The Chesterville Record

FOUNDED IN 1894

CNA BLUE RIBBON AWARD 1995

Volume 101, Number 4 Chesterville, Ontario Wednesday, September 6, 1995 Single Copy 75¢ (GST Included)

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Briefly

Morrisburg man to stand trial

MORRISBURG - An 18-year-old Morrisburg man will go to trial Feb. 20, 1996 to face charges of committing mischief under $5,000, dangerous operation of a vehicle causing bodily harm, two counts of possession of stolen property and failing to stop for a police officer. John Topping was ordered to stand trial in provincial court here Tuesday morning. The charges arise out of a wild chase in June by Morrisburg OPP from that village to Cardinal which ended when the vehicle Topping was driving crashed into a cruiser from the Prescott OPP detachment, slightly injuring a constable.

Space still available at nursery school

CHESTERVILLE — Classes have already begun, but it's not too late to register your youngsters for Chesterville's Happy Face Nursery School. Spaces are still available in toddler and pre-school classes at the school. To register or for more information, call the school at 448-2771. Winner of a free month at the school, drawn at the Chesterville Fair, was Debra Jamieson of Chesterville.

Alzheimers registry free until Sept. 15

CORNWALL — The Alzheimer Society of Cornwall and District is in the process of transferring its locally-based wandering person registry to a national level. And until September 15, the Society will absorb the $25 registration fee. Through the registry, vital information is recorded about those who suffer from Alzheimer Disease, to facilitate their identification when found wandering or reported missing. The information will be stored confidentially on an RCMP database, and can be accessed by police anywhere in Canada. Persons with Alzheimers may tend to wander aimlessly, or be focused on a particular place, putting them at risk to traffic, bad weather and unfamiliar surroundings, and the Society says registering a person with Alzheimer Disease can lead to peace of mind. For more information, call (613) 932-4914.

Area CNIB canvass under way

The local chapter of the Canadian National Institute for the Blind has begun its annual September canvass in Chesterville and area. Canvassers will be out in force this month and area residents are urged to give generously.

St. Matthew's plans annual yard sale

INGLESIDE — St. Matthew's Presbyterian Church in Ingleside is planning for its annual yard sale, which features a book table, bake sale, fresh garden produce and snack bar with muffins and coffee. The event takes place at the church hall Saturday, September 9 from 9 a.m. to 1 p.m.

List your event in tourism calendar

WINCHESTER — With the end of the 1995 summer tourism season in eastern Ontario, Seaway Valley Tourism is at work preparing its Fall and Winter 1995-1996 Calendar of Events, to highlight events and festivals from September to April. The calendar booklet, which will be distributed to restaurants, hotels, stores and other public places throughout the United Counties, will be printed in mid-September, and deadline for inclusion is September 11. Any group, municipality, church, club or other organization is invited to submit its event or events, big or small, and listing is free. Contact Seaway Valley Tourism at 774-1236 or 1-800-343-5104 to describe your event or for more information.

Diamond committee polishes fund raising, location ideas

Greg Hewitt
Record Staff

CHESTERVILLE — Chesterville's diamond in the rough is becoming a little clearer.

The committee investigating the future of baseball facilities in the village is making some progress, defining the boundaries of what has become a sizable undertaking.

"It's going along at a pretty steady pace," village recreation director Robin Langille said Friday. "We're not going extremely fast, but we want to make sure we do it right so we're sort of taking our time and being cautious."

The village-owned ball diamond's location became an issue in March when the Chesterville Fair Board told the village it would like to see it moved from its current location, in front of the grandstand, on land owned by the Chesterville and District Agricultural Society.

The Fair Board felt the diamond's location limited the type of entertainment that could be held in front of the grandstand during the annual Chesterville Fair.

A Steering Committee, with members from the village, Fair Board and local baseball clubs, was soon after put in place to examine the issue.

And the two biggest questions regarding the construction of a new ball facility — funding and location — are slowly but surely being addressed by the committee.

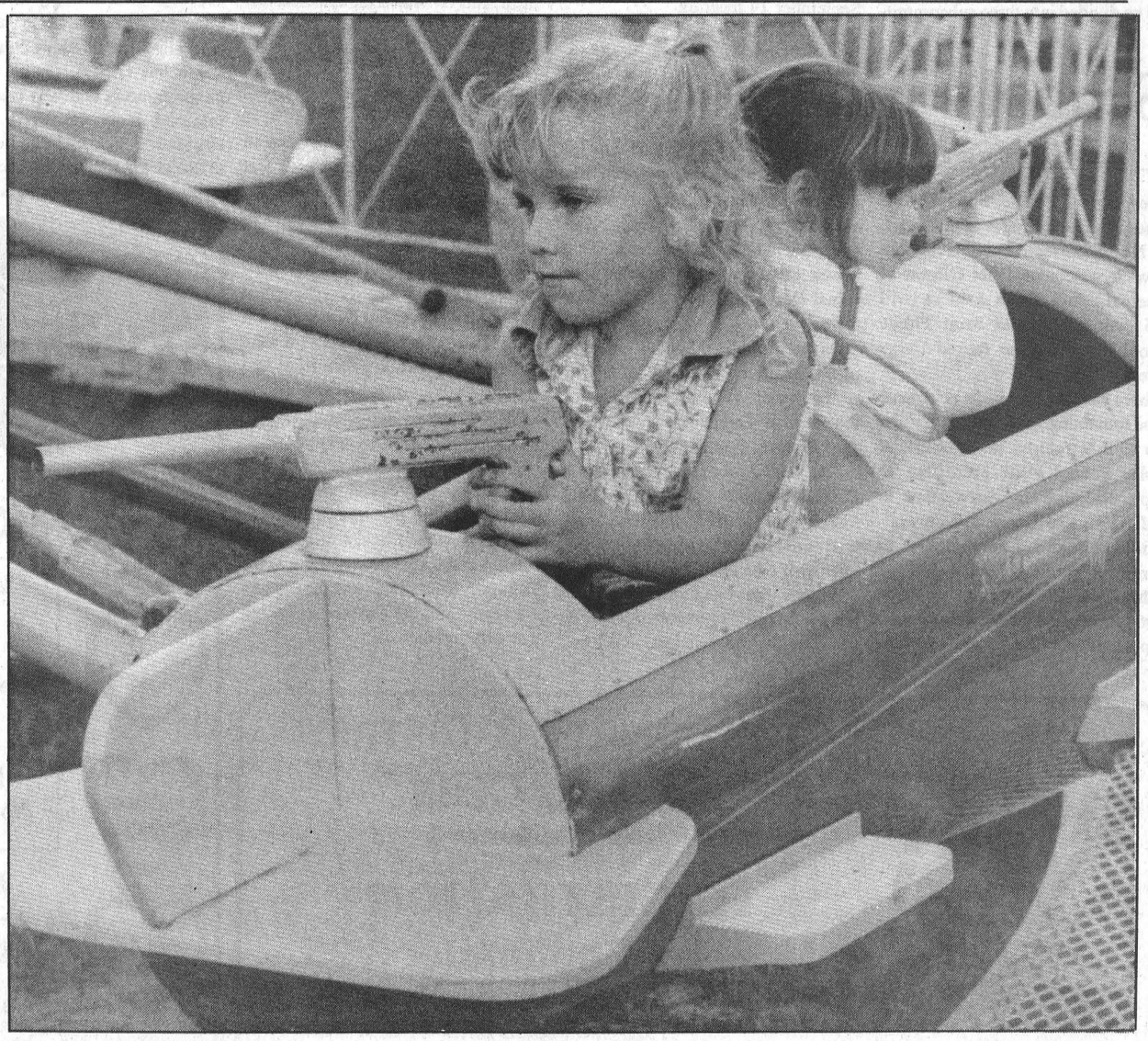
The estimated cost of building an entirely new facility is between $70,000 and $80,000. But that cost can be dropped if labor and materials are donated in the community, and also if it is determined some of the existing aparatus can be used.

Fund raising initiatives, such as a darts tournament, are being discussed. Donation cans for the project have already popped up at a number of village businesses, including Scotiabank, The Faucet and Mike Dean's, and a fund raising tournament was held earlier this summer by ball players.

And a proposal to locate the diamond elsewhere on the fair grounds, behind the cattle barn, is almost complete and may soon be presented to the Chesterville Fair Board, Langille said.

But the proposed location may require correction of a controversial and possibly expensive drainage problem. A solution to that issue has yet to be addressed, Langille said, adding though it will likely be part of any agreement between the village and fair board.

☐ Please see DIAMOND on page 2



Fine day for fair
These two toddlers were amongst hundreds of others enjoying the rides and games at the Stormont County Fair over Labor Day weekend. Fair organizers say this year's event was a huge success with numbers for attendance being in the thousands. For photos and story, see page 3.

Trust fund established for Crysler girl injured in Aug. 28 highway accident

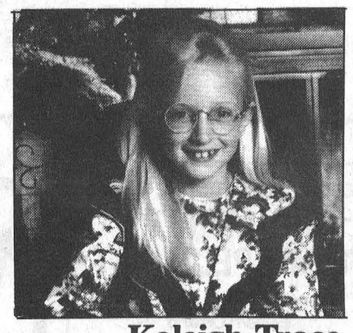
Greg Hewitt
Record Staff

CRYSLER — A trust fund has been set up for a young Crysler girl who was paralyzed in a highway accident near Casselman last Monday.

The fund is established for nine-year-old Kaleigh Trace, who was injured when the van in which she was a passenger rolled several times on Hwy. 417 August 28.

Donations to the trust fund can be made at the Bank of Montreal in Finch, National Bank in Crysler and National Bank in Casselman, said Barabara Bulloch, a friend of the family.

According to Casselman OPP, a mini-van driven by Kaleigh's mother, Joey-Anne Trace, was westbound on Hwy. 417 at about 10 a.m. when contact was made with another vehicle, driven by Philippe Bertrand of Lac Cayaman, Que. The mini-van left the roadway and rolled several times before coming to rest.



Kaleigh Trace

Kaleigh's mother and six-year-old brother Samuel were taken to hospital by ambulance and treated for minor injuries. But Kaleigh was airlifted to the Children's Hospital of Eastern Ontario in Ottawa, where she remains, and does not have the use of her legs.

Police are still investigating the cause of the accident. No charges have been laid, and Bertrand was not injured, police said.

Back to the books: School bell tolls for local students

Greg Hewitt
Record Staff

The school bell rang Tuesday morning, calling local students back to class and signalling the unofficial end of what was a hot summer in eastern Ontario.

While police are reminding drivers to take care in school zones and around school buses, children are back to the books, and parents are back to perhaps a quieter routine.

Students at two local schools returned to find new and improved facilities. The gymnasium and classroom addition is expected to open this week at St. Bernard's School in Finch, and the playground at Morewood Public School sports $17,000 worth of new playground equipment.

Enrolment figures at SD&G Public Board schools this year are not yet finalized, said the board's Mark Shaffer. But preliminary figures show enrolment will be about the same in most areas, and may increase slightly in northern Dundas County.

Shaffer said enrolment has been increasing over the last few years at North Dundas District High School, and may continue to do so again this year.

The board has hired 30 new teachers this year, some of which are part-time, to replace teachers who have opted for retirement. And students at four local public schools will be greeted by a new principal this year.

Elma Public School welcomes Frank Hummell, who served previously at Rothwell-Osnabruck School in Ingleside as well as in Cornwall. He replaces Dolores Green, who has gome to Eamer's Corners Public School near Cornwall.

☐ Please see SCHOOL on page 2



Peace offering: Five-year-old Michael Dillabough's school year got off to a good start when he offered St. Mary's School principal Tannis Girard an apple on the first day of School. Students across the region returned to class Tuesday, and police remind drivers to exercise caution in school zones and around school buses.

Diamond committee ponders funding, location

☐ Continued from page 1

Langille said no specific time frame for construction has been adopted, as the project's progress will depend on what support it receives from the community and how quickly the necessary funds can be raised. The Steering Committee will be divided into three subcommittees, one to investigate fund raising, another to handle construction planning and another to oversee public and media relations.

Members of the community who are involved in the project will join one of the subcommittees, whichever is best suited to their particular talents. Langille said it is hoped the subcommittees will be organized at a September 14 meeting.

Briefly

MOEE okays soil

AVONMORE — The Ministry of the Environment and Energy has given its approval to the spreading of Domtar Soil Conditioner on two more Roxborough Township farms. The conditioner, also known as combined biosolids, is already being hauled from the Cornwall factory to the farm of Uwe and Volker Loos north of Avonmore. Domtar produces 150 wet tonnes of the byproduct at its secondary waste water treatment facility, and staff are lining up more farm sites on which the material can be spread as a fertilizer.

Women injured in Hwy. 401 mishap

MORRISBURG — Two women were injured, one seriously, in an accident on Hwy. 401 last Tuesday evening. OPP said a 1986 GMC pickup, driven by Courtney Quinn, 18, was eastbound near Upper Canada Road at about 5 p.m. when it left the roadway and rolled over in the median. Passenger Anna Cicerto, 18, received serious injuries and was transferred to Ottawa General Hospital. Police described her condition as stable but critical. Quinn received minor injuries and was treated and released from Cornwall General Hospital. Police said seat belts were in use at the time of the accident.

VON moves into Stormont County

FINCH — The VON Palliative Care Volunteer Program is expanding into Stormont County, beginning with a palliative care course the first week in October in Finch. Trained volunteers will become part of a county-wide team that will provide support to the terminally-ill and their families. The program also welcomes volunteers for fund raising activities. For more information, contact Sue MacDonald at (613) 932- 3451.

Heat and Rainfall Report

Week of August 27 - September 2/95

	Rainfall	Accum. to date	Heat Units	Accum. to date	Growing Deg. Day Accum.
CHESTERVILLE	6.8	310.6	131	2,517	N/A
MORRISBURG	9.2	332.2	148	2,666	N/A
SOUTH MOUNTAIN	2.9	301.7	144	2,652	N/A
WINCHESTER	N/A	N/A	N/A	N/A	N/A

School's in for local students

☐ Continued from page 1

Newington Public School welcomes Peter MacGregor as principal, and North Stormont Public School in Berwick welcomes Janet Gibson as principal. And Brian Loucks will take over at Longue Sault Public School, replacing the retired Harry Jarrett.

There are no changes in principals at the remaining local public schools. Bob Gilroy returns to Chesterville Public School, Bill McMillan to Maple Ridge, Don Fairweather to NDDHS, Susan Lopez to Rothwell-Osnabruck and Larry Berry to Morewood Public School.

There are 194 days in the 1995-1996 school year calendar for public school students. But six of those days are Professional Development or PD Days, and three are so-called Rae Days, necessary days off for teachers as part of the previous NDP government's Social Contract. That leaves the regulatory 185 days of actual classroom instruction for students.

On the Catholic school side, it will pretty much be business as usual, says superintendent of education for the English Language schools Bernard Warner.

The social contract forced the Catholic Board to reduce its teaching force, Warner said, but the reductions will not likely compromise the quality of education.

There will be one junior kindergarten teacher at St. Mary's School in Chesterville this year instead of two. Staffing at St. Bernard's School in Finch will remain on par with last year.

Principal Tannis Girard remains in place at St. Mary's School as does principal Michael Van de Kamp at St. Bernard's.

And students at St. Bernard's will enjoy an improved school — thanks to the addition of a gymnasium and classroom. The new building allows for better indoor gymnasium opportunities and replaces several portables. It was built this summer and should be ready for use this week.

"We're very pleased," Warner said. "It should make a big difference in the operation of the school. The staff, the students and the parents are really looking forward to having that addition there."

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FALL SESSION BEGINS MONDAY SEPTEMBER 11/95

Monday	Chesterville Hall 10:00 A.M.	St. Mary's School 4:30 P.M. 7:00 P.M.
Wednesday	10:00 A.M.	4:30 P.M. 7:00 P.M.
Friday		4:30 P.M.

(No 10 A.M. or 7P.M. Class on Friday - May Be Added Later)

Love Your Muscles! · Slow That Aging! · Fill Those Lungs · Bust That Stress! · Withstand That Gravity! · Appreciate Your Ability To Move! · Be Your Own Best Friend · You'll Laugh · Improve Your Memory (Really!) · Flexibility Is Where It's At! · Medical Problems? Yes, You Can! · Reduce Some Fat · Exciting Results! · The Friendliest Workouts! · Support Your Bones! · Bring A Friend Or Two (Discounts!) · Fun

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N.B. ... There Will Be No Classes Sept. 27th. (will be made up later)

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Thursday, Sept. 14, Friday, Sept. 15
Saturday, Sept. 16, 7-9:30 pm

Entry ticket good for discounts at participating businesses

$2 per person, 12 years and under $1



Draws each night, over $2,500 in prizes

Winners must be present.

Demonstrations each night

Licensed lounge at Curling Club Thursday, Friday and Saturday nights

The Biggest Trade Fair in the area

Lobby decorating by Pioneer Nursery, Kemptville - A. Semenuk

Marleen Fawcett will be performing Thursday and Friday nights

Thursday, Sept. 14 - Teen Fashion Show by Country Attic
Friday, Sept. 15 - Adult Fashion Show by CountryBoy and CountryGirl

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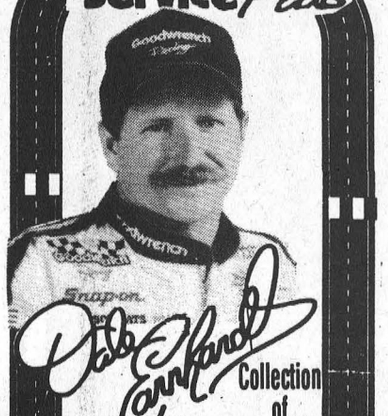

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Stormont County fair marks huge success

Melissa Batchilder
Record Staff

NEWINGTON — It was better than a huge success.

That was Stormont County Fair committee chairman Henry TePlate's description of the four-day summer wrap-up held over the Labor Day weekend in Newington.

"The weather was great. The committee worked really hard to make it a success. Members of the fair committee are very dedicated and their continuity is a deep tradition," he added.

With the addition of the round bale decorating competition, he adds, the fair is becoming better and better each year. TePlate commended the John Dunbar family for its efforts to capture the winning prize for the competition.

Attendance was also up from last year, he said, although the final count hadn't been tallied as yet. "People complained about a lack of parking and I had never heard that before." Therefore, he supposes the attendance must have been up.

The fair, which featured non-stop events throughout the weekend drew a huge crowd Friday night with the kick-off event; the demolition derby.

More than 20 vehicles from throughout the area were dealt their blows by fellow competitors as hundreds cheered from the stands.

"This event is always a huge crowd-pleaser," said TePlate.

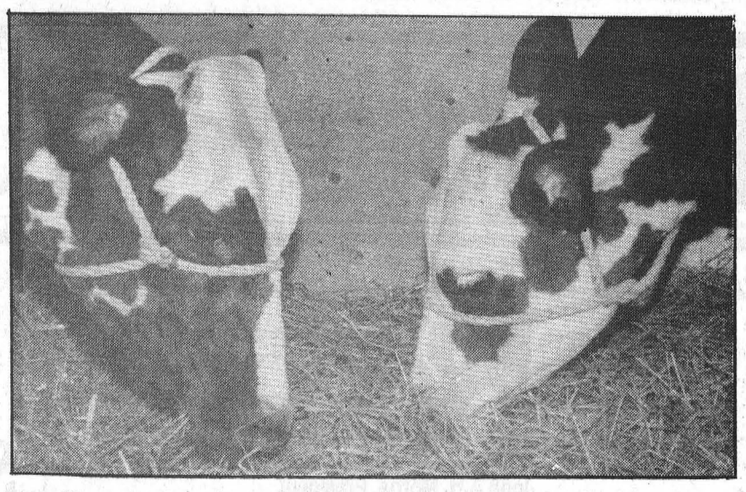
As well, throughout Saturday, Sunday and Monday, livestock and homecraft projects were on display in the barns while a midway delighted those outside.

Music, dancing and demonstrations dominated the entertainment format throughout the weekend, culminating with a talent show Sunday night.

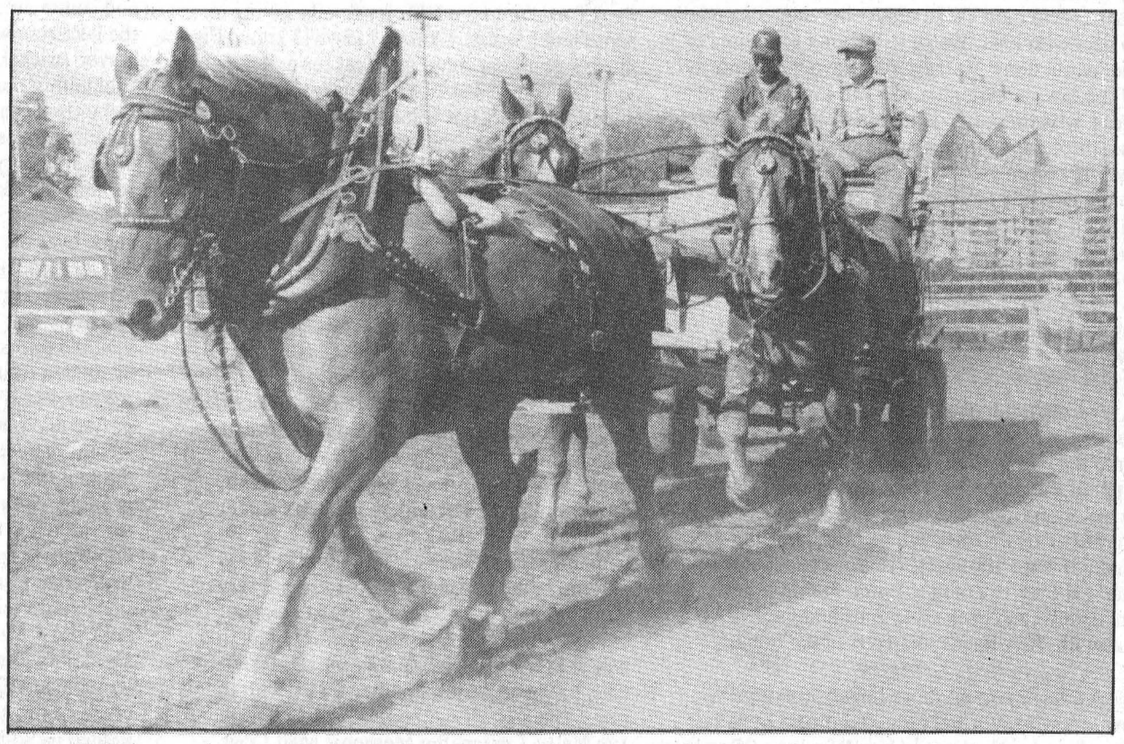
If possible, TePlate added, "next year's fair may even be better."



Jordan Sipes couldn't wait for the demolition derby to begin Friday night.



Roy Simmons's prize-winning calves on show in the barn.



Showing horses is one of the fair's crowd drawing events.

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137th edition

Russell Fair

Friday, Saturday and Sunday

September 8, 9 & 10

SCHEDULE OF EVENTS

Thursday, September 7
7-10 pm — **Super Youth Dance** for ages 10-18 years, music by *2 J's Music Machine*; admission $3

Friday, September 8
JUDGING OF EXHIBITS
10 am-3 pm — **Education Fair for Schools** - *"The Olden Days on the Farm"*
12 noon — **Ayrshire & Jersey Shows** (big barn)
9:00 pm — **Rock Dance** - music by *Road Apples*, admission $8

Saturday, September 9
9:30 am-6 pm — **Arena Exhibit Hall/Craft & Merchant Market open**
10 am — **Castor Valley Fiddlers** (arena)
10 am — **Kidfest** (horse ring)
11 am — **Balloonda The Clown** (arena)
11 am — **Classic Car Show** (ball diamond)
11:30 am — **Stepping Out Ballroom Dancers** (arena)
12 noon — **Holstein Show** (big barn)
12:15 pm — **James Kirkham, Impersonator** (arena)
12:30 pm — **4-H Calf Club Achievement Day** (big barn)
1 pm — **Russell Country Line Dancers** (arena)
1:30 pm — **River-View Cloggers** (arena)
1:30 pm — **Pet Show** (ball diamond)
2 pm — **Balloonda The Clown** (arena)
3 pm — **Stepping Out Ballroom Dancers** (arena)
3:30 pm — **River-View Cloggers** (arena)
2-6 pm — **Musical entertainment by *"The Fabulous Edsels"*** (refreshment area)
6:30 pm — **Steer Show/Sale** (big barn)
9 pm — **Country Show & Dance featuring *"Farmer's Daughter"***, admission $8 in advance, $10 at the door

Sunday, September 10
9-11 am — **FREE PANCAKE BREAKFAST** (with paid Sunday gate admission)
9 am — **English Horse Show** (horse ring)
9 am — ***Cliff & Betty Barkley*** (arena)
9:30 am-4 pm — **Arena Exhibit Hall open**
9:30 am-5 pm — **Craft & Merchant Market open**
10 am — ***"Sage Brush"*** (arena)
11 am — **Sheep Show** (big barn)
11:30 am — **Karen's Variety Show** (arena)
12 noon — **Farm Stock Tractor Pull** (track)
12:30 pm — ***The Maple Leaf Almrausch Dance Group*** (arena)
1 pm — ***Circus Delights*** (arena); sponsored by Harten Bus Lines and Harten Milk Transport
2 pm — **Pedal Pull** (tractor pull track)
2 pm — ***"Trixie and Prunella"*** (arena)
2:30 pm — ***The Maple Leaf Almrausch Dance Group*** (arena)
3 pm — ***Ottawa Fiddle Ensemble*** (arena)
3-7 pm — ***Gail Gavan and "Ambush"*** (refreshment area)
6 pm — **Quilt Draw**

THROUGHOUT THE FAIR
• Antique Equipment Show • Desilu Petting Zoo
• Eastern Bird Breeders' Display • March Midway Shows
• Russell Lions Club Bingo

Information: Pres. Bert Vedder, 445-5791; Sec.-Treas. Bev McLean, 445-3122

END-OF-SUMMER MARKDOWNS

72 Ford F60 Moving Van, 5/spd, pb	$3,995.
74 Winnebago Motor Home, 21 ft, auto, roof, air, ps, pb	$5,995.
76 Artic Cat Lynx, Snowmobile	$975.
82 Jaguar XJ6, fully loaded	$6,989.
85 Cadillac Seville, 66,000 km only, fully loaded	$4,995.
85 Ford F150 XLT, pickup, auto, ps, pb, stereo	$4,995.
85 Honda Fourtrax, 4 wheeler	$2,850.
85 Pontiac Fiero, 2/d, sunroof, stereo, cass	$2,995.
85 GMC Wrangler, diesel, pickup, 6.2, auto, ps, pb	$5,495.
86 Olds 98 Regency Roy' Brm, fully loaded	$5,995.
86 Ford F150 pickup, ext. cab, V8, auto, ps, pb, 8' box	$4,595.
87 Dodge Aries, 4/d, auto, ps, pb, stereo	$2,995.
87 Olds Calais, 4/d, fully loaded	$4,995.
87 Cadillac Fleetwood, 4/d, De Ele, fully loaded	$6,995.
87 Chev Celebrity, 4/d, Euro', air, auto, ps, pb, stereo, cass	$3,995.
87 Buick Le Sabre, 2/d, fully loaded	$4,995.
87 Ford Tempo L, 4/d, auto, ps, pb, stereo	$3,595.
87 Buick Riviera, 2/d, V6, absolutely fully loaded	$6,989.
88 Toyota Tercel, 4/d, auto, ps, pb, stereo, cass	$4,995.
88 Buick Skylark, 4/d, air, auto, stereo, cass	$4,995.
88 Lada Samara, 3/d, 5/spd, stereo, pb	$2,995.
88 Chev Celebrity, 4/d, V6, auto, ps, pb, stereo	$5,995.
88 Olds Cutlass, 2/d, air, auto, ps, pb, stereo	$5,985.
88 Plymouth Caravelle, 4/d, fully loaded	$4,995.
88 Olds Cutlass, 4/d Ciera, fully loaded	$5,995.
88 Lada Samara 1.3,3/d, 5/spd, pb, stereo	$2,995.
88 Chev S10, pickup, V6, auto, ps, pb, stereo	$3,995.
88 Suzuki Samurai 4x4 H/Top, 5/spd, pb, stereo, cass	$3,995.
89 Pontiac 6000LE, 4/d, auto, air, ps, pb, tilt, stereo	$6,941.
89 Ford Bronco, Jeep 4x4, 5/spd, ps, pb, radio	$7,995.
89 Pontiac 6000 S/E, 4/d, fully loaded	$5,995.
89 Ford Tempo L, 4/d, 5/spd, air, ps, pb, stereo	$4,828.
89 Pontiac Bonneville, 4/d, LE, air, tilt, cruise, stereo, cass	$8,959.
89 Ford F150 XLT, pickup, fully loaded	$7,995.
89 Plymouth Sundance, 2/d, auto, ps, pb, stereo	$4,595.
89 Olds Delta 88, 4/d, r/brm, fully loaded	$6,995.
89 Ford Aerostar, 7/pass XL, 5/spd, ps, pb, radio	$6,995.
89 Springbok 12' boat, Johnson, 9.8hp, fishing boat	$2,850.
89 Chev C1500, pickup, V8, auto, ps, pb, stereo, cass	$7,995.
89 Ford Probe Turbo, 2/d, hatch, 5/spd, fully loaded	$6,995.
89 GMC Safari, 8/pass Van, V6, auto, air, fully loaded	$9,898.
89 Ford Tempo, auto, air, stereo cass	$4,599.
90 Hyundai Sonata GL, 4/d, 5/spd, ps, pb, air, stereo, cass	$3,922.
90 Passport Optima LS 4/d, auto, ps, pb, stereo, cass	$4,995.
90 Dodge Caravan SE 7/pass Van, V6, auto, ps, pb, stereo	$8,995.
90 Plymouth Aclaim, 4/d, air, tilt, cruise, cass, V6	$7,995.
90 Suzuki Samurai 4x4, 5/spd, stereo, pd, rag top	$5,995.
90 Chev Cavalier, 4/d, auto, air, ps, pb, stereo	$4,995.
91 Dodge Shadow, 2/d, air, tilt, cruise stereo, cass	$6,995.
91 Mazda B2200 pickup, 5/spd, pb, radio	$6,998.
91 Plymouth Voyageur, V6, air, tilt, cruise	$11,987.
92 Chev Lumina, 4/d, air, pl, cruise, tilt, cass	$9,999.
92 Chev Corsica LT, 4/d, V6, auto, fully loaded	$10,995.
92 Geo Storm, 2/d, auto, ps, pb, stereo, cass	$8,995.
93 Lada Cossack, 2/d, 4x4, sunroof, mags, r/boards	$5,995.
94 Suzuki LT-165, 4 wheeler, 5/spd, reverse, 2x4	$3,200.
94 Home Made Trailer	$450.

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Editorial

With your help

Many of the stories and photos we bring you each week have to do with fund raising efforts, donations from the community, from local service clubs and others.

When you step back for a moment, and consider the sum total of what has been accomplished through simple kindness, it strikes you that people can make a difference when it comes to helping others and community betterment.

In the last year, we have told you about Stacy Paul, the young Winchester girl battling Spinal Muscular Atrophy. About $30,000 was raised for Stacy, to buy a van with wheelchair lift, thanks to the community.

And there's Jason Merkley, the young Morewood man who lost his eyesight in December, shortly after graduating from high school. Thanks to various fund raising initiatives, Jason now has a computer that will help him continue with his education, and his goals, as independently as possible.

And both Chesterville and Morewood now have brand new playground equipment, thanks to community-driven fund raising. The Chesterville Winter Carnival Committee paved the way for equipment installed in the Community Park last month, and a number of groups in Morewood, Winchester and Chesterville made the Morewood playground addition possible.

On a larger scale, the Children's Hospital of Eastern Ontario, which serves this area, raised over $2 million earlier this summer through its annual telethon and other events. $45,000 of this came from Dundas County alone.

Now, a trust fund has been established for a young Crysler girl, Kaleigh Trace, who was paralyzed in a highway accident last Monday. It's a tragic story, but there is a way for all of us to turn our sympathy into help.

And in Chesterville, fund raising is underway for what is a substantial project — a new baseball facility. It's likely to cost tens of thousands of dollars, but those involved are trudging forward with planning nonetheless.

The list of people, projects and groups that benefit from local fund raising efforts is far too large to list in its entirety. And in most cases, these efforts are orchestrated by volunteers, be they members of service clubs or people in the community who have come forward to help.

And by showing support for these initiatives, the public has a chance to make the impossible possible, the unbearable bearable and the silver lining visible in even the saddest tragedy.

Off The Record

September's *Cowslips* and *Cowflops*

By Robin Morris
Dubious Achievements Editor

Here it is September and the start of a whole new school year (no matter how advancing my years, I still mark September 1 as New Year's Day) so let's kick off a a new month with an old trick, *Cowslips* and *Cowflops*.

First of all, a *Cowslip* to school, beautiful school and all those wonderful people who will have our little buggers on their hands for the next 10 months. It's not that we wish ill upon them, but hey, we didn't take university degrees on how to deal with kids. We're still trying to figure out the instructions. At least they have the authority of the law on their side. If a kid looks bored in class, whammo, it's detention time. For you and me, three days into the summer vacation and they're coming to us to complain there's nothing to do, notwithstanding the fact that they've virtually put the family into receivership buying more electronic gizmos and computer-driven whirleygigs than NASA had when it sent up Alan B. Shepard for his Around the World in 80 Minutes adventure. Better you than me, bud. We'll take 'em back next June.

*****

A *Cowflop* to American tourists who refuse to move over into the passing lane so you can get onto the 401 without having to use every last inch of the on-ramp. You'd think they'd learn from observing other drivers as they wander aimlessly down the road, wondering if they can make it from Toronto to Tuktoyaktuk before dark. If they're going to come to this country then they can check their guns and their eat-with-their-hands manners at the border.

*****

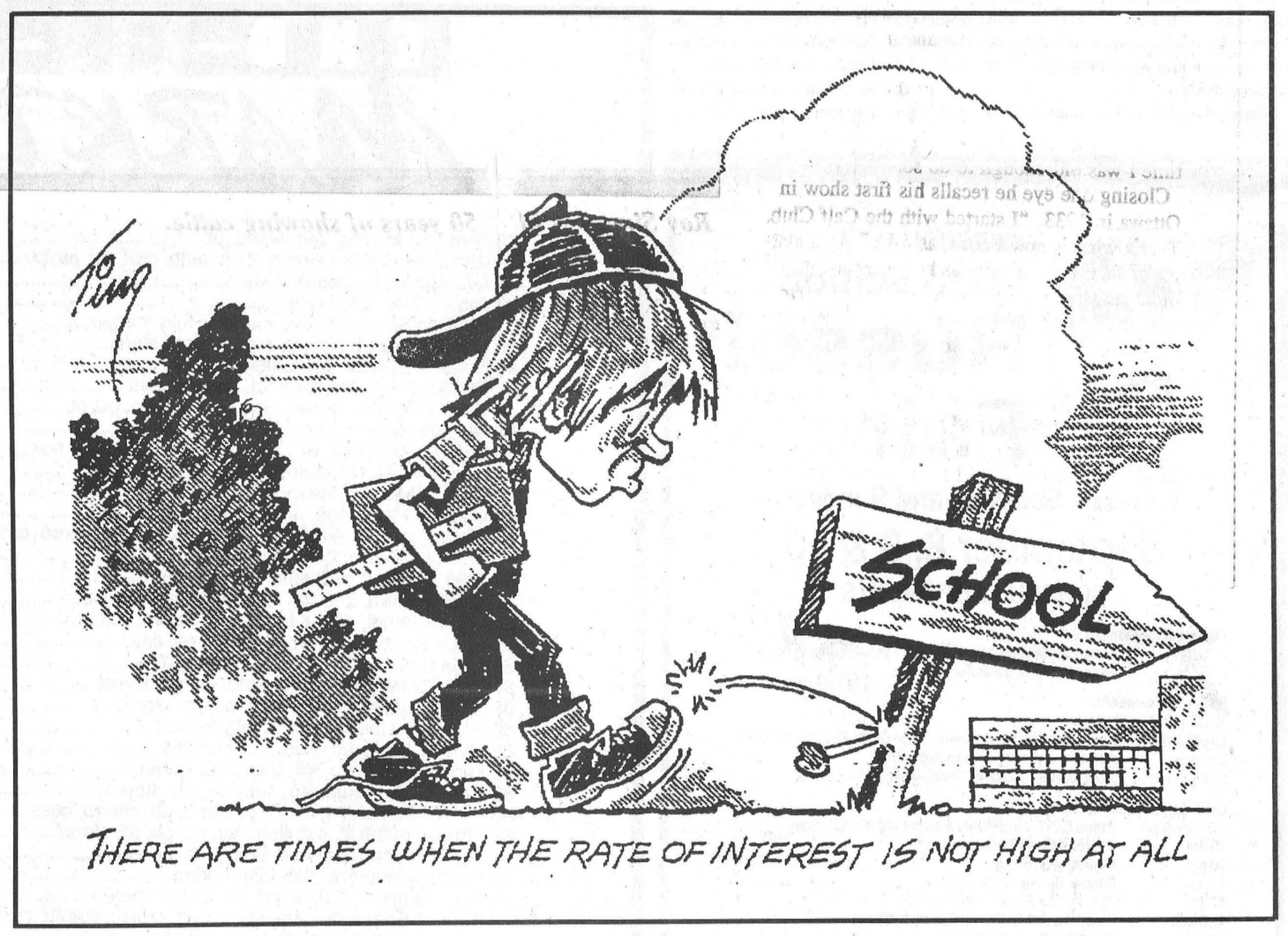
A *Cowflop* to all those linear-thinking PC owners who succumbed to the media hype last month and rushed out to buy Windows 95 so they could be the first on their block to have a computer operating system that is only seven years behind that of the MacIntosh. Even the billion-dollar build-up to the release of the latest version of Windows (which was only a year late coming out of the starting blocks and still has more bugs than than your car's grille in June) won't turn a PC into a Mac. It's like trying to turn a Flivver into a Ferrari. Me? I'll stick with my 286 and my Mac IICX. And I'll even come over and clean up your hard drive. But I don't do Windows.

*****

A *Cowslip* to the NFL for finally giving us some real football. I know, I know, I know, I'm always going on about the Yankees and how we won the War of 1812 so that makes us a morally superior people, but when it comes to playing a game in which the intent is to knock somebody into the middle of next week by sticking your head into his knees as he approaches world-class sprinting speed, then there's nobody on earth who can do it better than the Bubbas from south of the 49th. And I can speak from experience. I was a Rough Rider season ticket holder for over 25 years. I can still remember most of the starting line-ups of the Hamilton Tiger Cats of the mid-60s (when Garney Henley was a two-way threat on the field rather than in the front office) and I've been to more Carleton Ravens games than even the most masochistic among you will admit. I was at Bishop's when Larry Smith was a rookie running back with the Gaiters and I can remember when BC kicker Peter Kempf was named rookie of the year - and that he was playing in the CFL for $3200 a season. When Tagwi played CCVS for the SD&G league crown. When Moe Racine's picture hung in the hall at St. Lawrence like a shrine. But now the CFL has become just another USFL with funny rules, and a USFL without a Herschel Walker or a Jim Kelly. I mean, the Memphis Mad Dogs versus the Birmingham Barracudas? So I won't mourn the CFL's passing (or its running, or its execrable tackling). Hey, I can hate Dallas as well as some wing-nut from Buffalo. So I'll be first in line for season tickets when Toronto finally dumps the Aaargh-Os and joins the big league.

*****

A *Cowflop* to the organizers of the Labor Day weekend International Air Show at Toronto's CNE. We thought we'd lucked in since we'd gaffled preferred seating passes and were front and centre among the more than 100,000 along the lakefront who arose as one to watch in horror-stricken silence as an RAF Nimrod subhunting bomber crashed into Lake Ontario, instantly killing its seven-member crew and doubling in a stroke the death toll of the show's 46-year history. You can't blame the organizers for that. But what you can blame them for is the following: seconds after the crash, the announcer came over the public address system to tell that "an incident" had occurred and the show was at least temporarily put on hold. He then told us somberly that during the delay, we were free to visit the refreshment booths. Yeah, like the sight of sudden death gave me a hankering for an Eskimo Pie. Then he told us they'd keep us posted and put on some recorded music. The first song? *Chariots of Fire*. The only song I could think of that would have been more inappropriate is *Splish, Splash*. And then to top it all off, after the show had been cancelled, thousands of dumbstruck spectators made their way to the pedestrian bridge over Lakeshore Boulevard. But you couldn't use the bridge unless you still had your show pass, because conceivably you could sneak into Ontario Place and take in the Kumbaya AIDS benefit. Couldn't they have chucked the greed for just a few minutes and treated us with the dignity our silence was according those RAF flyers?



THE FARMER'S WIFE

By Wyn Thompson

The last Hurrah-weekend of summer is over, the kids are back in school, and peace reigns, or so it is said.

Over the summer, a lady wrote me in response to a column I'd written and asked if it was always quiet at Hill House. Had I given Hill House a reputation it didn't deserve?

If so, I will hasten to set the record straight. Although I may appear outwardly composed, most of the time that is, in the back of my mind is often a clamour of voices, so many needs, hopes, fears. Much the same as other Canadians.

And, I rarely ever sit still without being haunted by the undone and the unsent. This is tiring and on occasion I must push away the lives and needs of others before I can take up my life again with zest. I hope that answers the question.

While still in my bed, I looked out my window, it is a soft misty morning, and it happened that I saw a red-breasted grosbeak. Seeing it was like getting a transfusion right to the vein, the day was made.

Not so some of the summer evenings until I ceased, a while back, watching the ten-o'clock TV news, something I would have considered sacreligious a few years ago. But, frankly, I became sick of watching Peter Mansbridge chewing, swallowing and regurgitating the Bernardo and Simpson soaps, and any other tid-bit that might titillate the viewers and increase the station's ratings. Followed, of course, by reruns of Stewart and Cameron, it finally became too much.

Mind you, I don't want to leave the wrong impression, but I do enjoy (not as a steady diet) some cheery, junky entertainment on television, even if it is a rerun. But, I finally switched on the radio and was rescued from television hell.

Here, on the FM band I was served up an encapsulated serving of the news and weather, changed gears to the wonderful readings from 'Between the Covers', drifted off to sleep on the wings of magical summer music. A formula guaranteed to give a good night's sleep!

Now, I don't want you to get the impression that this decision was easily made, but after several nights of Peter and company that were either abysmal or incomprehensible or both, I made the switch. Like any addict, I expected withdrawal symptoms, but aside from unconsciously switching on the television a few nights at ten-o'clock, it was wonderfully easy.

Perhaps I'll try the eleven-o'clock Channel 13 news come autumn if I can keep awake. The few times I have watched it, I liked their approach. Or maybe I'll stick to FM radio, my daytime companion anyway. Decisions, decisions, decisions...

We have been housesitting a friend's home and garden while they were away on a week's holiday. The garden served up wonderful baskets of vegetables, all except the tomatoes which obviously had been hit with some blight.

I would view a gorgeous, ripe, red fruit, stop to pick it up and discover that the bottom was rotten. How discouraging! Strangely enough, the little cherry tomatoes were not affected, so they must be blight-resistant. Praise be!

In the week I had zucchini by the tons it seemed. I tried every zucchini recipe in the book and then some. Now, the Farmer is not fond of that vegetable so imagine his look of frustration when I served up yet another dish of zucchini. This coupled with the fact that I made dill, of which he is barely tolerant, and you can imagine that it was with open arms he received our friends back into their own home.

Continuing our enjoyment of Eastern Ontario this summer, I went along with a group of ladies recently to see "Run for Your Wife" at the Brockville Little Theatre company. The Farmer thought I might be disappointed as I had seen it many years ago in Toronto with Dudley Moore as the lead actor, a rather hard act to follow.

However, it was great, and it was followed by Chinese food eaten with these twenty-odd congenial friends, and that was a hard act to follow.

Another Sunday we drove back to the family farm of the Bollingers near North Gower to sample some of their wonderful curds made in a factory right on their own farm, from milk produced by their own 40 head of cattle.

"It has got to squeak to be good," goes the old tale, and it certainly did. It is produced fresh each day and what is left is grated for cooking that night. We also bought a pound of their mild cheddar.

This gentleman is of Swiss origin and the operation has been open to the public for about a month. The daughter who served us was delightfully informative, a real asset to a family business, I am sure. Fresh curds are available on Friday, Saturday and Sunday, but I am sure that may change as its popularity grows.

The CJOH television crew was to have been there in a few days so I expect it will soon be standing room only. The Farmer and I almost finished a bag of curds on the drive back home, without any disastrous after effects, may I hasten to add. The Farmer, who fancies himself one who can express an opinion of fresh curd, said, "It is the best I ever ate."

For the Farmer to ponder after his too close brush with zucchini, "One should learn also to enjoy the neighbor's garden, however small; the roses struggling over the fence, the scent of lilacs drifting across the road." - Henry van Dyke (1852- 1933) Am. clergy.

Reflections

Roy Simmons celebrates 50 years at county fair

Melissa Batchilder
Record Staff

This is a man who knows his cattle.

After 50 years of showing them at the annual Stormont County Fair alone, Roy Simmons can tell you a thing or two about Ayrshires.

From a distance, Simmons could be seen moving slowly about the barns in Newington Saturday. His subtle limp has tempered his gait somewhat, but it certainly doesn't keep him from checking on his cattle and giving directions to those helping him with the show.

"They're all my grandchildren," he explains of the boys hooking up automated milking machines and moving equipment about. "That's my daughter over there in the white. She's a nurse and took this week off work to come and help me."

Although Simmons no longer owns the cattle he is showing, (he sold his farm to his son in the late 1970s) he still loves to make the fair circuit each year with cattle he has had a hand in raising.

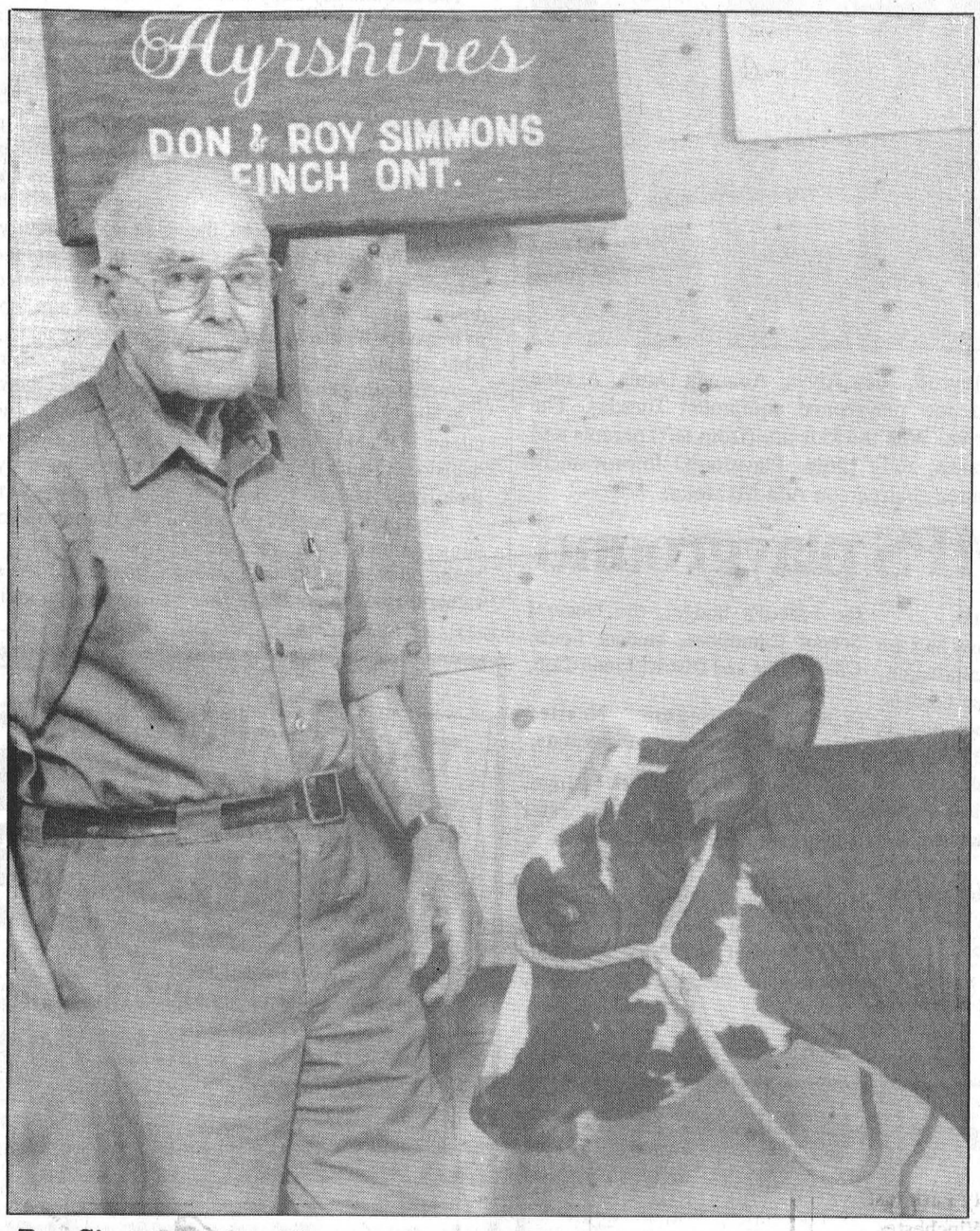
As he sits on a lawn chair set up near a couple of calves, his profile is strikingly similar to that of the late Henry Fonda. As he begins to discuss his farming career, his personality is unbelievably similar to Fonda's in the academy- award winning film, *On Golden Pond*. He chuckles at this suggestion. "Go away with you."

Scanning the row of cattle feeding on hay, Simmons says, "my son isn't a showman. He doesn't like to show livestock, but I do." His shyness certainly doesn't stand in his way, he quips.

"I've been showing here for the past 50 years. I began showing before that actually in Aylmer, Que. I've been doing it since the time I was old enough to do so."

Closing one eye he recalls his first show in Ottawa in 1933. "I started with the Calf Club. That's what is now known as 4-H." As a matter of fact, he adds, it was horses, not cattle that was most important on his father's farm in those days. "Horses were always really my first love. I had to get into cows to make a living."

Simmons was away from farming for a brief period of time in the early 1940s, he explains. "I left home at 20 and got married at 23. I worked at the paper mill so we could eat. I quit there though because I wasn't going to die in a place like that."



Roy Simmons after 50 years of showing cattle.

It wasn't long before he went back to working on farms.

In 1946, Simmons made the big step of purchasing his own farm and 21 head of cattle, "always Ayrshire." He supposes he always liked this breed, "ever since I was a kid I seemed to work for Ayrshire men.

"Ayrshires have been good to me."

Back in those days, as a young farmer his dream was to breed and show the grand champion at the Royal Winter Fair in Toronto. "One of mine was reserve grand three times, but then I sold my herd."

The next year, however, with one of his previous Ayrshires, his dream came true. "When I worked at the paper mill there wasn't a good chance of doing this!"

Over the years, he admits, he has seen drastic changes in technology. "There is a different set- up than before." However, he adds, he always did have a milking machine, "but when I started out I had to farm with horses. I didn't have a tractor."

Even earlier than this, he recalls his first attempt at milking a cow. "My brother was nine and I was seven. I got a peanut butter pail from the house because my brother was doing so as well. I was copying him. From then on I had to milk." He even remembers the cow as being an "old red shorthorn."

When Simmons eventually sold his farm and cattle off in 1977 he had built the herd up to around 100 head. Only last year at this time, he adds, his son lost another 45 in a fire.

Out of all his cattle over the years, dozens have been ribbon winners at numerous fairs. At the Stormont County Fair this week-end, the cattle captured 11 ribbons along with the premiere breeder banner. "This means you bred the most winning animals out of anyone else showing." That's quite an accomplishment to celebrate his 50th anniversary at the fair.

"I didn't expect the premiere breeder banner because we don't have a full string here."

Life at the fair is definitely different than it was five decades ago. "Back then there were close to 400 head of cattle tied to long posts and rails outside. We had to bring our own water. We had to move them in the morning and out at night in open trucks. It sure was different back then."

In those days, he adds, there were more classes. "They were categorized from calves to bulls." Another change is that dry cows aren't shown today, nor are bulls."

The entire industry, he adds, is obviously different in today's world. "Today we use artificial insemination from the bulls at Eastern Breeders." Although this form of technology was introduced in the 1940s, today it is common.

His career as a farmer and successful Ayrshire man couldn't have been possible without his family, he says. Made up of five altogether, two have passed away, "and there are two girls and a boy left." All were a tremendous help on the farm, he says, and in many cases still are.

After losing his first wife in 1979, Simmons remarried in 1981 and moved into Finch. Today his wife joins him with her own talents in participating in the Stormont County Fair.

Melissa! — by Melissa Batchilder

I'm sitting outside tonight as I write my column. There won't be many nights left for me to do this without my snowsuit. Actually, that's not true. Autumn is my favorite season, (no more heat to complain about I suppose) so I can be spotted often at the end of October sitting on the sidewalk wrapped in a blanket.

The Annapolis Valley in Nova Scotia used to be my favorite spot to experience autumn. But, then I discovered Eastern Ontario. You folks who have lived here all of your lives don't know how lucky you are.

I've spent this season in Newfoundland, British Columbia, Nova Scotia, PEI and Quebec, but nowhere compares to this part of the world for leaves changing color and the celebration of fall harvest.

It won't be long until Williamsburg's Harvest Fest is on. I can't wait. Last year was my first visit to this celebration and on the drive home that day, I promised my self that no matter where in this world I was living in the future, I would make it to Williamsburg for this occasion.

Ah, this season just makes me really happy.

******

And a standing ovation to the Stormont County Fair committee. What a time it was over the week-end. I swear, I felt like it was old home week on d'oisland.

Now granted, the smash up derby made me wonder about purchasing a better life insurance policy, but I got over it. Seriously, I didn't think events such as this really took place. Whah! However, I did think my beast from the east might qualify for this sport next year. I couldn't drive it though. I'd just get scared and cry or something totally weenie-like.

Oh yeah. There were lotsa cows at this fair too. Actually, I was reminded of my dream in life. I really wanted to sit on a stool and milk a cow. See, I'm easy to fulfill dreams for. All I've ever wanted was to milk a cow and live in the Arctic. Simple enough eh? Maybe I could ship a cow to the North Pole someday and kill two birds with one stone.

Okay, I'm fibbing a bit. I don't just want to milk a cow. I wanna ride a cow! It's true. I know everyone else rides horses, but I'd just feel more safe on a cow. Wouldn't you?

Let's face it. They're bigger around d'belly and don't move as fast. And they're shorter too. I wouldn't have as far to fall.

Oh, if wishes were fishes I know where I'd be, casting my line on the dark rolling sea.

******

Oh before I forget. Connie at d'Heritage is collecting the tin foil outta cigarette packages. Bring it over. Thanks.

******

My sister, Alana, is visiting. I went to the city to see her Monday. I can still fit into her jeans, so I was happy.

Y'know, I must really be getting used to rural life though. I think I'm becoming a hick. Granted I still hate country music, but I'm losing my metro-woman status fast and in a mean way.

For one thing, street lights really annoy me and for another thing, people in the city are wearing pretty strange duds these days.

Everything is too expensive, even at the thrift stores. Oh, and I don't think parking garages are made high enough for pick-ups either. And there's too much stuff to choose from at the grocery store and it's way too expensive. I suspect when people from the city discover Mikey Dean's, Colonel Mike will hafta build a parking garage too. But, I bet its ceiling will be high enough for pick-ups.

******

It was back to school Tuesday morning. Heavens, I'm glad I'm not in Grade Four anymore. I remember distinctly every first day of school in my life.

Grade One was particularly traumatizing. Bucko McQuillan told me the teacher was gonna give us needles as long as his arm. I got scared and wet my pants and ran all the way home. Ah, those memories.

It was really neat to watch all the kids lining up in their finest to cross the street this morning. All spit and polished were the boys and the girls had bows in their hair. That should last until recess I suppose when someone suggests a good game of "king of the mountain" to kick off the new school year.

As well, for those careless and senseless drivers who insist on racing time with a school bus. Tuesday marked the first day of a no-tolerance plan to wipe out drivers who illegally pass school buses. If caught passing a bus with flashing lights, bear in mind the fine is $265.

******

It's time now for my annual rant and rave about tomatoes. I feel it necessary to do so at this time of year when the little red juicers are all over the place.

It's no secret. I hate tomatoes. I hate their texture, their taste and the seeds that get caught in my teeth. I hate tomato soup, tomato sandwiches, ketchup, tomato juice, spaghetti sauce...you name it, if it's involving tomatoes keep it away.

Howard Heritage thinks he's pretty funny. Last year he sent me five packages of tomato seeds. They're still tacked to my wall just beside my window on the world. I'm sure they will get lots of sunlight there to prosper.

******

Now for an update on lovely downtown Chester-vegas this fine Tuesday morning, I turn to that same window on the world and what do I see.

There are 14 cars lining the streets. It's a busy day folks. I see a woman using the pay phone. She appears to be dialing long-distance. I wonder if she's talking to my mudder. Gone Loonie isn't open yet. It doesn't open until 10 a.m. y'know. A lot of people don't know that actually. The walk up to the door, see the closed sign and then pull on the door anyway. Like they think the closed sign is justa joke.

The weather is fine. It's 17 degrees outside. That's a good temperature. It should be that every day.

No kids on the street. They're all off gettin' d'big education.

******

Like Oprah says, "do a random act of kindness today and make someone smile."



Morewood Public School students (from left) Chelsey Draycott, Joey Alves, Amanda Danis, Alanna Cracknell and Ryan King tested out the school's brand new playground equipment Tuesday. The equipment was installed after a community fund raising drive. With the kids are (from left) parents and school committee members Carol Cracknell, Marg Thomas, Judy Little, Playground Improvement Committee chairperson Bonnie Milne and School Committee chairperson Ada Mahfouz.

Donations enhance MPS playground

The school bell rang at Morewood Public School Tuesday and called students back to class for another year. And when the recess bell rings, students will enjoy a brand new play structure, thanks to a community fund raising effort.

The colorful equipment, including slides, swings and other aparatus, was installed recently on the school grounds, with a total cost of about $17,000.

Various groups and committees and others in the community raised $15,300 toward the project. The structure itself cost $13,400.

The School Board will pay half the estimated $7,000 for installation, peastone floor and timber borders, meaning the total school cost is $16,900, or about $1,600 more than was raised. Morewood Public School principal Larry Berry said Tuesday, though, that raising that amount shouldn't be a problem.

And Berry notes that the enclosed playground area is large enough to safely install another piece of equipment in the future.

Funding for the project came from the school's budget, the General School Committee, student funds, Chesterville and District Lions Club, Winchester Legion, Nestle, Morewood Recreation Association, Morewood Firefighters' Bingo, Chesterville Legion, Winchester Lions Club, and a 1994 tea room.

The school building itself, covered in scaffolding, is also being spruced up. The roof and brick are being repaired for the first time in many years.

Coping with sickness:
Support available to mentally ill

Melissa Batchilder
Record Staff

CHESTERVILLE — Coping with mental illness cannot be done alone.

However, says Donna Bellamy housing co-ordinator with the Canadian Mental Health Association, "there is help available in Dundas County."

The Community Support program is designed to offer support to an individual in the environment of his or her choice.

"Support services are flexible, portable and community-based." While individuals have the right to services they feel they need, the program facilitates independence and services are designed to enable people to do as much for themselves as possible, she adds.

A community support worker is available in this area to assist clients in making their own decisions about all aspects of their lives.

"Community support is consumer-oriented." Services are based on the goals of the person, rather than on the needs of the providers, says Bellamy. "The program is empowering with services being provided in a manner that promotes the fullest possible control over one's own life."

The flexible program is promoted as being "continuous, comprehensive, accessible, and available." Clients should be provided for in a variety of ways, with persons being able to choose services and to move in and out of the system as needs vary.

Community Support focuses on strengths, explains Bellamy. "The program aims at developing the assets and strengths of people to help them maintain a sense of identity, dignity, self-esteem, and competence."

Making choices is an extremely important aspect of the program, she adds. "This maximizes their independence and allows them to function in environments with the least amount of intervention from the mental health system."

The program also views family, friends and other members of the community as valuable resources. "As such, involvement on an individual, program, and system level should be actively supported."

Community Support services are offered in a milieu, which creates some sense of hope, explains Bellamy. "A range of opportunities must be provided to allow individuals to explore their values, interests and abilities and to develop the confidence needed to take the lead in their own rehabilitation.

The services are essentially outcome oriented, she adds. "Goals must be described in measurable terms." Outcomes must be measured and should identify levels of client success and satisfaction with particular focus on the development of skills and supports, quality of life and the maximization of client responsibilities, she adds.

Although the program has been offered in Dundas County for a year, it is little known to those who need it.

"By making people aware of our services we can engage them in working towards a better life," says Bellamy who oversees a support worker for this area.

For more information on the Community Support program, call 933-5845.

What's Playing In

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This Thursday,
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"BAM BAM RITUAL"

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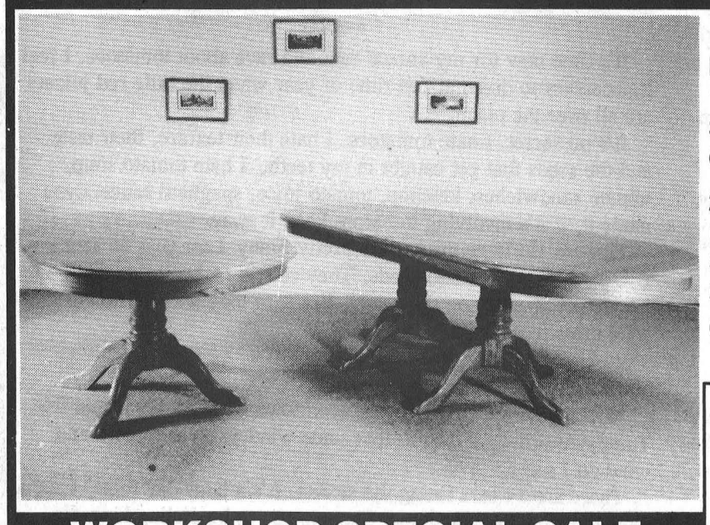

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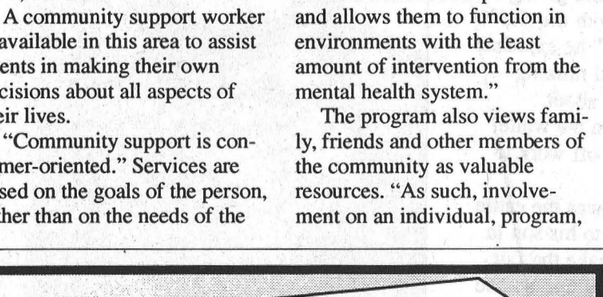

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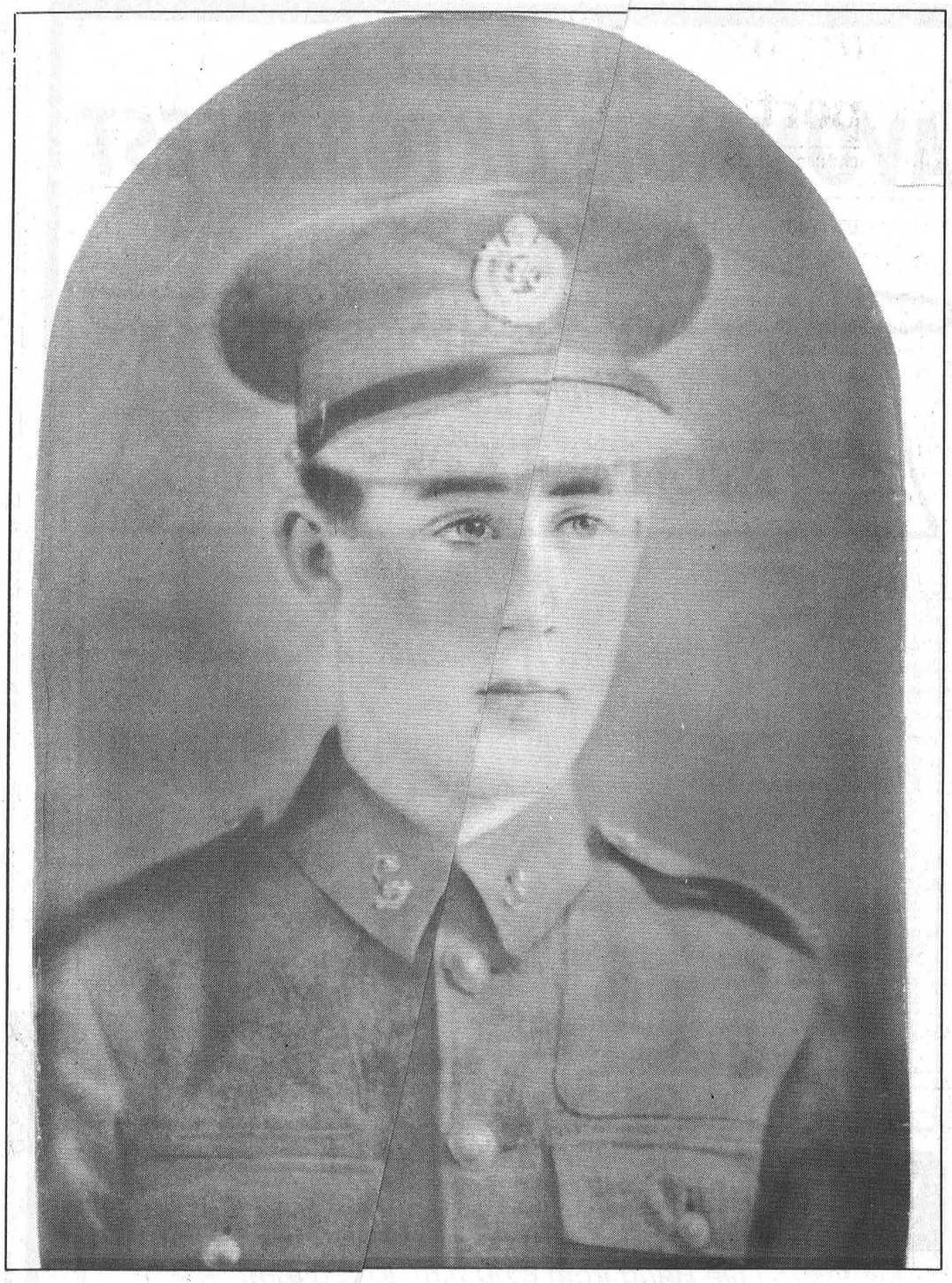

Do you know this man?

A full color painting of this man, dressed in a World War I uniform, has been in the possession of a Chesterville family for 60 - 70 years. But they don't know who it is, and don't believe it's a member of their family. If you can help solve a mystery by identifying this soldier, or give clues that might lead to his identification, please contact the Chesterville Record at (613) 448-2321 and we'll pass along your information.

Programs offered for all ages

Melissa Batchilder
Record Staff

WILLIAMSBURG — Three new programs for seniors will be offered this fall at the Park Lane Seniors' Support Centre in Williamsburg.

Centre co-ordinator Janet Levere says "the programs are expected to be of great interest and value to area seniors and other adults."

The Breathe Easy program will be offered by the Lung Association beginning Thurs., Sept. 14 from 1:30 p.m. until 3:30 p.m. The last five sessions will be held on Wednesdays, at 1:30 p.m. beginning Sept. 20.

The six-week session will provide adults suffering from lung disease with knowledge and skills necessary to improve their quality of life.

In the rural farming area of Dundas County, says Levere, people not only suffer from emphysema, asthma and chronic bronchitis, but also farmer's lung.

"Anyone who is bothered by breathing problems regardless of the reason will benefit from the information sessions," says public relations co- ordinator for the Lung Association Cathy Sabourin.

In October, area residents who care for older relatives, neighbors and friends can take advantage of four free evening workshops to assist new, experienced or soon to be caregivers.

Throughout the Mondays of October, information sessions will begin at 7 p.m. to assist the people who care for others.

"This information can help you cope with caring, whether it's keeping an eye on the older neighbor who doesn't have nearby relatives, or making a daily visit to your parent's home to help with the chores," says Levere.

A variety of speakers will be available to assist in understanding aging. "They will talk about the aging process, an older person's mental health, what community resources are available, healthy aging, communication and family relationships," adds Levere.

Acknowledging caregivers are already extremely busy, Levere explains, "this program can save time in the long run."

Also in October, the Heart and Stroke Foundation of Ontario will sponsor a "Women, Heart Disease and Stroke" project in SD&G.

Susan David, program co-ordinator will offer information sessions to sensitize women to the fact that hearts disease is not restricted to men.

"Actually, signs and symptoms for women are surprisingly different than what we have always thought," says Levere.

For example, she adds, "did you know the post- menopausal women are suddenly at four times the risk when compared to their pre-menopausal years?

The support centre in co-operation with Heart and Stroke will present the two short information sessions Oct. 17.

The Morrisburg Royal Canadian Legion will be the site of the 11 a.m. presentation and would benefit women of any age. Another session will be held at the centre in Williamsburg at 1:30 p.m. the same day.

Mothers may want to bring their adult daughters to learn the signs of heart disease and the risk factors, suggests Levere.

"There is no need to register, just take an hour out of your day to gather facts," says Levere.

For more information on any of these programs, contact Levere at 535-2924.

Oktoberfest features European fare

Melissa Batchilder
Record Staff

AVONMORE — Kiss me, I'm German!

For the third year in a row, the Roxborough Agricultural Society will host Avonmore Oktoberfest Sept. 9.

The local autumn celebration was prompted three years ago to recognize deep-seated German heritage in the area, says society chairman Murray Barkley.

"It's entirely fitting that Avonmore should be the home of one of the very few Oktoberfests celebrated in Eastern Ontario," he says.

The event will be held under the cavernous tent at the Avonmore fair grounds and will feature a complete buffet dinner beginning at 7 p.m. "A wide range of authentic Oktoberfest foods will be offered."

A live band, *Edelweiss*, from Montreal will entertain from 8 p.m. until 1 a.m. with music well suited to the occasion as well as a wide variety of popular favorites. "A large assortment of refreshments will be available as well as Oktoberfest souvenirs including Bavarian hats will be available.

Seating for 600 will be available, but advance tickets at $14 per person are going fast, says Barkley.

Although this area is sometimes overlooked, says Barkley, "it is an indisputable fact that the vast majority of the first European pioneers to settle in Stormont and Dundas Counties following the American Revolution were German in origin, some having settled in the 13 colonies as early as 1709."

Such names as Ault, Casselman, Crysler, Schwerdtfeger, Hough, Shaver, Dillabough, Merkley, Hess and Barkley bear witness to this contribution at the very outset to Ontario's and Canada's cultural mosaic.

"More recent German, Dutch, and other central European immigrants, especially in the farming communities of Stormont and Dundas, have reinforced and revitalized this multicultural tradition, helping to create a new awareness of the earlier settlers' ethnic heritage."

Barkley credits Loos Volker as being the driving force behind the local autumn celebration. "He and his wife, Inge, have been very active in the society. Both are German and work very hard on this event."

For more information or tickets, call 346-5765. "We'll guarantee you a wonderful evening," says Barkley.

Back-to-School SAVINGS

These specials good Wed., Sept. 6 to Sat., Sept. 9, 1995. We reserve the right to limit quantities.

Food City Fruit Drinks — Assorted tetra packs, 3x280 ml — 59¢ ea.

Kraft Cheese Slices — 24 slices, 500 g — $2.99

Bananas — From the tropics, 1.08 kg — 49¢ lb.

Blue Grapes — Prod. of Ont., 2 L basket — $2.99

Potatoes — Prod. of Que., 20 lb. bag — $2.99

Minute Maid Frozen Fruit Punch — 341 ml — 79¢

Pure Unsweetened Orange Juice — Catrina's, frozen, 341 ml — 79¢

Heinz Tomato or Vegetable Juice — 1.3 L tin — $1.49

DelMonte Kernel Corn or Assorted Vegetables — 341 ml to 398 ml — 89¢

Kraft Macaroni & Cheese Dinner — 200 g — 79¢ ea.

Rocky Mountain Bacon — 500 g pkg. — $1.49

Smoked Picnic — 2.84 kg — $1.29 lb.

Sunrise Wieners — 450 g — $1.39

McCain Cream Pies — $1.49 ea.

Great for BBQ! T-Bone Steak — 11.00 kg, Cut from Canada A, AA, AAA Beef — $4.99 lb.

Lean Ground Beef — Valu box only, 4.17 kg, Cut from Canada A, AA, AAA Beef — $1.89 lb.

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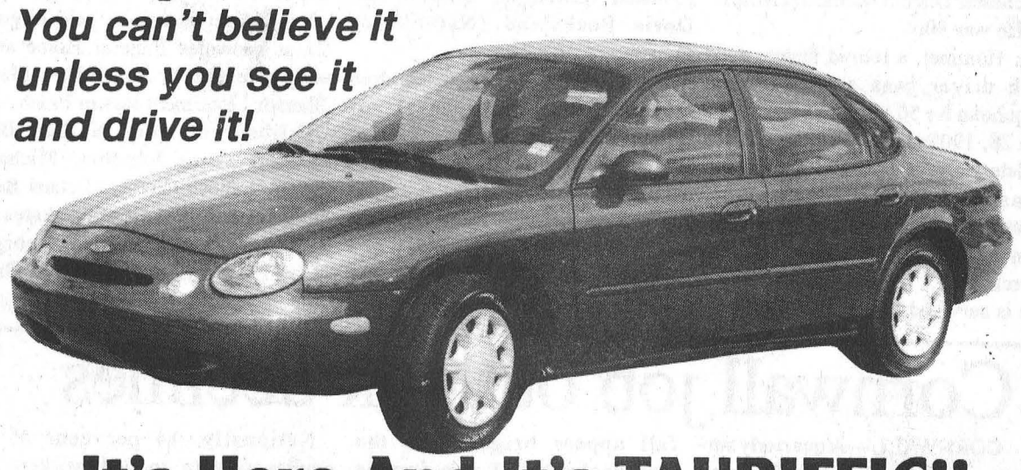

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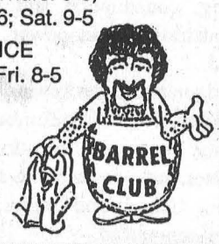

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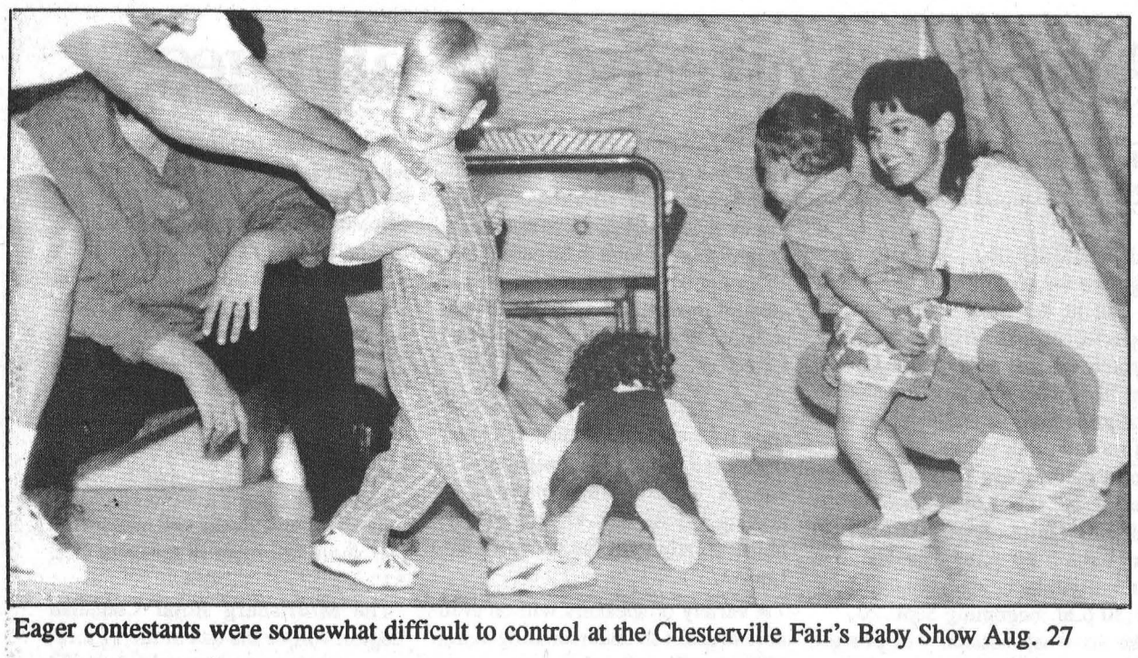

Eager contestants were somewhat difficult to control at the Chesterville Fair's Baby Show Aug. 27

Chesterville Fair Baby Show results

Prizes awarded to a boy and a girl in each of five age categories, plus boy and girl draw winner in each age category.

0 to 3 months: Girl — Kathryn Johnson, Chesterville. Boy — Jordan Markwell, Chesterville. Draw winners — Kaitlyn Hodgson, Williamsburg, Gerritt Wichers-Schreur, Winchester.

4 to 7 months: Girl — Riley Cronin, Chesterville. Draw Winners — Kyle Disotell, Morrisburg, Dana Sullivan.

8 to 11 months: Girl — Kathryn Stewart, Chesterville. Boy — Dylan Cooper, Brinston. Draw winners — Cheyanne Wopat, Chesterville. Boy — Kyle Wylie, Winchester.

12 to 17 months: Girl — Alicia Sigouin, Winchester. Boy — Julien Desormeaux, Morewood. Draw winners — Brianna Tapley, Chesterville, Garrett Pilon, Riverside Heights.

18 to 24 months: Boy — Brandon Carr, Winchester. Draw winner — Justin Fawcett, Elma.

Special prizes: From furthest away — Chad Marsh, Prescott. Youngest mother — Jennifer Wylie, Winchester. Oldest mother — Susan Cooper, Brinston. Youngest Father — Alex Markwell, Chesterville. Oldest father — Jay Netherwood, Chesterville.

Extra draws (held because of shortages in some categories): Scott Jones, Chesterville, Zachary Barkley, Ottawa, Sarah Miller, Mountain.

Overall draw winner, of Bunnykins accessories: Samantha Patenaude, Morewood.

Chesterville Fair homecrafts winners

Baking Specials

Fleishmann's Yeast - Oatmeal bread, 1st, Doris Ennis; 2nd, Heather Bazinet.

Tenderflake - Apple Pie, 1st, Cheryl Lynch; 2nd, Judy Gibeault; 3rd, Heather Bazinet.

Kellogg's Rice Krispies Squares - Jr. Special - Dinosaurs, 1st, Christopher Bazinet; 2nd, Joshua Ennis; 3rd, Liam O'Brien.

Dole Tropical Canned Fruit - Muffins, 1st, Sarah Schoones; 2nd, Heather Bazinet; 3rd, Victoria Nielsen.

Certo Jam Or Jelly - Apple Jelly, No Winners.

Fry's Cocoa - No Shortening, 1st, Elizabeth Vingerhoeds; 2nd, Cheryl Lynch; 3rd, Heather Bazinet.

Crisco Shortening - No Cocoa, 1st, No Winner; 2nd, Heather Bazinet; 3rd, Cheryl Lynch.

Fry's Cocoa/Crisco - Chocolate Cake, 1st, Heather Bazinet; 2nd, Glenda O'Brien.

Dundas Milk Committee Special - Butter Tarts with Raisins, 1st, Cheryl Lynch; 2nd, Eliz. Vingerhoeds; 3rd, Heather Bazinet.

Lemon Pie - 1st, Doris Ennis; 2nd, Cheryl Lynch; 3rd, Heather Bazinet.

Cass Bridge Cheese House - Party Cheese Ball, 1st, Gladys Smith; 2nd, Glenda O'Brien; 3rd, Heather Bazinet.

O'Neil Special - No Bake Cookies, 1st, Roxanne Hennin; 2nd, Julie Dean; 3rd, Dawn Crump.

Breadmachine Bread - White Bread, 1st, Elaine Crane; 2nd, Leslie Johnson.

President's Special - Date Squares, 1st, Laura David; 2nd, Cheryl Lynch.

Bernardin Of Canada Special - 1st, Heather Bazinet.

Bake Queen/King of the Fair - Class 3 - Sections 1-52 inclusive, 1st, Ralph Shangraw; 2nd, Cheryl Lynch.

Class 4 - Junior Baking, Joshua Ennis.

Class 5 - Senior Youth Baking, Sarah Barkley.

SPECIAL AWARDS

Vegetables - Ron Lee.

Flowers - Dianne Lee.

Baking - Ralph Shangraw.

Jr. Baking - 1st, Joshua Ennis; 2nd, Christopher Bazinet.

Sr. Youth Baking - 1st, Sarah Barkley; 2nd, Dawn Crump.

Bake Queen/King - 1st, Ralph Shangraw; 2nd, Cheryl Lynch.

Arts & Crats - Plonia Vanderlind.

Seniors - Anne Leyenaar.

Girls & Boys - Girls 12-14 - 1st, Kimberly DeJong; 2nd, Dawn Crump. Boys 12-14 - 1st, Ben Rutters; 2nd, Jonathon DeJong.

Girls 9-11 - 1st, Emily Vingerhoeds; 2nd, Shannon Fawcett. Boys 9-11 - 1st, Liam O'Brien; 2nd, Joshua Ennis.

Girls 6-8 - 1st, Stephanie Crump; 2nd, Amber Erratt. Boys 6-8 - 1st, Christopher Bazinet; 2nd, Joshua McMillan.

Girls 3-5 - 1st, Rebecca Chamberlain; 2nd, Allison Howard. Boys 3-5 - 1st, Michael Cross; 2nd, Nathan Crump.

OVERALL SPECIALS

Exhibitor With Most Points In Homecraft & Domestic Division - Silver tray from Bank of Nova Scotia, Chesterville and floral arrangement from The Village Green - Ron Lee.

Exhibitor With Second Highest Points In Homecraft & Domestic Division - Gift certificates from Millaire Time Plus and Black's Lumber - Plonia Vanderlind.

Exhibitor With Third Highest Points in Homecraft & Domestic Division - Gift certificates from Black's TV & Appliances and McMillan Repair - Ralph Shangraw.

New Exhibitor With Most Points in Homecraft & Domestic Division - Trophy from Homecraft Division and National Auto League Membership from Willow Rae Patterson.

New Exhibitor With Second Highest Points in Homecraft & Domestic Division - Gift certificates from Power by Jennifer & Whitteker's Meats - Margaret Dunbar.

New Exhibitor With Third Highest Points in Homecraft & Domestic Division - Gift certificates from Rockwood Gardens & The Morrisburg Leader - Shawna Dunbar.

Parade winners

Best Dressed Bike - Josh McMillan; Oldest Motorized Vehicle - Gord Bartholomew; Best Commercial Float - Dundas Milk Committee; Best Non-Commercial Float - George Ennis; Farmiest Float - Scotiabank.

Obituary

George Kenneth Hummel

George Kenneth Hummel, of the Hartford Retirement Home, Morrisburg, died August 25, 1995 in Winchester District Memorial Hospital. He was 90.

Mr. Hummel, a retired farmer and truck driver, was a resident of Colquhoun for 50 years. He was born June 28, 1905 in Chesterville, son of the late Herman Hummel and Lillie Johnson, and was educated at Chesterville Public School. He was a member of Williamsburg United Church.

He is survived by his wife, Loressa Hanna, by sons Rae (Elsie) of Winchester and Dalton of North Augusta, and by daughters Linda Johnston (Lorne) of Brinston and Doris Beckstead (Nathan) of Oshawa.

He is survived by grandchildren Donna Small (Michael) of Kemptville, Marlene Laviolette of Richmond, Sandra Chytil (Lubosh) of Kanata, Janice Johnston, April Johnston of Brinston, Judy Williams, Michael Bellemore (Debbie) and Bradley Beckstead of Oshawa.

Mr. Hummel is also survived by great-grandchildren Lisa and Ryan Laviolette, Matthew Williams, Jessica Bellemore and several nieces and nephews.

Funeral services were held August 27 at Brownlee Funeral Home and were officiated by Rev. F.E.A. MacPherson. Interment was in Finch.

Pallbearers were Nathan Beckstead, Lorne Johnston, Michael Small, Lubosh Chytil, Michael Bellemore and Bradley Beckstead. Honorary bearers were George Wright, Roy Hart and Harold Gallinger.

Cornwall job outlook declines

CORNWALL — A quarterly survey of employers on the Cornwall area holds bad news for job seekers.

Manpower Temporary Services is predicting three per cent more employers intend to reduce staff levels than increase them, according to its fourth quarterly survey of 1995, which forecasts for the October to December period.

Manpower found 13 per cent of employers in the Cornwall area plan to hire during this period, while 16 per cent plan to trim their workforce. 68 per cent foresaw no change in staffing levels and three per cent of employers indicated they're unsure of their future plans.

Cornwall-area job prospects this fall appear brightest in the manufacturing of non-durable goods, while planned cutbacks were prominent in construction and services. Mixed intentions were detected in retail and wholesale.

The job outlook for the Cornwall area was promising in Manpower's second quarterly survey, for the April to June period, but has dropped in the last half of the year. But the local figures follow the national trend, which has also dropped since promising figures were posted earlier this year.

Manpower four times a year asks employers in a variety of industries and in cities across Canada what their staffing intentions are for the next three months.

Nationally, 14 per cent of employers plan to add workers during the final quarter while 13 per cent plan to reduce the size of their workforce. 68 per cent expected no change, and five per cent were unsure.

Job prospects across Canada this fall appear strongest in the wholesale and retail sector and in finance, insurance and real estate. Prospects appear the poorest in mining, construction and public administration, Manpower determined.

And job prospects appear best in Thunder Bay, Northumberland County, Vancouver, Brantford and Windsor, and poorest in St. John's, Regina, Calgary and Ottawa, Manpower announced.

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Buzz of sawmill fills farm's air

Greg Hewitt
Record Staff

WILLIAMSBURG TWP. — If you drive by Stephen Kenward's Williamsburg Township farm, it may not look much different than any another at first glance.

But the barns are no longer home to cattle, and the chatter of farm animals has been replaced by noise of a different sort.

It's the quiet hum of Kenward's mobile saw mill, cutting ash into long planks on a sweltering Friday morning. The barns, and much of the yard are stacked with logs and neatly-piled planks.

The saw is a Wood-Mizer, so named because its thin blade results in 30 per cent more lumber than a circular mill, which Kenward used before he bought the Wood-Mizer.

In fact, Kenward used to be a cattle farmer, and did wood cutting on the side. Today, his barns are full to the rafters with planks, mostly pine but other varieties as well.

"I was farming, and sawing was just incidental. Now I just saw. I sold my cattle to help pay for the mill," he says.

Kenward bought the machine about two years ago, attracted by its hydraulic lift system, which lifts and turns the logs on the cutting bed, adjusts the height of the blade and the length of the bed, as well as the guide arm.

A 24-horsepower gas engine drives a belt, which turns the blade wheel. A generator charges a battery, which powers the hydraulic systems.

A water tank sprays water on the blade when it's cutting, to keep it cool.

And the entire machine, weighing 3,500 pounds, is mounted on a trailer, and is easily towed. Kenward often takes the rig to local customers for on-the-spot custom cutting.

Kenward also likes the machine because it's quiet and safe, as the blade is almost completely encased and engages only when a log is being cut.

"You'd almost have to work at it to cut your finger off," he says, showing a hand with a missing digit that was claimed by the circular mill saw he used to use.

But the economic advantages of the mill are also a benefit, he says. Because of the hydraulics, one man can operate the mill, and the handling of even big logs is a breeze.

"When you're by yourself sawing big logs, it's a real nuisance. But with this one, you can do everything yourself. The hydraulics really save a lot of work," he says.

All controls are at the front of the machine, within reach of the operator.

And when the saw is brought to a site for cutting, the expense of transporting logs disappears. "It costs a lot of money to load logs and truck them. If you have one of these, you can go into the bush where they cut them. It cuts out the whole (transportation) operation."

Also, it cuts accurately and leaves far fewer tooth marks than the circular mill saw, resulting in less waste and a finer product.

"It's a little slower in some ways than a circular mill, but it makes up for it in extra lumber."

Kenward sells his pre-cut lumber to regular customers, and those who drop by when they hear of his operation. Word-of-mouth advertising is the only advertising he relies on.

"That's what you have to do, is find little markets to tap into," he says, leaning on a load of long ash planks on the back of a truck, ready to be shipped to a customer to be used as wagon covering.

"Twenty-foot pieces of ash are hard to come by."

Kenward buys some of the timber he cuts, but much of it is harvested from his 105-acre bush, which he replants. He adds that he likes the variety of the job, as he often deals with customers and the public.

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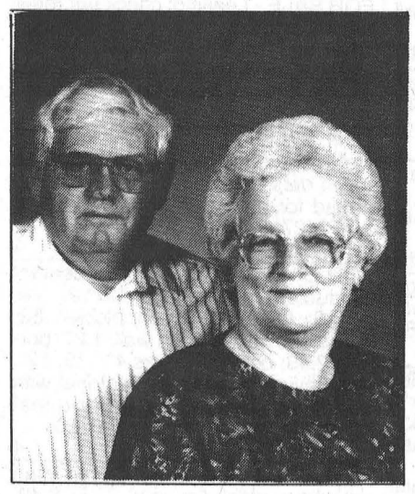

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FOR RENT - 3-bedroom townhouse, Chesterville. Available immediately, $500/month plus utilities. First and last month rent. Phone after 6pm. 448-2755.
4tfc

FOR RENT - 2-bedroom apartment, 2nd floor, downtown Chesterville. Utilities included. Available immediately. Call 448-2611.
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FOR RENT - 1-bedroom apartment, 2nd floor, downtown Chesterville. Utilities included. Available Oct. 1. Call 448-2611.
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FOR RENT - Commercial space, downtown Chesterville. 2 weeks free for moving in. Call 448-2611.
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FOR RENT - In Chesterville, 3-bedroom house, 18 Mill St. Available Oct. 1 (1st and last month's rent required). 448-2677.
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Happy 50th Anniversary



Glenn & Beth McIntyre
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Casselman - Patterson

Cathy and Mark are pleased to announce their marriage July 15, 1995. A special thanks to our families and friends for making our day so special.

Cathy & Mark Patterson

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would like to extend their sincere appreciation to the sponsors, volunteers, businesses and the community for your generous support of the 1995 Chesterville Fair.

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SR. CCM 352 Reg. $209.99	$189.99	MASKS BY ITEK, COOPER & CALCOAT	$19.99	HOCKEY BAGS Reg. $54.99	$39.99
JR. CCM 352 Reg. $159.99	$139.99				
JR. BAUER 150 Reg. $129.99	$114.99				

HOCKEY PANTS by VIC & CCM

WILSON BASKETBALLS & FOOTBALLS $9.99

LADIES COLUMBIA SHORTS	40% OFF	K-WAY BREATHABLE JACKET Reg. $139.99	$89.99
UMBRO SHORTS	15% OFF	STORMTECH 3-IN-1 JACKETS Reg. $229.99	$149.00
MITRE SHORTS Reg. $22.99	$14.99	COLUMBIA SHIRTS	40% OFF
LOGO 7 & STARTER WINDBREAKERS Reg. $59.99	$29.99	JOE BOXER SHORTS Reg. $17.99	$12.99
LOGO 7 & LINED JACKETS Reg. $119.99	$79.99	LICENSED CAPS	1/2 PRICE RACK

BACK TO SCHOOL BAGS FROM $14.99

OBRIEN		JUST IN TIME FOR BACK TO SCHOOL	ZETT • RAWLINGS LOUISVILLE
KNEE BOARD Reg. $219.99	$149.99	NIKE FOOTWEAR	BALL GLOVES
DART TUBE Reg. $219.99	$149.99	SANDALS 40% OFF	20%-50% OFF

INLINES	ETONIC & NIKE	1/2 PRICE
By Bauer & Ultra Wheels	GOLF SHOES	CLOTHING
Priced to Clear!	20% OFF	RACK

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record classifieds

VISA

Classified Advertising Deadline 1 pm Tuesday. Phone orders by Visa only. Call 448-2321. $4.00 + GST Minimum for 20 words. Extra Words 20¢ each.

FOR SALE

FOR SALE - Firewood, we deliver. Call 984-2827.
51tfc

FOR SALE - Sears trailer, complete with lights, very good condition. Call 984-2264.
4

FOR SALE - Tent Trailer: 1986 Bonair, sleeps 6, exceptionally clean and in very good condition, $3400. 448-3582.
3tfc

FOR SALE - Wood shavings $2.80/bale. 3.25 cu. ft. firewood, $50/cord (hardwood). Call 984-2978.
6

HONEY FOR SALE NOW - $1.25 lb. in your own containers. Termeer's Apiaries, Finch. 984-2890, Hwy. 43, Goldfield Road, North, first road east. Look for honey sign.
50tfc

FOR SALE - Sheets of glass, 4x8 and larger. Starting at $50. Quintan Products 774- 3320.
36tfc

FOR SALE - Spring-O-Matic cattle table w/motorized tilt, wishbone trailer for easy portability, palpation cage, bull board, archway, six panels, and extras. Very good condition. Consider delivery and instruction. Call 613-692-1105 after 6pm.
38tfc

FOR SALE - Railroad Ties: Ideal for rock gardens, flower beds, retainer walls, driveways. Size: 7"x9"x8'/$5. 7km south of Avonmore on Avonmore Rd. Delivery at minimal cost. Please call 346-5574.
42tfc

CREDIT PROBLEMS - NEED A CAR? - Call us - no credit application refused. Small down payment and ability to pay. Lease to own. Akcent Motor Sales, Winchester. 774-0718.
42tfc

HOUSE FOR SALE - Crysler, executive custom-made, 4-bedrooms, 2-1/2 bathrooms, 2-door heated garage, lot 150'x150', central intercom and vacuum, oak flooring and quality carpets, professionally decorated, fireplace and wet bar in large family room, cupboards, stairway and doors in oak, basement (half finished). Many more extras. Could possibly be an in-law suite or apartment. Value $169,000 will sacrifice for $139,900. Call 987-2198 or 764-5249.
51tfc

HAY FOR SALE - 1st cut, 5' round bales. Timothy and broam grass. No rain, stored inside, $18/bale. 774-2169 or 774-2879.
1stf

HOUSE FOR SALE - Newly decorated country home on edge of Chesterville. Private half acre lot, living room with fireplace and patio doors to rear deck, separate dining room, eat-in kitchen with stove, fridge and dishwasher, 3 bedrooms, 1 full bath plus ensuite, custom draperies and light fixtures, finished basement with hot tub, bar and wood stove, laundry and utility room, satellite dish, unattached double car garage and garden shed. Open House 2-4pm, Sept. 4. Call 613-824-5397.
4

FOR SALE - 1992 Chev Corsica, 4 dr., in excellent condition, 77,000 kms, loaded, PS, PB, ABS, air, tilt, cruise. Phone 448-2624 after 4pm.
2tfc

FOR SALE - Approx. 100 cords of dried hardwood. Sanders Maple Products, Finch. Phone 984-2368 or 984-0101.
6-4

FOR SALE - House, restored, bright, 3 bedroom country home, just outside of Crysler. Privately set well back from road. Pine, new hardwood and Mannington cushion floors, new furnace, many new windows with window flower boxes. Taxes $649/yr. New price $79,900. Call Nancy or Dave for details or appointment 987-2989.
6

APPLES FOR SALE - Smyth's Apple Orchard, Dundela, between Williamsburg and Dixons Corners. Open 8am, 7 days a week. Call 652-2477.
51tfc

FOR SALE - 6 Sega Master system games at $5 each. Phone 448-3582.
1tfc

BUILDING MATERIAL
Hardwood flooring, exotic & domestic lumber, cabinet doors, stair parts, butcher blocks, custom millwork, woodcraft supplies. Source Wood Products, Cornwall, Ont. 1-800-WOOD- 988.
13-12

FOR SALE - 1986 Ford 1/2 ton F150, V-8, 302 engine, with cap, excellent condition, 98,000 kms, safetied. $5000 or B.O. Phone 984-2242 evenings.
5-1

FOR SALE - Sega game cartridges. Call 448-2447.

FOR SALE

FOR SALE - Leasing: check our rates before signing. Maybe we can help save you MONEY. Same day approval. Call Car-O-Line Auto's Lada, Chesterville. 448-2488.
4-1

FOR SALE - Cracked chicken and cattle feed, cracked corn, cleaned rolled oats. $9/88 lb. bag. Please call ahead for pick-up. Phone 984-2849; 984-2427 or 984-2258.
4

FOR SALE - At low prices - cement products. Patio stones 12x12: .79; 16x16: .89; embankment blocks: .59; mini slope: .69; garden wall: 1.27; border: 2.49; cement blocks 4": .39; 12": .79; paving stones: .99. Material with imperfections...at perfect prices! Materiaux Masson 819-986-5720.
4

FOR SALE - At lower prices than anywhere else! Aspenite 7/16: 8.49; 5/8: 11.99; plywood 1/2: 17.99; 5/8: 19.99; 2x2x8: .49; 2x4x8: .99; 2x6x12: 2.79; 2x8x12: 3.99; 4x4x8: 3.99; steel doors: 39.95; ceramic tile 6x6: .18; oak flooring .99 ft. pre-varnished parquet: 1.19. Material with imperfections...at perfect prices! Materiaux Masson 819-986-5720.
4

FOR SALE - Stove wood. Call 448-2754.
4

FOR SALE - Spencerville Fair Sale at Craigy Muir Curiosities, Spencerville, beside the Mill. 20% off all merchandise. Visit us when you visit the Fair; See what WE have to exhibit. Open most days 10:30am-6pm.
4

FOR SALE - 1979 F100 Custom Ford pick-up truck, 6 cyl., auto. Asking $200. Call 448-2575.
5

FOR SALE - House in Chesterville, 4-bedroom, 2 extra lots. Will take back mortgage. Call after 6pm. 448-2755.
4tfc

CHAIN SAW SALE - Why buy less, if the best is affordable? We sell Stihl, Husqvarna, Jonsered. 41cc starting at $299.95; 50cc with FREE kit $499.95; 72cc incredible only $599.95. Eastern Engines, Hwy. 31, Williamsburg. 535-2488.
4-2

FARM FOR SALE - 1 mile west of St. Isidore, Ont. 93 acres with creek and running water year-round, paved road. Description: 4- bedroom house, 2nd floor; 1-bedroom, 1st floor, large kitchen, large living room, bathroom, with or without furniture. Machinery shed 35'x60' long. Barn for 40 cattle or other. Small hen house, large lawn, etc. Drinking water tested last month, excellent. **Note:** For the price of a house in town. For information 613-443-2884 or 443-2490.
5-2

NOTICES

NOTICE TO CREDITORS
TAKE NOTICE that I, JOHN DANIEL HARKIN, as of Aug. 14, 1995 shall not be responsible for the payment of any debts, accounts, bills, or expenses incurred by or on behalf of PATRICIA NOREEN HARKIN.
5

MUSIC FOR YOUNG CHILDREN REGISTRATION - Call now to reserve your place for September. Sunshine 1 (3-4 year olds), Sunbeams 1 (5-6 year olds), Moonbeams 1 (7-8 year olds). Call Alicia. 448-3960.
4-2

THE WEE & THE WISE PLAYGROUP - Will be starting up again on Sept. 12 from 9:30-11:30am every Tuesday at the Finch Villa. Newcomers are welcome to join in on the fun! If interested please contact Tracey-Lee Grady at 984-0148.
4

OTTIE'S CERAMICS
Something for everyone. Classes starting the week of Sept. 18. Children's classes on Saturdays. Ages 8 and up. For more information call Ottie at 448-2571.
5

NOTICE - The Secondhand Shop will be re-opening on Thurs., Sept. 7, 1995. Hours: 1-3pm and 7-8pm. Come out and browse our new fall fashions, toys and housewares!
4-2

SHOP AT FLAIR WITH FABRICS - For a good selection of fabrics, yarn, notions, ribbons, laces, trims, craft supplies and ready-made crafts. 6A Water St., Chesterville. 448-9032.
21tfc

SUNDAY BRUNCH - At the Country Kitchen Restaurant, 9:30am-2pm. Corner of Highways 31 and 43, Winchester. Adults $6.95, children under 8 years, $2.95. Call 774-2417.
tfc

SUNDAY BRUNCH - 10:30am-2pm at The Heritage Cafe, Chesterville. 448-1737.
46tfc

NOTICES

CLOSING SALE - Starting Sept. 1, 1995 at Cannamore Nursery - House, equipment, 1 frame and stock, fans, baskets, perennials, shrubs. 448-3680.
4-1

BIRTHDAY PARTY SPECIAL
Ponies will travel
Backyard pony rides
Phone 448-2134
Shawn Lee Riding & Driving Club
4 & 6-2

WEEKEND GETAWAY
4 or 6 people. Horse riding, bunk house and camping. All meals included. Shawn Lee Riding and Driving Club. Call 448-2134
4 & 6-2

CAR CLEANING - For professional results let the pros at Akcent Motor Sales maintain your vehicle's appearance. Basic car wash to bumper to bumper. Reasonable rates. 774-0718.
1tfc

GETTING MARRIED? - Have your personal wedding story captured by an experienced photographer. We also take family, anniversary and personal photographs. Book early by calling Wayne LaPrade, Chesterville. 448-2852.
tfc

WANTED

WORK WANTED - Experienced mother has openings for daycare. After school children welcome. First aid and C.P.R. References and receipts. Heather Thompson 448-3104.
3

WANTED - Square bales of hay, Timothy and Alfalfa. Call 984-2978.
6

WORK WANTED - Experienced caregiver will babysit in my home. Nutritious snacks and meals, nearby park facilities, flexible hours. Children before and after school welcome. References and receipts available. Call Cathy 448- 2073.
7-5

WANTED TO RENT - 3-bedroom house in Chesterville for Oct. or Nov. 1. $500 or less. Call 448-3346.
3

WORK WANTED - Experienced, bilingual mother, non-smoker, in Berwick will care for children of any age. Flexible hours, shift work welcome. Large yard, creative play and crafts. C.A.S. approved. Nutritious meals and snacks. Reasonable rates. For more information call Debbie Konink 984-0303.
4

WORK WANTED - "Just Like Home Day Care" has spaces available. Call Anne 448-9045. References and receipts.
3

WORK WANTED - Will do child care in my home or yours, full-time or part-time. Call Lorilea 448-3507.
3

IMMEDIATE OPPORTUNITY - Morrisburg area cash crop/beef feedlot requires a full-time seasonal employee to operate large farm equipment and work with livestock. Farm experience an asset. 543-2312.
3

WORK WANTED - Will babysit in my home, all ages welcome. References available for your convenience. Phone 984-0010 any time of day and ask for Debbie.
3

WORK WANTED - Chimney Sweep - Be safe! Get your chimney cleaned at least once a year at a reasonable price. Call Lyle 448-3255 after 5pm or daily at 448-2574.
3, 5, 7, 9

WANTED - Student to assist 5 yr. old to C.P.S. in morning. Call 448-3271.
4stf

WORK WANTED - Carpenter with over 12 years experience available for all your carpentry needs. Additions, renovations, decks, siding, roofing, windows, doors and more. Call Andrew Lamoureux 774-5294.
26tfc

WANTED - Every Tuesday, healthy Holstein bull calves. Top price for good young calves between 95-110 lbs. Deliver to Delft Blue Veal Farm, Lightning St., Williamsburg, between 10am- 2pm. For prices of the week phone Walt at 543-2796 Monday nights after 8pm.
45tfc

WANTED - Newer oil furnace, capable of heating large 3-bedroom house. 984-2263 week day evenings.
tfc

WORK WANTED
CERTIFIED CARPENTER
Quality carpentry, roofing, siding, painting, odd jobs, etc. For experience, quality and value call Dan Chambers 448-2363.
2tfc

WANTED

HELP WANTED - Part-time bar, kitchen and ser[Cancelled]ff required. Call Jim at 44[illegible]
2tfc

WANTED - Square bales of hay, Timothy and Alfalfa. Call 984-2978.
6

WORK WANTED - Experienced caregiver will babysit in my home. Nutritious snacks and meals, nearby park facilities, flexible hours. Children before and after school welcome. References and receipts available. Call Cathy 448- 2073.
7-5

WORK WANTED - Experienced, bilingual mother, non-smoker, in Berwick will care for children of any age. Flexible hours, shift work welcome. Large yard, creative play and crafts. C.A.S. approved. Nutritious meals and snacks. Reasonable rates. For more information call Debbie Konink 984-0303.
4

COMING EVENTS

WEDDING RECEPTION - In honor of Bonnie Baker and Albert Black on Sept. 9 at South Mountain Agricultural Hall, South Mountain, 8:30pm-1am. The presence of friends and neighbors for an evening of fellowship would be our greatest gift. Record Runner D.J.
4

ANNIVERSARY SERVICE - Newington United Church, A Gospel Musicial with the "Harmony Six", 'Celebration of Love and Joy', Sept. 17, 8pm.
5

GOSPEL CONCERT - The Daniel Ryan Quartet of Alexandria will sing at an Ecumenical Gospel Service on Sun., Sept. 10, 7:30pm in Trinity United Church, Chesterville. Everyone invited. Free will offering.
4

50TH WEDDING ANNIVERSARY - In honor of Glenn and Beth McIntyre of Avonmore, Sun., Sept. 10, 2-5pm at Morningside Place, Avonmore. Everyone Welcome. No gifts. Written memento for souvenir scrapbook would be appreciated.
4

AVONMORE PRESBYTERIAN CHURCH TURKEY SUPPER - Where: Community Centre, Avonmore, Wed., Sept. 27, 4:30pm. Adults $8; 12 years and under $4; Pre-Schoolers free.
4 & 6

MOREWOOD R.A. MEET YOUR NEIGHBORS - Wed., Sept. 13, 1995 at 8pm at Winchester Twp. Community Centre, Morewood. Everyone Welcome.
4-1

JUNIOR BROOMBALL REGISTRATION - Sept. 11 and 13, 7-9pm, Winchester Arena. Co-ed ages 8-16. For further information contact Bill Brannen, 748-6841, Ext. 413.
4

YUK YUKS - Crysler Community Centre, Oct. 14. Doors open at 7:30pm. Show at 9pm. Tickets $10. Advance tickets only. For more information call Monique 987-2859 or Sylvie 987- 2931.
8-4

ROUND & SQUARE DANCE - Tri-County Country Dance Sat., Sept. 9, Chesterville Legion. 8:30pm-12:30am. Musicians and everyone welcome.
4-1

ROCK DANCE - "Road Apples", Kingston-based band will be performing tunes by Tragically Hip, Fri., Sept. 8, 9pm, Russell Arena. Admission $8.
4-1

COUNTRY SHOW & DANCE - Featuring "Farmer's Daughter" at the Russell Fair, Sat., Sept. 9, 9pm. Admission $8/advance; $10/door.
4-1

LINE DANCING - Starting Fri., Oct. 6, 1995. 8 week session. Beginners 7:15-8:15pm; Advanced 8:30-9:30pm. Cost $35/session or $5/night. Finch Legion (upstairs). For more information or to pre-register call: Brenda 984-2700 or Judy 984-2209. Please call evenings.
8-5

CHESTEVILLE LEGION GENERAL MEETING - Sept. 18, 8pm at Chesterville Legion Hall, Branch 434.
5-2

SENIOR EXERCISE CLASSES - In Finch every Monday beginning Sept. 11. $3/class. North- Stor Senior Support Centre. For further information please call 984-2436.
4-1

CHESTERVILLE & AREA SENIORS DINERS CLUB - Tues., Sept. 12. Chesterville Legion Hall, 12:30 Lunch. Reserve by Fri., Sept. 8 by contacting Lorne Johnson 448-2109; Lorne Jordan 448-2872 or Hubert Casselman 448-2572. Lunch will be followed by INFORMATION SESSION ON "Power of Attorney" by the SD&G Legal Clinic at 1:15pm.
4-1

COMING EVENTS

6TH ANNIVERSARY SALE - Of Classique Bridals. Up to 60% off in-stock merchandise. 10% off orders. Call 1-613-774-5543.
4-1

GARAGE SALE - Sat., Sept. 9, 10am-4pm. #3359 County Rd. 8, Chesterville.
4

MIXED PARTY - In honor of Kathy Van Koppen and Shawn Hart at Winchester Community Centre, Fri., Sept. 8. 8pm-1am. JVK Disco. Age of Majority.
4

ITALIAN NIGHT SUPPER - At St. Luke's-Knox Presbyterian Church (Finch), Sat., Sept. 16, 5-8pm in Church Hall. For tickets call Sharon 984-2955. Adults $7; Children 6-12 $3.50; 5 yrs. and under FREE. Everyone Welcome.
5

SURPRISE 40TH ANNIVERSARY PARTY - In honor of Al and Shirley Casselman on Sat., Sept. 9, 1995 at 8pm at the Kenmore Recreation Hall, 3242 Yorks Corners Rd., Kenmore, Ont. Everyone Welcome. Best Wishes Only!
4-2

MORRISBURG & DIST. CANADIAN CLUB 1ST DINNER MEETING - All members are reminded of the first dinner meeting of the 1995-96 season, in the Morrisburg Civic Building at 7pm on Tues., Sept. 19, 1995. James Johnston, President, Alternative Fuels will be the guest speaker. Members are urged to purchase their season tickets prior to the first meeting by contacting J. Douglas Grenkie at 543-2922, P.O. Box 820, Morrisburg, Ont. K0C 1X0. Ticket price is $55/person. New members are invited to join to (1) meet your neighbors in the community; (2) enjoy good food; and (3) enjoy good speakers.
5-3

BOWLING - SENIOR CITIZEN SPECIAL - Tuesday and Thursday. No smoking, $5.50/week including Christmas Party and year-end party paid. Openings still available in adult leagues. Contact Garry and Brenda at Ingleside Lanes 537-2911.
4-2

BOWLING - YBC REGISTRATION - No smoking. Sept. 9 and 10 from 1-5pm. Registration $7. Rate for Bantam Jr. and Sr. (3 games $4), Peewee (2 games $3). Shoes included. Contact Ingleside Lanes, Garry and Brenda Brownlee 537- 2911.
4-2

4TH ANNUAL JR. "C" GOLF TOURNAMENT - Fri., Sept. 15, 1995. Cedar Glen Golf Course, Williamsburg, Ont. Tee off time: 11am-1pm. Cost: $35/person (includes steak BBQ). If you have $50 or more of pledges, no entry fee will be charged. BBQ and prizes will be held at the Finch Legion. Pledge sheets are available at: Finch Legion; Berwick Hotel; Crysler Sports Bar. Proceeds to go toward North Stormont Jr. "C" Hockey Club. For information: Leonard O'Donohue 984-2546 or Lyall Ouderkirk 984-2657.
4-2

THE WRIGHT STUFF - Aerobic classes starting Sept. 11, 1995 at Berwick Hall Monday and Wednesday 4-5pm and 7-8pm. For more information call Cheryl at 984-2817.
4-2

MIXED PARTY - In honor of Kevin Barkley and Carolyn Lamarche on Fri., Sept. 8, South Mountain Agricultural Hall. Age of Majority. $3 each. J & S Disco.
4

ST. LUKE'S-KNOX PRESBYTERIAN CHURCH ANNIVERSARY SERVICE - Sun., Sept. 10, 1995, 7:30pm, Finch, Ont. Come and help celebrate our anniversary with a special music service with our guests HARMONY 6. Fellowship to follow.
4-2

NOTICE - Adult instrumental music lessons at N.D.D.H.S. Mon. 7-9pm starting Sept. 11, $45/6 weeks. Call Greg Prest 774-0517 to enroll. Beginners welcome. Instruments supplied.
4

BINGO - Finch Community Arena, Sun., Sept. 10, 1:45pm. Package deal - 12 up. $14 advance ticket; $15 at the door. 15 regular games: $50 each - 3 special games: $100 each. Jackpot: $1000. Also 2 Bonanza games and 3 Share the Wealth games. Dabbers - Snacks Available - Paper Cards. Over 18 years of age only. For advance tickets contact any Finch & Dist. Lions Club members. Proceeds to Finch & Dist. Lions Club. Nevada Available.
4-5

SUMMER SALE - 50% off all summer print fabrics. Flair with Fabrics, 6A Water Street (Fulton Block), Chesterville. 448-9032.
1tfc

Your Own Apartment
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More Or Less Time Available
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MUSIC FOR YOUNG CHILDREN
by Frances Belodia M.Ed., A.R.C.T., R.M.T.
Call Now To Reserve Your Place For September Registration
Sunshine 1 (3 - 4 year olds)
Sunbeam 1 (5 - 6 year olds)
Moonbeam 1 (7 - 8 year olds)
For more information call
Alicia
at The Village Music Academy
448-3960

Morewood Recreation Association
will hold a
"MEET YOUR NEIGHBOUR NITE"
on
Sept. 13/95 at 8:00 pm
at the
Morewood R.A. Center
Everyone Welcome!

RASPBERRIES
APPLES
&
FARM BAKERY
AVONMORE BERRY FARM
1 Mile North of Avonmore
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ATTENTION STUDENTS!
CHRISTINE'S DANCE STUDIO
is having
Fall Registration
at Dunbar
Recreation Centre
on Mon. Sept. 11/95
6:30 - 8:00 p.m.
Classes offered - jazz, tap, ballet, modern Beginner & Advanced Classes.
You may also register by phoning
Christine - 448-1944
(evenings)

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Darren Chambers

The FAUCET
Sports Bar
Country & Western Music
This Weekend
"CLASSIC REVIVAL"
September 8th & 9th
Friday & Saturday
Water Street,
Chesterville
448-4083

IN MEMORIAMS

IN MEMORIAM

LISCUMB - In loving memory of a dear husband and father, Sterling, who passed away Sept. 5, 1994 one year ago.

God saw he was getting tired,
And a cure was not to be;
So He put His arms around him,
And whispered "Come with Me."
With tearful eyes we watched him suffer,
And saw him fade away;
Although we loved him dearly,
We couldn't make him stay.
A golden heart stopped beating,
Hard working hands at rest;
God broke our hearts to prove to us,
He only takes the best!

Always loved and remembered by Wife Frances and Children Brenda and Carl
4

IN MEMORIAM

MOSS - In loving memory of a dear wife, mother, grandmother and great-grandmother, Rose, who passed away September 11, 1994.

There was no time to say good-bye,
The day you went away.
Gone are the days we used to share,
But in our hearts, you're always there.
The gate of memory will never close,
We miss you more, than anyone knows.

Sadly missed, Victor and Family
4

IN MEMORIAM

PLONTZ - In loving memory of our dear mother, Mary, who passed away September 3, 1985.

You had a smile for everyone,
You had a heart of gold,
You left the best in memories,
This world will ever hold.
To us you were extra special,
What else is there to say,
Except to wish with all our hearts,
That you could be here today.

Lovingly remembered always, Don, Barb, Jeannie and Tracy
4

IN MEMORIAM

WALDRIF - In loving memory of Shirley, Sept 14, 1976 and Kenneth, Sept. 9, 1990.

Somewhere beyond the shadows
Dwells a dear person of ours,
Whom we looked on as a treasure,
Whom we cherished as divine,
But God called the one we loved away
Forget you, Shirley and Kenny, we never will.
As years roll on we miss you still,
The blow was great, the shock severe,
We little thought the end was near,
Only those who have lost can tell,
How sad is parting and no farewell,
But God's goodness comforts us,
To bear our bitter cross,
He is the only one who knows how heavy is our loss.

Love Always Mom, Dad (Lucy and Earl Waldrif) and Family

Your Own Apartment In France To Spend
A MONTH IN PROVENCE
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For Information call:
THOM TRAVEL
448-3714
Reg. #2430849

CARD OF THANKS

CARD OF THANKS

The family of the late Kenneth Hummel would like to thank Dr. Paul Coolican and all the nurses on 3rd floor in W.D.M.H. for their kind and loving concern. Also thanks to Brownlee's Funeral Home for all their help at the time of our loss.

Loressa, Rae, Dalton, Linda, Doris and Families
4

CARD OF THANKS

My sincere thanks to all those who contributed plaques, beautiful flowers, delicious food, pretty cards, candy, useful gifts and congratulatory messages on my 90th birthday on Aug. 21. These were deeply appreciated.

Mrs. Aleitha Hesson.
4

CARD OF THANKS

We would like to thank everyone who attended our mixed party on Aug. 25, 1995. Special thanks to our wedding party and all of those who prepared food, helped decorate and sold tickets. Thanks to all of you, it will be a night to remember forever.

Roxane Villeneuve and James Robertson
4-1

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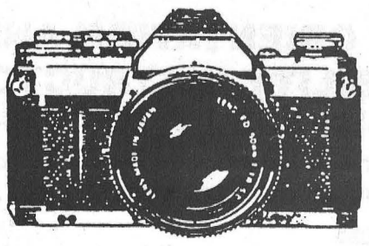
THE VILLAGE MUSIC ACADEMY
13 Queen Street East, Chesterville
Welcomes New Piano Teacher **Jill Byvelds**
Specially Trained in Piano Instruction by John Hutchinson, Director of the Academy
Jill is currently accepting students for the fall term.
For more information and registration call:
448-3960

Photography Course



This course will begin
Monday, October 2 and/or Wednesday, October 4 at 7:00 p.m.

This course is designed for persons interested in learning basic colour photography. No previous photographic knowledge is required.

The course includes the evaluation and operation of cameras and their various accessories and films. Proper exposure, control of sharpness, lighting, and picture evaluation including composition are also covered.

In the latter part of the course the students will go into the darkroom and learn to produce black and white prints from negatives.

This course will cover a 10 week period, at a cost of $100.00 + taxes per person and will be limited to ten persons per class.

THE COURSE WILL BE HELD MONDAY AND/OR WEDNESDAY NIGHTS FROM 7:00 P.M. - 9:00 P.M. AT:

Wayne LaPrade Photography
9 Industrial Drive
Chesterville, Ontario K0C 1H0
Phone: 448-2852

*** Please mail coupon below**
COURSE FEE DUE FIRST NIGHT OF CLASS
NAME _____
ADDRESS _____ POSTAL CODE _____
TELEPHONE _____
MONDAY ( ) WEDNESDAY ( )

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Empire Buildings Inc.
will continue to build quality agricultural, commercial & residential buildings.
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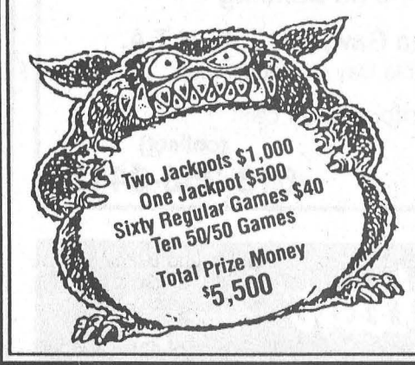
613-448-3500 Fax 448-1053
Office 613-774-3340

The Winchester Junior 'B' Hawks
Hockey Team
Monster Bingo
HAWKS
Sunday, September 10
Winchester Community Centre



DOORS OPEN AT 10:30 AM, BINGO STARTS AT 12:00 NOON
Admission **$40** includes all regular games and a hot meal
50/50 Games are extra
Tickets available from:
CountryBoy Store...774-3341
Bob Volks.....774-5040
Jerrold Boulanger...989-1005
Tickets available at the door



Wedding Announcement
Bourgeois - Menard

Elaine and Denis are pleased to announce that they were united in marriage on June 17, 1995 at Our Lady of Rosary Catholic Church in Crysler. Special thanks to everyone who helped make their day a special one. The couple now reside in Embrun.

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- Photofinishing Everyday Low Prices -
12 Exposure - $6.99 24 Exposure - $11.99
15 Exposure - $8.99 36 Exposure - $15.99
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Chesterville - 448-2492

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CHURCH DIRECTORY

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13 Albert St.
CHESTERVILLE
Pastor: Rev. Harold J. Morden
448-2084
SUNDAY, September 10, 1995
10:00 A.M. Sunday School resumes today!
11:00 A.M. Installation Service
Special Speaker: Cheryl Morden
Tues. 9:30 A.M. Prayer Meeting
Thurs. Sept. 14th 7:30 P.M. Youth Rally in Ottawa
September 17 - 10:30 A.M. & 1:30 P.M.
SPECIAL CHILDREN'S MEETINGS with MIKE READ & GANG.
Fun for the whole family!
Affiliated with the Pentecostal Assemblies of Canada
May 1996

HARMONY COMMUNITY CHURCH
Evangelical Missionary Church
Hwy 31 & Ormond Road
774-5170
Pastor: Rev. Daniel Laronde
SUNDAY, September 10, 1995
10:30 A.M. - Worship Service
Super Church For Ages 1 - 12
Wed. 7:30 P.M. Bible Study
Dec. 1995

PRESBYTERIAN CHURCH
Morewood &
ST. ANDREW'S - Chesterville
Pastor: Rev. Bert de Bruijn
448-2516
SUNDAY, September 10, 1995
RALLY SUNDAY
MOREWOOD
11:00 A.M. Sunday Worship Nursery & Sunday School
Thurs. Sept. 7, 2:00 P.M. W.M.S. meeting at Betty Stewart's home.
Wed. Sept. 13, 10:00 A.M. Ladies Aid Soc. meets in the Presbyterian Hall
8:00 P.M. Session Meeting
CHESTERVILLE
9:25 A.M.Sunday Worship Nursery & Sunday School
7:30 P.M. Ecumenical Gospel Concert at Trinity United Church - The Daniel Ryan Quartet
Mon. Sept. 11, 7:15 P.M. Meeting of St. Andrew's Ladies
Wed. 7:00 P.M. Senior Choir
Thurs. Sept. 7, 7:00 P.M. Leaders Meeting
COME EXPECTING LEAVE REJOICING
May 1996

ST. LUKE'S - KNOX PRESBYTERIAN CHURCH
FINCH
Rev. Leslie Walker
984-2210
SUNDAY, September 10, 1995
10:30 A.M. - Sunday Worship & Sunday School
Everyone Welcome!
Dec. 1995

ST. MARY'S CATHOLIC CHURCH
CHESTERVILLE
Father: Don Cummings
448-3262
SUNDAY, September 10, 1995
HOLY MASS
5:30 P.M. Sat. Night Vigil Mass
Sunday Morning Masses
9:00 A.M. & 11:00 A.M.
Jan. 1996

DUNBAR PRESBYTERIAN CHURCH
DUNBAR
Rev. Gregory W. Blatch
Organist: Mrs. Marjorie Thom
SUNDAY, September 10, 1995
9:30 A.M. - Sunday Service
Everyone Welcome!
May 1996

CHRISTIAN REFORMED CHURCH
WILLIAMSBURG
Pastor George Rowaan
448-2351
SUNDAY, September 10, 1995
9:30 A.M. - Morning Service
7:30 P.M. - Evening Service
Nursery provided during all services.
You are invited to worship with us.
FAITH 20 can be viewed every morning at 5:30 am on Channel 6.
May 1996

UNITED CHURCHES
CHESTERVILLE - MOREWOOD
Minister: Rev. Roy Harwood
448-3549
SUNDAY, September 10, 1995
MOREWOOD - 9:30 A.M.
CHESTERVILLE -11:00 A.M.
EVERYONE WELCOME
July 1995

HOLY TRINITY ANGLICAN CHURCH
CHESTERVILLE
Rev. George Bruce
SUNDAY, September 10, 1995
11:15 A.M. - Morning Prayer
July 1995

AUCTION SALES

AUCTION SALE
ANTIQUES, COLLECTIBLES, HOUSEHOLD ITEMS, SOME MACHINERY
4056 Stage Coach Rd. (Reg. Rd. 25) 8 km southeast of Osgoode, just south of Reg. Rd. 4, or 10 km north of Hallville.

SAT., SEPT. 16
10 AM

As we are moving to a smaller residence, the following will be sold: Walnut Sheraton drop front secretary with glass doors & 5 drawers; pine school master's lift top desk; Empire settee, circa 1870; Duncan Phyfe mahogany drum table with brass claw feet; Duncan Phyfe mahogany split leg coffee table with brass claw feet; walnut dresser & matching washstand; tiger maple dressing table; assorted dressers & beds; dough box; pine blanket box; pine flat to wall cupboard; 2 pine base cupboards; round oak gateleg table; 2 pine drop leaf tables; china cabinet; assorted parlor tables; curio cabinet; 2 box backed Windsor chairs; Mouton type arm chair with scrolled stretcher; lady's fanned back arm chair in velvet; steamer trunk; gentleman's smoke stand; 3 pce. wicker set with coffee table; wicker planter; Royal Doulton figurines; glassware including pink & red depression, delphite green, pressed glass, 6 heart and thumbprint fruit nappies; 12 place setting of Blue Willow dishes; tea service of Noritake for 4, tea set of Bridal Rose, Limoges; assorted oil lamps; McCoy & Roseville pieces; large collection of bottles including milk bottles; druggist & barber signs; assorted crocks & stoneware including Major Merchant Ottawa, T. Eaton Toronto, Blue Flower design; collection of baskets; linens; quilts; assorted tools; dairy can; Massey cast iron seat; metal garden shed, 8'x10'.

Guns: (FAC required): 22 single shot rifle; 12 gauge shotgun; Czechoslovakian army rifle.

Machinery: Massey Harris Pony tractor with attachments in excellent condition; Lawn Flite 10:34 garden tractor with mower; 5hp garden tiller; 8hp snow blower with electric start; Toro 8hp snow blower; 3 pt.-h blade; 3 pt.- h cultivator; Dearbourne 3 pt.-h 3 furrow plow; Bush Hog 3 pt.-h 5' rotary mower; Elto 5.5hp outboard motor; snow blower for tractor; 2 extension ladders; logging chains; come-a-longs; shop grinder & vice; many unlisted items.

TERMS - CASH OR CHEQUE
With Proper ID
PROPS.
Reg and Diane Kennedy
AUCTIONEERS
Carson Hill 821-2946
Stewart James 445-3269

4-1

ESTATE AUCTION
SAT., SEPT. 16
11 AM
Household Effects of the late Mrs. Blanche Locke
East of flashing lights
Church St. Williamsburg, Ont.

Antique dressers; stands; plant stands; wooden chairs; set of 4 press back chairs; wooden rocker; 2 pedestal tables; wicker baskets; wicker plant stand; mantle clock; crocks; trunk; tins; boxes; stools; pictures & frames; spooled bed; records; lanterns; sheet music; postcards; doctor's medicine bottles; microscope; telephone; typewriter; patient's waiting room benches; jigsaw of Williamsburg; dishes; ornaments; glassware; wooden doors; lamps; electric stove; child's laptop school desk; postcards; books; grandfather clock; many unlisted items.

Note: Excellent sale of antiques and collectibles from a special era, good selections for collectors.

TERMS - CASH OR CHEQUE
Canteen Available
AUCTIONEER
Sheila McHaffie

5-2

AUCTION SALE
PRIVATE GUN COLLECTION
SAT., SEPT. 16
11 AM
Exhibition Hall, Fair Grounds
Chesterville, Ont.

Collection consists of: pre-64 Winchesters; Belgium Brownings; plus many other shotguns and rifles, as well as the complete stock of Larry's Hunting Supplies - ammunition, gun cases and more. Watch next week's paper for a more detailed list.

PROP.
Larry and Shirley Dowser
984-2754 or 448-3387
AUCTIONEER
Dalton Bradley 257-1936
GUEST AUCTIONEER
Harold Ball 448-3161

4-1

TWILIGHT AUCTION SALE
ASSORTED OUTDOOR SPORTING GOODS
Osnabruck Community Centre
3 miles north of Ingleside
Osnabruck, Ont.
THURS., SEPT. 7
6 PM
AUCTION SERVICE
Flora Grant Dumouchel
Ingleside, Ont.
537-2925

4-1

AUCTION SALE
HOUSEHOLD EFFECTS, ANTIQUES, PIANO & PINE FURNITURE
SAT., SEPT. 9, 1995
11 AM
2 miles south of Winchester and 1 mile west on Baker Rd.

Magic Chef refrigerator; Admiral stove; Kenmore washer; Viking dryer; Heinzman piano, apt. size, excellent condition; butternut & cherry flat back cupboard, glass doors, exc.; old pine flatback; pine harvest table; elm round wooden table; small pine table; bunk beds & dresser; microwave oven; mahogany china cabinet; 2 wooden rockers; pine coffee table & end tables; chesterfield & chair; leather La-Z-Boy recliner; wooden desk; pool table; freezer; electric train; stereo; milk cans; 3 bar stools; keyboard; lawn furniture; antique horse sleigh; fans; lamps; child's desk & swivel chair; portable BBQ; 2 filing cabinets; dishes; bicycle; linens; white desk with shelves, etc.

TERMS - CASH OR CHEQUE
With Proper ID
Canteen
PROP.
Tom and Jan Clapp
AUCTIONEERS
Hugh Fawcett 613-774-3363
James Cooper

4-1

AUCTION SALE
Mr. and Mrs. Anson Lidstone
Dafoe Rd. #14083
4 miles west of Ingleside
on Hwy. 2, north on Aultsville
Rd. 3 miles, west on Dafoe Rd.
SAT., SEPT. 16
10 AM

International 250 diesel tractor with frontend loader; manure spreader; land roller; disc harrows; seeder; ant. M.H. grain binder; 2 furrow plow, 3 pt.-h; box trailer; rotar tiller for riding lawn tractor; walking plow; grinding wheel; chain saw; milk cans; Holmes ant. car jack; new telephone pole; scrap metal; Mossberg repeater gun; 2 twelve gauge single shot; crocks; coal oil lamps; shaker box; child's wagon & sleighs; dishes; silver plate pces.; Ruey helicopter lighter; chest of drawers with moustache handles; misc. chairs; portable sewing machine; bedroom set; 5 tiered whatnot; glider rocker; books; picture frames; other misc. articles.

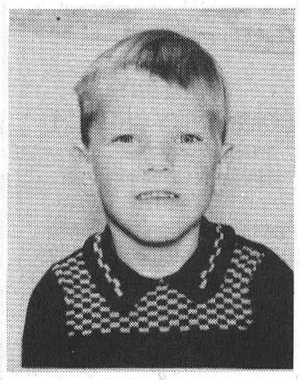
TERMS - CASH OR ACCEPTABLE CHEQUE
Canteen
AUCTION SERVICE
Flora Grant Dumouchel
Ingleside, Ont.
537-2925

5-2

LOST

LOST - Men's gold rim, bifocal glasses (prescription). Lost last Fri., Aug. 25, possibly on Main St. Finch. Phone 984-2035.

3stf



Happy 40th
Joopie

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1 yr. 6.5% 4 yrs. 7.45% 5 yrs. 7.65%
Some minimums may apply. Rates subject to change.

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We provide the following services for children and adults:
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• Crown & Bridge • Orthodontics
• Surgery • Dentures



We Welcome New Patients!
For an appointment please call
Dr. Steve Zajacz or Dr. Beverley McKeown
at 448-3389

REAL ESTATE
AUCTION
Saturday, September 9 at 1 P.M.
County Road 11 - R.R. 1, Chesterville

To Be Sold Without Reserve:
50 Acres of Vacant Land, mostly bush with a few cleared acres in front, Over 600 frontage on County Road 11. Two driveways are installed. This property would make a great building lot. It **WILL BE SOLD** regardless of price. ***Be aware by being there!***

TERMS: $500.00 deposit, balance due on closing on or before October 31, 1995.

DIRECTIONS: From Hwy. 43 west of Finch: Go south 11 km. on Boundary Road (County Road 11). From Ingleside: Go north on Dickinson Drive, 2km. to Osnabruck Centre, then west 5km on County Road 18 to County Road 11, then north 6km. to site.

REALTY BROKER/AUCTIONEER
CARSON CHISHOLM AUCTION SERVICE
St. Andrews West
937-0201

Chesterville Recreational Board
presents



FALL REGISTRATION
Ages 4 thru adult
Saturday, September 9/95
10 am - 4 pm
Chesterville Community Hall

Creative Dance • Ballet • Art
Jazz • Tap • Line Dancing

Director: Ms Andrea Gaw, C.D.T.A., N.T.A.
All Supplies Available Day Of Registration
For more information call:
613-448-2342 (collect) **613-258-3418**


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Sutton GROUP
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Edna Giles
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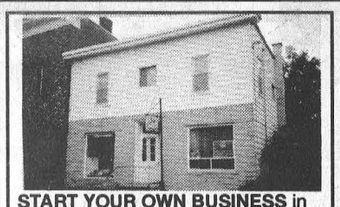
NEAR OSGOODE - Nearly new! Potential in-law suite in lower level. **Only $149,900.**


START YOUR OWN BUSINESS in downtown Winchester. Live-in or rent living space. **$80,000.**


INVEST IN THIS ONE NOW! Good income. **$85,900.**

Sutton GROUP
LOTS! LOTS! AND MORE LOTS! Some heavily treed and some not, 1-2 acres in Forestwood Heights, low development fees. Drive in and see. **$29,900. 4 km south of Vernon.**

BUY OR SELL - CALL EDNA OR BILL

REAL ESTATE
AUCTION
Saturday, September 9 at 11A.M.
14223 Collins Road, Osnabruck Twp.

To Be Sold:
DELUXE 6 yr. old, 3+2 bedroom, 1,748 sq. ft. home on 130 acres. This immaculate smoke free home is loaded with extras, i.e. Tiffany style light fixtures, premium grade carpets, lots of oak cupboards, recessed lighting, central air conditioning, satellite dish, 24 hr. monitored alarm system, double garage, finished basement including 2 extra bedrooms, Elmira air tight stove in family room, 3 bay windows, sun room, excellent well, main floor laundry room, etc. This open and inviting, very practical design would be hard to improve on. *Be **Sure** to check it out!* This property **WILL BE SOLD**, subject **ONLY** to a minimum bid of $100,000.00.

TERMS: $1,000.00 deposit, balance due on closing on or before October 31, 1995.

DIRECTIONS: From Ingleside go north on Dickinson Dr. 2 km. to Osnabruck Centre, then west 5km. on Cty. Rd. 18 to Cty. Rd. 11, then north 7km. to Collins Rd., then east 2km. **OR** from Hwy. 43 west of Finch to Boundary Rd. (Cty. Rd. 11) south 10 km., then east 2km. on Collins Rd.

Note: This quiet and serene country property is only 10 miles from Ingleside, Chesterville or Finch with easy access to Hwy. 401 or 417.

OPEN HOUSE
Thursday, September 7
7 p.m. - 9 p.m.

"Vendors Larry and Shirley Dowser"
AUCTIONEER/REALTY BROKER
CARSON CHISHOLM AUCTION SERVICE
St. Andrews West
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Specializing in Horse Barns, Riding Arenas, Free-Stall Barns, Tie-up Barns, Machinery Sheds & Houses
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13 STREETERPETE ST., CHESTERVILLE.


$129,900

CUSTOM-BUILT SIDE SPLIT, approx. 1,550 sq. ft. of quality, sun-filled foyer to 3-level deck and pool. Family room with woodstove and bricked wall, gourmet oak kitchen, dining, 3+2 bedrooms, 2 baths, cedar closet, colonial pkg., upgraded carpets, central air, Venmar. See you there!


$105,900

IT'S ALL NEW! Amazing 4-bedroom. Dining with bay window, living room with patio doors to deck. Family room, 2 baths/whirlpool, central vac, gas heat, colonial pkg. "So much more."


$57,000

SOUND DECISION. Super home on treed lot, country size kitchen, living room with woodstove. 3 bedrooms, enclosed porch, pool, garage. Why rent when you can own?

BUY OR SELL WITH CONFIDENCE • CALL ALAN, 448-3306

Donnaerobics exercise studio
464½ Main Street East, Winchester
(Lower level of Double Beauty) 448-1680 or 774-0328


Donna McBean

MON.	TUES.	WED.	THURS.	FRI.	SAT.
	9:30 am Low Impact			9:30 am Step	10-10:35 am Low impact
5:15 pm Circuit			5:15 pm Step		10:40-11:20 am Toning
6:30 pm Toning	6:30 pm Fresh start	6:30 pm Interval	6:30 pm Circuit		
7:30 pm Low Impact	7:30 pm Step	7:30 pm Toning			

Schedule subject to change to accommodate members.
Student rates • Payment plan available

Classes begin Mon., Sept. 11
Registration Wed., Sept. 6, 6:30-8:30 pm
15 weeks: 1 class per week, $75; 2 per week, $125; 3 or more per week, $160
8 weeks: 1 class per week, $48; 2 per week, $72; 3 or more per week, $90

Fresh start program: 10-week program for the true beginner **$50 or $40 if you sign up with a friend!**

Attention: Hockey and broomball players and skiers
Strong muscles and good flexibility will improve your performance and help ensure an injury-free season. Prepare yourself for the upcoming winter sports! All classes geared to all levels of fitness.

If unable to register in person please call
DONNA McBEAN 448-1680
Certified by the Canadian Aerobic Instructors Association and the Ontario Fitness Council

Conseil scolaire public de STORMONT, DUNDAS & GLENGARRY Public School Board

Requires immediately

AN ORIENTATION AND MOBILITY INSTRUCTOR
(INITIAL ASSIGNMENT, 2 HOURS PER WEEK)

This is a Teaching Assistant level position in support of a visually and physically challenged student.

RESPONSIBILITIES:

The successful applicant will be expected to:

a) Assess the orientation and mobility needs of a visually and physically challenged student;
b) Develop orientation and mobility programs;
c) Participate in multi-disciplinary team meetings;
d) Assist with the training of personnel to be used in the orientation and mobility program.

QUALIFICATIONS

The successful candidate will have a valid certificate from an Ontario approved Orientation and Mobility Instructor Program.

Additional assets are:

a) Experience with visually and/or physically challenged children;
b) Experience as a member of a special education team.

RATE OF PAY Group C(c) $471.78 - $557.98 (Based on a 35 hour work week)

Written applications will be received until September 22, 1995 by:

Mr. W.J. Roddy
Superintendent of Schools/Program
902 Second Street West
Cornwall, Ontario
K6H 5S6

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Chairman of the Board	Chairman of FLS	Director of Education

The Chesterville Record

Publicize your upcoming events/games, scores or hot players, phone or fax Sports Editor Sandy Dillich. Phone: 448-2321 Fax: 448-3260

Sports

This Week
Islanders capture South Dundas fastball title
Page 15

A perfect tune for local archer

Sandra Dillich
Record Staff

Being in tune. That is what it takes to be a championship archer, says to Chesterville's Larry Smith.

Smith, who recently beat out 200 competitors for a fourth place finish and an $1,100 purse at this year's World IBO (International Bowhunting Organization) tournament in West Virginia, attributes his success at the largest tournament in the world for archers, to being in tune with his bow.

"It's all about good form, good anchor points, concentration and you have to be really good at judging distances," noted Smith.

"Tuning your bow is the most important thing," added Smith "You have to be very, very consistent. If you're off a 16th of an inch in your marking point, you can be six inches off your target."

Smith has yet to be off target.

To date, he has been awarded more than 300 trophies and medals, set a new record at the Canadian Nationals in 1994 when he shot a 1085 out of a possible 1200 and won the Quebec provincials in 1992. This year he has won 30 firsts out of 35 tournaments alone this year. The other five finishes were in the top five.

A love for the outdoors but a dislike for guns, inspired Smith to give archery a try back in grade nine.

"I used to do a lot of hunting but I don't care too much for the guns but I enjoy being out in the woods and this (archery) is a lot more fun and challenging," added Smith. "I always wanted to shoot it (a bow) and so I bought a bow in grade nine and just kept it up."

The reward at the end of the day is no longer the biggest carcass, but self fullfillment.

"It's a competition where you're always competing against yourself, as well as with others," he said.

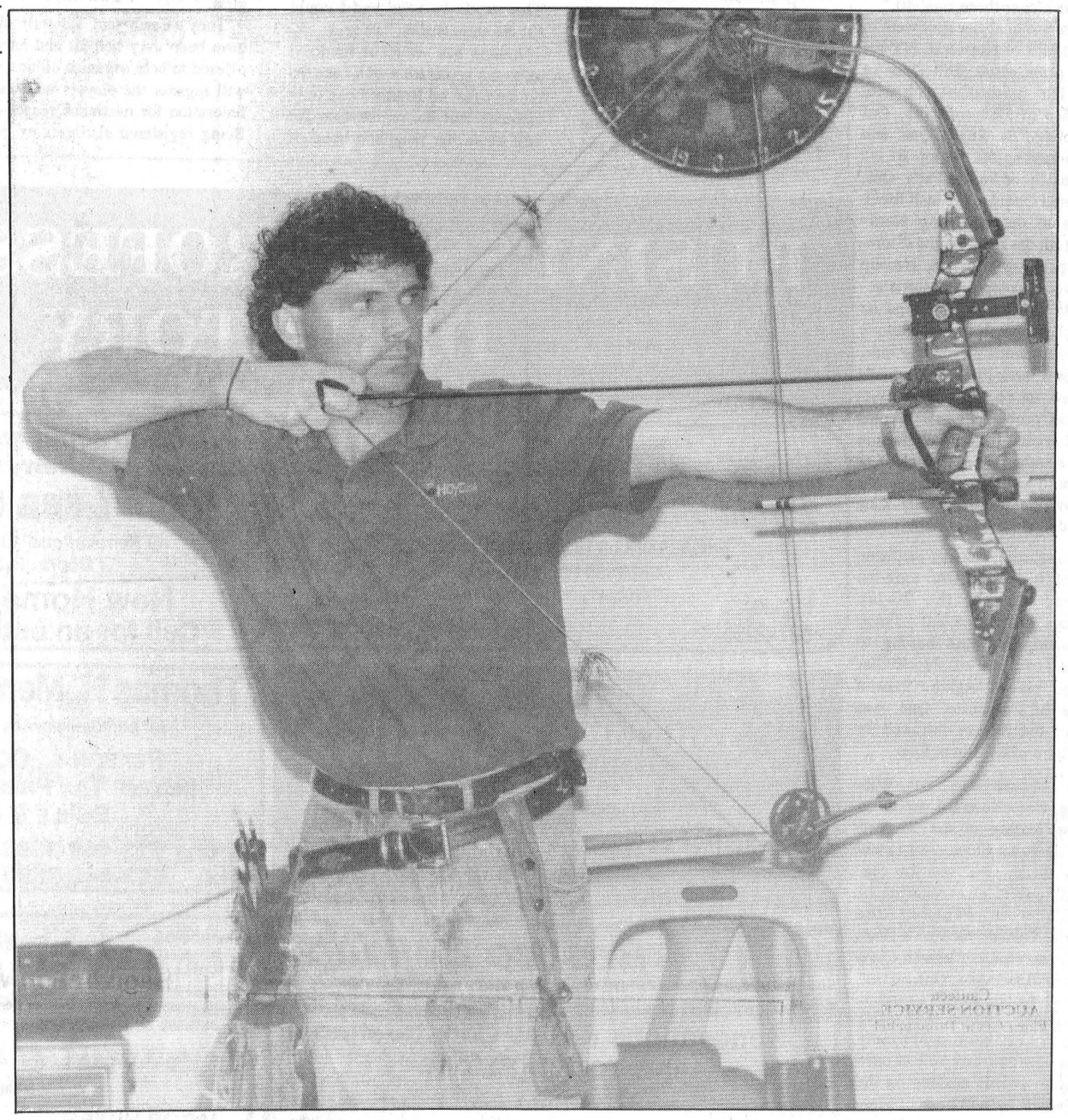
That second hand bow has led Smith from occassional local weekend tournaments to tournaments every weekend, a sponsorship with Hoyt Equipment out of the United States and a slew of trophies and medals to a shooting gallery in his basement.

"When we built the addition of the house we built it with the right dimensions for indoor shooting...We'll always have a house that long (75 feet)," said Smith.

It has only been in the last couple of years that Smith has come to realize his potential in the competitive realm of archery.

"In the last two years I've been taking it really seriously and shooting a lot. I used to do it a lot and shoot a couple tournaments a year and now there are tournaments every weekend within a few hours drive," noted Smith.

Not only has he found archery to be a fulfilling sport but so have many other people in the past few years.



What started out as backyard fun has translated into a full-time award winning hobby for Chesterville's Larry Smith. Smith has a draw weight of 59 pounds and shoots at 285 feet per second which has made him the 1994 Canadian National champion. He boasts over 300 archery awards, most of which are for first place finishes. Smith recently competed in the World IBO championships where he finished fourth out of a field of 200 competitors from around the world.

Record Photo - Dillich

"It's become very popular in the last few years. It's grown from 20 to 30 people to 300 people at a tournament."

Competitive archery originated down in the Carolinas approximately 20 years ago when hunters would shoot at two-dimensional paper targets in the non-hunting season.

The two-dimensional targets have become more sophisticated and are now three dimensional mock-ups of animals.

"It was just another way of filling in the time during the summer for hunters and it just evolved from there," said Smith.

Good aim and strong fingers is what most people think a good archer makes. Not so, according to Smith who shoots at 285 feet per second with a draw weight of 59 pounds.

Although Smith has never been formally instructed there are some competitors who use coaches and intense physical training regimes.

"Mental training is about 90 per cent of it, once your bow is in tune."

Smith, however, prefers to head to his basement, or backyard, with a few friends and practice on his two and three dimensional targets.

"I've done most of my learning over reading and talking with other people. Trial and error was my biggest learner," he said.

Char-Lan ousts Sonics

WILLIAMSTOWN - A third consecutive Cornwall District Soccer League/First Division championship was in the grasp of Char-Lan I last week.

Char-Lan had opened their best of three championship round with a 2-1 victory over City I in Cornwall.

The defending champs, however, had anything but an easy time of it qualifying for the final round.

Char-Lan I finished second during the regular season posting a record of 13-3-0, good enough for 39 points. Cornwall City I (13-2-1) was one point better with 40.

Third place went to the 10-6-0 Winchester Sonics who drew Char-Lan I in the semi-final round. The opening match of the two-game total goal set ended in a scoreless draw. All of the money was riding on the second contest and Char-Lan needed penalty kicks to eliminate Winchester.

The deciding match was knotted at 1-1 after regulation time and was finally decided by penalty kicks, which went in Char-Lan's favour, giving them a dramatic 2-1 win and the right to move to the final round.

Gary Streng netted the lone Sonics goal while Garry Benson kicked in Char-Lan's lone regulation-time marker.

City I is providing the final round opposition for Char-Lan I and advanced by out-scoring City II 7-1 in their total goal semi-final.

The CDSL recently released the 1995 scoring leader results which indicates Winchester's Doug Winters finished in second place with 15 goals. City I shooter M. Cafariello took the championship trophy scoring 19 times. Sonics forward Fabian Adams finished in a three-way tie for sixth place with nine goals.

SECOND DIVISION NEWS

North Dundas United wound up three points out of a playoff spot in Second Division. They finished with a 7-6-3 record and tied for fifth with Cornwall City III.

United forward Randy Steeds missed the scoring title by one goal winding up with 14 goals. Rodney MacKillican, Osnabruck Cosmos, hit the twine 15 times.

Tommy Johnston, a late addition to the North Dundas line up, scored 11 times and wound up tied for third place with Benson Celtics' J. Meyers.

The opening round (two-game total goals) produced upsetting results as fourth place La Maison downed the first-place Benson Celtics (7-1) and third ranked Osnabruck Cosmos put second seed Rudi Sports on the sidelines winning by a 5-2 margin.

Jacks of all trades, Flashes use powerplay to master Legion Blues

Sandra Dillich
Record Staff

CHESTERVILLE - After losing (2-1) to the Legion Blues in game two of the Chesterville and Winchester Men's Ball Hockey League last week, Jumpin Jacks Flashes came back to take the hardware with a convincing 6-1 victory.

Tempers flared and penalties became the Legion 108 Blues' enemy as they spent much of the game with a man in the box.

The Flashes scored five of their six goals on the powerplay.

Scott Barkley was the first to get the ball rolling for the Jumpin Jacks when he wired the ball past Legion Blues' netminder Brad Pringle with 12:29 left on the first period clock.

Tylor Copeland, from Todd Marcellus and Will O'Connor, put the Flashes up by two when he stuffed one in between the posts just a couple of minutes later.

Copeland scored the only goal of the game with both teams at full strength.

While Jumpin Jacks netminder Don Marcellus saw few shots come his way during their contest against the Blues, Pringle played a spectacular game making save after save.

Marcellus dumped in his first of two on the night when he rifled the ball past Pringle with 12:03 left in the second period. Barkley was also in on the play.

The Legion Blues finally got on the board when Chris Mann took a feed from Jerry Gibson and John Guy and nailed a shot right into the twine from just outside the point.

But one goal was all the Blues were going to get as the Flashes regained control of the game and scored three more in the final round of action for the 6-1 win.

Marcellus made it 4-1 when he completed a pass from Andrew Holmes with 12:25 left until the final buzzer.

Sandy Johnston put the Flahes up by four when he drilled in a play started by Erich Beuggers with 9:33 left on the clock.

Paul Melenhorst sealed the Blues' fate when he ripped the Flashes sixth goal past Pringle with help from Will O'Connor and Barkley.



C\WMBHL champs

The Jumpin Jacks Flashes downed the Legion Blues 6-1 to take the series 2-1. Front, left: Tylor Copeland, Sandy Johnston, Don Marcellus, Kevin Moore. Back, left: Chris Berkkers, Andreas Beugger, Will O'Connor, Paul Melenhorst, Andrew Holmes, Jamie Whitteker, Erich Beugger, Todd Marcellus, Scott Barkley. Absent: Barry Bell.

Record Photo - Dillich

Paine claims first event on Mr. D.I.R.T. Small Block trail

CORNWALL - Steve Paine of Waterloo, NY got a wheel up on the competition in the race for the 'Mr. D.I.R.T.' Small Block title by winning the 'Canadian Tire 100' at Cornwall Motor Speedway on Sunday, September 3rd.

In a classic finish that featured three different leaders over the final 15 laps, the 34-year old Paine collected $3,500 for winning the first of eleven events that serve to crown the McReary Tire-Sunoco Fuels-Champion Spark Plugs 358-Modified Champion.

Heat wins went to Buzzie Reutiman of Zephyr Hills, Fla, Danny O'Brien of Kingston, Ont., Bill Tedford of Brockville, Ont. and defending Mr. Dirt Pete Bicknell of St. Catharines, Ont.

Randy Conners of Hogansburg, NY took the 15-lap 'B' Main-Feature that whittled the original field of 35 contenders down to a 28-car starting grid.

Reutiman set a blistering pace from the outside of the front row and appeared headed for victory. Cruising as the leader through 85 laps and 10 caution flags until he was involved in an accident that also took out Billy King of Hogansburg, NY who had been running in the top five.

That set off a four-way dogfight among a trio of track champions who had saved some rubber with Fonda's Tim Dwyer intitially emerging as the leader. Brockville titleholder, Danny O'Brien worked the high side to get past Dwyer on lap-91. O'Brien, however, gained the number one spot on a lap 94 restart while O'Brien lost traction and three positions drifting out too far off the cushion.

There was one final restart, with four laps to go, and Paine, the Cayuga County Fair Speedway champ, executed a perfect pass on Cornwall's banked turns to get around Dwyer.

Pat O'Brien, the Can-Am Speedway titlist, followed Paine's lead for a high side sweep around Dwyer on lap-98.

That's how they finished with Danny O'Brien coming back to place fourth and Tim Fuller of Edwards, NY finishing fifth. Fuller had come from a lap down to pass the frontrunner and get his lap back with 13 laps to go.

"That was an awfully hard race to win," said Paine. "I got off course with about 40 laps to go and counted myself in 19th place. These guys here really like a tacky track but I like more slick and dry and I was really able to move over those final 40."

The Syracuse qualifier spot went to Bill Woodward of Norwood, NY for his sixth place result. Bill Door of Bombay, NY finished seventh with Chris Jones of Demorestville, Ont Kyle Jacobs of St. Regis, Que. and Bicknell rounding out the top 10.

Dave Heaslip of Smiths Falls, Ont. was crowned Cornwall's Small Block track champ despite being black-flagged from the race. At the discretion of Speedway officials, Heaslip was allowed to keep his position according to the number of laps he completed, which translated into a $5,000 track bonus playout for him.

Hometown racer Pierre Bissonnette was forced out of the race late with mechanical problems while running third and settled for second place in the final standings. Seventh place or better would have netted Bissonnette the Cornwall track title. Billy King finished third in the standings.

In the supporting classes, Stephane Brisson of St. Albert, Ont. took the checkered flag in the 20-lap Sportsman Feature event. Track championship honours belong to Stephane Lafrance of Brockville, Ont. who placed eighth. Sylvain Latulippe of Dalhousie, Que. was second in the feature followed by Mario Claire of St. Elmo, Que.

Shawn MacMillan of Williamsburg, Ont. drove the winner in the 15-lap feature in the 'Expert' category of Street Stock. Jim Peters of Smiths Falls, Ont. was the runnerup with a third place showing by Marc Therrien vaulting the Alexandria, Ont. driver into a share of the 'Expert' track title with Chris Herbison of Brockville, Ont.

The 'Novice' Feature, reduced to eight laps from 10 because of a nasty crash that saw two cars roll at once and leave an engine sizzling on the track, was won by Jeff Rush of Massena, NY. Steady Marcel Matte, without a Feature win on the year, claimed the 'Novice' track title.

The Cornwall Speedway season comes to a close on Sunday September 10 with the 'Fireball Enduro 200' starting at 2 p.m.

Junior Broomball in Winchester

WINCHESTER - Bill Brannen is working on providing youngsters with an alternative winter sport.

Last spring the long-time minor hockey sports (soccer, ball and hockey) volunteer was wondering if there would be any interest in starting a Junior Broomball program here in Winchester.

An information session produced a list of 18 children (ages 8-16) who were finding hockey getting too expensive and too time consuming.

"My two daughters left hockey and curling last year and found they needed to fill that time gap. I still have two sons in minor hockey and I will still be coaching (hockey) but there are people out there finding hockey is just too expensive for them...broomball might be the answer," said Brannen.

The junior program will be co-ed in nature and set up in the house league format. The ice time will be on Saturdays from 5 to 8 p.m.

The season would begin in November and run through March. Players would play one game per week for 21 weeks and no travelling would be involved.

"I would like to have six teams. That would be ideal and I could fill the three hours," he said.

Nothing has yet to be finalized as to the application of a user fee on ice time, so Brannen can only estimate that the registration fee will be in the neighbourhood of $100.

Brannen hopes that $100 will be enough but it might have to increase for players residing out of the village. Brannen also says there has been interest from all over the area.

"I thought maybe my girls could play in Finch but then I thought why not Winchester?"

Brannen has been in contact with both the Russell and Finch organizations which both have similar broomball programs for girls.

"They (Finch and Russell) all have been very helpful and have offered to help organize clinics. I will register the players with the federation for insurance reasons. Being registered also gets us information on rules, clinics and setting up a league as well as discounts on equipment," said Brannen.

As far as equipment is concerned they will need a helmet, mask, broomball shoes, a broom elbow pads, knee pads and gloves.

Brannen suggested former hockey players would already possess several of these items.

"It is meant to be fun for the players. One game per week, every Saturday here in Winchester."

For more information contact Bill Brannen at 613- 745-6841 (ext. 413). Registration is set for September 11 and 13 at the Winchester Arena from 7 - 9 p.m..

by Jennifer Gregoire, Reg. N., N.D., B. Sc. Nu.

Yo-Yo? Oh No!



As we all know...with any weight reduction program (especially if it's faddish), it is very hard to KEEP the weight off. More than 85% of all dieters regain their lost weight within two years. The body is used to processing food for a fatter person. Dieters often find themselves slipping back to their old eating habits. This result is called the "yo-yo" effect. A lot of weight is lost fast (most of it is water and lean muscle tissue), but then even more weight is gained back (most of it is fat).

This weight-loss/weight-gain cycle actually increases the desire for fatty foods. Animal research studies at Yale University showed that rats who had lost weight rapidly on low-calorie diets, always chose more fat in their diets when given a choice between fat, protein and carbohydrates. These rats always put on more weight than when they started and in a much shorter time than it had taken them to lose it. (Honestly now, did we really need rats to tell us that?!)

When weight is lost by cutting calories, the metabolic rate (BMR) goes down, because it is the body's defence mechanism against starvation. The body can't tell the difference between starvation and low-calorie dieting; consequently, the body is trying to conserve energy by burning fewer calories. This is the reason it becomes harder to lose weight after a week or so, even though the same amount (too little) of calories is being consumed...This slow-down in the BMR persists even AFTER the diet is over and accounts for the rapid- rebound, excessive weight gain that always happens to the dieter when they go off the diet.

Yo-yo dieters increase the percentage of body fat to lean body tissue with repeated bouts of weight loss and weight gain. This happens because it is much easier for the body to gain fat than it is for it to rebuild muscle tissue, especially since the body is unable to (and shouldn't) exercise due to weakness and/or fatigue.

We DO know the answer...Exercise enables the body to burn fat rather than carbohydrates. Both two- strenuous exercise and too-low-calorie dieting burn carbohydrates rather than fats, causing a sharp drop in the blood sugar. When this happens, those uncontrollable, voracious cravings take over. Severe calorie restriction, followed by binging, or on its own, not only is damaging to heart muscle, but can also have a dangerous effect on the nervous and immune systems. Regular, suitable exercise and cutting back on fat intake is the safest and most effective way to lose weight and feel great.

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New champs

The Pidgeon Island Athletics downed the defending SDIFBL champions from Williasmburg to take the 1995 title winning the series 3-1. The A's are front, left:: Pete Brunt, B.J. Hart, Derek Whitteker, Jamie Smith, Mike Veltkamp, Dave Tait. Back, left: Greg Workman, Doug Coleman, Tim Casselman, Robbie Casselman, Barry Casselman, Matt Bilmer.

Record Photo - Van Bridger

Island Athletics dethrone Williamsburg Pump

RIVERSIDE HEIGHTS - There was little doubt who would accept the 1995 South Dundas Industrial Fastball League's playoff MVP award.

Pitcher Greg Workman was all smiles as he took possession of the trophy following the Pidgeon Island A's 2-0 victory over the defending champion squad from Williamsburg here last Wednesday night.

League president Dave Lapier presented the veteran hurler the award noting "Peck (Workman) threw four pretty solid games for the A's and then hit that two-run homer to win this one. Greg Workman is your playoff MVP."

Workman held the Pump to two hits as the A's won game four 2-0. He also belted the game winning homer which clinched the title for Pidgeon Island and snapped Williamsburg's long string of championships.

Pidgeon Island accepted the regular season and play-off silverware from Lapier following the game. Lapier also handed out the organization's other individual awards. Both went to members of the Iroquois Jiggers. Short stop Tim Patterson was named 1995 League MVP and Andy Lee won the Barry Charlebois Memorial Award as the Most Sportsmanlike Player.

Lapier also told the crowd that the work of Guy Hart and the umpires was very much appreciated and urged the fans to come out next week to watch the champion A's battle the Cornwall City League champion Laframboise squad for the eastern Ontario title.

FINAL GAME

Workman was quit humble assessing the fourth and final game, "Things went pretty well. I think they had just two hits...open by Craig Smith and one by Hummell (Joe)."

The A's pitcher was right on with his hit count.

Working with catcher Mike Veltkamp, Workman put together a line score that read: no runs, two hits, no walks, one error and 10 strike counts.

Williamsburg's battery of Lyle Schell and Dave Cross put together the following numbers: two runs on four hits, one walk, one error and six strike outs.

Chesterville's Craig Smith, the Pump's first baseman/pitcher assessed the final series quickly saying, "We couldn't hit. You don't hit you can't win."

Williamsburg's two hits came in the fifth as Smith kicked it off with a single back through the middle. Pinch runner Steve Casselman was then erased when Al McNairn hit into a fielder's choice. Joe Hummell followed with a two-out single to right but he and McNairn (at third) were stranded when Workman fanned Mitch Hutt with some high heat.

Other than that out-break, the Pump managed to get the ball out of the infield on just three occasions. Dale Simms popped out to Barry Casselman in left in the third and right fielder Jamie Smith snagged pops by Larry Cooper in the sixth and by Al McNairn in the seventh.

Williamsburg stranded three runners and went down in order in five and seven innings.

Pidgeon Island's offence came in the third when Mike Velkamp belted a one-out double. Workman then took a 2-0 count before launching a Schell offering out over the left-centre field fence to open up a 2-0 contest.

The A's stranded three runners and went quietly in three innings.

Veltkamp and Workman split the A's four hits in the seventh.

Pidgeon Island won the opener 9-4, lost the second game 1-0 but rebounded for the win posting back-to-back 2-0 decisions.

FINAL SERIES

Pidgeon Island will now represent the South Dundas circuit in a showdown series with Laframboise, the Cornwall City Fastball League champs.

Game one will be played tonight, Wed., Sept. 6 here at Riverside Heights. Game two will go the next night Thurs., Sept. 7 in Cornwall. Game three is set for Mon., Sept. 11 in Riverside Heights. Game four is set for Tues., Sept. 12 in Cornwall and game five for Wed., Sept. 13 here in Riverside Heights.

All games start at 7:30 p.m.

Upper Canada Open this Sat. and Sun.

MORRISBURG - Upper Canada Golf Course, in association with the Winchester District Memorial Hospital, is ready to host the 6th Annual Upper Canada Open.

The Open is an amateur invitational tournament scheduled for Saturday, September 9 and Sunday, September 10.

Entries in all categories are still being accepted so sign up today in Men's and Ladies' A, B, C, and D categories.

The tournament fees for Men's A and B is $85 (36 holes) and Men's C and D and Ladies' A, B, C, and D is $65 (18 holes) per participant. The fee includes golf, dinner and the chance to win prizes.

Amateur golfers, this tournament is for you.

All participants will enjoy and appreciate the efficient play and challenging contests. At least 50 per cent of the players in each flight win a prize. All prizes will be awarded based on skill and score (except door prizes).

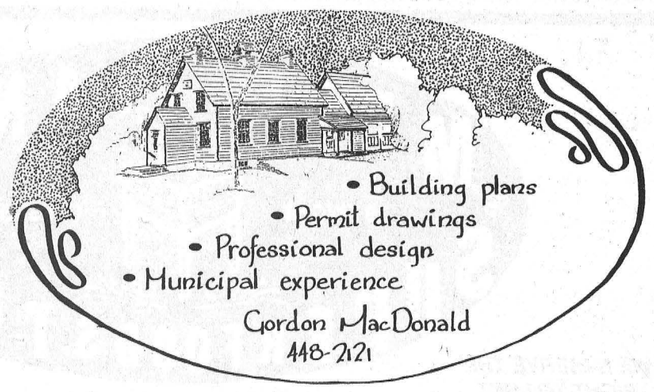
The lowest gross scorer will receive the C.E. (Robbie) Robinson Trophy in commemoration of the renowned golf architect who designed the challenging and beautiful Upper Canada Golf Course.

Men's A and B classes will be played on both Saturday and Sunday. All Ladies' classes and Men's C and D classes will be played on Saturday followed by dinner for all participants and awards for the Ladies' classes as well as the Men's C and D classes.

As an added feature, the humour and antics of Denis Grignon, a regular performer at Yuk-Yuk's, will be presented on Saturday evening.

Entries will be accepted until Thursday, September 7.

For more information on the Upper Canada Open please contact Gordon Lay, tournament chairman at 613-543-2035 or 613-543-2003.



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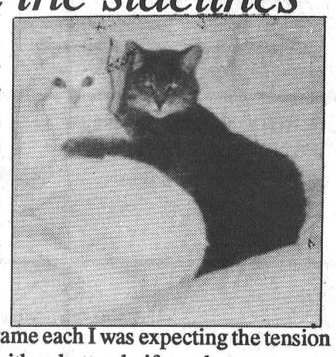
Sitting on the sidelines

With Sandy with a Y



What a disappointment! Never before in my life have I witnessed such a pathetic display of unsportsmanlike conduct than when I saw the championship game of the Chesterville\Winchester Men's Ball Hockey League last week.

With the series tied at one game each I was expecting the tension to be thick enough to cut with a butter knife and some pretty decent action to boot. No-sirey-Bob. That's not what I got. Instead all I saw was a bunch of grown men acting like preschoolers fighting for the last swing at the playground.

The Flashes and the Blues pounded on each other more than they tried to score. And both teams were just as guilty, although the Blues were the ones who got the penalties.

I say both teams were just as guilty because the Flashes pushed and egged the Blues on, looking for a fight. Although it was pretty pointless since the Flashes took an early lead the Blues would never catch up to.

I must say it did take a lot for the Blues to finally retaliate, but like everyone else, when pushed enough the fur will fly.

I must, however, give the Flashes a little bit of credit. At least they didn't turtle when the Blues finally retaliated. But that's not really saying much.

Whatever happened to pouring your heart and soul into a game and losing, or winning, fair and square?

Whatever happened to walking out of the arena with a little bit of pride, although not the championship? Can the Flashes actually say they walked out with their pride intact? Not doubt the Blues can't say they did.

For goodness sake people, this is just a local league, not the NHL! Loosen up and have some fun. Wasn't that the whole purpose of playing ball hockey in the sweltering heat? To have fun?

I don't know about anybody else, but that game did not look like a whole lot of fun to me.

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Barry LeClair - Pager 1-533-2601
24 Hour Service CHESTERVILLE, ONT.

ROGER SALMON MASONRY CONTRACTOR
BLOCKS • STONE • BRICK • CEMENT WORK
TOP SOIL • SAND • GRAVEL
Backhoe • Bulldozer • Dump Trucks
LICENCED SEPTIC SYSTEM INSTALLATION
R.R. 1
CHESTERVILLE 448-3683

DENNIS CARKNER
(Proprietor)
COLLISION CENTER
UNIBODY REPAIR EQUIPMENT
EUROPEAN PAINT FINISH
Res: (613)448-2688 P.O. Box 948, Dawley Dr.
Bus: (613)774-2733 Just off Hwy 31, 43 ByPass
WINCHESTER, Ont.

J-MD'S Party Dance Mix
Teen Dances • Receptions • Weddings • Discos, etc.
Jean-Marc Desormeaux
Home 987-2423 Bus. 987-2148

DOUG MERKLEY EXCAVATING
• Licenced Septic System Installation
• Licenced to handle Non-hazardous material
• Pitrun, sand, topsoil
• Backhoe, Hyhoe
• Dump truck rental
• Dump trailer rental
• Hauling dried grain
Heavy Equipment Float Rental
Morewood - 448-3597

GERALD STEWART CARTAGE
• TOP SOIL
• Truck & Backhoe Rental
Chesterville
448-3221

BOYD CHRYSLER JEEP EAGLE
AUTO BODY REPAIR
Winchester - (613) 774-2520
(Fax - (613) 774-2264)
Mopar Genuine Parts
Serving You Since 1936
Chrysler Five Star Service

CHESTERVILLE BOWLING LANES
Public Bowling
Saturday Afternoon • Sunday Evening • Sunday Afternoon
448-3535

CARL & GLENN DOCKSTEADER AUTO SALES
Nearly New Cars & Trucks
at the junction of Hwy. 31 and Hwy. 43 SOUTH
Winchester, Ont.
Res. 774-3408 Tel. 774-0060
Fax. 774-0322 or 774-0059
Finding You A Vehicle Is Our Specialty

SPORTS CALENDAR

MIKE DEAN'S SUPERFOODSTORE

19 KING ST. CHESTERVILLE

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

OPEN: MON. - FRI. 8 A.M. - 9 P.M. SAT. 8 A.M. - 6 P.M.

PRICES IN EFFECT UNTIL TUES. SEPT. 12/95



AYLMER 19 OZ TIN
ASSORTED VARIETIES
VEGETABLES
69¢

CASE OF 24X19 OZ TINS
16.50

LEONARD GUARANTEES FRESH PRODUCE EVERY DAY OF EVERY WEEK

CHRIS GUARANTEES FRESH CUT MEAT EVERY DAY OF EVERY WEEK

DIRECT WAREHOUSE PRICES + PLUS + EXTRA WEEKLY SPECIALS

Product of U.S.A. No. 1 Grade Grape Festival
Green Thompson Grapes Seedless
Red Flame Seedless Grapes
Black Ribier Grapes
Christmas Rose Grapes
Red Rose Grapes
1.59 LB 3.51KG

CUT FROM SPECIAL TRIM ONTARIO PORK LOINS
QUARTER LOIN MIXED PORK CHOPS
2.39 LB 5.27 KG

CHEF BOYARDEE 796 ML
SPAGHETTI SAUCE
69¢

From The Tropics
Golden Ripe
Bananas
49¢ LB 1.08KG

Product of U.S.A. Fancy
Bartlett Pears
99¢ LB 2.18KG

CENTER CUT
LOIN PORK CHOPS
3.39 LB 7.47 KG

BONELESS BUTTERFLY
LOIN PORK CHOPS
3.99 LB 8.80 KG

OUR VERY OWN 1.89 LITRE
CRANBERRY, DIET CRANBERRY
CRANRASPBERRY
PEACH COCKTAIL
3.49

Product of South Africa Fancy
Granny Smith
Apples
99¢ LB 2.18KG

Product of U.S.A. No. 1 Grade
Red Ripe
Strawberries
1.49 Pint

FRESH MEATY
PORK BACK RIBS
2.99 LB 6.59 KG

FRESH
PORK TENDERLOIN
6.99 LB 15.41 KG

OUR VERY OWN 750ML LOS ALAMOS
MILD, MEDIUM, HOT, EXPLOSION
SALSA SAUCE
2.99

OUR VERY OWN 454G BAG LOS ALAMOS
ORGANIC, WHITE
TORTILLA CHIPS
2.79

Product Canada No. 1 Grade
Iceberg
Lettuce
EA. 49¢

PORK LOIN ROASTS
RIB PORTION, TENDERLOIN PORTION
2.49 LB 5.49 KG

WHOLE LOIN OF PORK
CUT AND WRAPPED
2.49 LB 5.49 KG

OUR VERY OWN 369G TIN
REGULAR OR FINE
GROUND COFFEE
4.99

OUR VERY OWN 500ML
HONEY/GARLIC, SWEET/SOUR OR
ROBUST CHICKEN/RIBS
B.B.Q. SAUCE
2.49

Product of Canada No. 1
Sweet
Green Peppers
79¢ LB 1.74KG

Product of Canada No. 1
Snow White
Mushrooms
1.49 Pint

BURN'S 375G PKG
3 VARIETIES
EZEE SUB PACKS
3.59

BURN'S MIDGET 1KG EACH
BOLOGNA
4.49

KOOL-AID
ASSORTED FLAVOURS

WITH THIS COUPON
BUY 4 GET 2 FREE
SPECIAL PRICE WITHOUT COUPON 4/99¢
COUPON EXPIRES SEPTEMBER 12/95
COUPON #44706904

Product of Canada No. 1
Mix and Match, 2 lb. Bag
Cello Carrots/Onions
2/1.00

Product of Canada
Crispy
Green Onions
3/1.00

BURN'S 450G PKG
ORIGINAL
WIENERS
1.89

BURN'S HALVES
VINTAGE HAMS
3.99 LB 8.80 KG



WITH THIS COUPON
KRAFT 1 LITRE
ORIGINAL OR LIGHT
MIRACLE WHIP
2.49
SPECIAL PRICE WITHOUT COUPON $3.49
COUPON VALUE $1.00
COUPON EXPIRES SEPTEMBER 12/95
COUPON #44706917

FLOWER BUY OF THE WEEK

6"
POTHOS ON A POLE
9.99 EACH

RAINBOW BOUQUETS
2.99 EACH

FREEZER BUY OF THE WEEK

BURN'S 2 LB BOX
CHICKEN BURGERS OR CHICKEN NUGGETS
3.99

CATCH OF THE WEEK

OCEAN JEWEL 284G
SHRIMP RING
7.99

KRAFT PKG OF 3
ASSORTED VARIETIES
CHEESE AND CRACKERS
PEANUT BUTTER AND CRACKERS
CHEESE AND BREAD STICKS
1.19

SOFT DRINK OF THE WEEK

OUR VERY OWN 24X355ML TINS
ASSORTED FLAVOURS
SOFT DRINKS
4.99

SNACK OF THE WEEK

OUR VERY OWN 400G BAG
INSATIABLE CHOCOLATE CHIP OR
ENCHANTMENT FRUIT CREME
COOKIES
2.49

PIZZA OF THE WEEK

12" WITH PEPPERS
COMBINATION
4.99

CHEESE OF THE WEEK

MAPLE DALE
WHITE OR YELLOW
MEDIUM CHEDDAR
4.49 LB 9.90 KG

GOLD SEAL 184G TIN
IN WATER OR BROTH
CHUNK LIGHT TUNA
1.19

GOLD SEAL 184G TIN
FLAKED LIGHT TUNA
1.19

A WIDE VARIETY OF YOUR FAVOURITE BREADS, BUNS, PASTRY

BETTY 675G LOAF
WHITE OR BROWN
TEXAS BREAD
99¢

BETTY 675G LOAF
100% WHOLE OR CRACKED
WHEAT BREAD
99¢

THE BUTCHER'S FRESH SLICED DELI EVERY DAY OF EVERY WEEK

MAPLE LEAF SLICED
HAM AND BACON LOAF
4.49 LB 9.90 KG

YORK SLICED
COOKED HAM
1.99 LB 4.39 KG

GOLD SEAL 213G TIN
PINK SALMON
1.49

GOLD SEAL 213G TIN
SOCKEYE SALMON
2.99

BETTY PKG 12
HOT DOG OR HAMBURGER
BUNS
1.49

BETTY 675G LOAF
WHITE
SLICED BREAD
79¢

CLEARVIEW SLICED
ROAST BEEF
4.99 LB 11.00 KG

MAPLE LEAF SLICED
SALAMI
2.99 LB 6.59 KG

LECLERC 170G, ASST.FLAVOURS
CHOCOLATE COVERED
GRANOLA BARS
1.69

HUNT'S PKG OF 4
ASSORTED FLAVOURS
SNACK PUDDING PACKS
1.49

DEMPSTERS PKG 6
PLAIN, POPPY SEED, SESAME OR CINNAMON/RAISIN
BAGELS
99¢

DEMPSTERS 450G
APPLE CINNAMON, BANANA OR ORANGE CRANBERRY
FRUIT BREADS
1.29

SIMON DE GROOT SLICED
CERVELAAT SAUSAGE
4.99 LB 11.00 KG

MAPLE LEAF SLICED
PEPPERONI
2.99 LB 6.59 KG

PRIMROSE PKG 20
PLAIN, CINNAMON OR SUGAR
DONNETTES
1.49

VACHON PKG 12
CARAMELS
2.29

BURN'S SLICED
KOLBASSA ROLL
3.99 LB 8.80 KG

MAPLE LEAF SLICED
WAXED BOLOGNA
2.69 LB 5.93 KG

KISKO PKG OF 30
FREEZIES
89¢

TANG 92G PKG
GRAPE, MIXED FRUIT, RASPBERRY OR ORANGE
CRYSTALS
99¢

QUALITY BEATRICE DAIRY PRODUCTS EVERY DAY OF EVERY WEEK

A WIDE VARIETY OF QUICK AND EASY FROZEN FOODS

BEATRICE 500ML
7% OR 14%
SOUR CREAM
1.69

BEATRICE 500ML
1% OR 2%
COTTAGE CHEESE
1.69

BEATRICE 250ML
WHIPPING CREAM
1.49

GOOD HUMOUR PKG 6
GREAT CANADIAN
CONES
3.69

GOOD HUMOUR 2 L
ASSORTED FLAVOURS
ICE CREAM
1.99

GOOD HUMOUR PKG 12
FUDGESICLE,FROSTICLE
CREAMSICLE
2.99

V-H 341ML JAR
ASSORTED VARIETIES
SPARE RIB SAUCES
1.69

V-H 227G JAR
PLUM OR CHERRY
SAUCE
99¢

BEATRICE 175G PKG
ASSORTED FLAVOURS
FRUIT BOTTOM YOGURT
2/1.00

BEATRICE 4L BAG
2%, 1%, OR SKIM
FRESH MILK
3.59

BEATRICE 2 LITRE
CHOCOLATE MILK
2.89

GOOD HUMOUR PKG 6
ICE CREAM SANDWICHES
2.99

BEATRICE 2 LITRE
ASSORTED FLAVOURS
OLD FASHIONED RECIPE
ICE CREAM
4.69

BEATRICE 1 LITRE
ASSORTED FLAVOURS
FROZEN YOGURT
2.99

ZIPLOCK 15 BAGS
VEGETABLE BAGS
1.99

ZIPLOCK LARGE 15
SMALL 25, MEDIUM 20
FREEZER BAGS
1.69

BEATRICE 250G
ONION OR DILL
CHIP DIP
99¢

BEATRICE 250G PKG
CREAM CHEESE
1.69

BEATRICE 1.89 LITRE
ORANGE, APPLE, GRAPEFRUIT
JUICE
1.89

HIGHLINER 650G PKG
ENGLISH STYLE
FISH AND CHIPS
2.99

HIGHLINER 1.5 LB BOX
BREADED SOLE OR
HADDOCK VALUE PACK
7.99

ZIPLOCK PKG OF 100
SANDWICH BAGS
1.99

SARAN WRAP 30 METRE ROLL
PLASTIC WRAP
2.69

TETLEY 2 LITRE
ORIGINAL, LIGHT, RASPBERRY
ICED TEA
1.49

BEATRICE 4 LITRE BAG
HOMOGENIZED
MILK
3.99

McCAIN 400G PKG
BEEF AND CHEDDAR
HAM AND CHEESE
POCKETS
1.99

TIDE 12 LITRE
ORIGINAL
LAUNDRY DETERGENT
8.88

BOUNCE PKG 200
SHEETS
FABRIC SOFTENER
8.88