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The Morrisburg Leader

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BUSINESS EXPANSION IS POSSIBLE WITH NEW ASSOCIATION



Announement has just been made this week to local employees of Beavers Dental Products Limited of plans for increasing production in Morrisburg and arrangements in conjunction with American Hospital Supply Corporation and Midwest American, by George E. Beavers.

For the past en years, Midwest American have been exclusive sales representatives in U.S.A. for the sale of carbide dental burs produecd in Morrisburg. Both American Hospital and Midwest American have long been active in the export of quality health products in all six continents of the world and bring to this new merging of interests an opportunity to increase business from the Morrisburg factory in the years ahead.

George E. Beavers will continue to manage local operations and spend some time to sales in the 84 foreign countries where JET Carbide Dental Burs are now marketed. The present staff of supervisors and management as well as existing employees will be retained and expanded as new planned equipment is installed.

While not a "giant" in terms of the large manufacturing production from the mass consumer market fields . . . the Morrisburg factory caters only to a small highly specialized segment of market to professional dentists where precision manufacturing and quality standards of performance are of vital importance. 80-90% of the local production is exported all over the world. The entire consumption of dental burs in Canada for a whole year could be produced in this factory in 3 to 5 weeks, which illustrates the importance of export to local employment. The product itself has to compete with areas in which low wages are paid and where generations of skilled craftsmen are available.

By taking this step Mr. Beavers has associated his factory with an organization possessing marketing skills and export expertise in the dental health produts business to assure a continuance of the steady growth in local employment which has characterized the building of this business over the past thirty-two years in Morrisburg.

Pictured are the principal personell involved in negotiations leading to the new enlarged association for the Beavers firm. On the right is Wiley Caldwell, President of Midwest American; Centre is Karl Bays, President of American Hospital Association; Left is George E. Beavers, President of Beavers Dental Products Limited.

Bantams, Peewees Are "A" Champs

BANTAMS—

The Morrisburg Bantams captured the A championship at the Spencerville tournament last weekend to receive crests and a trophy. Alexandria received hockey crests for the B Champions.

Teams from Spencerville, Westport, Cardinal, Kemptville, Athens, Alexandria, Prescott and Morrisburg attended.

Westport's Steve White scored their only goal as Morrisburg won 6-1, with goals by Bill Morrow, Kevin Mackler, Dave Tait, Jim Jordan, Fred Osler, Dave Brown.

In the second game, they shut out Athens 7-0. Goal scorers were Wayne Markell, Kevin Mackler, Pete McIntosh, Robbie Reynolds, Wayne Dickenson, Bill Morrow, Steve Smith.

Pete McIntosh led with a pair of goals as they defeated Spencerville 3-1 in the final game. Fred Osler scored the other goal, with Walter Graham scoring Spencerville's lone goal.

Morrisburg's goal tending was divided by Mark Duvall and Steven Guy.

The Bantams, under the leadership of Larry Dowell have played 28 games in league action, and remain unbeaten with 27 wins and 1 tie.

PEE-WEES—

At the annual Morrisburg Pee-Wee Tournament held Saturday, Morrisburg won the A Championship and Athens won the B Championship in overtime.

In the first round, Morrisburg defeated Cardinal on goals by Jim Whelan with a hat trick and sinles by Billy Tottle and Neil McAllister.

Other scores were: Edwardsbur g 2, Chesterville 1; North Franklin 4, Iroquois 3; Nepean 3, Athens 0.

In the consolation division: Cardinal 5, Chesterville 4; Athens 2, Iroquois 2 (Athens won for scoring first goal, as overtime produced no goals); Athens and Cardinal battled to a 2-2 tie, forcing overtime, with Hudson scoring for Athens to win the B Championship.

In the winners' division: Morrisburg 5, Edwardsburg 1 (scoring for the hometowners were: Jim Whelan 2, singles by Gary Jarvis, Scott Corden, Frank Hummell); Nepean 6, North Franklin 2. This put Nepean and Morrisburg into the final game.

John Randall put Nepean into the lead, but Jim Whelan with his sixth goal of the day tied the game. In the 2nd period, Frank Hummell scored twice to give the home team a 3-1 lead. Steve Duke narrowed it to 3-2 before Jeff Jarvis scored to make it 4-2 for Morrisburg for the championship.

On Friday night, Feb. 15, Morrisburg Bantam B's were at home to Osgoode. A goal by G. McIntosh and two goals by D. Myers gave Morrisburg a 3-2 lead at the end of the second period. Osgoode scored again in the third period and the game ended in a 3-3 tie.

Saturday evening Morrisburg played in Stittsville and came home with a 4-2 loss. Stittsville played well the whole game, scoring in all periods. Second period goals by M. Perault and G. McIntosh accounted for the Morrisburg goals.

DAY OF PRAYER TO BE MARKED AT ST. PAUL'S CHURCH

"Make us Builders of Peace" is the focus for the 1974 World Day of Prayer on Friday, March 1st. More than 3000 ommunities across Canada and 150 countries around the world will be sharing this inter-denominational day of prayer and fellowship. The service was prepared by the National Christian Council of Japan.

In Morrisburg the service will be held at St. Paul's Lutheran Church at 3:00 p.m. Mrs. K. Nadine Corbett will be the speaker. Men, women and children of any faith are welcome.

The World Day of Prayer is sponsored in Canada, by the Women's Inter-Church Council of Canada. Offerings are used to support ecumenical programmes that meet human need, both here in Canada and other countries.

CARNIVAL DAY IS MUCH ENJOYED AT ST. MARY'S

Excitement — Competition — Anticipation — Fun! These were but a few of the feelings felt by the children last Tuesday during their Carnival events. Preparations for this event began three weeks ago when the pupils engaged in a family grouping session centered around the theme of Winter. Various topics were developed during this time with each of the five groups studying and researching different areas. Among the areas studied were ice and its many uses; survival in winter experienced first through discussion and the followed up with a hike to light a fire and the preparation of food in case of emergency; pioneer life in winter involving carpetry and quilting; comparison of cloth ing used in winter — sizes and shapes; experiments with temperature, toboggan speeds, snow crystals, volume and depth of snow.

The Carnival Day on Tuesday began with a religious celebration centered upon the wonders and beauties of winter. Later on in the morning each child experienced a 'Dog Ride' which featured "Captain Sad Sack", a St. Bernard owned by Mrs. Judy Duclas, and a sheep dog called "Caesar" owned by Mrs. Margaret Lee.

Each group prepared a Carnival event for Tuesday afternoon which included an ice slide, toboggan races, searching for a potato in the straw, nail hammering contest, seal walk, tug of war and a broom-ball relay.

Following theese events, the children received awards which were made by each of the family groups. The day concluded with a treat of hot dogs and hot chocolate prepared by some of the mothers of the children.

Everyone went home tired but extremely happy with the day's events.

Mrs. Hilda Black Opens St. Paul's LCW Meeting

Mrs. Hilda Black was hostess for the February meeting of St. Paul's Lutheran Church Women. The President, Mrs. Leonard Barkley was in charge of the devotions. The theme was "Celebrate Your Gift of Time" and Mrs. Hugh Shennette read the hymn, "Take My Life and Let It Be. . ." Mrs. Volker Gruetzner dedicated the offering and presented the topic, assisted by Mrs. Eric Rosenquist and Mrs. Ernest Merrikin.

The treasurer, Mrs. Gruetzner, presented the budget which the Executive had prepared for 1974.

The list of names of those who would care for the altar during the coming year was supplied by the Chairman of the Altar Committee, Mrs. Maureen Casselman. Mrs. Beatrice Casselman and Mrs. Gruetzner will be in charge during March.

Mrs. Eric Rosenquist reported on the planning meeting for the World Day of Prayer to be held on March 1 at 3 p.m. in St. Paul's Lutheran Church. Posters with additional information will be placed in local churches and the shopping centre.

Mrs. Leonard Barkley reported on the community electrocardiograph project and Mrs. Hugh Shennette gave the Benevolent Report.

Used clothing may be brought to the Parish Hall for Easter shipment. The date of a Lenten quilting and the name of a delegate to the Biennial Convention in Waterloo will be announced at the March meeting. Lenten booklets were ordered for the congregation and a donation was voted to the Auxiliary of Wilfrid Laurier University.

Mrs. Verna Beckstead thanked the hostess for her hospitality.

Rev. F. L. Howald pronounced the Benediction and lunch was served. Members are asked to bring items for Kiddy Kits to the March meeting.

98 Photographs by George Hunter on Display at Morrisburg Library

Starting this week, a striking display of photographs is on view at the Morrisburg branch of Seaway Valley Libraries. The collection of 98 pictures is mostly in color and shows "People of many lands". The collection will remain in Morrisburg until March 15.

"People of many lands" drew thousands of visitors to Ottawa, when it formed the annual summer show of Canadian photography in the National Film Board gallery. The author is free-lance photographer George Hunter.

Originally from Saskatchewan, George Hunter is one of Canada's and the world's leading photographers. In the last two decades, he has visited over eighty countries, bringing back photographs from every nation. He criss-crosses Canada seven or eight times a year, and he moves outside the country, across oceans, at least three times annually.

George Hunter's photographic career reaches back to a special trip, when as a boy of fifteen his school class in Winnipeg elected him to go to London, England, to photograph the coronation of King George VI in May 1937. After he graduated from school, Hunter went to work for The Winnipeg Tribune. The National Film Board came next, and in his five years there, 1945 to 1950, he served as Canada's official photographer to the United Nations.

A visit to Stockholm changed the direction of his career in the summer of 1950. He met Karl Gullers, a photographer of great talent and great popularity, and Gullers inspired Hunter to try life as an independent, taking, in effect, the world as his subject. After leaving the National Film Board, Hunter flew his own aircraft for ten years, though for the last dozen years, he has relied on rented planes and helicopters. Hunter's specialty is out-of-the-way and difficult-to-reach pieces of landscape. In the air he works through an open space simply by removing a door on his side of the aircraft and secures himself by a specially designed safety harness.

On the ground, Hunter operates out of a custom-built photo cruiser. It's the size and weight of a Greyhound bus; it tows along a cream-coloured Jeep Commando for manoeuvring in closer quarters; it comes equipped with a twenty-five foot hydraulic-operated ladder mounted on the roof for high-angle shooting; and its living quarters provide ample room for comfortable relaxing on the road.

Does Hunter have any favourite shooting areas?

"In Canada", he says "you have to move around the country fast and often because things change so quickly these days. If you aren't around a city like Calgary or Ottawa, say, for six months, then the transformation is really amazing. And it's the same out in the country. Changes happen very fast."

Hunter has his favourite pieces of Canadian landscape, and they make up a long list. The west coast of Vancouver in British Columbia. The foothills near Pincher Creek, Alberta, and Mount Assiniboine in the same province. The prairie grain fields during harvest time ("I haven't missed a single autumn shooting out there in years"). The lake area northeast of Flin Flon, Manitoba. Lake of the Woods, Quetico Park and Muskoka in Ontario. The Laurentians of Quebec, The Gaspe, and the farming district on the west side of Lake Memphremagog. The south shore of New Brunswick ,all of Cape Breton in Nova Scotia, and the entire north coast of Prince Edward Island. Not to forget the Labrador and the Trinity Bay area of Newfoundland.

"Almost every part of the country", Hunter says, "has some magic to it when you look through a camera".

Which seems just the right attitude for a photographer.

The results of his work can be in the variety of photographs of people and places. Here, technical quality, pictorial documentation and artistic composition bring the viewer an outstanding panorama of the human society that encircles the earth.

C OF C COMPLETES PLANS FOR ANNUAL DINNER MEETING

It was announced at a recent meeting of the Morrisburg Chamber of Commerce that the annual meeting will be held on Wednesday, April 3, 1974 at Allan Hall when John Sloan, general manager of the St. Lawrence Parks Commission will be guest speaker.

Steve Casselman, Fred Hill, Mrs. Diana Burd and Mrs. Edie Sprague were appointed to the nominating committee. As there has been poor attendance of the twenty members of the directors at recent meetings this committee was instructed to inform those taking office for 1974-75 of their obligations prior to taking a position.

The resignation as of April 3 of the secretary, Mrs. Erol Welton was accepted with regret. The subject of tourism was discussed and it was felt that a committee should be appointed to deal with this matter. Mrs. Welton will remain only to answer tourist inquiries by mail.

Glenn Keyes, Gordon Mulholland and Bill Marshall were appointed to the ticket sales committee for the annual dinner.

FIRST MEETING OF YEAR IS HELD BY HORT. SOCIETY

The first meeting in 1974 of the Morrisburg and District Horticultural Society — held the second Tuesday of this month to fall within the town's Winter Carnival Week — was mainly a "fun" evening. The business part included some comments on finance, also suggestions by Mr. Lorne Laurie regarding care of the public beds.

Then, with Mr. John Corbett as M.C., a programme of singing, led by Mrs. Hugh Thompson at the piano, and stage entertainment by several members and guest artists was enjoyed, followed by refreshments served by Mrs. John Saunders, Mrs. J.W. MacDonald and assistants.

A number of new members join ed and others will be welcome.

Those present were Earl Baker Diana Burd, Steve Casselman, Les Cruickshank, Fred Hill, Glenn Keyes, Bob Mattice, Gordon Mulholland, Edie Sprague and Erol Welton.

The next meeting will be on Tuesday, March 5, 1974.

YOURS SINCERELY

BY MRS. WELLWOOD ADAM

I love to be at a church service, no matter what the denomination, when there is the sacrament of Baptism taking place. It is a moving moment when the clergyman takes the child into his arms, and the name or names chosen are given to the little one with prayer and blessing. I recollect one such moment when I was taken along to an all-African church one Sabbath morning in Georgetown, Guyana, where there eight babies to be baptized. The christening took place at the back of the church, so the congregation had to turn round in their pews, and I was the only "pale face" there too. Eight times did the dusky minister take up a child, finishing off each prayer with the words in a great, deep voice . . . "And let the people say 'A . . MEN!' " which we all ded, me included. May I add here that those eight babies chuckled and gurgled their way through the service, enjoyed everything!

There were older children present as well, for this was a true family church, and I felt that it was a wonderful time for ther, for very obvious reasons. It is good for the more mature members of churches to be present, for such services must remind those, who are mothers and fathers no matter what age, of the similar promises they made before the Almighty, in relation to their own children when babies.

Some babies are very quiet . . . seem to like the look the clergy's faces, and like to make sundry grabs at spectacles, gowns and surplices, even the white tabs. This was often the case with my husband's spectacles and white tabs. Only by clever manoeuvering did his spectacles stay put, but his tabs were not always left stationary and would vanish in the tiny chubby hands and mouth, for a time, at least! Other babies can cry with real objection all through the service, and then the parents seem to be upset, but nev er the clergyman, who manages to continue with a certain amount of ease.

The singing of the baptismal hymns is always very joyous and reverent, so altogether a christening is a very memorable occasion, whether in the Sanctuary or in the home.

Have you ever visited St. Machar's Cathedral in Aberdeen, Scotland, U.K. during your travels? I have, and the beautiful services there and the fine organ playing, the singing, the readings and the sermons . . . I felt stronger for having been there.

Well, there is a story about 43 men, one Sunday afternoon, who stepped silently through the doors of this same cathedral. They were Russian sailors from their ship lying in the Aberdeen harbour, and the men were being shown around the Scottish city.

As they moved inside, the beadle, as he is called in Scotland, came to meet them. He told the one in charge that they were just about to begin a chirtsening ceremony, so he led them to the front of the old Scottish kirk, and showed them into the pews near the family of the baby. Actually the service had been planned for the family alone, but they had no objection to the group of foreign sailors joining with them.

Most of the Russians couldn't understand a word of what was said, but they all realized the meaning of what was taking place They were quite spellbound as the clergyman took the little one in his arms and asked for God's blessing on the child. Again, they had never seen a christening before, for they were Communists.

Yes, these Russians saw some lovely places in the city afterwards as well as some glorious scenery outside it, but I am sure that the memory that will stay longest with them, or most of them, will be the little baptismal service they shared one Sunday afternoon in old St. Machar's.

REPORT FROM QUEEN'S PARK

BY DON IRVINE

M.P.P. for Grenville - Dundas

Address: Frost Building South, Queen's Park, Toronto, Ontario. M7A 1Y7. Telephone: 416-965-6901.

In the spring of 1973, the Ontario Government took the initiative in calling for a National Energy Conference. As you are aware, the federal and provincial energy ministers finally met last month.

How many times have you heard that Ontario does not have an energy crisis because we enjoy the economic benefits that go with living west of the Ottawa Valley—that geographic boundary which the federal government years ago decreed would terminate the Trans-Canada pipeline. A lot of Ontarians don't realize that there are about 700,000 people living in the south eastern corner of this province who — when it comes to oil pricing are paying as much as the people in Quebec and the Maritimes.

When Premier William Davis set out what he considered the four essential principles for a comprehensive energy policy for Canada — a single domestic base for oil; self-sufficiency; maintenance of the environment; and conservation of resources — Ontario had as much at stake as any other province dependent on Middle-East oil.

In fact, the number of Ontario residents, affected by the rising costs of imported oil is equivalent to the populations of New Brunswick and Prince Edward Island combined.

Only time will tell if the conference has achieved a degree of success. When it wound up, Prime Minister Trudeau's summary indicated that there was a degree of concensus on a single Canada-wide domestic price and an extension of the current price freeze to the end of March. The key to the successful realization of a single price structure is in the federal taxes imposed on exports of western crude oil to the U.S. Some of the proceeds of this tax would be used as a subsidy to consumers east of the Ottawa Valley line to cushion them against the higher cost of imported foreign oil.

I have heard suggestions in some quarters that the Ontario government should defray the higher costs of its citizens in eastern Ontario. There are two things wrong with this reasoning. Firstly, Ontario has no oil resources upon which to realize royalties which could be used for this purpose. Secondly, and more to the point, the constitutional jurisdiction in this matter rests squarely with the federal government. It is the only one with power over international and inter-provincial trade.

In addition to that portion of the funds being used to subsidize the price of foreign oil, a percentage will be allocated to Saskatchewan and Alberta — who produce the oil. It is only fair that the producing provinces should receive reasonable rewards associated with ownership of the resources.

Looking to the future, considerable expense will be incurred in the exploration and development of new energy resources. The enormous amounts of money required to do this job must also be made available. A national energy policy that serves the nation's interest means not only that its rewards and benefits must be shared, but that costs as well must be divided. Ontario recognizes and accepts this fact and is prepared to play its part.

Along with the other harbingers of spring, comes the federal income tax collector. This year the Ontario government is doing some thing about reducing taxes, at least for the people who live in this province. In his last budget, Provincial Treasurer John White added two new tax credits, to go along with the one you were able to claim last year. This year every one in Ontario will be able to claim a sales tax credit as well as the older property tax credit. Senior citizens will have available to them an additional credit to apply against any taxes that they might owe. Two out of every three Ontario citizens will share in the $300,000,000 that the government of Ontario will be distributing. An old age pensioner who is not liable for income taxes, could receive as much as $250.

In my column next week I will deal in much greater detail about this subject so that the residents of Grenville-Dundas can be assured of getting their "fair-share" of this money.

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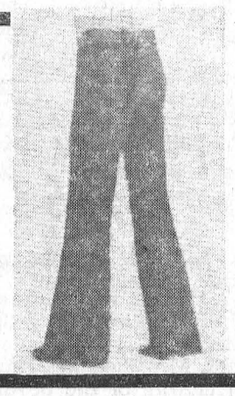

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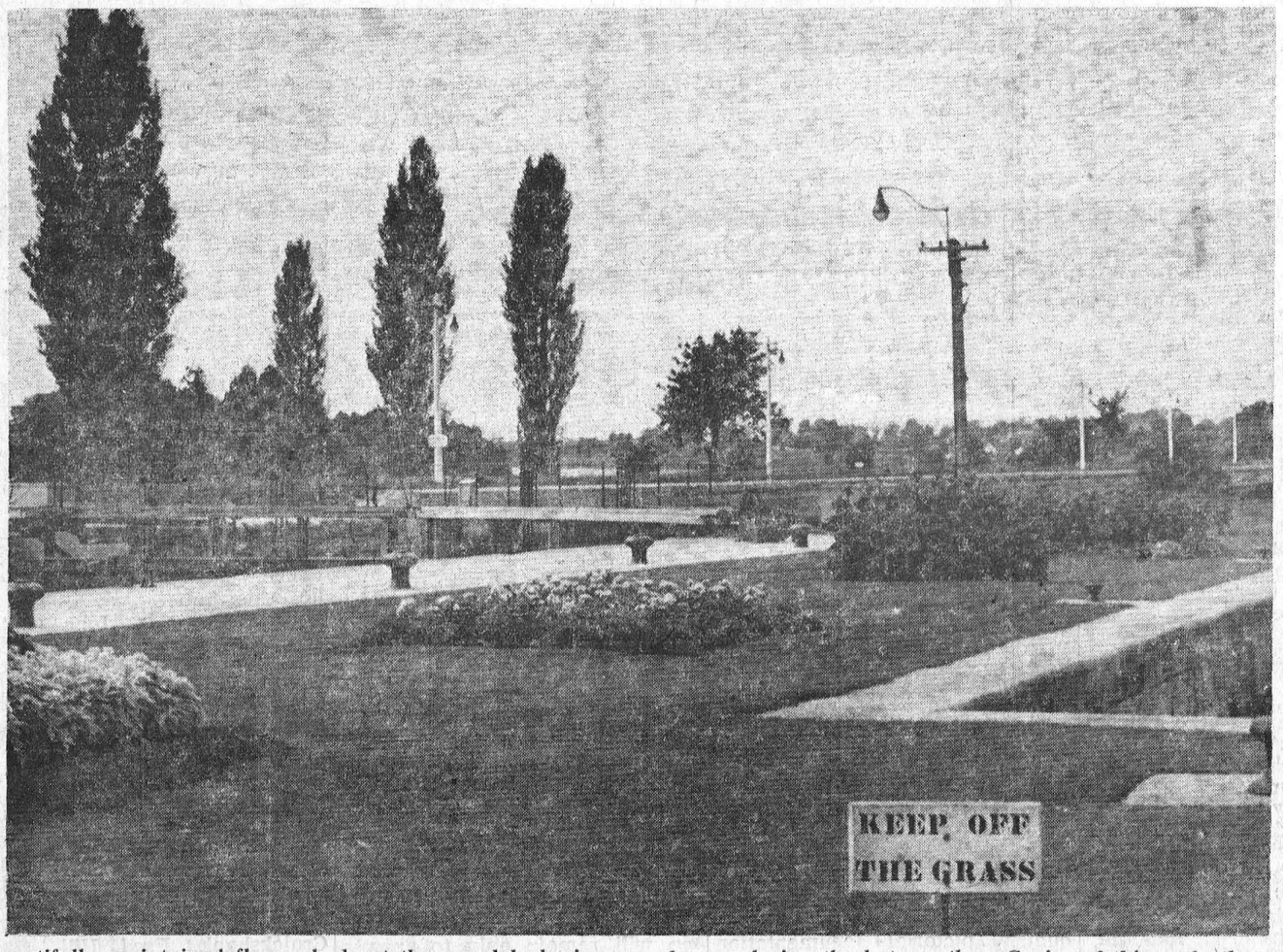
MEMORIES OF THE OLD MORRISBURG



The beautifully maintained flower beds at the canal locks in the old Morrisburg were just another attraction to thousands of visitors to the quiet little park during the spring and summer months. The swift-running river always created a cool breeze during the hot weather. Copies of this and other photos in this series may be obtained from the Smith Photo Studio, Phone 543-2873, Morrisburg. In ordering prints of this week's photo, please specify negative no. 108.

INCOME TAX TIPS

Q. Are child care expenses for all children regardless of their age or is the age of the child important at all?
A. Yes. Expenses are deductible for children who are under age 14 at any time during the year or, if the child is 14 or over, he must have been dependent upon his parents because of physical or mental infirmity.

Q. What kind of expenses are deductible?
A. Deductible expenses include costs of baby-sitting and day nursery care, and up to $15 per child per week for lodging paid at boarding schools and camps. If child care expenses are to be deductible they must be for care in Canada, furthermore, payments for such items as clothing, transportation, education or medical care are not considered to be child care expenses.

Q. Must I keep receipts for child care expenses?
A. Yes. Deductions claimed for child care expenses must be supported by receipts: The name and address of the person to whom you make payments for child care must be provided on all receipts. Except for an organization such as a day nursery, the Social Insurance Number of the recipient must also be included on the receipt. You will not be required to attach these receipts to your return but you must keep them in the event the Department wishes to inspect them.

Q. How much may be deducted for child care expenses and does it matter to whom the payments are made?
A. A taxpayer may deduct the amount actually spent on child care provided it does not exceed the least of:
—$500 per child, or
—$2,000 for the family, or
—two-thirds of the taxpayer's earned income for the year.

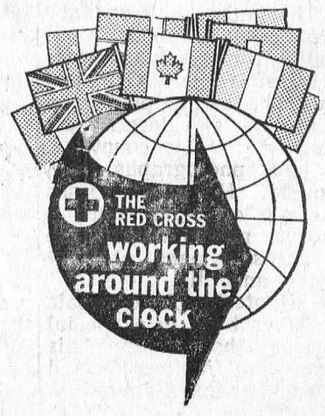
There are two further requirements regarding the person to whom child care payments are made. First, child care expenses are not deductible if they are paid to a person claimed as a dependant for tax purposes by either of the parents, or to a person under 21 who is related to either parent by blood, marriage or adoption. Secondly, any allowable deduction for child care expenses must be supported by a receipt which indicates the name, address and Social Insurance Number of the person to whom payments were made.

Q. Can a father deduct baby-sitting fees from his income?
A. Child care expense can be deducted by the father if, during the year, he was single, widowed, divorced or separated by a written agreement. He may also make the deduction if the mother is incapable of caring for herself or the children or if she is confined for 14 days or more to bed, hospital, wheelchair, mental hospital or prison. The father's deduction is limited to $15 per week for each child up to $60 per week. The same limitations of $500 per child or $2,000 per year for the whole family also apply in this case.

Q. When the father and mother both work, can either of them claim the child care expenses?
A. No. When both parents work only the mother can claim the child care expenses.

Q. Can a mother hire her older child as a baby sitter?
A. The rule is that a mother cannot claim the amounts paid to a person who is under age 21, and related to her or her husband by blood, marriage or adoption, or if the person is claimed as a dependant.

DEADLINE FOR CLASSIFIEDS IN THE LEADER IS TUESDAY NOON



Husband & Wife Face Changes in Mid-life

The Menopausal Couple

His and her menopause? Not so far-fetched. There's real evidence that men, as well as women, go through their own version of change of life. And frequently the "male menopause" can be more traumatic than the female climacteric.

"Maybe it's because we women have a different outlook at this time," speculates Shirley Zussman, professor of marriage and family life at Finch College in N.Y. "We're in good health. We're attractive. We see possibilities of new freedom and opportunities now that the children are leaving home. But our men are being pushed toward early retirement. They fear advancing age and they don't have the second chance as much as we do. This can contribute to depression."

Together, Dr. Shirley Zussman (Ed.D.) and her husband Dr. Leon Zussman (M.D.), counsel what they call "the menopausal couple Statistically these couples are between ages 45 and 54, with the man usually several years older than his wife. More than half have a child under 18 at home; almost half the women work.

"Male Menopause" Symptoms

Leon Zussman reports that some men actually experience menopausal symptoms — "flushes, sweats and insomnia, just like their wives." But female symptoms, often caused by decreasing female hormone levels, may be "greatly relieved" with estrogen replacement therapy, while male symptoms are related more to psychological problems than male hormone changes. "Of the 320 couples we've seen, not one man has had low testosterone levels."

That doesn't stop men from worrying about losing their sexual powers. "A middle-aged man knows he can't run or swim or jump the way he could 20 years ago," says Leon Zussman. "He accepts that. But if he has one episode of impotence — he can be devastated. He thinks: 'I'm at the end of the line,' and he withdraws from sex with his wife so he won't be humiliated."

"His wife then misinterprets," Shirley Zussman continues. "She thinks: 'He doesn't love me any more. I've lost him to another woman.' "

But if the lines of communication between the two can be opened up, it can lead to "a renewed interest in each other" and the menopausal years can be "one of the more satisfactory periods of a marital relationship", according to the Zussmans. Their dual-therapy treatment at the Program of Human Sexuality, Long Island Jewish - Hillside Medical Center, aims to do just that.

Practical Prescriptions

"Intimate talk is essential," says Shirley Zussman. When husband and wife can discuss their hopes, fears and interests, "we'll find husband and wife saying 'I really didn't know you were feeling and thinking that.' " "And touching is our number one prescription," says Leon Zussman. "Touching transmits interest and tenderness. It's a fundamental human need."

Menopause might actually bring a couple closer together, the Zussmans agree. "If each can share what the experience means to them, they might understand and grow. If they keep their feelings to themselves — it can lead to withdrawal and alienation."

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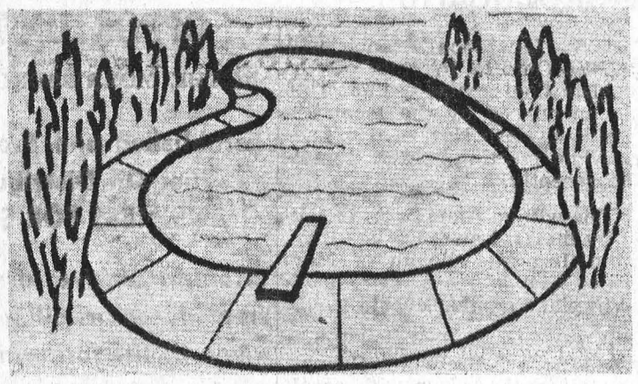

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Brief Affair?

Dear Margaret Brookfield:

Is it unusual for a happily married woman to start thinking of having an affair with another man? I have no one in mind, but I am taken with the idea that I might enjoy another man's attention for a change. I have never had sex with any man, except my husband but, loveable as he is, he has reached the age where he prefers to sit home and nap. I realize that having raised a family, I no longer feel needed and am only seeking someone who will love and need me. What shall I do about it—forget it? A.L.

Dear A.L.:

If the dramatic plots of everything from soap operas to Noel Coward's poignant "Brief Encounter" are any indication, your fantasy is not unusual. However, many women who make their day dream a reality have joined the ranks of the divorced. Assuming you want to keep your otherwise happy marriage going, I'd suggest you try to get your husband interested in hobbies the two of you can enjoy together. If he won't budge from his easy chair —then go it alone. Get involved in community activities. Volunteer agencies are crying for help. Working with the Girl Scouts or helping out in a hospital should certainly make you feel needed and wanted again.

Drinking Problem

Dear Margaret Brookfield:

My sister died six months ago, following a sudden illness. Her husband, who is 60 (they married late in life), always had a drinking problem. But since her death it's gotten worse. Everytime his boss threatens to fire him he sobers up for a while, and then he starts all over again. He has a 15-year-old son he dearly loves. What can I do to help my brother-in-law and my nephew?z K.M.

Dear K.M.:

Anyone with a problem must be motivated to seek help before treatment can be effective. But one of the characteristics of an alcoholic is his distressing sense of being alone, his feeling that no one cares. If you and other relatives can offer sympathetic support, it may push him to get the help he needs.

Contact Alcoholics Anonymous in your city for guidance as to the best way to reach your brother-in-law. And look into Al-Anon family groups for yourself and your nephew. At this crucial adolescent stage, and with the recent loss of his mother, he may welcome the chance to share with other youngsters an understanding of what it's like to live with an alcoholic. Again, your personal concern will go a long way to ease his burden.

THIS WEEK FROM OTTAWA

JOBLESS RATE GOOD

Unemployment in Canada, seasonally-adiusted averaged 5.5 per cent in 1973, as compared with an average of 6.4 percent in 1972.

Statistics Canada reported that the seasonally-adiusted unemployment rate rose slightly in January to 5.5 percent from 5.4 per cent of the labour force in December.

$34 MILLION MILK SALE

Agriculture Minister Eugene Whelan recently announced the sale of $34 million of skim milk powder — more than 35,000 metric tons—to Mexico.

STUDENT EMPLOYMENT

The federal government has allocated $66 million to its Student Summer Employment and Activities Program — "Summer '74" —$30.5 million of which will be spent on "Opportunities for Youth

Manpower and Immigration Minister Robert Andras, responsible for "Summer '74", announced that these programs are expected to provide more than 375,000 jobs for students this year.

This summer's job program will place increased emphasis on matching jobs and students and will attempt to give students an opportunity to work and see other parts of Canada.

In addition to these programs, the Department of Manpower and Immigration will further assist students to find jobs by openings 251 special employment centres in April. Last year these centres placed more than 200,000 students in summer jobs.

WHEAT SALE TO BRAZIL

Brazil has purchased 18.5 million bushels of wheat from Canada at the current international market price.

WORLD ENERGY MEETING

At a conference in Washington, 12 of the world's major oil-consuming countries agreed yesterday to call for an early meeting with oil-producing nations in what the United States described as "an eventual attempt to reduce world oil prices."

CAR BELTS LEGISLATION

Canada's Health ministers met in Ottawa last week and agreed to seek legislation making compulsory the wearing of seat and shoulder belts in cars.

Federal Health Minister Marc Lalonde said the provincial ministers would like stiff penalties to be enforced for those caught without the belts on.

36 Free Courses Made Available on Explosives

A program of 36 free Courses for Ontario has been authorized by Energy, Mines and Resources Canada and Resources Canada to train personnel as "Fireworks Supervisors", the Ontario Safety League announced today.

This action comes as a result of revisions last year to the Canada Explosives Act. Exhibition-type fireworks displays traditionally marking many of our annual celebrations, must now be fired under the direction of a qualified "Fireworks Supervisor".

Qualifying Courses are open to responsible persons 18 years of age and over who will be in charge of community fireworks displays.

There is no Course fee. Travel arrangements and any other personal expenses are the responsibility of candidates. Courses are 4 hours in length. Successful candidates receive a Fireworks Manual and Registered Certificate. A welcome addition to Course contents this year is the introduction of demonstration firing at each Course.

Jean Bissonnette, Technologist with Explosives Division, will instruct students on site selection and protection; crowd control; firing distances from spectators; firework transportation and storage; inspecting, placing and firing of mortars, bombshells, low level and ground displays; search of grounds and dud disposal. Bisonnette is well qualified, with 19 years previous experience as Production Foreman with Canada's largest fireworks manufacturer.

The Spring program of Courses begins March 5th, with instruction being held in Stratford, Guelph, St. Catharines, Carnia, Windsor, St. Thomas, Cornwall, Ottawa, Belleville, Kingston, Brockville, Sudbury and North Bay.

Fall Courses are scheduled for Timmins, Kirkland Lake, New Liskeard, Thunder Bay, Fort Frances, Kenora, Dryden, Owen Sound, Barrie, Bracebridge. Pembroke, Bancroft, Peterborough, Mississauga, Richmond Hill and Oshawa, beginning September 10.

Courses are now forming. Interested persons are advised to enroll as soon as possible to guarantee attendance.



RUBBER STAMPS

THE MORRISBURG LEADER

SEE US FOR FAST SERVICE

LOCAL and GENERAL

Mr. Fred H. Broder, beloved former reeve of Morrisburg and Warden of the United Counties, will mark his 94th birthday quietly on Sunday, February 24th. His many friends will join with us in saying a very happy birthday to 'Mr. Morrisburg'.

Mrs. Robert Thompson of Saskatoon, Sask., visited her aunt, Miss Eva Cassell recently A daughter of the late Fred Cassell, she was the former Eileen Eva Cassell, and left Morrisburg 52 years ago.

RECENT BIRTHS AT THE WINCHESTER MEMORIAL HOSPITAL

February 13, 1974 to Mr. and Mrs. Claude McPhail, Chesterville A daughter.

February 13, 1974 to Mr. and Max VenDere, Chesterville. A son

February 15, 1974 to Mr. and Mrs. Rosaire Lalonde, Ingleside. A daughter.

February 16, 1974 to Mr. and Mrs. Bev. Patterson, South Mtn. A son.

February 16, 1974 to Mr. and Mrs. Clarence Watson, Winchester. A daughter.

February 18, 1974 to Mr. and Mrs. Terry Woods, Winchester Springs. A daughter.

Miss Elaine Laurin, R.N. of Windsor, is visiting with her parents inMorrisburg.

The United Counties Bookmobile will visit the following locations in the area on Tuesday, Feb ruary 26th: Berwick, 10:00 to 11:30; Morewood C. 2:00 to 2:45; Winchester Springs 3:30 to 4:00.

INSTITUTE PLANS ANNUAL VISIT TO GLEN-STOR-DUN

The Women's Institute met in the Sr. Citizens room on Thursday, February 14th with the president, Mrs. Ken Beckstead presiding. Assisted by Mrs. Thos. Fraser as secretary.

Plans were made to go to Glen Stor Dun on April 23rd. The mem bers were also invited to visit the Pottery Plant in May.

Mrs. G. Mulholland, convener of Canadian Industries gave a reading on the Motto "Tourism today is big Industry" Mrs. B. Glover gave a reading entitled "Spring Hausecleaning".

A contest was held with Mrs. Mildred Gilmour winning the prize.

The meeting closed with a Valentine reading and poem.

A delicious lunch was served and a social hour spent.

THE LOYALIST HOTEL

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The Churches

MASS HOURS AT ST. MARY'S CHURCH
MORRISBURG
SATURDAY — 7:30 P.M.
SUNDAY — 11:00 A.M.
CONFESSIONS
THURSDAY: 8:00 — 9:00 P.M.
IROQUOIS
ST. CECILIA'S CHURCH
SUNDAY — 9:30 A.M.
CONFESSIONS
THURSDAY: 7:00 — 7:45 P.M.

THE UNITED CHURCH OF CANADA
Lakeshore Drive Church
Morrisburg, Ontario
REV. G. BRUCE, B.A., Minister
Mrs. J. Graham
Director of Music
Sunday, February 24th, 1974—
10:45 a.m.—Sunday School.
11:00 a.m.—Morning Worship.

ST. JAMES ANGLICAN CHURCH
Rev. F. N. Gooch, B.A., Rector
Feb. 24 - Quinquagesima Sunday
8:00 a.m.—Holy Communion.
9:45 a.m.—Sunday Classes.
11:00 a.m.—Matins and Sermon
Ash Wednesday—
10:00 a.m.—Holy Communion.

MORRISBURG PENTECOSTAL CHURCH
Rev. A. J. Edgeley, Pastor
Telephone 543-2681
Sunday, February 24th, 1974—
7:30 p.m.—"Why are there Going to be Two Witnesses"
10:00 a.m.—Sunday School. (Classes for all ages).
11:00 a.m.—"How to be a Healthy Christian".
Wednesday, 7:45 p.m.
Prayer and Bible Study.
.. .. WE WELCOME YOU! .. ..

THE PRESBYTERIAN CHURCH IN CANADA
KNOX CHURCH, MORRISBURG
Rev. T. H. Boyd, B.Sc., B.D.
Mrs. J. DeGray, Organist
Sunday, February 24th, 1974—
MORNING WORSHIP, 11 a.m.
SUNDAY SCHOOL: Pre-School and Kindergarten Classes at 11:00 a.m. (during Church Service); all others at 9:45 a.m.

ST. LAWRENCE EVAN. LUTHERAN PARISH
Sunday, February 24th, 1974—
Transfiguration Sunday
St. Paul's Morrisburg—
10:00 a.m.—The Service
11:00 a.m.—Sunday School and Confirmation Class.
The Pastor and Rev. Adam in charge.
St. John's, Riverside Heights—
1:30 p.m.—The Service and Sunday School.
The Pastor in Charge.
Feb. 27, Ash Wednesday—
St. Paul's 7:30, Parish Hall.
Laymen will take part.
Everyone Always Welcome!

CHRISTIANS!

Are you aware that the coming of The Lord Jesus (in person) to rule the world from Jerusalem is promised and referred to in 300 places in the New Testament? How many can you find? For free information about this overlooked Gospel message, write —

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Hockey News

Morrisburg Lions had a very successful weekend winning both games to insure themselves in second place and to finish up the Morrisburg Winter Carnival.

Friday night the Lions journeyed to Embrun, and at game time, no goalies, so forward Gord Dillabough donned the pads and played a good game between the pipes His team mates held the 72's back they being unable to get a shot against Gord in the first 8 minutes of play. Bill Veley gave Lions a lead early in the game, but goals by Greg Moore, Richard Laplante and Steve Villeneuve gave 72's a 3-1 lead. Allan Hare narrowed their lead to 3-2 but Laplante made it 4-2 to end the first period. Early in the second, Alain Clement made it 5-2, but goals by David Cassell (his first of the year Tim Cassell and Kevin Duval tied the game at 5-5. In the 3rd period Vince Davies made it 6-5 for Lions and at 14.59, David Cassell surprised himself and goaler J. P. Lortie by scoring his second goal of the season and of the game. (Congratulations David).

Lions received 6 of the 15 minors handed out.

On Sunday afternoon Lions hosted Spencerville Bruins, outscoring them 6-3. Chuck Irvine gave the Lions the lead at the 53 second mark. Jack Westrate tied the game at 9:45. At 18:02 Chuck Lawlor gave Lions a 2-1 lead.

10:26 of the 2nd Dale Swerdfeger made it 3-1, but some 3 minutes later Pete Hutton narrowed the lead to 3-2, with Chuck Lawlor making it 4-2 to end 2nd period Goals by Kevin Duval, and Swerdfeger made it 6-2, with Ron Breau scoring for the Bruins at 7:32 to finish the scoring.

Bruins received 5 of the 13 minors, 4 of the 6 majors and a game misconduct.

Robert Boisvenue scored 1 and assisted on 2 more to lead Alexandria Glens to a 4-2 win over Spencerville Bruins. In other league action, Randy MacDonald of Winchester Hawks was suspended for five games for an incident between the Hawks and the Cardinal Broncos.

Quarter Finals best of 7 series

Prescott in Morrisburg, Wed., Feb. 27, 8:30; Morrisburg in Prescott, Friday, March 1, 8:30; Prescott in Morrisburg, Sunday, Mar. 3, 2:30; Morrisburg in Prescott, Wed., March *, 8:30. Other dates released

North Division—							
Alexandria	33	25	5	3	210	129	53
Metcalfe	31	14	12	5	160	137	33
Embrun	31	13	13	5	145	133	31
Winchester	32	3	22	7	108	186	13
South Division—							
Cardinal	31	20	7	4	165	143	44
Morrisburg	32	15	14	3	193	206	33
Prescott	32	11	17	4	149	156	26
Spencervile	32	8	19	5	128	176	21

Top 5 Scorers

	G	A	Pts.
Doug McNairn, Mo.	43	41	84
Marty Kelly, Me.	31	34	65
Larry Shields, Me.	34	27	61
Bruce Trewartha, Ca.	33	26	59
Chuck Irvine, Mo.	33	25	58

Future Games

Feb. 22 — Winchester at Embrun 8:30; Cardinal at Morrisburg 8:30; Prescott at Metcalfe 8:30

Feb. 23 — Metcalfe at Cardinal 7:30; Prescott at Spencerville at 7:30; Embrun at Alexandria 8:30.

Feb. 24 — Morrisburg at Winchester 2:30; Embrun at Metcalfe 2:30; Cardinal at Spencerville at 7:30.

Morrisburg Combine - Loyalists under the guidance of Murray A. Ball have drawn a bye into the O.D.H.A. Intermediate Finals. It is reported that there will be 12 teams competing.

The Combines have signed several former players to their roster — namely Jack Duncan, Roy Pyke, Bill Craig, Don Snider, Lyle Ellis, George Willard, Allan Duncan. These players along with 11 local boys, Mr. Ball feels will make a strong bid for the championship.

First game of best of 5 quarter finals will be in Morrisburg, on Sunday, February 24th at 8:30 p.m. when Cornwall Intermediates will meet the Combines.

Broomball News

It was Mariatown's turn to play 2 games last Sunday. The Flyers didn't pick up any points, and with the three losses to date, they can only play the role of spoilers next Sunday.

In the first game, at 6, Tom Whelan scored the only goal of the game to give Williamsburg the shut-out.

Mutual defeated Mariatown on goals by Jim Cameron and Steve Casselman. The lone Mariatown marker came from Neil Hart on a power play.

Only one game scheduled for next Sunday with Mariatown playing their last game of the season against Williamsburg.

Mounties, Old Timers Tie

The Royal Canadian Mounted Police came to Morrisburg Friday night by bus, in hopes of defeating Morrisburg Old Timers, but went home without the victory. The Police led 3-0 after the first period on goals by Ed Bleakley, Dave Larabie and Bryon Sutcliffe.

Allie Cameron and Bill Duval narrowed the lead to 3-2 early in the 2nd period. Rick Somerville gave the Mounties a 5-2 lead by scoring a pair. Earl Brown narrowed the lead to 5-3 to end the second period.

The Old Timers found their legs in the third, with Allie Cameron scoring at 5.20 and Bill Duval tieing the game at 6.35 at 5-5. Fred Laforge put the hometowners in the lead at 8:45. Larabie and Geo. Spracklin replied to give the police a 7-6 lead, but Earl Brown tied the game, 7-7 at 18.50 and despite the Mounties having a man advantage, they were unable to beat Rick Droppo in the local net.

Referees Gary and Ralph Duval ticketed each team with 5 minors.

The Old Timers had several draws. At the game, Ward Whitteker was the winner of $50 door prize. At the dance 4 draws were made: door prize of 2 N.H.L. ticketts donated by Bill Dillabough, was won by Chris Findlay. Three draws, by the Women of Morrisburg to purchase an electrocardiograph for use at the St. Lawrence Clinic, gave the first prize, an electric sewing machine to Mrs. Maye Watt; 2nd prize a decorative art piece, won by Edie's House of Fashion 3;rd prize, $10 cash, won by Jennifer Allison.

E. E. FOWLER, AREA CHEESEMAKER, DIED SUDDENLY

Elwyn Emerson Fowler, a well known and respected cheesemaker, died suddenly at his Kemptville home on February 13th. He was in his 66th year.

Born at Norham, Ontario, he was a son of Mrs. Curtis Fowler and the late Mr. Fowler. Predeceased by his first wife, the former Nellie Agnes Durant, he is survived by his wife, the former Pauline Viola McIntosh. Also surviving are two daughters: Mrs. Wm. Scott (Lillian) of Prince George, B.C., and Sheila of Calgary; one son, Melvin of Morrisburg; two step-daughters, Mrs. Wm. Mark (Betty Jean), Winchester and Mrs. Ole Petersen (Phyllis) Kemptville; two stepsons, Wesley and Donnie, both of Winchester. One sister and two brothers also survive: Mrs. Roy McNally (Myrtle); Everett and Gordon. The late Mr. Fowler was predeceased by two sisters, Freda and Mildred.

A member of the United Church the funeral service at Vice and Craig Ltd. Funeral Home, Winchester, was conducted by Rev. D. L. Gordon and Rev. G. W. Bruce at 3:15 p.m. on February 15th. Interment followed at Maple Ridge Cemetery.

Pall bearers were Clarence Presley, Carl Poaps, Norman Rae, Arnold Prescott, Allan Scott and Miiburn Lightle.

NEWS OF WILLIAMSBURG

Mr. G.H. Barkley of Kingston spent the weekend with his parents Mr. and Mrs. Bismark Barkley. Other callers during the week were: Mr. and Mrs. Walter Smirle of Berwick and Mr. and Mrs. Rodney Hummell of Toronto.

Mr. and Mrs. Wendall Stanley, David, Pattie, Cheryl and Neil of Russell, were guests of Mr. and Mrs. Claude Casselman on Sunday.

Mrs. Phyllis Strader has returned home after spending a few days with Mr. and Mrs. Mike Mihalik in Toronto.

Mrs. Bob Martindale of Toronto is visiting her parents Mr. and Mrs. Ross Beckstead for a few days.

AREA BRANCH TO HOST ONTARIO AGROLOGISTS

The St. Lawrence Branch will host the Ontario Institute of Agrologists Conference in 1975. This was announced by the local Br. President, Herb Norry, at a Ladies' Night meeting held in Kemptville recently.

"This will be a major undertaking by the St. Lawrence Branch", stated Jim McCullough of Morrisburg who is one of several already planning this event.

Ed Pearson, Agricultural Repre sentative for Grenville County, entertained the group with recollections and a film of horse racing which has long been his avid hobby.

A new member, Dennis McKnight, of the Kemptville College staff, was introduced by a colleague, Graham Hooper. Membership growth in the St. Lawrence Branch shows the highest percentage increase in the whole Province of Ontario.

Members of the Institute of Agrology are striving to be of increasing service to the agricultural industry and the public.

BORN — Mr. and Mrs. Lawrence Carkner (nee June Pitts) on Feb. 17, 1974 a son at the Smith's Falls Public Hospital. Con gratulations.

Mr. and Mrs. Arnold Montgomery of Gananoque were dinner guests of Mr. and Mrs. Ross Beck stead on Saturday.

Mr. and Mrs. Charlie Pitss, Mr. and Mrs. David Carkner and Pam ela went to Smiths Falls on Sunday to visit their daughter June and the new baby in the Smiths Falls Public Hospital.

Mrs. Gladys Wells has returned home from the Winchester Memorial Hospital.

Mr. and Mrs. Glen McMillan and family of Ottawa spent the weekend with the former's mother Mrs. Elburn McIntosh and Mr. McIntosh.

Sympathy is extended to Mrs. Graham Froats in the death of her brother who passed away recently in Newfoundland.

Mr. and M rsBernie Froats of Cornwall had lunch Tuesday with Mr. and Mrs. Keith Schell and Larry.

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MEN'S SWEATERS, SHIRTS AND ACCESSORIES

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U.C.W. GROUPS MEET

The first meeting of the newly formed afternoon and evening groups of the United Church Women, was held in Allan Hall on February 7th, with the president presiding.

Mrs. MacDonald opened the meeting with a reading, hymn, and prayer, which was followed by the reading of the minutes by the recording secretary, Miss Dorothy Flower. A most regretaable item of business was the letter of resignation from Miss Flower, read by the president. As a staunch and loyal member of the United Church Women Miss Flower will be greatly missed.

Mrs. J. M. Carkner finally agreed to accept the office of recording secretary. A detailed resume and explanation of the budget for the coming year was given by Mrs. Milly Jones.

The interesting worship service which fololwed was conducted by Mrs. Lena Glover and Mrs. Dorothy Bugden, assisted by Mrs. F. Robertson. Concluding the service, a delightful piano solo was given by Mrs. Chas. McInnis.

The speaker for the evening, Mrs. W. L. Barkley, was next introduced by Mrs. MacDonald and a very informative and interesting explanation of the formation and functions of the Dundas Co-operative followed. A substantial three-year government grant under the heading of "Local Employment Assistance Program" (L.E.A.P.) provide the necessary funds t omake possible the formation of the Dundas County Co-operative whose function primarily is involved in the collection of waste products for recycling.

The present staff of eight will shortly be expanded to fifteen, all of whom are residents of Dundas County. The operation appears to be quite varied, and includes the craft shop on the east mall of the village; an abandoned cheese facttory at Hulbert where all the waste products are sorted and stored, as well as trucks which precede the regular garbage collection trucks on Tuesdays and Fridays, and collect almost all waste products, excluding kitchen waste. Bundled newspapers, cardboard, magazines, glass bottles, wax candles, discarded clothing, rags, are all acceptable. When sufficient tonnage has been collected, it is taken to Montreal for re-cycling. This operation has already proven to be very profitable and it was heartening to learn that the village has become involved in so many phases of reclaiming waste products.

Mrs. Bugden, in thanking the speaker, expressed the warm appreciation of the audience. The usual social hour concluded a very interesting and worthwhile evening.

Hospital Auxiliary Meeting

Mrs. F.M. Cass opened the monthly meeting of the Winchester District Memorial Hospital Auxiliary with a Happy Valentine's day greeting and read a poem in regards with the many items you can buy and those we can't buy such as enthusiasm, initiative, loyalty, devotion of hearts, mind and soul. You have to earn these things

Six units answered the roll call with a total of 25 members present.

The minutes of the last regular meeting were adopted as read. The Treasurer's report showed a balance of $8,656.28, a slight increase over last month. The Memorial Fund has a balance of $9,501.95.

Miss Legree's Statistical report was very interesting — admissions, 325; discharges, 299; occupancy percentage, 83.30; surgical operations, 134; Radiology, 951; laboratory tests 9157; physio therapy, 843; out-patients department treated 1192 patients.

Mr. Stel gave a report on Hospital Activities especially touching on the need for more nursing home beds in Dundas County. He ended his remarks with an invitation to attend the annual meeting of Hospital Board of Directors, Tuesday, April 2nd.

Under new business Mrs. Cass presented for discussion the formation of a Past President Advisory Committee. This business was left in the hands of the Nominating Committee to report at a later date.

The date for the Card and Dessert Party was set for March 13, 1:30 p.m. at the hospital

Some discussion re: the June garden party took place — final arrangements to be summarized at a later meeting.

The next meeting to be March 14th.

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TODAY'S HEALTH

I'm all Right, or am I

There was once a time when nobody talked about mental illness. Sure, there were whispered comments to the effect that Aunt Mary was a bit funny, so they come and took her to one of those special hospitals.

But, living in a more enlightened age, if also in one that imposes considerable mental and emotional stress on us and therefore increased chance of breakdown, we have learned to accept emotional or mental illness simply as a fact of life.

Statistically, one person in seven or eight will suffer some kind of psychological illness during his life, although much of it is treated in the doctor's office or in a general hospital.

The new openness about psychology is heartening, but we live in an age when people are possibly getting overly concerned about their identities and psyches. One question frequently asked of psychiatrists is: How do you tell the difference between 'normal' and 'abnormal' behavior?

A Toronto psychiatrist what sat rather appropriately, on the couch in my office the other evening offered an answer.

Part of the problem is that definitions of acceptable behavior are made by people in power, he said. As a result we're constantly trying to please someone else—to live up to standards imposed by others. The problem is there are no real warning signs for mental illness, as there are for many forms of physical disease.

Not only that, he went on, but some people's tolerance for mental discomfort is greater than others', and some people believe they don't deserve help. To compoung the problem, what is irrational behavior for one individual may be rational for another.

Suicide is a case in point. Generally, attempted suicide stems from mental disturbance. But for someone with a terminal disease, suicide may represent an intelligent option. History provides other examples. People like Joan of Arc might well have been referred for psychiatric help because of their 'irrational' views.

Very often, tolerance by society for certain forms of behavior is as important as the individual's of himself as OK or not OK deown assessment: a person's view pends on what he considers society will put up with.

Talking to oneself in the privacy of the home is something most people probably do at one time or another. (Remember the expression: talking to yourself is the first sign of madness?). But there's nobody there to pass judgement. We all want to strangle the driver who cuts in in front of us. Take either of those examples a stage further by talking to yourself in a crowded restaurant, or grabbing the offending driver by the scruff of the neck — and they become rather questionable behavior forms.

Some years ago, two Washington physicians developed a scoring system for traumatic life events. A death in the family, a divorce, loss of a job, taking on a mortgage, or whatever, all added up to a certain number of points above which the person concerned was considered to have a high risk.

But this doesn't allow for individuality. The problem is that each person's tolerance differs from everybody else's: one man could score phenomenally high, and cope; another might go to pieces on the basis of just one of the events occurring.

A recent U.S. study, reported in the London Sunday Times. shows that some common major fears are, surprisingly: speaking in public, heights, insects, financial problems and deep water.

When it really comes down to it, if you feel you're not OK, the decision can only rest with you about seeking help. One real bit of progress to be thankful for in the field of mental health is that today there's no stigma attached to visiting a psychiatrist.



If you think that heart disease and stroke hit only the other fellow's family.

NOW HEAR THIS

Last year on Shrove Tuesday, CBC drama producer Peter Donkin was in Port of Spain, Trinidad recording the sounds of Carnival for In A Fine Castle, a new play by one of the Caribbean's leading playwrights and poets, Derek Walcott. Steel band music and the rhythmic shuffle of many feet were woven into the radio production as performed by Walcott's Theatre Trinidad Workshop. A year later, this coming Shrove Tuesday, Feb. 26, CBC Tuesday Night will present In A Fine Castle, which centres on the infatuation of a black journalist for the white niece of a wealthy plantation owner. Their torrid love affair is set against the colorful pre-Lenten Carnival.

Another blockbuster production to listen for a CBC Tuesday Night is the highly successful production of Othello put on by Theatre New Brunswick in Frederiction last fall. Ted Follows directs the radio version as well as the original, and Ron Hartmann repeats his starring role as the mighty Moor. Follows' wife, Dawn Greenhalgh, plays the ill-fated Desdemona, and Gerard Parkes, the villian Iago. To date, Othello, taped last Christmas, has not yet been scheduled.

The young Polish conductor Kazmierz Kord leads the Toronto Symphony and pianist Vladimir Ashkenazy in a program of works by Beethoven and Dvorak on Symphony Hall Saturday, Feb. 23. Kord will conduct the TS during their forthcoming tour of Europe, portions of which will be broadcast late on CBC Radio.

Our Native Land, Saturday, Feb 23, visit the Metis community of Camperville, Man. and Concern, Wednesday, Feb. 27, deals with the interaction of the white and Indian population in the fields of religion and custom.

English pianist Kendall Taylor is heard on Part II of Themes and Variations, Thursday, Feb. 28 in a concert from Redpath Hall McGill University. He will play three Beethoven sonatas. Considered a Beethoven specialist, Taylor has played with leading British orchestras and has toured Europe, the East, Australia, New Zealand, Africa, Central America, the West Indies and Iceland.

The atomic bomb put Elliott Lake, Ontario, on the map in the 40's. In 1959 the bottom dropped out of the uranium market and it became a virtual ghost town. In 1965 it was revitalized through a government aid plan but there are still problems of loneliness and boredom for its residents as broadcaster Bill McNeil discovers on Between Ourselves, Friday, March 1.

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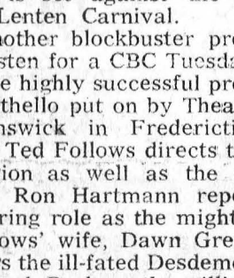

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Mutual Fire Aid Assoc. Held Regular Meeting

The regular by-monthly meeting of the Stormont, Dundas and Glengarry Mutual Fire Aid Association was held at Upper Canada Village on Monday, February 18th in which 78 members, representing 17 Fire Department responded to the regular roll call.

Mr. R.R. Inglis, welcomed the Firemen to Upper Canada Village on behalf of the St. Lawrence Parks Commission, and stated that the Commission were proud that the local department were members of such an organization with respect to the protection of Historic sites which may never be replaced if distroyed by fire. He wished the Association success in all their endeavours with regards to fire prevention throughout the United Counties. He was thanked for his kind remarks by the President, Chief John Miller of Avonmore.

Special Guests of the Association were introduced through local Fire Chiefs who were recognized as, Mr. Maurice Roussy of the Fire Marshals Office, Cornwall, Reeve George A. Crites, Township of Roxborough, Deputy Reeve Lorne A. Wheeler of St. Andrews West, Mr. Frank Roowey, Councilor for Iroquois.

The minutes of the last meeting held at South Mountain and executive meetings at Cornwall were read by the Secretary which were approved on a motion by Chief Charlabough of Alexandria and seconded by Bernard McIntre of Avonmore.

In the treasurer's report submitted by Richard McDermid of Newington, with no outstanding accounts, a bank balance of $433.38 was acknowledged by all present.

Several reports on Correspondence were read by the Secretary, G.B. Raistrick which were filed for further reference on a motion by Chief Merton Cassey of Maxville and seconded by Joe Theoret of Moose-Creek.

In Committee reports, Chief Merton Cassey of Maxville, Chair man of the Sports' Committee, ad vised that 11 departments had entered the annual Curling Bonspiel which will be held at Maxville on Saturday, February 23rd in which 16 teams will participate. A special trophy will be open for competition and awarded to the second place runner up team which will be sponsored by the Association. There will also be a dance on the same evening.

Chief G.B. Raistrick advised that through his committee f o r Welfare there had been no acknowledgments or reports submitted during the past two months.

Perry Tinkess of Avonmore, Chairman of the point Committee, advised the members that the outstanding departments in point wards were as follows, Alexandria St. Lawrence Parks, Maxville, Crysler and Newington.

Mr. Maurice Roussy of the Fire Marshal's office, wished to express the honor to the Newington Fire Department for winning the first place award on Fire prevention in Ontario with a population under 2500, Also to the Town of Long Sault who received honourable mention with a population under 2500. He also advised that the following departments were considering the purchase of new pumpers or equipment within the next few months, Charlottenburg Township, Chesterville, Winchester and Iroquois. Mr. Roussy was thanked by the President for his report on Fire prevention.

Chief John Miller and President of the Association gave his report on the Committee who met with our United County Council during the past month with regards to radio communication, and advised that we would have the assistance of the Motorola Corporation if required on any further discussion with the Council.

Under special announcements, the president John Miller advised that Chief L.A. Carriere of Cornwall would investigate further cost and design of new Association crests. That the following new Fire Chiefs had been appointed Chief Bernard Raymond of Apple Hill, Chief Charles Larocque of Williamstown and a new Fire Chief was being appointed for the Village of Williamsburg.

Under the order of new business, it was moved by Chief Cassey of Maxville and seconded by Chief Ernest Gillard of Ingleside. that the executive of this Association re-draft a new constitution to meet the present standards of the Association to be brought before the members for final approval.

Chief L.A. Carriere of Cornwall and County Co-ordinator, the Guest speaker, spoke on the Fire Chief's role at the scene of a fire and advised that a Chief does not take on any manual work, other than directing his officers or firemen at all times. That a Chief should know if he can out smart a fire and he is the person who directs all activities, yes! he will make mistakes too, and must use his best judgement to protect other exposures. People trapped and in danger are his first concern. Second—Is the fire confined or can it spread? Are your Firemen and officers reliable? Can we fight the fire from the street or would you have to attack the inside of these buildings? Chief Carriere explained the simple rule of eight which contained the following.

1. Call for help. Rescue and the saving of lives. Protecting exposures, attack, ventilation, no exposures how to safely vent a building.

Chief Carriere also explained salvage operations and good public relations at the scene of all fires.

Chief Clifford Rombough of Newington expressed a vote of appreciation to the guest speaker on behalf of the members of the Mutual Fire Aid Association.

Two special door prizes which were sponsored by the Upper Canada Village Fire Department were won by Niel Lafrance of Moose Creek and Albert Evans of Newington.

The next regular meeting will be held at the Canadian Legion Hall in Bouck's Hill, on April 15, sponsored by the Williamsburg Fire Department.

Lunch and refreshments were served by Mrs F.rancis Durant and Mrs. Gladys Duval which was sponsored by the St. Lawrence Parks Commission.

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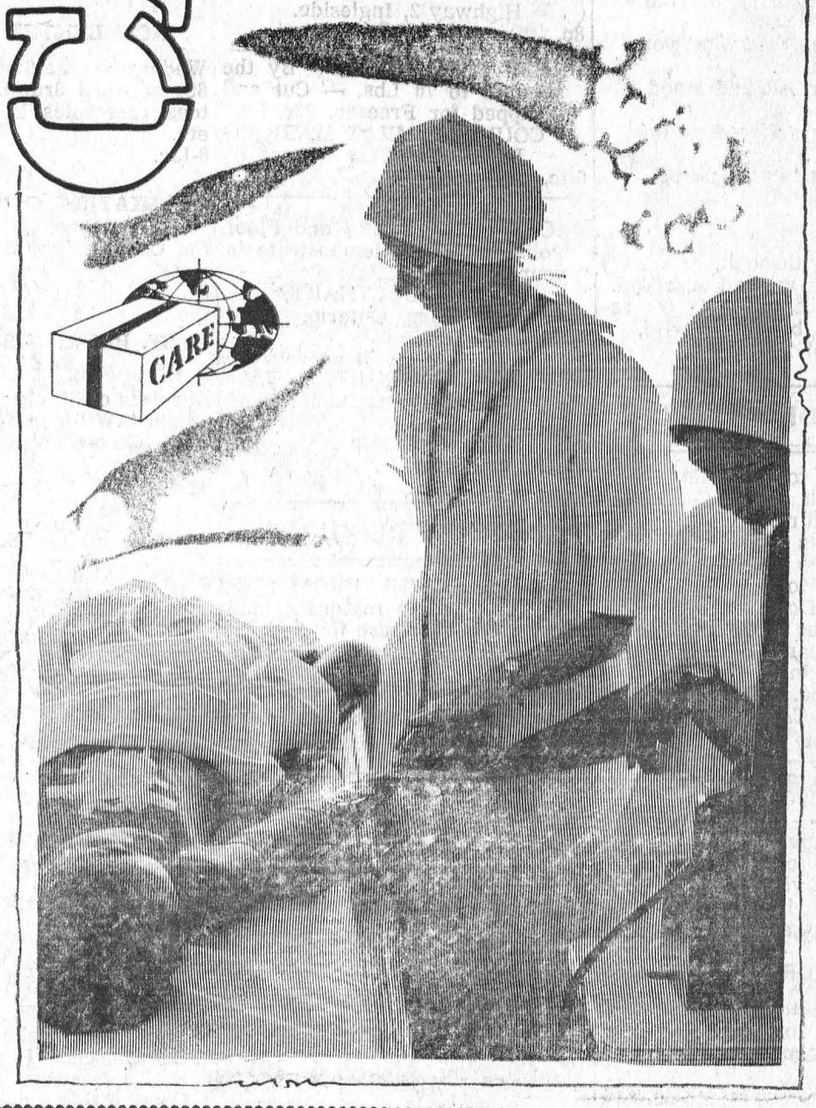

DENTAL TOPICS

Supplied by The Canadian Dental Association

TEETH SPACING CAN BE MINIMIZED

Many parents are concerned when the children's second teeth are widely spaced. In most cases, Mother Nature will solve the prob lem eventually.

But other factors can disrupt nature's plans. First, there is a so-called ligament joining the lip to the gum in the upper jaw, usually between the front teeth. Den tists call this a labial frenum. This ligament in young mouths is quite pronounced, but as the second teeth erupt, it usually gets pinched off and causes little or no problem.

However, there are cases where the ligament enlarges, causing spaced front teeth. In this case, the ligament should be cut away so that spacing is minibized or prevented.

Second, some children have bad habits such as thumbsucking, lipbiting and tongue thrusting. They may also have a combination of these habits, which give excellent odds that some abnormality will develop in the front teeth, usually spacing. The children should be encouraged to setop these habits, but dental appliances may have to be used to stop them. Aside from an emotional disturbance arising, the habits should be stopped as soon as possible.

Third, teeth themselves can be the cause of spacing. "Peg-shaped" teeth may grow where there is more jaw spae than teeth to fill. In some cases, teeth are normal but there's too muh jaw. A specialist k,nown as an orthodontist, can help correct the appearance.

Fourth, unerupted teeth can cause irregular erruption of the permanent teeth causing spacing. The extra teeth may have to b surgically removed to prevent further irregularity.

And fifth, if one parent has spaced teeth, chances are reasonably good that at least one offspring will inherit this trait.



TODAY'S CHILD

BY HELEN ALLEN

THE TORONTO SUN SYNDICATE

Charlie wants to be adopted. He wants to have a mother and father, maybe a big brother who plays hockey, and a home where he knows he belongs.

Anglo-Saxon in descent, Charlie, 11 years old, has beautiful dark eyes, brown hair and fair skin and is tall, well-built and healthy. There is a history of epilepsy in his family and as a small child he had some mild seizures. The last was in 1969. He requires no medication.

Charlie is talkative, active and outgoing. He makes friends easily and is popular with his classmates. Charlie is a cooperative youngster who likes to please. He enjoys crafts, is fond of music and likes books, though a slow reader.

In a special education class for below average children, Charlie tries hard and teachers report his progress is good though he sometimes has difficulties. He is expected to continue in special class and will go on to learn a trade.

Parents who enjoy family activites with their children are being sought for Charlie. He needs a home where he will receive stimulation without pressure, where the atmosphere is warm and consistent and where his happy disposition will be appreciated.

To inquire about adopting Charlie, please write to Today's Child, Ministry of Community and Social Services, Box 888, Station K, Toronto M4P 2H2. For general adoption information, please contact your local Children's Aid Society.



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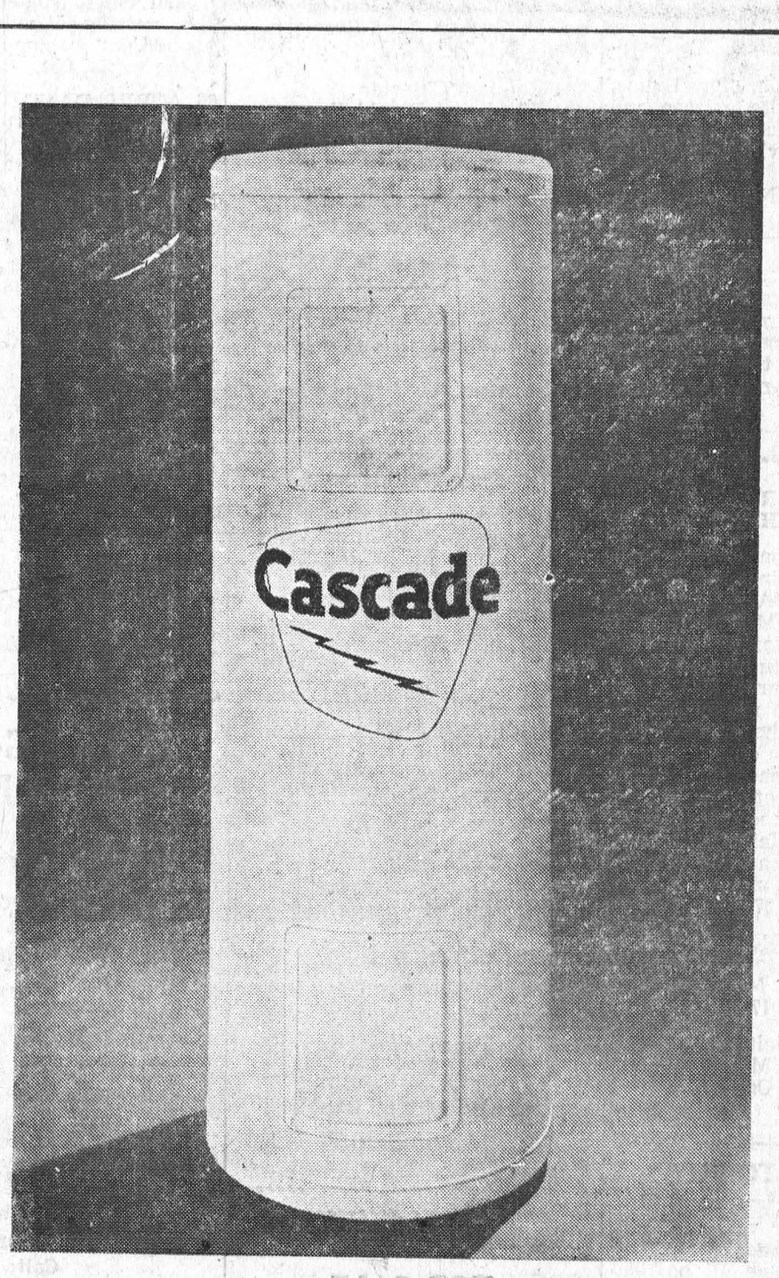

A word to the wise

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IN MEMORIAMS

RICHMIRE — In loving and cherished memory of a dear husband, father and grandfather who left us two years ago this month.

We lost our best, our dearest one,
Dear, when we lost you.
From hospital bed to Heavenly rest,
God took you home to be His guest.
You suffered too much, your pleasures few,
You never described what you went through.
You stood the test and stood it well,
Just what you suffered no one can tell.
We were there to see you die,
To hold your hands, kiss you good-bye.
But will always remember our whole life through,
The last words we had with you.

—Sadly missed and always remembered by loving wife, Mrs. Hazel Richmire.

8p.

CARDS OF THANKS

I would like to take this opportunity to thank all my friends, neighbours and relatives who sent me cards, gifts and also visited me while I was a patient in the Winchester Hospital. Special thanks to Dr. Domanko, Dr. Marston and nurses on the first floor for the good care they gave me. These acts of kindness will always be remembered.

LARRY CARKNER.

8p.

I would like to express my sincere thanks and appreciation to everyone who remembered me with get-well cards, letters, visits and treats while I was a patient in Ottawa Civic Hospital and since returning home. These acts of kindness will always be remembered.

MRS. CLIFFORD SHANNETTE

8p

I would like to take this opportunity to thank my many relatives friends and neighbours for their cards, letters, flowers, treats and visits, also the phone calls inquiring for me while I was a patient in Winchester Hospital. Special thanks to Rev. T. Boyd, Rev. G. Bruce, Rev. Tettrie, Dr. Houze, Dr. Haythornthwaite, nurses and staff on the surgical floor. These acts of kindness will long be remembered.

MRS. MADELINE CARKNER

8c.

The Morrisburg Chamber of Commerce wishes to thank the Morrisburg merchants who donated gifts for the recent Carnival Queen Contest sponsored by the Chamber. Without the many gifts the contest could not have been successful.

8c.

NOTICE TO CREDITORS AND OTHERS

TAKE NOTICE that all persons having claims against the Estate of EVA MAUDE BARKLEY, late of the Village of Morrisburg, in the County of Dundas, Widow, Deceased, who died on or about the 22nd day of January, 1973, are hereby notified to file proof of their claims with the undersigned on or before the 1th day of March 1974, after which date the undersigned will distribute the Estate of the said deceased with reference only to the claims of which he will then have had notice.

DATED at Morrisburg, this 14th day of February, 1974.

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UNITED COUNTIES OF STORMONT, DUNDAS AND GLENGARRY

TENDER FOR MATERIALS AND SERVICES — 1974

Sealed tenders, plainly marked as to contents, will be received by the undersigned until 12:00 o'clock noon, on

Wednesday, March 6, 1974

for the season's supply of the following materials and services for the County Road System:

TENDERS:

(1) Calcium Chloride
(2) Weed and Brushkiller
(3) Tires and Tubes
(4) Metal Culverts
(5) Wire Farm Fence, Gates, Steel Fence Posts, Brace Wire and Staples
(6) Pavement Marking
(7) Lubricating Oils and Greases
(8) Asphalt Emulsions and Cutbacks, and Primer.

FIRM PRICE QUOTATIONS:

(1) Stone Chips
(2) Crushed Stone and Gravel
(3) Asphalt Patching Material
(4) Ready-Mix Concrete
(5) Cedar Fence Posts
(6) Grader and Snowplow Blades
(7) Metal Road Signs and Sign Posts
(8) Rental of Roadbuilding Equipment.

Information to bidders, specifications and tender forms may be obtained at the office of the undersigned. Lowest, or any tender not necessarily accepted.

D. J. McDonald, P. Eng.
Counties' Engineer,
P.O. Box 205,
CORNWALL, ONTARIO

7-8c.

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COMING EVENTS

LIONS BINGO

Morrisburg Lions Monthly Bingo! Jackpot $150.00 Tuesday, March 5th at 8:00 p.m. in the Morrisburg Civic Centre. 15 regular games, 5 Share the Wealth. Admission $1.00.

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ACW LENTEN SUPPERS

Wednesdays at 6:00 p.m. March 6th at April 3rd. Scalloped potatoes, casseroles, beans, pies, cake etc.

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There is no public skating at the Community Centre this week end.

8c.

ST. PATRICK'S TEA AND BAZAAR

Auspices of St. Mary's and St. Cecilia's C.W.L., in the Morrisburg Civic Centre, Wednesday, March 13th.

5tfc.

BOY SCOUTS PAPER DRIVE

Morrisburg Boy Scouts will be holding a paper drive on Saturday, April 6th. Citizens are asked to save paper, magazines, books and cardboard. If these are tied in bundles, they are easier to handle.

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2-8p

Stormont-Dundas Women's Progressive Conservative Assn. ANNUAL BANQUET

The Annual Banquet of the Stormont-Dundas Women's Progressive Conservative Association will be held in the New Parkway Hotel, Cornwall, on Friday evening, March 15th beginning at 6:30 o'clock. Guest speaker, Peter Reilly, M.P., Ottawa West. Limited number of tickets at $4.00 per person available in area through Gorrell & Grenkie, Morrisburg, telephone 543-2922.

8c.

EUCHRE & BRIDGE

Wednesday, February 27th, 8:00 p.m. in the Masonic Hall. Prizes & refreshments. Auspices of the Eastern Star. Everyone welcome.

8c.

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The Hydro-Electric Power Commission of Ontario

PROPERTIES FOR SALE VILLAGE OF LONG SAULT

Ontario Hydro is offering for sale the following residential building lots, located in the Long Sault Townsite. Lots 72, 73 and 74, Registered Plan 228 each having 60 foot frontage on St. Laurent Avenue and Lots 323, 340, 344 and 345, Registered Plan 228 each having a 60 foot frontage on Frost Avenue.

Further information may be obtained by writing to Ontario Hydro, 620 University Avenue, Toronto M5G 1X6, Property Division, attention of Mr. L. K. Laughlen, Administrator, telephone 368-6767, or to Mr. J. W. Cartwright, Property Officer, 420 Dundas Street East Belleville, Ontario telephone 968-6721.

Offers to purchase must be submitted in a sealed envelope addressed as follows:

W. E. Raney, Q.C.,
Secretary,
The Hydro-Electric Power Commission of Ontario,
620 University Avenue,
TORONTO, Ontario
M5G 1X6

and marked:

Tender for Village of Long Sault Property

and must be received by the Secretary no later than 4:00 p.m. Eastern Standard Time on March 5, 1974.

Offers to purchase one or more lots will be considered, however, all tenders must be submitted on an individual lot basis and be accompanied by a certified cheque payable to Ontario Hydro for at least 3% of the amount of the offer. Cheques will be returned to the unsuccessful bidders.

Offers submitted must allow until April 8, 1974 for acceptance or rejection and must not be withdrawn until after that date. Offers must allow until June 21, 1974 for closing of the sale.

The highest or any offer not necessarily accetedp.

W. E. RANEY, Q.C.,
Secretary.

7-8c.

ART SANGER UPHOLSTERY SHOP

Corner of Duncan and Hwy. #2

MARIATOWN
TELEPHONE 543-3266

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Furniture Refinishing
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PHONE 652-4602 IROQUOIS

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SUMMERS Hearing Aid Centre
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BILL GARDNER,
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6-8c.

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NOTICE

I WILL not be responsible for any debts contracted in my name after this date, FEBRUARY 2, 1974, unless authorized by a written statement signed by me, Raymond G. Carey, 100 Charles Street, Kingston, Ontario.

6-8p.

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BREAKFAST BACON
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WELL AGED STEER BEEF
Cut and Wrapped for Freezer

Sides 95c
Hinds 1.13
Fronts 89c

Effective to Sat. Nite, Feb. 23

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Open Hours:
Thurs., Fri., — 1:00 to 6:00 p.m.
Sat. — 8:00 a.m. to 6:00 p.m.
Until Further Notice

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