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The Morrisburg Leader

SECOND CLASS MAIL REGISTRATION NUMBER - 0842

VOLUME 111, NO. 12. MORRISBURG, ONT., FRIDAY, MARCH 23rd, 1973 SINGLE COPIES 10c

"Irish" Ice Revue Was Well Received



"A Little Bit of Ireland" was the theme of Morrisburg's Figure Skating Club extravaganza held March 17 at the Community Centre. Against a white background artistically studded with shamrocks, top hats, harps and briar pipes, close to 200 local youngsters ranging in age from 4 to 14 participated in a successful ice-capade.

The show featured Irish colleens, elves, shamrocks, pixies and very youthful little white lambs who enthralled the audience with their earnest efforts to succeed. Other special topical numbers included drills and dances by leprechauns, Irish potatoes a Pot of Gold group and Irish Jig specialists

Leslie Brais ably soloed with the Irish Colleens, Nancy Disheau with the Shamrocks, Karen Weegar, the pixies and Bev Hanes the Irish Jig.

Intermediate and senior members presented professionally finished performances in the overture number "Anchors Away" and the finale "Hobos on Parade".

"Rhythm on Ice" saw skater entertained in couples performing intricate patterns with grace and precision.

Kim Alliston, 14 year-old Silver Medal Champion from Minto Skating Club, Ottawa held her audience spellbound as she presented a myriad of graceful whirls and scoops.

Cindy Roeger from Prescott Skating in duet. This young couple were winners of the Novice Dance Event in the Eastern Ontario section, Canadian Championships 1973.

Morrisburg stars Nancy Bilmer and Judy Gurnhill gave excellent exhibition performance.

Trophies for greatest improvement were received by Junior Jeff Deltkamp—5, years old and by intermediate Laurie Bilmer—9. Presentations were made by Community Centre Committee member E. Bruce Tuttle. Trudy Coligan, 12 was recipient of the Senior award for improvement. Presentation was made by Miss Janice Sherwood, Club professional.

Reeve Earl Baker expressed the thanks of the Figure Skating Club to Mary English, Gloria Coburg and Morrisburg Lions Club, trophy donors.

The reeve presented Miss Sherwood with a bouquet of red roses on behalf of the club.

Photo (by A. Thornton) shows: l. to r. Laury Bilmer, Trudy Coligan, Jeffrey Veltkamp.

Counties Council Prepares For Regional Government

The United Counties Council met Donald Irvine, MPP, parliamentary secretary to Hon. John White, provincial treasurer at a meeting of the planning, resolution and memorial committee under the chairmanship of Keith Graham, reeve of Chesterville.

The meeting had been organized by Warden Gerard Massie spefically to discuss with Mr. Irvine the current state of thinking on changes in municipal government, which are under consideration by the province and the counties.

One fact tbrought out by Mr. Irvine was that proposals already made by the counties that certain of the smaller villages should be absorbed into neighboring townships would probably not be agreed to since it would not bring about sufficient change in the existing system.

Mr. Irvine reconfirmed with some emphasis the statement that changes would come about by approximately 1975 or '76, if not exactly in their present form, then in something like the new system he would outline.

WARD SYSTEM

This calls for formation of a ward system, which would involve the abolition of some present municipal boundaries, so that urban and rural areas, such as a combination of Morrisburg and most of Williamsburg, or Maxville and most of Kenyon would become a ward, with a local government but only the privilege of sending one man to county council to represent that ward.

Furthermore, he noted, the city of Cornwall would continue as a separate entity, and there is a good prospect that Alexandria would also retain its present status, as a separated town with its own government.

There was no suggestion that county council agreed to, or would favor in any way the new system, but Mr. Irvine was the subject of a barrage of questions on how it would work. Through the discussion Mr. Irvine was emphatic that the ward system was the one the province will consider.

Another point brought out was that the United Counties will continue as essentially they are now; a region for eastern Ontario is not the unit now contemplated by the provincial government.

He recommended that the urban centres should now begin to consider some form of union with the neighboring townships if they wanted to formulate their ideas in preparation for the coming day of reorganization.

Summing up, Mr. Graham remarked that the proposals would "Change the whole pattern by which we have been governed for 130 years. Someone is going to have to take the brunt of the change, which will be a political change to influence the entire population."

MRS. ALICE NASH, 96, PASSES IN HOSPITAL

Te death occurred after a short illness, of one of the oldest and most beloved residents of this area in the person of Mrs. Alice Nash of Williamsburg.

Mrs. Nash died at the Cornwall General Hospital on March 19th. Prior to her final illness she had been a resident of Glen-Stor-Dun Lodge for one year.

Born at Dundela in 1877, she was a daughter of the late Lawrence Dillabough, and his wife, the former Martha McIntosh, and was a life-long resident of the district.

In 1903 at Williamsburg, she married Arthur E. Nash and they farmed at Nash Creek near Morrisburg for many years until their retirement to Williamsburg. Mr. Nash predeceased her in 1958. Although they had no family, a number of neices and nephews survive.

Mrs. Nash was a member of the United Church, of Rebekah Lodge (P.N.G.) and a life long member of the W.M.S.

Her pastor, Rev. D. L. Gordon, of Williamsburg United Church, officiated at the funeral service, held at Fairbairn Funeral Home on Wednesday, March 21st.

Pall bearers were: Irving Cochrane, Kent and Peter Cochrane, George Cramer, George Wright and Edwin Forward.

NEWS AND VIEWS FROM SEAWAY HIGH

On Sat., March 31st, Seaway District High is sponsoring the second annual hockey tournament in the Morrisburg Arena. It has however, been decided to restructure the event in several ways.

This year no Jr. B or Jr. A players may participate in the tournament which will include "Seaway" students only. There is also a nasty rumor spreading throughout the sacred halls of Seaway that there is a slim possibility of an all "staff member entry.

Teams such as the Brinston Bears, Hulbert Hackers and the Billi-Burg Boys have also shown great interest in the activity.

For a day of unlimited enjoyment remember, Saturday, March 31st beginning at 9 a.m. Seaway D.H.S. will release its secret of success in the field of sport. The boys from behind the scene make their debut on the "blades"!

LOYALISTS BOW OUT TO BUCKINGHAM

The Morrisburg Loyalists finished the season with a big bang in Chesterville, on Wednesday night. Buckingham Aces took the best of five series, three games in a row, in the O D H A. Intermediate 'B' Playdowns.

The Loyalists started the game with five of the Morrisburg Junior 'B' team (two of these were midget age); two goaltenders (one of these having been sick in bed all day), and seven regulars (one of these appeared at the game on crutches, bandaged his leg tightly and played a very good game).

Aces swamped the Loyalists 11-1, with goals by Norm Brazeau 3, Pete Lacelle 3, Bob Aube 3, Bert Aube 1, Bob Rioux 1. Wayne Jones scored at 9.09 of the second assisted by David Hess and Allan Duncan, to spoil the Ace's chance of a shutout.

Aces outshot the Loyalists 36-29, also received six of the thirteen minors, four of the nine majors and two of the three game misconducts that were handed out

Work commitments, illness and injuries hit the Loyalists at the wrong time, but the junior players should be given a big hand for the way they played. They gave everything they had. There were many interruptions in the game, including one fight in the crowd, (result—police were called in)—also two fights on the ice. Bill "Cookie" Lawlor was taken to hospital to check whether he broke his nose, or not.

Preparing Plans Now for Record Student Labor Force

An anticipated growth in the tsudent labour force in Ontario of 3.7 per cent is forecast by the Department of Manpower and Immigration.

In preparing plans for this year's student summer program, departmental officials estimate that the number of Ontario students who are expected to seek work this summer will rise to 480,000 from 463,000 in 1972. The forecast is based on Statistics Canada Labour Force data and advance statistics of education.

The expansion in Ontario is attributed by Canada Manpower officials to an expected growth of approximately 3.6 per cent in the number of both secondary and post-secondary students returning to school in September. Approximately two-thirds of the student labour force fall into the secondary school category.

John Eckertt, co-ordinatior for Canada Manpower's student summer programs in Ontario, indicates that plans to meet the needs of both students and employers are already underway. In addition to the regular CMCs, approximately 75 special Canada Manpower Centres for students are now registering students for work as well as taking job orders from employers in Ontario this summer.

To date Canada Manpower Centres have received 35,000 applications from students.

"Once again we have received excellent co-operation from the Chamber of Commerce in this program," said Eckertt. "They are particularly helpful in getting the message across to employers that students can be a valuable asset to the business community in the summer months."

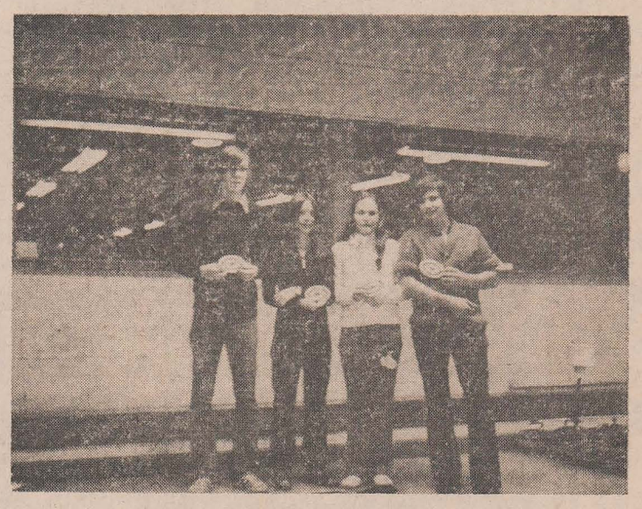
In this connection R A. MacKenzie, Chairman of the Operation Placement Committee said that the Chamber of Commerce would be making every effort to encourage its 220 member organizations in Ontario to promote the hiring of students this summer.

A greater co-ordination of effort has also been developed between Canada Manpower and the Ontario Government's Ministry of Labour and Youth Secretariat. The Province, for example, will make available printed material on their summer programs for distribution to students through Canada Manpower Centres.

Wally Coulthard, Director of the Youth Secretariat, said that cooperation at all levels of government was vital to the success of the student summer programs. "What we have to realize," added Coulthard, "is that in the final analysis our aims are the same .. to meet the needs of the students through special summer activities and employment programs."

For Canada as a whole, the student labour force is expected to increase by 3 per cent, a somewhat smaller growth rate than Ontario's 3 6 per cent. Officials point out that the difference is mainly attributable to the post-secondary category which is expected to grow at a lower rate nationally.

Junior Curling Team Scores at Cornwall



Cornwall Curling Club played host to the Cornwall and District Junior bonspiel recently with Smiths Falls coming out the big winner with a total of 46½ points.

Mike Patti skipped the Smiths Falls entry to the top of the A division with the help of lead Cathy Richardson, second, Don Deegan and vice - skip Janet Longmuir.

Curt Hall of Brockville was runner-up with 44 points. His foursome consisted of Karen Wylie. Willard Dunning and Marg Johnston.

Winners of the B event was the rink of Norman Hewitt of Browns burg coming up with a total of 37½ points. The rink was comprised of Kathy Tomalty, Louis Tomalty and Sheryl Tomalty.

The Lancaster team of Peter Shennett followed closely with 36 points. The team included Donna Laplante, Jeff Fisher and Jean Beaudette.

Prescott captured the C class with John Van Essen, Lynn Kingston, Alvin Bennett and Sharon Hardy earning 29 points.

A Morrisburg team was runner up with 28. The rink was skipped by Blair MacDonald with other team members Cindy Tippins, Peter Brunt and Rev Brunt.

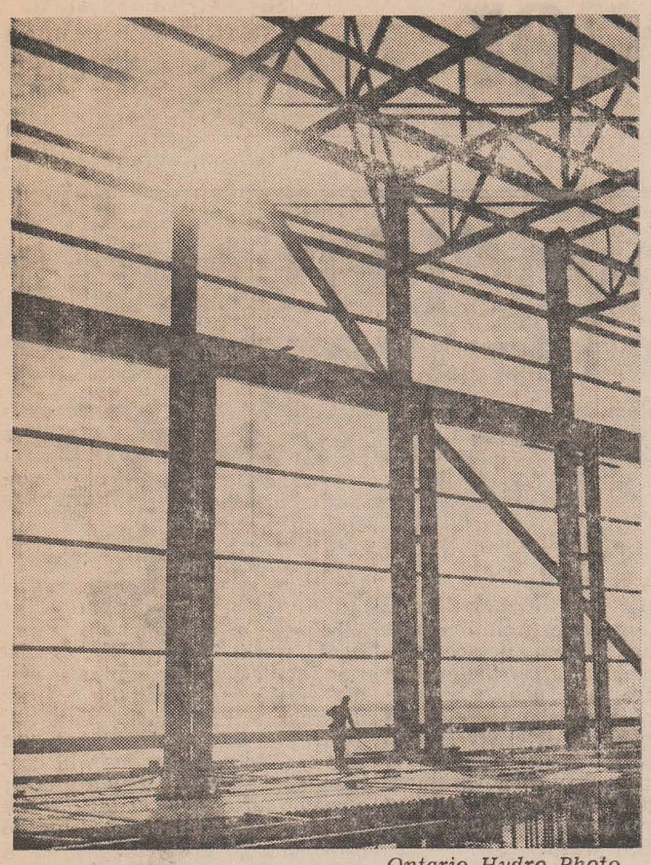
Teams played three eight-end games in the competition sponsored by Eldege Vaillancourt Real Estate (Alexandria), Sauve Real Estate Limited (Alexandria), Marleau Brothers, Leo Bissonette and Lyle McLaren Real Estate Companies.

Photo shows l. to r. Blair MacDonald (skip), Cindy Tippins, Beverley Brunt and Peter Brunt.

Area Wolf Cub Packs Held Mini-Klondike at Cardinal

Members of Wolf Cub Packs from a score of communities gathered at Cardinal on March 11 for their annual "Mini-Klondike" Derby. 234 boys and 87 leaders from 18 packs competed in the day's events. The first prize trophy awarded in the St. Lawrence District went to 1st Prescott Pack; first prize for visiting pack to 13th Lisbon, N.Y. 5th Prescott placed second in the district, followed by 8th Brockville (visitor), 1st Morrisburg, 1st Maitland. The race trophy was won by 2nd Kemptville pack, candy prize by 1st Maitland.

Other communities represented included Chesterville, Spencerville Iroquois, Cardinal, Johnstown, Winchester, Mallorytown, and Massena, N.Y.



Ontario Hydro Photo

A FIRST AT BATH

Steelwork for Lennox generating station at Bath, 20 miles west of Kingston, is well under way as Ontario Hydro builds its first oil-fired plant.

Slated for completion in stages by 1977, Lennox will produce first power late in 1974. Total capacity will be 2,295,000 kilowatts from four units.

JUNIOR B HOCKEY NEWS

March 14, Morrisburg 7, Metcalfe 3; March 16, Metcalfe 2, Morrisburg 1.

Metcalfe wins the series 4 games to 1.

March 14, Embrun 8, Prescott 5; March 16, Embrun 4, Prescott 2; March 18, Embrun 5, Prescott 3.

The best of 7 series tied 3 games apiece.

7th and deciding game will be played in Prescott March 20th.

Metcalfe will meet the winner of the Embrun-Prescott series.

In the 5th game between Metcalfe Jets and Morrisburg Lions—they played a scoreless first period. Bob Woods gave the Jets a 1-0 lead at 3.22. Dennis Lamadeleine made it 2-0 at 2.28 of the third period. David Hess narrowed the Jets lead 2-1 at 12.43. The Lions failed to tie the game, despite scoring goals which were called back by the referee.

The Lions received 5 minors while the Jets were tagged for 13 minors and 1 major. 543 attended this game.

O.D.M.H.A. Finals - 'D' Division

Morrisburg PeeWee 'A' shutout Rockland 5-0, in Renfrew. Bob Casselman led the way with a pair singles by David Brown, Jim Jarvis and Glenn Howald. Morrisburg then played Shawville for the Championship and won 7-4. Bob Casselman had a pair, Wayne Dickenson a pair, and singles by Wayne Markell, Jim Whelan, Jim Jordan Jr.

Morrisburg Bantam 'A' defeated Alexandria 4-2 in Carleton Place on singles by Kevin Osler, Gary McMillan, Peter McIntosh and Ed. Gove. Morrisburg then played Almonte for the Championship and won in overtime 4-3. — Scorers were: Peter McIntosh Ed Gove, David Tait and Bill Morrow in the overtime period.



The Scouts will hold a Bottle Drive this Saturday, March 24th, Please have your bottles ready when the Scouts call.

YOURS SINCERELY

BY MRS. WELLWOOD ADAM

I suppose there is a lot to be said for, and possessing, patience! It is one of God's own gifts to many of us, but if some haven't got it, then it **can** be acquired over the years if tried out hard enough.

A women's magazine in U.S.A. asked for letters from women telling how they had overcome many disappointments and troubles. One wrote that when she felt depressed during the hungry thirties, she went down to the pasture and watched things that happened there for a while. She saw the anthills, that had been trampled on by the cattle, being carefully built up again by the industrious ants; she noticed how the grass, which had also had its share of being walked upon, was growing green once more. Even the lower branches of the trees were sending out new growth where the old shoots had been broken by horses grazing. Everything seemed to know how to patiently re-build once more.

Perhaps people generally should have some quiet place to go to, now and again . . . some green pasture. I might say that I have found mine, where I go to regain serenity when I most need it.

Another woman said that she just went to the kitchen, made up a batch of cookies, and by the time they were beautifully baked, she had put her problems behind her! Another used to take a long walk, others wrote letters, or read a book, or turned the radio on at a chosen good, uplifting program. There are a few to be found, fortunately, when really needed, occasionally.

The last letter was from a young mother of three children. She wrote: "When the children are playing, or at school, and I feel down in spirit, I go to the piano and play the old hymns, for that is what my mother did before me. When I and my sisters went away from home, my mother was so lonely at times that she could hardly stand it. So she used to go in the piano and play the old hymns we used to sing together. It helped her a lot, she said afterwards, and it has always helped me!" (end of quote) Another 'green pasture-beside the still waters.'

It makes a wonderful thought indeed, for there is so much around us going on, to read or listen to in the daily news, that can cause some distress of mind and spirit from time to time. So if we can, men and women alike, secure for ourselves a way by which the store of patience we have, whether great or small, can be re-generated, then we do become stronger to face the many stresses and strains which so easily occur. Even if we were to say by memory, as so many of us are able to do, or even to read, the 23rd. Psalm, in a quiet moment . . . our souls are restored, indeed!

O Yes! . . . this troubled world needs something like this, and often; and given the patience to take time out for this God-given cure, it works!

Perhaps the scientific mind would call this kind of reasoning merely a matter of psychology, but those of us who have tried it know better, don't we?

LENTEN SUPPER CONVENED FOR ST. PAUL'S LCW

Mrs. Hilda Black was convener of a Lenten Supper for the members and friends of St. Paul's Lutheran Church Women, Morrisburg, and their families.

The afternoon was spent in quilting, and supper was followed by the regular monthly meeting. Mrs. Robert Howald was in charge of the programme.

Mrs. Walter Bowman led the devotions and Mrs. Hugh Shennette was accompanist for the hymns Mrs. F.L. Howald spoke on "Martha" and Mrs. Ernest Merrikin continued with the topic "Key '73" The offerings were dedicated by Mrs. Volker Gruetzner. Current Church events were discussed and a bulletin board was provided to display items of interest in the field of religion.

Mrs. Leonard Barkley presided over the business session, and installed Mrs. Edith Storgaard as a new member of the organization.

Mrs. Hugh Shennette reported on shut-ins and on the new cushion project.

The altar committee for April will be Mrs. Leonard Barkley and Mrs. Ernest Merrikin.

Tentative plans were made to do more quilting in the near future.

The meeting closed with prayer and benediction by Rev. F. L. Howald.

GIRLS' BROOMBALL

The final game of the Grenville Dundas Girls Broomball League was played last Saturday in Prescott, with Morrisburg winning 1-0.

Angie Lafortune scored at the 10 second mark in the final period from Rosie Casselman.

Morrisburg won the championship in two straight games.

Muriel Baker recorded the shutout. Morrisburg finished the season with winning thirteen and losing two and tying one.

The Morrisburg team consisted of: Angie Lafortune, captain; Kathy Duval and Anita Anita Lafortune, assisted captains. Muriel Baker, Linda Deuval, Patty Steer, Sandy Scott, Laurie Cruickshank, Rosie Casselman. Marilyn McLean, Denise Lafortune, Susan Jordon, Valeria Felker, Gail Casselman, Roxanne McLean, Caroline Gale, Wilma Angus, Louise Lafortune, coach; Ray Hubert and Brian Hanes; Manager, Carson Baker.

HAT TRICK FOR STOMPIN' TOM



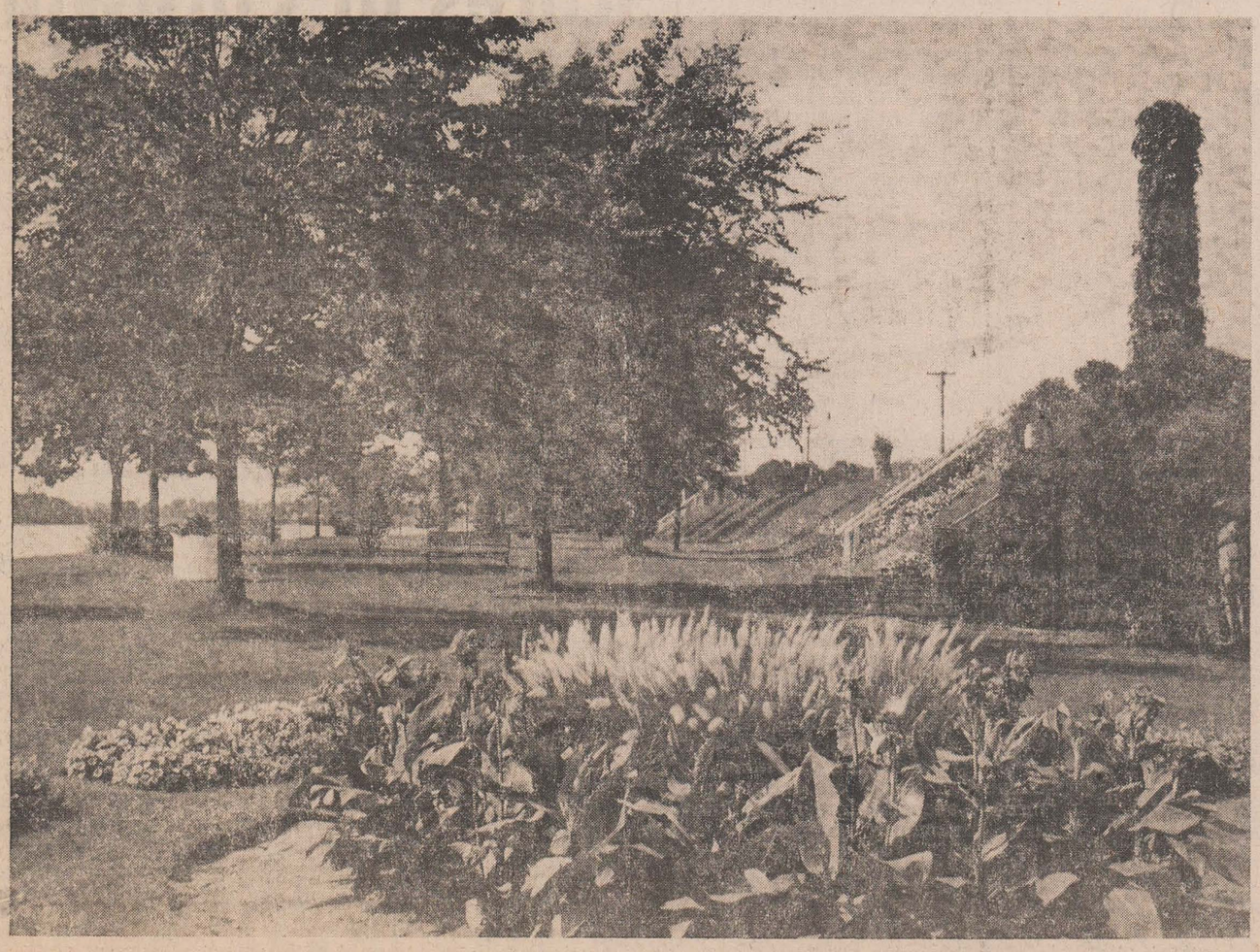
Stompin' Tom Connors, the skinny kid from Skinners Pond, P.E.I., has made it 3 in a row. The 1972 edition of the Junio award for the top Canadian male vocalist was presented to Connors at the annual awards presentation at the Inn on the Park on March 12th. It was the third successive win in this category for Stompin' Tom who was a unanimous choice of the voters. The Juno's are determined by the record executives, entertainment writers and disc jockeys across Canada and are awarded in several categories.

Though 1973 is barely 10 weeks old, it has already been the best year in Stompin' Tom's whirlwind career. On New Year's Eve he was named Goodwill Ambassador for the Province of Prince Edward Island for its Centennial this year. The Premier of P.E.I., the Honourable Alex Campbell, presented Conners with a special citation and credited him with boosting the province's Tourist industry. His first big hit "Bud The Spud" did more to promote P.E.I. potatoes than any advertising or public relations campaign had done to date, according to the Premier.

On January 20th, Stompin' Tom packed Toronto's famous landmark Massey Hall for a rousing concert, Then, shortly after receiving word of his third Juno, he received word that he would be playing at this year's CNE.

RED CROSS means People Helping People

MEMORIES OF THE OLD MORRISBURG



Our photo of the old Morrisburg this week shows one of the beauty spots which made the old village a mecca for tourists year after year. The beautiful little park "across the locks" provided a cool refuge on even the hottest afternoon or night.

The gorgeous flower beds, too, were meticulously kept, and drew a constant stream of admirers. Copies of this and other pictures in this series can be obtained from the Smith Photo Studio, Morrisburg.

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BUY AND USE EASTER SEALS

BUSINESS PARTNERSHIP DISSOLVED

Due to ill health in the past year Denis Hill has sold out to his brother Fred.

Fred is well known to this area. He came to Morrisburg at the start of the seaway, and as co-owner of Kingston Dunbrik, he managed the Morrisburg plant until sold in 1963 to former N.H.L. player Syl Apps.

In 1964 Fred purchased the Insurance Agency from C.M. Crober and in 1966, Denis and Fred purchased Paul's Trailer Park and Sales, now known as Hill's Mobile Village. In 1967 Fred and Denis purchased the Thompson Insurance Agency of Williamsburg.

Fred said he doesn't expect any changes in operaiton other than thoughts for expansion. At present the mobile home park is full with fifty-eight families living in mobile homes. There has been many improvements over the few years in the mobile home park. The tenants have their own cable TV with a good selection of stations and are assured of good reception, paving of streets, under ground Bell telephone and hydro.

Added to the line of Mobile Homes for sale is a 22'x40' called a two-wide, comes in two pieces and joined on the site. This unit can be placed on a foundation and is complete with rugs, drapes and all the furniture. They are built to conform with Canadian building codes. One has been placed on the land just north of Morrisburg Poultry and will be open for inspection

Fred's son Paul who completed high school and one year at Algonquin College is now working in the office. Fred's youngest son David is taking his B.A. at Western University and will be helping during the holidays from school and will probably join the operation after completion of university.

NEW TELEPHONE DIRECTORIES NOW BEING DELIVERED IN AREA

The odds are at least seven to three that the local telephone number a caller asks the Directory Assistance operator for is in the new telephone directories now being delivered in Brockville and the surrounding area. And, those are pretty good odds. On the average. 70 per cent of the calls to Directory Assistance are for numbers available in the caller's telephone book.

These figures are one of the reasons Bell has asked the Canadian Transport Commission for permission to charge 25 cents every time a Directory Assistance operator gives a coller a number he could have found himself.

The purpose of the charge is not to eliminate the service. It is intended to discourage unnecessary use by encouraging callers to use their telephone directories, thereby giving the DA operator more time to devote to people who really need her help. It is also intended to offset the cost of providing Directory Assistance service to people who don't take the time to look the number up in the book.

Calls for numbers not listed in directories will not be subject to the charge, now will calls from anyone who cannot use a directory because of a physical impairment. Calls from pay phones, hotels, motels, hospitals and calls for help in emergencies will not be charged.

So the LOOK IN THE BOOK message on the cover of the 47,200 books being distributed here, is still a very valid one.

More than 10 million directories will be produced this year to help Bell Canada customers find telephone numbers they require. The introductory pages list specific numbers for operator and Directory Assistance, repair service, business office, long distance service, local calling areas, area codes, and long distance calling rates. They are designed specifically for the area in which the directory is distributed.

According to Ken Menard, Bell Canada manager, "the service numbers listed and the long distance rate examples given are to assist and inform customers in this specific area"

He added that pocket-sized Personal Directories, for keeping a list of frequently called numbers, are available without charge from the business office.

OPP REPORT

PARENTS — Every year we hear of tragic accidents involving children who accidentally fall into rivers and creeks and drown. Now that the spring runoff is in full swing we should be more aware of the possible accidents which could occur when young people play around water.

If a body of water runs near your residence, make sure you know where your children are playing at all times. Inform your youngsters of the possible hazards, telling them that the quiet shallow stream they remember from last summer is now deep and fast flowing.

Advise your children to stay off any ice which may still be covering rivers as there is a possibility the ice could break sending them out into the swift current.

One last word of caution with regards to the very young. Remember that even ditches can fill up with water to such an extent that a youngster could drown if he fell into the ditch.

BROOMBALL NEWS

In the first game of the two-game total points semi-finals Williamsburg Sport Shop got by the Outcasts 2-1 on goals by Roger Morrel and Doug Casselman. Bart Casselman scoring the lone Outcasts tally.

Mutual Blue Jeans shut out Mariatown 2-0 in their first game on goals by Walt Wagemans and Tom Dawley.

In the second game Williamsburg and the Outcasts played to a 2-2 tie. Baden Carr and Lynn Whitteker scoring for Williamsburg. Bart Casselman and Tony Cummings for the Outcasts.

Mutual Blue Jeans and Bariatown also tied in their second game 3-3. Mariatown's goals by Rick Darling twice, and Neil Hart. Donny Mabo and Jim Cameron (2x3 for the Blue Jeans.

This sets the stage for the final between Mutual Blue Jeans and the Williamsburg Sport Shop to be played next Sunday. The first game Sunday March 25 at 2 p.m. and the second game at 7 p.m. If there is a third game necessary, it will be played on Sunday, April 1st.

DENTAL TOPICS

Supplied by The Canadian Dental Association

Dental Health During Pregnancy

There is no reason why a normal healthy mother's teeth should be harmed by a pregnancy.

Tooth decay during the period of pregnancy or nursing of a child —as at any other time — is evidence that proper health essentials are not being observed, or that there is some abnormality.

Once a pregnancy is determined, your dentist should become a member of the expected new arrival's health team.

Good oral hygiene habits and attention given to repairing any tooth decay or treating gum problems will avoid discomfort.

Following your physician's instructions on diet, cleanliness, exercise, recreation, fresh air and plenty of rest, help to create a peaceful and happy state of mind and a reasonable pregnancy.

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LOCAL and GENERAL

Friends of Mr. Pat Villeneuve will regret to learn that he is a patient in Winchester Memorial Hospital.

Congratulations and good wishes are extended to Mr. and Mrs. Howard Saddlemire, well known area residents, on the occasion of their 56th wedding anniversary, which they observed on March 21.

DIED — On March 10th at Vaudreuil Terrace: Mrs. Stella Houlahan Marchand, widow of the late O'Neil Marchand. Two sisters in Morrisburg, Mrs. Hilda Locke and Mrs. Addie Mallan predeceased her.

Mrs. Murray Styles and Mrs. John Allison and children were visiting in Toronto for a few days with Mr. Murray Styles, who is a patient in hospital there.

Mrs. George S. Baker, Whitney Rd., has returned home after enjoying a 6 weeks vacation with her sister, Mrs. W. T. Tucker and family in St. Petersburg, Florida.

David Mooney of Sarnia is spending the holidays with his grandparents, Mr. and Mrs. Edwin Jones.

Mr. and Mrs. John Steele and family of Hamilton are spending the week with the latter's mother, Mrs. Wallace Guay.

Mr. Garry Dickenson spent the week end in Markham with Sam Laurin.

Hal and Lillian Wagner are leaving on March 23rd for Salzburg, Austria, for a family reunion — the first in 20 years.

The United Counties Bookmobile will be at the following locations in the area next week: Tuesday March 27, Williamsburg C. 11:30 to 12:00; Inkerman 1:30 to 3:00; Hallville 3:15 to 3:30; Mountain 3:45 to 4:15. Wednesday, Mar. 28, Maple Ridge 1:30 to 2:30; Boucks Hill 3:00 to 3:15; Winchester Springs 3:30 to 4:00. Friday, March 30, Crysler 11:50 to 1:00; Morewood C. 3:20 to 4:00.

WILLIAMSBURG

Mr. and Mrs. Mervyn Wells of Ottawa and carson Wells of Montreal spent the week end with their mother Mrs. Graham Wells.

Mr. and Mrs. Paul Barclay, Janice and Jeffery of Kingston spent the week end with Mr. and Mrs. Douglas Barclay.

Mrs. Alan Armstrong of Kingston had lunch with Mrs. G. L. Barclay on Wed.

We are sorry to report that Mrs. Alice Tupper and Mrs. Gladys Bow man are patients in the Winchester Memorial Hospital. All hope for a speedy recovery.

Don't forget the Lenten services in the Lutheran Church on Thursday evening at 8 p.m. Everyone welocme.

RECENT BIRTHS AT THE WINCHESTER MEMORIAL HOSPITAL

March 13, 1973 to Mr. and Mrs. Carl Hutchinson, RR2, Winchester. A son.

March 13, 1973 to Mr. and Mrs. James Sayeau, RR5, Spencerville. A daughter.

March 13, 1973 to Mr. and Mrs. Douglas Graham, Kemptville. A daughter.

March 13, 1973 to Mr. and Mrs. Norman Saroult, Winchester. A son.

March 15, 1973 to Mr. and Mrs. Ian MacMillan, RR2 Finch. A son

March 16, 1973 to Mr. and Mrs. Dwain Berry, South Mountain. A son.

March 16, 1973 to Mr. and Mrs. Herman Grootlipman, RR2, Russell. A son.

ENGAGEMENT

Mr. and Mrs. William Casselman, of Williamsburg, announce the engagement of their daughter Audrey Gail, to Mr. Richard Douglas Vaughan, son of Mr. and Mrs. Frank Vaughan of Morrisburg. Marriage to take place Saturday, April 21st, at seven p m. in the United Church, Williamsburg.

Ontario Told to "Quit Stalling"

The Ontario government has been told to quit stalling and get on with the job of improving High way 2 along the St. Lawrence River between Brockville and Prescott.

Local councillors made it clear at a public meeting Tuesday that they were tired of waiting for the government to do something about the winding 12-mile road.

Even the few who were opposed to having any changes made in the historic highway indicated they too were tired of listening to new proposals and studies.

Councillor fed up

Coun. Harley Fortier told the planning team with the ministry of transportation he was fed up with the approach it was taking.

"The road is in a damn bad need of immediate repair and if you wait another two years it will be corduroy. You may be able to justify the delays to yourselves but you sure as hell can't justify them to the people of this area." said Coun. Fortier.

The meeting was the second called by the province to get local reaction on how best to relieve commuter congestion while at the same time preserving the highway's scenic character.

The province has been trying to figure out what to do with the road since 1962. A four - lane high way was proposed in 1966 but quickly was scrapped because of public opposition. Additional studies were conducted three years ago but all were found to be too environmentally damaging.

Four alternatives

Officials have now come up with four alternative schemes:

- **A:** Resurface the existing highway and eliminate accident-prone curves and intersections. Estimated cost, $500,000.
- **B:** Widen the highway to four lanes and build a bypass around the village of Maitland. Estimated cost, $4 million.

C. Reconstruct existing two - lane highway and eliminate dangerous curves and widen shoulders. The Maitland bypass is included. Estimated $1.5 million.

- **D:** Widen the highway to four lanes from Brockville to Sharpes' Lane, 2 miles east of Brockville, and then construct a new route from Sharpes' Lane to Prescott. Estimated cost, $2 million.

All schemes provide for scenic pulloffs.

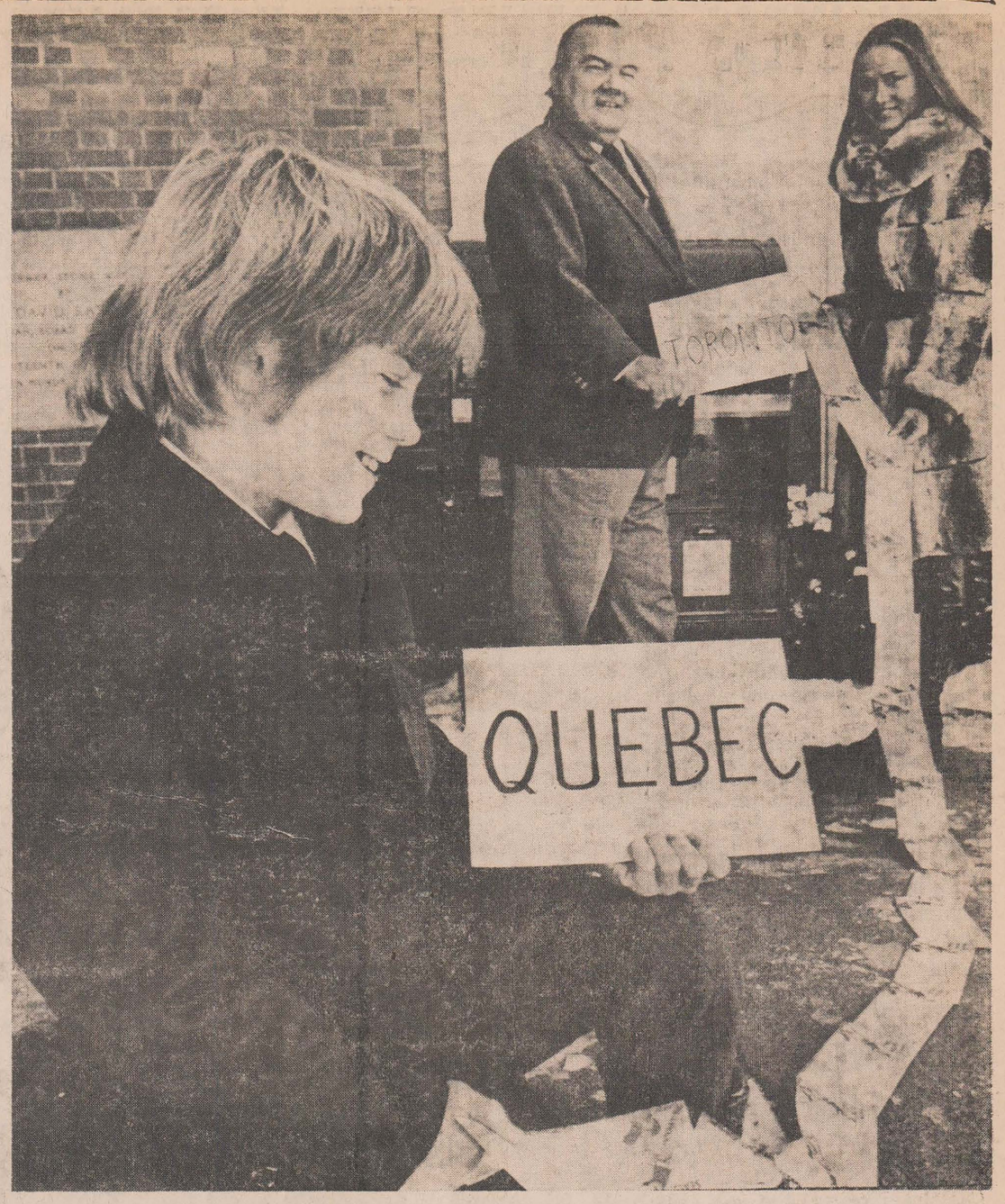
John Sutherens, senior planner with ministry of transportation, gave assurances the government had not made a final decision on any one scheme. Local feelings would be considered and another public meeting held after the government made a decision, he said.

Reeve Ron Thomas of Augusta said his township favored scheme C, minus the Maitland bypass. Highway 2 cuts through the southern part of Augusta.

Reeve Thomas said a majority of people in the township told the government in 1966 they wanted the highway reconstructed as outlined in scheme C but "their wishes were ignored".

He said a lot of time and money could have been saved if the province had done what the people wanted seven years ago.

One speaker said the present highway was in "good shape" and that road safety was a matter for the individual motorist and not the government's responsibility. Another said the meeting was a waste of time because the planners wouldn t be able to satisfy everyone. She suggested ratepayers be allowed to vote on the various schemes and have the government base its decision on the outcome.



When pretty Gillian "Miss Canada" Regehr idly wondered just how far the 2½ million Easter Seal campaign envelopes would reach end-to-end, Whipper Watson and Ontario's Timmy, young Richard Ware of Scarborough, came up with this visual answer: Toronto to the Quebec border.

Within the campaign opening week of March 22, every home in Ontario should have received its Easter Seals as another visual reminder of the Ontario Society for Crippled Children's annual fund drive.

The campaign will run until Easter Sunday, April 22, by which date the Society hopes to have raised $1,675,000 through the combined efforts of its 232 affiliated Easter Seal service clubs serving handicapped youngsters throughout the province.

Watson, long a member of the Society's board of directors, expressed his personal convictions when he said: "I know now only too well just how rough that road to rehalitation really is, but I'm not travelling it alone Over 14000 youngsters will be walking it with me this year We need all the help you can give if we're going to make every step count. Please, make every step count. Support your local Easter Seal campaign.'

FEBRUARY MEETING ST. PETER'S LCW WAS HELD BY

The February meeting of the L.C.W. was held following the Thursday evening Lenten service, with 21 members present. The president reported that 20 mini-layettes, 6 Keenli-Kits and 6 Activiti Kits have been shipped.

The District Assembly will be held in Ottawa on May 5th. Invitations to Easter Thankoffering services were received from Williamsburg United and Christian Reformed Churches.

A committee was named to organize a Key 73 project, re group Bible study in homes.

The meeting closed with the missionary benediction.

MRS. DUVALL IS HOSTESSS TO RIVERSIDE W. I.

Mrs. Margaret Duval acted as Convenor for the March meeting of Riverside Heights Women's Institute, with Mrs. Lyle Schwerdtfeger acting as hostess The topic chosen for this meeting was "Educational and Cultural Activities.

The Motto was "Children Need Models More Than They Critics" and the Roll Call asked the question, "Which is the more useful in bringing up a child--the school, the church or the home, and Why. Most members agreed that home played the biggest part, although the church and home also play an important role

Fourteen members and four visitors were in attendance.

Mrs. Lloyd Fisher thanked the members for cards and food sent while she was ill.

The Treasurer repo ted a balance of over $88 00.

Mrs. Gerald Erratt reported having sent 7 get-well cards, two gifts one Christmas card, one sympathy card, one baby card.

A letter was read from Morrisburg Hospital Auxiliary, asking for volunteer workers to help or do knitting for the hospital.

Members were asked to collect Dominion Store tapes, towards a coffee urn for the Womens Institue Hall.

The convenor, Mrs. M. Duval, introduced the speaker, Mrs. W. Adam, who gave an interesting story one the life and problems of a dark minister. Members were pleased to hear that many citizens of Morrisburg were involved in assisting this minister to solve some of his financial problems.

A lovely birthday cake was supplied at lunch time, to celebrate the March birthdays of Mrs. Jack Faulkner and Mrs. Graham Wells.

Mrs Lloyd Smirle was the winner of the draw, and Mrs. Gerald I ink was fortunate in winning the St. Patrick's draw.

Fix-It Tip

Place a piece of heavy aluminum foil between the seat cushion and the spring on each patio chair to prevent unsightly metal rust stain on the seat cushions. The foil works perfectly on the chaise lounge springs, too. Protect the outdoor pillows from rain and dew by removing the decorative cover, wrapping the inner pillows in heavy foil, sealing the edges tightly with a double fold, then putting the decorative cover back on.

MODEL HOME

Open House

HIGHWAY 31 — MORRISBURG

MARCH 25/73 1:30 TO 4:30

HILL'S MOBILE VILLAGE

BY APPOINTMENT - ANY TIME

$$ SAVE $$

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WEDNESDAY, FRIDAY, SATURDAY, 9 P.M. TO 1 A.M.

FULLY LICENSED DINING ROOM

The Churches

THE PRESBYTERIAN CHURCH IN CANADA
KNOX CHURCH, MORRISBURG
Rev. T. H. Boyd, B.Sc., B.D.
Mrs. J. DeGray, Organist

Sunday, March 25th, 1973—

MORNING WORSHIP, 11 a.m.

SUNDAY SCHOOL: Pre-School and Kindergarten Classes at 11:00 a.m. (during Church Service); all others at 9:45 a.m.

ST. LAWRENCE EVAN LUTHERAN PARISH

LENT III, March 25/73—

St. Paul's—
10:00 a.m.—The Service.
11:00 a.m.—Sunday School.

St. John's—
1:30 p.m.—The Service and Sunday School.

Everyone Always Welcome!

THE UNITED CHURCH OF CANADA
Lakeshore Drive Church
Morrisburg, Ontario
REV. G. BRUCE, B.A., Minister
Mrs. J. Graham,
Director of Music

Sunday, March 25th, 1973—

10:45 a.m.—Sunday School
11:00 a.m.—Morning Worship.

MASS HOURS AT ST. MARY'S CHURCH
MORRISBURG
SATURDAY — 7:30 P.M.
SUNDAY — 11:00 A.M.
IROQUOIS
ST. CECILIA'S CHURCH
SUNDAY — 9:30 A.M.

ST. JAMES ANGLICAN CHURCH
Rev. C.W. Earle, L.Th., Rector

LENT III, March 25/73—

St. James—
8:00 a.m.—Holy Communion.
9:45 a.m.—NO Sunday School.
11:00 a.m.—Family Service.

Wednesdays in Lent—
Holy Communion at 10:00 a.m. in the Chapel.

Holy Trinity—
9:30 a.m.—Holy Communion.

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THANKS YOU
FOR YOUR HELP

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12 OZ. MAALOX SUSPENSION
Sugg. Price 1.75
OUR PRICE **99¢**

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Sugg. Price 1.98
OUR PRICE **1.29**

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Newborn, Medium, Toddler
60^S 2.75

125 BUFFERIN TABLETS
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DAYTIME or OVERNIGHT
Over 11 Lbs.
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BABY POWDER
ECONOMY 14-OZ.
Sugg. Price 1.39
OUR PRICE **89¢**

100 ANACIN TABLETS
Sugg. Price 1.45
OUR PRICE **97¢**

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Sugg. Price 1.12
OUR PRICE **67¢**

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BRINSTON NATIVE, MRS. E. LOCKE, DIED IN CORNWALL HOSPITAL

Mrs. Ethel E. Locke, the former Ethel Elizabeth Strader, died at Cornwall General Hospital on March 9th, in her 84th year.

Born at Brinston she was a daughter of the late Mr. and Mrs. Henry Strader. In 1910 she married Ancil Locke, who predeceased her in 1962.

The late Mrs. Locke is survived by one son, Cecil, of Dixons Corners and one daughter, Mrs. Harold Boyd (Pauline) of Morrisburg one sister, Mrs. Wilfred Cooper (Velma), Brinston. One sister, (Gertie) predeceased her in 1960. She also leaves four grandchildren and nine great grandchildren.

She was a devout member of Brinston United Church.

The funeral service was held at Fairbourn's Funeral Home, Brinston, with Rev. James Stewart conducting the service on March 11 at 2.30 p.m.

Pall bearers were Stanley Waddell, Brooks Hanes, Walter Johnston, Pringle Murphy, Delmar Adams and George Watson.

Internment was at Spruce Haven Cemetery, Brinston.

GOOD FOOD VALUES

UTILITY GRADE — 6 TO 7 LBS. AVG.

Roasting Chickens

LB **48¢**

FRESH, TASTY, ECONOMICAL — POUND
BONELESS BEEF STEW - 1.09

BURNS' CAMPFIRE BRAND — 1-LB. PKG.
BREAKFAST BACON - - 93c

MAPLE LEAF OR BURNS' — 1-LB. PKG.
TASTY WIENERS - - - 69c

PURE PORK — POUND
SMALL SAUSAGE - - - 79c

BY THE PIECE — POUND
MAPLE LEAF BOLOGNA - 53c

SCHNEIDER'S — POUND
PORK RIBLETS - - - 63c

STOKELY FCY. CREAM CORN OR
HONEY POD PEAS
14-oz. tin – 4/1.00

FARMHOUSE FROZEN — 24-OZ.
Apple Pie - - 59c

DONALD DUCK CHILLED — 32-OZ.
Orange Juice - 49c

WESTON — 14-OZ. BOX
Wagon Wheels 49c

ARDMONA FANCY
PEACH SLICES
28-oz. tin – 2/88c

HABITANT RASPBERRY OR
STRAWBERRY JAM
9-oz. jar – 3/1.00

FREE DELIVERY ON ORDERS OVER $3.00
Rising costs make it necessary for us to place a 25c charge on all deliveries under $3.00. Orders over $3.00 will be DELIVERED FREE OF CHARGE. Deliveries are made twice daily, at approximately 10:30 and 4:00 o'clock.

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16-oz. pkg. – 45c

WHITE SWAN — 2-PACK
Toilet Tissue - 29c

LIQUID DETERGENT — 24-OZ. SIZE
Mir - - - 2/69c

CUT-RITE — 100' ROLL
Wax Paper - - 37c

CATELLI MACARONI OR
SPAGHETTI
16-oz. pkg. – 23c

FLORIDA NO. 1 — SWEET, JUICY — LARGE SIZE 48s
GRAPEFRUIT - - 10 FOR 99¢

CALIFORNIA SUNKIST — SIZE 180s
ORANGES
2 DOZ. - 89¢

FRESH IMPORTED NO. 1 GREEN
CABBAGE
POUND - 17¢

CELLO-FRESH, CRISP
CARROTS
3 LB. BAG - 35¢

ALL VALUES EFFECTIVE TILL SATURDAY, MARCH 24th, 1973
FREE DELIVERY PHONE 543-3131

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Training-On-The-Job enables you to earn full wages while you learn new skills. — Contact your Canada Manpower Centre Now regarding openings in the Morrisburg area in the following:

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- ☐ BACKHOE OPERATORS
- ☐ RESTAURANT HOSTESSES

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by MARJORIE WINSLOW
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- ☐ PERCOLATORS
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INCOME TAX TIPS

Q Is it correct, there was no change for the 1972 taxation year in the rules for calculating personal exemptions for supporting wholly dependent children?

A That is not quite correct. Prior to 1972, if a child's net income exceeded $950, that child would not usually qualify as a dependant for income tax purposes. For 1972 and subsequent years, that income limitation has been changed.

Q In what way has the income limitation changed?

A Perhaps the simplest way to explain the new rule is to deal with wholly dependent children under 16 years of age first, then with children 16 years of age or over at the end of the year. If a dependent child is under 16 years of age, the personal exemption allowable is $300 provided the child's net income for the year is not more than $1,000 However, if the child's net income is more than $1,000, but not more than $1,600, the exemption of $300 must be reduced by one-half of the child's net income over $1,000. If a child's net income for the year is greater than $1,600, the child is not qualified as a dependant.

Q How about the exemption for a child who was 16 years of age or older at the end of a taxation year?

A If the net income of the child for the year is not more than $1,050, the allowable personal exemption is $550. Where the net income of the dependent child is over $1,050, but not over $1,600, the exemption of $550 must be reduced by the amount of the child's net income over $1,050. If the child's net income exceeds $1,600, once again that child is not a dependant for income tax purposes.

Q I am a widow supporting a 16-year-old son who is in receipt of an orphan's benefit as well as other pension benefits totaling $400 for the year. I understand that I can no longer claim the full equivalent of married exemption. Is this correct?

A Yes. Commencing in 1972 if the dependent person's income is in excess of $250 then the full exemption cannot be claimed. Your married equivalent exemption will be $1,200 ($1,600 less $400) and not $1,350.

Q I am supporting a common-law wife and our child in a self-contained domestic establishment where I also reside. Last year I claimed equivalent married exemption for the support of my four-year-old daughter and was allowed an additional $300 exemption in that my common-law wife was regarded as a full-time housekeeper. Is the claim the same for 1972, and if not, can I deduct baby-sitting fees as an unmarried man who is supporting a child?

A The answer is "no" to both questions. With the new deduction of "Child Care" expenses, the allowance for a full-time housekeeper was discontinued. There is no deduction for child care expenses. In a situation where a child of a woman and a man who were living together without being married to each other, the child is assumed to be in the custody of the woman.

Q I am divorced and am supporting an 18-year-old daughter who is attending university. She resides in my domestic establishment only during vacation time. She had no income during the year. Can I claim equivalent married exemption even though she does not reside with me during the whole of the year?

A Yes. A dependent child who is attending school or university will be considered as having been supported in your self-contained domestic establishment.



HEALTH FOR ALL

Phasing Out Open Dumps

Open dumps are getting closed. But not fast enough.

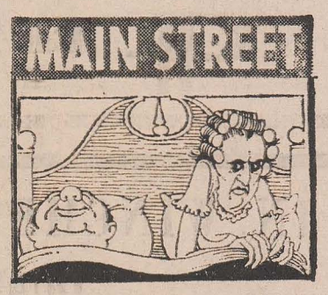
In 1970, 11.2 million tons of pollutants were spewed into the air by burning solid waste. Much of the burning took place in open dumps. The dumps not only defile the air and blight the landscape but also create breeding grounds for rats and disease.

Our society has developed the most sophisticated technology in history to produce a cornucopia spilling over with consumer goodies. But it has in no way coped with the problem of disposing of these goods. In thousands of American communities, the most primitive and unsanitary means of disposal — the open dump — is still burning away.

We are a nation of throwaways. Into the gargantuan trash heap every year go 71 billion cans, 7 million TV sets, 7 million cars and trucks, and 35 million tons of paper. Many throwaways defie destruction by natural processes. Waste is overwhelming us.

Mission 5000 sounds like another James Bond extravaganza. Actually, it is a nationwide citizen project to close up 5000 open dumps. Launched in 1970, it represents a combined attack on environmental pollution by local, state, and federal government agencies with scores of civic and conservation groups — including the National Tuberculosis and Respiratory Disease Association. Within the first two years the citizen groups have rubbed out 1600 dumps. Hundreds more are scheduled for early replacement.

How do you replace an open dump? With sanitary landfills. By recycling and reusing second-hand materials. By energy recovery — burning solid wastes to produce heat or power. Finding alternatives to open dumping means work Find out what you can do. Contact your local tuberculosis and respiratory disease association. It's a matter of life and breath.



Never let the sun go down on a squall with the frau—she'll spend the night dreaming up a whole new argument.

A SUGGESTION FOR ALL TAXPAYERS

Some taxpayers are having difficulty calculating Unemployment Insurance overpayments. This calculation should be entered at the top of page 3 of the Individual Tax Return.

The following is submitted to help all taxpayers in this matter.

Unemployment Insurance

Under the Unemployment Insurance Act 1971, National Revenue, Taxation has the responsibility for collecting Unemployment Insurance premiums.

Affected by the Income Tax Act are taxpayers paying Unemployment Insurance premiums and those receiving Unemployment Insurance benefits. Taxpayers can deduct from their income the value of their Unemployment Insurance premiums less any amount they may have overpaid. In addition, the new return enables them to claim this overpayment as a refund. Unemployment Insurance benefits paid to individuals are noted on the T4U slips provided by the Unemployment Insurance Commission. Taxpayers are required, by law, to declare all benefits received.

As of January 1972, most taxpayers under 70 years of age are required to contribute. As in the past, most self employed taxpayers are not.

Minimum and Maximum Insurable Earnings

The amount each employee must pay varies according to his earnings and his province of residence. There are maximum and minimum insurable earnings on which premiums are payable in each pay period. For example, the maximum insurable **weekly** earnings for 1972 is set at $150 for insured persons in Quebec. The minimum is set at $30 **or** 20 times the minimum hourly wage in the province (the least of these two).

Employees' Premiums

Required premiums are determined each year by the Unemployment Insurance Commission according to a fixed percentage of insurable earnings.

For 1972, persons already paying Unemployment Insurance premiums must pay the regular premium rate of .9 per cent of their insurable earnings. (90 cents per $100).

Most employees, employed in insurable employment in 1972 that was not insurable employment prior to 1972 paid a reduced premium. The reduced premium has been established at 40 per cent of the regular rate for 1972, 60 percent for 1973 and 80 per cent for 1974. For 1972, the reduced premium was 36 cents per $100 of insurable earnings.

The Responsibility of Employers

The Unemployment Insurance Commission has also established an employer's premium. This has been fixed at 1.4 times the employee's premium.

It is the employer who collects Unemployment Insurance premiums and remits them to National Revenue, Taxation. He should also record all information concerning insurable earnings and premiums on the T4 slip of his employe

MINISTRY OF NATURAL RESOURCES—

Weekly Report

Keep going until there's a sudden CRACKING sound, followed immediately by a damp let-down feeling. That's the way too many people, especially snowmobilers and children at play, discover that the ice on rivers and lakes is not thick enough to support them.

It's known as "the bad method"

The Ontario Safety League reports that between November and February 15, this year 37 people died in snowmobile accidents. 17, or almost 50 per cent of these, were drowning victims. Across the country last year the Canada Safety Council recorded 15 drowning accidents involving snowmobiles. Twenty-four people died. Sixty per cent of those accidents occurred at night.

Figures aren't kept on the number of other people who die after breaking through thin ice, but there's a gloomy guarantee that we'll hear of at least one such incident, usually occurring about this time of year.

Of course, it doesn't have to happen. The safest rule might be, "When in doubt, don't go out". — However, if it's necessary to cross a frozen waterway you might ask those living nearby about conditions. If they use the ice themselves, they should be aware of how safe it is.

Beware of crossing rivers and lakes near their outlets and inlets where a fast flow of water under the ice may have stopped freezing to a good thickness. Also, during alternating mild and cold spells, ice can't be trusted to support much weight since temperature change has weakened its structure and warm water has eaten away underneath.

There is a rough table of ice thickness which gives an idea how much weight can be taken safely, but the ice must be CLEAR AND BLUE for it to have any degree of accuracy.

Ice two inches thick will support one person on foot. If it is less than two inches, STAY OFF. Three inch thick ice will support a group of people, but they must walk in single file with a moderate distance between.

For safe support of cars and snowmobiles or two-ton trucks gross, the ice covering on lakes or rivers must be 7½" in thickness.

All pike and pickerel in Division 9 of Eastern Ontario wiuld like to notify anglers they will be unavailable on April Fool's Day. The season closes April 1 in this section and will re-open May 12. Fishing for pike and pickerel in Division 10 (Leeds County and Lanark County, except for Lavant, Darling and Pakenham township) has been closed since the first of this month It, too, will re-open May 12. For more information contact your local Minister of Natural Resources Office for a copy of "Ontario Fishing 1973 '.

Dogs and Deer

Mother Nature is doing her best to assist the deer. Give her a helping hand by controlling your dog and by keeping it at home.

With temperatures in the high 50's the snow has melted considerably. The creeks and ponds are filling up with water, thus giving the deer excellent escape routes.



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CARE



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Providing nutritious food for school children and pre-schoolers, health services for the sick and handicapped, facilities and equipment for basic schooling and technical training, tools and equipment for community endeavours. Your support of CARE makes such things possible for millions of individuals around the world.

One dollar per person each year would do it!

The 2nd FORTY

Acting-Up Daughter

Dear Margaret Brookfield:

My 17 year-old daughter, who's in her last year of high school, has always been a quiet, well-behaved girl. Lately, however, she has been acting up. Then, the other day, she told me she's taking birth control pills. That information really threw me. In my generation, sex before marriage was something most girls never even thought about. I feel I should punish my daughter in some way. I'd appreciate your advice in this matter.

O.D.

Dear O.D.:

Although the life styles of mothers and daughters differ today in many ways, teen-age girls continue to need parental guidance, as they have in the past. Perhaps that's why your daughter told you in the first place that she was taking the pill. She might be trying to communicate something to you. She could be making a bid for your attention. (Maybe she wants you to be more involved with her than you have been.) She could be asking indirectly for your advice. (She might want you to help her set some limits for herself.) In any event, she's certainly trying to tell you something. Punishing her under these conditions would only make her more rebellious. Instead, you might attempt to learn what she's actually feeling and thinking. You should try to discuss the entire matter with her in as realistic and non-emotional a way, as possible. If it's a cry for help, punishment is certainly not the answer.

Alcoholic Husband

Dear Margaret Brookfield:

Although I've been married a long, long time, my life has been sorrowful and lonely. My husband is an alcoholic—a very bad one. He never works and is nearly always away from home, either drinking on skid row, in jail or in the hospital. I cannot live with this humiliation any longer. I've known the torment of so many sleepless nights that my nerves are completely shot. Yet I still have to get up at 5 in the morning to go to work. It's just too much for any one person to take. I see getting a divorce as the only solution, but would appreciate any help I can get.

N.J.

Dear N.J.:

The members of an alcoholic's family, over the years, often become helpless bystanders — unable to assist him or themselves. Recently, however, many such family members have banded together to form auxiliary groups of Alcoholics Anonymous, known as Al-Anon. They're then able to share their experiences and to gain strength from knowing that others are facing similar problems too. You yourself might look into the possibilities of joining an Al-Anon group. Why not call your local Alcoholics Anonymous organization to see if there's one near you? If you could talk with others in the same boat, you might find it easier to sort out your feelings about your husband and yourself.

Give to Easter Seals.



See what your dollars can do.



TODAY'S CHILD

BY HELEN ALLEN

THE TORONTO SUN SYNDICATE

The alert, eager expression is typical of Gary. This 11-year-old is inquisitive and energetic, always keen to try new experiences.

Scottish in descent, Gary is slightly built with dark hair, brown eyes and medium complexion. His health is good.

Gary was born with club feet which were corrected by surgery. He wears orthopedic shoes but has no problems walking or running. His glasses are because of a long-past eye infection and his colour perception is not quite accurate. This is a minor problem and does not affect everyday activities.

Gary is not a great scholar but is doing moderately well in Grade five. His main interests are outside of school. Full of energy, Gary likes to be on the go. He is fond of sports, either to play or on television.

Gary is fascinated by cars and thinks he would like to try drag racing. Since he is interested in farm animals he would like to live in the country.

The ideal family for Gary would be parents in the 35 to 40 range and a few brothers and sisters, including a boy just a little older. He especially needs a father to share his life.

Gary will be a fine son for parents who are able to be patient and understanding while he learns that with them, he has finally found a home.

To inquire about adopting Gary, please write to Today's Child, Box 888 Station K, Toronto M4P 2H2. For general adoption information, please contact your local Children's Aid Society.



HE LIKES FARM LIFE

NOW HEAR THIS

CBC STAGE on Saturday, March 24, on the CBC Radio network presents the first of a two part production of Thomas Hardy's famed novel, Jude The Obscure. The story of a poor boy who seeks a better life, social standing and love has been dramatized for radio by Laura Common. In the title role as Jude Fawley is Chris Wiggins, with Anne Butler as Arabella and Nonnie Griffin as Sue. Part II will be broadcast the following Saturday, March 31.

At this time when the annual and controversial seal hunt is actually taking place in the Gulf of St. Lawrence, THE BUSH AND THE SALON on Saturday, March 24 presents a repeat of 'The Greatest Hunt in the World' by George Allan England, adapted for radio by David Fulton. This production is a semi-dramatic account of the Newfoundland seal hunt, vividly recreating the dangers and adventures that took place on the high seas during the 1922 hunt. Gordon Pinsent plays the title role of Edwin Tucker, with Levi Butts as the preacher. Also in the cast are E. P. (Ted) Henley, Jon Granik, Hugh Webster, Murray Westgate, Leslie Yeo, and Warren Wilson.

The final program of REMEMBER WHEN? on CBC's Radio's AM network (the series on the CBC's FM network) feature's Met Opera Stars of the 40s. The great voices of Lily Pons, Lauritz Melchior, Rise Stevens, Ezio Pinza, Helen Traubel and others are heard in some of their great roles and recall one of the golden decades of North America's most famous opera company.

SUNDAY THEATRE March 25 features 'Come True', a sentimental story by Mazo De La Roche in which the author tells us that dreams are not the sole prerogative of the young in years . . . but that in fact, the old, whose future was yesterday, can still indulge in dreams.

On Monday, March 26, BETWEEN OURSELVES looks at a new political movement in New Brunswick. What is an Acadian? What is the Party-Acadian? . . . using the voices, the music and the self-analysis of New Brunswick Acadians, 'An Acadian Party', asks these and many more questions about what has been described by some as '. . . the poor cousin' of the Parti-Quebecois.

CBC TUESDAY NIGHT presents a unique production of three Greek tragedies adapted for radio as one, continuous, three-act play. 'The House of Atreus' is the original title resulting from the adaptation and translation of the original tragedies by John Reeves The plays are based on a bloody curse placed on the descendents of Atreus (for usurping the throne of Argos) and it tells the story of the events.

The Valley Sportsman

Spring is just around the corner and it looks as though the outdoorsman will have a real good year ahead of him. All reports point to a better than average year for the fisherman, while the camper will have more park area to camp in. The hunter has only two animals to hunt: Robbit until the last of March, and then groundhog through the summer. This is where the hunter makes his mistake.

In the off season, he should widen his sport to include competition. Some will say they are not good enough, but C.I.L. has a Sporting Rifle Program that any group of men can have fun with. Some hunters in my area have started a small club, and are now beginning the C.I.L. program. Any one can set up a competition group. All you need is five or six men with .22s and you're on your way to some fun. Also for the deer hunter, the new benchrest shooting should be your bag. Get in touch with Ray Thomas, c/o Ray's Gun Shop, Stittsville, Ontario. Ray is a member of the club that is hosting the World Championships this year. A first time event in Canada. Ray has a list of requirements for benchrest shooting and would be more than happy to send you the info. There are several competitions for people just starting and again, everyone is invited to join.

Fishing this winter has been real good. I've seen some nice catches of lake trout in the last two weeks, and they certainly seem to be more plentiful than last year. As far as that goes, all the trout are biting exceptionally well. This may be year all fishermen have been waiting for!

I heard a funny story the other day from a friend in the radio business. Now it isn't a funny, funny story, but it is funny as far as the outlook in the big city of Toronto is concerned. It seems a major manufacturer of snowmobile oil thinks winter is over once the snow around Toronto is gone. They cancel their advertising because the snowmobile season is over. Well a quick call to Toronto straightened things out and they now know there is lots of winter left after the snow has left the big city. I guess they get better ad men from the country.

Notes, letters and comments are welcomed by the Valley Sportsman, Box 292, Smiths Falls.

SMITH'S PHOTO STUDIO
62 Kyle Drive
MORRISBURG
Phone: 543-2873

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PLANNIN' A NEW COTTAGE
PLANNIN' A RENOVATION
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ADELAIDE DANIELS SAYS



WHY PROCRASTINATE?

What's your excuse for putting off losing weight? Some perpetual procrastinators — who come up with the most ingenious excuses — often claim it it too expensive to eat wisely!

I see their point, but only in part. Sure, spaghetti is cheaper per portion than spinach, muffins are cheaper than melon, and everyone knows sausages cost less than steak. But let's make up a shopping list of all the items you would need to get your family eating wisely, and you will see your sane shopping list is well-balanced nutritionally without breaking your household buget.

Eggs. Cheese. Milk. All necessary food protein.

Bread. Whole grain cereals.

Fruit and Vegetables — plenty of them. We are fortunate here in Canada to have a marvellous selection of fruits and vegetables to enjoy year round, so enjoy.

Meat and fish. Here again a wide variety is available to the Canadian shopper, and the weight conscious shopper can also be wise by limiting the size of portions served, but certainly not excluding any of this excellent protein available to us. Protein is so necessary for growth and health, glowing skin and healthy hair.

Seasonings: These are very important to zap up foods, to bring a little excitement into the routine without any extra calories. Seasonings include vinegars, bouillons, garlic, unsweetened lemon and lime juice, mustard, onion flakes, soy and worcestershire sauces, herbs and spices. The list goes on and on.

The canny shopper knows that a cupboard of canned goods helps her out in any emergency, and is the basis of so many excellent meals "pulled out of a hat". With this in mind, I suggest you add to your shopping list cans of tuna, salmon, shrimp. Also, cans of bean sprouts for these can be used instead of "starchy" foods to make delicious "slim" casseroles.

As you will gather, your new approach to eating combines sensible selection in the grocery store and supermarket and some exciting experimenting in the kitchen. If you are not the experimental type, there are good cookbooks available which stress the use of ingredients I have given you, rather than using starches which are the basis of our traditional "fat" cooking.

That's your shopping list to get started on your way to a lithesome, lively Spring. How many of the items are expensive? I can't see that many of them rate as "luxury" items, rather I see them as "necessary" items — necessary to the health of you and your family and necessary for enjoyment in your cooking and eating. For once you find enjoyment in your new approach to eating you are well established in the sensible eating habits that will last you a lifetime.

Happy shopping!

Adelaide Daniels, creator of the Canadian Family Meal Plan for Weight Watchers and author of Adelaide Daniels Weight Watching Cookery.



CITY Carpets IS AT IT AGAIN

WE'RE OFFERING YOU FANTASTIC SAVINGS ON

First Quality CARPETING

- HERE'S JUST ONE EXAMPLE

40 SQUARE YARDS
COMPLETELY INSTALLED — WITH PAD
FROM ONLY — — —
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UNBELIEVABLE? — YES! —But remember this is a limited time offer, so H U R R Y!

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for complete Shop-at-Home Service or visit our store at 533 Pitt St., Cornwall, Ontario

Imagine! 40 SQ. YDS. INSTALLED FROM ONLY 219.95

CALL NOW - 932-5105

Put WANT ADS to work for you

CARDS OF THANKS

I would like to thank all my friends and neighbours for the cards and letters I received during my stay in the Winchester Memorial Hospital and since returning home. A special thanks to Dr. Chande and Dr. Diemert, and the nursing staff on the first floor. Also a special thanks to Rev. G. Bruce and Rev. MacDonald.

FRED DeGROOT.

12p.

A sincere "Thank You" to all those who visited me, sent cards, flowers, gifts and treats while I was a patient in Winchester District Memorial Hospital. Special thanks to Dr. Haythornthwaite, Dr. D. Justus, the nursing staff on 1st floor, Rev. D.L. Gordon and Rev. G. Bruce. All acts of kindness shown me while a patient in hospital and since returning home will long be remembered.

JEAN McINTOSH.

12c.

My sincere thanks to my neighbours, friends, relatives, for cards calls, I.O.O.F. for flowers, the nurses and staff of 1st floor while I was a patient in District Memorial Hospital. Special thanks to Dr. Chande and Mrs. Locke of Morrisburg. Rev. D. L. Gordon, my pastor being away at that time, The V.O.N. Mrs. Clapp and Mrs. Rose calling at the house since I have returned home. I do appreciate it.

LARRY SCHELL.

I would like to take this means of thanking all the friends who visited me, for their gifts, plants, flowers, cards, letters and their many kindnesses while I was a patient in the Winchester District Hospital. I wish to thank the Medical and Hospital staff for their care and kindness. Thanks to the clergy for their visits and prayers. I am being moved to Glen-Stor-Dun Lodge, where I will be glad to have you come to see me.

(MRS.)
LILLIAN M. CASSELMAN.

I wish to sincerely thank everyone who expressed their concern while I was a patient in Winchester Hospital and the Kingston General. The gifts and cards I have received are greatly appreciated. I sincerely thank Dr. Houze, Dr. Domanko and the nurses of the children's ward at Winchester. A special thank you to T. Hugh Jarvis and to all those who may have thought of me in prayer. A special thank you to Dr. Dinsdale, Dr. Vannest and their associates, and to the nurses and staff in Connel of Kingston General Hospital. A special thank you to those who looked after me in Connel 905. May God bless all of you.

Sincerely,
TOMMY TINDAL

12c.

We wish to thank everyone who have expressed their concern for our son and brother during his illness. We sincerely thank Dr. Houze, Dr. Domanko, and the nurses at Winchester who cared for him. A special thank you to Hugh Jarvis and to all who may have thought of Tommy in their prayers, and to those who thought of him with calls, gifts and cards. A special thank you to Dr. Dinsdale, Dr. Vannest and their associates and to the nurses and staff in Connel of Kingston General Hospital; especially those who attended Tommy in Connel 905. May God bless you and yours.

ADRIAN AND JANIS TINDAL
and SISTER, PAM.

12c.

TO RENT

APARTMENT FOR RENT. High St., Morrisburg, Ont. Available April 1st.
PHONE 543-2681.

12c.

CRAFT HOUSE

IROQUOIS SHOPPING PLAZA

Books on hand: Nunaga, by D. Pryde $1.95; Wheel, by A. Hailey $1.75; Poseidon Adventure $1.25; Guiness Book of Records $1.50; The Hindenburg $1.95; Historical Atlas of S. D. & G. $12.50; Dundas by James Croil $10.00; Up The Front (Morrisburg) $3.95; History of Cardinal $3.00; Back issues of National Geographic Magazine bought and sold.

Between The Bank of Montreal and The Iroquois Post

OPEN HOURS:— Mon. thru Sat. 9—6; Sun. 1—5; Friday Evening till 9:00.

TELEPHONE 652-2177

NOTICE

HAL'S BARBER SHOP
WILL BE CLOSED FROM
MARCH 23rd TILL APRIL 2nd

11-12c.

FOR SALE

A QUANTITY OF GOOD QUALITY Baled Straw stored in barn Recleaned Timothy Seed; A small amount of Red Clover Seed.
MILTON T. BARKLEY,
Phone 652-4178.

12p.

DODGE DART G.T. 2-Dr. Hardtop V8. Vinyl Roof. Good condition.
PHONE 543-2477.

12c.

1 LLOYD BABY PRAM. Like new
PHONE 543-2477.

12c.

CHROME SET. Table and Four Chairs. Call after 6 p.m.
PHONE 543-3202

12p.

1 GIRL'S, 1 BOY'S 25" FRAME Bicycles.
PHONE 543-2855.

12c.

TYPEWRITERS: Manual Remington, Underwood, Royal. From $20.00 to $50.00.
PHONE 543-2818.

11-14p.

VACUUM CLEANERS and FLOOR Polishers. Will demonstrate in your home.
RALPH COULTHART,
Morrisburg, Ontario.

4-6p.

NOTICE

I have taken over the FULLER BRUSH AGENCY for this area and will accept telephone orders at my home. Thank you.
WALTER HALL,
Morrisburg, R. R. 1.
Phone 543-2395.

11-14p.

RADIO & TV REPAIRS

PROMPT, EFFICIENT SERVICE with Modern Equipment.
EDDIE SEYMOUR,
67 Ottawa St., Morrisburg,
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ATTEND THE CHURCH OF YOUR CHOICE THIS SUNDAY!

COMING EVENTS

FASHION SHOW
EDIE'S HOUSE OF FASHIONS
presents
SPRING FASHIONS
sponsored by
KNOX WOMEN'S CLUB
Civic Centre, Morrisburg
APRIL 4th, 1973 — 8 P.M.
Refreshments and Door Prizes

12-13c.

BRIDGE & EUCHRE PARTY

Sponsored by the Morrisburg Chapter, O.E.S., on Wednesday March 28th at 8 p.m. at the Temple on St. Lawrence St. Admission 75c.

11-12c

NOTICE

TO
ALL ORGANIZATIONS OR INDIVIDUALS
interested in
"OLD HOME WEEK '73"

The First Meeting will be held in the Civic Centre on Tuesday evening, April 3rd, at 8:00 p.m.

Bob Mattice
Chairman

Les Cruickshank
Co-Chairman.

STORY OF DUNDAS

BY
J. SMYTH CARTER
REPRINT EDITION
$15.00
CRAFT HOUSE
IROQUOIS - 652-2177

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IROQUOIS — Colorlock Aluminum Siding Duplex, aluminum window frames; hardwood and tiled floors. O.F.A. furnace. Each apartment has two bedrooms, good kitchen, large livingroom and bathroom. Taxes approx. $220. Asking $6,000 down.

MORRISBURG AREA — Immaculately clean 6 room Bungalow, slab foundation, O.H.A. furnace. Family room with bar. Living room has fireplace. Taxes approx. $125. Immediate possession. Offers invited.

MORRISBURG — Attractive, well built Brick Bungalow with a beautiful large livingroom with fireplace. Oil hot water heating. Hardwood and wall to wall carpeted floors. Excellent location.

MORRISBURG — Central location. Excellent family home, 4 bedrooms. Recreation room, fuel fireplace. Den. 1½ bathrooms. Gas hot air furnace. TV Tower. Garage. Large lot — 83' x 120'.

SALESMEN:

John Allison	**543-2989**
Alton Bolton	**543-2602**
Harold Fisher	**543-2213**
Bill Marshall	**543-3200**

DEADLINE FOR CLASSIFIEDS IS TUESDAY NOON IN THE LEADER

BOTTLE DRIVE

The Boy Scouts will conduct a Bottle Drive on Saturday, March 24th, starting at 9:00 a.m.

12p.

LENTEN SUPPERS

A series of Lenten Suppers will be held in St. James Hall at 6:00 p.m. on March 28th, April 4th and April 11th. Menu includes meat loaf etc., casseroles, salads, dessert, pie etc. Admission is $1.50 for adults, $1.00 for children.

11-4c.

CRAFT HOUSE
In the Iroquois Shopping Plaza
OPEN HOUSE
FRI., SAT., SUN., MON.,
APRIL 6 — 7 — 8 — 9
Demonstrations of:
☐ **WOOD CARVING**
☐ **SPINNING**
☐ **WEAVING**
☐ **MACRAME**

7-13c.

BINGO AT ST. MARY'S

Every Tuesday at 8:00 p.m. in the Hall of Old St. Mary's Church, St. Lawrence St., Morrisburg. Fifteen regular games; 4 share the wealth games; $100.00 4-way Jack pot game. Winner-take-all game.

TENDERS ON DRAIN

TOWNSHIP OF WILLIAMSBURG

Sealed tenders, plainly marked as to contents, will be received by the undersigned, up to 12:00 noon on the 7th day of April, 1973, for the improvement of the Allison Drain.

Plans and specifications may be obtained at the office of the Engineer, Stidwell & Associates Ltd., 107 Sydney St., Cornwall, Ontario.

A certified cheque in the amount of 10% of the tender price must accompany each tender.

Lowest or any tender not necessarily accepted.

(Signed),
KEITH SCHELL, Clerk,
Williamsburg, Ontario.

12-13c.

ANNUAL MEETING

WINCHESTER DISTRICT
MEMORIAL HOSPITAL
MAIN CONFERENCE ROOM
TUESDAY, APRIL 3
1973, AT 8:00 P.M.
BUSINESS

To Elect Governors, to Receive and Adopt the Financial Statement, and to Consider and Transact Such Other Business as may be Brought Before the Meeting.

Attention is drawn to the fact that any person of twenty-one years of age, or older, residing within the recognized hospital area, is a member of the Corporation and entitled to attend this meeting and vote thereat.

If for any reason, a quorum of 20 members is not present, the Hospital By-Laws provide that this meeting will stand adjourned until a day within two weeks to be determined by the Board.

H. P. STEL,
Secretary,
WINCHESTER DISTRICT
MEMORIAL HOSPITAL

Dated at Winchester, Ontario, this 5th day of March, 1973.

12-13c.

WANTED TO RENT

WANT TO RENT 2 BEDROOM Bungalow or 2 bedroom Apartment in area of Morrisburg, Iroquois, Cardinal or Ingleside for April 1st or May 1st. Phone Collect:
1-824-6620.

11-14p.

WANTED TO RENT

3-BEDROOM HOUSE OR APARTMENT. 2 adults, 1 child. Modern facilities. Contact interested party at the following number.
PHONE 543-3167.

10-11p.

MORTGAGE MONEY

$1,600 to $10,000 or More

—Up to 15 year amortization
—No hidden charges
—No bonus
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Cornwall, Ontario
For appointment call
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or
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Prescott, Ontario
MR. J. EMOND
925-4211

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Phone 774-2606 or write:
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WINCHESTER ONT.

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COUNTRY STYLE PORK ROAST
Lb. 89c
FRESH FILLETS
5 Lbs 2.79
LAMB CHOPS
Lb. 85c
RIB STEAKS
Lb. 99c
COUNTRY STYLE STEAK
Lb. 89c
FRESH CUT-UP CHICKEN
Lb. 55c
FARMER'S BUTTER
Lb. 69c

IN STOCK
WELL AGED STEER BEEF
Sides 83c
Hinds 98c
Fronts 69c
Cut and Wrapped for Freezer

Open Hours:
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Sat. - 8:00 a.m. to 6:00 p.m.
Until Further Notice

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DUNBAR, ONTARIO
12 Miles North of Morrisburg
5 M. North-East of Williamsburg
½ Mile West of Dunbar

Give Blood
CALL YOUR RED CROSS

Happy Homemaking

By BARBARA BAKER

When breading meat, first fry a short time in oil. Then dip in flour, egg and crumbs and continue frying.

* * *

Use empty milk cartons to freeze individual servings of fruit. Place several layers of wax paper between servings.

* * *

If you want to keep gravy free from lumps, add a pinch of sugar.

Freeze leftover hash in cupcake cups for future hurry-up meals. Peel off paper wrapper and pop into the oven with potatoes and a vegetable.

* * *

To keep pie filling juices from penetrating the undercrust, mix two tablespoons of sugar and two tablespoons of flour together. Sprinkle this mixture over the bottom crust before pouring in the filling.

NEW LINENS

PERMANENT PRESS TABLE CLOTHS
VINYL PLACE MATS
IN FLORAL AND PLAIN COLOURS

A DISCOUNT OF 25%

ON ALL

LADIES' HANDBAGS

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GUARANTEED, REGISTERED AND INSURED

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MORRISBURG **PHONE 543-3132**
NEW STORE HOURS:
MON., TUES., THURS., SAT. — 9:00 A.M. TO 5:00 P.M.
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On all needed Repairs to Watches, Clocks, Jewellery, etc. Rings sized to fit you properly. Replating done also on the premises. We can engrave your Name or Initials on your Trophies, Silverware, etc. Just Try Us!!

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