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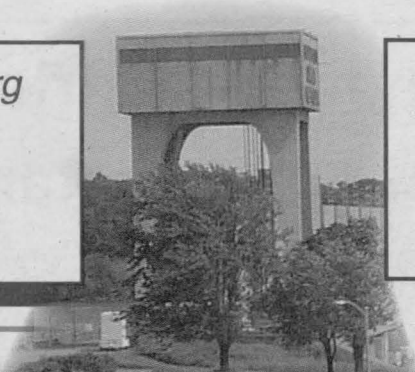
10 Morrisburg Figure Skating Musical Tribute



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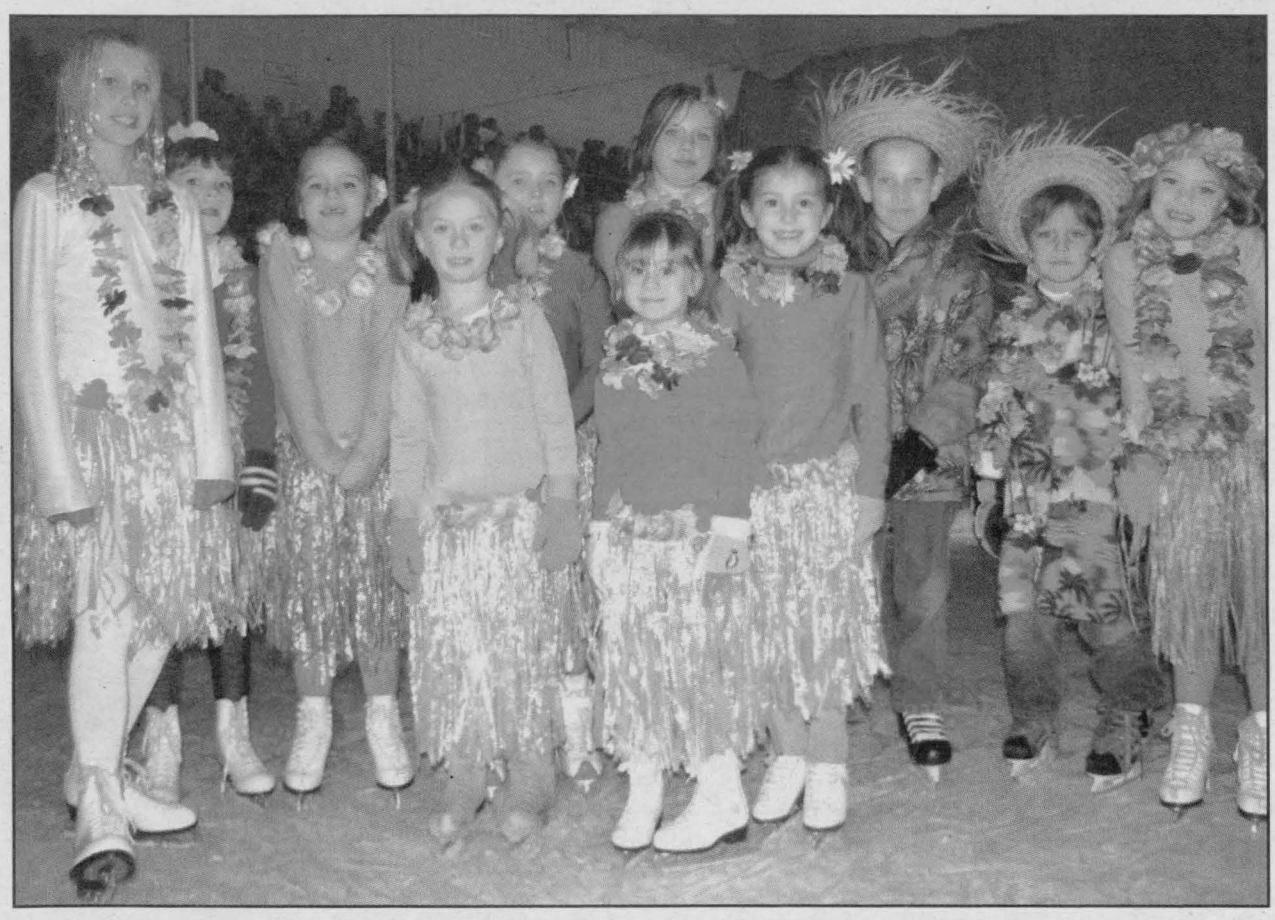

This group of young skaters performed to 'Surfin' Safari'. The group included Erika Jordan, Morgan Hummel, Emma Hill, Karalee Helder, Vanessa McDonald, Madisyn DeJong, Abby Trizisky, Reagan Belanger, Kaitlyn Merkley, Owen Orendi and Matthew Henry.

CHIEFTAIN PHOTO - A. CARTIER

Flower Power charms skating show audience

ANDREA CARTIER
THE CHIEFTAIN

It was a full house that gathered on Saturday, March 22 to enjoy the Morrisburg & District Skating Club's tribute to the music of the 60's & 70's in the club's end of the year show entitled Flower Power. The show has a long tradition in the area, and this year almost all of the club's skaters took part with a total of almost 100 performers. The arena had been transformed into a trip to the past and the stage was set for an evening of wonder.

The evening began with the National Anthem, followed by an opening number performed by the club's Intermediate skaters who skated to 'Aquarius'. A tribute to Elvis included a solo by Brianna Stewart, CanSkate Elvis' and the junior group of Abigail Jordan, Katie Buter and Wyatt Hickman – Korac skating to 'Are You Lonesome Tonight?'.

Josee Vanderlaan performed a solo to 'Moon River' and Brenna German skated to 'The Pink Panther.'

The intermediate group of Alyssa MacMillan, Abby MacMillan and Allison Lee skated to 'Dirty Dancing' and CanSkaters did a routine to the music 'Dancing in the Rain'. No Flower Power Show would be complete without a tribute to the Beatles. Amanda Giles skated to 'Eleanor Rigby' and the junior group of Kathleen Nicolaassen, Tayler Pilon and Kendra Buter performed to a medley of Beatles tunes. Hayley Mills performed her solo skate which recently gave her a first place finish at the Eastern Ontario CanSkate competition.

FLOWER POWER SEE PAGE 10 & 11

Local trucking companies beat province to the punch

Local trucking companies in Morrisburg and Iroquois are years ahead of provincial safety regulations.

The trucking industry in Ontario is often an invisible column that holds up Ontario's economic well being.

Confronted with safety, environmental and bottom line issues, members of the Ontario Trucking Association have not been waiting for the Ontario government to take any kind of action regarding their own industry. Instead the members have been lobbying for some kind of government legislation that would make speed limiters on heavy trucks mandatory.

In a press release last week the Ontario Trucking Association announced that after two and a half years of lobbying, the association has managed to get the provincial government to introduce a bill that calls for speed limiters on trucks.

The set speed that they are asking for is 105 km/hr. The president of the Ontario Trucking Association, David Bradley called the legislature, "A significant step forward for highway safety and for reducing greenhouse gas emissions."

A press release describes a speed limiter as an electronic microchip that has been installed on virtually every heavy truck engine built since the mid 1990's and has become mandated in the European Union for at least a decade. In Ontario at least half of the trucks that regular drivers encounter on the road are using some kind of speed limiter.

The proposed bill will demand that all trucks take advantage of their speed limiter.

Two trucking companies in South Dundas, KBD Transport and Harland Veinotte Ltd. have been using speed limiters for several years now as a result of their own efforts to maintain a healthy bottom line, ensure a standard of safety on the road for their drivers and to help the environment. The announcement about speed limiter legislation comes as no surprise to these two trucking companies.

Bruce Mullin the CEO and President of KBD Transportation Iroquois says, "We have been doing this since 2000," he said. Bruce mentioned that the Ontario Trucking Association sent members to Europe to take a look at the European trucking experience and the challenges that they faced.

COMPANIES AHEAD SEE PAGE 2

COMPANIES AHEAD FROM THE FRONT

Using a speed limiter, according to Bruce has saved his company $9,000 per truck per year. "It is a lot different driving a truck then it was 10 years ago," he said.

The need to be more competitive in an increasingly competitive market and the need to achieve safety standards that are more demanding each year drives the trucking industry forward.

After safety comes the high cost of fuel. The speed limiter will place all of Ontario's trucking companies on the same level playing field. Randy Veinotte the operations manager for Harland Veinotte Transportation in Morrisburg was happy that the Ontario Trucking Association had finally been able to get the Ontario government to pay attention to the speed limiter issue. "It has been a long torturous rout," he said referring to the lobbying efforts of the trucking association. Randy pointed out that his company had been using the speed limiters for years. He said that there were three key issues involved with the speed limiters: Safety, fuel consumption, and the environment.

"This was started from within the trucking industry," said Randy. He also mentioned that trucking companies have to find as many ways as possible to maintain their competitive spot in the market. There is more to it than just limiting a truck's speed he said. "How you spec your truck is very important. That is where you will find your fuel savings."

Despite the belief that some drivers and trucking companies are resisting the idea of speed limiters, Both Randy and Bruce are happy to have the government look at it.

The Ontario trucking industry is not one that is on the consumers mind each and every day, even though these same companies bring in virtually all of the goods that can be found on a daily basis in any store in the province.

Winchester District Memorial Hospital is one of many Ontario hospitals in a bind

The Board at the Winchester District Memorial Hospital announced today that discussions continue with the Local Health Integration Network (LHIN) about the projected operating deficit for 2008-09. Like 50% of Ontario hospitals, WDMH is currently unable to sign an accountability agreement which is scheduled to take effect April 1, 2008. Mr. Bruce Rowsell, Board Chairman, reports that the hospital has maximized its opportunities for saving dollars. In fact, WDMH has reduced the budget by $2.2 million dollars over the last 4 years amounting to approximately 10.1% of its operating budget. "The Board has invested significant time and resources in determining the range and volume of services at the hospital," says Rowsell. "We will not support any reduction in services".

Trudy Reid, Chief Executive Officer reported that the hospital remains optimistic that a solution can be found. "We have been operating at a planning level that seeks long term financial viability for this valuable community resource" says Ms Reid. "It is a complex problem for the province and the region and ultimately for the communities served by hospitals. We will all have to rally around the objective to keep services close to home".

It is important to note that these discussions are about the hospital operating budget which includes funding for salaries and supplies and other operational requirements. The capital budget, which is used to build facilities, like, the new building in Winchester, is funded through a separate branch of the Ministry.

The hospital board, at its regularly scheduled meeting last evening, remains convinced that the Winchester District Memorial Hospital is well positioned for a very bright future in the Champlain LHIN.

Winchester District Memorial Hospital Auxiliary's monthly meeting

BY MARJ PHILLIPS

The Winchester Hospital Auxiliary held its monthly meeting at the Dillabough Centre on March 13, present were 13 members and 3 Hospital spokespersons; Dawn Cooper, Foundation representative; Michelle Blouin, Auxiliary Liaison; Susan Major, Projector Manager of Construction. Chair Dawn Ouellette began with the Auxiliary prayer and the minutes were read, corrected and accepted.

Dawn Cooper talked about the Hospital Gala, which is to be held on June 14 at the Winchester Arena. The cost is $100 and there will only be 600 tickets sold for the 60th Hospital anniversary event and will go on sale on April 1st. Anyone wishing to contribute stories, artifacts and or photos pertaining to this historic celebration are encouraged to do so by contacting the Foundation Office of the Hospital. She also mentioned a Donor Appreciation Evening to be held on April 24th at 7:00 pm at the Chesterville Hall. Invitations will be sent out. She discussed the need to establish a Fund Development Committee that will look at new ways to continue to support the needs of the hospital.

Susan Major gave the members an update of Phase I of the construction. She said that everything was proceeding on schedule and that the inside part of the construction of this phase should be completed by early April. A request to improve the ventilation in the Gift Shop was made and she said it is being looked into. One has to marvel and compliment those responsible for enabling daily work to be carried on as if nothing is happening all around them.

The *Treasurer's* Report, *In Memoriam Fund* Report (66 hour, November-February) and the *Volunteer* Report (264 hours) were presented. The *Gift Shop* committee had met earlier and reported that $15,000 had been transferred to the Main Auxiliary. Holed up in a little cupboard in the lower level of the hospital, the shop was closed for 30 days before Christmas and yet they managed to carry on 'business as usual'. A total of 144 hours were recorded for February. Scheduling is a little tight and anyone wishing to donate his/her time in this pleasant and useful manner is only to drop into the Gift Shop and see how he/she can help. Any one having sets of buttons that could be used for infant layout knitted sets are requested to drop them off in the Gift Shop. A letter was read from Roy Campbell relating how the *Lottery* folks are managing to operate in spite of the difficulties they face due to the construction. We congratulate all those faithful workers who are there regardless of the situations they sometimes find themselves in.

Wilma Ganter representing the Chesterville Unit reported they had worked 80 hours and a sum of $2000 was presented to the Main Auxiliary as a result of their Bridge group.

Correspondence included a notice from the *Ottawa Pastoral Care Training Program*, which is offering a basic training course starting on March 29th, and running until May 15th. It is to be held at St. Paul's Presbyterian Church in Winchester. Anyone interested may contact Dawn Ouellette.

The Dessert and Card Party is to be held on April 14th, at the Williamsburg Senior Centre in Williamsburg, desserts served at 1:15, bridge or euchre playing from 1:30 to 3:30 cost will be $5.00. Representatives will be requesting 3 desserts from Chesterville, Winchester and Morrisburg and 2 from Summers/Cass Bridge/Maple Ridge.

The Spring Conference will be held in Alexandria on April 16th, a sign up sheet was passed around for those wishing to attend.Joan Farlinger spoke about the fall convention, November 3-5 in Toronto and urged members to consider attending this special event. She mentioned the various items that the HAAO committee members had been working on and the exciting programme that they were planning for.The deadline for application for submitting names to receive the Provincial Lifetime Member Award is April 15. The next meeting will be April 10th, at 1:30 in the Dillabough Centre. Hope to see you there.

Heritage to be the topic at McIntosh Inn

There will be a meeting on Thursday April 3, 2008, at the McIntosh Inn at 7 pm.

Organizations and/or interested parties looking to promote Attractions & Heritage in South Dundas are invited to attend.

The special speaker for the evening will be Neville Bell, photographer and film producer.

For more information call Glen at 613-543-3335

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Laughing with Erica Scott

Erica Scott of Iroquois has been voted as the region's Favorite Rising Star during the 2007 Ottawa Comedy Awards.

Always with something funny to say, Erica managed to outpace five other up and coming stand–up comedians during an online vote for the award.



Erica Scott

Erica is a mother of three who works in Morrisburg, looks after her family in Iroquois and spends the rest of her "free" time preparing for her next performance. The awards given to Erica especially in light of the fact that men tend to dominate comedy awards was an honour that she cherishes. "It is nice to be recognized," she says "Every one wants to be a stand –up comic," she says, "but you have to stand out."

Erica has been perfecting her routine for a while now. Being a mother and a working wife, she has drawn her stories from everyday life, even though she admits to throwing in a bit of fiction now and again. Surviving as a stand – up comic is not easy and is emotionally draining. "Performing can be very emotional and challenging," says Erica.

Winning the award is made sweeter because it recognizes a woman. " A lot of people have a hard time accepting a woman as a comic," points out Erica. Being able to connect with your audience is crucial for a stand up comic. Sensing the mood of a crowd and how your particular routine will impact on the audience is difficult to do. A routine has to be changed constantly in order to connect with sensibilities of where you are performing it. Erica's routine took her a few years to perfect. Like all professionals she is constantly looking for ways to make it better and to help it evolve. "I want to expand on what I have," she says, pointing out that the humour in a routine also is dependent on body language and the performance. You also need negative feedback from your peers and the audience to help you connect in the best way possible. "The negative helps you grow," says Erica.

Carol Burnett once said that comedy is tragedy plus time. Erica captures the essence of that concept with her humour about motherhood, children and the joys of being a working mother.



Spring may be hard to see in Iroquois these days but this ship, probably the first of the season, was spotted moving up the St. Lawrence River off of the Iroquois Beach Monday afternoon. The ship was headed towards the locks at Iroquois Point.

CHIEFTAIN PHOTO - J. MORINH

Kemptville College 2008 Annual College Royal

REBECCA MCDOUGALL AND MIKE LOGVINOFF

On Friday March 7th And Saturday March 8th the University Of Guelph, Kemptville Campus, put on its annual College Royal.

Despite the snowy weather there was a very good turn out this year.

There were many interesting events to see at the College Royal, like horse shows, a cattle auction, horticulture displays and fabulous food information displays and tasty samples provided and put on by the senior Food, Nutrition and Risk Management students.

As part of their Product Development and Marketing course the senior food students where assigned a food commodity to research and display at the College Royal.

There were lots of colourful and informative displays that were created by the food students and lots of samples to taste.

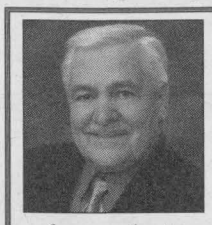
The information displays covered a wide variety of food commodities including maple syrup, lamb, mushrooms, cranberries, mustard seed, soy beans, garlic products and hemp seed.

As well as making the displays, the students also were giving out nutritional information sheets, recipes and samples of the food they were promoting.

Sample foods given out were marinated mushrooms, mint lamb patties, marinated garlic, dried cranberries, hemp seeds, maple syrup muffins, soy fortune cookies and mustard samples provided by Mrs. McGarrigle's Fine Mustard Shop located in Merrickville.

There were also draws for prizes like a gift basket full of interesting hemp products, a t-shirt provided by Lamb Ontario, and a gift certificate for Mrs. McGarrigle's Fine Mustard Shop in Merrickville.

A warm thanks to all who attended.



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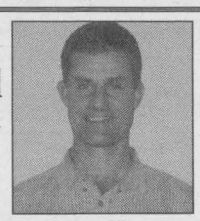

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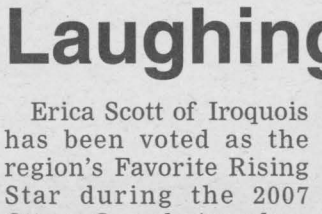

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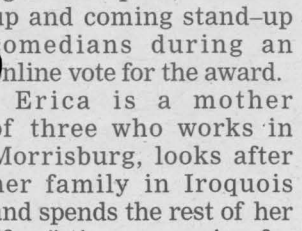

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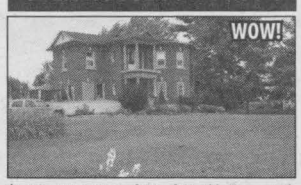

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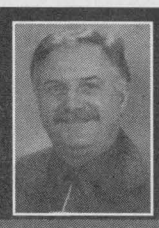

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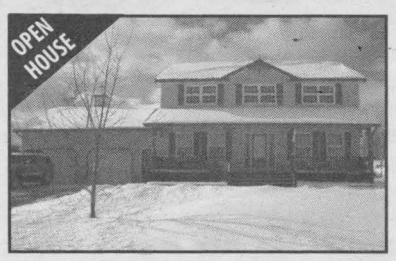

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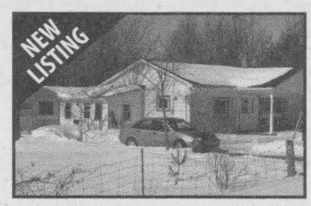

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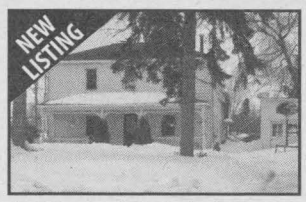

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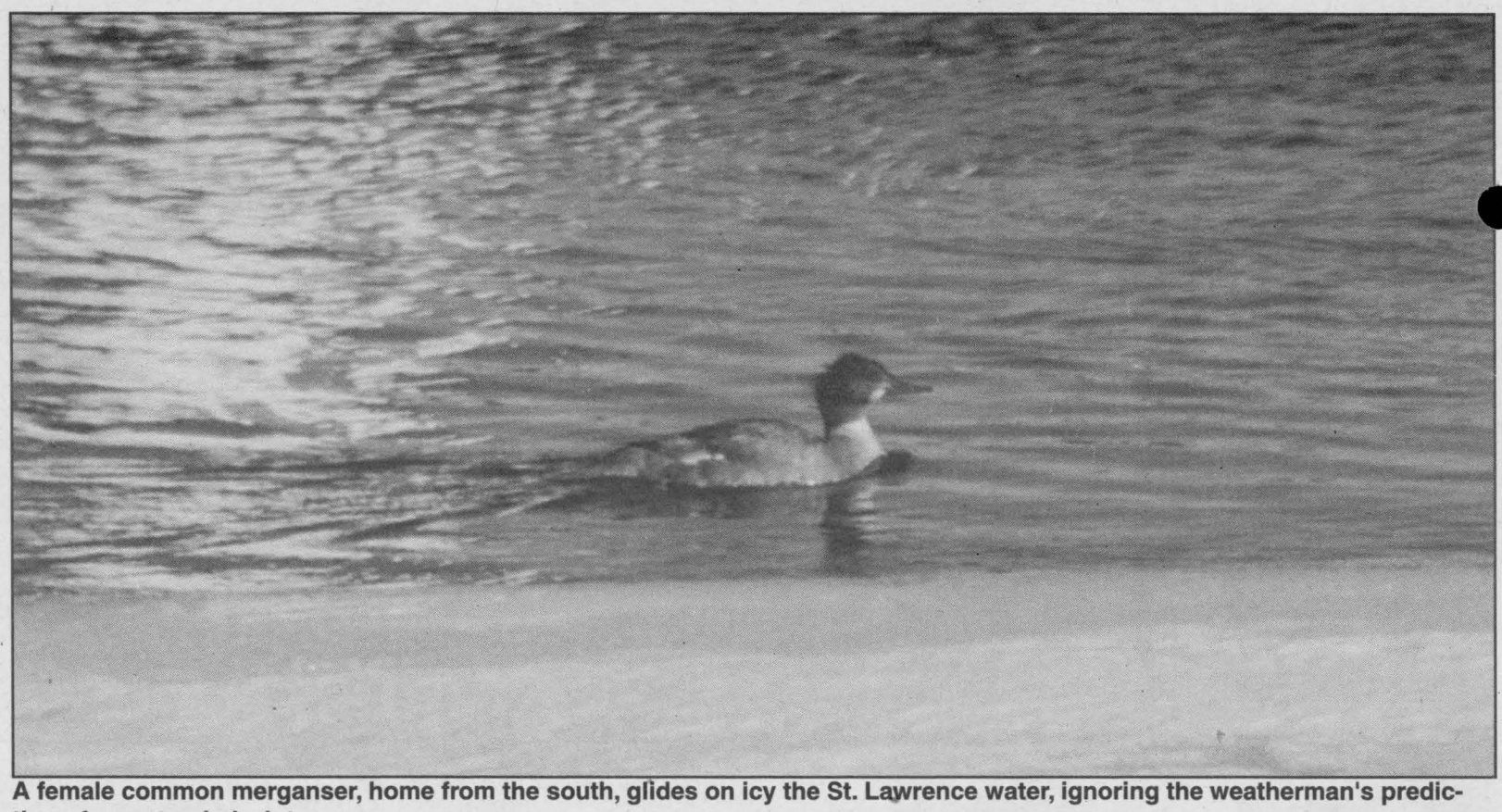


A female common merganser, home from the south, glides on icy the St. Lawrence water, ignoring the weatherman's prediction of an extended winter.

CHIEFTAIN PHOTO - DAWNA LEBLANC



Spring sighted on the Seaway

Just when you were staring to believe that spring would never come something happens to jerk you out of your dark, cold, daydream of a never ending laneway filled with snow that once removed magically reappears.

That's where I was yesterday afternoon as I toiled over the Chieftain. My stellar attempt to organize everything on my desk into my computer was interrupted by a phone call.

A loyal Chieftain reader who has on more than one occasion took the trouble to call with an exciting local development. The caller explained that the very first tanker was at this very moment working its way up the St. Lawrence River destined to pass through the Iroquois Locks.

Was this some kind of perverse trick. Was there indeed a ship out there. Was this the first ship of the season.

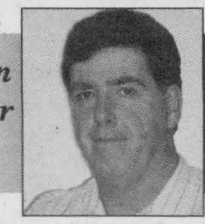
A quick check with my favorite Seaway information web site www.boatnerd.com showed that there was some ship traffic beginning to tack its way up and down the St. Lawrence River.

Spring must surely be somewhere swirling in the wake of these mighty and majestic Seaway ships.

J.M.

A thought...

by Joseph Morin
Editor



From me to you

Anytime you get tired of the winter weather outside, as a last resort you can always take a look at what the American television stations are offering in the way of political commentary.

Of course the news is all about the presidential nomination race between Republican, John McCain and Democrats, Hillary Clinton and Barak Oboma.

The CNN coverage is candy like in its intensity and flavour, using a beautifully lit stage and wonderful colours to distract you from whatever it is they are talking about. There is more than a handful of politically astute reporters and journalists who try to keep viewers caught up on the latest speech, mistake, comments, gaffs, and other tainted political meanderings.

I love CNN for its stage management and for the fantastic perspectives that are connected to the show. Unfortunately whenever a popular topic is in the news and is covered in the "situation room" the commentary often has to wait while real events in the outside world stagger along.

While reporters are waiting for something meaningful to happen that they can interpret and pass on to information hungry viewers, they have to more often than not improvise.

These past few weeks have not been about American candidates economic plans or political preferences and what all that may mean for the Average American. The media coverage, even the well done and interesting coverage as seen on CNN only tackles the bitterness and shameless attacks from one candidate to another. If this was a movie you could rightly assume that all the action will be taking place in the last 5 minutes of the slow moving drama. The movie, in this case the nomination antics has been front loaded with fluffy stuff.

Watching the American political coverage allows me to speculate on what kind of viewing experience we can expect to get when our own inevitable Canadian federal election bursts on the scene.

If Canadian political party's are paying any attention at all to how their American counterparts are conducting themselves during their electoral process, we can only hope that they are realizing how negative advertising, off the record vicious comments and meaningless tangents delivered to the media and then to, you really are counterproductive.

Obviously the average political mastermind considers their target audience, that's you and me and possibly my dog, as so simple minded that correct and illuminating explanations are not necessary. The few forays, last year, by the federal conservative government into negative advertising were to say the least disgusting.

All of us "regular" people, regardless of what we do for a living and how much money or power we have been able to accumulate, are basically workers. By that I mean we go to work, give it our best shot, tolerate the dysfunctional aspects of our fellow employees and try to stay alive. At the end of the day all that we strive for is an uneventful drive home and a sense of a job well done. When politicians demonstrate such a lack of respect for us all by misleading, using negative advertising and generally wasting our time with false promises, we should all be upset.

Respect is the number one attribute that politicians have to be able to show to voters. All else is a shameful act that more and more Canadians are catching on to.

Canadians believe in a code of conduct, a sense of justice and a reward for a job well done.

They expect their leaders to share the same values.

Letter to the Editor
The price of gas

This letter is due to the lack of response from Premier Dalton McGunity and Prime Minister Stephan Harper and all opposition leaders except Gilles Duceppe of the Bloc Quebecois in which I received on March 06 08.

The letters I wrote to them were about the high cost heating oil and gas at the pump, and natural gas In Mr. Duceppe's letter it states in a press release on June 7 2007 in 2006 that the Canadian petroleum and gas companies have accumulated 118.9 billion dollars in profits Which is a 376% increase in the last 11 years.

Then it goes on to say that the refining under capacity resulting from the closure of some refineries and the regional concentration in the hands of a few oil companies who matched production of there competitors which in turn raises prices. The bloc has tabled a bill to counter outrageous oil hikes on June 7 2007.

In a press release, May 7, 2007 it says capitalizing on the decrease in competition, refineries are pocketing excess profits at the refining stage of up to 20 cents per litre.

Scott Ried, my MP for Lanark Frontenac- Lenox Addington responded on Jan 29, 08.

He wrote, "that's why we kept our election promise by reducing the GST from 7 to 5 % while this measure doesn't completely eliminate the burden of rising fuel costs it certainly goes a long way to reduce the exorbitant cost that Canadians pay to heat there home."

Between both governments I believe you bring in tens of million of dollars in taxes on these products if not billions of dollars. Some of the question are: Will you offer a income tax break on heating fuel with a formula of what your income is and how much it cost you to heat your home? Will you consider cutting taxes on heating fuel and gas at the pumps? Would you put a price cap on the price of these products due to record profits the oil companies have made and these products are a necessity of life in Canada?

Would you consider building a refinery in Ontario or any other place in Canada ? Would you consider doing anything with our tax dollars besides holding inquiry after inquiry pretty soon you will have an inquiry to see why you have inquires.

Now it is the readers turn to respond by faxing the Prime Minister Stephen Harper at 613 941 6900.

Jack Layton leader of the NDP at 613 995 4565 and Stephan Dion at 613 947 0310. Or you can mail them to the House of Commons Ottawa On K1A0A6 and clearly mark on the envelope to who your are sending it to.

Do not forget to voice your concerns and ask for a reply back or fax you nearest Conservative member and ask Stephan Harper to respond back to you .

At the Provincial level you can fax Premier Dalton Mcquinty at 1 416 325 3745 or Howard Hampton leader of the NDP at 1 807 223 6593 or John Tory leader of the conservative party at 1 416 325 0491 or fax to your nearest Liberal member and ask for a response from the Premier, or mail your letter to Queens Park Toronto ON M7A1A8 .

Do not forget there are predicting gas to hit a dollar fifty this summer so what will be the Price of heating fuel next winter, So lets get the letters and fax machines going.

Signed Ross Ayotte

6 Cornelia St E
Smiths Falls On

Iroquois Legion Newsletter Branch 370

By Dar

Although it was Easter long week-end there still were eleven members of the Cribbage league playing in the Lounge on Saturday afternoon. Finishing in first spot was Andy Acelvari with a count of 1070 and coming in a distant second spot was Bernie Montroy with a count of 1036 followed closely in third was Dennis Wright with 1034. Ted Gratton had a count of 1032 for the day and claimed the Bridesmaid honors of the day also. A total of nine skunks were found skittering around the Branch and getting two each were Ken Palmer and Bill Wright. There are four official weeks of play remaining and the wind-up day will be April 26 followed by their Banquet and the handing out of the hardware.

The Pot of Gold was finally won! Arnie Fader won the Pot and I think the amount was around $750. Congratulations Arnie, that's a nice chunk of coin to get.

The Friday lunch for this week will be Roast Turkey, gravy, dressing, mashed potatoes and cabbage salad. Dessert will be a "surprise cake".

There were eight tables of Euchre and picking up the first prize was Garfield Wright while the second prize had to be split between Rita Gannon and Acelvari. Jack Shaver managed to nab low score of the evening. Only a couple of skunks were seen skittering around the Branch and they were quickly picked up by Irene Roy Smith and Norm Walker.

The Pot of Gold was finally won! Arnie Fader won the Pot and I think the amount was around $750. Congratulations Arnie, that's a nice chunk of coin to get.

Comrades, for you who are living alone, there is some brochures at the Legion with info on the "Lifeline". "Lifeline" is an easy-to-use medical claim service that lets you feel confident and secure while independently. Just by pushing the Personal Help Button that you wear as a wristband or as a pendant will correct you to a trained Lifeline Personal Response Associate who will assess your situation and will dispatch help quickly day or night. Should you want more information please drop into the Branch and pick up a brochure. Its very informative.

The tickets for the Chinese Food Dinner and Dance to be on April 26 at our Legion are available at the Branch. The same night, we will be having our Fund-Raising draws. Hope you have got your tickets for both or are planning on doing so. IN case of not mentioning this event also, the popular band "Ambush" will be at our Legion on Saturday May 10. Tickets are available from Mustards Variety, the Hair Studio, The Legion 613-652-4516 or myself. This is usually a sold out event.

Until next week – Take Care.

Canadian Air Transport Security Authority | Administration canadienne de la sûreté du transport aérien

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- Containers must be placed in a litre (1 quart) clear plastic bag that is closed and resealable (approximate dimensions of bag are 15.24cm x 22.86cm or 20cm x 17.5cm).
- One 1 litre bag per passenger.
- To speed up the screening process, place all liquids, gels and aerosols from your carry-on bags into the tray provided.



For packing tips and further details on security requirements, please visit our website:

www.catsa.gc.ca

Canada



Nationview hosts rodeo

How do you get over the winter blahs?

Have a rodeo! That's what more than 150 Nationview students did on Wednesday as Primary and junior students whooped it up in their boots and cowboy hats at the school's first QDPE Rodeo Day.

The day was designed to celebrate the Upper Canada District School Board's 10th anniversary in an active and fun way. QDPE stands for quality daily physical education, something the staff at Nationview believes in strongly.

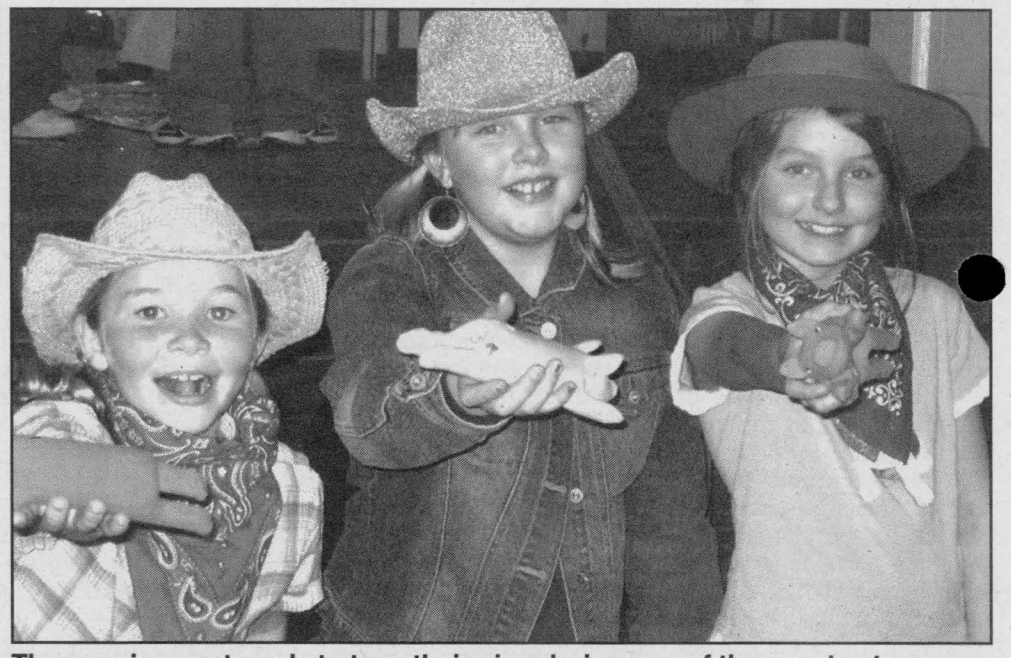
Students were divided into 10 teams named for western themes, such as pioneers, ranchers and sheriffs.

The teams rotated around 10 activity stations that were based on various physical actives with a western-spin, of course. The Chuckwagon Relay Race, where one student sat on a scooter and another pulled like a horse, was one of the more popular events. Other events included: the Pony Express Relay; Potato Sack Relay; Texas Stomp Tag; Chicken Flip'in; Quick Draw; Crippled Pony Relay; Pack Horse Run; Water Brigade; and Pig Toss. The events were organized and run by Mr. Matheson's grade 5/6 class.

Students were divided into 10 teams named for western themes.

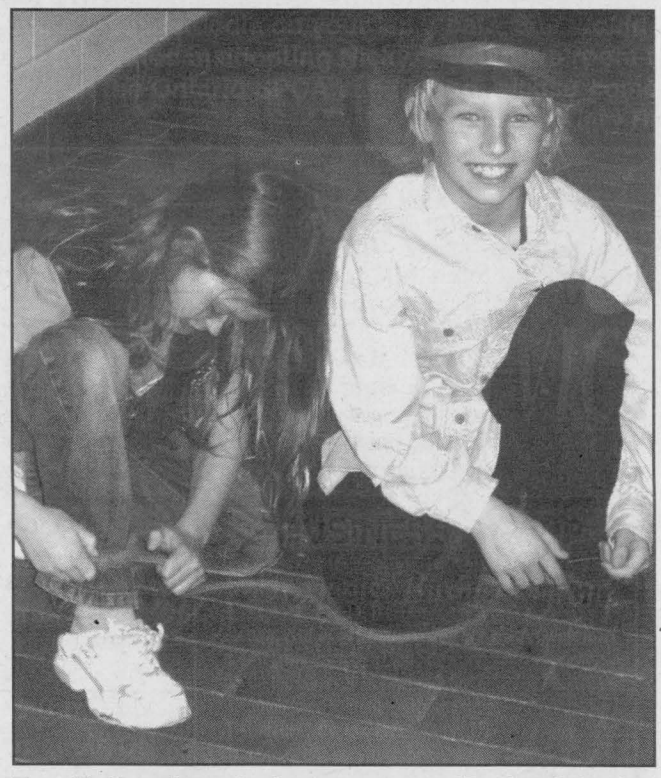
"I was very pleased with the leadership displayed by most of my students, especially when they had to deal with the primary students," he said.

"I walked around and watched. It was great to see so many students smiling and having fun," Mr. Matheson added. "As long as they were willing to try the activities, I think they had a lot of fun."



Three amigos get ready to toss their pigs during one of the events at Nationview's Rodeo Day last week.

PHOTOS COURTESY OF NATIONVIEW



Two Nationview students prepare for the Crippled Pony Race, which is similar to a three-legged race.

Hang this handy calendar on your refrigerator every week!

MARCH 2008						
						1
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
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Community Calendar

IROQUOIS AND DISTRICT

APRIL - 2008						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

A public service provided by the businesses listed here in co-operation with your Iroquois Chieftain

Ottawa Region Media GROUP — The Iroquois Chieftain

March 27-29 - Spring Sale. The House of Lazarus is holding their spring $5.00 white tag bag sale. For more information contact The House of Lazarus at 613-989-3830.

March 29 - Child ID Clinic. The MasonCh.I.P. child ID program is being held at the Morrisburg Fire Hall from 10:00 am to 4:00 pm rain, snow or shine.

April 4-5 - Book Sale. St. John's United Church, Cardinal is hosting a book sale. Friday April 4 from 11:00 am to 3:00 pm and 6:00 pm to 9:00 pm and on Saturday April 5 from 9:00 am to 2:00 pm.

April 27 - A Gospel Gathering. Iroquois United Church invites you to a "Gospel Gathering" music with Tom Wilson and Border Bluegrass. Admission is $7.00 children 12 & under free. The show starts at 7:30 pm. There will be refreshments after the concert.

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194186

Hang this handy calendar on your refrigerator every week!

MasoniCHIP program offers parents free comprehensive ID kits for their children

Every parent's worst nightmare is to have a child go missing. And though no parent wants to believe this could happen to them, statistically nearly 55 children are reported missing to Police in Ontario every day. According to the police, the very best tool for locating a missing child is a good photograph and parents are urged to always have one on hand. But there is more that can be done.

MasoniCHIP is a free program being offered to Ontario parents which allows them to compile a comprehensive ID kit that will be invaluable should the unimaginable occur.

Sponsored by the Grand Lodge A. F. & A. M. of Canada in the Province of Ontario, the MasoniCHIP program consists of five major components - digital photographs; digital video; digital fingerprints; vital child information; and a dental bite impression or Intra Oral Swab for DNA. The photographs, video, fingerprints, and child data are burned onto a C.D. that is compatible with Amber Alert.

The dental impression provides a virtual diagram of the child's biting surface, which, like fingerprints, are unique to each individual, and further supplies saliva to provide a DNA sample. Combined, this five-part process provides a dramatic, time-sensitive recovery tool for authorities. Parents are urged to gather pertinent information about their child prior to the event such as an emergency contact name, address and phone numbers, distinguishing marks and scars, allergies, medications, and parents' work, cell, and other phone numbers, and the child's height and weight.

Security and privacy are of utmost importance. All information and specimens are collected on site, processed, and provided to the parent or guardian in an envelope—along with the sentiment of all the Masonic volunteers - "We hope you never need to use it." After each child is processed, the data is deleted and erased from the computer using state-of-the-art software.

The only item retained by MasoniCHIP Ontario is the signed permission slip. It is a priority of the Masonic Grand Lodges to conduct MasoniCHIP Events in communities so that any parent wanting their children to receive this "free comprehensive service" will find it regularly offered.

The MasoniCHIP program will take place on Saturday, March 29 at the Morrisburg Fire Hall and will run from 10 am until 4 pm.

Lions Host Historical Car Rally on Saturday May 3rd

Make your calendars...

As mentioned in our newsletter a few weeks ago, the Morrsiburg & District Lion's Club have finalized plans for a fund raising car rally on *Saturday May 3rd*. The event is one of many being held in the Upper Canada region to celebrate the 50th anniversary of the flooding of the St Lawrence Seaway.

Registration and the start point is the Morrisburg Golf course. The rally will include several historic landmarks and points of interest inherent to the Seaway and many interesting activities are planned for the event.

At the conclusion of the car rally, participants will meet at the Morrisburg Golf Club for a pioneer themed supper to recognize the winners of the car rally and present those attending with an opportunity to bid on several silent auction items! In addition, everyone who is interested in helping us with this fund raising venture is most welcome: watch for further details about obtaining dinner tickets at a cost of $15.00 per person.

The Club was anxious to designate the funds from this event to a cause that would benefit residents of Morrisburg as well as enhance the overall attractiveness of the area to tourists. With that goal in mind and with the input of the Chamber of Commerce, it has been decided that the funds raised will be channeled to the construction of much needed public washrooms in the Morrisburg plaza. Pledge forms will soon be available from merchants of the Morrisburg plaza. For more information about this exciting event, you are invited to contact Keith Robinson at (613) 543-3338.

Community Health Centres to play major role

Over 100 community leaders from eastern Ontario traveled to Ottawa last week to support the provincial government's announcement this week that over the course of the next three years, the province will invest $135 million on a plan involving Community Health Centres (CHC), Public Health Units, dentists and dental hygienists to deliver oral health and dental care to low-income families across the province. "Minister Smitherman said it best himself when he announced increased access during the current government's first mandate," said Jack McCarthy, Executive Director of Somerset West Community Health Centre, "The reason Community Healthy Centres (CHC) are expanding is simple: they work", said Minister Smitherman as he described Community Health Centers as "one the most effective tools we have to address health issues."

Riverside Jam 2008

on the Mississippi River in Carleton Place, Ontario

5th Annual RIVERSIDE JAM 2008

"The Best Country Music Show in Ottawa &The Valley"
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CORPORATION OF THE TOWNSHIP OF SOUTH DUNDAS

NOTICE OF PUBLIC MEETING CONCERNING A PROPOSED ZONING BY-LAW AMENDMENT

PARTS OF LOT 2 & 3, CONCESSION 1
PART 1, 2 & 3 PLAN 8R-4947
COUNTY ROAD 2, FORMER TOWNSHIP OF MATILDA

TAKE NOTICE that the Council of the Corporation of the Township of South Dundas will hold a public meeting on the 15th day of April, 2008, at 7:10 p.m. at the Township Office, to consider a proposed Zoning By-law amendment under Section 34 of the Planning Act.

This Zoning By-law amendment rezones the subject land from Commercial Tourist - Holding (CT-h) to Residential – Mobile Home Park Special Exception 1 (RMHP-1) in order to recognize the existing 8 mobile homes and to develop development standards that reflect the current development. These lands have been recognized by the County Planner and the Consultant for the landowner as being appropriate for a Mobile Home Park. The Key Plan identifies the location of the lands affected. This Zoning By-law is related to Consent Application No. B-44/07. This Zoning By-law amendment is not related to any Minor Variance, Official Plan Amendment or Plan of Subdivision.

ANY PERSON may attend the public meeting and/or make written or verbal representation either in support of or in opposition to the proposed amendment.

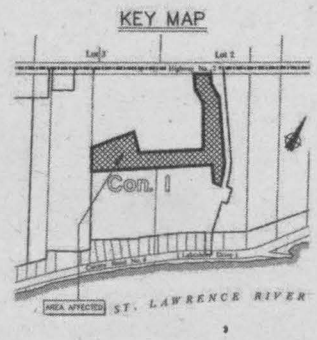
If a person or public body does not make oral submissions at a public meeting or make written submissions to the Township of South Dundas before the By-law is passed, the person or public body is not entitled to appeal the decision of the Council of the Township of South Dundas to the Ontario Municipal Board.

If a person or public body does not make oral submissions at a public meeting, or make written submissions to the Township of South Dundas before the By-law is passed, the person or public body may not be added as a party to the hearing of an appeal before the Ontario Municipal Board unless, in the opinion of the Board, there are reasonable grounds to do so.

An explanation of the purpose and effect of the By-law, describing the lands to which the By-law applies, and a Key Map, showing the location of the lands to which the By-law applies, are attached. A copy of the complete By-law is available for inspection at the Township Office during regular office hours.

DATED at the Township of South Dundas this 26th day of March, 2008.

KEY MAP



Brenda M. Brunt, AMCT
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Telephone: (613) 535-2673

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Township of South Dundas
4296 County Road 31, P.O. Box 160, Williamsburg, Ontario K0C 2H0
Tel: 613-535-2673 Fax: 613-535-2099 email: mail@southdundas.com

South Dundas Economic Matters

Anne Marie Young, a local resident for over forty years, is the economic development officer for the Township of South Dundas. edo@southdundas.com

Looking forward to an exciting economic message

This is a week of anticipation for the merchants in the Iroquois Plaza and for Council and staff of South Dundas. Meeting the deadline of February 15th, an application was made to the Ontario Infrastructure fund for 1.1 million. Named the Iroquois Plaza Revitalization Project, the requested grant was for a new canopy and sidewalks to be installed in the Plaza.

This coming Monday is the date of the announcements, so we wait hopefully for good news.

Now, we have had a month to digest this and I have had some citizens visit my office to give me their opinion on the subject.

For the very most part people feel it is very long overdue and then there are a few who think it is a Band-Aid solution. Well then! Where else do we start? How will it get done? Who will do it? The merchants have participated in a business retention and expansion program.

They have listed what would be good and what would not be good for their business. Facade improvement is just the beginning. Make the plaza an attractive, and just as importantly, a safe place to shop and work. Let's not forget the stores are individually owned and these merchants have been bringing goods and services to this community, as best they can, for fifty years and some even before that. Collectively, they are a major contributor to our employment base, our tax base and an important venue for future entrepreneurs.

There was a great deal of interest in Ontario's Municipal Infrastructure Investment Initiative (MIII) among Ontario municipalities.

At the program's close on February 15, 2008, preliminary results indicate more than 450 applications were submitted, requesting provincial funding of almost $750 million, for eligible project costs valued at over $1.0 billion. The Ministry of Public Infrastructure Renewal, with support from other ministries, is currently reviewing applications.

Most municipalities requested funding for projects that address local priorities including bridges and roads, water and wastewater, and sports, recreational and cultural facilities.

The project review process will be completed as quickly as possible, and all funding announcements will be made no later than March 31, 2008.

The government's $450-million Municipal Infrastructure Investment Initiative will help communities restore and revitalize public infrastructure. This will result in improved local public facilities and services that make Ontario an attractive place to live, work, and invest.

This new initiative builds on the success of ReNew Ontario – the Ontario government's ambitious, five-year $30-billion-plus provincial public infrastructure revitalization plan.

"A healthy business climate depends on infrastructure that is modern, reliable, efficient and affordable. Our five-year, $30 billion infrastructure investment plan will involve both long-overdue projects and urgent new initiatives..." **Ontario Budget Speech, May 11, 2005**

The Iroquois Plaza Revitalization Project certainly fits that statement, it is overdue, it is innovative compared to other projects and most of all it will start the process to a healthier business climate for Iroquois and South Dundas.

The next time you are purchasing a product or using a service in one or more of the businesses in the plaza, speak up and give some verbal encouragement to the owner to show your support. Hopefully next week this column will be dealing with a successfully funded project and how it will unfold.

South Dundas Chamber of Commerce launches Annual Spring Home and Trade show

Friday May 16 & Saturday May 17, 2008
Morrisburg Arena

With one of the nastiest winters behind us, residents and visitors alike will be looking to finally welcome sunshine with this year's Annual South Dundas Chamber of Commerce Spring Home & Trade Show.

This popular event will once again be held at the Morrisburg Arena and the Chamber promises a fun-filled show that will be an extraordinary occasion for one and all. Visitors to the Trade Show will be offered the opportunity to practise their golf swings, casting skills and sharp shooting talents with both golf and fish simulators as well as a laser shoot.

And this will only be some of what visitors can expect!

Gardening experts, food connoisseurs, wedding planners, high tech building techniques and much more will inspire shoppers and visitors alike. "We are extremely pleased with the interest in this year's Trade Show," President Ed Kingsley commented. "We have a great committee working on making this event a total crowd pleaser and exhibitors dream". This year the Trade Show will be a two-day event and The Morrisburg & District Lion's Club will be hosting a special BBQ on Friday evening by introducing the famous "**Chamber Burger**" along with the "**50th Anniversary Burger**"! Once again there will be displays inside and out. So be sure to mark May 16 and 17 on your calendar and come out and enjoy this fabulous, free event. Welcome the sunshine at this year's South Dundas Chamber of Commerce Annual Spring Home & Trade Show!

For more information about the trade show please call Geraldine Fitzsimmons at 613 543 3443 .



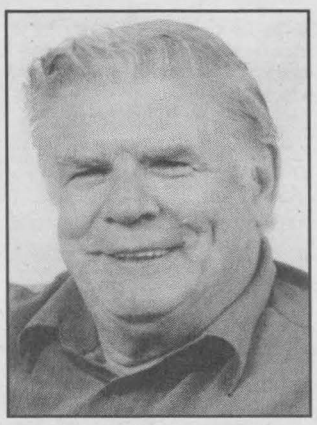
Members of the organizing committee for the trade show were on hand at the Upper Canda Golf Course last week to launch this years show. Left to right are: Dick Kropp, Geraldine Fitzimmons, Barbara Scott, Kimberley O'Neil, Debbie Hoelke and Allen McNair manager of the Upper Canada Golf Course.

CHIEFTAIN PHOTO - J. MORIN

Steve Thompson Writes...

"... while taking bacon and hams and such valuables was plain simple stealing—and there was a command against that in the Bible."

—Mark Twain, The Adventures of Tom Sawyer



Steve Thompson

Forbidden Fruit

There I was, hiding behind the shed while the owner's car idled on the other side of it. I was caught! A felon at six years of age! In my imagination the long years of shame and retribution stretched out before me. My parents would abandon me, my classmates would no longer play with me, and any friends I had made would turn against me.

It had all started so simply. I had pedalled out on my tricycle to visit my cousin, Ann, and do an errand. Ann lived with her parents about half a mile south of our farm, and I was carrying a basket of potatoes from our garden.

In pioneer days the thoroughfare had been a corduroy road. People felled trees across the swath they cut through the forest and covered the trunks with earth. It was good enough for sleighs and cutters, buggies, wagons and carts. Then came the twentieth century with its automobiles and other means of high-speed travel. Gravel had been placed over the earth but during the Second World War our remote road wasn't gravelled, and some of the old tree trunks could be seen again at the edges. For smoothness' sake, I kept to the tire tracks of the milk trucks and the occasional car.

When I arrived at the old frame farmhouse, we all had a nice visit: my cousin, Aunt Elva and, of course, Uncle Cyrus. He was a different sort. In an era when men worked all year, he only plied his trade as a carpenter in warm weather, long enough to qualify for unemployment insurance. Then he spent the rest of the year hunting and fishing, quite successfully, as I recall.

Dad once said he wished he could do that, and Mom told him he could if he wanted to. She then proceeded to explain how much money his sister's husband made—more than my father, who worked all year. Dad finished the discussion by saying he could never live

25*Doesn't That Hurt the Cow's*

that way and, anyway, he was self-employed, so he couldn't claim from the government.

On the way home from my visit I glanced over at a neglected apple orchard behind a shed. My relatives rented only the house from Walter Stevens, who ran a service station in Morewood. The farm itself was virtually abandoned; it had been an inheritance from the man's father, and he hated farming. His wife was a teacher, so he was fixed for life, according to my father. Aunt Elva said there were lovely McIntosh apples in there, just rotting. A shame, she said. Under the circumstances, I didn't think Mr. Stevens would miss a few—and I had this empty basket. . .

I pulled my trike off the road out of sight of the house and trekked through the head-high grass to the apple trees. The apples looked as good as my aunt had told me and I reached up to pluck a low-floating one. Biting into it, I was in heaven. The war was just over and we generally ate dried apples when we got any. This fresh variety was wonderful! I devoured the McIntosh and was ready to liberate a basketful for my family when I heard the car.

There was a long double driveway leading to my relatives' home, and this vehicle had pulled up just north of it, in front of the drive shed. I heard a car door open, with the engine still running, then a slam and the sound of footsteps and a voice. It was the dreaded Mr. Stevens. I couldn't make out what he was saying, but I was sure he had come to get me. I burrowed into some tall grass behind the shed and hid from what I was convinced was imminent capture. I was shaking so badly I was sure he would see the grass around me quivering.

I waited in abject terror, trying to think of reasons I could give for trespassing there. I hid my basket, then retrieved the apple core and threw it far away. Finally I heard footsteps on the gravel again and the door to Mr. Stevens' automobile opened and slammed. He was driving off! I was saved.

My mind was made up. Never again would I break the law. My whole life would change. Maybe I would become a minister.

I picked up my basket, emptied it, and raced back to my tricycle. Pedalling home at full speed, I decided not to mention my little indiscretion to my mother. She had enough on her mind already.

From Steve Thompson's book of short stories called "Doesn't That Hurt the Cow's Back".

The stories are courtesy of the General Store Publishing House.

$4 Million support from the municipalities for WDMH

Five years ago a deputation from the Winchester District Memorial Hospital Foundation Renewing the Vision Campaign approached the United Counties of Stormont, Dundas & Glengarry to ask for support for an extensive redevelopment and expansion of the hospital.

The presentation was well received and support was granted, with funds promised only when the project was fully approved and in progress.

With all the approvals in place, the construction company decided upon through a stringent Request For Proposal process - PCL was the successful bidder - and the project physically begun, Warden Dennis Fyfe and CAO Mike Waddell readily complied with the commitment.

A cheque for $4 million was produced, admired, photo-copied and deposited!

Recently WDMH Foundation Chair Terry Triskle and WDMH VP of Capital Development Phillippe Marleau attended a council meeting in Cornwall to thank the Warden (now Estelle Rose) and the municipal mayors of the counties for their generous support and to give an update of the project.

Marleau reports that construction is moving along very well on the $59 million state-of-the-art facility, as foundations, earthquake walls, pillars and floors arise in what once was the hospital's parking lot. It is anticipated that patients and staff will be moving into the new building in January of 2009, with more renovations and demolition to complete the project the following year. "We have waited a long time for this," stated Triskle. "It is heartening to watch this outstanding project become a reality thanks to contributions and donations from our very supportive communities. We thank the United Counties of Stormont, Dundas & Glengarry most sincerely for their leadership in helping us build the hospital our residents deserve."

HEAL WITH PRAYER

Seaway Community Church Directory

Harmony Community Church
Missionary Church of Canada
***Celebration Service** - 10:30 am*
***Evening Service** - 7:30 pm*
***Bible Study** - Wed. 7:30pm*
Hwy. 31 & Ormond Rd, Winchester 774-5170

United Church of Canada
Matilda Pastoral Charge
Brinston and Hulbert Valley Worship - Regular Sundays Contact office for worship times - 652-4997.
Clergy: Yvonne Willis

Roman Catholic Churches
St Mary's, Morrisburg
Saturday - 7:30pm
Sunday - 11:00 am
St. Cecilia's Iroquois
Sunday - 9:00 am
Rev. Father R.J. Chisholm
Phone 543-2544

Community Christian Reformed Church
Sunday Worship
10:00 am
*Evening Service - **6:30 pm***
Dixon's Corners, Ontario
Pastor: Rev Clarence Witten Phone 652-2400

The Presbyterian Church in Canada
***St Andrew's, St James, Cardinal**, - 9:30*
***Knox Church Iroquois** - 11am*
Sunday School - 9:45 am
Rev. Geoffrey Howard
652-6215

United Church of Canada
Cardinal-Johnstown
***Johnstown United** - 9:30am*
***St. Johns Cardinal** - 11:00pm*
Rev. Melany Cassidy-Wise
657-4702

Community Family Church
Iroquois Civic Centre
***Every Sunday** 10 am*
Pastor A.R. Leavit
Anglican Church of Canada
Parish of Morrisburg/Iroquois/ Riverside Heights
***8:00 -9:15** St. James*
***11:00 am** - St John the Baptist*
11:00 am - *Holy Trinity*
1st & 3rd Sunday of the month
The Reverend Craig Bowers , Rector
543-3904

Lutheran Churches
St Peter's - Williamsburg
Sunday Worship Service 11:15
St. Paul's - Morrisburg
Sunday Worship Service 9:30
Everyone Welcome
The Rev Norine Gullons
Tel: 535-2569

Anglican Parish of All Saints
St. Paul's Church - Cardinal
9 am Services
Rector: Rev Canon Claude Delorm
925-0987

United Church of Canada
Iroquois Pastoral Charge Every Sunday - 10:30 am
Sunday School - 10:30
Rev. Janet Evans
652-2056

Philadelphia Pentecostal Church
Cardinal, Ontario
Invites you to come and worship with us!
Sunday School - 10:00 am
Morning Worship - 11:00 am
Evangelistic Service - 7:00 pm
Rev. David Gogolin

Morrisburg Pentecostal Church
Sunday 10:30 am - Family Worship & children's bible hour
Worship the word - 6 pm praise
Gathering Youth Aflame - Fri 6 pm
Pastor: Duncan Perry
Church 543-2681

Immanual Fellowship Rowena
Full Gospel Tabernacle
Iroquois , On
***Sunday School** - 10:00 am*
***Morning Worship** - 11:00 am*
***Evening Service** - 7:00 pm*
***Bible Study** - Tuesday nights*
Watch TBN Channel 20
Pastor Marcel Charette 535-2029

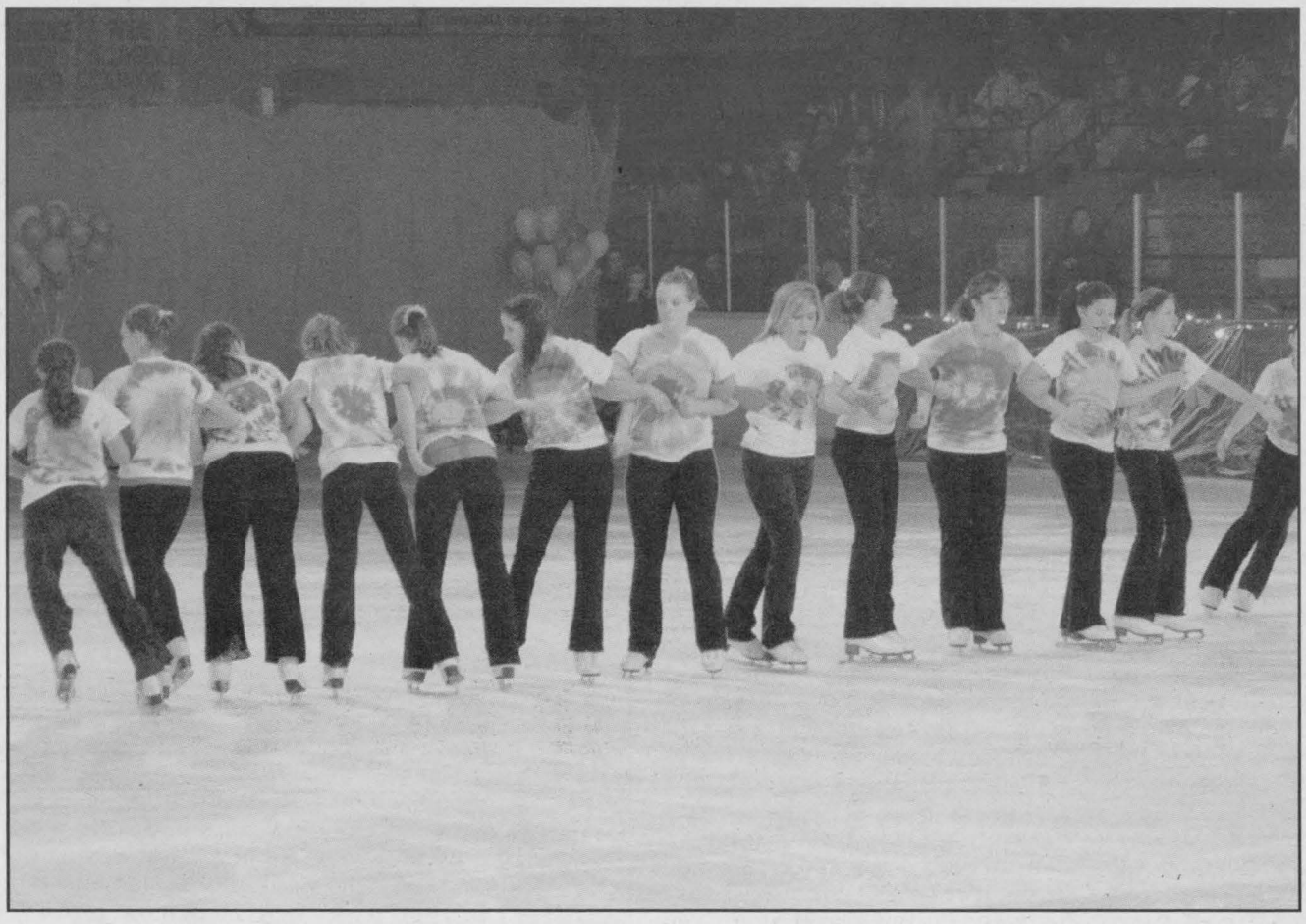
Living Word Ministries
A Bible Believing Christian Church
***Worship:** Sunday - 10:00 am*
Morrisburg Meeting Centre
Pastor: Larry Cromie 340-6252

Call The Chieftain at 613-652-4395 to be listed in this directory.

146079

He said to them, 'go into the whole world and proclaim the gospel to every creature.'- Mark 16:15

FLOWER POWER A HIT IN MORRISBURG



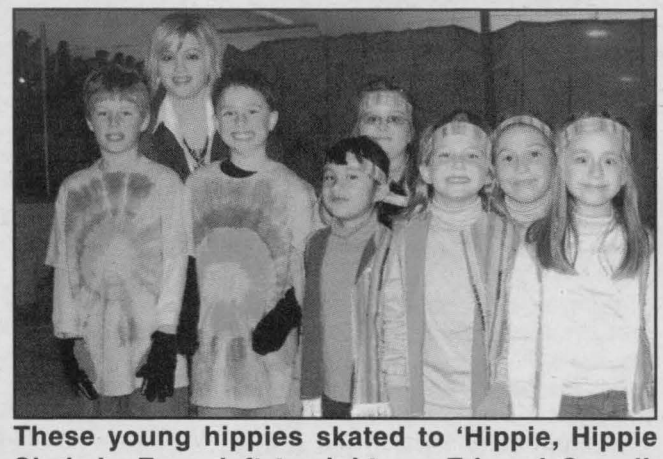
The senior skaters were the penultimate act skating to 'My Generation'.

CHIEFTAIN PHOTO - A. CARTIER



Emerson Faubert and some of his young colleagues enjoyed 'monkeying' around at the skating carnival.

CHIEFTAIN PHOTO -= A. CARTIER



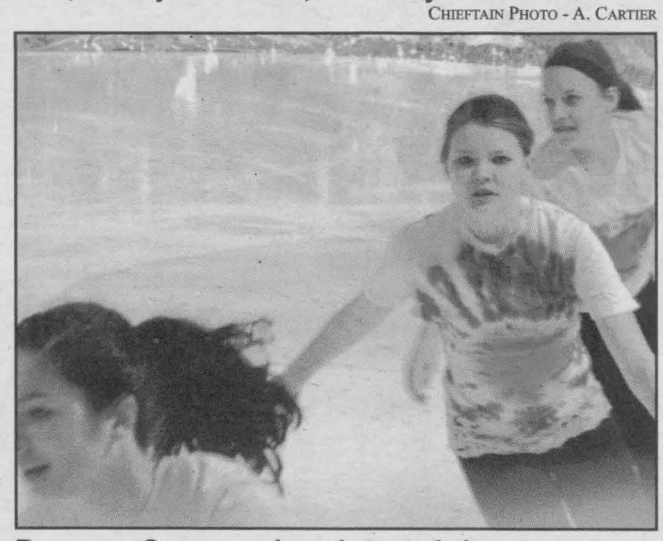
These young hippies skated to 'Hippie, Hippie Shake'. From left to right are Edward Orendi, Bryanna Hickman – Korac, Braden Verhey, Trina Dykstra – MacPherson, Jessa Cinnamon, Olivia Hart, Ashley Bouwman, and Abby Smith.

CHIEFTAIN PHOTO - A. CARTIER



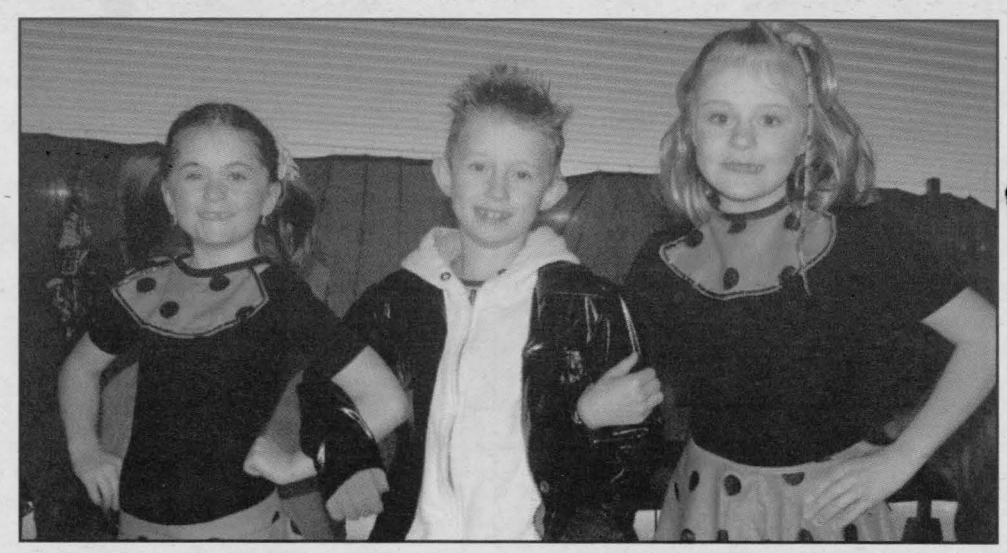
Peyton Bradford and Samantha Hartry performed to the Monkee's 'Daydream Believer'.

CHIEFTAIN PHOTO - A. CARTIER



Brenna German is pictured here as part of the senior skaters' tribute to the Who's 'My Generation'.

CHIEFTAIN PHOTO - A. CARTIER



Abbigail Jordan, Wyatt Hickman – Korac, and Katie Buter skated to Elvis Presley's 'Are You Lonesome Tonight?'

CHIEFTAIN PHOTO - A. CARTIER

Driver's Blind Spot

A shocking look at where to spot the best insurance rates

Quoting over 30 insurance companies giving you the lowest rate– for FREE

It's tear jerking how much some drivers overpay for their car insurance.

You can try to find which company has the best rate yourself, or we can do it for you, for free!

InsuranceHotline.com compares over 30 insurance companies and provides the lowest rates.

Look at this chart. It shows the lowest to highest rates quoted from 30 insurance companies. There's over a $5,000 difference!

Most drivers end up paying a rate somewhere in the middle.

When you are moved from the middle of the pack to the top of the pack, it can save you 100's, even 1,000's of dollars, instantly.

BUT WAIT! THERE'S MORE...

With your quote, you'll also receive:

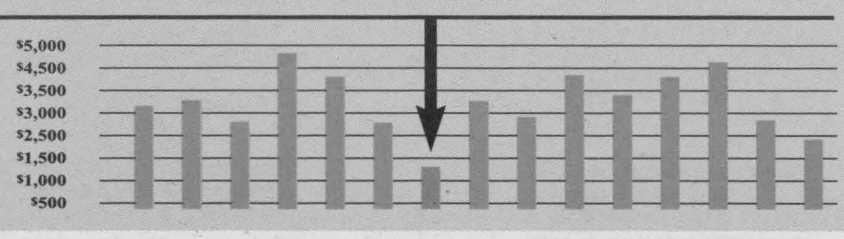
- Access to Your Claims History Report telling you what's on your record.
- The rules that insurance companies use to determine if you are at fault for an accident.
- Who to contact for free dispute resolution.

ROGERS

When you get your quote,you'll also receive access to Rogers' amazing bundle offer for TV, Home Phone and Internet.

Driving Record	Lowest Price	Highest Price	Price Difference
Clean Record	$775	$3,371	$2,596
1 Ticket	$797	$4,693	$3,896
1 Accident	$1,493	$6,903	$5,410

InsuranceHotline.com finds this rate for drivers!



Go to www.InsuranceHotline.com for the lowest rate.

FLOWER POWER FROM THE FRONT

The Monkees were represented by a group of young skaters, and Samantha Hartry and Peyton Bradford skated to 'Daydream Believer'. Alisha Van Hoof skated a solo performance to 'I'm a Believer'.

CanSkate hippies performed to 'Hippie, Hippie Shake' and Alaine Chartrand gave a solo performance to 'Make My Own Kind of Music'. Janice Stevens skated to 'Henry VIII' followed by a special guest appearance by Cardinal's Nathan Last performing to Led Zeplin's 'Moby Dick'. Katherine Lee started off the tribute to the Beach Boys with a solo skate to 'Good Vibrations' followed by the CanSkate Hula Dancers. Gillian Beatson then performed her Silver Medal solo skate. After a short intermission the skaters were back at it with the junior skaters performing to 'Leader of the Pack'. This was followed by a solo skated to 'Down Town' by Jannah Vanderlaan and the CanSkate Flames performing to 'Ring of Fire.' Jessica Thompson skated a solo performance to 'At Last'.

The CanSkate Sweethearts performed to 'Stop in the Name of Love', while the intermediate group of Logan Patterson, Paige Morris, Teisha Mullin and Nicole Giles performed to a medley of Supremes songs. A tribute to the Rolling Stones included solos by Bryanna Hickman – Korac, Jessica Vanderlaan and Kristen McMillan. The CanSkate Angels also performed to the Rolling Stones. Meghan Adams skated a solo performance to 'Pinball Wizard' and intermediate pair Mackenzie Whyte and Emma Farlinger skated to 'Hair'. This was followed by the intermediate group of Jessica Bass, Natalie Beatson and Eliza Sylvia performing to 'With a Little Help from my Friends'. Nathan Last then skated a second solo, this time to the music of Jimi Hendrix's version of 'All Along the Watchtower'. The senior skaters performed to 'My Generation' just before the grand finale which featured all the skaters. The show was a huge success, enjoyed by all who attended, and a fitting end to a great season of skating.

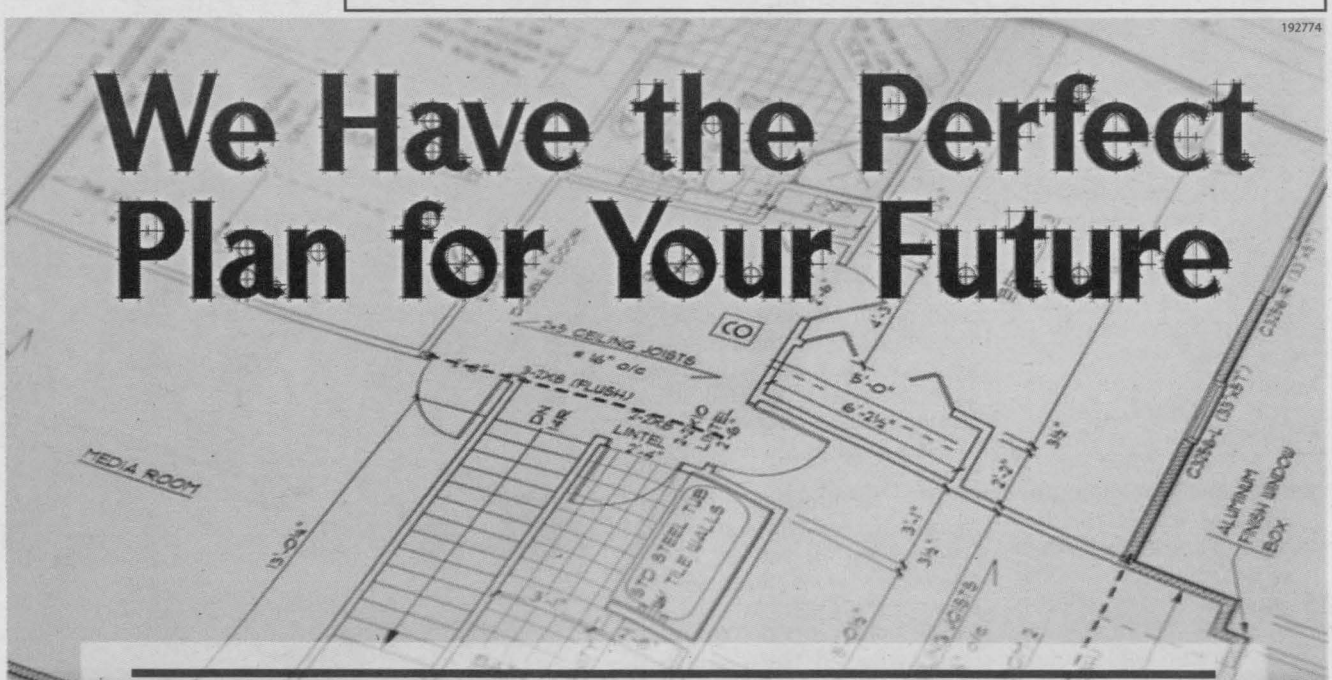


A black-capped chickadee basks in the sun at Upper Canada Bird Sanctuary.

CHIEFTAIN PHOTO - DAWNA LEBLANC

192774

We Have the Perfect Plan for Your Future



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Coldwell Banker-Coburn - Manotick
Coldwell Banker-Coburn - Woodroffe Ave., Nepean
Keller Williams - Bronson Ave., Ottawa
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Royal LePage Team Realty - Kanata
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Carleton Place/Almonte Area
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Partners Advantage GMAC
Remax Realty Solutions
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Century 21 Carleton Realty

Kemptville Area
Royal Lepage - Gale RE
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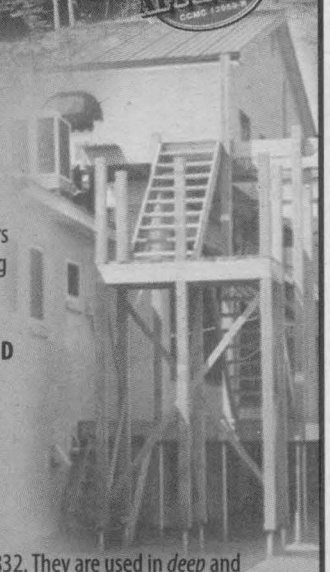
BUSINESS OPPORTUNITY

techno METAL POST

Solutions for FOUNDATIONS



- **Residential**
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Techno Metal Post
A Canadian Company and International leader in the Helical Pile foundation business with dealers across Canada and the USA is seeking business interest in Ontario with a focus on the following areas: **LANARK-FRONTENAC-LENNOX AND ADDINGTON, LEEDS-GRENVILLE, STORMONT-DUNDAS-SOUTH GLENGARRY** and other areas with boundaries as defined by Federal Electoral Districts representation Order of 2003.

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198320

Sports

Bantam B House Lions win Eastern Final

ANDREA CARTIER
THE CHIEFTAIN

In three close games, the Bantam B House Lions won the four points necessary to defeat the North Dundas Demons and win the Eastern Division Championship. The team now faces of against the Smiths Falls Bears who won the Western Division.

The first game of the South Dundas – North Dundas series was played in North Dundas and saw the Lions win by a score of 3 – 2. The first Lions goal was scored early in the game by Brian van Moorsel with the assist going to Dylan Dejong. The Lions Dylan Dejong scored in the third period with help from Brandon St. Louis and Brandon Foster. The winning goal was scored by Gareth Cochrane from Dillon Lapier and Dylan Dejong. Ryan Gilmer was in nets for the Lions for the victory.

The second game of the series was played on Lions home ice on Monday, March 17. The Demons played hard and kept the Lions to one goal which was scored by Brandon St. Louis from Brian van Moorsel. The Demons defeated Lions goaltender, Konnor Mullen, twice, winning the game 2 –1.

The third game of the series was played in Chesterville on Wednesday, March 19. With both teams in a do or die situation the players came out skating hard. The first period of the game was scoreless, but early in the second period David Baird scored for the Lions on a pass from Brandon Foster. Less than a minute later, Jeff McLaughlin put the Lions up 2 – 0 when he capitalized on a pass from Dillon Lapier. At 5:52 of the period, the Demons defeated the Lions goaltender, Ryan Gilmer, to come to within one goal of the Lions. Dylan Dejong scored at 4:45 of the second to make the score 3 – 1 for the Lions. Gareth Cochrane was awarded the assist on the goal. The Demons scored again in the last minutes of the second to make the score 3 – 2. The third period was scoreless and the Lions won the game 3 – 2 giving them the Championship.



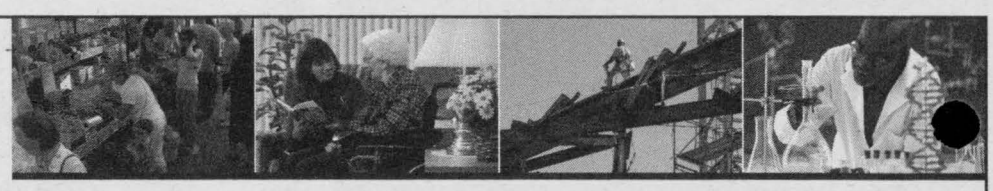
The Bantam B House Lions are pictured here after their victory over the North Dundas Demons gave them the Eastern Division Championship last Wednesday in Chesterville. Lying down in the front are Ryan Gilmer and Konnor Mullen. In the middle row from left to right are Dylan Dejong, Brian van Moorsel, Tyler Mullin, Jeff McLaughlin, Eric Saddlemire and Gareth Cochrane. In the back row from left to right are Bruce Mullin, Lori Davies, Dillon Lapier, David Baird, Brandon St. Louis, Dustin Blok, Andrew Beatson, Brandon Foster, Jeff van Moorsel, and Shawn Lapier.

Bantam C House Lions lose close game to Demons

ANDREA CARTIER
THE CHIEFTAIN

In the first game of their five point final round play-off series against North Dundas, the Bantam C House Lions fought hard, but came up short. The final score of this exciting, back and forth game was 8 – 6 for the Demons.

The Demons opened the scoring early in the first period of the game which was held in Morrisburg on Thursday, March 20. At 12:38 of the first the Lions tied the game when Andrew Beatson scored on a pass from Luc Plamondon. The next goal was scored early in the second period by the Lions' Eric Saddlemire on a pass from Luc Plamondon. Andrew Beatson scored an unassisted goal a minute later to put the Lions up 3 – 1. The Demons, however, came back in the next few minutes to score two goals and tie the game 3 –3. An unassisted goal by Eric Saddlemire put the Lions ahead, but before the period was over the Demons scored twice more leaving the score at 5 – 4 for the North Dundas team going into the third. At 11:09 of the third Eric Saddlemire scored from Andrew Beatson to even the score. Just a minute later the Demons defeated Lions goaltender, Hunter Jones, to make the score 6 – 5 in their favour. Zack Lalonde scored on a pass from Luc Plamondon to tie the game with just 3:36 left on the clock. The Demons dug deep and scored two more times on the Lions before the clock ran out, giving the North Dundas team a 8 – 6 victory and a two point lead in the series. The next two games will be played in Chesterville.



The 2008
Ontario Budget

For detailed information about the new Budget
please call 1-800-337-7222 or visit www.ontariobudget.ca

Ontario Paid for by the Government of Ontario.

MORRISBURG CURLING CLUB NEWS

Last week the senior men had their last two "Friendly" matches of the year, both on the same day. Sid Morrell, Dave Salsman, Arnold Centen and Glen Cougler played in Cornwall. Also there were Jack Barkley, Bob Burgess and Doug Jarvis, as well as Bill Magee, Tony Toonders, and Rick Mackenzie. Some regulars were missing from the mix, but our boys and three teams of Winchester challengers took on the mighty Cornwall hosts on their six-sheet rink before enjoying their hospitality in the huge dining room. For the record, Bill Magee's team was the only one that managed a win.

Meanwhile Jack Dikland, Bob Bedingfield, Don O'Brien and Eric Orgee led their men to victory over the guests from Prescott. Martin Schneckenburger and Neil Williams each fought their tireless opponents for five ends, but lost their match. Again, as with the Cornwall adventurers, a few of our men were missing, but the day was a pleasant one, and there was enough food left over to give the Thursday morning mixed league a treat the next day.

Our intrepid daytime ladies, Alice Thompson, Susan McIntosh, Betty Locke and Sharon Van Allen, were in Ottawa's CityView rink on the same day, and dropped a tight match to the Carleton Heights representatives in the morning, had lunch and then bested the R.C.M.P. entry before heading home. That drive was less eventful than their trip to the big city. With inclement weather and slow traffic, they arrived for their morning match five minutes before game time. The fact that someone had installed a new windshield wiper backwards on Susan's car, didn't help either. They stopped along the way so Betty Locke could administer first aid to the ailing part. They arrived at the rink with five minutes to spare and later found someone to make a permanent repair. Nevertheless, the ladies had a good time at the club, the final visit of the season to other rinks for them.

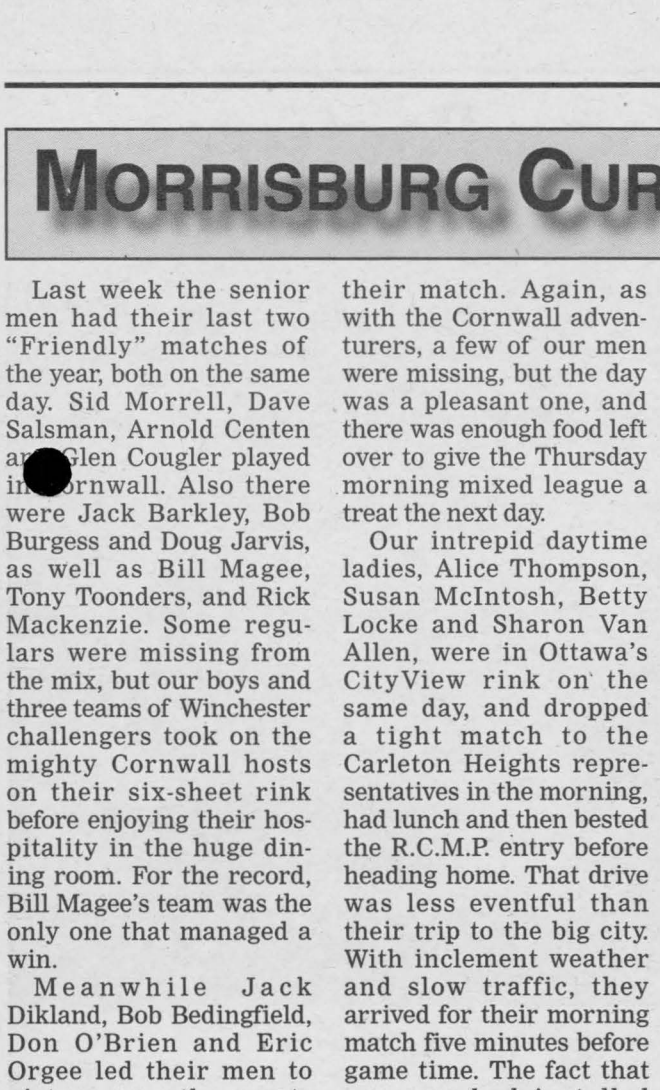
The Thursday night Competitive League has had a three-way dead heat for the last playoff spot. Now that that has been taken care of, they will have to play the semi-finals tomorrow evening, with the championship game on Friday night. The Wilson team placed first this season, while the Cooper foursome was one point back. Come on over tomorrow for seven p.m. to see the challengers square off against the top teams. These should be excellent competitions for interested spectators, with the final on Friday night. The more relaxed atmosphere of the closing bonspiel at the club on Saturday all day and into the evening closes off a busy week at the venerable club.

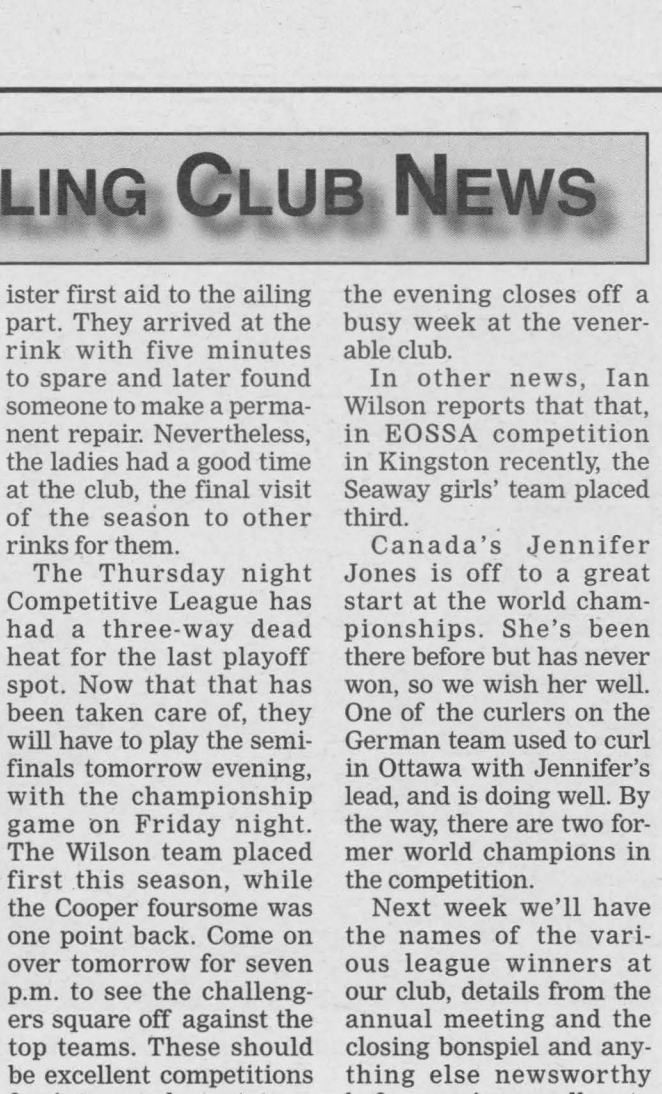
In other news, Ian Wilson reports that that, in EOSSA competition in Kingston recently, the Seaway girls' team placed third.

Canada's Jennifer Jones is off to a great start at the world championships. She's been there before but has never won, so we wish her well. One of the curlers on the German team used to curl in Ottawa with Jennifer's lead, and is doing well. By the way, there are two former world champions in the competition.

Next week we'll have the names of the various league winners at our club, details from the annual meeting and the closing bonspiel and anything else newsworthy before saying goodbye to the sport for another year.

Good curling to all!

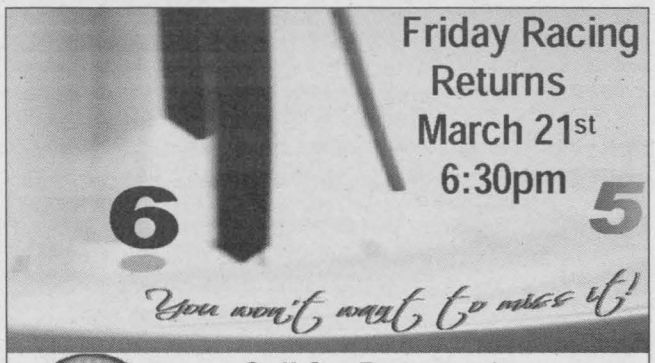




The Williamsburg Baden Powell Explorers & Senior Explorers hosted a fundraiser for CHEO's Therapeutic Clown at Elma Public School during the March Break. Otters, Timberwolves and members of the community joined in the fun and helped raised $325 for the cause. In its second year, this fundraiser initiated by Otter leader Bonnie Omond, will hopefully continue to grow in the future. On the left-Senior Explorer Amanda Lalonde is pictured here as a clown and on the right Bonnie Omond is pictured in her clown outfit with Explorer Chelsea McCarty.

CHIEFTAIN PHOTO - A. CARTIER





RIDEAU ST. LAWRENCE DISTRIBUTION INC.

Notice of Location Change

Effective Wednesday, April 2, 2008
Rideau St. Lawrence Utilities will be relocating it's Morrisburg Office to
6 Fifth Street West, Morrisburg
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Qualified candidates will be hired on-the-spot and start as early as
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www.guildcrest.com
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Lively Entertainment for Cabane a Sucre Festival

Le Village Bia's first Cabane a Sucre festival will have people dancing in the street with toe-tapping music! The festival, *a* fund-raiser for Cornwall Hospice in memory of the late city Councillor Huguette Burroughs, will feature "Grouyan Gumbo", a cajun & creole music band on Friday, April 4, from 5 to 7 p.m. A local band, "The Trench Town Oddities", will perform from 7 to 9 p.m. On Saturday, April 5, Quebec's tribute to Creedence Clearwater Revival will be on stage from 7 to 9 p.m. A section of Montreal Road will be closed so that people can dance in the street.

On Sunday, April 6, local group "Les Violoneux du Village" will entertain at 11 a.m., during the free breakfast, followed by Centre: Charles-Emile Claude's Like Dancers at 1 p.m. Another local group, the Gai-luron, will perform, possibly on Saturday afternoon.

If other performers want to join in the fun, please feel free to contact Mark Macdonald at 613-935-8584, Patricia O'hara at 613-938-8573, or Denise Levac at 613-938-1919.

The festival promises to be an event for everyone, offering horse-drawn carriage rides on Saturday, kiosks and family acts as well as a "Cabane a Sucre" (sugar shack). Admission to all activities is a contribution to Cornwall Hospice.

SOUTH DUNDAS MINOR HOCKEY ASSOCIATION

THANK YOU

The South Dundas Minor Hockey Association would like to thank the many people and organizations that made the 2007 – 2008 hockey season such a success. Over 200 young people were able to enjoy the great sport of hockey because of the dedication of numerous volunteer. From coaches to trainers to the parents who sold 50/50 tickets, the strength of the association comes from dedication at all levels. Donations from local organizations help the association to keep hockey accessible to all. Again, a heartfelt thank-you to everyone who has contributed to minor hockey in South Dundas.

199702

TOWNSHIP OF SOUTH DUNDAS

Township of South Dundas

4296 County Road 31, P.O. Box 160, Williamsburg, Ontario K0C 2H0
Tel: 613-535-2673 Fax: 613-535-2099 email: mail@southdundas.com

REQUEST FOR PROPOSAL
Iroquois Campground

The Township of South Dundas invites proposals from parties interested in managing and maintaining the Iroquois Campground.

The intent is to:

- retain the site in public ownership;
- provide a safe, sanitary, socially acceptable and environmentally sound public campground; and
- recover operational costs through campsite fees and subsidize youth recreational programs with surplus funds

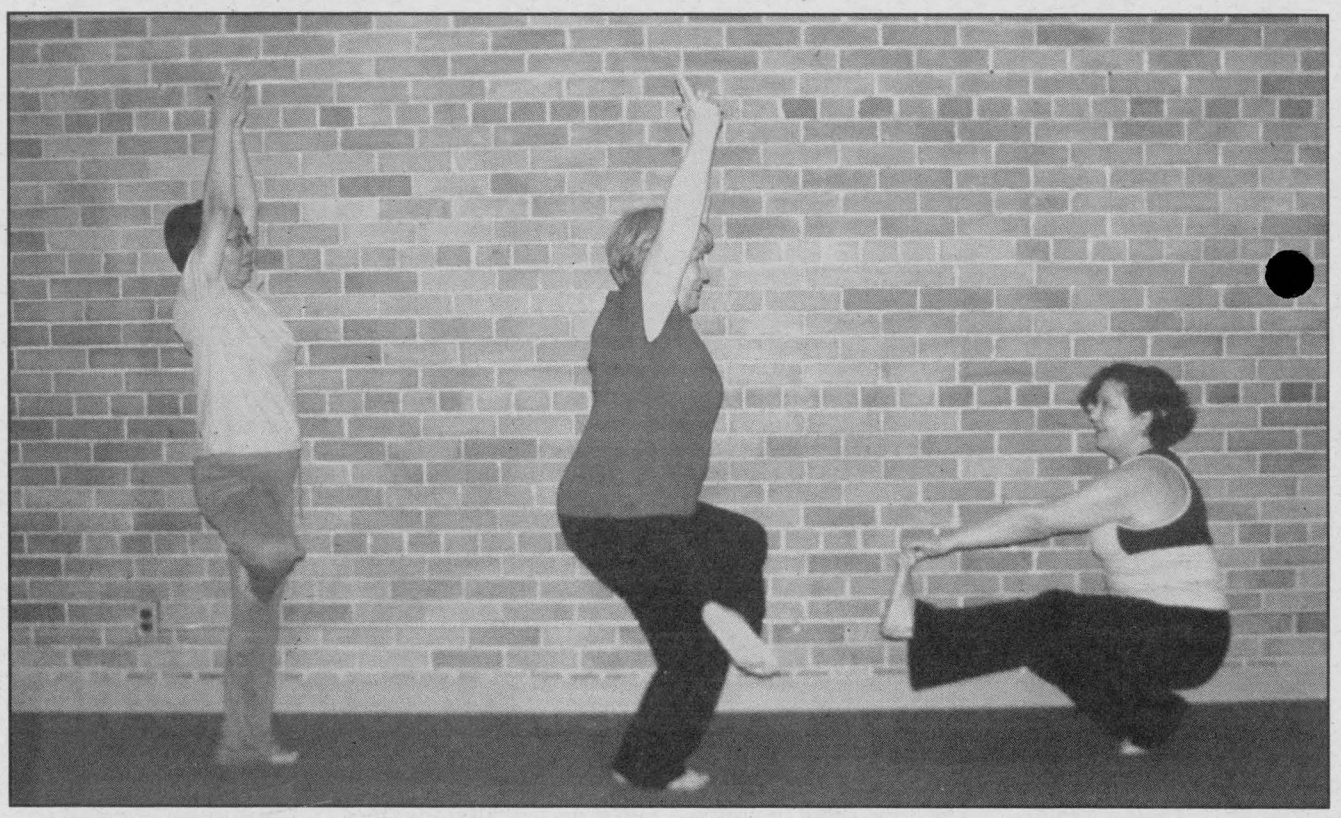
Requests for Proposals (RFP) can be obtained from the Township of South Dundas Municipal Office in Williamsburg.

Proposals will be received until 2:00 pm local time, April 10, 2008, at the address specified in the RFP package. To obtain further information and a copy of the RFP package, contact:

Stephen McDonald
Chief Administrative Officer
Township of South Dundas
4296 County Road 31, Box 160
Williamsburg, ON K0C 2H0

199631

Benefits of Yoga Postures



Malu Wesch, Rith Wood and Flo MacKenzie demonstrate a variety of yoga postures.

CHIEFTAIN PHOTO - J. MORIN

Awareness & Balance a Dynamic Duo. Equilibrium both in Yoga practice and in Life is not a static place; nor is it a destination that is ever truly realized. Balance in Yoga, Life and Relationships is a continuous journey. As always, postures are performed on both left and right sides to ALIGN and BALANCE the physical body.

Malu Wesch demonstrates the Tree (Vrksasana). In this single leg balancing, weight bearing, bone strengthening pose, her standing foot has even contact with the floor across all the bones and toes. Reaching the arms overhead, once steady, requires constant balancing and inner focus. Raising up onto toes further strengthens the ankles. Ruth Wood executes a Toe Balance (Samatvamasana) with one leg placed across the opposite thigh in Half Lotus, bending the supporting leg at the knee, then raising up onto the toes creating a more challenging form to balance. This pose opens the hips, lengthens the spine, while requiring great focus to maintain equilibrium. Instructor Flo Mackenzie takes a deeper variation of the Toe Balance, moving the supporting heel closed to pelvic center with one leg extended forward, spreading the toes and pulling back on the foot. This reaching and pulling – opposing forces - assists in balancing; creating oppositional lines of energy in the torso – down the legs & up the spine and out through the arms.

Eventually this principle of understanding opposites: strength with flexibility; left with right; upward movement & downward energy can be applied to every day life: control & surrender; active & rest; assertive vs backing off; faith with questioning and masculine with feminine.

Maintaining Balance and Equilibrium in life's physical, mental and spiritual aspects is one of Yoga's goals. With practice, holding these poses, breathing smoothly, inhaling and exhaling, using the breath to balance and rebalance over and over again, provides an opportunity to learn and experience the nature of balance. Rather than view each posture as being in a fixed state, internally the body is really on a journey of constant adjustment, sensitivity, and responsiveness to its changing circumstances.

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Rural Rejuvenation: Advice from Australia

One of Australia's leading experts in rural development says his country is learning some important lessons as it grapples with the same issues of economic and population decline that are affecting many rural communities in Canada. Peter Kenyon, a director of The Centre for Small Town Development, was testifying before a Senate inquiry into rural poverty and rural decline. He said from his experience in Australia, the keys to rural rejuvenation include the following:

- People must accept that some of the old economic engines have run out of steam. For many towns and villages, "the future 'ain't what it used to be,'" he said. Those communities must reinvent themselves.
- Residents must take the lead in building their community's future. "Stop waiting for the cavalry to arrive," he advised.
- Be creative and aggressive in the pursuit of economic diversification, and work hard to attract people in the 25- to 35-year-old age group. That's when people buy houses, and start families and businesses, he said.
- Develop entrepreneurship and leadership skills within the community, beginning with students in primary and secondary school.

Kenyon was appearing by video link from Perth, Australia, before the Senate Agriculture and Forestry Committee, which is preparing a major report on rural poverty and rural decline in Canada.

"Spectacular" results possible, says rural development expert

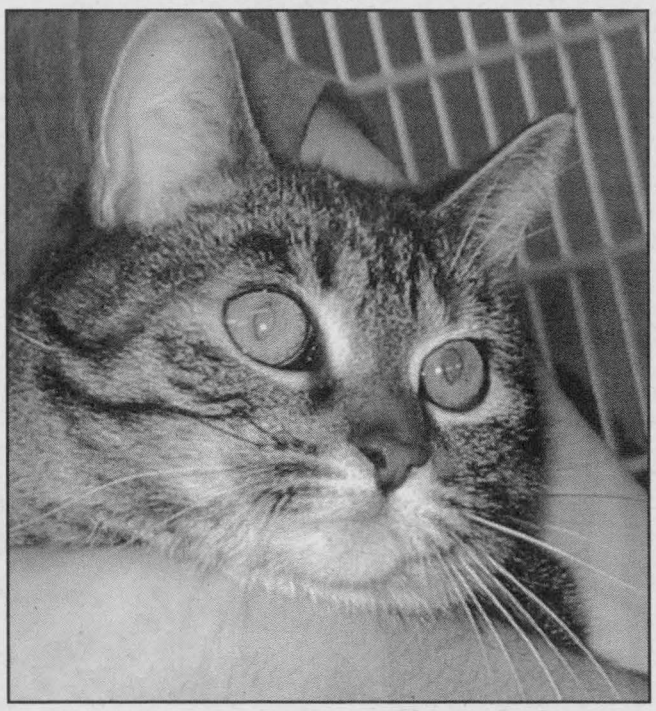
A Senate committee investigating rural poverty and rural decline in Canada has been advised to avoid the "classic policy failures" of the past and to embrace a new approach to rural development that has achieved "spectacular" results in countries such as Scotland. The advice came from experts with the Organization for Economic Cooperation and Development or OECD.

The head of the organization's rural development unit, Nicola Crosta, said there is no "one-size-fits-all" answer to rural development, but there are lessons to be learned from success stories in other countries.

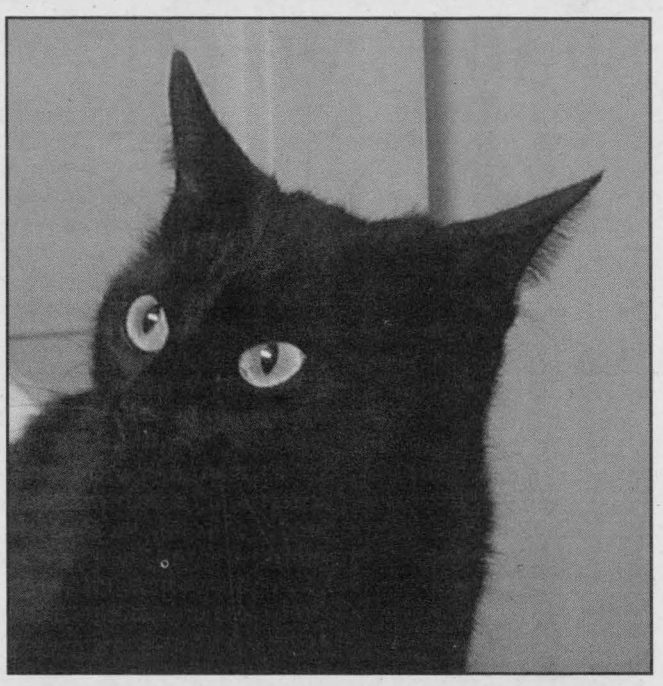
Lesson number one, he said, is that rural development is not necessarily synonymous with agricultural development. Number two, it is better to invest in a region's competitive strengths rather than provide compensation for its weaknesses. And number three, strategic investments are generally preferable to broad subsidies.

Crosta said a "spectacular example" of rural rejuvenation can be found in the Highlands and islands of Scotland. Once economic laggards, those areas "now are thriving and have become sources of national growth and national development," he said. Crosta appeared as a witness before the Senate Agriculture and Forestry Committee, which is preparing a major report on rural poverty and rural decline.

SPCA Pets of the Week



Are you looking for a friendly, laid back companion? Meet Nicky! She is a 3 year old female brown tabby, who would love to cuddle on your lap while you watch TV! If interested in adopting Nicky, you can come visit her at the Ontario SPCA at 550 Boundary Road



Nina has been at the Ontario SPCA since early February and is really hoping to go home with a loving family. She is a year old black short haired cat. She would be a great family companion. Do you have room in your heart and home for her? If so, please come see Nina at the Ontario SPCA at 550 Boundary Road.

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THE Diabetes CAMPAIGN

Children at Iroquois Public entranced by the story of the peregrine falcon

School children at the Iroquois Public School enjoyed a rare opportunity to meet with one of Ontario's success stories, the Peregrine Falcon.

Emma Stainton, from the Canadian Peregrine Foundation was on hand to tell students the story of the Peregrine Falcon and how the bird of preys story was a good lesson in what happens to the environment without careful and thoughtful planning. Emma Stainton is an Outreach Programs Educator. Her presentation was sponsored by the Ontario Power Generation.

The Iroquois Public School gymnasium was a perfect spot to show students what the Peregrine falcon looked like. It was also a perfect time to explain what had happened to the bird.

The peregrine falcon has been a part of humankind journey for the past 5,000 years. The falcon first involved in the sport of falconry in China several thousands of years ago. The sport was taken up by the ancient Egyptians and the bird of prey became a special bird to the Egyptians. The falcon became a sacred symbol and was seen with many important Egyptian deities. The peregrine falcon is of the most widely distributed birds in the world. The only continent that the bird does not inhabit is Antarctica.

The peregrine falcon started to show signs of being in trouble in the 1950's. The extensive use of DDT, a pesticide used following World War ll. The use of the popular pesticide, used to kill off bugs and especially mosquitoes had an unplanned and tragic affect on the falcon.

Falcons are birds of prey who feed on other birds and small animals. Their main food source, small birds had been dining on DDT laced bugs. Over time the bugs developed a resistance to the pesticide. DDT remains in a creatures system. When bugs were scooped up by small birds they passed that load of DDT on to them. When the falcon arrived on the scene to eat the small birds they received an overdose of the chemical.

In 1970 the Canadian population of peregrine falcons had dwindled down to around 200 birds. The DDT interfered with the birds ability to produce the right chemicals necessary for strong eggs.

Around the world the use of DDT had resulted in the same problem. Finally in the early 1970's when the number of falcons was at an alarmingly low rate the use of the chemical was banned.

Over the next 20 years over 4,000 young peregrines who had been born in captivity were released all across Canada. The first signs of success were noted when in 1995 a pair peregrine falcons chose a building in Toronto to make their nest.

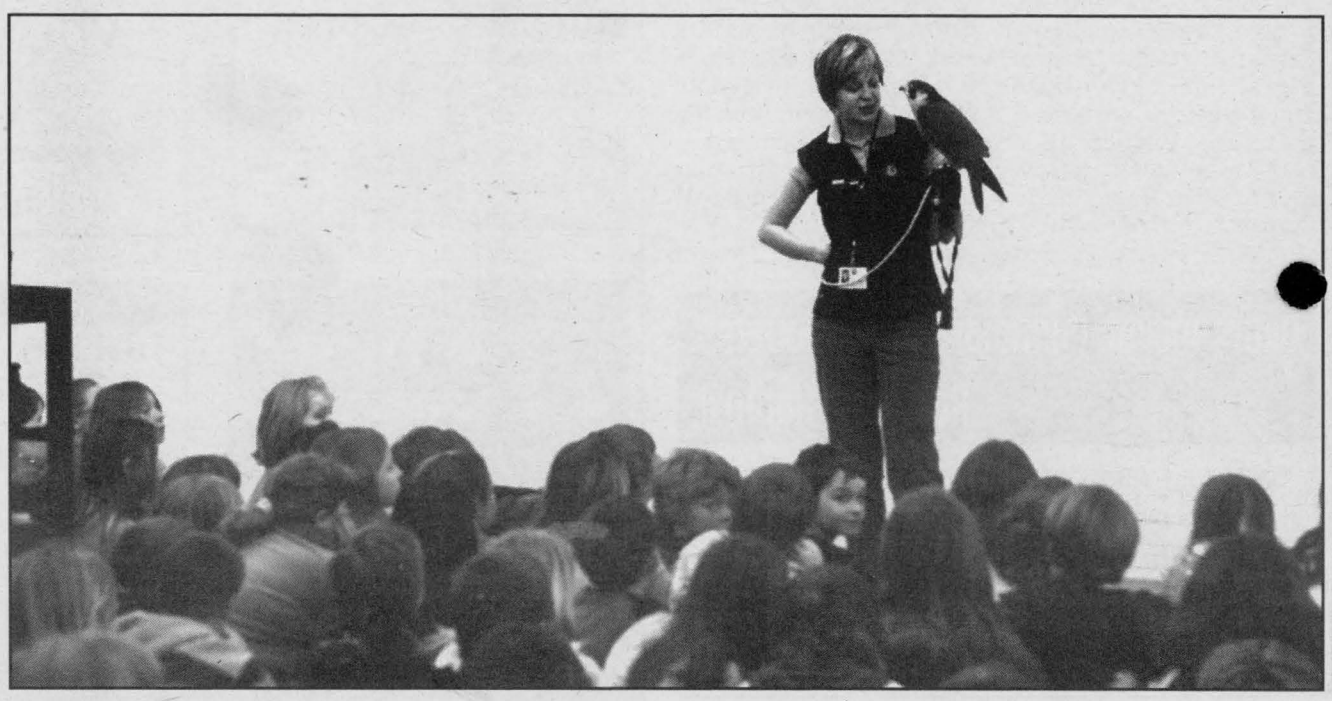
This would be the first time in 30 years that the bird had nested in Southern Ontario.

Students at the school were thrilled to realize that the falcon that Emma Stainton was holding in front of them had managed to get where it was today across years of almost extinction to where it is today.



Emma Stainton, an Outreach Programs Educator with the Canadain Peregrine Foundation, shows children at the iroquois Public School a peregrine falcon. The program is sponsored by the Ontario Power Generation. In the photo below students at Iroquois Public enjoyed their moments with a peregeine falcon.

CHIEFTAIN PHOTO - J. MORIN



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Obituary



Merle Bates

Merle Bates, formerly of Cardinal, Ontario, passed away at Lanark Lodge, Perth, Ontario on Saturday March 15, 2008. She was born on August 2, 1919 at Poland, Ontario to Harvey and Jessie (Stewart) Percy. She grew up in Poland and later attended high school in Lanark, Ont. After high school, Merle worked at various jobs in the Lanark and Perth area.

On March 6, 1942 Merle married Frank Bates at Barrie, Ontario. After Frank returned home from overseas, they moved to Hopetown where they resided until 1956 when they moved to Iroquois. In 1972 Merle and Frank moved to Cardinal. In 2000 Merle suffered a stroke and the she moved to the Lanark Lodge in 2001.

Merle was predeceased by her husband Frank in 1988. She is survived by her children, Barry (Stephanie Amyotte) Bates of Ottawa, Linda (Robert) Baird of Merritt, B.C.; three grandsons, Lucas Bates of Ottawa, Jason Baird of Calgary, and Jeffrey (Anita) Baird of Merritt; and two great-grandsons Evin and Gabriel Baird of Merritt. Also survived by sisters Millie Gunn of Perth, Verna Donaldson of Lanark, and Carmel (Jim) McFarlane of Estevan, Saskatchewan. She was a much loved sister-in-law of Jean Willis of Perth and Peg and Pete Bennett of Westport. Dear aunt to many nieces and nephews. Friends called at the Marsden and McLaughlin Funeral Home, Cardinal, on Tuesday, March 18 from 2-4 and 7-9 p.m. Funeral service was held at the funeral home on Wednesday, March 19 at 11 a.m. With Rev. Janet Evans officiating. Interment followed at Hopetown Cemetary.

Honorary pallbearers were Jason Baird and Doug Craig. Pallbearers were Wilmer Willis, Ben Willis, David Willis, Bob Gunn, David Craig, and Kevin Bennett.

Donations to the Heart and Stroke Foundation, the Ottawa Regional Cancer Centre, Multiple Sclerosis Societyor Lanark Lodge would be gratefully acknowledged by the family.

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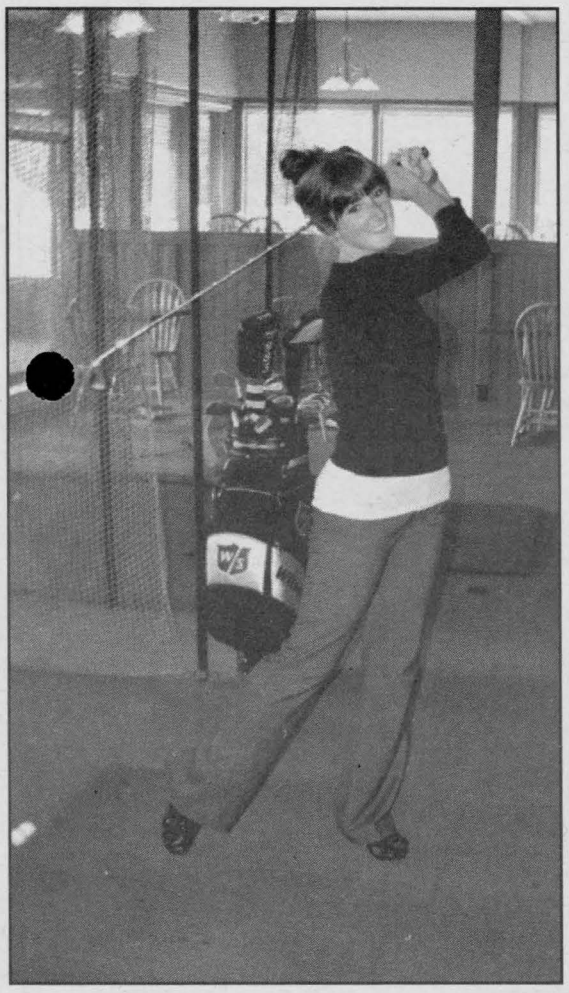

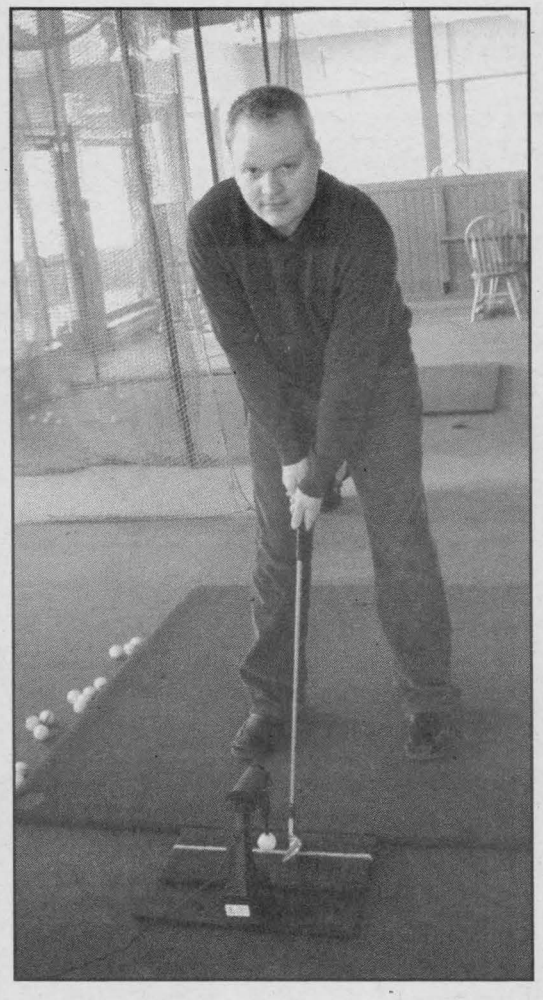

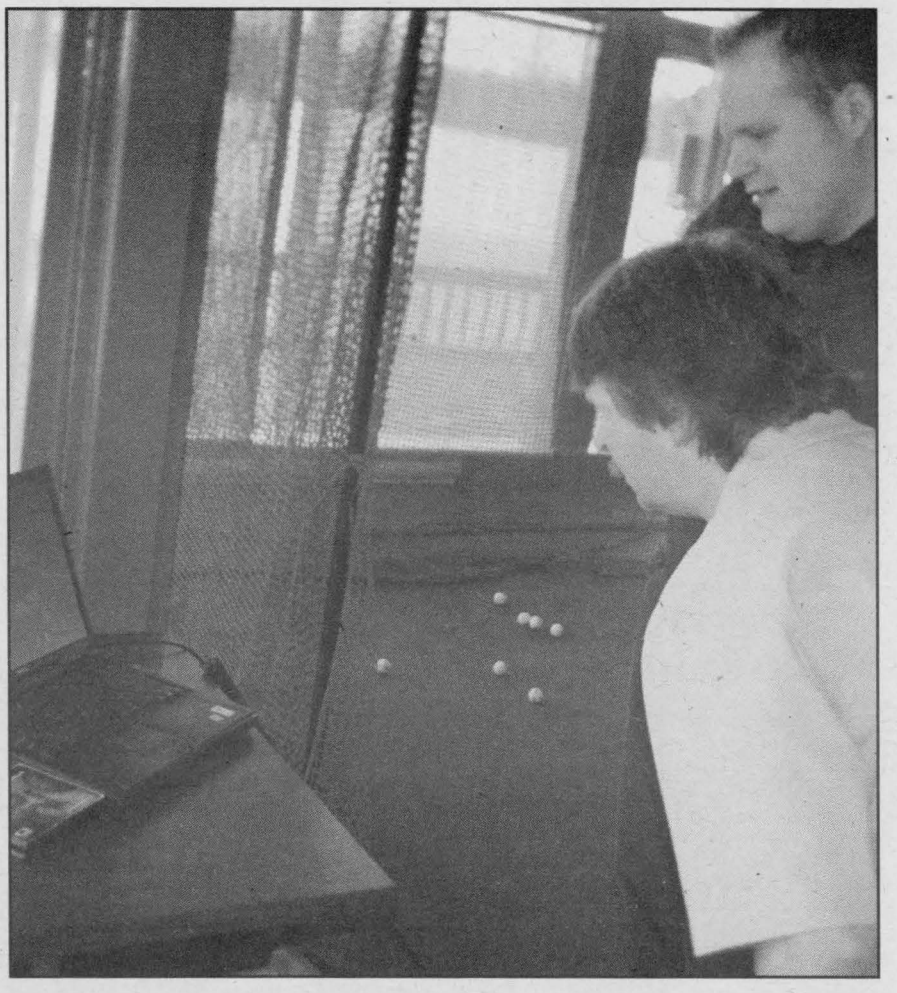

The 2008 edition of the South Dundas Spring Home and Trade Show will feature new events and attractions for the public. One new idea, organized by Kimberley O'Neill is aimed at entertaining children at the show. Ms. O'Neill has arranged face painting and games for the children in the lobby of the Morrisburg Arena. Another great idea for this year is the golf simulator courtesy of the Upper Canada Golf Course. The simulator can project on a large screen, all of the details, good and bad of a golfer's swing. In the photo in the centre, Del Hoelke demonstrates using the simulator while on the right, Allen McNair and Del take a look at the information the simulator has provided about his swing. In the photo on the far left, Kimberley O'Neil takes a practice swing. The trade show will also offer a fishing simulator. The software progam provided by Upper Canada Golf Course is called a Full Motion Game Controller.

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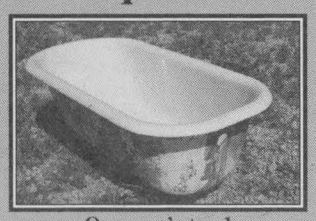

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Slow spring melt underway

BY STEPHEN BALENA
IROQUOIS CHIEFTAIN

As I sit here listening to the first Boston Red Sox game of the 2008 Major League Baseball season on my computer, I can't help but wonder if spring will ever come to the Seaway

The temperatures continued well below normal last week and into the weekend as our area remained on the northern edge of the storm track. We had strong gusty winds all weekend that helped to diminish the effects of the brilliant sunshine.

Our snowpack has slowly dropped over the past week from around 60cm down to about 40cm or so. Thankfully the bulk of the new snow over the last two weeks has fallen south and east of our region.

This weekend's storm hammered Quebec and the Maratimes. Heavy snow fell from the Gaspe to Newfoundland, grounding flights and closing highways. The snow measured over 100cm in parts of Newfoundland from back-to-back storms.

The system was part of the same storm that dumped 15-25mm of rain on the Seaway last Wednesday. The rain was not welcome as it added to the already saturated snowpack.

In Kemptville and most of the Rideau system is under a flood advisory issued by the Rideau Conservation Authority. 154mm of water equivalent has been estimated to be in the current snowpack in the region — the most since the record flood of 1976.

Thankfully, the thaw has been slow to date, with cool days and the warm March sun resulting in a trickle melt. The nights have been well below the long term average low of -5C so the melting stops.

This pattern, if it continues, would result in a very favorable thaw. However it is unlikely to remain this way as we head into April.

Flooding is a concern across the entire region. Patrick Larson, senior water resources technician with the Rideau Valley authority, says Richmond, on the Jock River, and North Gower, along Stevens Creek, are vulnerable to flooding. Residents along the Rideau River near Kemptville "will definitely" experience some degree of flooding.

Of Note: Severe flooding has occurred across the Midwest US with over 16 deaths reported. The flooding was the result of over 30cm of rain in a two day period. Hardest hit have been Missouri, Oklahoma and Arkansas. The flooding is the worst in the region since 1993.

• The Kemptville area was rattled by a 2.8 Earthquake on Thursday, March 20 at around 1:25pm. The loud boom and shake lasted about 5 seconds. No damage was reported, just some shaken nerves. It was the second quake this month in eastern Ontario with a 2.8 reported near Cassleman, on March 7.

Minor tremors are common as Kemptville sits along the western edge of the active Quebec seismic zone.

• *Earth Hour*, started in Sydney, Australia last year, takes place on March 29 at 8 p.m., local time. You are encouraged to turn off all your lights and appliances and help save energy for an hour. More than 24 major cities worldwide are taking part. Last year Sydney enjoyed a 10.2% reduction in energy during the one-hour period. For more info, visit ***earthhour.org***

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Teachers balk at school board's statement

/CNW/ - The Elementary Teachers' Federation of Ontario (ETFO) is concerned that the Upper Canada District School Board is publicly stating that the Board's elementary teachers are supporting the 'Upper Canada Teachers for Kids Foundation".

"Elementary teachers in Upper Canada have not endorsed this initiative of the Board," said ETFO president David Clegg. "We have indicated to Director of Education David Thomas that it is erroneous and unethical for the Board to suggest that the Foundation and its dime drive have our support."

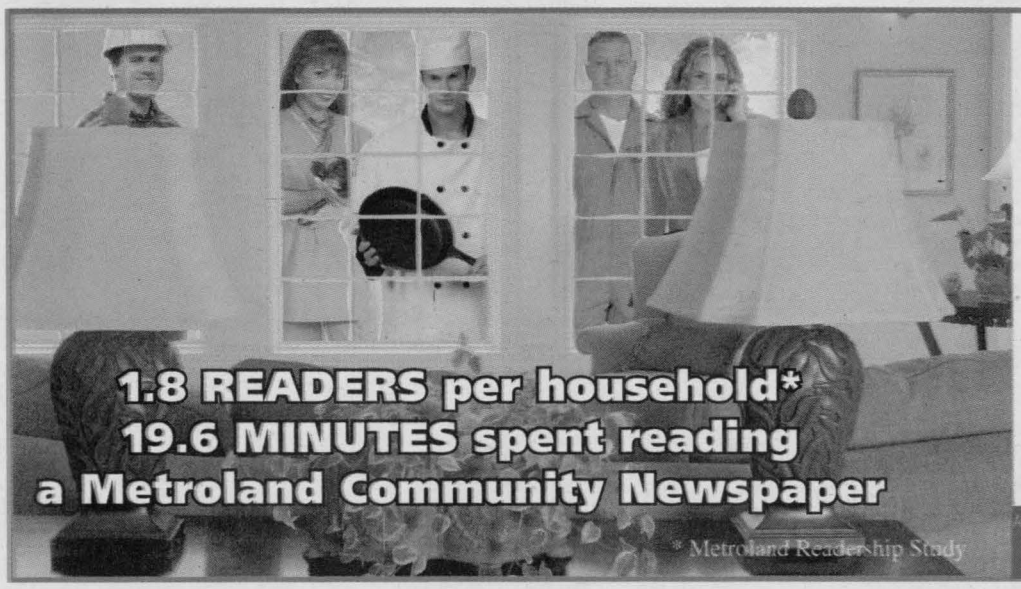
According to Clegg, the Upper Canada Teachers' Local, through its legal counsel, has sent a letter to Mr. Thomas requesting that the Board "cease and desist" regarding its association of teachers with the Foundation name.

"This initiative and the suggestion that it has the support of our members is yet another example of how the Director is out of touch with the needs of students and elementary teachers," Clegg said.

Clegg explained that the fundraising by the Kids Foundation is unacceptable as it lets government shirk its responsibility to adequately fund public education.

As well, fundraising raises a serious inequity in that schools in wealthier neighbourhoods can raise more money, thus increasing the inequities in the education experience for children.

The Elementary Teachers' Federation of Ontario represents 73,000 elementary public school teachers and education workers across the province and is the largest teacher federation in Canada.



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