

# THE IROQUOIS POST

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The Iroquois Post, Wednesday, July 3, 1974

## Many Volunteers For "Meals on Wheels"

The local "Meals on Wheels" program of the village and area has moved into a new phase of complete volunteer service from the various care-units of the village. Representatives from the churches, civic groups, and generally interested have formed a 35 volunteer group to assist in the driving and visiting assignments of the program. Between the hours of 11:40 a.m. to 12:40 noon, drivers and visitors deliver the hot, nutritious noon-hour meals to the recipients who have been interviewed out of request for such assistance. Recommended by the doctors, v.o.n., neighbours, etc. of the community, persons most benefitting from this program are those shut-in, senior-citizens, disabled, or post-operative people, who for many reasons, are unable to prepare/provide by themselves a once-a-day nutritious meal for not only their health but their personal well-being. Visitors, as once-a-day nutritious meal for not only their health but their personal well-being. Visitors, as once-a-day drop-ins to the recipients

homes, provide an appreciated time of fellowship and sharing. The summer schedule is in full swing, as this "Meals on Wheels" program becomes an all-year-round benefit to those who so request it. Basic enablement, and relatively small operating costs, have been assisted by "New Horizons" grants, as the care-units of the village themselves see responsibility for the continuing-on of this worthy project toward our senior citizens.

Brochures were mailed to all village residents, and to rural residents of the area this past week, outlining the program and how to apply for its benefit. Where there is need, the local volunteers will answer it!!

### PERSONALS

Cook - Larry and Joanne (nee Barkley) are delighted to announce the arrival of their daughter "Jaci Joanne" on June 18th at the Brockville General Hospital weight 7 lbs. 1 oz. Special thanks to Dr. Ng, Dr. Allen and nurses on the maternity floor.

### To Be Wed

Mr. and Mrs. Gerald Cornell are pleased to announce the forthcoming marriage of their daughter Dianne, to Steven Law. The wedding is to take place July 20, 1974 at St. John's Anglican Church, Iroquois.

Mr. Gordon Micklewright, of Toronto, President of Stark Industries Ltd., Canada, was a guest of his father Mr. P. Micklewright and Mrs. Micklewright R.R. #2 Iroquois, during the holiday weekend.



## A Walk Down Church Street

Upper Canada Village, located 7 miles east of Morrisburg on Highway 2, is comprised of over 40 houses, barns, taverns, churches, shops, and cabins, scattered along four streets and numerous lanes and pathways. Here two costumed attendants walk down Church Street and pass by three village buildings, cook's tavern, Christ church and the pastor house. The visitor may also experience these buildings and numerous other displays and demonstrations throughout the village. For additional information contact The St. Lawrence Parks Commission, Communication Officers, Box 740, Morrisburg, Ontario.

## Something New Added At Merrywood Camp

Something new has been added to the camping program at Merrywood Camp this year. For the first time, a group of 38 children with cystic fibrosis will occupy Merrywood for the opening two weeks commencing June 30.

Cystic fibrosis -- or C/F as it is more commonly referred to -- is one of the most common serious chronic disorders of Canadian infants and children. One in approximately every 1,000 babies is born with this affliction. At present, the Ontario Society for Crippled Children has almost 600 C/F on its active case load.

In cystic fibrosis, certain glands do not function properly, causing an abnormal secretion of mucus which can result in lung trouble by clogging the bronchial tubes. In the digestive system, it can prevent the flow of essential digestive enzymes from the pancreas into the small intestine. The C/F child is therefore prey to bronchitis, pneumonia and other lung infections.

Cystic fibrosis can be extremely serious, largely because of lung damage. However, with early diagnosis and expert treatment, most affected youngsters can now look forward to a longer and more active life.

Together with the provincial government, the Ontario Society for Crippled Children has been involved in a joint program of assistance for C/F children and their parents since 1966. Without this program, parents of these children would be faced with a staggering annual expenditure for drugs, equipment, treatment and other related costs.

Last summer, the Society operated the first camping program for a pilot group of young cystic fibrotics at

Wooden Camp, near London.

This was so successful that an expanded program is being held this summer at Merrywood where there is greater scope for water sports and other activities.

Merrywood is one of five Easter Seal supported camps owned and operated by the Society which each year offers a summer camping experience to more than 1,000 physically handicapped youngsters in this province.

## Knox Church Outing Was Well Supported

The annual outdoor service of the Pastoral Charge of Knox, Iroquois and St. Andrew's, South Mountain, was held at the Arnold-Roy Shaver's farm in South Mountain, Sunday afternoon, June 30th. The 11 a.m. service, slightly delayed, was held in the farmhouse itself, the inclement weather dampening any outdoor activity at that point, and over 80 people crowded in to share in what turned out to be a very memorable service of praise and fellowship. The Knox Junior choir sang two special anthems, "On Top of the World" and "Spirit Man", with the congregations joining in on the last verses and choruses. The Rev. John Hibbs conducted the service from one of the four adjoining rooms where the people were gathered, and Mrs. Mahlon Casselman, organist, directed the junior choir in its numbers. Congregational response and participation in a dialogue-sermon entitled "Shared Thoughts on the Lord's Prayer" was of interest to all, and the singing of the spirit-songs and hymns throughout the service was commendable.

Shortly past noon-hour the weather improved and the sun started to shine. Picnic lunches were opened, and shared both indoors and on the farm lawns, with a special ice--

cream and lemonade treat for everyone.

The field-day for youth and some adults went-off without a hitch in the afternoon, with distant races beginning this annual event. Participants who won in the various races received special "Centenary Year Ribbons" prepared for the day and honouring the 100th Anniversary year of Knox Church. Mrs. Mearns, Miss MacKenzie and Mrs. Smollett awarded ribbons to the winners, while Messrs. Ted Robinson, Arnold Shaver, Bill Barnhart, handled the running-off of the various events, the Rev. Hibbs being the "starter".

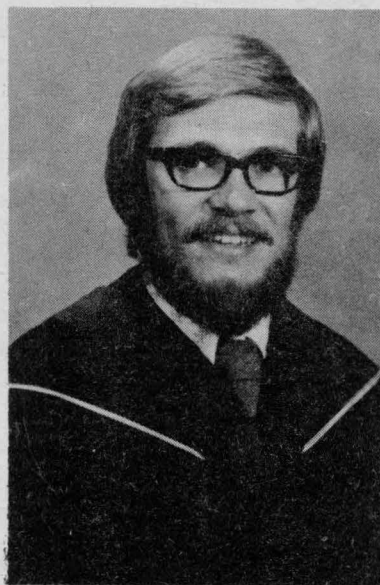
Winners of the events, included: Kindergarten race, Scott Vandemheen, Lisa Shearer, and Evan VanBoven; Primary race, Darin Smith, Helen Smollett, Kevin Hoogwerf; Junior A-B race, Ken Smith, Tom Shearer, Nora Barnhart; Inter. - Sr., Ted Robinson-Bill Barnhart, Gwen Smollett, Melvin Yee. In the sack race the winners were: 6-8 yr. olds, Johnny Barnhart, Darin Smith, Kevin Hoogwerf, Moyce Smollett; Adults, Ted Robinson, Gwen Smollett, Bill Barnhart. The balloon race provided plenty of laughs, with the winners; 6-8 yr. olds, Kevin Hoogwerf, Johnny Barn-

See Page 11



### Graduates

Margaret Jean Ewing, 99 Queen Mary Road, Kingston, second daughter of Mr. and Mrs. Stuart D. Ewing, of R.R. #2 Iroquois, whose graduation services were on Friday, June 28th, 1974 from the St. Joseph's School of Nursing, Hotel Dieu Hospital, Kingston, Ontario. This is the final graduating class from St. Joseph's, and services were held at the Grand Theatre, followed by a graduation ball at the Cataract Ball Room of the 401 Inn. Jean and some of her friends were guests of honour at a party in their honour on Saturday at the home of Miss Susi Ewing. Jean is the recipient of the Nurses' Alumnae Bursary for post graduate studies within five years, but she begins employment with Hotel Dieu on July 15th. Attending the graduation functions from Iroquois and district were Jean's family, Miss Ruth Miller, Mr. Ben Willis, and Mrs. William Ewing of Morrisburg.



### Graduates

John Barry Townsend, son of Mr. and Mrs. Howard Townsend, Eganville, received his Bachelor of Engineering degree in Civil Engineering from Carleton University at the Convocation held at the National Arts Centre, Ottawa on June 1st. Barry is a graduate of Seaway District School.



# THE EDITORIALS

## The Iroquois Post

AND MATILDA ADVOCATE

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MONDAY, JULY 8th, 1974

Next Monday the people of this country in the age group over 18 go to the polls to select a federal government. Many of them will go into the voting booth just a little undecided as to which party can offer them the solutions to the problems the country faces. It won't be an easy choice because there are no easy answers to the inflation in Canada, the control of government spending, better control over the unemployment insurance payments and many other bothersome things that during the course of the past few years have given us headaches and heartburn.

But to the polls we must go on election day so that the party elected to guide us will know they have the support of the people. The last parliament worked but when we think back to all the politician juggling in which the NDP carried the heavy hammer we aren't all that certain that Canada can put up with another minority government... no matter who heads it.

The time may have come for Canadians to pull together in selecting their government and at the same time be prepared to let the government we elect know that there are a few things we want done differently. Politicians can no longer go their merry way doing anything they feel they want to do just to keep their seat in the House. It's time they realized that Canadians have put up with all the nonsense they are going to in the running of their country.

Most people shy away from writing letters to their member of parliament, for the most part because they feel inadequate to express exactly what they have in their minds. Yet they must write letters and telephone members if they wish to make changes as time goes on.

Canada is no different than any other country in the world: we are going to have inflation with us for years to come. How much we have will depend on the measures taken by the government of the day and how the government will be able to react swiftly to changing situations, regardless of the political implications that may arise.

It's too bad there wasn't some way we Canadians could force all those elected to work together to solve our growing problems but our political system and our various parties seem to have one thing in common: that is to preserve their seat in the house as long as they can, no matter what the cost to the remainder of the population.

This dedication to self preservation is not what we want from our leaders, we want leadership for the people by the people.

When you go to the polls on Monday next be certain to mark your 'X' in the space allotted keeping your 'X' from overlapping outside the given area. If you spoil a ballot in the voting booth, go back out and ask for another, returning the one you have spoiled.

And may we all be satisfied on July 9th!

## HANESVILLE NOTES

Mr. Vern Speer entertained the School children at his Cottage on Sunday and all had a good time.

Deepest sympathy is extended to the bereaved families of the late Ray Fader who passed away at his home on Wednesday June 26/74.

Mr. Lee Hanes and friend of Hamilton spent a few days with his parents Mr. and Mrs. Newell Hanes.

Mrs. Maud Fader and Mrs. Gladys Gill and Mrs. K. Todd of Cardinal attended the wake house of the late Ray Fader Iroquois on Friday eve.

Glad to know Mrs. Jno Vander weide and Mrs. Keitha Crozier are both home from the Winchester Hospital. We hope they will be feeling better again. A good crowd attended the social and anniversary services on Sunday and Tuesday last. Much credit is due to the Mc Watters family for their special music.

M. Jimmie Smith of Morrisburg is spending a few days with his aunt Mr. and Mrs. Clifford Fader.

Mr. and Mrs. Don Dugan of Cardinal were Saturday visitors of Mr. and Mrs. Clifford Fader. Mrs. Gladys Gill, Mrs. K. Todd and Mrs. A. Fader spent Saturday with the former's father Mr. G. E. Fader of Kemptonville and attended the L.O.L. Chichen barbecue at Groveton Hall at 6 o'clock.

## Liberal Candidate Expresses Concern

Jim McDonald, Grenville-Carleton Liberal candidate, expressed concern at the failure of Conservative Walter Baker to attend All Candidates Meetings. On June 26th, Mr. Baker failed to appear at the All Candidates Meeting in Manotick sponsored by the Rideau Ratepayers Association. Mr. Baker did not even send a representative. In addition Mr. Baker has refused to attend a meeting at Greely on July 3, sponsored by the Greely Community Association. This will be the last All Candidates Meeting of the campaign.

Commenting on Mr. Baker's recalcitrance, Jim McDonald stated, "I regret Mr. Baker's unwillingness to appear on a public platform in Grenville-Carleton and debate with me, since there are so many questions on price and wage controls remaining to be answered. Mr. Baker's attitude to this campaign is one of arrogant complacency."

## Honoured

James A.C. Auld, Ontario's Minister of Colleges and Universities has been awarded a degree of Doctor of Laws (honoris causa) by the University of Dundee, Scotland.

The honorary degree will be conferred at Dundee University on July 12 by Dr. James Drever, Principal and Vice-Chancellor of the University.

The University of Dundee was originally established as University College, Dundee in 1881 and six years later became affiliated with the University of St. Andrews. It was not until 1967 that it became the University of Dundee and Queen Mother Elizabeth was named its first Chancellor.

Announcing this honour the Vice-Principal of Dundee University, Dr. James Drever, said that the granting of an honorary Doctor of Laws to the Honourable James A.C. Auld would be a further strengthening of the ties that exist between Scotland and Ontario.

## Bill Smiley



### RALLY AROUND THE GARAGE, BOYS

by Bill Smiley

Occasionally, something interesting or unusual comes along to brighten the daily routine, just when it seems to be getting dreary. A couple of these happened to me recently.

First, the good Samaritans. The story really began one night last winter.

I have an ancient and venerable wooden garage, which bears on both sides of the entrance the honorable scars left by my wife and daughter as they tried at various times to get the car into the garage or out of it.

My wife is the only person of my acquaintance who can try to back a car out of a garage and get it wedged kitty-corner across the building. On several occasions I have almost had to have the garage demolished to get the car out.

Anyway, on this night last winter my wife and a friend were trying to close the garage door.

This door is as old as the garage, which will probably never see forty again. The door is not exactly electronically controlled.

It is a massive thing, about six inches thick, of hardwood. It would cost about a thousand dollars to build today. The chap who installed it was quite ingenious.

He installed a couple of rails, some pulleys, and two huge weights at the end of some heavy wire. While the door could not be raised and slid back with a couple of fingers, like those in a modern garage, a strong man, with a good heave, could get it up and sliding back along the rails.

I am not a particularly strong man. In fact, I am a weak one, in more ways than one, as my wife could tell you.

As a result, I usually left the garage door open. I couldn't see the point in all that heaving and hauling. This annoyed my wife. In the fall, leaves blew into the garage. In the winter, snow blew in. Neither bothered me, but you know what women are like.

Well, on the night in question, the two ladies decided to close the garage door, because the snow was blowing in. They gave a great heave, the wire came off the pulleys, and the door came off the rails.

Fortunately, the car was not in the garage, or I'd have been looking for a new car. The door weighs about six hundred pounds.

It did not come crashing right down, but hung, suspended by the wire, at a forty-five degree angle in the garage. You couldn't have driven a kiddy car in there.

I was going to organize a work party and get it back on the rails, but it was stormy, and then I got the flu and time went on and things cropped up, as they seem to.

A couple of times, I went out and looked at the stupid thing, and once tried to get it back on the rails, which

almost gave me a double hernia.

Well, time went on and my wife nattered away about getting that door fixed and the neighbours dropped a few hints but I became sort of fond of that crazy thing hanging there, as one might get fond of a cross-eyed cat.

One fine evening recently, I was sitting in the back yard, enjoying my pre-prandial aperitif, when an old truck pulled up and a sweaty, dirty young man came through the gate.

Under the grime I identified Jamie Hunter, whom I taught last year. Grinning, he announced, "Mr. Smiley, I'm going to do something for Canadian literature." I was baffled. He went on, "When are you going to get your garage door fixed?"

"Oh, that. Any day now Jamie, as soon as I can find someone to do it. Why?"

"Well, every time Mike and I drive by and see that door, it bothers us. We're going to fix it for you."

"Great!", enthusiastically. "How much?", cautiously.

"It's not going to cost you a nickel." I insisted I would pay the going rate. He refused. They were doing it for Canadian literature. Jamie said they were pretty busy, and asked when I wanted it done. I said whenever they could get at it. I thought he meant in a couple or three weeks.

I went in to dinner, delighted at this display of gratitude or whatever. After dinner, I heard a bit of a din out back, and there they were, four young men, getting that ridiculous door back on the tracks.

I was almost overcome with something or other. All four were former students of mine: Mike Laurin, Mike Dragoman, John Sachs and Jamie Hunter. At least two of them had been working since eight o'clock that morning, and here they were, twelve hours later, slugging away at a brutal, awkward job for their old English teacher. I was touched. They absolutely refused any payment.

I was just as astonished as I was moved. Here were four young guys who, instead of moaning around about no employment, or living on welfare, had formed a loose partnership, and were doing construction, painting, anything they could get.

They were immediately offered the job of taking off my storm windows and painting my house. And that's how you get ahead in the world, which does NOT owe you a living, young man.

In addition to this lucky strike, I have Dan St. Amand, another student, and the best cornet player in the whole area, cutting my lawn, so all in all, it looks like a good summer.

The Argyle Syndicate Ltd.



# Renew Strawberry Plantings After Harvest

The season for sweet, juicy strawberries seems almost too short to most home gardeners. While strawberry plantings in gardens are often confined to a small area, these plots will yield well if they are kept healthy and growing. After-harvest care, including good weed control, plenty of moisture and proper fertilization, is very important to get the most fruit, according to a horticultural specialist with the Ontario Ministry of Agriculture and Food.

"Only vigorous, healthy plants should be renovated," advises D. B. McNeill. "If the planting is in poor condition the strawberries should be pulled out, the garden reworked and new plants started."

As soon as the harvest is finished, feed the plants with a complete fertilizer. Spread this evenly over the plants and between the rows. Allow new runners to develop on one side of each row; when these have rooted, remove the old plants. This way, the plantings are renewed and the old strawberry planting becomes the alleyway between the rows.

Fertilize the bed again in late August to prepare the plants for winter and produce fruit next season.

## Announcements

**Cash Bingo**  
To be held Every Wednesday Night at Williamsburg Legion Branch 538 (Bouck's Hill). Everyone welcome. Adm. \$1.00. 30-June

**MEMORIAL SERVICE**  
The Annual Memorial Service of South Gower Cemetery will be held Sunday, July 7, at 2:30 p.m. Guest speaker, Rev. Earle Moore; special music is being arranged. Rideau Sound System will be in attendance. 1-2-c

**COMING EVENT**  
Morrisburg Lions monthly bingo. Jackpot \$150.00. First Tuesday of every month at 8 p.m. in Morrisburg Civic Centre. 15 Regular games, 5 share the wealth. Admission: \$1.00. 1-2-c



## AUTOMATIC WASHER AND DRYERS PAIRS

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**AUTOMATIC WASHER**  
Available from the franchised Maytag dealer in U.S. or Canada from which purchased  
**FREE REPAIR OR REPLACEMENT FROM DATE OF PURCHASE**

- 2 YEARS ON PARTS**  
Complete appliance
- 5 YEARS ON PARTS**  
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THE CABINET THAT STAYS BEAUTIFUL - PERMANENT-PRESS CYCLE - SAFETY LID WITH NO RUST HINGES - SWIRLAWAY PERFORATED BASKET - EXCLUSIVE POWER-FIN AGITATOR - UNDERWATER LINT FILTER

## Styles & McIntosh

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IROQUOIS PLAZA



# The Finger Points To SAVINGS

Schwartz 16oz. jar  
**MUSTARD**  
33c

Heinz 15oz.

**KETCHUP** 50c

Heinz Dill Pickle

**S.PEARS**

With Garlic 24oz. jar

57c

Bicks Cu Bits 12oz. jar

**RELISH** 45c

Kraft 32oz. jar

**MIRACLE WHIP**

\$1.14

Kraft Catalina 16oz.

**FRENCH DRESSING**

85c

Kraft Real 8oz. jar

**MAYONNAISE** 48c

Dixie Assorted 10oz. tin

**SOFT DRINKS**

11c

Pre Sweet 5-4oz. pkgs.

**KOOL-AID**

\$1.00

Kraft 16oz. jar

**SANDWICH SPREAD**

71c

Heinz

**SPAGHETTI**

With Beef in Tomato Sauce 15 1/4oz. tin

41c

Cordon Bleu Chicken 15oz. tin

**STEW** 55c

Stokleys Cut 14oz. tin

**GREEN BEANS** 30c

Green Giant 12oz. tin

**NIBLETS CORN** 34c

Brights Fancy 19oz. tin

**TOMATO JUICE**

5 / 88c

Carnation Frozen 2 lb. Bag

**FRENCH FRYS** 59c

Bonnie

**MARGARINE**

1b 35c

Crisco Pure

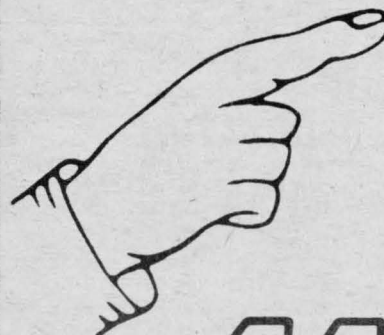
**SHORTENING**

1b 81c



# meats

BLADE BONE IN SHORT RIB ROASTS	1b. 98c
BEEF BLADE STEAKS	1b. 98c
FRESH GROUND BEEF	1b. 78c
MARY MILES WEINERS	1b. 68c
DAVERN SLICED SIDE BACON	1b. 75c



SUNKIST ORANGES	4 lb. bag 88c
RED GRAPES	1b. 69c
SANTA ROSA PLUMS	1b. 49c
FRESH NECTARINES	1b. 59c
FRESH CANTALOUPE	2 for 78c

IROQUOIS  
SHOPPING  
PLAZA

**SAVERS'**  
THE SIGN OF  
SAVINGS



TWO GREAT STORES UNDER ONE ROOF



# Canadian Fiddling Stepdancing Contest

A record crowd of over 3000 people is anticipated for the seventh annual Central Canadian Fiddling and Stepdancing Competition to be held in Perth, July 12th and 13th, 1974. The competition will be staged at the Perth Community Centre under the sponsorship of the ROTARY CLUB of

PERTH in cooperation with the Path and District Old Time Fiddlers Association.

Over 100 competitors from Ontario, Quebec and New York State are expected to compete for \$1500 prize money and trophies in the nine categories. Classes in the Old Time

Fiddling include Open Class, 65 years and over, 18 years and under, 12 years and under, 8 years and under.

No entries will be accepted after 10:00 p.m. Thursday, July 11th.

Master of Ceremonies will be Rotarian John Willson, who has acted in this capacity over the last five years.

The competition gets underway at 1.30 p.m. sharp Friday and 7.30 Friday evening, with the finals beginning at 7.30

p.m. Saturday. One of The World's foremost Folk Fiddlers, Johnny Carignan,

provide entertainment on Saturday Night accompanied by Gillos Lossier.

CLOSED MONDAY - OPEN ALL DAY WEDNESDAY

## LLOYD C. DAVIS

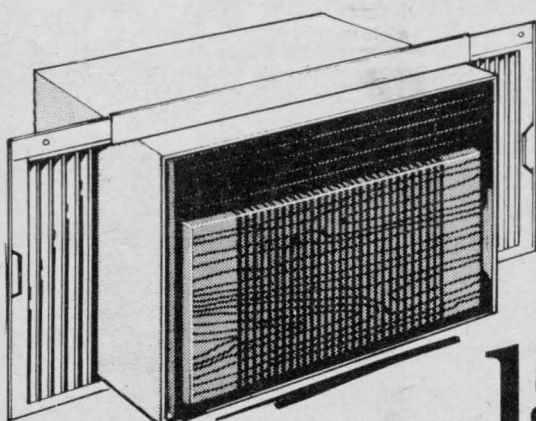
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## DOMINION HARDWARE

# HEAT WAVE

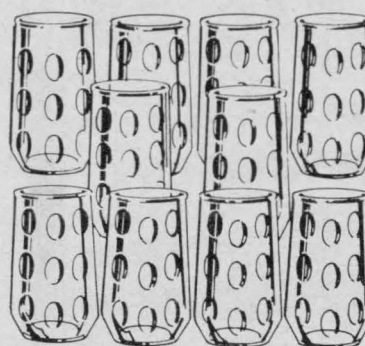
## THINK COOL THOUGHTS



### Cool Thought #1 Install an air conditioner **ELECTROHOME AIR CONDITIONER AC 501 5000BTU**

has smooth quiet operation and cools and dries approximately 315 sq. ft. of floor space and projects only 4 1/2" into the room. The Minit Mount assures easy installation in vertical hung windows.

**159<sup>95</sup>**



### Cool Thought #4 Have a cool drink **CENTURY TUMBLER SET**

10 - 13 oz. beverage glasses by Federal. These attractive glasses are available in Sun Gold or Sundown Grey.

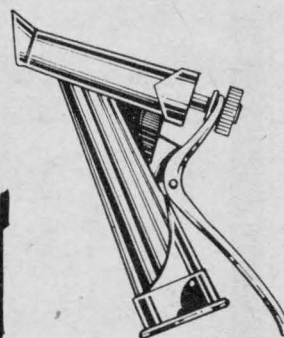
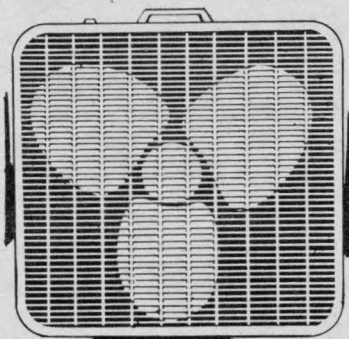
**1<sup>98</sup>** for the set

### Cool Thought #2 Buy a fan

### **20" FAN**

It will keep you cool this summer

**19<sup>88</sup>**



### **LIDO AQUA JET HOSE NOZZLE**

is adjustable and locks into the desired spray pattern.

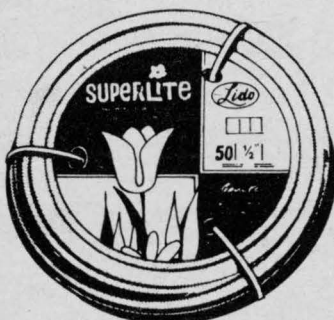
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### Cool Thought #5 Keep Dry

### **TOILET TANK DRIP TRAY**

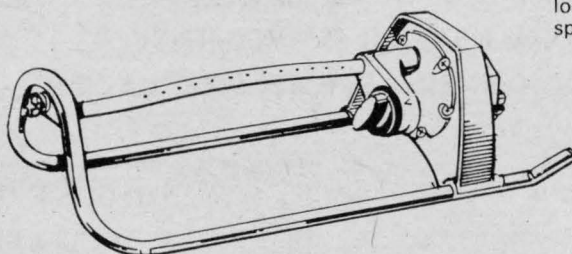
to keep bathroom floors dry. It fits underneath all standard toilet tanks. This handy item is made of top quality styrene plastic — easy to attach and easy to clean.

**1<sup>49</sup>**



### Cool Thought #3 Turn on the hose **SUPERLITE PLASTIC GARDEN HOSE** by Lido, 1/2" x 50'

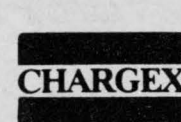
**3<sup>59</sup>**



### **OSCILLATING LAWN SPRINKLER**

waters up to an area 34' x 65' with 4 different dial controlled watering patterns.

**3<sup>48</sup>**



participating stores only

Your dealers will endeavour to keep a quantity of each advertised item in stock to meet all reasonable customer demands. In the event that the supply of one or more items becomes exhausted, your dealer will require five days to obtain the items, at no extra charge, from their warehouse. If any items are unavailable, your dealer reserves the right to substitute items of equal or better quality at the same price.

Prices in this advertisement are in effect until July 31, 1974

# ERNIE'S DOMINION HARDWARE

## IROQUOIS - Phone 652-4553



## Winchester Hospital Births

June 18 /74 Mr. and Mrs. David Wade, R.R. 2 Russell Ont., A Daughter  
 June 19/74 Mr. and Mrs. John Powell R.R. 2 Williamsburg Ont. A Daughter  
 June 19/74 Mr. and Mrs. Andrew Rathwell R.R. 1 Morrisburg Ont., A Son  
 June 23/74 Mr. and Mrs. Richard Duff Newington Ont., A Daughter  
 June 23/74 Mr. and Mrs. Wallace Merkley Morewood Ont., A Son  
 June 24/74 Mr. and Mrs. Raymond Barkley Inkerman Ont., A Son

## Bridge Winners

Ladies:

Helen Bouck  
 Mildred McGinn

Gents:

Lorne Bouck  
 Mearl Hutt

# THE MARKET PLACE

1½ MILES NORTH OF MORRISBURG ON HWY 31

SPECIAL JUST FOR OLD HOME WEEK ...

FRESH POTS OF CHRYSANTHEMUMS TO DECORATE YOUR HOME

Regular 3.50 and 4.50 -----6" POT ----- NOW ONLY \$2.49

NOW ARRIVING: LOADS OF FRESH LOCAL VEGETABLES - Prices

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CAULIFLOWER -- CABBAGE: Red, Green, Savoy -- CUCUMBERS

BEETS -- ONIONS -- RADISHES -- STRAWBERRIES, Market Prices

OPEN MON. THRU THURSDAY 9 A.M. - 9 P.M.

Open Weekend Until 10 P.M.

## Pretty Poison

Something was lost in the great Canadian move from the farm to the city - the word of mouth, everyday knowledge of what common plants were harmful to us. With the popular back-to-the-country feeling around today, some of us could get hurt.

The seriousness of plant poisoning will usually depend upon the amount swallowed. With some plants, even a small amount can be harmful.

Among house plants, caladium dieffenbachia, elephants' ear and philodendron can cause irritation to the stomach, intestine, mouth and throat linings. Castor bean and mistletoe can cause stomach and intestinal irritation and poisoning of the system. Lantana will poison the system and poinsettia will bring on a skin irritation.

Field plants such as death camas, false hellebore, poison hemlock, thornapple or jimson weed poison the system.

Pokeweed or inkberry causes stomach and intestinal poisoning. Buttercup causes stomach

and intestinal irritation and snow-on-the-mountain causes skin irritation.

Out in the garden the new shoots or leaves on both potatoes and rhubarb can be harmful.

Among trees and shrubs, black locust, box and horse chestnut attack stomachs and intestines. The twigs, leaves and bark of the cherry tree and the elderberry (black elder) can poison the system.

In the flower garden, autumn crocus (meadow saffron), foxglove (the leaves and seeds,) golden chain, larkspur (delphinium), lily-of-the-valley, monardella, morning glory and sweet pea (in large amounts) can poison the system. Daffodils, hyacinth, iris (blue flag), narcissus and snowdrop can irritate the stomach and intestines.

Ornamentals such as daphne, wisteria and yew can irritate stomach and intestine and mountain laurel and rhododendron can poison the system.

Poisonous forest plants include baneberry, bloodroot, fly agaric mushroom, moonseed and deadly amanita which more than lives up to its name. Poison ivy and poison oak are well-known irritants and jack-in-the-pulpit, if eaten, can irritate stomach, intestine, mouth and throat linings.

Finding out what plants in your area are harmful and teaching children how to recognize the common poisoners like poison ivy and to not eat unknown plants is worth the trouble.

If a child chews or swallows part of a suspected poison plant, induce vomiting by probing down their throat with a finger and get medical help. Even simple skin irritation may deserve medical attention.

Above all, don't eat wild plants, including mushrooms, unless you are positive of their identity and safety.

## Successful Cub Campout

Once again Cub Scouts finished their cub year with the wonderful week-end Indian Camp out. This is an annual event in which all packs from St. Lawrence District participate, and all boys and leaders become Indians for two nights and two days. Iroquois had 18 young braves along with their two squaw leaders Audrey Tucker and Gloria Mason. Assisting them with the braves were Mr. Walter Bailey, Mr. Dale Froats, and Mr. Clare Tucker, what a wonderful week-end we all enjoyed.

We would like to thank all

who helped out in so many ways - getting our equipment out to camp and back, and also being sure their were rides for the boys. We would like to take this opportunity to say a special "Thank you" to the Legion and Lions Clubs of Iroquois for the money they gave so generously, for three

new tents for our young braves to sleep in. They were much happier and far more comfortable this year as the tents had floors and no leaks. So from all Cubs and Leaders a great big THANK YOU.

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## The St. Lawrence Medical Clinic

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2-3-c

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Plan To Attend This Evening of Fun at the  
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Fresh Picnic

**PORK SHOULDER 1b 65¢**

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Pork

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Boneless Cottage Style

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**SALAD 1b 55¢**

Maple Leaf

**CELLO WIENERS 1b 79¢**

Burns Pride of Canada Breakfast

**BACON 1b 95¢**

Fresh

**PORK LIVER 1b 49¢**

Burns 6oz. Sliced

**COLD MEATS 39¢**

Macaroni & Cheese, Mock Chicken, Pickle & Pimento, Dutch, Bologna

Frozen 8 - 10 lb.

**UTILITY TURKEY 1b 59¢**

Maple Leaf 2 lb. tins

**HEADCHEESE 1b 89¢**

Alpine 2 lb. Box

**BEEF BURGERS ea \$1.59**

Sungold Pak of 5 Envelopes

**ORANGE CRYSTALS  
85¢**

Nabob Lemon 2 Pie Size

**PIE FILLING 29¢**

For Rich Creamy Coffee Use Nabob  
Coffee Creamer 18oz. jar

**COFFEE TEAM 89¢**

Mir 24oz. Liquid Pak of 2 Containers

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# Fort Henry and Kingston Good Old Friends

Have you ever wondered what life was like at the foot of Fort Henry a century ago? To most Kingstonians, living beneath the Citadel of Upper Canada meant safety, prosperity, entertainment and romance.

Just for a moment, imagine that you are living in the town of Kingston in the decade before Confederation. It was

a handsome, growing, ship-building town tucked into the corner of Lake Ontario. But above all, it was a military town.

Since 1812, when British troops first garrisoned Fort Henry to protect the town and its waterfront from American invaders, Kingston had been very well-fortified. Now the hilltop fort and a string of

smaller towers stretched out along the shoreline, with guns pointing in every direction. All of them were manned by scarlet-coated British soldiers, making Kingston the safest place in Upper Canada.

Naturally, you depended upon the garrison at Fort Henry for protection in wartime, but you found the troops were just as important in peacetime.

For instance, if you were a farmer or grocer, you found you could boost your profits by selling fresh fruit and vegetables to soldiers to supplement their grim diet of bread and soup.

If you were a craftsman or shopkeeper, your goods and services were also in demand. Soldiers at Fort Henry were issued the necessities of military life, like clothing, weapons and bedding, but for the little luxuries, Kingston was the place to go.

Kingston was also the place to go for fun and frolic. Taverns and houses of ill-repute had a heyday when Fort Henry was in garrison.

Now, suppose your tavern or shop went up in flames. One of the first groups to pitch in and help would be the regiment serving at Fort Henry. On many occasions, British soldiers with water buckets fought Kingston's fires.

Next, imagine that you were a poor labourer, unable to afford medical care for your family. Again the British army lent a hand. Army surgeons from Fort Henry made house calls, reserved office hours, and provided medical aid free of charge to the poor.

Now, pretend that you were a young lady, intent on marriage. What better place to be than Kingston, with all those eligible bachelors in town? When

See Page 9

## Plan Your Future

Progressive Textile Company in the Seaway Valley is interested in

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for potential supervisory positions. For complete details please apply in person to Personnel Department, Caldwell Consumer Products, Dominion Textile Ltd., Iroquois, Ontario 2-1c



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SHUR-GAIN uses the best available iron carrier... a proven DEXTRAN base that gradually releases iron into the pig's system. Properly administered you can expect excellent results.

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### SUNDAY SERVICES

# IN THE CHURCHES

## IROQUOIS AND MATILDA

### Anglican Church of Canada

#### Parish of Iroquois and Morrisburg

Rev. Francis N. Gooch, B.A.  
Telephone 543-2867

### SERVICES IN JULY

#### SAINT JOHN'S

9:30 a.m. Holy Eucharist  
(July 7th and 21st)

11:00 a.m. Holy Eucharist  
(July 14th and 28th)

Also Wednesdays July 10 & 24  
7:30 p.m. Holy Eucharist

Summer Visitors Welcome!

### IROQUOIS PASTORAL CHARGE UNITED CHURCH OF CANADA

Rev. W. Brian Gee, B.A., B.D.,  
Th.M.

Organist: Mrs. George Fowler

Worship at 10 a.m.

### CHRISTIAN REFORMED CHURCH

Rev. John Depater, Minister

SUNDAY, JULY 7

9:30 a.m. Worship Service

8:00 p.m. Rev. Mr. Fred Heslinga of Athens

Come and Worship The Lord  
With Us

### THE PRESBYTERIAN CHURCH IN CANADA KNOX CHURCH, IROQUOIS

The Rev. John J. Hibbs, B.A.,  
B.D., M.Th., Pastor  
Mrs. M. Casselman, Organist

### SUMMER SERVICES

Month of July: 10 a.m. Worship  
in Iroquois United Church

Month of Aug.: 11 a.m. Worship  
in Knox Presbyterian Church  
(Lawn Fellowship Time Following)

### VISITORS MOST WELCOME!

### ST. ANDREW'S CHURCH South Mountain

Mrs. Arnold Shaver, Organist

Month of July: Services Withdrawn

Month of Aug.: 9:30 a.m. Worship

### YOU ARE WELCOME TO SHARE WITH US!

### UNITED CHURCH OF CANADA Matilda Pastoral Charge

Rev. L.D. Joyce, M.A., Ph.D., Th.D.  
10 a.m. Hanesville  
All congregations will worship  
here. Baptismal Service.

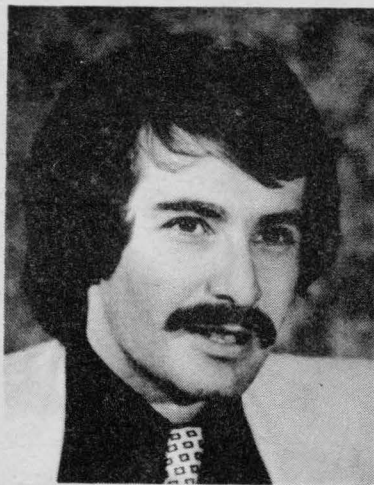
### ST. MARY'S CHURCH

Rev. F.M. O'Connor, P.P.

Saturday 7:30 p.m.  
Sunday 8 a.m. & 11 a.m.  
Confessions: Thursday 8-9 p.m.

### ST. CECILIA'S CHURCH

Sunday 9:30 a.m.  
Confessions: Thursday, 7-7:45 p.m.



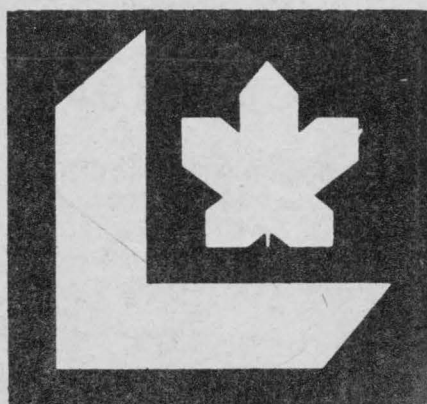
## JIM McDONALD Rejects Conservatives Price and Wage Controls As A Solution To Inflation!

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\* They failed to work in Britain or the United States

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\* They depress the economy causing shortages and black markets.

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## St. Andrew's Hosts Pretty June Wedding

St. Andrew's United Church, Hallville, Ontario was the scene of a pretty spring wedding on Saturday, June 8th, 1974 when Sandra Faye Fetterly and William Thomas Shaver were united in marriage at two o'clock in the afternoon, repeating their vows before Rev. Earl D. Moore.

The bride is the daughter of Mr. and Mrs. Glen Fetterly, R.R. #2, Mountain; the groom

is the son of Mrs. Dorothy Shaver, South Mountain and the late Thomas Shaver.

Helen Bartholomew was organist for the occasion and the soloist was Jane Boyd. The wedding guests were seated by Douglas Boyd and John VanBridger. Ted Boyd assisted the groom as best man. The bride was attended by Carol Robertson, matron of honour and Donna and Dianne Fetterly, as Bridesmaids, all sisters of the bride.

Entering the church with her father, who gave his daughter in marriage, the bride wore a floor length empire styled gown fashioned from English Lovely Lady Lace, and she carried a cascade bouquet of

white daisies, red roses, lily of the valley and baby's breath. The matron of honour and bridesmaids were attired in gowns of turquoise polyester seersucker trimmed in white lace and each carried a colonial bouquet of white daisies, turquoise carnations and baby's breath.

Guests attended the wedding and the reception in the Church Hall following the ceremony from Ottawa, Ajax, Peterborough, Lindsay, Renfrew, Hamilton, Manotick, Brockville, St. Catharines and several local areas.

Mr. and Mrs. Shaver are residing at South Mountain, Ontario.

### FORT HENRY

From Page 8

Fort Henry was in garrison, a girl's social life was never dull!

In the winter, there were sleigh rides, skating parties and tobogganing parties on Fort Henry Hill. In the summer, boating on Lake Ontario, croquet on the lawn, amateur theatricals put on by the Fort Henry regiments, and those unforgettable band concerts.

Over the years, the regimental bands from Fort Henry performed on every imaginable occasion -- on parade, on board steamers, on the Barracks Square, on skating rinks, on front lawns and in City Hall. Of course, the highlight on any season was the fancy-dress garrison ball.

But the British troops didn't devote all their time and attention to the ladies. They also belonged to every men's society in town, from the YMCA to the Hibernian Benevolent Society.

Much of their time was spent playing cricket, taking on teams of civilians as well as the top-notch Kingston Cricket Club.

It was a sad day when the last British regiment left Kingston in 1870. Weeping citizens lined the streets to wave farewell, thinking their happy days were gone forever.

Today, scarlet-coated troops are back at Fort Henry -- not British soldiers, but Canadian high school and university students, costumed and performing drills like their counterparts a century ago.

And today, Old Fort Henry stands outside Kingston, not to protect it from invaders, but to welcome them as visitors to Eastern Ontario's most spectacular tourist attraction. Old Fort Henry is one of the historic and recreational sites operated by the St. Lawrence Parks Commission. Why not come and see them for yourself?



## Dundas Track Meet Big Success

On June 19th 13 schools from across Dundas County participated in the annual Track and Field Meet at Seaway District High School. Iroquois Public

School won the Junior Trophy accumulating 100 points. Maple Ridge Public School won the Senior Trophy for their school. Kevin Brown from Iroquois Public School top was the top Junior Boy for the day with 2 firsts and a second in all 3 of his events. We want to thank the Seaway High School Teachers and Students for officiating the meet.

We would also like to thank the Lion's Club for the use of their food booth.

Has your organization been up to something lately? Why not send in the story to The Post...

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Whether your brakes need to be adjusted, relined or completely replaced, we're the ones to do the job . . . quickly and professionally.

## FETTERLYS'

HIGHWAY 2 AT CARMAN ROAD

## TRADESMEN

There are many career opportunities for skilled tradesmen particularly in the welding, draughting, machining and electronics fields.

If you are interested in receiving training in one of the following specialties, St. Lawrence College can be of service to you.

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Graduates are eligible to try the Ontario Boiler Inspectors' test.

### ELECTRONICS

Graduates receive instruction in fault finding techniques on stereo multiplex and color T.V. systems.

### MACHINE SHOP

Graduates use standard machine tools such as lathes, shapers, grinders, drill presses and millers and find employment in modern machine shops.

### DRAUGHTING

Graduates have experience in machine design, pictorial piping, electrical tool design, architectural and structural draughting.

Training for these trades usually lasts 40 weeks at a nominal cost of \$15.00 to the student. For starting dates and further details, contact

Mr. J. Myers,  
Trades Training Co-ordinator,  
St. Lawrence College,  
Windmill Point,  
Cornwall, Ontario 933-6080



# Changes in the Municipal Elections Act

Over the past few years, the Ontario Government has undertaken a series of measures to strengthen local government through the introduction of regional government in certain regions of the province. Although I mentioned in a previous column that no new regional government will be implemented by Queen's Park, the process of developing and restructuring local government has not ended. It does mean that re-structuring must originate at the local level.

Within this context of strengthening local decision making, the new municipal elections legislation will help in reaching this goal. I have had the privilege of piloting the 1974 Municipal Elections Amendment Act through the Legislature. This bill resulted from a series of meetings with municipal officials, municipal associations and with the Municipal Liaison Committee.

A number of significant changes have resulted from these consultations and exchanges, ranging from procedures regarding the voters' list, through the removal of certain restrictions in ballot printing requirements in proxy voting, to permitting use of voting machines in municipal elections.

Several administrative alterations were also made to the amended Act. For example, under the present procedure an assessment commissioner conducts an enumeration for the preparation of preliminary voters' lists from the Tuesday following the first Monday in September to the second Tuesday in October. The amended Act would shorten that period so that enumeration would end on September

30th. Under the revised Act, the municipal clerk must assist the assessment commissioner in verifying the accuracy of the preliminary voters' list by ensuring that people are on the list and that they are properly enumerated and numbered. The amended Act also provides for the disqualification of all judges from voting in municipal elections as requested by the judiciary. Two other changes for voters to get on the voters' list for voting purposes and certain uniform standards to be followed in the type of ballot used complete the other administrative improvements. I believe that the major changes in the revised Act include: 1) municipal councils may use voting machines so long as certain procedures are followed; 2) councils must hold one advance poll on Saturday, nine days before the polling day; in addition, local councils may hold one or more additional advance polls to widen voter participation at the municipal level;

3) clarifying the procedures and conditions for conducting municipal by-elections; 4) permitting (at the clerk's discretion) a polling place in nursing home or other institution of 20 beds or more in which resident patients are chronically ill or infirm.

The number of voters required by a person interested in becoming a prospective candidate remains at 10. Certain refinements have been made regarding the conditions and time under which a person becomes a candidate for

office. Qualifications for voting remain the same: Canadian citizenship or other British subject, residency in a municipality and 18 years

of age on or before polling day. Although you may not consider some of the more mechanical or administrative changes significant, they will

enhance the opportunities for every person to vote in a municipal election and to improve the overall decision making of local councils.

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**THE IROQUOIS POST**



**Ontario believes  
that residents 65 or over,  
the blind and the disabled  
should have an income of  
at least \$2600 a year.**

In July, Ontario will introduce a Special Benefits program. It will place extra funds on top of federal Guaranteed Income Supplements—enough to guarantee the elderly who are qualified residents of Ontario an income of \$2600 a year. Blind and disabled people who qualify for Family Benefits will also be entitled to these special benefits.

Beginning September 1, approved drugs prescribed by a doctor or dentist will be available, free of charge, to those qualifying for the special benefits outlined above, Family Benefits or the federal Guaranteed Income Supplement. Drug cards will be mailed automatically. You don't have to apply for them.

**Who will receive these special benefits?**

If you are 65 or over  
(with an annual income of less than \$2600)...and  
you now receive both Old Age Security and the  
Guaranteed Income Supplement...  
you will receive your benefits cheque each  
month, automatically. You do not have to apply for it.

If you are 65 or over  
(with an annual income of less than \$2600)...and  
you do not receive any federal income supplement...  
please give us a call.  
Our telephone number is shown below.

If you are blind or disabled...  
and you now receive assistance under Ontario's Family  
Benefit Program...  
you will receive your benefits cheque each  
month, automatically. You do not have to apply for it.

If you are blind or disabled...  
and you do not receive Provincial assistance...  
please give us a call.  
Our telephone number is shown below.

**Any questions? Call us, free of charge. Dial "O"  
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## CARDS OF THANKS

I would like to express my sincere thanks to my family friends and neighbours for the many acts of kindness during my stay in Hospital. Special thanks to Rev. Joyce and the many people who remembered me in Prayer, letters and cards.  
Keitha Crozier  
2-1-p

I would like to thank all those who remembered me with visits, cards and gifts and those who brought in baking and helped

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out at home while I was a patient in Winchester Memorial Hospital. Special thanks to Dr. Chande and Dr. Marston, also the nursing staff of the 1st floor, and to Rev. Leslie Joyce for his visits.  
Mrs. Carrie Christie  
lp

### IN MEMORIAM

Riddell - In loving memory of our dear father and father-in-law Alton Riddell who passed away July 12, 1971. There is only a cluster of memories  
Sprayed with a million tears, Wishing that God had spared you  
For only a few more years. So many things have happened Since you were called away So many things to share with you,  
So many things to say. Things would be so much nicer If you were here today, God's Golden Gate stood open wide,  
He saw you needed rest His garden must be beautiful He only takes the best.  
Sadly missed and ever remembered by son John Riddell and daughter-in-law Joyce Riddell.

Mullin - In loving memory of a dear husband, father, grand-

## Knox Church

From Page 1

hart, Darin Smith; 9-11 yr. olds, Tommy Shearer, Peter VanBoven Kent Smith; 12-14 yr. olds, Stephen Brennan, Gary Hoogwerf, Gary Crawford; Adults, Gordon Smith, Grace Van Boven and Judy Barnhart.

A game of soccer-baseball ended the field-day events, with teams under the leadership of the Rev. Hibbs, Ted Robinson and Bill Barnhart. The winners in a round-robin series was the team of the Rev. Hibbs, with Bill Barnhart's team running second, and Ted Robinson's team coming third.

Compliments to the hosts of the day, Mr. and Mrs. Arnold Shaver, was given by Mr. Arie den Hartogh at the close of the day, and a good round of applause expressed the appreciation of all in attendance.



father, George H. Mullin, who passed away July 7, 1969. Sadly missed and ever remembered by wife Muriel and family.  
lc

## W.C. MacDonald & ASSOCIATES

**REAL ESTATE LIMITED**  
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Winchester, Ontario

**NEW — IN CARDINAL.** Stone block home, excellent condition; 2 bedroom apartment down and 1 bedroom apartment upstairs with separate entrances. Large well landscaped lot, treed for shade. Priced right at \$35,000. Call for an appointment.

**NEAR IROQUOIS.** Get into your own home at reasonable cost. Located on seven acres, cottage bungalow, 2 bedroom, kitchen, bath, livingroom. Needs to be put on foundation. Built new less than two years. Priced to sell.

**COMMERCIAL LOT,** Village of Iroquois, 333' on No. 2 Highway. 1.7 acres, serviced.

**COTTAGE LOT,** west of Cardinal. Beautiful river view, ideal waterfront property, excellent for swimming and boating.

**75 ACRES** Bush and Water, in Matilda Township. Abounds with wildlife, a half-mile of waterways, fish and game a few miles from Iroquois. An ideal retreat for the conservation-minded.

**LANCASTER VILLAGE.** Two storey duplex, 7' s, 85 x 132 lot, a special. It won't last at \$8,000 total price!

**BEAT INFLATION.** 50 acres good high land, 2 storey brick home, separate double garage, barn ties 24 head. \$31,000 and owner will take back half mortgage at 10 per cent. 15 minutes drive from Iroquois.

**RESTAURANT** on highway. 3 acres beautiful lot to water, plus cottage on property. Drop in to see us on this one for complete details.

**Sales Representative**  
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## New Minister At Morrisburg

The congregation of Morrisburg welcomes the Rev. Charles E. Massey, B.A. B.P. MTH. and Mrs. Massey as citizens of Morrisburg

Mr. Massey will be conducting services in Lakeshore Drive United Church on Sunday July 7, at 11 a.m. The induction service for Rev. Massey will be conducted in Lakeshore Drive United Church on Thurs. July 4, at 8 p.m. The Rev. Brian Gee minister of Iroquois United Church will be chairman for the service. Everyone Welcome.

## FLOYD FISHER

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**CARDINAL —** 12 acres good industrial location. 400 ft. on hwy, 600 rail road—3 bedroom frame home. \$21,500.

**TWP. OF MATILDA —** 60 acres 3 acres ploughable, 57 bush, 2 bedroom frame home, 4 piece bath, gas furnace. \$20,000.

**MORRISBURG —** Beautiful river view. One of the best locations, excellent family home, steel covered, double living room with fire place. OHA heating. Patio. TV tower.

**TWP. OF MATILDA —** 10 acres 24' x 34' stone home with stone foundation, large kitchen, large living room, good sized dining room with fire place \$28,000.

**CHESTERVILLE —** Steel covered building, houses store and office with 2—2 bedroom apartments, plus a good four bedroom home, with fire place. \$55,000.

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Real Estate Broker

PRESCOTT — 925-2889

4 bedroom solid brick home on a large lot. Large dining room, living room and oversized kitchen, plus family room that leads to enclosed lawn. 2 car garage and paved drive add to the value. For more information please call today.

## EMPLOYMENT OPPORTUNITIES IN AGRICULTURE

on Ontario farms. Good salaries and working conditions. Training Courses available for inexperienced persons, and immediate placement for those with experience.

Ontario Ministry of Agriculture and Food  
Box 2004  
Kemptville, Ontario K0G 1J0  
Telephone 613-258-3415

47-8c

**PLANNIN' A NEW HOME**  
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A Vote for  
Walter Baker is a  
Vote for Frozen  
Wages and  
Rising Prices!



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"VOTE FOR JIM McDONALD COMMITTEE"

## IROQUOIS COFFEE SHOP NOW OPEN!



WE SPECIALIZE IN:—  
CANADIAN AND  
ITALIAN FOOD!

OPEN FROM 7 A.M. TO LATE HOURS  
PHONE — 652-4539  
UNDER NEW MANAGEMENT!

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# GET WITH IT USE WANT ADS!

**SANDALS BY TENDER TOOTSIES  
FUNTREADS - LEISURE TREADS - CANVAS  
HUSH PUPPIES - SISMAN COOLS - NORTH STARS  
WORK BOOTS BY GREB - KAUFMAN - SISMAN**

**SHOES YOU CAN DEPEND ON"**  
**SHOPPING CENTRE IROQUOIS, ONTARIO**

**PARMETERS' SHOES**



Conseil d'Education des Comtes de Stormont, Dundas & Glengarry County Board of Education

requires for Sept. 1, 1974  
LIBRARY ASSISTANT

Ability to type  
Library experience an asset.  
A car is required.  
(3 days per week for 10 months)  
Salary range \$80.00 to \$120.00 per week is presently under review.

Written applications will be received until Monday, July 8, 1974 by:

H.K. MacLennan  
Supt. of Education  
305 Baldwin Ave.,  
Cornwall, Ont. K6H 2T7  
Tel. 613-933-6990

K. Fraser Campbell  
Chairman of the Board.  
T. Rosaire Léger,  
Director of Education 2-1c

## FOR RENT

4 Room apartment for rent. Hot and cold running water. Newly decorated. Also lots to rent for trailers. — 5000 yds. of fill  
Wilfrid Zeron 613-543-2663 1-2p

FOR RENT — 2 2-bedroom apartments available immediately. — Phone days 652-4713, evenings. 535-2192 2-1c

Conseil d'Education des Comtes de Stormont, Dundas & Glengarry County Board of Education

requires for Sept. 1, 1974  
TEACHERS

1. Nationview P.S.  
One (1) teacher for Grade 8 Art plus Reading and Mathematics.
2. Maxville Senior School  
One (1) teacher for Industrial Arts plus other subjects.  
One (1) teacher for Physical Education plus other subjects.

Written applications will be received by:  
H.K. MacLennan,  
Superintendent of Education,  
305 Baldwin Avenue,  
Cornwall, Ontario, K6H 2P7.  
Tel: (613) 933-6990

K. Fraser Campbell  
Chairman of the Board  
T. Rosaire Léger,  
Director of Education. 2-1c

For Advice on:  
Life Insurance  
Income Protection  
Retirement Plans  
Call your Metropolitan Life Insurance Representative  
**CLAIR CASSELMAN**  
652-4834 — Iroquois

## WANTED

FURNITURE refinishing — Striping — Repairs — Free estimates.  
Carman Refinishers, 652-4602  
Iroquois 14-tfc

WANTED — General repair work, carpentry, renovations, floors and joint filling, aluminum siding, paneling, indoor and outdoor, or carpeting. Licensed plumber. EDWARD BECKSTEAD, after 6 p.m. 652-4726.

### HELP WANTED

Strawberry Pickers - Dentz Orchard & Garden, 652-4097.

### STRAWBERRIES

Our 4 acres of strawberries look very promising. We invite your orders. Last year hundreds of people came out to pick their own berries. We invite you to do so again this year starting Monday, June 24. This way you are sure to get as many as you want and at a saving. No Sunday business please.

Dentz Orchard & Garden.  
County Road 2 - 3 miles south of Brinston or 4 miles north of Iroquois. Phone 652-4097

## Firemen

From Page 7

Iroquois - record - 19,225;  
Cardinal 20,685; Augusta #1, 21,03; North Gower, 21,78; Kemptville, 35,99; Edwardsburg, 38,635.

Eight Man Bucket Race:  
1st- Cardinal Fire Dept. Trophy: Cardinal, 56.97; Edwardsburg, 62.215; North Gower, 73.46; Augusta, 74.24; Kemptville, 81.23; Iroquois, 82.03.

Total Points:  
1st- Carling Trophy:  
Cardinal 28  
Iroquois 27  
Augusta 27  
Edwardsburg 21  
North Gower 9  
Kemptville 6  
Prescott 0

## FREE SPORTS SCHOOL

to be held Monday to Friday  
All Summer

at

SEAWAY D.H.S.

sponsored by Iroquois Rec. Assoc.

with instruction in Badminton, Volley Ball, Soccer, Basketball, and Golf.

9 a.m. - 5 p.m.

SIGN FOR ONE OR ALL

—All Youngsters Welcome—

Robin McIntosh - Stanley Davis

## FOR SALE

VACUUM CLEANERS and FLOOR POLISHERS; also Rug Conditioners for sale. Apply Ralph Coulthart Morrisburg. Electrolux Dealer. Will demonstrate in your home. 44-tfc.

FOR SALE — Camper Trailers by Lionel and Bellevue. Rentals by week or weekend. Book early. — Aluminum and Fibreglas Boats & Canoes. Sportspal Canoes. Evinrude Motors. 1/4 mile North of 401, Brinston Road. Ron Whitteker Sales & Service 652-4656 48-tfc

WE SLAUGHTER beef and pork on Mondays only until further notice. Beef - \$4.00; Pork, up to 150 lbs. - \$3.00. Over 150 lbs. 2.5c per lb. Levere's Slaughter House & Meat Shop, Brinston, Ont. R.R. 1. Phone 652-4639. 52-

FOR your Sporting Goods needs visit Charlie's Sport Shop — Bikes, Baseball, Hockey, Fishing, Camping, Tennis, Golf, Clubs, Jackets, Sweaters. All year. Morrisburg, Ont. 543-2137 41-6m

### SURGE EQUIPMENT

Stainless Steel or Glass Pipe-Line Milking Systems; Surge Bulk Coolers; Alamo Vacuum Pumps; Water Conditioners; Chlornators; Tractor Driven Alternators; Complete line of Sanitation Products. Also used vacuum pumps and units — Phone R. Keith MacMillan Ltd., Finch, Ont. 984-2844 or Delbert MacMillan, RR 2, Finch, Ont. 984-2280 43-tfc

### CIL PAINT SALE

SEMI GLOSS — LATEX — GLOSS  
\$6.95 Per Gal.

A real buy on discontinued colors  
GALS. \$6.50 - \$8.50

**S. A. THOMPSON & SON**  
IROQUOIS, ONT.  
652-4478 42-tfc

SEWING machine tune-up — Oil clean and adjust tension \$6.95. Singer a specialty. In home service. Phone 925-5335 1-2c

TYPEWRITERS — Used 15" carriage, excellent condition. From \$65.00. The Iroquois Post 652-4806.

WINDOWS Storms, Aluminum, Rusco, etc. Cleaned and screens installed. Phone Brockville 342-7937 1-2p

1967 YAMAHA 250cc  
Many New Parts. Asking \$300. Ph. 652-4806 Days.

### EQUIPMENT RENTALS

BACK Hoes, Bulldozers and truck rentals, with operators. Sand, gravel, stone, top soil and sand fill. Phone 652-4127 Alfred Link 48-8p

POLYESTER Jersey 60" 69c yd.; Fortrel 60" \$1.59 yd; Zippers 18 and 35c — Rustons, 458 Hyde St., Prescott (near shirt factory) 51-3p

VOLKSWAGON 1965 Bug. Runs. Good rubber. As is. \$200. — 35 H.P. Johnston Javelin electric. Excellent \$200. — Roof rack for Volkswagen. Apply R.J. Brown, 242 Elizabeth Dr. 652-4837 1-2p

5 PC drum set, white pearl, double cymbals, 2 large cymbals, plus all accessories. In good condition. 652-4931 1-2p

ART SANGER Upholstery Shop - Highway No. 2, Duncan Street, Mariatown. Antiques a specialty, free estimates. Phone 543-3266 2-1c

1966 BUICK 2-door. V8 350 Wild Cat motor, LeSabre body. 71250 miles. Auto., P.S., Radio. Owner will have car safety checked. Apply Cecil Fader, Iroquois. Phone 652-4415 1p

4 TIRES 12/600 like new. Antique dishes. Bed spring, new, 4' x 4' 6". Lindsay piano \$175.00 Phone 652-4710 2-2p

LINKS SMALL ENGINE SERVICE  
Lawnmowers, Rota Tillers, Chain saws, Garden Tractors — R.R. 1 Cardinal, 657-4423 after 7 p.m. 2-1c

1966 JAWA Motorcycle, twin cylinder. Call after 5 p.m. 652-4143 1p

8 First Litter Brood Sows. Ready to farrow any time. Phone 652-4104. 1p

Commode Wheelchair; Small washing machine, suitable for Trailer or cottage, \$25.00 each. Stu-Dal-Poo, Ingleside 1c

800 Lb. Capacity Trailer, 1974 license, spare wheel, 4x8 plywood box. Tarp to fit, also steel box to fit frame. 652-4430 1c

Nutritious Meals, delivered Mon. thru Fri. between 11:30 - 12:30 Noon, for Senior Citizens, Handicapped and Post-Operative Persons. Minimum Charge. Inquiries and for Interviews 652-2123, or 652-4385. 2-5c

### AGRICULTURAL OFFICE

Sh. Mtn.	Chest.	Morris.
.01	.13	.03
6.40	7.34	5.05
1.47	1.46	1.65
9.37	9.57	9.75

## LISTINGS WANTED

Residential and Farm Properties are in great demand in Dundas County, and we have ready buyers looking for a property to suit their needs. Give us a call today for prompt, efficient service.

Small acreages with or without buildings are especially being sought.

**W. C. MacDonald and Associates**  
**Real Estate Limited**

REAL ESTATE BROKERS

WINCHESTER, ONTARIO — PHONE 774 2106

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IROQUOIS: 652-4806 — 652-4395

45-4c



Daytime 30's Regular \$2.34 ..... Now \$2.09  
Toddlers Regular \$1.44 ..... Now \$1.29  
New Extra Absorbent Reg. \$2.19 ..... Now \$1.99



Regular \$1.99

- 24 - oz.

SPECIAL

**\$1.49**

**Gilmer Pharmacy Ltd.**

Emergency 652-4358 IROQUOIS Store 652-4379

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2 to 6 p.m. Emergency—Call 652-4358