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Recreation and Tile Drains on Matilda Agenda

The proposed Iroquois-Matilda Recreation Centre is back on the drawing board again with two councillors from each of the municipalities designated to meet and come up with several potential locations for the complex. At last Thursday's regular meeting of Matilda Township Council, Mike Ault and Lorne Strader were named as the two delegates from Matilda who will meet with Jim Styles and Frank Rooney of Iroquois.

Council read a letter from the Matilda Recreation Committee asking for some move to be made in selecting a site for the centre because they were ready to start a fund-raising campaign. The committee is anxious to get some action on the issue which has been debated back and forth for at least six months.

Plans have been trimmed down somewhat, doing away with the pool area in an effort to cut costs. The structure will be built in such a way that the pool could be added at a later date.

While on the subject of recreation, Council expressed displeasure with the handling of two applications by the Recreation Committee for L.I.P. Grants. A letter of rejection for both projects was received just several days ago, two weeks after the proposed date of implementation of one of the projects, the operation of outdoor rinks at area schools. The other grant would have provided funds to hire staff to build the proposed arena.

Although Council could understand that there was simply not enough money to go around for all L.I.P. applications, they were dissatisfied with the handling of the affair. No one ever contacted any member of the committee or any council member to discuss the proposal, and the rejection notice drifted in on the tide of mail resulting from the postal strike. No notice of rejection was ever received by phone. Council agreed to send a letter to Walter Baker, MP, to vent their feelings.

Council did vote to allocate $1000 to the Recreation Committee to cover the cost of hiring a man for 8 weeks to operate the outdoor rink at Brinston. The Committee plans to recover the money through a Wintario grant. The person who is hired will be supported by local volunteer help and if the weather co-operates, the rink should be operational by Christmas week.

Grant Bartholomew of Grant's Disposal Service approached Council to present his plans to offer a flat rate garbage pick-up to residents of the township. Council was entirely in accord with him in his plans, with only stipulation being that he bring only refuse from Matilda to the township waste disposal site.

Glenn Swerdfeger approached Council on behalf of the Iroquois Lions Club and the Haddo Sno Drifters Snowmobile Club who are co-sponsoring the "Snowerama for Timmy" in this area. The two groups asked for permission to use two bays and washroom facilities in the township garage as a starting point for the Iroquois end of the rally which runs to Brockville and back on Sunday February 8th. The group will register entrants at the garage and also will provide hot dogs etc. Council granted their consent with the request that close security be maintained on the tools and facilities in the building.

Although the season for installing tile drains is quickly passing, the problems encountered with them are far from finished. Council processed several applications for new drains and, as well heard a long list of problems with the Vanderspank Drain. Such compalints as lack of rip-rap, insufficient fill, and open fences were cited in a summary from Stidwell and Associates. While most of the problems stem from incomplete work by the contractor, several problems are connected with work carried out by Trans-Canada Pipelines. Council members expressed concern with the fact that the drain had taken so long in construction and agreed that it must have top priority in the Spring. Communication has been received from Bell Telephone in regard to the Cooke-Doyle Drain which crosses a buried cable in four different locations. It was agreed to instruct Bell Canada to lower the cable to make way for the construction of the drain.

Ontario Hydro has reported that they are conducting a study on the streetlighting in the Hamlet of Hainsville and also that they are waiting delivery of the new streetlights that are on order for Brinston.

The fee for the Township Bailiff was raised from $4.00 to $6.00 per sitting, in light of the fact that it has not been adjusted in many years.

Roads Superintendent John McCaslin reported that the new township truck rolled off the assembly line late in November and has gone to Kitchener for installation of the plow. From there it will go to Ottawa to have a box fitted. Delivery is hoped for in the near future, but in the meantime, the existing equipment is handling the workload.

With the first Thursday in January being New Year's Day, Council agreed to meet on Friday January 9th before adjourning.

3 New Doctors Admitted to Staff at District Hospital

Three new doctors have been added to the medical staff at the Winchester District Memorial Hospital. At a recent meeting of the Hospital Board, approval was given to three requests for appointment to the medical staff. These include Dr. Leslie Suranji, Cornwall who was granted Consultant Privileges in Neurology, Dr. Thomas Baitz, of Cornwall granted Consultant Privileges in Internal Medicine, and Dr. Derek Michael Joseph Turner of Metcalfe who was granted Dental Staff Privileges.

On the advice of the Pension Committee changes were made in the Trusteeship of the Hospitals of Ontario Pension Plan and from now on, all pension and refund cheques will be issued by the National Trust Company.

A letter was read from the Ontario Hospital Association informing the Board of an increase in the Membership fee structure from $10.50 to $11.75 per active treatment bed in order to offset the effect of rising costs incurred by the association.

Individual reports from the Chief of Staff, the Women's Auxiliary, the Business Manager, and the Administrator were presented. These reports among other things dealt with volunteer orientation sessions, a report of the Dessert and Games Party, staff turnover (which was slight for the month of October), the funeral of the late Miss B. Legris, R.N. Director of Nursing, reports regarding the Ontario Hospital Association Convention, the testimonial dinner for Dr. Wm. Byers, visits of the Ministry of Health Consultants, and, finally, meetings of the Seaway Valley District Hospital Planning Council.

Several committee reports were received including one from the Public Relations Committee who held a very constructive meeting on November 6th dealing with such items as the preparation of a patient information booklet and the long-time service award system for employees. This committee also recommended, and the Board accepted, that a summary of Board proceedings be prepared on a monthly basis for the area press for reporting purposes.

A report from the Management and Finance Committee included the following recommendations, which were accepted by the board. They included the purchase of an electric typewriter, calculator, and step-stool for a total of $1180.

Tenders were accepted from the following firms: Snowplowing - Mr. Denzil Hutt, Chesterville, Bread - George Lanthier and Sons Ltd., Alexandria, and Milk - Cameron's Dairy, Cornwall.

A quotation was accepted from Tom Heaphy of Winchester for the complete replacement of the roof over the 1960 wing of the hospital.

It was noted that the incinerator is now 75 per cent complete. Total grant available from the Mi-

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Biggest Development Since Seaway

$1/2 MILLION HYDRO SETTLEMENT ASSURES GROWTH FOR IROQUOIS

Exclusive to the Post

The village of Iroquois has reached agreement with Ontario Hydro on the issue of the local water supply and sewage system. The financial settlement, a cheque for just over half a million dollars, was presented to Reeve L.C. Davis at a special meeting of Iroquois Village Council on Thursday, December 4th.

The cheque was presented by Ken Candy, now Chief Architect for Ontario Hydro and one of the men who has been involved with the negotiations from the beginning. The settlement comes as the culmination of almost 20 years of problems with both the underground water and sewer pipes and with the sewage treatment plant. Presentation of the cheque symbolized the final association of Ontario Hydro with Iroquois in regard to the water and sewer system. Council passed a resolution absolving Hydro from any further responsibility for problems that should occur from now on. Hydro has been paying for repairs to the system for a number of years, but with the settlement it now becomes the village's problem.

On hand for the presentation were all members of village council, Reeve Davis, Carleton McInnis, solicitor for the village, and Harry Hustler, a consultant who worked as advisor to the village during negotiations. Ontario Hydro was represented by Norm Lamble of the Property Division and Ken Candy Chief Architect.

Mr. Hustler was Director of Property for Ontario Hydro until 1976, when he left the corporation and became a consultant. He feels that the settlement is a good one for Iroquois. "It finally resolves problems that have been going since 1957 and the people of the community are not having to pick up the bill for problems that arose from work that they originally had no control over," he said.

The Honourable Donald Irvine, MPP for Carleton-Grenville, who was instrumental in bringing about the settlement said he was delighted that an agreement had been reached and hoped that it would make possible further development in Iroquois.

Iroquois has been plagued since the Seaway with blocked or broken sewer pipes, underground leaks, and an inadequate treatment plant. The problems arise primarily from the fact that Iroquois was the first town along the river to be re-located and it was used as a test area for Ontario Hydro. Poor workmanship by the original contractors who installed the water and sewer system has also been blamed. Village crews have discovered pipes laid directly on rock pipes that were too small, broken pipes and in some cases, no pipe at all.

The money has been designated by Council to be spent on nothing but repairs to the system. The first step according to Councillor Jack Fetterly is to upgrade the water pumping system and to improve pumping facilities at the sewage lift plant at the corner of Ann Street and Elizabeth Drive. The sewage lift-pump is expected to eliminate spring flooding, but as Mr. Fetterly said, "Everybody tells us that there is no way we can have these repairs made by March or April of next year, although the repair plans will be expedited as quickly as possible."

The money designated for revamping of the water and sewer systems is actually $571,000 with another $30,000 odd dollars going to pay for work that has already been done to repair problem areas and another amount to cover legal, engineering, and consultants fees.

The money cannot be spent immediately because there is no firm decision regarding what must be done to the sewage treatment plant. The hold-up now is that Caldwell Linen Mills must meet with the Ministry of the Environment to decide how best to solve their sewage problems.

"We cannot really repair our sewage treatment plant or design a plant until a decision is made as to what type of sewage Caldwells will be giving us," said Mr. Fetterly.

There are several problems with the sewage from Caldwells, and these include the amount of dye in the water, and the amount of chlorine that must be used to treat the water going into the river. Environment officials are concerned about the amount of chlorine being used and because of this, the company is switching to ozone for purification of their waste water.

Another problem area is the rate at which the sewage comes from Caldwells. The plant is not putting out a steady flow of sewage, but rather, sporadic bursts of water which can't be handled by the treatment plant. According to Councillor Frank Rooney, one of the main goals is to get a steady flow of water and he has been led to believe that Caldwells had originally been given 18 months to two years to correct their problems.

Caldwells have two different engineering firms looking at their situation trying to come up with a solution but according to Reeve Lloyd Davis nothing is happening. "We have had two or three meetings since this started and as yet they have nothing concrete to offer; All this has to tie together. Our finalization of our sewage system ties in with Caldwells.' With actual dates and deadlines up in the air, council has decided to invest most of the money until plans are finalized. Discussions with the village solicitor have led to plans to invest $400,000 immediately on a two year plan. "We are discussing to feasibility of putting $100,000 on a short term investment and keeping $71,000 as stand-by" said Reeve Davis. The decision on how to invest the money was based on the assumption that it would take two years to reach a solution.

Plans for development in the village are still up in the air because of the uncertainty of actual dates for upgrading the water and sewage system. The Caldwell settlement with the Ministry of the Environment could take at least another year. "Once the Caldwell problem has reached some solution it will be two years before our sewage treatment plant is actually built and in operation," says Jack Fetterly.

Councillor Jim Styles feels that the village can't afford to sit and wait. "It's up to Caldwells and the Environment people and ourselves to push towards this," he said. "I think this village is interested in development and I know the business people are interested because we have to have more people to keep up with increasing costs. If we stay still and don't increase our population, our costs are still going up and this means that the present taxpayer has to bear the load," said Mr. Styles. The possibility exists of opening up new areas for housing before the sewage treatment plant has been updated but there is little chance that more than a few lots could be made available. Harry Hustler stated that the Ministry of the Environment was concerned that the village not impose an additional load on the existing facilities. The Ministry is now fully satisfied that this is not going to happen and he feels that they would approve any modest new buildings, but he doubts that they would authorize a big block of land until the new treatment plant was under construction.

According to Councillor Frank Rooney, Don Irvine, the former MPP for this area, gave verbal assurance that as soon as something was being done to correct the water and sewer system, he able," he said, "with the assumption that Environment will go along with our thinking that repairs will be made as soon as possible."

felt sure that the Ministry of the Environment would give the village the go-ahead to put in new homes. Jack Fetterly, too, is confident that the settlement will make new housing sites available in the near future. "Possibly about 10 or 12 sites would be avail-



Reeve Lloyd Davis accepts cheque from Ken Candy, Chief Architect for Ontario Hydro.

The only problem with development of new building lots, aside from the sewage treatment situation, is that there is no serviced land available in the village. The most probable location for new lots is the land east of Island Park Drive at the eastern limits of the village. But that land belongs to Ontario Hydro and if it could be obtained, it would have to be serviced with water, sewers roads and streetlighting. This aspect of development would have to be carried out by either the provincial government or by a builder who was willing to put in a subdivision. Jim Styles asked the question that was in everyone's mind by inquiring of Mr. Lamble whether Hydro could release some land for development as soon as plans are formulated for the sewage treatment plant improvements. Mr. Lamble replied that the land was available and that he was sure that his group could negotiate some kind of agreement. Reeve Davis agreed, saying that this has been made clear from discussions he has had with Hydro. "This land can be made available if and when we feel that we can take care of it."

The possibility also exists of establishing a mobile home park within the village limits. The park would comply with the guidelines set out in the proposals for South Dundas, prepared by the Planning Board and, according to Reeve Davis, would be located on the Carman Road, just north of Fetterly's Garage.

Again, it is a project that is contingent upon some settlement being made between Caldwells and the Ministry of the Environment, and work started on the sewage treatment plant. The land would have to be cleared and serviced but it is in the books for the future. But as councillor Jack Fetterly says, it's a long range goal. "In my opinion", he said, "Right now our main concern is to get this sewer job underway, although if something came up requiring the park right away, I see no reason why it couldn't be tied in with Caldwell's sewer because that line has never given trouble."

He went on to point out that there are many other development plans that council has but that its life was only one more year. Municipal elections are due to be held in Iroquois next December.



The settlement with Ontario Hydro which was culminated last week was negotiated by these men. (left to right) Reeve L.C. Davis, Carleton McInnis, Village Solicitor, Harry Hustler, Consultant for the Village, Ken Candy, Chief Architect for Ontario Hydro and Norm Lamble, Property Division of Ontario Hydro.



Iroquois Village Council members were all present for last Thursday's official cheque presentation. Pictured above are Jim Styles, Helen Smith, Jack Fetterly, Reeve L.C. Davis, Frank Rooney, Ken Candy of Ontario Hydro and Village Clerk Fred Lloyd

Post Staff Photos

the EDITORIALS

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WE CAN'T AFFORD TO WAIT

After twenty years of dickering and haggling with Ontario Hydro, Iroquois has made what seems, to everyone concerned, to be a satisfactory settlement on the issue of the village's water and sewer system.

It was a hard fought battle and no one will probably ever know the time and energy expended by Reeve Lloyd Davis and former Reeve Ken Kirkby, and their respective councils, to wrestle the money from Ontario Hydro. It has been no secret for a good number of years that the village's sewer system, in particular, was not functioning up to standards. The situation had reached a point where the village could not develop in any way until improvements were made.

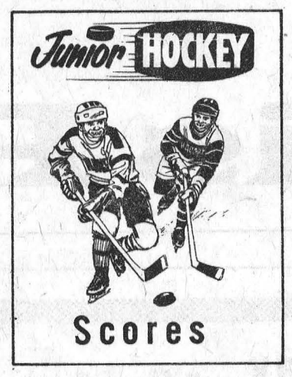
So, at last, the money has been presented to Council, and Hydro has washed their collective hands of our water and sewer system. Plans are already underway to upgrade the water supply system and to improve sewage pumping facilities. Council has earmarked every cent of the money for improvements to the system. Not a nickel will go toward such things as recreation, hockey, roads, and the thousand and one other things that crop up in the course of a year. That's their stand and, of course, it's the only one that any thinking person would support.

Iroquois has reached it's growth potential to date and nothing more can happen until the Ministry of the Environment is satisfied that our water and sewer system meets their standards. No new residential area could be opened up nor could any major industry locate here. The money with which to improve the waterworks for the future is Iroquois' ace in the hole.

The biggest problem now is not money, but rather, time. Council members tell us that no work can be done on the sewage treatment plant until Caldwells and the Ministry of the Environment decide on how best to solve the waste disposal problems of that industry. That, we're told, could take as long as 18 months. Construction of a new plant could then be another two years off. That puts us well into the year 1979 before any significant change is likely to be noted in the size of Iroquois or in its industrial development.

We don't want to see the village explode in uncontrolled growth, but on the other hand, we don't feel that it can sit still for another three or four years. There are too many things that the village needs which can only be provided with more families, more industry, and more tax dollars.

We commend our municipal government for going after Hydro and getting what was rightfully ours. But now that we have it, let's not sit on it. Pressure must be applied to Caldwells and the Ministry of the Environment to come to an agreement in their situation, and plans must be formulated to expand the sewage system and the village itself. As the old slogan goes: Why wait for Spring—Do it Now.



Scores

IROQUOIS OLD TIMERS

Sunday December 7
Iroquois 7, Prescott 2
Iroquois goals scored by:
B. Lapier 1
C. Warren 3
W. Patterson 1
J. Shaw 2

Sunday December 7
Iroquois 8, Burwick 6
Iroquois goals scored by:
T. Styles 2
B. Lapier 1
J. Brennan 2
G. Telford 1
D. Whittiker 1
D. McCurdy 1

FUTURE GAMES
December 11
Iroquois at Cardinal 9:30 p.m.
December 14
Iroquois at Cardinal 9 pm
December 16
Iroquois at St. Isidore 9:30 p.m.

GRENVILLE-DUNDAS TYKE LEAGUE

Saturday November 29 at Cardinal
Iroquois 4, Morrisburg 2
Iroquois goals scored by:
Michael Veltkamp 2
Assisted by Jim Aspin
Steven Prunner 1
Jimmy Aspin 1

UPPER ST. LAWRENCE ATOM

Monday December 1 at Spencerville
Iroquois 5, Spencerville 3
Iroquois goals scored by:
Darin Hall 1
Assisted by Bobby Kirker
Reggie Francis 1
Assisted by Darin Hall
Will Traynor 1
Assisted by Bobby Kirker, Andy Lee
Tony Picotte 1
Assisted by Frank Lee
Frank Lee 1

UPPER ST. LAWRENCE PEE-WEE

Tuesday December 2 at Cardinal
Brockville 2, Iroquois 1
Iroquois goals scored by:
Kevin McEwen 1
Assisted by T. Patterson and R. Shaw

UPPER ST. LAWRENCE ATOM

Tuesday December 2 at Cardinal
Prescott 3, Iroquois 1
Iroquois goals scored by:
Donny Nesbitt 1
Assisted by Frank Lee

UPPER ST. LAWRENCE BANTAM

Tuesday December 2 at Cardinal
Iroquois 6 Kemptville 0
Iroquois goals scored by:
Bruce Armstrong 3
Michael Moran 1
Martin Hamilton 1
Kim Adams 1
Kent Smith got the shut out.

UPPER CANADA ATOM

Wednesday December 3 at Morrisburg
Iroquois 5, Morrisburg 3
Iroquois goals scored by:
R. Hutt 4
Assisted by D. Smith, Prunner
W. Prunner 1
Assisted by D. Smith, Hutt

UPPER ST. LAWRENCE BANTAM

Wednesday December 3 at Morrisburg
Morrisburg 5, Iroquois 4
Iroquois goals scored by:
Bruce Armstrong 2
Martin Hamilton 1
Kent Holder 1
1st loss of the season.

UPPER CANADA PEE WEE "B"

Thursday December 4 at Cardinal
Iroquois 6, Osnabrook 1
Iroquois goals scored by:
Robert Jackson 1
Assisted by Steven Kirker
Steven Kirker 3
Assisted by Gary Locke
Tommy Waddell 1
Assisted by Michael Tryon
David Ace 1

Saturday December 6 at Morrisburg
Chesterville B 2, Iroquois 0

UPPER CANADA ATOM

Saturday December 6 at Cardinal
Morrisburg 3, Iroquois 2
Iroquois goals scored by:
R. Hutt 1
Assisted by Prunner
B. Byers 1
Assisted by Prunner

Saturday December 6 at Chesterville
Chesterville 5, Iroquois 2
Iroquois goals scored by:
R. Hutt 1
Assisted by Byers, Prunner
B. Byers 1
Assisted by G. Dixon

GRENVILLE-DUNDAS TYKE LEAGUE

Saturday December 6 at Cardinal
Iroquois 5, Spencerville 0
Michael Veltkamp 2
Assisted by Steven Prunner, Chris McDermid
Shawn Best 1
Assisted by Steven Picotte
Tim Cassidy 1
Assisted by Shawn Best
Jimmy Aspin 1

This was our first league game and the boys came up with a real fine effort. Jeff Whittaker recorded the shutout.

EXHIBITION PEE WEE 'A'

Sunday December 7 at Cardinal
Iroquois 4, Brasher Falls 2
Iroquois goals scored by:
Scott Brennan 2
Assisted by J. Thompson, D. Ace
Mark Nesbitt 1
Assisted by S. Brennan
Tim Patterson 1
Assisted by K. Palmer

UPPER ST. LAWRENCE ATOM

Sunday December 7 at Cardinal
Iroquois 8, Athens 2
Iroquois goals scored by:
Frank Lee 3
Assisted by Allan Burgess, Unassisted (2)
Reggie Francis 1
Assisted by Bobby Kirker
Allan Burgess 2
Assisted by Frank Lee
Bobby Kirker 1
Assisted by Reggie Francis
Will Traynor 1
Assisted by Bobby Byers

FUTURE GAMES
December 13
Tournament at Spencerville
December 14
Spencerville at Iroquois
December 15
Iroquois at Cardinal
December 16
Long Sault at Iroquois

UPPER ST. LAWRENCE BANTAM

Sunday December 7 at Prescott
Prescott 3, Iroquois 2
Iroquois goals scored by:
Kim Adams 1
Game under protest

GRENVILLE-DUNDAS TYKE LEAGUE

TEAM STANDINGS

Iroquois	2
Prescott	2
Spencerville	0
Morrisburg	0

FUTURE GAMES
Friday December 12
Prescott vs Iroquois at Cardinal 6:30 p.m.

UPPER ST. LAWRENCE PEE-WEE

Thursday December 11
Edwardsburg vs Iroquois at Cardinal 5:30 p.m.
December 14
Prescott vs Iroquois at Cardinal 6:00 p.m.
December 16
Williamstown vs Iroquois at Cardinal 7:30 p.m

OTTAWA DISTRICT JUNIOR "B" HOCKEY LEAGUE

WEEKEND SCORES
December 3
Prescott 5, Winchester 3
December 5
Morrisburg 6, Winchester 3
Alexandria 10, Metcalfe 7
Prescott 7 Long Sault 6
December 6
Cardinal 8, Alexandria 3
December 7
Metcalfe 8, Cardinal 7
Prescott 6, Alexandria 6
Morrisburg 7, Winchester 3

UP TO DATE STANDINGS

	W	L	T	PTS
Morrisburg	11	1	0	22
Cardinal	9	3	1	19
Long Sault	6	6	0	12
Winchester	5	7	1	11
Alexandria	4	8	1	9
Prescott	3	6	2	8
Metcalfe	2	9	1	5

TOP 12 DIVISION SCORERS AS OF DEC. 7

	G	A	PTS
Bill Mullens-C	18	19	37
Don Adams-C	16	21	37
Kevin Duvall-MO	8	17	25
Chuck Lawlor-MO	14	10	24
Armand Roy-C	9	15	24
Bob McNairn-MO	12	10	22
Bruce Trewartha-C.	10	12	22
Doug McNairn-MO	9	12	22
Sam Moss-LS	7	14	21
Tom Kirkwood-W	8	12	20
Rick Pilon-C	8	11	19
Brian Snyder-LS	8	11	19
Doug McNairn-MO	9	12	21

FUTURE GAMES
December 12
Prescott at Long Sault 8:00 p.m.
Morrisburg at Metcalfe 8:15 p.m.
Alexandria at Winchester 8:30 p.m.
December 13
Morrisburg at Cardinal 7:30 p.m.
December 14
Long Sault at Morrisburg 2:00 p.m.
Winchester vs Alexandria at Maxville 2:30 p.m.
Cardinal at Prescott 7:30 p.m.
December 15
Long Sault vs Alexandria at Maxville 8:30 p.m.

UPPER ST. LAWRENCE BANTAM

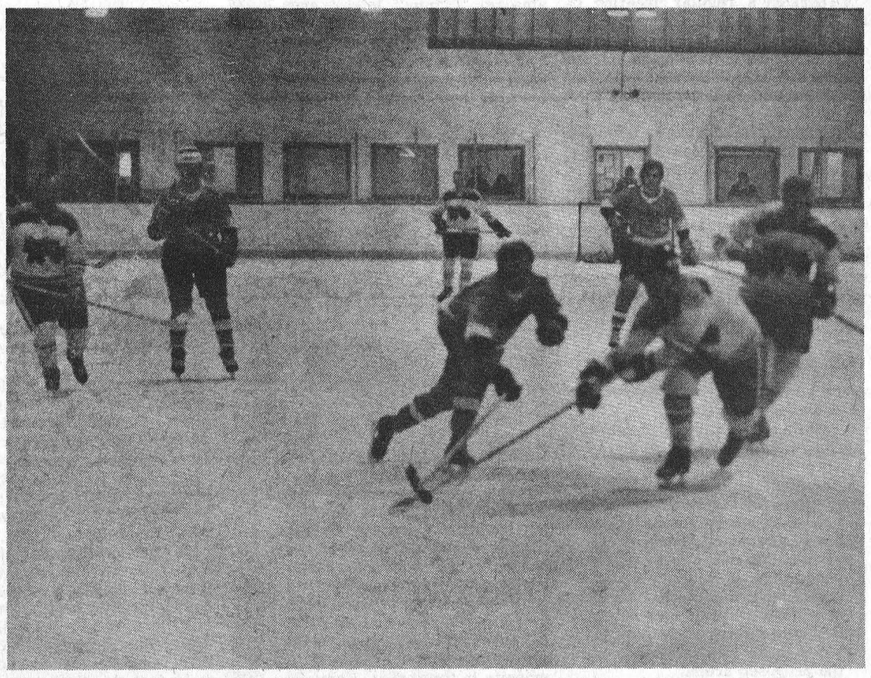
December 3
Morrisburg 5, Iroquois 4
Goals scored by:
Jim Whelan 4
Jim Jarvis 1

FUTURE GAMES
December 13
In Chesterville
December 17
In Morrisburg 6:00 p.m.



The Iroquois Old Timers can still prove that they have what it takes, as evidenced by last Sunday night's win over Berwick by a score of 8-6. In these pictures, the offence makes a couple of strong attempts to break through the Berwick line to score a decisive victory.

Post Staff Photos



Hawks Defeat Puts Lions in First Position

Morrisburg Lions had a successful weekend defeating Winchester Hawks 6-3 and 7-3 to take a 3 point lead over Cardinal Broncos. Friday night the Hawks led 2-o after the first period, but the score was 2-2 after the second, with the Lions coming on strong in the 3rd period.

Hugh Gillard led the attack with a pair of goals, both on power plays. Singles by Bob McNairn, David Cassell, Ernie & Kevin Duvall. Lawlor assisted on 3 of the goals. Shane Jordan, Keith McRoberts & Mike Armstrong tallied for the Hawks.

Hawks received 13 minors and a 10 minute misconduct, while the Lions were assessed 12 minors and a 10 minute misconduct.

Sunday the Lions led the Hawks 3-1 after the first period, and 5-1 after 40 minutes of play. Chuck Lawlor led the way with a hat trick. Kevin Duvall added a pair, with singles going to Tim Cassell & Paul Doney. Randy Drew, Lloyd Fawcett & Keith McRoberts tallied for the Hawks.

The referees were kept busy, with the Hawks receiving 16 minors, 2 majors and 2 game misconducts. Lions received 15 minors, 2 majors and 2 game misconducts.

Jodi Robson won $73.00 at the half and half draw, ticket no. 633861.

By the time this is read the Lions will have met Cardinal in Morrisburg, a prelude to their game in Cardinal on Saturday night. Lions will host Long Sault on Sunday.

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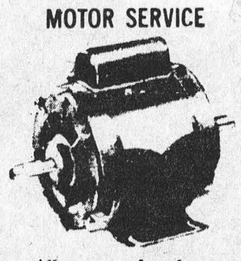

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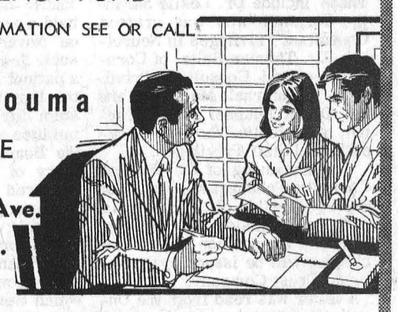

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School Committee Settles Bus Issue

A location for loading and discharging Seaway High students in Morrisburg has been found through the efforts of the school committee. At last week's meeting, Chairman Les Cruickshank reported that arrangements had been made to use two locations - the old high school and the Fina station in the west end of the village.

Other business at the meeting included a discussion of Oper House. There were mixed comments, most of which were favourable, and several recommendations for future such events were made. These included a time limit on visits by parents, availability of seating and refreshments, and introduction of par-to teachers by students.

Mr. Hart reported that it was his opinion that the sign refusing admittance to students to the Iroquois Coffee Shop had been removed.

Noon hour activities were discussed and several plans are being formulated, but any community help or suggestions would be appreciated.

A report on Camco, operators of the school cafeteria, was submitted by Messrs. Keyes and Gruich and has been passed along to all school committees in S. D. & G. with a request for comments.

A survey of cafeteria services will be made of staff, students, and parents and a representative of Camco will be invited to the next meeting to be held on January 20, 1976.

It was noted that at the February meeting, Mr. Labelle will present a short "hands-on" metric workshop for the benefit of the school committee.

Father O'Connor attended the meeting as a guest and commented upon the conduct of a small minority of students at Seaway.

A discussion followed that touched on the areas of responsibility of students and parents. Father O'Connor volunteered to assist in any way possible.



TODAY'S CHILD

BY HELEN ALLEN

THE TORONTO SUN SYNDICATE

Joey is 12, tall and slim with dark eyes, light-brown hair and medium complexion. He is in excellent health but much below average mentally so he needs guidance and supervision. He is attending a special school and is in a group home operated by a young professional couple with a particular interest in below-average children. Joe is making great progress there.

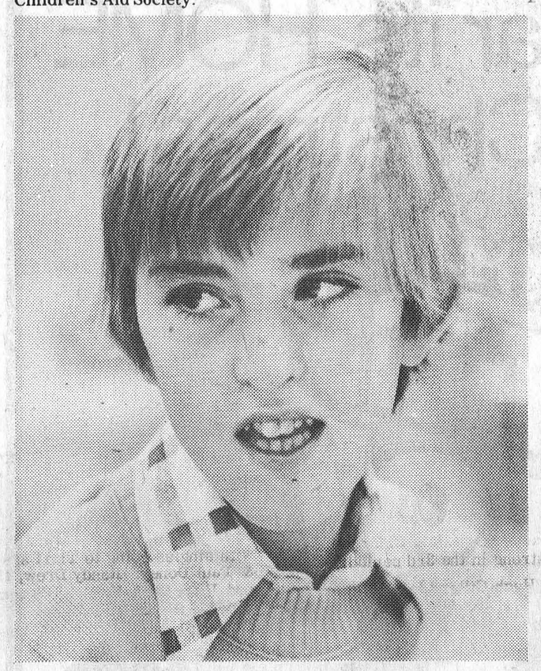
Joe loves to be given responsibility. He is proud to be trusted with chores and conscientious about carrying them out. As an adult he should be employable in a sheltered, supervised setting.

Joey likes other children and gets on well with them. He enjoys family-type activities — camping, swimming and skating.

Gentle, sensitive Joey needs a quiet, loving family where he will feel secure and where the parents, while realizing his limitations, will help him develop as much as he is able.

To inquire about adopting Joe, please write to Today's Child, Ministry of Community and Social Services, Box 888, Station K, Toronto M4P 2H2. In your letter tell something of your present family and your way of life.

For general adoption information, contact your local Children's Aid Society.



HE NEEDS SECURITY

3 Doctors Join Staff at W.D.M.H.

cont'd. from pg. 1

nistry of Health for this project is $71,097.67; two progress payments totalling $42,658.60 have been received to date leaving a balance of $28,439.07 to be paid.

The installation of vending machines was shelved for the time being. It was noted that the average length of stay to October 31 stands at 8.4 days, which is the same as the provincial average and 4 days lower than the national average.

A sketch was received from Mr. MacDonald was, for many years, the Chairman of the Board and of the hospital's Building Committee and the sketch will be framed and placed in the Board Room.

The Annual Staff Christmas Dinner & Dance will be held at the Winchester Community Centre Hall on Friday December 12.

The statistical report for the period ending October 31, 1975 still shows increases in the workloads for the laboratory, the X-ray department and the Emergency-Outpatient service. A preliminary discussion took place with reference to proposed internal relocations and renovations, which may well result in additional work areas for these three heavily taxed areas. The Administrator is to review this preliminary proposal with the Medical Staff, the Department Heads and Ministry of Health Officials and submit a more detailed report to the Board at its December 23, 1975 meeting.

TV RADIO NEWS

BY Ross Mutton

For those of you who have been wondering where Beacon Hill has gone, you can stop looking. The show has been cancelled and probably died one of the earliest deaths in American television. (except for the famous Don Rickles Show on ABC that was cancelled after one week). The expensive CBS production that ran in the 10 p.m. Tuesday night time slot (on Ch. 7 locally) has not been aired since Nov. 4. Through the rest of the month of November it was replaced by a series of specials.

Switch now has Beacon Hill's old time slot and through a rather complicated juggling of the Friday and Tuesday night schedules, specials continue to fill in the vacant time periods. CBS will also be dropping Big Eddie, Kate McShane and Three for the Road. Thus, January will once again bring its share of mid season debuts.

CBS must be wondering why Beacon Hill failed so miserably in the rating game. (It was running around 55th). The network invested a good deal of money into production costs and cast to produce one of the most impressive shows on commercial television in years. Unfortunately, I only had an opportunity to see the first couple of episodes. What I did see impressed me, and I had hoped that perhaps it would be the beginning of some quality drama from American commercial television. However, the masses preferred either Joe Forrester (cop) or Marcus Welby (doc) and we can thus wave farewell to Beacon Hill. Interestingly enough, Upstairs Downstairs, on which Beacon Hill was patterned, continues to be very popular on PBS and has also become a success on CBC. It thus appears that high quality dramatic series will continue to come from Britain and will be carried either by CBC in Canada or PBS in the U.S.

Last Saturday night, TV Ontario took steps to leave little doubt that their "Saturday Night at the Movies" is of an educational nature. They devoted six hours to discussion of violence in film. In addition to two feature films, they ran a couple of shorts that included violence, had filmed interviews with Hollywood directors, and discussed the subject with a panel in the studio. The program ran live so that viewers could knowledgeable panel in the studio. The program ran live so that viewers could phone in and participate in the discussion and ask questions of the panel. It all made for an interesting evening if you managed to stay up til 2 a.m.

This coming Saturday they will devote the evening to the theme "How movies are sold".

A couple of weeks ago I dutifully informed you that MASH would be moving to Tuesday nights. It now appears I was somewhat mislead. CBS (Ch. 7) has moved it to Tuesday nights at 9 p.m. but CBC (Ch. 4) continues to carry the successful comedy series Fridays at 8:30.

WHAT'S COMING

For those of you who missed The Strauss Family when CBC ran it a couple of summers ago, Ch. 18 starts the seven part series Wednesday night at 8 p.m. It is an excellent dramatic series that profiles the Strauss family, the Viennese social scene and offers a good selection of the Strauss's music.

On Thursday night at 7 p.m., Dean Martin has a Christmas special on Ch. 13. Guests include Dionne Warwick and Georgia Engel.

At 9 p.m., Channel 7 offers the movie, "Holiday Inn", the 1942 musical, most famous for the Irving Berlin song, "White Christmas". It's an excellent musical starring Bing Crosby and Fred Astaire.

At 9:30 Maclear reports on air traffic controllers in the first of two shows on air safety. That's on Ch. 13.

On Friday night, Ch. 7 has an all Christmas lineup starting with "How the Grinch Stole Christmas" at 8 p.m. "Frosty the Snowman" at 8:30 and "The Homecoming", which spawned The Waltons at 9.

Wayne and Shuster have a special at 9 p.m. on Ch. 4. Their main sketch, "The Chippendales", is a spoof of Upstairs Downstairs.

"The Apartment", the excellent 1960 comedy that won five Oscars, is on Ch. 7 at 11:30. It stars Jack Lemmon and Shirley MacLaine.

At midnight, Ch. 13 offers "The Amorous Adventures of Moll Flanders", a comical farce on 18th century England. It stars Kim Novak and Richard Johnson.

And at 12:20, Ch. 4 presents "The Private Life of Henry VIII". Charles Laughton won an oscar for best actor in this 1933 film.

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V8 engine, automatic transmission, radio, new Turquoise paint, safety checked and ready to go. A locally owned vehicle - low mileage. Stock #8459A. Lic. D70847.
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V8 engine, automatic transmission. Step bumper. Radio. Dark Green with matching interior. Excellent value. Act fast on this one. Stock #8493A. Lic. D70115.
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6 cylinder, standard transmission, Silver with matching interior. Only 21,000 miles, an exceptional unit. Still unchecked - will sell "As Is" - don't have time to get it in. Stock #8562A. Li,. D69324.
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A fully reconditioned vehicle. Engine is now being completely overhauled. Automatic transmission. AM 8-track Stereo - partially converted. Come and see it. Stock #5664B. Lic. EJJ541.
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Autumn Gold, V8 engine, standard transmission, heavy duty construction tires, new paint and fully safety checked. Combine appearance and workhorse capacity. Stock #5684A. Lic. D81806.
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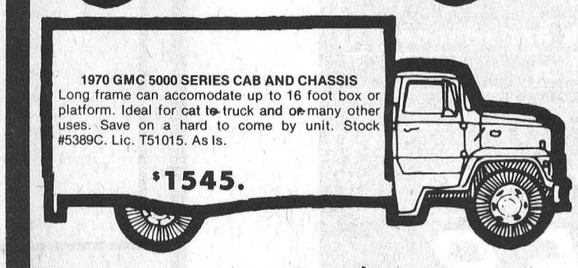

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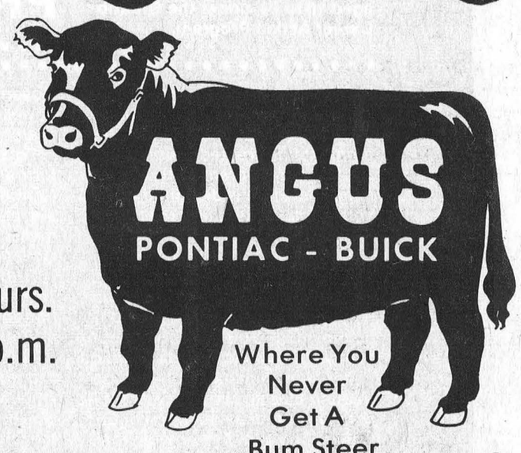

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Shrink vest turtle, crew V-neck cardigans, by Terry Williams and Shelby.
$8.-$45.



On The Mall, Morrisburg 543-2320
STORE HOURS: From December 15th, open 9:30 a.m. until 9 p.m. nightly.
Saturdays open until 5:30 p.m.

The Iroquois Lions Club was among those represented at Glen-Stor-Dun Lodge last Sunday when Hal Wagner (left) Chairman of Zone 30 East, and a member of the Morrisburg Lions Club, presented a cheque to Gordon McGregor, Administrator of the Lodge. The cheque was used to purchase a new therapeutic whirlpool bath for the senior citizens home. Lions Clubs from Iroquois, Morrisburg, Winchester, Chesterville, Alexandria, Finch and Maxville were represented at Sunday's cheque presentation and joined in a Christmas sing-along. photo by JP



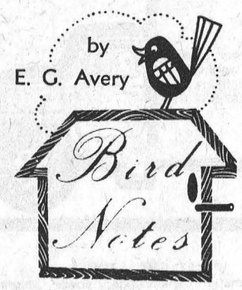
Health department to set ground meat standard

Health and Welfare Minister Marc Lalonde has announced proposed mandatory microbial standards for ground meat which, when enacted, will provide assurance to Canadians that the ground meat they buy is safe from harmful microbial contamination.

When the standards are enacted into regulations, Canada will become one of the first countries to have mandatory national standards for microbiological quality of ground meat, Mr. Lalonde said.

The Health and Welfare Minister stressed the fact that the levels suggested for ground beef have deliberately been set to give a considerable margin of safety, recognizing the technical impossibility of providing ground beef or other uncooked food completely free of bacteria.

The proposed standards are based on the evaluation by Health Protection Branch staff of results of a survey initiated last year to examine the microbiological content of ground beef on the Canadian market.



A brisk business is going on at the feeders these chilly days. The most regular patrons are, of course, the Bluejays and the Chickadees; Mutt and Jeff, as it were!

A few Tree Sparrows have been coming, and it is interesting to watch them as they scratch the ground looking for the small seeds they prefer. A lone Cowbird showed up one day, looking rather unhappy in the windy, cold weather.

Grosbeaks are increasing in numbers; one wonders why they were named Evening Grosbeaks, because they seem to appear in the early part of the day, and have always departed by mid-afternoon. The Chickadees come by for their "bed-time snack" about 4 p.m. every day, and stay for about half an hour, to fill up on sunflower seeds. They are the last birds to be seen as the sun slowly sinks in the west!

Snowy Owls have been reported at several places in the Ottawa Valley, so perhaps they will find their way to our "neck of the woods" before long. Snowies are beautiful, and white, as their name implies. They breed in the Arctic, and seem to be coming farther south in winter arriving earlier in the season each year. They are easily seen because of their preference for day-time hunting, and their indifference to the presence of humans; it is sometimes possible for a birder to approach a Snowy Owl and get close enough for a really good look.

Redpools are coming down early too, and are now appearing in the Ottawa area. They are friendly little birds, not much bigger than Chickadees. Watch for the small crimson cap, black chin-spot and streaked breast. The male has a splash of raspberry juice on his shirt front!

A young neighbour who put up a new feeder recently had to wait nearly a week for results, but now the Chickadees and Grosbeaks are beating a path to his door.

Work experience for that first job

Ontario CAREER Action Program

Available to unemployed persons, aged 16 to 24, under the Ontario Career Action Program.

More than half of the unemployed in the Province are young people. Because of this, the Ontario Government has created a work-experience program, with a living allowance, that is designed to help young job seekers find gainful employment.

To be eligible, you must be at least 16 years old, but less than 25 years of age, and you must be unemployed, but actively seeking employment. You must not now be receiving full-time formal education.

Assistance includes on-the-job training plus an allowance of $100 per week up to a maximum of 52 weeks. The aim is to provide the guidance and experience necessary for employment in private business or industry. The Ontario Government and Canada Manpower will assist trainees in their search for employment.

To apply, fill out an application form at your local Canada Manpower Centre. Final selection of applicants and allocation of training assignments will be made by the Government of Ontario.

The first program begins January, 1976. Apply soon. Further information about the program is available at your Canada Manpower Centre.

The Ontario Career Action Program is administered by the Ontario Ministry of Colleges and Universities in cooperation with the Ontario Youth Secretariat.

Ontario

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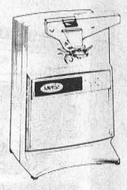

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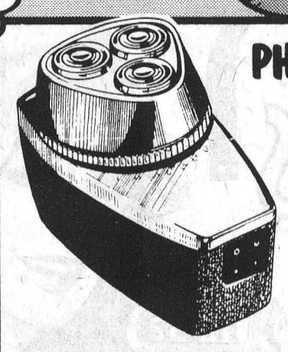

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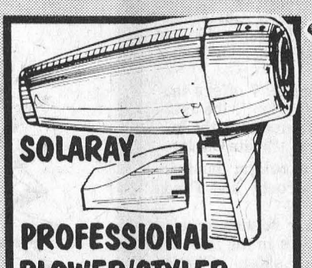

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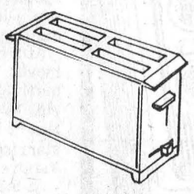

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• 2 speeds • 650 watts of power • Has 5 separate attachments so you can style your hair any way you want.
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"You've got to believe in HOME!"
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Quitting smoking? Get the facts

Smokers who intend to kick the habit should obtain as much available information as possible before giving it a try, advises Health and Welfare Canada, the federal government department that has been urging people to quit the habit.

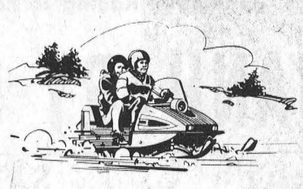
According to the department, it's easier to quit if you have all the facts and "pros" and "cons". There are, it argues, very few pros and very many cons.

Countless studies have led to the conclusion that cigarette smoking is not only harmful to the health, but contributes to many deaths as well. Smokers run a greater risk of lung cancer, chronic bronchitis and emphysema as well as premature heart attacks.

Two recent publications that provide hints and information on smoking hazards and how to stop smoking are available from the department. One is a Smoking Self Testing Kit, the other is called "So - I'm Living Dangerously". Simply write to O.D. Lewis, Smoking and Health, Health and Welfare Canada, The Journal Building, Ottawa, Ontario. K1A 1B5, requesting either one or both.

GIFT HEADQUARTERS

For the Snowmobiler on Your Christmas List



Snowmobile suits from $15.00 and up
Complete line of boots, gloves, mitts, pants, jackets, sweaters and helmets.

Snowmobilers — outfit yourself at pre-Christmas sale prices

Bring in your snowmobile for a tune-up.
We work on all brands
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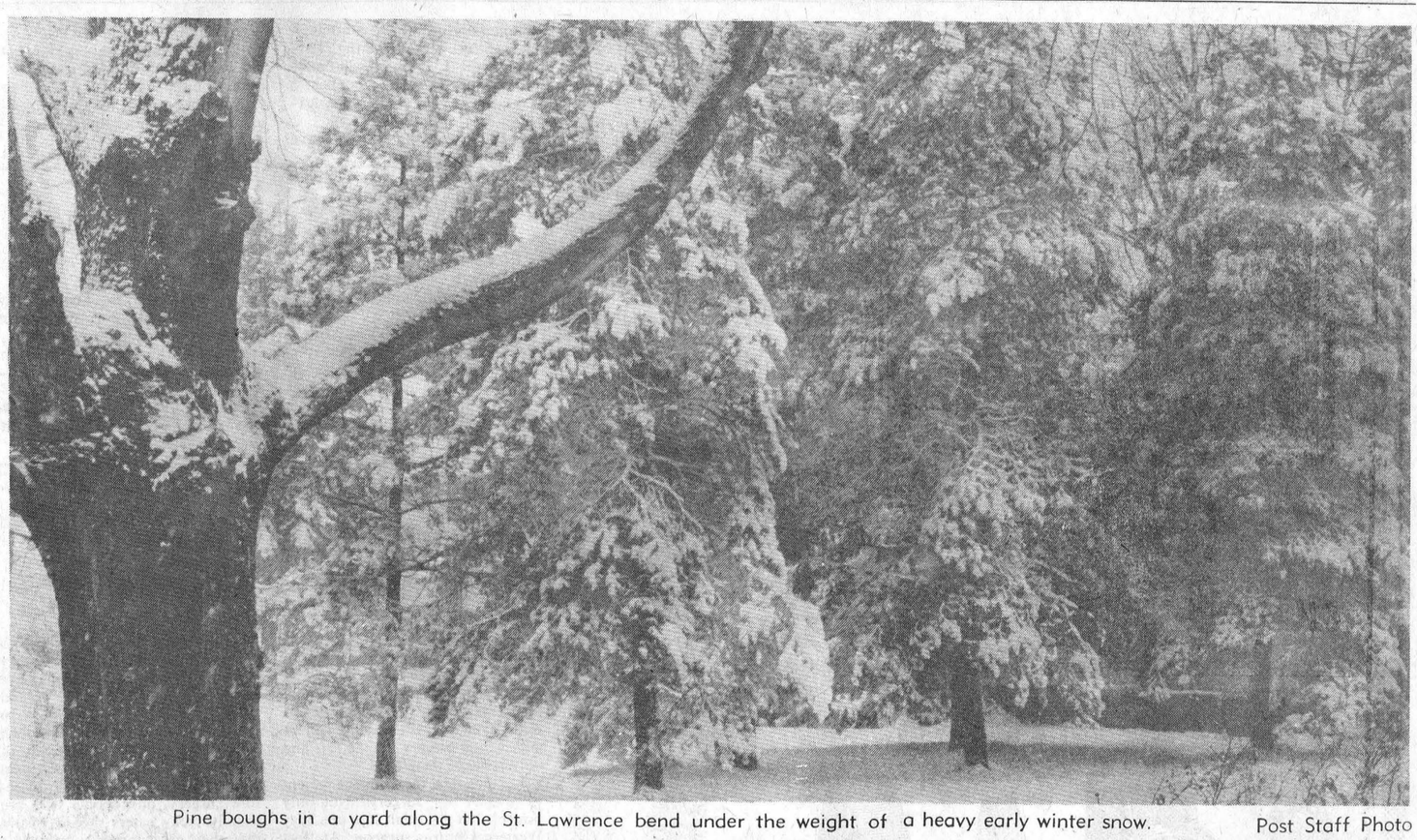
In Memoriam

MERKLEY - In sad and loving memory of my dear mother, Mrs. Ellen Merkley who passed away December 12, 1929.
No one knows how much I miss you
No one knows the bitter pain
Ihave suffered since I lost you
Life has never been the same
There is not a day dear mother
I do not think of you.
Sadly missed and always remembered by daughter Mrs. Bessie Salmon. 25-1c



Pine boughs in a yard along the St. Lawrence bend under the weight of a heavy early winter snow. Post Staff Photo

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OUR Christmas Gift TO YOU

December 19th & 20th ONLY



$10 GIFT CERTIFICATE
with the purchase of any Gown or Pant Suit up to $50

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FRIDAY & SATURDAY 9-9
SUNDAY 1-6
CRAFT HOUSE
IROQUOIS PLAZA

DISPLAY OF ANTIQUES
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EXHIBITION & SALE OF OIL PAINTINGS by John McDiarmid
BOOK DISPLAY including one over 250 yrs. old

Santa's Favorite Gifts are at your SANYO Dealer NOW





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26" Solid State Colour Televisions
Sanyo has surrounded a giant 26" screen with a richly appointed Spanish-style console cabinet of oak. The set features pushbutton tuning for all the elements of good colour, plus 3 independent pushbuttons for colour, tint, fine tuning and brightness/contrast. 100% Solid State circuitry with the latest IC's and quality transistors. Improved sound through two 6.5" dynamic speakers, automatic degaussing, fine tuning for UHF and VHF channels, as well as rotary controls for colour and tint.

62CC20/21R
26" Solid State Colour Televisions
Sanyo offers better performance, increased reliability and longer life with 100 Solid State circuitry. This handsome set is equipped with pushbutton automatic tuning for colour, tint, fine tuning and brightness, contrast plus two full width 5" dynamic speakers and fine tuning for all UHF and VHF channels. Tone control is included as well as rotary controls for colour and tint. Automatic degaussing feature is built-in. This Mediterranean-style console cabinet is oak finished with easy rolling casters.

SANYO
26" console models start as low as $699.99

Component stereos start as low as $194.95



DXT 5211 Stereo Music System
Great stereo sound. 40 watt AM/FM stereo receiver. 4-speed automatic record changer with cueing and tracking force adjustment. Built-in 8-track stereo tape deck with automatic/manual channel selection. Two way high fidelity speaker systems. Built-in matrix circuitry, inputs for adding a pair of rear channel speakers for 4-channel stereo from any 2-channel source. 2/4-channel selector switch. Slide volume/tone controls. Stereo headphone jack. 2 only SA 6210 speakers.

Speakers not as illustrated

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Farm Business Management Course

The Ontario Ministry of Agriculture and Food has completed arrangements for three Management of the Farm Business Courses to be held in the area early in 1976. These courses are offered as an opportunity for qualifying farmers to up grade their skills in managing their farm business in line with modern production practices.

A seven week course in French will be held at Plantagenet for 46 applicants, and two five week courses for a total of 45 persons will be in English at Avonmore and Kemptville. All courses will commence on Monday, January 12th. They are daytime courses for five days a week.

Since these courses are designed to up date skills, participants are eligible for standard retraining allowances from Canada Manpower and Immigration. All will be under direction of area farmers with previous experience in co-ordinating similar kinds of courses.

While there are no restrictions on age, perference will be given to younger farmers who have had at least three years farming experience and who have a commitment to full-time farming. Persons or their spouses who have participated in such courses in the past five years are not eligible.

Interested persons may secure further details and application forms from their local Agricultural Representative's office. Deadline for the Plantagenet Course is November 17th, for the Kemptville and Avonmore locations, November 28th.

"New Faces" Features Dancers

The Seaway Dancers will be performing on CJOH TV's "New Faces" program on New Year's Eve when the camera turns towards Morrisburg for amateur talent. In a program taped last Sunday in the Ottawa studios of CJOH, the girls performed two dances, accompanied by piper Ed. Bush of Cardinal. The Seaway Dancers is a group comprised of girls from Morrisburg, Iroquois, and area who perform Scottish Highland Dances under the direction of Gayle Robertson of Morrisburg. The program will be shown on Dec. 31st at 8 p.m., on channel 13.

TODAY'S HEALTH

Having an operation? Get ready in advance

by David Woods

The surgeon dons his gown and mask, and walks into the hospital operating room several times a week; typically, his patients will be undergoing surgery for the first and only time in their lives.

Is it possible, then, for the patient to *prepare* for surgery? Not only possible but essential, says one busy Western Ontario surgeon. At least when the operation is an elective as opposed to an emergency one.

The first element of preparation is knowledge. The patient is fully entitled to know what the surgery is for. And there is an obligation on the part of the surgeon to advise the patient about the operative procedure, possible complications, expectations of success and some of the technical details without being asked for them.

There are three basic reasons for surgery: repairing, removing or exploring. In technical terms, any operative procedure that's an -ectomy (like appendectomy) means something will be excised or removed; an -ostomy involves forming an opening, and an -otomy is an incision.

In any event, the objective of surgery is to restore or improve your health. The pre-operative patient in possession of all the facts is likely to go into surgery in a more relaxed frame of mind.

But as well as being mentally primed for the operation, the patient should also be in reasonable physical shape.

It may sound odd to ask, in effect — are you well enough to be a patient? But the same surgeon advises those with weeks or months to wait for elective surgery to try to stop smoking. The reason, he says, is that coughing can complicate the actual procedure because there's more mucus in the tubes; afterwards, coughing may hurt the healing incision which, for a couple of weeks anyway, is held together only by the stitches.

Overweight patients can also make the surgeon's task more difficult, so it's advisable to try to get down to the correct weight before surgery. Obese surgical patients also run a higher risk of complications.

Sometimes, if they are able to respond, pre-operative patients may be asked to do exercise to improve circulation and breathing — and to cough to clear the airways to the lungs. Debilitated persons such as the elderly or the chronically ill will frequently be given additional protein to get their strength up before surgery, and people who are usually picky eaters should ensure that they get vitamin supplements for the same reason.

In all of this, don't be afraid to ask your family doctor, or the physician attending you in hospital, for information. Your family doctor is trained to provide continuing care, and will choose a surgeon who is best for you and the procedure involved. Knowledge and preparation and communication will put you on the operating team — to the advantage of everyone concerned.

4-H News Grenville County

Miss Wendy Schutten received County Honours at the 4-H Homemaking Achievement Day. Thirteen girls completed the project "Clothes for Leisure" and received their silver spoons at Spencerville on November 22.

Their leaders for the project were Mrs. George York, Mrs. Peter Webb, and Mrs. Cecil Bennett.

The "Lazy Daisies" as they called themselves are looking forward to entertaining their mothers and friends on December 12 in the Shanly United Church Sunday School Hall. They expect to present their demonstration selecting materials and patterns for Leisure, also their exhibit "Trim with Imagination", do some modelling and serve some "goodies" they learned to make in the project "Lets Make Bread"

WINCHESTER THEATRE

Thursday, Friday, Saturday
December 11-12-13

"NASHVILLE"

ADULT — The greatest Nashville musical ever made with a cast of thousands.

Monday, Tuesday, Wednesday
December 15-16-17

"EMMANUELLE"

Sylvia Kristel - Alain Cluny

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Featuring 1st Leg of Labatt's Triple Crown of Snomobile Racing in Eastern Ontario

JANUARY 9-10-11

FRIDAY NIGHT
CHILDREN'S SKATING RACES 7:00 p.m.
SENIOR CITIZEN DANCE 8:00 p.m.
SENIOR BROOMBALL 9 p.m.
CROWNING OF CARNIVAL QUEEN At Dance—11 p.m.

SATURDAY
JUNIOR BROOMBALL 12:00 p.m.
CHILDREN OBSTACLE SNOWMOBILE COURSE 2:30 p.m.
SENIOR BROOMBALL 3:30 p.m.

SUNDAY SNOWMOBILE RACES
1st Leg of Labatt's Triple Crown
Registration starts at 10 a.m.
Closes 12:30 Sharp

SATURDAY NIGHT
Open Dance
featuring George Barkley's Orchestra

CARNIVAL QUEEN REGISTRATION
Contact Bob Bennett 652-4676

If you saw a child starving to death, would you just stand and watch?

Well, that's what you're doing.

Because of the worst drought in centuries, every day millions of Africans come a little bit closer to starving to death. Please don't just stand by and watch. Send a donation to support UNICEF's emergency relief distribution of thousands of tons of food and medicine in the stricken areas of West Africa and Ethiopia. And please be generous. We don't know how long the drought will last. Or how long the children will.

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DRESSES — Leo Danal, Best Value $25.00 - $50.00
LONG DRESSES & SKIRTS — Dress-Town, Style Queen $20.00 up
PANT SUITS — Leo Danal, Yonkers, Jordi-Lyn $25.00 - $60.00

Sleep Wear
PYJAMAS $6.95 up
NIGHTIES & SETS — Kayser-Roth Model Ann Gorden $6.00 up to $30.00
DRESSING GOWNS $18.00 up

SWEATERS — Shrinks, Vests, Turtlenecks and Cardigans By Carlyle $8.00 up
SLACKS — Tiuani, Wyndham $15.00 up
PANT TOPS — Yorkers, Lady Gold, Starland $8.95 up
JACKETS — Lady-U-Tex & Croydon $25.00 up
BLOUSES — Brailer Bros. Wyndham $9.00 up

Stocking Stuffers
SCARVES — wool and silk $1.00 to $5.00
TOQUES $2.00 to $5.00
GLOVES — leather and wool $1.50 - $15.95
MITTS — leather and wool $1.50 - $4.95
PURSES $12.00 - $20.00
PANTY HOSE — & Plain Hose 99c - $6.00
SLIPS $5.00 - $10.00

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Lay-away Now for Christmas

SUNDAY IN THE CHURCHES

CHRISTIAN REFORMED CHURCH
WILLIAMSBURG, ONT.
9:30 a.m. 2:30 p.m.

MASSES
St. Mary's, Morrisburg
Rev. F.M. O'Connor, Parish Priest
Saturday . . . . . 7:30 p.m.
Sunday . . . . . 11:00 a.m.
Confessions . . Wed. 8-9 p.m.

St. Cecilia's Iroquois
Sunday . . . . . 9:30 a.m.
Confessions . . Wed., 7-7:45 p.m.

Anglican Church of Canada
Parish of Iroquois and Morrisburg
Rev. Francis N. Gooch, B.A.
Telephone 543-2867

3rd SUNDAY IN ADVENT
DECEMBER 14th

ST. JOHN'S, IROQUOIS -
11:00 a.m. HOLY EUCHARIST and SERMON
Instruction Classes meet at time of the service

ST. JAMES', MORRISBURG -
8:00 a.m. HOLY EUCHARIST
11:00 a.m. MORNING PRAYER

VISITORS ALWAYS WELCOME

UNITED CHURCH OF CANADA
Matilda Pastoral Charge
Rev. L.D. Joyce, M.A., Ph.D., Th.D
9:45 a.m. Brinston
11:00 a.m. Hainsville
8:00 p.m. Hulbert

THE PRESBYTERIAN CHURCH IN CANADA
KNOX CHURCH, IROQUOIS
The Rev. L. J. Cowper, B.Th.
Interim Moderator
Mrs. M. Casselman, Organist
MINISTRY OF WORSHIP, EDUCATION AND OUTREACH
Midweek Youth-Adult Program
SUNDAY
Church School ..... 9:45 a.m.
(Kindergarten thro. Grade 12)
Worship Service ..... 11 a.m.
(Adult Nursery Supervision for Children 4 years and under)

VISITORS AND NEW CHURCH FAMILIES WELCOME!

ST. ANDREW'S CHURCH
South Mountain
Mrs. Arnold Shaver, Organist
SUNDAY
9:30 a.m. ..... Service of Worship
(Adult Bible Class Following)

YOU ARE MOST WELCOME!

THE PENTECOSTAL ASSEMBLIES OF CANADA
Dundas Street, Cardinal
Rev. Lorne Trimble, Pastor
Sunday - 9:45 a.m. — Christian Education Hour
11:00 a.m. - Worship
7:00 p.m. - Evangelism
Wednesday - 7:30 p.m. - Bible Study, Discussion and Prayer. In the church hall.
"Visit With Us - You'll Never Feel Like a Stranger"

IROQUOIS PASTORAL CHARGE
UNITED CHURCH OF CANADA
Rev. W. Brian Gee, B.A., B.D., ThM.
Organist: Mrs. George Fowler
December 14
Morning Worship 11:00 am

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CLOSED SUNDAY.



OBITUARY

Wellington Seeley

Final tribute was paid to Wellington Seeley who passed away at Brockville General Hospital, Wednesday November 26, 1975 in his 87th year.

Born in Matilda Township, son of William and Hester Seeley, he farmed for several years in the 4th concession. He moved to Prescott in 1932 and was in business for 23 years.

Left to mourn his loss are his wife the former Georgia Hamilton, four daughters Mrs. Charlie Coons (Ruth) Brinston, Mrs. Charlie Shaver (Doris) Iroquois, Mrs. Blanche Leroux (Prescott), Mrs. Arnold Johnston (Belleville), one son Graham Seeley (Oshawa) seven grandchildren and seventeen great grandchildren and two great great grandchildren. Four brothers predeceased him Morgan, Clinton, Orval, Jesse.

He was a devout member of Prescott United Church, a member of the Choir and Elder for many years.

Rev. Dermat Arscott, conducted the funeral service at the Appleton Funeral Home, Friday November 28th at 2 p.m.

Interment in the Memorial Gardens Maitland.

Stanley Merkley

Stanley Wesley Merkley died on Tuesday December 2nd in Kitchener-Waterloo Hospital after a brief illness. He was the husband of Grace Greer, father of Mrs. Abram (Dorothy V.) Wiebe of Waterloo, brother of Dwight of R.R. #1 Iroquois and Rae of Chesterville. He is also survived by six grandchildren. He was predeceased by one sister, Lulu.

Funeral service was held from Edward R. Good Funeral Home, Waterloo on Thursday December 2 with interment at Woodlawn Cemetery, Kitchener.

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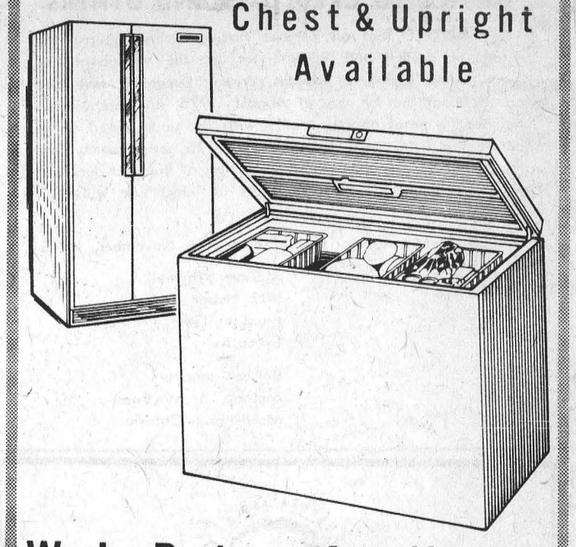

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Rooney-Merkley Vows Heard

On October 11, 1975 at 2:00 o'clock Father O'Connor united in marriage at St. Cecilia Catholic Church Doris Audrey, eldest daughter of Mr. and Mrs. Leo Merkley and Louis Patrick second son of Mr. and Mrs. Frank Rooney, all of Iroquois.

Entering the church on the arm of her father the bride chose a gown of organza over satin fashioned with a high neck line and insert of lace and seed pearls. The long skirt ended in a large flounce edged with lace to match the frill on the bodice. The dress was completed with a juliet cap of lace and seed pearls holding a two-tiered floor length viel. She carried a bouquet of white daisies and yellow roses.

Attending the bride as matron of honor was Sandra Baker and as bridesmaid, the bride's sister Margie Merkley. Both girls were dressed identical in flowered chiffon over taffeta with matching chiffon capes in a dark green. They carried bouquets of white daisies.

Ron Delegarde attended the groom as best man, while Edward Rooney, brother of the groom acted as usher.

All the men in the wedding party, as well as both fathers wore brown tuxedos with brown velvet lapels and bow ties. They wore white shirts with frilled fronts trimmed in brown.

Following the ceremony a wedding supper was held at the Legion Hall. To recieve the guests, the bride's mother wore a long blue polyester gown; her out-fit was completed with black accessories and a corsage of white daisies and yellow roses.

The groom's mother wore a long gown of rose figured polyester with matching jacket and brown accessories, with a corsage of white daisies.

The guests were entertained to an evening reception of dancing to the music of disc jockey Jim Millard.

For a honeymoon to Quebec City the bride travelled in a white lambswool dress, with corsage of peach roses.

The young couple were honoured prior to their marriage, by a shower given by Sandra Baker and Margie Merkley at the home of Marian Warren and a stag given by Allan Bailey at the Iroquois Golf Club.

Guests attended the wedding from Hamilton, Toronto, Vancouver, Ottawa, Cardinal and Iroquois .

Slides of Japan Seen

Shanly Sunday School held a special entertaining evening. November 14 when Mrs. Carman Brown of Cardinal showed slides on her trip during the summer to Japan and Taiwan.

Arnold Pitt S.S. Superintendent introduced Mrs. Brown. This was followed by a brief devotional period with prayer by Mr. F. Patterson.

Mrs. Brown's slides were most interesting and informative. They pictured the way of living, the beautiful scenery, culture buildings and lower class areas. She told of the work of the church there, and of Canadian missionaries a number of whom have been heard when home on furlough.

Mr. Patterson expressed appreciation to Mrs. Brown and closed with prayer.

Lunch was served and a social hour when Mrs. Brown showed books to those interested.

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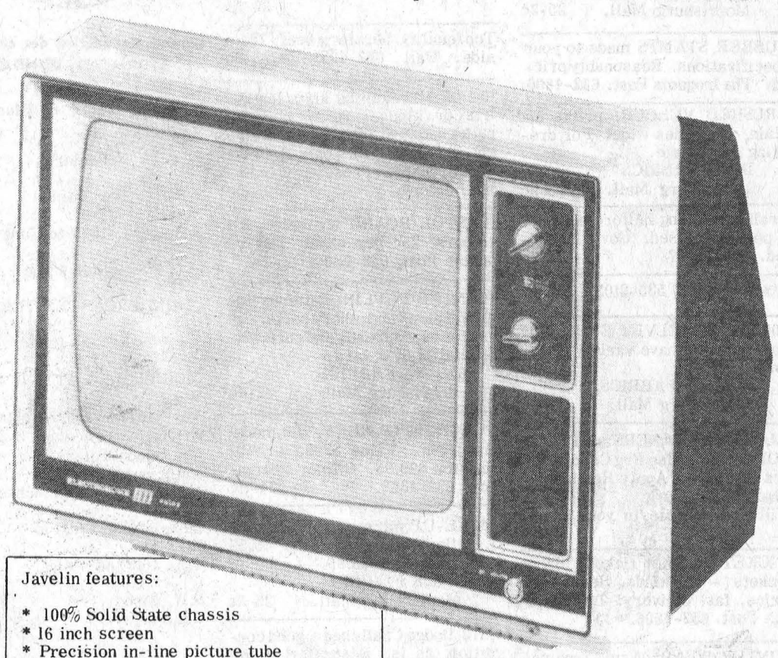

Javelin features:
* 100% Solid State chassis
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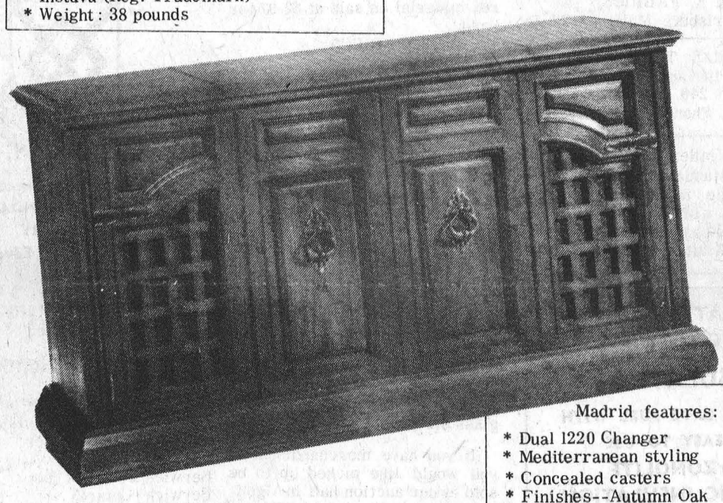

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* Dimensions: 52" W x 28" H x 19" D

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KEEP FIRE IN ITS PLACE AT CHRISTMAS!



BUY THE FRESHEST, GREENIST Christmas tree you can obtain, and store it outdoors or in an unheated garage until you are ready to decorate it. Then cut one or two inches diagonally from the butt before setting it up indoors IN WATER. Replenish water regularly. Remember that if a tree has dried out beyond its moisture recovery limit, it will continue to dry out, even when standing in water.

EVEN AT MAXIMUM MOISTURE CONTENT, a tree will burn if flame is applied all around the base. Keep discarded gift wrappings away from the base of the tree, and make the Christmas tree area a non-smoking zone.

USE ONLY NON-FLAMMABLE ORNAMENTS AND TRIM on the tree. Do not decorate metallic artificial trees with strings of electric lights, but illuminate by floodlight if desired. Some plastic trees, made from styrene materials are flammable and may burn violently. Never use candles to decorate any tree.

NEVER LEAVE SMALL CHILDREN ALONE at Christmas (or at any other time). The employment of a reliable babysitter is the best assurance of freedom from worry if you plan to get together with friends, in your home or theirs.

SET UP CHRISTMAS TREES INDOORS just before Christmas, and remove them as soon as possible after Christmas. Keep trees away from heat sources, and do not allow them to block exhits.



IROQUOIS FIRE DEPARTMENT
Mac Anderson, Chief

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Morrisburg Mall. 22-4c

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30 plus miles per gallon, 1971 Toyota standard trans., 1200 model radio new tires, fully winterized, with or without safety check Reasonably priced. Call 652-2206 after 6 p m. 25 lp

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Top quality hereford beef, 70¢ a side. Call 652-4931. 25-3p

10% off all material knits for shirts or blouses 60 in. plain or patterned. $1.00 yd. Pant weight $1.79 yd. Ruston's Fabrics 458 Hyde St., Prescott near Shirt Factory. 25-2c

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MAKE-UP mirrors with 4 lights. Excellent Christmas gift. $3.59 each. Regular $5.95.
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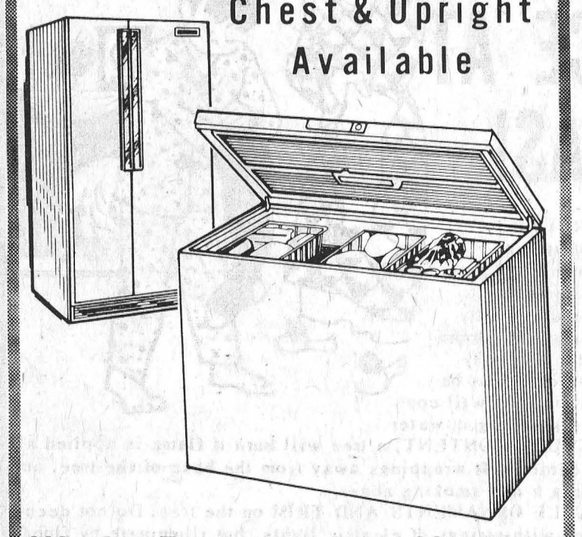

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County Board of Education

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For Period

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Full-Time

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Tel: (613) 543-3166

S.W. Libbey, Chairman. T.R. Leger, Director.
25-2c

Conseil d'éducation des comtés de STORMONT, DUNDAS & GLENGARRY
County Board of Education

Requires for January 5 1976
PRINCIPAL'S RELIEF
(.2 of full time)
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NEW! 100 acres of land Second Concession of Matilda, about 75 workable, rest light bush. On paved road.

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COMMUNITY CALENDAR

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Seaway Community Services Annual Christmas Dinner to be held at Civic Center, Morrisburg, Sunday December 14 at 2:00 p.m. All members are welcome. 25-1c

CASH BINGO
Royal Canadian Legion Br. 538 Williamsburg, cash bingo every Wednesday night at 8:00 p.m. at Boucks Hill.
17-tfc

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TRI-STATE INVESTMENTS CO. LTD.
P.O. Box 1300, Brockville

Public Notices

PARKING
BY-LAW No. 62-12

No Motor Vehicle shall park on any street in the Village of Iroquois between the hours of 7 p.m. and 7 o'clock of the following morning, during the Winter months

of DECEMBER, JANUARY, FEBRUARY & MARCH

Owners of all Motor Vehicles are to remove same from the Streets at any time when snow plowing operations are being carried out in the Village of Iroquois.

A Police Officer, upon discovery of any Motor Vehicle on the Village Streets during the hours mentioned above, or during snow removal periods, may cause it to be moved to a suitable place and all costs and charges in connection there with may be charged to the owner.

F. T. LLOYD, Clerk — L. C. DAVIS, Reeve

Application For Membership

THE IROQUOIS FIRE DEPARTMENT WILL ACCEPT APPLICATIONS FOR MEMBERSHIP. APPLICATION FORMS MAY BE PICKED UP FROM PRESENT MEMBERS.

NOTICE TO CREDITORS AND OTHERS

TAKE NOTICE that all persons having claims against the Estate of KATHERINE PERRY, late of the Village of Iroquois, in the County of Dundas, Widow, Deceased, who died on or about the 1st day of August, 1975, are hereby notified to file proof of their claims with the undersigned on or before the 24th day of December, 1975, after which date the undersigned will distribute the Estate of the said deceased with reference only to the claims of which she will then have had notice.

DATED at Morrisburg, this 25th day of November, 1975.

Marian Whitwell,
309 Hobar Court,
Franklin Lakes, N.J.,
Executrix,

By her solicitors,
McInnis & MacEwen
Morrisburg, Ontario.

CIVIC HOLIDAY

The Council of the Village of Iroquois have declared **FRIDAY, DECEMBER 26, 1975 (Boxing Day)**, and **FRIDAY, JANUARY 2, 1976,** to be **CIVIC HOLIDAYS** in the Village of Iroquois.

GARBAGE COLLECTION

Garbage collection over the Holiday Season will be as follows:

MONDAY, DECEMBER 22nd
WEDNESDAY, DECEMBER 24th
MONDAY, DECEMBER 29th
WEDNESDAY, DECEMBER 31st

There will be NO garbage collected on December 26th or January 2nd.

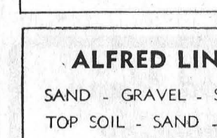
25-3c

BUSINESS DIRECTORY

SEAWAY DRY CLEANERS
Morrisburg Shopping Centre
543-3359
HOURS

Monday	8-5:30
Tuesday	8-5:30
Wednesday	8-5:00
Thursday	8-5:30
Friday	8-8:00
Saturday	8-4:00
Sunday	Closed

ALL WORK DONE ON PREMISES
CASH AND CARRY



SIZES 5 to 26½
Full assortment of coats, sportswear, gowns, dresses, loungewear and purses.
Edie's
HOUSE OF FASHION
Morrisburg Shopping Plaza

MOHAWK TRADING POST
ANTIQUES and BARGAINS



Buy, Sell, Trade, Swap, or What-have-you
652-4895
1½ Miles West of Iroquois On Highway 2

Stephenson's Furniture
ANTIQUES
NEW & USED FURNITURE
Brinston, Ontario
Phone 652-4710

ALFRED LINK
SAND - GRAVEL - STONE
TOP SOIL - SAND - FILL
BACKHOE - TRUCK RENTAL
COMPLETE WEEPING BEDS INSTALLED
BULLDOZER RENTAL
R.R. 2, BRINSTON, ONT.
Phone 652-4127

FOR INFORMATION ON—
LIFE INSURANCE
INCOME PROTECTION
RETIREMENT PLANS
— CONTACT —
ROGER COULTER
438 Beach Ave., Iroquois
Phone 652-4535
Representing The Prudential Insurance Co.

PLAZA BEAUTY SALON



Hair Styling for Women and Men
Iroquois Shopping Plaza
Prop. - Liz Holmes
652-4466

Edward Beckstead
BUILDING CONTRACTOR, GENERAL REPAIR WORK
PHONE 652-4726
R.R. 2 BRINSTON, ONT.
26-tfc

FRIENDS ARRIVING
Make Reservations AT THE
Iroquois Motor Motel
652-4176
AIR CONDITIONED
COLOR TV SWIMMING POOL
Throughout North America

IROQUOIS
Esso
652-2323
CLIP OUT AND KEEP NEAR PHONE

CONTACT US FOR RATES ON Farm Fire Insurance— Dwelling, Contents, Outbuildings, Cattle & Machinery.
LORNE MELLAN
BRINSTON ONTARIO

WEAVING, POTTERY AND PAINTING
the country studio
MARION GLEESON
652-4594
NEW LOCATION
LAKESHORE DRIVE
5 miles West of Morrisburg

DIANA'S FLOWER SHOP



SAY IT BEST WITH Flowers
MORRISBURG 543-2566

ROBERT BOYD
SEPTIC TANK SERVICE
Pumping, Cleaning and Repairs
24 Hrs. Emergency Service
R.R. 3 PRESCOTT, ONT.
925-5341

TRUCK & BACKHOE RENTAL
SAND - STONE - TOPSOIL
ALSO GROUND FILL
G. STRADER
652-4649
47-25c

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Where You Buy The Best For Less
Satisfaction Guaranteed
No. 1 Granite Only
Cemetery Lettering
Dwight H. Crowder
Williamsburg, Ontario
Phone 535-2683

CRAFT HOUSE
IROQUOIS SHOPPING PLAZA
ANTIQUES — BOOKS
CANADIAN CRAFTS
Open Daily 9-6 Sun. 1-6

For Your Next Dance
"Funk 'N Rock Boogie Woogie Band"
Specialist In Old Rock and Roll
Phone 989-2899

Classified Advertising Rates

All forms of classified advertising: For Sale, For Rent, Wanted, Cards of Thanks, Engagements, Birth Announcements, Coming Events, etc are 5c per word (Minimum of $1.00 for 20 words or less for the first insertion and 4c per word for additional insertions (Minimum of 75c)

All classified Advertising is on a cash basis only. Advertisments may be taken over the phone or by mail if you have established a standing account with us and these will be subject to a 25c service charge.

In Memoriams $1.50 minimum (includes 4-line verse) plus 50c per 4-line verse thereafter.

Wedding and engagement announcements, when accompanied by a photograph are charged at $4.00 per picture.

Deadline for Classified advertisments is 11 A.M. Tuesday of week of issue.

The Iroquois Post

Wednesday, December 10, 1975

2

Published Every Wednesday by Iroquois Printing Ltd., Box 400, Iroquois, Ont.

Iroquois Receives Recreation Grant

Culture and Recreation Minister Robert Welch has announced approval of a grant of $1 167 to assist in the improvement of recreation facilities in the Village of Iroquois.

Funds granted will go towards acquisition of vacant land to extend the athletic field at Central Park. The provincial assistance is provided through The Community Recreation Centres Act, administered by the Arts Division, Ministry of Culture and Recreation.

When announcing approval of this grant, Mr. Welch said the new ministry has a sincere interest in development of local recreation opportunities and he was pleased to have a personal involvement in the Iroquois project.

Canadian Club Marks 50 Years

Guest speaker for the fiftieth anniversary was no exception. Dr. George Fisher, past President (1971) gave a very interesting history of both Morrisburg's Canadian Club and our country from 1920 to 1970.

Another highlight of the Anniversary gathering was the honouring of its only two charter members, Hon. George Challies, who was not in attendance and Walter Bowman who was a head table guest along with his wife and their three daughters, (Marjorie Laing, Del Ray Beach, Florida, Reitha Riddell, Morrisburg and Dorothy Dillabough, Midland).

Mr. Bowman who is now 82 years old, has been married for 55 years, has three daughters and one son, Harold of Montreal, who could not attend. Mr. and Mrs. Bowman are proud grandparents of seven grandchildren. Walter is a life-long member of the Lutheran Church and received his fifty year jewel in the I.O.O.F. in 1973.

Head table guests included Dr. George Fisher, past President, 1971, guest speaker, Walter Bowman (honoured guest), and his family, past Presidents and present executive members. Those past Presidents who attended the Anniversary were David Berry, Bill Marshall, Emerson Johnston, Glen Keyes, Doug Grenkie, Doug McGillis, George Elliott, Gordon Thom, Leroy Boyd, Malcolm Wilson. Gordon Walroth who served for 12 years as Treasurer was also at the Head Table along with this year's President Bill MacDonald, present Vice-President Jim Locke and Dr. Lloyd McLellan.

Other past Presidents who are still alive but did not attend are, Hon. George M. Challies, J.E. Christensen, Dr. Charles Louden, Fred Cass Q.C., G.W. Gorrell, A.C. Casselman, Robert Howald, Charles Farlinger, Dr. G. Houze, Fay Shaver and Don Robertson.

Almost fifty years to the day Morrisburg and District Canadian Club celebrated their Fiftieth Anniversary.

On September 21, 1925, a group of interested gentlemen met to discuss the possibility of a Canadian Club in Morrisburg. It was decided at that time a Club should indeed be formed with the first organizational executive meeting being held on October 19th, 1925. With the first regular meeting taking place on November 23rd, 1925. Fifty years later, November 20th, 1975, Morrisburg and District Canadian Club gathered to celebrate a Golden Anniversary.

In that initial year 30 members joined the new organization for an annual fee set at $3.00. The first executive, presided over five meetings, and was made up of President Mr. W. Connolly, Vice President Dr. Davey, Secretary George H. Challies, Treasurer A. E. Springstead. First directors of the Club were C.F. Fetterly, J. Gormely, C. Marsh, S. Finney, J.H. Meikle, M.J. Whitteker and J.H. Meikle was appointed as auditors.

From those first 30 members in 1925 the organization grew to over 320 in the mid-1940's when attendance at some gatherings was around the 250 mark. Since that time attendance has diminished somewhat as interest on the part of younger people is almost non-existent.

During the first fifty years Canadian Club members have had some very distinguished guest speakers including Ambassadors and High Commissioners from such countries as Ireland, India, United States and Great Britian. Members have heard majors army generals, Governor-Generals, politicians, editors and even foreign Counts speak on controversial and timely issues.

Phony Fund Raising

Prior to the Christmas season each year, hundreds of thousands of dollars are solicited by telephone and collected by professional fund-raising people. All of these telephone solicitors indicate, or lead people to believe, that these donations will be used for the benefit of underprivileged children or other worthy causes.

The Ontario Provincial Police Anti-Rackets Branch has been receiving enquiries in regard to province wide telephone solicitations for funds, or requests for donations to various charities. With the Christmas season approaching, the main solicitation now is for christmas parties for the needy or handicapped children. Solicitors are requesting funds from the public for advertising in christmas party programs or for the purchase of tickets that are to be given to the underprivileged or handicapped children.

Participating in these schemes must be by individual choice, however, the Ontario Provincial Police remind you that a very small portion of the gross collections ever go any further than the fund raiser's pocket.

Local Student Wins Scholarship

Henry Smit of Iroquois, a student at the University of Waterloo has been awarded the Centennial Optical Scholarship.

The University of Waterloo's School of Optometry, the only English language school of optomery in Canada, has announced its 1975 scholarships, prizes and bursary-scholarships. Scholarships and prizes, which total approximately $12,000, are for students in the school's four year professional program. This program which leads to a doctor of optometry (O.D.) degree, follows a pre-professional, preparatory first year.

Presentations were made at the school's annual awards banquet, held November 3, in Waterloo, Ontario.

Meals on Wheels Roll into Problems

The Iroquois "Meals on Wheels" program is running short of funds, and according to spokesmen for the group, 50 volunteers are needed to ensure that the community need continues to be met. The program, which began in 1974 with a L.I.P. Grant and has continued on with the help of a New Horizons Grant, is running low on funds and plans are being formulated for a change in its operation.

"Meals on Wheels" is a project of the Iroquois Care Unit which includes representatives of church and civic groups and its purpose is to provide one hot meal each day five days a week, to the sick, post-operative patients, and the shut-in. For some recipients, it has meant an early release from hospital, and for others it has been the assurance of being able to stay in the familiar surroundings of their own homes. For the volunteers, it has been an opportunity to participate in meeting a need in the community.

Since the inception of "Meals on Wheels", it is estimated that approximately 4,500 meals have been served from the kitchen at Knox Presbyterian Church in Iroquois. Meals are prepared by two local ladies who receive a small salary for their work. Deliveries are carried out by volunteers who contribute their time.

A small charge is made for the meals and the money offsets food expenses.

With funds running low, alternative methods of conducting the "Meals on Wheels" program are being studied. It is hoped that in the future, meals can be prepared and distributed from a central outlet that would enable volunteers to serve a wider area, and still lower costs. Organizers of "Meals on Wheels" are preparing for the transition to a central outlet by asking for more volunteers to assist in deliveries. People who do not have cars are definitely welcome to help in the program as well as people who have access to a car.

For those people who are involved, both recipients and volunteers, it is crucial that the program continue and the Iroquois Care Unit is appealing to the community to seriously consider working together to meet the need. People who are interested in volunteering should contact Mrs. Kathy DeBellefeuille at 652-2123.



Marjorie Pope (left) and Judy Barnhardt, Meals on Wheels cooks prepare a serving dish for delivery to one of the recipients in the area.

Post Staff Photo

Buy A
Panasonic®
COLOR TV
This Christmas



SPECIAL!
$749

*Ultra Pana-Matrix Picture Tube for better contrast and sharpness. *Modular IC chassis is 100% solid state. *Q-Lock one button locks in color, tint, contrast and brightness. *Panalock electronically keeps picture and sound perfectly tuned. *Panabrite control for manual brightness adjustment; color and contrast adjust simultaneously. *Sharpness control for manual adjustment. *Shrol for manual adjustment. *Speed-O-Vision for near instant sound and picture. *CATV/Master antenna connector. *Tone control *Hidden rollabout casters. *contemporary styled cabinet with walnut grain finish. *Approx. dimensions: 73.5 cm (H) x 87.8 cm (W) x 49 cm (D) (28 15/16" x 34 9/16" x 19 1/4").

Largest Selection of TV & Appliances in the area
W. L. PETERS APPLIANCE
Sales & Service
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THE CLOTHING Barn
OUR CHRISTMAS PRESENT TO YOU
20% OFF
STORE WIDE SALE
FROM NOW UNTIL CHRISTMAS

Extra Specials Include



FOR THE LADIES
ALL DRESS 1/3 off
ALL SKIRTS 1/3 off
ALL SLACKS SIZES 7-15 1/3 off
ALL COATS 25% off

FOR THE MEN
ALL CARDIGANS 1/3 OFF



ALL SHIRTS BY REVIVAL
A real body fit
1/3 OFF

FROM G W G
DENIM PARKAS 1/3 off
GWG DENIM SHERPA LINED JACKETS 1/3 off
REG. $19.95
GWG DRESS JEANS Now $14.77

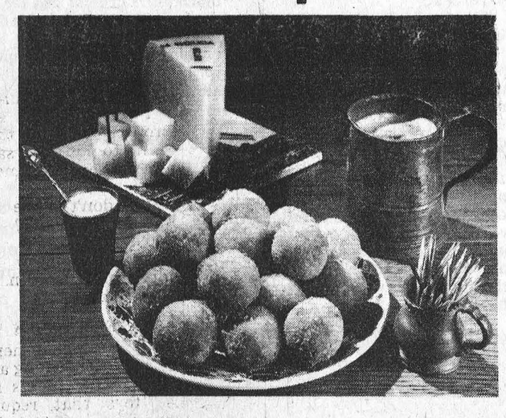
THE CLOTHING Barn
CLOSED All Day On Mondays
Tuesday, Wednesday, Thursday .....9 to 6
Friday .....9 to 9
Saturday .....9 to 6
Sunday .....10 to 4
Tel. 543-2744
Hwy. 31, 2 mi. North of Morrisburg

Sorry No Returns on Extra Specials

GOING SOUTH?
Check our Leisure Suits at 20% OFF

Enter the Clothing Barn's Great Escape Draw.
Escape the Canadian Winter for 7 carefree nights in the Sunny Bahamas. Win a trip for two on a "Sunflight" Jet to exciting Freeport in the Bahamas. Relax for 7 days at the luxurious Lacayan Harbour Inn. Trip includes return air transportation from Ottawa, Montreal or Toronto, transfers to and from hotel and accommodation for two for seven nights. Trip must be taken by Sept. 1, 1976. 1 FREE TICKET just for dropping in and 1 FREE TICKET with every dollar purchase of dry goods. Draw to be made December 24, 1975
FURTHER DETAILS AT THE BARN
Arrangements by Town Travel Agency, Morrisburg

Recipe



Bitterballen's crisp breaded outside hides a creamy cheese and meat filling. Serve as a nibbler with hot mustard.

Bitterballen

The ultimate nibbler, Bitterballen were so named because they were traditionally served with Dutch gin and bitters. Crisp breaded outside hides a creamy cheese and meat filling. Make plenty and serve warm with hot Dutch mustard for dipping.

- 2 tablespoons butter or margarine
- 3 tablespoons all-purpose flour
- 1 cup milk or stock
- 1 tablespoon minced onion
- 1 tablespoon minced parsley
- 1 teaspoon salt
- 1 teaspoon Worcestershire sauce
- ⅛ teaspoon curry powder
- 2 cups ground cooked meat, beef, veal, chicken or mixture
- 1½ cups shredded imported Holland Gouda or Edam
- 1 cup fine dry bread crumbs
- 2 eggs
- 2 tablespoons water
- Deep fat or oil for frying

Melt butter in saucepan and sauté onion until it becomes transparent. Blend in flour until smooth. Gradually add milk or stock. Heat, stirring continuously, until thickened. Add parsley, salt, Worcestershire sauce, curry, meat and shredded imported Holland cheese. Simmer five minutes. Cool mixture for several hours (place in shallow pan in refrigerator). Shape teaspoons of chilled mixture into bite-size balls. Roll these balls in crumbs, dip each in eggs beaten with water; then in crumbs again (for freezing use three coats of crumbs). Place on shallow pan to dry and refrigerate one hour.

Heat deep fat to 375°F. Fry balls a few at a time until golden-brown, about two minutes. Drain on absorbent paper and serve hot on cocktail picks. Have hot Dutch mustard ready for dipping. 3 dozen.

To prepare Bitterballen in advance:

Bitterballen can be frozen and kept in the freezer up to 2 months. They are great to have on hand in the freezer; just pop as many as required in the oven for the cocktail hour or an evening snack.

To reheat "Bitterballen", place frozen balls on a baking sheet in a preheated 350°F. oven for 12 - 15 minutes.

Personals

PLEASANT VALLEY

Word that the current mail strike has subsided is welcomed by all.

Sympathy is extended to Mrs. Chas. Coons in the passing of her father, Mr. W. Seeley, Prescott.

Gordon Corker and Mr. and Mrs. David Gilmer spent one day this week with friends in Brockville.

Mr. and Mrs. Jas Cowan and Orville attended a birthday supper in honor of Mr. Jas. Cowan on Monday at Mr. and Mrs. Ted Hunter's, Prescott.

Mr. and Mrs. Jas Meagher spent the weekend in Peterborough.

Congratulations to Mr. and Mrs. George Francis on their 60th Wedding Anniversary.

SHANLY

Mr. and Mrs. Stan Ballagh of Abernethy Saskatchewan spent a week recently with their friends Mr. and Mrs. Walter Froom and family.

WHEN Plannin' A New Home
Plannin' A New Cottage
Plannin' A Renovation
Plannin' See LANNIN
H. S. LANNIN LTD.
GENERAL CONTRACTORS
Phone 774-2830 - Winchester

Mrs. J. Rannie of Tweed is visiting her daughter Mrs. Earl Pitt and Mr Pitt.

The delegates to the Youtharama held at Guelph from Nov. 7 to 9th gave their impressions of the gathering at the morning service Sunday morning in the United Church.

Ruth Matthie of Algonquin spent the past week with her grandparents Mr. and Mrs. J.S. Wallace.

Glad to report Mrs. Wm Hooper has returned from Kemptville District Hospital.

Congratulations to Mr. and Mrs. Douglas Plumador of Iroquois (nee Joan Holmes of Shanly) on the birth of a daughter Anita Marie, on November 25 in Winchester District Memorial Hospital.

Mrs. Etta Dillabough spent a few days during the week with Mr. and Mrs. Glen Dillabough of Spencerville.

Miss Bonnie Gilmer has accepted a position on the staff of the Child Development Day Care Centre in Smiths Falls.

On November 22 Mr. and Mrs. Hank Key Koop attended the wedding of his niece in Fenwick Ontario. While visiting his brother and family they had a tour of Niagara Falls.

PITTSTON

Mr. and Mrs. Wm. Burchill, visited Mr. and Mrs. Robert Sloan Tuesday evening.

Communion at Pittston United Church Sunday morning, December 7th at 10 o'clock with Rev. Keith Brown in charge of service.

Several ladies spent Wednesday at the home of Mrs. Robert Sloan quilting a crib quilt.

Mrs. Gladys Sayeau, Prescott, and daughter Mrs. Cox and children, St. Catharines had dinner Monday with Mr. and Mrs. Robert Sloan.

Several ladies attended the Sarah Coventry party at Mrs. Herbert Liezert's, Thursday evening.

Mrs. Clarence Marlatt spent Thursday with Miss Elizabeth Elliott.

Mrs. Lucy Musch and Mr. Earl Madden were supper guests Saturday evening with Mr. and Mrs. Clarence Marlatt.

Some from here, attended the annual pot-luck dinner, Tuesday evening of Mainsville Institute at Crystal Rock Hall.

IROQUOIS

Mr. and Mrs. Murray Storey spent last week visiting relatives and friends in St. Catharines, Ontario.

Births

November 26/75 Mr. and Mrs. Douglas Plumadore, Iroquois, Ontario. A Daughter.

November 28/75 Mr. and Mrs. William Cook, Chesterville, Ontario. A Daughter.

BRIDGE WINNERS

LADIES:	GENTS:
Alice Taylor	Dan McGinn
Marjorie Lewis	Cam Derby

CARDS OF THANKS

To all my friends, neighbours and everyone who remembered me with cards, phone calls, visits, flowers and treats following my accident my most sincere "Thank You"
Velma Fisher 25-1p

I would like to express my sincere thanks to my kind friends and family who remembered me with get well cards visits and best wishes while I was a patient in the Civic Hospital.
John Eichner 25-1c

We want to thank our family and friends who did so much to make our 50th Wedding Anniversary so pleasant for us. Also many thanks for all the cards and best wishes.

It was so nice to be remembered by our friends at this time.
Eva and Ray Moorehead. 25-1p

I would like to thank Dr. Domanko, nurses and staff on second floor of Winchester District Memorial Hospital; also thanks to family and friends who sent flowers gifts and to those who called in to see me during my stay in Hospital and inquired about my health.
Marion Stone 25-1p

I want to thank my friends and neighbours for their visits, cards treats and inviting Ellery out for some of his meals, while I was a patient in Winchester District Memorial Hospital.

I also want to thank the nurses on the second floor for their care and also Dr. Marston.
Olive Casselman. 25-1p

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We have a good Selection of Grade 'A' & Utility Turkeys at market prices. Ducks will be arriving Dec. 16. Fresh Turkeys in limited numbers will arrive on Thurs., Dec. 18.
Orders taken now for Fresh Turkeys.



LIMITED FOOD BUDGETS GO FURTHER-HERE

Maple Leaf DINNER PICNICS lb $1.69



SHORT SHANK SKINLESS HAMS
½ OR WHOLE lb $1.35
ENDS lb $1.29

S&F IROQUOIS SHOPPING PLAZA MARKET LTD.

Lean MINCED PORK lb $1.29
Fresh Sliced SIDE PORK lb $1.19
Burns CELLO WEINERS lb 79c
Pride of Canada BREAKFAST BACON lb $1.69
Pride of Canada 6 Oz. Pkg. COOKED HAM 98c



RED BRAND BEEF SHORT RIB ROAST LB 89c

CROSS RIB ROAST 1.09 LB RED BRAND BEEF

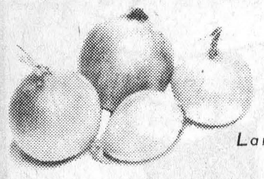
COUNTRY CLUB ROAST 1.19 LB RED BRAND BEEF

BLADE Steak 89¢ lb

Bick's 20 Oz. Jar Stuffed Manzanilla OLIVES $1.09

Bick's 48 Oz. Jar Famous Baby Dills $1.29

Cream of Tomato SOUP Heinz 10 Oz. Tin 16¢



No. 1 Mesh 2 Lb. Bag COOKING ONIONS 39c
Large Size 48's Juicy GRAPEFRUIT White or Pink 10/99¢
Anjou Winter 3 Lbs. EATING PEARS 99¢
BOXED MANDARIN ORANGES AT POPULAR PRICES

Catelli Spaghetti 1 lb Box 29¢

All Purpose Grind COFFEE Nabob 1 lb Bag $1.29

Sungold Orange Crystals Pouch of 5 Envelopes 79¢

Carnation 18 Oz. Jar Coffee Mate Coffee Creamer $1.19

Bakery Specials

Weston's — Always a Favourite
Cinnamon Butterhorns pk. 69c
Crullers - They're tasty pk. 49c
Betty's 16 oz.—With Garlic Butter It's a Must
Sliced Crusty Bread 2 for 79c
Betty's Famous
Honey Dips pk. 54c

FROZEN FOOD

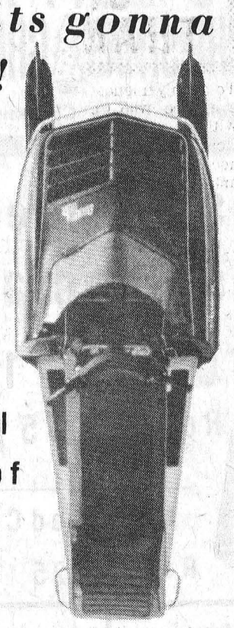
Blue Water Breaded & Cooked—2 Lb. Pkg.
Fish Portions $1.99
McCain French Style — 10 oz. Pkg.
Green Beans 29c
McCain Beef Eater—2 lb. Bag
French Fries 65c
Mrs. Smith's —20 Oz.
Boston Cream Pie 95c

Aisles and Aisles of Smiles for Thrifty Food Shoppers

Aylmer 19 Oz. Tin TOMATO JUICE 27c
Donald Duck 48 oz. Tin Unsweetened GRAPEFRUIT JUICE 59c
50 Salada TEA BAGS (in Apothocary Jar) $1.49
Stafford 19 Oz. Tin CHERRY PIE FILLING 77c
Bundt Chocolate Crown with Nuts—Try it—Deelicious CAKE MIX $1.55
Country Good 10 Oz. Box CORNFLAKES 10 oz. box 49c
Ocean Spray 24 Oz. Bottle CRANBERRY COCKTAIL 59c
Provigo 48 Oz. Tin ORANGE JUICE 48c
Aylmer 19 Oz. Tin TOMATO JUICE 27c
Schwartz 128 Oz. Jug WHITE VINEGAR 97c
York 16 Oz. Smooth PEANUT BUTTER 88c
Aylmer 12 Oz. Jar RED MARACHINO CHERRIES $1.09
Blue Bonnet 3 Lb. Block MARGARINE $1.79
Lido 2 Lb. Pak READY CUT MACARONI 65c
Hunt's 28 oz. SPAGHETTI TOMATO SAUCE 65c
Clark's 14 Oz. Tin CHOICE PEAS 29c
Heinz 32 Oz. KEG O' KETCHUP $1.30
MIR 24 oz. LIQUID DETERGENT 2 for $1.09
A Meal In A Minute KRAFT DINNER 28c
Shirriff's 24 Oz. Jar GOOD MORNING MARMALADE $1.29

GOOD TIMES ARE COMIN' ON THE Cat

The Spirits gonna move you!



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EL TIGRE
PANTHER
CHEETAH
JAG
LYNX

We have them all plus a full line of snowmobile clothing and accessories

Strader Trading Post

¼ MILE NORTH OF 401 ON CARMAN ROAD

Metric Farming A Reality

Metric measurement is coming to the farm.

Already, weather reports are giving temperatures in Celsius units. By February 1, 1977, conversion will have begun in the grain industry.

About 99 per cent of the world's population already uses the metric system or is gearing up to use it. Even non-industrialized people, such as the Samoyeds of eastern Siberia, have found it profitable to go metric.

Canada is expected to complete the conversion to metric by 1980.

By June, 1975, Canadian hospitals will have completed their conversion to metric by 1980.

By June, 1975, Canadian hospitals will have completed their conversion to metric units.

Precipitation reports (snow in winter and rain in summer) have been given in metric units since September.

Slated for conversion in 1976 are car speedometers, sugar packages and reports of atmospheric pressure. In the fall of 1976 shoes will be sold according to the metric system of centimetres instead of the traditional sizes.

The pace will speed up in 1977, the date for visibility and windspeed reports, grain sales and road signs to go metric.

Prepackaged fresh fruits and vegetables will be sold in metric units by 1978. Scales in retail food stores will be converted to metric by July, 1978.

Australia is about two years ahead of Canada in metric conversion. Most of agriculture there has already been converted without adverse reaction.

Soon, Canadian farmers will get used to spreading 1,100 kilograms of 10-15-15 fertilizer on a hectare of land or sowing potatoes at the rate of a hundred 25 kilogram bags per hectare.

The metric system will help the farmer to have fuller access to world markets, most of which are now operating on metric standards.

"The most positive way to view the situation is to cast aside the old system, avoid comparisons, forget conversion and 'think metric'," says Guy Lempereur, an editor with Agriculture Canada and author of publications on the metric system.

"Use of the metric system will promote standardization of containers to make them simpler, more appropriate and uniform on a national and international scale," Mr. Lempereur says.

Seaway Community Services Plan Christmas Events

The Christmas observance committee of Seaway Community Services met Tuesday evening at the home of the president, Mrs. John Corbett in Morrisburg. The format of the annual observance will be the customary turkey dinner. Menus, date, locale, work assignments were some of the items considered.

Last year's dinner was held in Iroquois. Morrisburg was mentioned as a probable location for this year's observance. Participating will be members of such community groups as crafts, summer camps, study courses, and community betterment.

Program committee includes Mrs. Marie Barkley, Mrs. Reik Pepers, Mr. and Mrs. Lloyd Markell, Miss Candance Mackenzie, Mrs. Geraldine MacKinnon, Mrs. Bessie Cornut, Mrs. Grace Richmire, Mrs. Fred Zandbergen, Sr., the Reverend E. Earle Eaton, and Mrs. Corbett.

IROQUOIS LIONS
100 CLUB WINNERS

Irla O'Brien
Ray Parmeter

Some tips to help select toys with care

When you choose toys for your favorite children for Christmas, you're really selecting gifts that do more than amuse or entertain. Remember that toys influence young lives in both subtle and direct ways.

While children have fun playing with toys, they're also learning: aside from stimulating their curiosity and creativity, toys also help prepare them for their future roles in adult life by introducing them to the real world around them. So, put some careful thought into toy selection. Here are some guidelines:

• Consider the child's interests, social involvement, as well as his physical capabilities. An audio/visual toy, such as the Snoopy Drive-In Theatre, can encourage a child to be a good host by inviting friends to see special movies in his own little drive-in.

This toy has snap-in cassettes which children find easy to operate, backwards or forwards, without ever tangling the film. A dozen different great Snoopy stories are available to stir the child's imagination and teach him good moral values.

• Consider the child's age. It's a good idea to check the recommended age range suggested by the manufacturer on the package, but know your own child's stage of development. For example, for pre-schoolers, the Talking Blocks, featuring stories from television's popular New Zoo Review, are excellent: the little ones merely push the block down in its holder to hear the story.

For children from age five and up, the SSP's and TTP's — gleaming ultra-chrome racing cars made by Kenner Products — would be more appropriate. With the streamlined racers, stunt cars and cycles, the older children can hold competitions of their own, learning how to win and lose with good sportsmanship.

• Consider the toy's safety. You'll find that most American manufacturers adhere to strict safety standards. So do pay attention when they do not recommend a toy for children under a certain age, and be sure your children use the toys as the manufacturers direct. Teach your children also to properly care for their toys and to put them safely away when playtime is over.

Lastly, don't make the common mistake of choosing toys that please *you*. Select toys that please the children and are meaningful to them.

BATTERY BLUES

Avoid disappointments on Christmas morning and stock up on batteries for those toys that require them and are not included in the packaging.

IROQUOIS
ESSO
652-2323
CLIP OUT AND KEEP NEAR PHONE

Public Works Canada | Travaux publics Canada

INVITATION TO TENDER

SEALED TENDERS for the projects or services listed below, addressed to the Manager, Finance and Administration, (National Capital), Department of Public Works, Room 108, 66 Slater Street, Ottawa, Ontario, K1A 0M3 and endorsed with the Project Name and Number, will be received until 3:00 P.M. on the specified closing date. Tender documents can be obtained through the Plan Distribution Office, Room 110, 66 Slater Street, Ottawa, Ontario K1A 0M3 on payment of the applicable deposit.

SERVICES

Caretaking and Interior Cleaning, Post Office, Morrisburg, Ontario

Tender documents are also available from the Postmaster, Post Office, Morrisburg, Ontario.

Closing Date: Tuesday, December 30th, 1975

Deposit: NIL

INSTRUCTIONS

Deposit for plans and specifications must be made in the form of a certified cheque, drawn on a bank to which the Bank Act or the Quebec Savings Bank Act applies, payable to the Receiver General of Canada and will be released on return of the documents in good condition within one month from the date of tender opening.

To be considered, each tender must be submitted on the forms supplied by the Department and must be accompanied by the security specified on the tender documents.

The lowest or any tender not necessarily accepted.

W.R. Ewing,
Manager,
Finance and Administration,
(National Capital).

GIRLS BROOMBALL

November 24
Chesterville -Tie, Iroquois-Tie
November 29
Iroquois-Win, Prescott-Lose
December 1
Spencerville-Tie, Iroquois-Tie
December 3
Iroquois-Tie, Cardinal-Tie

GAME SCHEDULE
Sunday, Spencerville, 7:00 p.m.
Wednesday, Cardinal, 9:30 p.m.
Saturday, Prescott, 9:00 p.m.
Thursday, Chesterville, 9:00 p.m.
Monday, Iroquois, 9:30 p.m.

Sunday night in Spencerville the Iroquois Girls' Broomball team pulled into first place with a score of 2-0. Doris Tuttle scored the two goals and Yvonne Kolff assisted.

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DINE IN ELEGANCE
5-Piece Dining Room Set
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$189.95
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2-Piece Chesterfield Set
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set not as illustrated

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SEE OUR LARGE SELECTION FOR BIG SAVINGS

SHARP 20" Colour T.V. $399.95
Limited Quantity

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Mon., Tues. & Wed — 9:00 a.m. - 6:00 p.m.
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HIGHWAY 31 NORTH - 2 MILES FROM THE RED BARN



Shur-Gain Dial Doser Saves Baby Pigs

When you consider what you have invested in the new-born litter at birth, and that nearly 25% of all baby pigs die during the first 7 days, doesn't it make a lot of sense to reduce losses caused by baby pig scours?

Prevention is made simple with SHUR-GAIN DIAL DOSER . . . for easy, accurate, no waste treatment. And very economical too . . . about 9¢ a dose.

Active ingredients in SHUR-GAIN DIAL DOSER are Bacitracin and Streptomycin . . . a combination of antibiotics proven to effectively fight scours. Be ready when those next litters are due. Pick up your supply from our SHUR-GAIN ANIMAL HEALTH SERVICE display.

SHUR-GAIN
ROONEY FEEDS
IROQUOIS ONT.

Over the counter drugs can produce negative effects

Health and Welfare Canada has issued a new series of information folders on three of the most common over-the-counter drugs to bring public awareness to the negative effects that could result from improper use.

The three most commonly used over-the-counter drugs are cough remedies, antacids and laxatives.

According to the department, excessive use of cough depressants may produce undesirable side effects. Coughs lasting longer than a week or ten days or associated with fever, shortness of breath, or bloody sputum indicate a respiratory disorder more serious than a common cold and should be treated by a physician. Use of cough remedies during the first three months of pregnancy is not recommended except on the advice of a physician.

With laxatives, the danger occurs when they are used too frequently and the individual comes to rely totally on medication to produce a bowel movement. Continual use of harsh laxative products may result in cramps, diarrhea and dehydration and may mask symptoms of more serious illness.

The problem with self-diagnosing stomach pain and discomfort as "indigestion" and then self-treating with an antacid is that many serious conditions such as ulcers, heart trouble, haitus hernia, pancreatitis, and gallstones mimic the symptoms of "indigestion".

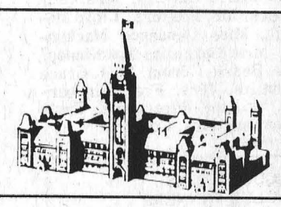
Above all, the department recommends that users of over-the-counter drugs should always remember to play it safe:
1: Read the label and follow direction carefully.
2: Avoid frequent use. See your doctor if symptoms persist.
3: Keep all medicines safely out of reach of children.



The Seaway Valley School

WILL PRESENT THEIR
ANNUAL CHRISTMAS CONCERT
WEDNESDAY, DECEMBER 17, 1975
10 a.m.—Everyone Welcome
The school is situated in Hulbert

OTTAWA and Small Business



Too big a load

By KENNETH McDONALD

Ottawa's actions, or lack of action, draw a lot of criticism, but there's a reason for it. Ottawa's job is to restrict, to decide what Canadians can't do, rather than what they can. That's why it's so hard for business and government to get along. Business has to be creative, innovative and enterprising in order to survive. Government, which needs none of those qualities, not only survives but expands. It's a lot easier to tell people to keep off the grass than it is to make two blades grow where one grew before.

• • •

Canada's ability to produce goods and services at competitive prices is foiled by inflation. Ottawa causes most of the inflation by printing too much money and by turning a blind eye on its own monopolies and on monopoly groups in big business and big labour. Inflation causes unemployment, so Ottawa bumps up unemployment benefits and the payroll deductions to pay for them. This year, unemployment benefits will cost nearly $4 billion -- 14 per cent of the federal budget.

• • •

UIC, family allowances, OFY, LIP and now plans for a guaranteed annual income -- the Canadian worker is carrying a mighty big load. The Canadian Federation of Independent Business wants this hodge-podge reduced to a practical basis where help would go to those who need it -- children, the aged, the disabled -- those in a position of dependency.

• • •

The poverty of the working poor is caused by dependents. A single adult, for example, working for the minimum wage is not living in poverty. Higher family allowances should be the basis of our social policy. With family allowances providing for more of the costs of raising children, minimum wages would only have to provide for the basic needs of a couple. Similarly, unemployment insurance and welfare payments could be reduced.

• • •

Ottawa refers to unemployment insurance and the Canada Pension Plan as "social insurance". The Cabinet ministers involved should be prosecuted for misleading advertising. Neither is based on the insurance principle. UIC premiums are going up 20 per cent in January, 1976. Expect another 20 per cent hike in 1977. In less than 10 years, the Canada Pension Plan will not have a single penny to pay pensions for all the Canadians working at that time. Expect a 100 per cent increase in CPP premiums.

• • •

Unemployment insurance is a form of guaranteed annual wage for seasonal workers. A claimant can draw benefits after working only eight weeks. This eligibility period should be increased to 20 weeks.

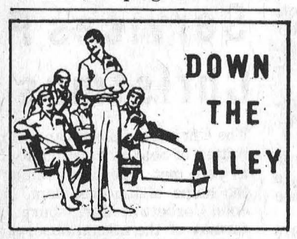
Pittston UCW

Pittston, U.C.W. held their December meeting Wednesday evening at the home of Mrs. Willis Montgomery. Mrs. Gary Roddick opened with a poem, "First Christmas Gift", followed by devotions by Mrs. Herbert Liezert She based it on the X unknown, explaining why so many signs X mas which means feast and birthday of our Lord.

Roll call answered by a recipe. Business and correspondence dealt with the new slate of office was read for 1976-77 which will be installed in January meeting at Mrs. Cecil Warren's.

Christmas program consisted of readings, contests, and tongue twisters, concluding with a presentation of a gift of appreciation and farewell to Mrs. Cecil Warren who has moved to Johnstown to their new home. Taken by surprise Mrs. Warren replied very fittingly, inviting all to visit them.

A vote of thanks was extended to Mrs. Gary Roddick for her good job and devotion as our president for the past two years, by Mrs. Robert Sloan, and also to hostess Mrs. Willis Montgomery. A delicious lunch was served and a social time enjoyed, bringing the evening to a close.



BR. 370 LEGION BOWLING
Road Runners (R. Lanthier) . . 65
Wranglers (A. Holmes) 52
Howicks (D. Helmer) 45
G.W.G. (G. Kirker) 40
Lees (R. Coulter) 37
Levis (D. Kirker) 34

HIGH SINGLES
Cora Easter - 291
Eric Goodmurphy - 342

HIGH TRIPLES
Cora Easter - 722
Eric Goodmurphy - 766

MATILDA BOWLING LEAGUE
B. Douglas 33765
C. Lalonde 33673
W. Douglas 33314
R. Cooper 33107
P. Robertson 32849
D. Keyes 32231

HIGH SINGLES
J. Toupin - 291
W. Douglas - 293

HIGH TRIPLES
J. Toupin - 678
W. Douglas - 803

HIDDEN SCORE
N. Tinkler



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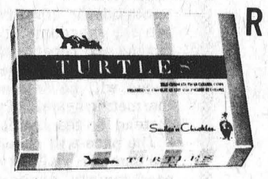
Chocolate TURTLES 14 oz.



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Lace Front, Hard Toe or Reg.
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Lace front with or without Hard Toes
"Shoes You Can Depend On"

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IROQUOIS SHOPPING PLAZA

Santa was rocking, in his old rocking chair.
The smoke from his pipe, twirled up through his hair
He had pulled off his boots, and was resting his feet,
And at the end of each sock, his big toe took a peek.

* * *
* * *

You could tell from his face, that he looked a bit worried
All the gifts were not ready, even though they had hurried
The elves and his helpers had worked hard all day,
Not even a moment did they take off to play.

* * *
* * *

The heat from the fireplace had soothed them to sleep
And he fantasy of dreamland, each one tried to keep.
When all of a sudden with a loud laughing cheer
Old Santa jumped up, and hugged them all near.

* * *
* * *

Now here's what we'll do, to complete our gift list,
We'll go down to Jack's, and shop for those we have missed.
We can charge them on Chargex, and save time as we shop,
Because we can buy for them all, with only one stop.

* * *
* * *

And while we are there, on the "Q-T" and quiet,
I'm going to ask Jack, to let me in on his diet.
My whiskers are long, and as white as the snow.
And lately they have wondered, on which chin to grow.

* * *
* * *

There's dresses and coats and slippers and shoes,
They're all sensible gifts, that people can use.
If there's something we like, and we run short of loot,
A small deposit will hold it, and they'll wrap it to boot.

* * *
* * *

For those on our list, who are real hard to please.
There's a good way to shop with the greatest of ease.
A gift certificate is what they suggest,
Then they shop when they like, for what suits them best.

* * *
* * *

Now hitch up the reindeer, and warm up the sleighs,
We're off to Jack's, where shopping really pays.
The prices are lower—the quality best
And the styles you'll enjoy, because they're not like the rest.

* * *
* * *

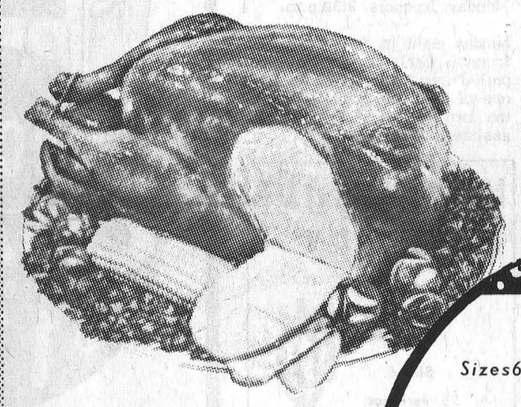
The biggest surprise I have kept till the end
We'll get a chance on a prize, for every dollar we spend
We can win and save, and be done in good measure,
Because to serve us and help us, the staff deems it a pleasure.

* * *
* * *

So on Christmas Eve as your tree glitters and glistens
Keep an ear to the window, and try hard to listen.
Our greetings he'll shout, to the left and the right,
Merry Christmas to all and to all a good night.



Merry Christmas
from
JACK'S OF CARDINAL
Cardinal, Ont.
Open Monday through Saturday until Christmas



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PORK CHOPS LB. $1.78

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STEAK LB. $1.49

Maple Leaf Sizes6to 10 Pounds Miracle Baste
TURKEYS LB. 98¢
Sizes 20 lb and over 93¢ Lb

Mary Miles 1 Lb Pk Sliced
Side Bacon lb. $1.48

Maple Leaf 1 lb Pk Golden Fry
SAUSAGE LB. $1.29

Catelli Spaghetti or Ready Cut 16oz Pk
Macaroni 3/$1

Weston-Sesame
Hamburger Buns
Pk of 8
49¢

Glad Pk Of 10
Garbage Bags 99¢

Produce Of Costa Rica Chiquita Brand
Bananas lb. 17¢

New Crop Navel Sunkist
Oranges
2 Doz Size 180 99¢

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French Fries
2 lb Pk 69¢

Fido 15oz
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8/$1.00

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IROQUOIS SHOPPING PLAZA
SEE OUR HANDBILL FOR MUCH MORE FOR YOUR DOLLAR VALUES

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