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The Morrisburg Leader

SECOND CLASS MAIL REGISTRATION NUMBER 0842

VOLUME 111, NO. 43. MORRISBURG, ONT., FRIDAY, NOVEMBER 2nd, 1973 SINGLE COPIES 10c

To Open New Section At Morrisburg Library

The collection of Canadian books that forms the nucleus of Canadiana section in the Morrisburg library, will be officially opened next Wednesday night at 8 p.m.

When Morrisburg Public Library became part of Stormont, Dundas and Glengarry County Library, it brought into the new formation an interesting collection of Canadian books, some of which had been out of print for many years. It was decided to use these books as the beginning of a permanent Canadiana section in Morrisburg. — Through the past two years, the county library has added numerous new Canadian books to this collection and it is the intention to continue adding the most important Canadian publications. — These books will be housed permanently in Morrisburg, in contrast to the rest of the stock, which is being exchanged regularly with other branches, to provide the readers with a constant flow of new titles.

Two speakers will address the gathering next Wednesday. One is Mrs. Dorothy Grant, of Cornwall, who has just had her first novel published. Mrs. Grant has been the author of some short stories, used by the Canadian Broadcasting Corporation, and has had poems published in Canadian Forum and Fiddlehead.

Mrs. Grant will speak about the trials and tribulations of authorship, particularly in Canada. Her book "The shifting change" is part of the Morrisburg collection.

The other speaker is Carlton F. "Mike" McInnes, Morrisburg lawyer, councillor of this town and former warden of the counties. He is an avid reader and collector of rare books and will tell about his hobbies in this field. Mr. McInnis was one of the founding members of the county library board.

The meeting will be held in the library, on the second floor of the old high school building. Refreshments will be served.

CPTA Officers Named At First Fall Meeting

At the recent meeting of the Morrisburg - Iroquois CPTA, the new executive was named and accepted. They are as follows: Spiritual Director, Father O'Connor; President, Mrs. June Boulerice; Past President, Mr. Peter Van Moorsel; Honorary Presidents:— Sister M.J. Leonard and Mr. D. Anderson; Vice-president, Mr. Lloyd Lowry, Recording Secretary Mrs. Edith Stewart; Corresponding Secretary, Mrs. Kathy Johnston; Treasurer, Mr. Harry Van Moorsel; Teacher Councillors: — Mrs. Jean Cole, and Miss Rita Algaire; Parent Councillors: Mrs. Barbara Beavers, Mrs. Laura Burgess, Mrs. Joan Jaques, and Mrs. Louise Laframboise.

Father O'Connor explained the roles of the executive to them and then said a prayer on their behalf.

Mr. Ted Van Moorsel is the CPTA's member on the Parish Council.

Sister M.J. Leonard of St. Marys School introduced St. Cecilia's new principal, Mr. Doug Anderson.

Sister Leonard and Mr. Anderson in turn introduced the staff of both St. Mary's School and St. Cecilia's School to the members.

Mrs. Y. Mondoux, Morrisburg and Mr. McCourt, Iroquois showed and explained slides of different activities by the children of both schools last year. The slides were enjoyed by all members.

Our "Autumn Dance" was discussed and is to be held November 10th in the Iroquois Civic Centre from 9 p.m. to 1 a.m. and features "Ian Taylor".

The meeting closed and coffee and doughnuts were served.

Pretty Wedding at St. James Saturday

Standards of white chrysanthemums decorated the altar of St. James Anglican Church for the marriage of Deborah Stata to William Robert A. Gardner of Morrisburg. Rev. Cyril W. Earle performed the 4:00 p.m. ceremony on Saturday, October 27th.

The bride is a daughter of Mrs. Ernest Stata and the late Mr. Stata of Morrisburg. The groom is the son of Mrs. William C. Gardner and the late Mr. Gardner of Morrisburg.

Given in marriage by her uncle, Alton Casselman, the bride chose a floor length gown of white peau de soie over net and taffeta, with empire waiastline, sheath skirt and bouffant sleeves. The entire gown was delicately appliqued with a daisy motif. Her veil, outlined with daisies, fell to a full chapel train. She wore a daisy coronet and carried a cascade of white baby mums and pink sweetheart roses.

Mrs. Norman Steinberg, the bride's sister, and matron of honor, was wearing a long gown of lilac chiffon with full sleeves, empire waist, with matching ribbon and embroidery at the waistline. Other bridal attendants were Mrs. Dale Turner of Iroquois, Miss Cicky Merkley of Iroquois and Miss Gail Casselman, Morrisburg. They wore identical gowns of lilac chiffon with fuschia velvet bodices. All wore floral headpieces, and carried nosegays of white mums and mauve miniature carnations.

Wayne Gollogly of Gananoque was best man. Ushers were Robert Dolan, Belleville and Roger Gollogly of Gananoque.

For a reception for 120 guests at the Flamingo Hotel, Cornwall, the bride's mother chose a floor-length gown of turquoise chiffon with crushed bodice and a corsage of pink and turquoise tinted carnations. Mrs. Gardner, the mother of the groom was wearing aqua chiffon with matching accessories and a corsage of white and aqua carnations. The groom's grandmother, Mrs. Mary Burke of Morrisburg wore a pink sheath gown and carnation corsage.

To travel, the bride donned a tweed ensemble of rose beige and brown with pink turtle neck sweater and contrasting accessories. Her corsage was of pink carnations.

Guests were present from Brandon, Manitoba, Pembroke, St. Catharines, Ottawa, Toronto, Gananoque, Belleville, Detroit, Chesterville, Williamsburg, Cardinal, Port Hope, Cornwall and Williamsburg.

The couple will reside at Morrisburg.

No Smoking Day Proclaimed for November 1st

The newly formed Eastern Counties TB and RD Association has decreed that Thursday, November 1st as "No Smoking" Day in the counties. The new organization, the result of a merging of two extremely active public service groups, St. Lawrence TB and the Respiratory Disease Association, has named Jack McIntosh of Biccum and McIntosh, Winchester Ontario, as chairman of this year's Christmas Seal Campaign.

Mr. McIntosh, in urging the one-day smoking ban, issues the reminder that emphysema is so closely related to smoking that many physicians call it the smokers' disease, and in 1971, 1,445 Canadians died of emphysema.

The "No Smoking" Day is designed as an appropriate manner of kicking off the 1973 Christmas Seal Campaign and everyone is reminded that money raised through the sale of seals plays a major role in the unending fight against the killer disease.

Clinics for asthma, emphysema and other respiratory diseases are being conducted throughout the counties and the new association is joining the National Organization in urging the Minister of Justice and the Attorneys General of all provinces to enforce the Tobacco Restraints Act.

Funds raised through the sale of Christmas Seals will be used in not only to fight the disease but also to combat environmental threats to air pollution and other health hazards.

Everyone is urged to support the campaign with generous donations keeping in mind that in 1971 over 10,200 persons died of respiratory diseases in Canada alone.

This year's objective is $25,000. and cheques should be forwarded to Counties TB and RD Association, Bank of Nova Scotia, Cornwall, Ontario.

Forum for Life at Ottawa Fri.-Sat.

On Friday, Nov. 2 a Forum for Life will be held in the auditorium of Ottawa Technical School 440 Albert St., at 8 p.m.

The panel will include: Dr. Mildred Jefferson, vice-president of the U.S. National Right to Life Committee, an Episcopalian (Anglican) and the first black woman graduate from Harvard Medical School.

Malcolm Muggeridge from Britain author and wit of world wide fame.

Morris Shuminatcher (Regina) President of the Civil Liberties Section of the Canadian Bar Association.

Rev. Bernice Gerard, Pentecostal Assemblies Pastor chaplain at both the University of British Columbia and Simon Frazer University of Vancouver, Moderator of 2 open line radio shows and with real experience of being an unwanted child.

Rally Saturday, November 3.— This event will start at 12:30 p.m. on the Hill. Barbara Breuer-Sipple a widely acclaimed folk singer, well known to American pro-life people will share with us her celebration of life in song.

Esteemed Rector, Wife Honoured on Departure

St. James Anglican Church Hall held a capacity stand-up crowd from all denominations in the area for the farewell reception held Sunday evening, October 28th, for Rev. and Mrs. Cyril W. Earle.

Rev. Earle, who came to St. James, Morrisburg, and to Holy Trinity, Riverside Heights more than 12 years ago, will be leaving to become Hospital Chaplain and assist with parish work at Holy Trinity Church, Cornwall. Mr. and Mrs. Earle will be residing at 45 Mille Roches Ave., Long Sault.

Reeve Earl Baker expressed the regret of everyone at the departure this week of Rev. and Mrs. Earle from the village. Rev. Kent Doe and Canon Sidney Irwin of Cornwall, and Rev. F. L. Howald of St. Paul's Lutheran Church, Morrisburg, spoke briefly.

Lesile Cruickshank, representing the Church Council, presented Mr. Earle with a purse of money from the congregation, friends in the village and others throughout the area. He said "Our lives are richer for having had this family with us for almost thirteen years"

Mr. and Mrs. Earle were presented with gifts from the Sunday School, the Fellowship Club and the local Ministerial Association. On behalf of the Orange Lodge, Mr. Earle was was presented with an honorary life membership in L.O.L. 3127.

Mr. Earle is a Newfoundlander who came to Ontario as a child. He attended McGill University, graduated in Theology, and was ordained in 1934. During his ministry, he served in various parishes in Quebec, and later in the Toronto area, before coming to Morrisburg, with his wife and two sons in 1961. As a Chaplain in the 2nd World War, he served both in Canada and overseas, and as his many friends in the Royal Canadian Legion will testify, he is a man of good humour, sympathy and understanding.

LETTER TO THE EDITOR

HAVE WE "LOST HEART?"

Editor, Morrisburg Leader.
Morrisburg, Ontario.

Dear Sir — I unhappily report the results of the meeting of the Dundas County Heart Chapter, which was advertised in the "Coming Events" of five (5) area newspapers — only two (2) persons attended.

Have Dundas County people lost "Heart"?

Yours truly,
MAVIS L. GRAHAM,
Secretary.

P.C. Women Held Annual Meeting

The Progressive Conservative Women's Association of Eastern Ontario held their annual meeting recently in the Bearbrook Centennial Hall, guests of the Cumberland Women's Branch. Approximately 90 women attended.

The members were welcomed by their president, Mrs. Doris Smith, and other head table guests were the Hon. A.B.R. Lawrence, Provincial Secretary for Resorce Development in the Ontario Cabinet. Albert Belanger, M.P.P. for Prescott-Russell, and Peter Reilly, M.P. for Ottawa West — guest speakers.

Mrs. Peggy Hill, vice-president presided over the meeting and Mrs. Frances MacOdrum presided over the election of officers. The following is the new executive.

Mrs. Gwen Bower-Binns, Ottawa, Past President; Mrs. Peggy Hill, Cornwall, President; Mrs. G. R. Burland, Ottawa, Secretary; Mrs. Verna Magladry, Vars, Treasurer; Miss Dorothy Short, Ottawa, 1st Vice-President; Mrs. Janet Wilson, Ottawa, 2nd Vice-president; Mrs. Audrey Lamoureux, Ottawa, 3rd Vice-president; Mrs. Sylvia Smith, Cumberland, 4th vice president.

Grace was said by Mr. Lawrence, who spoke briefly of the current aims of the Ontario Government, from whom he brought greetings.

Mr. Reilly's topic was "New Directions" for the Progressive Conservative Party.

He feels that the present government is out of touch with the universal needs of the Canadian people. Namely - an opportunity to work, to have a home, educate their children and, in time, to retire without worry.

He also discussed the Abolition of Capital Punishment, Bilingualism in the Civil Service, the laws on Abortion, and reform of the Criminal Code, all of which he favours, with minor qualifications.

Mr. Reilly urged the women to stop doing all the dull and minor jobs, and to take their place in the front ranks of government.

Mr. Belanger welcomed the members to his constituency; brought best wishes from the caucus of the Ontario Government and briefly outlined some of their future aims.

Annual Meeting of Homeowners Assn.

The annual meeting of the Mariatown Homeowners Association was held on Monday, October 15th with as good attendance.

The president, Glen Cunningham, reported a highly successful year. We now have fourteen street lights and the park was restored to usefulness. Park benches were built and a donation of garbage cans made by a friend. Our roads are being widened and paved by the Township.

This year our Canoe Races and Beef Bar-B-Q in August were a tremendous success in spite of bad weather. The Candy Booth at the Morrisburg Home and Trade Show was well patronized.

Officers for the coming year are president, Glen Cunningham; vice president, James Jordon; secretary, Dorothy Merrill; Treasurer, Irene Crowder; directors, Gladys Duval, Mary Tennant, Russell Baker, Arnold Dukelow. Convenor of flowers, Phyllis Prosser.

Christmas candy, all flavours of jawbreakers and peanut brittle, made by the ladies is being sold at the Bakeshop on the mall.

A discussion about the need of more lights took place. Six extra lights were voted on but the installation must be approved by the Township Council since they are responsible for the maintenance of all the lights.

The membership fee of $5.00 was paid by those present and it is requested that all outstanding fees be given to the treasurer before November 30.

Adjournment was moved by Russell Baker, seconded by J. Jordan.

Area Man Killed In 1-Car Accident

A 23 year old South Mountain man was killed Saturday night in a single car accident on Highway 31 near Cass Bridge. Richard Bartholomew was pronounced dead on arrival at Winchester Memorial Hospital.

Mr. Bartholomew was one of three occupants of a car which went out of control and rolled into a field, Winchester OPP reported. All three men were thrown from the car.

Also injured were: Ronald Snider 28, of Kemptville, admitted to Ottawa Civic Hospital with chest and arm injuries; Ronald Perkins, 19, of R.R. 5, Kemptville, who was treated for cuts and bruises at the Winchester Memorial Hospital, and later released.

South Mountain and area residents were shocked to learn of the tragic death of Mr. Bartholomew in the accident.

In his 24th year, he was a son of Mr. and Mrs. Gordon Dean Bartholomew who survive. Also surviving are his wife, the former Patricia Jean Stoddart, his grandparents, Mr. and Mrs. Clifford Thorpe, and his parents-in-law, Mr. and Mrs. Sherwood Stoddart of Morrisburg.

Funeral service was held at the Vice and Craig Limited Funeral Home, Winchester on Tuesday, October 30th at 2:30 p.m. with the Rev. Earl D. Moore officiating.

Pall bearers were Keith Werely, Tom Allison, Dwaine Berry, Bart Hutchinson, Douglas Boyd and Brian Halpenny.

Interment followed at Knight's cemetery.

OLD-TIMERS OUTLAST JUNIORS TO WIN 8-7

The old legs held out long enough Friday night for the Morrisburg Old Timers to squeak or creak past the Morrisburg Junior 'B' Lions 8-7.

Big Doug Casselman and Gord McMillan scored half way through the first period to give the Old Timers a 2-0 lead. Chuck Lawlor narrowed the lead at 11.17. with Earl Brown at 11.56 making it 3-1 end of the first period.

Chuck Irvine for the youngsters and Fred LaForge for the oldsters made it 4-2 after 2 periods. LaForge scored at 1.01 of the 3rd period, Chuck Irvine at 2.45 and LaForge at 4:40 (to complete his hat trick). With the score 6-3, the Juniors came to life, while the oldsters eased off. Doug McNairn. Chuck Lawlor made it 6-5 with Ed Rooney tied the game 6-6 at 9:35. 15 seconds later Orval Delage gave the Old Timers a 7-6 lead, with Gord McMillan making it 8-6 at 18:00. Captain Doug McNairn narrowed the lead to 8-7 at 19:25. but the Juniors were unable to tie the game. I think a rematch in the future will see another good game, but the younger set will win. Make sure you come out and see them play.

The Lions played an exhibition game against Cardinal Broncos o on Sunday and defeated them 8-5.

End of the first period 2-2, with Lions goals by Hugh Gillard and Chuck Irvine, while Graham Thompson and Chris Baker scored for the Broncos. Lions came on strong in the 2nd scoring 4 goals before Broncos Bob Burchill managed to score. Lions goals by: Chuck Lawlor, Ernie Duval and a pair by Doug McNairn.

Gillard made it 7-3 early in the 3rd period, with Brent Davy narrowing the lead at 2:30. Dale Swerdfeger made it 8-4 at 8:20 with David Woods completed the scoring at 9:12.

13 minors and a major were handed out, with 6 of the minors going to the Broncos.

Lions will play in Winchester on November 2nd in their first league game, and host Alexandria on November 4th at 2:30.

Weekend games — Nov. 2 — Metcalfe at Embrun, Morrisburg at Winchester; Spencerville at Alexandria, Cardinal at Prescott 8:30 p.m.

November 3 — Spencerville at Cardinal 7:30 p.m.

Nov. 4 — Alexandria at Morrisburg 2:30; Prescott at Metcalfe 2:30.

YOURS SINCERELY

BY MRS. WELLWOOD ADAM

We, in Canada, have just concluded celebrating our Harvest Thanksgiving, and all in America will be thinking about their Thanks giving in a few days from now.

Yet, somehow I have felt for some time, and still do, that Harvest Thanksgiving is not always golden sheaves of grain and tables full of roast turkey, and fruit and flowers alone. Of course, these are wonderful symbols of God's continued goodness to the North American continent and we like to pay our thankful tribute to Him for it all.

However, I am thinking about the many years of faithful service that some of the good and f i n e clergy, no matter of what denomination, so willingly give to the people under their spiritual guidance and pastoral care. Looking back, we recall their innumerable days (and nights, sometimes) of visiting the sick, the shut-ins, the kindly and ever ready sympathy to listen to all the many problems and trials and difficulties of those in need of quiet of mind and spirit. The constant encouragement they impart to many who are seemingly beyond help, the keeping of confidences "under their feet" as my many African friends would say, and the fact that they are on call at any time of the day, the parsonage-home doors ever open to the needs of all who knock or ring the bell — all this brings to me the thought of the very wonderful Harvest that only dedicated men of God in His ministry are able to reap. This of course, includes other professional men and women, who may have dedicated their chosen calling in similar ways, but at this moment of typing, I am thinking of the clergy.

This kind of Harvest brings real and lasting friendship, warm and strong handclasps, feelings of love and real respect for one who has served so many men, women and children down the years. "As a man soweth, so shall he reap"—is that not so?

One such man of God has sown well, down the years he has cared for his people in Morrisburg. I was one of the vast numbers, who was priviledged to attend his retirement gathering in Morrisburg last Sunday night. They came from, not only Morrisburg, but from other towns and villages, from all over the countryside from miles around. The Parish Hall was literally packed to capacity, and it was almost impossible to enter at all, sometimes! And what impressed most, I think, was the fact that practically every denomination was represented, and there were many words of real love and appreciation expressed, and presentations were made as sincere tokens of affection.

It really takes moments like this in our lives, to make us think and realise that the fundimentals of brotherly, and sisterly, love CAN be put into actual practice, for this has been shown t oall and sundry by one of God's good men down the last twelve years or so.

He is not fully retiring, but is ready to continue sowing good seed in a new furrow of his own ploughing, and as one of his brother ministers, in Morrisburg, expressed it, he was moving from one home to another one not too far away. This is a very comforting and delightful thought to many I might say. And he will once more reap a fine Harvest of new friendships, many warm handclasps, more feelings of love and respect among the people he is always ready to serve.

Yes, I think that Morrisburg and area celebrated another kind of meaningful Harvest Thanksgiving last Sunday, and it is bound to leave an indelible impression on all who were present, from the principals down to the many children and young people who were also there, I especially noticed.

Yes, indeed, "as a man soweth, so shall he reap" were words spoken in the Ancient of days, and they are as true in these v e r y modern and somewhat sophisticated days of today, as they were then.

Teenage Girls Smoke More

The province of Quebec has the worst smoking problem in Canada

And teen-aged girls, especially in Quebec have registered the larg est increase in smoking, according to statistics on Canadian smok ing habits for 1972 released recently by the federal Health Department.

While the percentage of smokers generally in Canada continues to drop (from 52.8 per cent in 1965 to 48 per cent in 1972) the proportion of smokers among teenaged girls increased to 33 per cent in 1972 from 22.2 per cent in 1965.

The report says the change was most marked in Quebec, where the proportion of regular cigaret smokers among females 15 to 19 increased to 39 per cent from 24 per cent.

"Contrary to the commonly held opinion, a minority — only two out of five Canadian adults — are habitual cigaret smokers," the report added. There were an estimated 6,150,000 regular cigaret smokers 15 years of age and over in Canada in 1972.

The heaviest smokers are proportionately more numerous in Quebec than in any other region in Canada. More men than women are heavy smokers. And the proportion of men who smoke more than 25 cigarets a day in 1972 ranged from a low of 3 per cent in the Prairie provinces to a high of 8 per cent in Quebec.

The percentage of heavy women smokers was highest in British Columbia, with 8 per cent, followed closely by Quebec, with 7 per cent

In all age groups but one (women aged 45 to 64) Quebec also had the highest proportion of regular smokers, British Columbia could lay claim to the one exception.

As for the reasons behind the increase in smoking among teenage girls, the Health Department seems to ignore the influence of the Women's Lib movement: "The increase . . . could be partly due to an increased willingness in 1972 for teen-age girls or their mothers to admit their smoking; or to women starting to smoke at earlier ages rather than that more of them are destined to become smokers."

(The report notes that because the survey was done in homes, smoking among teenagers may be significantly under-reported.)

Population growth in Canada is outstripping the growth in numbers of smokers and it is estimated there were 460,000 fewer regular cigaret smokers in the population in 1972 than there would have been had the growth rate of smokers in 1965 continued.

Actually, if it had been up to men, who are quitting smoking in relatively large numbers, there would have been 550,000 fewer regular cigaret smokers. The 90,000 difference was in fact "almost entirely attributable to the increase in smoking among teen-age girls."



If you can recall when kids collected cigar bands, you have a mighty good memory for such an old rooster.



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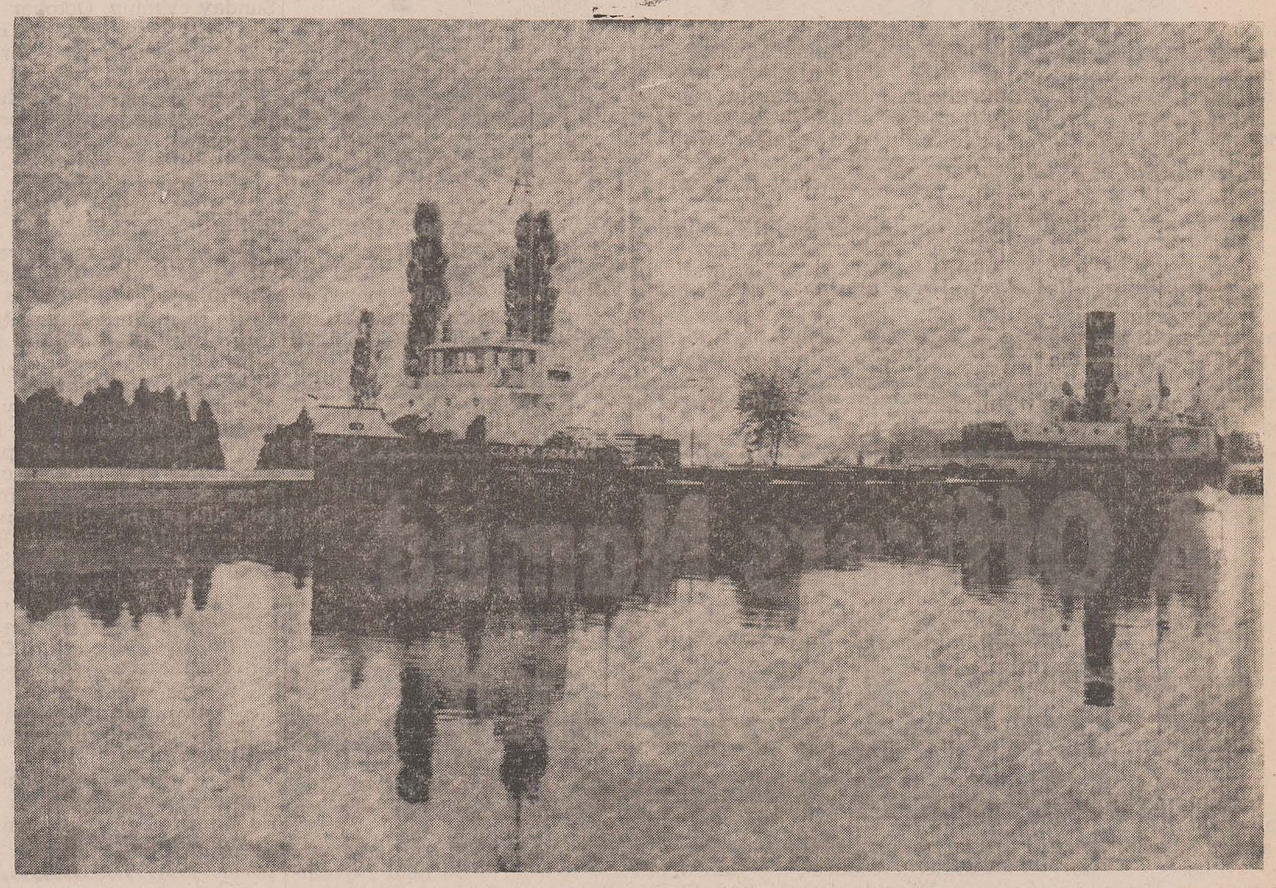
MEMORIES OF THE OLD MORRISBURG



Many Morrisburg residents still remember this ship, the Clary Foran, which before its refit and refurbishing, was the Milverton, and was involved in a ship collision west of Morrisburg, which cost a number of lives including Billy Snider and Omer Kitch of Morrisburg. Copies of this and other photos in this series may be obtained from the Smith Photo Studio, Morrisburg, telephone 543-2873. In ordering prits of this week's picture, please specify negative no. 97.

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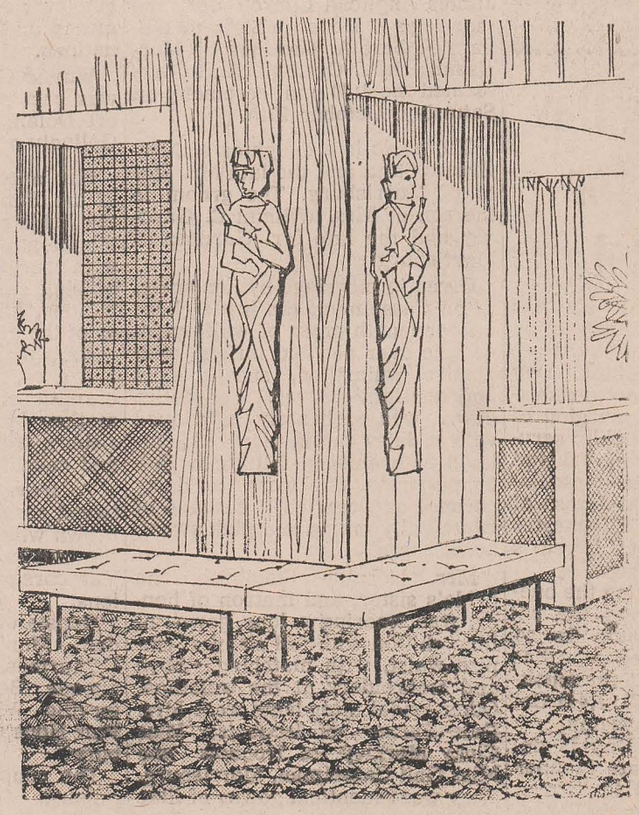

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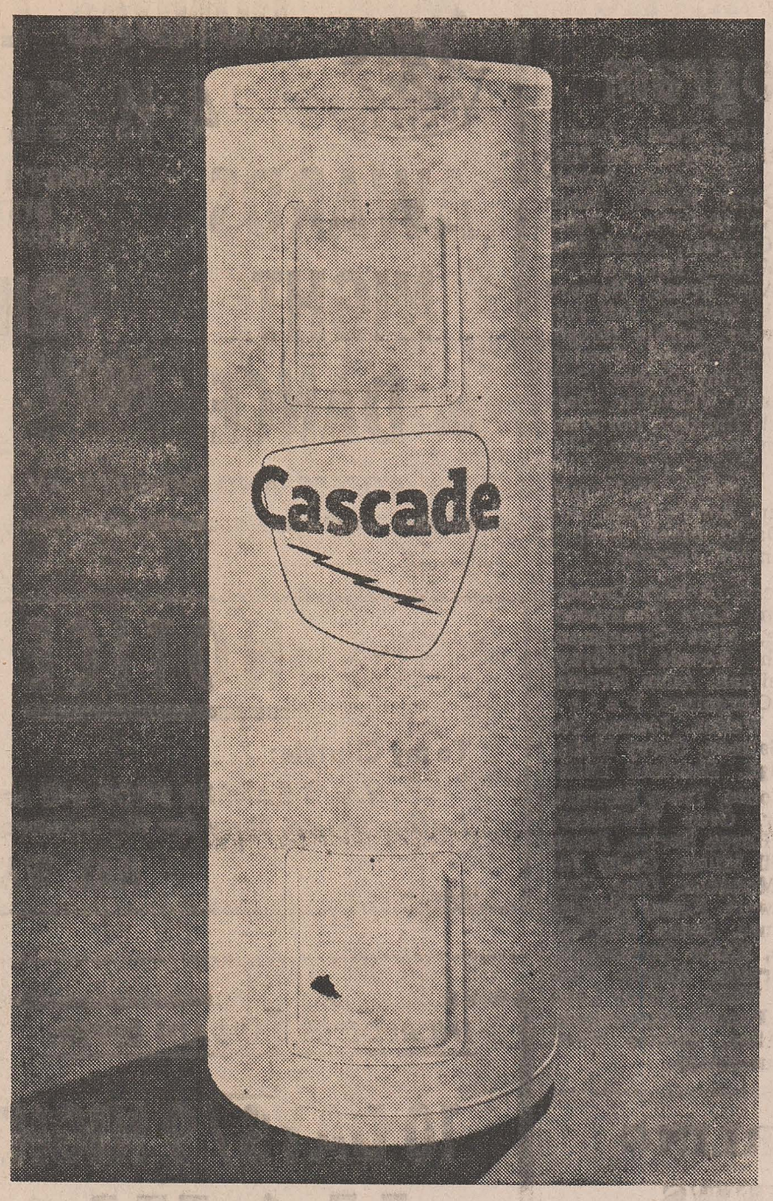

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Name .....
Address .....
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TYPE OF MEMBERSHIP

MAN — Regular, New Member, Weekend or Associate.
LADY — Regular, New Member, Weekend or Associate.
STUDENT

Ministry of Natural Resources

Weekly Report

The Guns of October Firing Sporadically

Opening day of duck season was a real blast for hunters across Eastern Ontario. Then the weather cleared up. Since then, C.O.'s, or ministry conservation officers, report that the ducks are on the deck and will likely remain there until the next cold snap or spell of bitter weather prompts them up.

Around Ottawa opening day meant almost a bird per hunter. In the Napanee district where conditions have been drier than usual, the ducks were on ponds that were easily accessible to hunters. In the Tweed district, any ducks that are around are on beaver beaver ponds and hunters are "jump hunting", moving from one pond to another.

Lead pellets aren't the only man made hazard facing ducks these days. Napanee fish and wildlife supervisor Hans Von Rosen says that ducks are showing up in southeastern Prince Edward County with oil smeared feathers from Lake Ontario. He says the ministry of the environment is investigating a suspected large slick further out in the lake.

Hundreds of oil-splattered ducks every year are found along the beaches of Prince Edward, victims of slicks caused by spills from lake boats passing through the nearby waters. Information received by the ministry leads Napanee fish and wildlife staff to strongly suspect many of the spills are not accidental, but the intentional pumping out of bilges.

Unfortunately, this time of year brings large concentrations of diving ducks to the area on their way south at the same time that lake boat traffic is beginning to build up, the start of the big shipping rush to get out before freeze up.

It is also unfortunate for the waterfowl that throwing oil on troubled waters really does produce a calm spot. The high-flying birds spot the quiet looking waters and drop down for a rest right smack in the middle of a gooey slick. That usually ends their flying days—and very soon, their lives.

Cornwall fish and wildlife supervisor, Ron Baldwin reports goose hunting is slow because of the mild weather. Also the corn is late this year, many crops haven't been cut and the birds aren't being attracted down into the open fields, In the Tweed District hunters are only getting shots at the odd flight of geese which drops down into farm fields.

Around Ottawa and the five eastern counties of Ontario, grouse hunting is classified as excellent by C.O.'s. Ottawa-Carleton fish and wildlife supervisor, Gary Tupling claims grouse populations are on an up-cycle and that game is plentiful.

Woodcock hunting is also excellent in Stormont, Dundas and Glengarry and Prescott-Russell and Ottawa-Carleton.

Eastern Ontario is in the Central small game hunting district. The season opened September 29.

From the Best-Laid-Plans-of-Mice-and-Men Department:

The Ryan's from Smiths Falls—Creighton, his son Chris and nephew Steve—are duck hunters who believe in being prepared for open season.

"Teeler" their three year old bitch of indeterminate breed is one of the things they helped prepare.

Before the season "Teeler" was taken out regularly and trained to retrieve from the water. To simulate gunshots the men would clap their hands. To simulate ducks, they used sticks. Teeler loved every minute of it.

Then came opening day. BLAM! Two birds went down and Teeler hit the water. She brought back the first bird, but on the second retrieve brought in a decoy. Just a case of opening day over-excitement thought Christ and Steve. Teeler looked up and wagged her tail happily.

Then later that morning, they fired a shot, missed, and Teeler, before they could stop her, swam out and retrieved not one, but TWO, decoys.

"Ah, she's a great dog anyway", commented Steve good-naturedly a week later. There are plans afoot, however, to alter Teeler's training schedule.

Cornwall District Office Goes To Town

A few short weeks ago the natural resources staff in tthe headquarters for the five eastern counties of Ontario could step out their office door into the stillness of a 27,000 acre forest.

Now if they step too far out the office door they'll be run over in the traffic of a city of 50,000.

The ministry of natural resources headquarters for the Cornwall district has just moved from its temporary location in Larose Forest to downtown Cornwall at 40 Fifth Street, near the intersection of Fifth and Pitt Streets. Offices are on the second floor of the St. Columban's Building and house the men and women in charge of Crown land, parks, provincial and agreement forests, fish and wildlife in Prescott-Russell, Stormont, Dundas and Glengarry Counties.

Working under district manager Richard Morin will be: Ron Cleroux, Parks, Lands and Field Services Supervisor; Barry Warwick, Forests Supervisor; Ron Baldwin, Fish and Wildlife Supervisor; Marcel Labelle, Finance and Administrative Officer; Inquiries should be addressed to: District Manager, 40 Fifth St., West, Box 1749, Cornwall, Ont. K6H 5V7.

For telephone inquiries the No. is 933-1774. Sub-offices in the Cornwall District of the ministry of natural resources include: Bourget—Larose Forest headquarters (Merrill Rush, operations manager,—Phone 487-2100.

Alexandria — Tim Taylor, Conservation Officer, Phone 525-2443

Carillon Park — Al Robinson, Park Superintendent Phone 674-2825.

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LOCAL and GENERAL

On Sunday, November 4th at the Community Centre in Morrisburg, the local Old Timers hockey team will entertain an Old Timers Club from Cornwall. Game time is from 11 a.m. to 1 p.m. The visiting team boasts such well known names as Ron Quenneville, Gerry Brown, Bob Bingley and Pete Piquette.

Lucky winner of the vacuum cleaner in a draw at the opening of the Eaton's store in Morrisburg was Mrs. George H. Smith.

OBITUARY

EARL TINKESS — At his residence in Montreal, on Tuesday, October 23rd, 1973, in his 86th year, son of the late Mr. and Mrs. Wellington Tinkess.

Funeral Service was held at the MacGillivray Funeral Home, Verdun, Quebec, October 24th.

He is survived by his wife, Alice also several nieces and nephews, including Cameron and Ivan Tinkess, Kenneth H. Barkley, Mrs. Hazel Cox and Mrs. Hulda Hummell, also one brother in law, Mr. Bert Hoole, Vancouver.

Interment was at Williamsburg cemetery.

The United Counties Bookmobile will be at the following locations in the area next week: Tuesday, November 6, Maple Ridge 10:00 to 12:00; Inkerman 1:30 to 3:00; Hallville 3:15 to 3:30; Mountain 3:45 to 4:15. Wednesday, November 7, Sunnybright 10:00 to 10:15; Dunbar 10:30 to 10:45; Elma 10:50 to 12:00; Boucks Hill 1:30 to 1:45; Williamsburg C. 2:00 to 2:30; Lunenburg C. 3:30 to 4:00.

Lucky winners in the Morrisburg Lions 100 Club last Friday, were tickets numbers 65 and 20.

LIFE

By Vince Chisholm
(Grade 8 — Age 14)

Is this life we live in fair?
People cheat, but they don't care.

Who is this person we call a friend?
Does our friendship stay - or end?

We have no time to watch TV —
We have to get out to look and see

Get out and watch the world go by
We won't see it when we die.

RECENT BIRTHS AT THE WINCHESTER MEMORIAL HOSPITAL

October 24, 1973 to Mr. and Mrs. William Giles, Chesterville. A son.

October 24, 1973 to Mr. and Mrs. Lorne Elliott, Winchester, RR2. A daughter.

October 25, 1973 to Mr. and Mrs. Robert Beyers, Russell. A son.

October 27, 1973 to Mr. and Mrs. Wayne Ferguson, Osgoode. A daughter.

October 28, 1973 to Mr. and Mrs. Bernard Bennis, Newington, RR2. A daughter.

October 28, 1973 to Mr. and Mrs. Kenneth McDonald, Winchester. A daughter.

October 28, 1973 to Mr. and Mrs. John Yourt, Winchester. A daughter.

Broomball News

Last Sunday, 3 exhibition games were played between the six teams and on Monday morning many of the players felt that they are a little out of shape. In the first game the Avengers (OPP) outscored a shorthanded Williamsburg team 5-4. Terry Mason getting one goal and three assists for the Avengers and Roger Morrel scoring one and 3 assists for Williamsburg. Mutual Blue Jeans took a 2-0 lead but Beavers came back to tie the game 2-2. With the addition of Tony Cummings (4 goals) Mariatown is a team to be reckoned with this season as they outclassed the newcomer Ingleside 7-1. This Sunday the official season will get underway with Ingleside playing Williamsburg, the Avengers playing Mariatown and Mutual vs Beavers.

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FULLY LICENSED DINING ROOM

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MASS HOURS AT ST. MARY'S CHURCH
MORRISBURG
SATURDAY — 7:30 P.M.
SUNDAY — 11:00 A.M.
IROQUOIS
ST. CECILIA'S CHURCH
SUNDAY — 9:30 A.M.

THE PRESBYTERIAN CHURCH IN CANADA
KNOX CHURCH, MORRISBURG
Rev. T. H. Boyd, B.Sc., B.D.
Mrs. J. DeGray, Organist
Sunday, October 28th, 1973—
MORNING WORSHIP, 11 a.m.
SUNDAY SCHOOL: Pre-School and Kindergarten Classes at 11:00 a.m. (during Church Service); all others at 9:45 a.m.

ST. JAMES ANGLICAN CHURCH
Rev. C. W. Earle, L.Th., Rector
TRINITY XX, Nov. 4/73—
St. James, Morrisburg—
8:00 a.m.—Holy Communion.
9:45 a.m.—Sunday School.
11:00 a.m.—Holy Communion.
Holy Trinity, Riverside—
9:30 a.m.—Matins.

ST. LAWRENCE EVAN. LUTHERAN PARISH
Sunday, November 4th, 1973—
ALL SAINTS SUNDAY
St. Paul's Morrisburg—
10:00 a.m.—The Service
11:00 a.m.—Sunday School and Confirmation Class.
St. John's, Riverside Heights—
1:30 p.m.—The Service and Sunday School.
Everyone Always Welcome!
Rev. W. Adam in charge.

THE UNITED CHURCH OF CANADA
Lakeshore Drive Church
Morrisburg, Ontario
REV. G. BRUCE, B.A., Minister
Mrs. J. Graham
Director of Music
Sunday, November 4th, 1973—
10:45 a.m.—Sunday School.
11:00 a.m.—Morning Worship.

ATTEND THE CHURCH OF YOUR CHOICE THIS SUNDAY!

Awards Presented in Red Cross Swiming Program

At a recent awards presentation held this fall at the Civic Centre for those participating in the swim ming program nearly 140 awards were presented to those in Morrisburg and area who successfully passed various test levels. The program was sponsored by the Morrisburg Recreation Committee under the direction of John Allison, chairman of the swimming committee.

Head instructor this past season was Janet Snetsinger, Cornwall, assisted by Mary McLean as assistant instructor and Marilyn McLean, part-time instructor. Assisting on the weekends as beach attendants were Colleen Scully and Blair MacDonald. Mrs. Shirley Scully and Mrs. Erol Welton are members of the swimming committee.

During the program at the Civic Centre Mr. Allison presented the awards which was followed by a film on water safety shown by Const. Ralph O'Brien of the OPP. The Morrisburg Lions Club also assists the program with financial aid.

The following were enrolled in the 1973 swimming program: — Leader Patrol, Marilyn McLean; Bronze RLSS, Laurie Cruickshank, Ronald Bright, Robert Jarvis, Allan Brais, Stephen Smith, Jamie Findlay, Senior Artificial Respiration, Mary McLean, Marilyn McLean, Blair MacDonald, Janet Snetsinger, David Klugman, Donna Jarvis; Intermediate RLSS,— Tammy Casselman, Ronald Bright Allan Brais, Stephen Smith, Thomas MacDonald, Laurie Cruickshank, Debbie MacDougal; Junior Resuscitation, Mark Duval, Chris Greer, Graham Houze, Ian Klugman and Linda Greer.

Senior Red Cross; Susan Jordan, Christopher Greer, Kim Rosenquist, Lynn Greer, Gary Jarvis, Ian Klugman, Beverly Hill; Intermediate; Karen Weegar, Ian McGillis, Leslie Thornton, Beverly Cunningham, Michelle Harward Jon Findlay, Nancy McLean, Morag Thornton, Brian Carkner, Glen Howald, Kim Fowler, Graham Houze, Arthur Macellus, Jimmy Jarvis, Angela Dickenson, Susan Harward, Jeff Fowler, Paul Binks, Kari Cook, Nancy Disheau, Cindy MacDougal, Elizabeth Crober, Mark Duval, Mary Lynn Robinson Hazel Bright, Eric Rosenquist, Cindy Couglar, Blair Robinson, Paul Brunt, Jimmy Jordan, Martin Binks, Lynn Cruickshank, Ewan Black, Heather Delage.

Junior Red Cross: Mary Jo Rosenquist, Eric DeGray, Glenna Cunningham, Mark Brunt, Kim Jarvis, Karen Disheau, Andrew Allison, Michael Lee, Ruth Baker, David Zewiuster, Michael Laurin, Lindsay Weegar, Eric Rosenquist, Tom Hodgson, Allen McNairn, Micheal Bilmer, Angela Barkley, Jillian Barkley, Leland Barkley, Laurie Bilmer, Robert Jordan, Timothy Carkner, Lynn Taylor, Nancy Van Allen, Stephanie Miner, Cindy Alguire, Amie Lee, Gilbert Miner, Michel Dubeau, Peter Westphal, Andrea Findlay, Carolyn Jarvis, David Thom, Brian Howald, Sherry Gillard, Dean Barkley, Sandy Hough, Angela Taylor, Lisa Steele Joanne Zewuster, Debra Alguire, Kim Jarvis, Lois Hodgson, Kevin Crowder, Joanne MacIntosh, Jimmie Thom, Cindy Casselman, Gwen Johnston.

Beginners Red Cross: Joanne Baker, Christine Whyte, Kim Simpson, William Shearing, Robbie Simpson, Robert Houze, Susan Johnston, Ann McGillis, Peter Taylor, Lisa Crowder, Rudolf Soucier, Susan Welton, Michael Jarvis, Mary Ann Brunt, Howard Hough, Laurie Stewart, Jeff Jarvis, Lisa Fowler, Barbie Hough, Steven Coligan , Daryl Fowler, Sherri Black, Kathy Crober, Carl Barkley, Brenda Whittaker, Dale Tupper, Bonnie Barkley, Ian Foss, Nancy Jordan, Kim Borden, Clifford Zewuster, Robert Locke, Sherri Jacques, Debbie McManus, Mike McManus, Bonnie Guse, Donald Black, David Black, Brenda Dickland, Tommy Jacques.

Pre-Beginners: Robert Crober, Heather Thom, Lora Thompson, Jackie Steele, Mike Casselman, Jimmy Smith, Ronnie DeGray, Shelley Casselman, Anita Gruetzner, Michael Cummings, Peter White, Susan Welton, Joanne Baker, Sandra Salmon, Gerry Mabo, Michael Hough, Sharlene Dickland, Jamie Jones, Tracy Stewart, Shawn Baker, Grey Whittaker, Shelly Black, Karen Barton, Jason Miller, Russell Miller, Cathy Jajore, Robin Mondoux, Dino Cassell, Mike Stewart, Kenny Murphy Carol Ann Guse, Susan Findlay, Sonia Coligan, Karen Gowanlock, Kenneth Thornton, Angela VanAllen, Jeffrey White, Tracey Lanc Danny Foss, Pamela Gowanlock, Sherri Van Allen, Monica Westphal, Dean Cummings.

CONTINGENT COLLISION ADDED

Ontario's largest insurer of automobiles has added contingent collision coverage to its automobile insurance policies. This coverage will speed claims settlement for a policyholder of Co-operators Insurance Associations of Guelph (CIAG) whose car is damaged in a collision for which another insured driver is wholly or partly responsible.

If the responsible motorist, or his insurer, does not arrange prompt payment for repair or replacement of the policyholder's car, CIAG will do so, to the limit of the other driver's responsibility, and take action to recover the payment from the other driver or his insurer.

If a policyholder's car is damaged by an uninsured driver, CIAG will help the policyholder recover damages from the Motor Vehicle Accident Claims Fund. Insurers cannot recover from the Fund any amounts they pay out for damages; only individuals can make claims on the Fund.

The new coverage extends CIAG's practice of advancing collision deductible payments to policyholders involved in accidents for which other drivers are entirely or partly liable. The service now provides help to policyholders with out collision coverage.

The endorsement cannot help a driver without collision insurance if his car is damaged by a hazard for which no other motorist is responsible.

CURLING NEWS

With the cool weather upon us, it's time to think of curling and the Morrisburg Curling Club specially invites all new members and old in the community to come out and enjoy curling this year.

Dr. G.N. Houze, president of the club said that it is easy to learn curling and lots of fun to try.

This club features regular curling, local bonspiels, out-of-town bonspiels, and weekend curling.

In addition there are various get-togethers and socials which are heaps of fun.

Curling is a sport which can be enjoyed by all ages from nine to ninety as the present membership of the club exhibits.

There is an application form advertised in this edition and the club asks you to come on out and make curling part of your activities this year.

HEALTH FOR ALL

BECOMING BETTER PATIENTS

It takes at least two to cure an illness. The doctor and the patient

Seeing a doctor soon about symptoms that don't go away — like a cough or breathlessness — is one good way to help prevent long term lung disease.

Too many people postpone seeing a doctor because they hope in vain that their symptoms will disappear. When the symptoms persist they are embarrassed about their delay and sometimes are less than truthful with the doctor once they see him or her. Patients may also say they drink or smoke less than they do. And they may hesitate to volunteer facts that could help the doctor diagnose the illness. To help, doctors need all the pertinent information they can get.

One way to be a better patient is to organize your thoughts and the history of your illness before you see the doctor. This gets the picture clear in your own mind, and you're less likely to overlook pertinent points to tell the doctor. It also helps the doctor get to the cause of your problem sooner. And if the doctor's explanations are not clear, ask questions. Doctors don't know when you don't understand if you don't tell them.

Too many patients do not follow the doctor's instructions. Many stop taking medications once they feel better. That may not be long enough. If you have a TB infection, for example, you must take pills every day for at least a year in order not to develop TB illness. Skipping pills, failing to come back for follow - up visits, not sticking to a recommended diet — all these wipe out the good care your doctor wants to provide.

Getting better is a two-way relationship. To find out more about ways to prevent and treat lung disease, contact your lung association. And when troublesome symptoms arrive, see your doctor soon. It's a matter of life and breath.

DUNDAS COUNTY 4-H CLUBS

AWARDS NIGHT & DANCE

NORTH DUNDAS DISTRICT HIGH SCHOOL

FRIDAY, NOV. 9, 1973

7:45 P.M.

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HAL'S BARBER SHOP will be closed until further notice. Sorry for the inconvenience.

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NOTICE

Commencing on Sunday, November 4th, and continuing to April, the following Service Stations will alternate in remaining open Sundays.

Nov. 4 LES' SUPERTEST
Nov. 11 NORM'S GULF
Nov. 18 STRADER MOTOR SALES
Nov. 25 R. S. HOPE & SON

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WILLIAMSBURG

Mr. and Mrs. Harold Algire have returned home after spending some time with friends and relatives in Kingston, Oshawa and Willowdale, Ont., and attended the wedding in Muskegon, Mich., of Mr. Algire's nephew, Staff Sgt. Robert C. Heafey and Miss Eva Renate Steiger. The bride is the daughter of Mr. and Mrs. Karl Hilmar Steiger of Germany and the groom is the eldest son of Mr. and Mrs. Lenoard Heafey of Muskegon, Mich.

Mr. and Mrs. Harold Algire also celebrated their wedding anniversary while in Muskegon and were entertained to supper prior to the anniversary at the home of Mr. and Mrs. T. Ronnie Heafey and family and to dinner on the wedding date of Oct. 23 at the home of Mrs. Doris Barber. All of Muskegon, Mich.

Sympathy is extended to Mrs. Claude Casselman in the death of her sister Mrs. Beatrice Fox which occured at the Wellesly Hospital on Sunday night, Oct. 21, 1973.

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Shoulder Pork Roast, 89¢ per lb.

FRESH, YOUNG PORK BUTT ROAST	POUND	95c
FRESH, YOUNG PORK BUTT CHOPS	POUND	99c
BONED AND ROLLED BONELESS BUTT ROAST	POUND	1.05
MAPLE LEAF BREAKFAST BACON	1-LB. PKG.	1.27
MAPLE LEAF TASTY WIENERS	1 LB. PKG.	83c
HOLIDAY FARM BEEF STEAKETTES	1-LB. PKG.	1.15

FANCY HALVES OR SLICES — DEL MONTE PEACHES — 19-oz. tin – 42c

AYLMER — 28-OZ. TIIN — Choice Tomatoes 39c

HEINZ TOMATO — 15-OZ. BTL. — Ketchup - - 39c

CAMPBELL'S — 10-OZ. TIN — Tomato Soup - 12c

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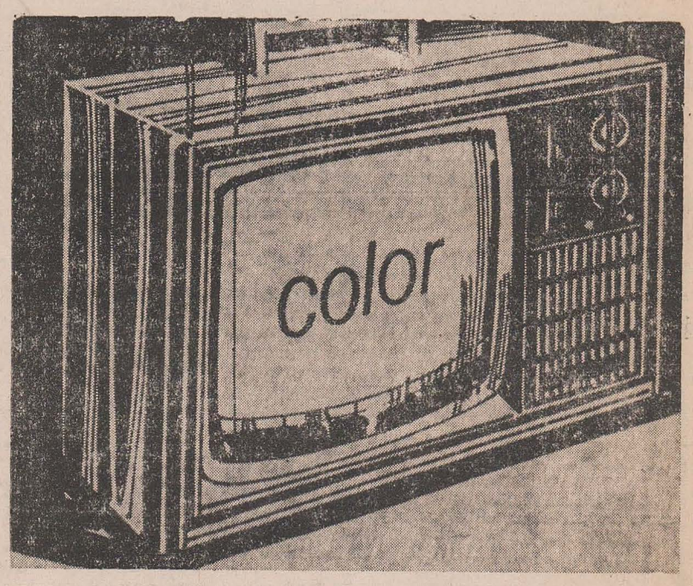

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The winner of our last draw, for a coat, was Mrs. Menkhorst, of Williamsburg

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Any 2-Piece Set will have a $5.00 Discount Plus Any Tie or Bow Tie Free. Offer ends Nov. 18

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CHARGEX

Making the Best Out of Divorced Life

Making the Best of Divorce

If divorce is inevitable, an older woman may have a better chance than a younger one of adjusting to life as a single, according to Louise Athearn, author of **The Divorcee's Handbook.**

Mrs. Athearn credits her own two divorces — and her present successful marriage — with teaching her how to teach others to make the most of the single life. She has found that divorcees of any age worry about the same things: where to live, whether to work, finances, loneliness and how to meet men. But older women are freer to make the necessary adjustments after a divorce, she points out, because they usually are not "anchored" with young children.

When a divorcee's children are grown or away, she can consider a move to wherever there are educational, employment or social opportunities, Mrs. Athearn says. But before making decisions, she must assume the proper attitude about herself.

After the divorce, the first thing a woman has to tell herself is: "I am single and what I do with my life and how it develops from this point on is up to me," says Mrs. Athearn. "You must get over the notion that your life begins and ends with a man, and develop a calm attitude because fear impedes progress and there's absolutely nothing to fear," she adds.

Job Considerations

Mrs. Athearn observes that the older divorcee who has to work can frequently return to a career that was interrupted by marriage —like teaching or nursing— but she may have to look for job opportunities in another city. If the new single moves, Mrs. Athearn warns her to "go slowly."

"Visit the area and talk to the Chamber of Commerce," she suggests. "Maybe have a few job interviews before you pick up and leave because being alone in a new city can be twice as difficult as in your own town."

Mrs. Athearn also offers advice for deciding whether to take a job. Even if a mature woman has to start something entirely new, she says, the job should not be distaste ful — no matter how much it pays —because "if you're happy in your work, your chances of advancement and of eventually making more money are greater."

Another criteria for the "right" job should be whether or not it provides an opportunity to meet people. "For example, you certainly don't want to be in the back room sorting books at a library when you ought to be in front where the people are," she empha sizes.

Loneliness a Factor

After solving her living and income arrangements, the new divorcee's biggest problem may be loneliness, Mrs. Athearn observes. "Loneliness never leaves. You have to cure it and fill it. You must keep yourself active and busy and in the mainstream of life. And keep in touch with all people," she adds, "whether tehy're men or women."

Louise Athearn's first divorce came after 12 years of marriage and four children. She sought com panionship at night school where she took many courses: folk dancing, wood-working, Spanish. "It's a worthwhile pursuit," she concludes, "because if you are making yourself a more interesting person, you will attract more interesting people."

She wrote her commonsense guide, **The Divorcee's Handbook,** as Louise Rohner, which was her name at the time. It is now available as a Bantam paperback.

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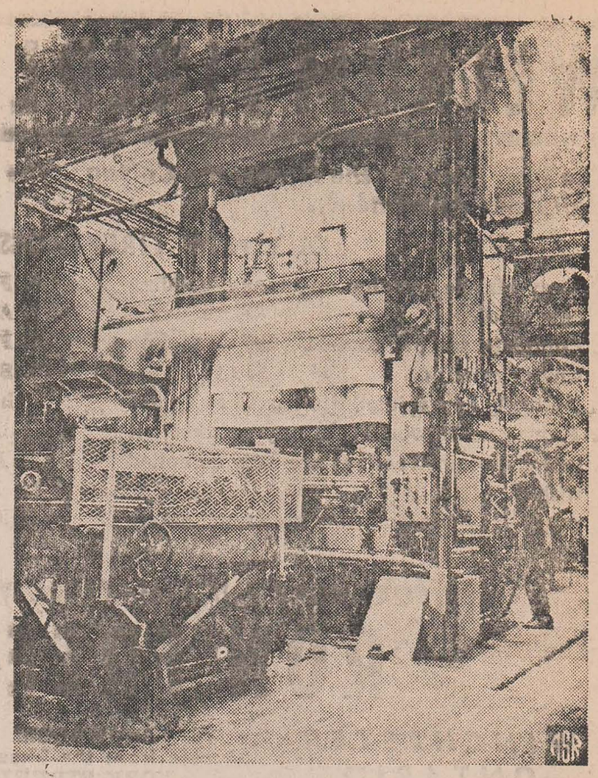

ENORMOUS – A press that can produce as many as 18 wheel covers per minute is an example of why Rockwell International of Canada Ltd.'s Automotive Products Division is an industry leader. Located at the Windsor (Ont.) Wheel Cover Operation, the 20-foot high press was specially designed to take a stagger feed of stainless steel coil stock at a 30-degree angle. With this method, the cuts are "nested" and scrap is minimized. It is a single action press that gives triple action tooling – blank, draw and reverse draw – with each press cycle. The frame is rated at 600 tons and the drive at nearly 1,000 tons.

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THURSDAY

November 1st, 1973

In co-operation with The Eastern Counties TB & RD Association Christmas Seal Campaign 1973



Lucien Lamoureaux, Member of Parliament For Stormont - Dundas, and Denis Ethier, Prescott - Russell Member of Parliament urge all citizens in Stormont, Dundas, Glengarry, Prescott and Russell counties to co-operate ...

RD MR **"It's A Matter Of Life And Breath"**

Your Christmas Seal Dollars At Work

CARE

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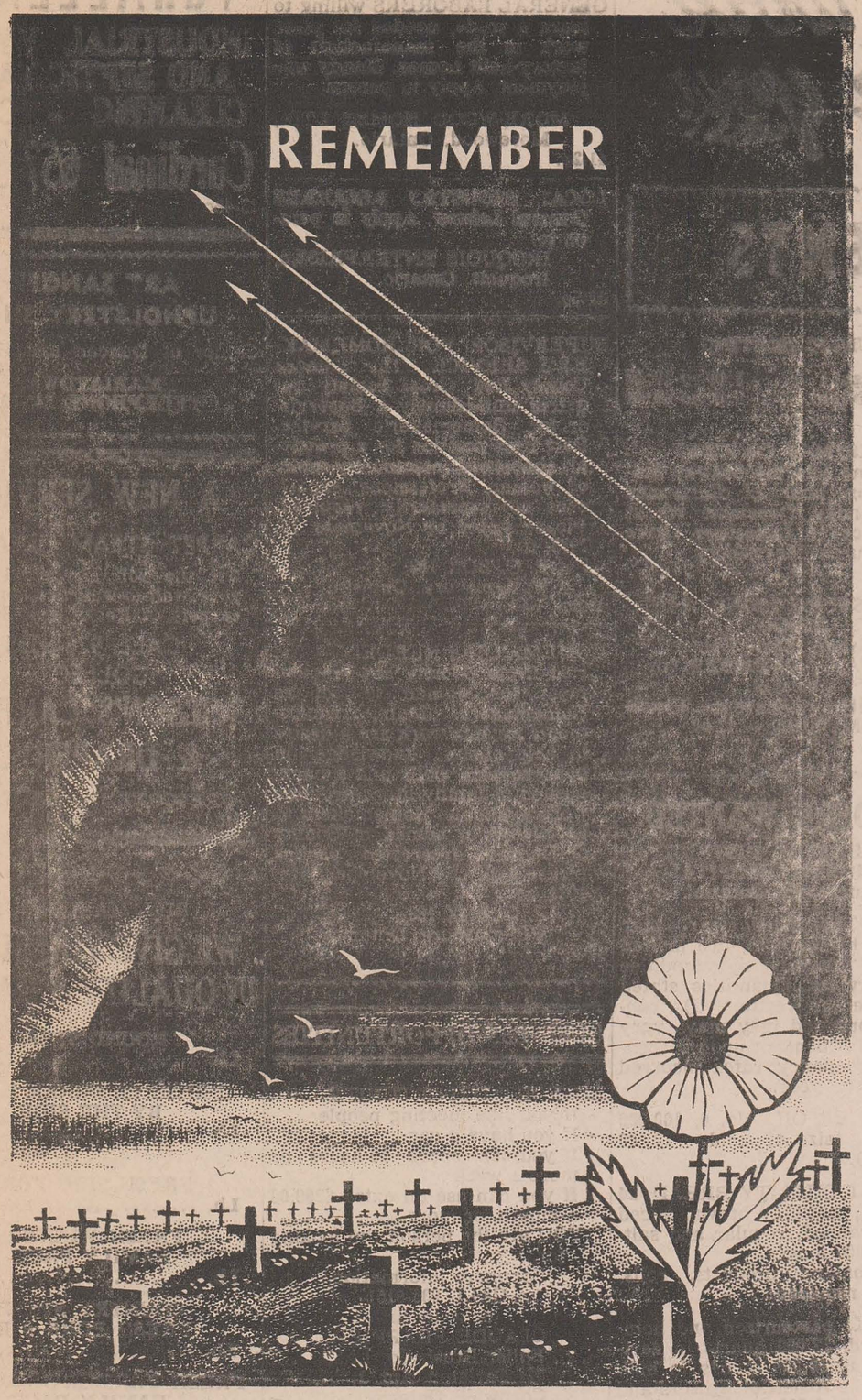
Happiness is a Canadian Medico nurse giving T.L.C. (tender loving care) and showing local Asian nurses how to keep patients clean and comfortable.

You can help spread Canadian medical knowledge by supporting Medico volunteers. Medico is a service of CARE.

Send your dollars to CARE Canada, Dept. 4, 63 Sparks St., Ottawa K1P 5A6





BRANCH NO. 48, MORRISBURG

ROYAL CANADIAN LEGION

The 2nd FORTY

Retirement Plans

Dear Margaret Brookfield:

My husband will retire soon. We live in a house that's much too spacious for us. (The children are grown and married).

The house requires a good deal of work to maintain. I would prefer to sell the house and move to a small apartment, since it would mean less fork for me. But my husband, a dedicated do-it-yourselfer, is looking forward to puttering around, doing all the painting and repairing he never had time for before. He claims it will occupy his time and keep him active. How can I convince him to sell? K.P.

Dear K.P.:

It might be better if you met your husband half-way, in mapping his retirement plans. For many workers, retirement spells boredom, following a lifetime on the job. To keep fit, it is important to keep active in retirement. So, let your husband putter around the house. But try to convince him to use his skills to make the necessary alterations that will enable you both to rent out part of the house. Your quarters will be smaller so you'll have fewer housekeeping chores. Your husband will not only be an active retiree but a healthier and happier one. In addition, the rent will provide some extra income.

Life at 40

Dear Margaret Brookfield:

I just turned 40 and hate it. I realize many renowned women are over 40 and look great. But, let's face it, they have servants and leisure time. I'm a mother and a working woman and I'm on the go every minute. Do average women — like me — come down with the over-40 blues? If so, how does one combat it? H.D.

Dear H.D.:

You've been boning up on the "beautiful people" — the "jet setters." But there are millions of average women over 40 who find that the mature years usher in confidence, fulfillment, new interests and activities. There are many books on the subject of the over-40 women and one we can recommend is "After Forty," by Sondra Gorney and Claire Cox, published by The Dial Press. Once you've understood some of the fear underlying your blues, you may start to view the second forty as the best years of your life.

DENTAL TOPICS

Supplied by The Canadian Dental Association

There is still no cure for gum disease, commonly called pyorrhea, although dental scientists have devoted a great deal of study to it.

Prevention is the key in controlling gum disease, and regular toothbrushing is one of the most effective ways to prevent and control mild cases.

Dental plaque — the slimey substance that forms on teeth — is a prime factor in gum disease. — Plaque contains bacteria that attack the teeth causing decay.— Plaque often becomes mineralized into tartar (calculus) as it clings to teeth, irritates the gums, causing them to recede.

As the gums recede, they leave spaces or pockets between the teeth and gums where bacteria and debris collect. This causes further irritation and the possibility of infection. The process is continuing and, if untreated, event ually destroys the gums and bones around the teeth. Teeth loosen and fall out.

Gum disease accounts for most tooth loss in adults, but it also affects children. About one in f i v e children has some form of gum disease. The longer they have it, the greater the chances of their losing teeth.

However, even if the disease has made considerable progress, your dentist can often control it though regular cleaning of the teeth to remove plaque and tartar. He may also perform a gingivectomy — surgical removal of diseased tissue — to halt the spread of the disease. This treatment does not rebuild the destroyed tissue, and the patient must take excellent care of his teeth and gums to prevent the disease from recurring.

Again the best method of home prevention is regular brushing after all meals to prevent plaque from forming. Combined with regular visits to the dentist to remove hardened deposits, this treat ment will help to prevent or stop the spread of the disease.



TODAY'S CHILD

BY HELEN ALLEN

THE TORONTO SUN SYNDICATE

The friendly smile gives an idea of Ken's personality. He is just as nice as he looks. Soon to be 11, Ken is a Canadian Indian with brown eyes, black hair and medium complexion. He is an average student in Grade six. He is especially interested in art for which he appears to have talent and it is hoped he will have encouragement and the opportunity to pursue this interest.

Ken is an active, healthy boy who likes most sports. He enjoys outdoor activities, especially camping. Though a quiet lad, Ken is outgoing and friendly with the ability and the inclination to get on well with people of all ages. His foster parents and teachers report that he is well behaved and co-operative.

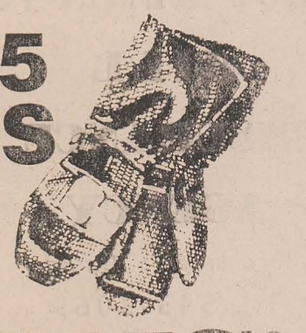
Ken has lived in both rural and urban areas and seems happy in either. The important factor of an adoption home for him is not location but the desire of the parents to add a likeable preteen son to their family. It will be preferable if there are other children in the household because Ken likes and is accustomed to young companions.

To inquire about adopting Ken, please write to Today's Child, Box 838 Station K, Toronto M4P 2H2. For general adoption information, please contact your local Children's Aid Society.



KEN LOVES CAMPING

FREE $15 MITTENS



with your BOLENS® SNOWTHROWER

If you're looking for a "no snow-shovel" winter ... Bolens has a model just right for you! Loaded with features— • Two-stage power • Heavy-duty auger • Mitt-size recoil starter • 220° discharge chute • Safety control console • Adjustable differential ... All standard features. And we're now offering a free pair of $15 mittens when you purchase any Bolens Snowthrower. (Offer expires March 31, 1974.) Stop in today.

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ADELAIDE DANIELS SAYS



Ever Dine Out in a Greasepit or Junkyard?

If I invited you to dine with me in a greasepit or a junkyard, would you accept? What if I told you that this was going to be a special treat?

Many people do this without being aware of it by promising children a special event. This involves a convenience meal at a drive-in or take-out stand where meat is a sliver wedged between three slices of soggy bun. That's not to mention the salad greens wilted by the weight of oily dressing or fish that has been smothered in batter and cooked in a hot grease bath.

True, mother gets out of the kitchen and subjects her family to stick-to-the-ribs stuff alright. It sticks to the ribs in the form of fat and does little or nothing to provide a hungry body with the type of energy-building unpolluted nutrients that are needed.

And father thinks he is spending less and giving everyone including himself a treat.

Next time you want to get away, don't be in such a hurry to head for the neon jungle of junkyards and greasepits. Stop and think for a minute.

Get with good nutrition instead of instant indigestion. In our fast-moving, "go-get 'em" culture, quick energy is vitally important to our bodies.

Junkyards and greasepits serve foods that don't give the sustaining energy you expect of them. Many of them, on the contrary, actually slow up the body functions. In addition, they rob your precious vitamin store, since they bring no vitamins with them.

All over this great land, dinner time is a time to be together, the beginning of leisure hours for the family. If it is a meal filled with proteins, vitamins and minerals enjoyed in a relaxing atmosphere, everyone will not only feel better but look better as well.

So stay away from the greasepits and junkyards. Good, healthful foods should be on your menus every day for vitality for the whole family.

Adelaide Daniels is the creator of the Canadian Family Meal Plan and author of the best seller, Adelaide Daniels Weight Watching Cookery.

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Put WANT ADS to work for you

IN MEMORIAMS

BECKSTEAD—In loving memory of my dear husband, Howard, who passed away November 5, 1967.
I had to part with one I loved
with all my heart;
The tears I shed can be wiped
away,
But the ache in my heart will
always stay.
—Sadly missed by
WIFE, EVA.
43c.

BECKSTEAD — In loving memory of a dear dad (Howard) who who passed away November 5, 1967.
Though his smile is gone forever,
And his hand we cannot touch,
We still have many memories
Of one we loved so much.
His memory is a keepsake
With which we'll never part;
God has him in His keeping,
We have him in our hearts.
—Sadly missed by
THE FAMILY.
43c.

REDDICK — In loving memory of a dear brother, George Christopher Reddick, who passed away one year ago, November 4th, 1972.
In our hearts your memory
lingers
Always brother fond and true;
There's not a day, dear brother,
I do not think of you.
SISTER, EMMA, and
CHARLIE PRESTON.
43p.

CARDS OF THANKS

I would like to thank my friends and neighbours for cards, letters and treats, while I was in hospital at Kingston. Special thanks to the Canadian Legion, the doctors and nurses on Johnston Wing, 6th Floor, Hotel Dieu Hospital, and particularly to Dr. G. M. Taylor.
BRUCE CASSELMAN.
43c.

I would like to express my sincere thanks to all my neighbours and friends who remembered me while I was a patient at Winchester Hospital. Special thanks to all the doctors of St. Lawrence Medical Clinic, and the first floor staff of Winchester Hospital.
Sincerely,
HAL WAGNER.
43c.

LOST

PUTTER — at Morrisburg Golf Club, 6th tee. Sunday, Oct. 28th. Will finder pleas
CALL 543-3258.
43p.

FOR SALE
ARCTIC CAT
SNOWMOBILES
Clothing & Accessories
STRADER TRADING POST
AUTHORIZED
ARCTIC CAT DEALER
Iroquois Ontario
Owned and Operated by
KEN STRADER
27tfc.

FOR SALE

VACUUM CLEANERS and Floor Polishers. Will demonstrate in your home.
RALPH COULTHART,
Morrisburg, Ontario.
33-5p.
42p

BARBIE DOLL CLOTHES. Order now, will hold one month. For information, call
543-3056 or 543-2463.
43p.

1 DURO PRESSURE SYSTEM complete with motor. Nearly New. 1 Half-horse Motor, good condition.
PHONE 543-3382.
43p.

SNOW TIRES — Two pair. 6.50 x 13 and 7.75 x 14. Good condition. Reasonable.
PHONE 543-3174.
43c.

3½ H.P. SNOW BLOWER with Chains. $140.00.
PHONE 543-2847.
43p.

CHILD'S EASY-BAKE OVEN. Excellent condition. $5.00. Walnut Bookcase Headboard with end and rails $12.00.
PHONE 543-3330.
43-4c.

PROPERTY FOR SALE

NEAR WILLIAMSBURG on Highway 31, 2-Storey, 3-Bedroom House plus Small Cottage, Tool Shed on ½ Acre Lot. Asking $14,500.00. For appointments, call -
Al Bouwers (613) 821-2812
Ron McAteer (613) 829-4428
JOHN DEVRIES REAL ESTATE
(224-3945)
43-4c.

BUY OR TRADE

WILL BUY OR TRADE Bathroom Fixtures for Used Bench Saw.
PHONE 535-2204.
43c.

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for that hard-to-please person
"STORMONT, DUNDAS & GLENGARRY - a history",
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42-7c.

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P. O. BOX 543 MORRISBURG, ONT.
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COMING EVENTS

BAZAAR

The United Church Women will hold their Annual Bazaar in Allan Hall on Wednesday, November 7, from 2 to 5. Home Baking, Handicrafts, Plants, etc. Afternoon Tea.
41-3c.

REMEMBRANCE DAY
SUNDAY, NOVEMBER 11th, 1973
ARMISTICE SERVICE

There will be an Armistice Service on Sunday, November 11th at 3:00 p.m., under the auspices of the Royal Canadian Legion, at the Civic Centre. There will be a parade of Veterans, Scouts, Cubs and Brownies, which will form up at the Legion Hall at 2:30 p.m., to proceed to the Civic Centre. The Chaplains, Padres Howald and Earle, will conduct the service. Wreaths will be laid at the Cenotaph as in the years past. Please try to take time to attend this service as a remembrance of those who gave their lives for us and a dedication of our lives to what they stood for.
43-4c.

LADIES' BROOMBALL

Registration for Ladies Broomball, November 6th, 8:30 at the Arena. 14 years and over. To play in the Grenville Dundas League under the Morrisburg Recreation Committee.
43c.

MIXED PARTY

In honour of Lori-Lee McMillan and David Gillmor, Saturday, November 3rd, 1973, 8 p.m. at the Villa Nova Hotel on Highway 2. Orchestra and Refreshments. $2.00 per couple.
43c.

WOMEN'S INSTITUTE

The Morrisburg Women's Institute will meet on Monday, November 12th at eight o'clock. Mrs. Nelda Hanes will show slides of her trip to California.

MORRISBURG
PUBLIC LIBRARY

Dedication of the Permanent Canadiana Collection.
Guest Speaker: Canadian Novelist, Dorothy Grant, Cornwall.
Refreshments. All Welcome.
Morrisburg Public Library, 8:00 P.M., Wednesday, November 7th.
43p.

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REAL ESTATE BROKER
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Office 543-2044
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SEAWAY VALLEY VILLAGE — Large Lot with 25' x 130' cement block building suitable for good rest home, 9 rooms finished, carpeted and tiled floors. O.F.A. furnace. Space for 10 bedrooms and two bathrooms. — Asking $10,000 down.
MORRISBURG — Excellent location, beautiful river view. This is an elegant home, spacious rooms for gracious living; double living room, bay windows and fireplace, diningroom, modern kitchen, 3 bedrooms, exquisite bathroom. Comfortable sunporch carpeted floor. T.V. tower. Priced right.
WILLIAMSBURG AREA — Very attractive, well maintained and beautifully finished solid stone home; O.F.A. furnace, Fireplace, 3 bedrooms, modern kitchen, diningroom, livingroom. T.V. tower and aerial. Magnificent country home.
TWP. OF MATILDA — 185 acres level clay loam, 90 acres plowable, 0 acres pasture, 4 mixed bush. Drilled well. 2 springs. Frame barn. Frame aluminum siding covered home. — Asking $10,000 down.
MORRISBURG — Neat, well built nicely finished 3 bedroom Brick Bungalow, electric heated, finished recreation room with fireplace. Dandy kitchen. Tiled and carpeted floors.
SALESMEN
John Allison 543-2989
Alton Bolton 543-2602
Harold Fisher 543-2213
Bill Marshall 543-3200

PUBLIC SKATING

Friday Night ..... 8:00 to 10:00
Saturday Night ..... 8:00 to 10:00
43c.

CHRISTMAS CONCERT

Come and join the Seaway Singers for an hour of Christmas Music, Sunday, December 9th at 8:00 o'clock, in Lakeshore Drive United Church, Morrisburg.
42-8c.

MORRISBURG LIONS CLUB
BINGO
Morrisburg Civic Centre
TUESDAY, NOVEMBER 6th
8:00 p.m.
Jackpot $150 — 5 Share the Wealth
ADMISSION — $1.00
42-3c.

TENDERS WANTED

WINCHESTER DISTRICT
MEMORIAL HOSPITAL
Winchester, Ontario.

SEALED TENDERS, clearly marked as to contents, are invited for the following commodities and services. Quantities stated are average (estimated) consumptions and they may vary and are dependent upon percentage occupancy rates incurred during the year.

(a) BUNKER OIL, No. 6, 100,000 gallons (size of tank: 10,000 gallons).

(b) FIRST QUALITY BREAD, 24 oz. loaf, white or brown, sliced and wrapped, regular and saltless, 8,000 loaves.
Other baking products, rolls, etc. as required.

(c) MILK, pasteurized and homogenized, 12,000 quarts in cartons, plus 10,000 quarts in bulk for use in Arnett dispensers and skim milk 1,500 quarts.
(total cost of the individual items in section "c" will be used as the basis on which this part of the tender will be considered).

Period of supply for the above commodities will be for 12 months from January 1, 1974, and all bids are to be based on delivery at the hospital.

(d) SNOWPLOWING — hourly rates only should be quoted. Further details as the scope of the work involved, insurance requirements, etc. may be obtained fro mthe undersigned at the hospital.

CLOSING DATE FOR TENDERS WILL BE FIVE P.M. THURSDAY, NOVEMBER 15th, 1973.
LOWEST OR ANY BID NOT NECESSARILY ACCEPTED.

THE ADMINISTRATOR,
Winchester District
Memorial Hospital,
Winchester, Ontario.
43-4c.

SCHOOL OF HIGHLAND DANCING
beginning
TUESDAY, NOV. 6, 1973
at 4:00 p.m. at
THE CIVIC HALL IN IROQUOIS
GOOD FOR BOYS & GIRLS OF ALL AGES
For Information, call:
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MORE-WOOD HOMES LTD.,
Morewood, Ontario.
41-2c.

LOCAL INDUSTRY REQUIRES General Labour. Apply in person to:
IROQUOIS ENTERPRISES,
Iroquois, Ontario.
42-5c.

SUPERVISOR FOR HOMEMAKER'S SERVICE. The Dundas County Red Cross Society requires immediately a Supervisor for Homemaker's Service. Part time position for a practical, concerned, community-minded woman. Professional experience not necessarily required. Please apply by November 10, 1973, to
P. O. BOX 189,
Wi.liamsburg, Ontario.
42-3c.

HOMEMAKERS NEEDED — The Red Cross Society has employment for women to act as Homemakers. Main requirements for this work are a desire to help others, knowledge in housekeeping skills and a background of family life. Part time work available. Homemakers to be placed in homes in County of Dundas. Interested parties please apply by November 17th, 1973, to
P. O. BOX 189,
Williamsburg, Ontario.
42-3c.

BUSINESS OPPORTUNITIES

BUSINESS OPPORTUNITY .. —
- If you like meeting people
- If you have a car
- If you can spare 10 hours or more a week
- If you can use an extra $200.00 a month, or more,

YOU are the person I'm looking for.
For more information,
CALL 933-8151
or write to:
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Fuller Brush Co. Ltd.,
521 Carleton, Apt. 1,
Cornwall, Ontario.
Please give your phone number!
42-5c

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Phone 774-2606 or write:
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WINCHESTER, ONT.

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23-48c

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R.R. 2, Chesterville.
Phone 448-2409.
41-3c.

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