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THE ALL ROUND WOMAN.

The following is a paper composed and read by one of the members of Berwick Women's Institute at their last meeting.

Of all the wonders of creation, man is by far the most wonderful. And woman, or as she is so often spoken of "the gentler sex" is admittedly just a little more wonderful. Whose hand so gentle in soothing the helpless infant or in administering to the body racked with pain! Who so well fitted to share the smiles of fortune or the cruel storms of adversity!

The pioneer women in the very places where our homes now stand, stood shoulder to shoulder with the men, hewing homes out of the vast wilderness of trees, keeping the home -fires burning for the weary toilers, and even taking a fair share of the hard manual labour. They did have it hard but were not overcome by the hardships. We sometimes wonder what the modern woman would do if faced with the same days of almost unceasing toil and the long lonely evenings. I firmly believe she would not fail, for it is a well known fact that women have the gift of quickly adapting themselves to changed conditions and can endure great sorrow or pain without a murmur.

What a necessary part the woman played in the Great War; caring for the wounded and dying as only a woman can; having always the helping hand and the cheering smile ready for those struggling back to health again; and oft times her smiling face hiding a breaking heart. Time and space would fail us to enumerate the places filled by women in the past; and in our own day; and the places they must fill in the years to come if the high standard of honour, intelligence and integrity of the race is to be maintained.

We read in history and in the press of vast numbers of men who have become prominent in politics, commerce, literature, etc. And there are hundreds of costly monuments erected to the memory of men who have devoted their lives to the bettering of their fellow-man. But woman's best epitaph is graven deep in the hearts and lives of those with whom and for whom she lives.

The subject of this paper is the All Round Woman, or I would take it, Woman at her best, or as she is best prepared to take her place in the home, the community and the world at large. There are many sides to her nature and though she be able to do any one thing perfectly, that, though commendable in itself, is not all that is required of her.

To better understand what a perfectly developed woman would be, we cannot do better than consider one example of perfect development of nature as shown in the childhood of Christ? We are told in Luke2, 52: that "Jesus increased in wisdom and stature, and in favour with God and man." This is recognized by students and thinkers as the four-fold or perfect all-round development of nature; "wisdom" standing for intellectual development; "stature" for physicial development; "favour with God" representing the moral or religious side, and "favour with man" representing the side of our nature.

We may seem to be over developed in any one or more of these four ways resulting in a neglect of the others. But we must face the fact that there are at birth implanted in each of us these four essentials and we are taking a grave risk in neglecting any one of them.

We will consider these one at a time in the opposite order to that given. First the Social side:—Sometimes we have a limited idea of the meaning of social life, taking it to mean merely pleasure and recreation enjoyed or shared with others. While these are quite necessary, yet that conception of it is far from expressing all of the truth. A broader view would be our relations with or duty to our fellow-man. The old question recurrs "Am I my brother's keeper"? And the answer comes that we have a greater responsibility than we are willing to assume.

In children we early note the desire to get together in their play or work. The same instinct in each of us, only as we grow older we sometimes allow ourselves to become self-centered, interested in nothing which does not concern ourselves or our immediate family, with the result that the social side of our nature is dwarfed or crowded out. We are all willing to admit that we derive a great deal of benefit and inspiration from such social gatherings as this today. As we live to ourselves, our own worries and troubles seem to grow from mole-hills into mountains. The surest cure for trouble or sorrow is to find someone else in trouble and try earnestly to help them and in struggling with their burden we lose our own.

To some it seems so easy to mingle with neighbors and acquaintances, but others find this side of their nature not very well developed and must make a painful effort to appear at least friendly. But it is well worth our while to make this effort, for if we stay in our shells, as it were, we not only lose a great deal of enjoyment and help to be got from the society of others, but some one else may be needing a friendly clasp of the hand or a cheering smile from us.

Next we will consider the religious or moral side:—We hear a great deal about a double standard of morality that is we are expected to overlook failings in a man, that in a woman we condemn in no uncertain terms. Nothing is so false as the old idea, and the same laws that govern the honour, honesty and virture of a woman, form also the standard by which a man stands or falls. But so long as women smile at the same faults in a man that would make us consider a woman as not fit to associate with, just so long will there apparently be this false standard of morality

In considering the moral side we cannot overlook the religious, which in most lives is closely interwoven with it. One great man has said "I never think of my mother apart from religion." Nothing so becomes a woman whether old or young as a reverence for things sacred.

Physicial:— Women certainly cannot fill their places very easily if handicapped with a weak body. At times we seemed so rushed with cares or pleasures that we neglect our bodies which are very delicate pieces of machinery with complicated mechanism. A thrifty farmer knows it never pays him to neglect the farm machinery, and with all his long hours of toil he usually gets plenty of rest and care for the body as well. But women too often seem recklessly extravagant of their health and strength only to regret the waste when too late.

On the other hand too much stress may be put on the physical, the care and comfort of the body occupying the foremost place in our thoughts and lives. Only as our bodies and muscles are used, will they be of use to us or anyone else. But let it be a common sense use and not abuse. Just as surely as today we have health and strength to perform our household tasks at home, or to attend this meeting, so surely shall that strength some day be gone. But the choice is ours, whether we shall wear out or rust out.

Last of all we shall consider wisdom or the intellectual side of our nature. In the beginning of this paper it was stated that of all the wonders of creation, man is the most wonderful. It is the use of intellect or reasoning power which places man far above any other created thing and makes him master of them all. We have been considering the four-fold development of mankind or more especially womankind. A woman may have her social instincts well developed, may be deeply religious by nature, have a perfectly healthy body and a skilful hand, yet if the intellect or mind is not properly cultivated, all these are of very little profit to herself or to any one else.

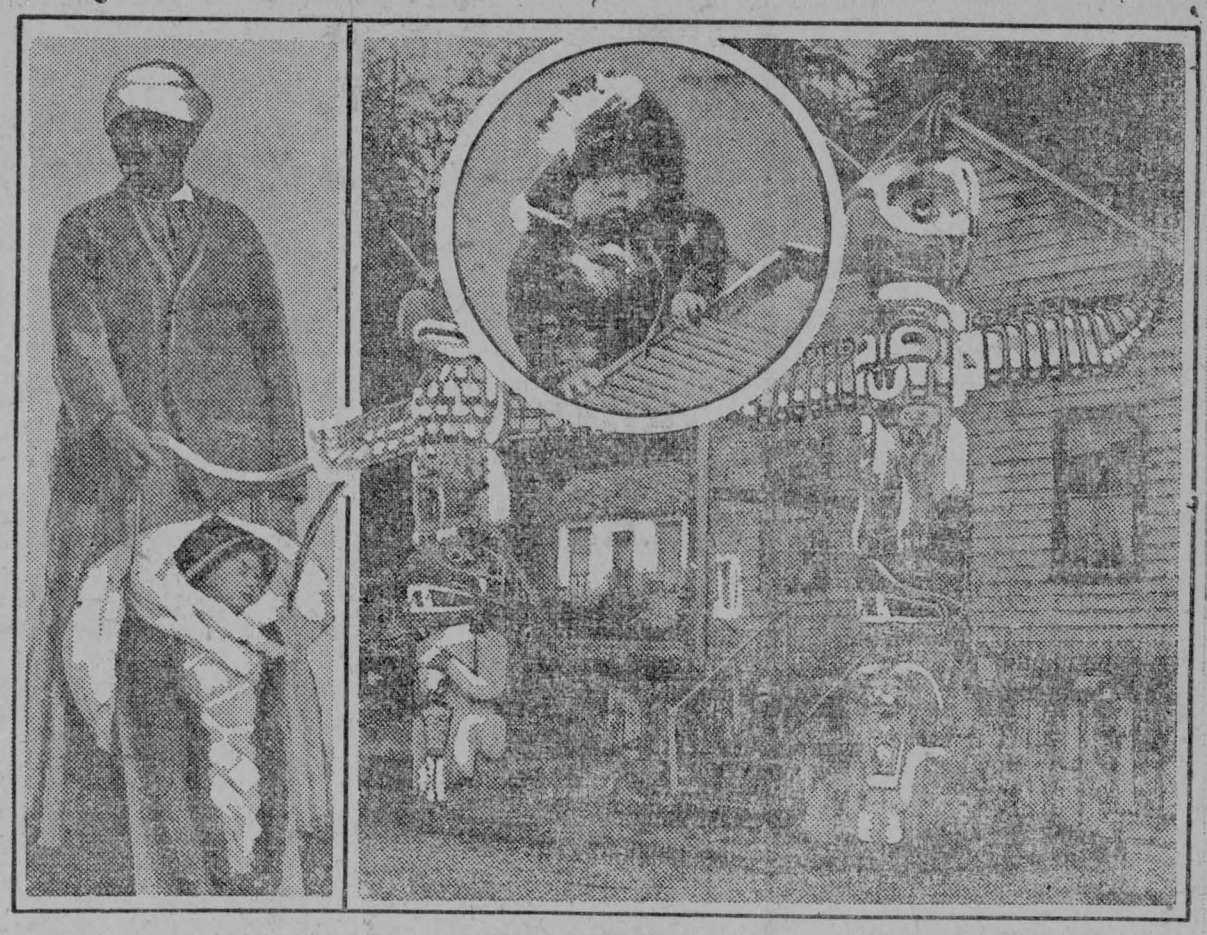
We need not dwell here on all that the intellect or brainpower has done and is doing every day in the realms of science and inventions, literature, agriculture, etc. Suffice it to say that our brain cells are just like our other muscles, growing and improving with proper use but quickly deteriorating from lack of exercise. I believe if the busy housewife neglects any one side it is most apt to be this. She who prides herself on the home kept spotlessly clean and shining, sometimes allows cobwebs and dust to gather about the intellect and dim or mar the natural brightness. A little thought will convince us that we cannot afford to do this. By a careful study of the daily press a clearer idea may be obtained of the problems confronting statesmen and law makers both in our own land and abroad, which is nesessary if the vote is to be used intelligently. There are plenty of good books to be read and a great many other ways of improving the mind. And we really owe it to ourselves as well as to our families to keep posted as to what is going on around us so that we may discuss current events intelligently.

The human brain cannot remain idle and those who have nothing better to occupy their thoughts are usually quite interested in hearing and passing on whispered scandals. It is a very wise saying that the Devil always finds willing workers among the idle and this is doubly true of an idle brain.

We know that we nearly always find time to do the thing we really want to do. Counting eight of the twenty-four hours for sleep, which, physicians agree is a fair amount for the average individual, that leaves sixteen hours in a day for duty or pleasure. Out of that sixteen hours surely we can offord at least one hour to be devoted to that side of our nature which is of the more importance than all the rest put together.

Sudden deaths and changes around us make each of us think seriously "Am I fit to die?" But have we meditated so earnestly over all the essentials of character that fit us for the very important art of living; or in other words would make of each of us an all round woman.

Coastal Indians of Mysterious Origin



Left—A Siwash Squaw and "Papoose." This photograph was taken on the Canadian Pacific dock, Vancouver, where Indians have been granted permission to camp at certain seasons. Right—The striking feature of Siwash art is found in their grotesquely carved and painted totem poles. Inset—A typical infant Siwash.

THE Indians of coastal British Columbia are unlike any other Indians of North America. The name "Siwash", by which they are commonly distinguished from the plains Indians, is a corruption of the French word "sauvage", which the early explorers naturally applied to them. It is not a native name. They do not look at all like the plains Indians but like Orientals and, though their history is so obscure that it is impossible to trace their origin, this seems to prove beyond doubt that they are sprung from some such stock, most probably the Japanese. It is a fact that if a Siwash and a Japanese are dressed alike, one can hardly tell them apart.

How these people crossed the Pacific is a mystery. Perhaps they are the survivors of some hapless armada blown across the ocean in some bygone age. Perhaps they deliberately sailed across, like Columbuses of the East. Perhaps they crossed by the ice of the Bering Straits. Anyhow, there they are.

There are many other points of resemblance between the Siwash and the Oriental. Like the primitive Japanese, the Siwashes live by hunting and fishing and are much on the water—in fact, their canoes are to them what the horse was to the Sioux. Like the primitive Japanese, again, and unlike the plains Indians, they do not live in tents but in houses, which, moreover, are of very similar architecture to those of the Flowery Kingdom, though built of wood. And, like the Japanese, they are a very poetic people with a prolific and beautiful folk-lore.

But the most remarkable distinction enjoyed by the Siwashes is their art, which does not resemble that of any other race—certainly not that of any other American Indians. Of this, conventional realism sounds the key-note. Their buildings are richly and fantastically carved. Their ceremonial dresses are equally elaborate They delight in bold effects and bright colors, especially in red, blue and green, used in conjunction with black and white.

The striking feature of Siwash art is found in their grotesquely carved and painted totem poles,—which are placed before the houses. These poles, made to represent a column of diabolical birds and beasts standing one above the other, form what is literally a family tree, the various totems telling the story of the ancestry of the people living in the house behind them. The Siwashes also manufacture weird images resembling the idols of African tribes, which are intended to exercise various supernatural powers, such as the driving away of evil spirits.

The Siwashes of past times were, in some instances, a war-like lot, fond of fighting and bloodshed. Occasionally, if tradition speaks truth, they put their decorative ability to sinister use. There is a story, well vouched for, of a festive meeting between two tribes which had called a truce in their otherwise perpetual feud. One tribe invited the other to a friendly banquet in the community dining-hall. The architect, after the fashion of natives, who glory in complicating simple things, had so designed the hall that the only entrance was through the beak of an enormous wooden bird forming the fascade. No one outside could see or hear what was going on within the walls. Every one who entered had to do so alone and head first. In turn, the guests scrambled into the beak and vanished, until all had entered. None of them ever came out. Their treacherous hosts within, armed with clubs, gave each man his quietus as soon as his head appeared.

An extremely clever way of getting rid of objectionable folk with the least possible inconvenience, though not one which appeals to Christian men!

Today the coastal Indians are quiet and law-abiding citizens of Canada. But fine specimens of their picturesque art may still be seen at several villages not far from Vancouver and Victoria.

Recipes

Tested and approved

(The Record during coming weeks will publish recipes in this space, that have been approved by members of the Women's Institute)

GOULASH

1 lb. round steak put through meat chopper, ½ cup uncooked rice 1 onion cut fine, 1 can tomato soup. Boil rice, add steak, onion and soup. Mix and bake like meat loaf.

MARSHMALLOW CANDY

Soak 2 tablespoons Knox gelatine in 6 tablespoons cold water. Dissolve 2 cups granulated sugar in 6 tablespoons hot water and boil until a little hard when dropped in cold water, add gelatine and beat hard until white, add 1 teaspoon vanilla and pour on buttered pan sprinkled thick with cornstarch. Cut in squares and roll in powdered sugar.

Cat this out and paste it in a suitable book with those to follow and eventually you will have a valuable cook-book.

CREAMED CHEESE AND EGGS.
(Corrected)

Three hard boiled eggs, one tablespoonful of flour, one cupful of milk, half a teaspoonful of salt, speck of cayenne, quarter cupful or one ounce of grated cheese, four slices of toast.

Make a thin white sauce with the flour and milk and seasonings. Add the cheese and stir until melted. Chop the egg whites and add them to the sauce. Pour the sauce over the toast. Force the yolks through a potato ricer or strainer, and sprinkle over the toast.

The Turnover.

"The average woman has a vocabulary of only eight hundred words." It is a small stock, but think of the turnover.

REAL ESTATE

Have you a village or farm property for sale ?

If so, list it with me. Remember, there is no charge unless a sale is made.

FOR SALE

Dwelling on double lot with good hen house, situated on Hummel St. Chesterville. Price $1300.

FARM FOR SALE

The Pitcher Farm

Situated just outside of village of Chesterville containing approximately 87 acres, considered to be the best located farm in the vicinity. Orchard alone has produced $1000 in a year. The owner will accept $1000 as a cash payment. For particulars and time for balance. Apply to C. W. Casselman.

Lot for sale Corner Main and Howard St., size 60x100. Cheap for Cash.

Farm for sale, West ¼ Lot 24, Con. 2, Township of Winchester owned by Thomas J. Curran. Possession 1st. March 1924. Only $2000 Cash, required balance at low rate of interest. For Further particulars apply to C. W. Casselman.

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"ROARING LIONS STEAMSHIP"

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NATION VALLEY

Mr. and Mrs. Duncan McKercher of Winchester, spent Wednesday in the Valley.

Mr. and Mrs. Henry Jackson of Winchester, were guests of Mrs. Jas. Rae.

Miss Mary Munroe visited her cousin in Mrs. Tom Cunningham last week.

Some of our young people attended the Leap year dance in Winchester Friday night.

Miss Helen Jamieson entertained our snow shoe club on Friday night.

Mr. and Mrs. Ernest Gray visited their cousin Mrs. R. D. Preston, Winchester.

Miss Bowman visited her home in Inkerman over the week end.

Mrs. Wm. Moffat and Mr. and Mrs. Jno. Moffat of Mountain, and Mrs. Silas Cross, Maple Ridge, visited at the home of Mr. Wm. Elliott.

Misses Evelyn, Rena and Marion Gray visited their aunt Mrs. Jno. Munroe of the Springs.

Some of our young people attended the dance and Euchre party at the home of Mr. and Mrs. Holmes at the Springs.

Mrs. Enos Merkley and daughter Olive have returned from Montreal.

Mrs. R. Barkley has returned home to Dunbar.

Mr. and Mrs. Geo. A Merkley visited Inkerman relatives.

Some from here took in the lecture and pictures given by Rev. Smith in the Pres. Church at the Springs.

Miss Lenora Merkley of Ottawa Normal school spent the week end with her parents Mr. and Mrs. Geo. C. Merkley.

Mr. Malcolm Rae of Ottawa, spent the week end with his parents Mr. and Mrs. Wm. Rae.

Mrs. Peter Darling is visiting her daughter Mrs. Jno. Bruce of Inkerman district.

CARD OF THANKS

Mr. Elisha Wood and family wish to thank their friends and neighbors for many acts of kindness and expressions of sympathy during the illness and on the death of the late Mrs. Wood.

IN MEMORIAM

In loving memory of our dear mother, Mrs. Daniel Dillabough, who died March 10th, 1923.

Why is the home so lonely?
Why are the days so long,
And why this feeling of sadness,
Is it that mother is gone?

She left in the early morning,
Her heavenly crown to win,
And angels just then whispered
"Beautiful soul, come in."

At our loss we should not murmur,
Though it fills our hearts with pain;
Nature's ties so strong are broken,
But our loss is heaven's gain.

Her daughter, Mrs. Wilburn Morell.

CARD OF THANKS

We wish to thank our many friends and neighbors for their kindness shown towards us in our recent bereavement.

Wm. F. Droppo and family.

MAINLY ABOUT PEOPLE

Mr. Howard Fulton is visiting his brother in Hamilton this week.

Mrs. Sara Black of Tulsa, Okla., is the guest of Mr. and Mrs. Thomas Houlehan.

Mrs. D. Beattie of Winchester, is spending this week at the home of her son George.

Mr. John Munro an old resident of Chesterville, passed away Tuesday morning. The funeral is being held this afternoon.

Mrs. Steele of Winchester, is the guest of her daughter, Mrs. F. J. Barlow.

A dinner and concert will be held in Trinity Methodist church on Tuesday evening, Mar. 11th. Dinner served from 6 to 8 and concert following. Admission 35c and 25c.

Miss Greta Earle of Bethune Bush, was a week end guest at her home in Winchester.

Miss Annie Armstrong who teaches near Berwick spent the week end at her home in Winchester.

Mr. John Johnston of the Condensery visited at his home in Winchester over the week end.

Grand Bazaar under the auspices of Trinity Methodist ladies to be held on March 11th, in Town Hall at 2 p. m. Flannellette wear of all kinds, aprons, towels, fancy work, dainty lingerie etc., on sale. Don't miss it.

Miss Effie Droppo of Bethune Bush, returned to her school at Toyes Hill on Monday, having been granted a week's holidays after the death of her mother.

A miscellaneous shower will be held on Saturday afternoon at 2.30 in S.S. Hall of Trinity Methodist Church, in aid of Bazaar. Donations acceptable, also fancy work included. Kindly accept this invitation as no cards were sent as formerly.

MOREWOOD HIGH SCHOOL

The proceeds of the Morewood High School concert held on the 28th ult amounted to $77.65. After deducting expenses, the money was divided equally between the girls and boys. The girls at once organized an Athletic Association, with the following officers: President, Muriel Jobb; Vice-President, Effie McGregor; Secretary, Mabel Forrester; Treasurer, Mildred Dillabough; Executive Committee, Margaret Carlyle, Florence Marquette, Eva Swerdfeger. This organization has animated visions of tennis and basket-ball when nature provides the necessary outdoor conditions. The boys already have their forces organized and appreciate the addition to their funds, as they at times had suffered financial embarrassment.

During the winter months the school has enjoyed the profusion of hyacinth and crocus bloom. One hyacinth, still in its beauty, has a seven inch spike of closely packed pink flowers.

ST. MARY SEPARATE SCHOOL

February

Senior 1V Total 800—Ronald Lynch 602, Jack McAvoy 470, Francis Clement 414, Gladys Kendrick 322,

Jr. IV Total 700—Margaret McMillan 520, Anna M. McMillan 434, Marcia Hughes 401, Alexander Clarmo 385, Fleming LaPierre 334, Eileen Allen 332, Clarence Labre 266, Agnes McLaughlin 222, Alice McNaughton 198, Donald McNaughton 52.

Sr. III Total 600—Orphyr Menard 311, Ted Flynn 205, Laura McMillan 197, Evelyn Farmer 189, Edward Clement 181, Helen McLaughlin 154, Ernest Bourdeau 112, Mack McNaughton 20.

II Total 350—Kathleen Daly 303, Irene Allen 298, Marjorie Lynch 259, Margaret LaPierre 200, Francis McAvoy 200 (abs. 2 exams.) Willie Clormo 182,, Jean Flynn 175 (abs. 2 exams.), Pearl McMillan 159, Patricia Chambers 150 (abs. 3 exams.), Richard Chambers 77 (abs. 4 exams.)

First Class Total 300—Virginia Oshier 237, Rosanna Clement 226, Margaret Farmer 185, Joan Millea 152.

Primary—Order of Merit—Myles McMillan, Bert Lynch, Gerald Gibbons, Myles Fyke, Donald Farmer, Francis Morearitv.

IN MEMORIAM

In loving memory of my dear husband, Lawrence Hutt, who passed away March 5th, 1922.

Two years have passed since that sad day,
When the one we loved was called away.
Fondly we loved him and dear to us still,
But in grief we must bend to God's holy will.

Wife and family.

Canned Fruits Vegetables & Soups

Orange Marmalade, per tin	.30
Eagle Brand Blue Berries. per tin	.20
Sliced Pineapple, per tin	.25
Green Gage Plums, per tin	.20
Yellow Peaches, per tin	.25
Clark's Pork and Beans, per tin	.15
Clark's Pork and Beans, per tin	.25
Canned Corn and Peas, per tin	.15
Canned Tomatoes, per tin	.17½
Golden Wax Beans	.20
Heinz Pork and Beans, per tin	.20
Heinz Pork and Beans, per tin	.30
Canadian Boiled Dinner, per tin	.25
Canned Pumpkin, per tin	.15
Canned Apples, two size tins, per tin	.20 & .50
Dried Apricots, per lb	.20
All kinds Laundry Soaps	3 for .25

ORANGES

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Men's 89 cents a piece
Boys' 59 cents a piece

Only a limited supply of these at prices you will not see again.

Men's Shirts, Heavy Flannelette $1.19

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LIFEBUOY RUBBERS

Lapland, Felt tops	$5.00
Severn, 12 inch top	5.00
York, 9 inch top	4.25
Garry, 7 inch top	3.50

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ORIGINAL RED CAP IN SEIGE OF PARIS

First of force on Continent is still at work in Canadian Pacific Windsor Station

Remains Patriotic Frenchman

BEHIND all great transportation companies must always exist the human factor. Many of these human factors are visible, but there are many thousand individuals who are not seen at all, and others who are seldom seen, yet all of them vitally necessary in maintaining the smooth running of the system.



M. Louis Dupart.

Of the visible aids are the baggagemen, but it is probable that the travelling public seldom give them a second thought after receiving a check, unless it is to protest against being charged excessively. The baggagemen form an important link in the chain and the searcher in the hunt for interesting individuals who is permitted to explore that almost unknown land behind the counter, is certain to be rewarded in his efforts.

It was on such a voyage of discovery at Windsor street (Montreal) station of the Canadian Pacific Railway, that Monsieur Louis Dupart entered the horizon of the explorer, and added to the general knowledge of one individual.

Louis Dupart has several claims to fame. One is that he is the only man of that name in Canada—that is his own statement—another is that he is the original "Red Cap," having been the actual Number One on the American Continent, and witness what an army has developed from the original private in the ranks.

It might be thought from this that Mr. Dupart is a colored man, but make no mistake on that score; he is not, and, further, is a native of one of the most delightful cities of the world. Paris. In his birthplace Mr. Dupart touches history. While yet a lad he witnessed some of the scenes of the siege in 1871, and remembers the hunger that was one sad feature of those stirring times. Mr. Dupart remains the patriotic Frenchman, and by virtue of his service is always allowed to absent himself on July 14th, the French national festival.

"Paris was terrible then," commented Mr. Dupart, "and not like the gay city it was to afterwards become, so that in 1873 the 'Canada Agent' there had but little difficulty in persuading my parents to make their way across the Atlantic. The 'Agent' promised wages of three to four dollars a day, but when we came we found them only eighty cents, and it was great satisfaction afterwards to learn that he had been sent to jail. We sailed on the Scandinavian of the old Allan line."

Started at Fifteen

Dupart, senior, set up a forge in Duke street, Montreal, and it was in that sturdy neighborhood that Louis grew up until at the age of fifteen, a Mr. Cook, then superintendent of the Y.M.C.A., used his influence to have him placed at work in Bonaventure station. There was some difficulty in finding work for Louis, but eventually he was given a badge, and told to help the passengers with their hand baggage, and thus became the original Red Cap.

In 1887, Mr. Dupart joined the service of the Canadian Pacific and at Dalhousie station—the old structure is yet standing—became a baggageman and a relief for the police and the ticket men, and when Windsor street station was opened years afterwards he was transferred to the new building. In the thirty-five years of service with the Canadian Pacific Mr. Dupart witnessed many changes in the railway itself and in the city, remembering when cows were pastured in St. Catherine street, now the uptown shopping district of Montreal. In himself he has changed only to the extent of becoming more philosophical, which has enabled him to appreciate that even a baggageroom may prove a world of boundless interest.

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"I suffered with all the symptoms of Female trouble, with *chronic Constipation and constant Headaches.* I had pains low down in the back and sides of the body. A doctor advised me to have an operation.

I started taking "Fruit-a-tives" and this medicine has *completely relieved me* of all my misery and suffering.

I am free of pain and headaches and the terrible Constipation, and what saved me is the fruit medicine, "Fruit-a-tives."

Madam M. J. GORSE.

50c a box, 6 for $2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

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FATIGUE

Fatigue is the result of using the muscular or the nervous system to excess. In so-called muscular fatigue certain toxic products formed in the overworked muscles poison the nerves. Those poisons are mainly carbonic acid and latic acid and probably also a special toxin that the contracting muscles create. Normally that toxin is produced in small quantity and leaves the system through the excretions as rapidly as it forms, but when the production of it continues too long or when some unusual exertion causes it to form in excess the excretory organs cannot dispose of it wholly, and it accumulates in the blood and poisons the nerves. At the same time the muscles and the liver lose more or less of their sugar. Nervous fatigue resulting from mental overwork or from worry or abuse of the organs of sight or of hearing is owing to the diminution or to the total loss of the nutrient material of the nerve cells.

Fatigue must be distinguished from exhaustion, and both from pure laziness. Nervous exhaustion or neurasthenia is chronic fatigue and occurs when a person has persisted in overwork, chiefly mental day after day and has refused to heed the warning of excessive fatigue each evening. Moderate fatigue is almost normal and seldom results in exhaustion, though real fatigue, like pain, is always a danger signal to which due regard should be paid. On the other hand to yield on the first sensation of fatigue and to cease work on that account is nothing but laziness. There is a happy mean that must be sought and maintained. Fatigue that yields to a moderate meal of wholesome food and to a night's rest is, especially in the young, healthy fatigue and portens no ill.

Because of the stress in modern life especially in the cities, many persons habitually work to the point of fatigue, but keep it off with such stimulants as coffee, tea or cocoa. In the case of most persons those antifatigue remedies, if taken in moderation, are beneficial. Alcohol, however, though it relieves fatigue, is harmful because of its reaction; a good substitute that is harmless—in moderation of course—is sugar in any form, especially chocolate either as a confection or as a beverage. A cup of hot soup or of malted milk is also useful in enabling anyone to resist fatigue. Sleep is always the best remedy.

Just So.

First angel — "How'd you get here "

Second ditto—"Flu."

Sometimes.

Teacher—"What is the plural of mouse, John?"

John—"Mice."

Teacher—"Correct. Now the plural of spouse?"

John—"Spice."

BOBBED-HAIR GIRL PREYS ON GROCERY STORE

Murderesses are not much scarcer than murderers, though they are not so often arrested and not nearly so often sentenced, but female hold-ups are extremely modern and recent. For some weeks past New York has been speculating upon the identity and next appearance of the girl who has won the title of "the bobbed-haired bandit." It is not absolutely certain since she has not fallen into the hands of the police and been examined by a police matron that this criminal is a woman, or that there are not several female criminals with bobbed hair. The thief may have made himself up as a girl the more easily to fool the detectives. One girl succeeding in her lawless escapades, others may have imitated her, so there may be several. One bobbed-hair girl was arrested and on the point of being convicted as the robber of several stores, when the police received a letter from the supposed original berating them for having made a stupid blunder. To prove her point, the writer then went out and robbed another store or two, after which the police let their prisoner go.

The outbreak of female thieving on a large and organized scale in the United States began last Autumn. The thieves were three women, apparently a mother and her daughters. They were expert shoplifters and preyed upon fur stores in half a dozen cities. One day last December they strolled into a New York store and purchased a coat. When the salesman went into his office to make out a receipt one of the girls followed him and when he turned round poked him in the ribs with a reveolver. She kept him covered while the other women walked out with a $3,000 mink garment, and then made her own escape. Shortly afterwards the taxi drivers of New York were terrorized by a girl who with a companion, held up thirteen of them before she was caught. With her escort she would hail a taxi and asked to be driven to a part of the city remote from police whistles. Then she would produce a revolver, which subsequently was discovered to be made of glass, to intimidate the taxi driver and rob him of the day's receipts.

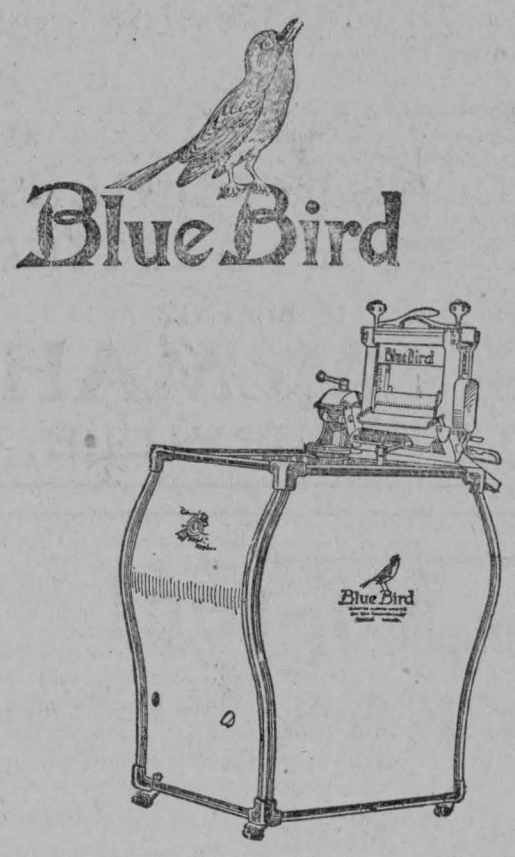
Later on the bobbed-haired girl turned up. She specializes in chain grocery stores which are numerous in New York, and which usually have a considerable quanity of ready cash always on hand. Her method does not vary. Fashionably attired in a seal coat and wearing a becoming little hat, she enters the store and gives an order for some article she wishes to carry with her. While it is being wrapped up, her confederate, a tall man, enters. Then the girl produces her revolver; the clerk is threatened with death and the cash register is looted. The pair then disappear in a tidy little sedan. Their nerve is illustrated by the fact that they do not necessarily call it a day after they have made a rich haul. The may only drive a dozen blocks and enter another store owned by the same firm. This desperado carries on correspondence with the police whom she addresses in opprobrious terms. More than once she has announced that she will visit a certain store and shortly afterward she does so, but always at a moment when she is able to rob in safety. A short time ago it was said that 500 detectives were looking for this girl and that there orders were to shoot to kill if they came upon her.

The bobbed-haired robber is new in her method, but as Ellery Rand points out in the New York Times, she has many noted ancestresses. There have been female thugs as long as there have been male thugs, though not many of them achieved sufficient eminence to be remembered. There was however, Moll Cutpurse, who was quite as celebrated as Dick Turpin. Unlike most of the highwaymen of old, she did not meet her proper end at Tyburn. Indeed, she was arrested but once in the course of her career, and then on no more serious charge than that of masquerading in male attire. Her history which is set forth in the "Newgate Calendar," says that as a girl she showed few of the softer qualities of her sex. She was a tomboy, and instead of devoting herself to seemly maidenly pursuits she sought amusment and instruction where men fought with cudgels. She was indifferent to clothing and finery, and probably spent much of her ill-gotten gains in the same way as the male ruffians of her time. It was one of her boasts that she was the first woman in England to smoke tobacco.

She was gifted by nature with a particularly long middle finger, which she found a great help to her in her profession. It was her dexterity in removing purses from girdles, where they were carried in the seventeenth century that earned her the name by which she has descended to prosperity. She lived and died in a house in Fleet street in the very heart of London, and though she was notorious the police found it impossible to catch her in the act. Another famous English thief was Jenny Diver,, who was executed in 1741. She began as a dressmaker's apprentice, but soon was apprenticed to the more profitable trade of picking pockets. She became a member of a gang and before she worked herself up to a position of importance used to seek a position as scullery maid in thriving households, which she would then lay open for the entrance of the robbers. She also posed for a great lady, and would faint before prosperous homes. Being carried in by her footman, she would play her felon trade. Jenny Diver was something of a criminal genius, for it was she who invented the false arms and hands that modern thieves have found so useful—hands and arms that are visible and motionless, while the real hands are busy going through the pockets of the unsuspecting victim.



The Greatest
Labor Saving
Money Saving
Time Saving
Appliance Ever Produced For the Home



Blue Bird

For sale by

CHESTERVILLE HYDRO SHOP

You Can Stand on this Wash Board



Our SMP Pearl Ware Wash Board is so strong, tough and durable that a full-grown man or woman can stand on it without doing the rubbing surface or any part of it the least harm! The enameled surface won't chip, flake or peel off. Think of the wear there is in such a wash board! There is the same wearing qualities in all articles in SMP Pearl Ware. Try out the wash board and be convinced.



SMP "QUALITY" TRADE MARK

Ask for SMP Pearl Ware

MADE BY THE SHEET METAL PRODUCTS CO OF CANADA LIMITED
MONTREAL TORONTO WINNIPEG
EDMONTON VANCOUVER CALGARY

55

NOW ON HAND
COAL & WOOD
A. HENDERSON
Chesterville

Satisfactory Weights and Measurements guaranteed. Best quality at Lowest Prices

TELEPHONE SIX

Order YOUR PIES AND CAKES

From

Chesterville Bakery

EUGENE McMILLAN, Prop.

Summer Sewing Time...

When roads are band and social functions and viciting at a minimum is the time to get aahead with summer sewing—the making of men's shirts, the pieciug of quiits, the children's outfits and so on-

We offer Special Value just now in

PRINTS AND GINGHAMS

ROCKFAST DRILLS

CHINTZ and BATTINGS

Telephone 62

H. J. McMAHON

CHESTERVILLE

Say, Mister!

Are you buying a car, soon ?

If so, don't use your head for a hat rack,

THINK.

You never saw a Dodge car stranded on the road.

It is durable.

You very seldom see a Dodge car in a repair shop.

NO BIG GARAGE BILLS.

You can't find an easier riding car than the New Dodge.

Nor one dissatisfied owner.

D. ALLISON, Dealer, CHESTERVILLE

ALL GOODS

In our store

(We Make No Exceptions)

will be sold

AT COST OR UNDER

NOW IS THE TIME TO BUY

J. T. Kearns = Chesterville

OVER-STOCK SALE

We are over stocked in some lines of Winter Goods and are making prices considerably lower

Men's Fleece-Lined Shirts and Drawers ....Each 80c
Boys' Fleece-Lined Shirts and Drawers.. ...Each 60c
Men's fleece-Lined Combinations, large size....$2.00
Men's Union Combinations... .....$2.95
Men's Wool Combinations $3.95
Men's Work Shirts in flannelette, fleeced and flannel at $1.25, $1.50, $1.75

McGEE & CO., - CHESTERVILLE

LIMERICK JUNIOR RED CROSS

The "Pledged Workers" of the Limerick school entered the Red Cross society on February 4th, 1924.

Mary Kirby was elected President, and Lillian McCloskey, the Secretary-treasurer of the society. James Heveran was given the place of chairman. Our last meeting was held on Monday March 3rd. After all were "decorated" with membership buttons, the merit badge won for good work, was returned by Mary Kirby.

The meeting was opened by the chairman. James Brooks rendered an interesting talk on "How infection can be avoided."

A brief talk was given by James Heveran on the different communicable diseases and Mary Carroll spoke on Tuberculosis.

Merit badges were awarded for the following week to Ellen Kearney, Mary Carroll, and John Kearney for punctuality, also to James Brooks for well prepared speech on programme.

The secretary-treasurer reported 23c in the mite box.

Other pupils were called on to prepare work next week for the Health Game programme and the meeting closed.—James Brooks, Reporter.

BERWICK

Mr. Peter McLeod was at Ottawa on Friday.

Mr. Wm. Fetterly of Cornwall, was in town at the week end.

Mr. Pat Raymond was the guest of his sisters over Sunday at Montreal.

Mr. Frank Barkley of Dunbar, was the guest of friends in town on Sunday.

Mr. and Mrs. Alfred Casselman celebrated on Saturday, March 1st, the 25th anniversary of their marriage, a few immedate friends being present. May they enjoy many more years of wedded life.

Mr. Bernice Coulthart of Russell, spent Thursday with his sister Mrs. A. Summers.

Mrs. Dutt was the guest over Sunday with relatives at Cornwall.

Miss Rose Meilleur went on Monday to Chesterville where she intends remaining for awhile.

Miss Loretta Murphy of Dickenson's Landing, is employed as clerk in Mr. George Alguire's store.

Miss Lizzie Ruddy, nurse-in-training at Ottawa, spent Saturday the guest of her parental home.

A great many of our school children are ill with the measles.

Mrs. Mary Rushman of Dickenson's Landing, was the guest last week of her father Mr. B. Walsh and other relatives.

Master George Merkley spent over Sunday with his father at Chesterville.

Messrs. George Forsythe and Peter McLeod spent Sunday at Moose Creek.

Mr. Jas. Lazott of Cornwall, was renewing old acquantience in this vicinity over Sunday.

"THE BOYNE."

Miss Clara Anderson visited friends at Winchester recently.

Mrs. Clarence Holmes of Winchester, spent the week end at the home of Mr. J. W. Darling.

Mr. and Mrs. J. L. Belway of Avonmore, spent a few days of this week at the latter's home here.

Miss Tena Anderson has been visiting Miss Bessie Greer of Melvin Settlement.

Mrs. J. W. Darling accompanied by Mrs. C. Holmes of Winchester, visited at the former's home at Chesterville on Sunday.

S. S. NO. 10. FINCH.

February

IV—Stanley Murphy. Violet Murphy, Rose Moran, Estella Beehler.

III Sr.—Marguerite Murphy, Rose Beehler, Walter Grady,

III Jr.—Theresa Murphy, Kenneth Murphy, Philip Murphy, Peter Potasse, Gerald Rady.

II Sr.—Archie Murphy.

II Jr.—Bernard Lynch, Gerald Murphy, Hubert Lynch.

I—Raymond Lynch, Francis Moran, Emma Lanois, Joseph Lanois, Rene Lanois.

Primer—Bernard Beehler, Annie Richmond, Wilfred Lanois, Ernest Lanois, Marion Lanois.

Anna O. Connor, Teacher.

S. S. NO. 8, Williamsburg.

Perfect attendance *.

Sr. IV—Jessie McLean 69.

Jr. IV—*Lawrence Whittaker 51,

III—Bertha Sargeant 71, Pert Servage 68, *Hazel Armstrong 57, Gladys Stata 51.

II—Beatrice Harper 64, Edna McPherson 51, *Eva Whittaker 51

I—*Wray McPherson, Ruby Stata, Maurice Weegar.

Sr. Pr.—*Lillian Whittaker, Mabel Stata, Audrey Harper, Gray Johnston.

Jr. Pr.—*Pearl Whittaker, May Johnston.

Ada M. Baker, Teacher.

S. S. NO. 10, WINCHESTER

February

Sr. IV.—Mabel Hummel, Una Colquhoun, Wilsen Johnston.

Jr. IV.—Donald Cross, Dorothy Devaney, Walter Devaney, Floyd Edgerton.

III—Dora Morrell, Orlean Johnston, Claire Kearns, Jack Cross, Clara Shay.

II—Elizabeth Harper.

I—Ralph Loucks, Helen Beattie, Francis Beattie, Emerson Johnston, Bernard Kearns, Monica Kelly, Nina James, Arnold Froats, Garnet Edgerton.

Pr. Sr—Clarence Cross, Graham Smith, Edward Kearns, Cecil Shaw, Violet James.

Pr. Jr.—Gladys Edgerton, Howard James.

R. R. MacGregor, Teacher.

AN IMPORTANT USE FOR ALUMINUM

Because tea deteriorates very rapidly if exposed to air, many tests and experiments have been made to find an effective means of packing it so as to preserve the flavor. The "SALADA" Tea Company first used lead packages but some years ago adopted aluminum foil, as being more durable and lighter than lead, besides of course being absolutely clean and air-tight. This method of packing is admitted to be the best to preserve the flavor of tea. All "Salada" is sold in air-tight aluminum packages.

FULTON BROS.

The Store of Quality But not of High Price

Be Prepared For the Fresh Milkers

Milking Tubes. self-retaining..... .....25c
Kow Kure, large size .....Per can 1.10
Raw Linseed Oil.....Per gal 1.50
Linseed Meal .....3 lbs for 25c
Sulphur Meal.....6 lbs for 25c, Per 100lbs 3.25
Salts, for cattle .....4 lbs for 25c
High Grade Salts .....3 lbs for 25c
Bag Balm.....Per can 60c
Vaseline, 1lb can 40c
Sabadilla, Kills Lice ..... Per lb 40c
MILK PAILS STRAINERS MILK PANS

Glass Syringes Vet. Dose Syringes
Ingram's Enemia Rubber Syringes

CALF MEAL BEEF SCRAP OYSTER SHELL

Clover and Timothy Seed

Ours have arrived. Give us your order now.

Frost Fence

Just received notice of a drop in price.
Our car is due here first week in March.
Ask for our Special price for Cash Off Car.

Special Price on 2lb tins
CROSS & BLACKWELL
ORANGE MARMALADE, EACH 35c
3 tins for $1.00

FULTON BROS.

CHESTERVILLE, ONT.

TRY THESE

When your Appetite Demands Change

The time comes without fail every long winter when you long for change in your menu as the old flavors pal on your appetite.

CHOICE PRUNES

than which there is nothing handier or tastier for pies and sauce after apples have lost their flavor.

JAMS & ORANGE MARMALADE

They are delicious and economical, too. Require no cooking and are all ready for the table.

BLUE ROSE RICE

Do you think all rice is alike ? Some people do until the insist on Blue Rose Rice, Try Blue Rose with Raisins or Chopped Dates.

D. C. Seymour

Kearns Block - - Chesterville

HORSES WANTED

Mr. P. Vandelac of montreal will be at

Hotel Winchester

WINCHESTER

Friday, Mar. 14

and at the

McCloskey House

CHESTERVILLE

Saturday, March 15

To purchase horses, heavy chunks and mares preferred.

The Chesterville Record

PUBLISHED EVERY THURSDAY

Terms Of Subscription

To Canadian points—$1.50 per year in advance $1.75 if not so paid.

To United States—$2.00 per year in advauce.

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Small advt. card per year, such as Societies, Business, etc., $5.00.

All advertisements measured by the scale of solid nonparell, 12 lines to the inch.

Advertisements without special directions will be inserted till forbid and charged accordingly

Subscriptions may commence with any issue. The paper will not be discontinued unless notice is given. No subscription will be cancelled unless all arrearages are paid.

G. C. LACEY,
Editor and Proprietor

THURSDAY, MARCH 6TH.,1924.

REDUCING PRODUCTION COSTS

Every manufacturer in the country is faced constantly by the problem of reducing his production costs. If he can save a dollar it is just as good as the dollar he can earn. Accidents have laid a heavy hand on industry in Ontario when we realize that compensation for accidents in industry in this Province is costing six million dollars every year. The manufacturer must calculate on this cost with his other problems of manufacture and a reduction in these losses means just that much saved to the country.

Accidents reported to the Workmen's Compensation Board have averaged over five thousand each month for the last several months. This means roughly two hundred accidents every working day and does not benefit either the industry nor the workers but is, rather, a heavy loss to both employer and employee.

An extension of the safety idea seems a logical and legitimate means of cutting production costs in this country.

A WELL-BALANCED DIET FOR HEALTH

In planning the family dietary, one quart of milk a day should be purchased for each child under sixteen if it is economically possible to do so. Milk is the guardian of the bones and teeth.

There should be at least two vegetables served every day—three, if possible. One of these is the potato or other starchy vegetable, and the other one or two of the succulent vegetables. For good measure add leafy vegetables such as cabbage, lettuce and spinach, three or four times a week—oftener if possible. These contain growth promotors and body regulators.

Frest fruit should be in the menu at least once a day—oftener is better. Dried fruit will do for adults, but the children should have fresh fruit, at least three or four times a week.

There may be sweets in every meal but they should be in the form of sweet desserts, rather than as sugar. The time for candy is at the end of the meal.

Meat and fish shoud be served once a day unless eggs and cheese are to be served. Children under five should have from three to five eggs each week when practicable. Some persons advocate no meat for children under six. If peas and beans are served instead of meat, plenty of milk should be used in the same meal.

Besides these foods there should be plenty of whole cereals and the grocer's bill should show at least two ounces of fat for each member of the family. Butter is the best for children.

UNORGANIZED FARMER IS A TRAGIC ABSURDITY

The reason so many of the 24,000,000 farmers of the United States are going out of business is because they cling to the United States tradition of individuality and refuse to organize, Senator Capper, of Kansas, declared in addressing the annual banquet of the eastern states farmer's co-operative exchange.

"When the farmer sells," he said, "he sells to an organized market—a market organized to take speculative profits. When he goes into the market to buy, he buys from an organized market.

"The farmer is the only unorganized group in a highly organized business and industrial community. Because he lacks organization, because he lacks determining voice in the sale value of his commodity, the farmer gets but seven and a half billion dollars for products for which the consumer pays 22½ billions. For speculators, middlemen and transportation to collect a toll of 15 billion dollars on that for which the farmer gets but seven and a half billions is a tragic absurdity."

ACCLIMATIZATION OF VARIETIES OF GRAIN

(Experimental Farms Note.)

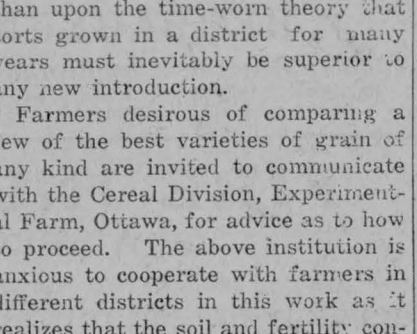
It is quite commonly believed that any variety of grain when grown in a given district for a number of years, gradually becomes more and more suited to the conditions of that district. While this may be true in the case of plants which naturally cross-fertilize, such as most of the grasses and clovers, it is not true to the same extent in the case of such plants as wheat, oats and barley, except possibly where different varieties containing different strains are grown. In nature acclimatization takes place as a result of natural selection. The vagaries of soil and climate gradually weed out or weaken those strains which are less suited to survive, whereas the strains increase in proportion.

Since varieties differ greately in their ability to thrive under different conditions of moisture, physical conditions of the soil, it is highly important from a practical standpoint that the farmer grow the variety which is best suited to his conditions. This variety can be located only through comparative tests of different varieties sown in adjoining plots in his district. After two or three years careful testing; it should be possible to choose the variety which seems to give the most promise. If this variety is what is known as a pure line, by which is meant a variety composed of a single strain, it is not likely that so called acclimatization will take place to any appreciable extent. If, on the other hand, a variety should happen to be a composite one, that is, composed of two or more strains of varying adaptabilities, it is quite possible that acclimatization may take place by the gradual increase in the proportion of plants belonging to the best adapt strain.

It was once thought that acclimatization takes place in a fairly definite manner in the case of practically all plant life and that any variety might, in the course of time, become especially suited to the conditions under which it was being grown. That this point of view was incorrect has been clearly demonstrated during recent years, and farmers would be well advised to depend more upon comparative tests of different varieties rather than upon the time-worn theory that sorts grown in a district for many years must inevitably be superior to any new introduction.

Farmers desirous of comparing a few of the best varieties of grain of any kind are invited to communicate with the Cereal Division, Experimental Farm, Ottawa, for advice as to how to proceed. The above institution is anxious to cooperate with farmers in different districts in this work as it realizes that the soil and fertility conditions on a given farm may differ to a very considerable extent from the conditions under which varieties are tested at the Farm at Ottawa. In other words, varieties which do not do particularly well at Ottawa might be most desirable to grow under certain conditions met with on a given farm some distance away.

Where the farmer does not wish to take time to conduct a comparative test of different sorts on his own farm but would like to have the variety he is growing compared at the Experimental Farm at Ottawa with the varieties grown at that institution, the Cereal Dvision will be glad to receive from him a one pound sample of his seed. The sack containing this sample should bear the grower's name, the variety name, and the number of years the seed has been grown on his own farm. A report on the relative performance of the varieties sent in for this test will be sent the farmer in due time.



HORSES ARE CLEVERER THAN DOGS

A dog can be taught all sorts of tricks. It is an imitative animal, and the sillier the trick the more it seems to enjoy them. But a horse has dignity. It can generally only be taught feats in which some brainwork is needed. A horse is, indeed, wiser than most people imagine. The reason why it is so often thought stupid because it has had the wisdom to conceal its real knowledge from man, writes the Hon. Gilbert Coleridge in "Pan's People." Mules, bullocks and such animals will blunder into anyone that gets into their way, or will step on any unfortunate lying in their path. But a horse will sum up the situation in its mind and take the best possible course to prevent an accident. Dignity is the mark of the horse. If you jeer and laugh at a horse in a loose-box, it will become irritable almost at once, and will eventually kick out in all directions. Horses love freedom, and will often exercise much forethought and skill in endeavoring to open the gate of a field in order to secure greater liberty.

The Will And The Way.

"They're nice-looking horses of your's; appear to be well matched." "They are; one's willing to pull and the other's quite willing to let him."

Only One Round

Father O'Flynn—But why did you pick a quarrel and fight with this man—a total stranger?

Barney—Sure, yer reverence, all my friends wor away.

Some Comfort

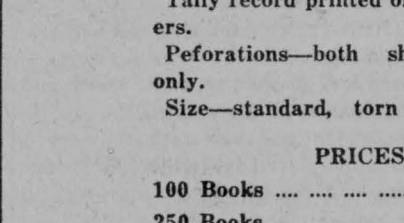
A new hotel in California is equipped with automatic sprinklers. As assurance to its patrons, a card bearing the following verse has been placed in each room.

When you lie down for restful sleep,
Sprinkler heads their vigil keep;
If fire comes, don't be concerned;
You may get wet, but you can't get burned.

A Remarkable Man.

Small Nephew—Tell us about the time you were frozen to death at the North Pole, Uncle Jack.

Small Niece—No, Uncle Jack; please tell us about the time you were killed by wild Indians.



CANADIAN PACIFIC

Time Table

GOING WEST

No. 23—Daily, except Saturday 12.29a.m.
Stops for passengers from Montreal.
No. 35—Daily, except Sunday ..9.55 a.m
Local, Daily ExceptSunday ..7.27 p.m

GOING EAST

No. 24—Daily, Except Sunday..5.14 a.m
Stops for passengers to Montreal.
No. 36—Daily, Except Sunday..5.38 p.m
Local Daily. Except Sunday.. 8. 25a.m.

For further information apply to

C. W. CASSELMAN,
Town Ticket Agent, Chesterville. Ont.
R.G Amiot. District Passenger Agent, Montreal, P.Q.

We DON'T COBBLE Shoes

We rebuild them. Only old fashioned, oak-tanned leather used. Our prices are lower: our work is better. You just pay for honest work and solid leather.

Our shop and expenses are small, but you get value for your dollar.

A. W. TYO - SHOEMAKER

BONDS

Are Mortgages on Fixed Assets

When a township issues debentures (or bonds) it gives a mortgage on the whole township for security to the buyers of the bonds for the loan of their money for a definite number of years at a satisfactory rate of interest.

If the amount required is large it is divided into small mortgages, (that is, bonds or debentures) of $500 or $1,000 each, with the same security behind each, so that investors with small sums may take advantage it.

Bonds or debentures are rated the safest kind of an investment.

DOMINION, PROVINCIAL & MUNICIPAL BONDS FOR SALE

Come in and talk it over

G. C. LACEY - Record Office - CHESTERVILLE

When In Need

of

STOVES, PUMPS, READY ROOFING

Pedlar Peoples Metal Shingles Water Tanks, or Furnaces

Call at

H. S. McMURRAY'S

Sheet Metal and Plumbing. Chesterville

COUNTER CHECK BOOKS At the Lowest Prices

Style No. 14.

CARBONIZED FOLDED STYLE

Original white, carbonized on back.
Duplicate white news, printed or plain
Printed—original black, duplicate red
Advertisement on back of duplicate $1.00 per order extra—1000 books or over, free.
Numbering each book 1 to 50 in duplicate.
Covers—heavy tag manilla.
Tally record printed on inside of covers.
Peforations—both sheets or one only.
Size—standard, torn out, 3⅝ x 5¼.

PRICES

100 Books ....8c. each.
250 Books ....7c. each.
500 Books ....5c. each.
1000 Books ....4½c. each.

Sales Tax Extra

Style No. 2.

TRIPLICATE CARBONIZED BOOKS OPEN BOTTOM STYLE

Original white, carbonized on back
Duplicate white or yellow carbonized
Triplicate white or pink news
Printed—original black, duplicate black, triplicate red ink.
Numbering each book 1 to 50 in triplicate.
Covers—heavy tag manilla
Tally record printed on inside of covers
Perforations—one, two or three sheets
Size—Standard 3⅝ x 5¼ torn out.

PRICES

100 Books ....15c. each.
250 Books ....12c. each.
500 Books ....10c. each
1000 Books ....8c. each.
2500Books..... .... .7½c. each.

Sales Tax Extra

STYLES TO SUIT EVERY BUSINESS, JUST AS LOW

Mail your orders with two sheets from the book you are using, and get a supply at the cut price.

THE RECORD Phone 15r5 CHESTERVILLE

FOR SALE

Five brood sows, one due to farrow soon others later on. Apply to James Andrew Droppo, Nation Valley. 16

AUCTION SALE

of

PURE BRED .AND .GRADE HOLSTEINS, FARM MACHINERY AND OTHER ARTICLES

The undersigned will offer for sale by Public Auction on Lot 15, Concession 5 Winchester Township.

1½ Miles N. W. of Chesterville.

on

SATURDAY, MARCH 8TH.

Beginning at 12 O'clock, noon, sharp.

25 Head Grade & Pure Bred Holsteins

Registration papers for Pure Breds will be furnished at sale.

Cattle after sold at owner's risk but will be taken care of for 48 hours.

Farm Equipment, Fowl&o'her articles

M-H Binder 6 ft cut, new; McCormick Mower 6 ft cut; M-H Side Delivery Rake, new, 10 ft Dump Rake, Cockshutt Corn Planter, 2-horse Corn Cultivator, 1-horse Corn Cultivator, Champion Disc Drill, Sulkey Plow. 2 Walking Plows, M-H Hay Loader, 2 Pulverizers, one new; Spring Tooth Cultivator, Truck Wagon, Wagon Box and Rack, Milk Wagon, Set 12ft Iron Harrows, Set Bob Sleighs, Set Work Harness, Hay Rack, Engine and Jack, Fanning Mill, Set 2000 lb scales, Two Buggies, Ford Car, 2 Hay Forks with Rope, Daisy Churn, Cooking Range, Cooking Range, Quebec Heater Collie Dog 2 years old, 50 Plymouth Rock Hens, Many other useful articles.

TERMS OF SALE: All sums $10.00 and under, Cash; over that amount 6 months credit on approved joint notes, or 5 per cent. off for cash.

GEORGE H. BAKER, Prop.

ROSS MORROW, Auct.

AUCTION SALE

of

GRADE HOLSTEIN & AYRSHIRE MILCH COWS.

The undersigned will sell by Public Auction on Lot 4, Con. 7, Williamsburg Township.

at Grantley

on

TUESDAY, MARCH 11th.

At One p. m.

15 Head of Milch Cows.

High Grade Holsteins and Ayrshires, from 5 to 9 years old. 2 or 3 probably fresh byday of sale, others to freshen in good time.

TERMS—6 months credit on approved joint notes or 3 per cent off for cash.

JNO. E. McMILLAN, Prop.

ROSS BECKSTEAD, Auct.

AUCTION SALE

of

STOCK AND IMPLEMENTS

The undersigned giving up farming will sell by Public Auction on the Hamilton Farm, Lot 19, Con. 6, Winchester Township.

One Mile North of Chesterville.

on

MONDAY, MARCH 10TH.

Beginning at One O'clock p. m.

3 two-year-old high grade Ayrshire Heifers supposed to be with calf, 9 one-year-old high grade Ayrshire Heifers, 1 team Clyde mares 9 years old weight 2800 lbs; 1 Percheon mare 10 yrs. old, 1350 lbs; 1 brown mare 10 yrs old, weight 1230 lbs; 1 Gelding rising 5 yrs. old, 1 Bay mare 11 yrs old, weight 1200 lbs; 1 Bay horse 12 yrs. old 1050 lbs; 8 Shoats, average about 90 lbs, 55 Pure Bred Plymouth Rock hens from good laying strain, 1 pr. Ducks, Deering binder 6 ft. cut with truck, Deering mower 6 ft cut, Massey-Harris corn binder, Deering horse rake 10 ft, Deering spring tooth cultivator, Oliver two-furrow plough, No. 3 Wilkinson walking plough, Interiational two horse corn cultivator, One horse cultivator, Massey-Harris 13 disc drill seeder, Cockshutt manure spreader capacity 50 bus. Land roller, Truck Waggon with steel wheels, Iron-axle waggon, milk waggon, set of Bob selighs, set of light sleighs, McLaughlin cutter, Steel tire buggy, buggy suitable for milk cart, buggy pole, 1½ horse engine, washer and wringer complete; set power clippers, set 2000 lb scales, set double harness, set milk harness, set single harness, Collie cow dog, 3 set whiffletrees and neckyokes, stone boat, cooler, pair ice tngs, ensilage fork, steel range, large mail box, 5 bags potatoes,, 6 8-gal. milk cans, 2 30-gal milk cans, 2 buffalo robes, 1 manure sleigh, hay rack, 3 beds with springs, other articles too numerous to mention.

TERMS—All sums $10.00 and under, cash; over that amount 6 months credit on approved joint notes or 4 per cent. off for cash.

ORVAL COLQUHOUN, Prop.

ROSS MORROW, Auct.

FOR SALE

4 head high grade Holstein heifers 2 two-year-olds, and 2 yearlings also 8 shoats. Apply Frank Darling, Grantley.

FOR SALE

2 four-year-old heifers and 2 three-year-old heifer, and 1 two-year-old heifer. Dry Cattle. Apply to Dan McMahon, Finch. 17

FOR RENT

Farm of 250 acres in Waddington, N. Y. Man with stock, preferred. Address Rosemary Martin, Churubusco, New York. 19

FARM FOR SALE

100 acres in Dundas county, 2 miles from Winchester Springs and 5 miles from Winchester; 2 miles from church and school. All tillable except one of maple bush, orchard of about fifty plum and apple trees. There are four wells, two drilled. Eignt room house with cottage roof; house is all newly finished inside; cement cellar. Good barns are 48x36 and 48x52, iron roof; 1 horse stable, drive shed, milk room, cow stable for 17 cows, cement floors, ice house, hen house, piggery. new garage, implement shed, a new silo 14x28 ft. Will sell everytaing as cows, pigs and machinery if buyer so desires.

For further particulars apply to

Grant Hodgson,

R.M.D. No.4 Winchester.

FOR SALE

I have purchased at a big expense a number of pure bred white Leghorn hens, and a pedigreed cockerel, from the Oldham Farms, Port Hope, Ont., therefore I will have a limited number of settings of eggs for sale. These are from the best laying strain on record in Canada. Orders booked as received. Price $3.00 a setting of thirteen eggs. J. H. Brownlee, Chesterville. 16tf.

FOR SALE

About 16 tons of alfalfa hay to be sold cheap if whole lot is taken; one White Sewing Machine, one power washing machine, one George White threshing machine as good as new, one grain roller or crusher, one bull tractor. We will sell these articles at bargain prices as we are moving and want to clean up. Apply W. P. Allison, Chesterville. 15tf

SEED OATS FOR SALE

A quantity of 20th Century Seed Oats for sale, a variety that ripens early and is little liable to rust. These oats are free from yellow weed seeds and smut. Book your order while the supply lasts.

W. H. Casselman & Son. 16

SALE BY TENDER

Tenders in writing will be received by the undersigned until April first, 1924, for the purchase of the South West Quarter of Lot Number Twenty in the Twelfth Concession of the Township of Winchester, owned by the late W. J. Gordon

Further information and particulars may be had on application to LAWSON & LAWSON, Chesterville, Ontario, Solicitors for the executors W. J. Gordon Estate.

NOTICE TO CREDITORS

In the matter of the Estate of William John Gordon late of the Township of Winches'er in the County of Dundas, Farmer, Deceased.

NOTICE is hereby given pursuant to the Trustee Act Revised Statutes of Ontario 1914, Chap. 121, Section 56, that all persons having any claims or demands against the estate of the said William John Gordon who died on or about the 28th, day of October, A. D. 1923, at the Township of Winchester in the County of Dundas, are required to send by post prepaid or deliver to the undersigned Executors or their Solicitors, their names and addresses, and particulars of their claims and statement of their accounts and the nature of securities (if any) held by them.

FURTHER TAKE NOTICE that immediately after the first day of April, 1924, the Executors will proceed to distribute the assets of the said Deceased among the persons entitled thereto having regard only to the claims of which they shall then have had notice, and the said Executors will not be liable for the said assets or any part thereof to any person of whose claim they shall not then have received notice.

ROBERT STEVEN,

JAMES MOFFAT

Executors of W. J. Gordon Estate.

LAWSON & LAWSON

Chesterville, Ont.

Solicitors for Executors.

Dated the 5th. day of Mar. A.D. 1924.

WINCHESTER SPRINGS

Mr. and Mrs. Wm. Timmins of Inkerman, spent Thursday the guests of Mrs. J. Patterson.

Mr. and Mrs. L. Kinkade and chiuren of Winchester, spent Sunday with Mr. and Mrs. Clifford Robinson.

Miss Olive Connor and Miss Riley of Ottawa, spent a couple of days last week with the former's sister Mrs. L. McIntosh.

Mr. and Mrs. H. Patterson and daughters Marjorie and Lois visited overthe week end at Mr. McMillan's of Newington.

Mrs. Harold Durant and little son of the Boyne visited at Mr. and Mrs. T. Cunningham's, recently.

Miss Minnie Dillabough of South Gower, is visiting her sister Mrs. P. Walker for a few days.

Mr. T. Cook of Durham, and Mr. Roy Cook of Winchester, spent a few days last week with their mother Mrs. A. Cook.

We are pleased to report Mr. Harold Barclay improving rapidly from his recent operation.

Mrs. J. Thorpe and daughter Elta visited at Mr. and Mrs. W. Summers, Cass Bridge on Sunday.

GRANTLEY

Married—On Feb. 27th, at Finch by the Rev. Baron, Mrs. Eva Gordon, Grantley to Mr. Johnny Kittle, Newington.

Miss Gladys Carr of Lisbon, is visiting friends and relatives here.

Mrs. Ed. Perault spent Monday afternoon with Mrs. John Kittle.

Mr. and Mrs. Alex. Taylor and daughter Lillian spent Sunday at Mr. Ed. Perault's.

Mr. Pliney Fetterlyof Norfolk, N. Y., spent a day with his sister Mrs. John Kittle.

Mrs. Martha Watson spent Sunday with Mrs. Luther Barclay, Sandtown.

Mr. and Mrs. Walter Merkley of Dunbar, spent Sunday with Mr. and Mrs. Howard Beckstead.

Mr. Thos. Carr returned home Saturday night from McMartin's shanty in Hoasic.

Mr. Clifford Carr spent Sunday with Elburn Carr.

A number of our young people attended the dance at Newington on Monday night.

Mrs. Thos. Carr and Mrs. John Locke spent Sunday with Mrs. Alonzo Murphy.

MOREWOOD

Mrs. (Rev.) Cooke and Mrs. Collison spent Wednesday in Ottawa.

Mrs. Robert McVey spent a few days last week with her mother Mrs. Wm. Gordon.

Mr. and Mrs. Mason visited the latter's mother Mrs. D. Moffatt last Thursday

Mr. Harold Swerdfeger of Ottawa, spent the week end at his home.

Misses Keitha Blaine and Mary Christie spent Saturday with Mrs. Emerson Faulkner.

Miss G. V. Coulthart and Miss M. K. Allison of Ottawa, spent the week end at their homes here.

Miss Margaret Arbuthnot of Avonmore, spent the week end with Mrs. Wm. Gordon.

The High School concert proved a great success. The proceeds were $87.10. Many say it was the best of the season.

Mr. and Mrs. John Coulthart are celebrating their fiftieth anniversary Wednesda y. We understand about fifty guests are expected.

Mr. Thomas Stewart returned from Cornwall hospital on Saturday and is staying with John Fleming.

About twenty of the I. O O. F. degree team went to Winchester on Monday night to put on the Third Degree.

Mr. and Mrs. J. F. Nadeau, Master Jack and Douglas and Mr. Donald Nadeau spent Tuesday evening at Mr. G. C. Cheney's.

Born—To Mr. and Mrs. John Warsfold, a son. (John Thompson.)

Mr. Joe Moore spent the week end with friends at Toyes Hill.

GOLDFIELD

The Box Social held at the home of Mr. John Nephew on Monday evening of last week under the auspices of the Junior Institute was a very enjoyable one, a large number being present

Mr. S. Ouderkirk of Finch is moving this week to his new home here.

The regular monthly meeting of the Women's Institute is to be held at the home of Mrs. Thos. Sutherland on Thursday afternoon.

Mr. and Mrs. Kenneth McRae and family visited friends here on Sunday.

Mr. Wm. Servage of Crysler, visited at the home of Mr. Jas. Younge last week.

Master Douglas McLeod who underwent an operation for appendicitis in the Cornwall hospital several weeks ago has returned to his home here.

Miss Sarah Foley of Ottawa, spent the week end at her home here.

Miss Margaret Foley returned home after spending several weeks visiting friends at Summerstown.

Mr. Dennis McMahon and children spent Sunday afternoon at the home of his parents Mr. and Mrs. Jas. McMahon.

Miss Ettie Gillies spent the week end visiting relatives at Avonmore.

J. H. BROWNLEE

Chesterville

WHOLESALE & RETAIL WOOD DEALER

Save money by purchasing through me.

Especially Farmers, consult me before placing your order as I am prepared to handle wood in part or whole carload lots.

Positively no credit

ROSS MORROW

Licensed Auctioneer

For Dundas; Stormont, Glengarry, Carleton and Russell.

Sales of all kinds handled.

Terms reasonable.

Dates may be arranged at The Record Office.

PHONE 608—24 WINCHESTER, ONT.

SEE ! LOOK IN !

No, don't only look in, walk in and see what modest prices I am offering my new shipment of HORSE BLANKETS at.

I also have a full line of

CURRY COMBS

BRUSHES, SURCINGLES

HALTERS, REPAIRS

& HARNESS

Men's & Boys' Work Mitts of extra quality & assortment. Repairing guaranteed, neatly and promptly done at reasonable rates.

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JOHN KING, CHESTERVILLE

In the P. D. Grady Stand

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REPRESENTING & SELLING

The John Deere Co. Plows Etc.

The J. I. Case Co., Threshers.

Renfrew Machinery Co.

Rumley Tractors

Jackson Wagons

Fairbanks-Morse Gas Engines

Bissells Cultivation Machines

Plow Points, Repairs, Etc

HERBAGEUM FOR STOCK

The oldest and best conditioner for all kinds of farm stock ever sold. On the market more than 30 years. Make a trial.

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Also Windstorm and Tornado Insurance on either cash or mutual plan.

PHONE 601—R—23

James Clement, Agent, Chesterville



THE CUT GOES

a long way towards determining whether the steak is good or not. If you leave the selection to us you will get the best quality that is in the market.

All meats sold by us are inspected by efficient government men and guaranteed free from any disease whatever.

SPECIAL FOR SAT. MARCH 8TH

Shoulder Steak	**12½c lb**
Beef Chops	**12½c lb**
Chuck Roast	**10c lb**
Rib and Neck Stew	**8c lb**
Front Quarters	**7½c lb**

If you haven't been using our Western Beef, give it a trial on Saturday. If you have it needs no recommendation.

Phone 28 **P.O. Box 642**

H. L. HOUGH & Co. - CHESTERVILLE