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Alzheimer Disease Help For Today...Hope For Tomorrow As Speaker Advises Locals. **2**

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Snowarama 2001

The Kemptville Snowmobile Klub Inc. held their annual Snowarama Ride for Easter Seals on the weekend. There were 97 riders at the event who raised $12,000. Left to right: Denise Dobbie, Ian McLaughlin, Carolyn White, John Wilson, Arnold Williams. Sitting on the snowmobile is "Tammy" Shannon Dobbie and with her is Liz Robinson.

Chieftain photo - J. Morin

South Dundas Council keeping very busy

by Nelson Zandbergen
Chieftain Staff Reporter

Roads in the 'wrong' places

Wayward roads in South Dundas Township have recently proven easy to give away, but difficult to take back.

Township roads occasionally show up in surveys as infringing on private property, and conversely, property assumed to be private is sometimes proven to be part of a road allowance.

In the case of a house on Irena Road that was found to be sitting on an old road allowance, the township and the owner amicably agreed to have borders redrawn in a "paper transaction," which was rubber-stamped by SD&G Counties Council (because the road intersects a county road) on Jan. 15.

The legal transfer from public to private couldn't come soon enough for the homeowner. "I've got it for sale, and you're holding it up, eh?" he told South Dundas Council Jan. 11.

But in the case of Park Drive in Williamsburg, which was discovered to have been built partly on a homeowner's property during a survey several years ago, the necessary transfer of land to the township is dragging on.

Eldon Horner, the township's lawyer, was talking expropriation at council's Jan. 25 meeting. According to Horner, the land in question is a 5,000 square foot chunk "on the east side of the McGann property by the old Pioneer Hotel."

The swatch of land has been used for the road since its construction in the 1960s.

Council approved Horner's recommendation to offer the McGann family an appraised value of $2,530 in compensation. Expropriation of the land in question has not yet taken place.

However, an expropriation hearing was held last year, and the hearing officer determined there was "valid reason" for the expropriation, Horner said. He added there could be another hearing if the owners appeal the township's appraisal, which was performed by an Ottawa firm.

"I don't feel we put the road in the wrong place," said Mayor Johnny Whitteker, noting he was Deputy Reeve when the road was built. Williamsburg Township's original surveys were less than accurate to start with, he said, adding, "The road was put on the land that had been purchased. On the north end, they're on our property."

Council also routinely passes bylaws to widen road allowances in the Matilda ward, decades after officials made changes in the records of that former township while forgetting to ask council's assent.

Leakage in Morrisburg Plaza

Public-private ownership was also an issue as council again

Please turn to page 14

Heritage strategy is broached at meeting

by Nelson Zandbergen
Chieftain Staff Reporter

A common interest in the heritage of South Dundas Township drew interested citizens and representatives from a few of the township's heritage and community groups to a special meeting in Morrisburg, Thursday.

Kirsten Gardner, a contract employee of the township who has been handed the heritage portfolio in addition to other community-oriented goals, organized the meeting at the McIntosh Inn. About a dozen people attended.

The township has in recent years dealt with requests for recognition of one sort or another from various groups concerned with separate heritage projects in the different communities of South Dundas. Council has begun nudging the groups into a dialogue with each other in orde to prevent working at cross purposes, and Thursday's meeting is seen as perhaps the first significant step in that direction.

"The objective is coming from council, but this is by no means a melting-pot situation," Gardner assured the participants. She added that the individual groups would still keep their local points of focus.

The new committee has not been set up as a committee of council — yet.

"I do see this committee as developing," Gardner said, carefully choosing her words.

The aim of the exercise was to "join in a collective front" in presenting the heritage of South Dundas to the outside world, she said.

Since amalgamation, government and private grant sources are no longer inclined to recognize projects driven by individual entities within the municipality. For this reason, Gardner explained, the various groups should at least pull together an umbrella approach. For example, grant applications for various would be helped if each of the groups contributed letters of support.

Glen Cunningham, former chairman of the successful effort to save the Crysler Park locomotive, specifically attended to gauge support for his proposal to paint murals in Morrisburg, Iroquois and Williamsburg.

Cunningham has already done much of the legwork in discussing the matter with officials from Athens, Ontario, known for its handsome paintings on buildings along its main street.

"My life has been history," said the former Upper Canada Village restorer and curator.

Ironically, Cunningham suggested the South Dundas area has grown complacent about its history because of the presence of the St. Lawrence Parks Commission and Upper Canada Village. In the aftermath of the Seaway Project, people were content to let big government spoon-feed them back their own history, he said.

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Large turnout of riders for Snowarama 2001

by P.H.Nicol
Chieftain Staff Reporter

For the first time in a couple of years Mother Nature co-operated and local snowmobile enthusiasts turned out in near-record numbers to take part in the annual Snowarama fundraising event.

This year's event was called Snowarama 2001 For Easter Seal Kids and it was hosted locally by the Kemptville Snowmobile Klub and the Kemptville Rotary Club. Riders from neighbouring snowmobile clubs were invited to take part in the event and many of them did so.

The Rotary Club set their sights on raising $10,000 this year. Thanks to the great weather and thanks to the generosity of everyone who took part, they met that goal and more. This year's Snowarama raised $12,091, nearly double the amount raised last year.

Because of the uncertainty of the weather the last few years, organizers have added a car rally component to their event. In fact, one year when there was not enough snow to take the snowmobiles out, they changed the name of the event to "No-Snowarama", held a car rally and raised a good sum of money anyway. This year, about half a dozen people took part in the car rally.

The money raised at these annual events goes to Easter Seals and the Easter Seals Society in turn uses the money to assist families of children with physical disabilities. It is the goal of the Easter Seals Society to help pay for specialized equipment needed by these children to communicate and be as mobile as possible. The Society operates summer camps for families and children and invests money to help develop research and prevention programmes.

The specialized equipment needed by these children and young adults is expensive and often beyond the financial means of their parents. A motorized wheelchair, for example, can cost anywhere from $6,000 to $20,000; a manual wheelchair can cost anywhere from $1,600 to $5,000. "Extras" such as home ramps, porch lifts and van lifts are also very expensive, and there is no government assistance for purchasing these items. A week at a specially adapted Easter Seal Camp such as Camp Merriwood costs $1,300 per child.

For the people who took part in this year's event, it was a chance to get out and enjoy their hobby with their friends and neighbours while at the same time raising funds for an excellent cause. Organizers would like to thank them and everyone who contributed for making the day such a resounding success.

Kilger named Deputy Speaker

After losing in his bid to become Speaker of the House of Commons on Jan. 29, Stormont-Dundas-Charlottenburgh MP Bob Kilger was the next day handed a consolation prize by Prime Minister Jean Chretien, who named the former NHL referee to the position of Deputy Speaker of the House.

Kingston MP Peter Milliken defeated Kilger for the coveted, perk-laden speaker's job in a five-ballot contest.

"I would like to take this opportunity to congratulate Mr. Milliken on his election and wish him every success," said Kilger, prominent in recent years as a smiling fixture behind the Prime Minister's bench during televised sessions of Question Period.

He had served as Chief Government Whip since October 1996.

"As a colleague first elected in 1988, I have every respect for the work Mr. Milliken has accomplished as a parliamentarian," he said.

"I would also like to take this opportunity to thank the many people of Stormont-Dundas-Charlottenburgh riding who expressed their support for me in my candidacy for the Speaker position."

Edwardsburgh/ Cardinal hears Rec. Association concerns

by Theresa Roach
Chieftain Staff Reporter

A concerned group of citizens made their way to the municipal hall in Spencerville for the regular meeting of the Edwardsburgh/Cardinal Council on Feb. 5.

The group was from the South Edwardsburgh Recreation Association (SERA) and among their concerns was the allocation of time and budget for recreational needs within the amalgamated municipality of Edwardsburgh/ Cardinal.

The Chairman of SERA, Lorne Bender wrote a letter to council regarding their concerns. In the letter, he stated that the group is specifically concerned about the need to increase the Facility Manager position from part-time to full-time.

The letter went on to state that with the additional roles and responsibilities it is enough to justify the change as soon as possible.

"We know our present recreational facility manager, Michael Spencer, has been very successful due to his management skills, knowledge of the facilities and dedication to ensure that he can stretch a budget to the fullest. The current condition of the Edwardsburgh Arena and the total operation of the facility is indeed proof of good management," stated Lorne Bender in the letter.

The group's thoughts went on to be expressed in the letter by

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Tiny Hearts

Eric (A Beaver) and brother Josh (A Cub Scout) Tetley did their part on Saturday as they sold tiny hearts for the Heart and Stroke Foundation. The local Scouting program always seems to lend a hand when needed, even when it is bitterly cold outside. The numbers this year are smaller than normal, but the charity remains huge. There are no Scouts, Venturers or Rovers this year in Iroquois. *Chieftain Photo by S.L. Johnston*

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Vital to get information on Alzheimer Disease to the people

by Sandra Lee Johnston
Chieftain Staff Reporter

Alzheimer Disease is the 4th greatest cause of death in Canada.

Not just for what it does to the victim, but for its devastating effect on family an friends...Alzheimer Disease is often described as "the worst of all diseases." It is a disease of the brain and it is terminal. It is also the leading cause of dementia. It is NOT a normal part of aging and there is NO known cause or cure and it CAN strike adults at any age, but is most common over 65, unless it is genetically passed. A small per centage of people will get it through the genes, at any age.

An interested group gathered at the Morrisburg Legion last week to listen and learn from Craig Smith, Education Officer with the Alzheimer Society. "It is important to get the information on this disease out to the people," says Craig as he addresses those who came out. He continues as he looks around the room, "Almost everyone knows someone with Alzheimer Disease."

He suggests that if we know the warning signs and can spot the first signs we can help make the lives of those with Alzheimer Disease better. "We are in BIG trouble in this country, our health care system is breaking down. The baby boomers, which account for a huge bulge in our population will be faced with those diseases that strike the elderly soon...Heart disease, Cancer and Alzheimer..."If we can see trouble now, imagine how bad it will soon be! We need to fix our health care system before the boomers need it!"

He smiles as he notes that all the monies donated to the Alzheimer Society stay right here and helps people right here.

Alzheimer Disease is a degenerative brain disorder that destroys vital brain cells. One in thirteen Canadians over 65 currently suffer from the Disease.

He hands around a couple of photos of the brain...a normal 5-lb brain and a 3-lb brain of a patient with Alzheimer Disease. "You lose brain tissue with Alzheimer."

He points out the early warning signs that may or may not lead to a diagnosis of Alzheimer Disease.

"The important thing is that if you notice several symptoms on the check list, get the person to their doctor for a complete examination. He suggests that a person who has always been facetious about their appearance who suddenly forgets to wash their hair, wears the same clothes repeatedly even with stains is in trouble and you need to get help, from a doctor, a minister, a pharmacist or from the Alzheimer Society where you can express your concerns and be advised where to seek help. Early warning signs...include memory loss that affects day to day function; difficulty performing familiar tasks; problems with language; disorientation of time and place; poor or decreased judgement; problems with abstract thinking; misplacing things; changes in mood or behaviour; changes in personality and loss of initiative. "You have a three-year window from the onset of suspicious behaviour to actual diagnosis to begin medication. There is a fine line between forgetting a bit and forgetting so much it is not acceptable," says Craig, "It becomes tough...but if the person were to put clothes in the oven instead of the dryer as their confusion grows it becomes evident something is wrong."

Craig stresses the fact that Dementia is not always Alzheimer Disease, but acknowledges that once a diagnosis is made for Alzheimer Disease, the Society kicks in with support groups, changes at home and those that will help everyone, counselling and education to enable the patient with healthy functioning as long as possible. "Early diagnosis is vital." In order to be certain the disease is noted as early as possible, others in the family must be aware of warning signs, be educated on what to look for and not be afraid to come forward ASAP. He continued explaining that medications are available to help work with the symptoms, if caught early, as he put it, "To buy time anywhere from 6 months to 3 years."

On a very upbeat note he suggested that researchers are getting closer each day to a breakthrough. "The cure may be with the removal of plaque that builds up in the brain. The trouble is that this plaque exists elsewhere in the body and so cannot be eradicated in case it serves some useful purpose outside the brain. Further research will deal with this aspect."

The challenge is for those entrusted with caregiving of these patients. Craig assures them, and there are some among the group that high levels of stress are common. "It can be around the clock care you are responsible for, friends and neighbours can support you. It is vital for others to realize Alzheimer patients need help and so do their caregivers."

He was adamant as he told everyone, "There is a support group who meets at Park Lane Senior Support Centre the last Monday of each month and there is day support available in Ingleside. It is important that others realize Alzheimer patients need help."

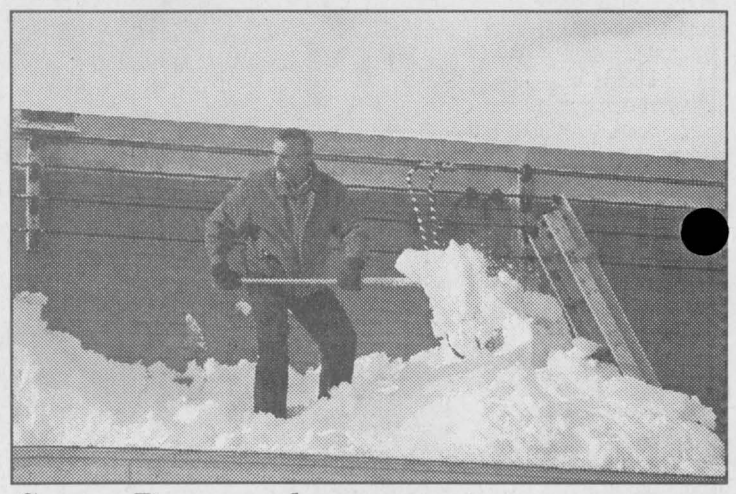
It is worth knowing that people with Alzheimer Disease will withdraw from society, they do not keep in touch with others and don't go out. Therefore it is vital that others keep sending cards to them to show they care," says Craig.

When suggesting what people can do to help those with Alzheimer, Craig said, "Do the little things, they will not ask for help. Things like learning to listen to the patient and the caregiver, making extra stew etc. when you make for your family and drop it off ready to freeze, see if when running errands you can do for them too, surprise their caregiver with treats, give the caregiver a break by staying with the patient-the caregiver needs to be taken care of too, remember ALL family members and help them through the difficult times (even children need to know and understand why gramma forgets who they are), help with a specific task (raking leaves etc.) become informed, provide a change of scenery (take them for a walk, a drive or a tour-if the disease has not progressed too far), get involved in getting the message to the people in general."

He offered, "Alzheimer Disease is scary, hard on family members and easy to ignore. Registering the patient in the "Wandering Persons Registry" gives them a bracelet with a number and their first name only. Wanderers with Alzheimer Disease "look" different than other elderly folks. This works well to get them back where they belong unharmed."

He suggest as well that telling post office staff, the grocery store personnel etc. that someone has Alzheimer Disease is nothing to be ashamed of doing, in fact it may well help the patient. "BE confident enough to share the knowledge with others."

Another program which helps a lot is called, "Walk About"... where for 2 hours a month a person is matched with a patient, after a 6-hour training course. It runs for a 6-month period and the time must be consistent. "It is not a long time, but it is vital to the patient that it be consistent," says Craig. He drew his talk to a close by telling those present that towards the end of the disease, verbal communications stop and that is when touch, love and feel become important. Support and education is necessary up to the end. If you know what to expect, you also know what to do once the diagnosis is made....LOVE prevails to the end."



Snow Removal

Jim Lewis of S&F Foodland was busy shovelling mounds of white, fluffy, snow from the roof of his utility building at the rear of the Shopping Plaza. There is nothing to do but get up there and shovel it off. The snow gets heavy when it begins to pile up and especially when it starts melting. Heave ho!

Chieftain Photo by S.L.Johnston

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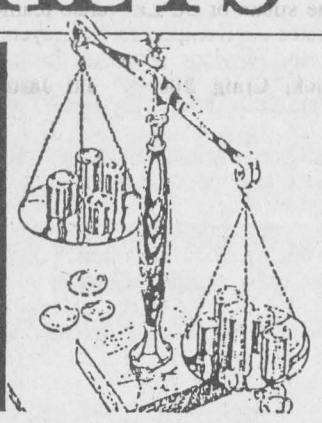

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RRSP Primer

What is the RRSP contribution deadline?

The deadline for RRSP contributions is 60 days after the end of the year. The deadline for the 2000 tax year is March 1, 2001.

How much can you put into your RRSP?

"Generally speaking, you can contribute up to 18 per cent of your earned income in 1999, to a maximum of $13,500," explains Sam Zuk, a Chartered Accountant with Soberman, Isenbaum & Colomby LLP in Toronto.

However, adds Zuk, this amount will be lower if you have any pension adjustment and past service pension adjustment, and it will be higher if you have any unused contribution room from prior years or a pension adjustment reversal, which is reported on a T10 slip. "The best way to confirm your maximum contribution limit is to check your 1999 tax assessment notice from the Canada Customs and Revenue Agency (CCRA)," advises Zuk. You can also confirm the amount with the CCRA directly by calling the Tax Information Phone Service (T.I.P.S.) at 1-800-267-6999. When you call, you will be asked to provide your social insurance number, your month and year of birth, and the total income you reported on line 150 of your 1999 tax return.

What if you can't afford to contribute the maximum?

"If you can't contribute the maximum, the unused amount will be carried forward and can be used in any future year," says Brian Quinlan, CA, of Campbell Lawless LLP in Toronto. "But you should try to contribute the maximum allowed, particularly if you are in a high-income tax bracket."

You may even want to consider borrowing to make your maximum RRSP contribution. "This may make sense if you are in a high marginal income tax bracket and are certain that you will be able to repay the loan in a relatively short period of time, say less than one year," says Zuk. "Don't forget that even though the interest paid on RRSP loans is not deductible for tax purposes, your contribution is likely to result in a tax refund, which could be used to help repay the loan."

When should you claim your RRSP deduction?

Most people claim their RRSP deduction the same year they make it, but that's not always the best thing to do, says Zuk. "If your taxable income is very low, it might make more sense to defer your deduction to a year in which your income and tax rate are much higher, meaning you will save more," he explains. Meanwhile, the funds you put into your RRSP will continue to compound, tax-free.

What's new this year?

Changes announced in the February 2000 federal budget and October 2000 federal "mini-budget" should be considered when you are selecting investments for your RRSP.

"The changes mean that, effective October 18, 2000, capital gains are taxed at half the rate of interest income," explains Quinlan. "As well, there are reductions to the tax on Canadian corporate dividends."

Quinlan says these changes should be taken into account when reviewing your RRSP assets. "You will benefit most by keeping your highest-taxed investments - such as Guaranteed Investment Certificates or Canada Savings Bonds - inside your RRSP, and the less-taxed investments, such as those yielding capital gains and dividends, outside your RRSP," he advises.

Another change for this year relates to the limits on foreign content in your RRSP. "For the 2000 tax year, foreign content can account for up to 25 per cent of the cost amount of all properties in a self-directed RRSP, compared to 20 per cent in past years," says Quinlan. "For 2001 and future years, the limit will be increased to 30 per cent."

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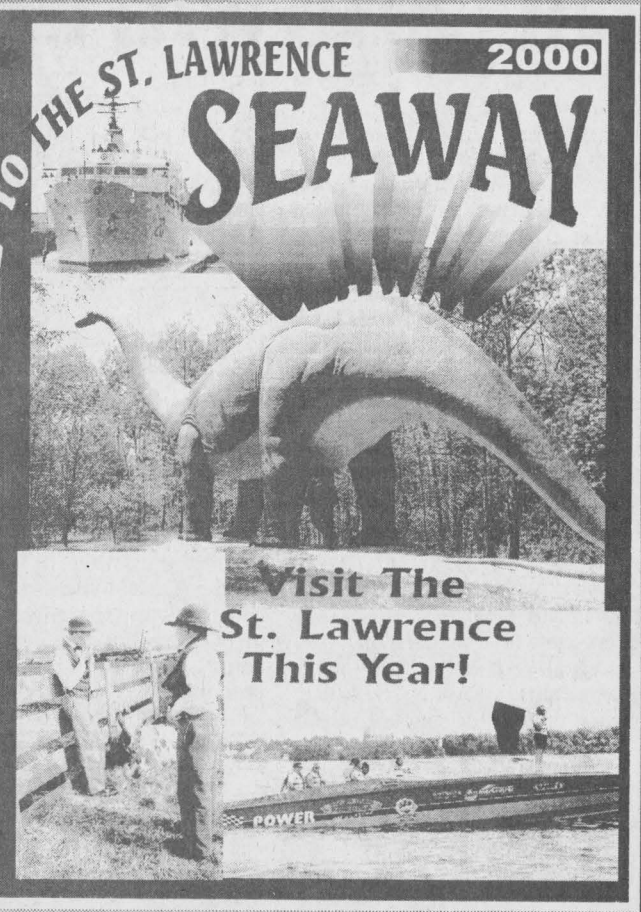

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St. Lawrence Area Birdwatching

by Linda Anderson

We got pour wish. Last week we hoped for a fresh snowfall and the weather obliged. As this is being written an easterly storm is blanketing the landscape once again with more of the white stuff. As snow piles up, bird feeders must be brushed off more frequently and bird reports have been a little more encouraging.

Mouldy seed can be the death of birds. Keep your feeders clean by clearing out wet seed and keep the snow off so the birds can feed. Some species are unable to find seed under the snow cover, others are more adaptable. A fat supply will keep woodpeckers chickadees happy.

A Snowy Owl was spotted at the side of the road last Saturday early in the morning. The big, white bird flew down to the side of the Brinston Road near Hulbert, perhaps to obtain some grit. This Arctic species occasionally moves this far south in winter if the Lemming population (its favourite food) dwindles. This is the second report of a Snowy Owl this winter in our area.

Snow Buntings are being seen in large numbers, never tiring the



watchers enthralled by their aerial acrobatics, soft chittering songs and delicate colourings. A resident at the corner of Ann and Church Avenue in Iroquois watched about 150 of them in a tree there, where they have congregated in the past.

Large numbers of Mourning Doves were reported by a Caldwell Drive resident who counted 56 Doves roosting on the Hydro wires near her home. Still more were on the property of Davis Drive residents who are feeding 100-125 Doves. They are feeding them cracked corn, the Doves favourite food. Coming to feed there as well are a good assortment of Chickadees, Purple and House Finches, a resident pair of Downy Woodpeckers, nicknamed Dora and Downey and a resident pair of Hairy Woodpeckers named Henny and Hairy. The Hairies are quite large in size.

From the Broken Second Road a report came in of three pairs of Cardinals visiting the feeder three times a day. The bird feeder there was moved to a better location with a Siberian pea shrub, crab apple tree and white birch. A nearby cedar hedge provides cover.

From Morrisburg's Rowan Drive a very active feeder report there, with both species of Nuthatches, Doves, both species of Woodpeckers (3 pair of Downies, 2 pair of Hairies) Purple and House Finches, a lone Song Sparrow and the first look at a Ruffed Grouse. Large numbers of Chickadees are there too.

A Stampville garden, which I visited on Sunday, was very busy with Finches, Nuthatches and Woodpeckers. Cardinals come every day but none came while I was there. A far northern species, the Common Redpoll has been seen, as well as at the Rowan Drive address. These are the first reports of redpolls this winter.

I took my first snowmobile ride on Sunday. Clad in a snowmobile outfit and helmet, I waddled to the machine, had my picture taken, awkwardly straddled the seat and clutched the driver's jacket for dear life, as we took off in a flurry of snow flakes. My screams of "yahoo!" and "aiyee!" must have scared every bird off for we saw nothing, only a fat porcupine high up in a tree, too high and too slow to escape the shrieks of this somewhat nervous passenger as we whizzed by at 40mph. My thanks to two good friends at Stampville for the pictures, their hospitality and for making my birthday a day to remember!

Thanks for your calls this week. Reports, anecdotes and observations are welcome to me at 652-2555.



Appreciated for sure

Lyle Mattice of the Iroquois Community Patrol accepts a cheque from Doug Byers donated by the Iroquois Business Group (Doug is a member) to help the Patrollers. The money has yet to be earmarked, but will be used for the good of all who volunteer their time and vehicle to the patrol helping ensure a safer community.

Chieftain Photo by S.L.Johnston



Precious edges competitors

These young figure skaters distinguished themselves and the Morrisburg Figure Skating Club in a 'Precious Edges' competition in Brockville, Jan. 27. Front: Brianna Stewart (2nd Sleeping Beauties Canskate); Jessica Thompson (1st Mulans Canskate, 1st Interpretive A); Taylar Tippins (3rd Introductory A); Meghan Adams (2nd Introductory A). Back: Hayley Carr (3rd Novice B); Lindsay Gilmer (1st Preliminary, Introductory Similar Pairs 4th); Courtney Thompson (4th Preliminary B, Introductory Similar Pairs 4th). Absent, Kaitlyn MacDonald (3rd Introductory B).

Chieftain photo by N. Zandbergen



Chieftain photo by N. Zandbergen

Truck Stop collision

This mini-van got the worse of a contest between it and a tractor-trailer at the entrance to the 730 Truck Stop. Members of the Cardinal Fire Department and an ambulance were dispatched to the accident scene last week.

Junior B Lions send eight players to All Star games

by Sandra Lee Johnston
Chieftain Staff Reporter

Sending eight players to the All Star Games this year bodes well for the Morrisburg Junior "B" Lions. Hosted by the Akwesasne Wolves the games give those chosen a chance to display their talent before a different audience.

Lions forwards chosen included Wayne Garlough and Paul Gauthier along with defenceman Jamie Barkley and goalie Alex McCormack who were part of the veteran squad, those more seasoned players, while the Prospects, those players 17 and younger included forwards, Sebastien Thibault, and Peter Barnett and goaltender Jeff McIntyre. The fact that the Lions had both their goalies named to All Star squads is a bonus and shows the strength in the pipes.

The General Manager of the Lions, Ron Casselman joined the Veteran team behind the bench with coaches Marc Sauve and Mike Owens both from the Alexandria Glens.

This years matches were like carbon copies of last years event, although the score was tighter, as the St.Lawrence Prospects defeated the Rideau Division 2-1. last year the winning margin was 9-2. Scoring for St. Lawrence were Jason Campbell (Akwasasne) and Matt Bertrand (Winchester), while Tyler Rasa (South Grenville) earned the counter for Rideau in the losing battle. In the Veterans game it was a much closer game than last year when St. Lawrence was beat 9-5. This year it took OverTime to decide a victor. Tied at 3 after regulation time, goals came off the sticks of St. Lawrence teammates-all Kemptville 73 players: Kelly Windsor who had the hat trick, Craig Stanley and Jason Valcour each with a single. Scoring for Rideau were Trevor Choffe and Bill Palmer of Westport and Athens respectively who nailed two each into the net and Greg Kerr also of Westport who found his mark once. It was Chris McCann of the Athens Aeros who scored the winner with 2:10 left in the five-minute OverTime period giving Rideau the victory.

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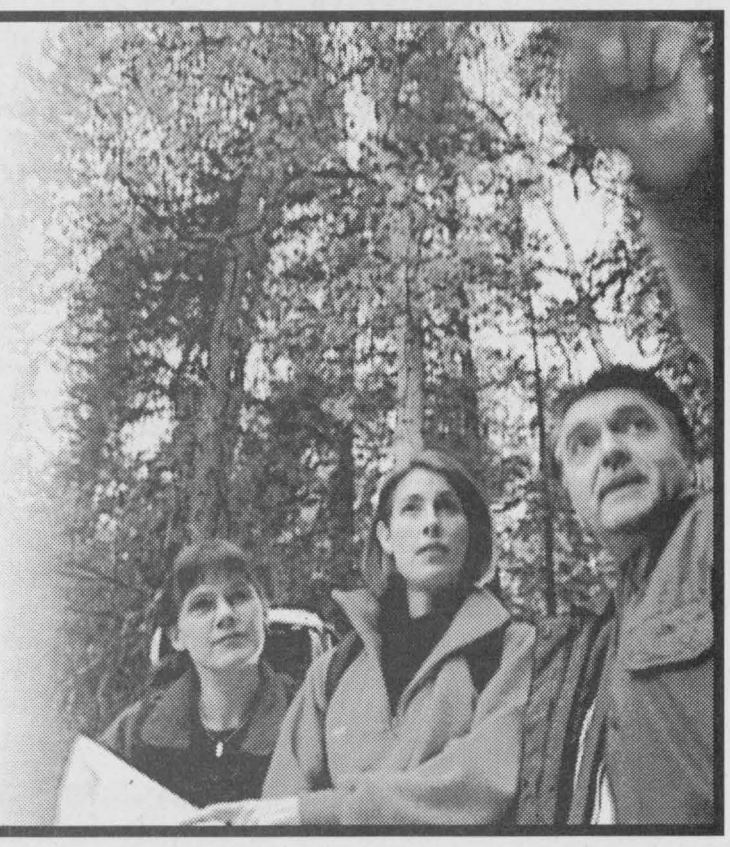

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For-ward ho!

While the mayor and other members of council have publicly mused about the future of the ward system in South Dundas Township on a number of occasions since last fall's election, they've set the issue aside, for now, in response to a pro-ward petition that landed on the council table Jan. 25. Mayor Whitteker says the public can expect a decision on whether councillors will be elected at large or by ward no earlier than necessary. He says June 2003, six months before the next municipal election, would be his preference — although, in reality, council will have to make up its mind some time in late 2002, before the nomination deadline the following January.

In any event, there is plenty of time for council to ponder the sound reasons for keeping the four wards.

Wards have received a bad rap with the idea that they automatically foster division and prevent us from thinking "we're all one township now." But that really hasn't been the case as far as council itself goes. Neither the last term nor this one, so far, has been hamstrung with parochialism or great difficulties working toward the common good. Folks may not agree with all the decisions made in this post-amalgamation era, but, if anything, the dissatisfaction stems from sentiment that council members cooperate too much, not too little. Some residents would rather see their councillor fight harder for their own backyard issues. It only goes to show that our local government is already attempting to strike a balance between neighbourhood concerns and those of the larger municipal whole. Compromise exists in the present system, as much as some have hated to compromise at all, while others push for the elimination of the wards in the mistaken belief that even more compromise will result.

The ward system works. Our communities deserve their individual representatives, and not only for historical reasons. Locality matters. Canada itself doesn't elect 300-odd MPs at large. They come to Ottawa from individual ridings, each representing a different place. Little South Dundas, too, must account for the differences within its boundaries, most especially the rural/urban split. Practically speaking, so long as village dwellers in Morrisburg and Iroquois have no choice but to buy water and sewer services from the township, which sets rates affecting only them, they should be guaranteed their own spokespersons in Williamsburg. As the American revolutionaries said, no taxation without representation.

Before tossing the wards, council should carefully consider a more personal angle. Getting elected at large means knocking on a lot of doors. And if councillors did campaign throughout the entire township, as the mayor already does, would they then argue to have their pay boosted to the mayor's level?

Council would also do well to at least fully understand the current system first. A rather disconcerting conversation occurred at the council table several weeks ago when the mayor and Councillor Bill Ewing both suggested, seriously, that they should've been allowed to vote more than once in the last municipal election, because they own property in more than one ward. Um, no. Unfortunately for the ward system, this is a rather common misconception. Still it was almost shocking to hear local politicians argue, without their fully realizing it, that a person's wealth should confer extra voting privileges. But it's really quite simple: The taxes paid in Morrisburg, Williamsburg, Matilda or Iroquois go to the coffers of the same single Township of South Dundas; therefore one government, one vote per person. A billionaire might own property in every federal riding in Canada, but, like any other citizen, he's permitted to mark just one ballot during a national election. Similarly, wards can be viewed as mini-ridings within a single municipal jurisdiction. You vote once, where you live.

South Dundas should keep the ward system. **NZ**

The Chieftain welcomes your opinion.
Write: Letters to the Editor,
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Clearly marking your correspondence as a "Letter to the Editor"

Dundas Health Fair informative



Pat's aerobics action



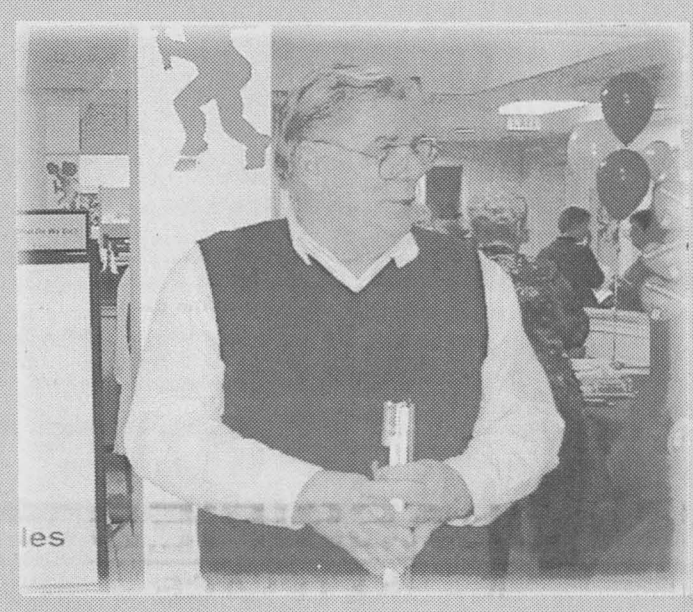
Blood pressure check for Mrs. B.



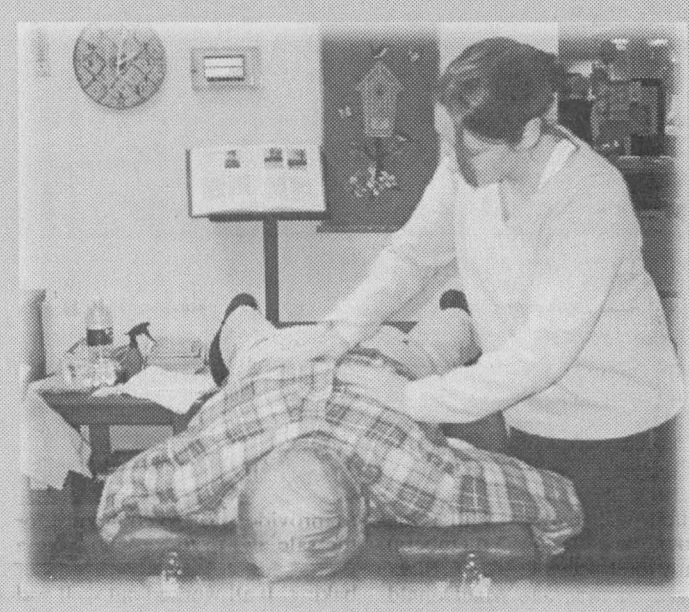
Denis (EOHU) shares information



Learning where to find help



Steve helped at CNIB display



Kim shows us her technique

Chieftain Photos - S.L. Johnston

❄A white blanket covers Swampview❄



Enough already! We are blanketed in the white stuff. We have dug out from under and dug out repeatedly. Sure we have nothing compared to the east coast, but enough already!! This winter reminds some of us of what winters used to be like, cold and snowy.

An exceptionally early morning drive to Algonquin so the college kid could catch the 5:45 am bus trip to New York City was a rather nervous experience for all three of us. The white stuff had been falling steadily all night and when morning came for us, like 3:30am, things were lovely and white, and we could have enjoyed it fully if not for the drive ahead of us. The world was silent and still. The roads had not yet been plowed clear and snow lay heavily where the pavement was hidden below. Locating the edges of the roadway was difficult. The Bronco plodded through to Highway 43 where I was sure the road crews would have things undercontrol...wrong! The darkness was thick and the snow covering everything so that the landscape looked all the same. The headlights cut through the dark and we tried to make time...we were afterall on a schedule. A small car jumped into our tire tracks and followed us for some time, probably glad to have come upon us in this vast blackness. Headed in a westerly direction it occurred to me that it might have been better to have taken the highways, but it was too late for such ideas. Finally reaching an S-curve where the black pavement was evident and bare...and the 416 not to far away. Headed northward we made better time and arrived prior to the loading time. The route is a regular for the kid as he drives to school each day and worked well. Good byes and wishes for a good time as he headed to the bus, the big guy and the writer headed for home. He would enjoy the Big Apple as he learned along the way and had some cash and his cross-border insurance in hand. As we drove southward, the sun peeked through and a hot shower revived the tired bones. Both were in good time for work and the end of this one could not arrive quick enough, so that much needed sleep could take over. A call later that evening told us he arrived safely and provided his phone number should an emergency arise.

Lifting a heavy box caused too many muscles to go into spasm in the back and this old editor is paying dearly for the mistake. A visit to the bone cruncher resulted in a cry for help since they have not yet moved any of the bone structure. It is only the spasms in the muscles themselves and they require a massage therapist to work through the spasms. After numerous calls for help an appointment finally resulted and the pain will be in all probability worse before it gets better...I can hardly wait.

Groundhog Day is over for 2001. Depending upon what station you listen to he saw his shadow, and he did not see it, take your pick, we are snowbound and winter bound for a while yet. The Annual celebration of the event was done up as usual up the Broken Second so we hear.

Saturday was a day to iron and try to get the back pain to let up. A baby shower for a niece was attended for as long as the pain could be endured. The pain killers help but when they wear off it is rough. The drive to pick up the traveller after enjoying a meal with friends was not too pleasant. Everyone drives too fast and not nearly careful enough. This time the highway was the correct way and we pulled into Algonquin as the bus was unloading. Sticking to the speed limit we were passed by small cars that literally flew past us. It was scary at times, and there is no doubt in my mind why accidents happen on our highways. People will not adjust their driving to the conditions, it is winter and even pavement that looks bare is often slick with a scum of ice.

The college kid came home with stories of checking out the city from atop the Empire State Building, touring the Guggenheim Museum and the Museum of Modern Art, drinking coffee in the little shop that Felicity works in (a TV show that he enjoys), tours of design companies and soaking up the atmosphere of New York City.

Sunday was not much better as far as spasms are concerned, and the A535 rub was plastered on the back numerous times in an attempt to relieve the pain, various sitting and prone positions were tried to alleviate the pain, all to no avail. Missed the sno-drags for CHEO, and apparently some fun, but them's the breaks eh?

Please turn to page 5

the bottom line

A VALENTINE BAKE SALE WILL BE HELD AT SEAWAY HIGH SCHOOL on Wednesday, February 14, Valentine's Day to raise funds for graduation bursaries and track repairs. The families of the Grade 9 students are providing goodies this time and the sale will be open to the general public from 10:30 until 11:30am and to the students at Seaway on their lunch break. Arrive early and avoid the crowds while helping out the students.

* * * *

THE DIABETES SUPPORT GROUP WILL MEET ONCE AGAIN FOR THEIR monthly gathering. Thursday, February 15 at 7pm in the Winchester District Memorial Hospital in the Conference Room in the Lower level, in the front door and to the right, the door facing you at the bottom of the stairs. Everyone is welcome to attend. These are very informative meetings. Guest speaker this month is Doctor Larry Schnurr and he will present Complications of Diabetes.

* * * *

ELEMENTARY SCHOOL CHILDREN ACROSS THE ENTIRE COUNTRY ARE all partners in the MS Read-A-Thon, a motivational reading program for students 6 to 14. Started on January 22, 2001 reps from the MS Society began visiting elementary schools across Ontario to kick off the program. Those taking part read books during a 4-week period, while collecting pledges for each book read. This way the students learn that simply by reading books they can help thousands of Canadians who suffer with MS. In its 24th year, some $30million has been raised since the program first began. In Ontario alone last year some $1.4million was gathered through the reading of 400,000 books by 100,000 students! Students at St. Cecilia School are involved in this worthwhile cause and we encourage them.

* * * *

THE SOUTH DUNDAS CHAMBER OF COMMERCE HAVE MET THE FIRST hurdle in their path to growth as far as Silicon North is concerned, by coordinating the renaming of Highway 31 to Bank Street all the way to Morrisburg. Bank Street is to be heralded as the "Gateway" to the St. Lawrence River as well as to the Nation's Capital. To celebrate this, the longest parade on record is in the planning stages by the Chamber. Get involved, show your support, join the parade, call 543-3443 today!!

CONTINUED

Livin'

continued from editorial page

The university lid will be getting set for his Study Week which is fast approaching. The big guy and the writer will trek west to bring him home for the week. His brother and he will have some time to snowmobile and sleep. There will be washing to accomplish I imagine and some food that is not pasta before he heads back for the final leg of school. He may get a March Break as well there is no firm word on this yet. If so we will try to get some holiday time for everyone together.

The little Tempo has been acting silly the past few days, not wanting to start, flooding out and defying the need to get moving. A call went out to get an appointment to check things out. Spark plug wires and a distributor cap and rotor were replaced and things seem to be back on track for now anyway.

Watched the Super Bowl and perhaps the best enjoyment came from the commercials. This week on Canada AM they have been showing those U.S. commercials that we in this country did not see, and they are a hoot. The half time show was awesome, leave it to the Americans to put on a show!

This past weekend we were on the couch for the NHL All Star game. It was great to see Sundin score and Lemieux play again and North America won, as it should be since hockey is "our" game, is it not?

Something that was noticed lately as well is that Betty from S&F was seen driving a FORD Explorer. Not of this vehicular persuasion, it must be noted she looked great behind the wheel of her daughter and son-in-laws new truck, perhaps it will give her ideas about switching brands!

A birthday wish goes to Linda who writes the bird watchers column for us each week. Hope it was a good one and we wish many more healthy and happy years for you!!

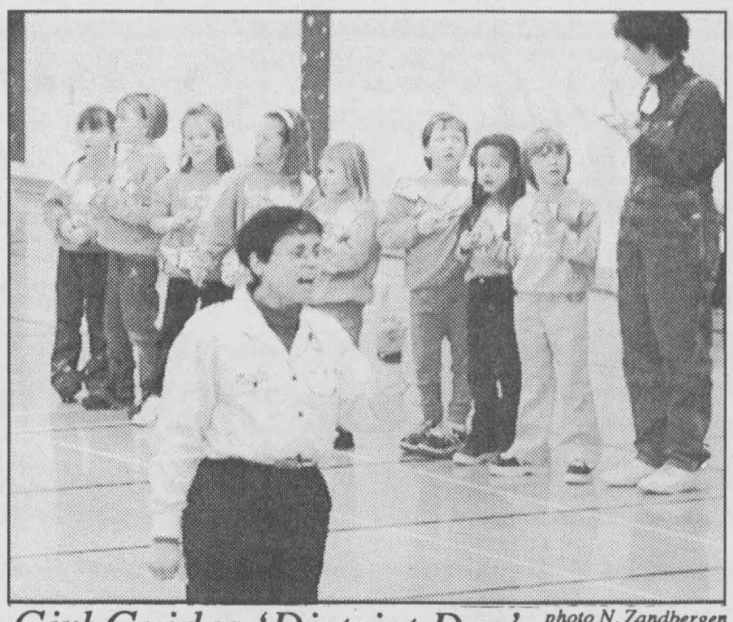
Don't forget that next Wednesday is Valentine's Day. That special someone in your life will be looking for a remembrance from you. It need not be anything extravagant, just a thoughtful item or deed will do the trick.

Cleaning the vehicles off each morning reminds us that winter really is a beautiful season. The silence, the stillness as the day just gets started is wonderful. take time to let all your senses realize what is happening and how delightful it is. The snow flakes drifting earthward touching down ever so gently as they accumulate and cover the ground, the birds as they drop by the feeders for a snack before hustling off to who knows where (The office?) and the fact that wild game comes so close to the ranch -evidenced by fresh tracks in the new snow make it a terrific feeling to be alive. Walking in the winter is good exercise and makes you feel brand new. Soak in the scenery and enjoy the day. Even shovelling the walkway can allow time to reflect and give a serenity to your hectic life style.

The college kid allowed us to talk on the e-mail with the university kid, his bud and the city cuzzin all at about the same time. It is certainly not the same as hearing his voice, but it was fun. The big guy and I learned that we are the 'rents (short for parents, since long words waste valuable space). We also learned that the lads in the city of the liftlock bridge are still searching for a house to rent for next year, and have a couple of prospects lined up. We hope to check them out before anything is signed...

Time races onward and so we must away to another project. Catch you on the flip side...

The wisdom comes from Shackerley Marmion who said, "Great joys, like griefs are silent." take care and keep digging out from under that snow!!



Girl Guides 'District Day' *photo N. Zandbergen*

Iroquois Guides Counsellor Paula Murray conducts closing ceremonies at District Day, held at North Dundas High School, last Saturday. One hundred and thirty-seven girls — Sparks, Brownies, Guides and Pathfinders — from six community clubs in the area participated in the day's activities.

Lions face Predators

On Saturday, January 27, the young Lions were transported to St.Isodore to face the Casselman Predators and showed that they were unscathed by the effects of a long, early morning trip, winning this exhibition match by a 6-3 score. Leading the Morrisburg production was Scotty Summers with his second hat trick of the season. David Toonders chipped in with two goals for the blue team and Nick McCaslin added one. Captain Jay Kellar assisted on both of Toonders' goals for Morrisburg. Singles were earned by Tommy Keyes, Drew Hutt and Josh Veltkamp, all of whom set up a Summers' blast from the point. Coach Dan and the team were grateful to Tommy Keyes who played a fine game filling in for a missing forward.

The Morrisburg Arena was the scene for a Sunday afternoon league game against the North Glengarry-Stormont Braves. This was a game that would remind one of a match between the Buffalo Sabres and the New Jersey Devils. The match was penalty-filled from the start (Although not all of them were called) and the game pace was slow, tough and grinding. After a scoreless first frame, the Lions jumped in front with two goals on the same shift. After winning the opening faceoff in the second, Josh Veltkamp carried it into the Brave's end and buried a hard shot past the NGS goalie. Forty-six seconds later, Drew Hutt initiated a nice rush and made a great pass that sent Michel Thurler in all alone. The South Mountain Sniper made no mistake as he rifled one into the top corner.

NGS got one back midway through the period on a goal by Brandon Bernicky. Morrisburg restored their two goal lead in the third when Jay Kellar banged a Veltkamp feed into the net. Veltkamp wrapped up a big day with a powerplay goal assisted by Spencer Peters on the play. The visitors would score one more, but Morrisburg held on for a solid 4-2 victory. Coach Dan was pleased with how the lads responded to a big, physical team. His final comment summed it up well:" Nobody backed down."

Manager Lynn has been busy organizing our home tournament scheduled for Saturday, February 17. There will be draws and contests for an excellent prize table which includes Senator tickets. Fundraising proceeds will go toward out-of-town tournament expenses for this youth organization. There are a few teams entered in the tourney from the Ottawa area which should provide some exciting, top level, novice hockey. The host team is sure to be competitive so feel free to come out and support this good cause while enjoying some great action.

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Royal Canadian Legion Newsletter

by Dar

There were only eleven entries at the Cribbage League this past Saturday, February 3 as eight of the regulars were competing in the District G Cribbage at Gananoque. Leading the small group at Iroquois was Howard Hill (One of our new Legion members) with a total score of 1067. Placing second was Joe MacDonald with 1049 points pegged while Don Hutt proved that persistance pays as he captured third spot with 1039 making his first trip to the podium this season. Noella Kirkwood claimed the "bridesmaid" position with her score of 1032. Only six skunks made an appearance in the lounge and no player was handed more than one of them.

In District G Cribbage competitors at Gananoque the Iroquois team of Willis Douglas, Duane Kirker, Paul Claxton and Roger Coulter won 13 of their 18 games played to finish fourth and thereby qualified for Provincial play at Elliott Lake on March 31. Willis and Duane held the hot hands winning eight of nine games played while Paul and Roger battled some stiff competition to win 5 of 9 games played. The other Iroquois entry at Gan of Wilf Summers, Bob McKee, Paul Morrow and Harold Head, who were only two wins short of qualifying for Provincial playdowns, but thoroughly enjoyed the day of competition and the comradeship.

On Saturday past, the Ladies Auxiliary held their Annual Valentine Tea and Bake Sale. The array of food was just great and the winner of the Valentine Cake Draw was Lil Roberts. Thanks to Allie McKee for making such a lovely cake for the draw. Many thanks to you the members of the branch in Iroquois who took the time out of your busy schedules to provide the baked goods for the sale and to those who gave a monetary donation instead of baking. It all worked out well and we, the Ladies Auxiliary would like to thank you all for participating with us.

This coming Saturday, February 10 is the Annual Darts for Hearts and here's hoping it will be a great turn out for the day of darts for such a great cause. All proceeds go to the Heart and Stroke Foundation. Hope to see YOU there!

On Tuesday, February 6 Euchre started up again after a short break the month of January. A detailed account of the action at the euchre tables will be included beginning in next week's newsletter.

Tuesday, January 30th, the Bridge games for the evening were cancelled due to the poor weather conditions. Play should resume this week.

Coming events include:
Mon.- Bingo at 1pm, Johnstown Bingo Hall.
Tues.- Bridge at 7 and Euchre at 7:30pm.
Wed.- Line Dancing and Legion Executive Meeting
Thurs.-Ladies Auxiliary General Meeting
Fri.- Mixed Dart League.
Sat.- Darts for Hearts register 11 to noon, play at 1pm. Cost only $5/person.
Hope to see you next week.

SOUTH DUNDAS CHAMBER OF COMMERCE NEWS

SOUTH DUNDAS CHAMBER of COMMERCE
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The Chamber is looking for volunteers to help organize the **2001 Spring Home & Trade Show.** If you are interested in getting involved in any capacity, please contact....

Joseph McCooeye at 543-3144 or Tom Morrow at 543-3788.

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COMING EVENTS

ATTENTION ESPANOLA HIGH SCHOOL ALUMNI! 50th Reunion June 29th to July 1st, 2001. Espanola Recreation Complex. Registration information: etown.net/ehsreunion or Box 5026, Espanola, Ontario P5E 1S1.

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Dunbar - St. Luke's
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Williamsburg - St. Peter's
Sunday Worship & School
11:00 a.m.
Everyone Welcome

Anglican Church of Canada
Parish of Morrisburg/Iroquois
543-3904 Office
Rev. Bill Byers, Rev. Patricia Martin*
Sunday, February 11, 2001
8 am - St. James'
9:15 am - St. James'
11 am - St. John's

Anglican Church of Canada
Parish of Edwardsburgh
Rector:
The Rev. Doug Hayman
St. James' Parish,
Crystal Rock 9:00 a.m.
St. Paul's Church,
Cardinal 11:00 a.m.

United Church of Canada
Iroquois Pastoral Charge
Rev, Dolly Dikens
Every Sunday - 10:30 a.m.
Sunday School - 10:30 a.m.
Everyone Welcome

United Church of Canada
Clergy: Bobby K. Fillier,
Organists Judith Fosbery, Lois Keyes
Sunday, February 11, 2001
Hulbert Valley - 9:30 am
Brinston 11 am

Philadelphia Pentecostal Church
Cardinal, Ontario
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Rev. David Gogolin
Sunday School 10 a.m.
Morning Worship 11 a.m.
Evangelistic Service 7 p.m.

Roman Catholic Churches
Rev. Father David Pope
543-2544
St. Mary's, Morrisburg
Saturday's - 7:30 p.m.
Sunday 11:00 a.m.
St. Cecilia's, Iroquois
Sunday 9:00 a.m.
Confessions before all masses

Morrisburg Pentecostal Church
Pastor: Duncan Perry
Youth Pastor John Spurrell
Church 543-2681 Home 543-3450
Kids Bible Club - Wed. 7 p.m.
Sunday 9:45 a.m.
Christian Education Hour 10:45
Worship the Word 7 p.m. Praise
Gathering Youth Aflame Wed 7pm
Dial-A-Prayer 543-3456

Community Christian Reformed Church
Dixon's Corners, Ontario
Phone: 652-2400
9:30 a.m. - Morning Service
7: 30 p.m. - Evening Service

The Presbyterian Church in Canada
St. James, Cardinal 9:30 a.m.
Organist Mrs. Janice McIntyre
Knox Church, Iroquois 11 a.m.
Organist Mrs. Betty Casselman
Rev. Geoffrey Howard,
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Cardinal Free Methodist
Shanly Rd. at 2nd St., Cardinal
Valerie James
Winter Hours
11 am - Worship
Celebrating 40 years of Caring for People

United Church of Canada
Cardinal-Johnstown Pastoral Charge
Johnstown United - 9:30 am
Cardinal United - 11 am
(Sunday School - 10:30 am)
Rev. Arlyee Schiebout 657-4702
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Immanuel Fellowship Rowena Full Gospel Tabernacle
Iroquois, Ontario
Pastor Marcel Charette 535-2029
Sunday School - 10 am
Morning Worship - 11 am
Evening Service - 7 pm
Bible Study - Tuesday Nights
Watch TBN Channel 20

Harmony Community Church
Missionary Church of Canada
Hwy. 31 & Ormond Rd, Winchester
774-5170
10:30 am - Celebration Service
7:30 pm - Evening Service
Wed. 7:30 pm Bible Study

Community Family Church
Iroquois Civic Centre
Every Sunday at
10:30 a.m. & 7:00 p.m.
Pastor A.R. Leavitt
Everyone Welcome
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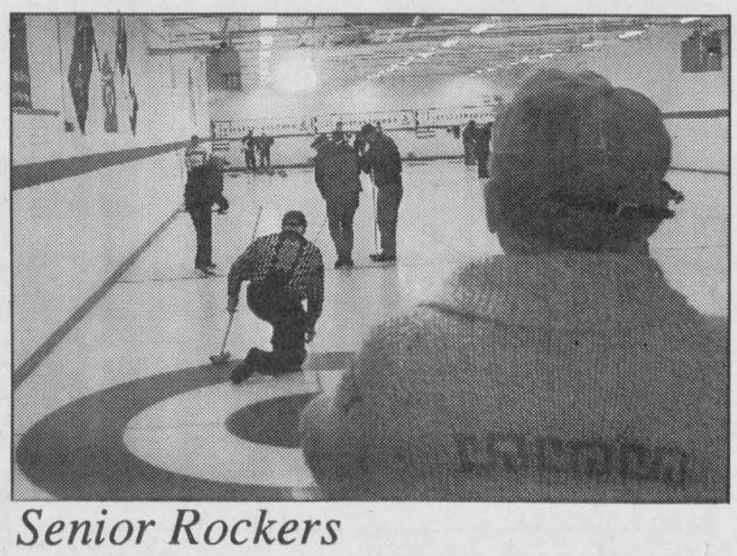
SPORTS

~ *Sno-Drag For CHEO Winners*
~ *CHUBBS Hockey Tourney - Yeah!*
~*Junior 'B' Lions Slump Again*



Senior Rockers

The Morrisburg Curling Club often features ends played by senior curlers. Here we capture Clare Dunbar (Back to the camera) as he lines up his next position on the ice. The action is heating up most weekends and many week nights. If the back muscles would settle down you would see this one curling rocks too. *Chieftain Photo by S.L.Johnston*

First Annual Senior Mixed Invitational in Morrisburg

with Steve Thompson

Last Wednesday, Morrisburg welcomed clubs from Prescott, Maxville, Ottawa, Smiths Falls, Brockville, Navan, Winchester, Russell and Metcalfe for their first Annual Senior Mixed Invitational event. One of their favourite visitors, the ageless Cliff Wiltshire of Prescott,. defeated two former champions to win the trophy. In their first game, Prescott knocked off Russell, last year's winners, then annihilated the Winchester entry to claim top honours. John Lyon skipped the lone Morrisburg foursome to second place with the help of this wife, Brenda and Gerry and Cheryl Thompson. In the second draw, a strong Navan team emerged victorious. With a bevy of volunteers, a fine home cooked meal, new friends made and popular prizes everyone went home with promises to return next year.

In other news, Yvonne Kyle from Brockville took home two tickets to the Brier final in a draw held at the conclusion of the mixed invitational bonspiel. Thanks to all who participated. President Sydney Schnurr may have a few tickets left for earlier dates from the package she purchased for the Club.

The February executive meeting was held recently; details in this space next week.

Upcoming events include a playoff to determine entries for the Senior Mens' Sullivan Cup. Then on Wednesday, Prescott's Senior Men will be Morrisburg's guests in a friendly competition. Saturday sees the annual Kraft Bonspiel in full swing with some good competition and plenty of partying.

The Mens and Womens Canadian Junior Championships have begun, with the Ontario entries in the bottom third of the pack at time of writing.

Provincial Men's Champions will be declared this weekend as the Nokia Cup is under way in Woodstock, with the winner going to the Brier in Ottawa. Bryan Cockrane who represented Morrisburg two years ago, is back and of course so are Wayne Middaugh and the speedy Rich Moffat from Rideau along with Peter Cormer, last year's representative. John Morris formerly of Ottawa and twice World Junior Champion as well as Glenn Howard could give the favourites a run for their money.

On Friday night, the second of the Club's Open Funspiels was held with the team of Don Docksteader, Tony Toonders and Alice Thompson taking home the prizes. Second were Jack Diklland, Doug Tupper and Wendy Casselman. On the final sheet, Larry Gallinger, Gerry and Cheryl Thompson and Penny Kates tied with Mahlon Locke, Duane Gallinger, Dwight Gilmer and Mike Felker. The curling continues this Friday night at 7:30 with room for singles or teams.

Just call Wally MacDonald at 652-1021 to confirm your attendance. Entry fee is $7 for non-members. No experience or equipment necessary, just bring a pair of clean running shoes. See you on the ice!

CHUBBS Tourney features four divisions

by Sandra Lee Johnston
Chieftain Staff Reporter

Four divisions played some pretty good hockey in Morrisburg as the Annual CHUBBS Tourney brought a rather unique assemblage of teams to town to face oneanother. Overall Champs were crowned and each Division Final saw an MVP named as well as a MVP goalie. Winning the Joe Billings Memorial Trophy for Tourney MVP Goalie was Kent Pilon while Rob Casselman took home the top honours as MVP for the Tourney and the Cam MacLennan Memorial Trophy.

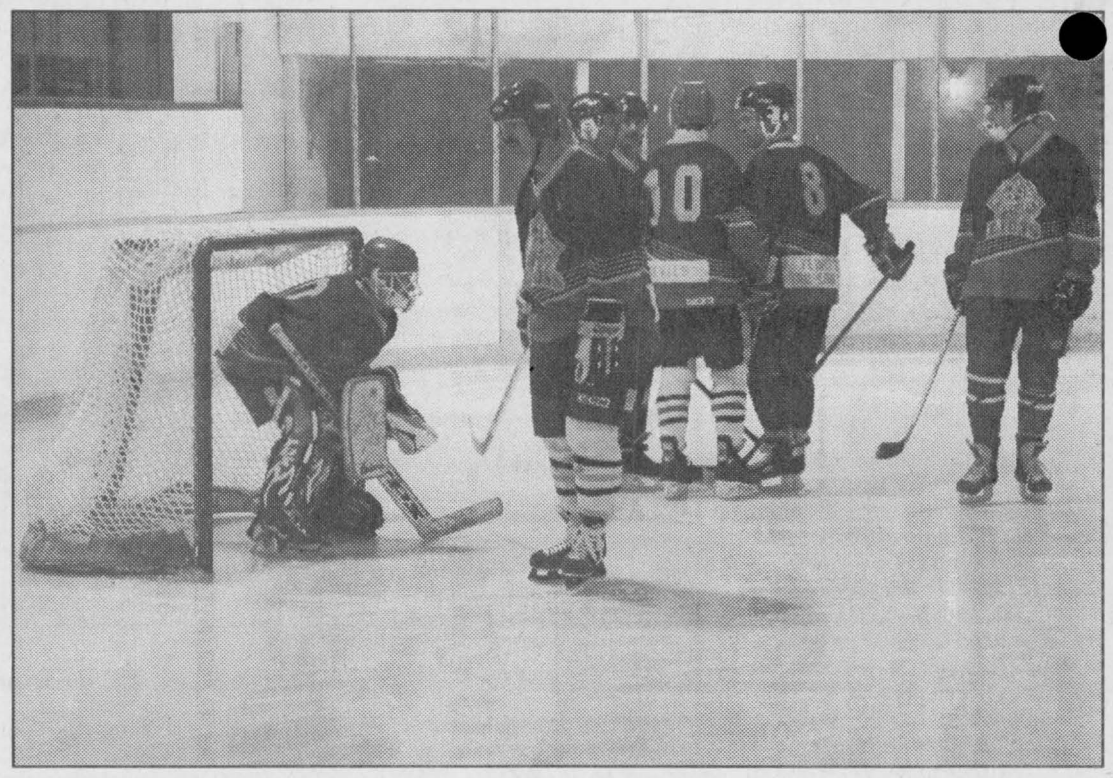
In the Blue Division four teams battled it out for the victory. A local connection saw KBD Transportation put a squad on the ice. They were not good enough to win their section, but had some good fun nonetheless and that is what this tourney is really about. In the final it was the Flamingos who topped the Division defeating the Frank Waytowich team by one slim goal 4-3. Flamingo MVP for this game was Rob Casselman and the other team MVP was Frank himself.

The Budweiser Division saw four teams vye for the victory as the OC Rebels beat out the Cornwall Avalanche 4-1 to claim the final win. Cooeye Crew and Jamie Mac were the other teams in the run for the gold. The MVP for the Rebels was Bruce Bergeron and for the Avalanche was Corry McAllister.

In the BudLite Division The winners were Bills 77s 4-2 over the RSl Dads. In this one it was Frank Hummell MVP for the victors and Netminder, Jason Bean for the Dads. Losing out were the TCC Lonesharks who came all the way from Petawawa to be a part of this weekend, and the Replacements.

The BlueLite Womens Division saw three teams go for the gold as the Daring Darlings were defeated by the Sharks 1-0. Sharks' player Donna McGregor was MVP while goalie Carrie Knowlan was the Darling MVP.

All winners took home prizes as did all MVPs. It was an injury free weekend of hockey and organizers were pleased with the teams as well as the players who made it a success. "Everyone had a good time and some good hockey was played at times throughout the tourney, none got hurt and that is always a bonus in a series of games like this," notes Cam MacLennan who helped to organize the event.



KBD Trucking crew on ice

The Iroquois team from KBD Trucking, led by Bruce Mullin, prepares for a game against the Flamingos in the CHUBBS tournament at the Morrisburg Arena last weekend. Willie Prunner gives his goalie a tap across the pads before play begins. In the end, KBD was KO'd by the Morrisburg team. *Chieftain photo by N. Zandbergen*

Flying Hawks drop Junior B Lions

by Sandra Lee Johnston
Chieftain Staff Reporter

Perhaps it was the anticipation of the All Star Game, or the fact that Captain Wayne Garlough was serving his final game off the ice in the third of a 3-game suspension, who can say for sure? No matter, the Morrisburg Junior "B" Lions were just not on their game last Friday evening as they travelled to Winchester to face the Hawks. Wearing the "C" once again was Greg Millard of Iroquois who did a great job of trying to get the team fired up, but could not spark the squad enough.

The Lions roared out of the gate as they scored first when Alex Gray came in fast and hard beating the Hawks netminder on a solo shot at 14:55. The Hawks responded with a shorthanded counter at 8:46 and then nailed a powerplay goal at 3:07 to put the Hawks ahead by one before the first period ended.

The second was a scoreless frame as both teams played solid hockey, with neither giving the edge to the opposition. Then as the third began, the Hawks came out determined to cruise into victory lane as a powerplay shot boosted their confidence and put them up two on the Lions at 19:29. They were quick to score again at 18:16 as the stalled Lions seemed unable to come back. Then at 12:07 James Morrell skated in with Chris Barkley and Carson Runions executing some sharp passing moves to score for the Lions. Unfortunately this was all the Morrisburg team could muster. Coach DeGray had no alternative but to pull the goalie and hope for a miracle. Unfortunately this too backfired as the Hawks swooped down on the empty net and with only 36 seconds on the clock made it 5-2.

Two Unsportsmanlike Conduct penalties were assessed, one to each team in the third showing the strain each team was under in this game. Alex McCormack was in the pipes for the Lions in this losing battle on the ice.

The Lions remain in third in their division with 45 points close on the heels of the Alexandria Glens who hold second spot with 48 points. These two teams were to play on Sunday afternoon, but it was postponed due to the CHUBBS Hockey Tourney. The Junior "B" Lions are on home ice tonight (Wed.) when they will face the Akwesasne Wolves, with the puck dropping at 8:15pm. You can catch the action on Friday evening as well when the Kemptville 73s come to town for a game that gets going at 8:30pm. The Lions schedule is a full one as the regular season winds down, they will travel to Alexandria to face the Glens on Saturday night rounding out a full week of hockey. See you rink side!!

Interbranch Darts in Prescott

A great night of darts in Prescott on Thursday, February 1 got a brand new month off to a wonderful start as Prescott #1 maintains their stronghold of first place with 149 points. Cardinal #2 remains in second spot with 133 and Prescott #3 hangs on for the same position as their team number with 121 points. Iroquois #7 is trying to gain ground as they sit in fourth with 118 points, while clicking at their heels is Iroquois #5 one slim point back. Iroquois #8 is in the cellar this week with 100 even points.

Highfinishers this week were Brad Baynham with 92 and Bobby Sayeau with 90. Nice darting for sure.

Winning three games or more is cause for celebration and this time round the fellows coming in with solid victories included; David Haynes who won 6 games! Four-game winners were Darren Tyo and Jake Summerfield while three-game victors were Rick Sayeau, Tom Beach, Lorne Veley and Jamie Murphy.

Highscorers were Jimmy Kirkby who threw for 180-140 and 125. Bob Juby tossed well too gaining 180-140. Jake Summerfield came through with 140x3 and 135, while David Haynes earned 140x2. Tom Beach garnered a 140 while Bobby Sayeau threw well enough for 139-125-120. Mike Levere had a 135 and Duane Kirker came in with a 122.

Sno-Drags for CHEO held Sunday

by Sandra Lee Johnston
Chieftain Staff Reporter

The weather was perfect, the snow could not have been better and the people came out to cheer their favourites to victory. The occasion was the Annual Riverside Snowmobile Drag Races for CHEO sponsored by the Riverside Snowmobile Club at the Upper Canada Air Strip.

The air was filled with the smell of gasoline as drivers made last minute checks of engines. Tracks spun free as they were lifted off the snow to ensure no obstructions and the final tug was given to helmet straps as the "call to the line" put rider against rider. The starting light tree glowed red-yellow-green and another pair of snowmobiles roared into action racing to the end of the quarter mile track as thumbs pushed hard on the throttles get the jump on the opponent and grab top end faster. The flag raised at the end to signify the winner in whichever lane and another call to the line for the next two started the process over again.

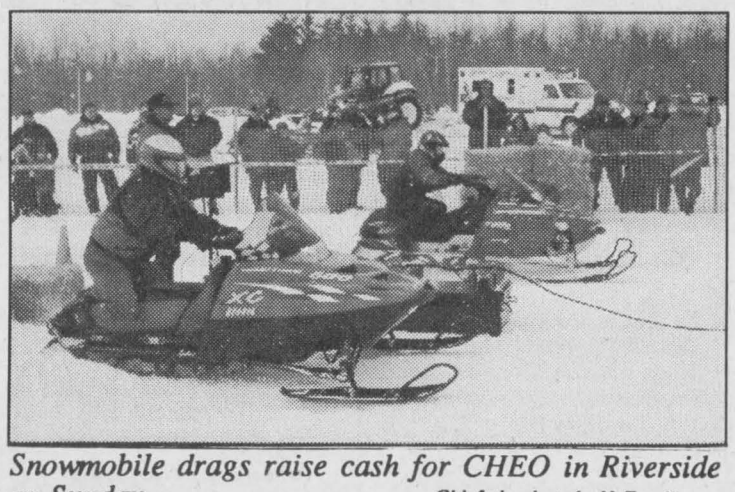
Nineteen classes were run and winners declared in each as the snowmachines hit the finish line, including Kids and Powderpuff racers.

Three Kids Classes were run, the Kitty Cat race was won by Carson MCateer while Kids Mini-Z saw Rachel LaFramboise take the checkers. Bobby LaFramboise won the Kids Sno-Scoot class.

In the PowderPuff (Womens) Class it was Tracey Veinotte first to the end on her 800XCR Skidoo.

Other winners according to calss included: 500Non-Studded to George Hitsman on a 500MXZ SkiDoo, while local lad Tom Smail won the 500 Non-Studded on his 600 Polaris. Another local rider, John Kroone won the 700 Non-Studded aboard a 700 Mach I SkiDoo. Terry Veinotte took top honours in the Open Non-Studded class on an 800XCR SkiDoo. Dean Barkley won the 500 Studded class aboard a 440 Polaris, Bob Steele rode a 600XC SkiDoo to win the 600 SinglePipe Studded while Pete VanKessel took first in both the 600 and the 700 Multi Pipe Studded classes on a 600 Polaris. Mike Stewart of Morrisburg sat solidly for the victory on his 700MXZ SkiDoo in two classes as well, the 700 and 800 SinglePipe Studded. Floyd Thomas was first to the flag in two races, the 700 and 800 Modifieds on his 700 XC SkiDoo. Marco Drouin rode a 700 MXZ SkiDoo to victory in the 800 MultiPipe Studded classification while James Reid sat tall on his 800ZRT SkiDoo to beat the lights and all commers in the Open Studded. Jonas Jacobs squeezed the handle on his 800 Mach Z SkiDoo for the win in Open Modified.

These winners deserve congrats, but the real winner was the Childrens Hospital of Eastern Ontario (CHEO) where the proceeds go. A great job by the Club and their volunteer helpers, those who came out to race and the spectators for a great cause.



Snowmobile drags raise cash for CHEO in Riverside on Sunday. *Chieftain photo by N. Zandbergen*

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Iroquois and District COMMUNITY CALENDAR

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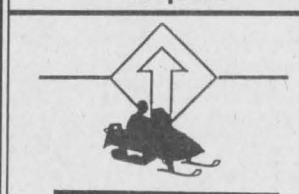

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The Good Companions Iroquois Senior Citizens Club Pot Luck Lunch, Feb. 13 at 12 o'clock, followed by George Fowler showing his pictures and slides of Ireland. All Seniors Welcome.

Matilda W.I. Program Reminder: Note: CHANGE IN DATE & TIME: Thursday, February 15 at 1:30 p.m. Tole Painting Lesson by Susan McMillen at the Brinston Memorial Hall (old clerk's office)

Shrove Tuesday, Buffet supper. Feb. 27 at St. Paul's Anglican Church Hall, Cardinal, 4:30 - 6 pm. Take outs available.

Shrove Tuesday, Pancake Supper on Tuesday, February 27 from 7 to 7 pm at Knox Pres. Church, Iroquois. Real Maple Syrup, Sausages, Pancakes, Ice Cream. $5 for adults, $2 for children 10 and under.

St. John's Anglican Church, Annual Roast Beef Dinner, Saturday, April 28, 2001.

Line Dancing, every Wednesday night at the Iroquois Legion from 7:30 p.m. - 9 p.m. Everyone Welcome. $3 per person.

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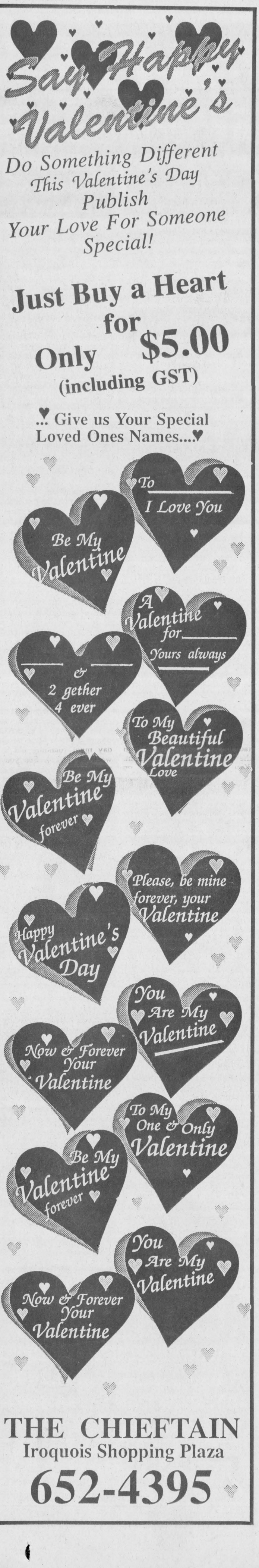

Summers and Stewart earn Novice MVP Honours in Brockville

The 2000-2001 Novice "B" Lions were in Brockville on the weekend to participate in a sixteen-team tournament at the Memorial Centre. The format grouped the teams into four divisions, with the winners of each of those divisions advancing to the semi-finals. Morrisburg's grouping included the Nepean Red Raiders, the Orleans Blue Lights and the Nepean White Raiders.

The Lions first opponent was the Nepean Red Raiders whom they defeated 5-3. Daniel Stevens scored the first two goals for the Lions and Scotty Summers followed up with the next two. Michel Thurler rounded out the scoring for the Lions. Assists were credited to Drew Hutt and Nick McCaslin on the second Steven's counter. Coach Dan thought the boys got away with not playing their best game and looked for their tempo to improve as the tourney moved along.

The Saturday Night Special featured the Lions against Orleans...a game that would provide plenty of drama before it was over. The young Lions were poised as they faced the Big City squad and drew first blood in the opening frame off the stick of David Toonders. After receiving a splendid feed from Stevens, Toonders carefully picked the open corner to give Morrisburg the lead. Scott Summers put the Lions up two early in the second.

Spencer Peters started the play, sending Summers down the right sie. Scotty is a force to be reckoned with on the ice when he gets his speed up and the Blue Light defence could not handle the rush. Scotty finished with a blast that beat the Orleans netminder on the short side. Orleans rallied to tie the game late in the third, getting the equalizer with just 26 seconds left in the game.

All was not lost though as Morrisburg could still win their division with a victory over Nepean White who had also knotted their match against Orleans earlier in the day.

The all important match took place on Sunday morning. This game deserved five stars for entertainemt value even though it did not end as Lions' fans had hoped it would. With two minutes left in the first, Drew Hutt scored to make it 1-0, a score that stood until the final minutes of the game. Drew pushed it into the net after he and linemate Stevens had a couple of whacks at it in the crease. Stevens was given an assist on the goal. With time running out in the third, Nepean pulled their goaltender in favour of the extra attacker...they scored with just 48 seconds left to go. With the White Raiders having tied the match, they would advance to the semis if the score remained the way it was, based on a better goal differential for the tourney. Coach Dan had no alternative but to pull the goalie and try for the win. Unfortunately, it did not work put for the Lions this time, as Nepean scored into the empty Lions' net to snatch the win 2-1.

For the three games that Morrisburg played in the tourney, Scotty Summers was given one MVP Award while Luc Stewart was awarded two. Goalie Luc has been a stand out between the pipes all year long, for his team, but, never has he played as brilliantly as he did this past weekend. We were all in awe of the skill he displayed over these three games and were glad to see him take home the pair of medals, they were so richly deserved.

The boys showed they can be competitive against teams from larger centres and look forward to three more tournaments ahead on their roster with renewed confidence.

OBITUARIES

Edith Storgaard

At home, on Westlane Road in Ottawa, on Friday, February 2, 2001 at the age of 84 years, Edith Storgaard.

Born (February 23, 1916) and raised in Denmark (Sonne Omme) her family lived in the city but she spent summers at their countryside home. She had many friends with whom she loved to swim in the North Sea and bicycle all over Denmark. She married John in 1940 (August 31) and they began raising their family. Shortly after Henry was born, John immigrated to Canada, while Edith stayed behind with their two sons, Willy and Henry to care for her ailing parents. They eventually joined John in Canada in 1951 and they settled in Pembroke. They lived in Pembroke for one year before moving to Williamsburg in 1952. The family lived in Williamsburg for 12 years moving then to Morrisburg in 1964. They remained in Morrisburg for the next 27 years, but in 1991 after John passed away and Edith had suffered a heart attack, she decided to move to Ottawa to live with Henry, his wife Sylvie and their family.

Edith was a member of St. Paul's Lutheran Church in Morrisburg and prior to that St. Peter's Lutheran Church, Williamsburg while she was a resident of Williamsburg. She was a former member of the Evangelical Lutheran Womens groups at both churches as well.

Predeceased by her parents, the late Hans and Mariane (nee Kristiansen) Pape, her beloved husband, John, beloved grandson Justin and by her brother Henry, Edith was a very hospitable person who loved to entertain in her home. She was a great cook and was famous for her excellent pies and layer cakes, which she enjoyed making. She loved getting together for celebrations such as Christmas and Birthdays and friendship meant a great deal to her. She maintained contact with her friends in Morrisburg even after moving to Ottawa. She was a very independent and strong-willed lady who overcame many physical challenges throughout her lifetime. She was a private and discreet lady who was particularly proud of her appearance and as such liked wearing nice clothes, jewelry and having her hair look nice at all times. Her hobbies included gardening, reading, playing cards, doing arts and crafts like knitting and stained glass and listening to music especially opera music.

She leaves to mourn the loss two sons, Willy (Becky) of St. Catherines and Henry (Sylvie) of Ottawa, as well as a sister, Maria of Denmark. An adoring grandmother, she will be sadly missed by Christian and Annik. Her many friends in Morrisburg and her loving caregivers in Ottawa will miss her as well.

Memorial donations to the Candlelighters Childhood Cancer Trust or St. Paul's Lutheran Church were appreciated by the family. A Memorial Service was held at St. Paul's Lutheran Church in Morrisburg on Tuesday, February 6 at 1pm with Rev. Joachim Barkley-Probst officiating. Interment of cremated remains was at Mount Pleasant Cemetery in Morrisburg. Arrangements were entrusted to the Marsden and McLaughlin Funeral Home, Williamsburg.

Lois Grey



After an illness of the past two and one-half years, lifetime resident of Cardinal, Lois Grey of Highway 2 at Brockville General Hospital on Friday, January 26, 2001. Born in Cardinal on November 1, 1926, Lois was 74 years of age.

A nurse at the Brockville General Hospital from 1947 to 1953, Lois quit her career in 1953 to stay at home and raise her family. She was fond of camping at Otter Lake for many years, then in later years enjoyed her winters at their home in Palm Bay, Florida where Lois made many friends. It was there that she taught needlework during her quilting classes. She along with husband, Bob helped form a euchre club in Palm Bay and she was one of the founding members of the Harbour Lights Modern Square Dancing Club. She was very close to her extended family and was always available as a nurse or babysitter when needed.

A member of the Johnstown United Church she was predeceased by her parents, Leo and Elizabeth (nee Tyner) Brennan and a brother, Walter Brennan.

Mourning their loss, along with her beloved husband, Robert (Bob) Grey whom she wed on September 7, 1953 at St. Paul's Anglican Church in Cardinal; are sons, James of Cardinal and Richard (Linda) of Madoc, two sisters; Helen (Ken) Kirkwood of Winchester Springs and Elizabeth (Don) Barton of Prescott. She will be sadly missed by a granddaughter, Nicole as well as nieces and nephews.

Memorial donations to the Diabetes Society or the Johnstown United Church were appreciated by the family. Friends called at the Marsden and McLaughlin Funeral Home in Cardinal. Service was at Johnstown United Church with Rev. Arlyce Schiebout and Rev. Dr. Helen Wilson on Monday, January 29, 2001. Interment of cremated remains will be at St. Paul's Anglican Cemetery, Cardinal in the spring. Pallbearers were all nieces and nephews of Lois': Stephen, Gregory and Peter Kirkwood, Debbie Grey, Kelly Modler and David and Karen Lavery.

NOTICE

Residents of South Dundas
Waterworks Quarterly Report

AVAILABILITY

Tuesday, February 6, 2001
Municipal Office, Williamsburg, ON
and
TRG Canada Inc., Cornwall, ON

The Township of South Dundas, in co-operation with TRG Canada Inc., would like to inform the residents of Morrisburg and Iroquois that copies of the Waterworks Quarterly Report for October, November and December are now available to be picked up or viewed free of charge at the Township Office and at TRG Canada Inc.

TOWNSHIP OF SOUTH DUNDAS

The THOMPSON ROSEMOUNT Group

For additional information please contact:

Township of South Dundas
4296 County Rd. 31, P.O. Box 160
Williamsburg, ON K0C 2H0
(613)535-2673
Attn: Bill Horner, CAO
Or
TRG Canada Inc.
1345 Rosemount Ave.
Cornwall, Ontario K6J 3E5
(613)933-5602 ext. 278
Attn: Rick Eamon, Operations Manager

Youth Employment Strategy / Stratégie emploi jeunesse

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IMPORTANT NOTICE
To Employers

Summer Career Placements is a wage subsidy program that enables employers to hire students during the summer. Private, public and not-for-profit employers are invited to submit their application by:

March 30, 2001*

As the objective of the program is to provide students with work experience related to their field of study, applications will be evaluated based on the quality of the experience offered and local priorities.

To apply or to find out more about this program, please contact your nearest Human Resources Development Canada office or call 1 800 935-5555.

Internet: **www.hrdc-drhc.gc.ca**

* Please note that the application deadline for the Northwest Territories and Nunavut is April 6, 2001.

Human Resources Development Canada / Développement des ressources humaines Canada

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J31-2tc

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N22-tfnc

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F7-4tc

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Plus Baffin Trapper ~
Economy Work Boots
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N17-tfnc

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F7-2tp

FOR SALE: 1991 Yamaha Phaser II ST, 485 cc, new long track, (7/8" deep lug), ski skins, runs great, looks better. Need cash for University (will accept $ and smaller sled) Call 652-2235 after 5 p m.
F7-tfnc

FOR SALE:
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F7-4tc

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J31-2tp

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F7-2tc

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D27-tfnc

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N15-tfnc

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F7-4tp

WILLIAMSBURG: 2 bedroom apartment, main floor, $560 per month includes utilities. Call 543-3604.
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J24-4tv

In Memoriam

WEDEMIRE (AULT): On February 9, 1999, Ella Wedemire (Ault) went home to be with our Heavenly Father.
Mom, remembering your smile,
And our times together,
Is a special memory to me always,
And your words I remember,
Always keep the faith,
Is words you spoke so truly Mom,
With faith I know you are at rest with Jesus,
And I'll see you again.
In God I trust.
You are always in my prayers.
Daughter Theresa Myers and sister Carol Robinson.
F7-1tp

Births

IT'S A BOY!!
BAILEY: Gerry & Melissa (Disheau) are thrilled to announce the early arrival of ***Riley Logan.*** Riley was born on Tuesday, January 23, 2001 weighing 7 lbs, 2 oz in Napanee, Ontario. Proud grandparents are Walter & Doreen Bailey and Douglas & Debbie Disheau.

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Tuesday, February 13, 2001
to:
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K0E 1K0
F7-1tc

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Cards of Thanks

SOUTH DUNDAS SNOWMOBILE CLUB would like to thank all who made our rally a success: Thompson Yamaha, Jim's Performace Plus, Tibben Polaris, Rooney Feeds, Whitteker's Meat, Cedar Glen Golf Course, Canadian Tire, McHaffie Flea Market.
F7-1tc

BAKER: On behalf of my late wife, Margaret, I would like to thank our families and friends for the tremendous outpouring of sympathy and love. The kind words spoken to me about Margaret will be remembered by all who knew her, from work to personnal encounters. Special thanks to Dr. Beth Rivington, Drs. & staff at Ottawa General 5th Floor, and I.C.U. units, David Lapier of Marsden and McLaughlin Funeral Home for his special attention and musical memories and Rev. Jean Udall-United Church, Morrisburg for her kind words of inspiration. Also to our 3 area Fire Dept. for their representation; Margaret's work family who also acted as pallbearers, Donald, Brian & Hugh, our good personnal friends, Ian, Larry & Kevin and honourary pallbearers Brenda & Cindy. You will always be in our memories. Lastly to my family on both sides for strength and togetherness in our time of great loss.
Margaret, you will be forever missed by husband, Dennis
F7-1tp

Shop Locally

Cards of Thanks

BAKER: The family of Margaret Baker (nee Zewuster) wish to express their sincere appreciation and thanks for telephone calls, visits, cards, food & flowers during Margaret's illness and bereavement. Special thanks to Dr. Beth Rivington & the Doctors and nurses on the fifth floor of the General Hospital in Ottawa for their excellent and outstanding care. We also wish to thank David Lapier of Marsden & McLaughlin Funeral Home for his support and comfort. Thanks to Rev. Jean Udall for a lovely service and the United Church Women Auxiliary for a lovely lunch, and to all those who so generously donated to the Cancer Society on behalf of Margaret. Words cannot express our gratitude.
The Zewuster and Baker families.
F7-1tc

BEAUPRE: Life is precious. Thanks to the Winchester Hospital, Civic Hospital, Heart Institute, Drs. and staff, my family, neighbours and everyone who sent cards and food. Thanks to the Legion for the lovely plant. All these caring people gave me the strength to overcome my illness. It is good to be home.
Millie Beaupre
F7-1tc

ELLIOTT: Mere words cannot express our heartfelt gratitude to the many people for all your support during the sudden passing of my husband and father of my children, Tom. To all our friends and neighbours, thank you for all your caring and concern, your cards, food, flowers, visits, phone calls, masses and donations. We were and continue to be overwhelmed by the never ending outpour of support. A special thank you to the Froom family, Lyndon, Lisa, Brianna and Cierra, who stayed by our side from the beginning to the end, sharing our pain and crying our tears. To the Stitt family, Larry, Brenda and Sarah, who cared for our pets and house while we were away. Thanks to Whitteker's Meat Market for the food sent to the house. Tom will miss his Saturday visit with you all. Thank you to Jesse's school, St. Michael High School and all his friends and to Megan's school, St. Cecilia and all her friends. Thank you to all my past and present Bayshore Healthcare clients, who are concerned for me now. Although we don't understand why God allows these things to happen, we have to accept it as being part of His plan. Tom would want us to go on as hard as it may be right now. We love him and will miss him every minute of every day.
Love Darlene, Jesse and Megan Elliott.
F7-1tc

SMITH: O.K. I'm ready!, to say thank you for congratulations on my birthday which extended from January to Ground-Hog's Day. Iroquois, to me has always been the hub of the earth, and now it is my whole world. The citizens have made it that way with their thoughtfulness, memo's, goodies and e-mail. Now, I want to say in faith, hope and love, from the Happiness File, a sincere thank you.
Helen Smith
F7-1tp

THE IROQUOIS PATROL would like to say thank you to the Iroquois Business Association for the donation of money. We will spend it wisely.
Thank you
Lyle Mattice
F7-1tp

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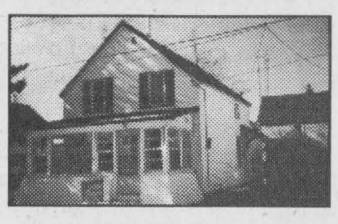

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OBITUARY

Yvonne Tompkins

On Saturday, February 3, 2001 at her residence for the past six years, Woodland Villa Nursing Home in Long Sault, Yvonne Tompkins. Born on January 26, 1910 in Summerfield, New Brunswick, she was 91 years of age.

Yvonne had moved to Iroquois with her family in the mid-1960s. She lived in Iroquois for 15 years before moving to Cornwall where she resided until July 1995 when she moved to the Villa. Widowed at the age of 34, she was left with two young sons aged 2 and 3 years. Although a struggle at times, raising two boys on her own, Yvonne perservered and was an excellent mother to both Neville and Doug. Her commitment to help others was expressed in her daily life and through her membership in the Women's Institute, the Missionary Society and her Presbyterian Church. A member of the Eastern Star for over 60 years at Chapters in Florenceville, NB, Cornwall and Iroquois, she was a Past Worthy Matron of the Iroquois Chapter and maintained her membership in the Chapter until her death. She provided financial support to an orphaned child in Mexico for many years.

Prdeceased by her parents, the late John and Jessie (nee Smith) Brown as well as her beloved husband, Jay Tompkins; a loving son Neville; one sister, Helen Marsters and brother Ken Brown, Yvonne was an excellent seamstress, quilter and a master of fine needlework throughout her lifetime. Primarily a mother and homemaker, Yvonne worked as a telegrapher with Western Union and as a cook at Seaway District High School in the cafeteria.

Surviving the loss are a son, Doug in Ottawa and a sister, Jessie "Peggy" Metivier of Peabody, Massachusetts, USA., as well as nieces and nephews: David Metivier of Peabody, Mass., and Mary Jane (M.J.) and Philip Marsters, both of Richmond British Columbia.

Memorial donations to the Alzheimers Society were appreciated by the family. Friends called at the Marsden and McLaughlin Funeral Home in Iroquois where an Eastern Star Service was held on Monday, February 5, 2001. Rev. Garth Bulmer and Rev. Janet Smith conducted service at the Funeral Home in Iroquois on Tuesday, February 6, 2001. Interment will follow in the spring at Iroquois Point Cemetery.

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TOWNSHIP OF SOUTH DUNDAS

Township of South Dundas

Class Environmental Assessment
Water Treatment Plant Upgrades
Notice of Study Commencement

The new Ontario Provincial Drinking Water Protection Regulation (Ont. Reg. 459/00) requires that all municipal water treatment plants meet the minimum level of treatment with respect to filtration and disinfection. All municipalities must meet these requirements by December 31, 2002. The water treatment plants in Morrisburg and Iroquois do not meet minimum treatment requirements of the new regulation. The Township of South Dundas is considering alternative ways to meet the new regulation in a cost-effective and operationally efficient manner.

In accordance with the requirements of Schedule C projects of the Municipal Class Environmental Assessment, the Township is making preliminary study material and plans available for public review. **On Wednesday, February 7, 2001, between the hours of 2:00 p.m. and 4:00 p.m. and between the hours of 6:00 p.m. and 8:00 p.m., the public is invited to attend the Morrisburg Royal Canadian Legion, 10 Legion St.** The Township's consultants will be available to discuss issues and concerns with members of the public. Thereafter, input and comment will be accepted by the consultants until March 1st, 2001.

Further details and a copy of the Municipal Class Environmental Assessment are available at the consultant's office: **M.S. Thompson & Associates Ltd., 1345 Rosemount Avenue, Cornwall, Ont. K6J 3E5, Telephone: 613-933-5602; attention: Rick Eamon, Project Director** or **James Witherspoon, P. Eng., Project Engineer.**

Public Information Centre
Date: Wednesday, February 7, 2001
Time: 2:00 p.m. to 4:00 p.m. and 6:00 p.m. to 8:00 p.m.
Morrisburg Royal Canadian Legion
10 Legion Street

Mr. Bill Horner, CAO
Township of South Dundas
4296 County Road 31
Williamsburg, Ontario
Telephone: 613-535-2673

The THOMPSON ROSEMOUNT Group

UPPER CANADA District School Board

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~ Dr. Gerry Ready To Celebrate!
~ Networks Coming Your Way



NY church youth perform

Members of the New Testament Church "Church on the Dock" youth group from Massena, New York, drew about 50 local teenagers to the Iroquois Civic Centre on Jan. 20. The group was led by youth pastor Adam Avery.

Chieftain photo by N. Zandbergen

Dundas County Health Fair very informative

by Sandra Lee Johnston
Chieftain Staff Reporter

The weather cooperated and the people came out to Park Lane Seniors Support Centre last Thursday evening as the Heart and Stroke Foundation of Ontario, Dundas County Chapter hosted a Health Fair.

Since February is Heart and Stroke Awareness Month, it seems appropriate that the Health Fair should make available to everyone in this area the whats and wherefores of our local Health system. What is available to us in Dundas County and how we can access what we need when we need it is invaluable information.

Among those presenting displays and providing info on specific services available in Dundas County were Winchester District Hospital (Deirdre Cooke-Clinical Dietition), The CNIB (Steve Thompson), Heart and Stroke Foundation (Susan David), Kim McInnis Registered Massage Therapist, Para-Med Health Services (Joyce Alguire R.N.), Saint Elizabeth Health Care (Caroline Chesbro), Pat Kelly Aerobics, The Eastern Ontario Health Unit, (Denis Boileau) Dundas Hospice and Park Lane Senior Support Centre (Susan Morrow for Janet Levere), Winchester Physiotherapy and Acupuncture Centre (Carrie Smith), Auodyssey Consulting-Lymphedema (Joan Larocque), Foot Care (Phyllis Stevens), Canadian Blood Services (Margaret Reynolds and Audrey) and various, area Registered Nurses from the St. Lawrence Medical Clinic who dealt with blood pressures and blood sugar levels.

Folks came out and had their blood pressure taken, their blood sugars levels measured, took a few minutes to lie down and enjoy the healing massage that Kim McInnis and her magic hands can provide. There was an abundance of free material and those taking care of the displays were more than willing to explain or give free advice and information of their specific area of expertise.

Park Villa was a buzz of activity as heart healthy snacks were free as well as refreshing drinks. Pat Kelly and some of her classmembers showed how physical activity can lead to a healthy active lifestyle, and there was loads of info on whatever services residents need.

From knowing what to do when you meet a blind person, to realizing how devastating blindness can be, there were those "in the know" about where to seek help and what to expect from those who provide the services in our area.

Those who came out went home well informed and feeling better about where they live. We have the facilities to care for our needs, whether physical or mental, our well being is in good hands, that was evident from speaking to a number of these professionals in a variety of fields.

Mary Ann Coligan takes care of Chapter Health Promotions for the Dundas Chapter of the Heart and Stroke Foundation and under her watchful eye and organizational skills the Health Fair was an unqualified success from all points of view.



Serving it up

Iroquois Legion President Darlene Riddell carries out some of the eats available for sale at last Saturday's Valentine's Tea and Bake Sale at the Legion. The event, now in its seventh or eighth year, is a popular fund-raiser for the local Branch pulling in plenty of pastry seekers and those in search of a good bowl of soup.

COMING EVENTS

Morrisburg B.I.A. is sponsoring a
VALENTINES SWEETHEART DRAW
February 13, 2001
Prize package is worth $100.
All you have to do to enter is make a purchase and fill out a ballot at any participating store in Morrisburg.
The winner will be notified on February 13, 2001.
J31-2tc

RETIREMENT PARTY
W.D.M.H. Physicians & Staff are pleased to invite you to a celebration on
Saturday, February 17, 2001
in honour of
DR. GERRY ROSENQUIST
Please join us at the
Winchester Community Centre
Cocktails: 6 pm ~ Dinner: 7 pm
$25 per person
For Tickets call
774-2422 ext. 5281
or through the Admitting Department at the Hospital and also available for purchase at the St. Lawrence Medical Clinics
Deadline for tickets
February 9, 2001 at 12 noon
F7-1tc

Come celebrate with Dr. Gerry Rosenquist

After 35 years and over 5000 deliveries, Dr. Gerry Rosenquist has brought the obstetrical side of his practice to a close. Dr. Rosenquist will continue to provide gynecological services. The staff and Physicians of Winchester and District Memorial Hospital are honouring him with a dinner and invite the community to join the celebrations on Saturday, February 17 at the Winchester Community Centre.

Following dinner, there will be time for reminiscing by the staff and physicians who have worked side by side with Dr. Rosenquist over the years. As well, many of you may also wish to share your special memories. Should you wish to participate, please call Jean Koopman at 774-2422 ext. 5381.

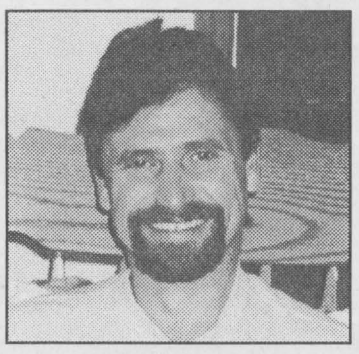
Dr.Rosenquist has brought thousands of babies into the world; in some cases, he has even delivered three generations of one family! He has provided leadership to the Obstetrics Department, support to his colleagues and been a coach, a doctor and a friend to many throughout the area.

The organizers of the dinner are putting together a "Memory Book" containing the public's special memories of Dr. Rosenquist. You are invited to drop off or send in anecdotes, news clippings of special events or letters as well as photographs of the children...both as infants and as they have grown up...delivered by Dr. Rosenquist. Please drop them off at the Hospital or send them to us by February 12 by mail to: "Celebrate," Winchester District Memorial Hospital, 566 Louise Street, Winchester, ON K0C 2K0. You can e-mail them to jkoopman@wdmh.on.ca or fax them to 613-774-4376.

There will be a cocktail hour starting at 6pm followed by dinner at 7pm. Tickets are $25 per person. For more information or to obtain tickets call 774-2422 ext 5281. Tickets are also available at the Admitting Department at the Hospital.

Deadline for ticket sales is Friday, February 9, 2001 and they are available in our area at the St. Lawrence Medical Clinic

Come celebrate with friends and family as we honour our friend, Dr. Gerry Rosenquist for his many years of tireless service.



Lordy, Lordy
Look Who's 40!!!
Happy 40th Birthday
Marty Hamilton
Join us at the Scorpion Bar in Cardinal on
Friday, February 9 at 7:30 p.m.
*for a **SURPRISE** Birthday Celebration!!*

CRIME STOPPERS

Each week Crime Stoppers spotlights a crime that has been committed in the area. Crime Stoppers would like to remind you that we need information on ALL crimes not just the crime of the week.

This week Crime Stoppers is asking for your help in identifying the person(s) responsible for the break, enter and theft at Mustard's Variety Store in Iroquois. The incident occurred on the 29th of December 2000 at approximately 4:20AM. The culprits removed a number of scratch lottery tickets and a Nintendo 64. The Nintendo 64 was in a black carrying case.

We need your information, NOT your name. You will remain anonymous. You will NOT have to appear in court and you MAY be eligible for a cash reward. Crime Stoppers is YOUR program.

If you have any information on this or any crime, please call Crime Stoppers at 937-8477 or for long distance call 1-800-265-8477.

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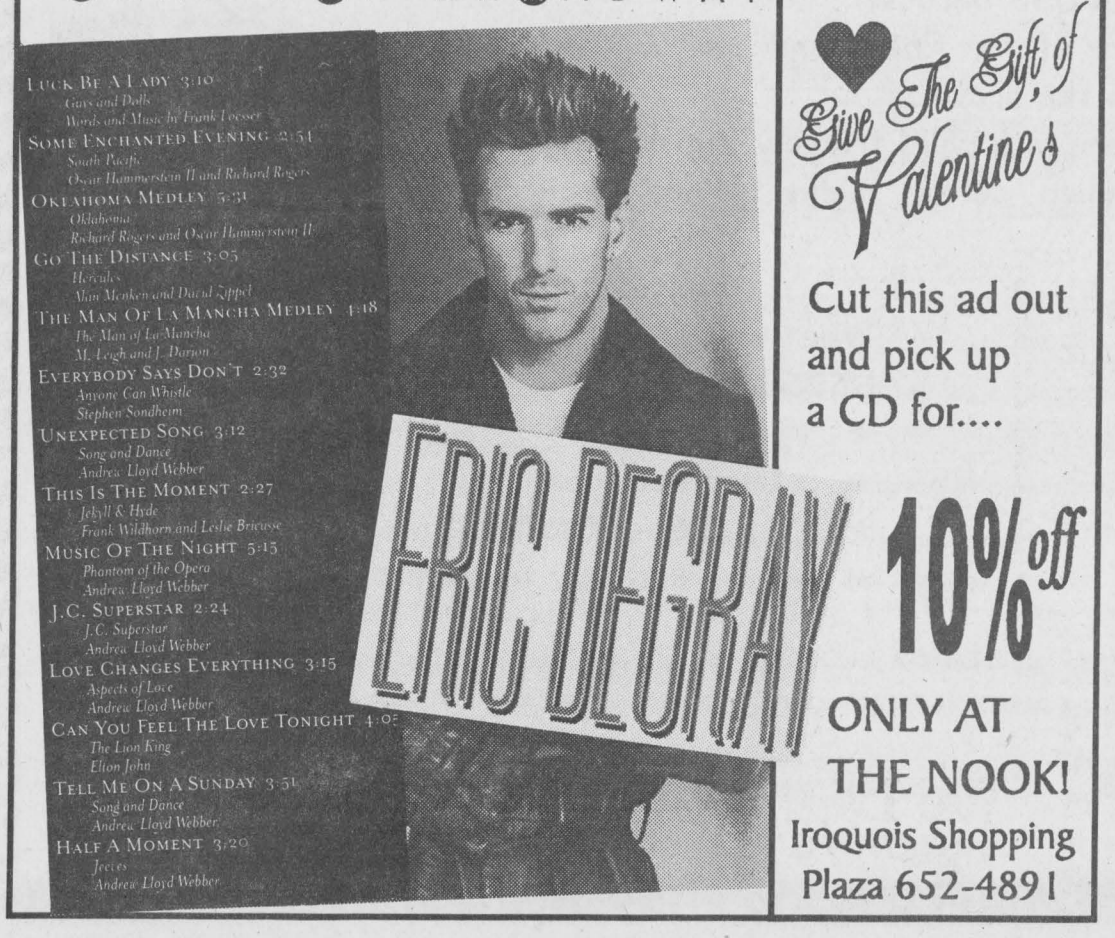

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From February 9 ~ 14th, the Brockville 1000 Islands Mall will be full of Valentine Hearts

While visiting any of the over 50 stores and services, drop off your ballot and a loonie after 12 noon at the colorful display by Centre Court. Guess the number of chocolate hearts in the container without going over.

1st Closest Prize Winner~$200 Mall Gift Certificate
2nd Closest Prize Winner~$100 Mall Gift Certificate

1000 Islands Mall Chocolate Heart Guess...
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Address: _____
Telephone: _____
# of Hearts: _____

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Morrisburg, ON K0C 1X0 ~ **(613)543-2675**
email: thoughtsofcountry@hotmail.com



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We Have A Sweet Treat for You to Try!

Red Velvet Cake

This red cake was all the rage at one time.
Tastes like a white cake. Three layers look impressive.

All-purpose flour	2½ cups	625 mL
Cocoa	1 tsp.	5 mL
Salt	1 tsp.	5 mL
Hard margarine (or butter), softened	½ cup	125 mL
Granulated sugar	1½ cups	375 mL
Large eggs	2	2
Red food coloring	2 oz.	56 mL
Vanilla	1 tsp.	5 mL
Buttermilk (or reconstituted from powder)	1 cup	250 mL
Baking soda	1 tsp.	5 mL
White vinegar	1 tsp.	5 mL
Icing:		
Milk	2 cups	500 mL
All-purpose flour	¼ cup	60 mL
Hard margarine (or butter), softened	2 cups	500 mL
Granulated sugar	2 cups	500 mL
Vanilla	2 tsp.	10 mL

Stir flour, cocoa and salt in medium bowl.

Cream margarine and sugar together in large bowl. Beat in eggs, 1 at a time. Add food coloring and vanilla. Add flour mixture alternately with buttermilk, beginning and ending with flour mixture.

Mix baking soda into vinegar in small cup. Add to batter. Stir to mix. Divide among 3 greased 9 inch (22 cm) round cake pans. Bake in 350°F (175°C) oven for 25 to 30 minutes until wooden pick inserted in center comes out clean. Let stand for 10 minutes before turning out onto racks to cool. Cut into 3 horizontal layers.

Icing: Gradually whisk milk into flour in small saucepan until smooth. Heat and stir until boiling and thickened.

Beat margarine on high. Gradually add sugar until completely dissolved. Add vanilla and milk mixture. Beat on high until light and fluffy. Fill and ice cake. Cuts into 16 pieces.

1 piece (with icing): 565 Calories; 5 g Protein; 32 g Total Fat; 66 g Carbohydrate; 655 mg Sodium; 1 g Dietary Fiber

Note: 2 x 1 oz. (2 x 28 g) bottles of red food coloring equals ¼ cup (60 mL). If you prefer to use only 1 bottle, it equals 2 tbsp. (30 mL).



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CONTINUED FROM THE FRONT

South Dundas

dealt with a complaint from a merchant in the Morrisburg Plaza concerning a leaky roof. The leak is causing water to pour along the owner's storefront windows and flood the sidewalk, creating an icy hazard.

The issue centred on whether the source of the leak was the roof above the merchant's store or the sidewalk canopy roof.

The Morrisburg Plaza is privately owned by the merchants and their landlords, but the sidewalks and canopy are property of the Township of South Dundas.

Council has received opinion from two separate contractors that the leak is occurring in the merchant's own roof and flowing through his attic to the storefront.

Public Works Manager Hughie Garlough told council the water was also leaking down the inside of the store windows.

"Maybe he'll have to get a lawyer," the mayor said.

Councillor Charles Barkley waded in with his opinion, suggesting that perhaps a third look would be in order. "Maybe a can of tar to fix this thing, but we're talking lawyers."

In the meantime, the sidewalk will be kept well salted.

Truck logos

Councillor Rowdy Gillard isn't crazy about that wavy South Dundas Township logo, at least not when it comes to township vehicles.

Commenting on the stick-on logos that Garlough presented for council's perusal at the last meeting, the Williamsburg ward councillor, grimacing, said township trucks would look like "a zebra going down the road." He said the roughly one-square-foot door patches should be reduced in size, de-emphasizing the stripy logo.

Garlough had gotten prices for the logos after Councillor Bill Ewing brought the idea forward at a previous meeting. Council went ahead and approved spending $2,058 to buy the stickers from Dennis Cooper. Gillard, with his face buried in one hand, raised the other to vote against the measure.

Council further approved an $800 expenditure on a new four-by-eight-foot South Dundas sign for the municipal office in Williamsburg.

Morrisburg Library improvements

The township is planning upgrades with the Morrisburg Library, located in the basement of the Morrisburg Arena. Fixing odour problems and replacing the duct-taped patchwork of carpeting on the Library floor are high on the agenda.

Recreation Manager Keith Robinson reported he had recently installed an elbow leading to a sewer grate in the library floor. Library staff and patrons had complained of sewage odours wafting through the building, emanating from the grate, which was hidden under the rug. It was felt the odour problem would have to be fixed before new carpet could go in.

The Library also has a perennial problem with ground-water leakage from one of its walls.

Fix-ups continue inside the arena itself, with Robinson and his staff building widened stairways into the rink stands.

A plea for the Iroquois compost site

Council received a letter from Doug Byers, on behalf of the Iroquois Business Group, regarding the possible re-opening of the Iroquois compost site. Council agreed the site could re-open if adequate numbers of volunteers managed the site.

The site was closed last year after repeatedly receiving decidedly non-compostable materials — large trees, demolition waste, etc.

"Write back and tell them they can set up their own hours, as long as its supervised," Mayor Johnny Whitteker instructed the clerk.

Heritage

But now that government has downsized, history buffs have to pull up their sleeves. "Queen's Park brought up a lot of spoiled brats here," he asserted.

"Forget council. Don't ask them for $10,000, just get out there and work."

Cunningham foresees a Norman Rockwell inspired picture of a "red-headed" kid biting into a McIntosh apple as one mural idea for Iroquois. Other potential murals in the township include Dr. Locke's long patient queues in Williamsburg, and another commemorating a popular former health clinic in Winchester Springs.

Cunningham found at least two individuals who pledged their support on helping him with the mural idea.

Other attendees included Geraldine Fitzsimmons, representing Upper Canada Playhouse and the Morrisburg Marina Committee; Jim Jordan, who has been working on a pictorial history of Morrisburg; Tom Morrow, South Dundas Chamber of Commerce President; Don Graham DIAMONDS Land Trust President; St. Lawrence River history aficionado Murray Richer; Isobel Williams, President of the Williamsburg Heritage Society, which has aspirations for the home of Dr. Locke; Bev Sabourin, former township councillor, representing an interest the McIntosh apple story; and David Lapier, President of the Williamsburg Community Association.

Gardner said the major goals of the umbrella committee should be development, promotion of the local areas, and protection of historically sensitive sites.

She said the groups should also think about participating in joint fund-raisers, mentioning the popular Antique Festival in Morrisburg as a possibility.

The Carman House Museum had a booth at the festival last year and saw the number of visitors increase to the House as a result, she said.

In the hope of fostering even more cooperation, Gardner is proposing a separate South Dundas heritage fair this year, to which the various groups would be invited to promote themselves with displays and exhibits.

She also invited the groups to help with a rotating display planned for the inside of the old Aultsville station.

The station, located beside the recently restored locomotive at the Crysler Marina, has been touted as a test site for a future South Dundas museum.

The Carman House is viewed as a strong contender for a permanent South Dundas museum.

Cunningham described the Carman House as "a jewel — Upper Canada Village can't touch it." With the addition of expanded gardens and other attractions, the House could draw even more tourists off the well-travelled Carman Road, he said.

Edwbg./Cardinal

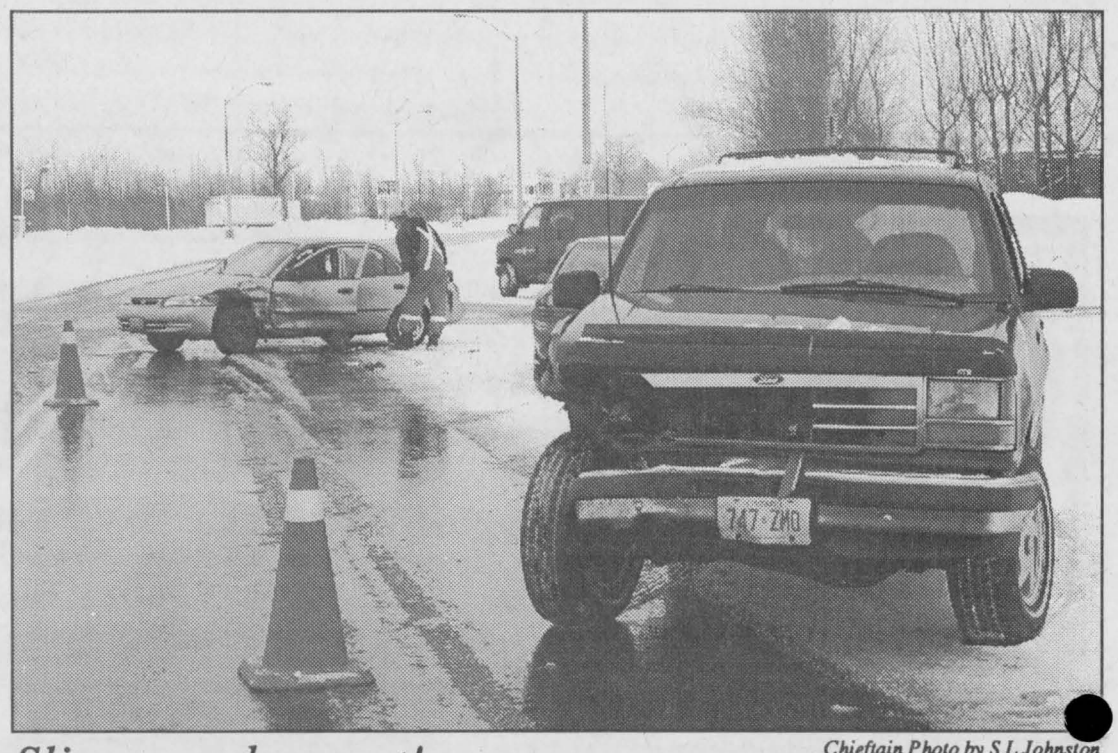
stating that they are helping the recreation facilities to be maintained by providing financial support. The group stated in their letter that these facilities attract new families to the Edwardsburgh communities.

"We must never lose sight of the importance of recreation for all ages within our municipality. We are sincere when we request that our views be addressed and considered as valid," said Lorne Bender.

The group then asked that this request be acted on as soon as possible and they concluded that Michael Spencer be offered a full-time position as Recreation Facility Manager with a compensation package.

Mayor Dave Dobbie responded to their request by saying that the two municipalities' recreation departments were meshed with amalgamation and there are still some rough edges to work out.

"Sometimes there are gives and takes. The new council has to look at the new structure and to address a way of putting it together. Although there is no time frame on this issue yet, I am hoping a new recreation manager will be appointed soon. it has to be done soon," said Mayor Dobbie.



Chieftain Photo by S.L.Johnston

Slippery when wet!

The intersection of Carman Road and County Road Two was the scene of yet another fender-bender on Monday afternoon. The Ford Explorer, a Chysler Intrepid and a small car were involved in an accident. Two ambulances and two OPP cruisers responded to the call for help. On the scene immediately were two Bell Canada units. The Bell boys hastily checked the situation out, displayed traffic cones and had traffic controlled. Details are sketchy at press time.

Atom C Lions roar to win

by Sandra Lee Johnston
Chieftain Staff Reporter

The Atom "C" Lions faced the South Grenville Rangers in Cardinal on January 17 but came up short on the final tally. The Rangers won 4-2.

The Rangers got on the board first at 6:41, but at 3:25 the Lions roared back as Kurtis Corry tucked the puck in with help from Jarrell Green and Bryce Fournier. The Rangers were relentless as they kept the pressure up taking the lead with 1:42 left in the first frame.

Coming out strong in the second, the Lions knotted things at 2 on a hard shot from Peter Coolican. Corry and Peter Toonders earned the assists.

Both teams played well in the third, with some terrific end to end action keeping things heated and both netminders sharp. With things stalled at 2, and 4:01 left in the game, South Grenville broke the tie and then with 2 and a bit to go til the final buzzer the Rangers scored again and took the victory.

The following evening the Lions hosted the South Stormont Selects. Finding their wheels, the Lions defeated the Selects 6-1 crushing their opponents. With 2:29 left in the first, Corry bulged the twine giving the Lions 1 to 0 as he took the pass from Toonders. Then it was Corry again in the second as he teamed with Coolican to set up Peter Toonders for the counter. The board read 2-0. then with only 36 seconds remaining in the second, Andres Menges and Issac Streit passed to Jarrell Green for another scoring play making it 3-0. Third period action saw the Selects score their first counter shattering the shutout dreams of Steven Baird in the pipes for the Lions. Bennet Brown found space behind Baird for the sole marker. But, Green popped a goal at 8:35 to make the score read 4-1 and with only 3:17 left in the match, the Lions continued to keep the pressure on and Andres menges cashed in on a deflected shot from Green who finished things off in roaring style grabbing the hat trick and giving the Lions sweet victory. Streit and Justin Saunders earned the assists.

The Atom"C" Lions played in the South Grenville Atom Tourney next. Facing Athens, Andres Menges pounded the first counter home. Justin Saunders helped. Held scoreless in the first Athens cams back to score in the second. With just over a minute left Menges nailed one in on a solo shot to out his team ahead. Desparate for the win, Athens pulled their goalie and Peter Toonders used the chance to slap a hard one and scored weith 6 seconds ont he clock. Menges won MVP for the Lions.

In their second game, which would determine who played in the "A" final the Lions were unable to get things together at first. They found the KV Panthers forechecking kept them under seige and unable to go to the net. The final read 5-2 for Kemptville. Scoring for the Lions was Bryce Fournier who took the pass from Andres Menges and then Peter Toonders who went in alone to beat the Panther goalie. Too little too late, the Panthers went on to the final. Bryce Fournier was MVP of the game for Morrisburg.

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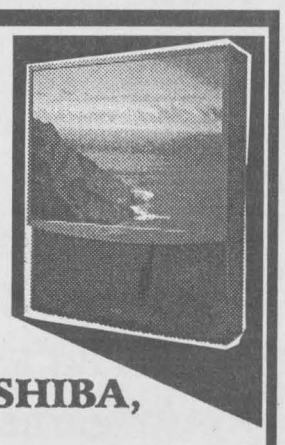

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