WINCHESTER PRESS
Sports '98

Winchester curlers head to provincials

CARP — Jill LaPierre and her rink of Travis Thompson, Julie Byvelds and Trevor Doornwaard has played their way into the 1998 Ontario Provincial Junior Mixed championship bonspiel.

The LaPierre foursome, representing Zone 2, posted a three-win, one loss record here at the Carp Curling Club over the past weekend (Jan. 24 - 25) to become the Joe Todd Sr. Junior Mixed Regional Playdown "B" event champions. They will now join seven other teams in Elmira (Feb 4 to 7) to compete for the Ontario title.

Winchester posted a 10-5 victory of the Oddie rink from Kingston in their opening draw.

In their other Saturday match the Winchester rink defeated the Homan rink from the Ottawa Curling Club 9-4. It was a tightly contested match which featured a point per end, including a steal for each team up to and including the seventh end.

Down 4-3 LaPierre threw an angle raise take-out and stuck for four in the eighth end. She stole one more point in the ninth and ran Homan out of rocks in the 10th. Both teams were sharp and suffered very few misses.

The Homan rink was actually the John Morris team which included Winchester's Moira Klein-Swormink. But Morris and his second had to send substitutes because they were playing in the Men's Junior Nationals in Calgary.

Returning to action on Sunday Winchester dropped a 9-3, eight-end decision to the Urbaniak squad out of Ottawa's Granite Curling Club in the "A" event final.

Winchester was able to regroup for the 5 pm draw and rolled up a convincing 12-3 victory over a Granite rink skipped by Pascale Letendre to take the "B" crown.

Winchester's coaching staff reported the game was tightly played with Winchester keeping pressure on the opposition from the start. The winners eventually exploded with four points in the seventh and stole three more in the eighth end to seal the win.



Ryan Armitage, a 17-year-old affiliate goalie, posted back-to-back victories working the nets for the Winchester Hawks. A member of the St. Isidore Jr. "C" Eagles, Armitage defeated the South Ottawa Canadians 4-1 and the Kemptville 73s 7-1. In the photo Armitage turned a shot by Kemptville's Andrew Williams into the corner.
Press Photo — Van Bridger

Ladies' rinks to play for 50th Broder Cup

WINCHESTER — The historic Broder Cup Bonspiel will celebrate its 50th anniversary here at the Winchester Curling Club this Saturday.

To mark the occasion all past Broder Cup winners from the four competing curling clubs in Metcalfe, Morrisburg, Russell and Winchester have been invited to attend and spent the day enjoying and renewing friendships.

Organizers report approximately 80 women have confirmed they will attend.

In 1947, lady curling members from clubs in Metcalfe, Morrisburg, Russell and Winchester held a meeting and accepted the donation of a trophy from W. Broder of Morrisburg.

Over the years, this competition allowed each curling club to send two ladies teams to participate in a one-day bonspiel. Each team curled two games and then four teams curled once more for the "A" and "B" championships.

This bonspiel has been played every year since, rotating from club to club. Through ice rain, snow storms and mild weather which melted the old natural ice, this competition has been an event every team and club wants to win.

Devils return to courts

MAPLE RIDGE — They are going to have to play after regular school hours but the North Dundas Devils are returning to action this week.

The Ice Storm of '98 wiped out three weeks of the SD&G high school sports schedule so alternate plans have been formulated.

"We haven't been able to play or practice for over a month. We had the army sleeping in the gym for three weeks but everything is slowly getting back to normal," reported NDDHS staff member Hugh Conlin.

Tuesday (Jan. 27) the North Dundas boys basketball teams were in Cornwall to play the General Vanier Vikings. Today (Jan. 28) they will play host to CCVS for three games.

"The make-up games will be played after regular school hours (until Feb. 16) so games will begin at 4:30 or 5 pm," he explained.

On the volleyball courts the Devils will play Feb. 4 at NDDHS, Feb. 19 at La Citadelle, Feb. 24 at Glengarry District and Feb. 26 at NDDHS. Playoffs will then begin.

The North Dundas basketball teams will take on the Saints at St. Lawrence High on Feb. 4. They return to action after the exams hosting Glengarry on Feb. 18. Playoffs will begin the following week.

Hawks solidify hold on second

Affiliate goalie provides stellar backing in Winchester wins

WINCHESTER — Three wins in three tries and five wins and a tie in seven games have solidified the Winchester Hawks' hold on second place in the St. Lawrence Jr. "B" Hockey League.

Last Thursday the Hawks cut down the South Ottawa Canadians 4-1 in the Canterbury Arena. Here at home last Friday night they continued their domination of the Kemptville 73s, beating them 7-1 and Sunday (Jan. 25) in Morrisburg the Hawks caged the Lions 11-2.

In three outings Winchester outgunned their opponents by a 22-4 margin. And two of those three victories were recorded by affiliate goaltender Ryan Armitage, a member of the St. Isidore Eagles of the Eastern Ontario Junior "C" Hockey League.

Armitage, 17, of Orleans, defeated both South Ottawa and Kemptville and looked sharp doing it.

"We had him in training camp. He is a good young goalie. We (coaches Lindsay Selleck and Jeff Johnston) all know now we have someone (who can play) to bring up if either Gregg (Griffith) or Anthony (Calhoun) gets hurt," explained general manager Bill Wammes.

Winchester's six-point weekend has improved its record to 23-11-2. The 49 points are second best in the St. Lawrence Division. Alexandria (also has 23 wins) leads with 56 points. Char-Lan is third with 45, Kemptville fourth with 38 and Morrisburg fifth with 24 points.

"I know we haven't beaten either Alexandria or Char-Lan, yet. But I think we can. If we do well this weekend then I think we can get first (place)," Wammes speculated.

BIG WEEKEND

This weekend is an important one for Winchester. Friday night (Jan. 30) they play host to the third-place Char-Lan Rebels (19-11-4). Sunday afternoon (1:15 pm) the Hawks fly to Alexandria to meet the first-place Glens. Four points would further solidify second place and close the gap on the Glens. But it won't be easy.

In four meetings (all losses) with the Rebels, the Hawks have been outscored 21-8. And four losses against the Glens have produced a 31-14 deficit in goals.

HAWKS 4 - CANADIANS 1

Affiliate goalie Ryan Armitage turned back all but one shot as he and the Hawks trimmed the South Ottawa Canadians 4-1 Jan. 22 in Ottawa.

Dave Skeaff beat the St. Isidore netminder at 6:07 of period one in a game that stood tied at 1-1 until 13:21 of the third period when Jeff Leonard scored the winner on a play set up by Shayne Stroughair and Ryan Nichol.

Serge Bellavance, Leonard, Craig Holmes and Dave Summers scored in that order. Assists went to Fern Multari, Rob Raistrick, Chad Barnhart, Stroughair, Eric Savard, Holmes and Nichol.

Winchester drew nine and Ottawa 10 minor penalties. Winchester has won both games in the series posting 4-1 and 6-5 scores.

HAWKS 7 - 73S 1

Armitage was back in the nets here in Winchester on Jan. 23 and stymied the Kemptville 73s 7-1.

Jason Valcour (assisted by Russ Beckett) ruined the rookie's shut-out bid at 15:40 of the final period.

Rob Raistrick and Craig Holmes netted first-period goals. Ryan Nichol connected in period two while third-period markers by Serge Bellavance, Jason McKenzie, Chad Simpson and Fern Multari closed the books on a 7-1 win.

Assists went to Nichol (3), Dave Summers (2), Raistrick, Eric Nadeau, Jeff Leonard, Eric Savard and Armitage who combined with Nichol to set up the Chad Simpson marker at 6:51 of period three.

Winchester has won all five meetings with Kemptville. The sixth and final meeting is slated for Kemptville on Sunday, Feb. 8.

HAWKS 11 - LIONS 2

Winchester extended its record against Morrisburg to 5-0-0 with Sunday's (Jan. 25) 11-2 romp in Morrisburg.

The Hawks led 4-1 after a period and 6-2 after 40 minutes before slamming in five third-period goals.

Eric Savard (2-3-5), Jason McKenzie (1-4-5), Tylor Copeland (2-2-4), Chad Simpson (2-1-3), Jeff Leonard (2-1-3), Serge Bellavance (1-2-3), Ryan Nichol (1-1-2), Sean Williams (0-3-3), Craig Holmes (0-2-2), Eric Nadeau (0-2-2) and Rob Raistrick (0-1-1) all put their numbers on the score sheet.

Matt Collins and Stef Champagne were the Lions goal scorers.

HAWKS HAPPENINGS

Goalie Gregg Griffith joined the Gloucester Jr. "A" Rangers for a game on Friday (Jan. 23). Griffith and Calhoun split Sunday's win in Morrisburg.

Winchester's Subway Players were: Thursday - Ryan Armitage and Eric Nadeau. Friday - Ryan Armitage and Ryan Nichol. Sunday - Chad Simpson and Dave Summers.

Ryan Nichol of the Hawks scored twice in Saturday's All-Star game in Athens. The St. Lawrence squad beat the Rideau Stars 6-4.

Top Winchester shooters: #27 - Ryan Nichol 34-45-79; #18 - Eric Savard 23-44-67; #16 - Jeff Leonard 26-31-57; #11 Serge Bellavance 20-20-40 and #19 - Jason McKenzie 16-23-39.

Top rookies: #10 - Eric Nadeau 12-22-34; # 22 - Craig Holmes 12-18-30 and #9 - Dave Summers 8-20-28.

Geleynse skates to bronze at nationals



Joel Geleynse proudly displays the bronze medal he won on the novice level of the National Figure Skating Championships in Hamilton earlier this month. The win sends the17-year-old high school student to the junior level.
Press photo - Bierworth

by Sandy Bierworth
Press Staff

INKERMAN — Nearly five years ago, Joel Geleynse stepped onto the Rideau Canal in small, shaky steps, and watched in awe as his two close friends glided past him and showed off their figure skating moves.

Perhaps it was the beauty of the sport, or perhaps he was just trying to impress someone, but soon afterward, he took up figure skating. Three weeks ago, he took home the bronze medal at the novice level of the National Figure Skating Championship competition in Hamilton.

The 17-year-old T. R. Leger high school student is preparing to join the junior level team, and hopes to reach the Nationals again next year in Ottawa.

"I love being out there and representing my area," he said.

It takes hard work and determination, as well as passing a lot of strict tests to make it to the Nationals, and only the top three members of the novice level team make it to the junior. The senior level includes well-known skaters like Elvis Stojko.

"The individual levels aren't that hard, it's the end result you have to work for," Geleynse said. "This win gives me the chance to go further. If I didn't get in the top three, I wouldn't have been able to move up to the junior level. It also gives me recognition. The judges will pay that much more attention to me now because of this."

As a kid, Geleynse didn't skate much at all. When he started skating lessons five years ago, he didn't take it seriously, it was all just for fun.

When he went into figure skating, it took him only a year and a half to catch up with his age level.

It wasn't until two and a half years ago, during his first divisional competition where he came in second, that he got hooked on the sport.

"It was the thrill of the competition, and the crowds, and the realization that I could really go somewhere with this," Geleynse said. "I'm definitely in it for the long haul."

He had to switch to the alternative high school because the daily trips to practices in Ottawa were affecting his marks at North Dundas District High School. As for post-secondary plans, Geleynse says he isn't sure what he wants to do, but he's leaning toward applied arts, like photography or journalism.

"I'll definitely have something to fall back on," he says. "But I think I'll end up starting a career later on. Right now, I'm judging (skating competitions) part-time, and that's fun. I don't think I'll ever want to coach. I won't always be able to skate, but I'm going to go as far as I can with it."

Geleynse models himself after Kurt Browning, saying he has always admired the skater's style.

Geleynse says the two girls whose skating techniques inspired him to take up the sport have since stopped figure skating, but continue to support him in his endeavors.

The Nationals, Geleynse says, gave his team exposure to champion skaters, but no words of wisdom were exchanged when the competitors were together.

"They didn't want to make it seem like they knew everything, and we didn't want to ask anything because we didn't want to look like we didn't know anything," he said. "But it was really fun. We were all on the same level in that we're all skaters."

Each team consists of the top four in each skating category: Men's Singles, Women's Singles, Pairs and Dancing.

These teams are sent to represent their area; Geleynse is with the Eastern Ontario division.

The general rule in figure skating, says Geleynse, is that skaters start off in the singles category, and decide later on whether or not to team up with someone for the pairs or dancing. The decision is based not only on likes and dislikes, but on the skater's strengths and weaknesses as well.

"One of the biggest advantages with being in the singles category is being comfortable with the crowds," says Geleynse. "I love it, but some of my friends get really nervous about it."

Geleynse has no problem strutting his smooth moves alone in the spotlight, skating to the instrumental beat of classical music.

To young skaters who only want fun from the sport, Geleynse says, "Have the greatest time, skate to the music you love, and don't get too competitive. Striving to be the best can really take the fun out of it quickly, especially if that's not what you're in it for. But to those who are competing, find the best coach and the best club and just go for it. Evaluate your strong points and weak points, and understand that it does cost a fair bit of money to start out. But it's a great feeling when you work hard and attain your goals. It's a very beautiful sport and it has to be appreciated for what it's worth."

Levere to play at provincials

CARP — Alison Levere, a member of the Winchester Curling Club, skipped a bantam rink from the Granite Curling Club of West Ottawa to a berth in the Provincial Bantam Mixed Championship here over the weekend.

Levere and her granite rink made up of third Matthew Roder, second Stephanie Hanna and lead Peter Gillich will now curl in the provincial event in Elmira on the weekend of Feb 4 - 8.

Levere was invited to play her final year of Bantam eligibility with a Granite mixed team by Bob Hanna and was eligible (16 years after July 1) by one day.

Hanna was to be the Granite coach but his other daughter Jennifer is in Calgary representing Ontario in the Canadian Junior Ladies Championship. He then asked Winchester's Dave Levere to act as his substitute and he promptly accepted.

Levere skipped her team to the "A" championship in Zone 3 to reach the Regional Playdowns. Her Granite team defeated Coombe of Rideau 6-5, John Simpson of the Quinte Curling Club 9-3 (seven ends) but lost to Sebastien Robillard of the Navy C.C. 7-5 in the 'A' final.

Levere met the Simpson rink again in the "B" event and recorded an 8-5 victory running the opposition out of rocks in the last end.

The top three teams (out of a field of eight) in the Provincials will go to the Ontario Winter Games in Peterborough (March 13-15).

Levere has also curled with a girls team out of the Granite Curling Club and has already won the Zone 3 title. The Regional playdown in this event will be played March 22 and 23 at the Winchester Curling Club.

High-flying Jets close in on Buckingham

METCALFE — They are within two points and closing quickly on the first-place Voision de Papineau. The Metcalfe Jets have reeled off seven consecutive Eastern Ontario Jr. "B" Hockey League victories, two more over the past weekend and have the Buckingham-based Metro Division frontrunners in their sights.

The trouble is that the Jets aren't getting any help from anyone else.

"I expected some of the other teams, like Renfrew, Char-Lan, Alexandria to beat them (Buckingham) but no one is, so it makes it a little tougher for us to catch them," explained Metcalfe general manager Roger Thibault.

The Jets have two more dates with Buckingham left on the slate and hope to add another win to their 7-3 victory posted on Dec. 7.

Over the past weekend the Jets edged the Arnprior Packers 7-6 in Carp on Jan. 23 and trapped the Beavers 7-2 in Clarence Creek on Sunday (Nov. 25).

Metcalfe's record stands at 20-8-1. Buckingham has a mark of 22-6-0 and holds a two-point advantage (44 to 42). The South Ottawa Canadians (12-17-1) are third and a long way back with 28 points.

Thibault reports the Jets have a busy weekend ahead of them playing three times. Thursday (Jan. 29) Metcalfe is in Ottawa West, Friday (Jan. 30) the Clarence Creek Beavers are in Metcalfe at 8:15 pm and Sunday (Feb. 1) the Jets are in Perth to meet the Blue Wings.

"Those are three big games for us. The guys are working hard to take first place and they want it," he added.

The Metcalfe general manager is currently trying to rent some ice in Metcalfe to play three postponed games (against Kemptville, Char-Lan and Buckingham) but isn't having much success.

"Of course I would like to play them in Metcalfe but I may have to rent ice elsewhere. We could possible play them at the end of the regular schedule (on Feb. 13, 14 and 15) but then we would have played four games in a row just before the playoffs."

Thibault explains the Metro Division playoffs are more sensible this year with the fourth and fifth-place teams playing a best three of five quarter-final series. The winner will then meet the first-place club in a best of seven semi-final series. The second and third place teams will also play a best of seven semi-final. The remaining two teams will then tangle in a best of seven for the 1997-98 Metro Division title... which could be the Jets' sixth.



Defenceman Brian Hickey (#5) and goalie Dave Darling combined for three points in Sunday's EOJBHL game between the Metcalfe Jets and Clarence Creek Beavers.

JETS 7 - PACKERS 6

Steve James converted a pass provided by Chad Guy and Shane Moreau into the winning goal with 7:38 left in regulation time as the Jets shot down the Arnprior Packers 7-6 Jan. 23 in Carp.

Metcalfe led 4-3 after a period and 6-4 after 40 minutes.

Geoff Comeau, Steve James, Dan Chretien and Shane Moreau connected in the first period. Jamie Mitchell and Garnet Walker blinked the red light in the second stanza and James nailed the winning goal in period three. Assist went to Jeff Dams (2), Chad Guy (2), Tony Tassone, Moreau, James, Don Meisner, Walker and Yves Potvin. Jeff Thomson posted the win.

Arnprior took 22 penalties, including five misconducts. Metcalfe drew 15 minors and two misconducts.

JETS 7 - BEAVERS 2

Dave Darling turned aside all but two powerplay shots backing the Jets in a solid 7-2 decision in Clarence Creek on Jan. 25.

The win was Metcalfe's seventh in a row. The Jets led 3-0 after 20 minutes and 3-1 after two frames.

Yves Potvin opened the contest with goals at 16:20 and 12:38 of the first period. Steve James then scored with 6:37 left in the period.

Third-period markers by Don Meisner at 13:30, Jeff Dams at 10:38 and 8:11 and Chad Guy with 2:29 wrapped up Metcalfe's 20th victory. Dan Chretien (3), Brian Hickey (2), Tony Tassone, Garnet Walker, Potvin, Dams and goalie Dave Darling all drew assists.

Sylvain Legault and J.L. Martin replied for Clarence Creek.

JET TRAILS

Metcalfe now has three snipers listed in the Metro Division's list of top scorers. Dan Chretien (17-28-45) is sixth and has drawn just two minutes in penalties. Yves Potvin (14-27-41) is ninth and has 54 penalty minutes. Brian Hickey (16-24-40) is tenth and has 30 minutes in infractions.

The Jets goaltending tandem of Dave Darling and Jeff Thomson sport second-place GAA of 3.72 having allowed 108 goals in 29 games.

The LaHaie/Guindon combination from Buckingham leads the rankings with a GAA of 3.10 having allowed 87 goals in 28 games.

NDMHA report: action resumes

Regular season back on track

by Tom Kirkwood
NDMHA executive member

With North Dundas Minor Hockey Association president Mike Moran working long hours and seven days a week, battling the downed hydro lines, he has directed minor hockey calls to me.

Last Tuesday (Jan. 20) at the Upper Canada Minor Hockey League meeting it was made official that all games between Jan. 10 and Jan. 20 (inclusive) were postponed or, if played, deemed exhibition.

As of Jan. 21 all play has resumed, except for the North Glengarry Stormont Association. The storm took its toll on everyone but the NGS area (Finch and Maxville) was without power longer than other areas in the UCMHL.

Both Finch and Maxville as well as the Akwesasne Arena lost their ice.

The NGS president reported at the UCMHL meeting that as of Jan. 20 some rural areas were without power and many members being farmers, their priorities were not hockey. NGS minor hockey executive met Jan. 26 and a decision was to be made went play will resume.

All postponed games are to be made up and we have until Feb. 28 to do so. Teams can play four-point games if the coaches agree. Tournament games may also be counted as league games, if coaches agree.

The storm has taken a great toll on our area and many of our North Dundas volunteers and coaches are hydro workers. Minor hockey thanks these workers as well as the military for their long hours and hard work.

The kids are ready to resume play as they have been off school and have had idle time.

This past weekend Cathy Little (wife of hydro worker and North Dundas coach Marty Little) spent endless hours phoning players, arranging qualified coaches so the Novice House team could play a league game. I'm sure there were other situations like this where someone took charge, so the kids could play.

North Dundas Minor Hockey is very fortunate to have so many dedicated and hard working volunteers.

Free throw competitors sought

SOUTH MOUNTAIN — It's time for the annual Knights of Columbus Basketball Free Throw Championship.

The 1998 championships, sponsored by South Mountain council number 11725 will be held here this Saturday (Jan. 31) in the Nationview Public School gym. Action is set to get underway at 11 am and will wind up at 2 pm.

Boys and girls ages 10 to 14 as of January 1, 1998 are invited to participate at the local level.

For more information contact: Rick Panchuk at 989-3329.

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Schedule of Events

Wednesday, Jan. 28
7 pm — Carnival EuchreTournament registration
7:30 pm — Games begin - 4-Hand Tournament, $5 per person, cash prizes - bar and canteen will be open

Thursday, Jan. 29
7 pm — Carnival Bingo - special prizes - canteen will be open

Friday, Jan. 30
6 pm — Good Times Family Dinner - Roast beef, $6 per person. Kid's menu, chicken nuggets and fries, $3
8 pm — After Dinner Feature: "Lil John", magician and family entertainment
9 pm-midnight — Teen Dance, Salon A - Music Magic DJ, ages 13-18, $3 per person

Saturday, Jan. 31
8-10:30 am — Greely Firefighters Pancake Breakfast
8 am — Car Rally Registration, 8-9:30 am - Price $10 per car. First car leaves at 10:15 am. First place prize: $100 restaurant gift certificate. *Sponsored by Greely Sand & Gravel*
8-9:30 am — One Day Dart Tournament, Salon B - tournament begins 10 am, $5 per person, $20 per 4-person team, 20 teams maximum - cash prizes
10:30-11:30 am — Olde Timers Outdoor Hockey Greely Grizzlies vs Mystery Team
6-8 pm — Hall closed
8 pm-1 am — Carnival Dance and Fun Night Live music by "Sage Brush" - advance ticket sales $5 per person

Sunday, Feb. 1
10 am-12:30 pm — Greely Lions Club Family Sunday Brunch, $6 adults, $3 children
11 am — Recreational Outdoor Volleyball $30 per team or $5 per person - teams of 6 (minimum two women)
1 pm — Cribbage Tournament, Salon A $5 per person, cash prizes - everyone welcome
1-3 pm — Children's Sleigh Rides, *FREE!*
1 pm — Kids' Outdoor Hockey Game
2-4 pm — Children's Fun Fair, Salon B Children under six to be accompanied by an adult - games, prizes and lots of fun!
5-7 pm — Hall closed
7 pm — Variety Show Lions Club Display winner will be announced, $100 prize

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Sports scoreboard

Osgoode Women's Broomball League

RECENT RESULTS:
Week 18, Jan 21:
Kemptville 2, Sweepettes 1
Prescott Road 1, Outcasts 0
Nighthawks 3, Red Dot 0

STANDINGS	W	L	T	GF	GA	Pts.
Nighthawks	14	1	1	53	6	29
Kemptville	13	2	1	46	13	27
Sweepettes	10	6	0	43	9	20
Prescott Road	6	10	0	18	47	12
Outcasts	4	12	0	9	42	8
Red Dot Cafe	0	16	0	8	61	0

TOP SCORERS	G	A	Pts.
Nancy McDiarmid, K	10	12	22
Ulreke Kruger, N	10	12	22
Cindy Ace, S	12	5	17
Carol Windsor, N	10	6	16
Trudy Corvenelli, K	9	5	14
Wilma Teplate, PR	9	3	12
Evelyn Nooyen, N	7	5	12
Glenda Helmer, S	4	8	12
Lana Bols, S	7	4	11
Wendy Achtereekte, K	6	5	11
Kelly Quinn, N	6	5	11

Winchester Town Hockey League

RECENT RESULTS:
Week 18 (Jan. 20):
CountryBoy Kings 8, Funtastic Pools 5
Boyd Chrysler 4, Country Kitchen 3

STANDINGS	W	L	T	GF	GA	Pts.
CountryBoy	12	2	2	73	50	26
Country Kitchen	7	7	2	82	57	16
Funtastic Pools	7	7	2	75	94	16
Boyd Chrysler	3	13	0	56	86	6

TOP SCORERS	G	A	Pts.
Darrell Shelp, FF	29	15	44
Ray Sherrer, CK	18	18	36
Keith Moore, CK	20	13	33
Randy McLeod, CB	15	18	33
Mark Guy, B	18	8	26
Ken Byrne, CB	15	9	24
Todd Findlay, FF	11	13	24
John Ralko, CK	13	10	23
Gary Beisheim, CB	11	11	22
Ken Konik, BC	10	12	22

Eastern Ontario Junior "B" Hockey League

RECENT RESULTS:
Jan. 21: Brockville 4, S. Grenville 3
Char-Lan 5, Morrisburg 2
Kemptville 5, Gananoque 3
Jan. 22: Winchester 4, S. Ottawa 1
Ottawa West 5, Alexandria 3
Jan. 23: Metcalfe 7, Arnpriorr 6
Winchester 7, Kemptville 1
Alexandria 4, Char-Lan 3
S. Grenville 3, Athens 0
Gananoque at Westport (PPD)
Jan. 24: All Stars Game:
St. Lawrence 6, Rideau 4
Picton 7, S. Grenville 0
Jan. 25: Metcalfe 7, Clarence Creek 2
Winchester 11, Morrisburg 2
Alexandria 10, Kemptville 2
Gananoque 7, Brockville 2
Westport 8, Athens 6
**Teams losing in overtime or shootout receive 1 point*

STANDINGS	W	L	T	GF	GA	Pts.
St. Lawrence Division						
Alexandria Glens	23	7	5	194	133	56
Winchester Hawks	23	11	2	228	162	49
Char-Lan Rebels	19	11	4	150	112	45
Kemptville 72's	18	16	1	171	174	38
Morrisburg Lions	9	26	2	134	237	24
Rideau Division						
Westport Rideaus	17	14	2	161	140	39
Gananoque Islanders	16	13	5	143	134	38
Brockville Tikis	13	16	4	190	186	33
S. Grenville Rangers	12	18	4	139	159	33
Athens Aeros	5	25	4	133	208	19
Metro Division						
Buckingham	22	6	0	177	87	44
Metcalfe	20	8	1	157	108	42
South Ottawa	12	17	1	108	144	28
Ottawa West	8	20	2	144	175	25
Clarence Creek	9	18	1	118	148	22

TOP SCORERS as of Jan. 22, 1998

St. Lawrence Division	G	A	Pts.
Ryan Nichol, Winchester	32	41	73
Eric Savard, Winchester	20	40	60
Nick Besner, Alexandria	23	35	58
Dave Weagle, Kemptville	19	37	56
Jeff Leonard, Winchester	24	30	54

Rideau Division	G	A	Pts.
John DiPaolo, Gananoque	21	32	53
Derek Layng, Brockville	21	31	52
Chris Ferguson, Brockville	20	31	51
A.J. Howe, Brockville	26	23	49
Steve Sled, Westport	22	26	48
Metro Division	G	A	Pts.
Eric Durocher, Buckingham	28	40	68
Pat Charbonneau, Buckingham	37	20	57
Mike Murphy, Ottawa West	24	32	56
Matt Blake, Ottawa West	32	15	47
Ghislain D'Aoust, Buckingham	18	27	45

Metcalfe Town Hockey League

RECENT RESULTS:
Week 18 (Jan. 25):
Continental Stars 5, Pronto Foods 4
Tom's Air Cooled 13, Hicks Insurance 2
31 Esso Ducks 4, McVey Insurance 3

STANDINGS	W	L	T	GF	GA	Pts.
Tom's Air Cooled	10	6	2	85	67	22
Pronto Food Rangers	8	7	3	57	55	19
McVey Insurance Leafs	7	6	5	62	55	19
Hicks Insurance Devils	8	8	2	51	58	18
31 Esso Ducks	5	6	7	64	74	17
Continental Stars	6	10	2	62	74	14

TOP SCORERS	G	A	Pts.
Keith Ritchie, Flyers	17	18	35
Dave Warren, Flyers	15	19	34
Jim Kerfoot, Flyers	13	19	32
Bob Kemp, Flyers	15	12	27
Jim Bezanson, Stars	16	10	26
Jeff Stanley, Stars	14	11	25
Dale Carson, Ducks	9	15	24
Shaun Patterson, Ducks	8	13	21
Don Honey, Leafs	12	8	20
Tim Salmon, Leafs	11	9	20

Winchester & District Broomball League

RECENT RESULTS:
Week 18 (Jan. 25):
Morewood 3, Prescott Road 3
Dave's Drywall 7, Newington 2
NDHQ 5, Mountaineers 3 (OT)
**Teams losing in OT receive bonus point!*

STANDINGS	W	L	T	GF	GA	Pts.
Dave's Drywall	12	1	1	62	16	25
Mountaineers	6	8	1	23	31	14
Newington	6	7	1	28	36	13
Prescott Road	4	4	5	25	22	13
Embrun Sports	6	7	0	23	33	12
Morewood	5	7	2	34	36	12
NDHQ	4	8	1	17	34	9

TOP SCORERS	G	A	Pts.
Jamie Norman, DD	12	9	21
Dan McDiarmid, DD	8	10	18
Jason Norman, DD	8	10	18
Paul Downey, DD	9	8	17
Steph Lemieux, E	3	12	15
Dave Hudson, PR	12	2	14
Brian Como, M	7	7	14
Lance Ouderkirk, DD	5	9	14
Miguel Belisle, E	7	6	13
Steve Norman, DD	3	10	13

Winchester & District Ladies' Hockey League

RECENT RESULTS:
Week 14 (Jan. 25):
Annable's Jewellery 2, Double Beauty 2
Andy's Food Town 7, CountryGirl 1
Stewart Classics 3, Sports Unlimited 0

STANDINGS	W	L	T	GF	GA	Pts.
Annable's Jewellery	8	2	3	36	14	19
Double Beauty	8	3	2	28	19	18
Stewart Classics	8	3	2	21	9	18
Andy's Food Town	7	2	4	29	14	18
CountryGirl Shop	1	11	1	7	45	3
Sports Unlimited	1	12	0	65	25	2

TOP SCORERS:	G	A	Pts.
Nancy McDiarmid, AJ	14	11	25
Tanya Blais, DB	8	5	13
Sue Whelan, DB	7	4	11
Barb Canham, DB	5	6	11
Diane Downey, AFT	5	6	11
Jada McNaughton, SC	9	1	10
Amy Fraser, SC	8	2	10
Karla Marshall, AFT	6	4	10
Sharon McLeod, AJ	5	5	10
Diane Shane, AJ	5	5	10





One dozen

Winchester Hawks rookie Craig Holmes (#22) slipped this first-period goal into Tim Craig's net during last Friday's EOJBHL game as the Hawks posted a 7-1 verdict over the 73s. It was the 12th goal for Holmes who now has a total of 30 points.

Press Photo — Van Bridger

Holmes guns in three goals as Knights knot with Vikings

WINCHESTER — It was three goals for the Road as Dave "Gunner" Holmes did all of the scoring for the Prescott Road Knights as they battled the Morewood Vikings to a 3-3 Winchester and District Broomball League tie here last Sunday (Jan. 25) evening.

"Gunner" Holmes began shooting when he converted a Chad Benoit relay into the game's first goal at 17:35 of the second half. Morewood answered with their first at the 14:09 mark. Steve Cooper and Lucien Proulx set up the tying goal by Brian Como and the count remained knotted at 1-1 until the completion of regulation time.

Holmes cracked in his second of the game scoring unassisted at 2:52 of OT. Morewood got on even terms at 1:19 when Paul Melenhorst found the empty net with a relay from Meryl Patterson. Patterson then was the scorer and looked to have the winning goal when he scored from Joey Hillis and Cooper with 0:43 left on the clock.

Just 10 seconds later Holmes completed his hat trick when he tied the score at 3-3. Benoit and Dave Petersen helped tie the game up for good.

Bruce Morris (Road) and Ted Hudson (Vikes) were the opposing goalies. The tie left the Road with a record of 4-4-5 and Morewood at 5-7-2.

DAVE'S 7 - NEWINGTON 2

The first-place Dave's Drywall crew got two-goal efforts from Jamie Norman and Paul Downey as they whitewashed the Newington Knights 7-2.

Downey (2), Jamie Norman (2), Terry Symgwaty, Jason Norman and Lance Ouderkirk netted balls for the Drywallers (12-1-1) who led 4-1 at the half. Assists went to Ouderkirk (4), Steve Norman (2), Jason Norman (2) and Downey.

Lee Casselman and Bill Pynenburg replied for the Ton. Tony Mekker and Sean Workman set up the Newington (6-7-1) plays.

NDHQ IN OT

Chris Duhamel and Mike Richard potted overtime goals to lift NDHQ (4-8-1) to a 5-3 victory over Mountaineers (6-8-1).

Duhamel scored from Rick VanHoutte at 2:32 of OT and Richard iced it netting another VanHoutte relay 0:57 before the final buzzer.

Duhamel led the winners with four goals. Richard snapped in the other while Chris Cecil (3), VanHoutte (3) and Richard (2) picked up the assists. NDHQ led 2-0 at the half but were down 3-2 when Duhamel hammered in his third goal at 11:46 of the second session.

Spencer Tym, John Dumoulin and John Doornwaard recorded goals for the Mountaineers.

Pee Wees tie

ATHENS — North Dundas used a pair of second-period goals to hold the Athens Pee Wee "C" Flyers to a 2-2 tie here on Sunday (Jan. 25).

Athens led the UCMHL contest 1-0 after a period but a goal by Adam Schoones salvaged a point for the visiting Demons.

Sam Francis turned a pass from Jason Armstrong into a 1-1 tie when he scored at 8:16 of the second period, only to have Athens take a 2-1 lead at 6:10 of the same frame.

North Dundas knotted the count at 2-2 4:10 before the end of period two on a goal by Adam Schoones. Kris Blais engineered the tying scoring play.

Period three was scoreless. Michael Beuman tended the North Dundas nets.

The Demons played a penalty-free game.

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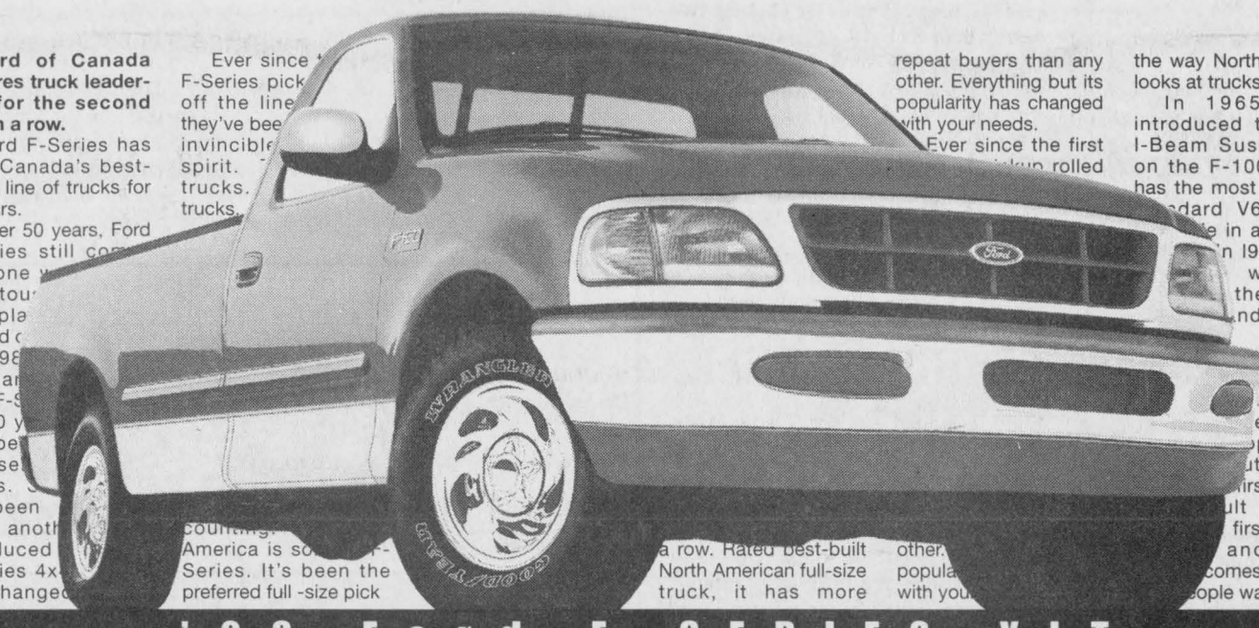

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Atoms win 'B' title

WESTPORT — A one-goal loss to the Kingston Panthers was the only blemish on North Dundas' North Leeds Minor Hockey Tournament record here on Sunday.

The Panthers scored four times in the final 6:42 of the first-round game and stole a 4-3 win from the No. One Atom "C" Demons who led the match 1-0 after a period and 3-0 after two.

Parker Boyd scored all three North Dundas goals. Brian Hillis set up the first play at 3:34 of period one. Zarley Hutt assisted on the second at 4:21 of the second session and Boyd's final marker was unassisted.

Sefton Brown was named the Demons Hustler of the Game.

The No. One Demons remained alive in the consolation bracket when they downed the No. Three Demons 10-1. Brian Hillis (3), Zarley Hutt (2), Justin VanFoort (2), Sefton Brown, Matt VanGurp and Parker Boyd recorded goals for the winners. Hillis (3), Mike LaPrade, Felix Caza, VanFoort and VanGurp all picked up assists.

Mark Fawcett and Chris LaPrade split the goaltending duties.

Brad Switch netted the No. Three Demons goal when he scored from Dan Lapier and Pat Greaves 3:45 before the end of period one.

North Dundas put together another strong defensive effort as they earned the "B" Division silverware with a 7-1 decision over the Athens Flyers. The game was also played as a UCMHL regular season match and the win boosted the North Dundas record to 13-1-1.

Team manager Dave Hutt, filling in for coach Jeff Derue, reported everyone played well in what he termed a "very big game."

Justin VanFoort, team captain, led the offence, scoring three times. Zarley Hutt, Kyle Pelkey, Parker Boyd and Felix Caza potted the remaining goals as the No. One Demons posted period leads of 2-0 and 4-0.

Assists went to Brian Hillis, Mike LaPrade, Sarah Volks and Sefton Brown.

EXHIBITION TILT

The No. One Demons doubled the No. Three Demons 4-2 in an exhibition match played in Winchester on Jan. 19.

Justin VanFoort scored three times and assisted on a fourth goal. Felix Caza snapped in the other goal and Zarley Hutt picked up an assist for the No. One squad.

Brad Switch and Carl Tuck answered for the No. Three Demons.

Guy secures Rams' win

WINCHESTER — Mark Guy's, the Boyd Chrysler Rams' top scorer, 18th goal of the season stood up as his team won for the second straight week.

Guy turned a play set up for him by Ken Konink and Mike "Goose" Guy into the game-winning goal with 10:52 left in last Tuesday's Winchester Town Hockey League as the Rams went on to a 4-3 win over the second-place Country Kitchen Stars.

With the decision the Rams' record rose to 3-13-0 and extended the team's win string to two games. The Country Kitchen mark levelled at 7-7-2.

In the other half of the twin bill the first-place CountryBoy Kings (12-2-2) shot down the Funtastic Pools Flyers (7-7-2) 8-5.

The WTHL's official scorer Roger Lamarche confirmed that the Kings played the game without a goaltender and were still able to hold on for the victory.

RAMS 4 - STARS 3

Ken Konink's unassisted goal gave the Boyd Rams a 1-0 lead at 10:33 of the opening half. Konink and Simon Ledrch then teamed up and engineered Tim McLean's goal which opened up a 2-0 lead 6:17 before the half.

Keith Moore dumped in his 20th goal of the season at 22:10 of the second half to get the Country Kitchen on the scoreboard. Des Madigan and Bruce Angus set up the play which made it 2-1.

Rob Gourgon ripped in a pass from Simon Ledrch at 15:03 and opened up a 3-1 lead for the Chrysler clan and Mark Guy deposited a relay from Konink and "Goose" Guy at 10:52 to make it 4-1 and his marker proved to be the winner because the Stars cracked in a pair of late markers to close the final difference to 4-3.

Chad Benoit (assisted by Derek Medaglia and Ray Sherrer) connected with 0:48 left in the game and Jerrold Boulanger (assisted by Medaglia and Moore) made it 4-3 when he found the mark 0:09 before the buzzer.

KINGS 8 - FLYERS 5

Down 2-1 at the half, the netminderless CountryBoy Kings stormed back to defeat the Funtastic Pools Flyers 8-5.

Gary Beisheim was top point collector for the Kings picking up six (2-4-6). Randy McLeod (2-3-5) pumped in five, Ken Byrne had four (3-1-4), Dave VanDelst (1-1-2) two and Darrin Kelly (0-2-2) two.

CountryBoy scored six times in the first 9:56 of the second half and three in a span of 4:13 to seal their 12th victory.

Brett Fitzimmons and Karl McRoberts each pumped in a pair for the Flyers. Derek Hyndman slapped in the single. Al Christopherson (3), Hyndman, Tim Beach and Terry MacLellan drew assists.

Novices prepare for Silver Stick

WINCHESTER — The North Dundas Novice "B" Demons will board the bus tomorrow (Thurs., Jan. 29) morning and head for Michigan where they will compete in the 1998 Silver Stick Tournament.

"Our team is fresh from the Christmas break and we're hungry. We will have some fun and enjoy a great experience of competing at this level... and you never know," offered Demons coach Tom Kirkwood.

"We resumed league play on Sunday (Jan. 25) in Alexandria and skated to a 10-2 victory. During the league postponements we tried to practice and keep sharp. With power out in areas and phone lines down we were short players... but some of the kids were able to come out for a skate and have some fun," the coach explained.

Kirkwood said in Alexandria his team pounced on the Glens, who were seeing their first post-storm action, and turned in a strong effort which resulted in a 10-2 win for the Demons.

"We passed the puck well and scored some pretty goals, though there were some signs of our inactivity."

North Dundas led the Glens 3-1 after a period and 5-1 after two frames.

Trent Scott was the leading point-getter with five, four goals and one assist. Conner Rielly added a pair while Tyler Fawcett, Travis Froats, Matt Simms and Colin Moran slipped in singles. James Kirkwood (4), Colin Moran (4), Froats (2), Spenser Derue, Allysa Baker and Scott all picked up assists. Tyson Volks and Chad Kennedy guarded the twine.



Rec rambles

by Matt Krisjanis, Director of Recreation & Culture for the Township of North Dundas

Hi sports fans. How did we do this week? Everybody getting back to normal?

With the damage done by the ice storm to the park areas in North Dundas, I caution parents to keep an eye on the young ones while you are in the park areas. We are working as quickly as possible to remove the branches and limbs that may cause an immediate danger. Complete clean-up and trimming will occur at a later date. Common sense and caution are highly recommended.

The basketball program that was run at the Chesterville Public School will be starting up again this Wed., Jan. 28. For more information, check the ad in this paper.

The Winchester Jr. B Hawks (who are on a roll, by the way) will be hosting Char-Lan this Friday night (Jan. 30) at the Winchester Community Centre. Game time is 8:15 pm. Then on Sun., Feb. 1 the Hawks travel to Alexander to do battle at 7:30 pm.

The North Dundas Recreation Department and the Winchester Jr. B Hawks would like to say thank you to those who showed their support last Friday night. The weather sucked, but the hockey was good and there was some money raised for the Red Cross Storm Relief Fund.

I am so sad to report that there will be no winter carnival held this year in Winchester. There are several reasons for this. One reason is because of the lack of people to help organize and set up the carnival, which is mostly due to our recent ice storm. The second reason is the lack of new ideas for the carnival to make it more appealing to everybody. But have no fear — the carnival will be back.

The curling club will run its Carnival Funspiel next weekend, so if you're ready to lighten up after a tough January, join the fun. It's open to everybody.

Once again, if you have any recreational activities or fund raisers that you wish to announce, call me.

My thought for the week: It is better to remain silent and be thought a fool, than to speak and remove all doubt.

Atoms see Silver Stick action

SARNIA — North Dundas coach Mark Larose reported his team took a little too long to get started here at the 1998 International Atom Silver Stick Tournament.

Larose had his team in action here on Jan. 16-17 and figured the long layoff, due to the Ice Storm of '98, may have cost them the first two games.

"We got off to a slow start and lost those first two games. But we did get rolling and won our third," the coach said.

Larose said the team certainly enjoyed the experience of competing in an event the calibre of the Silver Stick.

Wallingford scored three third-period goals in the opening round and defeated North Dundas 5-3. Wallingford led 2-1 after one but the score was even at two after the second period.

Dale Dellaire scored a pair and Brian Cumming the single while Adam Guy, Travis Armstrong and Tory Baldwin set up the North Dundas scoring plays.

Madison West dealt the Demons a 4-1 loss in round two. Daryl Moore scored the lone North Dundas goal on a pass provided by Mitch Scott at 9:02 of period two.

North Dundas jumped out to a 3-0 first period lead as they skated to a 4-1 win over Ann Arbor in game three.

Matthew Bird and Craig Moran shared the goaltending chores and held the opposition to one third-period goal.

Tory Baldwin rammed in the first two goals scoring from Brian Cumming and Scott Bradley at 8:51 and from Cumming and Adam Guy at 2:05.

Ben Baker upped his team's lead to 3-0 when he finished off a play engineered by Mitch Scott and Grant Hillis 1:08 before the end of period one.

Scott Bradley (assisted by Guy and Travis Armstrong) slapped in the fourth and final goal with 8:26 before the end of the game.

North Dundas resumed UCMHL play on Sunday (Jan. 25) blanking the Cornwall Royals 2-0 in Cornwall.

Moran and Bird shared the zero while Dale Dellaire and Daryl Moore did the scoring. Tory Baldwin and Scott Bradley earned assists. Bradley set up the winner by Dellaire at the 6:11 mark of the period two.

Demons edge western leaders

WINCHESTER — Two-goal efforts by Aaron Kelly and Tyler Brown powered the North Dundas Bantam "C" No. Two Demons to an important 4-3 UCMHL victory over the Western Division leading Brockville Gauthier.

The game played here on Jan. 22 marked a return to action for the Eastern Division leading Demons (9-3-3) who had dropped an earlier meeting to the same Brockville team by the same 4-3 margin.

North Dundas coach Bill Brannen reported the game was a hard-hitting affair played between two evenly-match teams.

Brockville took a 1-0 lead at 9:23 of period one on a goal by Chris Williams but North Dundas evened things up when Tyler Brown cashed in a feed from Aaron Kelly and Danny Pelkey at 4:41. Brockville then went ahead 2-1 35 seconds later and led 2-1 after one period.

Brockville then opened up a 3-1 lead on a Josh Francis marker at 12:37 of the second period.

Kelly turned a play started by Tyler Brown and Derek Murdoch into the Demons' second goal at the 10:21 mark. Kelly struck again 1:49 before the end of the period and tied it up at 3-3 on a relay provided by Murdoch and Tyler Hoy.

Brown's second goal of the game was set up by Kelly and Pelkey with 4:10 left on the clock.

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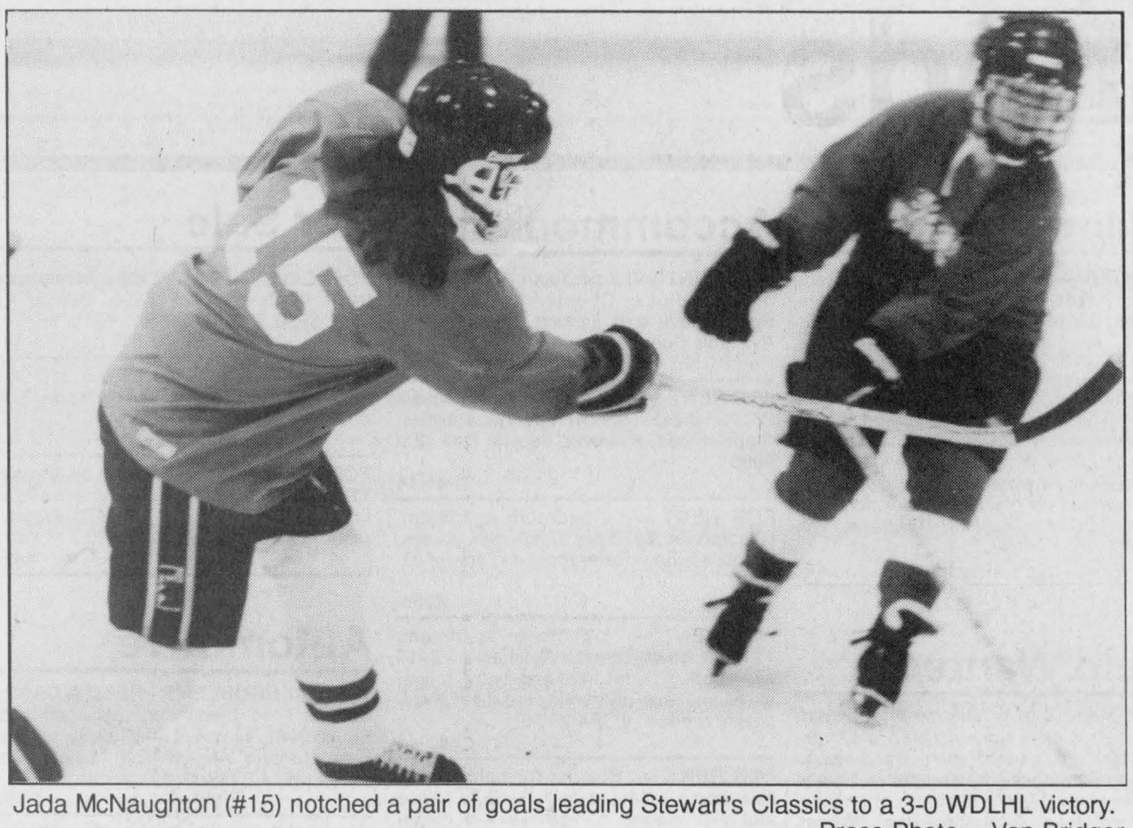

Jada McNaughton (#15) notched a pair of goals leading Stewart's Classics to a 3-0 WDLHL victory.
Press Photo -- Van Bridger

Shane goals salvage point, Annable's Blues tie Stylists

WINCHESTER -- There was a scant 25 seconds left in the game when Diane Shane converted a Nancy McDiarmid relay into a very big goal.

Shane's shot bulged the twine in Carol Chesbro's net 0:25 before the buzzer and gave the Annable's Jewellery Blues a 2-2 tie with the Double Beauty Stylists.

The draw enabled the Blues (8-2-3) to stay one point ahead of the second place Stylists (8-3-2) in the Winchester and District Ladies Hockey League standings.

Wendy Achtereekte gave the Blues a 1-0 edge scoring from Marilyn Collins and Heather McDiarmid at 18:24 of the first half. Just over two minutes later it was tied at a goal when Tanya Blais turned a pass from Shannon Vidal into the first Double Beauty marker.

Sue Whelan teamed up with Barb Canham and Kristal Gallant to put Double Beauty up 2-1 2:38 before the buzzer but the Blues scrambled back for the tie when Shane connected on a play engineered by Nancy McDiarmid with 0:25 on the clock.

MAROONS 7 -DIGGERS 1

Angela Durigan left the nets and skated as a forward in the Andy's Food Town/Country Girl Gold Diggers match and scored three times as the Maroons (7-2-4) buried the CountryGirl Gold Diggers 7-1.

Laureen Sloan tended the Maroons nets and lost her shutout when Rhonda Boulanger (assisted by Katherine Shaw and Marie Shelp) scored with 4:07 left in the game.

Durigan (3), Diane Downey, Jane Hendrikx, Gail Smith-Rutley and Karla Marshall racked up the Food Town goals. Smith-Gove (3), Downey (3), Hendrikx, Smith-Rutley and Marshall earned assists. The Maroons led 3-0 at the half.

CLASSICS 3 - REDS 0

Carrie Nolan and the Stewart Classics blanked the Sports Unlimited Reds 3-0 with Jada McNaughton leading the offensive thrusts with a two-goal effort.

McNaughton's first goal came from Amy Fraser at 3:49 of the first half and proved to be the winner. She made it 2-0 with help from Joanne Kennedy at 17:08 of the second stanza and Fraser (unassisted) tallied with 5:06 left in the match to complete the scoring.

Flyers soar in 13-2 win

METCALFE — Tom's Air Cooled Engine Flyers soared to a convincing 13-2 victory over the Hicks Insurance Devils in Metcalfe Town Hockey League action on Sunday (Jan. 25). The win also opened up a three-point lead atop the standings for the Flyers.

Rob Melenhorst and Keith Ritchie each scored three times and drew a pair of assists helping the Flyers improve their record to 10-6-2. Dave Warren (2-3-5), Chris Miner (2-2-4), Jim Kerfoot (1-3-4), Bob Kemp (1-2-3), Scott Broadhurst (1-0-1), Erin Franey (0-1-1) and Dan Hunton (0-1-1) all collected points in the encounter. The Flyers led 8-0 at the half.

The Devils (8-8-2) didn't score until the final 3:19 of the game when Jeff Bracken (assisted by Carson McVey) and Steve Wade (assisted by Randy Carter and Humberto Medeiros) found the range.

Jeff Stanley's second goal of the game and 14th of the season proved to be the difference as the sixth-place Continental Mushroom Stars (6-10-2) edged the number two-ranked Pronto Food Rangers (8-7-3) 5-4.

Ron Casselman and Steve Quinn engineered the winning tally with 9:49 left on the clock.

The Stars led the Rangers 3-1 at the half on two goals by Jim Bezanson and Stanley's first. Derek Burleigh and Stanley connected in the second half. Stanley, Quinn, Stu Patterson, Burleigh and Casselman drew assists and Mitch Lavergne posted the win.

Steve Corlyon (2), Doug Warren and Ted Wichers were the Ranger marksmen. Randy Prot (2), goalie Wayne Widenmaier, Corlyon and Willis Stevens set up the plays.

Bruce Young (assisted by Dale Carson and Vince Sequin) scored the winning goal as the 31 Esso Ducks (5-6-7) nipped the McVey Insurance Leafs (7-6-5) 4-3.

Young banged in the winner at 13:43 of the second half. Ron Flanagan, Cliff Wells, Dale Carson and Young scored for the Ducks. Sequin (2), Rick Bloom (2), Carson, Moe Robinson, Derek Madaglia and Young picked up helper points. Roger Kargus tended the nets.

Jeff Dewan, Ken Quaile, Tyrone Franey, Steph Rawlings, Doug Reaney and Mark Branchaud all put their names on the Leafs scoring summary.

Prescott Road nips Outcasts

OSGOODE — Trudy Chamberlain played a perfect game in the nets backing Boyers Prescott Road as they nipped the Outcasts 1-0 in Osgoode Ladies Broomball League action last Wednesday.

The Jan. 21 game was the first time the league has seen action since Dec. 17 when play was suspended for the Christmas break. The Ice Storm of '98 then sliced the Jan. 7 and Jan. 14 tripleheaders off of the schedule.

Chamberlain blocked all of the Outcasts shots directed at her and got the offence she needed for the victory when Teresa Cinanni took a pass from Pat Poirier and won the game with a goal scored with 1:07 left on the clock.

The victory gave Prescott Road (6-10-0) a four-point lead over the Outcasts (4-12-0) in the battle for fourth place in the standings.

The first-place Nighthawks improved to 14-1-1 with a 3-0 decision over the last-place Red Dot Cafe (0-16-0).

Ulreke Kruger gave the Nighthawks all of the offence they needed when she scored from Carol Windsor at 23:30 and again from Shelley Melenhorst 1:17 before the half.

Debbie Hunt completed the scoring when she fired in a pass provided by Kruger at 17:05 of the second half to make it 3-0.

In the other match second-ranked Kemptville (13-2-1) stayed within striking distance (two points) of the Nighthawks when they doubled the third-place Sweepettes 2-1.

Patricia Armstrong used a pass from Shona Sullivan to put the Sweepettes on the scoreboard but one goal wasn't enough because Tanya Blais (assisted by Nancy McDiarmid) and Trudy Corvinelli (assisted by Patti Montero) were able answer for Kemptville.

Sherry Stewart was the winning goaltender and Kim McLean absorbed the one-goal setback.

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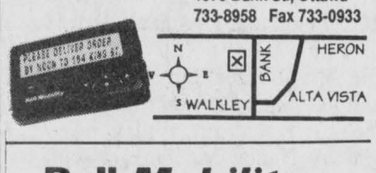

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Classifieds

Birth Notice

PORTEOUS — Jason, Kelly and big brother Earl are thrilled to announce the arrival of Abigail Wilson born Jan 3, 1998 at Belleville General Hospital, weighing 7 lbs 14 ozs. Proud grandparents are Ida Wilson and Brian Cinnamon of Winchester, Vern Wilson of Ottawa and Earl and Judy Porteous of Pembroke. Proud great-grandmothers are Pat Duperron of Winchester and Doris Porteous of Smith's Falls.

44

Death Notice

FROATS — Wray died suddenly at home on December 13, 1997 in Hamilton. He was 71. Born May 23, 1926 in Williamsburg Township. Mr. Froats spent his working years with the Ford Motor Company in Oakville. He was the beloved husband of Patricia (nee Crowder). He will be lovingly remembered by his children: Gordon (Janie), Claire (Donna), Linda (Roger), Bonnie (Ron), and Tammy (David). Predeceased by his twin daughters Marilyn and Carolyn. He will be greatly and sadly missed by his grandchildren and great-grandchildren. Funeral services were held at the P.X. Dermody Funeral Home in Hamilton on December 16, 1997 with Reverend Quammie officiating. The family wishes to thank all the extended family members from this area for their kindness and support.

44

In Memoriam

MCCONKEY — In memory of our uncle William, who passed away January 20, 1997.
Memories are treasures
None can steal,
Death is a heartache
Nothing can heal.
Some may forget you
Now that you're gone,
But we shall remember you
No matter how long.
— Preston, Muriel, Perry and Roger Gilmer

44

Card of Thanks

CARD OF THANKS — We would like to take this opportunity to thank our neighbors Sieger and Robert Mulder who were so kind to come to our farm and offer the use of their generator while the power was off and to George Hutt who came each day to warm our home.
— The Melvin Family

44

CARD OF THANKS — We wish to express our gratitude and appreciation to the Kenmore Community Association, Special Storm Unit, for their long and tiring efforts to provide us with nutritious meals throughout the power outage. A special thanks to the hydro workers and soldiers who worked such long hours every day to rebuild the devastated system.
— Marvelville Community Families

44

CARD OF THANKS — I would like to say thank you to my family, relatives, friends and neighbours for their kindness while I was in hospital. Special thanks to Dr. Steele, Dr. Shnurr and the staff at Winchester District Memorial Hospital.
— Betty Guy (Keith)

44

CARD OF THANKS — We would like to thank our neighbours and friends for all their help during the recent ice storm. Especially Stuart and Diane Linton, Carl Dillabough and Pete Faubert for their help in milking and watering our cattle. To Metcalfe Fire Department Firemen, Jim Bowman and Dept. of Public Works for obtaining a generator for us. Thanks also for taking me in and keeping me warm. Thank you all.
— Casey and Cathie Nell

44

CARD OF THANKS — A big thank you to all those who volunteered for neighborhood watch after the ice storm. We all appreciated it.
— The residents of Forest Wood Heights Subdivision

44

CARD OF THANKS — The family of the late Keith Hess warmly thank all our dear friends, relatives and neighbors for their unwaivering support during this time of sorrow. Your hugs, cards, food, flowers and charitable donations to the Winchester Hospital and the Lung Association are appreciated. A special "thank you" to David Lapier at the Marsden-McLaughlin Funeral Home in Williamsburg and Pastor Roger March. Also, thanks to the Morrisburg Ladies of the Pentecostal Tabernacle for the lunch they provided. God Bless everyone!
— The Hess Family

44c

CARD OF THANKS — A special thank you to Raymond and Doreen Como for all the help they gave to us during the ice storm.
— Family, friends and neighbors

44

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Rent 4 or More and Groom's is
1/2 Price
Book before Feb. 14, 1998 and get 1997 prices
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CHESTERVILLE
448-3370

Card of Thanks

CARD OF THANKS — A million thanks to the doctors, nurses and Winchester Hospital staff who took such good care of me during my recent stay. I did not hear a single complaint from anyone while dealing with a heavy workload and the storm crisis thrown in. Keep up that wonderful spirit! A sincere thanks also to friends and family who showered me with flowers, cards, telephone calls and kind offers of help. I especially want to include Roy, who, while nursing a sore leg ran a B & B, operated a generator for several others and still had time to give me TLC. All was very much appreciated.
— Shirley Fawcett

44c

CARD OF THANKS — A special thank you to family, neighbours and friends for the many kindnesses shown to us during the ice storm. Also to the military and firemen emergency measures and the township. All was greatfully appreciated.
— Jean McIntosh and Gladys Kyle

44

CARD OF THANKS — A sincere thank you to Drs. Peters and Burke, W.D.M.H. staff in the E.R., third floor nurses and ambulance attendants for all your care and kindness.
— Eldon Holmes

44

CARD OF THANKS — I would like to send out a special thanks to Tom and Irene for opening their home to us during the recent ice storm. Thanks to our neighbors for watching our house when we were away. Thank's again.
— Maude and Charles

44

Coming Events

SUNDAY BRUNCH
At the Country Kitchen 9:30 am-2 pm, adults $6.95; children under 8, $2.95. Now available: No smoking dining room. 774-2417.

12tfc

LIONS BINGO
Every Monday night at the Winchester Lions Hall. $500 jackpot. Consolation prize. 7 pm start. All welcome.

24tfc

ANNUAL MEETING
Metcalfe Agricultural Society will be held on Sat., Jan. 31 at 1:30 pm. in the Lion's Den at the fairgrounds.

43-44c

ATTENTION ALL BRIDES AND GROOMS FOR 1998 AND 1999
Winchester Bridal Showcase, Tues., Feb. 10, 7-9 pm Winchester Lions Hall. For more information call Joan Steele, 774-0724.

43-45c

THINKING ABOUT STARTING YOUR OWN BUSINESS?
Free 42-week business development program starts this February. For rual youth in Stormont, Dundas and Glengarry Counties, ages 18-30, who have a business idea. Participants receive a training allowance of $200 per week. Application deadline is February 2. To apply call Women and Rural Economic Development, 1-800-465-7030. Funded by Human Resources Development Canada.

44c

GENERAL MEETING
Dundas County Players, Wed., Jan 28 at 7:30 pm, above the Winchester O,P.P. All are welcome.

44c

ENJOY MYRTLE BEACH WITH DUNDAS TOURS
Book now for this Early Spring Tour, March 26 to April 6, 1998. Tour includes: transportation and accommodation, oceanfront efficiencies, sightseeing excursions, scenic cruise, name shows, sunshine, warmth and more. $879 Canadian per person (2 per room). Call or visit our office, Carman Road North.
Iroquois
613-652-2005.

44-45c

FOOT CARE CLINIC SERVICE
Wed., Feb. 4, Para-Med Health Services, 457 Main St. East, Winchester (wheelchair accessible). $12 per person. All appointments must be pre-booked. Call 774-5544, 1-800-461-9916.

44c

DANCE
I.O.O.F. Hall Williamsburg, Sat., Jan. 31, 9 pm-1 am. Music by Country Reflections. Admission $5. Lunch served.

44

DFA MEETING
The regular monthly meeting of the Dundas Federation of Agriculture will be held on Wed., Feb 4, at the OMAF Board Room, Winchester, 8 pm. There will be a presentation by the DFA to Graham and Kathy Hardy, Dundas County Farmer of the Year Award. Everyone welcome.

44c

SNOWARAMA POSTPONED
From February 1 to February 8. Watch next weeks paper for more details.

44c

SNOW DRAGS
Sponsored by Riverside Snowmobile Club
Sun., Feb. 8
PROCEEDS TO CHEO
Breakfast **7:00 am-12:00 noon**
AT THE CLUB HOUSE
Registration:
8:00 to 10:30 am SHARP
DRAGS AT 12:00 NOON
Upper Canada Air Strip
'ALL STOCK CLASSES PLUS MODIFIED'
Tim Horton's will be serving coffee, hot soup, etc. at the track
Beef on a Bun served at the Club House
Music by O.C. Central
"EVERYONE WELCOME"



Coming Events

HAVE A HEART
Bring a friend to celebrate Valentines at Nor-Dun Centre on Wed., Feb. 25 from 1-2 pm. with the music of accordian player E.I.O. George.

44c

SWEETHEART RALLY DINNER AND DANCE
Mountain Trail Blazers Snowmobile Club Inc., Sat., Feb. 14 at the Mountain Agricultural Hall, South Mountain. Featuring Ambush. Music 8 pm-1 am. Tickets $10 in advance, $12 at the door. Age of majority. Rally registration 10 am-12 noon, must return by 5 pm. Dinner: BBQ pork chops, baked potatoes and all the trimmings. Don't be disappointed, buy your dance tickets in advance. Contact Ed 989-2838.

44c

Auction Sale

AUCTION SALE
THURSDAY, JANUARY 29
commencing at 6:00 pm.
McHaffie Auction Hall
Morrisburg
Two Households Will Be Sold
3/4 bed; small upright freezer; hide-a-bed; couch and chair; armchairs; wicker armchair; numerous small antique tables; wood coat rack; antique dressers; chest of drawers; collection 1950's & 60's comic books (good condition); collectables; lamps; glassware; numerous quilts; mirror; chrome table and chairs; exercise bike; small household appliances; heater; fan; metal shelving; computer and printer; wood high chair; desk and chair; color TV; VCR; vacuum; many unlisted items.
Mastercard and Visa accepted
Hall open 5 pm day of sale
AUCTIONEER
Sheila McHaffie

44c

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THANK YOU

Our sincere thanks to family, friends, neighbors and acquaintances for helping us through the ice storm and 16 days of power outage.

The assistance you gave and offered when you were experiencing the same hardships will never be forgotten.

To Bill, Jeff, Madelene, Roy and Loretta, Lorne and Joan, Larry, Doug and Donna, John and to our family for providing maintenance and hot meals, enabling us to remain in our own home, our grateful thanks.

Special appreciation to the volunteers at the Kenmore Community Centre and to the Osgoode Township Fire Department.

–Fred and Edna Black

Thank you

We would like to thank all the volunteers for their countless hours of help during January's Ice Storm. We would also like to thank the people who provided a constant supply of hot meals to the department. Last but not least we thank the general public for their patience and gratitude towards the fire department. A final thank you to the community for coming together in a time of need.

-Williamsburg Fire Department

parmalat CANADA
Parmalat Canada
490 Gordon Street
Winchester, Ontario, K0C 2K0
Tel. 613-774-2310
Fax: 613-774-2685

NOTICE

To Whom It Concerns:

It is the intention of Parmalat Canada to fence our property on the south side across Gordon Street behind The Country Boy, Sutton's Restaurant and The Village Bin. This will prevent through traffic between Main Street and Queen and thereby eliminate a serious safety hazard.

Parmalat Canada has taken ownership of Gordon Street from the south property line northward to Dufferin Street. This piece of property is integral to our operation with lift truck traffic crossing it on a continual basis and a great deal of pedestrian activity. It has been recognized that automobile and truck traffic on this stretch poses a real threat to personal safety.

We intend to put up temporary barriers first and once it is confirmed that the situation is workable, the fence will be erected, probably in February.

Ron McRae
Engineering Manager

Thank You

The Generator Gang, along with the other volunteers and residents of Vernon, would like everyone to know how grateful we are to **Tom's Air Cooled Engines Ltd**. of Vernon.

Without **Tom, Charyl, Tony, Kevin** and **Jamie** working night and day assembling, repairing and delivering equipment to us which they donated, we would not have been able to keep basements dry and houses warm.

Their generosity and unselfish support was more than appreciated.

Once again a sincere heartfelt thank you. It's people like yourselves who make our village one of the best places to live.

From all of us, thank you.

–Vernon Community Association

Thank You

ROYAL CANADIAN LEGION BR. 108 WINCHESTER ONTARIO

On behalf of the Royal Canadian Legion, Branch 108, Winchester, we would like to express our heartfelt thanks to all the service groups for their hard work and support during the Ice Storm of 1998. A special thank you to the numerous individuals and organizations who so generously donated their time and efforts wherever it was needed.

A special bouquet of roses goes out to the volunteer fire departments, military personnel, OPP, Ontario Hydro and Bell Canada.

TOWNSHIP OF SOUTH DUNDAS RESIDENTS

GARBAGE COLLECTION

The two bag garbage limit will be lifted from January 26 to January 31, 1998.

The Matilda and Williamsburg landfill sites will accept all household garbage at no charge until January 31, 1998. All refrigerators and freezers MUST BE freon free and tagged in accordance with M.O.E. specifications and regulations.

Hugh Garlough
Manager of Public Works

Lanark
Interim Head Office
15 Victoria Street
Perth, Ontario
K7H 2H7
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Prescott.. Russell.. Stormont.. Dundas.. Glengarry.. Leeds.. Grenville.. Lanark

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DIVISION OF STORMONT, DUNDAS & GLENGARRY
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K6H 3H9
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902 Second Street West
Cornwall, Ontario, K6H 5S6
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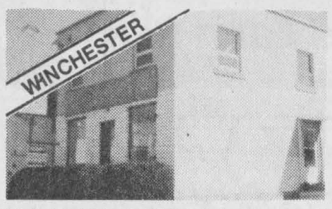

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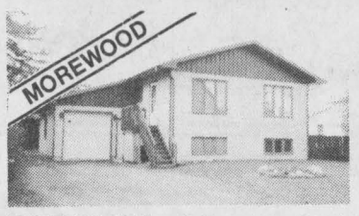

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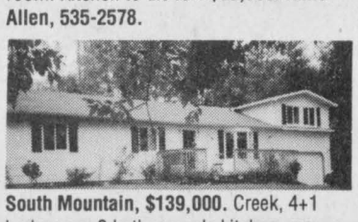

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EXCELLENT VIEW OF THE ST. LAWRENCE across Morrisburg Waterfront Park. Upgraded, tastefully renovated and decorated older four-bedroom home, great location. Convenient to all village amenities. Check it out - **$109,500.** (5744)

DON'T LET THIS ONE GET AWAY! Great three-bedroom starter home. Renovated, one-level living. Nice lot in established neighborhood, central Morrisburg. Garage, paved drive, oil heat. **$69,900.** (5743)

QUALITY THROUGHOUT! Raised bungalow, 2+1 bedrooms, oak-finished kitchen. Basement mostly finished, including family room, bedroom, etc. Garage. Gas heat. Raised deck off kitchen. Built 1993. **$116,900.** (5738)

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Notice to Policyholders of Grenville Mutual Insurance Company

Due to the devastation of property and the financial burden caused by the Ice Storm of January 6th through January 10th, we wish to help our policyholders in the following ways:

• If you required a generator to mitigate the effects of a loss, we offer a cash allowance of $20.00/day for generators under 2500 watts or $30.00/day for generators over 2500 watts. This allowance may be applied towards the rental or operation of an owned or borrowed generator.

• Your policy deductible will be waived on all food freezer claims.

• Any claim resulting from the Ice Storm will be considered forgivable at time of renewal with Grenville Mutual.

If you have a claim, or should we be able to assist you, please call 658-2013 or 1-800-267-4400.

We trust this will assist you in coping with our recent disaster.



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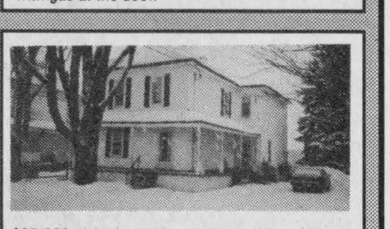
$57,900. Good solid commercial building with excellent 3-bedroom apartment on Main Street with gas at the door.



$64,900. Just listed. This you have to see. 2-bedroom. Total...total renovation, neat as a pin on large treed town lot. Gas heat.



$65,900. 4-bedroom in super condition. All original woodwork, economical hot water heating on large treed town lot.

Thinking of selling?

Call Bill and Edna Giles to work hard for you 7 days a week, 774-3946

Be wise... advertise

Interac DIRECT PAYMENT PAIEMENT DIRECT

MIKE DEAN'S SUPERFOODSTORE

19 KING ST. CHESTERVILLE

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

OPEN: MON.-FRI. 8 AM-9 PM; SAT. 8 AM-6 PM

WHITE SWAN, 8 ROLL PKG.
BATHROOM TISSUE
2.28

QUAKER, PKG. OF 10
ASSORTED FLAVOURS
READY TO SERVE
OATMEAL
1.88

2-WEEK PROMOTION PRICES IN EFFECT UNTIL CLOSING TUESDAY, FEBRUARY 10, 1998.

ROYALE, 2 ROLL PKG.
PAPER TOWELS 78¢

C-PLUS, 24x255 ML TINS
GRAPE *OR* ORANGE
SOFT DRINKS 5.88

PURE SPRING, 2 LITRES
GINGER ALE 98¢

HUMPTY DUMPTY, 1 BAG
ASSORTED VARIETIES
SNACKS 98¢

SCOTTIES, PKG. OF 150
FACIAL TISSUES 98¢

ROYALE, PKG. OF 50
MAN-SIZE
FACIAL TISSUES 1.38

HUMPTY DUMPTY, 192 G BAG
PACKAGE OF 12 SMALL BAGS
POTATO CHIPS 88¢

DORITOS, 190 G BAG
ASSORTED FLAVOURS
DORITOS 1.48

HUMPTY DUMPTY, 170 G BAG
ASSORTED FLAVOURS
POTATO CHIPS 98¢

SCOPE, 1.065 LITRE
ASSORTED FLAVOURS
MOUTH WASH 3.48

SACOR, PKG. OF 10
GARBAGE BAGS 98¢

McCAIN, 3x250 ML TETRA
ASSORTED FLAVOURS
JUICES AND DRINKS 78¢
MIX OR MATCH
CASE OF 9x3x250 ML $6.88

ROUGEMONT, 2 LITRE
MELLOW, GRANNY SMITH,
McINTOSH, RED DELICIOUS
APPLE JUICE 2.18

FRUITE, 2 LITRE
ASSORTED FLAVOURS
FRUIT DRINKS *OR* JUICE *OR* TETLEY ICED TEA 1.88

TIDE, 12 LITRE BOX
ORIGINAL *OR* LEMON
LAUNDRY DETERGENT 7.88

KRAFT, 225 G PKG.
MACARONI & CHEESE DINNER 78¢

KRAFT, 1.5 KG BEAR JAR
SMOOTH PEANUT BUTTER 5.88

PRIMO, 3 LITRE JUG
PURE VEGETABLE OIL 3.88

DOWNY, 3 LITRE JUG
LIQUID FABRIC SOFTENER 4.88

BOUNCE, PKG. OF 200 SHEETS
FABRIC SOFTENER 8.88

KELLOGGS, 675 G BOX
CORN FLAKES 2.68

GOLD SEAL, 213 G TIN
PINK SALMON 98¢

PURITAN, 184 G TIN
FLAKES OF HAM, TURKEY *OR* CHICKEN 98¢

OLD DUTCH, 3.6 LITRE
ORIGINAL *OR* LEMON
LIQUID BLEACH 1.28

FIESTA, PKG. OF 51
FOAM CUPS 88¢

DEL MONTE, 12-14 OZ. TIN
ASSORTED VARIETIES
VEGETABLES 68¢
CASE OF 24 $15.88

AYLMER, 1 LITRE SQUEEZE
TOMATO KETCHUP 1.68

AYLMER, 28 OZ. TIN
ASSORTED VARIETIES
TOMATOES 88¢

SUNLIGHT, 750 ML-950 ML
CLEAR, ANTI-BACTERIAL,
ORIGINAL
DISH DETERGENT 1.98

PRIMO, 900 G BAG
SPAGHETTI, SPAGHETTINI, MACARONI 88¢

DUNCAN HINES, 515 G BOX
ASSORTED FLAVOURS
CAKE MIXES 1.48

DUNCAN HINES, 450 G TIN
ASSORTED FLAVOURS
FROSTINGS 1.48

PURINA, 8 KG BAG
ALLEY CAT DRY CAT FOOD 5.88

PURINA, 1.6 KG TUB
HAPPY CAT 3.88

ET TU, 132 G PKG.
GREEK, ITALIAN, LIGHT,
HONEY DIJON *OR* ORIGINAL
CAESAR SALAD KIT 1.88

GERBER BABY FOODS
1ST *OR* 2ND FOODS 2 FOR $1.09
3RD FOODS 2 FOR $1.49

QUAKER, 730 G BOX
LIFE CEREAL 3.48

QUAKER, 900 G/1 KG BAG
MINUTE, LARGE *OR* ORIGINAL
OATMEAL 1.68

PURINA, 8 KG BAG
MAINSTAY DRY DOG FOOD 5.88

PURINA, 170 G BAG
ASSORTED FLAVOURS
BEGGIN STRIPS 1.88

MAPLE LEAF, 1 LB. PRINT
PURE LARD 1.38

HERSHEY, 300 G BAG
ASSORTED VARIETIES
CHIPITS 1.98

FLUFFO, 1 LB. PRINT
SHORTENING 1.18

AUNT JEMIMA, 1 KG BOX
REGULAR *OR* BUTTERMILK
COMPLETE PANCAKE MIX 2.28

CLUB HOUSE, 500 ML
WITH 10% REAL VANILLA
ARTIFICIAL VANILLA 1.48

CHEF BOYARDEE, 796 ML TIN
SPAGHETTI SAUCE 88¢

NESTLE, 750 G
QUIK 2.88

TASTERS CHOICE, 150 G JAR
ORIGINAL, DECAF, FRENCH,
COLOMBIAN
INSTANT COFFEE 4.88

NESTLE SINGLE
ASSORTED VARIETIES
CHOCOLATE BARS 2/88¢

AUNT JEMIMA, 750 ML BOTTLE
ASSORTED FLAVOURS
SYRUP 2.48

TETLEY, 216 G PKG.
ORANGE PEKOE TEA BAGS 7.88

CLARK'S, 665 G TIN
BEEF, CHICKEN, IRISH
STEWS 1.88

NESCAFE, 150 G/200 G JAR
DECAF, COLOMBIAN *OR*
RICH BLEND
INSTANT COFFEE 3.88

DEL MONTE, PKG. OF 4
ASSORTED FLAVOURS
MINI PUDDINGS 1.48

DAVID, 500 G PKG.
MAPLE LEAF COOKIES 1.88

AYLMER, 10 OZ. TIN
TOMATO SOUP
3/1.00

CHRISTIE, 450 G PKG.
PLAIN, SALTED, 5-GRAIN *OR*
WHOLEWHEAT
PREMIUM PLUS CRACKERS
1.48

FOLGERS, 925 G TIN
MOUNTAIN ROAST *OR* AROMA ROAST
GROUND COFFEE
7.68

MIKE DEAN'S SUPERFOODSTORE

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2-WEEK PROMOTION PRICES IN EFFECT UNTIL CLOSING, TUES., FEB. 10, 1998

FRUITS AND VEGETABLES

PRODUCT OF USA, NO.1 GRADE SIZE 24
ICEBERG LETTUCE
78¢ HEAD

PRODUCT OF USA, NO. 1 GRADE
SNOW WHITE
CAULIFLOWER
1.98

PRODUCT OF CANADA, NO. 1 GRADE
COOKING ONIONS
2.98 10 LB. BAG

PRODUCT OF CANADA
FRESH MUSHROOMS
1.48 8 OZ. PKG.

PRODUCT OF USA, NO. 1
SWEET GREEN PEPPERS
1.48 LB. 3.26 KG

PRODUCT OF CANADA, NO. 1
HOT HOUSE TOMATOES
1.98 LB. 4.36 KG

PRODUCT OF USA, NO. 1
CALIFORNIA NEW POTATOES
78¢ LB. 1.72 KG

PRODUCT OF MEXICO
NIPPY CRISP
GREEN ONIONS
2/88¢

PRODUCT OF B.C. CANADA FANCY
ANJOU PEARS
88¢ LB. 1.94¢ KG

PRODUCT OF USA, NO. 1
RED ANJOU PEARS
88¢ LB. 1.94 KG

PRODUCT OF USA, NO. 1
BOSC PEARS
88¢ LB. 1.94 KG

PRODUCT OF CANADA, FANCY
RED DELICIOUS APPLES
1.98 5 LB. BAG

PRODUCT OF USA, SIZE 180
SEEDLESS ORANGES
24/2.98

PRODUCT OF USA, FANCY
RED DELICIOUS APPLES
98¢ LB. 2.16 KG

PRODUCT OF USA, FANCY
GOLDEN DELICIOUS APPLES
98¢ LB. 2.16 KG

PRODUCT OF USA, FANCY
GRANNY SMITH APPLES
98¢ LB. 2.16 KG

FRESH-CUT MEATS

FRESH KNIFE CUT, NO BACKS
CHICKEN BREASTS
WHOLE *OR* SPLIT
1.99 LB. 4.39 KG

MELROSE SMOKED
PICNIC PORK SHOULDER
1.49 LB. 3.29 KG

CUT FROM CANADA GRADE A, AA, AAA BEEF
BONELESS
TOP SIRLOIN STEAK
2.99 LB. 6.59 KG

WESTERN, 500 G PKG.
SMOKED SLICED
BREAKFAST BACON
2.29

MELROSE, PACKED IN STORE
BEEF AND PORK, SMALL LINK
BREAKFAST SAUSAGE
1.69 LB. 3.73 KG

FRESH PORK
PICNIC SHOULDER ROAST
1.19 LB. 2.62 KG

FRESH PORK SHOULDER CHOPS
1.79 LB. 3.95 KG

FRESH SLICED
PORK LIVER
69¢ LB. 1.52 KG

FRESH MEATY
PORK HOCKS
99¢ LB. 2.18 KG

FRESH SLICED
BELLY SIDE PORK
1.79 LB. 3.95 KG

RESERS, 510 G. PKG.
FLOUR MEXICAN TORTILLAS
1.69

RESERS, 142 G PKG., 3 ASSORTED VARIETIES
BURRITOS
1.19

MAPLE LEAF, 500 G PKG.
SLICED BOLOGNA
2.69

MAPLE LODGE, 450 G PKG.
CHICKEN WIENERS
99¢

BURNS, BY THE PIECE
POLISH COIL
2.69 LB. 5.93 KG

FLOWER PRETTY

4 INCH POT
AFRICAN VIOLETS
1.98 EA.

BOUQUET BEAUTIFUL

PREMIER MIX BOUQUETS
2.98 EA.

CHEESE PLEASE

MAPLE DALE
MILD MARBLE CHEDDAR
4.49 LB. 9.90 KG

SALAD EASY

SHOPSY'S DELI FRESH
POTATO & EGG SALAD
1.89 LB. 4.17 KG

FRESH MADE IN-STORE PIZZA

14 INCH WITH PEPPERS COMBINATION
5.99

FRESH OFF THE BOAT

FRESH ATLANTIC
COD FILLETS
4.99 LB. 11.00 KG

A WIDE VARIETY OF QUICK AND EASY FROZEN FOODS

STOUFFER, 1 PKG. ASSORTED VARIETIES
ORIGINAL *OR* LEAN CUISINE ENTREES
2.48

McCAIN, 340 G. PKG. CHOCOLATE, COCONUT, LEMON *OR* BANANA
CREAM PIES
1.38

VALLEY FARM, 1 KG BAG ASSORTED CUTS
FRENCH FRIES
78¢

BLUEWATER, 650 G PKG.
FISH AND CHIPS
2.48

McCAIN, 1 KG BAG 13 ASSORTED VARIETIES
VEGETABLES
1.98

McCAIN, 355 ML ASSORTED VARIETIES
ORANGE JUICES
98¢

SWANSON, 170 G PKG. BEEF, CHICKEN, TURKEY
POT PIES
68¢

McCAIN, 355 ML ASSORTED FLAVOURS
FRUIT PUNCHES
58¢

McCAIN, 355 ML ASSORTED FLAVOURS
ICE TEAS
58¢

ICE CREAM TREATS

NESTLE, PKG. OF 24x50 ML
POLAR POPS
ASSORTED *OR* CHOCOLATE TWINS
3.48

CHAPMANS, 2 LITRE ASSORTED FLAVOURS
ICE CREAM
1.98

NESTLE, PKG. OF 6 NO SUGAR
POLAR TWIN POP
POLAR CREAM BARS
POLAR FUDGE BARS
1.98

DAIRY HEALTHY

KRAFT, 250 G PKG.
SWISS CHEESE SLICES
1.88

NUTRIWHIP, 500 ML
WHIP TOPPING
1.88

BREADMATE, 2 LB. TUB
SOFT MARGARINE
1.68

BEATRICE MILK PRODUCTS

BEATRICE, 1 LITRE
CHOCOLATE MILK
98¢

BEATRICE, 1 LITRE
BUTTERMILK
98¢

BEATRICE, 1 LITRE
10% *OR* 6% CREAM
HALF AND HALF
1.98

A WIDE VARIETY OF YOUR FAVOURITE BREADS, BUNS, PASTRY

SUNSHINE, 675 G LOAF 20%, 60%, 100% SLICED
WHOLE WHEAT BREAD
88¢

SUNSHINE, 675 G LOAF
WHITE SLICED FRESH BREAD
78¢

DEMPSTERS, 450 G LOAF WHITE *OR* WHOLE WHEAT
HOLLYWOOD THINS
98¢

DEMPSTERS, 675 G LOAF STONE GROUND, BRAN, 12 GRAINS, OATMEAL, WHEAT 'N OATS, OAT BRAN *OR* MULTI-GRAIN
HEARTY GRAIN BREADS
1.68

DEMPSTERS, PKG. OF 6 PLAIN, POPPY, ONION, PUMPERNICKEL, RAISIN/CINNAMON, WHOLE WHEAT, SESAME, GARLIC, BLUEBERRY
BAGELS
88¢

OLIVIERI, 284 G
GARLIC BREAD
1.98

DELICIOUS MOMENTS, PKG. OF 6
APPLE *OR* CHERRY TURNOVERS
2.38

VACHON, PKG. OF 6 THREE FRUITS *OR* APPLE RASPBERRY
FLAKIES
2.28

THE BUTCHER'S FRESH SLICED DELI MEATS, SALADS, CHEESES

BURNS SLICED
BOLOGNA
2.49 LB. 5.49 KG

MAPLE LEAF SLICED
COUNTRY KITCHEN HAM
4.49 LB. 9.90 KG

SHOPSY'S SLICED
ROAST BEEF
4.49 LB. 9.90 KG

LEVESQUE SLICED
COOKED HAM
2.69 LB. 5.93 KG

SHOPSY'S SLICED
EYE OF ROUND PASTRAMI
3.99 LB. 8.80 KG

BURNS SLICED
PEPPERONI
2.99 LB. 6.59 KG

BURNS SLICED
SALAMI
2.99 LB. 6.59 KG

SCHNEIDERS SLICED
LUNCHEON LOAF
3.99 LB. 8.80 KG

THE BUTCHER'S FRESH BAKED IN-STORE BAKERY

8 INCH
PUMPKIN PIE
2.49

450 G LOAF
100% WHOLE WHEAT BREAD
89¢

450 G LOAF
CHEESE BREAD
1.99

PKG. OF 4 3 ASSORTED VARIETIES
DANISH POCKETS
1.99

PKG. OF 4
CROISSANTS
1.99

PKG. OF 8
FRENCH ROLLS
1.49

PKG. OF 4
APPLE *OR* CHERRY TURNOVERS
1.99

FRESH MADE
BAGUETTES
89¢