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Defeat Motion to Drop Deputies

The reeves of Iroquois and Matilda were among the few who voted in favour of a motion at Counties Council last week to drop deputy reeves as members of council. The vote was 38 to 7 against the motion which was introduced by Williamsburg Township Reeve John Whitteker.

At present the deputy reeve of each municipality in the United Counties is included in Counties Council, bringing total membership to 35. Reeve Whitteker made the proposal to exclude deputy reeves at the December meeting of Council, his last as warden of the United Counties. He said the change would save money in a time of financial restraint and would lead to a more efficient and convenient way of conducting business.

Matilda Township Deputy Reeve Harry Smail was in favour of retaining the deputies, although proponents of the motion noted that elimination of the deputy reeves on council would save about $9000 per year.

All of those who voted in favour of the motion were from south Dundas, and included Frank Rooney, acting Reeve of Iroquois, George Cooper, Reeve of Matilda, John Whitteker and Ed. Hanson, Reeve and Deputy Reeve of Williamsburg Township, and William Dillabough, Reeve of Morrisburg. All others voted against the motion and agreed to retain the deputy reeves.

Hydro Cuts Tours at Cornwall Dam

Ontario Hydro will be cancelling tours at the Robert Saunders Power Generating Station as part of its province-wide austerity measures. Hydro has set a target of a $50 million cost reduction in the 1976 budget. An estimated 100,000 tourists visit the Ontario Hydro installations at Cornwall each year, and cancellation of the tours and a reduced schedule of maintenance at the station's grounds are only a couple of areas in which the reductions will be felt in Ontario Hydro's Eastern Region.

George R. Currie, Hydro's General Manager, Regions and Marketing, told the Select Committee of the Legislature, meeting in Toronto, that $13 million of the target is to be achieved by widespread cuts in the Regions and Marketing Branch.

Total cost reduction in the Eastern Region is estimated at $3.5 million.

The austerity measures were detailed by Ontario Hydro Chairman Robert B. Taylor and Hydro President Douglas J. Gordon who spoke Tuesday to the Select Committee.

Mr. Taylor described new financial constraints, including a reduction in borrowing of about $500 million a year for the next three years.

Mr. Gordon said, "our overriding objective has to be to maintain the basic standard of customer service. That means many worthwhile and important activities not directly associated with Hydro's central mission of supplying electric power will have to be cancelled, deferred or sharply curtailed."



Carnival Prince and Princess Chosen

The Prince and Princess for Iroquois Winter Carnival have been chosen by the students of both Iroquois schools. Ten-year-old Rene Laframboise is the Prince and 14-year-old Cindy Mullin, the Princess. The two youngsters will be attending most of the events being held for winter carnival. Post Staff Photo

Students at both Iroquois elementary schools have selected a prince and princess for the Iroquois Winter Carnival. The youngsters at Iroquois Public chose 14-year-old Cindy Mullin as Princess, while students at St. Cecilia's chose 10-year-old Rene Laframboise as Prince. Next year the situation will be reversed with St. Cecilia's choosing a princess. The two young people will be present at most of the activities throughout the run of the carnival.

Cindy is in grade 8 at Iroquois Public School and is the daughter of Dorine and Don Mullin of Victoria Street. Rene is the son of Mike and Louise Laframboise of Elizabeth Drive and is in grade 5 at St. Cecilia's Seperate School.

Carnival Underway

Winners have been announced in the poster contest held in conjunction with the Iroquois Winter Carnival and sponsored by the Catholic Women's League. First prize in grades 5 and 6 went to Leslie Gilmer a student at Iroquois Public School. Second prize went to Chris MacDonnell at St. Cecilia's Separate School, and Karen Roberts also at St. Cecilia's won third prize.

In the grade 7 and 8 category, first prize went to Barbara Kolff at Iroquois Public while second and third went to Kent Smith and Kathy Peacock, both also at Iroquois Public School.

All schools in Iroquois and Matilda township were eligible for the contest, with the principals of each school sending the best posters to the Iroquois shopping plaza for display and judging. Prizes for the posters will be awarded on Saturday afternoon at the children's film showing at the civic centre.

Contest Winners

By the time the post is published, Winter Carnival for 1976 in Iroquois will be underway. A euchre party hosted by the Ladies Auxiliary to the Legion was scheduled for Tuesday night and on Thursday night, the Iroquois Lions Club will present the film "Airport" based on the novel of the same name, and starring Dean Martin. There is one show only, starting at 8 p.m. Admission is only 50¢.

Friday night offers something for almost everyone, beginning with a torchlight parade by the Haddo Snow-Drifters snowmobile club. The parade begins at the golf club and winds its way through the village. At 8 p.m. there's a Scottish Troupe, featuring the Seaway Dancers at the Civic Centre. Also included in the show are Jim and Ed. Bush, Ann-Marie Smith, and Roma Macmillan. At 9 p.m., there's a dance at Seaway High School.

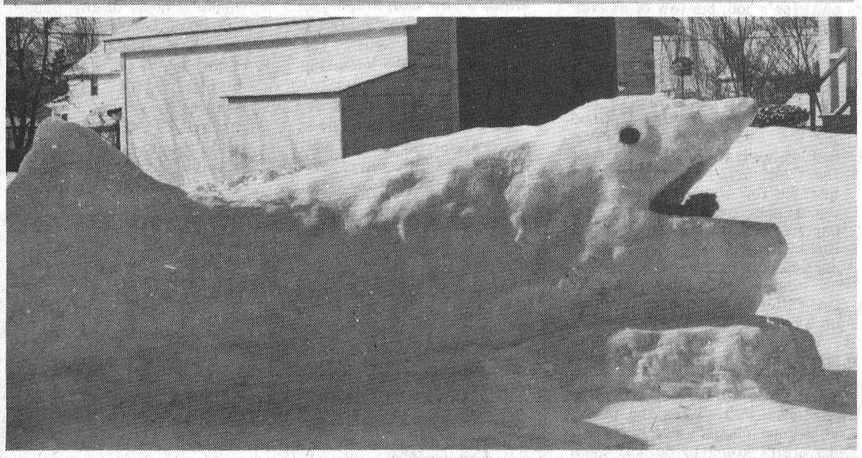
Activities start at noon on Saturday with the Legion snowmobile rally and a film for the children at 1 p.m. in the Civic Centre, sponsored by St. John's Guild. At 3 p.m. the councils of Matilda and Iroquois will engage in a snowball throwing competition and in the evening two dances, one sponsored by the Legion and another by the Fire Department.

Sunday is the busiest day of the Carnival with much of the action taking place at the Cardinal Arena. The first thing on the agenda is tobogganing at Iroquois Point from 1 p.m. onward. As well, there will be public skating at the Cardinal Arena. Buses will transport people to the arena, leaving from Johnny's Spot in the shopping plaza.

At 4 p.m. the Iroquois Fire Department will battle the girls broomball team. A bean supper will be served at the Cardinal Arena and there will be hockey games with local Atoms, Pee Wees, Bantams, and Old Timers for the rest of the afternoon and evening.

Snow Sculpture Winners





Post Staff Photos

Winners have been announced by the Catholic Women's League in the Winter Carnival Snow Sculpture contest. First prize was presented to Mr. and Mrs. Lorne Froats and family, of Caldwell Drive for their cat sculpture. Second prize went to Mr. and Mrs. Norm O'Neil and family of Caldwell Drive for "Jaws", while third prize winner was the Old Fort, done by Mr. and Mrs. Doug Reynolds and family of Beach Avenue. Presentation of prizes will take place on Saturday night at the Firemen's Dance.

Request Train Stop at Morrisburg

Frank Rooney acting Reeve of Iroquois is spear-heading a campaign to obtain a train stop at Morrisburg to serve the residents of the Seaway Valley. Mr. Rooney presented his idea at last week's meeting of Counties Council in Cornwall and was told that he should seek the endorsement of other municipalities in the area before Council members put it to a vote.

Passenger trains have not stopped at any point between Brockville and Cornwall for a number of years, and Mr. Rooney feels that with the cost of gasoline as high as it is, now would be a good good time for the railway to institute a stop that would either institute a stop that would serve the people of this area. As it is now, people must drive to either Brockville or Cornwall to catch a train, but Mr. Rooney proposes asking the CNR to have one train going in each direction stop daily at Morrisburg. Morrisburg was chosen because of its central location for people all along the St. Lawrence and for those in Winchester and Chesterville who would be coming South on Highway 31.

The next step is for the Village of Iroquois Council to pass a resolution asking Counties Council to go along with the idea, and to get the support of the other municipal governments in the area. Counties Council could then pass a resolution and present it to the federal and provincial government for further processing.

Slow Down or Pay Up

Effective Monday, February 2, Ontario drivers were expected to obey lowered speed limits on all freeways and King's Highways.

A new regulation reduced the speed limits on provincial freeways from 70 mph to 60 mph and and on the King's Highway system from 60 and 55 mph to 50 mph for all vehicles.

The only exceptions are freeways now signed at 60 mph which will remain the same; Highway 17 from the Manitoba boundary to the Quebec boundary and Highway 11 between North Bay and Rainy River, which will be reduced to 55 mph.

Signs were to be changed by MTC district personnel by applying the new speed conversion overlay, 21 inches by 14 inches, over existing signs on February 2, weather permitting.

While the regulation for the lower speed limits becomes effective February 1 - a Sunday - sign changeovers will begin Monday, February 2. Mr. Snow noted that "the old posted limits will be legal until they are replaced with the new overlays."

Ontario Provincial Police will enforce the regulation lowering the speed limits "as part of their normal enforcement procedures," said Ronald Devereux, assistant commissioner of the Traffic Division.

"We will continue to apply enforcement in areas of high collision experience primarily, in an effort to reduce the severity ratio of accidents," he said.

Rev. Dr. Chas. McLean to be Inducted at Knox

Knox Presbyterian Church in conjunction with the Presbytery of Brockville, has finalized plans for the Induction of Rev. Dr. Charles H. McLean into the pastoral charges of Knox Presbyterian Church, Iroquois and St. Andrews Presbyterian Church South Mountian. The Induction Service will take place on Thursday evening February 5, at 8 p.m.

The people of Knox Congregation extend to the residents of the village and surrounding area of Iroquois a warm invitation to share in the Induction service.

Rev. C. McLean comes to Knox Church from Sackville N.B. and has served in both pastoral and chaplain charges over the years. Rev. McLean and Mrs. McLean arrived in our village this past week and took up residence at the Knox Manse. Rev. McLean preached his first service in Knox Church this past Sunday.

The "Post" and it's readers extend to the McLeans a hospitable welcome and the best wishes for many happy days ahead.

Still Time to Sponsor Snowerama Drive

Members of the Iroquois Lions Club and the Haddo Snow-Drifters snowmobile club are putting the final touches to their preparations for this Sunday's Snowerama for Timmy which will see as many as 800 snowmobilers covering a 100 mile trail from Brockville to Iroquois and back to raise money for Ontario's Crippled Children. Activity will begin shortly after 7 o'clock on Sunday morning as organizers prepare for registration that begins at 7:30 in the Matilda Township Garage.

There is still time for snowmobilers to enter the Snowerama. Pledge sheets are available at The Iroquois Post and at Beaupre Jewellers, Styles and McIntosh, and Code's General Store in Brinston and at The Clothing Barn on Highway 31 north of Morrisburg. The Snowerama operates much like a walkathon with sponsors pledging a fixed amount for each mile that a snowmobiler covers.

Many areas across Ontario will be having Sonweramas on the same day with all money collected being given to the Ontario Society for Crippled Children. The route in this area will take snowmobilers from Iroquois to Brockville and back, via Prescott. Service clubs and snowmobile organizations all along the route will be involved in taking registration, manning checkpoints, laying out trails and patrolling the route looking for snowmobilers in trouble.

All snowmobilers who register in Iroquois will be provided with a hot meal free of charge when they return from the run. The meal will be available in the Iroquois Civic Centre beginning shortly after 4 p.m.

Last year snowmobilers across Ontario raised almost 130 thousand dollars for crippled children and organizers are hoping for even better results this year.

Many area farmers have given permission for the snowmobiles to cross their lands and support for the rally has come from both Iroquois and Matilda councils who have donated the use of municipal buildings. All roads crossings will be patrolled to ensure a safe day for everyone concerned. As well, the Prescott Amateur Radio Club will be providing a communications link that will enable the organizers to keep track of each machine, in the event that someone goes off the trail or breaks down.

If the weather is favourable, the day promises to be a busy one for snowmobilers and organizers alike. So if you see a snowmobiler next Sunday, wave to him. He may be helping to earn money to make a brighter tomorrow for Ontario's crippled children.

Hospital Names Nursing Director

Mrs. Caroline A. Manley of Berwick has been named as the new Director of Nursing for Winchester District Memorial Hospital, effective February 1st. Mrs. Manley was chosen at a meeting of the Hospital's Management and Finance Committee, following the death of Miss B. Legris last fall.

In other hospital business, it was announced at the January 27th meeting of the Hospital Board that the new Micromedic System Analyzer has arrived and is to be installed in the laboratory very shortly.

The Board read a letter from the Council of the United Counties of Stormont, Dundas and Glengarry informing the hospital that Mr. E.D. Jones of Morrisburg will be its Board representative for 1976. A letter was also read from the Honourable Frank Miller Minister of Health, indicating that he will be in Ottawa on February 3rd to discuss the Ministry of Health Financial Constraint Program with hospital representatives.

Reports were received from the Chief of Staff, President of the Women's Hospital Auxiliary and the Administrator. These reports were accepted as presented and they dealt with such items as monthly statistical and financial reports, annual re-applications for appointment received from the Medical Staff, the proposed expansion of the X-Ray department, the proposal to purchase an Emergency Crash Cart for cardiac arrest patients and plans made by the Hospital Auxiliary to hold an Antique & Craft Show in June of this year.

The Chief of Staff also reported that several Medical Staff Educational Meetings are being planned for the year 1976, including a 3-day In-Hospital Anaesthesia Course in March.

The Administrator also reported that the Dental Staff Committee had held its first 1976 quarterly meeting on January 15, 1976 in the Boardroom of the hospital.

The first 1976 quarterly meeting of the Joint Conference Committee, which is a liaison committee between the Board and the Medical Staff, is to be held in April.

The Public Relations Committee met on January 15, 1976. A proposal to establish a Longterm Service Recognition and Award System was discussed in detail and referred back to the staff committee for further adjustments and final presentation to the Committee at its next meeting.

A combined meeting of the Management and Finance Committees was held on Wednesday,

see Hospital Board P.4

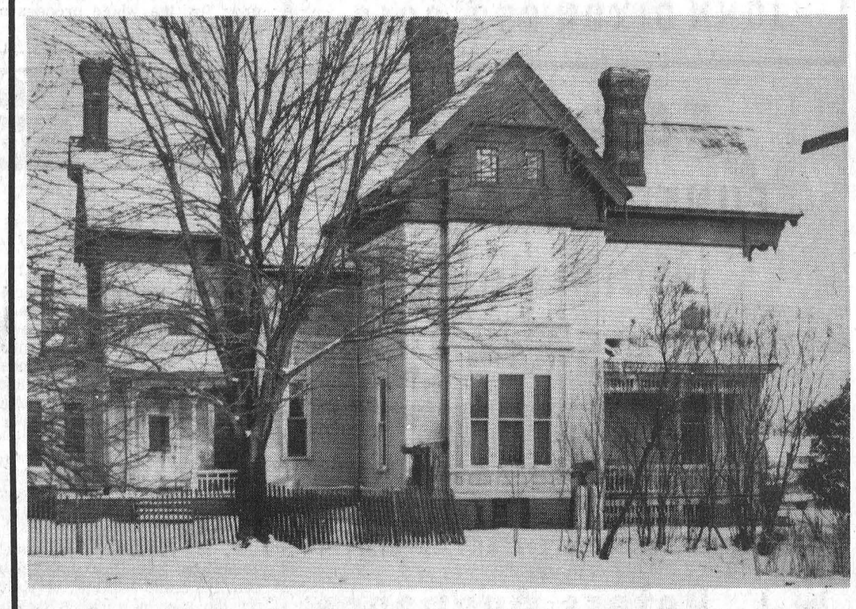
Race For Cup Sunday

Jim Thompson of Brinston will be under pressure this Sunday to continue his winning streak in an effort to maintain first place in the quest for the Labatt's Trophy for snowmobile drag racing. The second leg of racing for the Labatt's Triple Crown will be held on Sunday at Hulbert under the auspices of the Hulbert Snowmobile Club.

The 1st leg was held on January 10th as part of the Matilda Township Winter Carnival and the final day of racing will be in mid-

see Labatt's P.10

Before the Waters



This week's picture of Iroquois before the Seaway is of one of the larger houses moved from the old Iroquois. It was the former Williamson Nursing Home. Prior to that, it was the R.J. Ellis residence on King Street, east, facing the St. Lawrence. It is now located on Brouse Drive and has been converted into a private home.

Photo by R.W. Martin, Courtesy of Craft House

the EDITORIALS

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THE OTHER SIDE OF THE COIN

Last week's editorial about snow removal on County roads brought some response from the people who actually do the work and who felt that we were taking an unfair swips at them. It seems that it is not uncommon for them to work 80 hours a week during a period of bad weather and they didn't appreciate our comments about the roads being almost blocked after a high wind a couple of weeks ago.

One driver has a route of 140 miles which, under good conditions, takes him over four hours to complete. That's like having one plow to clear the road from here to the Quebec border and back. We can understand how, if there is any wind at all, the road would be covered before the plow made it back over the route.

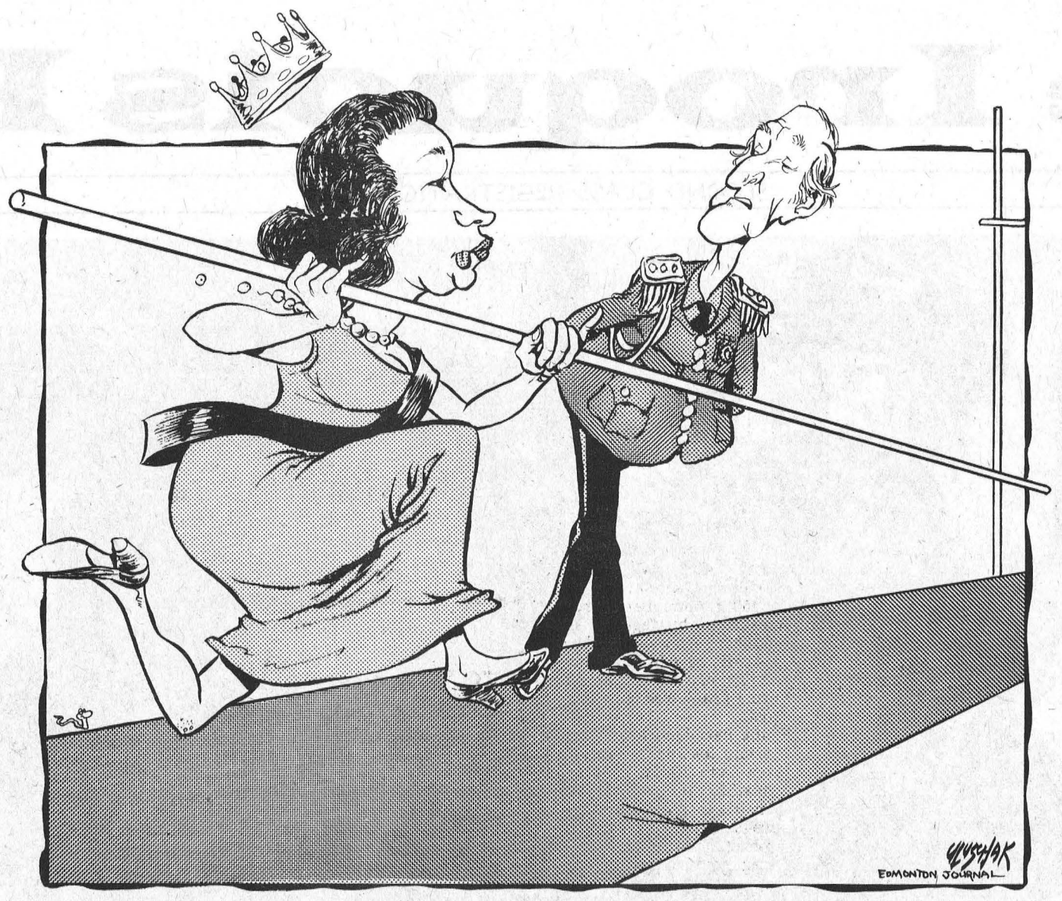
The fact remains, however, that the roads are, on occasion, in pretty poor shape. The Counties will say, of course, that more plows can be bought, more drivers hired, and taxes raised accordingly. So there's the situation in a nutshell. It's up to all of us to decide how important clear roads are, and how much we are willing to spend to have them.

CARRYING RESTRAINT TOO FAR

Ontario Hydro's announcement that free tours of the Robert Saunders Dam will be dropped this year as part of a program of financial restraint is carrying the whole issue of restraint too far. The dam and power generating station are one of the biggest tourist attractions in the area, and the cancellation will have a number of negative side effects.

More than 100 thousand people take the tour each year, creating jobs for a number of students who act as guides. Those people spend time, and as a result, money in the Seaway Valley. At a time when the St. Lawrence Parks Commission is investigating the building of a playhouse to try and keep people in the area for a longer period, it is senseless for Hydro to drop the tour, encouraging them to leave sooner. Travel literature for the 1976 season has been printed and distributed by now, and, with the Olympics, more people than usual will be visiting along the Seaway. It is just plain bad public relations to advertise something and then close the doors to people who may go out of their way to come to this area.

If Hydro feel they simply can't afford the tour operation any longer, perhaps the only solution is to charge a small fee for it, but an outright cancellation would be a blow below the belt to the Eastern Ontario tourist industry.



"But Your Majesty, I think they just expect you to OPEN the Olympics"

Report TO THE People

Walter Baker, M.P., Grenville-Carleton

Parliamentary Reform

In a period in which economic issues have been so pressing and have taken up so much of the energies of both Parliament and the Canadian people, we are reaching a moment of crucial importance concerning the way in which our whole method of government works.

We in Canada, as in many other democracies, have been moving towards greater centralization of power in the hands of the Executive Branch, in the hands of Cabinet and their advisors. Coupled with this trend, has been the growing reluctance of all bureaucratic institutions to divulge any information concerning the reasoning involved in their decision-making.

"If government is to be truly of, by and for the people, the people must know in detail the activities of government. Nothing so diminishes democracy as secrecy. Self-government, the maximum participation of the citizenry in affairs of state, is meaningful only with an informed public. How can we govern ourselves if we do not know how we govern?"

Never was it more important than in our times of mass society when government affects each individual in so many ways, that the right of the people to know the actions of their government be secure. The importance of reversing this trend cannot be overstated. As the cloak of secrecy that the government throws around its operation grows, so does public mistrust of that government. Mistrust of the Canadian people in a government is now at an all-time high. This is an unfortunage phenomenon for the whole process of government.

This feeling is compounded as revelations of government mismanagement and alleged corrupt activities are brought to our attention. If it was felt that Parliament could effectively monitor the actions of government, things might be different. As the situation now stands, there is nothing that guarantees Members of Parliament access to the information which they feel they need to carry out their responsibilities.

As long as a government is allowed to monopolize access to the information needed by Parliament, to ensure we have a responsible government, Cabinet Ministers and others will be able to continue to act irresponsibly. Such a situation actually encourages governments to act irresponsibly by providing them with an easy way out.

This is even more frustrating because it would be wrong to assume that our government is corrupt and the Public Service is actually intent on wrongdoing.

If these people thought that the records of their actions and decisions were to be made available to public and parliamentary scrutiny, then they probably act much differently, instead the easier way is for them to try and avoid embarrassment by keeping secrets. If it were known that this was virtually impossible to do, they would most likely admit their error, thus, avoiding even greater embarrassment and an increased mistrust of our government.

It has now become evident that it is not this government's desire to change the situation. Their only action has been to appear to be taking action and to appear to be concerned.

On March 15, 1973, Allan Mac Eachen, then President of the Privy Council, tabled a document entitled 'Notices of Motions for the Production of Papers'. This amounted to some 20 guidelines, distributed earlier to government departments and agencies as a Cabinet directive specifying what information should or should not be made available to Members of Parliament.

According to the general principle precedings, these guidelines, their objective was to enable Members of Parliament to secure factual information about the effective administration or the protection of the state. Any request made under the Notice of Motions for the Production of Papers should be granted unless it fell under the categories that were outlined.

Mr. MacEachern stated: - "It is always a delicate matter of judgment to balance the desire to make information available with the effective administration of government, security of state and other consideration."

These guidelines, however, do nothing to protect the individual's right to know. The government in fact, has altered nothing. We should not be expected to have complete faith that those people who have a vested interest in keeping a specific document out of circulation will be able or willing to make an impartial judgment as to the rights of Members to obtain production.

It has already become quite evident that the present government has already equated its own welfare with that of the country. If we assume that the right of the public to access of information is indeed a right, then any attempt to infringe on it should be viewed as a serious offence. By refusing to make this a legal right, the government has refused to take the whole question seriously.

My concern is not a partisan one but rather for the protection of the private Member of Parliament, each of whome represents thousands of Canadians, regardless of what side of the House such Member might sit. Part of our parliamentary reform must be the reformation of the Rules respecting the "Right to Know"

Letters TO THE EDITOR

Clarifies Position

Dear Sir

I would like to reply to a series of articles that have been appearing recently in a number of newspapers regarding the 60 bed nursing home licence for Dundas County which I have been granted.

Previous to having been granted this licence, I had received permission from the Ministry of Health to build a 40 bed nursing home in Ingleside, County Stormont for which my plans were in the third and final stage of approval.

At this point, the "We Care" committee were instrumental in convincing the Ministry of Health for the need of a 60 bed nursing home in the County of Dundas as there was no nursing home in this area. A 60 bed nursing home is more economical to operate than a 40 bed home, so I immediately applied for this nursing home in Dundas and at the same time I applied for permission to the Ministry of Health for a delay in my plans in Ingleside.

It would appear that a number of people do not realize that if I had not received permission to build in Dundas I still had permission to build in Ingleside.

I would welcome any assurance, in writing, from the "We Care" committee or other interested people that they sincerely want a nursing home in Dundas County.

Yours truly,
John A.D. Alguire

Open Letter to Dundas Residents

Dear Sir

When Parisien Manor applied for a Nursing Home License for the County of Dundas in July 1974 - because we were the only ones who were interested in building a Nursing Home in Dundas at that time, and because of our past experience and record in the Nursing Home field - we are hopeful that if a license were granted to Dundas, our position would be favourable. In the year and a half interval many things have transpired. The Nursing Home License was put out for Public tender and from that, fourteen submissions were received by the Ministry of Health. Many of these submissions were presented by known experienced good nursing home operators. If this decision to grant the license had been based on purely objective criteria, I hope that we would have been gracious losers. It would appear that the decision was made with the approval of your Provincial member whom you elected to represent your best interests and by many backroom politicians who were not elected to represent you.

If political patronage plays any role in the granting of health care licenses, whether it be by a Progressive Conservative government, a Liberal government or an N.D.P. government, you can imagine what a deplorable state our health care system would soon be in. In order to insure that political patronage was not involved in the granting of this license you should demand that:

The submissions presented by Parisien Manor and Mr. J. Alguire be made public.

2. The inspectors of Nursing Homes for Eastern Ontario be consulted concerning the knowledge, experience and record of the applicants.

3. A comparison be done between Parisien Manor and Mr. J. Alguire as to the construction of this home.

4. A comparison be done of the philosophies of health care of Parisien Manor and Mr. J. Alguire.

We feel that if the people of Dundas were as aware of these facts as we are, you would demand that the Ministry of Health reconsider its decision.

Because of the hard work of many "dedicated non-political" citizens in your County, a ground swell of public opinion has forced the Ministry of Health to grant you a license for a 60 bed nursing home. If you are concerned about the type of Nursing Home that you will have in Dundas and the manner in which it is operated, since many of you will be spending your final days in this home, we hope that the same type of ground-swell will again force the Ministry of Health to reconsider their position.

Yours sincerely,
R.S. Parisien, M.D.,
Parisien Manor Nursing Home,
Cornwall, Ontario.

100 LINES

by J.M.

It's always interesting to imagine what it would be like to have someone else's job, but few of us ever get to try it. One of the little fringe benefits of this job is being able to try on the postmaster's hat (or should we say, telephone). Our office averages one or two calls every week that are destined for the Post Office, and which end up instead, in the office of the Post ... a simple enough mistake for someone looking up the number and not being too careful. It always presents a little bright spot in the day particularly when we speculate on what we might have said to the caller if we had been intent on a bit of mischief.

It was too tempting to present that kind of an opportunity to a man who will someday be driven by a little diabolical streak to announce that, "Yes the family allowance cheques are here, but we aren't going to deliver them until you pay the 16 cents postage due". Or perhaps we'll inform th caller that the old age pension cheques will be a little late because Mr. Trudeau hasn't enough money in the treasury to cover them just now.

This could work both ways, however. Maybe the gang at the Post Office gets a few of our calls, and it's possible that they're thinking of doing the same thing. So if you try to phone us and are told by the person answering the phone that there will be no paper this week because the editor drank all the ink, you'll know that it's just the fellows at the Post Office getting even.

Anyone who likes the outdoors will have a hard time trying to spread himself around all the activities this weekend. It never rains but it pours, as they say, and the weekend will be a regular cloudburst of activity. Friday night there's a torchlight parade for snowmobilers, while Saturday will see a snowmobile rally and an inter-council snowball competition. Sunday will present a choice of tobogganing, skating, hockey, broomball, snowmobile drag races, and the Snowerama for Timmy. Nobody should have trouble falling asleep on Sunday night.

Bill Smiley



Getting old

HOLY Ole Moly, I must be getting on! Just walked in the door, picked up the mail, and there was an invitation to a retirement party for Pete Hvidsten, publisher of the Port Perry weekly newspaper. Say it isn't so, Pete!

Per (Pete) Hvidsten is a friend of more than a quarter of a century, but it seems only yesterday that he and I were the life of the party, waltzing the girls off their feet, watching the dawn come up as we sat in the bow of one of the old passenger steamers sailing up the St. Lawrence, while everybody else, including the very young, had gone to bed.

This retirement gig is a trend that deeply alarms me. All my old buddies are putting themselves out to pasture. They don't seem to spare a thought for me. I have to teach until I am eleventy-seven to get a pension.

About a year ago, three old and close weekly newspaper friends phoned me from a convention in Toronto: Don McCuaig of Renfrew, Gene Macdonald of Alexandria, and Pete Hvidsten. It was about midnight and they weren't even flying yet. I sensed something wrong. I thought they needed Smiley there to get some yeast into the dough. They sounded tired.

McCuaig is semi-retired, a newspaper baron of the Ottawa Valley. Gene must be either dead or in tough shape, as he wasn't at the summer national weeklies' convention, which he never misses. And now Pete.

Migawd, chaps, I'm just getting warmed up in the teaching profession. I reckon I have another 20 years to go, leering at the latest skirt-length, telling and re-telling my four jokes, trying to sort out the difference between a dangling participle and a split infinitive. How dare you "retire", when I have to go on

Well, maybe I know, at that. You've quit because you've worked like a dog for 30-odd years in one of the toughest vocations in the world — weekly editor. I had 11 years of it, and if I'd continued, I'd probably be pushing up pansies right now.

We were in it together when you worked 60-70 hours a week, when you had a big mortgage to pay off, when staff was tough to get and hard to keep, when the old press was always breaking down and you couldn't afford a new one, when you had to sweat over a four-dollar ad, when you were lucky to take home $60 or $80 a week.

But it had its rewards, right? There was that sheer physical satisfaction of seeing the first copy run off and folded, smelling of ink, practically hot in your hands, like a fresh-baked loaf. There was another type of reward — knowing you had stuck to your principles, and written a strong and unpopular editorial, letting the chips fall where they might.

There was the deep pleasure of seeing, after months of writing and urging, the reluctant town fathers adopt a policy that was right and good, instead of merely expedient.

Some people would prefer to be remembered by a plaque or a statue. A good, old-time weekly editor would die happy, if they named a new sewage system or old folks' home, for which he had campaigned, after him.

There aren't many of the old breed left, come to think of it. George Cadogan, Mac McConnell, Art Carr, the Derksens of Saskatchewan. The type of editor who could set a stick of type, fix a machine, run a linotype in a pinch, carry the papers to the post office, if necessary, pound out an editorial.

There is a new breed abroad in the land. Many of them are graduates of a school of journalism. This type wants every news story to be a feature article. They all want to be columnists, not reporters.

There's another type, among the young. They refuse to believe that a weekly editor should be poor but proud. They work on the cost of a column-inch rather than records of peoples' lives. They won't die broke. They believe in holidays and fringe benefits and all those things we never heard of and couldn't afford.

Maybe it's all for the best. We were suckers. We literally believed that an editor's first allegiance was the betterment of the entire community, not himself.

Weekly newspspers, today, are better-looking, fatter, richer. They are put together with scissors and paste, printed at a central location on a big, offset press which doesn't break down, folded and bundled with dispatch. The only thing that hasn't improved is the postal delivery.

But a great deal of that personal involvement is gone. The editor is not as close to his reader as he once was. When I was in the game, I was always introduced to strangers as: "This is our editor." Not *the* editor of our paper, but *our* editor.

Pete Hvidsten, green pastures. Keep your nose out of it, and let the young guys make a mess of the paper.

We had a good session at the oars of the galley. And any time you want a game of arthritic golf, you know where to come. As a practically barely almost middle-aged school teacher, I think I can handle a "retired" editor any time.

INCOME TAX RETURNS
JOHN DIXON 652-2216

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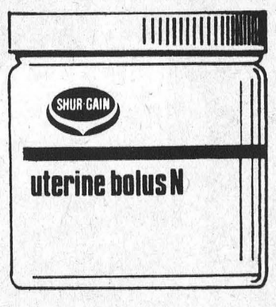
Shur-Gain Protection
uterine bolus N
for cattle
Shur-Gain Uterine Bolus N contains the broad range bacteriacide – Nitrofurazone, plus two sulfa drugs and urea. Together they form a very effective aid in the prevention and treatment of uterine infections in cattle.


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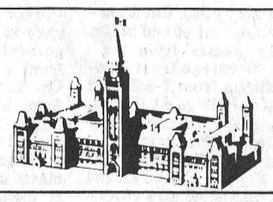
OTTAWA and Small Business



A new industrial model

By KENNETH McDONALD

The Industrial Revolution created social upheaval which led to the rise of the labour movement and to state-financed welfare programs. The welfare state is an outgrowth of the industrial state.

• • •

The growth of the state also gave rise to growth in big business and labour -- the three groups which use their power to slice the economic pie. They increase their share at the expense of the remainder, members of the independent business community and the unorganized workers who are still governed by competitive market forces.

• • •

Industrial concentration was encouraged by the state from a mistaken conviction that bigness was better, that economies of scale made everything more efficient. Production was concentrated, with products moving over great distances at immeasurable cost in highways, rolling stock and airports -- costs partly hidden until now by cheap, abundant fuel.

• • •

Uncounted were the social costs in urban decay, in job alienation, in pollution and in labour unrest which are tearing today's society apart.

• • •

The Canadian Federation of Independent Business is looking towards a new model for industry based on much smaller, self-sufficient communities. Not a 19th century rural idyll but a practical design for the 21st century, with small firms employing highly-trained workers and developing small-scale technologies. Not centralizing people for jobs but decentralizing jobs for people. Not shopping plazas within 10 minutes drive but small retail stores within 10 minutes walk.

• • •

Future economies of scale must be truly economical. Not General Electric designing a nuclear power plant, but, say, George Ellis and Son designing an aerodynamically efficient windmill.

• • •

For illustration, take the bread business in Britain and in West Germany. Six British firms produce 80 per cent of the bread in fully automated plants for shipment countrywide. Germany has ten times the number of bakeries, many with four or five employees, each one selling and producing three times as much as the British worker. The German worker has more and better capital equipment and often owns a piece of the action.

Six British bakeries distribute standard bread. 600 German bakeries serve local needs and tastes.

• • •

The first step towards small units, towards encouraging the owner-managers, the entrepreneurs and the grouping of high technology industries around smaller cores, is to unwind the government apparatus that supports the corporate welfare state.

• • •

Canada's future lies not with a British-type pie, baked en masse, but with a German one where the baker knows his customers.

Co-operation - A Police Necessity

A Police Officer's profession is not becoming any easier as this century enters its last quarter. It is true to say that more sophisticated methods of crime detection and computerized assistance have been an asset to the police service. However, the most important aid to the Police Officer has not always been available, that is the assistance of the citizen. A Police Officer can function more efficiently with good information. Many citizens are very observant and often see many things the police do not. If you see something which appears suspicious or unusual contact your local Police Office; we would welcome your assistance. Remember, by calling the police immediately you may be preventing a serious crime.

There appears to be a general apathy among many citizens. People are sometimes afraid of becoming involved and resent the police , possibly because of a contact with an individual officer which resulted in a charge. The citizen should realize the Police Officer is a thin blue line between right and wrong, and then consider the alternative, without law enforcement. Metropolitan cities are experiencing increased crimes of violence. We would be foolish, indeed, to think that we are insulated against these incidents ever happening in the smaller communities. Recent events in Glen Stewart and Elma, emphasize the point. Do not keep large amounts of money in your homes. The banks provide adequate facilities to store money and valuables.

Be an example to your children at all times by behaviour and personal life style. Remember, bringing home office notepaper, or the odd factory tool, is theft and can give your child the impression that 'taking' is all right because his or her parents do it. Parents shape the lives of their children by their standards and conduct, which should result in the children becoming good citizens, and able to contribute to the community and society.

Legume Innoculation Saves Fertilizer

John Madill
Kemptville College of Agricultural Technology

The high cost of nitrogen fertilizer has generated keen interest in pre-coated legume seed. Special seed treatment allows rhizobia bacteria to be factor inoculated on seed ready for planting a superior forage stand. Trials at the Kemptville College have studied these claims.

Over 150 lb. per acre of nitrogen may be fixed by legumes like alfalfa or sweet clover. Much of this will be carried over to succeeding crops such as corn or cereal grains reducing nitrogen costs.

Specific inoculants are required for certain legumes. Trefoil is different from alfalfa. Peas, even in a mixture with oats requires its own inoculant. The bacteria are pre-selected to do the very best job of nitrogen fixation for each group of legumes. Uniform coverage is very important. Pre-coated seed offers this advantage but an equal job may be done on the farm by using a sticker. Milk or a solution of 1 quart of water and 3 tablespoons corn syrup will hold the inoculant on the seed. Mix the powder and liquid and then add the suspension to the seed just before planting. Excessive moisture will prevent free flowing in the seed box. A sticker is especially valuable when using a cyclone spreader.

At the Kemptville College pre-coated alfalfa and trefoil seed were compared with conventional farm type inoculation and no inoculation. Results indicated that a slight advantage was gained by inoculation even though these legumes had been grown several years previously on the particular field. Pre-coated seed did not appear to have an advantage over the conventional farm type inoculation but it was more convenient.

Under adverse conditions of cold soils or poor drainage, the inoculant should be doubled. This will insure sufficient bacteria when the rate of growth is poor. In using either pre-coated or conventional powder inoculum be sure the expiry date has not past. Pre-coated seed normally has a shorter expiry period. High storage temperatures will shorten the useful time period. Questionable pre-coated seed must be reinoculated with powder inoculum just before seeding.

Cold Cuts Rink Attendance

Skating conditions at the Upper Canada Village Mill Pond are back to normal following last week's warm spell that ruined the ice surface. Bob Mott, Supervisor of Merchandising and Revenue Services for the St. Lawrence Parks Commission told the Post that the ice would be back in shape after a couple of days flooding and snow removal.

Parks Commission officials are generally pleased with the turnout at the skating area this year despite the cold weather. It has been too cold in the last few weeks for people to do much skating, according to Mr. Mott, and the ones that do come are only on the ice for a few minutes before they are forced to come inside to warm up. The cold weather has provided a good ice surface, but it has been too cold to be used to the fullest extent.

Officials are hopeful that warmer temperatures in February will enable more people to venture outside to try the ice. Several church and school parties are already booked for the month and with Valentines Day coming up, there will likely be more.

The pond is open for skating every day, but the lack of lighting limits the operation to daylight hours. For this reason the biggest turnout is on weekends. A crew of Parks Commission workers keeps the ice surface ready for skaters at all times. Snow is removed and the ice is flooded with water from the Village fire truck. There is a small charge for skaters, but parking is free, and there is a snack bar for warm-ups.

About 90 per cent of the wood used for pulp and paper is coniferous.

Girls Broomball Team Hosts Lions Club

The Iroquois Lions Club met the Iroquois Girls Broomball team at the Cardinal Arena on Monday night, coming home with a 2 to 0 win, after fielding some pretty stiff competition. Lions Club goals were scored by Les Craig and Jim Derouchie.

Both teams played a hard game with the goalies being busy from start to finish. Laurel Kirkby, in goal for the girls played a brilliant game allowing only two shots to get past her, and winning a good deal of praise from the Lions Club.

Both teams played a good game, with no major penalties, although two minor infractions went to Lions Jim Adams and David Tucker.

Lions Club members appreciated the opportunity to play the Girls Broomball Team, and would like to thank the girls for a fine game.

BRIDGE WINNERS
LADIES:
Avis Patterson, Dorothy Miller
GENTS:
John Dixon, Bill Campbell

IROQUOIS
Esso
652-2323
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DRIVE A LITTLE — SAVE A LOT!
TO CARPET CITY'S BIG WINTER SALE
Best Carpet Bargains in Eastern Ontario

Harding Pattern Carpet, RUBBER BACK, 12 Ft. Wide, While it Lasts $6.95 Sq. Yd.
Indoor - Outdoor Carpet, RUBBER BACK, 6 Ft. Wide, While it Lasts $2.69 Sq. Yd.
Carved Broadloom, 12 Ft. Wide, While it Lasts $3.99 Sq. Yd.
2 PATTERNS Cushion Floor, 12 Ft. Wide, While it Lasts $2.99 Sq. Yd.
CARPET CITY - KEMPTVILLE
NEXT DOOR TO THE CANADIAN TIRE

1976 bridal fashions now at Vogue
500 MONTREAL ROAD
CORNWALL ONTARIO

Home Hardware
12TH Birthday Super Savings!
10 DAYS ONLY!
Starts Wednesday
SALE
Items reduced in price return to regular prices at the end of our 10 day sale. Specially purchased items on sale until extent of stock. Home Hardware promises to make every effort to continue to supply advertised products but we reserve the right to limit quantities.
"This SALE really takes the cake!"

STYLES & MC INTOSH
presents
ELECTROHOME
Limited Edition
26" COLOR
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Special limited edition, features:
- 31,000 volts picture power
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Outstanding value
Hurry! Quantities are limited on these special editions.
IT'S JUST SOUND SENSE TO BUY CANADIAN
We Service What We Sell
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IROQUOIS SHOPPING PLAZA

99¢ 128 oz. Size JAVEX Your washday friend Deodorizes, purifies and removes stains
SPONGE MOP REFILL Fits most types Adjustable 79¢
44¢ Pkg. SOAP PADS
MAGNETIC BROOM Sturdy long lasting bristles. Washes easily. Picks up dust with a magnetic action. 98¢
RUBBER GLOVES 77¢ PR. 3 sizes to choose from. Elegant styling extra comfort.
AJAX CLEANSER 39¢
CORN BROOM Light and durable. Perfect around the house and cottage 1.88
PLASTIC PAIL 10 quart size. Quality tested. Choice of colours 59¢
SPONGE MOP Rustproof. Easy to clean. Extremely absorbent 1.77
49¢ 3 lb. SWEEPING COMPOUND
ROYALE TISSUE Facelle Royale facial tissues 45¢
Made to last CLOTHES BASKET 99¢ Large oval poly clothes basket

"You've got to believe in HOME!"
Home Hardware
McGillis Home Hardware
Morrisburg Shopping Centre
master charge
CHARGEX

Cancer Society Plan 1976 Campaign

A 1976 goal of $6.5 million has been set by the Ontario Division of the Canadian Cancer Society. This sum, to be raised by volunteers during the Society's annual April campaign, will be used to support cancer research in Canada and to finance programs in public education and service to cancer patients. The objective in Metropolitan Toronto is $2,200,000.

Delegates from Cancer Society units and districts across Ontario attended a two-day campaign conference at Toronto's Inn on the Park, January 24 and 25, to organize for the April fund-raising drive.

Speaking to the volunteers at the meeting, Division Campaign Chairman, Ron Calhoun, of Thamesford, reported that the 1976 objective represents an increase of 8.5% over the actual amount raised last year. He was confident that the objective would be achieved by the "enthusiastic and dedicated" campaign team volunteers.

The weekend sessions, having as a theme "You Are Making the Difference", highlighted the Cancer Society's work in education and service to patients through film, video tape and slide presentations. Veteran volunteers were on hand to offer helpful tips on organizing community campaigns.

A new Divisional wooden mascot was introduced at the campaign sessions -- "Eager Beaver" which symbolizes the determination of the Campaign Committee to fund one hundred million dollars for the cancer control effort in Ontario.

A panel of scientists from the Ontario Cancer Institute, chaired by Dr. Harold Johns, discussed new research work being done in the field of cancer control.

The guest speaker at the Saturday dinner meeting was Dr. Ina Ajemian, physician-in-chief of the Palliative Care Unit, Royal Victoria Hospital, Montreal.

Attending the conference from this area was Thomas J. Warren Branch Campaign Chairman. He said, "I am certain that with the knowledge and inspiration gained from this conference and with the strong record of cooperation that we have experienced in our community of Iroquois and District in the past, we will be able to reach our 1976 objective of $1,500.00.

"Eliminating cancer is a community responsibility; every citizen can share in that goal by supporting cancer research."

THE DAY IS FEB.14

IROQUOIS GOLF CLUB

VALENTINE'S DANCE

IROQUOIS GOLF CLUB HOUSE

9 P.M. TO 1 A.M.

MUSIC - NICKELODEON REFRESHMENTS

—EVERYONE WELCOME—

ADMISSION $2.00 PER COUPLE

ATTENTION — — —

DOG OWNERS

BY-LAW 62-5 requires that all dogs in the VILLAGE OF IROQUOIS must wear a TAG at all times. Tags are to be purchased at the CLERK'S OFFICE before the 15th of February each year.

THE FEES ARE:

For a MALE Dog if only one is kept ... $2.00
For Each Additional Male Dog ... $4.00
For a FEMALE Dog if only one is kept $4.00
For Each Additional Female Dog ... $6.00

● —NO PERSON SHALL ALLOW ANY DOG OF WHICH HE IS THE OWNER TO RUN AT LARGE AT ANY TIME DURING THE YEAR

Any dog found running at large may be seized, impounded, and if not claimed within three days, may be killed or sold, and the owner of such dog shall be liable to a fine of not more than $50.00 exclusive of costs

32-2c

Pharmacist Charged With Fraud

Walter Zahebelny, age 37, owner and operator of McNeely Pharmancy, Inc. Main Street, Williamsburg, Ontario, was charged with defrauding the Ministry of Health for the Province of Ontario, between September 1974 and November 4, 1975. Zahebelny appeared in Provincial Court, Morrisburg, Ontario, on January 13, 1976 and the case was adjourned until February 17, 1976 for plea. Crown Attorney D. W. Johnson is acting on behalf of the Attorney General for the Province of Ontario. Investigating Officer Corporal D. W. Prentiss.

MUSIC EXAMINATIONS

Results of Royal Conservatory of Music, Toronto examinations held in Cornwall in December include the following:

Grade 4 History of Music - Honours Marjorie Fowler, Iroquois, Martha Massey, Morrisburg; 1st Class Honours: Carol Boehmer, Williamsburg, Ann Crober, Williamsburg, Teacher - Mrs. D.H. Thompson of Williamsburg.

Winchester Theatre

Friday, Saturday Feb. 6-7
"MYSTERIOUS MONSTER"
as advertized on TV
All Audiences

Monday, Tuesday, Wednesday
February 9-10-11
"THE HAPPY HOOKER FROM AMSTERDAM"
Sylvia DeLeur, Ronny Bierman
The New Hooker Film
"SEXY SUSAN KNOWS HOW"
Terry Tordax, Glenn Saxson

ADMITTANCE RESTRICTED TO PERSONS 18 YEARS OF AGE OR OVER

TV RADIO NEWS

Most television rating systems report the numbers of people that are watching particular programs. Thus arises the system of mass audience equals the continued success of a series. This is particularly true in American television. A program that is on for more than one season is there because people are watching. The exceptions to this rule are the public affairs programs like 60 Minutes and the prestige programs like Hallmark Hall of Fame. Programs that do not achieve good ratings get the axe and that can even occur in mid season these days. The criticism of this system is that it does not allow for the viewing desires of the minority viewer. If your interest happens to be the care of potted plants, you're out of luck.

However in Canada, the numbers game is not nearly as important. The CBC employs a different rating system in addition to the simple numbers rating system. Their Enjoyment Rating is obtained from a program log and questionaire that is filled out by viewers who are asked to participate for the Canadian television industry. Here are some of the program's Enjoyment Ratings on a scale of 100: Hymn Sing - 85; The Waltons 82; MASH 81; The Irish Rovers 80; The National 78; and King of Kensington the high 70's. Hymn Sing does not have a very large audience but as you can see by these figures, the people who do watch find it very enjoyable. I assume the relatively high figure for The National would be more an indication of satisfaction with its news coverage than an expression of "enjoyment." Another interesting statistic was that the enjoyment rating for Sidestreet, the Canadian police drama run on Sunday nights last fall, declined as the series progressed. Viewers felt that Sidestreet was more realistic than Kojak, but Sidestreet's audience was only half that of Kojak.

If you are at all interested in film animation, tune in to the International Animation Festival on Ch. 18 Mondays at 7 p.m. Jean Marsh, of Upstairs Downstairs, hosts this series which features both humorous and thought provoking animated films.

Ch. 7 has altered its program lineup for Sunday nights so that they now carry 60 Minutes, CBC's excellent public affairs program at 7 p.m.

what'S COMING

The big news in television viewing for this week is the coverage of the Innsbruck Winter Olympics. It all starts on Wednesday with live coverage of the opening ceremonies at 8:30 a.m. on Ch. 13. CTV's coverage continues from 7-8:30 p.m. and 10:30-11:00 p.m. featuring men's downhill skiing and ice dancing. Between those two time slots, Ch. 13 runs the 1970 film, "Lovestory" starring Ali MacGraw and Ryan O'Neil. At 10 p.m., Ch. 18 has a special on French-British supersonic aircraft, the Concorde.

Thursday's Olympic coverage on CTV runs from 7-8:30 p.m. and 10:30-11:00 and includes figure skating. This week's Wintario Lottery draw is on Global at 9 p.m. Ch. 7's late show at 11:30 is McKenzie Break, a World War II thriller starring Brian Keith. Margaret Rutherford fans can catch her as Miss Marple in Agatha Christie's Murder Most Foul on Global at midnight.

Friday at 2:30 p.m., Ch. 13 carries a live telecast of one of the ice hockey games from the Olympics. Coverage from Innsbruck continues from 7-8:30 and 10:30-11:00 on CTV. At 8 p.m., Global carries a Toronto Toros Winnipeg Jets hockey game.

Saturday's Olympic coverage starts at 2 p.m. and continues to 6 p.m., including live coverage of the free-style figures skating at 3 p.m. There's more coverage from 7-8 p.m. and 10:30 11 p.m. Ch. 4's late show is The Fortune Cookie starring Jack Lemmon and Walter Matthau.

Sunday's Olympic coverage runs from 2-5 p.m. on Ch. 13. There's more from 7-8 p.m. and 10:30-11:00 p.m. Performance begins a series of five "journalistic dramas" at 9 p.m. This first episode, "The Insurance Man from Ingersoll" is about the brutal beating of a construction worker which leads to the uncovering of a provincial government receiving kickbacks from a corrupt union. That's on Ch. 4. At 11:40 on Ch. 4, Platform examines the use of leg traps in the procurement of animal skins.

Monday's Olympic coverage starts at 2 p.m., running to 5 p.m. It includes figure skating at 3 p.m. There's more coverage from 7-8:30 and 10:30-11 p.m. As Valentine's Day approaches, we once again can celebrate by watching Be My Valentine Charlie Brown on Ch. 4 at 8 p.m.

On Tuesday, Olympic coverage includes a hockey game from 2-4:30 p.m. followed by more coverage from 7-8:30 and 10:30-11 p.m.

And finally, next Wednesday, the 11th, there is figure skating coverage in the afternoon at 3 p.m.

Course Offered for Novice Farmers

What do insurance agents, plant managers and film producers have in common? Well according to John Dalrymple, former vice-principal of the Kemptville College of Agricultural Technology, "Many of these people want to know more about the land and about agriculture in general".

A year ago the College offered a course in Introductory Agriculture for the Novice Farmers in the Cornwall area. Among the registrants was an insurance agent, a plant manager and a film producer. Also registered was a teacher, a contractor, a high school student, a medical doctor, a clerk, a hydro worker, a physical therapist and a housewife. Several of the participants registered as couples.

This series of evening lectures is again being offered in Cornwall starting Monday, February 9th. Topics include problems of part-time farming, sources of information, understanding soils, field crops and vegetable production, livestock systems including horses, beef dairy, swine, sheep and poultry. These introductory lectures will also outline the place of the farm woodlot as well as financing part-time farm operations.

Mr. Dalrymple who will act as course leader, feels that, "This program will go a long way in helping the participants cope in the transition from an urban to a rural way of life."

The tuition for this 10 week course in Cornwall is $50 per person, $70 per couple and $80 per family. More information can be had by phoning the office of the Ontario Ministry of Agriculture and Food in Cornwall Alexandria or Winchester, or by contacting the Kemptville College of Agricultural Technology in Kemptville.

Safety Council Propose Memorials

The Canada Safety Council is seeking the answer to a difficult question.

Like a great many agencies that depend on grants and donations for survival, the Council is caught in a squeeze between rising inflation-born prices on the one hand, and fairly steady contributions on the other. It takes a year or two, usually, for the latter to catch up. Meanwhile, the Council says, safety programs that are desparately needed are held up or curtailed due to lack of sufficient funds to get the job done.

The Council would like to reach a select group of people. Those who might be encouraged to make a memorial tax deductible contribution to the work of the Council in its accident prevention programs.

Such contributions could be placed into any form of safety program - traffic injury prevention, child safety at home or school, water safety, or whatever is most preferred.

The Council says that if such donations were commonplace, the accidental loss of one life could be the beginning of a means of saving many others. However, the subject is delicate, and the Council is hesitant to make an all-out appeal which some might consider as being in questionable taste.

Obituary notices sometimes ask for donations to a medical research body. With accidents being the third largest cause of death in Canada, a similar suggestion in support of accident research and prevention would not seem inappropriate.

A registered charitable organization that does not have "fund drives", the Canada Safety Council is located at 1765 St. Laurent Blvd., Ottawa K1G 3V4.

In Memoriam

MCGOWAN - In loving memory of my dear husband John Edson McGowan who passed away February 7th 1973.
Every hour I dearly miss him
Sadly do I feel his loss
Lonely is my home without him
Help me, Lord to bear the Cross.
Sadly missed by wife Hilda.
33-1c

SUNDAY IN THE CHURCHES

UNITED CHURCH OF CANADA
Matilda Pastoral Charge
Rev. L.D. Joyce, M.A., Ph.D., Th.D
SUNDAY FEBRUARY 8th
9:30 a.m. Hainsville
11:00 a.m. Hulbert
1:30 p.m. Brinston

THE PENTECOSTAL ASSEMBLIES OF CANADA
Dundas Street, Cardinal
Rev. Lorne Trimble, Pastor
Sunday - 9:45 a.m. — Christian Education Hour
11:00 a.m. - Worship
7:00 p.m. - Evangelism
Wednesday - 7:30 p.m. - Bible Study, Discussion and Prayer. In the church hall.
"Visit With Us - You'll Never Feel Like a Stranger"

ST. ANDREW'S CHURCH
South Mountain
Mrs. Arnold Shaver, Organist
SUNDAY
9:30 a.m. ..... Service of Worship
(Adult Bible Class Following)
YOU ARE MOST WELCOME!

THE PRESBYTERIAN CHURCH IN CANADA
KNOX CHURCH, IROQUOIS
The Rev. L. J. Cowper, B.Th. Interim Moderator
Mrs. M. Casselman, Organist
MINISTRY OF WORSHIP, EDUCATION AND OUTREACH
Midweek Youth-Adult Program
SUNDAY
Church School ..... 9:45 a.m.
(Kindergarten thro. Grade 12)
Worship Service ..... 11 a.m.
(Adult Nursery Supervision for Children 4 years and under)
VISITORS AND NEW CHURCH FAMILIES WELCOME!

CHRISTIAN REFORMED CHURCH
WILLIAMSBURG, ONT.
SUNDAY RADIO PROGRAMS - "Back to God Hour"
CJSS, dial 1220 at 7:30 a.m.
CFGO, dial 1440 at 8:30 a.m.
French Broadcast - CFML dial 1180 at 9:30 a.m.
SUNDAY CHURCH SERVICES
MORNING SERVICE 9:30 a.m.
AFTERNOON SERVICE 2:30 p.m.

Anglican Church of Canada
Parish of Iroquois and Morrisburg
Rev. Francis N. Gooch, B.A.
Telephone 543-2867
FEBRUARY 8 EPIPHANY 5
ST. JOHN'S, IROQUOIS - 11:00 a.m. HOLY EUCHARIST
ST. JAMES', MORRISBURG 8:00 a.m. HOLY EUCHARIST 11:00 a.m. MORNING PRAYER
Visitors always Welcome!

ST. CECILIA'S CHURCH
Rev. F.M. O'Connor, Parish Priest
Sunday ..... 9:30 a.m.
Confessions .. Wed., 7-7:45 p.m.
St. Mary's, Morrisburg
Saturday ..... 7:30 p.m.
Sunday ..... 11:00 a.m.
Confessions .. Wed. 8 - 9 p.m.

IROQUOIS PASTORAL CHARGE
UNITED CHURCH OF CANADA
Rev. W. Brian Gee, B.A., B.D., ThM.
11:00 a.m. Worship and Sunday School

Hospital Board

cont'd from P. 1

January 21, 1976. This committee dealt with a number of important items, and made the following recommendations to the Board, all of which were accepted:

1. that an infusion pump be purchased at a cost of $150.00 for use in the administration of medications.

2. that Mr. Ron Workman of Winchester, Ontario be the Hospital Board's liaison person between the Ontario Hospital Association, our own hospital and the Provincial Member of Parliament for the riding in which the hospital is located.

3. that section 10 (6) of the Hospital Administrative By-Laws, which deals with the matter of Board attendance by staff members, other than the Administrator, be more strictly adhered to.

Comments were made with reference to the operation of the ambulance service in the area presently served by the hospital.

As with all health-care related organizations, in 1976, the Seaway Ambulance Service Ltd is also faced with severe financial constraint measures imposed by the Ministry of Health.

To clear up some of the confusion, which presently exists with reference to the operation of this service, it should be noted, that the Winchester District Memorial Hospital as such does not operate the service and cannot managerially or otherwise be held responsible for any decisions made concerning the provision and quality of ambulance services to the residents of this area.

The responsibility for this service rests solely with the management of the Seaway Ambulance Services Ltd, who, we have been given to understand, also receive consultative services from the Ministry of Health, as required.

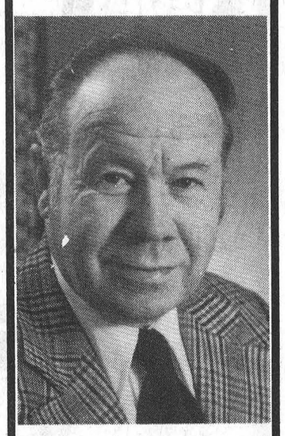
The hospital does co-operate with both the Ambulance Service and the Ministry of Health, which provides the budgetary funds for the ambulance service, by the provision of office space, telephone and two-way radio services the most of which is also paid for by the Ministry of Health through the hospital's budget.

The Seaway Ambulance Service presently operates vehicles from locations in Winchester, Morrisburg and Prescott.

As far as we can ascertain, the Seaway Ambulance Service, being faced with financial constraints, is trying to streamline its organization, both in terms of staff and equipment, in order to operate as economically as possible and hopefully without loss of efficiency, and this is not an easy task at any time.

The hospital as always, will do its share to assist and co-operate with the ambulance service to the best of its ability, but, as already previously stated, the ultimate responsibility for the service does rest, not with the hospital, but the Ambulance Company itself and of course the Ministry of Health, both of which, we know, are anxious to provide the best possible ambulance service to the residents of this area.

Smith Bros. Granite Ltd.



Smith Bros. Granite Ltd. is pleased to announce that Mr. Douglas Dow of Cornwall, Ontario has been appointed to the position of Manager of our Eastern Ontario operations.

Mr. Dow was born and raised in the Cornwall area, where he still resides, and has been Manager of our Cornwall office for the past 14 years.

We are pleased that he will now be extending his experience to the whole of the Eastern Ontario area.

WHIPPER WATSON'S
in conjunction with
IROQUOIS LIONS CLUB
&
HADDO SNOW-DRIFTERS

2nd ANNUAL SNOWERAMA FOR TIMMY

100 Mile Rally For All Snowmobilers



Date: SUN., FEB. 8th

Place: MATILDA TOWNSHIP GARAGE

Starting Time: 7:30 - 10:00a.m.

Pledge Sheets Available at
Styles & McIntosh, Beaupre Jewellers,
The Iroquois Post, Code's General Store,
& The Clothing Barn

For information, contact Jacques Asselin 652 2246
Glenn Swerdfeger 652 4937
Sandy Gibson 652 4451



for the most monies collected by any snowmobiler
Air Canada will award a trip for two

FREE READING FOR ALL

The Council of Matilda Township and the Board of Stormont, Dundas and Glengarry County Library have arranged for a bookmobile demonstration project, to bring free library service to the residents of Matilda Township.

The County Bookmobile will visit Stampville, Hainsville, and Brinston on Friday, February 6th, Friday, April 23rd, and on the following Mondays: February 16, March 1, March 22, April 5, May 3, May 17. Further dates will be announced in May.

10:10 TO 10:30 A.M. — STAMPVILLE

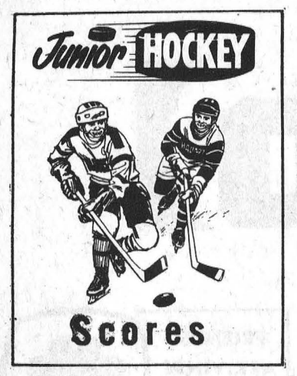
10:40 TO 11:00 A.M. — HAINSVILLE

11:10 TO 11:45 A.M. BRINSTON

The Bookmobile carries about 2,800 volumes and if a required book is not in the stock, the staff will arrange that it be sent by mail to the borrower, as soon as it is available.

Large-print books for persons with deficient vision may also be requested, and spoken books on cassette are available to those who have a medically certified hanndicap which prevents them from using standard reading materials.

REGISTRATION ON THE BOOKMOBILE IS FREE TO ALL RESIDENTS OF MATILDA



PEE WEE A

Tuesday January 27 at Cardinal

Iroquois 8, Massena 0
Iroquois goals scored by
Scott Brennan 4
Assisted by K. Palmer (2), M. Nesbitt
Kevin McEwen 2
Assisted by T. Patterson (2) S. Kirker
Steven Kirker 1
Assisted by K. McEwen, T. Patterson
Mark Nesbitt 1
Assisted by S. Brennan

Brian Froats was in goal for his 8th shutout.

Sunday February 1 at Cardinal
Iroquois 4, Brockville 1
Iroquois goals scored by
Kevin McEwen 1
Assisted by S. Kirker, T. Patterson
Tim Patterson 1
Assisted by K. McEwen, S. Kirker
Kevin Palmer 1
Assisted by T. Patterson, S. Brennan
Scott Brennan 1

TYKE LEAGUE

Friday January 30 at Spencerville
Iroquois 11, Spencerville 0
Iroquois goals scored by:
Steven Prunner 2
Mike Veltkamp 2
Eldon Horner 2
Tim Cassidy 2
Chris McDermid 1
David Lapier 1
Jimmy Aspin 1

Saturday January 31 at Cardinal
Smith Falls 4, Iroquois 4
Iroquois goals scored by
Jeff Veltkamp 2
Mike Veltkamp 1
Eldon Horner 1

TEAM STANDINGS
As of February 1, 1976

	W	L	T	P
Prescott				
Iroquois	5	3	0	10
Morrisburg				
Spencerville	0	8	0	0

ATOMS

January 27
Cardinal 2, Morrisburg 1
Morrisburg goal by Carl Barkley

January 30
Morrisburg 2, Ogdensburg 1
Morrisburg goals by
Mike Stewart 1
Andy Brown 1

January 31
Morrisburg 2, Massena 1
Morrisburg goals by
Mike Stewart 2

Morrisburg plays host to Chesterville on February 10th.

ST. LAWRENCE JUNIOR B HOCKEY

WEEKEND SCORES
January 28
Morrisburg 6, Winchester 3
January 30
Morrisburg 3, Prescott 3
Cardinal 6, Alexandria 5
Metcalfe 6, Winchester 6
January 31
Long Sault 7, Cardinal 5
February 1
Alexandria 9, Long Sault 3
Morrisburg 8, Prescott 3
Cardinal 8, Metcalfe 6

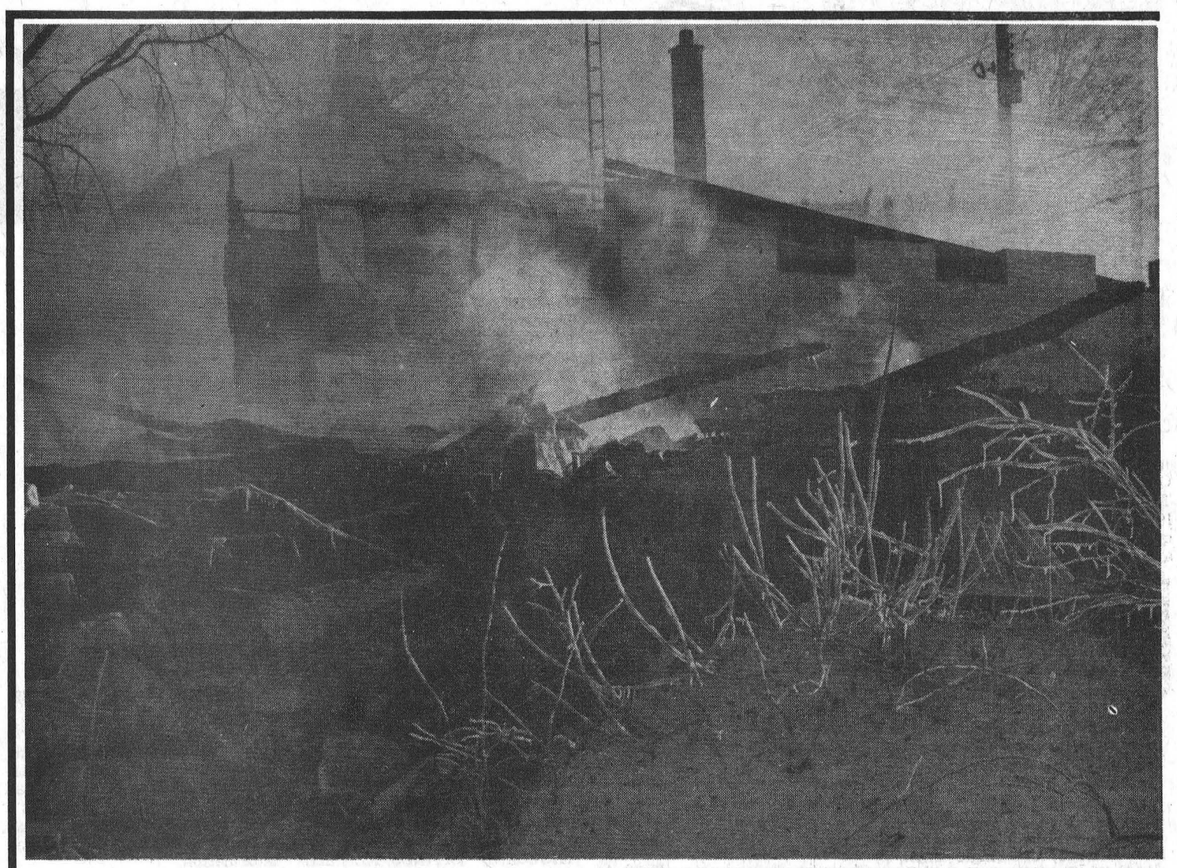
UP TO DATE STANDINGS

	W	L	T	PTS
Morrisburg	23	3	5	51
Cardinal	19	10	3	41
Long Sault	13	11	5	31
Alexandria	10	13	6	26
Winchester	11	15	3	25
Metcalfe	6	17	6	18
Prescott	5	18	6	16

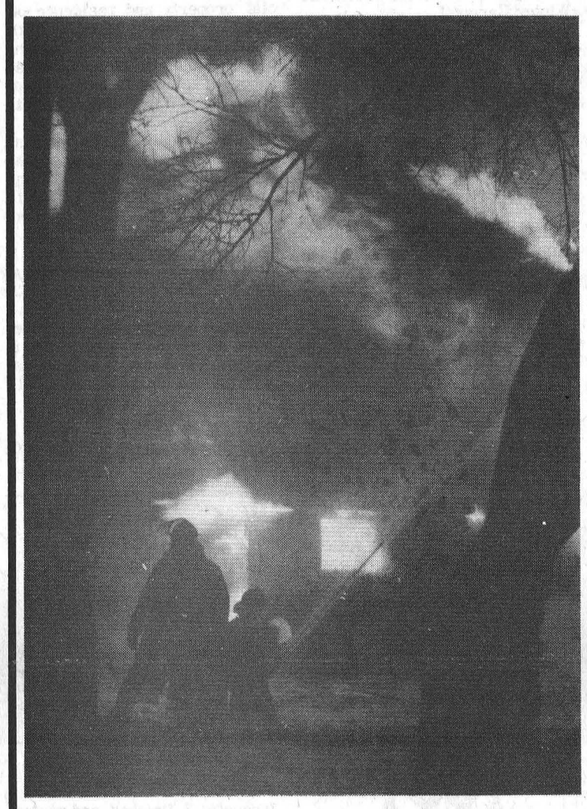
FUTURE GAMES

February 6th
Morrisburg at Winchester 8:30 p.m.
Alexandria at Prescott 8:30 p.m.
Metcalfe at Long Sault 8:00 p.m.
February 7th
Metcalfe at Cardinal 7:30 p.m.
February 8th
Alexandria at Metcalfe 2:30 p.m.
Winchester at Prescott 7:30 p.m.
February 11th
Morrisburg at Long Sault 8:00 p.m.

	Team	G	A	PTS
D. Adams	C	42	46	88
K. Duvall	MO	34	52	86
B. Mullen	C	31	47	78
D. McNairn	MO	33	33	66
A. Roy	C	19	46	65
C. Lawlor	MO	29	34	63
S. Moss	LS	23	33	56
D. Byers	C	25	30	55
M. Rochon	ME	22	31	54
K. McRoberts . . .	W	20	27	47



Photos by Laurin—J.P.'s



A spectacular four hour fire on Monday evening in Winchester Springs destroyed Roughton's General Store, Post Office, and a large storage shed. Living quarters above the store were also destroyed. Fire fighters from Winchester, Williamsburg, and Morrisburg were on the scene for most of the night battling high winds to keep the fire from spreading. Below zero temperatures combined with the winds to make conditions even more difficult. No cause has yet been determined for the fire.

Danger in Home–canned Tomatoes

If you home-canned tomatoes this past summer, be wary. "They could be dangerious" say food specialists at the Ontario Food Council, Ministry of Agriculture and Food

If you failed to use government-recommended home canning techniques for home canning tomatoes, you could stand the chance of contacting a fatal food poison ing known as Botulism.

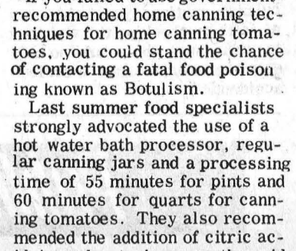
Last summer food specialists strongly advocated the use of a hot water bath processor, regular canning jars and a processing time of 55 minutes for pints and 60 minutes for quarts for canning tomatoes. They also recommended the addition of citric acid in order to increase the acid level to a point where the botulinus bacteria would not grow.

Some varieties of tomatoes grown in recent years have proved to have a lower acid content than was previously common. Since low-acid foods are subject to harboring the botulinus bacteria which can form a lethal toxin, specific care must be taken to ensure that home-canned tomatoes are high enough in acid and processed sufficiently to eliminate this possibility.

If you failed to process your tomatoes according to these procedures, precautions should be taken to ensure that the tomatoes are safe for consumption.

If a jar of home-canned tomatoes is foaming or has an unusual appearance or odor, discard it without tasting. If there is no noticeable sign empty the contents of the jar into a saucepan and boil them for 10 minutes, stirring occasionally, before tasting.

If the toxin is present in the jars, the 10 minutes of boiling will destroy it, making the tomatoes safe to eat.



MATILDA BOWLING

TEAM STANDINGS

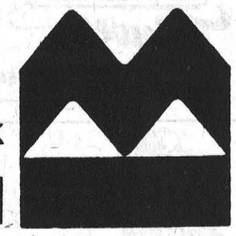
C. Lalonde	52258
W. Douglas	52046
R. Cooper	52017
B. Douglas	51743
P. Robertson	50850
D. Keyes	50516

HIDDEN SCORE
Lois Keyes

HIGH SINGLES
Rita Cooper - 279
George Barkley - 284

HIGH TRIPLES
Rita Cooper - 695
Albert DeJong - 715

The First Canadian Bank
Bank of Montreal



Are you tired of wondering where all your money goes every month?

We have the banking services that could solve your budgeting problems.

☆ BILL PAYING with a low cost personal chequing account.

☆ MONTHLY SAVINGS with a 7¼% True Savings account.

☆ 1 MONTHLY PAYMENT by consolidating outstanding bills into a life insured Firstbank Finance Plan loan.

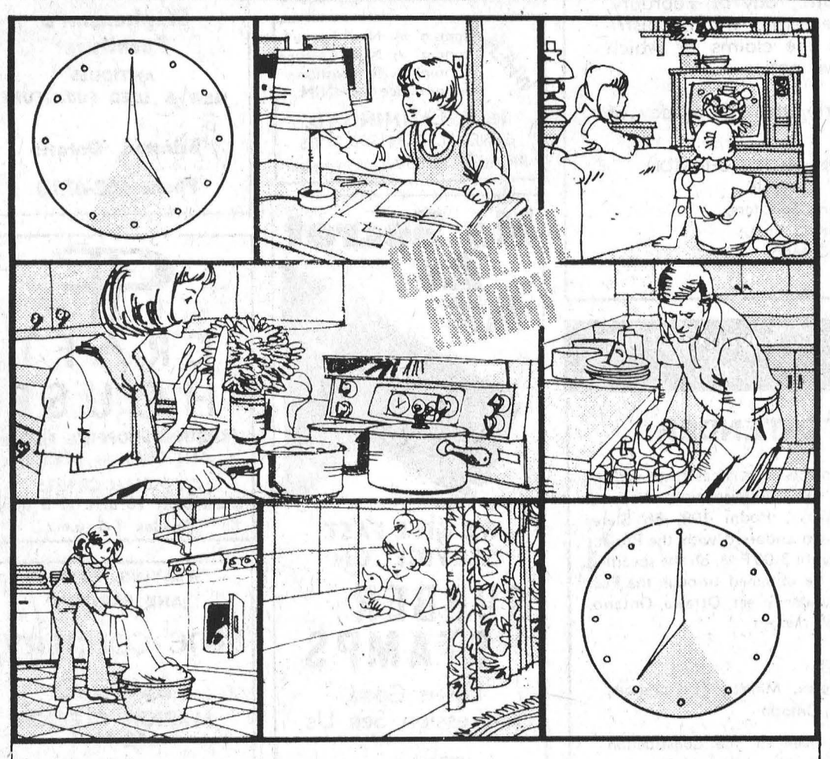
☆ UP TO 9¼% interest on Special Deposits.



Let's Talk....

ABOUT A PLAN TO SUIT YOUR NEEDS.

JIM DALY & THE STAFF AT IROQUOIS
WANT YOU TO GET YOUR MONEY'S WORTH



The electrical rush hour–5 to 7 p.m.
Try to avoid it.

During the winter months, the rush hour for electricity is between 5 and 7 pm. That's when more lights are turned on; the heat is turned up, meals are cooked; radios and TV sets come on. These all add up to create the rush hour for electricity.

Your Hydro has to supply the power to meet this extra demand. And the higher the demand, the more facilities are needed... more transmission lines, transformers, generating units...all contributing to the cost of power.

Anything you can do to avoid the rush hour will lighten the load.

Of course, you can't turn everything off at this time, but there are some things you can do. Try not to use the clothes washer, dryer, dishwasher and other big appliances during rush hour. Don't turn on TV until you are ready to watch it. Take baths or showers later in the evening, or first thing in the morning.

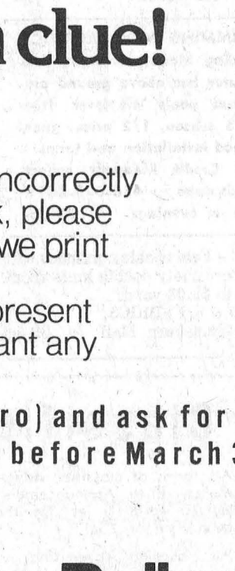
If enough of us use less electricity during the rush hour, it will help to conserve valuable resources, and to keep costs down.

your hydro
Iroquois Hydro System

EASTER IN NASHVILLE
APRIL 15-19
$120.00 Per Person
VIA VOYAGEUR
For Information Call
FRANK'S TOURS
WILLIAMSBURG
535-2888
Evening & Weekends

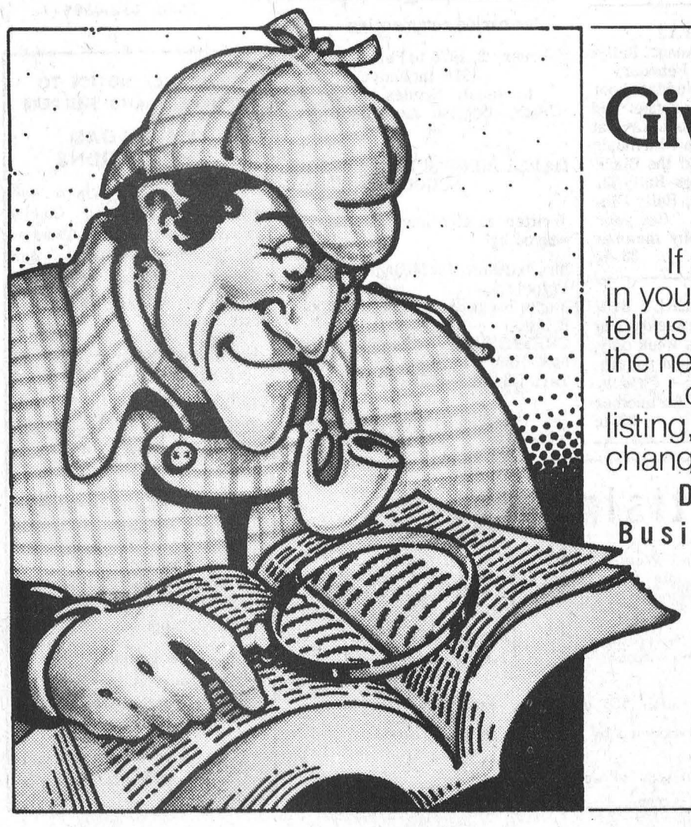
SALES WITH SERVICE
Dodge CHRYSLER Dodge Trucks SALES/SERVICE
Fetterly's
Compare our miles per gallon... we're competitive
SUNOCO
Phone 613-652-4841 - Iroquois
On Highway No. 2 at Carman Road
Just South Of The Water Tower

GOOD TIMES ARE COMIN' ON THE Cat
The Spirits gonna move you!



PANTARA
EL TIGRE
PANTHER
CHEETAH
JAG
LYNX
We have them all
plus a full line of snowmobile clothing and accessories
Strader Trading Post
¼ MILE NORTH OF 401 ON CARMAN ROAD

FUNERAL SERVICE
W.E.FITZSIMMONS
Established 1924
"SERVICE IS OUR MOTTO"
Iroquois
652–4452 652–4577



Give us a clue!

If you're listed incorrectly in your phone book, please tell us now. Before we print the new one.

Look up your present listing, and if you want any changes.

Dial "0" (Zero) and ask for Business Office before March 3.

Bell Canada

OPPORTUNITY SAVINGS PROFITS RESULTS THEY'RE ALL IN CLASSIFIED

SALE - Velvet ends for dresses, cushions, etc. Now $2.75 yard.
D & K FABRICS,
Morrisburg Mall 31-5c

TICKETS - All kinds of tickets printed. Dance tickets, draw tickets, business cards, etc. Fast delivery, reasonable rates. THE IROQUOIS POST, Iroquois Shopping Plaza, 652-4806.

Shur Gain dog pellets are reasonably priced and have the same ingredients as Shur Gain dog food ROONEY FEEDS 652-4382. 33-4c

1973 Moto Ski, 440 cc. Less than 600 miles. 652-4359. 33-2p

SALE - 2 piece men and ladies snow suits. Reduced to $37.95 each.
D & K FABRICS,
Morrisburg Mall 31-5c

1971 Sno Jet 379 wide track, very low mileage, one single snowmobile trailer. Best offer. W.C. Stewart 652-2241. 33-lp

FARMERS! Do not be disappointed. Order your cattle ear tags now from your Shur-Gain feed dealer in Iroquois. ROONEY FEEDS 652-4382. 33-4c

Furnace Blocks for sale $8.00 a cord. Delivered in 3 cord lots. Apply Gordon C. Casselman. 652-4250. 33-2p

VACUUM CLEANERS and FLOOR POLISHERS: also Rug Conditioners for sale. Apply Ralph Coulthart Morrisburg.
Will demonstrate in your home. tfc

SALE - We now have foam sheets in a variety of sizes including 1/2 inch to 4 inch sized 54" x 70".
D & K FABRICS
Morrisburg Mall 31-5c

Blue leather 3/4 length coat, 1 year old. Zip out lining, size 13, $50.00.
Youths' blue sports jacket, worn twice, size 37. $25.00. Phone 652-4888. 33-lp

ATTENTION HOMEOWNERS
INSULATE NOW
AND SAVE FUEL WITH EASY TO USE
ZONOLITE ATTIC INSULATION
S. A. THOMPSON & SON LTD.
Phone 652-4478

Choice Steer beef direct from farmer. Government inspected, ready for freezer or cut yourself. Full particulars phone 652-4232, Gerald Casselman. 33-lp

1 Snowjet snowmobile, 292 electric start.
1 Simplicity snowblower. Inquire at Johnny's Spot, 652-2240. 33-lp

SALE - 300 pieces substandard tiny tot sets. Sizes infants to 3x. Half regular price.
D & K FABRICS,
Morrisburg Mall 31-5c

Our baled shredded paper is proving out real well. Pick up a few bales from your friendly Shur-Gain feed dealer in Iroquois. ROONEY FEEDS 652-4382. 33-4c

1966 Dodge 1/2 ton truck. A-1 motor-slant 6. 3 new tires. 2 snowtreads, used 3 months. Radio Asking $250.00, racks and ramps. Apply Lloyd Lewis, Iroquois, half mile west on broken second. Phone 652-2193. 33-lp

1970 Boa Ski, good working order, phone 652-4550. lnc

SWIMMING POOL SACRIFICE: Leading Manufacturer and distributor has above ground aluminum pools left over from 1975 season, 1/2 price, guaranteed installation and terms. - Call Credit Manager collect. Mississauga 416-625-8819 days or evenings 33-35c

SALE - Fabric sale continues with a good variety double knits from $1.98 to $2.98 yard.
D & K FABRICS,
Morrisburg Mall 31-5c

WALLPAPER
BY
SUNWORTHY
NEW BOOKS JUST ARRIVED
S.A. THOMPSON & SON
Phone 652-4478
IROQUOIS
26-tfc

We can supply you with all kinds of bulk corn, wheat, oats, barley, soya, dairy ration and Shur-Gain 40% dairy silo supplement. We also suggest you order your seed corn, oats, barley and small seeds now to avoid disappointment. Your Shur-Gain feed dealer in Iroquois ROONEY FEEDS 652-4382. The best feed mill by a "dam" site. 33-4c

1974 440 Sno Jet. Phone 652-4865. 33-lp

SALE - Childrens and Youths Thermal Underware. $1.40 to $1.75 a piece.
D & K FABRICS,
Morrisburg Mall 31-5c

SERVICES

TRADE OR SELL
Anything to trade or sell contact Mohawk Trading Post, 1 1/2 miles west of Iroquois Highway 2. tfc

"MEALS ON WHEELS"
If you are a senior citizen, handicapped or post - operative person. "Meals on Wheels" is available for you! Monday through Friday, a hot, fully nutritional meal will be brought to your home during the noon hour. Cost is minimal. Telephone 652-2123 daytime or evenings. tfc

FURNITURE - REFINISHING - Stripping - Repairs - Free estimates. Carman Refinishers, 652-4602 Iroquois 14-tfc

COMMUNITY CALENDAR

MOONLIGHT CHAPTER NO. 224 O.E.S.
EUCHRE & BRIDGE - Wednesday February 11, 8 p.m. Civic Centre All proceeds for Charitable Work. Door prizes - Lunch. Support this annual event and have some fun. Admission - $1.00. 32-2c

SNOWMOBILE DRAG RACES
Sunday February 8th, sponsored by Hulbert Snowmobile Club, to be held at the Clubhouse. Second Leg of Labatt's Triple Crown. Registration from 12 to 1 p.m. 32-2c

WINTER CARNIVAL DANCE
February 7th Iroquois Civic Centre. Sponsored by the Iroquois Fire Department. Music by the Astro's, Door Prize. $5.00 per couple. Tickets available from Fire Department members. 30-4c

CASH BINGO
Royal Canadian Legion Br. 538 Williamsburg, cash bingo every Wednesday night at 8:00 p.m. at Boucks Hill. 17-tfc

GOOD COMPANIONS MEETING
Good Companions meeting in Civic Centre Tuesday February 10, 11:00 a.m. A good program is planned with Mahlon Zeron showing pictures of Cuba and contributions from other members of the association. 33-lc

sno-DRIFTERS RALLYS
Haddo Sno-Drifters Annual Rallys will be held Saturday February 28th, starting from Haddo School at 12:30 p.m. Turkey supper and dance from 5 p.m. to 1 a.m. at Iroquois Civic Centre with music by Roger Molson and the Black Muck Diggers. Tickets-Rally $3, Dinner and Dance $8, Rally Dinner and Dance $10. Get your tickets early from any member of the club. 33-4c

SNO-DRIFTERS WEEKLY RUN
Haddo Sno-Drifters weekly run will be cancelled this week only, in lieu of the torchlight parade. Next scheduled run - Friday, February 13. Let's try for another big crowd. 33-lc

COFFEE PARTY
The Iroquois "Care Units" invite the Community to share in a "Meals on Wheels" coffee party to be held at the Civic Centre on Sunday, February 15th from 2-4 p.m.
Come and meet representatives from other programs. Entertainment provided by the Iroquois, Morrisburg guitar group. 33-2c

BAKE SALE
The Knox Presbyterian Explorer Jet group will hold a bake sale in the Civic Centre on Friday, February 6, commencing at 4:00 p.m. 33-lc

IROQUOIS WINTER CARNIVAL
Iroquois Winter Carnival: Feb. 3 to 8. Snow Sculpture Contest Films, Snowmobile Rally, Dances, Hockey, Skating, Broomball, Bean Supper, Scottish Troupe Show, Torch Light Parade, Poster Competition, Inter-Council Competition & More. 26-7c

THOUSAND ISLANDS KENNEL AND OBEDIENCE CLUB
in conjunction with the Brockville Winter Carnival.
FUN MATCH AND MUTT SHOW
Sunday, February 8th, 1976
In the Armories King Street West, Brockville.
Starts 10:30 a.m. lasts all afternoon.
FUN MATCH: Entries from 10:00 a.m. to 12:00 noon. Entry fee $1.50. Classes - Puppy 3-6, 6-9, 9-12 months and Open.
OBEDIENCE: Entries from 10:00 a.m. to 12:00 noon. Entry fee $1.50 Classes - Beginners, Novice, Open, Utility and Brace.
ABOVE FOR PUREBRED DOGS
MUTT SHOW: Entries from 10:00 a.m. to 11:00 a.m. Entry fee 25 cents. Judging starts at 11:30 a.m. Judged on most spots, shortest tail etc. Registered pure bred dogs not eligible.
SPECIAL: Weight pulling for Sled & other dogs, single harness. Entries from 10:30 a.m. Judging starts at 11:00 a.m. Entry fee 50 cents.
JUNIOR & SENIOR SHOW HANDLING: for boys & girls, at closing of entries. (no fee)
PARADE OF CHAMPIONS: Entry fee 25 cents.
SPECTATORS WELCOME, no admission charge. 33-lc

Conseil d'éducation des comtés de STORMONT, DUNDAS & GLENGARRY
County Board of Education

Requires Immediately

FULL-TIME TEMPORARY TEACHER

(for approximately 6 weeks) to teach Kindergarten at

ELMA PUBLIC SCHOOL

Written applications will be received by:

Mrs. Ruth Algire,
Principle,
Elma Public School,
R.R.#2,
CHESTERVILLE, Ontario
KOC 1HO
Tel: (613) 448-3334

FULL-TIME TEMPORARY TEACHER

for period commencing

February 2, 1976 to February 20, 1976 inclusive to teach Grades 7 and 8 (Math, English and History) at

MAPLE RIDGE SENIOR PUBLIC SCHOOL

Written applications will be received by:

Mr. William MacMillan,
Principal,
Maple Ridge Senior Public School
R.R.#3,
CHESTERVILLE, Ontario
KOC 1HO
Tel: (613) 448-2817

S.W. Libbey, Chairman. T.R. Leger, Director.

REAL ESTATE

REAL ESTATE
Successor to
Floyd Fisher Real Estate
Morrisburg
Office 543-2044 Res. 543-2989

INGLESIDE AREA - Large farm hom e with 4 bedrooms and all modern conviences, on 60 acres including 10 acres bush. 2 miles north of Hwy 401. Included is a steel barn 35 x 50 ft. as well as other buildings. Call for further information.

MORRISBURG AREA - Commercial property and residence on highway. Modern bungalow with 3 large bedrooms, living and dining room plus office and finished shop. All insulated and electrically heated. Lot 200 x 300 ft.

WILLIAMSBURG-Three bedroom frame home with all conviences, large family kitchen plus living room. Roomy lot 66 x 330 ft. with good garden space. Priced to sell.

MORRISBURG-New raised bungalow available in April. 1232 square feet of living space containing living room with fireplace, dining room, 3 bedrooms, and a 4 piece bathroom. Kitchen is large enough for dining area. Call for further details.

SALESMEN
Dale Beckstead 535-2103
Leon Marcellus 448-2444

W. C. MacDONALD & ASSOCIATES REAL ESTATE LIMITED
Real Estate Brokers
Winchester, Ontario

BROKEN SECOND - 1 mile to Iroquois, paved road; 4 bedroom bungalow, electric heat, rec room fridge, counter-top stove, circular swimming pool, TV tower. Move right in. Excellent condition. Mortgage arranged.

4-APARTMENT BUILDING - in Iroquois, 3 finished and rented. Lot 75 x 200. Call for appointment.

HANDYMAN SPECIAL - 3 bedroom brick 2 storey house, no heating, no plumbing, brick in good shape, metal roof, lot 100 x 250, on paved road. Well, large garage, outbuildings. $16,000. Needs plenty of work but could be an excellent home.

READY TO MOVE IN - This fine 4 bedroom home on Victoria St. in Iroquois features beautiful kitchen with stove refrigerator and dishwasher. Electric heating for comfortable living. Attached garage, recreation room 11/2 baths.

FINE COUNTRY HOME just east of Cardinal on No. 2 Highway. This brick bungalow has been kept in immaculate condition deep basement, fireplace in living room, beautiful carpeting. Double sized lot with room for workshop and garden space plus . . . and priced right.

Sales Representative
KEN KIRKBY
Phone 652-4395

ADVANCE NOTICE TO TRUCKERS AND SHIPPERS

HALF LOAD RESTRICTIONS

Half load restrictions will be enforced on all County roads in the United Counties of Stormont, Dundas and Glengarry, during the 1976 half load season, with the exception of:

1) County Road 1 — Between King's Highway 401 and King's Highway 2.
2) County Road 14—Between King's Highway 401 and King's Highway 2.
3) County Road 33—Between King's Highway 401 and the City of Cornwall
4) Country Road 35—Between King's Highway 401 and King's Highway 2
5) All those portions of County Roads in villages and towns serviced by King's Highways.

D. J. McDonald, P. Eng.
Counties' Engineer

BUSINESS DIRECTORY

AQUARIUS HAIR STYLING

Hair Styling for Women and Men
Iroquois Shopping Plaza
Prop. - *Liz Asselin*
652-4466

For Your Next Dance
"Funk 'N Rock Boogie Woogie Band"
Specialist In Old Rock and Roll
Phone 989-2899

WEDDING PHOTOGRAPHY
JP's

pictures & prints
543-3060

DIANA'S FLOWER SHOP

SAY IT BEST WITH *Flowers*
MORRISBURG 543-2566


SIZES 5 to 26½
Full assortment of coats, sportswear, gowns, dresses, loungewear and purses.
Edie's
HOUSE OF FASHION
Morrisburg Shopping Plaza

IROQUOIS
ESSO
652-2323
CLIP OUT AND KEEP NEAR PHONE

FOR INFORMATION ON—
LIFE INSURANCE
INCOME PROTECTION
RETIREMENT PLANS
— CONTACT —
ROGER COULTER
438 Beach Ave., Iroquois
Phone 652-4535
Representing The Prudential Insurance Co.

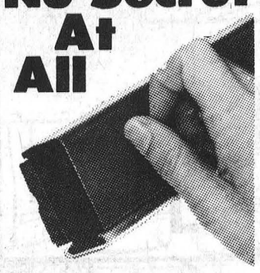
Edward Beckstead
BUILDING CONTRACTOR, GENERAL REPAIR WORK
PHONE 652-4726
R.R. 2 BRINSTON, ONT.
26-tfc

ROBERT BOYD
SEPTIC TANK SERVICE
Pumping, Cleaning and Repairs
24 Hrs. Emergency Service
R.R. 3 PRESCOTT, ONT.
925-5341

MOHAWK TRADING POST

ANTIQUES and BARGAINS
Buy, Sell, Trade, Swap, or What-have-you
652-4895
1½ Miles West of Iroquois On Highway 2

WHEN Plannin' A New Home
Plannin' A New Cottage
Plannin' A Renovation
Plannin' See LANNIN
H. S. LANNIN LTD.
GENERAL CONTRACTORS
Phone 774-2830 - Winchester

No Secret At All

WE GIVE FAST SERVICE ON
RUBBER STAMPS
For a Good Impression See Us
The Iroquois Post
Phone 652-4806

MODERN ELECTRIC MOTOR SERVICE

All types and makes of motors and pumps repaired and rebuilt
New & Used Motors for Sale
PHONE 925-5179
J. L. BUEHLOW, PROP
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Public Notices

NOTICE TO CREDITORS

PERSONS having claims against the estate of EDNA MARY WHITTLE, late of the Township of Matilda, in the County of Dundas, Widow, who died on or about the 27th., day of August, 1975, are required to file proof of claim with the undersigned solicitors by the 25th., day of February, 1976, after which date the estate will be distributed with regard only to the claims of which the Executor shall then have notice.

DATED at Brockville, Ontario, this 22nd., day of January, 1976.

HENDERSON, HART, JOHNSTON, FOURNIER & ALGIE
Barristers and Solicitors,
61 King Street East,
Brockville, Ontario,
K6V 1B2.

Public Works Canada / Travaux publics Canada

INVITATION TO TENDER

SEALED TENDERS for the projects or services listed below, addressed to the Manager, Finance and Administration, (National Capital), Department of Public Works, Room 108, 66 Slater Street, Ottawa, Ontario, K1A 0M3 and endorsed with the Project Name and Number, will be received until 3:00 P.M. on the specified closing date. Tender documents can be obtained through the Plan Distribution Office, Room 110, 66 Slater Street, Ottawa, Ontario, K1A 0M3 on payment of the applicable deposit.

PROJECT

No. 77219 — Marine Base Complex, Ministry of Transport, Marine Services Branch, Prescott, Ontario

Tender documents may also be seen at the Construction Association offices in Ottawa, Hull, Montreal and Toronto.

Closing date: Tuesday, February 17th, 1976

Deposit: $250.00

BID DEPOSITORY: Sub-contractors for Mechanical and Electrical trades shall submit their tender through the Ottawa Valley Bid Depository, 196 Bronson Avenue, Ottawa, Ontario, not later than 3:00 P.M., Friday, February 13th 1976, in accordance with the "Standard Bid Depository Principles and Procedures for Federal Government Projects", second edition, April 1st, 1970.

INSTRUCTIONS

Deposit for plans and specifications must be made in the form of a certified cheque, drawn on a bank to which the Bank Act or the Quebec Savings Bank Act applies, payable to the Receiver General for Canada and will be released on return of the documents in good condition within one month from the date of tender opening.

To be considered, each tender must be submitted on the forms supplied by the Department and must be accompanied by the security specified on the tender documents.

The lowest or any tender not necessarily accepted.

W.R. Ewing,
Manager,
Finance and Administration,
(National Capital).

Classified Advertising Rates

All forms of classified advertising: For Sale, For Rent, Wanted, Cards of Thanks, Engagements, Birth Announcements, Coming Events, etc. are 5c per word (Minimum of $1.00 for 20 words or less for the first insertion and 4c per word for additional insertions (Minimum of 75c)

All classified Advertising is on a cash basis only. Advertisments may be taken over the phone or by mail if you have established a standing account with us and these will be subject to a 25c service charge.

In Memoriams $1.50 minimum (includes 4-line verse) plus 50c per 4-line verse thereafter.

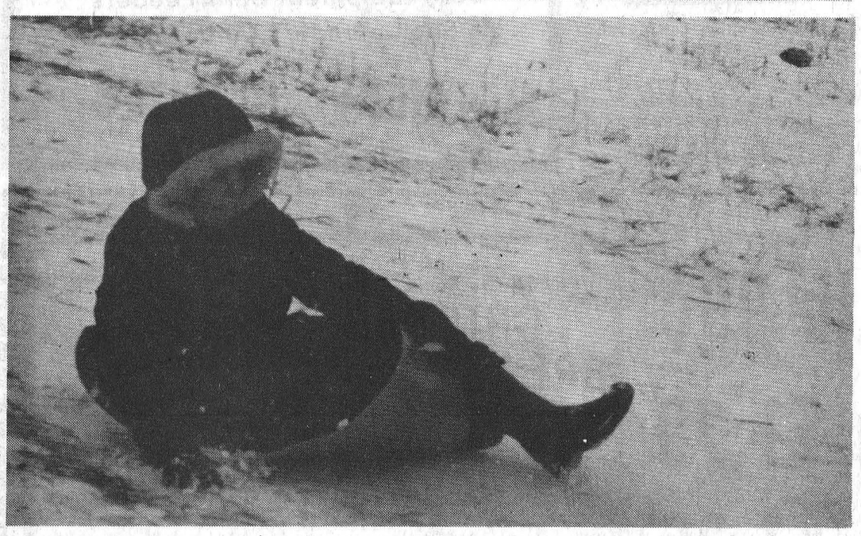
Wedding and engagement announcements, when accompanied by a photograph are charged at $4.00 per picture.

Deadline for Classified advertisments is 11 A.M. Tuesday of week of issue.

The Iroquois Post
Wednesday, February 4, 1976
2
Published Every Wednesday by
Iroquois Printing Ltd., Box 400
Iroquois, Ont.

More Than One Way To Go Down A Hill



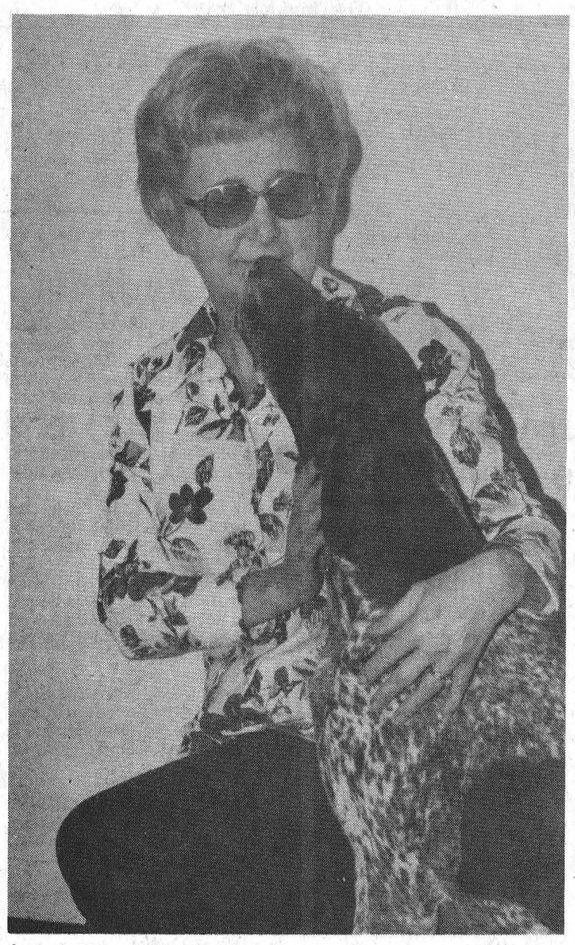






Post Staff Photos

Last Sunday's milder weather brought out youngsters with a variety of equipment, all of it designed for downhill travel. But some children can't be bothered to use the conventional methods and just use what comes naturally.



Isobel Shaw and Adam's mother, Grindl, herself a prize winner.

Post Staff Photos

International Recognition For Local Pointers



Irving and Isobel Shaw take a moment to play with "Adam", one of the prize winning German Short Haired Pointers that they are raising at their Lakeshore Drive home.

If you've ever wondered what it is like to live with a celebrity in the house, ask Irving or Isobel Shaw. They have several well-known and respected celebrities at home and they're all German Short-Haired Pointers. The Shaws have been raising and showing the dogs for the past 9 years and have collected literally hundreds of ribbons, trophies and awards at dog shows as far away as Bermuda.

Of the dogs that have been shown over the years, the most impressive record has been piled up by a young male, Adam Treu of Dobroyd Hall. Adam, as he is called has been selected by the magazine "Dogs Annual" to represent the breed, as a model of what the ideal German Short-Haired Pointer should look like. "Dogs Annual" is a breeder's directory, published for the benefit of people who are looking for purebred dogs. It is sent to every member of the Canadian Kennel Club and is also available for sale to the public.

Adam has also picked up 12 group firsts (meaning that he was the best dog of his type in the show) three Best-in-Shows (the overall best dog in the show, regardless of breed) and a Canadian- American - Bermudian Championship. The win in Bermuda was one of the most memorable occasions for Irving and Isobel because Adam, who was sent to Bermuda with his handler, Harold Butler of Montreal, returned home with three firsts in the Sporting Group in a show that provided some of the toughest competition that North America can provide.

For the Shaws, raising the dogs began when they decided to show one that they had as a pet, and, encouraged by their success, they went on to breed and show a number of prize winning dogs.

The German Short-Haired Pointer is known as an all purpose gun dog which can point out game birds, flush them out of the bush, and retrieve them after they have been shot. The dogs are very versatile, since aside from being excellent gun dogs, they are dependable watchdogs and family pets.

Dobroyd Hall is the name of the kennel that the Shaws operate and the name has been registered with the Kennel Club so that it cannot be used by anyone else. Dobroyd is another way of saying "horse-yard" and is taken from the name of an old coach house that was built in the 1500's on the grounds of the English farm where Irving's father was born.

In 1973 when Adam Treu was only a pup, he took part in a specialty show for only German Short-Haired Pointers, held in New Jersey. It was the best showing anyone could have hoped for, with Adam winning the "Best in Puppy Sweepstakes" and coming second for the "Best in Show." He competed against 175 entries in the show and won the "Best Puppy Award" out of a field of 136 dogs. He lost out on "Best in Show Award" to an adult dog, reputed to be one of the top few in the United States.

Sometime next month a litter of purebred Pointers will be born at the Shaw's new home on Lakeshore Drive. They'll have fine surroundings to grow up and be trained in, with over ten acres of land to exercise on. Since moving to their new home, Irving has built a kennel for the dogs, capable of providing separate quarters for 8 or 10 dogs. Each dog has a warm, dry, heated living space and an outdoor exercise area. The new pups have been sired by a German Short-Haired Pointer from a top American Bloodline and will be trained by Irving to uphold the legacy of Dobroyd Hall winners.

10 Point Lead for Lions

by Lynn O'Brien

Morrisburg Lions clinched first place over the weekend with their 8-3 win over the Saints, with the playoffs due to start February 22nd.

Friday night the Lions were hard pressed to pull a 3-3 tie out of the game in Prescott. Tim Elliott gave the Saints the lead at 13.16 of the first period, with Brian Rutley tieing the game at 14.53. Tim Murdoch gave the Saints a 2-1 lead at 11.28 of the 2nd period when he put one past Don McNairn.

In the third period Kevin Wells tied the game at 4.42, with Peter Lapensee giving the Saints a 3-2 lead at 8.17. Wells scored his second goal of the game, at 14.28 to tie the game at 3-3.

Sunday afternoon the Lions were back on an even keel when they defeated the same Prescott Saints 8-3, leading 2-1 after the first period and 4-2 after the second. Chuck Lawlor led the attack with a hat trick, a pair of goals by Bob McNairn, and singles by David Cassell, Kevin Duvall and Paul Doney completed the scoring. Scoring for the Saints were: Kim Hansen, Tim Elliott and John Biccum. Referee Greig Moore handed the Saints 11 minors and 2 majors, and assessed the Lions 14 minors, 3 majors, and a match to David Cassell.

The 1/2 and 1/2 draw of $58 is unclaimed as this is written. Anybody with ticket no. 45220 contact Charlie's Sport Shop.

The Lions have 3 away games before they meet Alexandria here on February 15th.

Search for Farm Buildings in Eastern Ont.

"We are most anzious that every part of this province be represented in the Ontario Agricultural Museum". So says R.W. "Bob" Carbert, General Manager of the Ontario Ministry of Agriculture and Food's 92 acre project near Milton. "We want every person in Ontario to be able to feel at home when they visit the Ontario Agricultural Museum, and this can only be achieved if we have buildings, artifacts, equipment and tools that are representative of every part of this province" . . . "We are especially anxious to have at least one set of early farm buildings which originate in Eastern Ontario, for this was one of the earlies areas of settlement, and has many interesting traditions".

The Ontario Agricultural Museum is being developed in the central part of Ontario, on the south side of the MacDonald Cartier Freeway (Highway 401) just west of Milton, in order that maximum exposure to the public can be achieved. The site has been made ready for development with roadways, water and hydro installations completed, parking lots installed, preliminary landscaping carried out, and two sets of public washrooms built. The Main Administration building is in place, and combined with it is a large Exhibition Hall, a workshop, library, Board room and storage facility. Many exhibits are already in place. The public is welcome on weekdays but the facility is not expected to be open on weekends until the summer of 1976. The first set of early farm buildings are now almost completely restored, a second set is being built, and plans for the immediate future include a Provincial Women's Institute Hall, a school, display barns for restored farm equipment, and an Apple Butter Mill.

"During these winter months we are working indoors preparing permanent displays and restoring some of the many pieces of equipment that have been donated to the Museum by interested residents of Ontario.", said the General Manager. "We are also planning for the next few years, and high in our list of priorities is the acquisition of a set of typical early Eastern Ontario log barns. Ideally, we would like to obtain a complete set of such buildings which we could dismantle, move and recreate on one of our farmstead sites at Milton. However, we would not pass up the opportunity to acquire individual log barns, sheds, wooden silos, outbuildings and assemble them on the site according to Eastern Ontario standards. In our total plan, this set of buildings will be one of the first to be seen by visitors as they proceed through the site, and we would clearly identify the original location, the name of the donor, and any pertinent information respecting dates, materials, builders, families who have occupied these farms etc. The Ontario Agricultural Museum wants to preserve this aspect of Eastern Ontario farm life, as a part of the larger picture of Ontario agriculture. I hope there will be prople in Eastern Ontario who will want to help the project along by offering buildings, or giving us information on their whereabouts."

Any such information should be directed to R. W. Carbert, General Manager, Ontario Agricultural Museum, Box 38, Milton Ontario L9T 2Y3 or by contacting the Ontario Ministry of Agriculture and Food office.

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County Correspondence

PITTSTON

Mr. and Mrs. Ralph Cooper, and Mr. and Mrs. Edwin Cooper attended the 25th Wedding Anniversary on Saturday evening, January 31st, of Mr. and Mrs. George Van Berlis. The party was held in Metcalfe Community Centre and were former neighbors of the Coopers.

Mr. and Mrs. Larry Conlin and family were dinner guests Saturday evening with Mr. and Mrs. Gerry Webb and family.

The Pittston ladies met at the home of Mrs. Willis Montgomery and quilted a crib quilt with a delicious dinner at noon, by the hostess. When finished it was presented to Mrs. Carl Smith, for her infant son, David.

Mrs. Lila Gardner enjoyed a Birthday dinner party at her daughters, Mr. and Mrs. Ed. Cooper and James on January 21st. Her son David, Toronto called in the evening.

Mr. and Mrs. Ralph Turner visited Mr. and Mrs. Wallace Anderson on Friday.

Mrs. Clarence Marlatt visited Miss Annie Tindal, Cardinal, Thursday afternoon, also Mrs. Rodger Richardson.

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SHANLY

Mr. and Mrs. Randy Bilz and boys spent the weekend in Ottawa with her grandmother Mrs. Elizabeth Holtz.

Mrs. Etta Dillabough was a recent visitor with Mr. and Mrs. Harry Knapp of Brockville.

Miss Bonnie Gilmer, Smiths Falls spent the weekend at her home here.

Mr. Mitchell Rannie of Tweed called on Mr. and Mrs. Earl Pitt on Tuesday and visited his mother Mrs. J. Rannie who is quite ill in Kemptville Hospital.

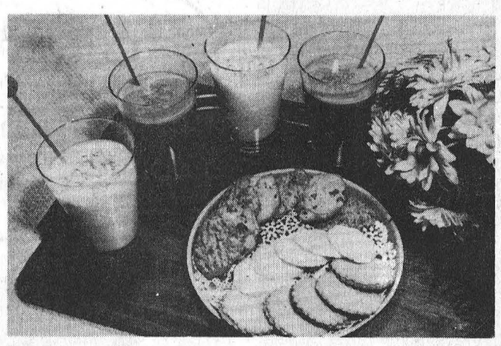
Mrs. K. Matthie and Ruth of Algonquin visited her parents Mr. and Mrs. J.S. Wallace on Wednesday.

Mr. and Mrs. R. Kearns and Kylie of Prescott visited her parents Mr. and Mrs. L. Pitt on the weekend.

Mr. Charlie Thorpe had the misfortune of breaking his wrist in a fall on the ice last Tuesday. He now has it in a cast. Hope it heals nicely.

Saturday dinner guests with Mr. and Mrs. Fred Stubbs were Mr. and Mrs. W.A. Scotland and daughter of Ottawa.

The film "Thief in the Night" sponsored by the teenage Sunday School Class was well received by a full house on Friday evening January 30.



Does your tummy ever grumble at you?

If it didn't hit you this morning, it'll probably hit you one day sooner or later – THE GRUMLES that 11 o'clock-in-the-morning message from your tummy saying "I'm hungry". Once it starts, that's it. You look at the time. Still ages until lunch. You start looking for something to nibble on (fattening, of course). Your mind wanders off what you're doing. You slacken off. Then, bang. Before you know it, the morning's gone, and you've hardly got anything done. THE GRUMBLES have got you!

What you need is a way to put together a good breakfast in no time flat, to stop the GRUMBLES getting you and your family. And the amazing thing is, you've probably got the things to do it at home right now.

Just suppose you hard-cooked a half a dozen or so eggs during the evening while you're cooking dinner. That's easy. You put them in the fridge, and next morning you can give everyone a delicious breakfast of hot, buttered toast to eat with one or two eggs, some fruit juice, and coffee, tea or milk. That takes practically no time flat, and there's hardly any cleaning up to do either.

Another idea, which is especially good for trying out on your children, is the PEPTAIL. It's like an egg nog, but it tastes just like ordinary orange juice. All you do is beat an uncooked egg into each glass of orange juice with a fork, and serve it. You really can't taste any egg, but you are getting all the goodness.

So, don't let THE GRUMBLES get you. Get a good breakfast.

Seaway Dancers Do Well in Cornwall

Cornwall's St. Lawrence College was the scene of a local competition of the S.D.&G. Highland dance association on January 17. Gayle Robertson's entries came back with more than their share of medals and ribbons.

Following are the results of the Iroquois, Morrisburg students

Baby Class - Karen Craig, 2nd in each of the Fling, Sword & Sean Triubhas. Lori Hart, 4th, in the Fling.

Beginners 10 and Under - Hali Adair, 1st in Fling; 4th in Sword. Lisa Robinson, 3rd in the Sword & 5th in the Fling. Julie Waddell 2nd in the Sword.

Beginners 11 & over - Rondalyn Adair, 1st in the Sword and Hornepipe; 2nd in the Irish Jig, 3rd in the Fling and Sean Tribhas, 4th in the Sword.

Beginners 11 & over - Marilyn Robinson 1st in the Fling and 3rd in the Sword Dance

Novice 10 & under - Tracy Gilmer 3rd in the Sean Triubhas.

Novice 11 & over - Rondalyn Adair 1st in the Sword and Hornepipe;

Intermediate 10 & under - Kendra Adair, 3rd in the Fling and Sean Triubhas and 4th in the Sword.

Open 10 & under - Cindy Patterson, 2nd in the Fling and Irish Jig, 3rd in the Sean Triubhas, 4th in the Hornepipe and 5th in the sword dance.

Other entries were Cheryl Styles and Natalie Edwardson.

Bird Notes

by E. G. Avery

At this time of the year, the great Groundhog controversy rages throughout the land: did he, or didn't he? It used to be said that Mr. Groundhog would awake from his winter sleep on the second day of February, and rush to his door to look for his shadow. If he saw it, he would go back to bed, and we would have six more weeks of winter; if no shadow was visible, he would stay awake, and we could expect an early Spring. All this had to take place before noon, so by these standards, in our area at least, Spring is just around the corner. It's a nice thought.

As if to give some substance to the story, we've had an interesting report of a large flock of Crows, seen in Kemptville area. 35 Crows at one time certainly is an unusual sight to see in February.

Our favourite winter finches, the Redpolls have arrived on the scene, and are cheering up the bird-watchers around town. Redpolls are friendly little things and one wonders how such tiny birds can find their way around this big cold world; they must have a plentiful supply of the instinct that tells them what to do. We noted that they are constantly twittering, as they feed, and their voices sound like the sweetest Music, after listening to the efforts of Bluejays and Grosbeaks!

Downy and Hairy Woodpeckers have been seen and "El Shriko" still haunts a tall tree on Carman Rd.

The variety of bird-feeders is becoming wider each year, with the growing interest in helping the wild birds to survive the winter. There is a very specialized type known as a Satellite, a free-swinging affair, which according to a lady who lives on Caldwell Dr., is a delight to the Chickadees - they think it is the greatest thing since the suet ball.

CORRECTION

An obituary in last week's Post listed Ivan McKensy Casselman as having pre-deceased his wife. This was incorrect and we apologize for any embarassment or inconvenience it may have caused Mr. Casselman.

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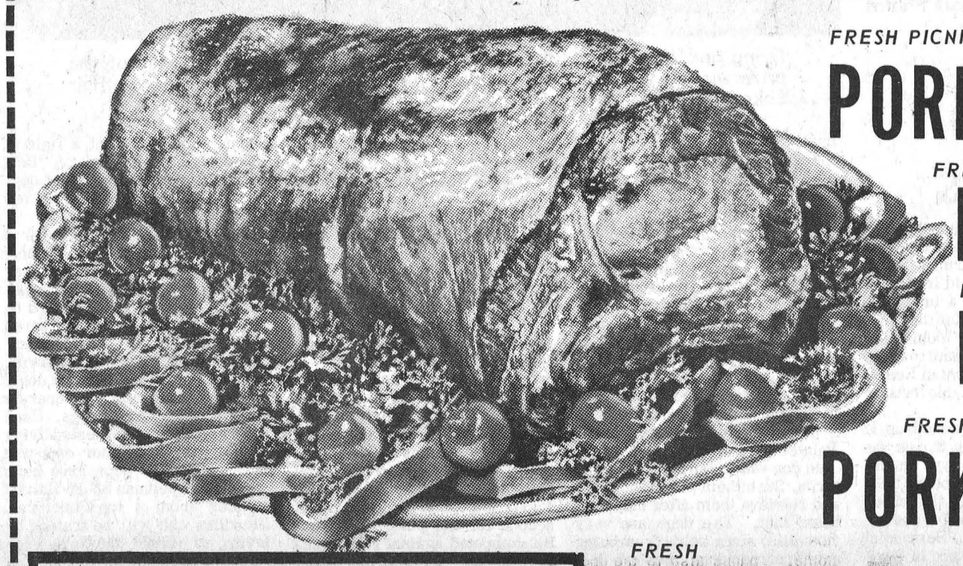

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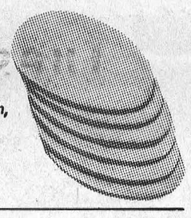

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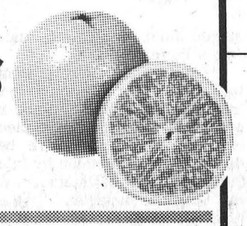

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County Board of Education

S.D.&G. Curriculum Model Cited by Minister of Education

The Inaugural Meeting of the Board was held prior to the Regular Meeting of January 13, 1976. Mr. S.W. Libbey and Rev. Fr. R. Villeneuve were acclaimed as Chairman and Vice-Chairman respectively, and will be serving a second one year term.

Director Leger pointed out that the Hon. T. Wells had presented his report for the fiscal year 1974-5 to the Legislative Assembly recently, and that there was mention made of the Stormont, Dundas and Glengarry Curriculum model therein:

"Regional Office professional staff are available to help board personnel develop expertise in the areas of curriculum development and assessment, school organization and management, and school business and finance. Curriculm staff act as resource people on board curriculum committees. The Stormont, Dundas and Glengarry County Board of Education has developed an overall plan for developing and evaluating curriculum from Kindergarten to Grade 13. The plan, which involves six task forces who review the major areas of study, is designed to provide a mechanism for responding to provincial goals and policies and jurisdictional responsibilities. Each of the taks sponsibilities. Each of the task forces includes a member of the professional staff of the Ottawa Valley Regional Office."

As a result of its meeting held on December 10, 1975, the French Language Advisory Committee reported to the Board and invited one of the trustees to join its sub-committee, now considering the question of health services in Ontario available in the French Language and to assist in the preparation of a brief for the Ministerial Committee investigating this very germane question.

The Hon. T. Wells met on December 18, 1975, with all Chairmen of School Board and Directors of Education in the Province of Ontario to outline the financial position of the Ministry of Education for the year 1976. While it is impossible at this time to determine the exact impact this revised it is impossible at this time to determine the exact impact this revised legislative grant programme will have, since some pertinent factors are still missing, the Board was able to review the general intent of the Minister's speech and relate the implications to S.D.&G. It appears at the present time that the indicated increase on the grant in ordinary expenditures will be offset to some extent by the revision attached to extraordinary expenditures. Unless there is a sufficient growth in assessment to offset any increased cost in 1976, it seems that there will be a resultant increase in mill rates for all local taxpayers.

A pilot project using forty teacher volunteers in twelve schools and special resource persons, has been organized to develop a mathematic core continuum.

The Mathematics Core Continuum is not a new programme im mathematics, neither does it lay down method of teaching mathematics: what the continuum does is arrange in order of complexity from K to Grade 10, those concepts which underlie the basic skills in the fundamental operations; addition, substraction, multiplication, division and fractional numbers, and provide a series of tests at key points along that continuum which will reveal pupil mastery, pupil progress, and pupil problems related to essential objectives.

In using the continuum, which covers approximately 50% of the programme in the classroom, the teacher will be able to apply a diagnostic-remedial approach to the teaching of the basic skills.

The information supplied through the use of the continuum and the accompanying placement survey, will allow the teacher to identify pupil problems and the concepts which must be strengthened in order to overcome the problems and it will also allow the teacher to show the pupil, his parents and his next teacher, the level of mastery obtained in each of the operations.

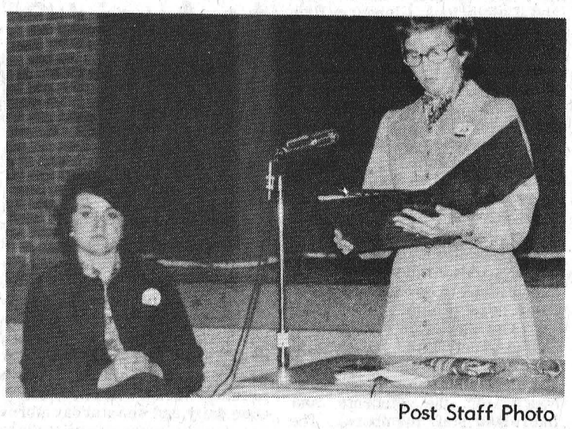
This special project in the field of mathematics is one part of a general approach to essential objectives in all skill development areas, which forms one of the bases of the approach to curriculum, development and evaluation adopted by The Stormont, Dundas and Glengarry County Board of Education.

Dr. R. Gardner, of the University of Western Ontario, who was commissioned by the Secretary of State to evaluate the Summer Intensive French Programme at Kemptville., was present at the Board Meeting to deliver his findings. It was reported by him that there was a marked increase in fluency among all groups tested. This being one of the main goals of this innovative programme it can be said that its achievements were satisfactory. A very interesting discussion followed with members of the Board investigating with Dr. Gardner such items of common concern as the amount French taught daily and the proper age at which to introduce French instruction.

All Trustees have been invited to meet with the Hon. T. Wells, Minister of Education, January 27, 1976 in Ottawa to discuss the Government restraint programme, as well as the Ministry of Education's priorities for 1976. Due to the late hour of this meeting, it was dedided to cancel the Regular meeting of January 27, 1976.

A Committee of Trustees composed of Mrs. Findlay, Mr. Mellan and Mr. Thompson, has been appointed by the Chairman of the Board to study the plans submitted for the South Dundas Planning Area and they have been requested to make their recommendations known to the Ministry of Housing.

Catholic PTA Hear Alliance for Life Speakers



Post Staff Photo

What is life? How highly do we value it? When does human life begin?

These and other vital questions formed the topic of St. Mary's St. Cecilia's Parent Teacher meeting held at the Iroquois Civic Centre.

The meeting was conducted by two representatives of the Pro-Life Organization in Cornwall, Mrs. Dorothy Forrester and Mrs. Mary Mc Cloud. Their information was given in the form of a slide presentation followed by questions from the audience.

With the belief that life begins at conception, there is no doubt that any means to kill this life is violating the God-given right to life.

Members of the Alliance for Life Organization are people in our Society dedicated and committed to the protection of human life. While abortion is their major thrust at present, they are concerned about the right of humans to live at any stage of life. They are deeply concerned about the slow erosion of the right of any person to live, whether unborn or born. It is for this reason, that their emphasis is placed on the scientific, medical and social aspects of abortion - where the value, dignity and right to life of each individual is at stake.

PUBLIC AUCTION

OF FARM LIVESTOCK

1 Mile South of Shanly and 1 Mile West on the farm known as the Allison Cook farm.

on Saturday, February 7 at 1:30 p.m.

1 Hereford-Holstein, due about sale time; 1 Jersey Heifer (springing); 3 Holstein Cows due in April; 2 Holstein Heifers due in May; 9 Holstein Heifers 1½ years old (open); 5 Ayrshire Heifers 2 years old (open); 3 Holstein Heifers 1 year old; 2 Hereford Heifers 1 year old; 2 Charlois Heifers 1 year old; 4 Hereford Cows, due in April and May; 3 Jersey Cows (springing); 3 Hereford Bulls (1 year old).

TERMS — CASH

FRED CONDON, Prop.
MAHLON ZERON & HUGH FAWCETT, Auctioneers

IROQUOIS WINTER CARNIVAL



Tuesday, Feb. 3rd
8:00 p.m. - Legion Hall
- Legion Auxiliary Eucre Party

Wednesday, Feb. 4th
AMATEUR NIGHT
CANCELLED

Thursday, Feb. 5th
8:00 p.m. - Iroquois Civic Centre
Iroquois Lions Club Presents
AIRPORT
starring Dean Martin, Burt Lancaster, Helen Hayes, Van Heflin, and Dana Wynter
in COLOUR rated for General audiences

Friday, Feb. 6th
7:30 p.m. Haddo Snowmobile Club
Torch Light Parade
(beginning at Golf Club)
ALL SNOWMOBILES WELCOME
For the safety of everyone, a rider should carry the torch.
8:00 p.m. - Iroquois Civic Centre -
Scottish Troupe
featuring
The Seaway Dancers
with Jim & Ed. Bush
Spencerville Pipe Band
Anne-Marie Smith
Roma MacMillan
9:00 p.m. - Seaway District High School Dance

Saturday, Feb. 7th
12:00 noon - Legion Snowmobile Rally
1:00 p.m. - St. John's Guild Childrens Film
3:00 p.m. - Inter Council Snowball Competition
9:00 p.m. - Firemen's Dance
DOOR PRIZE - Tickets available from Firemen

Sunday, Feb. 8th
1:00 to 3:00 p.m. - Tobogganing at Iroquois Point
2:00 to 4:00 p.m. - Public Skating - Cardinal Arena
Bus leaves Johnny's Spot at 1:45, returning at 4:15
4:00 to 5:00 p.m. - Firemen vs. Iroquois Girls Broomball Team
5:00 to 7:00 p.m. Bean Supper at Arena
at the Arena Sponsored by P.Y.P.S. – tickets $1.50 at the door
Bus leaves Johnny's Spot at 4:45, returning at 7:30
5:00 to 6:00 p.m. - Minor Hockey - Atoms
6:00 to 7:00 p.m. - Minor Hockey - Pee Wees
7:00 to 8:00 p.m. - Minor Hockey - Bantams
8:00 to 9:30 p.m. - Iroquois Old Timers vs. Berwick
Bus leaves Johnny's Spot at 7:45, returning at 9:30

CARDS OF THANKS

Iwish to thank my neighbours, friends, and relatives for visits cards and phone calls while in hospital and since I have been home. Thanks also to the doctors of St. Lawrence Medical Clinics, nurses and staff of 2nd floor Winchester Memorial Hospital.
Edward Payne 33 1 P

I would like to express my thanks and appreciation to my family, grandchildren and good neighbours for their many acts of kindness shown me when I was ill at home and a patient in Winchester Hospital.
To all who called to see me, those who remembered me in their prayers, to the clergy who comforted me; also for flowers treats and many cards received. My special thanks to the Lakeshore United Church Sunday School and the S.S.S. class for their kind remembrance. To the Senior citizens clubs of Morrisburg, Good Companions, Helping Hands, Ingleside, Maxville, Winchester, Moonlight Chapter O.E.S.I. again say sincerely "Thank you."
It has been said "A world without friends, is like a garden without flowers and truly my garden was full of flowers. True friends are like diamonds, precious and rare."
To Dr. Domanko and Dr. Chande and the staff of Winchester Hospital, my thanks and appreciation for their excellent service.
Chas. W. McInnis 33-1c

I would like to thank everyone who remembered me with cards and visits while I was in Winchester Hospital. Special thanks to nurses of 1st floor and to Dr. Chande and Dr. Barton.
Jean Tschoumy. 33-1p

I wish to thank everyone for their visits, cards, letters and flowers, while I was a patient in Kingston General Hospital. Special thanks to the neighbours for their help at home while John was sick. We both thank you for your kindness.
Mae Wylie 33-1p

I would like to say a very sincere thank you to everyone who remembered me while in the hospital by their visits, cards, gifts and to those who helped out at home in any way for my family. Also thanks to Dr. Domanko and the nurses for their care. May God bless you all.
Jessie Geurkink 33-1c

Peanuts By Charles Schulz



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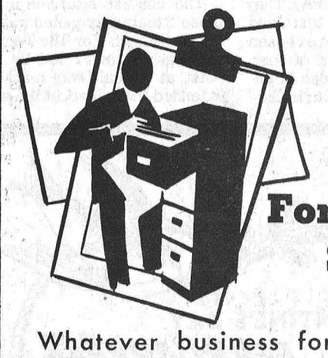

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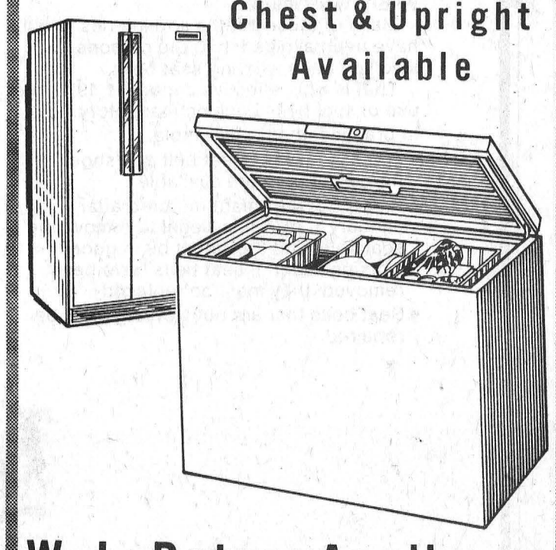

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Safety Awareness for Seaway Students

The Seaway student body was recently involved in a Safety Awareness Program sponsored by the Industrial Accident Prevention Association, (IAPA). They were subjected to two tests and the top eight students were chosen to make up two teams of four players. Team #1 included Allen Brais, Nancy Graham, Chris Gleeson, and Mary Smit. Team #2 was comprised of Steven Byvelds, Bill Barkley, Mike Fox, Arthur Marcellus.

The contest situation in which these 2 teams competed was similar to "Reach For The Top", and although Team #2 led by only 1 point at the half-way mark, they extended their lead in the second half and were victorious by a margin of 34 to 28.

Mr. McAllister acted as moderator, while Mrs. Hasson, Mr. Labelle and Mr. Chartrand were the judges. As coach of the winning team Mr. Chartrand will accompany his team to the next stage of competition to be held at General Vanier School in Cornwall, Tuesday 27 of January.

In this competition, they will face the General Vanier Team and if victorious, Glengarry High School.

To be Provincial Champions, the team must succeed against the Ottawa area, Kingston area, Toronto area, and finally against the Western part of the Province. The competition is stiff, and the competitors keen.

The IAPA has made money prizes and other incentives available and underwrite all charges incurred.

Congratulations to the runners-up for a good solid challenge and best of luck to Seaway's "Safety Awareness" Team!

"The Cockeyed Cowboys of Calico County" was exactly that! This comedy was shown at Seaway over the course of three lunch hours for the students and interested staff members. The film was well-attended and enjoyed by all. As a result of this it has been decided that more films will be shown in January, including "Never Give A Sucker an Even Break!" "How They Made The Grand Prix", "Gale is Dead", "Son of Flubber", and "The World of Abbot and Costello".

The idea of showing films during the lunch hours was first suggested when a complaint reached the Student Council, concerning the lack of activities during the lunch period. Since the film was enjoyed by the teachers as well as the students, a special invitation is extended to the community. The films begin at 12:25 and finish at 1:00. The showing of these films usually last 2 or 3 lunch-hours depending on the lengths of each.

S.D.H.S. has volunteered to hold a Heart Fund Drive on the weekend of February 14, from 2 - 4 p.m. Call backs will be held between 7 - 8 p.m. on Sunday February 15, 1976.

The money obtained from this drive will be forwarded to scientific research, machines, and other fields of science.

Recently in Cornwall Seaway's senior boys basketball team was defeated by General Vanier 46-36. Top scorer, Lance Valcour, led the team with 11 points.

Seaway's junior basketball team was also defeated by General Vanier 71 - 27. Top scorer, Scott Cordon, led Seaway with 7 points.

On Friday, January 15, Seaways girls volleyball teams travelled to St. Lawrence High School in Cornwall where the first two matches of the Tri-County tournament were held. The juniors won matches against North Dundas and C.C.V.S. They also lost to Osnabruck and St. Lawrence. Seaway's senior girl's team defeated North Dundas and Osnabruck. They lost to C.C.V.S. and St. Lawrence. We wish them luck in their tournament on February 10.

On January 30 and February 1 the International-Mixed Curling Bonspiel will be held in Utica, N.Y. Seaway is sending 2 mixed teams to compete with 12 Canadian and 12 American school teams.

Update: The Safety Contest team won their matches against Vanier and Glengarry High Schools on January 27. They now go to Ottawa to compete against Colonel By High School on February 2. Best of luck team!

Buy License Now to Avoid Crowds

There's not much time left to get your 1976 car license renewals if you want to avoid the last minute line-ups. A spokesman at the Morrisburg Motor Vehicle License Agency reports that sales have been slow so far, but are beginning to pick up.

The Morrisburg office sells in the area of 5000 registrations per year to motorists and dealers all along the Seaway and as far north as Winchester. This year's deadline is still February 28th since the 29th is a Sunday. With business beginning to pick up, motorists can expect to encounter line-ups at the Morrisburg office in future weeks. The office is open daily and on Saturday mornings for the convenience of those who can't make it in during the week.

Rates for vehicles have remained the same this year with registration for a 4 cylinder car at $23, 6 cylinder cars at $32, and 8 cylinder cars at $40. There has been a rise in the fees for uninsured motor vehicles, which have gone up from last year's charge of $40 to $60.

Snowmobile registrations which are handled at the same office are down from last year with only about 600 sold this year as compared to last year's figure of about one thousand. Snowmobilers are reminded that the law requires each snowmobile in the province to be registered. Registration is free, but there is a $10 license fee if the machine is to be operated off the owner's property.

Local Badminton Player Earning Points in College

Robin McIntosh of Iroquois has made good use of his experience with the local badminton club to earn points for St. Lawrence College in Inter-collegiate play. In the college tournament in Peterborough in January, Robin won the singles title over his competitors from the Lindsay campus of Sir Sanford Fleming College cy a score of 21 to 15. In the second match against Ottawa's Algonquin College, the score was again 21 to 15, and the third match saw a decisive 21 to 5 victory over the Peterborough campus of Sir Sanford Fleming College. Robin was playing for St. Lawrence College Cornwall campus.

In the finals of the college tournament held in Belleville, Robin won his first two matches but lost in the final round by two points to the Kingston campus of St. Lawrence College.

Births

January 20/76 Mr. and Mrs. Harry Lewis, Cardinal, Ontario. A Daughter.

January 21/76 Mr. and Mrs. Hubert St. Pierre, Winchester, Ontario. A Son.

January 26/76 Mr. and Mrs. Larry Reddick, Iroquois, Ontario. A Daughter.

TODAY'S HEALTH

Ready to stop smoking? Then pick a Q-Day

by David Woods

It was Mark Twain, I believe, who said giving up smoking was easy — he'd done it hundreds of times.

Not so much giving it up, but giving it up forever. That's the real problem for cigarette addicts.

I know. I've quit for as long as one whole year. The physical longing for a deep draught of comforting smoke goes away within a few days; the smugness over newfound virtue lasts a little longer. But then comes the false sense of security with which, months later, you accept "just one" cigarette because you believe you can take it or leave it.

Before you know it you're hooked again.

That's why it's hard for me to write this column. I have not smoked a cigarette for two months. I don't cough. I feel great. Food tastes better. And on top of all that I've apparently added about 10 days to my lifespan for each month of not smoking — and about 10 dollars a week to my bank account.

Each smoker has to decide whether to ease out of the habit gradually, smoking fewer cigarettes each day, or to quit outright, cold turkey.

Each has to decide how to cope with the vacuum created by giving up smoking. This may mean chewing gum, or cutting out (at least for a while) items previously inseparable from cigarette smoking, such as coffee.

But all would-be givers up of the cigarette habit — those, anyway, who want to stop smoking *forever* — have to psyche themselves up for Q-day. The quitting date.

List the reasons for your decision, and there are many compelling ones. The chance of contracting heart disease, emphysema, lung cancer and a whole series of other ills is sharply reduced by abandoning cigarettes. The likelihood of your children smoking is much less if you don't. And on the economic front, a pack-a-day smoker who quits will save enough in a year to pay for a winter break in the Caribbean.

Oh, and tell people of your plans. The fact that others know you're quitting will help to strengthen your will. When Q-day comes, remove all temptation to smoke. Throw out any remaining cigarettes. Get rid of matches and lighters. Retire the ashtrays.

And then get busy so you won't think about cigarettes. Read, walk, swim. Do anything to take your mind off tobacco. In two or three days you'll wonder why you ever smoked in the first place. But those days aren't easy and you won't want to go through them again.

Labatt's

cont'd from P. 1

February as part of the village of Winchester Winter Carnival.

Thompson was the overall points winner for the day on January 10th and will have to make as good a showing this Sunday to maintain his position. His Yamaha machine will be up against some stiff competition as snowmobilers from all across Dundas County coverge on the Hulbert dragstrip for a chance at the trophy. Action gets underway at 1 p.m. on Sunday.



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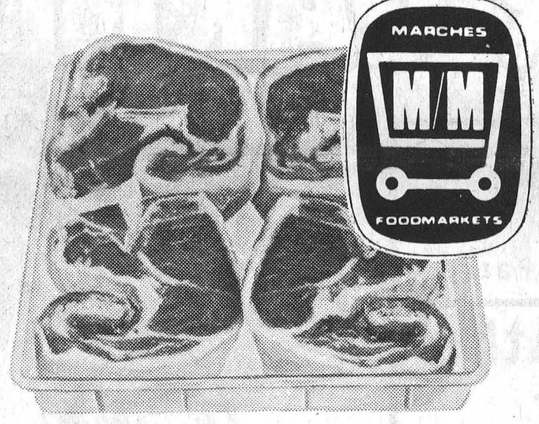

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Allen's Concentrated 48 Oz. Tin Apple Juice 39¢

Top Valu 10 Oz. Tins Tomato Soup 7/$1

Kellogg's Mini Wheat Frosted or Brown Sugar Cereal 13 Oz. Pkg. 83¢

Schick 11 Twin Cartridge Pkg of 5 Razor Blades $1.09

Top Valu Frozen Concentrated 12 Oz. Tin Orange Juice 39¢

Nabob 1 Lb. Bag Ground Coffee $1.29

Admiral 7¾ Oz. Tin Pink Salmon 99¢

Glad pkg. of 10 Garbage Bags 99¢

J-Cloth Pink or Blue All Purpose Towels Pkg of 12 89¢

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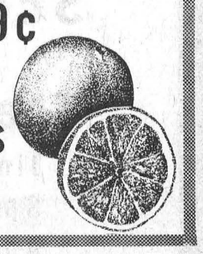
Produce of Mexico No. 1 Grade Tomatoes 29¢



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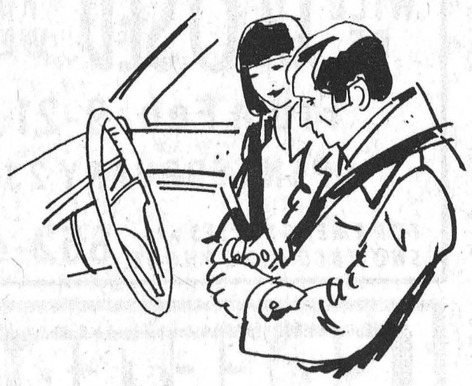
Ontario has a new "Seat Belt Law."

This is what you should know about it.



Last year, 1,304 people were killed in automobile accidents in Ontario. Another 98,673 were injured.

Many of those deaths and injuries could have been avoided, had the persons involved been wearing seat belts.

That is why, effective January 1, 1976, the use of seat belts became mandatory.

In practice, the law is simple:

- You must wear a seat belt and shoulder harness if both are available.
- If your car was manufactured after January 1, 1971, it is illegal to remove the seat belts and they must be in good working order. If seat belts have been removed, they must be replaced.
- Seat belts that are not working must be repaired.
- The shoulder harness is not part of the system in back seats—and need not be installed.
- It is not illegal to carry more passengers than there are seat belts.
- The driver is responsible for all children aged 2 to 15. All adult passengers, 16 and over are responsible for themselves.

There are exceptions:

(1) Children under two years of age.
(2) Persons with a medical exemption certificate from their doctor.
(3) Delivery personnel driving in their drop-off zone at 25 mph or under.
(4) Rural mail delivery personnel.
(5) Convertibles do not require shoulder harness.

The fine for breaking the law is from $20 to $100, plus costs. But life and health are precious, and accidents which cause death or injury to people, or damage to property, cost far more than the fine.

Whether you are a driver or a passenger, from now on you must wear a seat belt. Your Ontario government asks for your co-operation.

For more information, contact:
Public and Safety Information Branch
Ministry of Transportation and Communications
1201 Wilson Avenue
Downsview, Ontario M3M 1J8

Ministry of Transportation and Communications
James Snow, Minister

Province of Ontario
William Davis, Premier