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Lions donate to Hospital

Iroquois-Matilda Lions Club President Peter Swank donated on behalf of the Club their $8000. towards the Opthamology Unit at Winchester and District Memorial Hospital. Local Clubs have banded together in this common cause (as reported here December 16, 1998). Keith Robinson accepted the cheque on behalf of the Hospital. The community can be proud of such marvellous projects as this that Lions Clubs are involved with. *Chieftain Photo by S.L.Johnston*

Group commissioned for an Environmental study

by Sandra Lee Johnston
Chieftain Staff Reporter

The Township of South Dundas has commissioned M.S. Thompson & Associates Ltd. of the Thompson Rosemont Group to complete an Environmental Study Report (ESR) that will lead to improvements to the municipal sewage treatment facilities in Morrisburg and Iroquois. The ESR is being conducted under the provisions of the Ontario Class Environmental Assessment (EA) Process as is required for municipal water and sewage projects. The Environmental Study report (ESR) precedes a Certificate of Approval (C of A) and an application for funding assistance from the Province of Ontario for the proposed work.

Background:

Built and commissioned around 1957, the Morrisburg sewage treatment facility is no longer effective in treating wastewater from the service area. Flows exceed the capacity of the treatment facility and the level of treatment is inadequate. Several years ago, the Village Council began the process of dealing with the problems, first by constructing a new interceptor sewer to reduce basement flooding and overflows, then by securing funding assistance and initiating a study to address treatment issues. Infiltration flows in the collection system continue to be excessive.

The Iroquois sewage treatment facility was built and commissioned around the same time as Morrisburg's. However, it was upgraded in 1989 and is reasonably effective in treating wastewater from the service area. Flows are well below the capacity of the treatment facility and the level of treatment is generally within the limits prescribed by the C of A. Infiltration flows in the collection system continue to be excessive and periodically contribute to flooding. Several years ago, the Village Council began the process of dealing with the problems; firstly by completing studies that examined treatment optimisation and the collection system, then by initiating a program of sanitary sewer rehabilitation.

Municipal amalgamation has provided an opportunity to examine in detail sewage collection, treatment and disposal jointly in Morrisburg and Iroquois, as well as the intermediate lands.

The Class EA:

The Class Environmental Assessment (EA) Process is a phased process that begins with the problem definition, followed by the evaluation of alternative solutions, the preliminary design of the preferred alternative solution, and completing an ESR. The evaluation of alternatives must consider the natural, social and economic environments. During the Class EA Process, available plant optimisation methodologies and treatment technologies will be evaluated in order to determine the most cost effective systems for both Morrisburg and Iroquois. Some recent technologies are providing improved treated effluent at lower capital and operating costs than conventional systems. These technologies are capable of effectively treating wide ranging flows typical of many communities along the St.Lawrence River.

Public Consultation:

A key and important feature of the entire process is the involvement of the users of the system and other ratepayers in the study area. Items in the Press is one component of the public Consultation Process. Other press releases will follow and Public Information Centres will also be held; initially in Morrisburg and later in Iroquois. The process will conclude with the production of the Environmental Study Report (ESR) which will be placed on the public record for thirty days at accessible locations (Township office in Williamsburg, Libraries in Morrisburg and Iroquois as well, as the Cornwall Office of M.S.Thompson & Associates Ltd.) This will enable ratepayers to review the document and comment. Before the production of the ESR, you will have opportunities to input to the process beginning now by responding to this release and invitation to attend the first public information meeting on Thursday, February 18, 1999 from 3-5pm and 7-8:30pm at the Morrisburg Civic Centre on 5th Street West.

Initial findings:

Morrisburg:

* The Morrisburg Sewage Treatment Facility will be replaced. The facility will employ a new cost effective treatment technology and will have capacity to accommodate modest growth.
* The main pumping station will be replaced including backup power.
* An effluent outfall will be constructed.

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Spending per student very low in Ontario

by Sandra Lee Johnston
Chieftain Staff Reporter

There was a time when smug Canadians looked with pity and derision at underfunded American schools. Well, times have changed! Canadian schools, like other public institutions, have suffered continuous funding restrictions for most of this past decade. In contrast, American per pupil expenditures have risen steadily in the same period. Now Canadian schools are the poor cousins.

New York spends $10,521 per pupil to rank first while Ontario falls down to 55th, spending $5,181 per pupil (all $ in U.S. funds). In fact all the Canadian provinces rank at the end of the list behind ALL the American states. The American average comes in at $7,254. and Canada's sits at $4,808.

The fact that per pupil expenditures in the Canadian provinces have been overtaken by even the least progressive of the American States, is not only a blow to Canadian pride, but has serious consequences for our future.

The simple truth is that money does matter. It provides for up-to-date textbooks and other learning materials. It can be used to lower class size and provide specialized instruction for those who require it. Money can help provide teachers with the time and resources to be effective teachers. A recent study (Dec. '96) released by the National Centre for Education Statistics (NCES) an agency of the U.S. Department of Education makes a direct link between per pupil expenditure and successful student participation in formal education.

The NCES paper argues that higher expenditures per student reflect more resources being devoted to education relative to the size of the student body. It goes on to say it may lead to a high quality of education, which in turn may attract more participation in formal education. The findings are that lower participation rates are quite strongly associated with lower public expenditures per student. As proof of the assertion, the U.S., Switzerland and Sweden have the highest per-student expenditures at the secondary level and their participation rates are also among the highest. Such findings could show that the on-going attempts to take money out of our education systems will lead to more drop-outs and fewer high school graduates.

It has also been shown that education appears to play an important role in worker productivity in all industrialized countries. The industrialized countries with the highest productivity levels tend to have highly educated work forces and the convergence in productivity among these countries generally parallels that in education attainment.

Upper Canada School Board teacher and noted education funding expert, John McEwen announced locally on Monday last week the surprising results of an in-depth study of jurisdictions across Canada and the United States. The study compared relative spending on education in more than sixty jurisdictions and found that during the Tory government's mandate, Ontario had fallen to 55th out of 63 jurisdictions in spending on its students. The study paralleled similar studies for the previous two years which indicated that Ontario, once perennially in the top ten in per-pupil spending in North America had dropped first to 43rd, then to 46th and now to 55th.

McEwen said that the findings had been replicated by Environi-

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Hospital begins to offer low-dose Chemotherapy

by Sandra Lee Johnston
Chieftain Staff Reporter

Winchester and District Memorial Hospital has recently begun to provide a service to local cancer patients that have had to travel to larger centres for low-dose chemotherapy. Five Winchester District Memorial Hospital Registered Nurses have been certified by the Ottawa Regional Cancer Centre and are now trained to administer some of the chemotherapy agents in our community hospital.

The staff at Winchester Hospital, in conjunction with the Ottawa Regional Cancer Centre hosted an Education Day at the Winchester facility. Physicans and nurses of both Kemptville and Winchester Hospitals as well as staff from the Community Care Access Centre and Health Care Agency nurses were invited to attend. "It was the first large Medical Education Day between physicians, nursing staff and outside agencies for this hospital," said Director of Corporate Services, Jean Holmes.

Learning the most recent, updated information on colorectal, breast, lung and prostate cancers was especially a strong draw for many as some eighty persons turned out for the daylong event.

The theme for the day was "Patient Centred Care" as cancer care evolves back to the community in the future. Doctor Chuck Adamson welcomed everyone to the event and then introduced Doctor Diane Logan. A brilliant speaker who gave no doubt that she knows what she speaks of, she presented a wondrous agenda. As she went through an overview of metastatic breast cancer, she stressed that when cancers are terminal it is vital to extend the duration of high quality life for the time remaining for the patient. Explaining the factors that influence the choice of therapy, she acknowledged that it is important to listen to the woman and learn how and what she is feeling as a good history is being accumulated. She spoke of radiation and surgery and the fact that "systematic therapy is the mainstay of treatment." She discussed cancer trends, progonosis, therapy from surgery to hormonal and chemo, the drugs used for therapy, classifications of these, their ability and the side effects they cause. The regional Coordinator for Cancer Care Ontario in Eastern Ontario spoke on Metastatic Breast Cancer, Non-Hodgkins and Hodgkins Disease and Pros-

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Mayor pushes for greener township

by Nelson Zandbergen
Chieftain Staff Reporter

South Dundas Council has decided to look into purchasing and then giving away thousands of tree seedlings.

"I would like to see us green-up the whole township," said Mayor Johnny Whitteker at the Jan. 28 meeting. Whitteker proposed giving away up to 10 trees per household.

Public criticism of recent tree-felling decisions in Williamsburg and Morrisburg spurred the Mayor to suggest the idea as a way of replacing trees the township cuts down.

Two trees in Williamsburg were taken down by township crews at the request of the owners. But two others felled on Augusta St. in Morrisburg -- because they were infringing on the road allowance -- had Whitteker regretting he didn't hear about the Works Department decision to chop them until after the sawdust had settled.

"We have 7,000 households," Administrator Mike Waddell reminded Whitteker, expressing concern about the size of the task. "You would tie this whole office up."

"And that's just what we hope," Whitteker instantly responded. "There's no better place" than the Township office in Williamsburg to distribute the seedlings, he said.

"I think it would be a good thing."

His pen burning up a scratch-pad, the Administrator estimated a rough cost of $12,000, for pine tree seedlings.

Hardwoods, Councillor Rowdy Gillard's choice, would cost even more, Council heard.

Said Whitteker, "It's going to cost us a little bit, but I think it'll be money well spent.

"We've got to get moving on it."

Council instructed Waddell to present firm prices, from a number of suppliers, at the next Council meeting.

Building committee

The Administrator reported a committee has been struck to consider the future of Township buildings. Jacques Asselin, Jim Locke, Rick Leroy, Recreation Manager Keith Robinson, Hartley Hodgson, Jim Annable, and David Lapier will have their inaugural meeting soon.

The committee will come up with recommendations on a "best use scenario" for all South Dundas buildings, and report back to Council.

High on the committee's list will be the administrative office in Williamsburg -- whether renovations should occur there or at the old Morrisburg offices, as originally planned at the time

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Woodstove Workshop

Learn to keep the homefires burning as cleanly and safely as possible at an upcoming "Woodstove Workshop," Thursday, Feb. 11, at the Williamsburg Fire Hall. The informal workshop, which begins at 7:30 p.m., will feature a team effort by local woodstove retailers, the fire department, building officials, as well as representatives from the Hearth Products Association of Canada and the insurance industry. Admission is free, and refreshments will be served.

Woodstoves are enjoying renewed respect, since the Ice Storm, and the workshop is intended to teach the public the best, and newest, ways of going about it. Watch a variety of presentations and videos, check out a range of products, participate in question and answer sessions -- and even bring in piece of your own firewood to see how it stacks up for moisture content.

For more information on the Woodstove Workshop and the Great Eastern Ontario Woodstove Changeout program, call Harbers Flame Centre at 535-2301, or Acres Equipment at 1-888-643-1212 and 774-2672.



Slip slidin' fun

The Elliotts know how to use their resources. On Sunday as the sun shone and the blue sky belied the frigid tempertures, Brandon and his sister, Brittany enjoyed the sheet of ice that was created by the melt the other day between County raod 2 and Beach Street in Iroquois. They had their skates, a hockey stick and a plastic box and were having a lot of fun. *Chieftain Photo by S.L.Johnston*

Snowdrags for CHEO on Sunday

by Sandra Lee Johnston
Chieftain Staff Reporter

The weather was perfect as Sunday saw the sun climb high in the sky and temperatures remain on the frigid side. The blue sky was dotted with white clouds and the sound of revving engines filled the air. The nostrils were tickled as the smell of fuel drifted across the air strip at Upper Canada Village.

The annual Snowmobile Drags sponsored by the Riverside Snowmobile Club were ready to raise funds for CHEO.

The racers had paid their entry fee and the race officials were explaining the light system, the rules and the regulations that would cover the running of each class.

Then the yellow turned to yellow and then to green and the scream of engines was heard as the sleds raced to the end of the icy track. Numbers were called and drivers brought their sleds to the staging area and then into position on the starting grid. The starter points, the drivers nod approval and the lights flash for a split second or two and then the next pair are gone and another two move into their spots. Over and over the scenario is repeated and the riders push the throttle hoping not to spin, but to get traction and be gone down the track.

When the snow cleared and the winners announced, the trophies went to:

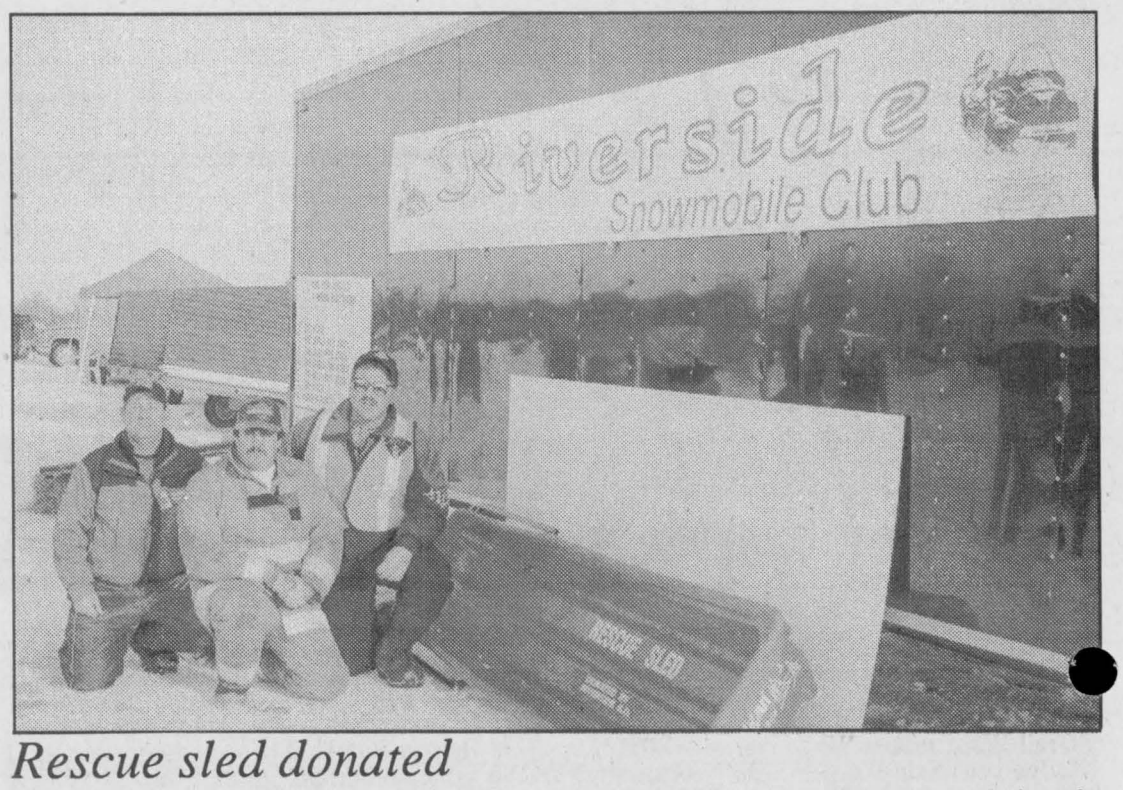
Powder Puff: Sandra Lee Johnston
500 Stock-Kevin Henderson
600 Single Pipe Studded-Bob Steele
600 multi-pipe Studded-Wayne Dernard
600 improved-Wayne Dernard
700 single pipe studded-Anthony McMillen
700 improved single pipe-Dave Armstrong
700 improved-Dave Armstrong
700 multi-pipe studded-Jim Primrose
800 studded-Ed Knolls
800 improved-Dan Blackburn
Open-Dave Blackburn

The big winner was CHEO who will receive a $1200 donation from the Club for the efforts on this sunny Sunday afternoon.



Helping CHEO

Shelley Coleman and her sons, Jordon 7, and Joshua 10 pose before she dons her helmet and hits the drag strip. She raced in the Powder Puff event at the Riverside Snomo drags on Sunday. Her way of giving a little back to the hospital that helps her boys so much. *Chieftain Photo by S.L.Johnston*



Rescue sled donated

The Riverside Snowmobile Club (Pres. Rod VanAllen) donated a rescue sled to the Morrisburg Fire Department.(Mike VanAllen-Fire Rescue)) Part of a Safety and Awareness program started by the Club,(Kirk McMillan-Chief Trail Warden) eight Club members have received St. John's Ambulance Emergency First Aid and CPR training. This donation provides a means of transport for people and equipment no matter the weather using the snowmobiles and co-ordinating with the OPP. *Chieftain Photo by S.L.Johnston*

School Board receives funding

The Upper Canada District School Board has received special funding from the Ministry of Education for a high school/work project. At its meeting of Jan. 17th, board members were informed that the Upper Canada District School Board will receive $82,000 in 1999 to develop strategies enabling high school students to enter agribusiness and related fields at Kemptville College.

Dubbed "Articulation 2000" this project will heighten the awareness of secondary students regarding Kemptville College programs and give some of them an opportunity to attend the college during the last semester of their grade twelve year. Students will base their program choice on experience in an on-the-job training (co-operative education) placement with local agribusinesses. An Articulation Co-ordinator will be hired to work with the school communities of Seawav District High School, North Grenville District High School, South Grenville District High School and North Dundas District High School to advise students and parents of this opportunity.

Essentially four to seven students from each of the above schools will have an opportunity to "articulate" with Kemptville College. This means that they will attend Kemptville College in the last semester of grade twelve.

They will register in a first year college course and complete any remaining high school courses needed for graduation at the T.R. Leger Alternative School on site at Kemptville College. Participating students will have a guarantee of acceptance to Kemptville College for September, 2000. The agreement means that the selected students will have the advantage of experiencing a college environment on a full time basis and begin programs which lead to further study in preparation for work in agribusiness and related occupations.

Brenda King, Education Co-ordinator with the Upper Canada DSB and Kevin Parkinson, Program Leader with the T.R. Leger School are enthusiastic about the potential of this pilot project. King mentioned that, "Articulation 2000 will create an opportunity for students in the rural regions of the Board to develop skills which will lead to employment and allow them to remain in the regions." Careers in agribusiness, horticulture, food services, diesel mechanics and equine studies are some of the possibilities.

Curlers have success at bonspiel

The Morrisburg club's little rock curlers had a successful weekend, entering two mixed teams in a 24 rink bonspiel in Brockville on Saturday. Jeremy Stewart, Tristan Brunt, Samantha Vaughan and Tiffany Duvall defeated a Brockville team 6-4, but bowed 7-3 to one from Kingston. They ended the competition in 5th place.

Adam Keller, Byron Brunt, Megan Tindal and Amber Vaughan tied their games with Brockville and Navan, finishing 4th overall.

Prescott held a 16 rink invitational bonspiel, including teams from Montreal and Ottawa. The two Morrisburg teams entered met in the championship final. Congratulations to Ian McGillis, Rick Leroy, Mahlon Locke and Graham Houze, who played off against Sid Morrell, Don O'Brien, John Lyon and Wally McDonald. The former team won the playoff, while the latter finished first in round robin competition. Well done, all!

Mary Anne Robertson, formerly of Morrisburg and a member of the Canadian Senior Women's Champions from Buckingham, was named to the second all star team at the games held in Saskatoon.

The Metcalfe women won the Broder Cup at this year's annual competition. The men from the same four clubs, Winchester, Russell, Metcalfe and Morrisburg, compete here for the Merkley Cup on Saturday, February 20.

Look for a descriptive poster and sign-up sheet in the clubhouse for a two-player "It's Time for a Bonspiel" bonspiel here on February 27. With a $12 entry fee, food, and prizes, it sounds like fun! Also, why not register for the Morrisburg Mixed Invitational Bonspiel on March 13?!

Kraft from Ingleside held another surberb bonspiel at our club on Saturday.

At the club's executive meeting on Tuesday night, plans were made for the remainder of the year, repairs to an eavestrough will be made, and an ice problem will be dealt with. As well, changes are being considered for next year's schedule. Two of the concerns are ladies' leagues and satisfying those who prefer fixed teams to draw curling and vice versa. A three-year financial statement to the end of December 1998 has been placed in the lounge for your information.

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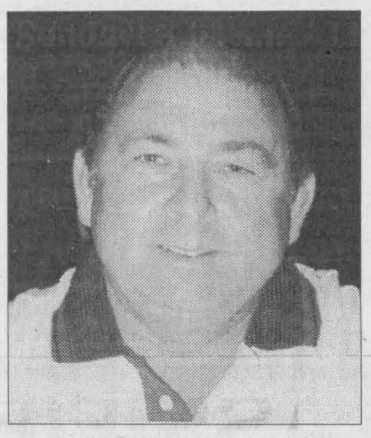

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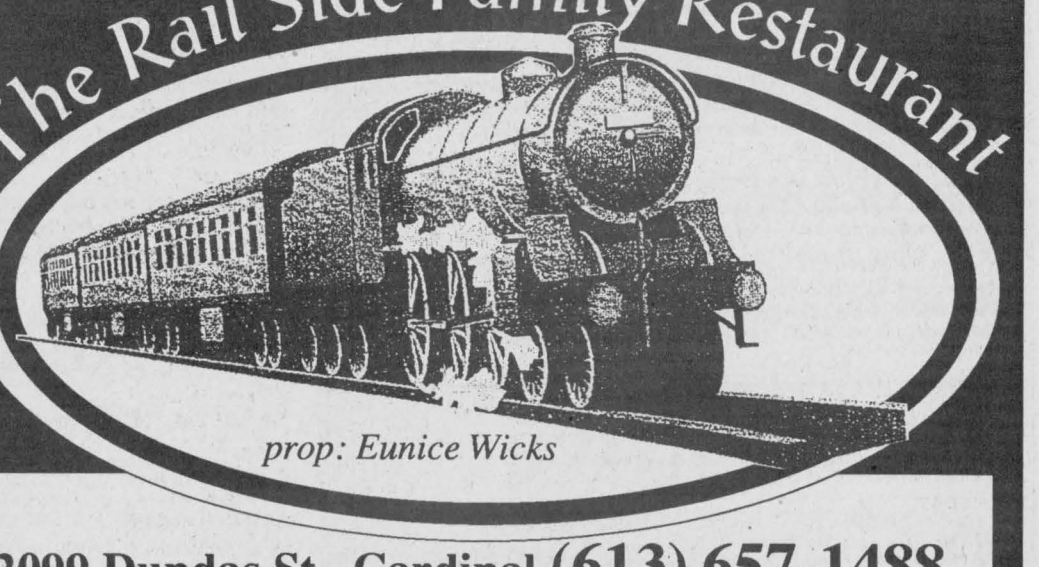

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On the trails

Chieftain photo by N.H. Zandbergen

Trail Warden Ron Whitteker and O.P.P. Constable Harvey Blokland pose with the machines they've been using to patrol the various snowmobile association trails in the United Counties. The pair are on the lookout for the usual vehicle sticker and trail pass infractions, as well as criminal violations like impaired driving and possession of stolen sleds. Blokland says the O.P.P. have maintained a presence on local trails since the mid 70's, a tradition he carries forward as the O.P.P.'s coordinator of the snowmobile patrol in SD&G. Whitteker is a trained volunteer with the wardens, who specialize in enforcing the trail-pass system.

Snowmobile patrols are on the trails of S.D.&G.

by Nelson Zandbergen
Chieftain Staff Reporter

Snowmobiling is fun, but like anything else, there are rules, says Constable Harvey Blokland, coordinator of the O.P.P.'s snowmobile trail patrol in the United Counties. He is part of a cadre of 12 officers in SD&G who cruise the trails, looking for everything from impaired drivers and stolen machines to outdated licence stickers and frozen-headed sledders without helmets.

Constable Blokland is himself on a second two-week patrol stint this winter, usually accompanying a trail warden. "We run whole days when the weather allows," he said.

Blokland is quick to point out that patrol duty is shared; he other members of the SD&G O.P.P. could be anywhere on the trails, at anytime during the season.

And then there are the trail wardens -- 40 or 50 of them in the Nation Valley Association alone, according to Ron Whitteker, a trail warden who was with Blokland at the Morrisburg detachment last week. The two of them spoke to the media about safe and legal snowmobiling.

A trail warden makes sure the snowmobiler has a trail pass -- another sticker affixed to either the windshield or cowling with an accompanying "pink slip." Trail passes cost $130 in advance, or $160 if stopped on the trail.

Blokland said anyone using trails without a pass is trespassing on the landowner's property. The property owner agrees to allow members of the various snowmobile associations -- who maintain hundreds of kilometres of trails -- onto a specific part of his land. A trail pass is an indication of that membership.

And, Blokland said, "We're concerned about them staying on the trail." Snowmobilers who go off the trail are obvious trespassers, and give the clubs a real headache when irate landowners decide to cancel their land-sharing agreements.

Safety is another part of sticking to the trails, because "they are marked for obstacles like rocks, and fence-wire," he noted.

Impaired driving is a perennial concern. The patrol runs ride checks, just like on the highway, to catch the sledders who try to warm up the wrong way. And the penalty is the same as on the highway: a lost driver's licence, a criminal record, a heavy fine and the wrath of the insurance industry.

Getting stopped on the trail, in fact, is not unlike being stopped on the road. Ownership, proof of insurance, driver's licence (or snow vehicle operator's permit) must all be there on the operator. And a current Ministry of Transportation licence validation sticker better be there too, on the left side of the cowling, top right corner. "We're finding that to be the biggest offense," said Blokland.

Potential fines are an equally cold splash in the face, even for the frost-bitten.

Constable Blokland, who powers up and down the St. Lawrence on the O.P.P. boat patrol in the summertime, only chuckles at the suggestion that he gets all the fun jobs. But these days, he's cutting a swath with a green O.P.P. Ski-doo Touring L, the long arm of the law hitting the throttle on a Rotax 500 engine. And the constable wants you to know that he, and others, including the trail wardens, are out there.

Ground Hog Day celebrated

by Sandra Lee Johnston
Chieftain Staff reporter

There are strange goings-on up the Broken Second, just west of Iroquois. There are those who wonder what will happen next year on February 2 when there is no Willie to forecast the duration of spring. There are those who mourn the passing of Willie the best little spring predictor of all.

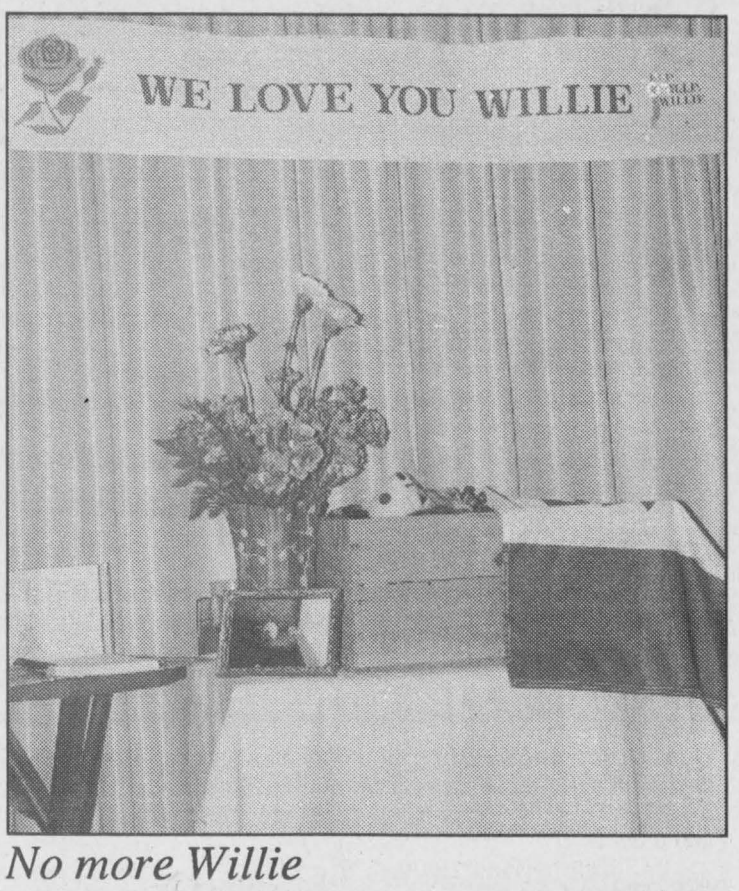
On Saturday evening this reporter received a telephone call suggesting that a visit to the residence of John and Coral Geurkink would be worthwhile. It seems that this couple have for some years now celebrated the famous ground hog and his task every February. "Any reason for a party!" you say. Indeed, why not? Especially when the February blahs dump on us all. We need a reason to laugh and gather with friends. This pair seems to have found the reason...Wiarton Willie.

This year, however, the mood was somewhat sombre, since Willie passed away and so it was that an albino ground hog was laid out in a wooden box, draped in the maple leaf, the flame of a candle flickering as people gathered to pay homage to the little fellow. There was sobbing and wailing as the eulogy was read by father-for-the-event, Herm Hanson:

"Here's Willie before us, laid out in a box.
He's spent many years and worked like an ox.
Forecasting the spring, has been his forte...
But it looks like he won't for many a day.
He's given us fun, a look at the odd,
But no one ever could fault the old sod!
Willie's gone, will the forecast be just as good,
Or will Wairton give them up to some other neighbourhood?
So spring in 6 weeks or maybe more,
But Willie won't see it, he's down for the score.
This group has been gathered and he is on his way,
Now John won't need to sit up all night til the day.
So farewell Willie, we know that you're gone,
This party's just starting, it could last til dawn."

His obituary read, "Peacefully at his den on Sunday, January 31/99, Wiarton Willie, age 22, of Wiarton, Ontario. Loving husband of Winnie Willie (nee G'Hogg) and dear father of Wanita (Bobby) Marmont of Brisbane Australia, Susie (Fred) Mongoose of new Delhi, India and Perry (June) Weasel of Taber, Alberta. Sadly missed by numerous grandchildren; great and great-great grandchildren as well as nieces and nephews. Donations to the Ontario Humane Society were appreciated. His remains were donated to science and the Rev. P. Rabbit handled things.

There were folks present from Wiarton as well a from the U.S.A. A cute idea, a lot of work to prepare for, and a pile of thought and effort did indeed go into this evening, but it was evident that everyone enjoyed the evening, forgot the blahs and had a great time. As the stuffed ground hog toy lay motionless, it was a party with a twist for sure and we den the folks for an innovative reason to celebrate...party on dudes!!



No more Willie

Wiarton Willie will not predict the onset of spring again, for he passed on to ground hog heaven. As he was a central figure in the Ground Hog Day celebrations on the Broken Second each year, it was only fitting that he be remembered in a fitting manner. Here he lies in state as it were.

Chieftain Photo by S.L.Johnston

Name change is nixed in North Dundas

by Nelson Zandbergen
Chieftain Staff Reporter

When it comes to being called a 'municipality,' legally speaking, North Dundas just doesn't cut it, Clerk Howard Smith told Council at its Feb. 1 meeting.

Council decided at its previous meeting, Jan. 18, to have Smith look into the feasibility of changing the Township's name from the 'Corporation of the Township of North Dundas' to the 'Corporation of the Municipality of North Dundas.'

Smith said North Dundas doesn't have a high enough population to use the term 'municipality.'

"I guess we were shot down," said Councillor Roger Cole, who inspired the name-change resolution. That resolution did not propose renaming each of the four wards -- despite reports to the contrary.

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Citizenship Week

February 8 to 15, 1999 is Citizenship and Heritage Week, an annual celebration of Canadian Citizenship, symbols and heritage.

As we approach the millennium let's express our love of our country, celebrate our rich past, share our common values and prepare for an even brighter future. Let's also recognize and honour our local, regional and national heroes...those Canadians past and present who have made a difference in bettering our communities and country as a whole.

Citizenship and Heritage Week satrted off on the 8th, with National Citizenship Week and concludes on the 15th, with Heritage Day and National Flag of Canada Day.

There are symbols of identity that set Canada apart from other nations of the world. They tell the story of a nation, its people, environment and history. They tell also of a country made up of many different peoples, from the First Nations and Inuit who lived in Canada long before recorded history, to Europeans who explored and settled in canada and still others from every corner of the globe. Ours is a beautiful country with marvellous potential. As Canadians, we can and should be proud of what we have accomplished and look forward to the future with a smile and a determination to grow and prosper.

Citizenship and Heritage Week 1999 is a celebration of Canada's past, present and future.

Across this vast country, people will be participating in many ways.

How can you get involved?

Let's take the time leading up to and during this Week to reflect on our legacy, how we have become who we are and where we would like to go as a country and as a society.

Think about how our environment has shaped us and how it will shape future generations.

Consider the many great individuals who have helped build Canada. During this Week, celebrate Canada's many heroes, past and present, discover what made them heroes, reflect on what they have given us and discuss how we can emulate their spirit and commitment.

In this International Year of Older Persons, let's also connect with a generation who helped build and define our nation as it is today.

Let's honour them for their past and current contributions, spend some time with them and include them in our activities.

Let's join in celebrating Canada's rich past, exploring our present and looking ahead to our future.

Did you know that the Supreme Court of Canada will celebrate its 25th anniversary in the year 200?

Or, were you aware that in 1871, Canadians of British and French descent together accounted for 92% of the population of this country and by 1911 that number had dropped to 84%. Most newcomers coming from Europe and settling in western Canada?

The year 2000 will be the 25th anniversary as well of the adoption of the beaver as an official symbol of Canada.

The Vikings were the first Europeans to reach Canada around 1000AD, the first was Bjarni Herjofsson, followed by Leif Ericsson.

Lacrosse, one of Canada's two national sports began as an Algonquin game called Tokhonon which according to myth was given to the people by Glooscap, the creator.

The new red and white maple leaf flag was first raised on Parliament Hill on February 15, 1965.

Oh, Canada, Our home and native land, true patriot love, in all thy sons command. With glowing hearts we see thee rise, the true North strong and free! From far and wide, Oh Canada, we stand on guard for thee. God keep our land, glorious and free! Oh, Canada we stand on guard for thee, Oh Canada, we stand on guard for thee.

S.L.J.

The Chieftain welcomes your opinion.
Write: Letters to the Editor, Box 529, Iroquois, ON, K0E 1K0.
Clearly marking your correspondence as a "Letter to the Editor"

Boating associations not happy with new regulations

by Joseph Morin
Chieftain Staff Reporter

focus

The great outdoors is still the sacred place it always was, especially on Canada's rivers and lakes.

Spending time on the water, whether it be in a canoe or a high powered cruiser is a favourite pastime for millions of Canadians.

Safety on our waterways has become an issue lately and the Federal government has come up with new regulations aimed at protecting recreational boaters from themselves.

The new regulations were announced on January 18 by the department of Fisheries and Oceans. They include minimum age limits for operators of power boats above 10 horse-power and personal water craft, mandatory operator competency requirements, to be phased in over 10 years and new minimum safety equipment and operation standards affecting all boats.

The Ontario Federation of Anglers and Hunters, (OFAH) is disappointed in the new regulations for Canada's 8 million boaters.

Among the new regulations are provisions to licence every power boat operator. Licensing would involve a short written test and a $20 fee. The licence or operators card would be good for a lifetime and is a one time only procedure. The OFAH estimates that 60% of all recreational boaters are in Ontario.

A news release by the OFAH states, "The Ontario Federation of Anglers and Hunters, Georgian Bay Association (of Cottagers), National Coalition of Provincial and Territorial Wildlife Federations and the Federation Of Ontario Cottagers have all opposed the licensing scheme as a thinly veiled tax grab that will do little to improve safety on the water."

The OFAH and other concerned organizations have been urging the government to beef up their enforcement of existing laws as a way to insure that the safety issue has been addressed properly.

The federal government has been working on these regulations for several years. David Anderson, Minister of Fisheries and Oceans unveiled the changes on January 18. The changes are designed to reduce the annual level of boating fatalities and accidents in Canada from their current levels of 200 and 6,000 respectively. "These are not "made in Ottawa" solutions says the Mr. Anderson. They result from an extensive process of dialogue with Canadians who share an interest in making our waters safer. These individuals are the real architects of these common sense and balanced measures," remarked the Minister of Fisheries and Oceans.

Dr. Terry Quinney, OFAH Provincial Co-ordinator of Fish and Wildlife Services expressed his fears about the consequences of the new regulations when he said, "These changes will impact on current and future boaters. Many people will simply say 'to heck' with the rules and abandon recreational activities. Lack of enforcement has contributed to past and current safety problems. Without proper enforcement,only law-abiding people will be affected by new laws. Combating alcohol abuse, reckless behaviour and speeding would do far more to reduce on the water injuries than useless paper work and additional fees."

Effective April 1, 1999, children under the age of 12 will no longer be permitted to operate boats above 10 horsepower for recreational purposes unless accompanied by a person 16 years of age or older. On the same date youth who are 12 years of age, but under 16 years of age will not be permitted to operate boats above 40 horsepower unless accompanied by an individual 16 years of age or older.

As of April 1, 1999 the new minimum age for operating Personal Water Craft will be 16 years of age.

Beginning on September 15, 1999, persons 16 years of age, operating powered craft used for recreational purposes will be required to have proof of operator competency. This rule will apply to all power boat operators of boats less than 4 metres in length, as well as all Personal Water Craft.

Proof of operator competency can be obtained in one of three ways. The first is by successfully completing a written test administered by an accredited course provider. The second is by providing proof of having successfully completed a boating safety course prior to April 1, 1999. The third, for those who do not have an operator's card but wish to rent a boat, involves completion of a dockside boating safety checklist with the rental agent.

One other area of regulations involves bringing the 20 year-old Small Vessel Regulations into the 90's. The regulations provide for new operating standards and minimum safety equipment requirements that will provide flexibility for boaters to take into account thew type of equipment required for their boat and activity. The regulations also define a new "careless operation" offence that will allow enforcement agencies to issue tickets to reckless boaters who put them selves at risk. Minister Anderson stated, "These are easy to live by regulations that will be gradually phased in to allow those affected by them to adjust

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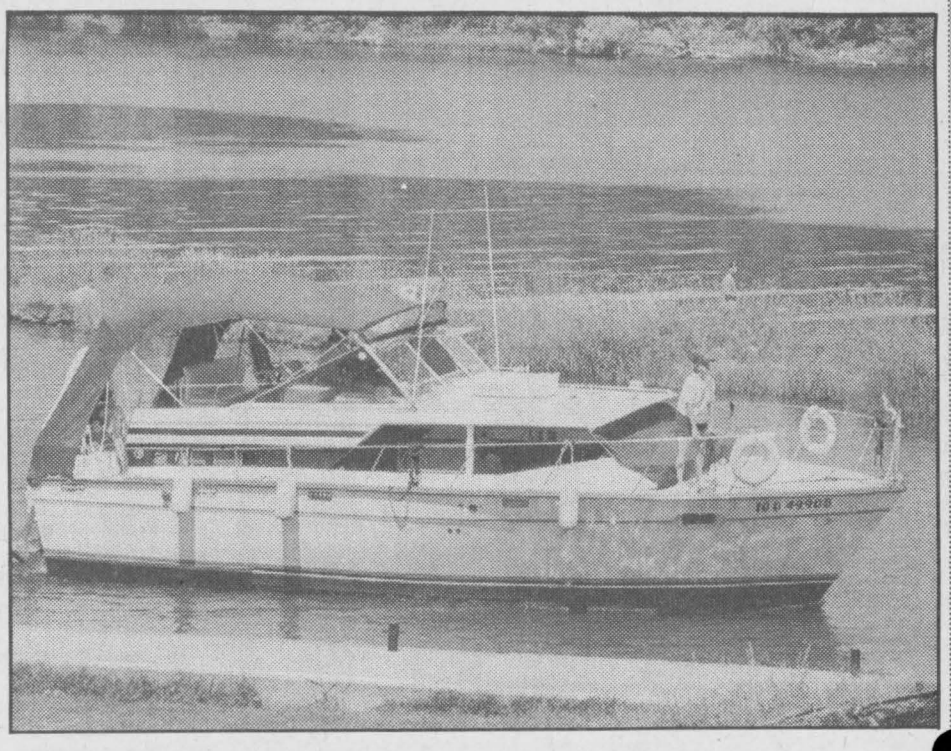

New government regulations will affect boats like this cruiser.

Celebrating a grampa's life

Just Plain Livin' with Sandra Lee

A dark cloud descended upon Swampview as Grampa Charlie went to a better place on the weekend. The call came on Saturday that early that same morning, around 3am, he had slipped away. Certainly it had been expected, and yes, he had lived a long, fruitful life. He had done things his way and had made many friends along life's pathway. He was a good man and a gentleman who never minced words when he had something to tell you. He will be sadly missed and remembered. His garage at Stampville stands like a landmark on the hill north of the former school. His reputation was built on honesty and integrity. The example he showed the generations that followed was enviable. Time will help the hurt and the empty feeling that is prominent right now, but he will live forever in the hearts of those who loved him. As we celebrate his life, we all cling to the memories we cherish of a man who we can all aspire to be like.

The weekend agenda changed with the news. The CPR course that was to be taken was forfeited until a later date. The reporter did work and accomplish all she had to. The second son went to a friends to stay over while the college kid came home. His friend came along from the city and they had a pile of fun...eating, and eating and playing board games, listening to music and playing the drums. They skated at the Iroquois rink and ate some more...wings, cheese sticks and chips, steak, baked taters and apple pie, it seemed we would never fill them...maybe we did not accomplish this task!

This old writer went to the Snowmobile drags for CHEO sponsored by the Riverside Snowmobile Club to snap a few pictures, and ended up entering the races. The Story is focused in this issue, so I'll not go into detail, suffice to say the gold sits on the mantle!! And after not racing for some twenty years. Must be like a bike, you never forget! Thanks Scoogie for the use of the machine and to my brothers for their coaching and encouragement...Dave, Mike and Mark; not to forget the folks who came along to lend their support, what a family!

Times like these when things send you into the depths of despair, you learn who your friends are and who you can count on.

The big guy took a spill and now we call him "Black Bum the Pirate." He went from the top step of the veranda to the ground level in a split second. The small spot that erupted on his hip bone was nothing, but the pain increased. Checking the spot the following day, it had grown, into a very large bruise, that stretched from his spine to beyond his hip bone area. Displaying various shades of black, yellow and purple, it is ghastly in appearance, and as he grimaces as he gets into or out of the car, or his bed, it is evident that he is in pain and maybe should have listened when it was suggested that a visit to the medical man would be a wise move. Men can be and usually are pretty stubborn and so the colour show continues as he grins and bears the pain for now. A coincidence when this occurred, our Reverend friend, Wild Bill also took a tumble and has a bruise to match on the opposite side from the big guy, they could become bruised bookends it seems. They both will be more careful when descending their steps from now on.

The second son and a chum played some hockey on the swamp rink that was cleaned off by a father for his two small children on Sunday...thanks Jamie, saved us a lot of pushing! The ice is not bad, and provides some great exercise for the young people. Skating under the stars is a tradition and if these old arthritic knees would allow this old reporter to skate, I'd be right there with them. I guess that my task now is to watch and enjoy their laughter and provide the bonfire and the hot refreshments to warm their innards. Funny how things change and roles take on different connotations as time goes by.

The musical vehicle game we've been playing continues as the car refused to start on Saturday morning. Plugging in the block heater to dry things off did not work as the painful sound that erupted from the engine area was worse than when we first attempted to get it going earlier. Then after some less then pleasant synonyms had been tossed at it a quick turn of the key and it burst into life. Who knows what is going on? The Bronco came out to work so second son could borrow the pickup to take the girlfriend out. After everyone is gone, and the big guy has headed to the city for the college kid, the temperature drops immediately and the prospect of walking home was not looking rosy at all. One final chance to start, and the old boy coughs, spits and gags and we are in business. A more wondrous drive than this cannot be imagined. Again, I ask, "Who could know what is going on?"

Standing for hours at the funeral home is not much fun. The feet ache and the toes con-

Please turn to page 5

the bottom line

THE CHILDREN AT TIMOTHY CHRISTIAN WILL BE SKIPPING CLASS and skipping rope this Friday afternoon. Students are ready to raise some serious cash for the Heart and Stroke Foundation with a Jump Rope for Heart event. Good luck on a truly hoppin' fundraiser.

* * * *

A SWEETHEART DANCE FOR THE CHILDREN'S HOSPITAL FOUNDAtion is set for Feb. 20, 1999, at the Matilda Hall. This version marks the 10th anniversary for the Sweetheart Dance, and this year promises yet another good time, with live entertainment provided by Ambush. Tickets are $8 per person, including a buffet lunch at the dance, which runs from 8 p.m. to 1 a.m. All proceeds will be presented at the CJOH Telethon for CHEO on June 5 and 6. Call Steven Barkley at 774-3563 for more info.

* * * *

COUNTRY SWAG. SOUND INTERESTING? LEARN HOW TO MAKE A Natural Country Swag this Valentine's Day, Sunday, Feb. 14 at the Upper Canada Migratory Bird Sanctuary. Friends of the Sancturary will host a class, from 1 - 4 p.m., in which you can learn how to create a country swag for over a doorway, mirror, etc. Cost is $20, all supplies included. Act fast, you've got to register by Feb. 10th. Call 613-534-2808. Or sign-up for the next **Sunday, Feb. 21**, when the Friends present **Beginner Folk Art**, again from 1 - 4 p.m. In this class, Betty and Lynda of Country Friends Woodcraft will demonstrate how to make a cute snowman out of wood, using all kinds of surface preparation and tracing techniques. Cost: $20, paint and various other supplies provided -- students required to purchase their own brushes. A Feb. 17 deadline for this one.

* * * *

JUDY SCOTT IS PLANNING TO PUBLISH "TOUGH TALES," A BOOK OF stories by owners of Ford F-Series pick-up trucks. Send your story to 12385 Baker Road, RR #4, Winchester, ON, K0C 2K0; or fax 774-2183; or e-mail judyscott@accglobal.net. And for the silent majority? Start your own title -- "Like a Rock" has a nice ring to it.

CONTINUED

Focus

Continued from editorial page

to their requirements," he added, "They target the proiority areas which boaters themselves identified in the consultation, recognize potential impacts on tourism, respond to the requests of enforcement authorities for modern tools with which to enforce safe boating rules and address the long standing demands of coroners for action in this area."

New equipment will be required on boats. A canoe for example would need life jackets, a buoyant heaving line 15 meters long, at least one paddle or oar, something like a whistle to be used to signal for help and navigation lights for use if you will be out on the water after sunset. Floating cushions will no longer be considered proper safety devices.

Fines for failing the new regulations range from $200 for failing to have sufficient life jackets to $150 for not enough flares in a motorized pleasure craft that requires them and $100 for speeding.

For more information about the new regulations call toll free at 1-800-267-6687, or check out the Oceans and Fisheries website on the Internet at (www.ccg-gcc.gc-.ca).

Just Livin'

Continued from editorial page

tinue going to sleep. The people just keep coming. Gramps had a pile of friends. They come to pay their respects,and then they leave their own memories running rampant no doubt as they recall times they stopped by the garage to see Charlie and get some gas or just gab a bit about the weather, the politics of the day or the price of eggs...no matter he was glad of the company, especially after Gramma Doris went to her reward. Now they should be together and happy once more. We who are left can only hope, afterall they deserve everything they can get.

The friendly faces of those who came to the funeral home helped to make the entire thing a little easier to deal with...thanks everyone!

The wisdom comes from the Old Testament which says, "The start of an argument is like the first break in a dam; stop it before it goes any further."

Take care and stay happy. Enjoy each day you have to the fullest. The eyes are growing ever dimmer and the fingers are typing the wrong letters, so I will try to sleep before the alarm goes off and the new day begins all over again.



Valentine Tea

The tables were filled as the Legion Ladies Auxiliary of Iroquois Branch 370 hosted their annual Valentine Tea and Bake Sale on Saturday. The soup looked delicious and the tables of treats were emptied fast. A great way to get the week's baking done, it was a success for all concerned.

Chieftain Photo by S.L.Johnston

LETTERS

Chretien's shameful behavior

As a Canadian, I am dismayed and deeply embarrassed by the actions of our so-called Prime Minister, Jean Chrétien this past weekend, when he snubbed the people of the Hashemite Kingdom of Jordan by failing to attend the funeral of King Hussein. However, should Chrétien's shameful behaviour really surprise us? As concerned citizens, we must all remember the actions of the arrogant and immoral leader of the Liberal government that we currently suffer.

This is the man who cancelled the inquiry into the Somalia Affair, when it appeared that the results were beginning to get to close to himself and his cabinet flunkies. He is also the man, who apparently has decided that he can use our national police force to attack Canadian citizens exercising their lawful right to peacefully demonstrate against the visit of another known violator of human rights.

His government also decided that they would save money through Allan Rock's decision to compensate only a portion of those Canadians who have contracted Hepatitis C through their mismanagement of the Canadian Blood System.

While Chrétien's Liberals won't spend any money helping Hepatitis C victims, they are willing to waste two and one half BILLION dollars on the establishment of the firearms registration system required by Bill C-68. This legislation also attempts to circumvent the Canadian Charter of Rights and Freedoms by apparently allowing the police to enter the homes of Canadians without a warrant on the mere suspicion that they may own firearms!

Bill C-68 is the classic example of how Chrétien and his cronies attempt to marginalize groups of Canadians that they feel can not fight back — firearms owners, Hepatitis C victims, student protesters.

Chrétien has not only insulted Jordanian-Canadians by his actions this weekend, but all Canadians. As voters and taxpayers, we must not forget these actions of Chrétien and his people during the next election.

Fred Guse

Royal Canadian Legion Newsletter

by Dar

This past Saturday afternoon there were thirteen card enthusiasts at the Cribbage League. Duane Kirker led the day in points with only one narrow loss. Finishing in second place was Walter Reid, while Joe MacDonald was third. There were ten skunks handed out on the day and Hubert Lapierre and Bill Farrell each reluctantly accepted a pair of them. There were 10 weeks of regular play remaining prior to the Fun Day and Dinner which is to be April 24. A note of interest... four members of our Branch competed at the Legion District Cribbage at Smiths Falls on Saturday past. With 11 wins out of 18, they narrowly missed qualifying for the Provincial Cribbage at Guelph in March, not too shabby at all!!

Due to the inclement weather last week, the Euchre was cancelled but play will resume this week.

Cooke Sisty was the winner of the Pot of Gold but unfortunately he was NOT signed in, so as has to be, the share he won will go into this weeks' Pot.

Ann Farmer (Mrs. Reg) was the winner of the Meat Draw. Congrats!!

The Ladies Auxiliary again had a very successful Tea and Bake Sale on Saturday. They appreciated the members of 370 providing the baked goods that contributed to the overall success of the day. Many thanks again.

Don't forget that this Saturday, February 13, our Annual Darts for Hearts will take place with the proceeds going to the Heart and Stroke Foundation. We are anticipating a very good turn out and are looking forward to seeing you there too.

Legion Executive meeting on Wednesday evening at 7pm.

See you next week.

CRIME STOPPERS

Each week Crime Stoppers spotlights a crime that has been committed in the area. Crime Stoppers would like to remind you that we need information on all crimes, not just the crime of the week.

This week Crime Stoppers is asking for your help in solving a break and enter that happened between noon Friday, Feb. 5, 1999, and 7:30 a.m. the next day.

The House of Lazarus, located at 3006 Bridge Street, South Mountain, was broken into and computer equipment was stolen. Entry was gained by removing steel bars and both panes of glass to a rear window. Once inside the culprit(s) removed the following computer equipment: one 486 sx/33 personal computer, make unknown, ser. no. CLMD100693B, value $4,500; one video recorder, make unknown, ser. no. 77024694; one motherboard, make unknown, ser. no. 804865X133; one Canon model BJ200 Jet Printer, ser. no. SGY68895; one desk calculator, make and ser. no. unknown.

If you have any information on this break and enter, or any other crime, please call Crime Stoppers. You could be eligible for a cash reward. Your anonymity is guaranteed. When you call us you are assigned a code number; your call will not be traced or recorded. The identity of the informant is never known. Crime Stoppers, it's your program, and it works. Help Crime Stoppers stop crime.... Call Crime Stoppers at 937-8477 (TIPS) or 1-800-265-8477 (TIPS).

St.Lawrence Area Birdwatching

by Linda Anderson

Milder weather and light snow are keeping the landscape wintry, yet some days are very spring-like. The sun's rays are longer and warm in our faces. People have been talking of what they will plant in their gardens. Birdwatchers have started to think of spring migration. With this unusual winter weather, spring may be early this year.

A **kestrel** (sparrow hawk) was seen perched on a hydro wire at Irena Road and Regional Road 25. The kestrel is not usually seen in winter. The beautiful rusty red back of the bird was shining in the sunlight. It maybe an early migrant or winter vagrant. Kestrels feed on grasshoppers and other insects and also take small birds.

Another hawk was seen in the spruce trees at the corner of Church Avenue and Elizabeth Drive in Iroquois and a large **red-tailed hawk** was seen sitting in a tree behind the office buildings on highway 2 in Morrisburg. With the milder weather and snow melt, mice are moving around and about and provide a good source of food for hawks and owls.

Our Irena Road birdwatcher also saw a **kestrel** and reported **2 male and 2 female cardinals** at her feeders. During the snowstorm on Thursday, she had **7 blue jays, 6 goldfinches, 4 chickadees, 4 juncos and the lone song sparrow.** The juncos and song sparrow should have gone south long ago, but seem to be surviving the winter in fine shape.

Snow buntings seem to have disappeared this week and may have moved further north.

Another quiet week for birds. Please call in your sightings and observations to 652-2555.

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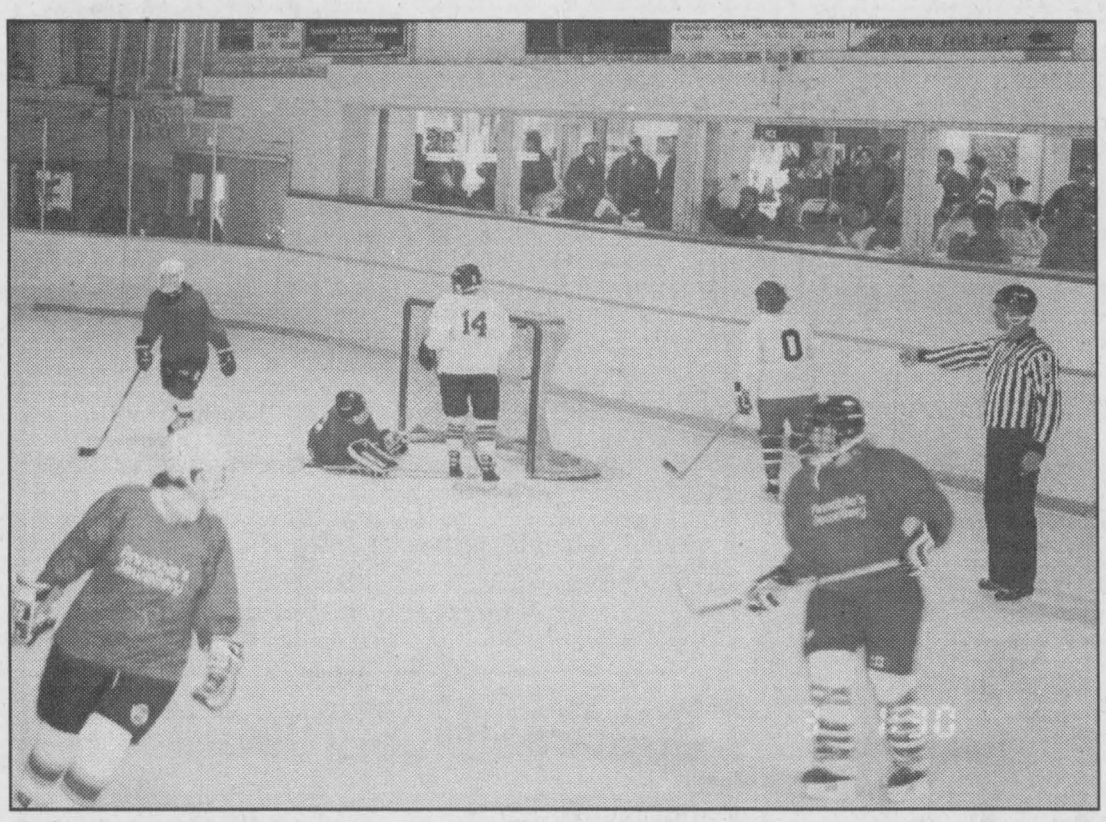
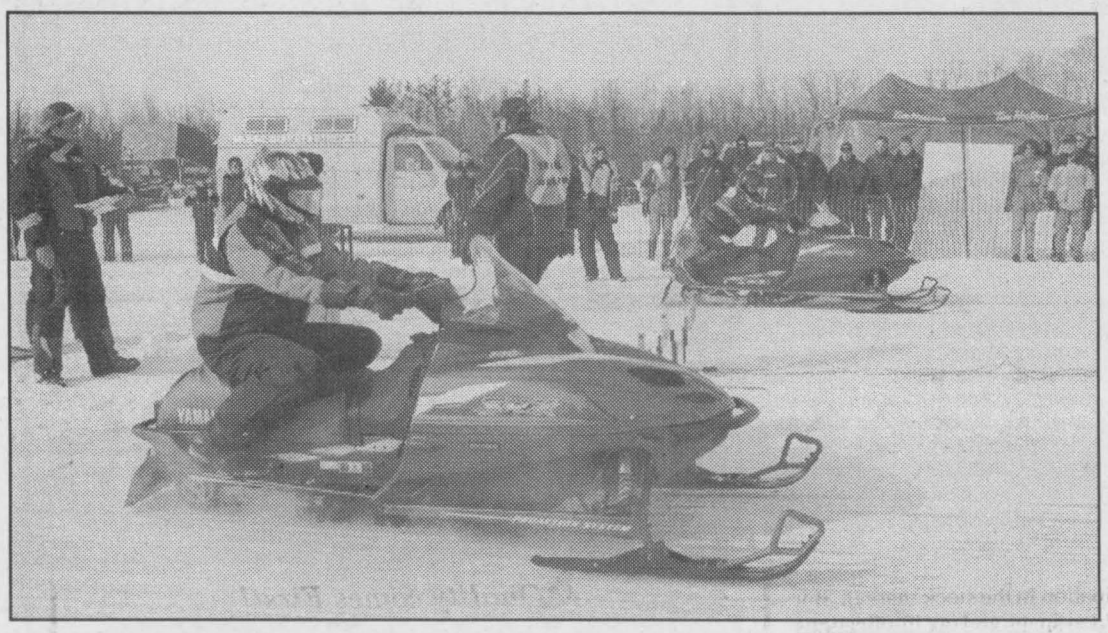


Chubbs Tourney

The Morrisburg Arena was full of cheers and laughter as everyone gathered for their Annual CHUBBS Hockey Tourney on the weekend. Here we watched a pair of ladies' teams playing. The action is not as fast paced as their male counterparts,no body contact, but they have the skills and can score some pretty nice goals. It was fun to see them play and we enjoyed the period of hockey.

Chieftain Photo by S.L.Johnston



On the line

Chieftain Photo by S.L.Johnston

These racers were two of the many who raced at the Annual Snowmobile drags held at Upper Canada Air Strip. Sponsored by the Riverside Club these races raise funds for CHEO and the Club will donate $1200. this year to the telethon for CHEO. Get ready, get set...yellow-yellow-green and they are off, fast and straight to the finish line.

Novice Rep Lions top in Mega Tournament final

by Sandra Lee Johnston
Chieftain Staff Reporter

The Morrisburg Minor Hockey Association Novice Rep Lions were tops in the long awaited Mega Tourney Novice final. After waiting a month to complete the snow delayed tourney, on Saturday, January 30, the Lions roared to a decisive 5-1 victory over their rivals on the ice, Metcalfe to win the Novice "A" Championship. The Lions played a very team oriented game, with big defensive plays, strong goaltending and a never quit offensive style up forward. Well done indeed!!

In regular league play, the Lions downed the Akwesasne Wolves soundly with a final that read 8-zip for the Morrisburg players. Lead by three assists from Ali Tait, the Lions got goals from Allan Waddell and Darren Baldwin and two-apiece singles came off the hot sticks of Josh Pepers, Alex Whelan, and Jarell Green from the point. Collin Chesbro nailed the final tally rattling the mesh for the last time in this game. Brandon Elliott was credited with two assists while singles went to Whelan, Chesbro, Pepers and Peter Coolican. Graham Peters earned the shutout on some pretty solid play in the pipes for the Lions.

On February 3, the Lions played host to NGS. The first period was end to end action with both goalies turning aside numerous opportunities and holding the opposition scoreless through the first frame. Allan Waddell struck first for the Lions at 9:26 of the second on set up from Jarell Green and Brandon Elliott. The NGS came back to tie things up. Then at 4:53 of the second NGS took the lead from the Lions. At 3:59 Waddell's second of the game tied the match yet again on a soft pass from Elliott and Green picking up his second assist. Alex Whelan put the Lions ahead with 3:10 left in the second with help from Tyrell Keicks and Coolican. Josh Pepers added the insurance goal with only :34 left in the second. Helping out were Bryce Fournier and Peter Coolican.

An exhibition game against the Kemptville Panthers was a closely fought match as the first period went scoreless, a credit to the goalies at both ends. The Lions hit first as Matt Hummell went in alone to nail one home but the Panthers came back to tie things. Allan Waddell skated in alone and found space before the second was over to put the Lions ahead for a while. But in the third, the Lions could not score, but the Panthers came through with one at 8:55 of the third to end the game in a 3-3 knot.

The Lions host Char-Lan tonight, Wednesday, February 10 at 7pm.

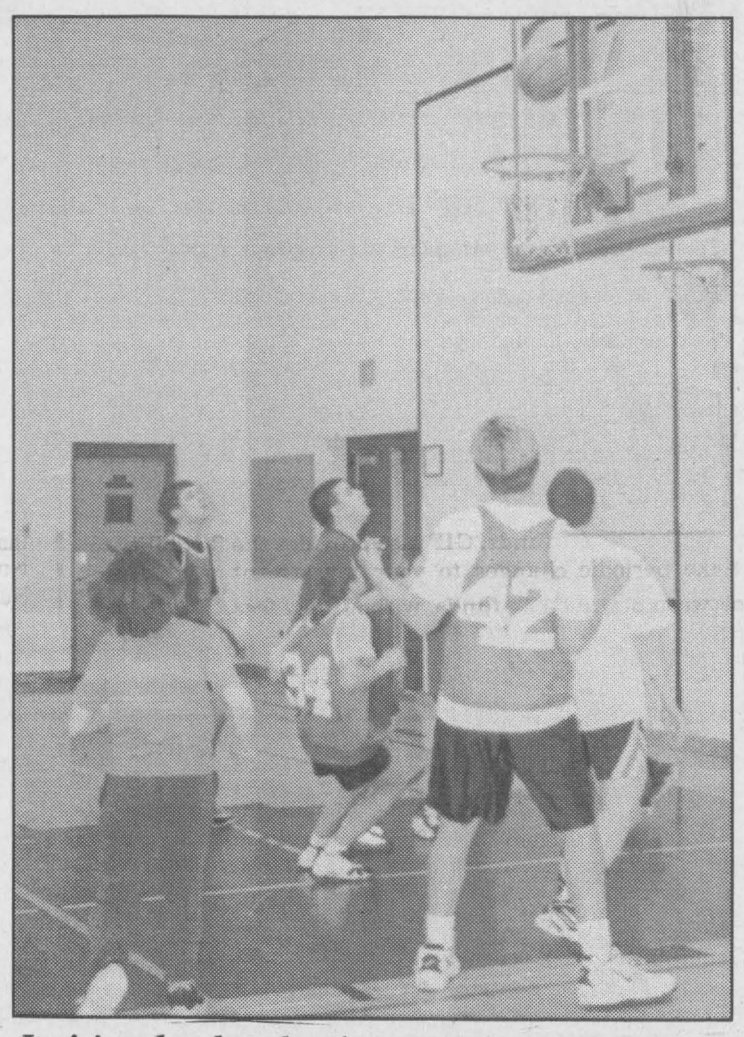
Royal Canadian Legion Branch 370 Mixed Dart League

In spite of a very noisy crowd, we had lots of fun, lots of spares, sorry for the ones we couldn't use. The Ringers and Lucky 7, still holding 1st place with 96 points, Cheers 90 1/2, Dream Team 87 1/2, Strugglers 78, Double Trouble 77, Double Delight 74 1/2, Jays Harem 71 1/2, Free Willie 69, Lloyd's Harem 67 1/2, Has Beens 67, Guns & Roses 66 1/2, Long Shots 66, Earls Pests 63 1/2, Mod Squad 62 1/2, Cupcakes 60.

High Scores go to: Bonnie Gibson a 168 CONGRATULATIONS! Boomer McKee 144, Linda Birch 140, Gary Bradford 100-131, Jean Loucks 130, Jeff Donnelly 2x100, 125, Toby Summerfield 121, Pat Wright 115, Arnie Fader, Joyce Fader 106, Shelly Cooper 105, Lloyd Greenough 3x100, and with 100 each Carol Morrow, Diane Baker, Duane Kirker, Mike Osbourne, Angie Reid, Kevin Laming and Denzil Tousant.

Games Won Tina Summerfield 5, Bobbie Jo Deschamp, June Reid, Linda Birch and Lloyd Greenough had 4 apiece and with 3 games each Andre Tschomy, Trevor Easter, Jeff Donnelly & Rick Deschamp. For 2 games Sandra Julien, Donna Hodgson, Joyce Fader, Mary Graydon, Trevor Easter 3, Andre Tschomy, Mike Osbourne, Joe McDonald, Leo Merkley, Rodney Francis, Shawn Render, Denzil Tousant, and Nick Shields. The one game winners, Carol Morrow, Pat Thompson, Diane Baker, Bonnie Gibson, Angie Reid, Barb Merkley, Samantha Thompson, Marla Seeley, Sheila Holmes, Lil Roberts, Pat Wright, Jean Greenough, Joe Roberts, Tony Easter, Kevin Laming, Brian Cooper, Arnie Fader, Chris Thompson, Gary Bradford, Toby Summerfield, Earl Nesbitt, and Jim Carkner.

Don't Forget Darts For Hearts February 13th. Have A Great Week!



Its' in the basket!

The high school gym is a busy spot most Saturdays as young aspiring basketball stars of the future are put through their paces by Paul McAllister. Learning to guard, shoot, deek and dribble their way to the free shot area, they will all be better for it.

Chieftain Photo by S.L.Johnston

Links at Iroquois

by John Lyons

As Mark Twain apparently said and the Iroquois Golf Club feels, "Rumours of my death are greatly exaggerated."

The IROQUOIS GOLF CLUB is open for business and the early payment discount date is February 15, next Monday. New members are very welcome with the yearly fee including GST for golf for an individual at $524.00 before the already mentioned February 15. New members or prospective members may get complete fee information by calling the club house at 652-4367 on Monday, Wednesday or Friday afternoon or by calling Club President, Charles Marsden at 652-1122.

Winter is in full bloom but weekend golf tournaments are showing up on the TV to get us thinking about the royal and ancient game again. A major sale was held this weekend in Ottawa for golf equipment and with the number of people in the cash register lineups there is again huge interest in the game from many people.

The golf course has re-arranged its financing and has been meeting regularly to carefully plan budgets and strategies to meet them. Many of you would have noticed the advertisements for a manager for the club; the interviewing process and choosing for the candidates for manager is now underway. Announcements in this regard should appear here after the board has dealt with the recommendations of the hiring committee.

The clubs in the area are working hard to give the golfers a good summer of enjoying the outdoors with a club in their hand. This year, please continue to give one of the local clubs your golfing business to help you, them and your community.

SPORTS CORNER

News and notes about the sports world for January 30-February 6/1999...

1) SuperBowl XXXIII-Final Score: Denver Broncos 34, Atlanta Falcons 19. If you still remember (and I doubt you do), I predicted at the start of the NFL season that we would have a Jacksonville Jaguar-San Francisco 49ers Super Bowl this year. The Jags and the Niners both made it to the second round of the playoffs before losing close road games. I also predicted that Atlanta would be a darkhorse to make the playoffs and that Denver had lost too much talent from the offensive line (key starters-Gary Zimmerman and Brian Habib) to make it past the second round of the playoffs. I have always told my friends that if they want to get rich quickly, all they have to do is bet on the teams that I don't like or think are going to win. Thus, as a public service, I am going to begin to make more predictions in my column so that my faithful readers (Hi, Jim Stint!) can make some extra pocket money.

2) Eugene Robinson's Joyride: The night before the SuperBowl, the acknowledged team leader of the Atlanta Falcons, safety Eugene Robinson was arrested for soliciting an undercover police officer. This took place on the same day that he had been awarded the Bart Starr Award as the NFL player who best combines charity work with personal high moral standard (I am not kidding!). What bothered me and many others about this transgression was not so much the act (which was selfish and unforgivable) but the further example of hypocrisy by a professional athlete. Mr. Robinson is one of the infinite athletes who is always thanking God and invoking his name at every opportunity to make themselves look good while living a very non-christian-like lifestyle. Three other prime examples are: Eavander Holyfield (9 children by 5 different women, out of wedlock), Lawrence Taylor (drug and sex addict) and Deron Sanders (repeatedly claims he as a "former" formication addict) who always uses the word of God like a conjunction instead of a noun.

3) Alexi Yashin Affair: The Alexi Yashin- NAC furor seems to be abating in the last few days and that is great news for all the Ottawa Senator fans. As a Sens fan, I will be glad to see this debate end as soon as possible but it will be hard to forget the letter writing public's reaction to all of this. It seemed that about 955 of the letters printed in the Ottawa papers all said the same thing, "Leave poor innocent Alexi alone!" As what I consider a reasonable man, I cannot understand how anyone can look at the reported facts of this controversy and not say, "poor, innocent Alexi" doesn't come out of this a much lesser (not to mention less believable) man. Everyone in Yashin's corner seems to be looking at him as if he was a pretty girl who committed a crime. Only in Yashin's case, he's considered innocent, not because he is too pretty to be guilty, but because he is just too darned talented and important to our team to be guilty of any wrong doing.

4) Mike Tyson Found Guilty: Mike tyson is imprisoned 3 years for allegedly raping an 18-year - old girl who willingly went to his hotel room at 3am. Mike Tyson is jailed for 1 year for kicking and punching two motorists who rear-ended his car. He could face 3 more years of jail time for breaching his rape probation by doing this. On the other, O.J. Simpson decapitates his wife and stabs to death her male friend and receives no jail time. During the past year in Ottawa, we have seen cases where a wife shot her husband to death while he slept and a 40-year old son strangle his 71-year-old mother to death while he was drunk. In both cases they claimed they had no other choice and received no jail time. I would like to continue on this subject but I fear I might face some major jail time if I do so.

Iroquois and District Community Calendar

A public service provided by the businesses listed here in co-operation with this paper.

The Cornwall and Area Chapter of BEREAVED FAMILIES OF ONTARIO will hold its Support and Share Night on Feb. 11, 1999 at 144 Pitt Street, from 6:30 to 9 p.m. For more information please call the office at 936-1455.

Shrove Tuesday, Pancake Supper Feb. 16th at the Knox. Pres. Church, Iroquois. Real Maple Syrup. 5-7. Tickets at the door.

St. Paul's Anglican Church in Cardinal is hosting a ham supper on Shrove Tuesday, Feb. 16, 1999. 4:30 - 6:00. Adults $8, Children 12 and under $2.50. Pre-schoolers free. Take out available.

The 10th Annual Sweetheart Dance for the Children's Hospital Foundation will be held on Saturday, Feb. 20 at the Matilda Hall in Dixon's Corners. Music by Ambush. Tickets $8 in advance or $10 at the door.

If you are caring for a loved one who suffers from Alzheimer Disease or a related disorder and you would like to meet with others to share information, tips and experiences, please join us February 22, 1999 at the Park Lane Senior Support Centre in Williamsburg from 1 p.m. - 3 p.m. Please call Laurie at 1-888-222-1445.

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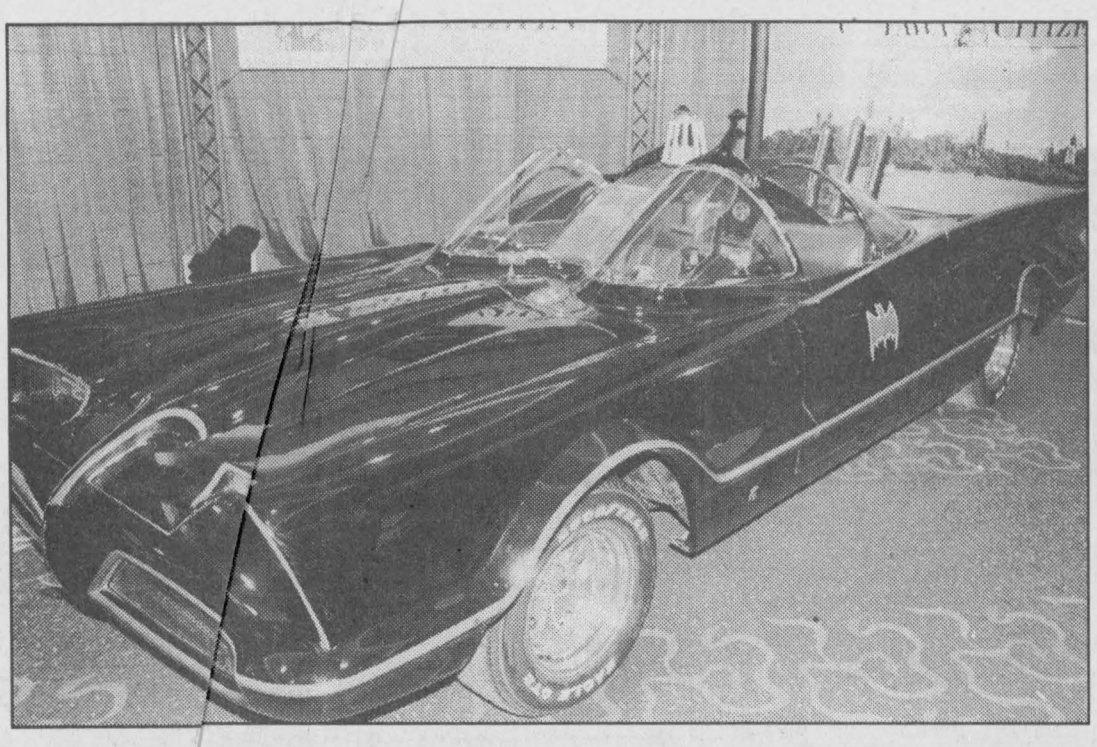

Batmobile!

Certainly not the vehicle George Clooney bombed around in, in the latest flick, *Batman Forever* (though the film itself was a Clooney vehicle that bombed).

No, this is the machine from the original 60s television series, on display last Friday at the Auto Show in Ottawa. The Batmobile drew large crowds at the show, which features most of the new models from all of the major automakers.

Even among the exotic cars -- Porsches, Lambourghinis, etc. -- the bat cave's finest piece of hardware stood out as a novelty.

Chieftain photo by N.H. Zandbergen

Interbranch Darts flying in Prescott

Thursday evening, the Interbranch Men's Dart League was hosted in Prescott, and it was Prescott #1 who claim the top spot in the standings, with 137 points. Close behind them is Cardinal #2 who have 135 points. Then in third is Cardinal #4 with 129 points to their credit. Iroquois #7 sits in fourth with 126 points followed by Iroquois #5 with 102 points, then it is Iroquois #8 with 96 points. Prescott #3 come sin this week with 89 points as Iroquois #6 brings up the end with 82 points thus far.

Three games won is a distinction and holding onto the credit this week are; Rick Sayeau, Steve McMillan who each won 5 games, while Mark MacDonald, Ken Murphy and Jake Summerfield each won 4 games. Mike Levere, Duane Kirker, Brad Baynham, Tony Easter and Ron Bradford all have 3 wins under their darts.

Highscores went to Bill Hutt-140, 123; Bob Juby-140, 121x2; Ken Murphy, Mike Levere, Trevor Easter and Steve McMillan each 139; Tom Beach 137, 125; Brad Baynham-134; Rick Sayeau-133; Dan McKee-125; Ken Reid, Tim Gonczowski and Jake Summerfield-121 each; Tony Easter-

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POWER OF ATTORNEY: Do you know the importance of P of A?

RRSPs: Are you doing your best for yours/your spouse's?

RRIFs VS. ANNUITIES: If you are about to retire or turn 69, do you know what's best for your RRSPs?

PENSION PLANS: Locked in or portable? Do you know how you can increase your pension income either way?

CANADA PENSION PLAN (CPP) & OLD AGE SECURITY (OAS): Do you know what to expect?

INSURANCE: Do you know how flexible life insurance can be today? How it can add value to your overall portfolio in the form of living benefits?

MUTUAL FUNDS VS. SEGREGATED FUNDS: How well balanced is your investment portfolio?

TAXES & ESTATE PLANNING: Do you know how to grow savings inside a tax shelter beyond the RRSP age limit of 69? And how to pre-empt the tax liability on your RRSPs/RRIFs?

EDUCATION SAVINGS PLANS: Do you know the pros and cons of RESPs & In-Trust Accounts?

CHARITABLE GIFTING: Do you know how you can be a benefactor to your community and give yourself a tax break into the bargain?

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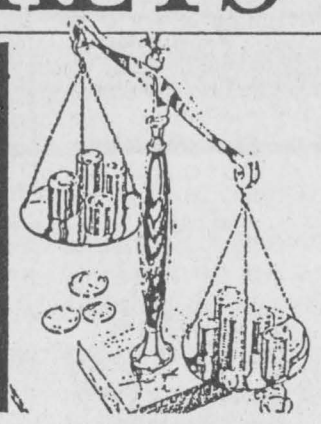

Is your RRSP working for you

by P.J. Robertson, PhD

Winter means ground zero, back to basics, seeing the wood for the forest. Goals and dreams and plans to realize them. Plans such as paying yourself first (and seeing that the bills get paid, second). Now there's a resolution for the New Year!

Put yourself to the test: Are you doing as much as you could for your RRSP? Is your RRSP doing as much as it could for you? Could your RRIF do better reinvested somewhere else? Ditto your non-registered savings.

Here are some pointers/reminders for you to get a jump on your plans, as the RRSP season kicks in.

RRSP facts, figures and benefits: compound interest growth and no tax until you draw income; a tax credit on each contribution you make; your 1997 tax credit can include contributions made up until March 2. How much can you contribute? Your notice of assessment from Revenue Canada for 1996 will tell you. How much tax credit will you receive? Say your tax rate is 40 per cent and you contributed $5,000 x 40% = $2,000. That's like gaining 40 per cent on your savings in one year!

And that's not counting compound interest, which means your money earning interest on interest, year after year. For example, at 10 per cent you double your money in just over seven years, or at seven per cent in 10 years. Say you invest $5,000 a year at 10 per cent for 30 years, compound interest would give you, not $150,000 (=$4,000 x 30), but over $900,000.

RISK AND RETURN

Risk and return go pretty much hand in glove. High risk/high return, low risk/low return, and vice versa. There are exceptions, such as below average risk/above average return, and they are worth looking for. Keep in mind that nothing is risk free, not even a Guaranteed Investment Certificate in the bank. Say your GIC "guarantees" 3.5 per cent and inflation is running at one per cent, your guarantee is now worth only 2.5 per cent. Age, time, investment strategy, appetite/tolerance for risk, are all factors to wrigh carefully when considering risk and return.

INVESTMENT OPTIONS

GICs are not realistically an option while interest rates are low.

Index-linked funds, the so-called "GIC with Guts" has appeal for the short-term conservative investor. The idea is guaranteed principal with growth potential through participation in the stock market. But hidden snags and tax implications make these funds not so gutsy as they look.

Mutual funds are best for medium to high risk investors. They have high return/ high risk potential, no guarantees. Excellent for non-registered growth over the long term.

Segregated funds are mutual funds with guarantees, and (with family as beneficiary) protection from creditors and freedom from probate. Best for low to medium risk investors. Excellent for RRSPs and RRIFs.

TIPS AND STRATEGIES

Dollar-cost-averaging. By investing the same amount each month, you spread risk and reduce the overal cost of the units you puchase in your mutual or segregated funds.

Foreign content. Revenue Canada allows Canadians to invest up to 20 per cent of their RRSP outside Canada in foreign markets. Be sure to take full advantage.

Minimize taxes on your non-registered savings by investing in divider d funds or in funds plugged into the wealth management business.

A loan for your RRSP? Yes, definitely, if you can budget to pay it back within 12 months. Your RRSP tax credit will help you do this. And now you don't need to go to the bank for a loan.

Protect your RRSP and RRIF? Would you want Revenue Canada to be the beneficiary of your hard-earned savings if you weren't around to enjoy them yourself? There's a good way to prevent this and make your nearest and dearest benefit instead.

To explore call the office at 613-233-8098 or at home at 613-543-2717.

Tax Tip

(NC)—The 1998 maximum Registered Education Savings Plan contribution limit per beneficiary is $4,000. with a lifetime maximum per beneficiary of $42,000. Individuals may make contributions to a particular RESP for up to 22 years. After 25 years the RESP must be collapsed. For details on how income tax software can help you plan and reduce taxes call CANTAX 1-800-265-3800.

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CARDINAL: 1 bedroom apartment on Dundas Street in Cardinal, $340 a month, Heat and hydro extra. Call 657-3244.
J27-3tc

IROQUOIS: 2 bedroom apartment on Ellis Drive, $490/ month, plus utilities. 1st and last months and references required. Available March 1st. Call 535-2199.
F10-tfnc

IROQUOIS: Large & Bright Apt. 2 bedroom, available March 1st, $590.month + hydro. References, 1st and last months required. Call 652-1784.
F10-tfnc

IROQUOIS: 3 bedroom row house on Hustler North Gas heated. Call 1-613-348-3506
F10-1tc

IROQUOIS: 3 bedroom townhouse on Hustler South. Gas utilities, available March 1, 1999. Call 543-2897.
D30-tfnc

IROQUOIS: 1 - 3 bedroom house and 1 - 2 bedroom house. Gas heat. Call 652-4802 (days) or 652-2319 (evenings).
O28-tfnc

IROQUOIS: Apartment for rent. Available April 1st. Riverview Apartments. Call 652-4332.
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In Memoriams

BALDWIN: In memory of a dear uncle, Kenneth, who passed away February 13, 1990.
Loving and kind in all his ways,
Upright and just to the end of his days,
Sincere and kind in heart and mind.
What a beautiful memory he left behind.
Who will always be remembered by Murray Baldwin and family.
F10-1tp

BARNHARTD: In loving memory of a dear father and grandfather, William Sr., who passed away on February 12, 1998.
God looked upon his garden and found an empty space,
Then He looked down upon the earth and saw your tired face.
He put His arms around you and lifted you to rest.
God's garden must be beautiful for He only takes the best.
He saw the road was getting rough and the hills were hard to climb,
He closed your weary eyes and whispered "Peace be thine."
It broke our hearts to lose you,
But you did not go alone.
For part of us went with you to God's garden,
Your new home.
Sadly missed and forever remembered by the family.
F10-1tp

In Menoriams

SEELEY In loving memory of our dear mother, Mrs. Elsie Seeley who passed away February 15, 1980.
If I could change the hands of time,
I'd turn them back today,
To when you were alive and well,
And never fa away.
Life without yo has left a void,
Which can be placed by no other,
No one could fi your role with me,
Because you wer my Mother.
Lovingly remembered and sadly missed by Elanor & Marty
F10-1tc

STRADER: In memory of John who passed away ebruary 10, 1997.
Gone but not forgotn.
Ever remembere by wife Krista, son Scott, daghter-in-law Mary and mothe Grace.
F10-1tc

STRADER: In loving mory of a dear brother, John, ho died February 10, 1997.
We often think of days gne by,
When we were all togeth.
A shadow o'er our lives is cast,
Our loved one's gone forer.
Remembered by siste and brothers.
F0-1tc

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SOUTH DUNDAS CHAMBER OF COMMERCE NEWS
SOUTH DUNDAS CHAMBER of COMMERCE
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Serving South Dundas on the St. Lawrence
We welcome you to call us today and become a member in 1999
- Become a Member and be a part of growth towards the "Millennium".
- Interact with your community, the province and the Canadian Chamber of Commerce.
- The promotion of sustainable development, tourism, good governments, and quality of life in South Dundas.
- Promote community awareness of business activities, communications, new development, agriculture, education planning, recreation and a community
- lifestyle attractive to all ages.
- Your participation as a member is important at this time as we plan for "Millennium 2000":

Three Chamber 'Millennium Projects' Include Iroquois, Heritage Park, Village Streetscape Improvement and High-Tech approach to Development and Communication.

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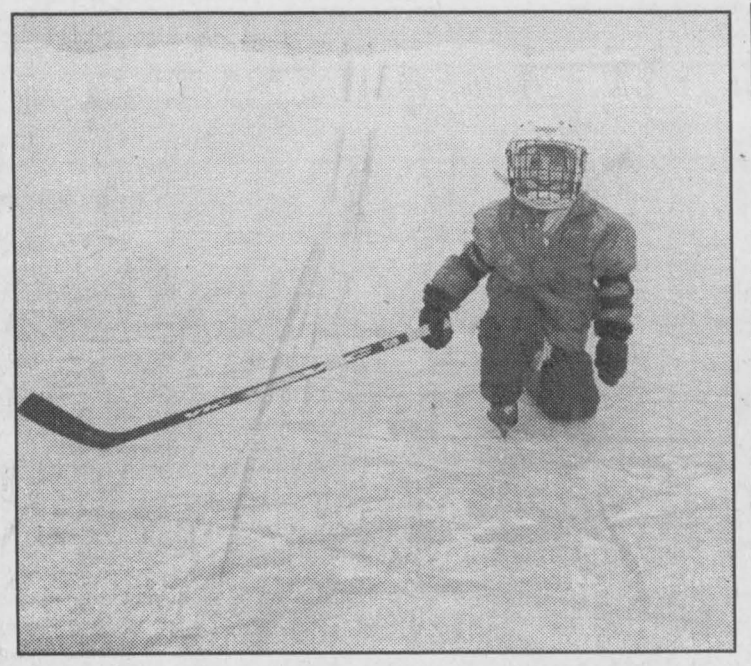
Fax 652-2508
Email: comnews@magmacom.com
All replies strictly confidential. Our thanks to everyone who responds but only those selected for an interview will be contacted.



He shoots...he falls!

The power behind the slap shot this young Gretzky made was so great it dumped him on his keester. The Iroquois rink is a busy place on weekends as youngsters learn the rudiments of the game.

Chieftain Photo by S.L.Johnston

OBITUARIES

Charlie Shaver

At Woodland Villa, Long Sault, Charles Ralph Shaver (Charlie) of Stampville (RR2, Iroquois) on February 6, 1999. Born on the family farm at Stampville(where he spent his entire lifetime) on October 20, 1908, Charlie was 90 years of age.

A member of the United Church, firstly the White Church, Matilda and then the Iroquois United, Charlie was predeceased by his parents, the late Edgar and Annie (nee Gilson) Shaver as well as his beloved wife, Doris Seeley whom he married on April 20, 1929. As well a sister, Addie Dobbie of Spencerville, a brother, Clifford of Toronto and a grandson, Steven Charles Shaver of RR1, Iroquois.

Surviving the loss are his sons, Lee (Jean) and Glenn (Betty), all of RR,Iroquois. Grandchildren are saddened by their loss, including, Sandra Lee (Roger) Johnston, Michael (Debbie), David (Rebecca), Mark (Charlene),all of RR,Iroquois, Doug (Susan) of Iroquois and Gwen of Kingston. Seven great-grandchildren mourn the loss, including; Wendy (Brian) O'Donohue, Sherri Lee Shaver, Ryan and Jeremy Johnston, Kaitlyn and Samantha Shaver and Bert (Morning) Shaver as well as one great-great grandson, Dillon Shaver. A sister, Doris Cairns of Ottawa also survives as do numerous nieces and nephews.

Charlie enjoyed living life his way, an honest and fair man in business, he was well respected all his working life by everyone he dealt with. A self-employed auto mechanic, he was an icon on the hill in Stampville. Operating his own garage and service station for many years, he was a familiar figure for many decades as he pumped gasoline and filled up engines with oil. Always with a joke and a smile he built a clientele over the years, faithful and satisfied that they could rely on Charlie to do his best for them. Selling Ferguson tractors, Ford and later Studebaker cars, he was an appliance dealer and made certain that many homes in the Iroquois area had a television in the early fifties. Synonymous with names like Admiral, Philco and Rogers Majestic, Charlie was proud of what he sold and ensured after-sale service second to none for his customers. An avid baseball (Expos) and hockey fan (Habs) Charlie was a pretty fair sportsman who enjoyed dropping a worm on the end of a pole and fishing on hot summer days. Never content to sit still he worked at his garage, Charles Shaver Sales Reg. until July 1998 when he left Stampville for the last time, moving to the Hartford Retirement Home in Morrisburg and then the Woodland Villa in January of 1999. Over the years he made many friends and liked nothing better than to smoke his stoggies and chew the fat with anyone who dropped by. He will be missed by all who came into contact with him through the years.

Memorial donations to the Heart and Stroke Foundation or the Canadian Cancer Society were appreciated by the family. Service was held at the Marsden and McLaughlin Funeral Home in Iroquois on Tuesday, February 9, 1999 with Rev. Doug Carnegie officiating. The Eulogy was given by his grandson-in-law, Roger Johnston. Interment will follow in the spring at Sprucehaven Cemetery, Brinston later in the spring.

Delbert Casselman

Suddenly, at the Winchester Hospital, Delbert Casselman, age 64, on Feb. 6, 1999. A life-long resident of the Iroquois-Morrisburg area who worked as a labourer for such companies as Dwain Hess Trucking and Robertson's Apple Farm, he last made his home at R.R. #1 Iroquois.

Born in Winchester Springs on Mar. 3, 1934, to Kenneth and Margaret Casselman (nee Durant).

Survived by his mother, and sisters: Betty (Fred) Hutt of R.R. #1 Iroquois; Ann (John) Thompson of Prescott; Shirley (Jack) Nelson of Cochrane, Alberta; Barbara Benson of Brockville; Charlotte (David) Froats of Winchester Springs; Susan (Mac) Lewis of Iroquois; Janet Casselman of R.R. #1 Iroquois; Janice (Ron) Bradford of Glen Becker; Sandra Casselman of Morrisburg; Cathy Casselman of Morrisburg; Marion Casselman of Morrisburg; Donna (Karl) Billings of Glen Stewart; and Darlene (Martin) Vanderbruggen of Glen Stewart.

Survived by brothers: Arnold (Tilda) of R.R. #2 Ingleside; Dwayne (Myrna) of Calgary; Gordon (Shirley) of Newington; and Carl (Brenda) of Sundre, Alberta.

Also survived by many nieces and nephews.

Predeceased by a brother, Allen.

Delbert enjoyed visiting with family and friends, fishing, and watching T.V.

Friends called at Marsden and McLaughlin Funeral Home in Williamsburg last Monday. Funeral was held the next morning, Tuesday, Feb. 9, 1999, at the Funeral Home, Rev. Georgia Copland officiating. Spring interment of cremated remains will occur at New Union Cemetery, Williamsburg.

Donations to the Winchester Hospital appreciated by the family.

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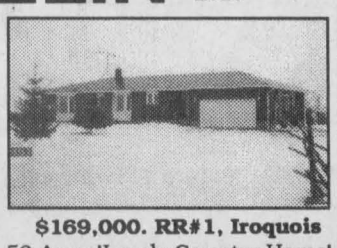
Hobby Farm! 3 Acres+House



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UPPER CANADA District School Board

Seaway District High School
Iroquois, Ontario
K0E 1K0

The Seaway District High School family cordially invite the parents of Grade 8 students who plan to attend S.D.H.S. in the fall of 1999 to an information session.

Where: *S.D.H.S. Cafeteria*
When: *Thursday, February 11, 1999*
Time: *7:30 p.m.*
Why: *Review the Grade 9 program*
Who: *Parents of all Grade 8 students planning to attend S.D.H.S. in September, 1999*

We'll see you there.

Larry J. Poirier
Principal, S.D.H.S.

Township of South Dundas
Morrisburg - Iroquois - Intermediate Lands
Sewage Collection and Treatment Project

PUBLIC INFORMATION CENTRE

Thursday, February 18, 1999
3:00 - 5:00 and 7:00 - 8:30 p.m.
Morrisburg Civic Centre
5th Street West
Morrisburg, Ontario

Ask questions, Make suggestions, and register your views

In accordance with the approved procedures contained in the Class Environmental Assessment (EA) for Schedule "C" Municipal Water and Sewage Projects, notice is hereby given that a Study is underway and a Phase 2 Report is being prepared for the above noted project.

The Phase 2 Report will evaluate alternatives for improving sewage treatment facilities in Morrisburg and Iroquois. Existing facilities may be upgraded or replaced. A central facility to be located between Morrisburg and Iroquois is also being considered. A preliminary evaluation of alternatives and their respective costs will be available for review at the Public Information Centre.

This Public Information Centre will serve to inform the residents, businesses, property owners, and review agencies of the study objectives, findings, and preliminary recommendations. For further information, please contact the municipal office or engineer as listed below. In the meantime, you are invited to attend the Public Information Centre and register your input.

Michael Waddell
Chief Administrative Officer
Township of South Dundas
4296 County Road 31
Williamsburg, Ontario, K0C 2H0
(613)535-2673
(613)535-2099 (FAX)

William A. Knight, P.Eng
Project Manager
M.S. Thompson & Associates Ltd.
1345 Rosemount Avenue
Cornwall, Ontario, K6J 3E5
(613)933-5602 (270)
(613)936-0335 (FAX)

Notice Issued February 3, 1999

Registration

Was your child born in 1995?

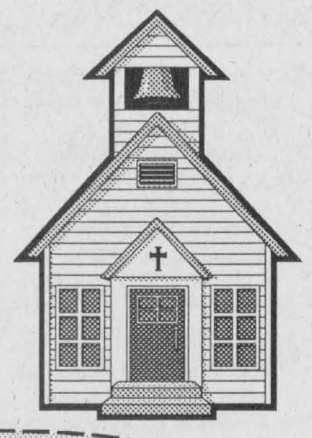
If so, it's time to register for Junior Kindergarten

Before February 19
Telephone the appropriate school to make an appointment to register your child for September 1999.



February 22 to 26
Official registration of your child. N.B. Please bring the baptismal certificate when registering.

Growing Together in Catholic Community



Dundas County

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Chesterville
Tel.: 448-2158
Regular
Michael van de Kamp

St. Mary's
Augusta Street
Morrisburg
Tel.: 543-2907
Regular
Patrick McCourt

Junior Kindergarten
Your child must be 4 years of age before January 1st, 2000

Senior Kindergarten
Your child must be 5 years of age before January 1st, 2000

If you missed the registration period or for more information, please contact Kevin Lydon, Deputy Director of Education/Superintendent of Education at
(613) 933-1720 *or 1-800-267-7136*

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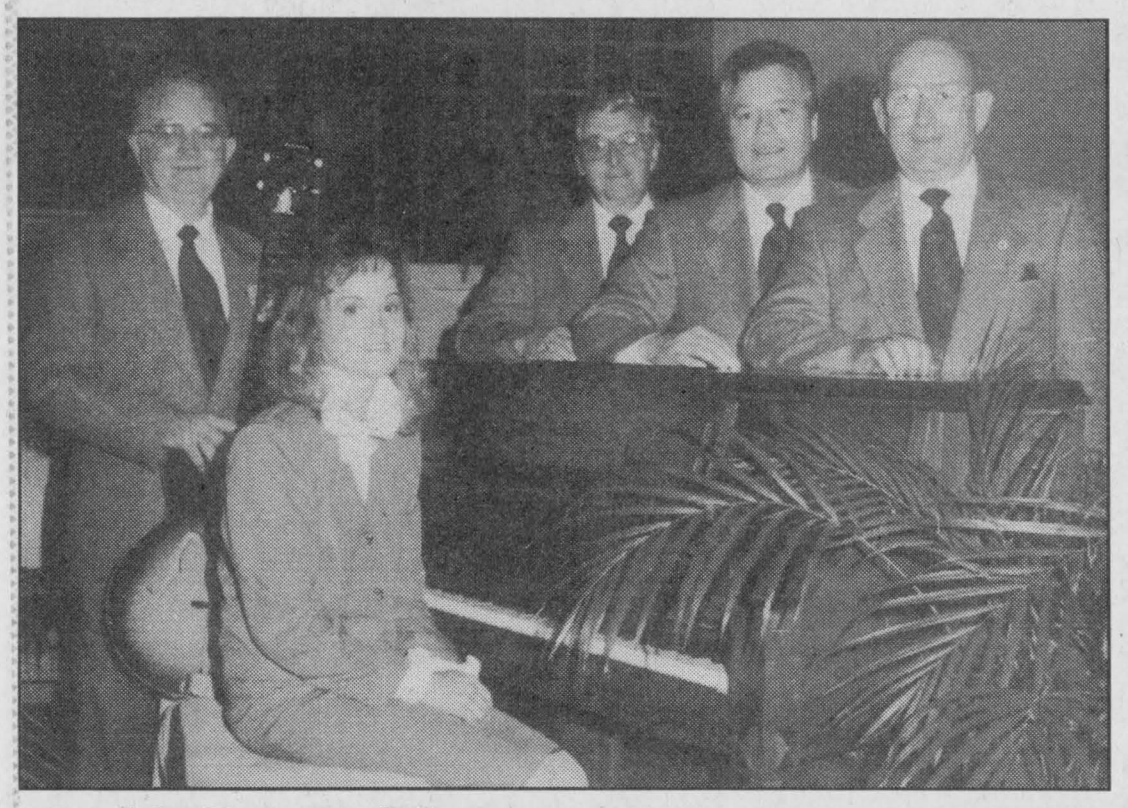
Charles Adams, Vice-Chair of the Board
Frank Musca, Director of Education

The Chieftain
Arts & Entertainment Page

~ *Matilda Trio In Spencerville*
~ *Surf & Turf Charity Auction*
~ *Sweetheart Dance Saturday*



Matilda Trio and Company

The Matilda Trio sings extremely well. Local gents, they do South Dundas proud. They will be featured at Spencerville United Church on Sunday evening. For a gospel filled evening, come on out and enjoy their sound. Their Company includes Preston Gilmer and Kristine Flaherty.

Courtesy Photo by Johnston

Valentines Concert features local singers in Spencerville

by Sandra Lee Johnston
Chieftian Staff Reporter

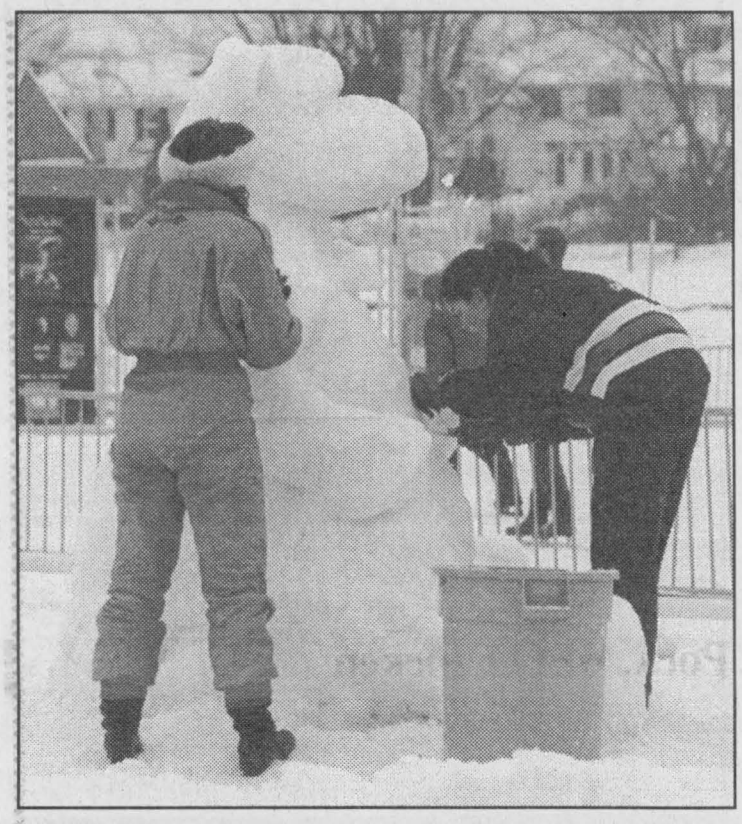
A concert for all Valentines will be held at Spencerville United Church, on Sunday, February 14, 1999 at 7:30pm. In the middle of a month that many consider "dreary" compared to the activities and excitement of December, the church felt it was time to raise spirits with songs of love and good news. The group that will headline the evening is the Matilda Trio and Company. They will be singning both secular and gospel songs.

The Matilda Trio all hail from the Seaway Region, and include, George Cooper, former Reeve of Matilda Township: Bill Horner, former Clerk of Matilda Township and since amalgamation, the new South Dundas Township and Robert Thompson, who has been with the St. Lawrence Seaway Authority for the past twenty years.

The "Company" part of the group has Preston Gilmer of Gilmer's Piano Shop in Kemptville and Kristine Flaherty who is the music teacher at Seaway District High School doing backup on bass and piano. Vocal solos from Kristine add to the performance.

The custom of audience participation at Spencerville United Church will continue with a special Valentine sing-a-long.

Refreshments will be served. There is no admission charge, but a free-will offering will be taken.



Amateurs at work!

Chieftain Photo by M.C.Bailey

Over 75 amateur teams have descended on Dow's Lake to participate in the Amateur Ice Sculpting competition at Winterlude.

A Winter Wonderland of fun is less than an hour away

by Michael Bailey
Chieftain Staff Reporter

The 21st Annual Winterlude kicked-off in the National Capital last weekend. Thousands of residents, from Ottawa and the Valley, descended on the city for some old fashion winter fun.

The largest winter carnival in North America, Winterlude is sponsored by the National Capital Commission (NCC) and a host of other generous corporations. This year the festival which began February 5th, will continue for the next two weekends, so there is still lots of time to bring the family into the city for some icy excitement.

"We came down for dinner and a skate," said Kent Pilon of Morrisburg, who along with his partner were making their way up the Rideau Canal from Dow's Lake early Saturday evening.

While a visit to the canal can provide enough entertainment to last the day, there are a number of other venues around town that you will want to visit.

This weekend (February 12 to 14) the Outaouais Sportsman Show at the Robert Guertin Arena will showcase more than 80 existing outdoor sporting activities. Friday and Saturday the show will be open from 11 am to 10 pm and on Sunday from 11 am to 5 pm. And the best part - admission is free!

This weekend will also feature the opening of the Canada Snow Sculpture Competition on Parliament Hill. An official site for a second year, twelve teams of professional snow sculptors will create a representative work from each Canadian province and territory.

And after a morning of skating on the canal, an afternoon of ice sculptures on the Hill, you can relax at the Ottawa Congress Centre with the Winterlude Wine and Food Festival. Samples of the best in food, wine, beer and spirits will be available as well as a fascinating demonstration in the main kitchen. The show opens February 12th from 4 pm to 10 pm and continues on the 13th from 11 am to 10 pm. On the 14th the Congress Centre will be open from noon to 6 pm. (Age of majority is required and the admission price is $12 includes a program and a souvenir glass.) While you saviour the delicious delicacies, musicians will entertain with an assortment of classical and jazz music.

Each weekend horse drawn sleigh rides will be available at Dow's Lake (for a small fee) but an added attraction this weekend will include the Hot Air Balloon Fiesta on both Saturday and Sunday from 8 am to 3 pm.

For more information on Winterlude, you can visit the Capital Infocentre, located across from Parliament Hill at 90 Wellington Street. You can also call 1-800-465-1867 or check out the web page at: www.capcan.ca

Shop Locally

Ice Storm clean up continues

It's been more than a year since the Ice Storm of '98, and the clean up is still in progress. South Nation Conservation forestry crews would like to thank watershed residents for their support and cooperation with this important work.

Ten crews of five people each are working in forested areas in Eastern Ontario to clear debris and ensure safe access for landowners and the public. The crews have put in more than 70,000 hours clearing municipal drains and natural watercourses, parks and recreational trails, and private woodlots.

"We couldn't have got this far without the support and help of people across the watershed," said Pat Piitz, SNC Forester coordinating the clean up. "There is still a lot of work to do. Continued support may mean we can extend the clean up into 1999. Our crews are working non-stop, but we have only managed to do about 30% of the total work required. The damage is extensive." South Nation Conservation is currently exploring options to continue Ice Storm clean up crews with the help of the federal and provincial governments.

COMING EVENTS

BEGINNER TOLE PAINTING CLASSES
Starting February 11, 1999
Thursday Nights
7 p.m. - 9 p.m.
approx. 8 wks
3 projects..
***Flower Pot,**
***Cat Door Stop,**
***Easter Welcome Sign**
$85 plus some paints
Space is limited
Call Kim at 652-2520 or after 4 p.m. call 652-1117
F3-2tc

SURPRISE OPEN HOUSE
to celebrate the 65th Birthday of
RETA LIEZERT
at the Scorpion Restaurant in Cardinal
Saturday, February 13, 1999
2 p.m. - 5 p.m.
No Gifts Please
Best Wishes Only
F10-1tp

SWEETHEART DANCE
Saturday, February 13, 1999
8:30 p.m. - 12:30 p.m.
Johnstown Community Centre
Music by "This Old Heart"
(Dennis Whitteker)
Admissionm $7.50
Light lunch
F3-2tc

SURF & TURF DINNER AND CHARITY AUCTION
Saturday, February 13, 1999
I.O.O.F. Hall, Williamsburg
Dinner 7 o'clock
Tickets $25 per person
Phone 535-2650
Proceeds for Winchester Hospital
F3-2tp

DARTS FOR HEARTS
Saturday, February 13, 1999
Royal Canadian Legion Branch 370, Iroquois
*Team event - mixed
*Blind draw for teams
$5 per person
Register 11 to noon
Play starts at 1 p.m.
All proceeds to the Heart & Stroke Foundation
F3-2tc

RADAR RUN
Winchester Township Snowmobile Club Radar Run
Sunday, February 14, 1999
at the Club House
Breakfast 9 a.m. - 11 a.m.
Registration 10 a.m. - 12 noon
Radar Run 11 a.m. - 2 p.m.
For more information call Brent or Deanna at 774-0887
F10-1tc

PANCAKE SUPPER
Shrove Tuesday
Tuesday, February 16, 1999
Knox. Pres. Church, Iroquois
Adults $4.50
Children 12 and under $2.00
Real Maple Syrup
5 p.m. - 7 p.m.
Tickets at the door
F10-1tc

PANCAKE SUPPER
South Mountain United Church
Tuesday February 16, 1999
4:30 - 7:00 p.m.
Adults $4,
Children under 12 $2.50
Breflau Maple Syrup

SWEETHEART DANCE
Steven Barkley is hosting a 10th Sweetheart Dance at
Matilda Hall, Dixon's Corners
Saturday February 20, 1999
8 p.m. - 1 a.m.
Midnight lunch served
Tickets $8 per person in advance
$10 at the door
Music by AMBUSH
All proceeds t o C.H.E.O.
F10-2tc

PARENT TO PARENT
Giant "Kids Stuff" Sale
Finished with your kids stuff?
TURN IT INTO CASH!!
March 6, 1999
Morrisburg Civic Centre
To rent a table
Call Laurie 652-2629
Morrisburg & District Co-op Preschool
F10-2tp

MUSTARD'S VARIETY
Congratulates
7 EMPLOYEES AT ST. LAWRENCE CORPORATION (CALDWELLS) who had 5 out of 6 numbers on the 649 draw Sat. Feb. 6, 1999
They once again join our list of winners who have enjoyed the same excitement of being only one step away from the ultimate dream. They are:

***Jack Coulter**
***Betty McEwen (twice)**
***Roger Coulter (twice)**
***Tony Easter**
***Lorna Seibert**
***Mac Casselman**
***Doreen Mullen**
***Paul Murray**
***Lorne Simzer**
***William Sterritt**
***Faye Murphy**
***Gerald Webb**
***Earl Nesbitt Sr.**
***Gary Easter**
***Jennie Fader**
***Yvette Rolland**
***Co-Workers at Ross Video**
***Ron Wolfe**
***Todd Smith**
***Joanne Wells**
***Myles Smith**
***Betty Grey**
***Co-Workers at Ross Video**

Come and Worship

St. Peter's - St. Luke's Lutheran Church
Pastor: Rev. Diane Raddatz
Tel: 535-2569
Dunbar - St. Luke's
Sunday's - 9:15 a.m.
Williamsburg - St. Peter's
Sunday Worship & School
11:00 a.m.
Everyone Welcome

Anglican Church of Canada
Parish of Morrisburg/Iroquois
543-3904 Office
Rev. Bill Byers
Sunday, February 14, 1999
8:00 am - St. James
9:15 am - St.James
11:00 am-St.John's
St. James' Morrisburg
St. John's - Iroquois
Holy Trinity-Riverside Heights

Anglican Church of Canada
Parish of Edwardsburgh
Rector:
The Rev. Doug Hayman
St. James' Parish,
Crystal Rock 9:00 a.m.
St. Paul's Church,
Cardinal 11:00 a.m.

United Church of Canada
Matilda Pastoral Charge
Minister:
Georgia D. Copland,
B.A., M.S.W., BTh. MDiv.
February 14, 1999
Brinston - 9:30
Hulbert Valley - 11:00

United Church of Canada
Iroquois Pastoral Charge
Worship Service:
Every Sunday - 10:30 a.m.
Sunday School - 10:30 a.m.
Everyone Welcome
Minister:
Rev. Doug Carnegie
B.A., M.Div.
652-2056

St. Cecilia's Church
Rev. Father David Pope
St. Cecilia's, Iroquois
Mass - 9:00 a.m.
St. Mary's Church
St. Mary's, Morrisburg
Mass - 11:00 a.m.
Saturday's - 7:30 p.m.

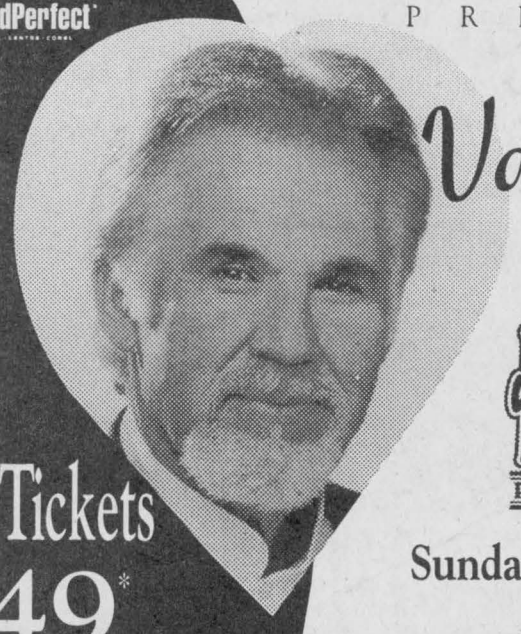
Philadelphia Pentecostal Church
Cardinal, Ontario
Invites YOU to come and Worship with US!
Rev. David Gogolin
Sunday School 10 a.m.
Morning Worship 11 a.m.
Evangelistic Service 7 p.m.

Community Christian Reformed Church
Dixon's Corners, Ontario
Pastor: Rev. Jack VanderVeer
Phone: 652-2400
9:30 a.m. - Morning Service
7:30 p.m. - Evening Service
Nursery provided morning services ONLY
Monday 7:30pm Gems & Cadets age10--13
Thurs. 9:45 am Coffee Break, Bible study, story hour and Little Lambs
Thurs. 7:30 p.m. Teen club and young people

Morrisburg Pentecostal Church
Pastor: Duncan Perry
Church 543-2681 Home 543-3450
Family Night - Wed. 7 p.m.
Sunday 9:45 a.m.
Christian Education Hour 10:45 a.m. Worship the Word 7 p.m.
Praise Gathering Youth Aflame Wed 7 p.m.
Dial-A-Prayer 543-3456

The Presbyterian Church in Canada
Knox Church, Iroquois, 652-2301
Rev.Marion Johnston B.A., M.Div.
Church 11:00 a.m

Cardinal Free Methodist
Shanly Rd. at 2nd St., Cardinal
Pastor Wayne Dawes
1-613-838-5646
11 a.m. - Sunday School
11 a.m. - Worship
Celebrating 40 years of Caring for People

THEATRE WordPerfect
The Corel Centre
PRESENTS
Valentine's Day
WITH
KENNY ROGERS

All Tickets $49*
A Limited number of VIP floor seats available for $89*. Prices includes preferred seating and a "Sweetheart Buffet" in the Coliseum Room before the event.
*INFRASTRUCTURE SURCHARGE EXTRA. TICKETMASTER SURCHARGES ALSO APPLY UNLESS PURCHASED IN PERSON AT THE COREL CENTRE BOX OFFICE
Sunday, February 14
7:00 pm
WordPerfect Theatre
TICKETS ON SALE NOW!
at the Corel Centre Box Office, all Ticketmaster outlets or
by calling TICKETMASTER 755-1111
www.ticketmaster.ca
Special Group Pricing on groups of 15 or more!
For information call 599-0116.

Bring someone special



out for Dinner...

Take Your Sweetie to One of these Great Restaurants!

Ask the Chef

Chef Gilles Gagnier, McIntosh Country Inn, Morrisburg

We are constantly being exposed to more and more information concerning proper eating habits and it appears to be sinking in. We know more than ever what we should and should not consume to live a happier, healthier life.

As people are becoming increasingly concerned about what they eat, I am reminded that certain groups of people have always been concerned about the food they consume. Nowhere does this apply more directly than in the case of Diabetes. A lady asked me for a diabetic cookie recipe for her son, so here it is:

Diabetic Date Nut Cookies

1 cup diabetic orange marmalade
1 teaspoon baking soda
1/2 cup shortening
2 cups flour
1 egg
1 cup chopped dates
1/2 teaspoon cinnamon
1 cup nuts
1 teaspoon vanilla

Mix all the ingredients together well. Drop by teaspoon on greased cookie sheets. Bake 8-10 minutes in a 350 degree preheated oven. makes 36 cookies.

Bon Appetit!

I found this recipe on the internet. I believe that being diabetic used to imply a bland tasteless diet, it no longer does, provided that the person who cooks for a diabetic does a little research. There are many good recipes available on the internet, as well as many good cookbooks for diabetics.

I would recommend the following three cookbooks: although certainly, there are many other good ones. **Just For you by Zoe Thomas** (a diabetic cookbook for kids), **Comprehensive Diabetic Cookbook by Dorothy Kaplan, and Diabetic Candy, Cookie and Dessert Cookbook by Mary Jane Finsand.**

MILANO PIZZERIA

Valentine's Special

$1.00 OFF

ANY FOOD ORDER OVER $10.00

$1 FEBRUARY 14TH, 1999 $1

Hrs: Mon-Thurs 11am-10pm, Fri & Sat 11am to midnight
Sun 2pm-9pm

"Free" Delivery in Morrisburg, Riverside Heights, Glen Becker, Mariatown (Iroquois, Williamsburg & Dundela on Deliveries over $10 before tax)

TRY OUR SPECIAL ANYTIME
1 JUMBO SLICE of PIZZA & ANY DRINK FOR ONLY $2.50 (TAX INCL.)

VISA MasterCard AMERICAN EXPRESS

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SUTTON'S RESTAURANT & BEAVER BLOCK DINING ROOM

TREAT YOUR SWEETHEART THIS VALENTINE'S DAY!

We are pleased to offer *FREE DELIVERY* within 15 Kilometers



Check out our everyday specials!

Three Specials Including Salmon Wellington on February 14th

Hours: Monday to Thursday: 7 a.m. - 10 p.m.
Friday to Saturday: 7 a.m. - 11 p.m.
Sunday: 8 a.m. - 9 p.m.

774-2809

For reservations or take-out orders, call 774-2809, 500 Main Street East, Winchester, Ontario.

Jim & Kathy Goodwin
"Same Great Pizza"

BRIDGEVIEW Restaurant and Marina
Fully Licensed with a Full Menu
925-5663

Happy Valentine's Day!

Surprise your Sweetheart with Sunday Brunch from 9 a.m. til 1 p.m. $5.85

Enjoy Our Valentine Hot & Cold Buffet
4:30 til 7:30 ..... Friday, Saturday & Sunday

Friday - Roast Beef and Farmer Sausage
Saturday - Roast Pork, BBQ Chicken
Sunday - Roast Turkey and Dressing
Complete Salad Bar, Home Baked Dessert Table - $10.95

Directly West of Ogdensburg Bridge on Highway 2, Prescott, Ont.

Values For The Heart

VALENTINE'S DAY, FEB. 14th

PRIME RIB DINNER $13.95
PORK TENDERLOIN $11.95
with Greek Salad
SEAFOOD PLATTER $11.95
1/2 BAR-B-Q CHICKEN $10.95

All dinners include Soup or Salad or Juice, Tea or Coffee, Jello, Pudding or Ice Cream Parfait

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NEW CENTENNIAL RESTAURANT
MORRISBURG VILLAGE PLAZA 543-3722

The McINTOSH Country INN
& CONFERENCE CENTRE

Celebrate Valentine's Day
At the McIntosh

♥ Treat Your Sweetheart to a Romantic Getaway ♥

On February 13, 1999

Package includes:

♥ One night's deluxe accommodation
♥ Dinner for two in the Orchard Restaurant
♥ Brunch for two on the 14th of February

$125.00 all inclusive

Also featuring Dinner Specials for the Sweetheart in your life.
Available On February 13 & February 14

♥ Chateaubraind for two
♥ Two Grilled Chicken Breasts with Apple Butter Sauce
♥ Grilled Salmon Brochettes with Lemon Dill Sauce for Two
Chickens & Ribs for Two
All entrees served with Fresh Rolls & Creamy Butter,
Baby Green Mesclum Salad
Your choice of Baby Roast Potatoes or Wild Rice Pilaf
Dessert included

Phone (613) 543-3788 for your reservation

Make the Sweetheart in your Life Smile!!

Jiggers Restaurant

Iroquois Shopping Plaza
652-4805

Presenting Jigger's Valentine Day Dinner!

Sunday, February 14, 1999 5 p.m. - 8 p.m.

T-Bone Steak Includes....
**Garden Salad, Caesar Salad or Soup*
**Dessert - Cheese Cake*
**Coffee or Tea*

For Two: $17.95 Single: $9.95

Come Watch the
"WWF St. Valentine's Day Massacre"
pay per view at Jiggers
No Cover Charge

Happy Valentine's



COME & TRY THE *Fragrance of* THE MONTH

FEB.

20% off

Reg: PRICED MERCHANDISE

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VALENTINE'S DAY
Roses $29.99/d
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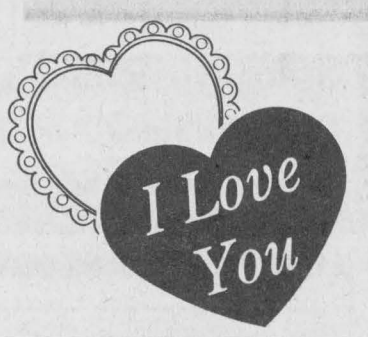
BRINSTON, ONT. K0E 1C0
(613) 652-4978



Loughcrest Flowers & Gifts

Located at the 730 Truck Stop,
Shanly Road, Cardinal, Ontario
657-1707 1-888-568-4427

Valentine's Day...
Sunday, February 14th

Say "I LOVE YOU".... with FLOWERS!

OUR SELECTIONS ARE SURE TO WIN HER HEART
Roses or Carnations
By the dozen, singular or in a vase
Potted Plants
Mixed Bouquets
Gift Certificates
Valentine Arrangements

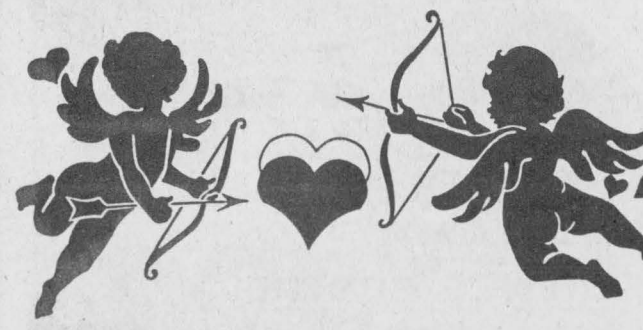
Phone ahead orders would be appreciated to avoid waiting

Enter Our Draw For A *"FREE"* Dozen Roses
(Pick Up Within 30 Days)

******Open Sunday, February 14, 1999: 9 a.m. - 5 p.m.******

Monday 9 a.m. - 5 p.m.
Tuesday, Wednesday & Thursday 9 a.m. - 9 p.m.
Friday 9 a.m. - 6 p.m.
Saturday 9 a.m. - 5 p.m.

We Deliver Locally & Worldwide



SAY HAPPY VALENTINE'S DAY THIS YEAR AFTER A TRIP TO THE CHIEFTAIN

VALENTINE CARDS AND GIFTS FOR SOMEONE SPECIAL
Drop in today!!
THE CHIEFTAIN
STATIONERY & GIFT SHOP

Just off the Plaza Square
Iroquois 652-4395 FAX 652-2508

Check out our Valentine's Display

VALENTINE'S DAY... FEBRUARY 14th

"SWEETS FOR YOUR SWEETHEART"

Chocolate Hearts - *170-300oz*
Also Available...

Russell Stover, Elegante, Laura Secord, Turtles, Dairy Box, After Eight, Minuet Cherries & Peppermint Patties, Peanut Brittle & Poppycock

Say 'I LOVE YOU" with that SPECIAL CARD from Carlton
Boxes of Valentines available for children to exchange

"SWEET SMELLING SCENTS BY COTY & HOUBIGANT"

Gift Sets
1/2 PRICE!!
Introducing Body & Earth & Rain Forest Bath Products

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Deals With Lots Of HEART

We have a vehicle just for you. Come in during our sweetheart of a sale. Don't miss these savings that go straight to the heart!

NO PAYMENTS
FOR 90 DAYS O.A.C.

With every purchase in February of a used vehicle from Strader Motors you will receive an oil, filter, grease and car wash every 5000 km free of charge for 1 year.

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1998 CHEV MALIBU 4 DOOR
Lt. Blue, V6, Only 22,000 kms, auto., air, p.w., p.d.l., tilt, cruise & cassette. Safety Checked - (Taxes & Licence Extra)
NOW ON SALE FOR $17,995.00

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STARTING FROM
$169.00 Plus Tax

Day

Be My Valentine

MURIEL'S
The Flower Shop
MORRISBURG PLAZA (By The Beer Store)
TEL: 543-4100
Toll Free 1-800-801-8430

Flowers for your Valentine

FEB. 8 - 14
VALENTINE'S WEEK

OPEN SUNDAY, FEBRUARY 14
with Delivery

Here Comes The Bride
In-Store Bridal Show
Friday, Feb. 12 3:00-9:00 pm
Saturday, Feb. 13 10:00 am-3:00 pm

- **Mel Hedges** representing Bluebird Rings
- **Rachel Jewellery** in customized lengths and colors
- **One lucky couple** will get their wedding bands at 1/2 price
- **Remember your sweetheart** with a gift for February 14. ***We pay the tax!***

Fawcett's Jewellers
487 Main Street,
Winchester 774-2205

Celebrating in 1999 50 Years
GOLDEN ANNIVERSARY DRAW for 1 OZ. GOLD Dec. 31, 1999

Happy Valentine's Day

Check Our February *Specials*

Valentine Cards, Candy, Colognes and a Very Special Gift Section Wrapped and Ready to go!!

VANGUARD DRUG MART
2100 DUNDAS STREET
CARDINAL, ONTARIO
(613) 657-3326

Say Happy Valentine's

Do Something Different This Valentine's Day Publish Your Love For Someone Special!

Just Buy a Heart for Only $5.00 (including GST)

♥ Give us Your Special Loved Ones Names....♥

To Nell I Love You Lena
Terry Be My Valentine forever Love Lauri
A Valentine for Cindy Yours always Robie
To Kirsty my beautiful Valentine love Mommy
To My Beautiful Little Valentine Kirsty from Terry
Charlie Be My Valentine forever Elsie
Please, be mine forever, your Valentine
Happy Valentine's Day
To Alana Please, be mine forever, your Valentine Jer
A Valentine for Lauri yours always Terry
You Are My Valentine Romeo
Now & Forever Your Valentine Shar
You Are My Valentine
Now & Forever Your Valentine

THE CHIEFTAIN
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S&F FOOD TOWN
PROUD TO BE YOUR NEIGHBOUR

Happy Valentine's Day

Specially for Valentines Day
Your Source for Roses & Carnations & Special Plants for all your favourite people!

IROQUOIS SHOPPING PLAZA 652-4814

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Shoot for a great deal on a new vehicle for your loved one from....

all vehicles safetied



RON "CUPID" FOLEY

MUST GO 2 98 JEEP TJ's

2.8% financing on 1999 Mini Vans

1998 NEON — 4 dr, Air, Auto, Balanced Factory Warranty — $13,988 Cupid's Price

1996 GRAND PRIX — One Owner! Fully Equipped! Very Nice! — $13,888 Cupid's Price

1987 B250 — One Owner, Just Traded, V8 Automatic, Immaculate — $5,988 Cupid's Price

1996 VOYAGER SE — Rallye PKG, 3.3L, V6, Quad Seats, One Owner — $18,888 Cupid's Price

1995 JEEP GRAND CHEROKEE LTD. — Forest Green, Loaded with Leather! One Owner — $23,888 Cupid's Price

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FROM THE FRONT PAGE

Trees

of amalgamation.

Money for those renovations has already been granted, Waddell said.

"You couldn't have got a better group," Gillard commented. But the Williamsburg ward councillor did perceive "a problem": "There's not one woman on the committee."

Sewage

* The new treatment facility will likely be located near the existing facility.
* Phased sewage collection system improvements will reduce infiltration and recapture sewer capacity.

Iroquois:

* Modifications and upgrades that optimize the existing facility will suffice.
* Upgrades to the Elizabeth Drive pumping station including backup power.
* Phased sewage collection system improvements will reduce infiltration and recapture sewer capacity.

Area facility:

* A central facility for Morrisburg, Iroquois and intermediate lands is NOT economically feasible.
* Some adjacent lands may be included in the design for future servicing.

Public Liaison Committee:

The project schedule is compressed. The study process will be completed in March 1999 and the final ESR will be published shortly thereafter. This relatively short time-frame is a condition of the study funding assistance provided by the MOE. To facilitate the implementation of the recommendations in the ESR, Council will probably submit an application for capital funding assistance immediately after the completion of the study. A Project Liaison Committee (PLC) has been appointed by Council and includes: Audrey Rooney Councillor Iroquois Ward 652-2340 (Home); Cam Martel, Councillor Morrisburg Ward 543-2019 (Home); Mike Waddell, Administrator, Township of South Dundas, 535-2673 (Phone), 535-2019 (fax) mike@township.southdundas.on.ca; Avtar Singh, P. Eng. Project Engineer, Ontario Clean Water Agency 1-800-667-6292; M.S.Thompson & Associates, Bill Knight, P. Engineer, Senior Project Manager, 939-5602 (270) or 936-0335 (fax) bknight@trg.ca; Rick Eamon, Project Director, 933-5602 (278) or 933-0335 (fax) rick@trg.ca

Hospital

trate Cancer.

Cancers in men were on the agenda as well and ranged from lung, prostate, colorectal, pancreas, lymphoma to stomach cancers. Women are diagnosed most frequently with cancers that affect the lungs, breasts, pancreas, and ovaries.

In a presentation, especially for R.N.s, presented by Debbie Gravelle, R.N.,Nurse Co-ordinator for the Community Oncology Program of the Ottawa Regional Cancer Centre. An Oncology Nurse for 18 years and currently a teacher at the University of Ottawa in the field, she stressed the need for early screening in the battle against cancers. Focusing on symptom management and oncological emergencies, she ensured that the nurses were able to learn about the common anti-0neoplastic agents, their side effects and symptom control. Oncologist emergencies were also covered in the agenda.

Cancer trends from 1987-97 showed that there has been a rise in cancer incidence and mortality consistent with change in populations and aging patterns. The highest increase seen in prostate for men and breast and lung for women was also shown. An increase in lung cancer beats by 50% over the past ten years in women while a decrease in colorectal cancer deaths was proven through studies.

Doctor Jean Maroun, Head of medical Oncology at the Ottawa Regional Cancer Centre and professor of the Department of Medicine at Ottawa University spoke of new treatments available today, the goals that are searched for when treating cancer patients...prevention, cure, control and palliative care and reviewed Colorectal Cancer and new treatments including Tomudex.

Chemotherapy was under scrutiny, including how it is administered, the side effects of it, and how the symptoms are managed. Things like hair loss and tips to help patients deal with it were explained. Fatigue is a big problem for those receiving chemo and knowing why it happens can help the situation. Managing the fatigue can work if activities are paced, exercise is continued regularly, sleeping at night, eating properly and reducing stress in lives that are stressed to the limit... nausea and vomiting are concerns for chemo patients as is diarrhea and constipation and often mental attitude and diet can help. Mouth, dental and dietary care were included, pain management, respiratory problems which can develop, mouth sores that can lead to infections as well a nosebleeds and bruising were discussed.

Anemia and the role played by calcium in the body were topics as well that were covered.

Assessment tools available to the nurses were listed n spoken to. Questions were answered and each person went away with more confidence that they can do the job necessary. The day was an initiative in the WDMH and got no special funding, but it is hoped that after consideration there will be additional days like it to keep everyone involved up to speed on current therapy.

Education

cs, an independent statistical research firm. Previous studies were replicated by Environics and informetica.

"While these are shocking at first glance," said McEwen, given that the data were provided by state and provincial agencies to national data collection organizations using standard formats, I'm quite confident that these findings are bullet-proof...irrefutable in other words. It's disturbing to me personally as a parent and professionally as a teacher that we are in the same company now as backward Mississippi."

"It's a national disgrace," said Greg McGillis, President of District 26 OSSTF. "We are the richest, most populous and most urban of the ten provinces and we find ourselves int he same company as West Virginia and Oklahoma. It only confirms what teachers and boards have been saying; that our system is being drained of money and the effects are disastrous in the long run. Larger classes, more portables, fewer textbooks and decaying, overcrowded schools have become the norm. We're losing teachers to North Carolina and Kuwait at an alarming rate and there is no end in sight with the Tories preparing to further fragment the public school system if they win a second term though privatization."

McEwen noted that the effects of long-term under- funding could be quite significant according to a study by the U.S. Department of Education which said that overcrowded classrooms, poorly maintained physical plant and inferior teaching conditions would seriously affect learning.

"It is lamentable in the extreme," said McEwen, "that society needs million dollar studies to prove the obvious; children need to be safe, warm and well supplied with small classes and motivated teachers."



Sound Checks

The halls of CBC Radio Studios in Ottawa were packed last Saturday as the station celebrated 75 years of top notch broadcasting. Here is Raymond Lemieux setting up equipment for a live broadcast at 5pm, in Studio G. *Chieftain Photo by M.C. Bailey*

CBC Radio hosts open house

CBC Radio One celebrated 75 years in the broadcasting business last Saturday afternoon with an open house at their studio in the Chateau Laurier. Hundreds of guests visited over the course of the afternoon.

From humble beginnings in the early 20th Century the station has evolved to become a state-of-the-art production facility. Both regional and national shows are broadcast from their 7th floor studio affording listeners in Eastern Ontario news and much, much more.

As Canadians, we tend to take for granted our national broadcaster, but without the 'voice of Canada' we would be lost amid a sea of commercialized American pop culture. CBC Radio One, along with CBC Television, provide us with an opportunity to see world and local events through a uniquely Canadian lense.

Weekdays from 6 to 9 am, John Lacharity and Ashley Wright inform, enlighten and entertain the area's largest morning show audience. Breaking news, in-depth coverage of ongoing stories and regular features are all part of the daily mix on CBO Morning.

From noon to 2 pm weekdays, host Dave Stephens brings us Ontario Today. The first and only news and phone-in program to link radio listeners across Ontario, the program provides a forum to hear about and talk to each other about issues that are relevant to everyone in the province.

All In A Day is the National Capital Region's most popular drive-home information program from 4 to 6 pm. Award winning host Ken Rockburn combines local, politics, the arts, entertainment and sports, all wrapped up with an eclectic mix of music.

On Saturdays from 6 to 9 am, In Town & Out host/producer Rob Clipperton gives listeners in the Seaway Valley a host of ideas on what to see and do, "from art galleries to auction barns" across Eastern Ontario and Western Quebec.

From 5 to 6 pm Saturdays, Heartland with host/producer Bill Stunt, celebrates the diversity and richness of Ontario musicians. The show is one full hour packed with music from folk, rock and blues genres. Jazz and country also fall into its eclectic mix.

Sundays from noon to 1 pm on CBC Radio Two 103.3 host/producer Gary Hayes offers a breadth of knowledge of the local arts scene second to none in this region. The show offers a mix of interviews, information and performances by Ottawa's established and evolving classical musicians.

The History of CBC Radio One

In 1923 when Sir Henry Thornton became the first Chairman and President of the Canadian National Railways and Hotels, he introduced the controversial idea of having radio entertainment on board the trains.

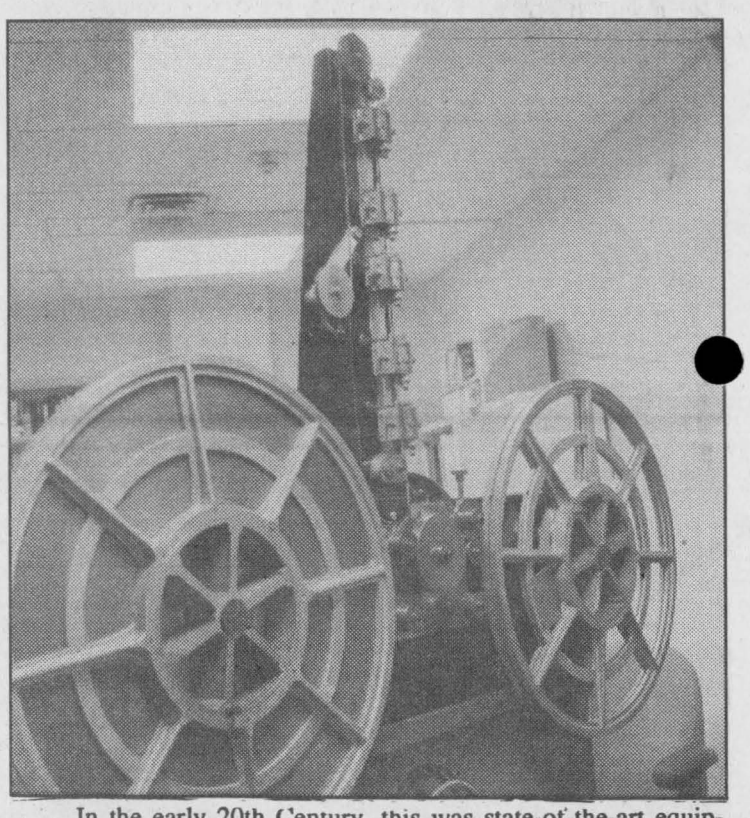
By June 1923, a Radio Department was established in the C.N. Express Building in Montreal. The C.N.R. then set up telephone connections for microphones and loud speakers in the public rooms at the Chateau Laurier so that important addresses could be broadcast directly from the hotel.

In February of 1924 CKCH (the original call letters) began broadcasting regularly from the Jackson building on Bank Street in Ottawa and became the first station in Ottawa with regularly scheduled programming.

On its first day of operations, CKCH held an open house at its new studios. The studio closed at 6pm to prepare for a special evening program to be broadcast live from the Chateau Laurier. At 8:30 pm the Chateau Laurier Orchestra played 'O'Canada' to open the program and Sir Henry officially opened the station.

In July of 1924, CKCH changed its name to CNRO to indicate it was the C.N.R.'s station in Ottawa. In 1929 CNRO moved to the Chateau Laurier on the 7th floor where it still broadcasts today, 75 years later.

In 1936, the station officially became CBC Radio and today is known as CBC Radio One Ottawa 91.5.



In the early 20th Century, this was state-of-the-art equipment! Pictured above, this was one of the three Blattnerphones installed in the CBC Radio Studio at the Chateau Laurier. The first magnetic recorder designed for broadcast, theBlattnerphones were purchased from the Marconi Wireless telegraph Company.

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