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*Iroquois
Library may
lose 5 hours
in new plan*

10

*Winchester
Hospital
Heelers ready
to walk*

**South Dundas
Community
Clean-Up Day
April 26
Rain or Shine**

The Chieftain

Iroquois

Wednesday, April 23, 2008

"Serving the Seaway Valley"

Vol 27 No. 13 Price \$1.00

0.8 per cent tax increase for South Dundas

Sandwiched between bylaws about funding from the Ministry of Transportation and a zoning by-law amendment, the South Dundas Council passed their 2008 budget with little fanfare last week.

The result is a township budget that features no tax increase. Unfortunately, the United Counties of SD&G have declared a 1.77 per cent tax increase, which translates, in South Dundas, to a 0.8 tax increase. That means that a home in South Dundas assessed at \$100,000 will have a tax increase of \$12.20. The Upper Canada School Board was able to come up with a budget that also featured no tax increases.

The council voted unanimously to go ahead with the proposed budget for 2008.

Mayor Barkly was pleased with the end result of all of the meetings about the budget. "The only thing left to see about now is the road's budget," he said. The mayor was referring to the three lots of funding that has been put aside for roads in the township. Earlier in the year, the council had taken what was left of the former Matilda Township reserves, which was \$300,000 and decided to put it aside for roadwork in Matilda. The township also has to decide where to spend the \$1.2 million given to them by the province for roads and bridges. The rest of the spending money will come from

the township's own road budget. This year the township managed to end up with over \$800,000 as surplus. "I think that the majority of the council wants to spend half of that on capital projects." The bottom line for the mayor was that the only decisions left to be made were roadwork related. "I had no problems with the budget," he added pointing out that, "I think that a lot of the credit lies with staff".

Deputy Mayor, Robert Gillard appreciated all of the work that township staff put into the budget however he was concerned about the large surplus left over from 2007. "I do not like to bank other people's money," he said, but added that the staff did a great job. He said that "This was our first budget, (as a council)". The Deputy Mayor feels that there is still room for some fine tuning on the budget process.

Councillor Delbert Jones felt that the township's budget process was improving compared to past years. "I am pleased that we have been able to maintain a zero per cent increase for the second year in a row for the municipal portion of our property taxes. In addition, I am pleased that we have moved to a 'zero based budgeting system as it is essential that we have more precise operating budgets going forward," he said.

**BUDGET
SEE PAGE 3**



The Galop Canal Revitalization project is off to another exciting year. The land along the south shore of the Galop Canal was cleared last fall and this year plans are underway to finish the job. Left to right are: Terry and Daun Beahen, Jeremy Goswell, Geraldine Fitzsimmons, South Dundas Councillor Delbert Jones, MPP Jim Brownell, South Dundas Councillor James Graham, South Dundas Councillor Stephen Byvelds, Jeremy Smellie and Dick Kropp.

CHIEFTAIN PHOTO - J. MORIN

Galop Canal Revitalization gets ready for next step

The Galop Canal Revitalization Project kicked off another phase of their plans last week.

On Friday morning, April 18 members of the project and their supporters met along the recently cleared south side of the Galop Canal in Iroquois.

Geraldine Fitzsimmons, speaking on behalf of the members of the revitalization project said, "The Galop Canal Revitalization Project is extremely pleased with the progress made at the Galop Canal area following assistance acquired

through the Ministry of Agriculture Food & Rural Affairs. With the assistance of the Galop Canal Marina, new docks have now been created complete with security, water and power.

Dan McLaughlin, chair of the Galop Canal Marina, has worked hand in hand with the Revitalization group to ensure that progress continued efficiently and effectively. Looking forward during 2008, the Marina building will be upgraded and safety issues addressed.

Now that the south side of the Marina has been cleared, plans for commemorative trees and benches will commence. There are a lot of people who are interested in keeping this beautiful area alive and commemorating their family heritage by either planting a tree, sponsoring a picnic table or a park bench."

Ms. Fitzsimmons went on to thank all of the participating partnerships that the revitalization committee had made. She said, "This project could not have happened

without the assistance from the Township of South Dundas, Ontario Power Generation, the St. Lawrence Seaway Corporation, Human Resources Skills and Development Canada, Community Futures, Iroquois and District Lions Club, Galop Canal Marina, Parks Canada and many dedicated individuals who contributed generously.

**GALOP CANAL
SEE PAGE 3**



Cheryl's Chiperie is open for business. The chip wagon across from the Iroquois Plaza has a new owner, Cheryl Christie. This past weekend the Chiperie was swarmed by hungry people out and about for one of the first real summer weekends. Helping out, left to right are: Terry Wright, Cole Hoogwerf, cook Jen Cass, Josh Cass and owner Cheryl Christie.

CHIEFTAIN PHOTO - J. MORIN

GLEN BECKER NURSERY & GARDEN SHOP NOW OPEN FOR THE SEASON



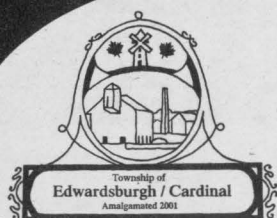
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208849



The Township of Edwardsburgh/Cardinal

Notice to Residents

Open Air Burning

Residents are advised that Bylaw 2005-15, being "A bylaw to prescribe the precautions and conditions under which fires may be set in open air" is in force.

Only small contained fires used for the purpose of cooking and supervised at all times are permitted in the high density residential areas of Cardinal, Johnstown and Spencerville.

This bylaw requires rural residents to obtain a permit prior to any open air burning. Permits may be obtained from the Fire Chief of the Edwardsburgh/Cardinal Fire Department. For further information, please call Jim Purcell at 658-3123 or Graham Van Camp at 657-3626 during regular office hours.

Jim Purcell, Chief
Edwardsburgh/Cardinal Volunteer Fire Department

REMINDER:
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CODE REQUIRES
THAT WORKING
SMOKE DETECTORS
ARE INSTALLED ON
EVERY LEVEL OF
YOUR HOME.

208745

County library proposes less hours for Iroquois

The plan to go ahead with changes to the Dundas County library system is going ahead.

A report called "Positioning for Strength: A new Service development model for the Stormont, Dundas and Glengarry County library" has been released. The report outlines recommendations to make the county library system more effective and meaningful to its users.

One recommendation is that the Iroquois branch will lose 5 hours each week. The final decision to agree with all of the recommendations will take place at the library board meeting in early June. The service model was developed by library staff over the past six months.

The report describes the role of all of the branches of the library as either a resource role or a neighbourhood role. The report states: "A 'resource' branch bears

the following characteristics: high circulation numbers, convenient location, longer hours, more in-depth collections, and physical capacity for programmes. Each township would have 1 resource branch within its boundaries, for a total of 6 "resource" branches. "Neighbourhood" branches are smaller in size, have fewer hours and smaller collections geared towards popular fiction (paperbacks, large print, audio books, DVDs) and popular non-fiction (biographies, how-to materials, gardening, health, travel, self-help, sports, cooking, pets, hobbies, etc.). They also have limited space for programming and, consequently, offer fewer programmes."

The resource branch designation will go to libraries in Winchester, Morrisburg, Alexandria, Williamstown, Finch and Ingleside. One of the many remaining libraries that will be designated as

a neighbourhood library is Iroquois.

The problem that the library system has, according to the report is that while the total number of hours given to all of the libraries has to stay the same, a few extra hours has to be found to allow the resource designated libraries to take on their new roles.

Igleside in South Stormont will be a resource library and because of that, will need more hours. Consequently the Long Sault branch which will be a neighbourhood branch loses 5 hours. The Lancaster branch in South Glengarry also loses 5 hours while the Williamstown branch which will be a resource library picks up another 5 hours. The three branches in South Dundas, Morrisburg, Iroquois and Williamsburg are affected with the Iroquois branch being the only one to lose hours.

THE CORPORATION OF THE TOWNSHIP OF SOUTH DUNDAS NOTICE OF THE PASSING OF A ZONING BY-LAW AMENDMENT

PARTS OF LOT 2 & 3, CONCESSION 1 PART 1, 2 & 3 PLAN 8R-4947 COUNTY ROAD 2, FORMER TOWNSHIP OF MATILDA

TAKE NOTICE that the Council of the Corporation of the Township of South Dundas passed By-law No. 2008-35 on the 15th day of April, 2008, under Section 34 (18) of the Planning Act.

AND TAKE NOTICE that any person or agency may appeal to the Ontario Municipal Board in respect of the By-law, by filing with the Clerk of the Corporation of the Township of South Dundas not later than the 12th day of May, 2008, a Notice of Appeal setting out the objection to the By-law and the reasons in support of the objection. A Notice of Appeal must include the prescribed fee of \$125.00 (certified cheque or money order) payable to the Minister of Finance.

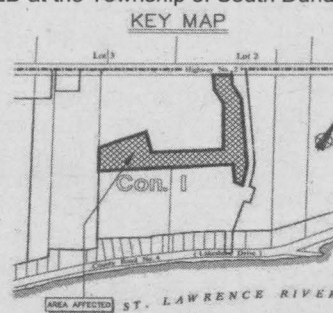
Only individuals, corporations and public bodies may appeal a By-law to the Ontario Municipal Board. A Notice of Appeal may not be filed by an unincorporated association or group. However, a notice of appeal may be filed in the name of an individual who is a member of the association or the group on its behalf.

No person or public body shall be added as a party to the hearing of the appeal unless, before the By-law was passed, the person or public body made oral submissions at a public meeting or written submissions to the council or, in the opinion of the Ontario Municipal Board, there are reasonable grounds to add the person or public body as a party.

This Zoning By-law Amendment rezones the subject land from Commercial Tourist - Holding (CT-h) to Residential - Mobile Home Park Special Exception 1 (RMHP-1) in order to recognize the existing 8 mobile homes and to develop development standards that reflect the current development. These lands have been recognized by the County Planner and the Consultant for the landowner as being appropriate for a Mobile Home Park. The Key Plan identifies the location of the lands affected. This Zoning By-law is related to Consent Application No. B-44/07. This Zoning By-law Amendment is not related to any Minor Variance, Official Plan Amendment or Plan of Subdivision.

An explanation of the purpose and effect of the By-law, describing the lands to which the By-law applies, and a Key Map, showing the location of the lands to which the By-law applies, are attached. A copy of the complete By-law is available for inspection at the Township Office during regular office hours.

DATED at the Township of South Dundas this 23rd day of April, 2008.



Brenda M. Brunt, AMCT
Clerk
Township of South Dundas
4296 County Rd. 31
PO Box 160
Williamsburg ON K0C 2H0
Telephone: (613) 535-2673

208874

GALOP CANAL CONTINUED FROM THE FRONT

This Project would not have become a reality or have achieved the success it has with these partners."

Steve Smellie from Hockley Valley Brewing Co. was thanked for hosting the Galop Canal website. Steve's son Jeremy, a Grade 10 student in Cornwall, has been volunteering his time and talent to looking after the website. He said that the Galop Canal project has

become a familiar one for his family and one that he wants to be part of in the years to come.

MPP Jim Brownell was also present with the group along the south side of the canal. He said that he could remember when Upper Canada Village was only a dream to most people and pointed out how successful the village has been. "The same thing can happen here," he said. Mr. Brownell added that it was

important to get the young people involved in the project and in history in general. He also thanked all of the volunteers who had added so much energy into the work that has been accomplished so far. "Geraldine had put her heart and soul into this," he said.

Councillor James Graham congratulated the revitalization committee on the work that they had accomplished. Councillor

Stephen Byvels commented, "We have been fairly supportive of the project and made sure that everything was done right."

Councillor Delbert Jones said that the project was a challenge to get everything going and that partnerships were very important to the project.

"The Galop Canal Revitalization Project group is still working with the landowners to ensure

that the area receives the attention it requires to transform it into the kind of facility that can be enjoyed by local residents and visitors alike. The Project envisions a spectacular view and fantastic facilities for fishing, relaxing and learning about the history of the area. The expansion of the Marina and our fundraiser will greatly assist with the success of the project," said Fitzsimmons add-

ing, "The Galop Canal Revitalization project would like to thank everyone for their support and look forward to our second 2008 fundraiser - the two day historical canoe/kayak trip down the historical Galop Canal. This event will be held on June 21 &

The website for the project is www.galopcanal.com.

BUDGET CONTINUED FROM THE FRONT

Councillor Stephen Byvels said of the budget, that he was happy with it. "Staff came in with a budget that will be closer to that is needed and there will be less of a possibility of a surplus next year.

I will commend staff for their handling of the Township finances," he said. Councillor Byvels commented that the staff were always looking for ways to save the Township money and that it was great to have a budget that did not feature a tax increase.

"I was pleased with the budget this year," said Councillor James Graham. Councillor Graham pointed out that this year the council had asked the staff to first figure out what they wanted to do and then work backwards to how much

money that would cost, "This way," he said, "we know exactly what we are going to spend."

As predicted, there was no municipal tax increase. The only area that could have caused any kind of tax increase was a 1.7 per cent increase in the United Counties budget, an increase that South Dundas had to pass on to residents.

A look at the operating and expenditure side of the South Dundas budget shows that, compared to 2007, the township managed to bring in \$327,476 more in 2008. At the same time spending was down by \$216,068 of course those numbers start to look even better when you add another \$2,500,000 in property taxes that find their way to the township.

By the time this year's budget deliberations had

begun, the township had an \$853,219 surplus to declare.

A breakdown of some sources of revenue and expenses show that on the revenue side taxes col-

lecting \$631 for a total of \$1,143,151. Since the budget has been drawn up, there have been a few more surprises for councillors in the form of and their \$1.2 million from

extra \$70,660 from interest on their money.

A current budget issue is how to spend their \$853,219 surplus. The council has decided to spend around half of that surplus on local projects and save the other half in he bank for now.

Township staff are drawing up a list of projects for councillors to choose from as they spend roughly \$400,000 of the surplus in 2008.

The cost of operating the township in 2008 comes in at around \$8,330,986.

According to township staff, current revenues plus property tax will cover all costs nicely.

There are several projects planned for 2008 that the council wants to see completed.

They include a survey of all of the buildings that are in the township, the hiring of a fire coordinator, improvements to the Morrisburg dock, a waterfront strategy, a recreation/facilities operator, a study of how to develop the industrial park in Morrisburg, commissioning a study that will give the township a community strategic plan, improvements to the Iroquois campground and some walkway and parkland lighting.

"The only thing left to see about now is the road's budget."

South Dundas Mayor
Charles Barkley

lected from other levels of government were up by \$54,443 from \$130,444 to \$184,887. Fees and service charges that the township is able to charge brought in \$1,100,345, up from last years total of \$897,341. Grants were slightly down with the township col-

the provincial government destined for roads and bridges as well as \$1.1 million from the government for renovations at the Iroquois Plaza. The township made a few extra dollars from interest on money they had in the bank. They garners an

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MONTH**

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Latham — O'Brien



On Saturday, July 14th, 2007, Leigh Alison, Daughter of Gerald (Dap) and Sharyn O'Brien of Cardinal, Ontario, and Bruce Edward, Son of John and Audrey Latham of Belleville, Ontario, were united in marriage at the Perennial Gardens, Stewart Park, Perth, Ontario.

Brooke Chaudhari sister of the Bride was Matron of Honour. Junior Bridesmaids were Natasha and Adalyn McCormack nieces of the Groom. Priya Chaudhari niece of the Bride was Flowergirl. The Groom was attended by Jay Saunders as Bestman. Tim O'Brien, brother of the Bride and Lisa Goodfellow, sister of the Groom were Masters of Ceremony. Harold Hess read "Of the Places You'll Go" by Dr. Seuss. A lovely reception followed at Codes Mill, Perth, Ontario.

Leigh and Bruce travelled to Prince Edward Island on their honeymoon and now reside in Arnprior, Ontario.

Thank you to our family and friends for making our day truly memorable.

The Chieftain

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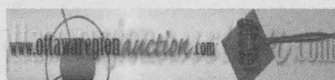
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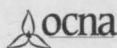


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Editorial Page



What a difference a few days can make. This photo was taken just last week along County Road 16 as all of that snow melted.

CHIEFTAIN PHOTO - J. MORIN



Imagine it

The meeting at the Iroquois Civic Centre on Monday night was a breath of fresh air as far as Iroquois merchants were concerned.

The purpose of the get together was to officially kill any and all rumours about what was or was not going to happen to the Iroquois Plaza this summer.

All of the merchants knew that thanks to Anne Marie Young, the township's economic officer, and to the council, that \$1.1 million was headed to Iroquois to pay for new sidewalks and a new canopy. What was bothering merchants at the plaza was that the news, while great, created a million questions in their mind.

The meeting at the civic centre answered most of them.

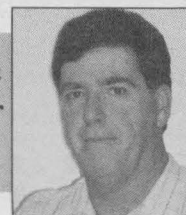
A key part of the meeting was when Tom Graham of TD Graham and Associates, the author of the branding report for the area, eased merchants into a mind set that has to exist if all of this money is to be well spent.

Visioning what their plaza could look like by the end of the summer will be a crucial component of the refurbishing project.

J.M.

A thought...

by Joseph Morin
Editor



From me to you

The latest world business news is as disheartening and confusing as ever.

One report states that Canada is doing just fine with a low rate of inflation compared to other countries, another points out that greed and careless lending regulations have landed many banks and financial institutions in trouble. Of course the solution is that someone will have to bail all of these poor financial monuments out while the little guy way down at the bottom of the food chain struggles to get by.

The leaders of the market place should be ashamed of themselves for putting all of us in such a precarious position.

Perhaps the solution will be that no one will ask for credit and money making opportunities of this kind will disappear. I wonder how these "experts" would like that. The fact is that if we all lived on just what we are given in the way of salaries our entire economy would collapse. The point being that we are all involved in global financial goings on whether we want to be or not.

The latest increase in gas prices as well as rumored higher electricity bills is another sore point. For the

last ten years we have been relentlessly telling people to recycle, turn off those lights and take the shortest shower possible. Of course not using all of those resources does make for saving energy and attaining conservation targets but it also cuts into the profits of the companies who provide the service.

I was wondering the other day if the installation of the smart meter at my house will mean that I will end up paying more for the electricity I use despite the fact that I am just about not using any. Of course hydro will insist that while I am at work the dog and cats are having a party, using the stove in an extravagant way and taking so much hot water out of my basement that the hot water heater looks at the end of the day as if it has been sucking lemons.

If I seem a bit exasperated with the financial news these days I have a reason. Every time I listen to the financial news or read an article about the financial bind the country and the world is in, I notice that consumers are never really talked about. We are all in the market that makes an exchange of money possible and a profit made. I do not think that

anyone resents that however, why should someone living in Dixon's Corners and paying their taxes, obeying all of the laws of the land have to suffer because some sneaky but clever financial expert in Brussels found a way to play God with the stock market in Europe causing billions of dollars in losses. Clearly we all can say that we share a bit in the prosperity of all of our suppliers and marketing success but when something goes wrong, somehow it appears to be all our fault. At the very least we are warned that we will have to pay some kind of price.

Every time someone has a bowl movement on the stock exchange not only do we have to hear all about it, but we have to supply the toilet paper.

It is incredibly easy to criticize the market place from page four in the Chieftain but enough is enough.

We are all invited to the party hosted by the miracle workers at market central and their efforts to keep us in food and drink is appreciated however lets not get carried away. We need the market place with all of its positive and negative aspects as much as the marketplace needs us to spend our money there.

Iroquois Legion Branch 370 Newsletter

By Dar

Thirteen cribbage players gathered in the lounge as this week winds up regular play for this season. Finishing in first place with 1058 was Patricia Casselman. Coming in second was Roger Coulter with a count of 1050. Ron Ferrin finished in third just two points behind Roger. Bob Esford proudly took the bridesmaid honors for the day, with his count of 1023. A total of ten skunks were found scattered around the Branch and picking up a pair of them was Bill Blanchard while Don Hutt unfortunately grabbed a trio of them. As mentioned previously, regular play of the league is finished for the season. Next Saturday will be something different as they play to lose followed by the awards presentation and a lovely turkey dinner with all the trimmings. Even though the cribbage league takes the summer off, cribbage players never give the game up as they can be found pretty well on a daily basis enjoying their game at the Branch. The league will resume play in September.

At euchre there were seven tables. Claiming the first prize was Everett Froats followed by Bert Dewit, taking the second prize and Louis Wright getting the third prize.

The Pot of Gold win-

ner was Ernie Bron, NOT signed in.

The Friday Lunch is slated to be stuffed steak, mashed potatoes with gravy and mixed veggies. Dessert is fruit pudding and ice cream.

This past Saturday evening someone (s) must have had some spare time on their hands and a brain that was DEAD for they managed to have smashed one of our flood lights directed on our mural. Such a senseless act. These are not cheap! To bad they couldn't get caught in vandalism. No respect for sure for anyone, especially for our Legion and what it stands for.

This coming Saturday is our Chinese Food Dinner and Dance. The tickets have been available at our bar (I'm not sure what's left as I write this). As well as tickets for the occasion, tickets are available for a fundraiser draw which also takes place on Saturday night.

Just a reminder to all our comrades, elections will be taking place at our Legion at our May General Meeting. Why not take more of an interest in our Legion and let your name stand for any one of the various positions that will be available. Just think about it.

Until next week, take care.

Canada Post issues Guide Dog stamp

Canada Post will issue its first ever Canadian Braille stamp featuring Guide Dogs.

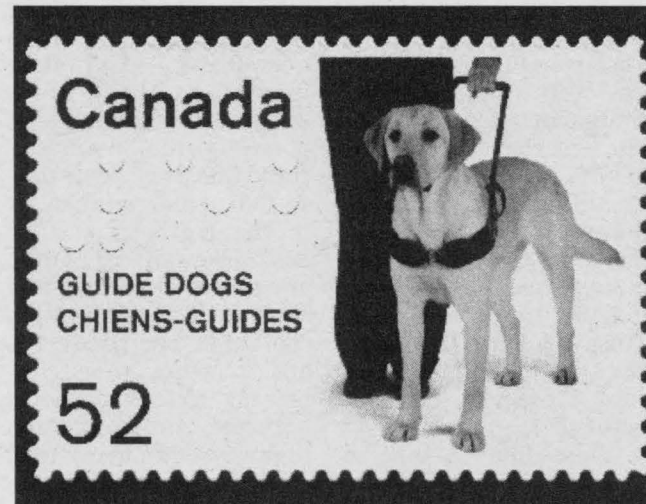
The domestic-rate stamp will have the denomination in both print and in Braille.

The stamp is being issued to coincide with the 100th anniversary of the Montreal Association for the Blind which is also being recognized with a Commemorative Envelope.

"Canada Post is committed to providing Canadians with innovative and interesting products," says Bob Waite, Chairman of the Canadian Stamp Advisory Committee and Senior vice-president, Corporate Social Responsibility, Canada Post. "We provide vital communication links to all Canadian households and to offer a Braille stamp reinforces our commitment to meet the needs of all Canadians."

With thousands of soldiers returning from World War I blinded by poison gas, a German doctor named Gerhard Stalling explored the notion of training dogs to guide the wounded men. His research in training methods led to the opening of his first guide dog school in Germany in 1916.

The school prospered and some 600 dogs were trained each year. Word



Commerative stamp celbrates the guide dog

spread and soon trained dogs were assisting people with vision loss in Britain, France, Spain, Italy, the USA, Canada and Soviet Union.

The most common breeds of guide dogs are Labrador Retrievers and Golden Retrievers; chosen for their intelligence, size, and temperament. A calm disposition, a high level of initiation, and a strong desire to please are all characteristics expected of guide dogs.

Six to eight week old puppies head off to foster families for their training. The foster families expose the puppies to as many environments as possible while testing their response to distractions. The puppies will then spend four weeks with their future partner, and

then undergo final testing before receiving their certification. Guide Dogs often retire at age ten.

Designers Stephen Boake and Andrew Perro of Toronto's Designwerke sought to keep the stamp's design simple and give prominence to the dog in order to reinforce the intimate connection to the human partner. The yellow Labrador Retriever on the stamp is a Canine Vision Dog Guide from Lions Foundation of Canada Dog Guides. The addition of Braille created various printing challenges, as did the increase in font size of the denomination, another incorporated element to assist vision-impaired individuals. Additionally, the text on the stamp booklet and Official First Day cover

were printed in a larger than usual typeface in respect for the needs of individuals with varying degrees of vision impairment.

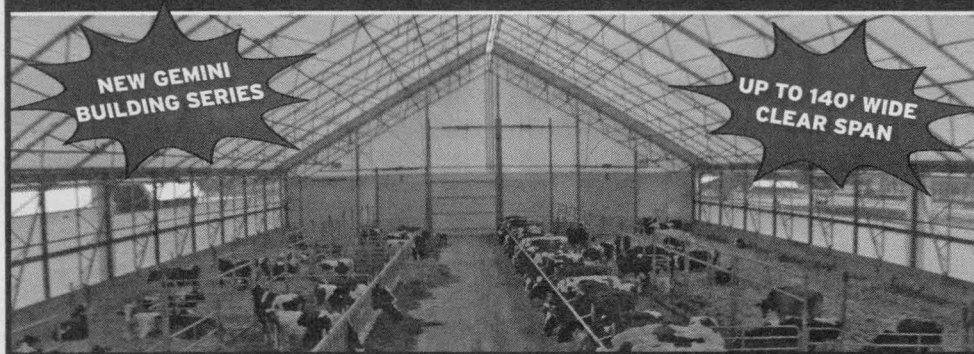
The 52-cent stamp, available as of April 21, measures 38 mm x 27 mm (horizontal) with simulated perforations. Lowe-Martin printed 3.5 million stamps, to be sold in booklets of ten.

The self-adhesive stamp will be printed using lithography in four colours on Tullis Russel paper, with Braille embossing by Montreal's Choquet Engraving Inc. They are general tagged on all sides.

The Official First Day Cover will bear the cancel OTTAWA ON.

Additional information about Canadian stamps can be found in the Newsroom section of Canada Post's website, and photos of this new stamp is in the Newsroom's Photo Centre. Stamps and Official First Day Covers will be available at participating post offices, or can be ordered online by following the links at Canada Post's website www.canadapost.ca or by mail order from the National Philatelic Centre. From Canada and the USA, call toll-free: 1 800 565-4362, and from other countries, call: 902 863-6550.

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Ladies Clothes:

Jeans; capris; camisoles; athletic tops; pants; jackets; gloves; slippers

Mens Clothes:

dress pants; shirts; boxers; shoes; gloves; shirts; jeans; slippers

Children's Clothes:

jeans; shoes; pj's; dresses

Plus many more items to numerous to mention

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208851

From winter straight into summer in the Seaway

BY STEPHEN BALENA
IROQUOIS CHIEFTAIN

We seemed to have skipped a season as the weather continues to produce summer-like temperatures over 10 degrees above the normal highs of 13C for this time of year. Not only has the more than 250 cm of snow melted from this winter, but water levels are receding across the area.

The turn around from a month ago at this time is nothing short of amazing. We had mountains of snow, below normal temperatures, and the prognosis did not look good for April. High pressure off the Eastern Seaboard has been responsible, pumping the warm air northward on southwest winds

from the US Midwest and south central states. It has actually been warmer in Eastern Ontario than it has been in many of the southern states. This was not expected at the start of the month. I believe we will still drop closer to normal values next week, but our threat for any more measurable snow this year may have passed. This will leave us as the 2nd snowiest winter on record, preserving the winter of 1971.

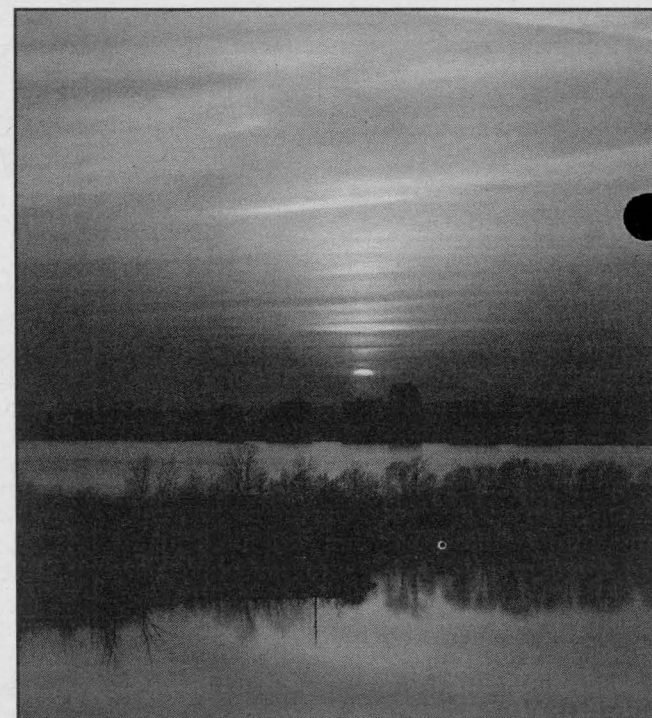
The same cannot be said for western Canada. A big winter storm over Montana moved north of the border and across central Saskatchewan over the weekend. Anybody west of the storm track in Alberta and BC was plunged back into mid-winter weather,

just one week after they too experienced summer heat. The storm produced a swath of heavy snow from Medicine Hat in the south to Edmonton and points north. The most I could find as of press time was 51cm in Uranium City in the northern part of Saskatchewan. Edmonton and Calgary each received close to 30cm with biting cold below -10C, wind chills and blowing snow. Numerous serious accidents occurred on Edmonton highways with many road closures. A slow warm up will take place on the prairies and in the Rockies, but it will remain below normal right through the week. The news is not all bad the moisture was very much needed in the region.

April 22 was Earth Day across the world. The Chieftain and The Advance staff has always been eager to do our part to help the environment. We recycle all our paper, plastic and glass. We have done this for years, limiting our garbage to less than a bag a week for on office of over 15 employees. In addition to that we often keep lights turned off in unused offices and storage areas during the day as well as setting our thermostat at 22 or 23C during the warm months and down around 18C during the winter months. We can all do our part whether big or small to help out. When you recycle cans or turn of lights not only does this help the Environment, but it will put a few

cents back in your pocket as well.

To see what you can do to help, visit
www.earthday.ca.



With the warm weather came the first smog warning of the season for eastern Ontario and western Quebec. While not being the best for breathing, the dust in the atmosphere does allow for beautiful sunsets like this one above on Friday night over the St. Lawrence Seaway in Montreal.

Hang this handy calendar on your refrigerator every week!

MAY 2008						
4	5	6	7	1	2	3
11	12	13	14	8	9	10
18	19	20	21	15	16	17
25	26	27	28	22	23	24
				29	30	31

Community Calendar

IROQUOIS AND DISTRICT

A public service provided by the businesses listed here in co-operation with your Iroquois Chieftain

APRIL - 2008						
6	7	1	2	3	4	5
13	14	8	9	10	11	12
20	21	15	16	17	18	19
27	28	22	23	24	25	26
		29	30			

Ottawa Region Media GROUP

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April 25 - Theatre Group. Cardinal Lions' Club Children's Theatre groups presents Barbeque for Ben - a lively story of the Prodigal Son. Starting at 7:00 pm at Benson Public School. Free will offering.

April 25 & 26 - Rummage Sale. Knox Presbyterian Church is hosting a rummage sale at the Iroquois Civic Centre. April 25 from 1-5 pm and April 26 from 9:00 am to 12:00 pm. Bargains galore!

April 26 - Child I.D. Clinic. Iroquois and Cardinal Masons are hosting a MasoniCh.I.P. clinic from 10:00 am to 4:00 pm at the Iroquois Fire Hall. Parents bring your children.

April 27 - A Gospel Gathering. Iroquois United Church invites you to a "Gospel Gathering" music with Tom Wilson and Border Bluegrass. Admission is \$7.00 children 12 & under free. The show starts at 7:30 pm. There will be refreshments after the concert.

April 27 - Theatre Group. Cardinal Lions' Club Children's Theatre groups presents Barbeque for Ben - a lively story of the Prodigal Son. Starting at 2:30 pm at Benson Public School. Free will offering.

April 28-30 - Bag Sale. The House of Lazarus is having a \$5.00 white tag bag sale. Call 613-989-3830 for more information.

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South Dundas releases municipal pay stub

South Dundas Township has released a breakdown of all remuneration and expenses paid out to members of the council.

All councillor receive an honorarium as well as specific amounts money for meetings and conferences that they have to take part in on a regular basis. The councillors and mayor also receive mileage.

In 2007 the total bill was \$110,817.52.

The breakdown is as follows: Mayor Charles Barkley received a total of \$22,307.10. That amount comes from his honorarium of \$15,000 plus \$6,165 for meetings, \$659.70 for conferences and trade shows and \$482.40 for mileage.

Councillor Stephen Byvels had a total of \$19,307.92 made up of \$115.92 for mileage, \$4514 for conferences and trade shows, \$7,500 for his honorarium and \$7,725 for meetings.

Deputy Mayor Robert Gillard's total was \$24,837.18. Meetings accounted for \$7,733, the honorarium for \$11,750.

mileage was \$2,034.06 and conferences and trade shows were \$3,319.

Councillor James Graham's total expenses came to \$23,455.96. Meetings were \$10,073.96, the honorarium was \$7,500, mileage was \$1,133.58 and conferences and trade shows were \$4,748.42.

Councillor Delbert Jones's total was \$20,362.36. Meetings came to \$7,885, his honorarium was \$7,500, mileage was \$822.36 and conferences and trade shows came to \$4,155.

South Dundas CAO, Stephen McDonald said that the council costs were money well spent. He said that there are at least meetings alone that councillors have to attend as well as committee meetings.

Throughout the year all councillors volunteer to join different committees as the council representative. Also involved with each commitment, is hours of reading up on all issues related to that particular committee.

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\$10.34 a week or for 6 months @ \$235 or buy a year for only \$415!

Hang this handy calendar on your refrigerator every week!

Lynn Miles to play the St. Lawrence Stage

ANDREA CARTIER

THE CHIEFTAIN

The St. Lawrence Acoustic Stage is pleased to announce that Juno award winning singer/songwriter Lynn Miles will be in concert in Morrisburg on Saturday, May 3. Lynn Miles will be well known to those familiar with the Ottawa music scene, as she started her career in the Ottawa area a number of years ago, and worked for a period as a teacher at the Ottawa Folklore Centre. (One of her students was a 14 year old Alanis Morissette.)

Coming from a musical family, Miles has been writing her own songs since the age of 10, but only recorded her first album of original songs a little over 20 years ago.

Her 1996 album, *Slightly Haunted*, was a Billboard Top 10 Pick of the Year. *Unravel*, which was released in 2001, was highly praised by critics. The New York Times said: "Lynn Miles makes being forlorn sound like a state of grace."

Her most recent album is entitled *Love Sweet Love*. Miles has won a number of prestigious awards including a 2003 Juno Award for her CD *Unravel* (Best Roots and Traditional Album) and the 2005 Canadian Folk Award for her album *Love Sweet Love*, as well as being named Best English Songwriter and Best Contemporary Singer.

Tickets for the show to be held at the Operating Engineers Training Institute on May 3 at 7 pm are available at Strings & Things in the Iroquois Plaza, as well as at Pier 31 in Morrisburg and the Ottawa Folklore Centre at 111 Bank Street. Tickets are \$20 and can also be booked on line at booking@st-lawrencestage.com.

Organizers are urging people to buy their tickets early as Lynn Miles has a great number of fans who are eager to hear her in the intimate setting provided by the St. Lawrence Stage. This will definitely be a musical happening you don't want to miss.

LYNN MILES SHOW
Best English Songwriter and Best Contemporary Singer

2003 JUNO
for her CD: *Unravel*
Best Roots and Traditional Album

2005 CANADIAN FOLK AWARD
for *Love Sweet Love*

Love sweet Love

SATURDAY, MAY 3, 2008
7 P.M. - TICKETS \$20.00

Location: Operating Engineer Training Institute, 12580 County Road #2, Morrisburg, Ontario

www.st-lawrencestage.com

St. Lawrence
Acoustic Stage Performances Inc.

Lynn Miles comes to South Dundas on Saturday, May 3.

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Kristoffer Howes,
Cornwall Shopping Centre

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Fire destroys two residences and damages another

At approximately 10:15 am on the 16th of April, members of the Grenville County OPP and members of the Edwardsburg and Prescott Fire Departments were dispatched to a structure fire on North Channel

Road in Edwardsburg Township. The fire had started in a residence, spreading to two adjacent residences. The blaze completely destroyed two residences and damaged a third.

There were no occupants in the residences at the time of the fire. A joint investigation with the Ontario Provincial Police and the Ontario Fire Marshalls Office is continuing.

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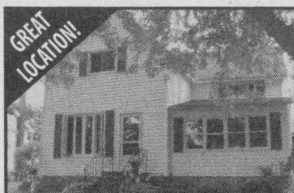
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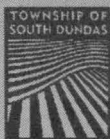
10668 Sandy Row Rd.

South Mountain

613-989-2588



210007



Township of South Dundas

4296 County Road 31, P.O. Box 160, Williamsburg, Ontario K0C 2H0
Tel: 613-535-2673 Fax: 613-535-2099 email: mail@southdundas.com

South Dundas Economic Matters

Iroquois meeting is first step

Iroquois merchants had a first look at what they can expect as they look forward to a new look at the Iroquois Plaza.

A meeting held at the Iroquois Civic Centre on Monday evening highlighted where the plaza project was at the moment and what merchants could expect.

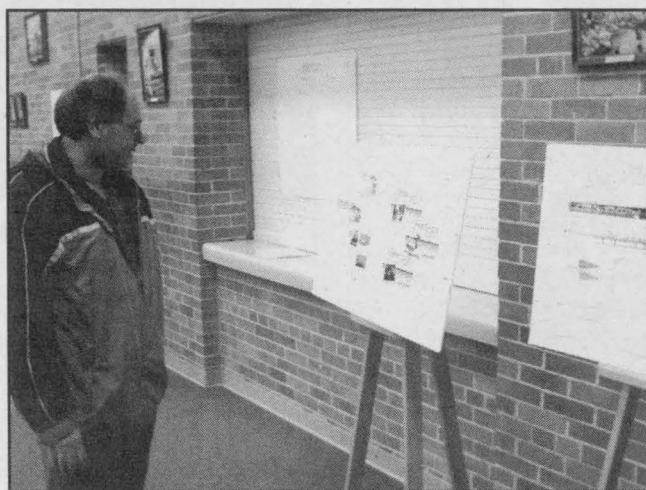
South Dundas CAO Steve McDonald opened up the meeting with a brief explanation of what was in store for merchants.

The first step, he said, will be to get all of the individual merchants to hand over their ownership of the sidewalk area in front of their stores.

In order to satisfy the \$1.1 million grant conditions the sidewalk has to be owned by the township. Currently the sidewalk has been the responsibility of the merchants as well as the canopy.

Merchants at the plaza can expect to see survey crews looking over the plaza as the township measures and defines what will be their property.

The cost of transferring the sidewalks to the township will be \$500 for each transaction.



Doug Gilmer takes a look at some of the visual concept drawings that were on hand at the meeting in the Iroquois Civic Centre.

After Mr. McDonald finished explaining that first important step, Tom Graham of T.D. Graham and Associates gave a presentation. The main theme of Mr. Graham's presentation was that merchants in Iroquois were about to enjoy a once in a life time opportunity to fix up their place of business. He urged them not to waste any time and to begin the process of visioning what kind of plaza they would like to see in the future.

Jon Sookocheff, from the Community Futures Development Corporation

was on hand to advise merchants about low cost business loans that are available. The idea will be to transform the plaza as it receives new sidewalks and a new canopy.

The general consensus is that if all of the planning happens according to plan the plaza renovation construction should be finished by this June.

The next step in the process is for the township and merchants to get together to brainstorm ideas about what kind of canopy will be needed and what changes they can make to take advantage of the renovations.

Iroquois campground under new management this summer

The Iroquois Campground will be operated by the township this summer along with some help from summer students.

At the last South Dundas Council meeting on Tuesday, April 15, staff told council that they had requested from the private sector any proposals for operating and looking after the popular campground.

The township's Chief Administration Officer, Stephen McDonald said, "We have only received one RFP (Request for Proposal)." The final decision that was made was, "We will operate the campground with our own resources plus summer students," the CAO explained.

There was little comment from the councilors regarding the Iroquois Campground issue. A council decision made during the winter months was that managing the campground was the

only way to insure that there was enough revenue to make any needed improvements to the site. The campground fees were increased, although concerns voiced by the campground users tempered the increase.

The campground needs improvements to its washroom facilities as well as regular summer maintenance to the grounds.

Bill Ewing is the Chair of the Iroquois Recreation Committee.

His feelings are that the campsite should be the responsibility of the township. He can remember when before amalgamation the Village of Iroquois took responsibility for the site.

"I have no problem with township looking after campground," said Mr. Ewing.

The committee chair said that there is a chance that when the township hires someone for their new position of recreation co-ordinator, that person

will most likely be given the campground as one of their responsibilities.

After that step has been taken the coordinate will have to hire summer students to help with the maintenance of the campground.

Despite the increase in camping fees, the regular campers at the campground have come back for another season. "A lot of campsites have already been booked," said Mr. Ewing.

Blood Donor Clinic

There will be a blood donor clinic at the Seaway District High School on Thursday, May 8, from 2 pm to 7:30 pm.

The clinic is sponsored by the CWL of Morrisburg and Iroquois.

MP Jim Brownell Riding report

Stormont-Dundas-South Glengarry

Stormont, Dundas and South Glengarry has many unique characteristics that make it an attractive place to live and do business. It is situated near major centres like Ottawa, Montreal and Toronto, has a relaxed quality of life, numerous tourist attractions, and a bilingual populace.

It has several other qualities that make it an ideal location for new and developing industries, particularly in the emerging "green" technology and renewable energy fields. Our workforce is familiar with traditional manufacturing processes and machinery, and can eas-

ily be trained to use new equipment. Institutions, like St. Lawrence College and the St. Lawrence River Institute of Environmental Sciences, are pursuing important environmental research and initiatives. There is also the mighty St. Lawrence River, itself.

The St. Lawrence has a long history as an important thoroughfare for transportation and discovery, and it is about to assume a prominent place in the history of clean energy development. On Friday, April 11, 2008, along with the Honourable John Wilkinson, Minister of Research and Innovation, I was proud to announce that Verdant Power Canada, with \$2.2 mil-

lion in funding from the Government of Ontario, will be anchoring three underwater turbines on the river bed near the former Domtar site in Cornwall. Once tested, these turbines will provide clean, renewable energy for the community in what will be a first for the region, and the world. This benefits our riding directly in terms of the energy produced and the engineering jobs that come with the implementation of this technology. It will have a much broader impact, as Cornwall and the United Counties become known as a place where renewable energy technology is being developed and implemented.

Industries, like these, tend to establish facilities

in the same location, so as to have access to the same institutions, labour pool and other resources required in their field.

I believe that Stormont, Dundas and South Glengarry can be a hub for these industries, and I have been actively profiling the riding in that light to my colleagues at Queen's Park and to business leaders I meet across the province. Our region has already featured prominently in Trenchless Technology Magazine, thanks to the facility that Liquiforce will establish in Cornwall. I will continue to advocate for our region as the first and best place for new, green and renewable energy industries to take root.

Recently, too, we also saw the first step in the latest stage of our local "healthcare renaissance", with the announcement that the Cornwall Community Hospital main redevelopment project was going to tender. The Government of Ontario will pick up 90% of the redevelopment costs. This was the very first project I brought forward upon my election as MPP in 2003, and I was pleased to have the Minister of Health, the Honourable George Smitherman, join me in making this announcement directly to the people of Cornwall and area, on air, during the Corus Caring Hearts Radiothon. While the Minister joked that I gave him no choice

on the matter, he has been a good friend and constant supporter of our local healthcare redevelopment. He has seen the determination, spirit, and generosity, in our people, and has been inspired by it. I believe the future is bright for Stormont, Dundas, and South Glengarry for many reasons, but none more so than the determination and strong community spirit of our people. If you have any suggestions or comments for me as I continue to pursue new, emerging technology business opportunities, healthcare development and other opportunities for our riding, please feel free to contact my office at (613) 933-6513. My door is always open.

Ask a Master Gardener

Q Which plants do I need to have in my garden to attract butterflies?
Annie S.

A Butterflies lay eggs on plants on which the larvae will feed. These 'host' plants are crucial to the growth of the larvae. These include trees such as Balsam Fir, Sugar Maple, White Ash, Butternut, Black Spruce, White Pine, Trembling Aspen and Pussy Willow. You will find butterfly larvae on Saskatoon Juneberry, Gray Dogwood and Wild Plum shrubs. Amongst perennials hospitable to these larvae are Common milkweed, Butterfly bush, Smooth aster (blue), New England aster (purple), Lupine (blue) and the Early Blue violet. There are even grasses, groundcovers, annuals (Dill) and many wildflowers where you will find butterfly larvae.

If you visit, go to the encyclopaedia and search for 'attracting butterflies' you can view a list of more than one hundred native plants preferred by butterfly larvae.

The good news is that you most likely have many of these plants in your garden now or nearby.

To have butterflies one must protect these larvae. To do that you need to be able to identify every 'caterpillar' to know which Butterfly it will become. Will it become a Swallowtail? a White Admiral? a Monarch? or a Mourning Cloak? The Canadian Wildlife Federation has produced a poster which features the most common butterflies AND their caterpillars. The email address is



Q Whenever I've installed a hummingbird feeder in my garden I've been more successful at attracting ants than hummingbirds. How do I attract hummingbirds naturally? **Marilyn C.**

A Three factors work against us seeing these nectar-loving birds - their small size, the location of our flower beds and lack of a hidden vantage point. For years I would very occasionally see a hummingbird in the lilacs but only when I was sitting quietly nearby and had spent some time waiting for one to come, drink. Then, once I put deep red Canna Lilies in the foundation bed below my front verandah railing I started seeing hummingbirds regularly from my kitchen window which looks onto the verandah.

My colleagues tell me that hummingbirds prefer bright red flowers. I know that, besides Canna Lilies, they drink the nectar

of Milkweed (*Asclepias* sp), Columbine (*Aquilegia* sp), and Beardtongue (*Penstemon* sp). The current Vesey's catalogue for Spring 2008 has a special section on plants in hummingbird heaven. Go to and select hummingbird or butterflies to see the selection.

If your interest extends to attracting other birds plus bees and butterflies, the Canadian Wildlife Federation has another poster entitled 'Wild About Flowers' which showcases several wildflowers and the wildlife attracted to them.

Written by Barbara Summers, Master Gardener
mg.questions@ripnet.com

Moderator to come to the Seaway Valley Presbytery May 12

The Moderator of the United Church of Canada, the Rt. Rev. Dr. David Giuliano is coming to Seaway Valley Presbytery on May 12.

He will be at Winchester United Church from 12:30 until 3:30 p.m.

You and any members of your congregations are invited to attend.

Lunch is 12:30 - 1:30 p.m. People planning to attend lunch MUST register by 5 p.m. on May 9th. Winchester folks need to know how many people will be attending. A fee will be charged and

the moneys will be going to the M & S Fund 1:30 - 3:30 p.m. we will be telling the Moderator about the exciting V & T things we are doing in Presbytery, telling him about our best practices (let me know if you have one that you wish to present), having a short question and answer session with the Moderator (written questions in advance please, since there are tight time lines), singing hymns and having fun.

After Dr. Giuliano leaves Winchester, he will be going to a joint Seaway

Presbytery/Ottawa Presbytery YAYA (young adults and youth) event in Ottawa.

You may want to display the attached YAYA poster (Provided by the Rev. Trish Elliott, our Christian Development Minister) in your Church and tell your young people about the YAYA event with Dr. Giuliano.

A YAYA person is anyone 30 years old and younger - even if I divided my age by two I couldn't get in, darn it!!

It sure looks like fun!!

Women's Institute

The John W. McIntosh Support Centre in Williamsburg was the meeting place for the Women's Institute as they gathered for their annual meeting on April 8th.

Following a potluck supper, members heard reports of the 2007 - 08 season. The current

executive agreed to serve in their various positions for another year. Various funds raised during the year enabled the women to donate one hundred dollars each to CHEO and to Harmony - music education for youth.

Members will attend the District Annual on May

22nd during which more will be learned regarding the amalgamation of the Dundas and Stormont Districts.

You are invited to join the Institute for the new season. Learning and serving can be fun!

Over 1 million Canadians have diabetes. Half don't know it.

Diabetes is a serious disease. Left untreated, very serious. For more information about diabetes, contact the Canadian Diabetes Association. So much can be done.



Seaway Community Church Directory

Harmony Community Church
Missionary Church of Canada
Celebration Service - 10:30 am
Evening Service - 7:30 pm
Bible Study - Wed. 7:30 pm
Hwy. 31 & Ormond Rd,
Winchester 774-5170

United Church of Canada
Matilda Pastoral Charge
Brinston and Hulbert Valley Worship -
Regular Sundays Contact office
for worship times - 652-4997.
Clergy: Yvonne Willis

Roman Catholic Churches
St Mary's, Morrisburg
Saturday - 7:30 pm
Sunday - 11:00 am
St. Cecilia's Iroquois
Sunday - 9:00 am
Rev. Father R.J. Chisholm
Phone 543-2544

Community Christian Reformed Church
Sunday Worship
10:00 am
Evening Service - 6:30 pm
Dixon's Corners, Ontario
Pastor: Rev Clarence Witten Phone 652-2400



The Presbyterian Church in Canada
St Andrew's, St James,
Cardinal, - 9:30
Knox Church Iroquois - 11 am
Sunday School - 9:45 am
Rev. Geoffrey Howard
652-6215



United Church of Canada
Cardinal-Johnstown
Johnstown United - 9:30 am
St. Johns Cardinal - 11:00 pm
Rev. Melany Cassidy-Wise
657-4702

Community Family Church
Iroquois Civic Centre
Every Sunday 10 am
Pastor A.R. Leavit
Anglican Church of Canada
Parish of Morrisburg/Iroquois/
Riverside Heights
8:00 - 9:15 St. James
11:00 am - St John the Baptist
11:00 am - Holy Trinity
1st & 3rd Sunday of the month
The Reverend Craig Bowers, Rector
543-3904



Lutheran Churches
St Peter's - Williamsburg
Sunday Worship Service 11:15
St. Paul's - Morrisburg
Sunday Worship Service 9:30
Everyone Welcome
The Rev Norine Gullons
Tel: 535-2569



Anglican Parish of All Saints
St. Paul's Church - Cardinal
9 am Services
Rector: Rev Canon Claude Delorm
925-0987

United Church of Canada
Iroquois Pastoral Charge Every Sunday - 10:30 am
Sunday School - 10:30
Rev. Janet Evans
652-2056

Philadelphia Pentecostal Church
Cardinal, Ontario
Invites you to come and worship with us!
Sunday School - 10:00 am
Morning Worship - 11:00 am
Evangelistic Service - 7:00 pm
Rev. David Gogolin



Morrisburg Pentecostal Church
Sunday 10:30 am -
Family Worship &
children's bible hour
Worship the word - 6 pm praise
Gathering Youth Aflame
- Fri 6 pm
Pastor: Duncan Perry
Church 543-2681

Immanuel Fellowship Rowena
Full Gospel Tabernacle
Iroquois, On
Sunday School - 10:00 am
Morning Worship - 11:00 am
Evening Service - 7:00 pm
Bible Study - Tuesday nights
Watch TBN Channel 20
Pastor Marcel Charette 535-2029

Living Word Ministries
A Bible Believing
Christian Church
Worship: Sunday - 10:00 am
Morrisburg Meeting Centre
Pastor: Larry Cromie 340-6252

Call The Chieftain at 613-652-4395
to be listed in this directory.

He said to them, 'go into the whole world and proclaim the gospel to every creature.' - Mark 16:15

Winchester Hospital Heelers on the move

ANDREA CARTIER

THE CHIEFTAIN

With this year's Weekend to End Breast Cancer only a month and a half away, the Winchester Hospital Heelers are gearing up for their 60 kilometre walk.

On Sunday, April 20 a group of these dedicated women gathered at the home of Roseanne Casselman of Iroquois to partake in a 16 kilometre training session. Leaving Iroquois at 8 am, the women, accompanied by the yellow lab Simon, set out to walk along Lakeshore Drive to the Morrisburg docks and back again.

Last year the Heelers 15 member team raised \$53,667; \$40,000 of which was dedicated to cancer services at the Winchester District Memorial Hospital.

The sum raised by the Heelers was only topped by two other teams, making them third in total donations of the 1100 participants in the walk. The women worked hard to raise money and awareness, holding a number of fundraising events in the community prior to the walk, and helping to disseminate information



A group of the Winchester Hospital Heelers were preparing for the Weekend to End Breast Cancer by walking 16 kilometres last Sunday morning. They took time to pose for a picture before setting off from Iroquois along Lakeshore Drive to Morrisburg, and back again!!! In the front row from left to right are Christina Enright, Gwen Coleman, Jan Cross, Lorna Driscoll, Kelly Byers and Simon. In the back row from left to right are Louise de Ruiter, Trish Boje, Libby Pelkey, Kim Wheeler, Roseanne Casselman, Dianne Lapier and Sue Keeler.

about breast cancer.

This year's 17 member team, which has many returning walkers as well as a few new ones, hopes

to raise at least \$36,230. To this end, a number of fundraising events are planned in the days leading up to the Weekend

to End Breast Cancer. On Saturday, April 26 a dance will be held at the Winchester Lions Hall. This event will be combi-

ned with a live and silent auction. On Saturday, May 3 the Heelers will participate in Williamsburg's Giant Yard Sale. They

CHIEFTAIN PHOTO - A. CARTIER

will be set up at the IOOF Hall so make it a point to drop by and contribute to the cause. The Heelers will also be participating in the Winchelsea Farm Artisan Show/Wine & Cheese event scheduled to take place on Friday, May 30.

The Weekend to End Breast Cancer will take place on Saturday, June 7 and Sunday, June 8.

All the participants in the walk have personal reasons for participating in the event, and their profiles can be accessed through The Weekend to End Breast Cancer's website found at www.endcancer.ca. Individuals as well as the team can be sponsored through this website.

This is the third annual Weekend to End Breast Cancer walk in Ottawa which will kick off with an emotional Opening Ceremony on the morning of Saturday, June 7, and will finish with a hopeful afternoon at Closing Ceremonies on Sunday, June 8. Walkers will cover approximately 30 km each day, moving at their own pace and being supported by hundreds of crew and volunteer teams.

Over the past two years in Ottawa more than \$5 million has been raised.

Winchester Hospital Auxiliary

BY MARJ PHILLIPS

The Winchester Hospital Auxiliary held its monthly meeting at the Dillabough Centre on April 10th, there were 17 members and CEO, Trudy Reid present. Chair Dawn Ouellette began with the Auxiliary prayer and a little poem. The minutes were read, corrected and accepted.

Reid announced that the construction was proceeding on schedule and on budget.

In responding to questions she addressed the role of the hospital in today's world. The new hospital will be better equipped to handle the changing needs in part brought about by advancing technology. The Gala to be held on June 14th at the Arena in Winchester will kick-start a year of celebration of the 60th anniversary of the hospital.

Highlighting the

Committee Reports are the following items: As an outcome of a previous meeting the *Purchasing Committee* under the direction of Edith Baker has decided not to make any decisions regarding new equipment until Phase I has been completed. Dorothy Houze presented *The In Memoriam* report for March (18 hours), Karen Graham gave the *Treasurer's* report and Roy Campbell's report of the HELPP lottery was read.

The *Gift Shop* report and news that an air conditioning unit had been installed was given. Gertrude Oschmann reported that 350 volunteer hours had been logged and \$27.25 had been collected for Oma. Summers/Cass Bridge representative Kim Link and Dorothy Houze, Morrisburg Unit both brought in knitted items for the Gift Shop.

Dorothy Houze, *Special Events Chair*, reported

that the *Dessert and Card Party* on April 14th at the McIntosh Centre in Williamsburg was all organized.

The cost will be \$5.00 to play Bridge or Euchre, dessert will be served at 1:10, games starting at 1:30 until 3:30. Dessert packages will be sold for \$4.00 at the end.

There will be nine members attending the annual *Spring Regional Conference*, at Alexandria on April 16th.

On April 24th there will be a *Hospital Appreciation Night* to be held at the Chesterville Centre at 7:00 pm. On April 30th, the *Volunteer Luncheon* for Auxiliary members will be at the Lion's Hall in Winchester at 12:00 noon.

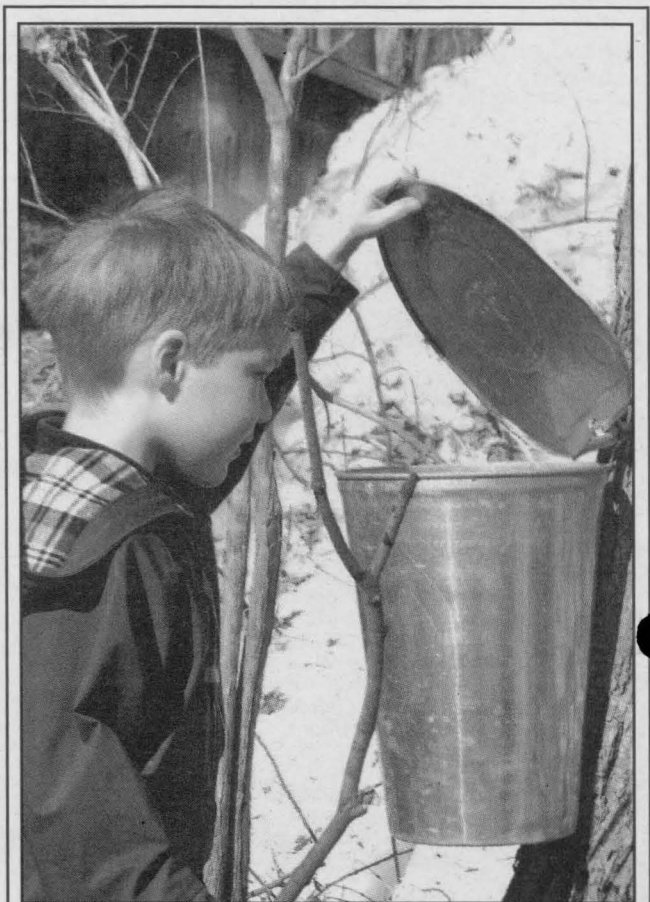
Joan Farlinger, representing the HAAO mentioned that the organization will be celebrating its 100th Anniversary in 2010. In its preparatory state, a book detailing special events and innovated

ideas that were launched over the century is underway.

It is felt that Winchester Auxiliary has been forefront in a lot of ways. The search is on for reminders and details of any of these events.

If you can help in contributing with any ideas or suggestions please call Marj Phillips at 613-822-2367 or Dorothy Houze at 613-543-2048, we will be delighted to hear from you. Sometimes chatting about how things were jogs one's memories of long ago happenings. Many of these happenings were unique and helped make our auxiliary so special.

The next regular meeting will be held at the Dillabough Centre on May 8th at 1:00, to be followed by the Annual General Meeting at 1:30. All are welcome.



The youngest students of Timothy Christian School recently went on a field trip to the Upper Canada Sugarbush. David Tibben is checking out the sap collected in one of the pails.

Animal-lover releases album in support of shelters

DANIEL REID

SPECIAL TO THE CHIEFTAIN

Animals are the cat's meow for Rae Palmer.

That's why the country music star is so proud her new album will be going to the dogs. And the cats. And other animals in need.

Ode to the Animal Shelters, Palmer's first release since her retirement from the business in 1995, is all about animals and is almost all for animals with 40 per cent of CD sales going to charities like the Ottawa Humane Society and the Canadian Federation of Humane Societies.

"People write stories about their love, their everyday life, their quirks," said Palmer. "Can't we write songs about animals? We love them, we lose them, we hurt when they hurt, we laugh when they're clumsy."

"This album's for animal lovers and there's a lot of us out there."

Palmer has two dogs - Weimaraners named Jessie and Daisy, rescued by a breeder's association - and knows the important role that animals play in people's lives. Some friends have relied on their constant compan-

ionship during times of turmoil, she said.

"What would we do without our little Jessies and Daisys?" said Palmer. "(Some people) come home to a dog. If something ever happened to that dog, I don't know what they would do."

Though it's her main mission to entertain and raise money for animal shelters in the process, Palmer said the benefit album contains a few important lessons for would-be pet owners.

In the song Puppies for Free, Palmer playfully sings about the pressures of puppy ownership.

"They are (often) free but it's misleading because as soon as you take that little bundle of joy home, the bills start piling up," she said. "If people listen to this song before they buy (a dog) maybe they'll think about it."

"When I first had my pup, I had no clue."

Palmer also has a song about guide dogs and their lifelong commitment to the visually impaired.

"They wouldn't be able to go anywhere unless they had that dog as a companion," she said.

The song has special significance for Palmer, who said her vision was

once so poor she worried she would someday need a four-legged helper.

"I knew that there might come a day when I might need a guide dog," she said. "I always felt close to those dogs."

Ode to the Animal Shelters is available at www.odetoanimalshelters.com for \$17.10.

Palmer was nominated for rising star in the Canadian Country Music Awards in 1986 and went on to release several hit songs. She toured all over eastern Ontario and western Quebec before trading in the stage for a desk with the federal government.

It wasn't until a few years ago that Palmer's sister, Paulette Poliquin, roused her from retirement with the concept of an animal album.

Palmer said she was thrilled to get her paws on the project.

"I couldn't believe my luck when (my sister) told me (the idea)," she said. "I thought 'Oh my God, what a good idea.'"

Poliquin, like her sister Palmer, loves animals. Living in Florida, she sees a lot of stray animals.

Though she may try, Palmer said she can't bring them all into her house.



Rae Palmer hugs Daisy, her pet Weimaraner rescued by a breeder's association. Palmer's new album, *Ode to the Animal Shelters*, is all about animals and is almost all for animals with 40 per cent of CD sales going to charities like the Ottawa Humane Society and the Canadian Federation of Humane Societies.

CHIEFTAIN PHOTO - D. REID

"She's always wanting to do something for them," said Palmer. "She's rescued so many."

When it comes to helping animals in Ottawa, Palmer said the album is just one way she'd like to

help.

"I'd love to do anything that I possibly can," she said.

MasoniCHIP Clinic to be offered in Iroquois

BY ANDREA CARTIER

THE CHIEFTAIN

Although the chances are relatively low, there is always the small possibility that a child may end up missing.

In actuality, nearly 55 missing children are reported to police in Ontario every day. To help ensure that if a child goes missing, he or she will be found as quickly as possible, the Iroquois Fire Department and the Iroquois and Cardinal Masons will be holding a Child Identification Clinic at the Iroquois Fire Hall on Saturday,

April 26.

The MasoniCHIP Child ID Program will be available at the clinic, free of charge.

The MasoniCHIP Child ID Program creates an identification package for each child, and it consists of five major components: digital photographs, digital video, digital fingerprints, vital child information, and a dental bite impression or intra oral swab for DNA.

Then all of the photographs, video, fingerprints, and child data are burned onto a CD which is given to the child's parent or guardian and that is

compatible with Amber Alert, an international broadcasting system. The dental impression provides a virtual diagram of the child's biting surface, which, like fingerprints, is unique to each individual, and the intra oral swab supplies saliva to provide a DNA sample.

Combined, this five-part process provides a dramatic, time-sensitive recovery tool for police and other authorities who are searching for lost children. None of the information taken during this process is kept on file, and is only given

to the parent or guardian: the only information retained by MasoniCHIP Ontario is a signed permission slip.

To help insure that the clinic runs smoothly, it is recommended that children with last names starting with the letters A to K be brought to the clinic between 9 a.m. and 12 p.m., while children with last names starting with the letters L to Z should be brought in between 12 p.m. and 3 p.m. Children's activities will be available at the clinic.

At the event, there will be a draw for a large pizza from

Mr. Mozzarella's and a free subscription to The Iroquois Chieftain.

A previous clinic was held on Saturday, March 29, at the Morrisburg Fire Hall.

The program was a great success, as 100 children took advantage of the MasoniCHIP Child ID Program.

More information on the MasoniCHIP Child ID Program in Ontario can be found by contacting the regional coordinator, Jim Tutton, at his e-mail address, jim.tutton@ritchiefed.com, or at the phone number 613-448-1640.

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The Chieftain

Iroquois



St. Lawrence Rowing Club gets ready for 3rd season

ANDREA CARTIER

THE CHIEFTAIN

With the ice finally off the river, the St. Lawrence Rowing Club is preparing for its third season of providing rowing instruction and recreational rowing to the community. Registration for adult Learn-to-Row, Youth, and Recreational Rowing will be held at the arena on Saturday, April 26 at the Morrisburg Arena from 11 am until 1 pm.

The adult Learn-to-Row program consists of six weeks of instruction, two evenings a week, with sessions being held in the spring and the summer. Last year's participants in the program were thrilled with their introduction to the sport, and many have continued to enjoy it as recreational rowers. The Youth program will be offered in July and August and the

Recreational program will run throughout the spring, summer and fall.

Located in Iroquois, and as the only rowing club located in Stormont, Dundas, and Glengarry, the St. Lawrence Rowing Club provides access to the sport of rowing to a number of communities in this area. Currently, the club's registered membership is 42 and this includes people from ages 12-73. Rowing is a sport that attracts a wide variety of people at all levels of ability. The Rowing Club can provide seniors with a healthy activity, a social network, and greater community integration while at the same time providing a new and exciting sport for the youth of Stormont, Dundas, and Glengarry. The St. Lawrence Rowing Club also exposes all people of the area to the natural beauty of the great St.

Lawrence River and the heritage of the old canal system while they engage in a sport which is both healthful and environmentally benign.

The St. Lawrence Rowing Club is hoping to increase membership this year by introducing this great sport to more and more members of the community. Other goals include improving docking facilities and organizing shelter for the club's growing number of rowing shells. Last year the club participated in its first regatta when a number of the club's members travelled to Peterborough to participate in the Head of the Trent. The St. Lawrence Rowing Club hopes to continue growing and offering its members such opportunities.

To learn more about the sport of rowing in this province, visit www.rowontario.ca.



The St. Lawrence Rowing Club is getting set for its third season. Pictured here is a crew leaving the dock and preparing for a row down the old Galop Canal in Iroquois.

CHIEFTAIN PHOTO A. CARTIER

All-Terrain Vehicles only allowed on certain roads

Off-Road Vehicles (ORVs) Are Generally Prohibited

(ORVs include: ATVs, Dirt Bikes, Argos, Rhinos, Gators, Mules, and all similar vehicles)

With the warm weather, ATV's are getting out more. ATV operators need to remember to follow the rules.

Rules to Remember

Always wear an

approved helmet.

Never operate an A.T.V. when consuming alcohol.

Always read the instruction manual and follow manufacturer's recommendations, i.e. Obey warning labels and stickers on the A.T.V.

Check with the local municipal office or police to ensure what roads are approved. Generally Off-Road Vehicles are prohibited on maintained roads unless the Province or Municipality has passed a

by-law approving the use of ATVs on specific roads. It is the responsibility of the operators to find out which roads are approved.

Parents should remember that A.T.V.s ARE NOT TOYS. Children should only use A.T.V.s after having received proper instruction and under direct supervision. Children should operate an A.T.V. that is rated for their age.

Make sure you're Off Road Vehicle is registered,

plated and insured.

Some of the other rules that apply to A.T.V.s operated on approved roads are as follows;

The A.T.V. must be designed for the driver only and passengers ARE NOT allowed.

If operating on an approved roadway the speed limit for ATV's is 50 kph where the speed for cars is over 50 kph and 20 kph for ATV's where the speed for cars is 50 kph or less

Head lights and tail lights must be on at all times. Helmets must be worn.

The operator must follow all the rules of the road, such as signaling all movements. Brake lights are required on all ATVs manufactured after 1998.

The A.T.V. must have 4 wheels and steering handle bars.

The A.T.V. can only be operated on the shoulder of approved roads and may only use the traveled

portion of the road if the shoulder is not there or obstructed.

An Off-Road Vehicle licence plate must be displayed and not obstructed on the rear of the A.T.V.

A driver's minimum G2 drivers licence is required to operate on an approved roadway.

There are many more rules that A.T.V.s must obey on roadways and they can be found on the internet under ; www.e-laws.gov.on.ca.

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Morrisburg Lions wait for council to decide on user fees

The Morrisburg Lions have asked the South Dundas Council to give them a break on the cost of renting tables for their Antiqufest, July 26 to the 27.

The council, decided to defer their decision for

The issue came up at the April 15 council meeting when a letter from the Morrisburg Lions arrived at the council table.

The letter explained that this was to be the tenth anniversary of Antiqufest and that the Lions were trying to keep their costs down as much as possible.

Having to pay a \$3.00

user fee for each of the 80 tables that they would need and over four days would have an effect on the clubs fundraising efforts.

This July about 45 vendors come to the annual Antiqufest held along the Morrisburg waterfront. Each vendor is allowed three table as they set up their wares and displays. The table have historically been provided to the Lions Club free of charge by the township.

This will be the first year that the township has instituted user fees for their tables.

The recommendation

by township staff was that the Lions should pay the user fee as would any other organization.

One of their concerns was that a precedent could result if the township started to make exceptions to their new rules.

The council members were not all that convinced that user fees for the Lions club in this instance was the correct way to do things.

Mayor Barkley said, "You have to look at what the Lions do," he said. Councillors Jones, Byvelds, Graham and Gillard felt that the user fee was reasonable however they all wanted to find a way to being the cost down as much as they could without compromising the user fee policy.

The council decided to defer the decision till the next council meeting.

Antiqufest is a long standing tradition in the area. Originally, it was held at the Matilda Hall in the former Matilda Township. The Morrisburg Lions have been hosting the event for the past four years.

The weekend event has become one of the major sources of revenue for the Lions club.

Lion's President Michael Domanko says that the event draws in

visitors and vendors from Cardinal to Cornwall. "It is a big community event," he said. Antiqufest normally will attract around 2000 visitors to Morrisburg and the surrounding area.

One solution, according to some lions, would be to ask the township to waive the user fees for the tables and replace the user fee with an "in kind donation".

Harmony grateful for Township support

ANDREA CARTIER

THE CHIEFTAIN

Judith L'Heureux, Executive Director of Harmony for SD&G, was pleased to hear that South Dundas would continue to support the Harmony program by again waiving the organization's rental fees for their centre located in the old Parks building west of the arena in Morrisburg. "We are very grateful to the Township. We couldn't do this without their support," stated L'Heureux.

Harmony, which officially opened doors for the first time on September 10, 2007, has grown by leaps and bounds and now has 60 registered members. The program charges no fees, and is based on a 'pay it forward' commitment from the children who participate. "This means that they come out to help at fundraisers or some of the older members instruct the younger ones," explained L'Heureux.

Presently, the centre is opened three days a week and is offering such programs as creative writing, cooking, choir and after school activities. The doors at the centre open at 3 pm and close at 8:15. "We try to be there when the children need the centre. In an average week 40 members will sign in. Some stay for a half an hour while others stay for

the whole time."

When asked what Harmony's goals were for the coming year, L'Heureux stated, "We definitely want to be open 5 days a week, but in order to do that we need volunteers and financial support." The centre is looking for anyone who can donate some time to the community's children, whether they have a special skill they can share or whether they can just serve as a house supervisor.

Harmony is planning a number of fundraising and profile raising events in the near future. On Earth Day in April, members of Harmony will participate in the community clean-up. Members are also planning to volunteer on May 17 at the trade show, and on the same day a barbeque and yard sale will take place at the Harmony Centre. On May 25 the Harmony Choir will join the Seaway Valley Singers at a Hymn Festival in Iroquois where all good will donations will go to SD&G Harmony.

This unique program serves children from all walks of life with no discrimination and no fees. If you have time, money or goods to donate, or just wish to learn more about the program, please contact Judith L'Heureux at 613-543-0743 or by email at harmony_sdg@sympati.co.ca.

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Morrisburg & District Lion's Club April Newsletter

During the April 10th meeting President Mike Domanko conducted a ceremony to welcome the club's member, Brian Erratt who has been sponsored by Lion Keith Robinson.

Six members of the club participated in the 34th annual Lion's Club convention held in Ottawa the weekend of April 12th. The Morrisburg & District club's yearly report, presented by President Mike Domanko, was enthusiastically received by members representing several Lion's clubs across the Eastern Ontario area.

Over the past few weeks, the Club helped three families who tragically lost their homes, to house fires.

Posters outlining details of the club's car rally on Saturday May 3rd have been posted in various establishments in the surrounding area. Proceeds from this Celebration 50 event, recognizing the 50th anniversary of the flood-

ing of the St Lawrence Seaway, will be handed over to the Morrisburg Chamber of Commerce to aid their project of much needed public washrooms in the Morrisburg Village Plaza.

Registration for the car



rally starts at 9:30 am at the Morrisburg Golf Club with vehicles leaving at 11:00 am to follow an historic route of the Seaway. Cars obtaining pledges over \$250.00 will be rewarded with free tickets for the dinner following the rally. These pledges are available from many of the merchants in the Morrisburg Village and Iroquois plazas. Or, if pre-

ferred, you may participate in the rally for \$10.00 per person. The Club is thrilled to announce that the Bank of Nova Scotia in the Morrisburg Village Plaza has advised us that the bank will match any monies raised during the car rally up to \$5,000.00!!!

Dinner seating starts at 4:30pm at the Morrisburg Golf Club and we are hoping everyone can join us for the evening that includes a silent auction. Dinner tickets are \$15.00 each and are available from Pier 31, RTK Jewelers, Sportsfix and Biba in the Morrisburg Village Plaza, from Ultramar at the east of Morrisburg and from Mustards in the Iroquois Plaza.

You are invited to visit our website at www.morrisburglionsclub.ca/news to obtain pledge sheets as well as more information about the car rally or contact Keith Robinson at (613) 543-3338.

Buckle up!

Ontario Provincial Police launches annual province-wide campaign

All 165 Ontario Provincial Police detachments in the province, including those in Stormont, Dundas & Glengarry County's will be participating in the annual spring seatbelt safety campaign, Commissioner Julian Fantino said last week.

The campaign, which begins April 16 and runs through Sunday, April 27.

Last year, 117 people were killed on roads patrolled by the OPP as a result of not being buckled up, a 14.7 per cent increase over 2006.

"It takes less than five seconds to fasten

your seatbelt," Fantino said. "Those five seconds could be the difference between living and dying if you are involved in a serious collision. There is no excuse for not buckling up."

The OPP will also be looking for improperly installed child restraints or young children who aren't in car seats at all. Municipal police services across the province are also involved in the seatbelt campaign.

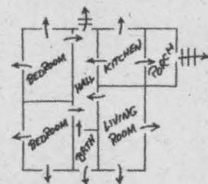
A properly used child seat reduces a child's risk of injury in a motor vehicle collision by as much as 75 per

cent, yet as many as 80 per cent of child car seats are used incorrectly.

Bill 73, passed in December 2004, made booster seats mandatory for anyone transporting a child weighing between 80 pounds (18-36 kilograms), under 4-foot-9 (145 centimetres) tall and under the age of eight.

"A person has a much better chance of surviving a serious collision if they are wearing a seatbelt," Inspector Dave Springer said. "You owe it to yourself, your family and friends to buckle up."

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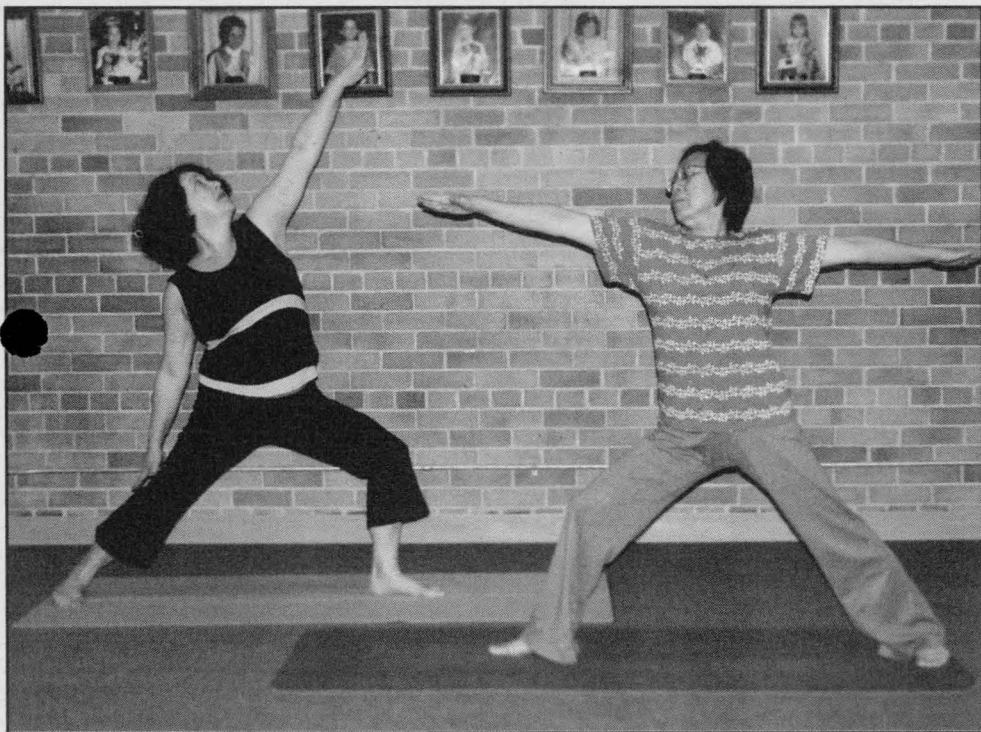
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Hydrant flushing will be carried out from
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- During the flushing operation, poor water pressure and/or RED water may result
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- The coloured water is not hazardous
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Benefits of Yoga Postures



WARRIOR II (Virabhadrasana II) performed by Malu Wesch, builds on the benefits of last week's Warrior I, strengthening and shaping the legs.

It also can relieve leg cramps; bring flexibility to the legs and back; tone the abdomen and strengthen the ankles and arms.

The lift in the arch of the feet is also essential, ascending throughout the rest of the body. When Yoga is regularly practiced you may find it helps relieve depression and anxiety, increases energy levels; aids in weight control, helps to relieve arthritis; naturally stimulates the internal organs; blood circulation, digestion and lowers blood pressure. How long can you stay in these postures? Strength and stamina and balance!

As yoga totally embraces the mind, body and

spirit, one will find it helps improve all aspects of their life. In **EXALTED WARRIOR II**, Flo Mackenzie takes a wider stance to lower the front thigh, as close to parallel to the floor as possible.

This deeper version combined with the back bend of the Archer (Exalted Warrior II) activates more muscle pull on the bones of the legs and pelvic area since the torso and pelvis remain facing the side of the mat. This is excellent as a bone strengthening exercise to improve osteoporosis, and overall it strengthens the muscles of the shoulders, arms, lower back, thighs, knees and opens the hips. Remembering to repeat postures to the opposite side; to undertake a regular and a rounded practice, can help change a negative mindset by instilling

inner peace and an ability to face upheavals and deal with problems.

Upper Canada Playhouse

For the third consecutive summer, Upper Canada Playhouse has commissioned **acting like kids** to facilitate its summer theatre outreach program for local children. The growing company, founded and run by Playhouse regular Kate Egan Veinotte, is dedicated to introducing young people to the fundamentals of theatre through in-school workshops, professional development for teachers and extra curricular programming like the Playhouse sponsored summer day camp.

"This camp is a terrific project for the company and we are so happy to be back for a third year," said Veinotte. She explained that many of the participants are return customers, so the program changes each season to allow for a new experience. Last summer the 6-9 year olds did

a showcase production of Maurice Sendak's wonderful story *Where the Wild Things Are*, while the older students were introduced to mask performance. "Lots of the content of the camp changes, but the mandate remains the same: Give local children an opportunity to learn the joys of theatre!" **acting like kids** provides that opportunity by allowing students to work on script development, characterization, improvisation and props making. "The day spent at the theatre, working with the crew and learning how they make their magic - that's the big hit of the week!" says Veinotte.

UCP is also thrilled to welcome Mary Ellen Viau back to the educational outreach team. A full time Dramatic Arts teacher and producer of touring shows for St.

Michael's Catholic High School in Kemptville, Mary Ellen is a former Playhouse Theatre School instructor and Board member of Upper Canada Playhouse. With over 15 years of experience teaching theatre arts at the high school level, she offers an exciting variety of drama activities to engage and challenge her students. Among the many learning opportunities provided by the senior camp are puppetry, mime, improv and Shakespearean workshops for youths.

The 2008 camp schedule is: **Junior Group** Aged 6-10 (Limit of 20 students)

Mon., July 21 to Fri. July 25, 9am to 3pm
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To register, please contact acting like kids at 613-448-3917.



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Don Francis of Sports Fix is taking in applications for those who still want to reguster for the Upper Canda Little League Association. Sports Fix in the Morriaburg Plaza is open from 9:30 am to 5 pm Monday to Friday and from 9 am to 4 pm on Saturday.

No Hitting Day

We all "lose our cool" or maybe we've "had it up to here!" with our kids, but physical violence is not the way to manage a child's behaviour, says "Shelley Roy" a RespectED: Violence and Abuse Prevention coordinator with the Canadian Red Cross.

Parenting can be a tough job and when our lives become stressful, we may revert back to parenting the way we were brought up - spankings and all. "Because I said so!" is a phrase that many children vow they will never say to their own children, but lo and behold - it does come out of their mouths as the challenges of parenting become apparent.

We may laugh when we think we have turned into our parents, but for some, that parenting consisted of harsh physical discipline.

"Today we know that this type of punishment can be abusive to children," says Roy. "We know that it can leave an emotional as well as physical impact on a child." In

attempting to assert our authority over our children with physical violence such as hitting, we are teaching our children that the biggest one wins, the one who hits the hardest wins, that violence is a tool to make others do what you want, and we should still love the one who hits us.

Is this what we want to teach our children? Are they imitating us with their siblings or on the playground with their peers? Are we teaching them bullying behaviours? Being a caring parent means we want to instil in our children a healthy self-esteem and trust in the adults caring for them.

"It's hard to be a perfect parent," says Roy. "Especially when challenging or spirited children are part of your family." Education is the key to better parenting skills and there are numerous resources available to assist you.

Just as we need to keep learning in our field of work, so do we as parents. We do this by setting

boundaries, establishing consequences that are relevant to the child's age and ability, and communication which is key to raising a child. We need a toolkit of discipline and positive ways to engage our children as they move through different ages and stages of development.

What worked as an effective form of discipline at age six will not be as effective when they are eight or nine. We have to be ahead of the game and engage our children in the process so that they learn these important lessons.

Have discussions on appropriate behaviour and ask for their input on what a consequence should be for not following that rule or expectation. "If they know ahead of time, they are less likely to challenge the consequence," says Roy.

So, on April 30th, designated as "No Hitting Day", and every other day of the year, remember that children are precious and we are not only raising them, but teaching them to be parents as well.

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MAY 3: 8am-11am, 1074 Craig Rd., Oxford Mills. 1600 watt Coleman generator, 10" contractor table saw, new bug deflector - Ford 87-92 (still in box), table top drill press, window air conditioner - nearly new, Yamaha electric keyboard & stand & music stand, household items, trellises, and much, much more. 613-258-3152. Watch for balloons.

MAY 3: Neighbourhood Yard Sale, Craig Road, Oxford Mills. Civic #609, 674, 712, 1048, 1074. Something for everyone. Watch for balloons.

MULTI-FAMILY Garage Sale, Sat., April 26, 8am to noon. #2985 County Road #20 (between Millars Corners and Heckston). Girls size 10 and boys size 6 clothing, toys, books, VHS tapes and games. Household items. Diamondback exercise bike. Unique handcrafted items direct from Malawi, Africa. All items at a reasonable price.

SAT., APRIL 26, 8am-1pm. Weight bench and loose weights, female bike, furniture, children's: sports equipment and gear, toys, clothes. All prices negotiable. All in excellent condition, 2332 Bedell Rd., Kemptville.

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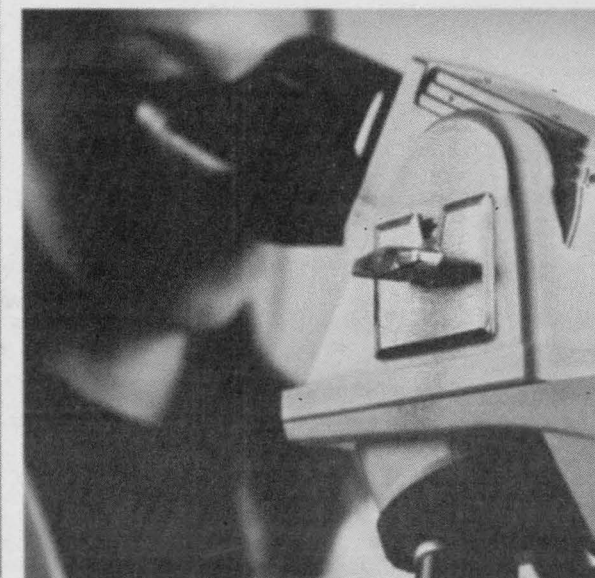
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This past Saturday was a perfect day for the Iroquois Fire Department to get some spring cleaning done. While firefighters washed the inside of the fire station out, the fire trucks were given a wash outside.

CHIEFTAIN PHOTO - J. MORIN

Driver's Blind Spot

A shocking look at where to spot the best insurance rates

Quoting over 30 insurance companies giving you the lowest rate— for FREE

It's tear jerking how much some drivers overpay for their car insurance.

You can try to find which company has the best rate yourself, or we can do it for you, for free!

InsuranceHotline.com compares over 30 insurance companies and provides the lowest rates.

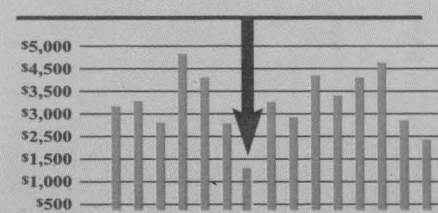
Look at this chart. It shows the lowest to highest rates quoted from 30 insurance companies. There's over a \$5,000 difference!

Most drivers end up paying a rate somewhere in the middle.

When you are moved from the middle of the pack to the top of the pack, it can save you 100's, even 1,000's of dollars, instantly.

Driving Record	Lowest Price	Highest Price	Price Difference
Clean Record	\$775	\$3,371	\$2,596
1 Ticket	\$797	\$4,693	\$3,896
1 Accident	\$1,493	\$6,903	\$5,410

InsuranceHotline.com finds this rate for drivers!



BUT WAIT! THERE'S MORE...

With your quote, you'll also receive:

- Access to Your Claims History Report telling you what's on your record.
- The rules that insurance companies use to determine if you are at fault for an accident.
- Who to contact for free dispute resolution.



When you get your quote, you'll also receive access to Rogers' amazing bundle offer for TV, Home Phone and Internet.



Go to www.InsuranceHotline.com for the lowest rate.

RBC Cup Trophy Tour Visits Iroquois

He shoots, he scores, he wins the RBC Cup! Fans will have the chance to share in the excitement of the RBC Cup as the trophy travels across eastern Ontario on the RBC Cup Tour.

The trophy tour kicked off on Thursday, April 10th at the Pembroke RBC branch and will visit 18 other branches throughout eastern Ontario. The Tour will come to an end in Cornwall on May 1st, just before the start of the RBC Cup tournament.

The Cup is being greeted by a day of celebration with hockey fans and families in each participating branch. "RBC is thrilled to help bring the excitement of

the RBC Cup to our communities," said Mike Haley, RBC Regional Vice President. "We're extending an open invitation for people to visit the RBC branches where the Cup will be touring to get a first-hand glimpse of the trophy that will be raised aloft by the winning team on May 11."

The RBC Cup is Canada's National Junior A Championship. RBC has been the Premier Sponsor of this event since 1995. The RBC Cup is taking place from May 3 - 11, 2008 and all games will be held at the Cornwall Civic Complex.

Royal Bank of Canada (RY on TSX and NYSE) and its subsidiaries operate under the master

brand name of RBC. We are Canada's largest bank as measured by assets and market capitalization and one of North America's leading diversified financial services companies. We provide personal and commercial banking, wealth management services, insurance, corporate and investment banking, and transaction processing services on a global basis. We employ approximately 70,000 full- and part-time employees who serve more than 15 million personal, business, public sector and institutional clients throughout offices in Canada, the U.S. and 36 other countries. For more information, please visit rbc.com.



Staff at the Iroquois Branch of the RBC show off the RBC Cup. The cup arrived last week for a day on display in Iroquois. Left to right are: Kathleen Knezevic Branch manager, Sandra Clifford the Senior Account Manager and Lynn Jameson CSR.

CHIEFTAIN PHOTO - J. MORIN