

United Counties Elect Warden

The United Counties of Stormont, Dundas and Glengarry elected the Reeve of Williamsburg Township as Warden of the United Counties at their inaugural meeting last week.

J. C. Whittaker was unopposed in the balloting. By tradition the warden's post goes to the previous year's chairman of finance.

Mr. Whittaker served as a councillor in Williamsburg township for seven years before going to the United Counties. He has been a member of the county's council for 13 years.

In his inaugural address, Warden Whittaker called for increased emphasis by council on the restructuring of the local government system.

"The initiative taken this past year by counties council and that of the city of Cornwall should be continued with the same spirit of co-operation and understanding so that we may proceed in a viable and economical direction to better serve our respective municipalities."

Warden Whittaker suggested the counties and the city of Cornwall should get together to consider the feasibility of undertaking jointly a solid waste management study in an effort to resolve present and future problems.

He also suggested the four planning areas in the county now working on an official plan be merged into a single county planning area.

Warden Whittaker said that many of the programs started by the last council will have to

be continued by the new council.

He cited these programs as county's social services, the county road department and the county participation at Glen-Stor-Dun lodge and the St. Lawrence Sanatorium.

He called for the continuation of the county's reforestation program, supervision of county property and support of charitable organizations.

"We might as well participate in those special purpose bodies such as the regional health unit and the Children's Aid Society, and we must continue the expansion and improvement of the county library board," he added.

10 NEW FACES
Mr. Whittaker is the sixth Williamsburg township reeve to be elected warden of the united counties since 1900. He noted a record number of changes in the council with 10 new faces while three deputy reeves had moved up to reeves.

"The office (of warden) has a unique position in these counties in that it demonstrates the real meaning of unity among the three united counties," he said.

Responding to Warden Whittaker's speech on greater co-operation between the city and united counties, Cornwall Mayor Gerry Parisien said the warden's speech reflected his feelings. Mayor Parisien said there were many items of mutual concern that the two councils could discuss.

"I am certainly not for regional government," he said, "but I am for regional planning wherever possible. But there is a big difference between the two."

Congregation Plans 175th Year

The Annual Meeting of the Iroquois United Church Congregation was held in the Church Hall on Sunday evening, January 26th beginning with a Pot Luck Supper.

The usual year-end reports of the Congregation and its activities were received and approved showing that 1974 had been a most favourable year. One notable item was a \$1,000 increase in contributions to Missions over the previous year, which put the congregation 10% over its objective set a year ago.

Stan Waddell is the in-coming Chairman of the Board for 1975, and Clare Tucker is Vice-Chairman and new ones elected.

1975 is the 50th Anniversary year of the United Church of Canada, and the 175th of the Iroquois Congregation. A special "Anniversary Committee" of six people was elected for the year, to spearhead various projects and means of marking this banner year upon us.

One of the key plans received and adopted is "Plan-75", a home-grown venture, in which a variety of events for 1975 have been arranged for the Congregation on a month-by-month basis.

The main emphases behind "Plan-75" are a) to maintain and strengthen the good administrative life of the Congregation, b) to deepen the internal Christian development, and c) to increase the aspect of fellowship. A "Men's Breakfast" is planned for the first Sunday morning of each month, beginning at 9 a.m. Several

eral dances are in the works, as well as "after-church pot luck lunches". Five special Bible Study evenings for anyone in the Congregation are spaced throughout the year. All events have been planned with an eye to avoid conflict with other community events, and also to keep in mind the regular calendar of the Christian year.

For those interested, February looks like this:
Feb. 2nd - Men's Breakfast at 9 a.m.
Feb. 8th - Saturday Night Dance, 8:30 to midnight
Feb. 9th - Pot Luck Lunch after Church
Feb. 16th - (after church) meeting of the Board.

Each month is lined up in this manner, giving specific direction as to where we are headed in 1975.

Acquisition of approximately 10,000 acres in Edwardsburgh Township, by the Provincial Government was announced yesterday by Donald Irvine, Minister of Housing.

The future implications of the dramatic announcement are not yet clear although it is hoped that the establishment of a major industry would now be possible.

Although there is no estimate of what industry, or when development would start the prospect alone could provide a much needed boost to the economy of Eastern Ontario.

It is now, apparently, up to the Federal Government to find a major industry that would want to locate in Edwardsburgh Township.

While some farmers in the area are reported to be not too pleased with the announcement the general reaction has been favourable.

Mr. Irvine met with the Reeves of the surrounding Townships last night to discuss the situation.

The following is a statement to the Ontario Legislature by the Honourable Donald Irvine, Minister of Housing made Tuesday afternoon, January 28th.

Mr. Speaker

I would like, at this time, to advise the House of the latest of a series of major initiatives the government is taking to facilitate development in Eastern Ontario.

In the coming months my colleagues will outline additional programs specifically designed to serve this important area of the province.

The development of the program is confirming our expectations that Eastern Ontario would benefit substantially from major industrial development.

However, we are all conscious that rapid, large scale industrialization could threaten the environment and disrupt the economic and social structure of many towns in Eastern Ontario.

Residents do not want this kind of disruption. Many of them have chosen to live in our area of Ontario by choice -- because they like it better there than elsewhere -- and the Government believes that any economic and social stimulation which we apply must reinforce the amenities which they prefer.

In a very practical way these communities represent a substantial investment of public capital in homes, schools, churches, stores and shops, recreation facilities, hospitals and other services which would have to be duplicated elsewhere at greater cost if these communities lose their vitality. This could happen if they do not have some new industrial and commercial development.

This need was stressed con-

Major Industrial Development Planned



This quiet rural scene along the edge of the optioned land could soon be transformed into a busy service road.

stantly during the numerous meetings which the Minister of Industry and Tourism has held with our colleagues, with municipal and community representatives and with citizens throughout Eastern Ontario over the past 18 months.

As part of our program he will be bringing forward a program for municipal industrial parks and this, together with the incentives available through the Eastern Ontario Development Corporation, will give Municipalities the resources they need to attract and locate the kind of industrial development they want.

At the same time Mr. Speaker, the Government wishes to ensure provision of an adequate site for major industrial development because all our experience has shown that we must be able to show a site to potential industries and give them firm assurances on availability, cost and servicing. To do this we must control the property.

Members are aware that options have been acquired on approximately 10,000 acres of rural land on the St. Lawrence Seaway in Edwardsburgh Township.

At the present time we have options on approximately 10,000

acres at an average cost of 508 dollars an acre for undeveloped portions and 701 dollars an acre for the built up portions.

As these options fall due they will be exercised on behalf of the government by the minister of Government Services.

Although we have not acquired options on all the property within the site we do not plan to initiate any further purchases for the time being.

However, we will be receptive to any reasonable, voluntary offer of property which we consider useful for future development. This site was chosen because

it is situated on the Seaway with the only deep sear port between Montreal and Toronto.

There is excellent road and rail access. Highways 401 and 416 and the mainlines of the two railways traverse the site.

As I have said many times before, I cannot outline in any detailed way how this property will ultimately be used. This will be determined in continuing consultation with residents of the entire area. But the site is of such a size and nature that it can accommodate major industries and any associated community and support services which

ultimately prove most desirable. However, we will not allow this project to compete directly with existing communities for industrial development which they can readily accommodate. Instead, Mr. Speaker, we know this initiative will provide economic stimulation and trigger secondary industrial and commercial development for the entire region without disrupting existing communities.

While some of it is under construction see MAJOR INDUSTRIAL

- page 5

Whipper Watson's Snoworama for Timmy

Sunday, February 2nd is the date and Prescott is the place for Whipper Watson's Snoworama in support of crippled children.

The concept is that of a walkathon with each machine having sponsors who pledge a certain amount of money for each mile of the hundred mile run that a machine can complete.

The event is a province-wide affair with over 30,000 machines expected to participate and raise in excess of \$250,000.

Locally, the one hundred mile

trail, 95% of which will be groomed, will run from Prescott to Smith Falls and return via the same route.

Over one thousand machines are expected to make the local run.

Members of the Grenville Snowmobile Club will be on duty at checkpoints along the route and the OPP will supervise all crossings.

Local clubs are running under the auspices of the 5,000 mem-

ber United Counties Snowmobile Association, but a driver needn't be a member of a club to participate.

All that is required is that a driver be 18 years of age or have signed consent from his guardians and have a minimum pledge of 15¢ per mile (\$15.00 total), which he can make-up out of his own pocket.

If you have not yet registered here's how to do it:
Pick-up your pledge sheets at

the Iroquois Post in the shopping Plaza or from Sandy Gibson of the Haddo Club in Stampville.

Have the pledge sheets filled in by your sponsors and present them when entering at the Prescott Golf Club between 7:30 and 10:00 a.m. Sunday morning.

All pledge money will be collected by the Ontario Society for Crippled Children. Remember to fill in your town or district on the pledge sheet as 50% of all money collected will revert to the local Lion's Club for use on behalf of crippled children.

The following sponsors are among the many companies and Service Clubs assisting in this mammoth undertaking - Molsons; donating a lump sum for replacement of belts and plugs; B.P. providing all gas and oil; Belvedere and Bombardier, picking up the tab for promotion; Rotary and Lion's Clubs, providing refreshments at Prescott and Smith Falls.

Cruising radio patrols will be on constant duty as will the members of St. John's Ambulance with aid stations along the course. A medical doctor will be located at the half-way point.

Gas will be available every ten miles with main fill-up stations in Prescott and Smith Falls. All participants will be covered by a blanket insurance policy.

For added incentive, Carl Don Equipment will be awarding a trophy for the local driver with the largest amount of pledges.

With over 3,000 pledge sheets out in the United Counties so far, it should prove to be a mammoth event.

Should snow conditions not be suitable this Sunday, the event automatically switches to Sunday February 9th.

Organizers hope that the event will become an annual affair.

OPENS SUNDAY, FEBRUARY 9th Morrisburg Winter Carnival A Fun Time Planned

A new Winter Carnival event this year will be "Carnival Night", a gala evening of bingo in the lower level of the new addition of the Community Centre, plus games and fun for students and adults in the lobby on Wednesday evening, February 12th from 8 to 10 p.m. Also on the agenda for "Carnival Night" will be the children's events sponsored by the Morrisburg Lions Club. This evening for children nine years old and under will include games, contests on the ice and skating from 7 to 8:30 p.m.

The Morrisburg Winter Carnival opens on Sunday, February 9th with church services in all local churches. The Junior 'B' Hockey game with Morrisburg meeting Prescott will be at 2 p.m. in the arena followed by a broomball tournament in the evening featuring the Morrisburg Broomball League from 6 to 11 p.m.

On Monday evening the exhibition game by the Fearnuts hockey team (3 to 6 years) at 7 p.m. will feature Morrisburg vs. Iroquois. At 8 p.m. the married women meet the doctors in their annual broomball match and at 9 p.m. the Firemen play the Lions Club.

All area Senior Citizens are invited to participate in the Senior Citizens Skating Party at the arena on Tuesday, Feb. 11th from 2 to 3:30 p.m. Senior citizens are urged to dust off their skates and come out and join the fun at which time free coffee and doughnuts will be served, courtesy of the Carnival Committee. The Shrove Tuesday Pancake supper

follows from 5 to 7 p.m. in the St. James Anglican Church Hall and at 8 p.m. all are welcome to the Horticulture Society's Fun evening at the Civic Centre.

At 8 p.m. a Girl's Ringette tournament will get underway with Morrisburg Juniors and Seniors meeting teams from Beacon Hill. Two all-star guest teams from Ottawa will provide Morrisburg fans with a superb display of this popular new game played on skates. Open curling bonspiels and playoffs will be held from Tuesday to Friday evenings at the Curling Club.

Alex English, Bill Robson and Bruce Cameron, co-chairmen of Morrisburg's Winter Carnival Committee invite all area residents to take part in Wednesday's "Carnival Night" of bingo, games and fun for all ages at the Community Centre (arena) either in the lobby, on the lower level or on the ice with events starting at 7 and 8 p.m. Admission will only be charged for the bingo.

On Thursday, free skating from 7 to 9 p.m. will be sponsored by the Crange Lodge. At 9 p.m. members of the Atom Hockey Team, coached by Bill Tupper and Loyal Brunt will face off against their moms and dads for an exciting contest.

The Bean Supper at the Legion on Friday will be held from 5 to 7 p.m. At 8:30 p.m. Old Timer Hockey will feature the R.C.M.P. vs. Morrisburg Old Timers at the arena. Between the second and third period of the game Morrisburg's Carnival

Queen will be crowned. The winner of this contest will be decided by public ballot. Each entrant in the contest must be sponsored by ten nominators, be single and between the ages of 16 and 21 years and attend all designated functions during Carnival Week. Final entry date is February 1st at 6 p.m. Entry forms are available at Seaway Pharmacy in Morrisburg Shopping Plaza.

Designated functions which entrants must attend where voting and ballots will be available are junior 'B' Hockey game, Broomball Tournament, all Monday evening events, Tuesday's Pancake Supper, Girl's Ringette, Wednesday's bingo, Friday's Bean Supper and Old Timer Hockey game. There is no charge for the ballots. Mrs. Marina Simpson will be co-ordinator for the entrants at the designated functions.

An all-day Minor Hockey Tournament begins at 8 a.m. on Saturday at the arena. Public skating on Saturday evening will be held from 8 to 10 p.m. A Carnival Valentine Dance at the Civic Centre will be held from 9 p.m. to 1 a.m. and will feature Nowicki's Orchestra. This event, sponsored by the Old Timer Hockey Club will include a smorgasbord. Only a limited number of tickets are available at Delage's House of Gifts, Perso's Cleaners and English's Clothing Barn. Red winter Carnival hats with feather trim will be sold by members of the Carnival Committee as well as tickets on a mammoth half and half draw.

77% without new licence stickers

Out of 2,761,385 motorists, 2,140,074 have failed to purchase their 1975 green vehicle licence stickers. And there are less than five weeks remaining until the February 28th deadline.

This represents 77.5% of the province's drivers who could be caught in the last-minute rush, according to officials of the Ministry of Transportation and Communications. Renewal stickers have been on sale since December 2nd at the 296 issuing offices throughout the province.

To speed up the renewal process, the Ministry has made available insurance declaration forms at LCBO retail outlets and issuing offices. Motorists save time by filling out one of these forms before arriving at the issuing counter with their ownership permit and fee.

This year the validation sticker is to be attached to the car's rear licence plate on top of the red 1974 sticker.

The fees are: \$23 for a 4-cylinder car, \$32 for 6 cylinders, \$40 for an 8-cylinder vehicle, and \$5 for trailers.



Dan Robertson (left), President of Iroquois Lions Club accepts challenge and pledge sheet from Haddo Snowmobile Club President Sandy Gibson at Lions Club supper on Monday night.

THE EDITORIALS

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AND MATILDA ADVOCATE
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Planning - start now

The announcement, on Tuesday evening, of the Provincial Government's land acquisition north of Cardinal is a major one. Although the particulars are not as much as some had hoped for, it is at least a large step in the right direction. Much can be read into Mr. Irvine's statement that is perhaps not there and therein lies an inherent danger.

The site is there and the prospects of development appear good, but that is, at this point all that is known.

Should the establishment of a major industry be forthcoming the benefit to the surrounding area could be enormous. The secondary and support industries that would be drawn to the rural towns would not only be inevitable but desirable.

Municipal government should start now to at least prepare for this kind of development by planning industrial parks to assist in orderly development.

The future of the area, to a large extent depends on the start that Don Irvine has provided by initiating this project in our riding.

New era of violence

Our permissive society seems to have spawned a new era of violence, but more terrifying than the violence itself is society's growing indifference to it.

The trend seems to be spreading to the judicial system judging from the sentences being handed out. What is needed are the strongest sentences the law allows, when violence is used during the commission of a criminal act.

The death penalty is on the books when a police officer is killed and it should be imposed and carried out without interference from the Federal Cabinet.

The rehabilitation of the criminal is a noble concept and in many cases a workable one but the courts and the government must begin to realize that their first obligation is to the public.



Walter Baker, M.P. Reports To Grenville Carleton

Questionnaire for Constituents

As this column is being prepared, Members are awaiting the call to the first day of the resumed First Session of the 30th Parliament. Because of the interest expressed by many people in the business that is on the Order Paper and therefore before the House of Commons as we begin this part of the Session, I thought I might give you a listing of the Bills and if anyone is interested in more particulars with respect to anyone of them, I would be most happy to answer any request if you would write to me at the House of Commons (postage free) or give my Parliamentary Office a call at 92-4394:

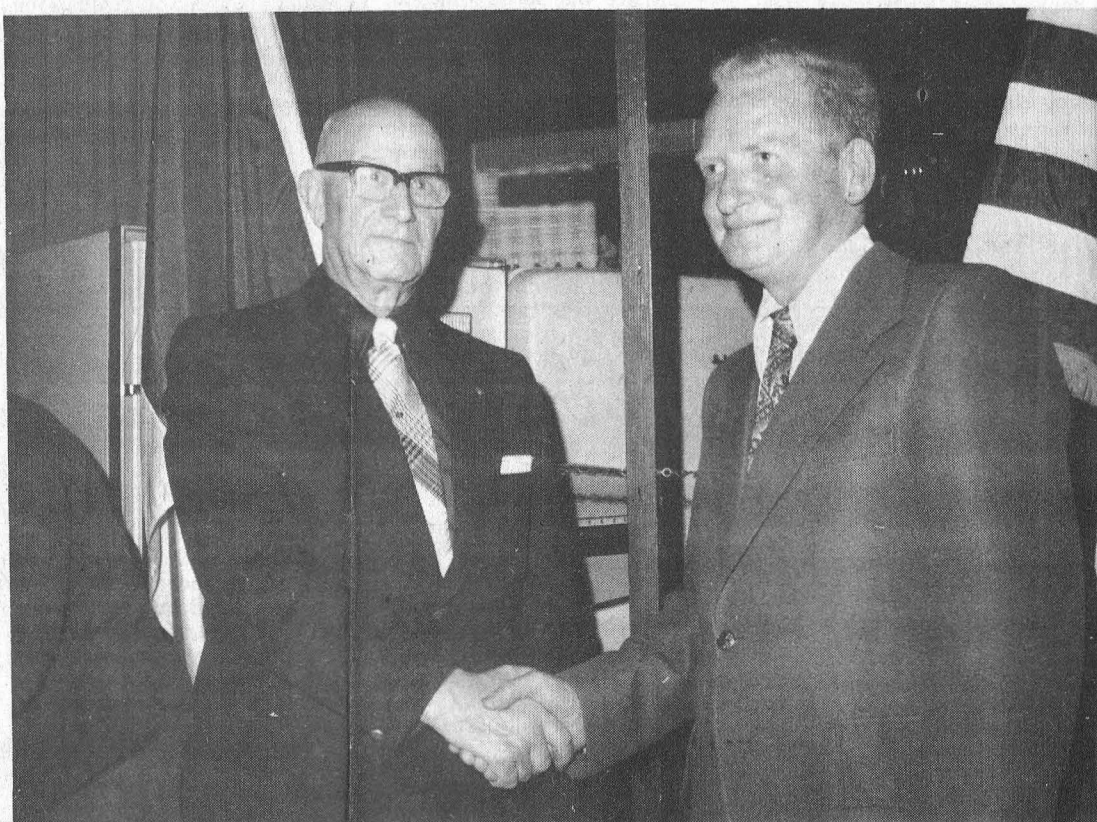
- C-3) An Act to Amend the British North America Acts, 1867 to 1965.
- C-5) An Act to Establish the Canadian Radio-television and Telecommunications Commission and to amend the Broadcasting Act.
- C-6) An Act to Establish a Canada Manpower and Immigration Council.
- C-7) An Act to enable banks to be incorporated by letters patent and to enable capital stock of banks to be held and voted by provincial governments.
- C-8) An Act to establish a National Petroleum Company.
- C-11) An Act respecting the National Anthem of Canada.
- C-16) An Act to amend certain statutes to provide equality of status there under for male and female persons.
- C-20) An Act Respecting Citizenship.
- C-21) An Act to amend the Agricultural Products Cooperative Marketing Act.
- C-23) An Act to provide for the payment of superannuation benefits to Lieutenant Governors.
- C-24) An Act to amend the Salaries Act.
- C-25) Environment Contaminants Act.
- C-26) Civil Service Insurance Act.
- C-28) Animal Contagious Diseases Act.
- C-29) Canada Business Corporations Act.
- C-30) Prairie Farm Assistance Act.
- C-32) Petroleum Administration Act.
- C-33) Cultural Property Act.
- C-34) Farm Credit Act.
- C-35) An Act to Amend the Statistics Act.
- C-37) An Act to provide for the control of dumping of waste and other substances in the ocean.
- C-39) An Act to amend the Customs Tariff.
- C-40) An Act to amend the Excise Tax Act and the Excise Act.
- C-41) Western Grain Stabilization Act.
- C-43) Law Reform Commission Act.
- C-44) An Act to Amend the Senate and the House of Commons Act, the Salaries Act and Parliamentary Secretaries Act.
- C-46) An Act to amend the National Housing Act.
- C-47) An Act to Amend the Judges Act.
- C-48) An Act to Amend the Railway Act.
- C-49) An Act to Amend the Statute Law relating to income tax received first reading on December 20th, 1974.

During the adjournment I managed to get into all of the major communities in Grenville-Carleton to talk to my constituents and I would like to express my gratitude to so many who spoke to me frankly and in a very constructive way. It is my intention, before too many weeks have passed, to submit to each household in Grenville-Carleton a questionnaire on certain subjects with which Parliament will be asked to deal in the near future and, also, deal with matters of constituency concerns. I find this a very valuable instrument of information as your Member of Parliament.

Of interest to everyone in Eastern Ontario, and indeed to the country, will be the operation of the Special Joint Committee of the House and Senate on the future

see QUESTIONNAIRE - page 5

Awards Presented at Lions Supper



Lee Ricky, Past International Counsellor (left) presents 25 year service pin to Ken Kirkby



Post District Deputy, Jen Dunning (left) presents plaque for outstanding service to Iroquois Lions secretary Alex Bonford.



Bill Smiley

Now I'll point straight, Cliff

By BILL SMILEY

CAME across a new party game recently, and thought you might like to try it on your guests.

It all began with some friends of ours who like to play with words and create wild puns. They had a bit of a problem and one said to the other: "We seem to be in dire straits."

The other replied solemnly: "Yes, Dire Straits separate Tierra Del Fuego from the Cape of Good Hope, I believe."

Or something like that. And they were off. They tried it on some of their friends, and the result was a collection of puns that even Shakespeare would have blushed at.

All you need is a knowledge of geographical terms and a total inability to blush at the atrocious puns you produce.

Some of your friends will undoubtedly try, if I know people, to turn it into a pornographic geographic game. This is almost, unavoidable, because there are a lot of people with dirty minds, unlike you and me.

These excrescences on the face of our pure and bland society will come up with filthies like Sunapha Beach, the State of Nymphomania in which we find a mountain called Mons Pubis and a wood labelled Shewor Forest. Pay no attention to them.

They'll suffer enough in the next world for contriving such monstrosities as Taka Peak, Issa Butte, Para Buttes and Maka Pass. Oh, they'll suffer.

But not as much as you'll suffer when your guests get into the swing of things, and start producing such items as Melon Coulee and Sherbet Shore.

Perhaps what you should do is partition your guests into groups, give each group a geographical term, and see what happens.

Thus, you might say to one group: "O.K., your topic is bays. Let's hear some bays." So you get such items as Hound-dog Bay, and Stagat Bay and Brought To Bay.

To another group, you submit streams, and they supply such doozers as Uptha Creek, Niktha Creek and Sleau Burn. If there's an alcy in the crowd, he might suggest Live R. At the basis of this body of

water is Font of Life, and running off from the main river are Minna Rills. In there somewhere you will find Compression Springs.

Don't go away, it gets worse. In front of me I have a map, showing this unusual world, drawn by an excellent cartoonist who became involved.

On that map is an island called Nomanison Island (the poet Donne), on which is a lighthouse called Gotta Light and a cape called Cape Waukin. All we need is a Bullfighter's Cape.

Someone drew cities, so that on the map we have Greater Kappa City and, in small print Lesser Kappa City. In these cities may be found such things as the Public Library, Brut Al Copse (a small wooded area,) and a narrow street labelled Gunman's Mall.

On the map is a kingdom called Kingdom of Kum (ruled by King Klimact Eric) and above that is a smaller adjunct called Higher In Kum, and below it another called Lower In Kum.

Just off the State of Nymphomania lies Kumin Sea, in which are found a Fast Eddy and a Current of Ents.

Then there are the great blank spaces on the map. One is entitled Ara Plain, and the other Just Deserts.

And there are hills and mountains. We have Kitchen Range, Ovatha Hill and Duty Cois.

Nor is mining left out. There is an ancient mine, begun by the Incas, called Old Pala Mine. Another, Owtfaya Mine.

There are huge forests dubbed I Never Wood, and Yew Wood, and She Wood, and Hee Wood, and of course, the biggest of all, Y'all Wood.

There are points, succinctly titled Getthe Point and Point A Forder.

There are dangerous, dirty great rocks looming just off Dire Straits. They are fearsome to sailors, and no wonder. They are known as Acid Rock and Country Rock.

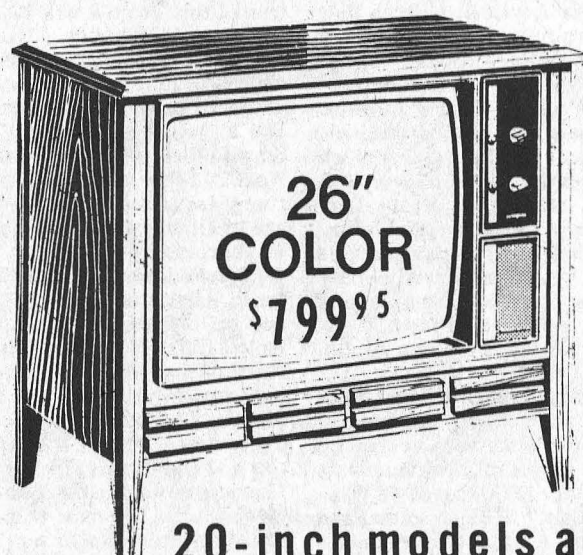
There are a couple of sounds, one called Mersey Sound, another Safer Sound.

There are a couple of depressions, or faults, in the map. One of these is Kronic Depression, the other is Itzer Fault.

There are elevated coast lines. These are dubbed Base Cliffs, Treble Cliffs, and the High Coast of Living.

Got the idea? Try it out. I guarantee you'll be ill in twenty minutes. But don't let them pawn off on you such junk as Generation Gap, Parr Gulf, and Cape Porn.

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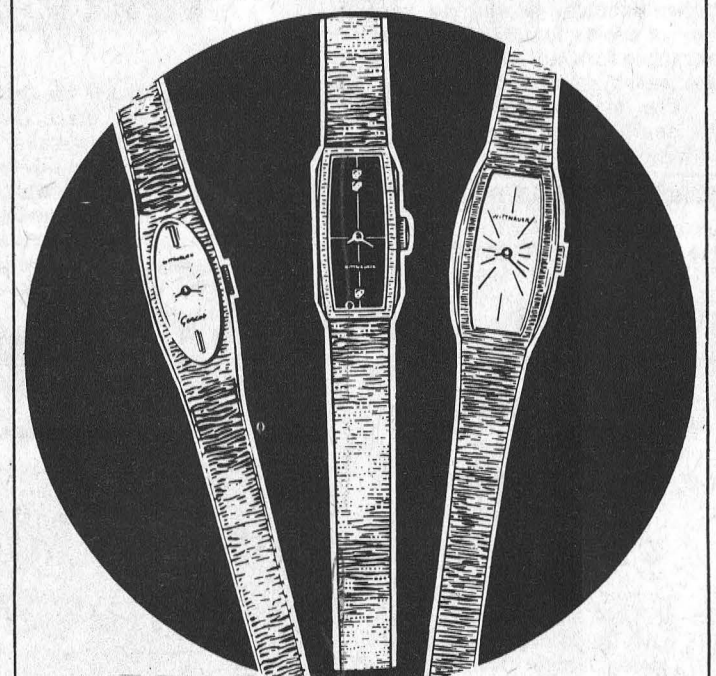
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TODAY'S CHILD

BY HELEN ALLEN

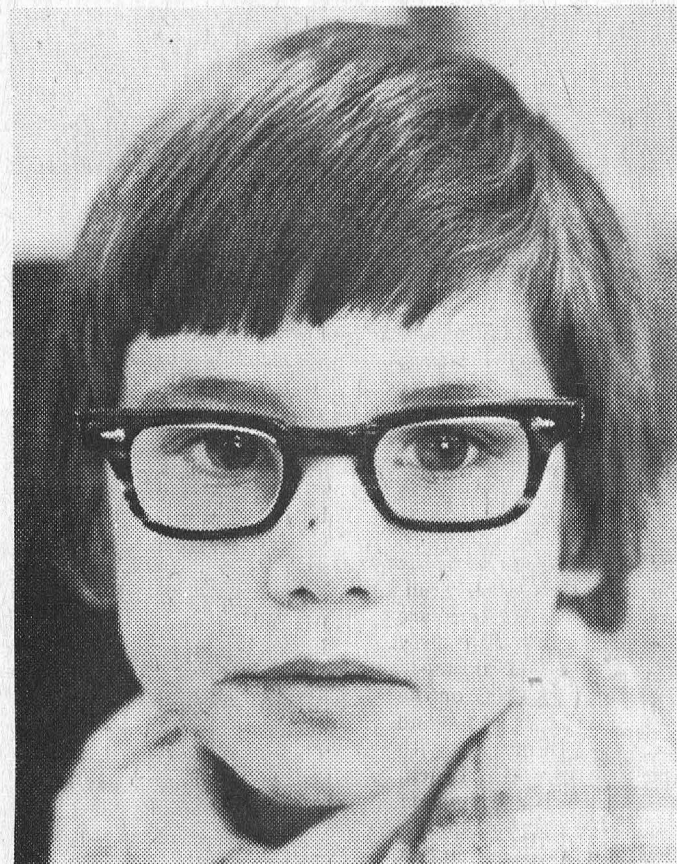
THE TORONTO SUN SYNDICATE

Robby is an appealing six-year-old with dark eyes, brown hair and medium complexion. His glasses are for far-sightedness. He is in good health but is an insecure little fellow who needs patient, understanding parents. He likes to be helpful and is usually co-operative, but can be moody when he does not get his own way.

Robby is doing well in kindergarten but he seems to need a great deal of encouragement to try new things, as well as much praise if he succeeds. He is not expected to excel academically.

He will be a lovable son for parents who appreciate his need for warmth and complete acceptance. Other children in Robby's adopting family will be an asset but they should be at least four years older.

To inquire about adopting Robby, please write to Today's Child, Ministry of Community and Social Services, Box 888, Station K, Toronto M4P 2H2. For general adoption information, consult your local Children's Aid Society.



A LOVABLE BOY

Your money and credit



USING A CHARGE CARD

Charge cards were virtually unknown 20 years ago. Today, many people would find it hard to imagine life without such a convenience. With a charge card, one can make small purchases, enjoy them immediately and pay either some or all of the purchase price at the end of the month.

Charge cards are also the advance signal for the "less cash/less cheque" payments system of the future, when insertion of a coded charge card into a special machine will enable one account to be debited and another credited almost instantaneously. Much less cash will be in circulation and fewer cheques will be written, thus stemming the formidable flood of paper which now strains the banks' processing system.

Department store credit has a charge card to go along with it. This is simply a matter of convenience, so the clerk knows that the customer has credit with that store. Small transactions can therefore be handled immediately and the larger ones can be checked quickly.

Oil companies often have individual charge cards to attract the customer into their service stations and not the other one across the street. Travel and dining charge cards provide convenience when paying a hotel bill, entertaining, buying a train or plane ticket.

Since a lot of money is involved in these transactions, the charge card company usually checks fairly carefully on the customer before issuing the card.

The various credit cards issued by the banks have been arranged for the convenience of the public. They speed things up; they establish credit if you are out of town and short of cash; they enable you to buy things when you need them, so long as you can pay for them in the future — either at the end of the month or in a reasonable time.

These cards are not designed to make the acquisition of the goods and services so easy that it can be abused. The Canadian banks only issue these devices to people whom they know to be credit-worthy. The banks do not want to encourage people to get into debt over their heads. They only want to make life a little less complicated in a complicated world.

This is one of a series of columns on money management, condensed from the booklet *Your Money and Credit Today and Tomorrow*, published by the Canadian Bankers' Association. Copies of the booklet, in English or French, are available free from the Association at P.O. Box 282, Toronto Dominion Centre, Toronto, Ontario, M5K 1A3.

Hypothermia Kills

"MAN, PARTLY CLOTHED, FOUND FROZEN TO DEATH." This could be the headline in your local newspaper some frosty morning.

"Why?" you ask, "would anyone start taking off his clothes in sub-zero weather?"

Hypothermia, the dropping of body temperature, is the factor that brings on death due to cold exposure. At a certain point, hallucination begins. The victim may exhibit abnormal behavior and dreaminess. He may be seeing car lights where there are no cars for miles, be walking on a sandy beach by the ocean, or safe at home stretched out in a warm bath. At this point, he is in a bad way and if help is not immediate he will die.

If you are going to be outdoors in cold weather for any length of time be properly dressed. Hypothermia is caused by exposure to cold, aggravated by wet, wind and exhaustion and is accompanied by the chilling of the inner core of the human body.

UNDERSTAND COLD

Most hypothermia cases develop in air temperatures between 30 and 50 degrees F. Most outdoorsmen simply can't believe such temperatures can be dangerous. They fatally underestimate the danger of being wet at such temperatures. It's the cold water in your sopping wet clothes, flushing body heat from the surface of the clothes that lowers the body temperature to the fatal point. The chill factor must be considered as well as the temperature to the fatal point. The chill factor must be considered as well as the temperature reading. A wind blowing at 20 m.p.h. when the thermometer reads 20 degrees F. creates a chill factor temperature of minus 10 degrees F. think hypothermia.

If the weather is wet wear raincoats that are proof against wind driven rain and cover head, neck, body and legs. Polyurethane coated nylon is best. Ponchos are poor protection in wind. When clothes get wet, they lose about 90 % of their insulating value. Cotton underwear is useless when wet, wool loses less insulating value than cotton or synthetics.

Wear woolen clothing: 2-piece woolen underwear or long wool pants and sweater or shirt. Include a knit cap that can protect neck and chin. Keep your head and the back of the neck covered. Twenty per cent of the body heat can be lost through the exposed head and face.

Let someone know where you are going, your route and how long you expect to be outdoors. If you fail to show up in the specified time, a search party has a better chance of finding you alive.

Be prepared for cold, wet weather. Don't let the dead chill of hypothermia overtake you.



Ann Landers

Dear Ann Landers: I am a respectable married woman with grown children. Two years ago I decided to go back to work as an executive secretary when our youngest child went off to college.

The problem is that my boss talks in his sleep. Before you get any funny ideas let me assure you that there is nothing out of the way going on. My boss is an Elder in the Mormon church and I am a practicing Catholic. The man has not so much as glanced sideways at me.

But it seems he talks in his sleep, and in the past several weeks he has mentioned my name several times. His wife phoned yesterday to tell me this and suggested that perhaps we should have a little talk. I told her there is nothing to talk about and her reply was, "I feel relieved after our conversation but this is the first time he has ever mentioned another woman. He usually talks about his brother or the children."

Will you please tell me why this man would be talking about me in his sleep? Should I tell my husband? I swear to you I am -- Innocent.

Dear Innocent: I believe you, and I'm sure his wife does too. Stop worrying. Your boss talks about you in his sleep because you are one of the people he

spends time with during his waking hours, so naturally you are in his subconscious. His thoughts need not be erotic, however. Witness the fact that he usually talks about his brother or the children.

Yes, tell your husband. It can do no harm. He should know about it, just in case Mrs. Boss goes off her rocker and decides to call him, too.

Dear Ann Landers: Help me please to get over this terrible feeling of resentment against a certain person. His presence in our home makes me ill. I find it difficult to cook a dinner when he is coming -- which is very often. When he is at the table, my stomach knots up and I can't eat. Unfortunately, he is our future son-in-law.

The young man is arrogant, obnoxious and an authority on every subject. He must always have the last word. I have told my daughter that her life will be hell if she marries him but she won't listen. She's of legal age, 21, and can do as she wishes. I am sure she is going to marry this terrible person and I see nothing in store for her but heartache.

My husband and I get along fine. We raised three good children. I hate to think of the struggles ahead for me--since I must feign pleasantness and include him in

all family get-togethers. Maybe you can say something that will help me like our future son-in-law. Please try. Heartsick Mother

Dear Mother: There is no way you are EVER going to like your future son-in-law. The best you can do is accept the fact that your daughter is going to marry him. Refrain from knocking the bird or trying to talk her out of it.

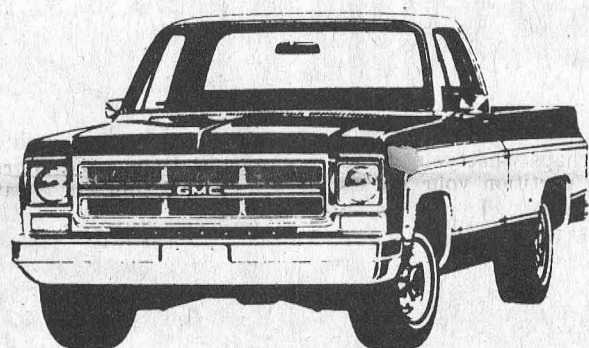
Some people must get their lumps the hard way and apparently your daughter is one of them. But please don't overlook the possibility that in spite of your evaluation, the marriage might turn out to be a good one.

I suggest that you not allow the young man to become a star boarder. Obviously he is hard on your nerves and you should not subject yourself to so much unnecessary tension.

Are drugs O.K. if you learn how to control them? Can they be of help? The answers are in Ann Landers's new booklet, "Straight Dope on Drugs." For each booklet ordered, send one dollar bill, plus a long, self-addressed, stamped envelope (20 cents postage) to Ann Landers, P.O. Box 1400, Elgin, Illinois 60120.

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New Regulations Announced For Snowmobiles

TORONTO -- The Ministry of Transportation and Communications has recently amended the regulations governing the operation of motorized snow vehicles in Ontario.

The amendments cover such areas as registration, insurance, speed limits, reporting of collisions, wearing of helmets and obtaining written permission from the land owner in order to drive on his property.

The changes that will apply to the owners and operators of snowmobiles this season are: -- On the sale of a new vehicle the dealer must register the vehicle with the Ministry and pay annual licence fee. (In the case of a machine used exclusively on the private property of the owner of the machine application may be made for a refund)

-- As well as being prohibited from driving on the roadway of a King's Highway you are now also prohibited from driving on the shoulder.

-- Carrying of proof of insurance is now required when using public trails as well as on a highway.

-- If a snowmobile is involved in a collision on or off the highway...including private property...which results in personal injury to any person or in damage to property including that of the

owner of the snowmobile exceeding \$100., the operator shall report the collision to the police as soon as possible.

-- Speed limits have been set for the operation of motorized snow vehicles when being driven on a highway, upon any public trail, or in any public park or exhibition grounds.

-- Under the new legislation, a "public trail" is defined as a snowmobile snow vehicle trail established and maintained in whole or in part by public funds.

-- Where the speed limit on a road is 30 miles per hour or less, no snow vehicle may be driven at a greater speed than 15 miles per hour. This speed limit applies in any public park or exhibition grounds.

-- If the highway speed limit is greater than 30 miles per hour, the maximum speed permitted for snow vehicle operation is 30 miles per hour. This is also the maximum speed permitted on any public trail.

-- Municipal by-laws may vary speed limits provided signs are erected. Municipalities have the right to pass by-laws regulating, governing or prohibiting the operation of snowmobiles anywhere within their boundaries, on or off the highway.

-- The operator of a snowmobile driving on private property is required to stop and give his correct name and address at the request of the owner or occupier of the property.

-- The towing of a cutter, toboggan or sled is not permitted on a roadway or shoulder except to cross at an angle of approximately 90 degrees. Towing is not permitted anywhere except by means of a rigid tow bar.

-- Helmets must now be worn by all snowmobile operators, passengers and persons being towed by a snowmobile, when on the roadway, shoulder or a public trail. Helmets must comply with standards established for motorcycle helmets.

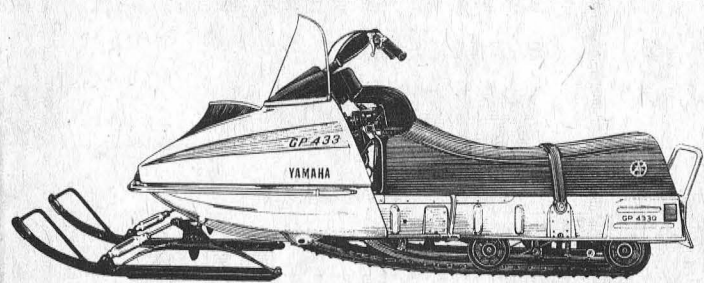
-- All snowmobile operators must obtain written permission from the owner or occupier of land in order to drive on the property. Where an owner gives permission to a club, the permission extends to all members of the club. Trespassing on private land while operating a snowmobile is an offence carrying a fine of up to \$500.

The new legislation contains authority for additional control and regulation which will not come into effect until next season. These relate to identification of the vehicle as well as driver licensing and age limits. A further announcement will be made on these subjects at a later date.

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Brinston, Ont. 652-4614

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because the roughage portion of the ration dictates the combination of essential minerals needed. All SHUR-GAIN MINERALS are now formulated accordingly. It's nutritionally right, it's easy, it's economical, to select the best SHUR-GAIN mineral mixture for your livestock...

SHUR-GAIN ESSENTIAL MINERALS #1—FOR NON-LEGUME FEEDING... feed where roughage is grass, hay or corn silage.

SHUR-GAIN ESSENTIAL MINERALS #2—FOR LEGUME FEEDING... feed with high legume forage, to balance the high calcium, low phosphorus.

SHUR-GAIN ESSENTIAL MINERALS #3—SALT FREE... feed where salt is available in the water or other source.

SHUR-GAIN ESSENTIAL MINERALS #4—HIGH PHOSPHORUS... for dry cows just prior to freshening.

SHUR-GAIN RANGE MINERALS... for Western feeding conditions, where stock is on a high hay or pasture ration with salt provided separately.

SHUR-GAIN

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Assorted Colours

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KEM TONE
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ELEC. FRY PAN

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DOMINION HARDWARE
IROQUOIS SHOPPING PLAZA**

SOCIAL and PERSONAL

Hanesville

Congratulations to Mr. and Mrs. Vein Speer who celebrated their twenty-fifth anniversary.

Mr. Herman Thompson returned home from the Winchester Hospital.

The ladies' of the stitchery classes are busy getting ready for Summery Day February 5th in Chesterville.

Pittston

Mr. and Mrs. Reg Connors spent the week-end with Mr. and Mrs. Arno Hall, Trenton.

Mr. and Mrs. Robert Bass visited Mrs. Pearl Pitt recently. Helen Savor, Iroquois, spent a few days with Mr. and Mrs. Reg Connors.

A former resident of Pittston and Spencerville district, Mrs. A. Martin, passed away at St. Lawrence Lodge, Brockville. Funeral service Sunday at 2:30 at Purcell's Funeral Home, Spencerville. Deepest sympathy to the bereaved families.

Pleasant

Valley

Sympathy is extended to Mrs. Harold Boyd, Morrisburg, formerly of Brinston, in the death of her husband and also to Mr. George Francis in the death of his sister Mrs. Peebles, Smiths Falls.

Mr. and Mrs. Morley Connors have returned home to Toronto after spending a few days with Mr. and Mrs. Lee Kennedy.

Our best wishes go to Mrs. Clarence Glimmer a patient in Civic Hospital and to Mrs. Delmar Adams a patient in Winchester Hospital.

Mr. and Mrs. David Gilmer and Mr. and Mrs. Rae Merkley spent Friday in Manotick.

Mr. and Mrs. Carl Sears are now residing in the brick residence formerly owned by Mr. and Mrs. Bill Somerville.

Merrickville Team Captures Bowling Trophy

Despite the inclement weather, thirteen teams from Zone G-3 took part in the bowling tournament hosted by the Legion Ladies' Auxiliary to Branch 370, held at the Ingleside Bowling Alley, Saturday, January 18th.

Teams entered were: Osgoode, 2, Manotick 1, Morrisburg 1, Kemptonville 3, Merrickville 3 and Iroquois 3.

The competition was keen and the scores very close with the best of sportsmanship displayed throughout the entire tournament.

Merrickville team No. 1 came first, to capture the trophy, with a score of 2,724 points.

Iroquois No. 1 team was second having 2,704 points. This is the first time that the Merrickville ladies have won, having donated the trophy in 1965 and taking it from the Iroquois team who have held it for the past five years.

Members of the Iroquois team were, Cora Easter, Fern Goodmumphy, Gale Kirker, Judy Barkley, Doreen Bailey and Hazel Anderson, each receiving a smaller trophy. Iroquois team No. 3, Joyce Menard, Vicky Brayne, Jean Millard, Norma Deleagarde and Edna Hagarty had the lowest score and each received a trophy quite appropriate for the occasion and might try next year for the other half.

Due to the good response, from the Auxiliaries, for financial help given the Zone sports fund, more prizes were given to the winners.

The men of Branch 370 served a 6 o'clock dinner and the evening ended with a dance with music furnished by "D. G." Brockville.

The ladies thank all who took part and the ones that helped in any way to make the tournament so successful.

Budget Subject Of Annual Vestry Meeting

The Annual Vestry Meeting of St. John's Church, Iroquois, was held at the Church Hall on Wednesday, January 22nd, at 7:30 p.m.

The Chairman was the Reverend Francis Gooch who conducted the opening devotions. Miss Bonnie Casentree was re-appointed Vestry Clerk, and read Minutes of the previous Annual Meeting, and also of Special Vestry Meeting held in May. These Minutes were approved and business from the Minutes completed.

The Annual Financial Reports were presented, having been verified by the Auditors, Corinne and James Hubbard. These were for the General, Building, Capital Reserve, and Gift Funds of the

Church, and also for the Cemetery. The respective Treasurers spoke about these accounts as was required, and then the reports were adopted.

The Annual Financial Statements for the several organizations were also approved by the Meeting, inclusive of the Alter Guild and Ladies' Guild.

The chairman, using a "flip-chart", presented the details of the proposed Budget for 1975. There was time for discussion and questions. This budget, providing for Congregational Expenses in an amount of \$5,587 including the Diocese of Ottawa Apportionment of \$1,926; and for a 30% share in both the Parish Common Ex-

penses and also the Diocese of Ottawa Clergy Salary Assessment; to total of \$10,042 was adopted. This is the basis of St. John's Church continuing a status of self-support, in co-operation with St. James's, Morrisburg and Holy Trinity, Riverside, as three-point parish.

In the Rector's Report reference was made to the importance during 1975 of following an Action Plan, as suggested to all parishes by the Directors of Administration, and of Program for the Diocese of Ottawa. The four key points are Worship, Giving, Learning and Serving; all of which are practical aspects of full Christian Stewardship.

The Officers and other lay leaders appointed or elected are: Rector's Warden, Gerald Corneli; People's Warden, James Styles; Treasurer, Miss Bonnie Casentree; Auditors, Corinne and James Hubbard; Envelope Secretary, Corinne Hubbard; Cemetery Secretary - Treasurer, Ed Casentree; Lay Member of Synod, Ed Casentree with Myrna Johnston as Alternate Member; Convener of Sidesmen, Carl Banford; Elected to the Parish Central Committee, James Hubbard; and nominated to the St. John's Congregational Council, in addition to the Wardens and Treasurers, were: Allan Bueley, Allan Armstrong, Muriel Robertson, Myrna Johnston, Lillian Scott.

Refreshments were served by ladies of the congregation.

SPECIAL VALUE DAYS

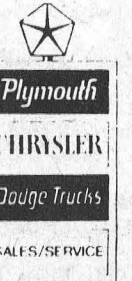
- 1974 VALIANT, 4 dr. sedan, big six automatic, P.S., P.B., defogger, radio, finished in Rally Red. Lic. No. EH2409
- 1973 CHRYSLER NEWPORT, 4 dr. hardtop, fully equipped, one owner, sold new by us. Lic. No. EJB907
- 1973 VALIANT 4 dr. sedan, big six automatic, P.S., radio, defogger, delivered new by us. One owner. Lic. No. EHT638
- 1972 FARGO 1/2 ton pickup. Special Edition with the Adventure package. P.S., P.B., Radio, Whitewalls, low mileage. Lic. No. D19806
- 1971 CHEVROLET IMPALA, 2 dr. H.T., fully equipped, dark blue with white vinyl roof, very sharp. Lic. No. BHB067
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PORK ROAST
lb **95**

FRESH PICNIC
PORK SHOULDER
lb **75¢**

PORK
BUTT ROAST lb **85¢**

FRESH
PORK HOCKS lb **49¢**

BRANDED BEEF
BLADE STEAK lb **98¢**

IMPORTED
LAMB LEGS lb **\$1.09**

BUTT
PORK CHOPS
95¢ lb

BURNS or
MAPLE LEAF BREAKFAST
SAUSAGE lb **69¢**

BURNS CELLO
WIENERS lb **75¢**

CHOICE LEAN BEEF
RIB STEW lb **79¢**

DU BRISSON SHORT SHANK
SKINLESS HAM
EITHER END lb **\$1.05** CENTRES lb **\$1.25**

January BAKERY Specials

Vachon 8's
Mini Joe Louis **74¢**

Willard's Fresh Home Made Fried Pkg. 10
Cake Doughnuts **99¢**

Betty's Sliced 16 oz. Save 19¢
Crusty Bread 2 for **79¢**

Betty's
Apple Turnovers **59¢**

Christie's Fresh - Famous
Chocolate Rolls **94¢**

PRODUCE

Florida
ORANGES
Doz. **49¢**

Waxed
TURNIPS lb **11¢**

Pascal 24's
CELERY Each **39¢**
MUSHROOMS **65¢** Box



Five Roses 100 Lb. Bag
Flour **\$11.95**
Provigo Sweet 48 oz.
Orange Juice **49¢**

FROZEN FOODS

- Pepperidge Farm Coconut 13 oz.
LAYER CAKE **85¢**
- TV 12 oz.
ORANGE JUICE **37¢**
- Blue Water Haddock 14 oz.
FISH STICKS **\$1.19**
- Frazer Vale 2 lb. bag.
MIXED VEGETABLES **79¢**

SPLENDOR
SPAGHETTI
2 lbs. **39¢**

Sunlight Powdered King Size
Laundry Detergent **\$2.29**

Lavo 128 oz.
Liquid Bleach **79¢**

McLaren's Assorted 15 oz.
Relish **49¢**

Mother Parker's 2 lb. Bag
Hot Chocolate **\$1.59**

Uncle Ben's
Stuff n' Such Bake or Make on top of Stove. The Anytime Stuffing Mix

Wood's Acrylic 27 oz.
Floor Finish **\$1.33**

Nature's Best
Peas **36¢**

Betty Crocker 6 oz.
Fruit Helper **49¢**

Billy Bee White 2 Lbs.
Liquid Honey **\$1.95**

Provigo 20 lb. Bag
Flour **\$2.89**

Mother Parker's 100's
Tea Bags **99¢**

RISE & SHINE
ORANGE CRYSTALS **69¢**

MAPLE LEAF
TENDERFLAKE

LARD 1 lb. **69¢**

ORANGE CRYSTALS **99¢** pkg. 4

Kraft Miracle Whip
Salad Dressing **\$1.28**

HABITANT CREAM
TOMATO SOUP
28 oz. **42¢**

MOTHER PARKER'S
ALL PURPOSE
COFFEE **\$1.09**
lb bag

PROVIGO
CREAMERY BUTTER
lb **89¢**

PROVIGO
KETCHUP
32 oz. jug **96¢**

KRAFT CRUNCHY or SMOOTH
PEANUT BUTTER
16 oz. jar **69¢**

MIR
LIQUID DETERGENT
2 FOR **89¢**

WHITE SWAN
FACIAL TISSUE
WHITE OR PINK 200's 2 FOR **88¢**

ALLEN'S VITAMINIZED
APPLE JUICE
48 oz. **57¢**

AYLMER FANCY
TOMATO JUICE
19 oz. **25¢**

✠ Sunday Services in the Churches

CHRISTIAN REFORMED CHURCH WILLIAMSBURG, ONT.
Feb. 2—Mission Sunday
9:30 a.m. — Rev. L. Wagenfeld, Missionary to Argentina
10:30 a.m. — Sunday School
2:30 p.m. — Text: 1 Timothy 1, Ver. 15; Theme: Mission News

Anglican Church of Canada Parish of Iroquois and Morrisburg
Rev. Francis N. Gooch, B.A. Telephone 543-2867
ST. JOHN'S - IROQUOIS
February 2nd
Presentation of Christ in the Temple — and — Purification of St. Mary The Virgin
Saint James', Morrisburg
9:30 a.m. — Holy Eucharist
Next Sunday, February 9th, a Congregational "Chat-n-Coffee Time" after the 11 a.m. service.

IROQUOIS PASTORAL CHARGE UNITED CHURCH OF CANADA
Rev. W. Brian Gee, B.A., B.D., Th.M.
Organist: Mrs. George Fowler
Sunday, February 2, 1975
9 a.m. — Men's Breakfast in the Hall
11 a.m. — Worship and Church School
Saturday, February 8th
8:30 to Midnight Saturday Night Dance—No admission

THE PRESBYTERIAN CHURCH IN CANADA KNOX CHURCH, IROQUOIS
The Rev. John J. Hibbs, B.A., B.D., M.Th., Pastor
Mrs. M. Casselman, Organist
MINISTRY OF WORSHIP, EDUCATION AND OUTREACH
Midweek Youth-Adult Program
SUNDAY
Church School 9:45 a.m. (Kindergarten thro. Grade 12)
Worship Service 11 a.m. (Adult Nursery Supervision for Children 4 years and under)
VISITORS AND NEW CHURCH FAMILIES WELCOME!

ST. ANDREW'S CHURCH South Mountain
Mrs. Arnold Shaver, Organist
SUNDAY
9:30 a.m. — Service of Worship (Adult Bible Class Following)
YOU ARE MOST WELCOME!

UNITED CHURCH OF CANADA Matilda Pastoral Charge
Rev. L.D. Joyce, M.A., Ph.D., Th.D.
9:30 a.m. — Hainsville
11 a.m. — Hulbert
1:30 p.m. — Brinston
Winter Communion Services

ST. MARY'S CHURCH
Rev. F.M. O'Connor, P.P.
Saturday 7:30 p.m.
Sunday 11 a.m.
Confessions Friday 8 to 9

ST. CECILIA'S CHURCH
Sunday 9:30 a.m.
Confessions Friday 7 to 7:45

Obituaries

Ralph Tousaw Passes Away

Ralph Tousaw, a well known and highly respected resident of Matilda Township passed away on Thursday, January 9th at the Winchester Memorial Hospital. Born December 14, 1902 he was the son of the late Ansel Tousaw and his wife Martha Flett. After receiving his education in the area schools he farmed on the home farm for years. His main interests centred in his home and family.

He is survived by his wife, the former Marion B. Foster and two daughters, Mrs. Arnold Barkley (Janet) of Iroquois and Mrs. William Willis (Betty Anne) of Ottawa and four grandchildren, Debra and Steven Barkley, Jimmy and Robbie Willis.

Left to mourn his loss are three brothers, Roy Tousaw of Iroquois, Clayton and Earle both of Brockville, and one sister, Mrs. Ivan Casselman (Norma) of Morrisburg as well as several nieces and nephews.

Funeral services were conducted at the W.E. Fitzsimmons Funeral Home on Sunday, January 12th with Rev. Brian Gee officiating.

Full bearers were neighbours, Glen Swerdfeger, Willis Douglas, Job Vander Poel, Bennie Willis, Ken Baldwin and Ford McCaslin.

Interment will be in Point Iroquois Cemetery in the spring.

In Memoriam

FETTERLY — In loving memory of William L. Fetterly. Just a thought of sweet remembrance, Just a memory sad and true, Just the love and sweet devotion, Of one who thinks of you.

Lovingly remembered by Bobby and Chris, Judy and Donald. 32-1p

Highland Dancing

A local competition was held on Saturday January 18th in Cornwall for residents of Stormont, Dundas and Glengarry.

Iroquois dancers who competed were Julie Waddell, Rondalyn Adair, Kendra Adair, Cindy Patterson, Karen Craig and Cheryl Styles.

Cheryl Styles, dancing in the Novice II and over class, was commended in four dances, Irish jig, Highland Fling, Sailors Hornpipe and Sean Tribbhas.

Rondalyn Adair was commended for her Irish Jig in the pre open II and over class.

Karen Craig placed third in the 6 and under Fling.

Cindy Patterson placed 2nd in the open 10 and under Irish Jig, 4th in the Highland Fling and was commended for her Sean Tribbhas.

Two of Gayle Robertson's other students, Pamela and Karen Gowanlock of Morrisburg also placed in their respective classes.

TO EDWARDSBURG RESIDENTS - - - HOMES - FARMS - LAND

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WINCHESTER — ONTARIO

Bird notes



Have a Chickadee for lunch — as a guest, that is! Get acquainted with a Bluejay; meet the Evening Grosbeaks.

Birdwatching is gaining in popularity as a hobby for people who want to learn as well as enjoy, and the Iroquois area is an ideal place to begin. We have the best of both worlds, with shorebirds from the St. Lawrence, and field and forest dwellers from our surrounding woodlands.

In the winter, we tend to think that only the House Sparrows and the Starlings are with us, but with a minimal amount of effort and expense, we can add several colourful birds to our view. The winter residents are seed eaters, so a bag of wild bird food, with a few extra sunflower seeds, will work wonders in a very short space of time.

The Bluejay with his spectacular costume, complete with head-

gear is a joy to behold, at close range. There are Evening Grosbeaks here this year too; they wear a gorgeous gold and black plumage, with white trim and of course are easy to identify by their oversize beaks.

Consider the Tree Sparrow, a tiny member of that large family. He wears a bright reddish brown cap, white wing bars and a distinctive dark spot in the middle of his breast. This is a good bird for really watching: he flips wings and tail as he zig-zags his way across the snow, and has an interesting way of scratching with both feet, to stir up the small seeds he likes to eat.

Even smaller than the Tree Sparrow is the Black-Copper Chickadee, who made his first appearance at our feeder last week. These are friendly, sociable birds who will eventually come to a human hand to feed, if the human is patient enough to build up the rapport. They love sunflower seeds too, and crack them open by holding the seed between the feet and using the beak as a hammer. Great fun to observe this procedure.

There's never a dull moment in the bird world; so polish the windows, and keep a sharp eye out; you won't be disappointed.

One of the many farm buildings located in the area of Edwardsburg Township under option by the government.



From Page 1

tivation, very little of Ontario's prime foodlands is involved and the development will not encroach in any significant way on our food production capacity. However, we do intend to keep any cultivated land in food production until it is needed for other development.

The Premier, the Treasurer, the Minister without portfolio from London South, the Minister of Industry and Tourism and I met with Municipal Representatives from Eastern Ontario today and I will be in the area to night for a meeting with residents directly affected by the purchase.

As I said at the outset, this is the first of a series of steps we are taking to meet the social, cultural and economic needs of Eastern Ontario so that residents can share as fully as they wish in this mainstream of Ontario life and I know this has the enthusiastic support of all honourable members.

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Barn Equipment Bunk Feeders
Silo Unloaders Co-op Silos
HERVE PLANTE

ISLANDER HOTEL
GOOD FOOD - REASONABLE PRICES
OPEN MONDAY TO FRIDAY
12 NOON TO 1:30 P.M. &
5:00 TO 8:00 P.M.
Cardinal, Ontario 657-3477

Loss Of Harold E. Boyd Mourned

Harold E. Boyd eldest son of the late Mr. and Mrs. James H. Boyd passed away at Winchester District Memorial Hospital on Monday January 20th, 1975.

He is survived by his wife, the former Pauline Locke and two daughters Joyce (Mrs. Lawrence Coons) of Vankleek Hill, Sandra (Mrs. Norman McIntosh) of Morrisburg and seven grandchildren.

Left to mourn his loss are two brothers Howard and Royden both of Toronto.

The deceased served on the Matilda Township Council and Matilda School Board for a num-

4-H Stitching Witches

4-H HOMEMAKING CLUB
The first meeting of Matilda 2 Stitching Witches was held on Thursday evening January 23rd at the home of Anna Small. The following committee members were elected as follows:
President: Lori Small
Vice-President: Sheri Small
Treasurer: Cheryl Tinkler

The historical outline of embroidery and how to select colours from the colour wheel was discussed. The meeting was adjourned with the reading of the Lord's Prayer.

QUESTIONNAIRE

cont'd. from page 2

of the National Capital. I am somewhat surprised that this has not come forward at an earlier date, especially since it was mentioned in the Speech from the Throne and the Joint Chairmen have been appointed. That Committee will not only deal with Mr. Fullerton's Study but I would suspect would have within its terms of reference the Ottawa Carleton Regional Official Plan, any similar Plans from the Outaouais Region in Quebec.

I would hope, as well, that it would call for submissions from local municipalities, community associations, agricultural associations and groups and many others. As well, I think it would be important for that Committee to consider the Mayo Report when it is brought down with respect to the functions of regional government in the Ottawa-Carleton Region.

There are so many areas and interests which can affect the future development of the National Capital Area that it is difficult to see how such a study once begun could be completed except over a long period of time. Because of its importance to all of us in Eastern Ontario, I feel I ought to bring this to your attention now at the beginning of the Session.

Now that Parliament has resumed and I am acting as House Leader of the Opposition, I will be spending a great deal of Parliamentary time in the House and perhaps it is best that you contact me at 952-4364. The Constituency Office is open and any messages left there at 225-5633 will be answered as soon as possible.

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NOTICES

NOTICE

Residents, Twp. of Matilda.

The regular meeting of the Council of the Township of Matilda will be held Friday, February 7th at 1 p.m. in Matilda Memorial Hall, Brinston.

32-1c

WANTED

PROPERTY WANTED

Couple are seriously interested in purchasing a 2 bedroom home in Iroquois. All cash available. If you are seriously considering selling please call Bob Rennells 345-1403 or residence 342-0213, Glenn Rosenberg Real Estate, 13 King Street East, Brockville, Ontario. 31-3c

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WILL Babysit pre-school children in my home. \$15.00 a week. Phone 652-4189 32-1c

HELP WANTED

URGENT in all districts to train as beauty consultants for fast-growing cosmetic company, full or part-time. No investment. Call 342-6779 after 4:30 p.m. or weekends or write Fashion Two-Twenty, Doris (Beckstead) Scobie, Manager, 98 Water St. E. Brockville K6V 1A5 31-2c

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DEPENDABLE MAN WHO CAN WORK WITHOUT SUPERVISION. Earn \$14,000 in a year plus bonus. Contact customers in IROQUOIS area. Limited auto travel. We train. Airmail H.D. Dick, Pres., Southwestern Petroleum Canada Ltd., 87 West Drive Brampton, Ontario L6T 2J6.

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Lakeshore Dr. West -- On a 15,000 sq. ft. lot a two storey frame home with a large kitchen, living room and dining room. Also included is a 40x60 ft. garage. Call for an appointment.

Brinston -- Concrete block building 40 x 60 ft. used as an auto service garage, some equipment included. Lot 150x160 ft. A good place for sales and service of snowmobiles, lawnmowers and small motors. Call for further information.

Morrisburg -- Three bedroom bungalow with a paneled family room. Lot 60 x 130 ft., well landscaped, has large patio. Immediate possession. Asking \$26,900. Mortgage can be arranged.

Morrisburg Area -- Good location on the Church Rd., Well maintained 2 bedroom frame bungalow with a 16x24 ft. garage. Lot 100 x 225 ft. with a convenient garden. 31-2p

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J. Allison 543-2989
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H. Fisher 543-2213

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IN JOHNSTOWN, large residential lot 116' x 168' on north side of Second Street. Perfect for your new home and garden. Asking \$5,750. Offers invited.

IN MORRISBURG, old double brick home, on well treed double lot 140' x 120', 4 bedrooms and bath, living room, dining room and kitchen. Offers invited.

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Sales Rep. 652-2186 32-4c

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40 ACRES LIGHT BUSH, sandy loam, on County Road, Twp. of Matilda. Surveyed and severed. 10 miles from Iroquois. Excellent building sites.

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Special Saturday and Sunday Afternoon Matinees Feb. 1 & 2
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Starring Inger Nilsson
Prices: Child 75¢; Student \$1.00 Adult \$1.25--Starts at 2 p.m.

CALENDAR OF EVENTS

CASH BINGO
To be held every Wednesday night, starting October 9, at Williamsburg Legion Branch 538 (Boucks Hill). Everyone Welcome. Admission \$1.00 tfc

HEART FUND SUNDAY ON FEBRUARY 9

The annual Heart Fund Sunday appeal will be made in the village and concessions on Sunday afternoon, February 9th, in support of the cardio-vascular research work of the Ontario Heart Foundation and the Canada Heart Fund. Heart-disease, a major cause of death and incapacitation among Canadians is being fought in the labs and hospitals of our nation. Your support on Heart Fund Sunday is an essential part of this fight. Be generous with the youth of our village call at your door, or leave a donation in the envelope provided and send to the local treasurer, Bank of Montreal, Williamsburg. The canvass by our youth will be between the hours of 1-4 p.m.

BAKE SALE
The Iroquois United Church Women will sponsor a Bake Sale on Friday, February 14 at 1 p.m. at the Iroquois Civic Centre. Please mark your calendar now to reserve that date to favour us with your patronage. 31-2c

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The Iroquois United Church Women will sponsor a Bake Sale on Friday, February 14 at 1 p.m. at the Iroquois Civic Centre. Please mark your calendar now to reserve that date to favour us with your patronage. 31-2c

The annual Shrove Tuesday "Pancake Supper" of the Knox P.Y. P.S. will be held in the church hall, February 11th from 5 p.m. "on". Tickets are \$1.75 from any member or at the door (fluffy pancakes, sausages, maple syrup, ice-cream, tea/coffee). Small children's portion (8 yrs. and under) \$1.00 32-2c

Training School Project for Creative Stitchery is holding a summary day February 5th starting at 1:15 p.m. at the Chesterville Community Hall. Visitors welcome. 32-1c

Matilda Women's Institute regular meeting for February will be held Monday, February 3rd at 7:00 p.m. in Matilda Memorial Hall. Members are asked to bring a covered dish for a potluck supper. Progressive Euchre will be played afterwards. Convenors will be Mrs. V. Cutler and Mrs. W. Safford. 32-1c

There will be a meeting of the Iroquois Recreation Committee at the Civic Centre on Tuesday, February 4th, 1975, at 8:00 p.m. Anyone interested in existing programs (particularly those with budgets to be presented) as well as those concerned with the development of additional activities are invited to attend. For further information, contact Bill Cherry, Ron Fader, John McAlister, Dacie McKenzie, Jim Shaw. 32-1c

Dundas Milk Producer's annual meeting to be held March 13th, 8:00 p.m. at the North Dundas District High School. 32-1c

Dundas Milk Producers Annual Smorgasbord Dinner & Dance to be held April 12th 7:00 p.m. at the North Dundas District High School. 32-1c

CARDS OF THANKS

We would like to express our sincere thanks to our relatives, friends and neighbours for their many acts of kindness during our recent bereavement in the loss of a dear husband, father and grandfather, Harold E. Boyd. To all those who sent flowers, Memorial Cards and sympathy extended to us; also for all the wonderful food and to those who helped at our home. Our special thanks to Rev. C. Massey and Rev. Joyce, Brinston Rebecca Lodge, Fairbairn Funeral Home, nurses and staff of Winchester District Memorial Hospital, for all their kindness. These kindnesses will long be remembered.
The Boyd Family 32-1p

I would like to thank all my friends and relatives, for phone calls, or who assisted in any way while I was a patient in Winchester Memorial Hospital; Special thanks to the Royal Canadian Legion Branch No. 370 and Ladies Auxiliary. Thanks also to the ones who sent me cards and gifts also the people who came to visit me. Special thanks to Rev. Gee and Dr. Howard Justice and the nurses on second floor.
These kind acts will always be remembered.
Garnet Serviss. 32-1p (Taxi)

I wish to thank my relatives, friends, neighbours for their phone calls, cards, flowers and visits while I was a patient in Winchester District Memorial Hospital.
Special thanks to Dr. D. Justus and Dr. Flowers and nurses on the first floor for their wonderful care.
Pearl Merkley 32-1p

Winchester Hospital Births

January 14/75 Mr. and Mrs. David Carkner, R.R.#1, Williamsburg, Ontario. A Son.
January 16/75 Mr. and Mrs. Wyman Barton, Winchester, Ontario. A Son.
January 16/75 Mr. and Mrs. Richard Fulton, Chesterville, Ontario. A Daughter.

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St. Lawrence College Board Of Governors Elected

At the 1975 inaugural meeting of the St. Lawrence College Board of Governors held in Brockville Monday night (January 20th) the slate of officers was re-elected for one-year term:

chairman of the Board: Reginald F. Browne, Assistant to the Dean of Applied Science, Queen's University, Kingston.

Vice-Chairman: Gordon Spafford, Leeds and Grenville Board of Education, Brockville.

James Whiting, Alcan Canada Ltd. Research Centre, Kingston.

A replacement for the Brockville municipal appointee, E.R. O'Kelly was announced:

Thomas Wells, Works Manager, Dupont of Canada Ltd., Maitland.

Mr. O'Kelly, of Automatic Electric (Canada) Ltd., was a charter member and a former chairman of the College board.

The Council of Regents for Colleges of Applied Arts and Technology has yet to name a replacement for Mrs. Cecile Lavigne, of Cornwall, who resigned from the College board on being appointed to the Council of Regents on January 10, 1975, by Colleges and Universities Minister James Auld.

Board membership as at January 20, 1975 are:

R.F. Browne, Gordon Spafford; James Whiting, Thomas Wells; Donald Adams, Brockville; Mrs. Donald Good, Kingston; William A. Kelly, Kingston; Rosaire Legger, Cornwall; Frank Quarte, Kingston; Rev. Rudolph Villeneuve, Cornwall; Joan Willis, Brockville.

The one vacancy on the 12-member Board is a Council of Regents appointment for Cornwall area.

Brockville Missionary Society Holds 61st Annual Meeting

The sixty-first Annual Meeting of the Brockville Presbyterian Women's Missionary Society (W.M.S.) was held in Prescott recently.

Preceding the meeting the ladies joined with the Presbytery for a very impressive Communion Service conducted by Rev. J.P. Schissler of Kemptville.

Mrs. Edith Adams, Presbyterial President conducted the meeting assisted by Miss Enda Larimer, recording secretary and Mrs. Carol Torrance, corresponding secretary. Mrs. Reid, Prescott, very warmly welcomed the guests. Minutes of 1974 were read and approved. Splendid reports were heard from departmental secretaries, showing the Missionary work is progressing in most departments. Brockville Auxiliary closed the morning session with prayer.

A delicious smorgasbord dinner was then served by Prescott ladies.

Afternoon session opened with the hymn "A Whole New Me" followed with prayer by Chesterville Auxiliary. An impressive memorial service was conducted by Mrs. T.R. Gray and Miss E. Larimer of Brockville.

Rev. J. Hibbs and young people of Iroquois had a beautiful display of Banners, symbolizing "What the Church is All About."

Mrs. Hibbs stated the "Women's Missionary Society" has a great heritage and they keep missions before each one.

A group of young people from Prescott accompanied by Miss

Anne Gray at the piano sang three lovely choruses. An interesting historical skit researched and written by Mrs. John Gray "90 years of Growing" was dramatized by Kemptville Auxiliary. The first W.M.S. of Brockville Presbyterial was organized in Brockville and Prescott in 1885. All Presbyterial presidents were mentioned up the present day. In early days men were not allowed to attend the meetings and if tea was served it was considered bribery.

Spencerville will also celebrate their 90th Anniversary this year. Miss M. Boyd spoke briefly on having a display of homemade articles at the May Rally which will be held in Winchester, and hoped every Auxiliary would participate.

Mountain Auxiliary received the offering and it was dedicated by singing "We give Thee but Thine own". The Biennial Conference will be held in St. Catherine's April 25, 26, 27th. Miss Margaret Kennedy from India will be guest speaker. Mrs. John Clark was chosen as delegate. The March executive will be held in Brockville April 7th and Synodical will be held on April 1st in St. Giles Church, Ottawa.

Mrs. I. MacDonald, convenor in the slate of officers for 1975 and they were installed by Miss Boyd, courtesies by Mrs. C. Brown, Cardinal. The Hymn "O Spirit for the Living God" and prayer brought a very successful annual meeting to a close.

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WINNER-TAKE-ALL GAME
Plan To Attend This Evening of Fun at the Legion Hall

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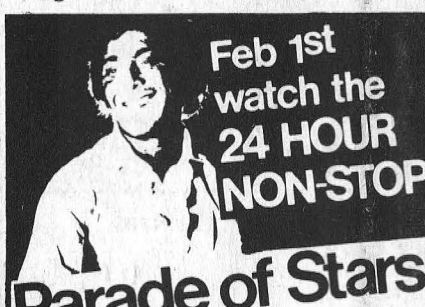
All forms of classified advertising: For Sale, For Rent, Wanted, Cards of Thanks, Engagements, Birth Announcements, Coming Events, etc. are 5c per word (Minimum of \$1.00 for 20 words or less for the first insertion and 4c per word for additional insertions (Minimum of 75c)

All classified Advertising is on a cash basis only. Advertisements may be taken over the phone or by mail if you have established a standing account with us and these will be subject to a 25c service charge.

In Memoriams \$1.50 minimum (includes 4-line verse) plus 50c per 4-line verse thereafter.

Wedding and engagement announcements, when accompanied by a photograph are charged at \$4.00 per picture.

Deadline for Classified advertisements is 11 A.M. Tuesday of week of issue.



Feb 1st watch the 24 HOUR NON-STOP Parade of Stars

FOR CEREBRAL PALSY
Paul Anka, Johnny Wayne, Eydie Gorme and Steve Lawrence are planning a big entertainment spectacular;

A 24 hour Telethon; with dozens of top names in show business. Watch Global TV on February 1st starting at 6 p.m.

While you are enjoying this star-spangled extravaganza we hope you will take a second to HELP BUILD OTTAWA'S



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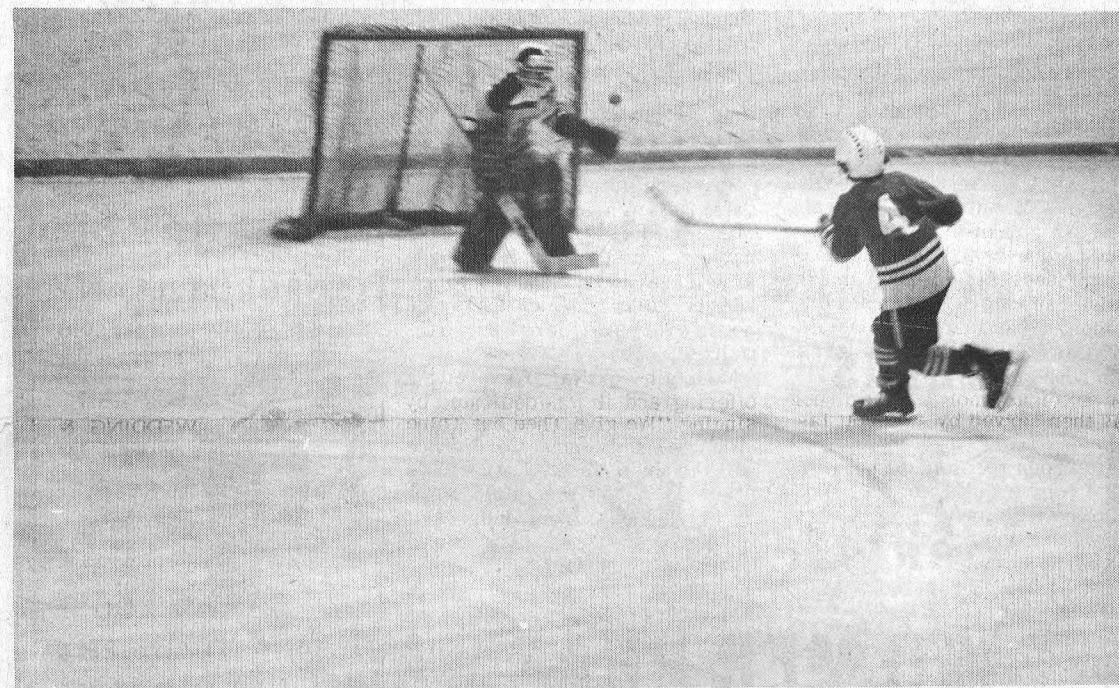
GAME OF THE WEEK

Iroquois Bantams vs Cardinal

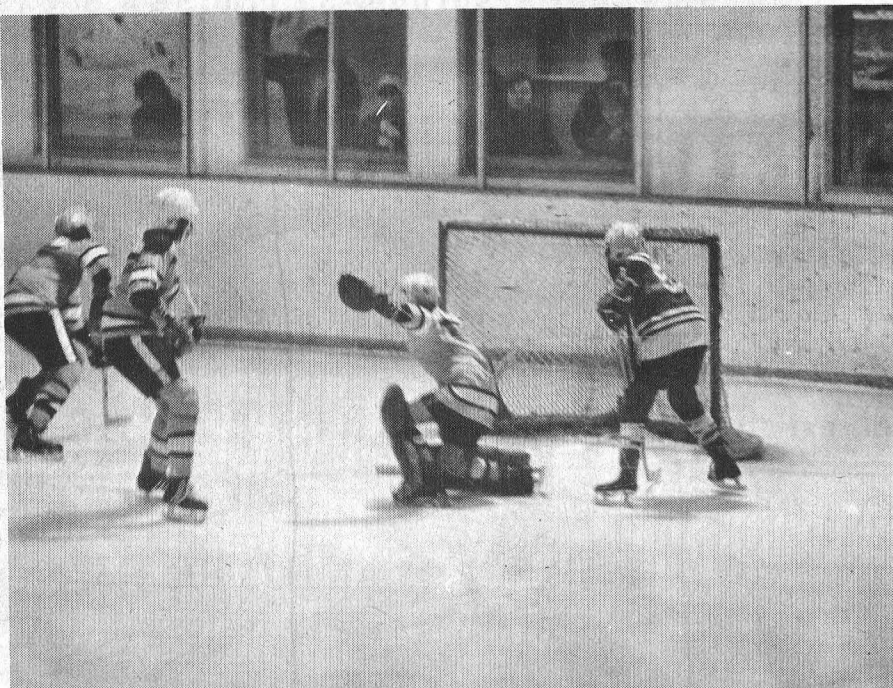
Iroquois suffered a 2-1 defeat in Cardinal on Monday night in a tight game between these well matched teams.



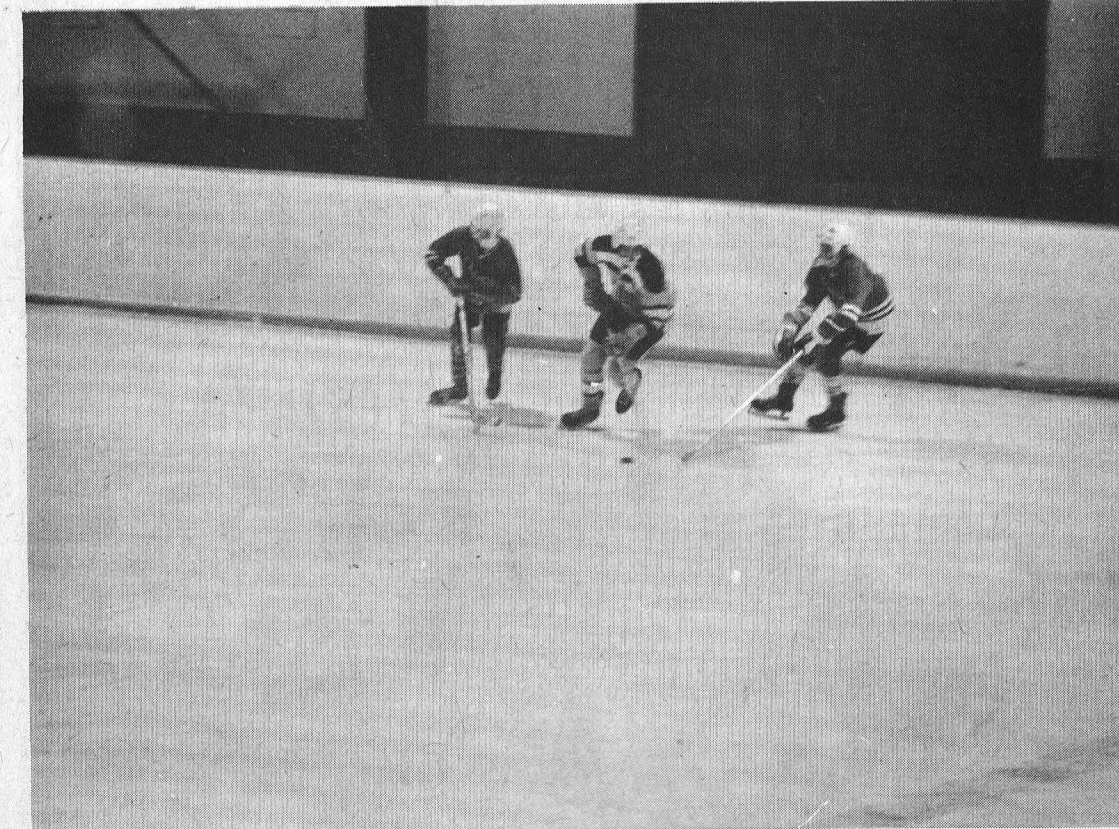
Cardinal's goalie RICK WYATT makes skate save on Bruce Armstrong.



ED YANDEAU scores winning goal as he beats Iroquois' TONY HALL on his glove side.



TONY HALL tries to cover angle while a Cardinal player waits for a pass in the goal crease



MICHAEL MORAN outmaneuvers two Cardinal players to move in on the net.

COMMUNITY SCOREBOARD



HOCKEY REPORTS IN THE NEWS

UPPER ST. LAWRENCE BANTAM DIVISION
Monday, Jan. 27 — Cardinal
 Cardinal 2 Iroquois 1
 Iroquois goal scored by: Kevin Prentice
Tuesday, Jan. 28 — Kemptonville
 Kemptonville 2 Iroquois 2
 Iroquois goals scored by: Robin Adair, Stephen Moffat

IROQUOIS OLD TIMERS
Wed., Jan. 22 — Cardinal
 Athens 5 Iroquois 12
 Iroquois goals scored by: Ted Styles, Casey Veltkamp, Brent Lapier, Jim Eden, Gary Banford, Wayne Patterson, Dean McCurdy, John (Relic) Mason.
 Gary Hall played a fantastic game, especially the great save against Dean McCurdy who shot on his own net.

ST. LAWRENCE JUNIOR 'B'
Friday, January 24 — Morrisburg
 Prescott Saints 4 Morrisburg Lions 7
 Lions goals scored by: Kevin Duval, Doug McNair, Bill Veley.
 Lions lost to Metcalfe on Sunday. Chuck Lawlor injured his back — no idea how long he will be out. Chuck Irvine fractured his heel and is out rest of season. Lions have 7 games left, with only top 6 teams in playoffs.
Team Standings as of Jan. 28

Team	Pts.
Cornwall	58
Alexandria	44½
Cardinal	44
Metcalfe	32½
Prescott	27
Long Sault	20½
Morrisburg	17½
Winchester	17

Upcoming Games
 January 31 — Long Sault at Alexandria 8:30
 Metcalfe at Winchester 8:30
 Morrisburg at Prescott 8:30
 Feb. 1 — Morrisburg at Cardinal 7:30
 Prescott at Cornwall 8:00
 Feb. 2 — Winchester at Morrisburg 2:00
 Prescott at Alexandria 2:30
 Cornwall at Long Sault 8:00

UPPER ST. LAWRENCE ATOM "A"
Thursday, Jan. 23 — Cardinal
 Morrisburg 2 Iroquois 2
 Iroquois goals scored by: Kevin McEwen, Mark Nesbitt.
 (Assisted by Tim Patterson and Shannon Adams)
Tuesday, Jan. 21 — Cardinal
 Athens 4 Iroquois 6
 Iroquois goals scored by: M. Nesbitt, T. Patterson, D. Ace and M. Tryon, S. Adams and T. Patterson.
 M. Tryon (Assisted by D. Ace and T. Wodell)
 S. Adams (Assisted by T. Patterson and R. Shaw)
 T. Patterson (Assisted by S. Adams)
Team Standings as of Jan. 1st

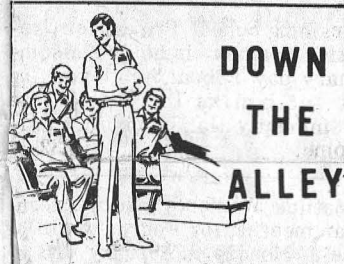
Team	Pts.
Iroquois	24
Athens	19
Edwardsburg	19
Morrisburg	13
Chesterville	5
Prescott	4
Cardinal	3
Kemptonville	1

Upcoming Games
 Wed., Jan. 29 - Iroquois vs Morrisburg at Morrisburg, 6 p.m.
 Sat., Feb. 1 - Carleton Place Tournament.
 Sun., Feb. 2 - Iroquois vs Brasher Falls at Frasier Falls at 3 p.m.
 Tuesday, Feb. 4 - Prescott vs Iroquois at Cardinal, 7:30 p.m.

UPPER ST. LAWRENCE
Thursday, Jan. 23 — Athens
 Iroquois 6 Athens 4
 Iroquois goals scored by: K. Kirker, K. Holder, K. Whittaker, G. McMartin, P. Van Boven, P. Moran.
 (Assisted by B. Graham, S. Kirker, S. Brennan, K. Smith)
 Neil Cherry played a A-1 game in net for his team.

EXHIBITION GAME
Saturday, Jan. 25 — Brazer Falls
 Iroquois 2 Brazer Falls 1
 Iroquois goals scored by: K. Whittaker, G. McMartin, P. Moran.
 (Assisted by B. Graham and K. Lapier, R. Casselman)
Sunday, Jan. 26 — Cardinal
 Chesterville 2 Iroquois 1
 Iroquois goal scored by: P. Moran.
 (Assisted by E. Nesbitt)

PEE WEE "B"
Friday, January 17 — Chesterville
 Iroquois 3 Chesterville 3
 Iroquois goals scored by: Kevin Palmer, Allen Renwick, Allen Renwick, Jamie Thompson.
 (Assisted by Bobby Seely)
January 19th — Cardinal
 Chesterville 1 Iroquois 2
 Iroquois goals scored by: Kevin Palmer, Allen Renwick.
 (Assisted by Danney O'Neil)
January 25th — Finch
 Iroquois 3 Osnabrock 4
 Iroquois goals scored by: Allen Renwick, Kevin Palmer, Jamie Thompson.
 (Assisted by Robert Jackson)
Sunday, Jan. 26 — Cardinal
 Cardinal 1 Iroquois 2
 Iroquois goals scored by: Kevin Palmer, Doug Bueley.
 (Assisted by Allen Renwick)
Future Games
 January 31, Chesterville "C" at 6 p.m. in Chesterville
 February 2nd, Chesterville "B" at 6 p.m. in Cardinal.



Branch 370 Bowling League
 Team Standing as of Jan. 24

Team	Pts.
Flash Ruppies (H. Easter)	65
Sndas (G. Kirker)	64
Jilly Hoppers (C. Easter)	64
Cashhoppers (J. Helmer)	62
HGH SINGLE —	
Gra Easter	327
Gry atser	314
HGH TRIPLE —	
Finn Iodmurfury	828
Gry aster	748

Attila Bowling League

Robin	36514
Doves	36468
Cucks	36446
Owls	36176
Larks	35817
Wren	35487
HIGH SINGLES —	
Joan Taupin	290
Percy Robertson	340
HIGH TRIPLES —	
Joan Taupin	790
Percy Robertson	784



BRIDGE WINNERS
 LAD: Kay Ginn, Judy Darling
 GENT: John Nixon, Dan McGinn

Juniors Win Volleyball Championship Seniors Enter Finals

The Dundas County Elementary Junior Girl's Volleyball Tournament was held on Saturday, January 25th, with teams from all across the county participating. Competition in all areas was keen, with Iroquois emerging as the New Champions.

Iroquois met Riverside Heights in a best of three series and defeated them in two consecutive games. Later in the morning, Iroquois eliminated Morrisburg in two games as well. This placed them in the semi-finals against Maple Ridge Senior Public School. After losing a closely contested first game, Iroquois rallied and was able to win the next two, thus allowing them to meet Nationview in the final series. Iroquois was able to defeat Nationview in two games, and the Juniors were declared the "A" champions for 1975.

A hearty vote of thanks should be extended to the tournament co-ordinators, Mr. Larry Berry and Mr. Wyman Barton, and to the host school, Maple Ridge. The Senior Girl's Volleyball Tournament was also held on January 25. Iroquois Seniors defeated Riverside Heights, and then earned a bye into the finals against Nationview. Nationview defeated Iroquois in two games, and became the "A" champions in the Senior division.



JUNIORS—Front Left to Right: Sarah Armstrong, Marikay Styles, Cheryl Styles. Back Row Left to Right: Rondalyn Adair, Kathy Picotte, Diane Ross, Jill Marston, Debbie Swedfeger.



SENIORS—Front Row Left to Right: Debbie Malone, Kathy Larabee, Brenda Casselman, Linda Hall. Back Row Left to Right: Coralie Easter, Cindy Mullin, Doreen Yates, Nora Barnhardt, Barbara Kolff.

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Irresponsible Attitude Cause Of High Health Costs

Lack of cost-consciousness by general public and the fact that millions of Canadians are quite irresponsible about their health and fitness and make little real effort to avoid being sick were cited as contributing factors to Ontario's high health care budget by Ontario Hospital Association Executive Director R. Alan Hay today.

Speaking to the Prescott Chamber of Commerce on Tuesday, January 21st, Mr. Hay said "Hospital care costs a lot because there are many people involved in it". The large increases

in salary won by nurses and other hospital workers last year has speeded cost increases, and the problem is aggravated further, of course, when there is also overutilization of hospital beds and services.

"I am sure that we all may be able to think of a person who has pressured his doctor to put him in hospital for tests or treatment because it was more convenient that way, or who has pressured his doctor to prescribe certain tests, treatment or drugs that he thought might help," he said. "The end result may have been

good for the patient, but we all wonder if there was, in fact, a less costly way of achieving the same end.

"We must become more cost-conscious. As potential patients, we all feel, quite understandably, that medical need should come before cost consideration, and we at OHA agree with you. As business men and women, however, we must appreciate the importance of keeping costs down while maintaining a product of the required quality."

Mr. Hay suggested that this is what Provincial Health Minister

Frank Miller is trying to do. "He is reminding people that, once they have entered the health system as patients, their attitudes and demands can effect hospital costs significantly."

Another major way in which people can help cut hospital costs, said Mr. Hay, is by adopting a healthier way of life. "Millions of Canadians make little real effort to avoid being sick. Their life styles show they are quite irresponsible about their health and fitness. There is a mass of evidence that costs occurring as the result of physical inactivity, of promiscuity, of excessive eating, drinking, smoking and bad driving are staggering."

Mr. Hay concluded that a change for the better in attitudes and behaviour patterns could do more to improve health than any recent advance in medicine.

Holstein Assoc. to Hold 92nd Annual Meeting

The Holstein-Friesian Association of Canada has slated February 12, 1975 for its 92nd annual meeting, which will be held at the Royal York Hotel, Toronto.

Several amendments to the Constitution and By-Laws are slated for discussion this year. The most notable proposal calls for an increase in registration fees from a basic \$3.00 to \$5.00 for Association members and from \$6.00 to \$10.00 for non-members. The penalty fee for late application will also be discussed, with a proposal that it be increased from 50¢ to \$1.00 per month, or part month.

Another proposal for discussion will be the formation of a Discipline Committee consisting of five Past Presidents of the Association. The Discipline Committee would hear and determine

charges against any member who may have conducted himself in such a manner that his continued membership may be detrimental to the reputation of the Association.

Various worthy individuals and animals will be recognized at this meeting. Seven Master Breeder Shields, the highest honour to be bestowed upon a member, will be awarded. In addition, certificates are awarded to Class Extra bulls, and to cows making Canadian Championship milk or Fat records.

The annual meeting will be highlighted by an evening banquet this year honouring J. E. (John) Powell. Mr. Powell retired in August, 1974, as Chief of Extension after 46 years employment. The banquet will commence at 6:30 p.m. to be followed by a dance.

Lawn Bowling Trophies Presented

Although Lawn Bowling is not a winter sport, and it would be rather difficult rolling the ball under present conditions, the local club have this very enjoyable summer sport still on their minds.

Just to keep things alive, the members and some old timers along with friends of the area enjoyed a social evening of cards in the Civic Centre on Monday January 27.

Eight tables of Euchre and Bridge took a good portion of the evening and the prizes for some were High Lady, Nelda Brown (Euchre). High Gent Lloyd Ashenurst (Euchre). Not so fortunate were Mrs. Johnston and Mike Laframboise who settled for the low Euchre prizes.

Bridge prizes to the High Lady Miss Edith Renter and for the Gent, Orlo Lewis.

The door prize was won by Edna Haggarty, holding the lucky number on her napkin.

Trophies and prizes for 1974 were presented following the card

party. The winner of the Davis Trophy were Jane Graham, Vice Skip, Lloyd Ashenurst, lead with John Haldane, skip. Runner up in finals were Donelda Banford, Vice skip D. Shaver lead and A. Brown skip.

The prized Keeler Trophy for many years keenly contested in the local club was won by Nelda Brown, Vice skip T. Coughlan lead and Frank Bates skip.

The two game high in this competition was again Jane Graham, Lloyd Ashenurst with John Haldane and skipping. One game high Nelda Gilmor, Brenda Louch, A Brown skip.

As always the ladies of the club came through with some very delicious sandwiches and cake to bring a most enjoyable evening to a close.

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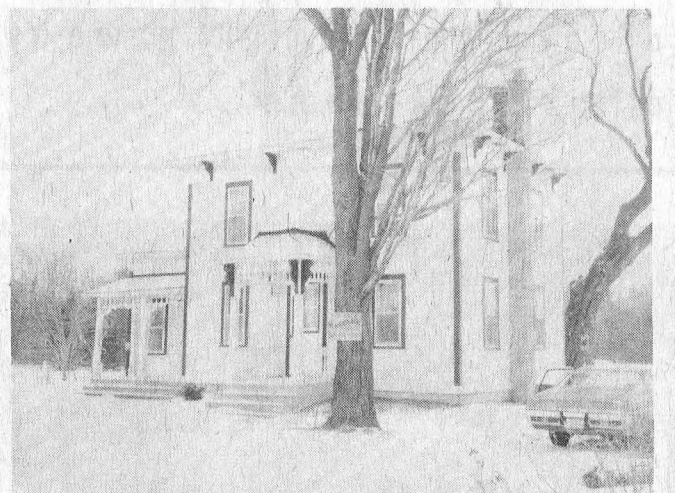
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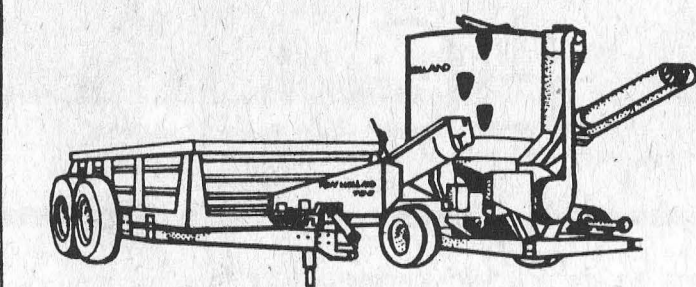
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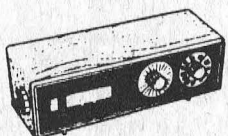


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Whelan and Stewart Attend U.C.O. Annual

TORONTO - The two ministers of agriculture, Federal Minister Eugene Whelan and Provincial Minister, William Stewart attended United Co-operatives of Ontario's annual banquet following the annual business meeting, highlights of UCO's financial year 1973-74 were reviewed for the more than 400 delegates from across Ontario.

UCO's sales volume reached over \$230 million this year, up from \$166 last year. The net savings almost doubled to \$8.5 million. Income taxes amounted to about \$2 million dollars.

This year, UCO is returning to its members more than \$4.5 million to be paid part in cash and part in common shares. It is through this co-operative technique of allocating cash refunds that we believe a co-op member can find some relief from inflation.

Guest speaker at the business meeting was Eugene Whelan. In his speech to the delegation he

said "There are two ways that a well-run Co-op can help Canadian farmers keep being the most efficient in the world. One way is obvious. Co-op buying and selling give the individual farmer a lot more power in the marketplace than he has himself. The second way Co-ops can inject efficiency into the farm community, is through their structure. Farmers working in groups exchange and develop ideas."

Whelan also emphasized that "Co-ops will continue to grow if they are quick to answer to changing needs of its members. To do this, it has recently launched a new "Town and Country" program, completed construction of a huge multi-million dollar distribution centre in Mississauga, and is participating with other co-operatives in the construction of one of the largest fertilizer plants in North America, at Medicine Hat, Alberta.

"Adequate housing at affordable prices" - Irvine

The Ontario Government is strong in the belief that adequate housing at affordable prices is a basic right of every resident of the Province. We have taken an active stand in this area, and have developed a number of programmes to bring onto the market more housing for more people than at any other time in the history of Ontario.

As minister of Housing, I have taken a special pride in watching the development of these projects which will benefit so many people across the province.

Included among the programmes is the Ontario Housing Action Plan (OHAP) which is designed to bring serviced land onto the market as quickly as possible. This land might otherwise remain unused for a year or more.

The Home Ownership Made Easy (HOME) Plan has also been most successful in Ontario. This programme has permitted families of moderate income to achieve home ownership on leased land thereby removing the land component from the down payment and allowing moderate carrying costs.

In a further effort to attack the problem of rapidly rising housing costs, the government has established the Land Speculation Tax - a levy of 50% on the increase of value realized on the sale of certain kinds of land. This tax is designed to achieve two major goals - to reduce the escalation of land and housing prices, and to recover for the public a major share of gains from land speculation.

We recognize that new housing alone cannot meet all the housing needs of the residents of Ontario, and so the government has set up a number of programmes designed to conserve and improve existing housing stock.

The Ontario Home Renewal Programme (OHRP) was established by the provincial government to encourage the rehabilitation of older dwellings. Extending the principles of federal plans, OHRP makes available loans and grants for home improvement in all parts of the province, including counties and unorganized municipalities.

Under the programme, approximately \$10 million will be made available to municipalities during this fiscal year of 1974-75. These provincial funds are received by municipal governments which administer the programmes and are responsible for informing their residents as to what money is available and how they can apply for it.

The prime objective of these funds is the repair of faulty structural and sanitary conditions and the upgrading of the plumbing, heating and electrical system of the residence.

Much of Ontario's older housing stock was built at a time when

material and labour expenses were significantly lower than they are today. The OHRP project has been created to ensure housing is kept in good repair to provide many more years of usefulness.

I was personally very impressed at the recent allocation of \$30,000 under the Ontario Home Renewal Programme to the Village of Merrickville in our area. \$11,000 of the total grant has already been

disbursed to the Village, and the remainder will be made available as home renewal activities are completed.

I feel that the initiative taken by Merrickville in applying for benefits under the program is a fine example of partnership between Provincial and Municipal governments. This co-operation is so vital to ensure the provision of acceptable standards of housing for all residents.



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