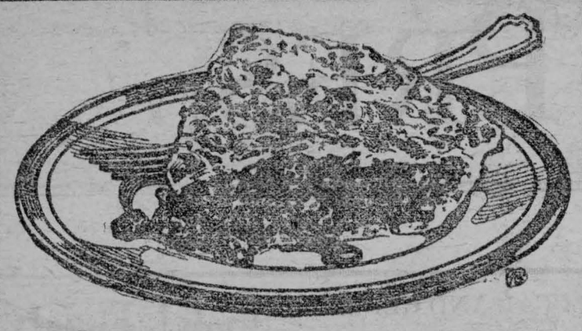
A Play entitled "Daddy" will be given by the young people of Melvin.

A Debate, "City Life vs. Country Life."

Recitations, Dialogues, etc.

Admission 35 Cents.

HENRY STOODLEY, President.



Luscious—

Made With Raisins

—and already baked for you

SAVE the trouble and the time of baking pies at home, yet give your men folks pies that are exactly to their taste.

Master bakers and neighborhood bake shops in your city are making luscious *raisin* pie fresh every day. Your grocer or these bake shops can supply them.

Taste them and you'll know why there's no longer need to bake at home.

Crust that's light and flaky—tender, thin-skinned, juicy fruit, the juice forming a delicious sauce! There's nothing left to be desired in a pie.

Made with finest seeded Sun-Maid Raisins.

1560 calories of energizing nutriment per pound in practically predigested form. Rich in food-iron, also—good food for the blood.

Make cakes, puddings and other good foods with them.

You may be offered other brands that you know less well than Sun-Maids, but the kind you want is the kind you know is good. Insist, therefore, on *Sun-Maid* brand. They cost no more than ordinary raisins.

Mail coupon now for free book of tested Sun-Maid recipes.

SUN-MAID RAISINS

The Supreme Pie Raisin

Sun-Maid Raisin Growers

Membership 14,000

Fresno, California



Blue Package

CUT THIS OUT AND SEND IT

Sun-Maid Raisin Growers,
Dept. N-533-13, Fresno, California
Please send me copy of your free book, "Recipes with Raisins."

NAME.....

STREET.....

CITY.....PROVINCE.....



Routine.

Routine is often called dull and uninteresting but it need not be so. The creation of a routine is an art requiring ingenuity and experiment. After it is perfected, the sense of responsibility is eased. One may slip into a routine and feel in a natural element like a fish in water. The subconscious mind seems to do the work and while the trained hands are busy going through their accustomed motions, one's thoughts, as free as birds, may be up and a thousand miles away.

Routine is a great saver of time and nervous energy. It is simply doing things in a regular way which, oft-repeated, makes of work an easy-running mechanism. Just as a mechanism is composed of nicely adjusted parts, so is work made up of many details. It is by paying close attention to these details for a while that the routine, by which work swings easily, rhythmically along is established.

Take any piece of work you have to do and think it over. Then arrange the details into what seems to be the smoothest working order. Make a list of them and do your work in the order written with the list before you if that is necessary to fix the routine. After a few minutes of following the list as you work you know it and that way of doing the thing has become a habit. This method of dissecting a job simplifies work surprisingly. With such a procedure in mind one goes steadily to work without wasting any time in wondering where to begin or what to do next in hesitating or making false moves.

If you can find the rhythm that beats everywhere in life, even in the doing of the simplest task, and let your motions swing in time, then, indeed, labor becomes, not drudgery, but a rare and tireless joy. This is getting into the spirit of your work and glorifying it, no matter how humble it may seem, with the light of your own personality.—Alice A. Keen.

If.

"If I could sew the way you girls can, Helen," Cornelia exclaimed, "I'd have pretty things too, but when your fingers are as stiff and clumsy as ten sticks you just have to go without, that's all!"

Helen Murdock glanced at her friend curiously. "Why don't you use the 'if' in another way?" she asked. "If you can't sew, you can do something else. I couldn't make a hat to save my life, but Bess Elliot could make one out of an old bag and a feather duster—so we traded. I made her a sport skirt and she made me this hat. Having had nothing to do with it but wear it, I can frankly say that I think it's a peach."

Cornelia looked interested for a moment. Then, "That's all very well," she replied, "but you can sew something! It would be a very different matter if you couldn't sew a thing."

"All I can say is that, if it were ruining my temper, my happiness and my prospects, I'd learn how or die! Or else I would trade some other accomplishment. Spunk up, Cornelia! There are millions of people in the world wanting millions of things done. It's a pity if you can't strike a bargain with some of them. If it were a problem in geometry, you'd have it solved while I was chewing my pencil. You just try it once. Just pretend it's a problem in analytics and work out a perfectly beautiful summer frock for yourself! Go ahead; I'll bet on you."

For reply Cornelia took her by the shoulders and walked her to the door. "You've done enough for one day, Vamose!"

Helen danced happily away down the hall. "I do believe I've waked her up," she thought.

But when two weeks had passed and then three and then four, and nothing had happened to Cornelia's wardrobe, Helen's hope faded. "The conceit of you, Helen Murdock," she scolded herself, "to think you could influence anybody! Only," and her pretty eyes became shadowed, "Cornelia would be such a dear if she would only spunk up and stop if-ing. Why, who's that?"

A stylish young lady was turning in at the gate. Everything about her was stylish from her hat to her shoes. At a second glance Helen ran rapturously down the path. "Cornelia, you fraud, I actually didn't know you! Who did it?"

Cornelia laughed. She was a different Cornelia, as happy-looking as her gown.

"My three best friends," she retorted and waved a blistered hand. "One of 'em suffered in the fray but is getting along very nicely, thank you. The shoes—aren't they stunning?—represent Mrs. Taintor's floors—all of 'em restained. The hat stands for the enameling of Mrs. Foot's bathroom, and the gown—you'd never guess—three back porches! You see, one thing I can do is to wield a paintbrush, though I'd never thought of it before."

"Two hands and a paintbrush! Friends indeed! Good for you, Cornelia! Oh, my dear, I knew you could! I am so happy!"

Cornelia shook her head, smiling. "No, a paintbrush wasn't the other friend. The third was a friend who wouldn't let me go. I mean Helen Murdock!"

That Little Prayer.

The fire upon the hearth is low,
And there is stillness everywhere,
Like troubled spirits here and there,
The firelight shadows fluttering go.
And as the shadows round me creep,
A childish treble breaks the gloom,
And softly from a farther room
Comes :"Now I lay me down to sleep."

And somehow with that little prayer
And that sweet treble in my ears,
My thought goes back to distant years,
And lingers with a dear one there;
And, as I hear the child's amen,
My mother's faith comes back to me,
Crouched at her side I seem to be,
And mother holds my hands again.

Oh, for an hour in that dear place;
Oh, for the peace of that dear time,
Oh, for that childish trust sublime;
Yet, as the shadows round me creep,
I do not seem to be alone—
Sweet magic of that treble tone:
"Now I lay me down to sleep."

—Eugene Field.

Dormant spraying is in order in the orchard, especially if you are troubled with scale insects.

What teeth will you wear in 1930—yours or some store's? It pays to care, and to take care.

BLUE WATER

A TALE OF THE DEEP SEA FISHERMEN

BY FREDERICK WILLIAM WALLACE

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CHAPTER SEVENTEEN—(Cont'd.)

For the rest of the week Frank busied himself around the buildings of the plant. A bridge was built across the creek in order to connect Ring's place with the new section, and Bill Daley's little packet—still running and looking the same as she did in Shorty's boyhood days—was chartered to bring supplies for the proposed store. Captain Asa's funeral came off—all the Long Covers following the body to the little cemetery; and the day after the interment an auctioneer came up from Anchorville and sold the furniture and household goods. Frank and his uncle and Captain Ring went to Anchorville, and the papers of the Company were duly drawn up, though there was some little hitch owing to Frank's inability to produce the deeds of the property he had purchased from the deceased shipmaster.

"Of course," said the lawyer finally, "you may receive them within a few days, seeing that the transaction was only made within the last two weeks. At any rate you hold his receipt and you have given him your cheque for the amount. He was to write his notary about it, wasn't he?"

"Yes," replied Frank; "but I don't know who he is, or I'd ha' called an' seen him."

"Oh, well," returned the other, "I suppose it'll be all right. But I'll hold these papers until I hear from you."

While they were in town the three partners managed to scrape up a six-dory gang for the Lillian, and when they arrived back in the Cove Frank called Jules to one side.

"Waal, Sabot, ol' sock! An' how's Jessie Leblanc these days?"

Jules grinned. "Veree well, Frankee."

"Now, I cal'late you'll be wantin' t' git hitched up some day, eh?"

"Oh, lots of time—lots of time," answered the other. "I mus' git good job before I marry dat girl."

Frank laughed and slapped his old dory-mate on the back. "Waal, I've got a good job for you."

"What's dat? Down at de fish-house, Frankee?"

"No, sir. I'm not a-goin' t' make a flake bird out o' you, Sabot. I want you to go in th' vessel as skipper."

The big Frenchman gasped. "Skipper?" he ejaculated.

"Why, t' be sure," replied Frank. "You kin handle that vessel all right."

"But—but, Frankee, I'm no good off de shore," stammered the other. "I don't know how to navigate——"

"That's all right, Sabot. Uncle Jerry'll make th' first two or three trips with you, an' he'll show you th' ropes. It'll not take you long with the experience you've had."

"Oh, Frankee!"

"Now, we want her t' git out right away. Thar's a six-dory gang waitin' for her down to Anchorville, so git you down thar' to-morrow. Git yer stores aboard—John Watson's goin' as cook—an' bring her aroun' to th' Cove here. D'ye understand, Captain Galarneau?"

"Captain Galarneau?" Sabot rolled the title over on his tongue. "Captain! Oh, Shortee, but I'm please. I hope I be good skipper. I'm glad! I'm glad!" And he danced around and snapped his fingers in the exuberance of his delight, while Westhaver watched him with a secret pleasure at his friend's gratification.

"Can I go an' tell Miss Leblanc about dat, Frankee?"

Frank nodded. "Sure thing! Go ahead! You'll sure be able t' git a few kisses over that bit o' news. Run along now, or some other man'll be cuttin' ye out!"

And with a whoop of joy Jules snatched his hat and ran out of the house.

Westhaver watched him go. "Waal," he murmured, "ef any man deserves it, 'tis him. He's true as steel, that feller, an' it's me that knows it."

September passed in all its languor of cool nights and joyous sunlit days, and when October came in, tinging the foliage with the gold and brown of autumnal colors, there was a louder murmur in the crash of the surf on the rocky beach when the winds of the equinox blew inshore. The wharf and breakwater were completed; the buildings of the Long Cove Fish Company were painted and ready for business; a store had been constructed at the head of the wharf, and Frank had fixed up an office for himself at the rear.

With the completion of the harbor work, a general holiday was declared, and Long Cove gave itself up to rejoicing. Flags flew from the Fish Company's buildings; the upper floor of the store-house was scraped and waxed ready for a dance, and a sort of indoor picnic was held on the lower floor. It was a beautiful October day, with a fresh breeze ruffling the waters of the Bay, and when the Lillian was sighted coming up the coast there was a general exodus to the wharf-end to view the first large vessel entering the harbor of Long Cove. The schooner looked remarkably spick and span with her newly painted hull, houses, and deck gear. There were new dories upon her deck; her new mainmast was a splendid spar, fitted with a topmast from which flew a red flag with "Lillian" on it in white letters, and new lettering on the counter —LILLIAN OF ANCHORVILLE, N.S.

Long Dick Jennings, as harbormaster, was there in all his glory, and his termagant of a wife was strutting proudly by his side when the rangy fisherman greeted Captain Galarneau with a little speech, and presented him with a silver-mounted umbrella for being the first vessel master to open the new harbor. Of course, Frank was responsible for all this, and it was he who directed everything.

The Lillian was securely moored, and the Anchorville gang aboard of her followed their new skipper up to the buildings and participated in the fun. Everybody, young and old, men, women, and children, had congregated at the Cove from all up and down the coast, and the Company's grounds almost represented a country fair. There were running races, high jumping, dancing competitions, weight throwing, and even a dory race out in the Bay, which caused a great deal of excitement. In the breathing spells between his organizing duties, Frank gazed over the happy, laughing and shouting throng, and wished he had Lillian Denton by his side and viewing the fun.

In the evening a great "hop," or dance, was held in the storage loft, and in the light of the lanterns and with the fiddlers working full steam ahead the Long Covers tripped the light fantastic until the small hours. It was certainly a day of days in the settlement's calendar, and when a deputation of the guests came to thank him, Frank said that the gathering would be an annual affair—an assurance which was enthusiastically received.

Long Dick—almost three sheets in the wind—clasped Westhaver affectionately by the hand. "Shay, you ol' dog! You've done more t' wake up this place than any man I knows on, ye hev. Long Cove's a-goin' t' be some place after this, m'lad, an' 'tis you what's done it. You're my boy, Frank, an' I mus' shay I've enjoyed myself more t'day than ever I did sence I was shingle." Then in a confidential whisper. "Shay! This Lillian what th' vessel's named after—she ain't one o' them Bay County Irish women, is she?"

"No, Dick," laughed Westhaver.

"Das all ri' then," replied the other, looking around half-fearfully. "'Cause my ol' woman is one o' them, an' she's a terror, Frank—a holy old red-headed terror. I'd sooner see ye bunk along o' th' devil himself, horns, hoof, an' tail, than hev a Bay County Irisher for a wife. Steer clear o' them, son, 'cause I know!" And he winked knowingly as he strode home.

Before he retired that night Frank looked out of his bedroom window. The murmur of the surf on the beach below rose to his ears, and his eyes drank in the glory of the clear starlit sky. Below, everything was dark, and naught pierced the opacity of land and sea but the red light at the head of the wharf, a lantern hanging in the main-rigging of the Lillian, and the green starboard light of a sailing vessel standing up the Bay. For a pace he stared out into the night, and when at last he turned away he murmured, "Aye, Lily, we're started now. Everything is shapin' my way, so wish me smooth sailin' until th' day when I go to claim you, sweetheart!"

Next day while the partners were engaged in unloading salt out of the Lillian's hold, a team with two occupants seated in it came driving down the wharf road. Everybody knocked off to have a look at the strangers. "Who kin that be?" queried Captain Clark.

"Thar's Jim Henderson from Anchorville a-drivin'," answered a man; "but I don't know th' feller that's with him."

The visitors hitched their horse up at the office, and while the other remained seated, Henderson, the driver, came along to the group on the wharf.

"Is Captain Frank Westhaver here? Oh, you're th' man, sir! Waal, here's a party wants t' see ye, Cap'en. I've jest druv him over from town."

Frank handed his tally board over to Uncle Jerry and went up to the buggy. Its occupant was a clean-shaven, lantern-jawed man, with an exceedingly pale face and faded grey eyes. He looked at Westhaver, and spoke in a perky voice: "Captain Frank Westhaver?"

"Yes, sir!"

The other leaned forward in the seat. "Ah—ahem! You're the party who purchased the property of the late Asa Crawford, master mariner, of this place?"

"Lawyer by his talk," mentally noted Frank, and aloud, "Yes, sir. What about it?"

The other ignored the question. "Ah—ahem! You can prove your title to the property, Captain?"

"Yes!" replied the other, wondering what was in the wind.

"Have you got the deeds?" The stranger gazed hard at him.

"No—not yet," answered Westhaver. "But I expect they've bin put through all right."

The other nodded. "Ah—ahem! What have you to show that you purchased the property?"

Frank resented the interrogations. "What d'ye want t' know for?" he asked. "Who are you, anyway?"

The other gave a dry smile and handed Frank a card. "Pardon me—my card!"

"Wrigley an' Wrigley, Advocates and Public Notaries, Anchorville," Frank read. "Um! An' who are you representin'?"

"Ah—ahem!" The lawyer cleared his throat again. "My client is the legal heir to the Crawford estate, and he wishes to ascertain if the property has really been sold."

"Then you'll be representin'——"

"Captain Robert Morrissey, of Boston, and nephew of the deceased."

Westhaver knew it instinctively. "Waal," he said, "come into the office an' I'll show you my paper."

Frank produced the receipt written out by himd and signed by Captain Asa, and he also showed the stub of the cheque. The lawyer produced a note book and pencil. "You have no objections to me making a copy of this receipt?" he said.

"No!"

"And the number of your cheque was 'three,' and dated exactly the same date as this receipt—thirtieth day of August?"

"Yes!"

(To be continued.)

Old Windmill is Remodeled Into Three-Story Home.

A century-old windmill, of the kind commonly seen in European countries, having four large sweeps or sails and an outside covering of shingles, has been remodeled into a three-story home at Longstrup, Jutland, in Denmark. After the huge grinding stones and shafts were removed from the interior, the three floors were divided into comfortable rooms having dormer-type windows. Nine persons are accommodated in the rebuilt structure, from which a beautiful view is to be seen.

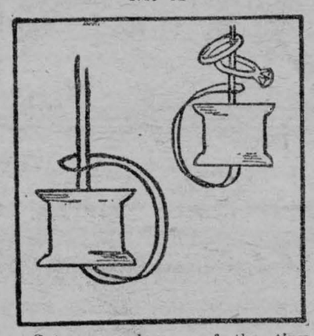
NURSES

The Toronto Hospital for Incurables, in affiliation with Bellevue and Allied Hospitals, New York City, offers a three years' Course of Training to young women, having the required education, and desirous of becoming nurses. This Hospital has adopted the eight-hour system. The pupils receive uniforms of the School, a monthly allowance and travelling expenses to and from New York. For further information apply to the Superintendent.

EASY TRICKS

Theft By Magic

No. 18



Get a spool—one of the tiny spools used for silk thread. Get also a yard of strong string. You are now ready for a trick that will mystify your friends.

Double the string and thread it through the hole in the spool. Run the ends through the loop and pull it tight.

Borrow several rings, permitting each person lending a ring to drop it over the strings. Ask two spectators to hold the ends of the strings. Show the rings are too small to go over the spool and declare that so long as the spectators hold the string you will be unable to get the rings except by breaking the string or stealing them by magic.

To steal them by magic, cover spool and rings with a handkerchief. Put your hands under the handkerchief and bring out the spool in one hand and the rings in the other. The string will not be broken.

How?

Arrange the spool and string as directed and examine them closely. You will see that you can pull the string right over the side of the spool, freeing it and whatever happens to be above it.

(Clip this out and paste it, with others of the series, in a scrap-book.)

Art in Piano Playing.

What finish means to any piece of craftsmanship is what finish means to musical art, as for example. in piano playing. Bungling work or attempts to conceal a rawness or crudeness are always futile. Even the untutored public knows instinctively whether the work of the pianist has a fine finish or whether he is merely trying to make them believe that it has. A finely finished piece of cabinet work, an exquisitely worked piece of jewelry, an automobile made with precision and finish within and without, are self evident. There are certain things which can not be painted over with sham. Nothing will make a certain portion of the musical public emit those little sighs of appreciation and applause more than passages played with infinite perfection of finish. This is cultivated by much practice until all thought of roughness is worn down smooth as though given the great number of treatments of pumice stone and hand rubbings which produces the beautiful gloss on an expensive piano. It requires great labor and great self control, but any experienced pianist knows how eagerly the public listens for such finish. In fact, the majority of a popular audience would rather hear the Mendelssohn Spring Song played with exquisite finish than the serious works of Brahms and others.

No piano playing is great that does not come from the heart and soul of a great individual. As with the actor, the empty pated chap who knows the so-called technic of his art has no chance in these or any other days with the gifted, highly educated, richly endowed minds who can deliver the lines of a great playwright with real eloquence. Booth, Mansfield, Beerbohm, Tree and Irving were all educated men, not necessarily from the academic sense, but from that of world knowledge. In addition to this we must recognize the eloquence that is born with the individual. Some people have minds so constituted that they become the messengers of great thought early in life.

Out for a Change.

A countryman and his wfie, not familiar with city ways, entered one of those self-service cafeterias and seat down at a table. After waiting a while they were told that they would have to get their order at the counter, which they did. When they had finished their meal, the old fellow leaned over and whispered to the wife: "Mary, I'll tell you what let's do. Let's slip out without washing the dishes."

TURBINE-DRIVEN LOCOMOTIVE CUTS COAL CONSUMPTION IN HALF

A turbine-driven locomotive embodying such radical departures from accepted designs as to form a decided innovation in the field of locomotive engineering, has been developed in Sweden. When it is remembered that an ordinary locomotive turns only about 6 per cent. of the heat of its coal into useful work, whereas in modern power plants from 10 to 20 per cent. of the heat of the coal is utilized, it is evident that the locomotive offers great scope for improvement.

This new locomotive is 72 feet long over all, and weighs, in running order, 126 tons. The motive power is a steam turbine capable of developing 1,800 horsepower. This turbine drives the three pairs of coupled wheels by means of double-reduction gearing. The turbine is carried on the front end of what one is tempted to call the tender. In reality it is the engine part of the complete locomotive. It embodies the whole of the driving mechanism and auxiliary apparatus, as well as the condensing plant. The front part of the locomotive carries the boiler, with superheater, the turbine-driven induced draft for the air heater, and the coal bunker. The latter is in the form of a saddle tank, and has a capacity of seven tons of coal. The tractive effort of the locomotive is 12 tons, and the maximum speed 60 miles an hour.

An inspector recently traveled with this locomotive, riding on the footplate for one journey and in the dynamometer car when returning. The train consisted of a number of heavy sleeping cars, aggregating 475 tons. Special permission had been obtained from the railway administration to exceed the normal high speed; the engine was opened out, and a speed of 59.5 miles was reached over one portion of the track.

"At all speeds," he says, "the engine ran with great steadiness, and except for the indications of the speed recorder one would hardly have realized that 60 miles per hour was being touched. The main gearing worked practically inaudibly, or at any rate, it made much less noise than the small bevel-gear drive to the condenser fans."—Geo. F. Paul.



Before and After

Casey—"Look here, you little simp, before we begin I want you to know you're fightin' Casey O'Connor."

Pat—"Yes, and after you come to, you'll find out you've been fightin' Pat Sullivan."

Dye Silk Stockings Blouse or Sweater in Diamond Dyes

"Diamond Dyes" add years of wear to worn, faded skirts, waists, coats, stockings, sweaters, coverings, hangings, draperies, everything. Every package contains directions so simple any woman can put new, rich, fadeless colors into her worn garments or draperies even if she has never dyed before. Just buy Diamond Dyes—no other kind—then your material will come out right, because Diamond Dyes are guaranteed not to streak, spot, fade or run. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or mixed goods.

Greatness.

He has achieved the heights—unhelped, alone,
The way was steep, and many a cutting stone
Hurt his brave feet, but ever on he pressed,
Unwavering, and reached his gaol—his best.

Nor can he joy in his achievement—no,
While there are footworn, toiling ones below
He looks with pitying eyes that understand—
A tender smile; he reaches out his hand.

His strength to their poor feebleness is lent,
So is he great, with noble discontent,
Till others share the good that he has won,
And those who toil in darkness find the sun.

Where He Drew the Line.

Ralph Nevill, an English raconteur of international fame, has a pet grudge against the new rich. "The second generation," writes Mr. Nevill in his new book, "Yesterday and To-day," "which often shows little trace of any foreign origin, is apt to consider itself superior to the founder of the family. An instance of this was the host who, when giving a great party, upon being asked, 'Is your father here?' replied, 'Well, no; hang it all, you know one must draw the line somewhere.'"

The Way of a Man With a Motor.

The price of wheat dropped very low,
It caught Jones unprepared.
He wished he hadn't been so slow,
To sell, or else he'd fared
Lots better—so the money went,
And poor old Jones was badly bent.
He told his wife: "You take in board,
We simply can't give up the Ford."

In quite a different sort of way
Mike Masters got his fall.
He gave his bonds, saved day by day,
To back some Loose League ball.
His team, it ran a sorry last.
They nailed his credit to the mast.
He told his wife: "Wash for support.
We simply can't give up the Dort."

To play with oil, young Johnson tried,
The same as others do;
But all too soon his gusher died,
And stock went up the flue.
The burning problem was how soon
The landlord man would sing his tune.
He told his wife: "We'll touch Dad's cash,
We simply can't give up the Nash."

Bud Brennan picked a protege
From out a chorus crew,
To shine upon the Great White Way,
But in a week she flew
With all his poke of golden grit,
And Bradstreet marked him—Badly hit.
He told his pal: "We must mortgage
The mine—we—can't give up the Paige."

—D. R. Oliver.

Why the Hen Cackles.

The accepted explanation of the cackling in which a hen indulges after laying an egg is that she is so pleased that she wants everyone to know it.

The rooster answers the cackle with a crow, and this is taken as further indication that both are immensely proud of the achievement. This explanation is not tenable.

If the question is considered fairly, it is easy to see that instinct would teach the hen that to cackle is to call the attention of the enemy to both herself and her embryo offspring, which she would naturally avoid doing.

The cackle is a relic of bygone days when fowls were not domesticated and ran about wild. When the hen wished to lay she retired from the rest of the fowl community and performed the task.

By the time she was ready to rejoin the commonwealth the other members had wandered some distance, and she did not know where they were. She waited till she had gone some distance from the egg in order not to endanger it, and then cackled, after also having taken a good look round to assure herself that no enemies were near.

The rooster, hearing the cackle, answered it by a crow, and thus informed the hen of the whereabouts of the tribe. This sort of thing may be seen now among the ancestors of our domestic fowl in the Malay countries of India.

Spoiled the Effect.

Mr. Meek, a widower with one daughter, had married Mrs. Wild, a widow with a daughter.

The curate was visiting the newly-wedded couple and the new Mrs. Meek was trying to make a good impression.

"Yes," she was saying, "my step-daughter is as dear to me as my own daughter. I show no preference and love them equally."

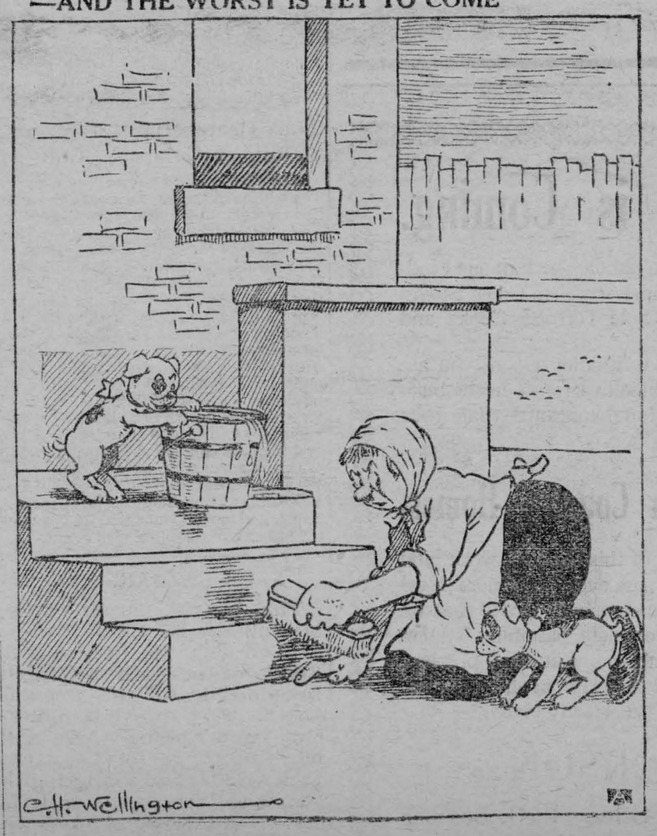
There was a step outside the door, then a tap.

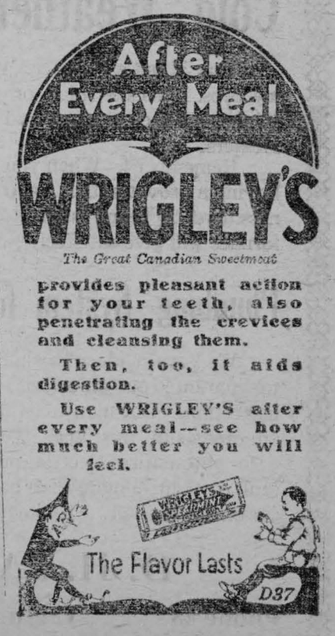
Mrs. Meek put on her kindliest smile.

"Is that you, darling?" she asked.

"No, ma," came the weary voice of her step-daughter, "it's me."

—AND THE WORST IS YET TO COME





Severe Kidney Trouble



Mrs. F. Rinehart, Campbellville, Ont., writes:

"I had trouble with my kidneys and very frequent urination. This was followed by pains which at times were very severe. The doctor said I had inflammation of the bladder and that an operation might be necessary. To this I refused, and began using Dr. Chase's Kidney-Liver Pills. From the first few doses I felt the benefit. The pains left, urination was corrected, and I have had no recurrence of these ailments."

Dr. Chase's Kidney-Liver Pills

One pill a dose, 25cts. a box. All dealers, or Edmanson, Bates & Co., Ltd., Toronto

"The Store of Quality."

"BUT NOT OF HIGH PRICES."

Agate Ware

Special For The Week End

Water Pails, Dish Pans, Tea Kettles Tea Pots, Potatoe Boilers, Double Boilers, Stew Kettles, etc, all at the very low price 69c each.

Oranges

Extra Large. Sunkist Navels. Four weeks ago we were selling this size for 90c doz. For this week end we have them priced at 60c

Specials.

5 lb. pail Clover Honey 90c
4 lbs. Marmalade $1.00
Mince Meat, per lb. 20c
3 lb. pail Pure Lard 65c
5 lb. pail Pure Lard $1.10
10 lb. pail Pure Lard $2.00
24 lbs. Purity Flour $1.00

Meat Market Phone 85

Store Phone No. 16

T. O. Keyes,

Winchester - - Ontario.

. . THE NEW STORE . .

Large assortment of bulk candy and mixed nuts.

Nice box chocolates make splendid gifts. We have them from 30c to $2.00

We have also received another shipment of sunkist oranges, california grapes, lemons, grape fruit and cranberries.

Choice select oysters. Ice cream bricks.

Phone 7, all orders promptly delivered.

J. E. UTMAN, Winchester, Ont.

Call and hear our Star Records, 65c each.

Vernon

Miss James of Kars is visiting her sister Mrs. Gordon Lora.

Mrs. Lindsay Allin spent the latter part of the week in the city.

Miss B. Robertson returned to her home in Russell after two weeks visit at the home of W. J. Potteous.

Mr. Lorenze McColl is under quarantine for Scarlet Fever.

Mr. M. S. Boyd is recovering form an attack of Bronchitis.

The Singing class on Monday night proved very interesting. We were glad to see some of our friends from Harmony attend. This should arouse a deeper interest in the people of our own community to come out in larger numbers. We hope to continue these classes every two weeks until the end of April. The fee for adults is only 50c for the term and song books 25c.

The annual social evening of the Women's Institute will be held in the Orange Hall on Thursday evening, Feb. 15th. A musical programme is being prepared, and an address will be given. It is expected there will be a good turn out.

Mrs. Chas. Gagnon is recovering from her recent illness.

There was a game of Hockey on the local rink Monday night between Metcalfe and Vernon, the game looked like play to the home team, and they felt sure of an easy win. The score was a tie at full time and they played ten minutes over, when Metcalfe scored 3 goals. The result was 7 to 4 in favour of the visiting team. Our boys go to Metcalfe on Friday night for the return match.

S. S. No. 14 Matilda

No. enrolled 31, average attendance 25, highest attendance 31. Names in order of merit.

Class IV.—Grant Moore, Jay Casselman, Gertie. Hunter, Earl Gallaher, xNorman Hunter, xLinda Steele, xGladys Casselman, Arnold Harper xEardly Coleman.

Class III.—Charlotte Moore, xAnderson Haggerty, Herbie Harper, Alford Wylie, Helen Geggie, xPatrick Houlahan, Dugal Herrington, Hubert Haggerty.

Class II.—Janet Moore, xLulu Hunter, xFreddie Harper, George Peterson, Inez Kirkwood, Mildred Wylie, xMerriil Coleman.

Pr. (Sr.)—Bert Harper, Margaret Geggie, xLorne Henderson.

(Jr.)—Jean Moore, zWinnie Hunter, Robert Ceggie, Dwight Jackson.

xDenotes absence.

Ella MacLean, teacher.

Honor Roll S. S. No. 18 Mountain Ridge, January 1923.

Sr. IV.—Madeline Hutt and Hilliard Francis.

Sr. III.—Kenneth Hutt, Eileen Durant, and Ross Durant.

Jr. III.—Glenna Durant, Clifford Francis, Avery Francis, Bernice Lewis.

Sr. I—Bobbie Armstrong and Robert Durant equal, Mildred Durant.

Primer.—Dwight Hutt, Horold Francis and Harold Durant.

Gladys Brown, teacher.

HOW NOT TO CATCH COLD

To that end, observe the following "Donts" issued by Dr. Charles J. Hastings, medical officer of health of Toronto, Canada, in the department's Monthly Bulletin. The following of these rules, we are assured, will aid materially in warding off colds as well as other communicable diseases. Here they are:

"Don't sit or work in an overheated room. 65 to 68 degrees is quite warm enough; 60 to 65 degrees if you are engaged in any active work. Insist on there being a slight current in the air of the room you occupy and also a proper degree of humidity.

"Don't use sprays or douches for your nose unles under doctor's orders and instructions. Much more harm than good comes from the use of sprays. In the first place, if a spray is strong enough to destroy the germs, it is more than likely to produce irritation of the mucous membrane, which will lower rather than build up its resisting powers, and consequently make it all the more susceptible to germ activity.

"Don't sneeze or cough except into a handkerchief or a piece of cheesecloth, and keep well beyond the range of any one else who is coughing or sneezing.

"Don't allow any member of the family who has an acute cold to come in contact with other members of the household, or to use the same eating or drinking utensils, etc. Have everything sterilized that is used by one who has contracted a cold, the same as you would if they had scarlet fever or diphtheria.

"Don't go to any public meetings if you have a cold. You had better stay at home until it is better. You will save time in doing so, and probably save others from contracting your cold.

"Don't stand close to any one with whom you are conversing if you are reckless enough to go about when you have a cold, and do not under any circumstances shake hands with any one while you have an acute cold. Remember, through the frequent use of your handkerchief, your hands are always contaminated with the germs of the disease. Have you ever catechized your hands and fingers with regard to everything they have been in contact with in the previous twenty-four hours? One of the surgeons in a military camp during the great World War, kept a careful record of the number of possibilities of contaminating his hands for one single day, and it amounted to approximately 120.

"Don't under any consideration touch any article of food, whether for yourself or for any one else, unless you have previously thoroughly cleaned your hands. 'HAVE YOU WASHED YOUR HANDS?' would be a valuable motto to be placed in every dining-room.

"Hundreds of lives could be saved and thousands of cases of sickness prevented, if people were as much afraid of colds as they are of smallpox or a mad dog."

SOUTH MOUNTAIN

Miss Wilda Thompson, of Iroquois, spent over Sunday with her aunt, Mrs. A. Ennis.

Mr. and Mrs. Harry Martin, of Spencerville are visiting the latter's parents, Mr. and Mrs. Thos. Ennis.

Mr. and Mrs. Robt. Mulholland visised friends in Iroquois over Sunday.

Mr. and Mrs. John Millar were Kemptville callers on Thursday.

Mr. and Mrs. Alex Shaver, of Regina, are visiting friends here at present.

Mr. and Mrs. Robt. Urquart who have been visiting Mr. and Mrs. F. McIntosh for the past month, have returned to their home at Ottawa.

Mr. Lorne Armstrong was down to Winchester, on Monday.

We are sorry to report Mrs. Herb. Fader being laid up with blood poison in her foot and hope she may soon be better.

The W. M. S. of the Methodist Church held a Birthday Missionary Meeting at the home of Mr. and Mrs. Norman Armstrong on Thursday afternoon and evening last. The women and their husbands were there in large numbers and the proceeds amounted to a large sum.

We are very sorry to report that Mrs. Asa Berry had the misfortune to fall down cellar and injure her foot and ankle. Miss Flo. Berry is taking care of her.

Mr. and Mrs. Allen Suffel were down to Winchester on Monday.

Mr. J. Cameron was out to Dixon's Corners on Sunday.

Mrs. Boyd received word that her home near Winchester, was under quarantine for scarlet fever.

Mr. Roy Ennis, of Inkerman, was a caller Sunday evening at the home of Mr. David Berry.

The Rev. Mr. Hailstone and sister left town last week for New Brunswick where he will take up his new duties.

Mrs. Anson Graham was a recent guest of Mrs. John Cameron.

Mr. and Mrs. H. Froam, of Shanley were recent visitors at the home of Mr. and Mrs. Thos. Armstrong,

Word has been received from Toronto that Dr. Ferrier will be there for some time to receive treatment. Mrs. Ferrier is with the Dr.

Mrs. J. I. Murdock, of Cardinal, is stopping at the home of Dr. and Mrs. Ferrier at present.

Melvin News

Mrs. Johnie Worsefold spent a few days last week at the home of Mr. and Chester Baxter.

Mrs. Frank Coulthart of Mountain spent last Friday with her sister Mrs. F. Beckstead.

Miss Maud Wilson spent the week end with her parents Mr. and Mrs. M. Wilson.

Miss Strader spent the week-end at the home of Mr. and Mrs. Walter Erratt.

Miss Ray Smith of Chesterville spent a few days last week with Mr. and Mrs. Rene Smith.

Mrs. J. Worsefold had tea with Mr. and Mrs. U. L. Steinburg on Wednesday last.

Rev. Mr. Curtis had charge of the prayer meeting last Friday evening at the home of Mr. Walter Erratt's

Mrs. Eden Hughes and daughter Lena have returned to the home of Mr. and Mrs. Humphrey Erratt after spending the past month with the former's sisters at Odgensburg and Kemptville.

Auction Sale!

Live Stock & Implements.

The undersigned will offer for sale by Public Auction, on Lot 13, Con. 7, Matilda Township, 1 mile east of Hulbert Church, on

Friday, Feb. 16th

Commencing at 12.30 o'clock.

LIVE STOCK

2 Reg. Holstein Milch Cows, bred by Morrison Bros., of Hulbert; 6 high-grade Holsteins, 2 already freshened; 1 pure-bred Holstein Bull, Mutual Hartog Ormsby, No. 52911, two bulls rising 1 yr., registered, 1 yearling Holstein heifer.

1 Gelding rising 7 years, 1300 lbs., Brood Mare due to foal early, 2 Clyde Colts, rising 2 and 3 yrs., Percheron Colt rising 1 year, 15 Shoats, 75 lbs. each, 4 Brood Sows to farrow early, Boar 5 months old, 16 Ewes supposed with Lamb, 100 Plymouth Rock Pullets, 4 Geese and Gander, 2 Ducks & Drake. Good Cow Dog

MACHINERY, Etc.

1 H. C. Tractor 8-16, done one season's work, Tractor 2 furrow plow, F. & W. Tractor Cultivator, F & W 10 inch Grinder, 2 sets disc harrows, 2 sets Iron Harrows, 2 Walking Plows, Disc Drill I. H. C. Tud-Anderson Spreader, Deering Mower, Dain Loader, Inter. Side Rake, Steel Rake Binder 6ft,, High Wagon, Steel Wheel Truck Wagon, extra low Truck Wagon, Milk Wagon, Set Sloop Sleighs, 2 Cutters, 2 sets Double Harness, Single Harness, Buggy, Hindman Milker, 2½ h. p. Engines, Line Shaft, Cream Separator, Incubator and Brooder, 120 cap., Oak Stone Boat, 350 Fence Posts, 1000 ft. of lumber, quantity 2 inch. Oak Plank, Oak Axles, Buggy Pole, 2 Cook Stoves, Box Stove, Hay Fork and Ropes, 2 Water Tanks, Chevrolet Car, set 1600 lb. scales, Shovels and Forks, Churn, Washing Machine. 1000 bus. Oats, 75 tons Hay, stack of Sheaf Oats.

TERMS—$10 and under cash, over that amount 6 months credit without interest by furnishing approved joint notes. 4 per cent. off for cash,

PERCY A. HESS, Prop.

A. REDMOND, Auctioneer.

NOTICE!

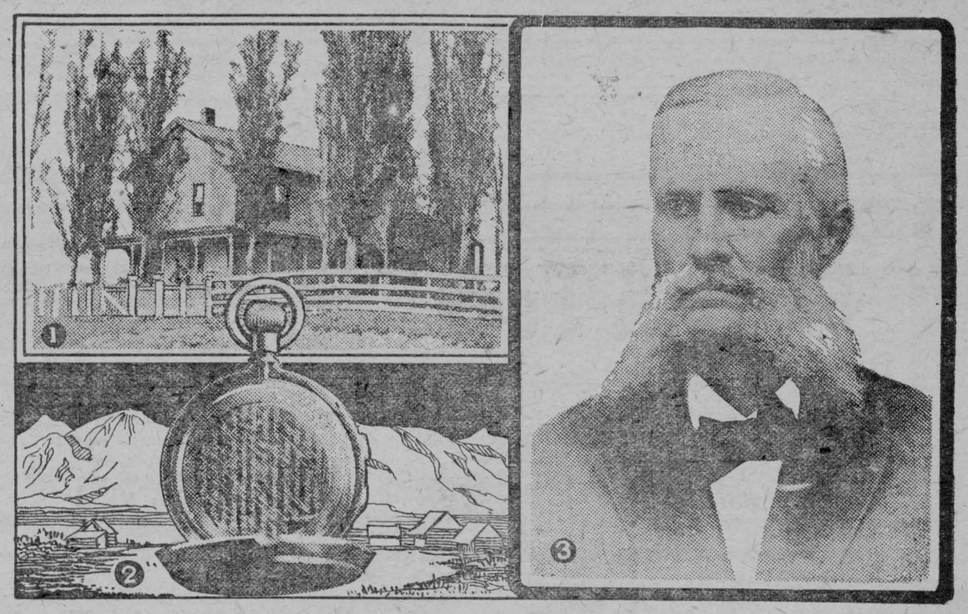
This week the Directors of Cloverdale Farmer's Club can book your order for the different lines.

Special Prices on Apples.
Butter Salt & Coarse Salt.
Seed Corn & Feed Wheat.

Owing to the heavy demand for the different lines the members are requested to get their orders booked to avoid disappointment.

H. STODDLEY, President.

MAJOR ROGERS AND HIS TIME



(1) Major Rogers lived in this house in Waterville, Minnesota. He also died here.

(2) Watch presented to Major Rogers, of Rogers Pass fame, about 1885.

(3) Major A. B. Rogers, who discovered the Rogers Pass, the first feasible route through the Rockies to the Pacific Coast.

ONE of the most difficult tasks in the construction of the Canadian Pacific Railway was to discover a way through the Rocky Mountains. A number of explorers had made attempts to find a way, but it remained for Major A. B. Rogers to discover the most feasible route, the route that was chosen, and is now known as Rogers Pass.

Major Rogers was a true type of railway pathfinder. The reputation he had made in the United States as a locating engineer and his advanced ideas on railway construction attracted the attention of the Canadian Pacific Railway officials, who engaged him to take charge of the mountain section from Savona's Ferry in B.C., to Moose Jaw. He saw at once the problem that confronted him in finding a straighter road through the Selkirks, than (as was suggested) to follow the great bend northward of the Columbia River, a distance of over two hundred miles. He found the near way by following the South fork of the Illecillewaet River to the present site of the Glacier House, where he climbed a mountain and gazed upon the summit of the pass that now bears his name. Major Rogers seems to have been a man of few words. His reports contain little beyond the technicalities of his undertakings, otherwise a description of the magnificent spectacle displayed by the Rogers Pass and its surroundings, when seen for the first time by a white man, would be well worth the reading.

This was in 1881. The following year the exploration was completed by ascending the Beaver River Valley to Bear Creek, a tributary stream, then up that stream through the rugged defile between Mts. MacDonald and Tupper to the summit of the pass, and over the same to the Illecillewaet Vally. The surveys of the main line between Calgary, at the Eastern base of the foothills of the Rockies, to which point they had been carried from the East, and the summit of the main range were completed in 1883. Three years later daily trains were passing to and fro between Montreal and Port Moody, at that time the Pacific terminus of the railway; and so they passed for thirty-one years over this section, until with the opening of the Connaught Tunnel under Mount MacDonald, it was no longer needed.

It was on November 7th, 1885, that the last spike in the construction of the Canadian Pacific Railway across Canada was driven at Craigillachie, British Columbia. This opened up a new era for Canada. In recognition of the valuable work done by Major Rogers the directors of the Canadian Pacific presented him with a cheque for $5,000 and a watch thus inscribed:

"Presented to Maj. A. B. Rogers by the Directors of the Canadian Pacific Railway Company as a token of their indebtedness to him for the discovery of a pass for the railway through the Selkirk Mountains, and of their appreciation of his services as Engineer-in-Chief of the location of the Mountain section of the railway."

Evidently Major Rogers was of a more poetical than financial temperament, for he carried the cheque in his pocket for several years, and he only cashed it when his friends of the Canadian Pacific insisted that he should do so.

At the time of his death in 1889, Major Rogers left his watch to his brother, L. Z. Rogers, of Waterville, Minnesota, who in turn left it to his only grandson, George Rogers Glotfelter. Young Glotfelter was killed in France on October 3rd, 1918. The watch is now in a safety deposit box of a Waterville bank. There are, at present, two nephews of Major Rogers living, both of whom accompanied him on all of his explorations in the mountains, and were with him when he discovered Rogers Pass. They are Mr. Albert L. Rogers and Mr. John G. Rogers, 1108 5th Avenue, Seattle, Wash.

The nieces of Major Rogers, and particularly Mrs. C. A. Gray, have taken a great deal of interest in the activities of their uncle, and are in possession of a great many of his original letters, newspaper clippings, including letters to him from both Sir William Van Horne and Lord Shaughnessy.



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423

For the Boys and Girls

A Live Question.

"Bobby," said his mother, looking at the clock, "I do believe it's time for you to go outdoors. You must hurry, dear, before it gets too cold. The sun is warm now, but it will be chilly toward evening."

"But, mother," objected Bobby, "the wind is cold, and it's blowing hard. I don't feel a bit like going out this afternoon."

"Do go, dear. It's best for you, and you can find some sheltered spot to play in. No boy with woods and hedges close at hand need think twice about the wind."

Bobby obeyed, but not very pleasantly. He sulked for a moment behind the nearest hedge before he wandered into the woods. He floundered along, half picking up his feet and not caring a straw where he went. Suddenly he came to an open glade that he had never seen before.

Across the open space from him was a squat little house. On one side of it stood great trees, dark and towering. They were evergreens and sycamores with long, twisted arms. As the wind surged through them they roared and wailed and rocked threateningly about. On the other side of the house stood smaller trees, aspens and birches, and chunky little shrubs, and as the wind poured through them it was shattered into thousands of little bits, every one of which was a chuckle. The slender young trees danced as their branches tossed in the gale, and the shrubs jerked merrily this way and that.

In the doorway of the squat little house stood a squat little man. As his head turned from side to side Bobby couldn't decide whether he was the crossest person he had ever seen or quite the jolliest chap in the world.

"Are you a gnome?" asked Bobby.

The little man looked at him. "Sort of," he replied. "What are you?"

"I am a boy, and my name is Bob. May I sit on your doorstep? Is it strong enough?"

"We'll see," said the gnome, and, stepping forward, he jumped up and down on the spot.

Bob clapped his hands to his ears. Bang, bang, bang! Roar! Crash! The sounds seemed all round him.

Finally the gnome stopped and examined the step. "It seems all right," he said and waved him to be seated.

Bob sat down carefully and looked up at the gnome. "Do you make the thunder?" he inquired.

"Some of it," replied the gnome modestly. "There's always a lot of noise when I'm active."

Bobby settled himself comfortably. The gnome placed himself near by and turned the cheerful side of his face toward Bobby, to his intense relief.

After a moment of silence Bobby said shyly, "May I ask a question?"

"Certainly you may. I'm one," was the gnome's unexpected reply.

"One what?" Bobby asked, puzzled.

"Question," returned the little man. "That's my name."

"What a funny name."

"Not at all. You're a boy, aren't you?"

"Yes," agreed Bobby.

"And you're called a boy, aren't you?"

"Certainly."

"Well, I'm a question, so I'm called a question. Nothing could be simpler."

"Well," said Bobby, "this is the first time I've ever come upon a real live question."

"Is it?" asked the gnome, surprised. "The woods are full of them."

"I never saw one before."

"Don't be quite sure of that. People often see them without recognizing them. It comes with practice. What did you wish to ask?"

"Oh," said Bobby, "I was wondering—" He hesitated. "Would you mind my asking why your face looks so jolly on one side and so—so—" He stopped for fear of offending his companion.

The gnome threw back his head and laughed. "Lots of people wonder about that. Every question has two sides, one pleasant and the other unpleasant. It's only the chaps who look us questions squarely in the face that can see both sides of us at once, and, for them, we fellows are not half bad."

"Well," said Bobby, "I'm sure you have been very kind to me. I saw the disagreeable side of you only a minute when I first came and have not seen it since."

"And that's the last you will ever see of that side, my boy," answered the gnome kindly, placing his hand on Bobby's shoulder. "I always show my pleasant side to my friends."

At that moment there was a flare beyond the trees.

"Oh, what's that?" cried Bobby.

His companion turned, then shrugged his shoulders. "Oh, it's only a question, burning."

"Burning!" exclaimed Bobby. "Can't we save him?"

"Doesn't want to be saved; likes it. It's every questions pet scheme to start burning. Let a few people so much as notice one, and he swells up with pride and streaks all over the place, burning all the time. Can't hold him down. They're terribly upperty, these burning questions."

"But doesn't it kill them?"

"Kill them? My, no; a question's never so healthy as when he's burning. It's only the quiet ones that die. Take me, for example. It's visitors, like you, that keep me alive. And the more visitors I have the better I feel. Of course there are some quarrels, as people do not always agree which is the pleasant side of me. But that doesn't trouble me. The more they quarrel the hotter I get. Sometimes I get real agitated and make a lot of noise; and if they keep it up long enough, I start to burn. Then's when I feel important," he finished, with a satisfied smile.

"I should think you would," agreed Bobby, enviously. He wanted to see another question burn. But the sun had begun to shine through the lower trunks, and he knew that he must start to go home.

"Perhaps you'll tell me which question you are," suggested Bobby. "Then I shall know you when I meet you again."

"I guess you'll know me," said the gnome. "We questions don't look much alike. But I'm glad to tell you my name. It's Shalligoout? Hope we shall meet often. Don't forget to recognize me. Good-bye!" and the squat figure disappeared into his doorway.

Bobby stared after him and a sheepish grin stole to his lips. Finally he turned and thoughtfully made his way back home.

"Well, Bobby," asked his mother, "didn't you enjoy it? How red your cheeks are. You're not too cold, are you?" she asked anxiously. "Where did you play?"

"In the woods."

"I'm so glad. It was rather a question with me whether I did right to send you out, after all, when the wind grew so much stronger."

"It was a question with me too, mother," he said, with a grin. "But I guess I met it all right."—Frances R. C. Long in Youth's Companion.

Advantage of a School Boys' Band and How to Start One.

By F. A. Tubbs, a Superintendent of School Music.

In starting a band, issue a call to all who are interested. Then lay out your scheme upon the blackboard, based upon what would be the proper proportion of each instrument in a band of fifty players.

Describe the instruments, manner of playing each, and the nature of the part played. Tell why a boy slow of movement and thought should not select a clarinet, which is entrusted to much the same work the violin has in the orchestra; why a boy with protruding teeth should not play an instrument with a cup mouthpiece; why a euphonium player should be very musical, of fairly good size, of good lung capacity, etc.

It is surprising hoy quickly the boys will agree with the leader in assigning instruments.

After the instruments are given out, each boy should have individual lessons until he can produce a tone recognizable as to pitch and can play the natural scale on his instrument. The group lessons should be given to supplement the private lessons.

Following this, the brass and reed sections should be rehearsed separately. This method of gradually increasing the size of the group until the full band is rehearsed keeps the interest at "white heat," and when the first full rehearsal is called every youngster is in place willing to do his best, which is an ordeal for the teacher. Private and group lessons are given after school hours, with band rehearsals twice each week from 7 to 8. The boys are allowed to "blow" a little before rehearsal, just as the symphony player is supposed to do before the concert.

When the director takes his stand the instruments are placed across the laps, all talking ceases and everybody is ready to hear what the director may have to say. The director seldom plays except to illustrate. The boys are taught to follow the baton and never allowed to overblow. The boys' band is of more interest in the homes of the members than any other organization in the town. The leader is consulted oftener by parents in regard to the band work than he is as teacher of other branches of school music. Most of the boys who are studying piano in the town derived their first interest in music through their band work.

Boys will play in a band when no interest can be aroused in the orchestra; however, that interest is apt to develop later in the musical ones. I believe there is no other means as great as the band in creating an interest on the part of the boy in all things musical in his school. The boys are also reminded of the great advantage the syllable reader has in playing a band instrument over the one who cannot sing by syllable. I have known several cases where boys have learned to sing by syllable in order that they might be able to play the band instrument the better.

The music rehearsed is never trash, The last number played at the close of the rehearsal is usually a popular song or ballad of the better class, given as a piece of pie might be given at the close of the meal. This popular number so dearly loved by the boys is always looked forward to, and if the rehearsal is drawing to a close and there is no sign of the popular number some one is sure to ask, "Don't we get any pie to-night?" and the pie is surely passed.

Clever Airman Traces Huge Writings in Sky.

Undoubtedly the tallest and broadest letters and figures ever written were those formed in the sky over New York City in a recent series of stunt flights by Capt. Cyril Turner, of the British Royal Air Force. This clever flier has astonished and delighted thousands of people by doing queer things, like scrawling his telephone number and short messages in the sky. The exhaust pipe, extended to the tail of the ship, serves as his "pen," and a chemical introduced into the exhaust as the "ink."

The sea covers three-fourths of the earth's surface, or a total area of about 145 million square miles.

A Royal Interior Decorator.

Beloved of her own people and esteemed throughout the world for her unaffected democracy, the Queen of Rumania is also noted for her personal beauty and her lyric writings. It is not known, however, that she possesses the gifts which make the original and distinguished decorative artist. She is more than a dilettante in this vocation; she has amazed the critics of Europe by her achievements in the decoration not only of her own palace rooms but of many rooms in other castles.

This many-sided woman is a queen with the mind of a leader, an artist's intuitions and the true mother heart. Even the Reds, who live to upset law and order and who are congenitally opposed to monarchy, revere this Queen. "She is different," they aver. "We respect her in spite of her position in the world." Said one of these radicals: "It is a great pity that she is a queen. Had she not been born to the throne, she certainly would have become the first president of the United States of Europe."

In the manifestations of her art she is designer, painter and architect. She has a background of practical knowledge, she is deeply informed, skillful of hand and possesses a rare imagination. Though a poet she is no mere dreamer. Her sense of organization in the planning of harmonious color schemes and the arrangement of interior furnishings places her foremost in her own land.

Queen Marie is a lover of Oriental splendors, of strange tales, of moonlit legends, of beauty in all its forms. Her culture is broad, her understanding of art—the old and the new is yet broader. With the mystic part of her nature and her love for ancient churches, old stones and crosses, legendary grave stones and picturesque houses, Rumanian national art and architecture fascinate her. At the time she discovered it, Rumanian art was neglected. Then Crown Princess, she revived it by her enthusiasm and the campaign which she started in its favor was a real success.—Adrio Val, Translator to Queen Marie.

The Conquest of the Khyber Pass.

Engineers are now busy constructing a railroad through the Khyber Pass, the great highway that pierces two mighty ranges of mountains which separate Afghanistan from India. Strictly speaking, they are not carrying the rails through the whole of the pass, which is some 33 miles in length, but only as far as Lundi Kotal, where British influence ceases.

No highway the world over has been the scene of such daring, chivalry, tragedy, and treachery, and is so important strategically as the Khyber. Yet for upward of 2,000 years it has remained unchanged.

Although Afghanistan has been closed to the foreigner, caravans laden with all kinds of merchandise have and still are continually passing through the Khyber Pass. Those coming from India travel under a British guard as far as Lundi Kotal, where the caravan is taken over by an Afghan escort.

The railroad starts from Peshawar, a frontier town some 10½ miles from the entrance to the pass. It has already reached Jamrad, the first stopping place within the pass. From this point an ingenious cableway has been built to assist in the laying out of the track. The track is a broad-gauge one and is being built by Afridi laborers. They are finding the work trying, as there is constant sniping by unfriendly tribesmen. The railroad follows the line of the cableway, but some eight to ten tunnels will be necessary, and these are now well in hand. When the railroad is finished merchandise will be carried right into the heart of the Khyber and dumped down on the very border line of Afghanistan.

Somewhere, I Know.

Somewhere, I know, the sky at this bright hour
Is brighter than the long flash of the seas
Flung in a mellow curve against the breeze;
Somewhere, I know, one frail and wistful flower
Breathes to my heart more of the magic power
And pain of loveliness than all the trees
That shower ripe light on a thousand Hesperides,
Leaving the stars ecstatic with the shower.

Somewhere, I know, there is an island's link
Of splendor beat and braided to the moon
Like blossom to blossom in an eternal June;
Somewhere, I know, there shines for me the brink
Of ultimate beauty, and may I thither climb
On the pale ladder of one immortal rhyme!

—Joseph Auslander.



Not Proven

Mose—"What do youall think of these here end o' th' world predictions?"

Eph—"They's no 'count. Neveh knew one of 'em to come true in my life."

Flax Seed for Canada.

On account of the standstill of the flax industry in Ireland, an investigation is being made with a view to growing flax in Canada.

NOTABLE WOMEN IN THE IRISH SENATE

DUBLIN TO HAVE FEW OFFICIAL FUNCTIONS.

Writing, Music and Business Among the Activities of the Four Appointees.

Organization of the Senate of the Irish Free State with four notable Irish women in its membership introduces a new element into the social and official life of Ireland's ancient capital. The Free State is trying out many political experiments in its new Constitution, which came into operation only a few weeks ago.

Notable among these departures is recognition of the principle of adult suffrage so that women in the new Ireland take their place on a plane of complete political equality with men. Without precedent in the history of parliaments was the action of the Dail, which honored all Irish womanhood by according to Mrs. Alice Stopford Green, widow of the English historian, the distinction of being the first member elected to the new Senate. Three other representative Irish women will sit with Mrs. Green in Ireland's upper parliamentary chamber—Mrs. Eileen Drury Costello, also chosen by the Dail, and Mrs. Wyse Power and the Dowager Countess of Desert, the two last named being included among those Senators nominated by President Cosgrave, in accordance with constitutional mandate.

But the chief interests of Ireland's new group of official women are political, economic or literary, rather than merely in what is termed society. In fact, not one of this distinguished quartet of women has ever shone or aspired to shine socially. Their activities have, however, been unusually versatile, and have embraced almost every line of endeavor and achievement outside of the butterfly existence. A brief survey of their careers reveals the fact that other interests have crowded out much participation in the lighter amenities.

Mrs. Healy Avoids Politics.

The life of Mrs. T. M. Healy, wife of the new Governor General of the Free State, is in striking contrast to those of the four new woman Senators. Mrs. Healy has never participated either in politics or society. Her interests always have been and despite the new and great honor which has befallen her husband remain exclusively in her home. This is true despite the fact that Mrs. Healy is the wife and daughter of politicians. Her father was that T. D. Sullivan, like her husband, long a member of Parliament at Westminster.

Nevertheless, Mrs. Healy always reserves her home as the sole sanctuary of her activities. She rarely accompanied Mr. Healy to London and almost never appeared at social functions either in Dublin or elsewhere throughout his distinguished political and professional career. She did come out from the Healy estate, Glenaulyn, chapelized, in the outskirts of Dublin to see her husband sworn in as Governor General, but her friends declare that social entertainments during his regime will be at the minimum and almost austere in their simplicity.

Mrs. Green a Writer.

Senator Alice Stopford Green is not only the widow of England's great historian, John R. Green, but is herself a writer of eminence in the field of Irish history, and an authority on almost every phase of Ireland's tangled political skein. An ardent Sinn Feiner, the friend and counsellor of both Arthur Griffith and Michael Collins, Mrs. Green's ideals are embodied in one of her historical works, "Irish Nationality," wherein she traces the persistence with which the Gaelic race has survived every attempt at subjugation throughout Ireland's long and troubled history.

Born in County Meath, of a Protestant family long allied with Ireland's best interests, Mrs. Green is the daughter of Archdeacon Stopford, a celebrated clergyman of the Church of Ireland. Her religious environment is interesting in the light of her nationalist ideals as showing that Ireland's long struggle has been racial and political and a protest against alien domination rather than essentially a religious squabble.

When not writing on historical and political subjects on her own account, Mrs. Green has found time to revise her husband's "History of the English People." She is a cousin of the late Rev. Stopford A. Brooke, well-known in the United States as a lecturer on literary themes.

Mrs. Wyse Power, a Sinn Fein member of the Dublin Corporation, who has also served lately as director of a woman's league, has had a variety of political experience. In the dark days when many of the original Land Leaguers were in prison, Mrs. Power and Miss Anna Parnell, a sister of Charles Stewart Parnell, organized the Ladies' Land League. Their business was to carry on while the men folks were serving terms in English gaols.

Mrs. Costello a Musician.

As it is, one of the woman Senators is a distinguished literary woman. This is Mrs. Eileen Drury Costello, of Tuam, who has made notable studies in early Gaelic poetry. Being an accomplished musician, Mrs. Costello has also done research work in early Irish music, and the result of her combined studies is embodied in a "Book of Irish Folk Songs," which she has compiled. Mrs. Costello began life as a school teacher in London. She is the wife of Dr. Thomas Costello, of Tuam.

As different from the other three women members of the Senate as possible is the Dowager Countess of Desart. She is the widow of the fourth Earl of Desart, the present Earl being her husband's nephew. The Countess maintains a home at Aut Even, Talbot's Inch, County Kilkenny, and in Upper Berkeley Street, London. She has been actively interested in the revival of Irish industry, organized plants for the manufacture of Irish furniture in County Kilkenny, and is also chairman of the Kilkeny Woolen Mills. Although distinctly a representative of the old landed gentry, Countess Desart was always rated as a Dominion Home Ruler of the School of Sir Horace Plunkett, with whom she will serve in the Senate.

"A Song to Cheer You."

What a delightful present to get a little canary to sing the livelong day and brighten your home on dreary afternoons! That tiny, lively little mass of yellow fluff with the two flirting eyes that dart at you. See his dainty little legs, so fragile, yet so strong. See him flit from side to side of his golden cage. Ah, the joy, the song, the life inside that yellow bunch!

It's pretty nice to go into a store and free one of the thousands from the narrow, dark, wooden cage. You bring him into a golden cage and hang him up by a big window where the sun and light pour in and make his little breast burst in song. It makes you happy to see him eat and peck his feathers into a smooth, downy array. It makes you happy to hear his song, for he must be happy, too.

It might make you happy to see him gaze out into the free sunshine world of blue beyond those tiny golden bars. It might change your mind if you were ever in jail for something you never did at all. Yes, he is born in captivity and knows not what joy is, but freedom you must forever keep him from. You must be one of those who perpetuate the wholesale business of capturing these exquisite little creatures, by having a little fellow like him sit and sing to you of the Gifts of Nature, of the freedom he has lost. You cage the little bird—would that it could cage the song that reached your ears! What then?

A day will come—he doesn't sing—he's thirsty—you forgot. At night he is a drooping little reproach to your inhumanity. He dies there, right before your eyes. You complain at the store and buy another.—Pauline Allen.

War Tank That Travels by Land or Water.

The last word in war vehicles is an armored truck that travels by land or water, that climbs steep embankments, that jumps over trenches, and that makes short work of any obstacle such as wire entanglements, walls, or breastworks. In general construction it is more like an armored truck than the tanks that took part in the World War, but it does all that these did, and more.

A demonstration of one of these war machines was recently given in New York City, and was attended by enthusiastic representatives of the army and navy, and by several hundred members of the American Society of Mechanical Engineers. It traveled along Riverside Drive at a speed of 25 miles an hour, followed by a long column of automobiles, and was then ferried across the Hudson River to the New Jersey side. Here it climbed the towering palisades on a 40-per-cent grade to a height of 100 feet, where it reached a level spot, turned around, and then slid back to the road at the riverside. After incidentally bumping over a 4-foot stone parapet, it drove to the water's edge, where propellers were mounted on shafts provided for the purpose at the rear end of the truck. Then it crossed the river, which is at that point nearly 2 miles wide, in about 45 minutes, the steering being done by means of the propellers.

Port Said in Egypt, gets on an average only 2 inches of rain yearly. London has 24 inches, New York 38 inches.



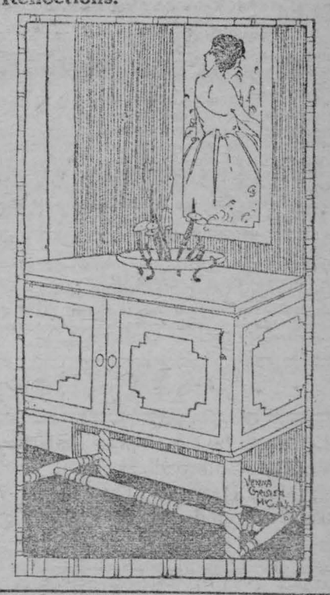
THREE OF THEM FLOCK TOGETHER

—Hazelton Speaker

HOME BEAUTIFUL

By DOROTHY ETHEL WALSH.

Confusing Reflections.



Decorations which bring confusion to the mind of the beholder are to be regretted. Reflections will many times bring turmoil into mental calm. There are welcome reflections and unwelcome ones, and to-day we wish to warn against the latter.

There is a generally accepted belief that a shining surface indicates a lack of wear, and therefore those who worship the "new" revel in tables which glisten, desks which take on somewhat the guise of mirrors and other articles which send forth piercing beams of light from their glazed coatings.

Such reflections belong to the unwelcome class. Why, for instance, should the floor be polished to such an extent that it mirrors the table legs? This confounds any structural value of the decorations. Where the floor should plainly spell strength and firmness it assumes the role of a limpid pool, and we are confused by the incongruity of its mask.

Soft, glossy surfaces are best. They show the wood to its best advantage, and never do they become officious and take unto themselves the task of showing you other articles of furniture reflected on their different planes.

Stories About Well-Known People

Titled Explorer Finds Fortune.

After sixteen years of patient toil and research, Lord Carnarvon, and that distinguished excavator, Mr. Howard Carter, have been rewarded by a marvelous find in the Valley of the Kings near Thebes. Together, they opened the sealed doors of a hitherto unnoticed tomb. There, before the eyes of the astounded excavators, spread out: "Gilt couches, inlaid with ivory and precious stones; innumerable boxes inlaid and painted with entrancing hunting scenes; a wonderful throne; a chair encrusted with precious stones and hundreds of other almost priceless ancient articles." A tentative estimate values the treasures at $40,000,000. And in a third chamber, unopened yet, the explorers hope to find the mummy of King Tutankhamen, of the Eighteenth Dynasty, who reigned in Tel-el-Amarna and Thebes over three thousand years ago.

A Realistic Accompaniment.

This is being told of President Harding: He was being driven to an important meeting while a tremendous storm was raging. The hailstones rattled on the roof of the carriage. Meanwhile a band, undismayed by the weather, began to play.

"That is the most realistic music I have ever heard," said the president to a friend in the carriage.

"What are they playing?"

"'Hail to the Chief,'" said Mr. Harding; "and they are playing it with real hail!"

Sir Arthur's Sausages.

The reputation of Sir Arthur Currie as a serious man still persists. But, as a matter of fact, he has a well-developed sense of humor, which breaks forth into a smile sometimes as he sits ruminating at his desk at McGill University, and the adventure of the sausages pops into his mind.

One day, when General Currie was on one of his many tours of inspection to the front line, he happened to go down into one of the cook-houses.

Encountering the cook on one of the steps of the dugout, he asked him to prepare for him a meal of sausages. When the cook asked him how he would like them done, Sir Arthur told him to cook them the same way as fish.

Half an hour later he returned and put down before the general a plate of skins. Very much surprised, Sir Arthur asked for an explanation. The cook rather nervously told him he had done what he was told and cleaned them out first.

Sir Arthur smiled.

"A Very Human Man."

How did Lloyd George and his wife really take the defeat that meant their moving from No. 10 Downing Street? An English lady was curious to know, and this is what she discovered when she called.

"Dame Margaret Lloyd George's drawing room dispelled any feeling of a visit of condolence even before she herself came in. Gay parrots and roses on chintz sofas, a bright fire, modest, but fresh, arrangements of flowers, portraits of her happy-looking daughters, wedding-group photographs, book-cases that look as though they held school prizes—this is surely not the salon of a great political, wire-pulling lady; it is "mother's room."

"Dame Margaret comes in, brisk, smiling, simply dressed in a dark blue gown. I felt that I was shaking hands with the least dismayed, least apprehensive lady in the political world. Other women may be hysterically putting on their rather rusty spurs. Dame Margaret looked rather as though she had descended thankfully from a long and exciting journey.

"But I thought you wanted me to talk about my husband," she protested, when I asked a question about herself. What woman, after all, wouldn't be rather eager to talk about a husband who, on this day after many years, was at last just a husband again instead of a Prime Minister.

"I shall be glad if he does get a rest," she said. 'He is not a political machine, caring only for politics. The Prime Min——, I mean Mr. Lloyd George—it is hard to remember to call him that now after so long—is a very human man. He loves music. He likes to go to the opera. He likes to play golf. And all these years he has had so little time for his own life. On a fine morning he would say he would like to get some golf. Then he would go down and find so much important work that he could not get away. He is not a man who would have nothing to do outside political life if he were to leave it.

"'He has the power of throwing things off. Yesterday was so dramatic that many people may have wondered how he felt at the end of it. But he did not sit up and go over things again. He went to bed early and slept well, and to-day is well and cheerful. He hasn't forgotten how to be plain Mr. Lloyd George.'"

"MISCHIEF"

By David H. Talmadge

A certain weekly newspaper in a certain farm village contained an item recently to the effect that Henry Helmer, who had suffered a severe cut on the foot from a mowing machine, was progressing favorably towards recovery. That was all; not a word as to the circumstances pertaining to the accident; not a word as to the means by which Henry Helmer was saved from bleeding to death in the field a half-mile from the house.

It is a good little story, too, and the news writer of the certain weekly newspaper might have had the credit for it had he taken the trouble to ask a question or two. Old Dr. Rawson would have been glad to supply the information.

The doctor was standing in front of the bank, his hat in one hand, his white hair stirring gently in the wind, his other hand rubbing the nose of an old horse tied to the railing, when Dorsey Fuller, the village merchant, happened along on his way to the post office.

"'Lo, Doc," sang out Dorsey. "Hank Helmer's horse, ain't it? See in the paper Hank had an accident. Getting along all right?"

"Fine," replied the doctor. "But, Dorsey, if it hadn't been for this old fellow he'd have been dead and buried by this time. This is old 'Mischief'; been called that ever since he was a colt, because he was always up to some devilment or other; opening gates, taking down bars, turning on water, doing most anything a horse isn't supposed to do, but never doing any special harm and always taking his share of the work cheerfully.

"He was hitched with a colt to the machine the day Hank was hurt. The colt tried to run away, but Mischief wouldn't have it; still, the youngster made two or three leaps and the mower caught Hank's foot. Mighty bad cut; a bit more and 'twould have been an amputation. Hank cried when he told me about it, not from the pain either. 'Doc,' said he, 'I didn't know what to do; I just sat there watching the blood spurt, and things went black by spells, and the world was turning topsyturvy. Then I heard a whinner, and I looked up and old Mischief was stepping around excitedly and twisting his neck to look at me. His eyes seemed to tell me what to do. I managed to get the traces unhooked, and then, after a long time of trying, I got myself onto his back like a bag of meal. And he got me home. He had to open two gates on the way, and he had to step pretty carefully to keep me from sliding off, but he done it.' And that's why, Dorsey, I'm paying my respects to the old horse."

The doctor drew a handkerchief from his pocket and blew his nose. Then, a twinkle coming into his eyes, he made a sweeping bow.

"Mr. Fuller,' he said, "meet Mr. Mischief."

"Dee-lighted," said the merchant gravely. He patted the glossy neck, and the old horse half-closed his eyes and yawned.

Created the Demand.

Her hat obscured his view at the theatre, and he leaned forward and asked if it would be possible for her to remove it.

A stiffening of the head was her only answer. After a few moments he repeated his request. Then she turned on him.

"There is no demand for my doing so," she said.

"No demand?" he echoed.

He rolled his overcoat, placed it on his seat, and sat on it. Then he put his hat on his head.

In a moment there were cries of "Take it off!" "Take that hat off!"

And with a swift movement the woman unfastened her hatpins and removed her hat.

Round pearls are more valuable than the pear-shaped kind.

The Winchester Press.

Subscription Rates

$1.50 per year, strictly in advance to any address in Canada. $2.00 per year when not paid within 3 months. Foreign subscriptions $2.00 per year in advance.

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Advertisements ordered for insertion "until forbidden," and those sent without written instruction, will appear until written orders are received for to discontinue same.

Thursday, February, 8 1923

Let us all hope and pray that they will never establish a radio broad-casting at Legislature Assembly Hall, Toronto. There sure would be a confusion of sounds and unpleasant drumming at the ears.

The only thing to do when you get the grippe is to go to bed and stay there, say doctors. And generally speaking, that's about all the victims feel like doing.

The old song, "Spring is Coming" may be somewhat premature, but it is pleasant to look forward to that most joyful and really most beautiful season of the year. The lengthening days, the increasing heat of the sun, bring with them the happy anticipation of spring time. Spring brings the spirit of optimism, of hope, of energy renewed, of vaster and brighter vision. Not only to the agriculturist, but to the manufacturers, the builders, the business men, spring is the hope of greater profitable activities.

Sir Adam Beck's vision in connection with the construction of the Chippawa plant received its vindication last week, when, with the consent and approval of the Drury Government, the Hydro Electric Commission gave an order for the three units required to increase the developement to its full capacity. It seems likely that before these units can be completed, the present supply of current will be exhausted. It may be that the cost of Chippawa was higher than necessary; but on the other hand, following the war public bodies were urged to carry on work so as to provide employment, and those who criticise the cost of Chippawa were among the most vociferous in demanding that this should be done. Sir Adam now declares in favour of the immediate development of the St. Lawrence waterpowers, and says that there will be a market for the greater part of the power before it can be made availabe.—Orilla Packet.

What one, or a few cranks or cronic fault finders, can do to perpetuate turmoil, create suspicion and add to municipal burden of taxation is well illustrated in the neighbouring town of Smith's Falls. That town is at present compelled to pay a bill of nearly $4000 because a few ratepayers, led by one or two, demanded by petition a government audit of the books of the municipality. The audit did not reveal any wrong doing or shortage on the part of any of the town's officials, but the auditors,to in some little way justify their bill for services, did some criticising of the manner in which the municipal accounts and records were kept. And for this the municipality has to pay nearly $4000, and all because less than two dozen persons, whose names are not revealed and whose identity is only guessed at, petitioned the government at Toronto for this audit. The municipal council asked Premier Drury for the names of the petitioners, but he refused to give them. This is the third outside audit the town of Smith's Falls has been compelled to pay for within some fifteen years, and not in one case was any shortage found or any irregularity. As a matter of fact Smith's Falls has one of the most conscientious and painstaking clerks of any municipality in Ontario, and the fact that this last government audit has proved such a fiasco it but further evidence of his worth and ability.

School teachers who are trained in modern methods, where engaged with primary, or advanced scholars, should teach public speaking or what is now called oral composition. This is a fitting introduction to public speaking. Very young children can be taught to tell a story after hearing it read or told. This training is very necessary for as the Youth's Companion correctly says in an Editorial: Every citizen should be able to speak intelligently, in public on any public matter to which he has given thought and study. It is surely a part of the preparation for good citizenship for young men and women to try to equip themselves for giving oral reports or advancing arguments before public gatherings, should the need arise as it often does. The earlier a person begins to take exercises that will enable him to acquire an easy manner in poise, gesture and delivery.

HEALTH MESSAGE TO THE WORLD

Take "Fruit-a-tives" And Make Yourself Well

"Fruit-a-tives", the marvellous *medicine made from fruit juices* and tonics, is the most beneficial medicinal agent that has ever been given to mankind.

Just as oranges, apples, figs and prunes are nature's own medicine, so "Fruit-a-tives"—made from these fruit Juices—but concentrated and intensified—is *the greatest Stomach and Liver Medicine, the greatest Kidney and Bladder Medicine—the greatest Blood Purifier—the greatest remedy for Headaches, Constipation, Indigestion, Nervousness and Bad Complexion—in the world.*

To be well, take "Fruit-a-tives"

50c a box, 6 for $2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Discovery of a blaze in the engine room of the McMaster Lumber Co.'s plant, Kemptville, before it had reached dangerous proportions prevented the loss of the entire establishment on Wednesday of last week. The flames spread rapidly in a quantity of shavings, but the arrival of the village chemical engine stayed their further progress.

Cornwall is excited over the birth there of the first Chinese baby in the town's history to Mr. and Mrs. Lin Wong, the father being the proprietor of a laundry. The Standard declares that there is great joy in the Wong household as well as among the other Chinese residents.

Rev. W. T. Brown, minister of Knox Presbyterian church, Morrisburg, for the last two years, having received a call to the congregation at Jarvis, Ont., the Presbytery of Brockville will hold a pro nata session at Morrisburg on the afternoon of February 13 for the purpose of dealing with the call. Rev. R. M. Hamilton will represent the Presbytery of Hamilton in pleading for the call.

Noticing a bottle labelled "ginger beer" on a shelf in his cellar, Hamilton Allen, of Kemptville, a few days ago decided to drink it. A peculiar taste much unlike that which he had anticipated led to the calling of a physician and the discovery that he had drunk distilled water and acid intended for use in a storage battery instead of the ginger beer. The prompt medical attention is stated to have saved his life.

ECZEMA You are not experimenting when you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually heals the skin. Sample box Dr. Chase's Ointment free if you mention this paper and send 2c. stamp for postage. 60c. a box; all dealers or Edmanson, Bates & Co. Limited. Toronto.

Any Headache
—Sick
—Nervous
—Dyspeptic
—Monthly
Relieved by Zutoo

Splendid Values.

In Choice and Select China and Cut Glass. Very Suitable for Wedding or Birthday Gifts. We have also
Gift Toilet Articles,
Gift Books,
Fountain Pens,
Eversharp Pencils,
All the Latest Sheet Music and will order any piece you want.
We have still some choice Stationery in boxes and not too expensive.
Headquarters for School Supplies.

A. H. Duncan
Winchester, Ont.

There is one thing that the man who knows it all doesn't know. He doesn't know how many people long to kill him.

The Big Store.

Winchester, Ontario.

House Furnishings.

We are showing a very great range of Cretonnes. Down proof Sateens, Chintz, Madras, Scrim and Curtain Net. We can help you to work out almost any desired color scheme. We would be delighted to show you our range whether you want to buy or not.

Window Fixtures.

Brass Rods, single. Brass Rods, double. Curtain Poles.

Window Shades.

We have a good range of Window Shades in plain and duplex colors, 6 feet and 7 feet long.
We always advise customers to pay a few cents extra and have shades mounted on Hartshow Rollers.

Cottons.

You should see what we are showing in Factory Cottons, White Cotton, White Muslin, Circular Pillow Cotton 42 and 44 inch. Plain and Bleached Sheeting. These lines were bought before the last advance and are selling on the old price list.

Lifebuoy Rubbers.

We pin our faith to Lifebuoy Rubbers. There is nothing better on the market. Ask Mr. Utman to show you.

A. SWEET & CO.

LILLIAN AGNEW
Teacher of Piano
Pupils prepared for Toronto Conservatory of Music Examination if so desired. Terms moderate.
Phone 123 or call at her home
Alexander St.
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CLARA IRVING,
Teacher of Burrowe's Method of Kindergarten and Primary Music.
A method which is a delight for beginners.
Also teacher of advanced pupils
Terms reasonable. Lessons given at her home on Main St., Phone 117

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Ottawa, Ont.
Our STANDARD of instruction being 10 per cent. higher than any other, our graduates are preferred and given BETTER PAY.
Our teachers know what to teach, and how to teach it, all having been practical stenographers.
It pays to attend the LARGEST and BEST.
D. E. Henry, President
Cor. Bank and Sparks Sts.

Whitteker the Optician
Will be at Winchester the second Monday and preceding Saturday of each month.

Holly Rebekah Lodge
NO. 116
Meets First and Third Friday in the I.O.O.F. Hall at 8 p.m.
Nora Elliott, N.G. Winnifred Suffel, Rec.-Sec.

THOS. IRVING
Licensed Auctioneer
For the Province of Ontario
33 Clarey Avenue, Ottawa.

THE U. F. O. CLUB HAS A VISITOR

Co-operative Dealing Forms the Subject of a Talk

(Smiths Falls Record-News)

U.F.O. and U.F.W.O. members, assembling in the Sons of England hall on Main street on Tuesday evening, heard much said touching co-operative buying and selling. A visitor present was Mr. C. E. Merkley of Dundas county, one of the Co-operative Company directors for Eastern Ontario.

Presiding at this meeting was Mr. Clarence Shaw, president of the Smiths Falls Farmers' Club, and the first speaker was Mr. W. L. Code, one of the leading members of the Club, who declared that people didn't half appreciate what was being done in the co-operative line. Present prices for farm products would not be nearly so good as they are, he held, but for the efforts put forth in co-operative selling. It had given the famers an alternative; when they were stuck they could turn to someone else. A few years ago a farmer with a note coming due and wanting to sell something to meet it, would send for a drover, who might not come. Farmers were not stuck now because if a butcher or drover didn't give what was wanted farmers could ship to Toronto or Montreal and get the market value, but this did not satisfy some people—those people who would not be satisfied when getting to heaven. All present knew a few individuals who had become wealthy out of farmers—through just taking advantage of farmers. Drovers used to go around this country taking advantage of farmers and at the same time pretending to be good Christians. When a man was stuck and had money to make up and drovers knew it some of them would take advantage of such a man. Mr. Code did not know whether that was Christianity or not, but he knew it had been practised a whole lot. Mr. Code referred to the co-operative selling of cheese, and took the position that if the product of every factory were inspected and graded and sold in that way it would bring up the reputation of Canadian cheese in the British market.

The Chairman—Some farmers sell good steers to the drover and ship the old cows with the U. F. O.

Mr. Merkley asked all to forget politics and be plain, ordinary farmers. There was no reason why politics should enter into business in any shape or form. Unfortunately that had been one of the serious drawbacks; farmers were prone to mix politics in business. Some thought that if members of a U. F. O. Club they would have to vote for a U. F. O. Government. They forgot that a man had still the right of voting as he saw fit. The Co-operative Co. was a commercial proposition pure and simple, and the clubs were purely and simply social and educational. Mr. Merkley traced the rise and progress of the U. F. O. movement and told of the influences with which it had to contend. In 1922 farmers were saving $7 on every 100 pounds of binder twine bought and wire fencing was six cents per rod cheaper than it would otherwise have been, all because of the U.F.O., and yet some people stood back and threw cold water on it. Last year there had been distributed to the farmers of the province over 200 carloads of millfeed per month, not counting corn or whole grain of any kind, and every farmer who sold hogs in 1922 saved money through the existence of the U. F. O. organization; the sale of eggs also could be made on better terms. Mr. Merkley held that every farmer had money invested for the manufacture of products: yet unlike other manufacturers he allowed other men to come in and say his products were worth just so much. All manufacturers except the farmers were organized; farmers were so suspicious of each other they were not organized; one thought the other was trying to beat him or get something out of him for nothing. There was nobody to blame but the farmers. Mr. Merkley did not blame the drovers for offering as small prices as they could; what the farmers must do was organize and become competitors in business. No man, he declared, ever sold livestock co-operatively and followed it up from one year to another who didn't come out ahead; for he always got the market price. Farmers in organizing were not antagonizing anybody; it was easier to buy from many than a few. Buyers could pay more money in that way. If the farmers had men in Toronto who were not doing their duty it was the farmers' duty and privilege to see that they were not there. No farmer who had done business through his own organization for one year could say he had lost money. Mistakes had been made and would still be made, but the members were learning every day, and in two years, should one-quarter of the farmers of Ontario do business through their own organization, that organization would be the biggest in America, one nobody would have anything to say against. The largest and finest creamery in Ontario today was owned by the U. F. O., manufacturing and selling last year over 3,000,000 pounds of butter and charging less for it than others, yet making a profit to the organization of $35,000. This year, if nothing unforeseen happened, the output would be doubled. Mr. Merkley stated that Eastern Ontario was away behind Western Ontario in the co-operative movement, but mentioned Morrisburg as one bright spot in the East as a co-operative centre. He spoke of a big cold-storage plant there, and said that farmers of the Smiths Falls district could do business through that establishment if they wished. Morrisburg could be made an Eastern Ontario distributing point.

Mr. Merkley made reference to the mill here, wondering why the farmers were not supporting it.

Mr. Edmunds—It is because the farmers own it. If an outsider owned it farmers would be falling over each other there.

Mr. Merkley—It could be made one of the best service stations in Eastern Ontario if the farmers would support it. You can't expect us to keep that going here at a loss. The U. F. O. Co-operative Company is not in the field to make money; it is to give service, but we have to make money to cover up losses on certain lines. Now what are we going to do with the Smiths Falls mill? It is a loss and continues to be a loss, but we are sticking to it and it is running every day.

By request Mr. Merkley told of the situation at Peterboro as respecting hogs, showing how the farmers had so organized as to cause the packers to ask them their prices rather than doing the quoting of prices themselves. The packers were going to buy from the farmers as one man, and that one man—the farmers—was going to tell the packers what was wanted for hogs.

Mr. Merkley told of the adoption of a resolution by livestock men in Ottawa last July in favor of the establishment by the Federal Government of union stock yards in Montreal, and he asked this meeting to pass a similar resolution, which was done.

Upon motion by Mr. W. L. Code, seconded by Mr. Elias Bunting, a hearty vote of thanks was tendered Mr. Merkley.

THE STORE OF
Quality, Value & Service

The proverbial bear informed us on February 2nd that the half or more of the winter was yet to come. You will therefore need some warm and Comfortable Underwear.

We have a full stock of these goods in separate garments and combinations of silk and wool, pure wool and fleeced lined, in a variety of weights which we are featuring this week at

20% off Regular Prices.

We invite inspection and comparison.

JOHN McCORMICK & SON
Call and get a Hockey Schedule of the D.A.A.A. games.

TRY OUR BAKER'S RECIPES

Our expert baker has some excellent recipes for home-made bread, which we will gladly supply to you, free of cost.

Write us for them today.



It Has to Pass Our Baker First

EVERY "milling" of Quaker Flour must satisfy our baker before it leaves the mills.

The wheat is analyzed by our chemists for protein, gluten and ash; the perfect grains are selected and cleaned. The product is tested at every stage of milling. A perfect flour is the result.

But the *supreme* test takes place in our own bakery. Every day's "milling" of Quaker Flour must receive the O. K. of our expert baker. It must produce bread perfect in size, flavour, colour and texture, before it can leave the mill. Nothing is left to chance in producing Quaker. You will make far better bread and cake with

Quaker Flour
Always the Same-Always the Best

Just try Quaker.
THE QUAKER MILLS
PETERBOROUGH and SASKATOON 210

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R. D. Cheney, Mountain.

Winchester Public School

HONOR ROLL

Room A

Entrance Class—Bessie Coulthart, Luella Edgerton. Olga Scott, Mabel Sheldrick, Mildred Howes, Jack Boyes, Donald Edgerton, Willis Robinson, Harold Greer, Nina Henderson. S. Annable, principal.

Room B

Junior IV.—Ruth Melvin, Cyril Weary, Harold Lannin, Billie Laing, Alton Bolton, Jennie Empey.

Class III—Olive Gibb, Kathleen Fawcett, Roberta Reveler, Laura Shaver, Dorothy Summers and Chas. Weary, equal.—E. Gardner, teacher.

Room C

Sr. III—Jay Sheldrick, Robert Hitsman, Cecil Merkley.

Jr. III—Evelyn Fennel, Evah McQuaig, Alice Black, Marjorie Colborne, Irene Moffatt, Eileen Melvin, Gordon Elliott, Arnold Barkley.

Sr. II—Ross Hutchinson, Ethel O'Neil, Grace Workman, Ada O'Neil.—teacher, Leroy E. Strader.

Room D

Jr. II—Myrna Robinson, Maud Edgerton, Jean Melvin, Harold Lee, Geo. McKeown, Carl Barrigar, Phyllis Henderson.

Sr. I—Allan Preston, Vivian Lee, Jean Van Bridger, Earnest Helmer, Frances Eagleson, Hamlet O'Neil and Cecil Marquette, Harry Rodney, Thelma Billings, Mildred Shaver.—teacher, D. Christie.

Room E

First Book—Jennie Utman, Elwood Thomas, Gordon McQuaig, Pauline Thomas, Tweed Darling and Dwight Armstrong, equal.

Sr. Pr.—Mary Ann Holmes, Audrey Scott, Hugh Laing, Willie Nesbitt and Alfred Carkner, equal; Margaret Hitsman, Jimmie Jacob—teacher, H. J. Beach.

Room F

Class A—Audrey Black, Keith Hamilton, Keitha Coulthart, Olive Bellinger, Pearl Billings, Don. Utman, Jack Shaver and George Cowie, equal.

Class B—Eleanor Melvin, Doris Hamilton, Audrey Bell, Lloyd Dixon, Gordon Durant, Desmond Dixon.

Class C—Pearl Walker, Charles Davidson, Frank Billings, Margaret Copeland, Andrew Deeks, Edward Annable.—Teacher, G. A. McCormick.

ORMOND PUBLIC SCHOOL

Senior Room—Form II—(Lit.), Etta McDonald, 85; Kathleen Carkner, 75; (Gram.), Kathleen Carkner, 58; Etta McDonald, (absent).

Sr. IV—Dugald McLean, 85; Allan McLean, 61; Hector McLean, 59; Margaret Carkner, 57; *Albertine Marion, 46; Jane Marion, 35.

Jr. IV—*Fred. McDonald, 54; *Ernest Charron, 41; Myrtle Cinnamon, (absent).—Teacher, Clara M. Allison.

Junior Room—Sr. III—*Mabel York 83; Vivian Carkner, 80; John McDonald, 67; *Jessie McLean, 63; Colin McLean, 46.

Jr. III—Ellis Carkner, 48.

Sr. II—Beth McDonald, 78; Ruth Cummings, 65; Jean Carkner, 58; Thelma Cinnamon, (absent).

I—*Orton York.

Sr. Pr.—Austin Carkner, Carrie Carkner, *Wallace York.

Jr. Pr.—Lola Cinnamon.—Teacher, Annie J. McLean.

(*)—Perfect attendance.

In Memorium

Died at his home near Shanly, on the morning of January 29th, 1923 Stanley Henderson, husband of his young widow, Stella Henderson. Stanley departed this life at the early age of 25. The funeral service was conducted in the Methodist church Ventnor, where Stanley was a member. Rev. Wright conducted the solemn service, assisted by visiting pastor Rev. Morrison and Rev. Cleland of Spencerville. The pall bearers being ones of Stanley's Sabbath school class. The floral offerings were beautiful and abundant. After the service a large concourse of sorrowing friends and neighbors followed the remains to Shanly, where they were placed in the vault. The sympathy is extended to the young widow and little son, also father, mother and brother and sisters. The funeral was one of the largest seen in Shanly community in a long time, as it showed the high esteem in which our brother was held.

Slowly, surely evening shadows
Gathered round our quiet home,
But within a darkness blacker,
Denser far was seen to loam.
Wrestling with the grim Death angel
Struggling with the racking pain,
He, we loved so dear was lying,
Nevermore to rise again.
List! the feeble voice is whispering,
I would see Stella dear,
You will stay close beside me,
Stanley will soon no more be here.
Stella you must shield my baby,
Watch o'er him in storm or calm,
Love and cherish little gamsey,
My own darling, lonely lamb.
Stella, you must live for Jesus,
A noble, honest, righteous life,
And meet me by the crystal river,
Her dying then her angel companion.
Stella dear, there came a picture,
When upon my bed I lay,
Of a river clear as crystal,
In a land of endless day.
And the saved upon its margin
Was of bright and shining hue;
There just walking close beside it,
Was dear ones that I knew.
All around was light and glory,
Brightness such as never before
My eyes had gazed upon while living,
Stella 'twas the heavenly shore.
Now I'm going, surely going,
Stella close beside me stay,
Farewell dear one, meet me in heaven,
Stella I am almost home.
One last kiss, good-bye, I'm going
Where there is sorrow nevermore
Within the glorious golden city,
Beside the crystal river's shore.
Another lamp gone out,
Another spirit fled,
Another one we loved
Gone with the quiet dead.
Oh! that those left would learn to know,
This is the way mankind must go,
And while on earth their life they spend,
Consider well their latter end.

Signed—A Friend.

Atfer a brief illness, the death of Charles F. Suffle, station agent at Gleichen, Alberta, occurred at the General hospital at noon on Thursday of last week. The deceased was 48 years of age and was highly respected in the Gleichen district, where he was well known, having been station agent there for the last four years. He went to Alberta fourteen years ago from Winchester, Ontario. He leaves in addition to his wife, one son, 11 years of age. He was a brother of Mrs. Fred. Grant, of Medicine Hat and Mrs. Geo. Suffle of Winchester is a half sister.

Winchester Springs

The Methodist quartly Official Board of Winchester Springs circuit met at Elma Feb 5th. It was moved by Mrs. W. Carruthers that we extend an invitation for the fourth year to Rev. and Mrs. Howe. The resolution was carried unanimously.

Mr. T. Durant and Mr. Willis Cross of Winchester were guests of Mr. and Mrs. O. Casselman, Monday.

The W. M. S. of the Presbyterian Church met at the home of Mrs. Wm. Steel. The day was favorable and there was a good attendance.

Mr. and Mrs. J. H. Shaver, Mr. Howard Durant and sister May, attended the funeral Sunday at Hainsville of little Olive the adopted daughter of Mr. and Mrs. Floyd Shaver.

Mr. T. P. McQuaig of Morrisburg was a caller recently in our village.

Miss M. Algate from Cass Bridge spent a few days with Mr. and Mrs. D. Slater.

The W. M. S, of the Methodist Church met at the home of Mrs. G. Myers on Tuesday.

Mrs. Heber McIntosh and children spent a few days the guest of Mr. and Mrs. E. Beckstead Williamsburg.

Miss Aleitha Thorp is on the sick list.

Mrs. W. McIntosh was the guest of her daughter at Toye's Hill last week.

Mrs. H. Meddaugh and son spent a few days last week with Mr. and Mrs. G. Myers.

Mrs. S. Rice is visiting her daughter at Wales.

Miss Mary Munroe of Nation Valley is visiting Mr. and Mrs. Thos. Cunningham.

Miss Ella Barkley who has been visiting Mr. and Mrs. D. E. Barkley left for her home going by Winchester to visit her brother Mr. J. Barkley.

Morewood

Mr. and Mrs. Armstrong of Avonmore visited at the home of Mr. and Mrs. F. Fraser's last week.

Mr. Robt. McVey has moved to Smith's Falls. where he will engage in an ice-cream and grocery department.

The hockey match between the High School and the married men on Wednesday resulted in a tie 3-3.

Mr. Arthur Steinburg and daughter Evelyn and Mr. and Mrs. Curtis Forrester spent Thursday at Winchester Springs the guest of Mr. and Mrs. Wm. Thompson.

Mr. Thomas Reveler spent Thursday at with Thursday with friends at Winchester.

Mrs. Hugh Allison and son Charlie of Smith's Falls spent the week-end with her sister Mrs. A. B. Allison.

The Play put on by the Methodist Ladies last Friday evening was a great success. The parts were ably taken care of by different actors.

Miss Anna Timmins of Winchester is the guest of Miss Eva Reveller.

Mr. Fred Everetts of Iroquois and Mr. Dery of Hull were here on Friday taking a photo of our Memorial Monument for the Federal Government.

Mr. Emmerson Faulkner of the Royal Bank left Monday for Ottawa, where he will enter one of the Royal Banks of that city.

Mrs. Atcheson of Kemptville is visiting her daughter Mrs. Ralph Scott.

Mrs. Jenny Cheney is visiting friends in Ottawa.

Mr. Henry Whitteker of the Ninth is suffering from an attack of Brain Fever. He is doing as well as could be expected and all are hoping for a speedy recovery.

The Young People's Society of the Methodist Church held their social evening on Monday at the home of Miss Elza Glasgow. Music and games were engaged in till the closing hour when a lunch was served and the evening closed by the National Anthem.

Mrs. Henderson of Winchester Springs is staying with her brother Henry Whitteker, during his illness.

Nation Valley

The Rev. Mr. Hall, of Williamsburg was calling in this district.

Mr. and Mrs. R Johnston of the Springs were the guests of the latter's parents in this locality.

Mrs. Andrew D. Summers spent the past month at the home of her brother Mr R. Strader, Iroquois.

Our young people are visiting all the near by rinks as often as possible.

Rev. Mr. Brown of Chesterville was calling in the Valley.

We are glad to know our people who were quarantened are all out again and enjoying life.

Mr. John E. Munroe and family and Mr. and Mrs. A. E. Meldrum of Ottawa have the sympathy of this district.

Master Albert Munroe of this place has contracted typhoid fever while under quarantene. We are glad to report Albert progressing favorably.

Some from here attended annual meeting in the Presbyterian Church Chesterville.

Miss Rena Gray entertained the young people from Maple Ridge recently, coffee, cake and ice-cream were served, all report a good time.

Mrs. Jas. Rae and Miss Helen Jameson attended the Presbyterian W. M. S. at the home of Mrs. Steele Toye's Hill.

Mr. Colborne Barkley went to Syracuse, N. Y. to assist his brother John in his garage.

Mr. Alman Summers in Chesterville helping audit the township books.

Miss Olive Merkly visited her cousins at the Ridge.

Mr. and Mrs. Garnet McLean of Chesterville were calling in the Valley.

A number from here attended the Presbyterian Banquet at the Springs.

Miss Nell Elliott visited recently in Winchester.

Toy's Hill

Mr. and Mrs. Allan Jeffrey of Mountain were the guests of Mr. and Mrs. Jas. Johnson on Thursday.

Mr. and Mrs. Howard Wylie and family spent Sunday with Mr. Lloyd Murdock of South Mountain.

Mr. Wm. Steele spent the week-end at Avonmore.

Mr. Sterling Coons spent Thursday with his sister Mrs. Nathaniel Holmes of Winchester.

Miss Beatrice Peterson is spending a couple weeks in Bedell.

Mr. M. Coons of Michigan is renwing old acquaintances after an an absence of 20 years.

Mrs. Wm. Steele entertained the W. M. S. on Friday afternoon.

"Home Furnishing House."

We have a Plain Oak Dining Room Suite, Fumed Finish, consisting of one 42 inch Table, pedestal base; one 48 inch Buffet with 10 x 30 inch bevel Mirror; one 32 inch China Cabinet, glass door and ends; 1 Arm Chair with Leather Seat; five Chairs with Leather Seats. We are offering this at a

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Winchester Lodge, No. 336, I.O.O.F.
Meets in the Lodge Room over the Bank of Ottawa Every Monday evening at 8 o'clock. Visiting brethren cordially welcomed.
I. Cinnamon, N.G. H Helmer, V. G.
M. C. Robinson, Rec-Sec.

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WESTBOUND
No. 23—12.40 p.m. flag for passengers from Montreal and to and beyondSharbot Lake
No. 35—10.07 a.m. stop except Sunday.
No. 29—7.40 p.m. stop. " "
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No. 24—5.00 a.m. flag for Passengers to Montreal and from Shorbot Lake and Points beyond.
No. 30—8.05 a.m. stop.
No. 36—5.27 p.m. stop.
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Winchester
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Late D. F. Sutherland
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Farm Crop Queries

CONDUCTED BY PROF. HENRY G. BELL



The object of this department is to place at the service of our farm readers the advice of an acknowledged authority on all subjects pertaining to soils and crops.

Address all questions to Professor Henry G. Bell, in care of The Wilson Publishing Company, Limited, Toronto, and answers will appear in this column in the order in which they are received. When writing kindly mention this paper. As space is limited it is advisable where immediate reply is necessary that a stamped and addressed envelope be enclosed with the question, when the answer will be mailed direct.

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V. B.:—Please give me some suggestion on how to treat celery blight.

Answer:—To treat celery blight prepare a mixture of Bordeaux which is made as follows: Dissolve 4 lbs. quick lime in a wooden container and 4 lbs. copper sulphate in another wooden pail. Empty both of these into 20 gals. of water. Immediately you have made the solution spray it on the celery in a fine spray forcing it down among the leaves as thoroughly as possible. This spraying should begin as soon as the celery is well started after setting in the field and should be kept up at least five to seven times. Do not use the Bordeaux mixture if it has been standing any length of time, but mix up fresh material every time you have to spray.

K. K.:—I would like to know whether I shall sow oats with the alfalfa seed this spring or alfalfa alone.

Answer:—Early oats make very good nurse crop to sow with alfalfa, especially if you are careful not to sow too much seed. I would recommend not more than a bushel to an acre if you are seeding alfalfa at the same time. Barley has been used with exceedingly good results since this crop ripens quickly and is out of the way by the time the young alfalfa is well started.

O. L. B.:—Next spring I wish to sow alfalfa with winter wheat. Would it be advisable after top-dressing with farmyard manure? Would it be advisable to sow lime on the wheat, and what would be the best time to sow alfalfa?

Answer:—If you have not applied lime to the alfalfa ground I would advise that you scatter a fairly heavy dressing early in the spring before the frost goes out. This will sweeten the ground and should assist the growth of the bacteria that are found on the oats and alfalfa. In preparing your ground for the sowing of alfalfa you might apply a light dressing of farm manure with good purpose, putting it on after the lime and before the frost has gone out of the ground, or you can get very good results by a top dressing of fertilizer, scattering it at the rate of about 200 to 300 lbs. per acre as soon as the soil is sufficiently dry in spring for a team to work on it without injurying the growing crop. I would advise your using a mixture analyzing about 2-12-2, that is, 2 per cent. nitrogen, 12 per cent. phosphoric acid and 2 per cent. potash.

M. F.:—I stored a quantity of dry black muck last autumn, and as my horse stable is about two feet from the ground I intend to make a box 3' wide by 1' deep, the whole length of the stable and place this directly under the gutter which is made of 2" plank, the bottom being perforated so as to let the horse urine drain through into the box below which is filled with dry muck, and will be emptied and refilled as required. Please let me know what chemical I should use in the muck to make a good fertilizer for potatoes, and other garden vegetables. Would it do to mix the chemical with the muck while it was dry before it got saturated?

Answer: I would advise that you add to the muck soil in question about 5 lbs. of acid phosphate, mixing it with the muck before you put it in the box. This will help catch and hold nitrogen from the manure. When preparing this for application to your potato field, for every ton of the mixture that you have taken out of the box add about 150 lbs. of muriate of potash. This should make a fairly well balanced fertilizer for potatoes. You should make a fairly heavy application of this to the potato soil, putting at least a double handful in each potato hill. However, see that this is mixed well with the soil before dropping the pieces of seed potatoes.

Poultry

To stop roup start immediately to increase the scratch feed. If possible, feed our skim milk, or buttermilk in some form.

Give them a dose of Epsom salts at once, at the rate of about one pound per 100 birds. Feed it mixed in a wet mash about two hours before they go to roost. You may have to keep other feed away for about six hours before feeding the salts, so they will be hungry enough to eat plenty. The next day start feeding ordinary ground sulphur or flowers of sulphur at the rate of one pound per 400 birds, in a wet mash, every day for ten days. Then give another dose of Epsom salts. If the birds are not by this time pretty well over their roup, repeat the treatment at the end of ten days again.

Like sugar, butter, cheese, etc., honey is a highly concentrated food stuff, but unlike the others, it is predigested.

Dehorning Calves.

Many are familiar with the simple process of preventing the growth of horns on calves. Moisten the spot where the horn is to grow, and rub it with a piece of caustic potash till it looks red. That is all. An agricultural paper we read recently says: "Rub till the skin is broken and it begins to bleed." This is not necessary. As soon as the place begins to look even slightly irritated it need be rubbed no longer. It is best to do this before the calf is two weeks old. Only a little moistening with the finger, dipped in water, is all that is required.

Home economists figure that the farm kitchen ought to be at least 175 square feet in area. It should be well lighted, well painted, and have a lot of table space.

Only under urgent conditions should bee colonies be opened during the middle of winter or when it is very cold, since undue disturbance may start brood rearing, which would be very undesirable. Brood rearing should not start until spring nectar is available.

For Home and Country

Their Kindness Meant So Much

The sympathy of the Institutes of old Ontario with the fire sufferers of the North was deep and expressed itself in prompt and practical ways in the supply of food, clothing, materials for building and in money. In the late autumn a number of Branches sent cheques to the Department, sufficient in amount to give a small cash Christmas gift to each member of a Northern Ontario Branch who was spending the winter in the fire-swept region.

The accompanying letters, only a few of many sent to the Superintendent, indicate something of the appreciation with which this thoughtfulness on the part of their sister Institutes was received:

Charlton Women's Institute: (1) "Please accept my thanks for the very acceptable Christmas gift. Our Institute members in old Ontario have proved to be real helpers in every way and we are indebted to them for many useful things, also clothing, etc., and we fully appreciate their kindness, and I hope if ever it is our turn to help, we shall not be found far behind in doing our share."

Charlton: (2) "I was agreeably surprised to receive the letter enclosing postal note $8.00 from old Ontario Institutes. I'm sure I am very thankful to them, as we lost everything in the recent fire. The Institute is doing wonderful work."

Hanbury Women's Institute: "Allow me to acknowledge the receipt of three dollars, which I received last night. It is a welcome gift indeed, as we lost everything in the recent fire."

Whitewood Grove Women's Institute: "I received the letter containing postal note for three dollars ($3.00) and many thanks for same—which is very acceptable at this time. It is very kind of the different Institutes to think of us in our loss, and we have had help from a number of the Branches, which we appreciated."

Heaslip Women's Institute: "Your letter of the 20th and postal note received. Please accept my thanks and appreciation for your kindness. Wishing you and all members a bright and prosperous New Year."

Thornloe Women's Institute: "I am dropping a few lines to thank you many times for the money order for $3.00 you sent me. I am sure I appreciate this kindness very much. It means so much to me after losing so much in the great fire. Some of the Institutes certainly have done well to help us out and we all feel very grateful to them, and it makes us feel we want to do more for the Institute."

CANADA'S TRADE WITH SCANDINAVIA

DESTINED TO INCREASE YEAR BY YEAR.

Prominent Norwegian Business Man Advises Use of Slogan "Made in Canada."

By virtue of the uniform high quality of Canadian commodities offered for export, and by adherence to the best British ideals of fair play, Canadian exporters are attaining a strong position in the Scandinavian and Baltic countries, according to Mr. George Peterson, one of Norway's foremost business men, chief of the Import Section of the well established firm, Loken & Company, Christiania.

When asked for a statement relative to further development of Canadian trade with the North-European countries, Mr. Petersen gave as his considered opinion that the commerce with Canada is destined to increase in volume year by year, particularly in such staples as grains, flour, sugar and provisions.

"The Northern countries are large importers of grain, flour, sugar and provisions, and I have every reason to believe that Canada will find these countries among her very best customers."

"Speaking of grain and flour, Canada's chief articles of export, it is worthy of consideration that Norway alone comes into the world's markets as a purchaser of 500,000 tons annually. These purchases are made for the Government Grain Monopoly, which I have reason to believe will continue in operation for some years to come."

"Norwegian import of flour from Canada started some twenty years ago, when Canadian flour had to sell at a discount in competition with the widely advertised American brands. It took several years before the trade became convinced of the superiority of the Canadian flour, which now is being recognized as the best obtainable."

Commends Canadian Millers.

Mr. Petersen is most laudatory in his remarks about Canadian millers with whom he has had dealings during the past twenty years. Speaking for his firm, who by the way, is one of the leading and the largest brokerage firms in Norway, he says:

"Canadian exporters of flour have always treated their Norwegian customers well by shipping uniform qualities, and by living up to the letter of the contracts. I can truly testify to the high respectability of the Canadian millers. In my twenty years' experience with them, I have known no instance where a contract has been cancelled, nor of any claims which have not been adjusted to mutual satisfaction. In fact, no draft drawn by a Canadian miller has been refused on account of unsatisfactory delivery. This speaks volumes for the integrity of the trade, and being characteristic of Canadian methods of doing business with foreign customers, it gives the chief reason for the strong position attained by Canadian exporters in the North-European countries.

"During the last two years, Canadian flour has suffered somewhat under the keen competition with American milling interests, but there is a growing interest in Canadian flour, not only in Scandinavian countries, but also in the Baltic States."

"If I should venture a suggestion, it would be this, that each barrel or bag of Canadian flour, sold for export, be stamped with the slogan: "Made in Canada', " continued Mr. Peterson, who seems convinced that Canadian flour can capture any market on its merits.

Speaking of sugar, Mr. Petersen states that the annual importation to Norway of refined sugar is approximately 70,000 tons. In pre-war times about 50,000 tons were imported annually but in recent years consumption has increased, probably due to Prohibition.

Before the war, Norway obtained 80 per cent. of her supply of refined sugar from Germany, while the Netherlands and the old Bohemia supplied the balance. The first Norwegian purchase of sugar in America was made in 1915 through Mr. Petersen's firm, when this firm purchased 20,000 tons for the Norwegian Government. This contract was placed with New York interests, who continued to supply Norway while the Government Sugar Monopoly continued in operation.

Buying Canadian Sugar.

A few weeks ago, after the monopoly had been lifted, Norwegian interests contracted for delivery of about 2,000 tons refined sugar from Canadian refineries, which, in Mr. Petersen's opinion, should be able to obtain their share of the Scandinavian and Baltic business. The Canadian refined sugar compares favorably with the best American brands.

Provisions of Canadian origin have not as yet found an active market in the North-European countries, due to the fact that they are of higher quality and commanding a correspondingly higher price than the American products offered for sale here. There is, however, a tendency towards increasing trade in these articles.

Mr. Petersen, who has wide business connections, covering the Scandinavian and Baltic countries, says that it is always a pleasure to him to recommend Canadian products, as he then can guarantee high quality and fair dealing. It is, in his opinion, only a question of time when Canada will control a considerable share of the trade with the Northern countries in grain, flour, sugar and provisions, of which they are large purchasers.



THE NEW WATCHWORD!

—From the Los Angeles Times

Fundamental Principles of Co-Operative Marketing

By R. D. Colquette, B.S.A., Professor of Marketing Economics, Ontario Agricultural College.

ARTICLE V.

A co-operative marketing association must have a contract or marketing agreement with its members by which the members agree to deliver all their product, of the kind handled by the association, to the association for marketing. There is nothing new in this idea. It has been in operation in Denmark for over 40 years. In California the contract idea has been in force for over 20 years. All the great co-operatives of that state and many of the associations that have, within the last few years, sprung up in other states and in Canada, have binding contracts with their members.

It is not generally realized how extensively the contract idea has taken hold. Suffice it to say then, that in 1922, according to conservative estimates, not less than a billion dollars ($1,000,000,000) worth of farm products were marketed by the co-operatives of Canada and the United States under definite contracts with their members.

There are two general types of contracts in common use. The first is known as the term contract. It runs for a definite number of years. The length of time covered varies, but five years seems to be the most popular term. Some are for seven years. One, signed by the raisin growers of California, runs for 14 years. The method is to sign up the members for a definite term at the end of which all the contracts expire. A renewal campaign is then put on and the members signed up for another definite period.

The other type of contract is called the self-renewing type. It is a contract which continues in force indefinitely but which may be cancelled by either the association or the member under certain specified conditions. Cancellation can be made only at the end of the crop year after due notice has been given within specified dates.

The contract of the Ontario Co-operative Dairy Products Limited, a new organization for the co-operative selling of Ontario cheese, has a contract which is a combination of these two types. It is a term contract to begin with, having no withdrawal privileges during the first three years. After that it becomes a self-renewing contract and may be cancelled at the end of 1925, or of any year thereafter, by giving notice between December 1 and December 15.

There are many good reasons for having a contract. A few will be briefly enumerated.

1. It ensures volume of business. No co-operative marketing association should begin business until it is assured of a sufficient volume of business to ensure economical operation. In the organization period a definite objective should be set and unless the objective is attained the organization should not begin operations. Under the contract system it is possible to definitely ascertain when the minimum volume which has been set as the objective has been signed up. This goes a long way toward assuring the success of the undertaking.

2. The contract holds the organization together. Those who oppose co-operative marketing always try to incite the farmers against signing the contract. They know that it destroys their greatest weapon in fighting co-operative marketing. Their favorite plan is to split the farmers up by going into isolated districts and offering higher prices than the market warrants in order to steal away the members' patronage. This weakens the association and carried far enough breaks it up. Then they have the field to themselves again and can soon make up any losses they have sustained. With the marketing agreement signed by all the members outsiders have no opportunity for breaking up the association in this manner. The members in each district need have no fear in staying by their association for they know that the members in all the other districts having signed the same agreement, are also standing by it. The marketing contract is really an agreement between the members that they will stick together and give their association a chance to show what it can do.

3. A better manager can be secured. With the assurance of a large volume to handle over a period of years more capable men can be interested and their services obtained.

4. With an assured and known volume to handle the management can negotiate sales knowing that the product will come forward to fill the orders. This greatly strengthens the position of the association in the market. If there is danger that the market will not absorb the volume handled at good prices the situation can be foreseen and the market extended by judicious advertising and other means.

5. Great economies can be effected in handling the product. Under competitive methods of marketing a great deal of effort and money is expended in drumming up business. This is one of the greatest sources of expense. With the product contracted by the members the management of a co-operative marketing association is saved all this outlay. The volume comes forward under the terms of the contract and the management can devote all its energy to efficiently marketing the product.

Other advantages of the contract system could be enumerated but these must suffice. It is a common saying that the farmers will not stick together. The co-operatives which have adopted the contract have no trouble on this score. A definite and binding contract is a feature of all the large and permanently successful co-operative marketing associations on this continent and it is recognized by all authorities as a fundamental to the success of a co-operative marketing enterprise.

A Million Backaches.

One of the sad mistakes that this Dominion of ours has made, is in allowing the idea to persist that a kitchen sink should be just so high, regardless of the length of mother's mortal frame.

It may be too much to say that all the ills of our beloved country can be traced to the fact that the wash-tubs are only twenty-seven inches from the floor, whereas they ought to be thirty inches because mother stands five feet four. But we do know that lawyers and politicians are all the time throwing fits over questions that are absolutely trivial and childish compared to this.

If mother is so tall, tubs, sink, table, stove, and ironing-board ought to be so high from the floor. If she is taller, they must be higher. Even if, by some miracle, she were to be four feet ten one day and five feet eight the next, every one of those blessed things ought to be changed every time she did.

That is what we think about the real importance of backaches.

The Sunday School Lesson

FEBRUARY 11

The Spirit of Prayer, Luke 18. Golden Text—The sacrifices of God are a broken spirit: A broken and a contrite heart, O God, thou wilt not despise.—Ps. 51: 17.

Lesson Setting—The subject of our lesson to-day is that of prayer. The whole life of Jesus was an exemplification of the place of prayer in life. How often we see Jesus stealing to the quietness of the mountain top to refresh himself by communion with God. Prayer was not for him a duty. It was a necessity. It was a real part of his life. Prayer was not for him an effort to bend the will of the Father to his will. It was a bending of his will to God's will. There are two parables on prayer in our lesson to-day. These parables deal with some aspects of prayer, not with the whole subject. After all a parable is a story meant to tell us a little about a great big thing. Jesus does not explain "why" we pray but rather "how" we should pray.

I. Praying With Persistence, 1-8.

Vs. 1, 2. That men ought always to pray . . not to faint. Moffat translates "about the need of always praying and never losing heart." It is not unending prayer that Jesus urges. A long prayer may be a very faint-hearted prayer. It is a persistent spirit rather than persistent utterance that Jesus commends. The opposition is not between praying always and praying sometimes, but between hopeful praying and hopeless silence. A judge, which feared not God, neither regarded man; a man holding a most responsible position, yet lacking absolutely the qualifications for that position. He repudiates God's moral law and man's claim for justice. His position and power were used wholly in his own interest. A hard man to move.

Vs. 3-5. There was a widow; a poor and friendless woman and therefore one who would have enlisted the sympathy of a just judge. He would not for a while; she could offer no bribe or corresponding gain. But afterward; because she did not desist in her entreaties. The justness of her cause would not let her be discouraged by the unjustness of the judge. I will avenge her. The persistence of the woman made her an annoyance. It is his own comfort he consults. Lest . . . she weary me. Lest she wear me out (cover me with bruises).

Vs. 7, 8. Shall not God avenge his own elect. If persistence wears down the hard heart of the unjust judge, what effect will the persistent cry of God's children have on the loving heart of the Father. If the judge's delay did not discourage the poor woman, why should delay discourage the elect of God. Though he bear long . . he will avenge them speedily. If justice has its long delays, so has love. God cannot answer immediately always. We must wait long sometimes, but when the proper time arrives the answer will be as speedy (sudden) as the flash of lightning. God's delays are as loving as his answers. Therefore they should not make prayer to be faint. Shall he find faith. When the time is ripe for his coming, will it find God's elect praying in faith or waiting without hope.

II. Praying With Pride, 9-11.

V. 9. Unto certain . . as trusted in themselves. From the parable of persistent hopefulness in prayer, Jesus passes to speak a parable showing the true humility of prayer. The spiritual condition of those for whom Jesus spake the parable was that of self-confidence and self-satisfaction. And despised others; an inevitable result of self-admiration and complacency.

Vs. 10, 11. Two men . . a Pharisee . . a publican; one man the typical religious man of the day. The other belonging to a class noted for their unscrupulous dealings in raising the taxes. Going to the Temple was a habit with the Pharisee. Some stress of soul had driven the publican. Prayed thus with himself. The prayer is a soliloquy of the Pharisee with himself, meant however to be overheard by others. The Temple brings no thought of God, but only a satisfied remembrance of himself. I am not as other men are. The Pharisee measures the difference between himself and others, not between himself and God. True prayer measures the gulf between God and one's own soul. Extortioners, unjust, adulterers. The Pharisee makes a dark background out of the lives of others, against which his own excellencies shine out radiantly. True prayer never makes religious capital and advantage out of the sins of others.

True prayer asks God to forgive and forget our sins rather than to remember our excellencies.

III. Praying With Humility, 12-14.

Vs. 12-14. Publican, standing afar off. The Pharisee stands apart in proud and confident isolation. The publican stands apart in shame and contrition. The Pharisee stands apart to be seen. The publican stands apart to be hidden. Both betray their spirit in their attitude and bearing. Would not lift up . . his eyes; not because he is ashamed in the presence of the Pharisee, but because he realizes that he is in the presence of God. Prayer kept the Pharisee apart from God and man. Prayer brought the publican to the feet of God. God be merciful to me a sinner. The publican has not only the right attitude and the right spirit of prayer, but also the right content of prayer. He confesses his utter sinfulness and unworthiness. He expresses his need of and desire for mercy. He utters no defence or praise of himself, and no condemnation of others. This man went down . . justified. The Pharisee did not find God because he did not seek him. The publican went to his home with complete pardon and with a sense of that pardon. The Pharisee went to his home the same proud, unsympathetic, unloving soul. The publican went to his home a new man.

Application.

The story of the man borrowing a loaf at midnight (Luke 11: 5-8), and the story in this lesson, of the unjust judge, go together; and taken together they make it very evident that our Lord put great importance on persistent prayer. "Importunity" is the word in Luke 11: 8. Dr. Moffatt translates it, "He will give you whatever you want, because you persist." Again, as illustrating how emphatic is Jesus on this matter, Dr. Adeney, in the Century Bible, says that "ought" in Luke 18: 1 is literally "must"—that is to say, "It is absolutely necessary to pray, and that perseveringly—under all circumstances, never abandoning prayer in despair."

Christ follows the story with the question, "Howbeit when the son of man cometh, shall he find faith on the earth?" Shall he find the faith that is requisite for this persistent prayer? If Christ stressed persistence in prayer, how much oftener he spoke of faith "According to your faith, be it unto you." Why are ye fearful, O ye of little faith?" "If ye have faith as a grain of mustard seed, ye shall say unto this mountain, remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you." "The power of faith,"—why, Jesus declares it equal to anything. It can do the seemingly impossible.

Hospitals for Sick Farmers

BY EARLE W. GAGE

Though a comparatively new idea, you will find the rural hospitals scattered over the face of the prairie country of Western Canada, meeting medical needs in a manner that every farm family so urgently requires, but so seldom receives. One of the handicaps to living in the country has been the universal lack of hospital and medical service, and this has been increasingly true in the recent shortage of country doctors.

The provinces of Manitoba, Saskatchewan, Alberta and British Columbia have solved these problems by erecting community hospitals right in the farming centres, the hospitals being sustained by taxation which is not burdensome. Many sick people, who would otherwise have a long journey into a larger centre, or go without treatment, have medical attention and are nursed back to health in their own neighborhoods. Many young Canadians—farmers of the future—first saw daylight in these modern rural hospitals, and their mothers have received the treatment given to the maternity cases in more thickly populated centres.

Each province of Canada maintains a Department of Public Health, and the western provinces being essentially agricultural, the boards of these sections are concerned to a great extent with caring for the well-being of rural settlers and devising means of giving country folks the best medical attention possible.

That the question has been admirably solved by establishing these rural hospitals, was evidenced recently when the American Medical Association agreed that Western Canada led the continent in its methods of rural health nursing and other medical measures.

The hospitals are of three types. The first or average type is designed for a well-developed community where there is no necessity for outside or district nursing. The building contains the superintendent's office, operating room, sterilizing room, nursery, three wards and a sun parlor. Next is the type which serves its supporters in districts having no physician. This is staffed by graduate nurses under a lady superintendent. The third type, found in mining and industrial districts, is not only designed to be of service to the town and urban taxpayers, but is equipped with the necessary paraphernalia for aggravated accident cases.

Service at these hospitals has been provided at an extremely low tax rate. Only one district pays more than $4.80 per quarter section of land. For this small annual expense, taxpayers are guaranteed hospital service for their wives and families at all times at the rate of $1 a day.

Any district containing enough assessable land and a sufficient number of taxpayers may request the establishment of a community hospital. When the Minister of Health is assured of the distict's financial ability to support the project, he appoints a board which selects a site and prepares a plan for the proposed hospital. If their plans meet with approval, the building is started, the board having the power to borrow money and issue bonds against the time taxes are raised to repay.

The Minister of Health of Alberta recently said: "It is the hope and aspiration of the department in carrying out this all-important phase of governmental activity, that in the not too distant future, as a result of the application of this act, Alberta may be practically covered with rural hospitals, giving the maximum service with maximum results, maintaining and preserving the health of the people of Alberta, with the cost distributed over the areas benefited in such a manner that the financial burden will be borne by all, and consequently within the ability of all to pay. The health of a state is its greatest asset, and the community hospital is to the health of the people what the public school is to their education."

To reflect back into human lines the last image of their living selves is the work of a master.

IN RABBITBORO





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Clean your bowels! Feel fine!
When you feel sick, dizzy, upset, when your head is dull or aching, or your stomach is sour or gassy, just take one or two Cascarets to relieve constipation. No griping—nicest laxative-cathartic on earth for grown-ups and children. 10c a box. Taste like candy.

The sap in a vine circulates with five times the force of blood through the most important bloodvessel in a horse's leg.

MONEY ORDERS.

Send a Dominion Express Money Order. They are payable everywhere.

The average height of the human race increases at the rate of one and a quarter inches every thousand years.

Minard's Liniment for Rheumatism.

With The BOY SCOUTS

Erect Memorial to Ottawa Scouts.

At a recent meeting of the Scoutmasters' Troop of Ottawa it was announced that a memorial to Ottawa Scouts who had made the supreme sacrifice in the war would be erected on the grounds of the new Dominion Boy Scouts Headquarters building at the corner of Wellington and Bank Streets, just across Bank Street from the Parliament Buildings. The Chief Commissioner for Canada, Dr. James W. Robertson, C.M.G., has consented to this action, as he considered the spot an ideal one for the purpose. The memorial is to be in the form of a steel flag pole surmounted by a Scout fleur-de-lis. A brass plate will show the purpose for which it was erected. It is hoped to have the memorial flagpole ready in time to be unveiled by Sir Robert Baden-Powell, the Chief Scout, when he visits Ottawa in April.

Not a Saint—Just Boy.

"The boy was never intended to be a saint or a lady, but just a boy," declared Mr. J. Armitage Ewing of Montreal, Provincial Commissioner of the Boy Scouts of the Province of Quebec, in an address on the Boy Scout Movement at the weekly luncheon meeting of the Peterborough, Ont., Rotary Club on January 8th.

Mr. Ewing explained that the Scout work was aimed at directing the energy and enthusiasm that are natural in every boy, and not at all at suppression.

A boy, he explained, is a dynamo, and he needs directing along lines that allow him to be a boy still, and yet result in his growing up to be a good citizen.

Scouts Publish Newspaper.

"The Humber Bay Gazette" is published, not by an ordinary publishing company, but by the 29th Toronto (Humber Bay) Troop of Boy Scouts. The paper is a four page, monthly newspaper—not just Scout news, but real live news of the Humber Bay community as collected and written up by the Boy Scouts themselves. The paper is well patronized by advertisers and, we understand, is working up a nice paid-in-advance subscription list.

More New Troops and Packs.

Every week there are new Boy Scout Troops and Wolf Cub Packs registered at Provincial Headquarters. Amongst the Troops and Packs to which charters have been issued during the past few weeks are the 1st Greensville, 4th Stratford, 1st Humberstone, 1st Peterboro, 1st Norwood, 1st Merlin, 1st Horton, 18th Brantford, 1st Woodstock, 27th Toronto, 2nd Stratford, and 1st Sudbury Troops and the 3rd Fort William, 37th Ottawa, 1st Merlin, 2nd Stratford, and 15th Toronto Packs. During 1922 the Boy Scout and Wolf Cub membership in Ontario increased by over 3,000 boys. Has your community provided opportunities for its boys to enjoy the advantages and joys of Scout training yet? If not, Provincial Headquarters would be glad to discuss with you ways and means of doing this. A letter addressed to the Field Secretary, The Boy Scouts Association, Bloor and Sherbourne Sts., Toronto, will receive prompt attention.

HEALTH EDUCATION

BY DR. J. J. MIDDLETON
Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at Spadina House, Spadina Crescent, Toronto.

The value of pasteurization as a means of keeping milk free from disease germs is becoming more widely known. Many people, however, do not as yet appreciate the value of pasteurization, and so do not even understand its meaning. One farmer, on being asked if he pasteurized his milk, replied "No, but I pasteurize my cows." He evidently confused the term with the feeding of cattle on pasture.

Some of the essential facts regarding pasteurization have been prepared by the Provincial Board of Health as follows:

Pasteurized Milk.

Milk heated to a temperature of not less than 140 deg. F. or more than 150 deg. F. for at least 20 and not more than 30 minutes and then cooled to a temperature of 45 deg. F. or under, and kept at that temperature till delivered to the consumer.

A. Advantages—

(1) Raw milk, no matter how carefully handled, is liable to contamination by germs from cases or carriers of such diseases as tuberculosis, diphtheria, typhoid fever, scarlet fever, and from dirt or manure which may set up diarrhoea in children. Tuberculin-tested cattle reduce to a minimum the possibility of infection with bovine tuberculosis but do not prevent the spread of diseases such as diphtheria, typhoid fever, etc. On the other hand the destruction of germs in the milk is effectively carried out by pasteurization.

(2) The cost to the consumer of the milk so treated is very little increased.

(3) A lowering of the infant mortality rate always follows the pasteurization of milk in a municipality.

B. Disadvantages (so-called)—

(1) Pasteurization is said to make the dairyman careless and dirty. Clean cows, clean milkers, clean utensils and clean surroundings are, however, absolutely essential, and these conditions may be obtained by efficient sanitary inspection. Pasteurization is only an added precaution in the interests of the consumer.

(2) Pasteurization is said to make milk less nourishing for children by the destruction of certain accessory food factors found in raw milk. If this be correct, any slight destruction of vitamines is easily overcome by the addition of a small amount of orange juice to the diet of children.

(3) Heating the milk to 145 deg. F. is said to destroy the cream line. If the pasteurization is properly carried out, no such result follows. The small globules of fat may be slightly broken up but otherwise the cream is unaffected.

C. To Obtain Pasteurized Milk for Your Municipality—

(1) Ask the Provincial Board of Health for a copy of the Model Milk By-Law.

(2) Have this By-Law, or one embodying the main features, passed by your local Council. This will ensure a clean, safe milk supply for you and your children.

WINTER HARD ON BABY

The winter season is a hard one on the baby. He is more or less confined to stuffy, badly ventilated rooms. It is so often stormy that the mother does not get him out in the fresh air as often as she should. He catches colds which rack his little system; his stomach and bowels get out of order and he becomes peevish and cross. To guard against this the mother should keep a box of Baby's Own Tablets in the house. They regulate the stomach and bowels and break up colds. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

When You Take Cold.

Although not dangerous of themselves, colds should not be neglected, for the weakened condition of the body and the inflamed condition of the mucous membrane leaves an open door for the more serious infections of pneumonia, mastoiditis, tuberculosis and other ills.

Isolation of the person who has the cold, as far as possible, care in the use of the handkerchief, the use of a separate towel and drinking cup, and refraining from kissing, or breathing or coughing in the face of another, will do much to prevent the spread of colds.

As some one said, "Sneeze into your handkerchief, not into the community; you get just as good a sneeze, and the community may avoid an epidemic." Special care should be taken that the family dishes are washed in hot soapy water and rinsed in scalding water when any one in the family has a cold. The dish-towels should be boiled at least once daily.

A soft, light diet with little or no meat, plenty of fruits and vegetables and an abundance of drinking water will help the body throw off the effects of a cold. There is nothing better for the patient or the neighborhood at large than for the person with a cold to remain quietly in bed for a day or two. The cold then soon disappears and leaves no bad effects and, what is more important, an epidemic of colds may have been prevented.

A sour clerk will turn the sweetest customer.

WHEN NERVES ARE NEAR EXHAUSTION

The Right Thing to Do is to Take a Tonic for the Blood.

When you become so exhausted after a day's work that you cannot sleep, or sleep fails to refresh you, it is time to look after your health. Failure to act at once means a steady drain on your health reserve, which can result in but one thing—a nervous breakdown.

Do not wait for a breakdown. The treatment is simple enough if you do not let your condition become too far advanced. The treatment is one requiring an effective tonic to enrich the blood and feed the starved nerves. The most effective tonic known is Dr. Williams' Pink Pills, which act directly on the blood, and with proper diet have proved of the greatest benefit in nervous troubles and all conditions due to impoverished blood. Mrs. Mary Hanson, Braeside, Ont., has proved the value of Dr. Williams' Pink Pills and says:—"I was taken ill with what doctors whom I consulted called neuralgia of the tissues of the system. I was a complete wreck from constant pains in my body and limbs, dizzy headaches, fainting spells and constipation. So intense was the pain that at times it caused vomiting and I would have to go to bed for two or three days, only to get up so dizzy and so weak that I could not cross the bedroom without aid, and while these spells lasted I could keep nothing on my stomach. I doctored for almost a year, but with no beneficial results. Finally the last doctor who attended me said medicine would not benefit me. I must have perfect rest, and spend most of my time in the open air. He gave me very poor encouragement. Knowing that the mother of four children could not spend all her time in idleness, I told my husband I was through with doctors and was going to try some other remedies. I got one, but after taking it for a month found no benefit. Then I decided to try Dr. Williams' Pink Pills, and at the end of two weeks I found these were what I needed. With nerves worn threadbare from all the suffering of the past, I continued the use of Dr. Williams' Pink Pills for three months and by this time I was able to do most of my own housework. In fact I soon felt well and was able to do any kind of work without feeling tired. Since that time I have continued to do all my own work and have had no return of the dreadful pain I suffered before. I have recommended the pills in many cases and have always seen good results from their use."

You can get these pills from any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Noah a Floater.

Sunday School Teacher—"Can anyone tell me where Noah lived?"

Pupil—"I don't think he had a regular home. I guess he and his family belonged to the floating population."

Minard's Liniment for Burns & Scalds

Easy Job.

Mike—"I've been sacked, Pat!"
Pat—"Then what'll ye do, Mike?"
"I'll just go back to my former job."
"And what was that?"
"Lookin' for work, begorra!"

INDIGESTION, GAS,
UPSET STOMACH

Instantly! "Pape's Diapepsin"
Corrects Stomach so
Meals Digest

The moment you eat a tablet of "Pape's Diapepsin" your indigestion is gone. No more distress from a sour, acid, upset stomach. No flatulence, heartburn, palpitation, or misery-making gases. Correct your digestion for a few cents. Each package guaranteed by druggist to overcome stomach trouble.

The Man Who Made the Dictionary.

Old Doctor Johnson, we are told,—
The man who made the dictionary,—
Though fat and cross and ofttimes stern,
Autocratic and arbitrary,
Has always been a favorite
With me, and for this simple reason:
He had the kindest heart, 'tis said;
To this deny were simply treason.

The waifs reclaimed by him were legion:
Wrapped in his handkerchief, he'd carry
Safe to his home some little puss
Left starving or for dogs to harry,
That he had rescued as he walked,
A-thinking of his dictionary;
His active kindness, quick and prompt,
Was surely more than mere vagary.

Though seventeen cups of tea a day
He drank, and some folks called him greedy,
He made his home, in very truth,
A haven for the old and needy;
And he was good to cats, and if
By nature indolent, contrary,
Never too lazy to be kind—
And write a great big dictionary!
—Louella C. Poole.

It's a difficult thing to convince some people that happiness is never born of what you're going to have some day but always from what you already have.

British war widows numbering 74,000 had remarried up to the end of last June; they form nearly one-third of the total of widows awarded pensions.

Minard's Liniment for Neuralgia.

Sowing the Sea With Pearls.

Ceylon to-day is perhaps best known for its tea. But in days gone by it had a more romantic claim to fame—it was the home of the most renowned pearl fisheries in the world.

Fifteen years ago the pearl oysters, which were a source of great wealth to the Island, made one of their periodic mysterious disappearances.

In 1919 it was discovered that they were returning to their banks on the Gulf of Mannar, the narrow strip of water that divides Ceylon from India. Unfortunately, as it seemed at first, they were depositing themselves on sand.

Past history had shown that the pearl oyster never lived to a fishable age unless it settled on rock, but those responsible for the care of the oyster banks were not disheartened.

They believed that the oysters on the sand would breed, and, as there were numerous rocky areas in the vicinity, there was every chance of a fair proportion of the spats, or young oysters, depositing themselves on more favorable ground.

And such has proved to be the case. To-day there are countless millions of young and thriving pearl oysters on the rocky areas in the gulf of Mannar.

Another and more important discovery has been made. In the years when pearl fishing was a thriving industry in Ceylon many endeavors were made to transplant young pearl oysters. For some inexplicable reason their efforts always proved unsuccessful, none of the millions of oysters transplanted surviving.

In 1921, however, a special effort was made. A number of the oysters which had deposited themselves on sand in the Gulf of Mannar were fished up. They were placed under an awning in a trawler, sprayed with sea water from a pump the whole of the time they were there, and eventually deposited many miles south of the gulf.

A recent inspection has proved that the rocks where they were deposited are now covered with millions of young and healthy pearl oysters.

Though the best known of the Ceylon pearl banks are situated in the Gulf of Manar, between that spot and Negombo, about twenty miles from Colombo, are 800 square miles of shallow water where pearl oysters have been known to occur. Now that transplantation can be undertaken with confidence, there is no reason why every inch of this area should not be literally sown with pearls.

Brain workers, who need to have some hours every day that are free from interruption, can seldom accomplish all they want to because so many unrelated matters claim their time. M. Clemenceau, when he is at home, finds the free time that he needs by going to bed at eight o'clock and getting up at three in the morning. From three until nine he does his work; after that he is ready for the usual touch-and-go of affairs.

Minard's Liniment for Coughs & Colds.

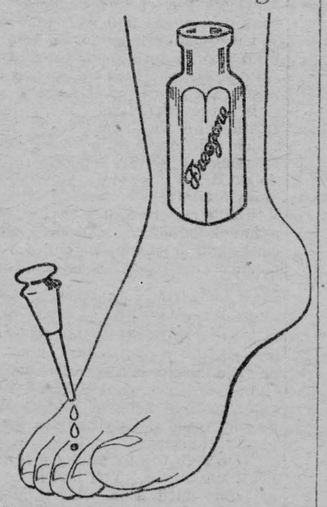
Real Grief.

Dick—"Was ye one av the mourners at Casey's funeral?"

Pat—"Oi was; he owed me ten dollars:"

CORNS

Lift Off with Fingers



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly!

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

Footsore?

Bathe your feet with warm water then rub well with Minard's Liniment. Soreness goes—feet feel fine, for Minard's Liniment is King of Pain.

Minard's Liniment

The Family Medicine Chest.

Irrigated Farms in Southern Alberta

In the Famous Vauxhall District
Bow River Irrigation Project

An especially good location for mixed farming and dairying. Splendid opportunity for young men now living in districts where good land cannot be bought at reasonable prices. THIS IS NOT PIONEERING, the first 10,000 acres are fully settled and another 10,000 acres now ready for settlement; maximum distance from railroad, seven miles. Good roads, telephones and schools. Easy payments, extending over 18 years.

This Is the Best Land Buy in Alberta
Write for further information to:
CANADA LAND and IRRIGATION COMPANY, LIMITED
Medicine Hat, - - Alberta

ISSUE No. 5—'22.

MOTHER! MOVE CHILD'S BOWELS

"California Fig Syrup" is Child's Best Laxative



Hurry Mother! A teaspoonful of "California Fig Syrup" now will thoroughly clean the little bowels and in a few hours you have a well, playful child again. Even if cross, feverish, bilious, constipated or full of cold, children love its "fruity" taste, and mothers can rest easy because it never fails to work all the souring food and nasty bile right out of the stomach and bowels without griping or upsetting the child.

Tell your druggist you want only the genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother, you must say "California." Refuse any imitation.



MRS. ANDERSON TELLS WOMEN

How Backache and Periodic Pains Yield to Lydia E. Pinkham's Vegetable Compound

Leslie, Sask.—"For about a year I was troubled with a distressing downbearing pain before and during the periods, and from terrible headaches and backache. I hated to go to a doctor, and as I knew several women who had taken Lydia E. Pinkham's Vegetable Compound with good results, I finally bought some and took four bottles of it. I certainly do recommend it to every woman with troubles like mine. I feel fine now and hope to be able to keep your medicine on hand at all times, as no woman ought to be without it in the house."—Mrs. OSCAR A. ANDERSON, Box 15, Leslie, Sask.

Mrs. Kelsey Adds Her Testimony

Copenhagen, N. Y.—"I read your advertisement in the papers and my husband induced me to take Lydia E. Pinkham's Vegetable Compound to get relief from pains and weakness. I was so weak that I could not walk at times. Now I can do my housework and help my husband out doors, too. I am willing for you to publish this letter if you think it will help others."—Mrs. HERBERT KELSEY, R.F.D., Copenhagen, N. Y.

Sick and ailing women everywhere in the Dominion should try Lydia E. Pinkham's Vegetable Compound before they give up hope of recovery. C

Classified Advertisements.

HELP WANTED—FEMALE.

HELP WANTED. WE REQUIRE parties to knit men's wool socks for us at home, either with machine or by hand. Send stamp and addressed envelope for information. The Canadian Wholesale Distributing Co., Dept. 6, Orillia, Ont.

HUBAM CLOVER.

HUBAM CLOVER, THE GREAT annual. Write for interesting information, D. Fraser, R.R. 2, Ilderton, Ontario.

POULTRY.

BRED-TO-LAY BARRED ROCK cockerels, good individuals, $3.00 each. David A. Ashworth, Denfield, Ont.

BELTING FOR SALE

BELTING OF ALL KINDS, NEW OR used, pulleys, saws, cable, hose, etc., shipped subject to approval at lowest prices in Canada. York Belting Co., 115 York St., Toronto.

America's Pioneer Dog Remedies
Book on
DOG DISEASES
and How to Feed
Mailed Free to any Address by the Author.
H. Clay Glover Co., Inc.
129 West 24th Street
New York, U.S.A.

COARSE SALT
LAND SALT
Bulk Carlots
TORONTO SALT WORKS
C. J. CLIFF - TORONTO

Campana's ITALIAN BALM
Prevents chapped hands, cracked lips, chilblains. Makes your skin soft, white, clear and smooth.
DRUGGISTS SELL IT

PETRIE'S MACHINERY TORONTO



Clear Your Complexion With Cuticura

Bathe with Cuticura Soap and hot water to free the pores of impurities and follow with a gentle application of Cuticura Ointment to soothe and heal. They are ideal for the toilet, as is also Cuticura Talcum for powdering and perfuming.

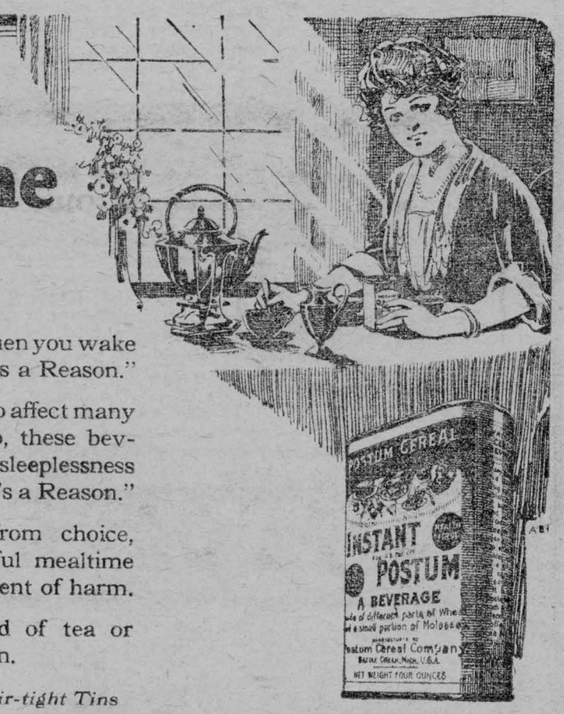
Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lymans, Limited, 344 St. Paul St., W., Montreal.
Cuticura Soap shaves without mug.

Chest colds—*broken!*
Inflamed membranes, congestion, oppressive pain. Apply Sloan's to chest and throat. It scatters congestion
—your cold is gone!



Sloan's Liniment
—kills pain!
Made in Canada
For rheumatism, bruises, strains, chest colds

Let the Sunshine in!



Are you fagged and foggy when you wake up in the morning? "There's a Reason."

Tea and coffee are known to affect many people that way. Often, too, these beverages cause nervousness, sleeplessness and severe headache. "There's a Reason."

Instant Postum, made from choice, roasted wheat, is a delightful mealtime beverage free from any element of harm.

Try it for awhile, instead of tea or coffee, and let the Sunshine in.

At Your Grocer's in Sealed, Air-tight Tins

Instant Postum FOR HEALTH

"There's a Reason"

A generous sample tin of Instant Postum sent, postpaid, for 4c in stamps. Write:

Canadian Postum Cereal Company, Limited, 45 Front St., E., Toronto. Factory: Windsor, Ontario

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."