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The Morrisburg Leader

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CROSS COUNTRY TRAILS AT CRYSLER



With co-operation from the weatherman, the Parks Commission's Winter Recreational Program for cross-country skiing, snowmobiling and tobaganning will be underway by mid-January.

A 3 mile marked and groomed cross-country ski trail in the Crysler Maple Sugar Bush will offer a new enjoyment opportunity for family Winter recreation and will complement the existing 7 miles of maintained snowmobile trails in that area.

Skiing trails are identified with indigenous birds and those for snowmobiles with animals. Skiers can now enjoy the Blue Jay, Cardinal or Grosbeak Trails, while snowmobilers glide along the Wolf's Lair or Red Fox. The trails will be groomed and clearly marked with appropriate coloured signing and will be patrolled.

All Commission parklands will be open for snowmobiling and other Winter activities except those restricted areas which will be posted.

Toboggan runs at the Long Sault Parkway on Milles Roches Island and Woodland's Park, as well as at Brown's Bay picnic area are already used extensively and snowmobiles are prohibited in these areas as well as on marked Nature Tails and ski trails.

In the 1,800 acres of bushland north of Brown's Bay Park on the 1,000 Islands Parkway, a 12 mile snowmobile trail (Deer Run) will be marked and patrolled.

This year, for the first time, the Upper Canada Restaurant at Crysler Park will be open to serve the public on weekends commencing January 12, 1974. Service will include hot drinks and light snacks and the restrooms will be open.

It is the hope of the Commission that the public will enjoy these recreational facilities which will be expanded and improved in future years.

Chamber to Sponsor Carnival Queen Contest

The Morrisburg Chamber of Commerce will again sponsor the Carnival Queen contest in connection with Morrisburg's Winter Carnival. This was announced at a directors' meeting on Tuesday morning.

The judging, by five judges, will take place on Sunday afternoon, Feb. 10 at the Civic Centre. In the evening the contestants and judges will be guests of the Chamber at the Morrisburg Figure Skating Club's ice carnival at the Community Centre where the queen will be crowned by Reeve Earl Baker at intermission time.

This year contestants are to be sponsored by local business firms, organizations, stores, industries or private citizens. An entry form will appear in the next issues of The Leader. As in other years the contestants will be judged mainly on poise, personality, participation in community and/or school events, hobbies, etc. Any girl between the ages of 15 and 21 may enter, including last year's participants.

Mrs. E. Sprague, president, reported that "Santa's Visit" to Morrisburg was very successful under the direction of Steve Casselman, chairman, also the Christmas music supplied by J. Thompson Hardware was a successful venture.

A general meeting for the entire membership will be held on Tuesday January 29th at 8 p.m. in the Civic Centre when Ross Hummell will show slides of the old town being moved at the time of the Seaway project. As it is felt that this topic will be of wide local interest, all residents of Morrisburg and area are invited to attend. Particulars will be announced in the Coming Events at a water date.

OPEN BONSPIEL IS FUN EVENT AT WINTER CARNIVAL

The second annual Morrisburg Winter Carnival Curling Bonspiel will be held during the Carnival Week from Tuesday, February 12 through Friday, February 15.

Once again everyone in the area (Timbuctoo not excluded) is invited to enjoy mixed curling for this bonspiel. It doesn't matter whether you have ever curled before. The teams will be selected such that there is not more than one never-curled-before curler on each team. Mixed curling in this bonspiel will be fun not only to play but to watch and all are invited to participate. The entry fee is 50c per person and you can sign up either at the Morrisburg Curling Club or by calling S. Hope at 543-2938.

The playdowns will commence at 7:00 p.m. on Tuesday and Wednesday and at 9:00 p.m. on each day there will be another series of playdowns. Each participant will play only one game in the playdowns; the top two teams from each night will be engaged in semif-inal matches at 8:00 p.m. on Thursday. Then on Friday at 8:00 p.m. the finals will take place and the new winners of the Morrisburg Winter Carnival Curling Bonspiel will be crowned with prizes awarded to them and the runners up.

It looks like an enjoyable four days of curling, so why not participate?

FORMER RESIDENT PASSES SUDDENLY AT ROCHESTER

Death of Cynthia Blanche Weston occurred at her home in Rochester on Jan. 7, 1974. Her late husband Claud E. Searcy died in Rochester in May 1967.

She was the daughter of the late Mr. and Mrs. John Weston, attended the Morrisburg Public School, and the Morrisburg Collegiate.

Blanche and her twin sister Betty graduated from the Montreal General Hospital in 1941. After graduation she went to Rochester to follow her profession as a nurse

She is survived by a daughter Jane (Mrs. Steve Weibert) of Chicago, Illinois, and a small granddaughter Cynthia Weibert.

She is also survived by her three sisters: Betty (Mrs. Carl Johnson) of Miami, Florida; Ruth (Mrs. C. Stephens) of Weston, Ontario and Helen, (Mrs. Duncan Cooper) of Cobourg.

Funeral services in Rochester on Jan. 10, 1974. Interment in the Veteran's Cemetery in Rochester.

AREA FARMERS WARNED OF FERTILIZER SHORTAGE

Eastern Ontario farmers who have not already purchased this year's fertilizer requirement will not only have to pay higher prices but will likely experience difficulties in obtaining adequate supplies, whether it be phosphate, potash or nitrogen fertilizer.

A study by the Business Management Staff at Kemptville College indicates that these shortages have been caused by increased demand, U.S. Government legislation, the energy crises and rail strikes.

U. S. Government legislation has helped to cause the shortage in Eastern Ontario. Firstly, the U.S. Government cut reduced price ceilings on fertilizer for domestic use last summer which were set at such low levels that the fertilizer manufacturers increased their export commitments because much higher prices could be obtained in these markets. Secondly, the U.S. Government released 30 million acres from its land bank. These two actions have increased the demand for fertilizer in 1974 to such an extent that phosphate exports have been cut to 80% of that contracted.

Rail strikes have also played their part in the fertilizer shortage. The strike by the non-operating railway workers last year resulted in potash supplies from western to eastern Canada falling behind schedule. It is hoped that this will be rectified by the end of the winter. A general shortage of hopper car fleets has also complicated the picture. Ammonium phosphate rather than rock phosphate is being railed from Florida as two and a half times as much fertilizer can be railed in each hopper car.

Finally, but not the least, the energy crisis has had its repercussions on the fertilizer industry. Rock phosphate processing has very high energy demands. In Florida, over 10% of the hydro bill is for rock phosphate processing.

The demand for nitrogen fertilizer has increased considerably recently. Three years ago a number of nitrogen fertilizer plants shut down because the fertilizer market was depressed. It is possible that some of these plants could re-open to alleviate the nitrogen shortage. However, one problem is that the plants require an uninterrupted supply of natural gas which cannot be guaranteed with the present energy crisis.

It is now evident that farmers will experience a fertilizer shortage, but the degree of shortage is not clear. If spring is early and short, then shortages are likely to occur than if spring is late and drawn out.

So farmers, be warned! If you have not already bought or ordered your fertilizer, do so now - so that you are not left high and dry in the spring.

Jr. All-Stars Here January 22

The Morrisburg Community Centre will be the scene of the First Annual St. Lawrence Junior 'B' League All Star Game. The Stars will play the Cornwall Royals of the Quebec Major Junior 'A' League on Tuesday, January 22nd, at 8 p.m. This game was made possible through the efforts of the newly formed ODHA Junior Council, the Chairman being Norm Saunders, consists of Tier 1 and Tier 2 Junior A. and the Junior B. Leagues. This council was formed to create better co-operation within the Junior levels. The Cornwall Royal Management have offered to play this exhibition game to help cement relations between leagues.

Players for the All Stars were decided on by an All Star Committee of the league, picking 3 plays from each team in the 8 team league. The Stars will have had 2 practices by this time and will work out in Metcalfe on the 15th and in Cardinal on the 17th. Each team will have reserve seat tickets to pre-sell.

As Metcalfe were league winners last year, the All Stars will be managed by Peter McCooeye and Don McIntosh; with their sweaters being worn and the Metcalfe trainer will attend the Stars. John Rice, Morrisburg, was selected coach, with assistants Bob Baldwin and Gerry Hess.

All Star Team

Alexandria Glens — Roch Lajoie, Rodney Shepherd, John T. Hay.

Morrisburg Lions — Chuck Irvine, Doug McNairn, Gord Dillabough.

Cardinal Broncos — Barry Borrett, Steve McCann, Bruce Trewartha.

Prescott Saints — Tim Cyr, Peter Lapensee, Frank McAuley.

Embrun 72's — Jack Regnier, Bernie Clement, Frank Servant.

Spencerville Bruins — Bill Jansman, Jim O'Connell, Jack Westrate.

Metcalfe Jets — Marty Kelly, Larry Shields, Dennis Brisson.

Winchester Hawks — Keith McRoberts, Tom Kirkwood, John Klein-Swormink.

DRIVER INJURED IN 2 CARS, 1 TRUCK COLLISION TUES.

George Dowson of 32 Lakeshore Drive, escaped with minor injuries and bruises when two cars and a truck were involved in a collision at the corner of Fifth and Ottawa streets. Investigating OPP officers said Mr. Dowson's car was wrecked.

Angela Marie Lafortune, 18, of Morrisburg, whose car received $300 damage, was not injured.

The truck, driven by Graham Swerdfeger, also of Morrisburg, sustained damage estimated at $400.

FIRST ISSUE OF SCHOOL BULLETIN OFF THE PRESS

The first issue of the Stormont, Dundas and Glengarry School Bulletin is being issued this week to schools and school organizations. Rosaire Leger, director of education, says the 20-page report will be published four times a year in both French and English editions.

He stated that the French edition would have basically the same content, except that some elementary matters would be left out. Mr. Leger said he was hopeful the Bulletin would become a tool for inter-school and board and school discussion.

The Bulletin was suggested by the public relations committee last year as a means to improve communication in the system.

FINAL TRIBUTE WED. FOR MRS. R. SCHWERDTFEGER

Many friends throughout the area learned with regret of the death of Mrs. Minnie Schwerdtfeger, which occurred at the Winchester Memorial Hospital on Sunday, January 6th, following a lengthy illness and just a week away from her 84th birthday.

Mrs. Schwerdtfeger was born January 13th, 1891 in the Church Road area, a daughter of the late James J. Styles and his wife, the former Marry Casselman. Her maiden name was Minnie Jane Styles. She was edcuated in the area schools and in December, 1910 at Trinity Church, Riverside, she was united in marriage to Ross J. Schwerdtfeger, who predeceased her in September, 1956. Following their marriage, the couple resided for a few years at New Richmond, Wis., returning to this area in 1920, where Mrs. Schwerdtfeger resided until her final illness. A devoted wife and mother, she centered her interest on her family, and until she became ill was an active member of the Riverside Women's Institute She was also a devout member of St. John's Lutheran church at Riverside Heights.

She is survived by one daughter Mary, at home, and one son, Ray, at Renfrew. Another son, Roscoe predeceased her in 1968. Also surviving are two brothers, John and Murray Styles, R. R. 1, Morrisburg; a sister, Mrs. Arthur Wells at Syracuse, N.Y., as well as 3 grandchildren and several neices and nephews. She was predeceased by two brothers, Ed. and Jim Styles some years ago.

Funeral service was held on Wednesday, January 9th at 11 a.m. at Fairbairn Funeral Home, Morrisburg, conducted by Rev. J. Boehmer, assisted by Rev. F. L. Howald, Mrs. Schwerdtfeger's pastor for many years. Interment was at St. John's cemetery, Riverside Heights.

Pall bearers were: Graham and Russell Schwerdtfeger; Ted and Jimmy Styles.

Broomball News

Beavers 1, Williamsburg 4. — Beavers defense couldn't hold back a potent Williamsburg offense. On 3 out of the 4 Williamsburg goals Beavers was caught with one defenseman back. Lyn Whitteker, Brian Dawley, Sam Locke and Ron Casselman scoring for Williamsburg. Fred Veley getting the lone Beaver goal.

Mutual 8 - Mariatown 9. Good passing and accurate shooting was the game as Mutual completely demolished Mariatown. Donnie Mabo, Garth Baker and Fred Harper each scored twice with Steve Casselman and Stan Mabo getting the singles.

At 7 o'clock next Sunday the battle for first place between Mutual and Williamsburg and at 8 Mariatown and Ingleside with 1 game remaining in the regular season.

Mutual	8	1	-	37- 7	16
Williamsburg	7	1	1	24- 9	15
Ingleside	3	4	2	7-19	8
Mariatown	3	5	1	11-22	7
Beavers	3	6	-	18-28	6

Leading Scorer—Team	G	A	P
Don Mabo, Mutual	9	4	13
Jim Cameron, Mutual	4	7	11
Walt Wagemans, Mutual	5	5	10
Roger Morrel, W'burg.	2	6	8
Tom Whelan, W'burg.	4	3	7

Leading Goalie: 1) Joe Billings, Mutual 2) Don Whelan, Williamsburg.

FRIENDS MOURN PASSING OF HARRY L. ULMAN JR.

Friends in Morrisburg and throughout the district learned with regret of the death of Harry Lorenzo Ulman Jr. which occurred at Winchester Memorial Hospital on Friday, January 4, 1974 after a lengthy illness at home.

Though in poor health for the last couple of years he was able to be up and about his home till a few days before his death.

Born at Morrisburg in 1911 he was a son of the late Harry Lorenzo Ulman and his wife the former Mary Elizabeth Duval. He grew up in Morrisburg, attending school here and later became a transport driver for Molson's Breweries Ltd., a position he held for 36 years. In 1932 at Iroquois, he married Clarabelle Keeler of Cardinal and they resided in Morrisburg all [illegible] life. A gentle, kindly man [illegible] friends to mourn [illegible] his [illegible] he leaves many friends to mourn his passing. He was a member of Knox Presbyterian Church in Morrisburg.

Besides his wife Clarabelle, he is survived by his mother, Mrs. Harry L. Ulman Sr. and one sister (Edna), Mrs. Henry Presley, both of Morrisburg and several neices and nephews.

Funeral service was conducted on Monday at Fitzsimmons Funeral Home, Iroquois with Rev. T. Boyd and Rev. G. Bruce in charge Interment will be in the spring.

Pall bearers were: — Harry Brown, Joe Eckford, Ralph Barkley, Arnold Barkley, Loyal Brunt and Eddie Kelly.

YOURS SINCERELY

BY MRS. WELLWOOD ADAM

Here we are, several days already into the New Year of 1974! Perhaps a good deal of change has happened to some of us, too, since we exchanged good wishes for the New Year to one another. There could be many more days, dark or fair, ahead . . . we don't know, but at least we can be prepared for them, and with faith and the courage which surely comes from God, we will get by.

As I am typing, I recollect the words my father wrote in my brand new autograph book on my 15th. birthday: "Be merciful to the one next to you, for he (she) also is fighting a hard battle." I remember him saying that I might not understand the words just then, but I know I have understood them only too well, since

You never know who you will meet, or pass by, when you are out each day, do you? And you never know what is on their mind and heart at the time, either. Someone wrote "no one can live unto himself (or herself)" and this is so very true, and probably found out by real experience. We each depend on the other for much in our everyday life, whether we are friends or strangers. Any help we can give each other at any time is given in the strength of God, no matter who we, or they, are.

I read a story today, which started me thinking along these lines, and also made me think somewhat seriously. It is about a man for whom the years whether old or new, had been anything but serene. I quote the rest:

"Indeed, life held so little for him, that he made up his mind to end it all by jumping from a bridge into the river which flowed through the city.

He started out on his last lonely walk. As he strode on, he said to himself . . . 'If I meet just one happy-looking person before I get to the bridge, I will change my mind and go on living.' " (end of quote).

That is the end of the story, but I think it leaves the inevitable questions. Did he meet anybody, how did they look to him? Suppose that man had met me, or you . . . would he have turned back, or walked on?

And to finish, I heard of a woman whose home was in South Africa, and she used to write in a book every saying and quotation that attracted her. Some she read about, others she heard during the days. When she grew old, she liked to turn the pages of her old writing book, and find comfort in the many thoughts she had collected during the years. Now, one of these sayings, an anonymous one, went something like this: "When I dig anyone out of trouble, the hole that is left is the grave in which I bury myown trouble!"

It seems to put all of my thoughts today into a nutshell, as we say, and so I pass it on to you, for what it is worth, to take into 1974!

RIVERSIDE HTS. W. I.

The Riverside Heights Womens Institute December meeting was held at the home of Mrs. Floyd Fisher with Mrs. Fred Casselman Convenor of the Christmas program. A Pot Luck Supper preceded the meeting.

Mrs. Lyle Schwerdtfeger, President, opened with the singing of the Ode and the repeating of the Mary Stewart Collect. Mrs. Graham Wells Secretary, assisted.— The roll call was answered with a gift for a Sick or Shut-in with individual members being responsible to visit and deliver a gift to the recipient nearest their home. Mrs. Gerald Erratt, Flower and Card Convenor reported sending a Sympathy card, two Get Well cards, delivering a gift and had all members present sign a card to be sent to Mrs. Margaret Duval, ill in Winchester Hospital. The Program — Singing of carols a reading: There'll always be a Christmas and a solo, a Christmas favorite by Mrs. Burns, A contest was conducted by Mrs. Fisher the winner being Mrs. Bob Burns, and one conducted by Mrs. Fred Casselman, the winner being Mrs. Garnet Prunner.

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SINGING SISTER KAY

(By Donna Kay, in The United Church Observer)

Some of Kay Duffin's best friends are Protestants.

She is a Catholic nun with a soft voice, hands that seem to punctuate everything she says, and a way with singing and singers.

The Rev. Dave McCord, the United Church chaplain at the Cowansville federal penitentiary in Quebec's Eastern Townships, had heard about her way with singing and singers. He asked her to bring her choir to work with the inmates.

At the regional school, her task of teaching religion and morals to Catholics brought her into increasing contact with Protestants doing the same thing. One was Dorothy Harrowing, a lay worker in the Cowansville area United Church team ministry, who invited her to speak to the East Farnham UCW about the role of today's nun.

From then on, all kinds of things happened. Suddenly Sister Duffin was part of a pre-Christmas carol service at Grace United Church in Farnham.

"We wanted someone refreshing", said the Rev. Jim Sinclair. "And she is fun. But she kind of breathes a benediction, as well".

By early last year, she was singing at Dunham and Sutton United Churches with the Rev. Burn Purdon. And, in turn, Purdon and his wife had been at her church, St. Patrick's in Granby, to teach the congregation some hymns from the new Catholic hymn book.

Meanwhile, Sister Duffin began teaching liturgical dancing to four girls from her school choir — two of them United Church. Those girls danced at the Montreal and Ottawa Conference last year.

One of the places Sister Kay's dancers have performed since then was an outdoor chapel at a presbytery summer camp. One of the counsellors noted, "It's something special to see a nine-year-old, very serious, un-self-conscious, raising his arms and hands and body to show that 'joy is like the rain'."

Five Protestant women — ministers' wives (I am one), and a lay worker — meet with Kay every two weeks to pray, drink coffee and talk.

What is it about Kay Duffin that causes the emotional electricity when she is with Protestants?

"Perhaps it is that we have discovered what is shareable between us", she said. And something more. A sense of peace — at least that is the way UCW women who meet her describe it again and again. When they ask her about that peace, she talks of the importance of having an hour of quiet each day, to pray.

The Mass is important to her. But beyond that there is the discipline, the constant awareness of the source of being. The lectures, singing, teaching and dancing all flow from that.

Maybe there is something here for all of us. Perhaps we all need to pray more. Or talk with each other more. Or dance more.

DENTAL TOPICS

Supplied by The Canadian Dental Association

THERE'S A CURE FOR BAD BREATH

Anybody can have halitosis for a long time without being aware of it. The foul air expelled by the lungs does not come in contact with the nerves of the sense of smell. These nerves are located in the higher part of the nostrils, whereas the air being expelled goes through the inferior area of the nose.

Sometimes one may be alerted to this problem if the bad odour is caused by the secretions which accompany bronchitis, sinusitis, abcesses of the lungs, or if the patient wakes up every morning with a foul taste in his mouth.

Because the patient is generally unaware of his condition, it becomes almost a social duty to tell him. Of course, this burden should be assumed by somebody close to him, and it should be done tactfully. It is then up to the sufferer to seek treatment. He should consult his dentist and also his physician, so as to determine if the halitosis is of digestive or respiratory origin. In each case treatment should be applied.

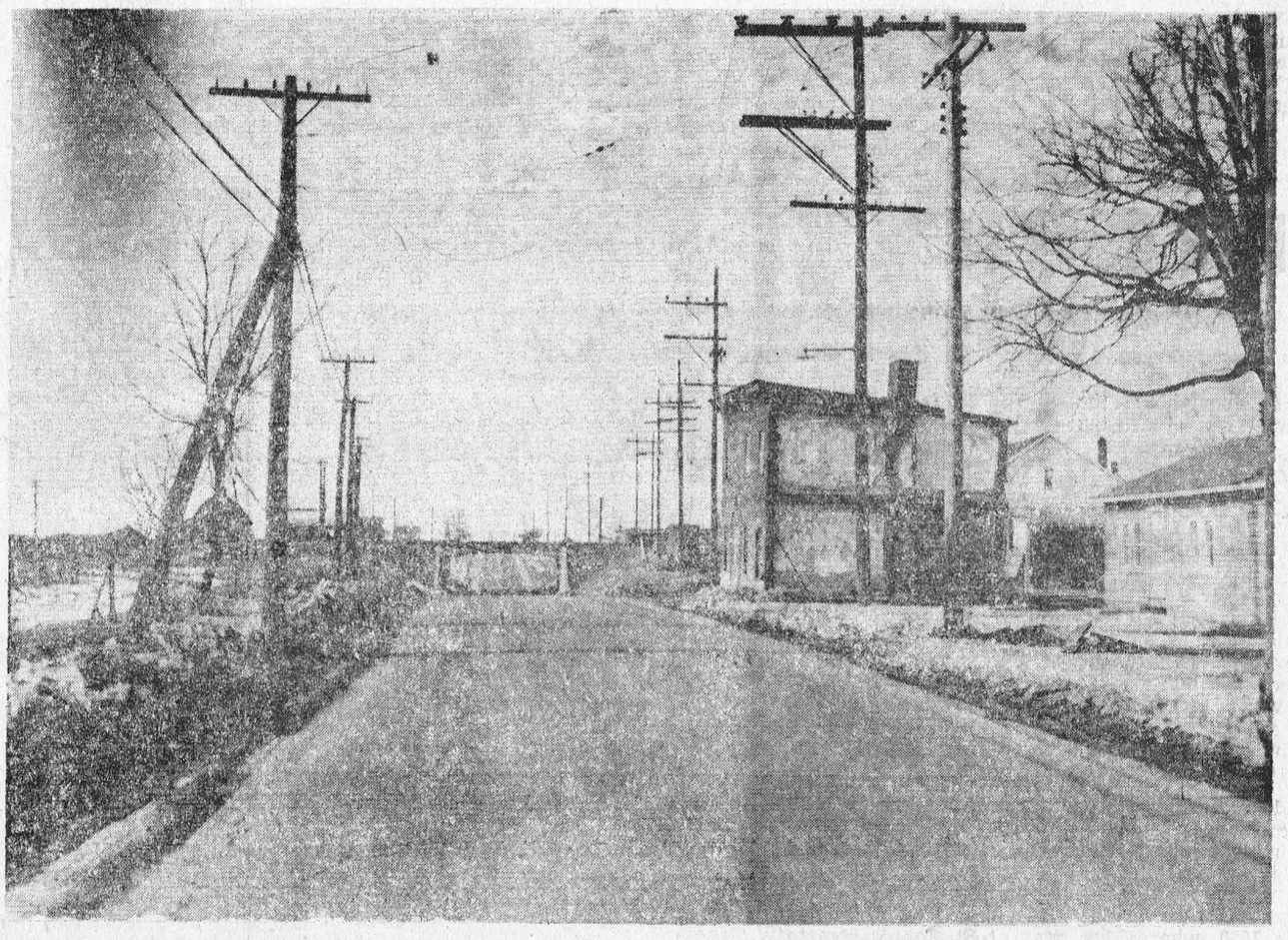
If the trouble is of digestive origin, the dentist will restore the mouth to a state of good health, by performing all the dental operations that are necessary. More frequent and more thorough brushings of the teeth, and the use of mouthwashes or mouthbaths will likely be recommended.

In cases of respiratory halitosis, the treatment will vary with the causes of the trouble. It generally is a medical problem, and the physician is the one who will prescribe the treatment.

DEADLINE FOR CLASSIFIEDS IN THE LEADER IS TUESDAY NOON



MEMORIES OF THE OLD MORRISBURG



Many of today's younger residents will not remember this C.N.R. overpass across Highway 31, which replaced a dangerous level crossing, in the early 1930s. With the construction of the Seaway, the railway was moved north, the old rail bed became relocated Highway 2, passing in front of Morrisburg's shopping centre. Prints of this and other photos in this series may be obtained from Smith's Studio, Morrisburg. In ordering prints of this week's photo, please specify negative no. 167.

The 2nd FORTY

Weight and Menopause
Dear Margaret Brookfield:

I'm 48 and suffer from menopausal symptoms, particularly hot flashes. I'm embarassed when they occur in the office where I work. I discussed this with a friend who had the same problem. She obtained relief when her physician prescribed estrogen medication, to correct the hormonal imbalance causing the hot flashes. I know I should see my doctor. I also realize that the test to determine hormone levels is as simple as the Pap smear. The only reason I hesitate is that since I turned 40 I have a weight problem. I'm told some women taking estrogen put on weight. (My friend is thin and doesn't have this problem). Is this weight gain common? H.G.

Dear H.G.:

The weight gains in the 40's and 50's cannot be entirely blamed on glandular changes in middle age, acocrding to medical authorities. A weight problem at this time is often caused by lessened activities and changes in eating habits. These authorities point out that the menopause can cause weight gain, but in a roundabout way. The menopause can lead to nervousness, irritability and anxiety, and these symptoms may cause some women to overeat. The best way to stay trim in the middle years is to eat less and exercise more.

You should see your doctor about the hot flashes and, at the same time, consult him about your weight problem. While estrogen can cause water retention, it is prescribed in 21-day cycles and, therefore, there is usually a weight adjustment during the week that the woman is off the medication. Your doctor — and not a friend — is qualified to prescribe the medication you need for your menopausal complaints along with a regimen to control your weight.

Silent Partner
Dear Margaret Brookfield:

I am a widow, recently remarried. My husband is a sweet, gentle man. Before we married, I saw him frequently in company with friends. When we were alone we had plenty to talk about — our first marriages, his job and plans for our future. Now that we've been married a year I realize he's Mr. Silence. He's so moody that he can come home nights and not say a word all evening. If I talk to him he grunts an answer. I'm tired of living with a stone wall. How do I get him to open his mouth? G.L.

Dear G.L.:

You might close yours. It could work, especially if he's in a talkative mood and you give him a dose of his own medicine. You might also talk to him (even if he's non-committal), and explain that conversation is a two-way operation. If that fails, choose a topic he's interested in. Maybe he'll open his mouth.

SCIENTIFIC KNOWLEDGE EXTENDS HEALTHY YEARS

Forget about finding the formula for a magic elixir and cancel all expeditions in search of the Fountain of Youth — we already know how to extend our productive years.

"We're getting younger and younger all the time," reports science writer Ruth Winter. The author of "Ageless Aging" says researchers are on the brink of discovering how to retard— and perhaps even prevent — the aging process; there is enough information available from their now to at least slow it down.

"For example, they've found having too high a blood pressure can really damage our intellect," she relates. "Maintaining normal blood pressure can be done easily through proper medical care." Diet and exercise also play an important role in keeping us young in mind and body. "In Germany they found that overweight people got disease ten years earlier than they usually would have," Miss Winter Volunteers, "and there's clear evidence that exercise improves circulation and muscle tone, and brings more oxygen to the brain."

The Hormone Fatcor

Women have the jump on men in the aging game. "They're put together better than men, right from the beginning," asserts the writer. "Boy babies are miscarried more often than girls and and three times as many males die at birth or in the first year." Then there's "the hormone factor," although the experts aren't sure whether it's the female hormone that protects, or the male hormone that's destructive. But Miss Winter says studies show that replacing female hormones after menopause "helps protect the bones, and although it's not a youth pill, it also helps keep tissues firm."

Calling replacement "the wave of the future," she explains "some day we'll be able to compute what we had at age 25, so that as we age and begin to lose that ingredient — whatever it is — we will be able to replace it just like estrogen is today."

"Ageless aging" (Crown Publishers, Inc.) is the latest of several books of popular science written by this attractive, energetic brunette. She also pens a nationally syndicated column from her suburban home, shared with her neurosurgeon husband. What impressed her most of all the findings? "The mental thing" — a study at Duke University's Geron tology Center which confirms the importance of keeping minds involved and active.

Mind Over Matter

"This study tried to predict how long a person would live, considering his physical condition, his job, his lifestyle and life insurance actuarial tables," she reports. — "They predicted one elderly man would only live another eight years. But he so enjoyed what he was doing, he lived another 15. It was his interest in life and will to go on."

Duke University is also working with new drug that improves failing memory; it may prove helpful in treating retarded children. And there are new breakthroughs every day. "Since my book came out they've found out more about "T" cells and "B" cells, which are supposed to work together and protect you against disease. But when they go out of balance, you sort of self-destruct. The key to unlocking all secrets of aging rests with our simplest, most basic unit—the cell.

"Once scientists understand the components of a cell and what mechanism controls it — they'll understand what aging is." And, Ruth Winter adds, "they're a lot closer than we think!"



TODAY'S CHILD

BY HELEN ALLEN

THE TORONTO SUN SYNDICATE

Billy, 8, wants to be adopted so he will have a family of his own. He is normally a happy boy with an agreeable personality. Anglo-Saxon in descent, he is sturdy and active, and has blonde hair, blue eyes and fair skin. He is in excellent health and is doing average work in Grade 2.

Billy enjoys sports, both as player and spectator. He plays hockey and baseball, and goes to many games to cheer on the older boys in his foster home. He gets involved in camping. Inquisitive Billy wants to find out how things work.

Billy likes to be helpful. When anybody in his foster family has chores to do, Billy is likely to be right there offering assistance.

A warm, loving active family, preferably where Billy will be the youngest child, is needed for this engaging youngster.

To inquire about adopting Billy, please write to Today's Child, Ministry of Community and Social Services, Box 888, Station K, Toronto M4P 2H2. For general adoption information, please contact your local Children's Aid Society.



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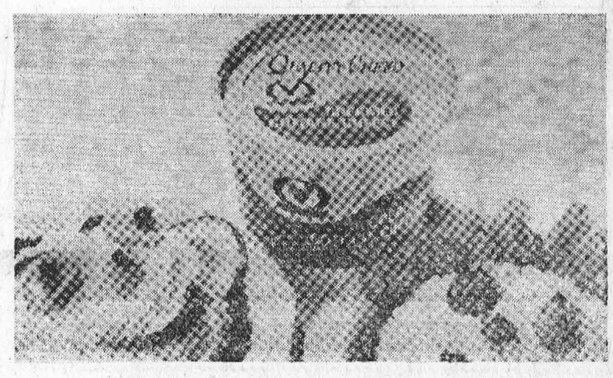

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MORRISBURG PHONE 543-2081

BEAUTIFUL BEACHES, AND GIRLS, FAR FROM OUR ICY WINTER WEATHER



The photographer who took the above picture on one of the many beautiful beaches at Freeport, obviously had a little help from his friends in order to line up this bevy of attractive girls. Freeport, in the Bahamas, attracts people of all ages who enjoy the good life because it is a centre for glamour and excitement — with clubs, discotheques and casinos. With these diversions, the city lures more than its share of pretty girls, as can be evidenced by the photo.

$ $ DID YOU KNOW $ $
REGISTERED RETIREMENT SAVINGS PLANS MAY SAVE INCOME TAX DOLLARS FOR YOU! (Section 146 of the Income Tax Act).
FOR FURTHER INFORMATION, CONTACT:
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WINCHESTER SPRINGS, ONTARIO
2-4p

LOCAL and GENERAL

DESCHAMPS — Roger and Debra are happy to announce the birth of their daughter, Genevieve Maureen, 7 lbs., 14 oz., at Riverside Hospital, January 4th, 1974. Grandparents, Dalton and Wilma Smith.

Mrs. Eva Hackett of Montreal is visiting in Morrisburg with Miss Irene Ryan.

Mr. Wilfrid Coligan is a patient in St. Mary's Hospital, Montreal.

Mr. Derek Dickenson left by plane on New Year's Day for Worksop, England, upon receiving news that his father Mr. William Dickenson was critically ill. The elder Mr. Dickenson passed away on January 4th, shortly after his son's arrival.

Guests at the home of Mr. and Mrs. Tim LaPierre were Mr. and Mrs. Harold O'Shaughnessy, of Owen Sound, and Mr. Jack Reid of Picton, Ontario.

The recent 50-50 draw sponsored Morrisburg L.O.L. was won by Mrs. Lloyd McHaffie.

Mr. and Mrs. Doug Thurston spent the holiday season with relatives in Aberdeen, Scotland.

Miss Linda Keyes has returned to Brigham Young University in Provo, Utah, after spending the Christmas holidays with her family and friends.

The United Counties Bookmobile will be at the following location in the area next week. Tuesday, January 15, Riverside Hts., 10:00 to 11:30; Morewood C. 2:05 to 2:45; Winchester Springs 3:30 to 4:00.

WILLIAMSBURG

We are sorry to report that Ray Barkley is a patient in the Winchester Memorial Hospital. All hope for a speedy recovery.

Mr. and Mrs. Clifton Barkley and Mr. and Mrs. Richard Barkley spent the week end with their parents Mr. and Mrs. Bismark Barkley.

Mrs. J.G. Woods, Ed Dawson and Clarence Wallace spent New Years' Day in Ottawa with Mr. and Mrs. Byron Wooltorton and Eric John.

DEATH — A son of St. Peter's Lutheran Church, Williamsburg, Ont. The Rev. Dr. C. Hugh Whitteker died on January 3, 1974 in Bridgewater, N.S. He was born in Williamsburg, Ont. on September 30, 1900. Hugh spent his entire pastorate in Nova Scotia. He was well respected both as a man and a pastor by all who knew him. The Memorial Service was held on Jan. 6, in St. Paul's Lutheran Church in Bridgewater, N.S., with interment there as well. For his life and his death we thank Almighty God and trust that He will strengthen us all in this period of grief.

Miss Mildred Davidson of Oshawa spent some time with her sister, Mrs. Elburn McIntosh.

Mr. and Mrs. Elburn McIntosh and Mildred Davidson of Oshawa spent New Year's day with Mr. and Mrs. Glen McMillan in Ottawa.

Mr. and Mrs. Clifford Casselman, Mrs. Mabel Casselman and Mrs. Herman Little both of Toronto and Mr. and Mrs. Charlie Whitteker attended the funeral of their brother and uncle, the late Rev. Dr. C. Hugh Whitteker at Bridgewater, N.S. Much sympathy is extended to the bereaved family.

ATTEND THE CHURCH OF YOUR CHOICE THIS SUNDAY!

THE LOYALIST HOTEL

HIGHWAYS 31 AND 2 — MORRISBURG, ONT.

FEATURING

DANNY RYAN

DRIFTWOOD

WEDNESDAY, THURSDAY, FRIDAY.
SAT. AFTERNOON AND SAT. NIGHT

FULLY LICENSED DINING ROOM

The Churches

MASS HOURS AT ST. MARY'S CHURCH
MORRISBURG
SATURDAY — 7:30 P.M.
SUNDAY — 11:00 A.M.
CONFESSIONS
THURSDAY: 8:00 — 9:00 P.M.
IROQUOIS
ST. CECILIA'S CHURCH
SUNDAY — 9:30 A.M.
CONFESSIONS
THURSDAY: 7:00 — 7:45 P.M.

THE UNITED CHURCH OF CANADA
Lakeshore Drive Church
Morrisburg, Ontario
REV. G. BRUCE, B.A., Minister
Mrs. J. Graham
Director of Music
Sunday, January 13th, 1974—
10:45 a.m.—Sunday School.
11:00 a.m.—Morning Worship.

ST. JAMES ANGLICAN CHURCH
INTERIM SERVICES
1st & 3rd Sundays—
8:00 a.m.—Holy Communion
Celebrant Rev. Allan Rogers
11:00 a.m.—Matins
Lay Reader
2nd & 4th Sundays—
8:00 a.m.—NO Service.
11:00 a.m.—Holy Communion
Celebrant Rev. Allan Rogers

THE PRESBYTERIAN CHURCH IN CANADA
KNOX CHURCH, MORRISBURG
Rev. T. H. Boyd, B.Sc., B.D.
Mrs. J. DeGray, Organist
Sunday, January 13th, 1974—
MORNING WORSHIP, 11 a.m.
SUNDAY SCHOOL: Pre-School and Kindergarten Classes at 11:00 a.m. (during Church Service); all others at 9:45 a.m.

ST. LAWRENCE EVAN. LUTHERAN PARISH
1st Sunday After Epiphany—
St. Paul's Morrisburg—
10:00 a.m.—The Service.
11:00 a.m.—Sunday School and Confirmation Class.
St. John's, Riverside Heights—
1:30 p.m.—The Service, Sunday School and Confirmation Class.
Rev. Adam in Charge
Everyone Always Welcom

ATTEND THE CHURCH OF YOUR CHOICE THIS SUNDAY!

Lions Win Both Games on Weekend

Jan. 4 — Morrisburg 7, Prescott 6; Alexandria 5, Embrun 4; Cardinal 5, Winchester 2.

Jan. 5 — Cardinal 7, Metcalfe 6; Prescott 8 Spencerville 4.

Jan. 6 Morrisburg 10, Alexandria 8; Metcalfe 9, Winchester 1; Spencerville 7, Embrun 2.

Up to date Standings

South Division—							
Cardinal	19	15	3	1	115	88	31
Morrisburg	18	10	7	1	122	127	21
Spencerville	21	7	11	3	80	107	17
Prescott	20	5	12	3	92	99	13
North Division—							
Alexandria	21	15	4	2	122	83	32
Embrun	18	9	7	2	84	81	20
Metcalfe	21	9	10	2	109	94	20
Winchester	20	1	15	4	61	114	6

Future Games

Jan. 11 — Spencerville at Metcalfe; Cardinal at Prescott; Alexandria at Embrun; Winchester at Morrisburg all at 8:30.

Jan. 12 — Embrun at Cardinal; Morrisburg at Spencerville both at 7:30.

Jan. 13 — Cardinal at Alexandria, 2.30; Embrun at Winchester 2:30; Morrisburg at Prescott 7:30.

Top 10 scorers as of Jan. 3rd.

	G	A	Pts
Marty Kelly, Met.	24	17	41
Doug McNairn, Morris.	17	24	41
Larry Shields, Met.	20	16	36
Bruce Trewartha, Car.	20	14	34
Rod Shepherd, Ale.	18	15	33
Chuck Lawlor. Mor.	16	17	33
Gord Dillabough, Mor.	8	25	33
Chuck Irvine, Mor.	16	16	32
John T. Hay, Ale.	19	10	29
Kevin Duval, Mor.	17	12	29

Morrisburg Lions had a very successful weekend, edging Prescott Saints 7-6 and a 10-8 win in a high scoring game with Alexandria Glens. Doug McNairn led the team with 4 goals and 2 assists in each game.

Saints led 3-1 after the first period, with goals by John Appleby, Dale Marshall, Randy Moore while McNairn scored for the Lions. McNairn scored 2 goals in the second to tie the game. Gerry Zeran and Kevin Duval also scored to make it 5-3 Lions after 2 periods. Ernie Duval made it 6-3 before Peter Healy and Allan Dalley narrowed Lions lead to 6-5. McNairn made it 7-5 at 17.13. Allan Kayle shortened Lions lead to 7-6 at 19.48, but the Saints failed to equalise the score. Lions received 8 of the 18 minors handed out.

Against the Glens, 11 goals came fast and furious in the first period. Chuck Irvine gave Lions a 1-0 lead at the 31st second mark. Rod Shepherd tied the game 19 seconds later. McNairn gave Lions lead again, but John T. Hay tied it up 2 minutes later. Some 4 minutes later Dale Swerdfeger gave Lions a 3-2 lead, with Chuck Lawlor making it 4-2 at 12.07. Claude Roy scored at 12.35 and 12.52, Brian Reasbeck, Cleary Morris and Rod Shepherd adding singles to give Glens a 7-4 lead after the first period.

Lions came back with goals by Kevin Duval, Irvine, and McNairn to tie the game at 4.55, 7-7. Steve McDonell gave Glens an 8-7 lead at 13.33 to end second period. McNairn tied the game at 1.28 of the 3rd, with Irvine giving Lions the lead at 12.57 and McNairn scoring an insurance goal at 13.22 Each team received 7 minors, 1 major and 1 misconduct. Lions replaced Hunter in the net at 15.23 of the first period by Robert Barkley, and Glens managed 1 goal against him in the 1st and 1 in the 2nd.

The Morrisburg Minor Hockey Association will hold their Annual Bantam Tournament on Saturday Jan. 12th. The Champions will receive crests and trophy, and runners up crests and the winner of the Consolation division will receive crests. The championship game is scheduled for 5 p.m.

8 a.m. Fort Covington vs Kemptville; 9 a.m. Edwardsburg vs. Potsdam; 10 a.m. Morrisburg vs. Brasher Falls; 11 a.m. Canton vs. Alexandria.

Morrisburg North League Atoms travelled to Prescott last Wednesday to win the A Championship of the Prescott House League Tournament. The Atoms won the first game 5-2 against the Prescott Canadians in Prescott Dec. 24th. Wesley Stevens led the team with a pair of goals, singles by Jeff VanMoorsell, Pat Villeneuve and Robert Jordan.

The second game was played in Morrisburg Dec. 27th saw a scoreless tie against the Prescott Leafs. Shots of goal, 13-7 in favor of Morrisburg gave the hometowners a victory.

The final game played in Prescott on Jan. 2nd against Iroquois, saw Morrisburg skate to a 4-1 victory for the A. Championship. Carl Barkley scored a pair, with singles by Pat Villeneuve and Robert Jordan.

Team coaches — Jim Jordan, Loval Brunt.

Team members — Paul McAllister (goal), Jeff Jarvis, Pat Villeneuve, Mark Brunt, Wes Stevens, Robert Jordan, Jeff Van Moorsell, Sean Boulerice, Cliff Zewuster, Dale Tupper, Michael McManus, Bill Shearing, Jim Thom, Carl Barkley.

OPP TO TRY OUT 4 DAY WORK WEEK

Commissioner Harold Graham today announced that on February 24th five O.P.P. Detachments, selected from the 185 establishments in Ontario, will begin testing the 4-day 40-hour week

The tests will involve 160 uniform members of the force at the following locations: Ottawa Port Credit; Owen Sound; Noelville and Belle River.

The tests will run for 28 weeks following which the results will be evaluated.

These detachments vary in size and responsibility and include traffic, general law enforcement and municipal policing.

The force has undertaken this experiment in a continuing effort to obtain maximum use of available manpower.

RECENT BIRTHS AT THE WINCHESTER MEMORIAL HOSPITAL

January 1, 1974 to Mr. and Mrs. John Wilson, RR1, Iroquois. A son.

January 1, 1974 to Mr. and Mrs. Murray Shepherd, RR1, South Mountain. A son.

January 3, 1973 to Mr. and Mrs. Durk Bylama, RR2, Iroquois. A daughter.

January 5, 1974 to Mr. and Mrs. Donald Barkley, Morrisburg. A son.

Schedule of Events For Winter Canival

Plans are almost complete for Morrisburg's annual Winter Carnival, which gets under way on Saturday, February 9th.

Many of last year's favourite attractions, and some new ones are already set for the take-off date.

Below is the tentative program for the week-long carnival.

Saturday, February 9th

Broomball — 8 a.m. to 12 midnight.

Valentine Dance - Curling Club —9 p.m. to 1 p.m. Open to public.

Sunday, February 10th

Snowmobile Field Day — 1 p.m. Riverfront Park

Figure Skating — 7 p.m. to 10 p.m.

Intermission - Crowning of Carnival Queen by M.C.C.

Monday, February 11th

Broomball: Lions Club vs. Firemen 7:30 p.m.

Exhibition Hockey Game by Peanuts 8:30 p.m.

Married Women vs. Doctors at 9 p.m.

Tuesday, February 12th

Lions Club Children Night — 6:30 p.m.

Free Skating 8:30 to 9 p.m.

Curling Bonspiel 7 p.m.

Wednesday, February 13th

Girls Hockey:

Morrisburg vs. Prescott 7:30 p.m.

Chesterville vs. Moosecreek 8:30 p.m.

Brockville vs. Spencerville 9:30 p.m.

Curling Bonspiel 7 p.m.

Thursday, February 14th

Free Skating Orange Lodge 8 to 10 p.m.

Social Evening - Horticultural Society - Civic Centre 8 p.m.

Curling Bonspiel Playoffs — 8 p.m.

Friday, February 15th

Old Timers Hockey 8:30 p.m. —Old Timers vs. R.C.M.P.

Bean Supper - Canadian Legion 5 p.m.

Curling Bonspiel - Final Playoff 8 p.m.

Saturday, February 16th

Slide-A-Bed Contest 2 p.m.

Minor Hockey Tournament 8:00 p.m.

Carnival Dance - Morrisburg Old Timers - Civic Centre 9 p.m. Fully licenced and smorgasbord.

Sunday, February 17th

Junior B Hockey Game

FINAL TRIBUTE TO MRS. L. CASSELMAN, OF WILLIAMSBURG

Funeral service for Mrs. Emma Beatrice Casselman was held at Williamsburg United Church on Saturday, January 5th at 2:00 p.m., with her pastor, Rev. D. L. Gordon officiating.

Mrs. Casselman, a well known and highly respected resident of Williamsburg. R.R. 3, passed away Wednesday, January 2nd at the Winchester District Memorial Hospital. She was in her 53rd year.

Born in Williamsburg Township July 11th, 1921, she was a daughter of Clifford L. Shannette and the former Bessie Jane Servage, who predeceased her in October 1958. She was educated in local schools and on July 26, 1944, at Williamsburg, she was united in marriage to Lloyd Harris Casselman, who survives.

Also surviving are: one son, Larry, at home; her father, Clifford Shannette; her step-mother, Mrs. Mary Reddick Shannette; and five sisters: Mrs. Bernice Crowder (Eva), Williamsburg; Mrs. Gerry Hitsman (Ruby), Brockville; Mrs. Alice Crowder, Inkerman; Mrs. John James (Marjorie), Boucks Hill and Mrs. Floyd Reddick (Betty), Morrisburg.

Interment will take place in the spring at the new Union Cemetery in Williamsburg.

Pall bearers were: Russell Baker, Jim Brown, Lee Couglar, Charles Crober Jr., Mahlon Strader, Harry Nicolaassen.

1¢ SALE

At The Clothing Barn

NEVER BEFORE IN THE AREA IN A DRY GOODS STORE — AND YOU DO NOT HAVE TO BUY 2 OF THE SAME ARTICLE! IT'S YOUR CHOICE OF ANY ARTICLE OF THE SAME VALUE FOR ONLY 1 CENT.

All stock in the South side of the Main Store must go! North Annex not included in the 1-Cent Sale.

HOW IT WORKS - - EXAMPLE

BUY ANY PAIR OF BAGGIES AT THE REGULAR PRICE. TAKE YOUR OWN CHOICE OF ANY OTHER ARTICLE OF THE SAME PRICE FOR 1c!

YOU HAVE TO SEE IT TO BELIEVE IT

The winner of our Colour TV in our Christmas drawing was Mr. Floyd "Chippy" Simpson, of Morrisburg — Congratulations!

SALE ENDS MONDAY, JANUARY 21

and we will be open Monday 10 to 4

ALL SALES FINAL!

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Friday 9 to 9
Saturday 9 to 6
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CHARGEX

THE MAN WHO SHOT AT HIS WIFE — AND MISSED

Consider this worm that was Percival Shea.
How he sidles and cringes and edges away!
Not once in his life has he doubled his fist—
Since the night that he shot at his wife and missed.
Now, Percival once was a regular chap,
Who sometimes said "Hell no;" or "Aw, shut your trap!"
And sometimes planned things that were even more vicious.
Like pelting his wife an armful of dishes.
He repressed these emotions for seventeen years;
He bore with her tantrums, her nagging, her tears.
But in Percival's soul was one fibre not craven—
One strain from an ancestor tough and unshaven.
And at length when the course of his patience was run,
He pawned her best tea set and purchased a gun.
And he came home in triumph, and hoisted his feet
Upon the piano and bellowed: "Let's eat!"
And he scattered his ashes all over the floor,
And he gobbled an apple and stepped on the core,
And when she came charging at him in a passion
He whipped out his weapon in nonchalant fashion.
He held her at bay, and she whimpered and paled;
"You'll swing for this, Percival!" wildly she wailed.
But Percival threw back his shoulders and hissed;
"Sic semper tyrannis!" And fired, And missed.
And that is why Percival Shea today
Is pallid, and withered, and shriveled away.
They call him the man with the unsteady wrist;
The world knows the story of just how he missed.
And tell me, all you who have suffered privation,
Defeat, disappointment or humiliation—
Is there any failure as abject as this:
To aim at your wife, and shoot, and miss?

XMAS MEETING BY AREA GROUP OF SENIOR CITIZENS

The senior citizen group, Helping Hands, from Williamsburg, Brinston and surrounding areas held their Christmas meeting on Wednesday 19th of December in the Brinston Memorial Hall. The put up Christmas decorations gave a very cosy aspect. The attendants was good. Mrs. Lieverdink called the meeting to order at 1 p.m. and welcomed everyone present. Rev. Joys from Brinston then had a very interesting meditation on "Immanuel, God with us", which was enjoyed by everyone. Our program was filled with songs we sang all together and there was also a choir of six ladies singing several songs with Mrs. Charles Coons as pianist. Delicious refreshments were serv ed during and after the program.

At 3:30 we sang "A, Canada" and we all went home with thankfull hearts and many "M e r r y Christmas" wishes. Our next regular meeting will be on the 9th of January. Hope to see you all there again starting at 10:30 a.m.

JOHN DALRYMPLE RETIRES FROM GOVT. SERVICE

John Dalrymple retired October 31st, 1973 from the Ontario Ministry of Agriculture and Food with over 35 years service.

John served as Agricultural Representative in Prince Edward and Glengarry Counties and was transferred to the Kemptville Agricultural School, now known as the Kemptville College of Agricultural Technology. He was lecturer in Animal Husbandry and responsible for the management of the Farm. In October 1966 he was appointed Associate Principal of the College. In April of 1970 he was transferred to the Toronto Office of the Ontario Ministry of Agriculture and Food as Director of Inter-Branch Affairs.

During the past summer John Dalrymple has been secretary to the Farm Classification Advisory Committee named by the Hon. Wm. A. Stewart, Minister of Agriculture and Food.

John and Mrs. Dalrymple are retiring in Eastern Ontario and will live in Morrisburg.

FLOSSIE FETTERLY AREA NATIVE, DIED AT OSHAWA

A native daughter of this community, Flossie Lee (McIntosh) Fetterly, died on Tuesday, Decem ber 18th, 1973 at the Oshawa General Hospital after a short illness. The funeral service, conducted by Rev. John Morris, was held in the chapel of the McIntosh-Anderson Funeral Home, Oshawa, followed by interment in Mount Lawn Cemetery.

Mrs. Fetterly, daughter of the late Mr. and Mrs. Edgar McIntosh, was born in 1896. She spent her childhood at the homestead "Sunnybrook Farm" Williamsburg, attended the township school, Morrisburg Collegiate Institute and the Ottawa Normal School.

In 1917 she married J. Clinton Fetterly of Morrisburg who for many years was principal of Morrisburg Public School. She belonged to St. Paul's Lutheran Church and many will remember her for her fine al to singing voice.

In 1930 the afmily moved to Oshawa Ontario where Mr. Fetterly was employed by the Oshawa School Board until his retirement in 1960. She attended St. Andrew's Church, and was active in every branch of church life – Sunday School, U.C.W. and choir.

She had one sister, Mrs. F. J. Donevan (Amber) and two brothers, Strader and John, all of whom predeceased her. She is survived by her husband, one daughter Mrs. H. E. Archibald (June) of Saint John, N.B., one son Dr. John C.M. Fetterly of London, Ontario, seven grandchildren and one great grandson.

The many floral tributes and numerous donations to charity attest to the esteem in which she was held by her many friends.

ONT. GOVERNMENT HIRES CONVENTION PROMOTION MAN

Ontario has engaged a convention promotion officer as the province goes after a larger share of the $8-billion U.S. meeting business.

Appointment of Michael A. Harris was announced by Industry & Tourism Minister Claude Bennett

Harris brings to the ministry more than 12 years in the hotel business, six of them as sales manager of two large Niagara Falls (Ant.) hotels.

He is a graduate of the Hamilton Teachers College and attended the School of Business Administration at the Ryerson Polytechnical Institute here.

GLADYS S. DARDIS, FORMER RESIDENT, DIED IN U.S.A.

Mrs. Gladys Sherman Dardis, 79, of Milford, Connecticut, died December 22, 1973, in Dover, New Hampshire, where she was visiting one of her daughters. She was the widow of the late George Doran Dardis and the daughter of the late Asaph Bradley Sherman. She was a former resident of Morrisburg.

She is survived by her daughters, Mrs. William Raymond of Camp Hill, Pennsylvania, Mrs. Dana Green of Lemoya, Pennsylvania and Mrs. William Walsh of Dover, New Hampshire; her son Sherman A. Dardis of Milford, Connecticut; nine grand children and three great grand children.

Burial will be in the spring in Mt. Pleasant Cemetery, Morrisburg.

TOWNSHIP COUNCIL HELD INAUGURAL METTING SAT.

The first meeting of the 1974 municipal council was held on Saturday, January 5th in the IOOF hall at Williamsburg with all mem bers present.

The clerk was instructed to join the Ontario Good Roads Association and the Association of Rural Municipalities with members of council being delegated to attend both conventions.

By-Law No. 1,1974 for the borrowing of up to $280,000 was passed.

Under the authority of By-Law No. 2,1974 the following officers were appointed.

Auditor, John D. Lewars and Associates; Solicitor, Gorrell and Grenkie; Fence Viewers, Messers. Ken Gallinger, Emerson Carr, Earl Colquhoun, Freeman Beckstead, Wilburn Robinson and Ralph McIntosh.

Livestock Valuators Messers., Art Reddick, Aden Casselman and B.A. Brunt.; Pound Keepers — Messers. Mahlon Strader, Claude Crowder, Earl Brown, Dwight Beckstead, Floyd Whitteker, Clifford Tupper, Robt. Weagent, Fernely Johnstone, Hubert Beckstead Rae Weegar, Bernie Whitteker, Earl McMillan, Garnet Prunner, Hyndman McMillan, Geo. Carruthers, Bill Marcellus and Ralph McIntosh.

Plans for 1974 were discussed at some length but no concrete decisions were made.

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Prime Rib Roast Beef LB 1.19

RED OR BLUE BRAND — POUND
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TASTY AND ECONOMICAL — POUND
BRAISING RIBS - - - 77c

FRESHLY SLICED — POUND
PORK LIVER - - - - 73c

SWIFT'S PREMIUM — 1-LB. PKG.
TASTY WIENERS - - - 83c

SWIFT'S PREMIUM MAC & CHEESE OR — POUND
CHICKEN LOAF - - - 89c

BURNS' or MAPLE LEAF — 1-LB. PKG.
BREAKFAST BACON - - 1.23

KRAFT SMOOTH or CRUNCHY
PEANUT BUTTER
16-Oz. Jar - 65c

AYLMER CH. — 19 OZ. TIN
Tomatoes - 3/1.00

HEINZ TOMATO — 15-OZ. BTL.
Ketchup - - 39c

MARY LOU — 1-LB. PRINT
Margarine - 2/75c

MACARONI and CHEESE
KRAFT DINNER
7¼-Oz. Pkg. - 5/1.00

BLUE WATER FROZEN HADDOCK
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8-Oz. Pkg. - 69c

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200s - 2/79c

VOORTMAN'S — 10-OZ. PKG.
Cookies - 3/1.00

KRAFT — 16-OZ. JAR
Miracle Whip - 49c

FLEECY — 64-OZ. JUG
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MILK POWDER
3-Lb. Box - 1.39

FLORIDA NO. 1 — FRESH, JUICY PINK — LARGE SIZE 48s
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10 OZ. BAG - 29¢

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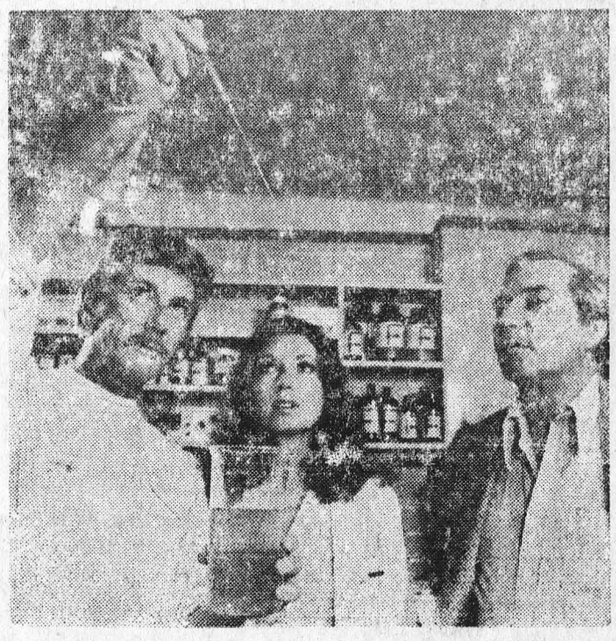

Paul Harding, Toby Tarnow and Michael Kane star in CBC-TV's exciting new, blockbuster mystery series . . . THE COLLABORATORS, which made its debut on the network Sunday, December 16th. Seen at 9:00 p.m. THE COLLABORATORS will feature many of Canada's top television stars in hour-long tales of intrigue every Sunday night.

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The Morrisburg Leader

W. E. FITZSIMMONS

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Ministry of Natural Resources

Weekly Report

A 69-year old roofing contractor who has spent a lifetime helping develop land in Canada has just spent thousands of dollars to guarantee cottages and subdivisions will never touch at least one port of the country.

John W. Seeback and his son have donated $10,000 to the Crowe Valley Conservation Authority.— The money was vitally needed to purchase the Callaghan's Rapids area — 400 acres of picturesque forest and rock outcrops on a one-mile stretch of the Crowe River three miles south of the town of Marmora.

At this point the Crowe boils over limestone ledges, rapids and through narrows creating several small waterfalls.

The gift, arranged by the Nature Conservancy of Canada, allows the conservation authority to provide their share of the money which now will be more than matched by the province so the land can be bought and set aside for canoeists, hikers, picnickers, naturalists, cross-country skiers and anyone ho wants to enjoy a bit of fast-fading wilderness in southern Ontario.

One thousand dollars of Mr. Seeback's gift will be used for construction of nature trails, park ing lots and facilities for the public.

Mr. Seeback's son, John, a part ner in the roofing firm, said both he and his father have been city dwellers for the past 30 years but their experiences have brought them into close agreement on one thing especially: someone has to help preserve farmland and wilderness areas in southern Ontario before it's lost forever to the average person.

"We don't kid ourselves. My dad, and now myself, have built a business and made money because of land development like the new suburbs that have eaten up a lot of the old prime farmland north of the 401 here in Toronto. We want to put something back", said John.

His father, a plain-spoken, hard working man, spent his youth homesteading with his parents near Dallas, Manitoba, The Seeback's had immigrated from Holland and with hundreds of other families were struggling with horse and plow to build a farm on the prairies. During the Depression, the elder Seeback worked at any job he could find and after the war started a small roofing business in Toronto. After 30 years of business in the city, he still has the honest, open-faced, ruddy look of a prairie farmer.

"My father and I have driven up through the Muskokas, Haliburton, around Parry Sound and have seen the trees go down and the cottages go up," said John "And it's not only the Americans. Canadians are worse. To find wilderness now you have to drive for hours. Unfortunately, just by finding it, we destroy it."

John said he became concerned about preserving natural landscape and wildlife while studying biology at university and he and his father influenced one another just talking about it.

This isn't the first time the elder Seeback has given up some of his profits to channel money into the Nature Conservancy of Canada, a fund-raising organization which supports nature preserve projects, sportsman's and outdoor shows and tries to find among, mainly among private industry, to buy up land for wildlife sanctuaries and conservation areas.

Mr. Seeback senior became interetsed in the Nature Conservancy's work after receiving a brochure from them in the mail years ago. Up until just recently, however, his contributions have been smaller.

Walter VanSteenburgh, Crowe Valley Conservation Authority chairman, said if it wasn't for the Seeback's Rapids would have been snapped up as private summer resort property. The area has been a long-time favorite of local campers, anglers and canoeists.

John Seeback, the son, refers somewhat jokingly to his family's contribution as "conscience money", but Mr. VanSteenburgh said even the hardest cynics would have to admit the donation goes far beyond that.

"It's also a prime example, I think, of how private industry is often unjustly criticized by the more self-righteous environmentalists around today. Many times it's private industry who quietly contribute money for no other reason than a desire to do some public good", said the Crowe Valley chairman.

The Crowe Valley Authority cov ers all or parts of 12 municipalities affected by the Crowe River which drains 775 square miles from above Paudash Lake in Hali burton County, down through Hastings, Peterborough, Northumberland-Durham Counties to its outlet into the Trent River above Campbellford.

George Challies Public Fishing Area Restocked For Winter

The George Challies public fishing area — a reclaimed gravel pit north of Upper Canada Village in Dundas County — will be open for winter fishing Jan. 1st thanks to a gift of 350 healthy rainbow trout from researchers at the University of Guelph.

The pond was "killed off" last fall to prepare it for restocking.

"As it developed, there was some doubt we could get fish before Jan. 1st," said Ron Baldwin, Cornwall district natural resources fish and wildlife supervisor. "The requests for restocking fish have been heavy this year from all parts of the province."

The fish, averaging 11 inches long and weighing approximately half a pound each, were originally given by the ministry to Guelph as subjects for nutrition studies. Researchers finished the studies and offered to give the fish back because they didn't want this natural resource wasted.

Although the pond on Dundas county road 18 near the Stormont county border is only 5.5 acres in size, it can provide trout-starved local anglers with a few thrills. This summer one fisherman caught a three-pound, 15 ounce speckled trout in the old quarry which is only one of many which has been reclaimed for use as a "fishing hole" by natural resources staff across the province.

The season for brook, brown and rainbow trout opens Jan. 1st in the five eastern counties of Ontario.

1973 was a year of foment and turmoil for the world. For the Ministry of Natural Resources, it was a year of upheaval and accomplishment.

Many of us found ourselves in new places and doing jobs we had never tried before. Although the re-organization of our Ministry is not complete, there is now a feeling that we will be better serving the needs of our employers, the people of Ontario.

To our staff in the eastern region, I would like to express my appreciation for a job extremely well done under sometimes very trying conditions.

To all of the people living in eastern Ontario, I say thank you for your help and patience and wish for each of you that 1974 will be a year when challenges are met and hopes are realized.

T.W. Hueston,
Regional Director

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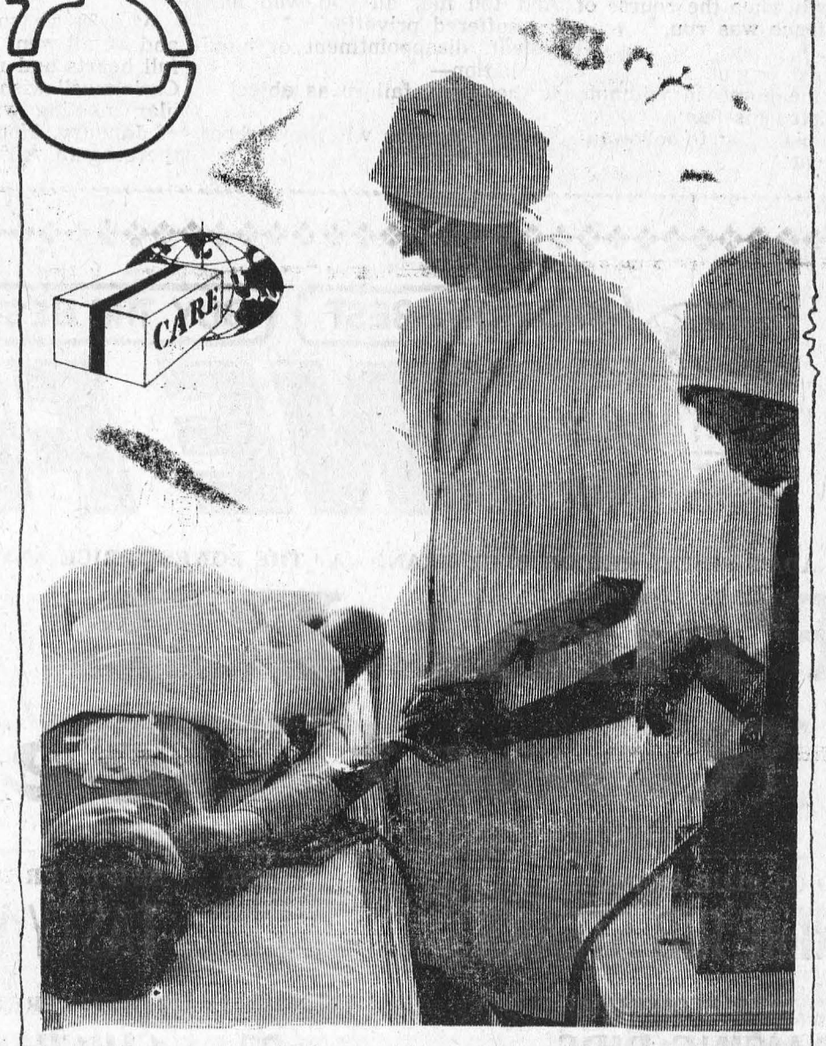

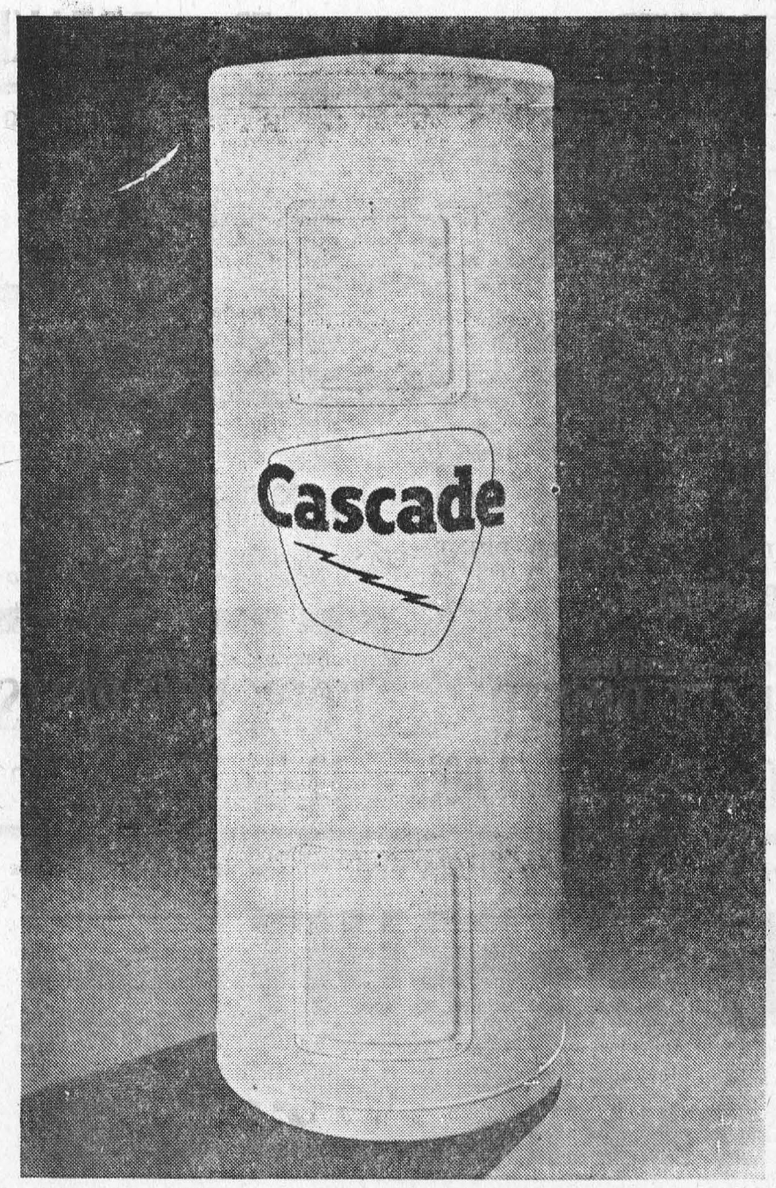

A word to the wise

When it comes to hot water, using it wisely—not wastefully—makes good sense.

your hydro

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OF APPLIED ARTS AND TECHNOLOGY
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CONTINUING EDUCATION PERMANENTE

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COURS DU SOIR OFFERTS AU COLLEGE ST-LAURENT A CORNWALL

	Evening/Soir	Time
BUSINESS/COMMERCE		
Introduction to Real Estate	Tues. & Thurs.	7:00 — 10:00
Microeconomics	Monday	7:00 — 10:00
Personnel Administration	Wednesday	7:00 — 10:00
Supervision	Monday	7:00 — 10:00
Accounting IV (R.I.A.)	Wednesday	7:00 — 10:00
Typing (Basic)	Tues. & Thurs.	6:30 — 8:30
Typing (Advanced)	Tues. & Thurs.	6:30 — 8:30
Introduction to Computers and Computer Programming	Tuesday	6:30 — 8:30
Appraisal Theory and Practice II	Tues. & Thurs.	9:00 — 11:00 a.m.
Introduction to Appraisal	Wed. & Fri.	9:00 — 11:00 a.m.
Introduction to Property Management	Wed. & Fri.	8:00 — 10:00 a.m.
Programming & Problem Solving	Thursday	7:00 — 10:00 p.m.
Systems Programming II	P. S. I.	
Systems Design	P. S. I.	
I P Laboratory I	P. S. I.	
Fortran Programming	P. S. I.	
Commercial Programming I	Thursday	7:00 — 10:00 p.m.
Investing in Stocks and Bonds	Tuesday	7:00 — 10:00 p.m.
Advertising and Sales Promotion	Tuesday	7:00 — 10:00 p.m.
Accounting II	Tuesday	7:00 — 10:00 p.m.
Accounting II (R.I.A.)	Tuesday	7:00 — 10:00 p.m.
APPLIED ARTS APPLIQUES		
Written Communications	Wednesday	7:00 — 10:00
History of Films	Monday	7:00 — 10:00
Introductory Psychology	Monday	7:00 — 10:00
Studio Photography	Monday	7:00 — 10:00
Basic Photography	Tuesday	7:00 — 10:00 p.m.
Printmaking: Woodcutting, Silkscreening and Etching	Tuesday	7:00 — 10:00 p.m.
Painting and Drawing	Monday	7:00 — 10:00
Interpersonal Relations	Monday	7:00 — 10:00 p.m.
Music Appreciations	P. S. I.	
Weaving	Wednesday	7:00 — 10:00
Conversational French (Levels I to V)	Tues. & Thurs.	7:00 — 9:00
Conversational French (Levels V & VI	Mon. & Wed.	2:00 — 5:00
TECHNOLOGY/TECHNOLOGIE		
Instrumental Chemistry	Monday	7:00 — 10:00
Technical Drawing II	Wednesday	7:00 — 10:00
Basic Calculus	Tuesday	7:00 — 10:00
Chemical Engineering Principle	Tuesday	7:00 — 10:00
Theory of Structures	Monday	7:00 — 10:00
Stationary Engineering 4th Class	Tues. & Thurs.	7:00 — 10:00
Steam Engines I		
Steam Boilers I		
Plant Services I		
RETRAINING/RECYCLAGE		
Math Upgrading (4 levels)	Tuesday	7:00 — 10:00
English Upgrading (4 levels)	Monday	7:00 — 10:00
Science Upgrading (3 levels)	Wednesday	7:00 — 10:00
Conversational English (Basic)	Mon. & Wed.	7:00 — 9:00
Conversational English (Intermediate)	Mon. & Wed.	7:00 — 9:00
Conversational English (Advanced)	Tues. & Thurs.	7:00 — 9:00
Small Engine Service	Wednesday	7:00 — 10:00
Welding (Basic)	Tuesday	7:00 — 10:00
Welding (Intermediate)	Wednesday	7:00 — 10:00
CONTINUING EDUCATION PERMANENTE		
Bridge	Monday	7:00 — 10:00
Gourmet Cooking	Tuesday	7:00 — 10:00
Personality (Starting in February)	Tuesday	7:00 — 10:00
Pilot Ground School	Tuesday	7:00 — 10:00
Amateur Radio	Wednesday	7:00 — 10:00
Hairstyling Techniques		
Skin & Scuba Diving	* Monday	8:00 p.m.
Skin & Scuba Diving	* Wednesday	8:00p.m.
Karate	* Mon., Wed., Fri.	6:00 p.m.
Yoga	* Wednesday	7:30 p.m.
Yoga	* Monday	7:30 p.m.
	* (Registration at YM-YWCA Only)	
Dessin & Peinture	Mardi	7:00 — 10:00
Francais des Affaires (DEBUTE LE 4 MARS)	Lundi	7:00 — 10:00
Francais des Affaires (DEBUTE LE 6 MARS)	Mercredi	7:00 — 10:00

COURS DEBUTENTE: Tuesday, January 8th, 1974
COURSES BEGIN: Mardi, le 8 janvier, 1974
REGISTRATIONS: Thursday and Friday, January 3rd and 4th between 6:00 p.m. and 9:00 p.m. St. Lawrence College, Windmill Point, in the Gym.
INSCRIPTIONS: Jeudi et vendredi, le 3 et 4 janvier 1974. Entre 6:00 p.m. et 9:00 p.m. Au gymnase, College St-Laurent, Windmill Point.
FEE/FRAIS: $15.00 each/chacun.
EXCEPTIONS: In troduction to Real Estate, Introduction to Appraisal, Stationary Engineering, $30.00.
Math, English and Science Upgrading, $5.00.
Francais des Affaires, $10.00

FOR FURTHER INFORMATION CONTACT:
Continuing Education Department
St. Lawrence College
933-6080 Ext. 203, 207 or 222

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Le service de l'Education permanente
College St-Laurent
933-6080 Postes 203, 207 ou 222

Year End Review by Labour Minister

Labour Minister Fern Guindon said that changes in The Construction Safety Act, a revision of The Workmen's Compensation Act and amendments to The Employment Standards Act marked the major accomplishments of 1973 for the Ministry of Labour.

In a year-end review of the activities of the Ministry of Labour, he listed the changes in legislation, as being of prime importance But he also stressed the work carried out in the field of industrial relations by the Ministry as the most engrossing and controversial.

"The year has not slipped by without its share of strikes, lockouts and other labour problems", he said. "However, I am sure when statistics are compiled, they will show the number of man-days lost compare favourably with last year".

He said 1973 was a heavy bargaining year with several major and large contracts negotiated in the construction industry, in automobile manufacturing and in a variety of other industries.

He noted that during the first 11 months of the year there was a slight increase in the number of work stoppages over the same period in 1972 but the number of man-days lost decreased by over 500,000. He said up to the end of November there were 197 work stoppages resulting in 1,510,900 man-days lost. In the same 1972 period, there were 186 work stoppages with 2,067,000 man-days lost.

Mr. Guindon said there were several reasons for the improved industrial relations atmosphere this year. They included co-operative efforts on the part of man agement and unions to reach agreements, expert assistance provided by government conciliation officers and mediators to the bargaining parties and the economic climate.

One of the most encouraging features on the negotiatiation scene, he said, was the smoothness in which collective agreements were worked out in the construction industry which saw only minor disruptions in building. He said this was the result of co-operative efforts on the part of management and labour and the work of the Construction Industry Review Panel.

He said that representatives of government, management and labour working together on the Panel, have provided the catalyst for better communications in the negotiations and assisted in the collective bargaining process.

Mr. Guindon said that one of the landmarks of 1973 was the implementation of many of the recommendations of the Task Force on the Workmen's Compensation Board. He said the important changes undertaken in the structure of the Board and its procedures will go a long way to restoring the workers' confidence in the W.C.B.

In the area of safety, Mr. Guindon said the takeover of the responsibility for safety inspections in the construction industry in Ontario was another milestone for the Ministry. Previously inspections were carried out by the municipalities.

He said the move will mean a more uniform and effective inspection system throughout the province.

The Ministry of Labour has also taken steps to revise legislation which provides further protection for orkers. The minimum wage in Ontario will increase from $1.80 to $2.00 in general industry and from $2.05 to $2.25 for construction workers effective January 1st.

Amendments t o The Employment Standards Act will entitle employees to be paid for four designated statutory holidays in 1974 and two weeks annual vacation with pay after one year of employment. By 1975, employees will be entitled to seven paid statutory holidays.

The amendments also include a provision for a premium rate of 1½ times regular rate for all hours worked in excess of 44 hours per week beginning January 1st, 1975 compared to the present requirement of premium pay after 48 hours per week.

The Act was also amended to provide for notice or pay in lieu of notice to be given to employees laid off as a result of an order under the Ontario Environmental Protection Act.

Up to the end of November, the Employment Standards Branch had collected $2.4 million for 36,200 employees, who were underpaid in areas of minimum wage, overtime pay, vacation pay, termination pay and collection of wages.

NOW HEAR THIS

CBC Radio drama producer Jean Bartels, just back from an international conference of radio drama producers in Switzerland, has two productions of note coming up in the near future. The first, on CBC Stage, Saturday, Jan. 19 is A House of Ill Repute, a comedy by Paul Kligman. It concerns an ad man who has had it with his wife, his girl friend, and his increasing pile of debts. Then he hits upon a brilliant scheme to make a lot of money, and solve all his problems.

The second production is a 90-minute dramatic poem for voices on CBC Tuesday Night, Jan. 22. Author Liz Woods, originally from B.C. and now resident in Toronto, describes it as "an opening through time of many lives, all mine". It is an inward voyage for the poet who writes characters who create other characters who provide the final solution. Special music, in the contemporary jazz idiom, was commissioned from one of Canada's leading composers, Norman Symonds. The readers for Maya are Nonnie Griffin, Ron Hartmann, Colin Fox, Diana LeBlanc, John Kastner and Renata Plestina.

When everyone else was running around doing their last minute Christmas shopping, Jean was putting another drama on tape — radio version of the successful Fredericton Playhouse production of Shakespeare's Othello. This venture was directed by Actor Ted Follows, and starred Ron Hartmann as the Moor of Venice. It will be scheduled on CBC Tuesday Night later this year.

Doug Byers, a Toronto freelancer who has done a couple of shows for The Entertainers, one on the O'Connor Sisters' vaudeville act, and another on old - time music hall variety, has another coming up on the same series, Sunday, Jan. 20. This one's about record producers in Canada.

The X British Commonwealth in Christchurch, N.Z. will be covered in daily reports from Wednesday, Jan. 23 to Sunday, Feb. 3. Canada will have over 100 athletes taking part with best hopes for honors being in the men's high jump, swimming, diving, the marathon and the women's 1500 metres. Commentators are Don Chevrier, Beattie Martin and Fred Walker. Anchorman is Bob Willson.

Producer Jack Humphrey has had over 400 enquiries in answer to his search for new comedy writing talent. He's on the lookout for writers in connection with a projected summer series, Travels With Aunt Jane, starring Jane Mallett.

Conseil d'education des comtes de
STORMONT, DUNDAS & GLENGARRY
County Board of Education

ELECTIONS:

FRENCH LANGUAGE ADVISORY COMMITTEE

In conformity with the new legislation (Bill 180) elections will be held on WEDNESDAY, JANUARY 16, 1974, AT 8:00 P.M. in the zones described underneath in order to elect the six new members for the year 1974.

The six members will be elected from the following zones:

a) 4 members from the City of Cornwall

PLACE: "The gymnasium of l'ecole secondaire La Citadelle"

b) 1 Member from the Townships of:
1) Lancaster
2) Charlottenburgh
3) Cornwall
4) Osnabruck
5) Williamsburg
6) Matilda
and the villages of Lancaster, Morrisburg and Iroquois.

PLACE: "The gymnasium of Charlottenburg-Lancaster District High School"

c) 1 member from the Townships of:
1) Lochiel
2) Kenyon
3) Roxborough
4) Finch
5) Winchester
6) Mountain
and the Town of Alexandria and villages of Maxville, Chesterville, Winchester and Finch.

PLACE: "The gymnasium of Maxville District High School"

The French Language Advisory Committee will be composed as follows:

a) three members of the Stormont, Dundas & Glengarry County Board of Education appointed by the Board;

b) six French-speaking ratepayers who are not members of the Board but have the qualifications required for members of the Board. Please not that the six French-speaking ratepayers will be elected by the French-speaking ratepayers of their respective zones as described above.

December 18, 1973.

Fraser Campbell
Chairman

T. Rosaire Leger
Director of Education and Secretary



Put WANT ADS to work for you

CARDS OF THANKS

Happy New Year and Many Thanks from Seaway Community Services to those who helped to make our Xmas dinner at Iroquois Civic Centre a big succes. Special thanks to the Iroquois Ministerial Assoc., Rev. Hibbs and Rev. Rogers; the many women's groups, and individuals who assisted in any way, with money, food and serving. Thanks also to the many who patronized the dinner.
2p.

I would like to thank my many friends and neighbours for their visits, cards and to all who supplied transportation and other favours to me. Special thanks to the Legion for flowers and other kindnesses; also to all those who brought food to the house. It will long be remembered.
MRS. WINNIE CASSELMAN
2p.

Words cannot express our heartfelt thanks to relatives, friends and neighbours for the many acts of kindness, floral tributes, In Memoriam donations, and messages of sympathy received in the recent loss of a dear wife and mother, Beatrice Casselman. — Special thanks to Rev. D. L. Gordon, Dr. Houze, Mrs. D. McBain and Miss A. Mattice, and Fairbairn Funeral Home. We would also like to express a sincere thank you to the neighbours who helped in any way during her illness.
LLOYD AND LARRY
CASSELMAN.
2p.

The family of the late J. Harvey Johnston wish to express their sincere thanks for the many acts of kindness, messages of sympathy, flowers, donations to the different organizations, received from our friends, relatives and neighbours during his illness and our bereavement. Special thanks to Rev. G. W. Bruce, the church organist and choir, and Gordon Thom for his solo; also thanks to Dr. Ford Connell and staff at Kingston General Hospital. These kindnesses will forever be remembered.
WIFE, WILLA,
DAUGHTER, LORRAINE,
TED, RANDY and BRAD.
2p.

IN MEMORIAMS

BAKER — In loving memory of a dear brother, Capt. W. J. Baker, who passed away January 10th, 1967.
The rolling stream of life rolls on
But still the vacant chair
At his home who once sat there,
When we meet and you'r not there.
HAROLD AND HATTIE.
2p.

STORE MANAGER

(Seasonal) Required At

Upper Canada Village

To operate the Retail Sales Complex. Ten months employment offered. Grade 12 or an equivalent combination of education, training and experience. Supervisory experience and a knowledge of basic accounting procedures would be an asset. Must have: demonstrated ability, initiative, good judgment and personal suitability.
Inquiries should be submitted to:

General Sales Manager,
Merchandising and Revenue Services,
Upper Canada Village,
Box 340, Morrisburg, Ont.
Phone 613-543-2911.

2c.

Stormont, Dundas and Glengarry Roman Catholic Separate School Board

TENDER

CARETAKING SUPPLIES

Sealed tenders on the above will be received by the Business Administrator no later than 16:00 hours,

WED., FEBRUARY 6, 1974

Persons interested in bidding on this tender are requested to obtain the necessary forms from the Purchasing and Stores Department, 1104 First Street East, CORNWALL, Ontario, referring to Tender No. 3 1974.

MAURICE G. VARIN,
Manager,
Purchasing & Stores Dept.

FOR SALE

1 SNOW SHARK. 7 h.p. Snow Blower, used part of one season $350.00. Also a 1970 Dodge Custom Polara Station Wagon in excellent shape. $2,000.00
D. DUVAL,
Phone 652-4416.
1-2p.

NEARLY NEW SPACE HEATER with blower.
PHONE 543-2685.
49tfp.

VACUUM CLEANERS and Floor Polishers. Will demonstrate in your home.
RALPH COULTHART,
Morrisburg, Ontario.
33-5p.

1 30 H.P. 1972 JOHNSON SKEE HORSE. Reverse gear and electric start. Nylon cover. Used last winter only; 1 Cutter. Full price $800.00. Also 12½ cu. ft. Frig. like new $100.00. Contact:
ROGER COLIGAN
48tfc.

'73 DUSTER 318. Grey, with Radio. 7200 miles. Block Heater & pre-Heater included. 6-months warranty. For information,
CONTACT 543-3145,
for "Peter"
2-3p.

HELP WANTED

CLEANING PERSON required Wednesday or Friday of each week during winter months.
PHONE 543-3258.
After 6:00 p.m.
2p.

WAITRESS WANTED IMMEDIATELY. Apply at
ROMEO'S RESTAURANT
45tfc.

SERVICES REQUIRED

MATURE PERSON or COUPLE to provide day care for 2 children in return for private apartment and other priveleges. Reference required.
PHONE 652-2298,
After 5:00 p.m.
2tfc.

NOTICE

Pursuant to By-Law No. 3625, the January Session of Council of the Corporation of the United Counties of Stormont, Dundas and Glengarry will be held in the Council Chambers, County Buildings, Cornwall, on Monday, the 14th day of January, A.D. 1974, at ten o'clock a.m.
R. J. LAPOINTE,
Administrator,
Clerk-Treasurer.
County Buildings,
Cornwall, Ontario.
2c.

BILINGUAL CLERK - STENOGRAPHER

The St. Lawrence Parks Commission, Morrisburg, has a full-time position open for a qualified Clerk Stenographer who is able to take dictation in shorthand or speed-writing at 80 w.p.m., type at 40-50 w.p.m. and transcribe from notes and dictaphone.

Prerequisite for this position is complete fluency, oral and written, in French and English.

This position is with the Marketing & Communications Services Branch relating to Tourism and Recreation. The incumbent will travel from time to time, both in and out of the Province.

Starting salary $5,583 going to $6,548.

Ontario Civil Service beneftis will apply.
Write to:

The St. Lawrence Parks Commission,
Box 340,
Morrisburg, Ontario,

for application form. Competition closes January 18th, 1974.
2c.

THE RED CROSS SERVES FOR YOU

COMING EVENTS

PUBLIC SKATING

Saturday Night ..... 8:00 to 10:00
Sunday Afternoon .... 3:00 to 5:00
ADMISSION 25c — 50c
2c.

AN INTERVIEW WITH ROSE KENNEDY

The C.W.L. will be presenting the movie called "An Interview with Rose Kennedy" on January 15th at 8:00 p.m. in St. Mary's School, Morrisburg. Everyone is welcome!
2c.

BAZAAR & FOOD SALE

The United Church Women will hold their annual Bazaar & Food Sale in Allan Hall on Wednesday, November 27th.
2c.

ANNUAL MEETING

The Annual Meeting of the Morrisburg Branch of the Canadian Red Cross Society will be held in the Red Cross Workrooms, Morrisburg Shopping Centre, on Tuesday, January 15th, 1974, at 3:00 o'clock in the afternoon. Reports of the various committees of the Branch will be received and election of Officers for the forthcoming year will be held. Anyone interested in the work of the Red Cross Society is invited to attend this important meeting.
2c.

EX-SERVICE PERSONNEL

INTERESTED IN FULL TIME or part-time work in the Chesterville area? Good health. Must have served in the armed forces or R.C.M.P. Age not a factor. Inquire:

CANADIAN CORPS
OF COMMISSIONAIRES,
38 Clarence St.,
Kingston, Ontario.
Telephone 542-2981
Also Winchester 774-2715.
1-2c.

FLOYD FISHER

REAL ESTATE BROKER
MORRISBURG, ONTARIO

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Residence	543-2355

BUNGALOW — Frame, 3 bedroom, neat and well kept. Nice-landscaped lot, paved driveway T.V. Tower. Tiled and carpeted floors. O.H.A. furnace. 4 pc. bathroom. Garage. Taxes $140. Morrisburg area.

BUILDING 25' x 130' - CEMENT block. O.H.A. furnace. 5 bedroom living quarters. Tile, hard wood and carpeted floors. Unfinished part has space for ten bedrooms 9' x 10' & two bathrooms. Would make a good rest home. $25,000. In Seaway Valley Village.

185 ACRE FARM — 90 acres level clay loam plowable, 50 acres pasture, 45 mixed bush. 4 wells, 1 drilled. Frame barn, 40' x 36'. Frame, aluminum siding home heated with oil space heaters. Asking $10,000 down. Township of Matilda.

25 ACRES BLACK LOAM — 15 plowable, 10 pasture. Buildings in dandy shape. Barn 40' x 80'. Hothouse 16' x 16'. Workshop & garage has O.F.A. furnace. Frame aluminum siding 5 bedroom home, 4 pc. bathroom, spacious rooms, good housekeeping. Plenty trees. $40,000. Ingleside area.

BUNGALOW — Frame with aluminum siding, excellent state of repair. Panelled walls, tiled and carpeted floors. Comfortable and convenient. O.F.A. heating. Garage. Nicely landscaped, garden area. Taxes approx. $144. Upper Canada Village area.

SALESMEN

John Allison	543-2989
Alton Bolton	543-2602
Harold Fisher	543-2213
Bill Marshall	543-3200

BOSTON vs. TORONTO

Treat your son to an N. H. L. Game in Toronto, Boston vs. the Leafs — March 16th. Tickets now on sale by all Bantam hockey players for a draw on this all-expense outing for two. Please help your local bantam team.
2c.

EUCHRE AND BRIDGE

Sponsored by the Order of the Eastern Star in the Masonic Hall, Morrisburg. Wednesday, January 16th at 8 p.m. Prizes, Refreshments, Bake Sale.
2c.

MORRISBURG SNOWMOBILE CLUB

A meeting of the Morrisburg Snowmobile Club will be held at the Canadian Legion Hall, Morrisburg on Monday, January 14th at 8 p.m. sharp. This meeting will either revive the Club or dispose of its assets.
2c.

CURLING PARTY & DANCE

January 19th, 1974. — Curling starts at 1 p.m. — At 9 p.m., The Music Man for 4 hours. Everyone invited to the dance. $4.00 per couple — Refreshments in the evening and pot luck for supper.
2-3c.

L.O.L. NO. 3127 ANNUAL OYSTER SUPPER

I.O.O.F. Hall, Victoria St., Saturday, January 19th, starting at 5:00 p.m. Adults $3.00 (includes 3 servings; additional servings 50c a plate); Children 12 and under, $1.00.
2-3p.

NOTICE

There will be a "Gift Shower" and Tea on behalf of the Canadian Cancer Society, in order to help stock our new Lodge "The Maurice Grimes" in Ottawa. This Lodge serves patients from the surrounding area who are in Ottawa for treatment and must stay overnight, or perhaps a few days, or more FREE. Gifts should include the following articles: Soap, Shaving Cream, Toilet Water, Bath Salts, Stationery, Tooth Paste, Playing Cards, Games, Jams and Jellies, and should NOT be wrapped. Time: 2-4 Friday, January 18th in Allan Hall, Lakeshore Drive. As there has never been any other effort made in Morrisburg to assist the Cancer Society, apart from the Annual Canvass, it is to be hoped people will go all out to support this shower.
1-2.

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