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VOLUME 110, NO. 46 — MORRISBURG, ONT., FRIDAY, NOVEMBER 24th, 1972 — SINGLE COPIES 10c

Lions Club Pledges $1,000 Towards Local Zamboni Fund

At a recent meeting of the Morrisburg Lions Club, budget approval was given to pledge $1,000 to the Zamboni Fund of the Community Centre Board. President Norm Sulphur stated that this money would be available when a suitable machine is located.

Approval has also been given for several other budget expenditures, some having already been spent. A donation of $300.00 has been made to the Glen-Stor-Dun Lodge Tuck Shop fund, to furnish and supply this facility for residents of the home.

A one hundred dollar gift was made to the Charles Francois Clinic at Cornwall, to assist in their efforts to treat children afflicted with cerebral palsy.

The annual presentation to the Morrisburg Recreation Committee of $600.00 for the beach program was approved and has been forwarded.

Two bursaries of $75.00 each were awarded to deserving students from Morrisburg at the recent commencement exercises at Seaway District High School.

The shuffleboard and horseshoe pits built by the Club this past summe rat the rear of the civic building have been turned over to the Senior Citizens.

Approval was given to continue sponsorship of the local Scouts, Cubs, Guides and Brownie Pack.

An instructor for the Lions Band has been hire dat a cost of approximately $500.00 annually.

A request for assistance to purchase a set of sweaters for the Morrisburg Lions Jr. hockey team has been approved.

In total, budgeted items amount to over $5,000.00 for the year July 1972 to June 1973.

Lion Norm Sulphur also announ ced several projects for the coming months. A Giant Bingo is planned for the Civic Centre on Friday, December 1st. An objective of $1250 has been set for the Annual Easter Seal campaign for Crippled Children. Plans are being discussed for a Spring Festival similar to the highly successful Oktoberfest held in September. Discussion of a program for the children to be held during the Christmas break has also taken place. Looking ahead to July 1st, the committee will soon begin work on the Old Time Fiddlers' Contest, which is planned as an annual event.

Membership in the Club now stands at 32 with two members initiated during October. The Lion President noted that the club always welcomes applications for membership, and stated that the only qualifications required are a desire to work for the community as a whole without any hope of a reward. Prospective members should speak to any member of the club who will gladly advise them on the objects and aims of lionism.

VILLAGE MAY SOON GET SR. CITIZENS' HOUSING

In a letter to Reeve C.F. McInnis, November 6th, 1972, the Ontario Housing Corporation has advised that a survey revealed that there is need for a 12 unit structure to house Senior Citizens, rents to be cased on income.

The Municipality will be required to contribute 7½% of the annual loss arising out of the operation.

An incoming Council will be required to authorize or reject same before this project can go forward

FRIENDS REGRET PASSING OF MRS. PAUL MYERS

Funeral services for Mrs. Paul Myers were conducted Sunday, November 12 from Fitzsimmons Funeral Chapel, Iroquois to St. James Anglican Church, Morrisburg at 2 p.m. with Rev. Cyril W. Earle officiating.

The former Marguerite Zeron, a native of Morrisburg died at Ottawa Civic Hospital Thursday, November 16, following a lengthy illness. She was in her 37th year. She is survived by her parents Wilfrid Zeron and his wife Eileen Myers of Morrisburg.

8 years ago she married Paul Myers of Morrisburg who also survives. She leaves three small sons: Paul, Wade and Mark; 6 brothers: Harry Zeron of Winchester, Calvin and Peter at home at Mariatown, Sanford of Cardinal, James at Kemptville and Jack at Morrisburg, and leaves three sisters: Miss Betty Zeron at home, Mrs. C.J. Marin (Irene) at Cardinal, and Mrs. Patrick Gilson (Evelyn) at Prescott.

Marguerite Myers was a kindly, hard-working young mother who will be sadly missed. Burial was in the Anglican Cemetery, Iro quois Point. Pall bearers were: five brothers: Harry, Calvin, Peter, Sanford, James Zeron and Wilfrid Larmour.

Graham Wells Named Pres. Local Horticultural Society

Graham Wells was elected president of Morrisburg Horticultural Society at the annual meeting held Tuesday in the Civic Centre. Others elected to office were: Miss Gladys Bayne, past president; R. J. Griffin, 1st vice president; Fred Casselman, 2nd vice president; Mrs. V.M. Pyette, secretary; V. M. Peyette, treasurer; S.G. Walroth and J.H. Johnston, auditors.

Directors serving a one-year term are: Mrs. Wilfred Foss, Mrs. Basil Glover, Mrs. Isabel York, Lee Ouderkirk, Bruce E. Tuttle. Directors serving a two-year term are: John Corbett, Mrs. Grant Cougler, Gordon Mulholland, Mrs. J.H. Johnston, Mrs. G.W. Thom.

Mrs. Elizabeth Magee and Mrs. Flossie Robertson will constitute the door prize committee. Various committee convenors are: E. B. Tuttle, programme; Fred Casselman, beautification.

At the meeting the customary showing of various Christmas exhibits was held. There were 10 adult classifications and 3 juniors. All told there were more than 80 entries. Winners were: Miss Sally Bouchard, Mrs. Gordon Thom, Mrs. Percy Markell, Christmas wreath; Miss Mary VanAllen, Mrs Fred Barlow, Mrs. Jas. Hylton - door swag; Mrs. Mary Bouchard, Mrs. Thom, Miss Gladys Bayne - Christmas gift wrapped for presentation; Mrs. Thom, Lee Ouderkirk, Mrs. J.D. Corbett, Christmas arrangement featuring driftwood; Lee Ouderkirk, Sally Bouchard, Mrs. Hylton - a theme piece developed on a quotation from the bible. (These were beautifully worked out and showed originality and effort); Mrs. Hylton, Mrs. Bouchard, Sally Bouchard were winners for candle and holder; Leslie Thornton, Sally Bouchard - nativity scene; Mrs. Thom, Miss Mary VanAllen, Mrs. Bouchard - Christmas breakfast tray; Mrs. Hylton, Mrs. Archie Murphy, Lee Ouderkirk - gift cup and saucer; Lee Ouderkirk, Mrs. Thom, Mrs. Murphy - buffet arrangement.

In the Green Thumbs exhibit - junior members Hazel Bright, Leslie Thornton, Nancy Disheau were winners for unusual homemade tree ornaments; Cheryl Erratt, Leslie Thornton, Lynn Greer —Christmas cards; Nancy Disheau, Susan Harward, Heather Delage — door decorations.

Mrs. Irene Helmer of Cornwall was judge of exhibits in the show. She congratulated members of the society on the artistic excellence of their work with special mention of the Green Thumbs. She constructively discussed facets of floral exhibitons.

Miss Gladys Bayne conducted the meeting assisted by secretary Mrs. G.H. Smith. The next meeting will be held in March.

"UPROOTED" IS TOPIC AT AT LCW MEETING HERE

Mrs. Robert Howald presented the topic "Uprooted" at the November meeting of St. Paul s Lutheran Church Women in Morrisburg. The problems of refugees in eight countries as well as on the continent of Africa (for example, Lesotho) were discussed along with the many international agencies which provide aid to them.

One of the agencies is Lutheran World Relief. It helps persons when wars, floods, earthquakes and fires leave destruction. It provides blankets which are used for temporary shelter, pallets, and garments as well as comforting covers. A minimum of ten cardigans or pullovers from each congregation would help to fill the urgent need for sweaters.

Mrs. Leonard Barkley presided for the devotions and each member read aloud an assigned Bible verse. The hymn "And they'll know we are Christians by our love" was sung and prayers were conducted by Rev. F.L. Howald.

The altar committee for December will be Mrs. Beatrice Casselman and Mrs. Leonard Barkley.

The report on shut-ins was given by Mrs. Hugh Shennette, who will look after the Christmas Cheer Boxes assisted by Mrs. Hilda Black and Mrs. Beatrice Casselman.

The Christmas meeting will take the form of a pot-luck supper at 6:30 p.m. followed by a gift exchange and each member may bring a friend.

The October Thank Offerings were designated to be used for the missionary projects supported by Lutheran Church Women.

"Christmas Cards 1972" may be ordered from the Lutheran Church Supply Store in Kitchener.

Articles collected during the Fall Clothing Drive will be shipped this month, and Kiddy Kits will be started.

Lunch was convened by Mrs. Beatrice Casselman.

Riverside Hts. W. I. Has Guests From Morewood

Novmeber meeting was held in the W.I. Hall with 15 members and a large number of Morewood W.I. members attending.

The meeting opened in the usual W.I. manner with President, Mrs. Lyle Schwerdtfeger and Mrs. Graham Wells, Secretary, in charge.

The Morewood ladies w e r e warmly welcomed with a special welcome extended to Mrs. McCord, who is 95 years of age.

The Roll call was answered with naming a Canadian Industry and its location. The Motto was Live and help live. The Topic, Agriculture and Canadian Industries.

The Secretary gave a very interesting report on the Area Convention held at Hawkesbury in October.

Mrs. Gerald Erratt gave her Card report and gave the names of the Senior Citizens to be remembered with gifts at Christmas.

A decision was made to hold the Course, Sewing with knits, in the W.I. Hall, November 21st and 22nd from 10 a.m. to 4 p.m. each day. Those participating to bring their lunch.

Mrs. Floyd Fisher, Mrs. Clare Nugent, and Mrs. Fred Casselman will be in charge of the Christmas meeting, which will be held December 11th.

Mrs. Cecil Dennison introduced Mr. and Mrs. Don Shaver of Ingleside who showed very interesting and educational colored movies of a trip they took to Alaska by way of the Alaska Highway and along the Coast by boat to Vancouver.

A very enjoyable evening came to a close with the Social Committee serving delicious refreshments along with an attractively decorated Birthday Cake honoring those celebrating Birthdays in November.

Dr. Donald Crober is C of C Speaker on Life in Uganda

Dr. Donald Crober, son of Mr. and Mrs. Chas. Crober, Morrisburg, who has spent the past four months in Uganda, was guest speaker at the general meeting of Morrisburg Chamber of Commerce held Monday in the Civic Centre.

Dr. Crober went to Uganda in Central Africa as part of a three-man team of animal nutritionists sent from Canada to work at the University farm near Kampala. With the presentation of slides Dr. Crober informally discussed conditions and interesting points of life in Uganda. He said, "Life there is vastly different from our part of the world that it is almost impossible to picture the Ugandan type of society. There were 500 people working at the University farm, 3/4 of them were women who were paid three shillings, approximately 60 cents a day. "A great deal of work there", he said "is done by hand, not because of the inability to obtain farm machinery but because of the lack of persons to keep the equipment in running order.

Bananas, (not the sweet tiype we get here) are the basic food of the average farmer. They are used like potatoes. Sugar cane, cotton, coffee and rice are among the main agricultural products. Life is very primitive in the farming areas.

Dr. Crober was enthusiastic about the climate. "Although Uganda straddles the equator, because of the altitude temperatures are quite consistentlly 85 by day and 60 degrees at night. Flowers and flowering shrubs grow in profusion. Hibiscus bushes and poinsettias and flowering trees grow "all over the place" he said. The humidity is sometimes heavy.

"The expelling of Asians (not oriental Asians as we have them, rather those from India, Pakistan and related countries) and Westerners (not Canadians)", Dr. Crober said, "leaves the average native's way of life practically untouched but, in his opinion, "it will set back the potential of the country for many pears".

He concluded by saying, "The primitive society is highly organized, the farmer native purchases very little, the family structure is powerful and the people are happy with their lot".

The speaker was introduced by George Eamon, a lifelong school friend and thanked by William Marshall.

Leslie Cruickshank will be acting president of the Morrisburg Chamber of Commerce since Earl Baker's acclamation as Reeve of Morrisburg.

George Beavers is Guest Speaker At United Church Laymen's Service

George Beavers was guest speaker, for Laymens Sunday Service, in Lakeshore Drive United Church November 19, 1972, using as his topic, "A Christian Looks at China to-day".

Mr. Beavers advised, for one to be in a country for three weeks, could not have sufficient knowledge, of the ways of this Country, to talk about it in any official report.

Mr. Beavers in his talk, advised how impressed he was, with the Republic of China to-day, relating to crime honesty, cleanliness, and related personal experiences of his stay in the Republic of China.

The Ten Commandments as we endeavour to use them, as our standard of Christian living, was compared to the Chinese way of life, and all Ten Commandments are being used as a way of life in the Republic of China.

Mr. Beavers stated one must be impressed, with all of the above observations, he however would have no desire to call the Republic of China his home, as there is no freedom of thought or action, as we enjoy in our Canadian way of life.

Excellent music contributed to the success of our Laymens Sunday Service, with the South Gower Quintette and the Sunday School choir in attendance.

A friendship hour followed the morning Church Service, when over 200 people were served a hot lunch by the men of Lakeshore Drive United Church.

BURNIS E. MERKLEY DIED IN WINCHESTER HOSPITAL

BRINSTON — Burnis Edward Merkley a respected area native died Tuesday, November 14th at Winchester Memorial Hospital following a lengthy illness. He was in his 80th year.

His parents were the late Abram and Ellen Merkley of Matilda Township. He was a retired farmer and employee of Caldwell Linen Mills, where he had worked for many years.

He is survived by his wife, the former Etta Bellinger, two sons, Rowat Merkley at Osnabruck and Dwight at Prescott, one brother, Percy Leo Merkley of Chesterville and five sisters Mrs. Clarence Scott, Cornwall (Carrie) Mrs. Hub ert Guay (Dorothy) Cardinal, Mrs Alton St. Pierre (Emma) Iroquois, Mrs. Stanley Hess (Jessie), Iroquois, Mrs. Jay Salmon (Bessie) at Morrisburg. He also leaves 3 grandchildren.

Funeral services were conducted Friday November 17 at Fairbairn Funeral Chapel, Brinston. Rev. James Stewart officiating at 1 p.m. Burial was in South Gower Cemetery. Pall bearers were: Ford McCaslin, Lloyd Casselman, Alfred Walker, Garnet Ault.

WELFARE FRAUDS ARE INVESTIGATED

The Ministry of Community and Social Services has requested an investigation into Welfare Frauds by the Ontario Provincial Police.

A number of welfare files suspected of fraud involving $51,000. have been turned over to the OPP Anti-Rackets Branch by the Family Benefits Branch. The alleged frauds are connected with recipients in Thunder Bay, Kirkland Lake, Ottawa, Windsor, Belleville and Owen Sound. Several others in Toronto are being investigated by the Metropolitan Toronto Police Department.

The processing of suspected frauds will be on a continuous basis. A number of charges are before the courts and others are pending. The Anti-Rackets Branch will be responsible for investigations and co-ordinating the efforts of other forces.

California Cuties Coming To Seaway High School

California's Cuties, the zaniest, craziest basketball team ever to appear in Ontario, will oppose the Seaway Senior Boys team at 8 p.m. on November 28th, in a big basketball extravaganza at Seaway District High School for the benefit of the Athletic Associations of the school.

If you want to see basketball played like it has never been played before, you definitely will not want to miss this laugh provoking exhibition. You will see well proportioned he-she's dressed in the very latest styles direct from "France". These latest female dress styles are originals and will be on display and modeled by the famous Cuties: "Dottie Dribble", "Leaping Lena". "Dumpy Dora", "Little Suzie", "Hefty Helen", "Scaggie Maggie" and "Chili Pepper".

These California Cuties are all male, attired in female attire from head to toe, also presenting outstanding features which will certainly draw exclamations of wonder and whistles of delight.

The local High School will oppose the travelling wonders of the basketball world and will have their eyes and hands filled in order to defeat these he-she females The California Cuties will use every female trick that they possess to obtain victory. The Darlings of the hardwood floor have many outstanding features that will distract the opposing players as well as you the viewer. Who knows? You may be part of the show.

This spectacular will be hilarious from your first view of these touring beauties to their final departure. Do not be left out.

NATIONAL EGG MARKETING AGENCY SIGNED BY GOVERNMENT OFFICIALS

An agreement for establishment of a national egg marketing agency before year-end has been signed by federal Agriculture Minister H.A. Olson and nine provincial ministers of agriculture.

The signing took place following ministerial meetings at the 33rd annual Canadian Agricultural Outlook Conference Monday. The two-day conference is sponsored by the federal Department of Agriculture and was attended this year by about 300 industry and government officials.

Newfoundland did not sign the agreement, pending a report of an egg industry inquiry headed by Gordon A. MacEachern, president of the Agricultural Economics Research Council of Canada.

Details of the agreement were not released, although the approved plan is understood to be based in general on a plan developed by the Canadian Egg Producers Council and submitted to the recently established National Farm Products Marketing Council.

A federal Department of Agriculture spokesman said details will be released when 22 other organizations involved sign shortly. These include the National Farm Products Marketing Council, its provincial counterparts and the 10 provincial marketing boards.

Mr. Olson said the agency should result in significant improvements in the marketing system for Canadian eggs.

"These improvements should introduce savings within the marketing system which can be passed on to producers in the form of improved incomes and income stability."

Mr. Olson envisages the development of national agencies that will serve to promote the expansion and development of Canadian agriculture through increased export trade.

The national egg marketing agency will be the first national marketing agency set up under the National Farm Products Marketing Council.

Mr. Olson also announced that a new food systems planning and co-ordination branch has been formed within the federal Department of Agriculture.

The new branch evolved from the Project 75 task force set up earlier this year. Project 75 was a new federal Department of Agriculture approach to agricultural co-ordination and development based on a market-orientated food systems concept.

The task force phase of the program is finished and the formation of the new branch provides a permanent organization to carry out this approach, Mr. Olson said.

CANADIAN AGRICULTURISTS ARE HONOURED AT CEREMONY

Two Canadian agriculturists were honored posthumously at a special unveiling ceremony at a meeting of the Canadian Agricultural Hall of Fame Association on November 12, 1972. The portraits of John Arthur Carroll and Dr. William Robert Reek were officially unveiled by Senator, The Honourable Harry Hays, and accepted by Harold R. White, President of the Association, thus enshrining them as members of the Canadian Agricultural Hall of Fame.

Members in the Agricultural Hall of fame are selected from nominations submitted by members of the Association. Mr. Carroll was nominated by the Ontario Association of Agricultural Societies, and Dr. Reek by the Southwestern Ontario Branch of the Agricultural Institute of Canada — Ontario Institute of Agrologists and the Ontario Agricultural College Alumni Association.

John Carroll (1889-1969), a native of Elgin County, made of Elgin County, made outstanding contributions to Canadian agriculture in two areas: he early recognized the value of alfalfa and vigorously promoted its production for forage and seed, and he worked tirelessly to improve and expand plowing matches, eventually becoming the first president of the World Plowman's Association. He served the Ontario Department of Agriculture in many capacities, finally as Assistant Deputy Minister of Agriculture. He was active in the affairs of many community organizations in Brampton, including the Hospital Board, the Planning Board and the Chamber of Commerce.

Dr. William Robert Reek (1882-1963) Served Canadian agriculture both at home and abroad. He held positions as Assistant Agent General for Ontario in London, England, Deputy Minister of Agriculture for New Brunswick, Assistant Live Stock Commissioner for Canada, and Assistant Professor for Animal Husbandry at the Ontario Agricultural College.

He was the first Superintendent of the Western Ontario Experimental Farm, Ridgetown, established in 1922. He became Deputy Minister of Agriculture for Ontario in 1937, Acting President of the Ontario Agricultural College in 1945, and President in 1947.

Dr. Reek was made a member of the Order of the British Empire in 1946, and received honorary degrees from the University of Western Ontario and the University of Guelph.

The Canadian Agricultural Hall of Fame Association was organized in 1961, to give recognition to and to perpetuate the memories of persons who have made outstanding contributions to Canada's basic industry.

The newly elected President of the Association is R. Gordon Bennett, Assistant Deputy Minister, Ontario Ministry of Agriculture and Food.

YOURS SINCERELY

BY MRS. WELLWOOD ADAM

There are times when I wish I lived under the shadow of a church-steeple, which has a peal of bells ringing each Sabbath day. I have always loved the sound of church-bells. Should they be ringing a well-known hymn or psalm, then so much the better.

I remember, a long time ago, when I was small, I was walking sedately by the side of my father who was an elder of the kirk, on our way to the evening service. The carillon of bells from a neighbouring church rang out in the quiet evening air and I said "Aren't they beautiful? Why don't we have church-bells like they do?" My father replied with his rare English humour "Perhaps we don't need bells to remind us!" I did not understand too well at the time, but since then, I have smiled over his words.

I have noticed in Canada that many churches have chimes, if not bell-ringers. Even if bell-ringers have been recorded or the chimes have been played by the church-organist, the illusion of the real thing remains. Yet, how many really stop to listen and take the mesage of the bells to heart? These days, very little is taught of the spiritual side of life to many of our young people and children, since that kind of education has been taken from the vast majority of the schools. I ask myself then, what value will the bells be, say, in another five or ten years? Just bells, probably, with melodies which will not be recognised, much less the words and their meanings which go along with the times.

There is a story about three women friends taking a drive from Dundee, in Scotland U.K., to another town of Dunkeld. They parked the car on the banks of the river, and decided they would picnic there. Being summertime, it was warm, and they were able to sit in the open air until 8 p.m. it was so lovely, the trees and grass so green, the trout jumping from the water after flies, and above all, the quiet and the peacefulness.

Just as the ladies were about to leave, they heard the cathedral-bells pealing out the often-favourite twenty-third psalm to the tune of 'Crimond'. They stood listening, it couldn't have been more fitting, the green fields around, the quiet waters, and also their own restored souls.

I have been told that the carillon of the old Dunkeld Cathedral chimes three times a day, at 8 in the morning with the Old Hundredth, at noon with 'I to the hills will lift mine eyes.', and each evening at 8 with the beautiful Crimond. How wonderful it must be to live close by and hear these reminders of God's sure steadfastness towards His people!

Yes! I think church-bells are a lovely tradition, even in the 1970's. Do you?

Weight Gain Smoking and

Does quitting smoking trigger weight gain? Millions of men and women are finding out their own answers. Millions more are waiting in the wings.

Weight gain is a complicated, individual business. But a National Health Survey shows that, in general, men gain weight progressively until the age of 45. From 45 to 65 there is little change. Then at age 65, some weight gain begins again.

For women, the picture is different, rounder. They gain weight progressively at each age bracket until the age of 75. Keeping a svelte figure isn't easy.

quit smoking? The National Clear

What happens when both sexes inghouse for Smoking and Health tried to find out in two national surveys, which were four years apart. In their sample of several thousand people, they found that among men aged 21 to 34, there was very ittle difference in weight gain between ex-smokers and smokers. From 35 to 54, ex-smokers seem to gain more weight than smokers. After that, there is no difference between the two groups.

For women, between the ages of 21 and 34, there is no appreciable weight gain among ex-smokers. From 35 to 44, there is some weight gain among ex-smokers. But from 45 on, there is very little difference between the two groups.

Studies show that people who gain weight after they quit smaking later lose those extra pounds. But weight gain is not inevitable, by any means. In fact, one out of every four ex-smokers **lost** weight; some of them lost large amounts. Once people decide to master some part of their lives, such as quitting smoking, they often take control of other aspects, such as eating properly and exercising enough.

Christmas Seals help point out the advantages of quitting smoking. They also continue the fight against emphysema, TB, and air pollution. Answer your Christmas Seal letter right away. It's a matter of life and breath.

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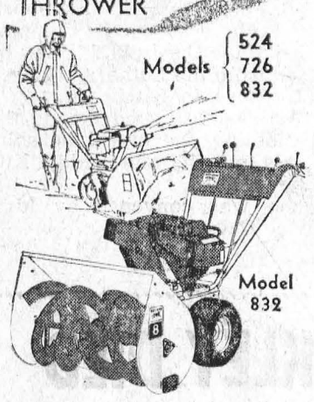

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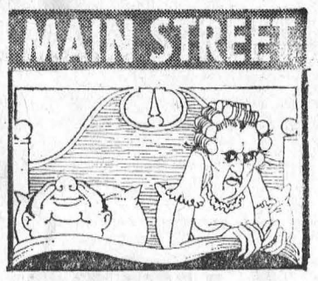

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TEACHERS' PROFESSIONAL DEVELOPMENT MEET TO BE HELD THIS FRIDAY AT ALEXANDRIA

This Friday, Nov. 24, all secondary teachers will be gathering at Glengarry District High School, in Alexandria. It will be a one day study session, the program carrying from 9 a.m. - 5:30 p.m. The theme is **"The Semester System."**

This system has already been implemented in the S.D.G. Board area, at North Stormont District High School. It is not entirely new in any of our schools. Subject areas such as Home Economics Technical and Occupations have been on this system for many years under special timetabling arrangements.

There is nothing mysterious or complex about the type of system the S.D. & G. administrative is in favor of, for our board area. The regular ten month school year is simply divided into two five-month terms or semesters. A students regular seven or eight course load in distributed between between the two semesters. He takes half his year's work in one semester, and the remainder in the other. A student in a semestered school would for example take his English, Mathematics industrial education and art in one semester and his Geography, Science, Physical Education and French in the other. The student retains his choice of options, and in most semestered areas these have increased under the system.

A course remains the same in content, and approximately the same amount of time is devoted to it but his time is compressed in to a five month period. As a result the student has to contend with only three or four courses at a time.

There are many pros and cons for this system. Some of the problems of the system, lie in this administrative difficulties, guidance load, and re-arrangement of courses to the longer periods (40 - 60 minutes).

This is the reason for the conference on Friday. The foremat of the program allows our teachers to examine the pros in an hour's discussion from a panel in the morning. The panel will be made up of people from a) the Ministry of Education, b) two Toronto area principals on the system for three years c) a superintendant from S.D.G. explaining their choice of system and why and d) the president of our area secondary school teachers with some questions teachers would like answered.

The morning will be completed with small group sessions, led by resource personnel from Metro Toronto schools, who have semestered systems for over three years These are Lord Elgin H.S., Burlington, Acton H.S., Acton, Stephen Leacock Collegiate Institute, Thistletown. They will answer questions and discuss pros and cons.

At the end of the hot lunch, Mr. John Smith, speaker for the Minister of Education in the Ontario Legislature will speak to the delegates on the trends in Education for the 70's.

The afternoon session will be with the same personnel as the morning except that teachers will divide under subject lines. Discussion on problems of changeover, course alternation and revision, particular problems for subject fields will be some of the subjects discussed.

The most important fact to note is that semestering is coming; over eighty schools in Ontario are already on it today. Teachers must be prepared for its eventuality in their school. Most importantly if parents and the community do not wish to become more separated from what is, taking place in secondary schools, they should become involved. A suggestion would be to phone your secondary school and ask to participate in local workshops to be held in a follow-up on this conference. If we are concerned about the education the future citizens of our community were receiving them we should become involved. The teachers are interested, therefore the conference. Are you interested? The number of phone calls principals receive will give us this answer.

Professionally yours,
Frank Loch,
District 21 P.D. Chairman

PART TIME SCHOOLING LEADS TO SOCIAL WORK CAREER

Although Shirley Schoener decided as a child to become a social worker, she won't complete her professional training until she 49. Circumstances and family priorities slowed things, up, she explains.

She decided on her vocational choice when she joined a neighborhood settlement house on New York's Lower East Side during the Depression years. She recalls visiting her first dentist there, learning to swim, going to day camp and developing her many hobbies and interests. "That settlement house provided food for the body and soul of our community," she says. Since the people who ran it were social workers, she wanted to become one herself.

But after high school, Shirley Schoener couldn't afford to go directly to college. So for six years she worked full-time at a job and went to school part-time.

No Conflict

The aspiring social worker — after marrying and having a child —didn't go back to college until her daughter was old enough to attend kindergarten. "My husband, our child and our home always came first," she says. "I'd fit in my schoolwork whenever I could. I did all the things mothers do when their children are young, such as work with the PTA. I always tried to carry a school program that wouldn't conflict with our family life." As a result, Shirley Schoener estimates she spent some 20 semesters — rather than the usual eight — getting her college degree.

Mrs. Schoener notes she was something of a "pioneer" when she attended day session in the 1950's. "School administrators didn't encourage adult part-time students, who required special programs then. So I was the odd person in that sea of young faces. I had to take the same program the college kids did," she recalls. "As part of my physical education requirements, I took ballroom dancing at 9 in the morning, three days a week, with a 17-year-old as my partner."

A Better Student

Things are more flexible now, Mrs. Schoener reports, because mature women are returning to school in greater numbers. In her view, maturity and schooling are a good combination. "I know I was a better student when I returned to college than when I first started. I was so highly motivated. I had a goal. My time was valuable. I did marvelously well, even taking honors in the social sciences," she says.

Having earned her undergraduate degree, Shirley Schoener is now completing her graduate program in social work. In addition to taking classes, as part of her field work, she has worked with the families of cancer patients at a medical center and with the mentally ill at a state psychiatric hospital. She has also worked part time in a social service job at a home for the aged.

Mrs. Schoener's daughter is now a college student herself and will soon be making her own vocational decisions. Her mother hopes the daughter will go into "something of a serving nature," too. As Shirley Schoener expresses it, "I think all young people today should be concerned with our community and our society, whoever they are and whatever they do."

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41-6c.

To the Separate School Electors

of Dundas County, Finch & Osnabruck Townships:

SARSFIELD O'CONNOR



of Chesterville, having been duly nominated by 22 prominent Separate School Supporters in 6 different Municipalities,

Respectfully solicits your support to elect him

TRUSTEE
ON THE
S. D. & G. SEPARATE SCHOOL BOARD

- ☐ University Graduate (B.Sc.)
- ☐ Active in community affairs, and Parent-Teacher Associations
- ☐ Previous proven experience as School Board Trustee (N.D.D.H.S.)
- ☐ Keenly interested in Christian, progressive and practical education; and to be a dependable representative for all, if elected.

VOTE/VOTEZ — DEC. 4

O'CONNOR, SARSFIELD X

WE HAVE A
NEW PHONE NUMBER



543-3315
RESIDENCE

OUR SHOP NUMBER REMAINS THE SAME **543-2190**

HARLAND VEINOTTE LTD.

NOTICE OF ELECTION
TOWNSHIP OF WILLIAMSBURG

The election for the position of Public School Trustee on the United Counties Divisional Board of Education will be held on the 4th day of December, 1972. The following persons are seeking election: Mr. Dale Beckstead and Mr. Lorne Brown.

The election will be held at the following polling subdivisions between the hours of 11:00 a.m. and 8:00 p.m.: Poll No. 1, Fay Castleman's house; Poll No. 2, Bernie Gallinger's house; Poll No. 3, Marcellus Hollister's house; Poll No. 4 and 4A, the Locke Clinic; Poll No. 5, Dalton Saddlemire's house; Poll No. 6, Clifford Casselman's house; Poll No. 7, Stanley Gow's house; Poll No. 8, Orange Hall, Winchester Springs; Poll No. 9, Mrs. Hugh Gillmor's house; Poll No. 10, Garnet Prunner's house.

And further on December 4th, 1972, between the hours of 11:00 a.m. and 8:00 p.m. there shall be elections for the offices of three trustees for the Police Village of Williamsburg at Polls No. 4 and 4A, the Locke Clinic. The following names will appear on the ballot: Mr. Garnet Barkley, Mr. Arden Black, Mr. Fred Pinkus and Mr. Roger Tupper.

And further there shall be held on the 4th day of December, at Polls Nos. 1, 2, 4, 5, 9 & 10, election for the Combined R.C. Separate School Boards, one to be elected. The following names will appear on the ballot: Mr. Romeo Leger and Mr. Sarsfield O'Connor.

And further there shall be held at the Clerk's Office in the Village of Williamsburg, on the 27th day of November, and on the 2nd day of December, 1972, an advance poll between the hours of 11:00 a.m. and 8:00 p.m. on each day.

(Signed) KEITH SCHELL, Returning Officer

46-7c.

ANNOUNCEMENT
"FARMING AS A BUSINESS"

A 10-week course in modern farming practices with special emphasis on farm business management will be held in Stormont County (location not yet confirmed) commencing Monday, January 8th, 1973.

If you are now farming full time and intend to make it your career, you are invited to apply to the Agricultural Representative in Dundas, Stormont or Glengarry for details and application forms. Course limited to 30 selected condidates.

Sponsored jointly by Canada Manpower Centre, St. Lawrence College of Applied Arts and Technology, and Ontario Ministry of Agriculture and Food.

DEADLINE FOR APPLICATIONS IS
FRIDAY, DECEMBER 8th, 1972

NOTICE TO
Williamsburg Area Residents

Under Regulation 240, Section 24 of The Funeral Directors Act, it is no longer possible to hold Funeral Services in the I.O.O.F. Building in Williamsburg.

Our Funeral Homes in Morrisburg and Brinston are still available for your use, and we will still give you the same services as we have in the past.

We appreciate your past patronage and hope we can still serve you in the future.

H. C. FAIRBAIRN
GORDON T. FAIRBAIRN

The New Seasoning



SMITH'S DAIRY LTD.

PHONE 543-2081 MORRISBURG

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SPECIAL 1.69 PER BAG

ALL OTHER INSULATION
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OFF REGULAR PRICE

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LIMITED

543-2188 MORRISBURG

$122,000 RECORD PRICE FOR HOLSTEIN COW

A syndicate of Canadian breeders paid the world record price of $122,000 for a Holstein cow. She was the five-year-old Excellent cow, Tara Hills Pride Lucky Barb sold at the dispersal of the Hanover Hills herd of Heffering and Trevena, Amenia, New York.

Members of the buying group, calling themselves the Pride Barb Syndicate, were: Forest Lee Farms, Springfield; Shore Holsteins, Glanworth; Shore Farms, Glanworth; Howe Bros, Aylmer; Robert Fisher, Glanworth; Roger Dyment, Dundas; and Ronald Wright, St. Thomas, Ontario.

Runner-up in the bidding at $121,000 was R.R. Dennis, Oak Ridges, Ont. He secured the dam of the $122,000 cow for $55,000. She is the Excellent, All - American Aged Cow of 1967, Johns Lucky Barb.

Another daughter of Johns Lucky Barb, named Hanover Hill Astro Lucky Barb, sold for $51,000, a world record price for a bred heifer. She was bought by Madeira Enterprises, Port Perry, Ont., who also paid $33,000 for Hanover Hill Pride Lucky Barb, a bred heifer from the $122,000 cow.

A bull calf, Hanover Hill Threat Red, was purchased by American Breeders Service, DeForest, Wisc. at $60,000, a world record price for a red Holstein. He is a son of the $122,000 cow.

Altogether the eight members of the Johns Lucky Barb family that were sold, realized $350,000, for the phenomenal average of $43,812 each.

Rowntree Farms, Brampton, Ont. and C.R. Snider, Fillmore, N.Y., jointly paid $30,000 for Glenafton Citation Gay, a heifer calf, bred by Glenafton Farms, Allliston, Ont. This is a World Record price for a heifer calf. Rowntree Farms also paid $11,500 for a two-months-old heifer calf.

R.R. Dennis, bought the Excellent cow, Grahaven Herdmaster Kim, bred by R.D. Graham, Erin, Ont. for $17,000, while Agro Bros., Hamilton, Ont. paid $17,500 for the Excellent cow, Chambric Marshall Vanetta.

BUSINESSMAN SEEKING SEAT ON LOCAL COUNCIL



William Dillabough, Morrisburg businessman, confirmed on Tuesday that he will seek a place on the Morrisburg Council. Besides his business interests, Mr. Dillabough is a Director of the Canadian Amateur Hockey Association, and President of the local Ottawa District Branch. He has served previously on Council, and believes his experience would be helpful to the Reeve and all Council members.

Bill lives in his own home on Alice Street, and he and his wife, Phyllis, have four children, all of whom also live in Morrisburg.

VOTE FOR THIS WOMAN AS COUNCILLOR



Shirley Scully

is seeking a position on Council in this coming election. The Scully family have resided in Morrisburg for 11 years.

Shirley has been an interested participant in all community projects. She has acted as co-ordinator in providing activities for young and old while being a member of the Recreation Committee. Her concern is for the betterment of the community in all phases for a more progressive and developed town.

CANDIDATE FOR COUNCIL



Grace Klugman, who is one of the candidates in the forthcoming municipal election in Morrisburg, is a relative newcomer to the village.

She was born and educated in Montreal, being graduated from McGill University with a Bachelor of Science degree, majoring in bio-chemistry. Following her marriage to Dr. M. A. Klugman, a geologist, they resided in Colorado for several years, where she was active in community affairs relating especially to the environment. Moving to South Africa in 1966 for a period of three years she gained valuable insight into the problems facing other nations. Prior to moving to Morrisburg nearly two years ago the Klugmans resided in New Jersey.

Mrs. Klugman is the mother of three sons, Christopher and David who attend Seaway District High School, and Ian who is a student at the Morrisburg Public School.

LOCAL and GENERAL

Mrs. Jack Bannister of Fenelon Falls is spending the week with her aunt, Miss Sadie Dillen.

Mr. and Mrs. Roscoe Morgan and Alison were week end guests of Mr. and Mrs. Art Edgerton and Mrs. J. Ryder.

BIRTH

SHAVER — Wayne and Diane are pleased to announce the arrival of their twins, Joel Edward, 6 lbs. 1 oz., on Monday, November 6th, and Julie Eileen, 5 lbs., 8 oz., on Tuesday, November 7th, at the Carleton Place Memorial Hospital. First grandchildren for Mr. and Mrs. Bert Shaver, R.R. 1, Iroquois.

Blake Feeley, a co-publisher of The Chesterville Record met with a painful accident on Sunday last when his hand was caught in a typesetting machine. Blake suffered severe bruises, a broken bone and a severed tendon He has been spending this week in Winchester Memorial Hospital where the damage is being repaired.

The United Counties Bookmobile will be at the following locations in the area next week: Tuesday, November 28, Osnabruck Centre, 4:15 to 4:30. Wednesday, November 29, Sunnybright 10:00 to 10:15; Elma 10:25 to 11:40; Dunbar 11:45 to 12:00.

SENIOR CITIZENS PLAN FOR CHRISTMAS PARTY

The Morrisburg Senior Citizens' Club met on Nov. 10 and 17 for interesting meetings with good attendance. Mrs. C. Manning, Pres. conducted the meetings, and the Minutes of the previous meetings were read by the Secretary, Mr. J. Foster. Plans are underway for the Christmas party scheduled to take place in the Clubroom at 6:30 p.m. on December 15th. It is requested that those members wishing to attend notify the Conveners Mrs. Nan Hill or Mrs. Ella Wilson not later than December 1st. The party is being arranged for paid up members only, excluding friends or guests of members. A suitable food donation or one dollar to help cover expenses is also asked, but no charge for the party is expected of the members.

On Nov. 10th a fruit cake donated by Mr. and Mrs. Archie Murphy was raffled, the winner being Mrs. C. Manning who in turn donated it back to the club for the festivities ahead.

Mr. Foster reported that as of Nov. 17th the paid up membership stands at 67 persons. A respected member of the club and community, Mrs. Mary Casselman who celebrated her birthday on Friday was congratulated by everyone present. Mrs. Peggy Duvall reported that "Get Well" cards were sent to the following members: Mrs. Nan Hill who is recovering from an eye operation recently performed in Brockville, Mrs. William Harper, Mrs. Anna Clarke and Mrs. Jim Casselman. All are wished a speedy recovery. A very nice picture was donated to the club by Mrs. Isabel York, and much appreciated, as was the offer of a Christmas turkey by Mr. Fred Broder.

It was decided that renting the rink ice for curling was beyond the scope of the club as very few members felt inclined for the sport. This idea had previously been considered, but the cost was found to be prohibitive to the club as a whole.

Wednesday afternoon is given over to those who enjoy cards and other games, and occasionally tea is served.

Following the business talks on Friday evening, cards were played, the bridge enthusiasts, mostly beginners, finding a willing coach in Mr. Fred Broder. Refreshments were later served by the hospitality hostesses, Mrs. Bessie Shenette, and Mrs. J. Harvey.

WILLIAMSBURG

Mr. and Mrs. Ralph Casselman and Margaret Fry visited Mr. and Mrs. Roger Carkner and boys at Scarborough on Sunday.

Congratulations are extended to Mr. and Mrs. Donald Thompson on the birth of twin girls born in the Winchester Memorial Hospital on Sunday, November 19th, 1972.

Last week, guests of Mr. and Mrs. Bismark Barkley were Mrs. Don Morrow and Angela of Sharbot Lake and Mr. and Mrs. Delbert Gilmour of Long Sault.

Mrs. Leonard Heafy of Muskegon, Mich., and Mrs. Glen Barber and mother, Mrs. Belle Algire of town, were dinner guests of Mr. and Mrs. Harold Algire on Sat.

Mrs. Leonard Heafy and Mrs. Glen Barber of Muskegon, Michigan, visited Mrs. Belle Algire over the weekend.

St. Peter's L.C.W.

At the November meeting on Wed. evening, Mrs. Clifford Casselman was program convener. Hymns sung were "The Church's One Foundation", and "O God our Help in Ages Past." The Scripture was read from Math. 13 and Revelations 4.

Misses Bernice Whitteker and Lisa Schell sang two musical numbers, accompanied by Mrs. Garnet Weegar.

On display were the various symbols of the church and were explained by Mrs. Casselman, who also gave a reading, "Christian Witnessing". Following prayer, the hymn, "Saviour breathe an evening blessing was sung. Twenty members and four visitors were in attendance.

Following the business period which followed, the meeting closed with the Missionary Benediction.

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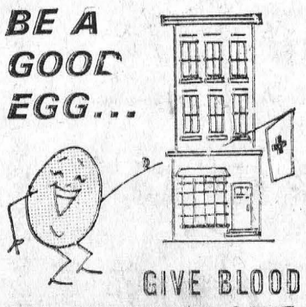

HOCKEY NEWS

Weekend Scores

November 17 — Morrisburg 8, Embrun 4; Spencerville 5, Winchester 2; Alexandria 5, Metcalfe 4; Cardinal 8, Prescott 4.

November 18 — Cardinal 7, Spencerville 4.

November 19 — Alexandria 6, Embrun 5; Morrisburg 4, Prescott 1; Metcalfe 13, Winchester 4.

Future Games

November 24 — Prescott at Morrisburg, Metcalfe at Winchester, Cardinal at Alexandria.

November 25 — Embrun at Cardinal, Winchester at Spencerville.

November 26 — Alexandria at Metcalfe, Winchester at Prescott.

Up-To-Date Standings

South	W	L	T	PTS
Morrisburg	7	0	1	15
Cardinal	4	2	0	8
Prescott	3	4	1	7
Spencerville	1	5	0	2
North				
Alexandria	5	1	0	10
Metcalfe	2	3	2	6
Embrun	2	4	1	5
Winchester	0	5	1	1

Friday night in Embrun, the Lions were behind 1-0 after the first period, but scored 4 goals to Embrun's 2 in the 2nd to lead 4-3. In the 3rd period, Lions scored 4 more for an 8-4 win. Mike Siddon had 25 saves to Embrun's Brian Roy with 36. Dale Swerdfeger and Hugh Gillard had 2 goals each, with singles by Gary Hess, Gord Dillabough, Chuck Irvine and Brian McNairn.

Sunday night, the Lions opened the scoring at the 38 second mark by Brian McNairn. Some 5 minutes later P. Lapensee tied the score which remained tied until half way through the 2nd. Lions scored 3 unanswered goals in the 2nd with a scoreless 3rd period. Scores were: Chuck Irvine, Gary Hess and Chuck Lawlor.

The Churches

MASS HOURS AT
ST. MARY'S CHURCH
MORRISBURG
SATURDAY — 7:30 P.M.
SUNDAY — 11:00 A.M.
IROQUOIS
ST. CECILIA'S CHURCH
SUNDAY — 9:30 A.M.

THE UNITED CHURCH OF CANADA
Lakeshore Drive Church
Morrisburg, Ontario
REV. G. BRUCE, B.A., Minister
Mrs. J. Graham,
Director of Music
Sunday, November 26th, 1972—
9:30 a.m.—Sunday School.
11:00 a.m.—Morning Worship.

ST. LAWRENCE EVAN LUTHERAN PARISH
Sunday Before Advent, Nov. 26/72
St. Paul's—
10:00 a.m.—The Service
11:00 a.m.—Sunday School and Bible Class.
St. John's
1:30 p.m.—The Service and Sunday School.
Everyone Always Welcome!

THE PRESBYTERIAN CHURCH IN CANADA
KNOX CHURCH, MORRISBURG
Rev. T. H. Boyd, B.Sc., B.D.
Mrs. J. DeGray, Organist
Sunday, November 26th, 1972—
MORNING WORSHIP, 11 a.m.
SUNDAY SCHOOL: Pre-School and Kindergarten Classes at 11:00 a.m. (during Church Service); all others at 9:45 a.m.

ST. JAMES ANGLICAN CHURCH
Rev. C.W. Earle, L.Th., Rector
Sunday Before Advent, Nov. 26/72
Deanery Exchange Sunday
St. James, Morrisburg—
8:00 a.m.—Holy Communion.
9:45 a.m.—NO Sunday School.
11:00 a.m.—Family Service. (Parents and Young People attend).
Holy Trinity, Riverside—
9:30 a.m.—Holy Communion
Rev. Carson F. Lawler, of Hawkesbury, will be at all services.

THIS SUNDAY
ATTEND THE CHURCH OF YOUR CHOICE

To the Electors of Morrisburg:

It has been my privilege to serve you for more than a quarter of a century as a member of your local Hydro Commission. Because so many citizens have urged me to continue this work, and in deference to your wishes, I have reconsidered my earlier decision not to seek re-election. My name will again be on the ballot as a candidate for Hydro Commissioner, and I will appreciate your support. Again, as in the past, I promise you my best effort in your behalf.

JOHN THOMPSON

To my Good Friends, The Electorate Of Morrisburg:



I wish to thank you for your support during the past two terms, when I have been one of your Councillors. Again I make an appeal for your continued support, when you exercise your voting franchise on December 4th, 1972. Too, I thank publicly those who have nominated me for Councillor. It has been my pleasure to work, on your behalf, with the present Council. This Council has achieved much, and has been a good working force. Congratulations to Reeve acclaimed, K. Earl Baker and Deputy Reeve acclaimed, Eddie Jones. Most sincerely,

E. Bruce Tuttle

THE LOYALIST HOTEL

FEATURING

THE BRISSON BROTHERS

WED., FRI., 9 P.M.—1 A.M. — SAT. 3—6 P.M. & 9 P.M.—1 A.M.

FULLY LICENSED DINING ROOM

GOOD TIME HOUR 8 P.M. — 9 P.M.
EVERY WEDNESDAY

YOU ARE INVITED TO COME AND SEE
OUR FINE SHOWING OF

Smart Slacks and Vests Sizes up to 44

Beautiful Long Gowns and Dresses sizes up to 24½

Blazers Ski Jackets Coats

Leather Gloves and Purses

MATERNITY WEAR

Edie's HOUSE OF FASHION

NOW HEAR THIS

East meets West in hand to hand combat on the playing fields of Hamilton's Ivor Wynn Stadium, Sunday, December 3, and CBC Radio will be right alongside. Grey Cup commentators are Fred Sgambati, Bob Picken, Zeke O'Connor and Bob Willson.

And, up in the air, CBC Radio will follow the progress of Apollo XVII, from launch, Wednesday, December 6 to splashdown, Tuesday, December 19.

Handel's magnificent oratorio, Solomon, was first performed in London's Covent Garden Theatre in 1749. It will be heard in all its splendor on CBC Tuesday Night, December 5, performed by the Toronto Mendelssohn Choir and the National Arts Centre Orchestra, conducted by Elmer Iseler, with soloists Don Gerrard as Solomon, Charles Bressler as Zadok, Lois Marshall as Queen of Sheba, Ricki Turofsky as Solomon's Queen, Stephanie Bogle as the First Woman and Roxolana Roslak as the Second Women.

This Country in the Morning visits Calgary, December 6 and 7, and Edmonton, December 8 and 11. Host Peter Gzowski and executive producer Alex Frame recently spent a very rewarding week in St. John's, and they are looking forward to originating the show from other parts of the country in the next few months.

Johnny Yesno, host of Our Native Land, narrates an Indian legend about the beaver on the Canadian School Broadcast, Friday, December 8.

Last summer director - actor Paul Thompson of Toronto's Theatre Passe Muraille and his wife, actress Anne Anglin, gathered material for The Farm Show, an appreciation of rural communal life. The "play" is a respectful, affectionate comment on the people who farm Ontario, their routines, beliefs, philosophies, tragedies and dreams, and it will be heard in radio version on CBC Stage, Saturday, December 2.

Between Ourselves, Monday, December 4, features interviews with men of the Winnipeg Grenadiers who suffered in Japanese prison camps after being captured during the fall of Hong Kong in December, 1941.

RECENT BIRTHS AT THE WINCHESTER MEMORIAL HOSPITAL

November 15, 1972 to Mr. and Mrs. Robert Snyder, Morrisburg. A son.

November 15, 1972 to Mr. and Mrs. Roger Picard, Finch. A son.

November 15, 1972 to Mr. and Mrs. Gerald Gibeault, Chesterville A daughter.

November 15, 1972 to Mr. and Mrs. Richard Cayer, Embrun. A son.

November 16, 1972 to Mr. and Mrs. Martin Rowan, Metcalfe. A daughter.

November 16, 1972 to Mr. and Mrs. Michael Menard, Embrun. A son.

November 17, 1972 to Mr. and Mrs. Roger Barnhartd, Brinston. A son.

November 17, 1972 to Mr. and Mrs. Henry Verburg, Iroquois RR 2. A son.

November 17, 1972 to Mr. and Mrs. Allen Sargent, Winchester. A son.

November 17, 1972 to Mr. and Mrs. Patrick Lapierre, Chesterville. A son.

November 19, 1972 to Mr. and Mrs. Donald Thompson, Williamsburg, RR1. Twin daughters.

November 19, 1972 to Mr. and Mrs. Theo Terhorst, Ingleside, RR 3. A son.

November 20, 1972 to Mr. and Mrs. Larry Neville, Lunenburg, RR2. A son.

CHRISTMAS IS BUSY TIME FOR POSTMEN

Don't be alarmed if you see an unfamiliar postman at your door this Christmas.

Every year during the festive season the Canada Post Office gives jobs to the enemployed and students to help move the mountains of greeting cards and parcels that jam postal outlets across the country.

A total of 46,593 people helped the regular staff of about 48,000 to cope with the Christmas avalanche in 1971. The women outnumbered the men by 26,005 to 20,588.

In the Toronto Post Office alone, 5,111 extra people were hired.

Post Office officials expect this Christmas that the part-time help requirements will be somewhat the same, but local needs will determine how many people are hired.

Most of the extra help is engaged in sorting the mail with Christmas cards naturally accounting for most of the volume. But some work as letter carriers and others can be found loading and unloading mail bags or helping wicket clerks.

Generally, the Post Office starts using extra help on December 1st and continues to hire people for about another week, at which point the full complement of Christmas help is on hand. This lasts until about December 19, which is the end of the peak period for some Christmas postal operations.

After this date, the number of employees is gradually reduced, although the last of the Christmas help might be retained until early in January.

In the Kitchen

CORN BREAD

1 cup sifted flour
¾ cup cornmeal
2 tbsps. sugar
2½ tsps. baking powder
1 tsp. salt
1 cup skimmed milk
¼ cup corn oil
1 egg white

Grease 8-inch-square pan and place in oven while preheating to 425 degrees. Meanwhile, mix and sift first five ingredients into a bowl. Combine milk, corn oil and egg white; add to dry ingredients; stir just enough to dampen the flour. Turn into preheated pan and bake 20 minutes. While warm, cut into nine squares 2⅔ inches each.

GOOD FOOD VALUES

FRESH, YOUNG AND TENDER — AT AN EXTRA LOW PRICE!

Shoulder Pork Roast LB 53¢

FRESH, YOUNG — POUND
BUTT PORK ROAST - - 59c

FRESHLY SLICED — POUND
PORK LIVER - - - - - 45c

FRESH, YOUNG — POUND
BUTT PORK CHOPS - - 69c

BY THE PIECE — SHAMROCK BRAND — POUND
BURNS' BOLOGNA - - 39c

BONED AND ROLLED — POUND
BONELESS BUTT ROAST 75c

Swift's Premium or Burns' Shamrock Brand — POUND
BREAKFAST BACON - - 98c

VALLEY FARM
FRENCH FRIES
2-lb. pkg. - 3/1.00

REGULAR $1.56
Liquid Aerowax
SPECIAL - 1.29

Grenache BLUEBERRY OR CHERRY
PIE FILLING
19-oz. tin - 2/1.00

CLARK'S — 14-OZ. TIN
Choice Peas 2/37c

FREE DELIVERY ON ORDERS OVER $3.00
Rising costs make it necessary for us to place a 25c charge on all deliveries under $3.00. Orders over $3.00 will be DELIVERED FREE OF CHARGE. Deliveries are made twice daily, at approximately 10:30 and 4:00 o'clock.

Mountain Blend Reg Grind — 1-lb. tin
Coffee - - - 1.19

CLARK'S CHOICE — 19-OZ. TIN
Cream Corn 2/39c

JAFFA SEEDLESS — 2-LB. PKG.
Raisins - - - 65c

LIBBY'S FANCY — 19-OZ. TIN
Tomato Juice 2/39c

TREASURE ISLAND — 1 LB.
Honey - - - 59c

BLUE BONNET YELLOW-QUIK
MARGARINE
1 Pound - 41c

WHITE OR PINK CAPRI
BATHROOM TISSUE
2-roll pkg. - 2/49c

SOFT — 12s
KOTEX NAPKINS
Regular size - 51c

BUY NOW FOR WINTER USE — ONTARIO NO. 1 — 50-LB. BAG
TABLE POTATOES - $2.19

Florida New Crop — Size 125s
ORANGES
3 DOZ. 99¢

GOLDEN YELLOW
RIPE BANANAS
POUND - 9¢

CALIF. NO. 1 — SIZE 24s
LETTUCE
HEAD - 37¢

ALL VALUES EFFECTIVE TILL SATURDAY, NOVEMBER 25, 1972
FREE DELIVERY PHONE 543-3131

HEINZ' Food Market



CARE

LET CARE HELP YOU TO HELP OTHERS

Clean water is a world-wide problem. CARE helps remote villagers to better health with pumps and pipes and plans. Your donations provide the equipment. The villagers do the work. Send your dollars to . . .

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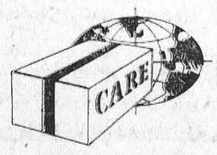




Susan Keller, TITL Panelist

Opera singer, actress, world traveler and blonde beauty Susan Keller appears each Monday night at 9:30 p.m., on CBC Television's This is the Law series as a regular panelist. Miss Keller, a native of California, lives in Toronto and has toured both Canada and the US extensively as a member of the Canadian Opera Company.

Weekly Report

KEEPING AN EYE ON DRIVERS

Bill Schillemore, Regional Accident Control Supervisor, is the perfect companion for a coffee break, a dull trip or a long wait outside someone's office door.

He can tell "eye stories" by the hour. And, his collection expands each time he starts setting up a driver improvement program in another Ministry of Natural Resources District.

The program - to promote greater efficiency in vehicle operation and maintenance - was started in April, 1970. It ensures that all employees, permanent as well as seasonal, have the licence qualifications and ability to safely operate specific machinery, and that drivers check vehicles daily for defects. So far Bill has set up the program in four of the southern region's districts.

Part of the program is a simple eye test for visual acuity, depth perception, field of vision, colour and night vision. This test often has interesting results.

There was the middle-aged employee who sat down to the test wearing glasses he had been using for years. The test was a disaster. But, when tested **without** glasses, he passed with flying colours. He was amazed and disappointed. After all, he had paid good money—$1.75 — at a small chain store years ago when he suspected he might need "specs". Instead of taking an eye test, he just saved his money and kept trying on the magnifying glasses at the store counter until things began to "look right".

A young woman who claimed to have perfect sight was tested and found to have just 20/35 vision. In other words, what most people could see clearly at 35 feet, she could see clearly only at 20 feet. It was recommended that she see an eye specialist. But she disagreed. His test revealed she had 20/22 vision, not 20/35. The test conditions had been the same, only the date was different. This was the clue. On the day of her first test the woman had been working in the lab with two strong chemicals and these had temporarily affected her sight.

Then there was the old friend of Bill's who, before his test, whipped out a new pair of prescription glasses, stuck them on his face and announced, "Ha, I'm ready for **you!**" He wasn't. His vision tested at 20/50. But without glasses, it was a lovely 20/18. The man was about to thunder out to have strong words with the local optometrist when Bill explained it might not be his fault. Often fatigue, medicine or the leftover spirits in the system from a good party or some temporary medical conditions, will affect the results of a test.

The strangest story involves Bill himself. While introducing the program in the Pembroke District, he acted as a demonstration subject for his own test. Everyone gathered around and Bill gave a brief explanation as Ambrose Etmanski, the local accident control officer administered the test. It was a good demonstration, ending with Bill's "and that's how it's done". He was shocked to immediately hear Ambrose's "Uh, Bill, you just flunked this test". That's how Bill, after a visit to an eye specialist and a doctor, found out he had a condition which definitely affects eye strength. With a regulated diet, his eyesight regained its normal strength.

Telling these stories is also part of Bill's job. No one likes to have their vision, let alone their driving ability, questioned, especially Ministry people who have been operating vehicles for years. But these are the key people who must be convincted before the program can be set up in any district.

The stories not only create good humour, but also demonstrate how easily minor disabilities and even poor driving habits can escape detection.

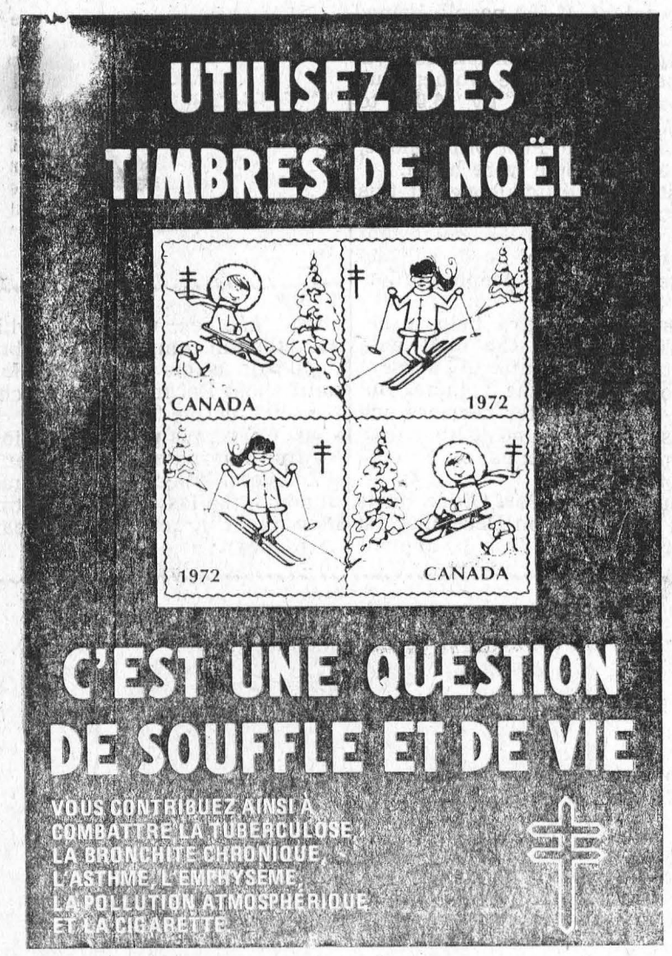
The real targets of the programs are the casual employees hired throughout the year by the Ministry. They drive only 25 per cent of the total number of miles put on Ministry vehicles annually, but they account for 60 per cent of the accidents and mishaps.

The driver training-testing program, modelled after the Ontario Hydro's program, requires that candidates complete a written multiple-choice test, eye test and road test. "Training" involves procedures in securing a vehicle and accident reporting and the crucial Five Step Circle Check where the driver circles his vehicle checking everything from water level in the radiator to condition of the spare tire before he takes it on the road. After training, correct procedure demonstrated and explained, each candidate is tested. All errors are discussed and the drivers retrained. Successful candidates are then issued Ministry Certificates stating what types of vehicles they are authorized to handle. There are six classes of vehicle ranging from automatic transmission passenger car to twin axle, five-speed transmission vehicles, including ones with four-wheel drive.

Once initiated, the program is taken over by supervisors trained in each district. They become responsible for training and testing all new employees.

The final result - fewer mishaps, longer vehicle life and money saved for the taxpayer. And also more "eye stories".

SHOP AT HOME
THIS CHRISTMAS



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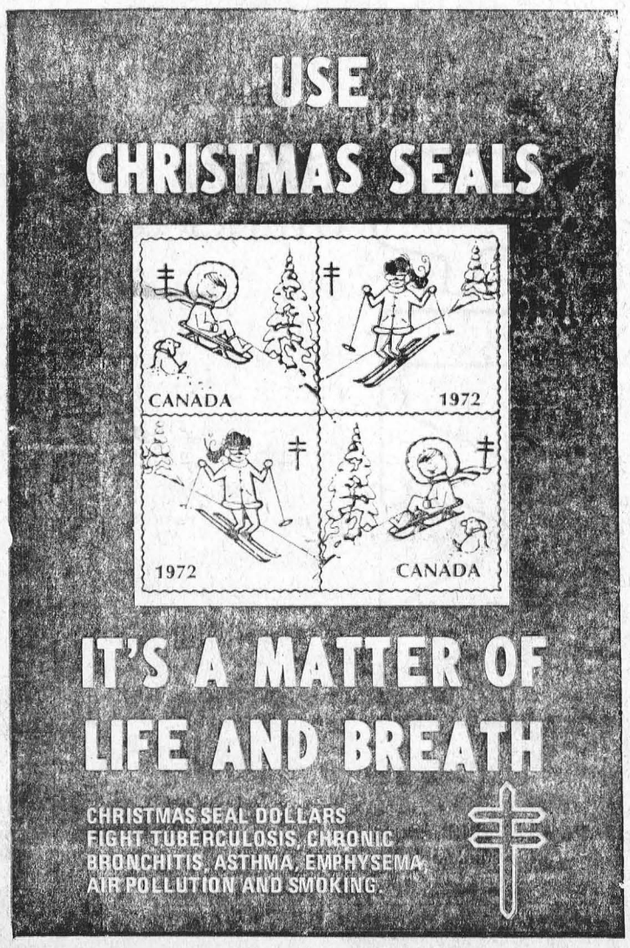

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TODAY'S CHILD

BY HELEN ALLEN

THE TORONTO SUN SYNDICATE

Jerry looks so neat and clean it is hard to picture this eight-year-old at one of his favorite occupations — searching for bugs, toads, frogs, anything living.

He always has a lookout for wounded birds as well. He brings them to his foster home, feeds them and cares for them and is good about setting them free when his foster mother suggests it is time for them to go back to their normal life.

Jerry is a handsome lad, Anglo-Saxon in origin, with brown hair and dark eyes. Slight and small-boned, he is in good health. A speech defect is being helped by speech therapy and by the understanding co-operation of his foster parents. His speech has definitely improved though still difficult to follow, especially when he talks quickly.

Affectionate, Jerry is quiet and easy to get along with. He is very willing to help others and responsible about anything he is given to do.

Jerry is a slow learner and will need special education. He is in a special class in regular school, working at the Grade one level. He will probably be able to complete the two-year course in secondary school. Jerry is eager to excel and tries hard at school. At home he learns quickly and remembers instructions.

Lovable young Jerry needs parents who will appreciate his endearing qualities and not be demanding about scholastic achievement.

To inquire about adopting Jerry, please write to Today's Child, Box 888, Station K, Toronto. For general adoption information, please contact your local Children's Aid Society.



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ADELAIDE DANIELS SAYS



FIND THE NEW YOU

Have you ever reached that point in your life when you no longer want to pass a shop window, because you might catch a glimpse of yourself?

Having been overweight myself, I know how you have felt. I also know what your reactions must be to the latest influx of diets and talk about what you should or should not be eating. From experience, I know that once someone told me what not to eat, I usually went right out and ate it. So I also know the feeling of guilt you must have when you genuinely start afresh on a new diet and inevitably fail.

I often think that to fail repeatedly is the most disheartening part of any overweight person's life.

The secret to any successful diet, I think, is to lose weight slowly, to eat the most nutritional foods, and I am sure you would be surprised by the great variety of foods that the word "nutritional" includes.

Many dieters complain — yes, I do mean that — about the seemingly large amount of food required on the nutritionally-sound Canadian Family Meal Plan for Weight Watchers. What they don't realize at first is the reason for substantial meals: it cuts down on the between-meals hunger pangs that send you automatically to the potato chips, cake, ice cream and cookies. Until your stomach adjusts in size to new levels of food intake, satisfy its between-meal growling with lots of raw vegetables, salad greens and fresh fruit.

The secret to losing weight is maintaining the right attitude and keeping to your diet for "a week at a time." Don't say to yourself, "I have to stick to this way of eating for at least two months," or whatever period of time is required to reach your Ideal-Weight. But say to yourself, "Today, or this week, I am really going to keep to this new way of eating."

Just think of the "new you" that will emerge once you have reached your Ideal-Weight. No longer will you have to SEARCH for that extra special outfit, turn down those offers of weekends that will involve sports activities. A new personality will emerge and you will be surprised at your new outlook on life.

Your questions are invited.
Write Adelaide Daniels Says,
Founder and Director of Weight Watchers of Ontario Limited,
491 Lawrence Avenue West, Toronto, Ontario.

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The Morrisburg Leader

The 2nd FORTY

Interesting Response

(Here's an interesting response to a letter written earlier by C.L., who said that although she and her husband have quarreled constantly and once separated for an entire year, she doesn't know whether to seek a divorce, or just go on taking each day as it comes. This reader offers the following advice.)

Dear Margaret Brookfield:

I believe C.L. is really asking, "How can I get over being frightened?" She feels alone and needs the kinds of friends who can give her a sense of her own worth. Her well-being should be another prime target for her to shoot at. She should see a doctor who can find out if she needs a special diet more exercise or whatever. Then she'll be more able to cope with her husband. (Maybe he's frightened too.) I'm thankful that when I needed help, my sister-in-law found a doctor for me who did me a lot of good.

D.L.W.

Problem Boy

Dear Margaret Brookfield:

I'm married to a man who was married twice before. He has three sons — now grown — by his first wife and a boy 13 by his second wife. I have no children of my own. Last year, his second wife — who remarried right after the divorce — called to say she couldn't handle the boy, that he was doing badly in school and getting into trouble with the law. She asked my husband to take school year. He agreed without him for the remainder of the asking me first. Although I found it rather difficult to adjust to the idea of having the boy around — since I was a bit set in my ways —I said he could stay with us for the school term. The boy looks just like his mother, which didn't help matters any. He also lies, cheats and wets the bed. Since he has been living with us, he has been in trouble with the law for stealing and other things — on five separate occasions. He's also terribly untidy and since I have a full-time job and must commute 55 miles each way, cleaning up after him became too much for me. I got so depressed and discouraged that eventally I just quit and his father had to start doing it. Before the boy's arrival, we used to entertain every week or so, but since our house is rather small, we had to stop because of the boy and his problems. Also, since my husband's business hasn't been very good lately, he hasn't brought any money home for months, so my paycheck must now go to buy clothes, food and pay rent for the kid. Naturally, I resent all this. I can truthfully say I lved for the time when school was out and the boy would go back to his mother. When school was out, however, his mother didn't come and get him. Then my husband told me, "She isn't going to." I've been depressed ever since. I've also started to become very mean and vicious to the boy. He has intruded into my life totally and I cannot compete with him. My husband says he loves me very much. I think I love him also. But my husband also says, "The boy comes first . . he's staying . . . and either you learn to live with him or get a divorce." In other words, I'm told: like it or leave. There's no respect for my feelings at all. I'm so miserable and unhappy.

I.M.S

Dear I.M.S.:

Although your husband's wish to make a home for his son is understandable, he seems unwilling or unable to acknowledge the severity of the boy's problems and how damaging the situation has become to you and the child. You obviously cannot handle him — and under the circumstances should not be expected to — while your husband seems to be burying his head in the sand. Why not contact your local clergyman or Family Service Society or United Fund to find out what facilities are available for professional counseling, not only for the boy (who sounds as though he needs immediate help) but for your husband and yourself as well.

Give Blood
CALL YOUR RED CROSS

TB - - - THE FIGHT IS NOT OVER YET

While the drugs streptomycin, PAS, Isoniazid and, more recently, Rifampin were expected to herald the end of Tuberculosis in Canada, it has not in fact been the case.

In 1970, 527 Canadians died of TB, there were 3,943 new active cases last year, 622 reactivated cases and a total of 9,610 people under treatment for tuberculosis.

Drugs, however, have revolutionized the treatment of tuberculosis. The length of time TB patients must stay in sanatoria has been reduced from two years or more to a matter of a few weeks, and in some cases, there has been no admission at all as patients are treated on an out-patient basis for one to two years.

In some provinces, Ontario in particular, sanatorium treatment is no longer considered necessary as treatment is started in a general hospital and continued at an out-patient chest clinic.

But there are problems. Particular groups such as senior citizens and underprivileged persons are more prone to contracting TB Canada's Indians have ten times the number of cases of TB than non-Indians, and Eskimo's have a TB rate 40 times that of the general population.

In the developing world, TB is the greatest scourge and often the number one killer. The World Health Organization estimates there are 15 million active cases and three million TB deaths annually.

The Christmas Seal Organization has come a long way in its battle against tuberculosis. It was founded by concerned citizens in 1898 seeking to control the frightening and fatal disease, consumption. The Organization first concerned itself with setting up sanatoria and influencing the government to accept responsibility for the care of TB patients. By 1920, health departments in most parts of Canada were co-operating with TB associations in establishing TB programs, with Christmas Seal Funds employed to expand that partnership and spearhead new programs in diagnosis, treatment and prevention of tuberculosis, and research.

Christmas Seal Associations across Canada pioneered mass x-ray surveys and have run for nearly thirty years. While mass surveys are still being used in most provinces, they are primarily concerned with more remote areas, and particular groups. Chest clinics have been established for the diagnosis and treatment of tuberculosis and other respiratory diseases, but in some cases, these latter two functions have been taken over by the provincial governments.

The Christmas Seal Organization concerns itself with special training programs for doctors, nurses and other health workers: TB education programs for the general public, including school and family programs and research into the unsolved problems of tuberculosis.

On the International scene the Canadian Tuberculosis and Respiratory Disease Association is an active supporter of the International Union Against Tuberculosis and through the Union Contributes funds and personnel to projects in Africa, Asia and the developing countries. Canadian Funds are now involved in setting up an Indonesian TB Association with plans to carry out 54 million BCG vaccinations over a five-year period, on all children up to 14 years of age.

But that is only half the responsibility of the Canadian Tuberculosis and Respiratory Disease Association . . . it is only the Tuberculosis side of the program. The Christmas Seal Organization is deeply involved in respiratory disease, in prevention and rehabilitation programs, in research, in air pollution and anti-smoking programs . . . for as the tuberculosis problem decreases . . . the chronic respiratory disease problem increases.

CARE

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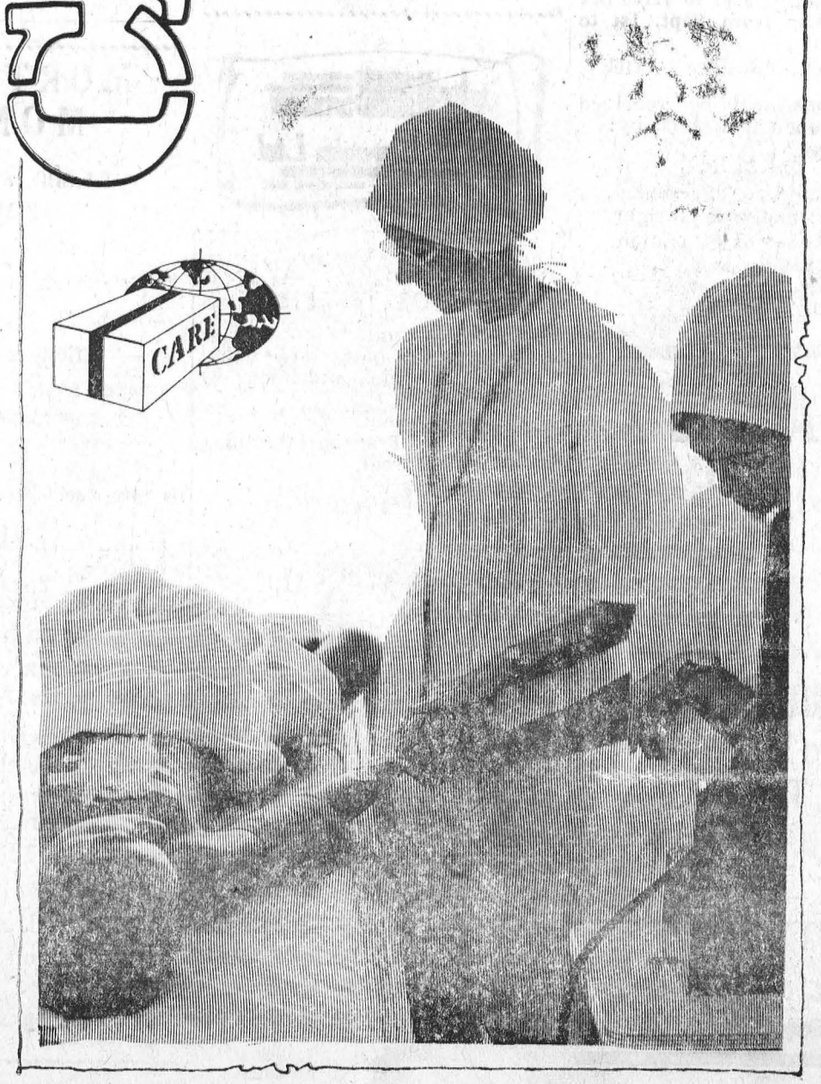

DENTAL -TOPICS-

×–×

Supplied by The Canadian Dental Association

Who's Who in Dentistry

In this age of specialization, the public can get confused over who does what, especially in the health professions in which Latin is still king of titles.

Specialists in dentistry, must spend two to three years in school to become qualified for such designations, but even some of them have trouble pronouncing their own titles. So here's a quick rundown on who's who in dentistry:

Endodontist: He treats infections of the pulp or nerve of a tooth. He can save many teeth that at one time had to be extracted. Endodontists have nothing to do with the human posterior.

Oral Surgeon: Here's a simple name for a dentist who treats complicated extractions, jaw fractures, cysts, tumours and other injuries of the mouth.

Orthodontist: Sometimes mistaken for a bird doctor, this stalwart straightens teeth and is responsible for preventing and correcting more serious irregularities in tooth position and jaw relationship.

Pedodontist: This specialist has nothing to do with feet. He treats all kinds of oral conditions of children, but generally refers major orthodontic treatment or surgery to other specialists.

Periodontist: He treats diseases of the gums and other supporting structures of teeth.

Prosthodontist: He concentrates on partial and full dentures and sees you through adjustments and possible refittings.

Dental Hygienist: Although not a specialist in the above sense and nearly always a woman, she is trained to take over the duties of cleaning teeth — or prophylaxis as it is typed on your bill. She also frees the dentist from other duties so he can concentrate on diagnosis and therapy.

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—Sadly missed by daughters,
GLADYS & MARJORIE
AND FAMILIES.
46c.

CARDS OF THANKS

The Rebekah Lodge wishes to thank the ladies who helped at the Holstein Banquet November 16th. Again we say Thank You!
46p.

My sincere appreciation is extended to my friends who so kindly remembered me with cards, letters, calls and gifts while I was a patient in hospital. My special thanks to Dr. Diemert and Dr. Chande and to the 2nd Floor nurses.
MARY VanMOORSEL.
46c.

I wish to say a sincere Thank You to everyone who remembered me with cards, visits and treats while I was in a Toronto hospital. Special thanks to my family and Rev. Earle. Your kindness was deeply appreciated.
W. MURRAY STYLES
46c.

I would like to take this opportunity to thank all those who remembered me with cards, flowers, treats and visits, while I was a patient in Winchester Memorial Hospital. Special thanks to Drs. Diemert and Domanko and nursing staff on second floor.
IRIS CUNNINGHAM.
46p.

My sincere thanks to all my friends who were so kind as to remember me while I was a patient in Winchester Memorial Hospital. Thanks also to Dr. Marston and nursing staff, Rev. Howald, and a special thanks to Mrs. Ray Simzer for coming every day after I got home.
MRS. JOHN STORGAARD.
46p.

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- experience allowance to $100.

Applications will be received until November 29th, 1972, by:
A. E. KELLEY
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Stormont, Dundas & Glengarry
County Board of Education,
305 Baldwin Avenue,
Cornwall, Ontario.

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• COMING EVENTS •

MORRISBURG LIONS CLUB CHRISTMAS BINGO
Morrisburg Civic Centre. Friday December 1st at 8 p.m. — $200.00 Jackpot Game — Fifteen Regular Games — 5 Share-the-Wealth. Admission $1.00.
46c.

MAMMOTH BAKE SALE
The Morrisburg Ladies Curling Club will hold a Mammoth Bake Sale on Saturday, December 2nd from 1 to 5 p.m. in the former McInnis Law Office on the Mall.
46-7c.

BAKE SALE WITH SHOWING OF SLIDES
The Williamsburg Unit of the Winchester Hospital Auxiliary is holding a showing of Harold Pemberton's slides, including the 150th Anniversary of the Township and some of the "Tom Sawyer Production", and also a Home Baking Sale on Tuesday, November 28th at 8 p.m. in the Hall of the United Church at Williamsburg.

COFFEE PARTY, BAKE SALE AND APRONS ETC.
Fruit Cakes, Puddings, Small Cakes, Cookies. St. James Anglican Church Hall — Friday, December 8th, 11 a.m. to 3 p.m.
45-7c.

BINGO AT ST. MARY'S
Every Tuesday at 8:00 p.m. in the Hall of Old St. Mary's Church, St. Lawrence St., Morrisburg. Fifteen regular games; $100.00 4-way Jackpot game. Winner-take-all game.



HORTICULTURAL SOCIETY
The Christmas Meeting of Morrisburg Horticultural Society will be held in the Civic Auditorium on Tuesday evening, November 21st, at 8 o'clock.
Come and enjoy the exhibition of Christmas decorations and arrangements.
Members are reminded to table their exhibits between 6 and 7:30 o'clock on the evening of the Show.
A social hour will follow, and all are welcome!



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EUCHRE
Sponsored by the Rebekah Lodge will be held in the Fraternal Hall, Morrisburg, on November 29th at 8 p.m. Prizes and Refreshment.
46p.

COFFEE PARTIES
You are cordially invited to coffee parties on Wednesday, November 29 and Thursday, November 30, anytime between 9:30 and 11:30 a.m. at 12 St. Lawrence Street to meet the two lady candidates for council, Grace Klugman and Shirley Scully.
45-6c.

COFFEE PARTY & BAKE SALE
Fruit Cakes, Puddings, Small Cakes, Cookies — St. James Anglican Church Hall, Friday, December 8th, 11 a.m. to 3 p.m.
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RIB STEAKS Lb. 95c
SHORT BLADE STEAKS Lb. 79c
ROUND STEAK Lb. 1.05
SIRLOIN STEAK Lb. 1.25
T-BONE STEAK Lb. 1.25
WING STEAK Lb. 1.09
CHICKEN LEGS Lb. 59c
CUT-UP CHICKEN Lb. 49c
HAMBURG Lb. 59c
WIENERS Lb. 39c

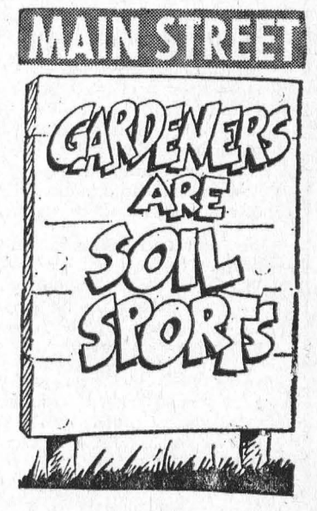
IN STOCK
WELL AGED STEER BEEF
Sides 72c
Hinds 89c
Fronts 64c
Cut and Wrapped for Freezer

Open Hours:
Thurs., Fri. — 1:00 to 6:00 p.m.
Sat. - 8:00 a.m. to 6:00 p.m.
Until Further Notice

COUNTRY MEAT MARKET
Phone 448-2538
DUNBAR, ONTARIO
12 Miles North of Morrisburg
5 M. North-East of Williamsburg
½ Mile West of Dunbar

ATTEND THE CHURCH OF YOUR CHOICE THIS SUNDAY!

ATTENTION SNOWMOBILE DEALERS
Scorpion, one of the top 3 U. S. manufacturers of snowmobiles offers a business opportunity to an aggressive dealer in the Morrisburg area, who recognizes the value of selling a premium quality line. To such individuals we offer one of the finest and most comprehensive dealer programs in the industry today.
For a personal presentation of what a Scorpion dealership can do for you, call — 416-677-8212 or 519-676-8151, or write:
H. L. TURNER LTD.
SCORPION DISTRIBUTORS
BLENHEIM, ONT.



HEARING AIDS
When you need a new hearing aid, we'll give you the salesman's commission of $100.00 off the price if you come to the office.
Phone 774-2606 or write:
SUMMERS Hearing Aid Centre
WINCHESTER ONT.

EVERY ITEM IN THE STORE ON SALE UNTIL NOV. 30

COLOURED SHIRTS 20% OFF
WHITE SHIRTS 1/3 OFF
New Shipment of Candles 10% OFF
CANDLE HOLDERS 89c PAIR
CANDLE HOLDERS 79c EACH
EVANGELINE POTTERY 15% OFF

ALLISON IMPORT SHOPPE
MORRISBURG PHONE 543-3132

JUNIOR B HOCKEY
PRESCOTT SAINTS vs. MORRISBURG LIONS
MORRISBURG ARENA
THIS FRIDAY - 8.30 P.M.



MAKE HER HAPPY WITH A GIFT THAT SPARKLES
For that once-in-a-lifetime gift that she will treasure forever come in and see our selection of beautiful diamond rings. A variety of styles, carat sizes and price ranges to suit every budget. Be a wise Santa. Shop Early.
WALTER'S JEWELLERY
Morrisburg Shopping Centre Ph. 543-3014