THE CHESTERVILLE
RECORD

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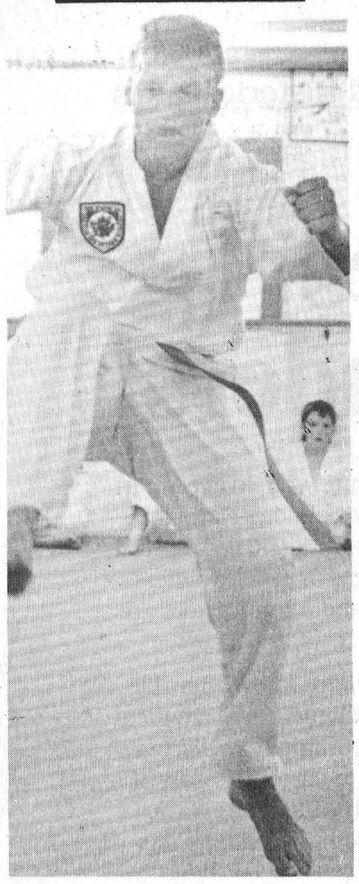
This week



New colors

Local Tae Kwon Do's get promotion . . . . . **Page 13**

Too much of a good thing

Heat drops Avonmore Fair crowds but exhibitors happy

AVONMORE — It's true. You can have too much of a good thing. Just ask the directors of the Avonmore Fair, who had to stand back and watch as the weekend's soaring temperatures caused attendance at the 130th annual fair to drop.

Jean Canham, the secretary of the Roxborough Agricultural Society, which runs the fair, said a temperature of more than 30 degrees kept people away from this year's fair. "We just know that we were down...we could certainly tell by looking there weren't as many (as last year)," she said.

Last year's fair, with the help of warm, sunny weather, drew about 6,000 visitors.

A tally on the fair's attendance is not yet available.

Although unhappy with the overall attendance, Canham was pleased with the way the fair ran. "The fair...was well organized...it ran smoothly. It was excellent from my point of view," she said.

More than 50 volunteers kept the three-day fair running. Horse races, a parade and talent show on Friday night got the fair off to a good start as the grandstand was filled to capacity and some spectators brought their own lawn chairs or simply sat on the grass to enjoy the evening's entertainment.

The talent contest, with a lineup of more than 20 amateur stars, was one of the fair's high points. Entertainment was varied, featuring two rock and roll bands, several country musicians, dancers, a yodeller and a keyboardist. Patty Gallant, who sang to taped country music, won the contest.

Another highlight was the children's tractor pull, a first time event and organizers had more contestants than anticipated. "Certainly the children's tractor pull was fun from the children's point of view, if it wasn't so hot it would have been fun watching," Canham said.

The weather was so hot visitors made every effort to seek shady spots. During the dairy princess pageant Saturday, candidates were evacuated from the uncovered stage after their speeches to await the judges' decision.

Nina Dekker, of Lunenburg, was selected Stormont Dairy Princess for 1990-91.

Turnout was lowest on Saturday during the day when most of the fair's agricultural events were held. But with the exception of the beef show, the other agricultural shows had good exhibitor turnout, Canham said.

The low spectator turnout for the agricultural shows didn't seem to bother exhibitors. Finch township area farmer Floyd Dingwall praised organizers for their effort. "They've done a tremendous pile of work. It (the fair) looks pretty good other than the heat," he said.

Chesterville area horse breeder Louis Moriarty, who has been coming to the Avonmore Fair for about two decades, had high praise for the fair. "It's a good, a great fair," he said.

Turnout was higher Sunday, despite the heat, because there were more family-oriented events. A baby competition held underneath a tent drew a large crowd as did entertainment at the grandstand.

Other activities included a slo-pitch tournament, beach volleyball tournament, a petting zoo for children, and GT Dyno Bicycles, a trio of acrobatic cyclists from the United States, held several demonstrations.

The Ontario Provincial Police maintained a visible presence at the fairgrounds this year. An OPP display trailer promoting alcohol-free driving was on hand with police officers providing guided tours.

Last year three area youths, who had attended fair events were killed in a car accident. Testimony at a subsequent coroner's inquest revealed the youths had been drinking alcohol prior to the accident. The fairboard was absolved of responsibility in a hearing last month.

Visitors to this year's fair got to and from the fair safely. But there was a break-in Saturday night at an office at the fairgrounds.

Long Sault OPP Sgt. Sue Laverty said only a small amount of money and some cigarettes were stolen. There are no suspects in the case.

The theft didn't seem to bother the fair's organizers too much. "It was so minor compared to what happened last year so we all just took it with a grain of salt," Canham said.



Nina Dekker of Lunenburg was crowned 1990-91 Stormont Dairy Princess at the Avonmore Fair Saturday, by pageant co-ordinator Barbara-Ann Glaude. Dekker who defeated two other candidates, will help promote the dairy industry for Stormont dairy producers and processors over the coming year.

Record Photo - Cossette

Newsbriefs

Careless driving

CHESTERVILLE — A Chesterville man has been charged with careless driving and failing to remain at the scene of an accident in connection with an accident in Chesterville July 23. Tony Paul, 21, was charged after a vehicle southbound on Main Street struck a car stopped at the intersection of Main and Queen Streets. The car, owned by Donald Grant Smith, 60, received moderate damage. The Paul vehicle also received moderate damage. No one was injured in the crash.

$16,000 campaign

CORNWALL — The Big Brothers and Big Sisters of Cornwall and District will start a campaign to raise $16,000 this Friday. A letter detailing the Big Brother's and Big Sister's fiscal needs for this year is being sent to 378 local businesses, industries, service clubs, and professionals. The $16,000 to be raised will supplement the organization's regular sources of income which is derived through a weekly bingo, an annual Bowl for Millions and a service fee.

Creek kick-off

MOOSE CREEK — Local dignitaries were on hand as the Moose Creek Chamber of Commerce officially kicked off a campaign to raise money for the community's future $120,000 medical clinic. The campaign has already gotten off to a good start. Residents purchasing bricks, which will be fitted with plaques bearing their names inside the medical clinic, have already contributed at least $10,000, said Roxborough Township councillor Gerald Montcalm. The goal of the campaign is to raise $40,000, a third of the total cost. Roxborough Township council has already contributed $30,000 and another $50,000 is expected from the federal government through the SD&G Community Future program. Montcalm said he doesn't expect any difficulty getting the federal grant.

NDP to meet

MORRISBURG — The New Democratic Party will be holding its nomination meeting, this Friday, in Morrisburg to select a candidate for the coming provincial elections for the riding of Stormont, Dundas, Glengarry and East Grenville. So far, one person, Helena McCuaig, an Alexandria-area primary teacher, has announced her intention to seek the NDP candidacy. Local riding president Trevor Tolley said last-minute nominations from the floor are possible and could turn an expected acclamation into a contest. The meeting will be held in Morrisburg village council chambers.

Pyke in Winchester

WINCHESTER — Ontario Federation of Agriculture (OFA) President Brigid Pyke will be attending a meeting of the Dundas Federation of Agriculture (DFA) Thursday evening in Winchester. The meeting which starts at 8 p.m. will be held in the boardroom of the Ontario Ministry of Agriculture and Food's Winchester office. DFA President, Alvin Runnalls said she will talk about a new funding mechanism for the OFA and about trade matters related to the GATT talks.



Flying cyclist

Joe Johnson, of Boston, Mass. performed stunts with his bicycle at the Avonmore Fair, Sunday. Johnson was part of a three-man team, GT Dyno Bicycles, who are touring Canada, showing off their acrobatic skills.

Record Photo - Cossette

Crysler fighting for clinic

Yves Cossette
Record Staff

CRYSLER — Plans to keep Crysler's only health clinic from closing have failed, but a committee formed to keep it open will fight to get a new one.

To get the new health clinic, the committee, the Crysler Health Association, wants to promote the formation of a Chamber of Commerce for the hamlet, said association president Marielle Provost Friday.

The association wants to follow the lead of Moose Creek's Chamber of Commerce, which has led a drive to build a new medical clinic, she said.

The Moose Creek chamber has already been promised $30,000 from Roxborough Township council for the $120,000 project and is expecting a $50,000 federal government grant.

See Clinic, page 2

Princess promises dairying defence

Yves Cossette
Record Staff

AVONMORE — With a promise to shatter the myth among low cholesterol advocates that dairy products are unhealthy, Nina Dekker of Lunenburg has been chosen Stormont County's new dairy princess.

Dekker was crowned 1990 dairy princess in blistering 30-degree heat Saturday at the Avonmore Fair, defeating two other candidates for the title to represent Stormont milk producers for the coming year.

In her speech she told spectators she is going to put an end to the myth surrounding dairy products. "Society has created a myth that milk is fattening," she said.

She argued that milk was irreplaceable because it is naturally-made. "I mean the cows don't add any preservatives," she said.

Now Dekker gets to take her message beyond the Avonmore Fair. Over the year she will promote milk at schools and at social functions for the Stormont Milk Committee.

But for Dekker, getting the job was unexpected. When the new dairy princess was first named, it didn't quite sink in right away. "I thought they had said the wrong name or something...I was surprised. I usually don't win these kinds of the things. I usually get to be runner up," she said.

All three candidates were put through personal interviews with the judges during the competition Saturday. The interviews were followed by public speeches by each of the contestants.

The two other contestants were Christine Dittburner of Moose Creek and Elsie Buiting of Finch.

Dittburner talked about the importance of milk in people's lives and diets while Buiting discussed the importance of the multi-million-dollar dairy industry in Ontario.

The pageant was held outdoors in sweltering heat on a stage in front of the grandstand. But the stage was uncovered and the three contestants were allowed to leave the stage after their speeches to seek shade while the judges decided who to crown.

Dekker takes over as dairy princess from Silvia Speck of Moose Creek. She has already been briefed by Speck on her duties.

Work begins in earnest for Dekker at the end of August when she accompanies Speck to the Ontario Dairy Princess Pageant in Toronto. Locally, she will start work at the Newington Fair in early September, she said.

Originally from the Netherlands, Dekker came to Canada with her family six years ago and settled near Lunenburg. She will be graduating from St. Joseph's Catholic School in Cornwall next spring. From there she plans to go to the University of Waterloo in Kitchener-Waterloo to study math and physics.

Currently she works as a waitress at a Cornwall restaurant, but isn't sure if she will have the time to stay on the job while being dairy princess.

Grits, Tories quick off mark

WINCHESTER — An early September election call has the opposition parties making hasty campaign plans in the riding of Stormont, Dundas, Glengarry and East Grenville.

Progressive-Conservative incumbent Noble Villeneuve says he's prepared to campaign on the strength of his past record and his stance on the issues of the election, slated for Sept. 6.

Villeneuve said a central issue in this election is the credibility of David Peterson's Liberals.

"The fact that the election was called only three years into a four-year mandate is an issue in itself," he said.

Villeneuve believes the Liberals haven't made good on earlier election promises such as the controversial issue of no-fault auto insurance. "The average policy is up by 22 per cent and coverage down by 50 per cent with a limited ability to sue", he said in a telephone interview Tuesday.

Villeneuve also criticized the Peterson government for making agriculture and food a "low priority".

"The farm tax rebate was supposed to bring equity but it hasn't," he said. Villeneuve says he supports higher salaries for nurses in the province and would like to keep Sunday as a no-shopping day.

Meanwhile, Liberal candidate Denis Sabourin wasn't available for comment at press time. However, media relations agent Bruce Myers said this campaign will focus primarily on local issues.

Myers said a new pipeline water system for Dundas will be discussed along with proposals for attracting new industry to the Alexandria area. He said campaign offices will be opening next week in Alexandria, Kemptville, and Morrisburg with the headquarters in Winchester.

Although the New Domocrats have yet to hold a nomination convention, Alexandria-area teacher Helena McCuaig has announced her intention to run on the NDP ticket.

McCuaig, a teacher in the English section of the SD&G separate school board and formerly a member of the National Farmers' Union, wants government to focus on economic development, environmental policy, and upholding of social programs in the province.

See Election, page 2

Sunday shopping gets a 'No'

Greg Kielec
Record Staff

CHESTERVILLE — Some large chain stores in major centres are definitely remaining open on Sundays. But in Chesterville, businesses are standing by tradition and remaining closed on the long-held day of pause.

In Chesterville, the two grocery stores are remaining closed Sundays despite a recent Supreme Court decision allowing wide-open Sunday shopping. And the Seaway Valley Pharmacy also plans to remain closed on Sundays.

Mike Dean, of Dean Super Food Store in Chesterville, said he will remain closed as long as competing grocery stores remain closed on Sundays.

"We have no intention at this time of opening," Dean said recently. But he added, if competing stores open on Sundays, he may be forced to open his store as well.

"Personally, I'm against it. But you have to protect your business interests," he said.

All of his full-time staff are against Sunday shopping and he thinks there should be a province-wide ban on all types of stores.

The reason there is a battle over Sunday shopping is because some stores can open and others cannot. "But that's unfair," he said. Either all stores should be open on Sundays or all should be closed, excepting drug stores.

A day of rest for families is needed, he said. "A common day of pause, a family day, is very important." If he does open on Sundays, he said he will staff his store voluntarily if possible.

Kim Benn, manager of Freshmart in Chesterville, said his store will remain closed on Sundays as long as competing stores stay closed.

"We discussed it...and the only position that we felt was that if our competition opened, we would have to, but as long as they don't, we won't."

One concern if grocery stores open on Sundays is that small businesses like Beckers will not survive, "and that just causes more problems for all of us." He added, "the people in here do need that one day off," including him.

"You know your friends are working. You know that Sunday they are not working. You can sort of go out and have a good time or whatever."

He thinks a provincial Sunday shopping ban is best. "Provincial is probably the best way to go...keep it closed...I don't see why, we've done it for...100 years."

There is some demand for Sunday shopping, but it is questionable just how large that demand is. "There seems to be some demand, but not a lot."

"People only have so much money to spend anyway. So if they're not spending it Friday, they're spending it Saturday, they're not going to have any money Sunday anyway."

Dale McNaughton of Seaway Valley Pharmacy, said he would only open the store on Sundays if an existing agreement providing drugs for patients fails.

"I think in general we can get along nicely on a six-day week," he said.

The pharmacy has an agreement with the local hospital in which if a patient needs prescription drugs, and it is on a Sunday, it will provide enough medication until the person can purchase more on the Monday.

McNaughton said the present system works "quite well", but if for some reason the system faltered, he would be forced to open his store Sundays to ensure patients who need drugs get them.

If the pharmacy doesn't have to open on Sundays, he is in favor of keeping it closed and retaining the day of pause for him and his staff.

But he added, he isn't in favor of a provincial ban on Sunday shopping. He thinks Sunday openings should be an issue decided by municipalities. "I just feel that we're so legislated," he explained.

It may pose a problem if one municipality allows Sunday openings and one doesn't, but he still feels the issue would be better decided locally.

Mollusks muscling way here

Yves Cossette
Record Staff

BERWICK — Zebra Mussels. Coming soon to a waterway near you.

The tiny clam-like mollusks are infesting waterways all along the St. Lawrence and Great Lakes watershed and local conservation officials agree it's only a matter of time before the prolific reproducing clam makes its way up the South Nation River.

The creatures have already been located in quantities at the coast guard base in Prescott and at the St. Lawrence Seaway locks at Massena.

Mike Eckersley, a district biologist with the Ministry of Natural Resources in Cornwall said it was inevitable that zebra mussels would make their way up the South Nation River. "They will survive quite well in the South Nation River," he said.

But less certain is when they will arrive and what impact the zebra mussels will have on fish and water plant life and on water intakes. Eckersley believes the murky waters of the South Nation will make living conditions for the mussels less ideal than in the Great Lakes where they have become an infestation.

"They will have some difficulty in (murky) waters because there isn't as much food," he said.

The zebra mussels feed on plankton. But since plankton needs sunlight to develop, the turbid waters of the South Nation is home to only a limited amount of plankton. "That's probably the only bit of good news," Eckersley said.

The infestation is believed to have started two years ago when a ship originating from a European port emptied its ballast water into Lake St. Clair.

Since then the mussels have spread quickly to Lake Erie, the Niagara River, the Welland Canal, Lake Ontario, and to parts of the other three Great Lakes.

Zebra mussels form colonies much like barnacles and cling to reefs, boats, piers, water intake pipes and acquatic plants. As many as 30,000 mussels can cover a square metre and large concentrations have been found in water intake pipes in both Ontario and the United States.

Eckersley predicts the cost of replacing clogged water intakes could go into hundreds of millions of dollars. Damage to existing acquatic and plant life is less clear, but the zebra invasion is likely to cause some big changes in the ecosystems of the Great Lakes. "We're going to see major changes in the dynamics of the food web and what the final impact will be, we're still guessing at this point. I don't think it will be good," he said.

Dennis O'Grady, director of the South Nation River Conservation Authority agrees that it's a matter of time before the zebra mussels arrive in the South Nation. "I'm not sure when they'll ever be a problem," he said.

Water intake plants are a favorite target of the zebra mussels and municipalities and industries that take their water supply from the South Nation will be vulnerable. "As they go up river they'll clog up certain things," he said.

O'Grady warned that fish stocks could be reduced since zebra mussels are prone to taking up residence in fish spawning grounds.

Osnabruck Township officials are bracing themselves for the onslaught of the zebra mussels. The township is situated on the St. Lawrence between Massena and Prescott where the mussels have been located.

The township's water and sewer superintendent, Bart Whitton, said the mussels could cause problems for the township's water intake which supplies Ingleside residents with water. "We certainly have a concern on it," he said.

The intake's pipe is only 40 centimetres wide and is 1.5 kilometres long making it vulnerable to clogging.

The mussels are notoriously difficult to remove, because if removed they quickly grow back. "It is going to be expensive if we ever have to get involved in cleaning those damned things out," Whitton said.

If the mussels got into the township's water intake Whitton estimates removal costs could come out as high as $100,000.

So far nothing has been found to stop the zebra infestation. The Ministry of Environment has experimented with using chlorine to remove mussels from intakes, but the effect chlorine has on other aquatic life is not yet known.

But Eckersley said once the food chain in the lakes and rivers has a chance to adapt to the changes brought about by the zebra mussel infestation, their growth rate will slow down.

FROM THE FRONT

Clinic

Clinic, from page 1

Two doctors have been found to work at the proposed clinic.

Provost believes by creating a Chamber of Commerce, Crysler residents will find it easier to get the same kind of government grants Moose Creek is expecting to receive.

The association is hoping to procure a grant from the SD&G Community Future Program, a federal program set up by the Ministry of Employment and Immigration. "To have some grants you need to have an organization, so we're going to form a Chamber of Commerce to apply for that grant," she said.

Provost said the association plans to distribute flyers informing residents of the proposal to create a Chamber of Commerce.

The need for a new clinic in Crysler arose when doctors Jacques Brunet and Michel Lamoureux, who had shared the clinic in Crylser for 11 years, decided in May to close it.

Brunet defended the move, saying both doctors wanted to concentrate on their growing clientele in Embrun, where they are based, and found it impossible to divide their time between two communities.

A petition against the closure of the clinic was signed by 200 residents in late May and the Crysler Health Association was created by eight residents to find doctors to replace Brunet and Lamoureux and to find a buyer for the clinic. The clinic was closed last week before replacements could be found.

But the association has found two possible replacements for Brunet and Lamoureux. "We contacted some doctors and we're waiting for an answer," Provost said.

For an application fee of $85, the association has enlisted the help of the Ontario Doctor's Association, a placement service to locate doctors for the new medical centre.

Finch township has found two possible replacements for Brunet and Lamoureux. "We contacted some doctors and we're waiting for an answer," Provost said.

Finch township council has already donated $200 to the association to pay expenses like the application fee, stamps for letters and long distance phone calls in efforts to get new doctors for Crysler.

Provost said Crysler's service clubs have pledged $50 each to help the health association's campaign.

The campaign to revive the health clinic has slowed down somewhat in the last few weeks because many residents are away on vacation, but Provost believes once most people are back the efforts to get a new clinic will move more quickly.

"Likely in August we're going to go more for it," she said.

The proposed medical centre envisioned by Provost will include a legal office, pharmacy and aerobics centre, to stimulate the creation of new business and jobs in Crysler.

The federal Community Futures grant, which the health association is seeking, is dependent on whether the new medical clinic will generate jobs, she said.

Election

Election, from page 1

At press time, McCuaig was not available for comment.

Gordon McGregor, leader of the Ontario wing of the Confederation of Regions (COR) party, said his local riding association is awaiting approval of its formal registration application before it can field a candidate.

Although he didn't say whether he will personally carry the COR banner through the campaign, he was critical of Peterson's election call.

"He (Peterson) didn't have to call this one," McGregor said. "It's just costing taxpayers lots of money."

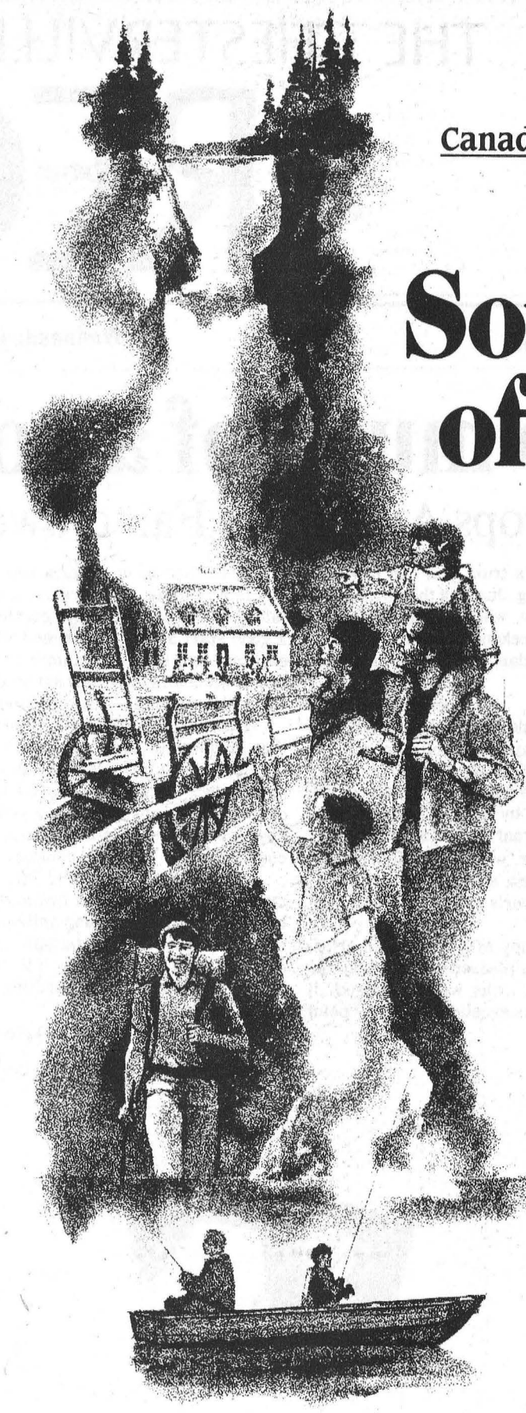
McGregor noted that a fundamental plank in COR's political platform calls for the institution of fixed, four-year terms of office.

However, Villeneuve said "we're ready" for this election.

"We're better prepared than we were in '87," he said and he announced he's setting up campaign offices in Winchester, Kemptville, Morrisburg, and Alexandria.

Villeneuve's campaign manager, Basil Dawley, announced Tuesday that the PC election headquarters will be located in Winchester at 498 Main Street.

Meanwhile, George Brown of Cardinal has been named returning officer for the riding. The office address is Cardinal Village Square, Highway 2, Cardinal. Phone number, 657-3157.



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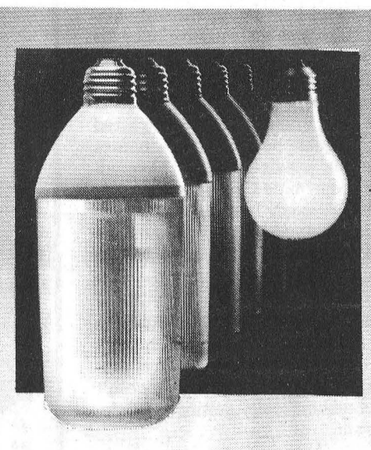

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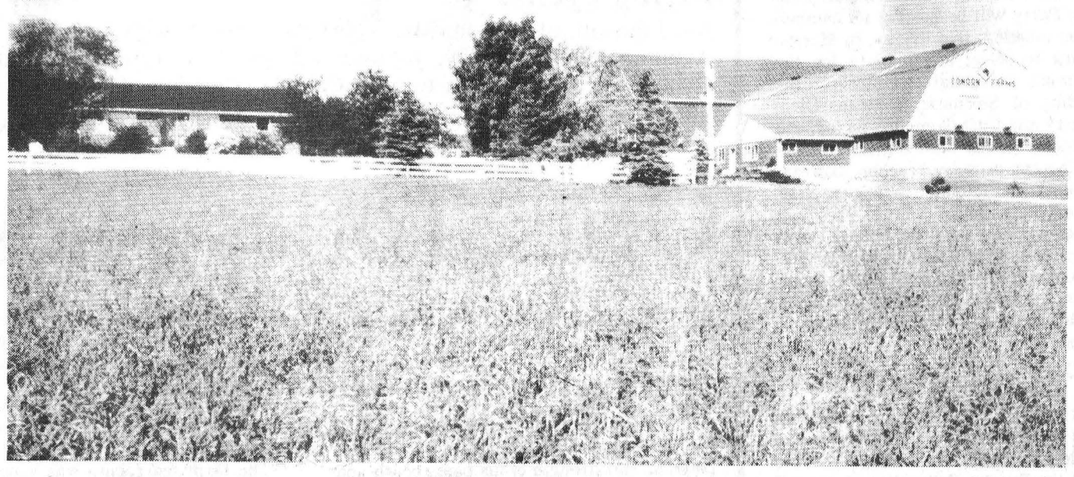

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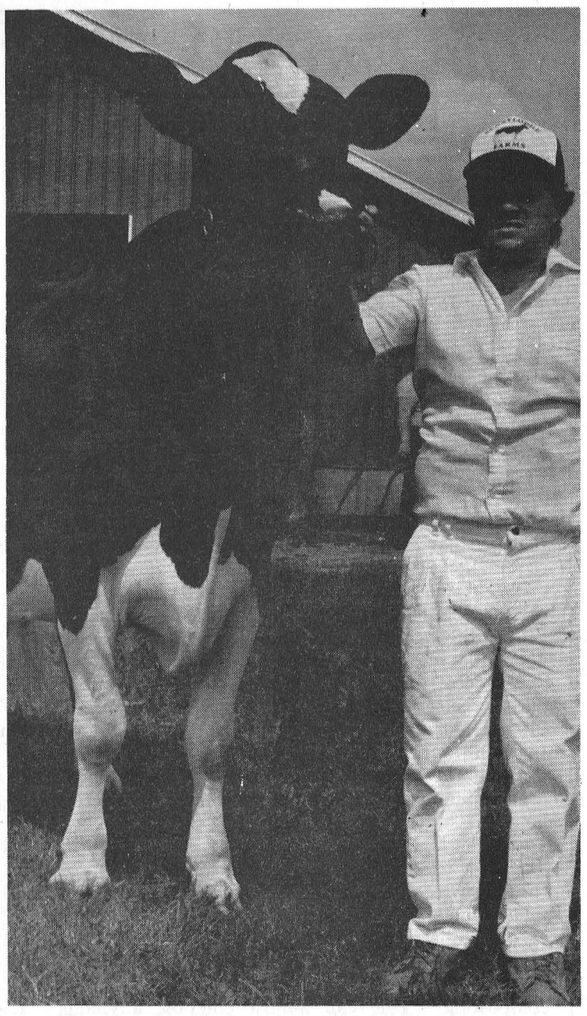

Holstein Champion

Sunnylodge Valiant Hope, a five-year-old Holstein cow was named grand champion of the Holstein show at the Avonmore Fair, Saturday. Mark Smith of Sunnylodge Farms, stands next to the prize-winning cow.

Record Photo - Cossette

Ottawa firm buys Newington Lodge Rest Home

NEWINGTON — Three years and three months after purchasing Newington Lodge, Jack and Chris Lemieux have sold their rest home to an Ottawa firm and will be concentrating their efforts on their Chesterville take-out restaurant.

The sale of Newington Lodge Rest Home to Golden Investment Opportunities, the Ottawa firm that purchased financially-troubled Hulbert Lodge two weeks ago, takes effect today (Aug. 1).

The Lemieuxs have owned Newington Lodge since April 1, 1987, converting the former 18-bed nursing home to a licenced rest home.

Chris Lemieux told The Record Monday she and her husband feel fortunate in turning the business over to Golden Investment Opportunities. "After three years of establishing a good reputation we didn't want to just pass it on to anybody. We're glad to see the changes Golden Investments have in store for the home."

She and her husband felt they were doing neither themselves nor the residents of the home a favor by dividing their time between Newington Lodge and Jumpin' Jacks, the Chesterville take-out restaurant they opened Sept. 6, 1989.

The two operations differ so much in nature the Lemieuxs felt they had to concentrate on one or the other and when a buyer was found for the rest home they decided to devote their energies to the Chesterville business.

They had planned to open it as a full scale restaurant and with the sale of the rest home now completed, will be able to work toward that goal.

Chris Lemieux said Monday they hope work on the restaurant will start in the fall of 1991.

In the meantime they will continue running the take-out business, hoping to keep the seven-day-a-week basis they adopted in the late spring.

"I think the area has shown there is a need for it," she said.

Ironically, the Lemieuxs' plan for a restaurant at their location at the junction of Highway 43 and County Road 7 matches that of an earlier owner of the property.

Bill Marcellus, who operated a butchershop in Dunbar for many years, bought the building that now houses Jumpin' Jacks in the late 1970s and had planned to turn it into a steakhouse but difficulties in obtaining a liquor licence put paid to the idea and it was sold.

Golden Investments is a financial and property management firm and the nursing homes are owned by its Golden Lodge division.

Company president Maurice Hayes stated in a press release issued Monday that the name of the Newington facility will be changed to Golden Lodge - Newington.

The company plans to expand the home by at least 16 beds and is now obtaining quotes for the expansion. He hopes to have work started in the fall and the company is now determining demand for such an expansion of the facility, he said Tuesday.

The expansion will increase the home's semi-private and private accommodations.

A feature to be added to the home is space for overnight accommodations for relatives visiting lodge residents.

Golden Lodge also has its own lawyer on board to help residents with such legal questions as drawing up wills and the company's chartered accountant is available to help residents with financial questions.

These services are offered at no charge, Hayes said.

This is Golden Lodge's first venture into the rest home business and the company is looking at two more homes, Hayes said.

The company sees the business as a solid investment opportunity as Canada's population ages.

Avonmore Ayrshire show à la Mode Bros.

AVONMORE — Mode Brothers of Vankleek Hill dominated the Ayrshire show at the Avonmore Fair over the weekend.

The brothers were named the Premier Breeder and the Premier Exhibitor and received Grand Champion honors for Bonnie Brae Kellina and Reserve Grand for Bonnie Brae Peaches.

They also swept the Junior class with Junior Champion Bonnie Brae Roselle and Reserve Champion Bonnie Brae Famous.

Winners in the individual classes were as follows:

Calf: first - Bonnie Brae Roselle, Mode Bros.; second - West Meadow Mallory, Neil Kittle; third - Glengarry M. Phoebe, Glengarry Farms Inc.

Junior yearling: first - Bonnie Brae Classic's Lee, Mode Bros.; second - Brookview Starkay 2, John Bradley and Son; third - Brookview Star Tricia, John Bradley and Son.

Senior yearling: first - Bonnie Brae Famous, Mode Bros.; second - West Meadow Vanna, Neil G. Kittle; third - Brookview Star Sonia, John Bradley and Son.

Junior champion: Bonnie Brae Roselle; **Reserve Junior:** Bonnie Brae Famous and **honorable mention:** West Meadow Vanna belonging to Neil G. Kittle of Winchester.

Two-year-old: first - Bonnie Brae Peaches, Mode Bros.; second - Brookview Star Kay, John Bradley and Son; third - Brookview Duchess, John Bradley and Son.

Three-year-old: first - Bonnie Brae Kellina, Mode Bros.

Four-year-old: Bonnie Brae Violet, Mode Bros.

Five-year-old: first - Glen Elm Rosette, Neil Kittle; second - Princess Jades Selena, Mode Bros., third - Memorylane Lily Beth, Roy and Don Simmons.

Mature cow: first - Bonnie Brae Red Cinderella, Mode Bros.; second - Brookview Hope, John Bradley and Son; third - Bonnie Brae Jades Precious, Mode Bros.

Breeders herd: first - Mode Bros.; second - John Bradley and Son; third - Roy and Donn Simmons.

Best udder: first - Bonnie Brae Kellina, Mode Bros.; second - Bonnie Brae Red Cinderella, Mode Bros.; third - Neil Kittle.

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Everything coming up Sunnylodge

AVONMORE — Chesterville's Sunnylodge Farms came up big at Saturday's Holstein Show capturing both the Grand and Junior Champion titles at the 130th Avonmore Fair.

Sunnylodge's five-year-old entry Sunnylodge Valiant Hope captured top honors while Sunnylodge Deanna was judged top calf and junior champion.

Huybregts Farms Ltd. was named Premier breeder and Premier Exhibitor winning three of the 10 classes.

John and Mary MacLeod's senior yearling, MacGirls Katrina Starbuck, was awarded the Reserve Junior Champion spot.

Results from the individual classes are as follows:

Calf: Sunnylodge Deanna, Sunnylodge Farms; McQuat Inspiration Sarah, McQuat Bros.; Lochill Valiant Hannah, Carmen Howes.

Junior Yearling: Limbra Benjamin Franny, Huybregts Farms; Sandburn Tabitha, Ian Sandilands; Twincrest Tab Lucille, Andrew McQuat.

Senior Yearling: MacGirls Katrina Starbuck, John and Mary MacLeod; Sunnylodge Prelude Spottie, Sunnylodge Farms; Stronghaven Pandora Mid, Stronghaven Holsteins.

Two-year-old: Sunnylodge Anthony Butter, Sunnylodge Farms; Limbra Prophecy Dessie, Huybregts Farms; Golden Bank Wilma, Huybregts Farms.

Three-year-old: Braydale Madona, Jean and Wendy Bray; Beerwort Tempo Barb, McQuat Bros.; Boaview Hylite Faith, Gordon Boa.

Four-year-old: Rivermead Lancer Irene, Huybregts Farms; Gerann Marlin Suzie, Jean and Wendy Bray; Braydale Judy, Jean and Wendy Bray.

Five-year-old: Sunnylodge Valiant Hope, Sunnylodge Farms; MacGirls Goldie Marlin, John and Mary MacLeod; Stronghaven Spartan, Stronghaven Holsteins.

Mature Cow: Boaview Majesty Molly, Gordon Boa; Jansdale Margy, Jean and Wendy Bray; Spruceside Alexis Matt, Spruceside Farm.

Breeder's Herd: Huybregts Farms; Stronghaven Holsteins; Braydale Holsteins.

Best Udder: John and Mary MacLeod, Sunnylodge Farms, Gordon Boa.

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THE CHESTERVILLE
Record Editorial / Opinion

Editorial

Expensive opportunism

The question is why?

Why has Ontario Premier David Peterson plunged the province into a $40-million expense for an unnecessary general election, only three years into his present five-year term?

What possible interest except that of the Liberal party can be served first, by calling an election when his government could sit until 1992, and second, by conducting the campaign in the dog days of August, when the interests of the electorate are focused on anything but extending a government's mandate?

The answer to the first question is that the Liberals are sure of a victory, and hang the expense. Premier Peterson can go into the record books as the first Liberal in 50 years to win a second majority in Ontario and can extend his hold on power until 1995.

His three-year "contract extension" will cost Ontario taxpayers $13.3-million a year, an amount about equal to a baseball player's salary and which would be far better spent addressing problems more pressing than just ensuring the Liberals get a few extra innings on the government side of the legislature.

There is no doubt the Liberals will win another massive majority. They now hold 93 of the province's 131 seats, making a mockery of the premier's claim that he needs a new mandate to deal with his agenda of dealing with the "profound changes in the world and this country in the past three years, putting new pressures on Ontario."

One would almost assume that with a majority the size of which the Liberals piled up in 1987, they would already have the mandate to deal with the changes and pressures that have occured during their last three years in government. Following the premier's reasoning, Ontario voters can expect a general election every time profound changes pressure this province (at the least, they should be able to expect a referendum every time the premier finds a conundrum he can't crack).

In his election call Monday, the premier said he can hardly be seen to be subverting the democratic process by sending the province's voters to the polls. Technically, and legally speaking, he is absolutely right. But there are times when naked political opportunism should be exposed for what it is.

With the Liberals sitting at 50 per cent in the polls (itself a justification of the government's policies of the past three years further negating the need for a election), the Liberals are poised to extend their mandate. The NDP have failed to make much of an impression during this past term and new Conservative leader Mike Harris is unlikely to lead the Tories from the wasteland after their spectacular fall from grace with Ontario's voters.

Disorganized, deeply in debt and with a leader whose visibility is, to put it charitably, low profile, the Tories will be fortunate to hold onto enough seats to continue qualifying as a political party.

An August campaign promises to consist of little more than barbecues, beer (Oops! Sorry, this is Ontario, where it's against the law to have fun), and bands, some political scientists are predicting that under 50 per cent of the province's voters are likely to cast their ballots on September 6. Hiding the campaign under the haze of August heat is hardly an exercise in open democracy.

It's often said that a people get the government they deserve. If Ontario can put up with over 40 years of Tory rule and the perpetual insanity of the LCBO, then it should have no trouble in dealing with David Peterson for another five years.

Robin Morris

THE CHESTERVILLE RECORD

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From Chesterville's Past

10 **From the Record July 14, 1910**

Mr. Frank Marcellus was in town Saturday. Since leaving here he has travelled around a good deal and is at present visiting all the mining camps in the interest of the firm he represents.

Mr. and Mrs. Alex Campbell and son Kenneth, Mr. and Mrs. H. M. Bach and little daughter arrived in town Saturday evening in an auto and returned home by train Wednesday evening. Mr. Campbell will return for his auto some day next week.

30 **From the Record July 10, 1930**

A notable event took place at "Braeside Farm", the home of Mr. and Mrs. Robt. Rainey, on July 3, when the W.M.S. of the Morewood Presbyterian Church commemorated the 40th anniversary of the foundation of their society. Over 200 hundred guests were present including the auxiliaries of Winchester, Winchester Springs, Chesterville, Dunbar and Russell. The neighbouring ministers, Mrs. Riddell, president of Brockville Presbyterial, Mrs. Johnston, sectional president; and the ladies and mission band of the home church were all there.

Mrs. Whelan, of Water Street, was last week very much surprised when a White Leghorn hen which had stolen her nest away, returned followed by two dozen chicks just to show that incubators are not so wonderful after all.

50 **From the Record July 13, 1950**

Fire destroyed a barn owned by Charles Winters in the Goldfield area Wednesday evening. It is believed that a quantity of machinery was in the building at the time and was a complete loss.

Letters

Reunion for RCAF veterans

The Editor:

There may be readers of your newspaper who would be interested in knowing of the forthcoming 45th Annual Reunion of No. 6 Service Flying Training School, Dunnville, Ont., and I would appreciate it if you could publicize this event in the columns of

For the past 44 years Royal Canadian Air Force personnel who were stationed at No. 6 S.F.T.S. during the war have gathered in Dunnville to celebrate their station reunion. 1990 marks their 45th get-together which takes place Sept. 14, 15 and 16.

The weekend kicks off with a "Mood Adjustment" hour and reception Friday evening.

A golf tournament at the Dunnville Golf and Country Club, a Harvard aerobatic display and formation fly-past, parade, memorial service, a visit to the remains of the station and a gala dinner-dance will be held Sat., Sept. 15.

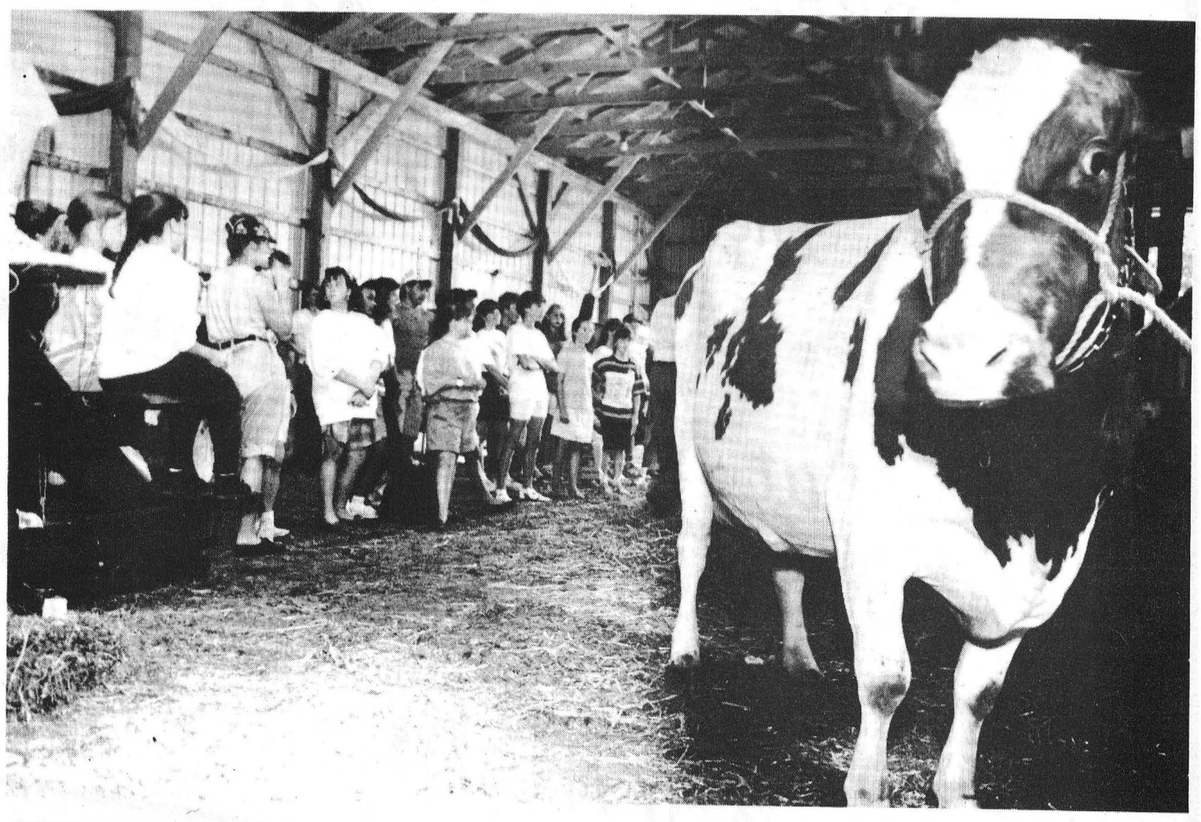
The weekend will wind down with the traditional breakfast of flappers, bangers and bull-shots Sunday morning.

Lt. Gen. A. Chester Hull, CMM., DEC., CD., former Vice Chief of the Defence Staff, will be guest of honor and will take the salute at the memorial service in the shadow of the Harvard Memorial Saturday afternoon. This service is conducted in memory of the 47 Canadian, Commonwealth and American airmen who paid the supreme sacrifice while serving at Dunnville from 1940 to 1944.

All veterans and all ranks and their spouses are invited to attend. If not on the mailing list please contact:

Frank Scholfield, A.O.C. in C., 646 Alder St. West, Dunnville, Ont. N1A 1S5, (416) 774-5480.

Per Ardua Ad Astra
Frank Scholfield,

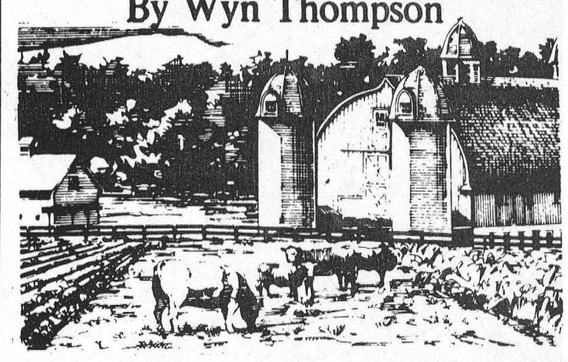


Comment

The Record welcomes letters to the editor. Letters must be signed and include the writer's telephone number. Correspondence may be edited for length, grammar and libellous statements.

The Farmer's Wife

By Wyn Thompson



The sign on the front of the little Eastern Ontario village store said "General Store" and, upon entering it we realized that it surely did have everything one generally required.

A friend who was visiting us at Hill House enjoys driving about the countryside reminiscing. "It's a joy to get out of one's own area once in a while and see what's happening in other parts of the province," she laughed.

Indeed, the concession roads and byways offer some pleasant surprises. After a bit of driving, it's fun to turn off the main roadway and slow to the speed necessary to find a little tea room.

Where naturally there would be toast and jam, muffins and butter, pitchers of juice and pots of refreshing hot tea. The price for a sampling of this homestyle fare? Two dollars per person.

Over tea and muffins, we talked about our concern for the environment. "The '90s are being put forward as a time for balance and moderation in our lives," commented my friend, "and I wonder if it isn't just about time."

I had to agree for as I look back I realize that we were gluttonous in the '80s. We talked on about recycling and composting. "One can almost compost anything," I laughingly remarked, "and, as for recycling, the sky's the limit.

I read just the other night about a few ways to recycle tea: Clean mirrors and glassware with a cloth dampened with leftover cold tea. Use warm tea as a final rinse and conditioner after washing your hair. Tired feet? Bathe them in a bowl of warm tea, something which our family doctor advises her patients with great regularity."

As we got back into the car, my friend wondered if the manager of the tea room would recycle our tea leaves. A distinct possibility, we decided, for there is a growing concern in our bailiwick for the environment and an ever-increasing interest in using, using up, and making do.

There is so much to refresh the spirit when work or play takes one on these little excursions. There was such a colourful variety of wildflowers along the roadways.

I could not identify them all, but we passed magenta-purple loosestrife, and patches of golden-glow and snow white daisies. The roadsides were also thick with Queen Anne's lace and black-eyed Susans.

There is no more charming a bouquet than a combination of these two wildflowers. Arrange them in an old crock and they'll bring sunshine to the gloomiest day. Or so it seems to me!

Next time we go for a summer's drive, we'll go armed with a wildflower book.

As we crossed the little bridge in our hometown, we saw three boys going fishing. "Now there's something that never goes out of style, the bamboo fishing pole," said my friend.

"Naturally tapered, strong, and sufficiently long to reach far out in the water, it is an honest-to-goodness fishing pole," she continued, "and bait can be anything from worms to minnows to crickets.

When I see such a site, I am sorely tempted to head for a creek with just the same equipment!"

Hay is ready for a second cutting in August. We pass some that is newly cut and enjoy the sweet smell of it. We realize too, the truth of the poet's saying that "winter recommenceth in August," and we savour the waning days of summer.

But, for now we enjoy the first days of August. It is the beginning of the goldenrod, and in the long warm evenings, the cricket. Now the new green corn, most delicious of vegetables, is plentiful.

Bees hum among the flowers and the hollyhocks are blooming, tall and stately, by the wall, and we have large colourful zinnias for the breakfast table. Now come the times of quiet I enjoy.

My friend read this in a chapter on Confucius and shared it with me saying that it is proof of his wisdom: "That whereby man differs from the lower animals is little. Most people throw it away."

We entered Hill House having paused to admire the Johnny-jump-up flowers by the door. I recalled that my grandmother told me that heartsease is the old-fashioned name for the Johnny-jump-up flower and that it meant "peace of mind and tranquility."

"What a nice offering for a friend," replied my friend.

The Farmer had placed a half dozen red patio tomatoes on the kitchen counter in our absence. I remembered that tomatoes, a native of Peru, were being cultivated and eaten in America long before Columbus reached the New World.

It seemed that, although the Europeans were fascinated by these golden orbs (red ones came later) brought back by early explorers, they grew them only as ornamental shrubs.

And because the tomato is a member of the Nightshade family, it was rumoured to be poisonous. Italians, it seems, were the first to cook with tomatoes: American colonists did not cultivate them until late in the 18th century.

But, at this time of year when the local tomatoes are at their flavourful best, I could live on them. They are positively my most favourite vegetable.

Twilight is a good time to take a walk in August, if you live in the country. Or in town, for that matter. The heat has lessened and usually a small breeze has lifted.

Along the country lanes and roadways, the thistles have taken up their stands and the goldfinch are ecstatic, flitting here and there and back again. A naturalist told me years ago that wildflowers move around and you can't count on finding them in the same place every year, but the thistle has retained its place along a country lane which I know well, for many, many years. In fact, more years than I wish to recall.

The sun is long gone from the land when I climb the hill toward home and notice a faint, indefinable fragrance rising. I think it might be the smell of August.

I breathe deeply the smell of drying hay and pause, before going into the house, to enjoy August's amber light.



Judging tips
Roy Simmons of Finch, explains some judging techniques to Stormont and Glengarry 4-H members at the Newington Fairgrounds last Wednesday. The annual judging competition attracted about 140 4-H members.

Record Photo - Kielec

Area 4-H members prove their talent in judging

Greg Kielec
Record Staff

NEWINGTON — If 4-H members could have judged the weather, they would have all likely given it perfect marks last Wednesday.

About 140 Stormont and Glengarry 4-H members were at the fairgrounds in Newington for their annual judging competition. And like every year, the sun shone, and so did the 4-H members who proved their talents in judging.

Stormont County winners in the competition were Heather MacLennan of Apple Hill, junior division; Susan Murray of Martintown, intermediate division; Chris Reusser of Finch, senior division.

Julie Aube of Maxville placed second in the junior division and Shawn Rolland of Monkland placed third. David Grant of Cornwall placed second in intermediate and David Presley of Monkland placed third. Barbara MacIntyre of Finch placed second in the senior division and Doug Robinson of Finch placed third.

For Glengarry County, winners were Lisa Knight of Martintown, junior division; Joey Cline of Martintown, novice; Trudy Hughes of Kenyon calf club, senior division.

Placing second in the senior division was Christie Howes of Martintown and placing third was Hugh MacLeod of Dalkeith. Placing second in junior division was Rena Carriere of Bainsville with Bruce McLeod of Dalkeith placing third. Placing second in the novice category was Danielle James Rouleau of Apple Hill, with Logan McIntosh of Maxville placing third.

Liz O'Gorman-Smit Glengarry ROS, said the annual competition is designed to improve members skills. "It's a chance for them to practice their judging skills," she said.

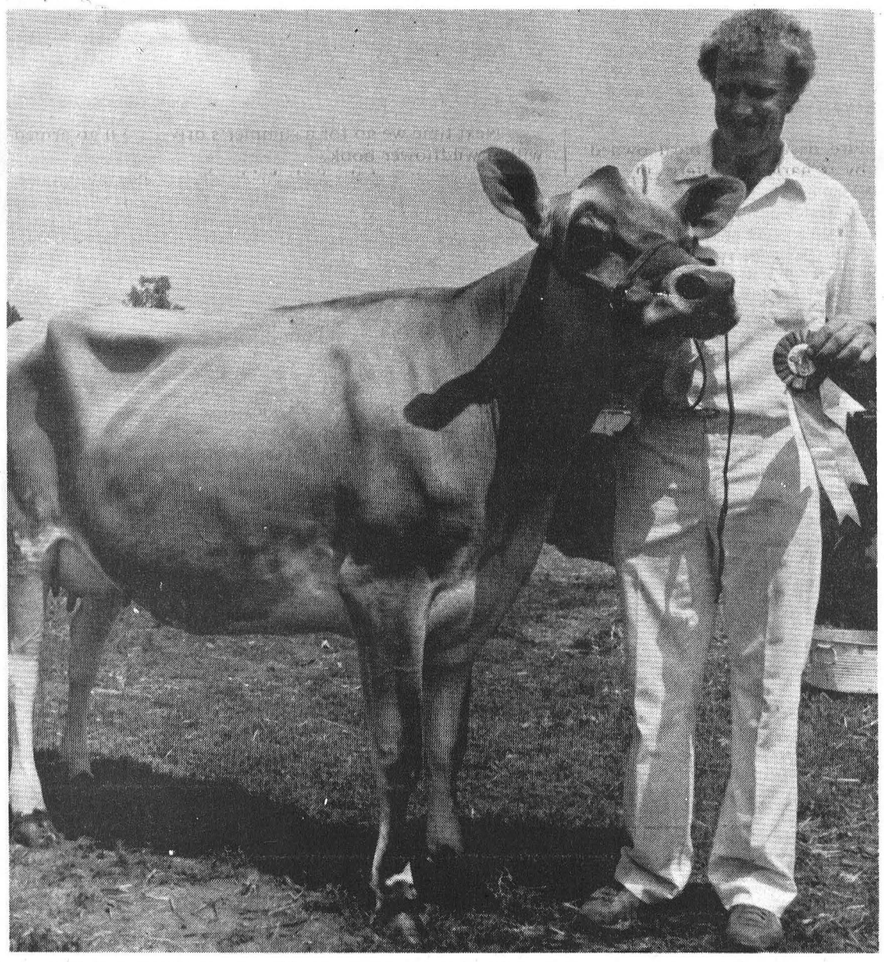
Members judged seven difference classes: dairy cows, sheep fleece, horses, hay, soybeans, thank-you notes and bread. They had to list reasons for their decision for four of the categories. All the classes pertain to 4-H projects they have taken this year.

The competition gives members a chance to improve their decision-making skills. And they also improve their public speaking skills through their oral presentations of reasons from other members.

Smit said experience judging will also come in handy for members who may decide to farm in the future. If a person is purchasing a dairy cow or some farm product, he or she will be able to judge its quality.

And from Wednesday's competition, one could tell members are well on their ways to becoming quality judges. Most members scored around the 475 point mark. The highest possible score is 550, she said.

Members attend the judging day simply because they enjoy competition. "Some of them really enjoy the competitive aspect of it." Others go to meet members from other clubs as well, she said.



Jersey pride
Harold Dingwall displays Spruce Vine Stars Amelia, a two-year-old Jersey cow from Berwick's Spruce Vine Farm. She was named grand champion of the Jersey show at the Avonmore Fair, Saturday.

Record Photo - Cossette

Strong performance garners Berwick farmer top honors at Jersey show

AVONMORE — Floyd Dingwall of Berwick's Spruce Vine Farm turned in a strong performance at the Jersey Show during last weekend's fair, capturing the rosettes for Grand and Senior Champion, Junior Reserve and the Premier Exhibitor banner.

The Dingwalls' first-place two-year-old, Spruce Vine Star's Amelia, captured the Senior and Grand Championships and their second-place senior yearling, Spruce Vine Sleeping Kelly, took Junior Reserve behind North River Farm's North River Jesse Vivian.

North River Farm's Cliff Berry showed the Reserve Grand Champion, Willow Hollow Prince Gen, the first-place mature cow, and captured the Premier Breeder's banner.

North River showed the first-place breeder's herd, ahead of Spruce Vine in second and J.J. MacKenzie and Sons in third.

Top three placings in each class are as follows:

Calf, Willow Hollow Prince Generator, North River; Spruce Vine Faith Kaitlin (ET), Dingwall; Payne side Epcot's Sharon, MacKenzie.

Junior yearling, Payneside Fanfair Gem, MacKenzie; Spruce Vine Knight's Stephanie, Dingwall; Bonnyburn Grand Slam Tiscuit, Rhonda Kinnear.

Senior yearling, North River Jesse Vivian, North River; Spruce Vine Sleeping Kelly, Dingwall; Payneside Topaz Heidi, MacKenzie.

Two-year-old, Spruce Vine Star's Amelia, Dingwall; North River LC Faye, North River; Spruce Vine Justin Aim, Dingwall.

Three-year-old, Spruce Vine Knight's Verity, Dingwall; Spruce Vine Bouquet's Amy, Dingall; North River IMP Joan, North River.

Four-year-old, Spruce Vine Knight's Sunshine, Dingwall; North River LC Jane, North River; Holmhurst Gemmi Cherry, MacKenzie.

Five-year-old, North River PG Joan, North River; Hobby Attack's Alice, Dingwall; Payneside Star's Amelia, MacKenzie.

Mature cow, North River PG Vivian, North River; second, North River Pal Joy, North River.

Best udder, North River Farm, Spruce Vine, J.J. MacKenzie.

Soybean growers to receive interim payment from fund

TORONTO — Ontario soybean growers will receive an interim payment for the 1989-90 stabilization year through the Farm Income Stabilization Commission, Minister of Agriculture and Food David Ramsay announced recently.

The payment of $6.65 per tonne will be made on sales recorded by the Ontario Soybean Growers' Marketing Board from Sept. 1, 1989 to July 1, 1990.

"The preliminary figures for market prices and cash costs are an indication of the financial pressures facing soybean producers," Ramsay said. "We are making an interim payment before the end of the crop year to help relieve some of these pressures."

Under the 1988-1990 Ontario Farm Income Grain Stabilization Plan, applicants were not required to pay fees or to list estimated tonnes to be sold for each crop year. Because of these features, eligible producers must advise the commission that they grew soybeans.

Forms have been mailed recently to the 18,000 producers enrolled in the plan, requesting information on crops grown. The forms must be returned to the commission by July 20, 1990 to qualify for the interim soybean payment.

The payment represents 75 per cent of the Ontario government's portion of the stabilization program. Final adjustments will be made at the end of the 1989-90 sales year.

Under this program, participating growers receive supplementary payments from the stabilization fund for any year of depressed market prices. The amount of the payment is limited by the Ontario support price, which represents 95 per cent of the previous five-year average market price, plus adjustments for changes in cash costs.

The maximum Ontario support payment in any year will be the difference between 95 per cent and 90 per cent of the five-year average market price.

WEATHER WATCH
WEEK OF JULY 22 - 28
DUNDAS COUNTY

Chesterville	Morrisburg	S. Mountain	Winchester
RAINFALL			
43.6mm	36.2mm	30.0mm	N/A
ACCUMULATION TO DATE			
324.4mm	264.6mm	242.2mm	N/A
HEAT UNITS			
172	170	179	N/A
ACCUMULATION TO DATE			
1477	1510	1639	N/A

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Eggshell	4 litres	Reg. $45.96	Sale $25.96
Semigloss	4 litres	Reg. $45.96	Sale $27.96
Painter's Choice			
Ceiling	4 litres	Reg. $27.92	Sale $13.96
Sealer	4 litres	Reg. $27.92	Sale $13.96
Interior			
Flat Latex	4 litres	Reg. $21.92	Sale $10.96
Semigloss	4 litres	Reg. $33.92	Sale $16.96
Exterior			
Flat Latex	4 litres	Reg. $35.92	Sale $17.96
Satin Latex	4 litres	Reg. $44.96	Sale $24.96
Semigloss Latex	4 litres	Reg. $39.92	Sale $19.96
Gloss Latex	4 litres	Reg. $45.96	Sale $28.96
Gloss Alkyd	4 litres	Reg. $45.96	Sale $29.96
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Free balloons by Muriel's Flowers.
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Best photo contest sponsored by Seaway Valley Pharmacy.

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1:30pm Pet Show sponsored by Summers Insurance.
2:30pm Old Fashioned Children's Races sponsored by Greg's Meats and Winchester Hardware.

Diamond No. 2
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Noon till 6pm Beach Volleyball Tournament sponsored by Sports Unlimited and Redmond's Sand and Gravel. To enter, call Sports Unlimited, 774-3346.

At the Main Stage and North Parking Lot
2pm Preliminaries Ladies' Tug of War, sponsored by CountryGirl. To enter, call 774-3341.
3pm Music on Stage—Classic Country, sponsored by 100 Club.
4pm Men's Tug of War Preliminaries, sponsored by CountryBoy.
5pm Music on Stage—Night Train, sponsored by 100 Club.
6pm Men's and Ladies' Tug of War—Semi Finals and Finals.
7pm Music on Stage—McCulloch Dancers, sponsored by 100 Club.
4pm till 7pm Beef Bar-B-Q sponsored by Curling Club.
9pm (dark) GIGANTIC FIREWORKS DISPLAY sponsored by Winchester Fire Department.

God Save the Queen



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FOR SALE — Yamaha FJ1200, excellent condition, 26,000 kms, includes saddlebags, $4,200 or best offer. Call 984-2780 after 5pm. 50

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FOR SALE — Standing hay, second cut. Phone 448-2919. 51

FOR SALE — Straw chopper to fit MF 540 and 410 combine. Call 984-2465. 50

FOR SALE — Brand new Woods 10 cu. ft. deep freezer with slight dent on one side. This one only $375. John Witteveen T.V. and Appliances Sales-Service. 448-2766. RR2 Chesterville (Dunbar). 50-1

PRE-INVENTORY SUPER LIQUIDATION — Treated wood: 2x4x8: 1.75; 2x6x8: 2.75; 1x6x5: .90; 6x6x8: 10.00. Lattice: 6.75. Melolite: 6.95. Aspenite seven-sixteenths: 4.99; ⅝: TG: 5.99. Presswood: ⅝: 2.99. Panelling: 4.95. Black Joe: 2.99. Plywood ½: 10.95; ⅝: 14.50; 2x6x14: 3.22; 2x10x14: 5.60. Melamine 5'x6': 6.95. Oak flooring: .79. Vinyl Gyproc: 3.49. $$ Sale. Materiaux Masson 1-819-986-5720. 51-2

FOR SALE — Cracked chicken and cattle feed, cracked corn, cleaned rolled oats. $8 per 88 lb. bags. Please call ahead for pick-up. 984-2427, 984-2849 or 984-2258. 2-3

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FOR SALE — Dehumidifier by Woods with automatic shut off, pilot lights and air filter. On sale now for just $269. John Witteveen T.V. and Appliance Sales-Service. 448-2766. RR2 Chesterville (Dunbar). 50-1

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FOR SALE — Round 4x4 bales of hay, plastic mesh wrapped. Loaded for $15 per bale. Phone 984-2582. 1

FOR SALE — Border Collie pups, 2 months old. $10 each. Phone 984-2661. 51

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The Crossover - **Morewood**
and Barkley's Store - **Avonmore**

FOR SALE — Norge 15 cu. ft. frost free refrigerator with no coils at back and either left or right hand door. In almond or white. On sale yet for $749. John Witteveen T.V. and Appliances Sales-Service. 448-2766. RR2 Chesterville (Dunbar). 50-1

FOR SALE OR RENT — 3 bedroom house. All modern conveniences. Call 448-2755. 51-2

FOR SALE — Electrolux Sales & Service. Super Specials. $50-$100 off old vacuums. Central vacuum systems as low as $499.99. Purlux water systems. Mitchelle Cassell 543-2140. 2-5

Al-Mor Ladies Wear
We're clearing out.
Everything must go, to make room for our FALL STOCK.
Up to
70% off
everything in our summer stock.
448-3370
Chesterville

FOR SALE — 1979 Buick Le Sabre. Price $400. Call 984-2027 evenings. 50

FOR SALE — Derby car, 1980 Volare, in good running order, $75 or best offer, as is. 448-3696 after 6pm. 50stf

FOR SALE — Pomeranian, red, male, 5 yrs. old, neutered, CKC registred, raised with TLC, ideal companion, all shots. $350. Call 448-1367. 50

FOR SALE — Honey. Now until Oct. 1, 1990. $1.00 per lb. in your own container. Termeer's Apiaries Ltd. Finch. 984-2731 or 984-2890. 2-5

FOR SALE — Building lot, 13 acres with bush, severed and surveyed, high and dry, on main highway near Finch. Box 55, Finch, Ont. K0C 1K0. 42tf

FOR SALE — Bar fridge, 2 cu. ft., used 6 months by student, like new, $170. Also Admiral floor model stereo, fancy wood design, very good condition, $1,230. Atari 130XE computer with disc drive and printer, assorted games, $400. Phone 346-5551. 49stf

FOR SALE — Surge pipeline milking systems, parlors, Choretime feeding systems, water treatment equipment, stand-by power supply, new and used vacuum pumps, bulk tanks, milker pails and buckets. Peter Babcock Ltd., Surge Dairy Farm Equipment, 984-2991. 23tf

FOR SALE — 12-string acoustic guitar, complete with hardshell insulated case, excellent condition, $275. Between 5-7pm 448-2454. 50

NOTICES

COMPUTER CONSULTING — Will give computer lessons in home or office. Hardware and peripherals installed. Hard disk maintenance performed complete with backup of all files. Learn to use word processing, spreadsheet and database software. Call 936-8357. 50



NOTICE
CALF RECEIVING DATES
Due to the very small supply of calves, **Mutual Products** has decided to stop buying direct from farmers for the **Research Farm.** Thank you for your past support."
Mutual Research Farm
Lightning St.
WILLIAMSBURG

TRANSPORT DRIVERS NEEDED — Now is the time to train for your Class A-Z licence. For pre-screening interview and job placement information contact Merv Orr's Transport Driver Training. 1-800-265-3559. 48tf

NOTICE — Party trays available for all occasions big and small. Meat trays, cheese and cracker trays, veggie trays and dessert trays. 448-2608 - The Crossover. 44tf

GETTING MARRIED? — Have your personal wedding story captured by an experienced photographer. We also take family, anniversary and personal photographs. Book early by calling Wayne LaPrade, Chesterville. 448-2852. 20tf

NOTICE — Taking orders for frozen cherries, raspberries and blueberries. Phone 448-2608, The Crossover. 1-3

DAY CARE SERVICES — I will be offering day care services starting Sept. 1990 in my home. Call Lorilea Erratt 448-3507. 50

McHAFFIE AUCTION HALL — Morrisburg. Open every Monday and Tuesday evening 6-7pm to receive your consignments. 22tf

HOUSEHOLD MOVERS — Licenced and insured. Call 543-2523 or 543-2226, Morrisburg. 22tf

NOTICE — Shear Country Salon, Main Street, Chesterville. Open Tues.-Sat., Thursday evenings by appointment only. 448-1056. Glenna Van der Veen and Celine Van der Veen. 2-3

NOTICE — I am sorry for any inconvenience I have caused anyone trying to reach me for work or Regal orders. I will be in mostly evenings after August 8. Don't be afraid of my answering machine, leave your name and number. I will phone back as soon as I hear the message.
-David Larmour 50

NOTICE — Please note that the school office of North Dundas District High School will be closed for business from Tuesday, August 7 to Friday, August 10, 1990 inclusively. 50

NOTICE — Lannin's Garage will be closed from Aug. 6 through Aug. 12, 1990. 50

SOURCE WOOD PRODUCTS
Pine and cedar siding, hardwood flooring, cabinet doors, KD lumber, wood working supplies, Stanley Bostitch Air Fasteners and black walnut seedlings. 11 William St., Cornwall, Ont. 932-5300. 28tf

WAYNE LAPRADE PHOTOGRAPHY
448-2852

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Experienced Carpenter Wanted.
Must have own tools and transportation.
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after 6 p.m.



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OFFICE SPACE FOR RENT — Approx. 300 sq. ft., heated and air conditioned, Main St., Chesterville. Available immediately. Call 613-543-3460 daytime. 543-2585 evenings. 50-4

FOR RENT — BUSINESS OPPORTUNITY — Commercial Space. 4 bay garage, 40'x70' with 2 hoists. Inquire at Sunoco Gas Station, 33 Queen St. Crysler or call 987-2167. 1-4

FOR RENT — 3 bedroom ½ double house. Available Sept. 1. 1990. Oil heated, fridge and stove included. 1 mile from Chesterville. $375 per month. Call 448-1336 or 745-1930. 50

FOR RENT — Renovated farm house, 3 bedrooms, Berwick area. $600 per month. Call 819-684-6639. 51

FOR RENT — Home in Chesterville, 2-3 bedrooms. $475 per month. Available immediately. 448-2578. 50

FOR RENT — Large 2 bedroom apartments available immediately, renovated kitchen, on site laundry facilities, heat and parking included. $375 per month. 448-3648 or 728-5728. 51-3

WANTED

WORK WANTED — If you need BLUE PRINTS ask about our new Computer Aided Drafting System. Empire Building Supplies Ltd. 774-3340. 50tf

HELP WANTED — Afternoons in my home. Starting Sept. 4, 1990. References required. 448-3392. 50

WANTED — Administrative Assistant, knowledge of PC's essential, together with a good command of office procedures and the ability to work well in a telemarketing environment. Please apply to P.O. Box 580, Chesterville, Ontario, K0C 1H0. 50

WANTED — Pickers required for fruit and vegetables. Call 346-2336. 51-2

WANTED — Healthy Holstein bull calves. 100-130 lbs. Calves must be of good quality. Weekly pick-up. No commission or trucking to pay. Needed every week. Will meet sale barn prices. Call collect 613-525-3020. 6-9

VEGETABLES — Pick your own or ready picked. Call the Avonmore Berry Farm. 346-2336. 51-2

WANTED — Mature and reliable individual needed to care for 11 month old baby girl on full time-part time basis in our home. ¼ mile north of Chesterville starting Sept. 1. Send applications including references and pay expectation to Chesterville, Box 754. 50

WANTED — Registered and grade springing Holstein heifers. Phone evenings 984-2027. 50

WORK WANTED — Experienced day care worker will babysit in my home, anytime, references available, wages negotiable. Call 448-1361 or 448-2198. 50

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- EQUIPPED FOR DRY & LIQUID INNOCULANT
- BAGS AVAILABLE - 100' Tube or Individual

CALL
ROBERT CASSELMAN
984-2638

CARD OF THANKS
We would like to say thank you for the cards and best wishes we received on our 40th wedding anniversary. A special thanks to our family, Brian, Doug and Donna, Duane and Pat, Wayne and Marina, for organizing such a lovely party for us. It was great having our relatives and friends with us to celebrate this special occasion.
Wanda and Delburn
50

CARD OF THANKS
The family of the late Margaret McMahon wishes to express our sincere thanks to neighbors, friends and relatives for the floral tributes, donations to charitable organizations, mass offerings and other expressions of sympathy following the loss of our mother. We would also like to thank Brownlee Funeral Home. A very special thanks to the staff at Woodland Villa, Long Sault who gave special care to mother and were very caring to us during the last few days while mother was ill. Thanks to the ladies who brought food and served lunch after the funeral at the Senior Citizen Hall in Crysler. 50

CARD OF THANKS
A sincere thank you to my friends and relatives for all the beautiful gifts I received at my shower. Thanks to my bridal attendants and especially my sister Lisa for all the work organizing it.
Laurie (Montgomery) Coleman
50

CARD OF THANKS
We would like to thank everyone who attended our wedding reception. We will always cherish the memories of this special day and your expressions of good wishes will be fondly remembered. A special thank you to our parents for their love and support.
Laurie and Kevin Coleman
50

CARD OF THANKS
I would like to thank all my friends and relatives for the flowers, visits and cards I received while I was a patient in W.D.M.H. recently. Special thanks to Dr. D. Justus, Dr. G. Slowey and the 1st floor nurses for the excellent care.
Bob Dillabough
50

CARD OF THANKS
We wish to thank all our family, friends and neighbors for the many cards, flowers and gifts we received during our stay at Winchester Hospital. A special thankyou to Dr. Rosenquist and the super staff of nurses on maternity floor.
Janet and Bradley Munro
50

CARD OF THANKS
We would like to thank you for your family and friends for attending our surprise 10th Anniversary Party. Thanks for the beautiful gifts and cards. Special thanks to all who helped in any way for the memorable evening which we will remember and cherish for a long time.
Claire and Eva Miltimore
50

CARD OF THANKS
We would like to take this opportunity to thank everyone who remembered us with gifts, flowers, cards and phone calls on the occasion of our 60th anniversary.
Lorne and Lola Marcellus
50

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NIGHT AUCTION
PUREBRED HOLSTEIN DISPERSAL
FRIDAY NIGHT
AUG. 3, 1990
7:30 PM
FAWCETT SALE ARENA
WINCHESTER, Ont.

32 head: Complete milking herd and bred heifer dispersal for Julie Gfeller of Cardinal, Ont. This is a good uddered herd of dairy cows, all sired by and bred to EBI bulls.

Also selling a few close and fresh P.B. cows and 2 service age bulls.

To consign to this sale please call:

Ralph Fawcett 774-5710
Terry Spratt 989-2770
50-2

AUCTION SALE
Herd of
Steve Olmstead,

Aylmer, Que.
MON., AUG. 6, 1990
12 Noon
Consisting of 75 Simmental and Charolais cows with calves at foot, 1 Charolais bull.
at
Leo's Livestock Exchange Ltd.
For Information
821-2634
50-1

BIRTHS

BIRTH ANNOUNCEMENT
SAUVE — Paul and Debbie Sauve (nee Kielec) are pleased to announce the safe arrival of their second child, a baby girl, Julia Pauline on July 18, 1990, weighing 6 lbs. 5½ ozs. Proud grandparents are Dawn and Bill Kielec, Paul and Raymond Sauve. A sister for Jessica. Thanks to Dr. Morgan and the 5th floor nurses at Hotel Dieu Hospital. 50stf

BIRTH ANNOUNCEMENT
MUNRO — Stacey and Andrea welcome with joy their new brother Bradley Ronald Lyle, July 9, 1990, weighing 7 lbs. 4 ozs. Proud parents are Ron and Janet. Proud grandparents are Lyle and Shirley Munro of Chesterville and Sybil Smith of Morrisburg. 50

BIRTH ANNOUNCEMENT
At Calgary on May 28th, to Beverley (Thompson) and Dennis Quinn, a daughter, Heather Marie. Heather is a first granddaughter for Alice and Stephen Thompson and another great-granddaughter for Mrs. Allan Gain and Mrs. June Thompson. 50

Dave's service tip of the week



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MIXED PARTY — In honor of Julie Stewart and Kevin "Hound" Byers on Sat., Aug. 11, 1990. 8pm-1am. Chesterville Arena. Music by J.V.K. Disco. Age of Majority upon request. 51

UPPER CANADA PLAYHOUSE — Presents **THE SCHOOL SHOW.** A one man comedy by Ted Johns. July 31-Aug. 11. Tues.-Sat. at 8pm. Sunday at 2pm only. Call 543-3298 for information or reservations. 50-1

MOREWOOD RA CLUB MEETING — Wed., Aug. 8, 1990 at 8pm in the Community Centre. Everyone welcome. 50-1

DANCE — Sat., Aug. 4, 1990 at the Chesterville Legion Hall. Featuring Classic Country. BBQ. Sponsored by Chesterville Legion Branch 434. 50-1



HAPPY ANNIVERSARY "HONEY BEARS"
Love: Mr. Romantic

WASTE MANAGEMENT MEETING
AUGUST 8
7:30 p.m.
Maple Ridge Senior Public School
Information will be available on building, operating and/or purchasing a composter. This meeting is open to Chesterville, Winchester Township and Winchester residents.

Winchester Theatre
AUGUST
Fri. 3 Sat. 4
BACK TO THE FUTURE NO. 3
(P.G.)
Starring Michael J. Fox, Christopher Lloyd and Mary Steenbergen. No. 3 of the series by Steven Spielberg. Hop into your time machine and go see this picture.

YARD SALE — Aug. 4 and 5. 9am-4:30pm. 1 mile east on Grantley Road off Church Road. Wringer washer, sewing machine, something for everyone. 50

YARD SALE — Aug. 2 and 3. Starting at 8am, 66 Mill St., Chesterville. Childrens' clothes, African violets, crafts and much more. Rain date: Aug. 9 and 10. 50

REGULAR MEETING — Berwick Community Recreation Centre, Wednesday, August 8, 1990 at 8pm. Berwick Hall. Everyone Welcome. 50-1

NOTICE — Most Sacred Heart of Jesus, may you be praised, adored and glorified throughout the whole world forever and ever, Amen. Say this prayer 6 times a day for 9 days and promise publication and your petition will be granted, no matter how impossible it may seem. Thank you St. Jude for favor received. -P.K. 50

PLANNING A PARTY - Anniversary or wedding? Make it simple. Drop into Muriel's Flowers, 478 Caleb St. Winchester, for all your decorating needs, gift ideas and rental options. Helium always available. 2-8

OPEN WEDDING RECEPTION — Mr. and Mrs. Marcel Leduc and Mr. and Mrs. Bill Van Loon would like to invite everyone to the reception following the marriage of their children Kim and Ron on Sat., Aug. 11, 1990. Finch Community Arena. 9pm-1am. 51-2

DUNDAS COUNTY TWILIGHT MEETING & CHICKEN BBQ — Aug. 8, 1990. 6-8pm. Hosted by Allison, Hugh and David Fawcett and family. $7 per person. Advance tickets only. Contact David Fawcett 774-3610 or Reg Gilmer 652-4266. 50

Creative Crafts SALE
Craft Show and Sale
October 20 & 21st
Berwick Community Centre
Berwick, Ontario
To reserve your table
please call Jessie at:
984-2725

SQUEEZE
IN SOME THEATRE!
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•ON HIGHWAY 2•
•ACROSS FROM THE WATER TOWER•
•TICKET INFORMATION—(613) 543-3298•
Curtain 8 pm Tuesday to Saturday • Sunday Matinee only, 2 pm

Berwick Institute on the move

BERWICK — On Wed., July 25, the Berwick WI decided to combine business with pleasure and set out on a sight seeing tour.

Our first stop was at Barbara Armstrong's llama farm in Crysler where we were taken through on a tour of her beautiful gardens and shown all of her 24 llamas. It was fascinating to watch them going through their individual frolics and to feel the silky texture of their shorn hair. Barbara was eloquent in her information about their habits and a most gracious hostess.

From Crysler we headed to Winchester to see Mr. Summers' beautiful garden, all decorated with a variety of ornaments and an abundance of flowers -- truly a sight to behold. Mr. Summers was most friendly and made us feel free to walk around. He gave us photographs of the gardens and declined any offer of payment. It is good to know that such nice people exist.

After lunch in Winchester we proceeded to Morrisburg and to the Art and Craft Barn off Highway 2. From there we drove to the park near Crysler Beach where we held our meeting.

The secretary-treasurer read the minutes of the last meeting and the financial report, which were adopted as read. A thank you letter from Mrs. Stark with a $25 donation was read. It gave us great pleasure to know she had enjoyed our 75th anniversary and we wish her continued good health.

Three presentations were made: one to Jessie Ouderkirk to honor her appointment as District President. The other two were certificates of merit to Donna Rushford and Vaughn Burd for all they do for the WI -- sometimes taken for granted -- but very much appreciated.

A special presentation was made to Vaughn by Irene Casselman for always being there when we need her.

Our 1990 Craft Fair will be held on Oct. 20 and 21 in the Berwick Hall.

It was moved by Isabel O'Donohue and seconded by Donna Rushford that we obtain a license to raffle a braided rug made by Irene Casselman. The rug, donated to the WI by Irene Casselman, will be raffled at our Craft Fair.

The surprise gift donated by Donna Rushford was won by Jessie Ouderkirk and the meeting was adjourned at that point.

We took advantage of the scenic surroundings to journey on to the golf course restaurant where we enoyed a delicious dinner.

Seniors hold Spring Rally

DIXONS CORNERS - The USCO spring rally was held June 2 in the Matilda Hall, Dixon Corners.

At noon, President Hilda Kirkley called the meeting to order and after the Lords prayer and O Canada, gave a welcome message to all present.

Leila Helmer, first vice-president, presented the head tables. Grace was said by Rev. John Niles of the Matilda Charge of the United Church of Canada.

A delicious and bountiful pot luck dinner was then enjoyed by all.

Mr. Art Buckmaster, past president, thanked the kitchen help for their willingness to help with the serving of the meal. Reverend Niles gave a short address of thanks on behalf of his wife and himself for the invitation received as he is rather new to this area and it is good to know more people.

The program that followed was put together by four of the nine area clubs, Mountain, Winchester, Chesterville and Matilda.

The Mountain band with their red jackets and perky hats made all members tap their toes.

Mr. and Mrs. Barkley from Elma, sang some songs and duets, with Mrs. Barkley on the keyboard and Mr. Barkley on the guitar. Some very humorous stories were told to us by Ivy Coleman and Eva Cinnamon.

Matilda led a sing-a-long of all the old time favorites, like A Bicycle Built For Two and so on, closing with Till We Meet Again and God Save The Queen.

Five door prizes were given away and won by Mrs. Carr, Ida Cross, Mr. Carr, Wm Dumont and Maxine Bell.

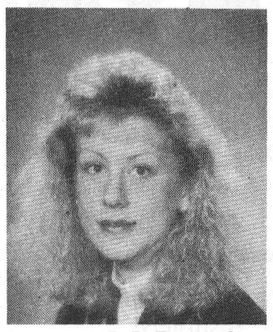
Leta and Medi Godard of Morewood will attend the USCO convention on Aug. 27-29 in London. Tickets were sold during the day for a handmade copper engraved wall plaque which was won by May Fisher.

Archie Aithens and Myrna Johnston looked after the registration and Ruth coons was pianist for the day. Attendance was about 160. Proceeds from the draw for the plaque will go to the home.

Wedding Announcement

On Sat., July 28, the Rev. Roy Harwood married Rose Marry Louis, daughter of Salim and Frozia Louis to Andrew Charles Forward, son of Edwin and Betty Forward. The bride was attended by Jacqueline Jaber, and the best man was Edward Saikaly. The ceremony took place in the riverside garden at 70 Queen St. West in Chesterville, followed by a reception, also in the garden.

—GRADUATE—



Lesley McIntosh

Flora and Brian McIntosh of Winchester Springs are proud to announce the graduation of their daughter, Lesley, from Humber College, Toronto, with a diploma in Funeral Services. She was also the recipient of the Ontario Heart and Stroke Award. Lesley is employed with Hulse and Playfair Funeral Home, Ottawa.

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The ideal candidates will be self-motivated, hard working individuals with strong interpersonal skills. Micro computer experience would be a **definite asset.**
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Wayne Morgan Sales Rep.
Linda Fisher Sales Rep.
Dick Gaiser Sales Rep.
Edna Giles Sales Rep.
Richard King Sales Rep.

THIS WEEK'S FEATURE HOMES

$279,000
Hwy. 43. 120-acre beef farm, 100 acres tiled, good barn, machine shed, silo. Home is 4-bedroom Boyd Block with family room, addition, and in-ground pool. **Linda Fisher, 821-3774.** R1146

$99,900
Crysler area. Farm - 100 acres, 80 cleared, 11 acres tiled. Comfortable 3-bedroom home, new furnace, barn stable cleaner, boxstalls, garage. **Alan LaPierre, 448-3306; Aline Foubert, 821-3393.** R1179

$116,900
Chesterville. Fantastic location. Riverside, all brick, 3-bedroom bungalow, rec room, bar, breathtaking landscaping. Call for details. **Alan LaPierre, 448-3306.** R1177

$125,900
Chesterville. It's all here. 3 bedrooms, 2 baths, fully finished basement, rec room, heat pump, central air, hedged, fenced yard, plus much more. **Alan LaPierre, 448-3306.** R1148

$165,000
Chesterville. Executive custom-built 2-storey, 4 plus 1 bedrooms, 3 baths, California oak kitchen, sun room, formal dining, fireplace, and the list goes on. **Aline Foubert, 821-3393; Alan LaPierre, 448-3306.** R1169

$114,500
Williamsburg. Spacious 3 plus 1 bedrooms, large eat-in kitchen, wood stove in living room. Save on heating costs. **Edna Giles, 774-3946.** R1123

$32,500 - $40,500
Winchester Township. Lots of Mother Nature. Treed lots, high and dry. Choose now, built later. **C. Wayne Morgan, 774-2919.** L322

$94,900
Winchester. Move-in condition. Immaculate home on quiet side street. Well insulated, excellent starter home. **C. Wayne Morgan, 774-2919.** R1163

$24,900 - $64,900
Waterview lots, plus acreage. Direct access to St. Lawrence River. **Maurice Eyre, 543-2391.** L331, L332, L333

$129,900
Metcalfe. Excellent business location. Zoned industrial. This property has 270 ft. frontage on Hwy. 31. Lots of potential. **Richard King, 821-4966.** R1180

$39,900
Lynwood. Stay here for the summer. Send me a card from the south in winter. Immaculate mobile, many upgrades. **Richard King, 821-4966.** R1162

$74,900
Edge of Chesterville. 3 bedrooms, 5 appliances, all spotlessly maintained on ½ acre. Owners want offers. What are you waiting for? **Dick Gaiser, 543-3589.** R1124

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Lisa Grue 989-2861
(Butch) Oldford 774-3497 Manager
Keith Droppo 448-2404
Ask for "The Oldford Man"

$129,900. 3½ yr. old, 3-bedroom, 3 baths, hi-ranch bungalow on ½ acre, fully-landscaped lot. Pine ceiling and wood stove in rec room. Many extras included. **E.A. Oldford, 774-3497.** List No. 20779.

$124,900. 3 plus 1 bedroom bungalow on a beautiful treed lot. Patio doors to 18 ft. above ground pool. Wood stove in living and rec room. **E.A. Oldford, 774-3497.** List No. 20778.

$74,000. Hobby farm on 10.04 acres, stable cleaners, bulk tank, barn fans, H.W.T. and fridge in ba[illegible] all included. 3 bedrooms. **Judi Sargent, 448-1087 or Del Baker, 987-2805.** List No. 20774.

$89,900. Located west of Crysler, 1-acre lot, 4 bedrooms, in-ground pool, family room, sewing room, sun porch. Everything you need for the growing family. **Del Baker, 987-2805.** List No. 20020.

$94,500. 2.2 acres, 3 bedrooms, ideal spot. Home totally renovated, storage shed, wood stove, dishwasher all included. **Lisa Grue, 989-2861.** List No. 20009.

ALBERT GALE REAL ESTATE LTD. REALTOR
Everywhere You Look...
$180,000. 59.5 acres, farrow and finish hog operation, feed carts, weigh carts, 3 hopper tanks, mix mill, 42 ft. auger. **Keith Droppo, 448-2404.** List No. 20766.

$138,900. 3 plus 1 sidesplit on quiet street in village setting. Fully-finished rec room, laundry and bedroom in basement. Built-in dishwasher, silk curtains in living room included. **E.A. Oldford, 774-3497.** List No. 20777.

$69,900. Good starter home. Enjoy the two-sided veranda. Main floor laundry. **Judi Sargent, 448-1087.** List No. 20763.

ALBERT GALE REAL ESTATE LTD. REALTOR
Everywhere You Look...
$64,000. First-time buyers, take note! Solid home in quiet hamlet. Well insulated, sided, paved drive. **E.A. Oldford, 774-3497.** List No. 20773.

$87,500. Located on main street in Crysler, some waterfront. Beautiful hardwood floors, lots of cupboards, cedar linen closet, out-building 18x32. Enjoy the serenity. **Del Baker, 987-2805.** List No. 20015.

$129,000. 25 acres, well-built bungalow with main-floor family and laundry rooms. Double garage and workshop. **E.A. Oldford, 774-3497.** List No. 20772.

$99,900. 9-acre hobby farm, easy commuting distance, fully insulated, Findley wood/cook stove included, good high view. **E.A. Oldford, 774-3497.** List No. 20012.

$35,000. ½-acre lot with foundation already completed, well, hydro and septic. TV tower and aerial. **Keith Droppo, 448-2404.** List No. 20767.

$169,000. 3 plus 1 bungalow, beautiful hobby farm for horses or cattle, paddocks, fields, pasture, pool, loafing barns. 55 acres, all fenced. **E.A. Oldford, 774-3497.** List No. 20017.

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$157,000. Brick home on acreage, 3 bedrooms, in good condition. Steel barn, 100x40, 2-car garage, possible severance of acreage. **Keith Droppo, 448-2404.** List No. 19885.

$57,000. Country living, 1¼ acres, barn, suitable for beef, hogs or poultry. **Keith Droppo, 448-2404.** List No. 20776.

$123,900. Brick beauty, 3-bedroom bungalow, over 2,100 sq. ft., double attached garage, 1½ baths. Built by a contractor for himself. **Del Baker, 987-2805.** List No. 20019.

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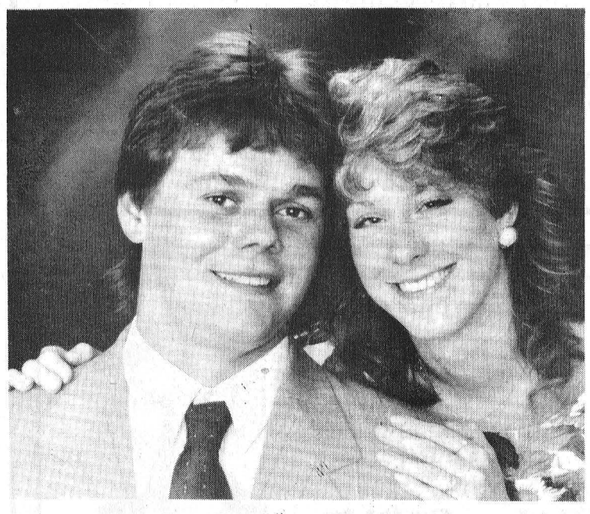

Forthcoming marriage

Mr. & Mrs. David Findlay of Maxville, Ontario are pleased to announce the forthcoming marriage of their daughter, Terry Anne to Glendon John, son of Mr. & Mrs. John Beehler of Crysler, Ontario. The marriage will take place on Saturday, August 18 at four o'clock in St. Michael's Anglican Church, Maxville, Ontario.



60th Anniversary

Lorne & Lola Marcellus (nee Wood), of Chesterville, celebrated their 60th Wedding Anniversary on June 25, 1990 with a family dinner at the home of their son and daughter-in-law, Arden & Lynn Marcellus. Mr. & Mrs. Marcellus are also the parents of Marilyn (Mrs. John Wouters) of Winchester and grandparents of Christopher & Craig Wouters and Wendy & Brock Marcellus.

LaPrade Photo

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Thanks Bunches to All of You.
It is time for us say farewell but definitely not good-bye to the special ladies and staff at NEWINGTON LODGE.
Thanks to families, friends, Dr. MacMillan, the VON's, Seaway Valley Pharmacy, Weslyan Sunbeams, the United Church, the Women's Institute and to all who have shown their support over the past three years.
A warm welcome to Golden Investment Opportunities of Ottawa who've great plans for your community based rest home, Newington Lodge.
Best Wishes
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Notice of Application for a Licence

Aggregate Resources Act, 1989

I, Paul A. Provost,
of Raymond Provost Cartage Co. Ltd.
P.O. Box 35, Crysler, Ontario
K0A 1R0

HEREBY give notice that application has been made for a **Class "A"** licence to excavate aggregate from a pit of 26.3 hectares, located in: **Pt. Lots 20 & 21, Concession IX, Finch Township, Stormont County.**

Application is for a Class A licence to replace a Class B licence.

The estimated amount of aggregate to be excavated annually is 200,000 tonnes.

A detailed site plan for the proposed pit may be examined in the local municipal, county/regional office or at the district office of the Ministry of Natural Resources.

Any person may send, in writing, objections with reasons and, if desired, a request for a hearing on this application by the Ontario Municipal Board, to the Minister of Natural Resources addressed to the local district office of the Ministry at the following address. **Ministry of Natural Resources, P.O. Box 1749, Cornwall, Ontario K6H 5V7.**

The last day on which objections and any request for a hearing may be filed with the Ministry is the **10th day of September, 1990.**

All information in respect of this application including any written objections is available for public review.

Avis de demande de permis

Loi de 1989 sur les ressources en agrégats

Je, Paul A. Provost,
of Raymond Provost Cartage Co. Ltd.,
P.O. Box 35, Crysler, Ontario
K0A 1R0

AVISE PAR LES PRESENTES qu'une demande a été faite en vue d'obtenier un permis de **Class "A"** licence pour extraire des agrégats d'un puits de 26.3 hectares situé a: **Partie de Lots 20 & 21, Concession IX, Canton de Finch, Comté Stormont.**

Demande de remplacement d'un permis de classe B par un permis de classe A.

On estime qu'environ 200,000 tonnes d'agrégats seront extraites annuellement.

Un plan détaillé du site du puits proposé peut etre étudié au bureau de la municipalité locale, au bureau de comté, au bureau régional ou au bureau de district du ministere des Richesses naturelles.

Quiconque a des objections en ce qui concerne la demande peut les formuler, par écrit, au ministre des Richesses naturelles en exposant ses raisons au bureau de district du ministere des Richesses naturelles a l'adresse suivante et, le cas échéant, peut y joindre une demande d'audience devant la Commission des affaires municipales de l'Ontario. **Ministere des Richesses Naturelles, P.O. Box 1749, Cornwall, Ontario, K6H 5V7.**

Les objections et les demandes d'audience doivent parvenir au ministere avant le **10 jour de September, 1990.**

Tous les renseignements donnés relativement a la demande, y compris les ojections formulées par écrit peuvent etre examinés par le public.

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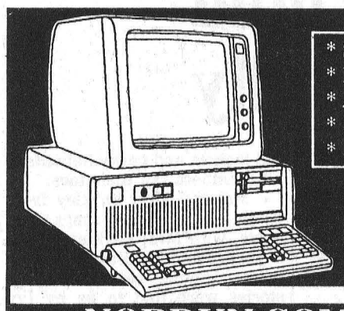
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448-3549
SUNDAY, AUG. 5, 1990
MOREWOOD – 9:30 A.M.
CHESTERVILLE – 11:00 A.M.
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June 1991

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CHESTERVILLE
Pastor: Rev. L. Armstrong
448-2084
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11 A.M. – Morning Worship
Affiliated with the Pentecostal Assemblies of Canada
May 1991

PRESBYTERIAN CHURCH
St. Andrew's, Chesterville
Morewood
Pastor: Rev. Bert de Bruijn
448-2516
SUNDAY, AUG. 5, 1990
Chesterville
9:30 A.M. – Sunday Service
Nursery & Sunday School
Morewood
11:15 A.M. – Sunday Service
Nursery & Sunday School
COME EXPECTING
LEAVE REJOICING
May 1991

ST. MARY'S CATHOLIC CHURCH
CHESTERVILLE
Father Jim Esper
448-3262
SUNDAY, AUG. 5, 1990
HOLY MASS
Saturday – 5:30 P.M.
Sunday – 9 A.M. & 11 A.M.
January 1991

DUNBAR PRESBYTERIAN CHURCH
DUNBAR
Interim Moderator
Organist: Mrs. Marjorie Thom
SUNDAY, AUG. 5, 1990
Sunday Worship – 9:30 A.M.
Sunday School & Nursery
9:30 A.M.
"A Warm Welcome Awaits All"
May 1991

HOLY TRINITY ANGLICAN CHURCH
CHESTERVILLE
Rev. George Bruce
SUNDAY, AUG. 5, 1990
11:15 A.M.
June 1991

CHRISTIAN REFORMED CHURCH
WILLIAMSBURG
Pastor: Rev. John Tangelder
543-2597
SUNDAY, AUG. 5, 1990
9:30 A.M. – Morning Service
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984-2353
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Bible Club – 9:30 a.m.
Morning Worship – 11 a.m.
Nursery Provided
COME TO WORSHIP
LEAVE TO SERVE
August 1991

ST. PETER'S – ST. LUKE'S EVANGELICAL LUTHERAN PARISH (E.L.C.I.C.)
Pastor: Rev. J. Ross Thomson
535-2569
SUNDAY, AUG. 5, 1990
DUNBAR - ST. LUKE'S
Sunday Worship - 9:15 A.M.
EVERYONE WELCOME
WILLIAMSBURG - ST. PETER'S
Sunday Worship - 11:00 A.M.
Sunday School - 11:00 A.M.
EVERYONE WELCOME
Fully Accessible to the Disabled.
March 1991

Kids show awareness of environmental issues

Yves Cossette
Record Record

CHESTERVILLE — There was no sympathy for the Dump Monster as Glassy Bottle, Woody Newspaper and the other recyclables set about to destroy his grandiose scheme to build a castle made of waste.

As the Dump Monster crept back to the foundations of his trashy castle, the environmental message sank in with the children reading out their parts in the Defeat of the Dump Monster.

About 20 children, members of the SD&G County Library Green Club, took part in the short play at the Nelson LaPrade Centre, last Wednesday.

It wasn't a typical kind of play. It wasn't a public performance. The children were handed their scripts and costumes upon their arrival at the centre that morning and they were guided through the script twice by the Green Club's leader Cindy Moffatt.

To Moffatt's surprise, the issue of recycling was already familar to the children aged 5 to 12. "They knew a lot more than I thought they would know," she said.

Many of the questions she asked received correct replies from the children. And it was because they have already learned quite a bit on the environment in their schools, she said.

A recent high school graduate, Moffatt is working for the county library for the summer. Throughout the week she tours most of the county's libraries to meet with the Green Club's, created through a program which was set up by the county library.

The summer clubs organized by the county library are not a first, but this year's theme, the environment is. Barbro Diehl, assistant county librarian based at Tagwi, said the club's served a two-fold purpose; to attract children to the libraries and encourage reading, and to promote cause. This year the cause is the environment.

Moffatt, who is considering a teaching career, stressed the importance of letting children get a feel for their environment and to do their share to protect it.

"It's such a big issue now, you might as well teach them while they are young," she said.

The environmental lessons are carefully masked as fun to keep the club from becoming too much like school. The children get to make arts and crafts and to stress the virtues of recycling, a play was staged.

For Moffatt, working with the children has been as much fun as it has been a learning experience because she wants to work with young children as a teacher. "It's fun to work with a lot of kids and see what they make," she said.

The Green Club sessions vary in content from week to week. The first one dealt with pollution, the second with the problem of dying rainforests. Next week Moffatt will deal with wildlife conservation, she said.

Children in Winchester, in South Mountain, in Dalkeith in Lancaster and other areas in SD&G have Green Clubs. Most of the clubs meet in the libraries just before opening time.

But in Chesterville the situation is a little different. Most of the Green Club members also belong to a summer day camp run by Chesterville's parks and recreation department.

That means Moffatt has a guaranteed turnout of about 20 children every week. She also has the assistance of two Chesterville day camp supervisors. At the other libraries she supervises the Green Club sessions solo.

Diehl said the number of children meeting at the libraries in other communities varies. At some libraries the attendance is as high as Chesterville's while at other communities the turnout is lower, because there is a conflict in activities for children taking place, she said.

The Green Club program was prepared by Diehl and Moffatt. But choosing the environment as the theme of the program was made by Diehl to meet the requirements of federal government subsidy the county library received for hiring Moffatt.

But the subsidy doesn't cover the entire cost of the program. The SD&G County Library is kicking in about $1,700 to pay for the program, she said.



Monster watch

Jesse Marriner watches the drama unfold in Defeat of the Dump Monster, a play put on by members of Chesterville's Green Club, at the Nelson LaPrade Centre, last Wednesday. Marriner is one of about 20 Chesterville children who take part in the Stormont, Dundas and Glengarry County Library's Green Club program. Record Photo - Cossette

Rate hike plug to be pulled?

Yves Cossette
Record Staff

CHESTERVILLE — A recommendation by the Municipal Electric Association to increase hydro rates by 12.8 per cent in 1991 has been met with skepticism by Chesterville's Reeve Jim Cook.

Progress reports on Ontario Energy Board (OEB) hearings considering increasing hydro rates received by council have indicated that a large increase would be rejected by the OEB.

"I got the impression that they (the MEA) wouldn't be getting that increase," he said.

The MEA, which represents Ontario's municipal utilities and has recommended a 12.8 per cent increase to the OEB to service Ontario Hydro's massive $35 billion debt.

Cook greeted the news of the recommended hydro hike with little enthusiasm. "I hope it isn't true. I hope somebody has made some mathematical errors because I certainly don't want to pass on 12.8 per cent," he said.

But even if the 12.8 per cent hydro rate increase is approved Cook believes the village coffers can cushion the effect on local hydro customers. "Depending on how our finances are set we might absorb some of that and not pass it on to the consumer," he said.

An increase in Ontario hydro rates doesn't compel a municipality to raise local rates. In Chesterville's case, electricity is sold at wholesale rates to the village's hydro commission.

Each year the village sets aside money for the maintenance of the village's hydro system, but Cook said Chesterville's hydro network is in good shape after a systematic overhaul over the past 10 years. That means money set aside for maintenance could be used to offset rate increases, he said.

But a spokesperson for the MEA, Olga Lukich, doesn't believe municipalities would have too much room to absorb a potential 12.8 rate increase.

She said most municipalities would pass on the increases Ontario Hydro would implement. "There is a fluctuation...but basically it is in that ball park," she said.

Lukich said a 12.8 per cent increase is necessary to bring Ontario Hydro's $35 billion debt under control. "We're not thrilled about it (the recommendation) but we feel that's what we have to do to handle not only its standard cost, but to deal with the debt load it's carrying," she said.

The 12.8 per cent increase recommended by the MEA is considerably higher than the 7.8 per cent which Ontario Hydro proposed earlier this year.

The MEA is one of a number of agencies which is allowed to comment and make recommendations on such policies like rate increase before the OEB. The OEB then makes its own recommendations to the Ontario Ministry of Energy, which in turn passes its recommendations back to Ontario Hydro before a decision on rate increases is made.

There is no guarantee that the OBE will accept te MEA's 12.8 per cent rate increase proposal, Lukich said.

Citing evidence which shows Ontario Hydro's own recalculations indicate à 10.5 per cent increase is needed to cover its legal debt requirement, the MEA proposed the Hydro start improving its debt situation by going with a 12.8 per cent increase.

Lukich belives consumers will be unhappy with the proposed increase, but will support it anyway because it is geared towards reducing Ontario Hydro's debt. "It's like handling a mortgage, you have to deal with it," she said.

Osnabruck refuses Newington water hook-up guarantee

Greg Kielec
Record Staff

OSNABRUCK CENTRE — Osnabruck Council has refused to guarantee a water hook-up for a Newington couple bypassed in a planned water extension.

Bill and Jane Michels had asked council to guarantee a hook-up for them should their well develop problems. Council said it could make no guarantee, but pledged it would be sympathetic should a problem occur.

The couple had previously made two requests to hook-up to the village water system but was turned down both times. They came back to council last Monday night to find out why village residents near them were granted permission to hook up to the system, after they themselves had been turned down twice for a hook-up.

Council has granted one hook-up to Leland McPhail and one to Russell Presley, west of Newington, past the Michels home but on the opposite side of the road. Council granted the hook-ups after the two complained their wells had gone dry after the village communal well was created.

Tests by the Ontario Ministry of Environment were unable to determine why the wells had gone dry. But the ministry approved the two hook-ups anyway, even though it isn't certain the communal well was the cause of the problem.

The Michels said if hook-ups are allowed for Presley and McPhail because of well problems, they should also be guaranteed a hook-up if they too eventually have problems.

The communal system was originally created to solve existing well contamination problems experienced by village homes. "Now the reason seems to be changed," Michels told council.

"What happens if my well dries up," he said. "I don't think it's completely fair. They can drill a well just as well as I did."

But Councillor Donald McElheran said council acted properly in approving hook-ups for McPhail and Presley, even though it turned down the requests made by the Michels.

McElheran said the two homes granted hook-ups are existing homes and since the system was installed to rectify problems at existing homes, council acted properly. The system was not intended for new homes outside of the planned area for the system.

He added, council granted the two hook-ups because it is possible the communal well did affect the Presley and McPhail wells. "I guess we're giving them the benefit of the doubt to some degree."

Reeve Stewart Hart said council wanted to help, but was unable to grant the Michels a hook-up because of MOE restrictions. "Council all felt that we let you down. There was nothing we could do about it. Our hands were tied."

The couple originally asked at the meeting for an immediate hook-up because the water from their well isn't of good quality. The couple have spent $4,000 for the well and a water purifier to eliminate sulphur in the water.

They later lessened their demand to a guarantee that they receive a hook-up should they encounter serious well problems. But council said such a guarantee would be of no worth because future councils would not be bound by it.

The MOE approved a council request for a hook-up for McPhail and Presley because they are existing homes. But council refused to grant a hook-up for a new home built by McPhail.

PASSPORT PHOTOS
WAYNE LAPRADE PHOTOGRAPHY
448-2852

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Obituary

May Lillian Cumming

May Lillian Cumming, retired waitress and housewife, died in Winchester District Memorial Hospital Sun., July 29 following an illness of several years.

Mrs. Cumming, who lived at 498 Victoria Ave., Winchester, was 78.

She was born in Winchester Township May 12, 1912 a daughter of Robert and Ada (Christie) McDonald and was married to Erwin Cumming, who survives.

Mrs. Cumming had lived in Ormond before moving to Winchester and was a member of Ormond Baptist Church.

She is survived by a son, Jim, and his wife, Sandra, Winchester; daughter Pamela Cumming of Montreal; grandchildren Shawn, Amanda, Michael and Patricia; sisters Jean McKenny, Ottawa, and Isobel Robinson, Metcalfe, and by her brother, Robert McDonald, Ottawa. Mrs. Cumming was predeceased by sisters Alice McIntosh and Doris Rae and by brothers Stewart and George McDonald.

Rev. James Mills conducted funeral services from the J.R. Vice Funeral Home, Winchester, at 11 a.m. Wed., Aug. 1 and interment was at Ormond Cemetery. Pallbearers were Ken Carkner, Ab Skuce, Ken McDonald, George Ocshman, Brian Robinson and Brian McLean.

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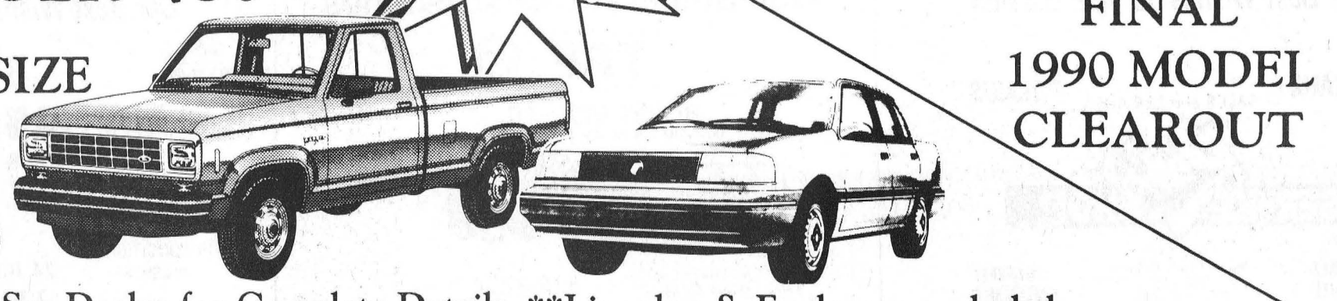
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Colebrook top R-O scholar

INGLESIDE — The staff of Rothwell-Osnabruck School have announced this year's Ontario Scholars.

To be designated an Ontario Scholar, students must earn an average of 80 per cent or higher in six Ontario Academic credits.

This year's scholars are Michael Colebrook, Cameron Dixon, Stephanie Wells, Laurie Bosch, Suzie Bosch, Coleen Gillespie, Rachel Flegg and Cheryl Servais.

Michael Colebrook, son of Brian and Brenda of Ingleside, graduated with an average of 90.2 per cent and will go to the University of Toronto to study pharmacy.

Cameron Dixon, son of David and Margot of Finch, graduated with an average of 90 per cent and will go to honors arts programme at Queen's University.

Stephanie Wells, daughter of Lawrence and Nicole Wells of Ingleside, graduated with an average of 87.8 per cent and will go to McGill University to enter an honors arts programme.

Laurie Bosch, daughter of Harry and Anna Bosch of Ingleside, graduated with an average of 85.2 per cent and will go to Waterloo University to take an applied arts co-op programme. Her sister, Suzie, graduated with an average of 85.2 per cent as well and will study occupation therapy at the University of Western Ontario.

Coleen Gillespie, daughter of Eugene and Helen Gillespie of Ingleside, graduated with an average of 85 per cent and will go to McGill University to take an honors programme in music and English.

Rachel Flegg, daughter of Neil and Pauline Flegg of Newington, graduated with an average of 82 per cent and will go to Carleton University to study natural science.

Cheryl Servais, daughter of Patricia and the late Eugene Servais of Ingleside, graduated with an average of 82 per cent and will study environmental science at Trent University.



Starstruck

Stephanie Pelletier, 2, of Chesterville virtually stole the limelight from one of the dance performers at the Avonmore Fair talent contest Friday night. Pelletier left her seat and moved closer to the stage and began imitating the dance movements of the performer on stage. Pelletier, who was not entered in the contest didn't win any prizes, but she got a big round of applause from the spectators.

Record Photo - Cossette



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SCOUTS CANADA

MOE frustrates area waste plan

SPENCERVILLE — No one ever said finding a long-term solution to this area's waste problem would be easy or quick, and on Thursday members of the steering committee of the Grenville-Dundas Waste Management Master Plan again expressed frustration at the slow pace of progress.

The study, going on since January of 1987, involves 14 area municipalities from the two counties trying to come up with a way to handle the region's growing garbage problem.

On Thursday some members of the steering committee openly expressed frustration at the apparent lack of progress, and much of that frustration was directed at the Ministry of the Environment, which is covering the cost of a large portion of the study and which provides consultants to oversee the work being done.

"It becomes very frustrating coming here and rehashing old stuff," said Mountain township representative Estella Rose. "The MOE should get its act together to direct us in the way we should proceed.

"I have better things to do with my time. The MOE should do their homework and tell us where we should be going."

Study chairman, and Edwardsburgh township reeve, David Sloan agreed, noting that the study has been limping along without a regular ministry representative since last December.

The anger during the afternoon meeting was sparked for the most part by a number of criticisms about the study made by MOE official Hans Mooij. The comments, contained in a letter to the steering committee, were in response to a May 3 review the committee had undertaken of the work done to date.

Last minute response

What annoyed some members was the fact that the letter had only been sent to the committee on July 25, the day before last week's steering committee meeting, which meant that the study consultants, A.J. Robinson and Associates, didn't have time to prepare a proper response.

To make matters worse, Mooij was unable to attend Thursday's session in Spencerville.

"The (Mooij letter) contains a large number of criticisms of what we've done," said Williamsburg township representative Trevor Tolley. "It strikes at the very heart of what we've done."

Brockville representative Bob Huskinson called the entire process "very frustrating", pointing out that at the end of Mooij's letter he notes that his criticisms may very well have been addressed in the study's most recent draft report, a document which the ministry hasn't finished reviewing yet. The ministry received a copy of the report in late May.

Frustrating

"One could get browned off at this whole approach," Huskinson said, "I don't see why (the ministry) isn't ready to comment on the report yet. When we get together to meet, the MOE people are always somewhere else. The months go by and the years go by. It's becoming very frustrating.

"Are we all going to be dead by the time this study is finished?

Though committee members were concerned over the Mooij letter, the study's consultants indicated that they didn't see the issues raised as being impossible to rectify, noting that the study, when finished, will have to be able to withstand close government scrutiny.

"They are trying to help us prepare a document that can withstand an environmental hearing," said consultant Paul Frigon. "I feel I can answer these questions without having to re-do the study."

The committee instructed the consultants to respond to the Mooij letter and address the concerns it raised, and to submit the latest version of the study, stage 2B, to the ministry's approvals branch for technical review and comments.

The steering committee met in Winchester Township Aug. 30 for a special closed door session, with the next public meeting scheduled for Spencerville Sept. 27.

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SATURDAY, AUGUST 4TH, 1990

Official Opening 12:45 p.m.

8:00 a.m.
Individual Piping Competition
Individual Drumming
Highland Dancing Competition

1:15 p.m.
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Massed Highland Fling

1:45 p.m. thru 5:30 p.m.
Pipe Bands Competitions
Drum Majors Competitions
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General Admission **$7.00**
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Friday, August 3rd, 1990 at 8:00 p.m.

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Angus Gray Hall - Brigadoons
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SATURDAY NIGHT DANCES

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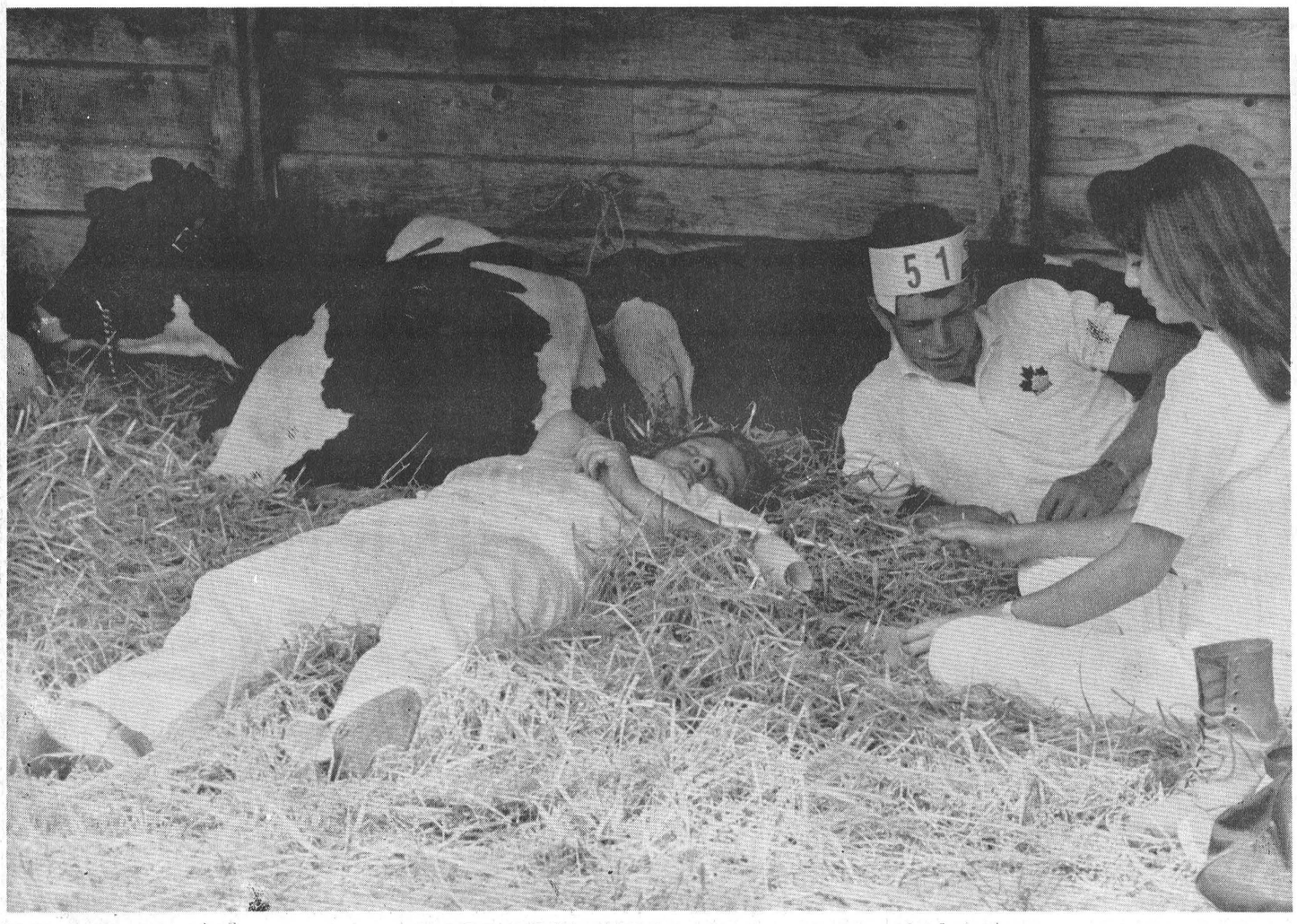


4-Hers Christie Howes, Ian Howes and Susan Murray take time out to escape the heat.



Joyce Seguin freshens Ben with shampoo shower.

Avonmore Fair turns up the heat

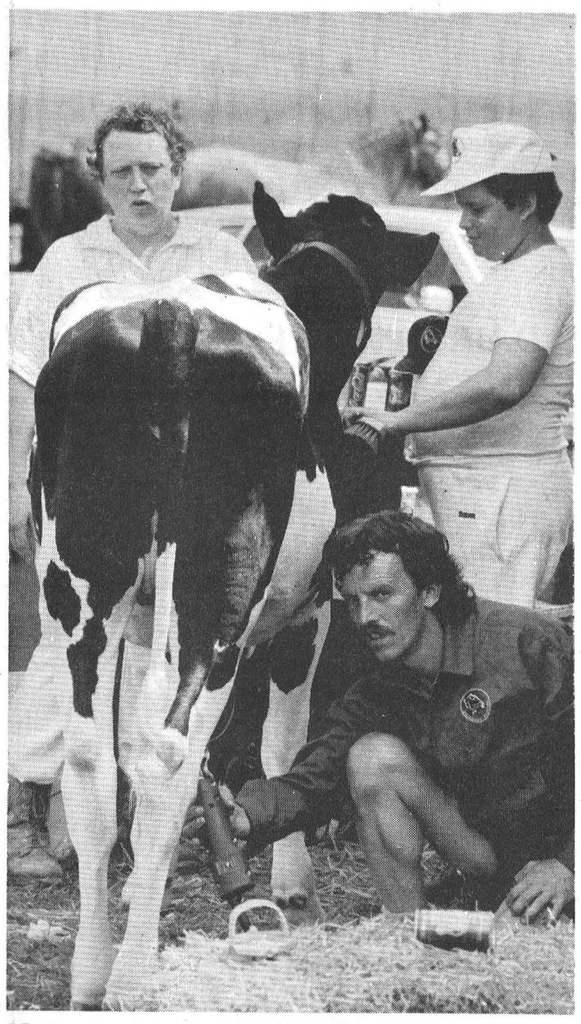


Doug McDougell and Norma Rose display prize-winning Percherons.



Horse races kicked off the Avonmore Fair Friday evening.

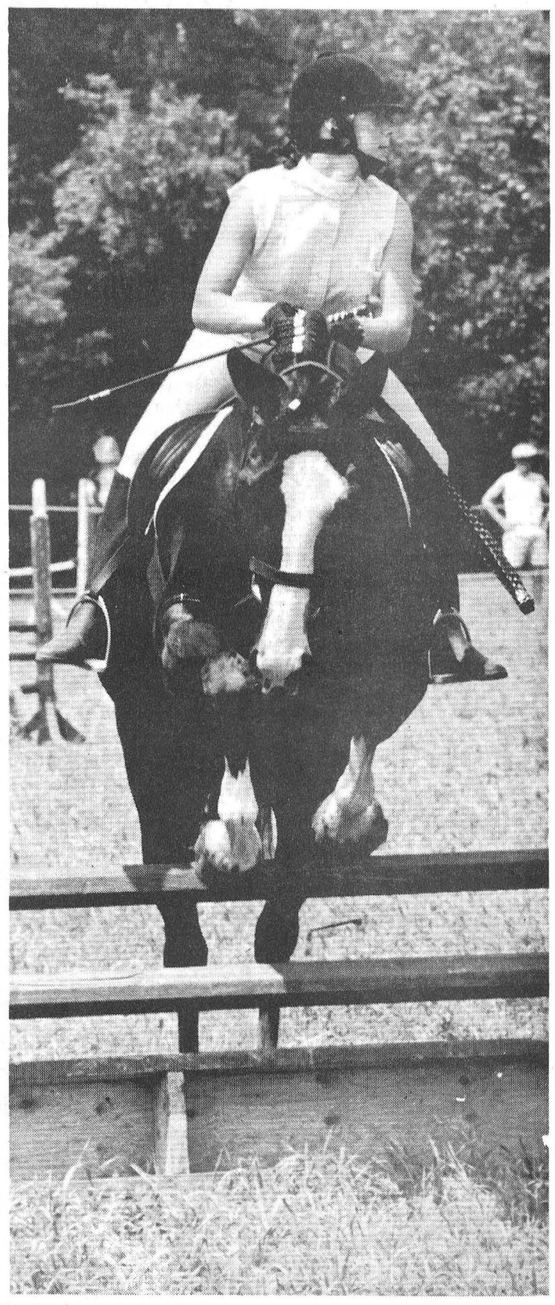
Record photos
by
Cossette



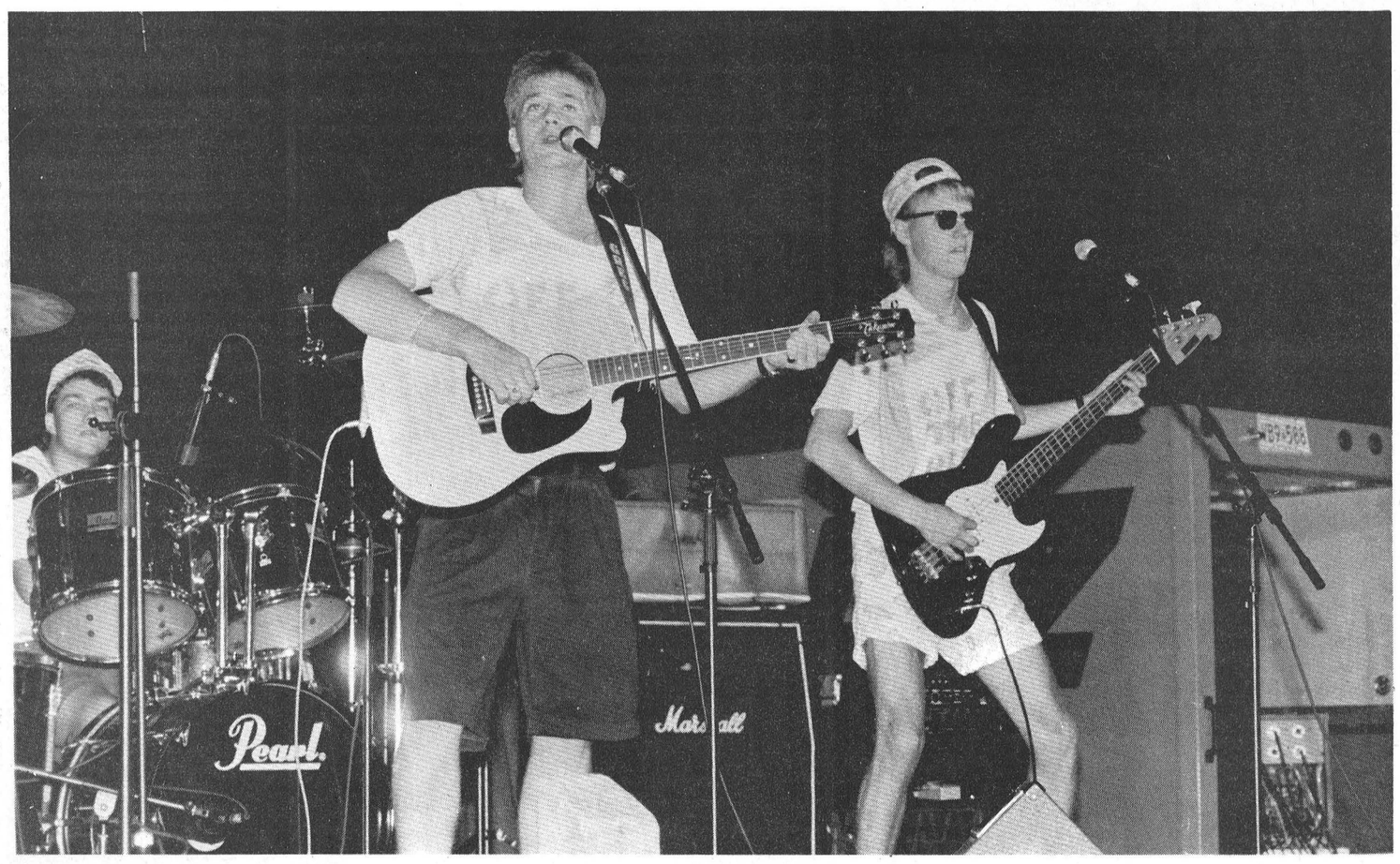
Holstein cow gets clipped for show.



The Trevor Walsh Band from Cornwall plays two Kim Mitchell songs.



Horse and rider jump with ease.



Relaxed rockers

Greg Hanna (centre) and fellow bandmates Brad Mesich (drums), and Yvon Leroux (electric guitar) go back in time to revive Little Sister, a tune recorded by Elvis Presley. Along with the bassist Eric Willison (not shown), they are known as Off the Deep End. The rock quartet closed off the talent contest at the Avonmore Fair, Friday night.

Record Photo - Cossette

Band goes off the deep end

Yves Cossette
Record Staff

AVONMORE — Your first impression of Greg Hanna may be that he has just gone off the deep end when he tells you he sings and plays rhythm guitar in not one, but two bands.

But to many people in Stormont, Dundas and Glengarry, he is a familiar face, whether playing with his country band, A Touch of Country, or his rock and roll band, Off the Deep End.

At the Avonmore Fair last weekend he made appearances with both. On Friday night Off the Deep End closed the talent contest with renditions of the recent Northern Pikes' hit She Ain't Pretty and An Elvis Presley song, Little Sister. On Sunday he took the stage with the grandstand with A Touch of Country.

He enjoys both genres of music and hence alternates between donning and shedding the stetson, a common trademark attire for country musicians.

Hanna, who graduated from Tagwi Secondary School last June, assembled a rock and roll band with high school friends at Tagwi last year. "I always wanted to have a high school band and one day I decided to do it," he said.

In late 1988 he got together with fellow Tagwi student and drummer Brad Messich. Soon after they were joined by Yvon Leroux, lead guitar, and Eric Willison on bass. Their first gig was at the 1988 Christmas school assembly.

The quartet plays contemporary music dating back to the Eagles and fifties tunes made famous by Elvis.

"It's just a fun time," he said.

But Hanna, who is from just south of Finch, is a big fan of country music and has been playing with bandmates Brian Allison, Fred Pitts and Art Barber for four years.

He frequently makes appearances at the monthly Tri-County Music Association dances and local bars playing old and new country music drawing from the likes of Dwight Yoakam, Randy Travis or Johnny Cash.

Occasionally he makes solo appearances with just an accoustic guitar. In May he performed at the Berwick Women's Institute's 75 aniversary and even composed a song with lyrics to commemorate the occasion.

Hanna is frequently asked to come out to various social functions, including fundraisers, to perform. "If somebody asks me to do something for charity or anything, I'll do it. I love singing."

In September Hanna plans to take his love for music with him to London's Fanshawe College for recording, engineering and production. He expects the three-year program to prepare him for a future career in music.

He is not sure whether he will become a recording artist or pursue some other aspect of music related to his studies, he said.

Off the Deep End's performance at the talent contest Friday night was preceded by about 20 other acts. The entertainment was varied featuring everything from yodelling, to lip-synching, to dancing.

The contest was won by Patty Gallant, who sang to taped country music. Placing second was Gordon Lanoue, who also sang to taped country music. The Trevor Walsh Band of Cornwall placed third for their performance of two Kim Mitchell songs.

Police issue holiday weekend warning

TORONTO — Anyone who reaches the age of 19 in Ontario is legally entitled to consume alcohol, but not all persons are capable of handling the responsibility that comes with the privilege.

On a typical holiday weekend, many people choose to ignore the laws related to alcohol and find themselves in trouble.

Insp. Bill Wicklund, OPP traffic and marine branch, has a reminder: this Civic Holiday weekend, police will again be on the look-out for impaired driving, operating a boat while impaired and consuming alcohol in a public place.

"Drinking on board a boat is lawful only if the vessel is moored and qualifies as a residence. It must have a washroom as well as eating and sleeping facilities," Insp. Wicklund says.

In Ontario, alcohol transported in a vehicle or vessel must be in a closed container, not displayed to public view and not readily accessible. Drinking is not permitted at a roadside park, picnic area or at a beach.

"The OPP wants everyone who intends to have an enjoyable holiday weekend to actually experience one. To ensure this, observance of the law is a must," Wicklund says.

The OPP is also issuing a reminder to drivers and passengers to wear their seatbelts.

Last Civic Holiday weekend, five of the nine people to die in traffic accidents investigated by the OPP had been ejected from their vehicles.

Keep your "air" humming with a timely check-up

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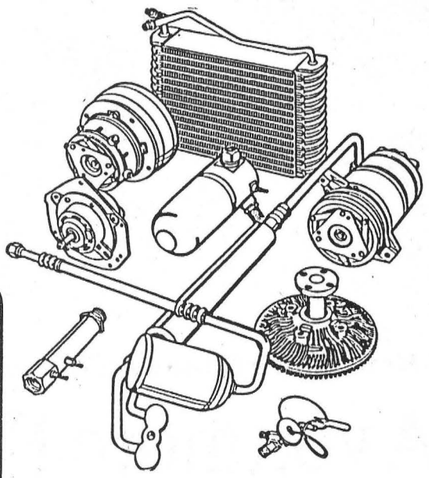
$30.80 *



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Obituaries

Leroy E. Strader

World War One veteran Leroy E. Strader died in Winchester District Memorial Hospital Sat., July 28 in his 97th year.

Mr. Strader was born in the fifth concession of Winchester Township May 7, 1894 the son of Calvin and Lucy (Durant) Strader and received his education at local schools and at Ottawa Normal School.

On June 1, 1916 he married the former Edith Harriet Beach in Winchester Methodist Church.

Mr. Strader served in France and Belgium during WWI with the 18th and 25th Batteries, Second Division, and 5th Brigade, HQ, Canadian Expeditionary Force. He received severe burns to his eyes and lungs in a mustard gas attack at Passchendaele in October, 1917.

He returned to Canada in 1919 and in 1920 left the home farm to teach school in the second concession of Matilda Township, at Winchester Public School and at Ottawa public schools.

In 1929 he left teaching to work in the records division of the National Research Council, where he worked until his retirement, in 1955. He moved back to Winchester in 1957.

Mr. Strader was licensed as a lay minister in the Methodist Church in 1913 and was a devoted member of Winchester Methodist (later Winchester United) Church and Ottawa Stewarton United Church.

He did supply preaching in Ormond, Harmony, Winchester and Oxford Mills.

He was active in boys' work in the church and was a member of the United Church's Ottawa Boys' Work Board.

He was an ardent Mason, holding the post of Past Master of Fidelity Lodge, No. 231, of AF, AM, and was an associate member of Henderson Lodge, No. 383.

He was a member and served for a time as chaplain of Winchester's Royal Canadian Legion Branch and was a past president of Golden Years Society.

Friends were received at the J.R. Vice Funeral Home, Winchester, Mon., July 30 and Tues., July 31. A Masonic service was held at the funeral home at 8:30 p.m. Tues., July 31. The funeral will be held at 2 p.m. today (Wed., Aug. 1) from the funeral home chapel. Pallbearers are members of Branch 108, Royal Canadian Legion, Winchester.

Jake Steen

Jake Steen, longtime resident of Wood Islands, PEI, died in hospital in Charlottetown Mon., July 23 in his 75th year.

He was the son of the late William and Florence (Dillabough) Steen of Morewood.

Mr. Steen was predeceased by his wife, Rachel, and by his brother, Earl.

He is survived by sisters Beryl (Mrs. Dalton Casselman), Chesterville, and Norma, London.

Funeral services were conducted from the Ferguson-Hamilton Funeral Home, Montague, PEI, Wed., July 25 and interment was at Montague Cemetery.

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Winchester DAIRYFEST '90 Aug. 9-12

DAIRYFEST - 1990

Thursday, August 9 to Sunday, August 12

SATURDAY, AUGUST 11TH

Gigantic Sidewalk Sale
Starts at 8am • All day • Main Streets

ALL DAY
8am Sidewalk Sale
9am Petting Zoo sponsored by Century 21
4-H Ball Tournament—ball park
Swim meet—Centennial Pool

CHILDREN'S PROGRAMS
Video Competitions featuring Super Mario Brothers—Proceeds to Canadian Guide Dogs. Prizes for high score sponsored by Bank of Montreal—all day
10am Comedy Clown Stage Show (Bells & Whistles)
10am Face painting
12 noon Chris Pilsworth Magic Show sponsored by Winchester B.I.A.
Noon to 2pm Free corn-on-the-cob, sponsored by Royal Bank

DUNDAS DAIRY PRINCESS
Competition and Crowning
1pm Main Corner Park
Featuring award-winning play by Junior Farmers

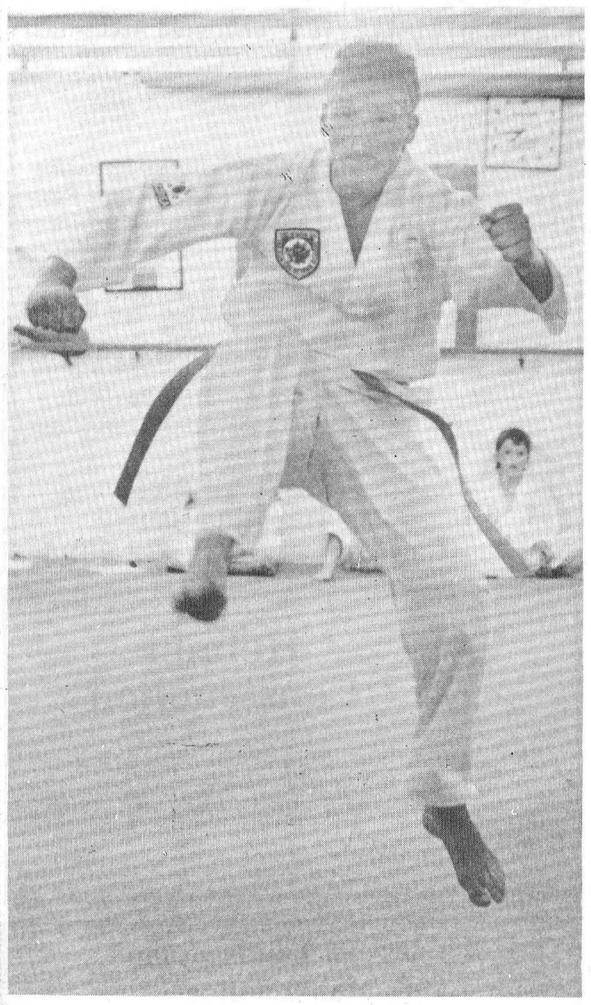
1pm till 5pm
'50's Street Party
'50's Rock & Roll by Revival, sponsored by Winchester Legion Br. 108

Chicken Bar-B-Q
100 Club Park
4:30pm to 7pm
Adults $6.50, Children $3.50
Takeout orders, 774-3252
Sponsored by United Church Ladies

Street Dance
9pm to 1am featuring **Eddie and the Stingrays**
At the arena (rain or shine)
Admission $5.00—Age of Majority
sponsored by the Dairyfest Committee

THE CHESTERVILLE
Record Sports

Hanscomb can be club's youngest black belt



Jumping high

Alan Prodonick is required to work through a routine during his green belt examination at the Grand Master Tae E. Lee's club in Ottawa.

Record Photo - Boersma

OTTAWA — Seven students from the Maple Ridge Tae Kwon Do Club wrapped themselves with their new colored belts at Grand Master Tae E. Lee's Friday night.

Miles Hanscomb achieved the highest belt of the night. He passed Mr. Lee's black stripe test.

Second Degree Black Belt and the clubs' Tae Kwon Do Instructor, Mike Lecuyer says, "if he (Hanscomb) keeps going, he should be our first coome".

"A coome is when you get your black belt before the age of 15," Lecuyer says.

Lecuyer is quite confident that Hanscomb will receive his black belt before his 15th birthday. Twelve year-old Hanscomb, is one belt away from that honor, he says.

Lecuyer says it is very difficult to obtain a black belt because "you cannot just practice one kick, you have to learn to do them all."

During the test Mr. Lee, an eighth degree black belt, will tell the student which kick they have to use to break the board. The student is not able to choose one.

Bonnie Stewart and James Stewart were among those that were awarded the red belt.

Alan Prodonick and Craig Lyon removed their belts to give way for their new addition green belt.

Duncan Christie, Robert Lacelle and Mathew Barton changed their white belts for yellow ones.

Christie also received an additional honor last Friday. He was awarded a medal for a very high scoring test.

Lecuyer says Christie scored "in the 90's." This allows him to be tested as soon as he knows the material for the next belt, usually there is a time period.

"The kid (Christie) is good. Of course he's got a good instructor too," he says.

The Tae Kwon Do student must have more than just the ability to receive a higher belt, Lecuyer says. A "good attitude" is required, along with a good technique.

"If the students are not trying, then he or she definitely won't get a credit," he says.

Lecuyer says anyone can join the club which meets on Monday and Wednesday from 7 to 9 p.m. at the Maple Ridge Senior Public School.

It is a great way to "have some fun and stay limber," Lecuyer says.



Colour of their belts

Members of the Maple Ridge Tae Kwon Do Club received new belts last Friday, in an examination at the Grand Master Tae E. Lee's club in Ottawa. (Front left) Duncan Christie, Robert Lacelle, Mathew Barton. (Middle left) Bonnie Stewart, Miles Hanscomb, James Stewart. (Back left) Teaching master, Mike Lecuyer, Craig Lyon and Alan Prodonick.

Playing time

Golf enthusiasts head to Gaspe

CHESTERVILLE — Golf. It's a full time job for 14-year-old Ryan Buske and 15-year-old Trevor McMillan.

Buske, a Chesterville resident, and McMillan, a former resident who now resides in Cornwall, says they spend up to 50 hours a week on the course.

Their dedication to the sport has taken them to Gaspe, Quebec for the Provincial Golf Tournament which was held on July 31 and August 1.

They will be among 138 other golf enthusiasts ranging from the ages of 14 to 18, attempting to create a berth in the Nation Golf Tournament.

Buske and McMillan say they qualified for the tournament by competing in "local tournaments in the Ottawa area." Both have won tournaments in the past.

"We play a practice round on Monday and we play 36 holes on Tuesday to start the competition," McMillan says. If we play well, we'll play 18 holes on Wednesday to try to make it to the Nationals.

McMillan says "I'm not expecting too much." But, he hopes to gain experience from the tournament, because "it's the first time I've ever done something like that."

Buske says he doesn't know how he compares to other golfers his age because his normal T-off area at the Cedar Glen Golf Course in Williamsburg does not have many teenagers playing.

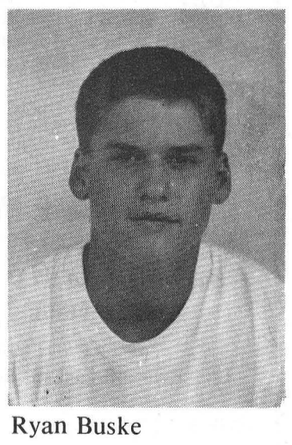
McMillan and Buske have been spending most of their summer's vacation on the green in Williamsburg with their fathers.

"My Dad" was the first person who brought him to the golf course when he was younger. Buske says, after he started playing well is when he began to enjoy playing.

"I only took it serious for the past year or two," McMillan says.

He says he was eight-years-old the first time he played golf. His father and uncle were serious players, so he always played with them.

Although both Buske and McMillan enjoy playing other sports, golf is their main interest in the summer.



Ryan Buske



Trevor McMillan

Buske says it's easier to play individual sports because you can practice by yourself.

McMillan says playing team sports are different than playing by yourself because "when the blame is there, it's on you and not anyone else."

Both Buske and McMillan hope that their interest in golf will lead them to the United States to start a career in that field.

Buske says he would like to live his adult live in "Florida, Myrtle Beach or California because you can golf all year around." He would like to teach professional golf.

"I'd like to own and manage my own golf course," McMillan says. But, I don't want to go too far south.

Ladies' ball hockey

B-52's edge Flyers for top position

CHESTERVILLE — Last Thursday saw the end of the regular season games in the Ladies Ball Hockey League. The two first-place teams faced off for an exciting conclusion for the top title.

The B-52's fought for a one point win in their encounter against Fraser's Flyers, to take the league's top title, with 14 points.

Marie's Mercedes managed to retain a second place finish in the league, with a victory over the Burgundy Bombers in W-CDLBHL action. During this season the Mercedes have totalled 13 points.

The Flyers end their regular season games with 12 points. While the Bombers finish the season as the league's basement team, with a respectable five points.

The first round of playoffs will be on Thursday, August 2. The first-place team, the B-52's, will be up against the last-place Bombers. The second-place squad, the Mercedes, will encounter the third-place Flyers.

B-52's 1
Fraser's Flyers 0

What a perfect ending to an exciting season of ladies ball hockey. The two top teams battled it out to end the last week of regular season games. B-52's squad played their way to the top of the league.

Fraser's Flyers' netminder Heather Crummy was good enough to control the B-52's to one point, but not quite as good as the B-52's goalie Nancy Vanderveen. She stopped all attempts on the net to complete her seventh shutout of the season.

Chris Boulanger was the B-52's heroine. She was the only contestant able to get between the Flyers pipes, marking her second goal of the season. Boulanger counted the point with pass assistance from Jenny Ganter. There was only 7:23 left in the encounter.

These two teams entered the contest tied for the first-place position with 12 points. Both the B-52's and the Flyers played a very good game and during the season they have faced each other four times.

The four games played were split evenly between the two teams and three of the games were decided by one point. The other was a 2-0 win for the B-52's.

If these two squads happen to meet in the playoffs it could be any team's game. Both are capable of a win.

Marie's Mercedes 5
Burgundy Bombers 0

The Burgundy Bombers' netminder Kelly Tryon was an easy mark for Marie's Mercedes' Linda Leroux during that Thursday's contest in the W-CDLBHL. Leroux outplayed Tryon to complete a hat-trick.

The Mercedes had control from the beginning face-off till the final buzzer. Thanks to Leroux and goaltender Elaine TePlate, the Bombers were given very few chances throughout the contest.

Leroux's trio started with the pass assistance of Laurie Buske and Nancy Johnston. Leroux found net with only 3:03 played in the encounter.

It took quite a while for the Mercedes to put another point between the Bombers pipes. Loreen Skuce connected on a pass from Lori Marriner and Vikki Holmes, at 11:07 of the second frame.

Holmes, Skuce and Marriner teamed up to give the Mercedes a 3-0 lead with 1:10 left in the second period. Holmes marked the point with assistance from Skuce and Marriner.

Marriner and Dee Dee Booth helped Leroux count her second goal for the Mercedes. Tryon failed to stop the Mercedes fourth point against the Bombers at the 13:13 mark of the final frame.

Leroux completed her hat-trick with the passing assistance of Tracy Helmer and Johnston. She marked the 5-0 lead over the Bombers with 10:59 left on the clock.

This encounter, marked TePlate's fifth shut-out performance for the Mercedes this season. It was their third game in which the Bombers were not able to score against the Mercedes. They have met four times throughout the season.

Munro captures Cedar Glen Ladies' Open title

WILLIAMSBURG — Winchester's Lea Anne Munro carded a 79 here last Tuesday and captured another Cedar Glen Ladies' Open title.

Her 79 enabled the club ladies' champ to card the day's "A" Class low gross score.

Nicole Landriault's 90 was second best "A" low gross of the event.

This year's Open attracted 63 ladies who topped the competition off with one of Cedar Glen's great barbecues.

Nora Markell stroked a 70 and was top net golfer in the "A" Class.

The "B" Class gross score race saw Ida Palmer win it with a 93. Nancy Barkley ws five back at 98. The net prize went to Pat Gallinger with a 70. She was four better than Cyndie Summers who carded a 74, Betty Graham was a distant third with a 101 score.

Judy Auger was the "C" Class champ punching up a score of 100. Beulah Scarfe was second at 107 and Edythe Cameron third at 108. Helen Robichaud topped the net tote board with a 65. Ann Winters came in at 72 and claimed the second place prize.

Juniors Night

Last week's juniors' scores produced a win in "A and B" Classes for Mark Vanasse who stroked a 39 low gross score.

Mark Brown's 29 was the best net number in the "A and B" Class rankings. Darryl Burns fired a 57 and won the "C and D" low gross prize.

Paul Brown wrapped up the net score award with his 30½.

Mark Vanasse (age 13-18 yrs.) was closest to the pin on No. Two.

Ryan Fillion (age 8-12 yrs.) dropped a shot closest to the pin on No. Five.

Ladies Night

Last Wednesday's Ladies' Night's longest drive award went to Lydia Beckstead. Shirley Carruthers earned the low putts prize with 15.

Lea Ann Munro continued to top the "A" Class, winning the low gross race with a 39, Norma McIntosh was the net winner with a 34.

Cathy Fawcett stroked a 50 for the "B" gross prize while Lorie Hutt was the net winner with her 34.

Joyce Armstrong at 55 won "C" Class honors. Mabel Ogden's 35.5 net was best.

Tracy Mullin and Tammy Mullin each hit 60s in the "D" Class hunt. Janet Thompson and Sue Alexander also matched net scores.

Men's Night

Bill Mullin nipped Rick Barkley 34-35 and energed as last Thursday's "A" Class champ. Johnny Morrow's 32 was best net score.

Doug Merkley edged Steven Barkley 40-42 and earned the "C" Class' top prize. Don Beckstead took a two stroke (28-30) net win over Barry Fawcett.

Barry Casselman fired a 38 and defeated Marty Little by a single stroke (38-39) in the "B" Class competition. Bruce Freer and Glen Vasey tied at 30 but Freer got the net prize on back holes.

Harry Thompson fired a 44 and Brent Copeland a 47 and they finished in that order as the "D" Class scores were tallied. Kevin Vollrath hit a 27.5 and George Bloom a net 31.5.

Al McNairn belted the longest drive from No. One. Rick Barkley was closest to the pin on No. Two.

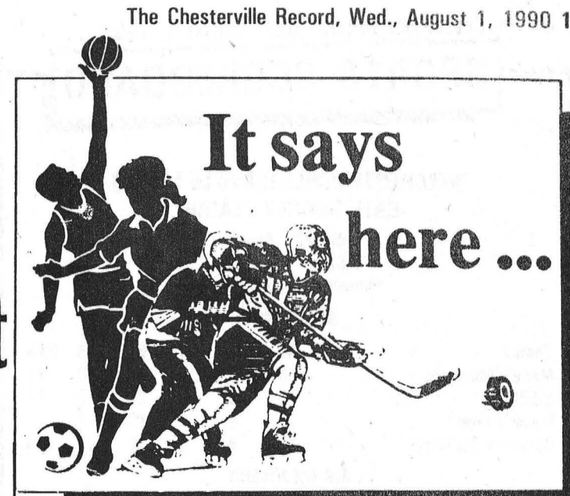
Coming Tourneys

Aug. 11 signals the annual Lyall Strader Memorial event.

This Sunday (Aug. 5) another Mixed Two Ball will be featured in a 3:30 p.m. start.

Aug. 18 marks the 1990 Juvenile Diabetes Foundation - Mixed Two Ball Tournament.

The Final Round of the Cedar Glen Club Championship will be played Sun., Aug. 12.



Allen plays for a winning game



Rosanna Boersma
Sports Editor

Gulp.

What was that?

Well, I'm eating my words.

I didn't think he could play professionally, but I'm glad he proved me wrong. Because the Ottawa Rough Riders finally won a Canadian Football League game.

Damon Allen led the Riders to a 50-46 win over the best team in the CFL, the Edmonton Eskimos, last Thursday night at the Rough House.

It's about time.

Now, his only problem is consistency.

A 74-yard pass is too uncommon coming from Allen, but Reggie Barnes connected on the long bomb to give the Riders a six-point lead, which Dean Dorsey soon converted to seven.

Allen connected for five touchdown passes in the game against the Eskimos. He tied a Rider record for the most TD's in a single game. This honor is shared with Chris Isaac, who established the mark in the club's record books July 19, 1982.

You'd think with offence racking up so many points, Ottawa would have won the game with ease, but they came too close to being on the losing side of the score. As they have been so many times before.

But, the Riders finally won.

Most of the statistics were in the Eskimos favor. But, the only thing that gives a team two points in the league is a winning number on the scoreboard. And finally, the Rough House's scoreboard was in favor of the home team.

It's thrilling to finally see the losing Riders, win. They still have to overcome a lot of criticism for their past performances, or rather, lack of performance. But everyone should be in agreement with the fact that they are a major contender in the CFL.

The Riders have been close in all three games this season. A touchdown late in the fourth quarter enabled them to play an extra five minutes against the Winnipeg Blue Bombers in their first test of the 1990 CFL season. They lost it, 31-24 on Thurs., July 12. But, Ottawa looked much better on the stat sheet, to come up short on the points sheet.

Their second loss was on Thurs., July 19, to the Hamilton Tiger-Cats. The Tiger-Cats did look better on the field and in the stats, but Ottawa wasn't far behind. The game ended with a 29-26 advantage for the home team. All the Riders needed was a field goal to put it into overtime, but they couldn't get it.

Their game against the Eskimos last Thursday, turned out the way it should have; the Riders on the larger side of a very close score.

It was the Riders all the way through the first half, but the second belonged mostly to the Eskimos. The Riders ended the game with David Conrad connecting on a pass from Allen, with less than 10 minutes to play.

The Riders' defence controlled the Eskimo's quarterback, Tracy Ham, along with the rest of their offence to ensure the win.

Mysterious

It's puzzling.

Why can the Riders stop the Eskimos, and not the Blue Bombers nor the Tiger-Cats?

Edmonton has the better team. I have a lot of respect for them as an effective football club.

I was sure Ottawa would lose this one, partly because of their past record against Edmonton.

The last time the Riders beat the Eskimos was way back on Oct. 15, 1985. The Riders have waited too long for this win, and it's about time that they finally got it.

This win will probably be the best thing that happens to the Riders this season. I can't see Ottawa making it to the Grey Cup. They are still too young and inexperienced. But they proved they can play in, and win, an exciting professional football game. They won't be having a season like they did last year.

In the 1989 season Ottawa was hopeless. They didn't play in very many close games as they have been doing this year.

In fact, two of their hardest games were against the Eskimos.

Ottawa's first contest against Edmonton, was a disaster for the home team. Edmonton's head coach, Joe Faragalli says Edmonton stopped passing, to try to keep the score closer. The 39-4 score for Edmonton could have been higher.

Their next meeting was even harder on the Riders. The Eskimos whipped their butts last October as they multiplied the Riders' measly 11-point effort, five times over.

And for that, Riders' head coach, Steve Goldman, is still mad at Faragalli.

Grow up Goldman. That's what a football team is supposed to do. If you were going to get mad at any game that they played, it should have been the first, because they didn't play as hard as they should have.

This year Goldman has a team, and I'm sure if they are in a situation such as the Eskimos were in last year, the score would be run up as high as they can go.

At least, I hope and expect they would.

The Riders will be up against the Argos this Saturday, August 4 at 7:30. Hope it's not a repeat of their exhibition contest. The Argos won 43-30.

SPORTS SCOREBOARD

WINCHESTER/CHESTERVILLE LADIES BALL HOCKEY LEAGUE

July 26 - Scores
B-52's 1 - Flyers 0
Mercedes 5 - Bombers 0

STANDINGS

Teams	W	L	T	GF	GA	PTS
Marie's Mercedes	5	3	3	24	8	13
B-52's	6	3	2	25	8	14
Fraser's Flyers	5	4	2	19	17	12
Burgundy Bombers	2	8	1	8	41	5

BIG SHOOTERS

Names	G	A	PTS
Lori Marriner (M)	8	7	15
Diane Shane (B52)	6	5	11
Wilma Fawcett (B52)	3	8	11
Debbie Shaver (B52)	6	4	10
Stacey Berry (F)	6	3	9
Vikki Holmes (M)	4	5	9
Marie Shelp (M)	3	6	9
Jackie Boulanger (B52)	4	5	9
Amy Fraser (F)	4	3	7
Nancy Johnston (M)	3	4	7

CHESTERVILLE/WINCHESTER MEN'S BALL HOCKEY LEAGUE

Recent Scores
July 25, 1990
Yellow Jackets 6 - White Crusaders 2
Red Wings 4 - Black Plague 2
Grey Ghosts 3 - Green Machine 2

STANDINGS

Teams	W	L	T	GF	GA	PTS
Yellow Jackets	8	3	1	41	24	17
Grey Ghosts	8	4	0	37	31	16
Red Wings	7	5	0	42	27	14
Black Plague	5	7	0	35	43	10
Green Machine	3	6	2	28	42	8
White Crusaders	2	7	3	31	49	7

TOP GUNS

Name	G	A	PTS
Doug Armstrong (R)	10	11	21
Jerrold Boulanger (Y)	7	14	21
Scot Bell (R)	7	12	19
Jeff Holmes (GR)	7	10	17
Ken Byers (GY)	7	9	16
Kevin Boyce (GY)	9	6	15
Baxter Roberts (W)	10	4	14
John Mackler (GY)	7	6	13
Dennis Ouelette (Y)	6	7	13
Daniel Shelp (Y)	6	7	13

CORNWALL AND DISTRICT SOCCER LEAGUE

STANDINGS

Teams	GP	W	L	T	GF	GA	PTS
First Division							
St. Andrews Saints	11	10	0	1	39	10	21
Cornwall Rangers	7	4	2	1	14	7	9
Char Lan	8	3	3	2	18	11	8
Avonmore Pacers	9	2	5	2	14	21	6
Fist	9	2	6	1	10	37	5
City	8	0	5	3	9	18	3
Second Division							
Winchester Sonics	10	6	2	2	17	10	14
Kong Dong	9	5	3	1	17	9	11
Rudi Sports	11	5	5	1	15	15	11
Mr. Subs	10	4	3	3	36	24	11
Seaway Spartans	8	4	1	3	19	10	11
Osnabruck Cosmos	11	6	3	2	24	17	14
Char Lan II	9	1	6	2	10	18	4
Avonmore Warriors	8	0	8	0	8	43	0

OPTIMIST CLUB MINOR SOCCER

Last Week's Results
Tyke Division
Cosmos 3 - Raiders 0
Avonmore 3 - Blizzard 0
Sprites Division
Rangers 1 - Liverpool 0
Manchester 1 - Avonmore 0
Mosquito Division
Avonmore 5 - Knights 2
Chargers 0 - Rockets 0

STANDINGS

Teams	GP	W	L	T	PTS
Tyke Division					
Chelsey	7	4	0	3	11
Cosmos	7	5	1	1	11
Blizzard	7	2	2	3	7
Raiders	8	2	4	2	6
Avonmore	7	2	5	0	4
Sprites Division					
Celtics	7	5	1	1	11
Rangers	7	4	1	2	10
Liverpool	8	1	2	5	7
Manchester	7	2	3	2	6
Avonmore	7	0	5	2	2
Mosquito Division					
Chargers	9	8	0	1	17
Rockets	9	4	2	3	11
Knights	9	2	6	1	5
Avonmore	9	1	7	1	3

PEE-WEE GIRLS BALL

Last Week's Games
Tuesday, July 24
Crysler 24 - Newington 6

STANDINGS

Teams	GP	W	L	T	PTS
Crysler	12	11	1	0	22
Finch	12	9	3	0	18
Newington	12	5	7	0	10
Winchester One	12	4	8	0	8
Winchester Two	12	1	11	0	2

OSNABRUCK MIDGET GIRLS SOFTBALL

STANDINGS

Teams	GP	W	L	T	PTS
Berwick	15	14	1	0	28
Kenmore	15	12	3	0	24
Winchester	15	8	7	0	16
Williamsburg	15	5	9	1	11
Newington	15	5	9	1	11
Kemptville	15	0	15	0	0

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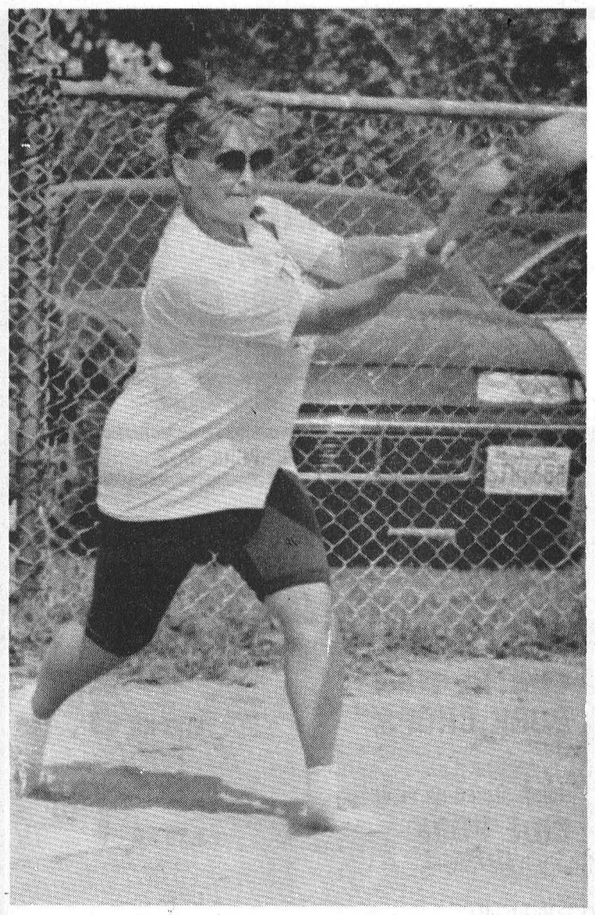

Batter, batter, swing

Flangans' Kathy MacMillan connects on a pitch during their game against Tayor, last Saturday at the slo-pitch tournament. There were 15 teams that took part in the event, that was part of the Avonmore fair.

Record Photo - Boersma

Jackson family wins 'A' title

AVONMORE — A total of fifteen family teams took part in the two day slo-pitch tournament that was part of the Avonmore fair festivity last weekend.

Garnet Robertson the tournament's organizer says, the tournament "is a good drawing card for the fair." The slo-pitch tournament has been part of the fair for the past 11 years.

About 15 people were on each team, with several other family and friends coming to watch the game.

"It's one of the big features of the fair," Robertson says.

All 15 teams involved in the tournament were guaranteed two games. But, if you were one of the winning teams you would have played five games over the two day period.

The tournament was divided into two sections, the "A" and "B" division.

The Jackson family won the "A" title, while the Reilly family took the "B" title.

A Beach Volleyball Tournament was also an event at the fair. It saw 16 teams of six people each, take part.

The volleyball tournament completed their fourth year in existence last weekend. But, it was not the most successful year for the event, Jean Canham the fair's secretary said.

Canham says the time of the event might have deterred people from coming. It was held from 4 to 9 p.m. Saturday, July 28.

Glen Canham the tournament's organizer had the winning volleyball team.

Fitness Forum

by Jennifer Gregoire, Reg. N.

EXERCISE TRY OUTS

Since you're a fitness-conscious person, chances are that you engage in some form of exercise now. If you're like most of us, you have one or two favorite activities to which you devote your time and energies. But you may be very physically active and yet never tried some of the most common and easy exercise activities.

Walking (Three Days)... Walking is called the "gentle sport". It is a healthy, easy way to exercise the body with little effort. Walking can be recommended as a great beginning for those who are out of shape, recuperating from illness or injury, or who just plain want a more peaceful form of recreation.

Day One: 30 minutes. Take an outdoor walk, wearing a watch to monitor your time.

Day Two: 45 minutes, add some stretches. Prior to walking, engage in these "pre-walk" stretches, to warm up your joints and upper body:

1) Standing on one leg, you can hold a chair for balance if you desire, rotate the ankle joint of the other leg several times. Use an easy, loosening action; go in both directions and switch legs.

2) Roll your shoulders; rotate your head gently, from side to side. This will help to loosen up your upper body.

3) Take a deep breath. Raise your arms overhead and stretch up as you increase the inhalation. Release the arms and exhale.

4) Gently shake out each leg and jiggle your arms. Bend gently into your knees a few times, just to stimulate the flow of blood.

Day Three: 55 minutes, add stretches and relaxation. Prior to your 30-minute walk, engage in your "pre-walk" stretches. Take a more quickly paced walk, this time adding some action to the walking movement. For instance:

1) Hold the arms overhead for eight steps. Release for eight steps. Repeat.

2) Move the arms in a jumping-jack movement arms overhead, then down for eight steps. Release for eight steps. Repeat.

3) Try using issometric pressure, pressing your palms together in front of you. Hold for sixteen steps, then release and shake out your hands. Repeat.

4) Try an assortment of other arm movements. After you walk, note what movements you've tried.

Following your walk, take fifteen minutes to lie down and relax completely, perhaps listening to soft music.

Jogging And Running (Three Days): Jogging is a good "next step" for those who wish to get aerobic exercise at no cost. Anyone who doesn't have an injury, or physical problem, check with your doctor, can "jog"; all one needs is a proper pair of running shoes.

A long-term jogging program will build endurance and will enhance muscular coordination. It will not build large muscles, nor will it strengthen the upper body or abdominal area. Joggers who are into total fitness should supplement a jogging schedule with calisthenic exercises such as push-ups and sit-ups. Aerobics dancing uses the same leg muscles as jogging, with the added conditioning to all major muscle groups that comes from calistenic work.

Swimming: The beauty of swimming is the natural action of water, that buoyant force which removes the drag that gravity places on the earthbound body. Body action can be generated from the arms and-or legs. The torso is suspended easily in water and is able to twist, bend, reach, and otherwise accommodate arm and leg action with ease. Whether prone on the stomach, or on the back, abdominal support keeps the body in alignment while legs kick and arms stroke.

My Silent Achievers this week are all of you who are maintaining your fitness level this summer through a regular swimming program; either on your own or involved in a good Aqua-Fit program such as the one at the Winchester Pool. Well done!

We are so very lucky to be able to do it for ourselves.

Yellow Jackets win 6-2 decision

CHESTERVILLE — With only two games left to play in the Chesterville-Winchester District Ladies Ball Hockey League regular season, the Yellow Jackets still find themselves on the top of the standings.

The first-place squad found an easy win against the league's last-place team, the White Crusaders. The 6-2 decision lifted the Jackets point total to 17.

A come back win, in Wednesday night's action against the Green Machine, keeps the Grey Ghosts in solo position of the second place team in the league. The win rises their league points to 14, leaving them one behind the first-place team.

The Red Wings were able to find a winning contest against the Black Plagues, in action last Wednesday. The victory over the league's fourth place team gives the Wings a stronger hold on the third place standings. They have accumulated 14 points, the Plagues have a point total of 10.

The Machine's eight points give them enough for fifth place. While the White Crusaders stay in the league's cellar with seven.

Yellow Jackets 6
White Crusaders 2

The White Crusaders' netminder Brad Pringle was an easy mark for the Yellow Jackets defensive force during their encounter last Wednesday.

A third period scoring spree, by the Yellow Jackets enables them to remain as the top team of the league. Darrell Shelp proved to be too great of a force for the Crusaders defensive line. He counted a hat-trick performance to give the Jackets an easy win.

The Jackets' Sean O'Connor marked an early advantage against the Crusaders. Denis Ouelette and Jerrold Boulanger assisted the marker that found net with 4:16 played in the contest.

It took the Jackets awhile before counting their second conversion of the night. Shelp started his trio off with 6:50 left to play in the second frame with the passing assistance of Boulanger.

Greg Kelly nailed one in past netminder Paul Bjerso, to tighten the Crusaders deficit to 2-1. Chris Van Bridger and Baxter Roberts assisted on the goal at 5:59.

The Jackets turned on the heat during the closing frame. At the 11:32 mark Shelp counted his second goal, thanks to the passing assistance of Ouellette and Boulanger.

Kent MacMillan and Bernard Grady teamed up to make it 4-1 for the Jackets. MacMillan netted Grady's pass at 9:20.

It took 43 seconds for Will O'Connor to equal his opponents previous shot, closing the Crusaders gap to 4-2. Kevin Moore and Roberts assisted.

Shelp bounced the Jackets back on the scoring track by netting his hat-trick against Pringle. The 7:23 mark counted Boulanger's fourth assist of the game while Barry Smith found his first assisting point.

Bernard Grady embarrassed the Crusaders even further by counting the Jackets sixth point late in the closing frame to end the encounter with a score of 6-2.

Red Wings 4
Black Plagues 2

The Red Wings' goaltender Richard Gauthier managed to hold the Black Plagues offensive to two goals, while his teammates tallied four for a winning game.

It only took Barry Allison 2:13 to give the Wings a jump on the lead, finding a pass from Scot Bell and Junior Hamelin.

The Wings' added to their lead late in the second period. Kevin Boyce found net at 3:37 connecting on a pass from Doug Armstrong and Brad Droppo.

The third period face-off saw Gary Beisheim put the Plagues on the scoring board. Just 35 seconds in Beisheim beat out the Wings' goaltender Richard Gauthier with assistance from Kevin Byers and Bryan Helmer.

Helmer converted the equalizing point for the Plagues at the 10:00 mark of the closing frame, leaving the contest tied at 2 apiece.

Boyce gave the Wings a lead with only 1:45 left on the clock. The assistance of Armstrong enabled Boyce to tally the winning goal, forcing the Plagues to pull their netminder Don Imrie.

With an open net, Armstrong had an easy time counting the Wings final goal. Rene Boulanger and Chris Hart made Armstrong's point possible with 2 seconds left in regulation time, to ensure a victory for the Wings.

Grey Ghosts 3
Green Machine 2

The Grey Ghosts fought back from a 2-1 deficit to gain a victory over the Green Machine during a tight defensive struggle in C-WDMBHL action last Wednesday.

At the 10:35 mark of the second period, Jim Pennock and Paul Melenhorst teamed up to give the Machine's a one point lead over their opponents.

The Ghost's equalizer came from the stick of Ken Byers with only 5:34 left to play in the second frame. John Guy and Ray Sherrer helped Byers get past Machines' goaltender, Don Marcellus.

The Green Machines moved into a 2-1 lead at the 9:35 mark. Scott Barkley connected on a pass from Jeff Holmes.

It didn't take Dolton Henry long to even things up at two apiece for the Ghosts. The goal was marked with the assistance of John Mackler.

With only 30 seconds left on the clock the Ghosts found the winning point, saving the contest from a 5:00 over-time. Henry turned out to be the hero of the game by going to the Machine's net to find his second goal of the encounter with assistance from Byers and Guy.



Take it away

Green Machines' Gene McInnis unsuccessfully attempts to strip the ball from the Grey Ghosts' Jim Fling during their encounter, last Wednesday. The Ghosts won the contest 3-2.

Record Photo - Boersma

Sports Calendar

CHESTERVILLE AND WINCHESTER DISTRICT MEN'S BALL HOCKEY LEAGUE
Wednesday, Aug. 1, 1990
7pm - Red Wings vs Grey Ghosts
8 pm - Green Machine vs White Crusaders
9 pm - Yellow Jackets vs Black Plague
Location: Chesterville Arena

WINCHESTER AND CHESTERVILLE DISTRICT LADIES BALL HOCKEY LEAGUE
Thursday, Aug. 2, 1990
7:30 pm - B-52's vs Burgundy Bombers
8:30 pm - Marie's Mercedes vs Fraser's Flyers
Location: Chesterville Arena

OPTIMIST CLUB MINOR SOCCER
Thursday, Aug. 2, 1990
Tyke Division
6:00 pm - Blizzard vs Chelsey
7:00 pm - Avonmore vs Cosmos
Raiders - Practice
Sprites Division
6:00 pm - Manchester and Celtics vs Parents
7:00 pm - Avonmore, Rangers & Liverpool vs Parents
Mosquito Division
6:00 pm - Knights and Rockets vs Parents
7:00 pm - Chargers and Avonmore vs Parents
Location: North Stormont Public School-Berwick

WINCHESTER LOB BALL LEAGUE
Wednesday, Aug. 1, 1990
Diamond One
8:00 pm - Vice-Taplen vs Stage West
Thursday, Aug. 2, 1990
Diamond One
7:00 pm - Shoneroy vs Chesterville
9:00 pm - Vikings vs Inkerman
Diamond Two
7:00 - Blue Knights vs Blue Jays
9:00 - Vice-Taplen vs 40 Pounders
Monday, Aug. 6, 1990
Diamond Two
8:00 pm - Inkerman vs Chesterville
Tuesday, Aug. 7, 1990
Diamond One
7:00 pm - Blue Jays vs Blue Knights
9:00 pm - Marauders vs Vikings
Diamond Two
8:00 pm - Shoneroy vs Legion 108

BERWICK FASTBALL TOURNAMENT
August 3, 4, & 5
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PRICES IN EFFECT UNTIL CLOSING TUES., AUG. 7, 1990

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24x280 ML TINS
6.49

EVERYDAY OF EVERY WEEK DIRECT WAREHOUSE PRICES

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ASSORTED FLAVOURS
POTATO CHIPS 99¢

CRUSH 3x250 ML TETRA PACK
ASSORTED FLAVOURS
FRUIT DRINKS 89¢

GOLD SEAL 220 G TIN
SOCKEYE SALMON 2.99

CAMPBELL'S 10 OZ TIN
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VEGETABLE SOUP 59¢

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MIXED PORK CHOPS 5.49 KG 2.49 LB

BONELESS BUTTERFLY
CENTRE LOIN PORK CHOPS 8.13 KG 3.69 LB

FRESH SLICED OR PIECE
SIDE PORK 3.29 KG 1.49 LB

CENTRE CUT
LOIN PORK CHOPS 6.37 KG 2.89 LB

RIB OR TENDERLOIN PORTION
LOIN PORK ROASTS 5.49 KG 2.49 LB

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PORK RIBS 5.27 KG 2.39 LB

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BONELESS STRIP LOIN NEW YORK CUT 11.00 KG 4.99 LB

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MAPLE LEAF SLICED
SALAMI 5.71 KG 2.59 LB

MAPLE LEAF SLICED
BAKED PEPPER OR MEAT LOAF 8.13 KG 3.69 LB

SIMON DE GROOT
BERINGER LIVERWURST 4.39 KG 1.99 LB

SIMON DE GROOT
BLOOD SAUSAGE 4.39 KG 1.99 LB

BURNS SLICED
KOLBASSA LOAF 8.58 KG 3.89 LB

SIMON DE GROOT SLICED
SMOKED BEEF 12.54 KG 5.69 LB

MAPLE LEAF SLICED
COTTAGE ROLL 9.68 KG 4.39 LB

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PEPPERONI 5.93 KG 3.89 LB

MAPLE DALE CHEDDAR
MILD CHEESE 8.80 KG 3.99 LB