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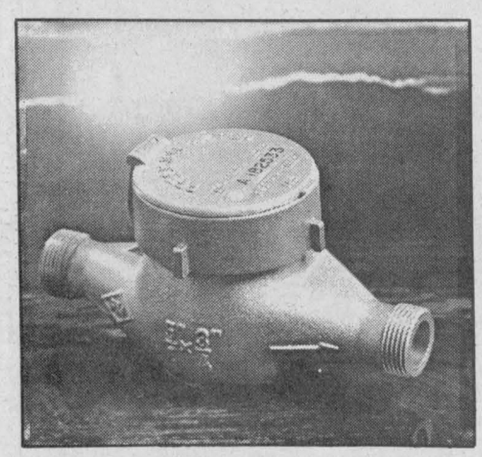

Precision Meter

## Winchester meters water by fall

by Michelle Valiquet
*Press News Editor*

WINCHESTER — By the end of August the Village of Winchester will be able to measure every drop of water travelling out of residents' faucets and taps— down to an eighth of a gram per minute.

That's the accuracy rate of the Precision Meters product that will be attached to almost every household plumbing system in the municipality within the next four months.

Council approved the selection of the innovative, noiseless meter following an April 19 meeting where representatives of several meter equipment suppliers made presentations and after the village wate conservation committee made its recommendation to council members.

Ken McCrea, chairman of the village water conservation committee, recommended the municipality choose the Precision Meter, calling the model "more modern, smaller and quieter" then its competitors. McCrea said the committee had also found the Precision Meter to have thicker casing and fittings and larger digital numbers for ease in taking readings.

McCrea and his fellow committee members, Bob Clark and Erwin Skuce, have been part of a three-member water management committee charged with helping the village meet its water and sewage conservation aims since last fall. They have been conducting an investigation into the implementation of a village-wide meter system on behalf of council including the drafting of a universal metering bylaw.

According to Reeve Bruce Kerr the universal metering program will be followed up with a village sponsored public

• continued on page 2



*Taking a spin*

Two girls try out the merry-go-round erected by Morrisburg Building Centre at Morrisburg's Home and Trade Show. The show ran Friday and Saturday at the village's community centre.

## St. Lawrence parks caught in Laughren budget crunch

by Michelle Valiquet
*Press News Editor*

MORRISBURG— The excitement of preparing for the new tourism season at the Parks of the St. Lawrence was dampened Friday by the announcement of a $1 million loss to its operating budget. But Parks General Manager Frank Shaw says staff will deal with the cuts one day at a time.

"We're busy right now getting our attractions ready for the new season, some of our school program is started and the village store is open," says Shaw. "In addition to that, we now have some budget review on our plate."

"Budget cuts never come at a good time," continues Shaw, "but in these changing times, we've come to expect nothing is permanent except change, and that each day and each month we deal with it as necessary.

Fri., April 23, Treasurer Floyd Laughren announced $4 billion worth of spending cuts in an attempt to trim Ontario's bulging deficit, which he said could have reached $17 billion this year, to less than $10 billion.

The Ministry of Culture, Tourism and Recreation's share of the cuts came to $45.6 million and the Commission's reduction was set at $1 million.

Other tourism attractions hit by the budgetary squeeze included Old Fort William ($200,000), Huronia Historical Parks ($200,000), St. Clair Parks Commission ($470,000), Ontario Science Centre ($1.5 million), TVOntario ($1.23 million), Science North ($100,000), Ontario Historical Study Series ($700,000) and the Royal Ontario Museum ($440,000).

Shaw says the board of commissioners and the management team will sit down during the next several weeks to hammer out the financial strategy needed in order to meet the ministry targets.

He refused to speculate whether the $1 million loss would adversely affect the Commission's proposed waterfront development project announced this year.

Last year it shortened the regular operating season by three weeks to accommodate $600,000 in funding cuts. Earlier this spring the Commission issued a memo

• continued on page 2

## Metcalfe market launched

METCALFE— Farmer's Markets Ontario director, Bob Chorney was optimistic that a farmer's market will be a reality in Metcalfe.

"I guarantee you that a farmer's market will be a reality in Metcalfe. The large number of people here this evening, including the very solid support of your municipal government, indicates to me that the reality of your proposed venture is guaranteed," Chorney told an audience of more than 55 people at the Metcalfe Curling Club last Thursday night.

Chorney, a Brighton resident, said the Metcalfe market will be the 57th such operation that he has had a hand in formulating. He has helped to set up markets across Northern Ontario and in centres with populations ranging from a few hundred to 250,000 or more.

He brought along a nine minute video showing some of the farmers' market operations around the province and a slide presentation highlighting the effective use if signage, product display and rest areas at the facilities.

• continued on page 2

## $3,000 grant boosts Williamsburg seniors

Liz Edwards
*Press Staff Reporter*

WILLIAMSBURG — The fortune of farmers who lived long ago is helping Williamsburg seniors today.

Last Thursday the Park Lane Seniors Support Centre received $3,000 from the John Stewart Estate Memorial Trust Fund. Managed by the National Trust Bank, the fund is from the estate of Moose Creek bachelor farmer John Stewart who died in 1908.

Stewart, who inherited the whole farm when his brother Peter died, distributed the money to relatives and institutions but also left an amount to aid or maintain a home for the aged and poor of the United Counties.

A retirement home in Cornwall was built in 1930 to house nine elderly women. But in 1990 the facility's board of directors decided to sell the home when they didn't have enough residents to keep it open. The sale of the home netted about $175,000.

The money now is invested by National Trust and any proceeds are now distributed to SD&G groups or agencies who serve seniors. This year the board had $10,000 which was distributed to seven groups.

Distribution of the funds is a little arbitrary but the directors aim to share the money across the counties and give to groups that provide services specifically for seniors, says Rev. Fred Rennie, a member of the board.

"There were a few other applicants in this county but this we thought was the best choice, " he adds.

Applicants must give a brief outline of the group's activities and how the grant will be spent. Williamsburg's $3,000 grant will be used to purchase a wheelchair for the centre, a chair for the footcare clinic and a commercial mixer for the centre's Meals on Wheels and Diners Club programs.

The Diners Club offers hot noontime meals to seniors. Both meal programs recently expanded from three to four days-a-week service.

Two easy chairs for the centre's library area may also be purchased with money from the grant.

"We're quite thrilled. You don't get anything if you don't ask," says Janet Levere, the centre's outreach co-ordinator.

Lancaster Seniors Support Centre in Glengarry County received part of this year's allotment from the trust fund. In Stormont County money was given to an emergency beeper system for seniors at Hotel Dieu Hospital in Cornwall; the Day Away seniors program at home for the aged Glen-Stor-Dun Lodge; the Royal Manor Rest Home retirement home; the Ladies Auxiliary of Heritage Manor retirement home; and the Parisien Manor nursing home.

## 125 medals honor volunteerism

Liz Edwards and Greg Hewitt
*Press Staff Reporters*

CHESTERVILLE — Joel Steele was caught a little off guard when he found out he would be honored for helping his community.

The Winchester businessman, owner of the CountryBoy Shop, was one of 14 local residents who was presented with a Canada 125 award in Chesterville Friday night.

The medals, which commemorate Canada's 125th anniversary of confederation, are given to individuals who've made significant contributions to their communities. Steele found out he would be a recipient last February.

"I was quite shocked at this one, actually, because there's a lot of people who do a lot of extra work. I was very, very surprised and very pleased," he said.

Steele is the chairman of the village's Business Improvement Area and is involved in the annual Dairyfest celebrations. He was also instrumental in organizing the village's Centennial celebrations as well as the merchants' sidewalk sale and the Winchester Hawks hockey team. He says volunteering is essential for the betterment of a community.

"I think it's very important. When we hire staff, we certainly encourage them

• continued on page 2



Joel Steele received his 125 medal from MPP Noble Villeneuve Friday along with 13 other people. Press Photo — Hewitt

Williamsburg's Beverley Richmire knows who's who when it comes to owls. 7

Winchester Little League baseball attracts record numbers. 9

Upper Canada Village's craftsmen roll out an 1860s reproduction buggy. B-1

Students from twelve area schools flocked to Winchester for the Dundas County Farm Fair. B-6

## Continued from the front page...

### Metering

education program to promote water conservation.

"Metering is a giant step forward in water conservation," says Kerr. "For years as fire chief, I have wanted to implement a metering program because it was a way to cut water use by 35 to 40 per cent...you put a meter in place people pay more attention when they turn on a tap."

"But it is only the first step."

Kerr says the council will hold several public meetings to explain the metering program and promote conservation, with the first meeting expected sometime in June.

Residents will not have to pay for the meters directly according to Deputy Reeve Sandra Laneville.

"Council has decided to cover the cost of the meter program through the tax roll, residents will not have to pay up front," says Laneville, adding the cost of the project could be spread over a number of years.

Laneville praised the work done by McCrea and the water conservation committee. "They have made a tremendous contribution to researching the issue for us."

Readings from both water meters and electricity meters will be collected and billed at the same time through the village's computer system. However, the municipality will have to purchase specialized software to accommodate the extra information and workload involved.

The installation of a similar sized metering program in nearby Casselman cost approximately $148,000, or $200 per household including meter and installation fee.

Council began discussions on the implementation of a water metering program last April, at the same time it began serious negotiations with Winchester Township farmer Denis St. Pierre for well sites earmarked on his property.

Winchester is in the process of initiating construction on two well pumping stations and a water pipeline, it will have access to more than $2.3 million in government funding. The project has an estimated cost of $3.035 million, the balance which must be financed by the village itself or in conjunction with private industry.

The municipality is still negotiating with St. Pierre for the sale of his land.

### Budget crunch

stating 20 to 25 contract employees would not be recalled and 20 to 25 vacant positions would not be refilled to trim an additional $100,000 from the 1993-94 budget.

Shaw says the core tourism season of Victoria Day to Thanksgiving Weekend will still stand.

### Farmers' market

Chorney said the aim of these features is to attract the public and encourage them to stay for a while; visit and enjoy the market in a leisurely fashion.

Recommendations from Chorney included keeping the market, once established, in the public mind and eye during the full 12 months of the year.

He said, "market analysis has shown time and again that people will gladly pay top dollar for quality and freshness. Such attributes are what have made farmers markets the fastest growing industry in Ontario."

An interim executive, in charge of the ground work, and a steering committee for the proposed farmers' market was appointed during the April 22 meeting.

The interim executive consists of president, Daphne Gee; vice-president, Ivor Mallows; treasurer, Ida Craig; and secretaries, Carol Cheslock and Derek Gee. The 15 member steering committee consists of Nancy Dixon, Jane Hendricks, Betty Eastman, Judy Brooks, Rita Penner, Bruce Sinclair, Ford Patterson, Carol Cheslock, Carol and Romeo Thiboutot, Ida Craig, Al Mansfield, Catherine Armstrong, Terry Mc Evoy and Derek and Daphne Gee.

Township Councillor Doug Thompson will act as municipal liaison representative for the group.

A further meeting scheduled for 7:30pm at the township hall on Wed., May 5 is also open to the public. At that time the sub-committees will report to the executive.

According to Derek Gee, "There is a good possibility that a proposed opening date for the market may be set that evening."

### Medallists

to participate in things. Our staff is at Dairyfest in the mud tug of war. They're all there romping around in the mud and helping, they're not paid for that," he said.

"It's the people you get to know and meet that I think is the nice part."

Mountain Township resident Jean Koopman also received the 125 medal and commemorative scroll. She attended the hour-long award ceremony with her husband, children, mother and sister. Koopman is the current chairperson for the annual Mountain Township Canada Day celebrations, a Brownie leader and a member of the Inkerman Public School committee. Like Steele, she was surprised she was chosen.

"It's flattering. I was surprised, there's always other people involved in these organizations as well," she says.

In all, 40,000 Canadians will receive the commemorative decorations. A number of other SD&G residents, including several from the Winchester area, were honored earlier this year.

"They make our world a very much better place to live in," said MPP Noble Villeneuve Friday before presenting the medals individually on behalf of Governor General Ray Hnatyshyn.

SD&G Warden Jim Cook, who acted as master of ceremonies, read a brief outline of each recipient's achievements before Villeneuve decorated them.

Other recipients included Clarence Cross, who was honored for dedicating his time to the research of the genealogical history of the area and Chesterville grocer Mike Dean received an award for his involvement with the community, especially with the Merchant's Association and Chesterville revitalization plan.

Former Osnabruck Township Reeve and SD&G Warden Edwin Waldroff was honored posthumously. His family accepted the medal in his memory.

Awards were also given to former Grenville-Dundas MLA and lawyer Fred Cass, community volunteer Alton Blair of Avonmore, Finch Township Councillor Armand Gibeault of Crysler, former Osnabruck Reeve and SD&G Warden Stewart Hart, community volunteer Dalton McMillan of Finch, former MLA Peter Manley, Shriner's Hospital volunteer H. Fay Shaver, community volunteer Ada Baldwin of Cardinal, and community volunteer Rita Bray of Iroquois.



*Sgt. Jim Irvine and Cst. Norm Sarault of the Winchester OPP detachment checked to see if drivers were wearing seatbelts last week. The province-wide seatbelt blitz started April 18 and runs until the end of the month. Winchester OPP have spotchecked 314 cars so far and laid six seatbelt charges. The fine is $90.*

# Radiation therapy facility opens

OTTAWA — Cancer patients in Ottawa and the surrounding area now won't have to wait as long for radiation treatments.

A $5 million radiation therapy facility, part of the Ottawa Regional Cancer Centre, opened April 16 at the Civic Hospital. About $2.3 million was spent on new additional radiotherapy and x-ray equipment which helps cut down on waiting periods.

Now patients can expect treatment within days after it is prescribed, not eight to 10 weeks as it has been in the past, says Chief Executive Officer of the Centre Dr. Bill Evans.

"The other factor (in reducing waiting) is the efficient use of the machines themselves, to use all the treatment time available." he adds.

The Ottawa Regional Cancer Centre is one of eight centres in Ontario providing cancer diagnostic and treatment services to patients at its Civic and Ottawa General Hospital locations. Last year about 3,600 new patients came to the centre for a total of 100,000 visits.

According to Evans, the number of new patients has increased by six per cent annually in the last few years. The radiotherapy addition formally opened April 16 but has been under construction for the last year and a half.

It had been a phased project," explains Evans. "We've kind of had to work our way through incrementally. Part of it's been working since the summer of last year."

A $28 million renovation project will soon begin at the General Hospital location, expanding the facility from 20,000 square feet to 130,000 square feet as well as adding new equipment by 1995.

# Russia trip entertains 46

by Jean Casselman

WILIAMSBURG — On Tues., April 20, the Williamsburg Township seniors met at the Municipal Building with 43 members and three visitors attending.

Following a delightful dinner, everyone enjoyed a trip to Russia with Gordon Garlough. He was introduced by his mother, Hilda Garlough, who was program convenor for the day. Gordon had visited Russia, as one of four on a planning mission to assist Russian agriculture, a volunteer team on the Partners in Progress Agri-Food Project. His colorful slides, and most interesting and educational commentary were very much appreciated. Many questions were answered following the presentation.

The business meeting followed the program, during which reports were heard, and correspondence read. A card was circulated to be signed for card secretary Olive Warren.

Twenty-five members will be going to the Morrisburg Legion Seniors' noon luncheon and afternoon of cards.

Bill Kurschinski, chairman of the membership committee of the Williamsburg Community Association, spoke briefly about the purpose of the organization, and suggested that our group delegate a representative to attend the meetings. The person appointed was Olin Smith.

Following the business, the meeting adjourned.




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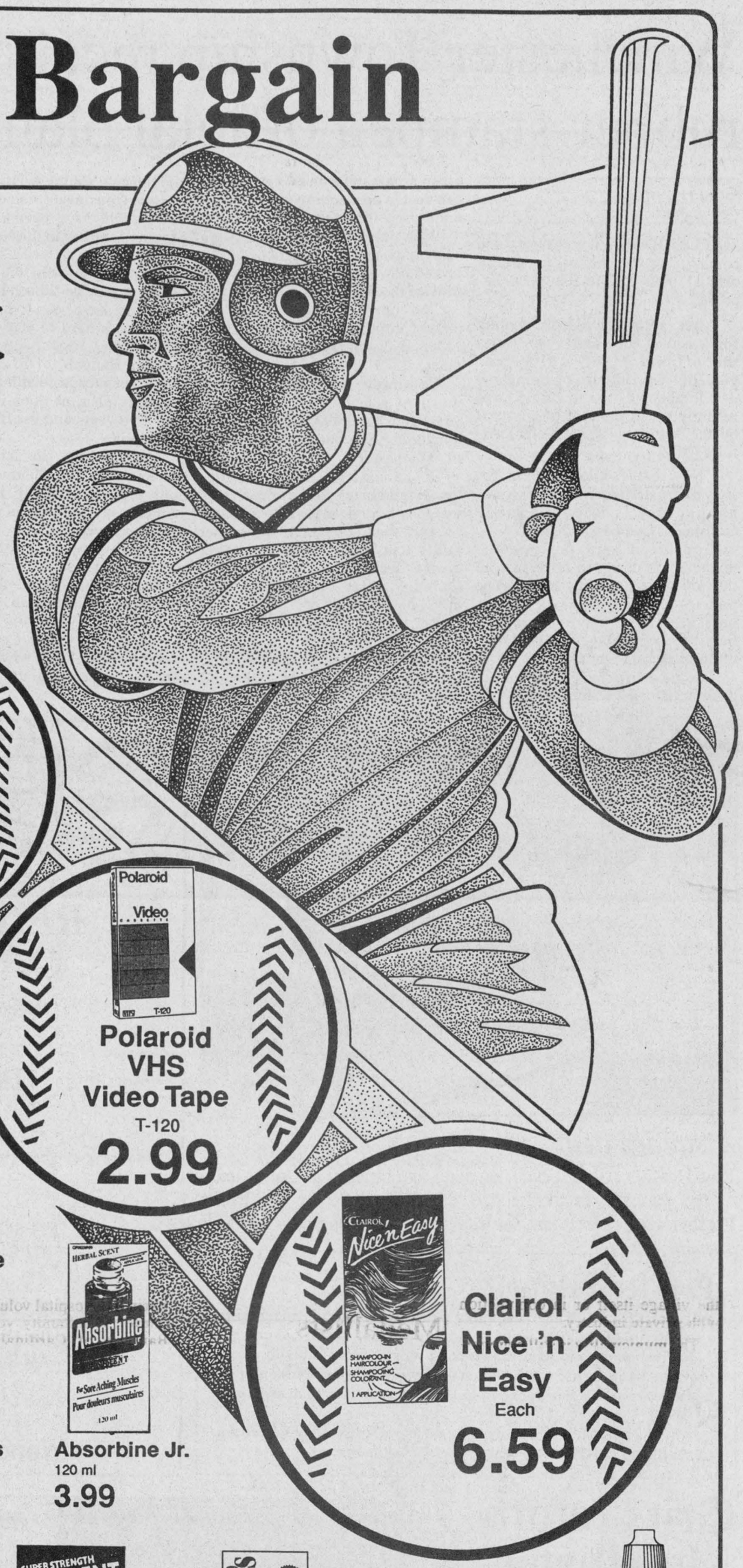





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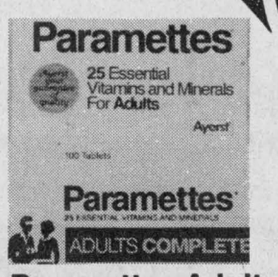


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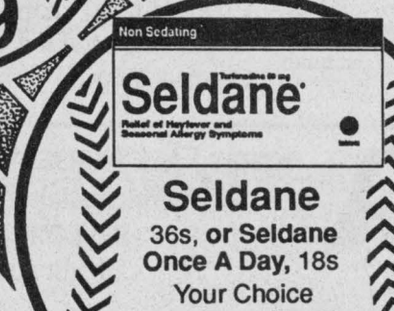


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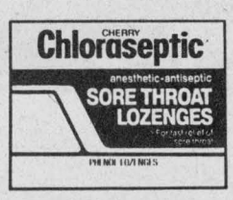


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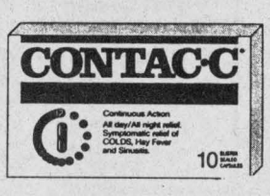


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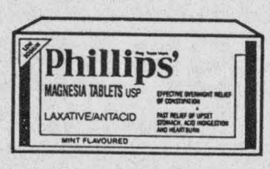


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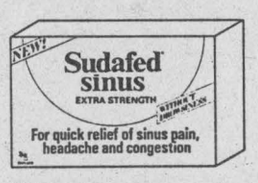


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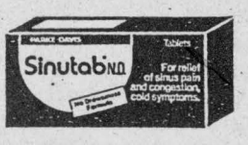


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# Winchester Township receives rubber-stamped official plan

**Greg Hewitt**
*Record Staff*

MAPLE RIDGE — It was a long time coming, but Winchester Township's official plan has finally been approved.

After 'sitting on a desk' waiting for approval for nearly two years, the official plan, a five-year guideline for land use planning and development in the township, was recently given the seal of approval by the Ministry of Municipal Affairs (MMA).

"Now that it's here it's great, but it was frustrating while this was happening," Reeve Claude Cousineau said of the delay.

Cousineau said the updated document is designed to tie in with the township's zoning bylaw. The policies and language, as well as measurements, have been harmonized to facilitate council's handling of zoning matters.

The new official plan does not differentiate between highway and other commercial uses, so council can decide on a zoning matter based on the specific request.

With the old plan, Cousineau said, some zoning matters had to be turned down because they didn't fit in with the document.

The new plan also calls for tighter control of severances, in order to discourage strip development.

Cousineau said when the draft was first sent to the province two years ago, the only trouble spot was the zoning of a parcel of land west of Winchester.

But he said it was 15 months after that original step that someone was assigned to review the official plan.

And that someone, Cousineau said, "cut it to pieces," sending them a five-page document last fall outlining parts of the plan they didn't agree with.

But the document was approved earlier this month and will come into effect as soon as the township and consultants J.L. Richards and Associates review the document and the new zoning bylaw is passed.

But Cousineau noted that because there have been changes in provincial policy in the last year and a half, like the Sewell Commission on planning reform, the new official plan may be 'obsolete' already.

"There have been so many changes that it's hard to stay on top of it."

Peter Hannah, of J.L. Richards and Associates, said although it is a five-year plan, it does not expire after five years and in effect has no time limit.

Municipalities, he said, are required under the Planning Act to hold a public meeting every five years to see if the official plan needs to be reviewed.

Any bylaw or public works project approved by council must conform to the official plan.

"In an official plan you try to look 10 or 20 years down the road but every five years or so you stop and see if it's doing what the community wants it to do," Hannah said.



*Life-saving techniques*

Firefighters from the Williamsburg Fire Department helped the Canadian Coast Guard, Central Region practice extracting a victim from an automobile April 19. The procedure is part of the Coast Guard's month-long rescue specialist course. Press Photo — Edwards



*A square deal*

Rev. Heather Jones serves pancakes and sausage to Don Wilson at the pancake breakfast and bake sale held by St. Paul's Presbyterian church last Saturday. Press Photo — Edwards

## Pre-teen dance

WINCHESTER— The Winchester Recreation Board is sponsoring a spring pre-teen dance at the community centre on Fri., April 30.

Refreshments and adult supervision will be provided with music provided by J&S Disco. Admission is $2 with eight and under invited to dance from 6:30am-8pm and nine-to-13-year-olds to dance 8pm-10:30pm.

Anyone interested in helping supervise is asked to contact Sandra Laneville at 774-2555.

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# Grits return McAllister

MOOSE CREEK — Provincial liberals from Stormont, Dundas, Glengarry and East Grenville gathered in Moose Creek last Thursday to elect a new executive for their provincial riding association.

John McAllister, Reeve of Iroquois will serve a third term as president; Denis St. Pierre, a farmer from Winchester will serve as executive vice-president; Dr. Gerry Rosenquist of Morrisburg will handle the duties of treasurer and Brenda Loucks of Iroquois, secretary.

Four individuals were elected vice-presidents. They are Richard Walker, Glengarry; Len Sabourin, Stormont; Leona MacIntosh, Dundas; and Ruth Abercrombie, East Grenville.

Newington resident Gaston Caron will serve as the membership committee chairman.

A number of individuals were named to positions as directors for their respective counties: they include Charles Sangster, Jean Paul Touchette and Michel Lascelle for Glengarry, Carson Payne, Sharon Duprau, and Morris Shaver for Stormont, Glen Bradbury and Sandy Boyce for Dundas, Irwin Adams, Chuck Ursel and George Dick for East Grenville.

Denis Sabourin who represented the Liberals as their candidate in the 1990 provincial election campaign will continue to serve on the executive as an ex-officio member and also handle the duties of communications director.

McAllister thanked the membership for its support and stated the challenge facing the group is to continue developing policy that will have an impact in turning Ontario's economy around and restore investor confidence in the province once again.

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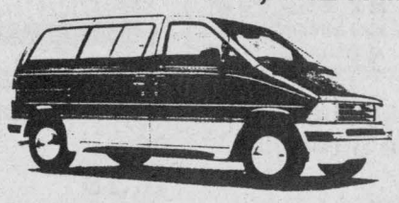
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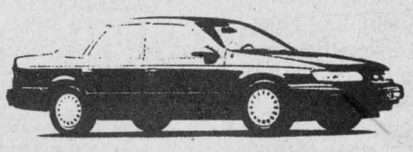
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Julie Steele of the CountryGirl Shop in Winchester teaches Maple Ridge Senior Public School students about the world of business.
Press Photo — Edwards

# Students learn business sense in novel high school program

**Liz Edwards**
*Press Staff Reporter*

MAPLE RIDGE — A class of 24 Grade 8 students have to decide what to do with a shipload of pens that won't write.

The Maple Ridge Senior Public School students have become members of the pen company's board of directors and must solve the problem to please their shareholders, explains Julie Steele, their instructor for a course called Project Business.

Steele wants to give them some idea of how the business world operates. The exercise is supposed to inspire the creative thought that's needed to sell a product.

"It gets them brainstorming...to realize that even if you might have a dead product you can turn it into something. When you have shareholders involved in your company you just can't say forget it," she explains.

The students collaborate in groups for a few minutes, whispering, scribbling down notes. Then with lists in hand, they take turns putting forward some of their best ideas.

"Back scratcher, barrette, chopsticks, joke pen, napkin holder, pea shooter, earrings, washable toothpick, bracelet...," rhymes off one student.

Some of the suggestions may seem a little unusual but Dianna Dauphinee, 13, says one of her group's strangest suggestions, making the pen into a Barbie doll, is not completely offtrack.

"It probably would work. You would melt it down and use the different parts," she explains.

**JUNIOR ACHIEVEMENT**

The activity-oriented program is put on by the SD&G branch of Junior Achievement, a non-profit international organization promoting the free enterprise system among young. A local branch of the organization was formed in December 1991.

Junior Achievement offers both Project Business, a 12-to 18-week course geared to Grade 8s and Grade 9s, and Company Program where students, aged 13 to 20, set up and operate a manufacturing, service or marketing business.

Members of the SD&G business community help the organization run the programs with financial and personal assistance. Steele, 23, works in sales at the CountyGirl, one of her family's clothing stores in Winchester.

Right now the Maple Ridge students are learning about economics including aspects such as the difference between socialists and capitalists, the nature of supply and demand, and the cycle of the economy.

For children at this age, these concepts can be a little incomprehensible and dull on their own, says Steele. Activities such as the brainstorming session bring them down to the student's level.

In an earlier class, students had to describe what they would do if they had $1 million to spend.

"A lot of their suggestions were pretty on the ball, some of them were just out of whack. A million dollars is a lot to them but I don't think they can see how little it really is," says Steele.

**DIFFERENT PLANS**

"One guy said 'I would buy a huge stainless steel statue of myself and put it up in the lot across from the Furniture Loft and Stedmans'. The same guy was going to build a four hole par 3 golf course. A lot said charity, invest it, give it to their parents, buy hockey teams."

Managing their money wisely is one lesson Steele plans to teach her two classes. The first part of the course is mandatory but Steele has some choice with the rest of the course. She plans to teach them about career planning — skills such as how to write a resume or prepare for a job interview. As well she will talk about the roles and responsibilities of the consumer, including some practical lessons about spending money.

"I find more kids that age have money than they ever did. They come in with their twos and their fives from babysitting and they need to learn how to manage their money better.

"They'll learn to be respected by sales clerks and learn where to spend their money..not just jump the gun on it."

It may be a few years before Evan Porteous will be in the workforce but the 14-year-old student, whose future plans include farming or running his own agricultural business, says he's learned business can be complicated.

"There's a lot to think about — money, what people would like, what goes into a product... stuff like that," says Porteous.

# Reformists meet in Kemptville

**Garnet Quail**
*News Correspondent*

KEMPTVILLE— Thursday afternoon Reform Party leader Preston Manning visited Kemptville.

Manning stopped in the community to lend support his support to the campaign of Leeds-Grenville Reform Party candidate Paul West.



*Reform meet*

Leeds-Grenville Reform Party candidate Paul West and his wife listen to Preston Manning during his recent visit to Kemptville.
Press Photo — Quail

Manning, on a cross-country tour, told the audience of 65 people in the Kemptville community centre that the Reform Party is ready for the election.

Manning outlined Reform Party proposals which, he said, were designed to substantially reduce or eliminate the national deficit in three years.

Included in the outline were plans to make the Unemployment Insurance scheme self-sufficient, reduced pensions for Members of Parliament and senators, cuts to Official Languages programs and downsizing or elimination of subsidies to crown corporations and a host of government expenses.

According to Manning the changes would halt the destructive wave of over-taxation, job loss and threatened social programming which the country is locked into at the present.

Manning said, "The Reform Party certainly wishes to maintain the most obvious social programs...they are necessary safety nets which must stay in place.

"At the same time it recognizes the absolute need to attack the deficit."

After his speech, Manning fielded questions from the audience on a wide variety of topics ranging from job creation strategies to party policy on free votes by Members of Parliament and Senate reform.


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# Cedar thefts

BROCKVILLE — As spring progresses, landowners are reminded to keep an eye out for the theft of white cedar seedlings from their lands.

These small seedlings are in great demand by landscape companies, and there are a number of unscrupulous operators who would rather steal than buy.

Traditionally, this has been a larger problem in Grenville County, due to its proximity to larger urban populations.

According to Brian Burns, Operations Team Leader for the Brockville Area, "landowners can expect to see people on the roads now, trying to buy and/or steal trees. There have been many cases where people have agreed to sell a few trees, but have ended up losing considerably more," says Burns.

Landowners who do agree to sell trees should have a written contract. They are also encouraged to supervise the operation.

If you see people in your fields, removing trees without your permission, *do not confront them*. If possible, get a licence plate number, and record the date and location.

Photographs may also help. Contact the OPP detachment nearest you to report the crime.


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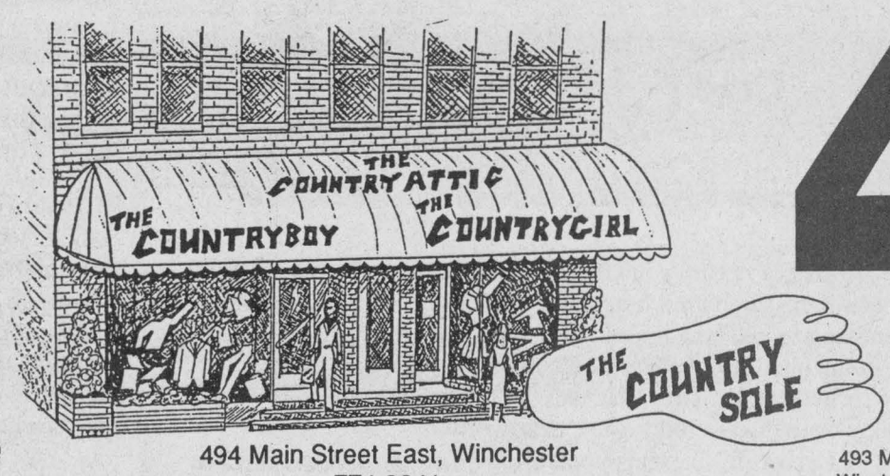


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# Editorial/Opinion

EDITORIAL

## Priceless mental health

One of the stereotypical images of a mentally ill person is the shuffling, dirty, bedraggled individual, shouting on street corners and begging for money.

Like most stereotypes, there is a deeper truth lurking behind the over-simplified belief.

Schizophrenia, manic depression, clinical depression — these and other mental illnesses are not caused by poverty. People who are poor are not necessarily mentally ill, however, if you do become mentally ill you have a greater chance of becoming poor.

Without appropriate income and community support services people with serious mental health problems can become trapped in a "revolving door syndrome". Upon release from hospital, lack of money forces them into sub-standard housing, where their mental health deteriorates; and they return to hospital penniless, demoralized and powerless.

For many people who are disabled by mental health problems either temporarily or chronically, poverty becomes a way of life.

It is a struggle to qualify for disability pensions. Welfare payments sometimes cease during a hospital stay. For some, psychiatric disability makes regular, paid employment an impossibility.

Providing adequate incomes to those in need is an investment in the well-being of society at large.

Children of low income families are 1.7 times more likely than children from other families to develop a psychiatric disorder. Disability results in a higher rate of poverty than does almost any other population characteristic.

Statistics Canada conducted a survey of disabled persons' income during the 1986 census and concluded that 2.8 million Canadians are disabled. A full 57.3 per cent of disabled persons who have some income, have income below $10,000 per year.

Founded in 1918, the Canadian Mental Health Association, one of the oldest voluntary organizations in Canada and the only one to deal with all aspects of mental illnesss and mental health, combats mental illness and emotional disorders through research and information services.

CMHA acts as a social advocate to encourage public action and commitment to strengthen the mental health services and legislation while ensuring that people whose mental health is endangered will find the help needed to cope with crisis, regain confidence and return to community, family and job.

During Mental Health Week, May 3-9, maybe more Canadians should begin to chip away at their sterotypes of mental illness and begin dealing with the underlying issues of the poverty it can cause.


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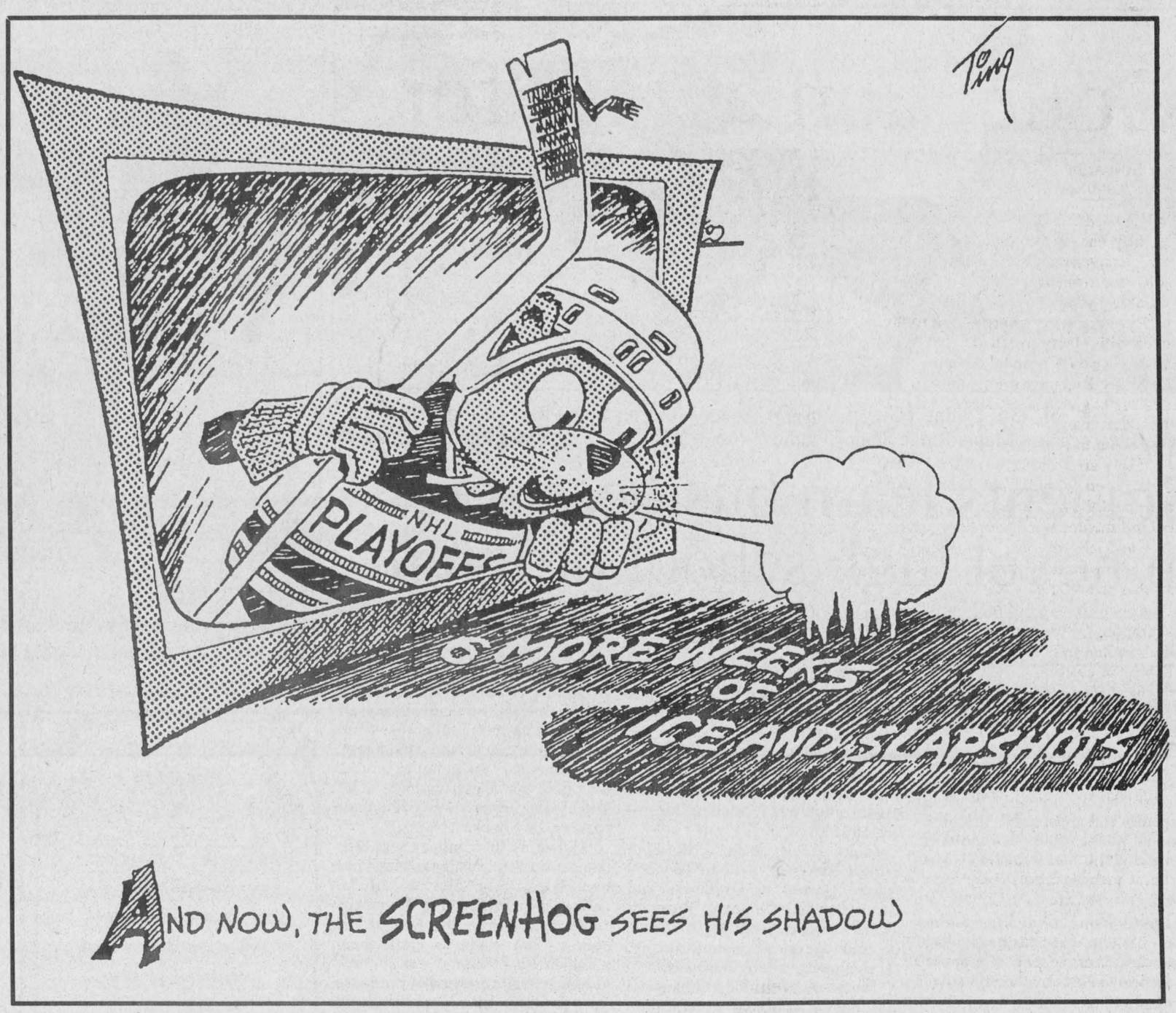



# Finding a little order amongst chaos

I occasionally find some of the greatest comments on life's foibles on the funnies page of the newspaper. And this weekend was no different.

Sitting there in the black and white cartoon *Shoe* was my life in a nutshell.

It had a character looking desperately for his computer under a sheaf of papers, stating all the while, he knew where everything was filed, despite the apparent chaos of his desk.


Michelle Valiquet

As my friends, family and acquaintances can attest, I do not SEEM to be one of God's most organized creatures. A few have even ventured that when God was handing out the "tidy" genes, I couldn't find the lineup.

But I am not convinced I deserve the amount of criticism my "chaotic" filing system evokes from the more conventionally orderly people of this world.

Sure, as a child, to look under my bed or in my closest was to find a cornucopia of books, clothes, dust bunnies and long-forgotten pieces of toys and games.

Okay, I did once discover a library book more than two years overdue when my mother, finally in desperation and expressing threats of bodily harm, got me to do an extensive cleaning of my room.

Some unkind individuals may feel that incident also speaks to my lack of organization, seeing as I just can't seem to get those borrowed books back on time. I have been told in rather sarcastic tones that I financed the new wing of the Nepean Library with my overdue fines during my youth.

Maybe my parents do blush to tell (but with the statute of limitations being up on that "crime" they feel they can) of the number of school textbooks I have left over from my public and high school days.

So what if, when instructed to clean my bedroom, I would shovel items under my bed and into the closet, carefully smoothing over the bedspread and closing the door.

The solution worked...until the next time my mother wanted to put laundry away and then she was usually carried away by the flow of articles tumbling out of my latest hiding spot.

I think people might be misled into thinking my life is full of disorder because I save a large portion of the paraphernalia that passes through my life. You never know when that 15-year-old set of tent pegs will come in handy, even though the tent is long gone.

I have English compositions from Grade 7, ticket stubs from my first rock concert, mementos dating back to my first Brownie troop and even the tiny glass piano I bought with my first babysitting earnings.

The crux of the matter is I readily admit that I have had a life-long fight with the ever-increasing pile of goods, but I defy anyone to say I don't know where everything is.

I know my 1980 correspondence is packed away in the blue box in my parents' basement. I can lay my hands on the photo album from my 1977 school exchange to Denmark if I look in the box sitting in the linen closet.

My winter clothing is spread between the family cottage, my storage trunk, and two sets of dresser drawers, but I know where each and every one of my umpteen hundred sweaters is lying (example: my white cable-knit sweater is safely stored in the bottom drawer of the cottage's spare room.)

Not only can I pinpoint the location of 99.9 per cent of my belongings, but I can ferret out most of family's possessions as well. Only this weekend, with my dad in full tax return preparation frenzy, I was able to reveal to him the location of my mother's household account books based on one sighting gleaned five years ago.

My philosophy is, why file items away when you are only going to have to drag them out to use again?

Of course, my philosophy runs into the occasional snag when "the pile" (which some people mistakenly identify as garbage) begins to flow towards other peoples' desks at the office.

Not that it bothers me...but some people can get so testy when they can't see the floor to walk on. One woman's chaos can be another person's obstacle course to the photocopier.

# Heartworm season should concern pet owners

**OUT MY WINDOW**
**by Tony Welland**

It's Sunday morning and I'm walking in the marsh with my family. We're searching for what we call 'owl balls', small, black gobs of thrown-up fur filled with miniature bones, and skulls. The forest floor under the cedars is littered with these owl pellets; under white-washed trees are the best places to look, for it is there that the winter owls sat digesting their meals before offering the indigestible fur and bones back to the earth. We are collecting these prizes for my wife's classroom; she loves to dry them out, take them to school, and let each child dissect one to learn what the owl had for supper. "It's just like an Easter Egg hunt," says Sam as he discovers one and drops it into a plastic bag. Sophie, our young dog, helps. Before the hunt is over we have about 40.

The snow has gone, the ice has melted except under the thickest cedar umbrellas, and pond life is back. Invisible spring peepers squeak in one pond. In another the sound is almost duck-like; they're wood frogs and they fall silent on my approach, only noticeable now by the hundreds of tiny ripples and tiny eyes on the surface. We peer into the still water searching for underwater life, for signs that the woods will soon fill with insects hatching from this watery home. There is no movement yet, but there will be soon, for here and in all the other ponds and puddles, wiggling, squirming larvae will emerge. It's a fascinating underworld, an annual pleasure to observe, and yet in its midst squirms a killer: a centimeter or so long, black, breathing through its tail, still wingless, soon to be a mosquito. Our waters are filled with mosquito larvae, and when they hatch they will not only annoy us, they may devastate some of us, for those irritating mosquitoes may carry heartworm, a killer of dogs.

At risk of boring you with this subject since I wrote about it here at the same time last year, I can't help feeling the need to emphasize just how important it is to look after your dog, now. Let me quote from a letter I received the other day from Winchester's Dr. Gray, the vet who treated my two dogs when they were discovered to have heartworm in 1990:

"Heartworm season is upon us again and with it the concern of your veterinarian to warn you about this potentially deadly disease. The heartworm cycle begins when a mosquito bites an infected dog. The mosquito ingests the blood containing the immature larvae of the heartworm. The immature larvae develop inside the mosquito resulting in an infective stage. When a mosquito bites another dog, it deposits the infected larvae into the animal. The larvae continue to mature inside the dog. Both the adult heartworms and immature worms tax the heart's workload, restricting blood flow to the lungs, kidneys and liver.

Visible symptoms of heartworm disease may not become evident for over a year after infection. By this time much of the damage has already been done. Treatment once an animal has heartworm is difficult and costly. Prevention is relatively easy and inexpensive. To assure yourself that your animal does not have heartworm, ANNUAL testing for heartworm is recommended."

Heartworm is present in our area, endemic the experts say, which means it could be all around us and that it is here to stay. May is the month to get organized. Dr. Gray is offering special clinics on Wednesdays in May. Call ahead for an appointment, or call your own vet to get this business over with now before mosquitoes become a daily torment to us all, and a serious danger to our pets. After a simple blood test, dogs go on monthly pills - which they love - and it sure is a pleasure handing them out.

# ExPRESSion

## PERSPECTIVES

# Collection a hoot for Williamsburg woman

**Liz Edwards**
*Press Staff Reporter*

WILLIAMSBURG — There is the slightly uneasy feeling at the Night Owl Convenience Store that someone...or something is quietly watching you.

Eyes are everywhere — big round ones with glassy penetrating stares belonging to the model owls in Beverley Richmire's collection.

At first glance there doesn't appear to be that many. On closer inspection, they seem to pop out of the walls.

"Holy smokes, I just noticed your owls. I noticed one, then I saw another there and then the one on the towel behind the counter," a delivery man says to Richmire, 38, who stands behind the counter dressed in pants and an owl sweatshirt.

Above shelves holding Polident, shampoo, Q-tips and Aspirin, rows of owls, some only an inch high, stare down the customers at the cash register. There are other owls. More than 400 are packed into the tiny 30 foot by 12 foot store in Williamsburg, and Richmire estimates she has at least 100 at home.

Owls, apparently, come in every form. Salt and pepper shakers, candy dispensers, magnets, nightlights, earrings, thermometers, cups, knickknacks, candles and even a child's squeeze toy are a few among the multitude.

"Some of them are actually useful," says Richmire, reaching up for a handsized green owl with a lotion-style pump attached to its head.

"This one here is unusual. It's actually to spritz clothes when you're ironing. You fill it with water...if you don't have a steam iron, you spritz it."



*Owl family*

Beverley Richmire has more than 400 owls at her convenience store in Williamsburg, most of which are gifts from relatives. She has collected models for 20 years. Inset, some of her owls stare down from the top of a refrigerator.

Press Photo — Edwards

**20 YEARS**

Richmire began collecting the birds about 20 years ago. Exactly why she isn't sure. The first was a green owl-shaped candle given to Richmire by her parents on her 18th birthday.

"They just thought that I might like it for my desk. I don't know, I liked it and it just seemed to mushroom from that," she recalls. "I think a year or so later I got another for my birthday."

The collection is pretty much a family effort. Richmire has bought hardly any for herself and usually never pays more than $10 for one. The rest are from family members, friends and sometimes people who come in the store.

"It makes an easy gift for my family and I come from a very large family. There's 12 children in it," she says.

Although she is usually the recipient of the owl gifts, she suspects her family gets as much pleasure from them as she does. In fact, "owl" was her great nephew's first word.

"He's not quite two-and-a-half. They'd bring him in the store, I'd get him up, point out out all these owls and I'd say 'owl, owl.'"

"That was his first word before mommy or daddy or anything. They weren't too impressed," she says, chuckling.

She plucks her most recent acquisition out off a bird-loaded display shelf. It's a small brown owl with two holes in the back of its head, sitting on a concave base. The model is the subject of a small debate between Richmire and her sisters.

"We're having a disagreement. My one sister think's it's an ashtray for a pipe smoker because it has two little holes in it. Myself, I think it's a dish to hold toothbrushes," she says.

"It's definitely an owl, that made it qualify for the collection."

**NAMESAKE**

Her store, of course, is named for her bird collection. When she opened it two years ago, she decided to move most of her owl menagerie into the tiny brown and white building just off the village's main street.

"There are 13-foot ceilings in here and I thought I can only reach about six and a half. I've got all that extra space and I have all these owls," says Richmire. "The area was wasted and it would look empty if there was nothing there."

Some hang from the wall, others sit on shelves. Some hold matches, pencils or elastics, one even keeps the correct time. Another is a wooden hand-carved coat hanger, its wings pop up when a garment is hung on it.

Richmire isn't picky about what owls she collects. Most of her horde comes from yard sales and flea markets where she says she can find the more unusual specimens. But they can't be bigger than a large cookie jar or they're too hard to display and she draws the line at stuffed real owls. She likes them but not for display.

"I had one man offer me a stuffed owl. I told him I really didn't think it would fit in. I'm not keen on stuffed owls. I just don't approve of it."

Some, like her clear lead crystal model and the plantholder from what was once occupied Japan, are worth money to collectors, she says. But their monetary value isn't important to her. Since most are gifts, Richmire has no idea how much they cost though she knows it's sometimes more than she would spend.

Occasionally a customer asks to buy one but an owl-shaped sign hung behind the counter clears up any confusion: the owls are not for sale.

Each one has a special place in her collection and she can't give them away, she explains. No two are quite the same.

"I'm particularly fond of the small ones, you can put so many on a shelf," she says. "You wonder how many different ways an owl can look. Well, they can look at least 500 ways and probably a lot more."

Her eyes sweep over the packed store as Richmire briefly considers how much longer she can continue her hobby. She will probably have to be more selective about what she can take but will always collect them, she decides. It would be hard to give up and not only for her.

"I think as long as there's family, they'll be bringing them in. Whether I have space for them all in here, I doubt that."

# Letters To The Editor

## Writer rude

**The editor:**
In response to Mr. Sanders letter (April 21), I was curious if he was even referring to myself or not. The name, Sloate, may have been a typo and I did write a letter to the newspaper, but what Mr. Sanders said referring to my letter was at the very least erroneous.

I reread my letter and could not find where I stated Nestle employees should give up anything because I am on welfare. However, I did suggest they think about risking a plant closing before ending up on welfare.

It is not really the picnic you seem to assume it is. Mr. Sanders I worked for 11 years for the same company, making over $35,000. I also paid taxes like Nestle employees. Part of everyone's taxes go toward social programs in this country of ours.

The money is there to support the less fortunate (thank heaven someone thinks about them). Don't forget, Mr. Sanders that every time you use OHIP or travel a well paved highway (like the ones between Winchester Springs and Chesterville) you are benefitting from everyone elses tax dollars. Do we complain about you?

You stated I seem to want big money or enjoy staying on welfare. Again I read my letter and could not find either statement in its content. I did read the part about changing positions with any of the Nestle employees (meaning not staying on welfare). Yes $15.69 an hour is big money and I would be willing to work hard for that. But I cannot apologize for feeling this way. I have a wife, and am a father of four children. Working for $6 an hour would only succeed in putting us on the street.

If Nestle were to close would you be willing to work and support your family for $6 an hour. If you would then, yes! you are a beautiful person (better than I), but if not, don't criticize me. The well being of my family comes first and I do what I have to under the circumstances to support them the best I can.

Maybe Nestle made $53 million last year, but bear in mind most companies operate to make a profit and pay their employees accordingly. Charities are non-profit, but their employees are volunteers.

Companies and employees work together to benefit both parties. Don't forget that those profits are the ones used to cover your medical and dental plans, they buy new equipment so that your jobs may be less strenuous.

Does the company help support a Christmas party of any sort? This is a capitalistic society. If you feel companies should not be allowed profits but instead return all profit to the people then you should call Russia, I'm sure there are lots of people there that would be willing to come here and show you how to set up a socialist society.

Mr. Sanders, you also said the lockout was none of my concern. I beg to differ. I want off social assistance as much as you hate to see me there using your tax dollars.

Well if you succeed to force Nestle to shut down then there will be one less possible place of employment for me. As well, I would now have 200 other people, some better qualified than myself, to compete with for the few jobs around.

So you see Mr. Sanders it is of vital concern to me.
Sincerely,

**Jeff Stoate**

## Rebuttal

**The editor:**
I really can't get over some people's attitude. I am writing with regards to a Mr. Doug Sanders letter of April 21 issue where in my opinion he was very rude to Mr. Stoate.

Believe it or not, there are some families trying to make it on one income and when you lose that income what else can a person do to feed their family but humble themselves and draw welfare?

And also believe it or not, there are some people still out there who would rather be earning an honest day's pay than drawing welfare. I do believe this is what Mr. Stoate was trying to say, that if he was able to have a job he would work whenever the boss asked just to be thankful to have a job.

Where my husband works it doesn't matter if he has already worked 80-100 hours from Monday through Friday, if the boss asks for work to be done Saturday he goes because we are thankful he has a job to go to.

The benefits have already been taken away, the company can't afford to pay their half anymore so all we have is a paycheque, but he keeps going to work because we know there are hundreds of guys out there that would take his place tomorrow and where would that leave us?

The employees of Nestle still have their benefits. The company will still pay them overtime. If Nestle's close the plant they lose everything not to mention what the town will lose and the next generation coming up who will be looking for jobs in the future.

Forget looking for anything in Chesterville, it will be another ghost town because of greed. I say you don't want to work Saturday and Sunday, fine. There are lots of people looking for work who would. Give the jobs to them.

Until the country gets back on its feet we all have to do what we have to do and if that includes working weekends, so be it.

I'm sure it wouldn't be every weekend and I'm sure if something important was going on there is always someone who would trade weekends. As for family time we have found that what few hours we get as a family are better because there are so few.

Of course, this is just another opinion from a person who is trying to make ends meet.

**Mrs. Debbie Young,**
Winchester

## Tax effective

**The editor:**
The Lung Association is dismayed at even the thought of reducing taxes on cigarettes. We strongly support the tax submission made by the Federal Coalition — The National Campaign for Action of Tobacco.

Statistics prove that the increase in taxes on cigarettes and other tobacco products, is the most effective measure for reducing consumption.

In 1989 annual tobacco consumption declined by eight per cent per capita. This represents about 400,000 fewer people smoking and will translate into about 100,000 fewer tobacco related deaths.

Smokers are two and one half times more likely to die before age 65 than non-smokers.

Canadian tobacco consumption has fallen more rapidly in the last three years than tobacco consumption in any other industrialized nation.

Your Lung Association earnestly believes in educating the young. We must increase efforts to teach children about the hazards of smoke.

Each week during the school year, the "Lungs Are For Life" smoking prevention program is presented in area schools.

In 1993, 43 French and English schools were visited, reaching over 7,500 elementary students. High school students are also exposed to smoking prevention videos, material and hands on equipment. These essential programs are ongoing through your financial support to the Lung Association Appeals.

Remember... "Lungs Are For Life".

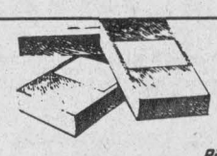
Note: The above statistics were obtained from The Canadian Council on Smoking and Health.
Sincerely,

**Margaret Alexander,**
Eastern Counties Lung Association

**OPINIONS**

The Press welcomes letters on subjects of interest to the community. Letters must be signed and include the writer's telephone number. Letters may be edited for length, grammar and libellous statements.

Just walking to the Video Store....



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# Lions roar with pride

The Winchester Lions Club celebrated the group's 25th anniversary at a dinner and dance Saturday night.

CJOH anchorman Max Keeping, MPP Noble Villeneuve, MP Bob Kilger and other dignitaries spoke at the function, congratulating the group on a job well done.

The Lions presented Keeping with a $1,000 cheque for the Children's Aid Society and Lions District Governor Doug Headrick with a $1,500 cheque for the Sight-First campaign, an international organization to eliminate preventable and curable blindness.

Pictured left are Keeping, Lions President John Cinnamon, and Headrick. A number of Lions also received special honors.

Above, in the front row are Glen Droppo, 21-year service award; Gerry Cross, 22-year service award and Helen Keller Fellowship Award for service; Al McRoberts, 25-year Charter member award; and Elzeon Raistrick, 25-year Charter member award.

Standing at the back are Walter Shadbolt, 25-year Charter member and Life member of Winchester club; Bob Porteous, 25-year Charter member award and Melvin James Fellowship award —the Lions highest honor; Jim O'Gorman, 22-year service award; President John Cinnamon, Ray Imrie, 25-year service award; and Jamie Shadbolt, 21-year service award.

Absent is Keith Marquette, 21-year service award.

Press Photos — Edwards



# Golden Years approach 20th

**by Myrna Cinnamon**

WINCHESTER — The Golden Years regular meeting of April 15 opened with a welcome from our president Leila Helmer followed by all singing O Canada and repeating the Lord's Prayer.

We sang Happy birthday to five members. There weren't any anniversaries and we welcomed two visitors, Muriel Murie and Jessie Ball.

Minutes of the last meeting were read by supply secretary Myrna Cinnamon. Two items of correspondence were mentioned, one from Hospice and one from Advocacy Resource Centre for the handicapped. This was given by Isobel Lewis.

The Senior Games were mentioned by the president but we do not have many enthusiastic sportspeople.

The newsletter called the "Friendly Circle" was distributed. It was put out by Nancy Gibson, our VON Home Support co-ordinator. I think everyone found it very informative.

Treasurer's report was given and adopted by Isobel Lewis. It was seconded by Gladys Clarke.

General business followed. Report from the zone executive meeting was given by Leila Helmer. It was held in Winchester on April 8. She also asked if we had any resolutions to send to USCO. We are to bring them in to our next meeting. The next zone meeting is in Morrisburg on May 18.

It was noted that Milton Stewart's name has been missed being put on the "In Memoriam" plaque. He died in 1991. It will be looked after.

Leila announced a euchre party to be held at the Lions' Hall on April 22. Admission is $2. Lunch will be served.

As June 10 is our 20th Anniversary party Leila asked for more help in the kitchen.

Doris Cross entertained us with several selections on the piano. Lunch committee for next month was announced with Howard and Mary Biccum as convenors.

A beautiful prayer of Grace was given by our guest speaker Rev. Jones after which we all enjoyed a delicious pot luck lunch. After lunch several members formed a choir led by Eva Cinnamon with Doris Cross at the piano and all sang several hymns including some for Easter.

Isobel Lewis introduced the guest speaker Rev. Heather Jones from the Presbyterian Church who gave us a very inspiring message.

She was thanked by Eva Cinnamon who presented her with a lovely basket of fruit.

The next meeting is scheduled for May 20.


*Golly Gee*



*B & B*



*are "50"*





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# Crowds throng to trade show

**Garnet Quail**
*News Correspondent*

OSGOODE— Osgoode's Trade and Home Show for 1993, held Apr. 23 and 24 at the Osgoode Community Centre attracted more than 60 exhibitors and several thousand visitors.

"The organizing committee has once more done a fine job," Greg Holmes, Osgoode Centennial Community Centre arena manager said. "It continues to read what the exhibitors and the visiting public wants."

"We had 60 exhibitors, but we could have had 20 more. We had to turn at least that many away."

Exhibits ran the gamut from cars and automotive products to gardening equipment, maple products and local handcrafts.

Saturday featured two performances by Fizzlepop, the clown, who appeared in the upstairs hall to the delight of the children gathered to watch his antics.

Door prizes were awarded hourly throughout the show with major prizes being drawn for on Saturday afternoon, including a gas barbeque, 500 liters of furnace oil, a $150 gift certificate and 10 yards of topdressing soil.

Holmes credited the free admission policy for drawing in the crowds.

"Our free admission policy is obviously popular, at least 2,500 visitors were attracted this year," said Holmes.

"We will be back next year, not necessarily bigger but we can probably always find ways to do it better," he concluded.


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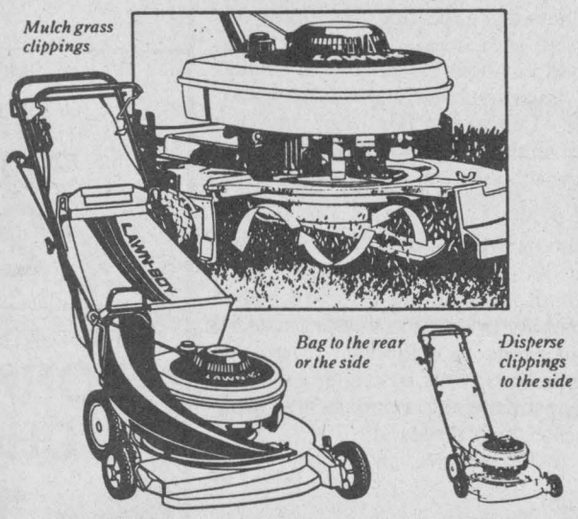


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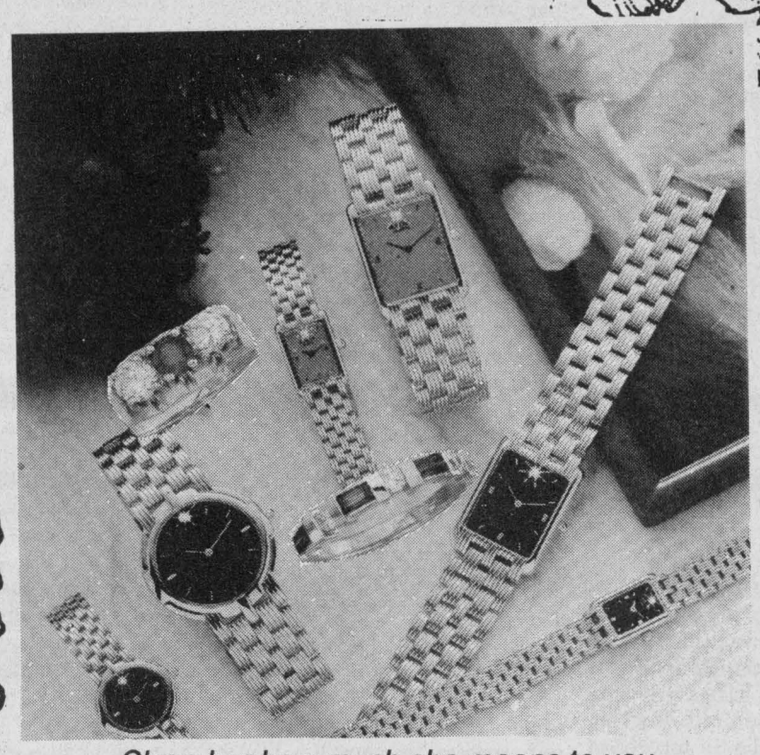

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**ANNABLE'S JEWELLERY**

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# Soccer numbers decline

WINCHESTER—They've had as many as 290 to work with but this summer Winchester Minor Soccer Association will have a more manageable number to organize.

"The year we started, I believe we had around 160 and that's about where we are for this season," explained WMSA's Gerry McBain.

"The year we had between 280 and 300 it was very hard to handle. Our facilities are limited here so a smaller number will be easier to work with."

Overall the registration is down but McBain says it goes in cycles and this summer Winchester's Little League Baseball program has attracted record numbers so some youngsters are trying a new sport. Some, he says, will play both soccer and ball.

Winchester's soccer program will field four teams each in both the 5&6 years and 7&8 years division.

"The younger groups are going to concentrate on getting comfortable with the ball, individual skills and the basics of the game. They will also play losley structured fun games in a house league system each week," McBain explained.

There are enough 9&10-year-olds to form two house league teams who may play neighboring towns.

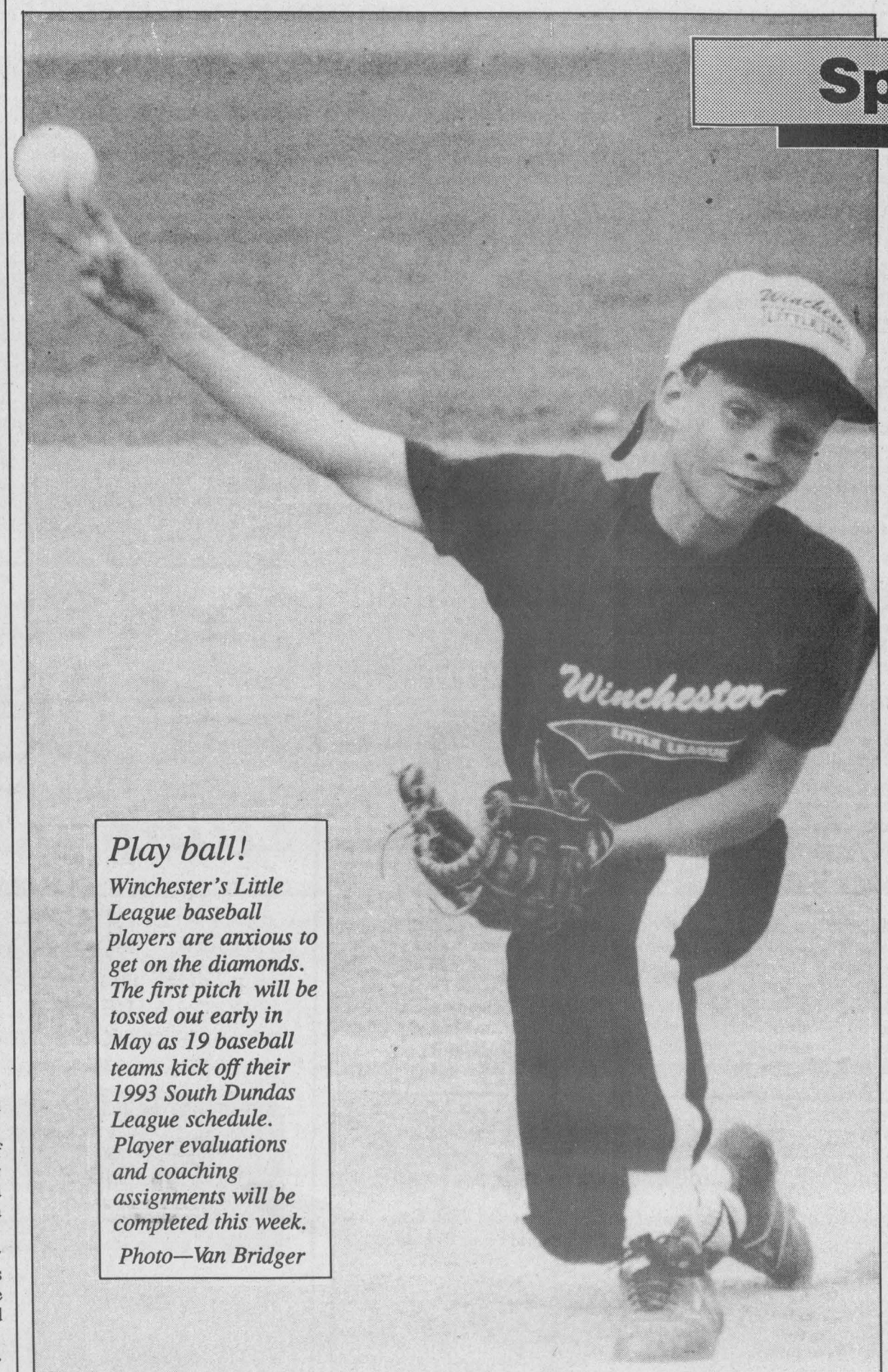
Winchester will also put two 11&12-year-old teams on the field in a league probably involving Metcalfe, Russell and Manotick.

McBain reports that John Whittham and Earl McBean will coach those two traveling teams.

Winchester's traveling side of 13&14-year-olds will be handled by McBain and he figures to have a competitive group to challenge area teams.

League play should get under way in mid-May and McBain says he is still anxious to hear from anyone interested in helping with the on-field activities.

"We can always use more help. Anyone interested in the game is welcome."



*Play ball!*

*Winchester's Little League baseball players are anxious to get on the diamonds. The first pitch will be tossed out early in May as 19 baseball teams kick off their 1993 South Dundas League schedule. Player evaluations and coaching assignments will be completed this week.*

*Photo—Van Bridger*

**Sports '93**

# 264 sign up to play ball

WINCHESTER—Because of the success of the world champion Toronto Blue Jays; the speed, youth and excitement provided by the Montreal Expos and the birth of the AAA Ottawa Lynx the popularity of baseball in this country is growing in leaps and bounds.

The number of boys and girls playing the sport here in Winchester is sky-rocketing.

"We had a fantastic response this year," reported Winchester Little League vice-president Owen Shortt, "264 to be exact."

"What is so encouraging is the fact that we have a lot of kids who are first-time players. Some who are 14 to 16-years-old are going to play for the first time."

"Almost everyone who played last year is back. They have told their friends that playing ball is fun. There were no hassles....everyone had a good time and they are going to play again," Shortt explained.

If there is a downside to these fantastic registration numbers umpire-in-chief Kevin Smail has found it.

"I just won't have enough umpires as it stands right now. We have kids who play and ump and with the games being played every night there is bound to be some conflicts," he said.

"We are hoping to run an umpires clinic on (Sat.) May 8 so I'm hoping we can get my old umps and lots of new ones together."

Anyone interested in doing some umpiring this summer can contact either Kevin Smail (774-2924) or Owen Shortt (774-5010).

**23 TEAMS**

The 264 ball players are divided into 19 little league baseball teams and four girls' softball teams.

"We have players in every, age group this year. We have taken the four girls' teams under our Little League umbrella for insurance and scheduling purposes. The girls will play the same teams the Little League teams do. It makes it easier to set up schedules," Shortt explained.

The girls' teams include two in the 9 to 12 bracket, one 13 to 15-year-old team and a Midget (16 to 18 yrs.) team which will play out of the Osnabruck organization. The others have been taken into the South Dundas League.

The South Dundas League will include Winchester, Morrisburg, Iroquois, Brinston and Long Sault which keeps traveling to a minimum.

The Winchester Sox (White, Black or Silver) will put together Senior, one Junior "A", Major, Minor, Minor/Major, and five T-Ball teams.

"Last year we had 16 teams and 225 kids. Two years ago there were only 80 registered so we are really growing," Shortt said.

**DIAMOND TIME**

With a total of 23 teams waiting for the first pitch to be tossed out organizers have had to almost fully book Winchester's three diamonds.

"The diamonds are almost totally booked....Monday to Friday and Sunday evenings."

Winchester's minor ball program had to revamp a little used backstop and diamond located right north of diamond number two behind the arena to accommodate its five t-ball teams and the younger groups (7&8 yrs.).

"That number three diamond was just a parking lot so we will make it usable. There is a backstop there now so we will fix it up, nothing fancy, but t-ball can be played there."

• continued on page 12



Members of the NDMHA executive retiring this year were thanked for their tireless efforts. From left, Barry Holmes, Carol MacDonald, NDMHA president Mark MacDonell, Dianne Desormeaux, Barb Filion.

Press Photo—Van Bridger

# NDMHA applauds team effort

CHESTERVILLE—One Upper Canada Minor Hockey League championship and three "Most Sportsmanlike Team" awards says a lot for the calibre of people involved in the North Dundas Minor Hockey Association.

That is the way returning president Mark MacDonell sees it.

"Our Senior Novices won the Upper Canada Western Division championship and the overall championship and played in the Tournament of Champions. But we also had three teams, Senior Novice, Atom "A" and Bantam "B", earn Most Sportsmanlike Team awards," the president explained.

"And our (North Dundas) teams were among the least penalized teams in 11 associations involved in the UCMHL."

"To me that indicates what a fine job our coaches are doing.....an outstanding achievement," he added.

MacDonell made his comments last Thursday evening as the North Dundas Minor Hockey Association executive, coaches, assistants, managers and trainers held their annual appreciation night in the Legion hall.

The president introduced team coaches and outlined the highlights of their respective seasons.

Minor hockey sponsors were also acknowledged and thanked for their ongoing contributions.

"Without the generosity of our sponsors it is very probable that 200 or so kids wouldn't be playing hockey."

"I'm amazed at the support North Dundas Minor Hockey receives. I've been involved in other associations in the past but none can compare with the support we receive here....it really is unbelievable."

The ongoing sponsorship by the Winchester Legion, Chesterville Legion, Ault Foods Ltd. and Nestle's was pointed out and the following businesses - Andy's Groceries, Sports Unlimited and Mike Dean Super Food Store received new plaques in recognition of their support.

Retiring executives including Bev Shortt, Bob Volks, Micheline Hamelin, Barb Filion, Dianne Desormeaux, Carol MacDonald and Barry Holmes were also honored and thanked for their long hours of work and dedication.

MacDonell also praised the efforts and support he received from the executive, especially his two left hands - vice presidents Bev Beck and Kim Moloughney.

**ACCOMPLISHMENTS**

MIDGET "A" - coached by Mike Arnkvarn - finished second in regular season play. Won the "A" side of the NDMHA and Alexandria tournaments and were runners-up on the "A" side of the Gloucester tourney.

MIDGET "B" - coached by Dave Corkery - team combined with Kemptville to form a that team played games out of both arenas. Corkery reported both executives were very supportive.

BANTAM "B" - coached by Tom Beck - earned the UCMHL "Most Sportsmanlike Team" award. Finished second in regular season play.

BANTAM "C" - coached by Larry Berry - played 49 games and won 60% of their games. Finished second during the regular season and won the "B" side of the NDMHA tournament.

PEE WEE "A" - coached by Barry Holmes - played 55 games in total, entered six tournaments, represented Winchester Legion Br. 108 in the Zone G Legion Tournament in Winchester in February "Good season, the boys had fun but we had a few injuries," coach Holmes reported.

PEE WEE "B" - coached by Lyle Schell - entered four tournaments and made the "B" finals in two. "It was a good season in general, certainly will be ready for the second year of body contact," Schell said.

PEE WEE "C" - coached by Mike Hunt - represented NDMHA in the Kick-off for Minor Hockey Week. Not much success on the ice but players maintained good morale.

• continued on page 12

# Mackler opens with 5 points

CHESTERVILLE—John Mackler took the lead in the Chesterville/Winchester Men's Ball Hockey League scoring race in just one game.

Mackler's 60-minute effort here last Wednesday netted him three goals and two assists and the Winchester Legion Blues a 7-3 victory over the Jumpin' Jack Flashes on the opening night of the 1993 ball hockey season.

In game two of the triple bill Jerrold Boulanger's Top Valu Gas Bar\CountryBoy Jokers nipped Kevin Byers' Sierra Grande Hotel Green Machine 4-3 on Cory VanDelst's goal.

The final contest produced a 4-4 saw-off between the Doug Palmer Trucking (DPT) Red Wings and the Co-operators Blizzard.

Jumpin' Jack Flash captain Sandy "Feu" Johnston said he was happy with the effort his seven-man squad came up with losing 7-3 to the Legion Blues.

He wanted to at least blank the third period and the Flashes did that after trailing by 4-2 and 7-3 margins.

Jumpin Jacks were without the services of Todd Marcellus, Chris Van Bridger, Jeff Holmes and Chris Hart.

John Mackler wacked in a pair of first-period goals and added another in the second to lead the Legion to victory. Dwayne Bazinet and Dolton Henry snapped in the other two first-frame markers while Matt Vermilyea and Derek Brannan collected the final two goals.

Brannan scored once and assisted on four other goals to match Mackler's five-point performance.

Dolton "Hank" Henry supplied a goal and three assists. Dwayne Bazinet picked up a goal and one helper. Matt Vermilyea scored once while Duane Burd and Scott Barkley collected assists.

Brad Pringle was the winning goalie.

Mike Desormeaux took care of the Jumpin' Jack Flashes offence scoring all three goals. Tony Holmes (2), Jeff Hyndman, Chris Bekkers and Sandy Johnston drew assists.

**JOKERS 4 - GRANDE 3**

Dennis Ouellette assisted on three goals while Cory VanDelst and Willy O'Connor each collected three points as the Top Valu Jokers nipped the Sierra Grande 4-3.

Top Valu led 2-0 after a period on goals by Willy O'Connor and Larry Shaver and were up 4-3 after two frames.

Cory VanDelst's breakaway goal, set up by goalie Paul Bjergso and Willy O'Connor 1:26 before the end of period two, proved to be the winner.

O'Connor, Shaver, Jerrold Boulanger and VanDelst scored in that order. Ouellette (3), O'Connor (2) and VanDelst (2) picked up assists.

Kevin Byers, Clayton Armstrong and Kevin Moore replied for Sierra Grande. Ray Sherrer assisted on all three goals while Armstrong (2) and Byers also helped out.

**WINGS 4 - BLIZZARD 4**

Former defenceman Donnie Imrie debuted as the DPT Red Wings' goalie and came out of his first action between the pipes with a 4-4 tie.

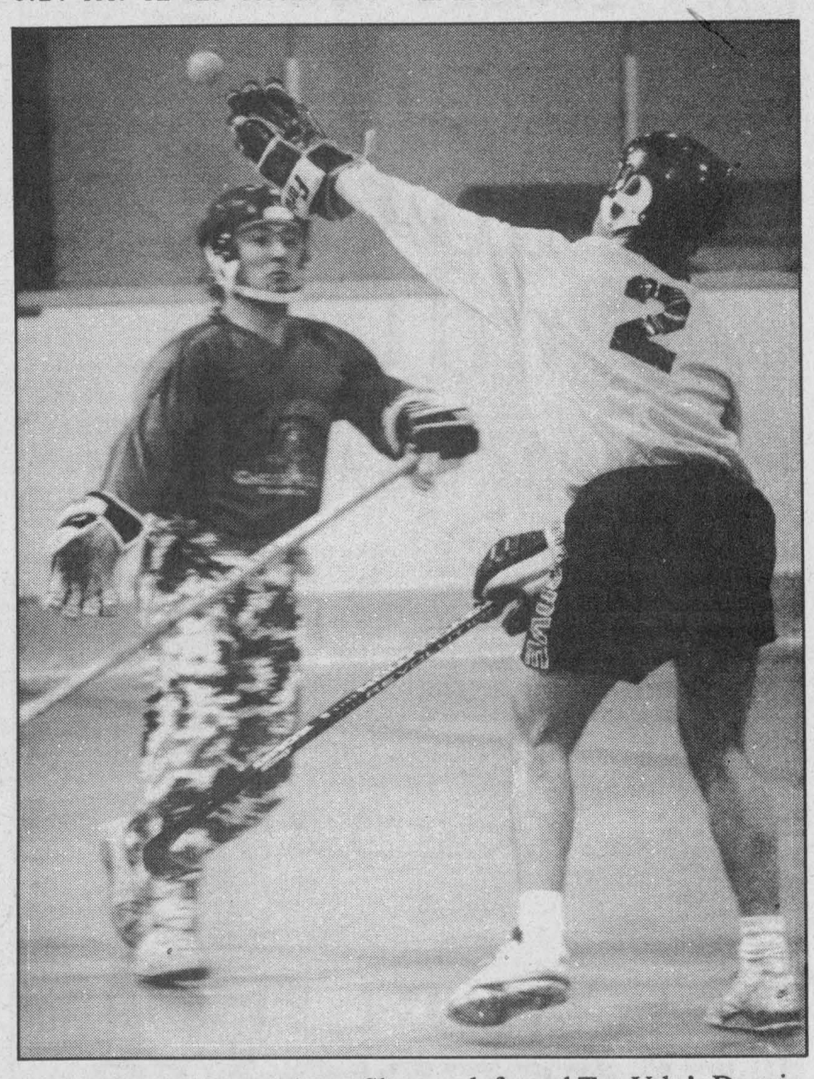
Kevin Boyce prevented Imrie from coming out a loser when he scored the game-tying goal with just 0:24 left on the clock. Rene Boulanger and Rodney Casselman set-up the scramble for trigger-man Boyce.

The 5:00 overtime failed to break the tie.

Rene Boulanger and Boyce each had two goals and two assists for the Wings. Gary Beisheim (2), Rod Casselman (2) and Rob Gourgon earned the assists.

The Wings led 3-0 after a period and it was tied 3-3 after two. The Co-operators Blizzard blew into a 4-3 lead at 19:48 of the final period when Ben Henry conected from Jamie Kennedy and Junior Hamelin but they couldn't hold on.

Ben Henry (2), Kevin Edgerton and Gene McInnis scored for Co-operators. Jamie Kennedy (2), Junior Hamelin (2), Ken Byers (2), Chris Holmes and Ben Henry set up the goals. Don "Don" Marcellus tended the nets.



Sierra Grande forward Ray Sherrer, left, and Top Valu's Dennis Ouellette looked to be putting on a hand ball demonstration. Each player collected three assists in the C/WMBHL contest.

Press Photo—Van Bridger



## FRANKLY SPEAKING

by Frank Morgan

**WHO SAID IT QUIETS DOWN WHEN HOCKEY ENDS?**

So you think it quiets down when the ice goes out and hockey is finished for the year? Not so far. As the ice went out the door the big machinery moved in for John Deere Days, which saw over a thousand people pass through the doors on Wednesday and Thursday and it took 'til Friday night for Bill's boys to get the big machinery out. Then in came the army and while the broomball banquet and dance was going full swing in the hall upstairs, army personnel showered and shaved for their busy day ahead. It was Sunday afternoon when they moved on. Early last week the weather turned bad for setting up for Agriculture in the Classroom, which saw hundreds of public schoolers passing through as they learned some facts about rural life and the benefits derived from agriculture in our community. By Friday the mud had been mopped up and we were prepared for the Hawks banquet on Friday night. With some all night and early morning cleaning we had things ready for the 300 who attended the Lions 25th Anniversary on Saturday. With many meetings and two classes of Karate every week, things will stay busy. Read on if you think the rush is over.

**PRE-TEEN DANCE AND STAG THIS WEEKEND**

After many requests following a very successful trial run during Carnival Week, we will be holding a dance for the pre-teen age children this Friday night in the upstairs hall. Under eight years go from 6:30pm 'til 8pm when the nine to 13-year-olds dance from 8pm 'til 10:30pm. Adult supervision will be supplied, admission $2. On Saturday night friends of Tania Hansma and Terry Topley will be holding a pre-wedding party for the young couple starting at 8:30pm in the upstairs hall.

**MANY LOOK FORWARD TO ARENA SALE THIS SATURDAY**

For the last five years crowds have gathered before dawn to await the doors opening at the arena in order to be first in line, not for the best seat in the house at some sporting event, but for the arena sale. Over the five years, word has spread that some of the best bargains available anywhere will be going on sale at 6am sharp when town merchants assemble an entire arena full of merchandise at give-away prices. At the time of writing more than a dozen merchants have made known that they will be there with everything from cars to jewelry as they join the housewives for a good spring cleanout to make room for their new summer merchandise. Men's and ladies' clothing, boots and shoes, baked goods, jewelry, crafts, plants and flowers, sportswear and equipment, trophies and gifts, you name it they have it and all at prices cut far below their in-store inventory price for one day only.

**TIME OUT TO BE GRANDPA**

Although things have been busy around the arena you may have noticed that there were times when the director had slipped away during the past week. Last Saturday a phone call from Vancouver informed me that we were to have a little visitor, and last Wednesday in the middle of our big snow storm, directly from 20 degrees of sunshine, came daughter and granddaughter to visit for a few days. Needless to say this brought some sunshine into two old hearts that were becoming quite lonesome having not seen their little Sammie since Christmas. Believe me there were some changes even in this short period of time and most noticeable was the increase in vocabulary which left little to be added with the single words being replaced by short statements which flowed constantly. Sammy is now 19 months old and a going concern from the time she awakens 'til the little head hits the pillow, all of which papa must see, which keeps us all on our toes and allows a shot of much-needed exercise. By coming in early and using up some banked time we have been able to get away and I am sure that I will be excused on such a rare occasion when one is allowed the greatest of all holiday pleasures: that of being a grandpa again for a week.

# Exhibition games open ball hockey season

CHESTERVILLE—With an out-of-season snowstorm raging outside the Chesterville Arena it looked more like the beginning of hockey season rather than the ball hockey campaign but action did get under way in the Chesterville/Winchester Ladies League's new year.

With many players still away at university and college and still others playing the game for the first time, last Thursday's schedule was turned into a get-aquainted evening.

"With the storm, players still away at school and a lot of girls playing for the first time we decided to play exhibition games to let everyone get loosened up," explained C\WLBHL executive Kim Simms.

Simms says play will get under way for real tomorrow night, Thurs., April 28.

League officials were pleased with the response they received at this year's registration. Six full teams, complete with goalies, sporting 14 players each are ready to play street hockey.

**OPENING GAMES**

April 29 - 7:00pm - Kim Moran's Pink team plays Vicki Holmes' Green team. 8:00pm - Kim Merkley's Purple team meets Rhonda Boulanger's Aqua squad. 9:00pm - Heather Erwin's Yellow team takes on Patti Hall's Orange.

May 6 - 7:00pm - Boulanger's Aquas meet Erwin's Yellows. 8:00pm - Merkley's Purple take on Moran's Pinks. 9:00pm - Holmes' Greens tangle with Hall's Oranges.

**1993 ROSTERS**

TEAM ONE - captain Kim Merkley - team color purple - goalie Nancy Vanderveen; Jenny Ganter, Kelly Durant, Rebecca Kennedy, Kerry Kennedy, Monique Carr, Mary Linton, Pam Baker, Cindy McLeod, Leslie McMillan, Vicki Merkley, Emily Baker, Holly Booth, Debbie Stoate.

TEAM TWO - captain Rhonda Boulanger - team color aqua - goalie Jackie Boulanger; Jackie Morris, Linda Hamelin, Tammy Cinnamon, Liz Warren, Michelle Laflamme, Erin Crowder, Rhonda Kelly, Connie Bryan, Tanya Chambers, Shannon Summers, Melanie Hoy, Jill Lecuyer.

TEAM THREE - captain Kim Moran - team color pink - goalie Sherry Stewart; Kim Simms, Joanne Fawcett, Diane Shane, Shanna Marriner, Lorraine McIntosh, Bonnie Garlough, Nancy Theede, Carrie Bryan, Fran Smith, Heather Graham, Julie Armstrong, Wendy Leslie.

TEAM FOUR - captain Vicki Holmes - team color green - goalie Laura Sherrer; Kathryn Houze, Debbie Shaver, Charlene Skuce, Kris Rowe, Lori Cook, Sharron Saunders, Laurie Pitt, Jennifer Preston, Wendy Castle, Lisa Garlough, Hazel Booth.

TEAM FIVE - captain Heather Erwin - team color yellow - goalie Elaine Teplate; Rhonda Winter, Marylynn Plummer, Coreen Skuce, Laura Zrymiak, Chris Clapp, Mary Schoones, Brenda Koekkoek, Sandra Beggs, Melanie Leroux, Vicki Cinnamon, Roseanna Boersma, Tricia Smith.

TEAM SIX - captain Patti Hall - team color orange - goalie Roxanne Crump; Deanna Corbett-White, Catie Clapp, Kristina Kelly, Monique Rutley, Andrea Acheson, Amy Vermilyea, Tanya Copeland, Kim Pollock, Wendy Crummy, Jane Sachs, Darlene Harper, Megan Filion.

# Broomball awards presented

RUSSELL—The top Men's and Ladies' Broomball League players were honored here recently as another season came to a close.

The Individual award winners in the Russell ladies' league included Lisa Rombough, the top scorer; Maureen Heuff, the Top Goalie and Leslie Rombough the league's Most Valuable Player.

The Morewood Gold Diggers won the "A" Division championship and the Powder Blues captured the "B" Division hardware.

The Powder Blues named Paulette Leblanc MVP and Glenda MacGregor their Most Sportsmanlike Player.

Chantilly Lace MVP was Tracey Brunette and Wilma Nyenkamp MSP.

Leslie Rombough was named Morewood Gold Digger MVP and Nancy Vanderveen MSP.

The Roadrunners' MVP was Cathy Gagan and MSP Laurie Casselman.

Barb Canham claimed the Six Pack MVP trophy while Linda Kinsella was named Most Sportsmanlike.

**MENS AWARDS**

The Most Valuable Players for 1992-93 included Bruce Armstrong of the Hawks, Mike Bols of the Sprouts, Dave Bols of the Hazzards and Adrian Henry of Road House.

Laurier Menard was deemed the top goalie of the year and Dave Bols earned the top scorer silverware.

The Russell Hazzards claimed the regular season title and the Russell Hawks took the playoff championship.

## CORRECTION

**"Home Projects" Flyer**

**Page 10, #52-5135-6, Sylvania compact fluorescent light.** Copy reads: Reg. 19.99, Sale 14.99, Save 25%. **Should read: Reg. 20.99, Sale 14.99, Save 28%.**

**Page 15, #28-1504X, ATF Dexron (Motomaster).** Copy reads: Reg. 9.99, Sale 6.99, Save 3.00. **Should read: Reg. 10.39, Sale 6.99, Save 3.40.**

**Page 15, Item 1, #09-1039-6, 2-ton hydraulic trolley jack.** Copy illustration includes the stand and tire rod. **The stand and tire rod shown are not included.**

**"Spring Living For A Lot Less" Flyer**

**Page 1, #58-8923-0, 4-piece tune-up kit.** Copy reads: Reg. 29.99, Sale 11.99, Save 60%. **Should read: Reg. 24.99, Sale 11.99, Save 52%.**

**Page 11, Item 7, #44-1666-6, Audio tape.** Copy reads: Reg. 3.49, Sale Pkg./2, 3.29, Save now. **Should read: Reg. 3.99, Sale Pkg./2 3.29, Save now.**

**Page 18, #41-2301X, Le Bra.** Copy reads: Reg. 109.99, Sale 79.99. **Should read: Reg. 99.99, Sale 69.99.**

**#41-2250X, Wolf Nose Bra.** Copy reads: Reg. 99.99, Sale 69.99. **Should read: Reg. 109.99, Sale 79.99.**

*We sincerely regret any inconvenience to our customers.*

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# Senior Games venues chosen

CORNWALL—If you're 55 or older, the Ontario Senior Games is looking for you.

Residents in Stormont, Dundas and Glengarry are eligible to compete in over 15 events, held between now and July.

Participation in the annual district competition has been relatively consistent for the past few years, but organizers would like to attract more seniors, says publicity director Charles Sayyeau.

"Interest is not bad, but there's room for improvement," he said. "We haven't had the publicity in (local media) we would like and there are a lot of seniors who don't know about it."

Sayyeau, a dart player, has competed twice at the provincial championships, held every second year. This year, the district games are the top level, with gold, siver and bronze medals awarded to the top three finishers in each event.

"If you (are over 55), sportsminded and feeling up to it, we are looking for you," Sayyeau said. "There are all kinds of sports...so give them a try."

The following events will be held during May:

Five Pin Bowling, May 4, at Cornwall Olympia Bowl. Cornwall residents, 9 am to noon; out of town residents, 1 to 4 pm. For information contact Rene Lefebvre (931-2221).

Euchre, May 5, semi-finals at the Cornwall Seaway Knights of Columbus building, 1 pm May 20, finals at the Cornwall Legion, 1 pm. For information contact Mary Hanniman (534-2532).

Bridge, May 6, at the Morrisburg Legion 1 pm May 13, finals at the Cornwall Knights of Columbus. For information contact Duncan MacDonell (525- 4014).

Walking, May 11, at the Cornwall Civic Complex, 9:30 am to 1 p.m. For information contact Henri Massie (933-1116).

Triathlon, May 17, walking and the ball throw. May 18, swimming at the Cornwall Transport Canada building.

Darts, May 18, at the Cornwall Legion, 1 pm. For information contact Barney Wickens (534-2497).

Snooker, May 19, at the home of Gerald Adams, Williamsburg, 9 am. For information contact John Dunlop (537-2002).

Golf, May 24, qualifying round at local clubs. June 10, finals at the Summer Heights Golf Course. For information contact Roger Cyr (937-3560).

Swimming, May 25, at Cornwall Transport Canada, 3 pm. For information contact Norman Bates (936-1873).

Cribbage, May 27, at the Cornwall Legion, 1 pm. For information contact Fred Bedford (346-5529).

Shuffleboard, May 28, at the Morrisburg Arena, 10 am. Registration is at 9:30 and all entries must be in by May 25. For information contact Jim Reid (543-2760).



The Winchester Junior "B" Hawks presented their individual awards here Friday evening marking the conclusion of their 1992-93 campaign. Front, left, Derek Brannan, Ken Corp, Steve Johnston, Steve Bean, Joe Barressi. Back, left, Scott Barkley, Chad Smith, Bruce Cameron, Kirk Tallman, Doug Armstrong, Andrew Holmes. Press Photo—Edwards




*First-year Demons*

The 1992-93 edition of North Dundas' first-year Junior Novice Demons. Front, left, Steven O'Donnel, Oliver Last, Parker Boyd, Shawn Gilmer, Brendan Stewart, Darrel Moore, Blain Moran. Second row, left, Tyler Fawcett, Scott Smail, Travis Kennedy, Ben Collins, Ryan Patterson, James Jones, Danny Lapier, Thomas Wheeler. Third row, left, Kane Erickson, Matthew Holmes, Kyle Holmes, Bradley Switch, Jonathon Suffel, Craig Moran, Adam Besharah. Fourth row, left, Team mom Dawn Erikson, coach Tom Mellean, assistant coach Sharron Last.

Courtesy photo

# Hawks wrap up campaign

WINCHESTER—Little Ken Corp and goalie Chad Smith picked up MVP awards here Friday evening as the Winchester Junior "B" Hawks put the wraps on their 1992-93 Eastern Ontario Junior "B" Hockey League season.

Corp, an American attending Canton College in upstate New York, was a fan favorite here in Winchester and put his name among the St. Lawrence Division's top scorers before injuries slowed him. He accepted the regular season's Most Valuable Player award.

Smith, son of the great New York Islander goalie Billy Smith, joined the Hawks this season after a year with the Ottawa West Golden Knights and split the goaltending duties with returnee Dale Wilson. Although Winchester was defeated 4-1 in their semi-final series with the Char-Lan Rebels, Smith's efforts earned him playoff MVP honors.

The 1992-93 season was a roller-coaster ride for the Hawks who had an outstanding effort at the Boxing Day Tournament but quickly replaced head coach Peter DeRooy with his assistant Dennis Casselman and former Hawks' star Bill "Moon" Mullin.

The club finally settled in third place with 44 points and lost in five semi-final games to the Char-Lan Rebels.

Morrisburg won the division with 67 points, Char- Lan was second with 53, Winchester had 44 and Kemptville 42. Alexandria missed the playoffs with 20 points.

The Hawks, with Smith and Wilson guarding the twine, posted the second-best GAA among St. Lawrence Division teams. The Winchester tandem gave up 213 and Morrisburg's Jeff Hopkins and Dennis Villeneuve surrendered 190.

A late-season trade saw the Hawks swap veteran forwards as Dennis Dodd went to Kemptville and Kirk Tallman came to Winchester.

Tallman earned this year's Top Scorer trophy with 32 goals, 30 assists and 62 points. Dodd led the Kemptville point-getters with 72 points.

**OTHER AWARDS**

Veteran defenceman Scott Barkley earned the Terry Carkner Top Defenceman Trophy again this season and was honored as one of the team's two graduating players, along with Steve Johnston.

Captain Doug Armstrong earned the Most Gentlemanly Player award.

Rookie Steve Bean was named the Hawks' Most Sportsmanlike player.

Rookie forward Joe Barressi picked up the team's Most Improved Player trophy.

Defencemen Pete Feletar and Bruce Cameron shared the Royal Canadian Legion Br. 108 Rookie of the Year trophy.

Steve Johnston acepted the President's Trophy for leadership on and off the ice.

Derek Brannan picked up the Manager's Trophy for Best Effort and Desire.

Andrew Holmes, a rookie defenceman who broke his leg early in December missing most of the season, collected the Coaches Award.

# Challenge the Castor

BERWICK — On May 2, the South Nation River Conservation Authority (SNRCA) in conjunction with the Russell Recreation Association will host the second annual Mighty Castor River Run-Off on the Castor River between Metcalfe and Russell.

Six categories will provide challenge for canoes ranging in size from competitive 18-foot, six-inch shells to leisure 15-foot boats. Group challenges, combining individual times of groups with two or more canoe entrants in both the Spring Paddle (7 km) and River Race (15 km) event, and a prize for the "Most Authentic Costume" will be recognized.

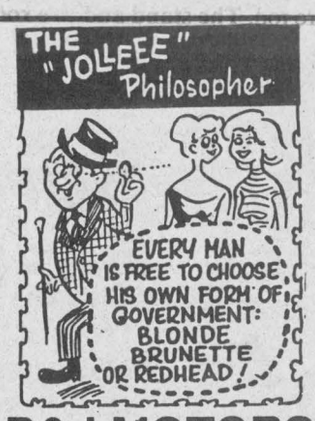
The River Race (15 km) starts at the intersection of Hwy. 31 and the Castor River, just south of the Metcalfe interchange, while the Spring Paddle (7 km) commences east of Metcalfe off RR6. Signs will be posted. Both events are scheduled to start at noon and finish at the Russell Dam.

The twisting Castor River is composed of mostly flat water with a few rock piles and ledges to provide variety for the avid paddler. Wildlife is abundant along the Castor River as the river flows through farmland and mature forest areas.

The Castor River system covers a large portion of the north west part of South Nation River Watershed. It drains land in both the Regional Municipality of Ottawa-Carleton and Russell Township.

All participants must register at the Russell Pool between 9:30am and 11:15am on Sun., May 2 after dropping canoes off at the respective starting points.

Race registration forms are available through area stores or contact the SNRCA at 613-984-2948. Race fees are $30 per canoe.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# Play ball

• continued from page 9

Shortt says if they had not had that little number three diamond available he doesn't know how they could have managed enough playing time on two diamonds, "There is still men's lob ball, old timers' three-pitch and ladies' softball to work in besides minor ball."

Diamond number two is in the midst of a rebuilding program and because of this spring's nasty weather plans have had to be revamped.

"The new backstop and fence were started last fall. They will be finished this week. Roy Hansma (Hansma's Construction) is going to build the dugouts, hopefully this week. But the infield work....brick dust compound on the basepaths and the resodding.....will have to wait until the fall, because of the weather."

Shortt says the basepaths for each age group will be on the cut-out portion of the infield and the plate and backstop have been moved back.

The organization is aiming for a regulation baseball infield for next spring and working toward providing a regulation Big League (18 year old players) diamond two years down the road.

"The league is working to complete the whole picture (Minors through Big League)," Shortt added.

**EXECUTIVE**

Shortt reports that the Winchester Little League executive has been working diligently to provide funding for the sport and estimates it takes about $1,000 to put a team on the field.

"We have nine new teams this year. That's at least $700 for equipment. Throw in the insurance, umpires, league (South Dundas) and Baseball Canada registration fees and it's up around the $1,000 mark," he explained.

"Fund raising is very important. It's a big job and the local sponsors have been supportive. If we had to rely on just registration it would become very prohibitive."

Breaking down this year's registration the numbers indicate 51% of the players are Winchester village residents. Winchester Township provides 31%, Mountain Twp. 9%, Chesterville 7% and others 2%.

This year's executive includes president - William "Jr." Helmer, vice president - Owen Shortt, treasurer - Shirley Stewart, registrations - Clara Erdman, fundraising - Carolyn Rowe, umpire-in- chief - Kevin Smail, equipment manager - Don Griffith, directors - Judy Peddle, Jonas Fossitt, Al McLean, outside the village directors - Candice Burns - Village of Chesterville; Donna Leach - Twp. of Winchester. The Township of Mountain directorship is vacant.

Shortt says, "There is a tremendous working relationship among the executive. We have a lot of people involved (team moms and dads, convenors) to spread out the work."

**OPENING DAY**

Weather permitting, the executive is planning to officially open their new diamond during the first week of May.



## *Sponsors thanked*

North Dundas Minor Hockey Association honored sponsors during last Thursday's Appreciation Night in Chesterville. From the left, Rejean Galipeau - Ault Foods Ltd, Tom Beck - president Winchester Legion Br. 108, Gerry McBain - coach Sr. Novice accepting on behalf of Andy Hamel, Mike Dean - Mike Dean Super Food Store, Eric Ball - Chesterville Legion.

# Minor hockey wind-up

• continued from page 9

ATOM "A" - coached by Peter Filion - earned "Most Sportsmanlike Team" award. Finished second after losing the UCMHL West Division title by a single point. Finished season by winning the Canterbury Tournament championship - "A very good year," coach Filion.

ATOM "B" - coached by Earl McBean - won three of four playoff games. Entered seven tournaments, made the "A" final in Athens and the "B" final in Morrisburg.

ATOM "C" NO. ONE - coached by Bill Brennan - a strong effort during the regular season. Competitive in several tournaments.

ATOM "C" NO. TWO - coached by Marty Little - entered two tournaments. "A good year had by all. Good morale among parents and players," coach Little.

SENIOR NOVICE - coached by Gerry McBain - won the UCMHL's overall and Western Division championship and qualified for the Tournament of Champions. Named "Most Sportsmanlike Team."

HOUSE LEAGUE - five teams coached by Jeff Pfanner, Andy Laneville, Dennis Hamelin, Ron Sternberg and Steven Guy.

BLACKHAWKS - "A" champions at NGS Tournament. "A" finalists at NDMHA tournament in Chesterville.

DUCKS - "A" champions in Richmond Tournament.

WOLVES - Winners of Junior Novice House League Fun Tournament in Winchester. "B" finalists in Alexandria Bay, N.Y.

LANNIN DEMONS - "B" champions at NGS Tournament in Finch. "A" finalists in NGS Tournament (February) and NDMHA tournament in March.

ROCKETS - First place winners in NDMHA Junior Novice House League playoffs. "A" champions in Alexandria Bay, N.Y. and "A" champs in NDMHA tournament. "A" finalists (won four of five games) in Leitrim Tournament.

INITIATION - Initiation program implemented four years ago is paying off now. This year's coaches were Tom Mellean and Tony Kelly. All groups very competitive in area tournaments and exhibition games.

# Application period extended

TORONTO — Natural Resources Minister Howard Hampton announced that he is extending the grace period for obtaining the new Outdoors Card and fishing and hunting licences to May 15.

"While more than 450,000 Outdoors Cards have been issued to date, some problems processing a small number of applications have come to my attention," said Mr. Hampton. "Extending the grace period will allow us to process the entire backlog and at the same time allow the people of Ontario to fish and hunt while waiting for the delivery of their cards."

Most applications are now being processed in three to four weeks. The backlog of applications represents only two per cent of all cards issued and is the result of missing information, invalid hunter accreditation, incorrect payments or key-punching errors. The extended grace period will provide the extra time necessary to resolve these problems.

Those who have not yet sent in their card application, but who wish to go fishing soon should consider buying a Temporary Outdoors Card and a one-year fishing licence from any licence-issuing office.

Those who wish to apply for the Outdoors Card can obtain information from licence issuers, MNR district or area offices or the Natural Resources Information Centre, Room M1-73, Macdonald Block, 900 Bay Street, Toronto, M7A 2C1. General information is available, toll-free, by calling 1-800-363-3730.



## *Little Demons*

North Dundas' second-year Novice Demons recently completed their 1992-93 hockey season. The "Little Demons" captured three "A" tournament championships during the campaign. Front, left, assistant coach Bill Brennan, Scott Brennan, No. One fan Ashley Gilmer, coach Tom Mellean, Devin Kelly, Matthew Gilmer, Kyle Kloosterman, assistant coach Bill Dellaire. Back, left, Fady Mahfouz, Craig Moran, Tory Baldwin, Dale Dellaire, Travis Leach, Adam Guy. Missing Oliver Last.

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# Villages challenge for fitness prowess

WINCHESTER — When it came to proving fitness participation, Chesterville had a slight edge over Winchester last year.

As part of Canada's Fitweek last June, the two villages competed to see how many residents would lace up their running shoes and exercise. Anyone who did 15 minutes worth was allowed to fill out a ballot. Chesterville collected 795 compared to Winchester's 700.

But Family Fit Day rolls around on May 30 and this year it could be payback time. Once again the Eastern Ontario Health Unit along with community members are organizing a number of events to encourage residents to be active and healthy.

"I think we're going to be better prepared this year and we're going to do substantially better," predicts Reeve Bruce Kerr.

But Chesterville Reeve Jim Cook says he is confident his village will repeat last year's performance.

"Same as last year, we'll win it," he says.

To qualify for a ballot this year, residents have to be active for at least 20 minutes, which doesn't necessarily include participating in a sport.

"Gardening, walking or anything, active living is what we're promoting. Anything active is healthy," says Jane Sachs, EOHU public health nurse.

"A lot of people because of arthritis or some other medical problems aren't into the jogging or they're not into the heavy exercise. But climbing the stairs instead of taking the elevator, anything to make your day a little more active is good."

Chesterville will hold its fitness day on Saturday May 29, starting at 9am with a five kilometre fun run for both villages at North Dundas District High School.

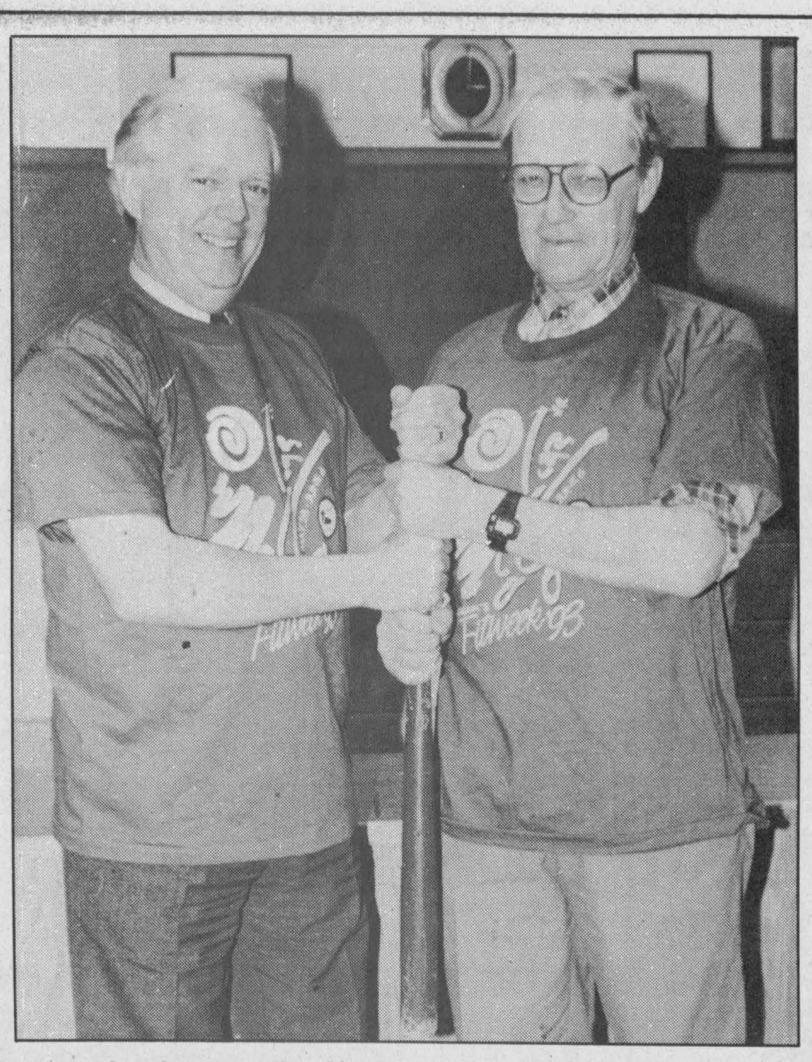
During Winchester's day there will be numerous demonstrations of physical activity at the community centre such as Tai Kwon Do, T'ai Chi, line dancing, horseback riding and aerobics.

Lisa Brazeau from the Ottawa Senators will give a presentation and there will be a blood pressure clinic, a wellness check booth as well as other displays.

Kerr says he plans to encourage his own council members to participate but he doesn't know yet what exactly they will do.

"I think it would be great for the council to do something. I'm not sure what. I don't know if council is good for a five kilometre run or not but you never know."

A challenge baseball game between the two villages will be held in Winchester to finish the day. Last year the Winchester merchants beat Chesterville 22 to five.



*Ready for a challenge*

Winchester Reeve Bruce Kerr and Chesterville Reeve Jim Cook see who will be first up at bat for the two villages' baseball battle May 30. The event will be part of Winchester's Family Fit Day. Press Photo — Edwards

# Bicycle helmet awareness night planned for Morewood

by Joan Davis

MOREWOOD — Despite Mother Nature's recent untimely deposit of white fluff, spring is upon us. With the end to a long winter, thoughts turn to the outdoors and bicyclists dig their wheels out, pump up their tires, dust off the seat and hit the road.

In the community of Morewood bicyclists will now have the opportunity to be better prepared than ever before when they head out for that pleasurable afternoon ride.

Bicycle accidents are a major cause of childhood injury and death. With the use of bicycle helmets and observation of bicycle safety rules many injuries are preventable. Studies have shown that bicycle helmets can reduce cycling-related head injuries by up to 85 per cent. In two years it is expected that all cyclists will be required by law to wear helmets.

Recognizing this fact, Morewood School Committee is hosting a Bicycle Helmet Awareness night. Parents, children and others are invited to this event which will include information on how to properly size a bicycle and helmet, gear up for safety and develop stronger cycling skills.

OPP Constable Al Luimes will be present to do bicycle safety checks and talk about rules of the road.

Dr. Gabriel Slowey, local family practitioner and coroner will present an information session and display on head injuries related to cycling accidents.

A representative from Sports Unlimited will have helmets available to try on and purchase if desired. Helmets which regularly sell for $27 will be sold for a special price of $18.

The program will be held at Morewood Senior Public School from 6:30pm to 7:30pm, Wed., April 28.

Please join us and help the community achieve the goal of safety first.

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# OTHS band prepares for final fling

METCALFE — The Osgoode Township High School music department has already started preparing for the final concert of the year to be held May 18.

The show will be called "Do You Hear the People...", taking its title from the main production number "Do You Hear the People Sing?" from the musical Les Miserables.

Other performances at the concert include the concert band, jazz band, wind ensembles, vocal performances, and the premiere of a bluegrass ensemble.

The cast, decorating, and promotion crews have been busy organizing for the concert. Unfortunately, funds are down this year and the promotion crew has been attempting to raise some money.

If there are any businesses willing to donate money or prizes to the music department, please call Kim Tuck at 821-2241.

The band council would like to thank the Band Boosters Association and all of the parents who have volunteered their time over the past months, and will continue to do so in the next few weeks.

The help is greatly appreciated by all members of the band.

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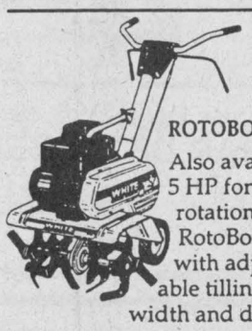
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