THE IROQUOIS POST

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Rally Day This Sunday At Knox

Rally day Sunday will be observed in Knox Church, Iroquois, this Sunday September 8th, with the 11 a.m. worship service including the presentation of a drama by the Church School pupils and Junior Choir, entitled "DISCOVERING CARING CREATING" (The Church in the World), an introduction to the curriculum of studies in the Church School for the 1974-75 season. A tradition at Knox Church, this is a Family Service with parents and relatives in attendance.

The commissioning of Teachers to the Church School will also be enacted during this Service, and the pupils will also received catechism, Scripture Union and perfect attendance awards for their responsibility to these areas of Church School life. The Service will be mainly devoted to "Youth of the Church" with the Junior Choir giving leadership in the ministry of music for the day, and during the drama presentation. The Rev. John Hibbs will conducted the Service assisted by leaders of the Chruch School.

A Church School and Junior Choir rehersal of the drama presentation will be held in the church hall this Saturday morning at 10 a.m.

Registration for classes in the Knox Church School will be held on Sunday, September 15th, at 9:45 a.m. in the churchhall, and with the commencement of regular classes on the same day, through 10:45 a.m. New pupils are cordially invited.



It's Back To School Time!

On city streets watch out for youngsters trying to get across the road. In the country, keep an eye out for the yellow school buses. Photo by: The Ministry of Transportation and Communications.

Hess Family Reunion At Mellan Home

The 11th annual Hess Family Picnic and Reunion was held August 25th. at the home of Mr. and Mrs. Lorne Mellan

There were 45 descendants present of John and Isabella Hess.

A smorgasbord lunch was enjoyed on the lawn followed by a short meeting. Winners of the door prizes were: Judy Gow and Donald Hess. Youngest member present was Allan Hess, son of Mr. and Mrs. John Hess. Cards were signed and sent to Mr. Basil MacNilage, Miss Mary Cowden, Mrs. Margaret Francis, Mrs. Marion Kennedy, Mrs. Jennie Beggs, Mrs. Edith Anderson who were unable to attend. A moment silence was observed for Mrs. Earl Beggs, Mr. Gertus Montgomery, Mr Mansil Bennet, Mr. Russel Beggs who passed away during the year.

All en oyed the entertainment provided by the Share Group from Heckston. Lois and Ray MacNilage assisted by Harold Hess provided games and entertainment for all.

The officers for the following year are: President - Mr. Dwigh Oglivie, Sec/Tres-Christine Mellan, Committee - Mr. and Mrs. Lorne Mellan, Mr. and Mrs. John Hess.

"Scouting In The Parks"

A lot of people went camping on their holidays this summer. It was a great way to get away from the hectic pace of the city, and get back to the good things of nature.

The Boy Scouts of Canada has always been keen on camping. Scouts experience camping skills at an early age, and providing opportunities for using natural resources to the fullest is one of Scouting's fundamentals.

With a great number of people taking up camping these days, there is a need for the Boy Scouts to share their knowledge. A pilot project, "Scouting in the Parks", was conducted during the summer by the Boy Scouts, under a grant from the "Youth in Action" program of the Ontario Government. Visitors to Earl Rowe Provincial Park near Alliston, Ont. were able for the first time, to utilize the camping know-how of two Rover Scouts. Donald MacDonald, 18, and Daniel Bryant, 19 both students - provided service and assistance to park visitors from their "Camper Service Centre".

The two Rovers spent all summer helping people to set up tents, build campfires, and operate protable camp stoves. Hundreds of people, trying camping for the first time, were assisted, and the Rovers helped to make their camping experiences more enjoyable.

Each day, Daniel and Donald offered one or two lectures, hikes, nature lore demonstrations, or they shared, with park visitors, some of the skills they had picked up as Boy Scout members. The most popular demonstrations, they said, were those concerning the proper use of an axe, knife, and saw, handicrafts, and orienteering (use of map and compass). Once, no fewer than thirty-eight people learned macrame during a single session. It was not surprising that over two miles of hemp twine was used up over the summer.

According to Donald MacDonald, practically everyone at the park used a portable stove, but some people weren't sure how to operate them safely. A representative of the Canadian Coleman Col had given the young men a crash course on his products, and the knowledge proved valuable. It is likely that a few burned fingers and a few singed eyebrows were saved during the summer as a result of the Rover's guidance.

One of the more challenging jobs was assisting people who attempted to erect their own tents, but made a mess of it. "They would am two aluminum poles together, which weren't designed to fit in the first place," Daniel said. "Then they would request our help in pulling them apart," Instructions for pitching canvas tents are not usually very clear, he commented.

The Rovers told of one lady, camping alone with her children, who somehow set her tent on

See Page 11

U.C.W. "Summer Event" Held In Montreal

This year's U.C.W. "Summer Event" for the Montreal-Ottawa Conference United Church Women was very capably convened by Quebec-Sherbrooke Presbyterial U.C.W at the College Marie Victorin in Montreal. Excellent meals and other services were provided by brother Healey and staff of the College.

The date of this years event was August 9, 10, 11, and the general theme was "All in the Church Family." Approximately two hundred women and some of their families attended, with sixty seven coming from the Seaway Valley area.

Some of the highlights of the event, (which everyone agreed was the best yet!) were the speakers; Dr. Merle Jordan, professor of pastoral theology, Boston University, and Rev. Peter McKeller, chairman of the Division of Mission in Canada and World Outreach, also former missionary to Sierra Leone, West Africa, and an expert on rural ministry in Canada. Dr. Jordan's talk followed the theme of the conference, "A l in the Church Family" and dea't particularly with communication within the chruch family-constructive and destructive, also ways of dealing with anger, grief, guilt and conflict in the context of a love relationship.

"People need to be open to love, glad to be alive and we can do that only when our lives are anchored in the Rock of Ages."

Besides giving excellent leadership in the Rural Ministry Workshop, Rev. Peter McKeller gave a dynamic presentation on Missions which prompted an impromtu offering to be taken for mission work.

Another highlight was music. Everybody had fun learning new and old nonsense songs and more serious songs and hymns under the enthusiastic leadership of David Irwin of Winchester. People who had never played before were seen playing his simple instruments. Theme song of the weekend was, "Come as a Little Child" and it was sung many times each day.

SHARE folk group from Heckston, led in Saturday night singing and worship.

Each person attending the conference took part in two Interest Groups which included Music, Crafts, Thr Growing Family, Dealing with Grief and the Rural Ministry.

Saturday night was Fun Night and each presbyterial presented some entertainment. Seaway Valley's contribution was a humorous contest. An item of interest that evening was serious, though also humorous, sketch of the Summer School since it started around thirty years ago. It was prepared and presented by Montreal Presbyterial.

Summer Event ended with a very meaningful Communion service conducted by Dr. Jordon and Peter McKeller.

Plans are already underway for next Summer's Event which will be under the leadership of the Ottawa Presbyterial.

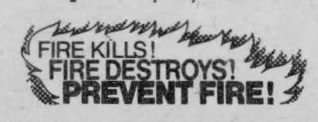
Dr. Simon Locke Eats Here

Patrons at the Iroquois Coffee Shop received a pleasant surprise Monday evening when they discovered that Sam Groom who portrays Dr. Simon Locke on the CTV television series was having dinner in Iroquois. He explained he was on his way back from Quebec City to Toronto and stopped off for a bite to eat.

Joins RCMP



Alan A. Thorpe, son of Mr. Andrew Thorpe of R R #1 South Mountain and the late Mrs. Evelyn Thorpe, has been accepted by the R.C M.P. Alan will commence training September 9, 1974 in Regina, Sask. photo by Hy Fund Studio



THE EDITORIALS

The Iroquois Post

AND MATILDA ADVOCATE
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IT'S GOOD TO BE BACK

No matter how much complaining we've heard in the past few days from the younger generation, there's just no doubt but that they are glad to be back in school. You could see it on their faces on Tuesday morning.

You could also see the pleasure on the faces of the mothers who drove their youngsters to school at the elementary level. It was difficult to tell whether the happiness was generated from a sincere desire to see their infants get an education or just for the peace and quiet that will not pervade the house until late afternoon each day.

Yes, summer is over, and the start of another school year signals the fall season and reminds us of the colder days that will gradually seep in. The rain on TUesday was almost a signal for horrible weather ahead. Or is it just our age that makes us think of cold weather as something unpleasant?

There will be a few empty seats, of course, as the first day at school brings the awareness that some of the students have either moved away or dropped out. And they will be missed this first day as memories of last year still linger in young minds. But the activity of the day and thoughts of what is to come will soon sweep these memories into the waste basket.

But for those who have chosen to continue on in school there will be a reward...not a dollars and cents figure that you can pin down but the reward of seeing creativity being fulfilled. Each day that passes in the learning process brings us to a better understanding of the world in which we live and makes it easier for us to live in this world. These are simple words to say and the learning process is long, in fact it can carry on with us until the day we die if we wish, but the effort is well worth putting into when we consider the rewards.

If those who left school due to lack of interest or laziness would only admit it, they usually wish they could go back and start all over. Unfortunately it is hard to tune in after dropping out.

For those students of last year who have decided not to go back we only wish they would change their minds while there is still time. Having lost a day or two of school right now doesn't mean a thing compared to the loss of a lifetime if they don't go back.

Parents have a responsibility that they cannot shirk. They should be impressing on a youngster the importance of advancing his knowledge in his youth, preparing for a future that can be better if we want to work for it. Certainly it is not easy to go back to school when you have been earning a salary all summer and have been able to do the things you've been wanting to do. You have tasted independence and it is not easy to give it up. It may, however, be the most intelligent thing you can do for yourself and for society. While most of us have a tendency to think only of ourselves we must realize that many times the decisions we make affect others. We must make the right decisions the first time. But should we fail it does not mean we cannot try again! Most of the great mean of this world did not become great without many trials and errors. But they learned to take advantage not only of their opportunities but to make use also of their mistakes. That is the learning process.

Each year we ask young people to think over their decision to quit school and each year we wonder how many deaf ears we've tapped. But even if there is only one who listens .....



BY TOM TREMFIX

Question: My steel chain-link fence needs repainting. Is there any way I can renew its appearance and durability without going through the laborious process of sanding and priming the rusty areas?

Answer: There certainly is! Try Tremco Tremclad, a rust-inhibiting paint that can be applied directly over solid-rusted metals without priming. Just remove all loose, flaking rust and peeling paint with a wire brush and make sure that the fence is clean and dry. Tremclad actually penetrates solid rust and binds to the base metal.

It can be easily applied to your fence with either power spray, long-napped roller, or brush. Tremclad dries completely in 6-8 hours (2-3 hours to touch) to a long-lasting finish that resists rust and fading.

Tremclad is available in aluminum and green (both of which would be ideal for your fence), and 8 other popular colours, and comes in Imperial gallons, quarts, pints, or aerosol spray cans.

This unique paint is perfect for new, rusty, or previously painted iron or steel. Typical applications include playground equipment, outdoor furniture, ornamental iron, garden tools, machinery, and storage sheds.

Complete instructions on using Tremclad are on the back of the can.

For more information on Tremclad rust paint, write to Tom Tremfix, TREMCO, 220 Wicksteed Avenue, Toronto, Canada M4H 1G7.

DOLLARS & GOOD SENSE

by WILLIAM J. MARTIN
Special Consultant to
Avco Financial Services

Recent economic conditions have made home buying, if not more difficult, at least more subject to careful examination. Today I'd like to begin a discussion of the subject.

How much of a house can you afford? As housing costs soar, it is difficult to follow some of the traditional guidelines. If you've been shopping for a new house, you know how prices have jumped. It costs about twice as much for a house now as it did some 20 years ago, for example.



One long standing rule of thumb is that you should be able to afford a house costing about two to two and a half times your annual gross income. If you earn $10,000 before taxes, let's say, you should be able to buy a house costing between $20,000 to $25,000.

Another guideline is based on monthly payments. Your monthly cost for mortgage payment and real estate taxes should not exceed one week's gross income.

One big change is down payment. It is taking more and more of a down payment to move into a house that fits the formula.

Next, some tips on home buying.

Readers' questions are welcome and should be sent to Box 5875, London, Ontario.

Bill Smiley



OUR SOCIAL LIFE GETS WARMED UP

Perhaps I sounded a bit grumpy last week because this has been one of those summers when a chap feels that he hasn't done anything, seen anything, or been anywhere. And it has.

But that is not to say that it has been without interest and incident. Last week, I whined about our scanty social life: one funeral, one wedding.

However, we've had some very interesting visitors. Almost every day. Roofers, painters, a columnist, a student, a syndicate man, a physiotherapist, and – the most interesting of all – my grandbabby.

And I reckon I've learned a wee bit about human nature in the process. Perhaps that's what it's all about. I like physical nature as well as the next man, but I am fascinated by human nature.

Physical nature is interesting and fairly predictable. You plant a seed properly, nurture it, give it plenty of fertilizer, the right amount of sun and water, pluck out the weeds around it, and you wind up with a dandy cucumber or turnip, or whatever you planted.

But you can't do that with humans, though you try. Maybe we give them too much fertilizer, or don't pluck the weeds. We plant what we think is going to be a rose, and it turns out to be a cabbage. Or vice versa. Any parent knows this.

By the way, don't get excited, or nervous. This is not a tract on Freudian sexual symbolism. It is merely a middle-aged man trying to express his astonishment at the variegation of the human species.

Once again, I drift into one of those remote channels that end up in a swamp. Why not stock to the main stream? Back to our summer visitors. There are two categories: those who caught us at home, and those who did not.

Those in the latter category came around when we were out doing something exotic, like shopping. Or at night, when we were cringing in the TV room, lights out, doors locked, phone off the hook, arguing about whether we'd watch the John Wayne 1940 western or the Audrey Hepburn 1953 dazzler.

Among these were two people who left notes. One was Doris Humphries, a lively columnist in the Renfrew Mercury. "Darn you, Bill Smiley. I came all the way from Renfrew... . . .". Sorry, Doris. I'll buy you a dinner next time. I read your column every week in one of Canada's best weeklies. And remind your boss that he still owes me a dinner. (He was a terrified infantryman when I was a terrified Typhoon pilot.)

Another note was from a student. Sharp mind, headed for university and law. Beware, you lawyers of five years from now. Don't fool with this young lady? , punk? , woman? , person? . She'll murder you. Typically, with the deep respect my students have for me, her note began, "Hi, Smiley, I came around and you didn't even have the decency to be at home . . . ".

A few of the visitors caught us at home. One was Bill Craig, of Argyle Syndicate, who has more to do with getting out this column than anyone except me. Our previous acquaintance had been on the phone. I expected a smart-alec young punk of about twenty-six with the big sideburns, the big pants, and the hearty manner.

I was shattered. He and his wife Betty arrived for that notorious pre-dinner appetizer. They have an eighteen-year-old daughter and a sweet, shy little son, James, who is five. Bill is a Korean war veteran. He demolished me at two games of chess, and played a fair piano. So much for preconceptions.

Some of the others who caught us in were the painters and the roofers. When we were up at the crack of dawn, ready for any questions, they didn't show up. When we were up at the crack of noon, not expecting them, they were buzzing the doorbell at 8:30, like hornets, I report, not happily, but just as an observer, that they were all stung severely by a number of hornets in our roof and environs.

Then there was the Scotsman. He is a physiotherapist. Boy, that's a hard word to spell. He wanted work, after hours, so he could buy a house. I was rather intrigued by the idea that a young man actually wanted to work. And then there was my bad back, which comes in handy very often. He's an excellent gardener, and our place looks better than it has in a decade.

But there, I've run out of space, and I haven't even told you of the party in our backyard for retarded adults, or the hellery of my grandbabby. He has just arrived again, and I can hear him shouting downstairs for Bill, or somebody who understands that when he's asleep, he is pure angel, and when he's awake, he's pure devil.

The Argyle Syndicate Ltd.

Longer Season Old Fort Henry

Old Fort Henry in Kingston, which normally closes for the season on September 15, will remain open until October 15, 1974.

From Labour Day until September 15 there will be Sentry Changes every hour on the half-hour, Cannon Salutes, and guided tours throughout the day. After September 15 - October 15 there will be guided tours, continuous showings of the film entitled "The Citadel of Upper Canada", the coffee bar and souvenir shop will be open as well as the Information Centre.

The hours of operation from Labour Day until October 15 will be 9:30 a.m. - 5:00 p.m. daily.

Municipal Enumeration Starts Next Week

Provincial enumerators will visit all households in Ontario during September to conduct the annual Municipal Enumeration, Revenue Minister Arthur Meen said today.

"Annual municipal enumeration is quite different from the enumerations conducted in preparation for Federal and Provincial Elections, "Mr. Meen explained.

"Special Voters" lists are required since eligibility to vote is differnt at the Municipal level."

The right to vote in Federal and provincial elections is based upon citizenship, age, and residency. The right to vote in Municipal Election is more extensive since it allows a non-resident who is at least 18 years old and a Canadian Citizen or British Subject to vote, if that person owns or rents property in the municipality. The Spouse of such a non-resident is also entitled to vote in that municipality.

"However," Mr. Meen pointed out, "We require more data than voter eligibility. The enumerators must record the names, ages, property status (either owner or tenant) public or separate school support and residency of all members of each household."

This information is required for five purposes:

- The preparation of voter's lists for local elections to be held December 2;
- The division of the education portion of property taxes between the public and separate school boards;
- The distribution of provincial grants to local governments to help reduce local tax bills;
- The preparation of Juror's lists;
- The determination of local population statistics to assist in municipal and provincial planning.

"Consequently, we cannot use the information collected prior to the recent federal election or any other election," Mr. Meen observed. "With most of Ontario holding municipal elections on Monday, December 2, we hope this will create greater interest and voter turnout in elections for councils, school boards and public utility commissions." Council members and trustees will hold office for a two-year term.

The only municipalities not holding council elections on December 2 (Due to recent local government reorganizations) are those in oxford county and in the regional municipalities of Hamilton-Wentworth, Haldiman-Norfolk, Peel, Halton, and Durham, the townships of Goulbourn, Rideau and West Carleton in the regional municipality of Ottawa-Carleton, and the town of Wasaga Beach in the county of Simcoe. However, Households in these areas will still be enumerated to collect information for the other purposes mentioned previously and, in some cases, for the purpose of school board elections.

About 11,000 enumerators have been trained to conduct this year's program. These enumerators carry ministry of revenue identification cards and large blue binders containing enumeration forms.

Mr. Meen noted that the enumeration takes no more than a few minutes of the local resident's time and should be conducted at the door. "It is not necessary to admit the enumerator to your home", he added.

The enumerators will have a preprinted notice of everyone currently on record in the household. "If the resident agrees that information is correct and complete, he signs the enumerator's record and keeps a copy of the notice," Mr. Meen said.

"If changes are required as, for example, an addition to the family or new occupancy, a change in school support or the attainment of voting age, then the enumeration notice is corrected on the spot. The responding adult verifies the changes and a revised notice will be mailed to the houshold by the assessment office.

If there is no one at home when the enumerator calls, the notice will be left with instructions for checking and revising it. Non-Resident owners or tenants will receive their enumeration notices and relevant instructions in the mail.

Mr. Meen said that 2.4 million pamphlets have been sent to householders to alert residents to the September Enumeration.

TODAY'S CHILD

BY HELEN ALLEN

THE TORONTO SUN SYNDICATE

Ronny is an alert baby of 14 months with a passion for anything that makes a noise. Happy, responsive Ronny is sturdily built with very dark eyes, light brown hair and fair skin. He has eight teeth whose arrival did not bother him at all. In fact nothing seems to worry Ronny who is normally cheerful and seldom cries.

Yet this lovable youngster has a major problem. He was born with spina bifida, an injury at the base of the spine which often results in paralysis of the lower part of the body. He also has hydrocephalus (abnormal build-up of fluid inside the skull) which is being satisfactorily controlled.

Ronny has no movement in his legs but his arms and shoulders are strong and muscular. Ronny has been fitted for leg braces but they are not ready yet. When they come, he will also have a walker and will start on physiotherapy with the object of strengthening his legs. No forecast can yet be made as to whether he will walk. As if this were not enough, Ronny has no bladder or bowel control. Schedules can usually be worked out to handle that problem when a child is older.

Ronny is an appealing baby with a winning personality, He is affectionate with his foster family and accepts strangers amiably if they will wait for him to make the first advances.

Ronny is considered at least average in ability. He is saying a few words and starting to feed himself. He is eating mostly table foods now.

Lovable Ronny needs parents who will give him much love, stimulation and excellent physical care. Such special people are invited to write to inquire about adopting Ronny. The address is Today's Child, Ministry of Community and Social Services, Box 888, Station K, Toronto M4P 2H2. For general adoption information, please contact your local Children's Aid Society.



HE'S ALWAYS CHEERFUL



WEDDING INVITATIONS

Forever Yours

by INTERNATIONAL OF STRATFORD

Choose your wedding invitations with complete confidence from our elegant selection...which includes announcements and all the correct wedding accessories.

Our wedding gift to you...
a Keepsake copy of your Invitation processed in luxurious gold.

The Iroquois Post

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Plaza Beauty Salon

OPENING SEPTEMBER 10th, 1974

LOCATED IN SHOPPING CENTRE

OPEN TUES., WED., THURS., FRI., & SAT.
OPEN THURSDAY EVENING

LIZ HOLMES, Prop.

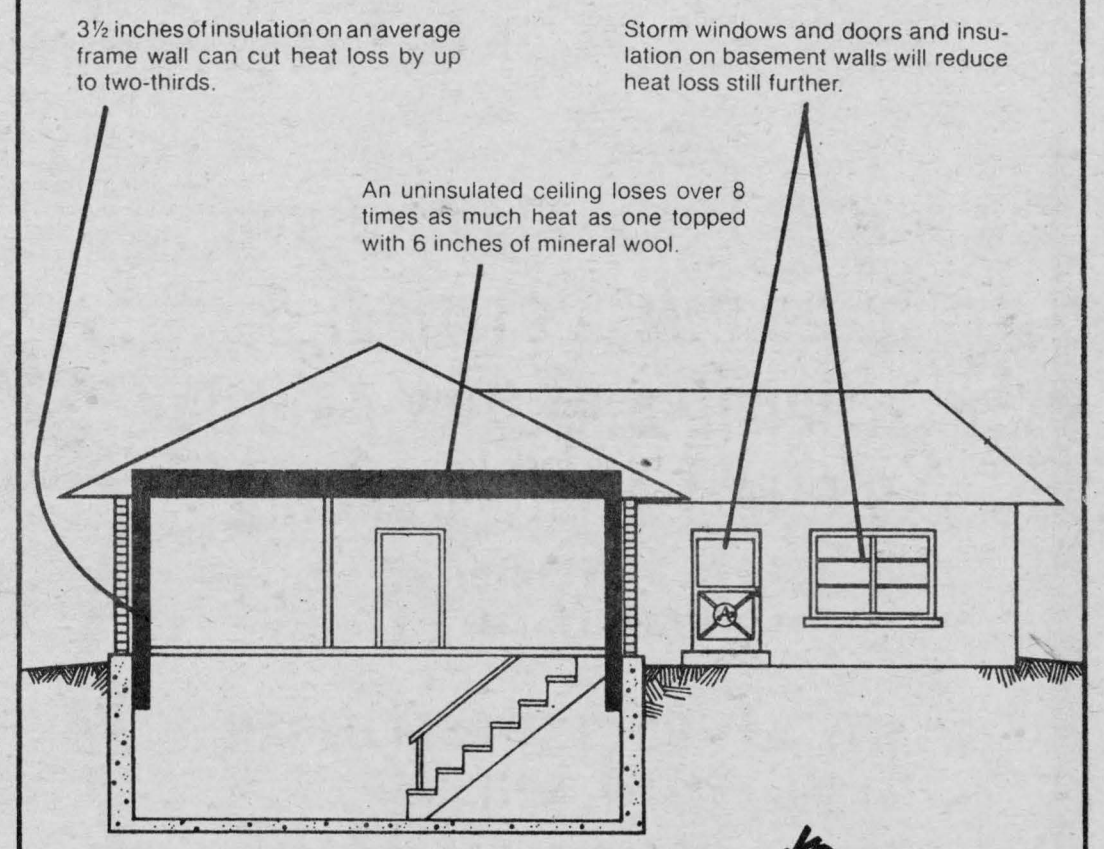
For Appointments Call 652-4466

10-4c

How to save energy and cut your fuel costs.

Regardless of the heating system or type of fuel involved, good insulation is the key to improved home comfort *with lower fuel consumption.* In any building, heat escapes through ceilings and walls. Insulation reduces that loss considerably.

If you're planning to build a new home—or modernize an existing one—make proper insulation a must. The Ontario Electrical League requirements provide your best guide, and your Hydro will be pleased to give you any information you need on the subject.



Iroquois Hydro System

your hydro

SHANLY

Miss Bonnie Gilmer has returned from a week's spent visit with her sister Mrs. Gary Miller. Mr. Miller and dauthters of Petroleum, Ont.

We welcome to our community Mr. and Mrs. Randy Bilz and son of Prescott who have moved into the United Church Manse.

Mrs. J. S Wallace visited her sister Mrs. G D. Gillie of Cornwall last Tuesday.

Sunday guests of Mrs. W Dillabough were Mr. and Mrs. Lloyd Moare of Metcalf and Mr. and Mrs. Melbourne of Oshawa. Kerry Melbourne who was visiting his grandmother, returned home with them.

Mr. and Mrs. Carl Gilmer and children of North Bay spent over the holiday ith Mr. and Mrs. Gordon Gilmer here and Mr. and Mrs. Lyall Brown of Spencerville.

Mr. and Mrs. John Froom and Karen of K ngston spent a few days recently with his parents Mr. and Mrs. Walter Froom.

Mr. and Mrs. Don Terry Douglas and Jim of Tillsonburg visited Mr. and Mrs. J. S. Wallace last Friday.

Mr. and Mrs. Wm. Hooper have returned from a holiday in Toronto and Niagara Falls. They also visited Mrs. Alvin Hooper and daughter Karen of Lefroy on Lake Simcoe.

Mr. and Mrs. Keith Matthie and family of Algonquin and Mr. George Mattice of Calgary were supper guests Wednesday with Mr. and Mrs. J. S. Wallace.

Mr. and Mrs. Charlie Gilmer visited Mr. and Mrs. Dale Gilmer and Jennifer of Manotick on Wednesday, evening.

On Tuesday evening August 20th a shower was held at the home of Mrs. J. Jansman, in honour of Miss Joan Melisses forthcoming marriage. It was well attended by neighbors and friends, Joan received many beautiful and useful gifts for which she graceously expressed her sincere thanks.

Lunch was served by the hostesses Mrs. Roas and Mrs. Jansman.

GALA BALL

★★★★★★★★★★★★



SPONSORED BY THE MORRISBURG & DISTRICT COMMUNITY CENTRE BOARD

MORRISBURG ARENA ★



18-Pc. Cornwall Centennial Orchestra

SATURDAY SEPT. 7th

7:30 P.M. - Doors Open

8:00 P.M. - Official Opening of New Addition

9 P.M-1 A.M. - Dancing

To Music of the 18-Piece Cornwall Centennial Orchestra

Music By **ROY FAWCETT ORGAN,** of Winchester, will be played all evening in the lobby

Refreshments Available

ADMISSION: $5 Per Person includes Continuous Buffet Lunch

Door Prize · $100

This Dance will be the kick-off for Sales on Tickets on a $1000 BOND DRAW to be made at the Morrisburg Trade and Home Show, September 28th.

★

All Proceeds from Dance and Bond Ticket Sales will go to the Zamboni Ice Machine Fund

SUNDAY SERVICES

IN THE CHURCHES

IROQUOIS AND MATILDA

CHRISTIAN REFORMED CHURCH

Rev. John Depater, Minister

9:30 a.m. — Belgic Confession. Article 13. Theme: God's care and men's share.
10:30 a.m. — Sunday School
8:00 p.m. — Text: Luke 9 v 61a Theme: I will follow you Lord, but . . .

Come and Worship The Lord With Us

Anglican Church of Canada Parish of Iroquois and Morrisburg
Rev. Francis N. Gooch, B.A.
Telephone 543-2867

Sunday, Sept. 8 - Trinity 13

ST. JOHN'S - IROQUOIS

11 a.m. ..... Holy Eucharist

Other Services

St. James' ..... 8 and 10 a.m.
Holy Trinity ..... 9:30 a.m.

IROQUOIS PASTORAL CHARGE UNITED CHURCH OF CANADA

Rev. W. Brian Gee, B.A., B.D., ThM.

Organist: Mrs. George Fowler

Worship at 11 a.m.

Sunday School Commences September 15th

THE PRESBYTERIAN CHURCH IN CANADA

KNOX CHURCH, IROQUOIS

The Rev. John J. Hibbs, B.A., B.D., M.Th., Pastor
Mrs. M. Casselman, Organist

MINISTRY OF WORSHIP, EDUCATION AND OUTREACH
Midweek Youth-Adult Program

SUNDAY
Church School ..... 9:45 a.m.
(Kindergarten thro. Grade 12)
Worship Service ..... 11 a.m.
(Adult Nursery Supervision for Children 4 years and under)
VISITORS AND NEW CHURCH FAMILIES WELCOME!

ST. ANDREW'S CHURCH
South Mountain
Mrs. Arnold Shaver, Organist

SUNDAY
9:30 a.m. ..... Service of Worship
(Adult Bible Class Following)
YOU ARE MOST WELCOME!

UNITED CHURCH OF CANADA
Matilda Pastoral Charge

Rev. L.D. Joyce, M.A., Ph.D., Th.D

9:30 ..... Hanesville
11 a.m. ..... Hulbert
1:30 p.m. ..... Brinston

ST. MARY'S CHURCH

Rev. F.M. O'Conner, P.P.

Saturday ..... 7:30 p.m.
Sunday ..... 8 a.m. & 11 a.m.
Confessions: Thursday 8-9 p.m.

ST. CECILIA'S CHURCH

Sunday ..... 9:30 a.m.
Confessions: Thursday, 7-7:45 p.m

Some Habits Are Potential Killers

All people are creatures of habit! Every day we perform certain functions in exactly the same manner without giving any thought as to how we do them.

Some habits, good or bad, become fixed. For instance, when you put on a coat, which arm goes into the sleeve first? It's always the same one. If you want to really recognize a habit, try switching arms the next time you put on a coat. First, you will have a struggle to get into the coat and second, it won't feel like your coat for the first minute or so. When dressing, do you put on both socks and then both shoes, or one sock and shoe on the same foot before doing the other? Left or right foot first?

Many of our driving habits are pretty well fixed, too. Fortunately, some of them are good. However, we may have some bad habits that are potential killers! Check this list compiled by the Ontario Safety League, before you start out on a holiday weekend:

1. Failure to yield to other vehicles, or pedestrians.
2. Speeding or "driving too fast for conditions." (Hurrying too fast in order to make up for lost time because sufficient time was not allowed for the trip.)
3. Following the vehicle ahead too closely (tailgating).
4. Neglect to fasten safety belts because the trip is a short one.
5. Forget to use knowledge gained in defensive driving course (drive defensively).
6. Failure to respect the riths of cyclists - motor or other-wise.
7. Entering or leaving a parked vehicle on the street side.
8. Pulling away froma curb without first checking traffic.
9. Having one - or another one - for the road.
10. Not using proper signals. (A big cause of accidents.)
11. Driving too slowly and staying in the passing lane.
12. Passing without checking for other vehicles coming from the rear.
13. Backing a vehicle without first making certain the area is clear.
14. Driving with one hand while resting the other on the car top; or using it while driving to punish the kids in the back seat.
15. Handling books, papers, road map, articles of clothing, etc. while driving, thus taking your eyes and attention off the road.
16. Crossing railroad tracks without making sure the way is clear.
17. While driving, carry on an "eye-to-eye" conversation with the passenger either next to you or in the back seat.
18. Lighting cigars, cigaretts, and pipes while driving.
19. Driving while physically or emotionally ill, or while taking strong medication.
20. Driving while your mind is on other things.

Just as a bad habit can creep up on us in such a manner that we are hooked without being aware of it, so can GOOD HABITS BE FORMED BY DELIBERATELY DOING A THING OVER AND OVER AGAIN IN THE CORRECT WAY UNTIL THAT HABIT IS SET. It's hard to pick out and recognize our own bad driving habits. But it is well worth the effort.

Spotting and curing just one bad driving habit may eliminate a bad accident, serious injury, or even save a life! Thirty-nine people never returned from their Civic Holiday weekend in Ontario.

The Ontario Safety League would like to see you all home safely following Labor Day.

IN MEMORIAM

Beckstead: In sad and loving memory of a dear son and brother Robert John who was accidentialy drowned on August 31st 1960.
Gone is the face we loved so dear,
Silent is the voice we loved to hear.
Too far away for sight or speech,
But not too far for thought to reach,
Sweet to remember his who once was here,
And who though absent, is just so dear.
Sadly missed and ever remembered by Dad, Mom, brothers and sister. 11-1-p

Beckstead: In sad and loving memory of a dear nephew Robert John who was accidentally drowned on August 31st 1960.
I think of him in silence,
His name I oft recall,
There is nothing left to answer
But his picture on the wall.
Sadly missed and ever remembered by Aunt Yvonne Cowan.
11-1-p

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The Municipal Council of The Village of Iroquois have appointed **MR. DECKIN SIMSER,** R.R. 2, Russell, Ontario, **Telephone 821-1384,** as **DOG CONTROL OFFICER** for the Village of Iroquois.

Mr. Simser has authority to catch any dogs found running at large, impound them, and if not claimed within three days, to dispose of them. He also has authority to shoot any dog in the performance of his duties as Dog Control Officer.

Please keep your dog tied up or you may lose a valuable pet.

10-2c

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(A religious education program for youth, relating to home, school and community)

COMMUNITY
SCHOOL HOME CHURCH

MIDWEEK
(Graded inter-related program in personal growth and social responsibility, including creative projects, fellowship and outings)
Children of the Church (6-8 co-ed — 3:45 p.m.
(last Wed. of mos.)
Explorers (9-11 co-ed) — 7:30 p.m.
(1st and 3rd Wed. of mos.)
Junior Choir (9-13 co-ed) — 3:45 p.m.
(every Wed.)
Explorer Jets (12-13 co-ed) — 7:30 p.m.
(2nd and 4th Wed. of mos.)
P.Y.P.S. (teens co-ed) — 7:30
(1st Mon. of mos.)
Senior Choic (14 and up co-ed) — 7:00 p.m.
(every Thurs.)

SUNDAY
Church School (Kindergarten 4-5 to Grade 12 co-ed)
9:45 - 10:45 a.m.
(Graded team-teaching, creative work, take-home biblical studies)

THEME OF STUDIES — "Discovering, Caring, Creating"
(The Church in the World)
Worship Service — 11 a.m. — The Family Together
(Nursery — up to 4 yrs. — Adult Supervision)

— — —

REGISTRATIONS:—Church School — Sun., Sept. 15, 9:45 a.m.
—Mid-Week Groups—Per Days and Times.

— WELCOME —

11-2c

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45-4c

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Tomato Juice 39¢

Clover Leaf 15oz. tin
Pilchards 37¢

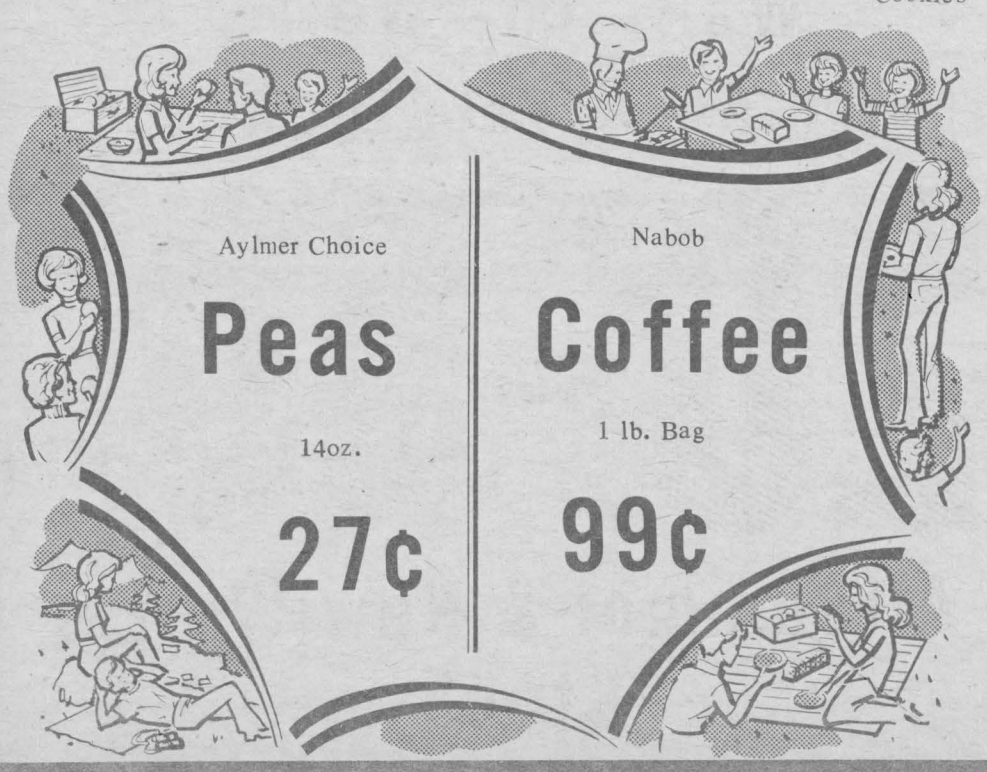
32oz. Liquid Detergent
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Provigo 2 Roll Pak
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JAM 59¢

Schwartz 3 lb. jar
PEANUT BUTTER
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17¢

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MASHED POTATOES
12oz. box
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Hungarian Partridge On Upswing

The Hungarian partridge, a plump, short winged, grey to brown game bird inhabiting the farm lands of eastern Ontario, appears to be making a slow comeback after declining to very low numbers in 1969. The reasons for such declines in the "HUN" as they are sometimes called, is not well understood but since records began on hunting success in 1950, there were two other "lows", one in 1955-56 and another in 1963-64. "Highs" and "lows" are characteristic of this bird elsewhere on its range which in Ontario includes lands bordering the St. Lawrence River, Prince Edward County, the Niagara Penninsula and Essex County. Elsewhere on this continent it is found mainly in the southern part of the lake states and from Manitoba and Minnesota westward except for mountainous areas.

The first introduction into North America from its native Europe and Asia was made in New Jersey in the late 18th century by Richard Bache, son-in-law of Benjamin Franklin.

Many "hun" introductions were made after the turn of this century, with those in the grain farming areas of the mid century with those in the grain farming areas of the mid western states and provinces being the most successful. In Ontario, many introductions were made at this time but it was not until the late 1920's and early 1930's that these became successful in eastern Ontario producing what has since been regarded as the largest concentration of Huns in the province.

In 1973, interviews with hunters in the Winchester area, which is generally thought to be the main part of the eastern range showed an unexpected improvement in hunting success. A summer roadside survey to detect partridge abundance has been coducted by the Ministry of Natural Resources since the "low"-year 1969 but the birds have been so scarce throughout this abnormally long low period that few have been detected. The survey was prompted so that the many inquiries on the subject from such distance points as southwestern Ontario, Pennsylvania, New York and Michigan could be dealt with.

Beginning in early August this year, the Ottawa office of this Ministry initiated a random survey of 48 farms in the partridge range of the Ottawa-Carlton region. The results of the survey show that Huns are still rather scarce but are more abundant than a year ago. Since the spring 10 farms had sightings of "Huns" compared with 4in the same period a year ago. Winter and spring observations by farmers also showed an increase. There were 12 farms with "Hun" sightings last winter compared with 11 farms the winter before. In the spring there were 9 farms with partridge this year giving an increase over the 5 farms the previous spring. The greatest majority of farmers interviewed did have Huns on their farm at one time but hadn't seen any for years indicating that the population has a long way to go before it could be considered abundant once again.

CARDS OF THANKS

The family of the late Russell Beggs wish to express grateful thanks for the many acts of kindness shown during his illness and passing. Special thanks to Dr. Marston, staff of Winchester Hospital, Rev. Hibbs, Mr. Purcell, Mr. Armstrong, and to all others who helped in any way during our recent bereavement. We appreciate these acts of thoughtfulness.

"Thank you"

ll-1-c

I wish to express my sincere thanks to my family and friends and neighbours for cards and gifts and flowers, when I was a patient in the Winchester District Memorial Hospital.

I want to express my sincere appreciation to the staff and Dr. Domanko. And express special thanks to Mr. and Mrs. Clifford Fader and boys and Steven and Christine and the girls at work.

Joyce Riddell Ip

I would like to thank Dr. Don Perrin, Dr. Anthony Cunningham, the nursing staff in the intensive care unit and the second floor of the Brockville General Hospital for making my stay in the hospital as pleasant as possible. Thank you to all who sent me cards, and letters, gifts and visited me. These acts of kindness will always be remembered.

Herb Liezert. ll-1-p

We wish to express our sincere thanks to relatives, friends and neighbors for their kindness and sympathy during the illness and death of a dear husband and father. Special thanks is extended for donations of food and for the many cards and letters and flowers and the many donations to the Canadian Cancer Society. Your kindness is greatly appreciated.

Also I would like to thank Dr. Marston for his trips and visits at our home.

The Lapier Family 1p

We would like to thank friends and neighbours and my family, the Ottawa City Police, Morrisburg O. P. P., Ladies Auxiliary Iroquois Legion Branch 370, for their flowers, cards, visits, food and donations to the heart fund at the time of the death of our mother Mrs. Mae Shipman. These acts were sincerely appreciated.

Mr. and Mrs. Leo McKee

ll-1-p

Personal

Mrs. Judy Aspin has returned home after spending a week in Toronto with Mrs. G. Carey and Mrs. Annie Kirker.

Tenders To Be Called

The Honourable Donald R Irvine, M.P.P., Grenville-Dundas, Acting Minister of Housing, is pleased to announce that tenders will be advertised by the Ontario Housing Corporation on August 30th, 1974, to close on October 3rd, 1974, for 15 senior citizen units in the Police Village of Spencerville in the Township of Edwardsburg.

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Iroquois Girls Minor Softball

The Iroquois Minor Ball Association Girls Pee-Wee Club enjoyed a most successful season. Although, the team was not in cluded in a regular league, they did work exceptionally well in learning the basic fundamentals of the sport.

In this area, several drill sessions were conducted during the summer months as well, the team played in many exhibitions games. As a result, this club is prepared to enter into a league for the 1975 soft ball season. The Pee-Wee Girls Ball Team was coached by Leo DeBellefeuille and he was assisted by Lori and Patrick and Perry DeBellefeuille. All members of the team publicly wish to offer thanks to Village of Iroquois Recreation Department and the Iroquois Minor Softball Association through the Convenor Mrs. Leona McIntosh for the supplying of uniforms and equipment to operate the team this past summer.

GIRLS PEE-WEE BALL TEAM
Front Row L to R
Patrick DeBellefeuille, asst. Coach, Shawn Graham - Captain Cindy Tibbin - Betty Dewitt Cindy Patterson - Liz Best - Karen DeBellefeuille - Tracy Beckstead.
Back Row -
Leo DeBellefeuille, Head Coach, Elaine Valliquete - Lydia Dewitt Christine Renwick - Julie Waddell - Amy Beckstead and Perry DeBellefeuille - Team Manager.

As a form and thought, before the Iroquois Bantam Girls Team is reviewed for the 1974 season. Allow some of these softball fundamentals be remembered for next season by the principals concerned.

Softball is a game which combines the elements of simplicity of equipment, skill, excitement, fun, character, development and more important healthy recreation.

The golden rule of Minor Softball is "The player comes first." More than ever today, minor softball needs good coaching. In addition to being well coached, minor softball stresses the need for good leadership.

Without a coach who passes a sound knowledge of the games basic fundamentals and true - honest and dedicated leadership it is most difficult to operate minor softball successfully.

A coach needs to impart to players wholesome attitudes and practices which will influence and direct them long after they have stopped playing softball.

Minor softball players are in the most farmative period of their lives. Attitudes formed and habits moulded NOW will be lasting. These attitudes and habits will be good or bad rests, to a very large degree, upon the coach as a leader of boys today, men of tomorrow. Sportmanship is at a low ebb among players, coaches, and spectators alike in far too many centres. A "win-at-any- cost" attitude is dominating the game. How often have you seen players threatened, officials booed, coaches told to operate a team a certain way, or else?

Another blight upon softball has been the over-emphasis of the "few" highly skilled players and the championships won to neglect of the many who can never become great or fully skilled. If it be agreed to the basic assumption that softball is good for minors, then it must make it possible for everyone to participate, irrespective of their skill level.

The prime objective should be to enable every player to play softball, from which they derive enjoyment and a feeling of personal satisfaction. The thought to remember is "DO ALL PLAYERS HAVE FUN OR JUST THE SUPERSTARS"? The solution to the problem is players plus a good leader equals Good Sportsmanship. After all the objective is not only good ball players but good Citizens. Self - discipline is the key to good condition, don't play favorities as a result, a team that won't be beaten, can't be beaten.

All players should practise until the fundamentals become second nature. Because as you practise, so you play, therefore, there is no substitution for practice.

A combined team picture of the Iroquois Pee-Wee and Iroquois Bantam Girls Ball Teams.

Photo #3 Members of the Girls Bantam Ball Team who assisted in coaching the Iroquois Pee-Wee team.
Front Row L to R
Donna Valliquette, Lori DeBellefeuille, Cora Lee Easter.
Back Row - L to R -
Patrick DeBellefeuille - Assistant Coach - Colleen Halder - Sandy Valliquette - Kim Best - and Head Coach Leo DeBellefeuille.

Members of both teams wish to thank all parents who assisted with transportation, food and many other forms of assistance which was most appreciated.

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The Life Of A Soldier's Wife - 1867

(An imaginary letter from a soldier's wife at Fort Henry in 1867, to her mother in Scotland)

Dear Mother,

Two months have passed since I first set foot in this strange land. We are garrisoned at Fort Henry in Kingston, on Lake Ontario. The heat of the summer months is unbearable here, and the insects fierce. The babies are swollen with bites and cranky. How I miss you and my dear father and sisters and our cosy home!

I should have known, when I married Thomas, that the life of a soldier's wife would not be easy. We women suffer many hardships, it is true, but at least we are fortunate enough to be with our husbands. As you know, only six men out of every hundred are permitted to bring their wives with them to foreign stations. Those wives and children left behind, poor souls, must fend for themselves.

Our quarters, mother, are far from luxurious. Four families occupy one soldiers barrack room, so that we each have a corner to call our own. Our only privacy comes in the evening, when we are permitted to string up curtains made of blankets. Even this arrangement is an improvement over conditions not long ago, when married soldiers and their families lived in the barrack rooms with the single men. One of the old soldier's wives with whom we share quarters told me this.

Besides the beds, the only other furnishings in our rooms are two deal tables and four benches. These are used by the men for polishing and cleaning their kit, as well as for eating, working and writing. The children are always underfoot, scrambling on the floor playing with toys some kindly soldiers have made for them.

I am lucky to be young and strong, for the days are long and strenous. I rise at dawn, with the other women, and cook breakfast for Thomas and the children over the stove in the women's cookhouse. All four families sit and eat together in the barracks, at the long tables. Husbands are permitted to draw rations for their families, so I receive one half the amount Thomas does, and the babies one quarter. Our meals are always the same meat, soup and bread--but sometimes Thomas can save enough from his pay to but vegetables and milk for the children.

While Thomas is drilling all day, I am kept busy cleaning our corner of the room, scrubbing out the berths, sweeping the floor, collecting our ration of food and fuel, cooking our meals and carrying out the slops. I must also take my turn tending the cookstove and cleaning the women's latrines.

In order that we do not sit idle, we women are paid to do laundry and mending, not only for our own husbands, but for the unmarried men. I often sit down to these chores in the afternoon, and teach the children their alphabet. The eldest will soon be able to attend the garrison school here at the fort.

It is a hard life, mother, but I am grateful to have food and clothing and a roof over my head and the company of my dear husband and children.

Your loving Daughter,

Janet.

CNIB News

Talking books are aiding blind people to read more than ever before says Mrs. Belle Rabb who is a local volunteer representative of The Canadian National Institute for the Blind.

In the Three United Counties talking book readers range from 8 years of age to 89. They are provided without charge with machines designed to play the special cassetts on which the books are recorded. The books are sent to the readers from the CNIB National Library and the local CNIB Advisory Board accepts the responsibility for keeping the machines repaired.

Beginning September 9, 1974 the Cnib will conduct its Annual Campaign for funds in The Three United Counties. The money that is raised will be used locally to give many other services beside that provided by the library. One of the objects of the CNIB is to help blind people enhance their home lives, through help with education, through employment, through special recreation programs and in many other ways their lives are enriched by the services of CNIB

Because an average of 6 Canadians lose their sight everyday the CNIB is interested in preventing blindness. In special circumstances hlep is given to obtain glasses, such as following cataract operations or for little children afflicted with crossed-eyes. A representative of CNIB works with the Boards of Education and the CNIB works with the Health Units, the eye doctors and other organizations so that no-one who is in danger of becoming blind goes without eye care. Once a year the CNIB asks for financial support from the general public to pay for its services. Contributions to the CNIB are subject to income tax exumption. It is hoped that once again people will respond generously to the CNIB appeal. 55 legally blind persons in The Three United Counties and an estimated 100 people needing preventive eye care will benefit from public supported CNIB services in the coming year. In Cornwall the CNIB is a member agency of the United Way.

Winchester Hospital Births

August 20/74 Mr. and Mrs. Peter Riley, Morrisburg, Ont. A Daughter

August 22/74 Mr. and Mrs. Thomas Dalgleish, Vernon, Ontario A Daughter

August 24/74 Mr. and Mrs. Arthur Saddlemire, Williamsburg Ontario, A Son

August 24/74 Mr. and Mrs. Stanley Fortune, Morrisburg, Ontario, A Son

August 25/74 Mr. and Mrs. John McDonald, Winchester Ontario, A Son

August 26/74 Mr. and Mrs. Bryan Dalgleish, Vernon Ont., A Son



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TODAY'S HEALTH

Early treatment vital for stroke victims

by David Woods

The 19th century bacteriologist Louis Pasteur, continued his work while convalescing from a stroke. More recently, Canada's Governor-General Jules Leger was up and about a few weeks after suffering a stroke this summer.

The secret of combatting the effects of a stroke — the bursting or blocking of an artery to the brain — is to start rehabilitation as soon as possible. As Ann Winter, senior consultant in rehabilitation for the Ministry of Health's Allied Health Disciplines Branch, puts it, "The patient shouldn't be allowed to hang around: rehab should start as soon as vital signs have stabilized." This, she says, may be within hours of the stroke occurring.

Miss Winter, who is both a physiotherapist and an occupational therapist, says that getting the stroke patient back to recovery is a co-operative venture; it's not just a matter of doing things *to* the patient — but getting him to do things for himself.

What this means is that the health team, the patient, and the patient's family must work together. In some cases it may be appropriate to start home care services very soon after a stroke. These services, covered by OHIP, could include nursing, physiotherapy, speech and occupational therapy.

Rehabilitation departments of hospitals provide intensive in-patient and out-patient therapy programs to assist the patient in recovering optimal functions.

For the stroke victim, the adjustment process is vital. The principal goal of rehabilitation, says Miss Winter, is to teach the patient how to adapt and regain independence and self-sufficiency. As well as the patient's own co-operation, this requires strong support and positive motivation.

Depending on the severity of the attack, the recovery rate for survivors of strokes is encouraging, particularly when rehabilitation is started early enough to prevent or offset deformjty, and to get the patient functioning again. Legs usually return to normal more quickly than arms, because less fine movement is involved. Some strokes produce only a slight weakness in the limbs; more severe ones can lead to loss of speech and paralysis of one side of the body.

Since some strokes are caused by thrombosis (or blocking) of cerebral blood vessels, the rehabilitation process includes administration of anti-coagulant drugs.

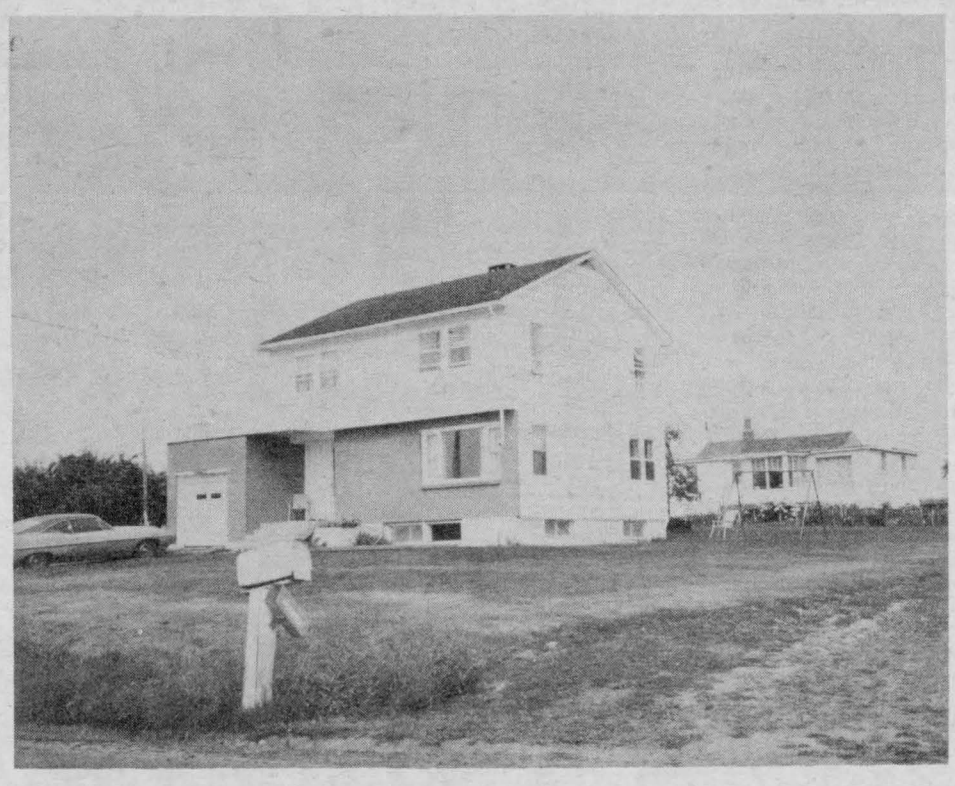
Statistics on strokes are still fairly sketchy: while any age group can be affected, strokes are 10 times more common in the over-65s than in the population as a whole. People with high blood pressure run a greater risk of stroke than those with normal pressure.

While strokes aren't nearly as common as heart attacks, the fatality rate for the first incidence is almost the same — about 40 per cent. Unlike heart attacks, strokes have very little to do with heredity or lifestyle.

At one time, the future was pretty bleak for those who survived a stroke. Today, with early encouragement, support and motivation, the stroke victim can usually be returned to a useful, productive life.

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CLIENTS LOOKING FOR rural properties and village properties within ten miles of Iroquois. Client also requires small property in South Mountain-Hallville area. Doesn't mind if property needs some work but house must be basically sound. For ACTION on your property give us a call.

NEW LISTING. An excellent Men's and Ladies' Wear Country business on Highway 31. This business is one of the best of its kind in the area, drawing clientel from a large area and expanding yearly. Only those sincere in wanting to go into business need apply for an appointment to see the property. $100,000 will give you the stock, a home to live in, the business premises and plenty of land for expansion.

COUNTRY HOME with three bedrooms, living room, dining room, modern spacious kitchen, 4-pc. bath upstairs, powder room downstairs, summer kitchen, excellent basement. Eight miles north of Iroquois on paved road.

RENTAL INCOME makes this property interesting. Two apartment building in Brinston, side drive and good back lot. Priced to sell at $15,000. Owner will take back mortgage for half at 10%. Give us an offer.

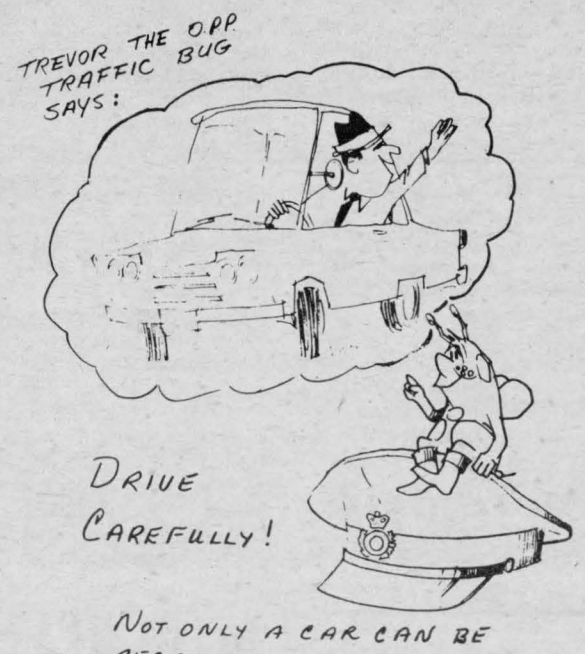
SMALL FARMS wanted within easy distance of 401 highway, and small acreages with or without buildings that have severance completed.

KEN KIRKBY

Sales Representative

IROQUOIS - Ph. 652-4395

Days - Night - Weekend



Food Sense in Canada–

In the summer days when we hear reference to age limits for son's baseball team, for daughter's summer camp, and even for Dad's golf tournament, we can take a look at the extending age limits for good health and happy living.

As **Joan Fielden,** Nutrition Consultant to the Bakery Foods Foundation of Canada says, if grandmother and grandfather had been living out their years "in grandmother's time", their chances of enjoying their vintage years to the full might have been different. But today, things are happening to those in the grandparent years — and science is showing them how to enjoy many extra days of "ailment free" living.

Canada's population is getting older. It's a fact — even though grandfather insists that his friends just look that way to him! Since 1900, the number of folks over 60 has increased about twice as fast as the total population. Many of these persons are in good health and apparently free from ailments and diseases usually associated with aging. In these cases, invariably their good habits have been and continue to be sound.

On the other hand, there are many in the grandparent age bracket who invite health hazards: irregular meal hours; extreme lack of variety and disinterest in foods; a willingness to practise food fads or cling to traditional food patterns. It is in this group that many of the ills related to aging are found.

To get all the essential foods into the health picture from the crib crowd on, select foods with an eye to variety and balance. It's the same story over and over again! Follow Canada's Food Guide and you'll lay the foundation for many extra years of enjoyable activity.

Make sure of a daily supply of protein foods like meat, fish, poultry, eggs, cheese and milk, and add plenty of fruits and vegetables, whole grain cereals, enriched white or whole grain breads, with butter or margarine.

CLASSIFIED ADVT. RATES

All forms of Classified Advertising: For Sale, Wanted, For Rent, Cards of Thanks, Coming Events, etc. are on a

CASH BASIS ONLY

and are charged at the rate of 5¢ per word ($1.00 minimum); extra words at 5¢ per word. Second and third insertions at 75¢ per issue plus 4¢ per word over 25 words. IN MEMORIAMS $1.50 minimum (includes 4-line verse) plus 50¢ per 4-line verse thereafter. Classified Ad deadline 11 a.m. Tuesday.

THE IROQUOIS POST

Advertise the Action Way! The Want Ad Way!

CALENDAR OF EVENTS

GOOD COMPANIONS MEETING

Good Companions, Iroquois and Matilda will hold their first meeting of the season in the Civic Centre on Tuesday, September 10th at 12 o'clock noon. Please note change in day and time of meeting. Annual fee of $1.00 per person will be accepted by the Treasurer. 10-2-c

Gala Ball - 7:30 p.m. to 1:00 a.m. Music by the Centennial Band - Jazz, swing, country western and rock, Chicago style.
At the Morrisburg Arena - Saturday September 7th.
10-2-c

Iroquois Golf Club will hold a Dance at the Civic Centre on September 21st. 9pm - 1am. Music by Country Cousins. Refreshments. Tickets available from Directors. $3.00 per couple. 11-3-c

ARTS AND CRAFTS

The Arts and Crafts Association hopws to have Tom Cayley, the well known artist and director of the Doon School of Fine Arts, to an oil painting and acrylics work shop, in October in Morrisburg. The registration fee is $10.00 providing 15 people attend. Interested people must phone Mr. Corbit 543-3300, Mrs. Bain 543-3324 or Mrs. Peterson 537-2685. September 15 deadline. A maximum of 15 students will be admitted. 11-1-c

Matilda Women's Institute regular meeting, Monday September 9, 1974 will be held in Matilda Memorial Hall. Topic Canadian Industry. Convenor Mrs. Bert Shaver. Everyone Welcome ! 11-1-c

SCOUTING

From Page 1

fire. She realized that her husband would be furious, so she called on the Rover Scouts to restore the ill-fated tent to its original quality. (At last report, Donald and Daniel were considering entering the tent repair business.)

There were from 10-12,000 visitors at Earl Howe each weekend. Extra help came in the form of three volunteer Boy Scouts or Venturers who came to work from Friday to Sunday. The additional service they provided was appreciated.

Working on "Scouting in the Parks" meant not only sorting out campers problems, but dealing with various organizations and government agencies. Donald complained of being swamped with paperwork -- reports in triplicate, official forms and so on. He was heard muttering, "There are more people writing reports on this thing..." (That includes, I assume, people writing stories for newspapers...)

Daniel said his job was frustrating sometimes. Occasionally, they would be awakened at 2 a.m. with orders to eject the town drunk from the park. Daniel was responsible for handicraft sessions, besides assisting Donald in many of the demonstrations.

Donald MacDonald is, like Daniel, from Strathroy, Ont. "I'm a camping nut," he siad. "We learned from a book how to make a refrigerator using two large pails -- one filled with water, which evaporates and provides the cooling effect." He enters Forestry at Lakehead University in September.

What is the future of "Scouting in the Parks"? The success of the pilot project has yet to be determined; all of the agencies involved are in the process of analyzing their innumerable reports. An early evaluation, though, shows that it was an unqualified success. Those closely involved with "Scouting in the Parks" want to see it expanded in future years to include more Provincial Parks and in other provinces, too.

It looks as if a Boy Scout "Camper Service Centre" will become a familiar sight to campers, as more and more people take up the activity every year.

HEAT-RAIN REPORT

Sth. Mtn.	Chest.	Morris.
.29	-----	.18
11.73	-----	10.44
15¢	------	161
2453		2496

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PLANNIN' A NEW COTTAGE
PLANNIN' A RENOVATION
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Income Protection
Retirement Plans
Call your Metropolitan Life Insurance Representative
CLAIR CASSELMAN
652-4834 – Iroquois

Interior Painting and Papering and General Repairs
—CALL—
RON FAWCETT
652-4752
8-4c

WINCHESTER THEATRE

Thurs., Fri., Sat. Sept. 5, 6, 7
CARRY ON LOVING
Sydney James, Kenneth Williams, Joan Simes and the rest of the carry on gang (ADULT)

Mon., Tues., Wed. Sept 9, 10, 11
THE PARALLOX VIEW
Warren Beatty, Paula Prentiss
(Restricted to 18 and over)

THE STORMONT, DUNDAS AND GLENGARRY COUNTY ROMAN CATHOLIC SEPARATE SCHOOL BOARD

REQUIRES IMMEDIATELY

Supply teachers for English-language schools in Cornwall and the Three United Counties. Main centres under Board's jurisdiction: Alexandria, Chesterville, Cornwall, Finch, Ingleside, Iroquois, Long Sault, Morrisburg, St. Andrew's West, St. Raphael's West.

Please state the area and grade level in which you would prefer to teach.

Please forward all applications to:

Mr. Percy Beaudette
Area Superintendent of English-language Schools,
1104 First St. East,
CORNWALL, Ontario,
K6H 1N6.

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RUBBER STAMP
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The Iroquois Post
652-4806 IROQUOIS, ONTARIO



AUCTION SALE

of

HOUSEHOLD EFFECTS AND SOME FARM MACHINERY

The undersigned will offer for sale by Public Auction on the premises **Estate of the late Russell Beggs, ½ mile South and 1 mile east of South Mountain - Sandy Row**

SATURDAY, SEPTEMBER 7

Starting at 12:30 p.m.

HOUSEHOLD EFFECTS — Chesterfield with 2 chairs; Swivel Rocker; Electrohome TV; Hall Mirror; 2 End Tables; 3 Footstools; Coffee Table; Trilight; China Cabinet; New Williams Treadle Sewing Machine; Drop Leaf Table; Dining Room Table and 6 Chairs; China Cabinet; Linen, Doilies, Tableclothes, Serviettes; Stainless Steel Cutlery and Carving Set; Community Plate Silver Tea Service; 1847 Set of Rogers Silverware with Fancy Cups and Saucers; Miscellaneous Dishes also Cooking Utensils; pots pans, etc.; Electric Appliances, Tea Kettle, Percolator, Toaster, Clock, Mixette, Frying Pan; Gas Stove, 24"; Gas Heater; Deep Freeze, 7 cu. ft. G.E.; 3 Cast Iron Frying Pans; 8-Day Clock; Oil Lamp; 2 Dressers; 2 Washstands; Chest of Drawers; Quilt Boxes; Cedar Chest; 3 Wardrobes Crokinole Board; Bathroom Scales Wicker Table; Homemade Quilts; New Blankets; New Assortment of Bedding; 2 Quebec heaters, small fridge; 2 Beds, 1 Brass Bed, Springs and Mattresses.

MACHINERY — M-H No. 33 Tractor; Weed Sprayer with Booms; 15 Sheets of Tin; 10' Water Tank; Rubber Tire Wagon and Rack; Bale Stooker; Set of Drag Harrows; Cockshutt Side Delivery Rake; I-H Cultivator, 14 tooth on steel; Set of Double Discs; 75 Small Cedar Fence Posts; 2-Wheel Trailer; 2 Sets of 2,000 lb. Scales; Cutter; Pipe Elevator; Grain Auger; 2-Furrow Int. Plow; 3-Section Land Roller; Allis Chalmers Combine, like new; M-F No. 9 Hay Baler, like new; Set of Cattle Clippers; 1968 Chevrolet Car, as is; Many Other Articles.

TERMS — CASH

Gordon Ross, Auctioneer,
Ingleside, Ont.
28 Maple Street Phone 537-2289
1c

St. Lawrence College requires the following personnel to teach in our Continuing Education program in South Mountain, this fall:

1. **Sewing Instructor - to teach sewing to beginners and those with limited experience.**
2. **Welding and Woodworking Instructor - to teach in a small workshop with both welding and woodworking facilities.**

Courses are conducted one evening per week for a 20-week period. Starting date in mid-October

Interested persons should apply in writing to:

MR. TOM BUTKOVICH,
Co-ordinator,
Continuing Education Department,
St. Lawrence College,
Windmill Point,
Cornwall, Ontario

10-2c

IROQUOIS

MEALS ON WHEELS

A COMMUNITY SERVICE PROGRAM

FOR

SENIOR CITIZENS, DISABLED AND POST-OPERATIVE PERSONS

(If you require a daily hot noon-hour meal in your home, and are on a regular or a sugar-salt free diet, call the number listed below for particulars)

652-2141
(Between 5-7 p.m.)

10-4c

LEGION BRANCH 370 BINGO

TO BE HELD

EVERY MONDAY 7:30 p.m.

LEGION HALL, IROQUOIS

15 REGULAR GAMES - $5 PER GAME
3 SHARE-THE-WEALTH GAMES
3 SPECIAL GAMES - $10 PER GAME
1 JACKPOT $100 - SPLIT 4 WAYS
WINNER-TAKE-ALL GAME

Plan To Attend This Evening of Fun at the Legion Hall

for Quick Results... CLASSIFIED ADS

Traffic Safety News

Last year in Ontario 194 children were killed and 12,000 injured in traffic accidents... 95 of the children were pedestrians, 36 were riding bicycles and others were in motor vehicles.

In announcing these figures, Minister of Transportation and Communications John R Rhodes reminded all motorists that the opening of a new school year presents particular hazards.

"The first days back at school are an exciting time for youngsters," Mr. Rhodes warned. "They often become forgetful about the traffic safety rules. Thus, all motorists must be constantly alert when driving in school areas. They must take extra caution where there are parked cars, school crossing zones or playground areas.

"In rural districts, adult drivers must be very cautious when they see a yellow school bus. If the bus is stopped with red signal lights flashing it means children are getting on or off the bus. The onus is on all drivers to see that children cross the road safely."

Parents must help too, Mr. Rhodes added. "Check the route your children have to follow to get to school and discuss any particular hazards with them. And find out what they are learning about traffic safety at school so you can reinforce these messages at home.

Let's all do our best to make sure that a child's forgetful moment does not result in a tragedy."

FOR SALE

QUALITY BEEF by the side 79c Lb. Ready for Freezer. 652-4104 11-4p

VACUUM CLEANERS and FLOOR POLISHERS; also Rug Conditioners for sale. Apply Ralph Coulthart Morrisburg. Electrolux Dealer. Will demonstrate in your home. 44-tfc.

FOR your Sporting Goods needs visit Charlie's Sport Shop —— Bikes, Baseball, Hockey, Fishing, Camping, Tennis, Golf, Clubs, Jackets, Sweaters. All year. Morrisburg, Ont. 543-2137 41-6m

APPLES for sale. Smyth Orchard, Dundela Phone 652-4089 7-tfc

BRISTOL
White, and all colours except Black now 20c per sheet; Black 25c. The Iroquois Post 3-tfc

FOR SALE — Two purebred collies 3½ months old $75. each. good natured, and good background. Phone 657-4736 10-2p

KEEP Your Name Before The Public ... with an Advertisement in THE POST.

TYPEWRITERS — Used 15" carriage, excellent condition. From $65.00. The Iroquois Post 652-4806.



W. C. MacDONALD & ASSOCIATES REAL ESTATE LIMITED
Real Estate Brokers
Winchester, Ontario

NEW LISTING: Historic stone home facing St. Lawrence River, 4 bedrooms, bath, 30x40 living room, picturesque dining room, 2 fireplaces, situated on 25 acres with 300 feet along highway 2. Large extension on home could be salvaged for four more rooms and garage. House built in 1780 reflects elegant living.

$$$$ TO BE MADE with this 40 acres of gravel and bush, with close to 700 feet frontage on paved road, 3 miles from Iroquois. Side road along boundary of property adds to value of this property.

25 TO 35 ACRES OF BUSH on paved county road, close to Iroquois. Several good building lots. Make an offer.

2 MILES TO SHOPPING PLAZA in Iroquois, s[SOLD] acres and a partly fi[SOLD]terized cottage. El[SOLD]eating, well and septic tank. Asking $12,-000.

3 BEDROOM BRICK HOME is worth the entire price asked for this property which includes a good sized barn, double garage, 50 acres of land and over 40 producing apple trees. Asking $31,000. Terms.

IN CARDINAL. A fine retirement stone block home, well-kept property. Now has apartment upstairs but could be changed back to 3 bedrooms, livingroom, dining, kitchen, 2 baths. Will take offers.

CLIENT requires good property on Elizabeth Dr. in Iroquois. Occupancy need not be rushed. Likes river view.

Sales Representative
KEN KIRKBY
Iroquois 652-4806; res. 652-4395

WANTED

FURNITURE refinishing — Stripping - Repairs - Free estimates. Carman Refinishers, 652-4602 Iroquois 14-tfc

WANTED Good Country home for Bad Village Dog. Call Roger Coulter 652-4535 1c

WANTED — General repair work, carpentry, renovations, floors and joint filling, aluminum siding, paneling, indoor and outdoor, or carpeting. Licensed plumber. EDWARD BECKSTEAD, after 6 p.m. 652-4726.

WANTED — Small apartment - bachelor. Phone 657-4540 10-2p

Excellent earning opportunity for you. Work mornings or afternoons at your convenience in your own neighbourhood showing world famous Rawleigh products. Inquire now. Write Box 400, Iroquois, Ontario. 11-2p

WILL do babysitting in my home Monday through Friday, by the day and by the hour 652-4573 11-2p



BACK TO SCHOOL SHOES
FALL SHOES NOW ARRIVING
Work Boots — Steel Toes — Safety Sole
WET WEATHER FOOTWEAR
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PRESCOTT — 925-2889

4 bedroom solid brick home on a large lot. Large dining room, living room and oversized kitchen, plus family room that leads to enclosed lawn. 2 car garage and paved drive add to the value. For more information please call today.

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REAL ESTATE BROKER
KEMPTVILLE, ONTARIO
258-2946

In Johnstown, large residential lot 116' x 168' on north side of second Street. Perfect for your new home and garden. Asking $5,750. Offers invited. Call Anna Stacey 652-2186.

MORRISBURG, 2 miles from Shopping plaza, fronting Hwy. 31, 2 bedroom 2 storey frame and tin covered home on large lot, seperate garage and small barn. — Asking $22,000. Call Anna Stacey 652-2186.

PERSONALS

Mr. and Mrs. Henry Verburg had Mrs. Batchelor as house guest over the weekend.

Mrs. Batchelor spent a week at the summer home of Mrs. Tindale Maditt at "The Bay, Riviere Beaudette.

The occasion was the celebration of the 86th Birthday of Mrs. Maditts mother Mrs. Chas. McLaughlin of Edmonton Alta. Mrs. "B" and Mrs. McLaughlin have been best "girl-friends" in 77 years which must be something of a record.



FLOYD FISHER
Real Estate Broker
MORRISBURG, ONTARIO
Bus. 543-2044 - Res. 543-2355

TWP. OF OSNABRUCK, on paved road, distinctively modern, elec heated, 3 bedrooms well built split level. Dining room with patio doors. Darling kitchen with fridge and stove, matching woodwork. Pleasant foyer room, very attractively finished. 18x28 livingroom, imitation acorn fireplace and bar.

TWP. of Matilda - 1 mile from Iroquois cloverleaf, approx. 50 acres. A well maintained stone home, new OHA furnace, spacious rooms, convenient kitchen, 2 bath rooms. Asking $47,500.

MOREWOOD — Neat, well cared for 2 bedroom trailer with aluminum covered attached storage building $5,000.

WILLIAMSBURG — On large lot 23x37 frame, 3 bedroom home, kitchen, dining room and livingroom, 3 pc. bath, garage and shed. $16,000.

IROQUOIS AREA — Approx. 4 acres, frame 3 bedroom home, needs some work. Tile floors, panelled walls, OHA furnace, drilled well, small barn. $14,000.

SOUTH MOUNTAIN — 3 bedroom home, requires some work, yet well worth the asking price. New 4 pc. bath, new OHA furnace, excellent well, sun room and garage. Taxes $116.10.

SALESMEN
J. Allison 543-2989
A. Bolton 543-2002
H. Fisher 543-2213
W. Marshall 543-3200

FOR RENT

APARTMENT for rent — Suitable for couple, Hot water heated. All modern services. Garage. Immediate possession. Along Highway 2, between Iroquois and Cardinal— Tel. Long Sault 534-2621 after 7 p.m. 9-tfc

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