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Doctors provide only opposition

Cardinal to proceed with plans for professional building

The village of Cardinal has decided to proceed with plans for what will be referred to as a professional building, following the outcome of a public meeting last week in the council chambers.

The proposed building will have facilities for two doctors, a dentist and a lawyer. If, however, there are vacancies when the building is completed, council members stated that the space could be rented to any other professional person who needed an office.

About twenty-five people turned out for the meeting with Cardinal council to discuss the pros and cons of having a professional building. In describing the proposed building councillors made reference to the medical building in Iroquois, saying that it was one of the best designs they had seen in their study of various plans. The building in Cardinal will differ slightly in that it will all be built on one level and will be a little smaller in overall floorspace. Rough estimates of the cost of such a building have ranged in the area of 40 to 50 thousand dollars.

The building will have to be financed primarily by the people of Cardinal since, according to Reeve A.C. Casselman, there is little money available in the way of grants for such a building. With the demise of the Winter Works Program, councillors felt there was little chance of getting outside money.

There are several ways of coming up with the required funds for the building. Reeve Casselman noted that it would be possible to float a 10 year debenture, but added that the village would end up paying double when the interest was added.

Council was of the general opinion that the building could be paid for in a couple of years out of general tax revenues. Councillor Jim Borrett used the example of the firehall and public works building that was built, and financed in the same way and paid off in a couple of years. Councillor Jim McLaughlin stated that it was good money management that enabled Cardinal to handle expenses such as these, noting that the average taxpayer did not feel any pinch since the burden was so well distributed.

He pointed out that $85,000 of he total $185,000 cost of tying into the Canada Starch sewage treatment lagoon would be paid off from current taxes over three years, leaving only $100,000 to be paid off over a ten year period.

Councillor Lorne Trimble added that some funds could likely come from civic organizations who might sponsor fund-raising events, raffles, or even private donations in aid of the new building. It was also felt that volunteer labour, which played such a large part in the building of the arena, would be very welcome again this time.

It was decided that rather than award a single contract for the construction of the building, it would be done to a large extent by municipal employees in spare time using extra part-time help and volunteer labour.

Doctors Oppose

The only opposition to the new building came from Cardinal's two resident doctors, Dr. Allen and Dr. Chang. Dr. Allen felt that medical buildings in other areas had gone way over original cost estimates and he could not see how Cardinal could afford such a structure. Councillors noted that part of the cost of any building was the land and that since the land in front of the arena where the building is to be erected is owned by the village, there would be some saving.

Dr. Allen also took exception to the proposed location, stating that if the building were built near the arena it would be inconveniently located in relation to the pharmacy. He felt that it would involve unnecessary trips across the highway and long walks for many people

The doctor also noted the need for a local dentist, saying that in his work at Canada Starch he has seen many cases where dental work was urgently required. He recounted a story of a time when a dentist came to Cardinal several years ago, only to leave for "greener pastures" when he discovered that he was piling up debts more quickly than money. Dr. Allen went on to say that few dentists would likely spend the money required to set up an office in Cardinal because the village had a bad reputation among the dental fraternity in respect to bill collection.

Council took exception to the remark with Jim McLaughlin noting that he had not, as a businessman, found Cardinal residents any harder than other people to collect money from.

It was generally felt that a dentist, offered space in the new building, would find Cardinal an attractive place to settle, with one man, Jim Riesberry, noting that he had been told by one area dentist that he would have to wait three months for an appointment.

Council made it quite clear that they were in no way dissatisfied with the medical services in Cardinal at the present time, but felt that they must plan for the future. Councillor Jim McLaughlin said that when the time for a new doctor comes, the village should have a building to offer him adding the cost of renting, especially for a young doctor would likely be preferable to having to buy a building.

Dr. Allen disagreed, saying that it was a trend among doctors to buy a building from which to operate. He felt this gave them a good investment which could be sold anytime. He said that he could forsee the day when doctors fees would have to rise to cover the cost of renting, as opposed to the lower overall cost, in his opinion, of owning the building.

Jim Riesberry, speaking as one of the organizers of Cardinal's Community Forum said that quite often in discussions about the future of Candinal, the need for such a professional building had come up. He added that people felt that their participation in planning such a project was their way of helping to shape their own destiny.

A show of hands of those present made it clear that the professional building was definitely wanted in the village, with only the two doctors voting to the contrary. Dr. Allen stated that there was room in Cardinal for only two doctors and that if a third came to town, one would be forced to move on for lack of business. When asked by Reeve Casselman if he would rent space in the new building, Dr. Allen said that it was too late in life for him to change.

Council is now going ahead with plans for the building, seeking opinions from interested people as to how should be laid out, room size, facilities etc. Before construction begins, a proposal is to be presented for public comment.



Dundas County Dairy Princess for 1975-76 , Josie Groniger of Matilda Township places the tiara on the head of her successor for 1976-77, Helen Fawcett of Mountain Township. The competition was finished at South Mountain fair on Saturday.

Post Staff Photo

Choose new Dairy Princess

Helen Fawcett, 17-year-old daughter of Allison Fawcett of Mountain Township was chosen as the 1976-77 Dairy Princess for Dundas County at a competition held on Saturday at South Mountain Fair.

Helen, who will be going into Grade 12 at North Dundas District High, this fall will represent county milk producers throughout the year and will compete for the provincial title of Dairy Queen at a competition in Toronto next summer. The only other competitor this year was seventeen-year-old Nancy Weren of R.R. 2 Chesterville. She, too, is entering Grade 12 at North Dundas in September.

As a final test in the competition, each girl was asked to make a short speech in front of the grandstand crowd at South Mountain Fair last Saturday. Nancy spoke on the Holstein-Freisian as a breed of cattle while Helen gave a talk on the role of the diary farmer.

Master of ceremonies for the event was Dwight gilmer, assisted by Mrs. Ralph Johnston, co-ordinator of the Dairy Princess competition.

Helen received a silver cup from the Royal Bank in Winchester along with a set of luggage from the Dundas Milk Committee. Nancy, as runner-up received a cash award of $25.

69 new building lots for Cardinal

Plans have been presented for a new 69 lot subdivision to be developed in the village of Cardinal. The residential building lots, each to measure approximately 70 by 125 feet, will be carved out of what is known as the Prosser farm which was bought by the village.

The land has been surveyed and a subdivision plan has been prepared by the Mucklestone firm in Brockville and is at the stage where water, sewer and hydro services can be installed. According to Cardinal Reeve A.C. Casselman there are federal and provincial loans available with some of the amount forgiveable. As soon as the funds have been obtained, the village of Cardinal will be going ahead with the installation of roads and services.

The land, which cost Cardinal $50,000 was paid for out of general tax revenues and did not necessitate any borrowing of funds. It is bounded on the west by the CN spur line to Canada Starch, on the south by Hwy. 2 and on the north by an industrial area slated for future development.



More people are turning up each week at the Cardinal Farmer's Market held on Thursday afternoons and Saturday mornings on Bridge Street in Cardinal. Organizers are gratified at the response they are having with the idea that arose out of the recent Community Forum held in the village. Local and area farmers and craftspeople offer a wide variety of quality goods for sale in an atmosphere of small-town friendliness.

Post Staff Photo

Good response to Farmer's Market

On April 3rd 1976, nearly 70 people sat down together at Cardinal's Comminity Form, to consider the needs of the community as a whole and out of that gathering there were among other things, the idea for a Cardinal Farmers Market. Just over three months later the idea became a flourishing reality.

On July 17th, Larry Dishaw, Chairman of the Committee and Letty Hobart, secretary welcomed the first stallholders to the Bridge Street site. The first tentative customers appeared and Cardinal's Farmers Market was off and running.

There are now twenty stallholders, and the atmosphere of friendliness and goodwill prevails among them. It may be the mouthwatering array of fresh produce; its may be the attractive arts and crafts displayed, or it may be a combination of them all but the fact remains that people crowd to this market on Saturday mornings and Thursday afternoons.

see Market, P.7

Exhibition ball game Sunday to aid Muscular Dystrophy

The second annual charity ball game in aid of Muscular Dystrophy in conjunction with the Jerry Lewis Telethon, will be played Sunday August 29th at 7:30 p.m. at the Central Ball Park on Victoria Street, Iroquois.

In recent correspondence from Ken "General" Grant, President of the Ottawa Chapter of Muscular Dystrophy, he wrote "We are delighted to hear that you are going to have another ball game for "M.D." We are most happy to give our approval." This endorsement from the general assured promotion of this event over the airwaves of CFRA.

The proceeds of this benefit game will be forwarded to the Ottawa office with a list of donor's names. In turn all contributors will be sent a receipt from the head office in Toronto for income tax purposes.

The game will be preceeded with a brief opening ceremony. Mr. John McAllister, chairman of the Iroquois Recreation Committee will chair the proceedings. In the introduction to the game Miss Fiona Watson daughter of Const. and Mrs. John Watson of Iroquois will throw out the first ball to officially open the exhibition. She will be assisted by civic officials including members of council. Umpires for the contest will be Mr. Jim Durocher representing the Lions Club of Iroquois, Mr. Ed Hitchison of Branch 370 Royal Canadian Legion and Fire Chief Mac Anderson of the Village's Fire Department. These three people will have their hands full with the antics of the fine athletes who will be performing in this important game.

The game itself will feature the Iroquois Midget Girls fastball team, coached by Sandra Johnston. Sandra has a power house of talent lined up to play against the fathers of the girls on her team. The gals line up consists of Corallee Easter, Cindy Mullin, Colleen Holder, Kathy Froats, Doris Tuttle, Lori DeBellefeuille, Robin Sauve, Linda McMillan, Karen McInnis, Sandy and Donna Valliquette, Kim Best, Clara Karelse and Nancy Guerkink.

Can you imagine the fathers of these girls giving them a lesson in the basic fundamentals of fastball as they clobber the gals on the scoreboard? Well, nonetheless, the outcome of the game is unimportant. The main factor is hopefully that the citizens of Iroquois and district will support this very worthy cause and attend the attraction and contribute accordingly. The true winner is the fight against Muscular Dystrophy.

By the way, in the event some of the fathers come up with ham-string pulls, it would be wise for some of Iroquois' famous old time great ball players to be standing by as their services may be required in order to finish the game. If they attend they are welcome to perform. Also if any organization would wish to serve refreshments during the game and offer the proceeds to "M.D." please contact Doris Tuttle or Leo DeBellefeille. Mrs. Leona MacIntosh and Mrs. Irene Haldane will be receiving donations during the game or in advance for those who cannot attend.

$400 worth of liquor stolen

Police probe Legion break-in

Morrisburg OPP are searching for thieves who broke into the Iroquois Legion Hall on Dundas Street sometime early Saturday morning and made off with over $400. worth of liquor. Also stolen were several cartons of cigarettes and about $20. in change from the cash register.

A first attempt at entry was made through an exit door at the east side of the old part of the building. When that failed, the lock was broken on the back door, giving thieves access by a stairway to another door leading into the bar. A wrecking bar was used to force open the door doing considerable damage to the door and frame, as the accompanying photo at the right shows. Blood was found at the site, leading to the belief that one of the thieves was injured in the course of the break-in.

The thieves were selective in their choice, stealing only one particular brand of cigarettes and leaving most of the stock of beer untouched. They also left behind one bottle each of gin and rye. The theft is being investigated by Constable Terry Bladen.

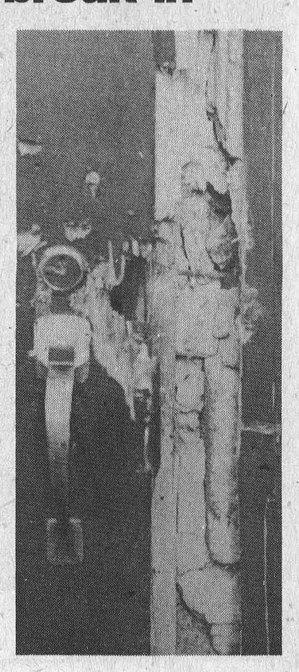
Successful Week

Charges have been laid in relation to several crimes during the past week. Police report having recovered a 5 ton International dump truck taken on August 14th from the Williamsburg Township garage. It was recovered, undamaged in Winchester Township. Charges have been laid in regard to the theft.

The Morrisburg detachment arrested two juveniles from Prescott in Iroquois last week in connection with the theft of a car from Prescott and a bicycle from Iroquois.

Charges have been laid in a break and enter and theft several weeks ago at the home of Bill Dark in Mariatown.

Iroquois firefighters and OPP from Morrisburg responded on Thursday afternoon last week to a truck fire on Highway 401. Damage was done to a truck owned by Canadian Dredge and Dock Co. Ltd. of Toronto.



the EDITORIAL

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Time to start planning

It has often been said that we can learn from our neighbours and while this can apply to individuals and countries, it also applies to municipalities.

The village of Cardinal has recently unveiled plans for a new subdivision to contain 6 9 building lots. When serviced, this will give the village the largest amount of residential land presently available along the "front."

Iroquois could do well to take a lesson from Cardinal in this area. We have few, if any, lots in this village and unless something is done soon to rectify the situation, any hopes for the expansion of the physical size of the village or its tax rolls will disappear.

We are only too well aware of the fact that there can be no major expansion here until modifications acceptable to the Ministry of the Environment are made to the sewage treatment facilities, but we should not let that serve as an excuse for stopping in our tracks.

There is no reason in our opinion why land could not be acquired within the village of Iroquois for a subdivision similar to the proposed Cardinal development. Land could be bought, surveyed and, possibly, even partially serviced, in readiness for the day when our sewage treatment facilities meet the standards of the Ministry. Knowing the speed at which red tape unwinds in such a procedure, it would be just as well to start planning now for a subdivision to be ready to go in 3 or 4 years.

People will follow the path of least resistance and if there are building lots available in Cardinal, that's where they will go. Iroquois is virtually at a point of zero population growth, unless some incentive is taken.

We know that this is an election year and that the present council has only 4 more months in office, but what better legacy could they leave behind than the initial footwork for growth and progress for Iroquois.



100 LINES

by J.M.

Just when we were about to give up on what the writers refer to as the beauty of a Canadian summer, Mother Nature came through with a couple of the best days in a longer time than we care to think of. Under the heading of 'better late then never' the weekend proved that there really was a summer this year; it's been hiding in the clouds, waiting for a chance to show its stuff.

The great weather provided a perfect setting for South Mountain Fair held over the weekend, for the completion of the Williamsburg ball tournament and for the staging of a local tennis tournament. It also made the fruit and vegetables on display at the Cardinal Farmer's Market look that much more appealing. We rolled out early enough on Saturday morning to get there for the opening of the market at 8 a.m. and a crowd was already there. It's well worth a short drive to Cardinal to stock up on a good choice of fresh-from-the-garden vegetables and fruit or to maybe get an early start to Christmas shopping from the crafts tables.

Lightning may be said to never strike twice in the same place but the old theory can't hold true for luck. Our local postmaster Graham Caldwell had no more than cashed his cheque for $200. in the Lions Club 100 Club Draw when he discovered that he and his wife Esther held one of the winning ticket numbers for last week's Wintario draw. The ticket, when cashed in, will be worth $10,000. Not a bad return for a $1. investment. Rather than accept an offer from one of our co-workers to drive him to Toronto (for a small fee) to collect money, Graham chose to send the ticket in the mail, (registered, of course). That's what we call loyalty to one's employer. If it turns out that Graham also has a ticket on Sunday's Olympic Lottery draw, we aren't even going to bother turning on the TV.

Sunday evening will see one of the funniest ball games of the season with funds going for the most worthy of projects -- the fight against Muscular Dystrophy. Central park in Iroquois will be the scene as the game gets underway at 7:30, pitting the girls Midget Fastball team against their fathers. We've been assured by coach Sandra Johnston that the girls team has been practising for long hours in preparation for the big event. The fathers, on the other hand, are resting on their reputation and on the faith that their daughters will take it easy on the old man. The real winner in the game will, of course, be the Muscular Dystrophy Association the recipients of all money collected. The game has been sanctioned by the Jerry Lewis Labour Day Telethon people.

Bill Smiley

Second Chance



By BILL SMILEY

NOW that the Games are over, and all the tears have been shed, it's time to look ahead to the 1980 Olympics.

What the International Olympic Committee needs like a hole in the head is new ideas, but I'll give them one anyway. It's simple: give everybody a second chance.

I'm sure people like Debby Brill and Bruce Simpson and Yankovich Strmzlwvzlski will agree with me.

Most of us get a second chance in life, whether it's falling down on the job, impaired driving, or being married. Why not the Olympic athletes?

I got a second chance once upon a time, and I was ecstatically grateful for it. It was a long time ago, and the Olympics had been cancelled for The Duration, but there were some pretty serious games in progress, just the same.

It is one of the great ironies, and my students simply can't understand it when I try to explain, but yours truly, and a lot of others, were involved in a bitter competition. We were trying to become fighter pilots, so we could be killed.

Isn't that silly? But it was so. No Olympic athlete suffered any more tension, anxiety, or frustration than we did when it came to the big day, the final event, our wings test.

Long before that, of course, were the eliminations. First one was the physical examination. It was tough. Many a youth with dreams of dicing through the clouds in a dogfight was shot down in the M.O.s office because he had flat feet or was color blind.

Next came the preliminary heats. These were known as Elementary Flying Training. If you came through about 60 hours of flying training without being terribly air sick, without bouncing more than 40 feet on landings, and without running into another aircraft and killing yourself, you made the semi-finals.

We lived in constant fear. Oh, not of killing ourselves. Nobody was concerned in the least about that. The dread phrase was "washed out." That meant that you weren't going to be that dashing figure — a fighter pilot — but that you were going to be retrained as a mere navigator, wireless op or tail gunner. In other words, sent to the minors.

If you survived the heats, off you went to finishing school, known as Advanced Flying. This was like making the Olympic team, but knowing you'd probably finish in 31st place.

I was sent, with a lot of ohter young idiots dying to be killed, to Camp Borden. It was quite an august group, including one Jake Gaudaur, the large, jovial gentleman who is now the commissar of the Canadian Football League. Hi, Jake.

Despite the augustness of the group, we trained in midwinter. We flew in snow, we landed on snow, we crash-landed into snow, and occasionally an intrepid student, usually an Australian, proved once again that an aircraft falling 6,000 feet will not penetrate the ice of Georgian Bay. The whole deal was not unlike Napoleon's retreat from Moscow.

And all the time, leering over our shoulders, was the ugly face of that thing called Washed Out.

It seems incredible, looking back, that we were in such terror of that creature. If all the young fellows in the world had managed to have themselves washed out, there wouldn't have been anyone to fly and kill and die.

But we suffered all the palpitations of Olympic contestants as we edged closer and closer to that triumph of sado-masochism, the Wings Test.

This consisted of about one hour of psychological torture in which the student flew the aircraft through a number of uncomfortable and alarming exercises while an instructor, sitting in the front seat, snarled imprecations.

Came my big day. Everything was great. I was shaking like a wino. It wasn't quite snowing, but it wasn't quite not snowing. And the intercom wasn't working.

Normally, this isn't a big deal. The intercom was just a little sort of telephone into which the instructor shouted obscenities and the student ground his teeth.

But on a Wings Test, it can be something more than a minor nuisance. My instructor would shout at me to do a steep turn to the left. I would guess at the muffled instructions and do a loop. He would yell at me to do a loop, and I'd do a sloppy slow roll.

After half an hour of this blind man's bluff, he indicated with a ferocious gesture of his thumb that he was taking over and we were going to land. We did. He climbed out, speechless. I climbed out with my tail well between my legs.

He just looked at me, and shook his head. I just looked at him, and wagged my tail. We both knew that I was Washed Out. He walked away. I looked around for some immediate means of committing suicide. The only thing I could see was a whirling propeller and that was a bit too messy.

There must, of course, be a climax to this fascinating narrative. And there is. Next morning I was moping about, feeling as though I'd just learned my mother was a prostitute and my father a quack abortionist.

A voice: "Smiley, get your gear on!" Another instructor, widely known as a Mean Bastard. We took off. I hate to brag, but with the careless abandon of a man who knows he is off to the galleys anyway, I flang that aircraft around the sky in a dream Wings Test.

Two days later, I not only had my wings, but had suddenly become an Officer and a Gentleman.

So. Everyone deserves a Second Chance. And that is my contribution to the XXIst Olympics. I'll let the committee figure out the details.

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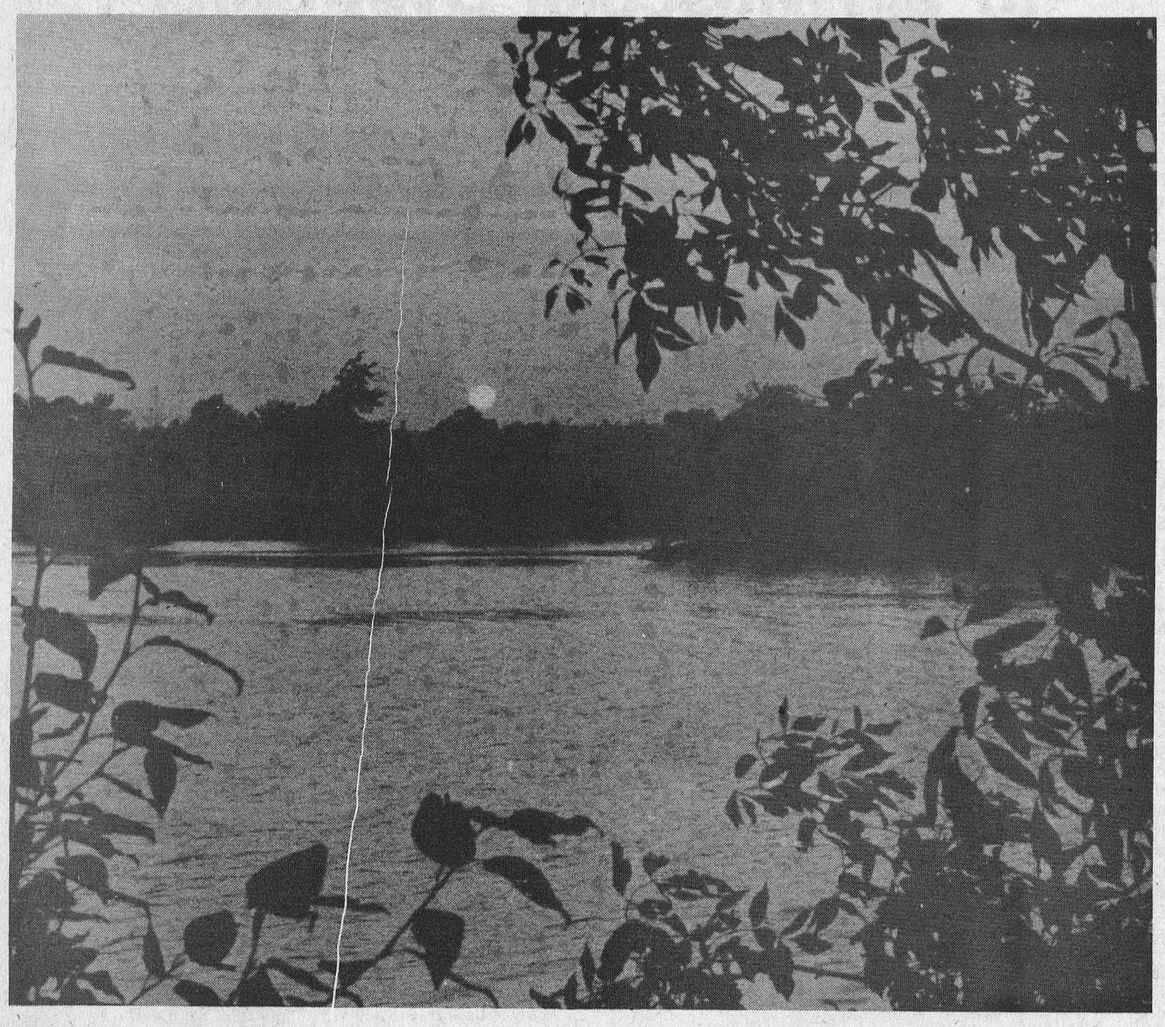
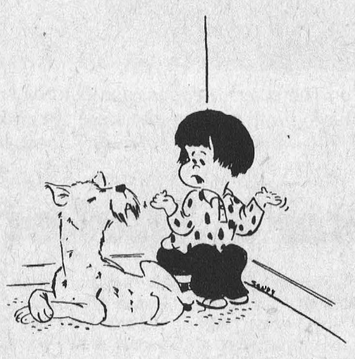


Twilight on the St. Lawrence

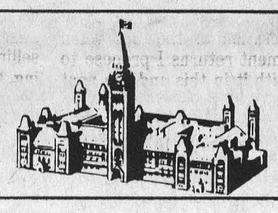
Post Staff Photo

LITTLE SANDY



"Why doesn't she make us sit in the corner where the T.V. is?"

OTTAWA and Small Business



Cutting costs in the cities

By KENNETH McDONALD

Every government likes to spend. None wants the blame for raising taxes But there's only one taxpayer. Look in the mirror

• • •

The more remote the government, the more it spends. So when Ottawa, which set the pace for the present inflationary spending, tries to economize, it must cut down on its cost-sharing with the provinces. At their level, the provinces must do the same. The pressure is then on the municipalities, where the taxes start.

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Forced to economize. Canadian municipalities may be interested in methods adopted by some of their counterparts south of the border.

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Phoenix, Ariz., uses general building inspectors in place of the conventional mix of inspectors specializing in each trade. Savings in the first five years: $4.5 million. The same city cut garbage collection costs sharply by introducing special trucks, with power lifts, to reduce crew sizes from three to one.

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Several communities have combined their own police and fire departments into one public safety department, with fire and police personnel trained to perform both functions. In Brown Deer, Wis., all newly employed police officers are trained as auxiliary firefighters. Police cars are equipped with fire-fighting apparatus so that officers responding to fire calls can take preliminary action.

• • •

Scottsdale, Ariz., uses some city employees as auxiliary firefighters. Fully trained in fire fighting, they carry radios so they can be alerted in an emergency. They're paid only for time actually spent on duty. Average cost: $149 per month extra, compared to $1,000 per month for full-time firemen.

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In Canada's free lunch department, the regional municipality of Durham, Ont., made an interesting discovery. Last April, welfare cheques for all employable recipients were held for personal collection at their nearest office instead of being mailed. At the end of the first day, 72 cheques remained. Five days later, 52 were still there. None of the 52 recipients had called in or complained.

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After two months of the Durham experiment, between 15 and 20 cases are being closed each pay day, at a saving of $1,500 -- $2,000 every two weeks.

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To the Canadian Federation of Independent Business, the growing burden of taxation at the municipal level is just one example of how federal and provincial policy effects local communities. Big governments get the bucks and little governments get the bills!

Host weekend Tennis tournament

Good weather and equally good tennis were the order of the day last weekend as the Seaway Tennis Club hosted Men's Double and Ladies Singles events. The teams from Iroquois put forward a good effort with two local players, Jeff Beaupre and Gustavo Negrete taking the Bronze medal for Mens Doubles.

First place gold medal went to Mike O'Connell and Blair Davidson of Montreal with second place silver going to Danny DuPerron and Ron DeGroote of Prescott.

Iroquois Lions made their food booth available to the tennis club for the weekend for the convenience of players and spectators.

Bleachers were taken from the ball park by the town crew and were set up at the tennis courts for the weekend.

PLAY IN PRESCOTT

Iroquois players took part in another tournament on the weekend of August 13, 14, and 15, again doing well. Two Iroquois teams made it to the finals of the B series at the tournament in Prescott. Barry Casselman and Neil Dalton met Jeff Beaupre and Gus Negrete. Both teams won trophies for their efforts, the team of Barry and Neil taking a first and Jeff and Gus the runners-up.

Barry Casselman made it to the finals in the B series and won over another player from Toronto taking home another trophy for the Iroquois team.

JUNIOR BOYS

August 16th saw a Junior Boys tournament held on the Iroquois courts with 17 boys signed up to play. In the semi-finals, Brian Froats lost 8 to 0 to David Cherry and Kevin Palmer lost to Wesley Stevens 8 to 3. The final match was a pleasure to watch as both David and Wesley went into it witheir best efforts. The first set was tied 6 to 6, with Wesley winning in the tie breaker, 7 to 5 in points. The second set saw them tied again at 6 to 6 but David came out on top 7 to 2 in points. The 3rd and final set was won 6 to 2 by Wesley, who took the title for the day.

Stormont - Dundas 4-H groups conclude summer projects

On August 18, 1976, Stormont and Dundas 4-H Homemaking Clubs concluded their current project, "Gardens - Home Beautification." The Achievement Day was held at the Chesterville Town Hall, Chesterville, Ontario.

Each member had completed a record book and reference file. The members exhibited some of their vegetables that they grew this summer. These exhibits were beautifully set up. The girls also brought in flower arrangements. All of the vegetables and flowers made for some lovely displays.

One part of the afternoon program was the presentation of awards. The awards included the presentation of four County Honour Awards, and two Provincial Honour Awards. The Provincial Honour certificates and pins were presented to the following girls for having successfully completed twelve (12) 4-H Homemaking Units. The girls were Brenda Henderson from Avonmore and Karen McInnis from Matilda no. 1. For having successfully completed six (6) 4-H Homemaking Units, County Honour Pins and Certificates were awarded to the following - Jennifer Eamer from Osnabruck Centre, Sandra Como from Morewood, and Mary Jane and Regina Vanden Broek from the Winchester no. 3 club. Congratulations is extended to all these award winners.

Another part of the afternoon program was the presentation of five skits and seven exhibits. The exhibits were presented by Winchester no. 3 with Mary Jane Vanden Broek and Mary Beuman as commentators; by Avonmore with Joan amusing as commentator, by South Mountain with Kathy Fyfe commenting, by Matilda no. 1, with Lois Barkley commenting: by Chesterville with Tessie Van Dongen commenting; by North Valley with Juanita Eligh commenting; and by Finch with Wilma TePlate as commentator. The skits were presented by Cornwall Centre, Osnabruck Centre, Matilda no. 3, Morewood, and Berwick with all members of each club participating in each skit. All of these presentations were well done, and made the afternoon very interesting for those in attendance.

All of the 4-H leaders and members who completed the project were given a silver spoon upon conclusion of the Achievement Day.

Mrs. Mary Ellen Stewart from North Augusta helped with morning activities, and commented on the skits and exhibits that were presented.

Miss Mary Michels, County Home Economist, conducted the entire day's program. When concluding the day, she reminded the members of the fall projects. In Stormont County, it is to be "A World of Food In Canada", and in Dundas, it is to be "Dairy Fare". She encouraged and welcomed all members to attend. New members who have turned twelve by September 1, 1976, are especially welcome.

The 4-H pledge closed the day's program.

Comments on Peace and Security Legislation

by Walter Baker, M.P., Grenville-Carleton

This is a very large subject and important to all Canadians. In anticipation of a resumption of consideration of the Bill when Parliament returns I propose to deal with it in this and the next weekly column.

The Bill contained 73 pages of which 39 covered new gun control legislation. Eldon Wolliams, Progressive Conservative Justice Critic, called the Bill, particularly the gun control section, "a legalistic poultice" that "will do little to counteract the statistics on crime and crime itself".

In the main, the new Bill develops a licencing system for all gun owners. Guns are classified as weapons and are described as "restricted", "prohibited", and "non-restricted." There are also restrictions on the careful use, storage and handling of firearms and ammunition. Further rules were laid down in reference to the importation, manufacturing, distribution or selling and penalties for mislaying, tampering or failing to hand over found weapons and ammunition. The two main requirements for licencing are the fees and the necessity of the individual to make an application. The individual must obtain two guarantors similar to the terms and conditions of an application for a passport.

In the terms of these major provisions the Liberal Government has not created laws that will be respected. In many sections it has introduced legislation that protects the rich and creates injustices for the poor.

On March 8, Mr. Woolliams moved a motion that Bill C-83 not be read a second time because of the mixture of a new law, namely, gun control, with a patchwork of amendments to the Criminal Code. The Progressive Conservative Party believed and still does that Gun Control is too volatile an issue and should be studied and voted on separately and not as part of the so-called "peace and security" package. Our Members believe that the issues involved in the problem of Gun Control in Canada are too important, not only in terms of the rights of the individual, but the different histories of the provinces, the urban and rural divisions, sports and tourists requirements, to be lumped into a Bill over half of which lies in the field of concurrent jurisdictions.

Needless to say the Liberals and N.D.P. joined together to defeat the motion. Members of these two parties could not see that the Minister of Justice and the Solicitor General were deliberately clouding, confusing and downplaying the issue of gun control by including other major amendments in the Bill.

After 11 days of debate on Second Reading, the Bill went to the Standing Committee on Justice and Legal Affairs. The Government was in such a hurry to get this unworkable piece of legislation through Committee that Liberal members on the Steering Committee were opposed to calling any witnesses who might provide expertise on the Gun Control issue. After considerable harrassment by Progressive Conservative members the Government finally agreed to call as witnesses such associations as the Canadian Wildlife Federation, Firearms and Responsible Ownership, National Indian Brotherhood, Native Council of Canada, the Canadian Police Association. Almost every witness testified that Bill C-83 was a badly drafted piece of legislation, divisive, unworkable and directed against the law-abiding citizen rather than the criminal.

The Committee sat for 75 hours and held 38 meetings and finally on June 1st the Liberal Government was forced to backtrack. The Liberals introduced 54 amendments to their own Bill. After study members of our Party contend that these numerous amendments still have not justified the new legislation.

An important amendment made was the withdrawal of the definition on "ammunition" in the originial Bill and the substitution of a new definition read as follows: "ammunition means ammunition for a firearm and includes any component, element or part such as a bullet, pellet, cartridge case, primer or propellant powder that is primarily useful as a component, element or part of ammunition,"

This was changed by the Government to now read, "Ammunition means ammunition for a firearm and includes any primer or propellant powder that is primarily useful as a component, element or part of ammunition for a firearm."

The Progressive Conservative Party argued in Committee that it would be better to delete the definition from the Bill entirely. In their judgement it should be left to the Courts to define and interpret the definition rather than have the judiciary bound by the words drafted by bureaucrats. In the event that this was not acceptable, we proposed an amendement which I will deal with next week.

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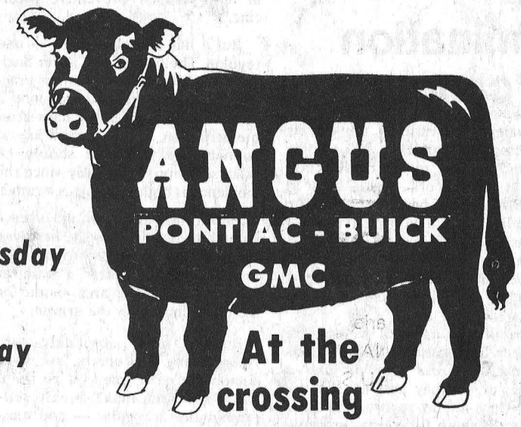

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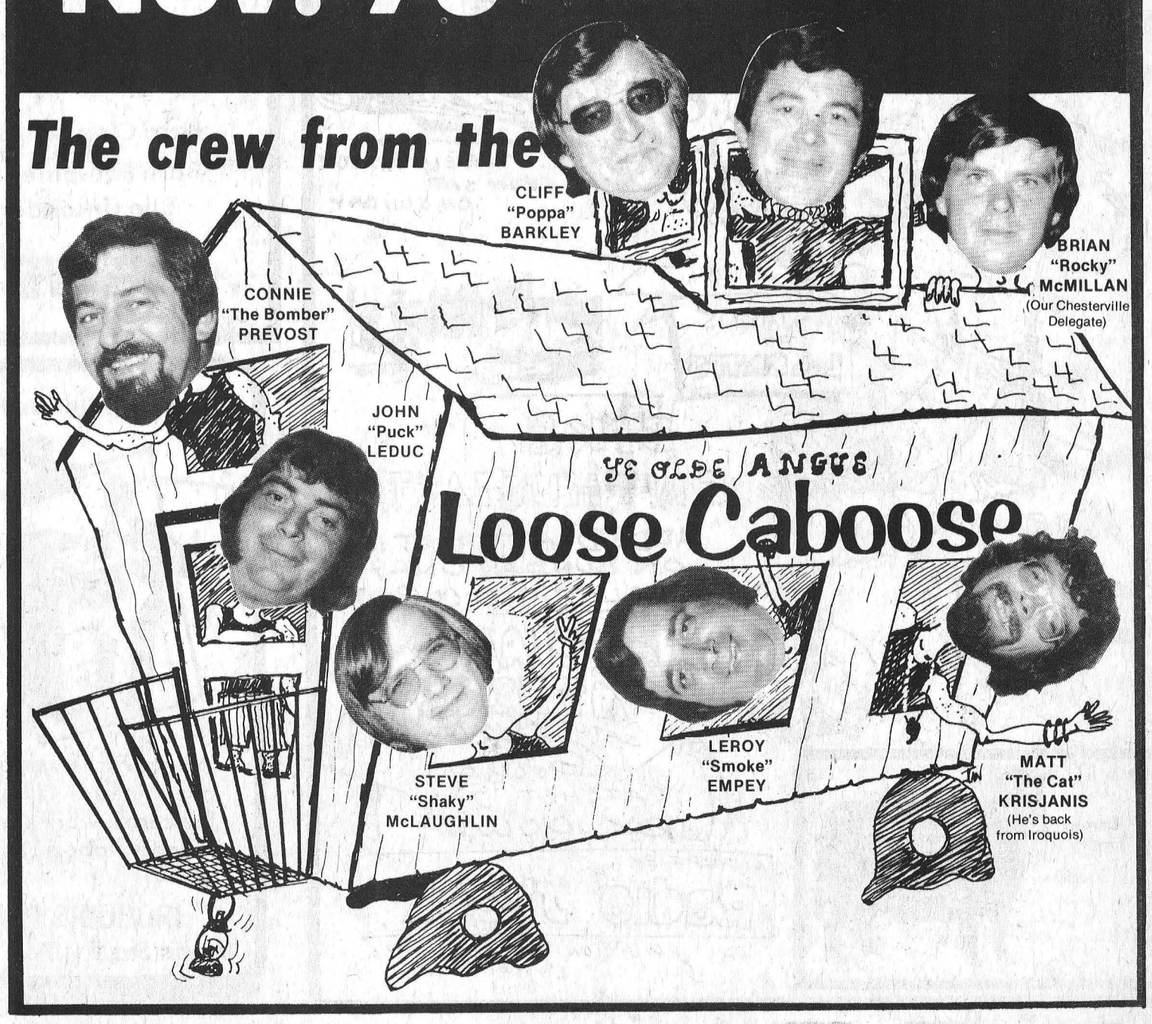

TODAY'S HEALTH

Breast self-examination helps to detect cancer

by David Woods

Governor Hugh Carey of New York State recently signed an executive order for the development of a statewide plan for the early detection of breast cancer.

He made the order after seeing a report commissioned by the state. The report noted that breast cancer appears to be in epidemic proportions and is therefore a public health problem that warrants high priority.

It's also a problem that observes no provincial or state boundaries. In Canada, about 7,000 women will get breast cancer this year. In men, breast cancer is not nearly so prevalent; the ratio of the disease in females to males is 100 to one.

And yet one means of detection — in New York State, here in Ontario or anywhere else — is quite literally at our fingertips. It's called breast self-examination.

In fact, until we find a way of preventing breast cancer the best hope is early detection, diagnosis and treatment.

Trouble is, a lot of women are scared to examine their breasts regularly *in case they do find a lump;* or, if they should discover one, they fail to report it to their doctor because they fear confirmation of their suspicions.

Well, a few words of encouragement: the Canadian Cancer Society reports that 85 per cent of lumps found in the breast are *not* cancerous; for the remaining 15 per cent that are cancerous, the sooner treatment is begun the better the chances of recovery. A lump in the breast of a 25-year-old woman is more likely to be benign than in a 60-year-old woman, for whom the possibility of malignancy is much greater.

Since breast cancer is the commonest form of cancer in North American women between the ages of 25 and 75, and because it's usually not accompanied by pain or any other warning, breast self-examination is an excellent exercise in do-it-yourself preventive medicine.

But it has to be thorough — and regular. The Canadian Cancer Society recommends that women practise the technique at least once a month, preferably a few days after menstruation. In post-menopausal women, the technique should be practised more frequently since the incidence is higher in this age range.

Breast self-examination is easy enough to do; perhaps the best way is to run the fingertips around each breast during or after a bath or shower. The entire area should be included, including the armpit.

But, to make absolutely sure you're doing it properly, ask your doctor the next time you go for a check-up. And make breast self-examination a regular — and reassuring — part of your life.

If, in practising this technique, you do happen to discover a lump, report it immediately. That way, your doctor can determine the cause — and start appropriate treatment. The sooner it is brought to medical attention, the better.

The Ontario Ministry of Health's pamphlet — *Cancer, it's being tamed* — provides further information about the disease.

This pamphlet is available in government or physicians' offices, or by writing to the Health Resource Centre, Communications Branch, Ministry of Health, Hepburn Block, Queen's Park, Toronto, Ontario M7A 182.

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Youth for Action hold Rummage Sale

Iroquois Youth For Action held a Rummage Sale on the weekend in their headquarters in Store Number 12 in the shopping centre. A variety of used articles and clothing were on display and for those who just wanted to relax for a minute there were tea tables as well.

Post Staff Photo





Dundas W.I. tour Niagara Falls, New York State

The annual summer tour of the Dundas County Women's Institues becomes more popular each year; in the three years since this tour event started, the number of participants has increased from 39 to 92 and the length of the tour has gone from two days in 1974 to four days in 1976.

This year's tour, from August 9th to August 12th, had all eleven branches of the Women's Institute in Dundas County represented for the first time; Arrangements for tour were made by Kathleen McGinn and Freda Mellan of the Matilda W.I. branch; they also acted as tour leaders on the two buses required for the transportation of the group. Booking for the tour and all financial arrangements were handled most capably by Mary Nugent of the Riverside Heights W.I.; Mrs. Nugent is also First Vice-President of the District W.I. organization. Excellent transportation, via air-conditioned highway coaches, was provided by Strader's Bus Lines of Iroquois, who have provided transportation each year since the inauguration of these tours.

An early Monday morning departure from selected points in Dundas County allowed the group to have a leisurely and detailed tour of the Erland Lee Homestead near Stoney Creek early in the afternoon; it was here, in 1897, that Women's Institutes were founded and a special feature of the Homestead today is the huge dining-room table on which the Constitution of the first Women's Institute was writtren almost 80 years ago. Today, the W.I. organization has more than 72,000 members across Canada, and is affiliated with similar groups in over 100 countries over the world.

The tour of the Erland Lee Homestead was conducted by the present curator, Mrs. V. Beachin, together with several volunteers, among them Mrs. Mary Miller, recently retired as the Secretary of FWIO. All of these ladies, including a group busily quilting in an adjacent building, were in turn-of-the-century dress, giving an additonal air of authenticity to this fine old property which FWIO acquired early in the 1970's.

A tour of the Stoney Creek Battlefield and Battle Tower, and of the beautiful Rock Gardens in Hamilton rounded out this section of the tour. The late afternoon drive through the famous Niagara Fruit Belt brought the group to Niagara Falls, where they had a two-night stay in a motor inn close to the Horseshoe Falls. A guided tour of the city and adjacent area gave everyone an excellent overview of the area, and permitted them to visit many features often missed by the average tourist. The falls themselves, viewed from various points during the daylight hours, and also under their multi-coloured lights in the evening were at their breath-taking best. Other features of the Niagara section of the tour included an afternoon visit to Marine land, and attendance at the Shaw Festival Theatre at Niagara on the Lake, where the group saw Canadian actress, Kate Ried star in the play, "Mrs. Warren's Profession". By coincidence, a similar group of rural women - members of the American Homemakers from Minot, North Dkota - was visiting Niagara Falls at the same time, and some of the Dundas Ladies were able to exchange information on their respective organizations with them.

The final two days of the tour were spent in New York State. At the Corning Glass Centre, the group was met by Dr. and Mrs. William Shaver, and given an official greeting on behalf of Corning Glass. Dr. Shaver, now retired from the Corning Glass Corporation, has been associated with that company since 1915; in that year, when he graduated from University of Toronto, he and a fellow graduate were selected by Corning personnel to join the research staff. Over the years, he has been deeply involved with many developments for which Corning is so well known. These include - Pyrex Ovenware (1920), Top of the Stove Ware (1936), Glass Tableware (1938), 1000-watt lamp-stove (marketed by Sears) in 1956, the Counter that Cooks (1965), Corelle Ware (1968), and one of the most exciting of all - glass fibre that now replaces copper wire in telephone cables (1970). Despite his retirement, Dr. Shaver still is active in Corning research projects; it was indeed a thrill to meet this fine gentleman who is a native of Iroquois, received his early education in Iroquois, and who still maintains friendship ties with several people in Iroquois.

Several lovely drives through the Finger Lakes country were enjoyed during this section of the tour; visits were made to a winery and to a hand-crafted jewellery establishment. A boat tour of Canadaigua Lake provided a totally different view of the Finger Lakes region.

Excellent weather prevailed throughout the tour. By travelling as a group, the ladies of the dundas County Women's Institutes and their guests were able to see, in a relatively short time, and low cost, a different part of their province and the adjacent part of the United States; this appears to be a practical way of fulfilling a part of the official Women's Institute motto, "For Home and Country."



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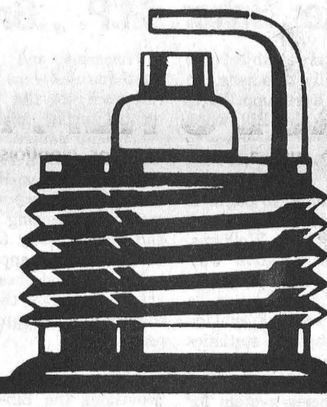

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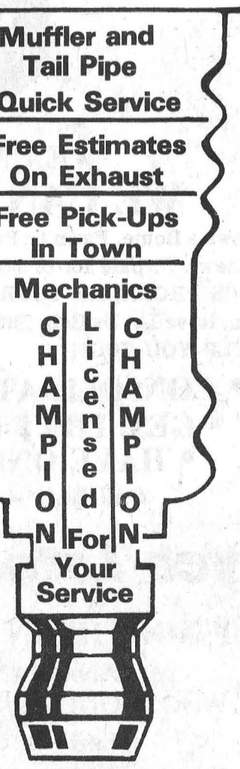

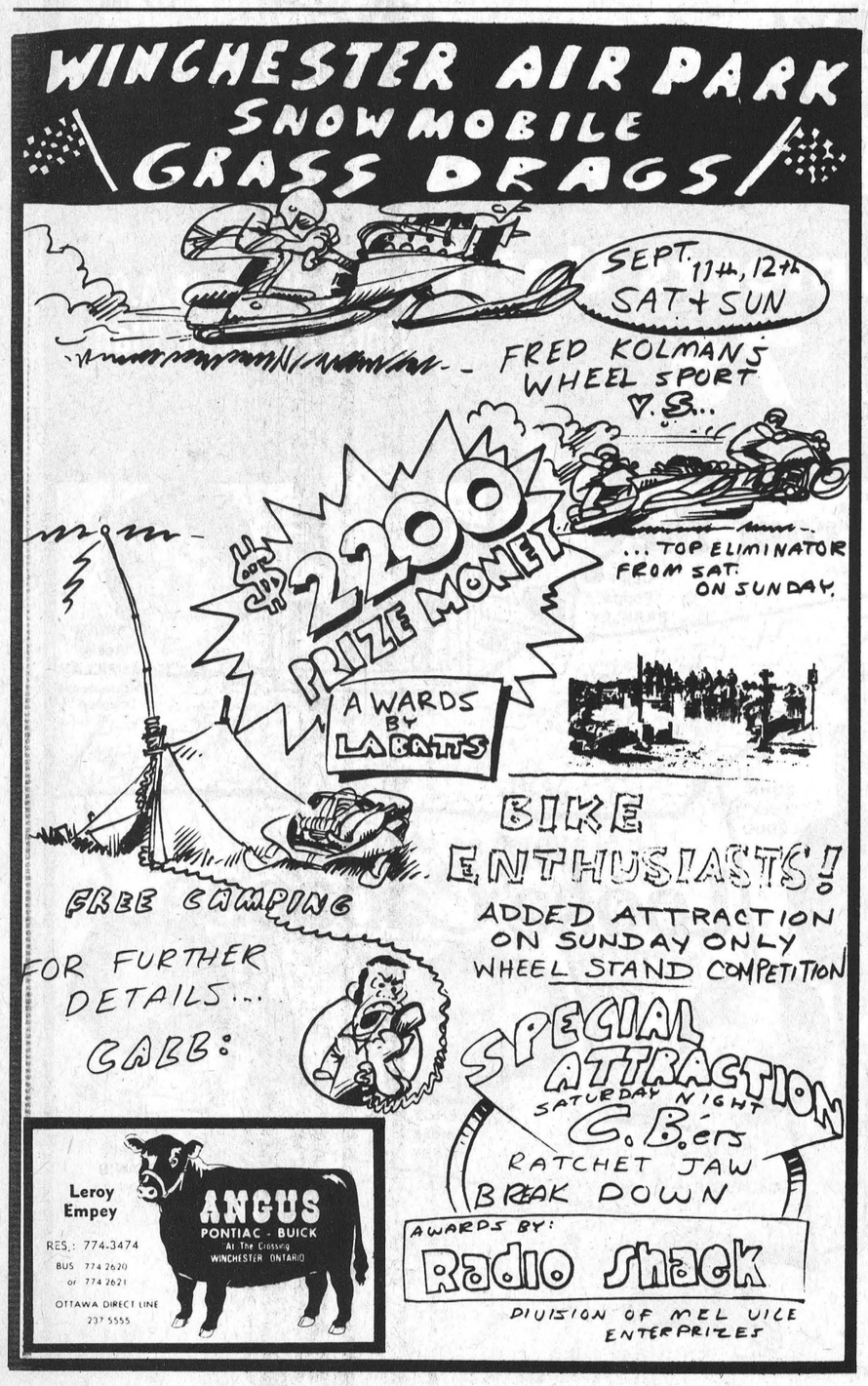

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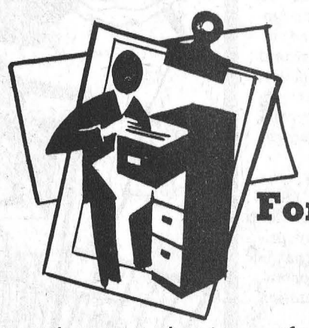

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Blanching necessary

"Contrary to popular belief, freezing alone will not stop the aging process of vegetables caused by naturally occurring enzymes," say food specialists at the Ontario Food Council, Ministry of Agriculture and Food. The enzymes must be destroyed by heating, and the heating must be stopped and chilling or "blanching."

To blanch vegetables properly, use a large kettle. Heat four quarts of water for each one-pound batch of vegetables. Bring to a boil. Place a wire basket for each one-pound bag of prepared vegetables into the boiling water. Quickly return the water to a boil. Place a wire basket or cheesecloth bag of prepared vegetaables into the boiling water. Quickly return the water to a boil. If it takes more than one minute to return the water to a boil, you are trying to blanch too many vegetables at one time. Begin counting blanching time as soon as the water returns to a boil. Not all vegetables require the same blanching time, so consult your freezing book

When time is up, remove the vegetables from the water. quickly dunk the vegetables into ice cold water and cool as fast as possible. Use ice cubes to keep the water cold. It is essential that blanching be done correctly. Failing to blanch will result in frozen vetetables that are tough, discolored, or which will develop off-flavors and odors.

As soon as the vegetables are cooled, dry them well and package in freezer containers.

Receive grant for Conservation area

The Rideau Valley Conservation Authority will receive a $24,000 Conservation Authorities Act grant for improvements at the Baxter Conservation Area, The Honourable Donald Irvine, MPP for Carleton-Grenville, has announced.

The half-acre conservation area is located on the north shore of the Rideau river, half-way between Manotick and Kemptville.

"The Honourable Leo Bernier. Minister of Natural Resources, informs me that this grant has now been approved and that the development will take place this year," Mr. Irvine said. "I'm sure this useful facility will be a worthwhile addition to recreation in the area."

The grant will help finish the Educational and Interpretive Centre, providing plumbing, interior finishing, landscaping, heating, furniture and appliances.

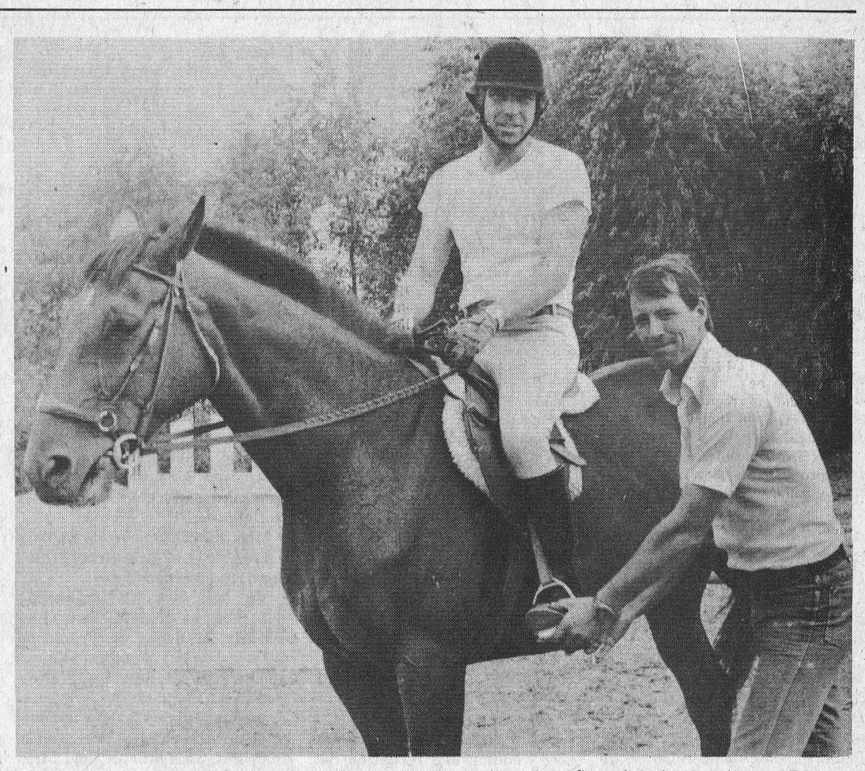
Bookmobile to visit

The Bookmobile operated by the Stormont, Dundas and Glengarry County Library system will be in the area next week at the following locations. On Monday, August 30th it will visit Stampville at 10:20, Hainsville at 10:50, and Williamsburg at 1 p.m.

On Friday it will be in Inkerman at 11:30 a.m. and in Hallville at 1:20 p.m. It will then travel to Mountain for 2 p.m.



For Dick Cooper of Kemptville, Christmas is a year-round affair. As a part time grower he has found that there's more to it than just cutting and selling the trees. To successfully compete with the artificial product, he has to put out a quality tree. This means shaping and pruning every summer. This fall, Mr. Cooper will be putting his plantation experience to use as a teacher in the Christmas Tree Production Course, to be offered at Kemptville College.



Riders at St. Lawrence Stables in Iroquois were treated to some first class instruction on Friday afternoon when Ian Miller, of Perth, a member of the Canadian Olympic Equestrian team gave them some pointers in preparation for their appearance in the Horse Show at the Central Canada Exhibition this week. In the above photo, George Jackson gets a few words of advice from Ian. Post Staff Photo

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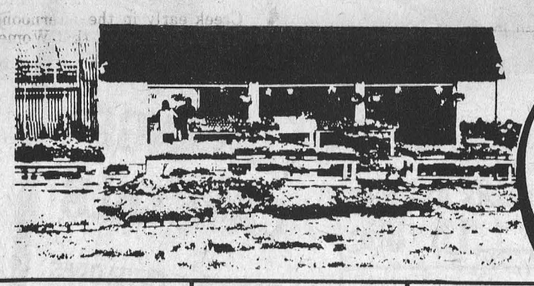

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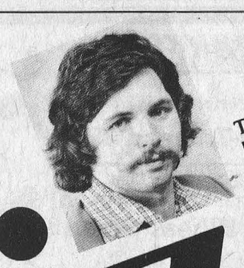

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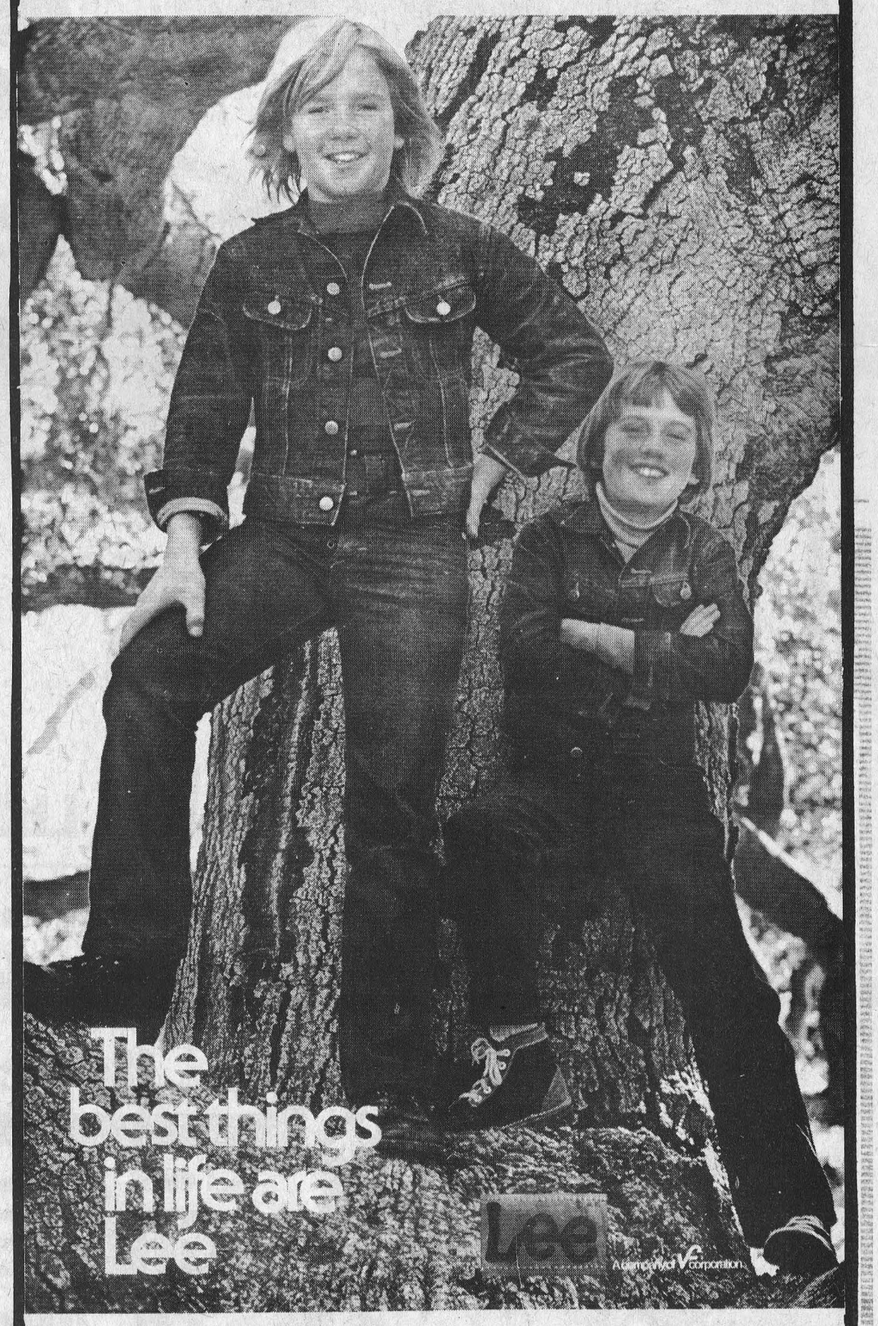

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PLEASANT VALLEY

Mr. Hillard Gilmer was supper visitor on Thursday at Mr. and Mrs. Preston Gilmer, Perry and Rodger of Kemptville R.R.

Sympathy from here is extended to Mrs. Andrew Cooper, and family of Brinston in the passing of a husband and father the late Andrew Cooper.

Mrs. Robert Wallace and Mrs. Mansel Wallace were callers in Iroquois on Monday.

Mr. and Mrs. David Gilmer were Thursday afternoon visitors and at Mr. and Mrs. Elzie Johnson of Morrisburg.

Some from here attended Mountain Fair on Friday, Saturday, and Sunday.

Saturday supper visitors at Mr. and Mrs. David Gilmer were Mr. and Mrs. Basil Gilmer of Brockville and Sunday visitors were Mr. and Mrs. Gerald Renkema, Brian and Richard of Tincamp Ont. The boys remained for some holidays.

Hulbert ladies enjoyed the garden party on Tuesday afternoon at the home of Mrs. John Coulter. Other societies that were present were Brinston, Pittston. The Hainsville ladies had the Devotions and Mrs. O. English sang two lovely solos. Mrs. English led the sing song. Lunch was served by the Hainsville Ladies and a lovely afternoon enjoyed by the ladies.

PITTSTON

Congratulations to the Pittston U.C.W. on winning 1st prize on sewing display, also 1st prize on baking display at South Mountain Fair on Saturday.

Brenda Malcolmson, spent weekend with Heather Montgomery.

Mrs. Elsie Liezert has arrived home after an enjoyable three weeks vacation in England and Ireland. She was accompanied by Mr. and Mrs. Shawn Carey, Toronto.

Mr. and Mrs. Wm. VanCamp visited Mr. and Mrs. Claude Raycroft, Kemptville, Sunday afternoon.

Many attended the Bush-Liezert wedding and reception Sat. evening. Prior to the wedding the bride was honoured with a miscellaneous shower.

Stephen Watts returned home Sunday after a holiday with his grandmother, Mrs. Watts, Que.

Several families attended the Ottawa Ex.

Mr. and Mrs. Jerry Watts and Mrs. Watts Sr. Que. spent Sunday with Mr. and Mrs. Robert Watts and family.

SHANLY

Mr. and Mrs. V.H. Woodland, Cardinal, Mrs. Irwin Crozier and Mrs. Ivan Hawthorne of Renfrew visited Mr. and Mrs. Walter Pitt, Thursday evening.

Mr. and Mrs. Clifford Holmes of Port Hope spent Tuesday with Mr. and Mrs. B. Holmes.

Congratulations to Mr. and Mrs. A.H. Belcher on the birth of a son in Brockville General Hospital, August 18.

Mr. and Mrs. Gerrit Sevartz have returned from a holiday trip to Holland.

Miss K. Wilson, Williamsburg visited Mr. and Mrs. Arnold Pitt, Sundasy afternoon.

Mr. and Mrs. R. McDougall and Rebecca of Ormstown Que. and Mr. and Mrs. R. Froom of Ottawa were Sunday dinner guests with Mr. and Mrs. Walter Froom and family.

Stephanie and Christy Lanove of Ottawa spent last week with their grandparents Mr. and Mrs. Fred Stubbs.

Mr. Charlie Gilmer accompanied Mr. and Mrs. Dale gilmer and daughter of Manotick to spend the weekend with Mr. and Mrs. Guy Miller of Ingersoll and Dr. and Mrs. J. Hanes of Woodstock. Miss Carol Miller who was visiting here returned home with them.

A hayride and weiner roast planned by Home Economist Miss Judy Malcolmson and Brian Argue Asst. Agrucultural Rep. for Grenville Co. for Grenville Co. 4H Agricultural and Homemaking Clubs was held Friday evening August 20 at the farm of Russell Bennett. Around 40 members enjoyed the happy time John Ashly thanked the host Russell Bennett.

Mr. Ed Reilly of London Ont. with his sister Mrs. Hugh Thompson of Williamsburg called on Shanly relatives and friends, Sunday afternoon.

Completes coaching program

A local girl, Lori DeBellefeuille has received word from the Sports Development Unit of the Ministry of Culture and Recreation that she has successfully completed Level 1 of the Theory Course of the National Coaching Development Program.

Lori will put her training to use next year when she will be coaching baseball for the local teams and will be coaching the gymnastic team at Seaway High.

Enjoy Zucchini in season

It's dark green in color with black stripes. It's cylindrical in shape with one end larger than the other. It has creamy yellow flesh. It's a zucchini. A Zucchini, you say? But isn't it a squash?

Food specialists at the Ontario Food Council, Ministry of Agriculture and Food, confirm that zucchini is, in fact, a type of summer squash. It differs from the winter squash varieties in that it has a soft skin and loses its moisture rapidly. Therefore, the storage period is very short.

Ontario zucchini can be eaten both raw or cooked, and because the whole thing is eaten, peel and all, there is no nutritional waste. Raw, it makes an interesting addition to a raw vegetable tray, alongside a dip, as well as to salads. Cooked the stir-fry method, zucchini becomes another "easy to prepare and serve" vegetable.

Zucchini does not freeze well since it loses much of its water and its texture becomes rubbery. Enjoy it instead in its fresh form.

This recipe features zucchini, a tender summer squash, stir-fried and "sauced up" with sour cream and fresh dill.

ZUCCHINI WITH DILL SAUCE

2lb zucchini, sliced
½ tsp salt
2 tbsp butter
2 tbsp flour
1 cup sour cream
1 tsp sugar
2 tsp vinegar
2 tsp finely chopped fresh dill



Sprinkle the zucchini with salt. Let stand for half an hour. Spread on paper towels and pat dry. Melt butter in a saucepan. Add zucchini. Toss with a wooden spoon until well coated with butter. Cover. Simmer over low heat 10 minutes or until barely tender. Do not overcook.

Meanwhile, beat flour into the sour cream. Pour over zucchini. Stirring gently, simmer 2 or 3 minutes until thick and smooth. Stir in sugar, vinegar and dill. Adjust seasoning if desired.

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The Iroquois Post

2

WEDNESDAY AUGUST 25, 1976

Published every Wednesday by Iroquois Printing Ltd., Box 400 Iroquois, Ont.



Faye McKenzie and Bob Martin pause for a chat.

Post Staff Photos

Farmer's Market draws response from Cardinal area

Cont'd from P.1

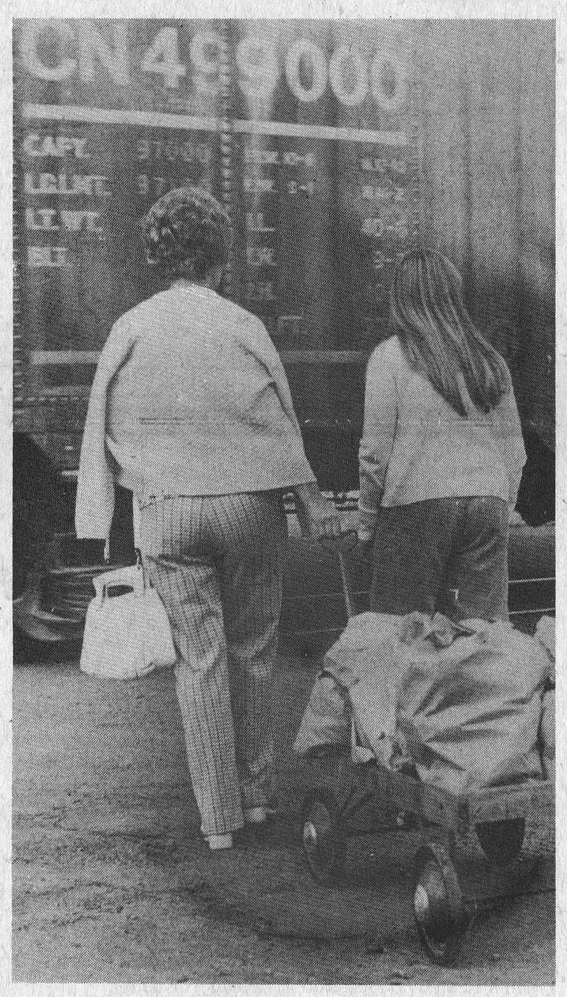
Operating from a vacant lot which used to be home for a service station, Cardinal's Farmer's Market has become a bustling scene of activity twice a week. Since its beginnings in mid July, the market has grown to include the sellers of leather goods, books, plants and flowers, handicrafts, and baked goods as well as the traditional assortment of fruits and vegetables. Organizers hope to continue the Thursday afternoon and Saturday morning operation until cooler weather sets in, probably in October.

Vendors are provided with tables for their wares, courtesy of Cardinal Fire Department and st. Paul's Church Hall. Cardinal's area Fay McKenzie not only presides over her lovely arts and crafts disply but dispenses free coffee and juice with cookies.

While bickering, and jostling for position may be commonplace at other Farmer's Markets there is an atmosphere of friendship and co-operation prevalent in the Cardinal operation. Farmers and craftspeople will move to make way for a latecomer and make each other gifts of their wares.

From the customer's point of view it is a social occasion too. They meet old friends and pause for a visit while admiring Molly Faesser's flowers, Andy Fraser's apples, and beautiful leatherwork done by Ernie Fader of Iroquois, the needlework of Windmill Whatnots or any of the many other stalls ranging from produce to jewellery.

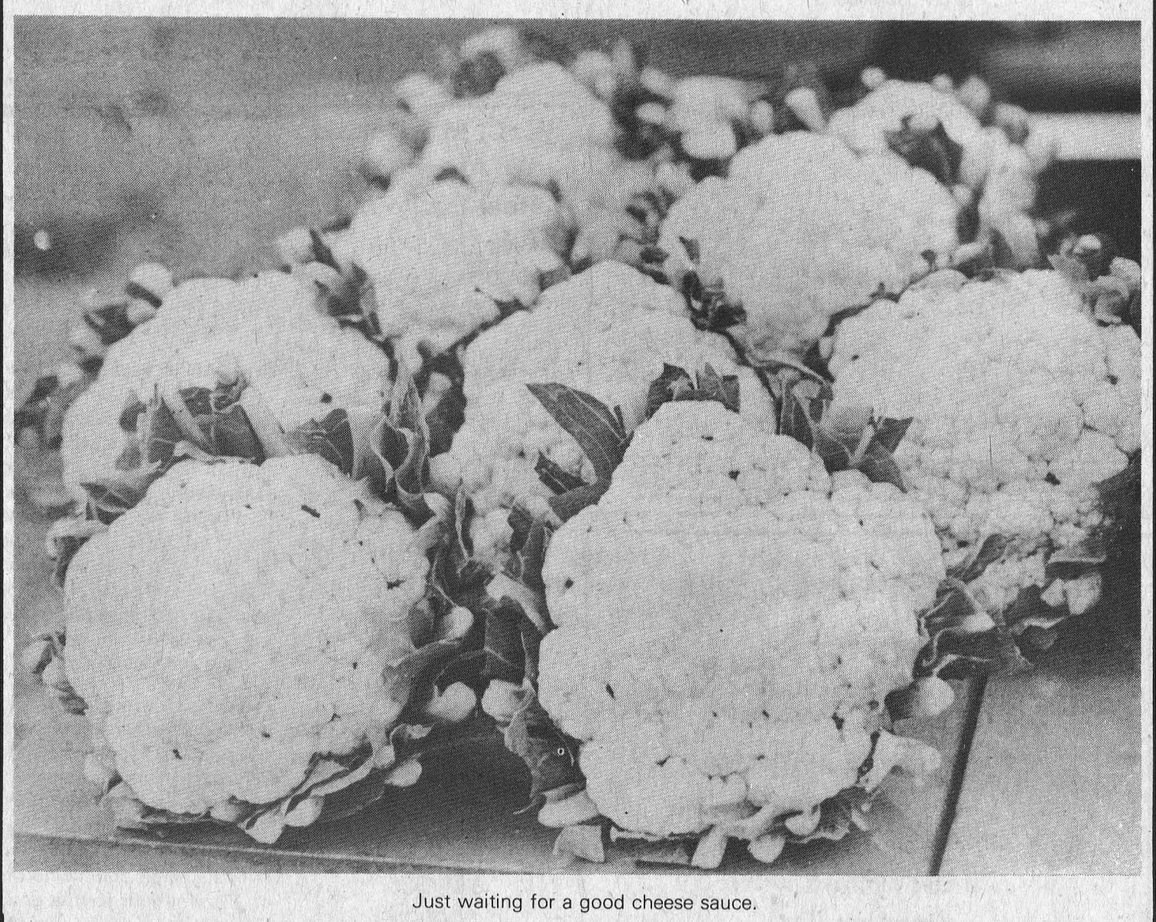
The Bridge Street site is centrally located for residents from all parts of Cardinal and, being close to Highway 2 is easy for out-of-town visitors to find. It was gravelled and graded by the village of Cardinal to provide a firm base for the outdoor market which is expected to operate until October if the weather permits. The market is in operation on Thursday afternoons from 1 - 4 p.m. and on Saturday mornings from 8 - 12 noon.



Heading home



An important decision



Just waiting for a good cheese sauce.

Wmsburg take own tournament

The weatherman co-operated beautifully on Saturday to finish up the tournament which had been postponed from the previous week due to wet grounds. Williamsburg-Brinston Pioneers captured the tournament for the second straight year, going through the tourney undefeated in the double knockout event.

Brockville 3, Iroquois 2 in 9 Innings - Iroquois led 2-0 after 5th inning, but a single singled up center, moved to second on a walk by Bill Kirland, then scored when playing-coach Jim Forrest singled. Roger Hodgkinson took the win with 3 hits, 1 walk and 9 strike outs. Bill Mullin gave up 8 hits, 3 walks and 2 strike outs.

Domville Aces 2, Ottawa Rangers 0 - Peter Onstein tossed a 5 hitter, walked 1 and struck out 7 as the Aces edged the Rangers 2-0. Bob McClintock gave up 4 hits, 1 walk and struck out 6.

Williamsburg 1, Cardinal 0 in 15 innings - The Pioneers and Pats were at it again - the endurance contest, with Pioneer catcher Bill Hogaboam hitting a homer in the 15th to end the game after 2 hour hours and 49 minutes of play. Ted Hoy went the distance for the Pats givning up 1 run on 8 hits, 1 walk and 11 strike outs. Duke Roles hurled 7 innings for the Pioneers giving up 6 hits, 2 walks and 5 strike outs. Jim Morrell hurled the last 8 innings giving up 2 hits, 2 walks and 7 strike outs.

Brockville 4, Domville 2 - Ernie Metcalfe tossed a 6 hitter (including a homer to Dave Dixie) no walks and struck ot 7 as the Stars edged the Aces. Dale Shannon took the loss with 7 hits, no walks and struck out 2. Stars scored all 4 runs in the 3rd on 3 singles, a double and an error.

Brockville 3, Cardinal 2 in 8 innings - Ernie Metcalfe hurled a 5 hitter, walked 3 and struck out 1 as the Stars edged the Pats. Mike Skakum took the loss giving up 3 runs on 6 hits, 4 walks and 3 strike outs. Stars got a run in the 1st on a walk and a double by Ernie Metcalfe. Pats took the lead on a homer by Doug Byers in the 4th with 1 on base. Stars tie it up in the 5th when Forrest scored. Bottom of the 8 8th Bates singled and Hodgkinson doubled. Ted Hoy took to the mound, Skakum going to third. Metcalfe hit to Skakum who overthrew first base allowing Bates to score the winning run.

This put Pioneers and Stars in the final game, with Pioneers winning 3-2. If the Stars had won they would have had to play again, but Pioneers hung on for the win.

Williamsburg 3, Brockville 2 - Top of the first Fenn drew a walk and scored on Metcalfe's single. Bottom of the first Paul Beckstead walked. Brian Thompson singled, then Bill Hogaboam tripled to score 2 runs and then scored on a sacrifice by Roger Morrell to left field. Stars Lyle Ellis doubled in the second and scored when Forrest doubled. Duke Roles took the win with 4 hits, 1 walk and 1 strike out. Roger Hodgkinson took the loss with 2 hits, 2 walks and 5 strike outs.

Prizes - Williamsburg $500 and a trophy which was presented to coach Gord McMillan by Jim Pevere, Molson representative. Brockville $300 and a trophy, Cardinal $200, Domville $100, Most Valuable Player trophy - Bill Hogaboam, Pioneer's catcher. 7 hits for 14 at bats, 500 average. He homered to put an end to the 15 innings semi-final game, and tripled in the final game to score 2 runs and then scored the winning run. Best Pitcher trophy - Ted Hoy of Cardinal Pats. Gave up 1 run in 29 innings, 12 hits, 3 walks, 25 strike outs and had a 1 hitter against Domville.

DUNDAS SENIOR

AUGUST 16, Domville 9, Kemptville 1, AUGUST 18 Brockville 4, Williamsburg 2. The loss for the Pioneers dropped them into 4th place and they will meet Domville in the semi-finals. Duke Roles gave up 4 runs on 5 hits, 3 walks and 1 strike out. Roger Hodgkinson gave up 2 runs on 2 hits, 1 walk and 7 strike outs. Pioneers had 3 left on base while the Stars had 5. Stars took a 2-0 lead in the first inning with a double by Roy Pyke driving in Fenn and Hodgkinson who had both drew walks.

Bottom of the 4th, with 2 out, Hogaboam gained first on shortstops error. Paul Beckstead tripled to right to score Hogaboam and then scored himself on the throw from right field over the third baseman's head. Don Fenn gained first on a error in the 5th and moved to third on sacrifices by Bates and Hodgkinson and scored on a wild pitch. Stars added another run in the 6th when Pyke singled to right moved to second when Snider drew a walk and to third on a sacrifice by Barbour and scored on Ellis' sacrifice to left field.

PLAY-OFFS -

best of 7 simi-finals. 1st and 4th, 2nd and 3rd.

August 23 Brockville at Cardinal

August 24 Cardinal at Brockville

August 25 Williamsburg at Domville

August 26 Brockville at Cardinal

August 27 Domville at Williamsburg

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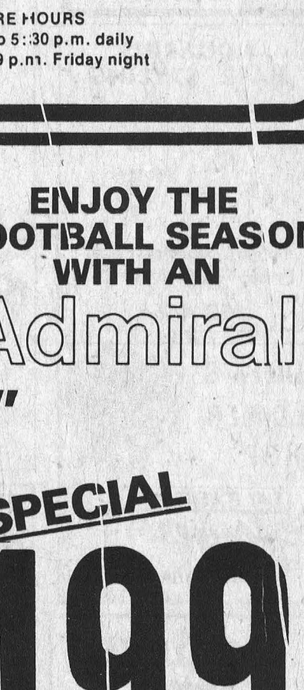

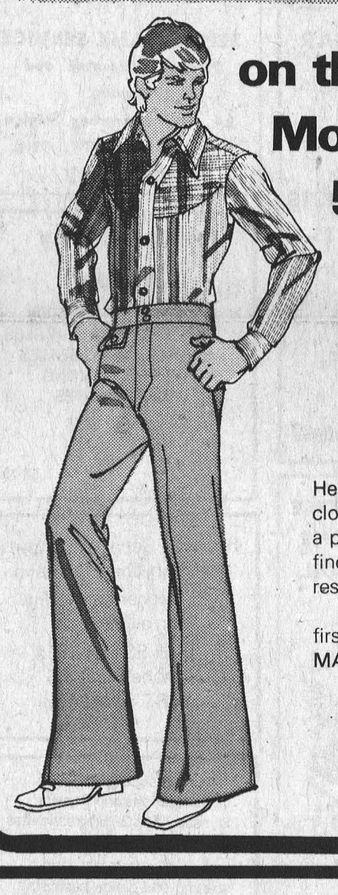

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CARDS OF THANKS

The family of the late Carman Thompson wish to express their appreciation for the many acts of kindness shown during our recent bereavement. 10-1p

We wish to express our sincere thanks to our friends, neighbours and relatives for their many cards, gifts and flowers for our 50th Wedding Anniversary. Special thanks to our family for their gift, the dinner at the Presbyterian Church Hall and the Open House in our home. Thanks to everyone for making this a very special day for us.
John and Mae Wylie 10-1p

I wish to thank my friends and neighbors for cards and visits while I was a patient in the Winchester Hospital and special thanks to Mr. and Mrs. Walter McCadam for their many kind deeds, Dr. Marston and Dr. chande and the nurses on the first floor for the good care they gave me.
Charles Roberts 10-1p

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All classified advertisements are accepted on a cash basis only

GENERAL CLASSIFIED: All classified advertising such as For Sale, For Rent, Services, Lost & Found, Cards of Thanks, Coming Events, Birth Announcements, Engagements, etc. are on a CASH BASIS ONLY and are charged at a rate of 5c per word ($1.00 minimum) for each insertion. The use of a box number for confidential replies is 50c extra per insertion.

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DEADLINE FOR MATERIAL: All material for Classified Advertising must be in our office by 11:00 A.M. on Tuesday of the week of issue.

Recognized Companies and Service Clubs with an account at the IROQUOIS POST may charge classified ads at an additional 25c per insertion. Dilinquent accounts will be refused additional advertising privi leges untill the account is paid in full.

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NOTICE

RESIDENTS - TOWNSHIP OF MATILDA

The next regular meeting of the Council of the Township of Matilda will be held on

WEDNESDAY, SEPT. 1st at 8:00 p.m.

at Matilda Memorial Hall, Brinston.

W. E. Horner
Clerk-Treasurer

VACATION TIME

Gerry Webb's Shop will be closed from Aug. 16 - Aug. 21

Open on Mon., Aug. 23

7-4p

NOTICE

Notice of intention to pass a By-Law under Section 443 and Section 446 of The Municipal Act, Chapter 284, R.S.O. 1970, to close up the following portion of a road running between Lots 30 and 31, in the First Concession, First Range, of The Township of Matilda excepting the southerly 1062 feet thereof measured from the centre line of Highway 2.

Take notice that the Municipal Council of the Township of Matilda will at a meeting to be held on Thursday September 2, 1976, at the Municipal Building in Brinston, Ontario, at 8:00 p.m. consider and if approved pass a By-Law for stopping up the said road.

Take notice that the Council will at the said time and place hear in person or his Counsel or agent or any person who claims that his land will be prejudicially affected by the said By-Law and who has applied to be heard.

DATED this 19th day of July, 1976

W.E. Horner
Clerk-Treasurer, Township of Matilda
Brinston, Ontario.

Bird Notes

by E. G. AVERY

Beautiful summer days have been in short supply this year, but when they do come, we are grateful for the wonderful country we live in. When we read of the suffering and loss caused by hurricanes, volcano threats, and tidal waves in other parts of the world, we realize quickly that we have little to complain of when we have a wet spell or a few chilly days.

The Autumn season is approaching with all its attendant beauty so, while we prepare to bid farewell to the Swallows, Purple Martins, and Orioles, we anticipate the arrival of Magnolia Warblers, White-Crowned Sparrows and other familiar birds which spend the fall and winter here. Many watchers who had never seen a Green Heron or a Great Blue have had ample opportunity to see these large birds as they seem to have taken a liking to this part of Seaway Country.

A Kingfisher "rattled" over our heads the other evening, obviously annoyed that we should be so close to his home. No fancy nest in a tree, exposed to the elements, for the Kingfishers--they make a tunnel in the river bank and at the end of it, a nest of fish-bones, grasses, etc.is constructed making a safe protection for the baby Kingfishers.

Monarch Butterflies are among the non-birds worth mentioning just now--they are getting ready to migrate, gathering in large swarms for their long journey to the Southern States.

LOST & FOUND

LOST on Iroquois Beach, Child's Wrist Watch, Thursday afternoon 19th of August. Name: Jim Hobart, engraved on back. Phone 657-3629. 10-1p

SERVICES

SHIRLEY KARDOS FULLER BRUSH Representative. Iroquois call 652-2178 or 652-4959 9-2p

BABYSITTING - Will babysit at my home. Phone 652-4941. 9-2p

CARDBOARD, newspapers clothing, rags bottles. We pick up on Wednesdays in Morrisburg and Iroquois and on Fridays in Williamsburg. Please contact Dundas County Co-op. Telephone 543-2378. 39 tfc.

BABYSITTING - Will babysit in your home. References. Call Denise 652-4196 mornings or after 6 10-1p

TRADE OR SELL anything - contact Mohawk Trading Post One and a half miles west of Iroquois on Highway 2. tfc

PIANO TUNING AND REPAIR Also new and used Pianos for sale. Preston Gilmer, Kemptville. Phone 258-2624, after 5:00 p.m. 9-20p

AUCTION SALES

AUCTION SALE

Registered Holstein Cattle, Farm Machinery, Milking Equipment

Lot 8, Concession 6, Township of Matilda, 3½ miles east of Brinston or 5 miles west of Winchester Springs. Watch for Auction Signs.

Saturday, Sept. 4th

commencing at 10:30 a.m.

CATTLE

110 Head of Registered Holstein Cattle
3 Head of Registered Brown Swiss Heifers - 1 bred for Dec. (Granddaughters of Alfalfa Acres)
Registered Holstein Cattle consisting of:
50 Mature Cows -- bred for year round milking
12 2-year-old Heifers - bred for Feb.
22 1-1½-year-old Heifers
25 Calves from 3 mo. to 1 yr. old
1 Registered Bull - 2 yr. old - sired by Tayside

NOTE:
E.B.I. Sires have been used in this herd for the past 25 years. This herd was classified in June. Cows and heifers will be pregnancy checked.
CATTLE WILL BE SOLD UNDER COVER AT 1:30 SHARP.

MACHINERY

1365 White 4 Wheel Drive Tractor with fully hydraulic front end loader
Set of 12 ft. Cockshutt Discs no. 262
4 furrow Hydrein Plow, 16" 16" bottoms, 3 pt. hitch
Cockshutt Cultivator, pull type
15 ft. Chain Harrow
3 pt. hitch Fertilizer Spreader
Cockshutt Seed Drill, on rubber, 15 run
Howard Rotovator, 80" wide, new
3 pt. hitch Weed Sprayer
2 Land Rollers
New Holland 352 Grain Mixer, 2 yrs. yrs. old
New Holland 273 Baler with bale thrower
New Holland Flail Harvester
New Idea 290 Mow Ditioner, 9 ft. cut
Massey Ferguson Side Rake
Cockshutt Rake
3 Hay Wagons with Bale Thower Racks
2 Turnco Gravity Grain Boxes
Self Feeder Wagon, 70 Head Capicity, new
Allis Chalmers All-Crop 66 Combine, P.T.O., 6ft., pull type
New Holland 717 1-Row Harvester
New Holland 880 2-row Harvester
2 Dion Self Unloading Wagons, 2 beater, 16 ft. boxes
New Idea Corn Picker, 1 row, 310
New Idea 318 bus. Manure Spreader, 1 yr. old
New Holland 135 bus. Manure Spreader (good condition)
Water Tanks; Utina Water Pump
P.T.O. Post Hole Auger
Grain Auger
George White Snow Blower
Cedar Posts; Anchor Posts
Some Older Farm Machinery

MILKING EQUIPMENT

Mueller O.H., 9,000 lb. cap. Bulk Tank, 1 yr. old, automatic wash
DeLaval Pipe Line Milker for 52 cows, 2" line, auto. washer with 6 milker units, 3 yrs. old
Double Stainless Steel Sinks; Hot Water Tank
4 Milk Meter Waikato Scales with brackets
15 bags of Bells Mineral
1 Fly Fogger; Calf Pen - 5 stall, 24"
Some assorted Household Furniture including:
1 Electric Kenmore Stove, 2 years old

Many other articles

TERMS - CASH

Proprietors
Normand Jasmin & Richard Perron
Auctioneers
Carson Hill
821-2946
Stewart James
821-2784

WE PAY the highest prices for copper, brass, lead, radiators, batteries, Mercury, etc. Chas. Benovoy, Heritage Hwy. 2, 2½ miles west of Iroquois, Phone 1-(613)-652-2238. 1-tfn

AUCTION SALE

HOUSEHOLD EFFECTS
TOOLS, EQUIPMENT, & ANTIQUES
SATURDAY SEPT. 4 AT 1 P.M.
3 MILES WEST OF
WILLIAMSBURG ON DUNDELA ROAD

1 G.E. electric stove, (working condition), 1 Gibson refrigerator, 1 deep freeze, 1 metal cupboard, 1 electric sewing machine, 1 sewing basket, 1 Gerhard Heintzman piano in beautiful condition, 1 book-case with glass door, floor polisher, carpet sweeper, 1 chesterfield and 2 chairs, 3 end tables, magazine racks, 3 small radios, tape recorder, 1 vacuum cleaner, 1 china cabinet, kitchen stools, 1 good space heater (oil), 1 Brock oil furnace - 137,000 BTU (1 year old), Cedar Chest, all kinds of lamps, 1 writing desk, coffee and other tables, 1 pressure cooker, all kinds of cooking utensils, lots of dishes, Browning camera with flash unit, lawn chairs, Antique chairs, tables, crocks, wash stands, dressers, beds, foot stools, cedar chest, rocking chairs, lots of bedding trunks, U.S. army saddle (old)

MISCELLANEOUS

T.V. aerials, step ladder, 12 pieces of camping equipment, (tent stove etc.), books old and modern, 12 gauge shot gun, complete M.E.C. reloading equipment for 10 and 12 guage shot guns, shells - (reloading supplies, complete reloading equipment for high powered rifles, complete kit fibre glass boat, drill press and vice attachment, power hack saw, vacuum bench vice, assortment of bolts, wood screws, electric equipment and plumbing, electric grinder, electric irons, electric clock, set of taps and dyes, 2 electric drills, Black and Decker skill saw, soldering kit, blow torch, solid ox welding with pellets, p.k.g. 5lbs. bronze welding rods, tool boxes, all kinds of tools electric motors, and complete 180 Amp Lincoln AC ARC welder with cables, shield welding rods, 1 air compressor with automatic controls, pressure gauge, 1 Century 15 H.P. electric motor, 1 chest of carpenter tools, hydraulic jack, railwood jack, 1 foot operated tire pump, 1 paint spray, 1 wheel balance, quantity of lumber, all sorts of garden tools, assortment of chains, 1 set double pulleys, steel wheel barrow, gas motor water pump, 1 good rotor tiller, 1 hand powered forge and blower, 1 power lawn mower (good condition), 1 set tractor chains, 1 extension ladder, 1 electric outboard motor, 1 good boat with trailer (paddles, ropes etc.), 1 10 h.p. Johnston outboard motor with gas tank, numerous other articles not listed.

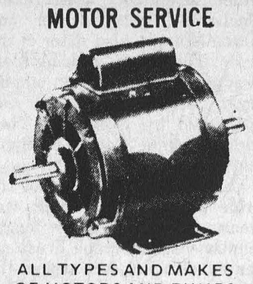
TERMS — CASH

Estate of late Adrien Wallace
Prop.
M. Zeron, H. Fawcett
Auctioneers

ANNOUNCEMENT

Mr. and Mrs. Frank Rooney wish to announce the forthcoming marriage of their daughter Caroline Julia to Brian George, son of Mr. and Mrs. Delbert wyatt, South Mountain. Wedding is September 4th, 2 p.m. at St. Cecilia's Church, Iroquois. 10-1c

MODERN ELECTRIC MOTOR SERVICE



ALL TYPES AND MAKES OF MOTORS AND PUMPS REPAIRED AND REBUILT
Reconditioned Motors for Sale
PHONE 925-5179
J. L. BUEHLOW, PROP.
270 Edward Street
Prescott

COMING EVENTS

MARG OSBORNE SHOW, Spencerville Fair, September 10 at the Spencerville Arena - 8:30 - 10:30. Tickets - Adults - advance - $2.00; at the door - $3.00, Children 12 and under - at the door - $1.00. Tickets available in Iroquois from Ross Jamieson. 9-4c

WHEELING WEST VIRGINIA - October 8th - 11th, $120.00 per person twin accommadation, $115.00 triple accommodation per person.
Tour Includes -
Bus transportation via Voyageur, 3 nights lodging - Friday night - Toronto - Saturday and Sunday - outside Wheeling, ticket to Jamoboree, Mam Session and Blue Concert, sight seeing trip and picture taking of scenic hillside and picturesque Oglebay Park., Special party and dance. Pickup - Shopping Centre, Time - 2:30 p.m. For reservation contact Voyageur Colonial, Ottawa, Ontario. 238-5900 (daytime) - Frank's Tours, Williamsburg, Ontario. 535-2888 (evenings) 9-3c

TEA AND BAZAAR - The Ladies Legion Auxiliary to Branch 370 will hold a tea and bazaar in the Civic Centre, Saturday Nov. 20, beginning at 2 p.m. 10-1c

EURCHRES - The Eurchres will begin September 14 at 8 p.m. sharp in the Legion Hall and every Tuesday evening following Admission 75 cents each. Lunch and prizes plus a door prize. 10-2c

HELPING HANDS - The Senior Citizens group "Helping Hands" will hold their regular meeting on Wednesday, September 8 at 10:30 a.m. in the Brinston Hall. 10-2c

COMING EVENTS

50th ANNIVERSARY - September 11, 1976, Open House; Iroquois Civic Centre. 2:00 to 4:00, 7:00 to 9:00. Dancing 9:00 to 1:00. Best wishes only. Basil and Ethel Reynolds. 10-1p

APPLEFEST

First Annual
MacIntosh "Red" Applefest
Saturday Sept. 11, 1976

Morrisburg Arena, Afternoon events starting at 2 p.m. Doors open for dance 8 p.m. - 1 a.m. Admission $2.00 advance sale. Door prizes galore!! Swing with "Sid holmes and His Orchestra", playing jazz, swing, polkas and waltzes.

Free admission to afternoon events at arena lobby to start at 2 p.m. - there will be an apple pie eating contest, apple pie baking contest, apple dunking contest, with cash prizes for all contests.

To enter the apple pie baking contest, call Charlie or Joan Farlinger at 543-2897 no later than Friday, September 10. Pie Baking Contest open to all.

The Boy Scouts will be selling homemade apple pie apple cider and apples.

Sponsored by The Morrisburg Lions and The Firemen. Sanctioned by The St. Lawrence Valley Apple Growers Association in cooperation with The Seaway Valley Tourist Council and The Eastern Ontario Tourist Association.

Sunday In The Churches

ST. CECILIA'S CHURCH
Rev. F.M. O'Connor, Parish Priest
Sunday .....9:30 a.m.
Confessions ..... Before Masses

ST. MARY'S - MORRISBURG
Saturday ..... 7:30 p.m.
Sunday ..... 8:00 and 11:00 a.m.
Confessions .....Before Masses

THE PENTECOSTAL ASSEMBLIES OF CANADA PHILADELPHIA
PENTECOSTAL TABERNACLE
Dundas Street, Cardinal
Rev. Lorne I. Trimble, Pastor

Sunday Morning - Study and Worship — 10 o'clock through 11.30. Adults and Teens in the Church. Pre-Teens in the Church Hall.

Sunday Evening at 7 o'clock is a Service of Evangelism.

Wednesday Evening at 7.30 is Bible and Prayer Group in the Church Hall.

CHRISTIAN REFORMED CHURCH
Williamsburg, Ont.
Rev. L.T. Schalkwyk,
Telephone 535-2598
Morning Service: 9:30 a.m.
Evening Service: 8:00 p.m.

THE PRESBYTERIAN CHURCH IN CANADA
Rev. Charles H. Maclean C.D., B.A., D.D.
KNOX CHURCH - IROQUOIS
Mrs. M. Casselman, Organist
MINISTRY OF WORSHIP EDUCATION AND OUTREACH
Midweek Youth-Adult Program
SUNDAY
Church School ..... 9.45 A.M. (Kindergarten thro. Grade 12)
Worship Service ..... 11 A.M. (Adult Nursery Supervision for Children 4 years and under)
VISITORS AND NEW CHURCH FAMILIES WELCOME

ST. ANDREW'S CHURCH
South Mountain
Mrs. Arnold Shaver, Organist
SUNDAY
9.30 A.M. .... Service of Worship (Adult Bible Class Following)
YOU ARE MOST WELCOME!

UNITED CHURCH OF CANADA
Matilda Pastoral Charge
Rev. L.D. Joyce, M.A., Ph.D., Th.D.
9:45 a.m. Brinston
11:00 a.m. Hainsville
8:30 p.m. Hulbert

IROQUOIS PASTORAL CHARGE UNITED CHURCH OF CANADA
Rev. W. Brian Gee, B.A., B.D., Thm.
Worship at 10:00 a.m. every Sunday

ANGLICAN CHURCH OF CANADA
Parish of Iroquois and Morrisburg
Rev. Francis N. Gooch, B.A.
Telephone 543-2867
Trinity 11 August 29th
St. John's, Iroquois - 8.00 a.m.
Holy Trinity, Riverside - 9:30 a.m.
Holy Eucharist - Rev. C. Earle
St. James', Morrisburg - 11.00 a.m.
Visitors Always Welcome

EASTERN ONTARIO HEALTH UNIT

IMMUNIZATION CLINICS AND CHILD HEALTH CONFERENCES

Clinics for Infants and Preschoolers will be held as listed every month except August (unless otherwise stated).

TOWN	DAY OF EACH MONTH	PLACE	HOURS
Cornwall (Central)	Every Thursday	Justice Building 340 Pitt St., 2nd Floor	2:00 - 4:00 p.m.
Winchester	1st Tuesday	Presbyterian Church Hall	10:30 - 11:30 a.m.
Chesterville	1st Tuesday	Town Clerk's Office	1:30 - 2:30 p.m.
Williamsburg	1st Wednesday (May, June, July, Sept., Oct., Nov.)	Lutheran Church Hall	10:30 - 11:30 a.m.
Iroquois	1st Wednesday (May, June, July Sept., Oct., Nov.)	Civic Centre	1:30 - 2:30 p.m.
Finch	4th Tuesday	Presbyterian Church Hall	10:30 - 11:30 a.m.
Alexandria	4th Thurdsay	Health Unit Office in Glengarry Memorial Hosp.	1:30- 2:30 p.m.

(N.B. Mothers, clip me out and use me as a reference.)

Rooney - Graydon vows



Our Lady of Peace Church in Toronto was the setting for the recent marriage of Nancy Ellen Graydon of Toronto and Micheal Francis Rooney of Iroquois. Mr. and Mrs. Roy Graydon of Toronto are the parents of the bride. The groom is the son of Mr. and Mrs. Frank Rooney of Iroquois. Father Johnson performed the double ring ceremony.

Mrs. Lynne Sim of Mississauga was matron of honor. Janis Hesleton of Toronto and Caroline Rooney of Iroquois were bridesmaids. The matron of honor wore a gown of yellow jersey. The bridesmaids wore gowns of lime green jersey.

Best man was Mr. Brian Sim of Mississauga. The ushers were Allan Graydon of Toronto and Edward Rooney of Iroquois. The Groom and his attendants wore beige tuxedoes.

The bride wore a gown of polyester deir over polyester satin styled on Empire lines with loose flowing sleeves made by the bride. She carried a bouquet of yellow orchids, miniature carnations, stephanotis and baby's breath.

A reception and dance were held at the Ascot Inn in Rexdale with approximately 100 guests attending.

After a two week honeymoon in Hawaii the couple are residing in Toronto where the bride is employed as a registered nurse at the Queensway General Hospital and the groom as a salesman for Moore's Business Forms.

Prior to her wedding the bride was honored at showers given by Mrs. J. Hunter, a friend of the bride's family, Mrs. B. Sim, the matron of honor; and Miss J. Gibbs, a co-worker at the hospital where the bride is employed.

Light up for safety

There have been recent cases of some motorists appearing reluctant to use their lighting equipment when atmospheric conditions are unfavourable. This practice is obviously very dangerous to other drivers and pedestrians, and unfortunately results in serious injuries or death to the occupants of motor vehicles or innocent bystanders. Sec. 37(1) Highway Traffic Act clearly states: When on a Highway at any time from one half hour after sunset to one half hour before sunrise, and at any other time due to insufficient light or unfavourable atmospheric conditions, persons and vehicles on a highway are not clearly discernible at a distance of 500 feet or less.

Every vehicle shall carry two white lights to the front one red light to the rear which are clearly discernible from a distance of 500 feet from the front or rear as the case may be.

McInnis - Duval wed in Iroquois



The Iroquois United Church was the scene of the July 17th wedding when Mary Ethel Mc Innis, daughter of Mr. and Mrs. Landon McInnis, Iroquois, exchanged wedding vows with Charles Thomas Duval, son of Mr. and Mrs. Thomas Duval of Morrisburg. Officiating the ceremony was Reverend Brian Gee and Mr. Bob Rennie. Rendering appropriate nupital selections was organist Mrs. George Fowler. Soloist was Robert Thompson who sang "We've Only Just Begun."

The bride, given in marriage by her father, wore a full length crepe gown with a built in train, featuring an empire waist, accented with pink lace around the waist and the bottom of the gown. The bodice of the gown was accented with daisy apliques. It also featured shorty bell sleeves. Her finger tip veil was trimmed with matching pink lace. The bride carried a bouquet of pink roses with daisies.

The bride's sister, Mrs. Sharon Van Allen was maid of honour. Other attendants were Ethel MacLaren, Nancy Tower and Karen McInnis, also sister of the bride. They were wearing identical gowns of pink in an empire style, with bell sleeves and completed by lace trim. They carried bouquets of tinted mums and daisies.

Camille McInnis, neice of the bride was flower girl. She was wearing a white floor length empire waisted crepe dress accented with pink lace around the neckline and sleeves. She carried a bouquet of pink roses.

Danny Keyes was the best man. Ushers were William Gover, cousin of the groom, Doug Thompson and Lester McInnis, brother of the bride. Jeffery Lawlor, nephew of the groom was ring bearer.

The mother of the bride was wearing a full length flowered gown with a matching coat, featuring full length sleeves. A coursage of yellow sweetheart roses completed her outfit. Mrs. Duval, the groom's mother was wearing a full length apple green gown with matching short lace jacket and a coursage of yellow sweetheart roses.

For the honeymoon trip, the bride donned a two piece pantsuit with a mauve corsage of tinted mums. Upon their return, the couple will reside in cornwall.

Guests attended from Toronto, Montreal, Kemptville, Winchester, Kingston, Belleville, Iroquois, Morrisburg, Williamsburg Prescott, Dorchester, Dallas, Texas and Cornwall.

Horticultural Society presents annual awards

Those who believed that this was the worst possible growing summer were amazed by the display of Flower and Vegetables at the Annual Flower Show of the Morrisburg and District Horticultural Society held in the Auditirium of the Morrisburg Civic Centre on Thursday, August 19th. There were 36 exhibitors showing over 300 exhibits and a constant stream of visitors passed through the hall from 5:30 p.m. on.

At 8 p.m. the President, Mr. John S. Corbett, called the meeting to order and after welcoming the visitors and thanking all those who had done so much to ensure the success of the Show, called on the Judge, Reverend Harry Funge of Avonmore, to give his remarks and comments. These were very interesting and helpful and he ended by answering questions directed to him from the audience. The President then called on Mr. Gordon Thom, the Regional Director, to express the thanks of the Society which he did, adding some interesting glimpses of the varied career and talents of Mr. Funge from his personal knowledge of him.

The President assisted by the Secretary, Mrs. Grant Gougler, then proceeded with the giving of prizes and awards. First Prize for Highest Points, Cut Flowers, the Ruth Simzer Memorial Cup went to Mrs. A. Byvelds, Williamsburg. The Second prize in this class, a Gift Certificate from McConnell Nursery went to Mrs. G. Cougler, Iroquois.

The First prize for Highest Points, Roses, a vase from Delage House.

A lawn sprinkler donated by McGillis Hardware went to Mrs. G. Wells, Williamsburg for Highest Points, House Plants and the second highest winner was Mrs. J. Erratt, Williamsburg, who received a box of RX 15 fertilizer also donated by McGillis Hardware.

For the Highest Points, Decorative Class the First Prize, a Gift Certificate from Simpson-Sears went to Mrs. G. Thom and the Second Prize, a wallet from The Citizen, Ottawa, went to Mrs. C. Wells.

A Gift Certificate from Charles Ogilvy, Ottawa went to Mrs. J. Saunders, Morrisburg for Highest Points, Vegetables and as Mrs. H. Steward, Morrisburg and Mrs. G. Wells were tied for Second they both received 5 boxes of Vigoro fertilizer donated by the manufacturer.

Mr. Edwin Jones, the Deputy Reeve of Morrisburg, made the presentation of the Chamber of Commerce Trophy for the Highest Points in the Show to Mrs. G. Wells.

The Home Gardens Competition was judged this year on August 16th by Mr. and Mrs. Ian McLaughlin, Horticulturist from Kemptville College of Agricultural Technology. For Home Gardens: Rural the Seaway Chemicals Trophy went to the fourth place winner Mr. J. Morgan, Iroquois as the first three winners had won the cup in previous years and were in the "Winners Circle" and not eligible for the cup. The First Place award, a silver tray presented on behalf of the Bank of Montreal by Mr. Glen Keyes, went to Mr. Grant Cougler, Iroquois. Second prize in this class, a Gallon of Stain donated by Hodgins Lumber Co., went to Mrs. J. Vanhoof, Williamsburg. The Third prize, the book "Carleton Saga" donated by the Ottawa Journal went to Mrs. A. Byvelds, Williamsburg.

The Casselman Trophy for Home Gardens: Urban went to the Second Place winner Mr. J. McCullough as the first place was taken by Mr. C. McCracken who had won the Trophy previously. Mr. McCracken thus became eligible for the Royal Bank silver plate which was presented by the Manager of the Iroquois branch, Mr. P. Michielson Mr. R. L. Griffin as third place winner won "Margo Oliver's Stew & Casserole Cook Book" donated by the Ottawa Journal.

The winners for the "Planters & Pots" class were Mrs. G. Cougler, first, Woolco Gift Certificate, Mr. C. McCracken, second $1 and third, Mr. Bert Reid, .50 cents.

"Window and Porch Boxes" class was won by Mr. R.L. Griffin first a Woolco Gift Certificate, second Mr. C. McCracken, $1 and third Mrs. G. Cougler .50 cents.

There was only one entry in the "Hanging Basket" class and Mr. B. Reid received a Gift Certificate from D & K Fabrics.

The "Novelty" class which included beds, rockeries etc. was won by Mr. C. McCracken, first, a Gift Certificate from Woolco, Mrs. A Byvelds, second, $1 and Mrs. J. Vanhoof, third, .50 cents.

Local Wintario winner

Iroquois Postmaster, Graham Caldwell and his wife, Esther were lucky winners in last week's Wintario Lottery draw to the tune of $10,000. The win comes just a few weeks after Graham's win of $200. in the Iroquois Lions 100 Club draw.

Graham told the Post that the couple have no special plans for the money yet. He purchased the winning ticket from Ross Jamieson who was selling on bahalf of the Iroquois Lawn Bowling Club. The club will receive $100. for the sale of the winning ticket.

TV RADIO NEWS

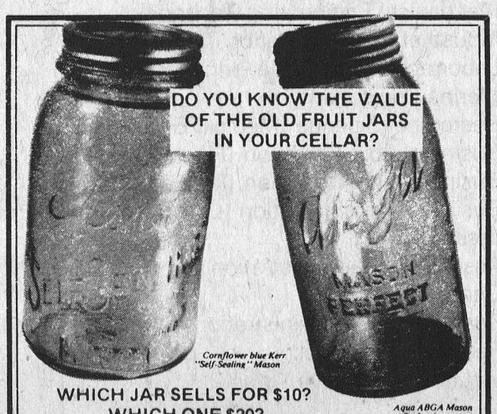
Radio TV News has been delayed in the mail and did not arrive in time for this week's Post.

BACK TO SCHOOL SALE
NOW ON
SEE HANDBILLS FOR SPECIALS
Gilmer Rexall Pharmacy Ltd.
Iroquois EMERGENCY 652-4358 652-4379
Open Mondays 1:30 to 5:30 p.m.

FAMILY FUN!
BUSTER CRABBE POOLS
Aqua - Fun Pools
Sales - Jim Shaw 652-2152
Installation - Lyman Holmes
WINCHESTER
774 - 2341
BUY NOW !
Prices have never been lower
IN STOCK
- 24' round Muskin above ground [clearance priced]
- 16' x 32' in ground - Buster Crabbe
- 18' x 36' in ground - Buster Crabbe
- Any size can be delivered within 4 days.
To date, we have installed 12 POOLS

WHEN
Plannn' A New Home
Plannin' A New Cottage
When Plannin' A Renovation
When Plannin' See Lannin
H.S. LANNIN LTD.
GENERAL CONTRACTORS
Phone 774-2830 - Winchester

Winchester Theatre
THURS., FRI., SAT.
AUGUST 26, 27, 28
"NO DEPOSIT, NO RETURN"
A fine Walt Disney picture starring David Niven - Barbara Feldon. Plus
CARTOON CLASSICS
A two hour program.
MON., TUES., WED.
AUG. 30, 31, SEPT. 1
"TIDAL WAVE"
"DEATH RACE 2000"
Recommended
Adult Entertainment.



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There are nearly 2,000 different collectible old canning jars — ranging in value from 50¢ to over $900. This comprehensive new book includes them all, culminating years of research by the editors and readers of OLD BOTTLE MAGAZINE. Excellent photographs detailed descriptions and realistic prices.
Purchase price of the book refunded if you have an old canning jar not listed. Only $4.95 ppd.
OLD BOTTLE MAGAZINE, Box 243, Bend, Oregon 97701

CIL's Best Paint Sale
Cilux Trutone White Exterior Paint
Contenu Net: Un Gallon (4.55 Litres)
$14.25 gal.
Come in to one of our best ever paint sales and save on CIL top quality Trutone white paint, the best exterior paint we make. In Acrylic Latex, Alkyd Trim, Alkyd Gloss finishes.
Trutone--it's the tops.
S.A. Thompson & Son
Iroquois 652-4478
CIL Tough Paint

Calcium deficiency damages Tomatoes

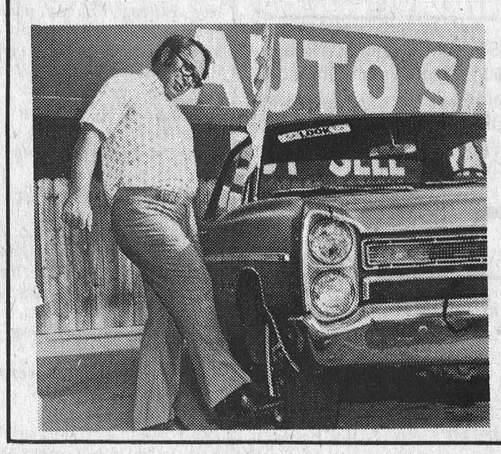
At this time of year we see many examples of blossom end rot on tomatoes. It is not a disease but a disorder usually caused by a clacium deficiency, a lack of water at some point during the growing season, or a combination of the two.

Blossom end rot shows up as a dark area with a rotted appearance on the end of the tomato away from the stem, says Ontario Ministry of Agriculture and Food horticulturist J.K. Hughes. The tomatoes lose their firmness and shape.

When the plant is experiencing water stress, the nutrient calcium is not able to move freely to the extreme parts of the fruit and a deficiency occurs, this causes the cells to break down and rot sets in.

To prevent blossom end rot, water the plants once a week when there is no rain. Make sure they are well mulched and try to keep the calcium levels up in the soil. the application of a foliar spray may help correct a calcium deficiency, although this has not yet been proven to be a conclusive remedy.

Once blossom end rot has set in, there is nothing you can do about it. Mr. Hughes recommends you discard the rotten tomatoes, either in the compost heap or the garbage.

LIQUIDATION

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