

PROPANE - For Truck, Car at Petrocan or Tank Fillups



Emphasis on timing for memorial celebrations

honor roll committee is meet-

The parade will leave the

Greetings were brought from

the Ministry of Citizenship and

province throughout 1984.

Culture by Janet Aikens who

beginning at 3:00 and expected to last until 4:00. Also scheduled is a beer

garden and chicken barbecue in the afternoon and an invitational wine and cheese at the civic centre. A band concert with one or more military bands will be held in the evening and a dinner for guests and veterans will take place at the township hall at 7 p.m. followed by a said this year is not the time for dance.

Ontarians to be modest but to Any village or township blow their horns across the veterans, their spouses or widows or member of the imme-Speaking on behalf of town- diate family who plans to attend ship council, Reeve Lorne is asked to pre-register with Dr. Strader said the ceremony was Peter Playfair at Box 190, Irointended to get off to a good quois, Ont. K0E 1K0 so the start on the bicentennial cele- committe can make plans based brations and make the people on the number of persons

OPP plans to get tough with drinking drivers

a release to the press.

1983-84, a province-wide campaign against drinking drivers example of the OPP's deterwas intensified and it was mination to remove the carefree emphasized this program would continue for an indefinite

County," the release states.

various business establishments and excellent press, radio and television coverage, it was anticipated that heavy drinkers would modify their behaviour and use caution when attending outside functions.

"Roadside alert instruments and breathalyzers will be fully Before the festive season of implemented within the near future at various locations as an and obstinate drinking drivers from the streets and highways of our communities." the state-

Legion **Honor Roll** Project



\$25,000

\$24,000 \$23,000 \$22,000 \$21,000 \$20,000 \$19,000 \$18,000 \$17,000 \$16,000 \$15,000 \$14,000 \$13,000 \$12,000 \$11,000 \$10,000 \$9,000 \$8,000 \$7,000 \$6,000 \$5,000 \$4,000 \$3,000 \$1,645 \$1,000

[IROQUOIS] - The Royal tions honoring war veterans of schedule is being mapped out to cenotaph and bronze plaque at Dedication, speeches and transferred to the high school in legion at 2:45 p.m. to arrive at Canadian Legion Branch 370 Iroquois and Matilda Township. eliminate any last-minute the township hall at Dixon's wreath-laying is expected to Iroquois for lunch and fall in for the cenotaph for ceremonies Corners with a parade to march take until near 11:30 a.m. folparade at the legion at 2:30 With a host of activities plan- glitches. from the public school to the lowed by a return march to the ing weekly to ensure proper ned in both municipalities, tim-A morning ceremony is planorganization for June 9 celebra- ing is crucial and a tentative ned for the dedication of the hall starting at 10:45 a.m.

Legion project fitting for military tradition the Matilda bicentennial com- from the eldest daughter of and the French explorers such Ontario government chose to ful agricultural harvests and a mittee were commended for King George III, Charlotte as Champlain and Etienne Brule making the Royal Canadian Augusta Matilda. The township Legion honor roll project a shares the namesake with sister but it wasn't until the Loyalists bicentennial project by Robin townships of Charlottenburgh came to Ontario as refuge from Morris, member of the provincial anniversary advisory com-

The project is most appropriate considering the proud military heritage of Matilda and Dundas County, Mr. Morris said at the bicentennial flag-raising

He pointed out that the township was founded by members of the King's Royal Regiment of New York who received land grants after fleeing the United States during the American revolution. Many of the names found on the original grants are still common in the township today, he noted.

Names such as Ault, Coons, Shaver and Casselman were some of the first landowners in the township and are still common in the area, he said.

He added that many township residents were part of the Sedentary Militia of Dundas County and fought and helped to win the battle of Crysler Farm on Nov. 11, 1813 and the battle of Ogdensburg on Feb. 22, 1813.

The unit was also mobilized during the Upper and Lower Canada rebellions in 1837 and fought in the Battle of the Windmill near Prescott in November, 1838, an outgrowth of the rebellions. They were mobilized once again during the Fenian Raids in the 1860s, Mr. Morris added.

With the long history of miliary tradition, it is appropriate the community recognize the war veterans of the two great wars and Korean conflict, he

and Augusta, he noted.

natives for 10,000 years prior to vince began, he said.

arrived here during the 1600s the American revolution that Ontario was populated by the social history of the pro-

year, he added.

about 35 guests and said the and country," she said.

It is for this reason the township is blessed with bounticelebrate the bicentennial this strong conviction in religion.

The bicentennial is not only a Also speaking during the time to look to the past but also ceremony was Joan Zandber- to the future, Mrs. Zandbergen gen, township bicentennial com- stated. "It is a time to re-dedimittee member, who welcomed cate ourselves to the province

proud of their historical past. attending.

[MORRISBURG] - A rash of all available officers will be drinking and driving offences utilizing an all-out assault on since the new year began has the drinking drivers in Dundas prompted the OPP detachment here to get tough with what it calls obstinate drinking drivers.

Sixteen arrests of impaired drivers and 14 charges of possession of liquor inside vehicles have been laid in the villages of Morrisburg and Iroquois and townships of Matilda and Williamsburg, the

Opp report. Unfortunately the majority of those charged and arrested live locally," the police state in

"With this objective in mind ment concludes.

With extra publicity in

"However, this has not been the case," the detachment points out, "and local statistics have been disappointing."

flag above the municipal building were Reeve Lorne Strader, advisory committee and a social time followed. Mr. Morris also pointed out Shipping season begins Seaway's 25th

persons

hand to observe the raising of the Ontario bicentennial flag at

the Brinston Memorial Hall Sunday marking the beginning of

Matilda Towns in celebrations. Taking a hand in hoisting the

opening of the Welland Canal section of the St. Lawrence Seaway marks the 25th anniversary of the waterway and a number of special events are planned to celebrate the occa-

J.M. Kroone, director of operations and maintenance, said today's opening and Monday's opening of the upper section of the Seaway at St. Lambert Lock will be attended by government and authority dignitaries to make proper note of the birthday.



Mr. Kroone noted the Seaway has come up with a new logo and flag which will be flown on all vessels within the system and at all Seaway buildings on both sides of the border.

The logo, which was chosen from 11 submitted to a committee in Washington, D.C. last year, represents the system's international partnership with a combination of an American star and Canadian maple leaf.

The design shows the flow of the water which raises ships from the Atlantic to the highlands of Lake Superior in the form of the number 25 and to reflect the importance of shipping it includes the profile of fresh-water and ocean-going vessels.

Kroone continued, a portable photo display and film will be ing staff and it is expected taken to cities and towns there will be several redundant situated along the Seaway to be positions when the current put on show for the public. An school year ends. essay contest for secondary

is also in the works, he noted.

There will also be several speaking engagements by Seaway personnel and small individual authority locales, he added.

Gord McDonnell, Iroquois canal superintendent, said the new flag should be received here soon and raised shortly after. He said Seaway District

[CORNWALL] - Today's schools located along the route be invited to participate in the States to mark the birthday of essay contest but pointed out the system. precise times and dates haven't yet been determined.

The local lock also plans other celebrations being planned at celebrations but plans aren't definite. "There are a lot of ideas being tossed around but nothing is firmed to the point of having precise details," Mr.

McDonnell said. tive stamps will be issued in

The Seaway will operate on daylight hours only between St. Lambert and Iroquois beginning Monday and this will continue until ice is not a hazard and lighting aids are placed in the water, Mr. Kroone said.

Between Iroquois and Lake Ontario the route is free of ice He added that commemora- and the buoys will be placed in that section to allow 24-hour

[IROQUOIS] - Local students displayed their talent at the annual Iroquis-Matilda Lions Club and Royal Canadian Legion branch 370 effective speaking contest held at the legion hall Saturday.

Roger Johnston Photo

left, Jim Locke and Joan Zandbergen of the township's

bicentennial committee and Matilda Community Queen, Gayle

Carroll. Guest speakers from the provincial bicentennial

Seaway District High School students competed in the morning session for legion medals and Lions cash prizes and Tara Guffroy came away with the gold medal for grade 11, 12, and 13 students with her speech on most embarrasing moments.

Eldon Horner won the silver

Nations and Mary-Jo Rosenquist earned the bronze for her talk about the greatest instrument, the piano.

Tara and Eldon also received Lions cash prizes as top boy and girl in their group.

In the junior high school competition, Catherine Whitteker won the gold medal and cash prize for her speech about the family. Shannon Dea won from both high school groups the silver for her discussion are invited to speak at the

Students display talents speech about the United on prejudice. David Mott won the Lions prize as top boy speaker.

> In overall scoring, Catherine Whitteker and Eldon Horner totalled the most points for all high school students and are therefore entitled to compete in the Lions district competition to be held at a later date.

In addition, the top speakers about the D.W. Griffith book, Legion zone competition to be Black Like Me and Jean Bois- held at the Iroquois legion this medal for senior grades for his clair placed third for her speech Saturday, March 31 at 2 p.m.

Honorable mentions in the secondary school classes were earned by David Mott for his speech on advertising. Jennifer Gillard who spoke about teen years and Chris Eamon who talked about his experiences as a department store employee. In the elementary school

competition, Iroquois Public School ran away with the top three awards for grades 4, 5 and 6 students as well as having the top speaker in the grade 7 and 8 group.

Mary Dulmage won the gold medal for the public school junior grades with her speech about babies while Christine Prins won the silver for her topic, Oak Island. Nikil Chande. who won the Dundas County public school speaking cntest earlier this month, placed third for speaking about disaster day.

Honorable mentions went to Laurie Jollota of Dixon's Corners Public School for speaking about the A team, Steven Serviss of St. Mary's Separate School for speaking about dinosaurs, Kristine Whitteker of Dixon's Public for her topic, gymnastics and to Susan Lehmann of St. Cecilia's Separate School who spoke about Austria.

In the senior public school grades, Tanya Duncan of Iroquois Public won the gold for speaking about her class, Jill Durant of Nationview Public won silver with her speech about Michael Jackson and Cathy Byvelds of St. Cecilia's won the bronze for speaking about Helen Keller.

Honorable mentions went to Carolyn VanMoorsel and Jennifer Allison both of St. Cecilia's who spoke about Alvin Karpis and Upper Canada Village respectively.

The top speakers in both elementary speaking groups will compete in the legion zone competition here this Saturday beginning at 2 p.m.

High School students will likely both Canada and the United shipping, he added. Separate tax up five per cent

school supporters will be hit hopes with attrition there will with a 5.28 per cent tax be less redundancy than in past special education in keeping increase after the SD & G Roman Catholic Separate School Board handed down its budget estimates for the 1984 fiscal

Tuesday, March 20, the budget with the Ministry of Education calls for a nine per cent increase in expenditures to \$27,277,831.

Separate school supporters with a \$5,000 assessment can expect their tax bill to rise about \$15 to \$305 this year.

Financial officer Roy Julien said the board is in much better shape this year largely as a result of increased assessment. We don't have the \$125,000 deficit we had going into last year," he said.

Mr. Julien noted the employee restraint programs are also holding costs down in spite of the fact 1983 grant funding was down.

The board also learned the pupil-teacher ration will be maintained at 18.1 with the English panel set at 17.7 and the French panel at 18.4.

French panel and an increase in On the Canadian side, Mr. the English panel will require some readjustment of the teach-

However, director of educa-

[CORNWALL] - Separate tion Gilles Metivier said he cos

The addition of six portable Presented to the board last added to the budget at \$700,000 expected to pay almost the full budget items.

More funding is required for with the ministry's bill 82 requirements. Special education

classrooms for St. Andrew's funding is up from \$1,840,430 to School is the largest single item \$2,310,266. Computer purchases and acquiring property for a maintenance are other major

Imperial Oil office will relocate here

and warehouse for Imperial Oil's residential and farming customers will be relocated here on April 9.

The new building has already been raised at Imperial's storage site north of Hwy. 2 near Fetterly's Garage but isn't finished yet. Imperial agent Don Gillard said the office will be equipped for the opening date and expects to install a Decreasing enrollment in the computer system to control sales and storage records.

> The reason for closing the Prescott office and move here was made to be closer to the storage, Mr. Gillard said. Two trucks will continue to serve farm and residential customers

[IROQUOIS] - The main office from Ingleside to Maitland with gas, diesel, stove and furnace oil requirements.

The trucks are on the road Monday to Saturday during winter months and in the summer farmers may have their supplies replenished on Saturday as well as during the week. Mr. Gillard and two brothers, Bruce and Wayne, operate the

On-site storage includes 18,000 gallons of gasoline, 5,000 gallons of clear diesel, 5,000 gallons of colored diesel, 20,000 gallons of furnace oil and 5,000 gallons of stove oil. In the winter, the storage tanks have to be topped off every day, he pointed out.



Winners in the grade 4, 5 and 6 elementary school public speaking competition held at the Iroquois Legion Saturday all hail from Iroquois Public School. From left, they are Mary

Dulmage, first, Christine Prins, second, and Nikil Chande, third. Presenting legion medals to the winners were Ed Hitchinson, back left, and youth education committee chairman Dr. Peter Playfair. More pictures on page 9.

OBITUARIES

Gladys M. Bayne, died after briefillness

burg, Gladys Margaret Bayne passed on March 16, 1984 at Toronto after a brief illness.

Miss Bayne, 92, was a professional nurse and she also lived in Florida and New York. She was born in Morrisburg on August 26, 1891 to the late James Robertson Bayne and Minnie F. Ferrier.

She is survived by a brother and sister-in-law, Sidney and Fraces Anglin of Lachine, P.Q.; nieces and nephews, Nancy and Alan Hill, Joan and Gil Elliott and Jim and Sheila Bayne all of Toronto; as well as 10 greatnieces and nephews.

A brother, the late George Frederick Bayne, predeceased

Miss Bayne was active in many organizations. She was an honorary life member of the Women's Missionary Society of Knox Presbyterian Church; life

A 30-year resident of Morris- member of the American College of Hospital Administrators with Canadian affiliation; member of the Morrisburg and District Horticultural Society; active with the Canadian National Institute for the Blind; member of the Winchester and District Memorial Hospital Women's Auxiliary; and a member of the Morrisburg Women's Institute.

Miss Bayne attained the position of administrative assistant to the medical director of Grasslands Hospital, Valhalla, New York before retiring in 1953 and

returning to Morrisburg.
Funeral service wa sheld at the Morrisburg Knox Presbyterian Church on March 19 at 11 a.m. with the Rev. Edward Wiley presiding.

Interment will be in Kemptville Cemetery.

Pallbearers were Alan and Jeff Hill, Gil Elliott, Jim, Howie

D.W. Steinburg resident for 50 years

Earl William Steinburg a resident of Morrisburg for more than 50 years, passed away March 23, 1984 at the Winchester District Memorial Hospital.

Mr. Steinburg, 80, was a retired farmer and general

He was predeceased by his wife, the late Jean Russell (Kyle) on August 19, 1982. They were married at Morrisburg United Church in September,

Born May 15, 1903 at Hanesville, he was son to the late Richard Steinburg and Martha

He is survived by sisters, Myrtle (Mrs. M. Latimore) of Vancouver; Blanche (Mrs. Anthony Bianco) of Westport Connecticut; and Eleanor (Mrs. Lloyd Boyd) of Ottawa. Mrs. Steinburg was a

member of the United Church. Service was held at the C.W. Marsden Funeral Home, Iroquois on March 25 at 2 p.m. with the Rev. William Stewart

Interment will be at South Mountain Cemetery in the

Pallbearers were Kevin Casselman, Ron Casselman, Guy Hart, Hartley Hodgson, Robert Gibbard and Donald Lewis.



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To make plans with over-confidence depending on events that may never happen. The allusion is to one of Aesop's fables of a market-woman who said she would sell her eggs, but a goose, grow rich, then buy a cow, and so on; but in her excitement she kicked over the basket, and all her eggs were broken. (Journal of Nutrition and Food Science).

"Education is that which discloses to the wise and disguises from the foolish their lack of understanding." -Ambrose Bierce

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James l. Robertson, retired shipper died at Brockville hospital

A retired shipper with Newell Linda (Mrs. Donald Redmond) Industries, James Leonard Robertson passed away at the Brockville General Hospital on March 21, 1984.

Mr. Robertson, who last resided at R.R. 2, Prescott, was born at Winchester Springs on July 3, 1924 to the late Lloyd Emmerson Robertson and Pearl Haddo, Cardinal and Iroquois prior to his move to Prescott in

While in Prescott, Mr. Robertson was active with St. Paul's United Church and Amity Lodge No. 90 Oddfel-

He is s urvived by his wife the former Eva May Blair whom he married Sept. 21, 1963 at Spencerville. Also surviving are sons, Jim of Domville; and Barry of Prescott; daughters, Brinston.

of Ottawa; and Donna (Mrs. Donald MacDougall) of Ogdensburg; six grandchildren and six step-children; and a brother, Percy Robertson of R.R. 2,

He was predeceased by Mrs. Velda Durant and Arden.

Visitation was at the Britnell-Harper. He was raised at Gibson Funeral Home, Prescott on Friday, March 23 from 2 to 4 and 7 to 9 p.m. An Oddfellows Lodge No. 90 service was held March 23 at 7:30 p.m.

In lieu of flowers, donations to the charity of choice would be appreciated.

Funeral was held in the funeral home chapel on March 24 at 1:30 p.m. wit the Rev. Dermot Arscott presiding. Spring interment will be at

Cardinal resident died at Kingston

After a lengthy illness, Turner and Jessie (Johnston). Dorothy May Anderson of R.R. 1, Cardinal died at Kingston General Hospital on March 23,

A homemaker, Mrs. Anderson is mourned by her husband, Wallace Anderson, whom she married at Cardinal on June 25,

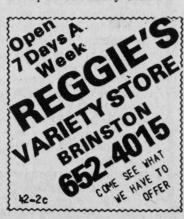
Besides her husband, she is survived by a son, William of Cardinal; daughters, Carol (Mrs. R. Thompson) of Matilda Township; Doreen (Mrs. L. Conlin) of R.R. 1, Cardinal; brothers, Ralph Turner of Bancroft; Edgar of Winchester; Roy of Blackstock; and eight grand-

Mrs. Anderson was predeceased by one brother, Harold Turner.

Born Jan. 5, 1918 in Edwardsburg Township, Mrs. Anderson lived there her whole life and was a member of Pittston United Church. She was daughter to the late Charles

Funeral took place at the C.W. Marsden Funeral Home, Cardinal on March 26 at 1:30 p.m. with Gary Clarke officiating. Spring interment will be in Mainsville Cemetery.

Pallbearers were Bruno Roduner, John Muilwyk, Dick Van Allen, Steve Conlin, Robert Thompson and Larry Conlin



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Ontario Electoral Boundaries Commission NOTICE OF PUBLIC SITTING

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criticize the national character.'

Proposed Provincial

WIIAT'S NEW AT THE IROQUOIS PUBLIC LIBRARY

There is a special new addition to our library this

month, donated by the author Alice Gibson-Sutherland, of

Merrickville: Canada's Aviation Pioneers - the story in

words and photographs of every McKee Trophy winner

The McKee Trophy is awarded annually for outstand-

ing contributions to the development of aviation in

Canada. Among these aviation pioneers are several men

from around our area, such as: Walter E. Gilbert, born in

Cardinal, 1899 and A. Daniel "Dan" McLean, born at

Bluebeard's Egg - By Margaret Atwood, This second collection of her short stories is "by turns humorous and warm, stark and frightening." She explores the outer

world we live in, and in the inner world we all create for

Why We Act Like Canadians - by Pierre Berton. Tis is a

"challenging book of open letters to an American friend."

Berton uses his deep knowledge of Canadian history and

geogrpahy to "Dissect, praise, explain and occasionally

The Last Great Frontiersman - by Leland Stowe. The

remarkable adventures of Tom Lamb, best known for his

daring rescues as a bush pilot in the Canadian north-

west, and also a pioneering wildlife and nature con-

Electoral Boundaries

A public sitting of the Ontario Electoral Boundaries Commission will be held in Ottawa at 56 Sparks Street, 10:00 a.m., Wednesday, May 9th and Thursday, May 10th, 1984 for the proposed electoral districts of Carleton, Cornwall-Glengarry, Gloucester, Grenville-Dundas-Stormont, Lanark-Renfrew, Nepean-Kanata, Ottawa Centre, Ottawa East, Ottawa-Nepean, Ottawa South, Ottawa West, Prescott and Russell, and Renfrew.

Below is the proposal for the electoral district of Grenville-Dundas-Stormont.

The complete text of the Commission's proposals and the resolution of the Legislative Assembly appear in the Ontario Gazette of

Rules of procedure governing public sittings of the Ontario Electoral Boundaries Commission 1983 for the hearing of representations or objections by interested parties, in accordance with the resolution of the Legislative Assembly

- 1. Notice of public sittings of the Commission shall be published in the Ontario Gazette together with the proposals of the Commission for the redistribution of electoral boundaries at least 42 calendar days prior to the public sittings to which the proposals apply
- 2. At any public sitting of the Commission, representations or objections from interested parties will be heard and considered to the extent that they apply to the Commission's proposals relating to the electoral districts for which the sitting is held; any decision on relevance shall rest with the Commission
- 3. Representations or objections may be made orally or in writing,
- 4. Subject to Rule 6, the Commission will hear representations or objections only from those interested individuals or groups who have signified their intention to make them by lodging written notice with the Commission within 23 calendar days from the date of the publication of this advertisement and such notice shall state the place and time of the sitting at which they propose to be heard.
- 5. Representations or objections on behalf of associations or groups
- shall be made by one person. 6. The Commission in its discretion may receive and consider at any public sitting relevant representations from any Member of the Legislature who appears in person, whether or not the Member has complied with the requirement for notice in Rule 4.
- 7. If it appears to the Commission that all the relevant representations and objections cannot be made during the time allotted for public sittings in any advertised place, sittings may be adjourned or postponed and the Commission shall give such oral or written public notice of their resumption as it considers adequate in the circumstances.

8. If no notice is lodged in accordance with Rule 4, a sitting may be cancelled at the discretion of the Commission.



Augusta, Cornwall, Edwardsburgh, Finch, Matilda, Mountain, Osnabruck, Oxford (on

Rideau), Roxborough, South Gower, Williamsburg, Winchester and Wolford.



Ontario Electoral Boundaries Commission

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AT BARGAIN PRICES

MORRISBURG



Most Chieftain readers will recognize this fellow as Glenn Swerdfeger. As a member of the Iroquois-Matilda Lions Club, when he's not farming or helping to raise three youngsters, Glen is rehearsing for his role as Morgan the tramp in the club's upcoming production of The Haunted House. As Morgan, Glenn is a

loathesome character who spends some of his onstage time locked in a trunk. Suspected of murder, Morgan is one of many characters who are probed in efforts to find the real culprit. Watch the Chieftain again next week for anothe profile of a cast member in The Haunted House.

> The winter break is over and the realization that there is only

one-third of the school year left

is hard to believe. However,

there will be a variety of activi-

ties taking place at Seaway

during the remainder of the

The Seaway Senior Band will travel to West Bank, British

Columbia from May 1 to 8, to

complete the exchange with

George Pringle Secondary

School. These Seaway students

are undoubtedly looking

Prior to the winter break,

four Seaway students, Renée

Laforge, Mary-Joe Rosenquist,

Ralf Staebler and Eric DeGray,

who were involved in the

S.D.G. Youth Concert Band,

attended a workshop at

concluded with a concert for the

During this concert, Renée

Laforge, playing the alto saxo-

phone, was featured in solo

parts and performed in a flaw-

less manner. Eric DeGray, a

bassoon player, was judged as by all.

C.C.V.S. This workshop New York City.

forward to this tripl

Bicentennial activities calendar is planned

[IROQUOIS] - Plans to produce a calendar of bicenten- festival are the parade, side- visitors. nial activities were given a walks sale, midway, Harbor boost last week as representatives of village organizations attended a Tuesday night meet- lawn social, Lawn Bowling Club ing to compare notes.

Ten organizations were represented and laid down their plans to bicentennial committee chairperson Lorraine Fader. After hearing the proposals, Mrs. Fader said she would contact the Matilda Township committee to coordinate events.

She also indicated the activities would be phoned to the Seaway Valley Tourist Council to be included in its brochure of events for the year.

Several of the events to be included under the bicentennial umbrella are famliar standbys of the Summer Festival which itself will promote the twohundred-year-anniversary

Seaway

most to the woodwind section

and received one of the five

Congratulations should be

awards presented to students.

given to all four students, who

are assuredly making the most

Several Seaway students

Public Speaking Contest, on .

Students are also encouraged

attended the Lions-Legion

March 24. The results of the

contest can be found in other

to participate in a public speak-

ing contest, sponsored by the

Oddfellows and Rebakah Lodge.

The prize for the winner of the

contest to be held in Morris-

burg on April 8th, is a two-

week, all expense paid trip to

Over the past years, Seaway

Seaway's first semi-greaser

has had several winners of this

dance was held on March 23.

The music was supplied by

Shad's Disco and was enjoyed

of their musical talents.

sections of the Chieftain.

Scenes

from

or earlier in the week by participating organizations. take place the Sunday preceding the main festival weekend this year and a dance sponsored by the fire department is scheduled the Saturday before, July

ball tournament, United Church

and crown and anchor and an

18 to 22.

Two extraordinary events will be held in conjunction with bazaar as a bicentennial project. bicentennial celebrations and are expected to attract thousand generate a significant

amount of revenue. From May 27 to 30, the United Church will be host for Park when 400 Beavers are the annual Montreal-Ottawa expected to attend. Conference, a four-day event to conduct church business and Church Women will hold their enjoy fellowship. About 450 visitors are expected to attend.

Two weeks later, the Royal Canadian Legion branch 370 will bicentennial dance. put on dedication ceremonies in in the two world wars and

Confirmed events for the estimates go as high as 1,500

The Iroquois Women's Insti-Lites square dancers, Legion tute has discussed plans for raising plaques on two village homes which are more than 100 tournament, Lions Club bingo years old. The WI would like to see plaques at the Carmanecumenical service. All these Forward House now used as a activities will be held from July museum and the Bob Martin home on Elizabeth Drive and is Mrs. Fader said other events open to suggestions for time can be planned for the weekend and date.

The Museum Board has plans for an old-fashioned picnic at Another regular festival the Carman House Museum event, the fly-in breakfast will tentatively scheduled for the first weekend in July.

> Pathfinder leader Sandy Decker indicated her group will hold an outdoor tea in August and the Anglican Church will designate their annual fall

Another group of youngsters, the Beavers will hold a father ands of visitors to the village and son campout at the municipal campsite May 26 followed the next day by the annual Beaveree at Central

> On August 11, The United annual tea and bake sale on the church lawn and on November 3, the Masonic Lodge will hold a

The first bicentennial event. the village and township honor- however, will be the presentaing war veterans from the two tion of the play, A Haunted municipalities who participated House, by Lions Club members and their wives on May 4, and 5 Korean Conflict. Attendance with proceeds to go for the figures for this event have not Legion to help defray costs for been confirmed but some the honor roll project.

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Marsh World



THALLUS TYPE LIVERWORTS (Marchantia) - These small plants, about 8 cm high, have one or more cells and combine into a single structure called a thallus rather than forming separate roots, stems and leaves. Liverworts grow in colonies on wet surfaces, shallow marsh edges or partially flooded woods. They are a valuable link in the process of breaking down organic material to create suitable conditions for higher plant forms to flourish. The male plant (A), containing spore cells (B) and the female plant (C), containing eggs (D), have different reproductive structures. Liverworts are among the oldest forms of plant life.



BEAUTIFUL YOU René Vincent

How to cope with split ends

By René Vincent

Split ends, those ragged keratin in the whole hair tips of the hair, are an shaft. This can be done indication of the damage done to the keratin or protein of the hair shaft.

Sometimes this damage indicates that the keratin is crumbling and does not retain its water. But it may also be a mechanical damage caused by hard brushing, hair rollers or bobby

When wet, the keratin is weaker. Crushing the hair shaft at this time with pin curls or brush rollers will break the hair and result in split ends, even more so on heavily-processed (permed or colored) hair.

Simply cutting off the split ends is not the whole answer because the new end of hair will soon start to split. One must rebuild the quite easily by using protein shampoos and conditioners. These will tighten the hair shaft and help it retain the water needed by the hair protein or keratin to remain firm and supple.

If you pull on both ends of a healthy hair, it will stretch without breaking. Apply a series of protein treatments before cutting split ends and wait and see if this program will repair the damage. If it is too late and the split ends do not disappear, then they should be cut off. The rest of the hair will not fray again because of the protein treatments.

René Vincentis executive director of the Allied Beauty Association.

Public Meeting



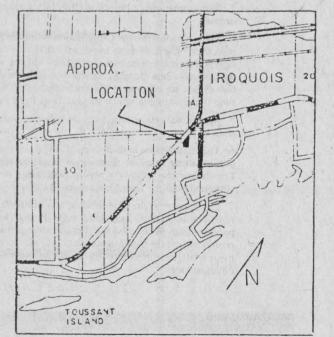
Concerning A Proposed Zoning By-Law Amendment

TAKE NOTICE that the Council of the Corporation of the Township of Matilda will hold a public meeting on April 26, 1984 at 7:30 p.m. at the Township Municipal Building (Brinston) to consider a proposed zoning by-law amendment under Section 34 of the Planning Act.

The proposed zoning by-law amendment would change the zone category of approximately 1.6 ha. (4 acres) of land in part Lot 25, Concession 1, Range 1 (as shown below) from "Highway Commercial (CH)" to "Highway Commercial-Special Exception (CH-1)". The land is located on the south side of Provincial Highway No. 2 west of the Village of Iroquois. There is an existing service station and dwelling on the subject lands. The proposed zoning amendment is intended to permit by "Special Exception" the fabrication, processing, assembly and warehousing of metals as a secondary use to the currently permitted "Highway Commercial" uses.

ANY PERSON may attend the public meeting and / or make written or verbal representation either in support of or in opposition to the proposed zoning by-law amend-

ADDITIONAL INFORMATION relating to the proposed amendment is available for inspection at my office during regular office hours.



DATED at the Township of Matilda this 20th day of March, 1984

Mr. W.E. Horner Clerk-Treasurer Township of Matilda Brinston, Ontario K0E 1C0

Telephone: 652-4403

Public Meeting



By-Law Amendments TAKE NOTICE that the Council of the Corporation of the Township of Matilda will hold a public meeting on April 26th, 1984 at 8:30 p.m. at the Township Municipal Building, Brinston, Ontario, to consider a proposed official plan amendment and a proposed zoning by-law amendment under Sections 17 and 34 of the Planning Act.

Plan And Zoning

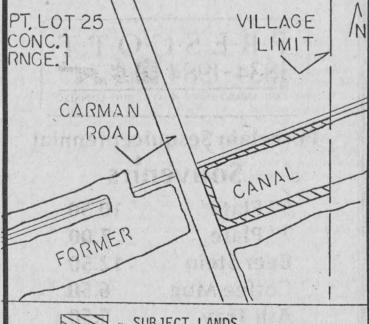
The proposed official plan amendment would change designation of certain lands from "Rural" to "Open Space-Special". The subject lands are located in the waterfront area of the Township immediately adjacent the westerly boundary of the Village of Iroquois. (as shown below) The "Open Space-Special" designation would permit development of a portion of a "marina" in conjunction with adjacent lands in the Village of Iroquois.

The proposed zoning by-law amendment would change the zone category of the same parcel of land (as shown below) from "Rural (RU)" to "Open Space-Special Exception (OS-1)" zone. The "OS-1" zone would permit development of a portion of a "marina" in conjunction with adjacent lands in the Village of Iroquois.

The Village of Iroquois is currently considering official plan and zoning by-law amendments intended to accommodate that portion of the proposed "marina" located in the Village.

ANY PERSON may attend the public meeting and / or make written or verbal representation either in support of or in opposition to the proposed official plan and / or zoning by-law amendment(s).

ADDITIONAL INFORMATION relating to the proposed amendments is available for inspection at my office during regular office hours.



- SUBJECT LANDS

DATED at the Township of Matilda This 20th day of March, 1984.

Mr. W.E. Horner Clerk-Treasurer Township of Matilda Brinston, Ontario K0E 1C0

Telephone: 652-4403.

AN INVITATION

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SPRINKLERS -

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410 BEACH AVENUE

-- ALLTYPES OF MONITORING --

Chieftain readers could be forgiven for thinking this photo is

of Don Fairweather, head of the Physical Education

Department at Seaway High. As far as members of the

Iroquois-Matilda Lions Club are concerned, it's a photo of

DesmondDuncan, a well-known novelist. Duncan ends up

being one of the prime candidates for suspicion of murder

following the discovery of a trail of blood and bullets. As

always, a mystery lady is involved and in the course of the

three acts, Duncan helps the police unravel the web of

mystery. Plan now to be part of the audience on May 4 or 5

RESIDENTIAL - COMMERCIAL - INDUSTRIAL

Burglar - Complete Lines

in the Seaway Auditorium for The Haunted House.

The Brookslyn invites you to view the exciting new line of Siffari Jewellery (rings, pendants, earrings). Hundreds of pieces designed to suit every taste and budget. This line includes diamond set and stone set jewellery (genuine or synthetic stone). This display will be presented Saturday, April 7th and Sunday, April 8th from 10:00am to 5:00pm.

On Saturday, April 7th a gemologist and goldsmith will be on premise for free consultation and jewellery inspection.

(10% Discount will apply to all orders from line)

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We Must Remember

Many years have passed since the last war that Canada was involved with and several generations of people have come along who know little if anything of the sacrifice and heartache that comes to a nation at war.

So too, are the memories of war so easily put to the back of our minds and except for remembrance day each year, this nation hardly recalls our military involvement in the world.

One local man having seen how war affected his nation when a young man, took a keen interest in Iroquois and Matilda Township's memorials to its young men and women of war and decided that the community needed a more fitting and more accurate remembrance of those who served. Snce then, Wytze Douma, along with others at Royal Canadian Legion Branch 370 Iroquois, have put countless hours into updating the honour roll of both municipalities with the eventual purpose of seeing that all these names are suitably inscribed on memorials in their respective communities.

In Iroquois it has meant removing parts of the cenotaph on Elizabeth Drive so that the names can be permanently inscribed and returned to the cenotaph base. In Matilda Township it will mean a new memorial to our nation's young men and women who served and sacrificed for all of this

It is going to cost money . . . a great deal of money. In fact, it now appears that \$25,000 will be required to the job properly and as funds are donated, The Chieftain will update its thermometer on Page One to show its progress.

The local Legion Branch has taken the initiative and it is up to the community at large to dig deep to bring this project to fruition. This project belongs rightfully to each and every one of us, young and old. It will give a renewal of the spirit of community involvement, of community appreciation, and will show the rest of the country that we do remember and appreicate the sacrifices given.

This is not to take away from the generosity of those who first saw memorials in place after the second world war or the first world war as well. Since there were the names of people missing from the lists at that time, it is most appropriate that these names be added to the honour roll.

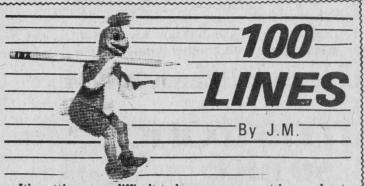
Every aspect of our society is expected to take an interest in this worthwhile project . . . a national pride in young men and women who served their country, some having given the

While we know that the work wasn't undertaken with any thought of personal recognition, The Chieftain does thank those involved in the Legion Branch for their recognition of a need in the community, and especially to Wytze Douma for bringing with him from Holland, a feeling of pride in his new homeland and the spirit that dictates we all remember those who served us so well in the past.

Your donations may be sent to Mrs. Doreen Bailey, P.O. Box 8, 228 Victoria Street, Iroquois, Ontario, K0E 1K0, and your cheque made out to "1984 Iroquois-Matilda War Veterans Fund".

We can assure you the money will be well spent on a lasting and fitting memorial in both communities.

Ken Kirkby



It's getting more difficult to hang up your coat in our closet these days what with all the animals in there. There are several skunks, bears, beavers, crows and even some trees. They're gathering at our place in preparation for the grand finale for the skating lesson season. The animal costumes for the tree outfits] will be worn by various youngsters who are taking part on Saturday night in a recital at the Morrisburg arena. The older ones will perform some movements that will remind us of what we've been seeing on TV for the last week from the world championships in Ottawa. The little trees and skunks will prove at least that they have mastered the art of remaining upright and moving in whatever direction they intend.

Our number one son is scheduled to take part in the show. He'll be the skunk that smells more like a ham if he does decide to go through with his appearance. We're keeping the whole thing pretty much under wraps and telling him only enough to keep him interested. This is the same child, you might remember, who decided in his Sunday School Christmas concert that you could lead him to the stage but you could't make him perform. If we're lucky this time he'll do it before he even realizes there's an audience out there. If he backs out there'll be one less skunk at the teddy bear's

This is the time of year when people who write columns are traditionally supposed to revel in the approach of spring and write pages about the beauty of the earth as mother nature wakes up from her rest. We must be running a little behind this year because mother nature doesn't seem to have peeked out to check her calendar and as a result there's not too much to get excited about. We did get the trip to the sugar bush at Crysler Park. You could it really say the sap was flowing; the odd drip would better describe it, and as each droplet hit the bucket, it froze. With any luck, by the time this edition of the Chieftain is printed the pace in the sugar bush will have picked up.

When we visited the crew at the sugar bush, they were boiling off their first sap of the season amidst clouds of smoke and steam. It all promoted the younger members of the family to make a few basic observations. "Don't drop me in that tank, Daddy." "This is where Grandpa should come to get logs for his fireplace -- these men have lots of wood." "What's this chain for - I can't get past it to see what they're doing." Then it was on to the little store to fill up on maple candy. That kept everybody quiet for a few minutes as little hands crammed sticky pieces of unbelievably sweet and rich maple candy into mouths that could hardly hold any more. And the best part of the cold weather was that there was hardly any mud to be seen. They did manage to find a little bit here and there and before we got home at least one snowsuit was ready to be tossed into the washer.

The bottom line: success is relative; the more success, the

C. E. C. E. E. L. E. C. A.

WEEKLY NEWSPAPER Box 253, Iroquois, Ontario K0E 1K0 Second Class Mail Registration No. 1361

30c Per Copy Over Counter \$12.00 Per Year (Within 40 Miles - Except Cornwall and



\$14.00 Elsewhere in Canada KENNETH KIRKBY, Publisher SHIRLEY KIRKBY, Secretary-Treasurer NICK GARDINER - Editor JANE EWING, Computer Operator ANN KEELER, Press-Compositor

Queen's Park report

THE HONOURABLE NORMAN STERLING, M.P.P.

CARLETON-GRENVILLE Provincial Secretary for Justice

the opening of the spring session of the 32nd Parliament of The Throne Speech, read by

the Hon. John Black Aird, Lieutenant Governor of the Province, stressed job creation, skills training, stimulation of the high technology sector, export development and local improvements. Here a few high-

With regard to youth employment, the government renewed its commitment to job creation. There will be an increase in funding to the Ontario Career Action Program as well as a significant expansion of youth employment counselling centres, and an extension of the apprentinceship program.

In the area of skills training there will be a substantial expansion in on-the-job training and retraining, and a widening of work and training opportunities for the handicapped.

Initiatives designed to expand basic services will create employment, such as the upgrading of fire and police stations, and the development of new marinas and other projects to encourage recreational boating. Support will also be given to local projects to protect our water resources.

To strengthen employment and transportation in Northern Ontario, the province along with the federal government will provide funds for the design and manufacture of bi-level railway cars.

In an effort to assist industry in adjusting to technological changes and the need for new manpower skills training, the province-wide network of training and business development consultants to assist industry in upgrading their human

In the area of high technology, the Ontario Development Corporation will simplify their loans procedure for new ventures. Assistance will also be available to help autoparts firms re-tool, and also for updating small food processing

In conjunction with business and labour, the province will convene a conference on Ontario's economic future and

Anglican Church

OF CANADA

Parish of Morrisburg -

Iroquois REV. DAVID CRAWLEY

Phone 543-2867

April 1st - Lent 4

Holy Communion

8:00 a.m. and 11:00 a.m.

Family Eucharist, Iroquois

Matilda

Pastoral Charge

UNITED CHURCH

OF CANADA

Rev. Allen Tysick

Hulbert Valley 9:45 a.m.

Brinston - 11:00 a.m.

St. James, Morrisburg -

(regular church school))

Tuesday, March 20 marked its competitive place in the word economy. In addition, a task force will be established to advise government on the organization and operation of the financial community.

The government will proceed with amendments to the Employment Standards Act to strengthen provisions for equal pay, and pregnancy and adoption leave, and will also review access to and the quality of child care in Ontario, with particular reference to the needs of families in both urban and rural areas.

Significant further resources will be provided to fight violence against women and children in the home. To improve the framework of services to children, the government will proceed with the proposed Child and Family Services Act.

Government efforts will also be itensified to help combat the menance of drinking and driving. While looking forward to action by the parliament of criminal law, Ontario will continue its leadership in height- towards home improvements. ening public understanding, extending community-based programs, and enforcing our the highways.

Here in Ontario, we enjoy one of the finest health care systems in the world, and as part of our government's commitment to that service, additional chronic and nursing home beds will be built and changes in the living environment within existing facilities will be based on the expressed desires of residents.

The Ministry of Health will up-to-date methods to prevent and treat kidney disease, and emergency services will be expanded to enhance patient access to the most appropriate hospital centre and, at the same time, a new Emergency Health Services Act will be introduced.

With these initiatives and many more announced in the Speech from the Throne, the new session at the Legislature promises to be a challenging and interesting one. I look forward to the opportunity of serving the constitutents of Carleton-Grenville at Queen's

In The Churches

Iroquois

Pastoral Charge

UNITED CHURCH OF

CANADA

Rev. Herb Klaehn

B.A., M.Div.

Public Worship &

Church School

11:00 a.m.

THE

Presbyterian Church

IN CANADA

KNOX CHURCH,

IROQUOIS

Church School - 9:45 a.m.

Divine Service - 11:00 a.m. Nursery Care is provided

Rev. Tijs Theijsmeijer

B.A., M. Div.

during the Church Service

St. Cecilia's Church

Sunday - 9:30 a.m.

St. Mary's - Morrisburg

Confessions - Before Masses

Saturday - 7:30 p.m.

Sunday - 11:00 a.m.

Confessions -

Before Masses -

Rev. F.M. O'Connor,

Parish Priest

Memories Of The Past Looking At Cardinal



This view of Lewis Street, Cardinal was taken from a book of pictures by the Haltian family in the 1880s and shows the view south from atop the hotel. Many of the buildings on the east side of the street were destroyed by a fire in 1893

including Birks Drug Store, W.A. Casselman's Grocery, Crowder's Meat Market and C.H. Thompson Dry Goods. Prior to raising the union hall in 1888, which was torn down last year, the former town hall was located at the site.

Howland House, Energy Renovation Centre Ontario's Howland House

examples of renovation techniques? Or energy conservation advice in practice? So did the Canada to strengthen the Ontario homeowners interviewed for a 1981 study on attitudes

Howland House is the result of that study. In 1982, the Housing and Renovation and rights to reasonable safety on Energy Conservation Unit of

the Ministry of Municipal conservation. The project's century house in Toronto's ments. Riverdale neighbourhood.

affairs Affairs and Housing special emphasis in on the difworked with a team of experts ferent ways in which energy to redesign and rebuild a semi-conservation can be combined detached, late nineteenth with a range of home improve-

When you visit Howland The intention was to demon- House, you'll see the use of strate as many techniques as energy-efficient renovating possible in renovation, architec- methods. Where alternative tural preservation and energy approaches, like interior and

exterior insulation, are possible, both are demonstrated. You'll find out about different ways of increasing your interior space. You'll also see many inexpensive energy-saving techniques and devices that you can implement in your own home.

Howland House has been aptly described as a "supermarket of energy-saving ideas". Throughout the house, there are displays and demonstrations of caulking and weatherstripping, insulating, window improvements and much more.

You can learn more about super-efficient heating systems and solar energy, too. The gas furnace at Howland House functions at 92 per cent efficiency and doesn't even need a chimney. In fact, the fuel bill for the 1982-83 heating season was only \$134; the house now uses one tenth of the fuel it needed before renovation.

One-third of the total heat required by the house comes from solar energy, through south-facing windows. Another component of the building's overall energy efficiency is the air-to-air heat exchanger, a mechanical ventilation system, necessary because the house is so well sealed. It not only exhausts stale air but recovers 80 per cent of the heat to warm

the incoming cold air. A particularly popular way of conserving energy at Howland House is the thermal window coverings - insulated shades, shutters and curtains that reduce heat loss through windows by 50 per cent. They're not only efficient and attractive, but you can make them yourself, from commercial kits or from your own design.

Howland House has a lot of ideas to offer the homeowner who wants to renovate. You see examples of energy-efficient construction techniques and all the latest renovation practices. If you're interested in enlarging your home, you'll find suggestions here, because the interior be able to face a brighter, space of the house was increased by 20 per cent.

This was done by: opening up the attic and converting it into a usable area; removing partition walls; lowering the basement floor (insulating it for added comfort) and building a small first-floor addition onto the rear.

You should try to visit the house, at 16 Howland Road in Toronto, before beginning your own home projects, whether you're contemplating major improvements or you simply want to decrease your use of energy and your fuel bills. Free booklets and fact sheets on all aspects of renovating and conserving energy are there for you to take home. And you'll be able to discuss your particular problems with the experts on staff.

But if you can't manage a visit, and you'd like more information, write for free Energy Conservation and Renvoation Kit, Ministry of Municipal Affairs and Housing, 777 Bay Street, 2nd Floor, Toronto, Ontario M5G 2E5.

Letter To The Editor

This June, Gananoque, Ontario, known as the Canadian Gateway to the Thousand Islands, will be joining in the province-wide Ontario bicentennial celebrations. It will do so by a Heritage Days extravaganza known as Gala Gananoque. The event will take place on three separate weekends, June 15 through 17, June 22 through 24 and June 29 through

On each of those weekends, the citizens of Gananoque and visitors to this area will be able to join together in a giant heritage celebration. Each weekend has a different theme and each weekend has a giant major event to distinguish it, supplemented by a variety of other smaller happenings hosted by virtually every group or organization in the municipality.

The first weekend will focus on a large three-day bluegrass

Morrisburg

Pentecosal Church

7:00 p.m. Family Night

Church

543-2681

Sunday -

Hour

Wednesday

Pastor: Robert W. Farbin

9:45 a.m. Christian Education

10:45 a.m. Worship the Word

Christian

Reformed Church

9:30 a.m. - Morning Service

2:30 p.m. - Afternoon Service

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Rev. Wieger DeJong

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7:00 p.n. Praise Gathering

and country music festival hundreds of other craft through featuring various major Cana- the magnificent Thousand dian stars of country music. At Islands. this time, talent included the Tommy Hunter Show, Sylvia event, we wish to invite former Tyson and Family Brown. The residents and visitors to second weekend focuses on our native heritage and features an that matter, to the event. To authentic Indian Powwow that that end, we hope you publish will attract native Indians from both the United States and Canada. The third weekend will feature one of the largest boat cavalcades in North American History as several American and Canadian tour boat operators team up to guide

As organizers of this large Gananoque, or anyone else for

this letter and help us in the cause. Thank you for your kind

Kindest regards, Barry Grills **Publicity director**

Throughout 1983, the news media across Ontario has been most supportive in bringing the message of Unicef's work to the attention of its readers and the public in general. Your active involvement has been invaluable. Thanks to you and your staff and to Ontarioans from all walks of life and of all ages, UNICEF Ontario is able to announce the completion of another successful year.

The news coverage received from you for our two major fundraising campaigns and the interest thus generated will mean that the forward thrust of one of UNICEF's main objectives - the breaking of the vicious cycle of infection and malnutrition, which is a major cause of infant deaths in the developing countries - will be

Throughout the past year Ontarians contributed more than \$1 million towards UNICEF programs in health, nutrition, education and community development. This amount, matched by CIDA

(Canadian International Development Agency), will help lessen the impact of the current economic setbacks facing so many of the developing When stringent measures

must be taken in these countries it is the social services affecting the welfare of women and, in turn, the children which are the first to be cut. These services are essential in spreading the message of better health and nutrition to those in most need of it - health and nutrition which could save the five million young lives lost to the world each year through lack of this knowledge.

I and all the other UNICEF volunteers across this great province wish to express our deep appreciation for the very real concern shown by so many for the thousands of children around the world who now may happier future.

With kind regards, Elizabeth Gordon Edwards Provincial Chairman Ontario UNICEF Committee



Local equipment dealers remain on executive

[TORONTO] - Local farm ment dealers and makes publications, monthly bulletins, equipment dealers, Martin presentations to the provincial insurance counselling and legal Derks and Bob Weagant were elected to the executive of the Ontario Retail Farm Equipment Dealers' Association at the annual meeting here recently.

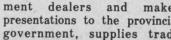
Mr. Weagant, of Weagant

Farm Supplies Ltd. with locations in Winchester, South Mountain and Brockville, was elected to the board of directors.

Meanwhile, Mr. Derks, of Derks Equipment Ltd. in Chesterville, was elected as area representative for 1984.

ORFEDA is a non-profit voluntary provincial association founded in 1945 and is affiliated with the Canadian and National Dealers' Association.

It is a voice for farm equip-





government, supplies trade representation to its members.



Association impressive, Fawcett tells annual meeting

Winchester, told the 101st annual meeting of the Holstein Association of Canada that it is healthy and growing at an impressive rate.

"Nineteen eighty three was a remarkable year," Mr. Fawcett said. "Aside from breaking records in registrations processed, animals classified and

dent, Allison Fawcett of year with a record number of Ontario as new president of the members.'

spoken during the annual meet- Osborne of Rockwood, pasting at the Westin Hotel on March 14 and 15.

The meeting featured proposal of new bylaws and several business sessions before a the meeting.

Also, the association elected of Morrisburg.

national board of directors. Mr. Fawcett's words were First vice-president is Earl president is Mr. Fawcett and chief executive officer is David Clemons of Brantford.

Also elected to the general dinner and dance to conclude membership of the board of directors was Charles Farlinger

Christian Farmers Association annual meeting and banquet

Farmers Association of Dundas 7:30 p.m. at the Christian

Reformed Church.

banquet of the Christian the master and doctors program at Queen's University. Mr. Big-County will be held April 6 at ham's topic will be titled, Consumed by the Consumption Ethics.

Guest speaker for the meet- Should the consumption pat-

Farm equipment design feature topic at farm safety conference

[KINGSTON] - The design of farm equipment was one of the feature topics at the recent Farm Safety Association annual conference on March 5.

Dr. Robert Webb of the University of Guelph, an authority on ergonomical design gave the audience of 230 delegates an insight into what constitutes good and bade design features in equipment. Dr. Webb stressed that if farmers or businesses want maximum production and safety from their equpment and employees, more attention will have to be devoted to designing equipment with the physical and psycological limitations of people inm

The one-day conference also included a number of other speakers, including Dr. Eric Smith, Manager of Velsicol Canada Inc. Dr. Smith spoke on the safe usage, storage and disposal of agricultural chemicals. Claude Lafreniere, Manager of Field Services with the Forest Products Accident Prevention Association, gave a demonstration on the same use of chansaws.

It was noted that four farm people were killed in chainsaw accidents in 1983. A presenta- Shuler 448-2920, Bill DeJong tion by the Peterborough 4-H 535-2974, Mike Luchies 658-2496 Farm Safety Club and the screening of the new Ontario Mnistry of Agriculture and Food's safety film, Life and

conference. John Curtis, Principal of Kemptville Agricultural College, addressed the delegates at the evening banquet.

Limb, concluded the day-long

Mr. Jim Gibb an Embro area pork producer was elected as president of the association for 1984, replacing Morley Weatherall of Creemore who had served for two years. Bob Goulet of Blenheim was elected vice-president. Renie Long of London, Anton Wytenburg of Richmond and Diefenbacher of Floradale were elected to the association's five member exeutive committee.

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Martin,

[WILLIAMSBURG] - The ing will be Fred Bigham, an terns and lifestyles of Christians annual membership meeting and economist who has studied in be different from those of non-Christians and how do we discern and resist the dictates of the consumption eithic will be questions Mr. Bigham will deal

Later, an update of the Christian Farmers Federation of Ontario will be given by John Mulder, federation director.

Other items will include a banquet, entertainment, adoption of past minutes, local bus-

iness and miscellaneous items. Tickets to the banquet may be purchased for \$8 per person from local board members, Jack Van Gilst 984-2448, Hans or Bill Byker 652-2409. Please call before March 31.

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40c EACH UP TO 81/2 x 14 [FROM SAME ORIGINAL] *Birth Certificates *Letters *Wedding Certificates

*Just About Anything THE CHIEFTAIN Iroquois Plaza 652-4395



Ontario's Bicentennial tario is mounting its largest and enjoying the province's artistic heritage as galleries, museums, performers and craftsmen stage some memorable exhibits and events. Ontarians everywhere can get in on the action as many of these shows tour the province throughout the year. Under the patronage of

Her Majesty, the Queen, the Royal Ontario Museum in Toronto launches its salute to Bicentennial with "Georgian Canada: Conflict and Culture" - June 7 to October 21. 250 objects have been culled from 50 U.S., Canadian and British collections to create a fine arts panorama. Military maps, paintings and documents recall the turbulent events during the period of 1745 to 1820, while exquisite works of glass, silver and ceramic show the pomp and elegance of the era.

While this major exhibit will draw visitors to Toronto, ROM as it is more popularly known, goes on the road with two travelling exhibits. Battle lines are drawn in The War of 1812, a collection of reproduction prints and maps prepared by amateur and military artists in the field. Look for it in Belleville Feb. 15 to Mar. 30. "Heirlooms: Echoes of Ontario's Past" is another travelling collection featuring the treasures of Onman wooden toys, English bone china and Scottish Paisley shawls are among the more than 100 artifacts travelling to museums in Niagara Falls, Cornwall, Port Colborne, St. Catharines, Napanee, Smiths Falls, London, Belleville

and Simcoe. The Art Gallery of On-

will be a year for exploring show ever to celebrate Ontario's Bicentennial. "From the Four Quarters: A History of Native and European Art in Ontario" from 5,000 BC to 1867 AD is an assemblage of 400 items gathered from collections across Europe and North America, including paintings of leading natives by William Berczy and Paul Kane, as well as ornate objects crafted of bone, shell and sinew. This spectacular show goes on view at the AGO March 30 to May 20.

Contemporary native art is presented in the AGO's touring exhibit, "Norval Morrisseau and the Emergence of the Image Makers". The show takes a new approach to native art by presenting it in the context of art history instead of anthropology. After a spring showing in Toronto, the exhibit moves on to Thunder Bay, Chatham, Sault Ste. Marie and Sudbury.

Native art is also the focus of the McMichael Bicentennial Gallery's show in Kleinburg. Jasper Grant was an Irishman serving as an Indian agent for the British army during the early 19th century, a turbulent time when the British sought native allies in the area we now know as Windsor. He collected native household items and articles of clothing elabortario's early settlers. Ger. ately embroidered with porcupine quills made by the Woodland Indians. These 45 well preserved artifacts are returned to Ontario for their first North American exhibit October.

More information about exciting Bicentennial events will follow in this column.

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Tenders called for 16 resurfacing [TORONTO] - Norm Sterling, northerly for 22.1 km to south Transportation and Communica-

MPP for Carleton-Grenville, of Regional Road 8. was recently advised by James tenders have been called for base, hot-mix paving and resur- the area. facing on new Highway 16 and

This construction and resur-Snow, Minister of Transporta- facing project on new Hwy. 16 tion and Communications, that and existing Hwy. 16 will provide a new riding surface and grading, drainage, granular improved traffic flow through

Tenders will be opened for Highway 16 from Highway 43 this project at Ministry of

tions headquarters in Downsview, April 11.

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Duties to be considered must be submitted on or before April 14th, 1984 and information regarding equipment needed and services required will be available from the Sec-Treas. Lowest or any tender not necessarily accepted.

Harry A. Gilmer Sec.-Treas P.O. Box 186 Iroquois, Ont.

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> 35-TFC ORVAL MCLEAN AUCTIONS - Lindsay need consignments for our Spring Machinery Sale in April. WANTED farm machinery, tractors, construction tools machinery, cars, trucks, recreation vehicles, campers, boats. Consign Early. Phone (705) 324-2783 (or 0182).

> > CHESTERFIELD CHAIR, Chrome Table, 6 chairs - 1 leaf, A-1 condition. 652-4566. 43-2c

DAFFODILS ON SALE - Friday March 30 and Saturday March 31 at the Shopping Centre by the Brownies and Girl Guides on behalf of Iroquois-Matilda Cancer Branch.

VACANT BUILDING LOT - Approximately 170 ft. frontage on Glen Becker Rd. Drilled well, dug well and holding tank located on property. Asking price \$11,000.

GOOD INCOME PROPERTY - Two storey frame duplex, with 2 three bedroom apartments. One unitpresently owner occupied. Excellent potential. Good, convenient location in Morrisburg. Asking \$52,000. (4790).

NORTH OF MORRISBURG - Modern 3 bedroom bungalow, with attached garage, situated on approx. 2 acres. In-ground pool. Large barn with 6 box stalls, heated office space. Basement family room with wood burning stove. Asking \$72,000. (4793).

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Neighbourhood Watch

Information

Matilda Township **Community Hall**

Dixon's Corners

April 10, 1984 8:00 p.m.



To Prevent Crime DAY TOURS - Sunday, April 15 speaker will be Deputy Leader

For Rent

ROOMS TO RENT - Motel by the week. Year round, private bathroom, T.V., kitchenette, linen supplies, reasonable rates. 543-2879.

APARTMENT FOR RENT -One bedroom apartment in Iroquois. Call Henry Swank. 652-2392.

TENDER

TENDERS WANTED Tenders will be accepted until April 21st, 1984 to operate the kitchen at the Iroquois Golf Club on Saturday and Sundays from May 12, 1984 to September 16, 1984.

For further information, contact Jeff Beaupre at Beaupre Jewellers (652-4340), 9 a.m. to 5 p.m. daily.





WILLIAMSBURG TOWN-SHIP: 198 acre Dairy Farm, mostly tillable loam soil, 42 milking Holsteins, 30 heifers and calves, milk quotas,, good line of equipment, stable cleaner and manure pump, silo and unloader, 3 - 4 bdrm home, carpeted throughout, bath, combination wood and oil furnace, \$425,000.

BRINSTON: 2 bdrm bungalow with detached garage, block basement, FAO heating. Ornamental shrubs with large garden area. \$21,900.

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stairs. Single garage and Hobby barn. Asking \$45,000.00.

Coming Events

GAMES PARTY of THE WINCHESTER HOSPITAL AUXILIARY will be held April the Hospital. Everyone is welcome. Raffle Draw and Door \$10.00 per person Prizes at 3:30 p.m. Admission

KENTUCKY-TENNESSE TOUR, April 25 - May 3 beauty and visit such attractions as Kentucky Horse Park, Churchill Downs, My Old Kentucky Home and others. Principal Recipient - The Guided tours in Nashville and Arthritis Society - \$1.00 each or Lexington horse farm country. 6 for \$5.00. Available at S.F. Two buffet dinners in addition Market. Prov. Reg. No. 410633. to transportation and accomodation. \$399 each (2 in room). Call or visit: Dundas Tours,

DANCING - Sponsored by Riverside Lodge No. 145, IOOF Iroquois. Matilda Community Hall, Saturday, March 31st, 1984. Dancing 9 p.m. to 1 a.m. Mickie and Garry Code and The Running Kind. Admission \$5.00 Working Together Per Person, Lunch Served. 41-3c

Iroquois, 652-2005.

ville Flea Market (Eastern be allowed to vote. Ontario largest) Bus departs Morrisburg, Ingleside, Long Sault and Cornwall. By reservation only. Morrisburg 543-3336, Ingleside 537-2544.

We proudly present OBEDIENCE CLASSES. Qualified instructors. Registration until May 9, 1984 For further information call Carol Thompson 652-4021 or Weeacre Kennel 43-7p

CANCER CAMPAIGN KICK- 613). OFF LUNCHEON for captains volunteers and officers of Iroquois-Matilda Branch will be held in Iroquois Civic Centre IN MEMORIAM Monday April 2 at 12 noon.

Memoriams THOMPSON: In loving memory

of a dear Mother and Grandmother Hazel Thompson, who passed on March 26, 1981. Her helping hand was always

To render any aid she could Her voice was always raised in Her words were wise and good

Dear Mother since you've gone The ones who loved you true Try hard to carry on the way

We know you'd want us to Always remembered by Carl, Irene, Kevin and Brian 43-1p

THOMPSON - In loving memory of a dear Mother, Grandmother and Great-grandmother Hazel Thompson who passed away March 26, 1981. A heart of gold stopped beating Three years ago today Talented hands were laid to

As you quickly passed away You didn't say goodbye to us Perhaps it's just as well We never could have said good-

To one we loved so well God took your hand And we had to part He eased your pain And broke our hearts

Ever remembered by Helen, Stephen, Audrey and Raymond, Philip, Marion, Penny and

Gloria Foot

543-3364

The Annual DESSERT & Dundas County Milk Producers ANNUAL DINNER AND DANCE - Saturday April 7. 1984 at Matilda Community 3, 1984 at 1:30 to 3:30 p.m., at Hall. Social hour 6:30. Dinner 7:00 p.m. Music by Patchwork.

THE GREATEST SHOW ON SKATES, Morrisburg Figure Skating Club, will be Saturday March 31, 1984 from 7:30 p.m. Grand Ole Opry, Opryland, and Adults \$1.50 and children under much more! Enjoy springtime 12 - 75 cents. 42-1c

> K OF C CHARITIES RAFFLE 5 - 1984 CARS

43-3p

LIBERALS

The ANNUAL MEETING of the Provincial Liberal Association, S.D. & G. will be held on Monday April 2nd, Osnabruck Community Centre (2 miles North of Ingleside) at 8 p.m. Purpose of the meeting is to elect officers for 1984, to discuss redistribution, campaign wrapup and other business. Guest Flea Market Day. Fare \$22.50 Opposition Sean Conway, Breakfast included. Visit Easy M.P.P. Everyone is invited to Valley Flea Market and Stitts- attend, but only members will

President, Gerry Rosenquist

On Thursday, April 5th, at 8:00 p.m. at General Vanier Secondary School, Cornwall, the Glen Concert Series is sponsoring PRIMADONNA. This is an operatic spoof, created and performed by Mary Lou Fallis. Tickets are \$10.00 for adults,

and \$7.50 for students or seniors. Phone 937-0043 for further details. (Area code

Leslie Clayton who died March 27, 1981. Our family chain is broken And nothing is the same But as God calls us one by one

The chain will link again. Sadly missed by wife, Doreen, children and grandchildren 43-1p

You are asked to contribute once a year to a battle that is fought the year round. It's up to you to ensure that the Canadian Cancer Society's April campaign will continue to support research, education and patient services throughout the year. Give generously during April campaign

Drop in to **GRENVILLE** Snowmobile & Garden Equipment **Bombardier** Ski Doo, Honda

Ariens.Homelite Wheelhorse **Roper Tractors** Tel. 925-4477 R.R.2, Prescott **Third Concession** At Maynard

Cards Of Thanks

I would like to thank all our friends, neighbours, and relatives for the lovely cards, flowers, treats and best wishes, while I was a patient in Winchester Hospital and recovering at home. Special thanks to Dr Rosenquist, Dr. Prins and the nurses on first floor for their wonderful care. Your kindness will always be remembered. Susan Easter 43-1p

We would like to take this opportunity to thank the individuals, clubs, groups and organ-

izations for their response toward nominating and supporting us for the Junior Citizen Award. Special thanks to Mrs. M. Whittaker; the recognition, our trip to Toronto and meeting the Leiutenant Governor was an experience we will always cherish and never forget. Thank you, Gene and Greg

I would like to thank the Fire Department who acted very quickly at the time of my fire and all those who helped in any

Curtis Baker

On behalf of the Glen Becker DICKS - In loving memory of Hockey Club and myself, we would like to thank everyone who participated in helping make our hockey game on Sunday night a great success. C.K.B.Y. helped us raise \$800.00 for the D.C.A.M.R. which will go to Seaway Enterprises.

We would like to thank everyone who sold tickets, including all the retail outlets, most of all, I would like to thank the Glen Becker players who sold a lot of tickets. The money raised will

presented at a later date. Thanks again, Anne Hartle, D.C.A.M.R. representative

Dale Lewis, Manager of Glen

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April 2nd, 1984 - December 28th, 1984

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Clerk-Treasurer

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FRI., SAT. MARCH 30, 31 THE OUTSIDERS [A.A.] Starring Mat Dillon and Ralph Macchio. Street kids vs rich kids in a sensitive film of today's youth, by Francis Ford Coppola. MON., TUES.,

WED., THURS., APRIL 2, 3 4, 5 SUDDEN IMPACT Starring Clint Eastwood and Sandra Locke. Dirty Harry is back with a bang. Eastwood clears up some unsolved cases and seems to be there to take action at the right

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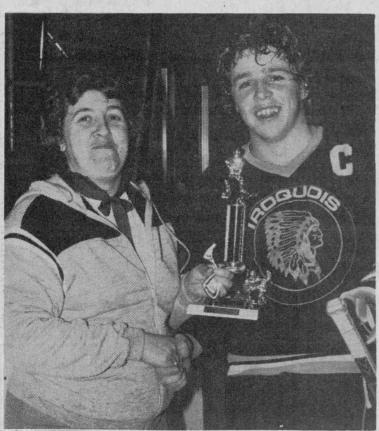
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Shirley Cassidy, tournament convenor, presents Mike Veltkamp with the B champion trophy during the midget tournament played at Cardinal on Saturday.

District "G" euchre tournament

[CARDINAL] - The Cardinal River, Brockville, Iroquois, Legion Branch 105 hosted the Sydenham, Pembroke, Orleans Legion district G euchre tourna- and Cardinal, to name a few, ment on Saturday, March 24.

district including teams from the tournament and qualifies to Cornwall, Kingston, Deep go to the provincials.

completed. Twenty one teams from G The team from Orleans won

Tournament of champions

[CARDINAL] - Two of the Cardinal-iroquois teams will travel to Morrisburg on Saturment of champions

The Pee Wee C's coached by John McGongeal and William Seeley and the Bantam B's coached by Larry Dishaw and day to compete in the tourna- Gary Blok will take part in the

USC HELPS FIGHT ILLITERACY

Fifty percent of the Third World population has no opportunity to become literate. USC Canada is erecting schools, supplying equipment and running literacy classes for adults and working children in six countires in Asia and Africa. USC headquarters are at 56 Sparks Street, Ottawa, Team members of the b side champions of the Cardinal-Iroquois midget hockey tournament on Saturday are, front from left, Gary McInnis, Jason Mandel, Jeff Veltkamp, Jeff Whitteker, Steve Picotte, John Hanna and Andre O'Brien. In back are Danny Dodge, Chris McLaughlin, Jarrett Scott, David Lapier, Tim Cassidy, Shawn Lapier, Mike Veltkamp

Midgets winners of B championship

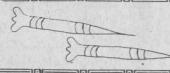
(CARDINAL] - The Cardinal-Iroquois Midgets won the B the Cardinal-Iroquois team was championship in the hockey Jarrett Scott and for Smiths tournament held in Cardinal on Falls, the most valuable player Saturday.

The Cardinal-Iroquois midgets tender. defeated Smiths Falls, 8 to 3 in the B final game to win the championship. This was very rough, hard-hitting game.

was Floyd Smith, the goal

Kemptville won the A side of the tournament with a victory

Dart Throws



Roger Bishop wins eleven games

[CARDINAL] - As of March Gladys Alberry 21 the Impossibles lead the Mary Plume Cardinal Mixed Dart League with 2661/2 points.

2661/2
2381/2
228
228
2161/2
2081/2
206
2:41/2
195
1701/2

Most Games
Roger Bishop
Jim Reilly
Garry Kavanaugh
Rick Sayeau
Len Crawford
Tom Smail
Marsha Morris
Ron Hughes
Joanne Kayanaug

Sara Taylor Yvonne Crawford Muriel Allard

High Scores

	Tom Smail	140-100
ù	Ron Hughes	140-100
	Rodney Stitt	140
	May Reid	129
	Norma Debartolomeo	122-120
	Shirley Bishop	121
	Jim Reid	119
	Rick Sayeau	115
	Mary Gilligan	112-100
	Steve Deschamps	100-100
	Len Crawford	100-100
	Barry Breene	100
	Brenda Menard	100
	Garry Kavanaugh	100
	Yvonne Crawford	100
	Muriel Allard	100
	Joanne Kavanaugh	100
	Jim Reilly	100

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Iroquois Mixed Darts LEAGUE STANDINGS as of March 23, 1984 Dates to Remember: March 30 -Last League Night Auril 6 and 13th - Playoffs May 5 - Mixed League Banquet Hotternel Nite Riders 227 Raiders 227 Longshots 2161/2 Mix and Match 195 1801/2 Great Gram Muffins 1751/2 Unicorns Hot Spots 1751/2 Fast Lanes 1641/2 Most Games Won Larry Mills Stan Moore Duane Kirker Jim Reilly Reg Farmer Charlie Marsden Bob Hartle Percy Roberts Glen Adams Corallee Easter Joanne Kavanaugh Gale Kirker Joe McDonald Andie Reilly HIGHEST SCORES 180-3x100 Glen Adams Stan Moore 140-137 Charlie Marsden 140-115-3x100 Duane Kirker 125-2x100 Larry Mills Bob Hartle 125-100 Andie Reilly 121 Brenda Menard 120-119-3x100

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Rod Stitt

Mike Robertson

Debbie Riddell

Corallee Easter

Reg Farmer

Jim Logie

Jim Reilly

DaffodilTea March 30

the sale of daffodils on Thursday at MacDonalds of Cardinal teers will also be selling the flowers in the streets.

be held in the United Church hall from 2 p.m. to 5 p.m. Admission is \$1.

An educational display, co-ordinated by education chairman Valerie Patrick will also be on exhibit at the tea, with information and pamphlets on Saturday, May 26 from 1 available to the public.

[CARDINAL] - The cancer Sunday, April 1 has been campaign will be kicked off with designated Daffodil Sunday in various area churches with special Cancer Society church from 10 a.m. to 5 p.m. Volun- programs ordered for that day.

At the Cardinal Trade Fair, May 24 and 25, local volunteers On Friday a daffodil tea will will once again have a homemade pie sale and a raffle for a Charity Gilder print and Canada Starch gift basket.

Rounding out the list of special events will be a celebrity fun auction. This event is tentatively set for the Legion p.m. to 5 p.m.



CITIZENS' TO CITIZENS

By Colin Brown

'm glad to say that this column has been well received. We understand it is already being carried by over 100 weekly community newspapers. That means there probably are a million Canadians reading it. Just think what the effect would be if even one in fifty of those readers were to sit down and write a letter to his or her MP. It needn't be long, or profound, just an opinion about something that the writer felt strongly about. What would happen?

The party to which your MP belongs has regular caucus meetings. Everyone who can attends, so if it's the Liberal party there may be as many as 146; if PC 102; if NDP 33. Naturally MPs want to make their mark among fellow party members and especially in the eyes of the party leaders. MPs will have their own opinions about the various topics on the agenda, and no doubt the 'll express them whenever they can. But they're much more likely to be listened to if they can wave a

fistful of letters and say: "This is what my constituents are saying."

That, after all, is the way a parliamentary democracy is supposed to work. Many of us complain that our political leaders don't seem to reflect what we believe to be majority opinion. We know that they take public opinion polls, but those are limited to about 1,000 people and the questions are set by the poll-takers. The questions that many of us would like to answer may never get asked. If more Canadians took to writing their MPs regularly, their elected representatives would have a much better idea of how their constituents felt about public issues. It would help them in caucus and help the party leaders as well. No stamp is needed. Write today.

Colin Brown is President of the National Citizens' Coalition, 100 Adelaide Street West, Suite 907, Toronto, Ontario

Morrisburg leads bantam final

After two games, the Morrisburg bantams lead Cardinal-Iroquois three points to one in a four-point series with the third game set to be played at the Morrisburg arena tomorrow (Thursday) at 7 p.m.

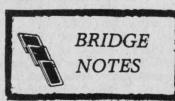
This is the championship series for the Upper Canada Minor Hockey Association.

The first game of the series was played in Morrisburg and both teams played near perfect defensive hockey and settled for a scoreless draw.

On Sunday, the series moved to Cardinal where the visitors skated to a 3 to 1 victory. This was another close match with Morrisburg taking the lead with a goal by John Morrow in the first period and Jim Bennis adding to the lead with a second-period counter.

Reg Knudson brought

Cardinal-Iroquois to within one goal early in the third period after passes from Larry McCurdy and Mike Dishaw and the team lifted the goalie late in the period and gave up an empty net goal to Greg Whit-



BRIDGE WINNERS

Ladies -Marjorie Strader Mildred McGinn Gents -Lorne Bouck Garnet Empey





Spring Bouquet \$3.95

There's a lot going on for young people in Ontario.

Find out

Young people in Ontario can take and services offered by the Government of Canada. If you're interested in any of the ones described here or in knowing more about others that are available, just use the coupon below to find out.

Youth Opportunity Fund

The continuing strength and vitality of our nation rests with its young people. That's why the Government of Canada has attached such great importance to creating jobs for Canadian youth.

In the last federal budget, \$150 million was added to the \$1 billion Youth Opportunity Fund. The purpose of this fund is to help young people, including students, to learn new skills and find jobs in private industry and the voluntary and public sectors.

Training for Youth

Haven't found the right job yet? On-thejob training is one of the most practical ways to gain valuable work experience. The Government of Canada's General Industrial Training program allows you to earn while you learn. Many employers have already used this program to help give young people a start in life.

Your employer may be reimbursed for nearly all of the training costs. As well, the Government of Canada will, in most cases, pay the employer half of your wages during the training period. Training may last from a few weeks to a year. To learn more, use the

Career-Access could open doors for you

A lot of young people know what kind of career they want and may even have prepared for it by studying at high school, university or training at vocational schools or community colleges. Even so, once they start looking for jobs in those fields, they may not be able to find what they want. That's when the Career-Access Program can help. It was designed to encourage employers to hire these people so they can gain valuable experience in their chosen careers. The encouragement for employers is that the Government of Canada pays part of the wages while the person is gaining needed experience.

Specialized Services

Because they have no job training or trade, lots of young people find it difficult to get jobs. So there are special programs designed just for them. For example, Specialized Youth Units (SYUS) are staffed with people who cooperate with community agencies and Outreach projects to place these young people in suitable and rewarding jobs where they can increase their skills. There's a SYU branch in Scarborough where Ontario young people can apply for help.

Planning now for future job security

Wodern technology keeps changin the ways we work and the jobs we do. Canada's National Training Program includes a plan that will make sure people are trained now for the kinds of skills that will be very much in demand in the eighties and after. The Skills Growth Fund encourages public training institutions and private non-profit organizations to teach modern technical and related skills and to develop the facilities for this work. The easiest way to find out more about training is to ask at your local Canada Employment Centre.

Get involved in Katimavik

Katimavik is a popular and successful national youth program for single people from 17 to 21. If you participate, you will be involved for nine months, travelling in groups to different regions in Canada and working on community projects. The work is rewarding and varied, from the restoration of cultural artifacts to the clearing of trails and waterways in municipal parks. While you don't get paid as you work, there is a \$1,000 honorarium at the end of the nine months.

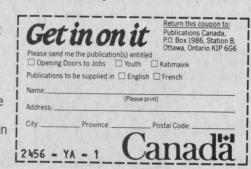
Some Katimavik projects here in Ontario have involved a companionship and home care program for seniors, establishing day care centres for single mothers and a drop-in

Or, you could find yourself building a fishermen's wharf on Cape Breton Island or staffing a community cablevision station in British Columbia.

This year, 5,184 participants will be needed for over 400 projects in cities and communities across Canada. It could be a great way for you to develop new skills, meet new people and learn a lot about yourself and your country. Interested? Find out!

Canada Works

Canada Works is a job creation program that provides funds to community organizations, municipalities and businesses, helping them to hire staff for special work projects and activities. If you have been unemployed for eight weeks, you could be eligible to work on a Canada Works project. The jobs last from six to 52 weeks and give you experience and contacts that might help you find a long-term job. Your Canada Employment Centre has information on the Canada Works jobs available in your community.



Get the facts about nutrition

March is National Nutrition Month. This year's theme focuses on food facts and fallacies.

Consumers face many difficulties in differentiating between the nutritional facts and fallacies. Nutrition Month is sponsored by the Canadian Dietetic Association and the provincial associations.

Test your nutrition knowledge with this T or F quiz. 1. It is advisable to take a vitamin supplement even if you eat a variety of foods 2. Brown eggs have a higher quality protein than white

3. Gelatin does not stregthen your nails

4. Eating spinach will make you strong.

T or F 5. Pasteurization destroys the nutrients in milk T or F 6. Certain foods such as grapefruits can burn up fat. T or F 7. There are more calories in starchy foods like potatoes

T or F

than in high portein foods like meat or eggs T or F 8. Honey is more nutritious than white sugar T or F 9. Vitamin C can cure or prevent the common cold Tor F 10. The darker the bread, the more fibre it contains. T or F

How did you do? Answers

1) False - A diet including a variety of foods and planned according to Canada's Food Guide will provide all the vitamins needed for the average person. Daily vitamin pills are not necessary for most people.

2) False - The colour of the shell of an egg has no bearing

on the nutritional value of the egg. White eggs contain the same nutrients as brown eggs, they just come from a different breed of chicken.

3) False - Eating or drinking gelatin will not make your nails hard. It was once thought that because nails are protein a drink of protein would improve cracked or soft nails. This is not true. Gelatin is a protein which lacks one of the essential amino acids, so by itself it will not build tissues.

4) False - Spinach is very nutritious and provides folic acid, Vita and fibre. However, it is relatively low in calories and so it won't provide much energy, nor give you Popeye - like muscles. While there is a lot of calcium and iron it it, absorption of these two nutrients is reduced by the phytates and oxalates present.

5) Pasteurization is the process whereby milk is heated to a very high temperature for a short time and then cooled rapidly. This process does destory some of the vitamin C but there are many other sources of this vitamin. Control of micro organisms by pasteurization and the prevention of the spread of disease far outweigh any dietary loss.

6) False - To date scientists have discovered no such substance that will dissolve fat.

7) False - Starch and protein have the same number of calories. A boiled potatoe and an egg both provide 80 calories. It is fat that has twice as many calories as starch or

8) False - Honey does provide a few B vitamins and trace minerals in very small amounts whereas white sugar has none. To say honey is nutritious is misleading. You would have to eat 21/2 C of honey to get as much riboflavin as a cup of milk. The only nutrient honey has insignificant amounts is simple carbohydrate.

9) False - extra vitamin C may reduce the duration of a common cold. However, there is not enough evidence to conclude that it can prevent or cure a common cold.

10) - Dark breads may be coloured with burnt sugar and raisin juice, or caramel colouring rather than made with whole grains. Check the ingredient label for whole grains.



When Clare Dunbar matched an Esso coupon with the logo on a litre of oil he bought at McGillis Hardware in Morrisburg on Dec. 19, both he and the store became winners of \$10,000 apiece courtesy of Imperial Oil. RepPresenting the cheques to Mr. and Mrs. Dunbar at right, and to Mr. McGillis, left, is Esso agent Larry Byers. Mr. McGillis and his wife plan a three-week vacation in England while the Dunbars say they have no special plans for the windfall.

Take steps to counter pest attack

Planning before you plant your garden this year could help reduce the risk of damage by insects.

Rick Wukasch at the University of Guelph's environmental biology department says there are many practical ways to avoid or control infestations. both with and without the use of pesticides.

First, select crops which are usually left alone by pests. For example, if spinach in your area is annually attacked by leaf miners, then switch to other salad greens like New Zealand spinach which is immune to these pests.

Second, consult your seed catalogue or local Ontario Ministry of Agriculture and Food office for information on varieties of a crop which possess resistance to the insects and diseases common to crops in your area.

Try growing several different varieties of a crop, choosing those for future use which suffer least from insect attack.

Sweet corn varieties with tight husk cover such as Gold Cup, Gold Pak, Seneca Chief, and Seneca Scout, are less likely to be infested with corn earworms or sap beetles. Heads of some cabbage varieties such as Mammoth Red Rock or Chieftain Savoy are rarely damaged by cabbage worms or loopers.

Once your crops are chosen, deciding where, when and how to plant may help avert potential pest problems, he says.

Some insects are weak fliers. So planting next year's carrots and onions in a windy site, distant from the previous year's location, will discourage carrot rust flies and onion maggot flies from attacking these crops

Other insects like the strawberry root weevil cannot fly so

it helps to locate the new strawberry planting as far from the old patch as possible, to decrease chances of reinfestation.

Timing plantings of carrots and onions or cabbage, radishes and other cole crops to avoid the period when root or bulb maggot flies are on the attack is also a sensible control measure, Wukasch says.

Usually this time for planting is between June 1 and early July in southern Ontario and up to 10 days later in more northerly areas.

Another fly, the seed corn maggot, attacks large-seeded vegetables before they emerge, causing poor stands of sweet corn, peas, beans or cucumbers. A similar planting as above, and shallow planting in warm, moist soil will promote rapid seedling emergence before the flies can cause significant

Mental Health Association gala art auction April 13

[CORNWALL] - The Cana- with the auction getting underdian Mental Health Association way at 8 p.m. The auction is a fund-raising Cornwall branch presents a gala event of the Cornwall branch art auction of Canadian and and the association's ability to international art on Friday

The auction will also include work of local artists and will take place in the Civic Complex Salons A, B and C. An art

the generosity of the organizations 100 volunteers. Neil Fogel, curator of Fogel preview begins at 6:30 p.m.

Resource meeting

[CARDINAL] - A general meeting will be held at the Cardinal Resource Centre located in the Anglican Church hall on Wednesday, Aril 4 starting at 7:30 p.m.

This will be the final meeting prior to the official opening of the centre on Thursday April 12 and all residents including teens, who are interested in assisting with this project are urged to attend this important

programs depends largely on

Fine Arts Inc., will present the

selection of art and will be auctioneer. A wine and cheese preview and draw for an art door prize maintain and extend its

valued between \$250 and \$300 are included in the \$5 admission the outcome of the event and

charge per person. Tickets may be reserved by calling 933-5845 or are available at the door.

Bookmobile schedule

the bookmobile schedule will start Monday, April 9. The following communities in the three United Counties will be visited on the followint schedule:

Monday, April 9: Riverside Heights 9:30 - 9:45); Stampville (10:15 - 10:45); Hainsville (11:00 11:30); Dunbar (1:00 - 1:30); Grantley (1:40 - 2:00); Lunenburg (2:45 - 3:15).

Fridays, April 13 and 27:

During the month of April, Morewood (9:45 - 10:30); he bookmobile schedule will Ormond (10:45 - 11:10); Hallville (11:25 - 12:00); Mountain (1:15

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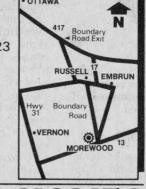


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Pour être inscrit au jardin, l'enfant doit avoir 5 ans avant le ler janvier 1985.

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To be registered in Kindergarten, the child must be 5 years of age before January 1st, 1985.

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La Source Moose Creek (Ontario) K0C 1W0 (pré-j. - 8e) Tél.: 538-2401 Dir.: M. Roger Cayer (6 avril A.M.)

Notre-Dame-du-St.-Rosaire Crysler (Ontario) K0A 1R0 (pré-j. - 8e) Tél.: 987-2034 Dir.: Mlle Mariette Grenier (18 avril A.M.)

Pour renseignements supplémentaires, n'hésitez pas à communiquer avec: YVON MARTIN Surintendant de l'éducation Palier français 1104 est, Première Rue Cornwall (Ontario) K6H 1N6 (tél.: 933-1720)

PETER VAN MOORSEL

Président / Chairman

ENGLISH PANEL

Our Lady of Good Counsel, Ingleside, Ontario KOC 1M0 (Jr.K. - 3) (50-50 Partial Immersion) Tel.: 537-2556 Princ.: Mrs. Catherine MacDonald (April 9 - Jr. K.) (April 10 - Kdg. by appointment)

St. Mary's, Chesterville, Ontario K0C 1H0 (Jr.K. - 5) (Regular) Tel.: 448-2158 Princ.: Mrs. Sheila O'Connor (April 2 & 3 - Kdg.) (April 4 - Jr. K.)

Morrisburg, Ontario. K0C 1X0 (Jr.K. - 4) (Regular) Tel.: 543-2907 Princ.: Sr. Mary Jane Leonard (April 18)

For more information, feel free to contact:

BERNARD WARNER Superintendent of Education English Panel 1104 First Street East Cornwall (Ontario) K6H 1N6 (tél.: 933-1720)

> GILLES METIVIER Directeur de l'éducation /. Director of Education



CONSEIL D'EDUCATION DES COMTES DE

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REGISTRATION OF BEGINNERS

Parents of children eligible to attend Kindergarten and Grade 1 for September 4, 1984 are requested to contact the school between Monday, April 9 and Friday, April 13 in order to arrange an appointment for registration.

CHILDREN ARE REQUIRED TO BE FIVE YEARS OF AGE ON OR BEFORE DECEMBER 31, 1984 FOR ADMISSION TO KINDERGARTEN.

CHILDREN ARE REQUIRED TO BE SIX YEARS OF AGE ON OR BEFORE DECEMBER 31, 1984 FOR ADMISSION TO GRADE 1.

PLEASE NOTE

Parents may opt for a full-day everyday program (one-half English and one-half French) or a regular English program (one-half day only).

The following information will be required at the time of registration

- a) evidence of your child's date of birth;
- b) your lot and concession number or street address;
- c) your school tax support;
- d) your child's immunization record.

The cooperation of parents in contacting the school would be very much appreciated.

S. O'Connor Chairman

T.R. Leger Director

4th. Annual summer school of the arts planned for July

to vacation creatively this summer by combining a holiday with one (or more) art and craft courses offered by the 1000 Islands Summer School of the

The Creative Arts department of St. Lawrence College Saint-Laurent, Brockville, is presenting 19 week-long courses during the period July 9 to 27. Some of the courses will concentrate on capturing the beauties of the Thousand Islands region in oil or water colours. Others offer a full range of techniques in ceramics, stained glass, weaving, quilting, jewelry-making, colour photography, and sketch-

The instructors conducting these courses are not only wellknown in the Eastern Ontario area. They have international standing as artists and craftspersons. Henry Vyfrinkel will be conducting water color painting classes among the Islands, Peter Corbett will be working in oils, and Helga Palko presents a course in rock hunt-

Everyone has an opportunity ing and gem cutting as well as a class in advanced jewelry-mak-

> Other instructors are Mary Morrison, master weaver, Inge Kern, calligraphy, Richard Gill, sketching historic Brockville, John Boxtel, sculpture, Linda Dineen, stained glass, Judith Tinkl, quilting, Brian Gordon, Photography, and Matthias Ostermann, pottery. Students in the Weaving in Colour and Natural Fabric Dyeing courses will take their classes at Trudy van Stralen's farm, where the instructor raised sheep and rabbits, and uses local vegetation in the dyeing process. Len Boszormeny is a popular wood-carving teacher, and is students will work on wood decoys.

The fee for each course is \$30, plus the cost of supplies.

A descriptive brochure and application form is available at the college, or write the Creative Arts department, St. Lawrence College Saint Laurent, 2288 Parkedale, Brockville, Ontario, K6V 5X3.



Skating future a little shaky



Louis Grenier rounds the corner in pursuit of a world record.

By Dorothy Dickie

(NC) - At 23, Louis Grenier is already a world champion, but thinks life may be passing him by.

After answering an advertisement to join his pri-mary school's speedskating club, this Ste-Foy, Qué., native spent the next 13 years growing up on an 112metre ice track, shaving his times down, edging out opponents and racking up championship points.

And then it happened.

'Definitely a high' At the 1983 Tokyo World Speedskating Championships, Grenier answered his own athletic hopes with one bronze, four gold medals and a world 500 metre record of 45.37.

'Tokyo definitely was a high for me. Three years ago I didn't even make the national team. There's a lot of pressure in speedskating because it's an individual sport and you never know what will happen. A lot of experience and stubborness is needed. You can never give up for a second or that's it, you'll lose. There's a lot of incidences you have to deal with.'

And Grenier has seen them all. He says anything can happen in his sport, which sometimes looks like

a mixture of cycling and allstar wrestling in its fever-

All finishes at the 1983 Worlds were photofinishes. Four or five skaters were finishing in the same second and threw their skates over the line because it's the skate, not the body, that counts. Officials don't like it, but everyone does it. The race will be over, but all the skaters will be piled up on one another. If you sit on one of those long sharp blades, it's the hospital for

Charging a 'no-no' And then there's that lit-

tle vice called charging. "It happened to me during my 1500-metre race in Tokyo when a Japanese was trying to pass on thein side at the turn between me and the block. It was too tight for him to get there. Once you touch someone. you accept the consequences. He did and we went flying. He got disqualified, but I got up and managed to win the bronze medal.

Even though Grenier ad mits he's done his share of 50-kilometre-an-hour passing on the international indoor circuit, he now feels the tables have turned.

"Canada has been the best in the last five years. I enjoy the show and strategy of racing under the roof, but outdoor skating is the Olympic sport. I'm 23 now and only in my first year of university. I feel like I've been left behind. Right now, my education is important to me, but who knows. If indoor speedskating makes it to the 1988 Calgary Olympics, I might just

Dorothy Dickie writes for the Athlete Information Bureau in Ottawa.

. Hac Donald's of Cardinal



Grade six and seven public speaking contest winners at the Iroquois Legion Saturday are Tanya Duncan, first, Jill Durant, second and Canty Byvelds, third. The three girls are

students of Iroquois Public, Nationview Public and St. Cecilia's Separate school respectively. Representing the legion branch are Ed Hitchinson, left, and Dr. Peter Playfair.



Dr. Peter Playfair, representing the Iroquois Legion, and Iroquois-Matilda Lion Don Fairweather pose with winners in the Legion-Lions speaking competition for grades nine and ten

held at the legion Saturday. Gold medal winner was Catherine Whitteker, left, silver medal went to Shannon Dea and Jean Bois-



Eldon Horner won the silver medal, Mary-Jo Rosenquiest the bronze and Tara Guffroy the gold in the grade 11, 12 and 13 speaking

competition held at the legion Saturday. Medals were presented by Dr. Peter Playfair, Ed Hitchinson and Don Fairweather.



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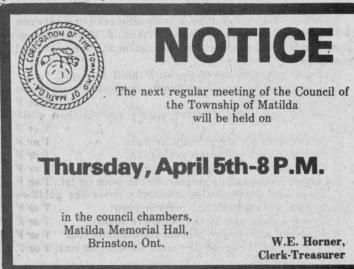
On Saturday, March 17, the Morrisburg-Iroquois Catholic Women's League held its annual Bazaar and tea in the Legion Hall, Morrisburg.

At 11 a.m. the doors were opened to all for a delicious tea and salad bar. During the afternoon, the many booths were will patronized and music was rendered by The Bells of St. Mary's and the Morrisburg Legion Men's Choir - also, at intervals during the afternoon, many draws for door prizes, donated by firms and individuals from the surrounding areas were made.

Before the bazaar ended, winning ticket for the major prizes were drawn with the following results: First prize Ghetto Blaster - Darryl McDonell, Morrisburg, Second prize - Toaster Oven - Eva Garlough, Morrisburg, Third

prize - Afghan - Barrie Hayter, Brockville.

The League wishes to express its sincere thanks to all those who contributed to make the afternoon so pleasurable and so profitable - the public for its generous attendance, the firms and individuals for their donations of door prizes, the entertainers for their musical selections and any others who helped make our annual St. Patrick's Day Bazaar so successful.



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Mainstream Canada

Frankenstein tax monster

By W. Roger Worth

The Canadian Federation of Independent Business is far from happy with the way Revenue Canada operates.

the organization's 64,000 members have complained in no uncertain terms about specific reassessment and collection problems emanating from well as a deputy minister with

"The horror stories about the way these Canadian taxpayers were treated by 'civil servants' is appalling," says the CFIB's president John Bulloch, "What our members' stories reveal is a Frankenstein tax monster which is spreading fear and abuse throughout the country.'

The result of the uproar over Revenue Canada: an in-depth Federation brief to Finance Minister Marc Lalonde, and appearances before the Progressive Conservative Party's National Revenue Task Force. In both instances, the Federation outlined the serious problems that exist at Revenue Canada, as well as proposals that should help overcome the difficulties. Among the suggested solu-

• That RevCan's basic asguilty until proven innocent be

reversed. The broad application of these powers is not only contrary to the basic principles of justice, but it forces taxpayers to pay the department's tax assessment even before an appeal is heard. So even though the department may be wrong (and RevCan was proven wrong in more than 80 per cent of recent notice of objection cases), taxpayers, and particularly people operating smaller firms, are forced to tie up action to remedy this serious cash, lines of credit or other

"RevCan is using this power to intimidate smaller firms, many times treating the honest entrepreneurs as crooks," says Bulloch. "Taking away Indeed, more than 2,000 of this excessive power would place the two opposing sides on a more equal footing."

· Appointing a strong minister for the department, as technical expertise in tax

RevCan has had 12 ministers since 1968, with each serving an average of 15 months. To make matters worse, deputy ministers with no knowledge of the Income Tax Act have headed up the government mandarins running the

"There's no consistent administration, so there's little wonder the department is a mess," says Bulloch.

• That assessment quotas forced on RevCan employees be eliminated.

• That taxpayers be awarded full costs where appeals to the courts are won, or the department decides to drop its case.

· That the administrative function be overhauled and upgraded so that all taxpayers do not have to wait months before they get refunds from the department

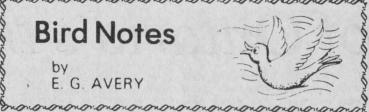
• That RevCan stop "prosumption that taxpayers are moting" the names of people who have been charged under the Act.

> On a positive note, Bulloch said it is only fair to give full credit to Lalonde for the tax simplification measures he introduced in his recent budget. The business leader also said that Lalonde gave the CFIB a good hearing on the proposed changes, and showed good faith by meeting with CFIB officials.

> "At this point the ball is in the minister's court," said Bulloch, "hopefully he'll take

Bird Notes

E. G. AVERY



bird watching, perhaps the best yet, becauseof the mixture of Winter and Spring visitors, and a couple of surprises.

The Redpolls are making up for their late arrival by spending all their time at the feeders. We can see them alsmost any time of the day, just a few at a time, but a delight to watch, especially on a sunny day when their crimson caps and rose coloured breasts show to best advantage. Among the Redpolls we have seen several Pine Siskins which are similar except for the red; they have faint touches of yellow on wings and

Tree Sparrows and Goldfinches are still with us along with our Chickadees; the Grosbeaks are not quite as numer-

The Blackbird clan, after being almost snowed under last month has begun to come back again, and the cheerful song of the Redwing is pleasant to hear Grackles and Cowbirds have also been reported.

"R-Day" was Wednesday the 21st of March, once known as the first day of Spring. Out of

Another week of excellent the blue, a lovely big Robin arrived at our feeder. Later we put out some bread crumbs and raisins and he came back everyday until Sunday; then he must have found a new place to eat, or perhaps met up with the other Robins which we have seen in all parts of town.

> Even birdwatching has its bad days, and Saturday was one of those around here. While focussing the glass on what seemed to be a Song Sparrow, suddenly in our view was a Hawk clutching one of our Sparrows. For just a few seconds the Hawk, a small one, poised in the snow, then realizing that he was being watched, took off, carrying the small bird with his feet.

> Much later in the day the Song Sparrow we were trying to identify returned to be counted, and we knew the Hawk had probably caught a Tree Sparrow. No matter how beautiful a creature maybe, when it preys on its own kind our admiration is touched with a chill.

Checking through the books.

we have come to the conclusion that it was probably a sharp-

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> **Iroquois Golf Club** Box 504 Iroquois, Ont. **KOEIKO**

Attention: Mr. Roger Coulter



Bob Laton, supervisory post master in Prescott, made presentation of a 25-year service plaque and pin to Lorne Bouck last Friday. Mr. Bouck began work with the post office on Feb. 1, 1958 and completed his 25th year on Feb. 1, 1983.



MARSH WORLD

Tiny Terror



— This is the notorious biting black fly or buffalo gnat that attacks animals and humans alike. Its tiny size, only 1.5 to 5 mm in length, is deceiving. Swarms are common during daylight hours and are particularly obnoxious on sweltering hot days. The black fly's bite punctures the skin and draws blood. In some humans, one or more bites may cause a severe reaction. Egg masses

are deposited along the wet edges of streams or fast flowing inlets to marshes. The larvae live in water and pupate in about three weeks. The pupae emerge from the water as flying adults in a matter of days.

For the free pamphlet, Know Your Ducks, write: Ducks Unlimited Canada, 1190 Waverley St., Winnipeg, Manitoba



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Villeneuve seconds adoption of Ontario's throne speech

ment of Ontario's newest member, Stormont, Dundas and Glengarry MPP Noble Villeneuve, seconded the adoption of the Throne Speech in the Legislature last Thursday and offered resounding praise for the scope of the agenda it announced.

Acknowledging the indebtedness of the province to his predecessor, the late Osie Villeneuve. Noble Villeneuve stated that the recent byelection which brought him to office, "pointed a clear message that the work of the legislature and of this government and its leader is meeting the needs and aspirations of the people of Ontario."

Mr. Villeneuve stressed the strength of tradition and moral values upon which Ontario is founded and recounted the many anniversaries which the communities of Stormont-Dun-Ricentennial year.

Speaking of his riding's varied many great Canadians. The mixture of Scottish, Irish, French, English and numerous other cultures found in Storco-exist and indeed compliment one another.'

a number of initiatives which benefits to agriculture, the too distant future. mainstay of Stormont, Dundas Citing his own personal com-

complexity of agriculture as

concrete evidence for the need cultural Council, which will provide research, analysis commentary and policy alternatives to the Minister of Agriculture and Food.

Mr. Villeneuve said that, as Canada's largest food producing province, we must recognize the important role played by the food industry in achieving Ontario's over-all goal of improved balance of trade. He welcomed the commitment contained in the Throne Speech to strengthen efforts to export agricultural products to American markets.

Addressing tourism, Mr. Villeneuve went on to point out that, "for the past 25 years, the St. Lawrence Parks Commission das-Glengarry celebrate in the has developed one of the finest park and recreation areas to be found anywhere. The tourist history and make-up he said, industry in this area eagerly "These communities produced awaits the results of the commitment from the Throne Speech to attract more American tourists to Ontario."

Mr. Villeneuve also praised mont, Dundas and Glengarry the "continuing move eastwards of TV Ontario", and said that he looks forward to the results of a This year's Throne Speech, feasibility study so that "the Mr. Villeneuve stated, includes residents of my riding and of Cornwall, Brockville and Preswill be well received now and cott will also be able to receive which have long-term future TV Ontario coverage in the not

mitment to the provision of apprenticeships which, along people of Ontario, Mr. Villenfor the proposed Ontario Agri- ment to extend export youth

Mr. Villeneuve pointed to the skills training and new job with the commitment to other diversification and growing opportunities for the young youth employment initiatives, will "ensure a greater supply of euve endorsed the announce- young people with marketable

cluded on the issue of youth employment, "That as the Ontario economy continues to improve we should not let up on our skills training programs.'

said, "I am happy to have had the opportunity and honour to address this house, and look forward to doing so again for a good many years."

OFA president unhappy with provincial speech

government's Throne Speech promises little help for agriculture, the president of the OFA said.

We're hoping that constructive help will be delivered in the next budget," Harry Pelissero said. "Farmers are having problems that must be solved right away. The OFA will make sure the politicians hear Farmers' opinions before they write up their next budget," he

The Executive committee of the OFA will present a prebudget report to Treasurer Larry Grossman and Minister of Agriculture and Food Dennis Timbrell today (Wednesday).

to set up an advisory council on agriculture. "That sounds good in theory," Mr. Pelissero said, "but I'll reserve judgement on it until I see all the details.

He said several questions need to be answered. "Is this a pre-election ploy to keep farmers quiet? Who is going to be appointed to it? How will it

Mr. Pelissero said he is concerened that the council may interfere between farmers and government. "I hate to think that this group would act as a filter between the farm organizations and the government," he

The Throne Speech says the government will set up a provincial crop development fund to support research on new crops with commercial potential for Ontario. "The OFA promoted a program just like that it its 1980 food strategy. It's a great way to replace imports and get Ontario on the road to self-suffiency in food production.'

Crop research and production initiatives for northern Ontario "is an idea whose time has come," Mr. Pelissero said.

"If the OFA members from northern Ontario are any indication, there are many eager, hard-working farmers who could really make this project succes-

The Daffodil

WHY THE DAFFODIL

.daffodils, that come before the swallow dares and take the winds of March with beauty."

From: The Winter's Tale, by William Shakespeare.

On a Spring day many years ago, a group of Cancer Society volunteers decided to decorate the tables for a Cancer Tea with daffodils. These early Spring blooms, they felt, represented a sense of hope - renewed life. This sense of hope and renewed life was exactly the feeling which the Cancer Society volunteers wanted to express in every facet of their work: Education of the public with

Correction

A story in last week's Chieftain gave incorrect figures in a breakdown of refunded taxes made to George Jackson for properties owned by Iroquois Enterprises.

Mr. Jackson's refund amounted to \$1,522.73 with the municipality's share being \$566.72, the United Counties refunding \$129. 94, the public school share of school board taxes amounting to \$458.92 and the secondary share was \$366.15.

Nutrition lip

sions of veal parmigiana, stuffed peppers, eggplant rollatini, luscious pastas. . ? It's indispensable for all those Italian favorites, of course, but did you know that it also adds that special something to all-American broiled fish, sauteed chicken, herb-based sauces, vegetable dishes and salads galore?



ingredient, prized for centuries and surrounded by colorful legend and lore, also qualifies as a health food! Contrary to the popular myth, it contains absolutely <u>no</u> cholesterol. And clear, golden Bertolli, world's best-loved olive oil, lends its distinctively light, delicate flavor, its smooth, blendable consistency to a wide variety of tasty recipes that are "legal"



Lafavette was a major general in the U.S. Army at the age of 19.

Morrisburg, Ont. **OPPORTUNITIES AVAILABLE** Paddy's Inn will open on Monday, April 30th, for

Paddy's Inn

the 1984 season.

Opportunities are available for the coming season in the following categories:

Dining Room Waitresses:

These openings require a pleasant personality and positive attitude for those who like meeting and serving the public. Experience would be helpful, but is not essential. Personality and attitude are more important as we will train suitable applicants.

As Paddy's is engaged in the hospitality industry, all applicants must be available for the season, including evenings, weekends and statuatory holidays. If you are a student, you must be available up to and including Labour Day

Pub Attendants (male and/or female)

Part time and full time openings are available where pleasant personality and legal age are required for food and beverage service. Attitudes compatible with the aims and objectives of providing friendly, courteous service to all ages are required.

Busboys and Dishwashing Personnel

Applicants must be available seven days a week and be willing and capable of learning their duties.

Chambermaids

at VanCamp road

Full and part time positions are available.

Application forms now available at:

Charlie's Sport Shop Hwy. 2 E., (kitty corner to the Inn) Morrisburg, Ontario

Applications must be filled in completely and are to be mailed to:

> PADDY'S INN P.O. Box 1140 Morrisburg, Ontario, K0C 1X0

Paddy's will schedule interviews by phone and interviews will commence Saturday, March 31st at the Inn in Morrisburg.

Gardening Supplies

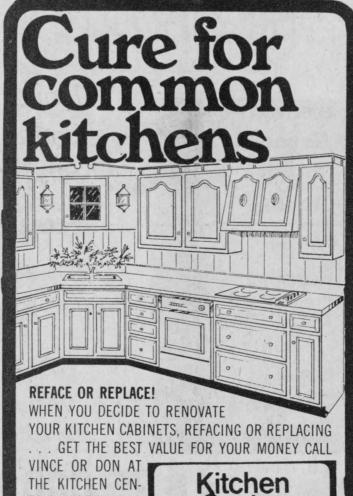
month. An anonymous donor throughout the Province. ordered and paid for 5,000 dafveterans from the Second City of Toronto.

Toronto has annually celebrated as the Caduceus.

regard to the necessity for an Daffodil Day at the beginning of early visit to the doctor when April. Other cities have folwarning signals are noted; lowed suit. Beyond this, in Service to those persons who every large and small centre in were suffering from the disease Ontario. Daffodil Sunday is now of cancer; and the raising of celebrated - with boquets of funds to support the work of daffodils decorating churches of Cancer Research to find the all denominations, with pastors cause and a cure for this mentioning the day from the pulpits, with generous-hearted Years later, the same group florists donating the blooms, of volunteers discussed the pos- and with public service groups sibility of having a Daffodil Day distributing the flowers to the at the beginning of April - The churches, banks, stores and Cancer Society's Campaign other public meeting places

The message of hope which fodils to be flown into Toronto every volunteer increasingly from Vancouver. A group of endeavours to bring to her work is symbolized perfectly by World War sorted and cut them the flowers of Spring of which and shipped them out across the Skaespeare wrote. Today, they have become as much a symbol From then on, Metropolitan of the Canadian Cancer Society

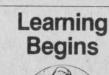




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Vitamins



By Dr. William H. Nault, Publisher, The World Book Encyclopedia

(NC) - Vitamin is a chemical compound that the human body needs in small amounts. Vitamins make up one of the major groups of nutrients (food substances necessary for growth and health). Vitamins regulate chemical reactions by which the body converts food into energy and living tissues.

There are 13 vitamins. Five of them (biotin, niacin, pantothenic acid, vitamin D, and vitamin K) are produced in the body itself. According to World Book, only biotin, pantothenic acid and vitamin K are possibly produced in sufficient quantities to meet the body's needs. Therefore, vitamins must be supplied in a person's daily diet.

The best way for a healthy individual to obtain vitamins is to eat a balanced diet. A daily diet that includes a variety of foods from the basic food groups provides an adequate supply of all the vitamins.

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FACTS. OUR PRICES ARE COMPETITIVE.

Sixty six cubs and 11 cub packs took part in the annual St. Lawrence District Kub Kar

Rally held in Cardinal on Sunday with the overall champion coming from the Johnstown



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be taken FREE by a professional children's photographer. One gift portrait to a family which may include groups. It's our way of saying "Thank you to our regular customers, and "Welcome" to every one else. Additional Portraits and Enlargements may be purchased when Portraits are viewed.



Thurs. April 5th

from 10:00 a.m.

to 5.30 p.m. 1 day only

Sand F Markets Iroquois

Slides shown Matilda W.I.

Harry Pietersma showed slides to the recent meeting of the Matilda Women's Institute. The roll call was answered by 15 members naming a favourite

Mr. Pietersma told of the older flowers which are grown at Upper Canada Village and discussed their growth and

Mrs. Karel Groniger was chairman for the meeting and Mrs. Vera Strader assisted as

secretary Mrs. Bridgette Van du zweep

gave the motto; Beautify your Home with Flowers. All conveners were asked to

have reports at the April annual meeting. The district annual meeting will be held in South Mountain Agricultural Hall on Friday May

Mrs. Garnet Empey will attend officers conference on behalf of the branch and district in Waterloo on May 1, 2 and 3. A delicious lunch and social

May Reid wins prize

time closed the meeting.

[CARDINAL] - The ladies first prize at the Legion euchre on Thursday, March 22 was Maria Selleck and second prize went to Emma Jessome.

The men's first prize was won by Frank Procyk, and Doug Seeley won the second prize. The door prize was won by

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Eleven packs in Kub Kar Rally

Cubs were hosts for the Annual Kub Kar Rally on Sunday at the

Sixty-six cubs from the St. Lawrence District, which includes Oxford Mills, Kemptville, Chesterville, Winchester, Williamsburg, Morrisburg, Iroquois, Johnstown, second and seventh Prescott packs and Cardinal.

The cars are handmade by father and son and must be a standard width in diameter of wheels and weigh a maximum of 141.75 grams. The cars race down a wooden track and the winners are chosen by electrical

The top nine cars to to the regional tournament in Pembroke on April 27.

Robert Sothmann of Johnstown.

[CARDINAL] - The Cardinal John Grant donated a keeper trophy for the rally which Robert received.

Along with Robert, Mike Ballerscheff of Johnstown, David Smith of Chesterville, Andrew the regional derby.

seconded to the unit about 15 Valerie and two children. months ago and has been per-The winner of this derby was forming the various duties there

Jarvis and Scott Diegel of Morrisburg, William Cook of Johnstown, Richard Croken of Johnstown and Jeff Madore of Williamsburg will compete in

Bladon transferred to identification unit

[MORRISBURG] - Provincial Constable Terry L. Bladon was transferred to the identification unit at District 11 Headquarters, Long Sault on March 6.

accordingly.

Fresh Whole Cut as You like in Roasts or Chops

Pork

Loin

\$1.39 Lb.

\$3.06 Kg.

\$1.49 lb. / \$3.28 Kg.

\$1.19 lb. / \$2.62 Kg.

\$1.99 lb. / \$4.39 Kg.

\$2.98 lb. / \$6.57 Kg.

\$1.69 lb. / \$3.73 Kg.

\$2.39 lb. / \$5.27 Kg.

\$2.49 lb. / \$5.49 Kg.

\$1.29 lb. / \$2.48 Kg.

Size 113's

49c Lb.

\$1.08 Kg.

Oranges

\$1.69 Doz.

Size 113's

Size 24's

69c

Size 6x7's

49c Lb.

Head

Fresh Cut in Chops

Half Loin Of Pork

\$1.45 Lb.

\$3.20 Kg.

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Prime (1st 4 Ribs)

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An active member of the Morrisburg OPP detachment since June, 1970, Const. Bladon began duties with the force as an OPP cadet.

He will continue to reside in Const. Bladon has been Morrisburg with his wife,

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98c Lb. \$2.16 Kg.

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BATHROOM TISSUE \$1.59 Nabisco 450 Grm 100% **BRAN CEREAL**

Kleenex 200's **FACIAL TISSUES** Red Rose Box of 60

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Bacon

\$1.99 each



PORK

Fresh

Spare Ribs



\$1.79 Lb. \$3.95 Kg.

Sliced **Side Pork** \$1.29 Lb.



Kellogg's 350 Grm Box The newest Cereal Habitant 796 ML Ready to Serve All Varities Kraft 4 oz. Dips or Spread Cream Cheese PARTY SNAKS Squire 2 litre All Flavors ICE CREAM \$1.99 Heinz 284 ML Cream of Mushroom SOUP Heinz 284 ML Chicken Rice or Chicken Noodle SOUP Black Diamond 225 Grm Stick MOZZARELLA CHEESE \$1.79 Beatrice 175 Grm Fruit Bottom **YOGURT** 2 / 990 Heinz 398 ML TOMATO SAUCE David's 450 Grm Box Soda Biscuits **SUPER THINS TOMATO PASTE** Catelli 750 ML Old Fashioned All Flavours SPAGHETTI SAUCE Green Giant 12 oz. tin Whole Kernel Corn **NIBLETS** Hostess 200 Grm **POTATO CHIPS** \$1.19 Sanular 4 Kg. Bag CAT LITTER \$1.99 Generic 750 ML Jar Strawberry or Raspberry JAM \$1.99 Del Monte 1.36 litre Pure PINEAPPLE JUICE 340 Grm tin Luncheon Meat \$1.49 KAM Nabob 369 Grm Regular or Fine Decaffienated COFFEE Habitant 750 ML Jar DILL PICKLES \$2.19 1 Kg. Box Automatic Dishwasher Detergent CASCADE \$2.39 Tenderflake Pure 454 Grm LARD 350 Grm Pk. Semi-Sweet - Butterscotch or Mint Chocolate **CHIPITS** Kraft 500 ML Pure RASPBERRY JAM \$2.29 Bonus Pak 1.5 Litre Liquid Detergent \$2.69 Dare's 400 Grm Bag Chocolate Mallow Cookies BELMONT Kraft 500 ML Jar **MAYONNAISE** \$1.59 Habitant 750 ML Jar Sweet Mix \$2.29

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