

**Fresh
Peameal Bacon**
\$2.99
\$6.59 kg lb.

**ANDY'S
FOODLAND**

Hours: Mon.-Fri. 8 am-9 pm;
Sat. & Sun. 8 am-8 pm

MAIN STREET, WINCHESTER
774-2125

PWINCHESTER PRESS

**RRSP DEADLINE
MARCH 3, 2003!!**
RRSP LOANS AVAILABLE!!

For best rates, call us

BRUCE R. KERR

**Insurance &
Investments**
456 Main St. East
Winchester
774-2456
brucekerrns@yahoo.com

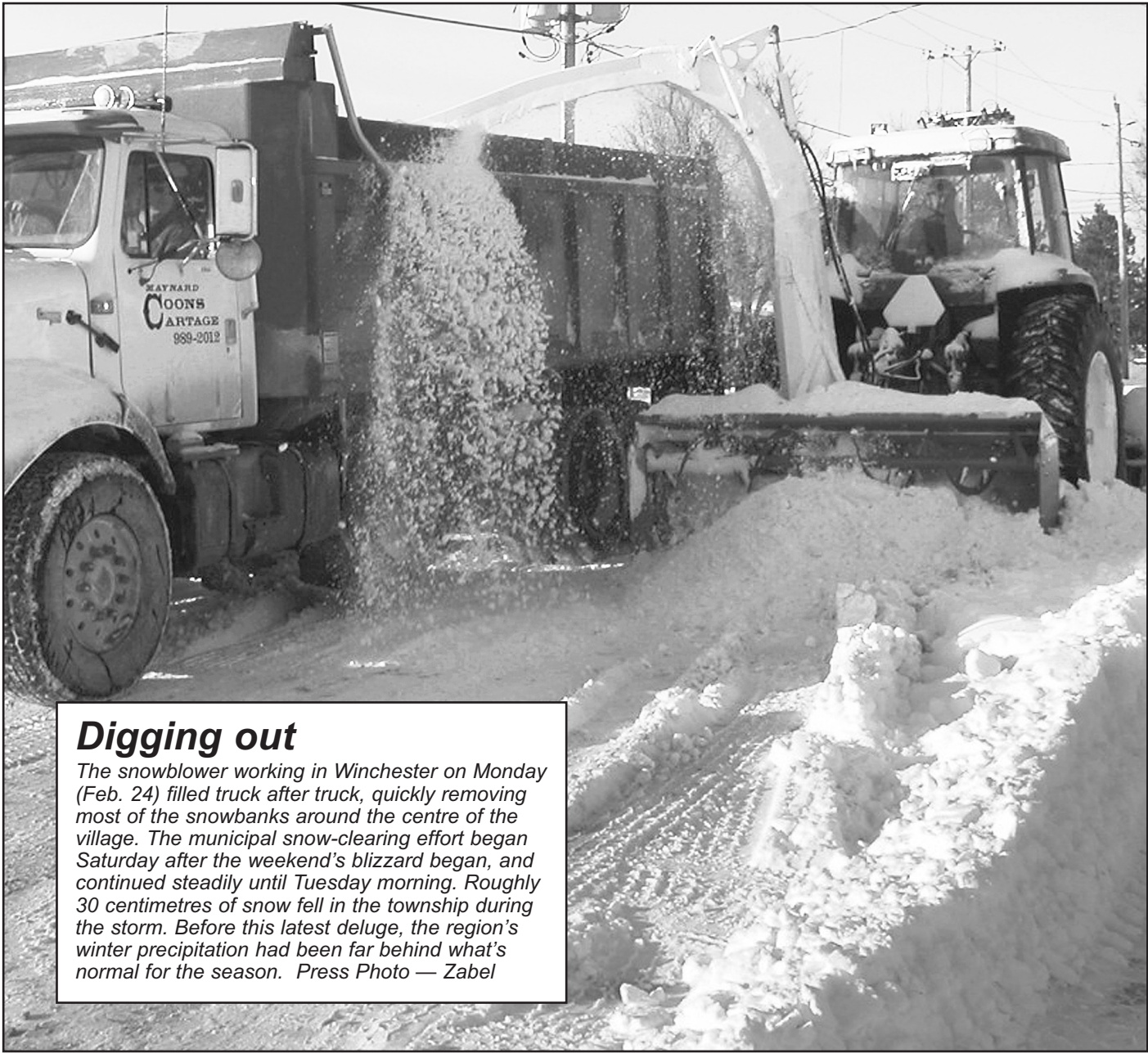
VOL. 114 NO. 49 • ESTABLISHED IN 1888 • WINCHESTER, ONT. • WEDNESDAY, FEBRUARY 26, 2003 • \$1.00 GST INCLUDED

Teachers use job sanctions to spark deal

by Chris Zabel
Press staff

MAPLE RIDGE — Limited job sanctions by high school teachers in the Upper Canada District School Board (UCDSB) are reportedly not causing disruptions. Teachers began job sanctions last Thursday (Feb. 20). “Their intention is not to impact on the students,” said UCDSB chair David McDonald. He reported on Monday that conversations with educators around the eastern region leads him to believe that the board’s 22 secondary and intermediate schools are still functioning well. The teachers’ last contract ended on Aug. 31, 2001, but negotiations between the board and its 966 teachers have continued every month since. A vote on Feb. 3 showed the teachers were 92 per cent in favor of strike action. Negotiations are scheduled to resume on March 5 and 6. The limited work-to-rule campaign has teachers reporting to work no more than 15 minutes before the start of their classes, and leaving 15 minutes after their conclusion. The exception to this is if they have volunteered for extracurricular activities. Clubs and sports are currently unaffected.

Teachers will only report student marks and absences. McDonald said this sanction stands to reduce the usefulness of interim report cards which are issued in March. “It may cause a problem, because typically you don’t look for a mark on an interim report card,” he said. At the current stage of negotiations, parent/teacher interviews will not be held. Also, teachers will not attend meetings unless they are held during classroom hours. The Ontario Secondary School Teachers’ Federation has reported the reason for the job action is to spur the board to come to a deal. The local District 26 of the OSSTF wouldn’t comment on the job sanctions, instead referring callers to the Toronto office. North Dundas District High School principal Ted Kennedy was contacted by the *Press* on Tuesday, but deferred comment on current job sanctions to an OSSTF spokesperson. Uniform job sanction campaigns are ongoing in many school boards in Ontario, including the Ottawa-Carleton District School Board. The various districts in the OSSTF seem to be following each other’s examples. Teachers in all school boards are following the same list of job sanctions, and no board has added sanctions to the list it is following.



Digging out

The snowblower working in Winchester on Monday (Feb. 24) filled truck after truck, quickly removing most of the snowbanks around the centre of the village. The municipal snow-clearing effort began Saturday after the weekend’s blizzard began, and continued steadily until Tuesday morning. Roughly 30 centimetres of snow fell in the township during the storm. Before this latest deluge, the region’s winter precipitation had been far behind what’s normal for the season. Press Photo — Zabel

Increasing chances of survival

SD&G OPP armed with defibrillators

by Gerrit Bosma
Press staff

WINCHESTER — Local OPP cruisers are now equipped with new devices to help save the lives of heart-attack victims. This month, detachments of the SD&G OPP became only the second police service to receive Access to Defibrillation (AED) LifePaks for their cruisers to assist citizens suffering from cardiac arrest. The Ottawa Carleton Regional Police is the only other police service with the life-saving devices in Ontario. Less than five per cent of cardiac arrest victims who have an attack outside of hospital survive. Winchester OPP senior constable Al Lummiss said the AEDs provide the SD&G OPP with another tool to assist a heart-attack victim and help increase their chances of survival. Due to the fact OPP cruisers may arrive before ambulance personnel, the AEDs allow police officers to begin the process of reviving individuals, while emergency responders can use the machines to continue assistance en route to the hospital. Unlike CPR, which is considered first aid, the use of AEDs is considered a delegated medical act. Heart and Stroke Foundation of Canada (HSFC) statistics show a person suffering from a sudden cardiac arrest has his/her chances of living decreased by 10 per cent for each minute of delay. Senior constable Annie Gagnon, who helped display the life pack’s features, said the small machine sends a shock through a victim’s heart to get a rhythm started again. The AEDs are said to be safe and easy-to-use devices, which, with the proper training, can be effectively administered by medical and non-medical responders. Currently, there are two devices each for the North and South Dundas OPP detachments. In 1999, the HSFC organized a conference, Access to Defibrillation a Vision for 2000 Strategies for Canada, to bring together stakeholders of the drive to increase the access to defibrillators for cardiac arrest victims out of hospital.



Senior constable Annie Gagnon, of the North Dundas OPP detachment, displays one of two defibrillator units now installed in their police cruisers. There are two LifePaks at the South Dundas detachment as well.

Press places fourth in Ontario

WINCHESTER — Newspapers should be reluctant to make news out of themselves. The special dilemma faced by community newspapers, however, is that if the paper doesn’t mention it, there’s no one else to turn to for publicity. In the circulation category of 3,500 to 6,500, the *Winchester Press* was judged to be the fourth best community newspaper in Ontario in 2002. The Ontario Community Newspapers Association (OCNA) released its annual General Excellence Award results on Feb. 19. • see AWARD on next page



Food bank needs director

By Gerrit Bosma
Press staff

WINCHESTER — While currently financially secure, the Dundas County Food Bank may not be able to sustain itself until year’s end. This is the grave concern of food bank chairperson Diana Pethick, who fears the service group may cease to exist if the necessary operating funding doesn’t continue to come in. Even after a Christmas campaign rush of \$21,000 in donations, Pethick is wary another bleak spring and summer may lead to the same financial crisis which hampered the Food Bank in the fall of 2002.

“We have had a tremendous amount of donations from mid-October to Christmas and are out of a financial crisis,” Pethick said. “Yet, we need to make sure we can be financially sustainable each month.” Operating costs, which include rent, hydro and other expenses, total \$1,600 a month for both locations, while the cost of food is \$2,000 per month. Pethick says the money has to come from somewhere to maintain the food bank’s \$3,600 per month budget, while dealing with an increasing number of client visits. At the recent annual general meeting of the food bank on Feb. 17, a small percentage • see FOOD BANK on next page

**This
week
in the
Press**



Chesterville Historical Society
puts its own spin
on Heritage
Week.

7

Organic herbalist shares
the medicinal skills passed
between mothers
and
daughters
for
centuries.

11



Senators Alumni meet Mighty Docs

An evening of fun for the whole family will begin at 7 pm and feature a hockey game between the Ottawa Senators Alumni and Winchester Mighty Docs. Join the fun Friday (Feb. 28) night at the Winchester Arena.

Check out the district’s most widely read community newspaper at www.winchesterpress.on.ca

Christian School introduces junior kindergarten program

METCALFE — Community Christian School in Metcalfe will be offering a junior kindergarten program beginning in September 2003.

“We are delighted to finally be in a position to offer JK,” said CCS principal Lloyd Ambler. “Until this point in time, we simply didn’t have the space available for a JK. But now that the first phase of our school’s expansion is complete, we have a separate kindergarten classroom and we’re currently running a very successful SK program with seven children enrolled. Now we want to expand that kindergarten program to include JK as well.”

The school is thankful to have a knowledgeable kindergarten teacher on staff, with an aptitude for working

with young children. Mary Ruth Downs was at Kingston Christian School for 10 years, where she taught both junior and senior kindergarten, and so brings many years of experience with her. Downs received her BA in early childhood education from Ryerson, and her bachelor of education from Queen’s University.

Community Christian School, located at 2681 Glen St. in Metcalfe, is holding its annual open house on Sat., March 1, from 10 am to 2 pm. Parents wanting to know more about this JK to Grade 8 school are encouraged to attend. The principal, kindergarten teacher and members of the board of trustees will make a presentation at 11 am. For more information, please call 821-3669.

Continued from the front page...

Food bank

of members was in attendance and Pethick said she saw little sign of fresh initiatives, or people willing to submit their name for the board of directors. Pethick herself is stepping down as chairperson as soon as a successor is found.

Though, Pethick’s commitment to the food bank is as tenacious as it has always been.

“We need stable funding 12 months of the year,” said Pethick “We can’t afford to get into the same situation we did last year, but I don’t know what the answer is.”

Client numbers at both food bank locations are up to 345, from 237 last year in Dundas County: 173 families in Winchester and 172 in Morrisburg. The population in North Dundas alone is 11,500, and is 10,800 in South Dundas. This means, although a small percentage, there are members of this region’s communities who need help from the food bank from time to time to feed their families

Pethick said the frequency of visits has increased, but clients still only average five to seven trips to the food bank a year. The food bank allows clients to receive food once a month. Of the 173 clients in Winchester, 66 are families of three or more, 35 are single parents, and 39 are lone individuals, many of whom are seniors.

Pethick also feels a stereotype unfairly still exists that such clients are spending money on other items and are abusing the food bank, or many are on social assistance. Many she confirms, use their grocery money on higher hydro bills during the winter months.

While further support in food and monetary donations from the public and business community would be much welcomed, Pethick also had high praises for numerous service groups and businesses such as gro-

cery stores. She also applauded the support from the church and school community for their continuous contributions.

Yet, the immediate worry is the lack of new ideas on how the food bank will able to maintain stable and consistent funding throughout the year. The next Dundas County Food Bank meeting will be on March 10 at the Winchester location on St. Lawrence Street. Pethick invites anyone willing to help the organization to attend the meeting.

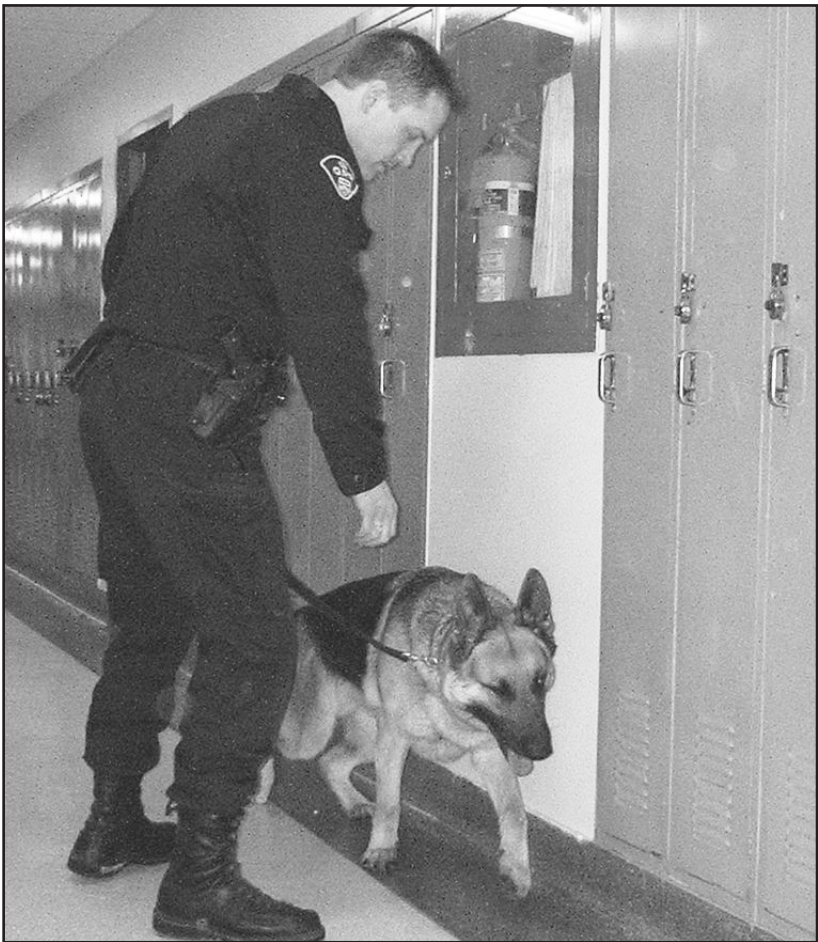
The food bank in Winchester is open Mondays from 10 am to noon, Wednesdays from 7 pm to 9 pm and Fridays from 1 pm to 3 pm.

Award

The *Press* is a long-standing member of OCNA, as well as the national Canadian Community Newspaper Association. Membership in these groups is shown with their logos each week in the *Press* masthead, at the top of page six.

This year’s fourth-place follow’s last year’s first-place finish for the *Press* in the OCNA contest. In addition, last year the *Press* won a CCNA Blue Ribbon award for being one of the runners-up in the national competition, which is another item on the editorial page masthead. The *Press* also boasts an owner, John Morris, who last year received the CCNA Golden Quill Award in recognition of his 50 years of service to the industry.

The General Excellence Award is based on two editions submitted to the contest from 2002. The one stipulation is that OCNA picks the two months from which papers can be chosen. This year it was May and September. Judging includes both content and design, taking in every aspect of a weekly paper, looking for a tidy classifieds section, interesting advertising, and a front page that stands out.



K-9 units seize dope from locker

Members of the SD&G OPP K-9 unit seized marijuana from a locker at North Dundas District High School on Feb. 13. Assisted by Ottawa Carleton Regional Police and Canada Customs canine units, OPP conducted drug searches at high schools in SD&G, at the request of the schools’ principals. As a result of the one pot seizure, a 15-year-old male NDDHS student faces a charge of possession of a controlled substance. The searches are part of an ongoing joint effort initiative between police and school officials to curb the involvement of drugs among area youth. OPP senior constable Al Lummiss said the searches come at the request of school administration and are not OPP-initiated operations. The searches will continue to be done randomly. Seen here are OPP constable Chris McGillis and dog Buster at work checking lockers. Courtesy photo

Vernon WI appreciates teddy bears

by Marg McDiarmid
VERNON — Convenor of Canadian Industries Dorothy Campbell introduced special guest Joy Schonberg to the February meeting of the Vernon Women’s Institute.

Schonberg operates Jigs Crafts, Soft Bears and Dolls at her home near Vernon. She makes beautiful soft bears out of fur coats, and also sells craft supplies.

Two of the ladies brought bears Schonberg had made for them from coats. Members enjoyed her presentation. Campbell presented her with a gift.

President Laura Acres chaired the business part of the meeting. The roll-call was answered by naming a business owned and operated by a woman.

Plans were made for the group’s St. Patrick’s Bake Sale and Luncheon.

Ann Velthuis and Marg McDiarmid served lunch and a social time was enjoyed.

Happy 13th Birthday
Ryan Johnston
February 26, 2003



Love from your family

Forest Stewardship Council

Lanark model forest best of 11 in Canada

KEMPTVILLE — The Eastern Ontario Model Forest (EOMF) group has achieved prestigious Resource Manager certification from the Vermont-based Smart-Wood Program of the Rainforest Alliance.

Dedicated to promoting sustainable forestry in the region, the EOMF is the first of Canada’s 11 model forests to earn the internationally recognized seal of approval, which was granted in accordance with the principles and criteria of the Forest Stewardship Council.

Specifically, certification comes after two and a half years of working with 21 Lanark County woodlot owners and paying strict attention to forest management detail, said EOMF certification project co-ordinator Scott Davis.

A presentation honoring the achievement was made in Kemptville on Feb. 18 during the 2003 Winter Woodlot Conference. Results of the Canadian pilot project, made possible with funding from the EOMF and the Richard Ivey Foundation, will be transmitted to other interested agencies and groups.

While Cornwall’s Domtar Forest Resources has achieved certification, the Lanark project is the first time private landowners in eastern Ontario have reached the milestone, Davis said, adding Domtar’s expertise was instrumental in accomplishing the project. In all, the Lanark owners represent over 10,000 acres of forested land.

“The objectives of owners in getting involved with the groundbreaking project vary from securing wildlife habitat to selected harvesting of forest projects,” Davis said. “The certified label assures customers that products come from well-managed forests.”

The Rainforest Alliance is an international conservation organization that works to protect endangered ecosystems and the people and wildlife within them by transforming land use and business practices, as well as consumer behavior.

EOMF manager Brian Barkley said the importance of FSC certification can’t be overstated: “We have designed something that covers the full spectrum of activities involved in taking care of the forest, from formulation of initial landowners’ objectives, to successfully carrying out work on the ground.”

**Bruce R. Kerr Insurance & Investments**
Assisting You In All Aspects Of Your Insurance & Investment Needs

Life Insurance Covering ages 15 days to age 85 Insurance amounts of \$10,000 plus	Disability Insurance Covering ages 18 plus Coverage of \$100 a month up
Group Insurance Groups of 2 persons up	Critical Illness Insurance LUMP SUM TAX FREE DOLLARS • If you are diagnosed with one of the 21 covered illnesses, which include: • Heart Attack • Alzheimer's • Stroke • Multiple Sclerosis • Cancer • And more...
Health Insurance Health and Dental plans for singles or families	For more information or a free quotation please call: Juli Pilotte 774-2456 

456 Main Street
Winchester, ON
K0C 2K0
E-mail: brucekerrins@yahoo.com

Youth Employment Strategy Summer Jobs

IMPORTANT NOTICE To Employers

Summer Career Placements is a wage subsidy program that enables employers to hire students during the summer for a period of 6 to 16 weeks. Private, public and not-for-profit employers are invited to submit their application by:

March 28, 2003

The objective of the program is to provide students with work experience related to their field of study. Applications will be evaluated based on the quality of the experience offered, local and regional priorities as well as available budgets.

Employers are eligible to receive up to 100% of the provincial/territorial minimum wage if they hire a student with a disability through the Summer Career Placements program.

To apply or to find out more about this program, please contact your nearest Human Resources Development Canada office or call 1 800 935-5555.

Internet: www.hrhc-drhc.gc.ca



Government of Canada

Gouvernement du Canada

Canada

Still accepting new patients

PODIATRIST FOOT SPECIALIST

Professional Foot Care and Custom Orthotics
These appliances often alleviate foot, leg and back problems

GORDON E. BUNSICK, D.P.M.
Doctor of Podiatric Medicine
51 King St. E., Brockville
345-2335
Serving Eastern Ontario for over 28 years



ODE TO MARE

February 26, 2003

A Special Lady turns 40 today, WHO? We're not tellin'... Just suffice it to say, Her name rhymes with M. Ellen She's a most loving daughter, The very best Sis... And on her milestone day We just couldn't resist Sending congrats and best wishes, too So you would know, Mare... How much we LOVE YOU!!!

You're the Best! Have a Happy! From all of us

**Kemptonville Building Centre Ltd.**
Cty. Rd. 43 West, Kemptonville **258-6000**
1-800-810-4269

For All Your Flooring Needs

**ARMSTRONG VINYL FLOORING**



- Experienced sales staff
- Qualified installer
- Free estimates
- Wide selection of products

Our BETTER Floors



Store hours:
Mon.-Fri. 7:30 am-5:30 pm; Sat. 8 am-4 pm





Youth Employment Strategy Summer Jobs

IMPORTANT NOTICE To Employers

Summer Career Placements is a wage subsidy program that enables employers to hire students during the summer for a period of 6 to 16 weeks. Private, public and not-for-profit employers are invited to submit their application by:

March 28, 2003

The objective of the program is to provide students with work experience related to their field of study. Applications will be evaluated based on the quality of the experience offered, local and regional priorities as well as available budgets.

Employers are eligible to receive up to 100% of the provincial/territorial minimum wage if they hire a student with a disability through the Summer Career Placements program.

To apply or to find out more about this program, please contact your nearest Human Resources Development Canada office or call 1 800 935-5555.

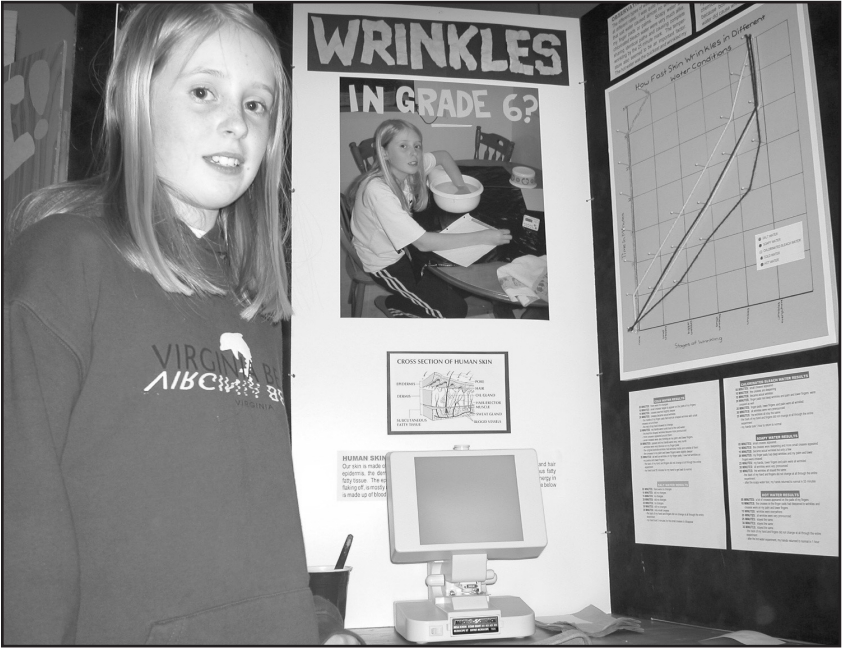
Internet: www.hrhc-drhc.gc.ca



Government of Canada

Gouvernement du Canada

Canada



Wrinkles in Grade 6? This was the question Jesse Luimes asked that won her the split title as 'best project' at the Morewood Public School Science Fair on Feb. 19. Luimes' analysis of one of our more feared features, earned her a trip to the United Counties Science Fair on April 5, in Cornwall.



Grade 5 student Savannah Vetter earned a share of the honors of best project at the Morewood Public School science fair last week, with her project Bye, Bye Butterfly. Three judges interviewed and judged the contestants on Feb. 19, before the students presented their projects the same night.



Sarah Vetter, tied with Brooke Cousineau for second place in the Morewood Public School science fair, displays her Zap Hard/Zap Soft experiment which examined what type of water conducted electricity more, hard or soft water.

The wonder of Science: Morewood Public School honors students' projects

MOREWOOD — The students of Morewood Pulic School presented their experimental knowledge during the annual science fair held at their school on Feb. 20.

In total there were 50 projects judged by 25 judges, with each submission being marked three times, including a 15 minute interview. The Grade 6 winner will move on to represent Morewood Public at the United Counties Science Fair, in Cornwall on April 5.

Among the winners were: Savannah Vetter (Grade 5) and Jesse Luimes (Grade 6) for best project in the fair; James Casselman (Grade 5 second); Brooke Cousineau and Sarah Vetter (Grade 6 second); Jessica Byers, James Demers and Savannah Distasio (Grade 5 third) and Carly Crump and Cassidy Wattie (Grade 6 third).

Damaged hydrant dispute may go to court

by Gerrit Bosma
Press staff

WILLIAMSBURG — The three-year-old question of who will pay for a damaged Iroquois fire hydrant seems to be ready to explode — and South Dundas Township may be sued over it.

In February 2000, a hydrant was damaged in front of the house of Bill Mullin, after it was supposedly hit by the blade of a snow plow. The cost of parts and labor to fix the wrecked piece of municipal property was \$1,900. More than a year later Mullin said he realized the bill for the damages came directly out of his bank account as an addition to his taxes.

Mullin claims he doesn't know who plowed his driveway, but says whoever it was should pay for the damages, not him. He is now in the

process of selling his property, but says he must first clear the matter of being charged for the hydrant.

At the Feb. 13 South Dundas Township council meeting, Mullin said he is considering legal action. He had previously spoken to council at an Oct. 24, 2002 meeting.

At the most recent council meeting on Feb. 13, township road superintendent Hugh Garlough read a report from OPP who looked into the mysterious matter of who was driving the snow plow which hit the hydrant. The police report said too much time had passed to clearly investigate who was the guilty driver.

After telling Mullin council would have to further discuss the issue of who was to pay for the hydrant, the members went into a

closed session at meeting's end. South Dundas clerk Brenda Brunt said in the in-camera session council decided to write Mullin a letter asking him to pay 50 per cent of the damages to the hydrant. Council is to decide how to proceed with the issue after receiving a response to the letter.

"I just don't see where it is my responsibility," Mullin told council more than once.

Mullin was previously supported by deputy mayor Cam Martel, who was absent from the Feb. 13 meeting. Garlough continued to say it was suspicious that Mullin said his mother's and brother's driveways were also plowed the same way without them knowing. Garlough said the township doesn't have a policy about plow

damage to public property like hydrants. He did say, however, that rumors in the community were that a specific snow plow needed repairs in the days following the incident in front of Mullin's residence.

Councillor Charles Barkley voiced adamantly his belief council should not go to court over the matter. "If it goes to court, we are still not going to know who did it," Barkley said. "We should be ready to make an agreement. We should avoid court."

Councillor Bill Ewing said he feels council should give Mullin back his money as the case is not clear enough. Yet, there was still a mood from some around the table that Mullin knew who was driving the snow plow which allegedly clipped the hydrant and should pay the damages.

South Dundas tries for solution

Seaway Valley
Pharmacy

Winchester
774-2633

Appliance & Furniture
774-3757

RadioShack
774-1567

Home Hardware
774-2700

GEGGIE'S
Highway 31 at Highway 43,
South of Winchester

FLOWERS
DURANT'S

www.durantsflowers.com

507 St. Lawrence St.
Winchester
774-3825

173 Queen St. W.
Chesterville
448-2354

BRUCE R. KERR
INSURANCE & INVESTMENTS

Bus.: 774-2456
Res.: 774-3939

456 Main St. East, Winchester, Ont.

Good Things From Milk

parmalat

490 Gordon Street
Winchester, Ontario

NOR-DUN SENIORS CENTRE

Box 822, Winchester, Ontario, K0C 2K0
613-774-6109 • Fax 613-774-0648

CHESTERVILLE LAPRADE CENTRE • SOUTH MOUNTAIN AGRICULTURAL HALL
WINCHESTER NOR-DUN CENTRE

COMING EVENTS FOR MARCH 2003
Nor-Dun Seniors Support Centre, Winchester Site
Diners Club every Monday, Wednesday and Friday. Call ahead to reserve.
Cost for Seniors: \$5.00, Non-Senior Guests Welcome: \$7.00
To reserve call Nor-Dun at 774-6109.

WEDNESDAY, MARCH 5: Cribbage
TUESDAY, MARCH 6: Foot Care Clinic - Call 774-6443 for an appointment
TUESDAY, MARCH 11: Beachcroft Common Room - 10 am - Presentation by CNIB
WEDNESDAY, MARCH 12: Croquinoile with Charlie & Lillis at 1 pm
THURSDAY, MARCH 13: Free Blood Pressure Clinic, 11:30 am-12 noon
THURSDAY, MARCH 13: Soup & Hotdog at 4 pm
FRIDAY, MARCH 14: Hearing Aid Clinic, starting at 1 pm - Call 1-800-267-9697 or 233-4374 for an appointment
MONDAY, MARCH 17: St. Patrick's Day Dinner - Beef Stew
WEDNESDAY, MARCH 19: Cribbage
TUESDAY, MARCH 25: Bridge
THURSDAY, MARCH 27: Soup & Hotdog at 4 pm
THURSDAY, MARCH 27: Rideau Carleton Bus Trip leaving at noon
EXERCISE CLASS every Wednesday at 9:30 am with Pat Kelly as the Instructor for \$4 per class.
CHAIR EXERCISE to start soon. If you are interested, please call 774-6109.
BID EUCHRE every Friday at 1 pm
CAREGIVER SUPPORT GROUP meets on **Tuesday, March 18 at 1 pm.** Everyone welcome.
EVERYONE is welcome to come to join in the lively conversation at the twice weekly **COFFEE GROUP** every Tuesday and Thursday morning at 9:30 am.
ALSO every Monday from 9 am on is our **QUILTING AND HANDICRAFT** morning.

Nelson LaPrade Centre Seniors' Programs, Chesterville
TUESDAY, MARCH 4: Beef Stew - St. Patrick's Day Dinner, presentation by CNIB
TUESDAY, MARCH 18: Corned Beef & Cabbage
Please call 774-6109 to reserve your meal each week.

South Mountain Seniors' Programs, South Mountain Agricultural Hall
THURSDAY, MARCH 6: Baked Fish - Entertainment by 'Cardinal Redbirds'
THURSDAY, MARCH 13: Beef Stew - St. Patrick's Day Dinner
THURSDAY, MARCH 20: Sweet & Sour Meatballs - Euchre
THURSDAY, MARCH 27: Chicken Balls - Presentation by CNIB
Please call 774-6109 to reserve your meal each week.

For more information please call us at 774-6109
CLIP & SAVE

WINCHESTER/CHESTERVILLE FUNERAL HOME
1283217 Ont. Inc.

Mr. Dean MacGillivray
Funeral Director
505 Church St.,
Winchester
613-774-2120
Fax 774-4059

Proudly Canadian and Independent

Mr. Yvon H. Denis
Managing Director
62 Queen St.,
Chesterville
613-448-2120
Fax 774-4059

ANDY'S FOODLAND

512 Main St., Winchester
774-2125
*HOURS: Mon.-Fri. 8 am-9 pm;
Sat. & Sun. 8 am-8 pm*

Serving you since 1936!
BOYD CHRYSLER DODGE JEEP WINCHESTER

FIVE STAR
Certified Dealer
567 St. Lawrence St., Winchester
774-2520

THE VILLAGE BIN

Your Bulk Food Store and More
Quality Mother & Baby Products

Peanut Brittle is her specialty!

498 Main St., Winchester 774-2783

Summers Insurance Brokers Inc.

John Adams, President

In Business Over 60 Years

An Independent Insurance Broker
Covers You Best

- HOME • AUTO
- COMMERCIAL • FARM

532 Main Street West
Winchester • 774-2515

Winchester Service Centre & Convenience Store

Thanks for your support
Winchester 774-0902

WINCHESTER PRESS

Established in 1888

The district's most widely-read
award-winning community newspaper

www.winchesterpress.on.ca

Police blotter

Police shut party down

MATILDA — Yet another party gone bad.
On the evening of Feb. 21, police were called to the Matilda Community Hall in connection with a party which was reported to be out of control. Police received reports indicating incidents of fighting, alcohol consumption and intoxication at the non-licenced event. Police from Dundas and Grenville Counties assisted hall staff with shutting the party down. No charges were laid during this incident.

OPP warn of advertising scam

LONG SAULT — A complaint has been received by the OPP in the SD&G area concerning persons soliciting advertising by phone for a publication by the name of "Our Provincial Police News". This solicitation campaign "is not associated in any way" with the Ontario Provincial Police. Phone solicitations similar to this have also used the names: Ontario Police Magazine, Ontario Provincial Police News, Our Provincial Police News Today and OPP News.
Citizens who have received similar calls from an agency with a name similar to "Our Provincial Police News", are being asked by police to call Phone Busters at 1-888-495-8501 or Info@phonebusters.com.

Stolen motor vehicles

DUNDAS — Police began an investigation into a report of a stolen vehicle, which occurred in North Dundas on Feb. 23.
During the early morning hours a 1995 Ford Escort, red in color, had entered the ditch along County Road 31 north of Winchester Springs. On returning to the scene later in the day, the driver found the vehicle had been removed from the ditch. An investigation by police failed to locate the vehicle. Const. A. Gagnon is investigating.
A tractor was stolen from a parking lot near Iroquois on the evening of Feb. 13. Police began an investigation into the theft of a 1997 International tractor from the lot located along County Road 2 in South Dundas. Const. D. Holmes is investigating.
A 1994 Dodge van was reported stolen in Winchester on Feb. 17. The police received a report of a theft of motor vehicle, between Feb. 15-17. The van, white in color, was taken from Dufferin Street property. The vehicle was recovered, abandoned, along Rae Road in North Dundas on Feb.17. Const. D. DeBoer is investigating.

Chesterville scene of B&Es

CHESTERVILLE — Police attended the scene of a residential break and enter, which had occurred overnight on Feb. 14 in Chesterville. A forced entry into a Howard Street home resulted in the theft of cash. Const. P. Como is investigating.
Police responded to two separate incidents of break and enter at a Mill Street home on Feb. 15 -16 in Chesterville. During the period between Feb. 7 to 15, an entry into the home resulted in the theft of a microwave, VCR and air conditioner from the property. A second entry, made between Feb. 15-16, involved the theft of cash from the home. Const. S. Lecuyer is investigating both incidents.

ATTENTION BUSINESSES!

BUDGET NOW FOR THE 12th ANNUAL

THE EASY TO READ TELEPHONE DIRECTORY™

Serving Brockville, Gananogue, Prescott and the surrounding area
Serving • Brockville • Prescott • Athens • Rockport
• Mallorytown • Gananogue • Seeley's Bay
• North Augusta • Cardinal • Spencerville
• Toledo • Delta • Lansdowne (38,000 copies)

Serving • Kemptville • Morrisburg
• Iroquois • Williamsburg
• Winchester • Chesterville
• South Mountain (17,000 copies)

Our Goal:

- To provide a BETTER Phone Book! Large, easy to read print, organized community information. Now the proven PHONE BOOK OF CHOICE.
- To provide complete local business listings in yellow pages.
- To deliver total distribution of our Easy To Read Telephone Directory to the businesses and residents it serves FREE of charge.
- Distribution also to all participating hotels, motels, and contributing community service groups.
- To provide the advertiser with an affordable method of reaching every potential customer in your immediate marketplace.
- To provide an alternative directory that offers:
 - Large Print • Display Ads in Yellow and White Pages
 - Postal Codes • Emergency Phone Numbers
 - Local and Area Maps • Service Club Directory
 - School Board Calendars • Government Phone Numbers
 - Valuable Additional Community Information

The Easy To Read Telephone Directory

Published by
THE RECORDER & TIMES
1600 California Ave., Brockville
613-342-4441 or 1-800-267-4434 Fax 342-4456

Johnston team honored for 50 years of rural mail delivery

by Gerrit Bosma
Press staff

WILLIAMSBURG — Ferneley Johnston loves people and delivering their mail each day. He has done so for half a century.

Not much different from the pony express of the past, Ferneley has hit the bumpy roads around Williamsburg in a variety of vehicles, with one purpose in mind - to deliver the mail on time.

This past Fri., Feb. 21, Johnston was honored by Canada Post for his 50 years as a rural mail deliver to Williamsburg-area-homes. For those five decades, Ferneley's wife Marian was by his side as part of a Johnston mail delivery team. Ferneley is 76 years old and has now plans of retiring his mail route. His dedication to the postal service and area families began Jan. 2, 1953.

"I enjoy it," he said. "I love talking to people and being out in my community. Plus, if I didn't do it I would be home with nothing to do and my wife would shoot me."

Marian actually assists Ferneley first-hand with delivery.

"I have had her with me for 50 years. I give her the mail and she puts it in the box. It's a team effort."

Marian said she loves keeping Ferneley company as they drive slowly up and down Williamsburg area roads delivering mail to country residences.

"He loves people and there is no better job for that," Marian said. "It is really nice to see all the people on the mail route come out to honor Ferneley in this day and age. A lot of the older people have depended on his delivery over the years."

Honoring Ferneley with a plaque at the Williamsburg Post Office was Michel Billette, Cornwall area manager and local postmaster Susan Woods. A warm crowd of residents on the Johnstons' mail route also showed up to extend their congratulations and to catch up with new happenings with their mail delivery team.

The husband and wife team agreed times have changed as the route has lengthened. When Ferneley began working for Canada Post, he delivered mail to 65 homes and earned \$100 a week, with no mileage cheque. The mail was also delivered at 9 am and on Saturdays. Today, he has a route of 167 boxes, and doesn't receive his mail to deliver until after 10 am, which doesn't include weekends. Ferneley also earns more money, but suggests the salary isn't what it should be.

Yet, the mail delivery job has always been a part-time venture for Ferneley, who has been a farmer all his life. While the times have altered, he has no regrets of his 50 years of service to the residences around Williamsburg.

"I have no complaints over the years," Ferneley said. "I watched people move and new people arrive. I knew people quite

well, but many people are not home when I deliver the mail today."

In a more transient society, Ferneley said parcel deliveries have increased from various parts of the country and overseas.

The veteran mailman said, until now, the largest influx of new homes on his route came in the early to mid-1950s when streams of Dutch immigrants arrived. He said there was a constant flow of parcels

and other mail in the short period after those years.

The roads on the 50-year-old mail route haven't always been smooth either. Ferneley chuckled as he reminisced on the time his car stalled in the middle of a washed out part of a road. He simply allowed the water to pass through his car, started it and was on his way. Ferneley began delivering mail in a 1947 Mercury and over the years has gone through three Ford cars, two Dodge half-tons and recently, a few Chevy trucks.

Marian said the residents on Ferneley's route have been friendly and she was touched by their appearance at a gathering in his honor last week. Though, she misses the days when mail was delivered on Saturday, and feels with more people at work lately on weekday mornings, the route has lost some of its personal touch.

Yet, Marian, like Ferneley has only fond memories of the 50 years of delivering mail. She also smiles when describing the personalized touch Canada Post used to put on letters to Santa Claus during the Christmas season.

"Canada Post has been good to work for," she added.

While the route has further expanded in recent years, with stops at the seniors' complex and new apartments in Williamsburg, Ferneley and Marian keep on bringing personal letters, junk mail and those dreaded bills, to the community of friends which moves and arrives every year.



A half-century of delivery

From left, local Canada Post area manager Michel Billette, Williamsburg Postmaster Susan Woods, and honorees Ferneley and Marian Johnston, during the 50-year mail delivery anniversary celebration at the Williamsburg post office on Feb. 21.



Toasting new CoC members

The North Dundas Chamber of Commerce held its annual wine and cheese event on Feb. 20, to network with existing members and recruit new ones. The Chamber currently has roughly 50 members and is dedicated to building the township's economy. Hosting the gathering at the Chesterville Legion were Chamber registrar Owen Shortt (left), vice-president Connie Gruich and president Gerry Boyce.

Track team gets off to roaring start

MAPLE RIDGE — Last week's mild weather has given many track hopefuls at North Dundas the extra push to start training. This year's track team commenced their workouts a few weeks ago. They can be seen sprinting down the school's corridors, making everyone watching them feel like sitting down.

Last Wednesday (Feb. 19), several members of the team travelled to an indoor track meet in Kingston. Bailey Lewis finished first in the 60-metre and 400-metre, while Rory Clement claimed first in the triple jump. The first warmup meet for the track and field team will take place on May 6 in Cornwall. Also new in sports, the badminton club has begun playing after school, and tryouts for the badminton teams will be held both this week and next.

After four months of hard work, the senior boys basketball season is drawing to a close. The team trav-

NDDHS Notes

by
Kathryn Leyenaar



elled to CCVS (Cornwall) to play in the semi-finals on Monday. They sat in third place going into the tournament and played St. Joe's in hopes of making the finals. After the league championship, win or lose, the senior boys will be travelling to Perth District High School Feb. 28 and March 1 for EOSSA.

Similarly, the girls volleyball teams ended their seasons last Wednesday. The senior girls were unable to defeat La Citadelle in the finals, but according to Mrs. Hall, the team "played three very strong games and represented North Dundas very well." Congratulations to both of these teams, who have been

practising together since November!

For those who are not as interested in a cardiovascular workout, archery may be the sport for you. A month ago an archery club was added to the list of extracurricular activities at North Dundas. The club has an abundance of expertise, headed by Amanda Smith-Millar and Diane Wicks, teacher supervisors Mrs. Gibson, Ms. McNab, and Mme. Leduc, and assistant teachers Mandy Wicks, Dana Westenbroek, and Colleen Driscoll.

The 25 club participants practise on either Tuesday or Wednesday after school. Lessons may include standing on paint cans to learn balance techniques, or hitting balloons for accuracy. The physical education department at the school funded the formation of the club. It is the hope that archery will become part of the curriculum. The archers will be aiming to make the team to attend OFSSA in mid-May.

Little Ads get
Big Results
Try the Classifieds

Appliance Service

- Washers • Dryers
- Refrigerators
- Ranges • Dishwashers
- Microwave Ovens, etc.

FOR EXPERIENCED SERVICE
Call Arden at

BLACK'S
TV AND APPLIANCES
Williamsburg 535-2561
Since 1958
We Service What We Sell



**Wednesday
& Thursday
4 pm-10 pm**

**FAJITAS
NIGHTS**

Chinese Buffet
with salad bar
and dessert table **\$10⁹⁵**
Friday - Sunday, 5 pm-9 pm

Sunday Brunch
with salad bar
and dessert table **\$7⁷⁵**
Served 9:30 am-2:30 pm
Kids under 8 - **\$3.75**

Licensed under L.L.B.O.

Hours: Mon. - Thurs. 6 am-10 pm; Fri., Sat. 6 am-11 pm; Sun. 7 am-10 pm

Country Kitchen
Restaurant, Dining Lounge and Tavern
Winchester 774-2417 • Fax 774-1787



We've Moved!
Muriel's Flowers
has moved to
491 Main Street
Winchester • 774-2201

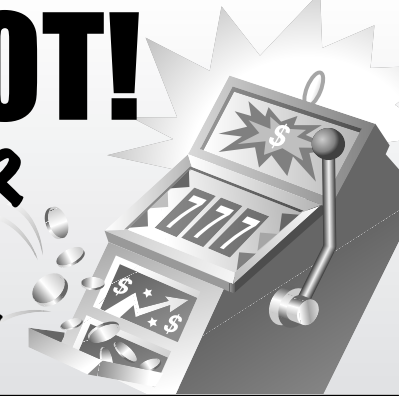
(Across from CountryBoy & Everlastings in the space previously occupied by Country Flame & Mobiletech)

**Call Muriel's for fresh-cut flowers
and plants, anniversary
arrangements, sympathy tributes,
get well and birthday arrangements**

*We provide quality and friendly service.
Thank you for your patronage.*
- Sandra

HIT THE JACKPOT!
NO PAYMENTS FOR 1 YEAR

plus **0%** FINANCING UP TO 36 MONTHS **\$0** SECURITY DEPOSIT



 2003 HYUNDAI ACCENT GS 0% UP TO 36 MONTHS \$0 DOWN LEASE FOR ONLY \$159 PER MONTH	 2003 ACCENT GL - 4 DOOR 0% UP TO 36 MONTHS \$0 DOWN LEASE FOR ONLY \$189 PER MONTH	 2003 HYUNDAI ELANTRA GL 0% UP TO 48 MONTHS \$995 DOWN LEASE FOR ONLY \$179 PER MONTH
 2003 HYUNDAI ELANTRA GT 0% UP TO 36 MONTHS \$1,495 DOWN LEASE FOR ONLY \$219 PER MONTH	 NO PAYMENTS FOR 1 YEAR PLUS 0% FINANCING UP TO 36 MONTHS AND \$0 SECURITY DEPOSIT	 2003 HYUNDAI SONATA GL 0% UP TO 36 MONTHS \$1,995 DOWN LEASE FOR ONLY \$239 PER MONTH
 2003 HYUNDAI TIBURON 0% UP TO 36 MONTHS \$1,995 DOWN LEASE FOR ONLY \$249 PER MONTH	 2003 HYUNDAI SANTA FE 0% UP TO 36 MONTHS \$2,995 DOWN LEASE FOR ONLY \$199 PER MONTH	 2003 HYUNDAI XG 350 1.9% UP TO 36 MONTHS \$3,995 DOWN LEASE FOR ONLY \$379 PER MONTH

HYUNDAI
Win

3 YEAR UNLIMITED ROADSIDE ASSISTANCE / \$750 GRAD REBATE / FULL SERVICE DEPARTMENT

*Leasing program available from Hyundai Financial Services. Limited time offer. Leasing program based on 2003 Accent GS 3 dr MSRP from \$12,395. 2003 Elantra GL MSRP from \$15,295. Interest rate 2.67%/2.16%, \$159/\$179 per month for a 60/60 month walk-away lease for all models. Total lease obligation of \$9,540/\$11,735. O.A.C. and optional purchase price of \$4,608/\$5,223. Down payment of \$0/\$995 plus first monthly payment required. Security deposit \$0 for Accent & Elantra freight & P.D.E. included. Taxes, license and \$350 administration fee extra. 20,000 km mileage allowance per year applies. Additional km charge of \$0.10 applies. **2003 Accent GL 3dr MSRP from \$12,395, 2003 Elantra GL MSRP from \$15,295. All MSRP prices exclude freight, license, P.D.E. and taxes. One year (365 days) payment deferral is available on all new and unused 2002 and 2003 vehicles. No interest charges will apply during the first 335 days after purchaser takes delivery of a participating vehicle. After first 335 days interest starts to accrue and the purchaser will repay principal and interest monthly over the term of the contract at an interest rate of 6.43% per annum. The first payment is due 366th day after the vehicle delivery. The maximum term of contract is 48 months excluding the 12 months payment deferral. Down payment or trade in may be required. =10% purchase financing available on 2003 Accent/Elantra models indicated O.A.C. for 36/48-month terms. Financing example: \$10,000 at 0% per annum equals \$277.80/\$208.33 per month for 36/48 months. C.O.B. is \$0.00 for a total obligation of \$10,000. Source AIA/MC sales January to November 2002. Taxes, license & administration extra. Financing programs may not be combined with leasing program. Offer expires February 28, 2003.

CORNWALL
HYUNDAI

Claude C. Claude B. Linda Bob Wayne T. Melissa Jamey
628 Pitt St., Cornwall 933-8135

Editorial/Opinion

WINCHESTER PRESS



Published by 2woMor Publications Inc.
545 St. Lawrence St., Box 399,
Winchester, Ontario, K0C 2K0
Tel: 613-774-2524, fax: 613-774-3967
www.winchesterpress.on.ca
E-mail: news@winchesterpress.on.ca
Advertising: advert@winchesterpress.on.ca

John Morris, President
Allen Van Bridger, Co-publisher and
Managing Editor
Donna Rushford, Co-publisher and
Advertising Manager
Chris Zabel, Editor
Gerrit Bosma, Reporter
Janet LaPierre, Production Manager
Heather Erwin, Advertising Sales
Connie Hart, Office Manager

The Winchester Press was established in 1888 and is published Wednesdays at Winchester, Ontario.
Subscription rates: \$32.10 per year within 40-mile radius except door-to-door delivery; \$42.80 per year outside 40-mile radius plus door-to-door deliveries; \$144.50 per year outside Canada.
GST included. We acknowledge the financial support of the Government of Canada, through the Publications Assistance Program (PAP), toward our mailing costs. The Winchester Press is printed in Canada and mailed under publications permit #08912.

All layouts and composition of advertisements produced by employees of the publishers of the Winchester Press are protected by copyright vested in the publishers of the Winchester Press.

Member of Canadian Community Newspapers Association and Ontario Community Newspapers Association.



EDITORIAL

Township beats blizzard

There was little traffic around the centre of Winchester Sunday afternoon (Feb. 23), which was fortunate because there were few places to park. For those who spent the half hour necessary to mobilize a car, skidding around the village was an adventure. While the 30 centimetres of snow that fell over the weekend was welcome to the drought-stricken South Nation watershed, the blizzard was a surprise. As the first major snowfall of the winter, finally everyone was forced to swing a shovel. Recalling Sunday afternoon, however, it was remarkable how much bare pavement there was on the village's streets and sidewalks by Monday. The storm started Saturday afternoon. North Dundas patrol foreman Larry Ezard reported that municipal plows were on the roads by 7 pm, keeping the main arteries accessible. By Sunday morning at 4 am, the township's six-plow snow removal fleet was out in full force. Ezard said snow removal continued steadily until early Tuesday. During the worst of it, when the plows were running just to keep the roads open, Ezard said the public was very helpful. He said people generally kept their vehicles off the roads, staying out of the way of the snow removers. The main problem was a few vehicles stuck on the road. Once the roads were clear, the job became removing the snow. The township hires two snowblowers. One works in Winchester and the other in Chesterville, each filling a team of three dump trucks. Ezard said he couldn't guess how many loads of snow were removed from the villages, although he said each truck was hauling about three loads an hour. It takes a surprisingly short time for a snowblower to fill a dump truck. The blizzard came suddenly, but eastern Ontarians generally accept that they don't have it that bad. "There's been worse," said Ezard. "You've got to remember that the guys on the East Coast get this all the time."

C.Z.

Food for thought

In today's financially strapped times, money is tight for everyone. Yet, as hard as it may be to imagine, there is always someone worse off than yourself. Recently the Dundas County Food Bank held its General annual general meeting, which attracted a small portion of its members. Yet, few new initiatives, fundraising ideas or nominations for board positions came from those in the room. The current board chairperson Diana Pethick says she is still committed to the food bank, but is stepping down as chairperson as soon as a successor can be found. Pethick says while finances are currently secure, sustainability for the year is of grave concern. After literally almost running out of funds to pay the rent on the Morrisburg and Winchester food bank locations near the end of 2002, a Christmas rush brought \$21,000 in donations. As well, the South Dundas Township council eliminated rental costs for the last two months of last year. Though, the food bank must pay \$1,600 in operating costs and \$2,000 on food a month, to sustain its existence. Pethick is concerned the traditional scarcity of donations from spring to fall, will leave the food bank behind the eight ball once again. Small towns and rural communities are known across this great nation for their endless generosity and caring for those in need. Stereotypes of the poor, however, and opinions of those ignorant to the true plight of the communities impoverished, do exist around us. Food bank client numbers are up, and so is the frequency of visits. While 30 per cent of them are on social assistance, the other 70 per cent come from seniors, the disabled and the much neglected working poor. Helping the local food bank can be done through in-house fundraising projects at your place of work, or recreational/social group. Everyone respects the fact people work hard for their money, and don't have much left over for themselves. But, just remember, if you assist those in need, you benefit the entire community.

G.B.

We miss you, Matt

The community lost a good man last week. The first time I met Matt Krisjanis, about five years ago, we talked about his job with North Dundas Township, and the stress of operating the recreation department. I was there to interview him, as a reporter for the *Winchester Press*.

We were strangers when I stepped into his office, but old friends by the time I left an hour later. What I learned

in that hour was proven time and time again by Matt over the years, as our friendship developed.

First, he was completely dedicated to his job as the recreation director of the township. As much as he enjoyed complaining about his job, he loved it and the people that he dealt with.

Secondly, he was all about community. His dedication to the community of North Dundas was evident in the countless committees he sat on, usually on a consultative basis on behalf of the recreation department.

But he wasn't involved with those committees only because of his job. He was there to support the community. I couldn't name all of the committees Matt was involved with, but of the biggest ones was the Parade of Lights committee. When there was a job to be done for that committee, Matt was among the first to volunteer, or to be volunteered.

Third, Matt had a wonderful sense of humor and loved to have a great time. From cruising on his motorcycle, to holding council with his buddies on a Friday evening to wind down from the work week, to simply having a happy greeting for whoever he saw throughout the township, Matt was a treasure

of the community.

Whenever I met up with Matt around town, he always had a bright smile for me, a friendly comment and a story or two to make me laugh.

As a reporter, I loved having Matt's insight into the workings of council and the township. I loved his winks at me from across council chambers on Monday nights, when a ridiculous comment was made at a council meeting. I loved our long

conversations held wherever necessary — once for over an hour standing in a canned goods aisle at Andy's Foodland, stepping out of the way for shoppers as we solved all of the township's problems and a few from further afield.

As a friend, I loved having Matt's support, encouragement and positive attitude as part of my life. His e-mails, which included jokes and humorous asides, would brighten my day.

Among all the people I've missed since leaving Winchester, I missed Matt the most. I thought of him often, especially in the past few months.

What I remember of Matt is the friendly, happy guy that we all knew.

I have an empty space in my heart now that he's gone, and so does the community.

We're all better for having known Matt, and I hope that his spirit of giving, volunteering, dedication to the community and wonderful sense of humor will live on in North Dundas.

As one individual put it during the short service last Saturday, Matt had a wide, eclectic circle of friends, from bikers to business people to the mayor himself. The magic about Matt was that he was always himself.

We miss you, Matt.



This week in...

by Gerrit Bosma

1923

The first oil heater was installed in the village of Winchester. The oil furnace was owned by a Mr. A. Sweet who found the new system efficient, especially on the coldest days of the winter. The cost was said to be higher than coal, but without the tedious annoyance of shovelling the black dirty substance. If a success, it was said more homes in Winchester would have an oil furnace installed. In other news, counties council voted to issue \$400,000 to build "a good roads system" for the three counties. The roads committee included Warden Manroe and Reeve Robinson.

1933

A Chesterville man who escaped from a Dundas jail was caught several weeks later by constable Garnet McLean. Isador Hutt was taken into custody by provincial officer Frank Rose and was sentenced to three months in the counties jail in Cornwall. After serving the latest sentence, Hutt was to answer to his original charge of an offence committed in Ottawa. Hutt was able to elude police custody after finding a way out of his cell in the local town hall. The prisoner had escaped through a small hole near the furnace pipe.

1943

More than 1,800 ration books were submitted to the local ration board during days set aside for the issuance of ration books in Winchester. During the climax of Canada's involvement in the Second World War, chief distributor for the ration board C.R. Robinson was able to complete his task of gathering the substantial amount of books from the Winchester area with the help of some worthy volunteers. The Boy Scouts in the Ottawa region were also furthering the war effort by holding a salvage campaign for medicine bottles under the slogan "Help Bottle the Axis."

1963

Both the Tories and the Grits chose their candidates for the Grenville-Dundas riding in preparation for an April 8 federal election. Jean Casselman, incumbent member of parliament for Grenville-Dundas, was expected to again gain the Progressive Conservative nomination unopposed. Casselman was first elected in 1959, succeeding her late husband Clair Casselman. Meanwhile the local Liberals elected John Palmer of Kemptville. More than 300 Grits who filled the local party's convention hall chose the South Grenville District High School teacher over Ottawa University public relations officer and political science lecturer Bill Boss.

1973

Williamsburg student Susan Harriman received an honorable mention for her outstanding entry in a creative writing competition sponsored by Canada Permanent Mortgage Corporation. The Seaway District High School student entered the contest open to all students across Canada and had to write 2,500 words in either English or French. Considerable cash prizes were given to the top three entries in each province. All first prize winners were judged and the grand prize candidate took home a \$1,000 award.

1983

The village of Metcalfe became the first Ottawa Valley community to receive natural gas from the North Bay to Morrisburg TransCanada Pipeline. The reality of Metcalfe residents having the availability of natural gas was made possible by a federal subsidy. Metcalfe was chosen as the first community to gain access due to mandatory prerequisites it fulfilled.

1993

A new piece of provincial legislation, giving municipalities zoning power over the operation of sand and gravel pits, met with a controversial response in Metcalfe. The amendment meant each zoning application would be decided on its own merit. Representatives from the quarry operations did not attend a public meeting on the matter, but made it clear they were strongly opposed to any amendments to the old legislation.

To my son on his 18th birthday

My dear son: Well, here it is, your 18th birthday. (It is today, isn't it? You know how I am with dates.) On this major day in your life (assuming it is today), I've decided to sit down and write you a letter, saying the things I hold in my heart that I have never said out loud. This is a gimmick that has been used thousands of times by sappy writers, because the public just laps up this kind of syrupy schlock. If I can leave you with one thought, this is it: the public is gullible. Just never let on that you know, or you're screwed.

Anyway, this week (right?) you turn 18, which means you are now (bitter chuckle, snide snicker, derisive snort) a man. Sorry. I didn't mean to laugh, and I really don't know why I wrote that. But, c'mon, let's be honest. You? A man? Even you've got to admit the notion is laughable. Are we supposed to believe that you go to bed one night a teenager, and wake up the next day a man? Real men don't start their day with a bowl of Cinnamon Toast Crunch.

Now that you're (stifled laughter) an adult, it's time to set a few things straight. First, it is important to know that you are now only LEGALLY an adult. This means you may now LEGALLY drink, sign contracts, vote, and in general make your own bad decisions. But we both know that there are two kinds of law — the law of the land, and the law of the living room. You are a citizen of the Dominion of Canada and as such are entitled to certain inalienable

rights (stinking Charter of Rights and Freedoms). But we both know that the law doesn't apply in this little corner of the world. As the saying goes: my house, my rules. I've been reduced to using cliches.

Perhaps you may chafe at my iron-fisted rule. Well, chafe away. If you don't like it, you know what you can do. If you really don't know what you can do, I've planted some subtle hints in your room. Look under your bed, and you will find two suitcases, an ETS route map, and the Slum Apartments for Rent and Menial Minimum Wage Jobs sections of the classifieds.

But honestly, I don't really want you to leave, at least not yet. Many is the time I have said that the minute you turn 18 (that would be 7:41 am on whatever that day is) it's out the door with you. Of course, I was only joking. Many is the time your mother has said you can live here as long as you like. Of course, she was NOT joking.

Rest assured, son, I would never expect you to leave the nest until I was certain that you have attained a level of maturity that would allow you to survive for more than a week. Frankly, I think that's a



Maurice Tougas

In this Corner

Maurice
Tougas

ways off yet. For example, the other day I saw you drinking out of a cup adorned with cavorting bunnies that said "Happy Easter 1988." You still don't seem to have grasped the basic law of gravity that states if you drop something on the floor, it stays there until picked up again. You still haven't progressed past the sports and comics of the newspaper, although I am encouraged that you picked up the front section the other day, and exclaimed "What, there's more?"

So this turning 18 thing is a double-edged sword. On the one hand, you're now entitled to do a whole lot of stuff, and LEGALLY (see above paragraph) there's nothing I can do. But while you have attained the highest level of freedom, with it comes a little something called responsibility. In other words, if you want to be treated like an adult, you have to ACT like an adult.

Sucks, huh? Welcome to the world of adulthood.

Sincerely, Maurice M. Tougas (your father)

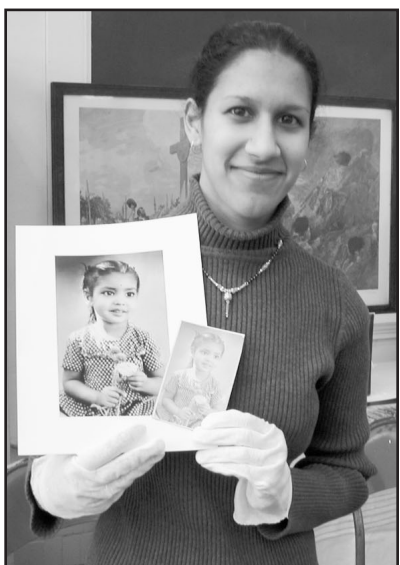
Maurice Tougas is a multiple-award winning columnist and journalist with more than 20 years experience. He has worked for the Edmonton Examiner, the Edmonton Journal, the Canadian Press and the Red Deer Advocate. He lives in Edmonton with his wife and three sons, aged 17, 15 and 11.

Preserving the past is mainly common sense

by Bonnie James
MORRISBURG — Many of us have family heirlooms in our homes. If we wish to preserve these artifacts for future generations, we need to take proper care of them and store them well. This past weekend, the Morrisburg Historical Society sponsored a workshop presented by local archivist Susan Peters on how to care for family heirlooms. She explained that once you are aware of what can cause damage, preservation becomes a lot of common sense.

When it comes to preserving any kind of artifact, whether it be paper, textile, ceramic, or metal, the key is to keep the item safe from deteriorating elements. These destructive elements include, light, heat, water, acid, humidity, pests (insects and rodents), smoke, dirt, and rough handling. Protection is all about prevention. Once damage has been done, there is usually very little of it that can be undone. You should avoid storing items in areas where they will experience extreme temperature or humidity changes or be exposed to any of the above listed elements, making basements and attics poor choices.

There is a balance required between a person's desire to display their historical objects and their desire to protect them to the best of



Nisha Scullino of Seize the Moment Photography was at the Morrisburg Historical Society's seminar on preserving family heirlooms on Feb. 22. She explained how old and damaged photos can be improved with digital technology.

their abilities. Since light (natural and artificial) contributes to the deterioration of items, if you choose to display your artifacts, make sure they are away from sunlight and are lit only indirectly by artificial light. Avoid having halogen lighting nearby. In cases of photographs and other paper documents, Peters recommends displaying a copy and protecting the original. With the technology of color copying and photo printing, a replica will look nearly indistinguishable from the original.

Peters told those attending the workshop that organic items, such as books, newspapers and cloth need a flow of oxygen, and the worst thing you can do to them is place them inside plastic bags. Laminating paper is also a no-no. Special acid free boxes are the preferred method of storage, although a white cotton sheet will provide adequate protection, while still allowing air to pass through. Also be wary of storing items together as elements of one may harm another. For example, the inks in newspapers can leach into cloth over time and cause stains.

Peters discussed the kinds of products that are available to help preserve

heirlooms, including acid-free boxes and tissue, archival file folders, and see-through mylar folders. Peters sells these items and more through a company called Family Jewels Archival Preservation Company. You can purchase special bridal gown preservation kits for about \$115.

At the workshop there was also a brief presentation by professional photographer and photo restorer Nisha Scullino of Seize the Moment Photography, who explained what can be done to improve old or damaged photos using digital technology. Photo restorers will digitally copy a photo so that the original is never harmed. They can then use photo software to take out cracks or fold lines, fill in small bits of the image that may be missing, and even colorize black and white or sepia toned photos.

After the presentations, Peters and Scullino were available to answer questions and share ideas on how to care for specific items. Some attendees had brought their artifacts with them, including an elegant silk christening gown and an old letter from Japan that was beautifully written on an eight-foot scroll.



Elizabeth Kirwan of Morrisburg (left) got tips on how to best preserve her great-grandmother's christening gown from local archival technician Susan Peters.

Safe-keeping of family heirlooms

Here are a few of the other tips that Peters passed on at the workshop:

— Books should be either laid flat or completely vertical and supported by other books or bookends, because having a book on an angle will put stress on its structure.

— For displaying plates, avoid spring-loaded mounting brackets, which can cause cracks and other damage. Instead, choose a plate rail that does not put pressure on the object.

— Avoid handling fragile organic artifacts with bare hands, since your fingers will have some oils on them, no matter how recently they've been washed. Wear cotton gloves.

— Avoid over-frequent polishing or cleaning of metal objects. Each polish removes a small

amount of the surface. Particularly avoid chemical dipping solutions and choose instead the most mild and non-abrasive method available.

— Do not hang art or other artifacts above a fireplace, above heat or air conditioning vents, or in bathrooms with tubs or showers. The environmental fluctuations can be harmful.

— Do not use rubber bands, tape, paperclips, glue, or Post-it notes on documents or photos.

— If you've used self-adhesive photo albums in the past (which are bad news to start with) and have found that over time your pictures are deteriorating and have become stuck to the backing, you can use a piece of dental floss carefully placed underneath one corner of the photo and gently worked downwards to remove them.

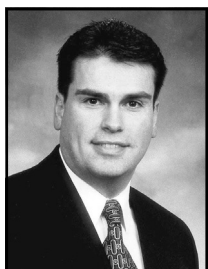
Meet our BMO Private Client Group Team at Winchester, Finch & Williamsburg

For personal investment advice...

Now, right here in the branch, you can get personal guidance from our BMO Private Client Group Team. Drawing on their individual and shared experience, they will help you to accumulate, grow and protect your financial assets, according to your individual needs. You will also find all the products and services you need – whether for simple solutions or complex strategies. Come in and meet...



Cheryl Hess, Investment Funds Specialist
Bank of Montreal
613-774-4196
www.bmo.com
• Investment planning and investment tax planning
• Term investments and mutual funds
• Saving for your child's education (RESPs)
• Retirement planning



Lawrence Cayer, Investment Advisor
BMO Nesbitt Burns
613-774-7055
www.bmonesbitburns.com
• Full-service investment advice
• Access to top-ranked* investment research
• Portfolio strategies, investment products & services
• Tax Advantaged Investment Strategies

Call today to set up a complimentary review

Bank of Montreal

510 Main Street, Winchester, Ontario, K0C 2K0

BMO  **Private Client Group**

BMO  **Nesbitt Burns**SM
Private Client Division

Investment Funds Specialists are representatives of BMO Investments Inc., a financial services firm and a wholly owned subsidiary of Bank of Montreal.
© "BMO M-bar roundel symbol" is a registered trademark of Bank of Montreal.
* "Nesbitt Burns" is a registered trademark of BMO Nesbitt Burns Corporation Limited, used under licence. BMO Nesbitt Burns is a member of CIPE
* Brendan Wood International Survey. Institutional Equity Sales and Research in Canada, 2001 Report.



Glass Shop

Auto, Commercial and Home Glass Specialists

TRUCK AND CAR ACCESSORY CENTRE

CUSTOMIZE YOUR RIDE

- American Racing Rims
- Roll Top Covers
- Running Boards
- Auto Vent Shades



- Bush Bars
- Roll Bars
- Side Bars
- KC Lights
- Front End Deflectors
- Buggers

Drop in and pick up your FREE truck brochure

• FORD • DODGE • CHEVY/GMC

YOUR HITCH CENTRE

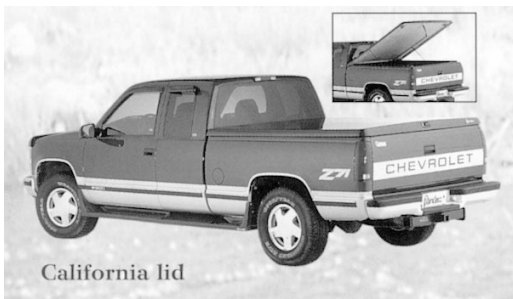


Authorized Distributor of

HIDDEN HITCH



YOUR CAP AND SPORT LID CENTRE



216 Van Buren St.
KEMPTVILLE
258-5222

Car Wash available at Kemptville location only

12054 Main St. W.
WINCHESTER
774-6854

1-888-891-2886 **www.rsglass.ca**

CHECK US OUT!

AKCENT MOTORS HAS QUALITY, DEPENDABLE USED CARS

MORE QUALITY VEHICLES TO CHOOSE FROM

2000 Ford Windstar LX, 5-dr., fully loaded inc. quad seats.....	\$14,980
2000 Dodge Caravan, 5-dr., fully loaded...	\$12,980
1999 Saturn SL1, 4-dr., auto., A/C.....	\$9,980
1999 Ford Escort SE, 4-dr., auto., A/C.....	\$9,980
1999 Pontiac Sunfire, 4-dr., 5-spd., A/C, cass.....	\$8,995
1998 Hyundai Accent GS, 2-dr., 5-spd., CD, alarm.....	\$7,995
1997 Toyota Tercel, auto., AM/FM cass....	\$7,995
1997 Dodge Stratus, 4-dr., auto., A/C, cass.....	\$7,995
1996 Dodge Grand Caravan LE, 5-dr., loaded inc. quad seats.....	\$9,980
1995 Chev Cavalier, 2-dr., 5-spd., AM/FM cass.....	\$5,995
1993 Eagle Talon ES, auto., 4-cyl., cass., CD.....	\$5,995

1999 OLDSMOBILE Alero GL

Sporty family sedan! 4-cyl., auto., Fully loaded incl. CD player. Only 56,000 kms.



\$11,875

1997 FORD TAURUS SE

Fully loaded family sedan. Excellent condition. Low kms!



\$6,995

1997 DODGE NEON

Economical 4-dr. equipped with 4-cyl., auto., A/C & more. Only 111,000 kms. Looks and runs like new!



\$6,995

1994 MERCURY TOPAZ

Runs and looks great! 4-dr., 4-cyl., auto. Fully certified and emissions tested.



\$3,995

Why you should buy your next vehicle from Akcent....

- 30 years experience
- Quality priced vehicles • Supporter of community events • Locally owned and operated with your interest in mind
- Personalized service

1996 CADILLAC SEDAN DE VILLE

Fully loaded luxury sedan incl. Northstar V-8. Heated leather seats & 12-disc CD changer. Absolutely mint! Only 143,000 kms.



\$12,995

2000 FORD WINDSTAR LX

5-dr., fully loaded, 7-passenger van, incl. CD player, quad seating and rear air. Only 46,000 kms.



\$15,840

2000 FORD RANGER FLARESIDE

Sharp looking, 6-cyl., 5-spd., AM/FM CD player. Priced right and won't last long!



\$10,980

1996 CHRYSLER INTREPID

Super clean family sedan with all the toys. Fully certified & emission tested. Dependable transportation at an affordable price.



\$5,995

ALL VEHICLES FULLY CERTIFIED AND EMISSIONS TESTED

*PLUS ADMIN. FEE \$199.00 • TAXES • FOR MORE VEHICLES, SEE US ON OUR WEB SITE: WWW.AKCENTMOTORS.COM

AKCENT MOTOR SALES INC.

12032 DAWLEY DR. WINCHESTER 774-0718



DEREK TAYLOR

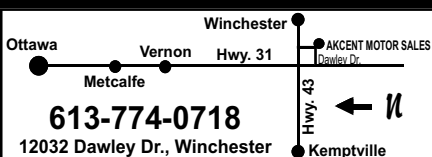


DIANE TAYLOR



JANSEN TAYLOR

Family Owned and Operated
Open Mon.-Thurs. 8 am-7 pm,
Fri. & Sat. 9 am-5 pm



- Car Cleaning • Express Lube
- Tire Sales & Installation
- Top Trade Allowance • Full Leasing Service
- Warranties Available

2003 KENMORE Winter Carnival

Friday & Saturday February 28-March 1

Friday, February 28

FRIDAY NITE MADNESS

Youth Dance

Ages up to 14 years. Exciting contests, spot dances & canteen. Kenmore Community Hall, 7 pm-9 pm, cost \$2 per person.

Saturday, March 1

Pancake Breakfast & Play Group

Kenmore Community Hall, 8 am-11 am. Cost: Adults \$4, Children \$3.

Outdoors Activities

At Kenmore Bicentennial Park (weather permitting). Hockey & Skating Skills Competitions, Parking Lot Contests, Races, etc. Time 1:00-2:30 pm.

Checkers & Tabletop Games Challenge

Kenmore Community Hall, 3-4 pm

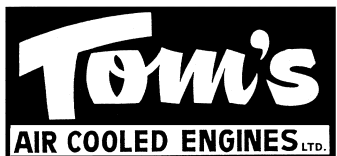
Spaghetti Supper

Kenmore Community Hall, 4:15-6 pm. Cost: Adults \$5, Children under 10 years \$3

Euchre Card Party

Kenmore Community Hall, 7:30 pm. Cost: \$5 per person.

For more information contact Gwen Blais at 821-2392 or Darsi Kingsbury at 821-4457



SALES, SERVICE & PARTS
8634 Bank St., Vernon
613-821-1060
Fax 613-821-1119

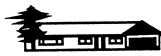
REPAIRS TO ALL MAKES AND MODELS
Hours: Mon. Fri. 8 am-6 pm
Sat. 8 am-noon



When you want it done right.



8941 MITCH OWENS ROAD, EDWARDS
Funerals • Weddings • Birthdays • Cut Flowers • Plants, etc.
ALL OCCASIONS
CITY AND COUNTRY DELIVERIES DAILY
Mon.-Fri. 8:30-5:30; Sat. 8:30-12 noon
821-2573



**DARYLE ROSS
REAL ESTATE LTD.**

7163 Parkway Rd., Greely, Ont., K4P 1N3

DARYLE ROSS, B.P.H.E., B. Ed.
Broker

Res.: 445-3469
Off.: 821-2369
Fax: 821-4597



**Kenmore
Aluminum & Vinyl**

(EST. 1969)

**GENERAL HOME
IMPROVEMENT**

PETER ZLOMISLIC
(HOME) 821-2185
(BUSINESS) 535-1066

SIDING
SOFFIT
PVC WINDOWS
& DOORS



**THE DOOR
COMPANY
LTD.**

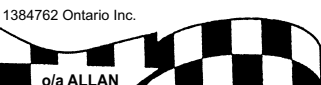
When price is an issue and quality counts
• SALES & INSTALLATION • PARTS • OVERHEAD
GARAGE DOORS • AUTOMATIC OPENERS
1-800-461-3121 (serving Ottawa and Eastern Ontario)
Head office: 821-2130



Fresh Fruit Market & Deli

Specializing in fruit baskets & party trays

MIKE CAMPBELL
8196 Victoria Street, Metcalfe • 821-3440



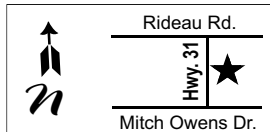
**JOHNSTON
REPAIR & SALES**

SALES, SERVICE AND PRODUCTS FOR ALL YOUR CYCLING NEEDS
2665 8th Line Rd., Metcalfe • 821-4263 • Fax 821-4480
www.allanjohnston.com



Specializing in **POLARIS PERFORMANCE**

Mike Smith
General Manager
5770 Bank Street
Greely 821-5550
Hours:
Mon.-Fri. 8 am-6 pm; Sat. 8 am-Noon



2350 Stevenage Drive, Unit 10, Ottawa, Ontario, K1G 3W3
613-736-7807 • Fax 613-821-3571 • Emergency: 613-593-7060
E-mail: sentinel.mgmt@sympatico.ca
Web site: www.sentinelmanagement.com

*Cindy E.
Johnston*



PHARMACY

"Our personal touch makes the difference"

Open Monday-Friday, 9 am-6 pm; Saturday 10 am-3 pm
PHARMACIST RONDA HICKS
8206 Victoria St., Metcalfe
821-1224

Skuce Repairs

4384-9th Line Road
Vernon
774-5612

AGCO

**James and Hill
Auction Service Ltd.**

631 Eadie Rd., Russell
613-445-3269



**CATERING
SERVICES**

ANYWHERE, ANYTIME, ANYTHING

AI & Judy Graham
www.ajscatering.com

**Metcalfe
821-1445**

FISHER ELECTRIC

Residential & Commercial Electrician
613-821-4140
Pager: 560-3553

REG FISHER
Mill St. East
Kenmore, Ontario, K0A 2G0



MANFRED GERDES
ASSISTANT MANAGER

P.O. Box 250, Hwy. 31
Vernon, Ontario
K0A 3J0
Toll Free: 1-888-728-0005
Telephone: 613-821-1252
Fax: 613-821-3667
E-mail: ptorrinha@donnellyford.com



Best Wishes

City of Ottawa
110 Laurier Ave. West, Ottawa, ON, K1P 1J1
Tel. 613-580-2490
Fax. 613-580-2530
web: www.city.ottawa.on.ca



Doug Thompson
Councillor
Osgoode Ward

Honey's Garage

3181 Gregoire Rd., Russell
445-3020

Now testing light & heavy duty diesel trucks



**Accredited
Drive Clean
Test & Repair
Facility**

Over 25 Years in Business
• Truck & Car Repairs
• Annual Safety Inspections
• Air Conditioning

J. Devereaux & Son Ltd. Pumping Service

Pumping of Septic and Holding Tanks
A household of 3-4 should pump out tank every 1 to 2 years
We unload all sewage at Greens Creek Treatment Plant,
Beacon Hill, Ottawa, Ontario

P.O. Box 7
Metcalfe
821-2348

**REAL ESTATE
INSPECTIONS**

*In business since 1963
Joe Devereaux,
Proprietor*



S.A. Hicks
INSURANCE BROKERS LTD.
Metcalfe 821-2155

WINCHESTER PRESS

Established in 1888

*The district's most widely-read
award-winning community newspaper*



TAX TIME!

For sound investment advice and dependable courteous service these professionals can help you manage your finances today and achieve your financial goals for the future.

Understanding RRIFs – or life after RRSPs

WINCHESTER — Sometimes it seems that saving for retirement is a little like alphabet soup. Just when you've deciphered that an RRSP is a registered retirement savings plan, you have to tackle the importance and purpose of RRIFs. Simply put, a RRIF, or registered retirement income fund, is one of the options you can choose when deciding what to do with the funds in your RRSP when collapsing that plan. While the focus of an RRSP is saving money for retirement, a RRIF is the account from which you can withdraw your funds for retirement income.

When RRSP holders reach the age of 69, they must make a decision about what to do with their registered retirement savings. Investors at this stage have three options as to their RRSP investments.

They can withdraw all the money collected in their RRSP, which can translate into a huge tax bill.

They can buy an annuity, an interest-bearing investment locked in for life or until age 90.

Or, they can roll RRSP funds into a Registered Retirement Income Fund.

A RRIF will seem somewhat familiar to anyone who has owned an RRSP. For example, RRIFs can contain a variety of investments such as stocks, guaranteed investment certificates, mutual funds and bonds. The key difference is that scheduled minimum withdrawals must be made from a RRIF, begin-

ning the year after the conversion is made. While these withdrawals are subject to tax, the funds remaining in the RRIF continue to grow tax-deferred, as they did within the RRSP.

The withdrawal schedule is based on factors such as your age and the value of your RRIF at the beginning of the year. If your spouse is younger, it is possible to use his or her birthday to calculate the minimum withdrawal. This option allows the investor to defer taxes on the RRIF funds, but it must be selected before the withdrawals begin.

You may withdraw more than the minimum your schedule indicates, but any amount over and above the minimum is subject to a withholding tax when the withdrawal is made. Withdrawals do not need to be cash. For some people, it may make more sense to move a GIC or stocks outside the RRIF rather than cash in the investment.

Some investors decide it is easier to take out a fixed amount every year or index their withdrawals so that the amount they remove increases annually. These two approaches decrease the value of the RRIF faster than selecting the minimum withdrawal approach.

Some people find the specifics of a RRIF confusing and find that speaking to an independent financial advisor helps clear up any confusion.

WHAT CAN AN INVESTOR CONTROL?

There are events and actions we can control in our lives and others we cannot control. The importance of knowing the difference between what we can and cannot control also applies to our financial investments.

Many factors affect the value of your investments and are beyond your ability to do anything about. Markets tend to reflect what people in general are doing, and this can be the result of a complex bundle of factors that have nothing to do with how you yourself are living and reacting. In fact, investors sometimes act contrary to their own thoughts if they believe that they can anticipate what others may think, and therefore capitalize on the influence that the actions of others may have on stock market values.

Certain events have a fairly predictable effect on stock market values. For example, markets like optimism. Good news or anticipation of good news promises optimism in the economic future, and will lift the market value. Bad news, similarly, will depress markets.

National budgets can affect markets in a positive or negative way. Some effects are seen in the anticipation of a budget or government announcement; some occur after the announcement has been made.

If markets over-anticipate a good new announcement, this can put downward pressure on the market.

Other factors that push the market down include tax hikes, increases in interest rates, unemployment, budget deficits, uncertainly, instability, danger or concern. On the other hand, tax reductions encourage markets generally, unless the tax cut is seen as irresponsible, as do reductions in interest rates, high employment, budget surpluses, optimism, stability, peace and prosperity.

Despite these uncontrollable factors, there is still good news for investors. With all of its volatility, with all of its unpredictability, for all of its ups and downs, the stock market has never failed to reward the patient investor who invests in good quality stocks and stays with them for the long haul. Even including the Great Depression of the 1930s, North American investors have never seen a 10-year period where overall market values have failed to increase.

What you can control as an investor is the decision to invest and re-invest. You can control the decision to get the advice you need from your investment advisor in order to put together a diversified portfolio. You can control the impulse to react to short-term advice about some new "can't-fail" stock. Most of all, you can control your own patience to wait out poor market times in order to achieve long-term rewards.

These articles were provided by Karen Holmes, an investment representative with the financial services firm Edward Jones, member CIPF.



Building for the future

Five-year-old Charlie Skipworth demonstrates the key to financial success, adding one building block at a time. During RRSP season, Scotiabank reminds Canadians of the fundamentals of successful investing: invest early, invest regularly and stay invested. Courtesy Photo

OSBORNE ACCOUNTING & TAX SERVICE

Denis R. Osborne, CMA

CERTIFIED MANAGEMENT ACCOUNTANT

- Accounting for small business
- Financial statement prep.
- Gov't reports (GST, PST, WSIB, etc.)
- Personal tax returns
- Corporate tax returns
- Payroll
- Monthly bookkeeping

P.O. Box 370
531 MacDonald Crescent
Winchester, Ontario
K0C 2K0
Phone: 613-774-6907
Fax: 613-774-6331

Free help with tax returns

OTTAWA — The Senior Citizens Council of Ottawa-Carleton is offering free income tax clinics for senior citizens, persons with disabilities, single parents, the unemployed and low income earners.

Over 30 clinics staffed by volunteer chartered accountants will be held in over 20 community centres all around the city, Monday through Thursday evenings during the month of March.

For an appointment or for more information, call 231-699 between 9:30 am and 3:30 pm, Monday through Friday. These telephone lines will be open until March 21.

What is an RRSP, anyway?

by **Joanna Helmer**
Manager,
investment planning
Bruce R. Kerr Insurance and
Investments

WINCHESTER — There certainly is a lot of fuss about these things around this time every year, but what exactly are they?

RRSP stands for registered retirement savings plan. "Registered" means that it is sheltered from tax. So, when you put money in, that amount is deducted from your income on your taxes. That way, when you file your taxes, the total you pay is lessened. That's what all the fuss is about. Everyone wants to pay less tax, right? Some may even get a refund — or a bigger one. Wouldn't that be nice!

Also, any interest or dividends or anything made inside the RRSP is tax-sheltered. You pay the tax when you take the money out of the RRSP. Generally, you end up paying a lot less tax in the long-run, but there can be a big pay-off right away.

In the RRSP, the money can be invested in a wide variety of things, from savings accounts to GICs to mutual funds to stocks and mortgages. And you can move things back and forth between these, as long as the money stays registered.

Some are risky; some are fully

guaranteed, and some are in between.

If you have savings or investments now, they can probably be converted to RRSPs, usually without cashing them in.

You don't need a lot of money to invest in these. You can start with \$25. There are also many ways that you can invest: lump sums, automatic investments which are taken from your bank account, or pay cheque deductions through work. You don't have to invest in February; these are available all year around. Some find it easier to put away a little every month, as opposed to a larger amount just before the deadline.

For some of you, retirement may seem like a lifetime away, but that just means that if you put some money away now, you end up having to invest far less than if you wait until later.

Also, there are plans available that will allow you to use the money in your RRSP for a new home (Homebuyer's Plan) or for school (Lifelong Learning Plan) without paying the tax on it, as long as you put it back within a certain time.

This does not need to be complicated, although it can seem that way on the surface. For more information, or to sort out your options, call anytime.



O'FARRELL
FINANCIAL
SERVICES INC.

*Representing London Life Insurance Company
and a range of financial companies*

DERMID O'FARRELL
DONNA LEE O'FARRELL
Financial Security Advisors

- Life & Disability Insurance Planning
- Retirement Planning
- Group Benefits
- Estate Organization

613-258-1997 • Toll Free: 1-877-989-1997
Fax: 613-258-6983

E-mail: future@ofarrellfinancial.com
4 INDUSTRIAL ROAD, UNIT 2, KEMPTVILLE

THOMAS H. MEREDITH & ASSOCIATES

Income Tax and Bookkeeping Services

25 years in business

Prior years' Income Tax Return corrections and adjustments

Are your business tax arrangements designed so
you get the optimum benefits?

Find out - call Thom at 448-1314

ALLAN BELL & ASSOCIATES

Business Consultants

Bookkeeping, income tax preparation and planning,
financial statements, business acquisitions,
computer services, electronic filing of tax returns

P.O. Box 681, Morrisburg, Ont., K0C 1X0
613-543-3468

Fax 613-543-4382

E-mail: aba@mor-net.on.ca

GICs & Bonds

GIC Annual Rates:

1 year	3.10%
2 years	3.50%
3 years	3.75%
4 years	4.10%
5 years	4.40%

*Effective 02/21/03. Subject to availability.
Minimum \$5,000.



Call today!

Karen Holmes
INVESTMENT REPRESENTATIVE
Winchester, Ontario
Bus. 613-774-1551
Cell. 613-859-9853
www.edwardjones.com
Member CIPF

Edward Jones®
Serving Individual Investors

Featured Bond Rates:

Trans Canada Pipelines	7.155% YTM*
Bell Canada	6.810% YTM*
Westcoast Energy	7.206% YTM*
Alberta Energy	5.937% YTM*

*Rates expressed as the lower of yield to maturity or yield to call effective 02/21/03. Market risk is a consideration on investments sold prior to maturity. RRSP eligible.

Open your door to savings.

IPC Mortgage Brokerage Service

6 month	4.55%
1 year	3.90%
3 year	4.65%
5 year	5.30%
7 year	5.90%

Peter John Remillard B.C.L.; LL.B.; CFP

Rick T. Leroy B.Comm; LL.B.; CFP

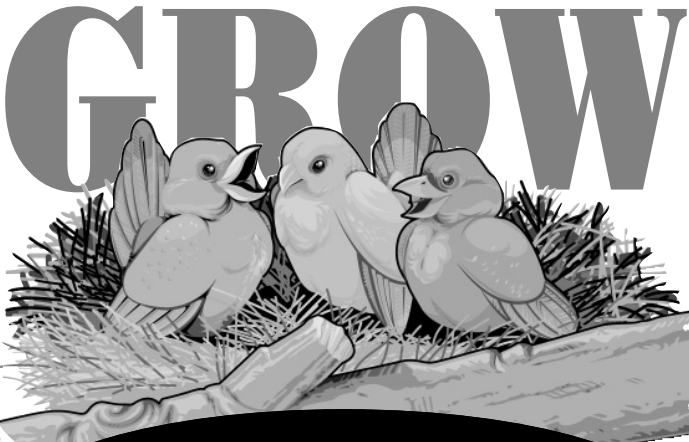
613-543-2223

www.ipcmorrisburg.com

Investment Planning Counsel™
of Canada

FINANCIAL PLANNING PROFESSIONALS

Rates as of February 21, 2003 and are subject to change without notice. Some terms and conditions apply. Mortgages subject to approved credit. Mortgages available through IPC Save Inc.



Your Nest Egg With Us

We offer a wide variety of financial choices to help provide a secure future, so you can afford a comfortable retirement, your child's education, and all the other things that enrich your life. **Speak to one of our investment specialists today, to design a personalized investment plan that grows with your needs.**

• RRSPs • GICs • RESPs • RIFs

Contact one of our offices

BRISTER
Group
INSURANCE

WINCHESTER
473 Main Street
774-2832
PRESCOTT
270 Edward Street
925-5901
MORRISBURG
Village Plaza, 543-3731
CRYSLER
12 Queen Street, 987-2117
AVONMORE
25 Main Street, 346-2152

4th
Annual

Dundas Seed, Forage and Agricultural Show

Thursday, March 6, 10 am-4 pm

MATILDA TOWNSHIP COMMUNITY HALL, DIXONS CORNERS



- **Cereals** - Small Grains, Soybeans, Corn, Pedigreed Classes
- **Forage** - Haylage, Hay, Corn Silage, High Moisture Corn
- **4-H Classes**

Premier 1st Time Exhibitor Award

Over 30 farm and equipment exhibitors
Come to our fourth annual big social event!

For more information on seed, forage and agricultural exhibits contact
Mark Tibben • 613-652-4620
Kathy Hardy • 613-989-2054



Presented by the Dundas County Soil and Crop Improvement Association



GRENVILLE MUTUAL
INSURANCE COMPANY

syngenta

HARDY SEEDS LIMITED

RR1, 11760 Guy Rd., Inkerman

Grahame, Kathleen & Stephen Hardy

• CEREALS • SOYBEANS • PULSES

613-989-2054 FAX 613-989-3849

E-mail: hardyseeds@magma.ca



- 3 and 5 Star Fertilizers
- Crop Care Products
- First Line & Dekalb Seeds
- Custom Spraying

613-448-2318

613-932-0275



AgriSource
crop consulting

- Nutrient Management Plans
- Fertilizer Recommendations
- Field Scouting
- Field Record Keeping

Call: 613-346-1455

Fax: 613-346-0523

E-mail:

alan@agri-source.ca

Dundas Machine

GLEN ROSS

Owner

613-774-1672

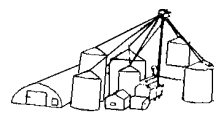
Res. 613-774-3369

Fax: 613-774-1657

- ✓ Licensed Millwright
- ✓ Welding
- ✓ Machining
- ✓ Hydraulics
- ✓ Pneumatics
- ✓ General Repairs

12205 Gypsy Lane
Winchester, Ontario
K0C 2K0

RUTTERS ELEVATORS INC.



Buyers of Corn, Barley and Soybeans

Custom Drying • Competitive Pricing
Trucking Available • Pick-up & Delivery

Adrian & Frank Rutters
Catharine Rodger

RR 1, Chesterville
Tel. 448-2153 Fax 448-9177

Surgeson Grain Handling Systems

For all your grain handling needs



Sukup

Kongsild

Springland

Lawson

12536 County Rd. 43 East
Winchester
613-774-0172



DUNDAS FEDERATION OF AGRICULTURE

"The mission of the DFA is to improve the economic and social well-being of farmers in co-operation with county, commodity and rural farm groups."

Good Things From Milk

parmalat

490 Gordon Street
Winchester, Ontario



VANDEN BOSCH ELEVATORS INC.

2819 County Rd. #7

RR#1, CHESTERVILLE, ON, K0C 1H0

Tel.: 613-448-1871

Fax: 613-448-1584

E-Mail: elevator@vbfarms.ca

DUNDAS AGRI-SYSTEMS INC.

DAIRY SYSTEM SPECIALISTS



Working for You

A Company of International Inc.

- SYSTEM ANALYSIS
- INSTALLATION
- 24-HOUR SERVICE

www.dundasagri.com 613-652-4844

C&L FEEDS

A DIVISION OF RITCHIE FEED & SEED INC.

DIXON'S CORNERS
652-4875
1-800-267-8142

WINCHESTER
774-3538
Fax 774-1073

CHESTERVILLE
448-2161

Murphy's Sales & Service

Specializing in:

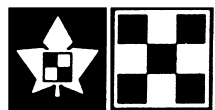
Water Pumps

Softeners - Filters - Dairy Supplies - Ventilation
Farm Handling Equipment

652-4802 BRINSTON Fax: 652-1991

H&I COUNTRY SUPPLY

Brinston 652-4828



BRISTER INSURANCE BROKERS LTD.
BRISTER LIFE INSURANCE LTD.
BUSH-ARMSTRONG INSURANCE
BROKERS LTD.

WINCHESTER
473 Main Street
774-2832
PRESCOTT
270 Edward Street
925-5901
MORRISBURG
Village Plaza, 543-3731
CRYSLER
12 Queen Street, 987-2117
AVONMORE
25 Main Street, 346-2152

Rooney Feeds Ltd.

Iroquois 652-4382



Nutrition Programs
Custom Feed
Tri-Pro Products

South Gower Ind. Park

Kemptville

Corner of Rd. 22 and Hwy. 43

Open: Mon.-Fri., 9-6; Sat., 9-4

258-1567



3310 County Rd. 31
Winchester Springs
Ontario

613-774-3323

613-774-2925

800-267-8336

Fax 613-774-5555

Ottawa Valley Harvestore Systems

KEMPTVILLE ONTARIO (AUTHORIZED DEALER)



Excellent pre-owned Harvestore structures for sale, all sizes
The best way to store your haylage/corn silage and high moisture corn

For more information call

Henk Huizenga 613-821-1208

1-800-267-7940

E-mail: henk@travel-net.com

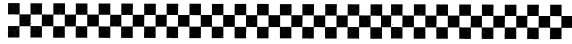


The quality alternative in Eastern Ontario

New Life Mills Ltd.

(Eastern Ontario Division)

INKERMAN 989-2003



Dundas Feed & Seed Ltd.

- Full line of Purina feeds • Animal health products
- Boots, gloves • Livestock hardware
- Farm supplies



12270 St. Lawrence Street
Winchester • 774-2044
Toll Free 1-877-774-2044

Harvex

Harvex Agromart Inc.

Oxford Station, Ontario
613-258-3445
1-888-342-7839

Crysler, Ontario
613-987-5243
1-877-376-3378



WINCHESTER GRAIN ELEVATOR

Division of Parrish & Heimbecker Limited

669 St. Lawrence Street, Winchester, Ontario

Ian Fetterly
Manager / Grain Purchaser
ifetterly@wingrainelev.com
Cell.: 913-5787

Arthur Rutley
Assistant Manager / Grain Purchaser
arutley@wingrainelev.com
Cell.: 913-5786

Tel. 613-774-2720 or 774-2921

HEAVY DUTY FRAMES

Supported by heavy duty 13 gauge structural steel tubing engineered frame, our superior quality buildings are aimed at meeting North American standards. Frames are not dipped galvanized.

QUALITY FABRIC
Calhoun Super Structures feature strong polyethylene fabrics. These long-life fabrics contain ultraviolet ray blockers, ensuring resistance to continuous exposure under the most severe weather conditions.

VERSATILE

The possibilities are endless — hay storage, machinery storage, riding arena, cattle barn, grain storage, warehousing...

AVAILABLE in 32', 42', 52', 62' and 74' widths.



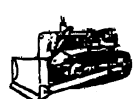
Call toll-FREE for complete details!

FIFE AGRICULTURAL SERVICES LTD.

RR 3, Chesterville, Ontario, K0C 1H0
1-888-557-FIFE or 613-448-2059



FRANK AULT
EXCAVATING LTD.



EQUIPMENT RENTALS AND CONTRACTING

- Sewer • Water • Utilities
- Excavators • Bulldozers • Backhoes • Rock Trucks
- Root Rakes • Pool Water • Ditching • Fence Lines • Land Clearing
- Farm Lagoons and Pits • Corn Haulage • Clay Fill

MODERN EQUIPMENT • EXPERIENCED OPERATORS

—24 HOURS—

BRINSTON • 652-4858



New and Used
Farm Equipment



Raymond Como Equipment

Winchester

Raymond
613-448-3408

Brian
613-987-5248

AGCO



www.DAN R.ca

WINCHESTER

TWO STORES TO SERVE YOU BETTER

PLANTAGENET, Ontario
613-673-5129
1-888-755-3267



WINCHESTER, Ontario
613-774-1616
E-MAIL: dansale@netcom.ca

Weeds make the best medicine

Eco Farm Day speaker teaches the many uses of Ontario's herbs

by Chris Zabel
Press staff

MORRISBURG — “I’m a herbalist in the wise woman tradition, where knowledge is passed from mother to daughter, to daughter, to daughter,” said Judy Henry, beginning her seminar at Eco Farm Day in Morrisburg last Saturday (Feb. 22). “I teach the kind of information women were burned for centuries ago in Europe,” she continued, referring to medieval periods when knowledge of herbs among women was confused with magic.

Henry is a traditional herbalist and operates Judy’s Organic Herbs. Her work with the plants includes growing, harvesting, wildcrafting and making herbal medicines. After moving from a suburban setting four years ago to a 24-acre property in West Carleton, she has quickly built a business selling herbs. Much of her business comes from customers using the Internet to order, and she is currently shipping hundreds of pounds of herbs all over Canada each year. There is so much demand that there is no way she can grow all of her own produce.

The seminar, Medicinal Herbs: A Healthy Growing Market, was one of four seminars participants had to choose from after lunch at Eco Farm Day, held at the Operating Engineers Training Institute. Henry’s topic drew an audience of about 40, mainly women, operating relatively large pieces of land in eastern Ontario.

Henry also works teaching the uses of herbs in teas and tinctures. “I recommend simple herbal teas that you can drink on a daily basis,” said the trained naturopath. She encourages clients to brew a pot of herbal tea each morning and to drink it as part of a daily routine, switching between herbs each day as part of a regular cycle. The approach is holistic. “I sit with someone for an hour; I get their whole history, and usually suggest a tea,” said Henry.

There are four herbs, indigenous to Ontario, that Henry said she can’t get enough of: nettle, red clover, oat straw and raspberry leaf. Other elements of a regular herbal diet are burdock, dandelion and milk thistle.

These plants are weeds that commonly grow throughout eastern Ontario, in such quantities that few people wouldn’t recognize them. The trick is producing herbs organically in large quantities. Henry’s long-term plan is putting together a co-operative in the region, to meet the needs of her growing list of clients.



Wise woman

Judy Henry operates Judy’s Organic Herbs from her property in West Carleton. She grows much of her own produce, and also teaches the medicinal uses of herbs. She practises traditional uses of plants for healing, skills that women have passed down to one another over many centuries.

What drew her to the business of selling herbs was wildcrafting. “What I really love is gathering in the wild,” said Henry. “There’s a lot of medicine out in the woods.” Anyone who has been taught the traditional medicinal uses of weeds growing everywhere in Ontario, can learn to identify them, and to collect them at the correct time in the growing season. To get started, Henry stressed that people don’t even have to leave their own properties. “It doesn’t matter whether you have an acre or just a backyard, you can collect herbs anywhere.”

Demand for her herbs has grown so quickly, that Henry has had to start buying produce from provinces in western Canada. Western organic producers managing 100-acre farms are currently the only source of herbs in enough supply to meet business demands. “But I didn’t feel right buying

from outside the region. I want to have herbs that are more local,” said Henry.

“You can cram a lot of herbs into your backyard,” said Henry. It wasn’t long ago that she was a backyard herbalist, growing herb circles. “In herb circles you get a better energy about the plants,” she said. In her early experiments, she noticed that indigenous herbs have little problem with disease, and aren’t the preference of grazing animals. Anyone managing a property with forest, will have many more options selecting the herbs they want to grow, including plants that are at risk of extinction in Ontario for lack of habitat.

Henry mentioned that herb growers will need to be aware of the increasing bureaucracy developing around farming in the province. National Health Protection guidelines require all herbal products for sale to be registered, and labelled according to government guidelines. The fees associated with this process add to the production cost of the herbs.

The requirements of buyers is another consideration. “Some people prefer organic herbs, and some want herbs that have been wildcrafted,”

said Henry. There are clients who want fresh produce, rather than herbs that have been dried. Different people are interested in different parts of plants. And herbs can be sold in different degrees of processing: from whole roots, to roots cut and sifted, to powdered.

The trained herbalist managing plants will monitor plots daily, according to harvest schedules. “I sit with the plants for a while before I harvest them,” said Henry. She will perform light weeding and speak to the plants while planning which parts of the colony she will take. “I’m ensuring that I’m creating more plants, before asking them to give me their medicine. I’m going to leave some for the birds, and allow some plants to finish their growing

cycle,” said Henry.

“The best quality is with hand-harvesting,” she said, while acknowledging the need for machinery to produce the quantities of herbs needed to meet current demand. “I like the idea of small groups of people singing as they go along; that makes the best medicine.”

To wildcraft, Henry recommended using a field guide. The best practise is to visit colonies of plants regularly to watch their growth. When wildcrafting, Henry recommended harvesting no more than a 10th of any community, especially when collecting roots, where the whole plant is taken.

On the topic of Which Herbs Should I Grow? Henry’s advice was to stay local and avoid costs. “The plants that grow around you are the ones you need. Dandelion is the best herb,” she said. “The ones hidden in the woods, we only need a small amount of.”

The components for herbal teas that Henry sells are intended to have nourishing qualities. She stresses that the tea shouldn’t be thought of as a medicine, but as a natural part of living. “I advise people to make a different pot every day. The truth is the body can’t absorb a lot of what’s in vitamin pills,” said Henry, explaining how the body excretes most of these artificial supplements.

Nettle is a plant that is currently in demand. With its fine, stinging needles, its harvest requires gloves. “I would love to have someone grow a field crop of nettles,” Henry told her audience. She said she’d like to build a relationship with anyone interested in growing nettles in quantity, visiting their farm and seeing harvest methods.

“When in doubt, use nettle,” is Henry’s advice when recommending herbal teas. “I associate it with energy.” She said nettle boosts the adrenal glands and benefits the kidneys. Nettle can be consumed on a regular basis. The plant can grow to six feet in height with a three-foot spread.

Nettle is most often harvested for its leaves, although the root and the seeds also contain nutrients. It prefers full or partial shade in moist soil. Nettle is a perennial plant which spreads rapidly. Henry said a managed field of nettle could yield two or three cuts before it flowers. After the nettle produces its small green flowers, it becomes slightly toxic.



One of the staple herbs that Judy Henry recommends for herbal teas is red clover. It fights cancer, aids the lymphatic system and acts as a blood purifier.
Press Photos — Zabel

Red clover has always been a weed farmers welcomed on pasture lands. Used as a medicinal herb, it’s an anticarcinogen; it aids the lymphatic system, and works as a blood purifier. Red clover is harvested for its flower. Henry had a large plastic bag of dried red clover for her audience to see. She cautioned that the drying process is very tricky.

Oat straw is a grain that Henry said is one of her top sellers. It’s something that anyone can raise in their backyard. Oat straw is a catch crop which will bring up nutrients from fertile soil, and it likes full sun. Henry said it has to be harvested when it’s in the milky-green stage, not when it’s golden. “It’s excellent for bones; it calms the nervous system. A cup of oat straw in the evening is very nourishing. It’s very high in calcium,” she said.

“Not the berry, but the leaf,” was Henry’s focus with raspberry plants. The herb is noted for stabilizing blood sugar, and because it is very alkaline. Raspberry leaf has been called the “woman’s herb” because of its uses during pregnancy. Henry said the herb is also useful to men. The leaves are best harvested just before flowering, although they can be harvested year-round. One caution was that raspberry leaves have to be used fresh, or else be carefully dried. In their wilted stage, the leaves develop toxicity.

“Find your market niche,” was the advice Henry left her seminar audience with. “Contact me, I’ll buy them.” She said her buyers expect that she will have first-hand knowledge of where the herbs she sells are grown.

Henry acknowledged that herbs imported from India and China are very inexpensive. These products, however, completely defeat everything Henry is teaching people. Everyone in Ontario has access to as much dandelion root as they want to harvest. “My dream is that we have some type of co-op,” said Henry.

Farm update

Agri-business directory



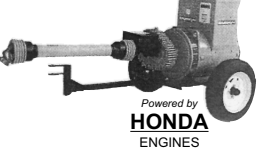
**TRIPLE B
STRUCTURES LTD.**
*GRAIN STORAGE, DRYING and
HANDLING SYSTEMS DIVISION*

**RALPH BUTER
RANDY BUTER**



BOX 190, WILLIAMSBURG, ONT.
Office: 613-535-2820 Home: 613-543-4235 Fax: 613-535-2410

BAUMAlight PTO Generators
Completely brushless design Baumalight Generators (Marathon). Available from 13 kw to 100 kw PTO on trailer, single phase or three phase. Also available Diesel Gensets from 10 kw to 500 kw. Powered by Cummins, Perkins or Daewoo Motors.



Powered by
HONDA
ENGINES

ANDRE MENARD & SONS
RR #1, Winchester, Ontario, K0C 2K0
613-445-5267 Fax: 445-9857

**USED
GENERATORS
AVAILABLE**

Murphy's Sales & Service
Specializing in Softeners
*Water Pumps - Filters - Dairy Supplies - Ventilation
Farm Handling Equipment*
613-652-4802 BRINSTON Fax: 613-652-1991



**LOGTENS
TREE SERVICE**

- Tree Removals • Stump Grinding
- Pruning • Deadwooding
- Cabling & Bracing • Brush Chipping
- Lot Clearing • Bucket Truck

Free Estimates • Fully Insured
JEREMY LOGTENS
RR 1, Berwick 613-984-0743

WANTED
**EVERY MONDAY
& WEDNESDAY**
**Healthy Holstein
Bull Calves**
from 95-110 lb.

Calf Station open 10 am-2 pm
NEW LOCATION
AS OF FEB. 3, 2003
**DELFT BLUE
RECEIVING BARN**
14757 County Road 13, Crysler
between 10 am-2 pm
For information call Krista at
613-543-2796

DUNDAS AGRI-SYSTEMS INC.
DAIRY SYSTEM SPECIALISTS
**- SYSTEM ANALYSIS - INSTALLATION
- 24-HR. SERVICE**
Working for You
A Company of International, Inc.

11225 Henderson Rd., Brinston
www.dundasagri.com 613-652-4844

ACRES Equipment
Since 1959
Manure • Sludge • Waste Water

- TMR Mixers • Feedstock Processors • Hammer Mills • Robotic TMR Feeders
- Automated Control Panels • Conveyors & Unloaders: Belt - Chain - Pneumatic
- Pumps: Transfer - Vertical - Lagoon - Field Pulse Jet • Lagoon Dewatering Aeration • Compost Systems

12054 MAIN ST. W., WINCHESTER David Acres - Call 613-223-5841
613-774-2672 • 1-888-643-1212 • Fax 774-2262

FRED ZANDBERGEN FARMS INC.
FRED'S FARM SUPPLIES
RR2, Brinston
613-652-2069 • 1-800-361-3305

- Soybean roasting
- Sale of roasted beans
- Sale of steamed flaked corn

LICENSED BUYER OF BEANS AND CORN
www.fredsarmsupplies.com



**Interested in getting into the
Poultry Industry?**
We can help...
Generate Cash Flows
**Source Quota for Broilers,
Layers and Turkeys**

For more information please call:
new-life mills limited
Dan Havens 1-800-565-5175
Sandy Ueffing



**POWER
ACRE**
Getting more out of every acre.®

=



Get weed control you can bank on

Choose MARKSMAN® + FRONTIER® or MARKSMAN + PROWL® herbicides. Applied pre to early post-emergent, these tank mixes deliver superior one-pass, season-long control with exceptional value – and there’s even more value this year! Just apply either tank mix at recommended label rates and get \$3.50 – or more* – back on every acre. *The Power Acre: It's like money in the bank!*

See your dealer for details and ask about the Power Acre from BASF, or call  **BASF AgSolutions®** at 1-877-371-BASF (2273). www.agsolutions.ca

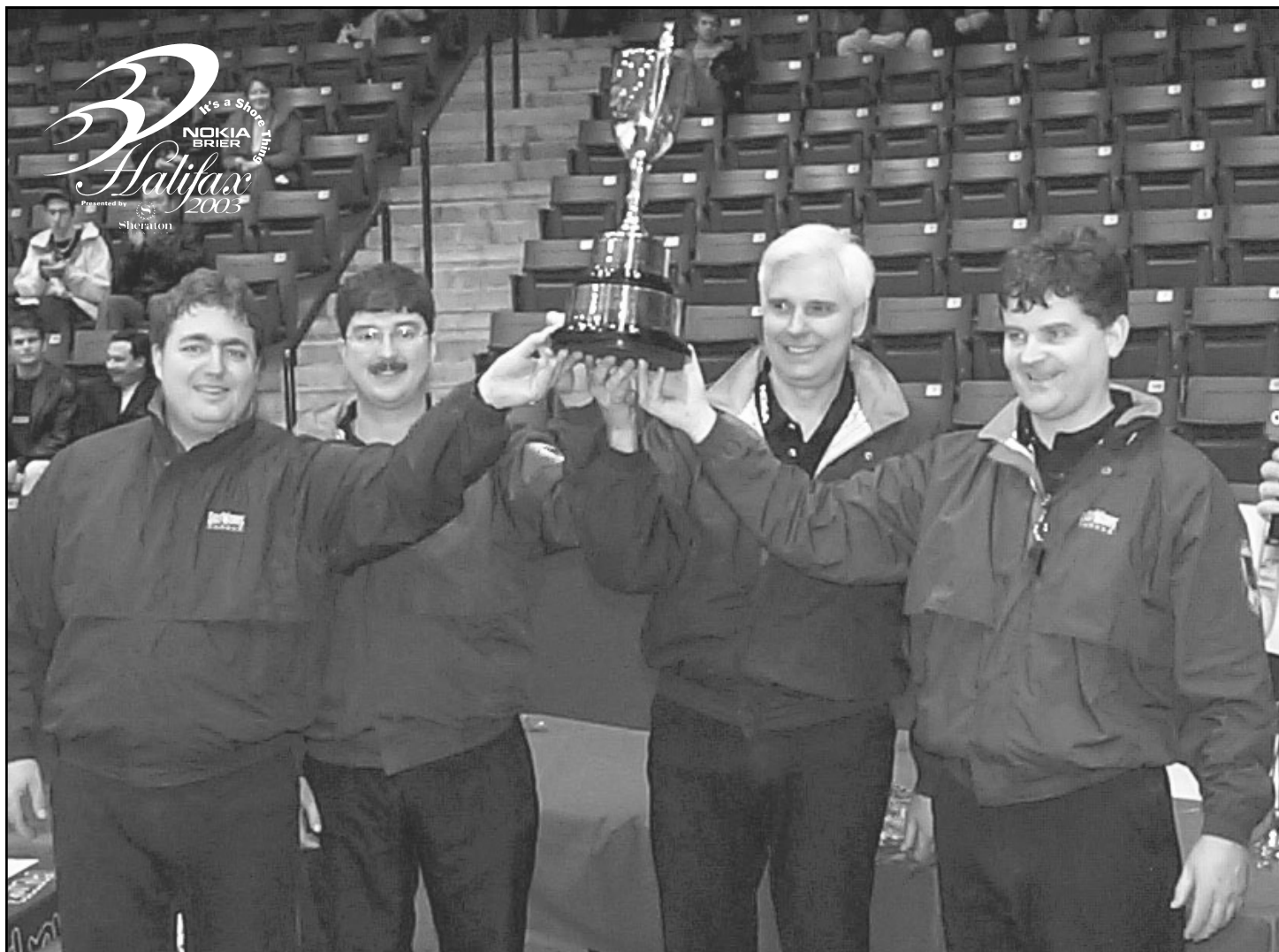
**POWER
ACRE**
Getting more out of every acre.®

BASF

Always read and follow label directions before use. *Offer good on new registrations of Power Acre herbicides only. Power Acre is a registered trademark of BASF Corporation and AgSolutions is a registered trademark of BASF AgSolutions. © 2003 BASF Corporation. Conditions may apply.

Congratulations & Best of Luck at the 2003 Nokia Brier

Team Bryan Cochrane



Shown, left to right: John Steski, Ian MacAulay, Bill Gamble and Bryan Cochrane. Fifth Doug Johnston, not pictured.

Ontario Nokia Cup Men's Curling Champions

Representing our province in the Canadian Championship, the 2003 Nokia Brier
Halifax, Nova Scotia, March 1-9

Cochrane's Dairy Limited

**Congratulations & Best of Luck
at the Brier from Dad**

Floyd E. Cochrane

3000 Gregoire Rd., Russell
613-445-2959 • Fax 613-445-3078 • Res. 445-2035



**Sterling
Sheldrick**



INSURANCE BROKERS LTD.

Your Russell Broker With Over 40 Years Experience
91B Mill St., Russell
445-5221 • Fax 445-5651

JIM TOLL

Small Engine Repair

MAINTENANCE AND REPAIR TO ALL MAKES:
LAWN TRACTORS / PUSH MOWERS / TILLERS / TRIMMERS /
SNOWBLOWERS / SNOWMOBILES / ATVs / CHAIN SAWS

443 North Russell Rd., Russell

613-445-5561

PICK-UP & DELIVERY AVAILABLE

Pana Electric

- Agricultural
- Commercial • Residential
- Emergency Service

TED MORRISON

**445-3486 Cell. 229-7900
RUSSELL**

SPORTS ACTIF

"La qualité et le service avant tout"
"Quality and Service are number 1"

**880 Notre-Dame, Embrun, Ontario
613-443-2488**

"Butch" Bouchard

Robert "Bob" Beaudin

Honey's Garage



3181 Gregoire Rd., Russell
445-3020

Now testing light & heavy duty diesel trucks



**Accredited
Drive Clean
Test & Repair
Facility**

Over 25 Years in Business
• Truck & Car Repairs
• Annual Safety Inspections
• Air Conditioning



BRIAN J. MEHR,
B.Sc.Pharm

RUSSELL I.D.A. PHARMACY

110 Craig Street, Russell
613-445-5555 Fax 613-445-0382

Monday to Friday 9 am-7 pm
Saturday 10 am-4 pm

Good Luck!

*From Uncle Geoff and Auntie Adèle and
your cousins, Kristen, Kerrin & Catherine*

Russell Veterinary Clinic



Dr. Geoffrey Cochrane

2980 Gregoire Rd., Russell
613-445-2179

Scotiabank



The Bank of Nova Scotia
1116 Concession St., Russell
445-2880

**Brian Argue, Manager
Scotiabank Russell**

A Country Dollar

445-2922

182 Castor Street, Russell

Helium balloons for all occasions



Open Monday-Saturday
Now open Sunday 10-4

"Have fun down east!"

ANGLES
Coiffure & Esthetics

Open 6 days a week

DIANE WOLFENDEN

191 Castor St., Russell • 445-5399

Cheering you on from your HOME TOWN -
RUSSELL

STUDIO BÉRUBÉ

G & F

PROFESSIONAL PHOTOGRAPHERS INC.

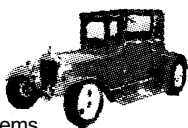
613-445-FOTO
613-445-2181

277 CASTOR ST.
RUSSELL

Gaetan's Auto Centre

Complete collision & restoration work

Truck Caps
Box Liners
Oil Guard Rust Proofing
Bull's Eye Windshield Repair
Remote Starters, Anti-Theft Alarm Systems
Car and Truck Accessories



671-B Notre-Dame, Embrun 613-443-5799
Fax 613-443-0412



**THE DOOR
COMPANY
LTD.**

When price is an issue and quality counts
• SALES & INSTALLATION • PARTS • OVERHEAD
GARAGE DOORS • AUTOMATIC OPENERS
1-800-461-3121 (serving Ottawa and Eastern Ontario)
Head office: 821-2130



McVEY INSURANCE SERVICE LTD.

BARRY W. McVEY
PRESIDENT
8028 Victoria Street
Metcalfe

FAX 613-821-3993

PHONE 613-821-2524



**DARYLE ROSS
REAL ESTATE LTD.**

7163 Parkway Rd., Greely, Ont., K4P 1N3

DARYLE ROSS, B.P.H.E., B. Ed.
Broker

Res.: 445-3469
Off.: 821-2369
Fax: 821-4597



Barry's Home Hardware

120 Craig Street, Russell, ON, K4R 1A1
613-445-2171 • Fax: 613-445-3762
E-mail: barryshh@magma.ca

Ken Carscadden

'GOOD LUCK IN HALIFAX'

**Quaile
Excavating Ltd.**

Backhoes and Snow Removal

**Ken - Residence 821-1447
Cellular 1-613-794-7080**

7890 Lawrence St., P.O. Box 101, Vernon, Ontario



Residential & Condominium
Property Management Services

2350 Stevenage Drive, Unit 10, Ottawa, Ontario, K1G 3W3
613-736-7807 • Fax 613-821-3571 • Emergency: 613-593-7060
E-mail: sentinel.mgmt@sympatico.ca
Web site: www.sentinelmanagement.com

**Cindy E.
Johnston**

Russell Curling Club

1076 Concession Rd., Russell
445-2829

Congratulations Bryan, Bill, Ian & John on winning the
Ontario Nokia Provincial Championship. Since Bryan and
Bill started their curling careers at our club, they are still
considered to be part of the Russell Curling Club. All the
club members will be cheering for your success at the
Brier in Halifax. Good Luck and Good Curling.
-The Russell Curling Club

25% OFF

All Snowmobile Apparel

See us for details

1384762 Ontario Inc.

c/o ALLAN JOHNSTON

REPAIR & SALES

2665 8th Line Road, Metcalfe

821-4263 • Fax 821-4480

MON.- FRI. 8 AM-6 PM; SAT. 8 AM-1 PM

www.allanjohnston.com

YOUR FULL LINE DEALER

POLARIS

The Way Out.

ALL 2003s REDUCED WITH 2ND YEAR ENGINE WARRANTY

FAMILY & FAMILY TOURING

Super Sport 550.....\$5,650

Indy 500.....\$6,100

Trail Touring 550.....\$6,495

600 Classic Touring - red & blue.....\$8,600

700 Classic Touring.....\$9,600

500 Classic.....\$7,995

700 Classic.....\$9,195

HITHER HILLS

SALES & SERVICE

Greely 821-5550

Hours: Mon.-Fri. 8 am-6 pm; Sat. 8 am-Noon

www.hitherhillspolaris.com

Devils slam Patriotes to win volleyball gold

MAPLE RIDGE — It was a full-five set battle but the NDDHS Junior Devils endured the marathon struggle and earned the 2002-2003 SD&G girls high school volleyball championship.

La Citadelle Patriotes and North Dundas were the only “AA” ranked schools in SD&G and finished first and third in the league’s regular season. The Patriotes topped the standings with 22 points while the Glengarry Gaels (“A”) finished second with 20, one better than both the “AA” Devils and “A” Char-Lan Crusaders who tied with 19.

The Junior “AA” gold medal match was played in Cornwall last week (Wed., Feb. 19) and took five sets to decide this year’s champion.

La Citadelle opened with a 25-16 win but watched as the Devils tied it up with a 25-19 verdict. The Patriotes went up 2-1 with a 25-13 decision. North Dundas knotted it up two games each with a solid 25-14 victory, which forced a (no cap) fifth

and final set. The Devils prevailed by a 15-13 margin and captured the gold medal.

“It was wonderful to win SD&G,” remarked coach Kelly Durant. “The girls were down 6-1 in that final set but kept focused and won it. It was very exciting. My kids really did play their best volleyball of the season.”

Durant explained she build a team with two veteran players (Emma Bowie and Chelsea Greenough), six Grade 10 and two Grade 9 players. “We were young but played consistently all season. And I carried just nine players. That kept everyone in the game.”

With the SD&G title under their belts the Devils will travel to Carleton Place tomorrow (Thurs., Feb. 27) where they will challenge for the EOSSAA championship.

SENIOR DEVILS

Coach Patti Hall and the Senior Devils also had to face their only “AA” rivals, La Citadelle in their

SD&G championship match last week (Feb. 19) in Cornwall.

CCVS (“AAAA”) topped the regular season standings with 22 points. La Citadelle (“AA”) earned 21, Seaway (“A”) 19, St. Joe’s (“AAA”) 18 and NDDHS (“AA”) 14 points.

The Patriotes swept to victory defeating North Dundas 3-0 (25-19, 25-21, 25-19).

Coach Hall reported all three games were extremely close. “The third set was tied at 16, 17 and 19. It could have gone either way. I was proud of the girls, who certainly held their own in the SD&G final.”

FULL SLATE

This is a big weekend for North Dundas District High School sports teams with the Junior Devils going for the EOSSAA volleyball gold in Carleton Place, the senior boys battling for basketball gold at EOSSAA in Perth and the school’s curlers (boys) vying for EOSSAA medal (March 3-4) in Petawawa.



SD&G champs

It took all five sets but the North Dundas Devils prevailed and captured the 2002-03 SD&G Junior “AA” girls high school volleyball championship. NDDHS will represent their board at EOSSAA this week at Carleton Place. The gold-medallists are: Julie-Anne Kerr

(left), Chelsea Greenough, Emma Bowie, Sam Carson, coach Kelly Durant, Natalie Gillen, Stephanie Bretelzer, Melissa Vermeuler, Gina Porteous. Missing: Tab Derue.

Press Photo — Van Bridger

Dan Marion bags three in Midgets’ 10-2 victory

WINCHESTER — Dan Marion hit the 20-goal plateau Monday night scoring three times in the North Dundas Parmalat Midget “B” Demons 10-2 victory over the Char-Lan Rebels.

Marion’s Monday (Feb. 24) night hat trick helped the Demons improve their Upper Canada Minor Hockey League East Division record to 19-3-1. But that impressive mark may not be enough to secure first-place and the regular season East Division title for Rob Shaw’s crew.

North Dundas had to play their 24th and final regular season game in Maxville against the NGS Braves last night (Tues., Feb. 25). They needed a win to lock up the number one spot and home-ice advantage. But that was a tall task given the fact injuries and suspensions could leave the squad short four players for a key contest.

“It’s too bad we won’t be at full strength. It is a very important game. After all our goal was to finish first,” offered coach Shaw.

The Alexandria Glens, South Grenville Rangers, Morrisburg

Lions and NGS Braves are in the mix, along with North Dundas for the four semi-final playoff spots. Although not confirmed the Demons could play host to their first playoff game tomorrow night (Thurs., Feb. 27) in Winchester.

Ben Baker (from Travis Armstrong and Scott Bradley at 12:42) and Travis Leach (from Devin Kelly at 2:00) scored to put the Demons up 2-1 after a period against the Char-Lan.

The gap widened to 8-1 in the second as Marion snapped in a pair and Brad Switch, Leach, Kelly and Tyler Byrne supported with single goals. Devon Brown (2), Leach, Kelly, Darrel Moore, Byrne, Brodie Lutz, Switch and Baker provided the passes.

Switch snapped in his second on a play created by Darrel Moore and Travis Armstrong with 7:51 left in the final frame and Marion’s third of the game and the Demons’ tenth of the evening completed the picture with 5:45 left on the clock. Tyler Byrne picked up an assist on the play.

Mike Fontaine and Travis McKay were the only shooters to beat winning goaltender Matt Bird.



Sweeping for charity

The 2003 version of the Winchester Curling Club’s Charity Funspiel attracted 22 teams and was deemed a success by co-chairs Janine Stevenson and Bill Hogaboam who noted Friday night’s (Feb. 21) Wing Nite attracted a large crowd. Barb Cox (left), Mike Cutler and Don Hoople sweep for charity on Saturday (Feb. 22).

Photo — James

CCVS wins defensive struggle with Sr. Devils

CORNWALL — It was to be a showdown tournament of the top four basketball teams in SD&G. The “A” ranked Seaway Spartans, “AA” rated North Dundas Devils, “AAA” St. Joe’s Panthers and “AAAA” CCVS Golden Raiders were slated to play for SD&G’s senior boys high school basketball bragging rights.

But Monday’s (Feb. 24) exhibition tournament in Cornwall wound up as a three-school playoff when the “A” champion Seaway Spartans opted out. They had just completed their play off series and were training for this week’s trip to EOSSAA and decided not to take part.

That left Deanna Corbett-White’s “AA” champion NDDHS Devils, the “AAA” reps from St. Joe’s and the super power “AAAA” CCVS Golden Raiders to battle it out. The undefeated Raiders drew a bye and waited for an opponent.

Sparked by Craig Adams’ sizzling-hot performance North Dundas eliminated St. Joe’s 55-44 in an morning contest. Adams threw down a game-high 29 points including three treys and eight of 10 from the line.

“Craig was on fire,” remarked coach Corbett-White. “The rest of the guys set the screens for him and he made the shots.”

The coach also credited Mike Berends with a key defensive effort against the top Panthers’ number one shooter, who he held to six points. “Mike shut him down, completely. The last time we played St. Joe’s he

had 27 points. But the whole team played amazing defence.”

HUGE TASK

Inspired by their victory over the “AAA” title holders the Devils were faced with the task of meeting the well-rested “AAAA” CCVS squad.

“Playing CC (VS) is very tough at the best of times. Playing them when they have fresh legs is even tougher,” offered the Devils coach.

North Dundas trailed by four points at quarter time while holding the opposition to 13 points. CCVS led 10 at the half and started to pull away in the third period and wound up posting a 59-35 victory.

“We started to run out of legs in the third quarter. They shut down our big shooter, Craig Adams. But we held them to 59 points. That is pretty good “D” on our part. We played excellent defence. But so did they,” noted Corbett-White.

Brad Campbell (10 points) and Craig Adams (nine) were the top scoring Devils.



EOSSAA TRIP

The Devils will try to build on their effort against the strongest teams in SD&G as they head to EOSSAA in Perth this weekend (Fri., Feb. 28 - March 1). The coach didn’t have the rankings available but figured North Dundas should be seeded as high as three out of the six participating schools.

“Perth and Bayridge out of Kingston probably are one-two. We have done well against South Grenville and Arnprior in tournaments so I think we stack up very well. Hopefully we can peak at just the right time,” said Corbett-White.

Atom “B” Demons get point on Findlay goal

WINCHESTER — Jeff Picco and Branden Pfanner combined to get the puck to Coady Findlay and he pumped home a large third-period goal for the North Dundas Atom “B” Demons.

Findlay dented twine with 1:29 left on the clock and his goal gave the Demons a 3-3 draw against the visiting Cornwall Royals Monday (Feb. 24) evening. It was the second game of the 2002-03 Upper Canada Minor Hockey League’s Atom “B” consolation play-off round for

Kevin Greer’s squad who opened with a 6-1 victory over the Lions in Morrisburg on Saturday (Feb. 22).

Greer reports his team is playing a consolation round robin and if they earn enough points will play the other top consolation squad in a playoff for the East Division “B” honors.

Monday’s game was tied 2-2 after two periods and Cornwall took a 3-2 lead with 7:48 left in the final frame on Cam Paul’s unassisted shot. That set the stage for Findlay

to tie it up on the play created by Picco and Pfanner 1:29 before time ran out. Josh Stubbings (from Dylan Fawcett and Jeremy Rose at 5:51) and Stubbings (from Brent Simms and Dylan Casselman at 5:27 cracked in the first two North Dundas goals. Kyle Greer guarded the twine.

Greer came within 2:57 of a shutout Saturday in Morrisburg. That’s when Kyle Adams broke his goose egg putting the Lions’ lone goal on the board.

North Dundas led 1-0 after a period on a Dylan Casselman goal. Cam Shaw provided the pass at 1:52. Casselman then turned into a set-up man and assisted on three in the second as Josh Stubbings (7:52), Branden Pfanner (6:32) and Cam Shaw (2:02) all clicked. Pfanner (from Simms) then upped the difference to 5-0 scoring in the final minute. Morrisburg cut their deficit to 5-1 but Casselman made it a 6-1 final on an unassisted play with 51 seconds left on the clock.

Jets rally to eliminate Beavers, lead Golden Knights series 2-1

METCALFE — Come playoff time, every game is a pivotal game. Tonight is an extremely large match for the Metcalfe Jets.

Game four of their Metro Junior “B” Hockey League best-of-seven semifinal at the Larry Robinson Arena is a late start — 9 pm. The encounter will either see fifth-place Metcalfe take a 3-1 lead on the number-one ranked Ottawa West Golden Knights or fall back into a 2-2 tie and into a best-of-three situation.

Metcalfe took a 1-0 lead over the powerful Golden Knights posting a 4-0 decision in the opener on Feb. 20. They then expanded the difference to 2-0 with a 3-1 win on home ice on Sunday (Feb. 24). Monday night (Feb. 24) in Ottawa the

Knights got back on track with a 2-1 victory.

Ottawa West, by virtue of their (26-14-0-1) 53-point first-place finish drew a first-round bye while the number-five ranked Jets (19-19-2-1) had to qualify for the semis by ousting the fourth-place Clarence Creek Beavers (20-18-2-1) in a best-of-five qualifier.

That series didn’t start well for Metcalfe with the Beavers chewing off 3-0 and 5-1 wins to gain a strangle hold (2-0). The Jets scratched out a 2-1 win in game three on Feb. 14 and evened it up with a huge 3-2 win in two overtime periods. A solid 4-3 verdict in game five in Clarence Creek (Feb. 19) qualified the Jets for a berth in the semi-final round.

Tonight (Wed., Feb. 26) the Jets will host the Knights in game four (9 pm). Game five will go tomorrow (Thurs., Feb. 27 at 7:30 pm) at the

Barbara Ann Scott Arena. Action returns to Metcalfe for game six on Sunday (March 2) at 2:15 pm. Should a seventh game be needed, it is slated for Ottawa (BAS Arena) Mon., March 3 at 7:30 pm.

The winner of the Metcalfe - Ottawa West series will meet Buckingham for the 2002-2003 Metro Division championship.

Buckingham (21-16-3-1) finished in third place but eliminated the number-two ranked South Ottawa Canadians (23-17-0-2) in four straight games, posting 6-3, 7-5, 7-4 and 4-1 victories.

BIG GAME

In St. Lawrence Division semifinal action, the Morrisburg Lions currently trail the Kemptville 73s 2-1. The Lions host game four tonight (Wed., Feb. 26). The puck will drop at 8:15 pm.



Regular season champs

North Dundas’ No. One Novice Demons claimed the 2002-03 Upper Canada Minor Hockey League regular season championship by completing the 24-game schedule with a 21-3-0 record. The Demons clinched first-place, home-ice advantage and a bye in the first round of the playoffs. They will meet the fourth-place team in the playoffs. Front (left): Tanner Casselman, Patrick Speagle, Austin Carruthers, Brandon

Cousineau, Ryan Romans, Stewart McKelvie, Francis Lebrun, Ryan Switzer. Middle (left): Patrick Lauriault, Scott Jones, Zachary Sloane, Warren Steele, William Fawcett, Amanda Carkner, Adam Ross (advanced to Atom). Back (left): Mike Lebrun - ass’t coach, Terry Sloane - trainer, Vince Cousineau - coach, Craig Romans - ass’t coach, Rob Steele - manager.

Courtesy photo

Game four tonight

Sports Scoreboard

Eastern Ontario Jr. "B" Hockey League Rideau - St. Lawrence

SEMI-FINAL RESULTS (4 of 7):

Rideau "A": Brockville 4 - Athens 3
Brockville 10 - Athens 4
Tikis lead 2-0

Rideau "B": Gananoque 6 - Westport 4
Westport 4 - Gananoque 3
Westport 5 - Gananoque 1
Rideaus lead 2-1

St. Lawrence "A": Morrisburg 4 - Glens 2
Alexandria 4 - Lions 3
Alexandria 5 - Lions 3
Glens lead 2-1

Game 4: Wed., Feb. 26 at Morrisburg 8:15

St. Lawrence "B": Char-Lan 4 - 73s 2
Kemptville 4 - Char-Lan 3
Kemptville 4 - Char-Lan 2
Kemptville 5 - Char-Lan 2
73s lead 3-1

FINAL STANDINGS:

Rideau:	W	L	T	GF	GA	PTS
Brockville	30	7	5	254	168	67
Gananoque	28	13	3	251	205	59
Westport	23	17	2	193	183	50
Athens	19	19	3	229	220	44
S. Grenville	18	23	2	162	209	39
St. Lawrence:	W	L	T	GF	GA	PTS
Alexandria	25	15	3	211	183	55
Char-Lan	25	17	2	209	181	53
Kemptville	21	15	4	210	197	51
Morrisburg	21	21	1	231	238	45
Akwasasne	18	23	3	200	221	40
Winchester	14	25	3	167	208	34
Final Top Scorers :	G	A	PTS			

Rideau Division:	G	A	PTS
Chris McCann, Athens	54	67	121
Casey Reilly, Bro.	45	48	93
St. Lawrence Division:	G	A	PTS
Adam Sprik, Kempt.	51	39	90
Charlie Froment, Morris.	43	44	87
Wayne Garlough, Morris.	30	54	84
Steve Jarvo, Char	40	42	82
Pat Johnson, Char.	26	56	82
Shawn Small, Win.	28	46	74
Jason Denio, Morris.	39	28	67
Darren Trenholm, Win.	35	32	67

Metro Division

SEMI-FINAL RESULTS (4 OF 7):

Series "A": Metcalfe Jets 4 - Ottawa West 0
Metcalfe Jets 4 - Ottawa West 1
Ottawa West 2 - Metcalfe Jets 1

Jets lead series 2-1

Game 4: at Metcalfe, Wed, Feb. 26 - 9 pm

Game 6: at Metcalfe, Sun., Mar. 2 - 2:15 pm

Series "B": Buckingham 6 - South Ottawa 3
Buckingham 7 - South Ottawa 5
Buckingham 7 - South Ottawa 4
Buckingham 4 - South Ottawa 1

Buckingham sweeps series 4-0

Quarter-Final Series - Best of Five

Clarence Creek 3 - Metcalfe Jets 0
Clarence Creek 5 - Metcalfe Jets 1
Metcalfe Jets 2 - Clarence Creek 1
Metcalfe Jets 3 - Clarence 2 (2OT)
Metcalfe Jets 4 - Clarence Creek 3

Jets win series 3-2

FINAL STANDINGS: W L T GF GA PTS						
Ottawa West	26	14	0	174	121	53
South Ottawa	23	17	0	199	182	48
Buckingham	21	16	3	195	162	46
Clarence Creek	20	18	2	162	164	43
Metcalfe Jets	19	19	2	167	166	41

Winchester Town Hockey League

PLAY-OFF RESULTS:

Feb. 18: Semi-final Series "A" (2 of 3)

Winchester Flyers 5 - C.K. Cyclones 2

Feb. 18: Semi-final Series "B" (2 of 3)

Ben's Pioneer Rangers 3 - Boyd Rams 2

FINAL

FINAL						
STANDINGS:	W	L	T	GF	GA	PTS
Winchester Flyers	11	5	2	134	73	24
Ben's Rangers	10	5	3	73	67	23
Boyd Rams	6	9	3	73	119	15
C.K. Cyclones	4	12	2	74	95	10
TOP SCORERS:				G	A	PTS
Gary McInnis, Flyers				15	42	57
Chris Van Bridger, Flyers				27	28	55
Dereck Holmes, Flyers				34	17	51
Brad Quaille, Flyers				23	23	46
Wes Cory, Rams				18	12	30

Winchester Jr. "B" Hawks 2002-2003 Team Scoring

(Final after 45 games)

NO. PLAYER	G	A	PTS.
18 Shawn Small	28	46	74
10 Darren Trenholm	35	32	67
19 Nik Paas	22	18	40
9 Brad Casselman	12	15	27
8 Colin Bowie	10	17	27
22 Trevor Helliker	7	19	26
15 Robyn Sadler	10	11	21
11 Alain Michaud	10	11	21
17 Stefan Gravelle	6	13	19
4 Travis Rowe	1	17	18



16 Nick Sylvestri	1	11	12
21 Chris Thompson	4	7	11
24 Kevin Laverdiere	0	11	11
23 Andrei Katchmar*	3	7	10
5 Bill Henderson	0	9	9
25 Steve Rumeninski*	1	6	7
23 Mike Santerre*	4	2	6
7 Matt Giroux*	2	3	5
6 Derek Vingerhoeds	2	3	5
20 Trent McBain*	1	3	4
14 Dave Gallant*	1	1	2
AP Ben Collins	0	2	2
AP Travis Leach	1	0	1
12 Jon White*	0	1	1
17 Andrew Schamberi	0	0	0
14 Micheal Gendreau	0	0	0
AP Ben Baker	0	0	0
AP Travis Armstrong	0	0	0
AP Devon Kelly	0	0	0
AP Mitch Scott	0	0	0
AP Scott Bradley	0	0	0
AP Brad Switch	0	0	0
AP Brian Cummings	0	0	0
Goaltenders			
30 Gregg Griffith	133	GA,	13 wins, 4.34 GAA, 1840 minutes, 2 assists, 10 PIM
31 Mike Robillard	31	GA,	0 wins, 4.50 GAA
AP Craig Moran,	20	minutes	
Josselin St. Pierre*	33	GA,	1 win, 4.83 GAA
*No longer with team			

Winchester & District Ladies Hockey League

RECENT RESULTS:

Feb. 23: Annable's 0 - Andy's Foodland 0

Ryans Reds 2 - Double Beauty 2

CountryGril 1 - Classics 0 (default)

FINAL STANDINGS: W L T GF GA PTS						
Ryan's Reds	14	2	2	62	16	30
Double Beauty	12	4	2	52	29	26
Andy's Foodland	8	7	3	33	30	19
CountryGirl	5	9	4	25	48	14
Annable's Blues	4	12	2	26	45	10
Stewart Classics	3	12	3	24	54	9

TOP SCORERS:	G	A	PTS
Sandy Roy, RR	21	12	33
Jen Manley, RR	3	20	23
Kathy Kerr Moore, DB	10	11	21
Maggie Stewart, DB	13	7	20
Amy Fraser, DB	12	6	18
Shannon Vidal, DB	6	10	16
Kelly Cummins, RR	10	5	15
Diane Downey, CG	8	7	15
Carrie Gilmour, AF	7	7	14
Catie Clapp, RR	10	3	13

Metcalfe Hockey League

RECENT RESULTS:

Feb. 23: Johnston Pens 5 Sentinel Blues 2

Hicks Wings 4 - McVey Leafs 3

Wallace Bruins 6 - Cont. Stars 2

FINAL

STANDINGS:	W	L	T	GF	GA	PTS
Hicks Wings	14	4	5	94	50	33
Wallace Bruins	11	7	5	79	62	27
Johnston Pens	11	7	5	75	62	27
McVey Leafs	7	11	5	69	92	19
Sentinel Blues	9	14	0	76	101	18
Cont. Stars	6	15	2	59	85	14
TOP SCORERS:						
	G	A	PTS			
Brian Downey, Bruins	20	28	48			
Dale Poirier, Pens	21	15	36			
Tyrone Franey, Bruins	14	21	35			
Steve Corlyon, Blues	10	25	35			
Bob Kemp, Wings	17	15	32			
Darryl Warren, Leafs	15	16	31			
Steve Wade, Wings	12	18	30			
Dave Sheldrick, Blues	9	19	28			
Dave Boyd, Wings	16	11	27			

Osgoode Hockey League

RECENT RESULTS:

Jan. 23: Blackhaws 7 - Snipers 3

Metcalfe 6 - Stingers 3

Jan. 28: Outlaws 10 - Stingers 1

Jan. 30: Outlaws 3 - Blackhaws 3

STANDINGS:	W	L	T	GF	GA	PTS
Outlaws	12	1	6	102	58	30
Blackhawks	9	6	4	93	79	22
Chiefs	7	7	4	58	66	18
Snipers	5	8	5	78	84	15
Stingers	2	13	3	52	95	7
TOP SCORERS:	G	A	PTS			
Not accurate due to incomplete gamesheets						
Ryan Couch, BH	23	17	40			
Brian Downey, Out.	17	18	35			
Jeff Ricci, Snipers	13	19	32			
Mark Patterson, Out.	14	14	28			
Dale Poirier, Out.	12	16	28			
Andy Brian, BH	10	15	25			
Kevin Collins, Met.	11	13	24			
Bruce Buckland, Met.	11	13	24			
Bob Kemp, Out.	11	11	22			

Captain Byers bangs in three, Demons win

CHESTERVILLE — Captain Ryan Byers banged in three goals while goaltender Spencer Corkery held the opposition to one as the North Dundas No. 2 Novice Demons blasted the Brockville No. 1 Warriors 8-1 in their opening Upper Canada Minor Hockey League playoff game.

North Dundas led Brockville 3-0 after a period of Saturday's (Feb. 22) semi-final match and carried a 4-1 lead into the final frame.

Paul Gibson cracked a scoreless tie completing a play started for him by William Burgess with 6:31 left in period one. Brandon Peters made it 2-0 connecting from Joshua Freake a minute later. Alex Porteous was next to find the target and he made the difference 3-0 with help from Gibson and Kane Williams.

The first of Ryan Byers' three goals came on an unassisted play at 6:33 of period two and improved his team's advantage to 4-0. Brockville slipped in its only goal at 5:12 of the same frame.

A four-goal third period made the final count 8-1. Gibson was first to score at 9:27. Porteous and Garrett Milne assisted on his second goal of the game. Byers then slapped in the next to complete his hat trick. Freake assisted him at 8:26 and then helped Peters with the next marker at 4:31. Burgess finished it off nailing an unassisted shot home 2:22 before the final buzzer.

The game was played penalty-free.

Petite Hornets battle Gatineau to one-all draw

HULL, QUE. — Metcalfe goalie Allison Welk played perfectly until the final five minutes of the game and finished the National Capital Region Ringette League contest with a 1-1 tie on her record.

Welk and the Metcalfe Petite "C2" Hornets dominated the first half of Saturday's (Feb. 22) match but had to settle for a slim 1-0 lead, which they protected until the Gatineau "Les Eclairs" popped in the equalizer in the final minutes of the game.

The Hornets broke up the scoreless encounter at the 12-minute mark of the second stanza when Lauren Brown took a pass provided by Jessica Pushka and Jessica Morrow and lifted a backhand shot into the top corner of the Gatineau net to make it 1-0.

TWEEN "C" HORNETS

Robyn Van Schie whipped in three goals as the Metcalfe Tween "C" Hornets edged Goulbourn 6-5 in their third and final game in the weekend's (Feb. 20-23) ringette tournament.

Alex Boruski scored a pair and Christine Rowan counted the other markers in Sunday's match with Goulbourn. Kristin Wyman picked up an assist and goalie Brooke Phillips registered the victory. Metcalfe had to rally from 4-0 and 4-2 deficits before earning the win.

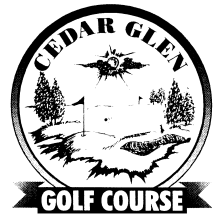
The first two games didn't produce favorable results for the Hornets who lost 8-1 to Gloucester and 7-3 to Beaconsfield. Brooke Phillips (from Paige Goodwin and Robyn Van Schie) scored in the Gloucester game. Van Schie, Christine Rowan and Kristin Wyman scored against Beaconsfield. Mikayla Micomonaco and Allison Ritchie each had two assists.



Merkley Tournament

Robert St. Pierre skipped a Winchester Curling Club team to win the "B" side title at the Merkley Tournament in Morrisburg on Feb. 15. Posing at their home rink on Feb. 19, with the "B" division plaque are team members, from left: St. Pierre - skip, Keith Baker - third, Doug Blaine - second, and Harry Thompson - lead.

Press photo — Bosma



Cedar Glen Golf Course

WING NIGHT

Thursday, February 27

Enter to win a voucher towards a
2003/2004 Trail Pass*

Everyone welcome

Good Food Good Friends

Good Fun

*Trail pass will be purchased by Cedar Glen Golf Course

535-2323

Hicks Wings edge Leafs 4-3

METCALFE — Steve Wade pumped in his 11th and 12th goals of the season and led the first-place Hicks Insurance Red Wings to a slim 4-3 victory over the McVey Brothers Insurance Maple Leafs on the final day of the 2002-03 Metcalfe Town Hockey League season.

Sunday's (Feb. 23) victory pushed the Red Wings final regular-season record to 14-4-5 and left them six points ahead of both the Wallace Service Centre Bruins (11-7-5) and Al Johnston Penguins (11-7-5) who wound up tied with 27 points.

The Wallace Bruins also won their final tilt by a 6-2 count over the Continental Mushroom Stars (6-15-2) as did the Johnston Penguins who silenced the Sentinel Blues (9-14-0) 5-2.

The playoffs open Sunday (March 2) with the Red Wings playing the Blues at 9 am, the Johnston Penguins meeting the Continental Stars at 10 am and the Wallace Bruins taking on the McVey Leafs in the 11 am contest.

The championship games ("A" and "B") are set for Sat., March 29.

The Hicks Wings earned this year's first-place trophy and can also boast the best GAA, posted by Mike Preston who surrendered 50 goals in 23 games. The Bruins' Brian Downey grabbed the scoring title finishing with 20 goals, 28 assists and 48 points. Dale Poirier of the Penguins was second with 36 points but led the league in goals with 21.

Steve Wade's goal, setup by Derek Burleigh and Tony Boulay with 4:24 left in the game, stood up as the deciding shot as the Hicks Wings edged the McVey Leafs 4-3. Wade (2), Steve Porteous and Ron Flannagan were the Wings marksmen. Reg Fisher (2), Boulay, Wade, Flannagan, Burleigh and goalie Wayne Widenmaier (subbing for Preston) drew the assists.

Bruce Young, Brian Johnston and Chris Kelly replied for the Leafs. Johnston, Darryl Warren and Joe Scott were the set-up men. Cory Wallace tended the nets.

DOWNEY EARNS FOUR

Scoring champion Brian Downey pumped up his final num-

bers scoring twice and setting up two goals in the Wallace Bruins' 6-2 win over the Continental Stars. Tyrone Franey moved into third place on the scoring list with his one-goal, three-assist effort. Rob Stanley, Greg McLaren and Jeff Hope snapped in singles for the winners. Ted Wichers (2), Doug Anderson and Hope also collected assists. Bill Jamieson posted the win. Pete Holmes and Doug Warren were the Stars who beat Jamieson.

POIRIER POTS PAIR

Dale Poirier popped in his 20th and 21st goals helping the Johnston Penguins to their 5-2 win over the Sentinel Blues. He also drew an assist on Bruce Bourgeault's first-half marker. Rick Downey and Jim Kerfoot were the other scorers. Ray Vandregt (2), Kerfoot (2), Dave Vandergt, and Downey also collected assists. Wayne Widenmaier registered the win allowing just two goals to Ray Vidal. Scott Broadhurst (2) and Ken Quaille drew the assists.

LACROSSE Summer Registration



Open to registration for children in Kemptville, Merrickville, Winchester, Spencerville, North Gower and South Osgoode

March 2 & 9

10:00 am - 2:00 pm

Kemptville Arena

Early Registration - South Branch School

March 4 & 6

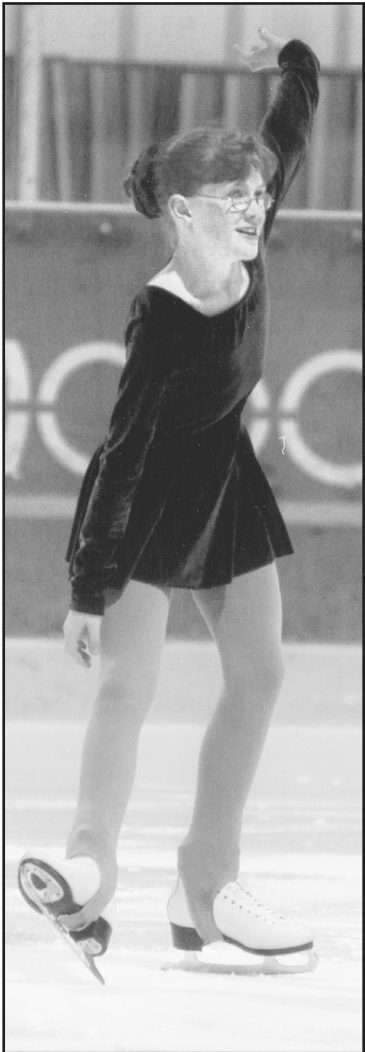
6:30-8:00 pm

Early Bird Discounts

Entry in a draw for Rebel tickets • Copy of birth certificate required

For more information call 258-2728 (evenings)
or www.kemptvillelacrosse.com

Great skates at rec competition



Julia Smith earned a fourth place result for her performance in Solo Silver Ladies, at the Seaway Valley Recreational competition held in Long Sault on the weekend.

Photo courtesy Wintek Productions

LONG SAULT — Six Winchester Skating Club members were among the 200 competitors vying for medals at the annual Seaway Valley Recreational competition held here Saturday, Feb. 22.



W S C had an excellent day with each skater placing in the top four. Winchester members skated away with four silver medals, two bronze medals and two fourth-place ribbons.

The event drew participants from 11 area clubs including Kemptville, Brockville, Morrisburg, Prescott, Perth and Cornwall.

RESULTS

Solo Silver Ladies, Flight 3: Jannah Vanderlaan, second.

Solo Silver Ladies, Flight 4: Julia Smith, fourth.

Solo Gold Ladies, Flight 3: Josie Vanderlaan, fourth.

Solo Introductory Ladies, Flight 1: Jessica Vanderlaan, third.

Solo Introductory Ladies, Flight 2: Elizabeth Gibson Crowder, third.

Solo Introductory Ladies, Flight 3: Victoria Gibson Crowder, second.

Similar Pairs, Group A, Flight 2: Jessica Vanderlaan and Elizabeth Gibson Crowder, second.

Flyers, Rangers win openers

WINCHESTER — With the historic Melvin Cup as the top prize, the Winchester Town Hockey League play-offs have begun. And the top two teams during the regular season, the Winchester Flyers and Ben's Pioneer Gas Bar Rangers won their openers.

Derek "Wendell" Holmes potted a pair of pucks as the first-place Flyers (11-5-2) knocked off the fourth-place Country Kitchen Cyclones (4-12-2) 5-2 in the "A" semi-final (best of three) semi-final on Feb. 18.

John Guy fired the deciding shot in the "B" opener as the number-two ranked Ben's Pioneer Gas Bar Rangers (10-5-3) nipped the third-place Boyd Chrysler Rams (6-9-3) 3-2, later the same evening.

Derek Holmes opened the Flyers-Cyclones series connecting from linemates Chris Van Bridger and Gary McInnis at 18:17 of the first half. Van Bridger then used a pass provided by Holmes and Jamie Hyn-dman to open up a 2-0 gap 7:16 before the intermission.

The Flyers snapped in three more markers in the second half to take control at 5-0. Chad Brownlee (from John Ralko and Brad Quaile at 23:17), Ralko (from Craig Holmes at 12:41) and Derek Holmes (from Van Bridger and McInnis at 7:39) cracked in the goals which gave the

Flyers a comfortable cushion.

Chris Currie saw his dreams of a shutout vanish with 6:33 left on the clock. That's when Andrew Barrie connected from Dave Duprau and Rob Gourgon. Chris Williams added the second and final goal, scoring from Al Christophersen and Jeff Holmes 4:47 before the final buzzer.

RANGERS 3 - RAMS 2

It was close-checking, low-scoring playoff hockey as Ben's Gas Bar Rangers held on for a 3-2 win over the Boyd Rams in the opener of the "B" semi-final.

Derek Byrd pumped a pass from Jay Holmes and Adrian Price in behind Rangers' Craig "JB" Smith at the 19-minute mark of the first half but the Rangers were the leaders at the half. Jason Valcours tied it 1-1 with help from John Guy and Josh McLean at 15:19 and McLean made it 2-1, finishing off a play started by John Guy and Martin Pancirov 5:24 before the intermission.

John Guy fired a Troy McNaughton rebound into Doug Rigby's cage 2:02 before the final buzzer and handed the Rangers a 3-1 lead. With 1:54 on the clock things got interesting when Steve Norton finished off a play engineered by Jeff Scott to make it a 3-2 final.

Fawcett goal difference in 2-1 win

CHESTERVILLE — Dylan Fawcett used a pass provided by Josh Stubbings and Rowan Morkis as ammunition and fired the feed into the Akwesasne net with 2:34 left on the second-period clock.

His shot proved to be the difference in the Upper Canada Minor Hockey League game as the North Dundas Atom "B" Demons nipped the visiting Wolves 2-1 on Feb. 17.

Akwesasne took a 1-0 lead when Stevie Ray Adams slipped a shot in behind Kyle Greer 0:53 before the

end of the opening period. That was the only save the Demons' netminder didn't make as his mates rallied with a pair of second-period markers.

Jeremy Rose tied it 1-1 when he converted a relay from captain Dylan Casselman into his goal at 6:32 of period two. With 2:34 showing on the clock, Fawcett combined with Stubbings and Morkis for the game-winner.

Period three was scoreless. North Dundas took two of the game's three penalties.

Golden seniors

The Morrisburg Senior Combines blanked undefeated Waterloo 2-0 in the gold medal game of the 2003 Ontario Senior Games Winterfest in London (Feb. 16-18). Les McAllister posted the shutout. Front (left): Richard Dumochel, Earl Brown, Les McAllister, Doug L. Casselman, Steve Casselman, Gerald Crooke, Jim Powers. Back (left): Doug P. Casselman, Duke Murphy, Ron Alguire, Bryan Helmer, Len Bellamy, Morley Hunt, Allie Cameron, Lyle Ellis.

Courtesy photo

Snowstorm plays havoc with final league games

WINCHESTER — Sunday's snowstorm played havoc with the completion of the final three-game card of the 2002-03 Winchester and District Hockey League's regular season.

Just one of the three scheduled games was played on Sunday (Feb. 23) morning and the showdown between the pennant-winning Ryan's Restaurant Reds and number-two ranked Double Beauty Styl-ists wound up in a 2-2 draw.

Ryan's finished the slate in top spot with a 14-2-2 record and 30 points while the Stylists were second with a 12-4-2 mark and 26 points.

A total of just five players were able to beat the elements and make it for the 8 am game between the

Annable's Jewellery Blues (4-12-2) and Andy's Foodland Maroons (8-7-3) so it was declared a scoreless draw and each team was awarded a point.

The CountryGirl Gold Diggers picked up two points when they were declared winners over the Stewart Classics by default.

Round one of the playoffs will get under way Sunday (March 2) with the first-place Reds and second-place Stylists drawing byes. Two of the remaining four teams (Maroons, CountryGirl, Blues and Classics) will be eliminated.

Round two is set for Sun., March 9 and the championship match for Sun., March 16 (9:30 am).

Ryan's Reds not only claimed

the 2002-03 regular season trophy but the top scorer's award and top goals-against-average silverware. Sandy Roy earned another scoring title, finishing with 21 goals, 12 assists and 33 points. Teammate Jen Manley finished second and collected the most assists — 20. Reds' goalie Barb Wigney surrendered a league-low 16 goals and registered a league-leading seven shutouts.

REDS 2 - STYLISTS 2

Cheryl Cooper took a pass from Jackie Boulanger and scored with 4.4 seconds on the clock as the Ryan's Restaurant Reds and Double Beauty Stylists tied at two.

Hornets off to Provincials

METCALFE — Metcalfe Tween "A" Hornets coach, Rudy Grisel received some exciting news recently. Grisel has been informed that his team was selected out of eight applicants for the first-wild card berth at the 2002-03 Ontario ringette championship tournament.

Metcalfe has won all but two (one tie and one loss) of their National Capital Region Ringette League games and has collected a pair of golds and a silver medal in tournament play this season. That impressive record helped the Hornets earn the wild-card berth.

The Hornets will leave for London on March 5 where they will compete in the "A" division playdowns (March 6-9) at the Western Fair Complex.

On the opening evening (March 6), the girls will be part of the color parade, involving all 28 participating teams which will range in age from 12 to 18 years in five divisions (Petite to Belle).

The Tween "A" Hornets are: Goalie - Rachel MacLaurin; Defence - Victoria Brownlee, Leigh James, Laura Vizen, Cara Waddell; Forwards - Erika Cochrane, Samantha Faith, Taryn Hunt, Katie Oulton, Jennifer Quinn, Brittany Risto; Centres - Kristin Grisel, Kristen MacDonald, Allison White; Bench staff - Rudy Grisel, Larry James, Cathy Oulton, Bonnie Faith.

looking for highspeed internet options?

... at Storm Internet we will earn your business every day.

Since 1996, Storm has delivered broadband Internet to more than 50 communities & municipalities throughout Eastern Ontario, connecting more than 10,000 clients with dialup, dsl, cable, wireless and more. Visit our website or call us today.

storm highspeed	home business	
	wireless	cable
	from \$50/mth*	from \$195/mth*
	from \$40/mth*	from \$90/mth*
	from \$15/mth*	from \$35/mth*
storm web hosting	non-database database	
	unix	nt
	from \$25/mth*	from \$70/mth*
	from \$25/mth*	from \$100/mth*

* some restrictions may apply, contact us for more details.



for more information please visit:
www.storm.ca/winchester

Storm Internet
203-350 Sparks St., Ottawa, ON K1R 7S8
tel: (613) 567-6585 · fax: (613) 567-3227
toll free: (866) 257-8676

[Mon-Fri: 8am-10pm & Sat-Sun: 9am-5pm]

The LITTLE DEALER where friends send their friends

PICK OF THE WEEK

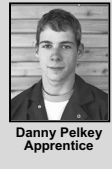
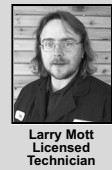
2003 Ford Taurus SEL
Spruce green, Stock #DC181.
Regular \$29,800
SPECIAL \$26,600
0% financing, freight included

Manfred Gordes
Assistant Sales
Manager

Rob Mockett
Service/Parts
Manager

Adrian Deaman
Ford of Canada
Senior Technician

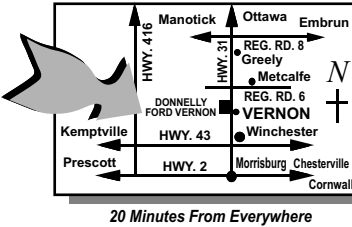
- 2002 Taurus SE Wagon**.....**PRICED TO SELL! \$20,678**
Fully equipped and third-row seat. Just arrived. Stock #D52029
- 2002 Ford Focus SE Sport**.....**PRICED TO SELL! \$16,878**
4-door sedan, just arrived. Fully equipped. Stock #D51979
- 2000 Windstar SE**.....**PRICED TO SELL! \$17,395**
Fully equipped and power side door. Local trade. Stock #DCB28A
- 1999 Windstar LX**.....**PRICE REDUCED! \$14,485**
Fully equipped, local trade. Stock #DB1173A
- 1999 Ford F-150 Reg Cap Long Box**.....**PRICE REDUCED! \$20,528**
4x4, local trade, nice work truck. Stock #D51886
- 2003 Ford F-150 S. Cap 4x4 FX4**.....**PRICED TO SELL! \$39,568**
FX4 with 5.4 L Triton. 0% financing, including freight. Stock #DC421
- 2003 Ranger Edge 4x4, S. Cap**.....**PRICED TO SELL! \$28,635**
Flareside, fully equipped, 0% financing, freight included. Stock #D324
- 2003 Ranger S. Cap Edge 4x2**.....**PRICED TO SELL! \$24,531**
Auto., air, much more. 0% financing, freight included. Stock #DC272
- 2003 F-150 Reg Cap 4x2 Long Box**.....**PRICED TO SELL! \$27,041**
Auto., air, and much more. V-8 Triton engine. 0% financing, freight included. Stock #DC275



8624 BANK ST.
(HWY. 31, VERNON)
Toll Free 1-888-728-0005
613-821-1252

PART OF THE DONNELLY AUTOMOTIVE GROUP WITH ACCESS TO 600 NEW/USED VEHICLES IN STOCK.
FULL LINE OF EVERY MAKE AND MODEL AVAILABLE.

Visit us for Sales and Service, where we take pride in Customer Satisfaction





LASTING IMPRESSIONS

COMPLETE PROFESSIONAL PHOTOGRAPHY

Heather Cooke Erwin
RR2 Mountain ON
613-989-6145



Collins Barrow
Chartered Accountants

Collins Barrow offers a full range of services in the areas of:

- Farm tax returns
- Financial statement preparation
- Personal and corporate tax returns and planning
- Bookkeeping services
- Estate planning
- Computer installation and training
- Debt restructuring and insolvency services

Collins Barrow Winchester
475 Main Street
Winchester, ON K0C 2K0
tel: 613.774.2854
toll free: 800.268.0019
www.collinsbarrow.com



TRIPLE B STRUCTURES LTD.
Butler Pre-Engineered Steel Buildings
Commercial and Institutional

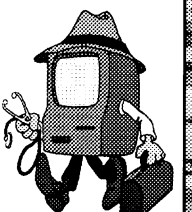
Over 15 years experience

WILLIAMSBURG, ONT.
Ralph Buter
Randy Buter

 **Office 613-535-2820**

micro essentials

COMPUTER SALES, SERVICE, UPGRADES & NETWORKING
P.O. Box 1259., 2674 Hwy. 43, Kemptville, ON K0G 1J0
Tel: **613-258-4725**, Fax: **613-258-7124** microdoc@magma.ca





DOORS INC.

SALES, SERVICE, INSTALLATION, RETAIL & WHOLESALE

 • Garage Doors • Electric Garage Door Openers
• Automatic Entrance Ways • Dock Levelers

24-Hour Service

1700 Cayer Rd., Winchester 774-1361

WINTER SPECIAL

DA-MAUR CARPET CLEANING

Superior In-Truck Mount Steam Cleaning
Will Professionally Clean Your House
(Excluding Finished Basements) With Our Own Water Supply

REG. \$95 NOW \$85 ON PRESENTATION OF THIS AD
(incl. L.R., D.R., 3 Bd.R. (T.A.'s), 1 set of stairs & upstairs hall) **MAX. 750 SQ. FT.**

CALL AND BOOK NOW! 445-6452 Saturdays Available

Armstrong Burner Service

Call Bryant to the rescue!

Bryant Air Conditioners & Bryant Furnaces
GAS • OIL • PROPANE • DUCT CLEANING

SERVING DUNDAS 23 YEARS

CALL 774-3522 WINCHESTER

FREE ESTIMATES • ASK FOR DWAINÉ



Somebody Cares!

Cares if you are new in town and feel kind of lost; if you've just added a new son or daughter to your family; if HE has finally asked you to become his wife; if you or someone in your family is celebrating a very special occasion...



Pat Warren 774-2943





E-mail

Now you can E-mail contributions and letters to the editor for publishing consideration directly to the *Winchester Press* at

news@winchesterpress.on.ca

Please remember to supply your name and a telephone number where we can reach you during the day along with your electronic submission.



WINCHESTER PRESS

Deadline for Classified Ads is Monday at 5 pm

Display Advertising Deadline is Friday at 5 pm

Classified Advertising Rates
All Classified Advertising Payable In Advance
30 cents per word, \$6.00 minimum

Classifieds will be accepted by telephone, but must be paid by 5 pm Monday, for publication on Wednesday.

 **613-774-2524** 

Fax 774-3967 E-mail: advert@winchesterpress.on.ca

Classifieds

Notice

CALL FOR ENTRY – “Country Christmas Artisan Tour”. Interested candidates may call 448-2543 for details. Deadline for jurying is March 20, 2003.

49-50

Services

ALCOHOLICS ANONYMOUS
If you want to drink that's your business. If you want to stop, that's ours. Call AA, 774-2779 or 543-3484. For families of alcoholics (ALANON), 989-3337 or 543-3484.

37fc

VICTOR BROOKS & SON INC.
Tree services. Take downs, trimming, planting, stump removal, bucket truck, chipper rental. Free estimates. 535-2322.

45fc

CAR CLEANING
For professional results let the pros at Akcent Motor Sales maintain your vehicle's appearance. Basic car wash to bumper to bumper. Reasonable rates. 774-0718.

39fc

INCOME TAX RETURNS - E-FILE
JMP BUSINESS SERVICES LTD. Accounting, bookkeeping, financial statements and payroll. Jose Poole, Winchester, 613-774-2178. Fax 613-774-1055.

24fc

HERITAGE PIANO RESTORATIONS
Upright, grand and player piano restoration. Over 35 years in business. Peter Kilpatrick, concert piano tuner/technician. 613-346-0460.

25fc

ED GIBSON TELEPHONE SERVICE
Phone wires, computer wires, jacks, miscellaneous telephone equipment installed and repaired. We carry a line of Northern Telecom residential and business telephones for sale. Please call for free technical advice and estimates. 30 years experience. Ed Gibson 774-2860.

49c

Work Wanted

WORK WANTED – Renovating your old kitchen/bath or doing new construction? Call Gerry at Hamilton Custom Cabinets for kitchen cabinets, cabinet doors, countertops and vanities. Phone 613-989-1162.

26fc

WORK WANTED – Experienced carpenter. Additions, renovations, decks, siding, windows, doors and more. Call Andrew Lamoureux, 774-5294.

48fc

For Rent

FOR RENT – Mini storage units (various sizes), commercial/industrial units and office space (long or short term lease). Contact Andy Bowers at Prospect Rentals. 613-543-3437, Morrisburg.

33fc

FOR LEASE – Commercial premises in Morewood. Take-out or full licensed restaurant possibilities. Base rent plus utilities. Some equipment and furnishings on site. Call 448-1171 after 6 pm.

49c

Accommodation

FOR RENT – 1-bedroom apartment, \$475 monthly includes heat and hydro. Available immediately. 774-2920.

47fc

APARTMENTS FOR RENT – 1 and 2-bedroom, \$500 and up. Heat and hydro included, laundry facilities, first and last months rent required. Call 822-6635, Mon-Fri, 8 am-5 pm, after 6 pm and Saturday and Sunday 535-2208.

47-49

FOR RENT – Beautiful bright bachelor, attached to private home, in central Winchester. Large front porch, sky lights, FOR RENT – 1-bedroom apartment, 540 St. Lawrence Street, Winchester. Heat, hydro and water included. \$495 per month. Phone 821-1071 after 5 pm.

48-50

FOR RENT – 1-bedroom, quiet rural, unfurnished, ideal for retiree or single, fridge and stove, transportation required, \$465 monthly, utilities extra. 239-5877.

49-50

FOR RENT – Large 4-bedroom older home in Manotick. Large living room, den, dining room, available March 10, \$2,000 monthly plus hydro. Serious inquiries only, Jim 736-1133.

49-50

FOR RENT – 3-bedroom house, South Mountain, available March 1st, \$900 per month plus utilities, walk-out basement, 10-year old house, single garage, river view. Phone 989-5348.

49-50c

Wanted

PAY TOP DOLLAR
STANDING TIMBER WANTED – Such as poplar, soft maple, ash, willow, hard maple or white pine. Will take bush off for farm land use. Paid by lump sum or by cord. Also white and red pine, 12" and over. Self loader truck for hire. Call Dave Como at 613-258-3987.

3fc

WANTED – Books, hard cover in good condition. Old Authors Book Shop, 613-543-3337.

44fc

RIDE WANTED – Lady(s) require a ride, weekdays, to and from Place De Ville, Ottawa, from Winchester, for 8 am-4 pm shift. Variations considered. Phone 774-2986 anytime.

48-49

WANTED TO BUY – Baby crib, changer and dresser. Call 535-2576 or 535-1369.

48-49

Help Wanted

HELP WANTED – Personal Support Worker or Care Support Worker at Crysler Residence. Permanent part-time, 7 shifts/2 weeks. May fax resume to 613-987-2724 or contact Denis or Nathalie at 613-987-5562.

44fc

HELP WANTED – Job offer for housecleaning. Full-time employment, car required. Fax resume to 445-1187.

48-1c

HELP WANTED – Certified Dental Hygienist and Registered Dental Assistant. Part-time for Altima Dental Centre commencing immediately. Please fax resume to 445-2901 or call 445-3505.

48-50c

HELP WANTED – Boat repair person required. Experience with fiberglass and jelcoite is essential. Resumes to 4340 Rideau River Road, Kemptville, ON, K0G 1J0 or fax to 258-6426.

48-49c

HELP WANTED – Partners in Parenting is seeking team members to assist in the day-to-day care of children who have a variety of medical needs and live in a group home located in Greely. Candidates should possess DSW/RPN/RNA or possess relevant experience. Please fax a resume to Tanya-Marie Benjamin 613-821-9747 or call 613-821-1127 for further information.

49

HELP WANTED – Backhoe operator with minimum 5 years experience. Also, laborer for farm drainage. Call Mon-Fri 826-2388.

49-50c

HELP WANTED – Part-time servers and cooks. Please drop off resume or phone Sandy Row Golf Club, 989-2588. For summer as well as year round employment. Must be able to work weekends and some evenings.

49c

APPLES

Many varieties of apples; also cider, and a variety of sugar free and regular fruit spreads. Gift baskets and more. Smyth's Apple Orchard, Dundela, 10 km north of Morrisburg, to Williamsburg, west 6 km. Open 9 am-5 pm, 613-652-2477.

48fc

PIANOS AND ORGANS
FAWCETT ORGAN CORP.
Winchester, Ontario, K0C 2K0. Canada's most complete line of church and home organs, new and rebuilt, Kurzweil digital upright and grand pianos and Johannus church organs, Heintzman upright and grand pianos. For appointment phone 613-774-2205.

39fc

HOUSE FOR SALE

\$135,000, like new, 2-storey, all wood exterior, immaculate, 3 bedrooms, 2 full bathrooms. Walk to school. Chesterville 448-9021.

46-49

FOR SALE – Certified organic beef, turkey and chicken. Pieter Biemond, Iroquois. Call 613-652-4118.

49

FOR SALE – 2-acre lot, with 4-bedroom house, pool, and storage. New furnace/H.W.T./oil tank as of last year. Located 2 km south of Winchester. Asking \$165,000. Call 774-6653.

49-50

CHAINSAW SALE

Stihl and Husqvarna: 30 cc, 15", only \$269.95; 57 cc, 16", now \$429.95. Sales and Service at Eastern Engines, Highway 31, Williamsburg, 535-2488.

49c

TIMMY'S PLACE BAG SALE

Spring Bag Sale will be held Tues. to Thurs., March 11-13. The store will be closed for restocking March 14-15. We will also be closed Sat., March 8 for the TCS Bazaar.

49-50c

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15fc

FOR SALE – Solid cherry dining room set: buffet, hutch, table with 2 leaves and 8 chairs. Call 448-2716.

48-49

FOR SALE – Kitchen set with 6 captain's chairs. Phone 652-4191

48-49

FOR SALE – Matching fridge and stove, green, good working order, \$150 or best offer. Phone 821-2484.

48-49

FOR SALE – Due to renovations must sell, GE stove-range and Whirlpool built-in dishwasher, both in good working order. Also blue loveseat couch, good for cottage. Best offer will be accepted. Please call 774-2042.

49

FOR SALE – Jenn-Air cook-top stove with down draft. Phone after 6 pm 989-2297.

49-50

Pets/Livestock

WANTED TO BUY – Meat cows, meat horses, ponies, donkeys, crippled cattle. Fair price, cash. Phone 613-657-1114, Archie Martelle.

3fc

AL BECKSTEAD 3B LIVESTOCK – Licensed buyer. Dairy, beef, calves, old cows. RR #1, Oxford Station, 613-258-5100.

42-49c

FOR SALE – Four 1st calf Holstein heifers to freshen soon. Must be moved. Info call 525-2969.

49

Recreational

FOR SALE – 1996 Ski-Doo Formula SLS, 500 cc, liquid cooled, red, great condition, \$3,000 or best offer. Call 613-535-2576.

47-49

Work Wanted

WORK WANTED – George's Moving, fair prices - dependable services, Ottawa and surrounding area homes, offices and apartments. George Byles, 821-4191.

40fc

WORK WANTED – G & K Moving. Affordable and reliable, fully insured. Phone 613-821-3555.

43fc

WINCHESTER TIRE SALES
(Div. Akcent Motor Sales Inc.)
12032 Dawley Dr., Winchester

PASSENGER AND LIGHT TRUCK TIRES INSTALLED AND BALANCED

All Makes of Tires Available

 **774-0718**



For Sale

FOR SALE – Trumpet, \$225. Call 774-6776.

49

FOR SALE – Craftsman 10" radial arm saw includes manual, extra blades, stand, table extension, drill chuck, rotary planer, \$425. Phone after 6 pm 774-3722.

49c

Automotive

QUALITY CARS AND TRUCKS
For quality vehicles see **Akcent Motor Sales**, Winchester, 774-0718. Family owned and operated. See vehicles at www.akcentmotors.com

8fc

VEHICLE FOR SALE – Tired of being offered second rate vehicles, especially with a credit problem. Call Car-O-Line Auto's local 613-448-2488 or long distance toll free 1-877-820-5598. Over 50, 90's VEHICLES TO CHOOSE FROM. Now online www.car-o-line.com.

49c

Farm

FARMS WANTED – Thinking of retiring or selling? Please call Steve Summers at Coldwell Banker, Coburn Realty for a confidential appraisal of your property, 774-3408 or 1-800-781-3457.

46fc

FOR SALE – Hay, wrapped 4x4 bales, \$25 per bale. Phone 989-6031.

44-50

FARMS WANTED TO RENT – In Dundas County. Competitive rent paid for productive parcels of tiled land. Call 613-543-2312.

46fc

FOR SALE – Sukup 3-auger sturway, fits 19" bin. Also Krause 22" tandem disc. Phone 448-3316 or 448-1003.

47sf

FOR SALE – MF 300 combine, 3-row narrow corn head, 11' grain head, cab, gas engine, \$4,000. Phone 613-652-4905.

48-49

FOR SALE – Clean straw, \$1.75 per bale. Phone 535-2520.

49c

FOR SALE – Barley straw, large square bales, very clean. After 6 pm 989-2297.

49-50

FOR SALE – Used bulk tank, 600 gallon round, stainless steel, for maple syrup or water. Call 984-2888.

49-51c

FOR SALE – Good quality hay for horses, small bales. Call 774-3570.

49-51

Farm

FARMS WANTED – Thinking of retiring or selling? Please call Steve Summers at Coldwell Banker, Coburn Realty for a confidential appraisal of your property, 774-3408 or 1-800-781-3457.

46fc

FOR SALE – Hay, wrapped 4x4 bales, \$25 per bale. Phone 989-6031.

44-50

FARMS WANTED TO RENT – In Dundas County. Competitive rent paid for productive parcels of tiled land. Call 613-543-2312.

46fc

FOR SALE – Sukup 3-auger sturway, fits 19" bin. Also Krause 22" tandem disc. Phone 448-3316 or 448-1003.

47sf

FOR SALE – MF 300 combine, 3-row narrow corn head, 11' grain head, cab, gas engine, \$4,000. Phone 613-652-4905.

48-49

FOR SALE – Clean straw, \$1.75 per bale. Phone 535-2520.

49c

FOR SALE – Barley straw, large square bales, very clean. After 6 pm 989-2297.

49-50

FOR SALE – Used bulk tank, 600 gallon round, stainless steel, for maple syrup or water. Call 984-2888.

49-51c

FOR SALE – Good quality hay for horses, small bales. Call 774-3570.

49-51

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15fc

FOR SALE – Solid cherry dining room set: buffet, hutch, table with 2 leaves and 8 chairs. Call 448-2716.

48-49

FOR SALE – Kitchen set with 6 captain's chairs. Phone 652-4191

48-49

FOR SALE – Matching fridge and stove, green, good working order, \$150 or best offer. Phone 821-2484.

48-49

FOR SALE – Due to renovations must sell, GE stove-range and Whirlpool built-in dishwasher, both in good working order. Also blue loveseat couch, good for cottage. Best offer will be accepted. Please call 774-2042.

49

FOR SALE – Jenn-Air cook-top stove with down draft. Phone after 6 pm 989-2297.

49-50

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15fc

FOR SALE – Solid cherry dining room set: buffet, hutch, table with 2 leaves and 8 chairs. Call 448-2716.

48-49

FOR SALE – Kitchen set with 6 captain's chairs. Phone 652-4191

48-49

FOR SALE – Matching fridge and stove, green, good working order, \$150 or best offer. Phone 821-2484.

48-49

FOR SALE – Due to renovations must sell, GE stove-range and Whirlpool built-in dishwasher, both in good working order. Also blue loveseat couch, good for cottage. Best offer will be accepted. Please call 774-2042.

49

FOR SALE – Jenn-Air cook-top stove with down draft. Phone after 6 pm 989-2297.

49-50

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15fc

FOR SALE – Solid cherry dining room set: buffet, hutch, table with 2 leaves and 8 chairs. Call 448-2716.

48-49

FOR SALE – Kitchen set with 6 captain's chairs. Phone 652-4191

48-49

FOR SALE – Matching fridge and stove, green, good working order, \$150 or best offer. Phone 821-2484.

48-49

FOR SALE – Due to renovations must sell, GE stove-range and Whirlpool built-in dishwasher, both in good working order. Also blue loveseat couch, good for cottage. Best offer will be accepted. Please call 774-2042.

49

FOR SALE – Jenn-Air cook-top stove with down draft. Phone after 6 pm 989-2297.

49-50

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15fc

FOR SALE – Solid cherry dining room set: buffet, hutch, table with 2 leaves and 8 chairs. Call 448-2716.

48-49

FOR SALE – Kitchen set with 6 captain's chairs. Phone 652-4191

48-49

FOR SALE – Matching fridge and stove, green, good working order, \$150 or best offer. Phone 821-2484.

48-49

FOR SALE – Due to renovations must sell, GE stove-range and Whirlpool built-in dishwasher, both in good working order. Also blue loveseat couch, good for cottage. Best offer will be accepted. Please call 774-2042.

49

FOR SALE – Jenn-Air cook-top stove with down draft. Phone after 6 pm 989-2297.

49-50

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15fc

FOR SALE – Solid cherry dining room set: buffet, hutch, table with 2 leaves and 8 chairs. Call 448-2716.

48-49

FOR SALE – Kitchen set with 6 captain's chairs. Phone 652-4191

48-49

FOR SALE – Matching fridge and stove, green, good working order, \$150 or best offer. Phone 821-2484.

48-49

FOR SALE – Due to renovations must sell, GE stove-range and Whirlpool built-in dishwasher, both in good working order. Also blue loveseat couch, good for cottage. Best offer will be accepted. Please call 774-2042.

49

FOR SALE – Jenn-Air cook-top stove with down draft. Phone after 6 pm 989-2297.

49-50

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15fc

FOR SALE – Solid cherry dining room set: buffet, hutch, table with 2 leaves and 8 chairs. Call 448-2716.

48-49

FOR SALE – Kitchen set with 6 captain's chairs. Phone 652-4191

48-49

FOR SALE – Matching fridge and stove, green, good working order, \$150 or best offer. Phone 821-2484.

48-49

FOR SALE – Due to renovations must sell, GE stove-range and Whirlpool built-in dishwasher, both in good working order. Also blue loveseat couch, good for cottage. Best offer will be accepted. Please call 774-2042.

49

FOR SALE – Jenn-Air cook-top stove with down draft. Phone after 6 pm 989-2297.

49-50

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15fc

FOR SALE – Solid cherry dining room set: buffet, hutch, table with 2 leaves and 8 chairs. Call 448-2716.

48-49

FOR SALE – Kitchen set with 6 captain's chairs. Phone 652-4191

48-49

FOR SALE – Matching fridge and stove, green, good working order, \$150 or best offer. Phone 821-2484.

48-49

FOR SALE – Due to renovations must sell, GE stove-range and Whirlpool built-in dishwasher, both in good working order. Also blue loveseat couch, good for cottage. Best offer will be accepted. Please call 774-2042.

49

FOR SALE – Jenn-Air cook-top stove with down draft. Phone after 6 pm 989-2297.

49-50

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15fc

FOR SALE – Solid cherry dining room set: buffet, hutch, table with 2 leaves and 8 chairs. Call 448-2716.

48-49

FOR SALE – Kitchen set with 6 captain's chairs. Phone 652-4191

48-49

FOR SALE – Matching fridge and stove, green, good working order, \$150 or best offer. Phone 821-2484.

48-49

FOR SALE – Due to renovations must sell, GE stove-range and Whirlpool built-in dishwasher, both in good working order. Also blue loveseat couch, good for cottage. Best offer will be accepted. Please call 774-2042.

49

FOR SALE – Jenn-Air cook-top stove with down draft. Phone after 6 pm 989-2297.

49-50

For Sale

FOR SALE – Trumpet, \$225. Call 774-6776.

49

FOR SALE – Craftsman 10" radial arm saw includes manual, extra blades, stand, table extension, drill chuck, rotary planer, \$425. Phone after 6 pm 774-3722.

49c

Automotive

QUALITY CARS AND TRUCKS
For quality vehicles see **Akcent Motor Sales**, Winchester, 774-0718. Family owned and operated. See vehicles at www.akcentmotors.com

8fc

VEHICLE FOR SALE – Tired of being offered second rate vehicles, especially with a credit problem. Call Car-O-Line Auto's local 613-448-2488 or long distance toll free 1-877-820-5598. Over 50, 90's VEHICLES TO CHOOSE FROM. Now online www.car-o-line.com.

49c

Farm

FARMS WANTED – Thinking of retiring or selling? Please call Steve Summers at Coldwell Banker, Coburn Realty for a confidential appraisal of your property, 774-3408 or 1-800-781-3457.

46fc

FOR SALE – Hay, wrapped 4x4 bales, \$25 per bale. Phone 989-6031.

44-50

FARMS WANTED TO RENT – In Dundas County. Competitive rent paid for productive parcels of tiled land. Call 613-543-2312.

46fc

FOR SALE – Sukup 3-auger sturway, fits 19" bin. Also Krause 22" tandem disc. Phone 448-3316 or 448-1003.

47sf

FOR SALE – MF 300 combine, 3-row narrow corn head, 11' grain head, cab, gas engine, \$4,000. Phone 613-652-4905.

48-49

FOR SALE – Clean straw, \$1.75 per bale. Phone 535-2520.

49c

FOR SALE – Barley straw, large square bales, very clean. After 6 pm 989-2297.

49-50

FOR SALE – Used bulk tank, 600 gallon round, stainless steel, for maple syrup or water. Call 984-2888.

49-51c

FOR SALE – Good quality hay for horses, small bales. Call 774-3570.

49-51

Farm

FARMS WANTED – Thinking of retiring or selling? Please call Steve Summers at Coldwell Banker, Coburn Realty for a confidential appraisal of your property, 774-3408 or 1-800-781-3457.

46fc

FOR SALE – Hay, wrapped 4x4 bales, \$25 per bale. Phone 989-6031.

44-50

FARMS WANTED TO RENT – In Dundas County. Competitive rent paid for productive parcels of tiled land. Call 613-543-2312.

46fc

FOR SALE – Sukup 3-auger sturway, fits 19" bin. Also Krause 22" tandem disc. Phone 448-3316 or 448-1003.

47sf

FOR SALE – MF 300 combine, 3-row narrow corn head, 11' grain head, cab, gas engine, \$4,000. Phone 613-652-4905.

48-49

FOR SALE – Clean straw, \$1.75 per bale. Phone 535-2520.

49c

FOR SALE – Barley straw, large square bales, very clean. After 6 pm 989-2297.

49-50

FOR SALE – Used bulk tank, 600 gallon round, stainless steel, for maple syrup or water. Call 984-2888.

49-51c

FOR SALE – Good quality hay for horses, small bales. Call 774-3570.

49-51

Farm

FARMS WANTED – Thinking of retiring or selling? Please call Steve Summers at Coldwell Banker, Coburn Realty for a confidential appraisal of your property, 774-3408 or 1-800-781-3457.

46fc

FOR SALE – Hay, wrapped 4x4 bales, \$25 per bale. Phone 989-6031.

44-50

FARMS WANTED TO RENT – In Dundas County. Competitive rent paid for productive parcels of tiled land. Call 613-543-2312.

46fc

FOR SALE – Sukup 3-auger sturway, fits 19" bin. Also Krause 22" tandem disc. Phone 448-3316 or 448-1003.

47sf

FOR SALE – MF 300 combine, 3-row narrow corn head, 11' grain head, cab, gas engine, \$4,000. Phone 613-652-4905.

48-49

FOR SALE – Clean straw, \$1.75 per bale. Phone 535-2520.

49c

FOR SALE – Barley straw, large square bales, very clean. After 6 pm 989-2297.

49-50

FOR SALE – Used bulk tank, 600 gallon round, stainless steel, for maple syrup or water. Call 984-2888.

49-51c

FOR SALE – Good quality hay for horses, small bales. Call 774-3570.

49-51

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15fc

FOR SALE – Solid cherry dining room set: buffet, hutch, table with 2 leaves and 8 chairs. Call 448-2716.

48-49

FOR SALE – Kitchen set with 6 captain's chairs. Phone 652-4191

48-49

FOR SALE – Matching fridge and stove, green, good working order, \$150 or best offer. Phone 821-2484.

48-49

FOR SALE – Due to renovations must sell, GE stove-range and Whirlpool built-in dishwasher, both in good working order. Also blue loveseat couch, good for cottage. Best offer will be accepted. Please call 774-2042.

49

FOR SALE – Jenn-Air cook-top stove with down draft. Phone after 6 pm 989

Classifieds

Coming Events

A SPECIAL NIGHT
At the Royal Canadian Legion in Chester-ville, Fri., Feb. 28 starting at 8 pm. Come and enjoy an evening of fabulous fun and entertainment featuring Matt Hayes and Ole Friends, This Old Heart and the Country Comrades and the Best of Friends Trio. Tickets \$10 per person. All proceeds will go to the building fund.
48-49c

PANCAKE SUPPER
South Mountain United Church, Tues., March 4 from 4:30-7 pm. Maple syrup, deep fried sausages, homemade donuts and cheese. Adults \$5.50, children 12 and under \$2.50.
49

COSTUME BALL
Fri., Feb. 28 Marionville Community Cen- tre, from 8 pm. Admission \$11 in advance or \$13 at the door. 1 free drink with cos- tume. Best costume contest, midnight snack. Music by Edelweiss Montreal. For tickets call 774-4359 or 774-3148. Spon- sored by Seaway Valley Swiss Club.
48-49

HALL FOR RENT
Parties, special events. Winchester Curl- ing Club. LLBO licensed for 130 people. Kitchen, ice surface available. Call Dave 774-5491.
49c

DFA MEETING
The regular monthly meeting of the Dun- das Federation of Agriculture will be held on Wed., March 5, 8 pm at the Chester- ville Town Hall. Everyone welcome.
49c

TRI COUNTY COUNTRY MUSIC DANCE
To be held on Sat., March 1, 8 pm-12 midnight, Morewood Hall. Theme: St. Patrick's. Musicians and everyone wel- come. Admission \$5.
49

WINCHESTER UNITED CHURCH
Pot Luck Lunch, to welcome Rev. Robert Williams and his family, immediately fol- lowing the Service on Sunday March 2. Everyone welcome.
49c

SPENCERVILLE SPRING TRADE SHOW 2003
To be held at the Drummond Building (Spencerville Fairgrounds) April 4-6. Seeking business owners and service providers to display products and serv- ices to Grenville County and surrounding area consumers. Booths and tables for rent at reasonable rates. Contact Janet at 613-258-7343.
49c

5th ANNUAL EUCHRE TOURNAMENT
Williamsburg I.O.O.F. Hall, sponsored by Williamsburg Fire Department. Sat. March 1, 12 noon sharp. \$40 per team (max 40 teams) Cash prizes. 50/50 draw. 1/2 hour break after first 6 games. Food and refresh- ments. Register before 12 noon or call now to register at 652-2599 or 535-2049.
49c

VERNON SENIORS FRIENDSHIP CLUB
Meets every Wed. at 7:30 pm for cards and social fun. The first Wed., of each month features a potluck dinner starting at 6:30 pm. Guests are welcome.
49

TOWNSHIP OF NORTH DUNDAS
Special Meeting of Council, Fri., March 7, 2003 at 2 pm. Council chambers.
49c

Coming Events

ANNUAL BAZAAR
Timothy Christian School's annual bazaar, Sat., March 8, Matilda Hall, Dixons Corners, 10 am-3 pm. Food, auc- tion, games, bake table and more.
49-50c

SPAGHETTI SUPPER
At Inkerman United Church on Sun., March 9, from 4:30-7 pm. Admission: adults \$6, under 12 \$3, preschoolers free.
49-50c

DUNDAS HOLSTEIN CLUB DAIRY DAY
Tues., March 4 from 1-3 pm at the farm of Henry, Rita and Robert Velthius, 10890 Church Road, Mountain Township.
49c

OSGOODE TOWNSHIP HISTORICAL SOCIETY
Meeting on Tues., March 4, 7:30 pm, at the Museum in Vernon. Speaker: Jonathan Moore, Archaeologist, Parks Canada. Video: Underwater Sites Along the Rideau. Everyone welcome.
49c

WINCHESTER TOWNSHIP SNOWMOBILE CLUB
Meeting will be held Wed., March 5, 8 pm in the clubhouse.
49c

WORLD DAY OF PRAYER
Fri., March 7, 2 pm at Winchester Pres- byterian Church. World Day Service is written by women of Lebanon. For in- formation call 774-3385.
49

DUNDAS COUNTY HOSPICE
Invites anyone experiencing a loss to an evening of support, Tues., March 4, 7 pm at Park Lane Seniors' Support Centre. Guest Speaker Topic: "Time to Take Care of You". Call 535-2215 for information.
49c

FRIDAY NIGHT BUFFET
At The Heritage Restaurant, Chesterville from 6-9 pm. Roast beef, several hot items, salad bar and dessert bar. 1/2 price for kids under 10. Senior's discount.
49

Auction Sales

HOUSEHOLD AUCTION COMPLETE HOUSEHOLD FROM MORRISBURG WILL BE SOLD WITH A PARTIAL HOUSEHOLD McHaffie Flea Market Morrisburg THURSDAY, FEBRUARY 27 commencing at 6 pm
hall opens 5 pm day of sale
Two frost free refrigerators, like new; 2 electric stoves; dryer; 2 automatic wash- ers; floor model color TV with remote; portable color TV with remote; 4-piece double bed set; numerous chests of drawers; oval rug; chrome table and chairs; bicycles; bathroom vanity with sink; dehumidifier; humidifier; aluminum step ladder; china cabinet; microwave and stand; apartment size freezer; lawn chairs; exercise equipment; cedar chest; sewing stand; blankets; bedding; small tools; dishes; ornaments; glassware; col- lectibles; bowls; depression; bird cages; bassinet; sewing machine with cabinet; pocket watches; wrist watches; rings; pocket knife; jewellery boxes; cookware; wheelbarrow; filing cabinet; many unlist- ed items.
Canteen MasterCard, Visa and Interac AUCTIONEER Sheila McHaffie
49c

Thinking about quitting?
CALL THE CANADIAN CANCER SOCIETY'S TOLL-FREE SMOKERS' HELPLINE
1-877-513-5333



Happy Birthday Sweet Sixteen
March 3
Mom, Dad & Chris



Parts Driver/ Lot Attendant Required

We are currently looking for a full-time parts driver/lot attendant. Clean driving record a must.

Call Manfred or Rob 821-1252



Winchester District Memorial Hospital

566 Louise Street, Winchester, Ontario, K0C 2K0 613-774-2422 Fax: 613-774-0453

If you are interested in becoming a member of the Winchester District Memorial Hospital Corporation, please submit an application and \$10 membership to the following:

ADMINISTRATION OFFICE

Winchester District Memorial Hospital
566 Louise Street
Winchester, Ontario, K0C 2K0

The Hospital Bylaws require that membership applications and associated fees be received 90 days prior to the Annual General Meeting of the Corporation (scheduled for Tuesday, June 24, 2003), so as to entitle a qualified member to vote at the Annual Meeting. In order to properly assess and process applications, they must be received by 1600 hours in the Administration Office on **Friday, March 21, 2003**. Application forms may be obtained from the Administration Office.



UNITED COUNTIES OF STORMONT, DUNDAS AND GLENGARRY EMPLOYMENT OPPORTUNITY Secretary

The United Counties of Stormont, Dundas and Glengarry has an immediate opening for the position of Secretary in our County Roads Department.

The successful candidate will perform the general secretarial duties for the Roads Department. Duties include responding to inquiries from the general public; processing applications for moving permits and entranceways; assisting with the collection of data for severance applications and land purchases; maintaining accurate filing system including flat files of all inventory and maintenance on county roads; and the preparation and revision of forms and general procedures.

Considerations will be given to applicants that possess post-secondary school education, strong secretarial, communication and organizational skills. Demonstrated knowledge of PC functions with experience in word processing, database and spreadsheets required.

Salary range will be \$29,765 to \$34,503.

If you are interested in the position of secretary, please pick up an application package from the address below. This package contains a job description with further instructions on how to apply. Please note, **we do not accept resumes**.

Applications must be received by no later than 4:00 pm on Friday, March 7, 2003.

United Counties of Stormont, Dundas and Glengarry
Attention: Human Resources
20 Pitt Street
Cornwall, Ontario
K6J 3P2
Telephone: 613-932-4302 Ext. 200

We thank all applicants for applying, however, only those being selected for an interview will be contacted.

NEW PAINT PRODUCT
Maintenance One
One-Step Wall Finish
Primer & Top Coat All In One
18.9 litre pails **\$59.99**
CURRAN FLOORING CENTRE
448-1005 • 18 Industrial Drive, Chesterville • 448-2068

• For use on all drywall, knockdowns, plaster and previously painted surfaces • Eliminates the need to prime previously unpainted surfaces • Great hide • Splatter resistant
• Covers up to 400 sq. ft. per gallon on a previously painted surface • Quick dry - tack free in 30 minutes, recoat after 4 hours
• Spray, brush or rolled application • Ideal for painters' maintenance segment of the market (apartment, condo and rental repaints)

Everlastings
Country Gifts & Collectibles
490 Main St., Winchester
774-4212
Hours: Mon.-Fri. 10-5; Sat. 9-5

Upcoming Workshops
♥ Kids Crafts - 'March Break' - Mon., March 10 - Fri., March 14, 9-10 am
♥ Beginner Tole Painting Classes (3 weeks) - March 22, March 29 & April 12, Sat., 1-4 pm - *No experience necessary!*
Projects are on display in our workshop. Please register early to avoid disappointment. Class size limited.

Dry Cleaning Depot
For pickup and delivery **Tuesday, Thursday and Saturday**
Garments have to be in before 10 am
Garments going out on Tuesday, will be back on Thursday, etc.
If you wish more information, please call 774-3252
CLARK'S 520 St. Lawrence St. WINCHESTER

NO FEE INVESTING

BK BRUCE R. KERR Insurance & Investments
456 Main St. East Winchester

774-2456
brucekerrins@yahoo.com
DEPOSIT BROKERS

Bruce R. Kerr

• LIFE
• DISABILITY
• GROUP
• INSURANCE
• GICs
Serving the area for over 15 years

3.35% 1 YR. **3.87% 3 YRS.** **4.47% 5 YRS.** **2.56% 30 DAY SHORT TERM GIC** **2.75% ING BANK SAVINGS ACCOUNT**

Hours: Mon.-Fri. 8:30 am-5 pm; evenings and Saturdays by appointment *Some minimums apply. Rates subject to change.

SALES REPRESENTATIVE REQUIRED

Tibben Equipment Ltd. is seeking an **Agricultural Sales Representative** with experience in the agricultural industry of Eastern Ontario.

We provide a great opportunity for a person who has a positive attitude and is self-motivated and willing to learn.

Please forward resume to
P.O. Box 89, Brinston, Ontario, K0E 1C0.

EQUIPMENT LTD.
Tibben
4124 Main St. Brinston
652-4881
www.tibbenequipment.com

JOB OFFER

- Class 'B' licensed driver for school bus in region of Winchester, Russell & Embrun
- Person required for general maintenance and cleaning of school buses with Class 'B' license

Requirements: Bilingual and 25 years or older, Class 'B' licence preferred

Phone 445-5492 or fax 445-0372
Ask for Richard

Osgoode Township Historical Society & Museum

7814 Lawrence Street, P.O. Box 74, Vernon, Ontario, K0A 3J0
613-821-4062 OTHS@magma.ca
Visit our virtual museum at : www.magma.ca/~oths

The Osgoode Township Historical Society and Museum is conducting a March Break Program for 2003.

Dates: March 10 to March 14, 2003
Location: Osgoode Township Museum in Vernon
Participants: For kids enrolled in **Grades 6, 7 and 8 in Osgoode Ward Schools** and home-schooled children who are at these grade levels
Cost: **\$50 per child for the week or \$15 per day** (space permitting)
Limits: The program is limited to **12** participants
Sample Themes: "Our Ancestors - How Did They Get Here?", "Farming Life", "Self-sufficiency"; "Home and Family Life", etc.
Sample Activities: Bread and Butter-Making, Candlemaking, Using a One-man Crosscut Saw, Clothes Washing, Homemade Games, etc.

For information or registration, please call the museum at 821-4062

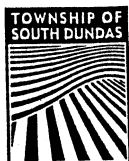
AUCTION SALE
Saturday, March 8 at 11 am
2-STOREY HOUSE & LOT AT 3 NELSON ST., FINCH, ONTARIO
Property has water, sewer, new plumbing, heating and wiring. House needs minor repairs. (Reserve bid)
TERMS: \$2,000 cash down at time of sale, balance when deed is received
AUCTIONEER
Murray Blair
Avonmore • 613-346-5568

**MARCH DAIRY SALE**
Wednesday, March 5
commencing at 12 noon
Hugh Fawcett Sale Arena
Winchester, Ontario
DAIRY SALE INCLUDES:

- Complete Milking Herd and Purebred Heifer Dispersal for Eric & Gary Steele, Winchester Springs
- 40 head sell including 4 VG cows and 1 potential EX. BCA 212-212-202, SCC 210,000 outstanding PB herd by top sires.
- Also selling 12 fresh cows from George Jackson, Morewood

CONSIGNMENTS ALSO ACCEPTED
6% COMMISSION ON CONSIGNMENTS
NOTE: SALE DAY NOW WEDNESDAY
HUGH FAWCETT AUCTIONS INC.
WINCHESTER, ONTARIO • 613-774-3363 • Fax 613-774-5537
Check out our new web site: hughfawcettauctions.com
E-mail: info@hughfawcettauctions.com

Classifieds



Township of South Dundas

4296 County Rd. 31, P.O. Box 160, Williamsburg, Ontario, K0C 2H0
Tel.: 613-535-2673 Fax: 613-535-2099 E-mail: mail@twpsd.net

EMPLOYMENT OPPORTUNITY

The Township of South Dundas is seeking an individual for full-time employment for the following position:

Mechanic/Equipment Operator/Laborer

to perform duties in the Public Works Department. Must possess a valid 'Truck and Coach Technician' and DZ licence.

The total compensation package includes a competitive salary plus benefits: starting salary will relate to qualifications and experience. Job description available at the Williamsburg office.

Applicants should submit their resumes marked: 'RESUME - PRIVATE AND CONFIDENTIAL' by noon (local time) on **March 12, 2003** to:

**Township of South Dundas
P.O. Box 160, 4296 County Road 31
Williamsburg, ON, K0C 2H0
Attention: Andrew Brown, CAO**

We thank all applicants for applying, however, only those selected for an interview will be contacted.



Winchester District Memorial Hospital Foundation

566 Louise Street, Winchester, Ontario, K0C 2K0
613-774-2422 • Fax 613-774-0453

If you are interested in becoming a member of the Winchester District Memorial Hospital Foundation Corporation, please submit an application and \$10 membership to the following:

Foundation Office

Winchester District Memorial Hospital Foundation
566 Louise Street
Winchester, Ontario, K0C 2K0

The Foundation Bylaws require that membership applications and associated fees be received 90 days prior to the Annual General Meeting of the Corporation (scheduled for Thursday, June 26, 2003), so as to entitle a qualified member to vote at the Annual Meeting. In order to properly assess and process applications, they must be received by 1600 ours in the Administration Office on **Monday, March 24, 2003**. Application forms may be obtained from the Foundation Office.

THOM REALTY LIMITED



105 MAIN ST., MORRISBURG VILLAGE PLAZA
P.O. BOX 294, MORRISBURG, ONT., K0C 1X0

BUS.: 613-543-3598 • FAX: 613-543-4076 • E-MAIL: thomrealty@mor-net.on.ca



Karen W. Gorrell
Real Estate Broker
Res. 613-543-3195



Charles (Chuck) Barkley
Associate Broker
Res. 613-448-3660



John Miller
Sales Representative
Res. 613-543-3195



COMMERCIAL BUILDING IN THE HEART OF FIBRE OPTIC, SOUTH DUNDAS - located on County Rd. 31 just south of Hwy. 401. Building 30'x90' including 2-car garage. Six offices, 4 storage rooms, 2 bathrooms, kitchen and large reception area. Large parking lot in front and rear. Irregular lot 125'x175' Asking **\$139,000**. MLS.



ATTRACTIVE, WELL MAINTAINED - Five-year-old semi-detached bungalow close to shopping, schools and medical clinic and post office. Open concept living room, dining area and kitchen. Full unfinished basement. Abundance of cupboards and closets throughout. Asking **\$99,900**. MLS



MORRISBURG - Two-bedroom mobile home located in Hill's Mobile Village. Living room 12'5" x 11'5", eat-in kitchen, 4-pc. bath with hookup for washer and dryer. Front entrance storage room 9'x6'7". Storage shed, forced air gas heating. Asking **\$12,000**. MLS



MORRISBURG - 1640 sq. ft. 3-bedroom bungalow. Living room and master bedroom with hardwood floor under carpet, eat-in kitchen 11'x19'. Family room in basement 19'x28'. Many upgrades, most windows, gas furnace. Gas fireplace in living room. Lot 135' x 140'. Asking **\$159,000**. MLS.



IROQUOIS DUPLEX OPPORTUNITY - This renovated property is presently 2 apartments, each with 2 bedrooms, living room, eat-in kitchen, and a bath. The main floor has access to the full basement. Most windows replaced. Asking only **\$87,000**. MLS



ATTRACTIVELY PLANNED - Raised bungalow with eat-in kitchen, formal dining room, master bedroom with 5-pc. en suite. Lower level has 2 bedrooms, 3-pc. bath, office and family room. Side deck and patio at rear. A must see to appreciate the extras. Asking **\$209,000**. MLS

MECHANIC REQUIRED

Tibben Equipment Ltd. is seeking Mechanics

We provide a great opportunity for a person who has a positive attitude and is self-motivated and willing to learn.

Please forward resume to
P.O. Box 89, Brinston, Ontario, K0E 1C0.



4124 Main St.
Brinston
652-4881

www.tibbenequipment.com



OPEN HOUSE • SUNDAY, 2:00-4:00 PM

Morewood • 35 Alyssa Crescent • \$174,900

3+1 bedrooms on 1/2-acre lot. Newer natural gas furnace, HRV, alarm system, satellite dish, central vacuum, 200 amps, aboveground pool with raised deck. Rec room with gas fireplace. Oversize double garage.



www.royallepage.ca

View at www.royallepage.ca/Wiltshire

Evelyn Wiltshire
Royal LePage Performance Realty
1-877-744-8757

(Independently Owned & Operated, Broker)

INTEGRITY - KNOWLEDGE - ABILITY

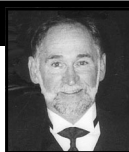
To find one of our great agents



GALE REAL ESTATE

774-4253

EXPOSE YOUR HOME TO THE WORLD
www.ottawarealestatesouth.com



E.A. Oldford**
774-3497

VERNON – \$274,900

10 acres, shop/garage, clean 2,200 square feet, 2 baths.



WINCHESTER - \$295,000

Classic stone, 5 acres.



Helen Kennedy*
448-3528

CHESTERVILLE - \$94,900

Perfect bungalow in Chesterville. Clean, tidy, perfect for young family or retirement. Backs on fields. \$94,900.



Orman Savage*
445-9958

JUST LISTED - \$175,000

100-acre cash crop or hobby farm, approximately 85 acres tillable. Good older buildings including 3-bedroom home, barn and sheds.



Rob Peddle*
774-1919

BUNGALOW – \$141,000

Beautiful bungalow, backs on river. Four bedrooms, 2 baths large country lot.



Tammy Zollinger*
774-2220

SOUTH MOUNTAIN - \$159,900

New and a beauty in birch, ceramic. This is a best buy and a must see inside. Can't build it for this price.



* Sales Representative ** Associate Broker

Same great team - Same great service - New Canada-wide marketing!

**\$ SENIORS –
RETIREMENT – ESTATE \$**
Know the value of your property

For a **FREE** Market Evaluation
call me at **774-3497**



E.A. Oldford
Associate Broker
774-3497

ROYAL LEPAGE
www.royallepage.ca
GALE REAL ESTATE
Winchester

Buying or Selling? Call Alan LaPierre, the Home Specialist.

**Successfully selling real estate
in your area since the 1980s.**



Alan LaPierre
448-3306



HERE'S VALUE IN MOREWOOD.
Formal dining room, eat-in kitchen, huge living room, family room, double garage, barn and storage building. Power of sale.



ALL BRICK BUNGALOW features spacious living room, family room, rec room, office, eat-in kitchen, huge master bedroom with patio doors to deck, 2 baths.



VALUE PRICED 3-bedroom bungalow features open concept main living area, oak kitchen cabinets, patio doors to porch, fireplace, pergola/ceramic flooring.



A REAL CHARMER IN FINCH. Family room, gas fireplace, formal dining room, hardwood floors, eat-in kitchen, built-in appliances, 4 bedrooms, 2 baths, garage.



Take it to the MAX...

RE/MAX METRO-CITY REALTY LTD.
Alan LaPierre 448-3306

24-hour pager: 737-7200, Long distance: Dial 237-7000 then 448-3306

www.remoxottawa.com

www.ottawarealestate.org



EXPECT THE BEST STEVE SUMMERS

Associate Broker
774-3408



24-HOUR PAGING
1-800-781-3457

Fax: 774-1843



COBURN REALTY
Expect the best®

TAKE A LOOK... TAKE TWO



REDUCED - \$159,000. 20 MINUTES TO DOWNTOWN OTTAWA. Natural gas furnace, fireplace and hot water tank. Large living room and large eat-in kitchen, 2+1 bedrooms, rec room in lower level, 2 tier deck to south, more.



\$129,900. ONLY 45 MINUTES FROM THE COREL CENTRE. 3-bedroom hi-ranch with single-car garage, semi-finished rec room in lower area. Built in 1995. Ready to move in - large treed lot.



BRAND NEW 3+2 bedroom home. Finished lower level, 3 full baths, cathedral ceilings, oak kitchen, plus 40'x40' shop, equipped, new double door. Start your own business. **\$269,900.**



\$189,000. ALL STONE BUNGALOW ON LARGE LOT. Can be up to ten acres. Built in 1997. Open concept with kitchen in the middle. Above-ground pool with heater. Lots of decks, 2 baths, semi-finished basement. Entrance from garage to basement.



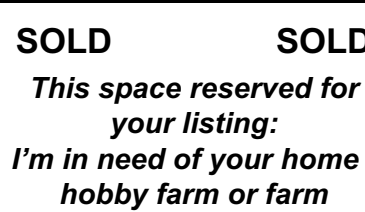
\$139,000 - REDUCED TO SELL, 48 acres - 30 acres of hay and 18 acres hardwood bush, lots of deer. 1990 bungalow, 3+1 bedrooms, open concept, deck at back, 2-car garage and more.



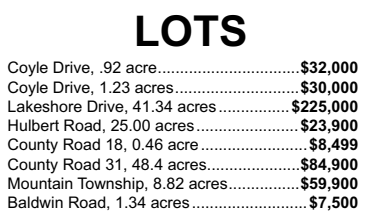
\$69,900 - RENOVATED & COZY 2-BEDROOM in quiet rural village, ready to move-in condition, why rent when you can own for \$425/month. Call Steve to view or for info.



\$129,000. HERITAGE DOUBLE with river view, 9-1/2 ft. ceilings, unbelievable woodwork, units rented. Full basement, high and dry loft could be developed. Come look. Both apartments rented.

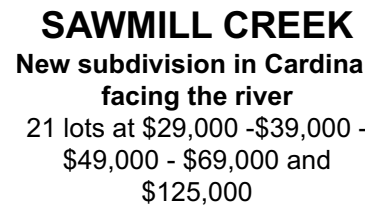


\$119,999. HERITAGE DOUBLE with river view, 9-1/2 ft. ceilings, unbelievable woodwork, units rented. Full basement, high and dry loft could be developed. Come look. Both apartments rented.



LOTS

Coyle Drive, .92 acre.....\$32,000
Coyle Drive, 1.23 acres.....\$30,000
Lakeshore Drive, 41.34 acres.....\$225,000
Hubert Road, 25.00 acres.....\$23,900
County Road 18, 0.46 acre.....\$8,499
County Road 31, 48.4 acres.....\$84,900
Mountain Township, 8.82 acres.....\$59,900
Baldwin Road, 1.34 acres.....\$7,500
Hainsville, .97 acre.....\$11,500
Pleasant Valley (2), 5.01 acres.....\$19,999
Morewood, .46 acre.....\$35,000



SAWMILL CREEK

New subdivision in Cardinal, facing the river

21 lots at \$29,000 - \$39,000 - \$49,000 - \$69,000 and \$125,000

Water and sewer in

Ready to build on now



17 Ralph St. • \$169,900

Great 3 bedroom home! Lot's of living space, 3 bedrooms, fully finished basement with pellet stove to help with the heating. Very private rear yard that backs onto farm land. Plus a large 2 car garage with oil furnace So, you can play with the boy toys. Come look today!



16201 County Rd. 6 • \$189,900

Great property over two acres of land, large garage with loft for storage, barn, paved drive, well treed. Plus a 4 bedroom home, all landscaped, include a hot tub, main-floor laundry, hardwood, oak kitchen and more. Call today!

Call the Volks team today!
774-5040



~ PEOPLE ~ VISION ~
SUCCESS ~
The future is now! ~



For over a decade now, I've met the real estate needs of Winchester and area! Living and working locally, my plans for growth are starting to take place. My ties to this community run deep, so don't be afraid to call. Let's grow and prosper together!

My Winchester office is waiting to serve you!

A no hassle, on-line registration for selling and buying • www.bobvolks.com

Teaching in China: Snow descends on Shenyang

by Diane Wade
SHENYANG, CHINA — Weather is always a favorite topic with Canadians. Since we arrived in late October only two episodes of precipitation have occurred. In late November we received about three centimetres of snow. With so many people walking through it, the snow quickly became black slush, which froze during the night to a two-centimetre layer of ice.

Walking, cycling, or driving was equally hazardous. The ice removal was fascinating. While we saw a few handfuls of salt sprinkled in front of one hotel, the practice was not common.

Basically, ice removal is an old-fashioned chop and sweep operation. Men with sharp, flat-ended shovels chopped and scooped the ice into bicycle carts and then hauled it away. In front of the stores, the wide walking and cycling area was cleared by women wielding large hammers. In a matter of a few days the icy surfaces were again bare.

In mid-December we received about five centimetres of snow. The temperature remains fairly consistently between -5 C and -10 C, dipping to -15 C at night. For one week it fell to -23 C at night and rose to only -15 C during the day.

The snow removal was equally interesting. The school children all walk to school with a small shovel. They spend recesses clearing the paved yard and piling it along the fences. Both the primary and middle schools cleared their yards this way. Several of the middle school children came on Saturday and Sunday to clear the basketball courts.

The snow settled silently into our little courtyard. The keepers of the building kept a pathway swept from our exit to the stairwell. Children



Snow clearing in China is largely done by hand, and then dumping them in vacant lots. Crews travel in low trucks, loading them with snow

Courtesy Photo

came to play in the rest of the snow. After a few days the dry wind had evaporated the top-most layers, leaving small black footprints where the chimney soot had collected. Eventually, it all evaporated leaving only the soot to be swept up by the women who sweep the stairs and hallways.

The businesses along the street, it seems, are responsible for clearing the snow in front of their shops. It was amusing to see a huge pile of snow emerging in the centre of the intersection as the snow was swept outward and along the streets. The pile became a traffic circle for the day as cars and bicycles drove around it. Over night someone

moved it to two large piles on the corner walk.

From the wider six and eight-lane streets, the snow is swept to the outside. It is also swept outward from the shops, forming a pile along the road's edge. From there, bicycle carts are filled and it is dumped into the sewer manholes. Where more snow has accumulated, long low trucks are used. Crews consist of a driver and four or five men with shovels. They shovel the snow onto the truck, and then unload it onto a vacant lot. As we walked along, we were surprised to find another truck and crew. This time they were all women. Yes, the driver was a woman too.

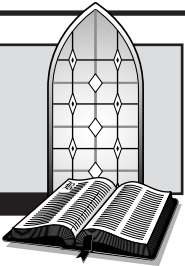
The snow was removed completely in about two weeks time. It seems this method is effective, cost efficient, and pollution-free except for the small truck motors. It provides work, and an exercise workout to boot. Is this not a good thing?

David and Diane Wade left Russell to teach English as a second language to Chinese students in Shenyang, China from Oct. 27, 2002 to Oct. 27, 2003.

David and Diane Wade left Russell to teach English as a second language to Chinese students in Shenyang, China from Oct. 27, 2002 to Oct. 27, 2003.

Shepherd Talk

by Lay-pastor Mollie Pearce McKibbin



Good food

Shopping for food can be a headache. There are news bulletins daily about the food we eat. Ingredients considered harmful to rats in huge quantities, and therefore possibly to human beings, compose a long and ever-changing list. Something reported to cause one type of disease one day may the next day be said to prevent another. What I put in my grocery cart depends on which health risk I feel is my best bet.

Read any good labels recently? To avoid questionable additives, it's necessary. Consequently, it takes a worried cook twice as long to make a decision in the grocery aisles. Interpreting the chemical names listed as ingredients can be frustrating, not to mention a cause of eye strain. It helps to have a child handy to read the small print.

Organically grown foods may have a few more bruises, but is not sprayed or dusted. These foods are sometimes more expensive, but the cook's peace of mind is worth the price. Genetically altered food is also available, but the jury is still out on whether designer-grown produce is harmful.

Food anxiety does not end with the shopping trip. In the kitchen there are questions about food preparation. Do we deep-fry and risk the chemical changes happening at high heat or do we eat it raw and trust we adequately washed it in water that isn't considered all that pure?

We are what we eat but there is no "perfect food" that satisfies all our health-conscious criteria. Nothing we get from a store or even out of our own garden will ever completely satisfy our hunger or give us an unlimited lifespan.

There is only one perfect source of food — real "soul food." Jesus Christ, the Bread of Life and the Living Water, offers nourishment that will always sustain us. We never have to be anxious about the side effects or purity of the Word of God and we can't overdo its consumption. Imagine having food that never goes stale or causes indigestion! What wouldn't we give to have food and water that we would never have to worry about or even spend money on? There is such food and it is absolutely free to those with ears to hear and hearts to understand.

Jesus said, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst. . . . And this is the will of Him who sent Me, that everyone who sees the Son and believes in Him may have everlasting life; and I shall raise him up at the last day."

Believers are nourished, strengthened and encouraged by their relationship with Jesus, a relationship begun on earth to be continued in heaven. No store-bought food has that kind of shelf-life or is as readily available as the Word of God.

This column is provided courtesy of the North Dundas Ministerial Association

AN EVENING OF FUN FOR THE WHOLE FAMILY

Friday, Feb. 28 at 7 pm

Ottawa Senators Alumni vs The Mighty Docs
AT THE WINCHESTER ARENA

This event is a fundraiser for new OR equipment for the Children's Hospital of Eastern Ontario. The evening promises to be fun for all ages.

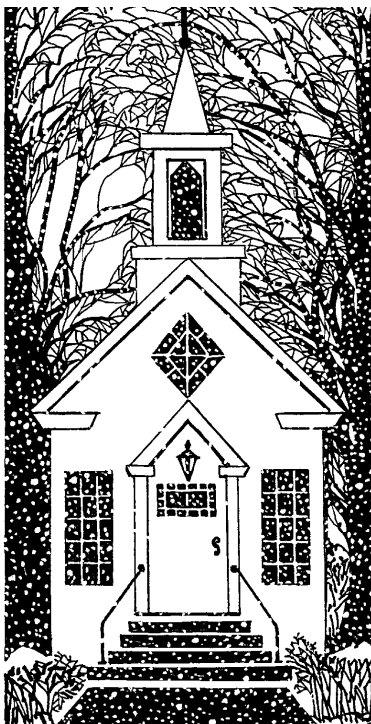
- An autograph session with the Alumni and the doctors (if you can read their writing) will follow the game
- There will be a Silent Auction of Sports Memorabilia as well as many gift certificates donated by local businesses

AUTOGRAPHED NHL TEAM JERSEYS • AUTOGRAPHED AHL TEAM JERSEYS • SENS TICKETS • REBELS TICKETS • 67'S TICKETS • LOCAL GREEN FEES • MANY LOCAL GIFT CERTIFICATES • THE LIST GOES ON AND ON...

CJOH's MAX KEEPING will be there, as well as STUNTMAN STEW from 106.9 'THE BEAR'. Rumor has it that some of the doctors' hair is getting a little long and STUNTMAN is bringing his clippers!

Tickets are \$5, Children under 6 FREE
Tickets available at local merchants, at the door, or by calling Ryan Williams at 774-6954

Church Directory



COMMUNITY CHRISTIAN REFORMED CHURCH
Dixons Corners
Pastor:
Rev. Clarence Witten
613-652-2400 (Church)
Sunday
10:00 am - Morning Worship
7:30 pm - Evening Service
11tf

WINCHESTER UNITED PASTORAL CHARGE
Minister: Rev. Robert Williams
Office: 774-2512
WINCHESTER UNITED CHURCH
Sunday, March 2
11:00 am - Worship Service and Sunday School followed by Potluck Lunch to welcome Rev. Robert Williams and his family
WINCHESTER SPRINGS UNITED CHURCH
Sunday
9:30 am - Worship Service
Sunday School
49c

WINCHESTER WESLEYAN CHURCH
http://pages.sprint.ca/winchesterwesleyan
Bringing New Hope
to Discouraged Hearts
Sunday, March 2
10:30 am - Worship Service and Sunday School
6:30 pm - ALPHA, Video 1
Friday, March 7
7:00 pm - Family Fellowship Night with Trevor Baker
Pastor Thurland Brown
winweschurch@canada.com
774-3137 - 537 Main St., Winchester
49c

THE ANGLICAN PARISH OF WINCHESTER, CHESTERTVILLE, CRYSLER AND SOUTH MOUNTAIN
Sunday
9:00 am - Chesterville
10:15 am - South Mountain
11:30 am - Winchester
Reverend Brian Kauk, 774-2236
34tf

METCALFE HOLINESS CHURCH
1564 John Quinn Road
Pastor: Robert E. Votary
613-821-2237
Sunday
9:45 am - Christian Ed
11:00 am - Worship Service
7:00 pm - Worship Service
49tf

DISCOVERY BIBLE FELLOWSHIP

Your teenagers are our priority
Winchester
9:30 am - Worship Service
11:00 am - Discovery Hour
Tuesday

Winchester Public School
6:15 pm - Pioneer Clubs
Kindergarten-Grade 7
Maple Ridge School

6:30-9:00 pm - Discovery Sports
Camp (basketball), Grades 6-12
Wednesday
At Church Office

7:30 pm - Adult Bible Study
Thursday
Winchester Public School

7:30 pm - Pure Energy, Grades 7-12
You are welcome to join through the year.
Box 264, Winchester, Ont., K0C 2K0
Church Office

515 Mill Street, Winchester
774-0721
Pastor Rev. Andre Lauzon
Youth Pastor Jevon Hawboldt
Friendly, Caring, Accepting
42tf

WINCHESTER BAPTIST CHURCH

Music-centred Church
Sunday
11:00 am - Worship Service
Everyone welcome
Pastors
Bud McKibbin
Mollie McKibbin
23tf

PRESBYTERIAN CHURCHES

Minister
Rev. Carol Bain B.Th. M. Div.
Office: 774-4440
A warm welcome
awaits everyone
Sunday
St. Paul's Presbyterian Church
Winchester

11:00 am - Divine Worship
Nursery Care and Program for children
Knox Presbyterian Church
Mountain

9:30 am - Divine Worship
41tf

PARKWAY ROAD PENTECOSTAL CHURCH

Parkway Road, just east of Bank St.
(formerly Highway 31), Greely
Sunday

9:00 am - First Service
9:30 am - Sunday School
10:45 am - Second Service
6:30 pm - Evening Service
EVERYONE WELCOME
Church Office: 821-1056
MINISTER

SR. REV. JOHN COUNSELL
31tf

CHRISTIAN REFORMED CHURCH

Williamsburg, Ont.
Rev.
George J. Rowaan
448-2351
rowaangj@ncf.ca
Sunday, March 2

9:30 am - Communion Celebration -
Worship: Word and Sacraments,
Pastor Rowaan
Sunday School for children ages 3-9
7:30 pm - Evening Service with Rev. Duane Kelderman of Calvin Seminary, Grand Rapids, Michigan

Child Care always available
Please be our guest this week
Monday - 7:30 pm

GEMS - Girls ages 10-13
CADETS - Boys ages 10-13
Wednesday - 7:00-9:30 pm

High Impact Youth Ministries
High School age and beyond
Thursday - 9:30 am

Ladies' Coffee Break Bible Study
49c

Annual Spring Home & Trade Show

Friday, April 11, 5-9 pm
Saturday, April 12, 10 am-5 pm
Sunday, April 13, 12 noon-4 pm

GRAND PRIZE
valued at
\$1,000
Various door prizes!

FREE ADMISSION

New Location • New Building
Climate Controlled • Lots of Parking Space
Food Concession • Exhibitors Lounge

MORRISBURG INDUSTRIAL PARK
Space limited!
Reserve your space today!
Call Tom or Geraldine at
543-3788
for your information package

NETWORK CLASSIFIEDS

"Advertise Across Ontario or Across the Country"

COMING EVENTS

NEAL MCCOY! Chevy Truck Presents! Havelock Country Jamboree August 14-17. CAMPING - Ronnie Milsap - Lorie Morgan - Leahy - Don Williams - Tommy Hunter - Charlie Major - Shirley Myers - Big Al Downing - Buy before June and Save! Info 1-800-539-3353. www.havelockjamboree.com

ATTENTION ALL CURRENT, former and retired Nortel Networks, Northern Telecom and Northern Electric employees. You are invited to attend the 40th anniversary/reunion of the opening of the Brampton/Bramalea complex (spouses and children welcome.) This is a great opportunity to renew old friendships, participate in a fun-filled weekend and raise funds to support the Community June 27, 28,29, 2003, Brampton Fair Grounds, 12942 Heart Lake Road, Brampton. To Register or For More Information CONTACT: Nortel Networks Community Volunteers Retirees Club. Phone: 905-863-3887; Fax: 905-863-8218; Email: goldenvalley@aol.com

BUSINESS OPPS.

ADD TO YOUR BUSINESS. Branded soft ice cream, frozen yogurt, slush, cinnamon bakeshoppes, subs or pizza. Pay no franchise fees or royalties. 1-800-263-1455 ext. 243.

CASH CASH CASH. A1 vending specialist. Canadian Company. Cash in on pop, snacks and beef jerky. Locations supplied. Minimum 10K. All cash business. Toll-Free 1-866-789-4892. www.locatorsgroup.net

RIVERS OF MONEY. Be your own boss. Last year alone over 39 billion dollars flowed through our industry. Why not get a bucket and join in! Learn how to turn a minimum secured investment of \$19,000 into a potential lifetime income cash per week working only part-time hours! All you do is stock and collect the cash! Please call only if you can be your own boss, have the time, and have the investment required to begin earning your cash income today. Call now for info pack 24 hours 1-800-661-6250.

INVENTORS - PRODUCT IDEAS WANTED! FREE INFORMATION PACKAGE. Develop & professionally present your new product idea to manufacturers through Davison, an award winning firm. Patent assistance available: 1-800-544-3327 (24 hrs).

CAREER OPPS.

LEARN AUCTIONEERING. Classes held March 22-28, 2003. For information contact: Southwestern School of Auctioneering, R.R. #5, Woodstock, Ontario N4S 7V9. 1-888-673-6999.

EDUCATIONAL OPPS.

BE AN INTERIOR DECORATOR with our great home-study course. Call for your FREE brochure. 1-800-267-1829. Sheffield School of Interior Design, 1532 - 38 McArthur Ave, Ottawa ON K1L 6R2.

EMPLOYMENT OPPS.

WORKER'S COMP PROBLEMS? WE GET RESULTS! For FREE consultation and advice CALL our Toll-Free number 1-888-747-6474. Serving all Ontario.

EARN A SECOND income from home. Use your computer to launch a new career. Great earning potential full-time or part-time; www.bigdreams123.com.

RRSP LOANS

PAY \$0 TAX IN 2002. GET IT ALL BACK. www.UnusedRRSPloans.ca. 1-800-480-0012. 4.0% - 8.0%, 1-10 yrs, defer up to 180 days. Personalized RRSP Savings Spreadsheet Upon Request.

FOR SALE

SAWMILL \$4995.00 All new Super Lumbermate 2000, larger capacities, more options. Norwood Industries, manufacturer of sawmills, edgers and skidders. Free information. 1-800-566-6899, ext. 400.OT

NEED A COMPUTER? DON'T HAVE CASH? IBM, Gateway & Compaq as low as \$1 a Day! No money down! Call Brands NOW! 1-866-259-1171. www.dollaraday.com

100% PURE MARINE Coral Calcium from Okinawa, Japan, is seen on TV. Staggering results! For sale Coral Calcium Supreme Extra. Business opportunity. 1-866-319-0708, Calgary; www.curecanada.com.

REAL ESTATE

OSOYOOS, B.C. - Located in the South Okanagan valley! Brand new lakefront apartments and townhomes. Plus recreational facility and private beach. Prices start under \$100,000. 1-866-738-1002, www.casa-del-lago.ca. Co-operators Real Estate Services Inc

HEALTH

DRUG/ALCOHOL REHABILITATION. Help a loved one who's losing everything to drugs or alcohol. 90-180 day, 75% success. Ask about our guarantee. See www.aei.net/~narconon. 1-877-782-7409 Toll-free.

HELP WANTED

EXPERIENCED COOKS, SERVERS. For 45 passenger ship KAWARTHA VOYAGEUR (May 1-Oct.20). Live aboard ship 10 days, 4 days off. Fax 705-327-8038, phone 705-327-8053

WEEKLY PAYCHEQUES! Simply processing grocery coupons from home part-time/full-time. No experience required. CALL TOLL-FREE 1-800-279-0019 or visit www.supermarketking.com/3497

MORTGAGES

A BELOW BANK RATE, 1st and 2nd Mortgages, 95% to 100% Financing, Debt Consolidation, No Income Verification Plans, Residential, Commercial, Industrial, 1-800-225-1777, www.homeguardfunding.com

LOGS

CEDAR LOGS WANTED. Buying standing-roadside-or delivered to your yard. Trucking available. Best prices paid. Large volume required. Gerry 613-543-2666, Fax 613-543-4258

PAY TELEPHONE SERVICES

EXPERT PSYCHICS...Try Us First! Your Future Revealed by Your Personal Psychic. Sincere & Genuine Readings. Call 24 hours. 1-900-561-2100 \$2.95/min. 18+

FALI African spiritual psychic, 31 years experience. Reunites relationships/makes lover want only you. Court cases, businesses, removes spells, protection. Fast results. 416-247-9299 www.africanpsychic.com. 18+

PERSONALS

If you think you have a gambling problem, call for information about services that can help. Dial toll-free 1-888-230-3505. Ontario Problem Gambling Helpline (OPGH) www.opgh.on.ca

If you have an alcohol or drug problem, information about treatment services is available. Dial toll-free 1-800-565-8603. Drug and Alcohol Registry of Treatment (DART) www.dart.on.ca

DIVORCE SURVIVAL STRATEGIES... Before spending large sums on legal fees, call THE FAMILY LAW CENTRE to understand your rights & obligations. Our lawyers will present you with your options & offer smart & proven strategies to help reduce your legal fees, safeguard your assets & defend your child custody & access rights. Don't be a victim! "Separate Smart" Toll-Free 1-866-879-3529.

STEEL BUILDINGS

FUTURE STEEL BUILDINGS. Durable, Dependable, Pre-Engineered. All-Steel Structures. Custom-made to suit your needs and requirements. Factory-Direct, affordable prices. Call 1-800-668-8653 ext. 536 for free brochure.

VACATION/TRAVEL

TIMESHARE RESALES - Rii Stroman - Since 1979. Buy-Sell-Rent-Exchange. World Wide Selection. CALL NOW! 1-800-201-0864. www.timesharelink.com

TIMESHARE RESALES -- 60-80% off Retail! Best Resorts and Seasons! Call for FREE catalogue! 1-800-704-0307. Browse online for over 450 worldwide properties--www.holidaygroup.com

RIVERBOAT CRUISING - St. Lawrence River. The hassle free way to travel. Unpack once, relax & enjoy. Included: Shore excursions, great meals & nightly entertainment. 5 & 6 nights. Private Staterooms. From \$1,388.00. DIAL-A-BROCHURE 1 (800) 267-7868.

• It's Affordable • It's Fast • It's Easy • One Bill Does It All
• Northern Ontario \$79 • Eastern Ontario \$140
• Western Ontario \$130 • Central Ontario \$136 • All Ontario \$395
• National Packages Available • Call this paper for details!

CRYSLER FARM & MACHINERY SHOW

at Crysler Community Centre

Thurs., March 6

12 noon-10 pm and

Fri., March 7

10 am-5 pm



**Innovation
of the Year
Contest**
First Prize \$50
Second Prize \$25

Presentation
of two trophies at
4 pm Friday:
Best Indoor Display & Best Outdoor Display

**Come and see the latest
in farm machinery &
garden equipment**

The 46th Annual Stormont Seed & Forage Show

will be held on **March 6 & 7** in conjunction with the Crysler Farm Show

The Seed & Forage Show is open to all farmers who are members of the Stormont Soil and Crop Improvement Association. Exhibitors may only show in one show. The rules and regulations are:

1. All exhibits must have grown in Stormont County in 2002 by the exhibitor. Where a farm business is operated as a partnership or a limited company, no more than one exhibitor per class will be allowed, with exception of Classes 51 and 52.

2. Entries will be accepted up to **11:30 am, March 5, 2003**, and must be displayed in plastic bags available at the show or from **Michel or Barbara-Ann Glaude, Berwick, 984-2398**.

PREMIER EXHIBITOR AWARD: To the exhibitor winning greatest number points in all classes of the show, based on the following point system: 1st -10, 2nd-9, 3rd-8, 4th-7, 5th-6.

Other **Special Awards** will be assigned at the discretion of the committee.

Committee Members: Michel Glaude, Doug MacLennan, Albert Herfkens and Rene Lalonde.

Ottawa Valley Harvestore Systems

KEMPTVILLE ONTARIO (AUTHORIZED DEALER)
Harvestore® Structures, Unloaders,
Slurrystore® Systems, Automated Feeding Systems,
Service Parts
For more information call
Henk Huizenga 613-821-1208
1-800-267-7940
E-mail: henk@travel-net.com

the co-operators

A Better Place For You™

SANDI SMITH
AGENT

29 King Street, Chesterville, Ont., K0C 1H0
Bus.: 613-448-3300 Res.: 613-448-2416 Fax: 613-448-1217
After hours emergency service: 1-800-465-2667

HOME • AUTO • LIFE • RRSPs • FARM • BUSINESS • GROUP • TRAVEL

new-life feeds

The quality alternative in Eastern Ontario

New Life Mills Ltd.

(Eastern Ontario Division)

INKERMAN **989-2003**

Dundas Feed & Seed Ltd.

• Full line of Purina feeds • Animal health products
• Boots, gloves • Livestock hardware
• Farm supplies



12270 St. Lawrence Street
Winchester • 774-2044
Toll Free 1-877-774-2044

'Our service is second to none'

CRYSLER HOME SATELLITE SYSTEMS

Authorized Dealer for



SERVING EASTERN ONTARIO REGION SINCE 1986

613-987-5697 • 1-800-205-7570

• Satellite dishes
• Antennas
• Security systems
• TV/VCR
• Surround sound systems
• Programming



"Home Away From Home"

*Country
Retirement
At Its Best*

5 Concession St. E., Crysler
613-987-5562



AgriSource
crop consulting

• Nutrient Management Plans
• Fertilizer Recommendations
• Field Scouting
• Field Record Keeping

Call: 613-346-1455
Fax: 613-346-0523

E-mail:
alan@agri-source.ca



WINCHESTER GRAIN ELEVATOR

Division of Parrish & Heimbecker Limited

669 St. Lawrence Street, Winchester, Ontario

Ian Fetterly
Manager / Grain Purchaser
ifetterly@wingrainelev.com
Cell: 913-5787

Arthur Rutley
Assistant Manager / Grain Purchaser
arutley@wingrainelev.com
Cell: 913-5786

Tel. 613-774-2720 or 774-2921



• Furniture • Bedding • Appliances • Flooring • Electronics
12 Charles Street, Crysler
613-987-2012 • 1-866-987-2012

Mon.-Wed. 8:30 am-5:30 pm; Thurs. & Fri. 8:30 am-8 pm; Sat. 8:30 am-3 pm



TONY VAN GURP
GENERAL CARPENTRY

Additions • Renovations • Rec Rooms • Decks
Drywall • T-Bar Ceilings • Office Renovations

RR 3, Chesterville 613-448-3249



Harvex Agromart Inc.

Oxford Station, Ontario
613-258-3445
1-888-342-7839

Crysler, Ontario
613-987-5243
1-877-376-3378



**COMPUTER &
NETWORKING
SOLUTIONS
SALES • SERVICE
CONSULTING**

821 Notre-Dame St.
Embrun, Ontario

613-443-6316
Toll Free: 1-866-5EMBRUN

www.svcembrun.com



FULLY LICENSED - PUMPS
SEWAGE SYSTEMS
WATER CONDITIONING
CENTRAL VAC

**PIERRE RICHER
PLUMBING INC.**

Sales and Service

Proprietor P.R. Richer

P.O. Box 339
Crysler, Ontario

987-2963

HEAVY DUTY FRAMES

Supported by heavy duty 13 gauge structural steel tubing
engineered frame, our superior quality buildings are aimed
at meeting North American standards. Frames are hot
dipped galvanized.

QUALITY FABRIC

Calhoun Super Structures feature strong polyethylene
fabrics. These long-life fabrics contain ultraviolet ray
blockers, ensuring resistance to continuous exposure
under the most severe weather conditions.

VERSATILE
The possibilities are endless - hay storage, machinery storage, riding arena, cattle barn, grain storage, warehousing...

AVAILABLE in 32', 42', 52', 62' and 74' widths.

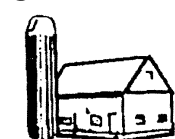
Call toll-FREE for complete details!

FIFE AGRICULTURAL SERVICES LTD.

RR 3, Chesterville, Ontario, K0C 1H0
1-888-557-FIFE or 613-448-2059



Cannamore Farm Equipment



SALES AND SERVICE

PHILIPPE ROBERT

RR 3, CRYSLER

448-3694



CRYSLER AUTOMOTIVE CENTRE

• General Repairs • Radiator Shop
• Electrical Shop • Machine Shop • Auto Parts
11 Queen Street, Crysler • 613-987-2911



YOU'RE THE BOSS

Property Management
Snow Plowing

Ken Webber
Proprietor

Crysler, ON
Cell: 613-229-0440

Crysler Home Centre



Crysler • 987-2802



TO ORDER:

St-Albert 987-5377 • Winchester 774-5277
Moose Creek 538-2377 (Office 538-2271) 1-800-783-4075



G. & J. Yelle Inc.

Material Handling Equipment & Ventilation

GILLES YELLE

Bus.: 613-987-5336
Fax: 613-987-5787
Cell: 613-223-4836

2068 County Rd. 12
CRYSLER, ONTARIO
K0A 1R0



BUSH - ARMSTRONG
INSURANCE BROKERS LTD.
"THE FARM INSURANCE SPECIALIST"

LLOYD BARTER

12 Queen Street
Crysler, Ontario
613-987-2117

25 Main Street
Avonmore, Ontario
613-346-2152



**MIEL
VILLENEUVE
HONEY**

2120 Courville Road, Berwick

613-987-5290

Fax: 613-987-2313 • E-mail: roger@storm.ca



☐ 3 and 5 Star Fertilizers
☐ Crop Care Products
☐ First Line & Dekalb Seeds
☐ Custom Spraying

613-448-2318

613-932-0275