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Tasty tree-ts

The goats and sheep at Vanderlaand The Barnyard Zoo are more than happy to munch on anyone's leftover Christmas trees – a seasonal and nutritious treat at this time of year. "The trees are like dessert for the animals," said Ruth Vanderlaan (pictured). "It's a nice change from their normal hay and feed." The critters are able to munch on about two trees per day, stripping them of all of their needles and bark. According to Vanderlaan, the trees are a natural source of Vitamin C, as well as a natural de-wormer for the animals. Last year, the Vanderlaans received about 64 Christmas trees, but are able to take some 100 trees this year. If you are trying to get rid of your Christmas tree, drop it off, decoration-free, at the Vanderlaan farm (at the end of the lane or leaned against the fence) at 11827 County Rd. 5 in Winchester Springs.



Press Photo – Gosselin

EOHU launching 'stop-light system' restaurant postings

WINCHESTER – The Eastern Ontario Health Unit (EOHU) is taking aim at food providers as the agency sets to launch its upgraded restaurant inspection process.

Already the health unit posts inspection reports from area restaurants and other establishments where food is served in an online database found on its website.

Now, however, the EOHU is taking it a step further, launching a signage system to help make it easier for residents to make informed decisions when eating out.

"Proper food handling and storage, good staff hygiene, and clean premises and equipment are key to protecting diners from food-borne illness," Dr. Paul Roumeliotis, the EOHU's medical officer of health, said.

Inspection findings now more 'in your face'

The new sign postings are in the midst of being distributed throughout the health unit's coverage region, which includes Stormont, Dundas, and Glengarry. The coloured postings indicate, at a glance, whether a food premises has received a "pass," "conditional pass," or has been closed due to various violations. Each level is marked by a different colour – green, yellow, or red.

The program rollout will first include restaurants before ultimately being expanded to all food premises.

• See RESTAURANTS on next page

WDMH rings in 2016 with SD&G's first baby, but shhh... it's a secret

WINCHESTER – It has long been a tradition of the *Winchester Press* to bring readers news of the first baby born at Winchester District Memorial Hospital (WDMH) in a new year.

The process remains for 2016, only slightly altered.

At the village hospital, one of the facility's birthing units was the scene of life's greatest miracle around 8 am Fri., Jan. 1. The little one, whose sex is unknown, was not only WDMH's first birth of the new year, but was also the first in all of Stormont, Dundas, and Glengarry.

The competition for the tri-counties title was a clear win for WDMH from the get-go, as it was more than two hours before a baby boy came into the world at Cornwall Community Hospital, becoming that facility's first birth of the new year.

• see 2016 BABY on next page

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First winter storm keeps OPP hopping

WINCHESTER – Area drivers could perhaps be forgiven for believing winter weather conditions would never arrive, but we do live in Canada after all.

The region's first snowstorm of the season arrived with fury Tues., Dec. 29 and Wed., Dec. 30, 2015, resulting in several calls to the Stormont, Dundas, and Glengarry OPP.

In total, officers responded to 42 calls for service, ranging from collisions, to vehicles stuck in ditches or medians. The breakdown sees 16 calls in Stormont County, eight in Dundas, and 18 in Glengarry.

All incidents were minor, and no injuries were reported.

As well, several vehicles ran off the road along Highway 401, with tow operators and OPP officers taking part in the removal process.

Restaurants

• continued from the front page

"The signs will be good business for food premises receiving the green 'pass' signs, since customers prefer to eat somewhere that provides a pleasant and safe eating experience," Roumeliotis said.

At every inspection, a public health administrator will issue one of the coloured signs, which must be posted immediately at or near the main entrance of a given establishment. The colour code will remain in place until another inspection is conducted.

The passing green posting means a restaurant has met the requirements of the Ontario Food Premises Regulation, and fewer than three non-critical infractions were noted or they were corrected during the inspection.

For the yellow coding, three or more non-critical infractions or one critical were documented. Establishments that receive this marking will require a follow-up inspection, and may receive a ticket if the infractions aren't corrected.

If a restaurant receives a red sign, it means the inspector has "reasonable and probable grounds" to believe an immediate health hazard exists. An order under the *Health Protection and Promotion Act* will then be issued to close the establishment, and the operator may be charged.

The EOHU's posting of inspections online was first launched in 2012.

Largely, all local restaurants have to date received a passing grade, though a popular Winchester restaurant received only a "conditional pass" following a December 2015 inspection.

2016 baby

• continued from the front page

While the *Press* annually shares the good fortune of either first-time parents or those welcoming child number three, four or five, this time around Mom and Dad had other plans.

The parents of 2016's first WDMH newborn, for reasons only they know, refused to grant media access, denying a request to publicize the event.

Police Blotter

Domestic investigation

IROQUOIS – Stormont, Dundas, and Glengarry (SD&G) OPP officers responded to a reported domestic situation Thurs., Dec. 31, 2015 at an Iroquois home.

At approximately 3:15 pm, police arrived to find an altercation had taken place between a male and his spouse, which resulted in the accused causing damage to the home.

A 25-year-old man was arrested at the scene. He faces a domestic mischief charge.

He is to appear in Cornwall court Tues., Jan. 12.

Drugs discovery

WILLIAMSBURG – At a Mon., Dec. 28, 2015 RIDE program checkpoint along County Road 11 quantities of cocaine and amphetamines were turned up from one of the stopped vehicles.

SD&G OPP made the check at approximately 1:30 pm that day, charging the male driver, who became resistant upon arrest.

Mitchell Schwerdtfeger, 22, faces charges of possession of a controlled substance for the purpose of trafficking; possession of a controlled substance; resisting a peace officer; and obstructing a peace officer.

He was held in custody pending a bail court appearance.

Under the influence

MOREWOOD – On Thurs., Dec. 24, 2015, at approximately 7:15 pm, SD&G OPP officers responded to a report of a vehicle in the ditch on County Road 13.

The investigation indicated the male driver was under the influence of alcohol.

Roger Bishop, 53, was arrested at the scene. He faces charges of care or control of a motor vehicle while impaired, and care or control of a motor vehicle with more than 80 milligrams of blood alcohol content.

He is to appear in Cornwall court Thurs., Jan. 14.

Mischief investigation

WINCHESTER – On Mon., Dec. 21, 2015, SD&G OPP officers responded to a report of a family dispute at a Bailey Street residence.

The investigation indicated that an altercation between family members resulted in a male youth causing damage within the home. A 16-year-old was arrested as a result.

The youth faces a mischief under $5,000 charge, and is due in Cornwall court Tues., Feb. 2.

Causing damage

IROQUOIS – On Dec. 21, 2015, at approximately 9 pm, SD&G OPP officers responded to a reported domestic situation at a Broadway Crescent home.

The investigation indicated that an altercation between an adult male and his spouse resulted in the male causing damage within the residence.

A 34-year-old man faces charges of mischief, and damage. He is to appear in Cornwall court Jan. 12.

•

Details published in the police blotter are provided by the OPP. The Winchester Press *typically publishes information about alleged crimes occurring in and around Dundas County, as well as other information of interest to our readership. All suspects are considered innocent in the eyes of the law unless proven otherwise in court.*

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Lone village funeral home secures new Ottawa owner

WINCHESTER – The village's lone funeral home has a new owner.

Ottawa-based Hulse, Playfair, and McGarry (HPG) announced recently that it had added Daniels Funeral Home to its ownership portfolio, just as the city firm preps for its 90th year of operation.

Daniels family to remain involved

The sale, according to Patrick McGarry, helps position HPG's business share in the region, and the Daniels site will complement existing chapels in Kemptville and Spencerville, and three Ottawa locations.

"The negotiations were very similar to our expansion into Kemptville and Spencerville a few years ago, in that the current owners wanted to make sure their community would continue to be served with personal and professional care," he said.

It was the local owners, Jim and Mona Daniels, who approached HPG about the sale possibility.

Said Sharon McGarry: "We are extremely pleased that Jim and Mona are staying on with us, and we look forward to serving alongside them."

According to McGarry, it is a positive move to keep the village chapel out of corporate ownership.

"We are grateful to have been approached by the Daniels, and thankful to have a dedicated team of professionals who serve each and every family with the care and compassion expected," he added. "At a time when many funeral service providers are selling to larger corporations, we are delighted to be expanding our operations."

Brothers Charles and Percy Hulse first founded the city funeral service in 1925. In 1933, Keith Playfair joined as a partner, and Hulse and Playfair was born.

In 1938-1939, the partners' business was growing rapidly, and they made the then bold move to build Ottawa's first funeral chapel. The firm grew to become Ottawa's largest family owned and operated funeral.

Today, HPG is majority owned by the McGarrys.

Fewer impaired drivers, but less checks during OPP Festive Ride

WINCHESTER – The results from the Stormont, Dundas, and Glengarry OPP's annual Festive Ride are in.

From the end of November 2015 to Sat., Jan. 2, the local police force conducted 155 vehicle checks throughout the tri-counties.

During the six-week period, officers charged five people with impaired driving, and another four received 12-hour licence suspensions for being found to be in the so-called "warn range" following a breathalyzer test. The suspension number is down from 15 last season.

Also decreased is the number of checks made by local OPP, as 269 were made in the 2014-2015 campaign compared to this year's total.

No matter, the region's OPP detachment commander is pleased with the results.

"While it is encouraging to see a reduction in impaired driving offences, there are still some that continue to make poor choices," Insp. Brendan MacDonald said. "RIDE checks will continue throughout the year to deter this potentially tragic habit."



Township targeting additional upgrades to municipal roads

WINCHESTER – Though winter weather has finally taken hold in the region, the Township of North Dundas is looking ahead to warmer days and the upgrading of more municipal roads.

Public works director Dan Belleau's 2016 projection list includes seven separate roadways, totalling upwards of 14 kilometres in length.

He delivered his project estimates to North Dundas council members in late December 2015.

For construction, Belleau has targetted 3.5 kilometres of Armstrong Road, at an anticipated cost of $200,000. One-and-a-half kilometres of Merkley Road ($88,000) and two kilometres of Harmony Road ($116,000) are also listed.

Surface treatment efforts have been planned for two different roads. Firstly, four kilometres of Spruit Road, totalling $140,000, is to receive double treatment, while two separate areas of Rodney Lane are being eyed.

First, 1.5 kilometres of the throughway in Ormond has been selected for double treatment, at a cost of $60,000, while Rodney Lane from County Road 13 to Ormond, a total of 1.3 kilometres, is to receive single treatment at a cost of $28,000.

In Morewood, Merkley Place has been selected for asphalt resurfacing, totalling $28,000.

All told, the capital roads budget for 2016 is $665,000.

North Dundas council members, meanwhile, are in the midst of fine-tuning expenditures for the year, and the budget is expected to pass Tues., Jan. 19.



A last meeting for the Holiday Train took place Thurs., Dec. 17, 2015 to recap on the event and make the final donations to Dundas County Food Bank, which was enough to support more than 500 local families. Pictured are Deputy-Mayor Bill McGimpsey (left), Finch Lions Club president Ernie Coumont, Dundas County Food Bank administrator Ian McKelvie, Township of North Stormont economic development officer Lucie Légaré, and Finch Recreation Committee president Jason Molinaro.

Holiday Train makes lasting impression

FINCH – Although the Canadian Pacific Holiday Train halted to a stop in Finch for only 30 minutes in late November of last year, the effects it has had on the local community will last much longer.

The train is in its 17th year travelling across Canada to visit nearly 150 communities and raise awareness for hunger. At each stop, professional musicians perform holiday songs from a stage built into one of the boxcars, and although there's no charge to attend the concert, patrons are asked to bring cash or a non-perishable food donation.

The donations received during the day's event went toward the Dundas County Food Bank, and according to food bank administrator Ian McKelvie, the donations were enough to provide food to more than 500 families who require services in Finch, Berwick and Dundas.

"I had no idea how many people were going to show up," said McKelvie. "It was fantastic to see 6,000 people, especially all the children, in attendance for the first-ever CP Holiday Train stop."

After three years of planning on behalf of the Township of North Stormont, the outcome of the day's events (Sun., Nov. 29, 2015) was certainly an overwhelming victory.

In addition to the help provided by patrons to the local food bank, more than 75 volunteers participated to make the event a success.

Members from the local Lions Club flipped 600 pancakes and cracked 48 dozen eggs during a pre-train brunch.

Finch and Berwick Recreation Committees cooked 18 chili crock-pots for the dinner after the train's departure.

There were also 10 shuttle buses from Roxborough Bus Lines transporting visitors between seven parking spots outside of Finch and the arena.

"None of this would have happened without the support of the various groups and individuals who helped make this event such a tremendous success," added McKelvie. "A final thanks has to go to North Stormont Deputy-Mayor Bill McGimpsey who lobbied CP for several years to convince them that a stop in Finch would work, and also to Mayor Dennis Fife, whose support was essential."



Longtime nurse Peggy Kelly is calling it a career after more than 30 years at Winchester District Memorial Hospital. She's pictured here with Dr. Darren Tse.

New year, new direction for longtime WDMH nurse

WINCHESTER – With more than 30 years under her belt, Peggy Kelly's time at Winchester District Memorial Hospital (WMDH) is winding down.

As 2016 is only just beginning, Kelly's long career is coming to an end.

"I've been thinking about this for some time, and WDMH has been very good to me," she said. "I'll never forget it."

Since graduating from St. Lawrence College, Kelly has spent much of her nursing time at the village medical facility. In that span, she spent shifts on the medical, surgical, and continuing care floors.

Her true calling, however, was the emergency department, where she has been for the last 15 years.

"I took some advanced ER training with a couple of other nurses just out of interest, and to improve my skills," Kelly recalled. "I loved it, and never looked back."

Having grown up in the Finch area, her colleagues say, "she knows everyone."

"Everyone laughs at me. They say 'who don't you know or who aren't you related to?' That's what happens when you come from a big local family, and you marry into another one," she said.

While her time at WDMH is ending, Kelly acknowledged that quitting work won't be easy, and she's likely to look for some part-time nursing shifts down the road.

She is also being encouraged to revive the catering business she operated at one time, but for now Kelly said she plans to "take it easy," and has a trip planned for March. "We have a great family at WDMH," she added. "In the emergency, everyone is there for you and has your back. I will miss them."

2016 COC registration campaign continuing

WINCHESTER – The North Dundas Chamber of Commerce is looking for members.

With its annual general meeting approaching, the township organization is in the midst of its 2016 membership campaign.

Those business owners looking to sign on can do so in one of two ways: through direct mail or via the chamber's electronic database. A membership sign-up sheet is available on the organization's website (www.northdundaschamber.com).

Signing on to join the chamber comes with a full-year membership, which costs $75 per business.

According to chamber president Owen Shortt, the group's slogan remains unchanged: "Strength in numbers; pride in membership."

The chamber's AGM, meanwhile, is set for Wed., Jan. 20 at 7:30 pm at Winchester's Old Town Hall.

For more information about joining the chamber, contact Shortt at 613-774-2424.

Building rates dip

WINCHESTER – It wasn't a free fall, but there was a noticeable drop in building rates in the Township of North Dundas in 2015.

The latest numbers show that 136 permits were issued for builds last year, 40 less than in 2014.

Of that total, 24 were for new dwellings.

The accumulated value of the permits was $15,572,789, which pales in comparison to last year's record high of more than $31.3 million.

From that, North Dundas collected $55,777 in building permit fees, and $99,959 in development charges.

A snapshot of one month in 2015 shows that November saw 10 permits issued, and one new dwelling (the new home of Dr. George Carlin's dental practice) given the go ahead.

For that one month alone, the permits valued $2.7 million. The building permit fees rang in at $3,954 and the development charges total was $3,676.

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Partnered

Collins Barrow Winchester has a new member on its management team after Benjamin Mann was named a partner at the village firm whose chartered accountants offer a full range of services. The appointment was celebrated Tues., Dec. 15, 2015 at Winchelsea Events. Pictured are Michael Barclay (left), Kathy Byvelds, Mann, and Janet Foster. *Press Photo – Uhrig*

Donation to enhance SD&G emergency response efforts

CORNWALL – With $7,500 having been made available by Enbridge, the United Counties of Stormont, Dundas, and Glengarry will be enhancing its emergency response capabilities.

The donation came just before Christmas, and will be used to purchase new emergency management and training equipment.

"The counties work very closely with our local municipalities, fire departments, and emergency responders to keep our residents safe," Jack Sullivan said.

The donated funds came through Enbridge's Safe Community Program, which provides financial support to first responders and safety-driven organizations to help in the purchase of new equipment, obtain professional training, or deliver educational programs.

The fund was first launched in 2002.

"We are pleased to support the counties because they help keep our community safe," Norm Cassidy, senior land agent with Enbridge, said. "The upgraded communication and training equipment will help ensure the counties are better prepared to handle any type of emergency, which then better enables them to maintain the safety and welfare of the community."



Pictured during Enbridge's donation of $7,500 to the United Counties of Stormont, Dundas, and Glengarry are Jack Sullivan (left), Enbridge's Ken Hall, and tri-counties CAO Tim Simpson. The funds are earmarked for the purchase of new emergency management and training equipment.

SD&G United Way campaign extended in effort to reach goal

CORNWALL – If you want to give back to the community, but just haven't had the time, good news: the United Way/Centraide Campaign for Stormont, Dundas, and Glengarry (SD&G) has been extended to Fri., Jan. 15.

"We are closer to our goal every day, but need a little more time to reach our objective," said 2015's campaign chair Michael Galvin. "Every gift goes a long way toward improving quality of life in SD&G. You can give today and watch it make a difference all year long."

Currently, the campaign sits at 82 per cent of its goal for the year.

Despite falling a bit short by deadline, several local businesses have donated to the organization in the past few months.

Cornwall's St. Hubert provided a $1,000 contribution to the campaign, while team members from Cornwall's Scotiabank presented a corporate contribution totalling $20,000.

United Way also received an "impressive" pledge from local LCBO stores, which raised funds through employee payroll deductions as well as customer donations during two in-store campaigns. A total of $30,115 was the result of support from LCBO stores in Alexandria, Chesterville, Cornwall, Iroquois, Lancaster, Long Sault, Maxville, Morrisburg and Winchester.

"Each year, we are delighted with the enthusiasm the LCBO staff demonstrates for the point of sale campaign – it shows with these amazing results," said Galvin. "The generosity of the customers and staff will improve many lives in our community of [SD&G]."

NDDHS Notes

by Patricia Barlow



NDDHS students back at it

MAPLE RIDGE – Students enjoyed a two-week break from the stresses of school to celebrate the holidays with family and friends, but it's now back to the classroom.

We are back in the swing of things, and preparing for the final stretch of the first semester.

It's the busiest time of the semester for high school students at North Dundas, with summatives, culminating activities, and exams just around the corner. Everyone is hard at work.

It's hard to believe that first semester is coming to a close!



The 2015 North Dundas Christmas Fund went smoothly with the help of 70 volunteers from the Mountain Township and District Lions Club who packed and distributed Christmas baskets throughout the community.

Lions help fill baskets with Christmas cheer

SOUTH MOUNTAIN – Members of the North Dundas Christmas Fund have worked hard for many years now putting together Christmas baskets to make sure every local family has a happy holiday.

In 2015, an army of 70 volunteers from the Mountain Township and District Lions Club, along with family and friends, were on hand for the annual Christmas basket event at the South Mountain Agricultural Hall.

The Lions help out each year with the distribution of 50 baskets in co-operation with the Dundas County Food Bank, the House of Lazarus, several families, and local businesses.

Baskets consist of groceries and toiletries, and the families also have a chance to pick from a mountain of donated toys, clothes, snowsuits, and household goods.

More than 150 people benefit from this event, and are all in the western portion of North Dundas. The North Dundas Christmas Fund organizes similar events in Winchester and Chesterville, as well.

"I look forward to this event every year," said Lions member Kimberly Telford. "It warms your heart to see the outpour of support in our community."

This year's event was made "extra special" with the help of the South Mountain branch of Scotiabank, who offered to match all donated funds up to $5,000.

According to Christmas Fund chair, Bob Weagant, the initiative turned out great, and went smoothly with all of the volunteers helping out. He also noted that the final total of baskets delivered throughout the community would be finalized next week, when members of the Christmas Fund would be meeting.

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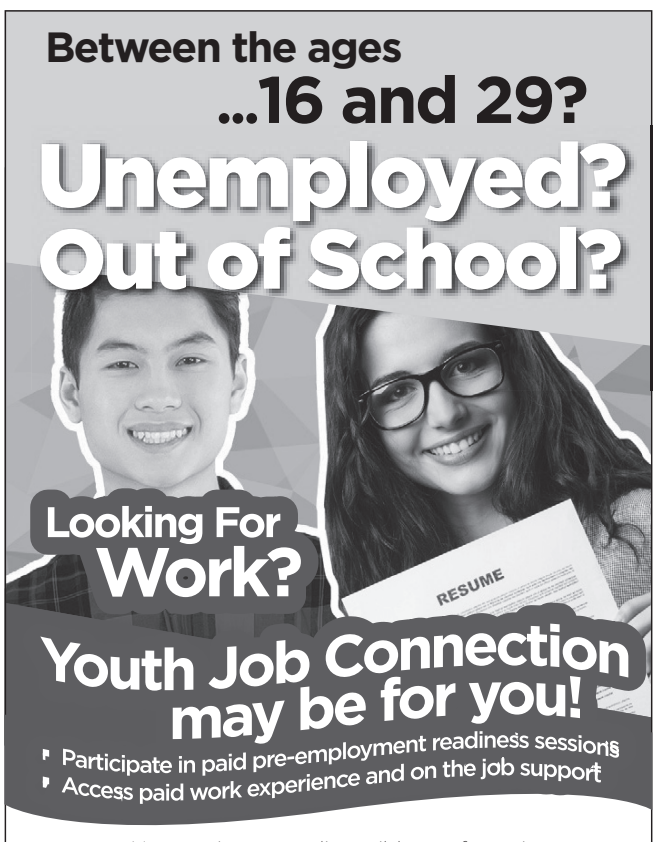

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Mollie McKibbon
28tfc

Healing light a 'miracle' being utilized by TOCC

by Alicia K. Gosselin
Press staff

METCALFE – An extraordinary light at the Township of Osgoode Care Centre (TOCC) is healing patient wounds in record time.

Those who've experienced its healing power say it's a miracle. But the design behind its innovative treatment is backed up by years of medical research.

One resident with a chronic foot wound that hadn't been healed with regular treatment in more than two years was completely healed after four weeks of light therapy.

"I couldn't believe the results – my mouth was on the floor," said TOCC's executive director, Lori Norris-Dudley, who oversees the use of light therapy at the long-term care home. "Our wound rates are way below provincial average, and the healing light expedited those results."



A healing light – better known as the Genesis Pain Relief Light – has been speeding up the healing process in record time for patient wounds and pain at the Township of Osgoode Care Centre.

It's not yet been a year since the handheld medical device – better known as the Genesis Pain Relief Light – was brought into the long-term care home by TOCC's foot care specialist, MaryLou Mcfarlane-File.

She first learned about the light during a presentation at a clinical foot care conference. It described the alternative treatment's overwhelming benefits for not just pain, but wounds and fungal infections, as well – it's non-invasive, has no side effects, promotes cell regeneration, reduces inflammation, and speeds up the body's healing process.

Turns out, the device was invented in Canada almost five years ago, and its headquarters are based in Hamilton.

Although Mcfarlane-File said she originally thought it was "too good to be true," she bought the portable device – which resembles a small hairdryer – on a whim for just under $1,500.

During one of her regular shifts at TOCC, Mcfarlane-File noticed the centre's wound care nurse, Carolyn Sinclair, was limping due to a swollen knee that had been bothering her for quite some time. After Mcfarlane-File explained what the healing light was supposed to do, Sinclair decided to try it.

Each therapy session lasts about 12 minutes (depending on what the issues are) with the device being held over the wound and/or area of pain. Depending on the results, the patient could need several more treatments to speed healing, or none at all.

"The day I met MaryLou and her light, my knee was badly swollen, very painful, and I could barely walk," said Sinclair about her experience. "One treatment, and after 24 hours, the pain was gone. Twenty-four hours after that, the swelling was gone. I had three more treatments, and to date have not had any problems with my knee – that was six months ago."

The immediate results backed up everything that Mcfarlane-File had learned about the light. She, along with Sinclair, decided to bring light therapy to the executive director's attention. They wondered: What could this light do for the patients at TOCC?

Norris-Dudley gave the duo the go-ahead, and together they presented clinical research and evidence to the centre's Professional Advisory Committee (PAC) – made up of physicians, doctors, and professionals – with the hopes that they would support the use of the Genesis Pain Relief Light in the home.

Although the light was an unfamiliar innovation within the medical field, members of the PAC kept an open mind. They decided that incorporating this one-of-a-kind invention within their regular wound care treatment was a great idea.

A pilot project was then initiated for wound care. Mcfarlane-File began to administer light therapy treatments during her shifts along with foot care treatment, and the progress of every patient's wounds was followed.

The project proved to reach beyond anyone's expectations at TOCC.

"The results were amazing – it even shocked me, and I'm supposed to be the advocate," chuckled Mcfarlane-File. "It wasn't a high-end research project – we just took pictures of the wounds and measured them, and then demonstrated that they healed. Some went right away, others took longer. But it was phenomenal the difference it made. You could see the results so clearly. It was amazing. And that was just the beginning."

After the pilot, other nurses, staff, and clinicians at TOCC started to become curious. The fact that the light was healing not just wounds, but also muscle pain, fungal infections, and tissue problems, made it a novelty of sorts.

Many of the staff who had bad elbows, shoulders, or sore feet started coming to Mcfarlane-File to find out if they could be included in the trial. After getting approval from Norris-Dudley, Mcfarlane-File started treating staff, many of them finding a tremendous difference in their ailments.

Joanne Kerr, a cook at the home for the past 16 years, was one of the first staff members to get treated for a frozen shoulder. She had limited movement and was in extreme pain. According to Kerr, after the second treatment she noticed that the pain was almost gone. It's been a few months since her last session, and her pain is non-existent.

"I was a little bit skeptical at first, but I thought, you know what, it's a whole lot better than getting a cortisone shot – those really hurt," she said. "But during the treatment, there was no pain, no heat, we just sat and had a visit. And I liked that it wasn't invasive."

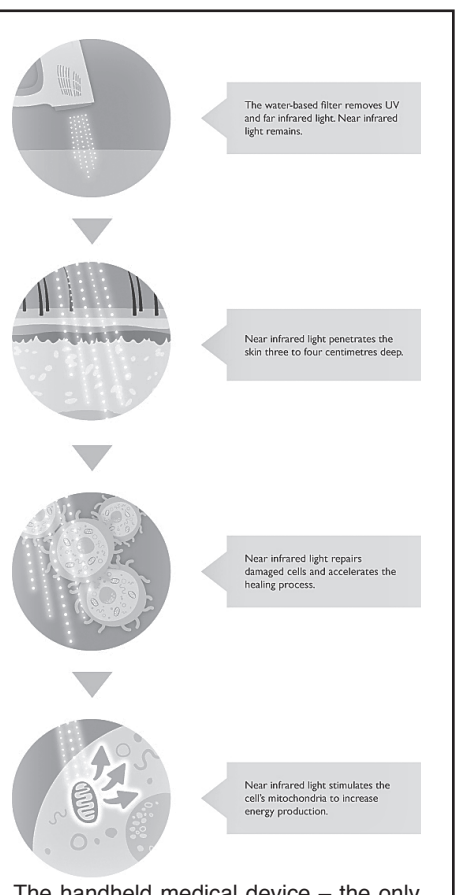
With the astounding results of the light therapy being discovered at TOCC, it leaves one wondering: Why has this not become a best practice within wound care? And why has almost no one heard of it?

According to Norris-Dudley, members of TOCC are working toward the next step of the project, and are gathering enough evidence to present to the Ontario Long-Term Care Association with the intention of making it a best practice.

"The bottom line is its not used widely and there's no clinical reason for why not," she said. "I think we can do it, but we have a lot of questions, so all we can do is jump up and down and say 'Hey everybody, we have something that makes a difference.' This isn't the solution for everything, but I think this has a great place in the continuum of care."

With the huge amount of money the federal government spends on treating wounds – diabetic foot ulcers alone cost the healthcare system more than $150 million annually, according to the Canadian Association of Wound Care – it's astounding that a one-time purchase of a light therapy device could go under the radar as it has.

Tyler Bonneville, assistant director of care at TOCC, had his own theories as to why.



The handheld medical device – the only one of its kind in the world – administers light through a water-based patent-pending filter that filters away the harmful rays (such as far infrared and UV). The light is held over a wound and/or area of pain during a session, and working at the cell level, stimulates the cell to produce proteins to speed up the body's healing process.

"I wish I had known about this years ago because I probably could've dealt with a lot of issues and wounds we had in the home at the time," he said. "Unfortunately, I think the reason it's not widely used is because of pharmaceutical companies. This is a one-time purchase, whereas other methods you're paying for all the time, like dressings, antibiotics, anti-inflammatory medications – it's almost $50 for a dressing change, and that's a lot of money."

Sinclair said that the reason she thought the device wasn't widely used, or considered a best practice, was simply because it is unknown. But, she added, "From a financial point, the faster the wound heals, the less supplies, the less cost."

In an interview with the *Winchester Press*, Tony Galipeau, president and CEO of Genesis Health Light Corp., said that the main reason he believes it hasn't reached the masses yet is simply because of the newness of the product and the small scope of his Canadian company. But he also said he believes they are well on their way to making the light become a world-renowned best practice.

"Light therapy has decades of evidence to support acceleration of healing – whether its fungal infections, pain relief, or wound healing," he said. "Our secret sauce is that we have a water-based patent-pending filter that filters away the harmful rays [such as far infrared and UV]. The light works at the cell level, right at the mitochondria, and stimulates the cell to produce ATP [which are proteins]. Proteins are what you need for damaged tissue repair. So what our light does, is it helps your body do what your body does faster – no side effects, no risk involved."

According to Galipeau, a laser therapy device with similar power would go for $30,000 to $50,000, which is what makes the light so unique – it's accessible.

The next steps for the Genesis Health Light Corp. is to find investors who will help commercialize the light therapy device, and get it into the hands of long-term care homes, hospitals, sports teams, and average-joes everywhere.

"I can't wait to see where this goes when we're rolling," said Galipeau. "We know where we want to go, but there's a lot of unknown places we'll be stepping into, and that's very exciting."

For now, the excitement at TOCC is enough for the patients, staff, directors, nurses, and doctors to feel like a difference is being made by their progress in light therapy. And not because it has been identified as an official clinical best practice yet, but because they are practicing, from the ground up, what it means to give the best care.



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Putting the safety of pedestrians, cyclists first

A new year, and a new set of legislation comes sweeping in on behalf of Ontario's provincial government.

But this legalese comes forth with news that many in Winchester may want to pay some attention to.

We've all been there, so picture it for a minute, won't you?

You're making your way, as a pedestrian, down Main or St. Lawrence Street in the village, and at some point you need to cross to the other side. In the center of town there is three separate crossing points, and further down either street there are dedicated crosswalks.

The proper working order here is that motorists will stop to allow those looking to get across to do so. Yes, but not everything is as it seems.

You see, those driving in Winchester appear to have a complete disconnect when it comes to the functionality of crosswalks, and the purpose they serve.

At any one time there is a near miss at the downtown three-way crossings as drivers slow down, but never completely stop, before rolling on through.

Those travelling east or west along Main Street struggle even more, as their need to pass through oftentimes trumps the desire of those walkers crossing.

This has resulted in near misses, and less than kind words exchanged.

At the two other village crosswalks, pedestrians are often left waiting an inordinate amount of time to cross as motorists zip past with little to no regard for posted signage.

The worst offenders are those who breeze through the crosswalk adjacent to Winchester Public School, where despite having a lighted system drivers again cannot comprehend the rules of the road.

Under the new provincial legislation, drivers must allow pedestrians to completely cross at a school and pedestrian crossing before moving forward. It is a change from the former rule that said a driver must only yield half the crossing.

This is just one of a smattering of new rules aimed at protecting pedestrians, cyclists, and other drivers on the road.

Drunk and distracted drivers are also being targetted — a heavy-handed crackdown on those who prefer to view their smartphone than focus on the road.

As the number of pedestrian and cyclist deaths pile up, it is a welcomed thought the penalty process fits the crime.

Remember when…

1936

This week, the *Winchester Press* reported that the Chesterville-based general store of A.T. David and Sons was broken into over the holidays, and merchandise valued between $400 and $500 was taken from the stock: "The thieves broke the lock on the front door of the store and gained entrance. After looting the place of men's suits, overcoats, shirts, neckties, gloves, belts, ladies dresses, bedrooms slippers, hats, and purses, the burglars made their getaway in an automobile."

1946

"We are sorry to report that little Gail Lannin, only daughter of Mr. and Mrs. Harold Lannin, is confined to the Ottawa Civic Hospital, suffering from a serious illness," the *Press* said this week. "When admitted to hospital, her temperature was 106. It was reduced, through treatment, to 100 degrees. Physicians are not certain whether the child has pneumonia or some other disease."

1956

"Fire at Williamsburg claims three lives," was the featured headline in this week's *Press*: "Three Williamsburg people were burned to death and two others were injured in a tragic flash fire [that] swept through the large frame home of Mr. and Mrs. Weldon Beckstead [Wed., Jan. 4]…Firemen and volunteers fought the stubborn blaze for nearly two hours in their successful attempt to save the nearby Merkley home." Although the exact cause of the fire was unknown, it was believed to have started from an overheated cook stove.

1966

In this week's *Press*: "Workmen's Compensation protection for all Ontario farm employees becomes effective Jan. 1, 1966. Some 1,700 farmers in the province have provided this benefit in the past, but protection is now extended to include all farmers providing they employ full or part-time help."

1976

"Winchester and Chesterville, or the North Dundas area, will be featured on CJOH's popular Wednesday evening program 'NEW FACES,'" said the *Press* this week. "Max Keeping and his production crew are to begin taping the show Sun., Jan. 4. Max will tour the village shooting scenes and interviewing various local people. North Dundas District High School will also receive special attention as the school band will perform on the show and some of the school's top athletes will also be featured."



Enjoying their holiday from school, these boys were having a blast on the icy toboggan hill behind the Winchester arena. "Winchester residents Bill Short (left), 11, Ben Standish, 14, Robert Standish, 10, and Metcalfe resident Jeremy Rushton, 13, try their best to stick together."

1986

"Stephen Ault of Winchester was the lucky winner in the 1986 series of Hawks Hockey Club Holiday Happiness Draws," the *Press* said. "Ault won the new series' first trip Friday night when his name was drawn during the Junior 'B' contest. The excursion is a $1,400 one-week ski holiday in Banff."

1996

One month after an accidental heating oil spill at Greely Public School, clean-up crews were still at work: "The spill of an estimated 500 litres of heating oil has led to a nearly month-long excavation of contaminated dirt from the front of the school," the *Press* reported. "Kemp Fuels, which supplies heating oil to the school, made the decision it wanted to clean up the spill. The spill was caused when the truck operator slipped on some ice and knocked himself out while holding on to the fuel line."

2006

"Winchester resident Al Armstrong has an alter-ego," the *Press* said this week. "Angry Al has become a fixture on The Team 1200's morning show and also co-hosts his own show on Sundays. 'My kids aren't allowed to listen,' said Armstrong about the weekly morning show. He explained that Angry Al is a character that often says things that aren't politically correct and engages in very dark humour."

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A resolution I never thought I could keep



From the Other Side
by Jeff Morris

This is the time of year where we make our New Year's resolutions.

I don't know about you, but I rarely make it through a week before the resolution is morally shattered and slinks away, vowing to stick next year.

For years, I've been contemplating giving up Diet Coke as my New Year's Resolution. I didn't bother because I knew I couldn't. After all, I don't smoke, I almost never drink, I don't gamble, I don't drink coffee – Diet Coke was about all I had.

Finally, the Diva forwarded me an article written by *Elite Daily's* Gigi Engle, and it made me truly realize I was actually a Diet Coke addict.

She outlined 25 different signs that one may be addicted to the sweet nectar of the Gods that raged through my veins, and was the very lifeblood of my existence. Reading her article was like reading something I had written in an out-of-body experience. I knew some considered it to be a carcinogenic, and that I should be drinking water. But isn't Diet Coke made of water? In fact, when I worked at Pinnacle Brands in Dallas, my nickname in the office was D.C. The Texans even loved to imitate me with my Canadian accent when I pitched a fit because the soda machine was out of Diet Coke.

I had a few long and heartfelt chats with Sean James at Greco Lean and Fit in Manotick about nutrition and aspartame this past year. He taught me that it is not about calories, but about foods and drinks that triggered insulin release from your body. Yet, as much as I knew how unhealthy Diet Coke could be, I kept going back to it every day. And maybe I would have the equivalent of four or five cans a day. Sometimes, on a stressful day, I would have more. Sometimes, but not as often as I would like to think, I had less.

In June, a migraine episode dropped me to my knees and it resulted in a summer and fall of CT scans, MRI's and other medical appointments. Summer and fall became less about doing summer family activities and more about Tylenol, Advil, and different ways to control pain.

Yet, I kept going back to Diet Coke.

It was frustrating for Dr. Jassam, who seemed more concerned about my health than I did. In October, he finally put his foot down. No more diet soft drinks. With my concussion history and some of the challenges I was having, specifically with headaches, it was time to say "good bye" to Diet Coke. But how on Earth was that going to happen? Diet Coke and I had a personal relationship. It was always there for me. It got me through the worst times of my life, it helped me celebrate the best times in life. It got me through the morning as my 10 am pick-me-up.

If you are a Diet Coke drinker, you can totally relate.

I finally started to pay attention to the medical reports. Thinning bones, tooth decay, kidney decline, and other ailments have long been said to be triggered by diet cola. A University of Texas health study said that drinking two or more cans a day could increase your waistline by 500 per cent. Again, it's not calories; it's insulin.

But I knew giving up Diet Coke was going to be much more complicated than just switching to sparkling water with lemon, which I could never imagine drinking, let alone making it my go-to drink.

"The issue is that it's an addiction – there's something driving the craving," said Jacob Teitelbaum, MD, author of the *Complete Guide to Beating Sugar Addiction*. "If you don't address what's driving the craving, it won't go away."

Teitelbaum believes that there may be a number of factors that trigger diet soda cravings. It could be that your adrenal glands need support. It may be a way to handle stress. Maybe your blood sugar is low. Maybe you are even unconsciously feeding yeast in your body. Insomnia, fatigue, stress, depression, and headaches can all trigger sugar cravings, which can be satisfied with diet soda.

Prevention.com had an interesting graphic of the body and the areas that diet soda can affect it. It promotes tooth decay. Drinking four or more cans of diet soda increases your rate of depression by 30 per cent. One diet soda daily increases your risk of heart attack by 43 per cent. A daily serving of diet soda increases your risk of obesity by 41 per cent. Two daily diet sodas double your risk of kidney disease.

Fruit flavoured iced green tea is my new go-to drink, but I have it in moderation. Bottled water now gets me through the day.

Now, without my body unpowered by Diet Coke, I am ready to beast out at the gym in the new year like never before. I'm not worried about falling off the wagon. I don't miss it; I don't want it. I never thought I would get here. I know I will likely have a regular Coke occasionally, but it will be one every one or two weeks, not hours. I also won't miss spending more than $1,000 a year on Diet Coke.

For the first time in my life, I have kept my New Year's Resolution. I know you can keep yours.

Letters to the Editor

Many hands made light work

The Editor:
Fri., Dec. 25, 2015 was the seventh anniversary of the community Christmas Day dinner, and once again it was a huge success.

This year, for the first time, the meal was held at the Joel Steele Community Centre.

The event began around 9 am with volunteers gathering to set up. During the morning, the potatoes, veggies and other items arrived by yet more volunteers – and oh the desserts!

By 11:30 am the room looked quite festive, and the music was much enjoyed by all.

The generosity of this community – both corporate and individual – is absolutely amazing. To give you an idea, we were prepared to serve about 120 people. Turkey bucks from Foodland were offered, and with them we bought two turkeys, while two others were donated. We also had decorated cupcakes, seven pies, plus cakes and cookies, 40 pounds of mashed potatoes, 12 loaves of dressing, 20 pounds of veggies, 13 dozen rolls, baked beans, one gallon of cranberries, 50 cups of coleslaw, and bottled water, coffee, and tea.

Volunteers from throughout the region, including those from Chesterville, Mountain, Williamsburg, Merrickville, Long Sault, and, of course, Winchester, came out to lend a hand.

The carolers, also volunteers, played a variety of music for the listening pleasure of those in attendance.

As well, both Township of North Dundas Mayor Eric Duncan and Deputy-Mayor Gerry Boyce showed their support for the initiative, and helped out where they could.

About 50 people enjoyed the meal and fellowship, while another 40 meals were delivered to shut-ins within the county.

The food that remained at the end was delivered to Naomi's House, where it is always welcome. Many thanks to everyone who participated.

Clara Edwardson
Winchester

Future continues to be cut down

The Editor:
With predictions of record breaking global temperatures for 2016, one has to question the level of apathy it takes for the continued decimation of trees throughout the Township of North Dundas, and Dundas County as a whole.

Flying in the face of all environmental fact and common sense, residents continue to swing chainsaws and heavy equipment with little regard for the consequences posed to the declining health of our water table, the inability of the land to retain moisture, high soil erosion levels, negative effects on wildlife necessary to keep pests at bay, and loss of natural wind and heat protection and more.

The 1930s dustbowl was the result of mankind's shortsightedness and greed. Are we just repeating history here? North Dundas looks more like the new Prairies East than the lush lands of Ontario. Has anyone stopped to think outside the box?

With the strongest El Nino effects ever to hit this planet expected for 2016, we can expect lower than average snowfall, higher than average ice storms, and ever increasing high temperatures. Sounds like drought conditions, doesn't it? And yet the chainsaws buzz on, removing all protection and natural insurance.

It can take 20 years to grow a tree, and only five minutes to destroy it. If we learned nothing else from the Great Depression, we learned of man's determination to be the most destructive force on Earth.

Janice Atkey Videto
Winchester

Kudos hydro workers

The Editor:
While we all pretty much hate the corrupt Wynne government, and the suits at Hydro One and their life-draining never-ending increases, which threaten to put many of us out of our homes, I have to send out kudos to those frontline men and women who came through for us during the recent Christmas Eve power outage.

The equipment damage was extensive throughout many parts of Ontario, and it was nice to know we could count on those workers to restore our power.

Thanks to all of them!

Janice Atkey Videto
Winchester





The Winchester Press proudly presents...

2015 BABIES of

Congratulations to all the parents who have welcomed new arrivals in 2015.



Aaron Ross Hetherington

April 5, 2015

Son of Wade and Megan Hetherington from Rimbey, Alberta.
Happy New Year!
Grandson of Jim and Beth Hetherington.



Isla Rose Schwerdtfeger

August 16, 2015

Daughter of Matt & Kaitlyn Schwerdtfeger.
Granddaughter to Wes & Wanda Douma, and Stewart & Susan Schwerdtfeger.
Also blessed with three sets of great-grandparents.



Hazel Eleanor Roberts

May 24, 2015

Daughter of Dylan and Krista Roberts of Chesterville.



Roman Lane Paas

September 16, 2015

Son of Angela Sullivan and Geoff Paas.
Grandson of Rick and Melissa.
Nephew of Michael.



Emma Ann McDonald

May 26, 2015

Daughter of Shawn and Amy.
Little sister for Lily.
Grandparents: Nancy and Larry, & Jim and Debbie.



Grace Ann Nyentap

December 2, 2015

Proud parents: Stacy Duguay and David Nyentap.
Little sister for Scott.
Proud Grandparents: Debbie and Jim Duguay, Kim and Leo Nyentap.



Drake Douglas Thompson

October 22, 2015

Son of Nathan and Tammy Thompson.
Proud Grandparents are Rick and Bonnie Mattice & Steve and Karen Thompson.



Ellie Heather Dawn Renaud

September 21, 2015

Daughter of Shannon and Mike.
With love from Great-Grandparents Ross and Sharon Casselman.



Sawyer Fletcher MacDonald

May 23, 2015

Son of Amy and Kevin.
Little brother of Avery, Quinn, Zoë, Callan and Loxley.
Proud Grandparents are Ben and Anja Berends.



Aidan Alexander Jardine Holmes

Feb. 11, 2015

Son of Baylee Jardine and Jordan Holmes.
Grandson of Bruce and Sharon.



Ronin Don Harvey Morrow

December 27, 2014

Son of Kaitlyn Wade and Aric Morrow.
Grandson of Cheryl and Faby.
Aunt Kristie is thrilled with his arrival.



Emma Elizabeth Roosen

June 9, 2015

Daughter of Mark and Kara Roosen.
Granddaughter of John and Donna Roosen & Eric and Beth Ruiter.



Sharly Ann Hooper

February 18, 2015

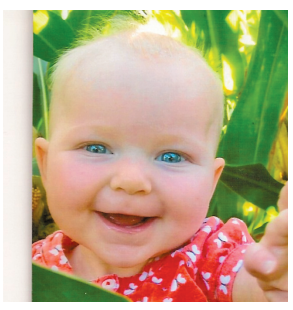
Daughter of Rachel and Doug MacIntosh-Hooper.
Little sister for Lucy and Lyla.
Proud grandparents are Earl and Claudette Casselman & Nancy MacIntosh-Hooper and Bill Hooper.



Nolan Spencer Peplinski

May 10, 2015

Son of Trevor and Jackie Peplinski.
Brother of Emma.
Grandson of Stanley and Rita Peplinski, Barry's Bay & Terry and Marj Nolan, Osgoode.



Kate Allison MacPherson

April 6, 2015

Daughter of Heather Murray and Blair MacPherson.
Sister of Luke.



Callie Mae Henderson

September 30, 2015

Daughter of Lana and Brandon Henderson.
Granddaughter of Brenda and David Begg & Blake and Lorie Henderson.



Olsen Donald Cinnamon

May 10, 2015

Lots and lots of love, Mommy and Daddy and Alayna.
(Son of Jacob and Becky Cinnamon.)



Avery Parker Cinnamon

October 25, 2015

Lots and lots of love, Mommy and Daddy and Noah.
(Son of Joshua and Eva Cinnamon.)





Introducing the community's newest arrivals!

2015 BABIES of

Congratulations to all the parents who have welcomed new arrivals in 2015.



Lily Rebekkah Rose Fawcett

September 9, 2015

Daughter of
Devin and Melanie.
Granddaughter of:
Cheryl and Randy Holmes,
John and Anna Savage,
Don Fawcett and Linda Reid.



Kylie Dianne Honey

February 1, 2015

Daughter of
Nick and Cortney Honey.
Granddaughter of:
Wayne & Dianne Little (Metcalfe),
Harry & Peggy Honey (Russell).
Great-granddaughter of
Walter Donald Foster (Lanark).



Parker Scott Irven

April 8, 2015

Born at Winchester District Memorial Hospital.
Son of
Scott and Cara-Lynn Irven.
Little brother to Lane and Ty.
Grandson to
Wayne and Dianne Little
& Les and Terrie Irven.



Grayson Thomas Cormac Kelly

September 25, 2015

Son of
Jason and Amber Kelly.



Elliott (Eli) Vincent Mitchell

September 14, 2015

Son of Laure and Cam.
Little brother for Leo.
Proud grandparents are
Mary Lou Bossel,
Laurie Mitchell and Rick Dancey,
Gary Mitchell.



Scarlett Elizabeth DeJong

November 4, 2015

Proud parents:
Kristin and Carly DeJong
Precious granddaughter of
Jackie Watson and Pete
& Amy DeJong.
Merry first Christmas Scarlett,
you're the best gift ever xo.



Brileigh-Anne Elsie Boyer

July 16, 2015

Daughter of
Catlin and Jessica Boyer.
Granddaughter of
Sue and Brian Matthies
& Chris and Mathilde Boyer.



Haven Yvonne Thompson

June 30, 2015

Daughter of
Michael and Courtney.
Little sister to
Hunter and Halle.



Everlea Anne Munro

June 3, 2015

Daughter of
Jason and Angela Munro.
Little sister of
Zander.



Eva Rose Merkley

April 22, 2015

Daughter of
Kurtis and Jennifer
Merkley.



William Garrett Mulder

April 17, 2015

William is the son of
Jen Cant and Sidney Mulder,
and the grandson of
Koop and Kathryn Mulder.



Locklyn Karlie Moriarty

August 13, 2015

Daughter of
Rory and Carolyn.
Little sister to
Tate and Mac Moriarty.



Hazel Dawn Morozuk

August 20, 2015

Daughter of
Justin and Sandy
Morozuk.



Saige Lena Noreen Douglas

May 13, 2015

Daughter of
Bryce and Morgan Douglas
and little sister to Clark.
Proud grandparents are
Kirk and Catherine Douglas
& Doug and Lori Scott.



Eli Markus Heuving

November 26, 2015

Welcomed with joy by Randy and Becky Heuving (Osgoode), and grandparents Mike and Rita Heuving (Osgoode), and Jeff and Bev McDougall (Marvelville). Great grandparents are Bob and Marcia McDougall (Marvelville), and Jeannette Vailencourt of Sudbury.



Mathis Alexi Roy

December 1, 2015

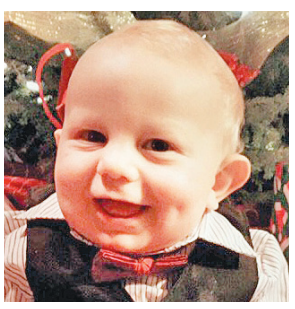
Son of
Josée and Paul Roy.
Little brother to
Mélodie, Chloé and William.



Makinley Catherine JoAnne Wicks

August 16, 2015

Daughter of
Adam and Heather Wicks.
Little sister for Paisley and Haylie.
Proud grandparents are
George and JoAnne Wicks
and Chris and Cathy Lalonde.



Luke Timothy Jaquemet

May 13, 2015

Happy New Year Luke Timothy!
A little brother for Evelyn.
Proud parents are
Gina and Tim Jaquemet.
Love from all your family.



Ontario looks to capitalize on international hay market

by Alicia K. Gosselin
Press staff

WINCHESTER – Ontario hay producers will be facing a global opportunity in the very-near future.

In an effort to maximize returns for hay in the province, a group of Ontarian forage producers recently incorporated the for-profit Ontario Hay and Forage Co-operative and are looking for joining members.

The intention is to develop and operate a double hay-compacting facility in the province that will compress, bale, and export high-quality hay to growing overseas markets, enabling farmers to obtain higher prices for their hay.

The announcement came at Ontario Forage Council (OFC)'s annual Forage Focus conference and trade show hosted at the Joel Steele Community Centre Wed., Dec. 16.

"We want to break the cycle of not consistently having enough good hay, and therefore inconsistent sales," said co-op chair Fritz Trauttmansdorff, who cash crops 2,000 acres of hay, corn, soybean, and wheat. "We can break that cycle by artificially drying big square bales on the farm, and supplying the co-op, its members, and its customers with high-quality hay all the time."

Because of the humidity in Ontario, farmers are generally unable to maximize their production of premium hay as the moisture makes storing bales difficult. While in Western Canada, farmers are able to bale hay and store it outdoors, Ontario's maintenance of superior hay quality requires drying to reduce the moisture content to 12 per cent or less in order to prevent mold formation – even when stored indoors.

On-farm drying of hay would ensure its attractiveness to overseas buyers, and could be successfully compressed and shipped internationally without risk of mold formation.

The proposed hay compacting facility, if successful, would be up and running in the next four years, and is expected to handle up to 100,000 tonnes annually. The estimated cost associated with the facility is between $10 and $15 million.

Although the facility's location has yet to be determined, Trauttmansdorff mentioned that the Guelph/Kitchener area would be ideal as it's close to Highway 401, as well as the Brampton large container yard.

Members would be required to pay a $1,000 membership fee, which would entitle them to co-op hay, as well as obligate them to deliver hay to the co-op. Producers who want to invest into the co-op would do so according to the amount of hay they wish to deliver.

The co-op has committed to working with producers to establish on-farm hay-drying operations, which would in turn be compacted at the facility and shipped overseas in 25-tonne containers.

"Dairy and cattle farmers could upgrade their haying operations and justify that investment for having excellent hay for their own animals on a consistent basis, and by selling some of the hay to the co-op," said Trauttmansdorff. "It could replace some of the silage they're using now if they have consistent hay."

The co-op expects to target growing export markets, particularly in the dairy and equine industries, including markets in Asia, the Middle East, and Europe.

It's estimated that Saudi Arabia alone – in the face of a water crisis – requires 3.8 million tonnes of hay per year.

"This is an extremely important venture taking place – a lot of research and work going on behind the scenes," said Ray Robertson, executive director of the Ontario Forage Council and co-ordinator of the event. "We produce some of the best hay in the country here, but our biggest challenge is getting it off the hay field soon enough before the rain comes. There's some interesting research and technology going into hay drying, which really has the potential to revolutionize the hay industry here in Ontario."

As technology advances, opportunities abound for provincial farmers. One of the biggest developments has been that big bale hay-drying equipment is more reliable and affordable now, making it feasible to use on the farm.

The widening of the Panama Canal in Central America has also opened up options for large container ships that are going to Asia to pass through.

"This will give us a more even playing field [with Western producers]," added Trauttmansdorff.

Going forward, the co-op intends to conduct a feasibility study to determine the viability of the proposed project through government funding. There are also efforts on the way by members of Canadian Forage and Grassland Association's forage export committee to establish a Canadian brand of hay to allow more access to international markets.

"There are established hay markets all over the world, from pure alfalfa to hay mixtures, which could be a good niche for us in Ontario," said Trauttmansdorff. "We would like to sign up a sizable portion of members to demonstrate that going forward we have strong support in the hay community for this project."



The Ontario Forage Council (OFC)'s annual Forage Focus conference and trade show was held Wed., Dec. 16 at the Joel Steele Community Centre, with presenter Joel Bagg (left), OFC executive director Ray Robertson, and keynote speaker and Miner Institute president Rick Grant at the forefront of the day's agenda.
Press Photo – Gosselin

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SPORTS
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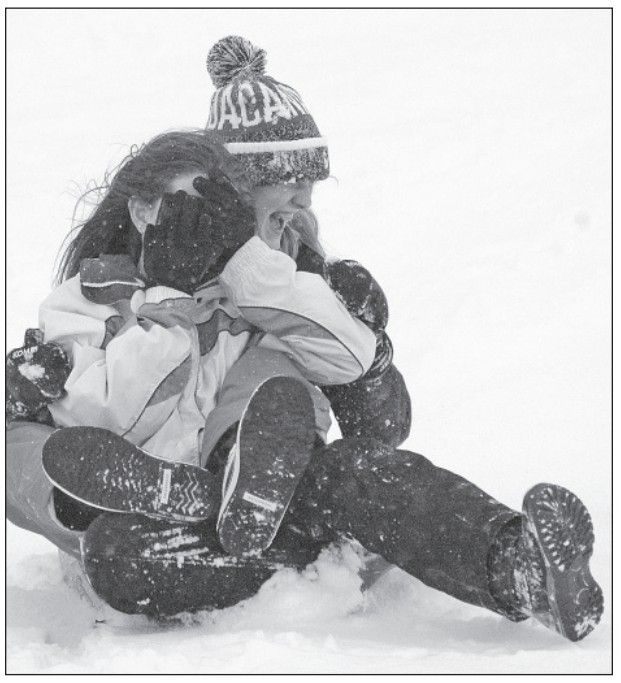

It's a scream

This young slider was unable to watch, but screamed with delight (or fright) as she and a friend completed a run on Winchester's 100 Club Community Park tobogganing hill late Sunday (Jan. 3) afternoon. The village's popular recreation feature was barren, unused and covered with dead grass until the region's first snowstorm arrived on Tues., Dec. 29, 2015 dumping 30 centimetres of seasonal covering on the hill.

Press Photo – Van Bridger



Junior Hawks, Rockets return to action this week

WINCHESTER – Both of North Dundas township's junior hockey teams, the Winchester Hawks and North Dundas Rockets, will play their first games of 2016 this week.

The Winchester Hawks are scheduled to take on the Martin Division-leading Casselman Vikings (27-3-1-0) in Casselman tomorrow (Thurs., Jan. 7) in a Central Canada Hockey League 2 contest set for 7:30 pm.

Another divisional foe, the fourth-place Ottawa West Golden Knights (17-10-1-1), invade the Joel Steele Community Centre on Friday (Jan. 8) for an 8:15 pm tilt.

The opposition for Sunday's (Jan. 10) midday (12:30 pm) meeting in Winchester will be the Perth Blue Wings (26-4-1-1), the Richardson Division's number one ranked squad.

Rockets away

The Chesterville-based North Dundas Rockets were originally slated to begin their 2016 National Capital Junior Hockey League season on Sat., Jan. 2 in a home game featuring the Academie Jr. Outaouais, but that game was postponed and will be rescheduled.

The Rockets (6-16-2) will visit the Lions (2-22-0) in Morrisburg on Saturday (Jan. 9) at 7:30 pm.

The Lions will then visit the Rockets in Chesterville next Wednesday (Jan. 13) to take part in an 8:20 pm contest. The next three dates on the Rockets calendar are road games with visits to Cumberland (Bandits) on Sat., Jan. 16; St. Isidore (Eagles) on Sun., Jan. 17 and Fri., Jan. 22 they will visit the first-place Panthers in Embrun.

Atom House 'C' Demons knock off New Yorkers 7-2

OGDENSBURG, NY – A trip to New York State netted the North Dundas Atom House "C" Demons a 7-2 victory and two points in the Upper Canada Minor Hockey League standings.

North Dundas launched the 2016 portion of their schedule taking on the host Ogdensburg New Yorkers Sunday (Jan. 3) in the Golden Dome. The Canadian side exploded into a 4-0 lead in the opening stanza and carried a 6-2 advantage into the final frame. Ethan Guy-Legendre paced the offence scoring three times.

The victory improved the Demons West Division record to 6-11-1 and temporarily moved them into third place, one point ahead of the Smiths Falls "HC1" Bears who have collected 12 points. North Dundas has gone 5-3-1 in their last nine games and will host the Brockville Jr. "HC1" Braves (7-5-1) at the Chesterville Arena tonight (Wed., Jan. 6) at 7 pm.

Cam Ouellette (unassisted at 9:46) put the Demons on the board in the first period. John Gordon van Kessel (Kyle Robb at 7:55) made it 2-0.

• see ATOM HOUSE 'C' on next page



Demons clash

Monday night's (Jan. 4) Upper Canada Minor Hockey League match at the Joel Steele Community Centre featured an all North Dundas encounter pitting the Novice "HB1" Demons against the "HB2" squad. The "HB1" cashed a pair of late goals securing a 3-1 victory. Jake Weber cracked all three of the "HB1" markers while Cole Van Lanen counted the "HB2" tally. "HB2" goaltender Bennett Wasylko-Fletcher watched as teammates Gabrielle Cotnam and Reid Smith contained an opposing forward.

Press Photo – Van Bridger

Defeat Kemptville 9-2

Midget HB1 Demons pounce on Panthers

KEMPTVILLE – Mitchell VanBruinessen, Avery Holmes and Kyle Findlay each pumped in a pair of goals when the North Dundas Midget "HB1" Demons opened the 2016 Upper Canada Minor Hockey League schedule by thumping the hometown Kemptville "HB2" Panthers 9-2.

Monday's (Jan. 4) verdict improved the Demons first-place record in the East Division standings to 10-2-4. Tomorrow (Thurs., Jan. 7), they will welcome the Kemptville "HB2" Panthers (4-11-0) to the Joel Steele Community Centre for a 7:30 pm tilt.

Quick start

North Dundas rattled off five unanswered goals in the first period of Monday's match and cruised into the final frame owning a 6-0 advantage.

The Panthers managed to squeeze two shots in behind Shane Rodney, but the North Dundas 'tender would not be denied win number 10.

Holmes (2, GWG), Findlay, Mitchell VanBruinessen and Rhyce Sherrer netted goals in the opening stanza. Captain Brandon VanBruinessen cashed in his team's sixth marker in the sandwich session. Mitchell VanBruinessen, Findlay and Zach Nelson found the mark in period three.

Sherrer (2), Kalliegh Young, Brandon VanBruinessen, Holmes, Zack Nelson and Jack Messervey earned the helper points.

Jets hounded by Timberwolves, escape Renfrew with 8-7 win



Jordan Malette

RENFREW – It looked pretty solid for the Metcalfe Jets as they fashioned a 5-0 lead and finished the first period of their Central Canada Hockey League 2 against the hometown Timberwolves leading 6-2, but as it turned out they were fortunate to leave Renfrew with an 8-7 victory to their credit.

Metcalfe held 6-2, 7-5 and 8-5 leads only to surrender back-to-back tallies to Renfrew's Scott Conroy who dented twine at 12:36 and 16:56 of the final 20 minutes slicing his team's final deficit to 8-7.

Sunday's (Jan. 3) result strengthened the Jets (20-10-1-2) hold on second place in the Martin Division standings at 43 points. The Casselman Vikings (27-3-1-0) to the rankings with 55 points. The Alexandria Glens (18-8-2-1) stand third with 39.

The Jets will be looking for win number 21 when they host the Ottawa Canadians (10-19-0-1) Sunday (Jan. 10) afternoon (2:15 pm) at the Larry Robinson Arena.

Close call

Metcalfe captain Jordan Malette fuelled the Jets attack cracking three goals and earned as many assists for six points. He currently leads his team in scoring with 25 goals, 24 assists and 49 points (33 games). The 21-year-old Orleans resident has skated in 143 games with the Jets, netting 79 goals and drawing 52 assists for 131 career points.

Carter Malette (Jordan Malette, Andrew Burke at 0:15), Jordan Malette (Eric Turner, Conor Rolland at 8:15), Joey Farago (unassisted at 9:35), Jeremy Barrie (Farago, Rolland at 10:12), and Carter Malette (Jordan Malette, Andrew Burke at 10:36) scored in that order opening a 5-0 lead for Metcalfe.

Renfrew responded on shots fired by Teddy Suckow (11:12) and Corey Chaplin (14:04), but Burke (Jordan Malette, Carter Mallette at 18:45) moved the Jets into a 6-2 lead before the period ended.

Renfrew outscored the Jets 3-1 in the sandwich session. Malette (Nick Rowan, Carter Malette at 8:17) notched his second while Suckow, Conroy and Colin Bradbury got the Timberwolves to within two (7-5).

Malette (Burke, Carter Malette at 8:16) finished his hat trick early in the final frame only to have Conroy pot a pair and make it a one-goal final (8-7).

Anthony Salahor got the start and gave up five goals in 40 minutes of work. Ken Nichol came on in relief, making 10 saves on 12 shots and getting the win.

Five of six ladies teams earn points in new year

WINCHESTER – All Winchester District Ladies Hockey League teams with the exception of the WS Trucking Company were able to earn at least a point in the first games of 2016.

Sunday's (Jan. 3) triple bill at the Joel Steele Community Centre opened at 8 am with Bridals (6-3-4) and Annable's Jewellery Blues (2-8-3) skating to a 1-1 draw. The Foodland Reds (5-6-2) booked the only victory edging WS Trucking (3-6-4) 2-1 in the 9 am contest. The Cooper Physio Pinks (5-6-2) battled the top-ranked KC's Lawn Maintenance (9-1-3) crew to a 1-1 stalemate in the 10 am match.

Those results left KC's with a five-point lead over Bridals and the Cooper Pinks and Foodland Reds tied for third place with 12 points.

Bridals 1 – Blues 1

Mireille Drouin used a pass provided by Mal Honey and Amy Fraser to hand Bridals a 1-0 lead 1:20 before the half-time intermission. The Blues evened the score at 1-1 when Jessica Grisel buried a feed sent to her by Marjorie Acres and Courtney Barkley at 15:10 of the second half.

Annable's goalie Lindsay Chambers was named player of the game. Jenna James guarded the Bridals' cage.

Reds win 2-1

Player of the game Nancy Pothier converted a play created by goalie Cashelle Baldwin and Aline Smith into the GWG with 3:16 left on the clock as Reds nipped WS Trucking 2-1.

Trisha Lacombe put the Reds up 1-0 scoring from Amanda Rylaarsdam and Lyndsay Enright at 10:11 of the first half and that difference remained in effect until Jessica Hendrikx (unassisted) tied it 1-1 at 19:17 of the second session.

Baldwin posted the win and picked up an assist. Sonja Bradley absorbed the one goal setback.

KC's 1 – Pinks 1

Baldwin was back between the pipes, subbing for Kristie Wade, in the late game and supported KC's in their 1-1 tie with the Cooper Pinks.

Katrina Holmes rang up her league-leading 11th goal finishing a play started by Brina Whitley at 19:21. Baldwin held the Pinks at bay until Edith Dagenais salvaged a point for her squad netting a pass provided by Isabelle Dagenais 20 seconds before the final buzzer sounded.

Pinks' Jenna Warren was declared player of the game.

Atom House 'C'

• continued from previous page

Robb (unassisted at 5:37) and Guy-Legendre (unassisted at 3:45) cracked goals opening up a 4-0 gap before the session ended.

Demons goaltender Nadia McLean gave up a pair of second period goals to the New Yorkers, but her teammates supported her with goals by Robb (van Kessel at 6:32) and Ethan Guy-Legendre (AP Isabelle Guy-Legendre, Ouellette at 3:17).

Ethan Guy-Legendre (Ryan Antille at 3:55) completed his hat trick making it a 7-2 final in period three.

Meet the Winchester Hawks

John Kalivas
No. 25
Left Wing



Brockville native John Kalivas is a recent addition to the Winchester Junior Hawks roster. The 20-year-old forward started the 2015-2016 Central Canada Hockey League 2 campaign with his hometown Brockville Tikis where he played eight games and collected six points (4-2-6). He then went to the Ottawa Canadians and played 10 games adding another six points (1-5-6) to his totals. Since joining the Hawks, Kalivas has accumulated seven points (1-6-7) in six games bringing his season total to 6-13-19. His no. 25 jersey is co-sponsored by Terrace Green Bed and Breakfast and Milano Pizzeria.

The Hawks next home games:
Fri., Jan. 8 vs. Ottawa West Golden Knights (8:15 pm)
and Sun., Jan. 10 vs. Perth Blue Wings (12:30 pm).

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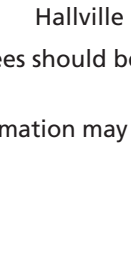

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RESIDENT NOTICE
CHRISTMAS TREE DISPOSAL
Please be advised Christmas Trees will not be picked up at the curb.
Trees can be taken, **at No Charge**, to designated tree disposal sites within the Township of North Dundas commencing December 27 to January 11.
The sites are: Winchester Arena
Chesterville Arena
Morewood R.A. Centre
South Mountain Fire Hall
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Christmas trees should be unbagged and free of decorations.
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Winchester Press

SPORTS SCOREBOARD

Central Canada Hockey League Tier 2

RECENT RESULTS
Dec. 30: Westport 7 - Brockville 1
Arnprior 5 - Renfrew 4 OT
Jan. 1: Perth 4 - Athens 3
Jan. 2: Perth 4 - Prescott 2
Jan. 3: Clarence 2 - Stittsville 1
Char-Lan 4 - Athens 3
Metcalfe 8 - Renfrew 7

STANDINGS

Martin Division	W	L	LOT	GF	GA	PTS
Casselman	27	3	1	174	91	55
Metcalfe	20	10	3	142	120	43
Alexandria	18	8	3	135	94	39
Ottawa West	17	10	2	126	106	36
Winchester	12	12	5	110	121	29
Char-Lan	10	15	6	116	152	26
Ottawa	10	19	1	83	112	21
Clarence	10	20	1	91	143	21

Richardson	W	L	LOT	GF	GA	PTS
Perth	26	4	2	176	90	54
Stittsville	19	8	1	139	111	39
Westport	18	12	1	123	111	37
Arnprior	17	12	1	112	99	35
Renfrew	14	15	2	137	148	30
Athens	13	14	1	88	107	27
Prescott	9	21	4	107	150	22
Brockville	5	28	0	74	178	10

TOP SCORERS

Winchester Hawks	G	A	PTS
Isaac Barr	13	13	26
Kyle Richardson "C"	8	16	24
JD Samson "A"	9	13	22
Tanner Schroeder	16	5	21
Andy Clarke	11	10	21
John Kalivas	6	13	19
Franco Gagnon	5	13	18
Kris Johnson	6	10	16
Shawn Simms (APJ)	10	3	13
Bryden van Kessel "A"	6	7	13
Diego Gagnon	3	9	12
Niko Roy	4	7	11
Erik Starcevic "A"	3	7	10
Joey Driscoll	2	8	10
Nichola LeGuerrier	1	7	8
David Ouellette	2	4	6
*Liam Morrow	0	5	5
*Brandon Welk	1	2	3
*Josh Kurish	1	3	4
Raphael Lecours	3	0	3
*Michael Monette	1	1	2
Nicholas Pilote	1	1	2
Ian Ogden	0	2	2
Brandon Lowry	1	0	1
Brandon Mullin (APJ)	1	0	1
Dillon Clemen (APJ)	0	1	1
Justin Cyr (APJ)	0	1	1
Nicholas Tsiobanos	0	1	1
Harry Wyss (APJ)	0	0	0

Goaltenders
Brandon Lowry W 8 L 10 OTL 86 GAA 4.07
*Logan Gauthier W 2 L 1 OTL 0 GAA 3.30
ap Shane Rodney W 0 L 0 OTL 0 GAA 0.00
John Gilmer W 2 L 1 0TL 1 15 GAA 3.72
ap E. Lamontagne W 0 L 0 OTL 0 GAA 6.00
*** Inactive player**

Winchester Hawks
HOME GAMES
Fri., Jan. 8 vs. Ottawa West Golden Knights 8:15 pm.
Sun., Jan. 10 vs. Perth Blue Wings 12:30 pm.

Winchester Town Hockey League

RECENT RESULTS
Dec. 29:
Thurler's Thunder 11 - Chesterville Maulers 4
Red Roosters 8 - Bush Leaguers 2

STANDINGS	W	L	T	GF	GA	PTS
Roosters	10	4	1	99	78	21
Thunder	10	5	0	89	65	20
Leaguers	9	5	1	104	90	19
Maulers	3	10	2	74	97	8

TOP SCORERS	G	A	PTS
Dean Byvelds, BL	30	24	54
Steve Cameron, BL	26	27	53
Brandon Buma, RR	28	24	52
Nik Paas, RR	20	25	45
Dustin Tinkler, TT	19	17	36
Rob Thurler, TT	18	13	33
Trevor Gilmer, BL	18	14	32
Derek Crawford, CM	12	17	29
Ray Smegal, RR	13	13	26
P. Klein-Swormink, TT	9	17	26
Scott Baldwin, CM	8	18	26
Adam Schfield, TT	9	15	24
Tyler Jones, CM	15	8	23
Chris Embury, CM	9	13	22

National Capital Junior Hockey League

RECENT RESULTS
Future games:
Jan. 2: Cumberland 6 - Rockland 0
Embrun 10 - Vankleek Hill 1
North Dundas - Outaouais PPD
Jan. 3: Gatineau 4 - Rockland 2
St. Isidore 6 - Morrisburg 2

STANDINGS	W	L	T	GF	GA	PTS
North Division						
Papineauville	16	4	2	121	70	34
Rockland	13	11	2	110	105	28
Cumberland	13	10	1	106	92	27
Gatineau	11	11	3	117	118	25
Outaouais	6	16	1	61	101	13
South Division						
Embrun	20	4	0	140	59	40
Vankleek Hill	14	9	0	99	88	28
St. Isidore	12	10	1	108	83	25
North Dundas	6	16	2	82	129	14
Morrisburg	2	22	0	32	131	4

North Dundas Rockets	G	A	PTS
Justin Rutley "A"	11	17	28
Brandon Mullin "C"	12	13	25
Ryan Romans "A"	7	12	19
Jordan Leigh	9	5	14
Kyle MacDonald	6	9	15
Mackenzie Bacon	5	10	15
William Fawcett "A"	5	9	14
Josh Hansen	3	10	13
Sheldon Holmes	1	10	11
Tristan Staff	4	5	9
Owen Bourgeois	3	4	7
Owen Salmon	3	2	5
Harry Wyss	2	3	5
Justin Cyr	4	0	4
Tanner Brady	3	1	4
Tyson Sherrer	0	4	4
Shawn Simms	1	2	3
Jordan Ruby	1	2	3
Brett Hayes	0	2	2
Mitchell Melenhorst	1	0-	1
Chris Marchant	1	0	1
Dakota Boulanger	0	1	1
Mason Durant	0	1	1
Dillon Clemen	0	1	1

Goaltenders
E. Lamontagne 4-10-3 GAA 5.07 GA 85
Thomas Lastewka 1-4-01 GAA 5.04 GA 33

North Dundas Rockets
HOME GAMES
Wed., Jan. 13
vs. Morrisburg Lions
8:20 pm

Winchester & District Ladies Hockey League

RECENT RESULTS
Jan. 3:
Annable's Jewellery 1 - Bridals 1
Foodland Reds 2 - WS Trucking 1
Cooper Physio 1 - KC's Maintenance 1

STANDINGS	W	L	T	GF	GA	PTS
KC's	9	1	3	23	8	21
Bridals	6	3	4	19	12	16
Cooper	5	6	2	21	19	12
Foodland	5	6	2	19	22	12
W.S.T.	3	6	4	12	21	10
Annable's	2	8	3	10	23	7

TOP SCORERS	G	A	PTS
Katrina Holmes, KC's	11	3	14
Edith Dagenais, CP	9	4	13
Vicki Van Hoof, KC's	10	0	10
Isabelle Dagenais, CP	2	8	10
Amy Fraser, Bridals	2	7	9
Michelle Drouin, Bridals	3	5	8
Lyndsay Enright, Reds	4	3	7
Jessica Hendrikx, WST	4	3	7
Jenna Warren, CP	3	4	7
Andrea Francis, Reds	3	3	6
Pyper Weiss, Bridals	2	4	6
Kaila Beckstead, Bridals	2	4	6
Cinnamon Boulanger, CP	3	2	5
Nancy Pothier, Reds	3	2	5
Natalie Boulianne, KC's	0	5	5
Deanna Corbett-White, AJ	3	1	4
Dawn Montgomery, Bridals	3	1	4
Lauren Preston, AJ	2	2	4
Tanya Barnhardt, WST	1	3	4
Laura McDonnell, WST	1	3	4





Monday meeting

The North Dundas Bantam "B" Demons faced the Char-Lan Rebels in an Upper Canada Minor Hockey League East Division contest at the Joel Steele Community Centre Monday (Jan. 4) evening. Brandon Lovely, Colin Minish and Bradley McLean each contributed a goal and an assist in Monday's 3-3 stalemate. Nolan Brown, Kobey Brown and Dean Lapier also earned helper points. Demons Cam Sherrer (left) and Brandon Lovely (No. 15) joined goaltender Liam Antille in a goalmouth scramble.

Press Photo – Van Bridger

Red Roosters rule – move to first place in WTHL standings

WINCHESTER – Nik Paas and Brandon Buma combined for 13 points as the Red Roosters ripped the Bush Leaguers 8-2 and moved into sole possession of first place in the Winchester Town Hockey League standings.

Last Tuesday's (Dec. 29) victory gave the Roosters (10-4-1) 21 points and a one-point advantage over Thurler's Thunder (10-5-0) who messed up the Chesterville Maulers (3-10-2) 11-4 in the early half of the final double dip of 2015.

The Bush Leaguers fell behind the Roosters 4-0 in the first half and managed to score twice in the second half on goals by Ryan Crawford (Steve Cameron, Kyle Dearing at 18:27) and Cameron (Crawford, Brad Bingley at 13:21) only to come out on the short end of the 8-2 final.

Two of Paas' four goals came in the first half. Buma and Clayton Kohn snapped in the singles. Paas pumped in back-to-back shots at 14:14 and 3:55 of the second session and was followed by Ben Walkowiak who lit the red light with 1:04 and 0:08 left on the clock.

Paas (3-4-7), Buma (1-5-6), Walkowiak (2-0-2), Alex Krumins (0-2-2), Kohn (1-0-1) and Travis Rowe (0-1-1) put the Roosters points on the board.

Thunder rolls

James Kirkwood (4-2-6), Dustin Tinkler (3-3-6) and Adam Schofield (1-5-6), three former members of the Winchester Jr. "B" Hawks, powered the Thunder's offence as they blasted the Chesterville Maulers 11-4.

The Thunder rolled into the second half with a 4-2 lead and blew the game wide open scoring seven times.

Rob Thurler (1-3-4), Mitch Shay (0-3-3), Tyler Brown (1-1-2), Kyle Sobering (0-1-1), and Michel Thurler (0-1-1) rounded out the Thunder's offence.

Cody Paradise (1-2-3), Blair McMillan (2-0-2), Derek Vingerhoeds (0-2-2), Derek Miles (0-1-1) and Justin Morozuk (0-1-1) produced the Maulers points.

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In Memoriam

BARKLEY – In memory of Jack, January 4, 2015.
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– Love, Alice, Joe, Dee and grandchildren
44

PATTERSON - In loving memory of a dear father and grandfather, Delmer, who passed away January 5, 2014.
– Lovingly remembered by Meryl, Kathy and family
44

Card of Thanks

CARD OF THANKS – On behalf of the Woolford Family, I would like to thank everyone who made it possible to surprise our Aunt Irene on her 90th Birthday. Our thanks go out to the ladies of the congregation at St. Clare's Anglican Church for providing sandwiches and cookies and helped clean up afterwards. Your help was very much appreciated. Thanks also goes out to those who presented her with the Golden Years plaque. To my friends Heather and Brenda, thank you so much. Special thank you to Benjamin Vreman for the lovely song he sang for Aunt Irene. Also a big thank you to Father Delorme. Last but not least, thank you to Donna Wilson for getting her to the church and didn't have to lie. Good job Donna.
– Sincerely, Valerie, Michael, Marie, Leonidus and Toralei Woolford
44

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90th BIRTHDAY CELEBRATION
For Lorne Strader, Sat., Jan. 9 between 1-4 pm at Iroquois Golf Course. Best wishes only. Hope to see you there.
43-44

MEDICATION OLD AND NEW
A Community Diabetes Information Session. Nancy Graham, RN, BScN, CDE, Wed., Jan. 13, 7-8 pm, Winchester District Memorial Hospital, Dillabough Board Room. All welcome.
44c

QUILT CLASSES
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44-45

Coming Events

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www.moovies.ca
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A musical mission

The OPP Coppertones, a group of retired and current members of the Stormont, Dundas, and Glengarry detachment, have struck another chord for the Dundas County Food Bank. Following the group's annual pre-Christmas performance, this year held at the North-Stor Seniors' Support Centre in Finch, all donations were collected for the local charity. In total, $205 was handed over by Kristine Blokland (left) and Laura Huffey.

Ladies Aid dishes out pre-Christmas potluck

by Kathy Spruit

WINCHESTER – The December 2015 meeting of the St. Paul's Ladies Aid group was well attended by ladies looking forward to a delicious meal, and a wonderful time of fellowship and Christmas worship.

The ladies were not disappointed. The potluck dinner consisted of a wide and bountiful array of tasty dishes. Laughter and conversation could be heard in the hall during the meal, and the laughter continued following the meal when humourous poems and songs were presented.

The ladies then went into the sanctuary for the Christmas worship service after the meal. Wonderful Christmas music, inspirational readings, and a thoughtful message from Rev. Bruce Kemp provided an uplifting start to the Christmas season.

Kemp's message, The Moral Dilemma of Christmas, was very insightful. The moral dilemmas encountered by Mary, Joseph, and their families during the time of Jesus' birth are aspects rarely considered.

Strong faith was required to enable them to carry through what was requested of them. At our present time, it speaks to how precious each child is, and that no matter the circumstances of a child's birth, each child is a special child of God.

The money given during the offering was included in the amount of $500 donated to Nor-Dun Seniors' Support Centre in Winchester to support its adult day program.

OBITUARY

Betty Barkley

Betty Barkley, a lifetime resident of the area, passed away suddenly at Dundas Manor Nursing Home in Winchester on Mon., Dec. 21, 2015. She was 85.

She was born in Matilda Township on Jan. 10, 1930 to her parents, Mahlon and Alma Whitteker (nee Casselman). On April 27, 1950 she married Orlin Barkley at the St. Peter's Lutheran Church parsonage, and together they had one daughter, Barbara.



Betty was an ambitious lady, and she worked for many years as a custodian at Winchester District Memorial Hospital until she retired in 1990 at the age of 60. Following her retirement, she took a Personal Support Worker course and began working for ParaMed helping local people in need of assistance, and she worked there into her late 70's when she retired for good. She was a loving mother and grandmother who enjoyed being around people. She loved to travel, and play euchre, bingo and Yahtzee.

She is survived by her daughter, Barbara Knapp (Steven) of Dunbar; her sister, Marian Barkley of Inkerman; her grandchildren, Amanda Knapp-Acker (Chris) of Winchester, and Shawna McLeod (Chris) of Berwick; and great-grandchildren Jessica, Sarah, Meaghan, Jon, and William McLeod. She was predeceased by her husband, Orlin Barkley; her sister Marjorie Baker; and her brothers, Bill, Solon, Donald, Harry, and Sheldon Whitteker. She is also survived by nieces and nephews.

Friends called at Marsden and McLaughlin Funeral Home in Williamsburg on Sun., Dec. 27 from 2 to 4 and 7 to 9 pm. The funeral service was held at the funeral home on Mon., Dec. 28 at 11 am with Rev. Christine Lowson officiating, followed by interment at Maple Ridge Cemetery in Chesterville. The pallbearers were Kevin Barkley, Dillon Barkley, Chris McLeod, Chris Acker, Steve Knapp, and Ryan Lewis.

Donations to the Heart and Stroke Foundation, Canadian Diabetes Association, or the Canadian Cancer Society would be gratefully acknowledged by the family.

Online condolences may be made at www.marsdenmclaughlin.com

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Thank You

I would like to thank Neal, of Neal's Heating, Cooling and Refrigeration, and Adam for all the help they provided in helping with the flat tire on the cultivator on Mon., Dec. 28. The kind gesture will always be remembered and appreciated very much.
Thank you so much guys.
- Earl Riddell

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WE ARE LOOKING FOR: Males who look to be 40 to 60 years old. ***NO EXPERIENCE NECESSARY.*** Visit us on Facebook/DundasCountyPlayers. Auditions and rehearsals take place at the Old Town Hall in Winchester and the play runs from April 8-17, 2016. Auditions can be arranged by contracting Bill Steele at **dcptheatre16@gmail.com**.

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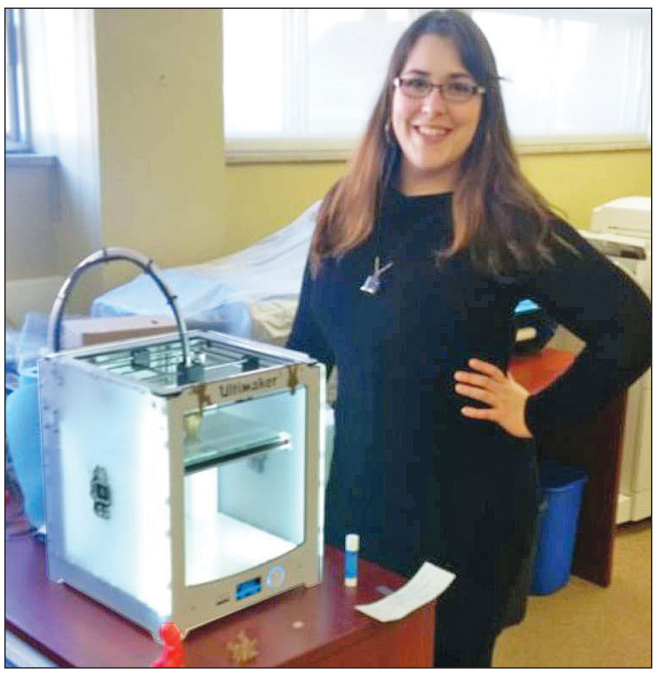

Courtney Riviere, SD&G County Library's information technology intern, is pictured with the newest innovation to be housed at the Morrisburg Library branch – a 3-D printer called the Ultimaker2. She will be demonstrating how patrons can access it at an open house at the Morrisburg branch Thurs., Jan. 7 from 3 to 8 pm.

Library to unveil new 3-D printer

MORRISBURG – Members of the Stormont, Dundas, and Glengarry (SD&G) County Library are excited to introduce its newest innovation to the residents of the tri-counties – the Ultimaker2.

The Ultimaker2 is an easy-to-use 3-D printer, which is planned to be unveiled at the Morrisburg Library branch's MakerSpace Open House event Thurs., Jan. 7 from 3 to 8 pm.

At this event, Courtney Riviere, the library's information technology (IT) intern, will be demonstrating how the 3-D printer works and providing information on how patrons can access it.

The Ultimaker2 creates three-dimensional objects by taking plastic in coil form, melting it, and printing it in layers. Any imaginable object, from jewelry to toys to phone accessories, can now be printed.

Although 3-D printing has been around for quite some time, it has only become accessible to everyone within the past few years. With the recent purchase of the 3-D printer, library patrons in SD&G now have access to the technology locally.

The device is listed at $3,325 on the company's website.

"The addition of this 3-D printer to our library's resources is another way that we are striving to foster innovation and discovery in SD&G," said Karen Franklin, director of library services. "We've been planning for the introduction of a 3-D printer for a while, and we are looking forward to working together with our residents and patrons and learning what this new resource can do."

Following the MakerSpace Open House, the 3-D printer will be permanently housed at the Morrisburg Library branch.

In addition to the 3-D printer, the event will feature hands-on demonstrations of other innovation and discovery kits available at the library, along with light refreshments.

Upcoming events for January at Winchester's Old Town Hall

WINCHESTER – The Old Town Hall (also known as the Winchester Cultural Centre) is located at 478 Main St., and is wheelchair accessible (use side entrance), with free parking available. Upcoming events for January:

Winchester Open Mic Night
Thursdays, 7 to 10 pm
Alcohol-free, no cover charge

North Dundas Movie Committee
Sat., Jan. 9
4 pm: *Pan* (PG)
7 pm: *Infinitely Polar Bear* (14A)
Sat., Jan. 23 – TBA
General admission $5, dollar canteen
Details at www.Moovies.ca

Harmony Church Community Movie
Sun., Jan. 17, 7 pm
*The Drop Box (*G)
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Township of North Dundas
Rock'n'Tots Music and Play Program
Saturdays, 9 to 10 am
Sat., Jan. 23 to Sat., Feb. 13
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