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PRESS

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House eaters

The annual Gingerbread Workshop, presented by the Friends of the South Mountain Library, was a sold-out event at the Mountain Township Agricultural Hall on Sun., Nov. 30. Plans for the new South Mountain Library were also on display during the event, and Friends member Liz Earl explained that the building is expected to be open this time next year.

Eleven-year-old Walter Klein Boonschate (left) and his nine-year-old sister Lynette teamed up to decorate their creation.

For more photos from the Gingerbread Workshop, be sure to check out the Winchester Press *Christmas Greetings special section, set to hit newsstands on Wed., Dec. 17.*

Photo — Barbour

CEO untangles hospital staff concerns

by Meghan Duncan
Press staff

WINCHESTER — The good news that Winchester is receiving a new $60-million state-of-the-art health-care facility is overshadowing some of what's going on behind the scenes, according to Winchester District Memorial Hospital staff.

Hospital CEO Trudy Reid countered an accusation that the hospital's Intensive Care Unit is being downgraded to the "enhanced" level of care, saying that the care the hospital will offer is the same as it has always been.

"The unit in the new hospital will be designated as an enhanced [care] unit in accordance with the services that have always been offered and will continue to be offered," she said. "Historically, the current unit has been named 'intensive care,' but the scope of services fits more appropriately with what we call 'enhanced'."

Reid explained that if patients require 24-hour monitoring, including cardiac monitoring, they will be placed in the enhanced care unit.

"This is and will be a unit that responds to patients with heart attacks or a more complicated surgery case," Reid said. "The hospital has not provided critical care services such as respiratory ventilation or central lines, which are basic components of an intensive care unit."

Reid said that when a patient requires more intensive services, they are transferred to a hospital that can provide that kind of support.

"In our case, this is usually the Ottawa Hospital," she said. "You will find that most hospitals our size have the same setup."

The *Press* has called it an "Intensive Care Unit" in stories, as this is what the "enhanced" unit was labelled during a recent tour.

• continued on page 2

Three days until Parade of Lights

WINCHESTER — There could be over 40 floats lining up for the 12th annual North Dundas Country Christmas Parade of Lights.

As of Tuesday (Dec. 2) morning, 32 entries had been confirmed by parade registrar Sandra Cheney and her team.

"I expect we could have at least 40 floats registered before Saturday," Cheney said. "Last year there were 47, which was just about right."

The glittering procession will leave the Township of North Dundas office on Sat., Dec. 6 at 6 pm. The weather conditions should be just about parade perfect as the five-day forecast predicts partly cloudy conditions with a high of 3 C.

Cadets, parade marshal Guy Lauzon, the OPP and Fawcett's famous organ in a bubble will head up the parade, which will also feature two bands.

New to the day's events is an ice carving demonstration, which will get underway at the corner of Main and St. Lawrence Streets at 10 am.

Parade day highlights can be found on page 21 of this issue of the *Press*.


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Province supports high-speed internet

WILLIAMSBURG — South Dundas is among 15 municipalities moving forward with plans to build local broadband infrastructure, thanks to a partnership with the provincial government.

The Rural Connections Broadband Program provides funding to help rural municipalities build high-speed Internet projects. The program's goal is to bring broadband access to rural and remote areas currently under-serviced in southern Ontario. South Glengarry and South Stormont are also receiving funding.

"This announcement will give our businesses, students and teachers, healthcare professionals and citizens the high-tech tools they need to succeed and do business," said Jim Brownell, MPP for Stormont-Dundas-South Glengarry. "I am delighted that [these local townships] brought forward successful proposals, which show their commitment to community broadband expansion and to providing their citizens with the best technology possible."

The province will provide funding for one-third of the approved eligible costs for each local project. The South Glengarry project is eligible for $299,798 while the South Stormont and South Dundas project is eligible for $77,677.

Broadband combines telecommunications infrastructure and service to deliver more Internet information at speeds far greater than dial-up service.

"This connectivity project announcement is good news. It is important infrastructure that will assist the residents and businesses of South Stormont and South Dundas within Ault Island and the area north of the island," said South Stormont Mayor Bryan McGillis.



Dousing the flames

North Dundas firefighters (above) were on the scene of a Maple Street, South Mountain house fire on Fri., Nov. 28 around 4 pm. No one was injured in the fire, located within the village north of the Scotiabank branch. Officials say the blaze is not considered suspicious.

Press Photo — Smith-Millar

POLICE BLOTTER

Tilling disc taken

WINCHESTER — Sometime between Nov. 24 and 27, unknown suspects attended a farm on County Road 31 and removed an Ezee model 1225 tilling disc. Const. J. Moores is investigating.

Witnesses detain drunk

WINCHESTER — A 55-year-old male drove his vehicle into the ditch on County Road 3 (Ottawa Street) and was prevented from leaving by witnesses until the police arrived on the scene at about 6:15 pm on Nov. 28. He was arrested and charged with impaired operation of a motor vehicle and is scheduled to appear in Morrisburg court on Feb. 3. Const. K. Franklin is investigating.

Structure fire

BRINSTON — Police and members of the North Dundas Fire Department responded to a report of a structure fire on Kirker Road in South Dundas on Nov. 30 at about 7:11 pm. The fire has been deemed not suspicious at this time, and no one was injured. Const. J. Bray is investigating.

Paramedics ratify new agreement

CORNWALL — Paramedics serving Cornwall and the United Counties of SD&G voted on Nov. 27 to ratify an agreement reached between their union, the Canadian Union of Public Employees (CUPE), and the City of Cornwall.

The paramedics, members of CUPE 3251-Para, stated they hope this new deal will help stem the "brain drain."

Eight experienced paramedics from Cornwall and SD&G have left to work elsewhere for higher wages and better working conditions since March 2007. CUPE said wage parity with their eastern Ontario counterparts was a top concern in this round of negotiations.

City Council is expected to ratify the deal on Dec. 8.

• continued from the front page

The *Press* was informed of a staff meeting that doctors are scheduling with board members to discuss some concerns staff members have voiced.

Staff members told the *Press* that several nurses have resigned lately and that the "staffing ratio is very unsafe."

"We feel that if things continue the way they are quickly deteriorating, we will not have the proper staff to appropriately and safely staff the hospital to care for our patients," a concerned staff member who wished to remain anonymous told the *Press*. "As is, we have many vacant positions, which puts strain on the existing staff. I can not stress the importance of this situation and the impact it is going to have on our hospital. Staff morale is very low."

Reid said that staffing is not an issue.

"WDMH, like all hospitals in the province, tracks turnover rates as an indicator of organizational health," she explained. "For the first eight months of this year (2008-09), we have reported a staff turnover of 2.3 per cent. Last year it was eight per cent and the year before it was six per cent. The overall turnover rate in provincial hospitals is 7.9 per cent."

Reid said that the hospital's current plan is to post and fill new positions required for the new facility.

"We have already hired for those positions that have been approved," she said. "We have one temporary position that is currently vacant."

The *Press*'s source said some staff members feel differently.

"All we're trying to do is maintain good patient care, care that Winchester is already known for," said the source. "What are they going to do about the nursing shortage? We're being told very limited information ... and told if we don't comply we'll be put on probation."

Reid said the hospital is generating interest from professionals who want to discuss opportunities.

"Winchester District Memorial Hospital has now hit the radar screen throughout the health care industry," Reid said. "That is not to say that we will not miss the people who have moved to other organizations. One person leaving a rural hospital has an effect on the entire organization because the relationships are so close."

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A group of local residents meet regularly to make crafts and quilts to fundraise for the J.W. MacIntosh Seniors' Support Centre in Williamsburg. Money generated from their work has helped fund the respite apartment at Park Drive Villa. Group members include Irene Carr (front, left), Betty Locke, Betty Dillabough, Sheila Crowder (back, left), Heather McIntosh, Helen Casselman, Patricia Casselman, and Evelyn Coleman. *Press Photo — Smith-Millar*

Respite apartments offer caregivers low-cost relief

by Amanda Smith-Millar
Press staff

WILLIAMSBURG — Thanks to funding from the Aging at Home Strategy, renting the respite apartment at Park Drive Villa is now more affordable.

The apartment is a place for adults to stay in the short-term while their caregivers take a brief break from their responsibilities — to go on vacation, for example, or take the weekend off.

The two-bedroom apartment has a kitchen, living room, and wheelchair-accessible bathroom. The client pays $20 per day to cover the cost of the room and meal service. The respite services include assistance with personal care, pre-measured medications, laundry, shopping, and 24-hour emergency response. Each client will have their own bedroom and be provided with meals during their stay.

It's not only seniors who can rent the apartment. In fact, any adult living in the Champlain Local Health Integration Network who is healing from an illness after a hospital stay can stay there too, providing they meet the eligibility criteria.

Joyce Alguire, a supportive housing respite supervisor for the Williamsburg Non-Profit Housing Corporation, noted that all clients renting the facility must be able to direct their own care. Alguire is in charge of assessing each client applying to stay in the apartment to make sure the support centre can meet their needs.

Alguire added that some clients only bring clothes and other necessities during their stay. Others bring more items — such as framed pictures — to make the apartment feel more like home.

"Sometimes they come with what they need, sometimes they bring in a little bit more," Alguire said.

So why have a respite apartment? Janet Levere, executive director of the Williamsburg Non-Profit Housing Corporation, said a short-term stay at the apartment is ideal for local adults who are still relatively independent but need assistance.

"Our job is to keep people in the community as long as possible," said Levere, adding that it's important for caregivers to take a long weekend off if they need it. The break can leave the caregiver energized and recharged, she said.

Levere noted that while the respite apartment was available before, it now costs significantly less money due to funding through the Aging at Home Strategy. The respite apartment may be used by caregivers too, as a place for rest and relaxation.

The respite apartment is already furnished and even has a television. Levere said a group of residents who live at Park Drive Villa are responsible for making quilts and crafts, which they sell to raise money and make the apartment nice and cosy, complete with special extras like the television.

For more information about the respite apartment, call the J.W. MacIntosh Seniors' Support Centre at 613-535-2924.

Proposed water, sewer rate plan for Morrisburg promotes conservation

by Amanda Smith-Millar
Press staff

MORRISBURG — South Dundas' proposed water and sewer rate plan is designed with conservation in mind, according to South Dundas CAO Stephen McDonald.

That was the key message he delivered during a presentation and public consultation session at the Morrisburg Royal Canadian Legion on Tues., Nov. 25. Despite the dreary weather, about 25 people including council members, staff, and the media turned up.

McDonald explained how next year's water and sewer rates would be calculated, based on a new model. The information night was the first of a two-part public consultation session; the second was held at the Iroquois Civic Centre on the following evening, Wed., Nov. 26.

The proposed plan will consist of a fixed rate and a metred rate. In both Morrisburg and Iroquois, households and businesses would pay a fixed rate of $19.54 per month, or $234.48 per year. Each household would also pay a comsumption-based rate of 62 cents for every cubic meter of water used.

The charge for sewer usage will be 100 per cent of the water bill. In addition, a 50 cent capital levy would be charged for every square cubic metre used.

So if a household uses 20 cubic metres of water per month, their annual bill would be $886.56. Of course, their bill could increase or decrease significantly, based on how much water each household uses.

"People will start thinking a little bit more about leaving the tap running while they brush their teeth," said McDonald.

The two public consultation sessions were mandatory under law. If South Dundas council accepts the proposed plan at a council meeting this month, then the new rates could be implemented by Jan. 1, 2009.

Shannon Geraghty, treasurer for South Dundas Township, said he's pleased both Morrisburg and Iroquois will be paying the same rate because the cost will remain constant for every cubic metre used by residential, commercial, or industrial buildings alike. Previously, Morrisburg and Iroquois were administered a controversial "special area rate," which the new plan proposes to scrap. Plus, everyone would pay the same fixed rate, regardless of whether their house is worth $100,000 or $300,000 as previously calculated in the special area rate on the tax bills.

"Now everybody will be the same across the board," said Geraghty. "Everybody [will have] the same fixed rates."

He added that South Dundas is actually projecting a 10 per cent reduction in water use by next year — simply because people will probably keep closer tabs on their water consumption.

"If everyone was paying a flat rate, you might have certain people who might run their sprinklers outside for three or four hours," said Geraghty.

He also noted that the new water plant in Morrisburg is only operating at 35 per cent capacity, which allows for future growth in the region.

"So if a big business came in here, we do have some room," said Geraghty.

In addition, South Dundas could also pipe the water beyond the village limits to neighbouring businesses or municipalities and increase its capacity.

To download the PowerPoint presentation shown at both the Iroquois and Morrisburg meetings, check out the municipality's website at www.southdundas.com.

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Donations may be dropped off at the Dundas County FoodBank at 497 May Street. FoodBank volunteers along the parade route will also be collecting any cash donations you can spare.
Thank you for helping those in need.

FoodBank Friends Ornaments are available at Winchester Home Hardware for $2.00 each. $1.50 from each purchase goes to the Dundas County FoodBank.

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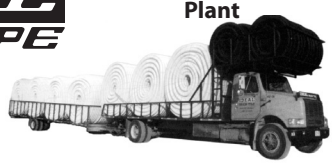

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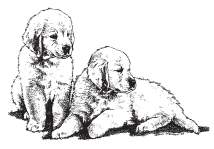

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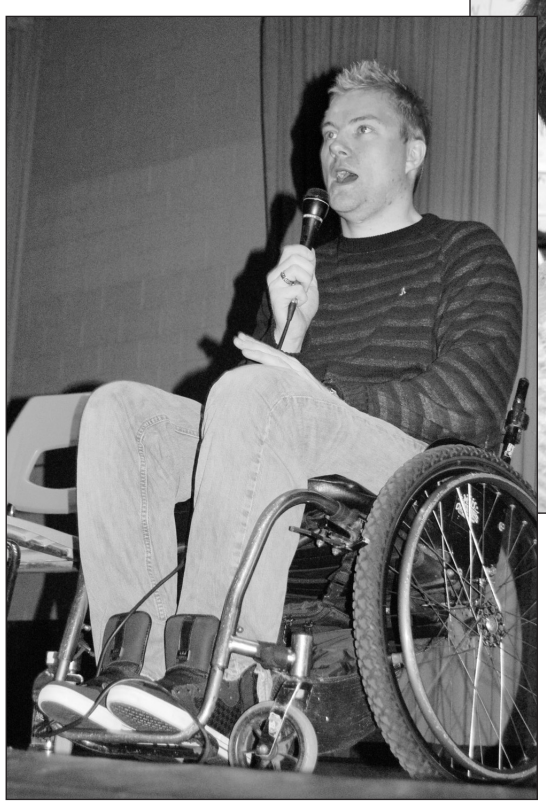
Drinking and driving kills, youth warns students

OSAID week kicks off with tragic story of fatal accident

by Amanda Smith-Millar
Press staff





At left:
Drama teacher Kathi Wilson applied white face makeup to student Tyler McMillan.

Far left:
Kevin Brooks killed his friend, Brendan, in an impaired driving accident in June 2000. Brooks himself is paralyzed and can no longer walk. Today, the British Columbia resident speaks at events and conferences across Canada, urging young people to look out for their friends and not drive while under the influence.

Press Photos – Smith-Millar

MAPLE RIDGE — When Kevin Brooks makes a presentation, he arranges for a chair to be placed onstage alongside his own wheelchair. It's to represent his friend, Brendan, who died in the passenger seat of Brooks' car in June 2000. The pair was intoxicated and travelling from one party to another. Brooks — who said he was both speeding and drunk — rolled the car.

Brooks survived, but he was severely injured. He had a collapsed lung, broken collarbones, fractured and dislocated shoulders, serious cuts and bruises, and was paralyzed from the upper chest down.

What followed was a long road to recovery, both physically and emotionally, Brooks told students during a presentation at North Dundas District High School on Nov. 24. The drugs keeping him alive in the hospital caused him to hallucinate, suffer from paranoid delusions, and think the doctors were trying to kill him. As a result, Brooks had to be strapped to his bed.

Brooks survived by breathing and eating through tubes.

Later, he had to learn how to breathe and talk again.

"I'm lucky to be alive," Brooks told his audience.

Brooks served as the guest speaker to kick off the Ontario Students Against Impaired Driving (OSAID) Week, running Nov. 24 to 27. He has repeated his story at more than 500 Canadian schools. His hope is that his own story will sink in so that other young people will make better choices than he did.

Brooks pointed out that he can no longer do all his favourite activities, including snowboarding, skateboarding, and hockey. He reflected on the days before the "worst night of his life" — how he scooped up his little sister, Hayley, for the last time after her dance recital; how he watched his older sister, Allison, accept her high school diploma shortly before the accident.

"All it really takes is just one bad choice," reflected Brooks.

Brooks said the evening of the accident was "full of warnings." He said his friends warned him not to drink and drive, and his parents even phoned to offer him a ride home, which he declined.

"Life is full of warnings. I don't know — maybe I'm a warning," he told students.

Brooks added that he and his friends drove drunk multiple times before, but were never hurt.

"Lots of times, I got home — somehow — in one piece," he said. Brooks said he now realizes that all those safe arrivals were due to luck, not skill, as he had previously assumed.

"It's not the kind of luck you want to mess around with," he said.

Brooks said he remembers when he regained conciousness, and learned Brendan didn't survive.

"There's nothing, nothing in [your life] that can prepare you for those words," said Brooks. "This is why I tell this story, even though it's painful."



Kevin Brooks' 1991 Chevy Z-24 was completely destroyed when he rolled his car in June 2000. *Photo courtesy of www.kevinbrooks.ca*

Brooks' speech was only one event in a jam-packed OSAID Week at NDDHS. Also on Nov. 24, about 45 students in white makeup and black clothing walked the halls, representing students who died as a result of an accident related to impaired driving. A community service officer escorted several of the white-faced "victims" to their first-period classes, and read a hypothetical statement about how they died.

Over the following days, OSAID members ran some light-hearted events and fundraisers. They sold lollipops on Tuesday, and on Wednesday they served "mocktails" — strawberry daiquiries, margaritas, and shirley temple cocktails without the alcohol content. The four-day week closed with "BYOB" — Bring Your Own Banana. OSAID provided the sundaes; students provided the fruit content.

Ontario Students Against Impaired Driving is a provincial organization dedicated to promoting safe and sober driving amongst school-aged students. For more information, check out www.osaid.org.

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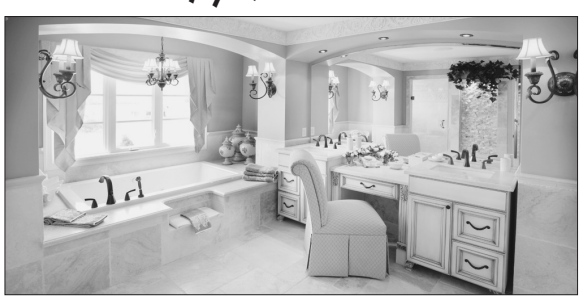

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Parade to light up community spirit?

In Winchester, with its proud population of about 3,500, you can't get very far into a conversation without someone mentioning "community."

It might be when a parent volunteer talks about recruiting others to get involved in the local public school's activities.

It might be when a scout leader beams with pride when the youth take part in a Remembrance Day service.

Or maybe it's when a local business person donates money to a minor hockey team so the players can show off their skills in a regional tournament.

The annual North Dundas Country Christmas Parade of Lights is no exception to the community rule — the 12th annual twinkling spectacle will bring everyone together, as it does every year, to celebrate the season.

This year's event is shaping up to be one of the best yet — with a vendor fair throughout the day, ice-sculpting demonstrations, and activities for young and old, it's no wonder Santa keeps coming back to be the guest of honour.

The parade committee has been meeting diligently on a weekly basis for the last few months, making sure all of the logistics are worked out for parade night. New ideas are being combined with old traditions in hopes that visitors to North Dundas will see all of what our communities have to offer.

Some floats are built in a day, while others are started weeks before the parade. Family or club members get together and usually, with a limited budget, have to stretch their creativity.

There aren't expensive floats and the parade is not televised. But it's your friends, neighbours, and community members you'll see waving from their creations; it's local people who will benefit from your donation to Dundas County Food Bank canvassers along the parade route; and it's local police officers who are making sure that everyone enjoying the parade stays safe.

If you're not in the Christmas spirit yet, come out to the Parade of Lights and hopefully your soul will be lit up along with the thousands of twinkle lights. Warm up with some hot chocolate and do your Christmas shopping at local stores (they'll be open until 9 pm following the parade).

Since its inception, the Parade of Lights has been a showcase for community pride. That's what the Country Christmas Parade of Lights is about, and that's all that should matter.

M.D.



Hats off to you

Two North Dundas District High School teams — the Mad Hatters (above) and the Gods of Improv — turned in solid performances at the second round of the SD&G Improvization League on Wed., Nov. 26. The Mad Hatters won their round, while the Gods finished third. Pictured are Elliot Delage (front), Zach Dawson (middle, left), Jalen Sharpe, Marleigh Pemberton, Sarah-Joe Saunders (back, left), Ian Hutton, and Veronica Minkhorst. The competitors are leaving for the third round Thurs., Dec. 4., to be held at Cornwall Collegiate Vocational School in Cornwall. *Press Photo — Smith-Millar*

Local student reports on exchange to Denmark

This year, Grade 11 North Dundas District High School student Sheehan Jordan is participating in an exchange program, and will be spending a year in Skaerbaek, Denmark through the STS Education Foundation. The following is the first in a series of columns about his adventures in Europe.



Holy hotdog!

Sheehan Jordan is adjusting to the European lifestyle — and food — while he's on exchange.

SKAERBAEK, DENMARK — On Oct. 14, 1947, after a long struggle that plagued man for years, Capt. Charles "Chuck" Yeager, a member of the U.S. air force, became the first man to break the sound barrier with the help of a rocket-powered jet. However, to this day, a much stronger, equally intangible barrier still exists all over the world. It's the language barrier, and it has caused human beings many problems since the beginning of time.

All the way back in the 15th century when European countries were sending over their crews to India, and those crews actually discovered a new land now known as North America, the language barrier caused problems. Had the native people known how to communicate better with the newcomers, they could have possibly held onto their land instead of being forced into submission. Even today, language barriers continue to cause problems, inhibiting communication and understanding.

At the moment, I myself am experiencing this brick wall, both in terms of language and culture. Denmark is quite different from Canada — a totally different country, culture, and most importantly language. Being in school with students my age who speak mediocre English but perfect Danish has caused me to sometimes become an outsider at school or events outside of school.

When my teachers (aside from French or English class of course) start to talk to the class about our lessons, I sit helplessly with no hope of understanding what we are supposed to do. I'm trying to learn Danish, but it's a struggle. Often I can ask the person to my left or right what the teacher has said, but that isn't always possible. My fellow students rarely speak English outside school and therefore are not able to translate many of the more complicated lessons in class.

I'm enjoying life most of the time. The kids are very welcoming for the most part and are trying their best to help me out. However, sometimes being the Canadian in Denmark can get you feeling very down and often wishing you could go home.

In the end, the language barrier is a formidable obstacle, but it can be broken with time and hard work.

It isn't easy, but then again life isn't too easy, especially when starting fresh in a new country. As Winston Churchill once said, "success is the ability to go from one failure to another with no loss of enthusiasm."

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Reader stands her ground, counters rebuttal letter

The editor:

I am sorry that Mr. Shortt misunderstood and took offence to the content of my previous letters to the editor in the *Winchester Press* and *Chesterville Record*.

My previous letter merely addressed Eric Duncan and North Dundas council's spending priorities and was never intended to reflect on his hand-picked committee. I applaud anyone who wants to improve the appearance of North Dundas. However, this select committee should not go into the beautification of the downtown Winchester core without the information that I researched when I wrote my letter.

Mr. Shortt's letter appeared with a very different pricing on interlocking versus concrete. I would like to clarify my figures. The pricing of the interlocking brick (installed at $250 per square metre) came from the contractor who was installing them in front of the new home of Winchester Tours. The price of poured concrete at $166 per square metre came directly from Lafarge Concrete in Cornwall. I would also like to note that there would be very little re-use of the existing interlocking brick due to its deterioration.

As stated in Mr. Shortt's letter, the interlocking brick has had no maintenance in 20 years. The township should research replacing the interlock with something safer and most cost efficient and should not have spent $8,000 on new interlock in a half-block section west of Gladstone on Main Street.

Also as an example, the landscape architect's design of the parking lot up at the Winchester Arena was probably costly to plan and to implement and seems to have totally forgotten to consider the need for snowplowing and snow removal. I just think that we may want to look a little more realistically at any plan first.

I am not praising SD&G's Economic Development office in Cornwall, I was merely wondering why we, as a community, should not utilize a service that is already in place for us rather than duplicating the service and, thus, increasing the cost to us.

Since Mr. Shortt seems to have taken a personal swipe at me for my "rant", I would like to draw his attention to some of the past history of the North Dundas Chamber of Commerce, which was documented in previous issues of the *Winchester Press*:

• On June 14, 2004, there was a meeting of the newly formed Business Association for Winchester. The business people were led to believe that we did not have to be a member of the North Dundas Chamber of Commerce to belong. Yet, a member of the executive informed us that we could not vote on any issue unless we were a chamber member.

• On July 12, 2004, a delegation from the North Dundas Chamber of Commerce went to a council meeting to ask council to stop Tim Horton's from coming to Winchester. Prior to this meeting, a representative of the chamber came to my place of business to see if I would sign a petition to that affect.

So, Mr. Shortt, when you speak about volunteers working tirelessly for the benefit of the community, I don't suppose you are, or were, referring to the volunteers whose efforts were dashed by three councillors who voted down the proposed walking and cycling path, were you?

In closing, Mr. Shortt, I must tell you that if this is the way that you, and the North Dundas Chamber, feel that business in our township should be done, I think you are way off-base. And I have decided that instead of me "ranting" about the poor condition of our sidewalks, I will suggest to the residents, who may as well get some use out of their tax dollars, that they complain directly to you or Eric Duncan at the township office.

Sharron Dorey
Winchester

Editor's note:

Ms. Dorey's figures as to the cost of installing interlock and concrete differ from the cost the Township of North Dundas public works department was able to obtain. While her research is valid, it cannot be compared to the actual costs the township is paying.

"Gypsy Lane or nothing" smacks of tunnel vision

The editor:

Firstly, nobody is against a trail in this community. Only the wrong location (Gypsy Lane), sensible affordability, and safety issues are in dispute.

A fantastic alternative trail plan (POPP) was presented to the trail committee and they refused to consider it. The mayor lauded the committee for all the volunteer hours they put into the project. Teachers were in the majority on this committee, and nothing is wrong with their enthusiasm for a trail, but they failed to consider alternative sites.

Equal volunteer hours were put into research on the OPP alternative trail plan, credited mostly to Shelley Helmer, and this has been ignored.

The "Gypsy Lane or nothing" attitude smacks of tunnel vision.

Secondly, what happened to democracy in our township? Since when is a councillor not allowed to explain his valid reasons and the facts, on which he is basing his vote on an issue? For the mayor to go ballistic because things weren't going the way he wanted is shocking.

Al Armstrong isn't afraid to stand up for what he believes is right or practical, and for what his consistuents are expecting of him. Good for you, Al.

It is disappointing to learn that some councillors have been subjected to hate mail and vicious phone calls concerning this issue.

The vote against a Gypsy Lane trail should be considered final and conclusive. However, the mayor claims, "it isn't over yet."

In true democracy, is it not true that a mayor only has "vote power" in a tie vote?

Some time ago, when the Official Plan was presented to council for final approval, some councillors had serious concerns on certain issues and voted against the plan. Apparently, the mayor signed off on the Official Plan anyway. Is this democratic?

It is interesting to note that recently the council in South Stormont had the intestinal fortitude to pass a resolution forbidding any trails through farmland in that township.

We are quickly sliding into a serious downturn in the economy. Can taxpayers afford to develop and maintain a Gypsy Lane trail? Remember the Old Town Hall issue? It was purchased with a heritage grant on the understanding that other grants and private monies or usage fees would take care of maintenance. That concept flew out the window when the township spent about [$170,000 on the exterior of the building in 2007]. Nothing is for free anymore.

It appears that we now have a situation whereby "townies" — school teachers and the mayor — are pitted against farmers and councillors.

Good leaders bring people together, they don't drive them apart.

We now have a divided community, and this is a crying shame.

Dan and Dianne Harkin
Winchester

Reader thanks candidate for South Mountain flag

The editor:

This is a letter to all constituents of Stormont, Dundas, and Glengarry, but specifically to everyone who lives in North Dundas. I would like to take this opportunity to inform people that your Liberal candidate, Denis Sabourin, continues to contribute to this community regardless of his recent defeat in the federal election.

As a volunteer member of the Liberal Party with this past campaign, I brought forward to Denis a concern that Canada's "first metric-built post office" did not have a functioning flag pole for the past two years.

The incumbent, Guy Lauzon, stated that he was so proud that every home and farm in his riding was able to display our Canadian flag. Unfortunately, he neglected to realize that our post office was unable to fly the Canadian flag proudly.

Apparently, the Conservative government had the work order for over two years and numerous phone calls and work orders "fell on deaf ears." The lack of action, specifically the indifference, should not be forgotten.

The flag pole was repaired before election day, but Denis Sabourin, the Liberal candidate, honourably selected not to grandstand on this issue. The next time you check your mail in your post office and notice our Canadian flag flying proudly, please remember that South Mountain now has a functioning flag pole like other Canadian villages. It appears that sometimes, the small things do really make a difference and not always make the front page of the local papers.

Thank you, Denis.

Frank James Fata
South Mountain

Local MP works to address challenges, protect Canada's future

The editor:

In October's general election, Canadians voiced their trust in Prime Minister Stephen Harper by voting to renew and strengthen the mandate of our government. They did so with the knowledge that the Harper government is the best team to guide Canada through the looming economic storm.

That storm is now here and we are already starting to see the effects of the global downturn around the world. During this challenging time, our government is mindful of the privilege and responsibility with which we have been entrusted.

As your MP, I am humbled by this opportunity. We have difficult work ahead but you have my commitment that I will work relentlessly to address the challenges that we must face together; today and in the future.

Our recent Speech outlined our five-pronged plan to safeguard Canada's economic security and protect Canada's future.

First, in the coming weeks and months, Canadians will see action as our government works with our trading partners and allies around the world to reform global finances; a global problem requires a global solution.

Second, ensuring sound budgeting is essential. Our government will never allow Canadians to suffer simply to balance the books, but at the same time, Canada must never return to ongoing unsustainable structural deficits. We will look at all spending under a microscope to ensure that taxpayers' hard-earned dollars are used with care.

Third, secure jobs for families and communities will be a priority. We will strengthen our workforce by encouraging trades and apprenticeships, by supporting workers facing transition due to age or changed circumstances, and by providing further support for our auto and aerospace industries, on which the livelihood of so many Canadian families depend.

Fourth, just as the financial worries began beyond our borders, so too can we find international solutions by seeking out new investment and trade. Cooperation with our allies is also key. Our government will look at ways to develop shared solutions with the new Obama administration in the United States. We will seek out new, safe, trading opportunities for Canada around the globe.

And finally, in addition to these measures, we will work to make government more effective. Action like reducing red tape, improving the way in which programs are delivered, fixing procurement and improving management of federal agencies will help government serve all Canadians better, now and in the future.

As we move forward with our sights firmly fixed on responsible economic management, there will be hard decisions that will have to be made in order to keep federal spending under control and focused on results.

Canada is an exceptionally diverse nation and our government intends to help all Canadians participate.

That's why we are further improving the Universal Child Care Benefit, increasing access to maternity and parental benefits under Employment Insurance and acting to provide help to those Canadians who are caring for loved ones with disabilities.

With the strong governing mandate outlined in the Throne Speech, Canadian individuals, families, and businesses can be assured that they are not only protected for the future, but they will also emerge from this period of global economic instability stronger than ever before.

Guy Lauzon
SD&SG MP

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Winchester resident to share theatre experience

Lorne Pardy is no stranger to the world of theatre. In his 25-year career, he has appeared on stages across Canada, as well as in films and television shows, and was artistic director at Ottawa's Great Canadian Theatre Company for six busy seasons. He recently moved to Winchester and will be leading drama workshops for youth and adults at Winchester's Old Town Hall beginning in January.

by Meghan Duncan
Press staff

WINCHESTER — "I love it," said Lorne Pardy about Winchester. The accomplished actor and director moved to North Dundas over a year ago to leave behind a busy downtown Ottawa lifestyle, and said he's been wanting to make use of the theatre space at Winchester's Old Town Hall since he moved to town.

"The impulse came when I saw young people wandering around town," Pardy explained. "I was wondering what they do and where they go to release their energy."

Pardy said the drama workshop will definitely provide acting skills, but will also just be a social venue for the youth to talk, exchange ideas, and have some fun.

"Ensemble Acting for Youth" aged 13 to 18 will take place on Wednesday nights from Jan. 14 to March 4.

The course will focus on what young actors can create together and how to use creative energies to make unique characters, scenes, and exciting drama through improvisation, movement, voice, interpretation, and dramatic play.

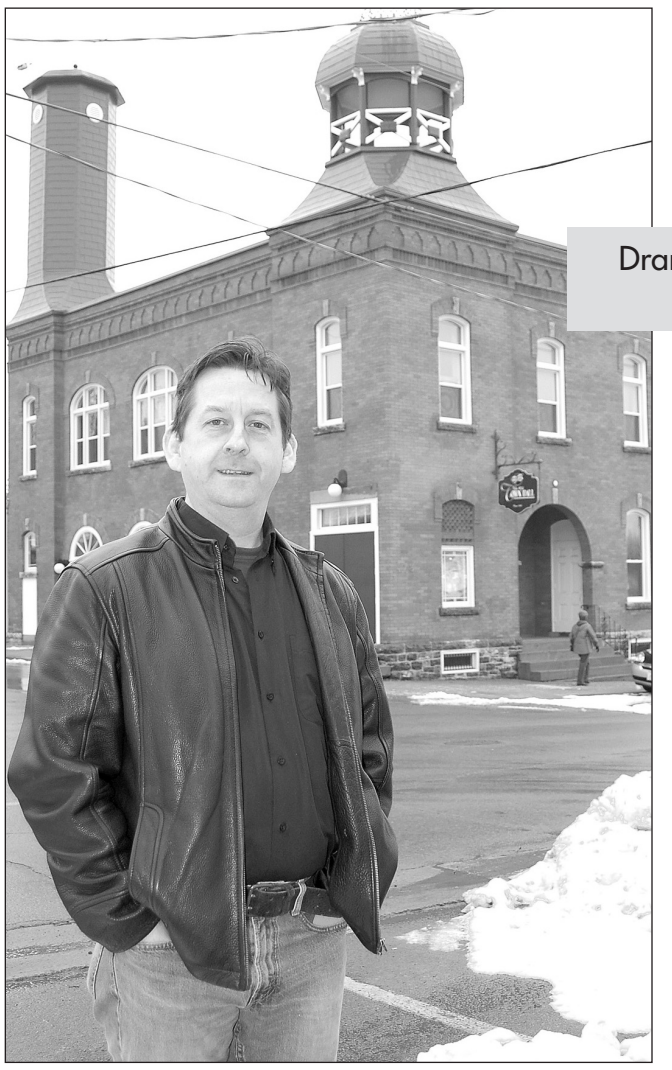
Pardy will also be teaching "Moment for Moment: creating the original moment onstage and owning it," a weekend workshop for adults that runs Fri., Jan. 23 (meet and greet), Sat., Jan. 24 and Sun., Jan. 25 for a total of 12 hours.

"It's a great workshop for teachers ... [they] put themselves on the line every day," he explained, noting that dramatic skills will enable them to create a spark and generate interest in the topics they are teaching to students. "Teachers need to be given the opportunity to push their own boundaries and grow, too."

Pardy explained that the adult workshops will focus on ordinary, day-to-day activities and making them dramatic. Participants will be encouraged to express themselves through group discussion, story-telling, role-playing, theatrical games, and exploration of dramatic scenarios.

Each participant will be encouraged to peel away the layers of 'expectation' and find something thoroughly new and thoroughly their own.

Pardy was artistic director at the Great Canadian Theatre Company for six seasons, and was responsible for picking, casting, and directing six or more shows per year as well as hiring touring productions.



Winchester resident Lorne Pardy will lead youth and adult theatre workshops beginning in January at the Old Town Hall.
Press Photo — Duncan

Before Ottawa, Pardy lived in Vancouver and Toronto, always part of the theatre scene.

"I started out as a dancer," he said. "I thought that's where my life was going to go."

After several chorus roles in musical productions, Pardy moved on to acting, and subsequently directing.

"I've been really fortunate," he said of his career, noting that he has worked with big names in Canadian theatre such as R.H. Thomson, Martha Henry, and Paul Gross. "I bring a lot of experience working in theatre."

Drama workshops start in new year

Pardy has also had experience in film acting, most recently the movie *New Waterford Girl,* which was filmed in atlantic Canada and debuted at the 1999 Toronto Film Festival.

Now, Pardy teaches part-time in the St. Lawrence College Music Theatre Program at the Brockville campus.

"Going into this program has been really interesting," he explained, noting that the teachers work together to turn students into triple-threat talents — those who can act, sing, and dance. He noted that the program is building a reputation and beginning to rival other top musical theatre programs in the province.

Pardy also teaches at the University of Ottawa, the Ottawa School of Speech and Drama, and Algonquin College.

He said he wants to bring these workshop opportunities to North Dundas so people don't have to drive to bigger centres to take part.

The Old Town Hall workshops, he hopes, will appeal to people who want to explore their talent.

He said that if participants are truly looking for theatre experience, they will leave the workshop with concrete acting skills, but if they are simply looking to test their talents, the workshops will provide a great learning opportunity and a lot of fun.

"I'll assess the needs of each person and make sure everyone has the opportunity to flourish at the level they're at," Pardy explained. "No one will be bored."

At the end of the youth program, Pardy said the students will have the opportunity to show off their newly developed skills to parents and friends.

"I'm new here," Pardy said, noting that he has had the idea to run these workshops since he first moved to the village. "This is a chance for me to see what's here, who's here."

Pardy said that depending on the success of the first round of workshops, they can be ongoing at different levels.

"I kind of want to have a little bit of everything going on," Pardy said, noting that he loves teaching, but would also like to direct some more and do some voice-over work in the future. "Moving out of running a [theatre] company has given me much more time."

Visit www.northdundas.com or stop by the Old Town Hall to register or chat with Pardy on Sat., Dec. 20, from 2 to 4 pm. You can also call him at 613-774-0354.

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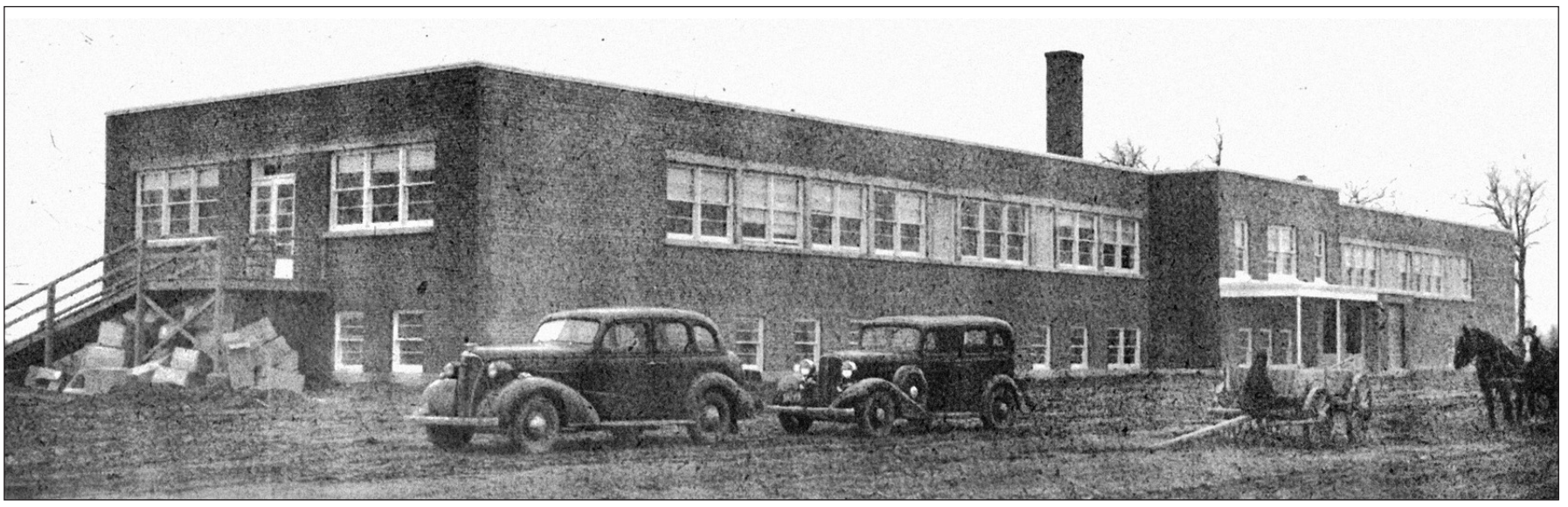

Winchester District Memorial Hospital circa 1948.

Tree-lighting to celebrate 60 years of caring

WINCHESTER — In honour of the Winchester District Memorial Hospital's official 60th anniversary on Mon., Dec. 8, the hospital foundation is hosting its annual Christmas tree-lighting ceremony.

Officials will flip the switch at 7 pm in front of the hospital's new wing, then those in attendance will be welcomed inside for refreshments and entertainment, where there will also be a display of the 60-year-old time capsule contents.

The hospital's Christmas Wish Tree Campaign is a way for hospital supporters to make a donation in honour of loved ones. Over 10 years of the campaign, more than $500,000 has been raised for equipment and technology in the hospital.

WDMH now looks significantly different from when George Challies, MPP for Grenville-Dundas, and Russell Kelly, Ontario Minister of Health, presided over its official opening on Dec. 8, 1948. Over 3,000 people attended the ceremony for the two-storey, 32-bed facility.

Throughout its first year, under direction of chief-of-staff Dr. Howard Justus, doctors and nurses at WDMH treated 1,300 patients and delivered 245 babies.

At the hospital's opening ceremony, a scroll bearing the names of local soldiers killed in the Second World War was erected. It was unveiled by Perley S. Boyd, clerk of the United Counties, who said that there was no better tribute to war heroes than a hospital.

Tree will light up in December 8 ceremony

Dr. J.J. McKendry is credited with getting the hospital-ball rolling when he sent a letter to the editor of the *Winchester Press* in 1944 stating the need for a hospital in Winchester. He envisioned a 25-bed hospital.

Walter C. MacDonald became the first chair of the hospital board — he was also one of the most instrumental persons involved in planning. Other first board members were: Wallace D. Carkner, W.J.L. Boyd, Eric Casselman, George Suffel, Howard Biccum, Stan Hicks, W.R. Workman, George E. Elliott, and Ed Hanson.

In 1955, a new administration wing was added at a cost of $36,000. In the same year, a blood bank was established.

In 1960, the first major expansion was complete, and WDMH went from 35 to 89 beds at a cost of $700,000. The new south wing included medical, surgical, and maternity beds, more and larger operating rooms, x-ray and lab facilities, a new delivery suite, a cafeteria, a modern kitchen, new laundry and board rooms, a new nurses' lounge and a pharmacy.

Funds from the Harvey S. Dillabough estate made possible the construction of a $140,000 nurses' residence, which was officially opened on Oct. 21, 1964. Then in 1968, a $1.6 million expansion included a 35-bed chronic care unit, relocation of the dietary unit, a boiler room, and the addition of a 16-bed pediatric unit.

In 1977, $225,000 was spent to create a new x-ray room, family lounge, pharmacy and nursing office. The bed count had increased to 120.

In 1980, the Intensive Care Unit expanded to four beds at a cost of $105,000. Five years later, a $600,000 project created a new state-of-the-art lab, a renovated x-ray department and emergency and out-patient departments.

In 1992, the HELP campaign raised funds for infrastructure changes such as ventilation systems, code upgrades and plumbing. Ten years later, the Renewing the Vision campaign was launched, generating more than $15 million toward a $60-million expansion.

In early 2009, the new Winchester District Memorial Hospital will open. Management is saying it is going to be the most technologically advanced facility in rural Ontario.

Money generated from the 2008 Christmas Wish Tree campaign will help the hospital purchase state-of-the-art equipment for the new acute care facility.

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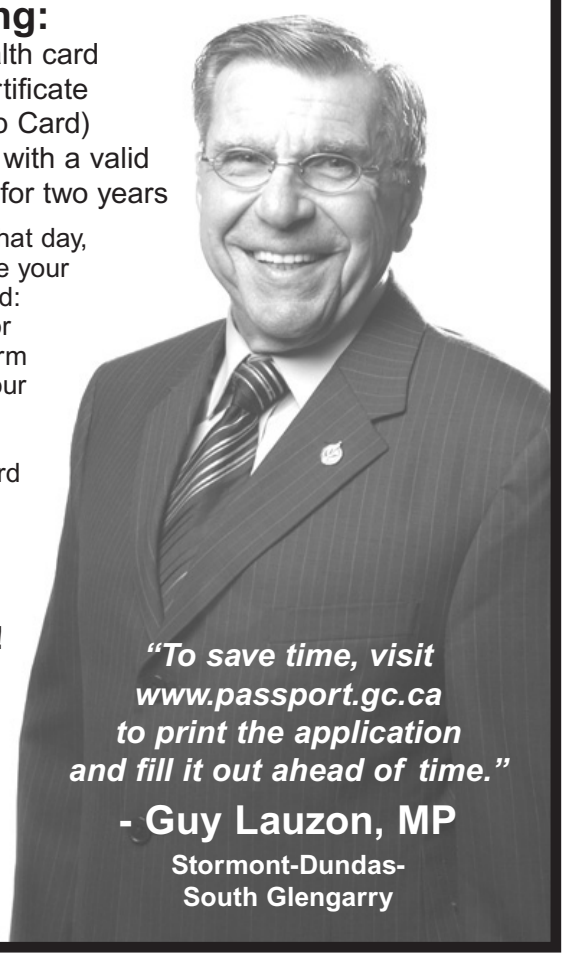

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- Guy Lauzon, MP
Stormont-Dundas-South Glengarry

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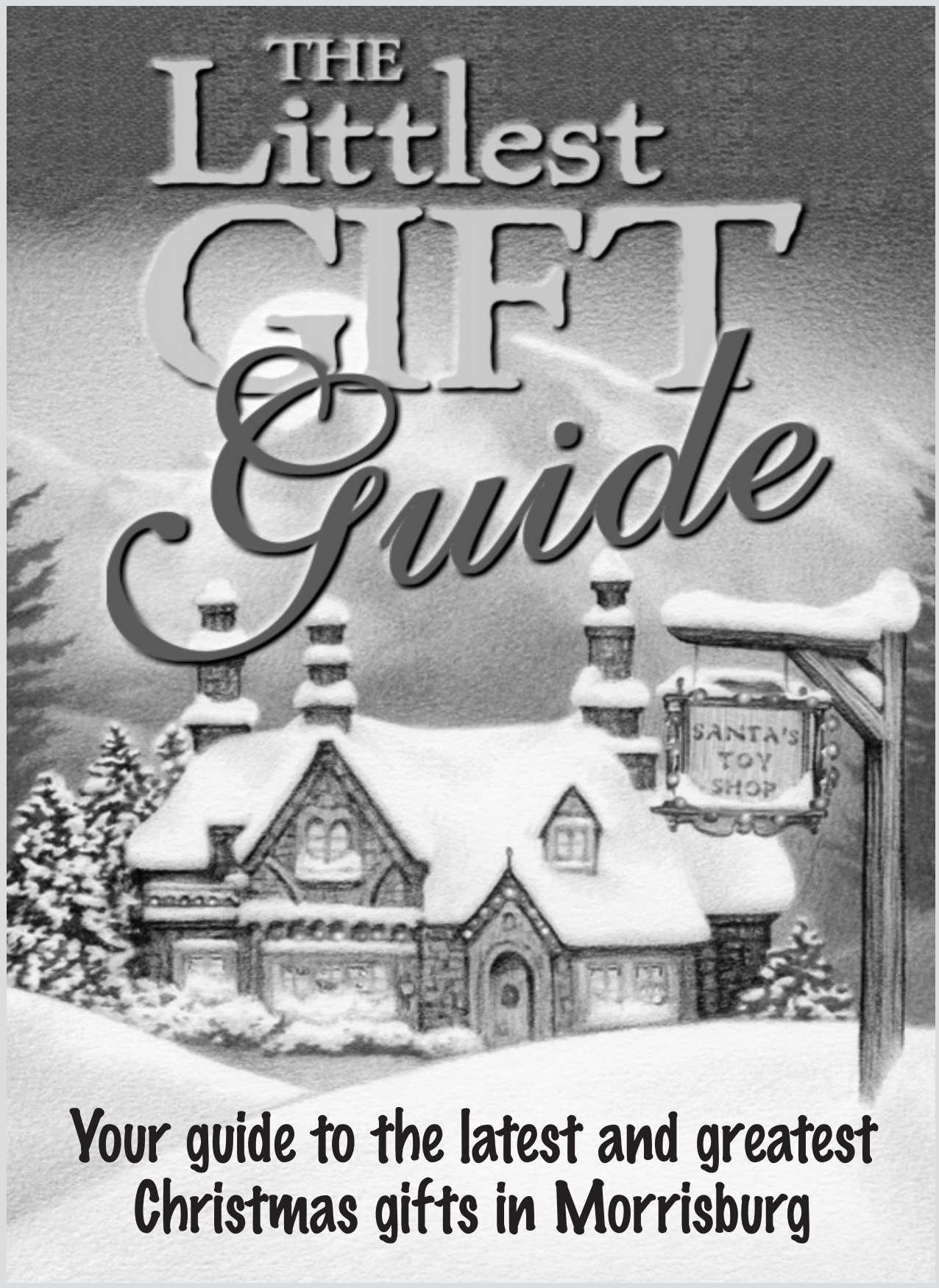

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Moooving experience

Members of Dundas 4-H were among the youth participating in the Classic Canadian Junior Dairy Show during the 2008 Royal Agricultural Winter Fair in Toronto, running Nov. 8 to 10. Dundas 4-H placed second in the "group of three" category. Pictured are: Jon Ryslaardam (left), Alanna McLean, Jeremy Rose, Geena Rose, Carrie Crellian, Derrick Noort, Adam Guy, and Eric Vandervliet.

Photo—Ella Wright

Royal Agricultural Fair's Eastern Ontario pavilion surpasses expectations

CORNWALL — This year's Eastern Ontario Pavillion at the Royal Agricultural Winter Fair surpassed expectations, according to local companies Levac Apiaries and Redhead Pantries. Both companies were selected by the SD&G Community Futures Development Corporation to represent Eastern Ontario at the Royal.

"We went to Toronto with the intention of generating two to five solid sales leads," said Joanne Lauterbauch, co-owner of Lancaster-based Levac Apiaries. "But we left with almost 30 leads. This was an incredible opportunity to grow our company."

Levac Apiaries showcased their flavoured honey, including a chocolate honey, at the Royal.

Redhead Pantry president Shaun Funk of Chesterville echoed Lauterbauch's enthusiasm.

"There were so many things to see throughout the fair and also so many people that willingly came to see all of the products and services that represent the abilities of Eastern Ontario companies," he said. "Having been provided this opportunity, I hope that we helped in showing that Eastern Ontario is creative and productive."

The well-attended Royal Agricultural Winter Fair took place in Toronto from Nov. 7 to 16. The event attracts an average of 350,000 visitors from around Canada and the world, making it the largest indoor combined agricultural, horticultural, canine, and equestrian event in the world.

Funding for local companies to attend the Royal came through the Eastern Ontario Development Program. The EODP is a $10-million Government of Canada initiative that promotes socio-economic development in rural Eastern Ontario, encourages a competitive and diversified regional economy, and contributes to the successful development of business and job opportunities and sustainable, self-reliant communities.



The final delivery

To celebrate its 30th anniversary, Dundas Manor long-term care facility decided it would collect 30 bins of food for the Dundas County Food Bank by the end of 2008. More than one month before the deadline, on Thurs., Nov. 27, the manor delivered the 30th bin to 497 May Street, the new home of the Dundas County Food Bank in Winchester. Dundas Manor residents, their families, staff members, and volunteers all pitched in non-perishable food items and household goods to reach the goal. Pictured are: activity director Jennifer Hill (front, left), activity assistant Jennifer Van Bridger, activity assistant Jenny Perkins (back, left), activity assistant Angela Gruich, activity assistant Louise MacQueen, and Winchester's Dundas County Food Bank co-ordinator Judy Hilson.

Press Photo — Smith-Millar


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Cooking up breast cancer fundraising

by Amanda Smith-Millar
Press staff

WINCHESTER — Interested in buying a Christmas gift, giving to charity, and finding great recipes all at the same time? Then look no further than Winchester Home Hardware, where owner Ken Boje is once again selling the Breast Friends cookbooks.

The books, assembled by a group of women from Foam Lake, Sask., raises money for breast cancer research, medical equipment, patient information, and other causes.

After the success of the first two editions, the ladies decided to launch a third volume, Breast Wishes from Breast Friends: Women working together for a cure. It's dedicated to breast cancer survivors.

According to the organization, the books — which are sold in Canada and the U.S. — have generated almost $700,000 for various causes. All three volumes are available at Winchester Home Hardware.

Boje said that last year, Winchester Home Hardware sold about 250 copies. He pointed out that by buying a cookbook for $19.95, a percentage of the profits are returned to the community where the books are sold. He said the proceeds that return to Winchester will go to the Winchester Hospital Heelers, the local fundraising group that participates annually in the Ottawa Gatineau Weekend to End Breast Cancer.



Christine Enright (left), 2009 team captain of the Winchester Hospital Heelers, and Trish Boje of Winchester Home Hardware are hoping you'll pick up a copy of Breast Friends, *a cookbook that raises money for breast cancer research.*

Last June, Boje's wife, Trish, participated in the event with the Winchester Hospital Heelers, and she is already signed up for next year. Each member must raise a significant amount — $2,000 — to participate. Proceeds from the event go to breast cancer research, public awareness, prevention and screening programs, care, and other initiatives.

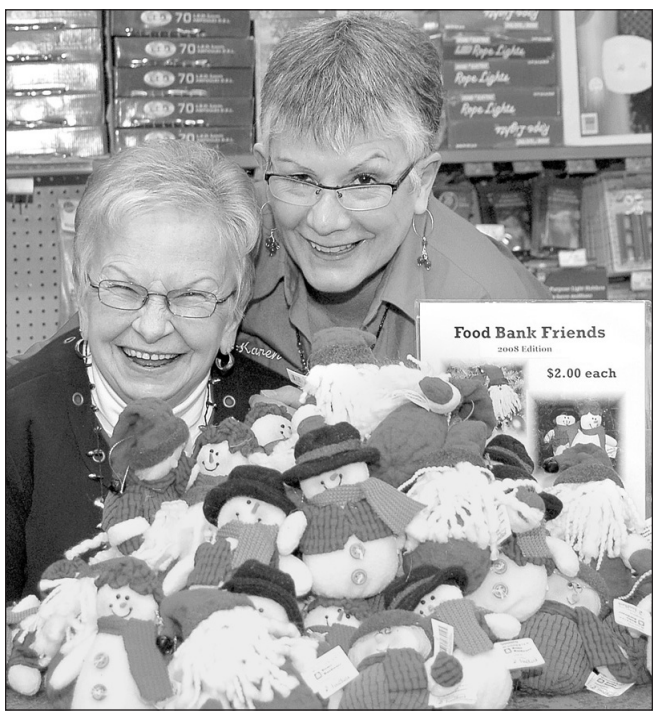
Trisha said the money raised through cookbook sales will go toward the Heelers in their preparation to participate in the Weekend to End Breast Cancer, which is a 60-kilometre walk.

She added thatthe Winchester District Memorial Hospital has a special arrangement with the Weekend to End Breast Cancer organization — 75 per cent of funds the Heelers raise comes back to WDMH, aimed at cancer treatment.

Although Ken Boje noted that the next event won't happen until June 2009, he said it's best to start collecting funds early.

"We're looking at ways to start some of the fundraising ahead of time," he said.

Boje added that, with Christmas approaching, the books are starting to move. "I've got to order some more," he said. "They make a really good gift."



Fabulous friends

Ina Graafland (left), a director with the Dundas County Food Bank, received a considerable amount of help from Winchester Home Hardware staffer Karen Beckstead in finding homes for a large number of food bank friends Sat., Nov. 29, during the store's customer appreciation day. The Christmas ornaments sell for $2.00 — $1.50 of which is turned over to the food bank.
Photo—Barbour

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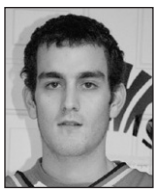
Crunch time

The Char-Lan Pee Wee "B" Rebels came to Winchester Monday night (Dec. 1) and handed the host North Dundas Demons just their second loss in a dozen Upper Canada Minor Hockey League games. The Rebels opened up a 3-1 lead and held on for a 3-2 decision. North Dundas forward Chelsey Romans eliminated a Rebel on this play and also netted a goal for her team. Goaltender Matthew Ledrew registered his eighth shutout in Maxville on Nov. 29 as the Demons blanked the NGS Braves 6-0.

Press Photo — Van Bridger

Sound defence, solid goaltending put Hawks back into win column



Devon Armitage



Michael Hitesman

WINCHESTER — Rock-solid defence and stellar goaltending were the formula for a pair of St. Lawrence Division victories by the Winchester Jr. "B" Hawks.

Prior to Friday night's (Nov. 28) 4-1 decision over the Lions in Morrisburg and Saturday's (Nov. 29) 5-1 scuttling of the high-flying Casselman Vikings in Winchester, the Hawks had suffered three consecutive losses. Their weekend work strengthened their fourth-place record to 12-7-1-1. Winchester is currently tied with Casselman (12-6-1-1) with 26 points. Alexandria (16-6-0-1) tops the rankings with 33 points. The Char-Lan Rebels (13-8-0-1) are second with 27 points. It looks as if Morrisburg (2-18-0-1) will miss the playoffs.

Winchester general manager Craig "JB" Smith and defensive coach Marty Little handled the coaching duties following last week's dismissal of Darren Stitt.

"The boys played well," offered Smith. "Defence — defence — we concentrated on defence. We can score goals, that's not the problem. Taking care of our own first end is."

"Marty and I worked well together and the players seemed happy with us," he said.

Smith also reported the team plans to add a couple of defencemen this week and make a couple of cuts at the same time to firm up its roster. More details will be available next week.

This week

The top-ranked Alexandria Glens will be in Winchester Friday night (Dec. 5) to take on the Hawks at 8:15 pm. The Hawks Holiday Happiness Draw tickets will be on sale at the door.

• continued on next page

Play opens this week

NDDHS ices boys and girls hockey teams

MAPLE RIDGE — North Dundas District High School has added a new sport to its winter physical education schedule — ice hockey.

Two squads of Devils have been selected and will skate in the 2008-09 SD&G high school hockey league season, which opens this week.

In fact the boys team, coached by Scott Reaney, Kent Young, and Steve Henderson (assistant), played one exhibition game on Nov. 19, which ended as a 4-2 loss to the Char-Lan Crusaders.

Coach Reaney explained the Crusaders are the defending EOSSAA champions and have a couple of fifth-year players on the roster.

"We carried the play to them," he said. "They just finished better."

Reaney explained the Devils are a quick, highly-skilled team and should do well.

"It's just a matter of getting the players to adjust to the quicker pace of the game, in terms of making decisions with the puck, and in terms of using their speed to its fullest," said the coach.

The coach also explained it is a clean league that doesn't allow fighting — automatic expulsion from the league — which means the hockey is good, clean and quick.

The NDDHS girls will test themselves in a pre-season tilt against the Tagwi Warriors today (Wed., Dec. 3) at the Chesterville Arena.

Reaney explained the hockey got started again largely due to the grassroots support from the students and staff at NDDHS.

"The willingness of our administrator, principal Geoff Trasuk, to run the program was instrumental," he said.

"Big credit needs to go to Kent Young and Mike Deighton for doing the leg work and to Julie Green for helping facilitate," added Reaney.

Tourney format

SD&G boys high school hockey is open to students not carded by junior (A, B, C or D) clubs which enables the local rosters to be filled from those registered with the North Dundas Minor Hockey Association or "A", "AA" or "AAA" organizations.

The high school schedule follows a tournament format which, for the boys, begins today (Wed., Dec. 3) in Alexandria where teams representing Glengarry District, Char-Lan District, Holy Trinity, St. Joseph's, Russell High and North Dundas will compete.

North Dundas will open with a game against Holy Trinity at noon and finish the day with a game against the Glengarry Gaels at 2 pm.

Tournament number two is set to be played in Williamstown early in the new year (Wed., Jan. 7). North Dundas will play the St. Joe's Panthers at 9 am, the Russell Ravens at noon and the Char-Lan Crusaders at 2 pm that day.

A third tournament is slated for Long Sault on Tues., Feb. 10. Pool "A" will be made up of the number one, four and five seeds while the Pool "B" teams will be the number two, three and six seeds — based on the standings after the first two tournaments.

The top four schools overall after the seven games will make the playoffs, which will be played on Tues., Feb. 24.

The boys

The 2008-09 NDDHS boys varsity hockey team roster: Spencer Corkery - goaltender, Ryan Hay - goaltender, Cam Armstrong, Brandon Buma, Ryan Byers, Shane Casselman, Michael Cross, Chris Embury, Alex Hensbee, Lance Hodgson, Andrew Hutt, Taylor Johnston, Tyler Jones, Peter Klein-Swormink, Ryan McRae, Brent Simms, Derek Simms, Kyle Sobering, Josh Stubbings, Dustin Tinkler, Scott Reaney - coach, Kent Young - coach, Steve Henderson - ass't coach.

Girls hockey

Nine schools in two pools are competing in the SD&G high school girls hockey league season.

The NDDHS Devils, coached by Deanna Corbett-White and Mike Deighton, is seeded in Pool "B" with La Citadelle, Russell, Tagwi and CCVS. The Pool "A" roster includes: Char-Lan, St. Joe's Holy Trinity and Glengarry.

North Dundas will see its first tournament action on Tues., Dec. 9 when it hosts a Pool "B" tournament at the Chesterville arena. The Devils will take on the La Citadelle Patriotes at 10 am and the CCVS Raiders at 1 pm.

The Pool "A" tourney will be played the same day in Alexandria.

Chesterville will also be the site of the second Pool "B" tournament which will be played on Tues., Jan. 6. That day the Devils will skate against the Tagwi Warriors at 10 am and the Russell Ravens at 1 pm.

All four teams from Pool "A" and the top four schools from Pool "B" will meet in the championship tournament in Williamstown on Feb. 12.

North Dundas Devils

The 2008-09 NDDHS girls varsity hockey team roster: Kristie Wade - goaltender, Miranda Carruthers, Andrea Ceelen, Alyson Erwin, Laurena Matthies, Hayley Moher, Holly Klein-Swormink, Madison Koekkoek, Dara Bowie, Amanda Carkner, Paige Smith, Teal Give, Tyne Gove, Emma Fraser, Emily Hilborn, Casey Saddlemire, Bailey Milne, Kelly VanDelst, Deanna Corbett-White - coach, Mike Deighton - coach.

Two goals each

Laflamme, Findlay lead Pee Wee House "B" Demons to 9-1 victory

WESTPORT — Matthew Laflamme and Braden Findlay each cracked in two goals and led the North Dundas Pee Wee House "B" Demons to a 9-1 romp over the host North Leeds Stars.

North Dundas led Saturday's (Nov. 29) Upper Canada Minor Hockey League contest 3-0 after a period and 5-1 after two sessions. The victory improved the Demons' West Division record to 8-1-1.

Devon Byers, Laflamme and Findlay netted the Demons a 3-0 lead. Shots fired by Laflamme and Brandon Dudley increased the lead to 5-1 in period two. Tori Corkery, Findlay, Jarret Cutler and Patrick Lebrun all found the net in the final frame.

Dudley earned two assists while Lebrun, Cutler and Brett Bartholomew each picked up one helper point.

Nikolas Carruthers and Will Zandbelt share the Demons goaltending chores.



Off to regionals

The Maple Ridge Senior Public School volleyball team put together an undefeated record competing in an invitational tournament at St. Mary's Catholic High School in Brockville on Nov. 13. The 'Ridge defeated Nationview, St. Anne's, St. Joe's, St. Mary's and Sweet's Corners to win their division. They then knocked off Iroquois Public in the championship game. Tomorrow (Thurs., Dec. 4) they will take part in the regional tournament at Seaway District High School. The champs are: front (left) - Olivia Currier, Sarah Churchill, Chelsea Clark, Sarah Dickey, Julia Wouters; back (left) - Jenna Warren, Hope Klein-Swormink, Tara DeJong, Kiley Johnston, Taylor Cummings, Roxanne Backes - coach.

Hawks

• continued from page 13

The Hawks take flight and go to Williamstown on Saturday (Dec. 6) to challenge the Char-Lan Rebels in a 7:45 pm tilt.

Hawks 4 - Lions 1

Winchester outshot Morrisburg 65-27 in their own barn and posted a 4-1 on Friday. Devon Armitage worked the Hawks net and upped his record to 6-3-1 and lowered his GAA to 3.94 in the process.

Morrisburg's Michael Thurler ruined Armitage's shut-out bid when he scored 1:49 into period three.

Ben Collins cracked in his 20th goal completing a play started by Al "Flash" Gordon and Chris "Ski" Giczewski at 7:02 of period one.

Alex Krumans finally rang up his first tally, finishing a power play engineered by "Flash" and "Ski" at 15:35 of period two.

Collins pegged number 21, finishing another play organized by "Flash" and "Ski" 1:11 into the final frame. Kyle Peck's 12th tally completed the Hawks' scoring. Graham Loyst and Cory "The Pocket Ski" Giczewski drew assists on the play.

Hawks 5 - Vikings 1

Michael Hitesman got the start and held the visiting Vikings to one second-period goal by Alex Leclair in Saturday's 5-1 win over Casselman.

Winchester's victory avenged a 10-3 drubbing they had suffered nine days earlier (Nov. 20) in Casselman.

Hitesman moved his record to 6-5-0 and dropped his GAA to 4.78, blocking 43 of 44 shots he faced.

Collins with his 22nd and "The Ski" Giczewski with his third put Winchester up 2-0 in period one. Derek Miles and Adam Schofield set up Collins at 2:51. Collins and "Flash" Gordon assisted "Ski" at 10:30.

Andrew Baker's third goal of the year was engineered by Gordon and Parker Davies at 16:04 and gave the Hawks a 3-1 lead after 40 minutes.

Collins teamed up with Gordon and "Ski" for his 23rd tally 3:24 into the final frame. Loyst made it a 5-1 final firing in his eighth goal on an unassisted play at 14:29.

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Tyler Jones engineers four goals, Demons undefeated in 11 games



The North Dundas Midget "B" Demons will be looking to stretch their undefeated string to 12 games when they visit the Brockville Warriors tomorrow night (Thurs., Dec. 4). North Dundas goaltender Ryan Hay, Cam Armstrong (No. 6) and their mates doubled Brockville 4-2 in Winchester on Nov. 20. *Press Photo — Van Bridger*

PRESCOTT — Tyler Jones engineered four scoring plays and helped the North Dundas Midget "B" Demons inflate their Upper Canada Minor Hockey League record to 11-0-0 with a 5-2 win over the South Grenville Rangers in Prescott.

Brandon Buma used a Jones relay to record the Demons' first-period goal. The duo duplicated the play with 6:30 left in period two of the Nov. 25 contest. Jones was the set-up man again at the 3:26 mark of the same frame when a shot fired by Phil Duncan struck string. North Dundas led 3-2 after two periods.

Jones picked up his fourth helper point when he and Duncan sent a relay to Brett Baker, who increased the lead to 4-2. Chris Embury made it a 5-2 final, completing a play started by Baker and Kyle Sobering 2:11 before the final buzzer.

Demons 3 - Bears 2

An unassisted goal registered by Duncan 5:56 before the final buzzer was the difference as the Demons nipped the Smiths Falls Bears 3-2 in Winchester on Nov. 24.

Sobering scored from Baker with 4:24 left in period one to get the home team started. Smiths Falls cracked in two quick goals 42 seconds a part in the middle stanza and grabbed a 2-1 lead but an unassisted tally by Ryan McRae evened it up at 2-2.

Duncan's solo effort snapped the tie and handed North Dundas win number 10.

Silver Stick

The Arnprior Packers blanked the Demons 3-0 in the opening round of the Pembroke Region Silver Stick on Friday (Nov. 28).

The Demons recovered and blanked the North Frontenac Flyers 3-0 and waxed the West Carleton Warriors 7-3 but weren't able to qualify for the quarter-finals.

"The boys played well. But we missed going to the quarter finals on goal differential," explained coach Dale Murdoch. "We have lost two games all year — both to Arnprior."

Arnprior pounded all three of their markers in the final 11:12 of the game. Their third shot went into the empty North Dundas net.

Kyle Greer posted the shut out as the Demons blanked the North Frontenac Flyers 3-0 on Saturday (Nov. 29). Buma, Jones and Baker counted the goals. Sobering picked up the lone assist.

Jones slapped in three shots in the 7-3 win over West Carleton. He also picked up an assist. Chris Embury potted a pair while Baker and Buma each slipped in a single shot. Duncan drew two assists while captain Mike Cross, Buma and Jones earned single helper points.

Blues deal Truckers second loss of season

WINCHESTER — Caroline Rougeau and Tara Verney cracked in goals in the final 24 seconds of the game and lifted the Annable's Jewellery Blues to a 2-0 victory over the top-ranked WS Trucking company.

Sunday morning's (Nov. 30) loss to the fourth-place Blues (4-4-1) was just the second for the WS Truckers (6-2-1) who lead the Winchester District Ladies Hockey League standings with 13 points.

The 10 am encounter was scoreless until Rougeau put a pass provided by Amy Darling into Dominique Cavill's cage with 24 seconds left on the clock. Verney then insured the win sending Laurie Marriner's relay into the empty net three seconds before the final buzzer.

Bev Stevens registered the shut-out victory.

Reds 2 - Girls 0

Kristie Wade posted the morning's other goose egg backing the number-two ranked Andy Foodland Reds (5-2-2) in a 2-0 decision over the fifth-place Country-Girls (3-5-1) in the 9 am encounter.

Amy Fraser's ninth goal of the season, registered on an unassisted play at 19:50 of the first half, proved to be the winner. Andrea Francis cashed in a pass sent to her by Kathy Kerr and Kelly Verhoeven at 10:49 of the second half to ice the 2-0 verdict.

Pinks 4 - Stylists 1

Sandra Cloutier snapped in three second-half goals and powered the third-place Cooper Physio Pinks (5-3-1) to a 4-1 win —their first win in four starts — over the sixth-place Double Beauty Stylists (0-7-2) in the opening game at 8 am.

Isabelle Dagenais handed the Pinks a 1-0 lead finishing a play started by Lee Ann Van Delst with 6:13 left to play in the first half. The Stylists answered 1:38 before the intermission when Amanda Ryaarsdam fired home a feed from Jen Manley.

Cloutier took care of the offence in the second stanza racking up here 10th, 11th and 12th goals. Heather Erwin set Cloutier up at 15:42. Veronique Daviault and Francine Brisson engineered her goal at 9:53 and Brisson provided the pass with 7:21 left on the clock to make it a 4-1 final.

Karina Damato was the winning goalie. Lorie Casselman suffered the loss.

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Late surge

The host North Dundas Minor Midget "B" Demons broke up a 3-3 second-period tie and bolted to a 7-3 Upper Canada Minor Hockey League victory over the Alexandria Glens on Nov. 27. Photos: above - Adrian Lee (left) and captain Peter Klein-Swormink celebrate one of the two third-period goals they scored; right - Derek Simms came up with a goal and an assist in the 7-3 win.

Press Photos — Van Bridger

DeJong nets winning goal

Lee pots pair, Minor Midget Demons beat Glens 7-3

WINCHESTER — Adrian Lee slipped in a pair of goals and Brandon DeJong ripped in the winner as the North Dundas Minor Midget Demons broke a 3-3 tie and roared to a 7-3 victory over the Alexandria Glens.

North Dundas gained a 3-2 first-period lead in the game played in Winchester on Nov. 27. The Glens knotted the count at 3-3 when Chris Menard put a shot in the back of Patrick Wright's cage with 8:16 left in period two. That play set the stage for the Demons' four-goal comeback and eventually their 7-3 victory, that improved their Upper Canada Minor Hockey League record to 4-2-3.

Lee (from DeJong and Peter Klein-Swormink at 10:32), Dylan Fawcett (Derek Simms and Brett Coburn at 10:09) and Derek Simms (unassisted at 1:00) jammed in first-period markers. DeJong cashed in a Jarrett Melenhorst rebound for the winner with 4:14 left in period two. Eric Prusila (unassisted) then made it 5-3 3:06 before the period ended.

Lee (from Klein-Swormink at 11:32) and Klein-Swormink (from Lee at 8:59) slapped in the third period tallies which drove the final total to 7-3.

Demons 6 - Char-Lan 6

Captain Klein-Swormink used an opportunity created by Lee and cracked in the tying goal as the Demons battled the Char-Lan Rebels to a 6-6 draw in Cornwall on Nov. 22.

The score was tied 2-2 after a period and Char-Lan led 6-5 after two sessions.

Klein-Swormink's unassisted effort cut the Rebels' lead to 2-1 3:59 before the end of period one. There was 49 seconds left on the clock when Lee tied it up 2-2. Adam Ross provided the pass.

Derek Simms buried a relay sent to him by Klein-Swormink and Brent Simms at the 11:23 mark of period two. One minute later, an unassisted shot fired by Fawcett gave north Dundas a 4-2 lead. Brett Coburn finished a play set up by Brent Simms and Fawcett 3:06 before the end of the period and opened up a 5-3 lead for the visitors. A three-goal outburst, sparked by a pair of Matt Campeau markers in the final 2:41 of the session, the Rebels jumped into a 6-5 lead.

Meet the Hawks

Parker Davies

No. 16, Right Wing

Right winger Parker Davies wears No. 16 and is in his second season with the Winchester Jr. "B" Hawks. Davies joined the Hawks last season after finishing his minor career with the Kanata "AA" Midget Blazers. Now 18 years old, Davies appeared in 34 games in his rookie year and pegged five goals and eight assists. This season he stands fifth in team scoring with five goals (one SHG and one GWG), 12 assists and 17 points in 20 games.

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On the big ice

Both the North Dundas Novice "B", Novice "C" Demons and their coaches posed at centre ice at Scotiabank Place in Ottawa following a head-to-head exhibition game on Sat., Nov. 22. The Demons also had the opportunity to meet Ottawa Senator forward and one-time Winchester Jr. "B" Hawk, Jesse Winchester before they watched the Ottawa Senators defeat the New York Rangers.

Back-to-back wins over Panthers

Justin Shay scores four times in Novice Demons 12-0 victory

WINCHESTER — Justin Shay carried the hot stick for the North Dundas Novice "B" Demons as they overwhelmed the Kemptville Blue Panthers 12-0.

Shay ripped in four goals and picked up an assist in an Upper Canada Minor Hockey League encounter played in Winchester on Nov. 28. Nolan Brown and Jarrett Williams each popped in a pair of pucks for the winners who carried a 3-0 lead into the second period and led 10-0 after two stanzas.

Curtis Barkley (1-2-3), Shaina Vandemheen (1-1-2), Seth Christophersen (1-1-1), Caleb Jaquemet (1-0-1), Joey Hannaford (0-3-3), Cameron Cotnam (0-3-3), Tyler Palmer (0-2-2), Samuel Sylvester (0-1-1), and Brown (0-1-1) also earned points. Samantha Benoit and Mason McLeod are the North Dundas netminders.

Four different shooters netted goals in Chesterville on Nov. 24 as the Demons skated to a 4-1 decision over the same Blue Panthers.

Vandemheen cashed in a feed from Shay at 8:40 of the first period and Kemptville replied with one second left in the same frame to make it 1-1.

The count remained knotted at 1-1 until North Dundas broke it wide open with three third-period goals. Palmer used a pass sent to him by Sylvester to ring up the winning goal with 8:02 left in the game. Barkley's unassisted shot made it 3-1 at 6:23. Shay completed a play started by Hannaford and Anna Gruich to make it a three-goal difference 5:05 before the final buzzer.

Special appearance

The North Dundas Novice "B" and "C" Demons skated against each other in an exhibition game on NHL ice at Ottawa's Scotiabank Place on Nov. 22.

The novice match took place before the Ottawa Senators and New York Rangers squared off in a 3 pm matinee. The Demons also had the opportunity to meet former Winchester Jr. "B" Hawk and now Ottawa Senator Jesse Winchester.

Coaches from both teams — Scott Barkley, Chris Williams, Gary Geertsma, Doug Armstrong, Tom McLean, Cameron MacGregor and Derek Roe — co-ordinated the event. Mike Gruich and Andy Cotnam acted as referees.

The Novice "B" Demons are: Samantha Benoit, Shaina Vandemheen, Adam Geertsma, Seth Christophersen, Samuel Sylvester, Nolan Brown, Justin Shay, Tyler Palmer, Cameron Cotnam, Anna Gruich, Curtis Barkley, Caleb Jaquemet, Joey Hannaford, Jarrett Williams and Mason McLeod.

The Novice "C" Demons are: Hunter Idiens, Kye Williams, Bradley McLean, Dylan Martin, Bradley Larmour, Briget Porteous, Kayla MacGregor, Brayden Roe, Ian O'Donohue, Joshua Armstrong, Kody Anderson, Alex Butland, Eric Armstrong, Nathan Saari and Kurtis McLean.

Sports Scoreboard

Eastern Ontario Junior "B" Hockey League

RIDEAU - ST. LAWRENCE CONFERENCE

RECENT RESULTS:

Nov. 27: Alexandria 9 - Casselman 8
Nov. 28: Winchester 4 - Morrisburg 1
Alexandria 6 - Gananoque 1
Westport 9 - Athens 2
Nov. 29: Winchester 5 - Casselman 1
Westport 9 - South Grenville 2
Alexandria 3 - Char-Lan 2
Nov. 30: Casselman 6 - Westport 3
Gananoque 6 - Brockville 3
Athens 5 - South Grenville 3

STANDINGS

Rideau	W	L	T	GF	GA	PTS
Athens	15	1	1	101	72	34
Westport	14	6	0	127	100	30
S. Grenville	7	12	1	61	94	16
Gananoque	6	12	2	76	104	15
Brockville	6	13	0	76	85	14

St. Lawrence	W	L	T	GF	GA	PTS
Alexandria	16	6	0	136	78	33
Char-Lan	13	8	0	107	82	27
Casselman	12	6	1	111	93	26
Winchester	12	7	1	97	92	26
Morrisburg	2	18	0	74	166	5

**Teams losing in OT receive one point*

TOP SCORERS	G	A	PTS
Rideau Division			
Brett Perkins, West.	22	31	53
Steve McGlade, Athens	12	29	41
Scott Johnstone, West.	16	22	38
Nick Held, West.	19	16	35
Steve Parker, Athens	20	15	35
Andrew Thorne, West.	6	28	34
Shane Melcher, Broc.	21	12	33
St. Lawrence Division	**G**	**A**	**PTS**
Eric Morter, Alex.	18	40	58
Ben Collins, Win.	23	32	55
Rejean Leduc, Cass.	18	29	47
Hugo Pouliotte, Alex.	27	19	46
Emillien, Alex.	11	33	44
Alex Leclair, Cass.	16	25	41
Cory Gove, Morris.	23	17	40
Max Ming, C-L	15	21	36

Winchester Town Hockey League

RECENT RESULTS:

Nov 25: White Tails 3 - Winchester Flyers 2
Papa Gus 12 - Allied Associates 6

Game sheets not available.

STANDINGS	W	L	T	GF	GA	PTS
Papa Gus	6	3	0	56	48	12
Allied Associates	5	3	1	47	36	11
Winchester Flyers	3	5	1	38	43	7
White Tail Construction	3	6	0	33	45	6

TOP SCORERS	G	A	PTS
Robyn Sadler, Papa	18	8	26
Rob Thurler, AA	11	7	18
Darrell Moore, AA	9	7	16
Scott Reaney, WF	8	7	15
Travis Armstrong, WF	10	4	14
Derek Vingerhoeds, AA	8	5	13
Trevor Gilmer, WF	4	8	12
Scott Baldwin, Papa	8	3	11
Justin Morozuk, WF	6	5	11
Jordan Barkley, Papa	3	8	11

Eastern Ontario Junior "B" Hockey League

METRO - VALLEY CONFERENCE

RECENT RESULTS:

Nov. 27: Ottawa Jrs. 3 - Ottawa West 3 OT
Clarence Creek 4 - Stittsville 3
Nov. 28: Shawville 10 - Metcalfe 1
Carleton Place 5 - Clarence 2
Arnprior 6 - Renfrew 4
Ottawa West 5 - Gatineau 2
Nov. 29: Ottawa West 10 - Shawville 2
Perth 4 - Ottawa Canadians 3
Nov. 30: Metcalfe 6 - Renfrew 4
Clarence 4 - Carleton Place 1
Stittsville 7 - Arnprior 2

STANDINGS:	W	L	T	GF	GA	PTS
Metro Division						
Ottawa West	16	4	3	125	72	36
Ottawa Jrs.	16	5	2	123	85	35
Clarence	13	8	3	116	87	29
Gatineau	7	14	2	96	131	17
Metcalfe	5	16	0	83	141	10

STANDINGS:	W	L	T	GF	GA	PTS
Valley Division						
Carleton P.	15	4	3	110	72	34
Stittsville	15	8	1	127	99	31
Arnprior	11	11	1	102	120	23
Shawville	8	11	2	108	125	20
Perth	6	13	2	68	86	16
Renfrew	5	15	3	76	129	13

**Teams losing in OT receive one point*

Winchester & District Ladies Hockey League

RECENT RESULTS:

Nov. 30: Cooper Physio 4 - Double Beauty 1
Andy's Foodland 2 - CountryGirls 0
Annable's Blues 2 - WS Trucking 0

STANDINGS	W	L	T	GF	GA	PTS
WS Trucking	6	2	1	22	10	13
Andy's Foodland	5	2	2	22	18	12
Cooper Physio	5	3	1	21	20	11
Annable's Jewellery	4	4	1	20	20	9
CountryGirls	3	5	1	18	20	7
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Amy Fraser, AF	9	2	11
Amy Darling, AB	4	5	9
Caroline Rougeau, AB	6	2	8
Isabelle Dagenais, CG	5	3	8
Eleanor Robinson, WST	4	4	8
Kelly Zeran, WST	4	4	8
Stephanie Scott, CG	4	4	8
Christina Carruthers, WST	2	6	8
Edith Dagenais, CG	5	2	7
Tanya Klein-Swormink, CG	4	3	7

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St. Lawrence Division

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Fri., Dec. 5, 8:15 pm vs Alexandria Glens

Fri., Dec. 12, 8:15 pm vs Morrisburg Lions

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Bantam Demons improve to 9-0-1 with win in Perth

PERTH — Dylan Comeau buried a pass provided by Mitch Kirkwood in the back of the Perth net with 5:48 left in the second period and his shot held up as the winner in the North Dundas Bantam "B" Demons 5-3 victory over the home-town Legion Wings.

The Upper Canada Minor Hockey League contest, played in Perth on Nov. 27, was deadlocked 1-1 after a period. North Dundas led 4-2 after two and rolled on to a 5-3 decision, which improved their West Division record to 9-0-1.

Ryan Byers tucked in a Colton Stitt rebound with 4:22 left in period one to get the visitors on the board. Kirkwood fired home a feed from Paul Gibson at 11:12 of period two and launched a three-goal offensive by the Demons. Brandon Cousineau (unassisted) connected at 8:36, and Comeau cashed in a pass from Kirkwood with 5:48 left in the period to hand his squad a 4-2 lead.

Stitt made it a 5-3 final netting a feed from Kirkwood at 11:17 of the final frame.

The first-place Demons have been bitten by the injury bug, having lost Aaron Burns to a broken ankle and Patrick Speagle with a broken collar bone. Both players will be out of action indefinitely.

Demons 3 - Bears 2

North Dundas played host to the Smiths Falls Bears in Winchester on Nov. 26 and squeezed out a 3-2 victory.

Stitt, Byers and Brody Collins — who snapped in the winning tally with three seconds left in the session — marked the goals. Garrett Milne, Kirkwood, Josh Freake and Ryan Switzer drew the assists. Ryan Romans was the winning 'tender.



Beat the Bears

North Dundas goaltender Ryan Romans smothered the puck and his defenceman Ryan Switzer provided support during an Upper Canada Minor Hockey League game against the Smiths Falls Bantam "B" Bears in Winchester. The first-place Demons skated to a 3-2 victory in the Nov. 26 encounter.
Press Photo — Van Bridger

Straccini, Shanbaum lead Jets to 6-4 win over Timberwolves

METCALFE — Josh Shanbaum and Nicholas Straccini each pegged a pair of goals and led the home-town Metcalfe Jr. "B" Jets to a 6-4 Metro-Valley Conference victory over the Renfrew Timberwolves.

Sunday's (Nov. 30) win was the fifth in 21 starts for the fifth-place (Metro Division) Jets (5-16-0-0) and helped ease the pain of Friday's (Nov. 28) 10-1 loss to the Junior Pontiacs in Shawville.

Shanbaum's eighth goal of the season was set up by Mike Hendry and Doug Gordon at 2:52 of the first period of Sunday's home-ice title with the valley Division's cellar-dwelling Renfrew Timberwolves (5-13-3-0).

Renfrew Jesse Riopelle put a shot in behind Jets starter Christopher Scrivens and tied the score at 3:12 but Metcalfe mounted a comeback and gained a 3-1 advantage when Hendry netted his first goal after taking a feed from Brett Varrin at 10:02 and Simon Johns rang up his fourth finishing a play started by Kory Churchill and Jonny Valcour 22 seconds before the end of the session.

Erik Mask scored at 15:46 of period two as the Wolves closed the gap to 3-2 and once again the Jets scrambled back and opened up a 4-2 lead when Straccini counted his seventh of the season at 16:29. Derek Nooyen and Shanbaum set up the play.

Renfrew sliced their deficit to 4-3 when Kyle Papai dented twine 3:54 into the final frame. And for a third time the Jets bounced back. Straccini finished a power play engineered by Brett Holmes and Shanbaum with 16:43 on the clock and created a 5-3 lead for the Jets. There were 39 seconds on the clock when Shanbaum buried a pass provided by Holmes and Alex Barr and opened up a 6-3 gap. It was Straccini's eighth and the ninth for Shanbaum.

Papai was able to crack in his second of the period 24 seconds before the final buzzer and push the final difference to 6-4.

Metcalfe out shot Renfrew 26-9 in the opening period and 56-41 through 60 minutes.

Zachary Coakeley (assisted by Churchill) recorded Metcalfe's only goal in the 10-1 loss in Shawville.

On the road

The Jets will play three road games this week travelling to Ottawa to take on the Golden Knights (16-4-3-1) on Thurs., Dec. 4, the Mustangs (7-14-2-1) in Gatineau on Fri., Dec. 5 and the Packers (11-11-1-0) in Arnprior on Sun., Dec. 7.

WSC testing results

WINCHESTER – Members of the Winchester Skating Club participated in two test days recently, passing a total of 16 tests.

On Fri., Nov. 28, at a high level test day hosted by the Morrisburg Skating Club, Leah Ann Smith passed her third gold dance, the Argentine Tango.

At Winchester Skating Club's low level test day, held Sat., Nov. 29, the following tests were completed successfully:

Preliminary Skills – Blythe Armstrong
FreeSkate Elements – Alyson Summers, Mandi Ross, Michaela Helmer, Alyssa Cooper.
Dutch Waltz – Jennifer Butland, Joelle Menard.
Swing – Alyssa Cooper, Victoria Gibson-Crowder, Deanna Sliva.
Fiesta – Alyssa Cooper, Deanna Sliva, Alyson Summers.
Ten Fox – Katey Churchill.
European – Marina Crober.

Parade this Saturday

WINCHESTER — This Saturday night the annual North Dundas Country Christmas Parade of Lights takes center stage as many beautifully decorated floats will pass through the village of Winchester starting at 6 pm.



Remarks
by Mark Guy, director of recreation

This year's route will be somewhat different as the parade will begin at the township office and proceed north on St. Lawrence St. turning right at The Connection store (York Street) to Albert Street north to Main Street.

Don't forget to take in the vendor fair at the Winchester Community Centre starting at 9 am. There will also be a parade day public skate from 1:30 -2:30 pm. New this year is professional ice sculpting demonstration at the main corner starting at 10 am and all the local business will be open all day and again after the parade until 9 pm.

At the Old Town Hall renowned author, journalist, and CFRA radio talk host Michael Harris will be reading his Christmas book, A Forest for Christmas, from 3 to 4:30 pm. Admission is free. Books will be available for sale and signing. There are various suppers going in town before the parade. Check the newspapers and the township website for all the information to get you set for parade day.

Please note that street barricades will be set up Saturday morning around town for the floats. We would ask that they not be moved as they are important for the safety of the parade floats and parade watchers. We will also be setting up street barricades on Friday around the main corner downtown to prepare for the ice sculptures and the food vendors. The committee would ask that anyone who normally parks in the corner lot to find another location for Friday and Saturday.

Last Friday night a large crowd came out to the Old Town Hall to watch the movie put on by the Family Services committee. Stay tuned for more movies to be announced.

Have a great week!



Bowling for charity



Alexander Smellink, 16, lives with impaired motor ability as a result of a head injury. He was one of two Easter Seal Ambassadors on hand during the Bowlarama.



Timothy Moat, 16, was one of two Easter Seal Ambassadors on hand during the Bowlarama for Easter Seals Kids and Youth at Chesterville Bowling Lanes on Sun., Nov. 30. Thanks to a special device made by Arie Oosterman of Lannin's Garage and a bit of help from his mother, Barbara, the teenager was able to play an active part in the Bowlarama. He was born with spina bifida and hydrocephalus. The event was sponsored by the Iroquois Matilda Lions Club and raised $1,204. *Photos — Barbour*



Barry Fawcett traded friendly barbs with fellow members of the Iroquois Matilda Lions Club as they took part in the Bowlarama.

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- **DOG SLEDDING** at the Winchester Arena
- **FOOD VENDORS** beginning at 5:00 pm on the corner of St. Lawrence and Main Streets
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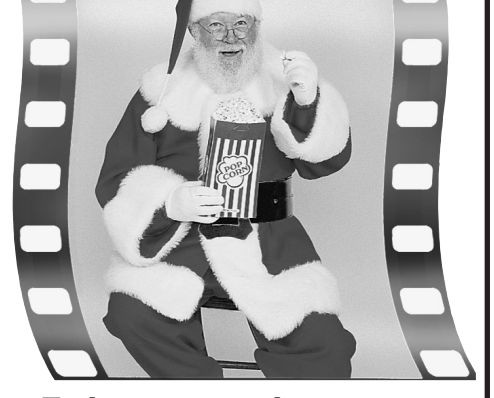

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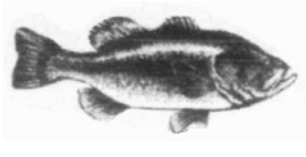

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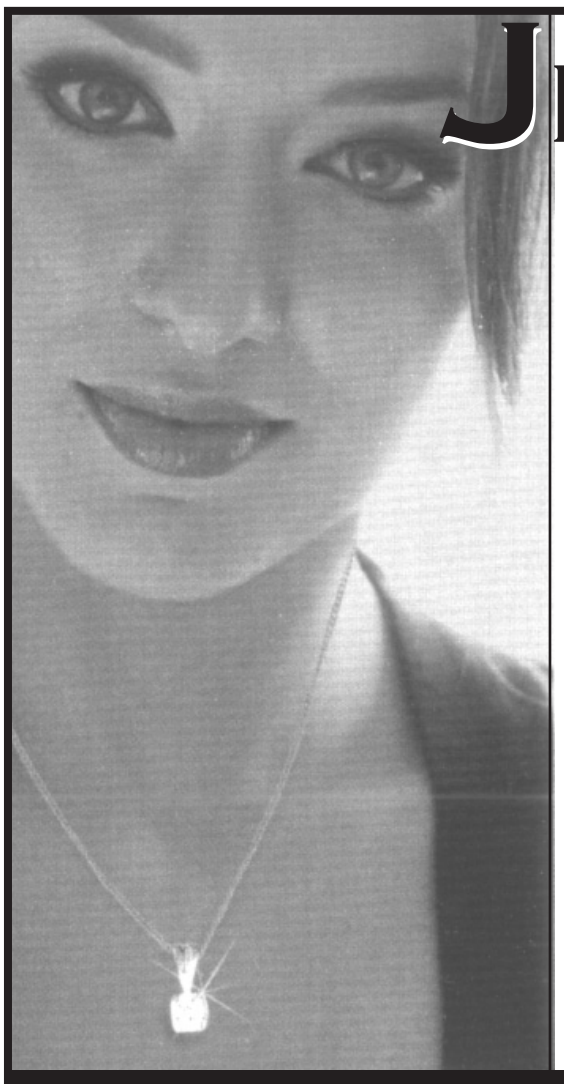

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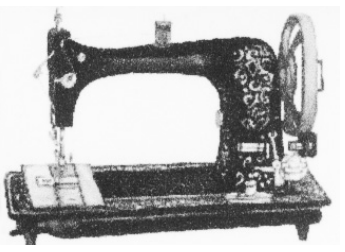

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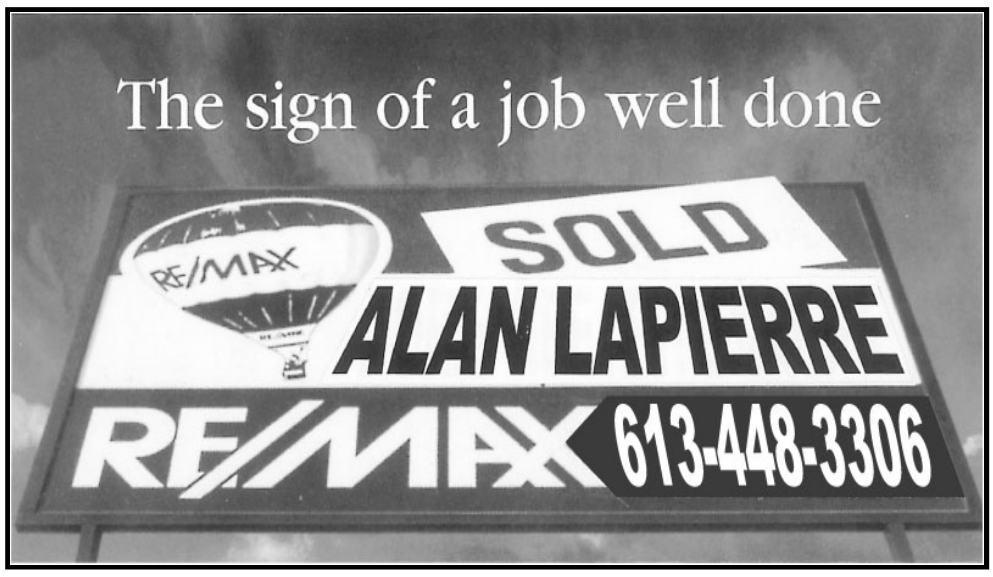

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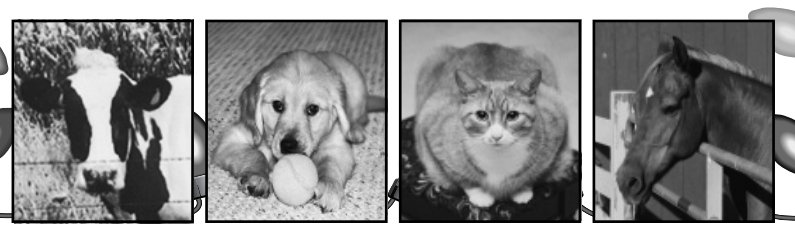

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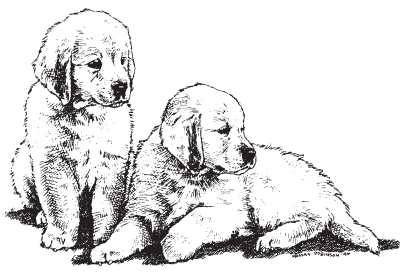

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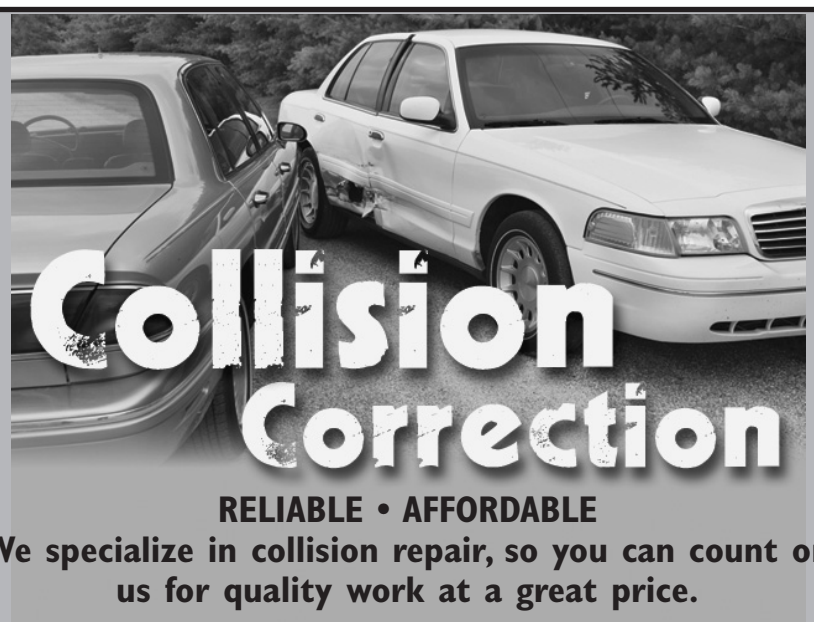

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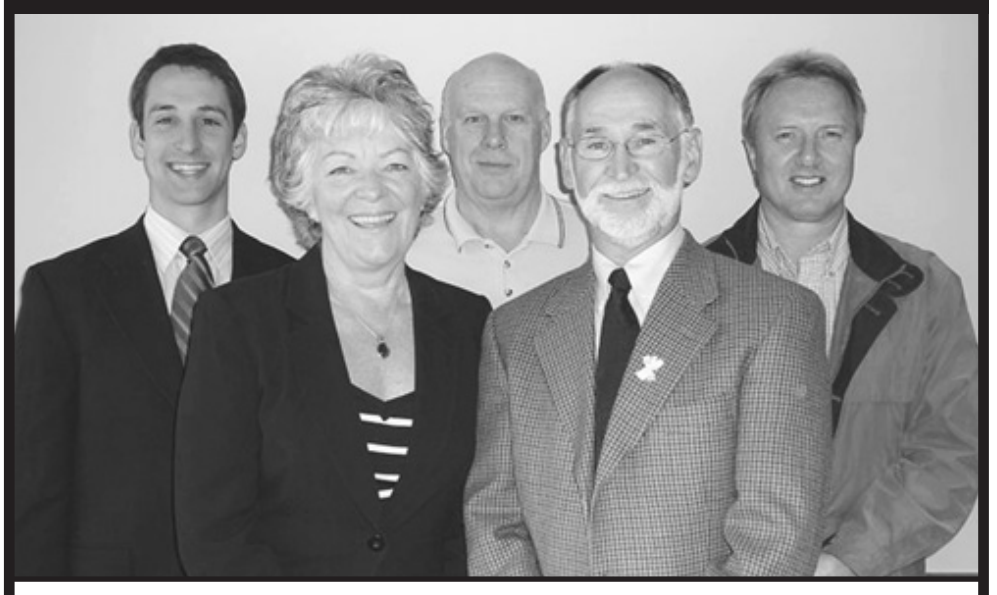

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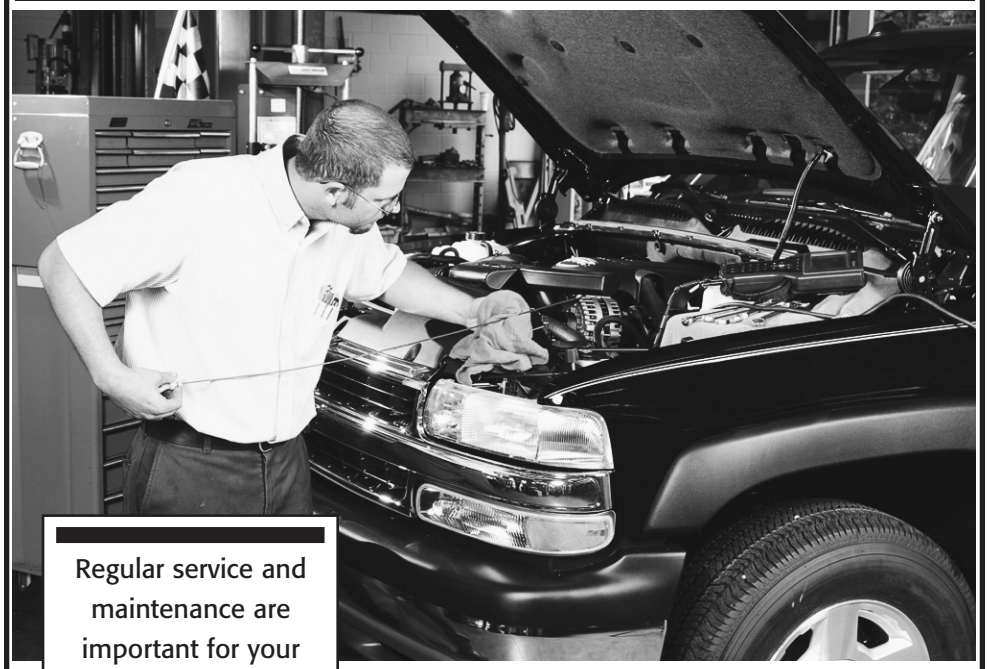

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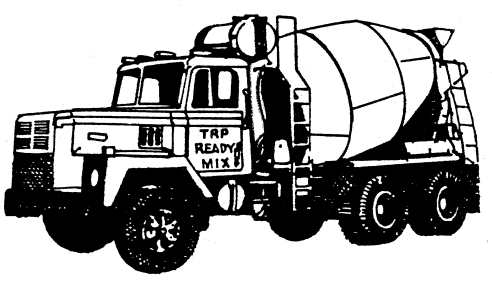

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Seniors plan merry Christmas dinner

by Huguette Shaver

MOUNTAIN — The recent meeting of the Mountain Seniors was opened by president Mavis Graham welcoming members and guests to the gathering.

It was followed with "O Canada" and the recitation of the Lord's Prayer. The October meeting minutes were read by secretary Evelyn Francis and approved as read by the president.

There were 21 members present. Dave Scharf gave his current treasurer's report. Huguette Shaver sent one thank-you card together with a get well soon and sympathy card in November. Irene Crowder and Nancy Rodger gave an update of their kitchen report.

Correspondence was received from the USCO and the newly elected field representative is Muriel Milne. Congratulations to her for doing such a good job.

The members installed a lock for the supplies cupboard and would like to thank locksmith Ralph Rodger for the installation. Also, a sign was posted indicating that the cupboard belongs to the Mountain Seniors.

Members sang a "Happy Birthday" to Doris Belanger and a happy wedding anniversary to Huguette Shaver.

After grace was said, members enjoyed a spectacular buffet and were entertained with a sing along with Charlene and Jack McCargar. The group would like to thank the entertainment committee for bringing such good singers and musicians.

The group's annual Christmas dinner will be held on Dec. 10 at noon; the cost is $12 for members and $14 for non-members, and the meal will be catered by the Brinston Ladies. The deadline for tickets was Mon., Dec. 1 during the euchre party.

The next euchres will be held on Dec. 15 and Jan. 5 and 19. As usual, they are held at the Mountain Community Hall at 1 pm. The next regular meeting will be held Wed., Jan. 28 at 11:30 am.



Cooking up crafts

For those nice things that come in smaller packages, Janet Noort made a variety of these miniature paper boxes and donated them to the bake and craft sale held at the Williamsburg Christian Reformed Church on Sat., Nov. 29. This was the 18th year for the church's pre-Christmas sale.



At left: *Jennifer (left) and Tracey Noort volunteered for kitchen detail and were found cleaning dishes during the bake and craft sale.*

Photos—Barbour



Delicious desserts

Dr. Chuck Adamson held his cup up for a refill as Eileen Webb wound her way through the tables at the South Mountain United Church's Tea and Bake Sale on Sat., Nov. 29.

At right: They looked like refreshing beverages, but they were actually crab-apple and choke cherry jellies sealed with toppings of crumbled paraffin. Kim Vandesande was selling them at one of the tables. The jellies were made by Iris Smith.





Joyce Derraugh and other kitchen volunteers maintained a steady flow of tempting desserts. *Photos—Barbour*

Williamsburg women prepare for season

by Virgie Kurschinski,

WILLIAMSBURG — The Nov. 11 meeting of the Williamsburg Women's Institute began with two minutes of silence by the members and guests present.

The motto "When you are reluctant to change, think of the beauty of autumn" and the roll call "What do you do to relax?" resulted in some interesting responses.

In the absence of the secretary Marjorie Thom, Joan Beckstead read the minutes of the October meeting.

President Lynn Gilmour gave a most interesting report on the Eastern Area WI convention held in Perth on Oct. 23. Gilmour was very impressed by the speech given by the former Lieutenant Governor of Ontario, James Bartleman. Doreen Henderson shared some ideas about taking care of the environment and encouraged the members to read the book *Green For Life*.

Bette Locke introduced the speaker for the evening who helped the members understand how addictions, whether they are to gambling, alcohol, or even work can ruin human relationships as well as the life of the addicted individual. He emphasized that help for addictions is available.

Members and friends of the Williamsburg WI are invited to join in the potluck supper at the J.W. MacIntosh Senior's Support Centre on Dec. 9 at 6 pm.

This will be the Christmas meeting and since the motto will be "Give from the Heart," those attending are asked to bring a monetary gift in a white envelope. For the program, bring a story of a special Christmas memory, an appropriate reading or poem, and perhaps invite someone for whom the Christmas season is a very lonesome time.

A word to the wise. . .
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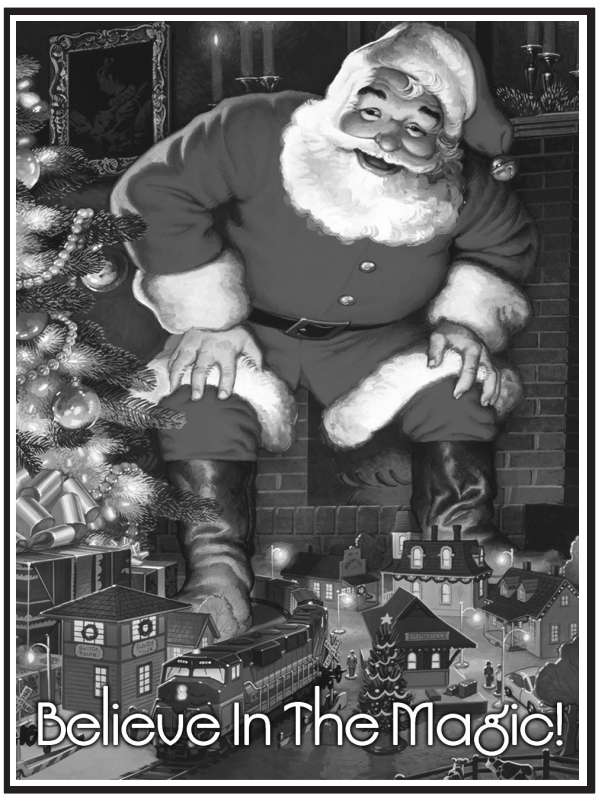

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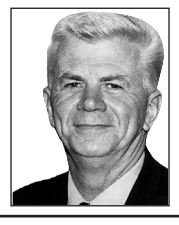

In and around Osgoode Ward
by councillor Doug Thompson

METCALFE — Ottawa City council has finally approved a new Transportation Master Plan (TMP) that includes a light rail-based public transit plan and funding for city roads. The total package will cost $6.8 billion, including the $4.7 billion for the transit portion. Negotiations now begin in earnest with the provincial and federal governments for their share of funding for this project.

Although the light rail project will be constructed over the next 20 years, I firmly believe it will play a major part of the development of Ottawa as a first class city.

Budget debates ongoing

Nearly 200 people registered to speak from Monday to Thursday this week during public consultation for the 2009 City of Ottawa budget. City Council will begin debate on Thurs., Dec. 4.

My major concerns are the proposed cuts to outdoor rink funding, rural fairs, museums, roads, and the proposal to increase user fees for recreational facilities. This is just plain wrong!

Christmas Home and Collectibles Show

Holy Trinity Anglican Church in Metcalfe is holding a Christmas Home and Collectables Show on Sat., Dec. 6 from 10 am to 4 pm. Tickets are $25 and lunch is included. The following homes will be featured: the Somers Home, the Schmitz Home, the Franey Home, and the Black Home.

Cards for our troops

Trudy Quinn, chair of the Osgoode Village Community Association, is co-ordinating another "Christmas Cards for the Troops" project. Send Christmas Cards to soldiers, letting them know that distance does not take them from our hearts and prayers. Drop your cards off at Osgoode Foodland, Julee's Homecraft, or Sweet Peas Pantry by Dec. 6, or after the Osgoode Christmas parade (which takes place on Dec. 6). For more information, call Trudy Quinn at 613-826-1649.

Santa Claus Parades

The Osgoode Santa Claus Parade begins at 11:30 am Dec. 6 at the corner of Taggart and Main Streets in the village. If you have not registered your float, join the lineup by 11:15 am.

Metcalfe's Santa Claus Parade is scheduled for 2 pm on Sun., Dec. 14, starting at Community Christian School. Non-perishable food for the food bank will be collected along the way. Following the parade, head to the Metcalfe Community Centre for cookie decorating, free hot chocolate, treats, and photos with Santa. For more information, contact Laurie Ann Holmes at 613-821-2112.

Three-choir concert

The Concordia German-Canadian Male Chorus, the Ottawa-Carleton Male Choir, the OLV Children's Choir, and special guest Louise Ebeltoft (harpist) accompanied by a flautist will perform on Sun., Dec. 7 at 3 pm at Our Lady of the Visitation Church, 5338 Bank Street, during the annual three-choir Christmas concert. For information, call 613-821-2040.

Olde Tyme Music Award

I was very honoured to be presented with an Appreciation Award in Greely last Friday evening by the Olde Tyme Music Clubs. Over the past 15 years, I have always admired and supported the contributions made to our community by the Olde Tyme Music Clubs. Again, thank for your kindness. It is much appreciated.

OTHS band concert

The Osgoode Township High School band concert and silent auction, under the direction of Craig Sheridan, will be held on Thurs., Dec. 4 at 6:30 pm at Osgoode Township High School in Metcalfe. Admission is $5 and a non-perishable item for the food drive. Funds raised go toward the purchase and repair of equipment for the OTHS music program and contribute toward band excursions. There will be a 50-50 draw and lots of great goods and services to bid on. OTHS students will also be going door-to-door for the food drive on Sat., Dec. 13 from 9 am to 3 pm throughout Osgoode Ward.

Osgoode celebrates season with 'Christmas in the Village'



OSGOODE — The festive season will kick off with Osgoode's all day Christmas in the Village on Sat., Dec. 6.

Breakfast with Santa, including a silent auction and bake sale will take lace from 7 to 11 am, upstairs at the Osgoode Community Centre. After having photos taken with Santa, bid on items in the auction, including a signed Teemu Selani hockey stick, golf games, museum passes, restaurant gift certificates, and much more. All proceeds go to the Osgoode Co-operative Nursery School.

The Christmas Artisan and Craft Fair (open until Dec. 14) will kick off at 9 am and continue until 4 pm at Market Square Mall next to the Scotiabank.

St. James United Church on Main Street is hosting its annual bazaar and bake sale from 11 am to 2 pm, while the Osgoode Youth Association is organizing activities for children of all ages from 11 am to 4 pm.

The annual Christmas parade will take to the vilalge streets at 11:30 am. Don't forget to bring items to donate to the food drive that will take place during the parade.

At 5:30 pm, hop on a sleigh to ride with GAT the Cat, sing some carols, and sip some hot chocolate at the Riverside South Community Centre.

Trinity Bible Church will then host *Bethlehem Live!* from 7 to 9 pm.

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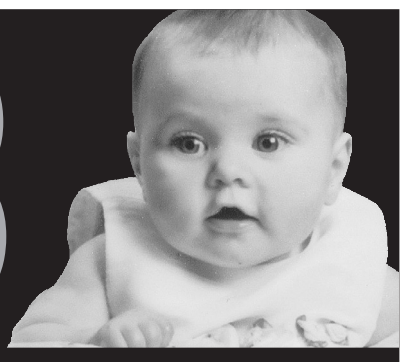
2008 Baby Faces





Arwyn Lillian Logtens
December 12, 2007
Daughter of Terri-Lynn and Jeremy Logtens.
Little sister to Cadence and Ethan.

We will feature the babies born this year in our New Year's edition, Wed., Dec. 31, 2008.

(Babies born in November & December 2007 also welcomed.)



In Full Colour

Send or bring this form along with $30 *(includes GST)* to the: **Winchester Press (545 St. Lawrence St.)**
Box 399, Winchester, Ont., K0C 2K0
Tel: 613-774-2524

Your baby's name _____

Date of birth _____

Your message _____

_____

Don't forget to include a colour photo (wallet size preferred).

Deadline Dec. 19, 10 am

SOUTH DUNDAS NEWS

"Your Town, Your News!"

DECEMBER 2008

Upcoming Council Meetings
December 16
January 20
February 3

Municipal Office Holiday Hours
Dec. 22 & 23, 8:30- 4:30
Dec. 24, 8:30-noon
Dec. 25 closed
Dec. 26 closed
Dec. 29 & 30, 8:30- 4:30
Dec. 31, 8:30-noon
Jan. 1 closed
Jan. 2 closed

Disposal Site Holiday Hours
Williamsburg Land Fill
Dec. 25 closed
Jan. 1 closed
Matilda Land Fill
Dec. 26 closed

Holiday Public Skating
Dec. 22, noon-1
Dec. 24, 11-12
Dec. 27, 6-7
Dec. 29, noon-1
Dec. 30, 10-11
Jan. 3, 6-7
Public skating sponsored by Tim Hortons and Township of South Dundas

2009 Dog Tags
available for sale



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Williamsburg, ON, K0C 2H0
613-535-2673
Fax: 613-535-2099
Email: mail@southdundas.com
www.southdundas.com

NEWS & EVENTS

2008 Christmas/New Year Garbage/Recycle Collection
During the weeks of December 22 & 29 the Thursday pick-up will change to Friday and the Friday pick-up will change to Saturday.

REMINDER

By-Law No. 98-07 provides for the collection and disposal of household refuse and trade waste.

No hazardous waste shall be placed at the curb for collection. Hazardous waste includes but is not limited to explosive, combustible, radioactive, corrosive or toxic. i.e. needles, cat litter, bandages, batteries, poisons, etc. The Municipality asks that you dispose of any hazardous waste in a proper manner.

TOWNSHIP EMPLOYMENT

Resumes are being accepted for an Economic Development Officer. For further information contact our office or visit our website.

Also, required are **Certified Fitness Instructors** to teach classes in the New Year please contact Louise Dimmick at (613)543-3773 or ldimmick@ southdundas.com.

IMPORTANT ITEMS TO CARRY IN YOUR VEHICLE

In case of road-side emergencies, accidents or bad weather, always have the following items in your vehicle:
- Jumper cables
- Pliers, an adjustable wrench and a screwdriver
- First aid kit
- Blankets
- A supply of any regularly needed or taken medication
- Candles and matches
- Sand or kitty litter for climates with snow or ice
- Clean water
- Canned fruit or nuts and a can opener

Have an Idea?!
Comments or suggestions are always welcome!
Please contact the Township office.

SHEPHERD TALK

by Tim Edwards

Go home, not just for the holidays

WINCHESTER — "Home for the holidays." We'll be hearing those four words a lot in the next month or so.

Whether in conversations with colleagues concerning their Christmas traditions, or plans that are being made over the phone with loved ones, or even as a marketing ploy being used to sell all manner of merchandise, the concept of "home for the holidays" will be part of our Christmas experience, whether we like it or not.

It seems to me, however, that for many of us, this concept is increasingly foreign, disconnected from our real holiday experience. "Home for the holidays" seems somehow more of a nostalgic sentiment, related to a static place that is rich in traditions and relationships; something promoted more as an ideal than a common experience; something like that captured in a Currier and Ives painting. I guess there are many reasons for this growing disconnect between the ideal and the reality.

For many of us, the concept of home isn't particularly appealing and not something to which we want to subject ourselves during this "most wonderful time of the year." For others, "home" is hard to define. My family moved around so much, when people ask me where I am from or where I call home, I'm quite frankly stumped. Some of us come from broken homes, and going home can mean going to Dad's place or Mom's place, neither of which seem like the ideal being promoted on greeting cards, television commercials, or retail outlets. We live in an increasingly mobile world that puts large distances between ourselves and the ones we love, making the idea of going "home for the holidays" impractical.

Another expression, "home is where your heart is," rings a little more true for many of us. Home, in this sense, is far more versatile and adaptable to our changeable realities. In this sense, home is portable and realised when I am with the ones I love, whether in a foreign country or the town in which I was born.

Both of these expressions can be meaningful if we accept the truth of Jesus' words as they are recorded in John's gospel, chapter 14 (verse 23). There we read Jesus saying: "If anyone loves me, he will obey my teaching. My Father will love him, and we will come to him and make our home with him."

Christmas is all about God coming to us as a child, to live among us and to bring us into God's family by removing the barrier of sin that separates us from Him. If, in obedience, we will accept this gift of salvation, Jesus says that He will come to us again and make His home in our hearts. You see, home truly can be where your heart is. It is my hope that as you enter this busy holiday season, you will "go home for the holidays" and enjoy the matchless love of God. You will never want to leave, nor will you ever have to leave.

This column is provided courtesy of the Dundas Ministerial Association

Cost-effective aid flourishes in Tanzania

MORRISBURG — The Canadian Club of Morrisburg and District ended its fall season on Wed., Nov. 19 at the Morrisburg Royal Canadian Legion.

The club is in its 91st year and currently has 125 members coming from four or five counties. The members of the head table were piped in by Marc Calder of Winchester to the song, "The Maple Leaf Forever".

After a roast pork dinner prepared by the ladies of the Morrisburg Royal Canadian Legion, guest speaker Christopher Fisher was introduced by Wayne Burns, a corporate member of the club. Fisher is associated with the Canada-Africa Community Health Alliance (CACHA) and was happy to address a group that had supported one of his missions.

Last February, Burns, of Seaway Valley Pharmacy in Winchester, donated his time and money to go with the CACHA mission to Tanzania in Africa for three weeks.

During Fisher's presentation, he shared many facts about his organization, including the fact that no money is spent on staff or administration. Everything done by CACHA, he said, is performed by volunteers, and all drugs and medicines are donated. Many millions have been spent on CACHA's projects. Fisher told the group that waterways are a common means of transportation in Tanzania, and the newest effort is to build a floating dispensary in Canada. Fisher explained that CACHA has convinced the government to support the charity's plans. As a result, the government has committed to providing the other eight floating dispensaries needed to bring medical aid to Tanzania. According to Fisher, this was no easy feat for the organization.

CACHA needs many kinds of volunteers, since everything must be done without administration fees. Everything that is taken to Africa is packed here in Canada by volunteers, then unloaded and sorted by volunteers after it reaches its destination. Everyone who participates in the mission must pay their own expenses or fundraise to cover them. Fisher emphasized that each one of us could be a volunteer.

Fisher said he is quite proud of a new building, which took two years to complete. He said the Tanzanian people have great respect and appreciation for buildings, and they are thrilled to have the Community Treatment Centre. It allows the medical team to discuss issues with patients in privacy and have a proper environment for medical treatment.

The Canadian Club has donated $250 to this cause.

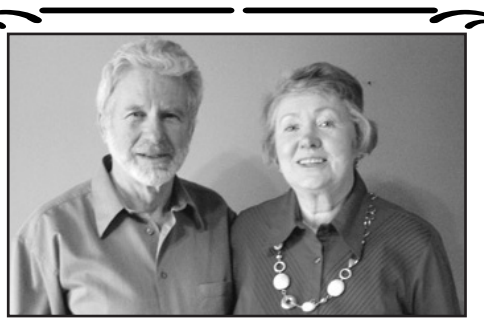
Club organizers would like the thank everyone who support the barbecue in August in any way. According to organizers, the event was a success and has become an important annual social highlight for the club.

Tickets are available to the Canadian Club of Morrisburg and District meetings for $20. For more information, call Doug at 613-543-2922 or Clara at 613-774-2407.

Euchre party

WINCHESTER — Seniors Euchre winners on Nov. 27 included Mary Hoy and Betty Holmes (green cards), as well as June Wallace and Manford Wallace (beige cards). Door prize winners included Betty Barkley and Christina Cumming. Joan McLean and Audrey McLaren won the draws. The group enjoyed a lunch.

Everyone is welcome to join the next euchre tournament on Jan. 8.



The family of

Marilyn and Arden Black

cordially invite you to celebrate their upcoming

50th Wedding Anniversary

at the Park Drive Villa in Williamsburg

on **Saturday, December 13, from 2-4 pm**

Best wishes only.



Beckstead – Orton

Pauline and Albert Beckstead of Winchester, are pleased to announce the marriage of their granddaughter, Christina Beckstead to Andrew Orton, son of Heather and John Orton.

The wedding ceremony took place on Friday, October 3, 2008 at St. Mark The Evangelist in Ottawa followed by a reception at the Royal Canadian Legion in Chesterville.

The happy couple now resides in Leduc, Alberta.

Congratulations to both of you! Wishing you a lifetime of love and happiness.
— Your family

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Notice to Hog Producers

The **Circovirus Inoculation Program** provides eligible hog producers with financial assistance to offset costs related to testing, diagnosis and treatment of hog herds for Porcine Circovirus Associated Diseases (PCVAD2).

Diagnostic testing/clinical diagnosis

- Hog owners or herd managers whose herd(s) have had a certified diagnostic test for PCVAD2 since March 1, 2006, can receive up to $150 per test, up to $2,000 per fiscal year, and up to $4,000 for the duration of the program.
- In the absence of a certified diagnostic test, a clinical diagnosis must have been performed by a veterinarian between March 1, 2006, and November 15, 2007.

Vaccination

Hog owners or herd managers whose animals were part of a herd that tested positive for PCVAD2 can receive up to $1 per piglet and up to $7 per gilt, sow, or boar.

Application deadline is December 31, 2008.

For more information or for an application form,
call **1-800-667-8567** or visit **www.agr.gc.ca/cdhi**

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Notice

WINCHESTER PRESS OFFICE HOURS
Monday - Thursday 9 am-5 pm
Friday 9 am-4 pm
Closed Saturday and Sunday
31tfc

Services

ALCOHOLICS ANONYMOUS
If you want to drink that's your business. If you want to stop, that's ours. Call AA, 613-774-5415 or 613-535-2284. For families of alcoholics (ALANON), 613-774-5969 or 613-535-2284.
17tfc

VICTOR BROOKS & SON INC.
Tree services. Take downs, trimming, planting, stump removal, bucket truck, chipper rental. Free estimates. 613-535-2322.
45tfc

CRACKMASTER CONCRETE
Leaky basement repair from inside. Cracks sealed by injection. Serving Eastern Ontario. All work guaranteed. Call Rob at 613-551-6283, 1-877-334-5737.
2tfc

COUNTRY BOY SANDING
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35-38

ED GIBSON TELEPHONE SERVICE
Phone wires, computer wires, jacks, miscellaneous telephone equipment installed and repaired. We carry a line of Northern Telecom residential and business telephones for sale. Please call for free technical advice and estimates. 30 years experience. Ed Gibson 613-774-2860.
38c

Help Wanted

HELP WANTED – Drivers required. Apply in person to Milano's, 506 Main Street, Winchester.
36tfc

Tilecroft Recruiting – Agriculture employment (full-time, part-time, sales, office, farm, equipment). 613-774-6303 or www.tilecroftfarms.com
38c

HELP WANTED – Local business looking for an office cleaner, once a week, after 5 pm. Please respond to Box 430, Chesterville, ON, K0C 1H0
38-39c

HELP WANTED – Full-time Dairy and Cash Crop Farm help required. Maintenance and operation of farm equipment and machinery required. Livestock management an asset. Salary based on experience. Russell area. Fax resume to 613-445-4114. Cell 613-769-6646.
38-39c

Work Wanted

WORK WANTED – STL Home Improvement. Renovations, repairs, additions, painting, flooring, ceramics, decks, plus more! 30 years experience. Free estimates. Quality workmanship. Steven T. Lavigne 613-864-1953
4tfc

Work Wanted

WORK WANTED – George's Moving, fair prices, dependable service, Ottawa and surrounding area homes, offices and apartments. George Byles, 613-821-4191.
47tfc

G & K MOVING
Affordable and reliable, fully insured. Garry 613-821-3555.
43tfc

WORK WANTED – Karl's Moving. Reasonable rates. Seniors discounts. Long hauls in Ontario. Call 613-652-2526.
18tfc

WORK WANTED – Experienced carpenter. Additions, renovations, decks, siding, windows, doors and more. Call Andrew Lamoureux, Winchester, 613-853-5294.
18tfc

DAYCARE AVAILABLE – Robin's Nest Home Daycare, in Russell. Great country home with fenced yard has openings for full or part-time care, Mon.-Fri. from 7 am-5:30 pm. Many fun indoor and outdoor activities, learning ABCs and 123s, crafts, games, stories, songs, etc. If you are looking for an experienced child care provider in a safe, clean, and child friendly environment call Robin, 613-445-2577 for information.
36-39

For Rent

ROADABLE STORAGE TRAILERS
Dry and watertight. By the week or month. Delivery charge extra. Call Ed Duncan 613-989-2838.
19tfc

FOR LEASE – Prime commercial space on Meadow Drive in Greely. Approximately 1100 sq. ft. available. Great for retail, medical, or dental practice. Available Feb. 1. For more information call 613-821-1497 or 613-821-1488.
35tfc

FOR RENT – Office space on Dawley Drive, Winchester (same building as Drive Test). Call 1-800-361-3305 or 613-652-2069.
8tfc

FOR RENT – 500 sq. ft. zoned commercial, suitable for office or small retail outlet. 4 rooms, washroom, 3 show windows, next door to Royal Bank, heated and air conditioned. 479 Main Street, Winchester. Available immediately. Call 613-774-2205.
14tfc

FOR RENT – Prime commercial property, Main St., Winchester. Available Jan. 1. Call 613-229-6415.
36tfc

KEMPTVILLE
Commercial space, 700 square feet, $700 per month, heat and hydro extra. A great location at lights on Prescott Street. Building available for sale. Information and pictures available at propertyguys.com. Phone 613-296-3455.
38tfc

Accommodation

FOR RENT – 3-bedroom bungalow, Winchester. Call 613-774-3894.
37tfc

Accommodation

FOR RENT – 43 Moffat Street, Morewood, 2-bedroom apartment, newly renovated, $575 monthly, utilities extra, on-site laundry facility, ample parking, high speed internet access, includes appliances. Call 819-771-6433.
19tfc

FOR RENT – 2-bedroom apartment ground level, heated, large yard. No dogs please. Call 613-774-3408.
37tfc

CENTRAL MORRISBURG RENTAL
Premium 2-bedroom apartment now available in modern 6-plex building. Includes security entrance, parking, storage, gas heat, laundry facilities, and air conditioning. Suitable for seniors/adults without pets. Rent $525 and up. References required. Call 613-535-2759 days, for appointment.
29tfc

FOR RENT – Large, 2-bedroom apartment, secure adult building, adjacent to senior support centre. Laundry facility, parking, $625 plus hydro. Available immediately. Call 613-853-6592.
33tfc

FOR RENT – 2-storey, 3-bedroom house in South Mountain. Available Jan. 1. $925 per month plus utilities. Phone 613-989-5348.
35tfc

FOR RENT – Williamsburg apartments, $495 and up, all inclusive. First, last and 2 references. Non-smoking building. Call 8 am-5 pm 613-822-6635.
36-42

FOR RENT – Bachelor apartment in Winchester, $540 heat and hydro included, suitable for quiet individual. First and last months rent and references required. Available Dec. 13 or later. Phone 613-295-9961.
38-39

FOR RENT – Quiet, clean, 1-bedroom apartment in Winchester. Fridge, stove and parking included. Hydro extra. $575 monthly. Available Dec. 15. Phone 613-850-6275.
38-39

FOR RENT – 2-bedroom apartment at 477 Clarence St., Winchester. Natural gas in-floor heating system, air conditioning, hook-up for washer and dryer and includes dishwasher. This apartment rents for $795 per month, plus utilities. No smoking. No pets. Contact Terry at 613-774-3145.
38-39c

FOR RENT – 1-bedroom basement apartment in Osgoode. $600 per month. Available immediately. Non-smoker. No pets. Call after 6 pm or leave message 613-826-2800.
38-39c

For Sale

Photographs appearing in the Winchester Press are available in colour. They must be prepaid when ordered and can be paid for by VISA or MasterCard. Order at the Winchester Press office, 545 St. Lawrence Street, Winchester, or phone 613-774-2524.
7stf

For Sale

PIANOS AND ORGANS FAWCETT'S, WINCHESTER
Julianna and Heintzman upright and grand pianos. Kurzweil digital uprights, grands and keyboards. Rebuilt pianos and organs. For appointment phone 613-774-2205, www.c360.ca/winchester.
12tfc

FOR SALE – Potatoes: 50 lb of white Kennebec, $12; 50 lb of red Chieftain, $14. Country Kitchen Restaurant, 2159 County Road 31, Winchester.
32tfc

APPLES – Many varieties, unique fruit spreads and chutneys. CIDER, sparkling juice, gift baskets, ready made or made to order, giftware. Antiques and collectibles. Open daily 8 am-5 pm. Smyth's Apple Orchard, 613-652-2477, on County Road 18, 5 km west of County Road 31 at Williamsburg, follow the signs, www.c360.ca/iroquois/smyths
32tfc

FOR SALE – Nearly new hardwood oval dining table with 3 leaves and 6 chairs, light cherry wood stain, $900; 4 hp Mastercraft gas lawn mower, $75. Call 613-774-6434.
36-38

CHRISTMAS TREES
Fraser, balsam, fir, pine, spruce. Choose and cut your own or select pre-cut. Weekend campfire and hot chocolate. Tractor and wagon rides (with horses Sun., Dec. 14 only, 9 am-3:30 pm). Hand crafted wreaths available. Patterson's Tree Farm, English Road, Iroquois, 613-652-1927.
38-40

FOR SALE – 4 Nordic snow tires on rims. P205/70R15. Phone evenings 613-987-5699.
38-39

FOR SALE – Afghans, hand crafted, variety of colours. Great gifts suitable for anyone. Phone between 8 am-8 pm, 613-774-6299.
38

CHRISTMAS TREES
Pruned spruce, balsam, and scotch pine. Phone 613-989-1852.
38-40c

FOR SALE – In Kemptville, 3-bedroom row condo, 1-1/2 baths, finished basement with dry bar, end unit, gas heat and hot water with central air, jacuzzi tub, $140,000. More information and pictures at propertyguys.com. Phone 613-296-3455.
38tfc

Automotive

FOR SALE – 1993 Ford Thunderbird Super Coupe, 170,000 km. Call for more info after 5 pm, 613-984-2801.
29stf

BEADS – Wanted
Seed beads and/or beaded items. Must be pre-1920.
Call 613-535-2233

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9tfc

FOR SALE – 1999 Ford Ranger, 3 litre, 127,000 km, safetied and E-tested, $5,000, obo. Call after 5 pm, 613-984-2801.
29stf

WANTED TO BUY – GM truck, as is, for farm use. Reasonable price. Call 613-657-1114.
38-39

FOR SALE – 2000 Saturn, standard, safetied and E-tested. Good shape, runs perfect. Reasonably priced. Call 613-821-2922.
38-39

Farm

WANTED – 5-10 acres to lease starting in the spring. To be used for horse pasture. Ideally it would be fenced, water and close to Winchester. Call 613-601-8069 ask for Merv or leave message.
37-40

FOR SALE – DeDell seed corn. No B.T., no BULL. Just great seed corn at a great price. Poncho or Cruiser 250 available if wanted. Call John Cinnamon 613-774-2486 or cell 613-227-1849. Web site: www.farmerjohnfromcloverdale.com
37-40c

FOR SALE – 40' counter-clockwise Patz stacker and unit, excellent condition. 350' of chain, nearly new. Phone 613-821-3795 or 613-715-2870.
38-39

FOR SALE – 80 round bales of mixed hay, 4x5 with no rain, $15 each. Call 613-821-3391. 38-40

FOR SALE – 2007 balage, $15 per bale. P-23.5, ADF-36.7, Protein Dig-76.4, NDF-46.2. Call 613-652-1467.
38-39

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874. 15tfc

FOR SALE – Wooden bunk beds. They go down as two single beds. Excellent condition. 613-989-1516.
37-38

Pets/Livestock

FOR SALE – Muscovy ducks, all colors, best offer. 613-657-1114. 38-39

Pets/Livestock

WANTED TO BUY – Meat cows, horses, crippled cattle. Fair price. 613-657-1114, Archie.
38-42

Card of Thanks

CARD OF THANKS – I would like to thank everyone who sent cards, made visits and inquiries when I was in the hospital. I want to thank Dr. Prins and Dr. Domanko for their good care of me, also the wonderful nurses who were excellent and took such good care of me too.
– Thanks to everyone, Muriel Miller
38

In Memoriam

McLAREN – In loving memory of Fred, who passed away twenty-five years ago on December 8.
We who loved you, sadly miss you,
As it dawns another year,
In our lonely hours of thinking
Thoughts of you are ever near.
– Sadly missed by Audrey, Carl, Marlene, Bill and Brittany
38

FAULKNER - In loving memory of a dear husband, father and grandfather, Jack, who passed away December 8, 2003.
Just a thought of sweet remembrance,
Just a memory sad and true,
Just the love and sweet devotion,
Of one who thinks of you.
– Forever loved
– Your Wife and Family 38

Coming Events

WINCHESTER LIONS CLUB
515 Albert St. 613-774-2630
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Every Monday
HALL RENTAL
THRIFT STORE
OPEN: 9 am-3 pm, Tuesday to Saturday
3tfc .

"A Touch of Christmas"
COUNTRY HOUSE TOUR
Sat., Dec. 6, 10 am-4 pm. Sponsored by Avonmore Community Association. 5 homes open for viewing, 5 additional stops. Tickets $15 each, available at Scotiabank in Chesterville, Avonmore, Maxville and Cornwall. Free bus available. To book a seat call Nancy Wert 613-346-5493.
35-38c

CHRISTMAS CAROLLING
At Williamsburg United Church
Sun., Dec. 14, 7 pm. Come and join us for an evening of your favourite Christmas Carols. Everyone welcome.
38-39

Coming Events

NASCAR SALE
Sat., Dec. 6, 9 am-9 pm, Stagra Automotive Ltd., 1375 Greely Lane, 613-821-0238, Leigh or John for details.
35-38c

BLUE CHRISTMAS SERVICE
Hallville United Church
Sun., Dec. 7, 7 pm at Hallville United Church. Join us for a quiet, meditative worship service.
36-38

SEAWAY VALLEY SINGERS ANNUAL CHRISTMAS CONCERT
With guests Winchester United Church Junior Handbell Choir and conductor Robert Jones, Sun., Dec. 7, 3 pm at Iroquois United Church. Tickets $10 available at the door ($5 for children under 13). Refreshments. For information call Robert, 613-448-1647.
37-38c

CHRISTMAS DINNER/DANCE
Tri-County Country Music Association Sat., Dec. 6, 8 pm, Morewood Rec. Centre. $5 at the door.
38c

CHRISTMAS FAMILY CRAFT TIME
For children 4-10, Sat., Dec. 13, 10 am-12 noon, Winchester Baptist Church. Come for fun, music, hot chocolate and snacks. Free registration by Dec. 8, 613-989-3042 or 613-989-6078. The Food Bank would welcome any food items. Sponsored by True Love in Christ Ministries and Winchester Baptist Church.
38-39c

FESTIVE FAMILY FUN
The Dundas County Players present "Sing a Song of Sixpence", a fairytale farce featuring ridiculous royalty, fairies, gypsies and dames in drag at the WInchester Old Town Hall. Dec. 27, 2 pm and 7:30 pm; Dec. 28, 2 pm; Jan. 2 and 3, 7:30 pm; Jan. 4, 2 pm. TIckets are $15 ($10 for youth). Call Russell at 613-448-3534. Great stocking stuffers!
38-40c

TOUR BRAZIL, URUGUAY AND ARGENTINA
In February 2009 for 20 days. Check out sites to be visited on the itinerary at Agritours Canada Inc. website. Visit Iguassu Falls and enjoy the summer weather in our winter! Cost is $7,685 p.p. double occupancy. Contact Pete Leyenaar at 613-774-3885 for more information.
38-39

Coming Events

YE OLDE BARGAIN SHOPPE
A great place to shop! Open Wednesdays from 1-3 pm and Thursdays from 1-3 pm and 6-8 pm. Holy Trinity Anglican Church Hall basement, Queen Street, Chesterville. Come in and browse!
38c

Auction Sales

ANNUAL CHRISTMAS AUCTION FEATURING
EXCELLENT ASSORTMENT OF ANTIQUE AND MODERN FURNISHINGS, COLLECTIBLES, GLASS AND CHINA,
LARGE ASSORTMENT OF SPORTS CARDS (MOSTLY HOCKEY),
GOOD SELECTION OF TOOLS,
3-PT. HITCH PTO DRIVEN WOOD CHIPPER,
NEW REAR-TINE ROTOTILLER AND MUCH MORE
To be held at Our Facility, 15093 County Road 18, east of Osnabruck Center. From Highway 401 take Ingleside Exit #770 (Dickinson Drive), travel north approximately 1-1/2 km to Osnabruck Center, turn east on County Road 18 and travel approximately 1/2 km. Watch for signs.
SATURDAY, DECEMBER 13
commencing at 9 am
The following items will be auctioned at 9 am outdoors and will take approximately 20-30 minutes: Bush Hog 3-pt. hitch pto driven model #CS-100 P wood chipper, like new, (paid over $3,500); approximately 30 antique steel and wooden implement and buggy wheels; large heavy duty lawn roller; large quantity of corrugated plastic siding sheets (3-1/2'x8'); round saw blades; beautiful wooden glider swing set (new); 2 portable stair style scaffolds; antique washing machine; barrel style butter churn; old apple press; Massey Harris root chopper; 1960s Ski-Doo cutter; quantity of chicken wire.
At approximately 9:30 am over 200,000 hockey and sports cards. Balance of auction at 10 am.
Note: This is a very large interesting sale with something for everyone. Plan to attend.
Owner and Auctioneer not responsible for loss or accident.
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38c

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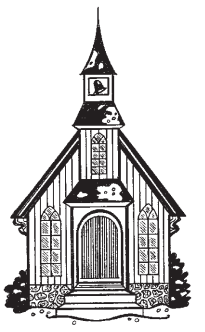

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Meeting at the 'OLD Town Hall' Building on Main Street, Winchester
Sunday
10:00 am - Worship Gathering
Wednesday
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KIDS' CLUB
Faith Weaver Friends, Ages 4-12 - Free
ADULTS
Bible Study with Nursery provided
613-774-0721
Please visit website for more info: www.discovery-bf.org
27tfc

COMMUNITY CHRISTIAN REFORMED CHURCH
Dixons Corners
Pastor: Rev. Clarence Witten
613-652-2400 (Church)
Sunday
10:00 am - Morning Worship
6:30 pm - Evening Service
32tfc

NATIONSIDE PENTECOSTAL CHURCH
13 Albert Street, Chesterville
Pastor: Rev. David Charles
613-843-9653
Sunday
10:00 am - Sunday School
11:00 am - Worship Service
For information 613-448-3725
31tfc

CHRISTIAN REFORMED CHURCH
Williamsburg, Ont.
Church 613-535-2227
Office 613-535-1882
www.williamsburgcrc.org
Pastor: Rev. John Noordhof
Sunday
9:30 am - Worship Service
7:30 pm - Worship Service
Please be our guest this week.
41tfc

WINCHESTER WESLEYAN CHURCH
Our Church Loves Kids, and Kids Love Our Church
Check out the updated www.winchesterwesleyan.com
Sunday
10:30 am - Worship Service and Sunday School
Pastor: Thurland Brown
Children's Pastor: Amy Morris
613-774-3137
537 Main St., Winchester
33tfc

THE ANGLICAN PARISH OF NORTH DUNDAS
541 St. Lawrence Street
Winchester
Rev. Jon Martin
Please join us for Sunday Worship
8:30 am - Book of Common Prayer
10:00 am - Family Service with Music and Sunday School
"To be a living Church, united in one congregation, reaching out to God's world."
613-774-2236
22tfc

HARMONY COMMUNITY CHURCH
Hwy. 31 and Ormond Road
613-774-5170
harmonychurch@bellnet.ca
Sunday
10:30 am - Morning Service
Nursery and Sunday School available
Web: www.harmony-church.org
27tfc

WINCHESTER BAPTIST CHURCH
Traditional Music-centred Services
Sunday
10:00 am - Adult Sunday Bible Study
11:00 am - Worship Service
Pre-school, Sunday School
Mondays 10 am-12 noon
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Bud McKibbon
Mollie McKibbon
25tfc

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Hours: M-W-F 9 am-12 noon
www.winchesterunitedchurch.org
Rev. Elaine Beattie
Supervising Minister for Emergencies
H: 613-535-9961
W: 613-535-2245
Worship Leader
Harry Price
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WINCHESTER SPRINGS
9:30 am - Worship Service
WINCHESTER
11:00 am - Worship Service, Sunday School and Nursery
38c

ST. PAUL'S PRESBYTERIAN CHURCH
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Minister
Rev. Dr. Floyd McPhee
Sunday
10:00 am - Divine Worship 41tfc

DEATH NOTICE

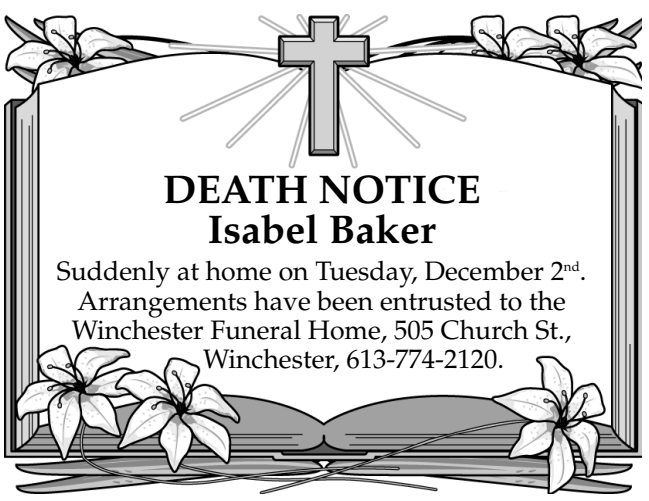
Sam Skuce

Sam Skuce of Hallville, passed away peacefully at the Winchester District Memorial Hospital on Mon., Dec. 1, 2008. He was 71.

He was the beloved son of the late Samuel and Mary Skuce. He was the loving brother of Mabel Skuce (Ben Cox), and was predeceased by William Skuce and Effie Simser. He was the dear uncle of many nieces and nephews.

Sam will rest at the Byers Funeral Home in South Mountain on Wed., Dec. 3 from 2 to 4 and 7 to 9 pm. The funeral service will be held in the chapel of the funeral home on Thurs., Dec. 4 at 11 am, followed by interment at Reids Mills Cemetery.

By family request, donations may be made to Winchester District Memorial Hospital.



DEATH NOTICE
Isabel Baker
Suddenly at home on Tuesday, December 2nd.
Arrangements have been entrusted to the Winchester Funeral Home, 505 Church St., Winchester, 613-774-2120.

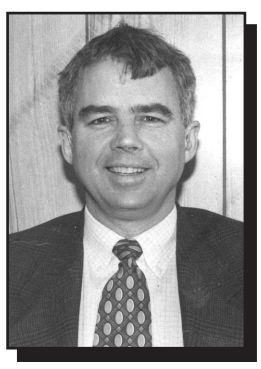
Thank You

We would like to express our sincere thanks to Dr. Jacques and all of the nurses and staff at the Winchester District Memorial Hospital who cared for Hubert Ouderkirk during his short stay in hospital.
A special thanks to all of the residents at the Yorkview Apartments who were there when I needed them the most, Rev. Wendy Wright MacKenzie from Holy Trinity United Church in Chesterville, Marsden & McLaughlin Funeral Home, Williamsburg, for looking after the arrangements, Holy Trinity Anglican Church Women for the lunch and all of the other churches, friends, neighbors, new and old.

Thank you all for your terrific kindness and my heartfelt thanks.

Walk slowly down that long long path for soon I may follow you.

Sincerely, Elva Collingridge and family

HEARING TESTS

Rob Meagher
Hearing Aid Specialist
(A member of A.H.I.P.)
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10 am
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Thank You

The family of Ed Gayda would like to thank our relatives, friends and neighbours for their support, floral tributes, cards and donations, which included Palliative Care on behalf of Rideau Auction employees and SPCA, Dr. Flowers, Nurse Thompson and the nurses from the second floor.

Thank you to Brad and Beth Pinch and Theresa McCaig for organizing the Celebration of Life, and to anyone we may have missed.

Mary Levere

Heartfelt Thanks

We, the family of the late Lula Wagner (Thompson), would like to express our sincere appreciation to our friends, neighbours and relatives for all of their support through food, donations, cards, calls, prayers and floral tributes. Also, those who shared stories of how Mom touched their lives.

A special thank you to Rev. Mary Lou Shorthill for her words of comfort, support, and the beautiful service. The family is very grateful to all who assisted in the service. We thank Byers Funeral Home for their guidance and professionalism. We would also like to thank the Morewood Cemetery committee.

Thanks to the staff at the Dundas Manor for their love, understanding and excellent care for Mom over the last four years. Deep appreciation goes to Dr. Steele, who has given years of care to our Mother. Thank you to the clergy and all who visited Mother in the Dundas Manor.

Thanks to the Morewood United Church ladies for serving a delicious lunch after the funeral and to Joanne for the tasty supper on Monday night.

Your kindness will never be forgotten.

OTTAWA CARLETON MALE CHOIR
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SOUNDS OF CHRISTMAS
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Parts Manager
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By Email: dvm@weagantfarm.com

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Thursday, December 11, 2008 9:00 a.m. to 4:00 p.m.
Friday, December 12, 2008 9:00 a.m. to 4:00 p.m.

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$222,920 - 4291 Schell St., 1,225 sq. ft. raised ranch - wall-to-wall upper level hardwood-lower level walk out overlooking small creek and distant barn - spectacular kitchen - 2 full ceramic tile baths including en suite - direct entrance to garage - open concept - **www.afantasticplace.ca**

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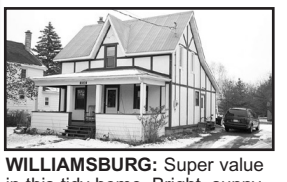
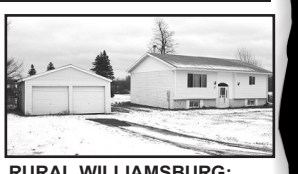


WILLIAMSBURG: Super value in this tidy home. Bright, sunny, country-size kitchen with cedar cupboards and a high vaulted ceiling. This 2+1 bedroom could be a 3+1 bedroom by dividing one large room. Includes a 2007 HE gas furnace and 6 appliances, and features a huge 300 ft. deep back yard, town sewer, 1-1/2 bathrooms. All in a family community. MLS 713696 **$129,900**



RURAL WILLIAMSBURG: Tidy 2+1 bedroom, 2-bathroom hi ranch on a quiet country road with a 2-car garage! A perfect starter or retirement home that backs on the golf course at 18th hole! Features a great rec room space, hardwood and tile flooring throughout most of the main level plus a nice, large deck overlooking the golf course to enjoy your morning coffee. MLS 713520 **$149,900**



WINCHESTER SPRINGS: Fully gutted in 92 and updated in 2006, this 3-bedroom, 2-bathroom home is a charmer. Features main-floor laundry with full bathroom, wrap-around verandah, fully fenced yard, large country kitchen with pine cabinets and gorgeous hardwood floors in kitchen, living room and upstairs. Local playground is a stone's throw away. Plus, you get an extra piece of land across the side street with a workshop. **$149,900**



BERWICK: Opportunity awaits with this multi-use building that could be converted to commercial or residential. This former township council building is only 40 mins. to downtown Ottawa. With over 2,000 sq. ft., high ceilings, exposed beams, large paved parking lot and updated septic in 1998, this could be your chance to make it your own. Handicap accessible - great for residence, clinic, daycare, office, seniors residence. etc. Call for info and details. MLS 713697 **$130,000**



IROQUOIS: Beautifully crafted and well-cared-for log home minutes from the St. Lawrence river and golf course. This bright, spacious, warm and welcoming home offers lots of room to roam with large rooms throughout, an all-pine interior, large kitchen with movable island, huge main-floor den/family room and an even bigger basement rec room. Relax on the rear deck or enjoy view from the many windows. MLS 713298 **$239,900**



SOUTH MOUNTAIN: Affordable and ready to move into! This clean and tidy home received new shingles and vinyl windows in '08. Features a country-size kitchen, large living room, 4 bedrooms 2 baths, main-floor laundry, some hardwood floors, double carport with workshop space at the rear and a big back yard with mature trees. Extra second floor space available for adding a possible en suite too! MLS 713786 **$114,900**

LAND - Hunters Rd., South Stormont

185 acres of land, 55 acres cleared, 130 acres bush, south of Chesterville. **$159,900**

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OBITUARIES

Hubert Ouderkirk

Hubert Ouderkirk, a lifetime resident of the Winchester area, passed away at the Winchester District Memorial Hospital on Mon., Nov. 24, 2008 following a brief illness. He was 85.



He was born in Winchester Township on May 27, 1923 to Johnson and Lula Ouderkirk (nee Bogart). He eventually took over the farm which had been in the family for four generations and operated it until selling it to the Vanden Bosch family. He kept a small piece of the original farm land and he and Elva purchased a mobile home which they lived in until one year ago when they sold the trailer to Cecile Hogan and moved to an apartment in Winchester.

After selling the farm he worked for Cornwall Gravel and then Cruickshank Construction in Morrisburg before retiring in 1988. He was a hard worker and always liked to keep busy.

He loved playing bingo, euchre, and travelling to the casino. He was really good at playing pool, and was an avid gardener. He took great pride in his trailer, which he kept in immaculate condition.

Hubert is survived by his companion Elva Collingridge (nee Heagle), his step-children Richard Collingridge of Cornwall, Brenda Lefave (Robert Brownlee) of Cornwall, and Gordon Collingridge of Winchester, and his sisters-in-law Margaret Ouderkirk of Toronto, and Sybil Ouderkirk of Chesterville. He will be fondly remembered by grandchildren Mary (Jeff MacIntosh), Bradley, Christine and Stephanie Lefave; Steven and James Collingridge; and great-grandchildren Selena, Jaryd, Madison, Haley, Mark, Brooke. and Macy. He was predeceased by sisters Evelyn Stewart, Emma Rae, Margaret Ouderkirk, Rita Ouderkirk, and brothers Walter, Sheldon, and Harold Ouderkirk. He is also survived by nieces and nephews.

There was no visitation. A graveside service was held at Maple Ridge Cemetery in Chesterville on Fri., Nov. 28 with Rev. Wendy Wright-MacKenzie officiating.

Donations to Winchester District Memorial Hospital would be appreciated by the family.

Arrangements were entrusted to the Marsden & McLaughlin Funeral Home in Williamsburg.

Lorne Wyatt

Lorne Wyatt passed away peacefully in hospital on Nov. 26, 2008. He was 73.



He was the beloved husband of Helen (Lewis). He was the dear brother of Bill. He was predeceased by brothers Robert (Mary), Delbert, and Arnold, and a sister Katherine Bowen. He will be remembered by Marlene Millar (John), Dwayne (Barb), Terry (Flossie), Carolyn Hill, and families. He will be sadly missed by many nieces and nephews, especially Carolyn Morrison.

A memorial service was held at Holy Trinity Anglican Church in Metcalfe on Sat., Nov. 29. Following a reception at the church, a private family inurnment took place at Spring Hill Cemetery in Metcalfe.

For those wishing donations may be made to Winchester District Memorial Hospital Dialysis Unit or the Anglican Church in Metcalfe or Vernon.

The funeral arrangements were entrusted to the Daley Family Funeral Home in Metcalfe.

Campbell Blakely Taylor

April 15, 1928 - Nov. 27, 2008

Campbell Blakely "Blake" Taylor passed away peacefully after a tough battle with cancer at Winchester District Memorial Hospital with his family by his side.

He was born on April 15, 1928 in Galt, Ont. to the late Campbell McKenzie Taylor and the late Alice Mildred Eatough. He was the beloved husband of Mary, whom he married in Ottawa in May 1986. He was the loving father of Scott (Christine), Peter, Ann Lillepold (Marty), and Robert. He was the dear step-father of Bryan Fetterly (Cathy), Dawn Hutt (Brian), and Mark Fetterly (Andrea). He was the treasured grandfather of Jason Weststrate (Jodi), Kelly, Daniel, and Julia Taylor, and Katie Lillepold. He was the special grandfather to Dustin and Dylan Fetterly, and great-grandfather to Jessie and Rawnie Weststrate. He is survived by a dear brother Jack (Lois) of Toronto, their children Cam and Ellen and families, as well as by cousins with whom Blake grew up in Galt, and their families.

At the University of Western Ontario, Blake played with the Mustangs, and after graduation, in 1951 and 1952 he played with the Hamilton Tiger Cats. He later taught Physical Education at South Grenville District High School in Prescott, and for 30 years at North Dundas District High School in Chesterville until his retirement.

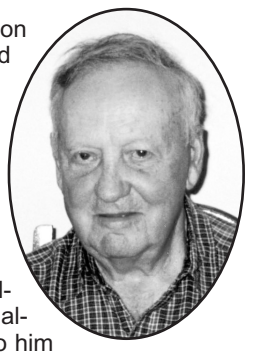
He played countless hours on playing fields coaching numerous teams in his communities and schools. One of his most valued trophies reads 'Thanks, "Chuckles" Taylor'.

At Blake's request there was no wake or funeral. Immediate family has gathered to celebrate his 80 years of generous, big-hearted life, remembering always to stay young at heart, and to "be humble in victory and gracious in defeat".

The funeral arrangements were entrusted to the Byers Funeral Home in South Mountain.

Paul Whitteker

Paul Raymond Whitteker, a lifetime resident of the Williamsburg area, passed away at Winchester District Memorial Hospital on Mon., Nov. 24, 2008, following a brief illness. He was 89.



He was born in Matilda Township on July 7, 1919 to his parents Arthur and Martha Whitteker (nee Barkley) and was raised on the family farm along with his brothers Garnet, Lloyd, and Ross, and sisters Nina, Alice, and Ada. On Sept. 6, 1939 he married Dorothy Casselman, and together they had three children: Isla, Garry, and James.

He was very devoted to his children. He loved each child unconditionally, and they were never afraid to go to him for help. He always made time to spend with the children, and he taught them many things including how to read, skate, swim, square dance, drive a car, and ride a horse. Today, children take lessons for these things, but Paul took the time to teach his children all of those skills, and many other lessons of life. In addition, he taught his family about gardening, farming, and animals, and he always had lots of pets.

Paul was always there for his grandchildren Shelley, Tracy, Shaw, Tammy, and Stacy. The grandchildren have memories of picking up fishworms, going fishing, bailing hay, horseback riding, and driving the truck, tractor, and car. He took them to the trailer, played ball, drove them where ever they wanted to go, gave them money, and dried their tears. He loved to go fishing, and the grandchildren accompanied him on many fishing trips.

In the last few years, he was there for the great-grandchildren too. Brandon was always pretty excited when Grandpa would let him ride the four-wheeler or three-wheeler, whichever he had at the time. He also loved to watch Brandon play hockey. Grandpa loved to hear Brooke sing — he was always happy about all their activities and accomplishments— especially anything musical. Tyrnan loved "Old Pa Pa" as he called him. Old Pa Pa could pull toonies and loonies out of Tyrnans ears. He was always happy to see the great-grand children come to visit.

He was always full of fun. The family all have fond memories of playing games with him because he always had a joke or a trick or a fun game to play. In the wintertime it was always exciting to see what fun game he would have for the family to play after supper each night – there was no television in those days, so he would think of something to do that would entertain everyone. In the summer, after the chores were done, the children would play hide-and-go-seek in the barn, and he allowed the children to jump in the haymow. They also had water fights and pillow fights, which were great fun for not only his own children, but for his children's friends, who were always made to feel welcome in the Whitteker family home.

Paul taught his children how to work hard at whatever they did in life. He set a good example because in addition to his work on the farm he also delivered the mail for over 42 years, sold life insurance, and delivered the Ottawa Citizen. He kept very busy trying to make a living but he always had time for his family, and he taught them good values and to appreciate and be thankful for what they had.

He was gifted in his ability to play the violin, and he liked to write poems. He began playing the violin at the age of seven, and later he and his brother Ross, who had a guitar, started to play together in their first band. Paul was blessed with the ability to be able to hear a piece of music and then play it without having any sheet music to read. He loved music, and he was fortunate enough to be able to play his violin up until a few days before he passed away.

He was a wonderful husband, father, grandfather, great-grandfather, uncle, cousin, nephew, brother-in-law, father-in-law, and friend to many people.

He is survived by his wife Dorothy, his children Isla (Alfred) Whitteker-Berthelotte of Orleans, and Garry (Mary) of RR#3 Williamsburg, and his brother Garnet of Paris. He will be fondly remembered by grandchildren Shelley (Vince) Cousineau, Tracey (Geoff) Hare, Shaw (Suzanne) Knelsen, Tammy (Dan) McIntosh, Stacey (Raymond) Lee, and great-grandchildren Brandon, Brooke, Tyrnan, Ryan, Samuel, and Michael. He is also survived by nieces and nephews. He was predeceased by an infant daughter Julie, a son James Paul, sisters Alice Casselman, Nina Whitteker, Ada Hanson, and brothers Lloyd and Ross Whitteker.

Friends called at the Marsden and McLaughlin Funeral Home in Williamsburg, on Wed., Nov. 26. The funeral service was held at the funeral home on Thurs., Nov. 27 with Rev. Norine Gullons officiating, followed by interment at Spruce Haven Cemetery in Brinston. The pallbearers were nieces Sylvia Barkley, Marilyn McInnis, Karen Wells, Robbin Kerr, Gail Godbout, and Susan Hanson.

Donation to Winchester District Memorial Hospital would be appreciated by the family.

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Florence Maguire

Florence Maguire (nee Scott) passed away peacefully at the Englehart and District Hospital on Sun., Nov. 23, 2008 at the young age of 93. She fought a courageous battle with cancer but remained witty and vibrant to the end.



She was born in Elk Lake, Ont. on Sept. 12, 1915 to the late Mary (nee Millor) and the late William Scott, owners of Elk Lake Dairy.

She was predeceased by her husband Holace (Mickey), daughter Jean Thompson, sisters Ethel (Stan) Welsh, Nellie (Fred) Veltri, Winnifred (Gordon) Emms, and brothers Wilfred (Esther), Richard, and Wilson (Alberta Overland) Scott, and John (Anne) Stadden. She is survived by sister Mary (Steve) Kingston, sister-in-law Nollie (Guy) McGillivray of Sault St. Marie, daughters Shirley (Bill) Blackburn, Valerie (David) Flowers of Winchester, Darlene (Garry) Ames, and son Wayne (Jean) Maguire of Sudbury.

She will be fondly remembered by nine grandchildren: Darcey (Ed) Link, Trevor (Laura) Blackburn, Holly (Tom) Henninger of Oshawa, Darren (Amy) Loiselle, Shawna (Dave) Loiselle, Andrea Flowers of Ottawa, Michael Flowers of Toronto, Brendan Flowers of Toronto, and Melanie Flowers of Ottawa. She was the treasured great-grandmother to Stacey (Cliff) Borgford, Brandon Link of Edmonton, Kayla, and Tayler Backburn, Julia and Jakob Henninger of Oshawa, Halie Loiselle, Sierra and McKenna Livingston, and Meggan, Nicholas, and Matthew Loiselle, and the great-great-grandmother to Ty, Cody, Jessie, Cole, Tanner, and Brett Borgford, and aunt to many special nieces and nephews.

She dedicated herself to her loving family, and was always anxious to help others. She was actively involved with the Northern Beacon Rebekah Lodge, Hospital tuck shop, and Emmanuel United Church. She loved to curl, garden, and travel, and her zest for life was an inspiration to family and special friends.

The family received friends at the McDonald Funeral Home in Englehart on Mon., Nov. 24. The funeral service was held at the Emmanuel United Church on Tue., Nov. 25 with Rev. Jessica Cottrell officiating followed by Interment at the Englehart Cemetery.

In lieu of flowers, contributions to the Canadian Cancer Society were gratefully appreciated.

Keeping Health In Mind

"Keeping Health in Mind" is a monthly newspaper column made possible with the help of the Lannin Business Centre, The Winchester Press and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall Community Hospital/Hôpital Communautaire de Cornwall.

Art and colour therapy in mental health

Making artistic creations and experimenting with a variety of colours is therapeutic. We use our artistic creativity in everyday life. For example, we feel a sense of accomplishment after renovating a room, decorating a photo album or gardening. Many psychotherapists use a variety of creative methods to promote positive changes in their client's mental health. This creative process is based on different techniques such as visual arts (drawing, painting, sculpting), dancing, writing and psychodrama exercises. Creating an artistic project is an individual process. There is no right or wrong about the final outcome. Sure others might criticize the final product, but what matters is the benefit that the individual draws from achieving the exercise. Allowing ourselves to be creative can have a healing affect by stirring up emotions that might be related to unresolved repressed issues. Art therapy facilitates the communication of internal messages and allows us to process them in the following ways by:

- releasing painful experiences through a non-verbal means of communication
- promoting self-expression and interpersonal exchange in a group setting
- feeling productive
- identifying and expressing feelings versus analyzing our issues
- building strength in conquering our fears
- allowing ourselves to grieve our losses
- forgiving our guilt and self-blame
- regaining a sense of identity
- increasing self-confidence
- stimulating the motivation in achieving goals

Many years of scientific research have proven that there is energy in colour which affects our mental and physical health along with the level of comfort in our environment. The impact of a variation of colours on the eye can apparently affect muscles, mental and nervous activities. The research also states that colours can be used to stimulate one's mood or relax while others can irritate. For example, it is well known that light, bright colours make us feel happy, while cool, dark colours can be generally depressing.

In their research, a group of psychologists have reportedly discovered that red makes us happy and excited while blue makes us feel sad. Many great artists also have experimented with the effects of colours. They have discovered that strong contrast, light against dark colours, can give a sense of vitality. Putting cool colours on top of warm colours, or vice versa, can bring a sense of liveliness, while colours of the same tone can have a calming and restful effect.

Other research has shown that colours have a definite influence in the rehabilitation of patients in hospital institutions. For example, it was discovered many years ago, that bright yellows and orange tones used in the University of California, San Francisco Medical Centre Intensive Care Unit increased patients' cheerfulness and gave them the motivation to get better faster. These stimulating colours have apparently also decreased the time of recovery of depressed patients. Also, blue, which is known to have a soothing effect on people, has been used successfully to calm agitated patients in a psychiatric hospital.

Traditionally, most individuals choose a limited range of colours to meet their needs. Over the years, many colour tones have been increasingly made available for consumers to choose from in their purchase of a variety of products. Despite our many choices, the basic colour tones continue to influence our lives in a defined way. In today's society we are increasingly aware about the colours we choose to bring comfort in our lives. One can be creative in many ways, especially by surrounding their lives with colours that influence their mood. Try an experiment of your own: when you are feeling blue, surround yourself with light vibrant contrasting colours and when you are feeling stressed pick the cool colours of the same tone and notice its impact on you.

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For more information or to receive the French version of this article, or to seek professional advice, please call 932-9940 or 1-800-465-8061. Free, confidential services are available in French and English to residents of Dundas, Stormont and Glengarry through their offices in Winchester, Cornwall and Alexandria.

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