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First step taken to fulfill vision

by Meghan Duncan
Press staff

WINCHESTER — Five years and $15 million later, Winchester District Memorial Hospital took the official first step of expansion on Fri., April 29.

Engineers and technicians were on-site sampling the soil to determine the nature of soil structure, which will impact the foundation of the yet-to-be-built wing of the hospital.

"There's a bit of exterior action, finally," said Phil Marleau, vice-president of client services and capital redevelopment for the hospital. "We've been planning for five years, and it's nice to see that we're moving forward."

The subsurface investigation will entail nine 30-foot-deep bore holes. A soil sample will be taken every two-and-a-half feet.

The drilling is being performed over two days by Marathon Drilling Company Ltd., an Ottawa-based company sub-contracted by Trow Engineering, the geotechnical consultant firm that will conduct the analysis.

The cost of the consultants is a cost-shared initiative between WDMH and the province of Ontario.

"This is the first occasion to show the community that we are progressing quite well on the project. We're being looked at as a leader in the area," Marleau explained, saying that representatives of the Ministry of Health have said WDMH is moving ahead at lightning speed.

Site planning consultants for the project is the ZW Group, an Ottawa-based company with an impressive track-record of hospital improvements and expansions. Vice-president of the company Louis Guilbeault was on hand observing the drilling.

"We're very pleased with the work of ZW so far," said Marleau. "They're a very highly regarded company and have done some extensive work."

Equipment Planning Associates have recently handed over five binders full of information regarding the equipment needed to complete the expansion. The next step will be to finalize bloc schematics and then it will be on to sketch plans.

"That's when you really get to see the detail," said Marleau. "We'll actually see room layout and where the furniture will be." Parkin Architects out of Ottawa will be responsible for the design of the new wing.

Results of the drilling will be ready within about two weeks, but the report may not be available right away.

The results of the soil samples will determine the design and foundation needed for the expansion, as well as the level of ground water on the expansion site.

"Surveying will start early next week," said Marleau. "We're very pleased that one of our local companies won the bid."

Johnson Surveying out of Winchester will take on the next step of the expansion before construction can begin.

"Things are proceeding well and we're encouraged by the response of the Ministry [of Health]," said Marleau.



Ground breaking

Ground was broken at Winchester District Memorial Hospital Fri., April 29 as the Marathon Drilling crew pulled earth samples from where the $30-million expansion to the local health facility will stand. Trow Geotechnical & Materials Engineering Service field technician Craig St. Amant (left) and Trow Manager/Sr. Geotechnical Engineer Ismail M. Taki discuss the proceedure after St. Amant removed the first sample (accompanying photo).
Press Photos — Van Bridger



Speechy-keen

Slater Koekkoek, a Grade 5 student at Inkerman Public School took home a gold medal on home turf during the annual Dundas County Public Speaking Contest, April 26, for his speech all about bubble gum. Jennifer Howard (left), a Grade 5 student at Iroquois Public School finished third while Paige Smith, Grade 6, of Chesterville Public took home silver. There were nine contestants from elementary schools across Dundas County competing in the evening event at Inkerman Public School. Judges were North Dundas mayor Alvin Runnalls, retired teacher Kathy Link and current Maynard Public School teacher Angela Morrison.

Press Photo — Duncan

Tim Hortons still on track

WINCHESTER — The Tim Hortons franchise to be located at the corner of County Road 31 and Main Street will, despite rumors, soon begin construction.

"Right now we're just waiting for approval from MOE [Ministry of the Environment] for the sewer system," explained Robert St. Denis, owner of the Tim Hortons in Morrisburg who will own the Winchester franchise as well. "That's the last hurdle."

St. Denis quashed the rumors that the Winchester location of the popular coffee shop would not be completed. "We're on track," he said. "Hopefully you'll see us start construction very soon."

Township asked to provide input into recreation study

WINCHESTER — In what direction is recreation in the Township of North Dundas heading? Are additional soccer fields and baseball diamonds needed? Would a network of cycle and walking paths be feasible? What improvements should be made to existing facilities to carry them into the future?

Public meetings in May

These are some of the questions Jim Morgenstern from DMA Planning and Management Services of Mississauga is asking as he prepares a master plan for recreation, culture and parks in North Dundas.

"We are collecting background information at the front end of the plan. I have made one visit to North Dundas but I haven't made any assessments," reported Morgenstern.

The consultant, hired by the township in February, is looking for public input.

He will chair public meetings on May 16 at the Chesterville Community Hall, on May 17 in Winchester's Old Town Hall and May 18 at the South Mountain Agricultural Hall.

"We want people to provide us with what are the strengths and weakness of what is available now. We want to know what we should address in this plan. We will collect information and look at the issues," Morgenstern told the *Press*.

He also said a questionnaire will be sent to area sports and recreation groups in the township will also be accessible on the townships web site, www.northdundas.com.

The steering committee hopes to have the recommendations by August and a draft plan by the end of September.

"I think it is the role of municipalities to provide recreation, culture and sports for the community. It is a very important that the local government support its volunteers who are a very important part of carrying out the programs," added Morgenstern.

• see REC STUDY on next page

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Art donation brightens up dialysis unit

WINCHESTER — The dialysis unit at Winchester District Memorial Hospital recently received a generous donation — but money wasn't involved.

Local artist Cindy Laneville used her skills to create a stained glass objet d'art for the unit, to help bring a little of the outdoors in. The piece, which depicts loons on a lake, was made using an antique window frame.

"I've had it [the frame] at my house for a year," said Laneville. "I didn't know what to do with it."

Now, the piece looks at home on the wall at WDMH. "It was meant to be," said hospital CEO Trudy Reid.

Team leader in the dialysis unit, Karen Koekkoek, was pleased to have the art to brighten up the space.

"We've had lots of comments on it from patients, family, and staff," she said. "We've had a lot of new visitors because of it. Staff that would normally not come by have stopped in just to look at it."

The piece was hung on April 13th. It took only one day for Laneville to complete it.

"Everybody gives in a different way," said Laneville. "I felt really good about doing it."



Window on their world

Hospital CEO Trudy Reid, artist Cindy Laneville and dialysis unit team leader Karen Koekkoek stand in front of Baneville's newly donated artwork in the dialysis unit at WDMH.

Press Photo—Duncan

Council discusses illegal sewer system hook-ups

WINCHESTER — After a Howard Street resident was discovered with an illegal sump pump hook-up, North Dundas Council discussed the implication of legislation surrounding the township's sewer system, at their regular meeting, April 23.

"It was illegally done, but not illegally done with malice," said councillor Al Armstrong of the Winchester resident in question. "I would like to see council give some sort of reduction."

Councillor Martin Schoones wondered if there would be any way to tell how many houses in the township are set up illegally.

Others wondered if what would happen if one resident was given leeway on compassionate grounds — would the township be sending the wrong message?

"I have some suspicion that there are a heck of a lot of houses set up like this," said Deputy-Mayor Bill Smirle. "I believe this is more than just an isolated situation."

In the past, the township has cut bills in half when people have admitted to accidentally leaving the water running.

"I certainly am compassionate to this situation as well, I just wonder if this could have been caught sooner," said councillor Estella Rose.

Armstrong put forth that the bill should be cut by 50 per cent, with the requirement that the homeowner has the plumbing corrected to the township's satisfaction. He also noted that if a back-up system kicks in, as happened in the Howard Street incident, that an emergency alarm be set up, such as a water-gong powered by the flow of the water through the system.

But individual circumstances in the Howard Street incident would have prevented the resident from hearing the alarm.

"The lagoons are full enough," said mayor Alvin Runnalls.

It was suggested that the Township check each residence for plumbing hook ups and get each homeowner to take out the illegally installed systems.

Though the inspectors to check each household would cost the township a lot, it was suggested that this would be a preventative measure.

"When we have to build a new lagoon, residents are going to be spending thousands of dollars," said Armstrong. "They might want to spend $100 now. It's not an expensive fix."

Council will discuss this matter further before anything is finalized.

Council sets Morewood water on the table

WINCHESTER — North Dundas councillors are concerned with the implications of the meeting on Morewood water infrastructure. Discussions escalated at the April 23 meeting.

"My estimate is that of the 75 people that were there [at the April 16 public meeting], only a third of them were from Morewood," said Deputy-Mayor Bill Smirle.

Approximately 250 surveys about the water system in Morewood were sent out a month ago. The township had only 30 copies returned.

After more surveys were handed out at the public meeting, the township has, so far, received less than 10.

"There are some issues that got me thinking," said councillor Al Armstrong. "I would like to know if council still thinks this is the best solution. That meeting cast a doubt in my mind. I think it's a band-aid solution."

Councillors were wondering what the next step in the process is, and if there is a referendum, what number majority is needed.

"Do you think 20 years is enough for this solution?" asked Armstrong.

Township Mayor Alvin Runnalls said that he feels the township is on the right track.

"We've already got so much invested in wells now," he said. "There are so many variables."

Others felt that the township should be looking at other solutions.

"I think we should be looking at more of a watershed-based solution, not just what's going to affect Winchester and Chesterville," said councillor Martin Schoones.

At this point, Russell Township can go ahead and buy land in the Township of North Dundas and pump water out. The township is having the agreement with Russell Township thoroughly investigated legally before proceeding with any decisions.

"We do not know yet what source water protection will do," said Runnalls. "Winchester has a good track record with wells being right next to farmland."

Russell Township is planning to move ahead with or without COMRIF (Canada-Ontario Municipal Rural Infrastructure Fund) grants.

"If that's what it boils down to, we're at a loss because Russell has a need right now and they're moving ahead," said Armstrong. "The aquifer crosses through both townships. If they get there first, legally its theirs. We need to protect our resources."

Council plans to form a committee to discuss the issue, meet with staff and present recommendations.

"We need to get moving on this," said Smirle. "We need to follow through."

Continued from the front page...

Rec study

He went on to say North Dundas council feels there is a need for such a survey because there isn't any existing plan. "User fees policies may been needed. We will take a closer look at potential issues and determine what is important to North Dundas," he added.

For more information, contact North Dundas Director of Culture and Recreation Mark Guy at 774-2105 or mguy@northdundas.com.

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Above: Elizabeth Porter held the drum as North Dundas Township Mayor Alvin Runnalls drew the winning ticket in a raffle for a homemade quilt. The winner, 7-year-old Emily Maynard from Hallville, said she would be putting the quilt on her bed. At right: Emily Maynard with the quilt she won in the raffle sponsored by The Friends of the South Mountain Library. The draw was held on Saturday during a tea celebrating the library's 100th anniversary. *Photos — Barbour*

Rural library celebrates 100 years



Liz Earl, chair of The Friends of the South Mountain Library, gave a brief history of the library during the library's 100th anniversary celebrations on Saturday (April 30). She told visitors that there had been a 66 per cent increase in book circulation at the library over the past year.

by Matthew Barbour

SOUTH MOUNTAIN — The South Mountain Library announced on Saturday that book circulation increased by 66 per cent over the past year. The announcement came as the library celebrated its 100th anniversary with a tea and open house.

Faced with a possible closure of their library last year, residents in the South Mountain area rallied to form a volunteer organization called The Friends of the South Mountain Library (FSML). This group, with some help from the township, began a concerted effort to increase the number of library cardholders and encourage existing cardholders to use their cards more often.

In addition to increasing awareness of the library's services, FSML has organized and promoted new programs at the library, including a visit by local author Steve Thompson. Magician 'Willie the Great' has been invited to perform at the library on May 14 and plans have been made for a preschool program to begin in June.

With donations from area businesses, FSML has also been able to make several improvements to the library's interior.

In July and August, the library will be taking part in a county-wide reading program sponsored by the TD Financial Group. The program, open to children ages six to 14, will have a space theme and registration will begin on June 20.

The South Mountain Library has been located in an old one-room schoolhouse at 2952 Lough Rd. since 1969. It became a permanent home for the library in 1970, when the township purchased the building from the school board for $1. The location was guaranteed for at least a decade because one stipulation in the transfer agreement said the building should be used as a library for a minimum of ten years.

Prior to 1969, the library was in a number of different places. Over the years, it has shared quarters with a tailor shop, furniture and grocery stores, and a hat shop. As far as can be determined, a few residents even made parts of their homes available for library space. The FSML is attempting to compile a history of the library from the time it was first established in 1905.

One of FSML's fundraising activities concluded on Saturday with a draw for a homemade quilt. Township of North Dundas Mayor Alvin Runnalls drew the winning ticket, that of 7-year-old Emily Maynard from Hallville. Deputy Mayor Bill Smirle and councillor Estella Rose were also on hand for the occasion.

Enrolment to grow



Notes from Timothy Christian
by Gary Postma

WILLIAMSBURG — For the first time in a few years, our school projects more families in September than we have now. We're very pleased with this growth and for the interest in Christian education throughout our area. I have had many fine interviews with parents who desire an education for their kids that will constantly point them toward God.

Our school is currently in the process of strategic planning. We have hired a consultant from Peterborough who will lead us through various visioning activities. Our parents and grandparents are spending full Saturdays at the school trying to understand God's will for TCS and recording hopes and projections for the school for the next five years. Many people associated with the school have been involved in this process, the first time our school has done this in such a methodical manner. We're looking for growth in enrolment, growth in programming and growth in commitment to TCS. The final report will be written in June and we hope to have it in place and governing much of the affairs of the school by September.

Helmut Ibrain Martinez Aragon: this is the colorful name of the young boy that our school is supporting through Compassion Canada. In the past, the students have supported children who live in India and Kenya. Helmut lives in Nicaragua, so in addition to helping him, we trust that we will learn more about Nicaragua and Central America. Our kids know that they have so much here in Canada and that God requires us to help out those less fortunate.

Our Grade 8 class also helped out people in the third world by participating in the 30 Hour Famine. They raised some money for World Vision and got a little hungry for a couple of days to have an idea how millions of kids around the world live every day.

Christian Education Week is May 13 to 19 here at TCS, with our theme being Learning - Believing - Living. We have many activities for the students to have fun and also raise funds for the production of Christian teaching and learning materials, as produced by our main umbrella organization, the Ontario Alliance of Christian Schools. There is also an Open House on Wed., May 11, which runs throughout the school day. All reading this article are welcome to visit the school.

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Councilman Delegarde calls it quits

IROQUOIS — After being tied-up in allegations regarding conflict-of-interest for more than 14 months, Iroquois ward councillor for the Township of South Dundas Ron Delegarde returned to his seat at council April 19, only to resign less than a week later.

Delegarde officially handed in his letter of resignation on Tues., April 26.

"Council's continuing involvement with self-serving individuals and parties that are less than honorable or trustworthy has left me no other course of action," stated Delegarde's letter.

It was on March 22 that council passed a special resolution to allow Delegarde's continued absence. The Municipal Act states that a councillor cannot be away from duties for more than three months. The March 22 resolution allowed the councillor until April 30 to return.

It was in late February that Delegarde was absolved of the allegations that accused him of working against council for his own interest, regarding the township's fibre optics communications network. The 27-year Bell Canada employee felt the charges and the drawn-out hearing were bogus.

At South Dundas Council's next meeting, the seat will officially be declared vacant. The post can be filled by appointment or a by-election, but must be done so within 60 days.



NDDHS Notes
by Ashley MacNaughton

MAPLE RIDGE — The second-last month of the school year has begun. May's beginning marks April's end — and wasn't April quite a month at North Dundas?

In particular, April 28 was a big day for NDDHS. Student Council presented its annual fashion show, with lots of clothing provided by the Country Boy store.

Clothing options modeled by North Dundas students and teachers included casual wear, beachwear and prom attire. Student Council would like to thank everyone who helped out with the show — with set design, modeling, setting up, selling tickets, advertising and so on. The biggest thank-you goes to everyone who purchased a ticket, with proceeds going towards the 2005 Senior Prom, which will be on June 3.

Also on April 28, some OSAID members participated in the yearly PARTY program, in which they got to visit a hospital and observe a mock trauma in the emergency room while upgrading their knowledge about the horror of impaired driving.

The biggest thing on the agenda for this week will be the elections for next year's Student Council Executive. While the voting will not take place until next week, the candidates are pretty well set. The requirements to be in the running for a student council position are to have a minimum 68 per cent average; hand in a resume and cover letter; and attain the signatures of 10 supporting students and two teachers. Best of luck to all!

Pay attention for details about Spring Carnival, school rings, prom, and leadership camp — all coming up within the next month or so. The 2004/2005 school year will not be easily forgotten! Have a great week.

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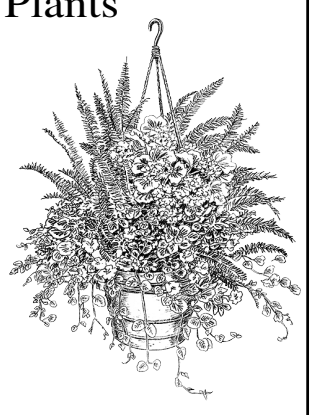

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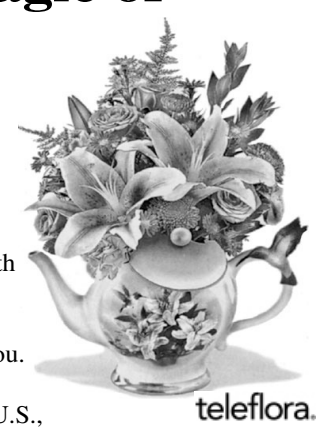

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Rare occurrence

A procession like this can occur just once in every 20 years. Local and visiting members of the Masonic Order formed the procession as they walked from the Masonic Hall on Church Street to St. Paul's Presbyterian Church for Sunday service. This year, local Masons are celebrating the 125th anniversary of Winchester's Henderson Lodge. District Deputy Grand Master Bill Sylvester of Winchester called the gathering for service. The next District Deputy Grand Master in this area will not be named for another two decades. *Photo — Barbour*

Nepean-Carleton MP visits high school students in riding

by Jess Heuving

METCALFE — MP Pierre Poilievre, Nepean-Carleton's Member of Parliament, came to talk to the students at Osgoode Township High School, April 11.

Poilievre told students that it was his responsibility, as the youngest MP in all of Canada, to act on the issues most important to the younger generation. "I work for all of you," he said.

He informed the students of some of his current projects including a law that will protect "whistle blowers" in the government. Previously, any public servant who exposed corrupt government action would often be fired, and potentially have their whole career ruined, but new legislation will prevent that.

Another project the MP is involved in is trying free Queensway-Carleton Hospital from the rent being paid to the federal government for the land that the hospital sits on. Poilievre's plan would allow the hospital to buy the land from the government for $1.

A third project Poilievre is working on is decreasing costs for university students. Textbooks are, in general, the third greatest cost for a student, after tuition and living expenses. Students often cannot sell used books for decent prices, if at all, because new editions are released yearly with only a few changes. To help ease the financial strain students, Poilievre plans to incorporate a new policy, allowing students to use the same edition of a textbook for up to five years after it has been released. If this passes, students will be able to sell their textbooks upon completion of the course.

Poilievre also talked about the importance of voting, especially for those who have just turned 18. "If you don't vote, you will be governed by those who do," he said.

The MP held a question and answer period, where students were free to ask him about issues concerning their age group specifically. "This is your democracy. You have every right to take a leadership position in it," he said.

Police blotter

Naked and drunk

CHESTERVILLE — During the early evening hours of April 30 police were called to a Queen Street residence in the Village of Chesterville, in response to a complaint involving a naked male attempting to gain entry into a home.

A 19-year-old Russell male was taken into custody and has been charged with being intoxicated in a public place.

Tractor thief

NORTH DUNDAS — Police began an investigation on April 29 into the theft of four lawn tractors from Green Tech Ag & Turf Inc., in North Dundas Township. Overnight, an entry into a storage compound resulted in the theft of four 2005, 20 HP, John Deere lawn tractors with a 42-inch cut. Constable A. Burtch is investigating this incident.

Stained glass smashed

NORTH DUNDAS — Police received a report involving damage to two stained glass windows at the Morewood United Church, April 27. The damage is believed to have occurred overnight on April 26 to 27, and has been estimated at approximately $100. Constable A. Burtch is investigating.

Failed to comply

IROQUOIS — A traffic stop in the Village of Iroquois on April 29 resulted in the arrest of a 17-year-old Morrisburg male on three counts of failing to comply with a sentence or disposition in relation to keep the peace, non-association, and residency conditions. The youth has been held in custody and will be appearing in court in the City of Cornwall for the purposes of a show cause hearing.

Traffic stop charges

NORTH DUNDAS — A 19-year-old former Winchester resident is in custody as a result of a traffic stop on County Road 31 during the early morning hours of April 30. The teenage male will be facing four counts of failing to comply with an undertaking in relation to curfew, non-attendance, non-communication, and alcohol conditions. He will appear in court in the City of Cornwall for the purposes of a show cause hearing.

Break and enter

WINCHESTER — Police attended the scene of a residential break and enter, April 30, which occurred between the hours of 9 am and 1 pm, at a private residence northeast of the Village of Winchester. A forced entry into the home resulted in the theft of jewellery and home entertainment items. Constable K. Heaphy is investigating.

Traffic update

SD&G — In the past week, police were called to investigate eight motor vehicle collisions in Dundas County, only one of which involved deer. Other investigations resulted in the apprehension of six suspended drivers and the seizure of three radar-warning devices. No charges were laid in connection with alcohol-related drinking and driving offenses this week.



Revel fun

First Winchester Brownies Jamie Rodney (left), Marina Crober, Alicia Pyper and Rebecca Doucette cheer during the 32nd annual Brownie Revel held Sunday afternoon (April 24) at South Grenville District High School in Prescott. Girls from the Dundas, Leeds and Grenville area packs participated in the event, which included indoor and outdoor games and crafts. A total of 123 girls participated in the revel, which has been held at SGDHS for the last 25 years.

Photo — McKim

MOTHER'S DAY
GIFT SELECTIONS
We've got the gifts she'll adore.
Scented Candles & Potpourri
Silk Flowers
Gardenware
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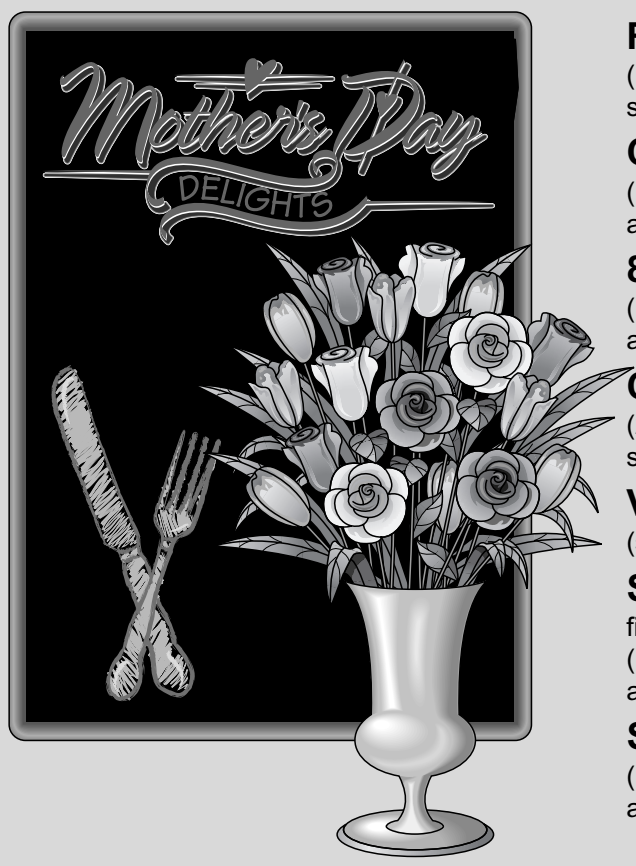
CRAZY LOONIES
504 St. Lawrence Street, Winchester 774-0111
Your Dollar Store and More!
OPEN 7 DAYS

Come celebrate Mother's Day with us
Sunday Brunch, 9:30 am to 2:30 pm - $12.50
Salad Bar and Dessert Table
Children 12 and under $5.95



Roast Turkey.....$12.95
(potatoes, vegetables, cranberries, soup or salad, coffee and dessert)
Chicken Cordon Bleu....$10.95
(potatoes, vegetables, soup or salad, coffee and dessert)
8 oz. Strip Loin Steak....$12.95
(potatoes, vegetables, soup or salad, coffee and dessert)
Chicken Souvlaki.....$12.95
(2 sticks) (potato wedges, rice, vegetables, soup or salad, coffee and dessert)
Veal Parmesan.....$13.95
(soup or salad, coffee and dessert)
Seafood Platter.....$15.95
filet of sole, breaded shrimps and scallops (potatoes, vegetables, soup or salad, coffee and dessert)
Salmon Steak.....$13.95
(potatoes, vegetables, soup or salad, coffee and dessert)

Chinese Buffet $14.95
with salad bar and dessert table
All you can eat • 4:00 pm to 9:00 pm
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RESTAURANT
Winchester 774-2417
Licensed under LLBO • Call for reservations
Hours:
Mon.-Thurs.
6 am-10 pm;
Fri., Sat.
6 am-11 pm;
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Ontario Early Years Centres
A Place For Parents And Their Children.
Centres de la petite enfance
Un endroit pour les parents et leurs enfants
Ontario Early Years / Petite enfance
Stormont, Dundas & Charlottenburgh

May 2005

Parenting Focus: Reduce, Re-use and Recycle

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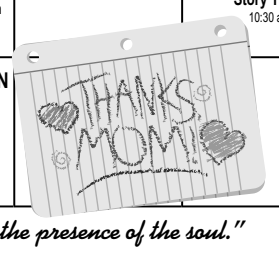
Tel:(613) 774-5487 Fax: 774-5488 E-mail: tobi@earlyyear.ca
www.ontarioearlyyears.ca

***Registration Required**
DROP-IN HOURS: 9:00 am-12:00 pm, Mon., Tues., Thurs., Fri.
EVENING HOURS: 6:00 pm to 7:30 pm the 1st and 3rd Tues. of the month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 *Theme:* SPRING	**2** DROP IN Watch Me Grow 9:30-11:30 & 1-3 pm *Mother Goose 2-2:45 pm	**3** AM DROP IN Evening Drop In 6:00-7:30 pm	**4** *NO DROP IN!*	**5** * 'Junior Scientist' 1:00 pm - 3 of 4	**6** DROP IN Stroller Fitness 10 am	ONGOING ACTIVITIES DURING DROP IN INCLUDE: TOY LENDING LIBRARY, SNACK ATTACK, WATCH ME GROW, FUN WITH BOOKS/ J'AIME LIRE, RESOURCE LIBRARY FOR PARENTS/CAREGIVERS & STROLLER FITNESS
8 	**9** DROP IN Watch Me Grow 9:30-11:30 & 1-3 pm *Mother Goose 2-2:45 pm	**10** AM DROP IN Mother's Day Fun With Books 10 am	**11** *NO DROP IN!*	**12** FR/ENG DROP IN J'aime Lire, 10 am Library Preschool Story Time! 10:30 am	**13** DROP IN Stroller Fitness 10 am	
15 *Theme:* REDUCE RE-USE RECYLE	**16** DROP IN Watch Me Grow 9:30-11:30 & 1-3 pm	**17** AM DROP IN Evening Drop In 6:00-7:30 pm Caregivers Meeting 7:30 pm *CPR 7 pm	**18** *NO DROP IN!*	**19** FR/ENG DROP IN La Leche League 7:30 pm - 'Advantages of Breastfeeding'	**20** DROP IN Stroller Fitness 10 am	
22 	**23** *Victoria Day!* CLOSED	**24** AM DROP IN *Infant/Child CPR 7 pm	**25** *NO DROP IN!*	**26** FR/ENG DROP IN Library Preschool Story Time! 10:30 am	**27** DROP IN Stroller Fitness 10 am Workout With Ticker 9:30 am	
29 	**30** DROP IN Watch Me Grow 9:30-11:30 & 1-3 pm	**31** AM DROP IN SNACK ATTACK				

"Forgiveness is the voice of the heart that speaks the presence of the soul." — *Barbara Coloroso*

SPECIAL EVENTS

PHYSICAL FITNESS: The Early Years Centre and the Eastern Ontario Health Unit are trying to raise awareness of the importance of physical activity. On April 18, Maya Lightfoot from the EOHU came to the centre to launch the new Physical Activity Guide for Young Children & Infants. You can receive a free guide as well as a motivational chart including stickers at the Ontario Early Years Centre. Come and join **STROLLER FITNESS, WORKOUT WITH TICKER** or **YOGA FOR MOM AND ME** that appear regularly on this calendar.

PRESCHOOL STORY TIME: Join us at the Winchester Branch for stories, songs and rhymes on **Thursday, May 12 & 16 at 10:30 am**. For children 3-5 years old. Please pre-register at the branch.

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Battery Special
Buy 2 Get 1 FREE!!!
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Three Locations to Better Serve You
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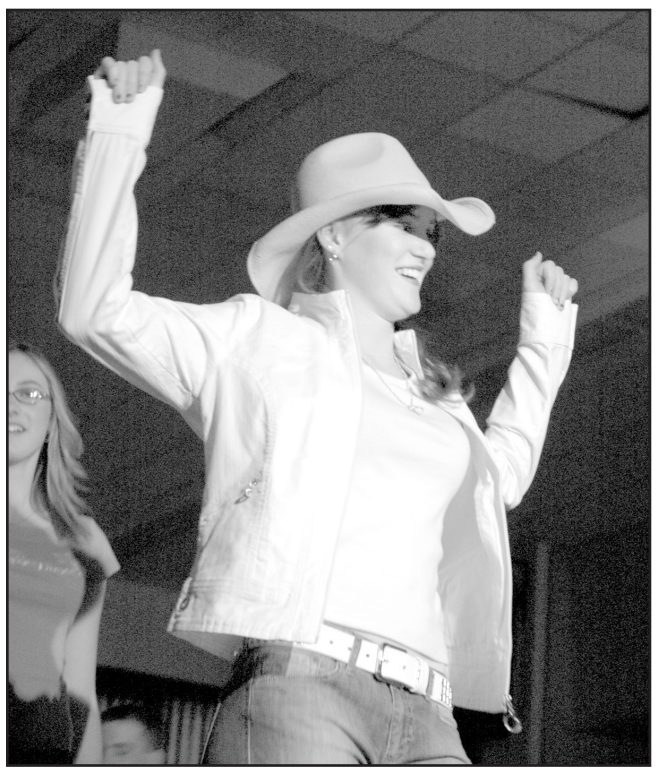
Amateur models strut their stuff



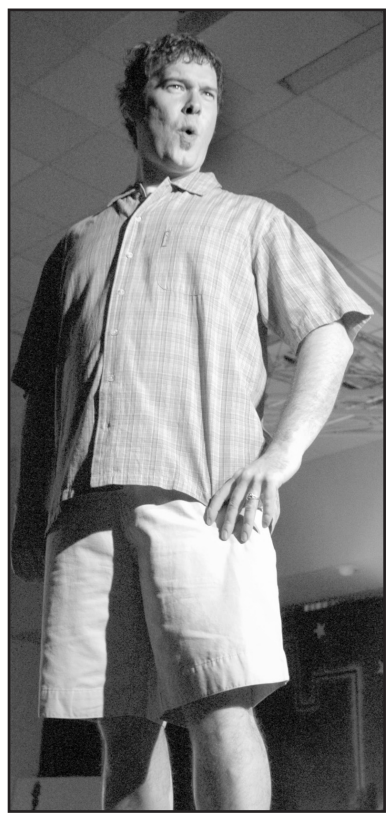






Yee haw!

Above: Grade 11 student Amanda Pinch and Grade 9 student Megan Loverin brought a little country attitude to the NDDHS fashion show, April 28. Top Left: Megan Loverin had the CountryGirl act down pat. At left: NDDHS teacher Mike Deighton took it off at the fashion show. *Press Photos — Duncan*

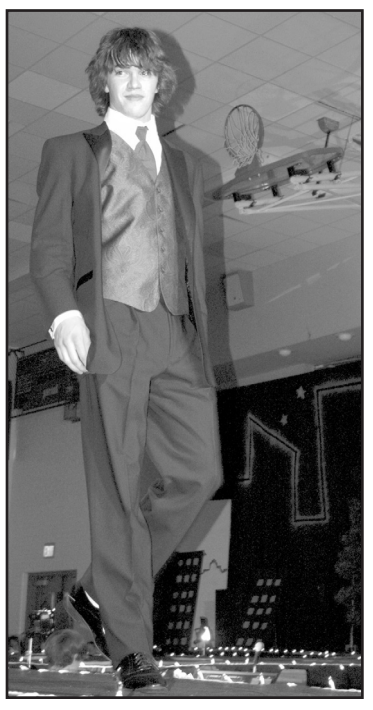


Teacher Brad Holland took his turn on the runway in style.



Teacher Jane Boire struts her stuff on the NDDHS catwalk.





The clothes provided by CountryBoy/CountryGirl/Attic for the annual fashion show ranged from beach wear to formal wear, and classic outfits.

changes for women

30 *minute* Inch-Loss *centres*
Changing you today, tomorrow and forever!

Mother/Daughter Mother's Day Special
Buy One Membership, Get One 1/2 Price
Based on One-Year Membership
Special valid until closing Saturday, May 7

We also have T-shirts, tote bags and water bottles
Gift Certificates available

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Hours: Mon. to Fri. 6:30 am-9:00 pm; Sat. 8:00 am-12:00 noon; Sun. - Closed
Note: *Student Monthly Membership Fee $35*
Owner: Kim Williams
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A.B. GREENHOUSE

Say 'Happy Mother's Day' with Flowers
✲ Perennials ✲ Vegetables ✲ Annuals
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AG

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KBC

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Hardy Roses



$10.99
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Reg. Price $14.99
SALE ENDS MAY 7TH

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25% to 50% off

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Every $50 purchase before taxes entitles you to receive a FREE Tote Bag or Fleece Blanket

Gift Certificates Available

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COTTAGE COVE
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Kemptville Mall
Kemptville 258-9055
Next to Human Resource Centre
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EDITORIAL

Is the face of Winchester changing?

The Main Street of Winchester is lined with historic homes like in many rural villages in Ontario. The homes on Main Street probably all house families who are true Winchesterites — maybe even second and third generation.

But beyond Main Street lies the new face of Winchester — Cloverdale Meadows. Cookie-cutter houses built close together for economical reasons, and somehow sticking out like a sore thumb in a village that has always had its unique character.

Will Winchester lose it's character once subdivisions like these, which are stretching their fingers throughout the village, are complete?

New houses are popping up all over. Phase one of Cloverdale Meadows is nearly complete, and Davidson Heights is getting underway.

The development could mean a large number of young families, and young parents entering the Winchester community. These are hopefully people who are involved in the community and involved in recreation and activities their children take part in. These are people that, hopefully, shop locally and give back to the community economically, and help maintain the self-contained environment that makes Winchester so appealing.

On the other hand, with all the development going on, there is a fear that Winchester will simply become more of a bedroom community than it already is for Ottawa commuters: commuters who do their groceries and other shopping in the city and simply come home to sleep; commuters who aren't involved in the town where they live and are simply residing in Winchester to take advantage of the lower cost of rural living.

The development in Winchester raises a question of sustainable growth. Will Winchester be able to handle this expansion, or will the now self-contained village become just another suburb? And has this sustainable growth been taken into account in the many visioning discussions that the Township of North Dundas has so aptly been spending time on?

The other question is just how many lots in these new subdivision will sell. A representative for the Township of North Dundas remarked that the projections for the new subdivisions are simply how many lots are available — not necessarily how many houses will be built. The lots could sit empty for years before the entire subdivision has completely finished construction.

And if the houses do all sell, what will this population increase mean for the town? What will the number of young families mean for our schools?

According to Ministry of Education standards, Winchester Public School is currently at capacity. However, with approximately 230 students, the school's enrolment has actually dropped over the last couple of years from 250 or 260 students. Principal Dave Corney explained that the school still has room to accommodate more students and is not busting at the seams, but also is not on the endangered list for closure.

Studies have been completed by the school board to predict enrolment. Although communities close to the nation's capital are expected to have an increase in population in the near future, the studies show it won't be a "major boom." If anything, a larger number of students will just solidify WPS as a healthy school. Schools in the area are, at this point, taking the wait-and-see approach. Enrolment in elementary schools is down across the entire province, and has to do more with the lower birthrate than demographics and the number of houses being built.

The Township of North Dundas is continuing with its visioning campaign, and this is the time for that vision to kick in. What kind of community does Winchester want to be?

Councillors for The Township of North Dundas realize that Winchester is growing and are in favor of the development. Councillor Estella Rose feels that Winchester is becoming a bedroom community, but that should not necessarily be looked at as a bad thing.

It will be a long time before the village's character homes disappear and the development takes a front seat, but it should be recognized that development like this is a big thing for a little village like Winchester. It will be a long time before the village sees the impact and repercussions of such development, but it should be, without a doubt, taken into account in the village's plans for the future.

M.D.



Nine students in Grades 4, 5 and 6 competed in the annual Dundas County Public Speaking Contest at Inkerman Public School, April 26. Back row: Slater Koekkoek (left), Paige Smith, Jenna Beaudoin, Brodie Geurkink. Front row: Sarah Churchill (left), Jennifer Howard, Haley Van Allen, Nicole Hallam and Casey Saddlemire.

Press Photo — Duncan

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2003 BLUE RIBBON

Hockey vs. politics



Last week, Todd Bertuzzi went to New York to meet with NHL Commissioner Gary Bettman to be reinstated into what was once the NHL.

So why is this important? Simple. Canadians as a whole care a heck of a lot more about Todd Bertuzzi and his attack on Steve Moore than they do about which crooked politicians were hooked up with which crooked French Canadian ad executives.

I won't be so trite as to say the Bertuzzi incident changed my life in any way. Things like Columbine and 9-11 and Karla Homolka change your life. But the Bertuzzi incident did open my eyes as a writer. My take on the incident, which I wrote about in a column, earned me my first actual death threats as a columnist. I realized then that people are way too into their hockey teams.

It happened on March, 2004. Everybody knew something was going to happen. In a previous game, Moore, a fourth line rookie had lined up Canucks captain Markus Naslund and more or less digitally remastered him. The hit was, in the opinion of most officials, legal. But it was unnecessary and it broke a code where a drone doesn't unnecessarily lay out a superstar away from the play. Naslund suffered a concussion.

Heading into that Monday night rematch in Vancouver, it was payback time. There was big talk of a bounty being placed on Moore's head. Moore got into a fight early in the game, but it was hardly a score settler. Late in the third period, with the score in high favor for Colorado. Moore ignored Bertuzzi who then lost it and ragdolled him face-first into the ice from behind.

Within an hour of my interpretive column going live, it was clear that people were much more passionate about what happened than anyone would have guessed. But when people get passionate and their buttons are pushed, they see everything black and white and respond without thinking. I blamed Granato for the incident and called him out. What was he thinking putting a guy out on the ice with a bounty on his head? Granato of all people should know about "the code" – he once served a 15-game suspension for lumberjacking on a payback for a cheap shot. Granato hung Steve Moore out to dry and should have been fired. He endangered the life of his player.

Then there was Andrei Nikolishin. On the video clip when you see it, he is the third guy in. My instant reaction and what I still believe after seeing the clip several hundred times analyzing it is that Nikolishin, Moore's teammate, broke Moore's neck when he dogpiled onto Bertuzzi and Moore. If you look at TSN.ca and find the story they did on Bertuzzi last week in the archives, take a good look at the photo that goes with the story. It is a CP shot taken just when Nikolishin dives on both players and you can literally see how the dive drove Moore's face into the ice. What on earth was Andrei Nikolishin thinking?

There were also complaints that the referee lost control of the game. So why isn't he being singled out? More than 500 e-mails poured into my inbox over the next few days. They were extremely negative or positive with no grey area at all, and they were literally split 50-50 down the middle. Then there were the death threats. "If I ever see you I will break your neck and see how you like it. Steve Moore was lucky and he lived. You won't be that lucky."

That was the first one and it kind of messed up my head for a day few days. Then, you realize that someone who sends an unsigned threat and then cancels their hotmail account is more likely to spend their time in their parents' basement reading Star Trek novels and looking for naked girls on the internet than they would be plotting an attack on you. We will still try to push buttons and trigger reactions from you, and I am surprised each week as we go through our letters that people are more concerned with skateboard parks, pesticides and gay marriage laws than they are about the Gomery Inquiry.

This goes back to my original point. We care more about Todd Bertuzzi's suspension than we do about the worst political scandal in Canadian history.

Jeff Morris is the publisher of the *Manotick Messenger*, a sister paper to the *Winchester Press*



1945

Fire gutted the Fulton block in Chesterville, destroying a beauty parlor and a hardware and grocery store. William Allen reported the fire at 6 am when he noticed smoke billowing out of the back storeroom. By 11 am the brick front wall of the building was all that was left standing, but firefighters were able to contain the blaze and save neighboring buildings. Owners Howard and Charles Fulton said their property was insured and that they intended to rebuild. In the meantime, their business would move to a space in the Hamilton block.

1955

After 26 years in office, George H. Challies announced that he would not be a candidate in the next provincial election. He revealed his decision to a crowd of over 300 who had gathered at Hallville High School for the Grenville-Dundas Progressive Conservative Association's annual meeting. During his career, Challies had held several cabinet portfolios, and became the first-ever vice-chairman of Ontario Hydro in 1943.

1965

Work was officially starting on the centennial project at Winchester's Community Park. Town crews began clearing fences from the area, and bulldozers were to begin levelling the back section of the park to make way for the Confederation Caravan. The caravan was a mobile exhibit of Canadian history from the ice age to modern politics that was touring the country and visiting villages in all areas of the nation before the 1967 Centennial Celebrations.

1975

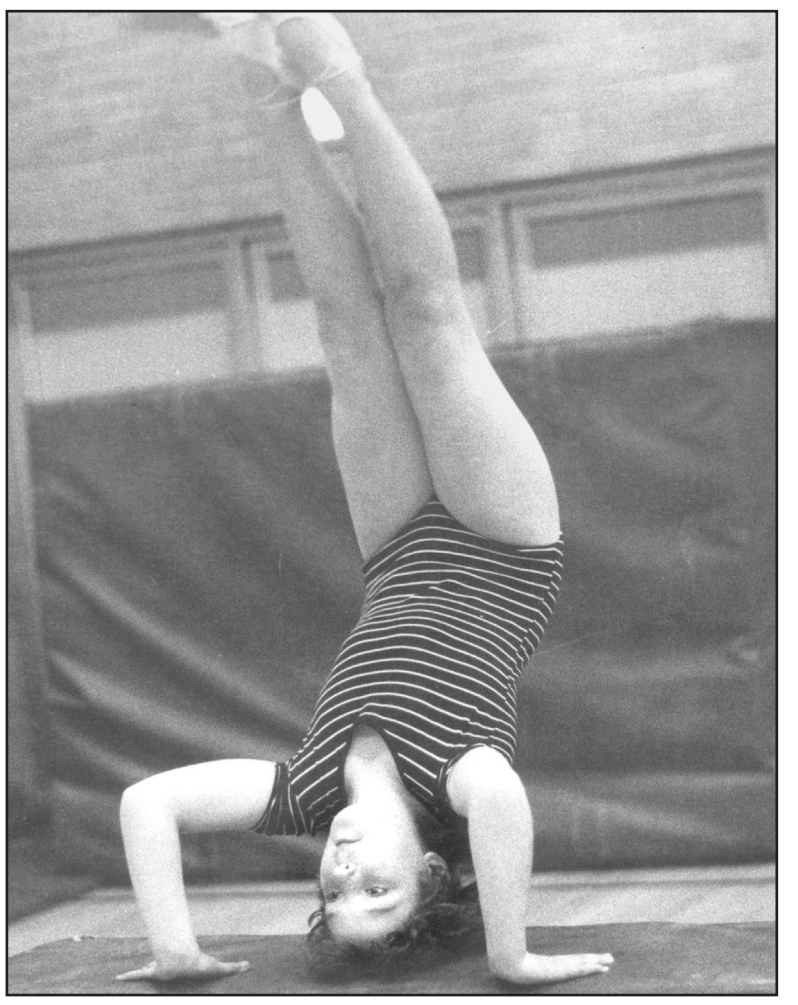
The Morrisburg midget hockey team had a record-breaking season, winning 75 out of 84 games. They ended the season by winning the Canterbury tournament, after capturing similar championships in Athens, Chesterville, Long Sault, Cardinal, Prescott, and Spencerville, among others. The team also took home the Upper St. Lawrence league and ODMHA championships.

1985

Minister of Housing Dennis Timbrell made a stop in Winchester to turn over the first sod on the site of the new 45-unit senior citizens complex. Timbrell promised funding for the additional units while meeting with MPP Noble Villeneuve. Local reeves and members of the Winchester Non-Profit Housing Corporation attended the ceremony and reception that followed at the Lions Hall.

1995

It was announced that Winchester would soon have an on-ramp to the information highway. Local computer business CCIS on St. Lawrence Street planned to offer a local telephone number for people to use to access the internet — "the world's largest computer network that links to more than 30 million people." CCIS was hoping to have 20 lines set up by the end of May and become the area's primary internet distributor. Mike Bergeron, manager of CCIS, estimated that users would pay $25 for the first five hours of internet use and 50 cents an hour for time used after that.



Pam Brooks of WPS tied for third place with a score of 8.6 in the cross box horse event during the 1985 Dundas County public school gymnastics meet.

Letters To The Editor

Give it a chance

The Editor;
Most individuals would agree that Canada today sits at yet another cross-roads in our development as a society. Prime Minister Paul Martin has differenced himself from the previous party leaders in that he alone called for and stands by the Gomery Inquiry into the sponsorship fiasco.

"Establishing the Gomery Commission has cost me and my party political support but... It is needed to defend and protect the integrity of our political process," he said.

This is not political rhetoric, for rhetoric at this point in time is not needed. What is needed is action. This action has shown no political gain as yet for the Prime Minister's government. Honest arts flow from honest principles, and this Prime Minister has acted on principle.

The Canadian people are not easily fooled. The inquiry has not shed one shred of evidence that ties to the Prime Minister. The rhetoric by the opposition that Canadians will know when they've had enough and will ask them to defeat the government is not really accurate. What might be closer to the reality is that by waiting until November the Gomery report will conclude that Prime Minister Martin is, and has been, unsoiled throughout this sorry part of our national history. What people will finally tune into is that this soiled baggage was that of a previous government, and Mr. Martin's Liberal team are new people with new ideas and new convictions. After the previous election, Mr. Martin started the process of chopping off the rotten branches from the party and rebuilding the fundamental changes needed to reflect present day Canada.

If an election is called before the Gomery report, what will be accomplished? Have not the Conservatives, the Bloc and the NDP promised Canadians to make this minority government work? What's to be gained nationally by calling an election now? Would we not be headed for yet another minority government, followed by leadership campaigns by the losing side, and increasing the possibility of another separatist vote in Quebec? This government will eventually fall, we all know that, but it should not be over calculations by the opposition as to their possibility of winning an election, but rather only after trying to make a minority government work and seeing if the programs put forth by a new Liberal government have worked.

Bill Upper
Lunenburg, Ont.

Thank you

The Editor;
We want to extend our sincere thanks to all the host families, the 700-800 people who attended the special service in the Christian Reformed Church on May 1, the veterans, and anyone who volunteered in any way, shape or form to help make the visit of the Christian Men's Choir from Hardenberg, The Netherlands, such a huge success. It went far beyond our expectations and we thank the Lord for such a wonderful time of celebrating the liberation in 1945.

The Organizing Committee
Williamsburg Christian Reformed Church

Dealing with the devil?

The Editor;
I postponed the pen and paper habit in order to see how things developed and reserved comment until today.

The Liberal Party under Mr. Chretien was rotten and the party under Mr. Martin is rotten. Rotten to its very heart along with its rotten leader. Yet look at the polls and see that Canadians are still in support of those very people who were robbing them blind. I cannot understand the trend in voter opinion until I look at Toronto and indeed, our immigration policy and its never proposed amendments. The Liberals are going to open the gates to family members from groups to the latest born. What an extremely sneaky way to bolster their support. Imagine 25-30,000 family members that will arrive here and vote Liberal in a year.

This government is composed of thieves and people who have trouble saying the truth when asked. They ruined their hopes of keeping Quebec in Confederation and have, due to their stupidity, set Canada on a course of self-destruction. How can anyone vote for this rotten lot and then look one another in the eye? Can Canadians not see right from wrong anymore? Where have our values and morals gone? Do they know what this government has done to our social and economic standing? Where have our guts gone? Are we still worried about being 'politically correct'?

Why should we worry about being 'politically correct' when the very party that coined the phrase doesn't give a rat's derriere about being 'politically correct'? They have lied for so long, that I really wonder if they know any better now.

I remember my school upbringing from day one till the bitter end. I recall Sunday School in the United Church and the church sermon after Sunday School lessons. It was hammered into our heads that we follow the Ten Commandments and live honest lives and become productive citizens and help our country. We knew the difference between right and wrong. So, I ask the readers of this paper "What happened? How in God's name can anyone even think to vote Liberal?"

Some say Harper is a bible-thumping Presbyterian. Well, what is wrong with someone having morals and scruples and who will govern Canada honestly and openly? Are we afraid of a Christian or would we sooner keep dealing with the dark side?

Canada, you have to take back your country and elect a government that has its morals in the proper place. A government with a bible-thumping protestant is better than lowering oneself into the corruption of the Liberal Party and effectively dealing with the devil!

J. Klaassen
Winchester, Ont.

Opposition fights back

The Editor;
I am sending you this update as I travel across the country this week (April 25) speaking with Canadians and listening to what they have to say.

On Wednesday (April 27), Prime Minister Paul Martin announced that he's willing to spend $4.6 billion of your tax dollars to keep himself in office for another 10 months. That's the price, in new spending, of Jack Layton's support to prop up the Liberal government.

I'm flabbergasted by the amount of taxpayers' money these guys are prepared to throw around to keep themselves in office.

There is no way I can support the Liberal government's NDP budget.

Even before Martin bought NDP support, I was deeply troubled by the explosive revelations of Liberal party corruption at levels never seen before in our country.

Martin received his mandate by holding an election before any of the facts of the sponsorship scandal were known. Last May, it was Martin's decision to shut down the public accounts committee. It was Martin's decision to call an election before a single witness had been heard by Justice Gomery. And it was Martin's decision to turn a blind eye to it all when he was Minister of Finance.

Do Canadians really believe that the number two man in a government now under a cloud of corruption, is the person to clean up that mess today?

I don't believe that. I don't think you believe that.

How can we continue — politically, ethically, or morally — to prop up a government that is under criminal investigation and accusation of criminal conspiracy and now, in a last-minute attempt to save itself, is willing to spend $4.6 billion of your money to stay in office for another 10 months. Enough is enough!

Let me be as clear as I can be with you today: our caucus will be meeting in Ottawa next week. As soon as we get back I will be asking our caucus to put this government out of its misery.

I want to be able to tell them that I have your support. I want to hear what you have to say.

In the coming weeks I look forward to sharing with you our plan for a great and prosperous Canada. I have a lot of exciting and positive ideas I can't wait to share. In the meantime, let's tell Paul Martin and the Liberals as loud as we can: "Corruption is not a Canadian Value!"

MP Stephen Harper
Leader of the Opposition

Response to prime time rhyme

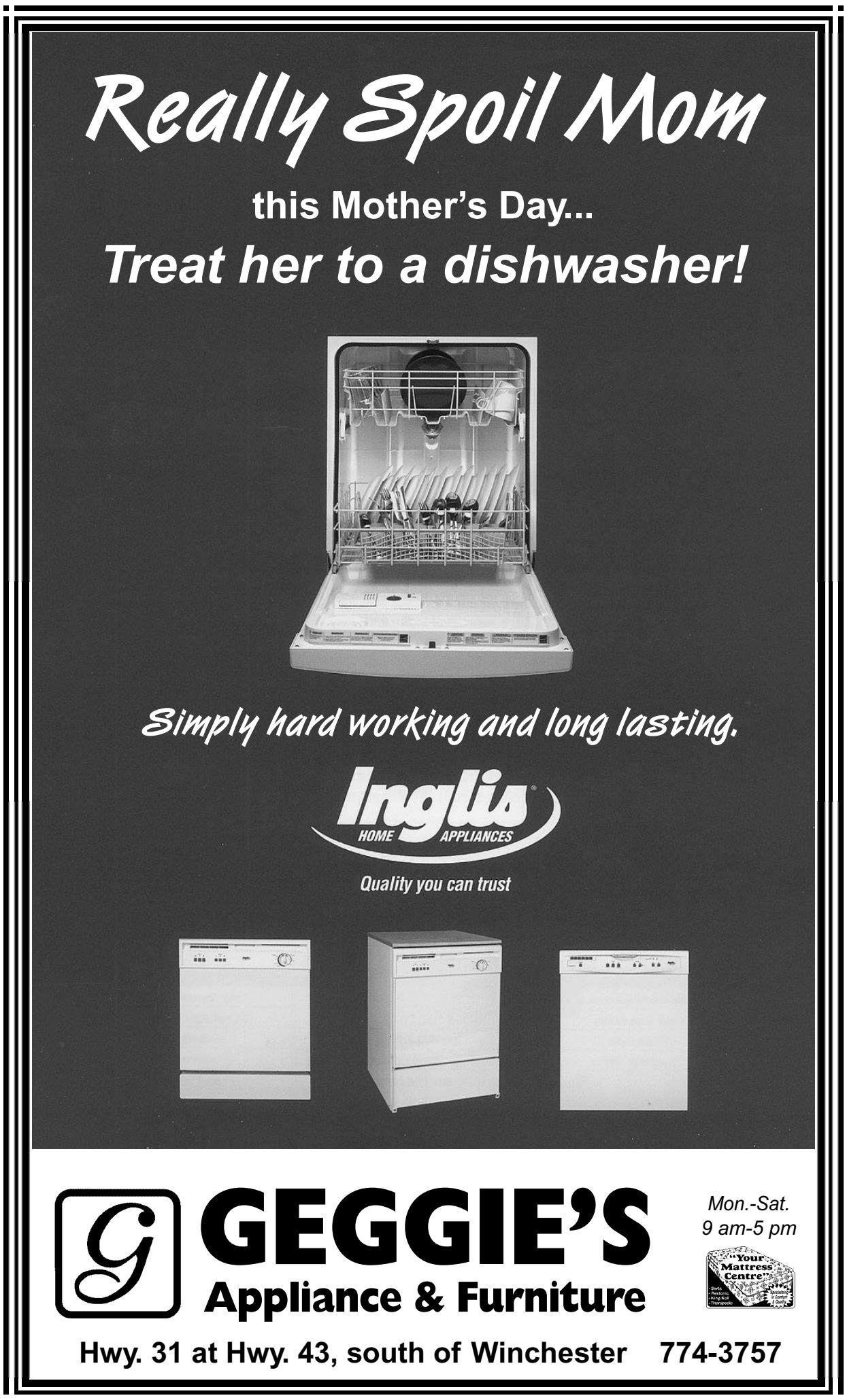
(In Dr. Seuss form, as requested)

Thus spake M. Chretien, freshly retired,
"I'll poke fun all I want, I can never be fired.
I'm proud of my legacy — I won three elections,
Don't they think that involves expensive connections?
Just let me explain — Finance was a maze,
It worked, just like Me, in mysterious ways.
Whatever the ethics, it kept their allegiance —
Well, Quebec and the central, if not western region.
I did it for Canada, to keep its entirety,
Should the "hid" in the "did" have caused an inquiry?
So what if I fibbed? — GST and the works,
Canadians love me — They know all my quirks.
They hated Mulroney, his pomp and his spending,
They forgave me for all if I just kept pretending:
'My first interest is Canada, from here to Shawanigan'
I fed them that line each time I did wrong again.
They know where my heart was — they found the directions,
'Twas inside their pockets buying voters' affections.
For us penitent Liberals, delay is a must,
Public trust is all lost, we're held in disgust.
But new Liberal strategy is much like the old,
'Forgive and forget, and do as you're told.'
The knock that I hear is the wolf at the door for us,
But I'm sure that we Liberals will son metamorphorphose
Become democratic with fair representation
Just give us a change — we can buy back the nation!
We'll start up new programs, add some new sponsorships,
To access these funds, just buy NDP memberships."











Anniversary tea

Irene Carr (left), and Helen Wright joined other seniors to celebrate the 20th anniversary of the Park Drive Villa in Williamsburg. *Photos – Barbour*



Administrator of Park Drive Villa, Barb Dalrymple (left) shared some humorous memories with Irene Lowry during the Villa's 20th anniversary celebration. Lowry's husband, Rev. Thomas Lowry, was instrumental in bringing the original plans for the seniors' residence in Williamsburg to fruition.

Shepherd Talk

by Rev. Thurland Brown

He believes in you!

WINCHESTER — At Winchester Wesleyan Church, children have been learning about what it means to love Jesus, to show their love for Him in the way they live, and they had been learning to tell others about what Jesus means to them.

One girl in Grade 5 decided that she would tell her principal. After all, who would possibly be more interested in this change in a student's life than a principal? Unfortunately, his less than excited response to this good news was, "I don't believe in Jesus."

Now before you decide to tar and feather some principal, please remember that the kids in our program come from at least ten different schools … so it may not be the principal you are thinking of — it's the other one. The student, a quick thinker, immediately replied to him, "Oh, that's OK — you don't have to believe in Jesus. He believes in you anyway."

Now that's an interesting thought, and coming from a nine-year-old girl, a most amazing grasp of theology. He believes in you anyway.

There have been many times in my life when at least for that moment, I didn't believe in Jesus. I have never forgotten the time when I was 12, and it was just too much bother to be good all the time. So I stood on the Brown Hill, on the side of the road toward home, and I told God in no uncertain terms that I didn't believe in Him anymore, and from now on I would live my life to prove that — thank you very much! Looking back, I can almost hear God chuckle as he said to himself, "That's OK son. I still believe in you."

How true it is. When I have failed, when I have been overwhelmed, when I let Him down, He still says, "I believe in you." The Scriptures spell it out so clearly.

John 3:16 reads, "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." Translation: I believe in you!

Romans 5:8 reads, "But God demonstrates his own love for us in this: While we were still sinners, Christ died for us." Translation: I believe in you! John 4:9 reads, "This is how God showed his love among us: He sent his one and only Son into the world that we might live through him." Translation: I believe in you!

Have you had moments when you want to turn your back on God? Are you going through one right now? He believes in you. Just ask that nine-year-old girl. See you in church on Sunday.

This column is provided courtesy of the North Dundas Ministerial Association





Giggling good time

Above: Diane Byers (left) and Chris Cross were having fun handing out flowers to hospital volunteers at the appreciation tea held at the Lions Hall, April 29.

At left: Bill Cinnamon, a hospital volunteer for the past three years, was the winner of the flower arrangement door prize at the WDMH Auxiliary volunteer appreciation tea.

Press Photos — Duncan

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Lindsay Lovenuk, a member of the Reel Thing Dance Club from Metcalfe, provided some of the entertainment during the Russell Trade Show.

Russell Arena packed for trade show

by Matthew Barbour

RUSSELL — More than 4,000 people visited the Russell Trade Show over the weekend, April 29 to May 1.

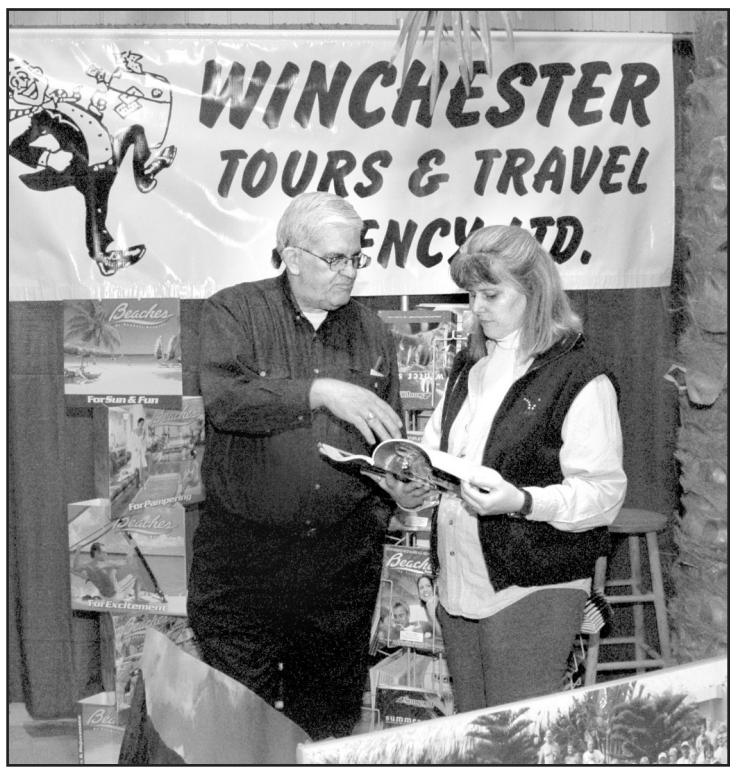
"We tried to have something for everyone this year," said Russell Chamber of Commerce vice-president Janice Forster. "We know it's difficult for little children to walk around with their parents and not see anything for kids."

In addition to a full house of 97 exhibitors in the Russell Arena, there were a number of shows and activities planned for children.

One of the most popular events took place at the cream pie-throwing booth, where prominent members of the community stood ready to take plates full of whipped cream in their faces.

The Russell Trade Show has been presented by the Chamber of commerce every second year for the past eight years.





Above: David Turley of Russell dropped in at the Winchester Tours and Travel booth during the Russell Trade Show to talk vacation options with the company's co-owner Shannon Vidal.
At left: Sandy McInnes, principal of the Russell Public School was taking cream pies in the face at the Russell Trade Show. A number of students from his school dropped in for the occasion and he could be heard calling them by name and egging them on, "Come on now, make sure you get your two dollars worth." Funds raised at the pie-throwing booth will go toward the Russell Township Sport and Youth Centre.
Photos — Barbour

Golden Years planning trips

by Roberta Giberson

WINCHESTER — The Golden Years Society held a meeting and potluck lunch at the Lions Hall on April 21. President Betty Cooke welcomed 75 members and two guests.

Birthdays and anniversaries were acknowledged. Jokes and readings were enjoyed. A minute of silence was observed for two members, Jean Ball and Ena Belway, who, sadly, passed away this past month. Each committee reported on its activities.

Orma Earl announced the new trips coming up for this year. If interested, you may get in touch with Earl at 774-2824 or Muriel Reoch at 774-2338.

Ray Robinson reported on the euchres being held on the second and fourth Tuesday of each month. New card players are welcome. Call Robinson at 774-2134.

Warren Jackson said grace before a potluck lunch was enjoyed. He also introduced the Horner Family from Shawville which provided entertainment. Members enjoyed gospel and old tunes as well as a sing-along.

The Golden Years Society welcomes anyone interested in joining the club. Get in touch with Roberta Giberson at 774-4273.

Seniors donate to community garden

by Huguette Shaver

MOUNTAIN — The latest meeting of the Mountain Seniors was opened by our president Muriel Milne, who told a wonderful banking story by a 96-year-old lady entitled, *What A Girl?* Our national anthem *O Canada* was sung and followed by reciting *The Lord's Prayer*.

There were approximately 30 members in attendance. The minutes were read by secretary Evelyn Francis and approved as read by the president. The monthly reports were presented: Mavis Graham presented the treasurer's report, Irene Crowder presented the kitchen report, Huguette Shaver presented the cards report and Ralph Rodger presented the hall report, informing members that the front entrance to the Community Centre will be remodeled. There will also be an additional handicapped washroom and a possiblity of new insulation this year.

Oscar Milne has been transferred from ICU to a regular ward at the Ottawa General and Hilda Kirby is back at home.

Nancy Rodger said grace and it was followed with a delicious potluck luncheon.

After the meal Joanne Rutley entertained the crowd with a few good stories. Huguette Shaver introduced the guest speaker, pastoral director for the House of Lazarus Pauline Pratt, who spoke of the background of the mission and upcoming acivities. Among them were the annual garage sale, the five kilometre walk, and the new community garden. Members then presented donations to Pauline Pratt.

A euchre on May 2 will raise funds for the annual hospital contributions and everyone is welcome. The next meeting of the Mountain Seniors is scheduled for May 25. Also, June is Seniors' Month. If anyone has ideas on how to celebrate, please bring your thinking caps along.

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School council seeks funding for window repairs at NDDHS

by David Agar

MAPLE RIDGE — The statistics are alarming. Twenty years ago, eight per cent of teenage boys were overweight, and now it's 25 per cent. What was five per cent for girls is now 15 per cent. Less than 40 per cent of students eat breakfast by Grade 10, and 50 per cent of Grade 10 girls are on a diet. Apart from diminished self-image and school performance, obesity is known to lead to high blood pressure, cardiac problems, and diabetes.

The response of the Eastern Ontario Health Unit, presented to NDDHS school council by Cathy Immacolato-Coppola, is the Eat Smart! program. A year ago, Chartwells School Dining Services and NDDHS were the first to receive Eat Smart! certification in eastern Ontario.

Next September, a much broader committee will be organized, including the principal, students, parents, teachers and a member from School Council. Consideration will be given to converting vending machines to milk and pure juices, eliminating fried food, and selling fast food at a higher price.

School nurse Suzanne Grisel passed on news of students in the Health in Perspective program who are trained to give sessions on body image and stress management. The Youth Tobacco Action Group is hosting a speaker on May 24. There will be a meningococcal vaccination clinic on May 3. This disease can cause a dangerous swelling of the lining of the brain in teenagers. No permission slips are necessary, but students should register in advance. For information call 774-2739.

The school council board seeks to be a leader in special education. Vice-principal Chris Boulay presented the findings of a review team led by Dr. Jean Hewitt and Gerry Clarke. In November, the researchers visited 25 schools, including NDDHS, looking for exemplary programs that could be shared. Their findings showed that the schools should have special education resource teachers and support staff.

The most important recommendation is that special education not run parallel to regular programs, but be integrated with them as much as possible. At NDDHS, 170 out of 717 students are in the special education category, but range from those who are very handicapped to some who are mildly dyslexic and need a little consideration at exam time.

Principal Brenda Ramsay attended the follow-up meeting to the Small Schools Summit on April 17. A summary entitled "Conduit for Change" was presented to the minister of education Gerard Kennedy. It dealt with the problems of smaller schools like NDDHS in offering a broad range of courses with the rigid "per student" funding formula.

The school board has released funds that would cover a grounds playscape consultant, and will match funds for some work. Vice-principal Nancy Chalut will head up the committee to talk to the physical education staff, and start a booklet on work done, especially involving past donations.

NDDHS was grateful for another successful volunteer fair, headed by vice-chair Sue Grove. Thirteen organizations set up booths, and the guidance department is keeping a list of organization and information for students.

A delegation, including chair Kim Smith, attended board budget consultations at Tagwi Secondary School on April 13, with a beat-up window screen as a prop. Repairs may yet be seen to windows and screens at NDDHS, but complete replacement would cost $500,000.

School council must again thank its chair and her employer, Clarica Life Insurance, for the gift of $750 to NDDHS. Clarica makes the donation to an employee that puts in more than 100 hours of volunteer time.

The next meeting of NDDHS school council is at 7 pm on May 24. Everyone is welcome.



Hannah McClenaghan (left), and Teal Gove soap down one of a continuous stream of vehicles that pulled in for a hand wash by Grade 8 students from Maple Ridge Senior Public School. The event took place on Saturday at Winchester Home Hardware. Proceeds from the car wash will go toward the students' end of year field trip. *Photo—Barbour*

Maple Ridge car wash generates $700 for trip

by Matthew Barbour

WINCHESTER — Grade 8 students from Maple Ridge Senior Public School raised over $500 on Sat., April 30 by hand washing what seemed to be an endless stream of vehicles.

The event was held at Winchester Home Hardware, which provided the car wash supplies including a pressure washer and a barbecue to cook hot dogs and hamburgers to sell.

The students received some assistance from their principal, Larry Poirier, who drove them around to put up posters advertising the event and helped set up things at the car wash.

Paul Stewart, head custodian at the school, collected scrap metal and traded it for cash, which he contributed to the car wash fund.

Money raised at the car wash will go toward a year-end field trip for the students.

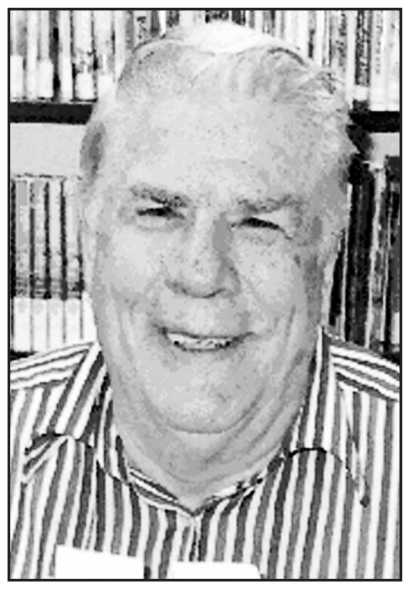
Morrisburg author visits South Mountain library

by Liz Earl

SOUTH MOUNTAIN — Local author Steve Thompson visited the South Mountain Library on Thurs., April 21, at the invitation of the Friends of the Library. He entertained with humorous readings from his books of short stories, *Picture This!* and *Doesn't That Hurt the Cow's Back?*

He relayed delightful tales of his large family growing up on a Dundas County farm. He also answered questions about the writing process, discussing his action-packed spy novel *Watchers, Moles and Assassins* and its sequel *The Chameleon's Revenge.*

His next book is eagerly anticipated by his new fans in South Mountain.



Steve Thompson

The next meeting of the Friends of the South Mountain Library will be held on Thurs., May 5, at 7 pm in the South Mountain Fire Hall. Everyone is welcome.

Janssen–Gebhardt



Cathy and Kevin would like to announce their engagement. Cathy is the daughter of Elsie Janssen of Chesterville and the late Theodor Janssen. Kevin is the son of Fred and Mary Gebhardt of Oxford Station. Wedding to take place on August 20, 2005, at St. Andrew's United Church, Hallville.

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Castor Valley school band to give concert at city hall

METCALFE — Carol Ann Stewart, the illustrious music teacher at Castor Valley Elementary School is bringing the school band to city hall on Wed., May 10. The band will play a short concert before heading into the council chambers to sing the national anthem prior to the city council meeting.

In & around Osgoode Ward 20
by Doug Thompson



DEPUTY MAYOR TIME

I am very pleased to be called on to perform duties as the deputy mayor of the City of Ottawa for May and June. During this time, I will be attending official functions that the mayor is unable to attend.

NEW LIBRARY HOURS

The Ottawa Public Library has decided to improve public service hours at many of its smaller locations. This is how it will impact the libraries in our communities. Effective May 2, Greely will be open one hour more per week, Metcalfe will be open five hours more, Osgoode will be open four hours more and Vernon will be open a half hour more.

HAZARDOUS WASTE

The Trail Waste Facility at 4475 Trail Road, off Moodie Drive south of Fallowfield Road will be host of a hazardous waste depot from 9 am to 4 pm on Sat., May 7. Some examples of household hazardous waste include turpentine, aerosol containers, fire extinguishers, pool chemicals, insecticides, stains, wood preservatives, barbecue starters, propane tanks, oven cleaners, disinfectants, herbicides, fungicides, furniture stripper, gasoline and window cleaner. For more information call 580-2400 or visit ottawa.ca.

WOMAN OF DISTINCTION

Our community is truly honored to hear that Cheryl Cooper has been nominated for the very prestigious Women of Distinction Award. This award is part of the YMCA-YWCA program to recognize women in our city who have dedicated themselves to leading by example in the professional world. Cheryl Cooper, born and raised in the Metcalfe area, coaches and plays most sports, and uses her musical talents in a variety of fundraising and local entertainment venues. Cheryl was drawn to the sports therapy profession and upon completing university, she returned to her roots to build her own physiotherapy clinic and serve her community in her professional life. Cheryl has been a role mode not only for women, but for us all and we wish her well, Thurs., May 5 at the Congress Centre awards gala.

SPRING CLEANING

Over 12 groups have by now or will be cleaning up litter along our streets, roads and highways. This pride in our community is not restricted to our young residents. Last Saturday, 10 members of the Greely Lions joined members of the Greely Boy Scouts to clean up both sides of Bank Street from Mitch Owens Road to Sale Barn Road. Over 18 large bags of garbage were collected by the Lions and Scouts. It is sad to think every year we have to clean up after those who pitch stuff out of their vehicles. Thanks to all who are giving of their time to clean up our community.

MARKET OPENS SATURDAY

The 12th Annual Metcalfe Farmers' Market opens this Sat., May 7 at 8 am and runs until noon. From May to October, this is a must place to visit every Saturday for freshly baked goods, locally produced crafts and much more. See you at the Metcalfe Fairgrounds this Saturday.

VOLUNTEERS RECOGNIZED

The City of Ottawa recognized the efforts of volunteers last Thursday night at City Hall. I was so pleased and honored to present certificates of appreciation to Jeff, Angela, Megan and Lydia Hayward of Greely, to Cecil Reaney of Metcalfe, and Linda Laframboise of Osgoode. As well, Ken and Betty Kingsbury received the Rural/Agricultural Award for their many years of service to our community. Congratulations to these recipients and so many other volunteers who make Osgoode Ward such a great place.

GARDEN WORKSHOP

This beginner level workshop will take place on Tues., May 3 from 7 to 9 pm, at the Metcalfe Town Hall, 8243 Victoria St. No registration required for the workshop to be led by Master Gardener Lindley McPhail. For more information, call 236-9300, extension 301. For other workshop locations and dates please visit www.spcottawa.on.ca/ofsc

SPRING FLING

Old-time fiddle music at South Gloucester United Church, 2536 Rideau Road at Albion Road, 822-6433 on Wed., May 4, beginning at 7:30 pm. This musical evening of entertainment, fun and fellowship will feature the Rambling Fiddlers. All are welcome. Free will offerings accepted.

GREELY GARDENERS

The Greely Gardeners' monthly meeting will take place on Wed., May 4, at 7:15 pm, at the Greely Community Centre with guest speaker Suzanne Patry. The topic of discussion will be ornamental grasses in your garden. For more information, call 821-1847. Everyone is welcome.

50+ HEALTH FAIR

Manotick United Church at 5567 Main St., is hosting a health fair on Sat., May 7, from 8:30 am to 3:30 pm. This program is free. Presentations and booths on a variety of health topics of importance to adults aged 50 and older. Giant Metcalfe.

GARAGE SALE

Holy Trinity Anglican Church, 8140 Victoria St., Metcalfe will host a giant garage sale on Fri., May 6, from 7 to 9 pm and Sat., May 7 from 8 am to noon benefiting the Metcalfe Co-operative Nursery School. Gently used toys, clothes, equipment and household goods will be available. For further information or to sell goods call Melanie at 821-7868, Christine at 821-0231, or Wendy at 821-2076. All funds raised are split 50/50 between vendor and nursery school. Donations are welcome!

EDWARDS WATCH SPRING POTLUCK AND AGM

Patterson's Berry Farm at 8777 Cooper Hill Road will host the meeting, Monday, May 9. Dinner starts at 6:30 pm and the meeting starts at 7:30. Co-ordinators are asking that members whose surnames begin with A to J, bring a main course; K to R, bring a salad; S to Z, bring a dessert. For more information, call Elizabeth at 821-1700 or Al at 821-0873.

WINTER WALK FINALE

The party will take place at the Swan on the Rideau at 2730 River Rd. On Wed., May 11, 6:30 to 9 pm. This is an opportunity for Winter Walk participants to get together to celebrate their accomplishments with friends and family. There will be door prizes as well. The only cost is the cost of your own meal and beverages. RSVP with the public health nurse so that reservations can be made at the restaurant.

QUOTABLE

Better to understand a little than to misunderstand a lot.

For more events visit "Notes from Doug" at www.dougthompson.ca.



Jim Beveridge (left), and chairman of the home show Lion Dwayne Acres present Terry Sullivan with his stainless steel barbecue at the annual Osgoode Home and Trade Show, April 23. Beveridge's IGA donated the prize worth more than $700.

Trade show boasts over a dozen new exhibitors

OSGOODE — A total of 54 exhibitors displayed their businesses or organizations at the recent Osgoode Trade and Home Show held at the Osgoode Community Centre on April 22 and 23. More than a dozen new exhibitors joined many repeat participants at this year's show. Best booth award was given to Student Paint Works.

A first attempt at incorporating a craft fair in the show resulted in only four participants, however these crafters seemed quite pleased. A petting zoo and kiddy rides were an attraction for youngsters, but heavy rains on Saturday washed out much of the activity. Lunch on Saturday was prepared by the West Osgoode Care Centre Auxiliary.

More than 60 door prizes donated by area merchants and exhibitors were awarded.

During the show, a total of 318 entries in the children's coloring competition were displayed and awarded ribbons. Winners were, first Jocelyn Taylor, second Eric Silvo and third Kayla Wigney in the four and five -year old category; first Ashley Lantos, second Haylee Bolton Hoar and third Sydney Robinson in the six and seven-year-old category; first Wayne Dumelie, second Kevin Deavy and third Julia Buchan in the eight and nine-year-old category; and first Allison Shaver, second Erika Johnson and third Lauren Wilson in the 10 and up category.

The coloring competition convener was Dianne Berezowski.

Osgoode Township Male Choir to perform fundraising concert

METCALFE — You are invited to attend a fundraising event that Osgoode Ward councillor Doug Thompson is organizing in support of the Osgoode Township Male Choir on Sat., June 11 at 7:30 pm at the Greely Community Centre, 1448 Meadow Drive.

The Osgoode Township Male Choir has been performing throughout the Ottawa area and supporting a wide variety of local charities over the past 25 years. On behalf of all Osgoode Ward residents, Thompson has asked the singing group to perform the concert, "Our Way," as a "fundraising thank you" for the choir's dedication to the community. The director is Cia J. Savage and the accompanist is Julia Mills.

Adult tickets cost $15 while children 12 and under are free.

For advanced tickets and information, call Doug Thompson at 580-2490. Tickets also available at the door.

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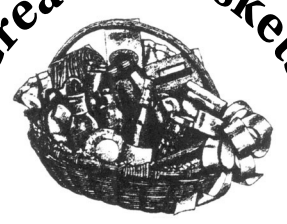

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Meeting solidifies landowners

FINCH — Over 300 landowners flocked to Finch for the second meeting of the Dundas Stormont Landowners Association, April 28.

"It was an open meeting," said organizer John Stoodley, who explained that the association has yet to elect an executive.

Speakers included MP Guy Lauzon, South Stormont resident Tammy Hart, among other landowners who voiced their concerns.

Lauzon relayed the Conservative party's platform to those present and explained that he agrees with the property rights movement and that those rights should be enshrined in the Constitution.

Speaker Jeff Banks told of how he was upset with regulation put forward by the Ministry of Natural Resources and the Department of Fisheries and Oceans that limited the use of his land.

Municipalities and townships across the province are currently updating zoning bylaws and maps, and milk producers are faced with trouble concerning tariffs and products coming in from the States.

"That can really hurt the milk producers," said Stoodley, explaining that some products can be bought much cheaper than Canadian products.

Stoodley was pleased with the turnout at the Thursday night meeting.

"We had a very good crowd again," said Stoodley. "I would safely say that we had between 300 and 350 people there. We sold about 50 more memberships."

Stoodley said that people used to think that there were simply isolated incidents, whereas now they are realizing just how many people are affected by unfair practises and government legislation.

"People are probably kind of surprised as to what's going on," said Stoodley. "It opens your eyes."

DSLA meetings, which are hoped to be held on a monthly basis, will move around to different locations in Dundas and Stormont. The next meeting may be held at Matilda Hall in Dixon's Corners, but a date has yet to be set.

"We'd like to try and get different speakers and keep things interesting," said Stoodley. "If people have problems they'd like to address themselves, we'll encourage them to do so."



Irish eyes

The Wild Rovers, or Dr. Gabe Slowey (left), Peter Thibodeau and Bernie Harper entertained the crowd at the WDMH Auxiliary volunteer appreciation tea, April 29. *Press Photo — Duncan*

Kemptville College Foundation reappoints experienced executive

KEMPTVILLE — Experienced hands are returning to guide the Kemptville College Foundation through a new year of activities designed to financially support eastern Ontario's only English-language agricultural education facility.

Colin Carson was reappointed as president on April 19 along with Graham Hudson as vice-president, Kathy Hardy as treasurer and secretary Sue Watson.

"The board felt it had a solid team in place which was working well together and decided to endorse it for another year," Carson said.

To date, KCF (Kemptville College Foundation) has raised and donated a total of $35,000 to Kemptville College, most recently presenting a cheque for $10,000 to college director Bill Curnoe to be applied directly to the Food, Nutrition and Risk Management program.

Meanwhile, a total of $11,500 has been given to deserving students through the KCF scholarship fund.

Annual fundraisers include the Harvest Fest dinner, dance and auction to be held Sept. 24, and a pancake breakfast offered during the College Royal in March. This year's breakfast and other Royal activites raised $1,200.

Carson and the executive team are among the KCF board members elected at the recent annual meeting. The complete roster includes: Terry Butler, Don Cameron, Ian Carley, Colin Carson, Blair Dow, John Fraser, Kathy Hardy, Graham Hudson, John Joynt, Paul Jansen, Eric Mikkleborg, Gib Patterson, Kay Paul, John Templeton, Tom Van Dusen and Sue Watson.

"We have a solid slate of 16 directors, most of them with considerable experience on the board," added Carson.

4-H update

Dundas east dairy club holds first meeting

by Melissa Brown

DUNDAS — The first meeting of the Dundas East Dairy Club was held on April 18 at the farm of Brian, Audrey, and Matthew Enright.

Members began by introducing themselves and mingling with old friends. Leader Peter Guy, along with leaders Matthew Enright, Robert Velthuis and Melissa Brown, welcomed everyone to a new 4-H year and explained the club.

New members brushed up on clipping and showmanship skills, while returning members taught others about the 4-H program and how to show a dairy calf.

The meeting concluded at 9 pm with refreshments and a thank-you to the host family.

New members are always welcome and encouraged to come out and try the 4-H experience. The next neeting will take place on Mon., May 23 at 7:30 pm at the Winiger Farm, 13651 Connought Rd.

Carleton horse club studies musical ride

by Olivia Groniger

CARLSBAD SPRINGS — The first meeting of the Carleton 4-H horse club was held on April 25, at Happy Trails in Carlsbad Springs, owned by Art Mackey, who is kind enough to let the six members have all the meetings on his farm. The leaders of this club are Cathy McKeough and Diane Groniger.

The meeting started at 6:30 pm with Mackey speaking about how to work safely around and with the horses. Ken Kiap, a former trainer with the RCMP musical ride, with 32 years experience, was also at the meeting. He showed a film of the musical ride and the time and effort that went into it. Kiap later showed some grooming tools, what they are used for, and how to use them.

During the last part of the meeting, each member picked out a horse that Mackey had tied in the stalls for us. Members will be working with that horse for the remaining six weeks the club plans to meet.

Scott Groniger was elected president, Sarah Newman as vice-president, and Olivia Groniger as secretary and press reporter.

The next meeting will be held at Happy Trails on Mon., May 2.

Healthy Eating Club taste-tests recipes

by Crystal Lillico

SOUTH MOUNTAIN — The first meeting of the Healthy Eating 'Round the Clock cooking club was held at Nationview Public School on April 14. There were 11 members present.

The club's leaders are Carolyn Lillico and Stacey Weagant. They explained what members would accomplish by completing the club and then the group completed a quiz on healthy eating.

The executive was selected and is as follows. President is Laurena Matthies; vice is Josie Vanderlaan; secretary is Teresa Palmer; treasurer is Jessica Matthies; and press reporter is Crystal Lillico.

The group headed to the kitchen to start cooking. The focus was breakfast. Members divided into three groups and made fruit smoothies, French toast, and oatmeal pancakes. Everyone liked the food and the meeting was adjourned.

The second meeting was held on April 20 at the Palmer residence. Laurena opened the meeting with the 4-H pledge, roll call and business. The meeting was to focus on healthy lunches. Members divided into five groups and made Orient express chicken, quick and easy fish chowder, birdseed bars, pizza loaf, and couscous and chickpea salad. Members then taste-tested everything and decided if they were recipes they would make again. Lots of fun was had and the next meeting was scheduled for April 28.

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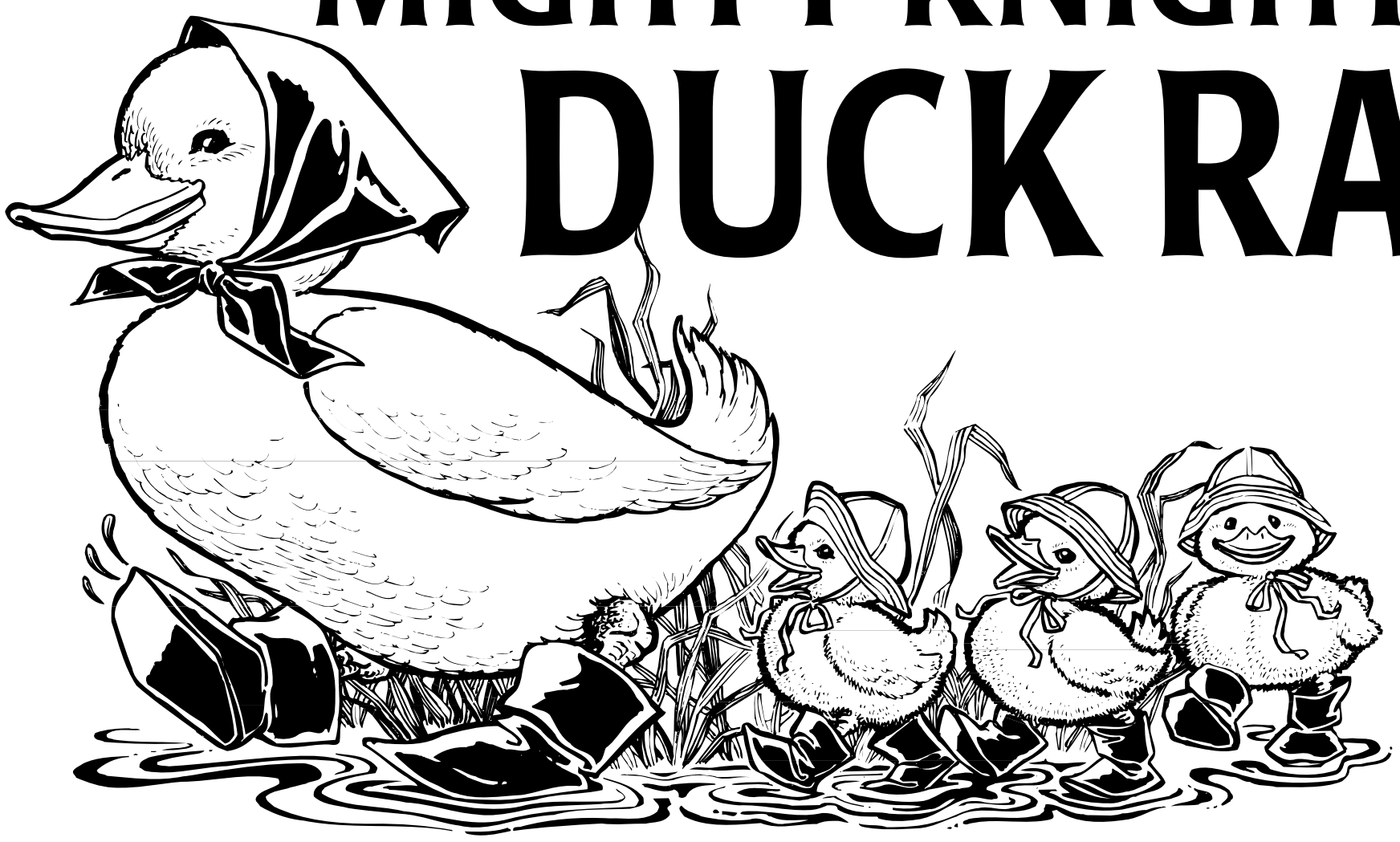

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Impressive start

Five different Devils crossed the goal line as North Dundas District High School launched the 2005 girls high school rugby season with an impressive 25-0 decision over the visiting CCVS Golden Raiders. Tianne Groeneveld and Erika Vandekemp counted tries as the Devils took a 10-0 lead in the first half of the April 26 match. Sam Faith, Ashlin Faith and Emily Vingerhoeds scored in that order as North Dundas continued to dominate in the second half. The Devils are in Vankleek Hill and Rockland for games this week. *Press Photos — Van Bridger*



Heggison hot as Devils post 9-1 victory



Head defender

Sweeper Kyle Pelkey headed the ball toward the sidelines and away from a Tagwi attacker during an SD&G "AA" senior boys high school soccer match on April 27. A late goal by Grant Hillis gave the host Devils a 1-1 draw with the Warriors.
Press Photo — Van Bridger

MAPLE RIDGE — Devin Heggison's three-goal effort highlighted a productive afternoon for the North Dundas District High School Senior Devils who collected four of a possible six points battling the Tagwi Warriors to a 1-1 draw and blasting Holy Trinity 9-1.

North Dundas also collected three points in junior division action the same day (April 27) as the little Devils blanked Holy Trinity 3-nil. The Devils dropped a 3-1 verdict to Tagwi earlier in the day and hold a 1-1-0 record heading into week two of the SD&G "AA" season.

North Dundas also launched it's 2005 SD&G "AA" girls soccer schedule last week playing in a mini tournament at Tagwi on April 26.

Kevin Bell's Senior Devils earned a point in a scoreless tie against Tagwi and suffered a 3-nil setback against the perennial powerhouse Glengarry Gaels. Alyson Orwell potted a pair of goals for the winners.

"It was our typical game against Glengarry. They put on a clinic and pretty much dominated the game. They're sure a nice team to watch," noted Bell.

Bell's assistant Mike Deighton reported the girls were very tentative in their match against Tagwi and didn't generate much in the way of scoring chances.

Andrea Jose booted in the game-winning shot as the Junior Devils whitewashed Tagwi 1-nil. Paced by Riley Filion's two-goal effort Glengarry ran to a 3-nil win over Dundas in the other game.

North Dundas played its first home games yesterday (Tues., May 3) as Seaway, St. Lawrence, CCVS and L'Heritage all visited Maple Ridge. Next week (Tues., May 10) the Devils are in Iroquois to take on the Spartans at Seaway.

BOYS ACTION

A last-minute goal by Grant Hillis enabled the Senior Devils to salvage a 1-1 draw with Tagwi in North Dundas' home opener on April 27.

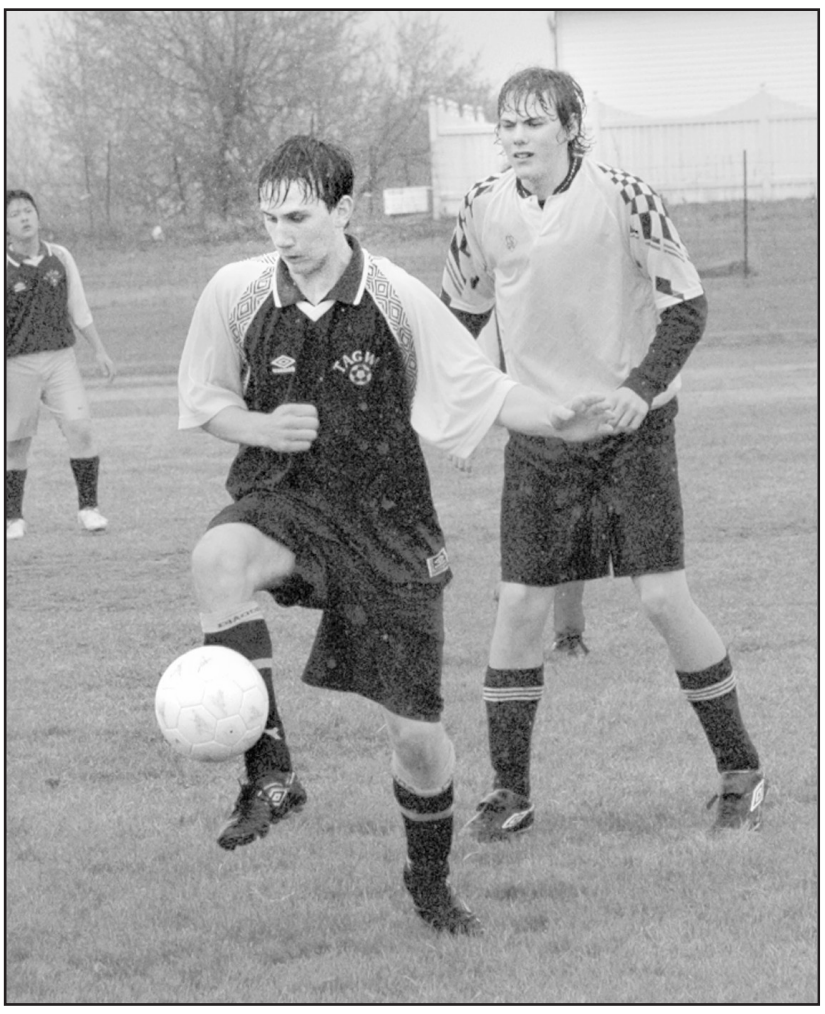
The match was scoreless at the half after the Devils had dominated the opening session but failed to find the back of the Warrior's net. North Dundas keeper Jeremy Lemieux kept his team in contention making a key save on a penalty kick after the Warriors had taken a 1-0 lead early in the second half.

It looked as if the Devils may suffer a one-goal setback as time ticked down into the final minute. That's when Grant Hillis carried the ball back up the right side and lobbed a 20-yard shot at the Tagwi net. His shot took a twist as it approached the keeper and found the mesh and tied it up 1-1.

Coach Kevin Bell was relieved to get the point noting, "We had a good start, and a strong finish but not much in between."

Paced by Heggison's three-goal performance the seniors took advantage of a newly formed Holy Trinity squad and romped to a 9-1 victory later that afternoon. Heggison (3), Jason Catellier, Mike Champagne, Chad Kennedy, Josh Pepin, Matt Holmes and Kyle Pelkey all netted goals as their team improved its record to 1-0-1.

• see SOCCER DEVILS on next page



Two for Juthman

The North Dundas Junior Devils fell 3-1 to Tagwi but bounced back with a 3-0 win over Holy Trinity as they opened their 2005 SD&G "AA" high school soccer season on April 27. Phil Juthman (white jersey) counted two goals in the 3-nil victory. Colton Walsh supplied the single. *Press Photo — Van Bridger*



Hat trick

Devin Heggison (dark jersey) booted in three goals leading the North Dundas Senior Devils to an 9-1 SD&G "AA" boys high school soccer victory over Holy Trinity on April 27. The victory improved North Dundas' record to 1-0-1.
Press Photo — Van Bridger

Bailey Lewis joins elite track team in South Carolina



Bailey Lewis

MAPLE RIDGE — Within the next few weeks Bailey Lewis will complete her career as a member of the North Dundas District High School Devils track team.

In five years of high school competition the 19-year-old senior has distinguished herself winning at the SD&G, EOSSAA and OFSAA levels. When she was 17, the Inkerman resident was a member of the Canada junior 4x400-metre team which won a bronze medal at the PanAm games in Barbados. In the summer of 2004 she claimed two silver medals at the Canadian Junior Track Championships in Saskatoon. In Royal Canadian Legion competition she has collected two gold and a pair of silver medals.

Monday (May 9) she will lead the North Dundas Devils in her final SD&G Track and Field championships in Cornwall. Once OFSAA 2005 has been put in the books Lewis will attend the National Juniors in Montreal, National Seniors (first time) in Winnipeg and the PanAm tryouts in Windsor.

But there will be no time for the 400-metre specialist to wind down and reflect on her high school accomplishments because in mid-August she will head south to begin a new chapter in her life and her athletics.

Bailey Lewis will report to head coach Curtis Frey at the University of South Carolina and begin a transition from high school track leader to freshman on the legendary USC Gamecocks ladies track team.

At the conclusion of last year's outdoor season Lewis was ticking off 400-metres in 54.33 seconds and cleared 10 hurdles over the same distance in 60.10 seconds. Those are her events, her specialties.

Coincidentally those disciplines are what her new team, the Gamecocks, excels at.

TRACK DOMINATION

Over the past weekend (April 28-30), the USC ladies track team dominated the 11th running of the Penn Relays in Philadelphia, PA. In five relays the Gamecocks claimed four titles, recording some of the top times in the meet's long history. They won the 4x100-metre, 4x100-metre shuttle hurdle relay, 4x200-metre and the 4X400-metre relay. Throw in a first place finish by Junior All-American Tiffany Ross-Williams who raced to victory in the 400-metre hurdles in the second-best ever meet time of 55.70 seconds (she also was second in the 100-metre hurdles in 13.07 seconds) and it is obvious what level of standards Lewis will have to meet.

If those results haven't impressed perhaps these facts about the Gamecocks and their fellow schools from the Southeastern Conference will: the Louisiana State University Tigers finished 2004 second in the NCAA Outdoor National Championships. Six other SEC schools finished in the top ten including South Carolina which tied for seventh with University of Georgia Bulldogs and the Tennessee Volunteers. The University of Florida Gators (fifth) and Arkansas Razorbacks (10th) rounded out the top 10.

During the 2003-04 indoor season, six SEC schools finished in the top 10 at the NCAA championships. Once again LSU led the way while USC placed 10th.

Lewis was recruited by 10 American universities and visited the campuses at Washington State, University of Kentucky, Texas at San Antonio and South Carolina.

She eventually signed a 75 per cent athletic scholarship to the University of South Carolina in Columbia, SC on April 22. In four years she will graduate as a physical education teacher.

• see BAILEY LEWIS on next page

Rebels snag silver at national broomball championships



The Eastern Ontario Rebels captured their first Canadian Elite Women's Broomball medal, the silver, in Prince George, B.C. earlier this month. The silver-medal winners are: Front (left) - Lisa Labelle, Joanne Smith, Wendy Jacques, Jackie Yelle, Christine Fortney, Stephanie Forgues; Middle (left) - Gilles Labelle - coach, Eloise Lafleche, Roxanne Yelle, Deuna Ferguson, Cynthia Wever, Sheena Flanagan, Sylvia Lavictoire, Amanda Bilmer, Christena Yelle - coach; Back (left) - Suzanne Hayes, Jackie Hoogeveen, Elaine Duke, Gerry Wever - ass't coach.

PRINCE GEORGE, BC — In her fourth year of coaching elite women's broomball, Crysler's Christena Yelle has been named Canadian coach of the year.

Her team, the Eastern Ontario Rebels, captured their first-ever national medal, winning silver at the Canadian Women's Broomball Championships (April 6 - 9) in Prince George, British Columbia.

The Rebels, made up mostly of Seaway Valley Devils alumni, lost to their perennial nemesis, the Longueuil, Quebec Huskies 2-0 in the gold-medal game after going undefeated throughout the preliminary and semifinal rounds.

The Devils improved on their 2004 national showing, a sixth-place finish. The team did, however, end the season as the number-two ranked team in Canada. Unfortunately, they will not receive an automatic invitation to next year's Canadian tournament after having lost their provincial title to Lanark County's McMillan Sand and Gravel at the Ontario Championships in Carleton Place in early March.

Yelle, who guided the Juvenile Devils to their first national title, says she will be surprised if the Rebels aren't invited to the 2006 nationals and already has fundraising plans for next year's trip in place.

Although they were blanked in the gold-medal game - giving up a short-handed goal and one on a powerplay - the Rebels did manage to beat the Huskies earlier in the tournament, their first-ever win over the Quebec squad.

The Rebels finished first in their pool, humbling Castlegar 5-0 in their first game. Jackie Yelle paced the Rebels with three goals in her MVP performance. Lisa Labelle added a goal and two assists while Roxanne Yelle snapped in the single.

In game two the Rebels edged the Huskies 2-1 in overtime when Cynthia Wever slapped home the sudden-death winner after taking a pass from Jackie Yelle and Christine Fortney. Wever, 16, is a member of the Juvenile Devils, who the week before won the national championship in Edmonton. She had just enough time to make it home from Alberta, pack another bag and leave for B.C. with her father, Gerry, who helped coach the Devils and did bench duties for the Rebels in Prince George. Yelle said Wever was probably the youngest player in the national tournament.

Jackie Yelle got the other eastern Ontario goal in their win over the Huskies. Amanda Bilmer had the assist and Eloise Lafleche picked up game MVP honors.

Labelle got the only goal in a 1-0 win over the Calgary Bullets in game three. Wendy Jacques and Susanne Hayes (game MVP) had the assists.

Fortney cracked in the winner in the Rebels' second overtime win of the tournament, a 3-2 semi-final victory over Quebec's Quest. Quest were the 2004 gold-medal winners and ended up with the bronze this year.

Fortney tallied the Rebels' first goal, sandwiched around Lafleche's goal that forced OT. Duena Ferguson, Roxanne Yelle, Stephanie Forgues and Labelle had assists.

Coach Yelle wasn't the only Rebel to win national honors in Prince George. Defenceman Suzanne Hayes, picked up from McMillan Sand and Gravel for the trip, was named a first team all-star and left winger Eloise Lafleche was selected to the second team.

Bailey Lewis

• continued from previous page

"When I was there everything just felt right. I said this is where I want to be," she said.

As a freshman, Lewis will be the little girl from Canada, on a very talented and experience team. She knows her five-day a week training regime will intensify when she gets to South Carolina.

She has always considered the 400-metres as the most difficult distance to conquer and the hurdles one of the greatest challenge on the track, so why not train with the best?

"I'm running really well right now and my time (400 metres) would be the fourth best on the team (Gamecocks). So I'm close," said Lewis.

Bailey's mother and mentor, Julie Green, said coach Frey at USC never recruits athletes. There is no need to because the best come to him. "If we hadn't contacted USC they wouldn't have known about Bailey Lewis. They expect you to go to the next level and score nationally. The quality of the program and athletes at USC is phenomenal."

Green explained that all of the other schools presented full scholarships, but the 75 per cent offer by USC and top quality training in Bailey's strengths sealed the deal.

"The level of competition Bailey will be dealing with is over her head but the coach knows what she has done and is confident her times are a good indication of what is to come as she gets older and stronger," noted Green.

"Besides the school is just a 13-hour away. That's not too far me to drive. If I have to," added an anxious mother.

Lewis also reported she was officially carded as a nationally-ranked athlete in January and now is financially supported by the Canadian government.

"I was one of five junior athletes in Canada to be carded. So, that money will really help pay for school," explained Lewis.

When she finished high school at NDDHS Green, then Julie Holmes, left Winchester to go to the University of Texas at Austin on a full athletic scholarship. So she is thrilled to see her daughter follow a similar path.

"It is wonderful, fantastic because the Americans have wonderful way of treating you. There is so much money. So, as an athlete you have the best of everything. Athletes are highly respected and the programs are of such high quality. Really, Bailey will now be rewarded for those five years of sacrifice and training. She is about to feel it was all worthwhile," said Green.

While she didn't consider extending her track career once she had graduated from Texas, Green explains her daughter would like to compete in an Olympic games.

"I never focused on further competition in Canada, but I know Bailey has an Olympic dream. Taking her age into consideration perhaps the 2012 games would be the right fit," she added.

Bailey Lewis joins Murray Link, Lauren Clobridge and Rhonda Sherrer as NDDHS graduates and members of the Ottawa Lions who attended American universities on athletic scholarships.

"My coaching had little to do with their successes. Recommending them to the Ottawa Lions where they could get quality coaching is my contribution. But I sure am proud of them all," said Green.



Bailey Lewis

Soccer Devils

• continued from previous page

JUNIOR DEVILS

In spite of holding a territorial edge on Tagwi the Junior Devils dropped their season opener 3-1.

Brayden McNeil prevented his team from being shutout cracking in a late goal.

"We dominated the game early and then a bad break allowed Tagwi to score. After that we lost some momentum," said coach Ian Wilson. "Tagwi is a good team but they are an "A" school and that loss won't affect us in the "AA" standings."

Phil Juthman kicked in two and Colton Walks pumped in the single as the Devils blanked Holy Trinity 3-nil in their second match. Trevor Ashby registered the shutout.

"We work a different offensive scheme and Holy Trinity didn't get out of their zone until nearly half time," said Wilson. "I told the boys that one bad break like the one that led to Tagwi's first goal could turn the game around so it was important to finish of their plays. Which they did."

This week the Devils were at Char-Lan to play the Crusaders and the Glengarry Gaels. Today (Wed., May 4) they move on to Cornwall to take on "AA" opponents La Citadelle and St. Joe's.

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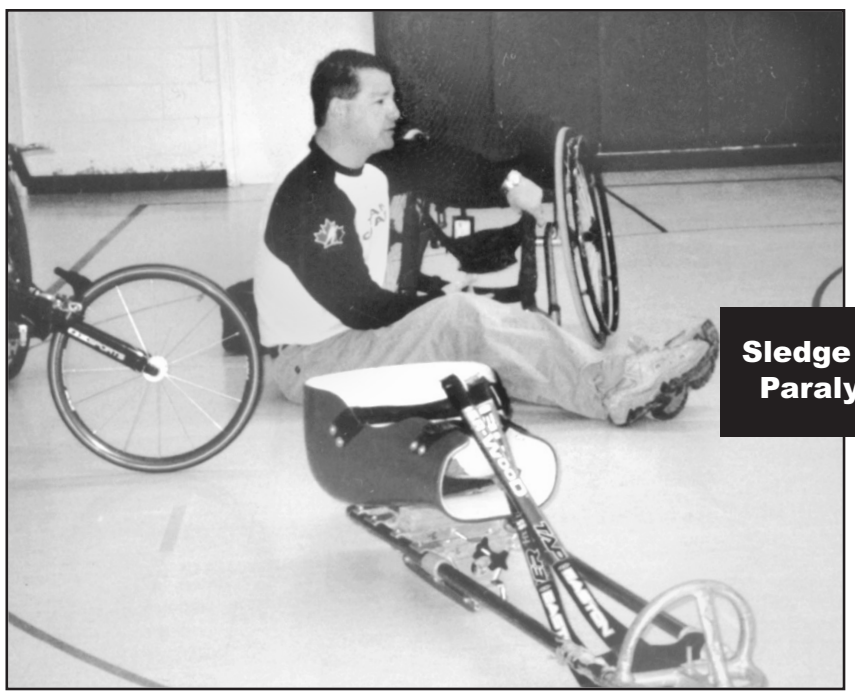
Captain Todd Nicholson visits Inkerman Public



Sledge hockey Paralympian

Special equipment

Todd Nicholson, who suffered a broken back in a car accident, displayed the special equipment he uses to take part in international sledge hockey, bike racing, triathlon, golf, tennis, basketball and baseball competitons. *Courtesy Photos*

INKERMAN — Students at Inkerman Public School were paid a visit by an international sports celebrity. Todd Nicholson, captain of Canada's National Ice Sledge Hockey team, spoke at the Student of the Month assembly to help kick off the April Virtue of Perseverance.

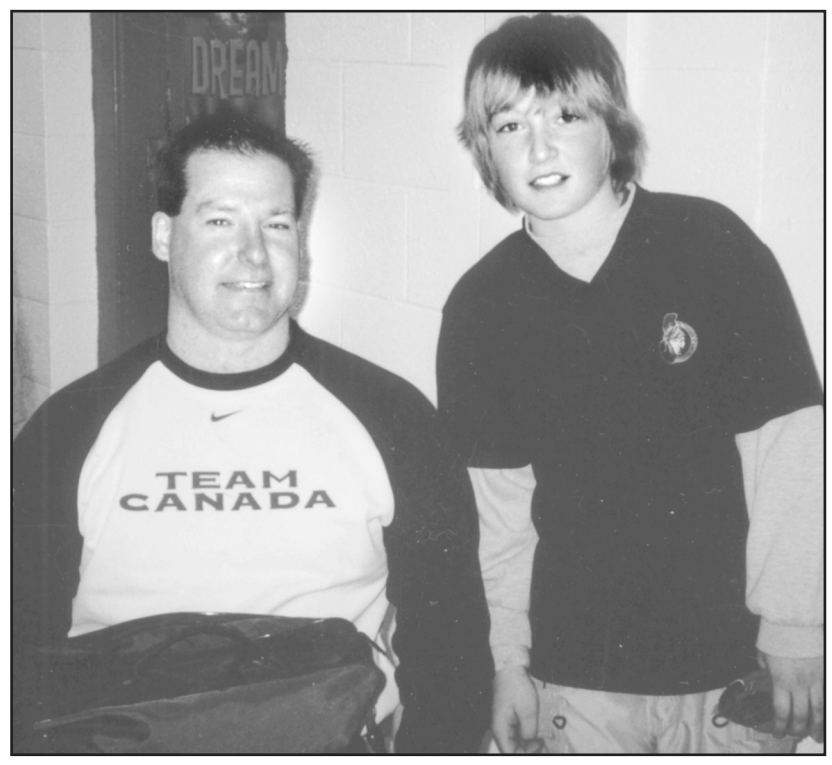
His 40-minute address was accompanied by a 20-minute question and answer session and a tour of the school. A native of Arnprior, Nicholson delivered a number of important messages to the students including: Never give up on what your dreams are; Don't be afraid to try; Ask for and accept help.

Students also had the opportunity to hold the athlete's bronze medal from the VI Paralympic Winter Games in Lillehammer (1994) and the silver medal received at the 1998 games in Nagano. Nicholson and Team Canada also placed fourth at the 2002 games in Salt Lake City, Utah and will represent Canada in the 2005 Paralympics in Turino, Italy. Most recently, he took part in the World Cup in Denver, Colorado.

He also displayed his sledge, racing chair, bike and Team Canada jersey.

Nicholson explained that a sledge hockey team is made up of 15 players, three forward lines, two defence pairings and two goalies. Players range in age from 15 to 47 years of age.

Primarily a defenceman, Nicolson wears jersey #19, because he is a Steve Yzerman fan. He was also in his 19th year when he broke his back in a car accident near his home. In 1993, he became captain of Team Canada and served in that capacity off and on until 1995 when he assumed the role on a permanent basis.



Captain Canada

Todd Nicholson, captain of Canada's national men's sledge hockey team, addressed Kirk Gibson and the rest of the student body at Inkerman Public School to kick off the April Virtue of Perseverance. The Arnprior native has helped his team win silver and bronze medals in Germany and Japan.

Local ladies ball hockey league folds after 26 years

CHESTERVILLE — There just wasn't enough interest. With just 19 players registering the Chesterville/Winchester Ladies Ball Hockey League executive had no choice but to suspend operation for the 2005 season.

Janice Casselman, a long-time organizer and team captain in the C/WLBHL explained the original sign-up netted 19 names, a far cry from the 62 players who formed the league last summer.

An intensive phone blitz by Casselman and fellow organizer Jackie Boulanger inflated the list to between 40-45 players, which included just two goalies.

"Nobody could commit," Casselman explained. "Everyone said they had too many other things going on and couldn't give us a firm answer. Jackie and I really tried but it won't work so we decided to fold the league. We certainly didn't want to because it has been going for 26 years. It is a real shame because it is now probably gone for good."

Casselman said that she and Boulanger will be playing ball hockey this summer, in Russell. They have put together a team and have join what is now a six team circuit.

"There are a lot of girls from North Dundas playing and apparently it is a pretty good league," she added.

The Russell league plays every Monday night at the Russell Arena with games scheduled at 7:30, 8:30 and 9:30 pm.

Sandy Row's juniors about to tee off

SOUTH MOUNTAIN — Eugene Montroy, Gerald Christie, and Larry Berry have volunteered their time and expertise to organize a Junior Program at Sandy Row Golf Course.

Berry emphasises that the three "old duffers" do not intend to teach golf but rather organize girls and boys (ages eight to 18) into groups and play some golf.

"We are just the program facilitators," said Berry. "Our goal is the same as last year, to teach our juniors golf etiquette on and off the course and to have fun."

Berry explained, "that once this objective is established we hope to get some of Sandy Row's better golfers and maybe a guest or two to help the juniors who are ready to learn more skills."

There is also an element of competition at the Junior level. They can compete and earn a position on the Sandy Row club team that enters the Valley League tournament which will be held during August at Iroquois, Morrisburg or Prescott.

Registration for the 15-week program is slated for Mon., May 23. The juniors get preferred tee-off times on each Monday night beginning at 5 pm. Cost to become a junior is $20. Green fees or a course junior membership is also needed.

For more information call Sandy Row at 989-2588 or ask one of the facilitators.

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Unusual season for Bryan Helmer and AHL Griffins

GRAND RAPIDS, MI — Bryan Helmer and the Grand Rapids Griffins set several league and franchise records during the 2004-05 American Hockey League season. In spite of putting up impressive numbers, the 32-year-old Winchester native and his club didn't even make the playoffs.

Helmer, who signed as a free agent with the Detroit Red Wings in August ('04) and assigned to the NHL club's top farm team as the current lockout loomed, distinguished himself by playing in all 80 AHL games this past season. He and fellow blueliner Brett Lebda were the only two Griffins to earn their team's ironman labels.

Individually the 12-year pro and Griffin alternate captain composed the best plus/minus on the club — plus 11. He also pegged seven goals, drew 18 assists and finished the season with 25 points, eighth best on the squad. Helmer's seven goals were tied him for ninth in that department. He had five power play goals (fourth on team), two game-winning-goals (third) and one short handed goal. The defenceman fired 180 shots on opposing goaltenders and drew 64 minutes in penalties.

The Griffins, became the first team in 56 years to earn as many points and not qualify for the post season. Grand Rapids (41-35-2-2) wound up in fifth place with 86 points and out of the playoffs. The Pittsburgh Hornets originally established that mark earning 88 points in the 1948-49 campaign. The Griffins also became the first team in AHL history to win 40 games and not advance. They also finished second in road wins with 22 (22-17-0-1).

Concerning the lockout, Helmer earlier told the *Press* that it was extremely bad timing for him, personally.

"I finally signed a two-year contract in July. It took so many years to get one and the lockout happens. Both sides have lost respect for each other, but hopefully a deal will get done. The bad thing was that you as a player are always playing toward getting the chance to get called up. That's your motivation. This year you had to play for next year."

Helmer was also involved in the 1994 lockout when he was a member of the Albany River Rats, top farm team of the NHL's New Jersey Devils. The Rats won the Calder Cup (AHL championship) that season and Helmer led Albany defencemen in scoring (7-36-43) and finished 12 among AHL defenders. His 36 assists were fourth best on the club and second best among defencemen.

Helmer, wife Pam and son Cade reside near Westport, Ont. during the off-season.



New executive

North Dundas Minor Hockey Association President Dwayne Fawcett has welcomed back 19 of his 21 executive members for the 2005-06 season, noting that kind of stability should make the upcoming year another successful venture. Fawcett is urging parents to register their children for the new season by calling registrar Rick Ledrew (774-3544 or r.ledrew@sympatico.ca). The new Demons execs are: Front (left) - Brenda Jarvis, Anita Gilmer, Shelley Melenhorst, Dwayne Fawcett, Marianne Simms, Rhonda Boulanger, Dawna Whitehead, Amanda Greer; Back (left) - Peter VanKessel, Gary Johnson, Chris Currie, Rick Ledrew, Gerald Beuman, Lyle Skuce, Hans Hutten, Kevin Byers, Bruce Currie, Stephen Jones; Missing - Ken Rose.

Courtesy Photo

NDDHS pair nets badminton bronze

ROCKLAND — Emily Vingerhoeds and Matt Hoogenboom combined to win five of seven games and finish third in the 2005 EOSSAA badminton championships.

The Grade 12 team, competing in a pool of six schools, won four of their five round-robin games and finished in a three-way tie for second place in their group. The NDDHS team then moved on to quarter-final play because they had earned .05 of a point more than the team who had handed them their lone loss.

North Dundas then won a quarter-final qualifier only to be eliminated in semi-final play.

The duo reported the highlight of the April 21 tournament in Rockland was a rally from a 14-5 deficit for a 10-point come-from-behind victory.

Vingerhoeds and Hoogenboom qualified for EOSSAA by capturing the bronze medal at SD&G and then challenging and defeating the silver medallists. They played together in 2004 and earned the SD&G bronze in their first board-level event.

Russell Soccer Club laughing it up for funds

RUSSELL — For the fifth year in a row, the Russell Soccer Club is organizing a Yuk Yuks On Tour event, May 14.

This year is the club's 20th anniversary. In a village of 2,000 people, the club has over 1,500 registered players.

James Cunningham, Johnny Gardhouse and Alastair MacAlastair will all be performing at the Russell Arena.

Doors open at 7 pm and the comics hit the stage at 8 pm. Tickets are $15 in advance, $20 at the door. This is an age of majority event.

For more information or tickets, call Peggy at 445-3616 or Josée at 445-4146. Tickets are also available at Pronto, Foodland and Town & Country in Russell. Check the club's website at www.russellsoccer.com.

Hooking catfish raises cancer society revenue

RUSSELL — Go fishing and raise some cash for a great cause. In five years the Pout Masters Catfish Tournament in Russell has hooked area children on the sport and at the same time snagged over $20,000 for the Canadian Cancer Society.

This sixth annual event is slated for May 14-15 and organizers are billing this year's fishathon bigger and better than ever. There are more than 100 prizes available this year including a grand prize weekend getaway at Lac de l'Argile Resort (including fine dining, accommodations and golfing at the Royal Papineau Golf Club).

The Russell Fish and Game Club helps sponsor the event and promotes the fact that almost every participant will net a prize, thanks to the generosity of local individuals and businesses.

Hungry fishermen will be able to enjoy Eric's Fresh and Chips this year for the first time. They will be available at the Russell Legion on Saturday from 11:30 am until 7:30 pm and again on Sunday from 11:30 am until 6 pm. Families are welcome and there is a non-smoking area available.

Fishing can take place the length of the Castor River, from confluence at Casselman, upstream from Sat., May 14 at 10 am until Sun., May 15 at 2 pm. The weigh-in station is located at the Russell Dam (north side parking lot next to swimming pool). Fish must be alive and weighed between opening and closing times at the weigh-in station.

South Nation Conservation will be offering seminars and providing fishing rods for children on both days. Worms will be for sale at the Russell House Worm Dept.

The registrations will take place at the weigh-in station at a cost $5 for youths (12 and under) and $10 for adults (13 and over). Advance registration is available at Russell Foodland ,Home Hardware (licenses available), Pronto/RJ's Ice Cream and Video, and Town and Country Video.

Prizes will be presented at the Russell Dam (at Mother Teresa Catholic School, if raining,) at 3 pm on Sunday.

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Changes celebrates first year in town



Kim Williams, owner of the Winchester Changes for Women franchise, stresses that her program focuses on inch loss rather than weight loss. *Photos — Barbour*

by Matthew Barbour

WINCHESTER — People concerned about their weight face a myriad of choices when it comes to shedding those excess pounds. Fad diets abound and numerous organizations offer their own special diet plans. There is also a wide assortment of exercise classes to choose from. Most of these programs, and most people who subscribe to them, seem to have weight loss as the ultimate goal.

Changes for Women takes a somewhat different approach.

"Here, we focus on inch loss rather than weight loss," said Kim Williams, owner of the Main Street Winchester franchise, which is celebrating its first anniversary. She explained that while one member lost as much as 86 pounds and a total of 52 inches in one year, it is not uncommon for others to take off inches as they maintain their weight.

"Even with moderate exercise, fat tissue is replaced with increased muscle tissue and bone density," said Williams.

The total number of inches lost is determined by measuring a number of key points on the body. Williams calculated that 110 members have dropped a combined 1,204 inches over the past year. She said many other members have trimmed down as well, but have decided not to take part in the measurement process.

Changes for Women uses a system that incorporates what is called double positive resistance. There are twelve devices that are operated with a push or pull movement. These devices provide greater resistance as speed and pressure are increased, so that each individual can work at her own pace and her own level of fitness.

"It's very much like aquatic exercise, the faster you try to go, the more resistance you meet. And like swimming, there's a lower risk of muscle soreness and injury," said Williams. She said members are not required to follow a special diet, but she does have some high protein foods available, and she recommends that members adhere to the Canadian Food Guide.

Changes for Women has a female-only policy, but Williams said that due to the popularity of the program, consideration is being given to making it available for men as well.



Staff of Changes for Women has helped more than 110 women lose in excess of 1,204 inches over the past year. In front are manager Rhonda Boulanger (left), owner Kim Williams. Standing are Gillian Erickson (left), Amie Pellerin, Angie Fowler and Tanya Kirkwood. Missing from photo: Sara Derks.

Villeneuve fires 'A' class 36 at Cedar Glen Men's Night

WILLIAMSBURG — Craig Villeneuve led the "A" class field firing a 36 to finish first in Men's Night play at the Cedar Glen Golf Course.

Villeneuve carded his low gross 36 on April 28 while Barry Casselman shot his second consecutive 36.5 to take low net honors in the "A" group.

Shawn Zeron was closest to the pin on No. 12 and Dave Casselman closest on No. 15. Shawn Hummell pounded out the longest drive from the tee on No. 11.

Todd Walker posted a two-shot win over Todd Findlay in "B" class carding a low gross 40 to Findlay's 42. Korey Casselman knocked down a low net 34.5 while Ron Geurkink was next with a 36.5.

Jeff Barry topped the "C" class field with a low gross score of 47. The best low net number was turned in by Gerry Auger, 37.5.

Jason Smith's 58 was low gross score in "D" class. Also picking up prizes were Mark Casselman, Bob Porteous, Brett Bird, Gerry Auger, Todd Findlay, Paul Casselman and Craig Villeneuve.

Ally Banford and Tabby Casselman teamed up for a low net 26.5 in the opening Tuesday Night Scramble and wing night of the season on April 26. The other winners were Denis Villenevue and Mike McAllister.

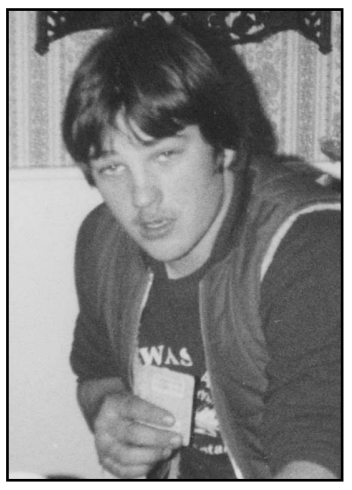
CHIPS AND PUTTS

Cedar Glen will hold its annual members spring clean up on Sat., May 14 and then host Opening Day Tournament 2005 on Sun., May 15. There will be a 10:30 am start.

There are Ladies' Night lessons by Carol Ann Campbell available.

A Mixed Two Ball Tournament is slated for May 29.

The first Junior Night is set for Mon., May 30 at 4 pm.



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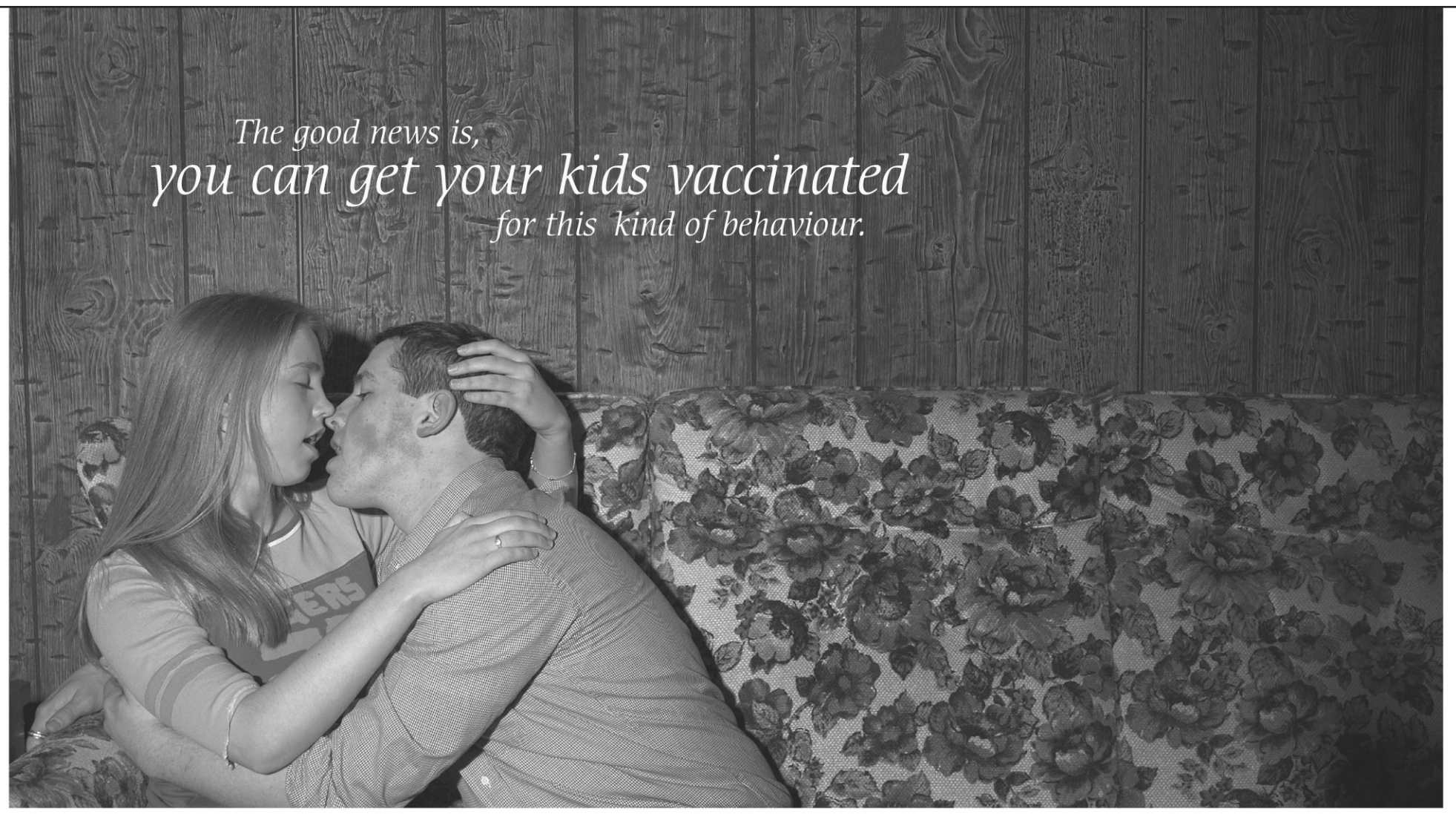

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FOR RENT – 1-bedroom apartment in Winchester available in June. Also a 1-bedroom bachelor apartment, available immediately. Both include fridge, stove and utilities with rent. No pets please. Call 774-2577.
7-8

FOR RENT – Newly renovated 1-bedroom house in Williamsburg. Fridge and stove. $475 a month, plus utilities. Available immediately. Call 535-2298, ask for Bill.
7c

FOR RENT – Completely renovated, spacious 3-bedroom bungalow on quiet street in Winchester. 2 bathrooms, finished basement, workshop room, central A/C, dishwasher, garage. Ideal for senior couple. No smoking. No pets. Available June. $1,095. Call 913-9670.
7tfc

FOR RENT – Mobile home in Winchester, 3 bedrooms. Available May 15, $650 per month plus utilities. Phone 774-3408.
7tfc

For Sale

Photographs appearing in the Winchester Press are available in color. They must be prepaid when ordered and can be paid for by VISA or MasterCard. Order at the Winchester Press Office, 545 St. Lawrence Street, Winchester, or phone 774-2524.
7stf

FOR SALE – Buy a whole beef from the farmer! Government inspected. Cut and wrapped to your satisfaction! $1.95/lb. share one with a friend. 448-2755.
27tfc

FOR SALE – New 24" lady's bicycle, $100. Call 774-3832.
4stf

MEALS FOR SENIORS
Eat better
Feel better
Enjoy life
Phone today
Chef Heather Parent
448-2598

For Sale

PIANOS AND ORGANS FAWCETT'S, WINCHESTER
Heintzman upright and grand pianos. Kurzweil digital uprights, grands and keyboards. Rebuilt pianos and organs. For appointment phone 613-774-2205, www.c360.ca/winchester
43tfc

FRUIT TREES
Apple trees $13, Pear, Plum, Cherry, and Flowering Crab Trees, $16, Strawberry, Raspberry and Asparagus plants, MAPLE SYRUP, $40/gal., $5.50/pint. also available at Barkley's, call 543-0491 or 543-2660.
7-10c

FOR SALE – Used diesel generator, 40 kw, 600 volt, 55 hours, $8,500. Used for stand-by only. 613-984-2877.
5-8c

FOR SALE – Tree seedlings and potted trees: Serbian spruce, white and yellow birch, white spruce, white and red pine. Call John at 448-1294 evenings.
5-8

FOR SALE – 85 acres with building lot, Development Road South. Phone 989-2764.
6-7

FOR SALE – Reproduction books of "Winchester Old Home Reunion - 1934", $10 each. All Intarsia 20% off while supply lasts. Much more! Etcetera, 509 St. Lawrence St., Winchester.
6-7

FOR SALE – 2 cast iron woodstoves in working condition (Chaleureux and Kingsman models), perfect for workshop. $400 for both or best offer. Phone 448-3989.
6-7

HOUSE FOR SALE – Lovely 3-bedroom bungalow in Winchester. Close to school and hospital. $159.900. For appointment please call 774-0439 or 774-3095.
7-10c

FOR SALE – Wood. Phone 613-652-4797, Mahlon Casselman.
7-8

FOR SALE – 18 cu ft freezer, good working condition, $25. Phone 448-1647.
7

FOR SALE – Cedar hedges. Call 613-826-2800.
7c

FOR SALE – 1 year old BBQ, $50. Call 774-6667.
7

FOR SALE – 4.5 hp Briggs and Stratton lawn mower, 20" mulch deck, used very little, excellent condition, asking $125, no tax. Phone 822-2712.
7

FOR SALE – Canon NP 6221 photocopier. $600 or best offer. Excellent condition. Call 774-3484.
7

Automotive

VEHICLES FOR SALE
For the nicest cars and trucks with pictures and prices call 774-0718 or go to www.akcentmotors.com.
45tfc

FOR SALE – Tires, 4 Good Year Alegra P215-65R15 on Pontiac rims, low kms. Asking $400. Call 774-2870.
33stf

VEHICLE FOR SALE – Tired of being offered second rate vehicles, especially with a credit problem. Call Car-O-Line Auto's local 1-613-448-2488 or long distance toll free 1-877-820-5598. Over 50, late model VEHICLES TO CHOOSE FROM. Now online www.car-o-line.com.
7c

FOR SALE – 2003 Dodge Caravan Sport model, 3.8, 40,000 K. Call 652-4191.
7

FOR SALE – 1993 Ford Ranger extended cab XLT, 4.0 litre V6, automatic, AC, premium sound package, cap, bedliner, low mileage. Very good condition, as is. Call 613-989-5254.
7

GREAT GAS MISER
2000 Chevrolet Cavalier, keyless entry, cruise, spoiler, AM/FM/CD, auto/air, alloy wheels, new brakes and tires, certified, e-tested, 125,000 highway kilometers. $4,600 firm. Call 774-3039.
7

Water Softener and Rust Filter In One Unit
REPAIRS TO ALL MAKES
GUY BOURDEAU
774-6110

LAUBHILL OIL BURNER SERVICE
Furnace Installation, Repairs & Maintenance
CALL NOW TO BOOK YOUR SPRING FURNACE CLEANING!
Joey Laub
Tel. 613-984-2629
Cell. 613-551-9680

CLASSIFIEDS

Read the Classified Advertising listings on-line at www.winchesterpress.on.ca

Farm

FOR SALE – 600 bales of wheat straw; 450 small square bales of hay suitable for beef or dry cows; 120 3'x4'x6-1/2' wrapped second cut. Ed Duncan 613-791-6133.
1tfc

GALLAGHER POWER FENCING SUPPLIES
Repair, trade-in or upgrade your Gallagher fencer. Spring discounts on all supplies. Ralph DeVries, 10326 McIntyre Road, Mountain. 989-6182.
2-10

FOR SALE – MF 224 square baler; round and square bale feeders; fence gates. Call John 774-2531.
4tfc

FOR SALE – Straw, $2 per bale; hay, $2.50 per bale, pick-up, $3 delivered. Phone 774-5294.
4tfc

WANTED – Drive shaft for MF #3 baler. Phone 798-6416 or 821-1859.
5tfc

FOR SALE – Allis Chalmers 14' disc, 2300 series; Lely 3-pt. hitch fertilizer spreader; **barley,** grown from certified seed. Call Winston, 821-2580.
6-7

FOR SALE – Self-propelled 1499 New Holland haybine with cab and air, 12', mint condition, $15,800; duals 20.8 x 38, $980. Call 774-3148.
6-7

FOR SALE – MF 4243 tractor, 80 hp, 3-years old, 4WD with Quicke loader and 3 attachments, cab, air, 960 hours. Like new. Call 774-2663, evenings.
6-7c

FOR SALE – Ford 7', 3-pt. hitch sickle bar mower $250; Ford 530 square baler, $500; Agro-Tech auto stooker, $250; Cockshutt 15 drill seeder, grass box, fertilizer box, on rubber tires, $500. Phone 613-543-3451.
7-10

FOR SALE – NH 254 tedder rake; Westfield 8x51 PTO grain auger; 5' Mott mower; good quality round bales of hay, stored inside; 5 hp roller mill. 774-3363.
7-9c

FOR SALE – New 14' sprocket packer with transport. Phone 613-652-1357.
7-8

FOR SALE – 1000 gallon Zero milk tank (4,150 litres), available September, $2,500; 4 Bow-matic FloStar milkers, $450 each. 821-1050.
7-8

FOR SALE – New Holland 355 grinder-mixer, working order, flotation tires, $750; 12' unloading auger. 769-6646.
7c

FOR SALE – 1 pair 20.8 x 38 duals with hardware and 1 pair 18.4 x 38 axle duals. Call 448-1960.
7-8c

FOR SALE – JD 430 with loader and p.s.; IH 434 diesel, nice shape; Belarus 5190 turbo diesel, 800 hours, like new; JD garden tractor, 180 model, 17 hp with 46" deck. Call 535-2449.
7-8

FOR SALE – New Holland hay head on model 770W Kverneland 5-furrow plow, hydraulic adjust; natural gas furnace, 4 years old. 613-652-4942 or 613-652-4073.
7-8

FOR SALE – Stone picker, good condition. Call 222-5105.
7

FARM EQUIPMENT FOR SALE
5' rototiller, 3-pt hitch, $1,200; 3-pt hitch posthole auger, $500; round bale grab with JD 640 plates, $600; bale spear with JD 640 plates, $600; 3-pt hitch rear blade, $500; Honda 4-wheeler $500; 48' truck van barn doors, $1,500. Phone 989-2056.
7c

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.
15tfc

FOR SALE – Maple buffet, hutch, table and 4 chairs, $700. 774-5663 after 6 pm.
6-7

FOR SALE – Armoire, $325, sewing machine, $75, 5' bench, $75, antique bedroom chairs, $50 each, complete patio set, $175. Call 535-2561.
7c

FOR SALE – Dusty blue velvet couch and chair in excellent shape. $75 or best offer. Call 774-0538.
7-8

Pets/Livestock

RICHARD PATENAUDE
Licenced Livestock Dealer, R.R. #1, 1055 Highway 43, Oxford Mills. Home number 613-258-4665, cell number 613-294-1075, fax number 613-258-9987.
32tfc

FOR SALE – Husky puppies, 6 males, 1 female. Vet check certified, de-wormed, vac. Ready for good home. $175. Call 989-1385.
6stf

OVLHA Equine Consignment Auction
Sat., May 14 commencing at 10:30 am Richmond, ON www.ovlha.ca Jeff: 613-489-9737. Great tack, horses and ponies expected.
6-8c

PUPPIES FOR SALE – Registered Wired Fox Terriers, all shots and microchipped, $700. Call 774-2074 or 229-5819.
7

Be wise... advertise

Recreational

2000 Mallard travel trailer, 24', sleeps 6, queen island bed, AM/FM/CD, awning, one owner, always winter stored, mint condition. $15, 500. Phone 448-3305.
7

Birth Notice

VREMAN – Lisa and Don, as well as big brothers David and Benjamin, are pleased to announce the arrival of Emily Rose on Thursday, April 28, 2005 at 4:07 am weighing 8 lb., 2 oz. Proud grandparents are John and Mary Vreman and Marlyn and Joey O'Connor. Special thanks to Dr. Rivington, Dr. Mankal and the maternity staff at Winchester District Memorial Hospital.
7

HEWETSON-ROACH – Rachel Hewetson and Chris Roach are pleased to announce the birth of Katherine Elizabeth on Tuesday, April 19, 2005 at 10:16 am, weighing 7 lb. at Winchester Hospital. Proud grandparents are John and Carole Hewetson and Jim Roach. A special thank you to Dr. Marilyn Crabtree and all the OB nursing staff at Winchester Hospital.
7

Card of Thanks

CARD OF THANKS – In lieu of thank you cards for Gilda (Casselman) Shay, we are giving a donation to charity. God Bless.
– Doreen Casselman and family
7

CARD OF THANKS – Thanks and sincere appreciation to our family, friends and neighbors for their best wishes, flowers and presents for our 45th Anniversary. A special note of thanks goes to Father John Gillis for the special Mass and blessings. Appreciation to our children and grandchildren for the decorations, music, video and organizing the festivities; the welcome presence of the relatives from Holland and their special song to us. Sincere gratitude to all of you for the tremendous effort and care in making this a joyful occasion.
– Sincerely, Leo and Gertrude Mesman
7

CARD OF THANKS – We wish to thank family, friends and neighbors who remembered us on our 50th Wedding Anniversary with flowers, gifts and cards. Special thanks to our family who made this occasion so special. We thank you all.
– Bert and Ann Velthuis
7

In Memoriam

ELLIS – In loving memory of our mother, Lera Margaret, who passed away May 8, 2004.
It's been a year since you left us
But we feel your presence every day.
– Always missed and loved forever
– Maxine, Elaine, Willa, Donna and families
7

LEVERE – In memory of a dear husband, father and grandfather, Bob, who passed away May 4, 1995.
Those we love, we never lose
For always they will be,
Loved, remembered, treasured
Forever in our memory.
– Always remembered, Mary, Grant, Wanda, Darren and Justin
7

LEVERE – In memory of a dear grandfather, Cecil, who passed away May 6, 1998.
We hold you close within our hearts
And there you will remain,
To walk with us throughout our life
Until we meet again.
– Always remembered, Mary, Grant, Wanda, Darren and Justin
7

McINTOSH – In loving memory of Gord, a dear father, grandpa and great-grandpa. Seventeen years ago on Thursday, May 5, 1988 he suddenly passed away.
We buried him, Sunday, May 8 on Mother's Day.
He is no longer in our lives to share,
But in our hearts he will always be there.
– Loved and forever missed, Kathy, Dwayne, Tina, Tom, Joey, Mitchell and Madison
7

SUTTON – In memory of Gordon A, who passed away suddenly on May 10, 1985.
Memories of you will never die,
In our hearts you will always stay,
Loved and remembered every day,
Forever in our hearts.
– Your wife Jean and family
7

Coming Events

WINCHESTER LIONS CLUB
515 Albert St. 774-2630
BINGO
Every Monday
HALL RENTAL
THRIFT STORE
OPEN: 9 am-3 pm, Tuesday to Saturday
3tfc

NDDHS BANDS SPRING CONCERT
Wed., May 18, 7:30 pm. Tickets: $3 for students, $5 for adults.
7-8c

2005 Ecumenical Potluck Dinner
Wed., May 18, 6 pm
Winchester Wesleyan Church Hall
Speaker: ***Terrie Chedore***
Subject: ***Healing Arts***
Music: ***Thousand Islands Ladies Barber Shop Quartet***
Donation to Dundas Hospice

Coming Events

THE TREASURE CHEST FAMILY CONSIGNMENT
2A Water Street, Chesterville, (beside the Heritage Restaurant). 448-3489 or 1-866-771-5269. Owned and operated by Tammy Ridge and Jodi Doyle-Tims.
51tfc

BENEFIT DANCE
For fire victim Bob Meldrum, **Sat., May 7,** 9 pm-1 am, Winchester Arena, with **Jim Wicks and Westburg Union.** Tickets: $20 each which includes light lunch and many door prizes, can be purchased at Seaway Valley IDA Pharmacy in Winchester or call Sara at 989-3146.
52-7

HUNTER SAFETY/CANADIAN FIREARM SAFETY COURSE
Marvelville, May 6,7,8. To register call Dave Arbour 613-257-7489.
5-7

JAMBOREE AND SUPPER
Sat., May 7, 1-9 pm, This Old Heart and the Edwardsburg Lions presents a Camp Trillium fundraiser at Edwardsburg Lions Hall (Old Highway 16). Entertainment - 5 bands, supper and jamboree $10.
6-7

UNIQUE GIFT FOR MOTHER'S DAY
Looking for that unique gift for Mother's Day? Let Willow Tree Mother/Daughter and Mother/Son figurines express how you feel. At the Village Green in Morrisburg we now have instrumental CD's by the Beatles, the Eagles, etc, pure beeswax candles and many other newly arrived products. Come and explore the nooks and crannies of our cozy little gift shop. Stay and have a Timothy's coffee or tea. Spend $20 or more and the coffee is on us! Offer valid until May 8.
6-7c

COME TO THE VILLAGE GREEN
In Morrisburg to make your special event breathtaking! Rent our beautiful Italian style arch with coordinating large floral arrangements. to complete the "look", add our antique picture frame with easel to display your seating plan. Also available, pedestals, candelabra, aisle markers (for that outdoor wedding) and two styles of Treasure Chests. Mention this ad, and we will take 10% off the price of the arch.
6-7c

CREATIVE MEMORIES NATIONAL SCRAPBOOK DAY
Sat., May 7. Come and join us for a day of scrapbooking. Space is limited so call to reserve a spot. Registration $20 includes lunch and many prizes and give-always. Call 774-5172, Linda Porteous.
6-7

METCALFE FARMERS' MARKET
Opens Sat., May 7, 8 am-noon, Metcalfe Fairgrounds. Everything locally produced. Special draws for Mother's Day every 1/2 hour.
6-7c

HERITAGE RESTAURANT MOTHER'S DAY BRUNCH
Our largest buffet of the year. Full salad bar. Full breakfast and hot items. Full dessert bar. Treat for Mom. Please reserve, 448-1737 10 am-2 pm.
6-7

YE OLDE BARGAIN SHOPPE
A great place to shop! Open Wednesdays from 1-3 pm and Thursdays from 1-3 pm and 6-8 pm. Holy Trinity Anglican Church Hall basement, Queen Street, Chesterville. Come in and browse!
7c

HALL FOR RENT
Parties, special events. Winchester Curling Club. LLBO licensed for 130 people. Kitchen, ice surface available. Call Dave 774-5491.
7c

EUCHRE
Thurs., May 12 at **7:30 pm**. in the Lions Hall, Winchester. Sponsored by Golden Years Society. Prizes and lunch. Everyone welcome.
7

DANCE RECITAL
The Metcalfe Dance Club along with the Winchester Dance Club, invites you to attend their first Annual Dance Recital held at Winchester Public School, Sat., May 7 at 5:30 pm.
7

COMMUNITY CHRISTIAN SCHOOL FUN DAY AND OPEN HOUSE
Sat., May 7, 10 am-2 pm. Bring the whole family out to Community Christian School, 2681 Glen St., Metcalfe, for a day of activity centres, picnic style games, air bounce, craft table, hotdogs, etc. At 12:30 pm our current students will help us "break ground" for the new gymnasium. Teachers will be available to answer questions and give school tours. Everyone welcome. For more info, look at www.communitychristianschool.ca or call 821-3669.
7c

ANNUAL MEETING
Township of Osgoode Care Centre Annual Meeting will be held on Mon., May 16 at 7 pm at the Care Centre, 7650 Snake Island Road, Metcalfe. All interested parties are invited to attend.
7c

Winchelsea Farms
Mother's Day Brunch
11:00 am & 1:00 pm sittings
Featuring honey glazed ham, smoked salmon, vegetarian entrees, great selection of breakfast/lunch entrees, home-baked bread and pastries and Winchelsea's signature desserts
Free Gift to All Mothers
Reservations only
774-1969

Coming Events

DID YOU FORGET TO PURCHASE A CHICKEN BARBEQUE TICKET?
One last chance to get it! Come to the Williamsburg United Church on **Sat., May 7, 8 am-12 noon** for the Yard/Bake Sale and Cake Walk. Chicken BBQ tickets for May 14 will be on sale.
7

BRIDAL SHOWER
In honor of Christina Vanier, Sat., May 7, 1 pm at the Dunbar Recreation Centre.
7

MOTHER'S DAY ESCAPE
Treat yourself to a day of mosaic creation and a gourmet lunch. Limited spaces left. Phone Cindy to book, 774-5547, www.shadesbycindy.ca Gift certificates available.
7

GIVE MOM A SPECIAL GIFT
Certified organic tea. Fresh, imported from India, China and Africa. Antioxident rich. Available in loose or bags. Jasmine, Earl Grey, English Breakfast, Oolong, Assam, Darjeeling, Herbal Rooiboos, Orange Rooiboos, Vanilla Rooiboos, Chai, Ayverdic, peppermint and mint flavored. Call today in time for Mother's Day. Connaught Acres, 448-3540.
7c

SEAWAY SINGERS
A community based choir in Williamsburg is providing a music scholarship which will assist High School Students hoping to attend a choral camp this summer. More information may be obtained from: Robert Jones (music director), pentland@hotmail.com or Robin Lane (president), robin.lane@sympatico.ca
7-8c

THE BEST OF BROADWAY
Presented by the Seaway Valley Singers. A spring concert of show tunes including "Fiddler on the Roof", "West Side Story" and "South Pacific", conducted by Robert Jones. Showtime: Fri., May 13 at 7:30 pm., Williamsburg Christian Reformed Church. Tickets $10 adults, seniors/students $8, available at the door or by calling 535-2469 or 448-1647.
7-8c

BUS TRIP TO NASHVILLE
Sept. 14-20, 7 days. Visit Grand Ole Opry, Hall of Fame, Wildhorse Saloon, star's homes and attractions. Tours with local guide. Farm tours with local farmers. Contact Dianne Fawcett, 613-774-3363.
7-9c

Yard Sale

WINCHESTER COMMUNITY GARAGE SALE NOTICE
Sat., May 28. Register before May 14 at Etcetera, 509 St. Lawrence St., Winchester. Come and join in the fun.
6-7

YARD SALE
Sat., May 7, 8 am-3 pm, Rain or shine, moving. 13255 River Road, near Queensway Road, Chesterville. Appliances, furniture, firewood, many treasures.
7

GARAGE SALE
Sat., May 14, 8 am-3 pm. 9130 Pana Road, Edwards. Depression glass, Cabbage Patch dolls, egg cups and much more.
7-8

YARD SALE
Sat., May 7, 8 am-5 pm, Sun., May 8 from 8 am-12 noon. 3 km south of Mountain, west on Cameron, #10440. A wagon load of treasures, air conditioner, wing-back chair, antique sewing machine with stand, Birks stainless/bone carving set, golf set, chain saws, press-back chairs, and lots more.
7

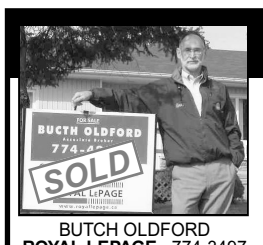
YARD SALE
Fri., May 6 and Sat., May 7 from 8 am-4 pm. Rain or shine. Many items for sale. 38 Joseph St., Chesterville.
7

HUGE YARD SALE
Sat., May 7, 10958 Cameron Road, 8 am-2 pm. Mini pocket rocket motorcycle, kid's gator, swing set, climbing structure, toys, DVD player, furniture, strollers, truck cap and much more.
7

PERENNIAL / GARAGE SALE
Sat., May 14 from 8 am-3 pm, 11517 Levere Road (just off Inkerman Road) Peonies, hosta, irises, and more. Household items and baby items, books, toys, PC parts, candles, tools, shop equipment and more.
7-8

YARD AND BAKE SALE
Rain or shine. Vernon Presbyterian Church, Fri., May 13, 1-6 pm and Sat., May 14, 9 am-1 pm. Something for everyone.
7-8

Winchester Merchants Meeting
Tuesday, May 10
6:00 pm
Country Kitchen Restaurant
All businesses welcome



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$1.49 **sq. ft.** *While supplies last*
Check out our Garden Centre located at Cotnam Country Depot, King St., Chesterville
CURRAN FLOORING CENTRE
448-1005 • 18 Industrial Drive, Chesterville • 448-2068

Farm Items For Sale

- (2) White 2-105 2WD farm tractors, both have working A/C, both have 20.8x38 tires and one has 3000 hours and one has 4994 hours. $13,500 each or both for $25,000. Tractors are well maintained and are good cheap HP. **SOLD**
- (1) 2002 New Holland 575 high capacity small square hay baler with hydraulic tension control. Used two seasons, $17,500.
- (1) 2002 New Holland 1411 discbine, used three seasons, excellent condition, $16,000.
- (1) 1999 New Holland #163 Hay Rake, $2,000. **SOLD**
- (1) 1999 Miller Pro #1150 hay rake, rebuilt in 2003, $3,500.
- (1) 2002 JD 5420 farm tractor, 4WD, cab, air, shuttle shift, Stoll Robust #10 loader (with cushioned ride),1,100 hours, tractor is like new. $40,000.
- (1) 2000 JD 348 small square baler (green P/U). Has hydraulic tongue swing, hydraulic bale tensioner. High capacity baler in excellent shape, $12,500.
- (1) 2002 Steffen Systems model 1850 bale accumulator, 18 bale. Used 2 seasons, like new. $11,500.
- (1) 2002 Steffen Systems model 6515, 18 bale grapple. This unit has high lift attachment. Like new, $4,500.

JED EXPRESS LTD.
RR#1, South Mountain
Tel. 613-989-2838 800-387-0504
Fax 613-989-3216 800-980-2295
Cell.: 613-791-6133

DISCOVERY BIBLE FELLOWSHIP *PRESENTS*
The 3rd Annual DBF
BIKE RODEO!
A FAMILY EVENT – FREE OF CHARGE!
Saturday, May 14
11 am-1 pm
at the **Winchester Arena**
For more information contact the Discovery Bible Fellowship Office at 774-0721



- ***Free bike tune-up done while you wait!*** (Tire pressure, chain lubrication, brake adjustments)
- Brief talk on **Bike Safety**
- ***Skills course to test your bike-riding ability*** (Prizes for winner in each division)
- ***Free BBQ*** for all participants!
- Remember to bring your **bike helmets**!

Thank You



to the sponsors & door prize donors at our recent Osgoode Trade & Home Show from Osgoode & District Lions Club:

SPONSORS:
Beveridge IGA
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Lagois Drafting & Construction
Pronto Variety and Hardware
Pat's Gas Bar
Osgoode Veterinary Services
Cooper Physiotherapy

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Herbal Magic
Nikken
Perkins Lumber
Financial Awareness
Caduce
Log Cabin Orchard
Sweet Peas Pantry
Red Dot Cafe
Carnival Outaouais
K. Walsh & Associates Travel Services

In Appreciation
ROSALIE COONS

We would like to express our heartfelt thanks to the community who shared in Rosalie's journey of joys, pain, triumphs and resignation to the inevitable outcome of her cancer.

The compassion and dedication of all the medical people who helped in any way was a great comfort to us. We became good friends with chemo nurses Linda Dawn, Marg and Jane, who made the many sessions as pleasant as possible. Emergency room doctors and staff all offered their expertise. Thank you to Dr. Adamson, who made many house calls, along with visiting nurses Cathy, Sandra, Nicole and Ann.

A big thank you to the Green Action Committee, which prepared Monday supper for our families, and to Diane, Dorothy, Marg and Pauline for efficiently serving us.

Many people shared their talents at her funeral: Roy & Dawn Campbell, Donald Stoodley, Donald J. McPhee, Catherine O. Defreitas, Kaitlyn Deavy, Dierdre Bekkers, Kari Cochrane, Cheryl Deavy, Rev. B. Kauk and K. Otley. Pall bearers Nancy Acres, Robert McMenomy, Kevin Acres, Carolyn Edwards, Rhonda Acres and Helen Saunders carried out their duties with reverence.

We also appreciated the professional services of Jennifer Nelson, Yvon Denis and Bruce North at the funeral home.

The delicious luncheon following the service was convened by Lorna Armstrong.

We thank every one of you for your visits, calls, cards, food, floral tributes, donations and words of support and understanding in the loss of a precious daughter. This is truly a community of wonderful people.

– Shirley & Bernie

CLASSIFIEDS

Read the Classified Advertising listings on-line at www.winchesterpress.on.ca

Auction Sales

ESTATE AUCTION
ANTIQUES, HOUSEHOLD EFFECTS, TRACTORS, SMALL MACHINERY, JD ATV, TOOLS AND MORE
To Settle the Estate of the late Wren Cryderman
Civic #14725 County Road 18, approximately 2 kms west of Osnabruck Centre. From Highway 401 exit #770, travel north approximately 2 kms to Osnabruck Centre, turn west on County Road 18, travel approximately 2 kms. Watch for signs!
SATURDAY, MAY 14
commencing at 10 am

Ford 8N 4-speed with side distributor; David Brown 950 diesel tractor with loader; 1990 JD AMT 600 5-wheeler with dump box, like new; 11.5 hp 38" cut riding lawn mower, good condition. Simplicity #828 walk-behind snow blower; Mastercraft rear tine rototiller; 5' Bush Hog, squealer; 3-pt. hitch blade; Ford 3-pt. hitch side bar mower; 3-pt. hitch snow blower; harrows; ditching bucket; Cockshutt horse-drawn spreader; circular saw; Oliver F708 walking plow; IH side delivery rake on steel; 2-dish sulky disc plow; 1-furrow sulky plow; potato hiller.

Antiques: Nice old pine flat-to-wall cupboard in old blue paint, 4 doors; jam cupboard; pine dry sink in old paint; butternut sideboard; over painted hardwood side board; oak extension table; oak Eastlake style dresser and chest of drawers; Eastlake style bed; blanket box; oak Morris chair; washstands; old chairs; parlor tables; treadle sewing machine; wardrobe; barrel type butter churn; MH #6 cream separator; cant hooks; milk can; cast iron bath tub; wagon wheels; empire cookstove; old tools.

Modern and Miscellaneous: Danby fridge, like new; electric stove; swivel rocker; TV; walker with hand brakes; Homelite chain saw; Ryobi weed eater; assortment of hand and power tools; sap buckets; circular saw blades; 4" planer; 5' piece of I beam; hay fork and Buchanan hay trolley; log chains; tractor chains; push mower; 2 new 5 gallon pails of roof tar; 8" table saw; quantity of used tin; large quantity of scrap iron; many more articles too numerous to mention.

Owner and Auctioneer not responsible or loss or accident.

Canteen
TERMS: Cash or Cheque with Proper ID
AUCTIONEER
Peter Ross Auction Services
Ingleside, Ontario
613-537-8862
www.theauctionfever.com

7c

TWILIGHT AUCTION SALE
VAN, HOUSEHOLD EFFECTS, GARDEN TRACTOR, TOOLS, SOME SMALL MACHINERY, AND MORE
Civic #13273 Froats Road. From Chesterville, travel southwest on County Road 7 approximately 1-1/2 miles to County Road 8 (Church Road), turn south, travel approximately 4 miles to Froats Road, turn west, travel approximately 1/4 mile – OR – from Dunbar travel straight east on Froats Road, approximately 2 miles.
THURSDAY, MAY 12
commencing at 5:30 pm

MF #10 garden tractor with 54" cut mower deck, and front mount snowblower, and cultivator; MF rear tine rototiller, like new; 1993 GMC Astro van with new motor, runs well, sold as is; Mastercraft rototiller; circular saw; utility trailer; PTO driven circular saw; cement mixer; 3-pt. hitch blade; 3-pt. hitch mower; JD 3-pt. hitch 2-furrow plow; 8' 3-pt. hitch cultivator; 11-run grain drill; shop press; vise; Power Mac chain saw, new; McCullogh chain saw; compressor; 225 Lincoln welder; Delta scroll saw, like new; good assortment of hand and power tools; GE fridge; bar stools; woodstove, like new; parlor table; trough table; smoker stand; fern stand; living room set; 3 antique parlor chairs; pressback chairs; 2 forest green swivel rockers, like new; park bench; many other articles too numerous to mention

Owner and Auctioneer not responsible for loss or accident.

TERMS: Cash or Cheque with Proper ID
PROPRIETORS
Mrs. Cassie
and the late Mr Calvin Dillabough
AUCTIONEER
Peter Ross Auction Services
Ingleside, Ontario
613-537-8862
www.theauctionfever.com

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CONSIGNMENT AUCTION
TRACTORS, FARM MACHINERY, DUMP TRUCKS, EXCAVATORS, CONSTRUCTION EQUIPMENT AND MORE
To be held at our facility civic #15093 County Road 18, 1/2 km east of Osnabruck Centre. From Highway 401, take Ingleside Exit #770, travel north 1-1/2 km to Osnabruck Centre, turn east, travel 1/2 km. Watch for signs.
SATURDAY, MAY 7
commencing at 9 am
Over 60 pieces already consigned with more arriving daily
Owners and Auctioneer not responsible for loss or accidents.

TERMS: Cash, Pre-Approved Cheque or Cheque with Letter of Guarantee from the Bank
AUCTIONEER
Peter Ross Auction Services
Ingleside, Ontario
613-537-8862
For full listing see last week's Press or www.theauctionfever.com

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Auction Sales

FARM AUCTION
FARM MACHINERY, DAIRY EQUIPMENT, TOOLS, FURNITURE, ANTIQUES AND MORE
Selling for Jeff and Annie Luttmer
1 mile east from Bean Town Ranch, Concession 3, Plantagenet, ON. On Highway 17 at Wendover go south towards Papanac Zoo to Concession 3 – OR – from Bourget follow auction signs.
SATURDAY, MAY 7
commencing at 10:30 am

Farm Machinery: JD 4230 tractor, Quad Range SG, cab #010312R; 18.4-38 duals for JD; NH haybine 469 mower conditioner #81722; silage cutter, 3-pt hitch Strautman, Hydrofox; grain drill, JD FB 157 B #59042; Dion forage wagon, 16', N10L and gear #100348A; Dion forage wagon 16', N101, roof and gear; hay elevator, tube type; tine harrows; JD corn planter, 2-row, plate, 246-247; JD corn planter 1240, 4-row with liquid fertilizer, #020905B; Kongskilde 3-pt hitch fertilizer spreader, GB-350 #45012000; Vicon Sprint Master hay rake; 100 gallon sprayer, 3-pt hitch; ditch plow #197 R.L.; Dion forage blower; NH sickle mower, 3-pt hitch; 2x3/4 ton grain bin for pick-up truck; and more.

Dairy Barn Equipment: 10 head gates, self-locking, 7.5' long; 34 cow dividers, (free span); 5 calf pens; 500 gallon Meuller bulk tank; Alfa Laval 76 vacuum pump, 7.5 hp, 100cfm; milking parlour: 2x4 herringbone with double milk line and claws; 8 stainless steel mangers for milking parlor; 8 automatic feed dispensers for mangers; Flex auger system for feed dispensers; old barn 34' wide x 100' long (post beam barn); and many more items too numerous to mention.

Miscellaneous: Cement mixer; floor sweeper, commercial use; Tennant high-dump hydraulic/electric; 6 computer desks; dough mixer, commercial grade, 110 quart; Foster, 125 cu ft, walk-in freezer; Foster walk-in cooler, 125 cu. ft.; 1970 Cadillac Brougham, Special Edition 500 cu in, for parts only; 400 good used tires and 200 tires for bunker silage cover; full wagon load of farm and garden tools; piles of old steel; lots of antiques and more.

Note: Be on time. Lots to sell.

Owner and auctioneer not responsible for theft and/or accident

Canteen and Toilet on Site
TERMS: Cash or Cheque with Proper ID
BILINGUAL AUCTIONEER
Regent Menard
Embrun, Ontario
613-443-2884

7c

AUCTION SALE
HOUSEHOLD EFFECTS, ANTIQUES, $30,000 OF COMPUTER STORE STOCK
11803 County Road 3. 3 miles west of Winchester on Highway 43 and 1 mile south on Inkerman Road.
SATURDAY, MAY 14
commencing at 10 am
Selling For
HARRY THOMPSON
(MICRO ESSENTIALS)

Networking supplies; software; cables; accessories; printer, ink and toners; pricing guns; Surlock binding machine; office supplies; 2 Celeron 533 computers; 1 Panasonic 8-line telephone system; 6 Panasonic telephones; computer point of sale cash drawer system; Epson point of sale printers and 4 scanners; computer desk and 2 reception desks; office chairs; display units; bookshelves; government cabinet safe; computer server cabinet; filing cabinets; Weldloc strapping machine; slot boards for shelving; boardroom table; lockers; old testing equipment; Hoover vacuum; Kirby vacuum and accessories; Filter Queen vacuum and accessories.

Equipment: Cars and 3 wheeler; gas weed sprayers; LawnBoy mower; work bench; chain saws; gas cans; electric paint mixer; drill press; air compressors; Honda 250 3-wheeler; 1994 Olds Ciera, running, as is; 4x8 utility trailer.

Household Effects: Fridge and stove; kitchen table sets; bamboo entrance table and chairs; chest of drawers; bumper pool table; chesterfield and chair; Baldwin organ; movie camera; maple rocker; fern stand; pictures; lamps; beds, etc.

Selling For
BEULAH HOLMES

Washstand; curved leg table; 2 chests of drawers; old cabinet radio; wardrobe; 2 rockers; crocks; sealers; dresser; color cabinet TV; microwave; entertainment centre; double mattress and boxspring; 2 fans; miscellaneous lamps; electric sewing machine; quilt frames; pictures; plant stands; lots of good dishes; linens; appliances, etc.

TERMS: Cash or Good Cheque
AUCTIONEER
Hugh Fawcett
613-774-3363

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Nordik Windows is now accepting applications and resumes for immediate openings:

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Vars, Ont., K0A 3H0
Tel.: 613-443-1066
Fax: 613-443-1071

Auction Sales

AUCTION SALE
For the Estate of Mr. Lawrence Davy
Travel north of Cardinal or south of Highway 401 on Shanly Road to Scott Road, then west to Property #910.
SATURDAY, MAY 7
commencing at 10 am

Craftsman 13.5 hp riding lawn mower, 2 years old; TroyBilt 5 hp rear-tine tiller, electric start; Honda 5000 watt generator; Stihl whipper snipper; lawn mowers; chain saws; pressure washer; air compressor; radial arm saw with stand; small table saw; large assortment of hand and power tools; mechanics tool chest; ladders; modern propane egg brooder; fertilizer spreader, 3-pt. hitch; manure spreader; Frost and Wood horse mower; drag harrows; cast iron bathtub; kerosene heater; Coldspot refrigerator; electric stove; Inglis washer; Admiral dryer; freezers; microwaves; small electrical appliances; assorted dishes and kitchenware; 3 sets of dishes; French Provincial dining room suite; modern pine dining table and 4 chairs; modern pine cupboard; wooden kitchen table and 6 chairs; 2 recliners, one like new; several chesterfield and chair sets; hide-a-bed chesterfield; bedroom suites; large quantity of other good living room and bedroom furniture; rectangular area rugs, like new; numerous TVs including Panasonic 27" floor model; Hoover vacuum cleaner, 1 year old; Singer treadle sewing machine; child's table and chairs; hall tree; curved front antique dresser with bevelled mirror; pressback chair; jam cupboard; Ballard crock with blue flower; coal oil lamps; cheese box; washboard; many, many other items.

TERMS: Cash or Approved Cheque
FOR INFO
Paul Davy
613-657-4608
AUCTIONEER
James Cooper
613-652-4145
www.theauctionfever.com
for full listing

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TOWNSHIP OF North Dundas
P.O. Box 489, 636 St. Lawrence Street
Winchester, Ontario, K0C 2K0
Tel. 613-774-2105 Fax 613-774-5699

NOTICE

Township of North Dundas will be passing their Annual Budget at the Regular Meeting of Council
Monday, May 9,
7 pm
in the Council Chambers

Auction Sales

AUCTION SALE
To be held on site at Tuxedo Llama Ranch, 5233 Smith Road, Morrisburg. From Highway 401, take exit 750, travel north 1/2 km to Smith Road, turn east. Watch for signs.
FRIDAY, MAY 13
commencing at 5:30 pm
viewing from Friday at 12 noon

Featuring 70 top quality llamas including: 18 stud males; 11 1-1/2 year old males; 2 yearling males; 28 breeding females; 7 1-1/2 year old females; 4 yearling females.

Also selling: 2 miniature horses; 1 black stud; 1 pinto mare; 70 barrels of llama hair (fine).

Free: Halter, lead and transfer of registration with purchase of pedigreed llamas.

Note: Don't miss this exceptional auction.

Owner and Auctioneer not responsible for loss or accident.

TERMS: Cash or Cheque with Proper ID
FOR MORE INFORMATION CONTACT
PROPRIETOR
Tuxedo Llama Ranch
613-543-4442
AUCTIONEER
Peter Ross Auction Services
Ingleside, Ontario
613-537-8862
www.theauctionfever.com

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FOR SALE OR RENT



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495 May Street, Winchester
30x60' building with lot to the west (.45 acre), available now
Contact Larry Berry
774-4890

TOWNSHIP OF North Dundas
P.O. Box 489, 636 St. Lawrence Street
Winchester, Ontario, K0C 2K0
Tel. 613-774-2105 Fax 613-774-5699
www.northdundas.com info@northdundas.com

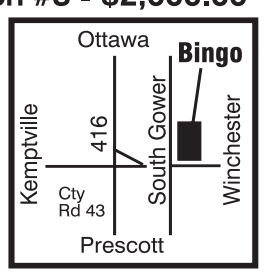
Household Hazardous Waste

The Boyne Road Hazardous Waste Facility is **OPEN Saturday, May 14 between the hours of 9 am and 12 noon** for the residents of Dundas County to safely remove any hazardous waste from their households.

Any questions, please contact:

Doug Froats,
Waste Co-ordinator
774-5157

BINGO MADNESS
Saturday, May 14th
Starting at 12 Noon
South Gower Bingo Theatre
County Road 43, 5 km east of Kemptville **258-1255**
Cost: $100.00 per player, All inclusive for the Entire Day
3 complete Bingo Sessions - Lunch Supplied
3 Jackpots
Session #1 - $1,000.00
Session #2 - $1,500.00
Session #3 - $2,000.00
All Jackpots Guaranteed to Be Won!
Over $12,000 In Prizes Available
Maximum of 200 tickets will be sold. Tickets available at the Door.
RESERVED SEATING UPON PAYMENT
Tickets can be purchased at The Bingo Hall nightly



Regular Bingos Every Day at 6:45 pm, Fri. evening 9:45 pm, Sun. 3 pm Matinee
ONE LINE / TWO LINES - $100 & $200
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UNITED COUNTIES OF STORMONT, DUNDAS AND GLENGARRY

WANTED

Do you have an idea for a small business venture?
Have you been looking for a location with historical background?

If so, we want to hear from you. The United Counties is seeking proposals for use of the kitchen and courtyard area of the historic Cornwall jail. Interested parties should contact the undersigned by May 10th for further details.

Mr. Michael Waddell, CAO
United Counties of Stormont, Dundas and Glengarry
26 Pitt Street
Cornwall, Ontario
K6J 3P2†
613-932-1515 ext. 200

Continuing Education

There is still time to register for courses and workshops starting in May!

All classes are from 6:30 to 9:30 p.m. unless otherwise noted.

Monday			
Introduction to Excel	May 30-June 27		$78.80
Writer's Sampler	May 9-June 13		$153.82
Watercolour Escape	May 9-June 6		$59.04
Meeting Your Spirit Guides	May 30		$33.71 (6:30-9pm)
WHMIS Update	May 16		$56.39 (6-9pm)
Monday and Thursday			
Group Dynamics and Problem Solving	May 9-June 27		$221.40
Supervision	May 9-June 27		$221.40
Introduction to Human Resource Administration II	May 9-June 27		$221.40
Training in the Workplace (OMDP)	May 9-June 13		$147.60
Bookkeeping	May 9-June 27		$221.40
Introductory College Biology	May 9-June 27		$295.20 (6-10pm)
Introductory Chemistry	May 9-June 27		$295.20 (6-10pm)
Conv. Spanish – Part IV	May 9-June 27		$221.40
Conv. French – Basic	May 9-July 14		$295.20
Intro to Ornamental Welding	May 9-June 27		$371.40
Tuesday			
Powerful Presentations	May 10-June 14		$151.77
Introduction to Maintenance Management (MMCP)	May 10-June 7		$223.67
Writing in Summer	May 10-June 7		$153.82
Mirror Frame Carving	May 17-June 14		$73.80
Photography Workshop	May 10-June 28		$128.08
Floral Design for Weddings	May 10-May 24		$126.71
Intro to Floral Arranging	May 31-June 28		$175.52
Hemodynamic Monitoring	May 10-June 28		$196.80 (4-9pm)
Tuesday and Thursday			
Health Care Skills	May 10-June 14		$157.44
Wednesday			
Introduction to Word	May 18-June 15		$78.80
Intro to Digital Photography	May 11-June 8		$191.57
Bringing The Indoors Out	May 18		$50.08
Overview of Dementia Care	May 11-June 29		$118.08
Thursday			
Watercolour Escape	May 12-June 2	$59.04	(1-4pm)
Watercolour Vignettes	May 19-June 9		$59.04
Introduction to Scrapbooking	May 12	$33.71*	(7-9:30pm)
Heritage Album Scrapbooking Workshop	May 19	$33.71*	(7-9:30pm)
Summer Memories Scrap-booking Workshop	June 2	$33.71*	(7-9:30pm)
WHMIS Update	June 2		$56.39 (1-4pm)
Saturday			
Twig Furniture Workshop – Twig Trellis and Planter	May 28	$79.41*	(9:30am-4:30pm)
Saturday and Sunday			
Air Brake Endorsement	May 28 & 29		$280.00 (8am-5pm)

**Plus Materials*

Highlighted Course of the Month – Introduction to Digital Photography
This five-evening course explores five basic tasks – taking, organizing, fixing, printing, and sharing photos. Course content includes a review of basic photography skills, digital camera readiness, categorizing photos and creating back-ups, image editing, quality printing, and publishing photos on web pages, saving photos to CD and sending photos via e-mail. Students are asked to bring their digital camera to class on the first evening. (15 hours) Instructor: Dan Morency of Roy Studio
Wed May 11-June 8, 6:30-9:30pm $191.57*

Full course descriptions are available at: www.sl.on.ca
You can register by telephone by dialing 933-6080 (press 60) or online at www.sl.on.ca (VISA or MasterCard required). You can also register in person in the Customer Service Centre from 8:00 am to 12:00 noon and 1:00 pm to 4:00 pm.

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CLASSIFIEDS

Read the Classified Advertising listings on-line at www.winchesterpress.on.ca

OBITUARIES

Ruby Elizabeth Arbuthnot

October 18, 1924 - April 30, 2005

The angels have claimed our loving mother for her last walk to join our dad, Donald T. Arbuthnot in heaven. Ruby Arbuthnot (Brown) was 80. She passed away at her home on April 30, 2005.

She was the cherished mother of Dean of Ottawa, Dixie (Albert C. Bourdeau) of Embrun and Donna (Ross Redman) of Pakenham. She was the cherished grandmother of Anne, Marc, Luc, Phillip, Samuel, Ben and Spencer. She was sister of Mary (Thurlow Frazer), Grace (late Bert) MacAdam, Stuart (late Dorothy) and Lloyd (Norma Moore) Brown and sister-in-law of Grace Dale. She is fondly remembered by her many nieces and nephews.



Family and friends are invited to pay their respects at the Duncan Funeral Home, Chapel & Reception Centre, 6971 Bank Street, (formerly Highway 31, between Scrivens Drive and Metcalfe Corner) from 9 am to 10:45 am Thur., May 5 with Memorial Service following in the Chapel at 11 am.

We extend very special thanks to the staff of the Prescott-Russell Ambulance Service and the Ottawa Regional Air-Ambulance Services.

In lieu of flowers, donations to the Heart and Stroke Foundation would be most appreciated.

We hold you tightly within our hearts,
And there you will remain,
Life will go on without you,
But it will never be the same.

Rosalie Ann Coons



Rosalie Ann Coons passed away at her Chesterville home on April 23, 2005. She was 36.

She was the daughter of Shirley Acres and the late Frederick S. Coons. She is survived by her much loved second dad, Bernard Curran, and his daughters Gail (Richard McMillan) of Chesterville, Susan (Paul Bongers) of Kars, Cheryl (Rodney Rudiak) of Baker Lake, and Lynne (James Hume) of Oshawa. She will be sadly missed by her aunts and uncles: Freeman and Carole Acres of Vernon, Frederick Acres of Val Caron, Ross and Sharon Saunders of Niagara Falls, Dorothy McMenomy of Inkerman, Irene Hindley of Guelph, Orval and Ella Morton of Inverary; and their families, and the family of the late Fanny Foster of London.

Visitation took place at the Chesterville Funeral Home on April 25. The funeral service conducted by Rev. Brian Kauk and Kathryn Otley at Holy Trinity Anglican Church on April 26 was centred on a musical theme in keeping with Rosalies main interest.

The casket was piped into and out of the church by cousin Donald Stoodley. Organist Dawn Campbell led the congregation in familiar hymns and was joined by husband Roy in a duet *Take up Thy Cross*. Beautiful violin and organ selections were offered by Donald J. McPhee and Catherine O. Defreitas. Cousin Kaitlyn Deavy played *Amazing Grace* on guitar. Readings by cousin Kari Cochrane and good friend Dierdre Bekkers were from Revelation and Corinthians. Cousin Cheryl Deavy shared her memories of Rosalie to complete the service.

Rosalie graduated from Chesterville and Maple Ridge Public Schools and from North Dundas District High School as an Ontario Scholar. She obtained her B.A. in Political Science and History at McGill University. After working in the insurance industry in Toronto, she returned to school at York University and was working towards her Chartered Accounting Designation at a Cornwall office when diagnosed with cancer.

Numerous donations were received for the Canadian Breast Cancer Foundation in her memory. Perhaps more research will soon spare others from the effects of this dreadful disease.

Other donations were gratefully accepted for the Chesterville Anglican Church, the Chesterville United Church, and the Winchester Hospital.

Burial took place at Maple Ridge Cemetery in Chesterville with cousins Rhonda Acres, Helen Saunders, Nancy Acres, Robert McMenomy, Kevin Acres; and good friend Carolyn Edwards, ably acting as pallbearers.

Mitchell John Guy

During a courageous battle with cancer, Mitchell John Guy (age 2) passed away peacefully with his family by his side on April 30, 2005, .

He was the beloved son of Kerry Kennedy and John Guy, and cherished little brother of Mikyla. He was the great-grandson of Kingsley and Irene Kennedy and grandson of Keith and Betty Guy and Bryan and Helen Kennedy. He will be fondly remembered by his many aunts, uncles, cousins and friends.

Mitchell was a special boy who brought a smile to everyone he met. He will be dearly missed and always remembered.

Friends and family paid their respects at Byers Funeral Home in South Mountain on May 3. The Mass of the Angels will be celebrated at 11 am on May 4 at St. Mary's Catholic Church, Church Street, Chesterville.

A sincere thank you to his friends on 4N and the CHEO team for the extraordinary professional care and compassion.

In memoriam donations to CHEO (Child Life Services or Oncology) would be appreciated.

Chris Puddy

Chris Puddy, formerly of Mountain, passed away at home in Ottawa on April 22, 2005. He was 28.

He was the beloved son of Walter and Cheryl Puddy of RR2 Mountain. He was the dear brother of Mark (Shelley) of Hallville, and Wayne of Brockville. He was the loving grandson of Betty Puddy of Winchester and Shirley Wagar of Kemptville. He is also survived by nieces Bethany and Meredith. He was the special friend of Jeremy, Ryan, Matt, Lucy, Carla and Cory.

Visitation was held at the Grant Brown Funeral Home in Kemptville on April 25. The service was held on April 26 in the chapel of the funeral home.

Gilda Florence Shay



Funeral services were conducted by Rev. Jean Udall from the Marsden and McLaughlin Funeral Home in Iroquois at 11 a.m. Fri., April 15 for Gilda Florence (nee Casselman) Shay of RR1 Iroquois, who died Mon., April 11 as a result of injuries sustained in a traffic accident on SD&G County Road 16 northeast of Iroquois. She was 44.

Mrs. Shay was the wife of Murray Shay, who survives, and mother of John and Jenna, both at home.

She was born in Winchester District Memorial Hospital June 3, 1960 a daughter of the late Lyle and Doreen (Shaver) Casselman and was married to Murray Shay at Lakeshore Drive United Church, Morrisburg, June 27, 1981.

She and her husband farmed at RR1 Iroquois and she also worked as a pet groomer.

Besides her husband and children she is survived by her mother, Doreen of RR1 Iroquois; brothers Gerald (Marlene) and David (Diane) both of RR1 Iroquois, and Doug (Mary) of Williamsburg. She is also survived by her sister, Donna (Lyall Cutler) of Cardinal.

Mrs. Shay canvassed for the CNIB, Cancer Society and Heart and Stroke Foundation and was a member of the Twin Power Heritage Association, an antique tractor club. She was also a member of Lakeshore Drive United Church in Morrisburg. She collected salt and pepper shakers and spoons and loved animals, working on the farm and living in the country. She was an avid traveller, cook and gardener and was devoted to her family.

Friends called at the Marsden and McLaughlin Funeral Home, 8 Beach St. in Iroquois, on Thurs., April 14 and interment was at Spruce Haven Cemetery in Brinston. Pallbearers were Randy Millar, Rick Lascelle, Peter Pepers, Peter Vander Poel, Brian Munro and Doug Shay.

Donations can be made to Winchester District Memorial Hospital and will be gratefully acknowledged by the family.

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ENTERTAINMENT

MYSTERIOUSLY YOURS...DINNER THEATRE (2026 Yonge St.) presents "CSI:BAKER STREET": an interactive, SHERLOCK HOLMES mystery. Wed. (matinee), Thurs., Fri. & Sat. $46 to $69 (416) 486-7469 www.MysteriouslyYours.com.

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Landfill Hours

As of **May 4**, the **Mountain Landfill Site** will be **OPEN from 10 am to 6 pm** on **Wednesdays**.

The **Boyne Road Landfill** will be **OPEN** for **Saturdays** starting **May 7 from 8 am to 11:30 am and Mondays to Fridays from 8 am to 4 pm.**

Any questions, contact:

Doug Froats
Waste Co-ordinator, 774-5157

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Villages of Chesterville and Winchester
PUBLIC NOTICE
Fire Hydrant Flushing

The Utility Operations of OCWA will be conducting scheduled maintenance of village fire hydrants. This program is designed to ensure that our hydrants will be ready if needed by the fire department.

This maintenance procedure is routine but may result in some temporary minor inconveniences such as reduced water pressure or "red" water. It is recommended that all customers check for clear-running water prior to use EACH day.

IF COLORED WATER IS DETECTED

1) Please open your COLD water taps to clear the system.
2) The colored water is not hazardous to your health.
3) This situation is temporary and should not last longer than two hours.

The flushing operation will commence on **May 2** and be completed by **May 13**.

The staff of the Ontario Clean Water Agency and the Township of North Dundas thanks you for your cooperation and understanding.

Church Directory



COMMUNITY CHRISTIAN REFORMED CHURCH
Dixons Corners
Pastor:
Rev. Clarence Witten
613-652-2400 (Church)
Sunday
10:00 am - Morning Worship
7:00 pm - Evening Service
32tfc

THE ANGLICAN PARISH OF WINCHESTER, CHESTERVILLE, CRYSLER AND SOUTH MOUNTAIN
Sunday, May 8
8:30 am - BCP Morning Prayer at **South Mountain Agricultural Hall**
10:00 am - BAS Holy Eucharist at **Holy Trinity, 37 Queen Street West, Chesterville**
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7c

KNOX PRESBYTERIAN CHURCH
Mountain
Interim Minister
Rev. Dr. Floyd McPhee
Sunday
9:30 am - Morning Worship
50tfc

CHRISTIAN REFORMED CHURCH
Williamsburg, Ont.
Church 535-2227
Office 535-1882
Pastor: Rev. John Noordhof
Sunday, May 8
9:30 am - Morning Worship
Child care available. Sunday School for children 3-5.
7:00 pm - Combined Evening Worship at **Dixons Corners Community Christian Reformed Church**
Please be our guest this week
7c

ST PAUL'S PRESBYTERIAN CHURCH
Winchester
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Rev. Dr. Floyd McPhee
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Bud McKibbon
Mollie McKibbon
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Pastor: Rev. Andre Lauzon
Youth Pastor: Jevon Hawboldt
47tfc

WINCHESTER WESLEYAN CHURCH
Bringing New Hope to Discouraged Hearts
Sunday, May 8
10:30 am - Worship Service and Sunday School
6:30 pm - 4F Club - Family & Friends Focus on Faith
Tuesday Nights
7:00 pm - Prayer Time
Pastor: Thurland Brown
Children's Pastor: Sarah Brown
winchesterwesleyan@on.aibn.com
774-3137 - 537 Main St., Winchester
7c

NATIONSIDE PENTECOSTAL CHURCH
13 Albert Street, Chesterville
Parsonage: 448-2084
Pastor: Rev. Ralph Juthman
Sunday, May 8
10:00 am - Sunday School
11:00 am - Morning Worship
Special Mother's Day Celebration
Guest Speaker: Sandra Gill, National Womans Ministries Director, The Pentecostal Assemblies of Canada and Eastern Ontario Womans Ministries Director
7c

UNITED CHURCHES
Rev. Bob Williams, B.A., M.Div.
Office: 774-2512 • Manse: 774-7077
www.winchesterunitedchurch.org
WINCHESTER SPRINGS
Sunday
9:30 am - Worship Service
Sunday School
WINCHESTER
Sunday
10:45 am - Gathering
11:00 am - Worship Service
Sunday School
3tfc

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VACANCY ON COUNCIL

Request for Expressions of Interest

The Council of the Township of South Dundas passed By-law No. 2005-25 to fill the vacancy in the office of Councillor for Iroquois Ward by appointing a person who has consented to accept the office if appointed. Council are requesting Expressions of Interest from qualified persons interested in sitting as Councillor for the Township of South Dundas.

- Written Expressions of Interest (including name, contact information and brief resume) must be submitted in person to the Clerk (or designate) at 4296 County Road 31, Williamsburg, during regular business hours up to 12:00 noon on **Monday, May 16, 2005**.
- Declaration of Qualification to hold the Office of Councillor for the Corporation of the Township of South Dundas must be certified by the Clerk (or designate) and accompany the Expression of Interest.
- You are qualified to run for office if you are not disqualified by any Act or law and are:
  - A resident of the Township of South Dundas; or
  - A non-resident who is an owner or tenant of land in the Township of South Dundas or the spouse of, or same-sex partner of, such an owner or tenant; and
  - A Canadian citizen; and
  - Of the full age of 18 years.

Please contact the Clerk if you require further information.

Brenda M. Brunt, AMCT
Clerk

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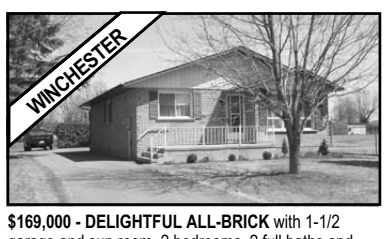

$169,000 - DELIGHTFUL ALL-BRICK with 1-1/2 garage and sun room. 2 bedrooms, 2 full baths and laundry on main floor. Large living room, full high unfinished basement. Perfect for retired couple.



$229,000. 3+1 BEDROOM with 3 full baths. Semi-finished rec room, family room, bar in lower level. Hardwood and ceramic flooring on main level. 2-car garage, entrance to laundry room and downstairs. A 10!



$244,900. LOVELY, WELL-MAINTAINED, air-conditioned home. 3 bedrooms, 2 baths, eat-in-kitchen, dining room, living room, family room and laundry on main floor. Patio to deck and aboveground pool. Single car garage, paved drive. Come look!



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1 CHRISTIE LANE, WINCHESTER • $239,900

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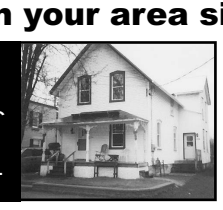

FOR THE INVESTOR, duplex in Winchester. Good income, tenants pay heat, hydro, water, sewer. Two bedrooms per unit, natural gas, 50x132 serviced lot, downtown location. Call to view.

$209,000



WOW! AND THE BARN TOO! Hobby farm, 9-acre hobby farm, plus 3-bedroom renovated home, huge country kitchen, family room, pool, 2 decks. Double garage, all so neat and tidy throughout.

$129,900



JUST SPARKLES! In Finch, spacious living room, country-size white kitchen, family room, 4 bedrooms, 2 baths, computer room, porch, garage, patio, hedged, serviced lot.

$169,000



HERE'S VALUE! Chesterville, stone and brick 3-bedroom home, eat-in maple kitchen, living room w/bay window, family room, fireplace. Den, computer room, garage, fenced yard. Immediate possession.

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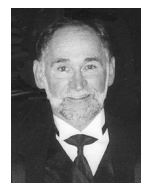

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MANOTICK, ON THE RIVER - Gorgeous lot, large home, a rare find. **$375,000.**



WINCHESTER, 20-ACRE SUPER HOBBY FARM - Includes 2,100 sq. ft. bungalow with finished basement, large 8-box stall barn plus 20 acres tile-drained land. **$299,900.**



WINCHESTER, CANADIAN CLASSIC - Delightful diamond in original woodwork, hardwood floors, french doors, family rom with fireplace, 4 bedrooms, 2 bathrooms, must see! **$219,000.**



MOOSE CREEK - Beautiful 1,500 sq. ft. bungalow on a pretty acre set in fields and trees. Oak kitchen, large main-floor family room with gas fireplace, huge rec room with woodstove. 3+1 bedrooms, 2 full baths, garage has hookup for RV and a generator. Large deck, front porch and a dog kennel. **$179,900**.



WINCHESTER - Stunning in the warmth of wood and stone. This gorgeous large family home has it all. Pine interior, hardwood floors, stone fireplace, huge country kitchen, inground pool, loft hallway overlooks main-floor family room and living room, full rec room with extra bedroom and a huge two-car garage. A very beautiful home. **$269,900.**



EXCLUSIVE LISTING. Winchester hobby farm on 4 acres, well-kept home with main-floor family room, 2 baths, main-floor laundry, 3-4 bedrooms. Big shed/workshop. A great family place. **$149,900**.



WINCHESTER - Wow! Like new. 3-bedroom bungalow, minutes from town. Ceramic tile and hardwood floors. Full high basement. **$149,900.**



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SOUTH MOUNTAIN – RARE OPPORTUNITY! 120 acres, approx. 40 pasture, rest bush. Very private location. 3+1-bedroom bungalow, 2 baths, oak kitchen, hardwood and tile flooring. Basement rec room and den. Large deck. Attached 2-bay garage and shop, new barn/shop. **$279,900.**



CHESTERVILLE. Magnificent beauty in maple and ceramic accents, over 2,600 sq. ft. of living space, up to 5 bedrooms, fireplace, wrap-around deck, two garages. Huge rec room, air conditioning. So very nicely done. **$246,900.**



WINCHESTER, 3+1 bedrooms, 2 baths, huge family room, gas fireplace and workshop area. Many upgrades. **$169,900.**

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NEW WINCHESTER SUBDIVISION LOTS
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OSAID team honored with provincial, national awards

by Amanda Smith-Millar

MAPLE RIDGE — The OSAID team at North Dundas District High School has enjoyed an outstanding year — and now has two awards to prove it.

Not only did the NDDHS branch of Ontario Students Against Impaired Driving win a Provincial Appreciation Award for this year's efforts, but they also won an NSAID (National Students Against Impaired Driving) award.

NDDHS won a certificate for Best Zero Hero Campaign, accompanied by a $300 cheque.

The Zero Hero Campaign encourages people to be a "Zero Hero" — someone who doesn't drink and gives friends and family a safe ride home.

The Student Life Education Company arranges for six NSAID Day awards, such as Best Assembly, Best New Initiative, and The Co-Operators Award for Community Involvement.

The Dundas committee ran their Zero Hero Day last October. They encouraged everyone to dress up as zero superheroes and had a funny one-minute dance-off in the gym.

"By dressing up, you were making a stand that you'll have zero tolerance with drinking if you're going to be driving," says Cindy Steele, teacher-advisor for North Dundas' OSAID group.

Besides the dancing and costumes, the OSAID team had other activities in the gym. They included an obstacle course done with beer goggles and a giant game board on the gym floor.

NATIONAL RECOGNITION

Their stellar effort, combined with a solid application, garnered the group national recognition.

"It's just a reinforcement of the fun you can have when you don't do drugs and you don't drink," says Steele.

More than 400 schools participated in NSAID Day this year, and about 100 applied for the awards.

The application, submitted by OSAID secretary Megan Lummiss, detailed their event.

To add a finishing touch, Keith Fox created a video of the day and submitted it with Megan's application.

Lummiss, a Grade 12 student, said the application was long and detailed. It is currently Lummiss's third year in OSAID and first as an executive member.

Natalie Zeitoun, director of the High School Division of the Student Life Education Company, helped pick North Dundas for best Zero Hero Campaign.

"They put a great effort into their report," says Zeitoun, adding that the report's detail, and special touches like pictures, caught the judges' attention.

She says the panel of four judges was also impressed because NDDHS solicited donations from the community — specifically, Winchester Video, Subway, Milano Pizzeria, Shadbolt's, Jean Coutu, Cannamore Orchards, and the Russell Dollar Store.

She also says NDDHS' creativity — including the dressing up and dancing — helped them win.

"I can tell you that was part of the reason they were recognized," says Zeitoun.

"The way they spun it — which I think is good — was they had superheroes which had zero tolerance for impaired driving," she says. "Because they're not going to put up with people going out and drinking and getting into cars, it's not safe," says Zeitoun. "Driving that message home was what they were recognized for."

NDDHS last won the Zero Hero Campaign award in 2000 under the leadership of then-president Cynthia Rudders.

Steele says the funds will help send executives to the upcoming Ontario-wide conference.

Steele struggles to lay her finger on what exactly makes this year's OSAID exec so special.

But she says the group has good chemistry, and that's a big key to their success.

"Special recognition goes to Megan Lummiss, who submitted the application," says Steele. "But they're an exceptional group of students who work well as a team. They've been doing a fantastic job."

Steele says she just sent about 30 students through the PARTY program (Prevent Alcohol Risk-related Trauma in Youth).

Students, ranging from grades 9 to 12, visited the emergency room at the Ottawa General Hospital.

There, they saw what happens to victims of impaired driving and listened to a paraplegic's story.

FUNDRAISING PAYS OFF

Steele says the executive has pushed fundraising this year.

For example, they ran a successful Euchre tournament.

This Friday, OSAID will host a Battle of the Bands in the gym. The event will run from 7 to 11 pm and students from all schools are welcome if they are signed in with a North Dundas student.

Steele says the ever-expanding OSAID group sucks up increasing hours of her time. However, she doesn't mind — she just needs help.

Just as the role of president needed to split into co-presidents, Steele says she'd like "another teacher on board who is dedicated and passionate."



Worthy winners

North Dundas' OSAID team won provincial and national-level awards for its work this year. Featured here are the executives, proudly presenting their certificates.
Bottom: Megan Lummiss, secretary (left); Rena Peto, fundraising.
Top: Cindy Steele, teacher-advisor (left); Emily Vingerhoeds, co-president; Dana Kittle, treasurer; Kaley Guy, junior executive; Rebecca Bowie, junior executive.
Missing: Adrian Petry. co-President.

Photo – Smith-Millar

Institute elects new executive

by Irene Broad

WINCHESTER — Marjorie Shadbolt presented the new executive at the final Winchester Women's Institute meeting of the year on April 18.

After the presentation the new slate was adopted by acclamation: president - Debra Ann McBride; vice-president - Ann Lyons; secretary - Vivan Fawcett; treasurer - Marjorie Shadbolt; district director - Muriel Merkley; press reporter - Norma Duncan. They were installed by Helen Holmes.

Margaret Johnstone presented past-president Ileen Robinson with a gift and thanked her for her seven years in the office.

A pot luck supper was followed by the annual reports. It has been an interesting and happy year. The last business was to present copies of a new publication, Fighting for Home and Country, a collection of wartime stories by members from across Ontario of their lives during WWII.

The annual district meeting will be hosted by the Winchester Branch on May 10 at the Lions Hall.

Don't forget to visit us online at winchesterpress.on.ca

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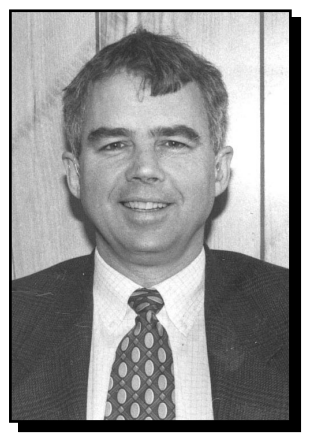

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Keeping Health In Mind

"Keeping Health in Mind" is a monthly newspaper column made possible with the help of the Lannin Business Centre, The Winchester Press and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall Community Hospital/Hôpital Communautaire de Cornwall.

Understanding the brain's role in Alzheimer's Disease

To clearly understand what's happening with Alzheimer's you must first understand certain functions of the brain. The brain is the body's control centre. It controls thought, action, speech and response. It controls behavior during anger, sadness and apprehension. The brain also controls all of the 17 muscles necessary to swallow.

Different sections of the brain control different things. All of the areas of the brain are in constant communication with each other and the rest of the body. They do this through an intricate system of nerve cells. The brain has about 100 billion nerve cells, which are continuously sending and receiving messages. This is a very simple explanation of what happens in your brain. At any given instant, there are many messages being sent simultaneously. When an individual has Alzheimer's disease, there is damage to the brain. Little by little, the ends of the nerve cells die, therefore, messages are not always sent. Some nerve cells can no longer "talk" to each other. Nerve cells do not touch. They send messages to each other through chemicals. For example, one nerve cell uses a chemical messenger to tell another that the round, red object offered as a snack is an apple. In Alzheimer's disease, there may not be enough of this chemical, or it may be missing, therefore, some nerve cells do not get the message. When an individual with Alzheimer's disease sees an apple, messages may not be sent to all areas of the brain. The person may see an apple, have memories of an apple, and realize it is near her, but she cannot plan how to use it. So she does nothing when she is told to "take a bite". In addition to depleted or missing chemicals and dying nerve cells, the brain of an individual with Alzheimer's can also develop plaques in the spaces between the nerve cells where the chemicals should be. These plaques prevent messages from getting from one nerve cell to the other.

The type of impairment is determined by which section of the brain is being affected by the disease process. The Frontal Lobe (located in the front of the brain) is in charge of the ability to plan, behave and respond emotionally. For example, in order to attend a funeral service, one plans how to get there, behaves respectfully, and responds emotionally to one's own pain and that of the family. Attention and concentration are also controlled by the frontal lobes. The Temporal Lobes (located near the temple) controls communication. This includes the ability to talk, interpret what is being said and interpret non-language sounds. The temporal lobes also control the ability to use and understand words and pictures. The Parietal Lobe (located on top of the brain) controls the body in space: for example, it directs how one sits in a chair. It helps to see the world in three dimensions instead of two and gives information about things in the environment. The Occipital Lobe is located in the back of the brain. It is the vision-control center. The Hippocampus is underneath the brain and is where new information is stored and retrieved - in other words "memory". Although the brain of a person with Alzheimer's disease is dying, individuals can still function with help.

Don Depratto, RN, BScN, CPMHN,Community Mental Health Nurse Tri-County Mental Health Services

For more information or to receive the French version of this article, or to seek professional advice, please call 932-9940 or 1-800-465-8061. Free, confidential services are available in French and English to residents of Dundas, Stormont and Glengarry through their offices in Winchester, Cornwall and Alexandria.

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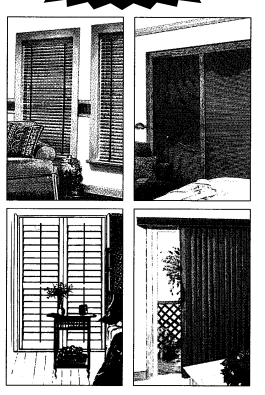
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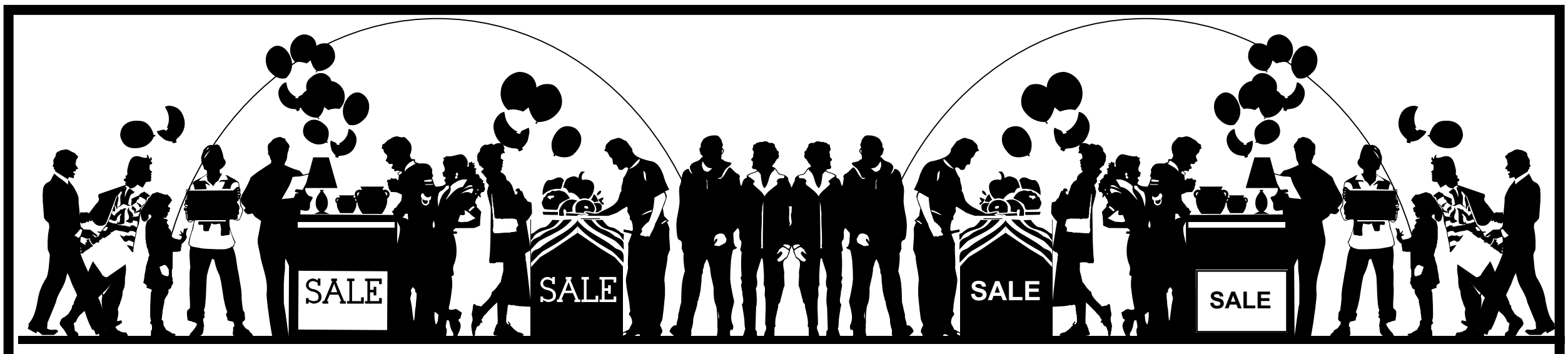

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